



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.09      Tithi 17  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:11AM – 6:52AM  
Yama 1:37PM – 3:18PM  
Rahu 8:33AM – 10:14AM

**Svati Until 7:17AM**  
Siddhi Until 7:09PM  
Taitila Until 2:51PM  
Dvitiya Until 2:01AM Sun

**Ganesha:** Red      *Sunrise:* 5:11AM  
**Muruqa:** Yellow      *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon – Green

**Sivaloka Day**  
Chaitra•Chaitra

Nutley, NJ  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.03      Tithi 18  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 3:18PM – 5:00PM  
Yama 11:55AM – 1:37PM  
Rahu 5:00PM – 6:41PM

**Vishakha Until 6:28AM**  
Vyatipata\* Until 4:59PM  
Vanija Until 1:23PM  
Tritya Until 12:54AM Mon

**Ganesha:** Blue      *Sunrise:* 5:09AM  
**Muruqa:** Yellow      *Sunset:* 6:41PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Nutley, NJ  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 16.32      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:37PM – 3:19PM  
Yama 10:13AM – 11:55AM  
Rahu 6:50AM – 8:32AM

**Anuradha Until 6:13AM**  
Variyan Until 3:23PM  
Bava Until 12:39PM  
Chaturthi\* Until 12:33AM Tue

**Ganesha:** Blue      *Sunrise:* 5:08AM  
**Muruqa:** Yellow      *Sunset:* 6:43PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Nutley, NJ  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Tuesday, April 23, 2019**

Vrischika Rasi: 29.35      Tithi 20  
Routine Work      Marana Yoga  
Until 6:35AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:55AM – 1:37PM  
Yama 8:31AM – 10:13AM  
Rahu 3:19PM – 5:01PM

**Jyeshtha\* Until 6:35AM**  
Parigha\* Until 2:27PM  
Kaulava Until 12:43PM  
Panchami Until 1:02AM Wed

**Ganesha:** Blue      *Sunrise:* 5:07AM  
**Muruqa:** Yellow      *Sunset:* 6:44PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Nutley, NJ  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.14      Tithi 21  
Routine Work      Marana Yoga  
Until 8:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:12AM – 11:55AM  
Yama 6:48AM – 8:30AM  
Rahu 11:55AM – 1:37PM

**Mula\* Until 8:04AM**  
Shiva Until 2:09PM  
Gara Until 1:36PM  
Shashthi\* Until 2:18AM Thu

**Ganesha:** Yellow      *Sunrise:* 5:05AM  
**Muruqa:** Yellow      *Sunset:* 6:45PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**  
Chaitra•Chaitra

Nutley, NJ  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 24.34      Tithi 22  
Creative Work      Siddha Yoga  
Until 10:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:29AM – 10:12AM  
Yama 5:04AM – 6:47AM  
Rahu 1:37PM – 3:20PM

**Purvashadha\* Until 10:08AM**  
Siddha Until 2:23PM  
Visti Until 3:12PM  
Saptami Until 4:13AM Fri

**Ganesha:** Yellow      *Sunrise:* 5:04AM  
**Muruqa:** Yellow      *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

Nutley, NJ  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 6.38      Tithi 23  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:45AM – 8:28AM  
Yama 3:21PM – 5:04PM  
Rahu 10:11AM – 11:55AM

**Uttarashadha Until 12:35PM**  
Sadhya Until 3:04PM  
Balava Until 5:22PM  
Ashtami\* Until 6:34AM Sat

**Ganesha:** Red      *Sunrise:* 5:02AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

Nutley, NJ  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 18.31      Tithi 23 – 24  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:01AM – 6:44AM  
Yama 1:38PM – 3:21PM  
Rahu 8:28AM – 10:11AM

**Shravana Until 3:44PM**  
Subha Until 4:01PM  
Taitila Until 7:51PM  
Ashtami\* Until 6:34AM

**Ganesha:** Green      *Sunrise:* 5:01AM  
**Muruqa:** Yellow      *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Chaitra•Chaitra  
Devaloka Time: 3:PM to 6:PM

Nutley, NJ  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Nutley, NJ Sun 8 Sutra 14 Vikarin 5121
Kumbha Rasi: 0.21	Tithi 24 – 25	<b>Gulika</b> 3:21PM – 5:05PM	<b>Dhanishtha</b> <b>Until 6:48PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:00AM	
		Yama 11:54AM – 1:38PM	Sukla Until 5:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3
	294583469	<b>Rahu</b> 5:05PM – 6:49PM	Vanija Until 10:24PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 9:06AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 6:48PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nutley, NJ Sun 9 Sutra 15 Vikarin 5121
Kumbha Rasi: 12.11	Tithi 25 – 26	<b>Gulika</b> 1:38PM – 3:22PM	<b>Shatabhishak</b> <b>Until 9:34PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:58AM	
<b>Family Home Evening</b>		Yama 10:10AM – 11:54AM	Brahma Until 5:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469	Bava Until 12:46AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 9:34PM		<b>Rahu</b> 6:42AM – 8:26AM	<b>Dashami</b> <b>Until 11:36AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Nutley, NJ Sun 10 Sutra 16 Vikarin 5121
Kumbha Rasi: 24.06	Tithi 26 – 27	<b>Gulika</b> 11:54AM – 1:38PM	<b>Purvaprossthapada*</b> <b>Until 12:21AM We</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:57AM	
		Yama 8:25AM – 10:10AM	Indra Until 6:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
	214583469	<b>Rahu</b> 3:22PM – 5:07PM	Kaulava Until 2:47AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 1:49PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 12:21AM Wed				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau				Nutley, NJ Sun 11 Sutra 17 Vikarin 5121
Meena Rasi: 6.1	Tithi 27 – 28	<b>Gulika</b> 10:09AM – 11:54AM	<b>Uttaraprossthapada</b> <b>Until 2:31AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM	
		Yama 6:40AM – 8:25AM	Vaidhriti* Until 6:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
	214583469	<b>Rahu</b> 11:54AM – 1:38PM	Gara Until 4:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadhshi* Until 3:36PM</b>	Moon – Clear		<b>Bhuloka Day</b>
				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata (Fasting)*

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nutley, NJ Sun 12 Sutra 18 Vikarin 5121
Meena Rasi: 18.26	Tithi 28 – 29	<b>Gulika</b> 8:24AM – 10:09AM	<b>Revati</b> <b>Until 4:01AM Fri</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:55AM	
		Yama 4:55AM – 6:39AM	Vishkambha* Until 6:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
	215583469	<b>Rahu</b> 1:38PM – 3:23PM	Visti Until 5:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:52PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 4:01AM Fri				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nutley, NJ Sun 13 Sutra 19 Vikarin 5121
Mesha Rasi: 0.57	Tithi 29 – 30	<b>Gulika</b> 6:38AM – 8:23AM	<b>Ashvini</b> <b>Until 5:18AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	
		Yama 3:24PM – 5:09PM	Priti Until 6:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 10:08AM – 11:54AM	Catuspada Until 5:47AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:36PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 5:18AM Sat				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nutley, NJ Sun 14 Sutra 20 Vikarin 5121
Mesha Rasi: 13.42	Tithi 30 – 1	<b>Gulika</b> 4:52AM – 6:37AM	<b>Bharani</b> <b>Until 5:55AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	
		Yama 1:39PM – 3:24PM	Ayushman Until 5:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 8:23AM – 10:08AM	Kintughna Until 5:43AM Sun	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:47PM</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nutley, NJ Sun 15 Sutra 21 Vikarin 5121
Mesha Rasi: 26.42	Tithi 1 – 2	<b>Gulika</b> 3:25PM – 5:10PM	<b>Krittika</b> <b>Until 5:58AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	
		Yama 11:53AM – 1:39PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 5:10PM – 6:56PM	Balava Until 5:13AM Mon	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:30PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 5:58AM Mon				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nutley, NJ Sun 16 Sutra 22 Vikarin 5121
<b>1</b>	Vrishabha Rasi: 9.56 Family Home Evening Creative Work Amrita Yoga Until 5:56AM Tue Then Creative Work - Siddha Yoga	Tithi 2 - 3 225583469	<b>Gulika</b> 1:39PM - 3:25PM Yama 10:07AM - 11:53AM <b>Rahu</b> 6:36AM - 8:21AM	<b>Rohini Until 5:56AM Tue</b> Sobhana Until 2:43PM Taitila Until 4:21AM Tue <b>Dvitiya Until 4:49PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon - White <b>Vaisaka-Chaitra</b>	Sunrise: 4:50AM Sunset: 6:57PM Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Nutley, NJ Sun 17 Sutra 23 Vikarin 5121
<b>2</b>	Vrishabha Rasi: 23.22 Creative Work Siddha Yoga	Tithi 3 - 4 235583469	<b>Gulika</b> 11:53AM - 1:39PM Yama 8:21AM - 10:07AM <b>Rahu</b> 3:26PM - 5:12PM	<b>Mrigashira Until 5:27AM Wed</b> Athiganda* Until 12:50PM Vanija Until 3:10AM Wed <b>Tritiya Until 3:46PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon - Yellow <b>Vaisaka-Chaitra</b>	Sunrise: 4:49AM Sunset: 6:58PM Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nutley, NJ Sun 18 Sutra 24 Vikarin 5121
<b>3</b>	Mithuna Rasi: 6.58 Creative Work Siddha Yoga Until 4:35AM Thu Then Creative Work - Amrita Yoga	Tithi 4 - 5 235583469	<b>Gulika</b> 10:07AM - 11:53AM Yama 6:34AM - 8:20AM <b>Rahu</b> 11:53AM - 1:40PM	<b>Ardra Until 4:35AM Thu</b> Sukarma Until 10:44AM Bava Until 1:43AM Thu <b>Chaturthi* Until 2:27PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon - Yellow <b>Vaisaka-Chaitra</b>	Sunrise: 4:47AM Sunset: 6:59PM Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nutley, NJ Sun 19 Sutra 25 Vikarin 5121
<b>4</b>	Mithuna Rasi: 20.43 Creative Work Amrita Yoga Until 3:48AM Fri Then Routine Work - Marana Yoga	Tithi 5 - 6 245583469	<b>Gulika</b> 8:20AM - 10:06AM Yama 4:46AM - 6:33AM <b>Rahu</b> 1:40PM - 3:27PM	<b>Punarvasu Until 3:48AM Fri</b> Dhriti Until 8:28AM Kaulava Until 12:04AM Fri <b>Panchami Until 12:54PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue <b>Vaisaka-Chaitra</b>	Sunrise: 4:46AM Sunset: 7:00PM Moon 4 - Phase 4 3rd Phase <b>Devaloka Day</b>

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Nutley, NJ Sun 20 Sutra 26 Vikarin 5121
<b>5</b>	Kataka Rasi: 5 Routine Work Marana Yoga	Tithi 6 - 7 245583469	<b>Gulika</b> 6:32AM - 8:19AM Yama 3:27PM - 5:14PM <b>Rahu</b> 10:06AM - 11:53AM	<b>Pushya Until 2:40AM Sat</b> Ganda* Until 6:00AM Gara Until 10:13PM <b>Shashthi* Until 11:09AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue <b>Vaisaka-Chaitra</b>	Sunrise: 4:45AM Sunset: 7:01PM Moon 4 - Phase 4 3rd Phase <b>Devaloka Day</b>

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nutley, NJ Sun 21 Sutra 27 Vikarin 5121
<b>Retreat Star</b>	Kataka Rasi: 18.36 Routine Work Marana Yoga	Tithi 7 - 8 245583469	<b>Gulika</b> 4:44AM - 6:31AM Yama 1:40PM - 3:27PM <b>Rahu</b> 8:19AM - 10:06AM	<b>Ashlesha* Until 1:14AM Sun</b> Vriddhi Until 12:38AM Sun Visti Until 8:11PM <b>Saptami Until 9:12AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue <b>Vaisaka-Chaitra</b>	Sunrise: 4:44AM Sunset: 7:02PM Moon 4 - Phase 4 Ashtami <b>Devaloka Day</b>

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nutley, NJ Sun 22 Sutra 28 Vikarin 5121
<b>Retreat Star</b>	Simha Rasi: 2.43 Routine Work Marana Yoga Until 11:55PM Then Creative Work - Siddha Yoga	Tithi 8 - 9 256583469	<b>Gulika</b> 3:28PM - 5:15PM Yama 11:53AM - 1:40PM <b>Rahu</b> 5:15PM - 7:03PM	<b>Magha* Until 11:55PM</b> Dhruva Until 9:44PM Balava Until 6:00PM <b>Ashtami* Until 7:05AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon - Red <b>Vaisaka-Chaitra</b>	Sunrise: 4:43AM Sunset: 7:03PM Moon 4 - Phase 4 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Nutley, NJ Sun 23 Sutra 29 Vikarin 5121
<b>1</b>	Simha Rasi: 16.56 Tithi 10 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:41PM – 3:28PM Yama 10:05AM – 11:53AM <b>Rahu</b> 6:30AM – 8:18AM	<b>Purvaphalguni Until 10:22PM</b> Vyaghata* Until 6:46PM Taitila Until 3:41PM Dashami Until 2:29AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:42AM <b>Sunset:</b> 7:04PM	Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Nutley, NJ Sun 24 Sutra 30 Vikarin 5121
<b>2</b>	Kanya Rasi: 1.12 Tithi 11 Creative Work Amrita Yoga Until 8:37PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:53AM – 1:41PM Yama 8:17AM – 10:05AM <b>Rahu</b> 3:29PM – 5:17PM	<b>Uttaraphalguni Until 8:37PM</b> Harshana Until 3:45PM Vanija Until 1:19PM Ekadashi Until 12:06AM Wed	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:41AM <b>Sunset:</b> 7:05PM	Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Nutley, NJ Sun 25 Sutra 31 Vikarin 5121
<b>3</b>	Kanya Rasi: 15.29 Tithi 12 Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:05AM – 11:53AM Yama 6:28AM – 8:17AM <b>Rahu</b> 11:53AM – 1:41PM	<b>Hasta Until 7:11PM</b> Vajra* Until 12:44PM Bava Until 10:56AM Dvadashi Until 9:45PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:40AM <b>Sunset:</b> 7:06PM	Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nutley, NJ Sun 26 Sutra 32 Vikarin 5121
<b>4</b>	Kanya Rasi: 29.44 Tithi 13 Creative Work Siddha Yoga Until 5:45PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:16AM – 10:05AM Yama 4:39AM – 6:28AM <b>Rahu</b> 1:41PM – 3:30PM	<b>Chitra Until 5:45PM</b> Siddhi Until 9:49AM Kaulava Until 8:39AM Trayodashi Until 7:34PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:39AM <b>Sunset:</b> 7:07PM	Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Nutley, NJ Sun 27 Sutra 33 Vikarin 5121
<b>5</b>	Tula Rasi: 13.5 Tithi 14 – 15 Creative Work Siddha Yoga	<b>Gulika</b> 6:27AM – 8:16AM Yama 3:30PM – 5:19PM <b>Rahu</b> 10:04AM – 11:53AM	<b>Svati Until 4:26PM</b> Vyatipata* Until 7:05AM Gara Until 6:35AM Chaturdashi* Until 5:39PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:38AM <b>Sunset:</b> 7:08PM	Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nutley, NJ Sun 28 Sutra 34 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b> Tula Rasi: 27.43 Tithi 15 – 16 Creative Work Siddha Yoga	<b>Gulika</b> 4:37AM – 6:26AM Yama 1:42PM – 3:31PM <b>Rahu</b> 8:15AM – 10:04AM	<b>Vishakha Until 3:48PM</b> Parigha* Until 2:32AM Sun Balava Until 3:36AM Sun Purnima* Until 4:09PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 4:37AM <b>Sunset:</b> 7:09PM	Moon 4 - Phase 5 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Nutley, NJ Sun 29 Sutra 35 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b> Vrischika Rasi: 11.2 Tithi 16 – 17 Routine Work Marana Yoga	<b>Gulika</b> 3:31PM – 5:20PM Yama 11:53AM – 1:42PM <b>Rahu</b> 5:20PM – 7:10PM	<b>Anuradha Until 3:33PM</b> Shiva Until 12:56AM Mon Taitila Until 2:56AM Mon Prathama* Until 3:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 4:37AM <b>Sunset:</b> 7:10PM	Moon 4 - Phase 5 Prathama <b>Devaloka Day</b>

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 24.36 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 1:42PM – 3:32PM  
**Yama** 10:04AM – 11:53AM  
**Rahu** 6:25AM – 8:14AM  
**Jyeshtha\* Until 3:47PM**  
Siddha Until 11:50PM  
Vanija Until 2:55AM Tue  
**Dvitiya Until 2:49PM**

Nutley, NJ  
Sutra 36  
Vikarin 5121  
Sun 1  
Moon 5 - Phase 6  
1st Phase  
Devaloka Day  
Ganesha: Yellow *Sunrise: 4:36AM*  
Muruga: Yellow *Sunset: 7:11PM*  
Nataraja: Clear  
Moon – Orange  
Vaisaka-Vaikasi

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 7.31 Tithi 18 – 19

287683469

Creative Work Amrita Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 11:53AM – 1:43PM  
**Yama** 8:14AM – 10:04AM  
**Rahu** 3:32PM – 5:22PM  
**Mula\* Until 4:59PM**  
Sadhya Until 11:18PM  
Bava Until 3:37AM Wed  
**Tritiya Until 3:10PM**

Nutley, NJ  
Sutra 37  
Vikarin 5121  
Sun 2  
Moon 5 - Phase 6  
1st Phase  
Devaloka Day  
Ganesha: Red *Sunrise: 4:35AM*  
Muruga: Yellow *Sunset: 7:11PM*  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.07 Tithi 19 – 20

287683469

Creative Work Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 10:03AM – 11:53AM  
**Yama** 6:24AM – 8:14AM  
**Rahu** 11:53AM – 1:43PM  
**Purvashadha\* Until 6:43PM**  
Subha Until 11:19PM  
Kaulava Until 4:59AM Thu  
**Chaturthi\* Until 4:12PM**

Nutley, NJ  
Sutra 38  
Vikarin 5121  
Sun 3  
Moon 5 - Phase 6  
1st Phase  
Devaloka Day  
Ganesha: Red *Sunrise: 4:34AM*  
Muruga: Yellow *Sunset: 7:12PM*  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.24 Tithi 20 – 21

287683469

Routine Work Marana Yoga  
Until 8:52PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 8:13AM – 10:03AM  
**Yama** 4:33AM – 6:23AM  
**Rahu** 1:43PM – 3:33PM  
**Uttarashadha Until 8:52PM**  
Sukla Until 11:45PM  
Gara Until 6:54AM Fri  
**Panchami Until 5:51PM**

Nutley, NJ  
Sutra 39  
Vikarin 5121  
Sun 4  
Moon 5 - Phase 6  
1st Phase  
Devaloka Day  
Ganesha: Red *Sunrise: 4:33AM*  
Muruga: Yellow *Sunset: 7:13PM*  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.29 Tithi 21

297683469

Routine Work Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 6:23AM – 8:13AM  
**Yama** 3:34PM – 5:24PM  
**Rahu** 10:03AM – 11:53AM  
**Shravana Until 11:47PM**  
Brahma Until 12:31AM Sat  
Gara Until 6:54AM  
**Shashthi\* Until 7:59PM**

Nutley, NJ  
Sutra 40  
Vikarin 5121  
Sun 5  
Moon 5 - Phase 6  
1st Phase  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Ganesha: Green *Sunrise: 4:33AM*  
Muruga: Yellow *Sunset: 7:14PM*  
Nataraja: Clear  
Moon – Purple  
Vaisaka-Vaikasi

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.24 Tithi 22

298683469

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika** 4:32AM – 6:22AM  
**Yama** 1:44PM – 3:34PM  
**Rahu** 8:13AM – 10:03AM  
**Dhanishtha Until 2:44AM Sun**  
Indra Until 1:29AM Sun  
Visti Until 9:11AM  
**Saptami Until 10:22PM**

Nutley, NJ  
Sutra 41  
Vikarin 5121  
Sun 6  
Moon 5 - Phase 6  
1st Phase  
Devaloka Day  
Ganesha: Red *Sunrise: 4:32AM*  
Muruga: Yellow *Sunset: 7:15PM*  
Nataraja: Clear  
Moon – Purple  
Vaisaka-Vaikasi

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.16 Tithi 23

398683469

Creative Work Siddha Yoga  
Until 5:32AM Mon  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika** 3:35PM – 5:25PM  
**Yama** 11:54AM – 1:44PM  
**Rahu** 5:25PM – 7:16PM  
**Shatabhishak Until 5:32AM Mon**  
Vaidhriti\* Until 2:25AM Mon  
Balava Until 11:37AM  
**Ashtami\* Until 12:47AM Mon**

Nutley, NJ  
Sutra 42  
Vikarin 5121  
Sun 7  
Moon 5 - Phase 6  
Ashtami  
Sivaloka Day  
Ganesha: Blue *Sunrise: 4:31AM*  
Muruga: Yellow *Sunset: 7:16PM*  
Nataraja: Clear  
Moon – Purple  
Vaisaka-Vaikasi

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.08 Tithi 24

318683469

**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:26AM Tue  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika** 1:44PM – 3:35PM  
**Yama** 10:03AM – 11:54AM  
**Rahu** 6:22AM – 8:12AM  
**Purvaproshtapada\* Until 8:26AM Tue**  
Vishkambha\* Until 3:12AM Tue  
Taitila Until 1:57PM  
**Navami\* Until 3:00AM Tue**

Nutley, NJ  
Sutra 43  
Vikarin 5121  
Sun 8  
Moon 5 - Phase 6  
Navami  
Sivaloka Day  
Ganesha: Purple *Sunrise: 4:31AM*  
Muruga: Yellow *Sunset: 7:17PM*  
Nataraja: Clear  
Moon – Clear  
Vaisaka-Vaikasi

<b>1</b>		<b>Tuesday, May 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9	Nutley, NJ Sutra 44
Meena Rasi: 2.06	Tithi 25	<b>Gulika</b>	11:54AM – 1:45PM	<b>Purvaproshtapada* Until 8:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:30AM		Vikarin 5121	
		Yama	8:12AM – 10:03AM	Priti Until 3:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:17PM		Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	3:36PM – 5:27PM	Vanija Until 4:00PM	<b>Nataraja:</b> Clear			2nd Phase	
Routine Work	Marana Yoga			<b>Dashami Until 4:50AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 8:26AM					<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Amrita Yoga									
<b>2</b>		<b>Wednesday, May 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10	Nutley, NJ Sutra 45
Meena Rasi: 14.14	Tithi 26	<b>Gulika</b>	10:03AM – 11:54AM	<b>Uttaraproshtapada Until 10:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:30AM		Vikarin 5121	
		Yama	6:21AM – 8:12AM	Ayushman Until 3:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:18PM		Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	11:54AM – 1:45PM	Bava Until 5:34PM	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 10:45AM					<b>Vaisaka-Vaikasi</b>				
Then Routine Work - Marana Yoga									
<b>3</b>		<b>Thursday, May 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11	Nutley, NJ Sutra 46
Meena Rasi: 26.35	Tithi 26 – 27	<b>Gulika</b>	8:12AM – 10:03AM	<b>Revati Until 12:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:29AM		Vikarin 5121	
		Yama	4:29AM – 6:20AM	Saubhagya Until 3:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:19PM		Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	1:45PM – 3:37PM	Kaulava Until 6:33PM	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 12:22PM					<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Amrita Yoga									
<b>4</b>		<b>Friday, May 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12	Nutley, NJ Sutra 47
Mesha Rasi: 9.13	Tithi 27 – 28	<b>Gulika</b>	6:20AM – 8:11AM	<b>Ashvini Until 1:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:29AM		Vikarin 5121	
		Yama	3:37PM – 5:28PM	Sobhana Until 2:30AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:20PM		Moon 5 - Phase 7	
		328683469 <b>Rahu</b>	10:03AM – 11:54AM	Gara Until 6:54PM	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 6:47AM</b>	Moon – White		<b>Devaloka Day</b>		
Until 1:42PM					<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					
<b>5</b>		<b>Saturday, June 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13	Nutley, NJ Sutra 48
Mesha Rasi: 22.08	Tithi 28 – 29	<b>Gulika</b>	4:28AM – 6:20AM	<b>Bharani Until 2:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:28AM		Vikarin 5121	
		Yama	1:46PM – 3:37PM	Athiganda* Until 1:05AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:20PM		Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	8:11AM – 10:03AM	Visti Until 6:37PM	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 6:49AM</b>	Moon – White		<b>Bhuloka Day</b>		
Until 2:14PM					<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Amrita Yoga									
<b>Retreat Star</b>		<b>Sunday, June 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Sun 14	Nutley, NJ Sutra 49
Vrishabha Rasi: 5.24	Tithi 29 – 30	<b>Gulika</b>	3:38PM – 5:30PM	<b>Krittika Until 2:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:28AM		Vikarin 5121	
		Yama	11:54AM – 1:46PM	Sukarma Until 11:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:21PM		Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	5:30PM – 7:21PM	Naga Until 5:05AM Mon	<b>Nataraja:</b> Clear			Amavasya	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:14AM</b>	Moon – White		<b>Bhuloka Day</b>		
					<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
<b>Retreat Star</b>		<b>Monday, June 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15	Nutley, NJ Sutra 50
Vrishabha Rasi: 18.58	Tithi 1	<b>Gulika</b>	1:46PM – 3:38PM	<b>Rohini Until 1:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:27AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:03AM – 11:55AM	Dhriti Until 9:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:22PM		Moon 5 - Phase 7	
		339683469 <b>Rahu</b>	6:19AM – 8:11AM	Kintughna Until 4:22PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Amrita Yoga			<b>Prathama* Until 3:30AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>		
					<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nutley, NJ Sun 16 Sutra 51 Vikarin 5121
Mithuna Rasi: 2.47	Tithi 2	<b>Gulika</b> Yama	<b>11:55AM – 1:47PM</b> 8:11AM – 10:03AM	<b>Mrigashira Until 12:39PM</b> Shula* Until 6:28PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:27AM</b> <b>Sunset: 7:23PM</b>	Moon 5 - Phase 8	3rd Phase
		339683461 <b>Rahu</b>	<b>3:39PM – 5:31PM</b>	Balava Until 2:35PM	<b>Nataraja: Clear</b> Moon – Yellow			
Creative Work	Siddha Yoga			<b>Dvitiya Until 1:34AM Wed</b>	<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Until 12:39PM								
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Nutley, NJ Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 16.49	Tithi 3	<b>Gulika</b> Yama	<b>10:03AM – 11:55AM</b> 6:19AM – 8:11AM	<b>Ardra Until 11:14AM</b> Ganda* Until 3:42PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:27AM</b> <b>Sunset: 7:23PM</b>	Moon 5 - Phase 8	3rd Phase
		339683461 <b>Rahu</b>	<b>11:55AM – 1:47PM</b>	Taitila Until 12:31PM	<b>Nataraja: Yellow</b> Moon – Yellow			
Creative Work	Siddha Yoga			<b>Tritiya Until 11:23PM</b>	<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Nutley, NJ Sun 18 Sutra 53 Vikarin 5121
Kataka Rasi: 1	Tithi 4	<b>Gulika</b> Yama	<b>8:11AM – 10:03AM</b> 4:26AM – 6:19AM	<b>Punarvasu Until 9:55AM</b> Vridhhi Until 12:48PM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:24PM</b>	Moon 5 - Phase 8	3rd Phase
		349683461 <b>Rahu</b>	<b>1:47PM – 3:39PM</b>	Vanija Until 10:15AM	<b>Nataraja: Yellow</b> Moon – Blue			
Creative Work	Amrita Yoga			<b>Chaturthi* Until 9:04PM</b>	<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Nutley, NJ Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 15.15	Tithi 5	<b>Gulika</b> Yama	<b>6:18AM – 8:11AM</b> 3:40PM – 5:32PM	<b>Pushya Until 8:21AM</b> Dhruva Until 9:49AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:24PM</b>	Moon 5 - Phase 8	3rd Phase
		349683461 <b>Rahu</b>	<b>10:03AM – 11:55AM</b>	Bava Until 7:54AM	<b>Nataraja: Yellow</b> Moon – Blue			
Routine Work	Marana Yoga			<b>Panchami Until 6:42PM</b>	<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nutley, NJ Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 29.32	Tithi 6 – 7	<b>Gulika</b> Yama	<b>4:26AM – 6:18AM</b> 1:48PM – 3:40PM	<b>Ashlesha* Until 6:38AM</b> Vyaghata* Until 6:50AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:25PM</b>	Moon 5 - Phase 8	3rd Phase
		349683461 <b>Rahu</b>	<b>8:11AM – 10:03AM</b>	Gara Until 3:12AM Sun	<b>Nataraja: Yellow</b> Moon – Blue			
Routine Work	Marana Yoga			<b>Shashthi* Until 4:20PM</b>	<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Until 6:38AM								
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nutley, NJ Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 13.46	Tithi 7 – 8	<b>Gulika</b> Yama	<b>3:41PM – 5:33PM</b> 11:56AM – 1:48PM	<b>Purvaphalguni Until 3:48AM Mon</b> Vajra* Until 1:00AM Mon	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:26PM</b>	Moon 5 - Phase 8	Ashtami
		351683461 <b>Rahu</b>	<b>5:33PM – 7:26PM</b>	Visti Until 12:58AM Mon	<b>Nataraja: Yellow</b> Moon – Red			
Creative Work	Siddha Yoga			<b>Saptami Until 2:03PM</b>	<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nutley, NJ Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 27.57	Tithi 8 – 9	<b>Gulika</b> Yama	<b>1:48PM – 3:41PM</b> 10:03AM – 11:56AM	<b>Uttaraphalguni Until 2:21AM Tue</b> Siddhi Until 10:14PM	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:26PM</b>	Moon 5 - Phase 8	Navami
<b>Family Home Evening</b>		351683461 <b>Rahu</b>	<b>6:18AM – 8:11AM</b>	Balava Until 10:51PM	<b>Nataraja: Yellow</b> Moon – Red			
Creative Work	Siddha Yoga			<b>Ashtami* Until 11:52AM</b>	<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	

1	<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nutley, NJ Sun 23 Sutra 58 Vikarin 5121
	Kanya Rasi: 12.02	Tithi 9 – 10	<b>Gulika</b> 11:56AM – 1:49PM	<b>Hasta</b> <b>Until 1:21AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise: 4:25AM</i>		
			Yama 8:11AM – 10:03AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:27PM</i>		Moon 5 - Phase 9
	361683461		<b>Rahu</b> 3:41PM – 5:34PM	Taitila Until 8:53PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:49AM</b>	Moon – Green	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		

2	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nutley, NJ Sun 24 Sutra 59 Vikarin 5121
	Kanya Rasi: 26.01	Tithi 10 – 11	<b>Gulika</b> 10:04AM – 11:56AM	<b>Chitra</b> <b>Until 12:25AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise: 4:25AM</i>		
			Yama 6:18AM – 8:11AM	Variyan Until 5:07PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:27PM</i>		Moon 5 - Phase 9
	361683461		<b>Rahu</b> 11:56AM – 1:49PM	Vanija Until 7:08PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 7:58AM</b>	Moon – Green	<b>Bhuloka Day</b>		
Until 12:25AM Thu				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

3	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Nutley, NJ Sun 25 Sutra 60 Vikarin 5121
	Tula Rasi: 9.52	Tithi 11 – 12	<b>Gulika</b> 8:11AM – 10:04AM	<b>Svati</b> <b>Until 11:37PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:25AM</i>		
			Yama 4:25AM – 6:18AM	Parigha* Until 2:51PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:28PM</i>		Moon 5 - Phase 9
	361683461		<b>Rahu</b> 1:49PM – 3:42PM	Balava Until 5:00AM Fri	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> <b>Until 6:20AM</b>	Moon – Green	<b>Bhuloka Day</b>		
Until 11:37PM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

4	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nutley, NJ Sun 26 Sutra 61 Vikarin 5121
	Tula Rasi: 23.31	Tithi 13	<b>Gulika</b> 6:18AM – 8:11AM	<b>Vishakha</b> <b>Until 11:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:25AM</i>		
			Yama 3:42PM – 5:35PM	Shiva Until 12:52PM	<b>Muruqa:</b> Blue <i>Sunset: 7:28PM</i>		Moon 5 - Phase 9
	371693461		<b>Rahu</b> 10:04AM – 11:57AM	Kaulava Until 4:29PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 4:01AM Sat</b>	Moon – Orange	<b>Sivaloka Day</b>		
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
				<i>Pradosha Vrata</i>			

5	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Nutley, NJ Sun 27 Sutra 62 Vikarin 5121
	Vrischika Rasi: 6.58	Tithi 14	<b>Gulika</b> 4:25AM – 6:18AM	<b>Anuradha</b> <b>Until 11:33PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:25AM</i>		
			Yama 1:50PM – 3:43PM	Siddha Until 11:09AM	<b>Muruqa:</b> Blue <i>Sunset: 7:28PM</i>		Moon 5 - Phase 9
	371793461		<b>Rahu</b> 8:11AM – 10:04AM	Gara Until 3:43PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:29AM Sun</b>	Moon – Orange	<b>Subha Sivaloka Day</b>		
				<b>Jyeshtha-Ani</b>			

○	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Nutley, NJ Sun 28 Sutra 63 Vikarin 5121
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:43PM – 5:36PM	<b>Jyeshtha*</b> <b>Until 11:59PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:25AM</i>		
	Vrischika Rasi: 20.11	Tithi 15	Yama 11:57AM – 1:50PM	Sadhya Until 9:49AM	<b>Muruqa:</b> Blue <i>Sunset: 7:29PM</i>		Moon 5 - Phase 9
	371793461		<b>Rahu</b> 5:36PM – 7:29PM	Visti Until 3:25PM	<b>Nataraja:</b> Yellow		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> <b>Until 3:27AM Mon</b>	Moon – Orange	<b>Subha Sivaloka Day</b>		
Until 11:59PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

○	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Nutley, NJ Sun 29 Sutra 64 Vikarin 5121
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:43PM	<b>Mula*</b> <b>Until 1:16AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:25AM</i>		
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:04AM – 11:57AM	Subha Until 8:55AM	<b>Muruqa:</b> Blue <i>Sunset: 7:29PM</i>		Moon 5 - Phase 9
	381793461		<b>Rahu</b> 6:18AM – 8:11AM	Balava Until 3:39PM	<b>Nataraja:</b> Yellow		Prathama
Family Home Evening	Siddha Yoga		<b>Prathama*</b> <b>Until 3:58AM Tue</b>	Moon – Light Blue	<b>Sivaloka Day</b>		
Creative Work				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Nutley, NJ  
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

**Gulika** 11:57AM – 1:50PM  
Yama 8:11AM – 10:04AM  
381793461 **Rahu** 3:43PM – 5:36PM

**Purvashadha\* Until 2:57AM Wed**  
Sukla Until 8:26AM  
Tailila Until 4:28PM  
**Dvitiya Until 5:03AM Wed**

**Ganesha:** Clear *Sunrise: 4:25AM*  
**Muruqa:** Blue *Sunset: 7:29PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 2:57AM Wed  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Nutley, NJ  
Sutra 66

Dhanus Rasi: 28.13 Tithi 18

**Gulika** 10:05AM – 11:58AM  
Yama 6:19AM – 8:12AM  
382793461 **Rahu** 11:58AM – 1:51PM

**Uttarashadha Until 4:59AM Thu**  
Brahma Until 8:24AM  
Vanija Until 5:49PM  
**Tritiya Until 6:40AM Thu**

**Ganesha:** Purple *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Sun 1  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 4:59AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Nutley, NJ  
Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

**Gulika** 8:12AM – 10:05AM  
Yama 4:26AM – 6:19AM  
392793461 **Rahu** 1:51PM – 3:44PM

**Shravana Until 7:46AM Fri**  
Indra Until 8:47AM  
Bava Until 7:40PM  
**Tritiya Until 6:40AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Sun 2  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nutley, NJ  
Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

**Gulika** 6:19AM – 8:12AM  
Yama 3:44PM – 5:37PM  
392793461 **Rahu** 10:05AM – 11:58AM

**Shravana Until 7:46AM**  
Vaidhriti\* Until 9:27AM  
Kaulava Until 9:51PM  
**Chaturthi\* Until 8:42AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Sun 3  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Nutley, NJ  
Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

**Gulika** 4:26AM – 6:19AM  
Yama 1:51PM – 3:44PM  
392793461 **Rahu** 8:12AM – 10:05AM

**Dhanishtha Until 10:39AM**  
Vishkambha\* Until 10:21AM  
Gara Until 12:13AM Sun  
**Panchami Until 11:00AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Sun 4  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 10:39AM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Nutley, NJ  
Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

**Gulika** 3:45PM – 5:38PM  
Yama 11:59AM – 1:52PM  
392793461 **Rahu** 5:38PM – 7:31PM

**Shatabhishak Until 1:27PM**  
Priti Until 11:20AM  
Visti Until 2:35AM Mon  
**Shashthi\* Until 1:24PM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:31PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Sun 5  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nutley, NJ  
Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

**Gulika** 1:52PM – 3:45PM  
Yama 10:06AM – 11:59AM  
312793461 **Rahu** 6:20AM – 8:13AM

**Purvaprosarthapada\* Until 4:29PM**  
Ayushman Until 12:12PM  
Balava Until 4:45AM Tue  
**Saptami Until 3:41PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:31PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Sun 6  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Nutley, NJ  
Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

**Gulika** 11:59AM – 1:52PM  
Yama 8:13AM – 10:06AM  
312793461 **Rahu** 3:45PM – 5:38PM

**Uttaraprosarthapada Until 7:03PM**  
Saubhagya Until 12:53PM  
Tailila Until 6:31AM Wed  
**Ashtami\* Until 5:40PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:31PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Sun 7  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga  
Until 7:03PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Tailila/Gara Karana Navamyam Titau

Nutley, NJ  
Sutra 73

Meena Rasi: 22.13 Tithi 24

**Gulika** 10:06AM – 11:59AM  
Yama 6:20AM – 8:13AM  
312793461 **Rahu** 11:59AM – 1:52PM

**Revati Until 8:59PM**  
Sobhana Until 1:14PM  
Tailila Until 6:31AM  
**Navami\* Until 7:10PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:31PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Sun 8  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Vistli* Karana Dashamyam Titau				Nutley, NJ Sun 9 Sutra 74 Vikarin 5121
Mesha Rasi: 4.35	Tithi 25	<b>Gulika</b> 8:14AM – 10:06AM	<b>Ashvini</b> Until 10:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM			
		Yama 4:28AM – 6:21AM	Athiganda* Until 1:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 1:52PM – 3:45PM	Vanija Until 7:43AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:04PM	Moon – White		<b>Devaloka Day</b>		
Until 10:38PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Nutley, NJ Sun 10 Sutra 75 Vikarin 5121
Mesha Rasi: 17.14	Tithi 26	<b>Gulika</b> 6:21AM – 8:14AM	<b>Bharani</b> Until 11:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM			
		Yama 3:45PM – 5:38PM	Sukarma Until 12:27PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 10:07AM – 12:00PM	Bava Until 8:16AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:15PM	Moon – White		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nutley, NJ Sun 11 Sutra 76 Vikarin 5121
Vrishabha Rasi: 0.15	Tithi 27	<b>Gulika</b> 4:29AM – 6:21AM	<b>Krittika</b> Until 11:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM			
		Yama 1:53PM – 3:45PM	Dhriti Until 11:14AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 8:14AM – 10:07AM	Kaulava Until 8:06AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 7:43PM	Moon – White		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Nutley, NJ Sun 12 Sutra 77 Vikarin 5121
Vrishabha Rasi: 13.38	Tithi 28	<b>Gulika</b> 3:45PM – 5:38PM	<b>Rohini</b> Until 10:56PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM			
		Yama 12:00PM – 1:53PM	Shula* Until 9:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 5:38PM – 7:31PM	Gara Until 7:12AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:29PM	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				
				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nutley, NJ Sun 13 Sutra 78 Vikarin 5121
Vrishabha Rasi: 27.25	Tithi 29 – 30	<b>Gulika</b> 1:53PM – 3:45PM	<b>Mrigashira</b> Until 9:46PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:30AM			
<b>Family Home Evening</b>		Yama 10:07AM – 12:00PM	Ganda* Until 7:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 6:22AM – 8:15AM	Catuspada Until 3:33AM Tue	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:39PM	Moon – Yellow		<b>Devaloka Day</b>		
Until 9:46PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nutley, NJ Sun 14 Sutra 79 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 12:00PM – 1:53PM	<b>Ardra</b> Until 7:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:30AM			
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:15AM – 10:08AM	Dhruva Until 1:12AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
	333793461	<b>Rahu</b> 3:45PM – 5:38PM	Kintughna Until 1:00AM Wed	<b>Nataraja:</b> Yellow			Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 2:18PM	Moon – Yellow		<b>Sivaloka Day</b>		
Until 7:59PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nutley, NJ Sun 15 Sutra 80 Vikarin 5121
Mithuna Rasi: 25.57	Tithi 1 – 2	<b>Gulika</b> 10:08AM – 12:00PM	<b>Punarvasu</b> Until 6:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:31AM			
		Yama 6:23AM – 8:16AM	Vyaghata* Until 9:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM		Moon 6 - Phase 11	
	343793461	<b>Rahu</b> 12:00PM – 1:53PM	Balava Until 10:10PM	<b>Nataraja:</b> Yellow			Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:36AM	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada-Ani</b>				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nutley, NJ Sutra 81
Kataka Rasi: 10.34	Tithi 2 – 3	<b>Gulika</b> 8:16AM – 10:08AM	<b>Pushya</b> Until 3:58PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:31AM	Sun 16	Vikarin 5121	
		Yama 4:31AM – 6:23AM	Harshana Until 6:19PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM		Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 1:53PM – 3:45PM	Taitila Until 7:10PM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 8:39AM	Moon – Blue		<b>Sivaloka Day</b>		
Until 3:58PM				<b>Ashada*Ani</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturthyam Titau				Nutley, NJ Sutra 82
Kataka Rasi: 25.14	Tithi 4	<b>Gulika</b> 6:24AM – 8:16AM	<b>Ashlesha*</b> Until 1:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:32AM	Sun 17	Vikarin 5121	
		Yama 3:45PM – 5:38PM	Vajra* Until 2:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM		Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:09AM – 12:01PM	Vanija Until 4:08PM	<b>Nataraja:</b> Yellow			3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 2:37AM Sat	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Nutley, NJ Sutra 83
Simha Rasi: 9.54	Tithi 5	<b>Gulika</b> 4:32AM – 6:24AM	<b>Magha*</b> Until 11:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:32AM	Sun 18	Vikarin 5121	
		Yama 1:53PM – 3:45PM	Siddhi Until 11:17AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM		Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 8:17AM – 10:09AM	Bava Until 1:11PM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> Until 11:46PM	Moon – Red		<b>Subha Sivaloka Day</b>		
Until 11:37AM				<b>Ashada*Ani</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan* Yoga Kaulava/Taitila Karana Shashthyam Titau				Nutley, NJ Sutra 84
Simha Rasi: 24.27	Tithi 6	<b>Gulika</b> 3:45PM – 5:37PM	<b>Purvaphalguni</b> Until 9:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:33AM	Sun 19	Vikarin 5121	
		Yama 12:01PM – 1:53PM	Vyatipata* Until 7:59AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM		Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 5:37PM – 7:29PM	Kaulava Until 10:27AM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:10PM	Moon – Red		<b>Sivaloka Day</b>		
Until 9:40AM				<b>Ashada*Ani</b>				
Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>						

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Nutley, NJ Sutra 85
Kanya Rasi: 8.47	Tithi 7	<b>Gulika</b> 1:53PM – 3:45PM	<b>Uttaraphalguni</b> Until 7:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM	Sun 20	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:09AM – 12:01PM	Parigha* Until 2:06AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM		Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 6:25AM – 8:17AM	Gara Until 8:00AM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:53PM	Moon – Red		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nutley, NJ Sutra 86
Kanya Rasi: 22.54	Tithi 8 – 9	<b>Gulika</b> 12:01PM – 1:53PM	<b>Hasta</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM	Sun 21	Vikarin 5121	
		Yama 8:18AM – 10:10AM	Shiva Until 11:39PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM		Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 3:45PM – 5:37PM	Balava Until 4:14AM Wed	<b>Nataraja:</b> Yellow			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:00PM	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nutley, NJ Sutra 87
Tula Rasi: 6.45	Tithi 9 – 10	<b>Gulika</b> 10:10AM – 12:02PM	<b>Svati</b> Until 5:15AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM	Sun 22	Vikarin 5121	
		Yama 6:27AM – 8:18AM	Siddha Until 9:32PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM		Moon 6 - Phase 12	
		463893461 <b>Rahu</b> 12:02PM – 1:53PM	Taitila Until 3:00AM Thu	<b>Nataraja:</b> Yellow			Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:32PM	Moon – Green		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

1	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nutley, NJ Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	473893461	<b>Gulika</b> 8:19AM – 10:10AM <b>Yama</b> 4:36AM – 6:27AM <b>Rahu</b> 1:53PM – 3:45PM	<b>Vishakha</b> Until 5:25AM Fri Sadhya Until 7:48PM Vanija Until 2:13AM Fri <b>Dashami</b> Until 2:32PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange <b>Ashada•Ani</b>	Sun 23 Vikarin 5121 Moon 6 - Phase 13 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>

2	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nutley, NJ Sutra 89
	Virschika Rasi: 3.38	Tithi 11 – 12	473893461	<b>Gulika</b> 6:28AM – 8:19AM <b>Yama</b> 3:45PM – 5:36PM <b>Rahu</b> 10:10AM – 12:02PM	<b>Anuradha</b> Until 5:54AM Sat Subha Until 6:28PM Bava Until 1:56AM Sat <b>Ekadashi</b> Until 2:00PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange <b>Ashada•Ani</b>	Sun 24 Vikarin 5121 Moon 6 - Phase 13 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>

3	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nutley, NJ Sutra 90
	Virschika Rasi: 16.42	Tithi 12 – 13	473893461	<b>Gulika</b> 4:37AM – 6:28AM <b>Yama</b> 1:53PM – 3:44PM <b>Rahu</b> 8:19AM – 10:11AM	<b>Jyeshtha*</b> Until 6:43AM Sun Sukla Until 5:29PM Kaulava Until 2:07AM Sun <b>Dvadashi</b> Until 1:56PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange <b>Ashada•Ani</b>	Sun 25 Vikarin 5121 Moon 6 - Phase 13 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>
	Until 6:43AM Sun	Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>	

4	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Nutley, NJ Sutra 91
	Virschika Rasi: 29.32	Tithi 13 – 14	473893461	<b>Gulika</b> 3:44PM – 5:35PM <b>Yama</b> 12:02PM – 1:53PM <b>Rahu</b> 5:35PM – 7:26PM	<b>Jyeshtha*</b> Until 6:43AM Brahma Until 4:53PM Gara Until 2:47AM Mon <b>Trayodashi</b> Until 2:22PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange <b>Ashada•Ani</b>	Sun 26 Vikarin 5121 Moon 6 - Phase 13 4th Phase
	Routine Work	Marana Yoga					<b>Devaloka Day</b>
	Until 6:43AM	Then Creative Work - Amrita Yoga					

5	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nutley, NJ Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	483893461	<b>Gulika</b> 1:53PM – 3:44PM <b>Yama</b> 10:11AM – 12:02PM <b>Rahu</b> 6:29AM – 8:20AM	<b>Mula*</b> Until 8:18AM Indra Until 4:41PM Visti Until 3:54AM Tue <b>Chaturdashi*</b> Until 3:16PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue <b>Ashada•Ani</b>	Sun 27 Vikarin 5121 Moon 6 - Phase 13 4th Phase
	<b>Family Home Evening</b>	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>
	Until 8:18AM	Then Routine Work - Marana Yoga					

○	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nutley, NJ Sutra 93
	<b>Copper Retreat Star</b>		483893461	<b>Gulika</b> 12:02PM – 1:53PM <b>Yama</b> 8:21AM – 10:12AM <b>Rahu</b> 3:44PM – 5:34PM	<b>Purvashadha*</b> Until 10:10AM Vaidhriti* Until 4:48PM Balava Until 5:28AM Wed <b>Purnima*</b> Until 4:37PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue <b>Ashada•Adi</b>	Vikarin 5121 Moon 6 - Phase 13 Purnima
	Creative Work	Siddha Yoga					<b>Sivaloka Day</b>
	Until 10:10AM	Then Routine Work - Prabalarishta Yoga		<b>Partial Lunar Eclipse</b> <b>Satguru Purnima</b>			

○	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Nutley, NJ Sutra 94
	<b>Silver Retreat Star</b>		484893462	<b>Gulika</b> 10:12AM – 12:02PM <b>Yama</b> 6:31AM – 8:21AM <b>Rahu</b> 12:02PM – 1:53PM	<b>Uttarashadha</b> Until 12:18PM Vishkambha* Until 5:14PM Kaulava Until 6:23PM <b>Prathama*</b> Until 6:23PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Light Blue <b>Ashada•Adi</b>	Vikarin 5121 Moon 6 - Phase 13 Prathama
	Creative Work	Amrita Yoga					<b>Subha Subha Sivaloka Day</b>
	Until 12:18PM	Then Creative Work - Siddha Yoga					



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 18.47    Tithi 17  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Shrivana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 8:22AM – 10:12AM  
Yama 4:41AM – 6:31AM  
**Rahu** 1:53PM – 3:43PM  
**Shravana Until 3:05PM**  
Priti Until 5:57PM  
Taitila Until 7:24AM  
**Dvitiya Until 8:28PM**

Nutley, NJ  
Sutra 95  
Vikarin 5121  
Sun 1  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:41AM  
Muruga: Blue    Sunset: 7:24PM  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Kumbha Rasi: 0.44    Tithi 18  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 6:32AM – 8:22AM  
Yama 3:43PM – 5:33PM  
**Rahu** 10:12AM – 12:02PM  
**Dhanishtha Until 5:57PM**  
Ayushman Until 6:49PM  
Vanija Until 9:37AM  
**Tritiya Until 10:47PM**

Nutley, NJ  
Sutra 96  
Vikarin 5121  
Sun 2  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:42AM  
Muruga: Blue    Sunset: 7:23PM  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 12.37    Tithi 19  
494893462 Rahu  
Creative Work    Amrita Yoga  
Until 8:45PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 4:43AM – 6:33AM  
Yama 1:53PM – 3:43PM  
**Rahu** 8:23AM – 10:13AM  
**Shatabhishak Until 8:45PM**  
Saubhagya Until 7:48PM  
Bava Until 12:00PM  
**Chaturthi\* Until 1:12AM Sun**

Nutley, NJ  
Sutra 97  
Vikarin 5121  
Sun 3  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:43AM  
Muruga: Blue    Sunset: 7:23PM  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 24.28    Tithi 20  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 3:42PM – 5:32PM  
Yama 12:03PM – 1:52PM  
**Rahu** 5:32PM – 7:22PM  
**Purvaproshtapada\* Until 11:53PM**  
Sobhana Until 8:46PM  
Kaulava Until 2:25PM  
**Panchami Until 3:34AM Mon**

Nutley, NJ  
Sutra 98  
Vikarin 5121  
Sun 4  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:43AM  
Muruga: Blue    Sunset: 7:22PM  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 6.22    Tithi 21  
414893462 Rahu  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 1:52PM – 3:42PM  
Yama 10:13AM – 12:03PM  
**Rahu** 6:34AM – 8:23AM  
**Uttaraproshtapada Until 2:40AM Tue**  
Athiganda\* Until 9:35PM  
Gara Until 4:42PM  
**Shashthi\* Until 5:44AM Tue**

Nutley, NJ  
Sutra 99  
Vikarin 5121  
Sun 5  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:44AM  
Muruga: Blue    Sunset: 7:21PM  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 18.19    Tithi 22  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 4:57AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Revati Nakshatra Sukarma Yoga Visti\* Karana Saptamyam Titau  
**Gulika** 12:03PM – 1:52PM  
Yama 8:24AM – 10:13AM  
**Rahu** 3:41PM – 5:31PM  
**Revati Until 4:57AM Wed**  
Sukarma Until 10:11PM  
Visti Until 6:42PM  
**Saptami Until 7:32AM Wed**

Nutley, NJ  
Sutra 100  
Vikarin 5121  
Sun 6  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:45AM  
Muruga: Blue    Sunset: 7:20PM  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Mesha Rasi: 0.26    Tithi 22 – 23  
424893462 Rahu  
Routine Work    Marana Yoga  
Until 7:04AM Thu  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 10:13AM – 12:03PM  
Yama 6:35AM – 8:24AM  
**Rahu** 12:03PM – 1:52PM  
**Ashvini Until 7:04AM Thu**  
Dhriti Until 10:26PM  
Balava Until 8:16PM  
**Saptami Until 7:32AM**

Nutley, NJ  
Sutra 101  
Vikarin 5121  
Sun 7  
Moon 7 - Phase 14  
Ashtami  
Ganesha: White    Sunrise: 4:46AM  
Muruga: Blue    Sunset: 7:19PM  
Nataraja: White  
Moon – White  
**Subha Subha Sivaloka Day**  
Ashada-Adi

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 12.46    Tithi 23 – 24  
424893462 Rahu  
Creative Work    Amrita Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 8:25AM – 10:14AM  
Yama 4:47AM – 6:36AM  
**Rahu** 1:52PM – 3:41PM  
**Ashvini Until 7:04AM**  
Shula\* Until 10:10PM  
Taitila Until 9:13PM  
**Ashtami\* Until 8:48AM**

Nutley, NJ  
Sutra 102  
Vikarin 5121  
Sun 8  
Moon 7 - Phase 14  
Navami  
Ganesha: White    Sunrise: 4:47AM  
Muruga: Blue    Sunset: 7:18PM  
Nataraja: White  
Moon – White  
**Subha Subha Sivaloka Day**  
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nutley, NJ Sutra 103 Vikarin 5121
	Mesha Rasi: 25.23	Tithi 24 – 25	424893462	<b>Gulika</b> Yama <b>Rahu</b>	<b>6:36AM – 8:25AM</b> 3:40PM – 5:29PM <b>10:14AM – 12:03PM</b>	<b>Bharani Until 8:23AM</b> Ganda* Until 9:22PM Vanija Until 9:27PM <b>Navami* Until 9:25AM</b>	Sun 9 Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day
	Creative Work	Siddha Yoga				Ganesha: White Muruqa: Blue Nataraja: White Moon – White	Sunrise: 4:48AM Sunset: 7:18PM Ashada*Adi

2	<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nutley, NJ Sutra 104 Vikarin 5121
	Wrishabha Rasi: 8.21	Tithi 25 – 26	424893462	<b>Gulika</b> Yama <b>Rahu</b>	<b>4:49AM – 6:37AM</b> 1:51PM – 3:40PM <b>8:26AM – 10:14AM</b>	<b>Krittika Until 8:49AM</b> Vriddhi Until 7:57PM Bava Until 8:55PM <b>Dashami Until 9:16AM</b>	Sun 10 Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day
	Creative Work	Amrita Yoga				Ganesha: White Muruqa: Blue Nataraja: White Moon – White	Sunrise: 4:49AM Sunset: 7:17PM Ashada*Adi

3	<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nutley, NJ Sutra 105 Vikarin 5121
	Wrishabha Rasi: 21.44	Tithi 26 – 27	424893462	<b>Gulika</b> Yama <b>Rahu</b>	<b>3:39PM – 5:27PM</b> 12:03PM – 1:51PM <b>5:27PM – 7:16PM</b>	<b>Rohini Until 8:47AM</b> Dhruva Until 5:53PM Kaulava Until 7:36PM <b>Ekadashi* Until 8:20AM</b>	Sun 11 Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day
	Creative Work	Siddha Yoga				Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 4:50AM Sunset: 7:16PM Ashada*Adi

4	<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tautila/Vanija Karana Dvadashi/Trayodashyam Titau				Nutley, NJ Sutra 106 Vikarin 5121
	Mithuna Rasi: 5.34	Tithi 27 – 28	435893462	<b>Gulika</b> Yama <b>Rahu</b>	<b>1:51PM – 3:39PM</b> 10:15AM – 12:03PM <b>6:39AM – 8:27AM</b>	<b>Mrigashira Until 7:51AM</b> Vyaghata* Until 3:14PM Vanija Until 4:19AM Tue <b>Dvadashi* Until 6:39AM</b>	Sun 12 Moon 7 - Phase 15 2nd Phase Sivaloka Day
	Family Home Evening	Creative Work				Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 4:51AM Sunset: 7:15PM Ashada*Adi
	Until 7:51AM	Then Creative Work - Siddha Yoga					<i>Pradosha Vrata (Fasting)</i>

5	<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nutley, NJ Sutra 107 Vikarin 5121
	Mithuna Rasi: 19.5	Tithi 29	435893462	<b>Gulika</b> Yama <b>Rahu</b>	<b>12:03PM – 1:50PM</b> 8:27AM – 10:15AM <b>3:38PM – 5:26PM</b>	<b>Ardra Until 6:07AM</b> Harshana Until 12:07PM Visti Until 2:57PM <b>Chaturdashi* Until 1:27AM Wed</b>	Sun 13 Moon 7 - Phase 15 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga				Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 4:51AM Sunset: 7:14PM Ashada*Adi
	Until 6:07AM	Then Creative Work - Siddha Yoga					

●	<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nutley, NJ Sutra 108 Vikarin 5121
	<b>Retreat Star</b>		445893462	<b>Gulika</b> Yama <b>Rahu</b>	<b>10:15AM – 12:03PM</b> 6:40AM – 8:27AM <b>12:03PM – 1:50PM</b>	<b>Pushya Until 1:40AM Thu</b> Vajra* Until 8:33AM Catuspada Until 11:52AM <b>Amavasya* Until 10:11PM</b>	Sun 14 Moon 7 - Phase 15 Amavasya Sivaloka Day
	Kataka Rasi: 4.28	Tithi 30				Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 4:52AM Sunset: 7:13PM Ashada*Adi
	Creative Work	Siddha Yoga					

●	<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Nutley, NJ Sutra 109 Vikarin 5121
	<b>Retreat Star</b>		445893462	<b>Gulika</b> Yama <b>Rahu</b>	<b>8:28AM – 10:15AM</b> 4:53AM – 6:41AM <b>1:50PM – 3:37PM</b>	<b>Ashlesha* Until 10:50PM</b> Vyatipata* Until 12:45AM Fri Kintughna Until 8:28AM <b>Prathama* Until 6:41PM</b>	Sun 15 Moon 7 - Phase 15 Prathama Sivaloka Day
	Kataka Rasi: 19.22	Tithi 1				Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 4:53AM Sunset: 7:12PM Sraavana*Adi
	Creative Work	Siddha Yoga					
Until 10:50PM	Then Creative Work - Amrita Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Nutley, NJ Sutra 110
Simha Rasi: 4.24	Tithi 2 – 3	<b>Gulika</b> 6:41AM – 8:28AM	<b>Magha* Until 8:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM			Vikarin 5121
		Yama 3:36PM – 5:23PM	Variyan Until 8:43PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:11PM		Moon 7 - Phase 16	3rd Phase
		455893462 <b>Rahu</b> 10:15AM – 12:02PM	Taitila Until 1:22AM Sat	<b>Nataraja:</b> White				
Routine Work	Marana Yoga		<b>Dvitiya Until 3:07PM</b>	Moon – Red			<b>Sivaloka Day</b>	
Until 8:13PM				<b>Sravana-Adi</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 17		Nutley, NJ Sutra 111
Simha Rasi: 19.26	Tithi 3 – 4	<b>Gulika</b> 4:55AM – 6:42AM	<b>Purvaphalguni Until 5:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM			Vikarin 5121
		Yama 1:49PM – 3:36PM	Parigha* Until 4:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:09PM		Moon 7 - Phase 16	3rd Phase
		455893462 <b>Rahu</b> 8:29AM – 10:16AM	Vanija Until 9:57PM	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga		<b>Tritiya Until 11:37AM</b>	Moon – Red			<b>Sivaloka Day</b>	
Until 5:36PM				<b>Sravana-Adi</b>				
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Nutley, NJ Sutra 112
Kanya Rasi: 4.19	Tithi 4 – 5	<b>Gulika</b> 3:35PM – 5:22PM	<b>Uttaraphalguni Until 3:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM			Vikarin 5121
		Yama 12:02PM – 1:49PM	Shiva Until 1:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 16	3rd Phase
		455993462 <b>Rahu</b> 5:22PM – 7:08PM	Bava Until 6:51PM	<b>Nataraja:</b> White				
Creative Work	Amrita Yoga		<b>Chaturthi* Until 8:20AM</b>	Moon – Red			<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana-Adi</b>				

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 19		Nutley, NJ Sutra 113
Kanya Rasi: 18.57	Tithi 6	<b>Gulika</b> 1:48PM – 3:35PM	<b>Hasta Until 1:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM			Vikarin 5121
<b>Family Home Evening</b>		Yama 10:16AM – 12:02PM	Siddha Until 9:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM		Moon 7 - Phase 16	3rd Phase
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 6:43AM – 8:30AM	Kaulava Until 4:10PM	<b>Nataraja:</b> White				
Until 1:17PM			<b>Shashthi* Until 3:00AM Tue</b>	Moon – Green			<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Sravana-Adi</b>				

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Sun 20		Nutley, NJ Sutra 114
Tula Rasi: 3.13	Tithi 7	<b>Gulika</b> 12:02PM – 1:48PM	<b>Chitra Until 11:52AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM			Vikarin 5121
		Yama 8:30AM – 10:16AM	Sadhya Until 6:48AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 16	3rd Phase
		465993462 <b>Rahu</b> 3:34PM – 5:20PM	Gara Until 2:02PM	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga		<b>Saptami Until 1:10AM Wed</b>	Moon – Green			<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Nutley, NJ Sutra 115
Tula Rasi: 17.07	Tithi 8	<b>Gulika</b> 10:16AM – 12:02PM	<b>Svati Until 10:54AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM			Vikarin 5121
		Yama 6:45AM – 8:30AM	Sukla Until 2:25AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 16	Ashtami
		465993462 <b>Rahu</b> 12:02PM – 1:48PM	Visti Until 12:30PM	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:59PM</b>	Moon – Green			<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Nutley, NJ Sutra 116
Vrischika Rasi: 0.37	Tithi 9	<b>Gulika</b> 8:31AM – 10:16AM	<b>Vishakha Until 10:54AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM			Vikarin 5121
		Yama 5:00AM – 6:45AM	Brahma Until 1:02AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 16	Navami
		476993462 <b>Rahu</b> 1:47PM – 3:33PM	Balava Until 11:39AM	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga		<b>Navami* Until 11:28PM</b>	Moon – Orange			<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>1 Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau				Nutley, NJ Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	<b>Gulika</b> 6:46AM – 8:31AM	<b>Anuradha</b> Until 11:24AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM	Sun 23
		Yama 3:32PM – 5:17PM	Indra Until 12:10AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 17
476993462	<b>Rahu</b> 10:16AM – 12:02PM		Taitila Until 11:28AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>
Until 11:24AM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> Until 11:36PM	<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>2 Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau				Nutley, NJ Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	<b>Gulika</b> 5:02AM – 6:47AM	<b>Jyeshtha*</b> Until 12:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Sun 24
		Yama 1:46PM – 3:31PM	Vaidhriti* Until 11:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 17
476993462	<b>Rahu</b> 8:32AM – 10:17AM		Vanija Until 11:55AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>
Until 9:33PM			<b>Ekadashi</b> Until 12:20AM Sun	<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>3 Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau				Nutley, NJ Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	<b>Gulika</b> 3:30PM – 5:15PM	<b>Mula*</b> Until 2:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM	Sun 25
		Yama 12:01PM – 1:46PM	Vishkambha* Until 11:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 5:15PM – 7:00PM		Bava Until 12:56PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 2:12PM			<b>Dvodashi</b> Until 1:36AM Mon	<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nutley, NJ Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	<b>Gulika</b> 1:45PM – 3:30PM	<b>Purvashadha*</b> Until 4:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Sun 26
		Yama 10:17AM – 12:01PM	Priti Until 12:07AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 6:48AM – 8:33AM		Kaulava Until 2:25PM	<b>Nataraja:</b> White		4th Phase
Family Home Evening				Moon – Light Blue		<b>Subha Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 3:17AM Tue	<b>Sravana*Adi</b>		

*Pradosha Vrata*

<b>5 Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Nutley, NJ Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	<b>Gulika</b> 12:01PM – 1:45PM	<b>Uttarashadha</b> Until 6:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Sun 27
		Yama 8:33AM – 10:17AM	Ayushman Until 12:42AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 3:29PM – 5:13PM		Gara Until 4:16PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 6:38PM			<b>Chaturdashi*</b> Until 5:18AM Wed	<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>○ Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau				Nutley, NJ Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:17AM – 12:01PM	<b>Shravana</b> Until 9:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM	Sun 28
Makara Rasi: 15.35	Tithi 15	Yama 6:50AM – 8:33AM	Saubhagya Until 1:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 17
496993462	<b>Rahu</b> 12:01PM – 1:45PM		Visti Until 6:25PM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>
Until 9:33PM		<b>Raksha Bandhan</b>	<b>Purnima*</b> Until 7:32AM Thu	<b>Sravana*Adi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nutley, NJ Sutra 123 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:34AM – 10:17AM	<b>Dhanishtha</b> Until 12:27AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM	Sun 29
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:07AM – 6:50AM	Sobhana Until 2:24AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
497993462	<b>Rahu</b> 1:44PM – 3:27PM		Balava Until 8:44PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>
Until 9:33PM			<b>Purnima*</b> Until 7:32AM	<b>Sravana*Adi</b>		
Then Routine Work - Prabalarishta Yoga						





**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 9.24    Tithi 16 – 17

497993462

**Gulika** 6:51AM – 8:34AM  
Yama 3:27PM – 5:10PM  
**Rahu** 10:17AM – 12:00PM

**Shatabhishak Until 3:16AM Sat**  
Athiganda\* Until 3:21AM Sat  
Tailila Until 11:10PM  
Prathama\* Until 9:55AM

**Ganesha:** Yellow    *Sunrise:* 5:08AM  
**Muruqa:** Blue    *Sunset:* 6:53PM  
**Nataraja:** White  
Moon – Purple

Nutley, NJ  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Creative Work    Siddha Yoga  
Until 3:16AM Sat  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**  
**Sravana-Adi**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 21.15    Tithi 17 – 18

517993462

**Gulika** 5:09AM – 6:52AM  
Yama 1:43PM – 3:26PM  
**Rahu** 8:34AM – 10:17AM

**Purvaproshtapada\* Until 6:25AM Sun**  
Sukarma Until 4:18AM Sun  
Vanija Until 1:35AM Sun  
Dvitiya Until 12:21PM

**Ganesha:** White    *Sunrise:* 5:09AM  
**Muruqa:** Blue    *Sunset:* 6:52PM  
**Nataraja:** White  
Moon – Clear

Nutley, NJ  
Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Routine Work    Marana Yoga  
Until 6:25AM Sun  
Then Creative Work - Amrita Yoga

**Subha Subha Sivaloka Day**  
**Sravana-Avani**

**2**

**Sunday, August 18, 2019**

Meena Rasi: 3.07    Tithi 18 – 19

517993462

**Gulika** 3:25PM – 5:08PM  
Yama 12:00PM – 1:42PM  
**Rahu** 5:08PM – 6:50PM

**Purvaproshtapada\* Until 6:25AM**  
Dhriti Until 5:12AM Mon  
Bava Until 3:55AM Mon  
Tritiya Until 2:45PM

**Ganesha:** White    *Sunrise:* 5:10AM  
**Muruqa:** Blue    *Sunset:* 6:50PM  
**Nataraja:** White  
Moon – Clear

Nutley, NJ  
Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Creative Work    Siddha Yoga  
Until 6:25AM  
Then Creative Work - Amrita Yoga

**Subha Subha Sivaloka Day**  
**Sravana-Avani**

**3**

**Monday, August 19, 2019**

Meena Rasi: 15.02    Tithi 19 – 20

517993462

**Gulika** 1:42PM – 3:24PM  
Yama 10:17AM – 12:00PM  
**Rahu** 6:53AM – 8:35AM

**Uttaraproshtapada Until 9:16AM**  
Shula\* Until 5:54AM Tue  
Kaulava Until 6:03AM Tue  
Chaturthi\* Until 5:00PM

**Ganesha:** White    *Sunrise:* 5:11AM  
**Muruqa:** Blue    *Sunset:* 6:49PM  
**Nataraja:** White  
Moon – Clear

Nutley, NJ  
Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Family Home Evening**  
Creative Work    Siddha Yoga

**Subha Subha Sivaloka Day**  
**Sravana-Avani**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 27.01    Tithi 20

517993462

**Gulika** 11:59AM – 1:41PM  
Yama 8:36AM – 10:18AM  
**Rahu** 3:23PM – 5:05PM

**Revati Until 11:46AM**  
Ganda\* Until 6:22AM Wed  
Kaulava Until 6:03AM  
Panchami Until 6:59PM

**Ganesha:** White    *Sunrise:* 5:12AM  
**Muruqa:** Blue    *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – Clear

Nutley, NJ  
Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Creative Work    Siddha Yoga

**Subha Subha Sivaloka Day**  
**Sravana-Avani**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 9.07    Tithi 21

528993462

**Gulika** 10:18AM – 11:59AM  
Yama 6:54AM – 8:36AM  
**Rahu** 11:59AM – 1:41PM

**Ashvini Until 2:14PM**  
Ganda\* Until 6:22AM  
Gara Until 7:52AM  
Shashthi\* Until 8:35PM

**Ganesha:** White    *Sunrise:* 5:13AM  
**Muruqa:** Blue    *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – White

Nutley, NJ  
Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Routine Work    Marana Yoga  
Until 2:14PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**  
**Sravana-Avani**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 21.25    Tithi 22

528993462

**Gulika** 8:36AM – 10:18AM  
Yama 5:14AM – 6:55AM  
**Rahu** 1:40PM – 3:22PM

**Bharani Until 4:04PM**  
Vridhhi Until 6:30AM  
Visti Until 9:13AM  
Saptami Until 9:39PM

**Ganesha:** White    *Sunrise:* 5:14AM  
**Muruqa:** Blue    *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – White

Nutley, NJ  
Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Creative Work    Siddha Yoga  
Until 4:04PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**  
**Sravana-Avani**

**D**

**Friday, August 23, 2019**

**Retreat Star**

Vrishabha Rasi: 3.59    Tithi 23

528993462

**Gulika** 6:56AM – 8:37AM  
Yama 3:21PM – 5:02PM  
**Rahu** 10:18AM – 11:59AM

**Krittika Until 5:07PM**  
Dhruva Until 6:09AM  
Balava Until 9:58AM  
Ashtami\* Until 10:03PM

**Ganesha:** White    *Sunrise:* 5:15AM  
**Muruqa:** Blue    *Sunset:* 6:43PM  
**Nataraja:** White  
Moon – White

Nutley, NJ  
Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Creative Work    Siddha Yoga  
Until 5:07PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**  
**Sravana-Avani**

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 16.52    Tithi 24

538993462

**Gulika** 5:16AM – 6:56AM  
Yama 1:39PM – 3:20PM  
**Rahu** 8:37AM – 10:18AM

**Rohini Until 5:45PM**  
Harshana Until 3:46AM Sun  
Tailila Until 10:00AM  
Navami\* Until 9:42PM

**Ganesha:** Clear    *Sunrise:* 5:16AM  
**Muruqa:** Blue    *Sunset:* 6:41PM  
**Nataraja:** White  
Moon – Yellow

Nutley, NJ  
Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Creative Work    Amrita Yoga  
Until 5:45PM  
Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**  
**Sravana-Avani**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1 Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Nutley, NJ Sutra 133 Vikarin 5121
Mithuna Rasi: 0.09	Tithi 25	<b>Gulika</b> 3:19PM – 4:59PM	<b>Mrigashira</b> Until 5:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	Sun 9
		Yama 11:58AM – 1:39PM	Vajra* Until 1:37AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 4:59PM – 6:40PM	Vanija Until 9:14AM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 8:33PM	Moon – Yellow		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>2 Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Nutley, NJ Sutra 134 Vikarin 5121
Mithuna Rasi: 13.53	Tithi 26	<b>Gulika</b> 1:38PM – 3:18PM	<b>Ardra</b> Until 4:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	Sun 10
<b>Family Home Evening</b>		Yama 10:18AM – 11:58AM	Siddhi Until 10:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 6:58AM – 8:38AM	Bava Until 7:42AM	<b>Nataraja:</b> White		2nd Phase
Until 4:15PM			<b>Ekadashi*</b> Until 6:38PM	Moon – Yellow		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>		

<b>3 Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau				Nutley, NJ Sutra 135 Vikarin 5121
Mithuna Rasi: 28.06	Tithi 27 – 28	<b>Gulika</b> 11:58AM – 1:37PM	<b>Punarvasu</b> Until 2:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM	Sun 11
		Yama 8:38AM – 10:18AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	548993462 <b>Rahu</b> 3:17PM – 4:57PM	Gara Until 2:34AM Wed	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi*</b> Until 4:03PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>4 Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nutley, NJ Sutra 136 Vikarin 5121
Kataka Rasi: 12.44	Tithi 28 – 29	<b>Gulika</b> 10:18AM – 11:57AM	<b>Pushya</b> Until 12:20PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:19AM	Sun 12
		Yama 6:59AM – 8:38AM	Variyan Until 3:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 11:57AM – 1:37PM	Visti Until 11:12PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 12:55PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nutley, NJ Sutra 137 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 8:39AM – 10:18AM	<b>Ashlesha*</b> Until 9:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:20AM	Sun 13
Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:20AM – 7:00AM	Parigha* Until 11:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 1:36PM – 3:15PM	Catuspada Until 7:31PM	<b>Nataraja:</b> Clear		Amavasya
Until 9:29AM			<b>Chaturdashi*</b> Until 9:23AM	Moon – Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>		

<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Nutley, NJ Sutra 138 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:00AM – 8:39AM	<b>Magha*</b> Until 6:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	Sun 14
Simha Rasi: 12.55	Tithi 1	Yama 3:14PM – 4:53PM	Shiva Until 7:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 19
Routine Work	Marana Yoga	559193463 <b>Rahu</b> 10:18AM – 11:57AM	Kintughna Until 3:41PM	<b>Nataraja:</b> Clear		Prathama
Until 6:39AM			<b>Prathama*</b> Until 1:45AM Sat	Moon – Red		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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<b>1</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nutley, NJ Sutra 139
Simha Rasi: 28.1	Tithi 2	<b>Gulika</b> 5:22AM – 7:01AM	<b>Uttaraphalguni</b> Until 12:35AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	Sun 15	Vikarin 5121	
		Yama 1:35PM – 3:13PM	Sadhya Until 11:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM		Moon 8 - Phase 20	
		559193463 <b>Rahu</b> 8:39AM – 10:18AM	Balava Until 11:52AM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 10:00PM	Moon – Red		<b>Sivaloka Day</b>		
Until 12:35AM Sun				<b>Bhadrapada-Avani</b>				
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Nutley, NJ Sutra 140
Kanya Rasi: 13.19	Tithi 3	<b>Gulika</b> 3:12PM – 4:51PM	<b>Hasta</b> Until 10:06PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM	Sun 16	Vikarin 5121	
		Yama 11:56AM – 1:34PM	Subha Until 7:11PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:29PM		Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 4:51PM – 6:29PM	Taitila Until 8:14AM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 6:31PM	Moon – Green		<b>Sivaloka Day</b>		
Until 10:06PM				<b>Bhadrapada-Avani</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nutley, NJ Sutra 141
Kanya Rasi: 28.11	Tithi 4 – 5	<b>Gulika</b> 1:34PM – 3:11PM	<b>Chitra</b> Until 7:56PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:24AM	Sun 17	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:18AM – 11:56AM	Sukla Until 3:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:27PM		Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 7:02AM – 8:40AM	Bava Until 2:10AM Tue	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 3:28PM	Moon – Green		<b>Sivaloka Day</b>		
Until 7:56PM				<b>Bhadrapada-Avani</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nutley, NJ Sutra 142
Tula Rasi: 12.41	Tithi 5 – 6	<b>Gulika</b> 11:55AM – 1:33PM	<b>Svati</b> Until 6:15PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:25AM	Sun 18	Vikarin 5121	
		Yama 8:40AM – 10:18AM	Brahma Until 12:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:26PM		Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 3:11PM – 4:48PM	Kaulava Until 12:02AM Wed	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:00PM	Moon – Green		<b>Sivaloka Day</b>		
Until 6:15PM				<b>Bhadrapada-Avani</b>				
Then Routine Work - Marana Yoga								

<b>5</b>		<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nutley, NJ Sutra 143
Tula Rasi: 26.43	Tithi 6 – 7	<b>Gulika</b> 10:18AM – 11:55AM	<b>Vishakha</b> Until 5:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:26AM	Sun 19	Vikarin 5121	
		Yama 7:03AM – 8:41AM	Indra Until 9:57AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:24PM		Moon 8 - Phase 20	
		579193463 <b>Rahu</b> 11:55AM – 1:32PM	Gara Until 10:41PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 11:14AM	Moon – Orange		<b>Subha Sivaloka Day</b>		
				<b>Bhadrapada-Avani</b>				

<b>Retreat Star</b>		<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau				Nutley, NJ Sutra 144
Vrischika Rasi: 10.17	Tithi 7 – 8	<b>Gulika</b> 8:41AM – 10:18AM	<b>Anuradha</b> Until 5:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:27AM	Sun 20	Vikarin 5121	
		Yama 5:27AM – 7:04AM	Vaidhriti* Until 8:04AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:22PM		Moon 8 - Phase 20	
		571193463 <b>Rahu</b> 1:32PM – 3:09PM	Visti Until 10:08PM	<b>Nataraja:</b> Clear			Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 10:17AM	Moon – Orange		<b>Sivaloka Day</b>		
Until 5:35PM				<b>Bhadrapada-Avani</b>				
Then Routine Work - Prabalarishta Yoga								

<b>Retreat Star</b>		<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nutley, NJ Sutra 145
Vrischika Rasi: 23.23	Tithi 8 – 9	<b>Gulika</b> 7:05AM – 8:41AM	<b>Jyeshtha*</b> Until 6:13PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:28AM	Sun 21	Vikarin 5121	
		Yama 3:08PM – 4:44PM	Vishkambha* Until 6:50AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:21PM		Moon 8 - Phase 20	
		571193463 <b>Rahu</b> 10:18AM – 11:54AM	Balava Until 10:25PM	<b>Nataraja:</b> Clear			Navami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 10:10AM	Moon – Orange		<b>Sivaloka Day</b>		
Until 6:13PM				<b>Bhadrapada-Avani</b>				
Then Creative Work - Amrita Yoga								

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Nutley, NJ Sutra 146
	Dhanus Rasi: 6.06	Tithi 9 – 10	<b>Gulika</b> 5:29AM – 7:05AM	<b>Mula* Until 7:56PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:29AM	Sun 22	Vikarin 5121
			Yama 1:30PM – 3:07PM	Priti Until 6:15AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:19PM		Moon 8 - Phase 21
	581193463	<b>Rahu</b> 8:42AM – 10:18AM	Taitila Until 11:27PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 10:49AM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
				<b>Bhadrapada-Avani</b>			


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nutley, NJ Sutra 147
	Dhanus Rasi: 18.29	Tithi 10 – 11	<b>Gulika</b> 3:06PM – 4:42PM	<b>Purvashadha* Until 10:05PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:30AM	Sun 23	Vikarin 5121
			Yama 11:54AM – 1:30PM	Ayushman Until 6:11AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:17PM		Moon 8 - Phase 21
	581193463	<b>Rahu</b> 4:42PM – 6:17PM	Vanija Until 1:05AM Mon	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 12:10PM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
Until 10:05PM		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nutley, NJ Sutra 148
	Makara Rasi: 0.39	Tithi 11 – 12	<b>Gulika</b> 1:29PM – 3:05PM	<b>Uttarashadha Until 12:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:31AM	Sun 24	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:18AM – 11:53AM	Saubhagya Until 6:34AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:16PM		Moon 8 - Phase 21
	581193463	<b>Rahu</b> 7:07AM – 8:42AM	Bava Until 3:09AM Tue	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 2:03PM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
Until 12:30AM Tue				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nutley, NJ Sutra 149
	Makara Rasi: 12.38	Tithi 12 – 13	<b>Gulika</b> 11:53AM – 1:28PM	<b>Shravana Until 3:32AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:32AM	Sun 25	Vikarin 5121
			Yama 8:43AM – 10:18AM	Sobhana Until 7:16AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:14PM		Moon 8 - Phase 21
	591193463	<b>Rahu</b> 3:04PM – 4:39PM	Kaulava Until 5:29AM Wed	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:16PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
Until 3:32AM Wed				<b>Bhadrapada-Avani</b>			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Nutley, NJ Sutra 150
	Makara Rasi: 24.32	Tithi 13	<b>Gulika</b> 10:18AM – 11:53AM	<b>Dhanishtha Until 6:31AM Thu</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:33AM	Sun 26	Vikarin 5121
			Yama 7:08AM – 8:43AM	Athiganda* Until 8:07AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:12PM		Moon 8 - Phase 21
	591193463	<b>Rahu</b> 11:53AM – 1:28PM	Taitila Until 6:41PM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 6:41PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
Until 6:31AM Thu		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Nutley, NJ Sutra 151
	Kumbha Rasi: 6.24	Tithi 14	<b>Gulika</b> 8:43AM – 10:18AM	<b>Dhanishtha Until 6:31AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:34AM	Sun 27	Vikarin 5121
			Yama 5:34AM – 7:09AM	Sukarma Until 9:04AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:11PM		Moon 8 - Phase 21
	591193463	<b>Rahu</b> 1:27PM – 3:02PM	Gara Until 7:57AM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:09PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
		<b>Avani Avittam</b>		<b>Bhadrapada-Avani</b>			

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Nutley, NJ Sutra 152
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:09AM – 8:43AM	<b>Shatabhishak Until 9:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:35AM	Sun 28	Vikarin 5121
	Kumbha Rasi: 18.16	Tithi 15	Yama 3:01PM – 4:35PM	Dhriti Until 10:01AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:09PM		Moon 8 - Phase 21
	591113463	<b>Rahu</b> 10:18AM – 11:52AM	Visti Until 10:24AM	<b>Nataraja:</b> Clear			Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 11:36PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
				<b>Bhadrapada-Avani</b>			

<b>7</b>	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Nutley, NJ Sutra 153
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:36AM – 7:10AM	<b>Purvaprosarthapada* Until 12:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:36AM	Sun 29	Vikarin 5121
	Meena Rasi: 0.08	Tithi 16	Yama 1:26PM – 3:00PM	Shula* Until 10:53AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM		Moon 8 - Phase 21
	511113463	<b>Rahu</b> 8:44AM – 10:18AM	Balava Until 12:48PM	<b>Nataraja:</b> Clear			Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 1:55AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>		
Until 12:25PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproskthapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Nutley, NJ  
Sun 1  
Sutra 154

Meena Rasi: 12.04 Tithi 17

512113463

Gulika 2:59PM – 4:32PM  
Yama 11:51AM – 1:25PM  
Rahu 4:32PM – 6:06PM

Uttaraproskthapada Until 3:13PM  
Ganda\* Until 11:40AM  
Tailila Until 3:03PM  
Dvitiya Until 4:05AM Mon

Ganesha: Yellow Sunrise: 5:37AM  
Muruqa: Purple Sunset: 6:06PM  
Nataraja: Clear  
Moon – Clear

Sivaloka Day

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Nutley, NJ  
Sun 2  
Sutra 155

Meena Rasi: 24.03 Tithi 18

512113463

Gulika 1:24PM – 2:58PM  
Yama 10:18AM – 11:51AM  
Rahu 7:11AM – 8:44AM

Revati Until 5:39PM  
Vridhhi Until 12:20PM  
Vanija Until 5:06PM  
Tritiya Until 6:02AM Tue

Ganesha: Yellow Sunrise: 5:38AM  
Muruqa: Purple Sunset: 6:04PM  
Nataraja: Clear  
Moon – Clear

Sivaloka Day

Family Home Evening  
Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Nutley, NJ  
Sun 3  
Sutra 156

Mesha Rasi: 6.08 Tithi 18 – 19

522113463

Gulika 11:51AM – 1:24PM  
Yama 8:45AM – 10:18AM  
Rahu 2:56PM – 4:29PM

Ashvini Until 8:11PM  
Dhruva Until 12:46PM  
Bava Until 6:55PM  
Tritiya Until 6:02AM

Ganesha: White Sunrise: 5:39AM  
Muruqa: Purple Sunset: 6:02PM  
Nataraja: Clear  
Moon – White

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nutley, NJ  
Sun 4  
Sutra 157

Mesha Rasi: 18.2 Tithi 19 – 20

522113463

Gulika 10:18AM – 11:50AM  
Yama 7:12AM – 8:45AM  
Rahu 11:50AM – 1:23PM

Bharani Until 10:13PM  
Vyaghata\* Until 12:59PM  
Kaulava Until 8:23PM  
Chaturthi\* Until 7:41AM

Ganesha: White Sunrise: 5:40AM  
Muruqa: Purple Sunset: 6:01PM  
Nataraja: Clear  
Moon – White

Devaloka Day

Creative Work Siddha Yoga

Until 10:13PM  
Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Nutley, NJ  
Sun 5  
Sutra 158

Vrishabha Rasi: 0.41 Tithi 20 – 21

522113463

Gulika 8:45AM – 10:18AM  
Yama 5:41AM – 7:13AM  
Rahu 1:22PM – 2:54PM

Krittika Until 11:39PM  
Harshana Until 12:55PM  
Gara Until 9:26PM  
Panchami Until 8:57AM

Ganesha: White Sunrise: 5:41AM  
Muruqa: Purple Sunset: 5:59PM  
Nataraja: Clear  
Moon – White

Devaloka Day

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Nutley, NJ  
Sun 6  
Sutra 159

Vrishabha Rasi: 13.15 Tithi 21 – 22

532113463

Gulika 7:14AM – 8:46AM  
Yama 2:53PM – 4:25PM  
Rahu 10:18AM – 11:50AM

Rohini Until 12:52AM Sat  
Vajra\* Until 12:24PM  
Visti Until 9:55PM  
Shashthi\* Until 9:44AM

Ganesha: Clear Sunrise: 5:42AM  
Muruqa: Purple Sunset: 5:57PM  
Nataraja: Clear  
Moon – Yellow

Sivaloka Day

Routine Work Marana Yoga

Until 12:52AM Sat  
Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nutley, NJ  
Sun 7  
Sutra 160

Vrishabha Rasi: 26.05 Tithi 22 – 23

532113463

Gulika 5:43AM – 7:14AM  
Yama 1:21PM – 2:52PM  
Rahu 8:46AM – 10:18AM

Mrigashira Until 1:17AM Sun  
Siddhi Until 11:26AM  
Balava Until 9:45PM  
Saptami Until 9:54AM

Ganesha: Clear Sunrise: 5:43AM  
Muruqa: Purple Sunset: 5:56PM  
Nataraja: Clear  
Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Nutley, NJ  
Sun 8  
Sutra 161

Mithuna Rasi: 9.16 Tithi 23 – 24

532213463

Gulika 2:51PM – 4:23PM  
Yama 11:49AM – 1:20PM  
Rahu 4:23PM – 5:54PM

Ardra Until 12:50AM Mon  
Vyatipata\* Until 9:55AM  
Tailila Until 8:52PM  
Ashtami\* Until 9:23AM

Ganesha: Orange Sunrise: 5:44AM  
Muruqa: Purple Sunset: 5:54PM  
Nataraja: Clear  
Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

Until 12:50AM Mon  
Then Creative Work - Amrita Yoga

<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nutley, NJ Sutra 162 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:19PM – 2:50PM	<b>Punarvasu</b> <b>Until 11:59PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:45AM</i>	Sun 9	
Mithuna Rasi: 22.52	Tithi 24 – 25	Yama 10:17AM – 11:48AM	Variyan <b>Until 7:48AM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:52PM</i>		Moon 9 - Phase 23
<b>Family Home Evening</b>	542213463	<b>Rahu</b> 7:16AM – 8:47AM	Vanija <b>Until 7:16PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Navami* Until 8:08AM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 11:59PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Nutley, NJ Sutra 163 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:48AM – 1:19PM	<b>Pushya</b> <b>Until 10:18PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:46AM</i>	Sun 10	
Kataka Rasi: 6.53	Tithi 25 – 26	Yama 8:47AM – 10:17AM	Shiva <b>Until 1:56AM Wed</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:51PM</i>		Moon 9 - Phase 23
	542213463	<b>Rahu</b> 2:49PM – 4:20PM	Balava <b>Until 3:36AM Wed</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Dashami</b> <b>Until 6:11AM</b>	Moon – Blue	<b>Devaloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau				Nutley, NJ Sutra 164 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:17AM – 11:48AM	<b>Ashlesha*</b> <b>Until 7:57PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:47AM</i>	Sun 11	
Kataka Rasi: 21.2	Tithi 27	Yama 7:17AM – 8:47AM	Siddha <b>Until 10:17PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:49PM</i>		Moon 9 - Phase 23
	542213463	<b>Rahu</b> 11:48AM – 1:18PM	Kaulava <b>Until 2:07PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 12:29AM Thu</b>	Moon – Blue	<b>Devaloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Nutley, NJ Sutra 165 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:47AM – 10:17AM	<b>Magha*</b> <b>Until 5:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:48AM</i>	Sun 12	
Simha Rasi: 6.1	Tithi 28	Yama 5:48AM – 7:18AM	Sadhya <b>Until 6:18PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:47PM</i>		Moon 9 - Phase 23
	552213463	<b>Rahu</b> 1:17PM – 2:47PM	Gara <b>Until 10:47AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Trayodashi* Until 8:59PM</b>	Moon – Red	<b>Devaloka Day</b>	
Until 5:26PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nutley, NJ Sutra 166 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:18AM – 8:48AM	<b>Purvaphalguni</b> <b>Until 2:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:49AM</i>	Sun 13	
Simha Rasi: 21.15	Tithi 29 – 30	Yama 2:46PM – 4:16PM	Subha <b>Until 2:07PM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:46PM</i>		Moon 9 - Phase 23
	552213463	<b>Rahu</b> 10:17AM – 11:47AM	Visti <b>Until 7:09AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 5:15PM</b>	Moon – Red	<b>Devaloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nutley, NJ Sutra 167 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:50AM – 7:19AM	<b>Uttaraphalguni</b> <b>Until 11:24AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:50AM</i>	Sun 14	
Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:16PM – 2:45PM	Sukla <b>Until 9:51AM</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:44PM</i>		Moon 9 - Phase 23
	653213463	<b>Rahu</b> 8:48AM – 10:17AM	Kintughna <b>Until 11:37PM</b>	<b>Nataraja:</b> Clear		Amavasya
Routine Work Marana Yoga			<b>Amavasya* Until 1:28PM</b>	Moon – Red	<b>Devaloka Day</b>	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>		

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nutley, NJ Sutra 168 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:44PM – 4:13PM	<b>Hasta</b> <b>Until 8:39AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:51AM</i>	Sun 15	
Kanya Rasi: 21.4	Tithi 1 – 2	Yama 11:46AM – 1:15PM	Indra <b>Until 1:41AM Mon</b>	<b>Muruqa:</b> Purple <i>Sunset: 5:42PM</i>		Moon 9 - Phase 23
	663213463	<b>Rahu</b> 4:13PM – 5:42PM	Balava <b>Until 8:04PM</b>	<b>Nataraja:</b> Clear		Prathama
Creative Work Amrita Yoga			<b>Prathama* Until 9:47AM</b>	Moon – Green	<b>Devaloka Day</b>	
Until 8:39AM		<b>Navaratri Begins</b>		<b>Ashvina-Puratasi</b>		
Then Creative Work - Siddha Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau	Nutley, NJ Sutra 169 Vikarin 5121
Tula Rasi: 6.38	Tithi 2 - 3	<b>Gulika</b> 1:15PM - 2:43PM	<b>Chitra</b> <b>Until 6:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:52AM	Sun 16
<b>Family Home Evening</b>	663213463	Yama 10:17AM - 11:46AM	Vaidhriti* <b>Until 10:03PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		<b>Rahu</b> 7:20AM - 8:49AM	Gara <b>Until 3:30AM Tue</b>	<b>Nataraja:</b> Clear	3rd Phase
Until 6:02AM			<b>Dvitiya</b> <b>Until 6:24AM</b>	Moon - Green	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>	

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthyam Titau	Nutley, NJ Sutra 170 Vikarin 5121
Tula Rasi: 21.16	Tithi 4	<b>Gulika</b> 11:46AM - 1:14PM	<b>Vishakha</b> <b>Until 2:23AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:53AM	Sun 17
	673213463	Yama 8:49AM - 10:17AM	Vishkambha* <b>Until 6:54PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 24
Routine Work Marana Yoga		<b>Rahu</b> 2:42PM - 4:11PM	Vanija <b>Until 2:17PM</b>	<b>Nataraja:</b> Clear	3rd Phase
Until 2:23AM Wed			<b>Chaturthi*</b> <b>Until 1:13AM Wed</b>	Moon - Orange	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>	

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Nutley, NJ Sutra 171 Vikarin 5121
Vrischika Rasi: 5.26	Tithi 5	<b>Gulika</b> 10:17AM - 11:45AM	<b>Anuradha</b> <b>Until 1:38AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:54AM	Sun 18
	673213463	Yama 7:22AM - 8:49AM	Priti <b>Until 4:22PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b> 11:45AM - 1:13PM	Bava <b>Until 12:22PM</b>	<b>Nataraja:</b> Clear	3rd Phase
Until 1:38AM Thu			<b>Panchami</b> <b>Until 11:42PM</b>	Moon - Orange	<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashvina+Puratasi</b>	

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Nutley, NJ Sutra 172 Vikarin 5121
Vrischika Rasi: 19.06	Tithi 6	<b>Gulika</b> 8:50AM - 10:17AM	<b>Jyeshtha*</b> <b>Until 1:36AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:55AM	Sun 19
	673213463	Yama 5:55AM - 7:22AM	Ayushman <b>Until 2:29PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:36PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		<b>Rahu</b> 1:13PM - 2:40PM	Kaulava <b>Until 11:17AM</b>	<b>Nataraja:</b> Clear	3rd Phase
Until 1:36AM Fri			<b>Shashthi*</b> <b>Until 11:03PM</b>	Moon - Orange	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>	

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Nutley, NJ Sutra 173 Vikarin 5121
Dhanus Rasi: 2.17	Tithi 7	<b>Gulika</b> 7:23AM - 8:50AM	<b>Mula*</b> <b>Until 2:45AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:56AM	Sun 20
	683213463	Yama 2:39PM - 4:07PM	Saubhagya <b>Until 1:19PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:34PM	Moon 9 - Phase 24
Creative Work Amrita Yoga		<b>Rahu</b> 10:18AM - 11:45AM	Gara <b>Until 11:06AM</b>	<b>Nataraja:</b> Clear	3rd Phase
Until 2:45AM Sat			<b>Saptami</b> <b>Until 11:19PM</b>	Moon - Light Blue	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>	

<b>Retreat Star</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistit*/Bava Karana Ashtamyam Titau	Nutley, NJ Sutra 174 Vikarin 5121
Dhanus Rasi: 15.01	Tithi 8	<b>Gulika</b> 5:57AM - 7:24AM	<b>Purvashadha*</b> <b>Until 4:32AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:57AM	Sun 21
	683213463	Yama 1:11PM - 2:38PM	Sobhana <b>Until 12:51PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b> 8:51AM - 10:18AM	Vistit <b>Until 11:47AM</b>	<b>Nataraja:</b> Clear	Ashtami
Until 4:32AM Sun			<b>Ashtami*</b> <b>Until 12:24AM Sun</b>	Moon - Light Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>	

<b>Retreat Star</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Nutley, NJ Sutra 175 Vikarin 5121
Dhanus Rasi: 27.24	Tithi 9	<b>Gulika</b> 2:38PM - 4:04PM	<b>Uttarashadha</b> <b>Until 6:46AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM	Sun 22
	683213463	Yama 11:44AM - 1:11PM	Athiganda* <b>Until 12:55PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:31PM	Moon 9 - Phase 24
Creative Work Amrita Yoga		<b>Rahu</b> 4:04PM - 5:31PM	Balava <b>Until 1:14PM</b>	<b>Nataraja:</b> Clear	Navami
		<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Navami*</b> <b>Until 2:11AM Mon</b>	Moon - Light Blue	<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>	


<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Nutley, NJ Sutra 176
<b>1</b>		<b>Gulika</b> 1:10PM – 2:37PM	<b>Uttarashadha</b> Until 6:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Sun 23 Vikarin 5121
Makara Rasi: 9.31	Tithi 10	Yama 10:18AM – 11:44AM	Sukarma Until 1:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:25AM – 8:51AM	Taitila Until 3:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dashami</b> Until 4:25AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>
Until 6:46AM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						


<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Nutley, NJ Sutra 177
<b>2</b>		<b>Gulika</b> 11:44AM – 1:10PM	<b>Shravana</b> Until 9:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:00AM	Sun 24 Vikarin 5121
Makara Rasi: 21.28	Tithi 11	Yama 8:52AM – 10:18AM	Dhriti Until 2:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 2:36PM – 4:02PM	Vanija Until 5:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 6:55AM Wed	Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nutley, NJ Sutra 178
<b>3</b>		<b>Gulika</b> 10:18AM – 11:43AM	<b>Dhanishtha</b> Until 12:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Sun 25 Vikarin 5121
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:26AM – 8:52AM	Shula* Until 3:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 11:43AM – 1:09PM	Bava Until 8:13PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga			<b>Ekadashi</b> Until 6:55AM	Moon – Purple		<b>Sivaloka Day</b>
Until 12:46PM		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nutley, NJ Sutra 179
<b>4</b>		<b>Gulika</b> 8:52AM – 10:18AM	<b>Shatabhishak</b> Until 3:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	Sun 26 Vikarin 5121
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:02AM – 7:27AM	Ganda* Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 1:08PM – 2:34PM	Kaulava Until 10:43PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 9:27AM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>		

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nutley, NJ Sutra 180
<b>5</b>		<b>Gulika</b> 7:28AM – 8:53AM	<b>Purvaproshtapada*</b> Until 6:40PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:03AM	Sun 27 Vikarin 5121
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:33PM – 3:58PM	Vridhi Until 5:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 10:18AM – 11:43AM	Gara Until 1:04AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 11:53AM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nutley, NJ Sutra 181
	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:04AM – 7:29AM	<b>Uttaraproshtapada</b> Until 9:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:04AM	Sun 28 Vikarin 5121
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:07PM – 2:32PM	Dhruva Until 5:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 8:53AM – 10:18AM	Visti Until 3:11AM Sun	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 2:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 9:21PM				<b>Ashvina+Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nutley, NJ Sutra 182
	<b>Silver Retreat Star</b>	<b>Gulika</b> 2:31PM – 3:55PM	<b>Revati</b> Until 11:38PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:05AM	Sun 29 Vikarin 5121
Meena Rasi: 21	Tithi 15 – 16	Yama 11:42AM – 1:07PM	Vyaghata* Until 6:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
	614213464	<b>Rahu</b> 3:55PM – 5:20PM	Balava Until 5:02AM Mon	<b>Nataraja:</b> Purple		Prathama
Creative Work Amrita Yoga			<b>Purnima*</b> Until 4:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 11:38PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08     Tithi 16 – 17  
**Family Home Evening**  
 Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
 Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    1:06PM – 2:30PM  
**Yama**      10:18AM – 11:42AM  
**Rahu**      7:30AM – 8:54AM

**Ashvini Until 1:57AM Tue**  
**Harshana Until 6:25PM**  
**Taitila Until 6:35AM Tue**  
**Prathama\* Until 5:50PM**

**Ganesha: White**     **Sunrise: 6:06AM**  
**Muruqa: Purple**     **Sunset: 5:18PM**  
**Nataraja: Purple**  
 Moon – White                 **Subha Subha Sivaloka Day**  
**Ashvina•Puratasi**

Nutley, NJ  
 Sutra 183  
 Vikarin 5121  
 Moon 10 - Phase 26  
 1st Phase

Tuesday, October 15, 2019

**1**

Mesha Rasi: 15.24     Tithi 17  
 624213464  
 Creative Work    Siddha Yoga  
 Until 3:48AM Wed  
 Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**    11:42AM – 1:06PM  
**Yama**      8:54AM – 10:18AM  
**Rahu**      2:29PM – 3:53PM

**Bharani Until 3:48AM Wed**  
**Vajra\* Until 6:25PM**  
**Taitila Until 6:35AM**  
**Dvitiya Until 7:13PM**

**Ganesha: White**     **Sunrise: 6:07AM**  
**Muruqa: Purple**     **Sunset: 5:17PM**  
**Nataraja: Purple**  
 Moon – White                 **Subha Subha Sivaloka Day**  
**Ashvina•Puratasi**

Nutley, NJ  
 Sutra 184  
 Vikarin 5121  
 Sun 1  
 Moon 10 - Phase 26  
 1st Phase

Wednesday, October 16, 2019

**2**

Mesha Rasi: 27.48     Tithi 18  
 624213464  
 Creative Work    Amrita Yoga  
 Until 5:09AM Thu  
 Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
 Kritika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**    10:18AM – 11:42AM  
**Yama**      7:32AM – 8:55AM  
**Rahu**      11:42AM – 1:05PM

**Kritika Until 5:09AM Thu**  
**Siddhi Until 6:11PM**  
**Vanija Until 7:49AM**  
**Tritiya Until 8:17PM**

**Ganesha: White**     **Sunrise: 6:08AM**  
**Muruqa: Purple**     **Sunset: 5:15PM**  
**Nataraja: Purple**  
 Moon – White                 **Subha Subha Sivaloka Day**  
**Ashvina•Puratasi**

Nutley, NJ  
 Sutra 185  
 Vikarin 5121  
 Sun 2  
 Moon 10 - Phase 26  
 1st Phase

Thursday, October 17, 2019

**3**

Vrishabha Rasi: 10.21     Tithi 19  
 634313464  
 Routine Work    Marana Yoga  
 Until 6:27AM Fri  
 Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
 Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    8:55AM – 10:18AM  
**Yama**      6:09AM – 7:32AM  
**Rahu**      1:05PM – 2:28PM

**Rohini Until 6:27AM Fri**  
**Vyatipata\* Until 5:40PM**  
**Bava Until 8:42AM**  
**Chaturthi\* Until 8:58PM**

**Ganesha: White**     **Sunrise: 6:09AM**  
**Muruqa: Purple**     **Sunset: 5:14PM**  
**Nataraja: Purple**  
 Moon – Yellow                **Sivaloka Day**  
**Ashvina•Aipasi**

Nutley, NJ  
 Sutra 186  
 Vikarin 5121  
 Sun 3  
 Moon 10 - Phase 26  
 1st Phase

Friday, October 18, 2019

**4**

Vrishabha Rasi: 23.05     Tithi 20  
 634313464  
 Routine Work    Marana Yoga  
 Until 6:27AM  
 Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    7:33AM – 8:56AM  
**Yama**      2:27PM – 3:49PM  
**Rahu**      10:19AM – 11:41AM

**Rohini Until 6:27AM**  
**Variyan Until 4:49PM**  
**Kaulava Until 9:11AM**  
**Panchami Until 9:14PM**

**Ganesha: White**     **Sunrise: 6:10AM**  
**Muruqa: Purple**     **Sunset: 5:12PM**  
**Nataraja: Purple**  
 Moon – Yellow                **Sivaloka Day**  
**Ashvina•Aipasi**

Nutley, NJ  
 Sutra 187  
 Vikarin 5121  
 Sun 4  
 Moon 10 - Phase 26  
 1st Phase

Saturday, October 19, 2019

**5**

Mithuna Rasi: 6.02     Tithi 21  
 634313464  
 Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    6:11AM – 7:34AM  
**Yama**      1:04PM – 2:26PM  
**Rahu**      8:56AM – 10:19AM

**Mrigashira Until 7:09AM**  
**Parigha\* Until 3:36PM**  
**Gara Until 9:13AM**  
**Shashthi\* Until 9:01PM**

**Ganesha: White**     **Sunrise: 6:11AM**  
**Muruqa: Purple**     **Sunset: 5:11PM**  
**Nataraja: Purple**  
 Moon – Yellow                **Sivaloka Day**  
**Ashvina•Aipasi**

Nutley, NJ  
 Sutra 188  
 Vikarin 5121  
 Sun 5  
 Moon 10 - Phase 26  
 1st Phase

Sunday, October 20, 2019

**6**

Mithuna Rasi: 19.14     Tithi 22  
 634313464  
 Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    2:25PM – 3:47PM  
**Yama**      11:41AM – 1:03PM  
**Rahu**      3:47PM – 5:09PM

**Ardra Until 7:12AM**  
**Shiva Until 1:59PM**  
**Visti Until 8:44AM**  
**Saptami Until 8:15PM**

**Ganesha: White**     **Sunrise: 6:12AM**  
**Muruqa: Purple**     **Sunset: 5:09PM**  
**Nataraja: Purple**  
 Moon – Yellow                **Sivaloka Day**  
**Ashvina•Aipasi**

Nutley, NJ  
 Sutra 189  
 Vikarin 5121  
 Sun 6  
 Moon 10 - Phase 26  
 1st Phase

Monday, October 21, 2019

**D**

Retreat Star

Kataka Rasi: 2.44     Tithi 23  
 644313464  
**Family Home Evening**  
 Creative Work    Amrita Yoga  
 Until 7:01AM  
 Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    1:03PM – 2:24PM  
**Yama**      10:19AM – 11:41AM  
**Rahu**      7:35AM – 8:57AM

**Punarvasu Until 7:01AM**  
**Siddha Until 11:54AM**  
**Balava Until 7:41AM**  
**Ashtami\* Until 6:56PM**

**Ganesha: Clear**      **Sunrise: 6:14AM**  
**Muruqa: Purple**     **Sunset: 5:08PM**  
**Nataraja: Purple**  
 Moon – Blue                 **Subha Sivaloka Day**  
**Ashvina•Aipasi**

Nutley, NJ  
 Sutra 190  
 Vikarin 5121  
 Sun 7  
 Moon 10 - Phase 26  
 Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35     Tithi 24 – 25  
 644313464  
 Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

**Gulika**    11:41AM – 1:02PM  
**Yama**      8:58AM – 10:19AM  
**Rahu**      2:24PM – 3:45PM

**Pushya Until 6:07AM**  
**Sadhya Until 9:21AM**  
**Taitila Until 6:04AM**  
**Navami\* Until 5:02PM**

**Ganesha: Clear**      **Sunrise: 6:15AM**  
**Muruqa: Purple**     **Sunset: 5:06PM**  
**Nataraja: Purple**  
 Moon – Blue                 **Subha Sivaloka Day**  
**Ashvina•Aipasi**

Nutley, NJ  
 Sutra 191  
 Vikarin 5121  
 Sun 8  
 Moon 10 - Phase 26  
 Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Nutley, NJ Sutra 192
Simha Rasi: 0.47	Tithi 25 - 26	<b>Gulika</b>	<b>10:19AM - 11:40AM</b>	<b>Magha* Until 2:45AM Thu</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 6:16AM</i>		Vikarin 5121
		Yama	7:37AM - 8:58AM	Subha Until 6:24AM	<b>Muruqa: Purple</b>	<i>Sunset: 5:05PM</i>	Moon 10 - Phase 27	2nd Phase
Creative Work	Siddha Yoga	654313464 <b>Rahu</b>	<b>11:40AM - 1:02PM</b>	Bava Until 1:16AM Thu	<b>Nataraja: Purple</b>			
				<b>Dashami Until 2:38PM</b>	<b>Moon - Red</b>		<b>Sivaloka Day</b>	
					<b>Ashvina-Aipasi</b>			

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Nutley, NJ Sutra 193
Simha Rasi: 15.19	Tithi 26 - 27	<b>Gulika</b>	<b>8:59AM - 10:19AM</b>	<b>Purvaphalguni Until 12:27AM Fri</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 6:17AM</i>		Vikarin 5121
		Yama	6:17AM - 7:38AM	Brahma Until 11:22PM	<b>Muruqa: Purple</b>	<i>Sunset: 5:04PM</i>	Moon 10 - Phase 27	2nd Phase
Creative Work	Siddha Yoga	654313464 <b>Rahu</b>	<b>1:01PM - 2:22PM</b>	Kaulava Until 10:15PM	<b>Nataraja: Purple</b>			
				<b>Ekadashi* Until 11:47AM</b>	<b>Moon - Red</b>		<b>Sivaloka Day</b>	
					<b>Ashvina-Aipasi</b>			

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Nutley, NJ Sutra 194
Kanya Rasi: 0.05	Tithi 27 - 28	<b>Gulika</b>	<b>7:39AM - 8:59AM</b>	<b>Uttaraphalguni Until 9:48PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 6:18AM</i>		Vikarin 5121
		Yama	2:21PM - 3:42PM	Indra Until 7:31PM	<b>Muruqa: Purple</b>	<i>Sunset: 5:02PM</i>	Moon 10 - Phase 27	2nd Phase
Creative Work	Siddha Yoga	655313464 <b>Rahu</b>	<b>10:20AM - 11:40AM</b>	Gara Until 6:59PM	<b>Nataraja: Purple</b>			
Until 9:48PM				<b>Dvadashi* Until 8:38AM</b>	<b>Moon - Red</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>	<b>Ashvina-Aipasi</b>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Nutley, NJ Sutra 195
Kanya Rasi: 15.01	Tithi 29	<b>Gulika</b>	<b>6:19AM - 7:39AM</b>	<b>Hasta Until 7:19PM</b>	<b>Ganesha: Orange</b>	<i>Sunrise: 6:19AM</i>		Vikarin 5121
		Yama	1:00PM - 2:21PM	Vaidhriti* Until 3:34PM	<b>Muruqa: Purple</b>	<i>Sunset: 5:01PM</i>	Moon 10 - Phase 27	2nd Phase
Routine Work	Marana Yoga	665313464 <b>Rahu</b>	<b>9:00AM - 10:20AM</b>	Visti Until 3:37PM	<b>Nataraja: Purple</b>			
				<b>Chaturdashi* Until 1:55AM Sun</b>	<b>Moon - Green</b>		<b>Subha Sivaloka Day</b>	
				<b>Deepavali Hindu Solidarity Day</b>	<b>Ashvina-Aipasi</b>			

<b>Retreat Star</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Nutley, NJ Sutra 196
Kanya Rasi: 29.58	Tithi 30	<b>Gulika</b>	<b>2:20PM - 3:40PM</b>	<b>Chitra Until 4:48PM</b>	<b>Ganesha: Orange</b>	<i>Sunrise: 6:20AM</i>		Vikarin 5121
		Yama	11:40AM - 1:00PM	Vishkambha* Until 11:40AM	<b>Muruqa: Purple</b>	<i>Sunset: 5:00PM</i>	Moon 10 - Phase 27	Amavasya
Creative Work	Siddha Yoga	665313464 <b>Rahu</b>	<b>3:40PM - 5:00PM</b>	Catuspada Until 12:18PM	<b>Nataraja: Purple</b>			
				<b>Amavasya* Until 10:42PM</b>	<b>Moon - Green</b>		<b>Subha Sivaloka Day</b>	
				<b>Subramuniyaswami Mahasamadhi</b>	<b>Ashvina-Aipasi</b>			

<b>Retreat Star</b>		<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Nutley, NJ Sutra 197
Tula Rasi: 14.47	Tithi 1	<b>Gulika</b>	<b>1:00PM - 2:19PM</b>	<b>Svati Until 2:24PM</b>	<b>Ganesha: Orange</b>	<i>Sunrise: 6:21AM</i>		Vikarin 5121
<b>Family Home Evening</b>		Yama	10:20AM - 11:40AM	Priti Until 7:57AM	<b>Muruqa: Purple</b>	<i>Sunset: 4:58PM</i>	Moon 10 - Phase 27	Prathama
Creative Work	Amrita Yoga	665313464 <b>Rahu</b>	<b>7:41AM - 9:01AM</b>	Kintughna Until 9:12AM	<b>Nataraja: Purple</b>			
Until 2:24PM				<b>Prathama* Until 7:47PM</b>	<b>Moon - Green</b>		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Skanda Shasthi Begins</b>	<b>Kartika-Aipasi</b>			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Nutley, NJ Sutra 198
Tula Rasi: 29.19	Tithi 2 – 3	<b>Gulika</b>	<b>11:40AM – 12:59PM</b>	<b>Vishakha Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Sun 15	Vikarin 5121
		Yama	9:01AM – 10:21AM	Saubhagya Until 1:34AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 28
		<b>Rahu</b>	<b>2:18PM – 3:38PM</b>	Balava Until 6:31AM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga			<b>Dvitiya Until 5:21PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 12:42PM					<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nutley, NJ Sutra 199
Vischika Rasi: 13.29	Tithi 3 – 4	<b>Gulika</b>	<b>10:21AM – 11:40AM</b>	<b>Anuradha Until 11:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM	Sun 16	Vikarin 5121
		Yama	7:43AM – 9:02AM	Sobhana Until 11:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM		Moon 10 - Phase 28
		<b>Rahu</b>	<b>11:40AM – 12:59PM</b>	Vanija Until 2:57AM Thu	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga			<b>Tritiya Until 3:33PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
					<b>Kartika•Aipasi</b>			

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nutley, NJ Sutra 200
Vischika Rasi: 27.11	Tithi 4 – 5	<b>Gulika</b>	<b>9:02AM – 10:21AM</b>	<b>Jyeshtha* Until 10:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Sun 17	Vikarin 5121
		Yama	6:25AM – 7:44AM	Athiganda* Until 9:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM		Moon 10 - Phase 28
		<b>Rahu</b>	<b>12:58PM – 2:17PM</b>	Bava Until 2:21AM Fri	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Prabalarishta Yoga			<b>Chaturthi* Until 2:31PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 10:51AM					<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nutley, NJ Sutra 201
Dhanus Rasi: 10.26	Tithi 5 – 6	<b>Gulika</b>	<b>7:44AM – 9:03AM</b>	<b>Mula* Until 11:20AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM	Sun 18	Vikarin 5121
		Yama	2:17PM – 3:35PM	Sukarma Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 10 - Phase 28
		<b>Rahu</b>	<b>10:21AM – 11:40AM</b>	Kaulava Until 2:37AM Sat	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga			<b>Panchami Until 2:21PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 11:20AM		<b>Skanda Shasthi</b>			<b>Kartika•Aipasi</b>			
Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nutley, NJ Sutra 202
Dhanus Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b>	<b>6:27AM – 7:45AM</b>	<b>Purvashadha* Until 12:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	Sun 19	Vikarin 5121
		Yama	12:58PM – 2:16PM	Dhriti Until 7:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM		Moon 10 - Phase 28
		<b>Rahu</b>	<b>9:03AM – 10:22AM</b>	Gara Until 3:42AM Sun	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi* Until 3:02PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 12:31PM					<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga								

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nutley, NJ Sutra 203
Makara Rasi: 5.41	Tithi 7 – 8	<b>Gulika</b>	<b>2:15PM – 3:33PM</b>	<b>Uttarashadha Until 2:16PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	Sun 20	Vikarin 5121
		Yama	11:40AM – 12:58PM	Shula* Until 7:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM		Moon 10 - Phase 28
		<b>Rahu</b>	<b>3:33PM – 4:51PM</b>	Visti Until 5:29AM Mon	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga			<b>Saptami Until 4:30PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
					<b>Kartika•Aipasi</b>			

<b>Monday, November 4, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau				Nutley, NJ Sutra 204
Makara Rasi: 17.5	Tithi 8	<b>Gulika</b>	<b>12:57PM – 2:15PM</b>	<b>Shravana Until 4:57PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:30AM	Sun 21	Vikarin 5121
<b>Family Home Evening</b>		Yama	10:22AM – 11:40AM	Ganda* Until 8:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>7:47AM – 9:05AM</b>	Bava Until 6:33PM	<b>Nataraja:</b> Purple			Ashtami
Until 4:57PM				<b>Ashtami* Until 6:33PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Kartika•Aipasi</b>			

<b>Tuesday, November 5, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Nutley, NJ Sutra 205
Makara Rasi: 29.49	Tithi 9	<b>Gulika</b>	<b>11:40AM – 12:57PM</b>	<b>Dhanishtha Until 7:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM	Sun 22	Vikarin 5121
		Yama	9:05AM – 10:22AM	Vriddhi Until 9:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM		Moon 10 - Phase 28
		<b>Rahu</b>	<b>2:14PM – 3:32PM</b>	Balava Until 7:45AM	<b>Nataraja:</b> Purple			Navami
Creative Work	Siddha Yoga			<b>Navami* Until 8:58PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:49PM					<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga								

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

**1** **Wednesday, November 6, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Nutley, NJ  
 Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 206  
 Kumbha Rasi: 11.41 Tithi 10 **Gulika** 10:23AM – 11:40AM **Shatabhishak** **Until 10:39PM** **Ganesha:** Purple **Sunrise:** 6:32AM Vikarin 5121  
 696313464 **Yama** 7:49AM – 9:06AM **Dhruva** **Until 10:14PM** **Muruqa:** Purple **Sunset:** 4:48PM Moon 10 - Phase 29  
**Rahu** 11:40AM – 12:57PM **Taitila** **Until 10:16AM** **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Moon – Purple** **Sivaloka Day**  
 Until 10:39PM **Dashami** **Until 11:31PM** **Kartika•Aipasi**  
 Then Creative Work - Amrita Yoga

**2** **Thursday, November 7, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Nutley, NJ  
 Purvaproshtapada\* Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Ekadashyam Titau Sun 24 Sutra 207  
 Kumbha Rasi: 23.32 Tithi 11 **Gulika** 9:06AM – 10:23AM **Purvaproshtapada\*** **Until 1:44AM Fri** **Ganesha:** Yellow **Sunrise:** 6:33AM Vikarin 5121  
 716313464 **Yama** 6:33AM – 7:50AM **Vyaghata\*** **Until 11:04PM** **Muruqa:** Purple **Sunset:** 4:47PM Moon 10 - Phase 29  
**Rahu** 12:57PM – 2:13PM **Vanija** **Until 12:47PM** **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Moon – Clear** **Subha Sivaloka Day**  
**Ekadashi** **Until 1:58AM Fri** **Kartika•Aipasi**

**3** **Friday, November 8, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Nutley, NJ  
 Uttarproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 208  
 Meena Rasi: 5.26 Tithi 12 **Gulika** 7:51AM – 9:07AM **Uttarproshtapada** **Until 4:25AM Sat** **Ganesha:** Yellow **Sunrise:** 6:34AM Vikarin 5121  
 716313464 **Yama** 2:13PM – 3:29PM **Harshana** **Until 11:44PM** **Muruqa:** Purple **Sunset:** 4:46PM Moon 10 - Phase 29  
**Rahu** 10:23AM – 11:40AM **Bava** **Until 3:08PM** **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Moon – Clear** **Subha Sivaloka Day**  
 Until 4:25AM Sat **Dvadashi** **Until 4:11AM Sat** **Kartika•Aipasi**  
 Then Routine Work - Prabalarishta Yoga

**4** **Saturday, November 9, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Nutley, NJ  
 Revati Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 209  
 Meena Rasi: 17.27 Tithi 13 **Gulika** 6:35AM – 7:52AM **Revati** **Until 6:37AM Sun** **Ganesha:** Yellow **Sunrise:** 6:35AM Vikarin 5121  
 716313464 **Yama** 12:56PM – 2:12PM **Vajra\*** **Until 12:08AM Sun** **Muruqa:** Purple **Sunset:** 4:45PM Moon 10 - Phase 29  
**Rahu** 9:08AM – 10:24AM **Kaulava** **Until 5:12PM** **Nataraja:** Purple 4th Phase  
 Routine Work Prabalarishta Yoga **Moon – Clear** **Subha Sivaloka Day**  
 Until 6:37AM Sun **Trayodashi** **Until 6:03AM Sun** **Kartika•Aipasi**  
 Then Creative Work - Siddha Yoga **Pradosha Vrata**

**5** **Sunday, November 10, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Nutley, NJ  
 Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 210  
 Meena Rasi: 29.35 Tithi 13 – 14 **Gulika** 2:12PM – 3:28PM **Revati** **Until 6:37AM** **Ganesha:** Yellow **Sunrise:** 6:37AM Vikarin 5121  
 716313464 **Yama** 11:40AM – 12:56PM **Siddhi** **Until 12:15AM Mon** **Muruqa:** Purple **Sunset:** 4:44PM Moon 10 - Phase 29  
**Rahu** 3:28PM – 4:44PM **Gara** **Until 6:52PM** **Nataraja:** Purple 4th Phase  
 Creative Work Amrita Yoga **Moon – Clear** **Subha Sivaloka Day**  
 Until 6:37AM **Trayodashi** **Until 6:03AM** **Kartika•Aipasi**  
 Then Creative Work - Siddha Yoga

**Monday, November 11, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Nutley, NJ  
 Ashvini/Bharani Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 211  
**Copper Retreat Star** **Gulika** 12:56PM – 2:11PM **Ashvini** **Until 8:45AM** **Ganesha:** White **Sunrise:** 6:38AM Vikarin 5121  
 Mesha Rasi: 11.54 Tithi 14 – 15 **Yama** 10:25AM – 11:40AM **Vyatipata\*** **Until 12:03AM Tue** **Muruqa:** Purple **Sunset:** 4:43PM Moon 10 - Phase 29  
**Family Home Evening** 727413464 **Rahu** 7:53AM – 9:09AM **Visti** **Until 8:07PM** **Nataraja:** Purple Purnima  
 Creative Work Siddha Yoga **Moon – White** **Sivaloka Day**  
**Chaturdashi\*** **Until 7:32AM** **Kartika•Aipasi**

**Tuesday, November 12, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Nutley, NJ  
 Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 212  
**Silver Retreat Star** **Gulika** 11:40AM – 12:56PM **Bharani** **Until 10:19AM** **Ganesha:** White **Sunrise:** 6:39AM Vikarin 5121  
 Mesha Rasi: 24.23 Tithi 15 – 16 **Yama** 9:10AM – 10:25AM **Variyan** **Until 11:30PM** **Muruqa:** Purple **Sunset:** 4:42PM Moon 10 - Phase 29  
 727413464 **Rahu** 2:11PM – 3:26PM **Balava** **Until 8:57PM** **Nataraja:** Purple Prathama  
 Creative Work Siddha Yoga **Moon – White** **Sivaloka Day**  
**Purnima\*** **Until 8:34AM** **Kartika•Aipasi**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vishabha Rasi: 7.04 Tithi 16 - 17

727413464

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 10:25AM - 11:40AM  
**Yama** 7:55AM - 9:10AM  
**Rahu** 11:40AM - 12:56PM

**Krittika Until 11:19AM**  
Parigha\* Until 10:39PM  
Taitila Until 9:22PM  
Prathama\* Until 9:11AM

**Ganesha:** White *Sunrise: 6:40AM*  
**Muruqa:** Purple *Sunset: 4:41PM*  
**Nataraja:** Purple  
Moon - White

Sivaloka Day

Nutley, NJ  
Sutra 213  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

1

Thursday, November 14, 2019

Vishabha Rasi: 19.56 Tithi 17 - 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

**Gulika** 9:11AM - 10:26AM  
**Yama** 6:41AM - 7:56AM  
**Rahu** 12:55PM - 2:10PM

**Rohini Until 12:14PM**  
Shiva Until 9:31PM  
Vanija Until 9:23PM  
Dvitiya Until 9:24AM

**Ganesha:** Clear *Sunrise: 6:41AM*  
**Muruqa:** Purple *Sunset: 4:40PM*  
**Nataraja:** Purple  
Moon - Yellow

Subha Sivaloka Day

Nutley, NJ  
Sutra 214  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

2

Friday, November 15, 2019

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 7:57AM - 9:12AM  
**Yama** 2:10PM - 3:25PM  
**Rahu** 10:26AM - 11:41AM

**Mrigashira Until 12:38PM**  
Siddha Until 8:03PM  
Bava Until 9:02PM  
Tritiya Until 9:14AM

**Ganesha:** Clear *Sunrise: 6:42AM*  
**Muruqa:** Purple *Sunset: 4:39PM*  
**Nataraja:** Purple  
Moon - Yellow

Subha Sivaloka Day

Nutley, NJ  
Sutra 215  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 6:44AM - 7:58AM  
**Yama** 12:55PM - 2:10PM  
**Rahu** 9:12AM - 10:27AM

**Ardra Until 12:32PM**  
Sadhya Until 6:19PM  
Kaulava Until 8:20PM  
Chaturthi\* Until 8:42AM

**Ganesha:** Clear *Sunrise: 6:44AM*  
**Muruqa:** Purple *Sunset: 4:38PM*  
**Nataraja:** Purple  
Moon - Yellow

Subha Sivaloka Day

Nutley, NJ  
Sutra 216  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

4

Sunday, November 17, 2019

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 2:09PM - 3:23PM  
**Yama** 11:41AM - 12:55PM  
**Rahu** 3:23PM - 4:38PM

**Punarvasu Until 12:24PM**  
Subha Until 4:20PM  
Gara Until 7:17PM  
Panchami Until 7:50AM

**Ganesha:** Clear *Sunrise: 6:45AM*  
**Muruqa:** Purple *Sunset: 4:38PM*  
**Nataraja:** Clear  
Moon - Blue

Sivaloka Day

Nutley, NJ  
Sutra 217  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

**Gulika** 12:55PM - 2:09PM  
**Yama** 10:27AM - 11:41AM  
**Rahu** 8:00AM - 9:14AM

**Pushya Until 11:46AM**  
Sukla Until 2:03PM  
Bava Until 5:03AM Tue  
Shashthi\* Until 6:37AM

**Ganesha:** Clear *Sunrise: 6:46AM*  
**Muruqa:** Purple *Sunset: 4:37PM*  
**Nataraja:** Clear  
Moon - Blue

Sivaloka Day

Nutley, NJ  
Sutra 218  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 27.11 Tithi 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 11:42AM - 12:55PM  
**Yama** 9:14AM - 10:28AM  
**Rahu** 2:09PM - 3:22PM

**Ashlesha\* Until 10:40AM**  
Brahma Until 11:31AM  
Balava Until 4:10PM  
Ashtami\* Until 3:10AM Wed

**Ganesha:** Clear *Sunrise: 6:47AM*  
**Muruqa:** Purple *Sunset: 4:36PM*  
**Nataraja:** Clear  
Moon - Blue

Sivaloka Day

Nutley, NJ  
Sutra 219  
Vikarin 5121  
Moon 11 - Phase 30  
Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 11.14 Tithi 24

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Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 10:28AM - 11:42AM  
**Yama** 8:02AM - 9:15AM  
**Rahu** 11:42AM - 12:55PM

**Magha\* Until 9:32AM**  
Indra Until 8:44AM  
Taitila Until 2:08PM  
Navami\* Until 12:59AM Thu

**Ganesha:** White *Sunrise: 6:48AM*  
**Muruqa:** Purple *Sunset: 4:35PM*  
**Nataraja:** Clear  
Moon - Red

Subha Sivaloka Day

Nutley, NJ  
Sutra 220  
Vikarin 5121  
Moon 11 - Phase 30  
Navami

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanja/Visti* Karana Dashamyam Titau		Sun 8		Nutley, NJ Sutra 221
Simha Rasi: 25.28	Tithi 25	<b>Gulika</b> 9:16AM – 10:29AM	<b>Purvaphalguni</b> Until 7:59AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:49AM			Vikarin 5121
		Yama 6:49AM – 8:03AM	Vishkambha* Until 2:29AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:35PM		Moon 11 - Phase 31	
		758413465 <b>Rahu</b> 12:55PM – 2:08PM	Vanija Until 11:49AM	<b>Nataraja:</b> Clear				2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 10:33PM	Moon – Red			<b>Subha Sivaloka Day</b>	
				<b>Karttika-Karttikai</b>				

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Nutley, NJ Sutra 222
Kanya Rasi: 9.52	Tithi 26	<b>Gulika</b> 8:03AM – 9:16AM	<b>Uttaraphalguni</b> Until 6:03AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:50AM			Vikarin 5121
		Yama 2:08PM – 3:21PM	Priti Until 11:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM		Moon 11 - Phase 31	
		758413465 <b>Rahu</b> 10:29AM – 11:42AM	Bava Until 9:17AM	<b>Nataraja:</b> Clear				2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:57PM	Moon – Red			<b>Subha Sivaloka Day</b>	
Until 6:03AM				<b>Karttika-Karttikai</b>				
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Nutley, NJ Sutra 223
Kanya Rasi: 24.22	Tithi 27 – 28	<b>Gulika</b> 6:52AM – 8:04AM	<b>Chitra</b> Until 2:20AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:52AM			Vikarin 5121
		Yama 12:55PM – 2:08PM	Ayushman Until 7:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM		Moon 11 - Phase 31	
		768413465 <b>Rahu</b> 9:17AM – 10:30AM	Kaulava Until 6:39AM	<b>Nataraja:</b> Clear				2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 5:17PM	Moon – Green			<b>Sivaloka Day</b>	
Until 2:20AM Sun				<b>Karttika-Karttikai</b>				
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Nutley, NJ Sutra 224
Tula Rasi: 8.52	Tithi 28 – 29	<b>Gulika</b> 2:08PM – 3:21PM	<b>Svati</b> Until 12:21AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:53AM			Vikarin 5121
		Yama 11:43AM – 12:55PM	Saubhagya Until 4:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM		Moon 11 - Phase 31	
		769413465 <b>Rahu</b> 3:21PM – 4:33PM	Visti Until 1:26AM Mon	<b>Nataraja:</b> Clear				2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 2:40PM	Moon – Green			<b>Devaloka Day</b>	
Until 12:21AM Mon				<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Nutley, NJ Sutra 225
Tula Rasi: 23.17	Tithi 29 – 30	<b>Gulika</b> 12:56PM – 2:08PM	<b>Vishakha</b> Until 10:54PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM			Vikarin 5121
<b>Family Home Evening</b>		Yama 10:31AM – 11:43AM	Sobhana Until 1:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM		Moon 11 - Phase 31	
		779413465 <b>Rahu</b> 8:06AM – 9:18AM	Catuspada Until 11:09PM	<b>Nataraja:</b> Clear				Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 12:14PM	Moon – Orange			<b>Devaloka Day</b>	
Until 10:54PM				<b>Karttika-Karttikai</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Nutley, NJ Sutra 226
Vrischika Rasi: 7.3	Tithi 30 – 1	<b>Gulika</b> 11:44AM – 12:56PM	<b>Anuradha</b> Until 9:42PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:55AM			Vikarin 5121
		Yama 9:19AM – 10:31AM	Athiganda* Until 10:20AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM		Moon 11 - Phase 31	
		779413465 <b>Rahu</b> 2:08PM – 3:20PM	Kintughna Until 9:16PM	<b>Nataraja:</b> Clear				Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 10:08AM	Moon – Orange			<b>Devaloka Day</b>	
Until 9:42PM				<b>Margasira-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Nutley, NJ Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	<b>Gulika</b> 10:32AM – 11:44AM	<b>Jyeshtha* Until 8:53PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:56AM	Sun 14
		Yama 8:08AM – 9:20AM	Sukarma Until 7:49AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:32PM	Moon 11 - Phase 32
		779413465 <b>Rahu</b> 11:44AM – 12:56PM	Balava Until 7:55PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Prathama* Until 8:30AM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 8:53PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Nutley, NJ Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	<b>Gulika</b> 9:21AM – 10:32AM	<b>Mula* Until 9:02PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:57AM	Sun 15
		Yama 6:57AM – 8:09AM	Shula* Until 4:16AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:31PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 12:56PM – 2:08PM	Taitila Until 7:15PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 7:29AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Nutley, NJ Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	<b>Gulika</b> 8:10AM – 9:21AM	<b>Purvashadha* Until 9:45PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:58AM	Sun 16
		Yama 2:08PM – 3:19PM	Ganda* Until 3:21AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:31PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:33AM – 11:45AM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Tritiya Until 7:10AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 9:45PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Nutley, NJ Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	<b>Gulika</b> 6:59AM – 8:11AM	<b>Uttarashadha Until 11:01PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:59AM	Sun 17
		Yama 12:56PM – 2:08PM	Vriddhi Until 3:01AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:31PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:22AM – 10:33AM	Bava Until 8:08PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Chaturthi* Until 7:37AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 11:01PM				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Nutley, NJ Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	<b>Gulika</b> 2:08PM – 3:19PM	<b>Shravana Until 1:16AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:00AM	Sun 18
		Yama 11:45AM – 12:57PM	Dhruva Until 3:09AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
		799413465 <b>Rahu</b> 3:19PM – 4:30PM	Kaulava Until 9:39PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 8:47AM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 1:16AM Mon				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Nutley, NJ Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	<b>Gulika</b> 12:57PM – 2:08PM	<b>Dhanishtha Until 3:51AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:01AM	Sun 19
<b>Family Home Evening</b>		Yama 10:35AM – 11:46AM	Vyaghata* Until 3:41AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
Creative Work Siddha Yoga		791413465 <b>Rahu</b> 8:12AM – 9:23AM	Gara Until 11:42PM	<b>Nataraja:</b> Clear	3rd Phase
Until 3:51AM Tue			<b>Shashthi* Until 10:35AM</b>	Moon – Purple	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>	

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Nutley, NJ Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	<b>Gulika</b> 11:46AM – 12:57PM	<b>Shatabhishak Until 6:33AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:02AM	Sun 20
		Yama 9:24AM – 10:35AM	Harshana Until 4:27AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:08PM – 3:19PM	Visti Until 2:05AM Wed	<b>Nataraja:</b> Clear	Ashtami
Routine Work Marana Yoga			<b>Saptami Until 12:51PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 6:33AM Wed				<b>Margasira-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Nutley, NJ Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	<b>Gulika</b> 10:36AM – 11:46AM	<b>Shatabhishak Until 6:33AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:03AM	Sun 21
		Yama 8:14AM – 9:25AM	Vajra* Until 5:15AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 11:46AM – 12:57PM	Balava Until 4:36AM Thu	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga			<b>Ashtami* Until 3:19PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 6:33AM				<b>Margasira-Karttikai</b>	
Then Creative Work - Amrita Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nutley, NJ Sutra 235
Meena Rasi: 1.31	Tithi 9 – 10	711413465	<b>Gulika</b> 9:25AM – 10:36AM <b>Yama</b> 7:04AM – 8:15AM <b>Rahu</b> 12:58PM – 2:08PM	<b>Purvaproshtapada* Until 9:39AM</b> Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri Navami* Until 5:48PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:04AM <b>Sunset:</b> 4:30PM	Sun 22	Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Nutley, NJ Sutra 236
Meena Rasi: 13.26	Tithi 10	711413465	<b>Gulika</b> 8:16AM – 9:26AM <b>Yama</b> 2:08PM – 3:19PM <b>Rahu</b> 10:37AM – 11:47AM	<b>Uttaraproshtapada Until 12:27PM</b> Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM Dashami Until 8:05PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:05AM <b>Sunset:</b> 4:30PM	Sun 23	Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Nutley, NJ Sutra 237
Meena Rasi: 25.28	Tithi 11	711513465	<b>Gulika</b> 7:06AM – 8:16AM <b>Yama</b> 12:58PM – 2:09PM <b>Rahu</b> 9:27AM – 10:37AM	<b>Revati Until 2:46PM</b> Vyatipata* Until 6:31AM Vanija Until 9:07AM Ekadashi Until 9:59PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 4:30PM	Sun 24	Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work Prabalarishta Yoga Until 2:46PM Then Creative Work - Siddha Yoga						<b>Subha Sivaloka Day</b>		

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Nutley, NJ Sutra 238
Mesha Rasi: 7.4	Tithi 12	721513465	<b>Gulika</b> 2:09PM – 3:19PM <b>Yama</b> 11:48AM – 12:59PM <b>Rahu</b> 3:19PM – 4:30PM	<b>Ashvini Until 4:59PM</b> Variyan Until 6:43AM Bava Until 10:47AM Dvadashi Until 11:24PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 4:30PM	Sun 25	Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 4:59PM Then Routine Work - Prabalarishta Yoga						<b>Sivaloka Day</b>		

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nutley, NJ Sutra 239
Mesha Rasi: 20.05	Tithi 13	721513465	<b>Gulika</b> 12:59PM – 2:09PM <b>Yama</b> 10:38AM – 11:49AM <b>Rahu</b> 8:18AM – 9:28AM	<b>Bharani Until 6:30PM</b> Parigha* Until 6:31AM Kaulava Until 11:55AM Trayodashi Until 12:15AM Tue <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:08AM <b>Sunset:</b> 4:30PM	Sun 26	Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 6:30PM Then Routine Work - Marana Yoga						<b>Sivaloka Day</b>		

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Nutley, NJ Sutra 240
Vrishabha Rasi: 2.46	Tithi 14	721513465	<b>Gulika</b> 11:49AM – 12:59PM <b>Yama</b> 9:29AM – 10:39AM <b>Rahu</b> 2:09PM – 3:19PM	<b>Krittika Until 7:18PM</b> Siddha Until 4:49AM Wed Gara Until 12:29PM Chaturdashi* Until 12:31AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 4:30PM	Sun 27	Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 7:18PM Then Creative Work - Amrita Yoga						<b>Sivaloka Day</b>		

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Nutley, NJ Sutra 241
<b>Copper Retreat Star</b>			<b>Gulika</b> 10:40AM – 11:50AM <b>Yama</b> 8:19AM – 9:29AM <b>Rahu</b> 11:50AM – 1:00PM	<b>Rohini Until 7:52PM</b> Sadhya Until 3:20AM Thu Visti Until 12:28PM Purnima* Until 12:14AM Thu	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 4:30PM	Sun 28	Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 15.43 Tithi 15 Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Nutley, NJ Sutra 242		
<b>Silver Retreat Star</b>			<b>Gulika</b> 9:30AM – 10:40AM <b>Yama</b> 7:10AM – 8:20AM <b>Rahu</b> 1:00PM – 2:10PM	<b>Mrigashira Until 7:48PM</b> Subha Until 1:28AM Fri Balava Until 11:55AM Prathama* Until 11:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 4:30PM	Sun 29	Vikarin 5121 Moon 11 - Phase 33 Prathama
Vrishabha Rasi: 28.56 Tithi 16 Routine Work Marana Yoga						<b>Devaloka Day</b>		
		<b>Vinayaga Viratam Begins</b>						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Nutley, NJ

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

**Gulika** 8:21AM – 9:31AM  
**Yama** 2:10PM – 3:20PM  
**Rahu** 10:41AM – 11:51AM

**Ardra Until 7:09PM**  
Sukla Until 11:15PM  
Taitila Until 10:56AM  
**Dvitiya Until 10:16PM**

**Ganesha:** Clear *Sunrise:* 7:11AM

**Muruqa:** Clear *Sunset:* 4:30PM

**Nataraja:** Clear

Moon – Yellow

Moon 12 - Phase 34

1st Phase

**Devaloka Day**

**Margasira-Karttikai**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Nutley, NJ

Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

**Gulika** 7:12AM – 8:22AM  
**Yama** 1:01PM – 2:11PM  
**Rahu** 9:31AM – 10:41AM

**Punarvasu Until 6:29PM**  
Brahma Until 8:49PM  
Vanija Until 9:34AM  
**Tritiya Until 8:45PM**

**Ganesha:** Purple *Sunrise:* 7:12AM

**Muruqa:** Clear *Sunset:* 4:30PM

**Nataraja:** Clear

Moon – Blue

Moon 12 - Phase 34

1st Phase

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Nutley, NJ

Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

**Gulika** 2:11PM – 3:21PM  
**Yama** 11:51AM – 1:01PM  
**Rahu** 3:21PM – 4:31PM

**Pushya Until 5:25PM**  
Indra Until 6:11PM  
Bava Until 7:55AM  
**Chaturthi\* Until 7:00PM**

**Ganesha:** Purple *Sunrise:* 7:12AM

**Muruqa:** Clear *Sunset:* 4:31PM

**Nataraja:** Clear

Moon – Blue

Moon 12 - Phase 34

1st Phase

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

Nutley, NJ

Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

**Gulika** 1:02PM – 2:11PM  
**Yama** 10:42AM – 11:52AM  
**Rahu** 8:23AM – 9:33AM

**Ashlesha\* Until 4:02PM**  
Vaidhriti\* Until 3:24PM  
Kaulava Until 6:04AM  
**Panchami Until 5:04PM**

**Ganesha:** Clear *Sunrise:* 7:13AM

**Muruqa:** Clear *Sunset:* 4:31PM

**Nataraja:** Clear

Moon – Blue

Moon 12 - Phase 34

1st Phase

**Devaloka Day**

**Margasira-Markali**

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Nutley, NJ

Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

**Gulika** 11:52AM – 1:02PM  
**Yama** 9:33AM – 10:43AM  
**Rahu** 2:12PM – 3:21PM

**Magha\* Until 2:50PM**  
Vishkambha\* Until 12:33PM  
Visti Until 2:02AM Wed  
**Shashthi\* Until 3:03PM**

**Ganesha:** Purple *Sunrise:* 7:14AM

**Muruqa:** Clear *Sunset:* 4:31PM

**Nataraja:** Clear

Moon – Red

Moon 12 - Phase 34

1st Phase

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Nutley, NJ

Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

**Gulika** 10:43AM – 11:53AM  
**Yama** 8:24AM – 9:34AM  
**Rahu** 11:53AM – 1:03PM

**Purvaphalguni Until 1:27PM**  
Priti Until 9:40AM  
Balava Until 11:57PM  
**Saptami Until 12:59PM**

**Ganesha:** Purple *Sunrise:* 7:14AM

**Muruqa:** Clear *Sunset:* 4:32PM

**Nataraja:** Clear

Moon – Red

Moon 12 - Phase 34

Ashtami

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nutley, NJ

Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

**Gulika** 9:34AM – 10:44AM  
**Yama** 7:15AM – 8:25AM  
**Rahu** 1:03PM – 2:13PM

**Uttaraphalguni Until 11:55AM**  
Ayushman Until 6:44AM  
Taitila Until 9:53PM  
**Ashtami\* Until 10:54AM**

**Ganesha:** Purple *Sunrise:* 7:15AM

**Muruqa:** Clear *Sunset:* 4:32PM

**Nataraja:** Clear

Moon – Red

Moon 12 - Phase 34

Navami

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Amrita Yoga


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7		Nutley, NJ Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34		Tithi 24 – 25		862523465		Gulika 8:25AM – 9:35AM Yama 2:13PM – 3:23PM Rahu 10:44AM – 11:54AM		Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	
Creative Work		Amrita Yoga		Until 10:41AM		Then Creative Work - Siddha Yoga		Ganesha: Clear Sunrise: 7:16AM Muruqa: Clear Sunset: 4:32PM Nataraja: Clear Moon – Green	
								Devaloka Day	
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 8		Nutley, NJ Sutra 251 Vikarin 5121	
Tula Rasi: 4.41		Tithi 25 – 26		862523465		Gulika 7:16AM – 8:26AM Yama 1:04PM – 2:14PM Rahu 9:35AM – 10:45AM		Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	
Routine Work		Marana Yoga		Until 9:22AM		Then Creative Work - Siddha Yoga		Ganesha: Clear Sunrise: 7:16AM Muruqa: Clear Sunset: 4:33PM Nataraja: Clear Moon – Green	
								Devaloka Day	
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Sun 9		Nutley, NJ Sutra 252 Vikarin 5121	
Tula Rasi: 18.43		Tithi 27		862523465		Gulika 2:14PM – 3:24PM Yama 11:55AM – 1:05PM Rahu 3:24PM – 4:33PM		Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	
Creative Work		Siddha Yoga		Until 8:03AM		Then Routine Work - Marana Yoga		Ganesha: Clear Sunrise: 7:17AM Muruqa: Clear Sunset: 4:33PM Nataraja: Clear Moon – Green	
								Devaloka Day	
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 10		Nutley, NJ Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37		Tithi 28		872523465		Gulika 1:05PM – 2:15PM Yama 10:46AM – 11:55AM Rahu 8:27AM – 9:36AM		Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	
Family Home Evening		Marana Yoga		Until 7:13AM		Then Creative Work - Siddha Yoga		Ganesha: White Sunrise: 7:17AM Muruqa: Clear Sunset: 4:34PM Nataraja: Clear Moon – Orange	
								Devaloka Time: 3:PM to 6:PM	
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 11		Nutley, NJ Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22		Tithi 29		872523465		Gulika 11:56AM – 1:06PM Yama 9:37AM – 10:46AM Rahu 2:15PM – 3:25PM		Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	
Creative Work		Siddha Yoga		Until 6:31AM		Then Routine Work - Marana Yoga		Ganesha: White Sunrise: 7:18AM Muruqa: Clear Sunset: 4:34PM Nataraja: Clear Moon – Orange	
								Devaloka Time: 3:PM to 6:PM	
		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 12		Nutley, NJ Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53		Tithi 30		873523465		Gulika 10:47AM – 11:57AM Yama 8:28AM – 9:37AM Rahu 11:57AM – 1:06PM		Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	
Creative Work		Siddha Yoga		Until 6:02AM		Then Routine Work - Marana Yoga		Ganesha: Clear Sunrise: 7:18AM Muruqa: Clear Sunset: 4:35PM Nataraja: Clear Moon – Orange	
								Devaloka Day	
<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 13		Nutley, NJ Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09		Tithi 1		883523466		Gulika 9:38AM – 10:47AM Yama 7:18AM – 8:28AM Rahu 1:07PM – 2:16PM		Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	
Creative Work		Siddha Yoga		Until 6:02AM		Then Routine Work - Marana Yoga		Ganesha: Orange Sunrise: 7:18AM Muruqa: Clear Sunset: 4:36PM Nataraja: Orange Moon – Light Blue	
								Devaloka Day	
								Pausha-Markali	

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Nutley, NJ Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 26.08	Tithi 2	<b>Gulika</b> 8:28AM – 9:38AM	<b>Purvashadha* Until 6:59AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:19AM			
		Yama 2:17PM – 3:27PM	Dhruva Until 10:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 10:48AM – 11:58AM	Balava Until 12:22PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 12:42AM Sat</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 6:59AM				<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Nutley, NJ Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 8.49	Tithi 3	<b>Gulika</b> 7:19AM – 8:29AM	<b>Uttarashadha Until 8:04AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:19AM			
		Yama 1:08PM – 2:18PM	Vyaghata* Until 9:56AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 9:38AM – 10:48AM	Taitila Until 1:12PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 1:49AM Sun</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 8:04AM				<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Nutley, NJ Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 21.16	Tithi 4	<b>Gulika</b> 2:18PM – 3:28PM	<b>Shravana Until 10:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM			
		Yama 11:59AM – 1:08PM	Harshana Until 9:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:38PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 3:28PM – 4:38PM	Vanija Until 2:37PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 3:29AM Mon</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 10:02AM				<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Nutley, NJ Sun 17 Sutra 260 Vikarin 5121
Kumbha Rasi: 3.28	Tithi 5	<b>Gulika</b> 1:09PM – 2:19PM	<b>Dhanishtha Until 12:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM			
<b>Family Home Evening</b>		Yama 10:49AM – 11:59AM	Vajra* Until 10:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 8:29AM – 9:39AM	Bava Until 4:31PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 5:36AM Tue</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>				

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthyam Titau				Nutley, NJ Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 15.3	Tithi 6	<b>Gulika</b> 11:59AM – 1:09PM	<b>Shatabhishak Until 2:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM			
		Yama 9:40AM – 10:50AM	Siddhi Until 10:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 2:19PM – 3:29PM	Kaulava Until 6:48PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 8:01AM Wed</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>				

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nutley, NJ Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 27.26	Tithi 6 – 7	<b>Gulika</b> 10:50AM – 12:00PM	<b>Purvaprosarthapada* Until 5:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM			
		Yama 8:30AM – 9:40AM	Vyatipata* Until 11:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 12:00PM – 1:11PM	Gara Until 9:17PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 8:01AM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 5:54PM				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>						

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarproshthapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nutley, NJ Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 9.19	Tithi 7 – 8	<b>Gulika</b> 9:40AM – 10:51AM	<b>Uttarproshthapada Until 8:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM			
		Yama 7:20AM – 8:30AM	Variyan Until 12:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:42PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 1:11PM – 2:21PM	Visti Until 11:46PM	<b>Nataraja:</b> Orange				Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 10:31AM</b>	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nutley, NJ Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 21.13	Tithi 8 – 9	<b>Gulika</b> 8:30AM – 9:41AM	<b>Revati Until 11:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM			
		Yama 2:22PM – 3:32PM	Parigha* Until 12:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 10:51AM – 12:01PM	Balava Until 2:02AM Sat	<b>Nataraja:</b> Orange				Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 12:55PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 11:23PM				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Nutley, NJ Sutra 265 Vikarin 5121	
Mesha Rasi: 3.14	Tithi 9 – 10	<b>Gulika</b> 7:20AM – 8:30AM	<b>Ashvini Until 1:54AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:20AM	Sun 22	
		Yama 1:12PM – 2:23PM	Shiva Until 1:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 37	
	823623466	<b>Rahu</b> 9:41AM – 10:51AM	Taitila Until 3:54AM Sun	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 3:01PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 1:54AM Sun				<b>Pausha-Markali</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Nutley, NJ Sutra 266 Vikarin 5121	
Mesha Rasi: 15.25	Tithi 10 – 11	<b>Gulika</b> 2:23PM – 3:34PM	<b>Bharani Until 3:44AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:20AM	Sun 23	
		Yama 12:02PM – 1:13PM	Siddha Until 1:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 37	
	823623466	<b>Rahu</b> 3:34PM – 4:45PM	Vanija Until 5:11AM Mon	<b>Nataraja:</b> Orange		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Dashami Until 4:36PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 3:44AM Mon		<b>Subramuniyaswami Jayanti</b>		<b>Pausha-Markali</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Nutley, NJ Sutra 267 Vikarin 5121	
Mesha Rasi: 27.5	Tithi 11 – 12	<b>Gulika</b> 1:13PM – 2:24PM	<b>Krittika Until 4:45AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:20AM	Sun 24	
<b>Family Home Evening</b>		Yama 10:52AM – 12:03PM	Sadhya Until 1:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 37	
	823623466	<b>Rahu</b> 8:31AM – 9:41AM	Bava Until 5:47AM Tue	<b>Nataraja:</b> Orange		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi Until 5:33PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 4:45AM Tue		<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Nutley, NJ Sutra 268 Vikarin 5121	
Vrishabha Rasi: 10.35	Tithi 12 – 13	<b>Gulika</b> 12:03PM – 1:14PM	<b>Rohini Until 5:22AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:20AM	Sun 25	
		Yama 9:41AM – 10:52AM	Subha Until 12:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 37	
	833623466	<b>Rahu</b> 2:25PM – 3:36PM	Kaulava Until 5:38AM Wed	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi Until 5:47PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 5:22AM Wed				<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Nutley, NJ Sutra 269 Vikarin 5121	
Vrishabha Rasi: 23.4	Tithi 13 – 14	<b>Gulika</b> 10:53AM – 12:04PM	<b>Mrigashira Until 5:09AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:20AM	Sun 26	
		Yama 8:31AM – 9:42AM	Sukla Until 10:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 37	
	833623466	<b>Rahu</b> 12:04PM – 1:15PM	Gara Until 4:48AM Thu	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 5:17PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 5:09AM Thu				<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Nutley, NJ Sutra 270 Vikarin 5121	
Mithuna Rasi: 7.08	Tithi 14 – 15	<b>Gulika</b> 9:42AM – 10:53AM	<b>Ardra Until 4:10AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:19AM	Sun 27	
		Yama 7:19AM – 8:31AM	Brahma Until 8:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 37	
	834623466	<b>Rahu</b> 1:15PM – 2:26PM	Visti Until 3:19AM Fri	<b>Nataraja:</b> Orange		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 4:07PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 4:10AM Fri		<b>Ardra Darshanam</b>		<b>Pausha-Markali</b>			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Nutley, NJ Sutra 271 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:31AM – 9:42AM	<b>Punarvasu Until 2:59AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:19AM	Sun 27	
Mithuna Rasi: 20.58	Tithi 15 – 16	Yama 2:27PM – 3:38PM	Indra Until 6:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 37	
	844623466	<b>Rahu</b> 10:53AM – 12:04PM	Balava Until 1:20AM Sat	<b>Nataraja:</b> Orange		Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 2:22PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Penumbra Lunar Eclipse</b>		<b>Pausha-Markali</b>			

<b>○</b>		<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Nutley, NJ Sutra 272 Vikarin 5121	
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:19AM – 8:30AM	<b>Pushya Until 1:17AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:19AM	Sun 27	
Kataka Rasi: 5.07	Tithi 16 – 17	Yama 1:16PM – 2:28PM	Vishkambha* Until 12:12AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 37	
	844623466	<b>Rahu</b> 9:42AM – 10:53AM	Taitila Until 10:58PM	<b>Nataraja:</b> Orange		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 12:10PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha-Markali</b>			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nutley, NJ  
Sutra 273  
Vikarin 5121  
Sun 1  
Moon 1 - Phase 38  
1st Phase

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 3:40PM - 4:52PM

Gulika 2:28PM - 3:40PM  
Yama 12:05PM - 1:17PM  
Ashlesha\* Until 11:13PM  
Priti Until 8:51PM  
Vanija Until 8:21PM  
Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:19AM  
Muruqa: Clear Sunset: 4:52PM  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga  
Until 11:13PM  
Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Nutley, NJ  
Sutra 274  
Vikarin 5121  
Sun 2  
Moon 1 - Phase 38  
1st Phase

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:30AM - 9:42AM

Gulika 1:17PM - 2:29PM  
Yama 10:54AM - 12:06PM  
Magha\* Until 9:21PM  
Ayushman Until 5:24PM  
Balava Until 4:16AM Tue  
Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:18AM  
Muruqa: Clear Sunset: 4:53PM  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Devaloka Day

Family Home Evening  
Routine Work Marana Yoga  
Until 9:21PM  
Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Nutley, NJ  
Sutra 275  
Vikarin 5121  
Sun 3  
Moon 1 - Phase 38  
1st Phase

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 2:30PM - 3:42PM

Gulika 12:06PM - 1:18PM  
Yama 9:42AM - 10:54AM  
Purvaphalguni Until 7:23PM  
Saubhagya Until 1:58PM  
Kaulava Until 2:57PM  
Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:18AM  
Muruqa: Clear Sunset: 4:54PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga  
Until 7:23PM  
Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Nutley, NJ  
Sutra 276  
Vikarin 5121  
Sun 4  
Moon 1 - Phase 38  
1st Phase

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:06PM - 1:18PM

Gulika 10:54AM - 12:06PM  
Yama 8:30AM - 9:42AM  
Uttaraphalguni Until 5:26PM  
Sobhana Until 10:40AM  
Gara Until 12:24PM  
Shashthi\* Until 11:11PM

Ganesha: Clear Sunrise: 7:18AM  
Muruqa: Clear Sunset: 4:55PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga  
Until 5:26PM  
Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Nutley, NJ  
Sutra 277  
Vikarin 5121  
Sun 5  
Moon 1 - Phase 38  
1st Phase

Kanya Rasi: 17.24 Tithi 22

844623466 Rahu 1:19PM - 2:31PM

Gulika 9:42AM - 10:54AM  
Yama 7:17AM - 8:30AM  
Hasta Until 4:00PM  
Athiganda\* Until 7:30AM  
Visti Until 10:04AM  
Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:17AM  
Muruqa: Clear Sunset: 4:56PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga  
Until 4:00PM  
Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Nutley, NJ  
Sutra 278  
Vikarin 5121  
Sun 6  
Moon 1 - Phase 38  
Ashtami

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 10:54AM - 12:07PM

Gulika 8:29AM - 9:42AM  
Yama 2:32PM - 3:45PM  
Chitra Until 2:43PM  
Dhriti Until 1:56AM Sat  
Balava Until 8:01AM  
Ashtami\* Until 7:06PM

Ganesha: Purple Sunrise: 7:17AM  
Muruqa: Clear Sunset: 4:57PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Nutley, NJ  
Sutra 279  
Vikarin 5121  
Sun 7  
Moon 1 - Phase 38  
Navami

Tula Rasi: 15.31 Tithi 24 - 25

844623466 Rahu 9:42AM - 10:55AM

Gulika 7:16AM - 8:29AM  
Yama 1:20PM - 2:33PM  
Svati Until 1:39PM  
Shula\* Until 11:33PM  
Taitila Until 6:19AM  
Navami\* Until 5:35PM

Ganesha: Purple Sunrise: 7:16AM  
Muruqa: Clear Sunset: 4:58PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

<b>1</b> Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 8	Nutley, NJ Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 25 – 26	<b>Gulika</b>	2:34PM – 3:47PM	<b>Vishakha</b> Until 1:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:16AM	
		Yama	12:08PM – 1:21PM	Ganda* Until 9:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b>	3:47PM – 5:00PM	Bava Until 4:01AM Mon	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga			<b>Dashami</b> Until 4:26PM	Moon – Orange		<b>Devaloka Day</b>
					<b>Pausha</b> -Thai		

<b>2</b> Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Sun 9	Nutley, NJ Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	<b>Gulika</b>	1:21PM – 2:34PM	<b>Anuradha</b> Until 1:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:15AM	
<b>Family Home Evening</b>		Yama	10:55AM – 12:08PM	Vriddhi Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b>	8:28AM – 9:41AM	Kaulava Until 3:27AM Tue	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 3:40PM	Moon – Orange		<b>Devaloka Day</b>
					<b>Pausha</b> -Thai		

<b>3</b> Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau				Sun 10	Nutley, NJ Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	<b>Gulika</b>	12:08PM – 1:22PM	<b>Jyeshtha*</b> Until 1:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:14AM	
		Yama	9:41AM – 10:55AM	Dhruva Until 6:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 39
		875623466 <b>Rahu</b>	2:35PM – 3:49PM	Gara Until 3:18AM Wed	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga			<b>Dvadashti*</b> Until 3:18PM	Moon – Orange		<b>Bhuloka Day</b>
Until 1:05PM					<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b> Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11	Nutley, NJ Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	<b>Gulika</b>	10:55AM – 12:08PM	<b>Mula*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:14AM	
		Yama	8:27AM – 9:41AM	Vyaghata* Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b>	12:08PM – 1:22PM	Visti Until 3:34AM Thu	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga			<b>Trayodashi*</b> Until 3:21PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 1:51PM					<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga							

<b>5</b> Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12	Nutley, NJ Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	<b>Gulika</b>	9:41AM – 10:55AM	<b>Purvashadha*</b> Until 2:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:13AM	
		Yama	7:13AM – 8:27AM	Harshana Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b>	1:23PM – 2:37PM	Catuspada Until 4:15AM Fri	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 3:50PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 2:51PM					<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13	Nutley, NJ Sutra 285 Vikarin 5121
Makara Rasi: 4.37	Tithi 30 – 1	<b>Gulika</b>	8:27AM – 9:41AM	<b>Uttarashadha</b> Until 4:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:12AM	
		Yama	2:37PM – 3:51PM	Vajra* Until 3:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b>	10:55AM – 12:09PM	Kintughna Until 5:23AM Sat	<b>Nataraja:</b> Orange		Amavasya
Routine Work	Marana Yoga			<b>Amavasya*</b> Until 4:44PM	Moon – Light Blue		<b>Bhuloka Day</b>
					<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau				Sun 14	Nutley, NJ Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	<b>Gulika</b>	7:12AM – 8:26AM	<b>Shravana</b> Until 6:08PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:12AM	
		Yama	1:24PM – 2:38PM	Siddhi Until 3:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:07PM	Moon 1 - Phase 39
		995623466 <b>Rahu</b>	9:40AM – 10:55AM	Bava Until 6:05PM	<b>Nataraja:</b> Orange		Prathama
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 6:05PM	Moon – Purple		<b>Bhuloka Day</b>
					<b>Magha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Nutley, NJ Sutra 287
Makara Rasi: 29.23	Tithi 2	<b>Gulika</b> 2:39PM – 3:53PM	<b>Dhanishtha Until 8:21PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:11AM	Sun 15	Vikarin 5121
		Yama 12:09PM – 1:24PM	Vyatipata* Until 3:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM		Moon 1 - Phase 40
		995723466 <b>Rahu</b> 3:53PM – 5:08PM	Balava Until 6:56AM	<b>Nataraja:</b> Orange			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 7:50PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 8:21PM				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Nutley, NJ Sutra 288
Kumbha Rasi: 11.31	Tithi 3	<b>Gulika</b> 1:24PM – 2:39PM	<b>Shatabhishak Until 10:45PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:10AM	Sun 16	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:55AM – 12:10PM	Variyan Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM		Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:25AM – 9:40AM	Taitila Until 8:52AM	<b>Nataraja:</b> Orange			3rd Phase
Until 10:45PM			<b>Tritiya Until 9:56PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>			

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturtham Titau			Nutley, NJ Sutra 289
Kumbha Rasi: 23.31	Tithi 4	<b>Gulika</b> 12:10PM – 1:25PM	<b>Purvaprossthapada* Until 1:44AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:09AM	Sun 17	Vikarin 5121
		Yama 9:39AM – 10:55AM	Parigha* Until 5:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM		Moon 1 - Phase 40
		915723466 <b>Rahu</b> 2:40PM – 3:55PM	Vanija Until 11:06AM	<b>Nataraja:</b> Orange			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 12:18AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 1:44AM Wed				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Nutley, NJ Sutra 290
Meena Rasi: 5.26	Tithi 5	<b>Gulika</b> 10:55AM – 12:10PM	<b>Uttaraprossthapada Until 4:41AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:08AM	Sun 18	Vikarin 5121
		Yama 8:24AM – 9:39AM	Shiva Until 5:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM		Moon 1 - Phase 40
		915723466 <b>Rahu</b> 12:10PM – 1:25PM	Bava Until 1:34PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 2:49AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Magha-Thai</b>			

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau			Nutley, NJ Sutra 291
Meena Rasi: 17.19	Tithi 6	<b>Gulika</b> 9:39AM – 10:54AM	<b>Revati Until 7:26AM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:07AM	Sun 19	Vikarin 5121
		Yama 7:07AM – 8:23AM	Siddha Until 6:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM		Moon 1 - Phase 40
		916723466 <b>Rahu</b> 1:26PM – 2:41PM	Kaulava Until 4:06PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 5:19AM Fri</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 7:26AM Fri				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau			Nutley, NJ Sutra 292
Meena Rasi: 29.11	Tithi 7	<b>Gulika</b> 8:22AM – 9:38AM	<b>Revati Until 7:26AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:06AM	Sun 20	Vikarin 5121
		Yama 2:42PM – 3:58PM	Sadhya Until 7:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM		Moon 1 - Phase 40
		916723466 <b>Rahu</b> 10:54AM – 12:10PM	Gara Until 6:32PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM Sat</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 7:26AM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Nutley, NJ Sutra 293
Mesha Rasi: 11.09	Tithi 7 – 8	<b>Gulika</b> 7:06AM – 8:22AM	<b>Ashvini Until 10:20AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:06AM	Sun 21	Vikarin 5121
		Yama 1:26PM – 2:42PM	Subha Until 7:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM		Moon 1 - Phase 40
		926723466 <b>Rahu</b> 9:38AM – 10:54AM	Visti Until 8:40PM	<b>Nataraja:</b> Orange			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Nutley, NJ Sutra 294
Mesha Rasi: 23.16	Tithi 8 – 9	<b>Gulika</b> 2:43PM – 3:59PM	<b>Bharani Until 12:39PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:06AM	Sun 22	Vikarin 5121
		Yama 12:10PM – 1:27PM	Sukla Until 8:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM		Moon 1 - Phase 40
		926723466 <b>Rahu</b> 3:59PM – 5:15PM	Balava Until 10:18PM	<b>Nataraja:</b> Orange			Navami
Routine Work	Prabalarishta Yoga		<b>Ashtami* Until 9:32AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 12:39PM				<b>Magha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nutley, NJ Sutra 295
<b>1</b>		<b>Gulika</b> 1:27PM – 2:43PM	<b>Krittika</b> Until 2:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:05AM	Sun 23
Vrishabha Rasi: 5.37	Tithi 9 – 10	Yama 10:54AM – 12:11PM	Brahma Until 7:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Vikarin 5121
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 8:21AM – 9:38AM	Taitila Until 11:13PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 41
Routine Work	Marana Yoga		<b>Navami*</b> Until 10:50AM	Moon – White		4th Phase
Until 2:12PM				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM	

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nutley, NJ Sutra 296
<b>2</b>		<b>Gulika</b> 12:11PM – 1:27PM	<b>Rohini</b> Until 3:20PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:04AM	Sun 24
Vrishabha Rasi: 18.17	Tithi 10 – 11	Yama 9:37AM – 10:54AM	Indra Until 6:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Vikarin 5121
	936723467	<b>Rahu</b> 2:44PM – 4:01PM	Vanija Until 11:19PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Amrita Yoga		<b>Dashami</b> Until 11:21AM	Moon – Yellow		4th Phase
Until 3:20PM				<b>Magha-Thai</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Nutley, NJ Sutra 297
<b>3</b>		<b>Gulika</b> 10:54AM – 12:11PM	<b>Mrigashira</b> Until 3:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:02AM	Sun 25
Mithuna Rasi: 1.22	Tithi 11 – 12	Yama 8:20AM – 9:37AM	Vaidhriti* Until 5:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Vikarin 5121
	936723467	<b>Rahu</b> 12:11PM – 1:28PM	Bava Until 10:35PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 11:02AM	Moon – Yellow		4th Phase
				<b>Magha-Thai</b>	<b>Devaloka Day</b>	

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nutley, NJ Sutra 298
<b>4</b>		<b>Gulika</b> 9:36AM – 10:53AM	<b>Ardra</b> Until 2:41PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:01AM	Sun 26
Mithuna Rasi: 14.54	Tithi 12 – 13	Yama 7:01AM – 8:19AM	Vishkambha* Until 2:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:20PM	Vikarin 5121
	936723467	<b>Rahu</b> 1:28PM – 2:45PM	Kaulava Until 9:03PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 9:54AM	Moon – Yellow		4th Phase
Until 2:41PM				<b>Magha-Thai</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nutley, NJ Sutra 299
<b>5</b>		<b>Gulika</b> 8:18AM – 9:36AM	<b>Punarvasu</b> Until 1:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:00AM	Sun 27
Mithuna Rasi: 28.53	Tithi 13 – 14	Yama 2:46PM – 4:04PM	Priti Until 11:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Vikarin 5121
	947723467	<b>Rahu</b> 10:53AM – 12:11PM	Gara Until 6:50PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 8:00AM	Moon – Blue		4th Phase
Until 1:28PM		<b>Thai Pusam</b>		<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM	

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Nutley, NJ Sutra 300
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:59AM – 8:17AM	<b>Pushya</b> Until 11:31AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:59AM	Sun 28
Kataka Rasi: 13.17	Tithi 15	Yama 1:29PM – 2:47PM	Ayushman Until 8:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:23PM	Vikarin 5121
	947723467	<b>Rahu</b> 9:35AM – 10:53AM	Visti Until 4:03PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 2:30AM Sun	Moon – Blue		Purnima
Until 11:31AM				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM	

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Nutley, NJ Sutra 301
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 2:47PM – 4:06PM	<b>Ashlesha*</b> Until 9:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:58AM	Sun 29
Kataka Rasi: 28.02	Tithi 16	Yama 12:11PM – 1:29PM	Sobhana Until 12:59AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:24PM	Vikarin 5121
	947723467	<b>Rahu</b> 4:06PM – 5:24PM	Balava Until 12:54PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:13PM	Moon – Blue		Prathama
Until 9:01AM				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM	





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Nutley, NJ

Sutra 302

Vikarin 5121

Simha Rasi: 12.59 Tithi 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 6:33AM

Then Creative Work - Siddha Yoga

Gulika 1:29PM – 2:48PM

Yama 10:52AM – 12:11PM

Rahu 8:15AM – 9:34AM

Magha\* Until 6:33AM

Athiganda\* Until 8:56PM

Taitila Until 9:31AM

Dvitiya Until 7:47PM

Ganesha: Red Sunrise: 6:57AM

Muruqa: Clear Sunset: 5:25PM

Nataraja: Clear

Moon – Red

Magha\*Thai

Devaloka Day

Moon 2 - Phase 42

1st Phase

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Sun 1

Nutley, NJ

Sutra 303

Vikarin 5121

Simha Rasi: 27.59 Tithi 18 – 19

Creative Work Amrita Yoga

Until 1:08AM Wed

Then Routine Work - Marana Yoga

Gulika 12:11PM – 1:30PM

Yama 9:33AM – 10:52AM

Rahu 2:49PM – 4:07PM

Uttaraphalguni Until 1:08AM Wed

Sukarma Until 4:57PM

Vanija Until 6:06AM

Tritiya Until 4:24PM

Ganesha: Red Sunrise: 6:56AM

Muruqa: Clear Sunset: 5:26PM

Nataraja: Clear

Moon – Red

Magha\*Thai

Devaloka Day

Moon 2 - Phase 42

1st Phase

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 2

Nutley, NJ

Sutra 304

Vikarin 5121

Kanya Rasi: 12.55 Tithi 19 – 20

Routine Work Marana Yoga

Until 10:56PM

Then Creative Work - Siddha Yoga

Gulika 10:52AM – 12:11PM

Yama 8:14AM – 9:33AM

Rahu 12:11PM – 1:30PM

Hasta Until 10:56PM

Dhriti Until 1:07PM

Kaulava Until 11:43PM

Chaturthi\* Until 1:11PM

Ganesha: Green Sunrise: 6:54AM

Muruqa: Clear Sunset: 5:27PM

Nataraja: Clear

Moon – Green

Magha\*Thai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 2 - Phase 42

1st Phase

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Dhula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 3

Nutley, NJ

Sutra 305

Vikarin 5121

Kanya Rasi: 27.38 Tithi 20 – 21

Creative Work Siddha Yoga

Until 8:58PM

Then Creative Work - Amrita Yoga

Gulika 9:32AM – 10:52AM

Yama 6:53AM – 8:13AM

Rahu 1:30PM – 2:50PM

Chitra Until 8:58PM

Shula\* Until 9:32AM

Gara Until 9:03PM

Panchami Until 10:19AM

Ganesha: White Sunrise: 6:53AM

Muruqa: Clear Sunset: 5:29PM

Nataraja: Clear

Moon – Green

Magha\*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 2 - Phase 42

1st Phase

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 4

Nutley, NJ

Sutra 306

Vikarin 5121

Tula Rasi: 12.02 Tithi 21 – 22

Creative Work Siddha Yoga

Gulika 8:12AM – 9:31AM

Yama 2:50PM – 4:10PM

Rahu 10:51AM – 12:11PM

Svati Until 7:23PM

Ganda\* Until 6:20AM

Visti Until 6:54PM

Shashthi\* Until 7:53AM

Ganesha: White Sunrise: 6:52AM

Muruqa: Clear Sunset: 5:30PM

Nataraja: Clear

Moon – Green

Magha\*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 2 - Phase 42

1st Phase

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Sun 5

Nutley, NJ

Sutra 307

Vikarin 5121

Tula Rasi: 26.04 Tithi 22 – 23

Creative Work Siddha Yoga

Gulika 6:51AM – 8:11AM

Yama 1:31PM – 2:51PM

Rahu 9:31AM – 10:51AM

Vishakha Until 6:39PM

Dhruva Until 1:17AM Sun

Kaulava Until 4:44AM Sun

Saptami Until 6:01AM

Ganesha: Clear Sunrise: 6:51AM

Muruqa: Clear Sunset: 5:31PM

Nataraja: Clear

Moon – Orange

Magha\*Masi

Devaloka Day

Moon 2 - Phase 42

Ashtami

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Sun 6

Nutley, NJ

Sutra 308

Vikarin 5121

Vrischika Rasi: 9.44 Tithi 24

Routine Work Marana Yoga

Gulika 2:52PM – 4:12PM

Yama 12:11PM – 1:31PM

Rahu 4:12PM – 5:32PM

Anuradha Until 6:23PM

Vyaghata\* Until 11:30PM

Taitila Until 4:22PM

Navami\* Until 4:06AM Mon

Ganesha: Clear Sunrise: 6:49AM

Muruqa: Clear Sunset: 5:32PM

Nataraja: Clear

Moon – Orange

Magha\*Masi

Devaloka Day

Moon 2 - Phase 42

Navami

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 7		Nutley, NJ Sutra 309 Vikarin 5121
Vrischika Rasi: 23.04	Tithi 25	<b>Gulika</b>	1:31PM – 2:52PM	<b>Jyeshtha* Until 6:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM		
<b>Family Home Evening</b>	978723467	<b>Yama</b>	10:50AM – 12:11PM	Harshana Until 10:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 43	2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b>	8:09AM – 9:29AM	Vanija Until 4:01PM	<b>Nataraja:</b> Clear			
				<b>Dashami Until 4:03AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>	
					<b>Magha-Masi</b>			

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 8		Nutley, NJ Sutra 310 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 26	<b>Gulika</b>	12:11PM – 1:32PM	<b>Mula* Until 7:36PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:47AM		
	988723467	<b>Yama</b>	9:29AM – 10:50AM	Vajra* Until 9:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 43	2nd Phase
Creative Work	Amrita Yoga	<b>Rahu</b>	2:53PM – 4:14PM	Bava Until 4:16PM	<b>Nataraja:</b> Clear			
Until 7:36PM				<b>Ekadashi* Until 4:34AM Wed</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9		Nutley, NJ Sutra 311 Vikarin 5121
Dhanus Rasi: 18.49	Tithi 27	<b>Gulika</b>	10:49AM – 12:11PM	<b>Purvashadha* Until 8:58PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM		
	988723467	<b>Yama</b>	8:07AM – 9:28AM	Siddhi Until 8:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 43	2nd Phase
Creative Work	Amrita Yoga	<b>Rahu</b>	12:11PM – 1:32PM	Kaulava Until 5:01PM	<b>Nataraja:</b> Clear			
				<b>Dvadashi* Until 5:32AM Thu</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
					<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau		Sun 10		Nutley, NJ Sutra 312 Vikarin 5121
Makara Rasi: 1.2	Tithi 28	<b>Gulika</b>	9:27AM – 10:49AM	<b>Uttarashadha Until 10:35PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM		
	989823467	<b>Yama</b>	6:44AM – 8:06AM	Vyatipata* Until 8:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43	2nd Phase
Routine Work	Marana Yoga	<b>Rahu</b>	1:32PM – 2:54PM	Gara Until 6:12PM	<b>Nataraja:</b> Clear			
Until 10:35PM				<b>Trayodashi* Until 6:55AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Nutley, NJ Sutra 313 Vikarin 5121
Makara Rasi: 13.42	Tithi 28 – 29	<b>Gulika</b>	8:05AM – 9:27AM	<b>Shravana Until 12:52AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:43AM		
	999823467	<b>Yama</b>	2:54PM – 4:16PM	Variyan Until 8:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 43	2nd Phase
Routine Work	Marana Yoga	<b>Rahu</b>	10:48AM – 12:10PM	Visti Until 7:45PM	<b>Nataraja:</b> Clear			
Until 12:52AM Sat				<b>Trayodashi* Until 6:55AM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>			<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
		<b>Mahasivaratri (Solar)</b>						

<b>Retreat Star</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Sun 12		Nutley, NJ Sutra 314 Vikarin 5121
Makara Rasi: 25.55	Tithi 29 – 30	<b>Gulika</b>	6:41AM – 8:04AM	<b>Dhanishtha Until 3:16AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:41AM		
	999823467	<b>Yama</b>	1:33PM – 2:55PM	Parigha* Until 9:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43	Amavasya
Creative Work	Siddha Yoga	<b>Rahu</b>	9:26AM – 10:48AM	Catuspada Until 9:36PM	<b>Nataraja:</b> Clear			
				<b>Chaturdashy* Until 8:37AM</b>	Moon – Purple		<b>Bhuloka Day</b>	
					<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Nutley, NJ Sutra 315 Vikarin 5121
Kumbha Rasi: 8.02	Tithi 30 – 1	<b>Gulika</b>	2:55PM – 4:18PM	<b>Shatabhishak Until 5:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:40AM		
	999823467	<b>Yama</b>	12:10PM – 1:33PM	Shiva Until 9:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 43	Prathama
Creative Work	Siddha Yoga	<b>Rahu</b>	4:18PM – 5:40PM	Kintughna Until 11:42PM	<b>Nataraja:</b> Clear			
Until 5:43AM Mon				<b>Amavasya* Until 10:36AM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Phalgun-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nutley, NJ Sutra 316
<b>1</b>	Kumbha Rasi: 20.03 Family Home Evening Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	Tithi 1 - 2 919823467	<b>Gulika</b> 1:33PM - 2:56PM Yama 10:47AM - 12:10PM <b>Rahu</b> 8:01AM - 9:24AM	<b>Purvaproshtapada* Until 8:41AM Tue</b> Siddha Until 10:15PM Balava Until 2:00AM Tue <b>Prathama* Until 12:48PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Phalguna-Masi</b>	Sun 14 Vikarin 5121 Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nutley, NJ Sutra 317
<b>2</b>	Meena Rasi: 1.59 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	Tithi 2 - 3 919823467	<b>Gulika</b> 12:10PM - 1:33PM Yama 9:23AM - 10:47AM <b>Rahu</b> 2:56PM - 4:20PM	<b>Purvaproshtapada* Until 8:41AM</b> Sadhya Until 11:02PM Taitila Until 4:27AM Wed <b>Dvitiya Until 3:11PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Phalguna-Masi</b>	Sun 15 Vikarin 5121 Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nutley, NJ Sutra 318
<b>3</b>	Meena Rasi: 13.53 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	Tithi 3 - 4 919823467	<b>Gulika</b> 10:46AM - 12:10PM Yama 7:59AM - 9:23AM <b>Rahu</b> 12:10PM - 1:33PM	<b>Uttaraproshtapada Until 11:36AM</b> Subha Until 11:55PM Vanija Until 6:58AM Thu <b>Tritiya Until 5:41PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Phalguna-Masi</b>	Sun 16 Vikarin 5121 Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Nutley, NJ Sutra 319
<b>4</b>	Meena Rasi: 25.45 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	<b>Gulika</b> 9:22AM - 10:46AM Yama 6:34AM - 7:58AM <b>Rahu</b> 1:33PM - 2:57PM	<b>Revati Until 2:25PM</b> Sukla Until 12:45AM Fri Vanija Until 6:58AM <b>Chaturthi* Until 8:12PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Phalguna-Masi</b>	Sun 17 Vikarin 5121 Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Nutley, NJ Sutra 320
<b>5</b>	Mesha Rasi: 7.37 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 7:57AM - 9:21AM Yama 2:58PM - 4:22PM <b>Rahu</b> 10:45AM - 12:09PM	<b>Ashvini Until 5:29PM</b> Brahma Until 1:31AM Sat Bava Until 9:27AM <b>Panchami Until 10:37PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - White <b>Phalguna-Masi</b>	Sun 18 Vikarin 5121 Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Nutley, NJ Sutra 321
<b>6</b>	Mesha Rasi: 19.33 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	Tithi 6 921823467	<b>Gulika</b> 6:31AM - 7:56AM Yama 1:34PM - 2:58PM <b>Rahu</b> 9:20AM - 10:45AM	<b>Bharani Until 8:10PM</b> Indra Until 2:05AM Sun Kaulava Until 11:45AM <b>Shashthi* Until 12:45AM Sun</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - White <b>Phalguna-Masi</b>	Sun 19 Vikarin 5121 Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Nutley, NJ Sutra 322
<b>Retreat Star</b>	Vrishabha Rasi: 1.37 Creative Work Siddha Yoga	Tithi 7 921833467	<b>Gulika</b> 2:59PM - 4:24PM Yama 12:09PM - 1:34PM <b>Rahu</b> 4:24PM - 5:50PM	<b>Krittika Until 10:16PM</b> Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM <b>Saptami Until 2:25AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon - White <b>Phalguna-Masi</b>	Sun 20 Vikarin 5121 Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Nutley, NJ Sutra 323
<b>Retreat Star</b>	Vrishabha Rasi: 13.53 Family Home Evening Creative Work Amrita Yoga Until 12:04AM Tue Then Creative Work - Siddha Yoga	Tithi 8 931833467	<b>Gulika</b> 1:34PM - 3:00PM Yama 10:43AM - 12:09PM <b>Rahu</b> 7:52AM - 9:17AM	<b>Rohini Until 12:04AM Tue</b> Vishkambha* Until 1:54AM Tue Visti Until 3:01PM <b>Ashtami* Until 3:23AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon - Yellow <b>Phalguna-Masi</b>	Sun 21 Vikarin 5121 Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>
<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Nutley, NJ Sutra 324
<b>Retreat Star</b>	Vrishabha Rasi: 26.28 Creative Work Siddha Yoga	Tithi 9 931833467	<b>Gulika</b> 12:08PM - 1:34PM Yama 9:17AM - 10:42AM <b>Rahu</b> 3:00PM - 4:26PM	<b>Mrigashira Until 12:55AM Wed</b> Priti Until 12:57AM Wed Balava Until 3:36PM <b>Navami* Until 3:33AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon - Yellow <b>Phalguna-Masi</b>	Sun 22 Vikarin 5121 Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Nutley, NJ Sutra 325 Vikarin 5121	
Mithuna Rasi: 9.26	Tithi 10	<b>Gulika</b> 10:42AM – 12:08PM	<b>Ardra Until 12:47AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:23AM	Sun 23	
		Yama 7:49AM – 9:16AM	Ayushman Until 11:18PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:53PM		Moon 2 - Phase 45
		131833467 <b>Rahu</b> 12:08PM – 1:34PM	Taitila Until 3:19PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:49AM Thu</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 12:47AM Thu				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau		Nutley, NJ Sutra 326 Vikarin 5121	
Mithuna Rasi: 22.52	Tithi 11	<b>Gulika</b> 9:15AM – 10:41AM	<b>Punarvasu Until 12:05AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	Sun 24	
		Yama 6:22AM – 7:48AM	Saubhagya Until 8:58PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:54PM		Moon 2 - Phase 45
		141833467 <b>Rahu</b> 1:34PM – 3:01PM	Vanija Until 2:09PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 1:14AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 12:05AM Fri				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Nutley, NJ Sutra 327 Vikarin 5121	
Kataka Rasi: 6.48	Tithi 12	<b>Gulika</b> 7:47AM – 9:14AM	<b>Pushya Until 10:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:20AM	Sun 25	
		Yama 3:01PM – 4:28PM	Sobhana Until 6:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:55PM		Moon 2 - Phase 45
		141833467 <b>Rahu</b> 10:41AM – 12:08PM	Bava Until 12:10PM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 10:53PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Nutley, NJ Sutra 328 Vikarin 5121	
Kataka Rasi: 21.13	Tithi 13	<b>Gulika</b> 6:19AM – 7:46AM	<b>Ashlesha* Until 8:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM	Sun 26	
		Yama 1:35PM – 3:02PM	Athiganda* Until 2:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:56PM		Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:13AM – 10:40AM	Kaulava Until 9:29AM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 7:54PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:07PM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga							

*Pradosha Vrata*

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau		Nutley, NJ Sutra 329 Vikarin 5121	
Simha Rasi: 6.04	Tithi 14 – 15	<b>Gulika</b> 3:02PM – 4:30PM	<b>Magha* Until 5:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM	Sun 27	
		Yama 12:07PM – 1:35PM	Sukarma Until 10:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:57PM		Moon 2 - Phase 45
		151833467 <b>Rahu</b> 4:30PM – 5:57PM	Gara Until 6:15AM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 4:27PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 5:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Nutley, NJ Sutra 330 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:35PM – 3:03PM	<b>Purvaphalguni Until 2:34PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	Sun 28	
Simha Rasi: 21.12	Tithi 15 – 16	Yama 10:39AM – 12:07PM	Dhriti Until 6:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:58PM		Moon 2 - Phase 45
<b>Family Home Evening</b>		152833467 <b>Rahu</b> 7:43AM – 9:11AM	Balava Until 10:49PM	<b>Nataraja:</b> Clear			Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 12:43PM</b>	Moon – Red		<b>Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Masi</b>			

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Nutley, NJ Sutra 331 Vikarin 5121	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:07PM – 1:35PM	<b>Uttaraphalguni Until 11:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:14AM	Sun 29	
Kanya Rasi: 6.29	Tithi 16 – 17	Yama 9:10AM – 10:38AM	Ganda* Until 9:41PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM		Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:03PM – 4:31PM	Taitila Until 6:59PM	<b>Nataraja:</b> Clear			Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 8:53AM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 11:22AM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Nutley, NJ  
Sutra 332  
Vikarin 5121  
Sun 1  
Moon 3 - Phase 46  
1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

**Gulika** 10:38AM – 12:06PM  
Yama 7:41AM – 9:09AM  
**Rahu** 12:06PM – 1:35PM

**Hasta** Until 8:31AM  
Vriddhi Until 5:31PM  
Vanija Until 3:18PM  
Tritiya Until 1:33AM Thu

**Ganesha:** Clear *Sunrise: 6:12AM*  
**Muruqa:** Orange *Sunset: 6:01PM*

**Nataraja:** Clear  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Nutley, NJ  
Sutra 333  
Vikarin 5121  
Sun 2  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

**Gulika** 9:08AM – 10:37AM  
Yama 6:10AM – 7:39AM  
**Rahu** 1:35PM – 3:04PM

**Svati** Until 3:24AM Fri  
Dhruva Until 1:36PM  
Bava Until 11:57AM  
Chaturthi\* Until 10:25PM

**Ganesha:** Clear *Sunrise: 6:10AM*  
**Muruqa:** Orange *Sunset: 6:02PM*

**Nataraja:** Clear  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Nutley, NJ  
Sutra 334  
Vikarin 5121  
Sun 3  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

**Gulika** 7:38AM – 9:07AM  
Yama 3:04PM – 4:33PM  
**Rahu** 10:37AM – 12:06PM

**Vishakha** Until 1:51AM Sat  
Vyaghata\* Until 10:06AM  
Kaulava Until 9:04AM  
Panchami Until 7:50PM

**Ganesha:** Purple *Sunrise: 6:09AM*  
**Muruqa:** Orange *Sunset: 6:03PM*

**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Masi**

**Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Nutley, NJ  
Sutra 335  
Vikarin 5121  
Sun 4  
Moon 3 - Phase 46  
1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

**Gulika** 6:07AM – 7:37AM  
Yama 1:35PM – 3:05PM  
**Rahu** 9:06AM – 10:36AM

**Anuradha** Until 12:52AM Sun  
Harshana Until 7:08AM  
Gara Until 6:49AM  
Shashthi\* Until 5:56PM

**Ganesha:** Purple *Sunrise: 6:07AM*  
**Muruqa:** Orange *Sunset: 6:04PM*

**Nataraja:** Purple  
Moon – Orange  
**Phalguna-Panguni**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nutley, NJ  
Sutra 336  
Vikarin 5121  
Sun 5  
Moon 3 - Phase 46  
1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

**Gulika** 3:05PM – 4:35PM  
Yama 12:05PM – 1:35PM  
**Rahu** 4:35PM – 6:05PM

**Jyeshtha\*** Until 12:31AM Mon  
Siddhi Until 2:58AM Mon  
Balava Until 4:33AM Mon  
Saptami Until 4:48PM

**Ganesha:** Clear *Sunrise: 6:06AM*  
**Muruqa:** Orange *Sunset: 6:05PM*

**Nataraja:** Purple  
Moon – Orange  
**Phalguna-Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nutley, NJ  
Sutra 337  
Vikarin 5121  
Sun 6  
Moon 3 - Phase 46  
Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

**Gulika** 1:35PM – 3:05PM  
Yama 10:35AM – 12:05PM  
**Rahu** 7:34AM – 9:04AM

**Mula\*** Until 1:13AM Tue  
Vyatipata\* Until 1:50AM Tue  
Taitila Until 4:36AM Tue  
Ashtami\* Until 4:28PM

**Ganesha:** Purple *Sunrise: 6:04AM*  
**Muruqa:** Orange *Sunset: 6:06PM*

**Nataraja:** Purple  
Moon – Light Blue  
**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nutley, NJ  
Sutra 338  
Vikarin 5121  
Sun 7  
Moon 3 - Phase 46  
Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

**Gulika** 12:05PM – 1:35PM  
Yama 9:03AM – 10:34AM  
**Rahu** 3:06PM – 4:36PM

**Purvashadha\*** Until 2:29AM Wed  
Variyan Until 1:14AM Wed  
Vanija Until 5:21AM Wed  
Navami\* Until 4:52PM

**Ganesha:** Purple *Sunrise: 6:02AM*  
**Muruqa:** Orange *Sunset: 6:07PM*

**Nataraja:** Purple  
Moon – Light Blue  
**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Nutley, NJ Sutra 339
Dhanus Rasi: 28.29	Tithi 25 – 26	<b>Gulika</b>	10:33AM – 12:04PM	<b>Uttarashadha</b> Until 4:10AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:01AM		Vikarin 5121
		Yama	7:32AM – 9:02AM	Parigha* Until 1:07AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47	2nd Phase
		182933468 <b>Rahu</b>	12:04PM – 1:35PM	Bava Until 6:42AM Thu	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga			Dashami Until 5:57PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:10AM Thu					<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Nutley, NJ Sutra 340
Makara Rasi: 10.5	Tithi 26	<b>Gulika</b>	9:02AM – 10:33AM	<b>Shravana</b> Until 6:37AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM		Vikarin 5121
		Yama	5:59AM – 7:30AM	Shiva Until 1:23AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47	2nd Phase
		192933468 <b>Rahu</b>	1:35PM – 3:07PM	Bava Until 6:42AM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			Ekadashi* Until 7:32PM	Moon – Purple		<b>Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>			

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Nutley, NJ Sutra 341
Makara Rasi: 23.01	Tithi 27	<b>Gulika</b>	7:29AM – 9:01AM	<b>Shravana</b> Until 6:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM		Vikarin 5121
		Yama	3:07PM – 4:38PM	Siddha Until 1:53AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47	2nd Phase
		192933468 <b>Rahu</b>	10:32AM – 12:04PM	Kaulava Until 8:30AM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga			Dvadashi* Until 9:29PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 6:37AM					<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Nutley, NJ Sutra 342
Kumbha Rasi: 5.04	Tithi 28	<b>Gulika</b>	5:56AM – 7:28AM	<b>Dhanishtha</b> Until 9:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM		Vikarin 5121
		Yama	1:35PM – 3:07PM	Sadhya Until 2:34AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47	2nd Phase
		192933468 <b>Rahu</b>	9:00AM – 10:31AM	Gara Until 10:36AM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			Trayodashi* Until 11:42PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:12AM					<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Nutley, NJ Sutra 343
Kumbha Rasi: 17.01	Tithi 29	<b>Gulika</b>	3:08PM – 4:40PM	<b>Shatabhishak</b> Until 11:48AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama	12:03PM – 1:35PM	Subha Until 3:22AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47	2nd Phase
		193933468 <b>Rahu</b>	4:40PM – 6:12PM	Visti Until 12:53PM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			Chaturdashi* Until 2:03AM Mon	Moon – Purple		<b>Subha Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>			

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Nutley, NJ Sutra 344
Kumbha Rasi: 28.56	Tithi 30	<b>Gulika</b>	1:35PM – 3:08PM	<b>Purvaproshtapada*</b> Until 2:51PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:52AM		Vikarin 5121
<b>Family Home Evening</b>		Yama	10:30AM – 12:03PM	Sukla Until 4:12AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 47	Amavasya
Routine Work	Marana Yoga	113933468 <b>Rahu</b>	7:25AM – 8:58AM	Catuspada Until 3:17PM	<b>Nataraja:</b> Purple			
Until 2:51PM				Amavasya* Until 4:28AM Tue	Moon – Clear		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Phalguna-Panguni</b>			

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Nutley, NJ Sutra 345
Meena Rasi: 10.49	Tithi 1	<b>Gulika</b>	12:03PM – 1:35PM	<b>Uttaraproshtapada</b> Until 5:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM		Vikarin 5121
		Yama	8:57AM – 10:30AM	Brahma Until 5:04AM Wed	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 47	Prathama
		113933468 <b>Rahu</b>	3:08PM – 4:41PM	Kintughna Until 5:43PM	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga			Prathama* Until 6:55AM Wed	Moon – Clear		<b>Sivaloka Day</b>	
Until 5:47PM		<b>Yugadhi</b>			<b>Chaitra-Panguni</b>			
Then Creative Work - Siddha Yoga								

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Nutley, NJ Sutra 346
Meena Rasi: 22.42	Tithi 1 – 2	<b>Gulika</b> 10:29AM – 12:02PM	<b>Revati Until 8:33PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:49AM			Vikarin 5121
		Yama 7:22AM – 8:56AM	Indra Until 5:55AM Thu	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:15PM		Moon 3 - Phase 48	
		113933468 <b>Rahu</b> 12:02PM – 1:35PM	Balava Until 8:10PM	<b>Nataraja:</b> Purple			3rd Phase	
Routine Work	Marana Yoga		<b>Prathama* Until 6:55AM</b>	Moon – Clear			<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>				

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Nutley, NJ Sutra 347
Mesha Rasi: 4.35	Tithi 2 – 3	<b>Gulika</b> 8:55AM – 10:28AM	<b>Ashvini Until 11:36PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:47AM			Vikarin 5121
		Yama 5:47AM – 7:21AM	Vaidhriti* Until 6:41AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:16PM		Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 1:36PM – 3:09PM	Taitila Until 10:33PM	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya Until 9:21AM</b>	Moon – White			<b>Sivaloka Day</b>	
Until 11:36PM		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17		Nutley, NJ Sutra 348
Mesha Rasi: 16.31	Tithi 3 – 4	<b>Gulika</b> 7:20AM – 8:54AM	<b>Bharani Until 2:19AM Sat</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:46AM			Vikarin 5121
		Yama 3:09PM – 4:43PM	Vaidhriti* Until 6:41AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:17PM		Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 10:28AM – 12:02PM	Vanija Until 12:47AM Sat	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 11:40AM</b>	Moon – White			<b>Sivaloka Day</b>	
Until 2:19AM Sat				<b>Chaitra•Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Nutley, NJ Sutra 349
Mesha Rasi: 28.3	Tithi 4 – 5	<b>Gulika</b> 5:44AM – 7:18AM	<b>Krittika Until 4:37AM Sun</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:44AM			Vikarin 5121
		Yama 1:36PM – 3:10PM	Vishkambha* Until 7:20AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:18PM		Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 8:53AM – 10:27AM	Bava Until 2:44AM Sun	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 1:47PM</b>	Moon – White			<b>Sivaloka Day</b>	
Until 4:37AM Sun				<b>Chaitra•Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19		Nutley, NJ Sutra 350
Virshabha Rasi: 10.37	Tithi 5 – 6	<b>Gulika</b> 3:10PM – 4:45PM	<b>Rohini Until 6:50AM Mon</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:43AM			Vikarin 5121
		Yama 12:01PM – 1:36PM	Priti Until 7:46AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:19PM		Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 4:45PM – 6:19PM	Kaulava Until 4:16AM Mon	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 3:33PM</b>	Moon – Yellow			<b>Subha Sivaloka Day</b>	
Until 6:50AM Mon				<b>Chaitra•Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Nutley, NJ Sutra 351
Virshabha Rasi: 22.53	Tithi 6 – 7	<b>Gulika</b> 1:36PM – 3:11PM	<b>Rohini Until 6:50AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:41AM			Vikarin 5121
<b>Family Home Evening</b>		Yama 10:26AM – 12:01PM	Ayushman Until 7:50AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:20PM		Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 7:16AM – 8:51AM	Gara Until 5:13AM Tue	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:49PM</b>	Moon – Yellow			<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>				

<b>Tuesday, March 31, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Nutley, NJ Sutra 352
Mithuna Rasi: 5.26	Tithi 7 – 8	<b>Gulika</b> 12:00PM – 1:36PM	<b>Mrigashira Until 8:17AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:39AM			Vikarin 5121
		Yama 8:50AM – 10:25AM	Saubhagya Until 7:26AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:21PM		Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 3:11PM – 4:46PM	Visti Until 5:26AM Wed	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 5:25PM</b>	Moon – Yellow			<b>Subha Sivaloka Day</b>	
Until 8:17AM				<b>Chaitra•Panguni</b>				
Then Routine Work - Marana Yoga								

<b>Wednesday, April 1, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Nutley, NJ Sutra 353
Mithuna Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 10:25AM – 12:00PM	<b>Ardra Until 8:53AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:39AM			Vikarin 5121
		Yama 7:15AM – 8:50AM	Sobhana Until 6:29AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:21PM		Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 12:00PM – 1:36PM	Balava Until 4:51AM Thu	<b>Nataraja:</b> Purple			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:14PM</b>	Moon – Yellow			<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>				

<b>Thursday, April 2, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Nutley, NJ Sutra 354
Kataka Rasi: 1.38	Tithi 9 – 10	<b>Gulika</b> 8:49AM – 10:24AM	<b>Punarvasu Until 8:59AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:38AM			Vikarin 5121
		Yama 5:38AM – 7:13AM	Sukarma Until 2:37AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:23PM		Moon 3 - Phase 48	
		143933468 <b>Rahu</b> 1:36PM – 3:11PM	Taitila Until 3:26AM Fri	<b>Nataraja:</b> Purple			Navami	
Creative Work	Amrita Yoga		<b>Navami* Until 4:13PM</b>	Moon – Blue			<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>				

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1 Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Nutley, NJ Sutra 355 Vikarin 5121
Kataka Rasi: 15.25	Tithi 10 – 11	<b>Gulika</b> 7:12AM – 8:48AM	<b>Pushya Until 8:08AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:36AM	Sun 24
		Yama 3:12PM – 4:48PM	Dhriti Until 11:46PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:24PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:24AM – 12:00PM	Vanija Until 1:15AM Sat	<b>Nataraja:</b> Purple	4th Phase
			<b>Yogaswami Mahasamadhi</b>	Moon – Blue	<b>Sivaloka Day</b>
			<b>Dashami Until 2:25PM</b>	<b>Chaitra•Panguni</b>	

<b>2 Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Nutley, NJ Sutra 356 Vikarin 5121
Kataka Rasi: 29.4	Tithi 11 – 12	<b>Gulika</b> 5:34AM – 7:11AM	<b>Ashlesha* Until 6:24AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:34AM	Sun 25
		Yama 1:36PM – 3:12PM	Shula* Until 8:20PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:25PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:47AM – 10:23AM	Bava Until 10:25PM	<b>Nataraja:</b> Purple	4th Phase
Until 6:24AM			<b>Ekadashi Until 11:54AM</b>	Moon – Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Chaitra•Panguni</b>	

<b>3 Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Nutley, NJ Sutra 357 Vikarin 5121
Simha Rasi: 14.22	Tithi 12 – 13	<b>Gulika</b> 3:12PM – 4:49PM	<b>Purvaphalguni Until 1:38AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:33AM	Sun 26
		Yama 11:59AM – 1:36PM	Ganda* Until 4:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:26PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 <b>Rahu</b> 4:49PM – 6:26PM	Kaulava Until 7:05PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Dvadashi Until 8:47AM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	
				<i>Pradosha Vrata</i>	

<b>4 Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Nutley, NJ Sutra 358 Vikarin 5121
Simha Rasi: 29.25	Tithi 14	<b>Gulika</b> 1:36PM – 3:13PM	<b>Uttaraphalguni Until 10:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM	Sun 27
Family Home Evening		Yama 10:22AM – 11:59AM	Vridhhi Until 12:21PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:08AM – 8:45AM	Gara Until 3:23PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Chaturdashi* Until 1:27AM Tue</b>	Moon – Red	<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>○ Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Nutley, NJ Sutra 359 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:59AM – 1:36PM	<b>Hasta Until 7:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:30AM	Sun 28
Kanya Rasi: 14.4	Tithi 15	Yama 8:44AM – 10:21AM	Dhruva Until 8:01AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:28PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:13PM – 4:50PM	Visti Until 11:31AM	<b>Nataraja:</b> Purple	Purnima
			<b>Purnima* Until 9:33PM</b>	Moon – Green	<b>Devaloka Day</b>
		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>	
		<b>Hanuman Jayanti</b>			

<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau			Nutley, NJ Sutra 360 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:21AM – 11:58AM	<b>Chitra Until 4:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM	Sun 29
Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:06AM – 8:43AM	Harshana Until 11:27PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:29PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 11:58AM – 1:36PM	Balava Until 7:39AM	<b>Nataraja:</b> Purple	Prathama
			<b>Prathama* Until 5:45PM</b>	Moon – Green	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nutley, NJ  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 15.07 Tithi 17 - 18

**Gulika** 8:42AM - 10:20AM  
Yama 5:26AM - 7:04AM  
164134468 **Rahu** 1:36PM - 3:14PM

**Svati** Until 1:39PM  
Vajra\* Until 7:28PM  
Vanija Until 12:36AM Fri  
Dvitiya Until 2:12PM

**Ganesha:** White *Sunrise:* 5:26AM  
**Muruqa:** Clear *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon - Green  
**Chaitra•Panguni**

**Devaloka Day**

Creative Work Amrita Yoga

Until 1:39PM

Then Creative Work - Siddha Yoga

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Nutley, NJ  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 30 Tithi 18 - 19

**Gulika** 7:03AM - 8:41AM  
Yama 3:14PM - 4:53PM  
174134468 **Rahu** 10:20AM - 11:58AM

**Vishakha** Until 11:27AM  
Siddhi Until 3:54PM  
Bava Until 9:46PM  
Tritiya Until 11:06AM

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruqa:** Clear *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Vyatipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nutley, NJ  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 14.28 Tithi 19 - 20

**Gulika** 5:23AM - 7:02AM  
Yama 1:36PM - 3:15PM  
174134468 **Rahu** 8:40AM - 10:19AM

**Anuradha** Until 9:43AM  
Vyatipala\* Until 12:51PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:34AM

**Ganesha:** Yellow *Sunrise:* 5:23AM  
**Muruqa:** Clear *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha/Mula\* Nakshatra Varyian/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nutley, NJ  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 28.26 Tithi 20 - 21

**Gulika** 3:15PM - 4:54PM  
Yama 11:57AM - 1:36PM  
174134468 **Rahu** 4:54PM - 6:33PM

**Jyeshtha\*** Until 8:33AM  
Varyian Until 10:23AM  
Gara Until 6:12PM  
Panchami Until 6:47AM

**Ganesha:** Yellow *Sunrise:* 5:22AM  
**Muruqa:** Clear *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 8:33AM

Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Nutley, NJ  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 11.56 Tithi 22

**Family Home Evening**

**Gulika** 1:36PM - 3:15PM  
Yama 10:18AM - 11:57AM  
184134468 **Rahu** 6:59AM - 8:39AM

**Mula\*** Until 8:31AM  
Parigha\* Until 8:36AM  
Visti Until 5:39PM  
Saptami Until 5:41AM Tue

**Ganesha:** Blue *Sunrise:* 5:20AM  
**Muruqa:** Clear *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

Creative Work Siddha Yoga

Until 8:31AM

Then Routine Work - Marana Yoga

Tamil New Year

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Nutley, NJ  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 24.59 Tithi 23

**Gulika** 11:57AM - 1:36PM  
Yama 8:38AM - 10:17AM  
284134468 **Rahu** 3:16PM - 4:55PM

**Purvashadha\*** Until 9:09AM  
Shiva Until 7:30AM  
Balava Until 5:57PM  
Ashtami\* Until 6:22AM Wed

**Ganesha:** Yellow *Sunrise:* 5:19AM  
**Muruqa:** Clear *Sunset:* 6:35PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:09AM

Then Routine Work - Prabalarishta Yoga

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nutley, NJ  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 7.37 Tithi 23 - 24

**Gulika** 10:17AM - 11:57AM  
Yama 6:57AM - 8:37AM  
284134468 **Rahu** 11:57AM - 1:36PM

**Uttarashadha** Until 10:24AM  
Siddha Until 7:00AM  
Taitila Until 6:59PM  
Ashtami\* Until 6:22AM

**Ganesha:** Yellow *Sunrise:* 5:17AM  
**Muruqa:** Clear *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 10:24AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nutley, NJ Sutra 4
	Makara Rasi: 19.58	Tithi 24 – 25	<b>Gulika</b> 8:36AM – 10:16AM	<b>Shravana Until 12:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM	Sun 8 Sarvari 5122
			Yama 5:16AM – 6:56AM	Sadhya Until 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 1
	294134468		<b>Rahu</b> 1:36PM – 3:17PM	Vanija Until 8:38PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 7:44AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Nutley, NJ Sutra 5
	Kumbha Rasi: 2.05	Tithi 25 – 26	<b>Gulika</b> 6:55AM – 8:35AM	<b>Dhanishtha Until 3:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM	Sun 9 Sarvari 5122
			Yama 3:17PM – 4:58PM	Subha Until 7:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 1
	294134468		<b>Rahu</b> 10:16AM – 11:56AM	Bava Until 10:43PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:37AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nutley, NJ Sutra 6
	Kumbha Rasi: 14.04	Tithi 26 – 27	<b>Gulika</b> 5:13AM – 6:53AM	<b>Shatabhishak Until 5:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM	Sun 10 Sarvari 5122
			Yama 1:37PM – 3:17PM	Sukla Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 1
	295134468		<b>Rahu</b> 8:34AM – 10:15AM	Kaulava Until 1:03AM Sun	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:51AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 5:46PM				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Nutley, NJ Sutra 7
	Kumbha Rasi: 25.58	Tithi 27 – 28	<b>Gulika</b> 3:18PM – 4:59PM	<b>Purvaproshtapada* Until 8:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM	Sun 11 Sarvari 5122
			Yama 11:56AM – 1:37PM	Brahma Until 9:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 4:59PM – 6:40PM	Gara Until 3:30AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 8:53PM				<b>Chaitra*Chaitra</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nutley, NJ Sutra 8
	Meena Rasi: 7.5	Tithi 28 – 29	<b>Gulika</b> 1:37PM – 3:18PM	<b>Uttaraproshtapada Until 11:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM	Sun 12 Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:14AM – 11:55AM	Indra Until 10:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 6:51AM – 8:33AM	Visti Until 5:56AM Tue	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:42PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Nutley, NJ Sutra 9
	Meena Rasi: 19.42	Tithi 29	<b>Gulika</b> 11:55AM – 1:37PM	<b>Revati Until 2:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM	Sun 13 Sarvari 5122
			Yama 8:32AM – 10:14AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 1
	215134468		<b>Rahu</b> 3:19PM – 5:00PM	Sakuni Until 7:06PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:06PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:35AM Wed				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nutley, NJ Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 10:13AM – 11:55AM	<b>Ashvini Until 5:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:07AM	Sun 14 Sarvari 5122
	Mesha Rasi: 2	Tithi 30	Yama 6:49AM – 8:31AM	Vishkambha* Until 11:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 1
	225134468		<b>Rahu</b> 11:55AM – 1:37PM	Catuspada Until 8:17AM	<b>Nataraja:</b> Purple		Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 9:23PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 5:31AM Thu				<b>Chaitra*Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Nutley, NJ Sutra 11
	Mesha Rasi: 13.34	Tithi 1	<b>Gulika</b> 8:30AM – 10:13AM	<b>Bharani Until 8:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:05AM	Sun 15 Sarvari 5122
			Yama 5:05AM – 6:48AM	Priti Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 1
	225134468		<b>Rahu</b> 1:37PM – 3:20PM	Kintughna Until 10:29AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 11:29PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nutley, NJ Sun 16 Sutra 12 Sarvari 5122
Mesha Rasi: 25.35	Tithi 2	<b>Gulika</b> 6:47AM – 8:29AM	<b>Bharani Until 8:06AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM			
		Yama 3:20PM – 5:03PM	Ayushman Until 12:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM		Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 10:12AM – 11:55AM	Balava Until 12:28PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:21AM Sat</b>	Moon – White			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Nutley, NJ Sun 17 Sutra 13 Sarvari 5122
Visshabha Rasi: 7.44	Tithi 3	<b>Gulika</b> 5:03AM – 6:46AM	<b>Krittika Until 10:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:03AM			
		Yama 1:37PM – 3:20PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM		Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 8:29AM – 10:12AM	Taitila Until 2:11PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 2:53AM Sun</b>	Moon – White			<b>Devaloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>				

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistil* Karana Chaturthyam Titau				Nutley, NJ Sun 18 Sutra 14 Sarvari 5122
Visshabha Rasi: 20	Tithi 4	<b>Gulika</b> 3:21PM – 5:04PM	<b>Rohini Until 12:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:01AM			
		Yama 11:54AM – 1:38PM	Sobhana Until 1:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 2	
		235134469 <b>Rahu</b> 5:04PM – 6:47PM	Vanija Until 3:32PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 4:02AM Mon</b>	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Nutley, NJ Sun 19 Sutra 15 Sarvari 5122
Mithuna Rasi: 2.27	Tithi 5	<b>Gulika</b> 1:38PM – 3:21PM	<b>Mrigashira Until 2:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM			
<b>Family Home Evening</b>		Yama 10:11AM – 11:54AM	Athiganda* Until 1:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 6:44AM – 8:27AM	Bava Until 4:27PM	<b>Nataraja:</b> Clear			3rd Phase	
Until 2:00PM			<b>Panchami Until 4:41AM Tue</b>	Moon – Yellow			<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>			Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Nutley, NJ Sun 20 Sutra 16 Sarvari 5122
Mithuna Rasi: 15.08	Tithi 6	<b>Gulika</b> 11:54AM – 1:38PM	<b>Ardra Until 2:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:59AM			
		Yama 8:26AM – 10:10AM	Sukarma Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM		Moon 4 - Phase 2	
		236134469 <b>Rahu</b> 3:22PM – 5:06PM	Kaulava Until 4:49PM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 4:45AM Wed</b>	Moon – Yellow			<b>Bhuloka Day</b>	
Until 2:55PM				<b>Vaisaka-Chaitra</b>			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Nutley, NJ Sun 21 Sutra 17 Sarvari 5122
Mithuna Rasi: 28.05	Tithi 7	<b>Gulika</b> 10:10AM – 11:54AM	<b>Punarvasu Until 3:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM			
		Yama 6:41AM – 8:26AM	Dhriti Until 11:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 11:54AM – 1:38PM	Gara Until 4:34PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 4:11AM Thu</b>	Moon – Blue			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ashtamyam Titau				Nutley, NJ Sun 22 Sutra 18 Sarvari 5122
Kataka Rasi: 11.22	Tithi 8	<b>Gulika</b> 8:25AM – 10:09AM	<b>Pushya Until 3:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM			
		Yama 4:56AM – 6:40AM	Shula* Until 9:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 1:38PM – 3:23PM	Vistil Until 3:40PM	<b>Nataraja:</b> Clear			Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami* Until 2:57AM Fri</b>	Moon – Blue			<b>Devaloka Day</b>	
Until 3:23PM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Nutley, NJ Sun 23 Sutra 19 Sarvari 5122
Kataka Rasi: 25.01	Tithi 9	<b>Gulika</b> 6:39AM – 8:24AM	<b>Ashlesha* Until 2:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM			
		Yama 3:24PM – 5:09PM	Ganda* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 10:09AM – 11:54AM	Balava Until 2:06PM	<b>Nataraja:</b> Clear			Navami	
Routine Work	Marana Yoga		<b>Navami* Until 1:04AM Sat</b>	Moon – Blue			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Nutley, NJ Sutra 20
Simha Rasi: 9.05	Tithi 10	<b>Gulika</b> 4:52AM – 6:38AM	<b>Magha* Until 1:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Sun 24	Sarvari 5122	
		Yama 1:39PM – 3:24PM	Dhruva Until 1:34AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 8:23AM – 10:08AM	Taitila Until 11:55AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 10:36PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 1:06PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Nutley, NJ Sutra 21
Simha Rasi: 23.31	Tithi 11	<b>Gulika</b> 3:24PM – 5:10PM	<b>Purvaphalguni Until 11:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Sun 25	Sarvari 5122	
		Yama 11:53AM – 1:39PM	Vyaghata* Until 10:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 5:10PM – 6:56PM	Vanija Until 9:11AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 7:38PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 11:08AM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nutley, NJ Sutra 22
Kanya Rasi: 8.17	Tithi 12 – 13	<b>Gulika</b> 1:39PM – 3:25PM	<b>Uttaraphalguni Until 8:36AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Sun 26	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:07AM – 11:53AM	Harshana Until 6:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM		Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 6:36AM – 8:22AM	Bava Until 6:02AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:20PM</b>	Moon – Red		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

*Pradosha Vrata*

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nutley, NJ Sutra 23
Kanya Rasi: 23.16	Tithi 13 – 14	<b>Gulika</b> 11:53AM – 1:39PM	<b>Hasta Until 6:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Sun 27	Sarvari 5122	
		Yama 8:21AM – 10:07AM	Vajra* Until 2:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:25PM – 5:11PM	Gara Until 11:02PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:48PM</b>	Moon – Green		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nutley, NJ Sutra 24
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:07AM – 11:53AM	<b>Svati Until 12:28AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM		Sarvari 5122	
Tula Rasi: 8.2	Tithi 14 – 15	Yama 6:34AM – 8:20AM	Siddhi Until 10:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 11:53AM – 1:39PM	Visti Until 7:29PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:14AM</b>	Moon – Green		<b>Devaloka Day</b>		
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>				

<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Nutley, NJ Sutra 25		
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:20AM – 10:06AM	<b>Vishakha Until 10:08PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM		Sarvari 5122	
Tula Rasi: 23.21	Tithi 16	Yama 4:46AM – 6:33AM	Vyalipata* Until 6:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM		Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 1:40PM – 3:26PM	Balava Until 4:07PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 2:33AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda