



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.09      Tithi 17  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:33AM – 7:14AM  
Yama 1:59PM – 3:40PM  
Rahu 8:55AM – 10:37AM

**Svati Until 7:17AM**  
Siddhi Until 7:09PM  
Taitila Until 2:51PM  
Dvitiya Until 2:01AM Sun

Pittsburgh, PA  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Red      *Sunrise:* 5:33AM  
**Muruqa:** Yellow      *Sunset:* 7:02PM

**Nataraja:** Purple  
Moon – Green

**Sivaloka Day**

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.03      Tithi 18  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 3:40PM – 5:22PM  
Yama 12:17PM – 1:59PM  
Rahu 5:22PM – 7:03PM

**Vishakha Until 6:28AM**  
Vyatipata\* Until 4:59PM  
Vanija Until 1:23PM  
Tritiya Until 12:54AM Mon

Pittsburgh, PA  
Sun 1      Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Blue      *Sunrise:* 5:32AM  
**Muruqa:** Yellow      *Sunset:* 7:03PM

**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 16.32      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:59PM – 3:41PM  
Yama 10:35AM – 12:17PM  
Rahu 7:12AM – 8:54AM

**Anuradha Until 6:13AM**  
Variyan Until 3:23PM  
Bava Until 12:39PM  
Chaturthi\* Until 12:33AM Tue

Pittsburgh, PA  
Sun 2      Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Blue      *Sunrise:* 5:30AM  
**Muruqa:** Yellow      *Sunset:* 7:04PM

**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**

**3**

**Tuesday, April 23, 2019**

Vrischika Rasi: 29.35      Tithi 20  
Routine Work      Marana Yoga  
Until 6:35AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:17PM – 1:59PM  
Yama 8:53AM – 10:35AM  
Rahu 3:41PM – 5:23PM

**Jyeshtha\* Until 6:35AM**  
Parigha\* Until 2:27PM  
Kaulava Until 12:43PM  
Panchami Until 1:02AM Wed

Pittsburgh, PA  
Sun 3      Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Blue      *Sunrise:* 5:29AM  
**Muruqa:** Yellow      *Sunset:* 7:05PM

**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.14      Tithi 21  
Routine Work      Marana Yoga  
Until 8:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:34AM – 12:17PM  
Yama 7:10AM – 8:52AM  
Rahu 12:17PM – 1:59PM

**Mula\* Until 8:04AM**  
Shiva Until 2:09PM  
Gara Until 1:36PM  
Shashthi\* Until 2:18AM Thu

Pittsburgh, PA  
Sun 4      Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Yellow      *Sunrise:* 5:27AM  
**Muruqa:** Yellow      *Sunset:* 7:06PM

**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 24.34      Tithi 22  
Creative Work      Siddha Yoga  
Until 10:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:51AM – 10:34AM  
Yama 5:26AM – 7:09AM  
Rahu 1:59PM – 3:42PM

**Purvashadha\* Until 10:08AM**  
Siddha Until 2:23PM  
Visti Until 3:12PM  
Saptami Until 4:13AM Fri

Pittsburgh, PA  
Sun 5      Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Yellow      *Sunrise:* 5:26AM  
**Muruqa:** Yellow      *Sunset:* 7:07PM

**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 6.38      Tithi 23  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 7:08AM – 8:51AM  
Yama 3:42PM – 5:25PM  
Rahu 10:34AM – 12:16PM

**Uttarashadha Until 12:35PM**  
Sadhya Until 3:04PM  
Balava Until 5:22PM  
Ashtami\* Until 6:34AM Sat

Pittsburgh, PA  
Sun 6      Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Ganesha:** Red      *Sunrise:* 5:25AM  
**Muruqa:** Yellow      *Sunset:* 7:08PM

**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 18.31      Tithi 23 – 24  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:23AM – 7:07AM  
Yama 2:00PM – 3:43PM  
Rahu 8:50AM – 10:33AM

**Shravana Until 3:44PM**  
Subha Until 4:01PM  
Taitila Until 7:51PM  
Ashtami\* Until 6:34AM

Pittsburgh, PA  
Sun 7      Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Ganesha:** Green      *Sunrise:* 5:23AM  
**Muruqa:** Yellow      *Sunset:* 7:09PM

**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Pittsburgh, PA Sun 8 Sutra 14	
Kumbha Rasi: 0.21	Tithi 24 – 25	<b>Gulika</b> 3:43PM – 5:27PM	<b>Dhanishtha</b> <b>Until 6:48PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:22AM	Vikarin 5121	
		Yama 12:16PM – 2:00PM	Sukla Until 5:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3	
		294583469 <b>Rahu</b> 5:27PM – 7:10PM	Vanija Until 10:24PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Navami* Until 9:06AM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 6:48PM				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 9 Sutra 15	
Kumbha Rasi: 12.11	Tithi 25 – 26	<b>Gulika</b> 2:00PM – 3:44PM	<b>Shatabhishak</b> <b>Until 9:34PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:21AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:32AM – 12:16PM	Brahma Until 5:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 3	
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 7:05AM – 8:48AM	Bava Until 12:46AM Tue	<b>Nataraja:</b> Clear		2nd Phase	
Until 9:34PM			<b>Dashami</b> <b>Until 11:36AM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Pittsburgh, PA Sun 10 Sutra 16	
Kumbha Rasi: 24.06	Tithi 26 – 27	<b>Gulika</b> 12:16PM – 2:00PM	<b>Purvaprossthapada*</b> <b>Until 12:21AM We</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
		Yama 8:48AM – 10:32AM	Indra Until 6:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3	
		214583469 <b>Rahu</b> 3:44PM – 5:28PM	Kaulava Until 2:47AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi* Until 1:49PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 12:21AM Wed				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Pittsburgh, PA Sun 11 Sutra 17	
Meena Rasi: 6.1	Tithi 27 – 28	<b>Gulika</b> 10:31AM – 12:16PM	<b>Uttaraprossthapada</b> <b>Until 2:31AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
		Yama 7:03AM – 8:47AM	Vaidhriti* Until 6:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3	
		214583469 <b>Rahu</b> 12:16PM – 2:00PM	Gara Until 4:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 3:36PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Pittsburgh, PA Sun 12 Sutra 18	
Meena Rasi: 18.26	Tithi 28 – 29	<b>Gulika</b> 8:46AM – 10:31AM	<b>Revati</b> <b>Until 4:01AM Fri</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:17AM	Vikarin 5121	
		Yama 5:17AM – 7:02AM	Vishkambha* Until 6:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3	
		215583469 <b>Rahu</b> 2:00PM – 3:45PM	Visti Until 5:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:52PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 4:01AM Fri				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Pittsburgh, PA Sun 13 Sutra 19	
Mesha Rasi: 0.57	Tithi 29 – 30	<b>Gulika</b> 7:01AM – 8:46AM	<b>Ashvini</b> <b>Until 5:18AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM	Vikarin 5121	
		Yama 3:45PM – 5:30PM	Priti Until 6:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3	
		225583469 <b>Rahu</b> 10:31AM – 12:16PM	Catuspada Until 5:47AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:36PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 5:18AM Sat				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pittsburgh, PA Sun 14 Sutra 20	
Mesha Rasi: 13.42	Tithi 30 – 1	<b>Gulika</b> 5:14AM – 7:00AM	<b>Bharani</b> <b>Until 5:55AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
		Yama 2:01PM – 3:46PM	Ayushman Until 5:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3	
		225583469 <b>Rahu</b> 8:45AM – 10:30AM	Kintughna Until 5:43AM Sun	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:47PM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pittsburgh, PA Sun 15 Sutra 21	
Mesha Rasi: 26.42	Tithi 1 – 2	<b>Gulika</b> 3:46PM – 5:32PM	<b>Krittika</b> <b>Until 5:58AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM	Vikarin 5121	
		Yama 12:15PM – 2:01PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3	
		225583469 <b>Rahu</b> 5:32PM – 7:17PM	Balava Until 5:13AM Mon	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 5:30PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 5:58AM Mon				<b>Vaisaka+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Pittsburgh, PA Sun 16 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 2:01PM – 3:47PM	<b>Rohini Until 5:56AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:12AM	
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:29AM – 12:15PM	Sobhana Until 2:43PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:18PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:58AM – 8:44AM	Taitila Until 4:21AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 4:49PM</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>
Until 5:56AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Pittsburgh, PA Sun 17 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:15PM – 2:01PM	<b>Mrigashira Until 5:27AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:11AM	
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:43AM – 10:29AM	Athiganda* Until 12:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:19PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 3:47PM – 5:33PM	Vanija Until 3:10AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 3:46PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Pittsburgh, PA Sun 18 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:29AM – 12:15PM	<b>Ardra Until 4:35AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:10AM	
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:56AM – 8:42AM	Sukarma Until 10:44AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:20PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 12:15PM – 2:01PM	Bava Until 1:43AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 2:27PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
Until 4:35AM Thu				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Pittsburgh, PA Sun 19 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:42AM – 10:28AM	<b>Punarvasu Until 3:48AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:09AM	
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 5:09AM – 6:55AM	Dhriti Until 8:28AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:21PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 2:02PM – 3:48PM	Kaulava Until 12:04AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 12:54PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
Until 3:48AM Fri				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Pittsburgh, PA Sun 20 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:54AM – 8:41AM	<b>Pushya Until 2:40AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:08AM	
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:49PM – 5:36PM	Ganda* Until 6:00AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:22PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 10:28AM – 12:15PM	Gara Until 10:13PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 11:09AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Pittsburgh, PA Sun 21 Sutra 27 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:07AM – 6:54AM	<b>Ashlesha* Until 1:14AM Sun</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:07AM	
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 2:02PM – 3:49PM	Vriddhi Until 12:38AM Sun	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:23PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 8:41AM – 10:28AM	Visti Until 8:11PM	<b>Nataraja:</b> Clear	Ashtami
Routine Work Marana Yoga			<b>Saptami Until 9:12AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Pittsburgh, PA Sun 22 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:50PM – 5:37PM	<b>Magha* Until 11:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:06AM	
Simha Rasi: 2.43	Tithi 8 – 9	Yama 12:15PM – 2:02PM	Dhruva Until 9:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:24PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 5:37PM – 7:24PM	Balava Until 6:00PM	<b>Nataraja:</b> Clear	Navami
Routine Work Marana Yoga			<b>Ashtami* Until 7:05AM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>
Until 11:55PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Pittsburgh, PA Sun 23 Sutra 29
<b>1</b>	Simha Rasi: 16.56 Tithi 10 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 2:03PM – 3:50PM Yama 10:27AM – 12:15PM <b>Rahu</b> 6:52AM – 8:40AM	<b>Purvaphalguni Until 10:22PM</b> Vyaghata* Until 6:46PM Taitila Until 3:41PM Dashami Until 2:29AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:05AM <b>Sunset:</b> 7:25PM	Vikarin 5121 Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Pittsburgh, PA Sun 24 Sutra 30
<b>2</b>	Kanya Rasi: 1.12 Tithi 11 Creative Work Amrita Yoga Until 8:37PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:15PM – 2:03PM Yama 8:39AM – 10:27AM <b>Rahu</b> 3:51PM – 5:38PM	<b>Uttaraphalguni Until 8:37PM</b> Harshana Until 3:45PM Vanija Until 1:19PM Ekadashi Until 12:06AM Wed	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:04AM <b>Sunset:</b> 7:26PM	Vikarin 5121 Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau				Pittsburgh, PA Sun 25 Sutra 31
<b>3</b>	Kanya Rasi: 15.29 Tithi 12 Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:27AM – 12:15PM Yama 6:51AM – 8:39AM <b>Rahu</b> 12:15PM – 2:03PM	<b>Hasta Until 7:11PM</b> Vajra* Until 12:44PM Bava Until 10:56AM Dvadashi Until 9:45PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:03AM <b>Sunset:</b> 7:27PM	Vikarin 5121 Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 32
<b>4</b>	Kanya Rasi: 29.44 Tithi 13 Creative Work Siddha Yoga Until 5:45PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:38AM – 10:27AM Yama 5:02AM – 6:50AM <b>Rahu</b> 2:03PM – 3:52PM	<b>Chitra Until 5:45PM</b> Siddhi Until 9:49AM Kaulava Until 8:39AM Trayodashi Until 7:34PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:02AM <b>Sunset:</b> 7:28PM	Vikarin 5121 Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA Sun 27 Sutra 33
<b>5</b>	Tula Rasi: 13.5 Tithi 14 – 15 Creative Work Siddha Yoga	<b>Gulika</b> 6:49AM – 8:38AM Yama 3:52PM – 5:41PM <b>Rahu</b> 10:26AM – 12:15PM	<b>Svati Until 4:26PM</b> Vyatipata* Until 7:05AM Gara Until 6:35AM Chaturdashi* Until 5:39PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 7:29PM	Vikarin 5121 Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sun 28 Sutra 34
<b>○</b>	<b>Copper Retreat Star</b> Tula Rasi: 27.43 Tithi 15 – 16 Creative Work Siddha Yoga	<b>Gulika</b> 5:00AM – 6:49AM Yama 2:04PM – 3:53PM <b>Rahu</b> 8:37AM – 10:26AM	<b>Vishakha Until 3:48PM</b> Parigha* Until 2:32AM Sun Balava Until 3:36AM Sun Purnima* Until 4:09PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 7:30PM	Vikarin 5121 Moon 4 - Phase 5 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sun 29 Sutra 35
<b>○</b>	<b>Silver Retreat Star</b> Vrischika Rasi: 11.2 Tithi 16 – 17 Routine Work Marana Yoga	<b>Gulika</b> 3:53PM – 5:42PM Yama 12:15PM – 2:04PM <b>Rahu</b> 5:42PM – 7:31PM	<b>Anuradha Until 3:33PM</b> Shiva Until 12:56AM Mon Taitila Until 2:56AM Mon Prathama* Until 3:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 7:31PM	Vikarin 5121 Moon 4 - Phase 5 Prathama <b>Devaloka Day</b>

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 24.36 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:04PM – 3:53PM  
**Yama** 10:26AM – 12:15PM  
**Rahu** 6:47AM – 8:37AM  
**Jyeshtha\* Until 3:47PM**  
Siddha Until 11:50PM  
Vanija Until 2:55AM Tue  
Dvitiya Until 2:49PM

**Ganesha:** Yellow *Sunrise:* 4:58AM  
**Muruga:** Yellow *Sunset:* 7:32PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Pittsburgh, PA  
Sun 1 Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 7.31 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 12:15PM – 2:05PM  
**Yama** 8:36AM – 10:26AM  
**Rahu** 3:54PM – 5:43PM  
**Mula\* Until 4:59PM**  
Sadhya Until 11:18PM  
Bava Until 3:37AM Wed  
Tritiya Until 3:10PM

**Ganesha:** Red *Sunrise:* 4:57AM  
**Muruga:** Yellow *Sunset:* 7:33PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Pittsburgh, PA  
Sun 2 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.07 Tithi 19 – 20  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:26AM – 12:15PM  
**Yama** 6:46AM – 8:36AM  
**Rahu** 12:15PM – 2:05PM  
**Purvashadha\* Until 6:43PM**  
Subha Until 11:19PM  
Kaulava Until 4:59AM Thu  
Chaturthi\* Until 4:12PM

**Ganesha:** Red *Sunrise:* 4:57AM  
**Muruga:** Yellow *Sunset:* 7:34PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Pittsburgh, PA  
Sun 3 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.24 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 8:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:36AM – 10:25AM  
**Yama** 4:56AM – 6:46AM  
**Rahu** 2:05PM – 3:55PM  
**Uttarashadha Until 8:52PM**  
Sukla Until 11:45PM  
Gara Until 6:54AM Fri  
Panchami Until 5:51PM

**Ganesha:** Red *Sunrise:* 4:56AM  
**Muruga:** Yellow *Sunset:* 7:35PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Pittsburgh, PA  
Sun 4 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.29 Tithi 21  
Routine Work Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:45AM – 8:35AM  
**Yama** 3:55PM – 5:45PM  
**Rahu** 10:25AM – 12:15PM  
**Shravana Until 11:47PM**  
Brahma Until 12:31AM Sat  
Gara Until 6:54AM  
Shashthi\* Until 7:59PM

**Ganesha:** Green *Sunrise:* 4:55AM  
**Muruga:** Yellow *Sunset:* 7:35PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Pittsburgh, PA  
Sun 5 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.24 Tithi 22  
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 4:55AM – 6:45AM  
**Yama** 2:06PM – 3:56PM  
**Rahu** 8:35AM – 10:25AM  
**Dhanishtha Until 2:44AM Sun**  
Indra Until 1:29AM Sun  
Visti Until 9:11AM  
Saptami Until 10:22PM

**Ganesha:** Red *Sunrise:* 4:55AM  
**Muruga:** Yellow *Sunset:* 7:36PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Pittsburgh, PA  
Sun 6 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.16 Tithi 23  
Creative Work Siddha Yoga  
Until 5:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:56PM – 5:47PM  
**Yama** 12:16PM – 2:06PM  
**Rahu** 5:47PM – 7:37PM  
**Shatabhishak Until 5:32AM Mon**  
Vaidhriti\* Until 2:25AM Mon  
Balava Until 11:37AM  
Ashtami\* Until 12:47AM Mon

**Ganesha:** Blue *Sunrise:* 4:54AM  
**Muruga:** Yellow *Sunset:* 7:37PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Pittsburgh, PA  
Sun 7 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Sivaloka Day**

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.08 Tithi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 2:06PM – 3:57PM  
**Yama** 10:25AM – 12:16PM  
**Rahu** 6:44AM – 8:35AM  
**Purvaproshtapada\* Until 8:26AM Tue**  
Vishkambha\* Until 3:12AM Tue  
Taitila Until 1:57PM  
Navami\* Until 3:00AM Tue

**Ganesha:** Purple *Sunrise:* 4:53AM  
**Muruga:** Yellow *Sunset:* 7:38PM  
**Nataraja:** Clear  
Moon – Clear  
**Vaisaka-Vaikasi**

Pittsburgh, PA  
Sun 8 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Sivaloka Day**

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Pittsburgh, PA Sun 9
Meena Rasi: 2.06	Tithi 25	<b>Gulika</b>	<b>12:16PM – 2:06PM</b>	<b>Purvaproshtapada* Until 8:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121
		Yama	8:34AM – 10:25AM	Priti Until 3:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>3:57PM – 5:48PM</b>	Vanija Until 4:00PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Dashami Until 4:50AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 8:26AM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Pittsburgh, PA Sun 10
Meena Rasi: 14.14	Tithi 26	<b>Gulika</b>	<b>10:25AM – 12:16PM</b>	<b>Uttaraproshtapada Until 10:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121
		Yama	6:43AM – 8:34AM	Ayushman Until 3:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>12:16PM – 2:07PM</b>	Bava Until 5:34PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 10:45AM					<b>Vaisaka-Vaikasi</b>		
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Pittsburgh, PA Sun 11
Meena Rasi: 26.35	Tithi 26 – 27	<b>Gulika</b>	<b>8:34AM – 10:25AM</b>	<b>Revati Until 12:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121
		Yama	4:52AM – 6:43AM	Saubhagya Until 3:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>2:07PM – 3:58PM</b>	Kaulava Until 6:33PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 12:22PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Pittsburgh, PA Sun 12
Mesha Rasi: 9.13	Tithi 27 – 28	<b>Gulika</b>	<b>6:43AM – 8:34AM</b>	<b>Ashvini Until 1:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:51AM	Vikarin 5121
		Yama	3:59PM – 5:50PM	Sobhana Until 2:30AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 7
		328683469 <b>Rahu</b>	<b>10:25AM – 12:16PM</b>	Gara Until 6:54PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 6:47AM</b>	Moon – White		<b>Devaloka Day</b>
Until 1:42PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Pittsburgh, PA Sun 13
Mesha Rasi: 22.08	Tithi 28 – 29	<b>Gulika</b>	<b>4:51AM – 6:42AM</b>	<b>Bharani Until 2:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121
		Yama	2:08PM – 3:59PM	Athiganda* Until 1:05AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 7
		329683469 <b>Rahu</b>	<b>8:34AM – 10:25AM</b>	Visti Until 6:37PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 6:49AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 2:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Pittsburgh, PA Sun 14
Vrishabha Rasi: 5.24	Tithi 29 – 30	<b>Gulika</b>	<b>3:59PM – 5:51PM</b>	<b>Krittika Until 2:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	Vikarin 5121
		Yama	12:16PM – 2:08PM	Sukarma Until 11:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 7
		329683469 <b>Rahu</b>	<b>5:51PM – 7:42PM</b>	Naga Until 5:05AM Mon	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:14AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Monday, June 3, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Pittsburgh, PA Sun 15
Vrishabha Rasi: 18.58	Tithi 1	<b>Gulika</b>	<b>2:08PM – 4:00PM</b>	<b>Rohini Until 1:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:50AM	Vikarin 5121
<b>Family Home Evening</b>		Yama	10:25AM – 12:17PM	Dhriti Until 9:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 7
		339683469 <b>Rahu</b>	<b>6:42AM – 8:33AM</b>	Kintughna Until 4:22PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga			<b>Prathama* Until 3:30AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pittsburgh, PA Sun 16 Sutra 51
Mithuna Rasi: 2.47	Tithi 2	<b>Gulika</b> 12:17PM – 2:09PM	<b>Mrigashira</b> Until 12:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:50AM		Vikarin 5121	
		Yama 8:33AM – 10:25AM	Shula* Until 6:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:44PM		Moon 5 - Phase 8	
		339683461 <b>Rahu</b> 4:00PM – 5:52PM	Balava Until 2:35PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 1:34AM Wed	Moon – Yellow		<b>Bhuloka Day</b>		
Until 12:39PM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Pittsburgh, PA Sun 17 Sutra 52
Mithuna Rasi: 16.49	Tithi 3	<b>Gulika</b> 10:25AM – 12:17PM	<b>Ardra</b> Until 11:14AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:49AM		Vikarin 5121	
		Yama 6:41AM – 8:33AM	Ganda* Until 3:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:44PM		Moon 5 - Phase 8	
		339683461 <b>Rahu</b> 12:17PM – 2:09PM	Taitila Until 12:31PM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 11:23PM	Moon – Yellow		<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Pittsburgh, PA Sun 18 Sutra 53
Kataka Rasi: 1	Tithi 4	<b>Gulika</b> 8:33AM – 10:25AM	<b>Punarvasu</b> Until 9:55AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:49AM		Vikarin 5121	
		Yama 4:49AM – 6:41AM	Vridhhi Until 12:48PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:45PM		Moon 5 - Phase 8	
		349683461 <b>Rahu</b> 2:09PM – 4:01PM	Vanija Until 10:15AM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi</b> * Until 9:04PM	Moon – Blue		<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Pittsburgh, PA Sun 19 Sutra 54
Kataka Rasi: 15.15	Tithi 5	<b>Gulika</b> 6:41AM – 8:33AM	<b>Pushya</b> Until 8:21AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:49AM		Vikarin 5121	
		Yama 4:01PM – 5:54PM	Dhruva Until 9:49AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:46PM		Moon 5 - Phase 8	
		349683461 <b>Rahu</b> 10:25AM – 12:17PM	Bava Until 7:54AM	<b>Nataraja:</b> Yellow			3rd Phase	
Routine Work	Marana Yoga		<b>Panchami</b> Until 6:42PM	Moon – Blue		<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Pittsburgh, PA Sun 20 Sutra 55
Kataka Rasi: 29.32	Tithi 6 – 7	<b>Gulika</b> 4:49AM – 6:41AM	<b>Ashlesha*</b> Until 6:38AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:49AM		Vikarin 5121	
		Yama 2:10PM – 4:02PM	Vyaghata* Until 6:50AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:46PM		Moon 5 - Phase 8	
		349683461 <b>Rahu</b> 8:33AM – 10:25AM	Gara Until 3:12AM Sun	<b>Nataraja:</b> Yellow			3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 4:20PM	Moon – Blue		<b>Bhuloka Day</b>		
Until 6:38AM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pittsburgh, PA Sun 21 Sutra 56
Simha Rasi: 13.46	Tithi 7 – 8	<b>Gulika</b> 4:02PM – 5:55PM	<b>Purvaphalguni</b> Until 3:48AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM		Vikarin 5121	
		Yama 12:18PM – 2:10PM	Vajra* Until 1:00AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:47PM		Moon 5 - Phase 8	
		351683461 <b>Rahu</b> 5:55PM – 7:47PM	Visti Until 12:58AM Mon	<b>Nataraja:</b> Yellow			Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 2:03PM	Moon – Red		<b>Devaloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>				

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pittsburgh, PA Sun 22 Sutra 57
Simha Rasi: 27.57	Tithi 8 – 9	<b>Gulika</b> 2:10PM – 4:03PM	<b>Uttaraphalguni</b> Until 2:21AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:25AM – 12:18PM	Siddhi Until 10:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:47PM		Moon 5 - Phase 8	
		351683461 <b>Rahu</b> 6:41AM – 8:33AM	Balava Until 10:51PM	<b>Nataraja:</b> Yellow			Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 11:52AM	Moon – Red		<b>Devaloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>				

<b>1</b>	<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 23
	Kanya Rasi: 12.02	Tithi 9 – 10	<b>Gulika</b> 12:18PM – 2:10PM	<b>Hasta</b> <b>Until 1:21AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Vikarin 5121
			Yama 8:33AM – 10:26AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 4:03PM – 5:55PM		Taitila Until 8:53PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:49AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 24
	Kanya Rasi: 26.01	Tithi 10 – 11	<b>Gulika</b> 10:26AM – 12:18PM	<b>Chitra</b> <b>Until 12:25AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Vikarin 5121
			Yama 6:41AM – 8:33AM	Variyan Until 5:07PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 12:18PM – 2:11PM		Vanija Until 7:08PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 7:58AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 12:25AM Thu				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 25
	Tula Rasi: 9.52	Tithi 11 – 12	<b>Gulika</b> 8:33AM – 10:26AM	<b>Svati</b> <b>Until 11:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Vikarin 5121
			Yama 4:48AM – 6:41AM	Parigha* Until 2:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 2:11PM – 4:04PM		Balava Until 5:00AM Fri	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> <b>Until 6:20AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 11:37PM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pittsburgh, PA Sun 26
	Tula Rasi: 23.31	Tithi 13	<b>Gulika</b> 6:41AM – 8:33AM	<b>Vishakha</b> <b>Until 11:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM	Vikarin 5121
			Yama 4:04PM – 5:57PM	Shiva Until 12:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9
	371693461	<b>Rahu</b> 10:26AM – 12:19PM		Kaulava Until 4:29PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 4:01AM Sat</b>	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Pittsburgh, PA Sun 27
	Vrischika Rasi: 6.58	Tithi 14	<b>Gulika</b> 4:48AM – 6:41AM	<b>Anuradha</b> <b>Until 11:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Vikarin 5121
			Yama 2:12PM – 4:04PM	Siddha Until 11:09AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 8:33AM – 10:26AM		Gara Until 3:43PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:29AM Sun</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>○</b>	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Pittsburgh, PA Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 4:05PM – 5:57PM	<b>Jyeshtha*</b> <b>Until 11:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Vikarin 5121
	Vrischika Rasi: 20.11	Tithi 15	Yama 12:19PM – 2:12PM	Sadhya Until 9:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 5:57PM – 7:50PM		Visti Until 3:25PM	<b>Nataraja:</b> Yellow		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> <b>Until 3:27AM Mon</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 11:59PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>○</b>	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Pittsburgh, PA Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:12PM – 4:05PM	<b>Mula*</b> <b>Until 1:16AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM	Vikarin 5121
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:26AM – 12:19PM	Subha Until 8:55AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9
	381793461	<b>Rahu</b> 6:41AM – 8:34AM		Balava Until 3:39PM	<b>Nataraja:</b> Yellow		Prathama
Family Home Evening	Siddha Yoga		<b>Prathama*</b> <b>Until 3:58AM Tue</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Creative Work				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Pittsburgh, PA  
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

381793461

**Gulika** 12:19PM – 2:12PM  
Yama 8:34AM – 10:27AM  
**Rahu** 4:05PM – 5:58PM

**Purvashadha\* Until 2:57AM Wed**  
Sukla Until 8:26AM  
Tailila Until 4:28PM  
**Dvitiya Until 5:03AM Wed**

**Ganesha:** Clear *Sunrise: 4:48AM*  
**Muruqa:** Blue *Sunset: 7:51PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 2:57AM Wed  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Pittsburgh, PA  
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

382793461

**Gulika** 10:27AM – 12:20PM  
Yama 6:41AM – 8:34AM  
**Rahu** 12:20PM – 2:12PM

**Uttarashadha Until 4:59AM Thu**  
Brahma Until 8:24AM  
Vanija Until 5:49PM  
**Tritiya Until 6:40AM Thu**

**Ganesha:** Purple *Sunrise: 4:48AM*  
**Muruqa:** Blue *Sunset: 7:51PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 4:59AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Pittsburgh, PA  
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

392793461

**Gulika** 8:34AM – 10:27AM  
Yama 4:49AM – 6:41AM  
**Rahu** 2:13PM – 4:06PM

**Shravana Until 7:46AM Fri**  
Indra Until 8:47AM  
Bava Until 7:40PM  
**Tritiya Until 6:40AM**

**Ganesha:** Clear *Sunrise: 4:49AM*  
**Muruqa:** Blue *Sunset: 7:51PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA  
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

392793461

**Gulika** 6:42AM – 8:34AM  
Yama 4:06PM – 5:59PM  
**Rahu** 10:27AM – 12:20PM

**Shravana Until 7:46AM**  
Vaidhriti\* Until 9:27AM  
Kaulava Until 9:51PM  
**Chaturthi\* Until 8:42AM**

**Ganesha:** Clear *Sunrise: 4:49AM*  
**Muruqa:** Blue *Sunset: 7:51PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Pittsburgh, PA  
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

392793461

**Gulika** 4:49AM – 6:42AM  
Yama 2:13PM – 4:06PM  
**Rahu** 8:35AM – 10:27AM

**Dhanishtha Until 10:39AM**  
Vishkambha\* Until 10:21AM  
Gara Until 12:13AM Sun  
**Panchami Until 11:00AM**

**Ganesha:** Clear *Sunrise: 4:49AM*  
**Muruqa:** Blue *Sunset: 7:52PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 10:39AM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pittsburgh, PA  
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

392793461

**Gulika** 4:06PM – 5:59PM  
Yama 12:21PM – 2:13PM  
**Rahu** 5:59PM – 7:52PM

**Shatabhishak Until 1:27PM**  
Priti Until 11:20AM  
Visti Until 2:35AM Mon  
**Shashthi\* Until 1:24PM**

**Ganesha:** Clear *Sunrise: 4:49AM*  
**Muruqa:** Blue *Sunset: 7:52PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 1:24PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pittsburgh, PA  
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

312793461

**Gulika** 2:14PM – 4:06PM  
Yama 10:28AM – 12:21PM  
**Rahu** 6:42AM – 8:35AM

**Purvaprosarthapada\* Until 4:29PM**  
Ayushman Until 12:12PM  
Balava Until 4:45AM Tue  
**Saptami Until 3:41PM**

**Ganesha:** Yellow *Sunrise: 4:49AM*  
**Muruqa:** Blue *Sunset: 7:52PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Family Home Evening**  
Routine Work Marana Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Pittsburgh, PA  
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

312793461

**Gulika** 12:21PM – 2:14PM  
Yama 8:35AM – 10:28AM  
**Rahu** 4:06PM – 5:59PM

**Uttaraprosarthapada Until 7:03PM**  
Saubhagya Until 12:53PM  
Tailila Until 6:31AM Wed  
**Ashtami\* Until 5:40PM**

**Ganesha:** Yellow *Sunrise: 4:50AM*  
**Muruqa:** Blue *Sunset: 7:52PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga  
Until 7:03PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Tailila/Gara Karana Navamyam Titau

Pittsburgh, PA  
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

312793461

**Gulika** 10:28AM – 12:21PM  
Yama 6:43AM – 8:36AM  
**Rahu** 12:21PM – 2:14PM

**Revati Until 8:59PM**  
Sobhana Until 1:14PM  
Tailila Until 6:31AM  
**Navami\* Until 7:10PM**

**Ganesha:** Yellow *Sunrise: 4:50AM*  
**Muruqa:** Blue *Sunset: 7:52PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga  
Until 7:10PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**


<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Pittsburgh, PA Sun 9
Mesha Rasi: 4.35	Tithi 25	<b>Gulika</b> 8:36AM – 10:29AM	<b>Ashvini</b> Until 10:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:50AM		Vikarin 5121	
		Yama 4:50AM – 6:43AM	Athiganda* Until 1:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 2:14PM – 4:07PM	Vanija Until 7:43AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:04PM	Moon – White		<b>Devaloka Day</b>		
Until 10:38PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Pittsburgh, PA Sun 10
Mesha Rasi: 17.14	Tithi 26	<b>Gulika</b> 6:44AM – 8:36AM	<b>Bharani</b> Until 11:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:51AM		Vikarin 5121	
		Yama 4:07PM – 5:59PM	Sukarma Until 12:27PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 10:29AM – 12:22PM	Bava Until 8:16AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:15PM	Moon – White		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Pittsburgh, PA Sun 11
Vrishabha Rasi: 0.15	Tithi 27	<b>Gulika</b> 4:51AM – 6:44AM	<b>Krittika</b> Until 11:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:51AM		Vikarin 5121	
		Yama 2:14PM – 4:07PM	Dhriti Until 11:14AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 8:37AM – 10:29AM	Kaulava Until 8:06AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 7:43PM	Moon – White		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Pittsburgh, PA Sun 12
Vrishabha Rasi: 13.38	Tithi 28	<b>Gulika</b> 4:07PM – 6:00PM	<b>Rohini</b> Until 10:56PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:52AM		Vikarin 5121	
		Yama 12:22PM – 2:14PM	Shula* Until 9:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 6:00PM – 7:52PM	Gara Until 7:12AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:29PM	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				
			<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pittsburgh, PA Sun 13
Vrishabha Rasi: 27.25	Tithi 29 – 30	<b>Gulika</b> 2:15PM – 4:07PM	<b>Mrigashira</b> Until 9:46PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:52AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:30AM – 12:22PM	Ganda* Until 7:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 6 - Phase 11	
		332793461 <b>Rahu</b> 6:45AM – 8:37AM	Catuspada Until 3:33AM Tue	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:39PM	Moon – Yellow		<b>Devaloka Day</b>		
Until 9:46PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pittsburgh, PA Sun 14
<b>Retreat Star</b>		<b>Gulika</b> 12:22PM – 2:15PM	<b>Ardra</b> Until 7:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:53AM		Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:38AM – 10:30AM	Dhruva Until 1:12AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 6 - Phase 11	
		333793461 <b>Rahu</b> 4:07PM – 5:59PM	Kintughna Until 1:00AM Wed	<b>Nataraja:</b> Yellow			Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 2:18PM	Moon – Yellow		<b>Sivaloka Day</b>		
Until 7:59PM		<b>Total Solar Eclipse</b>		<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sun 15
Mithuna Rasi: 25.57	Tithi 1 – 2	<b>Gulika</b> 10:30AM – 12:22PM	<b>Punarvasu</b> Until 6:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM		Vikarin 5121	
		Yama 6:46AM – 8:38AM	Vyaghata* Until 9:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 6 - Phase 11	
		343793461 <b>Rahu</b> 12:22PM – 2:15PM	Balava Until 10:10PM	<b>Nataraja:</b> Yellow			Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:36AM	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada-Ani</b>				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau			Pittsburgh, PA Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 – 3	343793461	<b>Gulika</b> 8:38AM – 10:30AM Yama 4:54AM – 6:46AM <b>Rahu</b> 2:15PM – 4:07PM	<b>Pushya</b> Until 3:58PM Harshana Until 6:19PM Taitila Until 7:10PM <b>Dvitiya</b> Until 8:39AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<i>Sunrise:</i> 4:54AM <i>Sunset:</i> 7:51PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 3:58PM Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau			Pittsburgh, PA Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	343793461	<b>Gulika</b> 6:46AM – 8:39AM Yama 4:07PM – 5:59PM <b>Rahu</b> 10:31AM – 12:23PM	<b>Ashlesha*</b> Until 1:37PM Vajra* Until 2:45PM Vanija Until 4:08PM <b>Chaturthi*</b> Until 2:37AM Sat	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<i>Sunrise:</i> 4:54AM <i>Sunset:</i> 7:51PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga							

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau			Pittsburgh, PA Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	353793461	<b>Gulika</b> 4:55AM – 6:47AM Yama 2:15PM – 4:07PM <b>Rahu</b> 8:39AM – 10:31AM	<b>Magha*</b> Until 11:37AM Siddhi Until 11:17AM Bava Until 1:11PM <b>Panchami</b> Until 11:46PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 4:55AM <i>Sunset:</i> 7:51PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga Until 11:37AM Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Pittsburgh, PA Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	453793461	<b>Gulika</b> 4:07PM – 5:59PM Yama 12:23PM – 2:15PM <b>Rahu</b> 5:59PM – 7:51PM	<b>Purvaphalguni</b> Until 9:40AM Vyatipata* Until 7:59AM Kaulava Until 10:27AM <b>Shashthi*</b> Until 9:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 4:56AM <i>Sunset:</i> 7:51PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 9:40AM Then Creative Work - Amrita Yoga		Chidambaram Abhishekam					

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Pittsburgh, PA Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	453793461	<b>Gulika</b> 2:15PM – 4:07PM Yama 10:31AM – 12:23PM <b>Rahu</b> 6:48AM – 8:40AM	<b>Uttaraphalguni</b> Until 7:52AM Parigha* Until 2:06AM Tue Gara Until 8:00AM <b>Saptami</b> Until 6:53PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 4:56AM <i>Sunset:</i> 7:50PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Pittsburgh, PA Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 – 9	463793461	<b>Gulika</b> 12:23PM – 2:15PM Yama 8:40AM – 10:32AM <b>Rahu</b> 4:07PM – 5:58PM	<b>Hasta</b> Until 6:43AM Shiva Until 11:39PM Balava Until 4:14AM Wed <b>Ashtami*</b> Until 5:00PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Green	<i>Sunrise:</i> 4:57AM <i>Sunset:</i> 7:50PM	Vikarin 5121 Moon 6 - Phase 12 Ashtami <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Pittsburgh, PA Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 – 10	463893461	<b>Gulika</b> 10:32AM – 12:24PM Yama 6:49AM – 8:41AM <b>Rahu</b> 12:24PM – 2:15PM	<b>Svati</b> Until 5:15AM Thu Siddha Until 9:32PM Taitila Until 3:00AM Thu <b>Navami*</b> Until 3:32PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Green	<i>Sunrise:</i> 4:58AM <i>Sunset:</i> 7:50PM	Vikarin 5121 Moon 6 - Phase 12 Navami <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

1	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	<b>Gulika</b> 8:41AM – 10:32AM	<b>Vishakha</b> Until 5:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM	Vikarin 5121
			Yama 4:58AM – 6:50AM	Sadhya Until 7:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 2:15PM – 4:06PM	Vanija Until 2:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami</b> Until 2:32PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

2	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	<b>Gulika</b> 6:50AM – 8:41AM	<b>Anuradha</b> Until 5:54AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM	Vikarin 5121
			Yama 4:06PM – 5:57PM	Subha Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 10:33AM – 12:24PM	Bava Until 1:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi</b> Until 2:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

3	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	<b>Gulika</b> 5:00AM – 6:51AM	<b>Jyeshtha*</b> Until 6:43AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Vikarin 5121
			Yama 2:15PM – 4:06PM	Sukla Until 5:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 8:42AM – 10:33AM	Kaulava Until 2:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi</b> Until 1:56PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			
				<i>Pradosha Vrata</i>			

4	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	<b>Gulika</b> 4:06PM – 5:57PM	<b>Jyeshtha*</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Vikarin 5121
			Yama 12:24PM – 2:15PM	Brahma Until 4:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 <b>Rahu</b> 5:57PM – 7:48PM	Gara Until 2:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi</b> Until 2:22PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

5	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	<b>Gulika</b> 2:15PM – 4:06PM	<b>Mula*</b> Until 8:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:33AM – 12:24PM	Indra Until 4:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 6:52AM – 8:43AM	Visti Until 3:54AM Tue	<b>Nataraja:</b> Yellow		4th Phase
			<b>Chaturdashi*</b> Until 3:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada•Ani</b>			

○	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sun 28 Sutra 93
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:24PM – 2:15PM	<b>Purvashadha*</b> Until 10:10AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Vikarin 5121
	Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:43AM – 10:34AM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 4:05PM – 5:56PM	Balava Until 5:28AM Wed	<b>Nataraja:</b> Yellow		Purnima
			<b>Purnima*</b> Until 4:37PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada•Adi</b>			
				<b>Partial Lunar Eclipse</b>			
				<b>Satguru Purnima</b>			

○	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Pittsburgh, PA Sun 29 Sutra 94
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:34AM – 12:24PM	<b>Uttarashadha</b> Until 12:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	Vikarin 5121
	Makara Rasi: 6.44	Tithi 16	Yama 6:53AM – 8:44AM	Vishkambha* Until 5:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 <b>Rahu</b> 12:24PM – 2:15PM	Kaulava Until 6:23PM	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 6:23PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada•Adi</b>			



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 18.47    Tithi 17  
494893462  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**    8:44AM – 10:34AM    **Shravana Until 3:05PM**  
Yama    5:04AM – 6:54AM    Priti Until 5:57PM  
494893462 **Rahu**    2:15PM – 4:05PM    Taitila Until 7:24AM  
Dvitiya Until 8:28PM

Pittsburgh, PA  
Sun 1    Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear    *Sunrise: 5:04AM*  
**Muruqa:** Blue    *Sunset: 7:45PM*  
**Nataraja:** White  
Moon – Purple    **Subha Sivaloka Day**  
**Ashada-Adi**

**1**

**Friday, July 19, 2019**

Kumbha Rasi: 0.44    Tithi 18  
494893462  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**    6:54AM – 8:44AM    **Dhanishtha Until 5:57PM**  
Yama    4:04PM – 5:55PM    Ayushman Until 6:49PM  
494893462 **Rahu**    10:34AM – 12:24PM    Vanija Until 9:37AM  
Tritiya Until 10:47PM

Pittsburgh, PA  
Sun 2    Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear    *Sunrise: 5:04AM*  
**Muruqa:** Blue    *Sunset: 7:45PM*  
**Nataraja:** White  
Moon – Purple    **Subha Sivaloka Day**  
**Ashada-Adi**

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 12.37    Tithi 19  
494893462  
Creative Work    Amrita Yoga  
Until 8:45PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    5:05AM – 6:55AM    **Shatabhishak Until 8:45PM**  
Yama    2:14PM – 4:04PM    Saubhagya Until 7:48PM  
494893462 **Rahu**    8:45AM – 10:35AM    Bava Until 12:00PM  
Chaturthi\* Until 1:12AM Sun

Pittsburgh, PA  
Sun 3    Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear    *Sunrise: 5:05AM*  
**Muruqa:** Blue    *Sunset: 7:44PM*  
**Nataraja:** White  
Moon – Purple    **Subha Sivaloka Day**  
**Ashada-Adi**

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 24.28    Tithi 20  
414893462  
Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    4:04PM – 5:53PM    **Purvaproshtapada\* Until 11:53PM**  
Yama    12:25PM – 2:14PM    Sobhana Until 8:46PM  
414893462 **Rahu**    5:53PM – 7:43PM    Kaulava Until 2:25PM  
Panchami Until 3:34AM Mon

Pittsburgh, PA  
Sun 4    Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear    *Sunrise: 5:06AM*  
**Muruqa:** Blue    *Sunset: 7:43PM*  
**Nataraja:** White  
Moon – Clear    **Subha Sivaloka Day**  
**Ashada-Adi**

**4**

**Monday, July 22, 2019**

Meena Rasi: 6.22    Tithi 21  
414893462  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    2:14PM – 4:03PM    **Uttaraproshtapada Until 2:40AM Tue**  
Yama    10:35AM – 12:25PM    Athiganda\* Until 9:35PM  
414893462 **Rahu**    6:56AM – 8:46AM    Gara Until 4:42PM  
Shashthi\* Until 5:44AM Tue

Pittsburgh, PA  
Sun 5    Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear    *Sunrise: 5:07AM*  
**Muruqa:** Blue    *Sunset: 7:42PM*  
**Nataraja:** White  
Moon – Clear    **Subha Sivaloka Day**  
**Ashada-Adi**

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 18.19    Tithi 22  
414893462  
Creative Work    Siddha Yoga  
Until 4:57AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\* Karana Saptamyam Titau

**Gulika**    12:25PM – 2:14PM    **Revati Until 4:57AM Wed**  
Yama    8:46AM – 10:35AM    Sukarma Until 10:11PM  
414893462 **Rahu**    4:03PM – 5:52PM    Visti Until 6:42PM  
Saptami Until 7:32AM Wed

Pittsburgh, PA  
Sun 6    Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Ganesha:** Clear    *Sunrise: 5:08AM*  
**Muruqa:** Blue    *Sunset: 7:41PM*  
**Nataraja:** White  
Moon – Clear    **Subha Sivaloka Day**  
**Ashada-Adi**

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Mesha Rasi: 0.26    Tithi 22 – 23  
424893462  
Routine Work    Marana Yoga  
Until 7:04AM Thu  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**    10:36AM – 12:25PM    **Ashvini Until 7:04AM Thu**  
Yama    6:58AM – 8:47AM    Dhriti Until 10:26PM  
424893462 **Rahu**    12:25PM – 2:14PM    Balava Until 8:16PM  
Saptami Until 7:32AM

Pittsburgh, PA  
Sun 7    Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

**Ganesha:** White    *Sunrise: 5:09AM*  
**Muruqa:** Blue    *Sunset: 7:41PM*  
**Nataraja:** White  
Moon – White    **Subha Subha Sivaloka Day**  
**Ashada-Adi**

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 12.46    Tithi 23 – 24  
424893462  
Creative Work    Amrita Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    8:47AM – 10:36AM    **Ashvini Until 7:04AM**  
Yama    5:09AM – 6:58AM    Shula\* Until 10:10PM  
424893462 **Rahu**    2:13PM – 4:02PM    Taitila Until 9:13PM  
Ashtami\* Until 8:48AM

Pittsburgh, PA  
Sun 8    Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami

**Ganesha:** White    *Sunrise: 5:09AM*  
**Muruqa:** Blue    *Sunset: 7:40PM*  
**Nataraja:** White  
Moon – White    **Subha Subha Sivaloka Day**  
**Ashada-Adi**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Pittsburgh, PA Sun 9 Sutra 103 Vikarin 5121
Mesha Rasi: 25.23	Tithi 24 – 25	<b>Gulika</b> 6:59AM – 8:47AM	<b>Bharani</b> <b>Until 8:23AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM	
		Yama 4:02PM – 5:50PM	Ganda* <b>Until 9:22PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 15
424893462	<b>Rahu</b> 10:36AM – 12:25PM		Vanija <b>Until 9:27PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:25AM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>
						<b>Ashada-Adi</b>

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 10 Sutra 104 Vikarin 5121
Wrishabha Rasi: 8.21	Tithi 25 – 26	<b>Gulika</b> 5:11AM – 7:00AM	<b>Krittika</b> <b>Until 8:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM	
		Yama 2:13PM – 4:01PM	Vriddhi <b>Until 7:57PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 15
424893462	<b>Rahu</b> 8:48AM – 10:36AM		Bava <b>Until 8:55PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami Until 9:16AM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>
						<b>Ashada-Adi</b>

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Pittsburgh, PA Sun 11 Sutra 105 Vikarin 5121
Wrishabha Rasi: 21.44	Tithi 26 – 27	<b>Gulika</b> 4:01PM – 5:49PM	<b>Rohini</b> <b>Until 8:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:12AM	
		Yama 12:25PM – 2:13PM	Dhruva <b>Until 5:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 15
424893462	<b>Rahu</b> 5:49PM – 7:37PM		Kaulava <b>Until 7:36PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 8:20AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
						<b>Ashada-Adi</b>

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau		Pittsburgh, PA Sun 12 Sutra 106 Vikarin 5121
Mithuna Rasi: 5.34	Tithi 27 – 28	<b>Gulika</b> 2:12PM – 4:00PM	<b>Mrigashira</b> <b>Until 7:51AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM	
<b>Family Home Evening</b>		Yama 10:37AM – 12:25PM	Vyaghata* <b>Until 3:14PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 15
435893462	<b>Rahu</b> 7:01AM – 8:49AM		Vanija <b>Until 4:19AM Tue</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 6:39AM</b>	Moon – Yellow		<b>Sivaloka Day</b>
Until 7:51AM						<b>Ashada-Adi</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pittsburgh, PA Sun 13 Sutra 107 Vikarin 5121
Mithuna Rasi: 19.5	Tithi 29	<b>Gulika</b> 12:25PM – 2:12PM	<b>Ardra</b> <b>Until 6:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	
		Yama 8:49AM – 10:37AM	Harshana <b>Until 12:07PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 15
424893462	<b>Rahu</b> 4:00PM – 5:47PM		Visti <b>Until 2:57PM</b>	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 1:27AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>
Until 6:07AM						<b>Ashada-Adi</b>
Then Creative Work - Siddha Yoga						

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pittsburgh, PA Sun 14 Sutra 108 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 10:37AM – 12:24PM	<b>Pushya</b> <b>Until 1:40AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM	
Kataka Rasi: 4.28	Tithi 30	Yama 7:02AM – 8:50AM	Vajra* <b>Until 8:33AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 15
445893462	<b>Rahu</b> 12:24PM – 2:12PM		Catuspada <b>Until 11:52AM</b>	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:11PM</b>	Moon – Blue		<b>Sivaloka Day</b>
						<b>Ashada-Adi</b>

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Pittsburgh, PA Sun 15 Sutra 109 Vikarin 5121
Kataka Rasi: 19.22	Tithi 1	<b>Gulika</b> 8:50AM – 10:37AM	<b>Ashlesha*</b> <b>Until 10:50PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:16AM	
		Yama 5:16AM – 7:03AM	Vyatipata* <b>Until 12:45AM Fri</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15
445893462	<b>Rahu</b> 2:12PM – 3:59PM		Kintughna <b>Until 8:28AM</b>	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 6:41PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 10:50PM						<b>Sravana-Adi</b>
Then Creative Work - Amrita Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pittsburgh, PA Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 4.24	Tithi 2 – 3	<b>Gulika</b> 7:04AM – 8:51AM	<b>Magha* Until 8:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:17AM		
		Yama 3:58PM – 5:45PM	Variyan Until 8:43PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM		Moon 7 - Phase 16
	455893462	<b>Rahu</b> 10:37AM – 12:24PM	Taitila Until 1:22AM Sat	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 3:07PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 8:13PM				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Pittsburgh, PA Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 19.26	Tithi 3 – 4	<b>Gulika</b> 5:18AM – 7:04AM	<b>Purvaphalguni Until 5:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:18AM		
		Yama 2:11PM – 3:58PM	Parigha* Until 4:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 7 - Phase 16
	455893462	<b>Rahu</b> 8:51AM – 10:38AM	Vanija Until 9:57PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:37AM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 5:36PM				<b>Sravana-Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Pittsburgh, PA Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 4.19	Tithi 4 – 5	<b>Gulika</b> 3:57PM – 5:43PM	<b>Uttaraphalguni Until 3:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:19AM		
		Yama 12:24PM – 2:11PM	Shiva Until 1:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM		Moon 7 - Phase 16
	455993462	<b>Rahu</b> 5:43PM – 7:30PM	Bava Until 6:51PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 8:20AM</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana-Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Pittsburgh, PA Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 18.57	Tithi 6	<b>Gulika</b> 2:10PM – 3:56PM	<b>Hasta Until 1:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM		
<b>Family Home Evening</b>		Yama 10:38AM – 12:24PM	Siddha Until 9:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	<b>Rahu</b> 7:06AM – 8:52AM	Kaulava Until 4:10PM	<b>Nataraja:</b> White			3rd Phase
Until 1:17PM			<b>Shashthi* Until 3:00AM Tue</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Sravana-Adi</b>			

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Pittsburgh, PA Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 3.13	Tithi 7	<b>Gulika</b> 12:24PM – 2:10PM	<b>Chitra Until 11:52AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:21AM		
		Yama 8:52AM – 10:38AM	Sadhya Until 6:48AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM		Moon 7 - Phase 16
	465993462	<b>Rahu</b> 3:56PM – 5:42PM	Gara Until 2:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 1:10AM Wed</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Pittsburgh, PA Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 17.07	Tithi 8	<b>Gulika</b> 10:38AM – 12:24PM	<b>Svati Until 10:54AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:22AM		
		Yama 7:07AM – 8:53AM	Sukla Until 2:25AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:26PM		Moon 7 - Phase 16
	465993462	<b>Rahu</b> 12:24PM – 2:09PM	Visti Until 12:30PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:59PM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Pittsburgh, PA Sun 22 Sutra 116 Vikarin 5121	
Vrischika Rasi: 0.37	Tithi 9	<b>Gulika</b> 8:53AM – 10:38AM	<b>Vishakha Until 10:54AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:22AM		
		Yama 5:22AM – 7:08AM	Brahma Until 1:02AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:25PM		Moon 7 - Phase 16
	476993462	<b>Rahu</b> 2:09PM – 3:54PM	Balava Until 11:39AM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 11:28PM</b>	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Pittsburgh, PA Sun 23
Wrischika Rasi: 13.44	Tithi 10	<b>Gulika</b> 7:08AM – 8:53AM	<b>Anuradha</b> <b>Until 11:24AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:23AM	Vikarin 5121
		Yama 3:54PM – 5:39PM	Indra Until 12:10AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 17
476993462	<b>Rahu</b> 10:39AM – 12:24PM		Taitila Until 11:28AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>
Until 11:24AM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> <b>Until 11:36PM</b>	<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Pittsburgh, PA Sun 24
Wrischika Rasi: 26.33	Tithi 11	<b>Gulika</b> 5:24AM – 7:09AM	<b>Jyeshtha*</b> <b>Until 12:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	Vikarin 5121
		Yama 2:08PM – 3:53PM	Vaidhriti* Until 11:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 17
476993462	<b>Rahu</b> 8:54AM – 10:39AM		Vanija Until 11:55AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>
Until 11:24AM			<b>Ekadashi</b> <b>Until 12:20AM Sun</b>	<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Pittsburgh, PA Sun 25
Dhanus Rasi: 9.05	Tithi 12	<b>Gulika</b> 3:52PM – 5:37PM	<b>Mula*</b> <b>Until 2:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:25AM	Vikarin 5121
		Yama 12:23PM – 2:08PM	Vishkambha* Until 11:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 5:37PM – 7:21PM		Bava Until 12:56PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 2:12PM			<b>Dvodashi</b> <b>Until 1:36AM Mon</b>	<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pittsburgh, PA Sun 26
Dhanus Rasi: 21.25	Tithi 13	<b>Gulika</b> 2:07PM – 3:51PM	<b>Purvashadha*</b> <b>Until 4:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Vikarin 5121
		Yama 10:39AM – 12:23PM	Priti Until 12:07AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 7:11AM – 8:55AM		Kaulava Until 2:25PM	<b>Nataraja:</b> White		4th Phase
Family Home Evening				Moon – Light Blue		<b>Subha Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 3:17AM Tue</b>	<b>Sravana*Adi</b>		

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Pittsburgh, PA Sun 27
Makara Rasi: 3.34	Tithi 14	<b>Gulika</b> 12:23PM – 2:07PM	<b>Uttarashadha</b> <b>Until 6:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	Vikarin 5121
		Yama 8:55AM – 10:39AM	Ayushman Until 12:42AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 3:51PM – 5:35PM		Gara Until 4:16PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 6:38PM			<b>Chaturdashi*</b> <b>Until 5:18AM Wed</b>	<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>○</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau		Pittsburgh, PA Sun 28
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:39AM – 12:23PM	<b>Shravana</b> <b>Until 9:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:28AM	Vikarin 5121
Makara Rasi: 15.35	Tithi 15	Yama 7:12AM – 8:55AM	Saubhagya Until 1:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17
496993462	<b>Rahu</b> 12:23PM – 2:06PM		Visti Until 6:25PM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>
Until 9:33PM		<b>Raksha Bandhan</b>	<b>Purnima*</b> <b>Until 7:32AM Thu</b>	<b>Sravana*Adi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>○</b>		<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Pittsburgh, PA Sun 29
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:56AM – 10:39AM	<b>Dhanishtha</b> <b>Until 12:27AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:29AM	Vikarin 5121
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:29AM – 7:13AM	Sobhana Until 2:24AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 17
497993462	<b>Rahu</b> 2:06PM – 3:49PM		Balava Until 8:44PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>
Until 9:33PM			<b>Purnima*</b> <b>Until 7:32AM</b>	<b>Sravana*Adi</b>		
Then Routine Work - Prabalarishta Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pittsburgh, PA  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 9.24    Tithi 16 – 17

497993462

**Gulika** 7:13AM – 8:56AM  
Yama 3:48PM – 5:31PM  
**Rahu** 10:39AM – 12:22PM

**Shatabhishak Until 3:16AM Sat**  
Athiganda\* Until 3:21AM Sat  
Taitila Until 11:10PM  
**Prathama\* Until 9:55AM**

**Ganesha:** Yellow    *Sunrise:* 5:30AM  
**Muruqa:** Blue    *Sunset:* 7:14PM  
**Nataraja:** White  
Moon – Purple

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 21.15    Tithi 17 – 18

517993462

**Gulika** 5:31AM – 7:14AM  
Yama 2:05PM – 3:48PM  
**Rahu** 8:57AM – 10:39AM

**Purvaproshtapada\* Until 6:25AM Sun**  
Sukarma Until 4:18AM Sun  
Vanija Until 1:35AM Sun  
**Dvitiya Until 12:21PM**

**Ganesha:** White    *Sunrise:* 5:31AM  
**Muruqa:** Blue    *Sunset:* 7:13PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Routine Work    Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Pittsburgh, PA  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 3.07    Tithi 18 – 19

517993462

**Gulika** 3:47PM – 5:29PM  
Yama 12:22PM – 2:04PM  
**Rahu** 5:29PM – 7:12PM

**Purvaproshtapada\* Until 6:25AM**  
Dhriti Until 5:12AM Mon  
Bava Until 3:55AM Mon  
**Tritiya Until 2:45PM**

**Ganesha:** White    *Sunrise:* 5:32AM  
**Muruqa:** Blue    *Sunset:* 7:12PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 15.02    Tithi 19 – 20

517993462

**Gulika** 2:04PM – 3:46PM  
Yama 10:40AM – 12:22PM  
**Rahu** 7:15AM – 8:57AM

**Uttaraproshtapada Until 9:16AM**  
Shula\* Until 5:54AM Tue  
Kaulava Until 6:03AM Tue  
**Chaturthi\* Until 5:00PM**

**Ganesha:** White    *Sunrise:* 5:33AM  
**Muruqa:** Blue    *Sunset:* 7:10PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Pittsburgh, PA  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 27.01    Tithi 20

517993462

**Gulika** 12:21PM – 2:03PM  
Yama 8:58AM – 10:40AM  
**Rahu** 3:45PM – 5:27PM

**Revati Until 11:46AM**  
Ganda\* Until 6:22AM Wed  
Kaulava Until 6:03AM  
**Panchami Until 6:59PM**

**Ganesha:** White    *Sunrise:* 5:34AM  
**Muruqa:** Blue    *Sunset:* 7:09PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Pittsburgh, PA  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 9.07    Tithi 21

528993462

**Gulika** 10:40AM – 12:21PM  
Yama 7:17AM – 8:58AM  
**Rahu** 12:21PM – 2:03PM

**Ashvini Until 2:14PM**  
Ganda\* Until 6:22AM  
Gara Until 7:52AM  
**Shashthi\* Until 8:35PM**

**Ganesha:** White    *Sunrise:* 5:35AM  
**Muruqa:** Blue    *Sunset:* 7:07PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Routine Work    Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Pittsburgh, PA  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 21.25    Tithi 22

528993462

**Gulika** 8:58AM – 10:40AM  
Yama 5:36AM – 7:17AM  
**Rahu** 2:02PM – 3:43PM

**Bharani Until 4:04PM**  
Vridhhi Until 6:30AM  
Visti Until 9:13AM  
**Saptami Until 9:39PM**

**Ganesha:** White    *Sunrise:* 5:36AM  
**Muruqa:** Blue    *Sunset:* 7:06PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 3.59    Tithi 23

528993462

**Gulika** 7:18AM – 8:59AM  
Yama 3:43PM – 5:23PM  
**Rahu** 10:40AM – 12:21PM

**Krittika Until 5:07PM**  
Dhruva Until 6:09AM  
Balava Until 9:58AM  
**Ashtami\* Until 10:03PM**

**Ganesha:** White    *Sunrise:* 5:37AM  
**Muruqa:** Blue    *Sunset:* 7:04PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Pittsburgh, PA  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 16.52    Tithi 24

538993462

**Gulika** 5:38AM – 7:19AM  
Yama 2:01PM – 3:42PM  
**Rahu** 8:59AM – 10:40AM

**Rohini Until 5:45PM**  
Harshana Until 3:46AM Sun  
Taitila Until 10:00AM  
**Navami\* Until 9:42PM**

**Ganesha:** Clear    *Sunrise:* 5:38AM  
**Muruqa:** Blue    *Sunset:* 7:03PM  
**Nataraja:** White  
Moon – Yellow

**Subha Sivaloka Day**

Creative Work    Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1 Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Pittsburgh, PA Sun 9 Sutra 133 Vikarin 5121
Mithuna Rasi: 0.09	Tithi 25	<b>Gulika</b> 3:41PM – 5:21PM	<b>Mrigashira</b> Until 5:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:39AM	
		Yama 12:20PM – 2:00PM	Vajra* Until 1:37AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 19
	538993462	<b>Rahu</b> 5:21PM – 7:01PM	Vanija Until 9:14AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:33PM	Moon – Yellow		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>2 Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Pittsburgh, PA Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 13.53	Tithi 26	<b>Gulika</b> 2:00PM – 3:40PM	<b>Ardra</b> Until 4:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:40AM	
<b>Family Home Evening</b>		Yama 10:40AM – 12:20PM	Siddhi Until 10:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	<b>Rahu</b> 7:20AM – 9:00AM	Bava Until 7:42AM	<b>Nataraja:</b> White		2nd Phase
Until 4:15PM			<b>Ekadashi*</b> Until 6:38PM	Moon – Yellow		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>		

<b>3 Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 28.06	Tithi 27 – 28	<b>Gulika</b> 12:20PM – 1:59PM	<b>Punarvasu</b> Until 2:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:41AM	
		Yama 9:00AM – 10:40AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 8 - Phase 19
	548993462	<b>Rahu</b> 3:39PM – 5:19PM	Gara Until 2:34AM Wed	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 4:03PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>4 Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 12.44	Tithi 28 – 29	<b>Gulika</b> 10:40AM – 12:19PM	<b>Pushya</b> Until 12:20PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:42AM	
		Yama 7:21AM – 9:01AM	Variyan Until 3:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 19
	549193463	<b>Rahu</b> 12:19PM – 1:59PM	Visti Until 11:12PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 12:55PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pittsburgh, PA Sun 13 Sutra 137 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 9:01AM – 10:40AM	<b>Ashlesha*</b> Until 9:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:43AM	
Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:43AM – 7:22AM	Parigha* Until 11:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 19
	549193463	<b>Rahu</b> 1:58PM – 3:37PM	Catuspada Until 7:31PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:23AM	Moon – Blue		<b>Sivaloka Day</b>
Until 9:29AM				<b>Sravana-Avani</b>		
Then Creative Work - Amrita Yoga						

<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Pittsburgh, PA Sun 14 Sutra 138 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:22AM – 9:01AM	<b>Magha*</b> Until 6:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:44AM	
Simha Rasi: 12.55	Tithi 1	Yama 3:36PM – 5:15PM	Shiva Until 7:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:54PM	Moon 8 - Phase 19
	559193463	<b>Rahu</b> 10:40AM – 12:19PM	Kintughna Until 3:41PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 1:45AM Sat	Moon – Red		<b>Sivaloka Day</b>
Until 6:39AM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pittsburgh, PA Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 28.1	Tithi 2	<b>Gulika</b> 5:45AM – 7:23AM	<b>Uttaraphalguni</b> Until 12:35AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:45AM			
		Yama 1:57PM – 3:35PM	Sadhya Until 11:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:52PM		Moon 8 - Phase 20	
		559193463 <b>Rahu</b> 9:01AM – 10:40AM	Balava Until 11:52AM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 10:00PM	<b>Moon – Red</b>			<b>Sivaloka Day</b>	
Until 12:35AM Sun				<b>Bhadrapada-Avani</b>				
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Pittsburgh, PA Sun 16 Sutra 140 Vikarin 5121
Kanya Rasi: 13.19	Tithi 3	<b>Gulika</b> 3:34PM – 5:12PM	<b>Hasta</b> Until 10:06PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:46AM			
		Yama 12:18PM – 1:56PM	Subha Until 7:11PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:51PM		Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 5:12PM – 6:51PM	Taitila Until 8:14AM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 6:31PM	<b>Moon – Green</b>			<b>Sivaloka Day</b>	
Until 10:06PM				<b>Bhadrapada-Avani</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Pittsburgh, PA Sun 17 Sutra 141 Vikarin 5121
Kanya Rasi: 28.11	Tithi 4 – 5	<b>Gulika</b> 1:56PM – 3:33PM	<b>Chitra</b> Until 7:56PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:47AM			
<b>Family Home Evening</b>		Yama 10:40AM – 12:18PM	Sukla Until 3:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:49PM		Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 7:24AM – 9:02AM	Bava Until 2:10AM Tue	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 3:28PM	<b>Moon – Green</b>			<b>Sivaloka Day</b>	
Until 7:56PM				<b>Bhadrapada-Avani</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pittsburgh, PA Sun 18 Sutra 142 Vikarin 5121
Tula Rasi: 12.41	Tithi 5 – 6	<b>Gulika</b> 12:17PM – 1:55PM	<b>Svati</b> Until 6:15PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:47AM			
		Yama 9:02AM – 10:40AM	Brahma Until 12:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM		Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 3:32PM – 5:10PM	Kaulava Until 12:02AM Wed	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:00PM	<b>Moon – Green</b>			<b>Sivaloka Day</b>	
Until 6:15PM				<b>Bhadrapada-Avani</b>				
Then Routine Work - Marana Yoga								

<b>5</b>		<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Pittsburgh, PA Sun 19 Sutra 143 Vikarin 5121
Tula Rasi: 26.43	Tithi 6 – 7	<b>Gulika</b> 10:40AM – 12:17PM	<b>Vishakha</b> Until 5:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:48AM			
		Yama 7:26AM – 9:03AM	Indra Until 9:57AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM		Moon 8 - Phase 20	
		579193463 <b>Rahu</b> 12:17PM – 1:54PM	Gara Until 10:41PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 11:14AM	<b>Moon – Orange</b>			<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>				

<b>Retreat Star</b>		<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau				Pittsburgh, PA Sun 20 Sutra 144 Vikarin 5121
Vrischika Rasi: 10.17	Tithi 7 – 8	<b>Gulika</b> 9:03AM – 10:40AM	<b>Anuradha</b> Until 5:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:49AM			
		Yama 5:49AM – 7:26AM	Vaidhriti* Until 8:04AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:44PM		Moon 8 - Phase 20	
		571193463 <b>Rahu</b> 1:54PM – 3:30PM	Visti Until 10:08PM	<b>Nataraja:</b> Clear			Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 10:17AM	<b>Moon – Orange</b>			<b>Sivaloka Day</b>	
Until 5:35PM				<b>Bhadrapada-Avani</b>				
Then Routine Work - Prabalarishta Yoga								

<b>Retreat Star</b>		<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pittsburgh, PA Sun 21 Sutra 145 Vikarin 5121
Vrischika Rasi: 23.23	Tithi 8 – 9	<b>Gulika</b> 7:27AM – 9:03AM	<b>Jyeshtha*</b> Until 6:13PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:50AM			
		Yama 3:29PM – 5:06PM	Vishkambha* Until 6:50AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:42PM		Moon 8 - Phase 20	
		571193463 <b>Rahu</b> 10:40AM – 12:16PM	Balava Until 10:25PM	<b>Nataraja:</b> Clear			Navami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 10:10AM	<b>Moon – Orange</b>			<b>Sivaloka Day</b>	
Until 6:13PM				<b>Bhadrapada-Avani</b>				
Then Creative Work - Amrita Yoga								

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA
	Dhanus Rasi: 6.06	Tithi 9 – 10	581193463	<b>Gulika</b> 5:51AM – 7:27AM Yama 1:52PM – 3:28PM <b>Rahu</b> 9:04AM – 10:40AM	<b>Mula* Until 7:56PM</b> Priti Until 6:15AM Taitila Until 11:27PM <b>Navami* Until 10:49AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:41PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b> <b>Bhadrapada-Avani</b>	


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA
	Dhanus Rasi: 18.29	Tithi 10 – 11	581193463	<b>Gulika</b> 3:27PM – 5:03PM Yama 12:16PM – 1:52PM <b>Rahu</b> 5:03PM – 6:39PM	<b>Purvashadha* Until 10:05PM</b> Ayushman Until 6:11AM Vanija Until 1:05AM Mon <b>Dashami Until 12:10PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:39PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga			<b>Grandparent's Day</b>		<b>Devaloka Day</b> <b>Bhadrapada-Avani</b>	
Until 10:05PM							
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA
	Makara Rasi: 0.39	Tithi 11 – 12	581193463	<b>Gulika</b> 1:51PM – 3:26PM Yama 10:40AM – 12:15PM <b>Rahu</b> 7:29AM – 9:04AM	<b>Uttarashadha Until 12:30AM Tue</b> Saubhagya Until 6:34AM Bava Until 3:09AM Tue <b>Ekadashi Until 2:03PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Family Home Evening	Marana Yoga					<b>Devaloka Day</b> <b>Bhadrapada-Avani</b>	
Routine Work							
Until 12:30AM Tue							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA
	Makara Rasi: 12.38	Tithi 12 – 13	591193463	<b>Gulika</b> 12:15PM – 1:50PM Yama 9:05AM – 10:40AM <b>Rahu</b> 3:25PM – 5:01PM	<b>Shravana Until 3:32AM Wed</b> Sobhana Until 7:16AM Kaulava Until 5:29AM Wed <b>Dvadashi Until 4:16PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:54AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:36PM <b>Nataraja:</b> Clear Moon – Purple	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga					<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	
Until 3:32AM Wed							
Then Routine Work - Prabalarishta Yoga					<i>Pradosha Vrata</i>		

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Pittsburgh, PA
	Makara Rasi: 24.32	Tithi 13	591193463	<b>Gulika</b> 10:40AM – 12:15PM Yama 7:30AM – 9:05AM <b>Rahu</b> 12:15PM – 1:50PM	<b>Dhanishtha Until 6:31AM Thu</b> Athiganda* Until 8:07AM Taitila Until 6:41PM <b>Trayodashi Until 6:41PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:55AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – Purple	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Routine Work	Prabalarishta Yoga					<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	
Until 6:31AM Thu							
Then Creative Work - Siddha Yoga				<b>Chidambaram Abhishekam</b>			

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Pittsburgh, PA
	Kumbha Rasi: 6.24	Tithi 14	591193463	<b>Gulika</b> 9:05AM – 10:40AM Yama 5:56AM – 7:31AM <b>Rahu</b> 1:49PM – 3:23PM	<b>Dhanishtha Until 6:31AM</b> Sukarma Until 9:04AM Gara Until 7:57AM <b>Chaturdashi* Until 9:09PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:56AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Purple	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga					<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	
				<b>Avani Avittam</b>			

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Pittsburgh, PA
	Kumbha Rasi: 18.16	Tithi 15	591113463	<b>Gulika</b> 7:31AM – 9:05AM Yama 3:22PM – 4:57PM <b>Rahu</b> 10:40AM – 12:14PM	<b>Shatabhishak Until 9:20AM</b> Dhriti Until 10:01AM Visti Until 10:24AM <b>Purnima* Until 11:36PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:57AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Clear Moon – Purple	Sun 28 Sutra 152 Vikarin 5121 Moon 8 - Phase 21 Purnima
Creative Work	Siddha Yoga					<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	

<b>7</b>	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Pittsburgh, PA
	Meena Rasi: 0.08	Tithi 16	511113463	<b>Gulika</b> 5:58AM – 7:32AM Yama 1:48PM – 3:21PM <b>Rahu</b> 9:06AM – 10:40AM	<b>Purvaproshtapada* Until 12:25PM</b> Shula* Until 10:53AM Balava Until 12:48PM <b>Prathama* Until 1:55AM Sun</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:29PM <b>Nataraja:</b> Clear Moon – Clear	Sun 29 Sutra 153 Vikarin 5121 Moon 8 - Phase 21 Prathama
Routine Work	Marana Yoga					<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	
Until 12:25PM							
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Pittsburgh, PA Sun 9 Sutra 162 Vikarin 5121
<b>1</b>	Mithuna Rasi: 22.52 Tithi 24 – 25	<b>Gulika</b> 1:41PM – 3:12PM	<b>Punarvasu</b> <b>Until 11:59PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:07AM
<b>Family Home Evening</b>	542213463	Yama 10:39AM – 12:10PM	Variyan Until 7:48AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:14PM
Creative Work Amrita Yoga		<b>Rahu</b> 7:38AM – 9:09AM	Vanija Until 7:16PM	<b>Nataraja:</b> Clear
Until 11:59PM			Navami* <b>Until 8:08AM</b>	Moon – Blue
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 10 Sutra 163 Vikarin 5121
<b>2</b>	Kataka Rasi: 6.53 Tithi 25 – 26	<b>Gulika</b> 12:10PM – 1:41PM	<b>Pushya</b> <b>Until 10:18PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:08AM
	542213463	Yama 9:09AM – 10:39AM	Shiva Until 1:56AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:13PM
Creative Work Siddha Yoga		<b>Rahu</b> 3:11PM – 4:42PM	Balava Until 3:36AM Wed	<b>Nataraja:</b> Clear
			Dashami <b>Until 6:11AM</b>	Moon – Blue
				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Pittsburgh, PA Sun 11 Sutra 164 Vikarin 5121
<b>3</b>	Kataka Rasi: 21.2 Tithi 27	<b>Gulika</b> 10:39AM – 12:10PM	<b>Ashlesha*</b> <b>Until 7:57PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:09AM
	542213463	Yama 7:39AM – 9:09AM	Siddha Until 10:17PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM
Creative Work Siddha Yoga		<b>Rahu</b> 12:10PM – 1:40PM	Kaulava Until 2:07PM	<b>Nataraja:</b> Clear
			Dvadashi* <b>Until 12:29AM Thu</b>	Moon – Blue
				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Pittsburgh, PA Sun 12 Sutra 165 Vikarin 5121
<b>4</b>	Simha Rasi: 6.1 Tithi 28	<b>Gulika</b> 9:09AM – 10:39AM	<b>Magha*</b> <b>Until 5:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM
	552213463	Yama 6:10AM – 7:39AM	Sadhya Until 6:18PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:09PM
Creative Work Amrita Yoga		<b>Rahu</b> 1:39PM – 3:09PM	Gara Until 10:47AM	<b>Nataraja:</b> Clear
Until 5:26PM			Trayodashi* <b>Until 8:59PM</b>	Moon – Red
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>
			<i>Pradosha Vrata (Fasting)</i>	

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Pittsburgh, PA Sun 13 Sutra 166 Vikarin 5121
<b>5</b>	Simha Rasi: 21.15 Tithi 29 – 30	<b>Gulika</b> 7:40AM – 9:10AM	<b>Purvaphalguni</b> <b>Until 2:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM
	552213463	Yama 3:08PM – 4:38PM	Subha Until 2:07PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:08PM
Creative Work Siddha Yoga		<b>Rahu</b> 10:39AM – 12:09PM	Visti Until 7:09AM	<b>Nataraja:</b> Clear
			Chaturdashi* <b>Until 5:15PM</b>	Moon – Red
				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pittsburgh, PA Sun 14 Sutra 167 Vikarin 5121
<b>Retreat Star</b>	Kanya Rasi: 6.29 Tithi 30 – 1	<b>Gulika</b> 6:11AM – 7:41AM	<b>Uttaraphalguni</b> <b>Until 11:24AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:11AM
	653213463	Yama 1:38PM – 3:07PM	Sukla Until 9:51AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:06PM
Routine Work Marana Yoga		<b>Rahu</b> 9:10AM – 10:39AM	Kintughna Until 11:37PM	<b>Nataraja:</b> Clear
			Amavasya* <b>Until 1:28PM</b>	Moon – Red
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pittsburgh, PA Sun 15 Sutra 168 Vikarin 5121
<b>Retreat Star</b>	Kanya Rasi: 21.4 Tithi 1 – 2	<b>Gulika</b> 3:06PM – 4:35PM	<b>Hasta</b> <b>Until 8:39AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:12AM
	663213463	Yama 12:08PM – 1:37PM	Indra Until 1:41AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM
Creative Work Amrita Yoga		<b>Rahu</b> 4:35PM – 6:04PM	Balava Until 8:04PM	<b>Nataraja:</b> Clear
Until 8:39AM			Prathama* <b>Until 9:47AM</b>	Moon – Green
Then Creative Work - Siddha Yoga		<b>Navaratri Begins</b>		<b>Devaloka Day</b> <b>Ashvina-Puratasi</b>

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Pittsburgh, PA Sun 16 Sutra 169 Vikarin 5121
<b>1</b>	Tula Rasi: 6.38 Tithi 2 - 3 Family Home Evening Routine Work Prabalarishta Yoga Until 6:02AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:37PM - 3:05PM Yama 10:39AM - 12:08PM <b>Rahu</b> 7:42AM - 9:11AM	<b>Chitra Until 6:02AM</b> Vaidhriti* Until 10:03PM Gara Until 3:30AM Tue <b>Dvitiya Until 6:24AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:13AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:03PM</i> <b>Nataraja:</b> Clear Moon - Green <b>Devaloka Day</b> Ashvina+Puratasi

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthyam Titau		Pittsburgh, PA Sun 17 Sutra 170 Vikarin 5121
<b>2</b>	Tula Rasi: 21.16 Tithi 4 Routine Work Marana Yoga Until 2:23AM Wed Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:08PM - 1:36PM Yama 9:11AM - 10:39AM <b>Rahu</b> 3:04PM - 4:33PM	<b>Vishakha Until 2:23AM Wed</b> Vishkambha* Until 6:54PM Vanija Until 2:17PM <b>Chaturthi* Until 1:13AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:14AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:01PM</i> <b>Nataraja:</b> Clear Moon - Orange <b>Devaloka Day</b> Ashvina+Puratasi

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Pittsburgh, PA Sun 18 Sutra 171 Vikarin 5121
<b>3</b>	Vrischika Rasi: 5.26 Tithi 5 Creative Work Siddha Yoga Until 1:38AM Thu Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 10:39AM - 12:07PM Yama 7:43AM - 9:11AM <b>Rahu</b> 12:07PM - 1:35PM	<b>Anuradha Until 1:38AM Thu</b> Priti Until 4:22PM Bava Until 12:22PM <b>Panchami Until 11:42PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:15AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:59PM</i> <b>Nataraja:</b> Clear Moon - Orange <b>Devaloka Day</b> Ashvina+Puratasi

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Pittsburgh, PA Sun 19 Sutra 172 Vikarin 5121
<b>4</b>	Vrischika Rasi: 19.06 Tithi 6 Routine Work Prabalarishta Yoga Until 1:36AM Fri Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:12AM - 10:39AM Yama 6:16AM - 7:44AM <b>Rahu</b> 1:35PM - 3:02PM	<b>Jyeshtha* Until 1:36AM Fri</b> Ayushman Until 2:29PM Kaulava Until 11:17AM <b>Shashthi* Until 11:03PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:16AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:58PM</i> <b>Nataraja:</b> Clear Moon - Orange <b>Devaloka Day</b> Ashvina+Puratasi

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Pittsburgh, PA Sun 20 Sutra 173 Vikarin 5121
<b>5</b>	Dhanus Rasi: 2.17 Tithi 7 Creative Work Amrita Yoga Until 2:45AM Sat Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:45AM - 9:12AM Yama 3:01PM - 4:29PM <b>Rahu</b> 10:39AM - 12:07PM	<b>Mula* Until 2:45AM Sat</b> Saubhagya Until 1:19PM Gara Until 11:06AM <b>Saptami Until 11:19PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:17AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:56PM</i> <b>Nataraja:</b> Clear Moon - Light Blue <b>Sivaloka Day</b> Ashvina+Puratasi

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Pittsburgh, PA Sun 21 Sutra 174 Vikarin 5121
<b>Retreat Star</b>	Dhanus Rasi: 15.01 Tithi 8 Creative Work Siddha Yoga Until 4:32AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 6:18AM - 7:45AM Yama 1:33PM - 3:00PM <b>Rahu</b> 9:12AM - 10:39AM	<b>Purvashadha* Until 4:32AM Sun</b> Sobhana Until 12:51PM Visti Until 11:47AM <b>Ashtami* Until 12:24AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:54PM</i> <b>Nataraja:</b> Clear Moon - Light Blue <b>Sivaloka Day</b> Ashvina+Puratasi

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Pittsburgh, PA Sun 22 Sutra 175 Vikarin 5121
<b>Retreat Star</b>	Dhanus Rasi: 27.24 Tithi 9 Creative Work Amrita Yoga	<b>Gulika</b> 3:00PM - 4:26PM Yama 12:06PM - 1:33PM <b>Rahu</b> 4:26PM - 5:53PM	<b>Uttarashadha Until 6:46AM Mon</b> Athiganda* Until 12:55PM Balava Until 1:14PM <b>Navami* Until 2:11AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:19AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:53PM</i> <b>Nataraja:</b> Clear Moon - Light Blue <b>Sivaloka Day</b> Ashvina+Puratasi

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Pittsburgh, PA Sun 23 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:32PM – 2:59PM	<b>Uttarashadha</b> Until 6:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	
Makara Rasi: 9.31	Tithi 10	Yama 10:40AM – 12:06PM	Sukarma Until 1:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:47AM – 9:13AM	Taitila Until 3:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dashami</b> Until 4:25AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>
Until 6:46AM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Pittsburgh, PA Sun 24 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:06PM – 1:32PM	<b>Shravana</b> Until 9:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	
Makara Rasi: 21.28	Tithi 11	Yama 9:14AM – 10:40AM	Dhriti Until 2:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 2:58PM – 4:24PM	Vanija Until 5:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 6:55AM Wed	Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 25 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:40AM – 12:05PM	<b>Dhanishtha</b> Until 12:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM	
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:48AM – 9:14AM	Shula* Until 3:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 12:05PM – 1:31PM	Bava Until 8:13PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga			<b>Ekadashi</b> Until 6:55AM	Moon – Purple		<b>Sivaloka Day</b>
Until 12:46PM		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:14AM – 10:40AM	<b>Shatabhishak</b> Until 3:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:24AM	
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:24AM – 7:49AM	Ganda* Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 1:30PM – 2:56PM	Kaulava Until 10:43PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 9:27AM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>		

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:50AM – 9:15AM	<b>Purvaproshtapada*</b> Until 6:40PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:25AM	
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:55PM – 4:20PM	Vridhi Until 5:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
613213464		<b>Rahu</b> 10:40AM – 12:05PM	Gara Until 1:04AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 11:53AM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA Sun 28 Sutra 181 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:26AM – 7:50AM	<b>Uttaraproshtapada</b> Until 9:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:26AM	
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:29PM – 2:54PM	Dhruva Until 5:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
613213464		<b>Rahu</b> 9:15AM – 10:40AM	Visti Until 3:11AM Sun	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 2:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 9:21PM				<b>Ashvina+Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sun 29 Sutra 182 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 2:53PM – 4:18PM	<b>Revati</b> Until 11:38PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	
Meena Rasi: 21	Tithi 15 – 16	Yama 12:04PM – 1:29PM	Vyaghata* Until 6:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
614213464		<b>Rahu</b> 4:18PM – 5:42PM	Balava Until 5:02AM Mon	<b>Nataraja:</b> Purple		Prathama
Creative Work Amrita Yoga			<b>Purnima*</b> Until 4:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 11:38PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08 Tithi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:28PM - 2:52PM  
Yama 10:40AM - 12:04PM  
Rahu 7:52AM - 9:16AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 1:57AM Tue  
Harshana Until 6:25PM  
Taitila Until 6:35AM Tue  
Prathama\* Until 5:50PM

Ganesha: White Sunrise: 6:28AM  
Muruga: Purple Sunset: 5:40PM  
Nataraja: Purple  
Moon - White  
Subha Subha Sivaloka Day  
Ashvina-Puratasi

Pittsburgh, PA  
Sutra 183  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24 Tithi 17

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Gulika 12:04PM - 1:28PM  
Yama 9:16AM - 10:40AM  
Rahu 2:51PM - 4:15PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bharani Until 3:48AM Wed  
Vajra\* Until 6:25PM  
Taitila Until 6:35AM  
Dvitiya Until 7:13PM

Ganesha: White Sunrise: 6:29AM  
Muruga: Purple Sunset: 5:39PM  
Nataraja: Purple  
Moon - White  
Subha Subha Sivaloka Day  
Ashvina-Puratasi

Pittsburgh, PA  
Sun 1  
Sutra 184  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48 Tithi 18

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Gulika 10:40AM - 12:04PM  
Yama 7:53AM - 9:17AM  
Rahu 12:04PM - 1:27PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Krittika Until 5:09AM Thu  
Siddhi Until 6:11PM  
Vanija Until 7:49AM  
Tritiya Until 8:17PM

Ganesha: White Sunrise: 6:30AM  
Muruga: Purple Sunset: 5:37PM  
Nataraja: Purple  
Moon - White  
Subha Subha Sivaloka Day  
Ashvina-Puratasi

Pittsburgh, PA  
Sun 2  
Sutra 185  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21 Tithi 19

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Gulika 9:17AM - 10:40AM  
Yama 6:31AM - 7:54AM  
Rahu 1:27PM - 2:50PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 6:27AM Fri  
Vyatipata\* Until 5:40PM  
Bava Until 8:42AM  
Chaturthi\* Until 8:58PM

Ganesha: White Sunrise: 6:31AM  
Muruga: Purple Sunset: 5:36PM  
Nataraja: Purple  
Moon - Yellow  
Sivaloka Day  
Ashvina-Aipasi

Pittsburgh, PA  
Sun 3  
Sutra 186  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05 Tithi 20

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Gulika 7:55AM - 9:18AM  
Yama 2:49PM - 4:12PM  
Rahu 10:40AM - 12:03PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rohini Until 6:27AM  
Variyan Until 4:49PM  
Kaulava Until 9:11AM  
Panchami Until 9:14PM

Ganesha: White Sunrise: 6:32AM  
Muruga: Purple Sunset: 5:34PM  
Nataraja: Purple  
Moon - Yellow  
Sivaloka Day  
Ashvina-Aipasi

Pittsburgh, PA  
Sun 4  
Sutra 187  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02 Tithi 21

Creative Work Siddha Yoga

Gulika 6:33AM - 7:56AM  
Yama 1:26PM - 2:48PM  
Rahu 9:18AM - 10:41AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 7:09AM  
Parigha\* Until 3:36PM  
Gara Until 9:13AM  
Shashthi\* Until 9:01PM

Ganesha: White Sunrise: 6:33AM  
Muruga: Purple Sunset: 5:33PM  
Nataraja: Purple  
Moon - Yellow  
Sivaloka Day  
Ashvina-Aipasi

Pittsburgh, PA  
Sun 5  
Sutra 188  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14 Tithi 22

Creative Work Siddha Yoga

Gulika 2:47PM - 4:09PM  
Yama 12:03PM - 1:25PM  
Rahu 4:09PM - 5:32PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Ardra Until 7:12AM  
Shiva Until 1:59PM  
Visti Until 8:44AM  
Saptami Until 8:15PM

Ganesha: White Sunrise: 6:34AM  
Muruga: Purple Sunset: 5:32PM  
Nataraja: Purple  
Moon - Yellow  
Sivaloka Day  
Ashvina-Aipasi

Pittsburgh, PA  
Sun 6  
Sutra 189  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Monday, October 21, 2019

D

Retreat Star

Kataka Rasi: 2.44 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Gulika 1:25PM - 2:46PM  
Yama 10:41AM - 12:03PM  
Rahu 7:57AM - 9:19AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Punarvasu Until 7:01AM  
Siddha Until 11:54AM  
Balava Until 7:41AM  
Ashtami\* Until 6:56PM

Ganesha: Clear Sunrise: 6:35AM  
Muruga: Purple Sunset: 5:30PM  
Nataraja: Purple  
Moon - Blue  
Subha Sivaloka Day  
Ashvina-Aipasi

Pittsburgh, PA  
Sun 7  
Sutra 190  
Vikarin 5121  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35 Tithi 24 - 25

Creative Work Siddha Yoga

Gulika 12:03PM - 1:24PM  
Yama 9:19AM - 10:41AM  
Rahu 2:46PM - 4:07PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Pushya Until 6:07AM  
Sadhya Until 9:21AM  
Taitila Until 6:04AM  
Navami\* Until 5:02PM

Ganesha: Clear Sunrise: 6:36AM  
Muruga: Purple Sunset: 5:29PM  
Nataraja: Purple  
Moon - Blue  
Subha Sivaloka Day  
Ashvina-Aipasi

Pittsburgh, PA  
Sun 8  
Sutra 191  
Vikarin 5121  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


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<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 9 Sutra 192 Vikarin 5121
Simha Rasi: 0.47	Tithi 25 - 26	<b>Gulika</b> 10:41AM - 12:02PM	<b>Magha* Until 2:45AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:37AM	
		Yama 7:59AM - 9:20AM	Subha Until 6:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 27
	654313464	<b>Rahu</b> 12:02PM - 1:24PM	Bava Until 1:16AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:38PM</b>	Moon - Red		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Pittsburgh, PA Sun 10 Sutra 193 Vikarin 5121
Simha Rasi: 15.19	Tithi 26 - 27	<b>Gulika</b> 9:20AM - 10:41AM	<b>Purvaphalguni Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:39AM	
		Yama 6:39AM - 8:00AM	Brahma Until 11:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 27
	654313464	<b>Rahu</b> 1:23PM - 2:44PM	Kaulava Until 10:15PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:47AM</b>	Moon - Red		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Pittsburgh, PA Sun 11 Sutra 194 Vikarin 5121
Kanya Rasi: 0.05	Tithi 27 - 28	<b>Gulika</b> 8:00AM - 9:21AM	<b>Uttaraphalguni Until 9:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	
		Yama 2:43PM - 4:04PM	Indra Until 7:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 27
	655313464	<b>Rahu</b> 10:42AM - 12:02PM	Gara Until 6:59PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 8:38AM</b>	Moon - Red		<b>Subha Sivaloka Day</b>
Until 9:48PM				<b>Ashvina-Aipasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pittsburgh, PA Sun 12 Sutra 195 Vikarin 5121
Kanya Rasi: 15.01	Tithi 29	<b>Gulika</b> 6:41AM - 8:01AM	<b>Hasta Until 7:19PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:41AM	
		Yama 1:22PM - 2:43PM	Vaidhriti* Until 3:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 27
	665313464	<b>Rahu</b> 9:21AM - 10:42AM	Visti Until 3:37PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 1:55AM Sun</b>	Moon - Green		<b>Subha Sivaloka Day</b>
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>		

		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pittsburgh, PA Sun 13 Sutra 196 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:42PM - 4:02PM	<b>Chitra Until 4:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:42AM	
Kanya Rasi: 29.58	Tithi 30	Yama 12:02PM - 1:22PM	Vishkambha* Until 11:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 27
	665313464	<b>Rahu</b> 4:02PM - 5:22PM	Catuspada Until 12:18PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:42PM</b>	Moon - Green		<b>Subha Sivaloka Day</b>
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>		

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Pittsburgh, PA Sun 14 Sutra 197 Vikarin 5121
Tula Rasi: 14.47	Tithi 1	<b>Gulika</b> 1:22PM - 2:41PM	<b>Svati Until 2:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:43AM	
<b>Family Home Evening</b>		Yama 10:42AM - 12:02PM	Priti Until 7:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 27
	665313464	<b>Rahu</b> 8:03AM - 9:22AM	Kintughna Until 9:12AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 7:47PM</b>	Moon - Green		<b>Subha Sivaloka Day</b>
Until 2:24PM		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>		
Then Routine Work - Marana Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau		Pittsburgh, PA Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 29.19	Tithi 2 – 3	<b>Gulika</b>	12:02PM – 1:21PM	<b>Vishakha</b> Until 12:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:44AM
		Yama	9:23AM – 10:42AM	Saubhagya Until 1:34AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM
		675313464 <b>Rahu</b>	2:41PM – 4:00PM	Balava Until 6:31AM	<b>Nataraja:</b> Purple	
Routine Work	Marana Yoga			Dvitiya Until 5:21PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 12:42PM						<b>Kartika•Aipasi</b>
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Pittsburgh, PA Sun 16 Sutra 199 Vikarin 5121
Vischika Rasi: 13.29	Tithi 3 – 4	<b>Gulika</b>	10:43AM – 12:02PM	<b>Anuradha</b> Until 11:29AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM
		Yama	8:04AM – 9:24AM	Sobhana Until 11:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM
		675313464 <b>Rahu</b>	12:02PM – 1:21PM	Vanija Until 2:57AM Thu	<b>Nataraja:</b> Purple	
Creative Work	Siddha Yoga			Tritiya Until 3:33PM	Moon – Orange	<b>Subha Sivaloka Day</b>
						<b>Kartika•Aipasi</b>

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Pittsburgh, PA Sun 17 Sutra 200 Vikarin 5121
Vischika Rasi: 27.11	Tithi 4 – 5	<b>Gulika</b>	9:24AM – 10:43AM	<b>Jyeshtha*</b> Until 10:51AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM
		Yama	6:46AM – 8:05AM	Athiganda* Until 9:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM
		675313464 <b>Rahu</b>	1:21PM – 2:39PM	Bava Until 2:21AM Fri	<b>Nataraja:</b> Purple	
Routine Work	Prabalarishta Yoga			Chaturthi* Until 2:31PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 10:51AM						<b>Kartika•Aipasi</b>
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pittsburgh, PA Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 10.26	Tithi 5 – 6	<b>Gulika</b>	8:06AM – 9:25AM	<b>Mula*</b> Until 11:20AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:48AM
		Yama	2:39PM – 3:57PM	Sukarma Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM
		685313464 <b>Rahu</b>	10:43AM – 12:02PM	Kaulava Until 2:37AM Sat	<b>Nataraja:</b> Purple	
Creative Work	Amrita Yoga			Panchami Until 2:21PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 11:20AM		<b>Skanda Shasthi</b>				<b>Kartika•Aipasi</b>
Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Pittsburgh, PA Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b>	6:49AM – 8:07AM	<b>Purvashadha*</b> Until 12:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:49AM
		Yama	1:20PM – 2:38PM	Dhriti Until 7:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM
		685313464 <b>Rahu</b>	9:25AM – 10:43AM	Gara Until 3:42AM Sun	<b>Nataraja:</b> Purple	
Creative Work	Siddha Yoga			Shashthi* Until 3:02PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 12:31PM						<b>Kartika•Aipasi</b>
Then Routine Work - Marana Yoga						

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pittsburgh, PA Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 5.41	Tithi 7 – 8	<b>Gulika</b>	2:38PM – 3:55PM	<b>Uttarashadha</b> Until 2:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:50AM
		Yama	12:02PM – 1:20PM	Shula* Until 7:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM
		685313464 <b>Rahu</b>	3:55PM – 5:13PM	Visti* Until 5:29AM Mon	<b>Nataraja:</b> Purple	
Creative Work	Amrita Yoga			Saptami Until 4:30PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
						<b>Kartika•Aipasi</b>

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Pittsburgh, PA Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 17.5	Tithi 8	<b>Gulika</b>	1:19PM – 2:37PM	<b>Shravana</b> Until 4:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:51AM
<b>Family Home Evening</b>		Yama	10:44AM – 12:02PM	Ganda* Until 8:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM
		696313464 <b>Rahu</b>	8:09AM – 9:26AM	Bava Until 6:33PM	<b>Nataraja:</b> Purple	
Creative Work	Amrita Yoga			Ashtami* Until 6:33PM	Moon – Purple	<b>Sivaloka Day</b>
Until 4:57PM						<b>Kartika•Aipasi</b>
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Pittsburgh, PA Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 29.49	Tithi 9	<b>Gulika</b>	12:02PM – 1:19PM	<b>Dhanishtha</b> Until 7:49PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:52AM
		Yama	9:27AM – 10:44AM	Vriddhi Until 9:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM
		696313464 <b>Rahu</b>	2:36PM – 3:54PM	Balava Until 7:45AM	<b>Nataraja:</b> Purple	
Creative Work	Siddha Yoga			Navami* Until 8:58PM	Moon – Purple	<b>Sivaloka Day</b>
Until 7:49PM						<b>Kartika•Aipasi</b>
Then Routine Work - Marana Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Pittsburgh, PA
	Kumbha Rasi: 11.41	Tithi 10	<b>Gulika</b> 10:45AM – 12:02PM	<b>Shatabhishak</b> <b>Until 10:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:53AM	Sun 23 Sutra 206
		696313464	Yama 8:10AM – 9:28AM	Dhruva <b>Until 10:14PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Vikarin 5121
			<b>Rahu</b> 12:02PM – 1:19PM	Taitila <b>Until 10:16AM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 11:31PM</b>	Moon – Purple		4th Phase
	Until 10:39PM				<b>Kartika•Aipasi</b>		
	Then Creative Work - Amrita Yoga					<b>Sivaloka Day</b>	

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Pittsburgh, PA
	Kumbha Rasi: 23.32	Tithi 11	<b>Gulika</b> 9:28AM – 10:45AM	<b>Purvaproshtapada*</b> <b>Until 1:44AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:55AM	Sun 24 Sutra 207
		716313464	Yama 6:55AM – 8:11AM	Vyaghata* <b>Until 11:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Vikarin 5121
			<b>Rahu</b> 1:19PM – 2:35PM	Vanija <b>Until 12:47PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 1:58AM Fri</b>	Moon – Clear		4th Phase
	Until 10:39PM				<b>Kartika•Aipasi</b>		
	Then Creative Work - Amrita Yoga					<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Pittsburgh, PA
	Meena Rasi: 5.26	Tithi 12	<b>Gulika</b> 8:12AM – 9:29AM	<b>Uttaraproshtapada</b> <b>Until 4:25AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:56AM	Sun 25 Sutra 208
		716313464	Yama 2:35PM – 3:51PM	Harshana <b>Until 11:44PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:08PM	Vikarin 5121
			<b>Rahu</b> 10:45AM – 12:02PM	Bava <b>Until 3:08PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 4:11AM Sat</b>	Moon – Clear		4th Phase
	Until 4:25AM Sat				<b>Kartika•Aipasi</b>		
	Then Routine Work - Prabalarishta Yoga					<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pittsburgh, PA
	Meena Rasi: 17.27	Tithi 13	<b>Gulika</b> 6:57AM – 8:13AM	<b>Revati</b> <b>Until 6:37AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:57AM	Sun 26 Sutra 209
		716313464	Yama 1:18PM – 2:34PM	Vajra* <b>Until 12:08AM Sun</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Vikarin 5121
			<b>Rahu</b> 9:29AM – 10:46AM	Kaulava <b>Until 5:12PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Routine Work	Prabalarishta Yoga		<b>Trayodashi</b> <b>Until 6:03AM Sun</b>	Moon – Clear		4th Phase
	Until 6:37AM Sun				<b>Kartika•Aipasi</b>		
	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA
	Meena Rasi: 29.35	Tithi 13 – 14	<b>Gulika</b> 2:34PM – 3:50PM	<b>Revati</b> <b>Until 6:37AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:58AM	Sun 27 Sutra 210
		716313464	Yama 12:02PM – 1:18PM	Siddhi <b>Until 12:15AM Mon</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Vikarin 5121
			<b>Rahu</b> 3:50PM – 5:06PM	Gara <b>Until 6:52PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work	Amrita Yoga		<b>Trayodashi</b> <b>Until 6:03AM</b>	Moon – Clear		4th Phase
	Until 6:37AM				<b>Kartika•Aipasi</b>		
	Then Creative Work - Siddha Yoga					<b>Subha Sivaloka Day</b>	

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:18PM – 2:34PM	<b>Ashvini</b> <b>Until 8:45AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:59AM	Sutra 211
	Mesha Rasi: 11.54	Tithi 14 – 15	Yama 10:46AM – 12:02PM	Vyatipata* <b>Until 12:03AM Tue</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Vikarin 5121
	<b>Family Home Evening</b>		<b>Rahu</b> 8:15AM – 9:31AM	Visti <b>Until 8:07PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 7:32AM</b>	Moon – White		Purnima
	Until 6:37AM				<b>Kartika•Aipasi</b>		
	Then Creative Work - Siddha Yoga					<b>Sivaloka Day</b>	

<b>○</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:02PM – 1:18PM	<b>Bharani</b> <b>Until 10:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:00AM	Sutra 212
	Mesha Rasi: 24.23	Tithi 15 – 16	Yama 9:31AM – 10:47AM	Variyan <b>Until 11:30PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Vikarin 5121
		727413464	<b>Rahu</b> 2:33PM – 3:49PM	Balava <b>Until 8:57PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
	Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 8:34AM</b>	Moon – White		Prathama
	Until 6:37AM				<b>Kartika•Aipasi</b>		
	Then Creative Work - Siddha Yoga					<b>Sivaloka Day</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pittsburgh, PA

Sutra 213

Vikarin 5121

727413464 Vishabha Rasi: 7.04 Tithi 16 - 17

Gulika 10:47AM - 12:02PM  
Yama 8:17AM - 9:32AM  
Rahu 12:02PM - 1:18PM

Krittika Until 11:19AM

Parigha\* Until 10:39PM

Taitila Until 9:22PM

Prathama\* Until 9:11AM

Ganesha: White Sunrise: 7:02AM

Muruqa: Purple Sunset: 5:03PM

Nataraja: Purple  
Moon - White

Kartika-Aipasi

Sivaloka Day

Moon 11 - Phase 30  
1st Phase

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Pittsburgh, PA

Sun 1

Sutra 214

Vikarin 5121

737413464 Vishabha Rasi: 19.56 Tithi 17 - 18

Gulika 9:33AM - 10:48AM  
Yama 7:03AM - 8:18AM  
Rahu 1:18PM - 2:32PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear Sunrise: 7:03AM

Muruqa: Purple Sunset: 5:02PM

Nataraja: Purple  
Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Moon 11 - Phase 30  
1st Phase

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Pittsburgh, PA

Sun 2

Sutra 215

Vikarin 5121

737413464 Mithuna Rasi: 3.01 Tithi 18 - 19

Gulika 8:19AM - 9:33AM  
Yama 2:32PM - 3:47PM  
Rahu 10:48AM - 12:03PM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear Sunrise: 7:04AM

Muruqa: Purple Sunset: 5:02PM

Nataraja: Purple  
Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA

Sun 3

Sutra 216

Vikarin 5121

737413464 Mithuna Rasi: 16.16 Tithi 19 - 20

Gulika 7:05AM - 8:19AM  
Yama 1:17PM - 2:32PM  
Rahu 9:34AM - 10:48AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi\* Until 8:42AM

Ganesha: Clear Sunrise: 7:05AM

Muruqa: Purple Sunset: 5:01PM

Nataraja: Purple  
Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pittsburgh, PA

Sun 4

Sutra 217

Vikarin 5121

748413465 Mithuna Rasi: 29.42 Tithi 20 - 21

Gulika 2:32PM - 3:46PM  
Yama 12:03PM - 1:17PM  
Rahu 3:46PM - 5:00PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear Sunrise: 7:06AM

Muruqa: Purple Sunset: 5:00PM

Nataraja: Clear  
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Pittsburgh, PA

Sun 5

Sutra 218

Vikarin 5121

748413465 Kataka Rasi: 13.21 Tithi 21 - 22

Gulika 1:17PM - 2:31PM  
Yama 10:49AM - 12:03PM  
Rahu 8:21AM - 9:35AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi\* Until 6:37AM

Ganesha: Clear Sunrise: 7:07AM

Muruqa: Purple Sunset: 4:59PM

Nataraja: Clear  
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA

Sun 6

Sutra 219

Vikarin 5121

748413465 Kataka Rasi: 27.11 Tithi 23

Gulika 12:04PM - 1:17PM  
Yama 9:36AM - 10:50AM  
Rahu 2:31PM - 3:45PM

Ashlesha\* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami\* Until 3:10AM Wed

Ganesha: Clear Sunrise: 7:08AM

Muruqa: Purple Sunset: 4:59PM

Nataraja: Clear  
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Moon 11 - Phase 30  
Ashtami

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Pittsburgh, PA

Sun 7

Sutra 220

Vikarin 5121

758413465 Simha Rasi: 11.14 Tithi 24

Gulika 10:50AM - 12:04PM  
Yama 8:23AM - 9:37AM  
Rahu 12:04PM - 1:17PM

Magha\* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami\* Until 12:59AM Thu

Ganesha: White Sunrise: 7:10AM

Muruqa: Purple Sunset: 4:58PM

Nataraja: Clear  
Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Moon 11 - Phase 30  
Navami

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau	Pittsburgh, PA
Simha Rasi: 25.28	Tithi 25	<b>Gulika</b> 9:37AM – 10:51AM	<b>Purvaphalguni Until 7:59AM</b>	<b>Ganesha:</b> White	Sun 8 Sutra 221
		<b>Yama</b> 7:11AM – 8:24AM	<b>Vishkambha* Until 2:29AM Fri</b>	<b>Muruqa:</b> Purple	Vikarin 5121
		<b>Rahu</b> 1:17PM – 2:31PM	<b>Vanija Until 11:49AM</b>	<b>Nataraja:</b> Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		<b>Dashami Until 10:33PM</b>	<b>Moon – Red</b>	2nd Phase
				<b>Karttika-Karttikai</b>	<b>Subha Sivaloka Day</b>

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau	Pittsburgh, PA
Kanya Rasi: 9.52	Tithi 26	<b>Gulika</b> 8:25AM – 9:38AM	<b>Uttaraphalguni Until 6:03AM</b>	<b>Ganesha:</b> White	Sun 9 Sutra 222
		<b>Yama</b> 2:31PM – 3:44PM	<b>Priti Until 11:09PM</b>	<b>Muruqa:</b> Purple	Vikarin 5121
		<b>Rahu</b> 10:51AM – 12:04PM	<b>Bava Until 9:17AM</b>	<b>Nataraja:</b> Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		<b>Ekadashi* Until 7:57PM</b>	<b>Moon – Red</b>	2nd Phase
Until 6:03AM				<b>Karttika-Karttikai</b>	<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Pittsburgh, PA
Kanya Rasi: 24.22	Tithi 27 – 28	<b>Gulika</b> 7:13AM – 8:26AM	<b>Chitra Until 2:20AM Sun</b>	<b>Ganesha:</b> Yellow	Sun 10 Sutra 223
		<b>Yama</b> 1:17PM – 2:30PM	<b>Ayushman Until 7:45PM</b>	<b>Muruqa:</b> Purple	Vikarin 5121
		<b>Rahu</b> 9:39AM – 10:52AM	<b>Kaulava Until 6:39AM</b>	<b>Nataraja:</b> Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga		<b>Dvadashi* Until 5:17PM</b>	<b>Moon – Green</b>	2nd Phase
Until 2:20AM Sun				<b>Karttika-Karttikai</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata (Fasting)</i>

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Pittsburgh, PA
Tula Rasi: 8.52	Tithi 28 – 29	<b>Gulika</b> 2:30PM – 3:43PM	<b>Svati Until 12:21AM Mon</b>	<b>Ganesha:</b> Blue	Sun 11 Sutra 224
		<b>Yama</b> 12:05PM – 1:18PM	<b>Saubhagya Until 4:25PM</b>	<b>Muruqa:</b> Purple	Vikarin 5121
		<b>Rahu</b> 3:43PM – 4:56PM	<b>Visti Until 1:26AM Mon</b>	<b>Nataraja:</b> Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		<b>Trayodashi* Until 2:40PM</b>	<b>Moon – Green</b>	2nd Phase
Until 12:21AM Mon				<b>Karttika-Karttikai</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Pittsburgh, PA
Tula Rasi: 23.17	Tithi 29 – 30	<b>Gulika</b> 1:18PM – 2:30PM	<b>Vishakha Until 10:54PM</b>	<b>Ganesha:</b> Blue	Sun 12 Sutra 225
<b>Family Home Evening</b>		<b>Yama</b> 10:53AM – 12:05PM	<b>Sobhana Until 1:15PM</b>	<b>Muruqa:</b> Purple	Vikarin 5121
		<b>Rahu</b> 8:28AM – 9:40AM	<b>Catuspada Until 11:09PM</b>	<b>Nataraja:</b> Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga		<b>Chaturdashi* Until 12:14PM</b>	<b>Moon – Orange</b>	Amavasya
Until 10:54PM				<b>Karttika-Karttikai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Pittsburgh, PA
Vrischika Rasi: 7.3	Tithi 30 – 1	<b>Gulika</b> 12:05PM – 1:18PM	<b>Anuradha Until 9:42PM</b>	<b>Ganesha:</b> Blue	Sun 13 Sutra 226
		<b>Yama</b> 9:41AM – 10:53AM	<b>Athiganda* Until 10:20AM</b>	<b>Muruqa:</b> Purple	Vikarin 5121
		<b>Rahu</b> 2:30PM – 3:42PM	<b>Kintughna Until 9:16PM</b>	<b>Nataraja:</b> Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:08AM</b>	<b>Moon – Orange</b>	Prathama
Until 9:42PM				<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Pittsburgh, PA Sun 14	Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	<b>Gulika</b> 10:54AM – 12:06PM	<b>Jyeshtha* Until 8:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM		
		Yama 8:29AM – 9:42AM	Sukarma Until 7:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM		Moon 11 - Phase 32
		779413465 <b>Rahu</b> 12:06PM – 1:18PM	Balava Until 7:55PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 8:30AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 8:53PM				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Pittsburgh, PA Sun 15	Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	<b>Gulika</b> 9:42AM – 10:54AM	<b>Mula* Until 9:02PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:18AM		
		Yama 7:18AM – 8:30AM	Shula* Until 4:16AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 1:18PM – 2:30PM	Taitila Until 7:15PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:29AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau		Pittsburgh, PA Sun 16	Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	<b>Gulika</b> 8:31AM – 9:43AM	<b>Purvashadha* Until 9:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:19AM		
		Yama 2:30PM – 3:42PM	Ganda* Until 3:21AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:55AM – 12:07PM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 7:10AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 9:45PM				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturchi/Panchamyam Titau		Pittsburgh, PA Sun 17	Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	<b>Gulika</b> 7:20AM – 8:32AM	<b>Uttarashadha Until 11:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM		
		Yama 1:18PM – 2:30PM	Vriddhi Until 3:01AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:44AM – 10:55AM	Bava Until 8:08PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Chaturchi* Until 7:37AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 11:01PM				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pittsburgh, PA Sun 18	Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	<b>Gulika</b> 2:30PM – 3:42PM	<b>Shravana Until 1:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:21AM		
		Yama 12:07PM – 1:19PM	Dhruva Until 3:09AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 32
		799413465 <b>Rahu</b> 3:42PM – 4:53PM	Kaulava Until 9:39PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 8:47AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 1:16AM Mon				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Pittsburgh, PA Sun 19	Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	<b>Gulika</b> 1:19PM – 2:30PM	<b>Dhanishtha Until 3:51AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:22AM		
<b>Family Home Evening</b>		Yama 10:56AM – 12:08PM	Vyaghata* Until 3:41AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 <b>Rahu</b> 8:34AM – 9:45AM	Gara Until 11:42PM	<b>Nataraja:</b> Clear			3rd Phase
Until 3:51AM Tue			<b>Shashthi* Until 10:35AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>			

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pittsburgh, PA Sun 20	Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	<b>Gulika</b> 12:08PM – 1:19PM	<b>Shatabhishak Until 6:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:23AM		
		Yama 9:46AM – 10:57AM	Harshana Until 4:27AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:30PM – 3:41PM	Visti Until 2:05AM Wed	<b>Nataraja:</b> Clear			Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 12:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 6:33AM Wed				<b>Margasira-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pittsburgh, PA Sun 21	Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	<b>Gulika</b> 10:57AM – 12:08PM	<b>Shatabhishak Until 6:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:24AM		
		Yama 8:35AM – 9:46AM	Vajra* Until 5:15AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 12:08PM – 1:19PM	Balava Until 4:36AM Thu	<b>Nataraja:</b> Clear			Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 6:33AM				<b>Margasira-Karttikai</b>			
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pittsburgh, PA Sun 22 Sutra 235 Vikarin 5121
Meena Rasi: 1.31	Tithi 9 – 10	<b>Gulika</b> 9:47AM – 10:58AM	<b>Purvaproshtapada* Until 9:39AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:25AM	
		Yama 7:25AM – 8:36AM	Siddhi Until 5:59AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 33
	711413465	<b>Rahu</b> 1:20PM – 2:31PM	Taitila Until 7:00AM Fri	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 5:48PM</b>	Moon – Clear		<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		
<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau		Pittsburgh, PA Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 13.26	Tithi 10	<b>Gulika</b> 8:37AM – 9:48AM	<b>Uttaraproshtapada Until 12:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
		Yama 2:31PM – 3:41PM	Vyatipata* Until 6:31AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 33
	711413465	<b>Rahu</b> 10:59AM – 12:09PM	Taitila Until 7:00AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 8:05PM</b>	Moon – Clear		<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		
<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau		Pittsburgh, PA Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 25.28	Tithi 11	<b>Gulika</b> 7:27AM – 8:38AM	<b>Revati Until 2:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:27AM	
		Yama 1:20PM – 2:31PM	Vyatipata* Until 6:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 33
	711513465	<b>Rahu</b> 9:48AM – 10:59AM	Vanija Until 9:07AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi Until 9:59PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 2:46PM		<b>Gita Jayanthi</b>		<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						
<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau		Pittsburgh, PA Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 7.4	Tithi 12	<b>Gulika</b> 2:31PM – 3:42PM	<b>Ashvini Until 4:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:28AM	
		Yama 12:10PM – 1:21PM	Variyan Until 6:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 33
	721513465	<b>Rahu</b> 3:42PM – 4:52PM	Bava Until 10:47AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 11:24PM</b>	Moon – White		<b>Sivaloka Day</b>
Until 4:59PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Prabalarishta Yoga						
<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pittsburgh, PA Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 20.05	Tithi 13	<b>Gulika</b> 1:21PM – 2:31PM	<b>Bharani Until 6:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:29AM	
<b>Family Home Evening</b>		Yama 11:00AM – 12:11PM	Parigha* Until 6:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 33
	721513465	<b>Rahu</b> 8:39AM – 9:50AM	Kaulava Until 11:55AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:15AM Tue</b>	Moon – White		<b>Sivaloka Day</b>
Until 6:30PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						
<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Pittsburgh, PA Sun 27 Sutra 240 Vikarin 5121
Vrishabha Rasi: 2.46	Tithi 14	<b>Gulika</b> 12:11PM – 1:21PM	<b>Krittika Until 7:18PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:30AM	
		Yama 9:50AM – 11:01AM	Siddha Until 4:49AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 33
	721513465	<b>Rahu</b> 2:32PM – 3:42PM	Gara Until 12:29PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:31AM Wed</b>	Moon – White		<b>Sivaloka Day</b>
Until 7:18PM		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga						
<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Pittsburgh, PA Sun 28 Sutra 241 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:01AM – 12:12PM	<b>Rohini Until 7:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:31AM	
Vrishabha Rasi: 15.43	Tithi 15	Yama 8:41AM – 9:51AM	Sadhya Until 3:20AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 33
	731523465	<b>Rahu</b> 12:12PM – 1:22PM	Visti Until 12:28PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 12:14AM Thu</b>	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		
<b>Thursday, December 12, 2019</b>		<b>Friday, December 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Pittsburgh, PA Sun 29 Sutra 242 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:52AM – 11:02AM	<b>Mrigashira Until 7:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:31AM	
Vrishabha Rasi: 28.56	Tithi 16	Yama 7:31AM – 8:42AM	Subha Until 1:28AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 33
	732523465	<b>Rahu</b> 1:22PM – 2:32PM	Balava Until 11:55AM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 11:27PM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		
		<b>Vinayaga Viratam Begins</b>				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Pittsburgh, PA

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

**Gulika** 8:42AM – 9:52AM  
**Yama** 2:33PM – 3:43PM  
**Rahu** 11:02AM – 12:12PM

**Ardra Until 7:09PM**  
Sukla Until 11:15PM  
Taitila Until 10:56AM  
**Dvitiya Until 10:16PM**

**Ganesha:** Clear *Sunrise:* 7:32AM

**Muruqa:** Clear *Sunset:* 4:53PM

**Nataraja:** Clear

Moon – Yellow

**Devaloka Day**

**Margasira-Karttikai**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Pittsburgh, PA

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

**Gulika** 7:33AM – 8:43AM  
**Yama** 1:23PM – 2:33PM  
**Rahu** 9:53AM – 11:03AM

**Punarvasu Until 6:29PM**  
Brahma Until 8:49PM  
Vanija Until 9:34AM  
**Tritiya Until 8:45PM**

**Ganesha:** Purple *Sunrise:* 7:33AM

**Muruqa:** Clear *Sunset:* 4:53PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Pittsburgh, PA

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

**Gulika** 2:33PM – 3:43PM  
**Yama** 12:13PM – 1:23PM  
**Rahu** 3:43PM – 4:53PM

**Pushya Until 5:25PM**  
Indra Until 6:11PM  
Bava Until 7:55AM  
**Chaturthi\* Until 7:00PM**

**Ganesha:** Purple *Sunrise:* 7:34AM

**Muruqa:** Clear *Sunset:* 4:53PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

Pittsburgh, PA

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

**Gulika** 1:24PM – 2:34PM  
**Yama** 11:04AM – 12:14PM  
**Rahu** 8:44AM – 9:54AM

**Ashlesha\* Until 4:02PM**  
Vaidhriti\* Until 3:24PM  
Kaulava Until 6:04AM  
**Panchami Until 5:04PM**

**Ganesha:** Clear *Sunrise:* 7:34AM

**Muruqa:** Clear *Sunset:* 4:53PM

**Nataraja:** Clear

Moon – Blue

**Devaloka Day**

**Margasira-Markali**

Family Home Evening

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pittsburgh, PA

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

**Gulika** 12:14PM – 1:24PM  
**Yama** 9:55AM – 11:05AM  
**Rahu** 2:34PM – 3:44PM

**Magha\* Until 2:50PM**  
Vishkambha\* Until 12:33PM  
Visti Until 2:02AM Wed  
**Shashthi\* Until 3:03PM**

**Ganesha:** Purple *Sunrise:* 7:35AM

**Muruqa:** Clear *Sunset:* 4:54PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Pittsburgh, PA

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

**Gulika** 11:05AM – 12:15PM  
**Yama** 8:46AM – 9:55AM  
**Rahu** 12:15PM – 1:25PM

**Purvaphalguni Until 1:27PM**  
Priti Until 9:40AM  
Balava Until 11:57PM  
**Saptami Until 12:59PM**

**Ganesha:** Purple *Sunrise:* 7:36AM

**Muruqa:** Clear *Sunset:* 4:54PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pittsburgh, PA

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

**Gulika** 9:56AM – 11:06AM  
**Yama** 7:36AM – 8:46AM  
**Rahu** 1:25PM – 2:35PM

**Uttaraphalguni Until 11:55AM**  
Ayushman Until 6:44AM  
Taitila Until 9:53PM  
**Ashtami\* Until 10:54AM**

**Ganesha:** Purple *Sunrise:* 7:36AM

**Muruqa:** Clear *Sunset:* 4:55PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Pittsburgh, PA Sun 7	Sutra 250 Vikarin 5121
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	<b>Gulika</b> 8:47AM – 9:56AM <b>Yama</b> 2:35PM – 3:45PM <b>Rahu</b> 11:06AM – 12:16PM	<b>Hasta</b> <b>Until 10:41AM</b> Sobhana <b>Until 12:59AM Sat</b> Vanija <b>Until 7:51PM</b> <b>Navami* Until 8:50AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:37AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:55PM</i> <b>Nataraja:</b> Clear Moon – Green	Devaloka Day	Moon 12 - Phase 35 2nd Phase
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 8	Sutra 251 Vikarin 5121
Tula Rasi: 4.41	Tithi 25 – 26	862523465	<b>Gulika</b> 7:37AM – 8:47AM <b>Yama</b> 1:26PM – 2:36PM <b>Rahu</b> 9:57AM – 11:07AM	<b>Chitra</b> <b>Until 9:22AM</b> Athiganda* <b>Until 10:12PM</b> Balava <b>Until 4:58AM Sun</b> <b>Dashami</b> <b>Until 6:51AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:37AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:56PM</i> <b>Nataraja:</b> Clear Moon – Green	Devaloka Day	Moon 12 - Phase 35 2nd Phase
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Pittsburgh, PA Sun 9	Sutra 252 Vikarin 5121
Tula Rasi: 18.43	Tithi 27	862523465	<b>Gulika</b> 2:36PM – 3:46PM <b>Yama</b> 12:17PM – 1:27PM <b>Rahu</b> 3:46PM – 4:56PM	<b>Svati</b> <b>Until 8:03AM</b> Sukarma <b>Until 7:33PM</b> Kaulava <b>Until 4:07PM</b> <b>Dvadashi* Until 3:17AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:38AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:56PM</i> <b>Nataraja:</b> Clear Moon – Green	Devaloka Day	Moon 12 - Phase 35 2nd Phase
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga							
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Pittsburgh, PA Sun 10	Sutra 253 Vikarin 5121
Vrischika Rasi: 2.37	Tithi 28	872523465	<b>Gulika</b> 1:27PM – 2:37PM <b>Yama</b> 11:08AM – 12:17PM <b>Rahu</b> 8:48AM – 9:58AM	<b>Vishakha</b> <b>Until 7:13AM</b> Dhriti <b>Until 5:07PM</b> Gara <b>Until 2:34PM</b> <b>Trayodashi* Until 1:52AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise: 7:38AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:57PM</i> <b>Nataraja:</b> Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 12 - Phase 35 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pittsburgh, PA Sun 11	Sutra 254 Vikarin 5121
Vrischika Rasi: 16.22	Tithi 29	872523465	<b>Gulika</b> 12:18PM – 1:28PM <b>Yama</b> 9:58AM – 11:08AM <b>Rahu</b> 2:38PM – 3:47PM	<b>Anuradha</b> <b>Until 6:31AM</b> Shula* <b>Until 2:54PM</b> Visti <b>Until 1:19PM</b> <b>Chaturdashi* Until 12:49AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise: 7:39AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:57PM</i> <b>Nataraja:</b> Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 12 - Phase 35 2nd Phase
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga							
		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pittsburgh, PA Sun 12	Sutra 255 Vikarin 5121
<b>Retreat Star</b>		873523465		<b>Gulika</b> 11:09AM – 12:18PM <b>Yama</b> 8:49AM – 9:59AM <b>Rahu</b> 12:18PM – 1:28PM	<b>Jyeshtha* Until 6:02AM</b> Ganda* <b>Until 1:02PM</b> Catuspada <b>Until 12:29PM</b> <b>Amavasya* Until 12:14AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:39AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:58PM</i> <b>Nataraja:</b> Clear Moon – Orange	Devaloka Day
Vrischika Rasi: 29.53		Tithi 30					
Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga							
<b>Thursday, December 26, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Pittsburgh, PA Sun 13	Sutra 256 Vikarin 5121
Dhanus Rasi: 13.09	Tithi 1	883523466	<b>Gulika</b> 9:59AM – 11:09AM <b>Yama</b> 7:40AM – 8:49AM <b>Rahu</b> 1:29PM – 2:39PM	<b>Mula* Until 6:19AM</b> Vriddhi <b>Until 11:34AM</b> Kintughna <b>Until 12:09PM</b> <b>Prathama* Until 12:10AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:40AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:58PM</i> <b>Nataraja:</b> Orange Moon – Light Blue	Devaloka Day	Moon 12 - Phase 35 Prathama
Creative Work Siddha Yoga		Annular Solar Eclipse					

<b>1</b>		<b>Friday, December 27, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau		Pittsburgh, PA
Dhanus Rasi: 26.08	Tithi 2	Gulika 8:50AM – 10:00AM	Purvashadha* Until 6:59AM	Ganesha: Orange	Sunrise: 7:40AM	Sun 14	Sutra 257	
		Yama 2:39PM – 3:49PM	Dhruva Until 10:31AM	Muruqa: Clear	Sunset: 4:59PM		Vikarin 5121	
		883523466 Rahu 11:10AM – 12:19PM	Balava Until 12:22PM	Nataraja: Orange			Moon 12 - Phase 36	
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:42AM Sat	Moon – Light Blue			3rd Phase	
Until 6:59AM				Pausha-Markali			<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau		Pittsburgh, PA
Makara Rasi: 8.49	Tithi 3	Gulika 7:40AM – 8:50AM	Uttarashadha Until 8:04AM	Ganesha: Orange	Sunrise: 7:40AM	Sun 15	Sutra 258	
		Yama 1:30PM – 2:40PM	Vyaghata* Until 9:56AM	Muruqa: Clear	Sunset: 5:00PM		Vikarin 5121	
		883523466 Rahu 10:00AM – 11:10AM	Taitila Until 1:12PM	Nataraja: Orange			Moon 12 - Phase 36	
Routine Work	Marana Yoga		Tritiya Until 1:49AM Sun	Moon – Light Blue			3rd Phase	
Until 8:04AM				Pausha-Markali			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Pittsburgh, PA
Makara Rasi: 21.16	Tithi 4	Gulika 2:40PM – 3:50PM	Shravana Until 10:02AM	Ganesha: Clear	Sunrise: 7:40AM	Sun 16	Sutra 259	
		Yama 12:20PM – 1:30PM	Harshana Until 9:48AM	Muruqa: Clear	Sunset: 5:00PM		Vikarin 5121	
		893523466 Rahu 3:50PM – 5:00PM	Vanija Until 2:37PM	Nataraja: Orange			Moon 12 - Phase 36	
Creative Work	Amrita Yoga		Chaturthi* Until 3:29AM Mon	Moon – Purple			3rd Phase	
Until 10:02AM				Pausha-Markali			<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Pittsburgh, PA
Kumbha Rasi: 3.28	Tithi 5	Gulika 1:31PM – 2:41PM	Dhanishtha Until 12:20PM	Ganesha: Clear	Sunrise: 7:41AM	Sun 17	Sutra 260	
Family Home Evening		Yama 11:11AM – 12:21PM	Vajra* Until 10:03AM	Muruqa: Clear	Sunset: 5:01PM		Vikarin 5121	
		893523466 Rahu 8:51AM – 10:01AM	Bava Until 4:31PM	Nataraja: Orange			Moon 12 - Phase 36	
Creative Work	Siddha Yoga		Panchami Until 5:36AM Tue	Moon – Purple			3rd Phase	
				Pausha-Markali			<b>Devaloka Day</b>	

<b>5</b>		<b>Tuesday, December 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthiyam Titau		Pittsburgh, PA
Kumbha Rasi: 15.3	Tithi 6	Gulika 12:21PM – 1:32PM	Shatabhishak Until 2:50PM	Ganesha: Clear	Sunrise: 7:41AM	Sun 18	Sutra 261	
		Yama 10:01AM – 11:11AM	Siddhi Until 10:36AM	Muruqa: Clear	Sunset: 5:02PM		Vikarin 5121	
		893523466 Rahu 2:42PM – 3:52PM	Kaulava Until 6:48PM	Nataraja: Orange			Moon 12 - Phase 36	
Routine Work	Marana Yoga		Shashthi* Until 8:01AM Wed	Moon – Purple			3rd Phase	
				Pausha-Markali			<b>Devaloka Day</b>	

<b>6</b>		<b>Wednesday, January 1, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Pittsburgh, PA
Kumbha Rasi: 27.26	Tithi 6 – 7	Gulika 11:12AM – 12:22PM	Purvaprosarthapada* Until 5:54PM	Ganesha: Blue	Sunrise: 7:41AM	Sun 19	Sutra 262	
		Yama 8:51AM – 10:02AM	Vyatipata* Until 11:21AM	Muruqa: Clear	Sunset: 5:04PM		Vikarin 5121	
		813623466 Rahu 12:22PM – 1:33PM	Gara Until 9:17PM	Nataraja: Orange			Moon 12 - Phase 36	
Creative Work	Amrita Yoga		Shashthi* Until 8:01AM	Moon – Clear			3rd Phase	
Until 5:54PM				Pausha-Markali			<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarproshthapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pittsburgh, PA
Meena Rasi: 9.19	Tithi 7 – 8	Gulika 10:02AM – 11:12AM	Uttarproshthapada Until 8:48PM	Ganesha: Blue	Sunrise: 7:41AM	Sun 20	Sutra 263	
		Yama 7:41AM – 8:52AM	Variyan Until 12:08PM	Muruqa: Clear	Sunset: 5:05PM		Vikarin 5121	
		813623466 Rahu 1:33PM – 2:44PM	Visti Until 11:46PM	Nataraja: Orange			Moon 12 - Phase 36	
Creative Work	Siddha Yoga		Saptami Until 10:31AM	Moon – Clear			Ashtami	
				Pausha-Markali			<b>Bhuloka Day</b>	
							Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pittsburgh, PA
Meena Rasi: 21.13	Tithi 8 – 9	Gulika 8:52AM – 10:02AM	Revati Until 11:23PM	Ganesha: Blue	Sunrise: 7:41AM	Sun 21	Sutra 264	
		Yama 2:44PM – 3:55PM	Parigha* Until 12:51PM	Muruqa: Clear	Sunset: 5:05PM		Vikarin 5121	
		813623466 Rahu 11:13AM – 12:23PM	Balava Until 2:02AM Sat	Nataraja: Orange			Moon 12 - Phase 36	
Creative Work	Siddha Yoga		Ashtami* Until 12:55PM	Moon – Clear			Navami	
Until 11:23PM				Pausha-Markali			<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga							Devaloka Time: 3:PM to 6:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>	<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA
	Mesha Rasi: 3.14	Tithi 9 – 10	823623466	<b>Gulika</b> 7:41AM – 8:52AM <b>Yama</b> 1:34PM – 2:45PM <b>Rahu</b> 10:03AM – 11:13AM	<b>Ashvini Until 1:54AM Sun</b> Shiva Until 1:21PM Taitila Until 3:54AM Sun <b>Navami* Until 3:01PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Sun 22 Sutra 265 Vikarin 5121 Moon 12 - Phase 37 4th Phase
Creative Work Siddha Yoga Until 1:54AM Sun Then Routine Work - Prabalarishta Yoga			<b>Devaloka Day</b>				


<b>2</b>	<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA
	Mesha Rasi: 15.25	Tithi 10 – 11	823623466	<b>Gulika</b> 2:46PM – 3:56PM <b>Yama</b> 12:24PM – 1:35PM <b>Rahu</b> 3:56PM – 5:07PM	<b>Bharani Until 3:44AM Mon</b> Siddha Until 1:27PM Vanija Until 5:11AM Mon <b>Dashami Until 4:36PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Sun 23 Sutra 266 Vikarin 5121 Moon 12 - Phase 37 4th Phase
Routine Work Prabalarishta Yoga Until 3:44AM Mon Then Routine Work - Marana Yoga			<b>Devaloka Day</b>				


<b>3</b>	<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA
	Mesha Rasi: 27.5	Tithi 11 – 12	823623466	<b>Gulika</b> 1:36PM – 2:46PM <b>Yama</b> 11:14AM – 12:25PM <b>Rahu</b> 8:52AM – 10:03AM	<b>Krittika Until 4:45AM Tue</b> Sadhya Until 1:06PM Bava Until 5:47AM Tue <b>Ekadashi Until 5:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:08PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Sun 24 Sutra 267 Vikarin 5121 Moon 12 - Phase 37 4th Phase
Family Home Evening Routine Work Marana Yoga Until 4:45AM Tue Then Creative Work - Amrita Yoga			<b>Devaloka Day</b>				

<b>4</b>	<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA
	Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	<b>Gulika</b> 12:25PM – 1:36PM <b>Yama</b> 10:03AM – 11:14AM <b>Rahu</b> 2:47PM – 3:58PM	<b>Rohini Until 5:22AM Wed</b> Subha Until 12:13PM Kaulava Until 5:38AM Wed <b>Dvadashi Until 5:47PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:09PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Sun 25 Sutra 268 Vikarin 5121 Moon 12 - Phase 37 4th Phase
Creative Work Amrita Yoga Until 5:22AM Wed Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <i>Pradosha Vrata</i>				

<b>5</b>	<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA
	Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	<b>Gulika</b> 11:14AM – 12:26PM <b>Yama</b> 8:52AM – 10:03AM <b>Rahu</b> 12:26PM – 1:37PM	<b>Mrigashira Until 5:09AM Thu</b> Sukla Until 10:44AM Gara Until 4:48AM Thu <b>Trayodashi Until 5:17PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:10PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Sun 26 Sutra 269 Vikarin 5121 Moon 12 - Phase 37 4th Phase
Creative Work Siddha Yoga Until 5:09AM Thu Then Routine Work - Marana Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>6</b>	<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA
	Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	<b>Gulika</b> 10:03AM – 11:15AM <b>Yama</b> 7:41AM – 8:52AM <b>Rahu</b> 1:37PM – 2:49PM	<b>Ardra Until 4:10AM Fri</b> Brahma Until 8:44AM Visti Until 3:19AM Fri <b>Chaturdashi* Until 4:07PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:11PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Sun 27 Sutra 270 Vikarin 5121 Moon 12 - Phase 37 4th Phase
Routine Work Marana Yoga Until 4:10AM Fri Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>				

	<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA
	Mithuna Rasi: 20.58	Tithi 15 – 16	844623466	<b>Gulika</b> 8:52AM – 10:03AM <b>Yama</b> 2:49PM – 4:01PM <b>Rahu</b> 11:15AM – 12:26PM	<b>Punarvasu Until 2:59AM Sat</b> Indra Until 6:16AM Balava Until 1:20AM Sat <b>Purnima* Until 2:22PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:12PM <b>Nataraja:</b> Orange Moon – Blue <b>Pausha-Markali</b>	Sun 28 Sutra 271 Vikarin 5121 Moon 12 - Phase 37 Purnima
Creative Work Siddha Yoga Penumbra Lunar Eclipse			<b>Sivaloka Day</b>				

	<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA
	Kataka Rasi: 5.07	Tithi 16 – 17	844623466	<b>Gulika</b> 7:40AM – 8:52AM <b>Yama</b> 1:38PM – 2:50PM <b>Rahu</b> 10:04AM – 11:15AM	<b>Pushya Until 1:17AM Sun</b> Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM <b>Prathama* Until 12:10PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:40AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:13PM <b>Nataraja:</b> Orange Moon – Blue <b>Pausha-Markali</b>	Sun 29 Sutra 272 Vikarin 5121 Moon 12 - Phase 37 Prathama
Creative Work Siddha Yoga			<b>Sivaloka Day</b>				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA

Sun 1 Sutra 273

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 4:03PM - 5:14PM

Gulika 2:51PM - 4:03PM

Yama 12:27PM - 1:39PM

Ashlesha\* Until 11:13PM

Priti Until 8:51PM

Vanija Until 8:21PM

Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:40AM

Muruqa: Clear Sunset: 5:14PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Tritiya/Chaturthiyam Titau

Pittsburgh, PA

Sun 2 Sutra 274

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:52AM - 10:04AM

Gulika 1:40PM - 2:51PM

Yama 11:16AM - 12:28PM

Magha\* Until 9:21PM

Ayushman Until 5:24PM

Balava Until 4:16AM Tue

Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:40AM

Muruqa: Clear Sunset: 5:15PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Pittsburgh, PA

Sun 3 Sutra 275

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 2:52PM - 4:04PM

Gulika 12:28PM - 1:40PM

Yama 10:04AM - 11:16AM

Purvaphalguni Until 7:23PM

Saubhagya Until 1:58PM

Kaulava Until 2:57PM

Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:39AM

Muruqa: Clear Sunset: 5:17PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthiyam Titau

Pittsburgh, PA

Sun 4 Sutra 276

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:28PM - 1:41PM

Gulika 11:16AM - 12:28PM

Yama 8:51AM - 10:04AM

Uttaraphalguni Until 5:26PM

Sobhana Until 10:40AM

Gara Until 12:24PM

Shashthi\* Until 11:11PM

Ganesha: Clear Sunrise: 7:39AM

Muruqa: Clear Sunset: 5:18PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Pittsburgh, PA

Sun 5 Sutra 277

Kanya Rasi: 17.24 Tithi 22

844623466 Rahu 1:41PM - 2:54PM

Gulika 10:04AM - 11:16AM

Yama 7:38AM - 8:51AM

Hasta Until 4:00PM

Athiganda\* Until 7:30AM

Visti Until 10:04AM

Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:19PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA

Sun 6 Sutra 278

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 11:16AM - 12:29PM

Gulika 8:51AM - 10:03AM

Yama 2:54PM - 4:07PM

Chitra Until 2:43PM

Dhriti Until 1:56AM Sat

Balava Until 8:01AM

Ashtami\* Until 7:06PM

Ganesha: Purple Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:20PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Pittsburgh, PA

Sun 7 Sutra 279

Tula Rasi: 15.31 Tithi 24 - 25

844623466 Rahu 10:03AM - 11:16AM

Gulika 7:38AM - 8:50AM

Yama 1:42PM - 2:55PM

Svati Until 1:39PM

Shula\* Until 11:33PM

Taitila Until 6:19AM

Navami\* Until 5:35PM

Ganesha: Purple Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:21PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga


<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Pittsburgh, PA Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 26 – 26	<b>Gulika</b> 2:56PM – 4:09PM	<b>Vishakha</b> Until 1:14PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:37AM	
		Yama 12:30PM – 1:43PM	Ganda* Until 9:30PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	874623466 <b>Rahu</b> 4:09PM – 5:22PM	Bava Until 4:01AM Mon	<b>Nataraja:</b> Orange	2nd Phase
			Dashami Until 4:26PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau	Pittsburgh, PA Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	<b>Gulika</b> 1:43PM – 2:57PM	<b>Anuradha</b> Until 1:02PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:36AM	
<b>Family Home Evening</b>		Yama 11:16AM – 12:30PM	Vriddhi Until 7:45PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:23PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	874623466 <b>Rahu</b> 8:50AM – 10:03AM	Kaulava Until 3:27AM Tue	<b>Nataraja:</b> Orange	2nd Phase
			Ekadashi* Until 3:40PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau	Pittsburgh, PA Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	<b>Gulika</b> 12:30PM – 1:44PM	<b>Jyeshtha*</b> Until 1:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:36AM	
		Yama 10:03AM – 11:17AM	Dhruva Until 6:17PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:24PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	875623466 <b>Rahu</b> 2:57PM – 4:11PM	Gara Until 3:18AM Wed	<b>Nataraja:</b> Orange	2nd Phase
Until 1:05PM			Dvadashti* Until 3:18PM	Moon – Orange	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Pausha*Thai</b>	Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Pittsburgh, PA Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	<b>Gulika</b> 11:17AM – 12:30PM	<b>Mula*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:35AM	
		Yama 8:49AM – 10:03AM	Vyaghata* Until 5:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:26PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 <b>Rahu</b> 12:30PM – 1:44PM	Visti Until 3:34AM Thu	<b>Nataraja:</b> Orange	2nd Phase
Until 1:51PM			Trayodashi* Until 3:21PM	Moon – Light Blue	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Pausha*Thai</b>	Devaloka Time: 3:PM to 6:PM

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Pittsburgh, PA Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	<b>Gulika</b> 10:03AM – 11:17AM	<b>Purvashadha*</b> Until 2:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:34AM	
		Yama 7:34AM – 8:49AM	Harshana Until 4:23PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:27PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	885623466 <b>Rahu</b> 1:45PM – 2:59PM	Catuspada Until 4:15AM Fri	<b>Nataraja:</b> Orange	2nd Phase
Until 2:51PM			Chaturdashi* Until 3:50PM	Moon – Light Blue	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha*Thai</b>	Devaloka Time: 3:PM to 6:PM

		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Pittsburgh, PA Sun 13 Sutra 285 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 8:48AM – 10:02AM	<b>Uttarashadha</b> Until 4:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:34AM	
Makara Rasi: 4.37	Tithi 30 – 1	Yama 2:59PM – 4:14PM	Vajra* Until 3:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:28PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 11:17AM – 12:31PM	Kintughna Until 5:23AM Sat	<b>Nataraja:</b> Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:44PM	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Pausha*Thai</b>	Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Pittsburgh, PA Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	<b>Gulika</b> 7:33AM – 8:48AM	<b>Shravana</b> Until 6:08PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:33AM	
		Yama 1:46PM – 3:00PM	Siddhi Until 3:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:29PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	995623466 <b>Rahu</b> 10:02AM – 11:17AM	Bava Until 6:05PM	<b>Nataraja:</b> Orange	Prathama
			Prathama* Until 6:05PM	Moon – Purple	<b>Bhuloka Day</b>
				<b>Magha*Thai</b>	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Pittsburgh, PA Sun 15	Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	<b>Gulika</b>	3:01PM – 4:16PM	<b>Dhanishtha Until 8:21PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:32AM	Moon 1 - Phase 40	3rd Phase
		Yama	12:31PM – 1:46PM	Vyatipata* Until 3:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM		
		995723466 <b>Rahu</b>	4:16PM – 5:30PM	Balava Until 6:56AM	<b>Nataraja:</b> Orange			
Routine Work	Marana Yoga			Dvitiya Until 7:50PM	Moon – Purple		<b>Devaloka Day</b>	
Until 8:21PM					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Pittsburgh, PA Sun 16	Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	<b>Gulika</b>	1:47PM – 3:02PM	<b>Shatabhishak Until 10:45PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:31AM	Moon 1 - Phase 40	3rd Phase
<b>Family Home Evening</b>		Yama	11:17AM – 12:32PM	Variyan Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM		
Creative Work	Siddha Yoga	995723466 <b>Rahu</b>	8:46AM – 10:01AM	Taitila Until 8:52AM	<b>Nataraja:</b> Orange			
Until 10:45PM				Tritiya Until 9:56PM	Moon – Purple		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Magha-Thai</b>			

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chalurthyam Titau			Pittsburgh, PA Sun 17	Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	<b>Gulika</b>	12:32PM – 1:47PM	<b>Purvaproshtapada* Until 1:44AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:31AM	Moon 1 - Phase 40	3rd Phase
		Yama	10:01AM – 11:16AM	Parigha* Until 5:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM		
		915723466 <b>Rahu</b>	3:02PM – 4:18PM	Vanija Until 11:06AM	<b>Nataraja:</b> Orange			
Routine Work	Marana Yoga			<b>Chaturthi* Until 12:18AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 1:44AM Wed					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Pittsburgh, PA Sun 18	Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	<b>Gulika</b>	11:16AM – 12:32PM	<b>Uttaraproshtapada Until 4:41AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:30AM	Moon 1 - Phase 40	3rd Phase
		Yama	8:45AM – 10:01AM	Shiva Until 5:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM		
		915723466 <b>Rahu</b>	12:32PM – 1:47PM	Bava Until 1:34PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga			<b>Panchami Until 2:49AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
					<b>Magha-Thai</b>			

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau			Pittsburgh, PA Sun 19	Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	<b>Gulika</b>	10:00AM – 11:16AM	<b>Revati Until 7:26AM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:29AM	Moon 1 - Phase 40	3rd Phase
		Yama	7:29AM – 8:45AM	Siddha Until 6:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM		
		916723466 <b>Rahu</b>	1:48PM – 3:04PM	Kaulava Until 4:06PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga			<b>Shashthi* Until 5:19AM Fri</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 7:26AM Fri					<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga								

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau			Pittsburgh, PA Sun 20	Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	<b>Gulika</b>	8:44AM – 10:00AM	<b>Revati Until 7:26AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:28AM	Moon 1 - Phase 40	3rd Phase
		Yama	3:04PM – 4:20PM	Sadhya Until 7:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM		
		916723466 <b>Rahu</b>	11:16AM – 12:32PM	Gara Until 6:32PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga			<b>Saptami Until 7:38AM Sat</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 7:26AM					<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Pittsburgh, PA Sun 21	Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	<b>Gulika</b>	7:28AM – 8:44AM	<b>Ashvini Until 10:20AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:28AM	Moon 1 - Phase 40	Ashtami
		Yama	1:48PM – 3:04PM	Subha Until 7:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM		
		926723466 <b>Rahu</b>	10:00AM – 11:16AM	Visti Until 8:40PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga			<b>Saptami Until 7:38AM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Pittsburgh, PA Sun 22	Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	<b>Gulika</b>	3:05PM – 4:21PM	<b>Bharani Until 12:39PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:27AM	Moon 1 - Phase 40	Navami
		Yama	12:32PM – 1:49PM	Sukla Until 8:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM		
		926723466 <b>Rahu</b>	4:21PM – 5:38PM	Balava Until 10:18PM	<b>Nataraja:</b> Orange			
Routine Work	Prabalarishta Yoga			<b>Ashtami* Until 9:32AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 12:39PM					<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga								

<b>1</b>	<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA
	Vrishabha Rasi: 5.37	Tithi 9 – 10	<b>Gulika</b> 1:49PM – 3:06PM	<b>Krittika</b> Until 2:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:26AM	Sun 23 Sutra 295
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 8:43AM – 9:59AM	Brahma Until 7:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Vikarin 5121	
Routine Work	Marana Yoga		Taitila Until 11:13PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 41	
Until 2:12PM			<b>Navami* Until 10:50AM</b>	Moon – White		4th Phase	
Then Creative Work - Amrita Yoga				<b>Magha*Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA
	Vrishabha Rasi: 18.17	Tithi 10 – 11	<b>Gulika</b> 12:33PM – 1:49PM	<b>Rohini</b> Until 3:20PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:25AM	Sun 24 Sutra 296
	936723467	<b>Rahu</b> 3:06PM – 4:23PM	Indra Until 6:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Vikarin 5121	
Creative Work	Amrita Yoga		Vanija Until 11:19PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41	
Until 3:20PM			<b>Dashami</b> Until 11:21AM	Moon – Yellow		4th Phase	
Then Creative Work - Siddha Yoga				<b>Magha*Thai</b>	<b>Devaloka Day</b>		

<b>3</b>	<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA
	Mithuna Rasi: 1.22	Tithi 11 – 12	<b>Gulika</b> 11:15AM – 12:33PM	<b>Mrigashira</b> Until 3:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:24AM	Sun 25 Sutra 297
	936723467	<b>Rahu</b> 12:33PM – 1:50PM	Vaidhriti* Until 5:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM	Vikarin 5121	
Creative Work	Siddha Yoga		Bava Until 10:35PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41	
			<b>Ekadashi</b> Until 11:02AM	Moon – Yellow		4th Phase	
				<b>Magha*Thai</b>	<b>Devaloka Day</b>		

<b>4</b>	<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA
	Mithuna Rasi: 14.54	Tithi 12 – 13	<b>Gulika</b> 9:58AM – 11:15AM	<b>Ardra</b> Until 2:41PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:23AM	Sun 26 Sutra 298
	936723467	<b>Rahu</b> 1:50PM – 3:08PM	Vishkambha* Until 2:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:43PM	Vikarin 5121	
Routine Work	Marana Yoga		Kaulava Until 9:03PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41	
Until 2:41PM			<b>Dvadashi</b> Until 9:54AM	Moon – Yellow		4th Phase	
Then Creative Work - Amrita Yoga				<b>Magha*Thai</b>	<b>Devaloka Day</b>		
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA
	Mithuna Rasi: 28.53	Tithi 13 – 14	<b>Gulika</b> 8:40AM – 9:57AM	<b>Punarvasu</b> Until 1:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:22AM	Sun 27 Sutra 299
	947723467	<b>Rahu</b> 11:15AM – 12:33PM	Priti Until 11:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:44PM	Vikarin 5121	
Creative Work	Siddha Yoga		Gara Until 6:50PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41	
Until 1:28PM			<b>Trayodashi</b> Until 8:00AM	Moon – Blue		4th Phase	
Then Routine Work - Marana Yoga		<b>Thai Pusam</b>		<b>Magha*Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

<b>○</b>	<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Pittsburgh, PA
	Kataka Rasi: 13.17	Tithi 15	<b>Gulika</b> 7:21AM – 8:39AM	<b>Pushya</b> Until 11:31AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:21AM	Sutra 300
	947723467	<b>Rahu</b> 9:57AM – 11:15AM	Ayushman Until 8:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:45PM	Vikarin 5121	
Creative Work	Siddha Yoga		Visti Until 4:03PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41	
Until 11:31AM			<b>Purnima* Until 2:30AM Sun</b>	Moon – Blue		Purnima	
Then Routine Work - Marana Yoga				<b>Magha*Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

<b>○</b>	<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Pittsburgh, PA
	Kataka Rasi: 28.02	Tithi 16	<b>Gulika</b> 3:10PM – 4:28PM	<b>Ashlesha*</b> Until 9:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM	Sutra 301
	947723467	<b>Rahu</b> 4:28PM – 5:46PM	Sobhana Until 12:59AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:46PM	Vikarin 5121	
Creative Work	Siddha Yoga		Balava Until 12:54PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41	
Until 9:01AM			<b>Prathama* Until 11:13PM</b>	Moon – Blue		Prathama	
Then Routine Work - Marana Yoga				<b>Magha*Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	





**Monday, February 10, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Pittsburgh, PA  
Sutra 302  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 12.59 Tithi 17  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

957723467

**Gulika** 1:52PM – 3:10PM  
Yama 11:14AM – 12:33PM  
**Rahu** 8:37AM – 9:56AM

**Magha\* Until 6:33AM**  
Athiganda\* Until 8:56PM  
Taitila Until 9:31AM  
**Dvitiya Until 7:47PM**

**Ganesha:** Red *Sunrise: 7:18AM*  
**Muruqa:** Clear *Sunset: 5:47PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**1**

**Tuesday, February 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Pittsburgh, PA  
Sun 1 Sutra 303  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 27.59 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 1:08AM Wed  
Then Routine Work - Marana Yoga

957723467

**Gulika** 12:33PM – 1:52PM  
Yama 9:55AM – 11:14AM  
**Rahu** 3:11PM – 4:30PM

**Uttaraphalguni Until 1:08AM Wed**  
Sukarma Until 4:57PM  
Vanija Until 6:06AM  
**Tritiya Until 4:24PM**

**Ganesha:** Red *Sunrise: 7:17AM*  
**Muruqa:** Clear *Sunset: 5:49PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**2**

**Wednesday, February 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA  
Sun 2 Sutra 304  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 12.55 Tithi 19 – 20  
Routine Work Marana Yoga  
Until 10:56PM  
Then Creative Work - Siddha Yoga

968723467

**Gulika** 11:14AM – 12:33PM  
Yama 8:35AM – 9:54AM  
**Rahu** 12:33PM – 1:52PM

**Hasta Until 10:56PM**  
Dhriti Until 1:07PM  
Kaulava Until 11:43PM  
**Chaturthi\* Until 1:11PM**

**Ganesha:** Green *Sunrise: 7:16AM*  
**Muruqa:** Clear *Sunset: 5:50PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, February 13, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pittsburgh, PA  
Sun 3 Sutra 305  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 27.38 Tithi 20 – 21  
Creative Work Siddha Yoga  
Until 8:58PM  
Then Creative Work - Amrita Yoga

968723467

**Gulika** 9:54AM – 11:13AM  
Yama 7:15AM – 8:34AM  
**Rahu** 1:52PM – 3:12PM

**Chitra Until 8:58PM**  
Shula\* Until 9:32AM  
Gara Until 9:03PM  
**Panchami Until 10:19AM**

**Ganesha:** White *Sunrise: 7:15AM*  
**Muruqa:** Clear *Sunset: 5:51PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, February 14, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pittsburgh, PA  
Sun 4 Sutra 306  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Tula Rasi: 12.02 Tithi 21 – 22  
Creative Work Siddha Yoga

968723467

**Gulika** 8:33AM – 9:53AM  
Yama 3:13PM – 4:32PM  
**Rahu** 11:13AM – 12:33PM

**Svati Until 7:23PM**  
Ganda\* Until 6:20AM  
Visti Until 6:54PM  
**Shashthi\* Until 7:53AM**

**Ganesha:** White *Sunrise: 7:14AM*  
**Muruqa:** Clear *Sunset: 5:52PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Saturday, February 15, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Pittsburgh, PA  
Sun 5 Sutra 307  
Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

Tula Rasi: 26.04 Tithi 22 – 23  
Creative Work Siddha Yoga

978723467

**Gulika** 7:12AM – 8:32AM  
Yama 1:53PM – 3:13PM  
**Rahu** 9:53AM – 11:13AM

**Vishakha Until 6:39PM**  
Dhruva Until 1:17AM Sun  
Kaulava Until 4:44AM Sun  
**Saptami Until 6:01AM**

**Ganesha:** Clear *Sunrise: 7:12AM*  
**Muruqa:** Clear *Sunset: 5:53PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

**Sunday, February 16, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Pittsburgh, PA  
Sun 6 Sutra 308  
Vikarin 5121  
Moon 2 - Phase 42  
Navami

Vrischika Rasi: 9.44 Tithi 24  
Routine Work Marana Yoga

978723467

**Gulika** 3:14PM – 4:34PM  
Yama 12:33PM – 1:53PM  
**Rahu** 4:34PM – 5:55PM

**Anuradha Until 6:23PM**  
Vyaghata\* Until 11:30PM  
Taitila Until 4:22PM  
**Navami\* Until 4:06AM Mon**

**Ganesha:** Clear *Sunrise: 7:11AM*  
**Muruqa:** Clear *Sunset: 5:55PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau	Pittsburgh, PA Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 23.04	Tithi 25	<b>Gulika</b> 1:53PM – 3:14PM	<b>Jyeshtha* Until 6:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:10AM	
<b>Family Home Evening</b>	978723467	<b>Yama</b> 11:12AM – 12:33PM	Harshana Until 10:12PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:56PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		<b>Rahu</b> 8:30AM – 9:51AM	Vanija Until 4:01PM	<b>Nataraja:</b> Clear	2nd Phase
			<b>Dashami Until 4:03AM Tue</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Magha-Masi</b>	

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	Pittsburgh, PA Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 26	<b>Gulika</b> 12:33PM – 1:54PM	<b>Mula* Until 7:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:08AM	
	988723467	<b>Yama</b> 9:51AM – 11:12AM	Vajra* Until 9:19PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		<b>Rahu</b> 3:15PM – 4:36PM	Bava Until 4:16PM	<b>Nataraja:</b> Clear	2nd Phase
Until 7:36PM			<b>Ekadashi* Until 4:34AM Wed</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau	Pittsburgh, PA Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 18.49	Tithi 27	<b>Gulika</b> 11:11AM – 12:33PM	<b>Purvashadha* Until 8:58PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:07AM	
	988723467	<b>Yama</b> 8:28AM – 9:50AM	Siddhi Until 8:49PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:58PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		<b>Rahu</b> 12:33PM – 1:54PM	Kaulava Until 5:01PM	<b>Nataraja:</b> Clear	2nd Phase
			<b>Dvadashi* Until 5:32AM Thu</b>	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau	Pittsburgh, PA Sun 10 Sutra 312 Vikarin 5121
Makara Rasi: 1.2	Tithi 28	<b>Gulika</b> 9:49AM – 11:11AM	<b>Uttarashadha Until 10:35PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:06AM	
	989823467	<b>Yama</b> 7:06AM – 8:27AM	Vyatipata* Until 8:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:59PM	Moon 2 - Phase 43
Routine Work Marana Yoga		<b>Rahu</b> 1:54PM – 3:16PM	Gara Until 6:12PM	<b>Nataraja:</b> Clear	2nd Phase
Until 10:35PM			<b>Trayodashi* Until 6:55AM Fri</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga			<b>Pradosha Vrata (Fasting)</b>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Pittsburgh, PA Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 13.42	Tithi 28 – 29	<b>Gulika</b> 8:26AM – 9:48AM	<b>Shravana Until 12:52AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:04AM	
	999823467	<b>Yama</b> 3:16PM – 4:38PM	Variyan Until 8:45PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:00PM	Moon 2 - Phase 43
Routine Work Marana Yoga		<b>Rahu</b> 11:10AM – 12:32PM	Visti Until 7:45PM	<b>Nataraja:</b> Clear	2nd Phase
Until 12:52AM Sat			<b>Trayodashi* Until 6:55AM</b>	Moon – Purple	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>		<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
		<b>Mahasivaratri (Solar)</b>			

<b>Retreat Star</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau	Pittsburgh, PA Sun 12 Sutra 314 Vikarin 5121
Makara Rasi: 25.55	Tithi 29 – 30	<b>Gulika</b> 7:03AM – 8:25AM	<b>Dhanishtha Until 3:16AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:03AM	
	999823467	<b>Yama</b> 1:55PM – 3:17PM	Parigha* Until 9:04PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:02PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		<b>Rahu</b> 9:48AM – 11:10AM	Catuspada Until 9:36PM	<b>Nataraja:</b> Clear	Amavasya
			<b>Chaturdashy* Until 8:37AM</b>	Moon – Purple	<b>Bhuloka Day</b>
				<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Pittsburgh, PA Sun 13 Sutra 315 Vikarin 5121
Kumbha Rasi: 8.02	Tithi 30 – 1	<b>Gulika</b> 3:17PM – 4:40PM	<b>Shatabhishak Until 5:43AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:01AM	
	999823467	<b>Yama</b> 12:32PM – 1:55PM	Shiva Until 9:36PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:03PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		<b>Rahu</b> 4:40PM – 6:03PM	Kintughna Until 11:42PM	<b>Nataraja:</b> Clear	Prathama
Until 5:43AM Mon			<b>Amavasya* Until 10:36AM</b>	Moon – Purple	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Phalgun-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 20.03 Tithi 1 – 2 <b>Family Home Evening</b> Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:55PM – 3:18PM Yama 11:09AM – 12:32PM <b>Rahu</b> 8:23AM – 9:46AM	<b>Purvaprossthapada* Until 8:41AM Tue</b> Siddha Until 10:15PM Balava Until 2:00AM Tue <b>Prathama* Until 12:48PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 6:04PM	Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Pittsburgh, PA Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Meena Rasi: 1.59 Tithi 2 – 3 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 12:32PM – 1:55PM Yama 9:45AM – 11:09AM <b>Rahu</b> 3:18PM – 4:42PM	<b>Purvaprossthapada* Until 8:41AM</b> Sadhya Until 11:02PM Taitila Until 4:27AM Wed <b>Dvitiya Until 3:11PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 6:05PM	Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Pittsburgh, PA Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 13.53 Tithi 3 – 4 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	<b>Gulika</b> 11:08AM – 12:32PM Yama 8:21AM – 9:44AM <b>Rahu</b> 12:32PM – 1:55PM	<b>Uttaraprossthapada Until 11:36AM</b> Subha Until 11:55PM Vanija Until 6:58AM Thu <b>Tritiya Until 5:41PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:57AM <b>Sunset:</b> 6:06PM	Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau				Pittsburgh, PA Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 25.45 Tithi 4 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:44AM – 11:08AM Yama 6:56AM – 8:20AM <b>Rahu</b> 1:55PM – 3:19PM	<b>Revati Until 2:25PM</b> Sukla Until 12:45AM Fri Vanija Until 6:58AM <b>Chaturthi* Until 8:12PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 6:07PM	Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Pittsburgh, PA Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 7.37 Tithi 5 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:18AM – 9:43AM Yama 3:20PM – 4:44PM <b>Rahu</b> 11:07AM – 12:31PM	<b>Ashvini Until 5:29PM</b> Brahma Until 1:31AM Sat Bava Until 9:27AM <b>Panchami Until 10:37PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:54AM <b>Sunset:</b> 6:08PM	Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Pittsburgh, PA Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 19.33 Tithi 6 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 6:53AM – 8:17AM Yama 1:56PM – 3:20PM <b>Rahu</b> 9:42AM – 11:07AM	<b>Bharani Until 8:10PM</b> Indra Until 2:05AM Sun Kaulava Until 11:45AM <b>Shashthi* Until 12:45AM Sun</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 6:09PM	Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Pittsburgh, PA Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:21PM – 4:46PM Yama 12:31PM – 1:56PM <b>Rahu</b> 4:46PM – 6:12PM	<b>Krittika Until 10:16PM</b> Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM <b>Saptami Until 2:25AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:50AM <b>Sunset:</b> 6:12PM	Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Pittsburgh, PA Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 1:56PM – 3:22PM Yama 11:05AM – 12:30PM <b>Rahu</b> 8:14AM – 9:39AM	<b>Rohini Until 12:04AM Tue</b> Vishkambha* Until 1:54AM Tue Visti Until 3:01PM <b>Ashtami* Until 3:23AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:48AM <b>Sunset:</b> 6:13PM	Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>
<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Pittsburgh, PA Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 12:30PM – 1:56PM Yama 9:38AM – 11:04AM <b>Rahu</b> 3:22PM – 4:48PM	<b>Mrigashira Until 12:55AM Wed</b> Priti Until 12:57AM Wed Balava Until 3:36PM <b>Navami* Until 3:33AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:14PM	Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau	Pittsburgh, PA Sun 23 Sutra 325 Vikarin 5121
Mithuna Rasi: 9.26	Tithi 10	<b>Gulika</b> 11:04AM – 12:30PM	<b>Ardra Until 12:47AM Thu</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:45AM	
		Yama 8:11AM – 9:38AM	Ayushman Until 11:18PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:15PM	Moon 2 - Phase 45
		131833467 <b>Rahu</b> 12:30PM – 1:56PM	Taitila Until 3:19PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga			<b>Dashami Until 2:49AM Thu</b>	Moon – Yellow	<b>Devaloka Day</b>
Until 12:47AM Thu				<b>Phalguna-Masi</b>	
Then Creative Work - Amrita Yoga					

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau	Pittsburgh, PA Sun 24 Sutra 326 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 11	<b>Gulika</b> 9:37AM – 11:03AM	<b>Punarvasu Until 12:05AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:44AM	
		Yama 6:44AM – 8:10AM	Saubhagya Until 8:58PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:16PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 1:56PM – 3:23PM	Vanija Until 2:09PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Amrita Yoga			<b>Ekadashi Until 1:14AM Fri</b>	Moon – Blue	<b>Bhuloka Day</b>
Until 12:05AM Fri				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau	Pittsburgh, PA Sun 25 Sutra 327 Vikarin 5121
Kataka Rasi: 6.48	Tithi 12	<b>Gulika</b> 8:09AM – 9:36AM	<b>Pushya Until 10:29PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:42AM	
		Yama 3:23PM – 4:50PM	Sobhana Until 6:00PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:17PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 11:03AM – 12:30PM	Bava Until 12:10PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Marana Yoga			<b>Dvadashi Until 10:53PM</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Pittsburgh, PA Sun 26 Sutra 328 Vikarin 5121
Kataka Rasi: 21.13	Tithi 13	<b>Gulika</b> 6:40AM – 8:08AM	<b>Ashlesha* Until 8:07PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:40AM	
		Yama 1:57PM – 3:24PM	Athiganda* Until 2:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:18PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:35AM – 11:02AM	Kaulava Until 9:29AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Marana Yoga			<b>Trayodashi Until 7:54PM</b>	Moon – Blue	<b>Bhuloka Day</b>
Until 8:07PM				<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau	Pittsburgh, PA Sun 27 Sutra 329 Vikarin 5121
Simha Rasi: 6.04	Tithi 14 – 15	<b>Gulika</b> 3:24PM – 4:52PM	<b>Magha* Until 5:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:39AM	
		Yama 12:29PM – 1:57PM	Sukarma Until 10:34AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:19PM	Moon 2 - Phase 45
		151833467 <b>Rahu</b> 4:52PM – 6:19PM	Gara Until 6:15AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Marana Yoga			<b>Chaturdashi* Until 4:27PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 5:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>	
Then Creative Work - Siddha Yoga					

		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Pittsburgh, PA Sutra 330 Vikarin 5121
Simha Rasi: 21.12	Tithi 15 – 16	<b>Gulika</b> 1:57PM – 3:25PM	<b>Purvaphalguni Until 2:34PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:37AM	
<b>Family Home Evening</b>		Yama 11:01AM – 12:29PM	Dhriti Until 6:23AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:20PM	Moon 2 - Phase 45
Creative Work Siddha Yoga		152833467 <b>Rahu</b> 8:05AM – 9:33AM	Balava Until 10:49PM	<b>Nataraja:</b> Clear	Purnima
		<b>Holi</b>	<b>Purnima* Until 12:43PM</b>	Moon – Red	<b>Sivaloka Day</b>
				<b>Phalguna-Masi</b>	

<b>0</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Pittsburgh, PA Sutra 331 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:29PM – 1:57PM	<b>Uttaraphalguni Until 11:22AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:36AM	
Kanya Rasi: 6.29	Tithi 16 – 17	Yama 9:32AM – 11:00AM	Ganda* Until 9:41PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:21PM	Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:25PM – 4:53PM	Taitila Until 6:59PM	<b>Nataraja:</b> Clear	Prathama
Creative Work Amrita Yoga			<b>Prathama* Until 8:53AM</b>	Moon – Red	<b>Sivaloka Day</b>
Until 11:22AM				<b>Phalguna-Masi</b>	
Then Creative Work - Siddha Yoga					



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Pittsburgh, PA

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

**Gulika** 11:00AM – 12:28PM  
Yama 8:03AM – 9:31AM  
**Rahu** 12:28PM – 1:57PM

**Hasta** Until 8:31AM  
Vriddhi Until 5:31PM  
Vanija Until 3:18PM

**Ganesha:** Clear *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 6:23PM

**Nataraja:** Clear

Moon – Green

**Devaloka Day**

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Pittsburgh, PA

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

**Gulika** 9:30AM – 10:59AM  
Yama 6:32AM – 8:01AM  
**Rahu** 1:57PM – 3:26PM

**Svati** Until 3:24AM Fri  
Dhruva Until 1:36PM  
Bava Until 11:57AM  
**Chaturthi\*** Until 10:25PM

**Ganesha:** Clear *Sunrise:* 6:32AM  
**Muruqa:** Orange *Sunset:* 6:24PM

**Nataraja:** Clear

Moon – Green

**Phalguna-Masi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Pittsburgh, PA

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 21.29 Tithi 20

172833467

**Gulika** 8:00AM – 9:29AM  
Yama 3:26PM – 4:55PM  
**Rahu** 10:58AM – 12:28PM

**Vishakha** Until 1:51AM Sat  
Vyaghata\* Until 10:06AM  
Kaulava Until 9:04AM  
**Panchami** Until 7:50PM

**Ganesha:** Purple *Sunrise:* 6:31AM  
**Muruqa:** Orange *Sunset:* 6:25PM

**Nataraja:** Clear

Moon – Orange

**Phalguna-Masi**

**Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Pittsburgh, PA

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

**Gulika** 6:29AM – 7:59AM  
Yama 1:57PM – 3:27PM  
**Rahu** 9:28AM – 10:58AM

**Anuradha** Until 12:52AM Sun  
Harshana Until 7:08AM  
Gara Until 6:49AM  
**Shashthi\*** Until 5:56PM

**Ganesha:** Purple *Sunrise:* 6:29AM  
**Muruqa:** Orange *Sunset:* 6:26PM

**Nataraja:** Purple

Moon – Orange

**Phalguna-Panguni**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pittsburgh, PA

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

**Gulika** 3:27PM – 4:57PM  
Yama 12:27PM – 1:57PM  
**Rahu** 4:57PM – 6:27PM

**Jyeshtha\*** Until 12:31AM Mon  
Siddhi Until 2:58AM Mon  
Balava Until 4:33AM Mon  
**Saptami** Until 4:48PM

**Ganesha:** Clear *Sunrise:* 6:28AM  
**Muruqa:** Orange *Sunset:* 6:27PM

**Nataraja:** Purple

Moon – Orange

**Phalguna-Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pittsburgh, PA

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

**Gulika** 1:57PM – 3:27PM  
Yama 10:57AM – 12:27PM  
**Rahu** 7:56AM – 9:26AM

**Mula\*** Until 1:13AM Tue  
Vyatipata\* Until 1:50AM Tue  
Taitila Until 4:36AM Tue  
**Ashtami\*** Until 4:28PM

**Ganesha:** Purple *Sunrise:* 6:26AM  
**Muruqa:** Orange *Sunset:* 6:28PM

**Nataraja:** Purple

Moon – Light Blue

**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Pittsburgh, PA

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

**Gulika** 12:27PM – 1:57PM  
Yama 9:25AM – 10:56AM  
**Rahu** 3:28PM – 4:58PM

**Purvashadha\*** Until 2:29AM Wed  
Variyan Until 1:14AM Wed  
Vanija Until 5:21AM Wed  
**Navami\*** Until 4:52PM

**Ganesha:** Purple *Sunrise:* 6:24AM  
**Muruqa:** Orange *Sunset:* 6:29PM

**Nataraja:** Purple

Moon – Light Blue

**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 8
Dhanus Rasi: 28.29	Tithi 25 – 26	<b>Gulika</b> 10:55AM – 12:26PM	<b>Uttarashadha</b> Until 4:10AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	Vikarin 5121
		Yama 7:54AM – 9:24AM	Parigha* Until 1:07AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 47
		182933468 <b>Rahu</b> 12:26PM – 1:57PM	Bava Until 6:42AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 5:57PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 4:10AM Thu				<b>Phalguna-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Pittsburgh, PA Sun 9
Makara Rasi: 10.5	Tithi 26	<b>Gulika</b> 9:23AM – 10:55AM	<b>Shravana</b> Until 6:37AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	Vikarin 5121
		Yama 6:21AM – 7:52AM	Shiva Until 1:23AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 1:57PM – 3:28PM	Bava Until 6:42AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:32PM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Pittsburgh, PA Sun 10
Makara Rasi: 23.01	Tithi 27	<b>Gulika</b> 7:51AM – 9:23AM	<b>Shravana</b> Until 6:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM	Vikarin 5121
		Yama 3:29PM – 5:00PM	Siddha Until 1:53AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 10:54AM – 12:26PM	Kaulava Until 8:30AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 9:29PM	Moon – Purple		<b>Sivaloka Day</b>
Until 6:37AM				<b>Phalguna-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Pittsburgh, PA Sun 11
Kumbha Rasi: 5.04	Tithi 28	<b>Gulika</b> 6:18AM – 7:50AM	<b>Dhanishtha</b> Until 9:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama 1:57PM – 3:29PM	Sadhya Until 2:34AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 9:22AM – 10:53AM	Gara Until 10:36AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:42PM	Moon – Purple		<b>Sivaloka Day</b>
Until 9:12AM				<b>Phalguna-Panguni</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pittsburgh, PA Sun 12
Kumbha Rasi: 17.01	Tithi 29	<b>Gulika</b> 3:30PM – 5:02PM	<b>Shatabhishak</b> Until 11:48AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM	Vikarin 5121
		Yama 12:25PM – 1:57PM	Subha Until 3:22AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 47
		193933468 <b>Rahu</b> 5:02PM – 6:34PM	Visti* Until 12:53PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:03AM Mon	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pittsburgh, PA Sun 13
Kumbha Rasi: 28.56	Tithi 30	<b>Gulika</b> 1:57PM – 3:30PM	<b>Purvaprosarthapada*</b> Until 2:51PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:14AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:52AM – 12:25PM	Sukla Until 4:12AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 7:47AM – 9:20AM	Catuspada Until 3:17PM	<b>Nataraja:</b> Purple		Amavasya
Until 2:51PM			<b>Amavasya*</b> Until 4:28AM Tue	Moon – Clear		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>		

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Pittsburgh, PA Sun 14
Meena Rasi: 10.49	Tithi 1	<b>Gulika</b> 12:24PM – 1:57PM	<b>Uttaraprosarthapada</b> Until 5:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:13AM	Vikarin 5121
		Yama 9:19AM – 10:52AM	Brahma Until 5:04AM Wed	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 47
		113933468 <b>Rahu</b> 3:30PM – 5:03PM	Kintughna Until 5:43PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 6:55AM Wed	Moon – Clear		<b>Sivaloka Day</b>
Until 5:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pittsburgh, PA Sun 15 Sutra 346	
Meena Rasi: 22.42	Tithi 1 – 2	<b>Gulika</b> 10:51AM – 12:24PM	<b>Revati Until 8:33PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:11AM		Vikarin 5121
		Yama 7:44AM – 9:18AM	Indra Until 5:55AM Thu	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:37PM		Moon 3 - Phase 48
		113933468 <b>Rahu</b> 12:24PM – 1:57PM	Balava Until 8:10PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 6:55AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			
<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pittsburgh, PA Sun 16 Sutra 347	
Mesha Rasi: 4.35	Tithi 2 – 3	<b>Gulika</b> 9:17AM – 10:50AM	<b>Ashvini Until 11:36PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:10AM		Vikarin 5121
		Yama 6:10AM – 7:43AM	Vaidhriti* Until 6:41AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:38PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 1:57PM – 3:31PM	Taitila Until 10:33PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 9:21AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 11:36PM		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Pittsburgh, PA Sun 17 Sutra 348	
Mesha Rasi: 16.31	Tithi 3 – 4	<b>Gulika</b> 7:42AM – 9:16AM	<b>Bharani Until 2:19AM Sat</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:08AM		Vikarin 5121
		Yama 3:31PM – 5:05PM	Vaidhriti* Until 6:41AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:39PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:50AM – 12:24PM	Vanija Until 12:47AM Sat	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:40AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 2:19AM Sat				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Pittsburgh, PA Sun 18 Sutra 349	
Mesha Rasi: 28.3	Tithi 4 – 5	<b>Gulika</b> 6:06AM – 7:40AM	<b>Krittika Until 4:37AM Sun</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:06AM		Vikarin 5121
		Yama 1:57PM – 3:32PM	Vishkambha* Until 7:20AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:40PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 9:15AM – 10:49AM	Bava Until 2:44AM Sun	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 1:47PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 4:37AM Sun				<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pittsburgh, PA Sun 19 Sutra 350	
Wrishabha Rasi: 10.37	Tithi 5 – 6	<b>Gulika</b> 3:32PM – 5:07PM	<b>Rohini Until 6:50AM Mon</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:05AM		Vikarin 5121
		Yama 12:23PM – 1:58PM	Priti Until 7:46AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:41PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 5:07PM – 6:41PM	Kaulava Until 4:16AM Mon	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:33PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 6:50AM Mon				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							
<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Pittsburgh, PA Sun 20 Sutra 351	
Wrishabha Rasi: 22.53	Tithi 6 – 7	<b>Gulika</b> 1:58PM – 3:32PM	<b>Rohini Until 6:50AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:03AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:48AM – 12:23PM	Ayushman Until 7:50AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:42PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 7:38AM – 9:13AM	Gara Until 5:13AM Tue	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:49PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			
<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pittsburgh, PA Sun 21 Sutra 352	
Mithuna Rasi: 5.26	Tithi 7 – 8	<b>Gulika</b> 12:22PM – 1:58PM	<b>Mrigashira Until 8:17AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:01AM		Vikarin 5121
		Yama 9:12AM – 10:47AM	Saubhagya Until 7:26AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:43PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:33PM – 5:08PM	Visti Until 5:26AM Wed	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:25PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 8:17AM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pittsburgh, PA Sun 22 Sutra 353	
Mithuna Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 10:47AM – 12:22PM	<b>Ardra Until 8:53AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:01AM		Vikarin 5121
		Yama 7:37AM – 9:12AM	Sobhana Until 6:29AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:43PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 12:22PM – 1:58PM	Balava Until 4:51AM Thu	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:14PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			
<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pittsburgh, PA Sun 23 Sutra 354	
Kataka Rasi: 1.38	Tithi 9 – 10	<b>Gulika</b> 9:11AM – 10:46AM	<b>Punarvasu Until 8:59AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:00AM		Vikarin 5121
		Yama 6:00AM – 7:35AM	Sukarma Until 2:37AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:44PM		Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:58PM – 3:33PM	Taitila Until 3:26AM Fri	<b>Nataraja:</b> Purple			Navami
Creative Work	Amrita Yoga		<b>Navami* Until 4:13PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Friday, April 3, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Pushya/Vanija Karana Dashami/Ekadashyam Titau	Pittsburgh, PA
	Kataka Rasi: 15.25    Tithi 10 – 11	<b>Gulika</b> 7:34AM – 9:10AM <b>Pushya Until 8:08AM</b>	Sun 24    Sutra 355
	143933468	Yama 3:34PM – 5:09PM <b>Rahu</b> 10:46AM – 12:22PM	Vikarin 5121
	Routine Work    Marana Yoga	Dhriti Until 11:46PM    Vanija Until 1:15AM Sat	Moon 3 - Phase 49
		Yogaswami Mahasamadhi <b>Dashami Until 2:25PM</b>	4th Phase
			<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>2</b>	<b>Saturday, April 4, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Pittsburgh, PA
	Kataka Rasi: 29.4    Tithi 11 – 12	<b>Gulika</b> 5:57AM – 7:33AM <b>Ashlesha* Until 6:24AM</b>	Sun 25    Sutra 356
	143933468	Yama 1:58PM – 3:34PM <b>Rahu</b> 9:09AM – 10:45AM	Vikarin 5121
	Routine Work    Marana Yoga	Shula* Until 8:20PM    Bava Until 10:25PM	Moon 3 - Phase 49
Until 6:24AM		<b>Ekadashi Until 11:54AM</b>	4th Phase
Then Creative Work - Amrita Yoga			<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>3</b>	<b>Sunday, April 5, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Pittsburgh, PA
	Simha Rasi: 14.22    Tithi 12 – 13	<b>Gulika</b> 3:34PM – 5:11PM <b>Purvaphalguni Until 1:38AM Mon</b>	Sun 26    Sutra 357
	153933468	Yama 12:21PM – 1:58PM <b>Rahu</b> 5:11PM – 6:47PM	Vikarin 5121
	Creative Work    Siddha Yoga	Ganda* Until 4:29PM    Kaulava Until 7:05PM	Moon 3 - Phase 49
		<b>Dvadashi Until 8:47AM</b>	4th Phase
			<b>Subha Sivaloka Day</b>
			<b>Chaitra•Panguni</b>
			<i>Pradosha Vrata</i>

<b>4</b>	<b>Monday, April 6, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau	Pittsburgh, PA
	Simha Rasi: 29.25    Tithi 14	<b>Gulika</b> 1:58PM – 3:35PM <b>Uttaraphalguni Until 10:32PM</b>	Sun 27    Sutra 358
	154933468	Yama 10:44AM – 12:21PM <b>Rahu</b> 7:30AM – 9:07AM	Vikarin 5121
	Family Home Evening	Vridhhi Until 12:21PM    Gara Until 3:23PM	Moon 3 - Phase 49
Creative Work    Siddha Yoga		<b>Chaturdashi* Until 1:27AM Tue</b>	4th Phase
			<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

	<b>Tuesday, April 7, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau	Pittsburgh, PA
	<b>Copper Retreat Star</b>	<b>Gulika</b> 12:21PM – 1:58PM <b>Hasta Until 7:34PM</b>	Sutra 359
	Kanya Rasi: 14.4    Tithi 15	Yama 9:06AM – 10:43AM <b>Rahu</b> 3:35PM – 5:12PM	Vikarin 5121
	164933468	Dhruva Until 8:01AM    Visti Until 11:31AM	Moon 3 - Phase 49
Creative Work    Siddha Yoga		<b>Purnima* Until 9:33PM</b>	Purnima
			<b>Devaloka Day</b>
			<b>Chaitra•Panguni</b>
			<b>Panguni Uttiram Hanuman Jayanti</b>

<b>○</b>	<b>Wednesday, April 8, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitilia Karana Prathama/Dvitiyayam Titau	Pittsburgh, PA
	<b>Silver Retreat Star</b>	<b>Gulika</b> 10:43AM – 12:20PM <b>Chitra Until 4:33PM</b>	Sutra 360
	Kanya Rasi: 29.58    Tithi 16 – 17	Yama 7:28AM – 9:05AM <b>Rahu</b> 12:20PM – 1:58PM	Vikarin 5121
	164934468	Harshana Until 11:27PM    Balava Until 7:39AM	Moon 3 - Phase 49
Creative Work    Siddha Yoga		<b>Prathama* Until 5:45PM</b>	Prathama
			<b>Devaloka Day</b>
			<b>Chaitra•Panguni</b>





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA  
Sun 1  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 15.07 Tithi 17 – 18  
164134468  
Creative Work Amrita Yoga  
Until 1:39PM  
Then Creative Work - Siddha Yoga

**Gulika** 9:04AM – 10:42AM  
Yama 5:49AM – 7:26AM  
**Rahu** 1:58PM – 3:36PM

**Svati** Until 1:39PM  
Vajra\* Until 7:28PM  
Vanija Until 12:36AM Fri  
Dvitiya Until 2:12PM

**Ganesha:** White *Sunrise:* 5:49AM  
**Muruqa:** Clear *Sunset:* 6:51PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Pittsburgh, PA  
Sun 2  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 30 Tithi 18 – 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:25AM – 9:03AM  
Yama 3:36PM – 5:14PM  
**Rahu** 10:42AM – 12:20PM

**Vishakha** Until 11:27AM  
Siddhi Until 3:54PM  
Bava Until 9:46PM  
Tritiya Until 11:06AM

**Ganesha:** Yellow *Sunrise:* 5:47AM  
**Muruqa:** Clear *Sunset:* 6:53PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Vyaltipala\* Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA  
Sun 3  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 14.28 Tithi 19 – 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 5:46AM – 7:24AM  
Yama 1:58PM – 3:37PM  
**Rahu** 9:03AM – 10:41AM

**Anuradha** Until 9:43AM  
Vyaltipala\* Until 12:51PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:34AM

**Ganesha:** Yellow *Sunrise:* 5:46AM  
**Muruqa:** Clear *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha/Mula\* Nakshatra Varyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pittsburgh, PA  
Sun 4  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 28.26 Tithi 20 – 21  
174134468  
Routine Work Marana Yoga  
Until 8:33AM  
Then Creative Work - Amrita Yoga

**Gulika** 3:37PM – 5:16PM  
Yama 12:19PM – 1:58PM  
**Rahu** 5:16PM – 6:55PM

**Jyeshtha\*** Until 8:33AM  
Varyan Until 10:23AM  
Gara Until 6:12PM  
Panchami Until 6:47AM

**Ganesha:** Yellow *Sunrise:* 5:44AM  
**Muruqa:** Clear *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Pittsburgh, PA  
Sun 5  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 11.56 Tithi 22  
**Family Home Evening**  
184134468  
Creative Work Siddha Yoga  
Until 8:31AM  
Then Routine Work - Marana Yoga

**Gulika** 1:58PM – 3:37PM  
Yama 10:40AM – 12:19PM  
**Rahu** 7:22AM – 9:01AM

**Mula\*** Until 8:31AM  
Parigha\* Until 8:36AM  
Visti Until 5:39PM  
Saptami Until 5:41AM Tue

**Ganesha:** Blue *Sunrise:* 5:42AM  
**Muruqa:** Clear *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**



**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA  
Sun 6  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 24.59 Tithi 23  
284134468  
Creative Work Siddha Yoga  
Until 9:09AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:19PM – 1:58PM  
Yama 9:00AM – 10:39AM  
**Rahu** 3:38PM – 5:17PM

**Purvashadha\*** Until 9:09AM  
Shiva Until 7:30AM  
Balava Until 5:57PM  
Ashtami\* Until 6:22AM Wed

**Ganesha:** Yellow *Sunrise:* 5:41AM  
**Muruqa:** Clear *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pittsburgh, PA  
Sun 7  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 7.37 Tithi 23 – 24  
284134468  
Creative Work Amrita Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:39AM – 12:19PM  
Yama 7:19AM – 8:59AM  
**Rahu** 12:19PM – 1:58PM

**Uttarashadha** Until 10:24AM  
Siddha Until 7:00AM  
Taitila Until 6:59PM  
Ashtami\* Until 6:22AM

**Ganesha:** Yellow *Sunrise:* 5:39AM  
**Muruqa:** Clear *Sunset:* 6:58PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Chidambaram Abhishekam

<b>1</b>		<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 8	Sutra 4
Makara Rasi: 19.58	Tithi 24 – 25	<b>Gulika</b> 8:58AM – 10:38AM	<b>Shravana Until 12:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM			Sarvari 5122	
		Yama 5:38AM – 7:18AM	Sadhya Until 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM			Moon 4 - Phase 1	
		294134468 <b>Rahu</b> 1:58PM – 3:38PM	Vanija Until 8:38PM	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 7:44AM</b>	Moon – Purple				<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>					

<b>2</b>		<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 9	Sutra 5
Kumbha Rasi: 2.05	Tithi 25 – 26	<b>Gulika</b> 7:17AM – 8:57AM	<b>Dhanishtha Until 3:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:36AM			Sarvari 5122	
		Yama 3:39PM – 5:19PM	Subha Until 7:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 1	
		294134468 <b>Rahu</b> 10:38AM – 12:18PM	Bava Until 10:43PM	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 9:37AM</b>	Moon – Purple				<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>					

<b>3</b>		<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 10	Sutra 6
Kumbha Rasi: 14.04	Tithi 26 – 27	<b>Gulika</b> 5:35AM – 7:16AM	<b>Shatabhishak Until 5:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM			Sarvari 5122	
		Yama 1:59PM – 3:39PM	Sukla Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM			Moon 4 - Phase 1	
		295134468 <b>Rahu</b> 8:56AM – 10:37AM	Kaulava Until 1:03AM Sun	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:51AM</b>	Moon – Purple				<b>Sivaloka Day</b>	
Until 5:46PM				<b>Chaitra*Chaitra</b>					
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 11	Sutra 7
Kumbha Rasi: 25.58	Tithi 27 – 28	<b>Gulika</b> 3:40PM – 5:21PM	<b>Purvaproshtapada* Until 8:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:33AM			Sarvari 5122	
		Yama 12:18PM – 1:59PM	Brahma Until 9:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM			Moon 4 - Phase 1	
		215134468 <b>Rahu</b> 5:21PM – 7:02PM	Gara Until 3:30AM Mon	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Clear				<b>Sivaloka Day</b>	
Until 8:53PM				<b>Chaitra*Chaitra</b>					
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>						

<b>5</b>		<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 12	Sutra 8
Meena Rasi: 7.5	Tithi 28 – 29	<b>Gulika</b> 1:59PM – 3:40PM	<b>Uttaraproshtapada Until 11:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:32AM			Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:36AM – 12:17PM	Indra Until 10:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM			Moon 4 - Phase 1	
		215134468 <b>Rahu</b> 7:13AM – 8:55AM	Vistil Until 5:56AM Tue	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:42PM</b>	Moon – Clear				<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>					

<b>6</b>		<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Pittsburgh, PA Sun 13	Sutra 9
Meena Rasi: 19.42	Tithi 29	<b>Gulika</b> 12:17PM – 1:59PM	<b>Revati Until 2:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:31AM			Sarvari 5122	
		Yama 8:54AM – 10:36AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM			Moon 4 - Phase 1	
		215134468 <b>Rahu</b> 3:40PM – 5:22PM	Sakuni Until 7:06PM	<b>Nataraja:</b> Purple				2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:06PM</b>	Moon – Clear				<b>Sivaloka Day</b>	
Until 2:35AM Wed				<b>Chaitra*Chaitra</b>					
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Pritil* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pittsburgh, PA Sun 14	Sutra 10
Mesha Rasi: 2	Tithi 30	<b>Gulika</b> 10:35AM – 12:17PM	<b>Ashvini Until 5:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:29AM			Sarvari 5122	
		Yama 7:11AM – 8:53AM	Vishkambha* Until 11:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM			Moon 4 - Phase 1	
		225134468 <b>Rahu</b> 12:17PM – 1:59PM	Catuspada Until 8:17AM	<b>Nataraja:</b> Purple				Amavasya	
Routine Work	Marana Yoga		<b>Amavasya* Until 9:23PM</b>	Moon – White				<b>Sivaloka Day</b>	
Until 5:31AM Thu				<b>Chaitra*Chaitra</b>					
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Pritil*/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Pittsburgh, PA Sun 15	Sutra 11
Mesha Rasi: 13.34	Tithi 1	<b>Gulika</b> 8:52AM – 10:35AM	<b>Bharani Until 8:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:28AM			Sarvari 5122	
		Yama 5:28AM – 7:10AM	Pritil* Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM			Moon 4 - Phase 1	
		225134468 <b>Rahu</b> 1:59PM – 3:41PM	Kintughna Until 10:29AM	<b>Nataraja:</b> Purple				Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:29PM</b>	Moon – White				<b>Sivaloka Day</b>	
				<b>Vaisaka*Chaitra</b>					

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Pittsburgh, PA Sun 16 Sutra 12
Mesha Rasi: 25.35	Tithi 2	<b>Gulika</b> 7:09AM – 8:52AM	<b>Bharani</b> Until 8:06AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:26AM	Sarvari 5122
		Yama 3:42PM – 5:24PM	Ayushman Until 12:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2
		225134469 <b>Rahu</b> 10:34AM – 12:17PM	Balava Until 12:28PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 1:21AM Sat	Moon – White		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Pittsburgh, PA Sun 17 Sutra 13
Visshabha Rasi: 7.44	Tithi 3	<b>Gulika</b> 5:25AM – 7:08AM	<b>Krittika</b> Until 10:16AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:25AM	Sarvari 5122
		Yama 1:59PM – 3:42PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 2
		225134469 <b>Rahu</b> 8:51AM – 10:34AM	Taitila Until 2:11PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 2:53AM Sun	Moon – White		<b>Devaloka Day</b>
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>		

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Pittsburgh, PA Sun 18 Sutra 14
Visshabha Rasi: 20	Tithi 4	<b>Gulika</b> 3:43PM – 5:26PM	<b>Rohini</b> Until 12:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM	Sarvari 5122
		Yama 12:16PM – 1:59PM	Sobhana Until 1:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 2
		235134469 <b>Rahu</b> 5:26PM – 7:09PM	Vanija Until 3:32PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 4:02AM Mon	Moon – Yellow		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Pittsburgh, PA Sun 19 Sutra 15
Mithuna Rasi: 2.27	Tithi 5	<b>Gulika</b> 2:00PM – 3:43PM	<b>Mrigashira</b> Until 2:00PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:22AM	Sarvari 5122
<b>Family Home Evening</b>		Yama 10:33AM – 12:16PM	Athiganda* Until 1:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 7:06AM – 8:49AM	Bava Until 4:27PM	<b>Nataraja:</b> Clear		3rd Phase
Until 2:00PM			<b>Panchami</b> Until 4:41AM Tue	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Pittsburgh, PA Sun 20 Sutra 16
Mithuna Rasi: 15.08	Tithi 6	<b>Gulika</b> 12:16PM – 2:00PM	<b>Ardra</b> Until 2:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:21AM	Sarvari 5122
		Yama 8:48AM – 10:32AM	Sukarma Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 2
		236134469 <b>Rahu</b> 3:43PM – 5:27PM	Kaulava Until 4:49PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 4:45AM Wed	Moon – Yellow		<b>Bhuloka Day</b>
Until 2:55PM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Pittsburgh, PA Sun 21 Sutra 17
Mithuna Rasi: 28.05	Tithi 7	<b>Gulika</b> 10:32AM – 12:16PM	<b>Punarvasu</b> Until 3:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM	Sarvari 5122
		Yama 7:04AM – 8:48AM	Dhriti Until 11:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 2
		246134469 <b>Rahu</b> 12:16PM – 2:00PM	Gara Until 4:34PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 4:11AM Thu	Moon – Blue		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		Pittsburgh, PA Sun 22 Sutra 18
Kataka Rasi: 11.22	Tithi 8	<b>Gulika</b> 8:47AM – 10:31AM	<b>Pushya</b> Until 3:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:18AM	Sarvari 5122
		Yama 5:18AM – 7:03AM	Shula* Until 9:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 2
		246134469 <b>Rahu</b> 2:00PM – 3:44PM	Visli Until 3:40PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 2:57AM Fri	Moon – Blue		<b>Devaloka Day</b>
Until 3:23PM				<b>Vaisaka-Chaitra</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau		Pittsburgh, PA Sun 23 Sutra 19
Kataka Rasi: 25.01	Tithi 9	<b>Gulika</b> 7:01AM – 8:46AM	<b>Ashlesha*</b> Until 2:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	Sarvari 5122
		Yama 3:45PM – 5:30PM	Ganda* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 2
		246134469 <b>Rahu</b> 10:31AM – 12:15PM	Balava Until 2:06PM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami*</b> Until 1:04AM Sat	Moon – Blue		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Pittsburgh, PA Sun 24 Sutra 20
Simha Rasi: 9.05	Tithi 10	<b>Gulika</b> 5:15AM – 7:00AM	<b>Magha* Until 1:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM		Sarvari 5122	
		Yama 2:01PM – 3:46PM	Dhruva Until 1:34AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 8:45AM – 10:30AM	Taitila Until 11:55AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 10:36PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 1:06PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Pittsburgh, PA Sun 25 Sutra 21
Simha Rasi: 23.31	Tithi 11	<b>Gulika</b> 3:46PM – 5:32PM	<b>Purvaphalguni Until 11:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM		Sarvari 5122	
		Yama 12:15PM – 2:01PM	Vyaghata* Until 10:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 5:32PM – 7:17PM	Vanija Until 9:11AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 7:38PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 11:08AM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 22
Kanya Rasi: 8.17	Tithi 12 – 13	<b>Gulika</b> 2:01PM – 3:47PM	<b>Uttaraphalguni Until 8:36AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:12AM		Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:29AM – 12:15PM	Harshana Until 6:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM		Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 6:58AM – 8:44AM	Bava Until 6:02AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:20PM</b>	Moon – Red		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

*Pradosha Vrata*

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 23
Kanya Rasi: 23.16	Tithi 13 – 14	<b>Gulika</b> 12:15PM – 2:01PM	<b>Hasta Until 6:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:11AM		Sarvari 5122	
		Yama 8:43AM – 10:29AM	Vajra* Until 2:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:47PM – 5:33PM	Gara Until 11:02PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:48PM</b>	Moon – Green		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA Sun 28 Sutra 24
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:29AM – 12:15PM	<b>Svati Until 12:28AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:10AM		Sarvari 5122	
Tula Rasi: 8.2	Tithi 14 – 15	Yama 6:56AM – 8:43AM	Siddhi Until 10:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 12:15PM – 2:01PM	Visti Until 7:29PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:14AM</b>	Moon – Green		<b>Devaloka Day</b>		
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>				

<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Pittsburgh, PA Sun 29 Sutra 25		
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:42AM – 10:28AM	<b>Vishakha Until 10:08PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:09AM		Sarvari 5122	
Tula Rasi: 23.21	Tithi 16	Yama 5:09AM – 6:55AM	Vyatipata* Until 6:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM		Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 2:02PM – 3:48PM	Balava Until 4:07PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 2:33AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda