



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.44      Tithi 17  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:12AM – 6:53AM  
Yama 1:38PM – 3:19PM  
264483468 **Rahu** 8:34AM – 10:15AM

**Svati** Until 6:17AM  
Siddhi Until 6:09PM  
Taitila Until 1:51PM  
**Dvitiya** Until 1:01AM Sun

**Ganesha:** Red      *Sunrise:* 5:12AM  
**Muruqa:** Yellow      *Sunset:* 6:41PM  
**Nataraja:** Purple  
Moon – Green

**Sivaloka Day**  
Chaitra+Chaitra

Peoria, IL  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.37      Tithi 18  
Routine Work      Marana Yoga  
Until 5:13AM Mon  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 3:19PM – 5:01PM  
Yama 11:56AM – 1:38PM  
274483468 **Rahu** 5:01PM – 6:42PM

**Anuradha** Until 5:13AM Mon  
Vyatipata\* Until 3:59PM  
Vanija Until 12:23PM  
**Tritiya** Until 11:54PM

**Ganesha:** Blue      *Sunrise:* 5:10AM  
**Muruqa:** Yellow      *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra+Chaitra

Sun 1      Peoria, IL  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 17.05      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 5:35AM Tue  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:38PM – 3:20PM  
Yama 10:14AM – 11:56AM  
274483468 **Rahu** 6:51AM – 8:33AM

**Jyeshtha\*** Until 5:35AM Tue  
Variyan Until 2:23PM  
Bava Until 11:39AM  
**Chaturthi\*** Until 11:33PM

**Ganesha:** Blue      *Sunrise:* 5:09AM  
**Muruqa:** Yellow      *Sunset:* 6:43PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra+Chaitra

Sun 2      Peoria, IL  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Tuesday, April 23, 2019**

Dhanus Rasi: 0.07      Tithi 20  
Creative Work      Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:56AM – 1:38PM  
Yama 8:32AM – 10:14AM  
284483468 **Rahu** 3:20PM – 5:02PM

**Mula\*** Until 7:04AM Wed  
Parigha\* Until 1:27PM  
Kaulava Until 11:43AM  
**Panchami** Until 12:02AM Wed

**Ganesha:** Yellow      *Sunrise:* 5:08AM  
**Muruqa:** Yellow      *Sunset:* 6:44PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**  
Chaitra+Chaitra

Sun 3      Peoria, IL  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.46      Tithi 21  
Routine Work      Marana Yoga  
Until 7:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:13AM – 11:56AM  
Yama 6:49AM – 8:31AM  
284483468 **Rahu** 11:56AM – 1:38PM

**Mula\*** Until 7:04AM  
Shiva Until 1:09PM  
Gara Until 12:36PM  
**Shashthi\*** Until 1:18AM Thu

**Ganesha:** Yellow      *Sunrise:* 5:06AM  
**Muruqa:** Yellow      *Sunset:* 6:46PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**  
Chaitra+Chaitra

Sun 4      Peoria, IL  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 25.04      Tithi 22  
Creative Work      Siddha Yoga  
Until 9:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:30AM – 10:13AM  
Yama 5:05AM – 6:48AM  
284483469 **Rahu** 1:38PM – 3:21PM

**Purvashadha\*** Until 9:08AM  
Siddha Until 1:23PM  
Visti\* Until 2:12PM  
**Saptami** Until 3:13AM Fri

**Ganesha:** Yellow      *Sunrise:* 5:05AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra+Chaitra

Sun 5      Peoria, IL  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Retreat Star**

**Friday, April 26, 2019**

Makara Rasi: 7.08      Tithi 23  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:46AM – 8:29AM  
Yama 3:22PM – 5:05PM  
284583469 **Rahu** 10:13AM – 11:56AM

**Uttarashadha** Until 11:35AM  
Sadhya Until 2:04PM  
Balava Until 4:22PM  
**Ashtami\*** Until 5:34AM Sat

**Ganesha:** Red      *Sunrise:* 5:03AM  
**Muruqa:** Yellow      *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra+Chaitra

Sun 6      Peoria, IL  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 19.01      Tithi 24  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila Karana Navamyam Titau

**Gulika** 5:02AM – 6:45AM  
Yama 1:39PM – 3:22PM  
294583469 **Rahu** 8:29AM – 10:12AM

**Shravana** Until 2:44PM  
Subha Until 3:01PM  
Taitila Until 6:51PM  
**Navami\*** Until 8:06AM Sun

**Ganesha:** Green      *Sunrise:* 5:02AM  
**Muruqa:** Yellow      *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Chaitra+Chaitra  
Devaloka Time: 3:PM to 6:PM

Sun 7      Peoria, IL  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

|                                  |               |   |                                |                        |                 |  |
|----------------------------------|---------------|---|--------------------------------|------------------------|-----------------|--|
| <b>1 Sunday, April 28, 2019</b>  |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                                |                        |                 | Peoria, IL<br>Sutra 14<br>Vikarin 5121 |
| Kumbha Rasi: 0.5                 | Tithi 24 – 25 | <b>Gulika</b> 3:22PM – 5:06PM   | <b>Dhanishtha</b> Until 5:48PM | <b>Ganesha:</b> Green  | Sunrise: 5:01AM | Sun 8                                  |
|                                  |               | Yama 11:55AM – 1:39PM   | Sukla Until 4:01PM             | <b>Muruqa:</b> Yellow  | Sunset: 6:50PM  | Moon 4 - Phase 3                       |
|                                  |               | 294583469 <b>Rahu</b> 5:06PM – 6:50PM   | Vanija Until 9:24PM            | <b>Nataraja:</b> Clear |                 | 2nd Phase                              |
| Routine Work                     | Marana Yoga   |   | <b>Navami*</b> Until 8:06AM    | Moon – Purple          |                 | <b>Bhuloka Day</b>                     |
| Until 5:48PM                     |               |   |                                | <b>Chaitra*Chaitra</b> |                 | Devaloka Time: 3:PM to 6:PM            |
| Then Creative Work - Siddha Yoga |               |   |                                |                        |                 |  |

|                                 |               |   |                                  |                        |                 |  |
|---------------------------------|---------------|---|----------------------------------|------------------------|-----------------|--|
| <b>2 Monday, April 29, 2019</b> |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                                  |                        |                 | Peoria, IL<br>Sutra 15<br>Vikarin 5121 |
| Kumbha Rasi: 12.41              | Tithi 25 – 26 | <b>Gulika</b> 1:39PM – 3:23PM   | <b>Shatabhishak</b> Until 8:34PM | <b>Ganesha:</b> Green  | Sunrise: 4:59AM | Sun 9                                  |
| <b>Family Home Evening</b>      |               | Yama 10:11AM – 11:55AM  | Brahma Until 4:57PM              | <b>Muruqa:</b> Yellow  | Sunset: 6:51PM  | Moon 4 - Phase 3                       |
| Creative Work                   | Siddha Yoga   | 294583469 <b>Rahu</b> 6:43AM – 8:27AM   | Bava Until 11:46PM               | <b>Nataraja:</b> Clear |                 | 2nd Phase                              |
| Until 8:34PM                    |               |   | <b>Dashami</b> Until 10:36AM     | Moon – Purple          |                 | <b>Bhuloka Day</b>                     |
| Then Routine Work - Marana Yoga |               |   |                                  | <b>Chaitra*Chaitra</b> |                 | Devaloka Time: 3:PM to 6:PM            |

|                                  |               |   |  |                        |                 |  |
|----------------------------------|---------------|---|--|------------------------|-----------------|--|
| <b>3 Tuesday, April 30, 2019</b> |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  |                        |                 | Peoria, IL<br>Sutra 16<br>Vikarin 5121 |
| Kumbha Rasi: 24.36               | Tithi 26 – 27 | <b>Gulika</b> 11:55AM – 1:39PM  | <b>Purvaproshtapada*</b> Until 11:21PM | <b>Ganesha:</b> Purple | Sunrise: 4:58AM | Sun 10                                 |
|                                  |               | Yama 8:27AM – 10:11AM   | Indra Until 5:39PM                     | <b>Muruqa:</b> Yellow  | Sunset: 6:52PM  | Moon 4 - Phase 3                       |
|                                  |               | 214583469 <b>Rahu</b> 3:23PM – 5:08PM   | Kaulava Until 1:47AM Wed               | <b>Nataraja:</b> Clear |                 | 2nd Phase                              |
| Routine Work                     | Marana Yoga   |   | <b>Ekadashi*</b> Until 12:49PM         | Moon – Clear           |                 | <b>Bhuloka Day</b>                     |
| Until 11:21PM                    |               |   |  | <b>Chaitra*Chaitra</b> |                 | Devaloka Time: 3:PM to 6:PM            |
| Then Creative Work - Amrita Yoga |               |   |  |                        |                 |  |

|                                 |               |   |   |                        |                 |  |
|---------------------------------|---------------|---|---|------------------------|-----------------|--|
| <b>4 Wednesday, May 1, 2019</b> |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau |   |                        |                 | Peoria, IL<br>Sutra 17<br>Vikarin 5121 |
| Meena Rasi: 6.41                | Tithi 27 – 28 | <b>Gulika</b> 10:10AM – 11:55AM   | <b>Uttaraproshtapada</b> Until 1:31AM Thu | <b>Ganesha:</b> Purple | Sunrise: 4:57AM | Sun 11                                 |
|                                 |               | Yama 6:41AM – 8:26AM  | Vaidhriti* Until 5:59PM                   | <b>Muruqa:</b> Yellow  | Sunset: 6:53PM  | Moon 4 - Phase 3                       |
|                                 |               | 214583469 <b>Rahu</b> 11:55AM – 1:39PM  | Gara Until 3:19AM Thu                     | <b>Nataraja:</b> Clear |                 | 2nd Phase                              |
| Creative Work                   | Siddha Yoga   |   | <b>Dvadashi*</b> Until 2:36PM             | Moon – Clear           |                 | <b>Bhuloka Day</b>                     |
|                                 |               |   |   | <b>Chaitra*Chaitra</b> |                 | Devaloka Time: 3:PM to 6:PM            |
|                                 |               |   |   |                        |                 | <i>Pradosha Vrata (Fasting)</i>        |

|                                  |               |  |                                 |                            |                 |  |
|----------------------------------|---------------|--|---------------------------------|----------------------------|-----------------|--|
| <b>5 Thursday, May 2, 2019</b>   |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 |                            |                 | Peoria, IL<br>Sutra 18<br>Vikarin 5121 |
| Meena Rasi: 18.58                | Tithi 28 – 29 | <b>Gulika</b> 8:25AM – 10:10AM   | <b>Revati</b> Until 3:01AM Fri  | <b>Ganesha:</b> Light Blue | Sunrise: 4:56AM | Sun 12                                 |
|                                  |               | Yama 4:56AM – 6:40AM   | Vishkambha* Until 5:56PM        | <b>Muruqa:</b> Yellow      | Sunset: 6:54PM  | Moon 4 - Phase 3                       |
|                                  |               | 215583469 <b>Rahu</b> 1:39PM – 3:24PM  | Visti* Until 4:19AM Fri         | <b>Nataraja:</b> Clear     |                 | 2nd Phase                              |
| Creative Work                    | Siddha Yoga   |  | <b>Trayodashi*</b> Until 3:52PM | Moon – Clear               |                 | <b>Bhuloka Day</b>                     |
| Until 3:01AM Fri                 |               |  |                                 | <b>Chaitra*Chaitra</b>     |                 | Devaloka Time: 3:PM to 6:PM            |
| Then Creative Work - Amrita Yoga |               |  |                                 |                            |                 |  |

|                                  |               |   |                                  |                        |                 |  |
|----------------------------------|---------------|---|----------------------------------|------------------------|-----------------|--|
| <b>6 Friday, May 3, 2019</b>     |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  |                        |                 | Peoria, IL<br>Sutra 19<br>Vikarin 5121 |
| Mesha Rasi: 1.28                 | Tithi 29 – 30 | <b>Gulika</b> 6:39AM – 8:24AM   | <b>Ashvini</b> Until 4:18AM Sat  | <b>Ganesha:</b> Purple | Sunrise: 4:54AM | Sun 13                                 |
|                                  |               | Yama 3:25PM – 5:10PM  | Priti Until 5:28PM               | <b>Muruqa:</b> Yellow  | Sunset: 6:55PM  | Moon 4 - Phase 3                       |
|                                  |               | 225583469 <b>Rahu</b> 10:10AM – 11:55AM   | Catuspada Until 4:47AM Sat       | <b>Nataraja:</b> Clear |                 | 2nd Phase                              |
| Creative Work                    | Amrita Yoga   |   | <b>Chaturdashi*</b> Until 4:36PM | Moon – White           |                 | <b>Bhuloka Day</b>                     |
| Until 4:18AM Sat                 |               |   |                                  | <b>Chaitra*Chaitra</b> |                 | Devaloka Time: 3:PM to 6:PM            |
| Then Creative Work - Siddha Yoga |               |   |                                  |                        |                 |  |

|                     |              |  |                                 |                        |                 |  |
|---------------------|--------------|--|---------------------------------|------------------------|-----------------|--|
| <b>Retreat Star</b> |              | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                 |                        |                 | Peoria, IL<br>Sutra 20<br>Vikarin 5121 |
| Mesha Rasi: 14.14   | Tithi 30 – 1 | <b>Gulika</b> 4:53AM – 6:38AM  | <b>Bharani</b> Until 4:55AM Sun | <b>Ganesha:</b> Purple | Sunrise: 4:53AM | Sun 14                                 |
|                     |              | Yama 1:40PM – 3:25PM   | Ayushman Until 4:34PM           | <b>Muruqa:</b> Yellow  | Sunset: 6:56PM  | Moon 4 - Phase 3                       |
|                     |              | 225583469 <b>Rahu</b> 8:24AM – 10:09AM   | Kintughna Until 4:43AM Sun      | <b>Nataraja:</b> Clear |                 | Amavasya                               |
| Creative Work       | Siddha Yoga  |  | <b>Amavasya*</b> Until 4:47PM   | Moon – White           |                 | <b>Bhuloka Day</b>                     |
|                     |              |  |                                 | <b>Chaitra*Chaitra</b> |                 | Devaloka Time: 3:PM to 6:PM            |

|                                  |             |  |                                  |                        |                 |  |
|----------------------------------|-------------|--|----------------------------------|------------------------|-----------------|--|
| <b>Retreat Star</b>              |             | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                  |                        |                 | Peoria, IL<br>Sutra 21<br>Vikarin 5121 |
| Mesha Rasi: 27.14                | Tithi 1 – 2 | <b>Gulika</b> 3:26PM – 5:11PM  | <b>Krittika</b> Until 4:58AM Mon | <b>Ganesha:</b> Purple | Sunrise: 4:52AM | Sun 15                                 |
|                                  |             | Yama 11:54AM – 1:40PM  | Saubhagya Until 3:18PM           | <b>Muruqa:</b> Yellow  | Sunset: 6:57PM  | Moon 4 - Phase 3                       |
|                                  |             | 225583469 <b>Rahu</b> 5:11PM – 6:57PM  | Balava Until 4:13AM Mon          | <b>Nataraja:</b> Clear |                 | Prathama                               |
| Creative Work                    | Siddha Yoga |  | <b>Prathama*</b> Until 4:30PM    | Moon – White           |                 | <b>Bhuloka Day</b>                     |
| Until 4:58AM Mon                 |             |  |                                  | <b>Vaisaka*Chaitra</b> |                 | Devaloka Time: 3:PM to 6:PM            |
| Then Creative Work - Amrita Yoga |             |  |                                  |                        |                 |  |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

|                                  |             |  |                                |   |                             |  |
|----------------------------------|-------------|--|--------------------------------|---|-----------------------------|--|
| <b>Monday, May 6, 2019</b>       |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau |                                |   |                             | Peoria, IL<br>Sutra 22<br>Vikarin 5121 |
| <b>1</b>                         |             | <b>Gulika</b> 1:40PM – 3:26PM  | <b>Rohini Until 4:56AM Tue</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:51AM | Sun 16                      |  |
| Vrishabha Rasi: 10.29            | Tithi 2 – 3 | Yama 10:08AM – 11:54AM   | Sobhana Until 1:43PM           | <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:58PM       |                             | Moon 4 - Phase 4                       |
| <b>Family Home Evening</b>       | 235583469   | <b>Rahu</b> 6:37AM – 8:23AM  | Taitila Until 3:21AM Tue       | <b>Nataraja:</b> Clear                            |                             | 3rd Phase                              |
| Creative Work Amrita Yoga        |             |  | <b>Dvitiya Until 3:49PM</b>    | <b>Vaisaka-Chaitra</b>                            | <b>Bhuloka Day</b>          |  |
| Until 4:56AM Tue                 |             |  |                                |   | Devaloka Time: 3:PM to 6:PM |  |
| Then Creative Work - Siddha Yoga |             |  |                                |   |                             |  |

|                                  |             |   |                                    |   |                             |  |
|----------------------------------|-------------|---|------------------------------------|---|-----------------------------|--|
| <b>Tuesday, May 7, 2019</b>      |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau |                                    |   |                             | Peoria, IL<br>Sutra 23<br>Vikarin 5121 |
| <b>2</b>                         |             | <b>Gulika</b> 11:54AM – 1:40PM  | <b>Mrigashira Until 4:27AM Wed</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:50AM | Sun 17                      |  |
| Vrishabha Rasi: 23.55            | Tithi 3 – 4 | Yama 8:22AM – 10:08AM   | Athiganda* Until 11:50AM           | <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:59PM       |                             | Moon 4 - Phase 4                       |
| <b>Family Home Evening</b>       | 235583469   | <b>Rahu</b> 3:27PM – 5:13PM   | Vanija Until 2:10AM Wed            | <b>Nataraja:</b> Clear                            |                             | 3rd Phase                              |
| Creative Work Siddha Yoga        |             |   | <b>Tritiya Until 2:46PM</b>        | <b>Vaisaka-Chaitra</b>                            | <b>Bhuloka Day</b>          |  |
| Until 4:56AM Tue                 |             |   |                                    |   | Devaloka Time: 3:PM to 6:PM |  |
| Then Creative Work - Siddha Yoga |             |   |                                    |   |                             |  |

|                                  |             |  |                                |   |                             |  |
|----------------------------------|-------------|--|--------------------------------|---|-----------------------------|--|
| <b>Wednesday, May 8, 2019</b>    |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                |   |                             | Peoria, IL<br>Sutra 24<br>Vikarin 5121 |
| <b>3</b>                         |             | <b>Gulika</b> 10:08AM – 11:54AM  | <b>Ardra Until 3:35AM Thu</b>  | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:48AM | Sun 18                      |  |
| Mithuna Rasi: 7.32               | Tithi 4 – 5 | Yama 6:35AM – 8:21AM   | Sukarma Until 9:44AM           | <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:00PM       |                             | Moon 4 - Phase 4                       |
| <b>Family Home Evening</b>       | 235583469   | <b>Rahu</b> 11:54AM – 1:41PM   | Bava Until 12:43AM Thu         | <b>Nataraja:</b> Clear                            |                             | 3rd Phase                              |
| Creative Work Siddha Yoga        |             |  | <b>Chaturthi* Until 1:27PM</b> | <b>Vaisaka-Chaitra</b>                            | <b>Bhuloka Day</b>          |  |
| Until 3:35AM Thu                 |             |  |                                |   | Devaloka Time: 3:PM to 6:PM |  |
| Then Creative Work - Amrita Yoga |             |  |                                |   |                             |  |

|                                 |             |  |                                   |   |                     |  |
|---------------------------------|-------------|--|-----------------------------------|---|---------------------|--|
| <b>Thursday, May 9, 2019</b>    |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                   |   |                     | Peoria, IL<br>Sutra 25<br>Vikarin 5121 |
| <b>4</b>                        |             | <b>Gulika</b> 8:21AM – 10:07AM   | <b>Punarvasu Until 2:48AM Fri</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:47AM | Sun 19              |  |
| Mithuna Rasi: 21.17             | Tithi 5 – 6 | Yama 4:47AM – 6:34AM   | Dhriti Until 7:28AM               | <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:01PM   |                     | Moon 4 - Phase 4                       |
| <b>Family Home Evening</b>      | 245583469   | <b>Rahu</b> 1:41PM – 3:27PM  | Kaulava Until 11:04PM             | <b>Nataraja:</b> Clear                        |                     | 3rd Phase                              |
| Creative Work Amrita Yoga       |             |  | <b>Panchami Until 11:54AM</b>     | <b>Vaisaka-Chaitra</b>                        | <b>Devaloka Day</b> |  |
| Until 2:48AM Fri                |             |  |                                   |   |                     |  |
| Then Routine Work - Marana Yoga |             |  |                                   |   |                     |  |

|                                  |             |  |                                |   |                     |  |
|----------------------------------|-------------|--|--------------------------------|---|---------------------|--|
| <b>Friday, May 10, 2019</b>      |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau |                                |   |                     | Peoria, IL<br>Sutra 26<br>Vikarin 5121 |
| <b>5</b>                         |             | <b>Gulika</b> 6:33AM – 8:20AM  | <b>Pushya Until 1:40AM Sat</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:46AM | Sun 20              |  |
| Kataka Rasi: 5.11                | Tithi 6 – 7 | Yama 3:28PM – 5:15PM   | Ganda* Until 2:22AM Sat        | <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:02PM   |                     | Moon 4 - Phase 4                       |
| <b>Family Home Evening</b>       | 245583469   | <b>Rahu</b> 10:07AM – 11:54AM  | Gara Until 9:13PM              | <b>Nataraja:</b> Clear                        |                     | 3rd Phase                              |
| Routine Work Marana Yoga         |             |  | <b>Shashthi* Until 10:09AM</b> | <b>Vaisaka-Chaitra</b>                        | <b>Devaloka Day</b> |  |
| Until 10:55PM                    |             |  |                                |   |                     |  |
| Then Creative Work - Siddha Yoga |             |  |                                |   |                     |  |

|                                  |             |  |                                    |   |                     |  |
|----------------------------------|-------------|--|------------------------------------|---|---------------------|--|
| <b>Saturday, May 11, 2019</b>    |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                    |   |                     | Peoria, IL<br>Sutra 27<br>Vikarin 5121 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 4:45AM – 6:32AM  | <b>Ashlesha* Until 12:14AM Sun</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:45AM | Sun 21              |  |
| Kataka Rasi: 19.11               | Tithi 7 – 8 | Yama 1:41PM – 3:28PM   | Vriddhi Until 11:38PM              | <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:03PM   |                     | Moon 4 - Phase 4                       |
| <b>Family Home Evening</b>       | 245583469   | <b>Rahu</b> 8:20AM – 10:07AM   | Visti Until 7:11PM                 | <b>Nataraja:</b> Clear                        |                     | Ashtami                                |
| Routine Work Marana Yoga         |             |  | <b>Saptami Until 8:12AM</b>        | <b>Vaisaka-Chaitra</b>                        | <b>Devaloka Day</b> |  |
| Until 10:55PM                    |             |  |                                    |   |                     |  |
| Then Creative Work - Siddha Yoga |             |  |                                    |   |                     |  |

|                                  |             |  |                              |  |                             |  |
|----------------------------------|-------------|--|------------------------------|--|-----------------------------|--|
| <b>Sunday, May 12, 2019</b>      |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Dhruva Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau |                              |  |                             | Peoria, IL<br>Sutra 28<br>Vikarin 5121 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 3:29PM – 5:16PM  | <b>Magha* Until 10:55PM</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 4:44AM | Sun 22                      |  |
| Simha Rasi: 3.19                 | Tithi 8 – 9 | Yama 11:54AM – 1:41PM  | Dhruva Until 8:44PM          | <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:04PM  |                             | Moon 4 - Phase 4                       |
| <b>Family Home Evening</b>       | 256583469   | <b>Rahu</b> 5:16PM – 7:04PM  | Kaulava Until 3:50AM Mon     | <b>Nataraja:</b> Clear                       |                             | Navami                                 |
| Routine Work Marana Yoga         |             |  | <b>Ashtami* Until 6:05AM</b> | <b>Vaisaka-Chaitra</b>                       | <b>Bhuloka Day</b>          |  |
| Until 10:55PM                    |             |  |                              |  | Devaloka Time: 3:PM to 6:PM |  |
| Then Creative Work - Siddha Yoga |             |  |                              |  |                             |  |


|                             |             |  |                                   |                        |                        |  |
|-----------------------------|-------------|--|-----------------------------------|------------------------|------------------------|--|
| <b>Monday, May 13, 2019</b> |             | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau |                                   |                        |                        | Peoria, IL<br>Sutra 29<br>Vikarin 5121 |
| <b>1</b>                    |             | <b>Gulika</b> 1:42PM – 3:29PM  | <b>Purvaphalguni Until 9:22PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:43AM | Sun 23                                 |
| Simha Rasi: 17.31           | Tithi 10    | Yama 10:06AM – 11:54AM   | Vyaghata* Until 5:46PM            | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:05PM  | Moon 4 - Phase 5                       |
| <b>Family Home Evening</b>  | 256583469   | <b>Rahu</b> 6:31AM – 8:19AM  | Taitila Until 2:41PM              | <b>Nataraja:</b> Clear |                        | 4th Phase                              |
| Creative Work               | Siddha Yoga |  | <b>Dashami Until 1:29AM Tue</b>   | Moon – Red             |                        | <b>Bhuloka Day</b>                     |
|                             |             |  |                                   | <b>Vaisaka-Chaitra</b> |                        | Devaloka Time: 3:PM to 6:PM            |

|                                  |             |   |                                    |                        |                        |  |
|----------------------------------|-------------|---|------------------------------------|------------------------|------------------------|--|
| <b>Tuesday, May 14, 2019</b>     |             | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau |                                    |                        |                        | Peoria, IL<br>Sutra 30<br>Vikarin 5121 |
| <b>2</b>                         |             | <b>Gulika</b> 11:54AM – 1:42PM  | <b>Uttaraphalguni Until 7:37PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:42AM | Sun 24                                 |
| Kanya Rasi: 1.47                 | Tithi 11    | Yama 8:18AM – 10:06AM   | Harshana Until 2:45PM              | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:06PM  | Moon 4 - Phase 5                       |
|                                  | 256583469   | <b>Rahu</b> 3:30PM – 5:18PM   | Vanija Until 12:19PM               | <b>Nataraja:</b> Clear |                        | 4th Phase                              |
| Creative Work                    | Amrita Yoga |   | <b>Ekadashi Until 11:06PM</b>      | Moon – Red             |                        | <b>Bhuloka Day</b>                     |
| Until 7:37PM                     |             |   |                                    | <b>Vaisaka-Vaikasi</b> |                        | Devaloka Time: 3:PM to 6:PM            |
| Then Creative Work - Siddha Yoga |             |   |                                    |                        |                        |  |

|                                  |             |  |                              |                        |                        |  |
|----------------------------------|-------------|--|------------------------------|------------------------|------------------------|--|
| <b>Wednesday, May 15, 2019</b>   |             | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau |                              |                        |                        | Peoria, IL<br>Sutra 31<br>Vikarin 5121 |
| <b>3</b>                         |             | <b>Gulika</b> 10:06AM – 11:54AM  | <b>Hasta Until 6:11PM</b>    | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:41AM | Sun 25                                 |
| Kanya Rasi: 16.05                | Tithi 12    | Yama 6:29AM – 8:18AM   | Vajra* Until 11:44AM         | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:07PM  | Moon 4 - Phase 5                       |
|                                  | 266583469   | <b>Rahu</b> 11:54AM – 1:42PM   | Bava Until 9:56AM            | <b>Nataraja:</b> Clear |                        | 4th Phase                              |
| Routine Work                     | Marana Yoga |  | <b>Dvadashi Until 8:45PM</b> | Moon – Green           |                        | <b>Devaloka Day</b>                    |
| Until 6:11PM                     |             |  |                              | <b>Vaisaka-Vaikasi</b> |                        |  |
| Then Creative Work - Siddha Yoga |             |  |                              |                        |                        |  |

|                                  |             |  |                                |                        |                        |  |
|----------------------------------|-------------|--|--------------------------------|------------------------|------------------------|--|
| <b>Thursday, May 16, 2019</b>    |             | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                |                        |                        | Peoria, IL<br>Sutra 32<br>Vikarin 5121 |
| <b>4</b>                         |             | <b>Gulika</b> 8:17AM – 10:06AM   | <b>Chitra Until 4:45PM</b>     | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:40AM | Sun 26                                 |
| Tula Rasi: 0.19                  | Tithi 13    | Yama 4:40AM – 6:29AM   | Siddhi Until 8:49AM            | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:08PM  | Moon 4 - Phase 5                       |
|                                  | 266583469   | <b>Rahu</b> 1:42PM – 3:31PM  | Kaulava Until 7:39AM           | <b>Nataraja:</b> Clear |                        | 4th Phase                              |
| Creative Work                    | Siddha Yoga |  | <b>Trayodashi Until 6:34PM</b> | Moon – Green           |                        | <b>Devaloka Day</b>                    |
| Until 4:45PM                     |             |  |                                | <b>Vaisaka-Vaikasi</b> |                        |  |
| Then Creative Work - Amrita Yoga |             |  |                                |                        |                        |  |
|                                  |             |  |                                | <i>Pradosha Vrata</i>  |                        |  |

|                             |               |  |                                  |                        |                        |  |
|-----------------------------|---------------|--|----------------------------------|------------------------|------------------------|--|
| <b>Friday, May 17, 2019</b> |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau |                                  |                        |                        | Peoria, IL<br>Sutra 33<br>Vikarin 5121 |
| <b>5</b>                    |               | <b>Gulika</b> 6:28AM – 8:17AM  | <b>Svati Until 3:26PM</b>        | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:39AM | Sun 27                                 |
| Tula Rasi: 14.25            | Tithi 14 – 15 | Yama 3:31PM – 5:20PM   | Vyatipata* Until 6:05AM          | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:09PM  | Moon 4 - Phase 5                       |
|                             | 266583469     | <b>Rahu</b> 10:05AM – 11:54AM  | Visli Until 3:52AM Sat           | <b>Nataraja:</b> Clear |                        | 4th Phase                              |
| Creative Work               | Siddha Yoga   |  | <b>Chaturdashi* Until 4:39PM</b> | Moon – Green           |                        | <b>Devaloka Day</b>                    |
|                             |               |  |                                  | <b>Vaisaka-Vaikasi</b> |                        |  |

|   |                            |  |                              |                        |                        |  |
|---|----------------------------|--|------------------------------|------------------------|------------------------|--|
| <b>Saturday, May 18, 2019</b>   |                            | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                              |                        |                        | Peoria, IL<br>Sutra 34<br>Vikarin 5121 |
|  | <b>Copper Retreat Star</b> | <b>Gulika</b> 4:39AM – 6:27AM  | <b>Vishakha Until 2:48PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:39AM | Sun 28                                 |
| Tula Rasi: 28.18  | Tithi 15 – 16              | Yama 1:43PM – 3:32PM   | Parigha* Until 1:32AM Sun    | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:10PM  | Moon 4 - Phase 5                       |
|   | 276583469                  | <b>Rahu</b> 8:16AM – 10:05AM   | Balava Until 2:36AM Sun      | <b>Nataraja:</b> Clear |                        | Purnima                                |
| Creative Work   | Siddha Yoga                |  | <b>Purnima* Until 3:09PM</b> | Moon – Orange          |                        | <b>Bhuloka Day</b>                     |
|   |                            |  |                              | <b>Vaisaka-Vaikasi</b> |                        | Devaloka Time: 3:PM to 6:PM            |

|                             |                            |  |                               |                        |                        |  |
|-----------------------------|----------------------------|--|-------------------------------|------------------------|------------------------|--|
| <b>Sunday, May 19, 2019</b> |                            | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                               |                        |                        | Peoria, IL<br>Sutra 35<br>Vikarin 5121 |
|                             | <b>Silver Retreat Star</b> | <b>Gulika</b> 3:32PM – 5:21PM  | <b>Anuradha Until 2:33PM</b>  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:38AM | Sun 29                                 |
| Vrischika Rasi: 11.53       | Tithi 16 – 17              | Yama 11:54AM – 1:43PM  | Shiva Until 11:56PM           | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:10PM  | Moon 4 - Phase 5                       |
|                             | 277583469                  | <b>Rahu</b> 5:21PM – 7:10PM  | Taitila Until 1:56AM Mon      | <b>Nataraja:</b> Clear |                        | Prathama                               |
| Routine Work                | Marana Yoga                |  | <b>Prathama* Until 2:10PM</b> | Moon – Orange          |                        | <b>Devaloka Day</b>                    |
|                             |                            |  |                               | <b>Vaisaka-Vaikasi</b> |                        |  |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 25.08 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika 1:43PM – 3:33PM**  
Yama 10:05AM – 11:54AM  
**Rahu 6:26AM – 8:15AM**  
**Jyeshtha\* Until 2:47PM**  
Siddha Until 10:50PM  
Vanija Until 1:55AM Tue  
**Dvitiya Until 1:49PM**  
Ganesha: Yellow Sunrise: 4:37AM  
Muruga: Yellow Sunset: 7:11PM  
Nataraja: Clear  
Moon – Orange  
**Devaloka Day**  
Vaisaka-Vaikasi

Peoria, IL  
Sutra 36  
Sun 1  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 8.03 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 3:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika 11:54AM – 1:44PM**  
Yama 8:15AM – 10:05AM  
**Rahu 3:33PM – 5:23PM**  
**Mula\* Until 3:59PM**  
Sadhya Until 10:18PM  
Bava Until 2:37AM Wed  
**Tritiya Until 2:10PM**  
Ganesha: Red Sunrise: 4:36AM  
Muruga: Yellow Sunset: 7:12PM  
Nataraja: Clear  
Moon – Light Blue  
**Devaloka Day**  
Vaisaka-Vaikasi

Peoria, IL  
Sutra 37  
Sun 2  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.37 Tithi 19 – 20  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 10:05AM – 11:54AM**  
Yama 6:25AM – 8:15AM  
**Rahu 11:54AM – 1:44PM**  
**Purvashadha\* Until 5:43PM**  
Subha Until 10:19PM  
Kaulava Until 3:59AM Thu  
**Chaturthi\* Until 3:12PM**  
Ganesha: Red Sunrise: 4:35AM  
Muruga: Yellow Sunset: 7:13PM  
Nataraja: Clear  
Moon – Light Blue  
**Devaloka Day**  
Vaisaka-Vaikasi

Peoria, IL  
Sutra 38  
Sun 3  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.55 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 7:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau  
**Gulika 8:14AM – 10:04AM**  
Yama 4:35AM – 6:25AM  
**Rahu 1:44PM – 3:34PM**  
**Uttarashadha Until 7:52PM**  
Sukla Until 10:45PM  
Gara Until 5:54AM Fri  
**Panchami Until 4:51PM**  
Ganesha: Red Sunrise: 4:35AM  
Muruga: Yellow Sunset: 7:14PM  
Nataraja: Clear  
Moon – Light Blue  
**Devaloka Day**  
Vaisaka-Vaikasi

Peoria, IL  
Sutra 39  
Sun 4  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.59 Tithi 21  
Routine Work Marana Yoga  
Until 10:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Vanija Karana Shashtyayam Titau  
**Gulika 6:24AM – 8:14AM**  
Yama 3:35PM – 5:25PM  
**Rahu 10:04AM – 11:54AM**  
**Shravana Until 10:47PM**  
Brahma Until 11:31PM  
Vanija Until 6:59PM  
**Shashthi\* Until 6:59PM**  
Ganesha: Green Sunrise: 4:34AM  
Muruga: Yellow Sunset: 7:15PM  
Nataraja: Clear  
Moon – Purple  
**Bhuloka Day**  
Vaisaka-Vaikasi  
Devaloka Time: 3:PM to 6:PM

Peoria, IL  
Sutra 40  
Sun 5  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.54 Tithi 22  
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika 4:33AM – 6:24AM**  
Yama 1:45PM – 3:35PM  
**Rahu 8:14AM – 10:04AM**  
**Dhanishtha Until 1:44AM Sun**  
Indra Until 12:29AM Sun  
Visti Until 8:11AM  
**Saptami Until 9:22PM**  
Ganesha: Red Sunrise: 4:33AM  
Muruga: Yellow Sunset: 7:16PM  
Nataraja: Clear  
Moon – Purple  
**Devaloka Day**  
Vaisaka-Vaikasi

Peoria, IL  
Sutra 41  
Sun 6  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.46 Tithi 23  
Creative Work Siddha Yoga  
Until 4:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika 3:36PM – 5:26PM**  
Yama 11:55AM – 1:45PM  
**Rahu 5:26PM – 7:17PM**  
**Shatabhishak Until 4:32AM Mon**  
Vaidhriti\* Until 1:25AM Mon  
Balava Until 10:37AM  
**Ashtami\* Until 11:47PM**  
Ganesha: Blue Sunrise: 4:33AM  
Muruga: Yellow Sunset: 7:17PM  
Nataraja: Clear  
Moon – Purple  
**Sivaloka Day**  
Vaisaka-Vaikasi

Peoria, IL  
Sutra 42  
Sun 7  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.38 Tithi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 7:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika 1:45PM – 3:36PM**  
Yama 10:04AM – 11:55AM  
**Rahu 6:23AM – 8:13AM**  
**Purvaproshtapada\* Until 7:26AM Tue**  
Vishkambha\* Until 2:12AM Tue  
Taitila Until 12:57PM  
**Navami\* Until 2:00AM Tue**  
Ganesha: Purple Sunrise: 4:32AM  
Muruga: Yellow Sunset: 7:17PM  
Nataraja: Clear  
Moon – Clear  
**Sivaloka Day**  
Vaisaka-Vaikasi

Peoria, IL  
Sutra 43  
Sun 8  
Vikarin 5121  
Moon 5 - Phase 6  
Navami


|                                  |             |                              |                         |                                       |                        |  |                     |                        |
|----------------------------------|-------------|------------------------------|-------------------------|---------------------------------------|------------------------|--|---------------------|------------------------|
| <b>1</b>                         |             | <b>Tuesday, May 28, 2019</b> |                         |                                       |                        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau | Sun 9               | Peoria, IL<br>Sutra 44 |
| Meena Rasi: 3                    | Tithi 25    | <b>Gulika</b>                | <b>11:55AM – 1:46PM</b> | <b>Purvaproshtapada* Until 7:26AM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:31AM   | Vikarin 5121        |                        |
|                                  |             | Yama                         | 8:13AM – 10:04AM        | Priti Until 2:43AM Wed                | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:18PM  | Moon 5 - Phase 7    |                        |
|                                  |             | 318683469 <b>Rahu</b>        | 3:37PM – 5:27PM         | Vanija Until 3:00PM                   | <b>Nataraja:</b> Clear |  | 2nd Phase           |                        |
| Routine Work                     | Marana Yoga |                              |                         | <b>Dashami Until 3:50AM Wed</b>       | Moon – Clear           |  | <b>Sivaloka Day</b> |                        |
| Until 7:26AM                     |             |                              |                         |                                       | <b>Vaisaka-Vaikasi</b> |  |                     |                        |
| Then Creative Work - Amrita Yoga |             |                              |                         |                                       |                        |  |                     |                        |

|                                 |             |                                |                          |                                       |                        |  |                     |                        |
|---------------------------------|-------------|--------------------------------|--------------------------|---------------------------------------|------------------------|--|---------------------|------------------------|
| <b>2</b>                        |             | <b>Wednesday, May 29, 2019</b> |                          |                                       |                        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau | Sun 10              | Peoria, IL<br>Sutra 45 |
| Meena Rasi: 14.44               | Tithi 26    | <b>Gulika</b>                  | <b>10:04AM – 11:55AM</b> | <b>Uttaraproshtapada Until 9:45AM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:31AM   | Vikarin 5121        |                        |
|                                 |             | Yama                           | 6:22AM – 8:13AM          | Ayushman Until 2:47AM Thu             | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:19PM  | Moon 5 - Phase 7    |                        |
|                                 |             | 318683469 <b>Rahu</b>          | 11:55AM – 1:46PM         | Bava Until 4:34PM                     | <b>Nataraja:</b> Clear |  | 2nd Phase           |                        |
| Creative Work                   | Siddha Yoga |                                |                          | <b>Ekadashi* Until 5:07AM Thu</b>     | Moon – Clear           |  | <b>Sivaloka Day</b> |                        |
| Until 9:45AM                    |             |                                |                          |                                       | <b>Vaisaka-Vaikasi</b> |  |                     |                        |
| Then Routine Work - Marana Yoga |             |                                |                          |                                       |                        |  |                     |                        |

|                                  |             |                               |                         |                                   |                        |  |                     |                        |
|----------------------------------|-------------|-------------------------------|-------------------------|-----------------------------------|------------------------|--|---------------------|------------------------|
| <b>3</b>                         |             | <b>Thursday, May 30, 2019</b> |                         |                                   |                        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau | Sun 11              | Peoria, IL<br>Sutra 46 |
| Meena Rasi: 27.06                | Tithi 27    | <b>Gulika</b>                 | <b>8:13AM – 10:04AM</b> | <b>Revati Until 11:22AM</b>       | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:30AM   | Vikarin 5121        |                        |
|                                  |             | Yama                          | 4:30AM – 6:22AM         | Saubhagya Until 2:23AM Fri        | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:20PM  | Moon 5 - Phase 7    |                        |
|                                  |             | 318683469 <b>Rahu</b>         | 1:46PM – 3:37PM         | Kaulava Until 5:33PM              | <b>Nataraja:</b> Clear |  | 2nd Phase           |                        |
| Creative Work                    | Siddha Yoga |                               |                         | <b>Dvadashi* Until 5:47AM Fri</b> | Moon – Clear           |  | <b>Sivaloka Day</b> |                        |
| Until 11:22AM                    |             |                               |                         |                                   | <b>Vaisaka-Vaikasi</b> |  |                     |                        |
| Then Creative Work - Amrita Yoga |             |                               |                         |                                   |                        |  |                     |                        |

|                                  |             |                             |                        |                                     |                        |  |                     |                        |
|----------------------------------|-------------|-----------------------------|------------------------|-------------------------------------|------------------------|--|---------------------|------------------------|
| <b>4</b>                         |             | <b>Friday, May 31, 2019</b> |                        |                                     |                        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau | Sun 12              | Peoria, IL<br>Sutra 47 |
| Mesha Rasi: 9.44                 | Tithi 28    | <b>Gulika</b>               | <b>6:21AM – 8:13AM</b> | <b>Ashvini Until 12:42PM</b>        | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:30AM   | Vikarin 5121        |                        |
|                                  |             | Yama                        | 3:38PM – 5:29PM        | Sobhana Until 1:30AM Sat            | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:21PM  | Moon 5 - Phase 7    |                        |
|                                  |             | 328683469 <b>Rahu</b>       | 10:04AM – 11:55AM      | Gara Until 5:54PM                   | <b>Nataraja:</b> Clear |  | 2nd Phase           |                        |
| Creative Work                    | Amrita Yoga |                             |                        | <b>Trayodashi* Until 5:49AM Sat</b> | Moon – White           |  | <b>Devaloka Day</b> |                        |
| Until 12:42PM                    |             |                             |                        |                                     | <b>Vaisaka-Vaikasi</b> |  |                     |                        |
| Then Creative Work - Siddha Yoga |             |                             |                        | <i>Pradosha Vrata (Fasting)</i>     |                        |  |                     |                        |

|                                  |             |                               |                        |                                      |                        |  |                             |                        |
|----------------------------------|-------------|-------------------------------|------------------------|--------------------------------------|------------------------|--|-----------------------------|------------------------|
| <b>5</b>                         |             | <b>Saturday, June 1, 2019</b> |                        |                                      |                        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | Sun 13                      | Peoria, IL<br>Sutra 48 |
| Mesha Rasi: 22.41                | Tithi 29    | <b>Gulika</b>                 | <b>4:29AM – 6:21AM</b> | <b>Bharani Until 1:14PM</b>          | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:29AM   | Vikarin 5121                |                        |
|                                  |             | Yama                          | 1:47PM – 3:38PM        | Athiganda* Until 12:05AM Sun         | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:21PM  | Moon 5 - Phase 7            |                        |
|                                  |             | 329683469 <b>Rahu</b>         | 8:12AM – 10:04AM       | Visti Until 5:37PM                   | <b>Nataraja:</b> Clear |  | 2nd Phase                   |                        |
| Creative Work                    | Siddha Yoga |                               |                        | <b>Chaturdashi* Until 5:14AM Sun</b> | Moon – White           |  | <b>Bhuloka Day</b>          |                        |
| Until 1:14PM                     |             |                               |                        |                                      | <b>Vaisaka-Vaikasi</b> |  | Devaloka Time: 3:PM to 6:PM |                        |
| Then Creative Work - Amrita Yoga |             |                               |                        |                                      |                        |  |                             |                        |

|   |             |                             |                        |                                   |                        |  |                             |                        |
|---|-------------|-----------------------------|------------------------|-----------------------------------|------------------------|--|-----------------------------|------------------------|
|  |             | <b>Sunday, June 2, 2019</b> |                        |                                   |                        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau | Sun 14                      | Peoria, IL<br>Sutra 49 |
| <b>Retreat Star</b>   |             | <b>Gulika</b>               | <b>3:39PM – 5:30PM</b> | <b>Krittika Until 1:02PM</b>      | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:29AM   | Vikarin 5121                |                        |
| Vrishabha Rasi: 5.58  | Tithi 30    | Yama                        | 11:55AM – 1:47PM       | Sukarma Until 10:14PM             | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:22PM  | Moon 5 - Phase 7            |                        |
|   |             | 329683469 <b>Rahu</b>       | 5:30PM – 7:22PM        | Catuspada Until 4:44PM            | <b>Nataraja:</b> Clear |  | Amavasya                    |                        |
| Creative Work   | Siddha Yoga |                             |                        | <b>Amavasya* Until 4:05AM Mon</b> | Moon – White           |  | <b>Bhuloka Day</b>          |                        |
|   |             |                             |                        |                                   | <b>Vaisaka-Vaikasi</b> |  | Devaloka Time: 3:PM to 6:PM |                        |

|                             |             |                       |                        |                                   |                         |   |                             |                        |
|-----------------------------|-------------|-----------------------|------------------------|-----------------------------------|-------------------------|---|-----------------------------|------------------------|
| <b>Monday, June 3, 2019</b> |             | <b>Retreat Star</b>   |                        |                                   |                         | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau | Sun 15                      | Peoria, IL<br>Sutra 50 |
| Vrishabha Rasi: 19.32       | Tithi 1     | <b>Gulika</b>         | <b>1:47PM – 3:39PM</b> | <b>Rohini Until 12:37PM</b>       | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 4:29AM  | Vikarin 5121                |                        |
| <b>Family Home Evening</b>  |             | Yama                  | 10:04AM – 11:56AM      | Dhriti Until 8:01PM               | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 7:23PM   | Moon 5 - Phase 7            |                        |
|                             |             | 339683469 <b>Rahu</b> | 6:20AM – 8:12AM        | Kintughna Until 3:22PM            | <b>Nataraja:</b> Clear  |   | Prathama                    |                        |
| Creative Work               | Amrita Yoga |                       |                        | <b>Prathama* Until 2:30AM Tue</b> | Moon – Yellow           |   | <b>Bhuloka Day</b>          |                        |
|                             |             |                       |                        |                                   | <b>Jyeshtha-Vaikasi</b> |   | Devaloka Time: 3:PM to 6:PM |                        |

|                                 |             |                                       |                                  |   |                        |                             |                  |  |
|---------------------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|-----------------------------|------------------|--|
| <b>1</b>                        |             | <b>Tuesday, June 4, 2019</b>          |                                  | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        |                             |                  | Peoria, IL<br>Sutra 51<br>Vikarin 5121 |
| Mithuna Rasi: 3.22              | Tithi 2     | <b>Gulika</b> 11:56AM – 1:48PM        | <b>Mrigashira</b> Until 11:39AM  | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 4:28AM | Sun 16                      |                  |  |
|                                 |             | Yama 8:12AM – 10:04AM                 | Shula* Until 5:28PM              | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 7:23PM  |                             | Moon 5 - Phase 8 |  |
|                                 |             | 339683461 <b>Rahu</b> 3:40PM – 5:31PM | Balava Until 1:35PM              | <b>Nataraja:</b> Clear  |                        |                             | 3rd Phase        |  |
| Creative Work                   | Siddha Yoga |                                       | <b>Dvitiya</b> Until 12:34AM Wed | Moon – Yellow   |                        | <b>Bhuloka Day</b>          |                  |  |
| Until 11:39AM                   |             |                                       |                                  | <b>Jyeshtha-Vaikasi</b>   |                        | Devaloka Time: 3:PM to 6:PM |                  |  |
| Then Routine Work - Marana Yoga |             |                                       |                                  |   |                        |                             |                  |  |

|                     |             |  |                              |  |                        |                             |                  |  |
|---------------------|-------------|--|------------------------------|--|------------------------|-----------------------------|------------------|--|
| <b>2</b>            |             | <b>Wednesday, June 5, 2019</b>         |                              | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau |                        |                             |                  | Peoria, IL<br>Sutra 52<br>Vikarin 5121 |
| Mithuna Rasi: 17.25 | Tithi 3     | <b>Gulika</b> 10:04AM – 11:56AM        | <b>Ardra</b> Until 10:14AM   | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:28AM | Sun 17                      |                  |  |
|                     |             | Yama 6:20AM – 8:12AM                   | Ganda* Until 2:42PM          | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:24PM  |                             | Moon 5 - Phase 8 |  |
|                     |             | 339683461 <b>Rahu</b> 11:56AM – 1:48PM | Taitila Until 11:31AM        | <b>Nataraja:</b> Yellow  |                        |                             | 3rd Phase        |  |
| Creative Work       | Siddha Yoga |  | <b>Tritiya</b> Until 10:23PM | Moon – Yellow  |                        | <b>Bhuloka Day</b>          |                  |  |
|                     |             |  |                              | <b>Jyeshtha-Vaikasi</b>  |                        | Devaloka Time: 3:PM to 6:PM |                  |  |

|                   |             |                                       |                                |  |                        |                             |                  |  |
|-------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|-----------------------------|------------------|--|
| <b>3</b>          |             | <b>Thursday, June 6, 2019</b>         |                                | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau |                        |                             |                  | Peoria, IL<br>Sutra 53<br>Vikarin 5121 |
| Kataka Rasi: 1.35 | Tithi 4     | <b>Gulika</b> 8:12AM – 10:04AM        | <b>Punarvasu</b> Until 8:55AM  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:28AM | Sun 18                      |                  |  |
|                   |             | Yama 4:28AM – 6:20AM                  | Vridhhi Until 11:48AM          | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:25PM  |                             | Moon 5 - Phase 8 |  |
|                   |             | 349683461 <b>Rahu</b> 1:48PM – 3:40PM | Vanija Until 9:15AM            | <b>Nataraja:</b> Yellow  |                        |                             | 3rd Phase        |  |
| Creative Work     | Amrita Yoga |                                       | <b>Chaturthi*</b> Until 8:04PM | Moon – Blue  |                        | <b>Bhuloka Day</b>          |                  |  |
|                   |             |                                       |                                | <b>Jyeshtha-Vaikasi</b>  |                        | Devaloka Time: 3:PM to 6:PM |                  |  |

|                    |             |   |                              |   |                        |                             |                  |  |
|--------------------|-------------|---|------------------------------|---|------------------------|-----------------------------|------------------|--|
| <b>4</b>           |             | <b>Friday, June 7, 2019</b>             |                              | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Dhruva/Vyaghala* Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau |                        |                             |                  | Peoria, IL<br>Sutra 54<br>Vikarin 5121 |
| Kataka Rasi: 15.51 | Tithi 5 – 6 | <b>Gulika</b> 6:20AM – 8:12AM           | <b>Pushya</b> Until 7:21AM   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:27AM | Sun 19                      |                  |  |
|                    |             | Yama 3:41PM – 5:33PM                    | Dhruva Until 8:49AM          | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 7:25PM  |                             | Moon 5 - Phase 8 |  |
|                    |             | 349683461 <b>Rahu</b> 10:04AM – 11:56AM | Bava Until 6:54AM            | <b>Nataraja:</b> Yellow   |                        |                             | 3rd Phase        |  |
| Routine Work       | Marana Yoga |   | <b>Panchami</b> Until 5:42PM | Moon – Blue   |                        | <b>Bhuloka Day</b>          |                  |  |
|                    |             |   |                              | <b>Jyeshtha-Vaikasi</b>   |                        | Devaloka Time: 3:PM to 6:PM |                  |  |

|                                  |             |  |                                |  |                        |                     |                  |  |
|----------------------------------|-------------|--|--------------------------------|--|------------------------|---------------------|------------------|--|
| <b>5</b>                         |             | <b>Saturday, June 8, 2019</b>          |                                | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau |                        |                     |                  | Peoria, IL<br>Sutra 55<br>Vikarin 5121 |
| Simha Rasi: 0.07                 | Tithi 6 – 7 | <b>Gulika</b> 4:27AM – 6:19AM          | <b>Magha*</b> Until 4:14AM Sun | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:27AM | Sun 20              |                  |  |
|                                  |             | Yama 1:49PM – 3:41PM                   | Harshana Until 2:53AM Sun      | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:26PM  |                     | Moon 5 - Phase 8 |  |
|                                  |             | 359683461 <b>Rahu</b> 8:12AM – 10:04AM | Gara Until 2:12AM Sun          | <b>Nataraja:</b> Yellow  |                        |                     | 3rd Phase        |  |
| Creative Work                    | Amrita Yoga |  | <b>Shashthi*</b> Until 3:20PM  | Moon – Red   |                        | <b>Devaloka Day</b> |                  |  |
| Until 4:14AM Sun                 |             |  |                                | <b>Jyeshtha-Vaikasi</b>  |                        |                     |                  |  |
| Then Creative Work - Siddha Yoga |             |  |                                |  |                        |                     |                  |  |

|                     |             |                                       |                                       |  |                        |                     |                  |  |
|---------------------|-------------|---------------------------------------|---------------------------------------|--|------------------------|---------------------|------------------|--|
| <b>Retreat Star</b> |             | <b>Sunday, June 9, 2019</b>           |                                       | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        |                     |                  | Peoria, IL<br>Sutra 56<br>Vikarin 5121 |
| Simha Rasi: 14.22   | Tithi 7 – 8 | <b>Gulika</b> 3:42PM – 5:34PM         | <b>Purvaphalguni</b> Until 2:48AM Mon | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 4:27AM | Sun 21              |                  |  |
|                     |             | Yama 11:57AM – 1:49PM                 | Vajra* Until 12:00AM Mon              | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 7:26PM  |                     | Moon 5 - Phase 8 |  |
|                     |             | 351683461 <b>Rahu</b> 5:34PM – 7:26PM | Visti Until 11:58PM                   | <b>Nataraja:</b> Yellow  |                        |                     | Ashtami          |  |
| Creative Work       | Siddha Yoga |                                       | <b>Saptami</b> Until 1:03PM           | Moon – Red   |                        | <b>Devaloka Day</b> |                  |  |
|                     |             |                                       |                                       | <b>Jyeshtha-Vaikasi</b>  |                        |                     |                  |  |

|                            |             |                                       |  |   |                        |                     |                  |  |
|----------------------------|-------------|---------------------------------------|--|---|------------------------|---------------------|------------------|--|
| <b>Retreat Star</b>        |             | <b>Monday, June 10, 2019</b>          |  | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        |                     |                  | Peoria, IL<br>Sutra 57<br>Vikarin 5121 |
| Simha Rasi: 28.32          | Tithi 8 – 9 | <b>Gulika</b> 1:49PM – 3:42PM         | <b>Uttaraphalguni</b> Until 1:21AM Tue | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:27AM | Sun 22              |                  |  |
| <b>Family Home Evening</b> |             | Yama 10:04AM – 11:57AM                | Siddhi Until 9:14PM                    | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 7:27PM  |                     | Moon 5 - Phase 8 |  |
|                            |             | 351683461 <b>Rahu</b> 6:19AM – 8:12AM | Balava Until 9:51PM                    | <b>Nataraja:</b> Yellow   |                        |                     | Navami           |  |
| Creative Work              | Siddha Yoga |                                       | <b>Ashtami*</b> Until 10:52AM          | Moon – Red  |                        | <b>Devaloka Day</b> |                  |  |
|                            |             |                                       |  | <b>Jyeshtha-Vaikasi</b>   |                        |                     |                  |  |

|               |                               |              |  |                                       |                         |                        |                             |  |
|---------------|-------------------------------|--------------|--|---------------------------------------|-------------------------|------------------------|-----------------------------|--|
| 1             | <b>Tuesday, June 11, 2019</b> |              | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                       |                         |                        | Sun 23                      | Peoria, IL<br>Sutra 58<br>Vikarin 5121 |
|               | Kanya Rasi: 12.38             | Tithi 9 – 10 | <b>Gulika</b> 11:57AM – 1:50PM   | <b>Hasta</b> <b>Until 12:21AM Wed</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:27AM |                             |  |
|               |                               |              | Yama 8:12AM – 10:04AM  | Vyatipata* <b>Until 6:36PM</b>        | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 7:27PM  | Moon 5 - Phase 9            |  |
|               | 361683461                     |              | <b>Rahu</b> 3:42PM – 5:35PM  | Taitila <b>Until 7:53PM</b>           | <b>Nataraja:</b> Yellow |                        | 4th Phase                   |  |
| Creative Work | Siddha Yoga                   |              | <b>Navami* <b>Until 8:49AM</b></b>   | Moon – Green                          |                         | <b>Bhuloka Day</b>     | Devaloka Time: 3:PM to 6:PM |  |
|               |                               |              |  | <b>Jyeshtha-Vaikasi</b>               |                         |                        |                             |  |

|               |                                 |               |  |                                    |                         |                        |                             |  |
|---------------|---------------------------------|---------------|--|------------------------------------|-------------------------|------------------------|-----------------------------|--|
| 2             | <b>Wednesday, June 12, 2019</b> |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                    |                         |                        | Sun 24                      | Peoria, IL<br>Sutra 59<br>Vikarin 5121 |
|               | Kanya Rasi: 26.36               | Tithi 10 – 11 | <b>Gulika</b> 10:05AM – 11:57AM  | <b>Chitra</b> <b>Until 11:25PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:27AM |                             |  |
|               |                                 |               | Yama 6:19AM – 8:12AM   | Variyan <b>Until 4:07PM</b>        | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 7:28PM  | Moon 5 - Phase 9            |  |
|               | 361683461                       |               | <b>Rahu</b> 11:57AM – 1:50PM   | Vanija <b>Until 6:08PM</b>         | <b>Nataraja:</b> Yellow |                        | 4th Phase                   |  |
| Creative Work | Siddha Yoga                     |               | <b>Dashami <b>Until 6:58AM</b></b>   | Moon – Green                       |                         | <b>Bhuloka Day</b>     | Devaloka Time: 3:PM to 6:PM |  |
|               |                                 |               |  | <b>Jyeshtha-Vaikasi</b>            |                         |                        |                             |  |

|                                  |                                |          |   |                                   |                         |                        |                             |  |
|----------------------------------|--------------------------------|----------|---|-----------------------------------|-------------------------|------------------------|-----------------------------|--|
| 3                                | <b>Thursday, June 13, 2019</b> |          | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau |                                   |                         |                        | Sun 25                      | Peoria, IL<br>Sutra 60<br>Vikarin 5121 |
|                                  | Tula Rasi: 10.26               | Tithi 12 | <b>Gulika</b> 8:12AM – 10:05AM  | <b>Svati</b> <b>Until 10:37PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:27AM |                             |  |
|                                  |                                |          | Yama 4:27AM – 6:19AM  | Parigha* <b>Until 1:51PM</b>      | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 7:28PM  | Moon 5 - Phase 9            |  |
|                                  | 361683461                      |          | <b>Rahu</b> 1:50PM – 3:43PM   | Bava <b>Until 4:39PM</b>          | <b>Nataraja:</b> Yellow |                        | 4th Phase                   |  |
| Creative Work                    | Amrita Yoga                    |          | <b>Dvadashi <b>Until 4:00AM Fri</b></b>   | Moon – Green                      |                         | <b>Bhuloka Day</b>     | Devaloka Time: 3:PM to 6:PM |  |
| Until 10:37PM                    |                                |          |   | <b>Jyeshtha-Vaikasi</b>           |                         |                        |                             |  |
| Then Creative Work - Siddha Yoga |                                |          |   |                                   |                         |                        |                             |  |

|               |                              |          |   |                                      |                         |                        |                  |  |
|---------------|------------------------------|----------|---|--------------------------------------|-------------------------|------------------------|------------------|--|
| 4             | <b>Friday, June 14, 2019</b> |          | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                      |                         |                        | Sun 26           | Peoria, IL<br>Sutra 61<br>Vikarin 5121 |
|               | Tula Rasi: 24.05             | Tithi 13 | <b>Gulika</b> 6:19AM – 8:12AM   | <b>Vishakha</b> <b>Until 10:27PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:27AM |                  |  |
|               |                              |          | Yama 3:43PM – 5:36PM  | Shiva <b>Until 11:52AM</b>           | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:29PM  | Moon 5 - Phase 9 |  |
|               | 371693461                    |          | <b>Rahu</b> 10:05AM – 11:58AM   | Kaulava <b>Until 3:29PM</b>          | <b>Nataraja:</b> Yellow |                        | 4th Phase        |  |
| Creative Work | Siddha Yoga                  |          | <b>Trayodashi <b>Until 3:01AM Sat</b></b>   | Moon – Orange                        |                         | <b>Sivaloka Day</b>    |                  |  |
|               |                              |          | <b>Vaikasi Visakam</b>  | <b>Jyeshtha-Vaikasi</b>              |                         |                        |                  |  |
|               |                              |          |   | <i>Pradosha Vrata</i>                |                         |                        |                  |  |

|               |                                |          |   |                                      |                         |                           |                  |  |
|---------------|--------------------------------|----------|---|--------------------------------------|-------------------------|---------------------------|------------------|--|
| 5             | <b>Saturday, June 15, 2019</b> |          | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                         |                           | Sun 27           | Peoria, IL<br>Sutra 62<br>Vikarin 5121 |
|               | Vrischika Rasi: 7.31           | Tithi 14 | <b>Gulika</b> 4:27AM – 6:19AM   | <b>Anuradha</b> <b>Until 10:33PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:27AM    |                  |  |
|               |                                |          | Yama 1:51PM – 3:44PM  | Siddha <b>Until 10:09AM</b>          | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:29PM     | Moon 5 - Phase 9 |  |
|               | 371793461                      |          | <b>Rahu</b> 8:12AM – 10:05AM  | Gara <b>Until 2:43PM</b>             | <b>Nataraja:</b> Yellow |                           | 4th Phase        |  |
| Creative Work | Siddha Yoga                    |          | <b>Chaturdashi* <b>Until 2:29AM Sun</b></b>   | Moon – Orange                        |                         | <b>Subha Sivaloka Day</b> |                  |  |
|               |                                |          |   | <b>Jyeshtha-Ani</b>                  |                         |                           |                  |  |

|                                  |                              |          |  |                                       |                         |                           |                  |  |
|----------------------------------|------------------------------|----------|--|---------------------------------------|-------------------------|---------------------------|------------------|--|
| ○                                | <b>Sunday, June 16, 2019</b> |          | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau |                                       |                         |                           | Sun 27           | Peoria, IL<br>Sutra 63<br>Vikarin 5121 |
|                                  | <b>Copper Retreat Star</b>   |          | <b>Gulika</b> 3:44PM – 5:37PM  | <b>Jyeshtha* <b>Until 10:59PM</b></b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:27AM    |                  |  |
|                                  | Vrischika Rasi: 20.43        | Tithi 15 | Yama 11:58AM – 1:51PM  | Sadhya <b>Until 8:49AM</b>            | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:30PM     | Moon 5 - Phase 9 |  |
|                                  | 371793461                    |          | <b>Rahu</b> 5:37PM – 7:30PM  | Visti <b>Until 2:25PM</b>             | <b>Nataraja:</b> Yellow |                           | Purnima          |  |
| Routine Work                     | Marana Yoga                  |          | <b>Purnima* <b>Until 2:27AM Mon</b></b>  | Moon – Orange                         |                         | <b>Subha Sivaloka Day</b> |                  |  |
| Until 10:59PM                    |                              |          | <b>Father's Day</b>  | <b>Jyeshtha-Ani</b>                   |                         |                           |                  |  |
| Then Creative Work - Amrita Yoga |                              |          |  |                                       |                         |                           |                  |  |

|                     |                              |          |  |                                       |                         |                        |                  |  |
|---------------------|------------------------------|----------|--|---------------------------------------|-------------------------|------------------------|------------------|--|
| ○                   | <b>Monday, June 17, 2019</b> |          | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau |                                       |                         |                        | Sun 28           | Peoria, IL<br>Sutra 64<br>Vikarin 5121 |
|                     | <b>Silver Retreat Star</b>   |          | <b>Gulika</b> 1:51PM – 3:44PM  | <b>Mula* <b>Until 12:16AM Tue</b></b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:27AM |                  |  |
|                     | Dhanus Rasi: 3.39            | Tithi 16 | Yama 10:05AM – 11:58AM   | Subha <b>Until 7:55AM</b>             | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:30PM  | Moon 5 - Phase 9 |  |
|                     | 381793461                    |          | <b>Rahu</b> 6:20AM – 8:12AM  | Balava <b>Until 2:39PM</b>            | <b>Nataraja:</b> Yellow |                        | Prathama         |  |
| Family Home Evening |                              |          | <b>Prathama* <b>Until 2:58AM Tue</b></b>   | Moon – Light Blue                     |                         | <b>Sivaloka Day</b>    |                  |  |
| Creative Work       | Siddha Yoga                  |          |  | <b>Jyeshtha-Ani</b>                   |                         |                        |                  |  |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang





**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Peoria, IL  
Sutra 65  
Sun 1  
Vikarin 5121

Dhanus Rasi: 16.19 Tithi 17

382793461

**Gulika** 11:58AM – 1:51PM  
**Yama** 8:13AM – 10:06AM  
**Rahu** 3:44PM – 5:37PM

**Purvashadha\* Until 1:57AM Wed**  
Sukla Until 7:26AM  
Taitila Until 3:28PM  
**Dvitiya Until 4:03AM Wed**

**Ganesha:** Clear *Sunrise:* 4:27AM  
**Muruqa:** Blue *Sunset:* 7:30PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sivaloka Day**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 1:57AM Wed  
Then Creative Work - Amrita Yoga

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visli\* Karana Tritiyayam Titau

Peoria, IL  
Sutra 66  
Sun 2  
Vikarin 5121

Dhanus Rasi: 28.44 Tithi 18

382793461

**Gulika** 10:06AM – 11:59AM  
**Yama** 6:20AM – 8:13AM  
**Rahu** 11:59AM – 1:52PM

**Uttarashadha Until 3:59AM Thu**  
Brahma Until 7:24AM  
Vanija Until 4:49PM  
**Tritiya Until 5:40AM Thu**

**Ganesha:** Purple *Sunrise:* 4:27AM  
**Muruqa:** Blue *Sunset:* 7:31PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Devaloka Day**

Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 3:59AM Thu  
Then Creative Work - Siddha Yoga

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava Karana Chaturthyam Titau

Peoria, IL  
Sutra 67  
Sun 3  
Vikarin 5121

Makara Rasi: 10.55 Tithi 19

392793461

**Gulika** 8:13AM – 10:06AM  
**Yama** 4:27AM – 6:20AM  
**Rahu** 1:52PM – 3:45PM

**Shravana Until 6:46AM Fri**  
Indra Until 7:47AM  
Bava Until 6:40PM  
**Chaturthi\* Until 7:42AM Fri**

**Ganesha:** Clear *Sunrise:* 4:27AM  
**Muruqa:** Blue *Sunset:* 7:31PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 6:46AM  
Then Creative Work - Siddha Yoga

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Peoria, IL  
Sutra 68  
Sun 4  
Vikarin 5121

Makara Rasi: 22.56 Tithi 19 – 20

392793461

**Gulika** 6:20AM – 8:13AM  
**Yama** 3:45PM – 5:38PM  
**Rahu** 10:06AM – 11:59AM

**Shravana Until 6:46AM**  
Vaidhriti\* Until 8:27AM  
Kaulava Until 8:51PM  
**Chaturthi\* Until 7:42AM**

**Ganesha:** Clear *Sunrise:* 4:27AM  
**Muruqa:** Blue *Sunset:* 7:31PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 6:46AM  
Then Creative Work - Siddha Yoga

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Peoria, IL  
Sutra 69  
Sun 5  
Vikarin 5121

Kumbha Rasi: 4.51 Tithi 20 – 21

392793461

**Gulika** 4:27AM – 6:20AM  
**Yama** 1:52PM – 3:45PM  
**Rahu** 8:13AM – 10:06AM

**Dhanishtha Until 9:39AM**  
Vishkambha\* Until 9:21AM  
Gara Until 11:13PM  
**Panchami Until 10:00AM**

**Ganesha:** Clear *Sunrise:* 4:27AM  
**Muruqa:** Blue *Sunset:* 7:31PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 9:39AM  
Then Creative Work - Amrita Yoga

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Peoria, IL  
Sutra 70  
Sun 6  
Vikarin 5121

Kumbha Rasi: 16.43 Tithi 21 – 22

392793461

**Gulika** 3:45PM – 5:38PM  
**Yama** 12:00PM – 1:53PM  
**Rahu** 5:38PM – 7:31PM

**Shatabhishak Until 12:27PM**  
Priti Until 10:20AM  
Visli Until 1:35AM Mon  
**Shashthi\* Until 12:24PM**

**Ganesha:** Clear *Sunrise:* 4:28AM  
**Muruqa:** Blue *Sunset:* 7:31PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 12:24PM  
Then Creative Work - Siddha Yoga

**D**

**Monday, June 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Peoria, IL  
Sutra 71  
Sun 7  
Vikarin 5121

Kumbha Rasi: 28.36 Tithi 22 – 23

312793461

**Gulika** 1:53PM – 3:46PM  
**Yama** 10:07AM – 12:00PM  
**Rahu** 6:21AM – 8:14AM

**Purvaproshtapada\* Until 3:29PM**  
Ayushman Until 11:12AM  
Balava Until 3:45AM Tue  
**Saptami Until 2:41PM**

**Ganesha:** Yellow *Sunrise:* 4:28AM  
**Muruqa:** Blue *Sunset:* 7:32PM  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

Moon 6 - Phase 10  
Ashtami

Routine Work Marana Yoga  
Until 3:29PM  
Then Creative Work - Siddha Yoga

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Peoria, IL  
Sutra 72  
Sun 8  
Vikarin 5121

Meena Rasi: 10.35 Tithi 23 – 24

312793461

**Gulika** 12:00PM – 1:53PM  
**Yama** 8:14AM – 10:07AM  
**Rahu** 3:46PM – 5:39PM

**Uttaraproshtapada Until 6:03PM**  
Saubhagya Until 11:53AM  
Taitila Until 5:31AM Wed  
**Ashtami\* Until 4:40PM**

**Ganesha:** Yellow *Sunrise:* 4:28AM  
**Muruqa:** Blue *Sunset:* 7:32PM  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

Moon 6 - Phase 10  
Navami

Creative Work Amrita Yoga  
Until 6:03PM  
Then Creative Work - Siddha Yoga

|              |                                 |                       |   |                            |                         |                        |                   |  |
|--------------|---------------------------------|-----------------------|---|----------------------------|-------------------------|------------------------|-------------------|--|
| <b>1</b>     | <b>Wednesday, June 26, 2019</b> |                       | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Sobhana/Athiganda* Yoga Gara Karana Navamyam Titau |                            |                         |                        | Sun 9             | Peoria, IL<br>Sutra 73<br>Vikarin 5121 |
|              | Meena Rasi: 22.44               | Tithi 24              | <b>Gulika</b> 10:07AM – 12:00PM   | <b>Revati</b> Until 7:59PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:29AM |                   |  |
|              |                                 |                       | Yama 6:22AM – 8:14AM  | Sobhana Until 12:14PM      | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 11 |  |
|              | 312793461                       | Rahu 12:00PM – 1:53PM | Gara Until 6:10PM   | Navami* Until 6:10PM       | <b>Nataraja:</b> Yellow |                        | 2nd Phase         |  |
| Routine Work | Marana Yoga                     |                       |   | Moon – Clear               |                         | <b>Sivaloka Day</b>    |                   |  |
|              |                                 |                       |   | <b>Jyeshtha-Ani</b>        |                         |                        |                   |  |


|                                  |                                |                      |   |                             |                         |                        |                   |  |
|----------------------------------|--------------------------------|----------------------|---|-----------------------------|-------------------------|------------------------|-------------------|--|
| <b>2</b>                         | <b>Thursday, June 27, 2019</b> |                      | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau |                             |                         |                        | Sun 10            | Peoria, IL<br>Sutra 74<br>Vikarin 5121 |
|                                  | Mesha Rasi: 5.06               | Tithi 25             | <b>Gulika</b> 8:15AM – 10:08AM  | <b>Ashvini</b> Until 9:38PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:29AM |                   |  |
|                                  |                                |                      | Yama 4:29AM – 6:22AM  | Athiganda* Until 12:06PM    | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 11 |  |
|                                  | 322793461                      | Rahu 1:53PM – 3:46PM | Vanija Until 6:43AM   | Dashami Until 7:04PM        | <b>Nataraja:</b> Yellow |                        | 2nd Phase         |  |
| Creative Work                    | Amrita Yoga                    |                      |   | Moon – White                |                         | <b>Devaloka Day</b>    |                   |  |
| Until 9:38PM                     |                                |                      |   | <b>Jyeshtha-Ani</b>         |                         |                        |                   |  |
| Then Creative Work - Siddha Yoga |                                |                      |   |                             |                         |                        |                   |  |

|               |                              |                        |   |                              |                         |                        |                   |  |
|---------------|------------------------------|------------------------|---|------------------------------|-------------------------|------------------------|-------------------|--|
| <b>3</b>      | <b>Friday, June 28, 2019</b> |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau |                              |                         |                        | Sun 11            | Peoria, IL<br>Sutra 75<br>Vikarin 5121 |
|               | Mesha Rasi: 17.46            | Tithi 26               | <b>Gulika</b> 6:22AM – 8:15AM   | <b>Bharani</b> Until 10:26PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:29AM |                   |  |
|               |                              |                        | Yama 3:46PM – 5:39PM  | Sukarma Until 11:27AM        | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 11 |  |
|               | 322793461                    | Rahu 10:08AM – 12:01PM | Bava Until 7:16AM   | Ekadashi* Until 7:15PM       | <b>Nataraja:</b> Yellow |                        | 2nd Phase         |  |
| Creative Work | Siddha Yoga                  |                        |   | Moon – White                 |                         | <b>Devaloka Day</b>    |                   |  |
|               |                              |                        |   | <b>Jyeshtha-Ani</b>          |                         |                        |                   |  |

|               |                                |                       |   |                               |                         |                        |                   |  |
|---------------|--------------------------------|-----------------------|---|-------------------------------|-------------------------|------------------------|-------------------|--|
| <b>4</b>      | <b>Saturday, June 29, 2019</b> |                       | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                               |                         |                        | Sun 12            | Peoria, IL<br>Sutra 76<br>Vikarin 5121 |
|               | Vrishabha Rasi: 0.48           | Tithi 27              | <b>Gulika</b> 4:30AM – 6:23AM   | <b>Krittika</b> Until 10:22PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:30AM |                   |  |
|               |                                |                       | Yama 1:53PM – 3:46PM  | Dhriti Until 10:14AM          | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 11 |  |
|               | 322793461                      | Rahu 8:15AM – 10:08AM | Kaulava Until 7:06AM  | Dvadashi* Until 6:43PM        | <b>Nataraja:</b> Yellow |                        | 2nd Phase         |  |
| Creative Work | Amrita Yoga                    |                       |   | Moon – White                  |                         | <b>Devaloka Day</b>    |                   |  |
|               |                                |                       |   | <b>Jyeshtha-Ani</b>           |                         |                        |                   |  |

|               |                              |                      |   |                                 |                         |                        |                   |  |
|---------------|------------------------------|----------------------|---|---------------------------------|-------------------------|------------------------|-------------------|--|
| <b>5</b>      | <b>Sunday, June 30, 2019</b> |                      | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 |                         |                        | Sun 13            | Peoria, IL<br>Sutra 77<br>Vikarin 5121 |
|               | Vrishabha Rasi: 14.13        | Tithi 28 – 29        | <b>Gulika</b> 3:46PM – 5:39PM   | <b>Rohini</b> Until 9:56PM      | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:30AM |                   |  |
|               |                              |                      | Yama 12:01PM – 1:54PM   | Shula* Until 8:25AM             | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 11 |  |
|               | 332793461                    | Rahu 5:39PM – 7:32PM | Gara Until 6:12AM   | Trayodashi* Until 5:29PM        | <b>Nataraja:</b> Yellow |                        | 2nd Phase         |  |
| Creative Work | Siddha Yoga                  |                      |   | Moon – Yellow                   |                         | <b>Devaloka Day</b>    |                   |  |
|               |                              |                      |   | <b>Jyeshtha-Ani</b>             |                         |                        |                   |  |
|               |                              |                      |   | <i>Pradosha Vrata (Fasting)</i> |                         |                        |                   |  |

|                                  |                             |                      |   |                                |                         |                        |                   |  |
|----------------------------------|-----------------------------|----------------------|---|--------------------------------|-------------------------|------------------------|-------------------|--|
| <b>6</b>                         | <b>Monday, July 1, 2019</b> |                      | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                |                         |                        | Sun 14            | Peoria, IL<br>Sutra 78<br>Vikarin 5121 |
|                                  | Vrishabha Rasi: 28          | Tithi 29 – 30        | <b>Gulika</b> 1:54PM – 3:46PM   | <b>Mrigashira</b> Until 8:46PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:31AM |                   |  |
|                                  | <b>Family Home Evening</b>  |                      | Yama 10:09AM – 12:01PM  | Ganda* Until 6:06AM            | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 11 |  |
|                                  | 332793461                   | Rahu 6:23AM – 8:16AM | Catuspada Until 2:33AM Tue  | Chaturdashi* Until 3:39PM      | <b>Nataraja:</b> Yellow |                        | 2nd Phase         |  |
| Creative Work                    | Amrita Yoga                 |                      |   | Moon – Yellow                  |                         | <b>Devaloka Day</b>    |                   |  |
| Until 8:46PM                     |                             |                      |   | <b>Jyeshtha-Ani</b>            |                         |                        |                   |  |
| Then Creative Work - Siddha Yoga |                             |                      |   |                                |                         |                        |                   |  |

|   |                              |                            |  |                           |                         |                        |                   |  |
|---|------------------------------|----------------------------|--|---------------------------|-------------------------|------------------------|-------------------|--|
|  | <b>Tuesday, July 2, 2019</b> |                            | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                           |                         |                        | Sun 15            | Peoria, IL<br>Sutra 79<br>Vikarin 5121 |
|   | <b>Retreat Star</b>          |                            | <b>Gulika</b> 12:01PM – 1:54PM   | <b>Ardra</b> Until 6:59PM | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 4:31AM |                   |  |
|   | Mithuna Rasi: 12.08          | Tithi 30 – 1               | Yama 8:16AM – 10:09AM  | Dhruva Until 12:12AM Wed  | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:31PM  | Moon 6 - Phase 11 |  |
|   | 333793461                    | Rahu 3:46PM – 5:39PM       | Kintughna Until 12:00AM Wed  | Amavasya* Until 1:18PM    | <b>Nataraja:</b> Yellow |                        | Amavasya          |  |
| Routine Work  | Marana Yoga                  |                            |  | Moon – Yellow             |                         | <b>Sivaloka Day</b>    |                   |  |
| Until 6:59PM  |                              | <b>Total Solar Eclipse</b> |  | <b>Jyeshtha-Ani</b>       |                         |                        |                   |  |
| Then Creative Work - Siddha Yoga  |                              |                            |  |                           |                         |                        |                   |  |

|                     |                                |                       |  |                               |                         |                        |                   |  |
|---------------------|--------------------------------|-----------------------|--|-------------------------------|-------------------------|------------------------|-------------------|--|
| <b>Retreat Star</b> | <b>Wednesday, July 3, 2019</b> |                       | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                               |                         |                        | Sun 16            | Peoria, IL<br>Sutra 80<br>Vikarin 5121 |
|                     | Mithuna Rasi: 26.34            | Tithi 1 – 2           | <b>Gulika</b> 10:09AM – 12:01PM  | <b>Punarvasu</b> Until 5:08PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:32AM |                   |  |
|                     |                                |                       | Yama 6:24AM – 8:17AM   | Vyaghata* Until 8:49PM        | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:31PM  | Moon 6 - Phase 11 |  |
|                     | 343793461                      | Rahu 12:01PM – 1:54PM | Balava Until 9:10PM  | Prathama* Until 10:36AM       | <b>Nataraja:</b> Yellow |                        | Prathama          |  |
| Creative Work       | Siddha Yoga                    |                       |  | Moon – Blue                   |                         | <b>Sivaloka Day</b>    |                   |  |
|                     |                                |                       |  | <b>Ashada-Ani</b>             |                         |                        |                   |  |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|                                  |             |                                       |                             |                         |                        |  |              |                        |
|----------------------------------|-------------|---------------------------------------|-----------------------------|-------------------------|------------------------|--|--------------|------------------------|
| <b>1</b>                         |             | <b>Thursday, July 4, 2019</b>         |                             |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau | Sun 17       | Peoria, IL<br>Sutra 81 |
| Kataka Rasi: 11.1                | Tithi 2 – 3 | <b>Gulika</b> 8:17AM – 10:09AM        | <b>Pushya</b> Until 2:58PM  | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:32AM |  | Vikarin 5121 |                        |
|                                  |             | Yama 4:32AM – 6:25AM                  | Harshana Until 5:19PM       | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:31PM  | Moon 6 - Phase 12  | 3rd Phase    |                        |
|                                  |             | 343793461 <b>Rahu</b> 1:54PM – 3:46PM | Taitila Until 6:10PM        | <b>Nataraja:</b> Yellow |                        |  |              |                        |
| Creative Work                    | Amrita Yoga |                                       | <b>Dvitiya</b> Until 7:39AM | Moon – Blue             |                        | <b>Sivaloka Day</b>  |              |                        |
| Until 2:58PM                     |             |                                       |                             | <b>Ashada*Ani</b>       |                        |  |              |                        |
| Then Creative Work - Siddha Yoga |             |                                       |                             |                         |                        |  |              |                        |

|                    |             |   |                                    |                         |                        |  |              |                        |
|--------------------|-------------|---|------------------------------------|-------------------------|------------------------|--|--------------|------------------------|
| <b>2</b>           |             | <b>Friday, July 5, 2019</b>             |                                    |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturtham Titau | Sun 18       | Peoria, IL<br>Sutra 82 |
| Kataka Rasi: 25.52 | Tithi 4     | <b>Gulika</b> 6:25AM – 8:17AM           | <b>Ashlesha*</b> Until 12:37PM     | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:33AM |  | Vikarin 5121 |                        |
|                    |             | Yama 3:46PM – 5:39PM                    | Vajra* Until 1:45PM                | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:31PM  | Moon 6 - Phase 12  | 3rd Phase    |                        |
|                    |             | 343793461 <b>Rahu</b> 10:10AM – 12:02PM | Vanija Until 3:08PM                | <b>Nataraja:</b> Yellow |                        |  |              |                        |
| Routine Work       | Marana Yoga |   | <b>Chaturthi*</b> Until 1:37AM Sat | Moon – Blue             |                        | <b>Sivaloka Day</b>  |              |                        |
|                    |             |   |                                    | <b>Ashada*Ani</b>       |                        |  |              |                        |

|                                  |             |  |                               |                         |                        |   |              |                        |
|----------------------------------|-------------|--|-------------------------------|-------------------------|------------------------|---|--------------|------------------------|
| <b>3</b>                         |             | <b>Saturday, July 6, 2019</b>          |                               |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau | Sun 19       | Peoria, IL<br>Sutra 83 |
| Simha Rasi: 10.31                | Tithi 5     | <b>Gulika</b> 4:34AM – 6:26AM          | <b>Magha*</b> Until 10:37AM   | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:34AM |   | Vikarin 5121 |                        |
|                                  |             | Yama 1:54PM – 3:46PM                   | Siddhi Until 10:17AM          | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:30PM  | Moon 6 - Phase 12   | 3rd Phase    |                        |
|                                  |             | 453793461 <b>Rahu</b> 8:18AM – 10:10AM | Bava Until 12:11PM            | <b>Nataraja:</b> Yellow |                        |   |              |                        |
| Creative Work                    | Amrita Yoga |  | <b>Panchami</b> Until 10:46PM | Moon – Red              |                        | <b>Sivaloka Day</b>   |              |                        |
| Until 10:37AM                    |             |  |                               | <b>Ashada*Ani</b>       |                        |   |              |                        |
| Then Creative Work - Siddha Yoga |             |  |                               |                         |                        |   |              |                        |

|                                  |             |                                       |                                   |                         |                        |   |              |                        |
|----------------------------------|-------------|---------------------------------------|-----------------------------------|-------------------------|------------------------|---|--------------|------------------------|
| <b>4</b>                         |             | <b>Sunday, July 7, 2019</b>           |                                   |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan* Yoga Kaulava/Taitila Karana Shashtham Titau | Sun 20       | Peoria, IL<br>Sutra 84 |
| Simha Rasi: 25.03                | Tithi 6     | <b>Gulika</b> 3:46PM – 5:38PM         | <b>Purvaphalguni</b> Until 8:40AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:34AM |   | Vikarin 5121 |                        |
|                                  |             | Yama 12:02PM – 1:54PM                 | Vyatipata* Until 6:59AM           | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:30PM  | Moon 6 - Phase 12   | 3rd Phase    |                        |
|                                  |             | 453793461 <b>Rahu</b> 5:38PM – 7:30PM | Kaulava Until 9:27AM              | <b>Nataraja:</b> Yellow |                        |   |              |                        |
| Creative Work                    | Siddha Yoga |                                       | <b>Shashthi*</b> Until 8:10PM     | Moon – Red              |                        | <b>Sivaloka Day</b>   |              |                        |
| Until 8:40AM                     |             |                                       |                                   | <b>Ashada*Ani</b>       |                        |   |              |                        |
| Then Creative Work - Amrita Yoga |             | <b>Chidambaram Abhishekam</b>         |                                   |                         |                        |   |              |                        |

|                            |             |                                       |                                    |                         |                        |  |              |                        |
|----------------------------|-------------|---------------------------------------|------------------------------------|-------------------------|------------------------|--|--------------|------------------------|
| <b>5</b>                   |             | <b>Monday, July 8, 2019</b>           |                                    |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau | Sun 21       | Peoria, IL<br>Sutra 85 |
| Kanya Rasi: 9.23           | Tithi 7 – 8 | <b>Gulika</b> 1:54PM – 3:46PM         | <b>Uttaraphalguni</b> Until 6:52AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:35AM |  | Vikarin 5121 |                        |
| <b>Family Home Evening</b> |             | Yama 10:10AM – 12:02PM                | Parigha* Until 1:06AM Tue          | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:30PM  | Moon 6 - Phase 12  | 3rd Phase    |                        |
|                            |             | 453793461 <b>Rahu</b> 6:27AM – 8:19AM | Gara Until 7:00AM                  | <b>Nataraja:</b> Yellow |                        |  |              |                        |
| Creative Work              | Siddha Yoga |                                       | <b>Saptami</b> Until 5:53PM        | Moon – Red              |                        | <b>Sivaloka Day</b>  |              |                        |
|                            |             |                                       |                                    | <b>Ashada*Ani</b>       |                        |  |              |                        |

|                     |             |                                       |                                |                         |                        |   |              |                        |
|---------------------|-------------|---------------------------------------|--------------------------------|-------------------------|------------------------|---|--------------|------------------------|
| <b>Retreat Star</b> |             | <b>Tuesday, July 9, 2019</b>          |                                |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Sun 22       | Peoria, IL<br>Sutra 86 |
| Kanya Rasi: 23.29   | Tithi 8 – 9 | <b>Gulika</b> 12:02PM – 1:54PM        | <b>Chitra</b> Until 4:50AM Wed | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:35AM |   | Vikarin 5121 |                        |
|                     |             | Yama 8:19AM – 10:11AM                 | Shiva Until 10:39PM            | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:29PM  | Moon 6 - Phase 12   | Ashtami      |                        |
|                     |             | 463793461 <b>Rahu</b> 3:46PM – 5:38PM | Balava Until 3:14AM Wed        | <b>Nataraja:</b> Yellow |                        |   |              |                        |
| Creative Work       | Siddha Yoga |                                       | <b>Ashtami*</b> Until 4:00PM   | Moon – Green            |                        | <b>Subha Sivaloka Day</b>   |              |                        |
|                     |             |                                       |                                | <b>Ashada*Ani</b>       |                        |   |              |                        |

|                     |              |  |                               |                         |                        |   |              |                        |
|---------------------|--------------|--|-------------------------------|-------------------------|------------------------|---|--------------|------------------------|
| <b>Retreat Star</b> |              | <b>Wednesday, July 10, 2019</b>        |                               |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Sun 23       | Peoria, IL<br>Sutra 87 |
| Tula Rasi: 7.19     | Tithi 9 – 10 | <b>Gulika</b> 10:11AM – 12:03PM        | <b>Svati</b> Until 4:15AM Thu | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:36AM |   | Vikarin 5121 |                        |
|                     |              | Yama 6:28AM – 8:19AM                   | Siddha Until 8:32PM           | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:29PM  | Moon 6 - Phase 12   | Navami       |                        |
|                     |              | 463893461 <b>Rahu</b> 12:03PM – 1:54PM | Taitila Until 2:00AM Thu      | <b>Nataraja:</b> Yellow |                        |   |              |                        |
| Creative Work       | Siddha Yoga  |  | <b>Navami*</b> Until 2:32PM   | Moon – Green            |                        | <b>Sivaloka Day</b>   |              |                        |
|                     |              |  |                               | <b>Ashada*Ani</b>       |                        |   |              |                        |


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

|               |                                |                             |   |                                  |                       |                        |                   |
|---------------|--------------------------------|-----------------------------|---|----------------------------------|-----------------------|------------------------|-------------------|
| <b>1</b>      | <b>Thursday, July 11, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam |                                  |                       |                        | Peoria, IL        |
|               |                                |                             | Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau                      |                                  |                       |                        | Sutra 88          |
|               | Tula Rasi: 20.53               | Tithi 10 – 11               | <b>Gulika</b> 8:20AM – 10:11AM  | <b>Vishakha</b> Until 4:25AM Fri | <b>Ganesha:</b> White | <i>Sunrise:</i> 4:37AM | Vikarin 5121      |
|               | 473893461                      |                             | <b>Yama</b> 4:37AM – 6:28AM   | <b>Sadhya</b> Until 6:48PM       | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:29PM  | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga                    | <b>Rahu</b> 1:54PM – 3:46PM | <b>Vanija</b> Until 1:13AM Fri  | <b>Nataraja:</b> Yellow          |                       | 4th Phase              |                   |
|               |                                |                             | <b>Dashami</b> Until 1:32PM   | <b>Ashada*Ani</b>                | <b>Devaloka Day</b>   |                        |                   |

|               |                              |                               |  |                                  |                       |                        |                   |
|---------------|------------------------------|-------------------------------|--|----------------------------------|-----------------------|------------------------|-------------------|
| <b>2</b>      | <b>Friday, July 12, 2019</b> |                               | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |                                  |                       |                        | Peoria, IL        |
|               |                              |                               | Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau                 |                                  |                       |                        | Sutra 89          |
|               | Vischika Rasi: 4.11          | Tithi 11 – 12                 | <b>Gulika</b> 6:29AM – 8:20AM  | <b>Anuradha</b> Until 4:54AM Sat | <b>Ganesha:</b> White | <i>Sunrise:</i> 4:37AM | Vikarin 5121      |
|               | 473893461                    |                               | <b>Yama</b> 3:46PM – 5:37PM  | <b>Subha</b> Until 5:28PM        | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:29PM  | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga                  | <b>Rahu</b> 10:12AM – 12:03PM | <b>Bava</b> Until 12:56AM Sat  | <b>Nataraja:</b> Yellow          |                       | 4th Phase              |                   |
|               |                              |                               | <b>Ekadashi</b> Until 1:00PM   | <b>Ashada*Ani</b>                | <b>Devaloka Day</b>   |                        |                   |

|                                  |                                |                              |  |                                   |                       |                        |                   |
|----------------------------------|--------------------------------|------------------------------|--|-----------------------------------|-----------------------|------------------------|-------------------|
| <b>3</b>                         | <b>Saturday, July 13, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                                   |                       |                        | Peoria, IL        |
|                                  |                                |                              | Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau          |                                   |                       |                        | Sutra 90          |
|                                  | Vischika Rasi: 17.14           | Tithi 12 – 13                | <b>Gulika</b> 4:38AM – 6:29AM  | <b>Jyeshtha*</b> Until 5:43AM Sun | <b>Ganesha:</b> White | <i>Sunrise:</i> 4:38AM | Vikarin 5121      |
|                                  | 473893461                      |                              | <b>Yama</b> 1:54PM – 3:45PM  | <b>Sukla</b> Until 4:29PM         | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:28PM  | Moon 6 - Phase 13 |
| Creative Work                    | Siddha Yoga                    | <b>Rahu</b> 8:21AM – 10:12AM | <b>Kaulava</b> Until 1:07AM Sun  | <b>Nataraja:</b> Yellow           |                       | 4th Phase              |                   |
| Until 5:43AM Sun                 |                                |                              | <b>Dvadashi</b> Until 12:56PM  | <b>Ashada*Ani</b>                 | <b>Devaloka Day</b>   |                        |                   |
| Then Creative Work - Amrita Yoga |                                |                              | <i>Pradosha Vrata</i>  |                                   |                       |                        |                   |

|                                 |                              |                             |  |                               |                       |                        |                   |
|---------------------------------|------------------------------|-----------------------------|--|-------------------------------|-----------------------|------------------------|-------------------|
| <b>4</b>                        | <b>Sunday, July 14, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam |                               |                       |                        | Peoria, IL        |
|                                 |                              |                             | Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau             |                               |                       |                        | Sutra 91          |
|                                 | Dhanus Rasi: 0.04            | Tithi 13 – 14               | <b>Gulika</b> 3:45PM – 5:36PM  | <b>Mula*</b> Until 7:18AM Mon | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:39AM | Vikarin 5121      |
|                                 | 483893461                    |                             | <b>Yama</b> 12:03PM – 1:54PM   | <b>Brahma</b> Until 3:53PM    | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:27PM  | Moon 6 - Phase 13 |
| Creative Work                   | Amrita Yoga                  | <b>Rahu</b> 5:36PM – 7:27PM | <b>Gara</b> Until 1:47AM Mon   | <b>Nataraja:</b> Yellow       |                       | 4th Phase              |                   |
| Until 7:18AM Mon                |                              |                             | <b>Trayodashi</b> Until 1:22PM   | <b>Ashada*Ani</b>             | <b>Sivaloka Day</b>   |                        |                   |
| Then Routine Work - Marana Yoga |                              |                             |  |                               |                       |                        |                   |

|   |                              |                             |  |                           |                       |                        |                   |
|---|------------------------------|-----------------------------|--|---------------------------|-----------------------|------------------------|-------------------|
|  | <b>Monday, July 15, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam      |                           |                       |                        | Peoria, IL        |
|   |                              |                             | Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                           |                       |                        | Sutra 92          |
|   | Dhanus Rasi: 12.39           | Tithi 14 – 15               | <b>Gulika</b> 1:54PM – 3:45PM  | <b>Mula*</b> Until 7:18AM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:40AM | Vikarin 5121      |
|   | 483893461                    |                             | <b>Yama</b> 10:12AM – 12:03PM  | <b>Indra</b> Until 3:41PM | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:27PM  | Moon 6 - Phase 13 |
| <b>Family Home Evening</b>  |                              | <b>Rahu</b> 6:31AM – 8:21AM | <b>Visti</b> Until 2:54AM Tue  | <b>Nataraja:</b> Yellow   |                       | Purnima                |                   |
| Creative Work   | Siddha Yoga                  |                             | <b>Chaturdashi*</b> Until 2:16PM   | <b>Ashada*Ani</b>         | <b>Sivaloka Day</b>   |                        |                   |
| Until 7:18AM  |                              | <b>Satguru Purnima</b>      |  |                           |                       |                        |                   |
| Then Routine Work - Marana Yoga   |                              |                             |  |                           |                       |                        |                   |

|  |                               |                              |  |                                  |                       |                        |                   |
|--|-------------------------------|------------------------------|--|----------------------------------|-----------------------|------------------------|-------------------|
|  | <b>Tuesday, July 16, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam          |                                  |                       |                        | Peoria, IL        |
|  |                               |                              | Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                  |                       |                        | Sutra 93          |
|  | Dhanus Rasi: 25.02            | Tithi 15 – 16                | <b>Gulika</b> 12:03PM – 1:54PM   | <b>Purvashadha*</b> Until 9:10AM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:41AM | Vikarin 5121      |
|  | 483893461                     |                              | <b>Yama</b> 8:22AM – 10:13AM   | <b>Vaidhriti*</b> Until 3:48PM   | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:26PM  | Moon 6 - Phase 13 |
| Creative Work                          | Siddha Yoga                   | <b>Rahu</b> 3:45PM – 5:35PM  | <b>Balava</b> Until 4:28AM Wed   | <b>Nataraja:</b> Yellow          |                       | Prathama               |                   |
| Until 9:10AM                           |                               | <b>Partial Lunar Eclipse</b> | <b>Purnima*</b> Until 3:37PM   | <b>Ashada*Adi</b>                | <b>Sivaloka Day</b>   |                        |                   |
| Then Routine Work - Prabalarishta Yoga |                               |                              |  |                                  |                       |                        |                   |



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vishkambha\*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Peoria, IL

Sutra 94

Vikarin 5121

Moon 7 - Phase 14

1st Phase

Makara Rasi: 7.14 Tithi 16 - 17

Gulika 10:13AM - 12:03PM  
Yama 6:32AM - 8:22AM  
Rahu 12:03PM - 1:54PM

Uttarashadha Until 11:18AM  
Vishkambha\* Until 4:14PM  
Taitila Until 6:24AM Thu  
Prathama\* Until 5:23PM

Ganesha: Purple  
Muruqa: Blue  
Nataraja: White  
Moon - Light Blue  
Ashada\*Adi

Sunrise: 4:41AM  
Sunset: 7:25PM

Subha Subha Sivaloka Day

Creative Work Amrita Yoga

Until 11:18AM

Then Creative Work - Siddha Yoga

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Peoria, IL

Sutra 95

Vikarin 5121

Moon 7 - Phase 14

1st Phase

Makara Rasi: 19.17 Tithi 17

Gulika 8:23AM - 10:13AM  
Yama 4:42AM - 6:32AM  
Rahu 1:54PM - 3:44PM

Shravana Until 2:05PM  
Priti Until 4:57PM  
Taitila Until 6:24AM  
Dvitiya Until 7:28PM

Ganesha: Clear  
Muruqa: Blue  
Nataraja: White  
Moon - Purple  
Ashada\*Adi

Sunrise: 4:42AM  
Sunset: 7:25PM

Subha Sivaloka Day

Creative Work Siddha Yoga

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Trityayam Titau

Peoria, IL

Sutra 96

Vikarin 5121

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 1.14 Tithi 18

Gulika 6:33AM - 8:23AM  
Yama 3:44PM - 5:34PM  
Rahu 10:13AM - 12:03PM

Dhanishtha Until 4:57PM  
Ayushman Until 5:49PM  
Vanija Until 8:37AM  
Tritiya Until 9:47PM

Ganesha: Clear  
Muruqa: Blue  
Nataraja: White  
Moon - Purple  
Ashada\*Adi

Sunrise: 4:43AM  
Sunset: 7:24PM

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Peoria, IL

Sutra 97

Vikarin 5121

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 13.07 Tithi 19

Gulika 4:44AM - 6:34AM  
Yama 1:53PM - 3:43PM  
Rahu 8:24AM - 10:14AM

Shatabhishak Until 7:45PM  
Saubhagya Until 6:48PM  
Bava Until 11:00AM  
Chaturthi\* Until 12:12AM Sun

Ganesha: Clear  
Muruqa: Blue  
Nataraja: White  
Moon - Purple  
Ashada\*Adi

Sunrise: 4:44AM  
Sunset: 7:23PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 7:45PM

Then Routine Work - Marana Yoga

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Peoria, IL

Sutra 98

Vikarin 5121

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 24.58 Tithi 20

Gulika 3:43PM - 5:33PM  
Yama 12:04PM - 1:53PM  
Rahu 5:33PM - 7:23PM

Purvaproshtapada\* Until 10:53PM  
Sobhana Until 7:46PM  
Kaulava Until 1:25PM  
Panchami Until 2:34AM Mon

Ganesha: Clear  
Muruqa: Blue  
Nataraja: White  
Moon - Clear  
Ashada\*Adi

Sunrise: 4:45AM  
Sunset: 7:23PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 10:53PM

Then Creative Work - Amrita Yoga

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Peoria, IL

Sutra 99

Vikarin 5121

Moon 7 - Phase 14

1st Phase

Meena Rasi: 6.51 Tithi 21

Gulika 1:53PM - 3:43PM  
Yama 10:14AM - 12:04PM  
Rahu 6:35AM - 8:25AM

Uttaraproshtapada Until 1:40AM Tue  
Athiganda\* Until 8:35PM  
Gara Until 3:42PM  
Shashthi\* Until 4:44AM Tue

Ganesha: Clear  
Muruqa: Blue  
Nataraja: White  
Moon - Clear  
Ashada\*Adi

Sunrise: 4:45AM  
Sunset: 7:22PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Peoria, IL

Sutra 100

Vikarin 5121

Moon 7 - Phase 14

1st Phase

Meena Rasi: 18.49 Tithi 22

Gulika 12:04PM - 1:53PM  
Yama 8:25AM - 10:14AM  
Rahu 3:42PM - 5:32PM

Revati Until 3:57AM Wed  
Sukarma Until 9:11PM  
Visti Until 5:42PM  
Saptami Until 6:32AM Wed

Ganesha: Clear  
Muruqa: Blue  
Nataraja: White  
Moon - Clear  
Ashada\*Adi

Sunrise: 4:46AM  
Sunset: 7:21PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:57AM Wed

Then Routine Work - Marana Yoga

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Peoria, IL

Sutra 101

Vikarin 5121

Moon 7 - Phase 14

Ashtami

Mesha Rasi: 0.56 Tithi 22 - 23

Gulika 10:15AM - 12:04PM  
Yama 6:36AM - 8:25AM  
Rahu 12:04PM - 1:53PM

Ashvini Until 6:04AM Thu  
Dhriti Until 9:26PM  
Balava Until 7:16PM  
Saptami Until 6:32AM

Ganesha: White  
Muruqa: Blue  
Nataraja: White  
Moon - White  
Ashada\*Adi

Sunrise: 4:47AM  
Sunset: 7:20PM

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 6:04AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Peoria, IL

Sutra 102

Vikarin 5121

Moon 7 - Phase 14

Navami

Mesha Rasi: 13.17 Tithi 23 - 24

Gulika 8:26AM - 10:15AM  
Yama 4:48AM - 6:37AM  
Rahu 1:53PM - 3:41PM

Ashvini Until 6:04AM  
Shula\* Until 9:10PM  
Taitila Until 8:13PM  
Ashtami\* Until 7:48AM

Ganesha: White  
Muruqa: Blue  
Nataraja: White  
Moon - White  
Ashada\*Adi

Sunrise: 4:48AM  
Sunset: 7:19PM

Subha Subha Sivaloka Day

Creative Work Amrita Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                   |               |   |                                    |   |                        |                                 |   |
|-------------------|---------------|---|------------------------------------|---|------------------------|---------------------------------|---|
| <b>1</b>          |               | <b>Friday, July 26, 2019</b>            |                                    | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        | Sun 9                           | Peoria, IL<br>Sutra 103<br>Vikarin 5121 |
| Mesha Rasi: 25.55 | Tithi 24 – 25 | <b>Gulika</b> 6:38AM – 8:26AM           | <b>Bharani</b> <b>Until 7:23AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:49AM |                                 |   |
|                   |               | Yama 3:41PM – 5:30PM                    | Ganda* <b>Until 8:22PM</b>         | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:18PM  | Moon 7 - Phase 15               |   |
|                   |               | 424893462 <b>Rahu</b> 10:15AM – 12:04PM | Vanija <b>Until 8:27PM</b>         | <b>Nataraja:</b> White  |                        | 2nd Phase                       |   |
| Creative Work     | Siddha Yoga   |   | <b>Navami* Until 8:25AM</b>        | Moon – White  |                        | <b>Subha Subha Sivaloka Day</b> |   |
|                   |               |   |                                    |   |                        |                                 | <b>Ashada*Adi</b>                       |

|                      |               |  |                                     |   |                        |                                 |   |
|----------------------|---------------|--|-------------------------------------|---|------------------------|---------------------------------|---|
| <b>2</b>             |               | <b>Saturday, July 27, 2019</b>         |                                     | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        | Sun 10                          | Peoria, IL<br>Sutra 104<br>Vikarin 5121 |
| Vrishabha Rasi: 8.54 | Tithi 25 – 26 | <b>Gulika</b> 4:50AM – 6:38AM          | <b>Krittika</b> <b>Until 7:49AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:50AM |                                 |   |
|                      |               | Yama 1:52PM – 3:41PM                   | Vriddhi <b>Until 6:57PM</b>         | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:17PM  | Moon 7 - Phase 15               |   |
|                      |               | 424893462 <b>Rahu</b> 8:27AM – 10:15AM | Bava <b>Until 7:55PM</b>            | <b>Nataraja:</b> White  |                        | 2nd Phase                       |   |
| Creative Work        | Amrita Yoga   |  | <b>Dashami Until 8:16AM</b>         | Moon – White  |                        | <b>Subha Subha Sivaloka Day</b> |   |
|                      |               |  |                                     |   |                        |                                 | <b>Ashada*Adi</b>                       |

|                       |               |                                       |                                   |  |                        |                           |   |
|-----------------------|---------------|---------------------------------------|-----------------------------------|--|------------------------|---------------------------|---|
| <b>3</b>              |               | <b>Sunday, July 28, 2019</b>          |                                   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        | Sun 11                    | Peoria, IL<br>Sutra 105<br>Vikarin 5121 |
| Vrishabha Rasi: 22.19 | Tithi 26 – 27 | <b>Gulika</b> 3:40PM – 5:28PM         | <b>Rohini</b> <b>Until 7:47AM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 4:51AM |                           |   |
|                       |               | Yama 12:04PM – 1:52PM                 | Dhruva <b>Until 4:53PM</b>        | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:16PM  | Moon 7 - Phase 15         |   |
|                       |               | 424893462 <b>Rahu</b> 5:28PM – 7:16PM | Kaulava <b>Until 6:36PM</b>       | <b>Nataraja:</b> White   |                        | 2nd Phase                 |   |
| Creative Work         | Siddha Yoga   |                                       | <b>Ekadashi* Until 7:20AM</b>     | Moon – Yellow  |                        | <b>Subha Sivaloka Day</b> |   |
|                       |               |                                       |                                   |  |                        |                           | <b>Ashada*Adi</b>                       |

|                                  |             |                                       |                                       |  |                        |                     |   |
|----------------------------------|-------------|---------------------------------------|---------------------------------------|--|------------------------|---------------------|---|
| <b>4</b>                         |             | <b>Monday, July 29, 2019</b>          |                                       | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Sun 12              | Peoria, IL<br>Sutra 106<br>Vikarin 5121 |
| Mithuna Rasi: 6.1                | Tithi 28    | <b>Gulika</b> 1:52PM – 3:40PM         | <b>Mrigashira</b> <b>Until 6:51AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:52AM |                     |   |
| <b>Family Home Evening</b>       |             | Yama 10:16AM – 12:04PM                | Vyaghata* <b>Until 2:14PM</b>         | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:15PM  | Moon 7 - Phase 15   |   |
| Creative Work                    | Amrita Yoga | 435893462 <b>Rahu</b> 6:40AM – 8:28AM | Gara <b>Until 4:35PM</b>              | <b>Nataraja:</b> White   |                        | 2nd Phase           |   |
| Until 6:51AM                     |             |                                       | <b>Trayodashi* Until 3:19AM Tue</b>   | Moon – Yellow  |                        | <b>Sivaloka Day</b> |   |
| Then Creative Work - Siddha Yoga |             |                                       |                                       |  |                        |                     | <b>Ashada*Adi</b>                       |
|                                  |             |                                       |                                       |  |                        |                     | <i>Pradosha Vrata (Fasting)</i>         |

|                     |             |                                       |  |   |                        |                     |   |
|---------------------|-------------|---------------------------------------|--|---|------------------------|---------------------|---|
| <b>5</b>            |             | <b>Tuesday, July 30, 2019</b>         |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Sun 13              | Peoria, IL<br>Sutra 107<br>Vikarin 5121 |
| Mithuna Rasi: 20.26 | Tithi 29    | <b>Gulika</b> 12:04PM – 1:51PM        | <b>Punarvasu</b> <b>Until 3:09AM Wed</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 4:53AM |                     |   |
|                     |             | Yama 8:28AM – 10:16AM                 | Harshana <b>Until 11:07AM</b>            | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:14PM  | Moon 7 - Phase 15   |   |
|                     |             | 445893462 <b>Rahu</b> 3:39PM – 5:27PM | Visti <b>Until 1:57PM</b>                | <b>Nataraja:</b> White  |                        | 2nd Phase           |   |
| Creative Work       | Siddha Yoga |                                       | <b>Chaturdashi* Until 12:27AM Wed</b>    | Moon – Blue   |                        | <b>Sivaloka Day</b> |   |
|                     |             |                                       |  |   |                        |                     | <b>Ashada*Adi</b>                       |

|                     |             |  |  |  |                        |                     |   |
|---------------------|-------------|--|--|--|------------------------|---------------------|---|
| <b>Retreat Star</b> |             | <b>Wednesday, July 31, 2019</b>        |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Sun 14              | Peoria, IL<br>Sutra 108<br>Vikarin 5121 |
| Kataka Rasi: 5.05   | Tithi 30    | <b>Gulika</b> 10:16AM – 12:04PM        | <b>Pushya</b> <b>Until 12:40AM Thu</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:54AM |                     |   |
|                     |             | Yama 6:41AM – 8:29AM                   | Vajra* <b>Until 7:33AM</b>             | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:13PM  | Moon 7 - Phase 15   |   |
|                     |             | 445893462 <b>Rahu</b> 12:04PM – 1:51PM | Catuspada <b>Until 10:52AM</b>         | <b>Nataraja:</b> White   |                        | Amavasya            |   |
| Creative Work       | Siddha Yoga |  | <b>Amavasya* Until 9:11PM</b>          | Moon – Blue  |                        | <b>Sivaloka Day</b> |   |
|                     |             |  |  |  |                        |                     | <b>Ashada*Adi</b>                       |

|                                  |             |                                       |                                      |   |                        |                     |   |
|----------------------------------|-------------|---------------------------------------|--------------------------------------|---|------------------------|---------------------|---|
| <b>Retreat Star</b>              |             | <b>Thursday, August 1, 2019</b>       |                                      | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau |                        | Sun 15              | Peoria, IL<br>Sutra 109<br>Vikarin 5121 |
| Kataka Rasi: 19.59               | Tithi 1 – 2 | <b>Gulika</b> 8:29AM – 10:16AM        | <b>Ashlesha*</b> <b>Until 9:50PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 4:55AM |                     |   |
|                                  |             | Yama 4:55AM – 6:42AM                  | Vyatipata* <b>Until 11:45PM</b>      | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:12PM  | Moon 7 - Phase 15   |   |
|                                  |             | 445893462 <b>Rahu</b> 1:51PM – 3:38PM | Kintughna <b>Until 7:28AM</b>        | <b>Nataraja:</b> White  |                        | Prathama            |   |
| Creative Work                    | Siddha Yoga |                                       | <b>Prathama* Until 5:41PM</b>        | Moon – Blue   |                        | <b>Sivaloka Day</b> |   |
| Until 9:50PM                     |             |                                       |                                      |   |                        |                     | <b>Sravana*Adi</b>                      |
| Then Creative Work - Amrita Yoga |             |                                       |                                      |   |                        |                     |   |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

|  |             |  |  |  |   |                     |  |   |
|--|-------------|--|--|--|---|---------------------|--|---|
| <b>1</b>   |             | <b>Friday, August 2, 2019</b>  |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |   | Sun 16              |  | Peoria, IL<br>Sutra 110<br>Vikarin 5121 |
| Simha Rasi: 5.02   | Tithi 2 - 3 | <b>Gulika</b> 6:42AM - 8:29AM<br>Yama 3:37PM - 5:24PM<br><b>Rahu</b> 10:16AM - 12:03PM | <b>Magha* Until 7:13PM</b><br>Variyan Until 7:43PM<br>Taitila Until 12:22AM Sat<br><b>Dvitiya Until 2:07PM</b> | <b>Ganesha: White</b><br><b>Muruqa: Blue</b><br><b>Nataraja: White</b><br>Moon - Red   | <b>Sunrise: 4:55AM</b><br><b>Sunset: 7:11PM</b> | <b>Sivaloka Day</b> |  | Moon 7 - Phase 16<br>3rd Phase          |
| Routine Work Marana Yoga<br>Until 7:13PM<br>Then Creative Work - Siddha Yoga |             |  |  |  |   |                     |  |   |

|  |             |   |   |   |   |                     |  |   |
|--|-------------|---|---|---|---|---------------------|--|---|
| <b>2</b>   |             | <b>Saturday, August 3, 2019</b>   |   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |   | Sun 17              |  | Peoria, IL<br>Sutra 111<br>Vikarin 5121 |
| Simha Rasi: 20.04  | Tithi 3 - 4 | <b>Gulika</b> 4:56AM - 6:43AM<br>Yama 1:50PM - 3:37PM<br><b>Rahu</b> 8:30AM - 10:17AM | <b>Purvaphalguni Until 4:36PM</b><br>Parigha* Until 3:49PM<br>Vanija Until 8:57PM<br><b>Tritiya Until 10:37AM</b> | <b>Ganesha: White</b><br><b>Muruqa: Blue</b><br><b>Nataraja: White</b><br>Moon - Red  | <b>Sunrise: 4:56AM</b><br><b>Sunset: 7:10PM</b> | <b>Sivaloka Day</b> |  | Moon 7 - Phase 16<br>3rd Phase          |
| Creative Work Siddha Yoga<br>Until 4:36PM<br>Then Routine Work - Marana Yoga |             |   |   |   |   |                     |  |   |

|                           |             |   |  |   |   |                           |  |   |
|---------------------------|-------------|---|--|---|---|---------------------------|--|---|
| <b>3</b>                  |             | <b>Sunday, August 4, 2019</b>   |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau |   | Sun 18                    |  | Peoria, IL<br>Sutra 112<br>Vikarin 5121 |
| Kanya Rasi: 4.56          | Tithi 4 - 5 | <b>Gulika</b> 3:36PM - 5:23PM<br>Yama 12:03PM - 1:50PM<br><b>Rahu</b> 5:23PM - 7:09PM | <b>Uttaraphalguni Until 2:06PM</b><br>Shiva Until 12:08PM<br>Balava Until 4:26AM Mon<br><b>Chaturthi* Until 7:20AM</b> | <b>Ganesha: Yellow</b><br><b>Muruqa: Blue</b><br><b>Nataraja: White</b><br>Moon - Red   | <b>Sunrise: 4:57AM</b><br><b>Sunset: 7:09PM</b> | <b>Subha Sivaloka Day</b> |  | Moon 7 - Phase 16<br>3rd Phase          |
| Creative Work Amrita Yoga |             | <b>Nag Panchami</b>   |  |   |   |                           |  |   |

|   |         |  |  |   |   |                                 |  |   |
|---|---------|--|--|---|---|---------------------------------|--|---|
| <b>4</b>  |         | <b>Monday, August 5, 2019</b>  |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau |   | Sun 19                          |  | Peoria, IL<br>Sutra 113<br>Vikarin 5121 |
| Kanya Rasi: 19.33   | Tithi 6 | <b>Gulika</b> 1:49PM - 3:35PM<br>Yama 10:17AM - 12:03PM<br><b>Rahu</b> 6:45AM - 8:31AM | <b>Hasta Until 12:17PM</b><br>Siddha Until 8:45AM<br>Kaulava Until 3:10PM<br><b>Shashthi* Until 2:00AM Tue</b> | <b>Ganesha: White</b><br><b>Muruqa: Blue</b><br><b>Nataraja: White</b><br>Moon - Green  | <b>Sunrise: 4:58AM</b><br><b>Sunset: 7:08PM</b> | <b>Subha Subha Sivaloka Day</b> |  | Moon 7 - Phase 16<br>3rd Phase          |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 12:17PM<br>Then Routine Work - Prabalarishta Yoga |         |  |  |   |   |                                 |  |   |

|                           |         |  |  |   |   |                                 |  |   |
|---------------------------|---------|--|--|---|---|---------------------------------|--|---|
| <b>5</b>                  |         | <b>Tuesday, August 6, 2019</b>   |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau |   | Sun 20                          |  | Peoria, IL<br>Sutra 114<br>Vikarin 5121 |
| Tula Rasi: 3.49           | Tithi 7 | <b>Gulika</b> 12:03PM - 1:49PM<br>Yama 8:31AM - 10:17AM<br><b>Rahu</b> 3:35PM - 5:21PM | <b>Chitra Until 10:52AM</b><br>Subha Until 3:21AM Wed<br>Gara Until 1:02PM<br><b>Saptami Until 12:10AM Wed</b> | <b>Ganesha: White</b><br><b>Muruqa: Blue</b><br><b>Nataraja: White</b><br>Moon - Green  | <b>Sunrise: 4:59AM</b><br><b>Sunset: 7:07PM</b> | <b>Subha Subha Sivaloka Day</b> |  | Moon 7 - Phase 16<br>3rd Phase          |
| Creative Work Siddha Yoga |         |  |  |   |   |                                 |  |   |

|                           |         |   |   |   |   |                           |  |   |
|---------------------------|---------|---|---|---|---|---------------------------|--|---|
| <b>Retreat Star</b>       |         | <b>Wednesday, August 7, 2019</b>  |   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau |   | Sun 21                    |  | Peoria, IL<br>Sutra 115<br>Vikarin 5121 |
| Tula Rasi: 17.41          | Tithi 8 | <b>Gulika</b> 10:17AM - 12:03PM<br>Yama 6:46AM - 8:32AM<br><b>Rahu</b> 12:03PM - 1:49PM | <b>Svati Until 9:54AM</b><br>Sukla Until 1:25AM Thu<br>Visti Until 11:30AM<br><b>Ashtami* Until 10:59PM</b> | <b>Ganesha: Clear</b><br><b>Muruqa: Blue</b><br><b>Nataraja: White</b><br>Moon - Green  | <b>Sunrise: 5:00AM</b><br><b>Sunset: 7:06PM</b> | <b>Subha Sivaloka Day</b> |  | Moon 7 - Phase 16<br>Ashtami            |
| Creative Work Siddha Yoga |         |   |   |   |   |                           |  |   |

|                           |         |   |  |  |   |                     |  |   |
|---------------------------|---------|---|--|--|---|---------------------|--|---|
| <b>Retreat Star</b>       |         | <b>Thursday, August 8, 2019</b>   |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau |   | Sun 22              |  | Peoria, IL<br>Sutra 116<br>Vikarin 5121 |
| Vrischika Rasi: 1.1       | Tithi 9 | <b>Gulika</b> 8:32AM - 10:17AM<br>Yama 5:01AM - 6:47AM<br><b>Rahu</b> 1:48PM - 3:34PM | <b>Vishakha Until 9:54AM</b><br>Brahma Until 12:02AM Fri<br>Balava Until 10:39AM<br><b>Navami* Until 10:28PM</b> | <b>Ganesha: Purple</b><br><b>Muruqa: Blue</b><br><b>Nataraja: White</b><br>Moon - Orange   | <b>Sunrise: 5:01AM</b><br><b>Sunset: 7:04PM</b> | <b>Sivaloka Day</b> |  | Moon 7 - Phase 16<br>Navami             |
| Creative Work Siddha Yoga |         |   |  |  |   |                     |  |   |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang


|                                 |             |                               |                                      |  |                        |                   |   |
|---------------------------------|-------------|-------------------------------|--------------------------------------|--|------------------------|-------------------|---|
| <b>1</b>                        |             | <b>Friday, August 9, 2019</b> |                                      | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau |                        | Sun 23            | Peoria, IL<br>Sutra 117<br>Vikarin 5121 |
| Wrischika Rasi: 14.17           | Tithi 10    | <b>Gulika</b> 6:47AM – 8:32AM | <b>Anuradha</b> <b>Until 10:24AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:02AM |                   |   |
|                                 |             | Yama 3:33PM – 5:18PM          | Indra Until 11:10PM                  | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:03PM  | Moon 7 - Phase 17 |   |
|                                 | 476993462   | <b>Rahu</b> 10:17AM – 12:03PM | Taitila Until 10:28AM                | <b>Nataraja:</b> White   |                        | 4th Phase         |   |
| Creative Work                   | Siddha Yoga |                               |                                      | Moon – Orange  |                        |                   | <b>Sivaloka Day</b>                     |
| Until 10:24AM                   |             | <b>Varalakshmi Vratam</b>     | <b>Dashami</b> <b>Until 10:36PM</b>  | <b>Sravana*Adi</b>   |                        |                   |   |
| Then Routine Work - Marana Yoga |             |                               |                                      |  |                        |                   |   |

|                       |             |                                  |                                       |  |                        |                   |   |
|-----------------------|-------------|----------------------------------|---------------------------------------|--|------------------------|-------------------|---|
| <b>2</b>              |             | <b>Saturday, August 10, 2019</b> |                                       | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau |                        | Sun 24            | Peoria, IL<br>Sutra 118<br>Vikarin 5121 |
| Wrischika Rasi: 27.05 | Tithi 11    | <b>Gulika</b> 5:03AM – 6:48AM    | <b>Jyeshtha*</b> <b>Until 11:22AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:03AM |                   |   |
|                       |             | Yama 1:47PM – 3:32PM             | Vaidhriti* Until 10:45PM              | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:02PM  | Moon 7 - Phase 17 |   |
|                       | 476993462   | <b>Rahu</b> 8:33AM – 10:18AM     | Vanija Until 10:55AM                  | <b>Nataraja:</b> White   |                        | 4th Phase         |   |
| Creative Work         | Siddha Yoga |                                  |                                       | Moon – Orange  |                        |                   | <b>Sivaloka Day</b>                     |
|                       |             |                                  | <b>Ekadashi</b> <b>Until 11:20PM</b>  | <b>Sravana*Adi</b>   |                        |                   |   |

|                                  |             |                                |  |  |                        |                   |   |
|----------------------------------|-------------|--------------------------------|--|--|------------------------|-------------------|---|
| <b>3</b>                         |             | <b>Sunday, August 11, 2019</b> |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau |                        | Sun 25            | Peoria, IL<br>Sutra 119<br>Vikarin 5121 |
| Dhanus Rasi: 9.37                | Tithi 12    | <b>Gulika</b> 3:31PM – 5:16PM  | <b>Mula*</b> <b>Until 1:12PM</b>         | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:04AM |                   |   |
|                                  |             | Yama 12:02PM – 1:47PM          | Vishkambha* Until 10:46PM                | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:00PM  | Moon 7 - Phase 17 |   |
|                                  | 486993462   | <b>Rahu</b> 5:16PM – 7:00PM    | Bava Until 11:56AM                       | <b>Nataraja:</b> White   |                        | 4th Phase         |   |
| Creative Work                    | Amrita Yoga |                                |  | Moon – Light Blue  |                        |                   | <b>Subha Sivaloka Day</b>               |
| Until 1:12PM                     |             |                                | <b>Dvodashi</b> <b>Until 12:36AM Mon</b> | <b>Sravana*Adi</b>   |                        |                   |   |
| Then Creative Work - Siddha Yoga |             |                                |  |  |                        |                   |   |

|                            |             |                                |   |  |                        |                   |   |
|----------------------------|-------------|--------------------------------|---|--|------------------------|-------------------|---|
| <b>4</b>                   |             | <b>Monday, August 12, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        | Sun 26            | Peoria, IL<br>Sutra 120<br>Vikarin 5121 |
| Dhanus Rasi: 21.55         | Tithi 13    | <b>Gulika</b> 1:46PM – 3:31PM  | <b>Purvashadha*</b> <b>Until 3:20PM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:05AM |                   |   |
| <b>Family Home Evening</b> |             | Yama 10:18AM – 12:02PM         | Priti Until 11:07PM                       | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 6:59PM  | Moon 7 - Phase 17 |   |
|                            | 486993462   | <b>Rahu</b> 6:49AM – 8:34AM    | Kaulava Until 1:25PM                      | <b>Nataraja:</b> White   |                        | 4th Phase         |   |
| Routine Work               | Marana Yoga |                                |   | Moon – Light Blue  |                        |                   | <b>Subha Sivaloka Day</b>               |
|                            |             |                                | <b>Trayodashi</b> <b>Until 2:17AM Tue</b> | <b>Sravana*Adi</b>   |                        |                   |   |
|                            |             |                                |   |  |                        |                   | <i>Pradosha Vrata</i>                   |

|                                  |                    |                                 |   |   |                        |                   |   |
|----------------------------------|--------------------|---------------------------------|---|---|------------------------|-------------------|---|
| <b>5</b>                         |                    | <b>Tuesday, August 13, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Sun 27            | Peoria, IL<br>Sutra 121<br>Vikarin 5121 |
| Makara Rasi: 4.04                | Tithi 14           | <b>Gulika</b> 12:02PM – 1:46PM  | <b>Uttarashadha</b> <b>Until 5:38PM</b>     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:06AM |                   |   |
|                                  |                    | Yama 8:34AM – 10:18AM           | Ayushman Until 11:42PM                      | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 6:58PM  | Moon 7 - Phase 17 |   |
|                                  | 486993462          | <b>Rahu</b> 3:30PM – 5:14PM     | Gara Until 3:16PM                           | <b>Nataraja:</b> White  |                        | 4th Phase         |   |
| Routine Work                     | Prabalarishta Yoga |                                 |   | Moon – Light Blue   |                        |                   | <b>Subha Sivaloka Day</b>               |
| Until 5:38PM                     |                    |                                 | <b>Chaturdashi*</b> <b>Until 4:18AM Wed</b> | <b>Sravana*Adi</b>  |                        |                   |   |
| Then Creative Work - Siddha Yoga |                    |                                 |   |   |                        |                   |   |

|   |             |                                   |   |  |                        |                   |   |
|---|-------------|-----------------------------------|---|--|------------------------|-------------------|---|
|  |             | <b>Wednesday, August 14, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau |                        |                   | Peoria, IL<br>Sutra 122<br>Vikarin 5121 |
| Makara Rasi: 16.05  | Tithi 15    | <b>Gulika</b> 10:18AM – 12:02PM   | <b>Shravana</b> <b>Until 8:33PM</b>     | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:07AM |                   |   |
|   |             | Yama 6:51AM – 8:34AM              | Saubhagya Until 12:29AM Thu             | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 6:57PM  | Moon 7 - Phase 17 |   |
|   | 496993462   | <b>Rahu</b> 12:02PM – 1:45PM      | Visti Until 5:25PM                      | <b>Nataraja:</b> White   |                        | Purnima           |   |
| Creative Work   | Siddha Yoga |                                   |   | Moon – Purple  |                        |                   | <b>Sivaloka Day</b>                     |
| Until 8:33PM  |             | <b>Raksha Bandhan</b>             | <b>Purnima*</b> <b>Until 6:32AM Thu</b> | <b>Sravana*Adi</b>   |                        |                   |   |
| Then Routine Work - Prabalarishta Yoga  |             |                                   |   |  |                        |                   |   |

|                                  |               |                                |  |  |                        |                   |   |
|----------------------------------|---------------|--------------------------------|--|--|------------------------|-------------------|---|
| <b>Thursday, August 15, 2019</b> |               | <b>Silver Retreat Star</b>     |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                        |                   | Peoria, IL<br>Sutra 123<br>Vikarin 5121 |
| Makara Rasi: 28.01               | Tithi 15 – 16 | <b>Gulika</b> 8:35AM – 10:18AM | <b>Dhanishtha</b> <b>Until 11:27PM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 5:08AM |                   |   |
|                                  |               | Yama 5:08AM – 6:51AM           | Sobhana Until 1:24AM Fri               | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 6:55PM  | Moon 7 - Phase 17 |   |
|                                  | 497993462     | <b>Rahu</b> 1:45PM – 3:28PM    | Balava Until 7:44PM                    | <b>Nataraja:</b> White   |                        | Prathama          |   |
| Creative Work                    | Siddha Yoga   |                                |  | Moon – Purple  |                        |                   | <b>Subha Sivaloka Day</b>               |
|                                  |               |                                | <b>Purnima*</b> <b>Until 6:32AM</b>    | <b>Sravana*Adi</b>   |                        |                   |   |





**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Peoria, IL  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 9.53    Tithi 16 – 17

497993462  
Gulika 6:52AM – 8:35AM  
Yama 3:28PM – 5:11PM  
Rahu 10:18AM – 12:01PM

**Shatabhishak Until 2:16AM Sat**  
Athiganda\* Until 2:21AM Sat  
Taitila Until 10:10PM  
Prathama\* Until 8:55AM

Ganesha: Yellow    Sunrise: 5:09AM  
Muruqa: Blue    Sunset: 6:54PM  
Nataraja: White  
Moon – Purple

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:16AM Sat  
Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1  
Peoria, IL  
Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 21.45    Tithi 17 – 18

517993462  
Gulika 5:10AM – 6:53AM  
Yama 1:44PM – 3:27PM  
Rahu 8:36AM – 10:18AM

**Purvaproshtapada\* Until 5:25AM Sun**  
Sukarma Until 3:18AM Sun  
Vanija Until 12:35AM Sun  
Dvitiya Until 11:21AM

Ganesha: White    Sunrise: 5:10AM  
Muruqa: Blue    Sunset: 6:52PM  
Nataraja: White  
Moon – Clear

**Subha Subha Sivaloka Day**

Routine Work    Marana Yoga  
Until 5:25AM Sun  
Then Creative Work - Amrita Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2  
Peoria, IL  
Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 3.37    Tithi 18 – 19

517993462  
Gulika 3:26PM – 5:08PM  
Yama 12:01PM – 1:43PM  
Rahu 5:08PM – 6:51PM

**Uttaraproshtapada Until 8:16AM Mon**  
Dhriti Until 4:12AM Mon  
Bava Until 2:55AM Mon  
Tritiya Until 1:45PM

Ganesha: White    Sunrise: 5:11AM  
Muruqa: Blue    Sunset: 6:51PM  
Nataraja: White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 8:16AM Mon  
Then Creative Work - Siddha Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3  
Peoria, IL  
Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 15.31    Tithi 19 – 20

517993462  
Gulika 1:43PM – 3:25PM  
Yama 10:18AM – 12:01PM  
Rahu 6:54AM – 8:36AM

**Uttaraproshtapada Until 8:16AM**  
Shula\* Until 4:54AM Tue  
Kaulava Until 5:03AM Tue  
Chaturthi\* Until 4:00PM

Ganesha: White    Sunrise: 5:12AM  
Muruqa: Blue    Sunset: 6:50PM  
Nataraja: White  
Moon – Clear

**Subha Subha Sivaloka Day**

Family Home Evening  
Creative Work    Siddha Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4  
Peoria, IL  
Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 27.31    Tithi 20 – 21

517993462  
Gulika 12:00PM – 1:42PM  
Yama 8:37AM – 10:19AM  
Rahu 3:24PM – 5:06PM

**Revati Until 10:46AM**  
Ganda\* Until 5:22AM Wed  
Gara Until 6:52AM Wed  
Panchami Until 5:59PM

Ganesha: White    Sunrise: 5:13AM  
Muruqa: Blue    Sunset: 6:48PM  
Nataraja: White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Sun 5  
Peoria, IL  
Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 9.38    Tithi 21

528993462  
Gulika 10:19AM – 12:00PM  
Yama 6:55AM – 8:37AM  
Rahu 12:00PM – 1:42PM

**Ashvini Until 1:14PM**  
Vriddhi Until 5:30AM Thu  
Gara Until 6:52AM  
Shashthi\* Until 7:35PM

Ganesha: White    Sunrise: 5:14AM  
Muruqa: Blue    Sunset: 6:47PM  
Nataraja: White  
Moon – White

**Sivaloka Day**

Routine Work    Marana Yoga  
Until 1:14PM  
Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

Sun 6  
Peoria, IL  
Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 21.56    Tithi 22

528993462  
Gulika 8:37AM – 10:19AM  
Yama 5:15AM – 6:56AM  
Rahu 1:41PM – 3:23PM

**Bharani Until 3:04PM**  
Dhruva Until 5:09AM Fri  
Visti Until 8:13AM  
Saptami Until 8:39PM

Ganesha: White    Sunrise: 5:15AM  
Muruqa: Blue    Sunset: 6:45PM  
Nataraja: White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 3:04PM  
Then Routine Work - Marana Yoga

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 7  
Peoria, IL  
Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 4.31    Tithi 23

528993462  
Gulika 6:57AM – 8:38AM  
Yama 3:22PM – 5:03PM  
Rahu 10:19AM – 12:00PM

**Krittika Until 4:07PM**  
Vyaghata\* Until 4:16AM Sat  
Balava Until 8:58AM  
Ashtami\* Until 9:03PM

Ganesha: White    Sunrise: 5:16AM  
Muruqa: Blue    Sunset: 6:44PM  
Nataraja: White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 4:07PM  
Then Routine Work - Marana Yoga

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Sun 8  
Peoria, IL  
Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 17.25    Tithi 24

538993462  
Gulika 5:17AM – 6:57AM  
Yama 1:40PM – 3:21PM  
Rahu 8:38AM – 10:19AM

**Rohini Until 4:45PM**  
Harshana Until 2:46AM Sun  
Taitila Until 9:00AM  
Navami\* Until 8:42PM

Ganesha: Clear    Sunrise: 5:17AM  
Muruqa: Blue    Sunset: 6:42PM  
Nataraja: White  
Moon – Yellow

**Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 4:45PM  
Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


|          |                                |                             |   |                                |                       |                           |                   |
|----------|--------------------------------|-----------------------------|---|--------------------------------|-----------------------|---------------------------|-------------------|
| <b>1</b> | <b>Sunday, August 25, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                |                       |                           | Peoria, IL        |
|          | Mithuna Rasi: 0.43 Tithi 25    |                             | Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau                     |                                |                       |                           | Sun 9 Sutra 133   |
|          | Creative Work Siddha Yoga      | 538993462                   | <b>Gulika</b> 3:20PM – 5:00PM   | <b>Mrigashira</b> Until 4:27PM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:18AM    | Vikarin 5121      |
|          |                                |                             | <b>Yama</b> 11:59AM – 1:40PM  | Vajra* Until 12:37AM Mon       | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 6:41PM     | Moon 8 - Phase 19 |
|          |                                | <b>Rahu</b> 5:00PM – 6:41PM | Vanija Until 8:14AM   | <b>Nataraja:</b> White         |                       | 2nd Phase                 |                   |
|          |                                |                             | <b>Dashami</b> Until 7:33PM   | Moon – Yellow                  |                       | <b>Subha Sivaloka Day</b> |                   |
|          |                                |                             |   | <b>Sravana-Avani</b>           |                       |                           |                   |

|          |  |                             |  |                           |                       |                           |                   |
|----------|--|-----------------------------|--|---------------------------|-----------------------|---------------------------|-------------------|
| <b>2</b> | <b>Monday, August 26, 2019</b>                   |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam |                           |                       |                           | Peoria, IL        |
|          | Mithuna Rasi: 14.28 Tithi 26 – 27                |                             | Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau            |                           |                       |                           | Sun 10 Sutra 134  |
|          | Family Home Evening<br>Creative Work Siddha Yoga | 538993462                   | <b>Gulika</b> 1:39PM – 3:19PM  | <b>Ardra</b> Until 3:15PM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:19AM    | Vikarin 5121      |
|          |  |                             | <b>Yama</b> 10:19AM – 11:59AM  | Siddhi Until 9:52PM       | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 6:39PM     | Moon 8 - Phase 19 |
|          |  | <b>Rahu</b> 6:59AM – 8:39AM | Bava Until 6:42AM  | <b>Nataraja:</b> White    |                       | 2nd Phase                 |                   |
|          |  |                             | <b>Ekadashi*</b> Until 5:38PM  | Moon – Yellow             |                       | <b>Subha Sivaloka Day</b> |                   |
|          |  |                             |  | <b>Sravana-Avani</b>      |                       |                           |                   |
|          |  |                             |  |                           |                       |                           |                   |

|          |                                   |                             |   |                               |                        |                        |                   |
|----------|-----------------------------------|-----------------------------|---|-------------------------------|------------------------|------------------------|-------------------|
| <b>3</b> | <b>Tuesday, August 27, 2019</b>   |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam |                               |                        |                        | Peoria, IL        |
|          | Mithuna Rasi: 28.42 Tithi 27 – 28 |                             | Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau         |                               |                        |                        | Sun 11 Sutra 135  |
|          | Creative Work Siddha Yoga         | 548993462                   | <b>Gulika</b> 11:59AM – 1:38PM  | <b>Punarvasu</b> Until 1:39PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:20AM | Vikarin 5121      |
|          |                                   |                             | <b>Yama</b> 8:39AM – 10:19AM  | Vyatipata* Until 6:36PM       | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:38PM  | Moon 8 - Phase 19 |
|          |                                   | <b>Rahu</b> 3:18PM – 4:58PM | Gara Until 1:34AM Wed   | <b>Nataraja:</b> White        |                        | 2nd Phase              |                   |
|          |                                   |                             | <b>Dvadashi*</b> Until 3:03PM   | Moon – Blue                   |                        | <b>Sivaloka Day</b>    |                   |
|          |                                   |                             |   | <b>Sravana-Avani</b>          |                        |                        |                   |
|          |                                   |                             |   |                               |                        |                        |                   |

*Pradosha Vrata (Fasting)*

|          |                                   |                              |  |                             |                        |                        |                   |
|----------|-----------------------------------|------------------------------|--|-----------------------------|------------------------|------------------------|-------------------|
| <b>4</b> | <b>Wednesday, August 28, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam      |                             |                        |                        | Peoria, IL        |
|          | Kataka Rasi: 13.21 Tithi 28 – 29  |                              | Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                             |                        |                        | Sun 12 Sutra 136  |
|          | Creative Work Siddha Yoga         | 549193463                    | <b>Gulika</b> 10:19AM – 11:58AM  | <b>Pushya</b> Until 11:20AM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:21AM | Vikarin 5121      |
|          |                                   |                              | <b>Yama</b> 7:00AM – 8:39AM  | Variyan Until 2:51PM        | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:36PM  | Moon 8 - Phase 19 |
|          |                                   | <b>Rahu</b> 11:58AM – 1:38PM | Visti Until 10:12PM  | <b>Nataraja:</b> Clear      |                        | 2nd Phase              |                   |
|          |                                   |                              | <b>Trayodashi*</b> Until 11:55AM   | Moon – Blue                 |                        | <b>Sivaloka Day</b>    |                   |
|          |                                   |                              |  | <b>Sravana-Avani</b>        |                        |                        |                   |

|   |                                  |                             |  |                               |                        |                        |                   |
|---|----------------------------------|-----------------------------|--|-------------------------------|------------------------|------------------------|-------------------|
|  | <b>Thursday, August 29, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam         |                               |                        |                        | Peoria, IL        |
|   | <b>Retreat Star</b>              |                             | Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                               |                        |                        | Sun 13 Sutra 137  |
|   | Kataka Rasi: 28.2 Tithi 29 – 30  | 549193463                   | <b>Gulika</b> 8:40AM – 10:19AM   | <b>Ashlesha*</b> Until 8:29AM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:22AM | Vikarin 5121      |
|   |                                  |                             | <b>Yama</b> 5:22AM – 7:01AM  | Parigha* Until 10:49AM        | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:34PM  | Moon 8 - Phase 19 |
|   |                                  | <b>Rahu</b> 1:37PM – 3:16PM | Catuspada Until 6:31PM   | <b>Nataraja:</b> Clear        |                        | Amavasya               |                   |
|   |                                  |                             | <b>Chaturdashi*</b> Until 8:23AM   | Moon – Blue                   |                        | <b>Sivaloka Day</b>    |                   |
|   |                                  |                             |  | <b>Sravana-Avani</b>          |                        |                        |                   |

|                     |                                |                               |   |                                       |                       |                        |                   |
|---------------------|--------------------------------|-------------------------------|---|---------------------------------------|-----------------------|------------------------|-------------------|
| <b>Retreat Star</b> | <b>Friday, August 30, 2019</b> |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam |                                       |                       |                        | Peoria, IL        |
|                     | Simha Rasi: 13.32 Tithi 1      |                               | Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau            |                                       |                       |                        | Sun 14 Sutra 138  |
|                     | Creative Work Siddha Yoga      | 559193463                     | <b>Gulika</b> 7:01AM – 8:40AM   | <b>Purvaphalguni</b> Until 2:37AM Sat | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:23AM | Vikarin 5121      |
|                     |                                |                               | <b>Yama</b> 3:15PM – 4:54PM   | Shiva Until 6:36AM                    | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 6:33PM  | Moon 8 - Phase 19 |
|                     |                                | <b>Rahu</b> 10:19AM – 11:58AM | Kintughna Until 2:41PM  | <b>Nataraja:</b> Clear                |                       | Prathama               |                   |
|                     |                                |                               | <b>Prathama*</b> Until 12:45AM Sat  | Moon – Red                            |                       | <b>Sivaloka Day</b>    |                   |
|                     |                                |                               |   | <b>Bhadrapada-Avani</b>               |                       |                        |                   |
|                     |                                |                               |   |                                       |                       |                        |                   |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

|          |                                  |             |  |                                     |                        |                        |                         |
|----------|----------------------------------|-------------|--|-------------------------------------|------------------------|------------------------|-------------------------|
| <b>1</b> | <b>Saturday, August 31, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                     |                        |                        | Peoria, IL<br>Sutra 139 |
|          | Simha Rasi: 28.48                | Tithi 2     | <b>Gulika</b> 5:23AM – 7:02AM  | <b>Uttaraphalguni Until 11:35PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:23AM | Sun 15<br>Vikarin 5121  |
|          |                                  |             | Yama 1:36PM – 3:14PM   | Sadhya Until 10:07PM                | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:31PM  | Moon 8 - Phase 20       |
|          | Routine Work                     | Marana Yoga | 559193463 <b>Rahu</b> 8:40AM – 10:19AM   | Balava Until 10:52AM                | <b>Nataraja:</b> Clear |                        | 3rd Phase               |
|          |                                  |             | <b>Dvitiya Until 9:00PM</b>  | Moon – Red                          |                        | <b>Sivaloka Day</b>    |                         |
|          |                                  |             |  | <b>Bhadrapada-Avani</b>             |                        |                        |                         |

|          |                                  |             |   |                           |                        |                        |                         |
|----------|----------------------------------|-------------|---|---------------------------|------------------------|------------------------|-------------------------|
| <b>2</b> | <b>Sunday, September 1, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau |                           |                        |                        | Peoria, IL<br>Sutra 140 |
|          | Kanya Rasi: 13.56                | Tithi 3 – 4 | <b>Gulika</b> 3:13PM – 4:52PM   | <b>Hasta Until 9:06PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:24AM | Sun 16<br>Vikarin 5121  |
|          |                                  |             | Yama 11:57AM – 1:35PM   | Subha Until 6:11PM        | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:30PM  | Moon 8 - Phase 20       |
|          | Creative Work                    | Amrita Yoga | 559193463 <b>Rahu</b> 4:52PM – 6:30PM   | Taitila Until 7:14AM      | <b>Nataraja:</b> Clear |                        | 3rd Phase               |
|          |                                  |             | <b>Tritiya Until 5:31PM</b>   | Moon – Green              |                        | <b>Sivaloka Day</b>    |                         |
|          |                                  |             |   | <b>Bhadrapada-Avani</b>   |                        |                        |                         |
|          |                                  |             |   |                           |                        |                        |                         |

|          |                                  |                    |   |                            |                        |                        |                         |
|----------|----------------------------------|--------------------|---|----------------------------|------------------------|------------------------|-------------------------|
| <b>3</b> | <b>Monday, September 2, 2019</b> |                    | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau |                            |                        |                        | Peoria, IL<br>Sutra 141 |
|          | Kanya Rasi: 28.48                | Tithi 4 – 5        | <b>Gulika</b> 1:35PM – 3:12PM   | <b>Chitra Until 6:56PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:25AM | Sun 17<br>Vikarin 5121  |
|          | <b>Family Home Evening</b>       |                    | Yama 10:19AM – 11:57AM  | Sukla Until 2:35PM         | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:28PM  | Moon 8 - Phase 20       |
|          | Routine Work                     | Prabalarishta Yoga | 559193463 <b>Rahu</b> 7:03AM – 8:41AM   | Bava Until 1:10AM Tue      | <b>Nataraja:</b> Clear |                        | 3rd Phase               |
|          |                                  |                    | <b>Chaturthi* Until 2:28PM</b>  | Moon – Green               |                        | <b>Sivaloka Day</b>    |                         |
|          |                                  |                    | <b>Ganesha Chaturthi</b>  | <b>Bhadrapada-Avani</b>    |                        |                        |                         |
|          |                                  |                    |   |                            |                        |                        |                         |

|          |                                   |             |   |                           |                        |                        |                         |
|----------|-----------------------------------|-------------|---|---------------------------|------------------------|------------------------|-------------------------|
| <b>4</b> | <b>Tuesday, September 3, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                           |                        |                        | Peoria, IL<br>Sutra 142 |
|          | Tula Rasi: 13.16                  | Tithi 5 – 6 | <b>Gulika</b> 11:56AM – 1:34PM  | <b>Svati Until 5:15PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:26AM | Sun 18<br>Vikarin 5121  |
|          |                                   |             | Yama 8:41AM – 10:19AM   | Brahma Until 11:28AM      | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:26PM  | Moon 8 - Phase 20       |
|          | Creative Work                     | Siddha Yoga | 559193463 <b>Rahu</b> 3:11PM – 4:49PM   | Kaulava Until 11:02PM     | <b>Nataraja:</b> Clear |                        | 3rd Phase               |
|          |                                   |             | <b>Panchami Until 12:00PM</b>   | Moon – Green              |                        | <b>Sivaloka Day</b>    |                         |
|          |                                   |             |   | <b>Bhadrapada-Avani</b>   |                        |                        |                         |
|          |                                   |             |   |                           |                        |                        |                         |

|          |                                     |             |   |                              |                        |                           |                         |
|----------|-------------------------------------|-------------|---|------------------------------|------------------------|---------------------------|-------------------------|
| <b>5</b> | <b>Wednesday, September 4, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                              |                        |                           | Peoria, IL<br>Sutra 143 |
|          | Tula Rasi: 27.17                    | Tithi 6 – 7 | <b>Gulika</b> 10:19AM – 11:56AM   | <b>Vishakha Until 4:35PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:27AM    | Sun 19<br>Vikarin 5121  |
|          |                                     |             | Yama 7:05AM – 8:42AM  | Indra Until 8:57AM           | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:25PM     | Moon 8 - Phase 20       |
|          | Creative Work                       | Siddha Yoga | 559193463 <b>Rahu</b> 11:56AM – 1:33PM  | Gara Until 9:41PM            | <b>Nataraja:</b> Clear |                           | 3rd Phase               |
|          |                                     |             | <b>Shashthi* Until 10:14AM</b>  | Moon – Orange                |                        | <b>Subha Sivaloka Day</b> |                         |
|          |                                     |             |   | <b>Bhadrapada-Avani</b>      |                        |                           |                         |
|          |                                     |             |   |                              |                        |                           |                         |

|                     |                                    |             |   |                              |                        |                        |                         |
|---------------------|------------------------------------|-------------|---|------------------------------|------------------------|------------------------|-------------------------|
| <b>Retreat Star</b> | <b>Thursday, September 5, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                              |                        |                        | Peoria, IL<br>Sutra 144 |
|                     | Vrischika Rasi: 10.5               | Tithi 7 – 8 | <b>Gulika</b> 8:42AM – 10:19AM  | <b>Anuradha Until 4:35PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:28AM | Sun 20<br>Vikarin 5121  |
|                     |                                    |             | Yama 5:28AM – 7:05AM  | Vaidhriti* Until 7:04AM      | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:23PM  | Moon 8 - Phase 20       |
|                     | Creative Work                      | Siddha Yoga | 559193463 <b>Rahu</b> 1:33PM – 3:09PM   | Visti Until 9:08PM           | <b>Nataraja:</b> Clear |                        | Ashtami                 |
|                     |                                    |             | <b>Saptami Until 9:17AM</b>   | Moon – Orange                |                        | <b>Sivaloka Day</b>    |                         |
|                     |                                    |             |   | <b>Bhadrapada-Avani</b>      |                        |                        |                         |
|                     |                                    |             |   |                              |                        |                        |                         |

|                     |                                  |             |   |                               |                        |                        |                         |
|---------------------|----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|-------------------------|
| <b>Retreat Star</b> | <b>Friday, September 6, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                               |                        |                        | Peoria, IL<br>Sutra 145 |
|                     | Vrischika Rasi: 23.55            | Tithi 8 – 9 | <b>Gulika</b> 7:06AM – 8:42AM   | <b>Jyeshtha* Until 5:13PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:29AM | Sun 21<br>Vikarin 5121  |
|                     |                                  |             | Yama 3:09PM – 4:45PM  | Priti Until 5:15AM Sat        | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:22PM  | Moon 8 - Phase 20       |
|                     | Routine Work                     | Marana Yoga | 559193463 <b>Rahu</b> 10:19AM – 11:55AM   | Balava Until 9:25PM           | <b>Nataraja:</b> Clear |                        | Navami                  |
|                     |                                  |             | <b>Ashtami* Until 9:10AM</b>  | Moon – Orange                 |                        | <b>Sivaloka Day</b>    |                         |
|                     |                                  |             |   | <b>Bhadrapada-Avani</b>       |                        |                        |                         |
|                     |                                  |             |   |                               |                        |                        |                         |

|               |                                    |                              |  |                           |                        |                        |                         |
|---------------|------------------------------------|------------------------------|--|---------------------------|------------------------|------------------------|-------------------------|
| <b>1</b>      | <b>Saturday, September 7, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                           |                        |                        | Peoria, IL<br>Sutra 146 |
|               | Dhanus Rasi: 6.37                  | Tithi 9 – 10                 | <b>Gulika</b> 5:30AM – 7:06AM  | <b>Mula* Until 6:56PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:30AM | Sun 22<br>Vikarin 5121  |
|               |                                    |                              | Yama 1:31PM – 3:08PM   | Ayushman Until 5:11AM Sun | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:20PM  | Moon 8 - Phase 21       |
|               | 581193463                          | <b>Rahu</b> 8:43AM – 10:19AM |  | Taitila Until 10:27PM     | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Creative Work | Siddha Yoga                        |                              | <b>Navami* Until 9:49AM</b>  | Moon – Light Blue         |                        | <b>Devaloka Day</b>    |                         |
|               |                                    |                              |  | <b>Bhadrapada-Avani</b>   |                        |                        |                         |


|                                  |                                  |                             |  |                                  |                        |                        |                         |
|----------------------------------|----------------------------------|-----------------------------|--|----------------------------------|------------------------|------------------------|-------------------------|
| <b>2</b>                         | <b>Sunday, September 8, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                  |                        |                        | Peoria, IL<br>Sutra 147 |
|                                  | Dhanus Rasi: 19                  | Tithi 10 – 11               | <b>Gulika</b> 3:07PM – 4:42PM  | <b>Purvashadha* Until 9:05PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:31AM | Sun 23<br>Vikarin 5121  |
|                                  |                                  |                             | Yama 11:55AM – 1:31PM  | Saubhagya Until 5:34AM Mon       | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:18PM  | Moon 8 - Phase 21       |
|                                  | 581193463                        | <b>Rahu</b> 4:42PM – 6:18PM |  | Vanija Until 12:05AM Mon         | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Creative Work                    | Siddha Yoga                      |                             | <b>Dashami Until 11:10AM</b>   | Moon – Light Blue                |                        | <b>Devaloka Day</b>    |                         |
| Until 9:05PM                     |                                  | <b>Grandparent's Day</b>    |  | <b>Bhadrapada-Avani</b>          |                        |                        |                         |
| Then Creative Work - Amrita Yoga |                                  |                             |  |                                  |                        |                        |                         |

|                                  |                                  |                             |  |                                   |                        |                        |                         |
|----------------------------------|----------------------------------|-----------------------------|--|-----------------------------------|------------------------|------------------------|-------------------------|
| <b>3</b>                         | <b>Monday, September 9, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                   |                        |                        | Peoria, IL<br>Sutra 148 |
|                                  | Makara Rasi: 1.09                | Tithi 11 – 12               | <b>Gulika</b> 1:30PM – 3:06PM  | <b>Uttarashadha Until 11:30PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:32AM | Sun 24<br>Vikarin 5121  |
|                                  | <b>Family Home Evening</b>       |                             | Yama 10:19AM – 11:54AM   | Sobhana Until 6:16AM Tue          | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:17PM  | Moon 8 - Phase 21       |
|                                  | 581193463                        | <b>Rahu</b> 7:08AM – 8:43AM |  | Bava Until 2:09AM Tue             | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Routine Work                     | Marana Yoga                      |                             | <b>Ekadashi Until 1:03PM</b>   | Moon – Light Blue                 |                        | <b>Devaloka Day</b>    |                         |
| Until 11:30PM                    |                                  |                             |  | <b>Bhadrapada-Avani</b>           |                        |                        |                         |
| Then Creative Work - Amrita Yoga |                                  |                             |  |                                   |                        |                        |                         |

|  |                                    |                             |   |                                  |                        |                        |                         |
|--|------------------------------------|-----------------------------|---|----------------------------------|------------------------|------------------------|-------------------------|
| <b>4</b>                               | <b>Tuesday, September 10, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                  |                        |                        | Peoria, IL<br>Sutra 149 |
|  | Makara Rasi: 13.08                 | Tithi 12 – 13               | <b>Gulika</b> 11:54AM – 1:29PM  | <b>Shravana Until 2:32AM Wed</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:33AM | Sun 25<br>Vikarin 5121  |
|  |                                    |                             | Yama 8:44AM – 10:19AM   | Sobhana Until 6:16AM             | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:15PM  | Moon 8 - Phase 21       |
|  | 591193463                          | <b>Rahu</b> 3:05PM – 4:40PM |   | Kaulava Until 4:29AM Wed         | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Creative Work                          | Siddha Yoga                        |                             | <b>Dvadashi Until 3:16PM</b>  | Moon – Purple                    |                        | <b>Sivaloka Day</b>    |                         |
| Until 2:32AM Wed                       |                                    |                             |   | <b>Bhadrapada-Avani</b>          |                        |                        |                         |
| Then Routine Work - Prabalarishta Yoga |                                    |                             | <i>Pradosha Vrata</i>   |                                  |                        |                        |                         |

|                                  |                                      |                               |  |                                    |                        |                        |                         |
|----------------------------------|--------------------------------------|-------------------------------|--|------------------------------------|------------------------|------------------------|-------------------------|
| <b>5</b>                         | <b>Wednesday, September 11, 2019</b> |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                    |                        |                        | Peoria, IL<br>Sutra 150 |
|                                  | Makara Rasi: 25.02                   | Tithi 13 – 14                 | <b>Gulika</b> 10:19AM – 11:54AM  | <b>Dhanishtha Until 5:31AM Thu</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:34AM | Sun 26<br>Vikarin 5121  |
|                                  |                                      |                               | Yama 7:09AM – 8:44AM   | Athiganda* Until 7:07AM            | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:13PM  | Moon 8 - Phase 21       |
|                                  | 591193463                            | <b>Rahu</b> 11:54AM – 1:29PM  |  | Gara Until 6:57AM Thu              | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Routine Work                     | Prabalarishta Yoga                   |                               | <b>Trayodashi Until 5:41PM</b>   | Moon – Purple                      |                        | <b>Sivaloka Day</b>    |                         |
| Until 5:31AM Thu                 |                                      | <b>Chidambaram Abhishekam</b> |  | <b>Bhadrapada-Avani</b>            |                        |                        |                         |
| Then Creative Work - Siddha Yoga |                                      |                               |  |                                    |                        |                        |                         |

|               |                                     |                             |   |                                      |                        |                        |                         |
|---------------|-------------------------------------|-----------------------------|---|--------------------------------------|------------------------|------------------------|-------------------------|
| <b>6</b>      | <b>Thursday, September 12, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                        |                        | Peoria, IL<br>Sutra 151 |
|               | Kumbha Rasi: 6.54                   | Tithi 14                    | <b>Gulika</b> 8:44AM – 10:19AM  | <b>Shatabhishak Until 8:20AM Fri</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:35AM | Sun 27<br>Vikarin 5121  |
|               |                                     |                             | Yama 5:35AM – 7:10AM  | Sukarma Until 8:04AM                 | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:12PM  | Moon 8 - Phase 21       |
|               | 591193463                           | <b>Rahu</b> 1:28PM – 3:03PM |   | Gara Until 6:57AM                    | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Creative Work | Siddha Yoga                         |                             | <b>Chaturdashi* Until 8:09PM</b>  | Moon – Purple                        |                        | <b>Sivaloka Day</b>    |                         |
|               |                                     |                             |   | <b>Bhadrapada-Avani</b>              |                        |                        |                         |

|   |                                   |                               |  |                                  |                        |                        |                         |
|---|-----------------------------------|-------------------------------|--|----------------------------------|------------------------|------------------------|-------------------------|
|  | <b>Friday, September 13, 2019</b> |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau |                                  |                        |                        | Peoria, IL<br>Sutra 152 |
|   | <b>Copper Retreat Star</b>        |                               | <b>Gulika</b> 7:10AM – 8:44AM  | <b>Shatabhishak Until 8:20AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:36AM | Sun 28<br>Vikarin 5121  |
|   | Kumbha Rasi: 18.45                | Tithi 15                      | Yama 3:01PM – 4:36PM   | Dhriti Until 9:01AM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:10PM  | Moon 8 - Phase 21       |
|   | 591113463                         | <b>Rahu</b> 10:19AM – 11:53AM |  | Visti Until 9:24AM               | <b>Nataraja:</b> Clear |                        | Purnima                 |
| Creative Work   | Siddha Yoga                       |                               | <b>Purnima* Until 10:36PM</b>  | Moon – Purple                    |                        | <b>Sivaloka Day</b>    |                         |
|   |                                   |                               |  | <b>Bhadrapada-Avani</b>          |                        |                        |                         |

|                                  |                                     |                              |   |  |                        |                        |                         |
|----------------------------------|-------------------------------------|------------------------------|---|--|------------------------|------------------------|-------------------------|
| <b>7</b>                         | <b>Saturday, September 14, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau |  |                        |                        | Peoria, IL<br>Sutra 153 |
|                                  | <b>Silver Retreat Star</b>          |                              | <b>Gulika</b> 5:37AM – 7:11AM   | <b>Purvaprosarthapada* Until 11:25AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:37AM | Sun 29<br>Vikarin 5121  |
|                                  | Meena Rasi: 0.38                    | Tithi 16                     | Yama 1:27PM – 3:00PM  | Shula* Until 9:53AM                      | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:08PM  | Moon 8 - Phase 21       |
|                                  | 511113463                           | <b>Rahu</b> 8:45AM – 10:19AM |   | Balava Until 11:48AM                     | <b>Nataraja:</b> Clear |                        | Prathama                |
| Routine Work                     | Marana Yoga                         |                              | <b>Prathama* Until 12:55AM Sun</b>  | Moon – Clear                             |                        | <b>Sivaloka Day</b>    |                         |
| Until 11:25AM                    |                                     |                              |   | <b>Bhadrapada-Avani</b>                  |                        |                        |                         |
| Then Creative Work - Siddha Yoga |                                     |                              |   |  |                        |                        |                         |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



**Sunday, September 15, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Sun 1 Peoria, IL  
 Sutra 154  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Meena Rasi: 12.34 Tithi 17  
 512113463 Rahu

Gulika 2:59PM – 4:33PM  
 Yama 11:52AM – 1:26PM  
 Rahu 4:33PM – 6:07PM

Uttaraproshtapada Until 2:13PM  
 Ganda\* Until 10:40AM  
 Tailila Until 2:03PM  
 Dvitiya Until 3:05AM Mon

Ganesha: Yellow Sunrise: 5:38AM  
 Muruga: Purple Sunset: 6:07PM  
 Nataraja: Clear  
 Moon – Clear  
 Bhadrapada-Avani

Sivaloka Day

Creative Work Amrita Yoga

**1**

**Monday, September 16, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Sun 2 Peoria, IL  
 Sutra 155  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Meena Rasi: 24.33 Tithi 18  
 512113463 Rahu  
 Family Home Evening  
 Creative Work Siddha Yoga

Gulika 1:25PM – 2:58PM  
 Yama 10:19AM – 11:52AM  
 Rahu 7:12AM – 8:45AM

Revati Until 4:39PM  
 Vridhhi Until 11:20AM  
 Vanija Until 4:06PM  
 Tritiya Until 5:02AM Tue

Ganesha: Yellow Sunrise: 5:39AM  
 Muruga: Purple Sunset: 6:05PM  
 Nataraja: Clear  
 Moon – Clear  
 Bhadrapada-Avani

Sivaloka Day

**2**

**Tuesday, September 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthiyam Titau

Sun 3 Peoria, IL  
 Sutra 156  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Mesha Rasi: 6.38 Tithi 19  
 522113463 Rahu  
 Creative Work Siddha Yoga

Gulika 11:52AM – 1:24PM  
 Yama 8:46AM – 10:19AM  
 Rahu 2:57PM – 4:30PM

Ashvini Until 7:11PM  
 Dhruva Until 11:46AM  
 Bava Until 5:55PM  
 Chaturthi\* Until 6:41AM Wed

Ganesha: White Sunrise: 5:40AM  
 Muruga: Purple Sunset: 6:03PM  
 Nataraja: Clear  
 Moon – White  
 Bhadrapada-Puratasi

Devaloka Day

**3**

**Wednesday, September 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
 Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 4 Peoria, IL  
 Sutra 157  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Mesha Rasi: 18.5 Tithi 19 – 20  
 522113463 Rahu  
 Creative Work Siddha Yoga  
 Until 9:13PM  
 Then Creative Work - Amrita Yoga

Gulika 10:19AM – 11:51AM  
 Yama 7:13AM – 8:46AM  
 Rahu 11:51AM – 1:24PM

Bharani Until 9:13PM  
 Vyaghata\* Until 11:59AM  
 Kaulava Until 7:23PM  
 Chaturthi\* Until 6:41AM

Ganesha: White Sunrise: 5:41AM  
 Muruga: Purple Sunset: 6:02PM  
 Nataraja: Clear  
 Moon – White  
 Bhadrapada-Puratasi

Devaloka Day

**4**

**Thursday, September 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
 Kritika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Sun 5 Peoria, IL  
 Sutra 158  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Vrishabha Rasi: 1.12 Tithi 20 – 21  
 522113463 Rahu  
 Routine Work Marana Yoga

Gulika 8:46AM – 10:19AM  
 Yama 5:42AM – 7:14AM  
 Rahu 1:23PM – 2:55PM

Kritika Until 10:39PM  
 Harshana Until 11:55AM  
 Gara Until 8:26PM  
 Panchami Until 7:57AM

Ganesha: White Sunrise: 5:42AM  
 Muruga: Purple Sunset: 6:00PM  
 Nataraja: Clear  
 Moon – White  
 Bhadrapada-Puratasi

Devaloka Day

**5**

**Friday, September 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 6 Peoria, IL  
 Sutra 159  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Vrishabha Rasi: 13.47 Tithi 21 – 22  
 532113463 Rahu  
 Routine Work Marana Yoga  
 Until 11:52PM  
 Then Creative Work - Siddha Yoga

Gulika 7:15AM – 8:47AM  
 Yama 2:54PM – 4:26PM  
 Rahu 10:19AM – 11:50AM

Rohini Until 11:52PM  
 Vajra\* Until 11:24AM  
 Visti Until 8:55PM  
 Shashthi\* Until 8:44AM

Ganesha: Clear Sunrise: 5:43AM  
 Muruga: Purple Sunset: 5:58PM  
 Nataraja: Clear  
 Moon – Yellow  
 Bhadrapada-Puratasi

Sivaloka Day

**D**

**Saturday, September 21, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
 Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 7 Peoria, IL  
 Sutra 160  
 Vikarin 5121  
 Moon 9 - Phase 22  
 Ashtami

Vrishabha Rasi: 26.38 Tithi 22 – 23  
 532113463 Rahu  
 Creative Work Siddha Yoga

Gulika 5:44AM – 7:15AM  
 Yama 1:22PM – 2:53PM  
 Rahu 8:47AM – 10:19AM

Mrigashira Until 12:17AM Sun  
 Siddhi Until 10:26AM  
 Balava Until 8:45PM  
 Saptami Until 8:54AM

Ganesha: Clear Sunrise: 5:44AM  
 Muruga: Purple Sunset: 5:57PM  
 Nataraja: Clear  
 Moon – Yellow  
 Bhadrapada-Puratasi

Sivaloka Day

**Sunday, September 22, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Sun 8 Peoria, IL  
 Sutra 161  
 Vikarin 5121  
 Moon 9 - Phase 22  
 Navami

Mithuna Rasi: 9.5 Tithi 23 – 24  
 532213463 Rahu  
 Creative Work Siddha Yoga

Gulika 2:52PM – 4:24PM  
 Yama 11:50AM – 1:21PM  
 Rahu 4:24PM – 5:55PM

Ardra Until 11:50PM  
 Vyatipata\* Until 8:55AM  
 Tailila Until 7:52PM  
 Ashtami\* Until 8:23AM

Ganesha: Orange Sunrise: 5:45AM  
 Muruga: Purple Sunset: 5:55PM  
 Nataraja: Clear  
 Moon – Yellow  
 Bhadrapada-Puratasi

Sivaloka Day

|                                   |  |   |  |   |   |   |
|-----------------------------------|--|---|--|---|---|---|
| <b>Monday, September 23, 2019</b> |  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau |  |   |   | Peoria, IL<br>Sutra 162<br>Vikarin 5121   |
| <b>1</b>                          | Mithuna Rasi: 23.26<br>Family Home Evening<br>Creative Work Amrita Yoga<br>Until 10:59PM<br>Then Creative Work - Siddha Yoga | Tithi 24 – 25<br>542213463  | <b>Gulika</b> 1:20PM – 2:51PM<br>Yama 10:18AM – 11:49AM<br><b>Rahu</b> 7:17AM – 8:48AM | <b>Punarvasu</b> Until 10:59PM<br>Variyan Until 6:48AM<br>Vanija Until 6:16PM<br>Navami* Until 7:08AM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM<br><b>Nataraja:</b> Clear<br>Moon – Blue | Sun 9<br>Moon 9 - Phase 23<br>2nd Phase<br><b>Devaloka Day</b><br>Bhadrapada-Puratasi |

|                                    |  |  |  |  |   |  |
|------------------------------------|--|--|--|--|---|--|
| <b>Tuesday, September 24, 2019</b> |  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau |  |  |   | Peoria, IL<br>Sutra 163<br>Vikarin 5121  |
| <b>2</b>                           | Kataka Rasi: 7.28<br>Creative Work Siddha Yoga | Tithi 26<br>542213463  | <b>Gulika</b> 11:49AM – 1:20PM<br>Yama 8:48AM – 10:18AM<br><b>Rahu</b> 2:50PM – 4:21PM | <b>Pushya</b> Until 9:18PM<br>Shiva Until 12:56AM Wed<br>Bava Until 3:59PM<br>Ekadashi* Until 2:36AM Wed | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:47AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:52PM<br><b>Nataraja:</b> Clear<br>Moon – Blue | Sun 10<br>Moon 9 - Phase 23<br>2nd Phase<br><b>Devaloka Day</b><br>Bhadrapada-Puratasi |

|                                      |   |  |   |   |   |  |
|--------------------------------------|---|--|---|---|---|--|
| <b>Wednesday, September 25, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau |   |   |   | Peoria, IL<br>Sutra 164<br>Vikarin 5121  |
| <b>3</b>                             | Kataka Rasi: 21.56<br>Creative Work Siddha Yoga | Tithi 27<br>542213463  | <b>Gulika</b> 10:18AM – 11:49AM<br>Yama 7:18AM – 8:48AM<br><b>Rahu</b> 11:49AM – 1:19PM | <b>Ashlesha*</b> Until 6:57PM<br>Siddha Until 9:17PM<br>Kaulava Until 1:07PM<br>Dvadashi* Until 11:29PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:48AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:50PM<br><b>Nataraja:</b> Clear<br>Moon – Blue | Sun 11<br>Moon 9 - Phase 23<br>2nd Phase<br><b>Devaloka Day</b><br>Bhadrapada-Puratasi |

|                                     |   |  |   |   |  |  |
|-------------------------------------|---|--|---|---|--|--|
| <b>Thursday, September 26, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau |   |   |  | Peoria, IL<br>Sutra 165<br>Vikarin 5121  |
| <b>4</b>                            | Simha Rasi: 6.47<br>Creative Work Amrita Yoga<br>Until 4:26PM<br>Then Creative Work - Siddha Yoga | Tithi 28<br>552213463  | <b>Gulika</b> 8:49AM – 10:18AM<br>Yama 5:49AM – 7:19AM<br><b>Rahu</b> 1:18PM – 2:48PM | <b>Magha*</b> Until 4:26PM<br>Sadhya Until 5:18PM<br>Gara Until 9:47AM<br>Trayodashi* Until 7:59PM<br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:48PM<br><b>Nataraja:</b> Clear<br>Moon – Red | Sun 12<br>Moon 9 - Phase 23<br>2nd Phase<br><b>Devaloka Day</b><br>Bhadrapada-Puratasi |

|                                   |  |   |  |  |  |  |
|-----------------------------------|--|---|--|--|--|--|
| <b>Friday, September 27, 2019</b> |  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  |  |  | Peoria, IL<br>Sutra 166<br>Vikarin 5121  |
| <b>5</b>                          | Simha Rasi: 21.53<br>Creative Work Siddha Yoga | Tithi 29 – 30<br>552213463  | <b>Gulika</b> 7:19AM – 8:49AM<br>Yama 2:47PM – 4:17PM<br><b>Rahu</b> 10:18AM – 11:48AM | <b>Purvaphalguni</b> Until 1:31PM<br>Subha Until 1:07PM<br>Visti Until 6:09AM<br>Chaturdashi* Until 4:15PM | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:50AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:47PM<br><b>Nataraja:</b> Clear<br>Moon – Red | Sun 13<br>Moon 9 - Phase 23<br>2nd Phase<br><b>Devaloka Day</b><br>Bhadrapada-Puratasi |

|                                     |  |  |   |   |  |   |
|-------------------------------------|--|--|---|---|--|---|
| <b>Saturday, September 28, 2019</b> |  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |   |   |  | Peoria, IL<br>Sutra 167<br>Vikarin 5121   |
| <b>Retreat Star</b>                 | Kanya Rasi: 7.07<br>Routine Work Marana Yoga | Tithi 30 – 1<br>653213463  | <b>Gulika</b> 5:51AM – 7:20AM<br>Yama 1:17PM – 2:46PM<br><b>Rahu</b> 8:49AM – 10:18AM<br>Mahalaya Amavasai (Tamil Nadu) | <b>Uttaraphalguni</b> Until 10:24AM<br>Sukla Until 8:51AM<br>Kintughna Until 10:37PM<br>Amavasya* Until 12:28PM | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:51AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:45PM<br><b>Nataraja:</b> Clear<br>Moon – Red | Sun 14<br>Moon 9 - Phase 23<br>Amavasya<br><b>Devaloka Day</b><br>Bhadrapada-Puratasi |

|                                   |  |   |   |   |  |  |
|-----------------------------------|--|---|---|---|--|--|
| <b>Sunday, September 29, 2019</b> |  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   |   |  | Peoria, IL<br>Sutra 168<br>Vikarin 5121  |
| <b>Retreat Star</b>               | Kanya Rasi: 22.17<br>Creative Work Amrita Yoga<br>Until 7:39AM<br>Then Creative Work - Siddha Yoga | Tithi 1 – 2<br>663213463  | <b>Gulika</b> 2:45PM – 4:14PM<br>Yama 11:47AM – 1:16PM<br><b>Rahu</b> 4:14PM – 5:43PM<br>Navaratri Begins | <b>Hasta</b> Until 7:39AM<br>Indra Until 12:41AM Mon<br>Balava Until 7:04PM<br>Prathama* Until 8:47AM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:52AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:43PM<br><b>Nataraja:</b> Clear<br>Moon – Green | Sun 15<br>Moon 9 - Phase 23<br>Prathama<br><b>Devaloka Day</b><br>Ashvina-Puratasi |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

|                                   |           |   |                               |   |   |
|-----------------------------------|-----------|---|-------------------------------|---|---|
| <b>Monday, September 30, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trityayam Titau |                               | Sun 16  | Peoria, IL<br>Sutra 169<br>Vikarin 5121 |
| <b>1</b>                          |           | <b>Gulika</b> 1:16PM – 2:44PM   | <b>Svati</b> Until 2:45AM Tue | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:53AM |   |
| Tula Rasi: 7.15                   | Tithi 3   | Yama 10:18AM – 11:47AM  | Vaidhriti* Until 9:03PM       | <b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM       | Moon 9 - Phase 24                       |
| <b>Family Home Evening</b>        | 663213463 | <b>Rahu</b> 7:21AM – 8:50AM   | Taitila Until 3:54PM          | <b>Nataraja:</b> Clear                            | 3rd Phase                               |
| Creative Work Amrita Yoga         |           |   | Tritiya Until 2:30AM Tue      | Moon – Green                                      | <b>Devaloka Day</b>                     |
| Until 2:45AM Tue                  |           |   |                               | <b>Ashvina+Puratasi</b>                           |   |
| Then Routine Work - Marana Yoga   |           |   |                               |   |   |

|                                  |           |  |                                  |   |   |
|----------------------------------|-----------|--|----------------------------------|---|---|
| <b>Tuesday, October 1, 2019</b>  |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthiyam Titau |                                  | Sun 17  | Peoria, IL<br>Sutra 170<br>Vikarin 5121 |
| <b>2</b>                         |           | <b>Gulika</b> 11:47AM – 1:15PM   | <b>Vishakha</b> Until 1:23AM Wed | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:54AM |   |
| Tula Rasi: 21.52                 | Tithi 4   | Yama 8:50AM – 10:18AM  | Vishkambha* Until 5:54PM         | <b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM   | Moon 9 - Phase 24                       |
|                                  | 673213463 | <b>Rahu</b> 2:43PM – 4:12PM  | Vanija Until 1:17PM              | <b>Nataraja:</b> Clear                        | 3rd Phase                               |
| Routine Work Marana Yoga         |           |  | Chaturthi* Until 12:13AM Wed     | Moon – Orange                                 | <b>Devaloka Day</b>                     |
| Until 1:23AM Wed                 |           |  |                                  | <b>Ashvina+Puratasi</b>                       |   |
| Then Creative Work - Siddha Yoga |           |  |                                  |   |   |

|  |           |   |                                   |   |   |
|--|-----------|---|-----------------------------------|---|---|
| <b>Wednesday, October 2, 2019</b>      |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau |                                   | Sun 18  | Peoria, IL<br>Sutra 171<br>Vikarin 5121 |
| <b>3</b>                               |           | <b>Gulika</b> 10:18AM – 11:46AM   | <b>Anuradha</b> Until 12:38AM Thu | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:55AM |   |
| Vrischika Rasi: 6.01                   | Tithi 5   | Yama 7:23AM – 8:50AM  | Priti Until 3:22PM                | <b>Muruqa:</b> Purple <i>Sunset:</i> 5:38PM   | Moon 9 - Phase 24                       |
|  | 673213463 | <b>Rahu</b> 11:46AM – 1:14PM  | Bava Until 11:22AM                | <b>Nataraja:</b> Clear                        | 3rd Phase                               |
| Creative Work Siddha Yoga              |           |   | Panchami Until 10:42PM            | Moon – Orange                                 | <b>Devaloka Day</b>                     |
| Until 12:38AM Thu                      |           |   |                                   | <b>Ashvina+Puratasi</b>                       |   |
| Then Routine Work - Prabalarishta Yoga |           |   |                                   |   |   |

|                                  |           |   |                                    |   |   |
|----------------------------------|-----------|---|------------------------------------|---|---|
| <b>Thursday, October 3, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau |                                    | Sun 19  | Peoria, IL<br>Sutra 172<br>Vikarin 5121 |
| <b>4</b>                         |           | <b>Gulika</b> 8:51AM – 10:18AM  | <b>Jyeshtha*</b> Until 12:36AM Fri | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:56AM |   |
| Vrischika Rasi: 19.4             | Tithi 6   | Yama 5:56AM – 7:23AM  | Ayushman Until 1:29PM              | <b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM   | Moon 9 - Phase 24                       |
|                                  | 673213463 | <b>Rahu</b> 1:14PM – 2:41PM   | Kaulava Until 10:17AM              | <b>Nataraja:</b> Clear                        | 3rd Phase                               |
| Routine Work Prabalarishta Yoga  |           |   | Shashthi* Until 10:03PM            | Moon – Orange                                 | <b>Devaloka Day</b>                     |
| Until 12:36AM Fri                |           |   |                                    | <b>Ashvina+Puratasi</b>                       |   |
| Then Creative Work - Amrita Yoga |           |   |                                    |   |   |

|                                  |           |  |                               |  |   |
|----------------------------------|-----------|--|-------------------------------|--|---|
| <b>Friday, October 4, 2019</b>   |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau |                               | Sun 20                                       | Peoria, IL<br>Sutra 173<br>Vikarin 5121 |
| <b>5</b>                         |           | <b>Gulika</b> 7:24AM – 8:51AM  | <b>Mula*</b> Until 1:45AM Sat | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:57AM |   |
| Dhanus Rasi: 2.49                | Tithi 7   | Yama 2:40PM – 4:08PM   | Saubhagya Until 12:19PM       | <b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM  | Moon 9 - Phase 24                       |
|                                  | 683213463 | <b>Rahu</b> 10:18AM – 11:46AM  | Gara Until 10:06AM            | <b>Nataraja:</b> Clear                       | 3rd Phase                               |
| Creative Work Amrita Yoga        |           |  | Saptami Until 10:19PM         | Moon – Light Blue                            | <b>Sivaloka Day</b>                     |
| Until 1:45AM Sat                 |           |  |                               | <b>Ashvina+Puratasi</b>                      |   |
| Then Creative Work - Siddha Yoga |           |  |                               |  |   |

|                                  |           |  |                                      |  |   |
|----------------------------------|-----------|--|--------------------------------------|--|---|
| <b>Saturday, October 5, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau |                                      | Sun 21                                       | Peoria, IL<br>Sutra 174<br>Vikarin 5121 |
| <b>Retreat Star</b>              |           | <b>Gulika</b> 5:58AM – 7:25AM  | <b>Purvashadha*</b> Until 3:32AM Sun | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM |   |
| Dhanus Rasi: 15.32               | Tithi 8   | Yama 1:12PM – 2:39PM   | Sobhana Until 11:51AM                | <b>Muruqa:</b> Purple <i>Sunset:</i> 5:33PM  | Moon 9 - Phase 24                       |
|                                  | 683213463 | <b>Rahu</b> 8:52AM – 10:19AM   | Visti Until 10:47AM                  | <b>Nataraja:</b> Clear                       | Ashtami                                 |
| Creative Work Siddha Yoga        |           |  | Ashtami* Until 11:24PM               | Moon – Light Blue                            | <b>Sivaloka Day</b>                     |
| Until 3:32AM Sun                 |           |  |                                      | <b>Ashvina+Puratasi</b>                      |   |
| Then Creative Work - Amrita Yoga |           |  |                                      |  |   |

|                                |           |  |                                      |  |   |
|--------------------------------|-----------|--|--------------------------------------|--|---|
| <b>Sunday, October 6, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau |                                      | Sun 22                                       | Peoria, IL<br>Sutra 175<br>Vikarin 5121 |
| <b>Retreat Star</b>            |           | <b>Gulika</b> 2:38PM – 4:05PM  | <b>Uttarashadha</b> Until 5:46AM Mon | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:59AM |   |
| Dhanus Rasi: 27.55             | Tithi 9   | Yama 11:45AM – 1:12PM  | Athiganda* Until 11:55AM             | <b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM  | Moon 9 - Phase 24                       |
|                                | 683213463 | <b>Rahu</b> 4:05PM – 5:32PM  | Balava Until 12:14PM                 | <b>Nataraja:</b> Clear                       | Navami                                  |
| Creative Work Amrita Yoga      |           |  | Navami* Until 1:11AM Mon             | Moon – Light Blue                            | <b>Sivaloka Day</b>                     |
|                                |           | <b>Saraswathi Puja (Tamil Nadu)</b>  |                                      | <b>Ashvina+Puratasi</b>                      |   |

|                                  |           |  |                                  |                         |                        |   |
|----------------------------------|-----------|--|----------------------------------|-------------------------|------------------------|---|
| <b>Monday, October 7, 2019</b>   |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau |                                  |                         |                        | Peoria, IL<br>Sutra 176<br>Vikarin 5121 |
| <b>1</b>                         |           | <b>Gulika</b> 1:11PM – 2:38PM  | <b>Shravana Until 8:45AM Tue</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:00AM | Sun 23                                  |
| Makara Rasi: 10.01               | Tithi 10  | Yama 10:19AM – 11:45AM   | Sukarma Until 12:28PM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:30PM  | Moon 9 - Phase 25                       |
| <b>Family Home Evening</b>       | 693213463 | <b>Rahu</b> 7:26AM – 8:52AM  | Taitila Until 2:17PM             | <b>Nataraja:</b> Clear  |                        | 4th Phase                               |
| Creative Work Amrita Yoga        |           |  | <b>Dashami Until 3:25AM Tue</b>  | Moon – Purple           |                        | <b>Devaloka Day</b>                     |
| Until 8:45AM Tue                 |           |  |                                  | <b>Ashvina+Puratasi</b> |                        |   |
| Then Creative Work - Siddha Yoga |           |  |                                  |                         |                        |   |

|                                  |           |   |                                  |                         |                        |   |
|----------------------------------|-----------|---|----------------------------------|-------------------------|------------------------|---|
| <b>Tuesday, October 8, 2019</b>  |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau |                                  |                         |                        | Peoria, IL<br>Sutra 177<br>Vikarin 5121 |
| <b>2</b>                         |           | <b>Gulika</b> 11:45AM – 1:11PM  | <b>Shravana Until 8:45AM</b>     | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:01AM | Sun 24                                  |
| Makara Rasi: 21.58               | Tithi 11  | Yama 8:53AM – 10:19AM   | Dhriti Until 1:18PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:29PM  | Moon 9 - Phase 25                       |
| <b>Creative Work Siddha Yoga</b> | 693213464 | <b>Rahu</b> 2:37PM – 4:03PM   | Vanija Until 4:40PM              | <b>Nataraja:</b> Purple |                        | 4th Phase                               |
|                                  |           |   | <b>Ekadashi Until 5:55AM Wed</b> | Moon – Purple           |                        | <b>Sivaloka Day</b>                     |
|                                  |           | <b>Vijaya Dasami</b>  |                                  | <b>Ashvina+Puratasi</b> |                        |   |

|  |           |  |                                  |                         |                        |   |
|--|-----------|--|----------------------------------|-------------------------|------------------------|---|
| <b>Wednesday, October 9, 2019</b>      |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava Karana Dvadashyam Titau |                                  |                         |                        | Peoria, IL<br>Sutra 178<br>Vikarin 5121 |
| <b>3</b>                               |           | <b>Gulika</b> 10:19AM – 11:44AM  | <b>Dhanishtha Until 11:46AM</b>  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:02AM | Sun 25                                  |
| Kumbha Rasi: 3.49                      | Tithi 12  | Yama 7:27AM – 8:53AM   | Shula* Until 2:13PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:27PM  | Moon 9 - Phase 25                       |
| <b>Routine Work Prabalarishta Yoga</b> | 693213464 | <b>Rahu</b> 11:44AM – 1:10PM   | Bava Until 7:13PM                | <b>Nataraja:</b> Purple |                        | 4th Phase                               |
| Until 11:46AM                          |           |  | <b>Dvadashi Until 8:27AM Thu</b> | Moon – Purple           |                        | <b>Sivaloka Day</b>                     |
| Then Creative Work - Siddha Yoga       |           | <b>Kadaitswami Mahasamadhi</b>   |                                  | <b>Ashvina+Puratasi</b> |                        |   |

|                                   |               |   |                                  |                         |                        |   |
|-----------------------------------|---------------|---|----------------------------------|-------------------------|------------------------|---|
| <b>Thursday, October 10, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                  |                         |                        | Peoria, IL<br>Sutra 179<br>Vikarin 5121 |
| <b>4</b>                          |               | <b>Gulika</b> 8:53AM – 10:19AM  | <b>Shatabhishak Until 2:36PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:03AM | Sun 26                                  |
| Kumbha Rasi: 15.39                | Tithi 12 – 13 | Yama 6:03AM – 7:28AM  | Ganda* Until 3:09PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:25PM  | Moon 9 - Phase 25                       |
| <b>Creative Work Siddha Yoga</b>  | 693213464     | <b>Rahu</b> 1:09PM – 2:35PM   | Kaulava Until 9:43PM             | <b>Nataraja:</b> Purple |                        | 4th Phase                               |
|                                   |               |   | <b>Dvadashi Until 8:27AM</b>     | Moon – Purple           |                        | <b>Sivaloka Day</b>                     |
|                                   |               |   |                                  | <b>Ashvina+Puratasi</b> |                        |   |
|                                   |               |   |                                  | <i>Pradosha Vrata</i>   |                        |   |

|                                  |               |  |                                       |                         |                        |   |
|----------------------------------|---------------|--|---------------------------------------|-------------------------|------------------------|---|
| <b>Friday, October 11, 2019</b>  |               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                       |                         |                        | Peoria, IL<br>Sutra 180<br>Vikarin 5121 |
| <b>5</b>                         |               | <b>Gulika</b> 7:29AM – 8:54AM  | <b>Purvaproshtapada* Until 5:40PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:04AM | Sun 27                                  |
| Kumbha Rasi: 27.31               | Tithi 13 – 14 | Yama 2:34PM – 3:59PM   | Vridhi Until 4:00PM                   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:24PM  | Moon 9 - Phase 25                       |
| <b>Creative Work Siddha Yoga</b> | 613213464     | <b>Rahu</b> 10:19AM – 11:44AM  | Gara Until 12:04AM Sat                | <b>Nataraja:</b> Purple |                        | 4th Phase                               |
|                                  |               |  | <b>Trayodashi Until 10:53AM</b>       | Moon – Clear            |                        | <b>Sivaloka Day</b>                     |
|                                  |               | <b>Chidambaram Abhishekam</b>  |                                       | <b>Ashvina+Puratasi</b> |                        |   |

|  |                            |  |                                       |                         |                        |   |
|--|----------------------------|--|---------------------------------------|-------------------------|------------------------|---|
| <b>Saturday, October 12, 2019</b>      |                            | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                       |                         |                        | Peoria, IL<br>Sutra 181<br>Vikarin 5121 |
| <b>○</b>                               | <b>Copper Retreat Star</b> | <b>Gulika</b> 6:05AM – 7:30AM  | <b>Uttaraproshtapada Until 8:21PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:05AM | Sun 28                                  |
| Meena Rasi: 9.28                       | Tithi 14 – 15              | Yama 1:08PM – 2:33PM   | Dhruva Until 4:40PM                   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:22PM  | Moon 9 - Phase 25                       |
| <b>Creative Work Siddha Yoga</b>       | 613213464                  | <b>Rahu</b> 8:54AM – 10:19AM   | Visti Until 2:11AM Sun                | <b>Nataraja:</b> Purple |                        | Purnima                                 |
| Until 8:21PM                           |                            |  | <b>Chaturdashi* Until 1:08PM</b>      | Moon – Clear            |                        | <b>Sivaloka Day</b>                     |
| Then Routine Work - Prabalarishta Yoga |                            |  |                                       | <b>Ashvina+Puratasi</b> |                        |   |

|                                  |                            |  |                              |                         |                        |   |
|----------------------------------|----------------------------|--|------------------------------|-------------------------|------------------------|---|
| <b>Sunday, October 13, 2019</b>  |                            | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                              |                         |                        | Peoria, IL<br>Sutra 182<br>Vikarin 5121 |
| <b>○</b>                         | <b>Silver Retreat Star</b> | <b>Gulika</b> 2:32PM – 3:56PM  | <b>Revati Until 10:38PM</b>  | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:06AM | Sun 29                                  |
| Meena Rasi: 21.3                 | Tithi 15 – 16              | Yama 11:43AM – 1:08PM  | Vyaghata* Until 5:08PM       | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:21PM  | Moon 9 - Phase 25                       |
| <b>Creative Work Amrita Yoga</b> | 614213464                  | <b>Rahu</b> 3:56PM – 5:21PM  | Balava Until 4:02AM Mon      | <b>Nataraja:</b> Purple |                        | Prathama                                |
| Until 10:38PM                    |                            |  | <b>Purnima* Until 3:07PM</b> | Moon – Clear            |                        | <b>Subha Sivaloka Day</b>               |
| Then Creative Work - Siddha Yoga |                            |  |                              | <b>Ashvina+Puratasi</b> |                        |   |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.39      Tithi 16 – 17

Family Home Evening      624213464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 1:07PM – 2:31PM  
**Yama** 10:19AM – 11:43AM  
**Rahu** 7:31AM – 8:55AM

**Ashvini Until 12:57AM Tue**  
Harshana Until 5:25PM  
Taitila Until 5:35AM Tue  
Prathama\* Until 4:50PM

**Ganesha:** White      *Sunrise:* 6:07AM  
**Muruqa:** Purple      *Sunset:* 5:19PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Peoria, IL  
Sutra 183  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.55      Tithi 17

624213464

Creative Work      Siddha Yoga

Until 2:48AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara Karana Dvitiyayam Titau

**Gulika** 11:43AM – 1:07PM  
**Yama** 8:55AM – 10:19AM  
**Rahu** 2:30PM – 3:54PM

**Bharani Until 2:48AM Wed**  
Vajra\* Until 5:25PM  
Gara Until 6:13PM  
Dvitiya Until 6:13PM

**Ganesha:** White      *Sunrise:* 6:08AM  
**Muruqa:** Purple      *Sunset:* 5:18PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Sun 1  
Sutra 184  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 28.19      Tithi 18

624213464

Creative Work      Amrita Yoga

Until 4:09AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 10:19AM – 11:43AM  
**Yama** 7:32AM – 8:56AM  
**Rahu** 11:43AM – 1:06PM

**Krittika Until 4:09AM Thu**  
Siddhi Until 5:11PM  
Vanija Until 6:49AM  
Tritiya Until 7:17PM

**Ganesha:** White      *Sunrise:* 6:09AM  
**Muruqa:** Purple      *Sunset:* 5:16PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Sun 2  
Sutra 185  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Thursday, October 17, 2019

3

Wrishabha Rasi: 10.53      Tithi 19

634313464

Routine Work      Marana Yoga

Until 5:27AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 8:56AM – 10:19AM  
**Yama** 6:10AM – 7:33AM  
**Rahu** 1:06PM – 2:29PM

**Rohini Until 5:27AM Fri**  
Vyatipata\* Until 4:40PM  
Bava Until 7:42AM  
Chaturthi\* Until 7:58PM

**Ganesha:** White      *Sunrise:* 6:10AM  
**Muruqa:** Purple      *Sunset:* 5:15PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Sun 3  
Sutra 186  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Friday, October 18, 2019

4

Wrishabha Rasi: 23.37      Tithi 20

634313464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 7:34AM – 8:57AM  
**Yama** 2:28PM – 3:51PM  
**Rahu** 10:20AM – 11:42AM

**Mrigashira Until 6:09AM Sat**  
Variyan Until 3:49PM  
Kaulava Until 8:11AM  
Panchami Until 8:14PM

**Ganesha:** White      *Sunrise:* 6:11AM  
**Muruqa:** Purple      *Sunset:* 5:13PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Sun 4  
Sutra 187  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.34      Tithi 21

634313464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:12AM – 7:35AM  
**Yama** 1:05PM – 2:27PM  
**Rahu** 8:57AM – 10:20AM

**Mrigashira Until 6:09AM**  
Parigha\* Until 2:36PM  
Gara Until 8:13AM  
Shashthi\* Until 8:01PM

**Ganesha:** White      *Sunrise:* 6:12AM  
**Muruqa:** Purple      *Sunset:* 5:12PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Sun 5  
Sutra 188  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.47      Tithi 22

634313464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 2:26PM – 3:48PM  
**Yama** 11:42AM – 1:04PM  
**Rahu** 3:48PM – 5:10PM

**Ardra Until 6:12AM**  
Shiva Until 12:59PM  
Visti Until 7:44AM  
Saptami Until 7:15PM

**Ganesha:** White      *Sunrise:* 6:13AM  
**Muruqa:** Purple      *Sunset:* 5:10PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Sun 6  
Sutra 189  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 3.19      Tithi 23 – 24

Family Home Evening      644313464

Creative Work      Amrita Yoga

Until 6:01AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:04PM – 2:25PM  
**Yama** 10:20AM – 11:42AM  
**Rahu** 7:36AM – 8:58AM

**Punarvasu Until 6:01AM**  
Siddha Until 10:54AM  
Balava Until 6:41AM  
Ashtami\* Until 5:56PM

**Ganesha:** Clear      *Sunrise:* 6:15AM  
**Muruqa:** Purple      *Sunset:* 5:09PM  
**Nataraja:** Purple  
Moon – Blue      Subha Sivaloka Day  
**Ashvina•Aipasi**

Sun 7  
Sutra 190  
Vikarin 5121  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 17.1      Tithi 24 – 25

644313464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 11:42AM – 1:03PM  
**Yama** 8:59AM – 10:20AM  
**Rahu** 2:25PM – 3:46PM

**Ashlesha\* Until 3:32AM Wed**  
Sadhya Until 8:21AM  
Vanija Until 2:55AM Wed  
Navami\* Until 4:02PM

**Ganesha:** Clear      *Sunrise:* 6:16AM  
**Muruqa:** Purple      *Sunset:* 5:08PM  
**Nataraja:** Purple  
Moon – Blue      Subha Sivaloka Day  
**Ashvina•Aipasi**

Sun 8  
Sutra 191  
Vikarin 5121  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                  |               |                                    |                   |   |                         |                        |                     |   |
|------------------|---------------|------------------------------------|-------------------|---|-------------------------|------------------------|---------------------|---|
| <b>1</b>         |               | <b>Wednesday, October 23, 2019</b> |                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                         | Sun 9                  |                     | Peoria, IL<br>Sutra 192<br>Vikarin 5121 |
| Simha Rasi: 1.23 | Tithi 25 – 26 | <b>Gulika</b>                      | 10:20AM – 11:41AM | <b>Magha* Until 1:45AM Thu</b>  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:17AM |                     |   |
|                  |               | Yama                               | 7:38AM – 8:59AM   | Sukla Until 2:02AM Thu  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:06PM  | Moon 10 - Phase 27  |   |
|                  |               | 654313464 <b>Rahu</b>              | 11:41AM – 1:03PM  | Bava Until 12:16AM Thu  | <b>Nataraja:</b> Purple |                        | 2nd Phase           |   |
| Creative Work    | Siddha Yoga   |                                    |                   | <b>Dashami Until 1:38PM</b>   | Moon – Red              |                        | <b>Sivaloka Day</b> |   |
|                  |               |                                    |                   |   | <b>Ashvina-Aipasi</b>   |                        |                     |   |

|                   |               |                                   |                  |  |                         |                        |                     |   |
|-------------------|---------------|-----------------------------------|------------------|--|-------------------------|------------------------|---------------------|---|
| <b>2</b>          |               | <b>Thursday, October 24, 2019</b> |                  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |                         | Sun 10                 |                     | Peoria, IL<br>Sutra 193<br>Vikarin 5121 |
| Simha Rasi: 15.55 | Tithi 26 – 27 | <b>Gulika</b>                     | 9:00AM – 10:20AM | <b>Purvaphalguni Until 11:27PM</b>   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:18AM |                     |   |
|                   |               | Yama                              | 6:18AM – 7:39AM  | Brahma Until 10:22PM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:05PM  | Moon 10 - Phase 27  |   |
|                   |               | 654313464 <b>Rahu</b>             | 1:02PM – 2:23PM  | Kaulava Until 9:15PM   | <b>Nataraja:</b> Purple |                        | 2nd Phase           |   |
| Creative Work     | Siddha Yoga   |                                   |                  | <b>Ekadashi* Until 10:47AM</b>   | Moon – Red              |                        | <b>Sivaloka Day</b> |   |
|                   |               |                                   |                  |  | <b>Ashvina-Aipasi</b>   |                        |                     |   |

|                                  |               |                                 |                   |   |                                 |                        |                           |   |
|----------------------------------|---------------|---------------------------------|-------------------|---|---------------------------------|------------------------|---------------------------|---|
| <b>3</b>                         |               | <b>Friday, October 25, 2019</b> |                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Indra Yoga Taitila/Vanija Karana Dvodashi/Trayodashyam Titau |                                 | Sun 11                 |                           | Peoria, IL<br>Sutra 194<br>Vikarin 5121 |
| Kanya Rasi: 0.42                 | Tithi 27 – 28 | <b>Gulika</b>                   | 7:40AM – 9:00AM   | <b>Uttaraphalguni Until 8:48PM</b>  | <b>Ganesha:</b> Clear           | <i>Sunrise:</i> 6:19AM |                           |   |
|                                  |               | Yama                            | 2:22PM – 3:43PM   | Indra Until 6:31PM  | <b>Muruqa:</b> Purple           | <i>Sunset:</i> 5:03PM  | Moon 10 - Phase 27        |   |
|                                  |               | 655313464 <b>Rahu</b>           | 10:21AM – 11:41AM | Vanija Until 4:17AM Sat   | <b>Nataraja:</b> Purple         |                        | 2nd Phase                 |   |
| Creative Work                    | Siddha Yoga   |                                 |                   | <b>Dvodashi* Until 7:38AM</b>   | Moon – Red                      |                        | <b>Subha Sivaloka Day</b> |   |
| Until 8:48PM                     |               |                                 |                   |   | <b>Ashvina-Aipasi</b>           |                        |                           |   |
| Then Creative Work - Amrita Yoga |               |                                 |                   |   | <i>Pradosha Vrata (Fasting)</i> |                        |                           |   |

|                   |             |                                   |                  |   |                         |                        |                           |   |
|-------------------|-------------|-----------------------------------|------------------|---|-------------------------|------------------------|---------------------------|---|
| <b>4</b>          |             | <b>Saturday, October 26, 2019</b> |                  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                         | Sun 12                 |                           | Peoria, IL<br>Sutra 195<br>Vikarin 5121 |
| Kanya Rasi: 15.38 | Tithi 29    | <b>Gulika</b>                     | 6:20AM – 7:40AM  | <b>Hasta Until 6:19PM</b>   | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:20AM |                           |   |
|                   |             | Yama                              | 1:01PM – 2:22PM  | Vaidhriti* Until 2:34PM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:02PM  | Moon 10 - Phase 27        |   |
|                   |             | 665313464 <b>Rahu</b>             | 9:01AM – 10:21AM | Visti Until 2:37PM  | <b>Nataraja:</b> Purple |                        | 2nd Phase                 |   |
| Routine Work      | Marana Yoga |                                   |                  | <b>Chaturdashi* Until 12:55AM Sun</b>   | Moon – Green            |                        | <b>Subha Sivaloka Day</b> |   |
|                   |             |                                   |                  |   | <b>Ashvina-Aipasi</b>   |                        |                           |   |
|                   |             |                                   |                  |   |                         |                        |                           |   |

|                     |             |                                 |                  |   |                         |                        |                           |   |
|---------------------|-------------|---------------------------------|------------------|---|-------------------------|------------------------|---------------------------|---|
| <b>●</b>            |             | <b>Sunday, October 27, 2019</b> |                  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                         | Sun 13                 |                           | Peoria, IL<br>Sutra 196<br>Vikarin 5121 |
| <b>Retreat Star</b> |             | <b>Gulika</b>                   | 2:21PM – 3:41PM  | <b>Chitra Until 3:48PM</b>  | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:21AM |                           |   |
| Tula Rasi: 0.35     | Tithi 30    | Yama                            | 11:41AM – 1:01PM | Vishkambha* Until 10:40AM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:01PM  | Moon 10 - Phase 27        |   |
|                     |             | 665313464 <b>Rahu</b>           | 3:41PM – 5:01PM  | Catuspada Until 11:18AM   | <b>Nataraja:</b> Purple |                        | Amavasya                  |   |
| Creative Work       | Siddha Yoga |                                 |                  | <b>Amavasya* Until 9:42PM</b>   | Moon – Green            |                        | <b>Subha Sivaloka Day</b> |   |
|                     |             |                                 |                  |   | <b>Ashvina-Aipasi</b>   |                        |                           |   |
|                     |             |                                 |                  |   |                         |                        |                           |   |

|                                 |             |                       |                   |  |                         |                        |                           |   |
|---------------------------------|-------------|-----------------------|-------------------|--|-------------------------|------------------------|---------------------------|---|
| <b>Monday, October 28, 2019</b> |             | <b>Retreat Star</b>   |                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau |                         | Sun 14                 |                           | Peoria, IL<br>Sutra 197<br>Vikarin 5121 |
| Tula Rasi: 15.23                | Tithi 1     | <b>Gulika</b>         | 1:01PM – 2:20PM   | <b>Svati Until 1:24PM</b>  | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:22AM |                           |   |
| <b>Family Home Evening</b>      |             | Yama                  | 10:21AM – 11:41AM | Priti Until 6:57AM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:59PM  | Moon 10 - Phase 27        |   |
| Creative Work                   | Amrita Yoga | 665313464 <b>Rahu</b> | 7:42AM – 9:02AM   | Kintughna Until 8:12AM   | <b>Nataraja:</b> Purple |                        | Prathama                  |   |
| Until 1:24PM                    |             |                       |                   | <b>Prathama* Until 6:47PM</b>  | Moon – Green            |                        | <b>Subha Sivaloka Day</b> |   |
| Then Routine Work - Marana Yoga |             |                       |                   |  | <b>Kartika-Aipasi</b>   |                        |                           |   |
|                                 |             |                       |                   |  |                         |                        |                           |   |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

|                                  |             |                                       |                               |  |                        |        |                           |   |
|----------------------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|--------|---------------------------|---|
| <b>1</b>                         |             | <b>Tuesday, October 29, 2019</b>      |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        |        |                           | Peoria, IL<br>Sutra 198<br>Vikarin 5121 |
| Tula Rasi: 29.55                 | Tithi 2 – 3 | <b>Gulika</b> 11:41AM – 1:00PM        | <b>Vishakha</b> Until 11:42AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:24AM | Sun 15 | Moon 10 - Phase 28        | 3rd Phase                               |
|                                  |             | Yama 9:02AM – 10:22AM                 | Saubhagya Until 12:34AM Wed   | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:58PM  |        |                           |   |
|                                  |             | 675313464 <b>Rahu</b> 2:20PM – 3:39PM | Taitila Until 3:22AM Wed      | <b>Nataraja:</b> Purple  |                        |        |                           |   |
| Routine Work                     | Marana Yoga |                                       | <b>Dvitiya</b> Until 4:21PM   | Moon – Orange  |                        |        | <b>Subha Sivaloka Day</b> |   |
| Until 11:42AM                    |             |                                       |                               | <b>Kartika•Aipasi</b>  |                        |        |                           |   |
| Then Creative Work - Siddha Yoga |             |                                       |                               |  |                        |        |                           |   |

|                      |             |  |                               |   |                        |        |                           |   |
|----------------------|-------------|--|-------------------------------|---|------------------------|--------|---------------------------|---|
| <b>2</b>             |             | <b>Wednesday, October 30, 2019</b>     |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                        |        |                           | Peoria, IL<br>Sutra 199<br>Vikarin 5121 |
| Vischika Rasi: 14.04 | Tithi 3 – 4 | <b>Gulika</b> 10:22AM – 11:41AM        | <b>Anuradha</b> Until 10:29AM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:25AM | Sun 16 | Moon 10 - Phase 28        | 3rd Phase                               |
|                      |             | Yama 7:44AM – 9:03AM                   | Sobhana Until 10:11PM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:57PM  |        |                           |   |
|                      |             | 675313464 <b>Rahu</b> 11:41AM – 1:00PM | Vanija Until 1:57AM Thu       | <b>Nataraja:</b> Purple   |                        |        |                           |   |
| Creative Work        | Siddha Yoga |  | <b>Tritiya</b> Until 2:33PM   | Moon – Orange   |                        |        | <b>Subha Sivaloka Day</b> |   |
|                      |             |  |                               | <b>Kartika•Aipasi</b>   |                        |        |                           |   |

|                                  |                    |  |                                |  |                        |        |                           |   |
|----------------------------------|--------------------|--|--------------------------------|--|------------------------|--------|---------------------------|---|
| <b>3</b>                         |                    | <b>Thursday, October 31, 2019</b>      |                                | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        |        |                           | Peoria, IL<br>Sutra 200<br>Vikarin 5121 |
| Vischika Rasi: 27.45             | Tithi 4 – 5        | <b>Gulika</b> 9:03AM – 10:22AM         | <b>Jyeshtha*</b> Until 9:51AM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:26AM | Sun 17 | Moon 10 - Phase 28        | 3rd Phase                               |
|                                  |                    | Yama 6:26AM – 7:45AM                   | Athiganda* Until 8:24PM        | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:56PM  |        |                           |   |
|                                  |                    | 675313464 <b>Rahu</b> 12:59PM – 2:18PM | Bava Until 1:21AM Fri          | <b>Nataraja:</b> Purple  |                        |        |                           |   |
| Routine Work                     | Prabalarishta Yoga |  | <b>Chaturthi*</b> Until 1:31PM | Moon – Orange  |                        |        | <b>Subha Sivaloka Day</b> |   |
| Until 9:51AM                     |                    |  |                                | <b>Kartika•Aipasi</b>  |                        |        |                           |   |
| Then Creative Work - Siddha Yoga |                    |  |                                |  |                        |        |                           |   |

|  |             |   |                              |   |                        |        |                                 |   |
|--|-------------|---|------------------------------|---|------------------------|--------|---------------------------------|---|
| <b>4</b>                               |             | <b>Friday, November 1, 2019</b>         |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        |        |                                 | Peoria, IL<br>Sutra 201<br>Vikarin 5121 |
| Dhanus Rasi: 10.59                     | Tithi 5 – 6 | <b>Gulika</b> 7:45AM – 9:04AM           | <b>Mula*</b> Until 10:20AM   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:27AM | Sun 18 | Moon 10 - Phase 28              | 3rd Phase                               |
|  |             | Yama 2:18PM – 3:36PM                    | Sukarma Until 7:18PM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:54PM  |        |                                 |   |
|  |             | 685313464 <b>Rahu</b> 10:22AM – 11:41AM | Kaulava Until 1:37AM Sat     | <b>Nataraja:</b> Purple   |                        |        |                                 |   |
| Creative Work                          | Amrita Yoga |   | <b>Panchami</b> Until 1:21PM | Moon – Light Blue   |                        |        | <b>Subha Subha Sivaloka Day</b> |   |
| Until 10:20AM                          |             | <b>Skanda Shasthi</b>                   |                              | <b>Kartika•Aipasi</b>   |                        |        |                                 |   |
| Then Routine Work - Prabalarishta Yoga |             |   |                              |   |                        |        |                                 |   |

|                                 |             |  |                                   |  |                        |        |                                 |   |
|---------------------------------|-------------|--|-----------------------------------|--|------------------------|--------|---------------------------------|---|
| <b>5</b>                        |             | <b>Saturday, November 2, 2019</b>      |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        |        |                                 | Peoria, IL<br>Sutra 202<br>Vikarin 5121 |
| Dhanus Rasi: 23.46              | Tithi 6 – 7 | <b>Gulika</b> 6:28AM – 7:46AM          | <b>Purvashadha*</b> Until 11:31AM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:28AM | Sun 19 | Moon 10 - Phase 28              | 3rd Phase                               |
|                                 |             | Yama 12:59PM – 2:17PM                  | Dhriti Until 6:53PM               | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:53PM  |        |                                 |   |
|                                 |             | 685313464 <b>Rahu</b> 9:04AM – 10:23AM | Gara Until 2:42AM Sun             | <b>Nataraja:</b> Purple  |                        |        |                                 |   |
| Creative Work                   | Siddha Yoga |  | <b>Shashthi*</b> Until 2:02PM     | Moon – Light Blue  |                        |        | <b>Subha Subha Sivaloka Day</b> |   |
| Until 11:31AM                   |             |  |                                   | <b>Kartika•Aipasi</b>  |                        |        |                                 |   |
| Then Routine Work - Marana Yoga |             |  |                                   |  |                        |        |                                 |   |

|                   |             |                                       |                                  |  |                        |        |                           |   |
|-------------------|-------------|---------------------------------------|----------------------------------|--|------------------------|--------|---------------------------|---|
| <b>6</b>          |             | <b>Sunday, November 3, 2019</b>       |                                  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        |        |                           | Peoria, IL<br>Sutra 203<br>Vikarin 5121 |
| Makara Rasi: 6.12 | Tithi 7 – 8 | <b>Gulika</b> 2:16PM – 3:34PM         | <b>Uttarashadha</b> Until 1:16PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:29AM | Sun 20 | Moon 10 - Phase 28        | 3rd Phase                               |
|                   |             | Yama 11:41AM – 12:59PM                | Shula* Until 6:59PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:52PM  |        |                           |   |
|                   |             | 686313464 <b>Rahu</b> 3:34PM – 4:52PM | Visti Until 4:29AM Mon           | <b>Nataraja:</b> Purple  |                        |        |                           |   |
| Creative Work     | Amrita Yoga |                                       | <b>Saptami</b> Until 3:30PM      | Moon – Light Blue  |                        |        | <b>Subha Sivaloka Day</b> |   |
|                   |             |                                       |                                  | <b>Kartika•Aipasi</b>  |                        |        |                           |   |

|                                  |             |                                       |                              |  |                        |        |                     |   |
|----------------------------------|-------------|---------------------------------------|------------------------------|--|------------------------|--------|---------------------|---|
| <b>Retreat Star</b>              |             | <b>Monday, November 4, 2019</b>       |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        |        |                     | Peoria, IL<br>Sutra 204<br>Vikarin 5121 |
| Makara Rasi: 18.2                | Tithi 8 – 9 | <b>Gulika</b> 12:58PM – 2:16PM        | <b>Shravana</b> Until 3:57PM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:30AM | Sun 21 | Moon 10 - Phase 28  | Ashtami                                 |
| <b>Family Home Evening</b>       |             | Yama 10:23AM – 11:41AM                | Ganda* Until 7:32PM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:51PM  |        |                     |   |
|                                  |             | 696313464 <b>Rahu</b> 7:48AM – 9:06AM | Balava Until 6:45AM Tue      | <b>Nataraja:</b> Purple  |                        |        |                     |   |
| Creative Work                    | Amrita Yoga |                                       | <b>Ashtami*</b> Until 5:33PM | Moon – Purple  |                        |        | <b>Sivaloka Day</b> |   |
| Until 3:57PM                     |             |                                       |                              | <b>Kartika•Aipasi</b>  |                        |        |                     |   |
| Then Creative Work - Siddha Yoga |             |                                       |                              |  |                        |        |                     |   |

|                                 |             |                                       |                                |  |                        |        |                     |   |
|---------------------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|--------|---------------------|---|
| <b>Retreat Star</b>             |             | <b>Tuesday, November 5, 2019</b>      |                                | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau |                        |        |                     | Peoria, IL<br>Sutra 205<br>Vikarin 5121 |
| Kumbha Rasi: 0.19               | Tithi 9     | <b>Gulika</b> 11:41AM – 12:58PM       | <b>Dhanishtha</b> Until 6:49PM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:32AM | Sun 22 | Moon 10 - Phase 28  | Navami                                  |
|                                 |             | Yama 9:06AM – 10:23AM                 | Vriddhi Until 8:21PM           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:50PM  |        |                     |   |
|                                 |             | 696313464 <b>Rahu</b> 2:15PM – 3:33PM | Balava Until 6:45AM            | <b>Nataraja:</b> Purple  |                        |        |                     |   |
| Creative Work                   | Siddha Yoga |                                       | <b>Navami*</b> Until 7:58PM    | Moon – Purple  |                        |        | <b>Sivaloka Day</b> |   |
| Until 6:49PM                    |             |                                       |                                | <b>Kartika•Aipasi</b>  |                        |        |                     |   |
| Then Routine Work - Marana Yoga |             |                                       |                                |  |                        |        |                     |   |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


|                                  |                                    |          |  |                                  |                         |                        |   |
|----------------------------------|------------------------------------|----------|--|----------------------------------|-------------------------|------------------------|---|
| <b>1</b>                         | <b>Wednesday, November 6, 2019</b> |          | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau |                                  |                         |                        | Peoria, IL<br>Sutra 206<br>Vikarin 5121 |
|                                  | Kumbha Rasi: 12.11                 | Tithi 10 | <b>Gulika</b> 10:24AM – 11:41AM  | <b>Shatabhishak</b> Until 9:39PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:33AM | Sun 23                                  |
|                                  |                                    |          | Yama 7:50AM – 9:07AM   | Dhruva Until 9:14PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:49PM  | Moon 10 - Phase 29                      |
|                                  | 696313464                          |          | <b>Rahu</b> 11:41AM – 12:58PM  | Taitila Until 9:16AM             | <b>Nataraja:</b> Purple |                        | 4th Phase                               |
| Creative Work Siddha Yoga        |                                    |          |  | Moon – Purple                    |                         | <b>Sivaloka Day</b>    |   |
| Until 9:39PM                     |                                    |          |  | <b>Kartika•Aipasi</b>            |                         |                        |   |
| Then Creative Work - Amrita Yoga |                                    |          |  |                                  |                         |                        |   |


|                                  |                                   |          |   |  |                         |                           |   |
|----------------------------------|-----------------------------------|----------|---|--|-------------------------|---------------------------|---|
| <b>2</b>                         | <b>Thursday, November 7, 2019</b> |          | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau |  |                         |                           | Peoria, IL<br>Sutra 207<br>Vikarin 5121 |
|                                  | Kumbha Rasi: 24.02                | Tithi 11 | <b>Gulika</b> 9:07AM – 10:24AM  | <b>Purvaproshtapada*</b> Until 12:44AM Fri | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:34AM    | Sun 24                                  |
|                                  |                                   |          | Yama 6:34AM – 7:51AM  | Vyaghata* Until 10:04PM                    | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:48PM     | Moon 10 - Phase 29                      |
|                                  | 716313464                         |          | <b>Rahu</b> 12:58PM – 2:14PM  | Vanija Until 11:47AM                       | <b>Nataraja:</b> Purple |                           | 4th Phase                               |
| Creative Work Siddha Yoga        |                                   |          |   | Moon – Clear                               |                         | <b>Subha Sivaloka Day</b> |   |
| Until 9:39PM                     |                                   |          |   | <b>Kartika•Aipasi</b>                      |                         |                           |   |
| Then Creative Work - Amrita Yoga |                                   |          |   |  |                         |                           |   |

|  |                                 |          |   |   |                         |                           |   |
|--|---------------------------------|----------|---|---|-------------------------|---------------------------|---|
| <b>3</b>                               | <b>Friday, November 8, 2019</b> |          | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau |   |                         |                           | Peoria, IL<br>Sutra 208<br>Vikarin 5121 |
|  | Meena Rasi: 5.56                | Tithi 12 | <b>Gulika</b> 7:52AM – 9:08AM   | <b>Uttaraproshtapada</b> Until 3:25AM Sat | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:35AM    | Sun 25                                  |
|  |                                 |          | Yama 2:14PM – 3:30PM  | Harshana Until 10:44PM                    | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:47PM     | Moon 10 - Phase 29                      |
|  | 716313464                       |          | <b>Rahu</b> 10:24AM – 11:41AM   | Bava Until 2:08PM                         | <b>Nataraja:</b> Purple |                           | 4th Phase                               |
| Creative Work Siddha Yoga              |                                 |          |   | Moon – Clear                              |                         | <b>Subha Sivaloka Day</b> |   |
| Until 3:25AM Sat                       |                                 |          |   | <b>Kartika•Aipasi</b>                     |                         |                           |   |
| Then Routine Work - Prabalarishta Yoga |                                 |          |   |   |                         |                           |   |

|                                  |                                   |          |  |                                |                         |                           |   |
|----------------------------------|-----------------------------------|----------|--|--------------------------------|-------------------------|---------------------------|---|
| <b>4</b>                         | <b>Saturday, November 9, 2019</b> |          | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                |                         |                           | Peoria, IL<br>Sutra 209<br>Vikarin 5121 |
|                                  | Meena Rasi: 17.57                 | Tithi 13 | <b>Gulika</b> 6:36AM – 7:52AM  | <b>Revati</b> Until 5:37AM Sun | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:36AM    | Sun 26                                  |
|                                  |                                   |          | Yama 12:57PM – 2:13PM  | Vajra* Until 11:08PM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:46PM     | Moon 10 - Phase 29                      |
|                                  | 716313464                         |          | <b>Rahu</b> 9:09AM – 10:25AM   | Kaulava Until 4:12PM           | <b>Nataraja:</b> Purple |                           | 4th Phase                               |
| Routine Work Prabalarishta Yoga  |                                   |          |  | Moon – Clear                   |                         | <b>Subha Sivaloka Day</b> |   |
| Until 5:37AM Sun                 |                                   |          |  | <b>Kartika•Aipasi</b>          |                         |                           |   |
| Then Creative Work - Siddha Yoga |                                   |          |  | <i>Pradosha Vrata</i>          |                         |                           |   |

|                                  |                                  |          |  |                                 |                         |                        |   |
|----------------------------------|----------------------------------|----------|--|---------------------------------|-------------------------|------------------------|---|
| <b>5</b>                         | <b>Sunday, November 10, 2019</b> |          | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau |                                 |                         |                        | Peoria, IL<br>Sutra 210<br>Vikarin 5121 |
|                                  | Mesha Rasi: 0.06                 | Tithi 14 | <b>Gulika</b> 2:13PM – 3:29PM  | <b>Ashvini</b> Until 7:45AM Mon | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:37AM | Sun 27                                  |
|                                  |                                  |          | Yama 11:41AM – 12:57PM   | Siddhi Until 11:15PM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:45PM  | Moon 10 - Phase 29                      |
|                                  | 726313464                        |          | <b>Rahu</b> 3:29PM – 4:45PM  | Gara Until 5:52PM               | <b>Nataraja:</b> Purple |                        | 4th Phase                               |
| Creative Work Siddha Yoga        |                                  |          |  | Moon – White                    |                         | <b>Sivaloka Day</b>    |   |
| Until 9:39PM                     |                                  |          |  | <b>Kartika•Aipasi</b>           |                         |                        |   |
| Then Creative Work - Siddha Yoga |                                  |          |  |                                 |                         |                        |   |

|   |                                  |               |  |                             |                         |                        |   |
|---|----------------------------------|---------------|--|-----------------------------|-------------------------|------------------------|---|
|  | <b>Monday, November 11, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                             |                         |                        | Peoria, IL<br>Sutra 211<br>Vikarin 5121 |
|   | <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 12:57PM – 2:12PM   | <b>Ashvini</b> Until 7:45AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:39AM | Sun 28                                  |
|   | Mesha Rasi: 12.25                | Tithi 14 – 15 | Yama 10:26AM – 11:41AM   | Vyatipata* Until 11:03PM    | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:44PM  | Moon 10 - Phase 29                      |
|   | 727413464                        |               | <b>Rahu</b> 7:54AM – 9:10AM  | Visti Until 7:07PM          | <b>Nataraja:</b> Purple |                        | Purnima                                 |
| Family Home Evening   |                                  |               |  | Moon – White                |                         | <b>Sivaloka Day</b>    |   |
| Creative Work Siddha Yoga   |                                  |               |  | <b>Kartika•Aipasi</b>       |                         |                        |   |
| Until 9:39PM  |                                  |               |  |                             |                         |                        |   |
| Then Creative Work - Siddha Yoga  |                                  |               |  |                             |                         |                        |   |

|   |                                   |               |  |                             |                         |                        |   |
|---|-----------------------------------|---------------|--|-----------------------------|-------------------------|------------------------|---|
|  | <b>Tuesday, November 12, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                             |                         |                        | Peoria, IL<br>Sutra 212<br>Vikarin 5121 |
|   | <b>Silver Retreat Star</b>        |               | <b>Gulika</b> 11:41AM – 12:57PM  | <b>Bharani</b> Until 9:19AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:40AM | Sun 29                                  |
|   | Mesha Rasi: 24.55                 | Tithi 15 – 16 | Yama 9:11AM – 10:26AM  | Variyan Until 10:30PM       | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:43PM  | Moon 10 - Phase 29                      |
|   | 727413464                         |               | <b>Rahu</b> 2:12PM – 3:27PM  | Balava Until 7:57PM         | <b>Nataraja:</b> Purple |                        | Prathama                                |
| Creative Work Siddha Yoga   |                                   |               |  | Moon – White                |                         | <b>Sivaloka Day</b>    |   |
| Until 9:39PM  |                                   |               |  | <b>Kartika•Aipasi</b>       |                         |                        |   |
| Then Creative Work - Siddha Yoga  |                                   |               |  |                             |                         |                        |   |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Peoria, IL

Sutra 213

Vikarin 5121

Vrishabha Rasi: 8 Tithi 16 - 17

727413464

**Gulika** 10:26AM - 11:41AM  
**Yama** 7:56AM - 9:11AM  
**Rahu** 11:41AM - 12:57PM

**Krittika Until 10:19AM**

Parigha\* Until 9:39PM

Taitila Until 8:22PM

Prathama\* Until 8:11AM

**Ganesha:** White **Sunrise:** 6:41AM

**Muruqa:** Purple **Sunset:** 4:42PM

**Nataraja:** Purple

Moon - White

**Kartika-Aipasi**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Peoria, IL

Sutra 214

Vikarin 5121

Vrishabha Rasi: 20.29 Tithi 17 - 18

737413464

**Gulika** 9:12AM - 10:27AM  
**Yama** 6:42AM - 7:57AM  
**Rahu** 12:56PM - 2:11PM

**Rohini Until 11:14AM**

Shiva Until 8:31PM

Vanija Until 8:23PM

Dvitiya Until 8:24AM

**Ganesha:** Clear **Sunrise:** 6:42AM

**Muruqa:** Purple **Sunset:** 4:41PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Aipasi**

**Subha Sivaloka Day**

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Peoria, IL

Sutra 215

Vikarin 5121

Mithuna Rasi: 3.34 Tithi 18 - 19

737413464

**Gulika** 7:58AM - 9:13AM  
**Yama** 2:11PM - 3:26PM  
**Rahu** 10:27AM - 11:42AM

**Mrigashira Until 11:38AM**

Siddha Until 7:03PM

Bava Until 8:02PM

Tritiya Until 8:14AM

**Ganesha:** Clear **Sunrise:** 6:43AM

**Muruqa:** Purple **Sunset:** 4:40PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Peoria, IL

Sutra 216

Vikarin 5121

Mithuna Rasi: 16.49 Tithi 19 - 20

737413464

**Gulika** 6:44AM - 7:59AM  
**Yama** 12:56PM - 2:11PM  
**Rahu** 9:13AM - 10:28AM

**Ardra Until 11:32AM**

Sadhya Until 5:19PM

Kaulava Until 7:20PM

Chaturthi\* Until 7:42AM

**Ganesha:** Clear **Sunrise:** 6:44AM

**Muruqa:** Purple **Sunset:** 4:39PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Kartikai**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Peoria, IL

Sutra 217

Vikarin 5121

Kataka Rasi: 0.16 Tithi 20 - 21

748413465

**Gulika** 2:10PM - 3:25PM  
**Yama** 11:42AM - 12:56PM  
**Rahu** 3:25PM - 4:39PM

**Punarvasu Until 11:24AM**

Subha Until 3:20PM

Gara Until 6:17PM

Panchami Until 6:50AM

**Ganesha:** Clear **Sunrise:** 6:46AM

**Muruqa:** Purple **Sunset:** 4:39PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Peoria, IL

Sutra 218

Vikarin 5121

Kataka Rasi: 13.55 Tithi 22

748413465

**Gulika** 12:56PM - 2:10PM  
**Yama** 10:28AM - 11:42AM  
**Rahu** 8:01AM - 9:15AM

**Pushya Until 10:46AM**

Sukla Until 1:03PM

Visti Until 4:53PM

Saptami Until 4:03AM Tue

**Ganesha:** Clear **Sunrise:** 6:47AM

**Muruqa:** Purple **Sunset:** 4:38PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Peoria, IL

Sutra 219

Vikarin 5121

Kataka Rasi: 27.46 Tithi 23

748413465

**Gulika** 11:43AM - 12:56PM  
**Yama** 9:15AM - 10:29AM  
**Rahu** 2:10PM - 3:24PM

**Ashlesha\* Until 9:40AM**

Brahma Until 10:31AM

Balava Until 3:10PM

Ashtami\* Until 2:10AM Wed

**Ganesha:** Clear **Sunrise:** 6:48AM

**Muruqa:** Purple **Sunset:** 4:37PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Peoria, IL

Sutra 220

Vikarin 5121

Simha Rasi: 11.49 Tithi 24

758413465

**Gulika** 10:29AM - 11:43AM  
**Yama** 8:02AM - 9:16AM  
**Rahu** 11:43AM - 12:56PM

**Magha\* Until 8:32AM**

Indra Until 7:44AM

Taitila Until 1:08PM

Navami\* Until 11:59PM

**Ganesha:** White **Sunrise:** 6:49AM

**Muruqa:** Purple **Sunset:** 4:37PM

**Nataraja:** Clear

Moon - Red

**Kartika-Kartikai**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                   |             |  |                                   |  |                        |                           |                    |   |
|-------------------|-------------|--|-----------------------------------|--|------------------------|---------------------------|--------------------|---|
| <b>1</b>          |             | <b>Thursday, November 21, 2019</b>     |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau |                        |                           | Sun 8              | Peoria, IL<br>Sutra 221<br>Vikarin 5121 |
| Simha Rasi: 26.04 | Tithi 25    | <b>Gulika</b> 9:17AM – 10:30AM         | <b>Purvaphalguni</b> Until 6:59AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:50AM |                           |                    |   |
|                   |             | Yama 6:50AM – 8:03AM                   | Vishkambha* Until 1:29AM Fri      | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:36PM  |                           | Moon 11 - Phase 31 |   |
|                   |             | 758413465 <b>Rahu</b> 12:56PM – 2:10PM | Vanija Until 10:49AM              | <b>Nataraja:</b> Clear   |                        |                           | 2nd Phase          |   |
| Creative Work     | Siddha Yoga |  | <b>Dashami</b> Until 9:33PM       | Moon – Red   |                        | <b>Subha Sivaloka Day</b> |                    |   |
|                   |             |  |                                   | <b>Karttika-Karttikai</b>  |                        |                           |                    |   |

|                                 |             |   |                               |   |                        |                     |                    |   |
|---------------------------------|-------------|---|-------------------------------|---|------------------------|---------------------|--------------------|---|
| <b>2</b>                        |             | <b>Friday, November 22, 2019</b>        |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau |                        |                     | Sun 9              | Peoria, IL<br>Sutra 222<br>Vikarin 5121 |
| Kanya Rasi: 10.28               | Tithi 26    | <b>Gulika</b> 8:04AM – 9:17AM           | <b>Hasta</b> Until 3:16AM Sat | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:51AM |                     |                    |   |
|                                 |             | Yama 2:09PM – 3:22PM                    | Priti Until 10:09PM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:35PM  |                     | Moon 11 - Phase 31 |   |
|                                 |             | 768413465 <b>Rahu</b> 10:30AM – 11:43AM | Bava Until 8:17AM             | <b>Nataraja:</b> Clear  |                        |                     | 2nd Phase          |   |
| Creative Work                   | Amrita Yoga |   | <b>Ekadashi*</b> Until 6:57PM | Moon – Green  |                        | <b>Sivaloka Day</b> |                    |   |
| Until 3:16AM Sat                |             |   |                               | <b>Karttika-Karttikai</b>   |                        |                     |                    |   |
| Then Routine Work - Marana Yoga |             |   |                               |   |                        |                     |                    |   |

|                                  |               |  |                                 |   |                        |                     |                    |   |
|----------------------------------|---------------|--|---------------------------------|---|------------------------|---------------------|--------------------|---|
| <b>3</b>                         |               | <b>Saturday, November 23, 2019</b>     |                                 | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau |                        |                     | Sun 10             | Peoria, IL<br>Sutra 223<br>Vikarin 5121 |
| Kanya Rasi: 24.58                | Tithi 27 – 28 | <b>Gulika</b> 6:52AM – 8:05AM          | <b>Chitra</b> Until 1:20AM Sun  | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:52AM |                     |                    |   |
|                                  |               | Yama 12:56PM – 2:09PM                  | Ayushman Until 6:45PM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:35PM  |                     | Moon 11 - Phase 31 |   |
|                                  |               | 768413465 <b>Rahu</b> 9:18AM – 10:31AM | Gara Until 2:59AM Sun           | <b>Nataraja:</b> Clear  |                        |                     | 2nd Phase          |   |
| Routine Work                     | Marana Yoga   |  | <b>Dvadashi*</b> Until 4:17PM   | Moon – Green  |                        | <b>Sivaloka Day</b> |                    |   |
| Until 1:20AM Sun                 |               |  |                                 | <b>Karttika-Karttikai</b>   |                        |                     |                    |   |
| Then Creative Work - Siddha Yoga |               |  | <i>Pradosha Vrata (Fasting)</i> |   |                        |                     |                    |   |

|                                 |               |                                       |                                 |   |                        |                     |                    |   |
|---------------------------------|---------------|---------------------------------------|---------------------------------|---|------------------------|---------------------|--------------------|---|
| <b>4</b>                        |               | <b>Sunday, November 24, 2019</b>      |                                 | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        |                     | Sun 11             | Peoria, IL<br>Sutra 224<br>Vikarin 5121 |
| Tula Rasi: 9.28                 | Tithi 28 – 29 | <b>Gulika</b> 2:09PM – 3:22PM         | <b>Svati</b> Until 11:21PM      | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:54AM |                     |                    |   |
|                                 |               | Yama 11:44AM – 12:56PM                | Saubhagya Until 3:25PM          | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:34PM  |                     | Moon 11 - Phase 31 |   |
|                                 |               | 769413465 <b>Rahu</b> 3:22PM – 4:34PM | Visti Until 12:26AM Mon         | <b>Nataraja:</b> Clear  |                        |                     | 2nd Phase          |   |
| Creative Work                   | Siddha Yoga   |                                       | <b>Trayodashi*</b> Until 1:40PM | Moon – Green  |                        | <b>Devaloka Day</b> |                    |   |
| Until 11:21PM                   |               |                                       |                                 | <b>Karttika-Karttikai</b>   |                        |                     |                    |   |
| Then Routine Work - Marana Yoga |               |                                       |                                 |   |                        |                     |                    |   |

|                                  |               |                                       |                                   |  |                        |                     |                    |   |
|----------------------------------|---------------|---------------------------------------|-----------------------------------|--|------------------------|---------------------|--------------------|---|
| <b>Retreat Star</b>              |               | <b>Monday, November 25, 2019</b>      |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        |                     | Sun 12             | Peoria, IL<br>Sutra 225<br>Vikarin 5121 |
| Tula Rasi: 23.53                 | Tithi 29 – 30 | <b>Gulika</b> 12:57PM – 2:09PM        | <b>Vishakha</b> Until 9:54PM      | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:55AM |                     |                    |   |
| <b>Family Home Evening</b>       |               | Yama 10:32AM – 11:44AM                | Sobhana Until 12:15PM             | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:34PM  |                     | Moon 11 - Phase 31 |   |
|                                  |               | 779413465 <b>Rahu</b> 8:07AM – 9:19AM | Catuspada Until 10:09PM           | <b>Nataraja:</b> Clear   |                        |                     | Amavasya           |   |
| Routine Work                     | Marana Yoga   |                                       | <b>Chaturdashi*</b> Until 11:14AM | Moon – Orange  |                        | <b>Devaloka Day</b> |                    |   |
| Until 9:54PM                     |               |                                       |                                   | <b>Karttika-Karttikai</b>  |                        |                     |                    |   |
| Then Creative Work - Siddha Yoga |               |                                       |                                   |  |                        |                     |                    |   |

|                                 |              |                                       |                               |  |                        |                     |                    |   |
|---------------------------------|--------------|---------------------------------------|-------------------------------|--|------------------------|---------------------|--------------------|---|
| <b>Retreat Star</b>             |              | <b>Tuesday, November 26, 2019</b>     |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        |                     | Sun 13             | Peoria, IL<br>Sutra 226<br>Vikarin 5121 |
| Vrischika Rasi: 8.05            | Tithi 30 – 1 | <b>Gulika</b> 11:45AM – 12:57PM       | <b>Anuradha</b> Until 8:42PM  | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:56AM |                     |                    |   |
|                                 |              | Yama 9:20AM – 10:32AM                 | Athiganda* Until 9:20AM       | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:33PM  |                     | Moon 11 - Phase 31 |   |
|                                 |              | 779413465 <b>Rahu</b> 2:09PM – 3:21PM | Kintughna Until 8:16PM        | <b>Nataraja:</b> Clear   |                        |                     | Prathama           |   |
| Creative Work                   | Siddha Yoga  |                                       | <b>Amavasya*</b> Until 9:08AM | Moon – Orange  |                        | <b>Devaloka Day</b> |                    |   |
| Until 8:42PM                    |              |                                       |                               | <b>Margasira-Karttikai</b>   |                        |                     |                    |   |
| Then Routine Work - Marana Yoga |              |                                       |                               |  |                        |                     |                    |   |

|                                 |             |   |                               |   |                        |                            |                       |   |
|---------------------------------|-------------|---|-------------------------------|---|------------------------|----------------------------|-----------------------|---|
| <b>1</b>                        |             | <b>Wednesday, November 27, 2019</b>     |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau |                        | Sun 14                     |                       | Peoria, IL<br>Sutra 227<br>Vikarin 5121 |
| Wrischika Rasi: 22.01           | Tithi 1 – 2 | <b>Gulika</b> 10:33AM – 11:45AM         | <b>Jyeshtha* Until 7:53PM</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:57AM | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 4:33PM | Moon 11 - Phase 32<br>3rd Phase         |
| Creative Work                   | Siddha Yoga | Yama 8:09AM – 9:21AM                    | Sukarma Until 6:49AM          | <b>Nataraja:</b> Clear  |                        | Moon – Orange              |                       | <b>Devaloka Day</b>                     |
| Until 7:53PM                    |             | 779413465 <b>Rahu</b> 11:45AM – 12:57PM | Balava Until 6:55PM           | <b>Prathama* Until 7:30AM</b>   |                        | <b>Margasira-Karttikai</b> |                       |   |
| Then Routine Work - Marana Yoga |             |   |                               |   |                        |                            |                       |   |

|                                 |             |  |                           |  |                        |                            |                       |   |
|---------------------------------|-------------|--|---------------------------|--|------------------------|----------------------------|-----------------------|---|
| <b>2</b>                        |             | <b>Thursday, November 28, 2019</b>     |                           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau |                        | Sun 15                     |                       | Peoria, IL<br>Sutra 228<br>Vikarin 5121 |
| Dhanus Rasi: 5.34               | Tithi 2 – 3 | <b>Gulika</b> 9:22AM – 10:33AM         | <b>Mula* Until 8:02PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:58AM | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 4:33PM | Moon 11 - Phase 32<br>3rd Phase         |
| Creative Work                   | Siddha Yoga | Yama 6:58AM – 8:10AM                   | Shula* Until 3:16AM Fri   | <b>Nataraja:</b> Clear   |                        | Moon – Light Blue          |                       | <b>Devaloka Day</b>                     |
| Until 7:53PM                    |             | 789413465 <b>Rahu</b> 12:57PM – 2:09PM | Taitila Until 6:15PM      | <b>Dvitiya* Until 6:29AM</b>   |                        | <b>Margasira-Karttikai</b> |                       |   |
| Then Routine Work - Marana Yoga |             |  |                           |  |                        |                            |                       |   |

|                                 |                    |   |                                  |   |                        |                            |                       |   |
|---------------------------------|--------------------|---|----------------------------------|---|------------------------|----------------------------|-----------------------|---|
| <b>3</b>                        |                    | <b>Friday, November 29, 2019</b>        |                                  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau |                        | Sun 16                     |                       | Peoria, IL<br>Sutra 229<br>Vikarin 5121 |
| Dhanus Rasi: 18.45              | Tithi 3 – 4        | <b>Gulika</b> 8:11AM – 9:22AM           | <b>Purvashadha* Until 8:45PM</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:59AM | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 4:32PM | Moon 11 - Phase 32<br>3rd Phase         |
| Routine Work                    | Prabalarishta Yoga | Yama 2:09PM – 3:21PM                    | Ganda* Until 2:21AM Sat          | <b>Nataraja:</b> Clear  |                        | Moon – Light Blue          |                       | <b>Devaloka Day</b>                     |
| Until 8:45PM                    |                    | 789413465 <b>Rahu</b> 10:34AM – 11:46AM | Vanija Until 6:19PM              | <b>Tritiya* Until 6:10AM</b>  |                        | <b>Margasira-Karttikai</b> |                       |   |
| Then Routine Work - Marana Yoga |                    |   |                                  |   |                        |                            |                       |   |

|                                  |             |  |                                   |   |                        |                            |                       |   |
|----------------------------------|-------------|--|-----------------------------------|---|------------------------|----------------------------|-----------------------|---|
| <b>4</b>                         |             | <b>Saturday, November 30, 2019</b>     |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturchi/Panchamyam Titau |                        | Sun 17                     |                       | Peoria, IL<br>Sutra 230<br>Vikarin 5121 |
| Makara Rasi: 1.33                | Tithi 4 – 5 | <b>Gulika</b> 7:00AM – 8:11AM          | <b>Uttarashadha Until 10:01PM</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 7:00AM | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 4:32PM | Moon 11 - Phase 32<br>3rd Phase         |
| Routine Work                     | Marana Yoga | Yama 12:57PM – 2:09PM                  | Vriddhi Until 2:01AM Sun          | <b>Nataraja:</b> Clear  |                        | Moon – Light Blue          |                       | <b>Devaloka Day</b>                     |
| Until 10:01PM                    |             | 789413465 <b>Rahu</b> 9:23AM – 10:34AM | Bava Until 7:08PM                 | <b>Chaturchi* Until 6:37AM</b>  |                        | <b>Margasira-Karttikai</b> |                       |   |
| Then Creative Work - Siddha Yoga |             |  |                                   |   |                        |                            |                       |   |

|                                  |             |                                       |                                   |  |                        |                            |                       |   |
|----------------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|----------------------------|-----------------------|---|
| <b>5</b>                         |             | <b>Sunday, December 1, 2019</b>       |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Sun 18                     |                       | Peoria, IL<br>Sutra 231<br>Vikarin 5121 |
| Makara Rasi: 14.01               | Tithi 5 – 6 | <b>Gulika</b> 2:09PM – 3:20PM         | <b>Shravana Until 12:16AM Mon</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:01AM | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 4:32PM | Moon 11 - Phase 32<br>3rd Phase         |
| Creative Work                    | Amrita Yoga | Yama 11:46AM – 12:58PM                | Dhruva Until 2:09AM Mon           | <b>Nataraja:</b> Clear   |                        | Moon – Purple              |                       | <b>Sivaloka Day</b>                     |
| Until 12:16AM Mon                |             | 799413465 <b>Rahu</b> 3:20PM – 4:32PM | Kaulava Until 8:39PM              | <b>Panchami* Until 7:47AM</b>  |                        | <b>Margasira-Karttikai</b> |                       |   |
| Then Creative Work - Siddha Yoga |             |                                       |                                   |  |                        |                            |                       |   |

|                                 |             |                                       |                                    |   |                        |                            |                       |   |
|---------------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|----------------------------|-----------------------|---|
| <b>6</b>                        |             | <b>Monday, December 2, 2019</b>       |                                    | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |                        | Sun 19                     |                       | Peoria, IL<br>Sutra 232<br>Vikarin 5121 |
| Makara Rasi: 26.13              | Tithi 6 – 7 | <b>Gulika</b> 12:58PM – 2:09PM        | <b>Dhanishtha Until 2:51AM Tue</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:02AM | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 4:31PM | Moon 11 - Phase 32<br>3rd Phase         |
| <b>Family Home Evening</b>      |             | Yama 10:36AM – 11:47AM                | Vyaghata* Until 2:41AM Tue         | <b>Nataraja:</b> Clear  |                        | Moon – Purple              |                       | <b>Sivaloka Day</b>                     |
| Creative Work                   | Siddha Yoga | 791413465 <b>Rahu</b> 8:13AM – 9:24AM | Gara Until 10:42PM                 | <b>Shashthi* Until 9:35AM</b>   |                        | <b>Margasira-Karttikai</b> |                       |   |
| Until 2:51AM Tue                |             |                                       |                                    |   |                        |                            |                       |   |
| Then Routine Work - Marana Yoga |             |                                       |                                    |   |                        |                            |                       |   |

|                                  |             |                                       |                                      |   |                        |                            |                       |   |
|----------------------------------|-------------|---------------------------------------|--------------------------------------|---|------------------------|----------------------------|-----------------------|---|
| <b>Retreat Star</b>              |             | <b>Tuesday, December 3, 2019</b>      |                                      | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Sun 20                     |                       | Peoria, IL<br>Sutra 233<br>Vikarin 5121 |
| Kumbha Rasi: 8.13                | Tithi 7 – 8 | <b>Gulika</b> 11:47AM – 12:58PM       | <b>Shatabhishak Until 5:33AM Wed</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:03AM | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 4:31PM | Moon 11 - Phase 32<br>Ashtami           |
| Routine Work                     | Marana Yoga | Yama 9:25AM – 10:36AM                 | Harshana Until 3:27AM Wed            | <b>Nataraja:</b> Clear  |                        | Moon – Purple              |                       | <b>Sivaloka Day</b>                     |
| Until 5:33AM Wed                 |             | 791413465 <b>Rahu</b> 2:09PM – 3:20PM | Visti Until 1:05AM Wed               | <b>Saptami* Until 11:51AM</b>   |                        | <b>Margasira-Karttikai</b> |                       |   |
| Then Creative Work - Amrita Yoga |             |                                       |                                      |   |                        |                            |                       |   |

|                                  |             |   |   |   |                        |                            |                       |   |
|----------------------------------|-------------|---|---|---|------------------------|----------------------------|-----------------------|---|
| <b>Retreat Star</b>              |             | <b>Wednesday, December 4, 2019</b>      |   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Sun 21                     |                       | Peoria, IL<br>Sutra 234<br>Vikarin 5121 |
| Kumbha Rasi: 20.08               | Tithi 8 – 9 | <b>Gulika</b> 10:37AM – 11:47AM         | <b>Purvaproshtapada* Until 8:39AM Thu</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 7:04AM | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 4:31PM | Moon 11 - Phase 32<br>Navami            |
| Creative Work                    | Amrita Yoga | Yama 8:15AM – 9:26AM                    | Vajra* Until 4:15AM Thu                   | <b>Nataraja:</b> Clear  |                        | Moon – Clear               |                       | <b>Sivaloka Day</b>                     |
| Until 8:39AM Thu                 |             | 711413465 <b>Rahu</b> 11:47AM – 12:58PM | Balava Until 3:36AM Thu                   | <b>Ashtami* Until 2:19PM</b>  |                        | <b>Margasira-Karttikai</b> |                       |   |
| Then Creative Work - Siddha Yoga |             |   |   |   |                        |                            |                       |   |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

|                  |              |  |                                       |   |                        |  |                     |   |
|------------------|--------------|--|---------------------------------------|---|------------------------|--|---------------------|---|
| <b>1</b>         |              | <b>Thursday, December 5, 2019</b>      |                                       | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        |  |                     | Peoria, IL<br>Sutra 235<br>Vikarin 5121 |
| Meena Rasi: 2.01 | Tithi 9 – 10 | <b>Gulika</b> 9:26AM – 10:37AM         | <b>Purvaproshtapada* Until 8:39AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 7:05AM |  | Sun 22              |   |
|                  |              | Yama 7:05AM – 8:16AM                   | Siddhi Until 4:59AM Fri               | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:31PM  |  |                     | Moon 11 - Phase 33                      |
|                  |              | 711413465 <b>Rahu</b> 12:59PM – 2:09PM | Taitila Until 6:00AM Fri              | <b>Nataraja:</b> Clear  |                        |  |                     | 4th Phase                               |
| Creative Work    | Siddha Yoga  |  | <b>Navami* Until 4:48PM</b>           | Moon – Clear  |                        |  | <b>Sivaloka Day</b> |   |
|                  |              |  |                                       | <b>Margasira-Karttikai</b>  |                        |  |                     |   |

|                   |             |   |  |  |                        |  |                     |   |
|-------------------|-------------|---|--|--|------------------------|--|---------------------|---|
| <b>2</b>          |             | <b>Friday, December 6, 2019</b>         |  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau |                        |  |                     | Peoria, IL<br>Sutra 236<br>Vikarin 5121 |
| Meena Rasi: 13.56 | Tithi 10    | <b>Gulika</b> 8:16AM – 9:27AM           | <b>Uttaraproshtapada Until 11:27AM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:06AM |  | Sun 23              |   |
|                   |             | Yama 2:10PM – 3:20PM                    | Vyatipata* Until 5:31AM Sat            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:31PM  |  |                     | Moon 11 - Phase 33                      |
|                   |             | 711413465 <b>Rahu</b> 10:38AM – 11:48AM | Taitila Until 6:00AM                   | <b>Nataraja:</b> Clear   |                        |  |                     | 4th Phase                               |
| Creative Work     | Siddha Yoga |   | <b>Dashami Until 7:05PM</b>            | Moon – Clear   |                        |  | <b>Sivaloka Day</b> |   |
|                   |             |   |  | <b>Margasira-Karttikai</b>   |                        |  |                     |   |

|                                  |                    |  |                              |  |                        |  |                           |   |
|----------------------------------|--------------------|--|------------------------------|--|------------------------|--|---------------------------|---|
| <b>3</b>                         |                    | <b>Saturday, December 7, 2019</b>      |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau |                        |  |                           | Peoria, IL<br>Sutra 237<br>Vikarin 5121 |
| Meena Rasi: 25.58                | Tithi 11           | <b>Gulika</b> 7:07AM – 8:17AM          | <b>Revati Until 1:46PM</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:07AM |  | Sun 24                    |   |
|                                  |                    | Yama 12:59PM – 2:10PM                  | Variyan Until 5:43AM Sun     | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:31PM  |  |                           | Moon 11 - Phase 33                      |
|                                  |                    | 711513465 <b>Rahu</b> 9:28AM – 10:38AM | Vanija Until 8:07AM          | <b>Nataraja:</b> Clear   |                        |  |                           | 4th Phase                               |
| Routine Work                     | Prabalarishta Yoga |  | <b>Ekadashi Until 8:59PM</b> | Moon – Clear   |                        |  | <b>Subha Sivaloka Day</b> |   |
| Until 1:46PM                     |                    | <b>Gita Jayanthi</b>                   |                              | <b>Margasira-Karttikai</b>   |                        |  |                           |   |
| Then Creative Work - Siddha Yoga |                    |  |                              |  |                        |  |                           |   |

|  |             |                                       |                               |   |                        |  |                     |   |
|--|-------------|---------------------------------------|-------------------------------|---|------------------------|--|---------------------|---|
| <b>4</b>                               |             | <b>Sunday, December 8, 2019</b>       |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau |                        |  |                     | Peoria, IL<br>Sutra 238<br>Vikarin 5121 |
| Mesha Rasi: 8.11                       | Tithi 12    | <b>Gulika</b> 2:10PM – 3:20PM         | <b>Ashvini Until 3:59PM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:08AM |  | Sun 25              |   |
|  |             | Yama 11:49AM – 1:00PM                 | Parigha* Until 5:31AM Mon     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:31PM  |  |                     | Moon 11 - Phase 33                      |
|  |             | 721513465 <b>Rahu</b> 3:20PM – 4:31PM | Bava Until 9:47AM             | <b>Nataraja:</b> Clear  |                        |  |                     | 4th Phase                               |
| Creative Work                          | Siddha Yoga |                                       | <b>Dvadashi Until 10:24PM</b> | Moon – White  |                        |  | <b>Sivaloka Day</b> |   |
| Until 3:59PM                           |             |                                       |                               | <b>Margasira-Karttikai</b>  |                        |  |                     |   |
| Then Routine Work - Prabalarishta Yoga |             |                                       |                               |   |                        |  |                     |   |

|                                 |             |                                       |                                 |  |                        |  |                     |   |
|---------------------------------|-------------|---------------------------------------|---------------------------------|--|------------------------|--|---------------------|---|
| <b>5</b>                        |             | <b>Monday, December 9, 2019</b>       |                                 | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        |  |                     | Peoria, IL<br>Sutra 239<br>Vikarin 5121 |
| Mesha Rasi: 20.37               | Tithi 13    | <b>Gulika</b> 1:00PM – 2:10PM         | <b>Bharani Until 5:30PM</b>     | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:09AM |  | Sun 26              |   |
| <b>Family Home Evening</b>      |             | Yama 10:39AM – 11:50AM                | Shiva Until 4:54AM Tue          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:31PM  |  |                     | Moon 11 - Phase 33                      |
|                                 |             | 721513465 <b>Rahu</b> 8:19AM – 9:29AM | Kaulava Until 10:55AM           | <b>Nataraja:</b> Clear   |                        |  |                     | 4th Phase                               |
| Creative Work                   | Siddha Yoga |                                       | <b>Trayodashi Until 11:15PM</b> | Moon – White   |                        |  | <b>Sivaloka Day</b> |   |
| Until 5:30PM                    |             |                                       |                                 | <b>Margasira-Karttikai</b>   |                        |  |                     |   |
| Then Routine Work - Marana Yoga |             |                                       |                                 |  |                        |  |                     |   |

|                                  |             |                                       |                                   |   |                        |  |                     |   |
|----------------------------------|-------------|---------------------------------------|-----------------------------------|---|------------------------|--|---------------------|---|
| <b>6</b>                         |             | <b>Tuesday, December 10, 2019</b>     |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau |                        |  |                     | Peoria, IL<br>Sutra 240<br>Vikarin 5121 |
| Vrishabha Rasi: 3.17             | Tithi 14    | <b>Gulika</b> 11:50AM – 1:00PM        | <b>Krittika Until 6:18PM</b>      | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:09AM |  | Sun 27              |   |
|                                  |             | Yama 9:30AM – 10:40AM                 | Siddha Until 3:49AM Wed           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:31PM  |  |                     | Moon 11 - Phase 33                      |
|                                  |             | 721513465 <b>Rahu</b> 2:10PM – 3:21PM | Gara Until 11:29AM                | <b>Nataraja:</b> Clear  |                        |  |                     | 4th Phase                               |
| Creative Work                    | Siddha Yoga |                                       | <b>Chaturdashi* Until 11:31PM</b> | Moon – White  |                        |  | <b>Sivaloka Day</b> |   |
| Until 6:18PM                     |             | <b>Krittika Deepam</b>                |                                   | <b>Margasira-Karttikai</b>  |                        |  |                     |   |
| Then Creative Work - Amrita Yoga |             |                                       |                                   |   |                        |  |                     |   |

|                            |             |  |                               |  |                        |  |                     |   |
|----------------------------|-------------|--|-------------------------------|--|------------------------|--|---------------------|---|
| <b>○</b>                   |             | <b>Wednesday, December 11, 2019</b>    |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau |                        |  |                     | Peoria, IL<br>Sutra 241<br>Vikarin 5121 |
| <b>Copper Retreat Star</b> |             | <b>Gulika</b> 10:40AM – 11:51AM        | <b>Rohini Until 6:52PM</b>    | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 7:10AM |  | Sun 28              |   |
| Vrishabha Rasi: 16.15      | Tithi 15    | Yama 8:20AM – 9:30AM                   | Sadhya Until 2:20AM Thu       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:31PM  |  |                     | Moon 11 - Phase 33                      |
|                            |             | 731523465 <b>Rahu</b> 11:51AM – 1:01PM | Visti Until 11:28AM           | <b>Nataraja:</b> Clear   |                        |  |                     | Purnima                                 |
| Creative Work              | Siddha Yoga |  | <b>Purnima* Until 11:14PM</b> | Moon – Yellow  |                        |  | <b>Sivaloka Day</b> |   |
|                            |             |  |                               | <b>Margasira-Karttikai</b>   |                        |  |                     |   |

|                                    |             |  |                                |                            |                        |   |                     |                    |
|------------------------------------|-------------|--|--------------------------------|----------------------------|------------------------|---|---------------------|--------------------|
| <b>Thursday, December 12, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau |                                |                            |                        | Peoria, IL<br>Sutra 242<br>Vikarin 5121 |                     |                    |
| <b>Silver Retreat Star</b>         |             | <b>Gulika</b> 9:31AM – 10:41AM   | <b>Mrigashira Until 6:48PM</b> | <b>Ganesha:</b> Clear      | <i>Sunrise:</i> 7:11AM |   | Sun 29              |                    |
| Vrishabha Rasi: 29.29              | Tithi 16    | Yama 7:11AM – 8:21AM   | Subha Until 12:28AM Fri        | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 4:31PM  |   |                     | Moon 11 - Phase 33 |
|                                    |             | 732523465 <b>Rahu</b> 1:01PM – 2:11PM  | Balava Until 10:55AM           | <b>Nataraja:</b> Clear     |                        |   |                     | Prathama           |
| Routine Work                       | Marana Yoga |  | <b>Prathama* Until 10:27PM</b> | Moon – Yellow              |                        |   | <b>Devaloka Day</b> |                    |
|                                    |             |  |                                | <b>Margasira-Karttikai</b> |                        |   |                     |                    |

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Peoria, IL  
Sutra 243  
Vikarin 5121  
Sun 1  
Moon 12 - Phase 34  
1st Phase

Mithuna Rasi: 12.59 Tithi 17

732523465

**Gulika** 8:22AM – 9:32AM  
**Yama** 2:11PM – 3:21PM  
**Rahu** 10:42AM – 11:52AM

**Ardra Until 6:09PM**  
Sukla Until 10:15PM  
Taitila Until 9:56AM  
**Dvitiya Until 9:16PM**

**Ganesha:** Clear *Sunrise: 7:12AM*  
**Muruqa:** Clear *Sunset: 4:31PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Margasira-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Peoria, IL  
Sutra 244  
Vikarin 5121  
Sun 2  
Moon 12 - Phase 34  
1st Phase

Mithuna Rasi: 26.42 Tithi 18

742523465

**Gulika** 7:13AM – 8:22AM  
**Yama** 1:02PM – 2:12PM  
**Rahu** 9:32AM – 10:42AM

**Punarvasu Until 5:29PM**  
Brahma Until 7:49PM  
Vanija Until 8:34AM  
**Tritiya Until 7:45PM**

**Ganesha:** Purple *Sunrise: 7:13AM*  
**Muruqa:** Clear *Sunset: 4:31PM*  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Karttikai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturthyam Titau

Peoria, IL  
Sutra 245  
Vikarin 5121  
Sun 3  
Moon 12 - Phase 34  
1st Phase

Kataka Rasi: 10.35 Tithi 19

742523465

**Gulika** 2:12PM – 3:22PM  
**Yama** 11:53AM – 1:02PM  
**Rahu** 3:22PM – 4:32PM

**Pushya Until 4:25PM**  
Indra Until 5:11PM  
Bava Until 6:55AM  
**Chaturthi\* Until 6:00PM**

**Ganesha:** Purple *Sunrise: 7:13AM*  
**Muruqa:** Clear *Sunset: 4:32PM*  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Karttikai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Peoria, IL  
Sutra 246  
Vikarin 5121  
Sun 4  
Moon 12 - Phase 34  
1st Phase

Kataka Rasi: 24.36 Tithi 20 – 21

842523465

**Family Home Evening**  
Creative Work Siddha Yoga

**Gulika** 1:03PM – 2:13PM  
**Yama** 10:43AM – 11:53AM  
**Rahu** 8:24AM – 9:33AM

**Ashlesha\* Until 3:02PM**  
Vaidhriti\* Until 2:24PM  
Gara Until 3:06AM Tue  
**Panchami Until 4:04PM**

**Ganesha:** Clear *Sunrise: 7:14AM*  
**Muruqa:** Clear *Sunset: 4:32PM*  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Markali**

**Devaloka Day**

Until 3:02PM  
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Peoria, IL  
Sutra 247  
Vikarin 5121  
Sun 5  
Moon 12 - Phase 34  
1st Phase

Simha Rasi: 8.42 Tithi 21 – 22

852523465

Creative Work Siddha Yoga

**Gulika** 11:53AM – 1:03PM  
**Yama** 9:34AM – 10:44AM  
**Rahu** 2:13PM – 3:23PM

**Magha\* Until 1:50PM**  
Vishkambha\* Until 11:33AM  
Visti Until 1:02AM Wed  
**Shashthi\* Until 2:03PM**

**Ganesha:** Purple *Sunrise: 7:15AM*  
**Muruqa:** Clear *Sunset: 4:32PM*  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Peoria, IL  
Sutra 248  
Vikarin 5121  
Sun 6  
Moon 12 - Phase 34  
Ashtami

Simha Rasi: 22.51 Tithi 22 – 23

852523465

Creative Work Amrita Yoga

**Gulika** 10:44AM – 11:54AM  
**Yama** 8:25AM – 9:35AM  
**Rahu** 11:54AM – 1:04PM

**Purvaphalguni Until 12:27PM**  
Priti Until 8:40AM  
Balava Until 10:57PM  
**Saptami Until 11:59AM**

**Ganesha:** Purple *Sunrise: 7:15AM*  
**Muruqa:** Clear *Sunset: 4:33PM*  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Peoria, IL  
Sutra 249  
Vikarin 5121  
Sun 7  
Moon 12 - Phase 34  
Navami

Kanya Rasi: 7.01 Tithi 23 – 24

852523465

Amrita Yoga

**Gulika** 9:35AM – 10:45AM  
**Yama** 7:16AM – 8:26AM  
**Rahu** 1:04PM – 2:14PM

**Uttaraphalguni Until 10:55AM**  
Saubhagya Until 2:50AM Fri  
Taitila Until 8:53PM  
**Ashtami\* Until 9:54AM**

**Ganesha:** Purple *Sunrise: 7:16AM*  
**Muruqa:** Clear *Sunset: 4:33PM*  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Until 10:55AM  
Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                                  |               |                                  |                                  |  |                        |                     |                    |   |
|----------------------------------|---------------|----------------------------------|----------------------------------|--|------------------------|---------------------|--------------------|---|
| <b>1</b>                         |               | <b>Friday, December 20, 2019</b> |                                  | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashmyam Titau |                        |                     | Sun 8              | Peoria, IL<br>Sutra 250<br>Vikarin 5121 |
| Kanya Rasi: 21.09                | Tithi 24 – 25 | <b>Gulika</b> 8:26AM – 9:36AM    | <b>Hasta</b> <b>Until 9:41AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:16AM |                     |                    |   |
|                                  |               | Yama 2:14PM – 3:24PM             | Sobhana <b>Until 11:59PM</b>     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:34PM  |                     | Moon 12 - Phase 35 |   |
|                                  | 862523465     | <b>Rahu</b> 10:45AM – 11:55AM    | Vanija <b>Until 6:51PM</b>       | <b>Nataraja:</b> Clear   |                        |                     | 2nd Phase          |   |
| Creative Work                    | Amrita Yoga   |                                  | <b>Navami* Until 7:50AM</b>      | Moon – Green   |                        | <b>Devaloka Day</b> |                    |   |
| Until 9:41AM                     |               |                                  |                                  | <b>Margasira*Markali</b>   |                        |                     |                    |   |
| Then Creative Work - Siddha Yoga |               |                                  |                                  |  |                        |                     |                    |   |

|                                  |             |                                    |                                   |  |                        |                     |                    |   |
|----------------------------------|-------------|------------------------------------|-----------------------------------|--|------------------------|---------------------|--------------------|---|
| <b>2</b>                         |             | <b>Saturday, December 21, 2019</b> |                                   | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau |                        |                     | Sun 9              | Peoria, IL<br>Sutra 251<br>Vikarin 5121 |
| Tula Rasi: 5.16                  | Tithi 26    | <b>Gulika</b> 7:17AM – 8:27AM      | <b>Chitra</b> <b>Until 8:22AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:17AM |                     |                    |   |
|                                  |             | Yama 1:05PM – 2:15PM               | Athiganda* <b>Until 9:12PM</b>    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:34PM  |                     | Moon 12 - Phase 35 |   |
|                                  | 862523465   | <b>Rahu</b> 9:36AM – 10:46AM       | Bava <b>Until 4:54PM</b>          | <b>Nataraja:</b> Clear   |                        |                     | 2nd Phase          |   |
| Routine Work                     | Marana Yoga |                                    | <b>Day 1 of Pancha Ganapati</b>   | Moon – Green   |                        | <b>Devaloka Day</b> |                    |   |
| Until 8:22AM                     |             |                                    | <b>Ekadashi* Until 3:58AM Sun</b> | <b>Margasira*Markali</b>   |                        |                     |                    |   |
| Then Creative Work - Siddha Yoga |             |                                    |                                   |  |                        |                     |                    |   |

|                                 |             |                                  |                                   |   |                        |                     |                    |   |
|---------------------------------|-------------|----------------------------------|-----------------------------------|---|------------------------|---------------------|--------------------|---|
| <b>3</b>                        |             | <b>Sunday, December 22, 2019</b> |                                   | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau |                        |                     | Sun 10             | Peoria, IL<br>Sutra 252<br>Vikarin 5121 |
| Tula Rasi: 19.17                | Tithi 27    | <b>Gulika</b> 2:15PM – 3:25PM    | <b>Svati</b> <b>Until 7:03AM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:17AM |                     |                    |   |
|                                 |             | Yama 11:56AM – 1:06PM            | Sukarma <b>Until 6:33PM</b>       | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:35PM  |                     | Moon 12 - Phase 35 |   |
|                                 | 862523465   | <b>Rahu</b> 3:25PM – 4:35PM      | Kaulava <b>Until 3:07PM</b>       | <b>Nataraja:</b> Clear  |                        |                     | 2nd Phase          |   |
| Creative Work                   | Siddha Yoga |                                  | <b>Day 2 of Pancha Ganapati</b>   | Moon – Green  |                        | <b>Devaloka Day</b> |                    |   |
| Until 7:03AM                    |             |                                  | <b>Dvadashi* Until 2:17AM Mon</b> | <b>Margasira*Markali</b>  |                        |                     |                    |   |
| Then Routine Work - Marana Yoga |             |                                  |                                   |   |                        |                     |                    |   |

|                                  |             |                                  |                                      |   |                        |                                    |                    |   |
|----------------------------------|-------------|----------------------------------|--------------------------------------|---|------------------------|------------------------------------|--------------------|---|
| <b>4</b>                         |             | <b>Monday, December 23, 2019</b> |                                      | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau |                        |                                    | Sun 11             | Peoria, IL<br>Sutra 253<br>Vikarin 5121 |
| Vrischika Rasi: 3.12             | Tithi 28    | <b>Gulika</b> 1:06PM – 2:16PM    | <b>Vishakha</b> <b>Until 6:13AM</b>  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 7:18AM |                                    |                    |   |
| <b>Family Home Evening</b>       |             | Yama 10:47AM – 11:57AM           | Dhriti <b>Until 4:07PM</b>           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:35PM  |                                    | Moon 12 - Phase 35 |   |
| Routine Work                     | Marana Yoga | <b>Rahu</b> 8:28AM – 9:37AM      | Gara <b>Until 1:34PM</b>             | <b>Nataraja:</b> Clear  |                        |                                    | 2nd Phase          |   |
| Until 6:13AM                     |             |                                  | <b>Day 3 of Pancha Ganapati</b>      | Moon – Orange   |                        | <b>Bhuloka Day</b>                 |                    |   |
| Then Creative Work - Siddha Yoga |             |                                  | <b>Trayodashi* Until 12:52AM Tue</b> | <b>Margasira*Markali</b>  |                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                    |   |
|                                  |             |                                  | <i>Pradosha Vrata (Fasting)</i>      |   |                        |                                    |                    |   |

|                                  |             |                                   |  |  |                        |                                    |                    |   |
|----------------------------------|-------------|-----------------------------------|--|--|------------------------|------------------------------------|--------------------|---|
| <b>5</b>                         |             | <b>Tuesday, December 24, 2019</b> |  | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        |                                    | Sun 12             | Peoria, IL<br>Sutra 254<br>Vikarin 5121 |
| Vrischika Rasi: 16.56            | Tithi 29    | <b>Gulika</b> 11:57AM – 1:07PM    | <b>Jyeshtha*</b> <b>Until 5:02AM Wed</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:18AM |                                    |                    |   |
|                                  |             | Yama 9:38AM – 10:47AM             | Shula* <b>Until 1:54PM</b>               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:36PM  |                                    | Moon 12 - Phase 35 |   |
|                                  | 872523465   | <b>Rahu</b> 2:16PM – 3:26PM       | Visti <b>Until 12:19PM</b>               | <b>Nataraja:</b> Clear   |                        |                                    | 2nd Phase          |   |
| Routine Work                     | Marana Yoga |                                   | <b>Day 4 of Pancha Ganapati</b>          | Moon – Orange  |                        | <b>Bhuloka Day</b>                 |                    |   |
| Until 5:19AM Thu                 |             |                                   | <b>Chaturdashi* Until 11:49PM</b>        | <b>Margasira*Markali</b>   |                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                    |   |
| Then Creative Work - Siddha Yoga |             |                                   |  |  |                        |                                    |                    |   |

|                                  |             |                                     |                                      |   |                        |                     |                    |   |
|----------------------------------|-------------|-------------------------------------|--------------------------------------|---|------------------------|---------------------|--------------------|---|
| <b>Retreat Star</b>              |             | <b>Wednesday, December 25, 2019</b> |                                      | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        |                     | Sun 13             | Peoria, IL<br>Sutra 255<br>Vikarin 5121 |
| Dhanus Rasi: 0.26                | Tithi 30    | <b>Gulika</b> 10:48AM – 11:58AM     | <b>Mula*</b> <b>Until 5:19AM Thu</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:19AM |                     |                    |   |
|                                  |             | Yama 8:28AM – 9:38AM                | Ganda* <b>Until 12:02PM</b>          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:36PM  |                     | Moon 12 - Phase 35 |   |
|                                  | 883523465   | <b>Rahu</b> 11:58AM – 1:07PM        | Catuspada <b>Until 11:29AM</b>       | <b>Nataraja:</b> Clear  |                        |                     | Amavasya           |   |
| Routine Work                     | Marana Yoga |                                     | <b>Day 5 of Pancha Ganapati</b>      | Moon – Light Blue   |                        | <b>Devaloka Day</b> |                    |   |
| Until 5:19AM Thu                 |             |                                     | <b>Amavasya* Until 11:14PM</b>       | <b>Margasira*Markali</b>  |                        |                     |                    |   |
| Then Creative Work - Siddha Yoga |             |                                     |                                      |   |                        |                     |                    |   |

|                                 |             |                                    |   |  |                        |                     |                    |   |
|---------------------------------|-------------|------------------------------------|---|--|------------------------|---------------------|--------------------|---|
| <b>Retreat Star</b>             |             | <b>Thursday, December 26, 2019</b> |   | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau |                        |                     | Sun 14             | Peoria, IL<br>Sutra 256<br>Vikarin 5121 |
| Dhanus Rasi: 13.41              | Tithi 1     | <b>Gulika</b> 9:39AM – 10:48AM     | <b>Purvashadha*</b> <b>Until 6:00AM Fri</b> | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 7:19AM |                     |                    |   |
|                                 |             | Yama 7:19AM – 8:29AM               | Vridhhi <b>Until 10:34AM</b>                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:37PM  |                     | Moon 12 - Phase 35 |   |
|                                 | 883523466   | <b>Rahu</b> 1:08PM – 2:17PM        | Kintughna <b>Until 11:09AM</b>              | <b>Nataraja:</b> Orange  |                        |                     | Prathama           |   |
| Creative Work                   | Siddha Yoga |                                    | <b>Day 6 of Pancha Ganapati</b>             | Moon – Light Blue  |                        | <b>Devaloka Day</b> |                    |   |
| Until 6:00AM Fri                |             |                                    | <b>Prathama* Until 11:10PM</b>              | <b>Pausha*Markali</b>  |                        |                     |                    |   |
| Then Routine Work - Marana Yoga |             |                                    | <b>Annular Solar Eclipse</b>                |  |                        |                     |                    |   |

|                   |             |   |                                  |  |                        |  |                     |   |
|-------------------|-------------|---|----------------------------------|--|------------------------|--|---------------------|---|
| <b>1</b>          |             | <b>Friday, December 27, 2019</b>        |                                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau |                        |  |                     | Peoria, IL<br>Sun 15<br>Sutra 257<br>Vikarin 5121 |
| Dhanus Rasi: 26.4 | Tithi 2     | <b>Gulika</b> 8:29AM – 9:39AM           | <b>Purvashadha* Until 6:00AM</b> | <b>Ganesha:</b> Orange   | <b>Sunrise:</b> 7:19AM |  |                     |   |
|                   |             | Yama 2:18PM – 3:28PM                    | Dhruva Until 9:31AM              | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 4:38PM  |  |                     | Moon 12 - Phase 36                                |
| Routine Work      | Marana Yoga | 883523466 <b>Rahu</b> 10:49AM – 11:59AM | Balava Until 11:22AM             | <b>Nataraja:</b> Orange  |                        |  |                     | 3rd Phase   |
|                   |             |   | <b>Dvitiya Until 11:42PM</b>     | <b>Moon – Light Blue</b>   |                        |  | <b>Devaloka Day</b> |   |
|                   |             |   |                                  | <b>Pausha-Markali</b>  |                        |  |                     |   |

|                                  |             |  |                                  |  |                        |  |                     |   |
|----------------------------------|-------------|--|----------------------------------|--|------------------------|--|---------------------|---|
| <b>2</b>                         |             | <b>Saturday, December 28, 2019</b>     |                                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau |                        |  |                     | Peoria, IL<br>Sun 16<br>Sutra 258<br>Vikarin 5121 |
| Makara Rasi: 9.21                | Tithi 3     | <b>Gulika</b> 7:20AM – 8:30AM          | <b>Uttarashadha Until 7:04AM</b> | <b>Ganesha:</b> Orange   | <b>Sunrise:</b> 7:20AM |  |                     |   |
|                                  |             | Yama 1:09PM – 2:19PM                   | Vyaghata* Until 8:56AM           | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 4:38PM  |  |                     | Moon 12 - Phase 36                                |
| Routine Work                     | Marana Yoga | 883523466 <b>Rahu</b> 9:39AM – 10:49AM | Taitila Until 12:12PM            | <b>Nataraja:</b> Orange  |                        |  |                     | 3rd Phase   |
| Until 7:04AM                     |             |  | <b>Tritiya Until 12:49AM Sun</b> | <b>Moon – Light Blue</b>   |                        |  | <b>Devaloka Day</b> |   |
| Then Creative Work - Siddha Yoga |             |  |                                  | <b>Pausha-Markali</b>  |                        |  |                     |   |

|                                 |             |                                       |                                    |   |                        |  |                     |   |
|---------------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|--|---------------------|---|
| <b>3</b>                        |             | <b>Sunday, December 29, 2019</b>      |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau |                        |  |                     | Peoria, IL<br>Sun 17<br>Sutra 259<br>Vikarin 5121 |
| Makara Rasi: 21.46              | Tithi 4     | <b>Gulika</b> 2:19PM – 3:29PM         | <b>Shravana Until 9:02AM</b>       | <b>Ganesha:</b> Clear   | <b>Sunrise:</b> 7:20AM |  |                     |   |
|                                 |             | Yama 12:00PM – 1:09PM                 | Harshana Until 8:48AM              | <b>Muruqa:</b> Clear  | <b>Sunset:</b> 4:39PM  |  |                     | Moon 12 - Phase 36                                |
| Creative Work                   | Amrita Yoga | 893523466 <b>Rahu</b> 3:29PM – 4:39PM | Vanija Until 1:37PM                | <b>Nataraja:</b> Orange   |                        |  |                     | 3rd Phase   |
| Until 9:02AM                    |             |                                       | <b>Chaturthi* Until 2:29AM Mon</b> | <b>Moon – Purple</b>  |                        |  | <b>Devaloka Day</b> |   |
| Then Routine Work - Marana Yoga |             |                                       |                                    | <b>Pausha-Markali</b>   |                        |  |                     |   |

|                     |             |                                       |                                  |   |                        |  |                     |   |
|---------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|--|---------------------|---|
| <b>4</b>            |             | <b>Monday, December 30, 2019</b>      |                                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau |                        |  |                     | Peoria, IL<br>Sun 18<br>Sutra 260<br>Vikarin 5121 |
| Kumbha Rasi: 3.58   | Tithi 5     | <b>Gulika</b> 1:10PM – 2:20PM         | <b>Dhanishtha Until 11:20AM</b>  | <b>Ganesha:</b> Clear   | <b>Sunrise:</b> 7:20AM |  |                     |   |
| Family Home Evening |             | Yama 10:50AM – 12:00PM                | Vajra* Until 9:03AM              | <b>Muruqa:</b> Clear  | <b>Sunset:</b> 4:40PM  |  |                     | Moon 12 - Phase 36                                |
| Creative Work       | Siddha Yoga | 893523466 <b>Rahu</b> 8:30AM – 9:40AM | Bava Until 3:31PM                | <b>Nataraja:</b> Orange   |                        |  |                     | 3rd Phase   |
|                     |             |                                       | <b>Panchami Until 4:36AM Tue</b> | <b>Moon – Purple</b>  |                        |  | <b>Devaloka Day</b> |   |
|                     |             |                                       |                                  | <b>Pausha-Markali</b>   |                        |  |                     |   |

|                 |             |                                       |                                   |   |                        |  |                     |   |
|-----------------|-------------|---------------------------------------|-----------------------------------|---|------------------------|--|---------------------|---|
| <b>5</b>        |             | <b>Tuesday, December 31, 2019</b>     |                                   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau |                        |  |                     | Peoria, IL<br>Sun 19<br>Sutra 261<br>Vikarin 5121 |
| Kumbha Rasi: 16 | Tithi 6     | <b>Gulika</b> 12:01PM – 1:11PM        | <b>Shatabhishak Until 1:50PM</b>  | <b>Ganesha:</b> Clear   | <b>Sunrise:</b> 7:20AM |  |                     |   |
|                 |             | Yama 9:40AM – 10:50AM                 | Siddhi Until 9:36AM               | <b>Muruqa:</b> Clear  | <b>Sunset:</b> 4:41PM  |  |                     | Moon 12 - Phase 36                                |
| Routine Work    | Marana Yoga | 893523466 <b>Rahu</b> 2:21PM – 3:31PM | Kaulava Until 5:48PM              | <b>Nataraja:</b> Orange   |                        |  |                     | 3rd Phase   |
|                 |             |                                       | <b>Shashthi* Until 7:01AM Wed</b> | <b>Moon – Purple</b>  |                        |  | <b>Devaloka Day</b> |   |
|                 |             |                                       |                                   | <b>Pausha-Markali</b>   |                        |  |                     |   |

|                                  |             |  |                                       |  |                        |  |                                    |   |
|----------------------------------|-------------|--|---------------------------------------|--|------------------------|--|------------------------------------|---|
| <b>6</b>                         |             | <b>Wednesday, January 1, 2020</b>      |                                       | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        |  |                                    | Peoria, IL<br>Sun 20<br>Sutra 262<br>Vikarin 5121 |
| Kumbha Rasi: 27.56               | Tithi 6 – 7 | <b>Gulika</b> 10:51AM – 12:01PM        | <b>Purvaproshtapada* Until 4:54PM</b> | <b>Ganesha:</b> Blue   | <b>Sunrise:</b> 7:21AM |  |                                    |   |
|                                  |             | Yama 8:31AM – 9:41AM                   | Vyatipata* Until 10:21AM              | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 4:42PM  |  |                                    | Moon 12 - Phase 36                                |
| Creative Work                    | Amrita Yoga | 813623466 <b>Rahu</b> 12:01PM – 1:12PM | Gara Until 8:17PM                     | <b>Nataraja:</b> Orange  |                        |  |                                    | 3rd Phase   |
| Until 4:54PM                     |             |  | <b>Shashthi* Until 7:01AM</b>         | <b>Moon – Clear</b>  |                        |  | <b>Bhuloka Day</b>                 |   |
| Then Creative Work - Siddha Yoga |             | <b>Vinayaga Viratam Ends</b>           |                                       | <b>Pausha-Markali</b>  |                        |  | <b>Devaloka Time: 3:PM to 6:PM</b> |   |

|                     |             |                                       |                                       |   |                        |  |                                    |   |
|---------------------|-------------|---------------------------------------|---------------------------------------|---|------------------------|--|------------------------------------|---|
| <b>Retreat Star</b> |             | <b>Thursday, January 2, 2020</b>      |                                       | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        |  |                                    | Peoria, IL<br>Sun 21<br>Sutra 263<br>Vikarin 5121 |
| Meena Rasi: 9.49    | Tithi 7 – 8 | <b>Gulika</b> 9:41AM – 10:52AM        | <b>Uttaraproshtapada Until 7:48PM</b> | <b>Ganesha:</b> Blue  | <b>Sunrise:</b> 7:21AM |  |                                    |   |
|                     |             | Yama 7:21AM – 8:31AM                  | Variyan Until 11:08AM                 | <b>Muruqa:</b> Clear  | <b>Sunset:</b> 4:43PM  |  |                                    | Moon 12 - Phase 36                                |
| Creative Work       | Siddha Yoga | 813623466 <b>Rahu</b> 1:12PM – 2:23PM | Visti Until 10:46PM                   | <b>Nataraja:</b> Orange   |                        |  |                                    | Ashtami   |
|                     |             |                                       | <b>Saptami Until 9:31AM</b>           | <b>Moon – Clear</b>   |                        |  | <b>Bhuloka Day</b>                 |   |
|                     |             |                                       |                                       | <b>Pausha-Markali</b>   |                        |  | <b>Devaloka Time: 3:PM to 6:PM</b> |   |

|                                  |             |   |                               |  |                        |  |                                    |   |
|----------------------------------|-------------|---|-------------------------------|--|------------------------|--|------------------------------------|---|
| <b>Retreat Star</b>              |             | <b>Friday, January 3, 2020</b>          |                               | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        |  |                                    | Peoria, IL<br>Sun 22<br>Sutra 264<br>Vikarin 5121 |
| Meena Rasi: 21.43                | Tithi 8 – 9 | <b>Gulika</b> 8:31AM – 9:42AM           | <b>Revati Until 10:23PM</b>   | <b>Ganesha:</b> Blue   | <b>Sunrise:</b> 7:21AM |  |                                    |   |
|                                  |             | Yama 2:23PM – 3:34PM                    | Parigha* Until 11:51AM        | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 4:44PM  |  |                                    | Moon 12 - Phase 36                                |
| Creative Work                    | Siddha Yoga | 813623466 <b>Rahu</b> 10:52AM – 12:02PM | Balava Until 1:02AM Sat       | <b>Nataraja:</b> Orange  |                        |  |                                    | Navami  |
| Until 10:23PM                    |             |   | <b>Ashtami* Until 11:55AM</b> | <b>Moon – Clear</b>  |                        |  | <b>Bhuloka Day</b>                 |   |
| Then Creative Work - Amrita Yoga |             |   |                               | <b>Pausha-Markali</b>  |                        |  | <b>Devaloka Time: 3:PM to 6:PM</b> |   |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                 |               |                                   |  |  |   |   |                    |   |
|---------------------------------|---------------|-----------------------------------|--|--|---|---|--------------------|---|
| <b>1</b>                        |               | <b>Saturday, January 4, 2020</b>  |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau         |   | Sun 23  |                    | Peoria, IL<br>Sutra 265<br>Vikarin 5121 |
| Mesha Rasi: 3.44                | Tithi 9 – 10  | 823623466                         | <b>Gulika</b> 7:21AM – 8:31AM<br><b>Yama</b> 1:13PM – 2:24PM<br><b>Rahu</b> 9:42AM – 10:52AM   | <b>Ashvini Until 12:54AM Sun</b><br>Shiva Until 12:21PM<br>Taitila Until 2:54AM Sun<br>Navami* Until 2:01PM  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Pausha-Markali</b>  | <b>Sunrise:</b> 7:21AM<br><b>Sunset:</b> 4:45PM   | Moon 12 - Phase 37 | 4th Phase                               |
| Creative Work Siddha Yoga       |               | Until 12:54AM Sun                 |  | Then Routine Work - Prabalarishta Yoga   |   | <b>Devaloka Day</b>                               |                    |   |
| <b>2</b>                        |               | <b>Sunday, January 5, 2020</b>    |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau          |   | Sun 24  |                    | Peoria, IL<br>Sutra 266<br>Vikarin 5121 |
| Mesha Rasi: 15.56               | Tithi 10 – 11 | 823623466                         | <b>Gulika</b> 2:25PM – 3:35PM<br><b>Yama</b> 12:03PM – 1:14PM<br><b>Rahu</b> 3:35PM – 4:46PM   | <b>Bharani Until 2:44AM Mon</b><br>Siddha Until 12:27PM<br>Vanija Until 4:11AM Mon<br>Dashami Until 3:36PM   | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Pausha-Markali</b>  | <b>Sunrise:</b> 7:21AM<br><b>Sunset:</b> 4:46PM   | Moon 12 - Phase 37 | 4th Phase                               |
| Routine Work Prabalarishta Yoga |               | Until 2:44AM Mon                  |  | Then Routine Work - Marana Yoga  |   | <b>Devaloka Day</b>                               |                    |   |
| <b>3</b>                        |               | <b>Monday, January 6, 2020</b>    |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau           |   | Sun 25  |                    | Peoria, IL<br>Sutra 267<br>Vikarin 5121 |
| Mesha Rasi: 28.22               | Tithi 11 – 12 | 823623466                         | <b>Gulika</b> 1:15PM – 2:25PM<br><b>Yama</b> 10:53AM – 12:04PM<br><b>Rahu</b> 8:31AM – 9:42AM  | <b>Krittika Until 3:45AM Tue</b><br>Sadhya Until 12:06PM<br>Bava Until 4:47AM Tue<br>Ekadashi Until 4:33PM   | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Pausha-Markali</b>  | <b>Sunrise:</b> 7:21AM<br><b>Sunset:</b> 4:47PM   | Moon 12 - Phase 37 | 4th Phase                               |
| Family Home Evening             |               | Routine Work Marana Yoga          |  | Until 3:45AM Tue   |   | Then Creative Work - Amrita Yoga                  |                    | <b>Devaloka Day</b>                     |
| <b>4</b>                        |               | <b>Tuesday, January 7, 2020</b>   |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau     |   | Sun 26  |                    | Peoria, IL<br>Sutra 268<br>Vikarin 5121 |
| Vrishabha Rasi: 11.07           | Tithi 12 – 13 | 833623466                         | <b>Gulika</b> 12:04PM – 1:15PM<br><b>Yama</b> 9:42AM – 10:53AM<br><b>Rahu</b> 2:26PM – 3:37PM  | <b>Rohini Until 4:22AM Wed</b><br>Subha Until 11:13AM<br>Kaulava Until 4:38AM Wed<br>Dvadashi Until 4:47PM   | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Yellow<br><b>Pausha-Markali</b>  | <b>Sunrise:</b> 7:21AM<br><b>Sunset:</b> 4:48PM   | Moon 12 - Phase 37 | 4th Phase                               |
| Creative Work Amrita Yoga       |               | Until 4:22AM Wed                  |  | Then Creative Work - Siddha Yoga   |   | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                    |   |
| <b>5</b>                        |               | <b>Wednesday, January 8, 2020</b> |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |   | Sun 27  |                    | Peoria, IL<br>Sutra 269<br>Vikarin 5121 |
| Vrishabha Rasi: 24.13           | Tithi 13 – 14 | 833623466                         | <b>Gulika</b> 10:54AM – 12:05PM<br><b>Yama</b> 8:32AM – 9:43AM<br><b>Rahu</b> 12:05PM – 1:16PM | <b>Mrigashira Until 4:09AM Thu</b><br>Sukla Until 9:44AM<br>Gara Until 3:48AM Thu<br>Trayodashi Until 4:17PM   | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Yellow<br><b>Pausha-Markali</b>  | <b>Sunrise:</b> 7:20AM<br><b>Sunset:</b> 4:49PM   | Moon 12 - Phase 37 | 4th Phase                               |
| Creative Work Siddha Yoga       |               | Until 4:09AM Thu                  |  | Then Routine Work - Marana Yoga  |   | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                    |   |
| <b>○</b>                        |               | <b>Thursday, January 9, 2020</b>  |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau        |   | Sun 28  |                    | Peoria, IL<br>Sutra 270<br>Vikarin 5121 |
| Mithuna Rasi: 7.43              | Tithi 14 – 15 | 834623466                         | <b>Gulika</b> 9:43AM – 10:54AM<br><b>Yama</b> 7:20AM – 8:31AM<br><b>Rahu</b> 1:16PM – 2:27PM   | <b>Ardra Until 3:10AM Fri</b><br>Brahma Until 7:44AM<br>Visti Until 2:19AM Fri<br>Chaturdashi* Until 3:07PM  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Yellow<br><b>Pausha-Markali</b> | <b>Sunrise:</b> 7:20AM<br><b>Sunset:</b> 4:50PM   | Moon 12 - Phase 37 | Purnima                                 |
| Routine Work Marana Yoga        |               | Until 3:10AM Fri                  |  | Then Creative Work - Siddha Yoga   |   | <b>Devaloka Day</b>                               |                    |   |
| <b>○</b>                        |               | <b>Friday, January 10, 2020</b>   |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau        |   | Sun 29  |                    | Peoria, IL<br>Sutra 271<br>Vikarin 5121 |
| Mithuna Rasi: 21.34             | Tithi 15 – 16 | 844623466                         | <b>Gulika</b> 8:31AM – 9:43AM<br><b>Yama</b> 2:28PM – 3:39PM<br><b>Rahu</b> 10:54AM – 12:05PM  | <b>Punarvasu Until 1:59AM Sat</b><br>Vaidhriti* Until 2:22AM Sat<br>Balava Until 12:20AM Sat<br>Purnima* Until 1:22PM  | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Blue<br><b>Pausha-Markali</b>    | <b>Sunrise:</b> 7:20AM<br><b>Sunset:</b> 4:51PM   | Moon 12 - Phase 37 | Prathama                                |
| Creative Work Siddha Yoga       |               | Penumbra Lunar Eclipse            |  |  |   | <b>Sivaloka Day</b>                               |                    |   |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



**Saturday, January 11, 2020**  
**Gold Retreat Star**

Kataka Rasi: 5.43      Tithi 16 – 17

844623466

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sun 1      Peoria, IL  
Sutra 272  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Gulika**      7:20AM – 8:31AM  
Yama      1:17PM – 2:29PM  
**Rahu**      9:43AM – 10:54AM

**Pushya Until 12:17AM Sun**  
Vishkambha\* Until 11:12PM  
Taitila Until 9:58PM  
**Prathama\* Until 11:10AM**

**Ganesha:** White      *Sunrise:* 7:20AM  
**Muruḡa:** Clear      *Sunset:* 4:52PM  
**Nataraja:** Orange  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

**1**

**Sunday, January 12, 2020**

Kataka Rasi: 20.06      Tithi 17 – 18

844623466

Creative Work      Siddha Yoga

Until 10:13PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 2      Peoria, IL  
Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Gulika**      2:30PM – 3:41PM  
Yama      12:06PM – 1:18PM  
**Rahu**      3:41PM – 4:53PM

**Ashlesha\* Until 10:13PM**  
Priti Until 7:51PM  
Vanija Until 7:21PM  
**Dvitiya Until 8:40AM**

**Ganesha:** White      *Sunrise:* 7:19AM  
**Muruḡa:** Clear      *Sunset:* 4:53PM  
**Nataraja:** Orange  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

**2**

**Monday, January 13, 2020**

Simha Rasi: 4.37      Tithi 19

854623466

Family Home Evening

Routine Work      Marana Yoga  
Until 8:21PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau

Sun 3      Peoria, IL  
Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Gulika**      1:18PM – 2:30PM  
Yama      10:55AM – 12:07PM  
**Rahu**      8:31AM – 9:43AM

**Magha\* Until 8:21PM**  
Ayushman Until 4:24PM  
Balava Until 4:39PM  
**Chaturthi\* Until 3:16AM Tue**

**Ganesha:** Clear      *Sunrise:* 7:19AM  
**Muruḡa:** Clear      *Sunset:* 4:54PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Markali**

**Devaloka Day**

**3**

**Tuesday, January 14, 2020**

Simha Rasi: 19.1      Tithi 20

854623466

Creative Work      Siddha Yoga

Until 6:23PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 4      Peoria, IL  
Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Gulika**      12:07PM – 1:19PM  
Yama      9:43AM – 10:55AM  
**Rahu**      2:31PM – 3:43PM

**Purvaphalguni Until 6:23PM**  
Saubhagya Until 12:58PM  
Kaulava Until 1:57PM  
**Panchami Until 12:38AM Wed**

**Ganesha:** Clear      *Sunrise:* 7:19AM  
**Muruḡa:** Clear      *Sunset:* 4:55PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Thai**

**Devaloka Day**

**4**

**Wednesday, January 15, 2020**

Kanya Rasi: 3.39      Tithi 21

854623466

Creative Work      Amrita Yoga

Until 4:26PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 5      Peoria, IL  
Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Gulika**      10:55AM – 12:07PM  
Yama      8:31AM – 9:43AM  
**Rahu**      12:07PM – 1:20PM

**Uttaraphalguni Until 4:26PM**  
Sobhana Until 9:40AM  
Gara Until 11:24AM  
**Shashthi\* Until 10:11PM**

**Ganesha:** Clear      *Sunrise:* 7:18AM  
**Muruḡa:** Clear      *Sunset:* 4:56PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Thai**

**Devaloka Day**

**5**

**Thursday, January 16, 2020**

Kanya Rasi: 17.59      Tithi 22

864623466

Routine Work      Marana Yoga

Until 3:00PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 6      Peoria, IL  
Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Gulika**      9:43AM – 10:55AM  
Yama      7:18AM – 8:30AM  
**Rahu**      1:20PM – 2:33PM

**Hasta Until 3:00PM**  
Athiganda\* Until 6:30AM  
Visti Until 9:04AM  
**Saptami Until 7:59PM**

**Ganesha:** Purple      *Sunrise:* 7:18AM  
**Muruḡa:** Clear      *Sunset:* 4:57PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

**Sivaloka Day**

**☾**

**Friday, January 17, 2020**

**Retreat Star**

Tula Rasi: 2.08      Tithi 23

864623466

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 7      Peoria, IL  
Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

**Gulika**      8:30AM – 9:43AM  
Yama      2:33PM – 3:46PM  
**Rahu**      10:55AM – 12:08PM

**Chitra Until 1:43PM**  
Dhriti Until 12:56AM Sat  
Balava Until 7:01AM  
**Ashtami\* Until 6:06PM**

**Ganesha:** Purple      *Sunrise:* 7:17AM  
**Muruḡa:** Clear      *Sunset:* 4:59PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

**Sivaloka Day**

**Saturday, January 18, 2020**

**Retreat Star**

Tula Rasi: 16.05      Tithi 24 – 25

864623466

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 8      Peoria, IL  
Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

**Gulika**      7:17AM – 8:30AM  
Yama      1:21PM – 2:34PM  
**Rahu**      9:43AM – 10:55AM

**Svati Until 12:39PM**  
Shula\* Until 10:33PM  
Vanija Until 3:58AM Sun  
**Navami\* Until 4:35PM**

**Ganesha:** Purple      *Sunrise:* 7:17AM  
**Muruḡa:** Clear      *Sunset:* 5:00PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

**Sivaloka Day**

|                  |               |                                 |                  |   |                         |                        |                   |                     |   |
|------------------|---------------|---------------------------------|------------------|---|-------------------------|------------------------|-------------------|---------------------|---|
| <b>1</b>         |               | <b>Sunday, January 19, 2020</b> |                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashtyam Titau |                         |                        |                   | Sun 9               | Peoria, IL<br>Sutra 280<br>Vikarin 5121 |
| Tula Rasi: 29.48 | Tithi 25 – 26 | <b>Gulika</b>                   | 2:35PM – 3:48PM  | <b>Vishakha</b> Until 12:14PM   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:16AM |                   |                     |   |
|                  |               | Yama                            | 12:09PM – 1:22PM | Ganda* Until 8:30PM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:01PM  | Moon 1 - Phase 39 |                     |   |
|                  |               | 874623466 <b>Rahu</b>           | 3:48PM – 5:01PM  | Bava Until 3:01AM Mon   | <b>Nataraja:</b> Orange |                        | 2nd Phase         |                     |   |
| Routine Work     | Marana Yoga   |                                 |                  | <b>Dashami</b> Until 3:26PM   | Moon – Orange           |                        |                   | <b>Devaloka Day</b> |   |
|                  |               |                                 |                  |   | <b>Pausha</b> -Thai     |                        |                   |                     |   |

|                            |               |                                 |                   |   |                         |                        |                   |                     |   |
|----------------------------|---------------|---------------------------------|-------------------|---|-------------------------|------------------------|-------------------|---------------------|---|
| <b>2</b>                   |               | <b>Monday, January 20, 2020</b> |                   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau |                         |                        |                   | Sun 10              | Peoria, IL<br>Sutra 281<br>Vikarin 5121 |
| Vrischika Rasi: 13.17      | Tithi 26 – 27 | <b>Gulika</b>                   | 1:22PM – 2:35PM   | <b>Anuradha</b> Until 12:02PM   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:16AM |                   |                     |   |
| <b>Family Home Evening</b> |               | Yama                            | 10:56AM – 12:09PM | Vriddhi Until 6:45PM  | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:02PM  | Moon 1 - Phase 39 |                     |   |
|                            |               | 874623466 <b>Rahu</b>           | 8:29AM – 9:42AM   | Kaulava Until 2:27AM Tue  | <b>Nataraja:</b> Orange |                        | 2nd Phase         |                     |   |
| Creative Work              | Siddha Yoga   |                                 |                   | <b>Ekadashi*</b> Until 2:40PM   | Moon – Orange           |                        |                   | <b>Devaloka Day</b> |   |
|                            |               |                                 |                   |   | <b>Pausha</b> -Thai     |                        |                   |                     |   |

|                                  |               |                                  |                  |  |                         |                        |                   |                                    |   |
|----------------------------------|---------------|----------------------------------|------------------|--|-------------------------|------------------------|-------------------|------------------------------------|---|
| <b>3</b>                         |               | <b>Tuesday, January 21, 2020</b> |                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashti/Trayodashtyam Titau |                         |                        |                   | Sun 11                             | Peoria, IL<br>Sutra 282<br>Vikarin 5121 |
| Vrischika Rasi: 26.34            | Tithi 27 – 28 | <b>Gulika</b>                    | 12:09PM – 1:23PM | <b>Jyeshtha*</b> Until 12:05PM   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:15AM |                   |                                    |   |
|                                  |               | Yama                             | 9:42AM – 10:56AM | Dhruva Until 5:17PM  | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:03PM  | Moon 1 - Phase 39 |                                    |   |
|                                  |               | 875623466 <b>Rahu</b>            | 2:36PM – 3:50PM  | Gara Until 2:18AM Wed  | <b>Nataraja:</b> Orange |                        | 2nd Phase         |                                    |   |
| Routine Work                     | Marana Yoga   |                                  |                  | <b>Dvadashti*</b> Until 2:18PM   | Moon – Orange           |                        |                   | <b>Bhuloka Day</b>                 |   |
| Until 12:05PM                    |               |                                  |                  |  | <b>Pausha</b> -Thai     |                        |                   | <b>Devaloka Time: 3:PM to 6:PM</b> |   |
| Then Creative Work - Amrita Yoga |               |                                  |                  |  |                         |                        |                   |                                    |   |

|                                  |               |                                    |                   |  |                            |                        |                   |                                    |   |
|----------------------------------|---------------|------------------------------------|-------------------|--|----------------------------|------------------------|-------------------|------------------------------------|---|
| <b>4</b>                         |               | <b>Wednesday, January 22, 2020</b> |                   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                            |                        |                   | Sun 12                             | Peoria, IL<br>Sutra 283<br>Vikarin 5121 |
| Dhanus Rasi: 9.38                | Tithi 28 – 29 | <b>Gulika</b>                      | 10:56AM – 12:09PM | <b>Mula*</b> Until 12:51PM   | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:15AM |                   |                                    |   |
|                                  |               | Yama                               | 8:28AM – 9:42AM   | Vyaghata* Until 4:10PM   | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 5:04PM  | Moon 1 - Phase 39 |                                    |   |
|                                  |               | 885623466 <b>Rahu</b>              | 12:09PM – 1:23PM  | Visti Until 2:34AM Thu   | <b>Nataraja:</b> Orange    |                        | 2nd Phase         |                                    |   |
| Routine Work                     | Marana Yoga   |                                    |                   | <b>Trayodashi*</b> Until 2:21PM  | Moon – Light Blue          |                        |                   | <b>Bhuloka Day</b>                 |   |
| Until 12:51PM                    |               |                                    |                   |  | <b>Pausha</b> -Thai        |                        |                   | <b>Devaloka Time: 3:PM to 6:PM</b> |   |
| Then Creative Work - Amrita Yoga |               |                                    |                   |  |                            |                        |                   |                                    |   |

|                                 |               |                                   |                  |   |                            |                        |                   |                                    |   |
|---------------------------------|---------------|-----------------------------------|------------------|---|----------------------------|------------------------|-------------------|------------------------------------|---|
| <b>Retreat Star</b>             |               | <b>Thursday, January 23, 2020</b> |                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                            |                        |                   | Sun 13                             | Peoria, IL<br>Sutra 284<br>Vikarin 5121 |
| Dhanus Rasi: 22.29              | Tithi 29 – 30 | <b>Gulika</b>                     | 9:42AM – 10:56AM | <b>Purvashadha*</b> Until 1:51PM  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:14AM |                   |                                    |   |
|                                 |               | Yama                              | 7:14AM – 8:28AM  | Harshana Until 3:23PM   | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 5:06PM  | Moon 1 - Phase 39 |                                    |   |
|                                 |               | 885623466 <b>Rahu</b>             | 1:24PM – 2:38PM  | Catuspada Until 3:15AM Fri  | <b>Nataraja:</b> Orange    |                        | Amavasya          |                                    |   |
| Creative Work                   | Siddha Yoga   |                                   |                  | <b>Chaturdashi*</b> Until 2:50PM  | Moon – Light Blue          |                        |                   | <b>Bhuloka Day</b>                 |   |
| Until 1:51PM                    |               |                                   |                  |   | <b>Pausha</b> -Thai        |                        |                   | <b>Devaloka Time: 3:PM to 6:PM</b> |   |
| Then Routine Work - Marana Yoga |               |                                   |                  |   |                            |                        |                   |                                    |   |

|                     |              |                                 |                   |   |                            |                        |                   |                                    |   |
|---------------------|--------------|---------------------------------|-------------------|---|----------------------------|------------------------|-------------------|------------------------------------|---|
| <b>Retreat Star</b> |              | <b>Friday, January 24, 2020</b> |                   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                            |                        |                   | Sun 14                             | Peoria, IL<br>Sutra 285<br>Vikarin 5121 |
| Makara Rasi: 5.08   | Tithi 30 – 1 | <b>Gulika</b>                   | 8:27AM – 9:42AM   | <b>Uttarashadha</b> Until 3:07PM  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:13AM |                   |                                    |   |
|                     |              | Yama                            | 2:38PM – 3:53PM   | Vajra* Until 2:54PM   | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 5:07PM  | Moon 1 - Phase 39 |                                    |   |
|                     |              | 885623466 <b>Rahu</b>           | 10:56AM – 12:10PM | Kintughna Until 4:23AM Sat  | <b>Nataraja:</b> Orange    |                        | Prathama          |                                    |   |
| Routine Work        | Marana Yoga  |                                 |                   | <b>Amavasya*</b> Until 3:44PM   | Moon – Light Blue          |                        |                   | <b>Bhuloka Day</b>                 |   |
|                     |              |                                 |                   |   | <b>Magha</b> -Thai         |                        |                   | <b>Devaloka Time: 3:PM to 6:PM</b> |   |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austeriy, faith, truth, chastity and the law. Atharva Veda

|                                  |                    |  |  |   |  |
|----------------------------------|--------------------|--|--|---|--|
| <b>1</b>                         |                    | <b>Saturday, January 25, 2020</b>  |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Peoria, IL<br>Sun 15<br>Sutra 286<br>Vikarin 5121  |
| Makara Rasi: 17.37               | Tithi 1 – 2        | <b>Gulika</b> 7:12AM – 8:27AM<br>Yama 1:25PM – 2:39PM<br>Rahu 9:41AM – 10:56AM   | <b>Shravana Until 5:08PM</b><br>Siddhi Until 2:46PM<br>Balava Until 5:56AM Sun<br>Prathama* Until 5:05PM               | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Purple<br><b>Magha-Thai</b>   | <b>Sunrise:</b> 7:12AM<br><b>Sunset:</b> 5:08PM<br>Moon 1 - Phase 40<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Creative Work                    | Siddha Yoga        | 995623466  |  |   |  |
| <b>2</b>                         |                    | <b>Sunday, January 26, 2020</b>  |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Kaulava Karana Dvitiyayam Titau                      | Peoria, IL<br>Sun 16<br>Sutra 287<br>Vikarin 5121  |
| Makara Rasi: 29.53               | Tithi 2            | <b>Gulika</b> 2:40PM – 3:54PM<br>Yama 12:10PM – 1:25PM<br>Rahu 3:54PM – 5:09PM   | <b>Dhanishtha Until 7:21PM</b><br>Vyatipata* Until 2:57PM<br>Kaulava Until 6:50PM<br>Dvitiya Until 6:50PM              | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Purple<br><b>Magha-Thai</b>   | <b>Sunrise:</b> 7:12AM<br><b>Sunset:</b> 5:09PM<br>Moon 1 - Phase 40<br>3rd Phase<br><b>Devaloka Day</b>                               |
| Routine Work                     | Marana Yoga        | 995723466  |  |   |  |
| Until 7:21PM                     |                    |  |  |   |  |
| Then Creative Work - Siddha Yoga |                    |  |  |   |  |
| <b>3</b>                         |                    | <b>Monday, January 27, 2020</b>  |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau                  | Peoria, IL<br>Sun 17<br>Sutra 288<br>Vikarin 5121  |
| Kumbha Rasi: 12.01               | Tithi 3            | <b>Gulika</b> 1:26PM – 2:40PM<br>Yama 10:56AM – 12:11PM<br>Rahu 8:26AM – 9:41AM  | <b>Shatabhishak Until 9:45PM</b><br>Variyan Until 3:23PM<br>Tailila Until 7:52AM<br>Tritiya Until 8:56PM               | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Purple<br><b>Magha-Thai</b>   | <b>Sunrise:</b> 7:11AM<br><b>Sunset:</b> 5:10PM<br>Moon 1 - Phase 40<br>3rd Phase<br><b>Devaloka Day</b>                               |
| Family Home Evening              |                    | 995723466  |  |   |  |
| Creative Work                    | Siddha Yoga        |  |  |   |  |
| Until 9:45PM                     |                    |  |  |   |  |
| Then Routine Work - Marana Yoga  |                    |  |  |   |  |
| <b>4</b>                         |                    | <b>Tuesday, January 28, 2020</b>   |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau          | Peoria, IL<br>Sun 18<br>Sutra 289<br>Vikarin 5121  |
| Kumbha Rasi: 24.01               | Tithi 4            | <b>Gulika</b> 12:11PM – 1:26PM<br>Yama 9:40AM – 10:56AM<br>Rahu 2:41PM – 3:56PM  | <b>Purvaproshtapada* Until 12:44AM We</b><br>Parigha* Until 4:02PM<br>Vanija Until 10:06AM<br>Chaturthi* Until 11:18PM | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Clear<br><b>Magha-Thai</b>   | <b>Sunrise:</b> 7:10AM<br><b>Sunset:</b> 5:12PM<br>Moon 1 - Phase 40<br>3rd Phase<br><b>Sivaloka Day</b>                               |
| Routine Work                     | Marana Yoga        | 915723466  |  |   |  |
| Until 12:44AM Wed                |                    |  |  |   |  |
| Then Creative Work - Siddha Yoga |                    |  |  |   |  |
| <b>5</b>                         |                    | <b>Wednesday, January 29, 2020</b>   |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau                 | Peoria, IL<br>Sun 19<br>Sutra 290<br>Vikarin 5121  |
| Meena Rasi: 5.56                 | Tithi 5            | <b>Gulika</b> 10:55AM – 12:11PM<br>Yama 8:25AM – 9:40AM<br>Rahu 12:11PM – 1:26PM | <b>Uttaraproshtapada Until 3:41AM Thu</b><br>Shiva Until 4:51PM<br>Bava Until 12:34PM<br>Panchami Until 1:49AM Thu     | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Clear<br><b>Magha-Thai</b>   | <b>Sunrise:</b> 7:09AM<br><b>Sunset:</b> 5:13PM<br>Moon 1 - Phase 40<br>3rd Phase<br><b>Sivaloka Day</b>                               |
| Creative Work                    | Siddha Yoga        | 915723466  |  |   |  |
|                                  |                    |  |  |   |  |
| <b>6</b>                         |                    | <b>Thursday, January 30, 2020</b>  |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau                        | Peoria, IL<br>Sun 20<br>Sutra 291<br>Vikarin 5121  |
| Meena Rasi: 17.48                | Tithi 6            | <b>Gulika</b> 9:40AM – 10:55AM<br>Yama 7:08AM – 8:24AM<br>Rahu 1:27PM – 2:43PM   | <b>Revati Until 6:26AM Fri</b><br>Siddha Until 5:40PM<br>Kaulava Until 3:06PM<br>Shashthi* Until 4:19AM Fri            | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Clear<br><b>Magha-Thai</b>  | <b>Sunrise:</b> 7:08AM<br><b>Sunset:</b> 5:14PM<br>Moon 1 - Phase 40<br>3rd Phase<br><b>Devaloka Day</b>                               |
| Creative Work                    | Siddha Yoga        | 916723466  |  |   |  |
| Until 6:26AM Fri                 |                    |  |  |   |  |
| Then Creative Work - Amrita Yoga |                    |  |  |   |  |
| <b>Retreat Star</b>              |                    | <b>Friday, January 31, 2020</b>  |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau                           | Peoria, IL<br>Sun 21<br>Sutra 292<br>Vikarin 5121  |
| Meena Rasi: 29.41                | Tithi 7            | <b>Gulika</b> 8:23AM – 9:39AM<br>Yama 2:43PM – 3:59PM<br>Rahu 10:55AM – 12:11PM  | <b>Revati Until 6:26AM</b><br>Sadhya Until 6:25PM<br>Gara Until 5:32PM<br>Saptami Until 6:38AM Sat                     | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Clear<br><b>Magha-Thai</b>  | <b>Sunrise:</b> 7:07AM<br><b>Sunset:</b> 5:15PM<br>Moon 1 - Phase 40<br>3rd Phase<br><b>Devaloka Day</b>                               |
| Creative Work                    | Siddha Yoga        | 916723466  |  |   |  |
| Until 6:26AM                     |                    |  |  |   |  |
| Then Creative Work - Amrita Yoga |                    |  |  |   |  |
| <b>Retreat Star</b>              |                    | <b>Saturday, February 1, 2020</b>  |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                 | Peoria, IL<br>Sun 22<br>Sutra 293<br>Vikarin 5121  |
| Mesha Rasi: 11.39                | Tithi 7 – 8        | <b>Gulika</b> 7:07AM – 8:23AM<br>Yama 1:27PM – 2:43PM<br>Rahu 9:39AM – 10:55AM   | <b>Ashvini Until 9:20AM</b><br>Subha Until 6:57PM<br>Visti Until 7:40PM<br>Saptami Until 6:38AM                        | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Magha-Thai</b>   | <b>Sunrise:</b> 7:07AM<br><b>Sunset:</b> 5:15PM<br>Moon 1 - Phase 40<br>Ashtami<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM   |
| Creative Work                    | Siddha Yoga        | 926723466  |  |   |  |
|                                  |                    |  |  |   |  |
| <b>Retreat Star</b>              |                    | <b>Sunday, February 2, 2020</b>  |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau                   | Peoria, IL<br>Sun 23<br>Sutra 294<br>Vikarin 5121  |
| Mesha Rasi: 23.46                | Tithi 8 – 9        | <b>Gulika</b> 2:44PM – 4:00PM<br>Yama 12:11PM – 1:28PM<br>Rahu 4:00PM – 5:16PM   | <b>Bharani Until 11:39AM</b><br>Sukla Until 7:05PM<br>Balava Until 9:18PM<br>Ashtami* Until 8:32AM                     | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Magha-Thai</b>   | <b>Sunrise:</b> 7:06AM<br><b>Sunset:</b> 5:16PM<br>Moon 1 - Phase 40<br>Navami<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM    |
| Routine Work                     | Prabalarishta Yoga | 926723466  |  |   |  |
| Until 11:39AM                    |                    |  |  |   |  |
| Then Creative Work - Siddha Yoga |                    |  |  |   |  |

|                                  |              |   |                                     |                         |                        |   |
|----------------------------------|--------------|---|-------------------------------------|-------------------------|------------------------|---|
| <b>Monday, February 3, 2020</b>  |              | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                     |                         |                        | Peoria, IL<br>Sun 24<br>Sutra 295<br>Vikarin 5121 |
| <b>1</b>                         |              | <b>Gulika</b> 1:28PM – 2:45PM   | <b>Krittika</b> <b>Until 1:12PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:05AM |   |
| Vrishabha Rasi: 6.08             | Tithi 9 – 10 | Yama 10:55AM – 12:12PM  | Brahma <b>Until 6:42PM</b>          | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:18PM  | Moon 1 - Phase 41                                 |
| <b>Family Home Evening</b>       | 926723466    | <b>Rahu</b> 8:22AM – 9:38AM   | Taitila <b>Until 10:13PM</b>        | <b>Nataraja:</b> Orange |                        | 4th Phase   |
| Routine Work                     | Marana Yoga  |   | <b>Navami* Until 9:50AM</b>         | Moon – White            |                        | <b>Bhuloka Day</b>                                |
| Until 1:12PM                     |              |   |                                     | <b>Magha-Thai</b>       |                        | Devaloka Time: 3:PM to 6:PM                       |
| Then Creative Work - Amrita Yoga |              |   |                                     |                         |                        |   |

|                                  |               |  |                                     |                        |                        |   |
|----------------------------------|---------------|--|-------------------------------------|------------------------|------------------------|---|
| <b>Tuesday, February 4, 2020</b> |               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                     |                        |                        | Peoria, IL<br>Sun 25<br>Sutra 296<br>Vikarin 5121 |
| <b>2</b>                         |               | <b>Gulika</b> 12:12PM – 1:28PM   | <b>Rohini</b> <b>Until 2:20PM</b>   | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:04AM |   |
| Vrishabha Rasi: 18.49            | Tithi 10 – 11 | Yama 9:38AM – 10:55AM  | Indra <b>Until 5:44PM</b>           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:19PM  | Moon 1 - Phase 41                                 |
|                                  | 936723467     | <b>Rahu</b> 2:45PM – 4:02PM  | Vanija <b>Until 10:19PM</b>         | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work                    | Amrita Yoga   |  | <b>Dashami</b> <b>Until 10:21AM</b> | Moon – Yellow          |                        | <b>Devaloka Day</b>                               |
| Until 2:20PM                     |               |  |                                     | <b>Magha-Thai</b>      |                        |   |
| Then Creative Work - Siddha Yoga |               |  |                                     |                        |                        |   |

|                                    |               |  |                                       |                        |                        |   |
|------------------------------------|---------------|--|---------------------------------------|------------------------|------------------------|---|
| <b>Wednesday, February 5, 2020</b> |               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                       |                        |                        | Peoria, IL<br>Sun 26<br>Sutra 297<br>Vikarin 5121 |
| <b>3</b>                           |               | <b>Gulika</b> 10:55AM – 12:12PM  | <b>Mrigashira</b> <b>Until 2:29PM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:03AM |   |
| Mithuna Rasi: 1.55                 | Tithi 11 – 12 | Yama 8:20AM – 9:37AM   | Vaidhriti* <b>Until 4:05PM</b>        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:20PM  | Moon 1 - Phase 41                                 |
|                                    | 936723467     | <b>Rahu</b> 12:12PM – 1:29PM   | Bava <b>Until 9:35PM</b>              | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work                      | Siddha Yoga   |  | <b>Ekadashi</b> <b>Until 10:02AM</b>  | Moon – Yellow          |                        | <b>Devaloka Day</b>                               |
|                                    |               |  |                                       | <b>Magha-Thai</b>      |                        |   |
|                                    |               |  |                                       |                        |                        |   |

|                                   |               |  |                                     |                        |                        |   |
|-----------------------------------|---------------|--|-------------------------------------|------------------------|------------------------|---|
| <b>Thursday, February 6, 2020</b> |               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                     |                        |                        | Peoria, IL<br>Sun 27<br>Sutra 298<br>Vikarin 5121 |
| <b>4</b>                          |               | <b>Gulika</b> 9:37AM – 10:54AM   | <b>Ardra</b> <b>Until 1:41PM</b>    | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:02AM |   |
| Mithuna Rasi: 15.28               | Tithi 12 – 13 | Yama 7:02AM – 8:20AM   | Vishkambha* <b>Until 1:48PM</b>     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:21PM  | Moon 1 - Phase 41                                 |
|                                   | 936723467     | <b>Rahu</b> 1:29PM – 2:47PM  | Kaulava <b>Until 8:03PM</b>         | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Routine Work                      | Marana Yoga   |  | <b>Dvadashi</b> <b>Until 8:54AM</b> | Moon – Yellow          |                        | <b>Devaloka Day</b>                               |
| Until 1:41PM                      |               |  |                                     | <b>Magha-Thai</b>      |                        |   |
| Then Creative Work - Amrita Yoga  |               |  |                                     |                        |                        |   |
|                                   |               |  |                                     |                        |                        | <i>Pradosha Vrata</i>                             |

|                                 |               |  |                                       |                        |                        |   |
|---------------------------------|---------------|--|---------------------------------------|------------------------|------------------------|---|
| <b>Friday, February 7, 2020</b> |               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau |                                       |                        |                        | Peoria, IL<br>Sun 28<br>Sutra 299<br>Vikarin 5121 |
| <b>5</b>                        |               | <b>Gulika</b> 8:19AM – 9:36AM  | <b>Punarvasu</b> <b>Until 12:28PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:01AM |   |
| Mithuna Rasi: 29.28             | Tithi 13 – 14 | Yama 2:47PM – 4:05PM   | Priti <b>Until 10:57AM</b>            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:23PM  | Moon 1 - Phase 41                                 |
|                                 | 947723467     | <b>Rahu</b> 10:54AM – 12:12PM  | Vanija <b>Until 4:29AM Sat</b>        | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work                   | Siddha Yoga   |  | <b>Trayodashi</b> <b>Until 7:00AM</b> | Moon – Blue            |                        | <b>Bhuloka Day</b>                                |
| Until 12:28PM                   |               | <b>Thai Pusam</b>  |                                       | <b>Magha-Thai</b>      |                        | Devaloka Time: 3:PM to 6:PM                       |
| Then Routine Work - Marana Yoga |               |  |                                       |                        |                        |   |

|                                   |             |   |                                    |                        |                        |   |
|-----------------------------------|-------------|---|------------------------------------|------------------------|------------------------|---|
| <b>Saturday, February 8, 2020</b> |             | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau |                                    |                        |                        | Peoria, IL<br>Sun 29<br>Sutra 300<br>Vikarin 5121 |
| <b>6</b>                          |             | <b>Gulika</b> 7:00AM – 8:18AM   | <b>Pushya</b> <b>Until 10:31AM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:00AM |   |
| Kataka Rasi: 13.54                | Tithi 15    | Yama 1:30PM – 2:48PM  | Ayushman <b>Until 7:36AM</b>       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:24PM  | Moon 1 - Phase 41                                 |
|                                   | 947723467   | <b>Rahu</b> 9:36AM – 10:54AM  | Visti <b>Until 3:03PM</b>          | <b>Nataraja:</b> Clear |                        | Purnima   |
| Creative Work                     | Siddha Yoga |   | <b>Purnima* Until 1:30AM Sun</b>   | Moon – Blue            |                        | <b>Bhuloka Day</b>                                |
| Until 10:31AM                     |             |   |                                    | <b>Magha-Thai</b>      |                        | Devaloka Time: 3:PM to 6:PM                       |
| Then Routine Work - Marana Yoga   |             |   |                                    |                        |                        |   |

|                                 |             |  |                                      |                        |                        |   |
|---------------------------------|-------------|--|--------------------------------------|------------------------|------------------------|---|
| <b>Sunday, February 9, 2020</b> |             | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau |                                      |                        |                        | Peoria, IL<br>Sun 30<br>Sutra 301<br>Vikarin 5121 |
| <b>7</b>                        |             | <b>Gulika</b> 2:48PM – 4:07PM  | <b>Ashlesha*</b> <b>Until 8:01AM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:59AM |   |
| Kataka Rasi: 28.39              | Tithi 16    | Yama 12:12PM – 1:30PM  | Sobhana <b>Until 11:59PM</b>         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:25PM  | Moon 1 - Phase 41                                 |
|                                 | 947723467   | <b>Rahu</b> 4:07PM – 5:25PM  | Balava <b>Until 11:54AM</b>          | <b>Nataraja:</b> Clear |                        | Prathama  |
| Creative Work                   | Siddha Yoga |  | <b>Prathama* Until 10:13PM</b>       | Moon – Blue            |                        | <b>Bhuloka Day</b>                                |
| Until 8:01AM                    |             |  |                                      | <b>Magha-Thai</b>      |                        | Devaloka Time: 3:PM to 6:PM                       |
| Then Routine Work - Marana Yoga |             |  |                                      |                        |                        |   |





**Monday, February 10, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Peoria, IL  
Sutra 302  
Vikarin 5121

Simha Rasi: 14 Tithi 17  
Family Home Evening 957723467  
Creative Work Siddha Yoga  
Until 2:52AM Tue  
Then Creative Work - Amrita Yoga

**Gulika** 1:31PM – 2:49PM  
Yama 10:53AM – 12:12PM  
**Rahu** 8:16AM – 9:35AM

**Purvaphalguni Until 2:52AM Tue**  
Athiganda\* Until 7:56PM  
Taitila Until 8:31AM  
**Dvitiya Until 6:47PM**

**Ganesha:** Red *Sunrise: 6:58AM*  
**Muruqa:** Clear *Sunset: 5:26PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha-Thai**

Moon 2 - Phase 42  
1st Phase

**Devaloka Day**

**1**

**Tuesday, February 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 1  
Peoria, IL  
Sutra 303  
Vikarin 5121

Simha Rasi: 28.37 Tithi 18 – 19  
957723467  
Creative Work Amrita Yoga  
Until 12:08AM Wed  
Then Routine Work - Marana Yoga

**Gulika** 12:12PM – 1:31PM  
Yama 9:34AM – 10:53AM  
**Rahu** 2:50PM – 4:09PM

**Uttaraphalguni Until 12:08AM Wed**  
Sukarma Until 3:57PM  
Bava Until 1:47AM Wed  
**Tritiya Until 3:24PM**

**Ganesha:** Red *Sunrise: 6:57AM*  
**Muruqa:** Clear *Sunset: 5:27PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha-Thai**

Moon 2 - Phase 42  
1st Phase

**Devaloka Day**

**2**

**Wednesday, February 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 2  
Peoria, IL  
Sutra 304  
Vikarin 5121

Kanya Rasi: 13.32 Tithi 19 – 20  
967723467  
Routine Work Marana Yoga  
Until 9:56PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:53AM – 12:12PM  
Yama 8:14AM – 9:34AM  
**Rahu** 12:12PM – 1:31PM

**Hasta Until 9:56PM**  
Dhriti Until 12:07PM  
Kaulava Until 10:43PM  
**Chaturthi\* Until 12:11PM**

**Ganesha:** Green *Sunrise: 6:55AM*  
**Muruqa:** Clear *Sunset: 5:29PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha-Thai**

Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, February 13, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 3  
Peoria, IL  
Sutra 305  
Vikarin 5121

Kanya Rasi: 28.14 Tithi 20 – 21  
968723467  
Creative Work Siddha Yoga  
Until 7:58PM  
Then Creative Work - Amrita Yoga

**Gulika** 9:33AM – 10:52AM  
Yama 6:54AM – 8:14AM  
**Rahu** 1:31PM – 2:51PM

**Chitra Until 7:58PM**  
Shula\* Until 8:32AM  
Gara Until 8:03PM  
**Panchami Until 9:19AM**

**Ganesha:** White *Sunrise: 6:54AM*  
**Muruqa:** Clear *Sunset: 5:30PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, February 14, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Vriddhi Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Sun 4  
Peoria, IL  
Sutra 306  
Vikarin 5121

Tula Rasi: 12.37 Tithi 21 – 22  
968723467  
Creative Work Siddha Yoga

**Gulika** 8:13AM – 9:32AM  
Yama 2:51PM – 4:11PM  
**Rahu** 10:52AM – 12:12PM

**Svati Until 6:23PM**  
Vriddhi Until 2:35AM Sat  
Bava Until 5:01AM Sat  
**Shashthi\* Until 6:53AM**

**Ganesha:** White *Sunrise: 6:53AM*  
**Muruqa:** Clear *Sunset: 5:31PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, February 15, 2020**

**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 5  
Peoria, IL  
Sutra 307  
Vikarin 5121

Tula Rasi: 26.39 Tithi 23  
978723467  
Creative Work Siddha Yoga

**Gulika** 6:52AM – 8:12AM  
Yama 1:32PM – 2:52PM  
**Rahu** 9:32AM – 10:52AM

**Vishakha Until 5:39PM**  
Dhruva Until 12:17AM Sun  
Balava Until 4:19PM  
**Ashtami\* Until 3:44AM Sun**

**Ganesha:** Clear *Sunrise: 6:52AM*  
**Muruqa:** Clear *Sunset: 5:32PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

Moon 2 - Phase 42  
Ashtami

**Devaloka Day**

**Sunday, February 16, 2020**

**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Sun 6  
Peoria, IL  
Sutra 308  
Vikarin 5121

Vrischika Rasi: 10.19 Tithi 24  
978723467  
Routine Work Marana Yoga

**Gulika** 2:53PM – 4:13PM  
Yama 12:12PM – 1:32PM  
**Rahu** 4:13PM – 5:33PM

**Anuradha Until 5:23PM**  
Vyaghata\* Until 10:30PM  
Taitila Until 3:22PM  
**Navami\* Until 3:06AM Mon**

**Ganesha:** Clear *Sunrise: 6:50AM*  
**Muruqa:** Clear *Sunset: 5:33PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

Moon 2 - Phase 42  
Navami

**Devaloka Day**


|                            |  |                                  |                   |   |                               |                        |                        |
|----------------------------|--|----------------------------------|-------------------|---|-------------------------------|------------------------|------------------------|
| <b>1</b>                   |  | <b>Monday, February 17, 2020</b> |                   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam |                               | Peoria, IL             |                        |
| Vrischika Rasi: 23.37      |  | Tithi 25                         |                   | Jyeshtha* Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau                  |                               | Sun 7 Sutra 309        |                        |
| <b>Family Home Evening</b> |  | 978723467                        |                   | <b>Gulika</b> 1:32PM – 2:53PM   | <b>Jyeshtha* Until 5:33PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:49AM |
| Creative Work Siddha Yoga  |  | Yama                             | 10:51AM – 12:12PM | Yama  | 10:51AM – 12:12PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:35PM  |
|                            |  | <b>Rahu</b>                      | 8:10AM – 9:30AM   | <b>Rahu</b>   | 8:10AM – 9:30AM               | <b>Nataraja:</b> Clear | Moon 2 - Phase 43      |
|                            |  |                                  |                   | Vanija Until 3:01PM   |                               | Moon – Orange          | <b>Devaloka Day</b>    |
|                            |  |                                  |                   | Dashami Until 3:03AM Tue  |                               | <b>Magha•Masi</b>      |                        |

|                                  |  |                                   |                  |  |                           |                        |                                    |
|----------------------------------|--|-----------------------------------|------------------|--|---------------------------|------------------------|------------------------------------|
| <b>2</b>                         |  | <b>Tuesday, February 18, 2020</b> |                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam |                           | Peoria, IL             |                                    |
| Dhanus Rasi: 6.37                |  | Tithi 26                          |                  | Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau                                  |                           | Sun 8 Sutra 310        |                                    |
| Creative Work Amrita Yoga        |  | 988723467                         |                  | <b>Gulika</b> 12:12PM – 1:33PM   | <b>Mula* Until 6:36PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:48AM             |
| Until 6:36PM                     |  | Yama                              | 9:30AM – 10:51AM | Yama   | 9:30AM – 10:51AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:36PM              |
| Then Creative Work - Siddha Yoga |  | <b>Rahu</b>                       | 2:54PM – 4:15PM  | <b>Rahu</b>  | 2:54PM – 4:15PM           | <b>Nataraja:</b> Clear | Moon 2 - Phase 43                  |
|                                  |  |                                   |                  | Vajra* Until 8:19PM  |                           | Moon – Light Blue      | <b>Bhuloka Day</b>                 |
|                                  |  |                                   |                  | Bava Until 3:16PM  |                           | <b>Magha•Masi</b>      | <b>Devaloka Time: 3:PM to 6:PM</b> |
|                                  |  |                                   |                  | Ekadashi* Until 3:34AM Wed   |                           |                        |                                    |

|                           |  |                                     |                  |  |                                  |                        |                                    |
|---------------------------|--|-------------------------------------|------------------|--|----------------------------------|------------------------|------------------------------------|
| <b>3</b>                  |  | <b>Wednesday, February 19, 2020</b> |                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam |                                  | Peoria, IL             |                                    |
| Dhanus Rasi: 19.2         |  | Tithi 27                            |                  | Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau                     |                                  | Sun 9 Sutra 311        |                                    |
| Creative Work Amrita Yoga |  | 988723467                           |                  | <b>Gulika</b> 10:50AM – 12:12PM  | <b>Purvashadha* Until 7:58PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:46AM             |
|                           |  | Yama                                | 8:08AM – 9:29AM  | Yama   | 8:08AM – 9:29AM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:37PM              |
|                           |  | <b>Rahu</b>                         | 12:12PM – 1:33PM | <b>Rahu</b>  | 12:12PM – 1:33PM                 | <b>Nataraja:</b> Clear | Moon 2 - Phase 43                  |
|                           |  |                                     |                  | Siddhi Until 7:49PM  |                                  | Moon – Light Blue      | <b>Bhuloka Day</b>                 |
|                           |  |                                     |                  | Kaulava Until 4:01PM   |                                  | <b>Magha•Masi</b>      | <b>Devaloka Time: 3:PM to 6:PM</b> |
|                           |  |                                     |                  | Dvadashi* Until 4:32AM Thu   |                                  |                        |                                    |

|                                  |  |                                    |                 |   |                                  |                        |                                    |
|----------------------------------|--|------------------------------------|-----------------|---|----------------------------------|------------------------|------------------------------------|
| <b>4</b>                         |  | <b>Thursday, February 20, 2020</b> |                 | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam |                                  | Peoria, IL             |                                    |
| Makara Rasi: 1.52                |  | Tithi 28                           |                 | Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau                  |                                  | Sun 10 Sutra 312       |                                    |
| Routine Work Marana Yoga         |  | 989823467                          |                 | <b>Gulika</b> 9:28AM – 10:50AM  | <b>Uttarashadha Until 9:35PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:45AM             |
| Until 9:35PM                     |  | Yama                               | 6:45AM – 8:07AM | Yama  | 6:45AM – 8:07AM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:38PM              |
| Then Creative Work - Siddha Yoga |  | <b>Rahu</b>                        | 1:33PM – 2:55PM | <b>Rahu</b>   | 1:33PM – 2:55PM                  | <b>Nataraja:</b> Clear | Moon 2 - Phase 43                  |
|                                  |  |                                    |                 | Vyatipata* Until 7:40PM   |                                  | Moon – Light Blue      | <b>Bhuloka Day</b>                 |
|                                  |  |                                    |                 | Gara Until 5:12PM   |                                  | <b>Magha•Masi</b>      | <b>Devaloka Time: 3:PM to 6:PM</b> |
|                                  |  |                                    |                 | Trayodashi* Until 5:55AM Fri  |                                  |                        |                                    |
|                                  |  |                                    |                 | <i>Pradosha Vrata (Fasting)</i>   |                                  |                        |                                    |

|                                  |  |                                  |                   |  |                               |                            |                                    |
|----------------------------------|--|----------------------------------|-------------------|--|-------------------------------|----------------------------|------------------------------------|
| <b>5</b>                         |  | <b>Friday, February 21, 2020</b> |                   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam |                               | Peoria, IL                 |                                    |
| Makara Rasi: 14.13               |  | Tithi 29                         |                   | Shravana Nakshatra Variyan Yoga Visti* Karana Chaturdashyam Titau                              |                               | Sun 11 Sutra 313           |                                    |
| Routine Work Marana Yoga         |  | 999823467                        |                   | <b>Gulika</b> 8:05AM – 9:27AM  | <b>Shravana Until 11:52PM</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 6:44AM             |
| Until 11:52PM                    |  | Yama                             | 2:55PM – 4:17PM   | Yama   | 2:55PM – 4:17PM               | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 5:39PM              |
| Then Creative Work - Siddha Yoga |  | <b>Rahu</b>                      | 10:49AM – 12:11PM | <b>Rahu</b>  | 10:49AM – 12:11PM             | <b>Nataraja:</b> Clear     | Moon 2 - Phase 43                  |
|                                  |  |                                  |                   | Variyan Until 7:45PM   |                               | Moon – Purple              | <b>Bhuloka Day</b>                 |
|                                  |  |                                  |                   | Visti Until 6:45PM   |                               | <b>Magha•Masi</b>          | <b>Devaloka Time: 3:PM to 6:PM</b> |
|                                  |  |                                  |                   | Chaturdashi* Until 7:37AM Sat  |                               |                            |                                    |

|   |  |  |                  |  |                                    |                            |                                    |
|---|--|--|------------------|--|------------------------------------|----------------------------|------------------------------------|
|  |  | <b>Saturday, February 22, 2020</b>   |                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam |                                    | Peoria, IL                 |                                    |
| <b>Retreat Star</b>   |  | Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                  | Dhanishtha Until 2:16AM Sun  |                                    | Sun 12 Sutra 314           |                                    |
| Makara Rasi: 26.26  |  | Tithi 29 – 30  |                  | Parigha* Until 8:04PM  |                                    | Vikarin 5121               |                                    |
| Creative Work Siddha Yoga   |  | 999823467  |                  | <b>Gulika</b> 6:42AM – 8:04AM  | <b>Dhanishtha Until 2:16AM Sun</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 6:42AM             |
|   |  | Yama   | 1:34PM – 2:56PM  | Yama   | 1:34PM – 2:56PM                    | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 5:40PM              |
|   |  | <b>Rahu</b>  | 9:27AM – 10:49AM | <b>Rahu</b>  | 9:27AM – 10:49AM                   | <b>Nataraja:</b> Clear     | Moon 2 - Phase 43                  |
|   |  |  |                  | Catuspada Until 8:36PM   |                                    | Moon – Purple              | <b>Bhuloka Day</b>                 |
|   |  |  |                  | Chaturdashi* Until 7:37AM  |                                    | <b>Magha•Masi</b>          | <b>Devaloka Time: 3:PM to 6:PM</b> |
|   |  |  |                  | <b>Mahasivaratri (Lunar)</b>   |                                    |                            |                                    |
|   |  |  |                  | <b>Mahasivaratri (Solar)</b>   |                                    |                            |                                    |

|                                 |  |                                  |                  |  |                                      |                            |                                    |
|---------------------------------|--|----------------------------------|------------------|--|--------------------------------------|----------------------------|------------------------------------|
| <b>Retreat Star</b>             |  | <b>Sunday, February 23, 2020</b> |                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                      | Peoria, IL                 |                                    |
| Kumbha Rasi: 8.32               |  | Tithi 30 – 1                     |                  | Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau         |                                      | Sun 13 Sutra 315           |                                    |
| Creative Work Siddha Yoga       |  | 999823467                        |                  | <b>Gulika</b> 2:56PM – 4:19PM  | <b>Shatabhishak Until 4:43AM Mon</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 6:41AM             |
| Until 4:43AM Mon                |  | Yama                             | 12:11PM – 1:34PM | Yama   | 12:11PM – 1:34PM                     | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 5:42PM              |
| Then Routine Work - Marana Yoga |  | <b>Rahu</b>                      | 4:19PM – 5:42PM  | <b>Rahu</b>  | 4:19PM – 5:42PM                      | <b>Nataraja:</b> Clear     | Moon 2 - Phase 43                  |
|                                 |  |                                  |                  | Shiva Until 8:36PM   |                                      | Moon – Purple              | <b>Bhuloka Day</b>                 |
|                                 |  |                                  |                  | Kintughna Until 10:42PM  |                                      | <b>Phalgun•Masi</b>        | <b>Devaloka Time: 3:PM to 6:PM</b> |
|                                 |  |                                  |                  | Amavasya* Until 9:36AM   |                                      |                            |                                    |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

|                                  |             |   |   |                        |                        |                         |
|----------------------------------|-------------|---|---|------------------------|------------------------|-------------------------|
| <b>Monday, February 24, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   |                        |                        | Peoria, IL<br>Sutra 316 |
| <b>1</b>                         |             | <b>Gulika</b> 1:34PM – 2:57PM   | <b>Purvaproshtapada* Until 7:41AM Tue</b> | <b>Ganesha:</b> Orange | <b>Sunrise:</b> 6:39AM | Sun 14                  |
| Kumbha Rasi: 20.33               | Tithi 1 – 2 | Yama 10:48AM – 12:11PM  | Siddha Until 9:15PM                       | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 5:43PM  | Vikarin 5121            |
| <b>Family Home Evening</b>       | 919823467   | <b>Rahu</b> 8:02AM – 9:25AM   | Balava Until 1:00AM Tue                   | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44       |
| Routine Work Marana Yoga         |             |   | <b>Prathama* Until 11:48AM</b>            | Moon – Clear           |                        | 3rd Phase               |
| Until 7:41AM Tue                 |             |   |   | <b>Phalguna-Masi</b>   |                        | <b>Devaloka Day</b>     |
| Then Creative Work - Amrita Yoga |             |   |   |                        |                        |                         |

|                                   |             |   |                                       |                        |                        |                         |
|-----------------------------------|-------------|---|---------------------------------------|------------------------|------------------------|-------------------------|
| <b>Tuesday, February 25, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau |                                       |                        |                        | Peoria, IL<br>Sutra 317 |
| <b>2</b>                          |             | <b>Gulika</b> 12:11PM – 1:34PM  | <b>Purvaproshtapada* Until 7:41AM</b> | <b>Ganesha:</b> Orange | <b>Sunrise:</b> 6:38AM | Sun 15                  |
| Meena Rasi: 2.29                  | Tithi 2 – 3 | Yama 9:24AM – 10:48AM   | Sadhya Until 10:02PM                  | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 5:44PM  | Vikarin 5121            |
| <b>Family Home Evening</b>        | 919823467   | <b>Rahu</b> 2:57PM – 4:21PM   | Taitila Until 3:27AM Wed              | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44       |
| Routine Work Marana Yoga          |             |   | <b>Dvitiya Until 2:11PM</b>           | Moon – Clear           |                        | 3rd Phase               |
| Until 7:41AM                      |             |   |                                       | <b>Phalguna-Masi</b>   |                        | <b>Devaloka Day</b>     |
| Then Creative Work - Amrita Yoga  |             |   |                                       |                        |                        |                         |

|                                     |             |  |  |                        |                        |                         |
|-------------------------------------|-------------|--|--|------------------------|------------------------|-------------------------|
| <b>Wednesday, February 26, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |  |                        |                        | Peoria, IL<br>Sutra 318 |
| <b>3</b>                            |             | <b>Gulika</b> 10:47AM – 12:11PM  | <b>Uttaraproshtapada Until 10:36AM</b> | <b>Ganesha:</b> Orange | <b>Sunrise:</b> 6:36AM | Sun 16                  |
| Meena Rasi: 14.23                   | Tithi 3 – 4 | Yama 8:00AM – 9:24AM   | Subha Until 10:55PM                    | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 5:45PM  | Vikarin 5121            |
| <b>Family Home Evening</b>          | 919823467   | <b>Rahu</b> 12:11PM – 1:34PM   | Vanija Until 5:58AM Thu                | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44       |
| Creative Work Siddha Yoga           |             |  | <b>Tritiya Until 4:41PM</b>            | Moon – Clear           |                        | 3rd Phase               |
| Until 10:36AM                       |             |  |  | <b>Phalguna-Masi</b>   |                        | <b>Devaloka Day</b>     |
| Then Routine Work - Marana Yoga     |             |  |  |                        |                        |                         |

|                                    |           |  |                                |                        |                        |                         |
|------------------------------------|-----------|--|--------------------------------|------------------------|------------------------|-------------------------|
| <b>Thursday, February 27, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sukla Yoga Visti* Karana Chaturthyam Titau |                                |                        |                        | Peoria, IL<br>Sutra 319 |
| <b>4</b>                           |           | <b>Gulika</b> 9:23AM – 10:47AM   | <b>Revati Until 1:25PM</b>     | <b>Ganesha:</b> Orange | <b>Sunrise:</b> 6:35AM | Sun 17                  |
| Meena Rasi: 26.14                  | Tithi 4   | Yama 6:35AM – 7:59AM   | Sukla Until 11:45PM            | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 5:46PM  | Vikarin 5121            |
| <b>Family Home Evening</b>         | 919823467 | <b>Rahu</b> 1:34PM – 2:58PM  | Visti Until 7:12PM             | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44       |
| Creative Work Siddha Yoga          |           |  | <b>Chaturthi* Until 7:12PM</b> | Moon – Clear           |                        | 3rd Phase               |
| Until 1:25PM                       |           |  |                                | <b>Phalguna-Masi</b>   |                        | <b>Devaloka Day</b>     |
| Then Creative Work - Amrita Yoga   |           | <b>Subramuniyaswami Siva Vision Day</b>  |                                |                        |                        |                         |

|                                  |           |   |                              |                        |                        |                             |
|----------------------------------|-----------|---|------------------------------|------------------------|------------------------|-----------------------------|
| <b>Friday, February 28, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau |                              |                        |                        | Peoria, IL<br>Sutra 320     |
| <b>5</b>                         |           | <b>Gulika</b> 7:58AM – 9:22AM   | <b>Ashvini Until 4:29PM</b>  | <b>Ganesha:</b> Purple | <b>Sunrise:</b> 6:33AM | Sun 18                      |
| Mesha Rasi: 8.07                 | Tithi 5   | Yama 2:59PM – 4:23PM  | Brahma Until 12:31AM Sat     | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 5:47PM  | Vikarin 5121                |
| <b>Family Home Evening</b>       | 921823467 | <b>Rahu</b> 10:46AM – 12:10PM   | Bava Until 8:27AM            | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44           |
| Creative Work Amrita Yoga        |           |   | <b>Panchami Until 9:37PM</b> | Moon – White           |                        | 3rd Phase                   |
| Until 4:29PM                     |           |   |                              | <b>Phalguna-Masi</b>   |                        | <b>Bhuloka Day</b>          |
| Then Creative Work - Siddha Yoga |           |   |                              |                        |                        | Devaloka Time: 3:PM to 6:PM |

|                                    |           |  |                                |                        |                        |                             |
|------------------------------------|-----------|--|--------------------------------|------------------------|------------------------|-----------------------------|
| <b>Saturday, February 29, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau |                                |                        |                        | Peoria, IL<br>Sutra 321     |
| <b>6</b>                           |           | <b>Gulika</b> 6:32AM – 7:56AM  | <b>Bharani Until 7:10PM</b>    | <b>Ganesha:</b> Purple | <b>Sunrise:</b> 6:32AM | Sun 19                      |
| Mesha Rasi: 20.03                  | Tithi 6   | Yama 1:35PM – 2:59PM   | Indra Until 1:05AM Sun         | <b>Muruqa:</b> Clear   | <b>Sunset:</b> 5:48PM  | Vikarin 5121                |
| <b>Family Home Evening</b>         | 921823467 | <b>Rahu</b> 9:21AM – 10:46AM   | Kaulava Until 10:45AM          | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44           |
| Creative Work Siddha Yoga          |           |  | <b>Shashthi* Until 11:45PM</b> | Moon – White           |                        | 3rd Phase                   |
| Until 7:10PM                       |           |  |                                | <b>Phalguna-Masi</b>   |                        | <b>Bhuloka Day</b>          |
| Then Creative Work - Amrita Yoga   |           |  |                                |                        |                        | Devaloka Time: 3:PM to 6:PM |

|                              |           |   |                                 |                        |                        |                             |
|------------------------------|-----------|---|---------------------------------|------------------------|------------------------|-----------------------------|
| <b>Sunday, March 1, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau |                                 |                        |                        | Peoria, IL<br>Sutra 322     |
| <b>Retreat Star</b>          |           | <b>Gulika</b> 3:00PM – 4:25PM   | <b>Krittika Until 9:16PM</b>    | <b>Ganesha:</b> Purple | <b>Sunrise:</b> 6:29AM | Sun 20                      |
| Vrishabha Rasi: 2.07         | Tithi 7   | Yama 12:10PM – 1:35PM   | Vaidhriti* Until 1:14AM Mon     | <b>Muruqa:</b> Orange  | <b>Sunset:</b> 5:51PM  | Vikarin 5121                |
| <b>Family Home Evening</b>   | 921833467 | <b>Rahu</b> 4:25PM – 5:51PM   | Gara Until 12:41PM              | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44           |
| Creative Work Siddha Yoga    |           |   | <b>Saptami Until 1:25AM Mon</b> | Moon – White           |                        | 3rd Phase                   |
|                              |           |   |                                 | <b>Phalguna-Masi</b>   |                        | <b>Bhuloka Day</b>          |
|                              |           |   |                                 |                        |                        | Devaloka Time: 3:PM to 6:PM |

|                              |           |   |                                  |                        |                        |                         |
|------------------------------|-----------|---|----------------------------------|------------------------|------------------------|-------------------------|
| <b>Monday, March 2, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau |                                  |                        |                        | Peoria, IL<br>Sutra 323 |
| <b>Retreat Star</b>          |           | <b>Gulika</b> 1:35PM – 3:01PM   | <b>Rohini Until 11:04PM</b>      | <b>Ganesha:</b> Clear  | <b>Sunrise:</b> 6:27AM | Sun 21                  |
| Vrishabha Rasi: 14.25        | Tithi 8   | Yama 10:44AM – 12:10PM  | Vishkambha* Until 12:54AM Tue    | <b>Muruqa:</b> Orange  | <b>Sunset:</b> 5:52PM  | Vikarin 5121            |
| <b>Family Home Evening</b>   | 931833467 | <b>Rahu</b> 7:53AM – 9:18AM   | Visti Until 2:01PM               | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44       |
| Creative Work Amrita Yoga    |           |   | <b>Ashtami* Until 2:23AM Tue</b> | Moon – Yellow          |                        | Ashtami                 |
|                              |           |   |                                  | <b>Phalguna-Masi</b>   |                        | <b>Devaloka Day</b>     |
|                              |           |   |                                  |                        |                        |                         |

|                                 |           |  |                                 |                        |                        |                         |
|---------------------------------|-----------|--|---------------------------------|------------------------|------------------------|-------------------------|
| <b>Tuesday, March 3, 2020</b>   |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau |                                 |                        |                        | Peoria, IL<br>Sutra 324 |
| <b>Retreat Star</b>             |           | <b>Gulika</b> 12:09PM – 1:35PM   | <b>Mrigashira Until 11:55PM</b> | <b>Ganesha:</b> Clear  | <b>Sunrise:</b> 6:26AM | Sun 22                  |
| Vrishabha Rasi: 27              | Tithi 9   | Yama 9:18AM – 10:43AM  | Priti Until 11:57PM             | <b>Muruqa:</b> Orange  | <b>Sunset:</b> 5:53PM  | Vikarin 5121            |
| <b>Family Home Evening</b>      | 931833467 | <b>Rahu</b> 3:01PM – 4:27PM  | Balava Until 2:36PM             | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 44       |
| Creative Work Siddha Yoga       |           |  | <b>Navami* Until 2:33AM Wed</b> | Moon – Yellow          |                        | Navami                  |
| Until 11:55PM                   |           |  |                                 | <b>Phalguna-Masi</b>   |                        | <b>Devaloka Day</b>     |
| Then Routine Work - Marana Yoga |           |  |                                 |                        |                        |                         |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

|               |                                 |                              |  |                            |                        |                        |                     |   |
|---------------|---------------------------------|------------------------------|--|----------------------------|------------------------|------------------------|---------------------|---|
| 1             | <b>Wednesday, March 4, 2020</b> |                              | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau |                            |                        |                        | Sun 23              | Peoria, IL<br>Sutra 325<br>Vikarin 5121 |
|               | Mithuna Rasi: 9.59              | Tithi 10                     | <b>Gulika</b> 10:43AM – 12:09PM  | <b>Ardra</b> Until 11:47PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:24AM |                     |   |
|               |                                 |                              | Yama 7:50AM – 9:17AM   | Ayushman Until 10:18PM     | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:54PM  |                     | Moon 2 - Phase 45                       |
|               | 131833467                       | <b>Rahu</b> 12:09PM – 1:35PM |  | Taitila Until 2:19PM       | <b>Nataraja:</b> Clear |                        |                     | 4th Phase                               |
| Creative Work | Siddha Yoga                     |                              | <b>Dashami</b> Until 1:49AM Thu  | Moon – Yellow              |                        |                        | <b>Devaloka Day</b> |   |
|               |                                 |                              |  | <b>Phalguna-Masi</b>       |                        |                        |                     |   |

|               |                                |                             |  |                                |                        |                        |                             |   |
|---------------|--------------------------------|-----------------------------|--|--------------------------------|------------------------|------------------------|-----------------------------|---|
| 2             | <b>Thursday, March 5, 2020</b> |                             | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau |                                |                        |                        | Sun 24                      | Peoria, IL<br>Sutra 326<br>Vikarin 5121 |
|               | Mithuna Rasi: 23.26            | Tithi 11                    | <b>Gulika</b> 9:16AM – 10:42AM   | <b>Punarvasu</b> Until 11:05PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:23AM |                             |   |
|               |                                |                             | Yama 6:23AM – 7:49AM   | Saubhagya Until 7:58PM         | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:55PM  |                             | Moon 2 - Phase 45                       |
|               | 141833467                      | <b>Rahu</b> 1:35PM – 3:02PM |  | Vanija Until 1:09PM            | <b>Nataraja:</b> Clear |                        |                             | 4th Phase                               |
| Creative Work | Amrita Yoga                    |                             | <b>Ekadashi</b> Until 12:14AM Fri  | Moon – Blue                    |                        |                        | <b>Bhuloka Day</b>          |   |
|               |                                |                             |  | <b>Phalguna-Masi</b>           |                        |                        | Devaloka Time: 3:PM to 6:PM |   |

|              |                              |                               |  |                            |                        |                        |                             |   |
|--------------|------------------------------|-------------------------------|--|----------------------------|------------------------|------------------------|-----------------------------|---|
| 3            | <b>Friday, March 6, 2020</b> |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashtyam Titau |                            |                        |                        | Sun 25                      | Peoria, IL<br>Sutra 327<br>Vikarin 5121 |
|              | Kataka Rasi: 7.23            | Tithi 12                      | <b>Gulika</b> 7:48AM – 9:15AM  | <b>Pushya</b> Until 9:29PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:21AM |                             |   |
|              |                              |                               | Yama 3:02PM – 4:29PM   | Sobhana Until 5:00PM       | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:56PM  |                             | Moon 2 - Phase 45                       |
|              | 141833467                    | <b>Rahu</b> 10:42AM – 12:09PM |  | Bava Until 11:10AM         | <b>Nataraja:</b> Clear |                        |                             | 4th Phase                               |
| Routine Work | Marana Yoga                  |                               | <b>Dvadashi</b> Until 9:53PM   | Moon – Blue                |                        |                        | <b>Bhuloka Day</b>          |   |
|              |                              |                               |  | <b>Phalguna-Masi</b>       |                        |                        | Devaloka Time: 3:PM to 6:PM |   |

|                                  |                                |                              |  |                               |                        |                        |                             |   |
|----------------------------------|--------------------------------|------------------------------|--|-------------------------------|------------------------|------------------------|-----------------------------|---|
| 4                                | <b>Saturday, March 7, 2020</b> |                              | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau |                               |                        |                        | Sun 26                      | Peoria, IL<br>Sutra 328<br>Vikarin 5121 |
|                                  | Kataka Rasi: 21.5              | Tithi 13                     | <b>Gulika</b> 6:19AM – 7:47AM  | <b>Ashlesha*</b> Until 7:07PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:19AM |                             |   |
|                                  |                                |                              | Yama 1:36PM – 3:03PM   | Athiganda* Until 1:29PM       | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:57PM  |                             | Moon 2 - Phase 45                       |
|                                  | 141833467                      | <b>Rahu</b> 9:14AM – 10:41AM |  | Kaulava Until 8:29AM          | <b>Nataraja:</b> Clear |                        |                             | 4th Phase                               |
| Routine Work                     | Marana Yoga                    |                              | <b>Trayodashi</b> Until 6:54PM   | Moon – Blue                   |                        |                        | <b>Bhuloka Day</b>          |   |
| Until 7:07PM                     |                                |                              |  | <b>Phalguna-Masi</b>          |                        |                        | Devaloka Time: 3:PM to 6:PM |   |
| Then Creative Work - Amrita Yoga |                                |                              | <i>Pradosha Vrata</i>  |                               |                        |                        |                             |   |

|                                  |                              |                               |   |                            |                        |                        |                     |   |
|----------------------------------|------------------------------|-------------------------------|---|----------------------------|------------------------|------------------------|---------------------|---|
| 5                                | <b>Sunday, March 8, 2020</b> |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                            |                        |                        | Sun 27              | Peoria, IL<br>Sutra 329<br>Vikarin 5121 |
|                                  | Simha Rasi: 6.41             | Tithi 14 – 15                 | <b>Gulika</b> 3:03PM – 4:31PM   | <b>Magha*</b> Until 4:33PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:18AM |                     |   |
|                                  |                              |                               | Yama 12:08PM – 1:36PM   | Sukarma Until 9:34AM       | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:58PM  |                     | Moon 2 - Phase 45                       |
|                                  | 151833467                    | <b>Rahu</b> 4:31PM – 5:58PM   |   | Visti Until 1:38AM Mon     | <b>Nataraja:</b> Clear |                        |                     | 4th Phase                               |
| Routine Work                     | Marana Yoga                  |                               | <b>Chaturdashi*</b> Until 3:27PM  | Moon – Red                 |                        |                        | <b>Devaloka Day</b> |   |
| Until 4:33PM                     |                              | <b>Chidambaram Abhishekam</b> |   | <b>Phalguna-Masi</b>       |                        |                        |                     |   |
| Then Creative Work - Siddha Yoga |                              |                               |   |                            |                        |                        |                     |   |

|               |                              |                             |   |                                   |                        |                        |                     |   |
|---------------|------------------------------|-----------------------------|---|-----------------------------------|------------------------|------------------------|---------------------|---|
| ○             | <b>Monday, March 9, 2020</b> |                             | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                   |                        |                        | Sun 28              | Peoria, IL<br>Sutra 330<br>Vikarin 5121 |
|               | Simha Rasi: 21.5             | Tithi 15 – 16               | <b>Gulika</b> 1:36PM – 3:04PM   | <b>Purvaphalguni</b> Until 1:34PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:16AM |                     |   |
|               | <b>Family Home Evening</b>   |                             | Yama 10:40AM – 12:08PM  | Shula* Until 1:01AM Tue           | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:59PM  |                     | Moon 2 - Phase 45                       |
|               | 152833467                    | <b>Rahu</b> 7:44AM – 9:12AM |   | Balava Until 9:49PM               | <b>Nataraja:</b> Clear |                        |                     | Purnima                                 |
| Creative Work | Siddha Yoga                  |                             | <b>Purnima*</b> Until 11:43AM   | Moon – Red                        |                        |                        | <b>Sivaloka Day</b> |   |
|               |                              | <b>Holi</b>                 |   | <b>Phalguna-Masi</b>              |                        |                        |                     |   |

|                                  |                                |                             |   |                                     |                        |                        |                     |   |
|----------------------------------|--------------------------------|-----------------------------|---|-------------------------------------|------------------------|------------------------|---------------------|---|
| ○                                | <b>Tuesday, March 10, 2020</b> |                             | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau |                                     |                        |                        | Sun 29              | Peoria, IL<br>Sutra 331<br>Vikarin 5121 |
|                                  | Kanya Rasi: 7.07               | Tithi 16 – 17               | <b>Gulika</b> 12:08PM – 1:36PM  | <b>Uttaraphalguni</b> Until 10:22AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:15AM |                     |   |
|                                  |                                |                             | Yama 9:11AM – 10:39AM   | Ganda* Until 8:41PM                 | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 6:01PM  |                     | Moon 2 - Phase 45                       |
|                                  | 152833467                      | <b>Rahu</b> 3:04PM – 4:32PM |   | Gara Until 4:06AM Wed               | <b>Nataraja:</b> Clear |                        |                     | Prathama                                |
| Creative Work                    | Amrita Yoga                    |                             | <b>Prathama*</b> Until 7:53AM   | Moon – Red                          |                        |                        | <b>Sivaloka Day</b> |   |
| Until 10:22AM                    |                                |                             |   | <b>Phalguna-Masi</b>                |                        |                        |                     |   |
| Then Creative Work - Siddha Yoga |                                |                             |   |                                     |                        |                        |                     |   |



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyam Titau

Peoria, IL  
Sutra 332

Sun 1 Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 22.22 Tithi 18

162833467

**Gulika** 10:39AM – 12:07PM  
Yama 7:42AM – 9:10AM  
**Rahu** 12:07PM – 1:36PM

**Hasta** Until 7:31AM  
Vriddhi Until 4:31PM  
Vanija Until 2:18PM  
Tritiya Until 12:33AM Thu

**Ganesha:** Clear *Sunrise: 6:13AM*  
**Muruqa:** Orange *Sunset: 6:02PM*  
**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Peoria, IL  
Sutra 333

Sun 2 Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 7.23 Tithi 19

162833467

**Gulika** 9:09AM – 10:38AM  
Yama 6:11AM – 7:40AM  
**Rahu** 1:36PM – 3:05PM

**Svati** Until 2:24AM Fri  
Dhruva Until 12:36PM  
Bava Until 10:57AM  
Chaturthi\* Until 9:25PM

**Ganesha:** Clear *Sunrise: 6:11AM*  
**Muruqa:** Orange *Sunset: 6:03PM*  
**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

Creative Work Amrita Yoga

Until 2:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Peoria, IL  
Sutra 334

Sun 3 Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 22.05 Tithi 20

172833467

**Gulika** 7:39AM – 9:08AM  
Yama 3:05PM – 4:34PM  
**Rahu** 10:38AM – 12:07PM

**Vishakha** Until 12:51AM Sat  
Vyaghata\* Until 9:06AM  
Kaulava Until 8:04AM  
Panchami Until 6:50PM

**Ganesha:** Purple *Sunrise: 6:10AM*  
**Muruqa:** Orange *Sunset: 6:04PM*  
**Nataraja:** Clear  
Moon – Orange

**Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Peoria, IL  
Sutra 335

Sun 4 Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 6.2 Tithi 21 – 22

172833468

**Gulika** 6:08AM – 7:38AM  
Yama 1:36PM – 3:06PM  
**Rahu** 9:07AM – 10:37AM

**Anuradha** Until 11:52PM  
Harshana Until 6:08AM  
Visti Until 4:17AM Sun  
Shashthi\* Until 4:56PM

**Ganesha:** Purple *Sunrise: 6:08AM*  
**Muruqa:** Orange *Sunset: 6:05PM*  
**Nataraja:** Purple  
Moon – Orange

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Peoria, IL  
Sutra 336

Sun 5 Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 20.08 Tithi 22 – 23

172933468

**Gulika** 3:06PM – 4:36PM  
Yama 12:06PM – 1:36PM  
**Rahu** 4:36PM – 6:06PM

**Jyeshtha\*** Until 11:31PM  
Siddhi Until 1:58AM Mon  
Balava Until 3:33AM Mon  
Saptami Until 3:48PM

**Ganesha:** Clear *Sunrise: 6:07AM*  
**Muruqa:** Orange *Sunset: 6:06PM*  
**Nataraja:** Purple  
Moon – Orange

**Sivaloka Day**

Routine Work Marana Yoga

Until 11:31PM

Then Creative Work - Amrita Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Peoria, IL  
Sutra 337

Sun 6 Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 3.28 Tithi 23 – 24

182933468

**Gulika** 1:36PM – 3:06PM  
Yama 10:36AM – 12:06PM  
**Rahu** 7:35AM – 9:05AM

**Mula\*** Until 12:13AM Tue  
Vyatipata\* Until 12:50AM Tue  
Taitila Until 3:36AM Tue  
Ashtami\* Until 3:28PM

**Ganesha:** Purple *Sunrise: 6:05AM*  
**Muruqa:** Orange *Sunset: 6:07PM*  
**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Peoria, IL  
Sutra 338

Sun 7 Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 16.24 Tithi 24 – 25

182933468

**Gulika** 12:06PM – 1:36PM  
Yama 9:04AM – 10:35AM  
**Rahu** 3:07PM – 4:37PM

**Purvashadha\*** Until 1:29AM Wed  
Variyan Until 12:14AM Wed  
Vanija Until 4:21AM Wed  
Navami\* Until 3:52PM

**Ganesha:** Purple *Sunrise: 6:03AM*  
**Muruqa:** Orange *Sunset: 6:08PM*  
**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**

Creative Work Siddha Yoga

Until 1:29AM Wed

Then Creative Work - Amrita Yoga

|                                  |               |  |                                      |  |                        |                     |                         |
|----------------------------------|---------------|--|--------------------------------------|--|------------------------|---------------------|-------------------------|
| <b>1</b>                         |               | <b>Wednesday, March 18, 2020</b>       |                                      | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        | Sun 8               | Peoria, IL<br>Sutra 339 |
| Dhanus Rasi: 29.01               | Tithi 25 – 26 | <b>Gulika</b> 10:34AM – 12:05PM        | <b>Uttarashadha</b> Until 3:10AM Thu | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:02AM |                     | Vikarin 5121            |
|                                  |               | Yama 7:33AM – 9:03AM                   | Parigha* Until 12:07AM Thu           | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 6:09PM  | Moon 3 - Phase 47   |                         |
|                                  |               | 182933468 <b>Rahu</b> 12:05PM – 1:36PM | Bava Until 5:42AM Thu                | <b>Nataraja:</b> Purple  |                        | 2nd Phase           |                         |
| Creative Work                    | Amrita Yoga   |  | <b>Dashami</b> Until 4:57PM          | Moon – Light Blue  |                        | <b>Devaloka Day</b> |                         |
| Until 3:10AM Thu                 |               |  |                                      | <b>Phalguna-Panguni</b>  |                        |                     |                         |
| Then Creative Work - Siddha Yoga |               |  |                                      |  |                        |                     |                         |

|                    |             |                                       |                                  |   |                        |                     |                         |
|--------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|---------------------|-------------------------|
| <b>2</b>           |             | <b>Thursday, March 19, 2020</b>       |                                  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau |                        | Sun 9               | Peoria, IL<br>Sutra 340 |
| Makara Rasi: 11.21 | Tithi 26    | <b>Gulika</b> 9:02AM – 10:34AM        | <b>Shravana</b> Until 5:37AM Fri | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:00AM |                     | Vikarin 5121            |
|                    |             | Yama 6:00AM – 7:31AM                  | Shiva Until 12:23AM Fri          | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:10PM  | Moon 3 - Phase 47   |                         |
|                    |             | 192933468 <b>Rahu</b> 1:36PM – 3:08PM | Balava Until 6:32PM              | <b>Nataraja:</b> Purple   |                        | 2nd Phase           |                         |
| Creative Work      | Siddha Yoga |                                       | <b>Ekadashi*</b> Until 6:32PM    | Moon – Purple   |                        | <b>Sivaloka Day</b> |                         |
|                    |             |                                       |                                  | <b>Phalguna-Panguni</b>   |                        |                     |                         |

|                                  |             |   |                                    |  |                        |                     |                         |
|----------------------------------|-------------|---|------------------------------------|--|------------------------|---------------------|-------------------------|
| <b>3</b>                         |             | <b>Friday, March 20, 2020</b>           |                                    | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Sun 10              | Peoria, IL<br>Sutra 341 |
| Makara Rasi: 23.31               | Tithi 27    | <b>Gulika</b> 7:30AM – 9:02AM           | <b>Dhanishtha</b> Until 8:12AM Sat | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:58AM |                     | Vikarin 5121            |
|                                  |             | Yama 3:08PM – 4:39PM                    | Siddha Until 12:53AM Sat           | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 6:11PM  | Moon 3 - Phase 47   |                         |
|                                  |             | 192933468 <b>Rahu</b> 10:33AM – 12:05PM | Kaulava Until 7:30AM               | <b>Nataraja:</b> Purple  |                        | 2nd Phase           |                         |
| Creative Work                    | Siddha Yoga |   | <b>Dvadashi*</b> Until 8:29PM      | Moon – Purple  |                        | <b>Sivaloka Day</b> |                         |
| Until 8:12AM Sat                 |             |   |                                    | <b>Phalguna-Panguni</b>  |                        |                     |                         |
| Then Creative Work - Amrita Yoga |             |   |                                    |  |                        |                     |                         |

|                                  |             |  |                                  |   |                        |                     |                         |
|----------------------------------|-------------|--|----------------------------------|---|------------------------|---------------------|-------------------------|
| <b>4</b>                         |             | <b>Saturday, March 21, 2020</b>        |                                  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Sun 11              | Peoria, IL<br>Sutra 342 |
| Kumbha Rasi: 5.34                | Tithi 28    | <b>Gulika</b> 5:57AM – 7:29AM          | <b>Dhanishtha</b> Until 8:12AM   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:57AM |                     | Vikarin 5121            |
|                                  |             | Yama 1:36PM – 3:08PM                   | Sadhya Until 1:34AM Sun          | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:12PM  | Moon 3 - Phase 47   |                         |
|                                  |             | 192933468 <b>Rahu</b> 9:01AM – 10:32AM | Gara Until 9:36AM                | <b>Nataraja:</b> Purple   |                        | 2nd Phase           |                         |
| Creative Work                    | Siddha Yoga |  | <b>Trayodashi*</b> Until 10:42PM | Moon – Purple   |                        | <b>Sivaloka Day</b> |                         |
| Until 8:12AM                     |             |  |                                  | <b>Phalguna-Panguni</b>   |                        |                     |                         |
| Then Creative Work - Amrita Yoga |             |  | <i>Pradosha Vrata (Fasting)</i>  |   |                        |                     |                         |

|                    |             |                                       |                                      |   |                        |                           |                         |
|--------------------|-------------|---------------------------------------|--------------------------------------|---|------------------------|---------------------------|-------------------------|
| <b>5</b>           |             | <b>Sunday, March 22, 2020</b>         |                                      | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Sun 12                    | Peoria, IL<br>Sutra 343 |
| Kumbha Rasi: 17.31 | Tithi 29    | <b>Gulika</b> 3:09PM – 4:41PM         | <b>Shatabhishak</b> Until 10:48AM    | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:55AM |                           | Vikarin 5121            |
|                    |             | Yama 12:04PM – 1:36PM                 | Subha Until 2:22AM Mon               | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:13PM  | Moon 3 - Phase 47         |                         |
|                    |             | 193933468 <b>Rahu</b> 4:41PM – 6:13PM | Visti Until 11:53AM                  | <b>Nataraja:</b> Purple   |                        | 2nd Phase                 |                         |
| Creative Work      | Siddha Yoga |                                       | <b>Chaturdashi*</b> Until 1:03AM Mon | Moon – Purple   |                        | <b>Subha Sivaloka Day</b> |                         |
|                    |             |                                       |                                      | <b>Phalguna-Panguni</b>   |                        |                           |                         |

|                                  |             |                                       |   |   |                        |                     |                         |
|----------------------------------|-------------|---------------------------------------|---|---|------------------------|---------------------|-------------------------|
| <b>Monday, March 23, 2020</b>    |             | <b>Retreat Star</b>                   |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Sun 13              | Peoria, IL<br>Sutra 344 |
| Kumbha Rasi: 29.26               | Tithi 30    | <b>Gulika</b> 1:36PM – 3:09PM         | <b>Purvaprosarthapada*</b> Until 1:51PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:53AM |                     | Vikarin 5121            |
| <b>Family Home Evening</b>       |             | Yama 10:31AM – 12:04PM                | Sukla Until 3:12AM Tue                  | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:14PM  | Moon 3 - Phase 47   |                         |
| Routine Work                     | Marana Yoga | 113933468 <b>Rahu</b> 7:26AM – 8:59AM | Catuspada Until 2:17PM                  | <b>Nataraja:</b> Purple   |                        | Amavasya            |                         |
| Until 1:51PM                     |             |                                       | <b>Amavasya*</b> Until 3:28AM Tue       | Moon – Clear  |                        | <b>Sivaloka Day</b> |                         |
| Then Creative Work - Siddha Yoga |             |                                       |   | <b>Phalguna-Panguni</b>   |                        |                     |                         |

|                                  |             |                                       |   |   |                        |                     |                         |
|----------------------------------|-------------|---------------------------------------|---|---|------------------------|---------------------|-------------------------|
| <b>Tuesday, March 24, 2020</b>   |             | <b>Retreat Star</b>                   |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Sun 14              | Peoria, IL<br>Sutra 345 |
| Meena Rasi: 11.19                | Tithi 1     | <b>Gulika</b> 12:03PM – 1:36PM        | <b>Uttaraprosarthapada</b> Until 4:47PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:52AM |                     | Vikarin 5121            |
|                                  |             | Yama 8:58AM – 10:31AM                 | Brahma Until 4:04AM Wed                 | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:15PM  | Moon 3 - Phase 47   |                         |
|                                  |             | 113933468 <b>Rahu</b> 3:09PM – 4:42PM | Kintughna Until 4:43PM                  | <b>Nataraja:</b> Purple   |                        | Prathama            |                         |
| Creative Work                    | Amrita Yoga |                                       | <b>Prathama*</b> Until 5:55AM Wed       | Moon – Clear  |                        | <b>Sivaloka Day</b> |                         |
| Until 4:47PM                     |             | <b>Yugadhi</b>                        |   | <b>Chaitra-Panguni</b>  |                        |                     |                         |
| Then Creative Work - Siddha Yoga |             |                                       |   |   |                        |                     |                         |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

|                                  |              |   |                                    |   |                        |                       |                       |   |
|----------------------------------|--------------|---|------------------------------------|---|------------------------|-----------------------|-----------------------|---|
| <b>1</b>                         |              | <b>Wednesday, March 25, 2020</b>        |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Indra Yoga Balava Karana Dvitiyayam Titau                                       |                        | Sun 15                |                       | Peoria, IL<br>Sutra 346<br>Vikarin 5121 |
| Meena Rasi: 23.11                | Tithi 2      | <b>Gulika</b> 10:30AM – 12:03PM         | <b>Revati Until 7:33PM</b>         | <b>Ganesha:</b> Yellow  | <b>Sunrise:</b> 5:50AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:16PM | Moon 3 - Phase 48<br>3rd Phase          |
| Routine Work                     | Marana Yoga  | Yama 7:23AM – 8:57AM                    | Indra Until 4:55AM Thu             | <b>Nataraja:</b> Purple   |                        | Moon – Clear          |                       | <b>Sivaloka Day</b>                     |
|                                  |              | 113933468 <b>Rahu</b> 12:03PM – 1:36PM  | Balava Until 7:10PM                |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
|                                  |              |   | <b>Dvitiya Until 8:21AM Thu</b>    |   |                        |                       |                       |   |
| <b>2</b>                         |              | <b>Thursday, March 26, 2020</b>         |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau                 |                        | Sun 16                |                       | Peoria, IL<br>Sutra 347<br>Vikarin 5121 |
| Mesha Rasi: 5.05                 | Tithi 2 – 3  | <b>Gulika</b> 8:56AM – 10:29AM          | <b>Ashvini Until 10:36PM</b>       | <b>Ganesha:</b> Red   | <b>Sunrise:</b> 5:48AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:17PM | Moon 3 - Phase 48<br>3rd Phase          |
| Creative Work                    | Amrita Yoga  | Yama 5:48AM – 7:22AM                    | Vaidhriti* Until 5:41AM Fri        | <b>Nataraja:</b> Purple   |                        | Moon – White          |                       | <b>Sivaloka Day</b>                     |
| Until 10:36PM                    |              | 123933468 <b>Rahu</b> 1:36PM – 3:10PM   | Taitila Until 9:33PM               |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
| Then Creative Work - Siddha Yoga |              | <b>Chellappaswami Mahasamadhi</b>       | <b>Dvitiya Until 8:21AM</b>        |   |                        |                       |                       |   |
| <b>3</b>                         |              | <b>Friday, March 27, 2020</b>           |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau                  |                        | Sun 17                |                       | Peoria, IL<br>Sutra 348<br>Vikarin 5121 |
| Mesha Rasi: 17.01                | Tithi 3 – 4  | <b>Gulika</b> 7:21AM – 8:55AM           | <b>Bharani Until 1:19AM Sat</b>    | <b>Ganesha:</b> Red   | <b>Sunrise:</b> 5:47AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:18PM | Moon 3 - Phase 48<br>3rd Phase          |
| Creative Work                    | Siddha Yoga  | Yama 3:10PM – 4:44PM                    | Vishkambha* Until 6:20AM Sat       | <b>Nataraja:</b> Purple   |                        | Moon – White          |                       | <b>Sivaloka Day</b>                     |
| Until 1:19AM Sat                 |              | 123933468 <b>Rahu</b> 10:29AM – 12:03PM | Vanija Until 11:47PM               |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
| Then Creative Work - Amrita Yoga |              |   | <b>Tritiya Until 10:40AM</b>       |   |                        |                       |                       |   |
| <b>4</b>                         |              | <b>Saturday, March 28, 2020</b>         |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau          |                        | Sun 18                |                       | Peoria, IL<br>Sutra 349<br>Vikarin 5121 |
| Mesha Rasi: 29                   | Tithi 4 – 5  | <b>Gulika</b> 5:45AM – 7:19AM           | <b>Krittika Until 3:37AM Sun</b>   | <b>Ganesha:</b> Red   | <b>Sunrise:</b> 5:45AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:19PM | Moon 3 - Phase 48<br>3rd Phase          |
| Creative Work                    | Amrita Yoga  | Yama 1:37PM – 3:11PM                    | Vishkambha* Until 6:20AM           | <b>Nataraja:</b> Purple   |                        | Moon – White          |                       | <b>Sivaloka Day</b>                     |
| Until 3:37AM Sun                 |              | 123933468 <b>Rahu</b> 8:54AM – 10:28AM  | Bava Until 1:44AM Sun              |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
| Then Creative Work - Siddha Yoga |              |   | <b>Chaturthi* Until 12:47PM</b>    |   |                        |                       |                       |   |
| <b>5</b>                         |              | <b>Sunday, March 29, 2020</b>           |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau             |                        | Sun 19                |                       | Peoria, IL<br>Sutra 350<br>Vikarin 5121 |
| Shrabha Rasi: 11.07              | Tithi 5 – 6  | <b>Gulika</b> 3:11PM – 4:46PM           | <b>Rohini Until 5:50AM Mon</b>     | <b>Ganesha:</b> Blue  | <b>Sunrise:</b> 5:44AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:20PM | Moon 3 - Phase 48<br>3rd Phase          |
| Creative Work                    | Siddha Yoga  | Yama 12:02PM – 1:37PM                   | Priti Until 6:46AM                 | <b>Nataraja:</b> Purple   |                        | Moon – Yellow         |                       | <b>Subha Sivaloka Day</b>               |
| Until 5:50AM Mon                 |              | 133933468 <b>Rahu</b> 4:46PM – 6:20PM   | Kaulava Until 3:16AM Mon           |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
| Then Creative Work - Amrita Yoga |              |   | <b>Panchami Until 2:33PM</b>       |   |                        |                       |                       |   |
| <b>6</b>                         |              | <b>Monday, March 30, 2020</b>           |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau         |                        | Sun 20                |                       | Peoria, IL<br>Sutra 351<br>Vikarin 5121 |
| Shrabha Rasi: 23.25              | Tithi 6 – 7  | <b>Gulika</b> 1:37PM – 3:12PM           | <b>Mrigashira Until 7:17AM Tue</b> | <b>Ganesha:</b> Blue  | <b>Sunrise:</b> 5:42AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:21PM | Moon 3 - Phase 48<br>3rd Phase          |
| <b>Family Home Evening</b>       |              | Yama 10:27AM – 12:02PM                  | Ayushman Until 6:50AM              | <b>Nataraja:</b> Purple   |                        | Moon – Yellow         |                       | <b>Subha Sivaloka Day</b>               |
| Creative Work                    | Amrita Yoga  | 133933468 <b>Rahu</b> 7:17AM – 8:52AM   | Gara Until 4:13AM Tue              |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
| Until 7:17AM Tue                 |              |   | <b>Shashthi* Until 3:49PM</b>      |   |                        |                       |                       |   |
| Then Routine Work - Marana Yoga  |              |   |                                    |   |                        |                       |                       |   |
| <b>Retreat Star</b>              |              | <b>Tuesday, March 31, 2020</b>          |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Sun 21                |                       | Peoria, IL<br>Sutra 352<br>Vikarin 5121 |
| Mithuna Rasi: 5.58               | Tithi 7 – 8  | <b>Gulika</b> 12:01PM – 1:37PM          | <b>Mrigashira Until 7:17AM</b>     | <b>Ganesha:</b> Blue  | <b>Sunrise:</b> 5:40AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:22PM | Moon 3 - Phase 48<br>3rd Phase          |
| Creative Work                    | Siddha Yoga  | Yama 8:51AM – 10:26AM                   | Saubhagya Until 6:26AM             | <b>Nataraja:</b> Purple   |                        | Moon – Yellow         |                       | <b>Subha Sivaloka Day</b>               |
| Until 7:17AM                     |              | 133933468 <b>Rahu</b> 3:12PM – 4:47PM   | Visti Until 4:26AM Wed             |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
| Then Routine Work - Marana Yoga  |              |   | <b>Saptami Until 4:25PM</b>        |   |                        |                       |                       |   |
| <b>Retreat Star</b>              |              | <b>Wednesday, April 1, 2020</b>         |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau              |                        | Sun 22                |                       | Peoria, IL<br>Sutra 353<br>Vikarin 5121 |
| Mithuna Rasi: 18.52              | Tithi 8 – 9  | <b>Gulika</b> 10:26AM – 12:01PM         | <b>Ardra Until 7:53AM</b>          | <b>Ganesha:</b> Blue  | <b>Sunrise:</b> 5:40AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:22PM | Moon 3 - Phase 48<br>Ashtami            |
| Creative Work                    | Siddha Yoga  | Yama 7:16AM – 8:51AM                    | Athiganda* Until 3:52AM Thu        | <b>Nataraja:</b> Purple   |                        | Moon – Yellow         |                       | <b>Subha Sivaloka Day</b>               |
|                                  |              | 133933468 <b>Rahu</b> 12:01PM – 1:37PM  | Balava Until 3:51AM Thu            |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
|                                  |              |   | <b>Ashtami* Until 4:14PM</b>       |   |                        |                       |                       |   |
| <b>Retreat Star</b>              |              | <b>Thursday, April 2, 2020</b>          |                                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau             |                        | Sun 23                |                       | Peoria, IL<br>Sutra 354<br>Vikarin 5121 |
| Kataka Rasi: 2.12                | Tithi 9 – 10 | <b>Gulika</b> 8:50AM – 10:25AM          | <b>Punarvasu Until 7:59AM</b>      | <b>Ganesha:</b> Yellow  | <b>Sunrise:</b> 5:39AM | <b>Muruqa:</b> Orange | <b>Sunset:</b> 6:24PM | Moon 3 - Phase 48<br>Navami             |
| Creative Work                    | Amrita Yoga  | Yama 5:39AM – 7:14AM                    | Sukarma Until 1:37AM Fri           | <b>Nataraja:</b> Purple   |                        | Moon – Blue           |                       | <b>Sivaloka Day</b>                     |
|                                  |              | 143933468 <b>Rahu</b> 1:37PM – 3:12PM   | Taitila Until 2:26AM Fri           |   |                        |                       |                       | <b>Chaitra•Panguni</b>                  |
|                                  |              | <b>Sri Rama Navami</b>                  | <b>Navami* Until 3:13PM</b>        |   |                        |                       |                       |   |


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

|          |                              |                       |  |                            |                         |                        |                   |   |
|----------|------------------------------|-----------------------|--|----------------------------|-------------------------|------------------------|-------------------|---|
| <b>1</b> | <b>Friday, April 3, 2020</b> |                       | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                            |                         |                        | Sun 24            | Peoria, IL<br>Sutra 355<br>Vikarin 5121 |
|          | Kataka Rasi: 15.59           | Tithi 10 – 11         | <b>Gulika</b> 7:13AM – 8:49AM  | <b>Pushya</b> Until 7:08AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:37AM |                   |   |
|          |                              |                       | Yama 3:13PM – 4:49PM   | Dhriti Until 10:46PM       | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:25PM  | Moon 3 - Phase 49 |   |
|          | Routine Work                 | Marana Yoga           | 143933468 <b>Rahu</b> 10:25AM – 12:01PM  | Vanija Until 12:15AM Sat   | <b>Nataraja:</b> Purple |                        | 4th Phase         |   |
|          |                              | Yogaswami Mahasamadhi |  | Dashami Until 1:25PM       | Chaitra•Panguni         | Sivaloka Day           |                   |   |

|          |                                |                                  |   |                                |                         |                        |                   |   |
|----------|--------------------------------|----------------------------------|---|--------------------------------|-------------------------|------------------------|-------------------|---|
| <b>2</b> | <b>Saturday, April 4, 2020</b> |                                  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                |                         |                        | Sun 25            | Peoria, IL<br>Sutra 356<br>Vikarin 5121 |
|          | Simha Rasi: 0.16               | Tithi 11 – 12                    | <b>Gulika</b> 5:35AM – 7:12AM   | <b>Magha*</b> Until 3:19AM Sun | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:35AM |                   |   |
|          |                                |                                  | Yama 1:37PM – 3:13PM  | Shula* Until 7:20PM            | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:26PM  | Moon 3 - Phase 49 |   |
|          | Creative Work                  | Amrita Yoga                      | 153933468 <b>Rahu</b> 8:48AM – 10:24AM  | Bava Until 9:25PM              | <b>Nataraja:</b> Purple |                        | 4th Phase         |   |
|          |                                |                                  | Ekadashi Until 10:54AM  | Chaitra•Panguni                | Subha Sivaloka Day      |                        |                   |   |
|          |                                | Then Creative Work - Siddha Yoga |   |                                |                         |                        |                   |   |

|          |                              |                |   |  |                         |                        |                   |   |
|----------|------------------------------|----------------|---|--|-------------------------|------------------------|-------------------|---|
| <b>3</b> | <b>Sunday, April 5, 2020</b> |                | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |  |                         |                        | Sun 26            | Peoria, IL<br>Sutra 357<br>Vikarin 5121 |
|          | Simha Rasi: 14.59            | Tithi 12 – 13  | <b>Gulika</b> 3:13PM – 4:50PM   | <b>Purvaphalguni</b> Until 12:38AM Mon | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:34AM |                   |   |
|          |                              |                | Yama 12:00PM – 1:37PM   | Ganda* Until 3:29PM                    | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:27PM  | Moon 3 - Phase 49 |   |
|          | Creative Work                | Siddha Yoga    | 153933468 <b>Rahu</b> 4:50PM – 6:27PM   | Kaulava Until 6:05PM                   | <b>Nataraja:</b> Purple |                        | 4th Phase         |   |
|          |                              |                | Dvadashi Until 7:47AM   | Chaitra•Panguni                        | Subha Sivaloka Day      |                        |                   |   |
|          |                              | Pradosha Vrata |   |  |                         |                        |                   |   |

|          |                              |             |  |                                    |                         |                        |                   |   |
|----------|------------------------------|-------------|--|------------------------------------|-------------------------|------------------------|-------------------|---|
| <b>4</b> | <b>Monday, April 6, 2020</b> |             | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau |                                    |                         |                        | Sun 27            | Peoria, IL<br>Sutra 358<br>Vikarin 5121 |
|          | Kanya Rasi: 0.02             | Tithi 14    | <b>Gulika</b> 1:37PM – 3:14PM  | <b>Uttaraphalguni</b> Until 9:32PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:32AM |                   |   |
|          | Family Home Evening          |             | Yama 10:23AM – 12:00PM   | Vridhhi Until 11:21AM              | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:28PM  | Moon 3 - Phase 49 |   |
|          | Creative Work                | Siddha Yoga | 154933468 <b>Rahu</b> 7:09AM – 8:46AM  | Gara Until 2:23PM                  | <b>Nataraja:</b> Purple |                        | 4th Phase         |   |
|          |                              |             | Chaturdashi* Until 12:27AM Tue   | Chaitra•Panguni                    | Sivaloka Day            |                        |                   |   |

|   |                               |                                    |   |                           |                         |                        |                   |   |
|---|-------------------------------|------------------------------------|---|---------------------------|-------------------------|------------------------|-------------------|---|
|  | <b>Tuesday, April 7, 2020</b> |                                    | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau |                           |                         |                        | Sun 28            | Peoria, IL<br>Sutra 359<br>Vikarin 5121 |
|   | <b>Copper Retreat Star</b>    |                                    | <b>Gulika</b> 12:00PM – 1:37PM  | <b>Hasta</b> Until 6:34PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:31AM |                   |   |
|   | Kanya Rasi: 15.18             | Tithi 15                           | Yama 8:45AM – 10:22AM   | Dhruva Until 7:01AM       | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:29PM  | Moon 3 - Phase 49 |   |
|   | Creative Work                 | Siddha Yoga                        | 164933468 <b>Rahu</b> 3:14PM – 4:51PM   | Visti Until 10:31AM       | <b>Nataraja:</b> Purple |                        | Purnima           |   |
|   |                               | Panguni Uttiram<br>Hanuman Jayanti | Purnima* Until 8:33PM   | Chaitra•Panguni           | Devaloka Day            |                        |                   |   |

|          |                                 |               |  |                            |                         |                        |                   |   |
|----------|---------------------------------|---------------|--|----------------------------|-------------------------|------------------------|-------------------|---|
| <b>5</b> | <b>Wednesday, April 8, 2020</b> |               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau |                            |                         |                        | Sun 29            | Peoria, IL<br>Sutra 360<br>Vikarin 5121 |
|          | <b>Silver Retreat Star</b>      |               | <b>Gulika</b> 10:22AM – 11:59AM  | <b>Chitra</b> Until 3:33PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:29AM |                   |   |
|          | Tula Rasi: 1                    | Tithi 16 – 17 | Yama 7:07AM – 8:44AM   | Harshana Until 10:27PM     | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:30PM  | Moon 3 - Phase 49 |   |
|          | Creative Work                   | Siddha Yoga   | 164934468 <b>Rahu</b> 11:59AM – 1:37PM   | Balava Until 6:39AM        | <b>Nataraja:</b> Purple |                        | Prathama          |   |
|          |                                 |               | Prathama* Until 4:45PM   | Chaitra•Panguni            | Devaloka Day            |                        |                   |   |





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Tula Rasi: 15.45 Tithi 17 – 18

164134468

Creative Work Amrita Yoga  
Until 12:39PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Peoria, IL  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Gulika** 8:43AM – 10:21AM  
Yama 5:27AM – 7:05AM  
**Rahu** 1:37PM – 3:15PM

**Svati Until 12:39PM**  
Vajra\* Until 6:28PM  
Vanija Until 11:36PM  
**Dvitiya Until 1:12PM**

**Ganesha:** White *Sunrise:* 5:27AM  
**Muruqa:** Clear *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon – Green  
**Devaloka Day**  
Chaitra•Panguni

**1**

**Friday, April 10, 2020**

Vischika Rasi: 0.37 Tithi 18 – 19

174134468

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Peoria, IL  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Gulika** 7:04AM – 8:42AM  
Yama 3:15PM – 4:54PM  
**Rahu** 10:21AM – 11:59AM

**Vishakha Until 10:27AM**  
Siddhi Until 2:54PM  
Bava Until 8:46PM  
**Tritiya Until 10:06AM**

**Ganesha:** Yellow *Sunrise:* 5:26AM  
**Muruqa:** Clear *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – Orange  
**Sivaloka Day**  
Chaitra•Panguni

**2**

**Saturday, April 11, 2020**

Vischika Rasi: 15.03 Tithi 19 – 20

174134468

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaltipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Peoria, IL  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Gulika** 5:24AM – 7:03AM  
Yama 1:37PM – 3:16PM  
**Rahu** 8:41AM – 10:20AM

**Anuradha Until 8:43AM**  
Vyaltipala\* Until 11:51AM  
Kaulava Until 6:36PM  
**Chaturthi\* Until 7:34AM**

**Ganesha:** Yellow *Sunrise:* 5:24AM  
**Muruqa:** Clear *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – Orange  
**Sivaloka Day**  
Chaitra•Panguni

**3**

**Sunday, April 12, 2020**

Vischika Rasi: 29.01 Tithi 21

174134468

Routine Work Marana Yoga  
Until 7:33AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyian/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Peoria, IL  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Gulika** 3:16PM – 4:55PM  
Yama 11:58AM – 1:37PM  
**Rahu** 4:55PM – 6:34PM

**Jyeshtha\* Until 7:33AM**  
Varyian Until 9:23AM  
Gara Until 5:12PM  
**Shashthi\* Until 4:48AM Mon**

**Ganesha:** Yellow *Sunrise:* 5:23AM  
**Muruqa:** Clear *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon – Orange  
**Sivaloka Day**  
Chaitra•Panguni

**4**

**Monday, April 13, 2020**

Dhanus Rasi: 12.29 Tithi 22

**Family Home Evening**

Creative Work Siddha Yoga

Until 7:31AM

Then Routine Work - Marana Yoga

184134468

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti/Bava Karana Saptamyam Titau

Sun 5 Peoria, IL  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

**Gulika** 1:37PM – 3:16PM  
Yama 10:19AM – 11:58AM  
**Rahu** 7:00AM – 8:40AM

**Mula\* Until 7:31AM**  
Parigha\* Until 7:36AM  
Visti Until 4:39PM  
**Saptami Until 4:41AM Tue**

Tamil New Year

**Ganesha:** Blue *Sunrise:* 5:21AM  
**Muruqa:** Clear *Sunset:* 6:35PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Devaloka Day**  
Chaitra•Chaitra

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Dhanus Rasi: 25.31 Tithi 23

284134468

Creative Work Siddha Yoga

Until 8:09AM

Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Peoria, IL  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

**Gulika** 11:58AM – 1:37PM  
Yama 8:39AM – 10:18AM  
**Rahu** 3:17PM – 4:56PM

**Purvashadha\* Until 8:09AM**  
Shiva Until 6:30AM  
Balava Until 4:57PM  
**Ashtami\* Until 5:22AM Wed**

**Ganesha:** Yellow *Sunrise:* 5:20AM  
**Muruqa:** Clear *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Sivaloka Day**  
Chaitra•Chaitra

**Wednesday, April 15, 2020**

**Retreat Star**

Makara Rasi: 8.08 Tithi 24

284134468

Creative Work Amrita Yoga

Until 9:24AM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Peoria, IL  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

**Gulika** 10:18AM – 11:58AM  
Yama 6:58AM – 8:38AM  
**Rahu** 11:58AM – 1:37PM

**Uttarashadha Until 9:24AM**  
Siddha Until 6:00AM  
Taitila Until 5:59PM  
**Navami\* Until 6:44AM Thu**

Chidambaram Abhishekam

**Ganesha:** Yellow *Sunrise:* 5:18AM  
**Muruqa:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Sivaloka Day**  
Chaitra•Chaitra

|               |                                 |                             |   |                               |                         |                        |                     |                       |
|---------------|---------------------------------|-----------------------------|---|-------------------------------|-------------------------|------------------------|---------------------|-----------------------|
| <b>1</b>      | <b>Thursday, April 16, 2020</b> |                             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                               |                         |                        | Sun 8               | Peoria, IL<br>Sutra 4 |
|               | Makara Rasi: 20.28              | Tithi 24 – 25               | <b>Gulika</b> 8:37AM – 10:17AM  | <b>Shravana Until 11:36AM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:17AM |                     | Sarvari 5122          |
|               |                                 |                             | Yama 5:17AM – 6:57AM  | Sadhya Until 6:02AM           | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:38PM  |                     | Moon 4 - Phase 1      |
|               | 294134468                       | <b>Rahu</b> 1:37PM – 3:18PM |   | Vanija Until 7:38PM           | <b>Nataraja:</b> Purple |                        |                     | 2nd Phase             |
| Creative Work | Siddha Yoga                     |                             | <b>Navami* Until 6:44AM</b>   | <b>Chaitra+Chaitra</b>        |                         |                        | <b>Devaloka Day</b> |                       |


|               |                               |                               |   |                                |                         |                        |                     |                       |
|---------------|-------------------------------|-------------------------------|---|--------------------------------|-------------------------|------------------------|---------------------|-----------------------|
| <b>2</b>      | <b>Friday, April 17, 2020</b> |                               | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau |                                |                         |                        | Sun 9               | Peoria, IL<br>Sutra 5 |
|               | Kumbha Rasi: 2.35             | Tithi 25 – 26                 | <b>Gulika</b> 6:56AM – 8:36AM   | <b>Dhanishtha Until 2:07PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:15AM |                     | Sarvari 5122          |
|               |                               |                               | Yama 3:18PM – 4:59PM  | Subha Until 6:30AM             | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:39PM  |                     | Moon 4 - Phase 1      |
|               | 294134468                     | <b>Rahu</b> 10:17AM – 11:57AM |   | Bava Until 9:43PM              | <b>Nataraja:</b> Purple |                        |                     | 2nd Phase             |
| Creative Work | Siddha Yoga                   |                               | <b>Dashami Until 8:37AM</b>   | <b>Chaitra+Chaitra</b>         |                         |                        | <b>Devaloka Day</b> |                       |

|                                 |                                 |                              |   |                                  |                         |                        |                     |                       |
|---------------------------------|---------------------------------|------------------------------|---|----------------------------------|-------------------------|------------------------|---------------------|-----------------------|
| <b>3</b>                        | <b>Saturday, April 18, 2020</b> |                              | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                  |                         |                        | Sun 10              | Peoria, IL<br>Sutra 6 |
|                                 | Kumbha Rasi: 14.34              | Tithi 26 – 27                | <b>Gulika</b> 5:14AM – 6:54AM   | <b>Shatabhishak Until 4:46PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:14AM |                     | Sarvari 5122          |
|                                 |                                 |                              | Yama 1:38PM – 3:18PM  | Sukla Until 7:12AM               | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:40PM  |                     | Moon 4 - Phase 1      |
|                                 | 295134468                       | <b>Rahu</b> 8:35AM – 10:16AM |   | Kaulava Until 12:03AM Sun        | <b>Nataraja:</b> Purple |                        |                     | 2nd Phase             |
| Creative Work                   | Amrita Yoga                     |                              | <b>Ekadashi* Until 10:51AM</b>  | <b>Chaitra+Chaitra</b>           |                         |                        | <b>Sivaloka Day</b> |                       |
| Until 4:46PM                    |                                 |                              |   |                                  |                         |                        |                     |                       |
| Then Routine Work - Marana Yoga |                                 |                              |   |                                  |                         |                        |                     |                       |

|                                  |                               |                             |  |                                       |                         |                        |                                 |                       |
|----------------------------------|-------------------------------|-----------------------------|--|---------------------------------------|-------------------------|------------------------|---------------------------------|-----------------------|
| <b>4</b>                         | <b>Sunday, April 19, 2020</b> |                             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                                       |                         |                        | Sun 11                          | Peoria, IL<br>Sutra 7 |
|                                  | Kumbha Rasi: 26.28            | Tithi 27 – 28               | <b>Gulika</b> 3:19PM – 5:00PM  | <b>Purvaproshtapada* Until 7:53PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:12AM |                                 | Sarvari 5122          |
|                                  |                               |                             | Yama 11:57AM – 1:38PM  | Brahma Until 8:04AM                   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:41PM  |                                 | Moon 4 - Phase 1      |
|                                  | 215134468                     | <b>Rahu</b> 5:00PM – 6:41PM |  | Gara Until 2:30AM Mon                 | <b>Nataraja:</b> Purple |                        |                                 | 2nd Phase             |
| Creative Work                    | Siddha Yoga                   |                             | <b>Dvadashi* Until 1:15PM</b>  | <b>Chaitra+Chaitra</b>                |                         |                        | <b>Sivaloka Day</b>             |                       |
| Until 7:53PM                     |                               |                             |  |                                       |                         |                        |                                 |                       |
| Then Creative Work - Amrita Yoga |                               |                             |  |                                       |                         |                        |                                 |                       |
|                                  |                               |                             |  |                                       |                         |                        | <i>Pradosha Vrata (Fasting)</i> |                       |

|               |                               |                             |  |  |                         |                        |                     |                       |
|---------------|-------------------------------|-----------------------------|--|--|-------------------------|------------------------|---------------------|-----------------------|
| <b>5</b>      | <b>Monday, April 20, 2020</b> |                             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau |  |                         |                        | Sun 12              | Peoria, IL<br>Sutra 8 |
|               | Meena Rasi: 8.19              | Tithi 28 – 29               | <b>Gulika</b> 1:38PM – 3:19PM  | <b>Uttaraproshtapada Until 10:51PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:11AM |                     | Sarvari 5122          |
|               | <b>Family Home Evening</b>    |                             | Yama 10:15AM – 11:56AM   | Indra Until 9:00AM                     | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:42PM  |                     | Moon 4 - Phase 1      |
|               | 215134468                     | <b>Rahu</b> 6:52AM – 8:34AM |  | Vistil Until 4:56AM Tue                | <b>Nataraja:</b> Purple |                        |                     | 2nd Phase             |
| Creative Work | Siddha Yoga                   |                             | <b>Trayodashi* Until 3:42PM</b>  | <b>Chaitra+Chaitra</b>                 |                         |                        | <b>Sivaloka Day</b> |                       |

|                                 |                                |                             |  |                                |                         |                        |                     |                       |
|---------------------------------|--------------------------------|-----------------------------|--|--------------------------------|-------------------------|------------------------|---------------------|-----------------------|
| <b>6</b>                        | <b>Tuesday, April 21, 2020</b> |                             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau |                                |                         |                        | Sun 13              | Peoria, IL<br>Sutra 9 |
|                                 | Meena Rasi: 20.12              | Tithi 29                    | <b>Gulika</b> 11:56AM – 1:38PM   | <b>Revati Until 1:35AM Wed</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:09AM |                     | Sarvari 5122          |
|                                 |                                |                             | Yama 8:33AM – 10:15AM  | Vaidhriti* Until 9:53AM        | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:43PM  |                     | Moon 4 - Phase 1      |
|                                 | 215134468                      | <b>Rahu</b> 3:20PM – 5:01PM |  | Sakuni Until 6:06PM            | <b>Nataraja:</b> Purple |                        |                     | 2nd Phase             |
| Creative Work                   | Siddha Yoga                    |                             | <b>Chaturdashi* Until 6:06PM</b>   | <b>Chaitra+Chaitra</b>         |                         |                        | <b>Sivaloka Day</b> |                       |
| Until 1:35AM Wed                |                                |                             |  |                                |                         |                        |                     |                       |
| Then Routine Work - Marana Yoga |                                |                             |  |                                |                         |                        |                     |                       |

|   |                                  |                              |   |                                 |                         |                        |                     |                        |
|---|----------------------------------|------------------------------|---|---------------------------------|-------------------------|------------------------|---------------------|------------------------|
|  | <b>Wednesday, April 22, 2020</b> |                              | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                 |                         |                        | Sun 14              | Peoria, IL<br>Sutra 10 |
|   | <b>Retreat Star</b>              |                              | <b>Gulika</b> 10:14AM – 11:56AM   | <b>Ashvini Until 4:31AM Thu</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:08AM |                     | Sarvari 5122           |
|   | Mesha Rasi: 2.06                 | Tithi 30                     | Yama 6:50AM – 8:32AM  | Vishkambha* Until 10:43AM       | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:44PM  |                     | Moon 4 - Phase 1       |
|   | 225134468                        | <b>Rahu</b> 11:56AM – 1:38PM |   | Catuspada Until 7:17AM          | <b>Nataraja:</b> Purple |                        |                     | Amavasya               |
| Routine Work  | Marana Yoga                      |                              | <b>Amavasya* Until 8:23PM</b>   | <b>Chaitra+Chaitra</b>          |                         |                        | <b>Sivaloka Day</b> |                        |
| Until 4:31AM Thu  |                                  |                              |   |                                 |                         |                        |                     |                        |
| Then Creative Work - Siddha Yoga  |                                  |                              |   |                                 |                         |                        |                     |                        |

|                     |                                 |                             |  |                                 |                         |                        |                     |                        |
|---------------------|---------------------------------|-----------------------------|--|---------------------------------|-------------------------|------------------------|---------------------|------------------------|
| <b>Retreat Star</b> | <b>Thursday, April 23, 2020</b> |                             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau |                                 |                         |                        | Sun 15              | Peoria, IL<br>Sutra 11 |
|                     | Mesha Rasi: 14.04               | Tithi 1                     | <b>Gulika</b> 8:31AM – 10:14AM   | <b>Bharani Until 7:06AM Fri</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:07AM |                     | Sarvari 5122           |
|                     |                                 |                             | Yama 5:07AM – 6:49AM   | Priti Until 11:27AM             | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:45PM  |                     | Moon 4 - Phase 1       |
|                     | 225134468                       | <b>Rahu</b> 1:38PM – 3:21PM |  | Kintughna Until 9:29AM          | <b>Nataraja:</b> Purple |                        |                     | Prathama               |
| Creative Work       | Siddha Yoga                     |                             | <b>Prathama* Until 10:29PM</b>   | <b>Vaisaka+Chaitra</b>          |                         |                        | <b>Sivaloka Day</b> |                        |

|          |                               |             |   |                             |                        |                        |                                  |
|----------|-------------------------------|-------------|---|-----------------------------|------------------------|------------------------|----------------------------------|
| <b>1</b> | <b>Friday, April 24, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau |                             |                        |                        | Peoria, IL<br>Sun 16<br>Sutra 12 |
|          | Mesha Rasi: 26.06             | Tithi 2     | <b>Gulika</b> 6:48AM – 8:30AM   | <b>Bharani Until 7:06AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:05AM | Sarvari 5122                     |
|          |                               |             | Yama 3:21PM – 5:04PM  | Ayushman Until 11:59AM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:46PM  | Moon 4 - Phase 2                 |
|          | Creative Work                 | Siddha Yoga | 225134469 <b>Rahu</b> 10:13AM – 11:56AM   | Balava Until 11:28AM        | <b>Nataraja:</b> Clear |                        | 3rd Phase                        |
|          |                               |             | <b>Dvitiya Until 12:21AM Sat</b>  | Moon – White                |                        | <b>Devaloka Day</b>    |                                  |
|          |                               |             |   | <b>Vaisaka-Chaitra</b>      |                        |                        |                                  |

|          |                                 |             |  |                              |                        |                        |                                  |
|----------|---------------------------------|-------------|--|------------------------------|------------------------|------------------------|----------------------------------|
| <b>2</b> | <b>Saturday, April 25, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau |                              |                        |                        | Peoria, IL<br>Sun 17<br>Sutra 13 |
|          | Virshabha Rasi: 8.14            | Tithi 3     | <b>Gulika</b> 5:04AM – 6:47AM  | <b>Krittika Until 9:16AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:04AM | Sarvari 5122                     |
|          |                                 |             | Yama 1:38PM – 3:21PM   | Saubhagya Until 12:19PM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:47PM  | Moon 4 - Phase 2                 |
|          | Creative Work                   | Amrita Yoga | 225134469 <b>Rahu</b> 8:30AM – 10:13AM   | Taitila Until 1:11PM         | <b>Nataraja:</b> Clear |                        | 3rd Phase                        |
|          |                                 |             | <b>Tritiya Until 1:53AM Sun</b>  | Moon – White                 |                        | <b>Devaloka Day</b>    |                                  |
|          |                                 |             | <b>Akshaya Tritiya</b>   | <b>Vaisaka-Chaitra</b>       |                        |                        |                                  |

|          |                               |             |   |                             |                        |                        |                                  |
|----------|-------------------------------|-------------|---|-----------------------------|------------------------|------------------------|----------------------------------|
| <b>3</b> | <b>Sunday, April 26, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau |                             |                        |                        | Peoria, IL<br>Sun 18<br>Sutra 14 |
|          | Virshabha Rasi: 20.31         | Tithi 4     | <b>Gulika</b> 3:22PM – 5:05PM   | <b>Rohini Until 11:26AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:02AM | Sarvari 5122                     |
|          |                               |             | Yama 11:55AM – 1:39PM   | Sobhana Until 12:24PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:48PM  | Moon 4 - Phase 2                 |
|          | Creative Work                 | Siddha Yoga | 235134469 <b>Rahu</b> 5:05PM – 6:48PM   | Vanija Until 2:32PM         | <b>Nataraja:</b> Clear |                        | 3rd Phase                        |
|          |                               |             | <b>Chaturthi* Until 3:02AM Mon</b>  | Moon – Yellow               |                        | <b>Devaloka Day</b>    |                                  |
|          |                               |             |   | <b>Vaisaka-Chaitra</b>      |                        |                        |                                  |

|          |                               |             |  |                                |                        |                             |                                  |
|----------|-------------------------------|-------------|--|--------------------------------|------------------------|-----------------------------|----------------------------------|
| <b>4</b> | <b>Monday, April 27, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau |                                |                        |                             | Peoria, IL<br>Sun 19<br>Sutra 15 |
|          | Mithuna Rasi: 2.59            | Tithi 5     | <b>Gulika</b> 1:39PM – 3:22PM  | <b>Mrigashira Until 1:00PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:01AM      | Sarvari 5122                     |
|          | <b>Family Home Evening</b>    |             | Yama 10:12AM – 11:55AM   | Athiganda* Until 12:07PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:49PM       | Moon 4 - Phase 2                 |
|          | Creative Work                 | Amrita Yoga | 236134469 <b>Rahu</b> 6:45AM – 8:28AM  | Bava Until 3:27PM              | <b>Nataraja:</b> Clear |                             | 3rd Phase                        |
|          |                               |             | <b>Panchami Until 3:41AM Tue</b>   | Moon – Yellow                  |                        | <b>Bhuloka Day</b>          |                                  |
|          |                               |             | <b>Adi Sankara Jayanthi</b>  | <b>Vaisaka-Chaitra</b>         |                        | Devaloka Time: 3:PM to 6:PM |                                  |

|          |                                |             |  |                           |                        |                             |                                  |
|----------|--------------------------------|-------------|--|---------------------------|------------------------|-----------------------------|----------------------------------|
| <b>5</b> | <b>Tuesday, April 28, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau |                           |                        |                             | Peoria, IL<br>Sun 20<br>Sutra 16 |
|          | Mithuna Rasi: 15.4             | Tithi 6     | <b>Gulika</b> 11:55AM – 1:39PM   | <b>Ardra Until 1:55PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:00AM      | Sarvari 5122                     |
|          |                                |             | Yama 8:27AM – 10:11AM  | Sukarma Until 11:27AM     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:50PM       | Moon 4 - Phase 2                 |
|          | Routine Work                   | Marana Yoga | 236134469 <b>Rahu</b> 3:23PM – 5:07PM  | Kaulava Until 3:49PM      | <b>Nataraja:</b> Clear |                             | 3rd Phase                        |
|          |                                |             | <b>Shashthi* Until 3:45AM Wed</b>  | Moon – Yellow             |                        | <b>Bhuloka Day</b>          |                                  |
|          |                                |             |  | <b>Vaisaka-Chaitra</b>    |                        | Devaloka Time: 3:PM to 6:PM |                                  |

|          |                                  |             |   |                               |                        |                        |                                  |
|----------|----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|----------------------------------|
| <b>6</b> | <b>Wednesday, April 29, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau |                               |                        |                        | Peoria, IL<br>Sun 21<br>Sutra 17 |
|          | Mithuna Rasi: 28.37              | Tithi 7     | <b>Gulika</b> 10:11AM – 11:55AM   | <b>Punarvasu Until 2:33PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:58AM | Sarvari 5122                     |
|          |                                  |             | Yama 6:43AM – 8:27AM  | Dhriti Until 10:19AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:51PM  | Moon 4 - Phase 2                 |
|          | Creative Work                    | Siddha Yoga | 246134469 <b>Rahu</b> 11:55AM – 1:39PM  | Gara Until 3:34PM             | <b>Nataraja:</b> Clear |                        | 3rd Phase                        |
|          |                                  |             | <b>Saptami Until 3:11AM Thu</b>   | Moon – Blue                   |                        | <b>Devaloka Day</b>    |                                  |
|          |                                  |             |   | <b>Vaisaka-Chaitra</b>        |                        |                        |                                  |

|          |                                 |             |  |                            |                        |                        |                                  |
|----------|---------------------------------|-------------|--|----------------------------|------------------------|------------------------|----------------------------------|
| <b>D</b> | <b>Thursday, April 30, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau |                            |                        |                        | Peoria, IL<br>Sun 22<br>Sutra 18 |
|          | <b>Retreat Star</b>             |             | <b>Gulika</b> 8:26AM – 10:10AM   | <b>Pushya Until 2:23PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:57AM | Sarvari 5122                     |
|          | Kataka Rasi: 11.55              | Tithi 8     | Yama 4:57AM – 6:42AM   | Shula* Until 8:39AM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:52PM  | Moon 4 - Phase 2                 |
|          | Creative Work                   | Amrita Yoga | 246134469 <b>Rahu</b> 1:39PM – 3:24PM  | Visli Until 2:40PM         | <b>Nataraja:</b> Clear |                        | Ashtami                          |
|          |                                 |             | <b>Ashtami* Until 1:57AM Fri</b>   | Moon – Blue                |                        | <b>Devaloka Day</b>    |                                  |
|          |                                 |             |  | <b>Vaisaka-Chaitra</b>     |                        |                        |                                  |

|          |                            |             |  |                               |                        |                        |                                  |
|----------|----------------------------|-------------|--|-------------------------------|------------------------|------------------------|----------------------------------|
| <b>D</b> | <b>Friday, May 1, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau |                               |                        |                        | Peoria, IL<br>Sun 23<br>Sutra 19 |
|          | <b>Retreat Star</b>        |             | <b>Gulika</b> 6:40AM – 8:25AM  | <b>Ashlesha* Until 1:24PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:55AM | Sarvari 5122                     |
|          | Kataka Rasi: 25.36         | Tithi 9     | Yama 3:24PM – 5:09PM   | Ganda* Until 6:27AM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:54PM  | Moon 4 - Phase 2                 |
|          | Routine Work               | Marana Yoga | 246134469 <b>Rahu</b> 10:10AM – 11:55AM  | Balava Until 1:06PM           | <b>Nataraja:</b> Clear |                        | Navami                           |
|          |                            |             | <b>Navami* Until 12:04AM Sat</b>   | Moon – Blue                   |                        | <b>Devaloka Day</b>    |                                  |
|          |                            |             |  | <b>Vaisaka-Chaitra</b>        |                        |                        |                                  |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


|  |             |                               |                             |                        |                        |  |  |            |  |
|--|-------------|-------------------------------|-----------------------------|------------------------|------------------------|--|--|------------|--|
| <b>1</b>   |             | <b>Saturday, May 2, 2020</b>  |                             |                        |                        | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam |  | Peoria, IL |  |
| Magha* Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau |             | Sun 24                        |                             | Sutra 20               |                        | Sarvari 5122   |  |            |  |
| Simha Rasi: 9.41   | Tithi 10    | <b>Gulika</b> 4:53AM – 6:39AM | <b>Magha* Until 12:06PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:53AM |  |  |            |  |
|  |             | Yama 1:40PM – 3:25PM          | Dhruva Until 12:34AM Sun    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:55PM  | Moon 4 - Phase 3   |  |            |  |
|  | 256134469   | <b>Rahu</b> 8:24AM – 10:09AM  | Taitila Until 10:55AM       | <b>Nataraja:</b> Clear |                        | 4th Phase  |  |            |  |
| Creative Work  | Amrita Yoga |                               | <b>Dashami Until 9:36PM</b> | Moon – Red             |                        | <b>Bhuloka Day</b>   |  |            |  |
| Until 12:06PM  |             |                               |                             | <b>Vaisaka*Chaitra</b> |                        | Devaloka Time: 3:PM to 6:PM  |  |            |  |
| Then Creative Work - Siddha Yoga   |             |                               |                             |                        |                        |  |  |            |  |

|   |             |                               |                                    |                        |                        |  |  |            |  |
|---|-------------|-------------------------------|------------------------------------|------------------------|------------------------|--|--|------------|--|
| <b>2</b>  |             | <b>Sunday, May 3, 2020</b>    |                                    |                        |                        | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam |  | Peoria, IL |  |
| Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau |             | Sun 25                        |                                    | Sutra 21               |                        | Sarvari 5122   |  |            |  |
| Simha Rasi: 24.08   | Tithi 11    | <b>Gulika</b> 3:25PM – 5:11PM | <b>Purvaphalguni Until 10:08AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:52AM |  |  |            |  |
|   |             | Yama 11:54AM – 1:40PM         | Vyaghata* Until 9:00PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:56PM  | Moon 4 - Phase 3   |  |            |  |
|   | 256134469   | <b>Rahu</b> 5:11PM – 6:56PM   | Vanija Until 8:11AM                | <b>Nataraja:</b> Clear |                        | 4th Phase  |  |            |  |
| Creative Work   | Siddha Yoga |                               | <b>Ekadashi Until 6:38PM</b>       | Moon – Red             |                        | <b>Bhuloka Day</b>   |  |            |  |
| Until 10:08AM   |             |                               |                                    | <b>Vaisaka*Chaitra</b> |                        | Devaloka Time: 3:PM to 6:PM  |  |            |  |
| Then Creative Work - Amrita Yoga  |             |                               |                                    |                        |                        |  |  |            |  |

|   |               |                               |                                    |                        |                        |   |  |            |  |
|---|---------------|-------------------------------|------------------------------------|------------------------|------------------------|---|--|------------|--|
| <b>3</b>  |               | <b>Monday, May 4, 2020</b>    |                                    |                        |                        | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam |  | Peoria, IL |  |
| Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |               | Sun 26                        |                                    | Sutra 22               |                        | Sarvari 5122  |  |            |  |
| Kanya Rasi: 8.55  | Tithi 12 – 13 | <b>Gulika</b> 1:40PM – 3:26PM | <b>Uttaraphalguni Until 7:36AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:51AM |   |  |            |  |
|   |               | Yama 10:08AM – 11:54AM        | Harshana Until 5:10PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:57PM  | Moon 4 - Phase 3  |  |            |  |
| <b>Family Home Evening</b>  | 256234469     | <b>Rahu</b> 6:37AM – 8:23AM   | Kaulava Until 1:36AM Tue           | <b>Nataraja:</b> Clear |                        | 4th Phase   |  |            |  |
| Creative Work   | Siddha Yoga   |                               | <b>Dvadashi Until 3:20PM</b>       | Moon – Red             |                        | <b>Devaloka Day</b>   |  |            |  |
|   |               |                               |                                    | <b>Vaisaka*Chaitra</b> |                        |   |  |            |  |
|   |               |                               |                                    |                        |                        |   |  |            |  |

*Pradosha Vrata*

|  |               |                                |                                 |                        |                        |  |  |            |  |
|--|---------------|--------------------------------|---------------------------------|------------------------|------------------------|--|--|------------|--|
| <b>4</b>   |               | <b>Tuesday, May 5, 2020</b>    |                                 |                        |                        | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam |  | Peoria, IL |  |
| Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |               | Sun 27                         |                                 | Sutra 23               |                        | Sarvari 5122   |  |            |  |
| Kanya Rasi: 23.54  | Tithi 13 – 14 | <b>Gulika</b> 11:54AM – 1:40PM | <b>Chitra Until 2:19AM Wed</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:50AM |  |  |            |  |
|  |               | Yama 8:22AM – 10:08AM          | Vajra* Until 1:09PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:58PM  | Moon 4 - Phase 3   |  |            |  |
|  | 267234469     | <b>Rahu</b> 3:26PM – 5:12PM    | Gara Until 10:02PM              | <b>Nataraja:</b> Clear |                        | 4th Phase  |  |            |  |
| Creative Work  | Siddha Yoga   |                                | <b>Trayodashi Until 11:48AM</b> | Moon – Green           |                        | <b>Devaloka Day</b>  |  |            |  |
|  |               |                                |                                 | <b>Vaisaka*Chaitra</b> |                        |  |  |            |  |

|   |               |  |                                  |                        |                        |  |  |              |  |
|---|---------------|--|----------------------------------|------------------------|------------------------|--|--|--------------|--|
|  |               | <b>Wednesday, May 6, 2020</b>  |                                  |                        |                        | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam |  | Peoria, IL   |  |
| <b>Copper Retreat Star</b>  |               | Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                  | Sun 28                 |                        | Sutra 24   |  | Sarvari 5122 |  |
| Tula Rasi: 8.58   | Tithi 14 – 15 | <b>Gulika</b> 10:08AM – 11:54AM  | <b>Svati Until 11:28PM</b>       | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:49AM |  |  |              |  |
|   |               | Yama 6:35AM – 8:21AM   | Siddhi Until 9:06AM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:59PM  | Moon 4 - Phase 3   |  |              |  |
|   | 267234469     | <b>Rahu</b> 11:54AM – 1:40PM   | Visti Until 6:29PM               | <b>Nataraja:</b> Clear |                        | Purnima  |  |              |  |
| Creative Work   | Siddha Yoga   |  | <b>Chaturdashi* Until 8:14AM</b> | Moon – Green           |                        | <b>Devaloka Day</b>  |  |              |  |
|   |               | <b>Budha Purnima (Tamil Nadu)</b>  |                                  | <b>Vaisaka*Chaitra</b> |                        |  |  |              |  |

|                            |             |  |                                   |                        |                        |   |  |              |  |
|----------------------------|-------------|--|-----------------------------------|------------------------|------------------------|---|--|--------------|--|
| <b>5</b>                   |             | <b>Thursday, May 7, 2020</b>   |                                   |                        |                        | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam |  | Peoria, IL   |  |
| <b>Silver Retreat Star</b> |             | Vishakha Nakshatra Varyan Yoga Balava/Kaulava Karana Prathamayam Titau |                                   | Sun 29                 |                        | Sutra 25  |  | Sarvari 5122 |  |
| Tula Rasi: 23.58           | Tithi 16    | <b>Gulika</b> 8:21AM – 10:07AM   | <b>Vishakha Until 9:08PM</b>      | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:48AM |   |  |              |  |
|                            |             | Yama 4:48AM – 6:34AM   | Variyan Until 1:25AM Fri          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:00PM  | Moon 4 - Phase 3  |  |              |  |
|                            | 277234469   | <b>Rahu</b> 1:41PM – 3:27PM  | Balava Until 3:07PM               | <b>Nataraja:</b> Clear |                        | Prathama  |  |              |  |
| Creative Work              | Siddha Yoga |  | <b>Prathama* Until 1:33AM Fri</b> | Moon – Orange          |                        | <b>Bhuloka Day</b>  |  |              |  |
|                            |             |  |                                   | <b>Vaisaka*Chaitra</b> |                        | Devaloka Time: 3:PM to 6:PM   |  |              |  |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang