



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 20.55 Tithi 17
274483468
Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 5:23AM – 7:03AM **Vishakha Until 3:28AM Sun**
Yama 1:45PM – 3:25PM Siddhi Until 4:09PM
Rahu 8:43AM – 10:24AM Taitila Until 11:51AM
Dvitiya Until 11:01PM

Sacramento, CA Sutra 6
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesh: Blue Sunrise: 5:23AM
Muruga: Yellow Sunset: 6:46PM
Nataraja: Purple
Moon – Orange
Devaloka Day
Chaitra*Chaitra

1

Sunday, April 21, 2019

Vrischika Rasi: 4.46 Tithi 18
274483468
Routine Work Marana Yoga
Until 3:13AM Mon
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 3:26PM – 5:06PM **Anuradha Until 3:13AM Mon**
Yama 12:04PM – 1:45PM Vyatipata* Until 1:59PM
Rahu 5:06PM – 6:47PM Vanija Until 10:23AM
Tritiya Until 9:54PM

Sacramento, CA Sun 1 Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesh: Blue Sunrise: 5:21AM
Muruga: Yellow Sunset: 6:47PM
Nataraja: Purple
Moon – Orange
Devaloka Day
Chaitra*Chaitra

2

Monday, April 22, 2019

Vrischika Rasi: 18.11 Tithi 19
274483468
Family Home Evening
Creative Work Siddha Yoga
Until 3:35AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 1:45PM – 3:26PM **Jyeshtha* Until 3:35AM Tue**
Yama 10:23AM – 12:04PM Variyan Until 12:23PM
Rahu 7:01AM – 8:42AM Bava Until 9:39AM
Chaturthi* Until 9:33PM

Sacramento, CA Sun 2 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesh: Blue Sunrise: 5:20AM
Muruga: Yellow Sunset: 6:48PM
Nataraja: Purple
Moon – Orange
Devaloka Day
Chaitra*Chaitra

3

Tuesday, April 23, 2019

Dhanus Rasi: 1.11 Tithi 20
284483468
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 12:04PM – 1:45PM **Mula* Until 5:04AM Wed**
Yama 8:41AM – 10:22AM Parigha* Until 11:27AM
Rahu 3:26PM – 5:08PM Kaulava Until 9:43AM
Panchami Until 10:02PM

Sacramento, CA Sun 3 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesh: Yellow Sunrise: 5:19AM
Muruga: Yellow Sunset: 6:49PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra*Chaitra

4

Wednesday, April 24, 2019

Dhanus Rasi: 13.48 Tithi 21
284483468
Creative Work Amrita Yoga
Until 7:08AM Thu
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 10:22AM – 12:04PM **Purvashadha* Until 7:08AM Thu**
Yama 6:59AM – 8:40AM Shiva Until 11:09AM
Rahu 12:04PM – 1:45PM Gara Until 10:36AM
Shashthi* Until 11:18PM

Sacramento, CA Sun 4 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesh: Yellow Sunrise: 5:17AM
Muruga: Yellow Sunset: 6:50PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra*Chaitra

5

Thursday, April 25, 2019

Dhanus Rasi: 26.05 Tithi 22
284483469
Creative Work Siddha Yoga
Until 7:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saphtamyam Titau
Gulika 8:40AM – 10:22AM **Purvashadha* Until 7:08AM**
Yama 5:16AM – 6:58AM Siddha Until 11:23AM
Rahu 1:45PM – 3:27PM Visti Until 12:12PM
Saptami Until 1:13AM Fri

Sacramento, CA Sun 5 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesh: Yellow Sunrise: 5:16AM
Muruga: Yellow Sunset: 6:51PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Chaitra*Chaitra

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Friday, April 26, 2019
Retreat Star

Makara Rasi: 8.07 Tithi 23
284583469
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 6:57AM – 8:39AM **Uttarashadha Until 9:35AM**
Yama 3:27PM – 5:10PM Sadhya Until 12:04PM
Rahu 10:21AM – 12:03PM Balava Until 2:22PM
Ashtami* Until 3:34AM Sat

Sacramento, CA Sun 6 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami
Ganesh: Red Sunrise: 5:15AM
Muruga: Yellow Sunset: 6:52PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Chaitra*Chaitra

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 20.01 Tithi 24
294583469
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau
Gulika 5:13AM – 6:56AM **Shravana Until 12:44PM**
Yama 1:45PM – 3:28PM Subha Until 1:01PM
Rahu 8:38AM – 10:21AM Taitila Until 4:51PM
Navami* Until 6:06AM Sun

Sacramento, CA Sun 7 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami
Ganesh: Green Sunrise: 5:13AM
Muruga: Yellow Sunset: 6:53PM
Nataraja: Clear
Moon – Purple
Bhuloka Day
Chaitra*Chaitra Devaloka Time: 3:PM to 6:PM

1	Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sacramento, CA
	Kumbha Rasi: 1.5	Tithi 24 – 25	294583469	Gulika 3:28PM – 5:11PM Yama 12:03PM – 1:46PM Rahu 5:11PM – 6:54PM	Dhanishtha Until 3:48PM Sukla Until 2:01PM Vanija Until 7:24PM Navami* Until 6:06AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple Chaitra*Chaitra	Sun 8 Sutra 14 Vikarin 5121 Moon 4 - Phase 3 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga						
	Until 3:48PM						
Then Creative Work - Siddha Yoga							

2	Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sacramento, CA
	Kumbha Rasi: 13.4	Tithi 25 – 26	294583469	Gulika 1:46PM – 3:29PM Yama 10:20AM – 12:03PM Rahu 6:54AM – 8:37AM	Shatabhishak Until 6:34PM Brahma Until 2:57PM Bava Until 9:46PM Dashami Until 8:36AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple Chaitra*Chaitra	Sun 9 Sutra 15 Vikarin 5121 Moon 4 - Phase 3 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Family Home Evening						
	Creative Work Siddha Yoga						
Until 6:34PM							
Then Routine Work - Marana Yoga							

3	Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sacramento, CA
	Kumbha Rasi: 25.36	Tithi 26 – 27	214583469	Gulika 12:03PM – 1:46PM Yama 8:36AM – 10:19AM Rahu 3:29PM – 5:12PM	Purvaproshtapada* Until 9:21PM Indra Until 3:39PM Kaulava Until 11:47PM Ekadashi* Until 10:49AM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sun 10 Sutra 16 Vikarin 5121 Moon 4 - Phase 3 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga						
	Until 9:21PM						
Then Creative Work - Amrita Yoga							

4	Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sacramento, CA
	Meena Rasi: 7.42	Tithi 27 – 28	214583469	Gulika 10:19AM – 12:02PM Yama 6:52AM – 8:35AM Rahu 12:02PM – 1:46PM	Uttaraproshtapada Until 11:31PM Vaidhriti* Until 3:59PM Gara Until 1:19AM Thu Dvadashi* Until 12:36PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sun 11 Sutra 17 Vikarin 5121 Moon 4 - Phase 3 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga						
	Until 11:31PM						
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sacramento, CA
	Meena Rasi: 19.59	Tithi 28 – 29	215583469	Gulika 8:35AM – 10:19AM Yama 5:07AM – 6:51AM Rahu 1:46PM – 3:30PM	Revati Until 1:01AM Fri Vishkambha* Until 3:56PM Visti Until 2:19AM Fri Trayodashi* Until 1:52PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sun 12 Sutra 18 Vikarin 5121 Moon 4 - Phase 3 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga						
	Until 1:01AM Fri						
Then Creative Work - Amrita Yoga							

●	Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sacramento, CA
	Retreat Star		225583469	Gulika 6:50AM – 8:34AM Yama 3:30PM – 5:14PM Rahu 10:18AM – 12:02PM	Ashvini Until 2:18AM Sat Priti Until 3:28PM Catuspada Until 2:47AM Sat Chaturdashi* Until 2:36PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White Chaitra*Chaitra	Sun 13 Sutra 19 Vikarin 5121 Moon 4 - Phase 3 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Mesha Rasi: 2.32						
	Tithi 29 – 30						
Creative Work Amrita Yoga							
Until 2:18AM Sat							
Then Creative Work - Siddha Yoga							

●	Saturday, May 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sacramento, CA
	Retreat Star		225583469	Gulika 5:05AM – 6:49AM Yama 1:46PM – 3:31PM Rahu 8:34AM – 10:18AM	Bharani Until 2:55AM Sun Ayushman Until 2:34PM Kintughna Until 2:43AM Sun Amavasya* Until 2:47PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White Vaisaka*Chaitra	Sun 14 Sutra 20 Vikarin 5121 Moon 4 - Phase 3 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Mesha Rasi: 15.19						
	Tithi 30 – 1						
Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sacramento, CA Sun 15 Sutra 21	
Mesha Rasi: 28.2	Tithi 1 – 2	Gulika 3:31PM – 5:16PM Yama 12:02PM – 1:47PM 225583469 Rahu 5:16PM – 7:00PM	Krittika Until 2:58AM Mon Saubhagya Until 1:18PM Balava Until 2:13AM Mon Prathama* Until 2:30PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 5:04AM Sunset: 7:00PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 2:58AM Mon Then Creative Work - Amrita Yoga					

2 Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sacramento, CA Sun 16 Sutra 22	
Vrishabha Rasi: 11.35	Tithi 2 – 3	Gulika 1:47PM – 3:32PM Yama 10:17AM – 12:02PM 235583469 Rahu 6:48AM – 8:32AM	Rohini Until 2:56AM Tue Sobhana Until 11:43AM Taitila Until 1:21AM Tue Dvitiya Until 1:49PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:03AM Sunset: 7:01PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
Family Home Evening Creative Work Amrita Yoga Until 2:56AM Tue Then Creative Work - Siddha Yoga					

3 Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sacramento, CA Sun 17 Sutra 23	
Vrishabha Rasi: 25.03	Tithi 3 – 4	Gulika 12:02PM – 1:47PM Yama 8:32AM – 10:17AM 235583469 Rahu 3:32PM – 5:17PM	Mrigashira Until 2:27AM Wed Athiganda* Until 9:50AM Vanija Until 12:10AM Wed Tritiya Until 12:46PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:02AM Sunset: 7:02PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 12:46PM Then Creative Work - Amrita Yoga		Akshaya Tritiya			

4 Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sacramento, CA Sun 18 Sutra 24	
Mithuna Rasi: 8.4	Tithi 4 – 5	Gulika 10:17AM – 12:02PM Yama 6:46AM – 8:31AM 235583469 Rahu 12:02PM – 1:47PM	Ardra Until 1:35AM Thu Sukarma Until 7:44AM Bava Until 10:43PM Chaturthi* Until 11:27AM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:01AM Sunset: 7:03PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 1:35AM Thu Then Creative Work - Amrita Yoga					

5 Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sacramento, CA Sun 19 Sutra 25	
Mithuna Rasi: 22.27	Tithi 5 – 6	Gulika 8:31AM – 10:16AM Yama 5:00AM – 6:45AM 245583469 Rahu 1:47PM – 3:33PM	Punarvasu Until 12:48AM Fri Shula* Until 2:59AM Fri Kaulava Until 9:04PM Panchami Until 9:54AM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 5:00AM Sunset: 7:04PM Devaloka Day
Creative Work Amrita Yoga Until 12:48AM Fri Then Routine Work - Marana Yoga					

6 Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sacramento, CA Sun 20 Sutra 26	
Kataka Rasi: 6.2	Tithi 6 – 7	Gulika 6:44AM – 8:30AM Yama 3:33PM – 5:19PM 245583469 Rahu 10:16AM – 12:02PM	Pushya Until 11:40PM Ganda* Until 12:22AM Sat Gara Until 7:13PM Shashthi* Until 8:09AM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:59AM Sunset: 7:05PM Devaloka Day
Routine Work Marana Yoga					

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Sacramento, CA Sun 21 Sutra 27	
Kataka Rasi: 20.22	Tithi 7 – 8	Gulika 4:58AM – 6:44AM Yama 1:48PM – 3:34PM 246583469 Rahu 8:30AM – 10:16AM	Ashlesha* Until 10:14PM Vriddhi Until 9:38PM Bava Until 4:05AM Sun Saptami Until 6:12AM	Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:58AM Sunset: 7:06PM Devaloka Day
Routine Work Marana Yoga Until 10:14PM Then Creative Work - Amrita Yoga					


Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau		Sacramento, CA Sun 22 Sutra 28	
Simha Rasi: 4.29	Tithi 9	Gulika 3:34PM – 5:20PM Yama 12:02PM – 1:48PM 256583469 Rahu 5:20PM – 7:07PM	Magha* Until 8:55PM Dhruva Until 6:44PM Balava Until 3:00PM Navami* Until 1:50AM Mon	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 4:57AM Sunset: 7:07PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 8:55PM Then Creative Work - Siddha Yoga		Mother's Day			

1		Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau		Sacramento, CA Sun 23 Sutra 29	
Simha Rasi: 18.43	Tithi 10	Gulika	1:48PM – 3:35PM	Purvaphalguni Until 7:22PM	Ganesha: White	<i>Sunrise:</i> 4:56AM	Vikarin 5121
Family Home Evening	256583469	Yama	10:15AM – 12:02PM	Vyaghata* Until 3:46PM	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	Rahu	6:42AM – 8:29AM	Taitila Until 12:41PM	Nataraja: Clear		4th Phase
				Dashami Until 11:29PM	Moon – Red		
					Vaisaka-Chaitra		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

2		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sacramento, CA Sun 24 Sutra 30	
Kanya Rasi: 2.59	Tithi 11	Gulika	12:02PM – 1:48PM	Uttaraphalguni Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Vikarin 5121
	256583469	Yama	8:28AM – 10:15AM	Harshana Until 12:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 5
Creative Work	Amrita Yoga	Rahu	3:35PM – 5:22PM	Vanija Until 10:19AM	Nataraja: Clear		4th Phase
Until 5:37PM				Ekadashi Until 9:06PM	Moon – Red		
Then Creative Work - Siddha Yoga					Vaisaka-Vaikasi		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

3		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau		Sacramento, CA Sun 25 Sutra 31	
Kanya Rasi: 17.16	Tithi 12	Gulika	10:15AM – 12:02PM	Hasta Until 4:11PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Vikarin 5121
	266583469	Yama	6:41AM – 8:28AM	Vajra* Until 9:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 5
Routine Work	Marana Yoga	Rahu	12:02PM – 1:49PM	Bava Until 7:56AM	Nataraja: Clear		4th Phase
Until 4:11PM				Dvadashi Until 6:45PM	Moon – Green		
Then Creative Work - Siddha Yoga					Vaisaka-Vaikasi		Devaloka Day

4		Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyailpata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sacramento, CA Sun 26 Sutra 32	
Tula Rasi: 1.3	Tithi 13 – 14	Gulika	8:27AM – 10:15AM	Chitra Until 2:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Vikarin 5121
	266583469	Yama	4:53AM – 6:40AM	Siddhi Until 6:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	Rahu	1:49PM – 3:36PM	Gara Until 3:35AM Fri	Nataraja: Clear		4th Phase
Until 2:45PM				Trayodashi Until 4:34PM	Moon – Green		
Then Creative Work - Amrita Yoga					Vaisaka-Vaikasi		Devaloka Day

		Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sacramento, CA Sun 27 Sutra 33	
Copper Retreat Star		Gulika	6:40AM – 8:27AM	Svati Until 1:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Vikarin 5121
Tula Rasi: 15.35	Tithi 14 – 15	Yama	3:36PM – 5:24PM	Variyan Until 1:37AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 5
	266583469	Rahu	10:14AM – 12:02PM	Visti Until 1:52AM Sat	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 2:39PM	Moon – Green		
					Vaisaka-Vaikasi		Devaloka Day

5		Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sacramento, CA Sun 28 Sutra 34	
Silver Retreat Star		Gulika	4:52AM – 6:39AM	Vishakha Until 12:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:52AM	Vikarin 5121
Tula Rasi: 29.26	Tithi 15 – 16	Yama	1:49PM – 3:37PM	Parigha* Until 11:32PM	Muruqa: Yellow	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 5
	276583469	Rahu	8:27AM – 10:14AM	Balava Until 12:36AM Sun	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Purnima* Until 1:09PM	Moon – Orange		
					Vaisaka-Vaikasi		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, May 19, 2019
Gold Retreat Star

Vrischika Rasi: 13.01 Tithi 16 – 17
Routine Work Marana Yoga

277583469

Gulika 3:37PM – 5:25PM
Yama 12:02PM – 1:50PM
Rahu 5:25PM – 7:13PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Anuradha Until 12:33PM
Shiva Until 9:56PM
Taitila Until 11:56PM
Prathama* Until 12:10PM

Ganesha: Yellow *Sunrise:* 4:51AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Sacramento, CA
Suntra 35
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Monday, May 20, 2019

Vrischika Rasi: 26.14 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Gulika 1:50PM – 3:38PM
Yama 10:14AM – 12:02PM
Rahu 6:38AM – 8:26AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jyeshtha* Until 12:47PM
Siddha Until 8:50PM
Vanija Until 11:55PM
Dvitiya Until 11:49AM

Ganesha: Yellow *Sunrise:* 4:50AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Sacramento, CA
Sun 1 Suntra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Tuesday, May 21, 2019

Dhanus Rasi: 9.07 Tithi 18 – 19
Creative Work Amrita Yoga
Until 1:59PM
Then Creative Work - Siddha Yoga

287683469

Gulika 12:02PM – 1:50PM
Yama 8:26AM – 10:14AM
Rahu 3:38PM – 5:26PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Mula* Until 1:59PM
Sadhya Until 8:18PM
Bava Until 12:37AM Wed
Tritiya Until 12:10PM

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sacramento, CA
Sun 2 Suntra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Wednesday, May 22, 2019

Dhanus Rasi: 21.4 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Gulika 10:14AM – 12:02PM
Yama 6:37AM – 8:25AM
Rahu 12:02PM – 1:50PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Purvashadha* Until 3:43PM
Subha Until 8:19PM
Kaulava Until 1:59AM Thu
Chaturthi* Until 1:12PM

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: Yellow *Sunset:* 7:15PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sacramento, CA
Sun 3 Suntra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Thursday, May 23, 2019

Makara Rasi: 3.55 Tithi 20 – 21
Routine Work Marana Yoga
Until 5:52PM
Then Creative Work - Siddha Yoga

287683469

Gulika 8:25AM – 10:13AM
Yama 4:48AM – 6:36AM
Rahu 1:51PM – 3:39PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Uttarashadha Until 5:52PM
Sukla Until 8:45PM
Gara Until 3:54AM Fri
Panchami Until 2:51PM

Ganesha: Red *Sunrise:* 4:48AM
Muruqa: Yellow *Sunset:* 7:16PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sacramento, CA
Sun 4 Suntra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

5

Friday, May 24, 2019

Makara Rasi: 15.58 Tithi 21 – 22
Routine Work Marana Yoga
Until 8:47PM
Then Creative Work - Siddha Yoga

297683469

Gulika 6:36AM – 8:25AM
Yama 3:40PM – 5:28PM
Rahu 10:13AM – 12:02PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shravana Until 8:47PM
Brahma Until 9:31PM
Visti Until 6:11AM Sat
Shashthi* Until 4:59PM

Ganesha: Green *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 7:17PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sacramento, CA
Sun 5 Suntra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

6

Saturday, May 25, 2019

Makara Rasi: 27.53 Tithi 22
Creative Work Siddha Yoga
Until 11:44PM
Then Creative Work - Amrita Yoga

298683469

Gulika 4:47AM – 6:36AM
Yama 1:51PM – 3:40PM
Rahu 8:24AM – 10:13AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Dhanishtha Until 11:44PM
Indra Until 10:29PM
Visti Until 6:11AM
Saptami Until 7:22PM

Ganesha: Red *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 7:18PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sacramento, CA
Sun 6 Suntra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day



Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 9.45 Tithi 23
Creative Work Siddha Yoga
Until 2:32AM Mon
Then Routine Work - Marana Yoga

398683469

Gulika 3:40PM – 5:29PM
Yama 12:02PM – 1:51PM
Rahu 5:29PM – 7:19PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Shatabhishak Until 2:32AM Mon
Vaidhriti* Until 11:25PM
Balava Until 8:37AM
Ashtami* Until 9:47PM

Ganesha: Blue *Sunrise:* 4:46AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sacramento, CA
Sun 7 Suntra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 21.38 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 5:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Gulika 1:52PM – 3:41PM
Yama 10:13AM – 12:02PM
Rahu 6:35AM – 8:24AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproskthapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Purvaproskthapada* Until 5:26AM Tue
Vishkambha* Until 12:12AM Tue
Taitila Until 10:57AM
Navami* Until 12:00AM Tue

Ganesha: Purple *Sunrise:* 4:46AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

Sacramento, CA
Sun 8 Suntra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau			Sacramento, CA Sun 9 Sutra 44	
Meena Rasi: 3.37	Tithi 25	Gulika 12:03PM – 1:52PM	Uttaraproshtpada Until 7:45AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:45AM	Vikarin 5121		
		Yama 8:24AM – 10:13AM	Priti Until 12:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 7		
		318683469 Rahu 3:41PM – 5:31PM	Vanija Until 1:00PM	Nataraja: Clear		2nd Phase		
Creative Work	Amrita Yoga		Dashami Until 1:50AM Wed	Moon – Clear		Sivaloka Day		
Until 7:45AM Wed				Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau			Sacramento, CA Sun 10 Sutra 45	
Meena Rasi: 15.46	Tithi 26	Gulika 10:13AM – 12:03PM	Uttaraproshtpada Until 7:45AM	Ganesha: Purple	<i>Sunrise:</i> 4:45AM	Vikarin 5121		
		Yama 6:34AM – 8:24AM	Ayushman Until 12:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 7		
		318683469 Rahu 12:03PM – 1:52PM	Bava Until 2:34PM	Nataraja: Clear		2nd Phase		
Creative Work	Siddha Yoga		Ekadashi* Until 3:07AM Thu	Moon – Clear		Sivaloka Day		
Until 7:45AM				Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau			Sacramento, CA Sun 11 Sutra 46	
Meena Rasi: 28.08	Tithi 27	Gulika 8:23AM – 10:13AM	Revati Until 9:22AM	Ganesha: Purple	<i>Sunrise:</i> 4:44AM	Vikarin 5121		
		Yama 4:44AM – 6:34AM	Saubhagya Until 12:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 7		
		318683469 Rahu 1:52PM – 3:42PM	Kaulava Until 3:33PM	Nataraja: Clear		2nd Phase		
Creative Work	Siddha Yoga		Dvadashi* Until 3:47AM Fri	Moon – Clear		Sivaloka Day		
Until 9:22AM				Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau			Sacramento, CA Sun 12 Sutra 47	
Mesha Rasi: 10.49	Tithi 28	Gulika 6:33AM – 8:23AM	Ashvini Until 10:42AM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	Vikarin 5121		
		Yama 3:43PM – 5:32PM	Sobhana Until 11:30PM	Muruqa: Yellow	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 7		
		328683469 Rahu 10:13AM – 12:03PM	Gara Until 3:54PM	Nataraja: Clear		2nd Phase		
Creative Work	Amrita Yoga		Trayodashi* Until 3:49AM Sat	Moon – White		Devaloka Day		
Until 10:42AM				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Sacramento, CA Sun 13 Sutra 48	
Mesha Rasi: 23.47	Tithi 29	Gulika 4:43AM – 6:33AM	Bharani Until 11:14AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121		
		Yama 1:53PM – 3:43PM	Athiganda* Until 10:05PM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 7		
		329683469 Rahu 8:23AM – 10:13AM	Visti Until 3:37PM	Nataraja: Clear		2nd Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 3:14AM Sun	Moon – White		Bhuloka Day		
Until 11:14AM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Sacramento, CA Sun 14 Sutra 49	
Retreat Star		Gulika 3:43PM – 5:33PM	Krittika Until 11:02AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121		
Vrishabha Rasi: 7.05	Tithi 30	Yama 12:03PM – 1:53PM	Sukarma Until 8:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 7		
		329683469 Rahu 5:33PM – 7:24PM	Catuspada Until 2:44PM	Nataraja: Clear		Amavasya		
Creative Work	Siddha Yoga		Amavasya* Until 2:05AM Mon	Moon – White		Bhuloka Day		
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		

Monday, June 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau			Sacramento, CA Sun 15 Sutra 50		
Retreat Star		Gulika 1:54PM – 3:44PM	Rohini Until 10:37AM	Ganesha: Green	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
Vrishabha Rasi: 20.4	Tithi 1	Yama 10:13AM – 12:03PM	Dhriti Until 6:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 7	
Family Home Evening		339683469 Rahu 6:33AM – 8:23AM	Kintughna Until 1:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 12:30AM Tue	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sacramento, CA Sun 16 Sutra 51	
Mithuna Rasi: 4.32	Tithi 2	Gulika	12:04PM – 1:54PM	Mrigashira Until 9:39AM	Ganesha: Green	<i>Sunrise:</i> 4:42AM	Vikarin 5121		
		Yama	8:23AM – 10:13AM	Shula* Until 3:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8		
		339683461 Rahu	3:44PM – 5:34PM	Balava Until 11:35AM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 10:34PM	Moon – Yellow		Bhuloka Day		
Until 9:39AM					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Sacramento, CA Sun 17 Sutra 52	
Mithuna Rasi: 18.35	Tithi 3	Gulika	10:13AM – 12:04PM	Ardra Until 8:14AM	Ganesha: Green	<i>Sunrise:</i> 4:42AM	Vikarin 5121		
		Yama	6:32AM – 8:23AM	Ganda* Until 12:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8		
		339683461 Rahu	12:04PM – 1:54PM	Taitila Until 9:31AM	Nataraja: Yellow		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 8:23PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Sacramento, CA Sun 18 Sutra 53	
Kataka Rasi: 2.47	Tithi 4	Gulika	8:23AM – 10:13AM	Punarvasu Until 6:55AM	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121		
		Yama	4:42AM – 6:32AM	Vridhhi Until 9:48AM	Muruqa: Yellow	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 8		
		349683461 Rahu	1:54PM – 3:45PM	Vanija Until 7:15AM	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga			Chaturthi* Until 6:04PM	Moon – Blue		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sacramento, CA Sun 19 Sutra 54	
Kataka Rasi: 17.02	Tithi 5 – 6	Gulika	6:32AM – 8:23AM	Ashlesha* Until 3:38AM Sat	Ganesha: White	<i>Sunrise:</i> 4:41AM	Vikarin 5121		
		Yama	3:45PM – 5:36PM	Dhruva Until 6:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 8		
		349683461 Rahu	10:13AM – 12:04PM	Kaulava Until 2:32AM Sat	Nataraja: Yellow		3rd Phase		
Routine Work	Marana Yoga			Panchami Until 3:42PM	Moon – Blue		Bhuloka Day		
Until 3:38AM Sat					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Sacramento, CA Sun 20 Sutra 55	
Simha Rasi: 1.19	Tithi 6 – 7	Gulika	4:41AM – 6:32AM	Magha* Until 2:14AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Vikarin 5121		
		Yama	1:55PM – 3:46PM	Harshana Until 12:53AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 8		
		359683461 Rahu	8:23AM – 10:13AM	Gara Until 12:12AM Sun	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga			Shashthi* Until 1:20PM	Moon – Red		Devaloka Day		
Until 2:14AM Sun					Jyeshtha-Vaikasi				
Then Creative Work - Siddha Yoga									

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sacramento, CA Sun 21 Sutra 56	
Simha Rasi: 15.33	Tithi 7 – 8	Gulika	3:46PM – 5:37PM	Purvaphalguni Until 12:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	Vikarin 5121		
		Yama	12:04PM – 1:55PM	Vajra* Until 10:00PM	Muruqa: Yellow	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 8		
		351683461 Rahu	5:37PM – 7:28PM	Visti Until 9:58PM	Nataraja: Yellow		Ashtami		
Creative Work	Siddha Yoga			Saptami Until 11:03AM	Moon – Red		Devaloka Day		
					Jyeshtha-Vaikasi				

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sacramento, CA Sun 22 Sutra 57	
Simha Rasi: 29.43	Tithi 8 – 9	Gulika	1:56PM – 3:46PM	Uttaraphalguni Until 11:21PM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	Vikarin 5121		
Family Home Evening		Yama	10:14AM – 12:05PM	Siddhi Until 7:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 8		
		351683461 Rahu	6:32AM – 8:23AM	Balava Until 7:51PM	Nataraja: Yellow		Navami		
Creative Work	Siddha Yoga			Ashtami* Until 8:52AM	Moon – Red		Devaloka Day		
					Jyeshtha-Vaikasi				

1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata*/Variyan Yoga Kaulava/Gara Karana Navami/Dashmyam Titau				Sacramento, CA
	Kanya Rasi: 13.48	Tithi 9 – 10	361683461	Gulika 12:05PM – 1:56PM	Hasta Until 10:21PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Green	Sun 23 Sutra 58 Vikarin 5121 Moon 5 - Phase 9 4th Phase
	Creative Work	Siddha Yoga		Rahu 3:47PM – 5:38PM	Vyatipata* Until 4:36PM Gara Until 4:58AM Wed Navami* Until 6:49AM	Sunrise: 4:41AM Sunset: 7:29PM	Moon 5 - Phase 9 4th Phase
						Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sacramento, CA
	Kanya Rasi: 27.46	Tithi 11	361683461	Gulika 10:14AM – 12:05PM	Chitra Until 9:25PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Green	Sun 24 Sutra 59 Vikarin 5121 Moon 5 - Phase 9 4th Phase
	Creative Work	Siddha Yoga		Yama 6:32AM – 8:23AM Rahu 12:05PM – 1:56PM	Variyan Until 2:07PM Vanija Until 4:08PM Ekadashi Until 3:20AM Thu	Sunrise: 4:41AM Sunset: 7:29PM	Moon 5 - Phase 9 4th Phase
						Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Sacramento, CA
	Tula Rasi: 11.35	Tithi 12	361683461	Gulika 8:23AM – 10:14AM	Svati Until 8:37PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Green	Sun 25 Sutra 60 Vikarin 5121 Moon 5 - Phase 9 4th Phase
	Creative Work	Amrita Yoga		Yama 4:41AM – 6:32AM Rahu 1:56PM – 3:47PM	Parigha* Until 11:51AM Bava Until 2:39PM Dvadashi Until 2:00AM Fri	Sunrise: 4:41AM Sunset: 7:30PM	Moon 5 - Phase 9 4th Phase
	Until 8:37PM	Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sacramento, CA
	Tula Rasi: 25.13	Tithi 13	371693461	Gulika 6:32AM – 8:23AM	Vishakha Until 8:27PM	Ganesha: Clear Muruqa: Blue Nataraja: Yellow Moon – Orange	Sun 26 Sutra 61 Vikarin 5121 Moon 5 - Phase 9 4th Phase
	Creative Work	Siddha Yoga		Yama 3:48PM – 5:39PM Rahu 10:14AM – 12:05PM	Shiva Until 9:52AM Kaulava Until 1:29PM Trayodashi Until 1:01AM Sat	Sunrise: 4:41AM Sunset: 7:30PM	Moon 5 - Phase 9 4th Phase
				Vaikasi Visakam	<i>Pradosha Vrata</i>	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Sacramento, CA
	Vrischika Rasi: 8.38	Tithi 14	371793461	Gulika 4:41AM – 6:32AM	Anuradha Until 8:33PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Orange	Sun 27 Sutra 62 Vikarin 5121 Moon 5 - Phase 9 4th Phase
	Creative Work	Siddha Yoga		Yama 1:57PM – 3:48PM Rahu 8:23AM – 10:14AM	Siddha Until 8:09AM Gara Until 12:43PM Chaturdashi* Until 12:29AM Sun	Sunrise: 4:41AM Sunset: 7:30PM	Moon 5 - Phase 9 4th Phase
						Bhuloka Day Devaloka Time: 3:PM to 6:PM	

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Sacramento, CA
	Copper Retreat Star			Gulika 3:48PM – 5:39PM	Jyeshtha* Until 8:59PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Orange	Sun 28 Sutra 63 Vikarin 5121 Moon 5 - Phase 9 Purnima
	Vrischika Rasi: 21.49	Tithi 15	371793461	Yama 12:06PM – 1:57PM Rahu 5:39PM – 7:31PM	Sadhya Until 6:49AM Visti Until 12:25PM Purnima* Until 12:27AM Mon	Sunrise: 4:41AM Sunset: 7:31PM	Moon 5 - Phase 9 Purnima
	Routine Work	Marana Yoga		Father's Day		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Sacramento, CA
	Silver Retreat Star			Gulika 1:57PM – 3:49PM	Mula* Until 10:16PM	Ganesha: Clear Muruqa: Blue Nataraja: Yellow Moon – Light Blue	Sun 29 Sutra 64 Vikarin 5121 Moon 5 - Phase 9 Prathama
	Dhanus Rasi: 4.43	Tithi 16	381793461	Yama 10:15AM – 12:06PM Rahu 6:32AM – 8:24AM	Sukla Until 5:26AM Tue Balava Until 12:39PM Prathama* Until 12:58AM Tue	Sunrise: 4:41AM Sunset: 7:31PM	Moon 5 - Phase 9 Prathama
	Family Home Evening	Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Taitila/Gara Karana Dvilyayam Titau

Sacramento, CA
Sun 1 Sutra 65

Dhanus Rasi: 17.22 Tithi 17

381793461

Gulika 12:06PM – 1:58PM
Yama 8:24AM – 10:15AM
Rahu 3:49PM – 5:40PM

Purvashadha* Until 11:57PM

Brahma Until 5:24AM Wed

Taitila Until 1:28PM

Dvitiya Until 2:03AM Wed

Ganesha: Clear *Sunrise:* 4:41AM

Muruqa: Blue *Sunset:* 7:31PM

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 11:57PM

Then Routine Work - Prabararishta Yoga

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vanija/Visti* Karana Trityayam Titau

Sacramento, CA
Sun 2 Sutra 66

Dhanus Rasi: 29.45 Tithi 18

382793461

Gulika 10:15AM – 12:06PM
Yama 6:33AM – 8:24AM
Rahu 12:06PM – 1:58PM

Uttarashadha Until 1:59AM Thu

Indra Until 5:47AM Thu

Vanija Until 2:49PM

Tritiya Until 3:40AM Thu

Ganesha: Purple *Sunrise:* 4:41AM

Muruqa: Blue *Sunset:* 7:32PM

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 1:59AM Thu

Then Creative Work - Siddha Yoga

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Sacramento, CA
Sun 3 Sutra 67

Makara Rasi: 11.56 Tithi 19

392793461

Gulika 8:24AM – 10:15AM
Yama 4:41AM – 6:33AM
Rahu 1:58PM – 3:49PM

Shravana Until 4:46AM Fri

Vaidhriti* Until 6:27AM Fri

Bava Until 4:40PM

Chaturthi* Until 5:42AM Fri

Ganesha: Clear *Sunrise:* 4:41AM

Muruqa: Blue *Sunset:* 7:32PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Panchamyam Titau

Sacramento, CA
Sun 4 Sutra 68

Makara Rasi: 23.56 Tithi 20

392793461

Gulika 6:33AM – 8:24AM
Yama 3:49PM – 5:41PM
Rahu 10:16AM – 12:07PM

Dhanishtha Until 7:39AM Sat

Vaidhriti* Until 6:27AM

Kaulava Until 6:51PM

Panchami Until 8:00AM Sat

Ganesha: Clear *Sunrise:* 4:42AM

Muruqa: Blue *Sunset:* 7:32PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 7:39AM Sat

Then Creative Work - Amrita Yoga

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sacramento, CA
Sun 5 Sutra 69

Kumbha Rasi: 5.5 Tithi 20 – 21

392793461

Gulika 4:42AM – 6:33AM
Yama 1:58PM – 3:50PM
Rahu 8:24AM – 10:16AM

Dhanishtha Until 7:39AM

Vishkambha* Until 7:21AM

Gara Until 9:13PM

Panchami Until 8:00AM

Ganesha: Clear *Sunrise:* 4:42AM

Muruqa: Blue *Sunset:* 7:32PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 7:39AM

Then Creative Work - Amrita Yoga

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sacramento, CA
Sun 6 Sutra 70

Kumbha Rasi: 17.43 Tithi 21 – 22

392793461

Gulika 3:50PM – 5:41PM
Yama 12:07PM – 1:59PM
Rahu 5:41PM – 7:32PM

Shatabhishak Until 10:27AM

Priti Until 8:20AM

Visti Until 11:35PM

Shashthi* Until 10:24AM

Ganesha: Clear *Sunrise:* 4:42AM

Muruqa: Blue *Sunset:* 7:32PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

D

Monday, June 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sacramento, CA
Sun 7 Sutra 71

Kumbha Rasi: 29.36 Tithi 22 – 23

312793461

Gulika 1:59PM – 3:50PM
Yama 10:16AM – 12:07PM
Rahu 6:34AM – 8:25AM

Purvaproshtapada* Until 1:29PM

Ayushman Until 9:12AM

Balava Until 1:45AM Tue

Saptami Until 12:41PM

Ganesha: Yellow *Sunrise:* 4:42AM

Muruqa: Blue *Sunset:* 7:33PM

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 10
Ashtami

Routine Work Marana Yoga

Until 1:29PM

Then Creative Work - Siddha Yoga

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sacramento, CA
Sun 8 Sutra 72

Meena Rasi: 11.35 Tithi 23 – 24

312793461

Gulika 12:08PM – 1:59PM
Yama 8:25AM – 10:16AM
Rahu 3:50PM – 5:41PM

Uttaraproshtapada Until 4:03PM

Saubhagya Until 9:53AM

Taitila Until 3:31AM Wed

Ashtami* Until 2:40PM

Ganesha: Yellow *Sunrise:* 4:43AM

Muruqa: Blue *Sunset:* 7:33PM

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 10
Navami

Creative Work Amrita Yoga

Until 4:03PM

Then Creative Work - Siddha Yoga

1	Wednesday, June 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sacramento, CA
	Meena Rasi: 23.45	Tithi 24 – 25	Gulika 10:17AM – 12:08PM	Revati Until 5:59PM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM	Sun 9 Sutra 73
			Yama 6:34AM – 8:25AM	Sobhana Until 10:14AM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Vikarin 5121
	Routine Work	Marana Yoga	312793461 Rahu 12:08PM – 1:59PM	Vanija Until 4:43AM Thu	Nataraja: Yellow		Moon 6 - Phase 11
			Navami* Until 4:10PM	Moon – Clear		2nd Phase	
				Jyeshtha-Ani		Sivaloka Day	


2	Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sacramento, CA
	Mesha Rasi: 6.09	Tithi 25 – 26	Gulika 8:26AM – 10:17AM	Ashvini Until 7:38PM	Ganesha: Blue	<i>Sunrise:</i> 4:43AM	Sun 10 Sutra 74
			Yama 4:43AM – 6:35AM	Athiganda* Until 10:06AM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Vikarin 5121
	Creative Work	Amrita Yoga	322793461 Rahu 1:59PM – 3:50PM	Bava Until 5:16AM Fri	Nataraja: Yellow		Moon 6 - Phase 11
			Dashami Until 5:04PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

3	Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sacramento, CA
	Mesha Rasi: 18.51	Tithi 26 – 27	Gulika 6:35AM – 8:26AM	Bharani Until 8:26PM	Ganesha: Blue	<i>Sunrise:</i> 4:44AM	Sun 11 Sutra 75
			Yama 3:51PM – 5:42PM	Sukarma Until 9:27AM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Vikarin 5121
	Creative Work	Siddha Yoga	322793461 Rahu 10:17AM – 12:08PM	Kaulava Until 5:06AM Sat	Nataraja: Yellow		Moon 6 - Phase 11
			Ekadashi* Until 5:15PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

4	Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				Sacramento, CA
	Vrishabha Rasi: 1.54	Tithi 27 – 28	Gulika 4:44AM – 6:35AM	Krittika Until 8:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:44AM	Sun 12 Sutra 76
			Yama 2:00PM – 3:51PM	Dhriti Until 8:14AM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Vikarin 5121
	Creative Work	Amrita Yoga	322793461 Rahu 8:26AM – 10:17AM	Gara Until 4:12AM Sun	Nataraja: Yellow		Moon 6 - Phase 11
			Dvadashi* Until 4:43PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

Pradosha Vrata (Fasting)

5	Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sacramento, CA
	Vrishabha Rasi: 15.2	Tithi 28 – 29	Gulika 3:51PM – 5:42PM	Rohini Until 7:56PM	Ganesha: Blue	<i>Sunrise:</i> 4:45AM	Sun 13 Sutra 77
			Yama 12:09PM – 2:00PM	Shula* Until 6:25AM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Vikarin 5121
	Creative Work	Siddha Yoga	332793461 Rahu 5:42PM – 7:33PM	Visti Until 2:39AM Mon	Nataraja: Yellow		Moon 6 - Phase 11
			Trayodashi* Until 3:29PM	Moon – Yellow		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

	Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sacramento, CA
	Retreat Star		Gulika 2:00PM – 3:51PM	Mrigashira Until 6:46PM	Ganesha: Blue	<i>Sunrise:</i> 4:45AM	Sun 14 Sutra 78
	Vrishabha Rasi: 29.1	Tithi 29 – 30	Yama 10:18AM – 12:09PM	Vriddhi Until 1:20AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Vikarin 5121
	Family Home Evening		332793461 Rahu 6:36AM – 8:27AM	Catuspada Until 12:33AM Tue	Nataraja: Yellow		Moon 6 - Phase 11
			Chaturdashi* Until 1:39PM	Moon – Yellow		Amavasya	
				Jyeshtha-Ani		Devaloka Day	

	Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sacramento, CA
	Retreat Star		Gulika 12:09PM – 2:00PM	Ardra Until 4:59PM	Ganesha: Red	<i>Sunrise:</i> 4:46AM	Sun 15 Sutra 79
	Mithuna Rasi: 13.2	Tithi 30 – 1	Yama 8:27AM – 10:18AM	Dhruva Until 10:12PM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Vikarin 5121
	Routine Work	Marana Yoga	333793461 Rahu 3:51PM – 5:42PM	Kintughna Until 10:00PM	Nataraja: Yellow		Moon 6 - Phase 11
			Amavasya* Until 11:18AM	Moon – Yellow		Prathama	
				Ashada-Ani		Sivaloka Day	
			Total Solar Eclipse				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Sacramento, CA Sun 16 Sutra 80
Mithuna Rasi: 27.46	Tithi 1 – 2	Gulika 10:18AM – 12:09PM	Punarvasu Until 3:08PM	Ganesha: Yellow <i>Sunrise:</i> 4:46AM	Vikarin 5121
		Yama 6:37AM – 8:28AM	Vyaghata* Until 6:49PM	Muruqa: Blue <i>Sunset:</i> 7:32PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	343793461 Rahu 12:09PM – 2:00PM	Balava Until 7:10PM	Nataraja: Yellow	3rd Phase
			Prathama* Until 8:36AM	Moon – Blue	Sivaloka Day
				Ashada*Ani	

2		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau	Sacramento, CA Sun 17 Sutra 81
Kataka Rasi: 12.23	Tithi 3	Gulika 8:28AM – 10:19AM	Pushya Until 12:58PM	Ganesha: Yellow <i>Sunrise:</i> 4:47AM	Vikarin 5121
		Yama 4:47AM – 6:37AM	Harshana Until 3:19PM	Muruqa: Blue <i>Sunset:</i> 7:32PM	Moon 6 - Phase 12
Creative Work	Amrita Yoga	343793461 Rahu 2:00PM – 3:51PM	Taitila Until 4:10PM	Nataraja: Yellow	3rd Phase
Until 12:58PM			Tritiya Until 2:37AM Fri	Moon – Blue	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani	

3		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visti* Karana Chaturthyam Titau	Sacramento, CA Sun 18 Sutra 82
Kataka Rasi: 27.05	Tithi 4	Gulika 6:38AM – 8:28AM	Ashlesha* Until 10:37AM	Ganesha: Yellow <i>Sunrise:</i> 4:47AM	Vikarin 5121
		Yama 3:51PM – 5:41PM	Vajra* Until 11:45AM	Muruqa: Blue <i>Sunset:</i> 7:32PM	Moon 6 - Phase 12
Routine Work	Marana Yoga	343793461 Rahu 10:19AM – 12:10PM	Vanija Until 1:08PM	Nataraja: Yellow	3rd Phase
			Chaturthi* Until 11:37PM	Moon – Blue	Sivaloka Day
				Ashada*Ani	

4		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau	Sacramento, CA Sun 19 Sutra 83
Simha Rasi: 11.44	Tithi 5	Gulika 4:48AM – 6:38AM	Magha* Until 8:37AM	Ganesha: Yellow <i>Sunrise:</i> 4:48AM	Vikarin 5121
		Yama 2:00PM – 3:51PM	Siddhi Until 8:17AM	Muruqa: Blue <i>Sunset:</i> 7:32PM	Moon 6 - Phase 12
Creative Work	Amrita Yoga	453793461 Rahu 8:29AM – 10:19AM	Bava Until 10:11AM	Nataraja: Yellow	3rd Phase
Until 8:37AM			Panchami Until 8:46PM	Moon – Red	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani	

5		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyyan Yoga Kaulava/Taitila Karana Shashthyam Titau	Sacramento, CA Sun 20 Sutra 84
Simha Rasi: 26.15	Tithi 6	Gulika 3:51PM – 5:41PM	Purvaphalguni Until 6:40AM	Ganesha: Yellow <i>Sunrise:</i> 4:48AM	Vikarin 5121
		Yama 12:10PM – 2:00PM	Variyan Until 1:53AM Mon	Muruqa: Blue <i>Sunset:</i> 7:32PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	453793461 Rahu 5:41PM – 7:32PM	Kaulava Until 7:27AM	Nataraja: Yellow	3rd Phase
Until 6:40AM			Shashthi* Until 6:10PM	Moon – Red	Sivaloka Day
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam		Ashada*Ani	

6		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau	Sacramento, CA Sun 21 Sutra 85
Kanya Rasi: 10.34	Tithi 7 – 8	Gulika 2:00PM – 3:51PM	Hasta Until 3:43AM Tue	Ganesha: White <i>Sunrise:</i> 4:49AM	Vikarin 5121
Family Home Evening		Yama 10:20AM – 12:10PM	Parigha* Until 11:06PM	Muruqa: Blue <i>Sunset:</i> 7:31PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	463793461 Rahu 6:39AM – 8:29AM	Visti Until 2:54AM Tue	Nataraja: Yellow	3rd Phase
			Saptami Until 3:53PM	Moon – Green	Subha Sivaloka Day
				Ashada*Ani	

☾		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Sacramento, CA Sun 22 Sutra 86
Retreat Star		Gulika 12:10PM – 2:00PM	Chitra Until 2:50AM Wed	Ganesha: White <i>Sunrise:</i> 4:49AM	Vikarin 5121
Kanya Rasi: 24.39	Tithi 8 – 9	Yama 8:30AM – 10:20AM	Shiva Until 8:39PM	Muruqa: Blue <i>Sunset:</i> 7:31PM	Moon 6 - Phase 12
		463793461 Rahu 3:51PM – 5:41PM	Balava Until 1:14AM Wed	Nataraja: Yellow	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 2:00PM	Moon – Green	Subha Sivaloka Day
				Ashada*Ani	

☽		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Sacramento, CA Sun 23 Sutra 87
Retreat Star		Gulika 10:20AM – 12:10PM	Svati Until 2:15AM Thu	Ganesha: Yellow <i>Sunrise:</i> 4:50AM	Vikarin 5121
Tula Rasi: 8.28	Tithi 9 – 10	Yama 6:40AM – 8:30AM	Siddha Until 6:32PM	Muruqa: Blue <i>Sunset:</i> 7:31PM	Moon 6 - Phase 12
		463893461 Rahu 12:10PM – 2:00PM	Taitila Until 12:00AM Thu	Nataraja: Yellow	Navami
Creative Work	Siddha Yoga		Navami* Until 12:32PM	Moon – Green	Sivaloka Day
				Ashada*Ani	


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sacramento, CA Sun 24 Sutra 88
	Tula Rasi: 22	Tithi 10 – 11	Gulika 8:31AM – 10:21AM	Vishakha Until 2:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
			Yama 4:51AM – 6:41AM	Sadhya Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 2:00PM – 3:50PM	Vanija Until 11:13PM	Nataraja: Yellow		4th Phase
			Dashami Until 11:32AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sacramento, CA Sun 25 Sutra 89
	Vischika Rasi: 5.17	Tithi 11 – 12	Gulika 6:41AM – 8:31AM	Anuradha Until 2:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
			Yama 3:50PM – 5:40PM	Subha Until 3:28PM	Muruqa: Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:21AM – 12:11PM	Bava Until 10:56PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 11:00AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sacramento, CA Sun 26 Sutra 90
	Vischika Rasi: 18.19	Tithi 12 – 13	Gulika 4:52AM – 6:42AM	Jyeshtha* Until 3:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:52AM	Vikarin 5121
			Yama 2:00PM – 3:50PM	Sukla Until 2:29PM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:31AM – 10:21AM	Kaulava Until 11:07PM	Nataraja: Yellow		4th Phase
			Dvadashi Until 10:56AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			
				<i>Pradosha Vrata</i>			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sacramento, CA Sun 27 Sutra 91
	Dhanus Rasi: 1.07	Tithi 13 – 14	Gulika 3:50PM – 5:39PM	Mula* Until 5:18AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:53AM	Vikarin 5121
			Yama 12:11PM – 2:00PM	Brahma Until 1:53PM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	483893461 Rahu 5:39PM – 7:29PM	Gara Until 11:47PM	Nataraja: Yellow		4th Phase
			Trayodashi Until 11:22AM	Moon – Light Blue		Sivaloka Day	
				Ashada•Ani			

	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sacramento, CA Sutra 92
	Copper Retreat Star		Gulika 2:00PM – 3:50PM	Purvashadha* Until 7:10AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Vikarin 5121
	Dhanus Rasi: 13.41	Tithi 14 – 15	Yama 10:22AM – 12:11PM	Indra Until 1:41PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13
	Family Home Evening		483893461 Rahu 6:43AM – 8:32AM	Visti Until 12:54AM Tue	Nataraja: Yellow		Purnima
			Chaturdashi* Until 12:16PM	Moon – Light Blue		Sivaloka Day	
			Satguru Purnima	Ashada•Ani			

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sacramento, CA Sutra 93
	Silver Retreat Star		Gulika 12:11PM – 2:00PM	Purvashadha* Until 7:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Vikarin 5121
	Dhanus Rasi: 26.03	Tithi 15 – 16	Yama 8:33AM – 10:22AM	Vaidhriti* Until 1:48PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 3:49PM – 5:39PM	Balava Until 2:28AM Wed	Nataraja: Yellow		Prathama
			Purnima* Until 1:37PM	Moon – Light Blue		Sivaloka Day	
			Partial Lunar Eclipse	Ashada•Adi			



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Priti/Yajushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sacramento, CA

Sutra 94

Makara Rasi: 8.14 Tithi 16 - 17

Gulika 10:22AM - 12:11PM
Yama 6:44AM - 8:33AM
494893462 **Rahu** 12:11PM - 2:00PM

Uttarashadha Until 9:18AM
Vishkambha* Until 2:14PM
Taitila Until 4:24AM Thu
Prathama* Until 3:23PM

Ganesha: Purple
Muruqa: Blue
Nataraja: White
Moon - Light Blue
Ashada-Adi

Sunrise: 4:55AM
Sunset: 7:27PM

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 9:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sacramento, CA

Sun 1 Sutra 95

Makara Rasi: 20.17 Tithi 17 - 18

Gulika 8:33AM - 10:22AM
Yama 4:56AM - 6:45AM
494893462 **Rahu** 2:00PM - 3:49PM

Shravana Until 12:05PM
Priti Until 2:57PM
Vanija Until 6:37AM Fri
Dvitiya Until 5:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada-Adi

Sunrise: 4:56AM
Sunset: 7:27PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija/Visli* Karana Tritiyayam Titau

Sacramento, CA

Sun 2 Sutra 96

Kumbha Rasi: 2.13 Tithi 18

Gulika 6:45AM - 8:34AM
Yama 3:49PM - 5:37PM
494893462 **Rahu** 10:23AM - 12:11PM

Dhanishtha Until 2:57PM
Ayushman Until 3:49PM
Vanija Until 6:37AM
Tritiya Until 7:47PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada-Adi

Sunrise: 4:56AM
Sunset: 7:26PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

Sacramento, CA

Sun 3 Sutra 97

Kumbha Rasi: 14.06 Tithi 19

Gulika 4:57AM - 6:46AM
Yama 2:00PM - 3:48PM
494893462 **Rahu** 8:34AM - 10:23AM

Shatabhishak Until 5:45PM
Saubhagya Until 4:48PM
Bava Until 9:00AM
Chaturthi* Until 10:12PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada-Adi

Sunrise: 4:57AM
Sunset: 7:25PM

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 5:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Sacramento, CA

Sun 4 Sutra 98

Kumbha Rasi: 25.57 Tithi 20

Gulika 3:48PM - 5:36PM
Yama 12:11PM - 2:00PM
414893462 **Rahu** 5:36PM - 7:25PM

Purvaproshtapada* Until 8:53PM
Sobhana Until 5:46PM
Kaulava Until 11:25AM
Panchami Until 12:34AM Mon

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada-Adi

Sunrise: 4:58AM
Sunset: 7:25PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 8:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Sacramento, CA

Sun 5 Sutra 99

Meena Rasi: 7.51 Tithi 21

Gulika 1:59PM - 3:48PM
Yama 10:23AM - 12:11PM
414893462 **Rahu** 6:47AM - 8:35AM

Uttaraproshtapada Until 11:40PM
Athiganda* Until 6:35PM
Gara Until 1:42PM
Shashthi* Until 2:44AM Tue

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada-Adi

Sunrise: 4:59AM
Sunset: 7:24PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Family Home Evening

Subha Sivaloka Day

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Sacramento, CA

Sun 6 Sutra 100

Meena Rasi: 19.5 Tithi 22

Gulika 12:11PM - 1:59PM
Yama 8:36AM - 10:23AM
414893462 **Rahu** 3:47PM - 5:35PM

Revati Until 1:57AM Wed
Sukarma Until 7:11PM
Visti Until 3:42PM
Saptami Until 4:32AM Wed

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada-Adi

Sunrise: 5:00AM
Sunset: 7:23PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 1:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sacramento, CA

Sun 7 Sutra 101

Mesha Rasi: 1.58 Tithi 23

Gulika 10:24AM - 12:11PM
Yama 6:48AM - 8:36AM
424893462 **Rahu** 12:11PM - 1:59PM

Ashvini Until 4:04AM Thu
Dhriti Until 7:26PM
Balava Until 5:16PM
Ashtami* Until 5:48AM Thu

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada-Adi

Sunrise: 5:00AM
Sunset: 7:22PM

Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Until 4:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila Karana Navamyam Titau

Sacramento, CA

Sun 8 Sutra 102

Mesha Rasi: 14.19 Tithi 24

Gulika 8:36AM - 10:24AM
Yama 5:01AM - 6:49AM
424893462 **Rahu** 1:59PM - 3:46PM

Bharani Until 5:23AM Fri
Shula* Until 7:10PM
Taitila Until 6:13PM
Navami* Until 6:25AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada-Adi

Sunrise: 5:01AM
Sunset: 7:22PM

Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Sacramento, CA Sun 9 Sutra 103 Vikarin 5121
Mesha Rasi: 26.59	Tithi 24 – 25	Gulika 6:49AM – 8:37AM	Krittika Until 5:49AM Sat	Ganesha: White <i>Sunrise: 5:02AM</i>	
		Yama 3:46PM – 5:33PM	Ganda* Until 6:22PM	Muruqa: Blue <i>Sunset: 7:21PM</i>	Moon 7 - Phase 15
424893462	Rahu 10:24AM – 12:11PM		Vanija Until 6:27PM	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Navami* Until 6:25AM	Moon – White	Subha Subha Sivaloka Day
Until 5:49AM Sat				Ashada*Adi	
Then Creative Work - Amrita Yoga					

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Sacramento, CA Sun 10 Sutra 104 Vikarin 5121
Vrishabha Rasi: 10	Tithi 25 – 26	Gulika 5:03AM – 6:50AM	Rohini Until 5:47AM Sun	Ganesha: Yellow <i>Sunrise: 5:03AM</i>	
		Yama 1:59PM – 3:46PM	Vriddhi Until 4:57PM	Muruqa: Blue <i>Sunset: 7:20PM</i>	Moon 7 - Phase 15
434893462	Rahu 8:37AM – 10:24AM		Balava Until 5:20AM Sun	Nataraja: White	2nd Phase
Creative Work Amrita Yoga			Dashami Until 6:16AM	Moon – Yellow	Subha Sivaloka Day
Until 5:47AM Sun				Ashada*Adi	
Then Creative Work - Siddha Yoga					

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Sacramento, CA Sun 11 Sutra 105 Vikarin 5121
Vrishabha Rasi: 23.27	Tithi 27	Gulika 3:45PM – 5:32PM	Mrigashira Until 4:51AM Mon	Ganesha: Yellow <i>Sunrise: 5:04AM</i>	
		Yama 12:11PM – 1:58PM	Dhruva Until 2:53PM	Muruqa: Blue <i>Sunset: 7:19PM</i>	Moon 7 - Phase 15
434893462	Rahu 5:32PM – 7:19PM		Kaulava Until 4:36PM	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 3:39AM Mon	Moon – Yellow	Subha Sivaloka Day
				Ashada*Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau	Sacramento, CA Sun 12 Sutra 106 Vikarin 5121
Mithuna Rasi: 7.2	Tithi 28	Gulika 1:58PM – 3:45PM	Ardra Until 3:07AM Tue	Ganesha: White <i>Sunrise: 5:05AM</i>	
Family Home Evening		Yama 10:25AM – 12:11PM	Vyaghata* Until 12:14PM	Muruqa: Blue <i>Sunset: 7:18PM</i>	Moon 7 - Phase 15
435893462	Rahu 6:51AM – 8:38AM		Gara Until 2:35PM	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 1:19AM Tue	Moon – Yellow	Sivaloka Day
				Ashada*Adi	
					<i>Pradosha Vrata (Fasting)</i>

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sacramento, CA Sun 13 Sutra 107 Vikarin 5121
Mithuna Rasi: 21.38	Tithi 29	Gulika 12:11PM – 1:58PM	Punarvasu Until 1:09AM Wed	Ganesha: Green <i>Sunrise: 5:05AM</i>	
		Yama 8:38AM – 10:25AM	Harshana Until 9:07AM	Muruqa: Blue <i>Sunset: 7:17PM</i>	Moon 7 - Phase 15
445893462	Rahu 3:44PM – 5:31PM		Visti Until 11:57AM	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Chaturdashi* Until 10:27PM	Moon – Blue	Sivaloka Day
				Ashada*Adi	

Retreat Star		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Sacramento, CA Sun 14 Sutra 108 Vikarin 5121
Kataka Rasi: 6.19	Tithi 30	Gulika 10:25AM – 12:11PM	Pushya Until 10:40PM	Ganesha: Green <i>Sunrise: 5:06AM</i>	
		Yama 6:53AM – 8:39AM	Siddhi Until 1:43AM Thu	Muruqa: Blue <i>Sunset: 7:16PM</i>	Moon 7 - Phase 15
445893462	Rahu 12:11PM – 1:57PM		Catuspada Until 8:52AM	Nataraja: White	Amavasya
Creative Work Siddha Yoga			Amavasya* Until 7:11PM	Moon – Blue	Sivaloka Day
				Ashada*Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Sacramento, CA Sun 15 Sutra 109 Vikarin 5121
Kataka Rasi: 21.14	Tithi 1 – 2	Gulika 8:39AM – 10:25AM	Ashlesha* Until 7:50PM	Ganesha: Green <i>Sunrise: 5:07AM</i>	
		Yama 5:07AM – 6:53AM	Vyatipata* Until 9:45PM	Muruqa: Blue <i>Sunset: 7:15PM</i>	Moon 7 - Phase 15
445893462	Rahu 1:57PM – 3:43PM		Balava Until 1:55AM Fri	Nataraja: White	Prathama
Creative Work Siddha Yoga			Prathama* Until 3:41PM	Moon – Blue	Sivaloka Day
Until 7:50PM				Sravana*Adi	
Then Creative Work - Amrita Yoga					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dviliya/Tritiyam Titau	Sacramento, CA
Simha Rasi: 6.17	Tithi 2 - 3	455893462	Gulika 6:54AM - 8:40AM Yama 3:43PM - 5:28PM Rahu 10:25AM - 12:11PM	Magha* Until 5:13PM Variyan Until 5:43PM Taitila Until 10:22PM Dvitiya Until 12:07PM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Red Sravana*Adi	Sun 16 Sutra 110 Vikarin 5121 Moon 7 - Phase 16 3rd Phase Sivaloka Day	
Routine Work Marana Yoga Until 5:13PM Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau	Sacramento, CA
Simha Rasi: 21.19	Tithi 3 - 4	455893462	Gulika 5:09AM - 6:54AM Yama 1:57PM - 3:42PM Rahu 8:40AM - 10:26AM	Purvaphalguni Until 2:36PM Parigha* Until 1:49PM Vanija Until 6:57PM Tritiya Until 8:37AM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Red Sravana*Adi	Sun 17 Sutra 111 Vikarin 5121 Moon 7 - Phase 16 3rd Phase Sivaloka Day	
Creative Work Siddha Yoga Until 2:36PM Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	Sacramento, CA
Kanya Rasi: 6.1	Tithi 5	455993462	Gulika 3:42PM - 5:27PM Yama 12:11PM - 1:56PM Rahu 5:27PM - 7:12PM	Uttaraphalguni Until 12:06PM Shiva Until 10:08AM Bava Until 3:51PM Panchami Until 2:26AM Mon	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon - Red Sravana*Adi	Sun 18 Sutra 112 Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Sivaloka Day	
Creative Work Amrita Yoga Nag Panchami							

4		Monday, August 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau	Sacramento, CA
Kanya Rasi: 20.45	Tithi 6	465993462	Gulika 1:56PM - 3:41PM Yama 10:26AM - 12:11PM Rahu 6:56AM - 8:41AM	Hasta Until 10:17AM Siddha Until 6:45AM Kaulava Until 1:10PM Shashthi* Until 12:00AM Tue	Ganesha: White Muruqa: Blue Nataraja: White Moon - Green Sravana*Adi	Sun 19 Sutra 113 Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Subha Sivaloka Day	
Family Home Evening Creative Work Siddha Yoga Until 10:17AM Then Routine Work - Prabalarishta Yoga							

5		Tuesday, August 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau	Sacramento, CA
Tula Rasi: 4.59	Tithi 7	465993462	Gulika 12:11PM - 1:56PM Yama 8:41AM - 10:26AM Rahu 3:40PM - 5:25PM	Chitra Until 8:52AM Subha Until 1:21AM Wed Gara Until 11:02AM Saptami Until 10:10PM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Green Sravana*Adi	Sun 20 Sutra 114 Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Subha Sivaloka Day	
Creative Work Siddha Yoga							

Retreat Star		Wednesday, August 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau	Sacramento, CA
Tula Rasi: 18.49	Tithi 8	466993462	Gulika 10:26AM - 12:11PM Yama 6:57AM - 8:42AM Rahu 12:11PM - 1:55PM	Svati Until 7:54AM Sukla Until 11:25PM Visti Until 9:30AM Ashtami* Until 8:59PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon - Green Sravana*Adi	Sun 21 Sutra 115 Vikarin 5121 Moon 7 - Phase 16 Ashtami Subha Sivaloka Day	
Creative Work Siddha Yoga							

Retreat Star		Thursday, August 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau	Sacramento, CA
Vrischika Rasi: 2.16	Tithi 9	476993462	Gulika 8:42AM - 10:26AM Yama 5:13AM - 6:58AM Rahu 1:55PM - 3:39PM	Vishakha Until 7:54AM Brahma Until 10:02PM Balava Until 8:39AM Navami* Until 8:28PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon - Orange Sravana*Adi	Sun 22 Sutra 116 Vikarin 5121 Moon 7 - Phase 16 Navami Sivaloka Day	
Creative Work Siddha Yoga							

1		Friday, August 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Sacramento, CA Sun 23 Sutra 117
Wrischika Rasi: 15.22	Tithi 10	Gulika 6:58AM – 8:42AM	Anuradha Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
		Yama 3:38PM – 5:22PM	Indra Until 9:10PM	Muruqa: Blue	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17	
476993462	Rahu 10:26AM – 12:10PM		Taitila Until 8:28AM	Nataraja: White		4th Phase	
Creative Work Siddha Yoga				Moon – Orange		Sivaloka Day	
Until 8:24AM		Varalakshmi Vratam	Dashami Until 8:36PM	Sravana*Adi			
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Sacramento, CA Sun 24 Sutra 118
Wrischika Rasi: 28.08	Tithi 11	Gulika 5:15AM – 6:59AM	Jyeshtha* Until 9:22AM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	Vikarin 5121	
		Yama 1:54PM – 3:38PM	Vaidhriti* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 17	
476993462	Rahu 8:43AM – 10:26AM		Vanija Until 8:55AM	Nataraja: White		4th Phase	
Creative Work Siddha Yoga				Moon – Orange		Sivaloka Day	
			Ekadashi Until 9:20PM	Sravana*Adi			

3		Sunday, August 11, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Sacramento, CA Sun 25 Sutra 119
Dhanus Rasi: 10.38	Tithi 12	Gulika 3:37PM – 5:21PM	Mula* Until 11:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Vikarin 5121	
		Yama 12:10PM – 1:54PM	Vishkambha* Until 8:46PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 17	
486993462	Rahu 5:21PM – 7:04PM		Bava Until 9:56AM	Nataraja: White		4th Phase	
Creative Work Amrita Yoga				Moon – Light Blue		Subha Sivaloka Day	
Until 11:12AM			Dvadashi Until 10:36PM	Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sacramento, CA Sun 26 Sutra 120
Dhanus Rasi: 22.56	Tithi 13	Gulika 1:53PM – 3:36PM	Purvashadha* Until 1:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Vikarin 5121	
		Yama 10:27AM – 12:10PM	Priti Until 9:07PM	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 17	
486993462	Rahu 7:00AM – 8:43AM		Kaulava Until 11:25AM	Nataraja: White		4th Phase	
Family Home Evening				Moon – Light Blue		Subha Sivaloka Day	
Routine Work Marana Yoga			Trayodashi Until 12:17AM Tue	Sravana*Adi			
			<i>Pradosha Vrata</i>				

5		Tuesday, August 13, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Sacramento, CA Sun 27 Sutra 121
Makara Rasi: 5.04	Tithi 14	Gulika 12:10PM – 1:53PM	Uttarashadha Until 3:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
		Yama 8:44AM – 10:27AM	Ayushman Until 9:42PM	Muruqa: Blue	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 17	
486993462	Rahu 3:36PM – 5:19PM		Gara Until 1:16PM	Nataraja: White		4th Phase	
Routine Work Prabalarishta Yoga				Moon – Light Blue		Subha Sivaloka Day	
Until 3:38PM			Chaturdashi* Until 2:18AM Wed	Sravana*Adi			
Then Creative Work - Siddha Yoga							

○		Wednesday, August 14, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau	Sacramento, CA Sutra 122
Copper Retreat Star		Gulika 10:27AM – 12:09PM	Shravana Until 6:33PM	Ganesha: White	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
Makara Rasi: 17.05	Tithi 15	Yama 7:01AM – 8:44AM	Saubhagya Until 10:29PM	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 17	
496993462	Rahu 12:09PM – 1:52PM		Visti Until 3:25PM	Nataraja: White		Purnima	
Creative Work Siddha Yoga				Moon – Purple		Sivaloka Day	
Until 6:33PM		Raksha Bandhan	Purnima* Until 4:32AM Thu	Sravana*Adi			
Then Routine Work - Prabalarishta Yoga							

○		Thursday, August 15, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau	Sacramento, CA Sutra 123
Silver Retreat Star		Gulika 8:44AM – 10:27AM	Dhanishtha Until 9:27PM	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
Makara Rasi: 29	Tithi 16	Yama 5:19AM – 7:02AM	Sobhana Until 11:24PM	Muruqa: Blue	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 17	
497993462	Rahu 1:52PM – 3:34PM		Balava Until 5:44PM	Nataraja: White		Prathama	
Creative Work Siddha Yoga				Moon – Purple		Subha Sivaloka Day	
			Prathama* Until 6:55AM Fri	Sravana*Adi			



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 10.53 Tithi 16 – 17

497993462

Creative Work Siddha Yoga
Until 12:16AM Sat
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:03AM – 8:45AM
Yama 3:33PM – 5:16PM
Rahu 10:27AM – 12:09PM

Shatabhishak **Until 12:16AM Sat**
Athiganda* **Until 12:21AM Sat**
Taitila **Until 8:10PM**
Prathama* Until 6:55AM

Ganesha: Yellow *Sunrise:* 5:20AM
Muruqa: Blue *Sunset:* 6:58PM

Nataraja: White
Moon – Purple

Sacramento, CA
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Avani

1

Saturday, August 17, 2019

Kumbha Rasi: 22.44 Tithi 17 – 18

517993462

Routine Work Marana Yoga
Until 3:25AM Sun
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 5:21AM – 7:03AM
Yama 1:51PM – 3:33PM
Rahu 8:45AM – 10:27AM

Purvaproshtapada* Until 3:25AM Sun
Sukarma **Until 1:18AM Sun**
Vanija **Until 10:35PM**
Dvitiya Until 9:21AM

Ganesha: White *Sunrise:* 5:21AM
Muruqa: Blue *Sunset:* 6:56PM

Nataraja: White
Moon – Clear

Sacramento, CA
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

2

Sunday, August 18, 2019

Meena Rasi: 5 Tithi 18 – 19

517993462

Creative Work Amrita Yoga
Until 6:16AM Mon
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:32PM – 5:14PM
Yama 12:09PM – 1:50PM
Rahu 5:14PM – 6:55PM

Uttaraproshtapada Until 6:16AM Mon
Dhriti **Until 2:12AM Mon**
Bava **Until 12:55AM Mon**
Tritiya Until 11:45AM

Ganesha: White *Sunrise:* 5:22AM
Muruqa: Blue *Sunset:* 6:55PM

Nataraja: White
Moon – Clear

Sacramento, CA
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

3

Monday, August 19, 2019

Meena Rasi: 16.31 Tithi 19 – 20

517993462

Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:50PM – 3:31PM
Yama 10:27AM – 12:08PM
Rahu 7:04AM – 8:46AM

Uttaraproshtapada Until 6:16AM
Shula* **Until 2:54AM Tue**
Kaulava **Until 3:03AM Tue**
Chaturthi* Until 2:00PM

Ganesha: White *Sunrise:* 5:23AM
Muruqa: Blue *Sunset:* 6:54PM

Nataraja: White
Moon – Clear

Sacramento, CA
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

4

Tuesday, August 20, 2019

Meena Rasi: 28.31 Tithi 20 – 21

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:08PM – 1:49PM
Yama 8:46AM – 10:27AM
Rahu 3:30PM – 5:11PM

Revati Until 8:46AM
Ganda* **Until 3:22AM Wed**
Gara **Until 4:52AM Wed**
Panchami Until 3:59PM

Ganesha: White *Sunrise:* 5:24AM
Muruqa: Blue *Sunset:* 6:52PM

Nataraja: White
Moon – Clear

Sacramento, CA
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

5

Wednesday, August 21, 2019

Mesha Rasi: 10.39 Tithi 21 – 22

528993462

Routine Work Marana Yoga
Until 11:14AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:27AM – 12:08PM
Yama 7:06AM – 8:46AM
Rahu 12:08PM – 1:49PM

Ashvini Until 11:14AM
Vriddhi **Until 3:30AM Thu**
Visti **Until 6:13AM Thu**
Shashthi* Until 5:35PM

Ganesha: White *Sunrise:* 5:25AM
Muruqa: Blue *Sunset:* 6:51PM

Nataraja: White
Moon – White

Sacramento, CA
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Sravana-Avani

6

Thursday, August 22, 2019

Mesha Rasi: 22.59 Tithi 22

528993462

Creative Work Siddha Yoga
Until 1:04PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:47AM – 10:27AM
Yama 5:26AM – 7:06AM
Rahu 1:48PM – 3:29PM

Bharani Until 1:04PM
Dhruva **Until 3:09AM Fri**
Visti **Until 6:13AM**
Saptami Until 6:39PM

Ganesha: White *Sunrise:* 5:26AM
Muruqa: Blue *Sunset:* 6:50PM

Nataraja: White
Moon – White

Sacramento, CA
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Sravana-Avani

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 5.34 Tithi 23

528993462

Creative Work Siddha Yoga
Until 2:07PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:07AM – 8:47AM
Yama 3:28PM – 5:08PM
Rahu 10:27AM – 12:07PM

Krittika Until 2:07PM
Vyaghata* **Until 2:16AM Sat**
Balava **Until 6:58AM**
Ashtami* Until 7:03PM

Ganesha: White *Sunrise:* 5:27AM
Muruqa: Blue *Sunset:* 6:48PM

Nataraja: White
Moon – White

Sacramento, CA
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Sravana-Avani

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 18.3 Tithi 24

538993462

Creative Work Amrita Yoga
Until 2:45PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:27AM – 7:07AM
Yama 1:47PM – 3:27PM
Rahu 8:47AM – 10:27AM

Rohini Until 2:45PM
Harshana **Until 12:46AM Sun**
Taitila **Until 7:00AM**
Navami* Until 6:42PM

Ganesha: Clear *Sunrise:* 5:27AM
Muruqa: Blue *Sunset:* 6:47PM

Nataraja: White
Moon – Yellow

Sacramento, CA
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau			Sacramento, CA Sun 9 Sutra 133	
Mithuna Rasi: 1.51	Tithi 25 – 26	Gulika 3:26PM – 5:06PM	Mrigashira Untill 2:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Vikarin 5121
		Yama 12:07PM – 1:47PM	Vajra* Untill 10:37PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 Rahu 5:06PM – 6:45PM	Vanija Untill 6:14AM	Nataraja: White		2nd Phase
			Dashami Untill 5:33PM	Moon – Yellow		Subha Sivaloka Day
				Sravana-Avani		

2 Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Sacramento, CA Sun 10 Sutra 134	
Mithuna Rasi: 15.38	Tithi 26 – 27	Gulika 1:46PM – 3:25PM	Ardra Untill 1:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Vikarin 5121
Family Home Evening		Yama 10:27AM – 12:07PM	Siddhi Untill 7:52PM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 Rahu 7:09AM – 8:48AM	Kaulava Untill 2:26AM Tue	Nataraja: White		2nd Phase
Untill 1:15PM			Ekadashi* Untill 3:38PM	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Sravana-Avani		

3 Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*Varjyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Sacramento, CA Sun 11 Sutra 135	
Mithuna Rasi: 29.54	Tithi 27 – 28	Gulika 12:06PM – 1:45PM	Punarvasu Untill 11:39AM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	Vikarin 5121
		Yama 8:48AM – 10:27AM	Vyatipata* Untill 4:36PM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	548993462 Rahu 3:24PM – 5:03PM	Gara Untill 11:34PM	Nataraja: White		2nd Phase
			Dvadashi* Untill 1:03PM	Moon – Blue		Sivaloka Day
				Sravana-Avani		
				<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau			Sacramento, CA Sun 12 Sutra 136	
Kataka Rasi: 14.35	Tithi 28 – 29	Gulika 10:27AM – 12:06PM	Pushya Untill 9:20AM	Ganesha: Orange	<i>Sunrise:</i> 5:31AM	Vikarin 5121
		Yama 7:10AM – 8:48AM	Variyan Untill 12:51PM	Muruqa: Blue	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	549193463 Rahu 12:06PM – 1:45PM	Visti Untill 8:12PM	Nataraja: Clear		2nd Phase
			Trayodashi* Untill 9:55AM	Moon – Blue		Sivaloka Day
				Sravana-Avani		

Thursday, August 29, 2019 Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau			Sacramento, CA Sun 13 Sutra 137	
Kataka Rasi: 29.36	Tithi 29 – 30	Gulika 8:49AM – 10:27AM	Ashlesha* Untill 6:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:32AM	Vikarin 5121
		Yama 5:32AM – 7:10AM	Parigha* Untill 8:49AM	Muruqa: Blue	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	549193463 Rahu 1:44PM – 3:23PM	Naga Untill 2:36AM Fri	Nataraja: Clear		Amavasya
Untill 6:29AM			Chaturdashi* Untill 6:23AM	Moon – Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Sravana-Avani		

Friday, August 30, 2019 Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau			Sacramento, CA Sun 14 Sutra 138	
Simha Rasi: 14.49	Tithi 1	Gulika 7:11AM – 8:49AM	Purvaphalguni Untill 12:37AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:33AM	Vikarin 5121
		Yama 3:22PM – 5:00PM	Siddha Untill 12:18AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	559193463 Rahu 10:27AM – 12:05PM	Kintughna Untill 12:41PM	Nataraja: Clear		Prathama
Untill 12:37AM Sat			Prathama* Untill 10:45PM	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga				Bhadrapada-Avani		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sacramento, CA
	Kanya Rasi: 0.04	Tithi 2	559193463	Gulika 5:34AM – 7:11AM Yama 1:43PM – 3:21PM Rahu 8:49AM – 10:27AM	Uttaraphalguni Until 9:35PM Sadhya Until 8:07PM Balava Until 8:52AM Dvitiya Until 7:00PM	Ganesha: Clear <i>Sunrise:</i> 5:34AM Muruqa: Blue <i>Sunset:</i> 6:37PM Nataraja: Clear Moon – Red	Sun 15 Sutra 139 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Routine Work	Marana Yoga				Sivaloka Day	
						Bhadrapada-Avani	

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sacramento, CA
	Kanya Rasi: 15.11	Tithi 3 – 4	569193463	Gulika 3:20PM – 4:58PM Yama 12:05PM – 1:42PM Rahu 4:58PM – 6:35PM	Hasta Until 7:06PM Subha Until 4:11PM Vanija Until 1:57AM Mon Tritiya Until 3:31PM	Ganesha: Orange <i>Sunrise:</i> 5:34AM Muruqa: Blue <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Green	Sun 16 Sutra 140 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Amrita Yoga				Sivaloka Day	
	Until 7:06PM	Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sacramento, CA
	Tula Rasi: 0.01	Tithi 4 – 5	569193463	Gulika 1:42PM – 3:19PM Yama 10:27AM – 12:04PM Rahu 7:13AM – 8:50AM	Chitra Until 4:56PM Sukla Until 12:35PM Bava Until 11:10PM Chaturthi* Until 12:28PM	Ganesha: Orange <i>Sunrise:</i> 5:35AM Muruqa: Blue <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Green	Sun 17 Sutra 141 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Family Home Evening	Prabalarishta Yoga				Sivaloka Day	
	Until 4:56PM	Then Creative Work - Amrita Yoga				Bhadrapada-Avani	

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sacramento, CA
	Tula Rasi: 14.28	Tithi 5 – 6	569193463	Gulika 12:04PM – 1:41PM Yama 8:50AM – 10:27AM Rahu 3:18PM – 4:55PM	Svati Until 3:15PM Brahma Until 9:28AM Kaulava Until 9:02PM Panchami Until 10:00AM	Ganesha: Orange <i>Sunrise:</i> 5:36AM Muruqa: Blue <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Green	Sun 18 Sutra 142 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga				Sivaloka Day	
	Until 3:15PM	Then Routine Work - Marana Yoga				Bhadrapada-Avani	

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhrithi* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sacramento, CA
	Tula Rasi: 28.26	Tithi 6 – 7	579193463	Gulika 10:27AM – 12:04PM Yama 7:14AM – 8:50AM Rahu 12:04PM – 1:41PM	Vishakha Until 2:35PM Indra Until 6:57AM Gara Until 7:41PM Shashthi* Until 8:14AM	Ganesha: Green <i>Sunrise:</i> 5:37AM Muruqa: Blue <i>Sunset:</i> 6:31PM Nataraja: Clear Moon – Orange	Sun 19 Sutra 143 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day	
						Bhadrapada-Avani	

Retreat Star	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sacramento, CA
	Vrischika Rasi: 11.56	Tithi 7 – 8	571193463	Gulika 8:51AM – 10:27AM Yama 5:38AM – 7:14AM Rahu 1:40PM – 3:16PM	Anuradha Until 2:35PM Vishkambha* Until 3:50AM Fri Visti Until 7:08PM Saptami Until 7:17AM	Ganesha: Orange <i>Sunrise:</i> 5:38AM Muruqa: Blue <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Orange	Sun 20 Sutra 144 Vikarin 5121 Moon 8 - Phase 20 Ashtami
	Creative Work	Siddha Yoga				Sivaloka Day	
	Until 2:35PM	Then Routine Work - Prabalarishta Yoga				Bhadrapada-Avani	

Retreat Star	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sacramento, CA
	Vrischika Rasi: 24.59	Tithi 8 – 9	571193463	Gulika 7:15AM – 8:51AM Yama 3:15PM – 4:51PM Rahu 10:27AM – 12:03PM	Jyeshtha* Until 3:13PM Priti Until 3:15AM Sat Balava Until 7:25PM Ashtami* Until 7:10AM	Ganesha: Orange <i>Sunrise:</i> 5:39AM Muruqa: Blue <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Orange	Sun 21 Sutra 145 Vikarin 5121 Moon 8 - Phase 20 Navami
	Routine Work	Marana Yoga				Sivaloka Day	
	Until 3:13PM	Then Creative Work - Amrita Yoga				Bhadrapada-Avani	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1		Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Sacramento, CA Sun 22 Sutra 146
Dhanus Rasi: 7.4	Tithi 9 – 10	Gulika 5:40AM – 7:15AM	Mula* Until 4:56PM	Ganesha: Green <i>Sunrise:</i> 5:40AM	Vikarin 5121
		Yama 1:39PM – 3:14PM	Ayushman Until 3:11AM Sun	Muruqa: Blue <i>Sunset:</i> 6:26PM	Moon 8 - Phase 21
		581193463 Rahu 8:51AM – 10:27AM	Taitila Until 8:27PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:49AM	Moon – Light Blue	Devaloka Day
				Bhadrapada-Avani	


2		Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sacramento, CA Sun 23 Sutra 147
Dhanus Rasi: 20.01	Tithi 10 – 11	Gulika 3:13PM – 4:49PM	Purvashadha* Until 7:05PM	Ganesha: Green <i>Sunrise:</i> 5:41AM	Vikarin 5121
		Yama 12:02PM – 1:38PM	Saubhagya Until 3:34AM Mon	Muruqa: Blue <i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
		581193463 Rahu 4:49PM – 6:24PM	Vanija Until 10:05PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:10AM	Moon – Light Blue	Devaloka Day
Until 7:05PM		Grandparent's Day		Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

3		Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Sacramento, CA Sun 24 Sutra 148
Makara Rasi: 2.09	Tithi 11 – 12	Gulika 1:37PM – 3:12PM	Uttarashadha Until 9:30PM	Ganesha: Green <i>Sunrise:</i> 5:41AM	Vikarin 5121
Family Home Evening		Yama 10:27AM – 12:02PM	Sobhana Until 4:16AM Tue	Muruqa: Blue <i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
		581193463 Rahu 7:17AM – 8:52AM	Bava Until 12:09AM Tue	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 11:03AM	Moon – Light Blue	Devaloka Day
Until 9:30PM				Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

4		Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Sacramento, CA Sun 25 Sutra 149
Makara Rasi: 14.08	Tithi 12 – 13	Gulika 12:02PM – 1:37PM	Shravana Until 12:32AM Wed	Ganesha: Red <i>Sunrise:</i> 5:42AM	Vikarin 5121
		Yama 8:52AM – 10:27AM	Athiganda* Until 5:07AM Wed	Muruqa: Blue <i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
		591193463 Rahu 3:12PM – 4:46PM	Kaulava Until 2:29AM Wed	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:16PM	Moon – Purple	Sivaloka Day
Until 12:32AM Wed				Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5		Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Sacramento, CA Sun 26 Sutra 150
Makara Rasi: 26.02	Tithi 13 – 14	Gulika 10:27AM – 12:01PM	Dhanishtha Until 3:31AM Thu	Ganesha: Red <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 7:18AM – 8:52AM	Sukarma Until 6:04AM Thu	Muruqa: Blue <i>Sunset:</i> 6:20PM	Moon 8 - Phase 21
		591193463 Rahu 12:01PM – 1:36PM	Gara Until 4:57AM Thu	Nataraja: Clear	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 3:41PM	Moon – Purple	Sivaloka Day
Until 3:31AM Thu		Chidambaram Abhishekam		Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

6		Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija Karana Chaturdashyam Titau	Sacramento, CA Sun 27 Sutra 151
Kumbha Rasi: 7.53	Tithi 14	Gulika 8:53AM – 10:27AM	Shatabhishak Until 6:20AM Fri	Ganesha: Red <i>Sunrise:</i> 5:44AM	Vikarin 5121
		Yama 5:44AM – 7:18AM	Sukarma Until 6:04AM	Muruqa: Purple <i>Sunset:</i> 6:18PM	Moon 8 - Phase 21
		591113463 Rahu 1:35PM – 3:10PM	Vanija Until 6:09PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:09PM	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

		Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau	Sacramento, CA Sutra 152
Copper Retreat Star		Gulika 7:19AM – 8:53AM	Shatabhishak Until 6:20AM	Ganesha: Red <i>Sunrise:</i> 5:45AM	Vikarin 5121
Kumbha Rasi: 19.44	Tithi 15	Yama 3:09PM – 4:43PM	Dhriti Until 7:01AM	Muruqa: Purple <i>Sunset:</i> 6:17PM	Moon 8 - Phase 21
		591113463 Rahu 10:27AM – 12:01PM	Visti Until 7:24AM	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:36PM	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

7		Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau	Sacramento, CA Sutra 153
Silver Retreat Star		Gulika 5:46AM – 7:19AM	Purvaprosarthapada* Until 9:25AM	Ganesha: Red <i>Sunrise:</i> 5:46AM	Vikarin 5121
Meena Rasi: 1.37	Tithi 16	Yama 1:34PM – 3:08PM	Shula* Until 7:53AM	Muruqa: Purple <i>Sunset:</i> 6:15PM	Moon 8 - Phase 21
		511113463 Rahu 8:53AM – 10:27AM	Balava Until 9:48AM	Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Prathama* Until 10:55PM	Moon – Clear	Sivaloka Day
Until 9:25AM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Dvilyayam Titau

Sacramento, CA

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 13.33 Tithi 17

512113463

Gulika 3:07PM - 4:40PM

Yama 12:00PM - 1:33PM

Rahu 4:40PM - 6:13PM

Uttaraproshtapada Until 12:13PM

Ganda* Until 8:40AM

Taitila Until 12:03PM

Dvitiya Until 1:05AM Mon

Ganesha: Yellow Sunrise: 5:47AM

Muruqa: Purple Sunset: 6:13PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Avani

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Sacramento, CA

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 25.34 Tithi 18

512113463

Gulika 1:33PM - 3:06PM

Yama 10:27AM - 12:00PM

Rahu 7:20AM - 8:54AM

Revati Until 2:39PM

Vridhhi Until 9:20AM

Vanija Until 2:06PM

Tritiya Until 3:02AM Tue

Ganesha: Yellow Sunrise: 5:47AM

Muruqa: Purple Sunset: 6:12PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Puratasi

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturtham Titau

Sacramento, CA

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 7.39 Tithi 19

522113463

Gulika 11:59AM - 1:32PM

Yama 8:54AM - 10:27AM

Rahu 3:05PM - 4:38PM

Ashvini Until 5:11PM

Dhruva Until 9:46AM

Bava Until 3:55PM

Chaturthi* Until 4:41AM Wed

Ganesha: White Sunrise: 5:48AM

Muruqa: Purple Sunset: 6:10PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Sacramento, CA

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 19.52 Tithi 20

522113463

Gulika 10:26AM - 11:59AM

Yama 7:22AM - 8:54AM

Rahu 11:59AM - 1:31PM

Bharani Until 7:13PM

Vyaghata* Until 9:59AM

Kaulava Until 5:23PM

Panchami Until 5:57AM Thu

Ganesha: White Sunrise: 5:49AM

Muruqa: Purple Sunset: 6:09PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 7:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara Karana Shashtham Titau

Sacramento, CA

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 2.14 Tithi 21

522113463

Gulika 8:54AM - 10:26AM

Yama 5:50AM - 7:22AM

Rahu 1:31PM - 3:03PM

Krittika Until 8:39PM

Harshana Until 9:55AM

Gara Until 6:26PM

Shashthi* Until 6:44AM Fri

Ganesha: White Sunrise: 5:50AM

Muruqa: Purple Sunset: 6:07PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sacramento, CA

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 14.5 Tithi 21 - 22

532113463

Gulika 7:23AM - 8:55AM

Yama 3:02PM - 4:34PM

Rahu 10:26AM - 11:58AM

Rohini Until 9:52PM

Vajra* Until 9:24AM

Visti Until 6:55PM

Shashthi* Until 6:44AM

Ganesha: Clear Sunrise: 5:51AM

Muruqa: Purple Sunset: 6:05PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 9:52PM

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sacramento, CA

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 27.43 Tithi 22 - 23

532113463

Gulika 5:52AM - 7:23AM

Yama 1:29PM - 3:01PM

Rahu 8:55AM - 10:26AM

Mrigashira Until 10:17PM

Siddhi Until 8:26AM

Balava Until 6:45PM

Saptami Until 6:54AM

Ganesha: Clear Sunrise: 5:52AM

Muruqa: Purple Sunset: 6:04PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Sacramento, CA

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 10.57 Tithi 23 - 24

532213463

Gulika 3:00PM - 4:31PM

Yama 11:58AM - 1:29PM

Rahu 4:31PM - 6:02PM

Ardra Until 9:50PM

Vyatipata* Until 6:55AM

Gara Until 5:08AM Mon

Ashtami* Until 6:23AM

Ganesha: Orange Sunrise: 5:53AM

Muruqa: Purple Sunset: 6:02PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Bhadrapada-Puratasi


Creative Work Siddha Yoga

1	Monday, September 23, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Vanija/Visli* Karana Dashamyam Titau	Sacramento, CA
	Sun 9	Sutra 162	Vikarin 5121
Mithuna Rasi: 24.35	Tithi 25	Gulika 1:28PM – 2:59PM	Punarvasu Until 8:59PM
Family Home Evening	542213463	Yama 10:26AM – 11:57AM	Parigha* Until 2:08AM Tue
Creative Work Amrita Yoga		Rahu 7:24AM – 8:55AM	Vanija Until 4:16PM
Until 8:59PM			Dashami Until 3:11AM Tue
Then Creative Work - Siddha Yoga			Ganesha: Light Blue <i>Sunrise:</i> 5:54AM
			Muruqa: Purple <i>Sunset:</i> 6:01PM
			Nataraja: Clear
			Moon – Blue
			Devaloka Day
			Bhadrapada•Puratasi

2	Tuesday, September 24, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Sacramento, CA
	Sun 10	Sutra 163	Vikarin 5121
Kataka Rasi: 8.4	Tithi 26	Gulika 11:57AM – 1:27PM	Pushya Until 7:18PM
	542213463	Yama 8:56AM – 10:26AM	Shiva Until 10:56PM
Creative Work Siddha Yoga		Rahu 2:58PM – 4:29PM	Bava Until 1:59PM
			Ekadashi* Until 12:36AM Wed
			Ganesha: Light Blue <i>Sunrise:</i> 5:54AM
			Muruqa: Purple <i>Sunset:</i> 5:59PM
			Nataraja: Clear
			Moon – Blue
			Devaloka Day
			Bhadrapada•Puratasi

3	Wednesday, September 25, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Sacramento, CA
	Sun 11	Sutra 164	Vikarin 5121
Kataka Rasi: 23.1	Tithi 27	Gulika 10:26AM – 11:56AM	Ashlesha* Until 4:57PM
	542213463	Yama 7:26AM – 8:56AM	Siddha Until 7:17PM
Creative Work Siddha Yoga		Rahu 11:56AM – 1:27PM	Kaulava Until 11:07AM
			Dvadashi* Until 9:29PM
			Ganesha: Light Blue <i>Sunrise:</i> 5:55AM
			Muruqa: Purple <i>Sunset:</i> 5:59PM
			Nataraja: Clear
			Moon – Blue
			Devaloka Day
			Bhadrapada•Puratasi

4	Thursday, September 26, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau	Sacramento, CA
	Sun 12	Sutra 165	Vikarin 5121
Simha Rasi: 8.02	Tithi 28 – 29	Gulika 8:56AM – 10:26AM	Magha* Until 2:26PM
	552213463	Yama 5:56AM – 7:26AM	Sadhya Until 3:18PM
Creative Work Amrita Yoga		Rahu 1:26PM – 2:56PM	Gara Until 7:47AM
Until 2:26PM			Trayodashi* Until 5:59PM
Then Creative Work - Siddha Yoga			Pradosha Vrata (Fasting)
			Ganesha: Purple <i>Sunrise:</i> 5:56AM
			Muruqa: Purple <i>Sunset:</i> 5:58PM
			Nataraja: Clear
			Moon – Red
			Devaloka Day
			Bhadrapada•Puratasi

	Friday, September 27, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Sacramento, CA
	Sun 13	Sutra 166	Vikarin 5121
Simha Rasi: 23.09	Tithi 29 – 30	Gulika 7:27AM – 8:56AM	Purvaphalguni Until 11:31AM
	652213463	Yama 2:55PM – 4:25PM	Subha Until 11:07AM
Creative Work Siddha Yoga		Rahu 10:26AM – 11:56AM	Catuspada Until 12:22AM Sat
			Chaturdashi* Until 2:15PM
			Ganesha: Light Blue <i>Sunrise:</i> 5:57AM
			Muruqa: Purple <i>Sunset:</i> 5:54PM
			Nataraja: Clear
			Moon – Red
			Devaloka Day
			Bhadrapada•Puratasi
			Mahalaya Amavasai (Tamil Nadu)

Retreat Star	Saturday, September 28, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sacramento, CA
	Sun 14	Sutra 167	Vikarin 5121
Kanya Rasi: 8.23	Tithi 30 – 1	Gulika 5:58AM – 7:27AM	Uttaraphalguni Until 8:24AM
	653213463	Yama 1:25PM – 2:54PM	Sukla Until 6:51AM
Routine Work Marana Yoga		Rahu 8:57AM – 10:26AM	Kintughna Until 8:37PM
			Amavasya* Until 10:28AM
			Ganesha: Purple <i>Sunrise:</i> 5:58AM
			Muruqa: Purple <i>Sunset:</i> 5:53PM
			Nataraja: Clear
			Moon – Red
			Devaloka Day
			Ashvina•Puratasi
			Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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1 Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Sacramento, CA Sun 15 Sutra 168 Vikarin 5121
Kanya Rasi: 23.32	Tithi 1 – 2	Gulika 2:53PM – 4:22PM	Chitra Until 3:02AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 5:59AM
		Yama 11:55AM – 1:24PM	Indra Until 10:41PM	Muruqa: Purple <i>Sunset:</i> 5:51PM
	663213463	Rahu 4:22PM – 5:51PM	Kaulava Until 3:24AM Mon	Nataraja: Clear
Creative Work Siddha Yoga			Prathama* Until 6:47AM	Moon – Green
Until 3:02AM Mon				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

2 Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau		Sacramento, CA Sun 16 Sutra 169 Vikarin 5121
Tula Rasi: 8.29	Tithi 3	Gulika 1:24PM – 2:52PM	Svati Until 12:45AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:00AM
Family Home Evening		Yama 10:26AM – 11:55AM	Vaidhriti* Until 7:03PM	Muruqa: Purple <i>Sunset:</i> 5:50PM
Creative Work Amrita Yoga	663213463	Rahu 7:29AM – 8:57AM	Taitila Until 1:54PM	Nataraja: Clear
Until 12:45AM Tue			Tritiya Until 12:30AM Tue	Moon 9 - Phase 24
Then Routine Work - Marana Yoga				3rd Phase
				Devaloka Day
				Ashvina+Puratasi

3 Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visiti* Karana Chaturthyam Titau		Sacramento, CA Sun 17 Sutra 170 Vikarin 5121
Tula Rasi: 23.03	Tithi 4	Gulika 11:54AM – 1:23PM	Vishakha Until 11:23PM	Ganesha: Purple <i>Sunrise:</i> 6:01AM
		Yama 8:58AM – 10:26AM	Vishkambha* Until 3:54PM	Muruqa: Purple <i>Sunset:</i> 5:48PM
	673213463	Rahu 2:51PM – 4:20PM	Vanija Until 11:17AM	Nataraja: Clear
Routine Work Marana Yoga			Chaturthi* Until 10:13PM	Moon – Orange
Until 11:23PM				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

4 Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Sacramento, CA Sun 18 Sutra 171 Vikarin 5121
Vrischika Rasi: 7.1	Tithi 5	Gulika 10:26AM – 11:54AM	Anuradha Until 10:38PM	Ganesha: Purple <i>Sunrise:</i> 6:02AM
		Yama 7:30AM – 8:58AM	Priti Until 1:22PM	Muruqa: Purple <i>Sunset:</i> 5:47PM
	673213463	Rahu 11:54AM – 1:22PM	Bava Until 9:22AM	Nataraja: Clear
Creative Work Siddha Yoga			Panchami Until 8:42PM	Moon – Orange
				Devaloka Day
				Ashvina+Puratasi

5 Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Sacramento, CA Sun 19 Sutra 172 Vikarin 5121
Vrischika Rasi: 20.46	Tithi 6	Gulika 8:58AM – 10:26AM	Jyeshtha* Until 10:36PM	Ganesha: Purple <i>Sunrise:</i> 6:03AM
		Yama 6:03AM – 7:30AM	Ayushman Until 11:29AM	Muruqa: Purple <i>Sunset:</i> 5:45PM
	673213463	Rahu 1:22PM – 2:49PM	Kaulava Until 8:17AM	Nataraja: Clear
Routine Work Prabalarishta Yoga			Shashthi* Until 8:03PM	Moon – Orange
Until 10:36PM				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

6 Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Sacramento, CA Sun 20 Sutra 173 Vikarin 5121
Dhanus Rasi: 3.54	Tithi 7	Gulika 7:31AM – 8:58AM	Mula* Until 11:45PM	Ganesha: Clear <i>Sunrise:</i> 6:03AM
		Yama 2:49PM – 4:16PM	Saubhagya Until 10:19AM	Muruqa: Purple <i>Sunset:</i> 5:44PM
	683213463	Rahu 10:26AM – 11:54AM	Gara Until 8:06AM	Nataraja: Clear
Creative Work Amrita Yoga			Saptami Until 8:19PM	Moon – Light Blue
Until 11:45PM				Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Retreat Star Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtamyam Titau		Sacramento, CA Sun 21 Sutra 174 Vikarin 5121
Dhanus Rasi: 16.35	Tithi 8	Gulika 6:04AM – 7:32AM	Purvashadha* Until 1:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:04AM
		Yama 1:20PM – 2:48PM	Sobhana Until 9:51AM	Muruqa: Purple <i>Sunset:</i> 5:42PM
	683213463	Rahu 8:59AM – 10:26AM	Visiti Until 8:47AM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 9:24PM	Moon – Light Blue
Until 1:32AM Sun		Durga Ashtami		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Retreat Star Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Sacramento, CA Sun 22 Sutra 175 Vikarin 5121
Dhanus Rasi: 28.56	Tithi 9	Gulika 2:47PM – 4:14PM	Uttarashadha Until 3:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:05AM
		Yama 11:53AM – 1:20PM	Athiganda* Until 9:55AM	Muruqa: Purple <i>Sunset:</i> 5:41PM
	683213463	Rahu 4:14PM – 5:41PM	Balava Until 10:14AM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 11:11PM	Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau		Sacramento, CA Sun 23 Sutra 176	
1		Gulika 1:19PM – 2:46PM	Shravana Until 6:45AM Tue	Ganesha: White <i>Sunrise:</i> 6:06AM	Vikarin 5121
Makara Rasi: 11.01	Tithi 10	Yama 10:26AM – 11:53AM	Sukarma Until 10:28AM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
Family Home Evening	693213463	Rahu 7:33AM – 8:59AM	Taitila Until 12:17PM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga				Moon – Purple	Devaloka Day
Until 6:45AM Tue		Vijaya Dasami	Dashami Until 1:25AM Tue	Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					


Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sacramento, CA Sun 24 Sutra 177	
2		Gulika 11:52AM – 1:19PM	Shravana Until 6:45AM	Ganesha: White <i>Sunrise:</i> 6:07AM	Vikarin 5121
Makara Rasi: 22.57	Tithi 11	Yama 9:00AM – 10:26AM	Dhriti Until 11:18AM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
	693213464	Rahu 2:45PM – 4:11PM	Vanija Until 2:40PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Purple	Sivaloka Day
			Ekadashi Until 3:55AM Wed	Ashvina+Puratasi	

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Sacramento, CA Sun 25 Sutra 178	
3		Gulika 10:26AM – 11:52AM	Dhanishtha Until 9:46AM	Ganesha: White <i>Sunrise:</i> 6:08AM	Vikarin 5121
Kumbha Rasi: 4.48	Tithi 12	Yama 7:34AM – 9:00AM	Shula* Until 12:13PM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
	693213464	Rahu 11:52AM – 1:18PM	Bava Until 5:13PM	Nataraja: Purple	4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple	Sivaloka Day
Until 9:46AM		Kadaitswami Mahasamadhi	Dvadashi Until 6:27AM Thu	Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sacramento, CA Sun 26 Sutra 179	
4		Gulika 9:00AM – 10:26AM	Shatabhishak Until 12:36PM	Ganesha: White <i>Sunrise:</i> 6:09AM	Vikarin 5121
Kumbha Rasi: 16.38	Tithi 12 – 13	Yama 6:09AM – 7:35AM	Ganda* Until 1:09PM	Muruqa: Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 25
	693213464	Rahu 1:17PM – 2:43PM	Kaulava Until 7:43PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Purple	Sivaloka Day
			Dvadashi Until 6:27AM	Ashvina+Puratasi	

Pradosha Vrata

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sacramento, CA Sun 27 Sutra 180	
5		Gulika 7:35AM – 9:01AM	Purvaproshtapada* Until 3:40PM	Ganesha: Blue <i>Sunrise:</i> 6:10AM	Vikarin 5121
Kumbha Rasi: 28.31	Tithi 13 – 14	Yama 2:42PM – 4:08PM	Vridhi Until 2:00PM	Muruqa: Purple <i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
	613213464	Rahu 10:26AM – 11:52AM	Gara Until 10:04PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Clear	Sivaloka Day
		Chidambaram Abhishekam	Trayodashi Until 8:53AM	Ashvina+Puratasi	

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sacramento, CA Sutra 181	
	Copper Retreat Star	Gulika 6:11AM – 7:36AM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue <i>Sunrise:</i> 6:11AM	Vikarin 5121
Meena Rasi: 10.28	Tithi 14 – 15	Yama 1:16PM – 2:41PM	Dhruva Until 2:40PM	Muruqa: Purple <i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
	613213464	Rahu 9:01AM – 10:26AM	Visti Until 12:11AM Sun	Nataraja: Purple	Purnima
Creative Work Siddha Yoga				Moon – Clear	Sivaloka Day
Until 6:21PM			Chaturdashi* Until 11:08AM	Ashvina+Puratasi	
Then Routine Work - Prabalarishta Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sacramento, CA Sutra 182	
Silver Retreat Star		Gulika 2:41PM – 4:05PM	Revati Until 8:38PM	Ganesha: Yellow <i>Sunrise:</i> 6:12AM	Vikarin 5121
Meena Rasi: 22.31	Tithi 15 – 16	Yama 11:51AM – 1:16PM	Vyaghata* Until 3:08PM	Muruqa: Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
	614213464	Rahu 4:05PM – 5:30PM	Balava Until 2:02AM Mon	Nataraja: Purple	Prathama
Creative Work Amrita Yoga				Moon – Clear	Subha Sivaloka Day
Until 8:38PM			Purnima* Until 1:07PM	Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 4.4 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:15PM – 2:40PM
Yama 10:26AM – 11:51AM
Rahu 7:37AM – 9:02AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 10:57PM
Harshana Until 3:25PM
Taitila Until 3:35AM Tue
Prathama* Until 2:50PM

Ganesha: White Sunrise: 6:13AM
Muruqa: Purple Sunset: 5:29PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Sacramento, CA
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

1

Tuesday, October 15, 2019

Mesha Rasi: 16.56 Tithi 17 – 18

Creative Work Siddha Yoga

Until 12:48AM Wed

Then Creative Work - Amrita Yoga

Gulika 11:51AM – 1:15PM
Yama 9:02AM – 10:26AM
Rahu 2:39PM – 4:03PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bharani Until 12:48AM Wed
Vajra* Until 3:25PM
Vanija Until 4:49AM Wed
Dvitiya Until 4:13PM

Ganesha: White Sunrise: 6:14AM
Muruqa: Purple Sunset: 5:27PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Sacramento, CA
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

2

Wednesday, October 16, 2019

Mesha Rasi: 29.22 Tithi 18 – 19

Creative Work Amrita Yoga

Until 2:09AM Thu

Then Routine Work - Marana Yoga

Gulika 10:27AM – 11:50AM
Yama 7:39AM – 9:03AM
Rahu 11:50AM – 1:14PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Krittika Until 2:09AM Thu
Siddhi Until 3:11PM
Bava Until 5:42AM Thu
Tritiya Until 5:17PM

Ganesha: White Sunrise: 6:15AM
Muruqa: Purple Sunset: 5:26PM

Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Sacramento, CA
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

3

Thursday, October 17, 2019

Vrishabha Rasi: 11.56 Tithi 19 – 20

Routine Work Marana Yoga

Until 3:27AM Fri

Then Creative Work - Siddha Yoga

Gulika 9:03AM – 10:27AM
Yama 6:16AM – 7:39AM
Rahu 1:14PM – 2:37PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rohini Until 3:27AM Fri
Vyatipata* Until 2:40PM
Kaulava Until 6:11AM Fri
Chaturthi* Until 5:58PM

Ganesha: White Sunrise: 6:16AM
Muruqa: Purple Sunset: 5:25PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Sacramento, CA
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

4

Friday, October 18, 2019

Vrishabha Rasi: 24.41 Tithi 20

Creative Work Siddha Yoga

Gulika 7:40AM – 9:03AM
Yama 2:37PM – 4:00PM
Rahu 10:27AM – 11:50AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Mrigashira Until 4:09AM Sat
Variyan Until 1:49PM
Kaulava Until 6:11AM
Panchami Until 6:14PM

Ganesha: White Sunrise: 6:17AM
Muruqa: Purple Sunset: 5:23PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Sacramento, CA
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

5

Saturday, October 19, 2019

Mithuna Rasi: 7.4 Tithi 21

Creative Work Siddha Yoga

Gulika 6:18AM – 7:41AM
Yama 1:13PM – 2:36PM
Rahu 9:04AM – 10:27AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Ardra Until 4:12AM Sun
Parigha* Until 12:36PM
Gara Until 6:13AM
Shashthi* Until 6:01PM

Ganesha: White Sunrise: 6:18AM
Muruqa: Purple Sunset: 5:22PM

Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Sacramento, CA
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

6

Sunday, October 20, 2019

Mithuna Rasi: 20.54 Tithi 22 – 23

Creative Work Siddha Yoga

Gulika 2:35PM – 3:58PM
Yama 11:50AM – 1:12PM
Rahu 3:58PM – 5:20PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Punarvasu Until 4:01AM Mon
Shiva Until 10:59AM
Balava Until 4:41AM Mon
Saptami Until 5:15PM

Ganesha: Clear Sunrise: 6:19AM
Muruqa: Purple Sunset: 5:20PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Sacramento, CA
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

D

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 4.27 Tithi 23 – 24

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:12PM – 2:34PM
Yama 10:27AM – 11:49AM
Rahu 7:42AM – 9:05AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pushya Until 3:07AM Tue
Siddha Until 8:54AM
Taitila Until 3:04AM Tue
Ashtami* Until 3:56PM

Ganesha: Clear Sunrise: 6:20AM
Muruqa: Purple Sunset: 5:19PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Sacramento, CA
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 18.21 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika 11:49AM – 1:11PM
Yama 9:05AM – 10:27AM
Rahu 2:34PM – 3:56PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Ashlesha* Until 1:32AM Wed
Sadhya Until 6:21AM
Vanija Until 12:55AM Wed
Navami* Until 2:02PM

Ganesha: Clear Sunrise: 6:21AM
Muruqa: Purple Sunset: 5:18PM

Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Sacramento, CA
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sacramento, CA	
Simha Rasi: 2.35	Tithi 25 – 26	654313464	Gulika 10:27AM – 11:49AM Yama 7:44AM – 9:06AM Rahu 11:49AM – 1:11PM	Magha* Until 11:45PM Sukla Until 12:02AM Thu Bava Until 10:16PM Dashami Until 11:38AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Red	<i>Sunrise:</i> 6:22AM <i>Sunset:</i> 5:16PM	Sun 9 Sutra 192 Vikarin 5121 Moon 10 - Phase 27 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 11:45PM Then Creative Work - Amrita Yoga				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Sacramento, CA	
Simha Rasi: 17.08	Tithi 26 – 27	654313464	Gulika 9:06AM – 10:28AM Yama 6:23AM – 7:44AM Rahu 1:11PM – 2:32PM	Purvaphalguni Until 9:27PM Brahma Until 8:22PM Kaulava Until 7:15PM Ekadashi* Until 8:47AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Red	<i>Sunrise:</i> 6:23AM <i>Sunset:</i> 5:15PM	Sun 10 Sutra 193 Vikarin 5121 Moon 10 - Phase 27 2nd Phase Sivaloka Day
Creative Work Siddha Yoga				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Sacramento, CA	
Kanya Rasi: 1.56	Tithi 28	655313464	Gulika 7:45AM – 9:06AM Yama 2:31PM – 3:53PM Rahu 10:28AM – 11:49AM	Uttaraphalguni Until 6:48PM Indra Until 4:31PM Gara Until 3:59PM Trayodashi* Until 2:17AM Sat <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Red	<i>Sunrise:</i> 6:24AM <i>Sunset:</i> 5:14PM	Sun 11 Sutra 194 Vikarin 5121 Moon 10 - Phase 27 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 6:48PM Then Creative Work - Amrita Yoga				Ashvina-Aipasi			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sacramento, CA	
Kanya Rasi: 16.53	Tithi 29	665313464	Gulika 6:25AM – 7:46AM Yama 1:10PM – 2:31PM Rahu 9:07AM – 10:28AM	Hasta Until 4:19PM Vaidhriti* Until 12:34PM Visti Until 12:37PM Chaturdashi* Until 10:55PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 5:13PM	Sun 12 Sutra 195 Vikarin 5121 Moon 10 - Phase 27 2nd Phase Subha Sivaloka Day
Routine Work Marana Yoga		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sacramento, CA	
Retreat Star							
Tula Rasi: 1.49	Tithi 30	665313464	Gulika 2:30PM – 3:51PM Yama 11:49AM – 1:09PM Rahu 3:51PM – 5:11PM	Chitra Until 1:48PM Vishkambha* Until 8:40AM Catuspada Until 9:18AM Amavasya* Until 7:42PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 6:26AM <i>Sunset:</i> 5:11PM	Sun 13 Sutra 196 Vikarin 5121 Moon 10 - Phase 27 Amavasya Subha Sivaloka Day
Creative Work Siddha Yoga		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Sacramento, CA	
Tula Rasi: 16.37	Tithi 1 – 2	665313464	Gulika 1:09PM – 2:29PM Yama 10:28AM – 11:49AM Rahu 7:47AM – 9:08AM	Svati Until 11:24AM Ayushman Until 1:32AM Tue Kintughna Until 6:12AM Prathama* Until 4:47PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 6:27AM <i>Sunset:</i> 5:10PM	Sun 14 Sutra 197 Vikarin 5121 Moon 10 - Phase 27 Prathama Subha Sivaloka Day
Creative Work Amrita Yoga Until 11:24AM Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sacramento, CA
	Wrischika Rasi: 1.07	Tithi 2 – 3	675313464	Gulika 11:49AM – 1:09PM Yama 9:08AM – 10:28AM Rahu 2:29PM – 3:49PM	Vishakha Until 9:42AM Saubhagya Until 10:34PM Taitila Until 1:22AM Wed Dvitiya Until 2:21PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Kartika•Aipasi	Sun 15 Sutra 198 Vikarin 5121 Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day
	Routine Work	Marana Yoga					
	Until 9:42AM						
Then Creative Work - Siddha Yoga							

2	Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sacramento, CA
	Wrischika Rasi: 15.13	Tithi 3 – 4	675313464	Gulika 10:29AM – 11:49AM Yama 7:49AM – 9:09AM Rahu 11:49AM – 1:08PM	Anuradha Until 8:29AM Sobhana Until 8:11PM Vanija Until 11:57PM Tritiya Until 12:33PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Kartika•Aipasi	Sun 16 Sutra 199 Vikarin 5121 Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day
	Creative Work	Siddha Yoga					

3	Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sacramento, CA
	Wrischika Rasi: 28.52	Tithi 4 – 5	675313464	Gulika 9:09AM – 10:29AM Yama 6:30AM – 7:50AM Rahu 1:08PM – 2:28PM	Jyeshtha* Until 7:51AM Athiganda* Until 6:24PM Bava Until 11:21PM Chaturthi* Until 11:31AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Kartika•Aipasi	Sun 17 Sutra 200 Vikarin 5121 Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day
	Routine Work	Prabalarishta Yoga					
	Until 7:51AM						
Then Creative Work - Siddha Yoga							

4	Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sacramento, CA
	Dhanus Rasi: 12.04	Tithi 5 – 6	685313464	Gulika 7:51AM – 9:10AM Yama 2:27PM – 3:46PM Rahu 10:29AM – 11:48AM	Mula* Until 8:20AM Sukarma Until 5:18PM Kaulava Until 11:37PM Panchami Until 11:21AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue Kartika•Aipasi	Sun 18 Sutra 201 Vikarin 5121 Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day
	Creative Work	Amrita Yoga		Skanda Shasthi			
	Until 8:20AM						
Then Routine Work - Prabalarishta Yoga							

5	Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sacramento, CA
	Dhanus Rasi: 24.49	Tithi 6 – 7	685313464	Gulika 6:32AM – 7:51AM Yama 1:07PM – 2:26PM Rahu 9:10AM – 10:29AM	Purvashadha* Until 9:31AM Dhriti Until 4:53PM Gara Until 12:42AM Sun Shashthi* Until 12:02PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue Kartika•Aipasi	Sun 19 Sutra 202 Vikarin 5121 Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 9:31AM						
Then Routine Work - Marana Yoga							

D	Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sacramento, CA
	Retreat Star		686313464	Gulika 2:26PM – 3:45PM Yama 11:48AM – 1:07PM Rahu 3:45PM – 5:03PM	Uttarashadha Until 11:16AM Shula* Until 4:59PM Visti Until 2:29AM Mon Saptami Until 1:30PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue Kartika•Aipasi	Sun 20 Sutra 203 Vikarin 5121 Moon 10 - Phase 28 Ashtami Subha Sivaloka Day
	Makara Rasi: 7.13	Tithi 7 – 8					
	Creative Work	Amrita Yoga					

D	Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sacramento, CA
	Retreat Star		696313464	Gulika 1:07PM – 2:25PM Yama 10:30AM – 11:48AM Rahu 7:53AM – 9:11AM	Shravana Until 1:57PM Ganda* Until 5:32PM Balava Until 4:45AM Tue Ashtami* Until 3:33PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple Kartika•Aipasi	Sun 21 Sutra 204 Vikarin 5121 Moon 10 - Phase 28 Navami Sivaloka Day
	Makara Rasi: 19.21	Tithi 8 – 9					
	Family Home Evening	Amrita Yoga					
Until 1:57PM							
Then Creative Work - Siddha Yoga							

1		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau	Sacramento, CA Sun 22 Sutra 205
Kumbha Rasi: 1.18	Tithi 9 – 10	696313464	Gulika 11:48AM – 1:07PM Yama 9:12AM – 10:30AM Rahu 2:25PM – 3:43PM	Dhanishtha Until 4:49PM Vriddhi Until 6:21PM Tailila Until 7:16AM Wed Navami* Until 5:58PM	Ganesha: Purple <i>Sunrise: 6:36AM</i> Muruqa: Purple <i>Sunset: 5:01PM</i> Nataraja: Purple Moon – Purple Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					
Until 4:49PM					
Then Routine Work - Marana Yoga					

2		Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau	Sacramento, CA Sun 23 Sutra 206
Kumbha Rasi: 13.1	Tithi 10	696313464	Gulika 10:31AM – 11:49AM Yama 7:55AM – 9:13AM Rahu 11:49AM – 1:06PM	Shatabhishak Until 7:39PM Dhruva Until 7:14PM Tailila Until 7:16AM Dashami Until 8:31PM	Ganesha: Purple <i>Sunrise: 6:37AM</i> Muruqa: Purple <i>Sunset: 5:00PM</i> Nataraja: Purple Moon – Purple Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					
Until 7:39PM					
Then Creative Work - Amrita Yoga					

3		Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau	Sacramento, CA Sun 24 Sutra 207
Kumbha Rasi: 25.01	Tithi 11	716313464	Gulika 9:13AM – 10:31AM Yama 6:38AM – 7:55AM Rahu 1:06PM – 2:24PM	Purvaproshtapada* Until 10:44PM Vyaghata* Until 8:04PM Vanija Until 9:47AM Ekadashi Until 10:58PM	Ganesha: Yellow <i>Sunrise: 6:38AM</i> Muruqa: Purple <i>Sunset: 4:59PM</i> Nataraja: Purple Moon – Clear Subha Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					

4		Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau	Sacramento, CA Sun 25 Sutra 208
Meena Rasi: 6.56	Tithi 12	716313464	Gulika 7:56AM – 9:14AM Yama 2:24PM – 3:41PM Rahu 10:31AM – 11:49AM	Uttaraproshtapada Until 1:25AM Sat Harshana Until 8:44PM Bava Until 12:08PM Dvadashi Until 1:11AM Sat	Ganesha: Yellow <i>Sunrise: 6:39AM</i> Muruqa: Purple <i>Sunset: 4:58PM</i> Nataraja: Purple Moon – Clear Subha Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					
Until 1:25AM Sat					
Then Routine Work - Prabalarishta Yoga					

5		Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Tailila Karana Trayodashyam Titau	Sacramento, CA Sun 26 Sutra 209
Meena Rasi: 18.58	Tithi 13	716313464	Gulika 6:40AM – 7:57AM Yama 1:06PM – 2:23PM Rahu 9:14AM – 10:32AM	Revati Until 3:37AM Sun Vajra* Until 9:08PM Kaulava Until 2:12PM Trayodashi Until 3:03AM Sun	Ganesha: Yellow <i>Sunrise: 6:40AM</i> Muruqa: Purple <i>Sunset: 4:58PM</i> Nataraja: Purple Moon – Clear Subha Sivaloka Day Kartika-Aipasi
Routine Work Prabalarishta Yoga					
Until 3:37AM Sun					
Then Creative Work - Siddha Yoga					

6		Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau	Sacramento, CA Sun 27 Sutra 210
Mesha Rasi: 1.07	Tithi 14	726313464	Gulika 2:23PM – 3:40PM Yama 11:49AM – 1:06PM Rahu 3:40PM – 4:57PM	Ashvini Until 5:45AM Mon Siddhi Until 9:15PM Gara Until 3:52PM Chaturdashi* Until 4:32AM Mon	Ganesha: White <i>Sunrise: 6:41AM</i> Muruqa: Purple <i>Sunset: 4:57PM</i> Nataraja: Purple Moon – White Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					

○		Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau	Sacramento, CA Sutra 211
Copper Retreat Star					
Mesha Rasi: 13.27	Tithi 15	727413464	Gulika 1:06PM – 2:22PM Yama 10:32AM – 11:49AM Rahu 7:59AM – 9:16AM	Bharani Until 7:19AM Tue Vyatipata* Until 9:03PM Visti Until 5:07PM Purnima* Until 5:34AM Tue	Ganesha: White <i>Sunrise: 6:42AM</i> Muruqa: Purple <i>Sunset: 4:56PM</i> Nataraja: Purple Moon – White Sivaloka Day Kartika-Aipasi
Family Home Evening					
Creative Work Siddha Yoga					

○		Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau	Sacramento, CA Sutra 212
Silver Retreat Star					
Mesha Rasi: 25.58	Tithi 16	727413464	Gulika 11:49AM – 1:06PM Yama 9:16AM – 10:33AM Rahu 2:22PM – 3:38PM	Bharani Until 7:19AM Variyan Until 8:30PM Balava Until 5:57PM Prathama* Until 6:11AM Wed	Ganesha: White <i>Sunrise: 6:43AM</i> Muruqa: Purple <i>Sunset: 4:55PM</i> Nataraja: Purple Moon – White Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sacramento, CA

Sutra 213

Vikarin 5121

Vrishabha Rasi: 8.4 Tithi 16 - 17

Gulika 10:33AM - 11:49AM
Yama 8:00AM - 9:17AM
Rahu 11:49AM - 1:05PM

Krittika Until 8:19AM

Parigha* Until 7:39PM

Taitila Until 6:22PM

Prathama* Until 6:11AM

Ganesha: White Sunrise: 6:44AM

Muruga: Purple Sunset: 4:54PM

Nataraja: Purple
Moon - White

Karttika-Aipasi

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 8:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sacramento, CA

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 21.34 Tithi 17 - 18

737413464

Gulika 9:17AM - 10:33AM
Yama 6:45AM - 8:01AM
Rahu 1:05PM - 2:21PM

Rohini Until 9:14AM

Shiva Until 6:31PM

Vanija Until 6:23PM

Dvitiya Until 6:24AM

Ganesha: Clear Sunrise: 6:45AM

Muruga: Purple Sunset: 4:53PM

Nataraja: Purple
Moon - Yellow

Karttika-Aipasi

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sacramento, CA

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 4.39 Tithi 18 - 19

737413464

Gulika 8:02AM - 9:18AM
Yama 2:21PM - 3:37PM
Rahu 10:34AM - 11:50AM

Mrigashira Until 9:38AM

Siddha Until 5:03PM

Bava Until 6:02PM

Tritiya Until 6:14AM

Ganesha: Clear Sunrise: 6:46AM

Muruga: Purple Sunset: 4:53PM

Nataraja: Purple
Moon - Yellow

Karttika-Aipasi

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Sacramento, CA

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 17.56 Tithi 20

737413464

Gulika 6:48AM - 8:03AM
Yama 1:05PM - 2:21PM
Rahu 9:19AM - 10:34AM

Ardra Until 9:32AM

Sadhya Until 3:19PM

Kaulava Until 5:20PM

Panchami Until 4:50AM Sun

Ganesha: Clear Sunrise: 6:48AM

Muruga: Purple Sunset: 4:52PM

Nataraja: Purple
Moon - Yellow

Karttika-Karttikai

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Sacramento, CA

Sun 4 Sutra 217

Vikarin 5121

Kataka Rasi: 1.24 Tithi 21

748413465

Gulika 2:21PM - 3:36PM
Yama 11:50AM - 1:05PM
Rahu 3:36PM - 4:51PM

Punarvasu Until 9:24AM

Subha Until 1:20PM

Gara Until 4:17PM

Shashthi* Until 3:37AM Mon

Ganesha: Clear Sunrise: 6:49AM

Muruga: Purple Sunset: 4:51PM

Nataraja: Clear
Moon - Blue

Karttika-Karttikai

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Sacramento, CA

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 15.04 Tithi 22

748413465

Gulika 1:05PM - 2:20PM
Yama 10:35AM - 11:50AM
Rahu 8:05AM - 9:20AM

Pushya Until 8:46AM

Sukla Until 11:03AM

Visti Until 2:53PM

Saptami Until 2:03AM Tue

Ganesha: Clear Sunrise: 6:50AM

Muruga: Purple Sunset: 4:51PM

Nataraja: Clear
Moon - Blue

Karttika-Karttikai

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Sacramento, CA

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 28.56 Tithi 23

748413465

Gulika 11:50AM - 1:05PM
Yama 9:21AM - 10:35AM
Rahu 2:20PM - 3:35PM

Ashlesha* Until 7:40AM

Brahma Until 8:31AM

Balava Until 1:10PM

Ashtami* Until 12:10AM Wed

Ganesha: Clear Sunrise: 6:51AM

Muruga: Purple Sunset: 4:50PM

Nataraja: Clear
Moon - Blue

Karttika-Karttikai

Moon 11 - Phase 30

Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Sacramento, CA

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 13 Tithi 24

758413465

Gulika 10:36AM - 11:51AM
Yama 8:07AM - 9:21AM
Rahu 11:51AM - 1:05PM

Magha* Until 6:32AM

Vaidhriti* Until 2:42AM Thu

Taitila Until 11:08AM

Navami* Until 9:59PM

Ganesha: White Sunrise: 6:52AM

Muruga: Purple Sunset: 4:49PM

Nataraja: Clear
Moon - Red

Karttika-Karttikai

Moon 11 - Phase 30

Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau	Sacramento, CA
Simha Rasi: 27.16	Tithi 25	Gulika 9:22AM – 10:36AM	Uttaraphalguni Until 3:03AM Fri	Ganesha: White <i>Sunrise:</i> 6:53AM	Sun 8 Sutra 221
		Yama 6:53AM – 8:07AM	Vishkambha* Until 11:29PM	Muruqa: Purple <i>Sunset:</i> 4:49PM	Vikarin 5121
	Amrita Yoga	Rahu 1:05PM – 2:20PM	Vanija Until 8:49AM	Nataraja: Clear	Moon 11 - Phase 31
			Dashami Until 7:33PM	Moon – Red	2nd Phase
				Karttika-Karttikai	Subha Sivaloka Day

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Sacramento, CA
Kanya Rasi: 11.41	Tithi 26 – 27	Gulika 8:08AM – 9:23AM	Hasta Until 1:16AM Sat	Ganesha: Yellow <i>Sunrise:</i> 6:54AM	Sun 9 Sutra 222
		Yama 2:20PM – 3:34PM	Priti Until 8:09PM	Muruqa: Purple <i>Sunset:</i> 4:48PM	Vikarin 5121
	768413465	Rahu 10:37AM – 11:51AM	Bava Until 6:17AM	Nataraja: Clear	Moon 11 - Phase 31
	Creative Work Amrita Yoga		Ekadashi* Until 4:57PM	Moon – Green	2nd Phase
	Until 1:16AM Sat			Karttika-Karttikai	Sivaloka Day
	Then Routine Work - Marana Yoga				

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Sacramento, CA
Kanya Rasi: 26.11	Tithi 27 – 28	Gulika 6:55AM – 8:09AM	Chitra Until 11:20PM	Ganesha: Yellow <i>Sunrise:</i> 6:55AM	Sun 10 Sutra 223
		Yama 1:05PM – 2:20PM	Ayushman Until 4:45PM	Muruqa: Purple <i>Sunset:</i> 4:48PM	Vikarin 5121
	768413465	Rahu 9:23AM – 10:37AM	Gara Until 12:59AM Sun	Nataraja: Clear	Moon 11 - Phase 31
	Routine Work Marana Yoga		Dvadashi* Until 2:17PM	Moon – Green	2nd Phase
	Until 11:20PM			Karttika-Karttikai	Sivaloka Day
	Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>		

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Sacramento, CA
Tula Rasi: 10.41	Tithi 28 – 29	Gulika 2:19PM – 3:33PM	Svati Until 9:21PM	Ganesha: Blue <i>Sunrise:</i> 6:56AM	Sun 11 Sutra 224
		Yama 11:52AM – 1:06PM	Saubhagya Until 1:25PM	Muruqa: Purple <i>Sunset:</i> 4:47PM	Vikarin 5121
	769413465	Rahu 3:33PM – 4:47PM	Visti Until 10:26PM	Nataraja: Clear	Moon 11 - Phase 31
	Creative Work Siddha Yoga		Trayodashi* Until 11:40AM	Moon – Green	2nd Phase
	Until 9:21PM			Karttika-Karttikai	Devaloka Day
	Then Routine Work - Marana Yoga				

●		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Sacramento, CA
Retreat Star		Gulika 1:06PM – 2:19PM	Vishakha Until 7:54PM	Ganesha: Blue <i>Sunrise:</i> 6:57AM	Sun 12 Sutra 225
Tula Rasi: 25.04	Tithi 29 – 30	Yama 10:38AM – 11:52AM	Sobhana Until 10:15AM	Muruqa: Purple <i>Sunset:</i> 4:47PM	Vikarin 5121
Family Home Evening	779413465	Rahu 8:11AM – 9:25AM	Catuspada Until 8:09PM	Nataraja: Clear	Moon 11 - Phase 31
	Routine Work Marana Yoga		Chaturdashi* Until 9:14AM	Moon – Orange	Amavasya
	Until 7:54PM			Karttika-Karttikai	Devaloka Day
	Then Creative Work - Siddha Yoga				

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sacramento, CA
Vrischika Rasi: 9.16	Tithi 30 – 1	Gulika 11:52AM – 1:06PM	Anuradha Until 6:42PM	Ganesha: Blue <i>Sunrise:</i> 6:58AM	Sun 13 Sutra 226
		Yama 9:25AM – 10:39AM	Athiganda* Until 7:20AM	Muruqa: Purple <i>Sunset:</i> 4:46PM	Vikarin 5121
	779413465	Rahu 2:19PM – 3:33PM	Kintughna Until 6:16PM	Nataraja: Clear	Moon 11 - Phase 31
	Creative Work Siddha Yoga		Amavasya* Until 7:08AM	Moon – Orange	Prathama
	Until 6:42PM			Margasira-Karttikai	Devaloka Day
	Then Routine Work - Marana Yoga				

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau	Sacramento, CA Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 23.09	Tithi 2	Gulika 10:39AM – 11:53AM	Jyeshtha* Until 5:53PM	Ganesha: Blue <i>Sunrise:</i> 6:59AM	
		Yama 8:13AM – 9:26AM	Dhriti Until 2:47AM Thu	Muruqa: Purple <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32
		779413465 Rahu 11:53AM – 1:06PM	Balava Until 4:55PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 4:29AM Thu	Margasira-Karttikai	Devaloka Day
Until 5:53PM					
Then Routine Work - Marana Yoga					

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau	Sacramento, CA Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 6.41	Tithi 3	Gulika 9:27AM – 10:40AM	Mula* Until 6:02PM	Ganesha: Blue <i>Sunrise:</i> 7:00AM	
		Yama 7:00AM – 8:13AM	Shula* Until 1:16AM Fri	Muruqa: Purple <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32
		789413465 Rahu 1:06PM – 2:19PM	Taitila Until 4:15PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 4:10AM Fri	Margasira-Karttikai	Devaloka Day

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau	Sacramento, CA Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 19.5	Tithi 4	Gulika 8:14AM – 9:27AM	Purvashadha* Until 6:45PM	Ganesha: Blue <i>Sunrise:</i> 7:01AM	
		Yama 2:19PM – 3:32PM	Ganda* Until 12:21AM Sat	Muruqa: Purple <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32
		789413465 Rahu 10:40AM – 11:53AM	Vanija Until 4:19PM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Chaturthi* Until 4:37AM Sat	Margasira-Karttikai	Devaloka Day
Until 6:45PM					
Then Routine Work - Marana Yoga					

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau	Sacramento, CA Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 3	Tithi 5	Gulika 7:02AM – 8:15AM	Uttarashadha Until 8:01PM	Ganesha: Blue <i>Sunrise:</i> 7:02AM	
		Yama 1:07PM – 2:19PM	Vriddhi Until 12:01AM Sun	Muruqa: Purple <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32
		789413465 Rahu 9:28AM – 10:41AM	Bava Until 5:08PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Panchami Until 5:47AM Sun	Margasira-Karttikai	Devaloka Day
Until 8:01PM					
Then Creative Work - Siddha Yoga					

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Kaulava Karana Shashthyam Titau	Sacramento, CA Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 15.02	Tithi 6	Gulika 2:20PM – 3:32PM	Shravana Until 10:16PM	Ganesha: Yellow <i>Sunrise:</i> 7:03AM	
		Yama 11:54AM – 1:07PM	Dhruva Until 12:09AM Mon	Muruqa: Purple <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32
		799413465 Rahu 3:32PM – 4:45PM	Kaulava Until 6:39PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 7:35AM Mon	Margasira-Karttikai	Sivaloka Day
Until 10:16PM					
Then Routine Work - Marana Yoga					

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Sacramento, CA Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 27.13	Tithi 6 – 7	Gulika 1:07PM – 2:20PM	Dhanishtha Until 12:51AM Tue	Ganesha: Clear <i>Sunrise:</i> 7:04AM	
Family Home Evening		Yama 10:42AM – 11:54AM	Vyaghata* Until 12:41AM Tue	Muruqa: Purple <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32
Creative Work Siddha Yoga		791413465 Rahu 8:17AM – 9:29AM	Gara Until 8:42PM	Nataraja: Clear	3rd Phase
Until 12:51AM Tue			Shashthi* Until 7:35AM	Margasira-Karttikai	Sivaloka Day
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Sacramento, CA Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 9.13	Tithi 7 – 8	Gulika 11:55AM – 1:07PM	Shatabhishak Until 3:33AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:05AM	
		Yama 9:30AM – 10:42AM	Harshana Until 1:27AM Wed	Muruqa: Purple <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32
		791413465 Rahu 2:20PM – 3:32PM	Visti Until 11:05PM	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 9:51AM	Margasira-Karttikai	Sivaloka Day
Until 3:33AM Wed					
Then Creative Work - Amrita Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Sacramento, CA Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 21.07	Tithi 8 – 9	Gulika 10:43AM – 11:55AM	Purvaproshtapada* Until 6:39AM Thu	Ganesha: Yellow <i>Sunrise:</i> 7:06AM	
		Yama 8:18AM – 9:31AM	Vajra* Until 2:15AM Thu	Muruqa: Purple <i>Sunset:</i> 4:45PM	Moon 11 - Phase 32
		711413465 Rahu 11:55AM – 1:08PM	Balava Until 1:36AM Thu	Nataraja: Clear	Navami
Creative Work Amrita Yoga			Ashtami* Until 12:19PM	Margasira-Karttikai	Sivaloka Day
Until 6:39AM Thu					
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Sacramento, CA
Meena Rasi: 3	Tithi 9 – 10	711413465	Gulika 9:31AM – 10:43AM Yama 7:07AM – 8:19AM Rahu 1:08PM – 2:20PM	Purvaproshtapada* Until 6:39AM Siddhi Until 2:59AM Fri Taitila Until 4:00AM Fri Navami* Until 2:48PM	Sun 22 Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:07AM Sunset: 4:44PM Sivaloka Day Margasira-Karttikai

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sacramento, CA
Meena Rasi: 14.56	Tithi 10 – 11	711413465	Gulika 8:20AM – 9:32AM Yama 2:20PM – 3:32PM Rahu 10:44AM – 11:56AM	Uttaraproshtapada Until 9:27AM Vyatipata* Until 3:31AM Sat Vanija Until 6:07AM Sat Dashami Until 5:05PM	Sun 23 Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:08AM Sunset: 4:44PM Sivaloka Day Margasira-Karttikai

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau	Sacramento, CA
Meena Rasi: 26.59	Tithi 11	711513465	Gulika 7:09AM – 8:21AM Yama 1:09PM – 2:20PM Rahu 9:33AM – 10:45AM	Revati Until 11:46AM Varyan Until 3:43AM Sun Vanija Until 6:07AM Ekadashi Until 6:59PM	Sun 24 Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga		Gita Jayanthi	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:09AM Sunset: 4:44PM Subha Sivaloka Day Margasira-Karttikai
Until 11:46AM					
Then Creative Work - Siddha Yoga					

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Sacramento, CA
Mesha Rasi: 9.13	Tithi 12	721513465	Gulika 2:21PM – 3:33PM Yama 11:57AM – 1:09PM Rahu 3:33PM – 4:44PM	Ashvini Until 1:59PM Parigha* Until 3:31AM Mon Bava Until 7:47AM Dvadashi Until 8:24PM	Sun 25 Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – White	Sunrise: 7:09AM Sunset: 4:44PM Sivaloka Day Margasira-Karttikai
Until 1:59PM					
Then Routine Work - Prabalarishta Yoga					

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sacramento, CA
Mesha Rasi: 21.4	Tithi 13	721513465	Gulika 1:09PM – 2:21PM Yama 10:46AM – 11:57AM Rahu 8:22AM – 9:34AM	Bharani Until 3:30PM Shiva Until 2:54AM Tue Kaulava Until 8:55AM Trayodashi Until 9:15PM	Sun 26 Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening				Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – White	Sunrise: 7:10AM Sunset: 4:45PM Sivaloka Day Margasira-Karttikai
Creative Work	Siddha Yoga				
Until 3:30PM					
Then Routine Work - Marana Yoga					<i>Pradosha Vrata</i>

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	Sacramento, CA
Vrishabha Rasi: 4.22	Tithi 14	721513465	Gulika 11:58AM – 1:10PM Yama 9:35AM – 10:46AM Rahu 2:21PM – 3:33PM	Krittika Until 4:18PM Siddha Until 1:49AM Wed Gara Until 9:29AM Chaturdashi* Until 9:31PM	Sun 27 Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga		Krittika Deepam	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – White	Sunrise: 7:11AM Sunset: 4:45PM Sivaloka Day Margasira-Karttikai
Until 4:18PM					
Then Creative Work - Amrita Yoga					

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	Sacramento, CA
Copper Retreat Star			Gulika 10:47AM – 11:58AM Yama 8:24AM – 9:35AM Rahu 11:58AM – 1:10PM	Rohini Until 4:52PM Sadhya Until 12:20AM Thu Visti Until 9:28AM Purnima* Until 9:14PM	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 17.21	Tithi 15	731523465		Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:12AM Sunset: 4:45PM Sivaloka Day Margasira-Karttikai
Creative Work	Siddha Yoga				

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Sacramento, CA
Mithuna Rasi: 0.37	Tithi 16	732523465	Gulika 9:36AM – 10:47AM Yama 7:13AM – 8:24AM Rahu 1:10PM – 2:22PM	Mrigashira Until 4:48PM Subha Until 10:28PM Balava Until 8:55AM Prathama* Until 8:27PM	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work	Marana Yoga			Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:13AM Sunset: 4:45PM Devaloka Day Margasira-Karttikai

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Sacramento, CA

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 14.07 Tithi 17

732523465

Gulika 8:25AM - 9:36AM

Yama 2:22PM - 3:34PM

Rahu 10:48AM - 11:59AM

Ardra Until 4:09PM

Sukla Until 8:15PM

Taitila Until 7:56AM

Dvitiya Until 7:16PM

Ganesha: Clear Sunrise: 7:13AM

Muruqa: Clear Sunset: 4:45PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau

Sacramento, CA

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 27.51 Tithi 18 - 19

742523465

Gulika 7:14AM - 8:26AM

Yama 1:11PM - 2:23PM

Rahu 9:37AM - 10:48AM

Punarvasu Until 3:29PM

Brahma Until 5:49PM

Vanija Until 6:34AM

Tritiya Until 5:45PM

Ganesha: Purple Sunrise: 7:14AM

Muruqa: Clear Sunset: 4:45PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sacramento, CA

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 11.45 Tithi 19 - 20

742523465

Gulika 2:23PM - 3:34PM

Yama 12:00PM - 1:12PM

Rahu 3:34PM - 4:46PM

Pushya Until 2:25PM

Indra Until 3:11PM

Kaulava Until 3:04AM Mon

Chaturthi* Until 4:00PM

Ganesha: Purple Sunrise: 7:15AM

Muruqa: Clear Sunset: 4:46PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Sacramento, CA

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 25.47 Tithi 20 - 21

842523465

Gulika 1:12PM - 2:23PM

Yama 10:49AM - 12:01PM

Rahu 8:27AM - 9:38AM

Ashlesha* Until 1:02PM

Vaidhrili* Until 12:24PM

Gara Until 1:06AM Tue

Panchami Until 2:04PM

Ganesha: Clear Sunrise: 7:16AM

Muruqa: Clear Sunset: 4:46PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Creative Work Siddha Yoga

Until 1:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Sacramento, CA

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 9.53 Tithi 21 - 22

852523465

Gulika 12:01PM - 1:13PM

Yama 9:39AM - 10:50AM

Rahu 2:24PM - 3:35PM

Magha* Until 11:50AM

Vishkambha* Until 9:33AM

Visti Until 11:02PM

Shashthi* Until 12:03PM

Ganesha: Purple Sunrise: 7:16AM

Muruqa: Clear Sunset: 4:46PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Sacramento, CA

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 24.02 Tithi 22 - 23

852523465

Gulika 10:51AM - 12:02PM

Yama 8:28AM - 9:39AM

Rahu 12:02PM - 1:13PM

Purvaphalguni Until 10:27AM

Priti Until 6:40AM

Balava Until 8:57PM

Saptami Until 9:59AM

Ganesha: Purple Sunrise: 7:17AM

Muruqa: Clear Sunset: 4:47PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sacramento, CA

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 8.11 Tithi 23 - 24

852523465

Gulika 9:40AM - 10:51AM

Yama 7:17AM - 8:29AM

Rahu 1:13PM - 2:25PM

Uttaraphalguni Until 8:55AM

Saubhagya Until 12:50AM Fri

Taitila Until 6:53PM

Ashtami* Until 7:54AM

Ganesha: Purple Sunrise: 7:17AM

Muruqa: Clear Sunset: 4:47PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 8:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Sacramento, CA Sun 8 Sutra 250	
Kanya Rasi: 22.2	Tithi 25	862523465	Gulika 8:29AM – 9:40AM Yama 2:25PM – 3:36PM Rahu 10:52AM – 12:03PM	Hasta Until 7:41AM Sobhana Until 9:59PM Vanija Until 4:51PM Dashami Until 3:51AM Sat	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:18AM Sunset: 4:48PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 7:41AM Then Creative Work - Siddha Yoga							

2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Sacramento, CA Sun 9 Sutra 251	
Tula Rasi: 6.26	Tithi 26	862523465	Gulika 7:18AM – 8:30AM Yama 1:14PM – 2:26PM Rahu 9:41AM – 10:52AM	Chitra Until 6:22AM Athiganda* Until 7:12PM Bava Until 2:54PM Ekadashi* Until 1:58AM Sun	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:18AM Sunset: 4:48PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase Devaloka Day
Routine Work Marana Yoga Until 6:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati		Margasira*Markali			

3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sacramento, CA Sun 10 Sutra 252	
Tula Rasi: 20.28	Tithi 27	872523465	Gulika 2:26PM – 3:37PM Yama 12:04PM – 1:15PM Rahu 3:37PM – 4:49PM	Vishakha Until 4:13AM Mon Sukarma Until 4:33PM Kaulava Until 1:07PM Dvadashi* Until 12:17AM Mon	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:19AM Sunset: 4:49PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 4:13AM Mon Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Margasira*Markali			

4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Sacramento, CA Sun 11 Sutra 253	
Vrischika Rasi: 4.21	Tithi 28	872523465	Gulika 1:15PM – 2:27PM Yama 10:53AM – 12:04PM Rahu 8:31AM – 9:42AM	Anuradha Until 3:31AM Tue Dhriti Until 2:07PM Gara Until 11:34AM Trayodashi* Until 10:52PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:19AM Sunset: 4:49PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Family Home Evening Creative Work Siddha Yoga Until 3:31AM Tue Then Routine Work - Marana Yoga		Day 3 of Pancha Ganapati		Margasira*Markali			

5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sacramento, CA Sun 12 Sutra 254	
Vrischika Rasi: 18.04	Tithi 29	872523465	Gulika 12:05PM – 1:16PM Yama 9:42AM – 10:54AM Rahu 2:27PM – 3:38PM	Jyeshtha* Until 3:02AM Wed Shula* Until 11:54AM Visti Until 10:19AM Chaturdashi* Until 9:49PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:20AM Sunset: 4:50PM	Vikarin 5121 Moon 12 - Phase 35 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga		Day 4 of Pancha Ganapati		Margasira*Markali			

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sacramento, CA Sun 13 Sutra 255			
Retreat Star		Dhanus Rasi: 1.34 Tithi 30		883523465	Gulika 10:54AM – 12:05PM Yama 8:32AM – 9:43AM Rahu 12:05PM – 1:17PM	Mula* Until 3:19AM Thu Ganda* Until 10:02AM Catuspada Until 9:29AM Amavasya* Until 9:14PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 7:20AM Sunset: 4:50PM	Vikarin 5121 Moon 12 - Phase 35 Amavasya Devaloka Day
Routine Work Marana Yoga Until 3:19AM Thu Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati		Margasira*Markali					

Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Sacramento, CA Sun 14 Sutra 256	
Dhanus Rasi: 14.47	Tithi 1	883523466	Gulika 9:43AM – 10:55AM Yama 7:21AM – 8:32AM Rahu 1:17PM – 2:28PM	Purvashadha* Until 3:59AM Fri Vridhhi Until 8:34AM Kintughna Until 9:09AM Prathama* Until 9:10PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 7:21AM Sunset: 4:51PM	Vikarin 5121 Moon 12 - Phase 35 Prathama Devaloka Day
Creative Work Siddha Yoga Until 3:59AM Fri Then Routine Work - Marana Yoga		Annular Solar Eclipse		Pausha*Markali			

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sacramento, CA Sun 15 Sutra 257 Vikarin 5121	
Dhanus Rasi: 27.44	Tithi 2	Gulika 8:32AM – 9:44AM	Uttarashadha Until 5:04AM Sat	Ganesha: Orange	<i>Sunrise:</i> 7:21AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 36 3rd Phase	
Routine Work	Marana Yoga	Yama 2:29PM – 3:40PM	Dhruva Until 7:31AM	Nataraja: Orange		Devaloka Day			
Until 5:04AM Sat		Rahu 10:55AM – 12:06PM	Balava Until 9:22AM	Moon – Light Blue		Pausha-Markali			
Then Creative Work - Siddha Yoga			Dvitiya Until 9:42PM						

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Sacramento, CA Sun 16 Sutra 258 Vikarin 5121	
Makara Rasi: 10.23	Tithi 3	Gulika 7:21AM – 8:33AM	Shravana Until 7:02AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:21AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 36 3rd Phase	
Creative Work	Siddha Yoga	Yama 1:18PM – 2:30PM	Vyaghata* Until 6:56AM	Nataraja: Orange		Devaloka Day			
Until 7:02AM Sun		Rahu 9:44AM – 10:55AM	Taitila Until 10:12AM	Moon – Purple		Pausha-Markali			
Then Routine Work - Marana Yoga			Tritiya Until 10:49PM						

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sacramento, CA Sun 17 Sutra 259 Vikarin 5121	
Makara Rasi: 22.47	Tithi 4	Gulika 2:30PM – 3:42PM	Shravana Until 7:02AM	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 36 3rd Phase	
Creative Work	Amrita Yoga	Yama 12:07PM – 1:19PM	Harshana Until 6:48AM	Nataraja: Orange		Devaloka Day			
Until 7:02AM		Rahu 3:42PM – 4:53PM	Vanija Until 11:37AM	Moon – Purple		Pausha-Markali			
Then Routine Work - Marana Yoga			Chaturthi* Until 12:29AM Mon						

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Sacramento, CA Sun 18 Sutra 260 Vikarin 5121	
Kumbha Rasi: 4.59	Tithi 5	Gulika 1:19PM – 2:31PM	Dhanishtha Until 9:20AM	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 36 3rd Phase	
Family Home Evening		Yama 10:56AM – 12:08PM	Vajra* Until 7:03AM	Nataraja: Orange		Devaloka Day			
Creative Work	Siddha Yoga	Rahu 8:33AM – 9:45AM	Bava Until 1:31PM	Moon – Purple		Pausha-Markali			
			Panchami Until 2:36AM Tue						

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sacramento, CA Sun 19 Sutra 261 Vikarin 5121	
Kumbha Rasi: 17	Tithi 6	Gulika 12:08PM – 1:20PM	Shatabhishak Until 11:50AM	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 36 3rd Phase	
Routine Work	Marana Yoga	Yama 9:45AM – 10:57AM	Siddhi Until 7:36AM	Nataraja: Orange		Devaloka Day			
		Rahu 2:31PM – 3:43PM	Kaulava Until 3:48PM	Moon – Purple		Pausha-Markali			
			Shashthi* Until 5:01AM Wed						

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Gara Karana Saptamyam Titau				Sacramento, CA Sun 20 Sutra 264 Vikarin 5121	
Kumbha Rasi: 28.55	Tithi 7	Gulika 10:58AM – 12:09PM	Purvaproshtapada* Until 2:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36 3rd Phase	
Creative Work	Amrita Yoga	Yama 8:34AM – 9:46AM	Vyatipata* Until 8:21AM	Nataraja: Orange		Bhuloka Day			
Until 2:54PM		Rahu 12:09PM – 1:21PM	Gara Until 6:17PM	Moon – Clear		Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga			Saptami Until 7:31AM Thu						
		Vinayaga Viratam Ends							

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sacramento, CA Sun 21 Sutra 263 Vikarin 5121	
Meena Rasi: 10.48	Tithi 7 – 8	Gulika 9:46AM – 10:58AM	Uttaraproshtapada Until 5:48PM	Ganesha: Blue	<i>Sunrise:</i> 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 36 Ashtami	
Creative Work	Siddha Yoga	Yama 7:22AM – 8:34AM	Variyan Until 9:08AM	Nataraja: Orange		Bhuloka Day			
		Rahu 1:22PM – 2:33PM	Visti Until 8:46PM	Moon – Clear		Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
			Saptami Until 7:31AM						

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sacramento, CA Sun 22 Sutra 264 Vikarin 5121	
Meena Rasi: 22.43	Tithi 8 – 9	Gulika 8:34AM – 9:46AM	Revati Until 8:23PM	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 36 Navami	
Creative Work	Siddha Yoga	Yama 2:34PM – 3:46PM	Parigha* Until 9:51AM	Nataraja: Orange		Bhuloka Day			
Until 8:23PM		Rahu 10:58AM – 12:10PM	Balava Until 11:02PM	Moon – Clear		Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga			Ashtami* Until 9:55AM						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sacramento, CA
	Mesha Rasi: 4.44	Tithi 9 – 10	823623466	Gulika 7:23AM – 8:35AM Yama 1:23PM – 2:35PM Rahu 9:47AM – 10:59AM	Ashvini Until 10:54PM Shiva Until 10:21AM Taitila Until 12:54AM Sun Navami* Until 12:01PM	Ganesha: Yellow <i>Sunrise:</i> 7:23AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Orange Moon – White Pausha-Markali	Sun 23 Sutra 265 Vikarin 5121 Moon 12 - Phase 37 4th Phase Devaloka Day
	Creative Work	Siddha Yoga					

2	Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sacramento, CA
	Mesha Rasi: 16.57	Tithi 10 – 11	823623466	Gulika 2:35PM – 3:47PM Yama 12:11PM – 1:23PM Rahu 3:47PM – 5:00PM	Bharani Until 12:44AM Mon Siddha Until 10:27AM Vanija Until 2:11AM Mon Dashami Until 1:36PM	Ganesha: Yellow <i>Sunrise:</i> 7:23AM Muruqa: Clear <i>Sunset:</i> 5:00PM Nataraja: Orange Moon – White Pausha-Markali	Sun 24 Sutra 266 Vikarin 5121 Moon 12 - Phase 37 4th Phase Devaloka Day
	Routine Work	Prabalarishta Yoga					
	Until 12:44AM Mon			Subramuniyaswami Jayanti			

3	Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sacramento, CA
	Mesha Rasi: 29.25	Tithi 11 – 12	823623466	Gulika 1:24PM – 2:36PM Yama 10:59AM – 12:12PM Rahu 8:35AM – 9:47AM	Krittika Until 1:45AM Tue Sadhya Until 10:06AM Bava Until 2:47AM Tue Ekadashi Until 2:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:23AM Muruqa: Clear <i>Sunset:</i> 5:00PM Nataraja: Orange Moon – White Pausha-Markali	Sun 25 Sutra 267 Vikarin 5121 Moon 12 - Phase 37 4th Phase Devaloka Day
	Family Home Evening	Marana Yoga					
	Until 1:45AM Tue						

4	Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sacramento, CA
	Virshabha Rasi: 12.11	Tithi 12 – 13	833623466	Gulika 12:12PM – 1:24PM Yama 9:47AM – 11:00AM Rahu 2:37PM – 3:49PM	Rohini Until 2:22AM Wed Subha Until 9:13AM Kaulava Until 2:38AM Wed Dvadashi Until 2:47PM	Ganesha: White <i>Sunrise:</i> 7:22AM Muruqa: Clear <i>Sunset:</i> 5:01PM Nataraja: Orange Moon – Yellow Pausha-Markali	Sun 26 Sutra 268 Vikarin 5121 Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga					
	Until 2:22AM Wed				Pradosha Vrata		

5	Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sacramento, CA
	Virshabha Rasi: 25.2	Tithi 13 – 14	833623466	Gulika 11:00AM – 12:12PM Yama 8:35AM – 9:47AM Rahu 12:12PM – 1:25PM	Mrigashira Until 2:09AM Thu Sukla Until 7:44AM Gara Until 1:48AM Thu Trayodashi Until 2:17PM	Ganesha: White <i>Sunrise:</i> 7:22AM Muruqa: Clear <i>Sunset:</i> 5:02PM Nataraja: Orange Moon – Yellow Pausha-Markali	Sun 27 Sutra 269 Vikarin 5121 Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					
	Until 2:09AM Thu						

	Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sacramento, CA
	Mithuna Rasi: 8.51	Tithi 14 – 15	834623466	Gulika 9:47AM – 11:00AM Yama 7:22AM – 8:35AM Rahu 1:25PM – 2:38PM	Ardra Until 1:10AM Fri Indra Until 3:16AM Fri Visti Until 12:19AM Fri Chaturdashi* Until 1:07PM	Ganesha: Yellow <i>Sunrise:</i> 7:22AM Muruqa: Clear <i>Sunset:</i> 5:03PM Nataraja: Orange Moon – Yellow Pausha-Markali	Sutra 270 Vikarin 5121 Moon 12 - Phase 37 Purnima Devaloka Day
	Routine Work	Marana Yoga					
	Until 1:10AM Fri			Ardra Darshanam			

6	Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sacramento, CA
	Mithuna Rasi: 22.43	Tithi 15 – 16	844623466	Gulika 8:35AM – 9:48AM Yama 2:39PM – 3:52PM Rahu 11:00AM – 12:13PM	Punarvasu Until 11:59PM Vaidhriti* Until 12:22AM Sat Balava Until 10:20PM Purnima* Until 11:22AM	Ganesha: White <i>Sunrise:</i> 7:22AM Muruqa: Clear <i>Sunset:</i> 5:04PM Nataraja: Orange Moon – Blue Pausha-Markali	Sutra 271 Vikarin 5121 Moon 12 - Phase 37 Prathama Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 11:59PM			Penumbra Lunar Eclipse			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Saturday, January 11, 2020
Gold Retreat Star

Kataka Rasi: 6.54 Titthi 16 – 17

844623466

Creative Work Siddha Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:22AM – 8:35AM
Yama 1:27PM – 2:39PM
Rahu 9:48AM – 11:01AM

Pushya Until 10:17PM
Vishkambha* Until 9:12PM
Taitila Until 7:58PM
Prathama* Until 9:10AM

Ganesha: White *Sunrise:* 7:22AM
Muruqa: Clear *Sunset:* 5:05PM
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sivaloka Day

Sacramento, CA
Sutra 272
Vikarin 5121
Moon 1 - Phase 38
1st Phase

1

Sunday, January 12, 2020

Kataka Rasi: 21.19 Titthi 17 – 18

844623466

Creative Work Siddha Yoga

Until 8:13PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Gara/Visli* Karana Dvitiya/Tritiyayam Titau

Gulika 2:40PM – 3:53PM
Yama 12:14PM – 1:27PM
Rahu 3:53PM – 5:06PM

Ashlesha* Until 8:13PM
Priti Until 5:51PM
Visti Until 3:59AM Mon
Dvitiya Until 6:40AM

Ganesha: White *Sunrise:* 7:22AM
Muruqa: Clear *Sunset:* 5:06PM
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sivaloka Day

Sacramento, CA
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

2

Monday, January 13, 2020

Simha Rasi: 5.5 Titthi 19

854623466

Family Home Evening

Routine Work Marana Yoga

Until 6:21PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 1:28PM – 2:41PM
Yama 11:01AM – 12:14PM
Rahu 8:35AM – 9:48AM

Magha* Until 6:21PM
Ayushman Until 2:24PM
Bava Until 2:39PM
Chaturthi* Until 1:16AM Tue

Ganesha: Clear *Sunrise:* 7:21AM
Muruqa: Clear *Sunset:* 5:07PM
Nataraja: Orange
Moon – Red
Pausha-Markali

Devaloka Day

Sacramento, CA
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

3

Tuesday, January 14, 2020

Simha Rasi: 20.23 Titthi 20

854623466

Creative Work Siddha Yoga

Until 4:23PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:15PM – 1:28PM
Yama 9:48AM – 11:01AM
Rahu 2:42PM – 3:55PM

Purvaphalguni Until 4:23PM
Saubhagya Until 10:58AM
Kaulava Until 11:57AM
Panchami Until 10:38PM

Ganesha: Clear *Sunrise:* 7:21AM
Muruqa: Clear *Sunset:* 5:08PM
Nataraja: Orange
Moon – Red
Pausha-Thai

Devaloka Day

Sacramento, CA
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

4

Wednesday, January 15, 2020

Kanya Rasi: 4.51 Titthi 21

854623466

Creative Work Amrita Yoga

Until 2:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:01AM – 12:15PM
Yama 8:34AM – 9:48AM
Rahu 12:15PM – 1:29PM

Uttaraphalguni Until 2:26PM
Sobhana Until 7:40AM
Gara Until 9:24AM
Shashthi* Until 8:11PM

Ganesha: Clear *Sunrise:* 7:21AM
Muruqa: Clear *Sunset:* 5:09PM
Nataraja: Orange
Moon – Red
Pausha-Thai

Devaloka Day

Sacramento, CA
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

5

Thursday, January 16, 2020

Kanya Rasi: 19.11 Titthi 22 – 23

864623466

Routine Work Marana Yoga

Until 1:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:48AM – 11:02AM
Yama 7:20AM – 8:34AM
Rahu 1:29PM – 2:43PM

Hasta Until 1:00PM
Sukarma Until 1:35AM Fri
Visti Until 7:04AM
Saptami Until 5:59PM

Ganesha: Purple *Sunrise:* 7:20AM
Muruqa: Clear *Sunset:* 5:11PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

Sacramento, CA
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

D

Friday, January 17, 2020

Retreat Star

Tula Rasi: 3.19 Titthi 23 – 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:34AM – 9:48AM
Yama 2:44PM – 3:58PM
Rahu 11:02AM – 12:16PM

Chitra Until 11:43AM
Dhriti Until 10:56PM
Taitila Until 3:19AM Sat
Ashtami* Until 4:06PM

Ganesha: Purple *Sunrise:* 7:20AM
Muruqa: Clear *Sunset:* 5:12PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

Sacramento, CA
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 17.14 Titthi 24 – 25

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:19AM – 8:34AM
Yama 1:30PM – 2:44PM
Rahu 9:48AM – 11:02AM

Svati Until 10:39AM
Shula* Until 8:33PM
Vanija Until 1:58AM Sun
Navami* Until 2:35PM

Ganesha: Purple *Sunrise:* 7:19AM
Muruqa: Clear *Sunset:* 5:13PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day


Sacramento, CA
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami


1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sacramento, CA
	Wrischika Rasi: 0.56	Tithi 25 – 26	874623466	Gulika 2:45PM – 3:59PM	Vishakha Until 10:14AM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange	Sun 8 Sutra 280 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 12:16PM – 1:31PM	Ganda* Until 6:30PM Bava Until 1:01AM Mon	Sunrise: 7:19AM Sunset: 5:14PM	Devaloka Day
				Rahu 3:59PM – 5:14PM	Dashami Until 1:26PM	Pausha*Thai	

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sacramento, CA
	Wrischika Rasi: 14.25	Tithi 26 – 27	874623466	Gulika 1:31PM – 2:46PM	Anuradha Until 10:02AM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange	Sun 9 Sutra 281 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Family Home Evening			Yama 11:02AM – 12:17PM	Vriddhi Until 4:45PM Kaulava Until 12:27AM Tue	Sunrise: 7:18AM Sunset: 5:15PM	Devaloka Day
	Creative Work	Siddha Yoga		Rahu 8:33AM – 9:48AM	Ekadashi* Until 12:40PM	Pausha*Thai	

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sacramento, CA
	Wrischika Rasi: 27.4	Tithi 27 – 28	875623466	Gulika 12:17PM – 1:32PM	Jyeshtha* Until 10:05AM	Ganesha: Purple Muruqa: Clear Nataraja: Orange Moon – Orange	Sun 10 Sutra 282 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 9:47AM – 11:02AM	Dhruva Until 3:17PM Gara Until 12:18AM Wed	Sunrise: 7:18AM Sunset: 5:16PM	Bhuloka Day
	Until 10:05AM			Rahu 2:46PM – 4:01PM	Dvadashi* Until 12:18PM	Pausha*Thai	Devaloka Time: 3:PM to 6:PM

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sacramento, CA
	Dhanus Rasi: 10.43	Tithi 28 – 29	885623466	Gulika 11:02AM – 12:17PM	Mula* Until 10:51AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sun 11 Sutra 283 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 8:32AM – 9:47AM	Vyaghata* Until 2:10PM Visti Until 12:34AM Thu	Sunrise: 7:17AM Sunset: 5:17PM	Bhuloka Day
	Until 10:51AM			Rahu 12:17PM – 1:32PM	Trayodashi* Until 12:21PM	Pausha*Thai	Devaloka Time: 3:PM to 6:PM

	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sacramento, CA
	Retreat Star			Gulika 9:47AM – 11:02AM	Purvashadha* Until 11:51AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sun 12 Sutra 284 Vikarin 5121 Moon 1 - Phase 39 Amavasya
	Dhanus Rasi: 23.33	Tithi 29 – 30	885623466	Yama 7:17AM – 8:32AM	Harshana Until 1:23PM Catuspada Until 1:15AM Fri	Sunrise: 7:17AM Sunset: 5:18PM	Bhuloka Day
	Creative Work	Siddha Yoga		Rahu 1:33PM – 2:48PM	Chaturdashi* Until 12:50PM	Pausha*Thai	Devaloka Time: 3:PM to 6:PM

	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sacramento, CA
	Retreat Star			Gulika 8:31AM – 9:47AM	Uttarashadha Until 1:07PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sun 13 Sutra 285 Vikarin 5121 Moon 1 - Phase 39 Prathama
	Makara Rasi: 6.11	Tithi 30 – 1	885623466	Yama 2:49PM – 4:04PM	Vajra* Until 12:54PM Kintughna Until 2:23AM Sat	Sunrise: 7:16AM Sunset: 5:19PM	Bhuloka Day
	Routine Work	Marana Yoga		Rahu 11:02AM – 12:18PM	Amavasya* Until 1:44PM	Magha*Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austeriy, faith, truth, chastity and the law. Atharva Veda

1	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sacramento, CA
	Makara Rasi: 18.38	Tithi 1 – 2	995623466	Gulika 7:15AM – 8:31AM Yama 1:34PM – 2:49PM Rahu 9:47AM – 11:02AM	Shravana Until 3:08PM Siddhi Until 12:46PM Balava Until 3:56AM Sun Prathama* Until 3:05PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 14 Sutra 286 Vikarin 5121 Moon 1 - Phase 40 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

2	Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sacramento, CA
	Kumbha Rasi: 0.55	Tithi 2 – 3	995723466	Gulika 2:50PM – 4:06PM Yama 12:18PM – 1:34PM Rahu 4:06PM – 5:22PM	Dhanishtha Until 5:21PM Vyatipata* Until 12:57PM Taitila Until 5:52AM Mon Dvitiya Until 4:50PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 15 Sutra 287 Vikarin 5121 Moon 1 - Phase 40 3rd Phase Devaloka Day
	Routine Work	Marana Yoga					
	Until 5:21PM	Then Creative Work - Siddha Yoga					

3	Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Gara Karana Tritiyayam Titau				Sacramento, CA
	Kumbha Rasi: 13.01	Tithi 3	995723466	Gulika 1:34PM – 2:51PM Yama 11:02AM – 12:18PM Rahu 8:30AM – 9:46AM	Shatabhishak Until 7:45PM Variyan Until 1:23PM Gara Until 6:56PM Tritiya Until 6:56PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 16 Sutra 288 Vikarin 5121 Moon 1 - Phase 40 3rd Phase Devaloka Day
	Family Home Evening	Creative Work	Siddha Yoga				
	Until 7:45PM	Then Routine Work - Marana Yoga					

4	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Sacramento, CA
	Kumbha Rasi: 25.01	Tithi 4	915723466	Gulika 12:18PM – 1:35PM Yama 9:46AM – 11:02AM Rahu 2:51PM – 4:08PM	Purvaproshtapada* Until 10:44PM Parigha* Until 2:02PM Vanija Until 8:06AM Chaturthi* Until 9:18PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 17 Sutra 289 Vikarin 5121 Moon 1 - Phase 40 3rd Phase Sivaloka Day
	Routine Work	Marana Yoga					
	Until 10:44PM	Then Creative Work - Amrita Yoga					

5	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Sacramento, CA
	Meena Rasi: 6.55	Tithi 5	915723466	Gulika 11:02AM – 12:19PM Yama 8:29AM – 9:45AM Rahu 12:19PM – 1:35PM	Uttaraproshtapada Until 1:41AM Thu Shiva Until 2:51PM Bava Until 10:34AM Panchami Until 11:49PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 18 Sutra 290 Vikarin 5121 Moon 1 - Phase 40 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					

6	Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Sacramento, CA
	Meena Rasi: 18.47	Tithi 6	916723466	Gulika 9:45AM – 11:02AM Yama 7:11AM – 8:28AM Rahu 1:36PM – 2:52PM	Revati Until 4:26AM Fri Siddha Until 3:40PM Kaulava Until 1:06PM Shashthi* Until 2:19AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 19 Sutra 291 Vikarin 5121 Moon 1 - Phase 40 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					
	Until 4:26AM Fri	Then Creative Work - Amrita Yoga					

Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Sacramento, CA
Retreat Star		926723466	Gulika 8:28AM – 9:45AM Yama 2:53PM – 4:10PM Rahu 11:02AM – 12:19PM	Ashvini Until 7:20AM Sat Sadhya Until 4:25PM Gara Until 3:32PM Saptami Until 4:38AM Sat	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sun 20 Sutra 292 Vikarin 5121 Moon 1 - Phase 40 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Mesha Rasi: 0.41	Tithi 7					
Creative Work	Amrita Yoga					
Until 7:20AM Sat	Then Creative Work - Siddha Yoga					

☾	Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Sacramento, CA
	Retreat Star		926723466	Gulika 7:11AM – 8:28AM Yama 1:36PM – 2:53PM Rahu 9:45AM – 11:02AM	Ashvini Until 7:20AM Subha Until 4:57PM Visti Until 5:40PM Ashtami* Until 6:32AM Sun	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sun 21 Sutra 293 Vikarin 5121 Moon 1 - Phase 40 Ashtami Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Mesha Rasi: 12.39	Tithi 8					
	Creative Work	Siddha Yoga					

Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sacramento, CA
Retreat Star		926723466	Gulika 2:54PM – 4:11PM Yama 12:19PM – 1:36PM Rahu 4:11PM – 5:28PM	Bharani Until 9:39AM Sukla Until 5:05PM Balava Until 7:18PM Ashtami* Until 6:32AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sun 22 Sutra 294 Vikarin 5121 Moon 1 - Phase 40 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM
Mesha Rasi: 24.47	Tithi 8 – 9					
Routine Work	Prabalarishta Yoga					
Until 9:39AM	Then Creative Work - Siddha Yoga					

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Sacramento, CA
1				Sun 23	Sutra 295
Vrishabha Rasi: 7.11	Tithi 9 – 10	Gulika 1:37PM – 2:54PM	Krittika Until 11:12AM	Ganesha: Green	Sunrise: 7:09AM
Family Home Evening	926723467	Yama 11:02AM – 12:19PM	Brahma Until 4:42PM	Muruqa: Clear	Sunset: 5:30PM
Routine Work Marana Yoga		Rahu 8:26AM – 9:44AM	Taitila Until 8:13PM	Nataraja: Clear	Moon 1 - Phase 41
Until 11:12AM			Navami* Until 7:50AM	Moon – White	4th Phase
Then Creative Work - Amrita Yoga				Magha-Thai	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Sacramento, CA
2				Sun 24	Sutra 296
Vrishabha Rasi: 19.54	Tithi 10 – 11	Gulika 12:19PM – 1:37PM	Rohini Until 12:20PM	Ganesha: Red	Sunrise: 7:08AM
	936723467	Yama 9:44AM – 11:01AM	Indra Until 3:44PM	Muruqa: Clear	Sunset: 5:31PM
Creative Work Amrita Yoga		Rahu 2:55PM – 4:13PM	Vanija Until 8:19PM	Nataraja: Clear	Moon 1 - Phase 41
Until 12:20PM			Dashami Until 8:21AM	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga				Magha-Thai	Devaloka Day
					Devaloka Time: 3:PM to 6:PM

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Sacramento, CA
3				Sun 25	Sutra 297
Mithuna Rasi: 3.02	Tithi 11 – 12	Gulika 11:01AM – 12:19PM	Mrigashira Until 12:29PM	Ganesha: Red	Sunrise: 7:07AM
	936723467	Yama 8:25AM – 9:43AM	Vaidhriti* Until 2:05PM	Muruqa: Clear	Sunset: 5:32PM
Creative Work Siddha Yoga		Rahu 12:19PM – 1:38PM	Bava Until 7:35PM	Nataraja: Clear	Moon 1 - Phase 41
			Ekadashi Until 8:02AM	Moon – Yellow	4th Phase
				Magha-Thai	Devaloka Day
					Devaloka Time: 3:PM to 6:PM

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Sacramento, CA
4				Sun 26	Sutra 298
Mithuna Rasi: 16.37	Tithi 12 – 13	Gulika 9:43AM – 11:01AM	Ardra Until 11:41AM	Ganesha: Red	Sunrise: 7:06AM
	936723467	Yama 7:06AM – 8:24AM	Vishkambha* Until 11:48AM	Muruqa: Clear	Sunset: 5:33PM
Routine Work Marana Yoga		Rahu 1:38PM – 2:56PM	Kaulava Until 6:03PM	Nataraja: Clear	Moon 1 - Phase 41
Until 11:41AM			Dvadashi Until 6:54AM	Moon – Yellow	4th Phase
Then Creative Work - Amrita Yoga				Magha-Thai	Devaloka Day
					Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau			Sacramento, CA
5				Sun 27	Sutra 299
Kataka Rasi: 0.4	Tithi 14	Gulika 8:24AM – 9:42AM	Punarvasu Until 10:28AM	Ganesha: Blue	Sunrise: 7:05AM
	947723467	Yama 2:57PM – 4:15PM	Priti Until 8:57AM	Muruqa: Clear	Sunset: 5:34PM
Creative Work Siddha Yoga		Rahu 11:01AM – 12:20PM	Gara Until 3:50PM	Nataraja: Clear	Moon 1 - Phase 41
Until 10:28AM			Chaturdashi* Until 2:29AM Sat	Moon – Blue	4th Phase
Then Routine Work - Marana Yoga		Thai Pusam		Magha-Thai	Bhuloka Day
					Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau			Sacramento, CA
○				Sun 28	Sutra 300
Copper Retreat Star		Gulika 7:04AM – 8:23AM	Pushya Until 8:31AM	Ganesha: Blue	Sunrise: 7:04AM
Kataka Rasi: 15.07	Tithi 15	Yama 1:39PM – 2:57PM	Saubhagya Until 1:54AM Sun	Muruqa: Clear	Sunset: 5:35PM
	947723467	Rahu 9:42AM – 11:01AM	Visti Until 1:03PM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Purnima* Until 11:30PM	Moon – Blue	Purnima
Until 8:31AM				Magha-Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			Sacramento, CA
○				Sun 29	Sutra 301
Silver Retreat Star		Gulika 2:58PM – 4:17PM	Ashlesha* Until 6:01AM	Ganesha: Blue	Sunrise: 7:03AM
Kataka Rasi: 29.53	Tithi 16	Yama 12:20PM – 1:39PM	Sobhana Until 9:59PM	Muruqa: Clear	Sunset: 5:36PM
	947723467	Rahu 4:17PM – 5:36PM	Balava Until 9:54AM	Nataraja: Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			Prathama* Until 8:13PM	Moon – Blue	Prathama
Until 6:01AM				Magha-Thai	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 14.51 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga
Until 12:52AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda/Sukarma Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau Sacramento, CA
Sun 1 Sutra 302
Vikarin 5121
Gulika 1:39PM – 2:59PM **Purvaphalguni Until 12:52AM Tue** Ganesha: Red Sunrise: 7:02AM
Yama 11:00AM – 12:20PM **Athiganda* Until 5:56PM** Muruga: Clear Sunset: 5:37PM
Rahu 8:21AM – 9:41AM **Taitila Until 6:31AM** Nataraja: Clear Moon 2 - Phase 42
Dvitiya Until 4:47PM Moon – Red 1st Phase
Magha-Thai **Devaloka Day**

1

Tuesday, February 11, 2020

Simha Rasi: 29.52 Tithi 18 – 19
967723467
Creative Work Amrita Yoga
Until 10:08PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau Sacramento, CA
Sun 2 Sutra 303
Vikarin 5121
Gulika 12:20PM – 1:39PM **Uttaraphalguni Until 10:08PM** Ganesha: Red Sunrise: 7:01AM
Yama 9:40AM – 11:00AM **Sukarma Until 1:57PM** Muruga: Clear Sunset: 5:39PM
Rahu 2:59PM – 4:19PM **Bava Until 11:47PM** Nataraja: Clear Moon 2 - Phase 42
Maha Sankatahara Chaturthi **Tritiya Until 1:24PM** Moon – Red 1st Phase
Magha-Thai **Devaloka Day**

2

Wednesday, February 12, 2020

Kanya Rasi: 14.46 Tithi 19 – 20
967723467
Routine Work Marana Yoga
Until 7:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sacramento, CA
Sun 3 Sutra 304
Vikarin 5121
Gulika 11:00AM – 12:20PM **Hasta Until 7:56PM** Ganesha: Green Sunrise: 7:00AM
Yama 8:20AM – 9:40AM **Dhriti Until 10:07AM** Muruga: Clear Sunset: 5:40PM
Rahu 12:20PM – 1:40PM **Kaulava Until 8:43PM** Nataraja: Clear Moon 2 - Phase 42
Chaturthi* Until 10:11AM Moon – Green 1st Phase
Magha-Thai **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 29.26 Tithi 20 – 21
968723467
Creative Work Siddha Yoga
Until 5:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sacramento, CA
Sun 4 Sutra 305
Vikarin 5121
Gulika 9:39AM – 10:59AM **Chitra Until 5:58PM** Ganesha: White Sunrise: 6:58AM
Yama 6:58AM – 8:19AM **Shula* Until 6:32AM** Muruga: Clear Sunset: 5:41PM
Rahu 1:40PM – 3:00PM **Gara Until 6:03PM** Nataraja: Clear Moon 2 - Phase 42
Panchami Until 7:19AM Moon – Green 1st Phase
Magha-Masi **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 13.49 Tithi 22
968723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vriddhi Yoga Visti*/Bava Karana Saptamyam Titau Sacramento, CA
Sun 5 Sutra 306
Vikarin 5121
Gulika 8:18AM – 9:38AM **Svati Until 4:23PM** Ganesha: White Sunrise: 6:57AM
Yama 3:01PM – 4:21PM **Vriddhi Until 12:35AM Sat** Muruga: Clear Sunset: 5:42PM
Rahu 10:59AM – 12:20PM **Visti Until 3:54PM** Nataraja: Clear Moon 2 - Phase 42
Saptami Until 3:01AM Sat Moon – Green 1st Phase
Magha-Masi **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 27.48 Tithi 23
978723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau Sacramento, CA
Sun 6 Sutra 307
Vikarin 5121
Gulika 6:56AM – 8:17AM **Vishakha Until 3:39PM** Ganesha: Clear Sunrise: 6:56AM
Yama 1:40PM – 3:01PM **Dhruva Until 10:17PM** Muruga: Clear Sunset: 5:43PM
Rahu 9:38AM – 10:59AM **Balava Until 2:19PM** Nataraja: Clear Moon 2 - Phase 42
Ashtami* Until 1:44AM Sun Moon – Orange 1st Phase
Magha-Masi **Devaloka Day**

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 11.26 Tithi 24
978723467
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau Sacramento, CA
Sun 7 Sutra 308
Vikarin 5121
Gulika 3:02PM – 4:23PM **Anuradha Until 3:23PM** Ganesha: Clear Sunrise: 6:55AM
Yama 12:20PM – 1:41PM **Vyaghata* Until 8:30PM** Muruga: Clear Sunset: 5:44PM
Rahu 4:23PM – 5:44PM **Taitila Until 1:22PM** Nataraja: Clear Moon 2 - Phase 42
Navami* Until 1:06AM Mon Moon – Orange 1st Phase
Magha-Masi **Devaloka Day**

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau	Sacramento, CA Sun 8 Sutra 309 Vikarin 5121
Vrischika Rasi: 24.42	Tithi 25	Gulika 1:41PM – 3:02PM	Jyeshtha* Until 3:33PM	Ganesha: Clear <i>Sunrise:</i> 6:54AM	
Family Home Evening	978723467	Yama 10:58AM – 12:19PM	Harshana Until 7:12PM	Muruqa: Clear <i>Sunset:</i> 5:45PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 8:15AM – 9:37AM	Vanija Until 1:01PM	Nataraja: Clear	2nd Phase
			Dashami Until 1:03AM Tue	Moon – Orange	Devaloka Day
				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	Sacramento, CA Sun 9 Sutra 310 Vikarin 5121
Dhanus Rasi: 7.41	Tithi 26	Gulika 12:19PM – 1:41PM	Mula* Until 4:36PM	Ganesha: Purple <i>Sunrise:</i> 6:52AM	
	988723467	Yama 9:36AM – 10:58AM	Vajra* Until 6:19PM	Muruqa: Clear <i>Sunset:</i> 5:46PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 3:03PM – 4:25PM	Bava Until 1:16PM	Nataraja: Clear	2nd Phase
Until 4:36PM			Ekadashi* Until 1:34AM Wed	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Dvodashyam Titau	Sacramento, CA Sun 10 Sutra 311 Vikarin 5121
Dhanus Rasi: 20.23	Tithi 27	Gulika 10:57AM – 12:19PM	Purvashadha* Until 5:58PM	Ganesha: Purple <i>Sunrise:</i> 6:51AM	
	988723467	Yama 8:13AM – 9:35AM	Siddhi Until 5:49PM	Muruqa: Clear <i>Sunset:</i> 5:47PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 12:19PM – 1:41PM	Kaulava Until 2:01PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 2:32AM Thu	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Sacramento, CA Sun 11 Sutra 312 Vikarin 5121
Makara Rasi: 2.54	Tithi 28	Gulika 9:35AM – 10:57AM	Uttarashadha Until 7:35PM	Ganesha: Purple <i>Sunrise:</i> 6:50AM	
	989823467	Yama 6:50AM – 8:12AM	Vyatipata* Until 5:40PM	Muruqa: Clear <i>Sunset:</i> 5:48PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 1:42PM – 3:04PM	Gara Until 3:12PM	Nataraja: Clear	2nd Phase
Until 7:35PM			Trayodashi* Until 3:55AM Fri	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata (Fasting)</i>		

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sacramento, CA Sun 12 Sutra 313 Vikarin 5121
Makara Rasi: 15.14	Tithi 29	Gulika 8:11AM – 9:34AM	Shravana Until 9:52PM	Ganesha: Light Blue <i>Sunrise:</i> 6:49AM	
	999823467	Yama 3:04PM – 4:27PM	Variyan Until 5:45PM	Muruqa: Clear <i>Sunset:</i> 5:50PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 10:56AM – 12:19PM	Visti Until 4:45PM	Nataraja: Clear	2nd Phase
Until 9:52PM			Chaturdashi* Until 5:37AM Sat	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

Retreat Star		Saturday, February 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada* Karana Amavasyayam Titau	Sacramento, CA Sun 13 Sutra 314 Vikarin 5121
Makara Rasi: 27.26	Tithi 30	Gulika 6:47AM – 8:10AM	Dhanishtha Until 12:16AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:47AM	
	999823467	Yama 1:42PM – 3:05PM	Parigha* Until 6:04PM	Muruqa: Clear <i>Sunset:</i> 5:51PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 9:33AM – 10:56AM	Catuspada Until 6:36PM	Nataraja: Clear	Amavasya
			Amavasya* Until 7:36AM Sun	Moon – Purple	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sacramento, CA Sun 14 Sutra 315 Vikarin 5121
Kumbha Rasi: 9.32	Tithi 30 – 1	Gulika 3:05PM – 4:28PM	Shatabhishak Until 2:43AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:46AM	
	999823467	Yama 12:19PM – 1:42PM	Shiva Until 6:36PM	Muruqa: Clear <i>Sunset:</i> 5:52PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 4:28PM – 5:52PM	Kintughna Until 8:42PM	Nataraja: Clear	Prathama
Until 2:43AM Mon			Amavasya* Until 7:36AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sacramento, CA
1					Sun 15	Sutra 316
Kumbha Rasi: 21.32	Tithi 1 – 2	Gulika	1:42PM – 3:06PM	Purvaproshtapada* Until 5:41AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:45AM
Family Home Evening	919823467	Yama	10:55AM – 12:19PM	Siddha Until 7:15PM	Muruqa: Clear	<i>Sunset:</i> 5:53PM
Routine Work Marana Yoga		Rahu	8:08AM – 9:32AM	Balava Until 11:00PM	Nataraja: Clear	Moon 2 - Phase 44
Until 5:41AM Tue				Prathama* Until 9:48AM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sacramento, CA
2					Sun 16	Sutra 317
Meena Rasi: 3.29	Tithi 2 – 3	Gulika	12:19PM – 1:42PM	Uttaraproshtapada Until 8:36AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:43AM
	919823467	Yama	9:31AM – 10:55AM	Sadhya Until 8:02PM	Muruqa: Clear	<i>Sunset:</i> 5:54PM
Creative Work Amrita Yoga		Rahu	3:06PM – 4:30PM	Taitila Until 1:27AM Wed	Nataraja: Clear	Moon 2 - Phase 44
Until 8:36AM Wed				Dvitiya Until 12:11PM	Moon – Clear	3rd Phase
Then Routine Work - Marana Yoga					Phalguna-Masi	Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sacramento, CA
3					Sun 17	Sutra 318
Meena Rasi: 15.22	Tithi 3 – 4	Gulika	10:54AM – 12:18PM	Uttaraproshtapada Until 8:36AM	Ganesha: Orange	<i>Sunrise:</i> 6:42AM
	919823467	Yama	8:06AM – 9:30AM	Subha Until 8:55PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM
Creative Work Siddha Yoga		Rahu	12:18PM – 1:42PM	Vanija Until 3:58AM Thu	Nataraja: Clear	Moon 2 - Phase 44
Until 8:36AM				Tritiya Until 2:41PM	Moon – Clear	3rd Phase
Then Routine Work - Marana Yoga					Phalguna-Masi	Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sacramento, CA
4					Sun 18	Sutra 319
Meena Rasi: 27.14	Tithi 4 – 5	Gulika	9:29AM – 10:54AM	Revati Until 11:25AM	Ganesha: Orange	<i>Sunrise:</i> 6:41AM
	919823467	Yama	6:41AM – 8:05AM	Sukla Until 9:45PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM
Creative Work Siddha Yoga		Rahu	1:43PM – 3:07PM	Bava Until 6:27AM Fri	Nataraja: Clear	Moon 2 - Phase 44
Until 11:25AM				Chaturthi* Until 5:12PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day
						Subramuniyaswami Siva Vision Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Sacramento, CA
5					Sun 19	Sutra 320
Mesha Rasi: 9.07	Tithi 5	Gulika	8:04AM – 9:29AM	Ashvini Until 2:29PM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM
	921823467	Yama	3:07PM – 4:32PM	Brahma Until 10:31PM	Muruqa: Clear	<i>Sunset:</i> 5:57PM
Creative Work Amrita Yoga		Rahu	10:53AM – 12:18PM	Bava Until 6:27AM	Nataraja: Clear	Moon 2 - Phase 44
Until 2:29PM				Panchami Until 7:37PM	Moon – White	3rd Phase
Then Creative Work - Siddha Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Sacramento, CA
6					Sun 20	Sutra 321
Mesha Rasi: 21.03	Tithi 6	Gulika	6:38AM – 8:03AM	Bharani Until 5:10PM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM
	921823467	Yama	1:43PM – 3:08PM	Indra Until 11:05PM	Muruqa: Clear	<i>Sunset:</i> 5:58PM
Creative Work Siddha Yoga		Rahu	9:28AM – 10:53AM	Kaulava Until 8:45AM	Nataraja: Clear	Moon 2 - Phase 44
Until 5:10PM				Shashthi* Until 9:45PM	Moon – White	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Sacramento, CA
Retreat Star					Sun 21	Sutra 322
Vrishabha Rasi: 3.08	Tithi 7	Gulika	3:09PM – 4:34PM	Krittika Until 7:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:35AM
	921833467	Yama	12:17PM – 1:43PM	Vaidhriti* Until 11:14PM	Muruqa: Orange	<i>Sunset:</i> 6:00PM
Creative Work Siddha Yoga		Rahu	4:34PM – 6:00PM	Gara Until 10:41AM	Nataraja: Clear	Moon 2 - Phase 44
				Saptami Until 11:25PM	Moon – White	3rd Phase
					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Sacramento, CA
Retreat Star					Sun 22	Sutra 323
Vrishabha Rasi: 15.26	Tithi 8	Gulika	1:43PM – 3:09PM	Rohini Until 9:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM
Family Home Evening	931833467	Yama	10:51AM – 12:17PM	Vishkambha* Until 10:54PM	Muruqa: Orange	<i>Sunset:</i> 6:01PM
Creative Work Amrita Yoga		Rahu	7:59AM – 9:25AM	Visti Until 12:01PM	Nataraja: Clear	Moon 2 - Phase 44
				Ashtami* Until 12:23AM Tue	Moon – Yellow	Ashtami
					Phalguna-Masi	Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Sacramento, CA
Retreat Star					Sun 23	Sutra 324
Vrishabha Rasi: 28.04	Tithi 9	Gulika	12:17PM – 1:43PM	Mrigashira Until 9:55PM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM
	931833467	Yama	9:24AM – 10:51AM	Priti Until 9:57PM	Muruqa: Orange	<i>Sunset:</i> 6:02PM
Creative Work Siddha Yoga		Rahu	3:10PM – 4:36PM	Balava Until 12:36PM	Nataraja: Clear	Moon 2 - Phase 44
Until 9:55PM				Navami* Until 12:33AM Wed	Moon – Yellow	Navami
Then Routine Work - Marana Yoga					Phalguna-Masi	Devaloka Day


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Sacramento, CA
	Mithuna Rasi: 11.05	Tithi 10	Gulika 10:50AM – 12:17PM	Ardra Until 9:47PM	Ganesha: Red	<i>Sunrise:</i> 6:30AM	Sun 24 Sutra 325
			Yama 7:57AM – 9:24AM	Ayushman Until 8:18PM	Muruqa: Orange	<i>Sunset:</i> 6:03PM	Vikarin 5121
	Creative Work	Siddha Yoga	131833467 Rahu 12:17PM – 1:43PM	Taitila Until 12:19PM	Nataraja: Clear		Moon 2 - Phase 45
			Dashami Until 11:49PM	Moon – Yellow		4th Phase	
				Phalguna-Masi		Devaloka Day	

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Sacramento, CA
	Mithuna Rasi: 24.35	Tithi 11	Gulika 9:23AM – 10:50AM	Punarvasu Until 9:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	Sun 25 Sutra 326
			Yama 6:29AM – 7:56AM	Saubhagya Until 5:58PM	Muruqa: Orange	<i>Sunset:</i> 6:04PM	Vikarin 5121
	Creative Work	Amrita Yoga	141833467 Rahu 1:43PM – 3:10PM	Vanija Until 11:09AM	Nataraja: Clear		Moon 2 - Phase 45
			Ekadashi Until 10:14PM	Moon – Blue		4th Phase	
				Phalguna-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Sacramento, CA
	Kataka Rasi: 8.35	Tithi 12	Gulika 7:55AM – 9:22AM	Pushya Until 7:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Sun 26 Sutra 327
			Yama 3:11PM – 4:38PM	Sobhana Until 3:00PM	Muruqa: Orange	<i>Sunset:</i> 6:05PM	Vikarin 5121
	Routine Work	Marana Yoga	141833467 Rahu 10:49AM – 12:16PM	Bava Until 9:10AM	Nataraja: Clear		Moon 2 - Phase 45
			Dvadashi Until 7:53PM	Moon – Blue		4th Phase	
				Phalguna-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sacramento, CA
	Kataka Rasi: 23.04	Tithi 13 – 14	Gulika 6:26AM – 7:54AM	Ashlesha* Until 5:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM	Sun 27 Sutra 328
			Yama 1:44PM – 3:11PM	Athiganda* Until 11:29AM	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Vikarin 5121
	Routine Work	Marana Yoga	141833467 Rahu 9:21AM – 10:49AM	Kaulava Until 6:29AM	Nataraja: Clear		Moon 2 - Phase 45
			Trayodashi Until 4:54PM	Moon – Blue		4th Phase	
				Phalguna-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						<i>Pradosha Vrata</i>	

	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sacramento, CA
	Copper Retreat Star		Gulika 3:11PM – 4:39PM	Magha* Until 2:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sutra 329
	Simha Rasi: 7.56	Tithi 14 – 15	Yama 12:16PM – 1:44PM	Sukarma Until 7:34AM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Vikarin 5121
	Routine Work	Marana Yoga	151833467 Rahu 4:39PM – 6:07PM	Visti Until 11:38PM	Nataraja: Clear		Moon 2 - Phase 45
			Chaturdashi* Until 1:27PM	Moon – Red		Purnima	
				Phalguna-Masi		Devaloka Day	

Monday, March 9, 2020	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sacramento, CA
	Simha Rasi: 23.07	Tithi 15 – 16	Gulika 1:44PM – 3:12PM	Purvaphalguni Until 11:34AM	Ganesha: White	<i>Sunrise:</i> 6:23AM	Sutra 330
	Family Home Evening		Yama 10:47AM – 12:16PM	Shula* Until 11:01PM	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Vikarin 5121
	Creative Work	Siddha Yoga	152833467 Rahu 7:51AM – 9:19AM	Balava Until 7:49PM	Nataraja: Clear		Moon 2 - Phase 45
			Purnima* Until 9:43AM	Moon – Red		Prathama	
				Phalguna-Masi		Sivaloka Day	



Tuesday, March 10, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Tailila/Gara Karana Dvitiyayam Titau

Sacramento, CA
Sutra 331

Kanya Rasi: 8.23 Tithi 17

152833467

Gulika 12:15PM – 1:44PM
Yama 9:18AM – 10:47AM
Rahu 3:12PM – 4:41PM

Uttaraphalguni Until 8:22AM
Ganda* Until 6:41PM
Taitila Until 3:59PM
Dvitiya Until 2:06AM Wed

Ganesha: White *Sunrise:* 6:22AM
Muruqa: Orange *Sunset:* 6:09PM
Nataraja: Clear
Moon – Red
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga
Until 8:22AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, March 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Sacramento, CA
Sun 1 Sutra 332

Kanya Rasi: 23.37 Tithi 18

162833467

Gulika 10:46AM – 12:15PM
Yama 7:49AM – 9:17AM
Rahu 12:15PM – 1:44PM

Chitra Until 2:49AM Thu
Vriddhi Until 2:31PM
Vanija Until 12:18PM
Tritiya Until 10:33PM

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Orange *Sunset:* 6:10PM
Nataraja: Clear
Moon – Green
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga
Until 2:49AM Thu
Then Creative Work - Amrita Yoga

Devaloka Day

2

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Sacramento, CA
Sun 2 Sutra 333

Tula Rasi: 8.38 Tithi 19

162833467

Gulika 9:17AM – 10:46AM
Yama 6:18AM – 7:48AM
Rahu 1:44PM – 3:13PM

Svati Until 12:24AM Fri
Dhruva Until 10:36AM
Bava Until 8:57AM
Chaturthi* Until 7:25PM

Ganesha: Clear *Sunrise:* 6:18AM
Muruqa: Orange *Sunset:* 6:11PM
Nataraja: Clear
Moon – Green
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga
Until 12:24AM Fri
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Sacramento, CA
Sun 3 Sutra 334

Tula Rasi: 23.17 Tithi 20 – 21

172833467

Gulika 7:46AM – 9:16AM
Yama 3:13PM – 4:43PM
Rahu 10:45AM – 12:14PM

Vishakha Until 10:51PM
Vyaghata* Until 7:06AM
Kaulava Until 6:04AM
Panchami Until 4:50PM

Ganesha: Purple *Sunrise:* 6:17AM
Muruqa: Orange *Sunset:* 6:12PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga
Then Creative Work - Siddha Yoga

Sivaloka Day

Karadaiyan Nombu (Tamil Nadu)

4

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sacramento, CA
Sun 4 Sutra 335

Vrischika Rasi: 7.31 Tithi 21 – 22

172833468

Gulika 6:15AM – 7:45AM
Yama 1:44PM – 3:13PM
Rahu 9:15AM – 10:44AM

Anuradha Until 9:52PM
Vajra* Until 1:44AM Sun
Visti Until 2:17AM Sun
Shashthi* Until 2:56PM

Ganesha: Purple *Sunrise:* 6:15AM
Muruqa: Orange *Sunset:* 6:13PM
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

5

Sunday, March 15, 2020
Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Sacramento, CA
Sun 5 Sutra 336

Vrischika Rasi: 21.16 Tithi 22 – 23

172933468

Gulika 3:14PM – 4:44PM
Yama 12:14PM – 1:44PM
Rahu 4:44PM – 6:14PM

Jyeshtha* Until 9:31PM
Siddhi Until 11:58PM
Balava Until 1:33AM Mon
Saptami Until 1:48PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: Orange *Sunset:* 6:14PM
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
Ashtami

Routine Work Marana Yoga
Until 9:31PM
Then Creative Work - Amrita Yoga

Sivaloka Day

Monday, March 16, 2020
Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sacramento, CA
Sun 6 Sutra 337

Dhanus Rasi: 4.34 Tithi 23 – 24

182933468

Gulika 1:44PM – 3:14PM
Yama 10:43AM – 12:14PM
Rahu 7:43AM – 9:13AM

Mula* Until 10:13PM
Vyatipata* Until 10:50PM
Taitila Until 1:36AM Tue
Ashtami* Until 1:28PM

Ganesha: Purple *Sunrise:* 6:12AM
Muruqa: Orange *Sunset:* 6:15PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 46
Navami

Family Home Evening
Creative Work Siddha Yoga
Until 10:13PM
Then Routine Work - Marana Yoga

Devaloka Day

1		Tuesday, March 17, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sacramento, CA Sun 7 Sutra 338	
Dhanus Rasi: 17.28	Tithi 24 – 25	182933468	Gulika 12:13PM – 1:44PM Yama 9:12AM – 10:43AM Rahu 3:15PM – 4:45PM	Purvashadha* Until 11:29PM Variyan Until 10:14PM Vanija Until 2:21AM Wed Navami* Until 1:52PM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 6:11AM Sunset: 6:16PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 11:29PM Then Routine Work - Prabararishta Yoga							

2		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sacramento, CA Sun 8 Sutra 339	
Makara Rasi: 0.02	Tithi 25 – 26	182933468	Gulika 10:42AM – 12:13PM Yama 7:40AM – 9:11AM Rahu 12:13PM – 1:44PM	Uttarashadha Until 1:10AM Thu Parigha* Until 10:07PM Bava Until 3:42AM Thu Dashami Until 2:57PM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 6:09AM Sunset: 6:17PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 1:10AM Thu Then Creative Work - Siddha Yoga							

3		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Sacramento, CA Sun 9 Sutra 340	
Makara Rasi: 12.22	Tithi 26 – 27	192933468	Gulika 9:10AM – 10:41AM Yama 6:08AM – 7:39AM Rahu 1:44PM – 3:15PM	Shravana Until 3:37AM Fri Shiva Until 10:23PM Kaulava Until 5:30AM Fri Ekadashi* Until 4:32PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:08AM Sunset: 6:18PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Siddha Yoga							

4		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taitila Karana Dvadashtyam Titau		Sacramento, CA Sun 10 Sutra 341	
Makara Rasi: 24.31	Tithi 27	192933468	Gulika 7:38AM – 9:09AM Yama 3:15PM – 4:47PM Rahu 10:41AM – 12:12PM	Dhanishtha Until 6:12AM Sat Siddha Until 10:53PM Taitila Until 6:29PM Dvadashti* Until 6:29PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:06AM Sunset: 6:19PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:12AM Sat Then Creative Work - Amrita Yoga							

5		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Sacramento, CA Sun 11 Sutra 342	
Kumbha Rasi: 6.34	Tithi 28	192933468	Gulika 6:05AM – 7:36AM Yama 1:44PM – 3:16PM Rahu 9:08AM – 10:40AM	Dhanishtha Until 6:12AM Sadhya Until 11:34PM Gara Until 7:36AM Trayodashi* Until 8:42PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:05AM Sunset: 6:20PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:12AM Then Creative Work - Amrita Yoga							

6		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sacramento, CA Sun 12 Sutra 343	
Kumbha Rasi: 18.31	Tithi 29	193933468	Gulika 3:16PM – 4:48PM Yama 12:12PM – 1:44PM Rahu 4:48PM – 6:20PM	Shatabhishak Until 8:48AM Subha Until 12:22AM Mon Visti Until 9:53AM Chaturdashi* Until 11:03PM	Ganesha: White Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:03AM Sunset: 6:20PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

Retreat Star		Monday, March 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sacramento, CA Sun 13 Sutra 344	
Meena Rasi: 0.25	Tithi 30	113933468	Gulika 1:44PM – 3:16PM Yama 10:39AM – 12:11PM Rahu 7:34AM – 9:06AM	Purvaproshtapada* Until 11:51AM Sukla Until 1:12AM Tue Catuspada Until 12:17PM Amavasya* Until 1:28AM Tue	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Phalguna-Panguni	Sunrise: 6:02AM Sunset: 6:21PM	Vikarin 5121 Moon 3 - Phase 47 Amavasya Sivaloka Day
Family Home Evening Routine Work Marana Yoga Until 11:51AM Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, March 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Sacramento, CA Sun 14 Sutra 345	
Meena Rasi: 12.18	Tithi 1	113933468	Gulika 12:11PM – 1:44PM Yama 9:06AM – 10:38AM Rahu 3:17PM – 4:50PM	Uttaraproshtapada Until 2:47PM Brahma Until 2:04AM Wed Kintughna Until 2:43PM Prathama* Until 3:55AM Wed	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Chaitra-Panguni	Sunrise: 6:00AM Sunset: 6:22PM	Vikarin 5121 Moon 3 - Phase 47 Prathama Sivaloka Day
Creative Work Amrita Yoga Until 2:47PM Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sacramento, CA Sun 15 Sutra 346	
Meena Rasi: 24.11	Tithi 2	Gulika 10:38AM – 12:11PM	Revati Until 5:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM		Vikarin 5121
		Yama 7:32AM – 9:05AM	Indra Until 2:55AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:23PM		Moon 3 - Phase 48
113933468	Rahu 12:11PM – 1:44PM		Balava Until 5:10PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:21AM Thu	Moon – Clear		Sivaloka Day	
				Chaitra•Panguni			

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sacramento, CA Sun 16 Sutra 347	
Mesha Rasi: 6.04	Tithi 2 – 3	Gulika 9:04AM – 10:37AM	Ashvini Until 8:36PM	Ganesha: Red	<i>Sunrise:</i> 5:57AM		Vikarin 5121
		Yama 5:57AM – 7:30AM	Vaidhriti* Until 3:41AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:24PM		Moon 3 - Phase 48
123933468	Rahu 1:44PM – 3:17PM		Taitila Until 7:33PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 6:21AM	Moon – White		Sivaloka Day	
Until 8:36PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sacramento, CA Sun 17 Sutra 348	
Mesha Rasi: 18	Tithi 3 – 4	Gulika 7:29AM – 9:03AM	Bharani Until 11:19PM	Ganesha: Red	<i>Sunrise:</i> 5:55AM		Vikarin 5121
		Yama 3:18PM – 4:51PM	Vishkambha* Until 4:20AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:25PM		Moon 3 - Phase 48
123933468	Rahu 10:37AM – 12:10PM		Vanija Until 9:47PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:40AM	Moon – White		Sivaloka Day	
				Chaitra•Panguni			

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sacramento, CA Sun 18 Sutra 349	
Vrishabha Rasi: 0	Tithi 4 – 5	Gulika 5:54AM – 7:28AM	Krittika Until 1:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 1:44PM – 3:18PM	Priti Until 4:46AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:26PM		Moon 3 - Phase 48
123933468	Rahu 9:02AM – 10:36AM		Bava Until 11:44PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:47AM	Moon – White		Sivaloka Day	
Until 1:37AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sacramento, CA Sun 19 Sutra 350	
Vrishabha Rasi: 12.08	Tithi 5 – 6	Gulika 3:18PM – 4:53PM	Rohini Until 3:50AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:52AM		Vikarin 5121
		Yama 12:10PM – 1:44PM	Ayushman Until 4:50AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:27PM		Moon 3 - Phase 48
123933468	Rahu 4:53PM – 6:27PM		Kaulava Until 1:16AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 12:33PM	Moon – Yellow		Subha Sivaloka Day	
Until 3:50AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sacramento, CA Sun 20 Sutra 351	
Vrishabha Rasi: 24.27	Tithi 6 – 7	Gulika 1:44PM – 3:19PM	Mrigashira Until 5:17AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:51AM		Vikarin 5121
Family Home Evening		Yama 10:35AM – 12:09PM	Saubhagya Until 4:26AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:28PM		Moon 3 - Phase 48
123933468	Rahu 7:25AM – 9:00AM		Gara Until 2:13AM Tue	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 1:49PM	Moon – Yellow		Subha Sivaloka Day	
Until 5:17AM Tue				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau		Sacramento, CA Sun 21 Sutra 352	
Mithuna Rasi: 7.02	Tithi 7 – 8	Gulika 12:09PM – 1:44PM	Ardra Until 5:53AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:49AM		Vikarin 5121
		Yama 8:59AM – 10:34AM	Sobhana Until 3:29AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:29PM		Moon 3 - Phase 48
123933468	Rahu 3:19PM – 4:54PM		Visti Until 2:26AM Wed	Nataraja: Purple			Ashtami
Routine Work	Marana Yoga		Saptami Until 2:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 5:53AM Wed				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sacramento, CA Sun 22 Sutra 353	
Mithuna Rasi: 19.58	Tithi 8 – 9	Gulika 10:34AM – 12:09PM	Punarvasu Until 5:59AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:49AM		Vikarin 5121
		Yama 7:24AM – 8:59AM	Athiganda* Until 1:52AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:29PM		Moon 3 - Phase 48
123933468	Rahu 12:09PM – 1:44PM		Balava Until 1:51AM Thu	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Ashtami* Until 2:14PM	Moon – Yellow		Subha Sivaloka Day	
Until 5:59AM Thu		Sri Rama Navami		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


1		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sacramento, CA Sun 23 Sutra 354	
Kataka Rasi: 3.2	Tithi 9 – 10	Gulika 8:58AM – 10:33AM	Pushya Until 5:08AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM		Vikarin 5121
		Yama 5:48AM – 7:23AM	Sukarma Until 11:37PM	Muruqa: Orange	<i>Sunset:</i> 6:30PM		Moon 3 - Phase 49
		143933468 Rahu 1:44PM – 3:19PM	Taitila Until 12:26AM Fri	Nataraja: Purple			4th Phase
Creative Work	Amrita Yoga		Navami* Until 1:13PM	Moon – Blue		Sivaloka Day	
Until 5:08AM Fri				Chaitra* Panguni			
Then Routine Work - Marana Yoga							

2		Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sacramento, CA Sun 24 Sutra 355	
Kataka Rasi: 17.1	Tithi 10 – 11	Gulika 7:22AM – 8:57AM	Ashlesha* Until 3:24AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM		Vikarin 5121
		Yama 3:20PM – 4:55PM	Dhriti Until 8:46PM	Muruqa: Orange	<i>Sunset:</i> 6:31PM		Moon 3 - Phase 49
		143933468 Rahu 10:33AM – 12:08PM	Vanija Until 10:15PM	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Dashami Until 11:25AM	Moon – Blue		Sivaloka Day	
Until 3:24AM Sat		Yogaswami Mahasamadhi		Chaitra* Panguni			
Then Creative Work - Amrita Yoga							

3		Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sacramento, CA Sun 25 Sutra 356	
Simha Rasi: 1.29	Tithi 11 – 12	Gulika 5:45AM – 7:20AM	Magha* Until 1:19AM Sun	Ganesha: White	<i>Sunrise:</i> 5:45AM		Vikarin 5121
		Yama 1:44PM – 3:20PM	Shula* Until 5:20PM	Muruqa: Orange	<i>Sunset:</i> 6:32PM		Moon 3 - Phase 49
		153933468 Rahu 8:56AM – 10:32AM	Bava Until 7:25PM	Nataraja: Purple			4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 8:54AM	Moon – Red		Subha Sivaloka Day	
Until 1:19AM Sun				Chaitra* Panguni			
Then Creative Work - Siddha Yoga							

4		Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sacramento, CA Sun 26 Sutra 357	
Simha Rasi: 16.13	Tithi 13	Gulika 3:20PM – 4:56PM	Purvaphalguni Until 10:38PM	Ganesha: White	<i>Sunrise:</i> 5:43AM		Vikarin 5121
		Yama 12:08PM – 1:44PM	Ganda* Until 1:29PM	Muruqa: Orange	<i>Sunset:</i> 6:33PM		Moon 3 - Phase 49
		153933468 Rahu 4:56PM – 6:33PM	Kaulava Until 4:05PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:15AM Mon	Moon – Red		Subha Sivaloka Day	
Until 10:38PM				Chaitra* Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5		Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sacramento, CA Sun 27 Sutra 358	
Kanya Rasi: 1.19	Tithi 14	Gulika 1:44PM – 3:21PM	Uttaraphalguni Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM		Vikarin 5121
Family Home Evening		Yama 10:31AM – 12:08PM	Vridhhi Until 9:21AM	Muruqa: Orange	<i>Sunset:</i> 6:34PM		Moon 3 - Phase 49
		154933468 Rahu 7:18AM – 8:55AM	Gara Until 12:23PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:27PM	Moon – Red		Sivaloka Day	
				Chaitra* Panguni			

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Sacramento, CA Sutra 359	
Copper Retreat Star		Gulika 12:07PM – 1:44PM	Hasta Until 4:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:40AM		Vikarin 5121
Kanya Rasi: 16.35	Tithi 15	Yama 8:54AM – 10:31AM	Vyaghata* Until 12:40AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 3 - Phase 49
		164933468 Rahu 3:21PM – 4:58PM	Visti Until 8:31AM	Nataraja: Purple			Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:33PM	Moon – Green		Devaloka Day	
		Panguni Uttiram		Chaitra* Panguni			
		Hanuman Jayanti					

Wednesday, April 8, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sacramento, CA Sutra 360	
Tula Rasi: 1.52	Tithi 16 – 17	Gulika 10:30AM – 12:07PM	Chitra Until 1:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:39AM		Vikarin 5121
		Yama 7:16AM – 8:53AM	Harshana Until 8:27PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 3 - Phase 49
		164934468 Rahu 12:07PM – 1:44PM	Taitila Until 12:57AM Thu	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:45PM	Moon – Green		Devaloka Day	
				Chaitra* Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sacramento, CA
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 17 Tithi 17 - 18
164134468
Creative Work Amrita Yoga
Until 10:39AM
Then Creative Work - Siddha Yoga

Gulika 8:52AM - 10:29AM
Yama 5:37AM - 7:15AM
Rahu 1:44PM - 3:22PM

Svati Until 10:39AM
Vajra* Until 4:28PM
Vanija Until 9:36PM
Dvitiya Until 11:12AM

Ganesha: White *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:36PM
Nataraja: Purple
Moon - Green
Chaitra+Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatiyata* Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Sacramento, CA
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 1.5 Tithi 18 - 19
174134468
Creative Work Siddha Yoga

Gulika 7:13AM - 8:51AM
Yama 3:22PM - 5:00PM
Rahu 10:29AM - 12:06PM

Vishakha Until 8:27AM
Siddhi Until 12:54PM
Bava Until 6:46PM
Tritiya Until 8:06AM

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 6:37PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Sacramento, CA
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 16.14 Tithi 20
174134468
Creative Work Siddha Yoga

Gulika 5:34AM - 7:12AM
Yama 1:44PM - 3:22PM
Rahu 8:50AM - 10:28AM

Anuradha Until 6:43AM
Vyatipata* Until 9:51AM
Kaulava Until 4:36PM
Panchami Until 3:47AM Sun

Ganesha: Yellow *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Sacramento, CA
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 0.1 Tithi 21
184134468
Creative Work Amrita Yoga
Until 5:31AM Mon
Then Routine Work - Marana Yoga

Gulika 3:23PM - 5:01PM
Yama 12:06PM - 1:44PM
Rahu 5:01PM - 6:39PM

Mula* Until 5:31AM Mon
Varyan Until 7:23AM
Gara Until 3:12PM
Shashthi* Until 2:48AM Mon

Ganesha: Blue *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Panguni

Devaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Sacramento, CA
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 13.35 Tithi 22
184134468
Family Home Evening
Routine Work Marana Yoga
Until 6:09AM Tue
Then Routine Work - Prabalarishta Yoga

Gulika 1:44PM - 3:23PM
Yama 10:27AM - 12:06PM
Rahu 7:10AM - 8:48AM

Tamil New Year

Purvashadha* Until 6:09AM Tue
Shiva Until 4:30AM Tue
Visti Until 2:39PM
Saptami Until 2:41AM Tue

Ganesha: Blue *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Devaloka Day

D

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Sacramento, CA
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 26.35 Tithi 23
284134468
Creative Work Siddha Yoga
Until 6:09AM
Then Routine Work - Prabalarishta Yoga

Gulika 12:05PM - 1:44PM
Yama 8:48AM - 10:27AM
Rahu 3:23PM - 5:02PM

Purvashadha* Until 6:09AM
Siddha Until 4:00AM Wed
Balava Until 2:57PM
Ashtami* Until 3:22AM Wed

Ganesha: Yellow *Sunrise:* 5:30AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Sacramento, CA
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 9.11 Tithi 24
284134468
Creative Work Amrita Yoga
Until 7:24AM
Then Creative Work - Siddha Yoga

Gulika 10:26AM - 12:05PM
Yama 7:08AM - 8:47AM
Rahu 12:05PM - 1:44PM

Chidambaram Abhishekam

Uttarashadha Until 7:24AM
Sadhya Until 4:02AM Thu
Taitila Until 3:59PM
Navami* Until 4:44AM Thu

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Sacramento, CA
	Makara Rasi: 21.29	Tithi 25	Gulika 8:46AM – 10:25AM	Shravana Until 9:36AM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM	Sun 8 Sutra 4
			Yama 5:27AM – 7:06AM	Subha Until 4:30AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Sarvari 5122
	294134468	Rahu 1:44PM – 3:24PM	Vanija Until 5:38PM	Nataraja: Purple			Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dashami Until 6:37AM Fri	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sacramento, CA
	Kumbha Rasi: 3.35	Tithi 25 – 26	Gulika 7:05AM – 8:45AM	Dhanishtha Until 12:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:26AM	Sun 9 Sutra 5
			Yama 3:24PM – 5:04PM	Sukla Until 5:12AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Sarvari 5122
	294134468	Rahu 10:25AM – 12:05PM	Bava Until 7:43PM	Nataraja: Purple			Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dashami Until 6:37AM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sacramento, CA
	Kumbha Rasi: 15.34	Tithi 26 – 27	Gulika 5:24AM – 7:04AM	Shatabhishak Until 2:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Sun 10 Sutra 6
			Yama 1:45PM – 3:25PM	Brahma Until 6:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Sarvari 5122
	295134468	Rahu 8:44AM – 10:24AM	Kaulava Until 10:03PM	Nataraja: Purple			Moon 4 - Phase 1
Creative Work	Amrita Yoga		Ekadashi* Until 8:51AM	Moon – Purple		2nd Phase	
Until 2:46PM				Chaitra+Chaitra		Sivaloka Day	
Then Routine Work - Marana Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Sacramento, CA
	Kumbha Rasi: 27.27	Tithi 27 – 28	Gulika 3:25PM – 5:05PM	Purvaproshtapada* Until 5:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	Sun 11 Sutra 7
			Yama 12:04PM – 1:45PM	Brahma Until 6:04AM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Sarvari 5122
	215134468	Rahu 5:05PM – 6:46PM	Gara Until 12:30AM Mon	Nataraja: Purple			Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dvadashi* Until 11:15AM	Moon – Clear		2nd Phase	
Until 5:53PM				Chaitra+Chaitra		Sivaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sacramento, CA
	Meena Rasi: 9.19	Tithi 28 – 29	Gulika 1:45PM – 3:25PM	Uttaraproshtapada Until 8:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	Sun 12 Sutra 8
	Family Home Evening		Yama 10:23AM – 12:04PM	Indra Until 7:00AM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Sarvari 5122
	215134468	Rahu 7:02AM – 8:43AM	Visti Until 2:56AM Tue	Nataraja: Purple			Moon 4 - Phase 1
Creative Work	Siddha Yoga		Trayodashi* Until 1:42PM	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Sivaloka Day	

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sacramento, CA
	Meena Rasi: 21.11	Tithi 29 – 30	Gulika 12:04PM – 1:45PM	Revati Until 11:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	Sun 13 Sutra 9
			Yama 8:42AM – 10:23AM	Vaidhriti* Until 7:53AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Sarvari 5122
	215134468	Rahu 3:26PM – 5:07PM	Catuspada Until 5:17AM Wed	Nataraja: Purple			Moon 4 - Phase 1
Creative Work	Siddha Yoga		Chaturdashi* Until 4:06PM	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Sivaloka Day	

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga* Karana Amavasyayam Titau				Sacramento, CA
	Retreat Star		Gulika 10:22AM – 12:04PM	Ashvini Until 2:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:19AM	Sun 14 Sutra 10
	Mesha Rasi: 3.05	Tithi 30	Yama 7:00AM – 8:41AM	Vishkambha* Until 8:43AM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Sarvari 5122
	225134468	Rahu 12:04PM – 1:45PM	Naga Until 6:23PM	Nataraja: Purple			Moon 4 - Phase 1
Routine Work	Marana Yoga		Amavasya* Until 6:23PM	Moon – White		Amavasya	
Until 2:31AM Thu				Chaitra+Chaitra		Sivaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Sacramento, CA
	Mesha Rasi: 15.04	Tithi 1	Gulika 8:40AM – 10:22AM	Bharani Until 5:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:17AM	Sun 15 Sutra 11
			Yama 5:17AM – 6:59AM	Priti Until 9:27AM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Sarvari 5122
	225134468	Rahu 1:45PM – 3:27PM	Kintughna Until 7:29AM	Nataraja: Purple			Moon 4 - Phase 1
Creative Work	Siddha Yoga		Prathama* Until 8:29PM	Moon – White		Prathama	
				Vaisaka+Chaitra		Sivaloka Day	

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sacramento, CA Sun 16 Sutra 12	
Mesha Rasi: 27.06	Tithi 2	Gulika 6:58AM – 8:40AM	Krittika Until 7:16AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:16AM			Sarvari 5122	
		Yama 3:27PM – 5:09PM	Ayushman Until 9:59AM	Muruḡa: Clear	<i>Sunset:</i> 6:51PM			Moon 4 - Phase 2	
		225134469 Rahu 10:22AM – 12:03PM	Balava Until 9:28AM	Nataraja: Clear				3rd Phase	
Creative Work Siddha Yoga			Dvitiya Until 10:21PM	Moon – White			Devaloka Day		
Until 7:16AM Sat				Vaisaka-Chaitra					
Then Creative Work - Amrita Yoga									

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Sacramento, CA Sun 17 Sutra 13	
Wrishabha Rasi: 9.16	Tithi 3	Gulika 5:15AM – 6:57AM	Krittika Until 7:16AM	Ganesha: Red	<i>Sunrise:</i> 5:15AM			Sarvari 5122	
		Yama 1:45PM – 3:27PM	Saubhagya Until 10:19AM	Muruḡa: Clear	<i>Sunset:</i> 6:51PM			Moon 4 - Phase 2	
		225134469 Rahu 8:39AM – 10:21AM	Taitila Until 11:11AM	Nataraja: Clear				3rd Phase	
Creative Work Amrita Yoga			Tritiya Until 11:53PM	Moon – White			Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra					

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Grigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistil* Karana Chaturthyam Titau				Sacramento, CA Sun 18 Sutra 14	
Wrishabha Rasi: 21.33	Tithi 4	Gulika 3:28PM – 5:10PM	Rohini Until 9:26AM	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM			Sarvari 5122	
		Yama 12:03PM – 1:45PM	Sobhana Until 10:24AM	Muruḡa: Clear	<i>Sunset:</i> 6:52PM			Moon 4 - Phase 2	
		235134469 Rahu 5:10PM – 6:52PM	Vanija Until 12:32PM	Nataraja: Clear				3rd Phase	
Creative Work Siddha Yoga			Chaturthi* Until 1:02AM Mon	Moon – Yellow			Devaloka Day		
				Vaisaka-Chaitra					

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sacramento, CA Sun 19 Sutra 15	
Mithuna Rasi: 4.01	Tithi 5	Gulika 1:45PM – 3:28PM	Mrigashira Until 11:00AM	Ganesha: Blue	<i>Sunrise:</i> 5:12AM			Sarvari 5122	
Family Home Evening		Yama 10:20AM – 12:03PM	Athiganda* Until 10:07AM	Muruḡa: Clear	<i>Sunset:</i> 6:53PM			Moon 4 - Phase 2	
Creative Work Amrita Yoga		236134469 Rahu 6:55AM – 8:38AM	Bava Until 1:27PM	Nataraja: Clear				3rd Phase	
Until 11:00AM			Panchami Until 1:41AM Tue	Moon – Yellow			Bhuloka Day		
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM		

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Sacramento, CA Sun 20 Sutra 16	
Mithuna Rasi: 16.44	Tithi 6	Gulika 12:03PM – 1:46PM	Ardra Until 11:55AM	Ganesha: Blue	<i>Sunrise:</i> 5:11AM			Sarvari 5122	
		Yama 8:37AM – 10:20AM	Sukarma Until 9:27AM	Muruḡa: Clear	<i>Sunset:</i> 6:54PM			Moon 4 - Phase 2	
		236134469 Rahu 3:29PM – 5:11PM	Kaulava Until 1:49PM	Nataraja: Clear				3rd Phase	
Routine Work Marana Yoga			Shashthi* Until 1:45AM Wed	Moon – Yellow			Bhuloka Day		
Until 11:55AM				Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Sacramento, CA Sun 21 Sutra 17	
Mithuna Rasi: 29.43	Tithi 7	Gulika 10:19AM – 12:03PM	Punarvasu Until 12:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM			Sarvari 5122	
		Yama 6:53AM – 8:36AM	Dhriti Until 8:19AM	Muruḡa: Clear	<i>Sunset:</i> 6:55PM			Moon 4 - Phase 2	
		246134469 Rahu 12:03PM – 1:46PM	Gara Until 1:34PM	Nataraja: Clear				3rd Phase	
Creative Work Siddha Yoga			Saptami Until 1:11AM Thu	Moon – Blue			Devaloka Day		
				Vaisaka-Chaitra					

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ashtamyam Titau				Sacramento, CA Sun 22 Sutra 18	
Kataka Rasi: 13.03	Tithi 8	Gulika 8:36AM – 10:19AM	Pushya Until 12:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM			Sarvari 5122	
		Yama 5:09AM – 6:52AM	Shula* Until 6:39AM	Muruḡa: Clear	<i>Sunset:</i> 6:56PM			Moon 4 - Phase 2	
		246134469 Rahu 1:46PM – 3:29PM	Vistil Until 12:40PM	Nataraja: Clear				Ashtami	
Creative Work Amrita Yoga			Ashtami* Until 11:57PM	Moon – Blue			Devaloka Day		
Until 12:23PM				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sacramento, CA Sun 23 Sutra 19	
Kataka Rasi: 26.46	Tithi 9	Gulika 6:50AM – 8:34AM	Ashlesha* Until 11:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM			Sarvari 5122	
		Yama 3:30PM – 5:14PM	Vriddhi Until 1:45AM Sat	Muruḡa: Clear	<i>Sunset:</i> 6:58PM			Moon 4 - Phase 2	
		246134469 Rahu 10:18AM – 12:02PM	Balava Until 11:06AM	Nataraja: Clear				Navami	
Routine Work Marana Yoga			Navami* Until 10:04PM	Moon – Blue			Devaloka Day		
				Vaisaka-Chaitra					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Sacramento, CA Sun 24 Sutra 20	
Simha Rasi: 10.52	Tithi 10	Gulika 5:05AM – 6:49AM	Magha* Until 10:06AM	Ganesha: White	<i>Sunrise:</i> 5:05AM	Sarvari 5122			
		Yama 1:46PM – 3:31PM	Dhruva Until 10:34PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3			
		256134469 Rahu 8:34AM – 10:18AM	Taitila Until 8:55AM	Nataraja: Clear		4th Phase			
Creative Work	Amrita Yoga		Dashami Until 7:36PM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 10:06AM				Vaisaka*Chaitra					
Then Creative Work - Siddha Yoga									

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sacramento, CA Sun 25 Sutra 21	
Simha Rasi: 25.21	Tithi 11 – 12	Gulika 3:31PM – 5:15PM	Purvaphalguni Until 8:08AM	Ganesha: White	<i>Sunrise:</i> 5:04AM	Sarvari 5122			
		Yama 12:02PM – 1:46PM	Vyaghata* Until 7:00PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3			
		256134469 Rahu 5:15PM – 7:00PM	Vanija Until 6:11AM	Nataraja: Clear		4th Phase			
Creative Work	Siddha Yoga		Ekadashi Until 4:38PM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 8:08AM				Vaisaka*Chaitra					
Then Creative Work - Amrita Yoga									

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sacramento, CA Sun 26 Sutra 22	
Kanya Rasi: 10.09	Tithi 12 – 13	Gulika 1:47PM – 3:31PM	Hasta Until 3:05AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	Sarvari 5122			
Family Home Evening		Yama 10:17AM – 12:02PM	Harshana Until 3:10PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3			
		266234469 Rahu 6:48AM – 8:32AM	Kaulava Until 11:36PM	Nataraja: Clear		4th Phase			
Creative Work	Siddha Yoga		Dvadashi Until 1:20PM	Moon – Green		Sivaloka Day			
				Vaisaka*Chaitra					

Pradosha Vrata

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sacramento, CA Sun 27 Sutra 23	
Kanya Rasi: 25.09	Tithi 13 – 14	Gulika 12:02PM – 1:47PM	Chitra Until 12:19AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Sarvari 5122			
		Yama 8:32AM – 10:17AM	Vajra* Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3			
		267234469 Rahu 3:32PM – 5:17PM	Gara Until 8:02PM	Nataraja: Clear		4th Phase			
Creative Work	Siddha Yoga		Trayodashi Until 9:48AM	Moon – Green		Devaloka Day			
				Vaisaka*Chaitra					

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Sacramento, CA Sutra 24	
Copper Retreat Star		Gulika 10:17AM – 12:02PM	Svati Until 9:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Sarvari 5122			
Tula Rasi: 10.13	Tithi 14 – 15	Yama 6:46AM – 8:31AM	Siddhi Until 7:06AM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3			
		267234469 Rahu 12:02PM – 1:47PM	Bava Until 2:45AM Thu	Nataraja: Clear		Purnima			
Creative Work	Siddha Yoga		Chaturdashi* Until 6:14AM	Moon – Green		Devaloka Day			
		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra					

Thursday, May 7, 2020		Silver Retreat Star				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Sacramento, CA Sutra 25	
Tula Rasi: 25.13	Tithi 16	Gulika 8:31AM – 10:16AM	Vishakha Until 7:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:00AM	Sarvari 5122			
		Yama 5:00AM – 6:45AM	Variyan Until 11:25PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 3			
		277234469 Rahu 1:47PM – 3:33PM	Balava Until 1:07PM	Nataraja: Clear		Prathama			
Creative Work	Siddha Yoga		Prathama* Until 11:33PM	Moon – Orange		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Vaisaka*Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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