



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 19.44 Tithi 17
264483468 Rahu

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 5:09AM – 6:50AM
Yama 1:35PM – 3:16PM
Rahu 8:31AM – 10:12AM

Svati Until 6:17AM
Siddhi Until 6:09PM
Taitila Until 1:51PM

Dvitiya Until 1:01AM Sun

Ganesha: Red *Sunrise:* 5:09AM

Muruqa: Yellow *Sunset:* 6:38PM

Nataraja: Purple
Moon – Green

Chaitra+Chaitra

Sivaloka Day

Norman, OK
Sutra 6
Vikarin 5121

Moon 4 - Phase 2
1st Phase

1

Sunday, April 21, 2019

Vrischika Rasi: 3.37 Tithi 18
274483468 Rahu

Routine Work Marana Yoga
Until 5:13AM Mon
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 3:16PM – 4:58PM
Yama 11:53AM – 1:35PM
Rahu 4:58PM – 6:39PM

Anuradha Until 5:13AM Mon
Vyatipata* Until 3:59PM
Vanija Until 12:23PM
Tritiya Until 11:54PM

Ganesha: Blue *Sunrise:* 5:08AM

Muruqa: Yellow *Sunset:* 6:39PM

Nataraja: Purple
Moon – Orange

Chaitra+Chaitra

Devaloka Day

Norman, OK
Sun 1
Sutra 7

Vikarin 5121
Moon 4 - Phase 2
1st Phase

2

Monday, April 22, 2019

Vrischika Rasi: 17.05 Tithi 19
274483468 Rahu

Family Home Evening
Creative Work Siddha Yoga
Until 5:35AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:35PM – 3:17PM
Yama 10:11AM – 11:53AM
Rahu 6:48AM – 8:30AM

Jyeshtha* Until 5:35AM Tue
Variyan Until 2:23PM
Bava Until 11:39AM
Chaturthi* Until 11:33PM

Ganesha: Blue *Sunrise:* 5:06AM

Muruqa: Yellow *Sunset:* 6:40PM

Nataraja: Purple
Moon – Orange

Chaitra+Chaitra

Devaloka Day

Norman, OK
Sun 2
Sutra 8

Vikarin 5121
Moon 4 - Phase 2
1st Phase

3

Tuesday, April 23, 2019

Dhanus Rasi: 0.07 Tithi 20
284483468 Rahu

Creative Work Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:53AM – 1:35PM
Yama 8:29AM – 10:11AM
Rahu 3:17PM – 4:59PM

Mula* Until 7:04AM Wed
Parigha* Until 1:27PM
Kaulava Until 11:43AM
Panchami Until 12:02AM Wed

Ganesha: Yellow *Sunrise:* 5:05AM

Muruqa: Yellow *Sunset:* 6:41PM

Nataraja: Purple
Moon – Light Blue

Chaitra+Chaitra

Sivaloka Day

Norman, OK
Sun 3
Sutra 9

Vikarin 5121
Moon 4 - Phase 2
1st Phase

4

Wednesday, April 24, 2019

Dhanus Rasi: 12.46 Tithi 21
284483468 Rahu

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:10AM – 11:53AM
Yama 6:46AM – 8:28AM
Rahu 11:53AM – 1:35PM

Mula* Until 7:04AM
Shiva Until 1:09PM
Gara Until 12:36PM
Shashthi* Until 1:18AM Thu

Ganesha: Yellow *Sunrise:* 5:03AM

Muruqa: Yellow *Sunset:* 6:42PM

Nataraja: Purple
Moon – Light Blue

Chaitra+Chaitra

Sivaloka Day

Norman, OK
Sun 4
Sutra 10

Vikarin 5121
Moon 4 - Phase 2
1st Phase

5

Thursday, April 25, 2019

Dhanus Rasi: 25.04 Tithi 22
284483469 Rahu

Creative Work Siddha Yoga
Until 9:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:27AM – 10:10AM
Yama 5:02AM – 6:45AM
Rahu 1:35PM – 3:18PM

Purvashadha* Until 9:08AM
Siddha Until 1:23PM
Visti* Until 2:12PM
Saptami Until 3:13AM Fri

Ganesha: Yellow *Sunrise:* 5:02AM

Muruqa: Yellow *Sunset:* 6:43PM

Nataraja: Clear
Moon – Light Blue

Chaitra+Chaitra

Devaloka Day

Norman, OK
Sun 5
Sutra 11

Vikarin 5121
Moon 4 - Phase 2
1st Phase

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 7.08 Tithi 23
284583469 Rahu

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:44AM – 8:27AM
Yama 3:18PM – 5:01PM
Rahu 10:10AM – 11:52AM

Uttarashadha Until 11:35AM
Sadhya Until 2:04PM
Balava Until 4:22PM
Ashtami* Until 5:34AM Sat

Ganesha: Red *Sunrise:* 5:01AM

Muruqa: Yellow *Sunset:* 6:44PM

Nataraja: Clear
Moon – Light Blue

Chaitra+Chaitra

Devaloka Day

Norman, OK
Sun 6
Sutra 12

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 19.01 Tithi 24
294583469 Rahu

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila Karana Navamyam Titau

Gulika 4:59AM – 6:43AM
Yama 1:36PM – 3:19PM
Rahu 8:26AM – 10:09AM

Shravana Until 2:44PM
Subha Until 3:01PM
Taitila Until 6:51PM
Navami* Until 8:06AM Sun

Ganesha: Green *Sunrise:* 4:59AM

Muruqa: Yellow *Sunset:* 6:45PM

Nataraja: Clear
Moon – Purple

Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Norman, OK
Sun 7
Sutra 13

Vikarin 5121
Moon 4 - Phase 2
Navami

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Norman, OK Sun 8 Sutra 14
Kumbha Rasi: 0.5	Tithi 24 – 25	Gulika 3:19PM – 5:03PM	Dhanishtha Until 5:48PM	Ganesha: Green	<i>Sunrise:</i> 4:58AM	Vikarin 5121
		Yama 11:52AM – 1:36PM	Sukla Until 4:01PM	Muruqa: Yellow	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 3
		294583469 Rahu 5:03PM – 6:46PM	Vanija Until 9:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 8:06AM	Moon – Purple		Bhuloka Day
Until 5:48PM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Norman, OK Sun 9 Sutra 15
Kumbha Rasi: 12.41	Tithi 25 – 26	Gulika 1:36PM – 3:20PM	Shatabhishak Until 8:34PM	Ganesha: Green	<i>Sunrise:</i> 4:57AM	Vikarin 5121
Family Home Evening		Yama 10:08AM – 11:52AM	Brahma Until 4:57PM	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:40AM – 8:24AM	Bava Until 11:46PM	Nataraja: Clear		2nd Phase
Until 8:34PM			Dashami Until 10:36AM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 10 Sutra 16
Kumbha Rasi: 24.36	Tithi 26 – 27	Gulika 11:52AM – 1:36PM	Purvaproshtapada* Until 11:21PM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Vikarin 5121
		Yama 8:24AM – 10:08AM	Indra Until 5:39PM	Muruqa: Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 3
		214583469 Rahu 3:20PM – 5:04PM	Kaulava Until 1:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 12:49PM	Moon – Clear		Bhuloka Day
Until 11:21PM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 11 Sutra 17
Meena Rasi: 6.41	Tithi 27 – 28	Gulika 10:07AM – 11:52AM	Uttaraproshtapada Until 1:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Vikarin 5121
		Yama 6:38AM – 8:23AM	Vaidhriti* Until 5:59PM	Muruqa: Yellow	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3
		214583469 Rahu 11:52AM – 1:36PM	Gara Until 3:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:36PM	Moon – Clear		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 12 Sutra 18
Meena Rasi: 18.58	Tithi 28 – 29	Gulika 8:22AM – 10:07AM	Revati Until 3:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 4:53AM	Vikarin 5121
		Yama 4:53AM – 6:37AM	Vishkambha* Until 5:56PM	Muruqa: Yellow	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 3
		215583469 Rahu 1:36PM – 3:21PM	Visti* Until 4:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:52PM	Moon – Clear		Bhuloka Day
Until 3:01AM Fri				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sun 13 Sutra 19
Mesha Rasi: 1.28	Tithi 29 – 30	Gulika 6:37AM – 8:22AM	Ashvini Until 4:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121
		Yama 3:22PM – 5:07PM	Priti Until 5:28PM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
		225583469 Rahu 10:07AM – 11:52AM	Catuspada Until 4:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 4:36PM	Moon – White		Bhuloka Day
Until 4:18AM Sat				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK Sun 14 Sutra 20
Mesha Rasi: 14.14	Tithi 30 – 1	Gulika 4:50AM – 6:36AM	Bharani Until 4:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:50AM	Vikarin 5121
		Yama 1:37PM – 3:22PM	Ayushman Until 4:34PM	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
		225583469 Rahu 8:21AM – 10:06AM	Kintughna Until 4:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:47PM	Moon – White		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 15 Sutra 21
Mesha Rasi: 27.14	Tithi 1 – 2	Gulika 3:22PM – 5:08PM	Krittika Until 4:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	Vikarin 5121
		Yama 11:51AM – 1:37PM	Saubhagya Until 3:18PM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
		225583469 Rahu 5:08PM – 6:54PM	Balava Until 4:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:30PM	Moon – White		Bhuloka Day
Until 4:58AM Mon				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Norman, OK Sun 16 Sutra 22
1		Gulika 1:37PM – 3:23PM	Rohini Until 4:56AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 4:48AM		Vikarin 5121
Vrishabha Rasi: 10.29	Tithi 2 – 3	Yama 10:05AM – 11:51AM	Sobhana Until 1:43PM	Muruqa: Yellow <i>Sunset:</i> 6:55PM		Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 6:34AM – 8:20AM	Taitila Until 3:21AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 3:49PM	Moon – Yellow	Bhuloka Day	
Until 4:56AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Norman, OK Sun 17 Sutra 23
2		Gulika 11:51AM – 1:37PM	Mrigashira Until 4:27AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 4:47AM		Vikarin 5121
Vrishabha Rasi: 23.55	Tithi 3 – 4	Yama 8:19AM – 10:05AM	Athiganda* Until 11:50AM	Muruqa: Yellow <i>Sunset:</i> 6:56PM		Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 3:23PM – 5:09PM	Vanija Until 2:10AM Wed	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 2:46PM	Moon – Yellow	Bhuloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Norman, OK Sun 18 Sutra 24
3		Gulika 10:05AM – 11:51AM	Ardra Until 3:35AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 4:46AM		Vikarin 5121
Mithuna Rasi: 7.32	Tithi 4 – 5	Yama 6:32AM – 8:18AM	Sukarma Until 9:44AM	Muruqa: Yellow <i>Sunset:</i> 6:57PM		Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 11:51AM – 1:37PM	Bava Until 12:43AM Thu	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 1:27PM	Moon – Yellow	Bhuloka Day	
Until 3:35AM Thu				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Norman, OK Sun 19 Sutra 25
4		Gulika 8:18AM – 10:04AM	Punarvasu Until 2:48AM Fri	Ganesha: Orange <i>Sunrise:</i> 4:45AM		Vikarin 5121
Mithuna Rasi: 21.17	Tithi 5 – 6	Yama 4:45AM – 6:31AM	Dhriti Until 7:28AM	Muruqa: Yellow <i>Sunset:</i> 6:58PM		Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 1:38PM – 3:24PM	Kaulava Until 11:04PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Panchami Until 11:54AM	Moon – Blue	Devaloka Day	
Until 2:48AM Fri				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Norman, OK Sun 20 Sutra 26
5		Gulika 6:30AM – 8:17AM	Pushya Until 1:40AM Sat	Ganesha: Orange <i>Sunrise:</i> 4:44AM		Vikarin 5121
Kataka Rasi: 5.11	Tithi 6 – 7	Yama 3:25PM – 5:12PM	Ganda* Until 2:22AM Sat	Muruqa: Yellow <i>Sunset:</i> 6:59PM		Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 10:04AM – 11:51AM	Gara Until 9:13PM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Shashthi* Until 10:09AM	Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Norman, OK Sun 21 Sutra 27
Retreat Star		Gulika 4:42AM – 6:30AM	Ashlesha* Until 12:14AM Sun	Ganesha: Orange <i>Sunrise:</i> 4:42AM		Vikarin 5121
Kataka Rasi: 19.11	Tithi 7 – 8	Yama 1:38PM – 3:25PM	Vriddhi Until 11:38PM	Muruqa: Yellow <i>Sunset:</i> 7:00PM		Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 8:17AM – 10:04AM	Visti Until 7:11PM	Nataraja: Clear		Ashtami
Routine Work Marana Yoga			Saptami Until 8:12AM	Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Norman, OK Sun 22 Sutra 28
Retreat Star		Gulika 3:26PM – 5:13PM	Magha* Until 10:55PM	Ganesha: White <i>Sunrise:</i> 4:41AM		Vikarin 5121
Simha Rasi: 3.19	Tithi 8 – 9	Yama 11:51AM – 1:38PM	Dhruva Until 8:44PM	Muruqa: Yellow <i>Sunset:</i> 7:00PM		Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 5:13PM – 7:00PM	Kaulava Until 3:50AM Mon	Nataraja: Clear		Navami
Routine Work Marana Yoga			Ashtami* Until 6:05AM	Moon – Red	Bhuloka Day	
Until 10:55PM		Mother's Day		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Norman, OK Sun 23 Sutra 29
1		Gulika 1:39PM – 3:26PM	Purvaphalguni Until 9:22PM	Ganesha: White	<i>Sunrise:</i> 4:40AM	Vikarin 5121
Simha Rasi: 17.31	Tithi 10	Yama 10:03AM – 11:51AM	Vyaghata* Until 5:46PM	Muruqa: Yellow	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 5
Family Home Evening	256583469	Rahu 6:28AM – 8:16AM	Taitila Until 2:41PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:29AM Tue	Moon – Red	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Norman, OK Sun 24 Sutra 30
2		Gulika 11:51AM – 1:39PM	Uttaraphalguni Until 7:37PM	Ganesha: White	<i>Sunrise:</i> 4:39AM	Vikarin 5121
Kanya Rasi: 1.47	Tithi 11	Yama 8:15AM – 10:03AM	Harshana Until 2:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 5
	256583469	Rahu 3:27PM – 5:15PM	Vanija Until 12:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 11:06PM	Moon – Red	Bhuloka Day	
Until 7:37PM				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau				Norman, OK Sun 25 Sutra 31
3		Gulika 10:03AM – 11:51AM	Hasta Until 6:11PM	Ganesha: Yellow	<i>Sunrise:</i> 4:38AM	Vikarin 5121
Kanya Rasi: 16.05	Tithi 12	Yama 6:27AM – 8:15AM	Vajra* Until 11:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 5
	266583469	Rahu 11:51AM – 1:39PM	Bava Until 9:56AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvodashi Until 8:45PM	Moon – Green	Devaloka Day	
Until 6:11PM				Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga						

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK Sun 26 Sutra 32
4		Gulika 8:14AM – 10:03AM	Chitra Until 4:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:38AM	Vikarin 5121
Tula Rasi: 0.19	Tithi 13	Yama 4:38AM – 6:26AM	Siddhi Until 8:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 5
	266583469	Rahu 1:39PM – 3:28PM	Kaulava Until 7:39AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:34PM	Moon – Green	Devaloka Day	
Until 4:45PM				Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vrata</i>		

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 27 Sutra 33
5		Gulika 6:25AM – 8:14AM	Svati Until 3:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	Vikarin 5121
Tula Rasi: 14.25	Tithi 14 – 15	Yama 3:28PM – 5:17PM	Vyatipata* Until 6:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 5
	266583469	Rahu 10:02AM – 11:51AM	Visli Until 3:52AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:39PM	Moon – Green	Devaloka Day	
				Vaisaka-Vaikasi		

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 28 Sutra 34
○	Copper Retreat Star	Gulika 4:36AM – 6:25AM	Vishakha Until 2:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:36AM	Vikarin 5121
Tula Rasi: 28.18	Tithi 15 – 16	Yama 1:40PM – 3:29PM	Parigha* Until 1:32AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 5
	276583469	Rahu 8:13AM – 10:02AM	Balava Until 2:36AM Sun	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 3:09PM	Moon – Orange	Bhuloka Day	
				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM	

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 29 Sutra 35
	Silver Retreat Star	Gulika 3:29PM – 5:18PM	Anuradha Until 2:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Vikarin 5121
Vrischika Rasi: 11.53	Tithi 16 – 17	Yama 11:51AM – 1:40PM	Shiva Until 11:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 5
	277583469	Rahu 5:18PM – 7:07PM	Taitila Until 1:56AM Mon	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 2:10PM	Moon – Orange	Devaloka Day	
				Vaisaka-Vaikasi		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 25.08 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:40PM – 3:30PM
Yama 10:02AM – 11:51AM
Rahu 6:23AM – 8:13AM

Jyeshtha* Until 2:47PM
Siddha Until 10:50PM
Vanija Until 1:55AM Tue
Dvitiya Until 1:49PM

Ganesha: Yellow *Sunrise:* 4:34AM
Muruqa: Yellow *Sunset:* 7:08PM
Nataraja: Clear
Moon – Orange

Vaisaka-Vaikasi

Norman, OK
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 8.03 Tithi 18 – 19

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:51AM – 1:41PM
Yama 8:12AM – 10:02AM
Rahu 3:30PM – 5:19PM

Mula* Until 3:59PM
Sadhya Until 10:18PM
Bava Until 2:37AM Wed
Tritiya Until 2:10PM

Ganesha: Red *Sunrise:* 4:33AM
Muruqa: Yellow *Sunset:* 7:09PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Norman, OK
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 3:59PM
Then Creative Work - Siddha Yoga

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.37 Tithi 19 – 20

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:02AM – 11:51AM
Yama 6:22AM – 8:12AM
Rahu 11:51AM – 1:41PM

Purvashadha* Until 5:43PM
Subha Until 10:19PM
Kaulava Until 3:59AM Thu
Chaturthi* Until 3:12PM

Ganesha: Red *Sunrise:* 4:33AM
Muruqa: Yellow *Sunset:* 7:10PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Norman, OK
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Amrita Yoga

3

Thursday, May 23, 2019

Makara Rasi: 2.55 Tithi 20 – 21

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

Gulika 8:12AM – 10:01AM
Yama 4:32AM – 6:22AM
Rahu 1:41PM – 3:31PM

Uttarashadha Until 7:52PM
Sukla Until 10:45PM
Gara Until 5:54AM Fri
Panchami Until 4:51PM

Ganesha: Red *Sunrise:* 4:32AM
Muruqa: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Norman, OK
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 7:52PM
Then Creative Work - Siddha Yoga

4

Friday, May 24, 2019

Makara Rasi: 14.59 Tithi 21

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija Karana Shashtyayam Titau

Gulika 6:21AM – 8:11AM
Yama 3:31PM – 5:22PM
Rahu 10:01AM – 11:51AM

Shravana Until 10:47PM
Brahma Until 11:31PM
Vanija Until 6:59PM
Shashthi* Until 6:59PM

Ganesha: Green *Sunrise:* 4:31AM
Muruqa: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Norman, OK
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga
Until 10:47PM
Then Creative Work - Siddha Yoga

5

Saturday, May 25, 2019

Makara Rasi: 26.54 Tithi 22

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:30AM – 6:21AM
Yama 1:42PM – 3:32PM
Rahu 8:11AM – 10:01AM

Dhanishtha Until 1:44AM Sun
Indra Until 12:29AM Sun
Visti Until 8:11AM
Saptami Until 9:22PM

Ganesha: Red *Sunrise:* 4:30AM
Muruqa: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Norman, OK
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Siddha Yoga

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.46 Tithi 23

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:32PM – 5:23PM
Yama 11:52AM – 1:42PM
Rahu 5:23PM – 7:13PM

Shatabhishak Until 4:32AM Mon
Vaidhriti* Until 1:25AM Mon
Balava Until 10:37AM
Ashtami* Until 11:47PM

Ganesha: Blue *Sunrise:* 4:30AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Norman, OK
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 4:32AM Mon
Then Routine Work - Marana Yoga

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 20.38 Tithi 24

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:42PM – 3:33PM
Yama 10:01AM – 11:52AM
Rahu 6:20AM – 8:10AM

Purvaproshtapada* Until 7:26AM Tue
Vishkambha* Until 2:12AM Tue
Taitila Until 12:57PM
Navami* Until 2:00AM Tue

Ganesha: Purple *Sunrise:* 4:29AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Clear

Vaisaka-Vaikasi

Norman, OK
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

Routine Work Marana Yoga
Until 7:26AM Tue
Then Creative Work - Amrita Yoga


1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Norman, OK Sun 9 Sutra 44
Meena Rasi: 3	Tithi 25	Gulika	11:52AM – 1:43PM	Purvaproshtapada* Until 7:26AM	Ganesha: Purple	<i>Sunrise:</i> 4:29AM	Vikarin 5121
		Yama	8:10AM – 10:01AM	Priti Until 2:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Moon 5 - Phase 7
		318683469 Rahu	3:33PM – 5:24PM	Vanija Until 3:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Dashami Until 3:50AM Wed	Moon – Clear		Sivaloka Day
Until 7:26AM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Norman, OK Sun 10 Sutra 45
Meena Rasi: 14.44	Tithi 26	Gulika	10:01AM – 11:52AM	Uttaraproshtapada Until 9:45AM	Ganesha: Purple	<i>Sunrise:</i> 4:28AM	Vikarin 5121
		Yama	6:19AM – 8:10AM	Ayushman Until 2:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 5 - Phase 7
		318683469 Rahu	11:52AM – 1:43PM	Bava Until 4:34PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 5:07AM Thu	Moon – Clear		Sivaloka Day
Until 9:45AM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau	Norman, OK Sun 11 Sutra 46
Meena Rasi: 27.06	Tithi 27	Gulika	8:10AM – 10:01AM	Revati Until 11:22AM	Ganesha: Purple	<i>Sunrise:</i> 4:28AM	Vikarin 5121
		Yama	4:28AM – 6:19AM	Saubhagya Until 2:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 5 - Phase 7
		318683469 Rahu	1:43PM – 3:34PM	Kaulava Until 5:33PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 5:47AM Fri	Moon – Clear		Sivaloka Day
Until 11:22AM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau	Norman, OK Sun 12 Sutra 47
Mesha Rasi: 9.44	Tithi 28	Gulika	6:18AM – 8:10AM	Ashvini Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:27AM	Vikarin 5121
		Yama	3:35PM – 5:26PM	Sobhana Until 1:30AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Moon 5 - Phase 7
		328683469 Rahu	10:01AM – 11:52AM	Gara Until 5:54PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 5:49AM Sat	Moon – White		Devaloka Day
Until 12:42PM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Norman, OK Sun 13 Sutra 48
Mesha Rasi: 22.41	Tithi 29	Gulika	4:27AM – 6:18AM	Bharani Until 1:14PM	Ganesha: White	<i>Sunrise:</i> 4:27AM	Vikarin 5121
		Yama	1:44PM – 3:35PM	Athiganda* Until 12:05AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 5 - Phase 7
		329683469 Rahu	8:09AM – 10:01AM	Visti Until 5:37PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 5:14AM Sun	Moon – White		Bhuloka Day
Until 1:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Norman, OK Sun 14 Sutra 49
Retreat Star		Gulika	3:36PM – 5:27PM	Krittika Until 1:02PM	Ganesha: White	<i>Sunrise:</i> 4:26AM	Vikarin 5121
Vrishabha Rasi: 5.58	Tithi 30	Yama	11:52AM – 1:44PM	Sukarma Until 10:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 7
		329683469 Rahu	5:27PM – 7:19PM	Catuspada Until 4:44PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 4:05AM Mon	Moon – White		Bhuloka Day
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Norman, OK Sun 15 Sutra 50
Vrishabha Rasi: 19.32	Tithi 1	Gulika	1:44PM – 3:36PM	Rohini Until 12:37PM	Ganesha: Green	<i>Sunrise:</i> 4:26AM	Vikarin 5121
Family Home Evening		Yama	10:01AM – 11:53AM	Dhriti Until 8:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 7
		339683469 Rahu	6:18AM – 8:09AM	Kintughna Until 3:22PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Prathama* Until 2:30AM Tue	Moon – Yellow		Bhuloka Day
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Norman, OK Sun 16 Sutra 51
Mithuna Rasi: 3.22	Tithi 2	Gulika 11:53AM – 1:45PM	Mrigashira Until 11:39AM	Ganesha: Green	<i>Sunrise:</i> 4:26AM	Vikarin 5121	
		Yama 8:09AM – 10:01AM	Shula* Until 5:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 8	
		339683461 Rahu 3:36PM – 5:28PM	Balava Until 1:35PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 12:34AM Wed	Moon – Yellow	Bhuloka Day		
Until 11:39AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga							

2		Wednesday, June 5, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau	Norman, OK Sun 17 Sutra 52
Mithuna Rasi: 17.25	Tithi 3	Gulika 10:01AM – 11:53AM	Ardra Until 10:14AM	Ganesha: Green	<i>Sunrise:</i> 4:25AM	Vikarin 5121	
		Yama 6:17AM – 8:09AM	Ganda* Until 2:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 8	
		339683461 Rahu 11:53AM – 1:45PM	Taitila Until 11:31AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 10:23PM	Moon – Yellow	Bhuloka Day		
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		

3		Thursday, June 6, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau	Norman, OK Sun 18 Sutra 53
Kataka Rasi: 1.35	Tithi 4	Gulika 8:09AM – 10:01AM	Punarvasu Until 8:55AM	Ganesha: White	<i>Sunrise:</i> 4:25AM	Vikarin 5121	
		Yama 4:25AM – 6:17AM	Vridhhi Until 11:48AM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 8	
		349683461 Rahu 1:45PM – 3:37PM	Vanija Until 9:15AM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 8:04PM	Moon – Blue	Bhuloka Day		
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		

4		Friday, June 7, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghala* Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau	Norman, OK Sun 19 Sutra 54
Kataka Rasi: 15.51	Tithi 5 – 6	Gulika 6:17AM – 8:09AM	Pushya Until 7:21AM	Ganesha: White	<i>Sunrise:</i> 4:25AM	Vikarin 5121	
		Yama 3:38PM – 5:30PM	Dhruva Until 8:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 8	
		349683461 Rahu 10:01AM – 11:53AM	Bava Until 6:54AM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 5:42PM	Moon – Blue	Bhuloka Day		
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		

5		Saturday, June 8, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau	Norman, OK Sun 20 Sutra 55
Simha Rasi: 0.07	Tithi 6 – 7	Gulika 4:24AM – 6:17AM	Magha* Until 4:14AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:24AM	Vikarin 5121	
		Yama 1:46PM – 3:38PM	Harshana Until 2:53AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 8	
		359683461 Rahu 8:09AM – 10:01AM	Gara Until 2:12AM Sun	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 3:20PM	Moon – Red	Devaloka Day		
Until 4:14AM Sun				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, June 9, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Norman, OK Sun 21 Sutra 56
Simha Rasi: 14.22	Tithi 7 – 8	Gulika 3:38PM – 5:31PM	Purvaphalguni Until 2:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	Vikarin 5121	
		Yama 11:54AM – 1:46PM	Vajra* Until 12:00AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 8	
		351683461 Rahu 5:31PM – 7:23PM	Visti Until 11:58PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 1:03PM	Moon – Red	Devaloka Day		
				Jyeshtha-Vaikasi			

Retreat Star		Monday, June 10, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Norman, OK Sun 22 Sutra 57
Simha Rasi: 28.32	Tithi 8 – 9	Gulika 1:46PM – 3:39PM	Uttaraphalguni Until 1:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	Vikarin 5121	
Family Home Evening		Yama 10:01AM – 11:54AM	Siddhi Until 9:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8	
		351683461 Rahu 6:17AM – 8:09AM	Balava Until 9:51PM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 10:52AM	Moon – Red	Devaloka Day		
				Jyeshtha-Vaikasi			

1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 23
	Kanya Rasi: 12.38	Tithi 9 – 10	Gulika 11:54AM – 1:47PM	Hasta Until 12:21AM Wed	Ganesha: White <i>Sunrise: 4:24AM</i>		Vikarin 5121
			Yama 8:09AM – 10:02AM	Vyatipata* Until 6:36PM	Muruqa: Yellow <i>Sunset: 7:24PM</i>		Moon 5 - Phase 9
	361683461	Rahu 3:39PM – 5:32PM		Taitila Until 7:53PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Navami* Until 8:49AM	Moon – Green	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	
				Jyeshtha-Vaikasi			

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyiana/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 24
	Kanya Rasi: 26.36	Tithi 10 – 11	Gulika 10:02AM – 11:54AM	Chitra Until 11:25PM	Ganesha: White <i>Sunrise: 4:24AM</i>		Vikarin 5121
			Yama 6:16AM – 8:09AM	Variyan Until 4:07PM	Muruqa: Yellow <i>Sunset: 7:25PM</i>		Moon 5 - Phase 9
	361683461	Rahu 11:54AM – 1:47PM		Vanija Until 6:08PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:58AM	Moon – Green	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	
				Jyeshtha-Vaikasi			

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Norman, OK Sun 25
	Tula Rasi: 10.26	Tithi 12	Gulika 8:09AM – 10:02AM	Svati Until 10:37PM	Ganesha: White <i>Sunrise: 4:24AM</i>		Vikarin 5121
			Yama 4:24AM – 6:17AM	Parigha* Until 1:51PM	Muruqa: Yellow <i>Sunset: 7:25PM</i>		Moon 5 - Phase 9
	361683461	Rahu 1:47PM – 3:40PM		Bava Until 4:39PM	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 4:00AM Fri	Moon – Green	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	
Until 10:37PM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK Sun 26
	Tula Rasi: 24.05	Tithi 13	Gulika 6:17AM – 8:09AM	Vishakha Until 10:27PM	Ganesha: Clear <i>Sunrise: 4:24AM</i>		Vikarin 5121
			Yama 3:40PM – 5:33PM	Shiva Until 11:52AM	Muruqa: Blue <i>Sunset: 7:25PM</i>		Moon 5 - Phase 9
	371693461	Rahu 10:02AM – 11:55AM		Kaulava Until 3:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 3:01AM Sat	Moon – Orange	Sivaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
				<i>Pradosha Vrata</i>			

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Norman, OK Sun 27
	Vrischika Rasi: 7.31	Tithi 14	Gulika 4:24AM – 6:17AM	Anuradha Until 10:33PM	Ganesha: White <i>Sunrise: 4:24AM</i>		Vikarin 5121
			Yama 1:48PM – 3:40PM	Siddha Until 10:09AM	Muruqa: Blue <i>Sunset: 7:26PM</i>		Moon 5 - Phase 9
	371793461	Rahu 8:09AM – 10:02AM		Gara Until 2:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:29AM Sun	Moon – Orange	Subha Sivaloka Day		
				Jyeshtha-Ani			

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK Sun 28
	Copper Retreat Star		Gulika 3:41PM – 5:33PM	Jyeshtha* Until 10:59PM	Ganesha: White <i>Sunrise: 4:24AM</i>		Vikarin 5121
	Vrischika Rasi: 20.43	Tithi 15	Yama 11:55AM – 1:48PM	Sadhya Until 8:49AM	Muruqa: Blue <i>Sunset: 7:26PM</i>		Moon 5 - Phase 9
	371793461	Rahu 5:33PM – 7:26PM		Visti Until 2:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga		Purnima* Until 2:27AM Mon	Moon – Orange	Subha Sivaloka Day		
Until 10:59PM		Father's Day		Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sun 29
	Silver Retreat Star		Gulika 1:48PM – 3:41PM	Mula* Until 12:16AM Tue	Ganesha: Clear <i>Sunrise: 4:24AM</i>		Vikarin 5121
	Dhanus Rasi: 3.39	Tithi 16	Yama 10:02AM – 11:55AM	Subha Until 7:55AM	Muruqa: Blue <i>Sunset: 7:27PM</i>		Moon 5 - Phase 9
	381793461	Rahu 6:17AM – 8:10AM		Balava Until 2:39PM	Nataraja: Yellow		Prathama
Family Home Evening			Prathama* Until 2:58AM Tue	Moon – Light Blue	Sivaloka Day		
Creative Work	Siddha Yoga			Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Norman, OK
Sun 1
Sutra 65
Vikarin 5121

Dhanus Rasi: 16.19 Tithi 17

Gulika 11:55AM – 1:48PM
Yama 8:10AM – 10:03AM
382793461 **Rahu** 3:41PM – 5:34PM

Purvashadha* Until 1:57AM Wed
Sukla Until 7:26AM
Tailila Until 3:28PM
Dvitiya Until 4:03AM Wed

Ganesha: Clear *Sunrise:* 4:24AM
Muruqa: Blue *Sunset:* 7:27PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 1:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Tritiyayam Titau

Norman, OK
Sun 2
Sutra 66
Vikarin 5121

Dhanus Rasi: 28.44 Tithi 18

Gulika 10:03AM – 11:56AM
Yama 6:17AM – 8:10AM
382793461 **Rahu** 11:56AM – 1:49PM

Uttarashadha Until 3:59AM Thu
Brahma Until 7:24AM
Vanija Until 4:49PM
Tritiya Until 5:40AM Thu

Ganesha: Purple *Sunrise:* 4:24AM
Muruqa: Blue *Sunset:* 7:27PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 3:59AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava Karana Chaturthayam Titau

Norman, OK
Sun 3
Sutra 67
Vikarin 5121

Makara Rasi: 10.55 Tithi 19

Gulika 8:10AM – 10:03AM
Yama 4:24AM – 6:17AM
392793461 **Rahu** 1:49PM – 3:42PM

Shravana Until 6:46AM Fri
Indra Until 7:47AM
Bava Until 6:40PM
Chaturthi* Until 7:42AM Fri

Ganesha: Clear *Sunrise:* 4:24AM
Muruqa: Blue *Sunset:* 7:27PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 6:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 4
Sutra 68
Vikarin 5121

Makara Rasi: 22.56 Tithi 19 – 20

Gulika 6:17AM – 8:10AM
Yama 3:42PM – 5:35PM
392793461 **Rahu** 10:03AM – 11:56AM

Shravana Until 6:46AM
Vaidhriti* Until 8:27AM
Kaulava Until 8:51PM
Chaturthi* Until 7:42AM

Ganesha: Clear *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:28PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 6:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Norman, OK
Sun 5
Sutra 69
Vikarin 5121

Kumbha Rasi: 4.51 Tithi 20 – 21

Gulika 4:25AM – 6:18AM
Yama 1:49PM – 3:42PM
392793461 **Rahu** 8:11AM – 10:03AM

Dhanishtha Until 9:39AM
Vishkambha* Until 9:21AM
Gara Until 11:13PM
Panchami Until 10:00AM

Ganesha: Clear *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:28PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 9:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Norman, OK
Sun 6
Sutra 70
Vikarin 5121

Kumbha Rasi: 16.43 Tithi 21 – 22

Gulika 3:42PM – 5:35PM
Yama 11:57AM – 1:49PM
392793461 **Rahu** 5:35PM – 7:28PM

Shatabhishak Until 12:27PM
Priti Until 10:20AM
Visli Until 1:35AM Mon
Shashthi* Until 12:24PM

Ganesha: Clear *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:28PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 12:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

D

Monday, June 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Norman, OK
Sun 7
Sutra 71
Vikarin 5121

Kumbha Rasi: 28.36 Tithi 22 – 23

Family Home Evening

Gulika 1:50PM – 3:42PM
Yama 10:04AM – 11:57AM
312793461 **Rahu** 6:18AM – 8:11AM

Purvaproshtapada* Until 3:29PM
Ayushman Until 11:12AM
Balava Until 3:45AM Tue
Saptami Until 2:41PM

Ganesha: Yellow *Sunrise:* 4:25AM
Muruqa: Blue *Sunset:* 7:28PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Ashtami

Routine Work Marana Yoga
Until 3:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Norman, OK
Sun 8
Sutra 72
Vikarin 5121

Meena Rasi: 10.35 Tithi 23 – 24

Gulika 11:57AM – 1:50PM
Yama 8:11AM – 10:04AM
312793461 **Rahu** 3:43PM – 5:35PM

Uttaraproshtapada Until 6:03PM
Saubhagya Until 11:53AM
Tailila Until 5:31AM Wed
Ashtami* Until 4:40PM

Ganesha: Yellow *Sunrise:* 4:26AM
Muruqa: Blue *Sunset:* 7:28PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Navami

Creative Work Amrita Yoga
Until 6:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1		Wednesday, June 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana/Athiganda* Yoga Gara Karana Navamyam Titau				Norman, OK Sun 9 Sutra 73 Vikarin 5121
Meena Rasi: 22.44	Tithi 24	Gulika	10:04AM – 11:57AM	Revati Until 7:59PM	Ganesha: Yellow	Sunrise: 4:26AM		
		Yama	6:19AM – 8:12AM	Sobhana Until 12:14PM	Muruqa: Blue	Sunset: 7:28PM	Moon 6 - Phase 11	
		Rahu	11:57AM – 1:50PM	Gara Until 6:10PM	Nataraja: Yellow		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 6:10PM	Moon – Clear		Sivaloka Day	
					Jyeshtha-Ani			

2		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Norman, OK Sun 10 Sutra 74 Vikarin 5121
Mesha Rasi: 5.06	Tithi 25	Gulika	8:12AM – 10:05AM	Ashvini Until 9:38PM	Ganesha: Blue	Sunrise: 4:26AM		
		Yama	4:26AM – 6:19AM	Athiganda* Until 12:06PM	Muruqa: Blue	Sunset: 7:28PM	Moon 6 - Phase 11	
		Rahu	1:50PM – 3:43PM	Vanija Until 6:43AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 7:04PM	Moon – White		Devaloka Day	
Until 9:38PM					Jyeshtha-Ani			
Then Creative Work - Siddha Yoga								

3		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK Sun 11 Sutra 75 Vikarin 5121
Mesha Rasi: 17.46	Tithi 26	Gulika	6:19AM – 8:12AM	Bharani Until 10:26PM	Ganesha: Blue	Sunrise: 4:27AM		
		Yama	3:43PM – 5:36PM	Sukarma Until 11:27AM	Muruqa: Blue	Sunset: 7:28PM	Moon 6 - Phase 11	
		Rahu	10:05AM – 11:58AM	Bava Until 7:16AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 7:15PM	Moon – White		Devaloka Day	
					Jyeshtha-Ani			

4		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Norman, OK Sun 12 Sutra 76 Vikarin 5121
Vrisabha Rasi: 0.48	Tithi 27	Gulika	4:27AM – 6:20AM	Krittika Until 10:22PM	Ganesha: Blue	Sunrise: 4:27AM		
		Yama	1:50PM – 3:43PM	Dhriti Until 10:14AM	Muruqa: Blue	Sunset: 7:28PM	Moon 6 - Phase 11	
		Rahu	8:12AM – 10:05AM	Kaulava Until 7:06AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 6:43PM	Moon – White		Devaloka Day	
					Jyeshtha-Ani			

5		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 13 Sutra 77 Vikarin 5121
Vrisabha Rasi: 14.13	Tithi 28 – 29	Gulika	3:43PM – 5:36PM	Rohini Until 9:56PM	Ganesha: Blue	Sunrise: 4:28AM		
		Yama	11:58AM – 1:50PM	Shula* Until 8:25AM	Muruqa: Blue	Sunset: 7:28PM	Moon 6 - Phase 11	
		Rahu	5:36PM – 7:28PM	Gara Until 6:12AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 5:29PM	Moon – Yellow		Devaloka Day	
					Jyeshtha-Ani			
					<i>Pradosha Vrata (Fasting)</i>			

6		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sun 14 Sutra 78 Vikarin 5121
Vrisabha Rasi: 28	Tithi 29 – 30	Gulika	1:51PM – 3:43PM	Mrigashira Until 8:46PM	Ganesha: Blue	Sunrise: 4:28AM		
Family Home Evening		Yama	10:06AM – 11:58AM	Ganda* Until 6:06AM	Muruqa: Blue	Sunset: 7:28PM	Moon 6 - Phase 11	
Creative Work	Amrita Yoga	Rahu	6:21AM – 8:13AM	Catuspada Until 2:33AM Tue	Nataraja: Yellow		2nd Phase	
Until 8:46PM				Chaturdashi* Until 3:39PM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga					Jyeshtha-Ani			

●		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK Sun 15 Sutra 79 Vikarin 5121
Retreat Star		Gulika	11:58AM – 1:51PM	Ardra Until 6:59PM	Ganesha: Red	Sunrise: 4:29AM		
Mithuna Rasi: 12.08	Tithi 30 – 1	Yama	8:13AM – 10:06AM	Dhruva Until 12:12AM Wed	Muruqa: Blue	Sunset: 7:28PM	Moon 6 - Phase 11	
		Rahu	3:43PM – 5:36PM	Kintughna Until 12:00AM Wed	Nataraja: Yellow		Amavasya	
Routine Work	Marana Yoga			Amavasya* Until 1:18PM	Moon – Yellow		Sivaloka Day	
Until 6:59PM					Jyeshtha-Ani			
Then Creative Work - Siddha Yoga		Total Solar Eclipse						

●		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 16 Sutra 80 Vikarin 5121
Retreat Star		Gulika	10:06AM – 11:58AM	Punarvasu Until 5:08PM	Ganesha: Yellow	Sunrise: 4:29AM		
Mithuna Rasi: 26.34	Tithi 1 – 2	Yama	6:21AM – 8:14AM	Vyaghata* Until 8:49PM	Muruqa: Blue	Sunset: 7:28PM	Moon 6 - Phase 11	
		Rahu	11:58AM – 1:51PM	Balava Until 9:10PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 10:36AM	Moon – Blue		Sivaloka Day	
					Ashada-Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau				Norman, OK Sun 17 Sutra 81
Kataka Rasi: 11.1	Tithi 2 – 3	Gulika 8:14AM – 10:06AM	Pushya Until 2:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Vikarin 5121
		Yama 4:30AM – 6:22AM	Harshana Until 5:19PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12
		343793461 Rahu 1:51PM – 3:43PM	Taitila Until 6:10PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 7:39AM	Moon – Blue		Sivaloka Day
Until 2:58PM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

2		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturtham Titau				Norman, OK Sun 18 Sutra 82
Kataka Rasi: 25.52	Tithi 4	Gulika 6:22AM – 8:15AM	Ashlesha* Until 12:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Vikarin 5121
		Yama 3:43PM – 5:35PM	Vajra* Until 1:45PM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12
		343793461 Rahu 10:07AM – 11:59AM	Vanija Until 3:08PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 1:37AM Sat	Moon – Blue		Sivaloka Day
				Ashada*Ani		

3		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 19 Sutra 83
Simha Rasi: 10.31	Tithi 5	Gulika 4:31AM – 6:23AM	Magha* Until 10:37AM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	Vikarin 5121
		Yama 1:51PM – 3:43PM	Siddhi Until 10:17AM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12
		453793461 Rahu 8:15AM – 10:07AM	Bava Until 12:11PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 10:46PM	Moon – Red		Sivaloka Day
Until 10:37AM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

4		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashtham Titau				Norman, OK Sun 20 Sutra 84
Simha Rasi: 25.03	Tithi 6	Gulika 3:43PM – 5:35PM	Purvaphalguni Until 8:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	Vikarin 5121
		Yama 11:59AM – 1:51PM	Vyatipata* Until 6:59AM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12
		453793461 Rahu 5:35PM – 7:27PM	Kaulava Until 9:27AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:10PM	Moon – Red		Sivaloka Day
Until 8:40AM		Chidambaram Abhishekam		Ashada*Ani		
Then Creative Work - Amrita Yoga						

5		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau				Norman, OK Sun 21 Sutra 85
Kanya Rasi: 9.23	Tithi 7 – 8	Gulika 1:51PM – 3:43PM	Uttaraphalguni Until 6:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM	Vikarin 5121
Family Home Evening		Yama 10:07AM – 11:59AM	Parigha* Until 1:06AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12
		453793461 Rahu 6:24AM – 8:16AM	Gara Until 7:00AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:53PM	Moon – Red		Sivaloka Day
				Ashada*Ani		

Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK Sun 22 Sutra 86
Kanya Rasi: 23.29	Tithi 8 – 9	Gulika 11:59AM – 1:51PM	Chitra Until 4:50AM Wed	Ganesha: White	<i>Sunrise:</i> 4:33AM	Vikarin 5121
		Yama 8:16AM – 10:08AM	Shiva Until 10:39PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12
		463793461 Rahu 3:43PM – 5:34PM	Balava Until 3:14AM Wed	Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 4:00PM	Moon – Green		Subha Sivaloka Day
				Ashada*Ani		

Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 23 Sutra 87
Tula Rasi: 7.19	Tithi 9 – 10	Gulika 10:08AM – 12:00PM	Svati Until 4:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Vikarin 5121
		Yama 6:25AM – 8:16AM	Siddha Until 8:32PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12
		463893461 Rahu 12:00PM – 1:51PM	Taitila Until 2:00AM Thu	Nataraja: Yellow		Navami
Creative Work	Siddha Yoga		Navami* Until 2:32PM	Moon – Green		Sivaloka Day
				Ashada*Ani		


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 24 Sutra 88
Tula Rasi: 20.53	Tithi 10 – 11	Gulika 8:17AM – 10:08AM	Vishakha Until 4:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:34AM		Vikarin 5121	
		Yama 4:34AM – 6:25AM	Sadhya Until 6:48PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM		Moon 6 - Phase 13	
Creative Work	Siddha Yoga	473893461 Rahu 1:51PM – 3:42PM	Vanija Until 1:13AM Fri	Nataraja: Yellow			4th Phase	
			Dashami Until 1:32PM	Moon – Orange				Devaloka Day
				Ashada•Ani				

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 25 Sutra 89
Vischika Rasi: 4.11	Tithi 11 – 12	Gulika 6:26AM – 8:17AM	Anuradha Until 4:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:35AM		Vikarin 5121	
		Yama 3:42PM – 5:34PM	Subha Until 5:28PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM		Moon 6 - Phase 13	
Creative Work	Siddha Yoga	473893461 Rahu 10:09AM – 12:00PM	Bava Until 12:56AM Sat	Nataraja: Yellow			4th Phase	
			Ekadashi Until 1:00PM	Moon – Orange				Devaloka Day
				Ashada•Ani				

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 26 Sutra 90
Vischika Rasi: 17.14	Tithi 12 – 13	Gulika 4:36AM – 6:27AM	Jyeshtha* Until 5:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:36AM		Vikarin 5121	
		Yama 1:51PM – 3:42PM	Sukla Until 4:29PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM		Moon 6 - Phase 13	
Creative Work	Siddha Yoga	473893461 Rahu 8:18AM – 10:09AM	Kaulava Until 1:07AM Sun	Nataraja: Yellow			4th Phase	
Until 5:43AM Sun			Dvadashi Until 12:56PM	Moon – Orange				Devaloka Day
Then Creative Work - Amrita Yoga				Ashada•Ani				
				<i>Pradosha Vrata</i>				

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 27 Sutra 91
Dhanus Rasi: 0.04	Tithi 13 – 14	Gulika 3:42PM – 5:33PM	Mula* Until 7:18AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:36AM		Vikarin 5121	
		Yama 12:00PM – 1:51PM	Brahma Until 3:53PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM		Moon 6 - Phase 13	
Creative Work	Amrita Yoga	483893461 Rahu 5:33PM – 7:24PM	Gara Until 1:47AM Mon	Nataraja: Yellow			4th Phase	
Until 7:18AM Mon			Trayodashi Until 1:22PM	Moon – Light Blue				Sivaloka Day
Then Routine Work - Marana Yoga				Ashada•Ani				

		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 28 Sutra 92
Copper Retreat Star		Gulika 1:51PM – 3:42PM	Mula* Until 7:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:37AM		Vikarin 5121	
Dhanus Rasi: 12.39	Tithi 14 – 15	Yama 10:09AM – 12:00PM	Indra Until 3:41PM	Muruqa: Blue	<i>Sunset:</i> 7:23PM		Moon 6 - Phase 13	
Family Home Evening		483893461 Rahu 6:28AM – 8:19AM	Visti Until 2:54AM Tue	Nataraja: Yellow			Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 2:16PM	Moon – Light Blue				Sivaloka Day
Until 7:18AM		Satguru Purnima		Ashada•Ani				
Then Routine Work - Marana Yoga								

5		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 29 Sutra 93
Silver Retreat Star		Gulika 12:00PM – 1:51PM	Purvashadha* Until 9:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:38AM		Vikarin 5121	
Dhanus Rasi: 25.02	Tithi 15 – 16	Yama 8:19AM – 10:10AM	Vaidhriti* Until 3:48PM	Muruqa: Blue	<i>Sunset:</i> 7:23PM		Moon 6 - Phase 13	
Creative Work	Siddha Yoga	483893461 Rahu 3:41PM – 5:32PM	Balava Until 4:28AM Wed	Nataraja: Yellow			Prathama	
Until 9:10AM		Partial Lunar Eclipse	Purnima* Until 3:37PM	Moon – Light Blue				Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Ashada•Adi				



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Norman, OK

Sutra 94

Makara Rasi: 7.14 Tithi 16 - 17

Gulika 10:10AM - 12:00PM
Yama 6:29AM - 8:19AM
Rahu 12:00PM - 1:51PM

Uttarashadha Until 11:18AM
Vishkambha* Until 4:14PM
Taitila Until 6:24AM Thu
Prathama* Until 5:23PM

Ganesha: Purple
Muruqa: Blue
Nataraja: White
Moon - Light Blue
Ashada*Adi

Sunrise: 4:39AM
Sunset: 7:22PM

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 11:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1 Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Norman, OK

Sun 1 Sutra 95

Makara Rasi: 19.17 Tithi 17

Gulika 8:20AM - 10:10AM
Yama 4:39AM - 6:30AM
Rahu 1:51PM - 3:41PM

Shravana Until 2:05PM
Priti Until 4:57PM
Taitila Until 6:24AM
Dvitiya Until 7:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:39AM
Sunset: 7:21PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2 Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trityayam Titau

Norman, OK

Sun 2 Sutra 96

Kumbha Rasi: 1.14 Tithi 18

Gulika 6:30AM - 8:20AM
Yama 3:41PM - 5:31PM
Rahu 10:10AM - 12:00PM

Dhanishtha Until 4:57PM
Ayushman Until 5:49PM
Vanija Until 8:37AM
Tritiya Until 9:47PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:40AM
Sunset: 7:21PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3 Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Norman, OK

Sun 3 Sutra 97

Kumbha Rasi: 13.07 Tithi 19

Gulika 4:41AM - 6:31AM
Yama 1:50PM - 3:40PM
Rahu 8:21AM - 10:11AM

Shatabhishak Until 7:45PM
Saubhagya Until 6:48PM
Bava Until 11:00AM
Chaturthi* Until 12:12AM Sun

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:41AM
Sunset: 7:20PM

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 7:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4 Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK

Sun 4 Sutra 98

Kumbha Rasi: 24.58 Tithi 20

Gulika 3:40PM - 5:30PM
Yama 12:01PM - 1:50PM
Rahu 5:30PM - 7:19PM

Purvaproshtapada* Until 10:53PM
Sobhana Until 7:46PM
Kaulava Until 1:25PM
Panchami Until 2:34AM Mon

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:42AM
Sunset: 7:19PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 10:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5 Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK

Sun 5 Sutra 99

Meena Rasi: 6.51 Tithi 21

Family Home Evening

Gulika 1:50PM - 3:39PM
Yama 10:11AM - 12:01PM
Rahu 6:32AM - 8:22AM

Uttaraproshtapada Until 1:40AM Tue
Athiganda* Until 8:35PM
Gara Until 3:42PM
Shashthi* Until 4:44AM Tue

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:43AM
Sunset: 7:18PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

6 Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Norman, OK

Sun 6 Sutra 100

Meena Rasi: 18.49 Tithi 22

Gulika 12:01PM - 1:50PM
Yama 8:22AM - 10:11AM
Rahu 3:39PM - 5:28PM

Revati Until 3:57AM Wed
Sukarma Until 9:11PM
Visti Until 5:42PM
Saptami Until 6:32AM Wed

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:44AM
Sunset: 7:18PM

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 3:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Norman, OK

Sun 7 Sutra 101

Mesha Rasi: 0.56 Tithi 22 - 23

Gulika 10:12AM - 12:01PM
Yama 6:34AM - 8:23AM
Rahu 12:01PM - 1:50PM

Ashvini Until 6:04AM Thu
Dhriti Until 9:26PM
Balava Until 7:16PM
Saptami Until 6:32AM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 4:44AM
Sunset: 7:17PM

Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Until 6:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK

Sun 8 Sutra 102

Mesha Rasi: 13.17 Tithi 23 - 24

Gulika 8:23AM - 10:12AM
Yama 4:45AM - 6:34AM
Rahu 1:49PM - 3:38PM

Ashvini Until 6:04AM
Shula* Until 9:10PM
Taitila Until 8:13PM
Ashtami* Until 7:48AM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 4:45AM
Sunset: 7:16PM

Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Norman, OK	
Mesha Rasi: 25.55		Tithi 24 – 25		Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 103	
424893462		Gulika 6:35AM – 8:23AM	Bharani Until 7:23AM	Ganesha: White	<i>Sunrise:</i> 4:46AM	Vikarin 5121	
Creative Work		Yama 3:38PM – 5:26PM	Ganda* Until 8:22PM	Muruqa: Blue	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 15	
Siddha Yoga		Rahu 10:12AM – 12:01PM	Vanija Until 8:27PM	Nataraja: White	Subha Subha Sivaloka Day		
			Navami* Until 8:25AM	Moon – White	Ashada-Adi		

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Norman, OK	
Vrishabha Rasi: 8.54		Tithi 25 – 26		Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 104	
424893462		Gulika 4:47AM – 6:36AM	Krittika Until 7:49AM	Ganesha: White	<i>Sunrise:</i> 4:47AM	Vikarin 5121	
Creative Work		Yama 1:49PM – 3:37PM	Vriddhi Until 6:57PM	Muruqa: Blue	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 15	
Amrita Yoga		Rahu 8:24AM – 10:12AM	Bava Until 7:55PM	Nataraja: White	Subha Subha Sivaloka Day		
			Dashami Until 8:16AM	Moon – White	Ashada-Adi		

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Norman, OK	
Vrishabha Rasi: 22.19		Tithi 26 – 27		Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 105	
424893462		Gulika 3:37PM – 5:25PM	Rohini Until 7:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Vikarin 5121	
Creative Work		Yama 12:01PM – 1:49PM	Dhruva Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 15	
Siddha Yoga		Rahu 5:25PM – 7:13PM	Kaulava Until 6:36PM	Nataraja: White	Subha Sivaloka Day		
			Ekadashi* Until 7:20AM	Moon – Yellow	Ashada-Adi		

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Norman, OK	
Mithuna Rasi: 6.1		Tithi 28		Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 106	
435893462		Gulika 1:48PM – 3:36PM	Mrigashira Until 6:51AM	Ganesha: White	<i>Sunrise:</i> 4:49AM	Vikarin 5121	
Family Home Evening		Yama 10:13AM – 12:01PM	Vyaghata* Until 2:14PM	Muruqa: Blue	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 15	
Creative Work		Rahu 6:37AM – 8:25AM	Gara Until 4:35PM	Nataraja: White	Sivaloka Day		
Amrita Yoga			Trayodashi* Until 3:19AM Tue	Moon – Yellow	Ashada-Adi		
Until 6:51AM			<i>Pradosha Vrata (Fasting)</i>				
Then Creative Work - Siddha Yoga							

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Norman, OK	
Mithuna Rasi: 20.26		Tithi 29		Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 107	
445893462		Gulika 12:01PM – 1:48PM	Punarvasu Until 3:09AM Wed	Ganesha: Green	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
Creative Work		Yama 8:25AM – 10:13AM	Harshana Until 11:07AM	Muruqa: Blue	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15	
Siddha Yoga		Rahu 3:36PM – 5:23PM	Visti Until 1:57PM	Nataraja: White	Sivaloka Day		
			Chaturdashi* Until 12:27AM Wed	Moon – Blue	Ashada-Adi		

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Norman, OK	
Kataka Rasi: 5.05		Tithi 30		Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 108	
445893462		Gulika 10:13AM – 12:00PM	Pushya Until 12:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
Creative Work		Yama 6:38AM – 8:26AM	Vajra* Until 7:33AM	Muruqa: Blue	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 15	
Siddha Yoga		Rahu 12:00PM – 1:48PM	Catuspada Until 10:52AM	Nataraja: White	Sivaloka Day		
			Amavasya* Until 9:11PM	Moon – Blue	Ashada-Adi		

Thursday, August 1, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Norman, OK	
Kataka Rasi: 19.59		Tithi 1 – 2		Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau		Sun 15 Sutra 109	
445893462		Gulika 8:26AM – 10:13AM	Ashlesha* Until 9:50PM	Ganesha: Green	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
Creative Work		Yama 4:52AM – 6:39AM	Vyatipata* Until 11:45PM	Muruqa: Blue	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 15	
Siddha Yoga		Rahu 1:48PM – 3:35PM	Kintughna Until 7:28AM	Nataraja: White	Sivaloka Day		
Until 9:50PM			Prathama* Until 5:41PM	Moon – Blue	Sravana-Adi		
Then Creative Work - Amrita Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Norman, OK Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 5.02	Tithi 2 - 3	Gulika 6:40AM - 8:27AM	Magha* Until 7:13PM	Ganesha: White	<i>Sunrise:</i> 4:53AM		
		Yama 3:34PM - 5:21PM	Variyan Until 7:43PM	Muruqa: Blue	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 16
		455893462 Rahu 10:13AM - 12:00PM	Taitila Until 12:22AM Sat	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 2:07PM	Moon - Red		Sivaloka Day	
Until 7:13PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Norman, OK Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 20.04	Tithi 3 - 4	Gulika 4:54AM - 6:40AM	Purvaphalguni Until 4:36PM	Ganesha: White	<i>Sunrise:</i> 4:54AM		
		Yama 1:47PM - 3:34PM	Parigha* Until 3:49PM	Muruqa: Blue	<i>Sunset:</i> 7:07PM		Moon 7 - Phase 16
		455893462 Rahu 8:27AM - 10:14AM	Vanija Until 8:57PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:37AM	Moon - Red		Sivaloka Day	
Until 4:36PM				Sravana*Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Norman, OK Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 4.56	Tithi 4 - 5	Gulika 3:33PM - 5:19PM	Uttaraphalguni Until 2:06PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM		
		Yama 12:00PM - 1:47PM	Shiva Until 12:08PM	Muruqa: Blue	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 16
		455993462 Rahu 5:19PM - 7:06PM	Balava Until 4:26AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 7:20AM	Moon - Red		Subha Sivaloka Day	
		Nag Panchami		Sravana*Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Norman, OK Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 19.33	Tithi 6	Gulika 1:46PM - 3:32PM	Hasta Until 12:17PM	Ganesha: White	<i>Sunrise:</i> 4:56AM		
Family Home Evening		Yama 10:14AM - 12:00PM	Siddha Until 8:45AM	Muruqa: Blue	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:42AM - 8:28AM	Kaulava Until 3:10PM	Nataraja: White			3rd Phase
Until 12:17PM			Shashthi* Until 2:00AM Tue	Moon - Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Norman, OK Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 3.49	Tithi 7	Gulika 12:00PM - 1:46PM	Chitra Until 10:52AM	Ganesha: White	<i>Sunrise:</i> 4:56AM		
		Yama 8:28AM - 10:14AM	Subha Until 3:21AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 16
		465993462 Rahu 3:32PM - 5:18PM	Gara Until 1:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:10AM Wed	Moon - Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Norman, OK Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 17.41	Tithi 8	Gulika 10:14AM - 12:00PM	Svati Until 9:54AM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM		
		Yama 6:43AM - 8:29AM	Sukla Until 1:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:02PM		Moon 7 - Phase 16
		466993462 Rahu 12:00PM - 1:45PM	Visti Until 11:30AM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:59PM	Moon - Green		Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Norman, OK Sun 22 Sutra 116 Vikarin 5121	
Vrischika Rasi: 1.1	Tithi 9	Gulika 8:29AM - 10:14AM	Vishakha Until 9:54AM	Ganesha: Purple	<i>Sunrise:</i> 4:58AM		
		Yama 4:58AM - 6:44AM	Brahma Until 12:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 16
		476993462 Rahu 1:45PM - 3:30PM	Balava Until 10:39AM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 10:28PM	Moon - Orange		Sivaloka Day	
				Sravana*Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Norman, OK	
Wrischika Rasi: 14.17		Tithi 10		Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 117	
476993462		Gulika 6:44AM – 8:29AM	Anuradha Until 10:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:59AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 3:30PM – 5:15PM	Indra Until 11:10PM	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 17	
Until 10:24AM		Rahu 10:15AM – 12:00PM	Taitila Until 10:28AM	Nataraja: White	4th Phase		
Then Routine Work - Marana Yoga		Varalakshmi Vratam	Dashami Until 10:36PM	Moon – Orange	Sivaloka Day		

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Norman, OK	
Wrischika Rasi: 27.05		Tithi 11		Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 118	
476993462		Gulika 5:00AM – 6:45AM	Jyeshtha* Until 11:22AM	Ganesha: Purple	<i>Sunrise:</i> 5:00AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 1:44PM – 3:29PM	Vaidhriti* Until 10:45PM	Muruqa: Blue	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 17	
476993462		Rahu 8:30AM – 10:15AM	Vanija Until 10:55AM	Nataraja: White	4th Phase		
			Ekadashi Until 11:20PM	Moon – Orange	Sivaloka Day		
				Sravana*Adi			

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Norman, OK	
Dhanus Rasi: 9.37		Tithi 12		Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25 Sutra 119	
486993462		Gulika 3:28PM – 5:13PM	Mula* Until 1:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Vikarin 5121	
Creative Work Amrita Yoga		Yama 11:59AM – 1:44PM	Vishkambha* Until 10:46PM	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 17	
Until 1:12PM		Rahu 5:13PM – 6:57PM	Bava Until 11:56AM	Nataraja: White	4th Phase		
Then Creative Work - Siddha Yoga			Dvadashi Until 12:36AM Mon	Moon – Light Blue	Subha Sivaloka Day		
				Sravana*Adi			

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Norman, OK	
Dhanus Rasi: 21.55		Tithi 13		Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 120	
486993462		Gulika 1:43PM – 3:28PM	Purvashadha* Until 3:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Vikarin 5121	
Family Home Evening		Yama 10:15AM – 11:59AM	Priti Until 11:07PM	Muruqa: Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 17	
Routine Work Marana Yoga		Rahu 6:46AM – 8:31AM	Kaulava Until 1:25PM	Nataraja: White	4th Phase		
			Trayodashi Until 2:17AM Tue	Moon – Light Blue	Subha Sivaloka Day		
				Sravana*Adi			
				<i>Pradosha Vrata</i>			

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Norman, OK	
Makara Rasi: 4.04		Tithi 14		Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 121	
486993462		Gulika 11:59AM – 1:43PM	Uttarashadha Until 5:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	Vikarin 5121	
Routine Work Prabalarishta Yoga		Yama 8:31AM – 10:15AM	Ayushman Until 11:42PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 17	
Until 5:38PM		Rahu 3:27PM – 5:11PM	Gara Until 3:16PM	Nataraja: White	4th Phase		
Then Creative Work - Siddha Yoga			Chaturdashi* Until 4:18AM Wed	Moon – Light Blue	Subha Sivaloka Day		
				Sravana*Adi			

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Norman, OK	
Makara Rasi: 16.05		Tithi 15		Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 122	
496993462		Gulika 10:15AM – 11:59AM	Shravana Until 8:33PM	Ganesha: White	<i>Sunrise:</i> 5:04AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 6:48AM – 8:31AM	Saubhagya Until 12:29AM Thu	Muruqa: Blue	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 17	
Until 8:33PM		Rahu 11:59AM – 1:42PM	Visti Until 5:25PM	Nataraja: White	Purnima		
Then Routine Work - Prabalarishta Yoga		Raksha Bandhan	Purnima* Until 6:32AM Thu	Moon – Purple	Sivaloka Day		
				Sravana*Adi			

Thursday, August 15, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Norman, OK	
Makara Rasi: 28.01		Tithi 15 – 16		Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 123	
497993462		Gulika 8:32AM – 10:15AM	Dhanishtha Until 11:27PM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 5:05AM – 6:48AM	Sobhana Until 1:24AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 17	
		Rahu 1:42PM – 3:25PM	Balava Until 7:44PM	Nataraja: White	Prathama		
			Purnima* Until 6:32AM	Moon – Purple	Subha Sivaloka Day		
				Sravana*Adi			



Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Norman, OK
Sutra 124

Kumbha Rasi: 9.53 Tithi 16 – 17

497993462 **Gulika** 6:49AM – 8:32AM
Yama 3:24PM – 5:07PM
Rahu 10:15AM – 11:58AM

Shatabhishak Until 2:16AM Sat
Athiganda* Until 2:21AM Sat
Taitila Until 10:10PM
Prathama* Until 8:55AM

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: Blue *Sunset:* 6:51PM
Nataraja: White
Moon – Purple

Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga
Until 2:16AM Sat
Then Routine Work - Marana Yoga

Subha Sivaloka Day
Sravana-Adi

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK
Sun 1 Sutra 125

Kumbha Rasi: 21.45 Tithi 17 – 18

517993462 **Gulika** 5:07AM – 6:50AM
Yama 1:41PM – 3:24PM
Rahu 8:33AM – 10:15AM

Purvaproshtapada* Until 5:25AM Sun
Sukarma Until 3:18AM Sun
Vanija Until 12:35AM Sun
Dvitiya Until 11:21AM

Ganesha: White *Sunrise:* 5:07AM
Muruqa: Blue *Sunset:* 6:49PM
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Routine Work Marana Yoga
Until 5:25AM Sun
Then Creative Work - Amrita Yoga

Subha Subha Sivaloka Day
Sravana-Avani

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK
Sun 2 Sutra 126

Meena Rasi: 3.37 Tithi 18 – 19

517993462 **Gulika** 3:23PM – 5:05PM
Yama 11:58AM – 1:40PM
Rahu 5:05PM – 6:48PM

Uttaraproshtapada Until 8:16AM Mon
Dhriti Until 4:12AM Mon
Bava Until 2:55AM Mon
Tritiya Until 1:45PM

Ganesha: White *Sunrise:* 5:08AM
Muruqa: Blue *Sunset:* 6:48PM
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Creative Work Amrita Yoga
Until 8:16AM Mon
Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day
Sravana-Avani

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 3 Sutra 127

Meena Rasi: 15.31 Tithi 19 – 20

Family Home Evening

517993462 **Gulika** 1:40PM – 3:22PM
Yama 10:15AM – 11:58AM
Rahu 6:51AM – 8:33AM

Uttaraproshtapada Until 8:16AM
Shula* Until 4:54AM Tue
Kaulava Until 5:03AM Tue
Chaturthi* Until 4:00PM

Ganesha: White *Sunrise:* 5:09AM
Muruqa: Blue *Sunset:* 6:46PM
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga

Subha Subha Sivaloka Day
Sravana-Avani

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Norman, OK
Sun 4 Sutra 128

Meena Rasi: 27.31 Tithi 20 – 21

517993462 **Gulika** 11:57AM – 1:39PM
Yama 8:34AM – 10:16AM
Rahu 3:21PM – 5:03PM

Revati Until 10:46AM
Ganda* Until 5:22AM Wed
Gara Until 6:52AM Wed
Panchami Until 5:59PM

Ganesha: White *Sunrise:* 5:10AM
Muruqa: Blue *Sunset:* 6:45PM
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga

Subha Subha Sivaloka Day
Sravana-Avani

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK
Sun 5 Sutra 129

Mesha Rasi: 9.38 Tithi 21

528993462 **Gulika** 10:16AM – 11:57AM
Yama 6:53AM – 8:34AM
Rahu 11:57AM – 1:39PM

Ashvini Until 1:14PM
Vriddhi Until 5:30AM Thu
Gara Until 6:52AM
Shashthi* Until 7:35PM

Ganesha: White *Sunrise:* 5:11AM
Muruqa: Blue *Sunset:* 6:43PM
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Routine Work Marana Yoga
Until 1:14PM
Then Creative Work - Siddha Yoga

Sivaloka Day
Sravana-Avani

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Norman, OK
Sun 6 Sutra 130

Mesha Rasi: 21.56 Tithi 22

528993462 **Gulika** 8:34AM – 10:16AM
Yama 5:12AM – 6:53AM
Rahu 1:38PM – 3:19PM

Bharani Until 3:04PM
Dhruva Until 5:09AM Fri
Visti Until 8:13AM
Saptami Until 8:39PM

Ganesha: White *Sunrise:* 5:12AM
Muruqa: Blue *Sunset:* 6:42PM
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Creative Work Siddha Yoga
Until 3:04PM
Then Routine Work - Marana Yoga

Sivaloka Day
Sravana-Avani



Friday, August 23, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK
Sun 7 Sutra 131

Vrishabha Rasi: 4.31 Tithi 23

528993462 **Gulika** 6:54AM – 8:35AM
Yama 3:19PM – 5:00PM
Rahu 10:16AM – 11:57AM

Krittika Until 4:07PM
Vyaghata* Until 4:16AM Sat
Balava Until 8:58AM
Ashtami* Until 9:03PM

Ganesha: White *Sunrise:* 5:13AM
Muruqa: Blue *Sunset:* 6:40PM
Nataraja: White
Moon – White

Moon 8 - Phase 18
Ashtami

Creative Work Siddha Yoga
Until 4:07PM
Then Routine Work - Marana Yoga

Sivaloka Day
Sravana-Avani

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK
Sun 8 Sutra 132

Vrishabha Rasi: 17.25 Tithi 24

538993462 **Gulika** 5:14AM – 6:54AM
Yama 1:37PM – 3:18PM
Rahu 8:35AM – 10:16AM

Rohini Until 4:45PM
Harshana Until 2:46AM Sun
Taitila Until 9:00AM
Navami* Until 8:42PM

Ganesha: Clear *Sunrise:* 5:14AM
Muruqa: Blue *Sunset:* 6:39PM
Nataraja: White
Moon – Yellow

Moon 8 - Phase 18
Navami

Creative Work Amrita Yoga
Until 4:45PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day
Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Norman, OK Sun 9
	Mithuna Rasi: 0.43	Tithi 25	Gulika 3:17PM – 4:57PM	Mrigashira Until 4:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Vikarin 5121
			Yama 11:56AM – 1:36PM	Vajra* Until 12:37AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	538993462 Rahu 4:57PM – 6:37PM	Vanija Until 8:14AM	Nataraja: White		2nd Phase
			Dashami Until 7:33PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 10
	Mithuna Rasi: 14.28	Tithi 26 – 27	Gulika 1:36PM – 3:16PM	Ardra Until 3:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Vikarin 5121
	Family Home Evening		Yama 10:16AM – 11:56AM	Siddhi Until 9:52PM	Muruqa: Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	538993462 Rahu 6:56AM – 8:36AM	Bava Until 6:42AM	Nataraja: White		2nd Phase
			Ekadashi* Until 5:38PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			
				Then Creative Work - Amrita Yoga			

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 11
	Mithuna Rasi: 28.42	Tithi 27 – 28	Gulika 11:56AM – 1:35PM	Punarvasu Until 1:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:17AM	Vikarin 5121
			Yama 8:36AM – 10:16AM	Vyatipata* Until 6:36PM	Muruqa: Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	548993462 Rahu 3:15PM – 4:55PM	Gara Until 1:34AM Wed	Nataraja: White		2nd Phase
			Dvadashi* Until 3:03PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 12
	Kataka Rasi: 13.21	Tithi 28 – 29	Gulika 10:16AM – 11:55AM	Pushya Until 11:20AM	Ganesha: Orange	<i>Sunrise:</i> 5:18AM	Vikarin 5121
			Yama 6:57AM – 8:36AM	Variyan Until 2:51PM	Muruqa: Blue	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	549193463 Rahu 11:55AM – 1:35PM	Visti Until 10:12PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 11:55AM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sun 13
	Retreat Star		Gulika 8:37AM – 10:16AM	Ashlesha* Until 8:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:19AM	Vikarin 5121
	Kataka Rasi: 28.2	Tithi 29 – 30	Yama 5:19AM – 6:58AM	Parigha* Until 10:49AM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	549193463 Rahu 1:34PM – 3:13PM	Catuspada Until 6:31PM	Nataraja: Clear		Amavasya
			Chaturdashi* Until 8:23AM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			
				Then Creative Work - Amrita Yoga			

Retreat Star	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK Sun 14
	Simha Rasi: 13.32	Tithi 1	Gulika 6:58AM – 8:37AM	Purvaphalguni Until 2:37AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Vikarin 5121
			Yama 3:12PM – 4:51PM	Shiva Until 6:36AM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	559193463 Rahu 10:16AM – 11:55AM	Kintughna Until 2:41PM	Nataraja: Clear		Prathama
			Prathama* Until 12:45AM Sat	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			
				Then Routine Work - Marana Yoga			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 15 Sutra 139
	Simha Rasi: 28.48	Tithi 2	Gulika 5:21AM – 6:59AM	Uttaraphalguni Until 11:35PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Vikarin 5121
			Yama 1:33PM – 3:11PM	Sadhya Until 10:07PM	Muruqa: Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	559193463 Rahu 8:37AM – 10:16AM	Balava Until 10:52AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 9:00PM	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Norman, OK Sun 16 Sutra 140
	Kanya Rasi: 13.56	Tithi 3 – 4	Gulika 3:10PM – 4:48PM	Hasta Until 9:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:22AM	Vikarin 5121
			Yama 11:54AM – 1:32PM	Subha Until 6:11PM	Muruqa: Blue	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	569193463 Rahu 4:48PM – 6:27PM	Taitila Until 7:14AM	Nataraja: Clear		3rd Phase
Until 9:06PM			Tritiya Until 5:31PM	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Norman, OK Sun 17 Sutra 141
	Kanya Rasi: 28.48	Tithi 4 – 5	Gulika 1:32PM – 3:09PM	Chitra Until 6:56PM	Ganesha: Orange	<i>Sunrise:</i> 5:22AM	Vikarin 5121
	Family Home Evening		Yama 10:16AM – 11:54AM	Sukla Until 2:35PM	Muruqa: Blue	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 Rahu 7:00AM – 8:38AM	Bava Until 1:10AM Tue	Nataraja: Clear		3rd Phase
Until 6:56PM			Chaturthi* Until 2:28PM	Moon – Green		Sivaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Avani			

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Norman, OK Sun 18 Sutra 142
	Tula Rasi: 13.16	Tithi 5 – 6	Gulika 11:53AM – 1:31PM	Svati Until 5:15PM	Ganesha: Orange	<i>Sunrise:</i> 5:23AM	Vikarin 5121
			Yama 8:38AM – 10:16AM	Brahma Until 11:28AM	Muruqa: Blue	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 Rahu 3:08PM – 4:46PM	Kaulava Until 11:02PM	Nataraja: Clear		3rd Phase
Until 5:15PM			Panchami Until 12:00PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Avani			

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Norman, OK Sun 19 Sutra 143
	Tula Rasi: 27.17	Tithi 6 – 7	Gulika 10:16AM – 11:53AM	Vishakha Until 4:35PM	Ganesha: Green	<i>Sunrise:</i> 5:24AM	Vikarin 5121
			Yama 7:02AM – 8:39AM	Indra Until 8:57AM	Muruqa: Blue	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 Rahu 11:53AM – 1:30PM	Gara Until 9:41PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 10:14AM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada-Avani			

D	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Norman, OK Sun 20 Sutra 144
	Retreat Star		Gulika 8:39AM – 10:16AM	Anuradha Until 4:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM	Vikarin 5121
	Vrischika Rasi: 10.5	Tithi 7 – 8	Yama 5:25AM – 7:02AM	Vaidhriti* Until 7:04AM	Muruqa: Blue	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20
			571193463 Rahu 1:30PM – 3:06PM	Visti Until 9:08PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 9:17AM	Moon – Orange		Sivaloka Day	
Until 4:35PM				Bhadrapada-Avani			
Then Routine Work - Prabalarishta Yoga							

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK Sun 21 Sutra 145
	Retreat Star		Gulika 7:03AM – 8:39AM	Jyeshtha* Until 5:13PM	Ganesha: Orange	<i>Sunrise:</i> 5:26AM	Vikarin 5121
	Vrischika Rasi: 23.55	Tithi 8 – 9	Yama 3:05PM – 4:42PM	Priti Until 5:15AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20
			571193463 Rahu 10:16AM – 11:52AM	Balava Until 9:25PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 9:10AM	Moon – Orange		Sivaloka Day	
Until 5:13PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK
	Dhanus Rasi: 6.37	Tithi 9 – 10	581193463	Gulika 5:27AM – 7:03AM Yama 1:28PM – 3:04PM Rahu 8:40AM – 10:16AM	Mula* Until 6:56PM Ayushman Until 5:11AM Sun Taitila Until 10:27PM Navami* Until 9:49AM	Ganesha: Green <i>Sunrise:</i> 5:27AM Muruqa: Blue <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga					Devaloka Day Bhadrapada-Avani


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK
	Dhanus Rasi: 19	Tithi 10 – 11	581193463	Gulika 3:03PM – 4:39PM Yama 11:52AM – 1:28PM Rahu 4:39PM – 6:15PM	Purvashadha* Until 9:05PM Saubhagya Until 5:34AM Mon Vanija Until 12:05AM Mon Dashami Until 11:10AM	Ganesha: Green <i>Sunrise:</i> 5:28AM Muruqa: Blue <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Light Blue	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga		Grandparent's Day			Devaloka Day Bhadrapada-Avani
	Until 9:05PM Then Creative Work - Amrita Yoga						

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK
	Makara Rasi: 1.09	Tithi 11 – 12	581193463	Gulika 1:27PM – 3:02PM Yama 10:16AM – 11:51AM Rahu 7:05AM – 8:40AM	Uttarashadha Until 11:30PM Sobhana Until 6:16AM Tue Bava Until 2:09AM Tue Ekadashi Until 1:03PM	Ganesha: Green <i>Sunrise:</i> 5:29AM Muruqa: Blue <i>Sunset:</i> 6:14PM Nataraja: Clear Moon – Light Blue	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Family Home Evening	Marana Yoga					Devaloka Day Bhadrapada-Avani
	Until 11:30PM Then Creative Work - Amrita Yoga						

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK
	Makara Rasi: 13.08	Tithi 12 – 13	591193463	Gulika 11:51AM – 1:26PM Yama 8:41AM – 10:16AM Rahu 3:01PM – 4:37PM	Shravana Until 2:32AM Wed Sobhana Until 6:16AM Kaulava Until 4:29AM Wed Dvadashi Until 3:16PM	Ganesha: Red <i>Sunrise:</i> 5:30AM Muruqa: Blue <i>Sunset:</i> 6:12PM Nataraja: Clear Moon – Purple	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day Bhadrapada-Avani
	Until 2:32AM Wed Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>		

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK
	Makara Rasi: 25.02	Tithi 13 – 14	591193463	Gulika 10:16AM – 11:51AM Yama 7:06AM – 8:41AM Rahu 11:51AM – 1:26PM	Dhanishtha Until 5:31AM Thu Athiganda* Until 7:07AM Gara Until 6:57AM Thu Trayodashi Until 5:41PM	Ganesha: Red <i>Sunrise:</i> 5:31AM Muruqa: Blue <i>Sunset:</i> 6:10PM Nataraja: Clear Moon – Purple	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Routine Work	Prabalarishta Yoga		Chidambaram Abhishekam			Sivaloka Day Bhadrapada-Avani
	Until 5:31AM Thu Then Creative Work - Siddha Yoga						

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Norman, OK
	Kumbha Rasi: 6.54	Tithi 14	591193463	Gulika 8:41AM – 10:16AM Yama 5:32AM – 7:07AM Rahu 1:25PM – 2:59PM	Shatabhishak Until 8:20AM Fri Sukarma Until 8:04AM Gara Until 6:57AM Chaturdashi* Until 8:09PM	Ganesha: Red <i>Sunrise:</i> 5:32AM Muruqa: Blue <i>Sunset:</i> 6:09PM Nataraja: Clear Moon – Purple	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day Bhadrapada-Avani

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK
	Copper Retreat Star			Gulika 7:07AM – 8:41AM Yama 2:58PM – 4:33PM Rahu 10:16AM – 11:50AM	Shatabhishak Until 8:20AM Dhriti Until 9:01AM Visti Until 9:24AM Purnima* Until 10:36PM	Ganesha: Red <i>Sunrise:</i> 5:33AM Muruqa: Purple <i>Sunset:</i> 6:07PM Nataraja: Clear Moon – Purple	Sun 28 Sutra 152 Vikarin 5121 Moon 8 - Phase 21 Purnima
	Creative Work	Siddha Yoga					Sivaloka Day Bhadrapada-Avani

7	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK
	Silver Retreat Star			Gulika 5:34AM – 7:08AM Yama 1:24PM – 2:57PM Rahu 8:42AM – 10:16AM	Purvaprosarthapada* Until 11:25AM Shula* Until 9:53AM Balava Until 11:48AM Prathama* Until 12:55AM Sun	Ganesha: Red <i>Sunrise:</i> 5:34AM Muruqa: Purple <i>Sunset:</i> 6:05PM Nataraja: Clear Moon – Clear	Sun 29 Sutra 153 Vikarin 5121 Moon 8 - Phase 21 Prathama
	Routine Work	Marana Yoga					Sivaloka Day Bhadrapada-Avani
	Until 11:25AM Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Norman, OK
Sun 1
Sutra 154
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Meena Rasi: 12.34 Tithi 17

512113463

Gulika 2:56PM – 4:30PM
Yama 11:49AM – 1:23PM
Rahu 4:30PM – 6:04PM

Uttaraproshtapada Until 2:13PM
Ganda* Until 10:40AM
Tailila Until 2:03PM
Dvitiya Until 3:05AM Mon

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon – Clear

Sivaloka Day

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Norman, OK
Sun 2
Sutra 155
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Meena Rasi: 24.33 Tithi 18

512113463

Gulika 1:22PM – 2:55PM
Yama 10:16AM – 11:49AM
Rahu 7:09AM – 8:42AM

Revati Until 4:39PM
Vridhhi Until 11:20AM
Vanija Until 4:06PM
Tritiya Until 5:02AM Tue

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Clear

Sivaloka Day

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Norman, OK
Sun 3
Sutra 156
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 6.38 Tithi 19

522113463

Gulika 11:49AM – 1:21PM
Yama 8:43AM – 10:16AM
Rahu 2:54PM – 4:27PM

Ashvini Until 7:11PM
Dhruva Until 11:46AM
Bava Until 5:55PM
Chaturthi* Until 6:41AM Wed

Ganesha: White *Sunrise:* 5:37AM
Muruqa: Purple *Sunset:* 6:00PM
Nataraja: Clear
Moon – White

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 4
Sutra 157
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 18.5 Tithi 19 – 20

522113463

Gulika 10:16AM – 11:48AM
Yama 7:10AM – 8:43AM
Rahu 11:48AM – 1:21PM

Bharani Until 9:13PM
Vyaghata* Until 11:59AM
Kaulava Until 7:23PM
Chaturthi* Until 6:41AM

Ganesha: White *Sunrise:* 5:38AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Clear
Moon – White

Devaloka Day

Creative Work Siddha Yoga
Until 9:13PM
Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Norman, OK
Sun 5
Sutra 158
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Vrishabha Rasi: 1.12 Tithi 20 – 21

522113463

Gulika 8:43AM – 10:16AM
Yama 5:39AM – 7:11AM
Rahu 1:20PM – 2:52PM

Krittika Until 10:39PM
Harshana Until 11:55AM
Gara Until 8:26PM
Panchami Until 7:57AM

Ganesha: White *Sunrise:* 5:39AM
Muruqa: Purple *Sunset:* 5:57PM
Nataraja: Clear
Moon – White

Devaloka Day

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Norman, OK
Sun 6
Sutra 159
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Vrishabha Rasi: 13.47 Tithi 21 – 22

532113463

Gulika 7:12AM – 8:44AM
Yama 2:51PM – 4:23PM
Rahu 10:16AM – 11:47AM

Rohini Until 11:52PM
Vajra* Until 11:24AM
Visti Until 8:55PM
Shashthi* Until 8:44AM

Ganesha: Clear *Sunrise:* 5:40AM
Muruqa: Purple *Sunset:* 5:55PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Routine Work Marana Yoga
Until 11:52PM
Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Norman, OK
Sun 7
Sutra 160
Vikarin 5121
Moon 9 - Phase 22
Ashtami

Vrishabha Rasi: 26.38 Tithi 22 – 23

532113463

Gulika 5:41AM – 7:12AM
Yama 1:19PM – 2:50PM
Rahu 8:44AM – 10:16AM

Mrigashira Until 12:17AM Sun
Siddhi Until 10:26AM
Balava Until 8:45PM
Saptami Until 8:54AM

Ganesha: Clear *Sunrise:* 5:41AM
Muruqa: Purple *Sunset:* 5:54PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Norman, OK
Sun 8
Sutra 161
Vikarin 5121
Moon 9 - Phase 22
Navami

Mithuna Rasi: 9.5 Tithi 23 – 24

532213463

Gulika 2:49PM – 4:21PM
Yama 11:47AM – 1:18PM
Rahu 4:21PM – 5:52PM

Ardra Until 11:50PM
Vyatipata* Until 8:55AM
Tailila Until 7:52PM
Ashtami* Until 8:23AM

Ganesha: Orange *Sunrise:* 5:42AM
Muruqa: Purple *Sunset:* 5:52PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

1	Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau				Norman, OK Sun 9
	Mithuna Rasi: 23.26	Tithi 24 – 25	Gulika 1:17PM – 2:48PM	Punarvasu Until 10:59PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:43AM	Vikarin 5121
	Family Home Evening	542213463	Yama 10:15AM – 11:46AM	Variyan Until 6:48AM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 23
	Creative Work Amrita Yoga		Rahu 7:14AM – 8:45AM	Vanija Until 6:16PM	Nataraja: Clear		2nd Phase
Until 10:59PM			Navami* Until 7:08AM	Moon – Blue		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

2	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK Sun 10
	Kataka Rasi: 7.28	Tithi 26	Gulika 11:46AM – 1:17PM	Pushya Until 9:18PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:44AM	Vikarin 5121
		542213463	Yama 8:45AM – 10:15AM	Shiva Until 12:56AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 23
	Creative Work Siddha Yoga		Rahu 2:47PM – 4:18PM	Bava Until 3:59PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 2:36AM Wed	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

3	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau				Norman, OK Sun 11
	Kataka Rasi: 21.56	Tithi 27	Gulika 10:15AM – 11:46AM	Ashlesha* Until 6:57PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:45AM	Vikarin 5121
		542213463	Yama 7:15AM – 8:45AM	Siddha Until 9:17PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 23
	Creative Work Siddha Yoga		Rahu 11:46AM – 1:16PM	Kaulava Until 1:07PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 11:29PM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

4	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Norman, OK Sun 12
	Simha Rasi: 6.47	Tithi 28	Gulika 8:45AM – 10:15AM	Magha* Until 4:26PM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM	Vikarin 5121
		552213463	Yama 5:46AM – 7:16AM	Sadhya Until 5:18PM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 23
	Creative Work Amrita Yoga		Rahu 1:15PM – 2:45PM	Gara Until 9:47AM	Nataraja: Clear		2nd Phase
Until 4:26PM			Trayodashi* Until 7:59PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sun 13
	Simha Rasi: 21.53	Tithi 29 – 30	Gulika 7:16AM – 8:46AM	Purvaphalguni Until 1:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Vikarin 5121
		552213463	Yama 2:44PM – 4:14PM	Subha Until 1:07PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 23
	Creative Work Siddha Yoga		Rahu 10:15AM – 11:45AM	Visti Until 6:09AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 4:15PM	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			

●	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK Sun 14
	Retreat Star		Gulika 5:48AM – 7:17AM	Uttaraphalguni Until 10:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	Vikarin 5121
	Kanya Rasi: 7.07	Tithi 30 – 1	Yama 1:14PM – 2:43PM	Sukla Until 8:51AM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 23
		653213463	Rahu 8:46AM – 10:15AM	Kintughna Until 10:37PM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga			Mahalaya Amavasai (Tamil Nadu)	Amavasya* Until 12:28PM	Moon – Red	Devaloka Day	
				Bhadrapada-Puratasi			

●	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 15
	Retreat Star		Gulika 2:42PM – 4:11PM	Hasta Until 7:39AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:49AM	Vikarin 5121
	Kanya Rasi: 22.17	Tithi 1 – 2	Yama 11:44AM – 1:13PM	Indra Until 12:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 23
		663213463	Rahu 4:11PM – 5:40PM	Balava Until 7:04PM	Nataraja: Clear		Prathama
Creative Work Amrita Yoga			Navaratri Begins	Prathama* Until 8:47AM	Moon – Green	Devaloka Day	
Until 7:39AM				Ashvina-Puratasi			
Then Creative Work - Siddha Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trityayam Titau		Norman, OK Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:13PM – 2:41PM	Svati Until 2:45AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 5:49AM
Tula Rasi: 7.15	Tithi 3	Yama 10:15AM – 11:44AM	Vaidhriti* Until 9:03PM	Muruqa: Purple <i>Sunset:</i> 5:39PM
Family Home Evening	663213463	Rahu 7:18AM – 8:47AM	Taitila Until 3:54PM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Green
Until 2:45AM Tue			Tritiya Until 2:30AM Tue	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Norman, OK Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:44AM – 1:12PM	Vishakha Until 1:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:50AM
Tula Rasi: 21.52	Tithi 4	Yama 8:47AM – 10:15AM	Vishkambha* Until 5:54PM	Muruqa: Purple <i>Sunset:</i> 5:37PM
673213463		Rahu 2:40PM – 4:09PM	Vanija Until 1:17PM	Nataraja: Clear
Routine Work Marana Yoga				Moon – Orange
Until 1:23AM Wed			Chaturthi* Until 12:13AM Wed	Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Norman, OK Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:15AM – 11:43AM	Anuradha Until 12:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:51AM
Vrischika Rasi: 6.01	Tithi 5	Yama 7:19AM – 8:47AM	Priti Until 3:22PM	Muruqa: Purple <i>Sunset:</i> 5:35PM
673213463		Rahu 11:43AM – 1:11PM	Bava Until 11:22AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Orange
Until 12:38AM Thu			Panchami Until 10:42PM	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Norman, OK Sun 19 Sutra 172 Vikarin 5121
4		Gulika 8:48AM – 10:15AM	Jyeshtha* Until 12:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:52AM
Vrischika Rasi: 19.4	Tithi 6	Yama 5:52AM – 7:20AM	Ayushman Until 1:29PM	Muruqa: Purple <i>Sunset:</i> 5:34PM
673213463		Rahu 1:11PM – 2:38PM	Kaulava Until 10:17AM	Nataraja: Clear
Routine Work Prabalarishta Yoga				Moon – Orange
Until 12:36AM Fri			Shashthi* Until 10:03PM	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Norman, OK Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:21AM – 8:48AM	Mula* Until 1:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:53AM
Dhanus Rasi: 2.49	Tithi 7	Yama 2:37PM – 4:05PM	Saubhagya Until 12:19PM	Muruqa: Purple <i>Sunset:</i> 5:32PM
683213463		Rahu 10:15AM – 11:43AM	Gara Until 10:06AM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Light Blue
Until 1:45AM Sat			Saptami Until 10:19PM	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Norman, OK Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 5:55AM – 7:21AM	Purvashadha* Until 3:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:55AM
Dhanus Rasi: 15.32	Tithi 8	Yama 1:09PM – 2:36PM	Sobhana Until 11:51AM	Muruqa: Purple <i>Sunset:</i> 5:30PM
683213463		Rahu 8:48AM – 10:15AM	Visti Until 10:47AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Light Blue
Until 3:32AM Sun			Ashtami* Until 11:24PM	Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Norman, OK Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:35PM – 4:02PM	Uttarashadha Until 5:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:56AM
Dhanus Rasi: 27.55	Tithi 9	Yama 11:42AM – 1:09PM	Athiganda* Until 11:55AM	Muruqa: Purple <i>Sunset:</i> 5:29PM
683213463		Rahu 4:02PM – 5:29PM	Balava Until 12:14PM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)	Navami* Until 1:11AM Mon	Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Norman, OK Sun 23 Sutra 176 Vikarin 5121
1		Gulika 1:08PM – 2:35PM	Shravana Until 8:45AM Tue	Ganesha: White	<i>Sunrise:</i> 5:57AM	
Makara Rasi: 10.01	Tithi 10	Yama 10:16AM – 11:42AM	Sukarma Until 12:28PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
Family Home Evening	693213463	Rahu 7:23AM – 8:49AM	Taitila Until 2:17PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Dashami Until 3:25AM Tue	Moon – Purple		Devaloka Day
Until 8:45AM Tue				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Norman, OK Sun 24 Sutra 177 Vikarin 5121
2		Gulika 11:42AM – 1:08PM	Shravana Until 8:45AM	Ganesha: White	<i>Sunrise:</i> 5:58AM	
Makara Rasi: 21.58	Tithi 11	Yama 8:50AM – 10:16AM	Dhriti Until 1:18PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
Creative Work	693213464	Rahu 2:34PM – 4:00PM	Vanija Until 4:40PM	Nataraja: Purple		4th Phase
Siddha Yoga			Ekadashi Until 5:55AM Wed	Moon – Purple		Sivaloka Day
		Vijaya Dasami		Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava Karana Dvadashyam Titau				Norman, OK Sun 25 Sutra 178 Vikarin 5121
3		Gulika 10:16AM – 11:41AM	Dhanishtha Until 11:46AM	Ganesha: White	<i>Sunrise:</i> 5:59AM	
Kumbha Rasi: 3.49	Tithi 12	Yama 7:24AM – 8:50AM	Shula* Until 2:13PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 25
Routine Work	693213464	Rahu 11:41AM – 1:07PM	Bava Until 7:13PM	Nataraja: Purple		4th Phase
Prabalarishta Yoga			Dvadashi Until 8:27AM Thu	Moon – Purple		Sivaloka Day
Until 11:46AM		Kadaitswami Mahasamadhi		Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 26 Sutra 179 Vikarin 5121
4		Gulika 8:50AM – 10:16AM	Shatabhishak Until 2:36PM	Ganesha: White	<i>Sunrise:</i> 6:00AM	
Kumbha Rasi: 15.39	Tithi 12 – 13	Yama 6:00AM – 7:25AM	Ganda* Until 3:09PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25
Creative Work	693213464	Rahu 1:06PM – 2:32PM	Kaulava Until 9:43PM	Nataraja: Purple		4th Phase
Siddha Yoga			Dvadashi Until 8:27AM	Moon – Purple		Sivaloka Day
				Ashvina+Puratasi		
				<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 27 Sutra 180 Vikarin 5121
5		Gulika 7:26AM – 8:51AM	Purvaproshtapada* Until 5:40PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM	
Kumbha Rasi: 27.31	Tithi 13 – 14	Yama 2:31PM – 3:56PM	Vridhi Until 4:00PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
Creative Work	613213464	Rahu 10:16AM – 11:41AM	Gara Until 12:04AM Sat	Nataraja: Purple		4th Phase
Siddha Yoga			Trayodashi Until 10:53AM	Moon – Clear		Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 28 Sutra 181 Vikarin 5121
○		Gulika 6:02AM – 7:26AM	Uttaraproshtapada Until 8:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM	
Copper Retreat Star		Yama 1:05PM – 2:30PM	Dhruva Until 4:40PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
Meena Rasi: 9.28	Tithi 14 – 15	Rahu 8:51AM – 10:16AM	Visti Until 2:11AM Sun	Nataraja: Purple		Purnima
Creative Work	613213464		Chaturdashi* Until 1:08PM	Moon – Clear		Sivaloka Day
Siddha Yoga				Ashvina+Puratasi		
Until 8:21PM						
Then Routine Work - Prabalarishta Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 29 Sutra 182 Vikarin 5121
○		Gulika 2:29PM – 3:53PM	Revati Until 10:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM	
Silver Retreat Star		Yama 11:40AM – 1:05PM	Vyaghata* Until 5:08PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 25
Meena Rasi: 21.3	Tithi 15 – 16	Rahu 3:53PM – 5:18PM	Balava Until 4:02AM Mon	Nataraja: Purple		Prathama
Creative Work	614213464		Purnima* Until 3:07PM	Moon – Clear		Subha Sivaloka Day
Amrita Yoga				Ashvina+Puratasi		
Until 10:38PM						
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.39 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:04PM – 2:28PM
Yama 10:16AM – 11:40AM
Rahu 7:28AM – 8:52AM

624213464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 12:57AM Tue
Harshana Until 5:25PM
Taitila Until 5:35AM Tue
Prathama* Until 4:50PM

Ganesha: White Sunrise: 6:04AM
Muruqa: Purple Sunset: 5:16PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Norman, OK
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

1

Tuesday, October 15, 2019

Mesha Rasi: 15.55 Tithi 17

Creative Work Siddha Yoga

Until 2:48AM Wed

Then Creative Work - Amrita Yoga

Gulika 11:40AM – 1:04PM
Yama 8:52AM – 10:16AM
Rahu 2:27PM – 3:51PM

624213464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara Karana Dvitiyayam Titau

Bharani Until 2:48AM Wed
Vajra* Until 5:25PM
Gara Until 6:13PM
Dvitiya Until 6:13PM

Ganesha: White Sunrise: 6:05AM
Muruqa: Purple Sunset: 5:15PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Norman, OK
Sun 1
Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

2

Wednesday, October 16, 2019

Mesha Rasi: 28.19 Tithi 18

Creative Work Amrita Yoga

Until 4:09AM Thu

Then Routine Work - Marana Yoga

Gulika 10:16AM – 11:40AM
Yama 7:29AM – 8:53AM
Rahu 11:40AM – 1:03PM

624213464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Krittika Until 4:09AM Thu
Siddhi Until 5:11PM
Vanija Until 6:49AM
Tritiya Until 7:17PM

Ganesha: White Sunrise: 6:06AM
Muruqa: Purple Sunset: 5:13PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Norman, OK
Sun 2
Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

3

Thursday, October 17, 2019

Vrishabha Rasi: 10.53 Tithi 19

Routine Work Marana Yoga

Until 5:27AM Fri

Then Creative Work - Siddha Yoga

Gulika 8:53AM – 10:16AM
Yama 6:07AM – 7:30AM
Rahu 1:03PM – 2:26PM

634313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 5:27AM Fri
Vyatipata* Until 4:40PM
Bava Until 7:42AM
Chaturthi* Until 7:58PM

Ganesha: White Sunrise: 6:07AM
Muruqa: Purple Sunset: 5:12PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Norman, OK
Sun 3
Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

4

Friday, October 18, 2019

Vrishabha Rasi: 23.37 Tithi 20

Creative Work Siddha Yoga

Gulika 7:31AM – 8:54AM
Yama 2:25PM – 3:48PM
Rahu 10:16AM – 11:39AM

634313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Mrigashira Until 6:09AM Sat
Variyan Until 3:49PM
Kaulava Until 8:11AM
Panchami Until 8:14PM

Ganesha: White Sunrise: 6:08AM
Muruqa: Purple Sunset: 5:10PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Norman, OK
Sun 4
Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

5

Saturday, October 19, 2019

Mithuna Rasi: 6.34 Tithi 21

Creative Work Siddha Yoga

Gulika 6:09AM – 7:32AM
Yama 1:01PM – 2:24PM
Rahu 8:54AM – 10:17AM

634313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 6:09AM
Parigha* Until 2:36PM
Gara Until 8:13AM
Shashthi* Until 8:01PM

Ganesha: White Sunrise: 6:09AM
Muruqa: Purple Sunset: 5:09PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Norman, OK
Sun 5
Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

6

Sunday, October 20, 2019

Mithuna Rasi: 19.47 Tithi 22

Creative Work Siddha Yoga

Gulika 2:23PM – 3:45PM
Yama 11:39AM – 1:01PM
Rahu 3:45PM – 5:07PM

634313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Ardra Until 6:12AM
Shiva Until 12:59PM
Visti Until 7:44AM
Saptami Until 7:15PM

Ganesha: White Sunrise: 6:10AM
Muruqa: Purple Sunset: 5:07PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Norman, OK
Sun 6
Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 3.19 Tithi 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Until 6:01AM

Then Creative Work - Siddha Yoga

Gulika 1:01PM – 2:22PM
Yama 10:17AM – 11:39AM
Rahu 7:33AM – 8:55AM

644313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Punarvasu Until 6:01AM
Siddha Until 10:54AM
Balava Until 6:41AM
Ashtami* Until 5:56PM

Ganesha: Clear Sunrise: 6:11AM
Muruqa: Purple Sunset: 5:06PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Norman, OK
Sun 7
Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 17.1 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika 11:39AM – 1:00PM
Yama 8:56AM – 10:17AM
Rahu 2:22PM – 3:43PM

644313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Ashlesha* Until 3:32AM Wed
Sadhya Until 8:21AM
Vanija Until 2:55AM Wed
Navami* Until 4:02PM

Ganesha: Clear Sunrise: 6:12AM
Muruqa: Purple Sunset: 5:05PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Norman, OK
Sun 8
Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Norman, OK Sun 9 Sutra 192	
Simha Rasi: 1.23	Tithi 25 – 26	Gulika 10:17AM – 11:38AM	Magha* Until 1:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:14AM	Vikarin 5121	
		Yama 7:35AM – 8:56AM	Sukla Until 2:02AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 27	
		654313464 Rahu 11:38AM – 1:00PM	Bava Until 12:16AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 1:38PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Norman, OK Sun 10 Sutra 193	
Simha Rasi: 15.55	Tithi 26 – 27	Gulika 8:56AM – 10:17AM	Purvaphalguni Until 11:27PM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM	Vikarin 5121	
		Yama 6:15AM – 7:36AM	Brahma Until 10:22PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 27	
		654313464 Rahu 12:59PM – 2:20PM	Kaulava Until 9:15PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 10:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Vanija Karana Dvodashi/Trayodashyam Titau		Norman, OK Sun 11 Sutra 194	
Kanya Rasi: 0.42	Tithi 27 – 28	Gulika 7:36AM – 8:57AM	Uttaraphalguni Until 8:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 2:19PM – 3:40PM	Indra Until 6:31PM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 27	
		655313464 Rahu 10:18AM – 11:38AM	Vanija Until 4:17AM Sat	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvodashi* Until 7:38AM	Moon – Red		Subha Sivaloka Day	
Until 8:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Norman, OK Sun 12 Sutra 195	
Kanya Rasi: 15.38	Tithi 29	Gulika 6:17AM – 7:37AM	Hasta Until 6:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:17AM	Vikarin 5121	
		Yama 12:58PM – 2:19PM	Vaidhriti* Until 2:34PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 27	
		665313464 Rahu 8:57AM – 10:18AM	Visti Until 2:37PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 12:55AM Sun	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Norman, OK Sun 13 Sutra 196	
Retreat Star		Gulika 2:18PM – 3:38PM	Chitra Until 3:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:18AM	Vikarin 5121	
Tula Rasi: 0.35	Tithi 30	Yama 11:38AM – 12:58PM	Vishkambha* Until 10:40AM	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 27	
		665313464 Rahu 3:38PM – 4:58PM	Catuspada Until 11:18AM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 9:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Norman, OK Sun 14 Sutra 197	
Tula Rasi: 15.23	Tithi 1	Gulika 12:58PM – 2:17PM	Svati Until 1:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:19AM	Vikarin 5121	
Family Home Evening		Yama 10:18AM – 11:38AM	Priti Until 6:57AM	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27	
		665313464 Rahu 7:39AM – 8:59AM	Kintughna Until 8:12AM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 6:47PM	Moon – Green		Subha Sivaloka Day	
Until 1:24PM		Skanda Shasthi Begins		Kartika-Aipasi			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Norman, OK Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 29.55	Tithi 2 – 3	675313464	Gulika 11:38AM – 12:57PM Yama 8:59AM – 10:18AM Rahu 2:17PM – 3:36PM	Vishakha Until 11:42AM Saubhagya Until 12:34AM Wed Taitila Until 3:22AM Wed Dvitiya Until 4:21PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Kartika•Aipasi
Routine Work	Marana Yoga				Subha Sivaloka Day
Until 11:42AM					
Then Creative Work - Siddha Yoga					
2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Norman, OK Sun 16 Sutra 199 Vikarin 5121
Vischika Rasi: 14.04	Tithi 3 – 4	675313464	Gulika 10:19AM – 11:38AM Yama 7:41AM – 9:00AM Rahu 11:38AM – 12:57PM	Anuradha Until 10:29AM Sobhana Until 10:11PM Vanija Until 1:57AM Thu Tritiya Until 2:33PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Kartika•Aipasi
Creative Work	Siddha Yoga				Subha Sivaloka Day
3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Norman, OK Sun 17 Sutra 200 Vikarin 5121
Vischika Rasi: 27.45	Tithi 4 – 5	675313464	Gulika 9:00AM – 10:19AM Yama 6:23AM – 7:41AM Rahu 12:56PM – 2:15PM	Jyeshtha* Until 9:51AM Athiganda* Until 8:24PM Bava Until 1:21AM Fri Chaturthi* Until 1:31PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange Kartika•Aipasi
Routine Work	Prabalarishta Yoga				Subha Sivaloka Day
Until 9:51AM					
Then Creative Work - Siddha Yoga					
4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Norman, OK Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 10.59	Tithi 5 – 6	685313464	Gulika 7:42AM – 9:01AM Yama 2:15PM – 3:33PM Rahu 10:19AM – 11:38AM	Mula* Until 10:20AM Sukarma Until 7:18PM Kaulava Until 1:37AM Sat Panchami Until 1:21PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue Kartika•Aipasi
Creative Work	Amrita Yoga		Skanda Shasthi		Subha Subha Sivaloka Day
Until 10:20AM					
Then Routine Work - Prabalarishta Yoga					
5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Norman, OK Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 23.46	Tithi 6 – 7	685313464	Gulika 6:25AM – 7:43AM Yama 12:56PM – 2:14PM Rahu 9:01AM – 10:19AM	Purvashadha* Until 11:31AM Dhriti Until 6:53PM Gara Until 2:42AM Sun Shashthi* Until 2:02PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue Kartika•Aipasi
Creative Work	Siddha Yoga				Subha Subha Sivaloka Day
Until 11:31AM					
Then Routine Work - Marana Yoga					
6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Norman, OK Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 6.12	Tithi 7 – 8	686313464	Gulika 2:13PM – 3:31PM Yama 11:38AM – 12:56PM Rahu 3:31PM – 4:49PM	Uttarashadha Until 1:16PM Shula* Until 6:59PM Visti Until 4:29AM Mon Saptami Until 3:30PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue Kartika•Aipasi
Creative Work	Amrita Yoga				Subha Sivaloka Day
Monday, November 4, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Norman, OK Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 18.2	Tithi 8 – 9	696313464	Gulika 12:55PM – 2:13PM Yama 10:20AM – 11:38AM Rahu 7:45AM – 9:02AM	Shravana Until 3:57PM Ganda* Until 7:32PM Balava Until 6:45AM Tue Ashtami* Until 5:33PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple Kartika•Aipasi
Family Home Evening					Sivaloka Day
Creative Work	Amrita Yoga				
Until 3:57PM					
Then Creative Work - Siddha Yoga					
Tuesday, November 5, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Norman, OK Sun 22 Sutra 205 Vikarin 5121
Kumbha Rasi: 0.19	Tithi 9	696313464	Gulika 11:38AM – 12:55PM Yama 9:03AM – 10:20AM Rahu 2:12PM – 3:30PM	Dhanishtha Until 6:49PM Vriddhi Until 8:21PM Balava Until 6:45AM Navami* Until 7:58PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple Kartika•Aipasi
Creative Work	Siddha Yoga				Sivaloka Day
Until 6:49PM					
Then Routine Work - Marana Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Norman, OK
			Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 206
Kumbha Rasi: 12.11	Tithi 10		Gulika 10:21AM – 11:38AM	Shatabhishak Until 9:39PM	Ganesha: Purple	<i>Sunrise:</i> 6:30AM	Vikarin 5121
		696313464	Yama 7:47AM – 9:04AM	Dhruva Until 9:14PM	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Rahu 11:38AM – 12:55PM	Taitila Until 9:16AM	Nataraja: Purple		4th Phase
Until 9:39PM				Dashami Until 10:31PM	Moon – Purple		Sivaloka Day
Then Creative Work - Amrita Yoga					Kartika•Aipasi		

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Norman, OK
			Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 207
Kumbha Rasi: 24.02	Tithi 11		Gulika 9:04AM – 10:21AM	Purvaproshtapada* Until 12:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM	Vikarin 5121
		716313464	Yama 6:31AM – 7:47AM	Vyaghata* Until 10:04PM	Muruqa: Purple	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Rahu 12:55PM – 2:11PM	Vanija Until 11:47AM	Nataraja: Purple		4th Phase
				Ekadashi Until 12:58AM Fri	Moon – Clear		Subha Sivaloka Day
					Kartika•Aipasi		

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Norman, OK
			Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 208
Meena Rasi: 5.56	Tithi 12		Gulika 7:48AM – 9:05AM	Uttaraproshtapada Until 3:25AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Vikarin 5121
		716313464	Yama 2:11PM – 3:27PM	Harshana Until 10:44PM	Muruqa: Purple	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Rahu 10:21AM – 11:38AM	Bava Until 2:08PM	Nataraja: Purple		4th Phase
Until 3:25AM Sat				Dvadashi Until 3:11AM Sat	Moon – Clear		Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga					Kartika•Aipasi		

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Norman, OK
			Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 209
Meena Rasi: 17.57	Tithi 13		Gulika 6:33AM – 7:49AM	Revati Until 5:37AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Vikarin 5121
		716313464	Yama 12:54PM – 2:10PM	Vajra* Until 11:08PM	Muruqa: Purple	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 29
Routine Work	Prabalarishta Yoga		Rahu 9:05AM – 10:22AM	Kaulava Until 4:12PM	Nataraja: Purple		4th Phase
Until 5:37AM Sun				Trayodashi Until 5:03AM Sun	Moon – Clear		Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Kartika•Aipasi		
					<i>Pradosha Vrata</i>		

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Norman, OK
			Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 210
Mesha Rasi: 0.06	Tithi 14		Gulika 2:10PM – 3:26PM	Ashvini Until 7:45AM Mon	Ganesha: White	<i>Sunrise:</i> 6:34AM	Vikarin 5121
		726313464	Yama 11:38AM – 12:54PM	Siddhi Until 11:15PM	Muruqa: Purple	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Rahu 3:26PM – 4:42PM	Gara Until 5:52PM	Nataraja: Purple		4th Phase
				Chaturdashi* Until 6:32AM Mon	Moon – White		Sivaloka Day
					Kartika•Aipasi		

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Norman, OK
			Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 211
Mesha Rasi: 12.25	Tithi 14 – 15		Gulika 12:54PM – 2:10PM	Ashvini Until 7:45AM	Ganesha: White	<i>Sunrise:</i> 6:35AM	Vikarin 5121
Family Home Evening		727413464	Yama 10:22AM – 11:38AM	Vyatipata* Until 11:03PM	Muruqa: Purple	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Rahu 7:51AM – 9:07AM	Visti Until 7:07PM	Nataraja: Purple		Purnima
				Chaturdashi* Until 6:32AM	Moon – White		Sivaloka Day
					Kartika•Aipasi		

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Norman, OK
			Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 212
Mesha Rasi: 24.55	Tithi 15 – 16		Gulika 11:38AM – 12:54PM	Bharani Until 9:19AM	Ganesha: White	<i>Sunrise:</i> 6:37AM	Vikarin 5121
		727413464	Yama 9:07AM – 10:23AM	Variyan Until 10:30PM	Muruqa: Purple	<i>Sunset:</i> 4:40PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Rahu 2:09PM – 3:25PM	Balava Until 7:57PM	Nataraja: Purple		Prathama
				Purnima* Until 7:34AM	Moon – White		Sivaloka Day
					Kartika•Aipasi		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vishabha Rasi: 8 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:23AM – 11:38AM
Yama 7:53AM – 9:08AM
Rahu 11:38AM – 12:54PM

Krittika Until 10:19AM

Parigha* Until 9:39PM

Taitila Until 8:22PM

Prathama* Until 8:11AM

Ganesha: White *Sunrise:* 6:38AM

Muruqa: Purple *Sunset:* 4:39PM

Nataraja: Purple
Moon – White

Kartika-Aipasi

Sivaloka Day

Norman, OK

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

1

Thursday, November 14, 2019

Vishabha Rasi: 20.29 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:09AM – 10:24AM
Yama 6:39AM – 7:54AM
Rahu 12:53PM – 2:08PM

Rohini Until 11:14AM

Shiva Until 8:31PM

Vanija Until 8:23PM

Dvitiya Until 8:24AM

Ganesha: Clear *Sunrise:* 6:39AM

Muruqa: Purple *Sunset:* 4:37PM

Nataraja: Purple
Moon – Yellow

Kartika-Aipasi

Subha Sivaloka Day

Sun 1

Norman, OK

Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

2

Friday, November 15, 2019

Mithuna Rasi: 3.34 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 7:55AM – 9:09AM
Yama 2:08PM – 3:23PM
Rahu 10:24AM – 11:39AM

Mrigashira Until 11:38AM

Siddha Until 7:03PM

Bava Until 8:02PM

Tritiya Until 8:14AM

Ganesha: Clear *Sunrise:* 6:40AM

Muruqa: Purple *Sunset:* 4:37PM

Nataraja: Purple
Moon – Yellow

Kartika-Aipasi

Subha Sivaloka Day

Sun 2

Norman, OK

Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 16.49 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:41AM – 7:56AM
Yama 12:53PM – 2:08PM
Rahu 9:10AM – 10:24AM

Ardra Until 11:32AM

Sadya Until 5:19PM

Kaulava Until 7:20PM

Chaturthi* Until 7:42AM

Ganesha: Clear *Sunrise:* 6:41AM

Muruqa: Purple *Sunset:* 4:37PM

Nataraja: Purple
Moon – Yellow

Kartika-Kartikai

Subha Sivaloka Day

Sun 3

Norman, OK

Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

4

Sunday, November 17, 2019

Kataka Rasi: 0.16 Tithi 20 – 21

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 2:08PM – 3:22PM
Yama 11:39AM – 12:53PM
Rahu 3:22PM – 4:36PM

Punarvasu Until 11:24AM

Subha Until 3:20PM

Gara Until 6:17PM

Panchami Until 6:50AM

Ganesha: Clear *Sunrise:* 6:42AM

Muruqa: Purple *Sunset:* 4:36PM

Nataraja: Clear
Moon – Blue

Kartika-Kartikai

Sivaloka Day

Sun 4

Norman, OK

Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 13.55 Tithi 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 12:53PM – 2:07PM
Yama 10:25AM – 11:39AM
Rahu 7:57AM – 9:11AM

Pushya Until 10:46AM

Sukla Until 1:03PM

Visti Until 4:53PM

Saptami Until 4:03AM Tue

Ganesha: Clear *Sunrise:* 6:43AM

Muruqa: Purple *Sunset:* 4:35PM

Nataraja: Clear
Moon – Blue

Kartika-Kartikai

Sivaloka Day

Sun 5

Norman, OK

Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 27.46 Tithi 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 11:40AM – 12:53PM
Yama 9:12AM – 10:26AM
Rahu 2:07PM – 3:21PM

Ashlesha* Until 9:40AM

Brahma Until 10:31AM

Balava Until 3:10PM

Ashtami* Until 2:10AM Wed

Ganesha: Clear *Sunrise:* 6:45AM

Muruqa: Purple *Sunset:* 4:34PM

Nataraja: Clear
Moon – Blue

Kartika-Kartikai

Sivaloka Day

Sun 6

Norman, OK

Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 11.49 Tithi 24

758413465

Creative Work Siddha Yoga

Until 8:32AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 10:26AM – 11:40AM
Yama 7:59AM – 9:13AM
Rahu 11:40AM – 12:53PM

Magha* Until 8:32AM

Indra Until 7:44AM

Taitila Until 1:08PM

Navami* Until 11:59PM

Ganesha: White *Sunrise:* 6:46AM

Muruqa: Purple *Sunset:* 4:34PM

Nataraja: Clear
Moon – Red

Kartika-Kartikai

Subha Sivaloka Day

Sun 7

Norman, OK

Sutra 220

Vikarin 5121

Moon 11 - Phase 30


Navami


1	Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Norman, OK
	Simha Rasi: 26.04	Tithi 25	Gulika 9:13AM – 10:27AM	Purvaphalguni Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 6:47AM	Sun 8 Sutra 221
			Yama 6:47AM – 8:00AM	Vishkambha* Until 1:29AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Vikarin 5121
	Creative Work	Siddha Yoga	Rahu 12:53PM – 2:07PM	Vanija Until 10:49AM	Nataraja: Clear		Moon 11 - Phase 31
			Dashami Until 9:33PM	Moon – Red		2nd Phase	
				Karttika-Karttikai		Subha Sivaloka Day	

2	Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK
	Kanya Rasi: 10.28	Tithi 26	Gulika 8:01AM – 9:14AM	Hasta Until 3:16AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:48AM	Sun 9 Sutra 222
			Yama 2:06PM – 3:20PM	Priti Until 10:09PM	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Vikarin 5121
	Creative Work	Amrita Yoga	Rahu 10:27AM – 11:40AM	Bava Until 8:17AM	Nataraja: Clear		Moon 11 - Phase 31
			Ekadashi* Until 6:57PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Sivaloka Day	
						Then Routine Work - Marana Yoga	

3	Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK
	Kanya Rasi: 24.58	Tithi 27 – 28	Gulika 6:49AM – 8:02AM	Chitra Until 1:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	Sun 10 Sutra 223
			Yama 12:53PM – 2:06PM	Ayushman Until 6:45PM	Muruqa: Purple	<i>Sunset:</i> 4:32PM	Vikarin 5121
	Routine Work	Marana Yoga	Rahu 9:15AM – 10:28AM	Gara Until 2:59AM Sun	Nataraja: Clear		Moon 11 - Phase 31
			Dvadashi* Until 4:17PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Sivaloka Day	
						Then Creative Work - Siddha Yoga	
						<i>Pradosha Vrata (Fasting)</i>	

4	Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK
	Tula Rasi: 9.28	Tithi 28 – 29	Gulika 2:06PM – 3:19PM	Svati Until 11:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	Sun 11 Sutra 224
			Yama 11:41AM – 12:54PM	Saubhagya Until 3:25PM	Muruqa: Purple	<i>Sunset:</i> 4:32PM	Vikarin 5121
	Creative Work	Siddha Yoga	Rahu 3:19PM – 4:32PM	Visti Until 12:26AM Mon	Nataraja: Clear		Moon 11 - Phase 31
			Trayodashi* Until 1:40PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Devaloka Day	
						Then Routine Work - Marana Yoga	

	Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK
	Retreat Star		Gulika 12:54PM – 2:06PM	Vishakha Until 9:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	Sun 12 Sutra 225
	Tula Rasi: 23.53	Tithi 29 – 30	Yama 10:29AM – 11:41AM	Sobhana Until 12:15PM	Muruqa: Purple	<i>Sunset:</i> 4:31PM	Vikarin 5121
	Family Home Evening		Rahu 8:04AM – 9:16AM	Catuspada Until 10:09PM	Nataraja: Clear		Moon 11 - Phase 31
			Chaturdashi* Until 11:14AM	Moon – Orange		Amavasya	
				Karttika-Karttikai		Devaloka Day	
						Then Creative Work - Siddha Yoga	

	Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK
	Retreat Star		Gulika 11:41AM – 12:54PM	Anuradha Until 8:42PM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Sun 13 Sutra 226
	Vrischika Rasi: 8.05	Tithi 30 – 1	Yama 9:17AM – 10:29AM	Athiganda* Until 9:20AM	Muruqa: Purple	<i>Sunset:</i> 4:31PM	Vikarin 5121
			Rahu 2:06PM – 3:18PM	Kintughna Until 8:16PM	Nataraja: Clear		Moon 11 - Phase 31
			Amavasya* Until 9:08AM	Moon – Orange		Prathama	
				Margasira-Karttikai		Devaloka Day	
						Then Routine Work - Marana Yoga	

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Norman, OK Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 22.01	Tithi 1 – 2	Gulika 10:30AM – 11:42AM	Jyeshtha* Until 7:53PM	Ganesha: Blue <i>Sunrise:</i> 6:53AM	
		Yama 8:06AM – 9:18AM	Sukarma Until 6:49AM	Muruqa: Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
		779413465 Rahu 11:42AM – 12:54PM	Balava Until 6:55PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Prathama* Until 7:30AM	Margasira-Karttikai	Devaloka Day
Until 7:53PM					
Then Routine Work - Marana Yoga					

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Norman, OK Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.34	Tithi 2 – 3	Gulika 9:18AM – 10:30AM	Mula* Until 8:02PM	Ganesha: Blue <i>Sunrise:</i> 6:55AM	
		Yama 6:55AM – 8:06AM	Shula* Until 3:16AM Fri	Muruqa: Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
		789413465 Rahu 12:54PM – 2:06PM	Taitila Until 6:15PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 6:29AM	Margasira-Karttikai	Devaloka Day

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau	Norman, OK Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.45	Tithi 3 – 4	Gulika 8:07AM – 9:19AM	Purvashadha* Until 8:45PM	Ganesha: Blue <i>Sunrise:</i> 6:56AM	
		Yama 2:06PM – 3:18PM	Ganda* Until 2:21AM Sat	Muruqa: Purple <i>Sunset:</i> 4:29PM	Moon 11 - Phase 32
		789413465 Rahu 10:31AM – 11:43AM	Vanija Until 6:19PM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 6:10AM	Margasira-Karttikai	Devaloka Day
Until 8:45PM					
Then Routine Work - Marana Yoga					

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturchi/Panchamyam Titau	Norman, OK Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.33	Tithi 4 – 5	Gulika 6:57AM – 8:08AM	Uttarashadha Until 10:01PM	Ganesha: Blue <i>Sunrise:</i> 6:57AM	
		Yama 12:54PM – 2:06PM	Vriddhi Until 2:01AM Sun	Muruqa: Purple <i>Sunset:</i> 4:29PM	Moon 11 - Phase 32
		789413465 Rahu 9:20AM – 10:31AM	Bava Until 7:08PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Chaturchi* Until 6:37AM	Margasira-Karttikai	Devaloka Day
Until 10:01PM					
Then Creative Work - Siddha Yoga					

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Norman, OK Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 14.01	Tithi 5 – 6	Gulika 2:06PM – 3:17PM	Shravana Until 12:16AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:58AM	
		Yama 11:43AM – 12:55PM	Dhruva Until 2:09AM Mon	Muruqa: Purple <i>Sunset:</i> 4:29PM	Moon 11 - Phase 32
		799413465 Rahu 3:17PM – 4:29PM	Kaulava Until 8:39PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 7:47AM	Margasira-Karttikai	Sivaloka Day
Until 12:16AM Mon					
Then Creative Work - Siddha Yoga					

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Norman, OK Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 26.13	Tithi 6 – 7	Gulika 12:55PM – 2:06PM	Dhanishtha Until 2:51AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:59AM	
Family Home Evening		Yama 10:32AM – 11:44AM	Vyaghata* Until 2:41AM Tue	Muruqa: Purple <i>Sunset:</i> 4:29PM	Moon 11 - Phase 32
Creative Work Siddha Yoga		791413465 Rahu 8:10AM – 9:21AM	Gara Until 10:42PM	Nataraja: Clear	3rd Phase
Until 2:51AM Tue			Shashthi* Until 9:35AM	Margasira-Karttikai	Sivaloka Day
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Norman, OK Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 8.13	Tithi 7 – 8	Gulika 11:44AM – 12:55PM	Shatabhishak Until 5:33AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:00AM	
		Yama 9:22AM – 10:33AM	Harshana Until 3:27AM Wed	Muruqa: Purple <i>Sunset:</i> 4:28PM	Moon 11 - Phase 32
		791413465 Rahu 2:06PM – 3:17PM	Visti Until 1:05AM Wed	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 11:51AM	Margasira-Karttikai	Sivaloka Day
Until 5:33AM Wed					
Then Creative Work - Amrita Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Norman, OK Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 20.08	Tithi 8 – 9	Gulika 10:33AM – 11:44AM	Purvaproshtapada* Until 8:39AM Thu	Ganesha: Yellow <i>Sunrise:</i> 7:01AM	
		Yama 8:12AM – 9:23AM	Vajra* Until 4:15AM Thu	Muruqa: Purple <i>Sunset:</i> 4:28PM	Moon 11 - Phase 32
		711413465 Rahu 11:44AM – 12:55PM	Balava Until 3:36AM Thu	Nataraja: Clear	Navami
Creative Work Amrita Yoga			Ashtami* Until 2:19PM	Margasira-Karttikai	Sivaloka Day
Until 8:39AM Thu					
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Norman, OK Sutra 235 Vikarin 5121
Meena Rasi: 2.01	Tithi 9 – 10	Gulika 9:23AM – 10:34AM	Purvaproshtapada* Until 8:39AM	Ganesha: Yellow <i>Sunrise:</i> 7:02AM	Sun 22
		Yama 7:02AM – 8:12AM	Siddhi Until 4:59AM Fri	Muruqa: Purple <i>Sunset:</i> 4:28PM	Moon 11 - Phase 33
		711413465 Rahu 12:56PM – 2:07PM	Taitila Until 6:00AM Fri	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Navami* Until 4:48PM	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau	Norman, OK Sutra 236 Vikarin 5121
Meena Rasi: 13.56	Tithi 10	Gulika 8:13AM – 9:24AM	Uttaraproshtapada Until 11:27AM	Ganesha: Yellow <i>Sunrise:</i> 7:03AM	Sun 23
		Yama 2:07PM – 3:17PM	Vyatipata* Until 5:31AM Sat	Muruqa: Purple <i>Sunset:</i> 4:28PM	Moon 11 - Phase 33
		711413465 Rahu 10:35AM – 11:45AM	Taitila Until 6:00AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:05PM	Moon – Clear	Sivaloka Day
				Margasira-Karttikai	

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau	Norman, OK Sutra 237 Vikarin 5121
Meena Rasi: 25.58	Tithi 11	Gulika 7:03AM – 8:14AM	Revati Until 1:46PM	Ganesha: White <i>Sunrise:</i> 7:03AM	Sun 24
		Yama 12:56PM – 2:07PM	Variyan Until 5:43AM Sun	Muruqa: Purple <i>Sunset:</i> 4:28PM	Moon 11 - Phase 33
		711513465 Rahu 9:25AM – 10:35AM	Vanija Until 8:07AM	Nataraja: Clear	4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 8:59PM	Moon – Clear	Subha Sivaloka Day
Until 1:46PM		Gita Jayanthi		Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Norman, OK Sutra 238 Vikarin 5121
Mesha Rasi: 8.11	Tithi 12	Gulika 2:07PM – 3:18PM	Ashvini Until 3:59PM	Ganesha: Clear <i>Sunrise:</i> 7:04AM	Sun 25
		Yama 11:46AM – 12:57PM	Parigha* Until 5:31AM Mon	Muruqa: Purple <i>Sunset:</i> 4:28PM	Moon 11 - Phase 33
		721513465 Rahu 3:18PM – 4:28PM	Bava Until 9:47AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:24PM	Moon – White	Sivaloka Day
Until 3:59PM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga					

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Norman, OK Sutra 239 Vikarin 5121
Mesha Rasi: 20.37	Tithi 13	Gulika 12:57PM – 2:07PM	Bharani Until 5:30PM	Ganesha: Clear <i>Sunrise:</i> 7:05AM	Sun 26
Family Home Evening		Yama 10:36AM – 11:47AM	Shiva Until 4:54AM Tue	Muruqa: Purple <i>Sunset:</i> 4:28PM	Moon 11 - Phase 33
		721513465 Rahu 8:16AM – 9:26AM	Kaulava Until 10:55AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:15PM	Moon – White	Sivaloka Day
Until 5:30PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	Norman, OK Sutra 240 Vikarin 5121
Vrishabha Rasi: 3.17	Tithi 14	Gulika 11:47AM – 12:57PM	Krittika Until 6:18PM	Ganesha: Clear <i>Sunrise:</i> 7:06AM	Sun 27
		Yama 9:27AM – 10:37AM	Siddha Until 3:49AM Wed	Muruqa: Purple <i>Sunset:</i> 4:28PM	Moon 11 - Phase 33
		721513465 Rahu 2:08PM – 3:18PM	Gara Until 11:29AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:31PM	Moon – White	Sivaloka Day
Until 6:18PM		Krittika Deepam		Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	Norman, OK Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:37AM – 11:48AM	Rohini Until 6:52PM	Ganesha: Purple <i>Sunrise:</i> 7:07AM	Sun 28
Vrishabha Rasi: 16.15	Tithi 15	Yama 8:17AM – 9:27AM	Sadhya Until 2:20AM Thu	Muruqa: Clear <i>Sunset:</i> 4:28PM	Moon 11 - Phase 33
		731523465 Rahu 11:48AM – 12:58PM	Visti Until 11:28AM	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:14PM	Moon – Yellow	Sivaloka Day
				Margasira-Karttikai	

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Norman, OK Sutra 242 Vikarin 5121
Silver Retreat Star		Gulika 9:28AM – 10:38AM	Mrigashira Until 6:48PM	Ganesha: Clear <i>Sunrise:</i> 7:08AM	Sun 29
Vrishabha Rasi: 29.29	Tithi 16	Yama 7:08AM – 8:18AM	Subha Until 12:28AM Fri	Muruqa: Clear <i>Sunset:</i> 4:28PM	Moon 11 - Phase 33
		732523465 Rahu 12:58PM – 2:08PM	Balava Until 10:55AM	Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Prathama* Until 10:27PM	Moon – Yellow	Devaloka Day
				Margasira-Karttikai	

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Norman, OK

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 12.59 Tithi 17

732523465

Gulika 8:18AM – 9:28AM
Yama 2:09PM – 3:19PM
Rahu 10:38AM – 11:48AM

Ardra Until 6:09PM
Sukla Until 10:15PM
Taitila Until 9:56AM
Dvitiya Until 9:16PM

Ganesha: Clear *Sunrise:* 7:08AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Norman, OK

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 26.42 Tithi 18

742523465

Gulika 7:09AM – 8:19AM
Yama 12:59PM – 2:09PM
Rahu 9:29AM – 10:39AM

Punarvasu Until 5:29PM
Brahma Until 7:49PM
Vanija Until 8:34AM
Tritiya Until 7:45PM

Ganesha: Purple *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Norman, OK

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 10.35 Tithi 19

742523465

Gulika 2:09PM – 3:19PM
Yama 11:49AM – 12:59PM
Rahu 3:19PM – 4:29PM

Pushya Until 4:25PM
Indra Until 5:11PM
Bava Until 6:55AM
Chaturthi* Until 6:00PM

Ganesha: Purple *Sunrise:* 7:10AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Norman, OK

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 24.36 Tithi 20 – 21

842523465

Gulika 1:00PM – 2:10PM
Yama 10:40AM – 11:50AM
Rahu 8:20AM – 9:30AM

Ashlesha* Until 3:02PM
Vaidhriti* Until 2:24PM
Gara Until 3:06AM Tue
Panchami Until 4:04PM

Ganesha: Clear *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Clear
Moon – Blue
Margasira-Markali

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 3:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Norman, OK

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 8.42 Tithi 21 – 22

852523465

Gulika 11:50AM – 1:00PM
Yama 9:31AM – 10:41AM
Rahu 2:10PM – 3:20PM

Magha* Until 1:50PM
Vishkambha* Until 11:33AM
Visti Until 1:02AM Wed
Shashthi* Until 2:03PM

Ganesha: Purple *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Norman, OK

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 22.51 Tithi 22 – 23

852523465

Gulika 10:41AM – 11:51AM
Yama 8:22AM – 9:31AM
Rahu 11:51AM – 1:01PM

Purvaphalguni Until 12:27PM
Priti Until 8:40AM
Balava Until 10:57PM
Saptami Until 11:59AM

Ganesha: Purple *Sunrise:* 7:12AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 7.01 Tithi 23 – 24

852523465

Gulika 9:32AM – 10:42AM
Yama 7:12AM – 8:22AM
Rahu 1:01PM – 2:11PM

Uttaraphalguni Until 10:55AM
Saubhagya Until 2:50AM Fri
Taitila Until 8:53PM
Ashtami* Until 9:54AM

Ganesha: Purple *Sunrise:* 7:12AM
Muruqa: Clear *Sunset:* 4:30PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga
Until 10:55AM
Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Norman, OK Sun 8 Sutra 250 Vikarin 5121	
Kanya Rasi: 21.09	Tithi 24 – 25	862523465	Gulika 8:23AM – 9:32AM Yama 2:11PM – 3:21PM Rahu 10:42AM – 11:52AM	Hasta Until 9:41AM Sobhana Until 11:59PM Vanija Until 6:51PM Navami* Until 7:50AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:13AM Sunset: 4:31PM	Moon 12 - Phase 35 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 9:41AM Then Creative Work - Siddha Yoga							
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Norman, OK Sun 9 Sutra 251 Vikarin 5121	
Tula Rasi: 5.16	Tithi 26	862523465	Gulika 7:14AM – 8:23AM Yama 1:02PM – 2:12PM Rahu 9:33AM – 10:43AM	Chitra Until 8:22AM Athiganda* Until 9:12PM Bava Until 4:54PM Ekadashi* Until 3:58AM Sun	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:14AM Sunset: 4:31PM	Moon 12 - Phase 35 2nd Phase Devaloka Day
Routine Work Marana Yoga Until 8:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati		Ekadashi* Until 3:58AM Sun		Margasira*Markali	
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Norman, OK Sun 10 Sutra 252 Vikarin 5121	
Tula Rasi: 19.17	Tithi 27	862523465	Gulika 2:12PM – 3:22PM Yama 11:53AM – 1:03PM Rahu 3:22PM – 4:32PM	Svati Until 7:03AM Sukarma Until 6:33PM Kaulava Until 3:07PM Dvadashi* Until 2:17AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 7:14AM Sunset: 4:32PM	Moon 12 - Phase 35 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 7:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati		Dvadashi* Until 2:17AM Mon		Margasira*Markali	
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK Sun 11 Sutra 253 Vikarin 5121	
Vrischika Rasi: 3.12	Tithi 28	872523465	Gulika 1:03PM – 2:13PM Yama 10:44AM – 11:53AM Rahu 8:24AM – 9:34AM	Vishakha Until 6:13AM Dhriti Until 4:07PM Gara Until 1:34PM Trayodashi* Until 12:52AM Tue	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:15AM Sunset: 4:32PM	Moon 12 - Phase 35 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Family Home Evening Routine Work Marana Yoga Until 6:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati		Trayodashi* Until 12:52AM Tue <i>Pradosha Vrata (Fasting)</i>		Margasira*Markali	
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Norman, OK Sun 12 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.56	Tithi 29	872523465	Gulika 11:54AM – 1:04PM Yama 9:34AM – 10:44AM Rahu 2:13PM – 3:23PM	Jyeshtha* Until 5:02AM Wed Shula* Until 1:54PM Visti Until 12:19PM Chaturdashi* Until 11:49PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 7:15AM Sunset: 4:33PM	Moon 12 - Phase 35 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga		Day 4 of Pancha Ganapati		Chaturdashi* Until 11:49PM		Margasira*Markali	
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Norman, OK Sun 13 Sutra 255 Vikarin 5121	
Dhanus Rasi: 0.26	Tithi 30	883523465	Gulika 10:45AM – 11:54AM Yama 8:25AM – 9:35AM Rahu 11:54AM – 1:04PM	Mula* Until 5:19AM Thu Ganda* Until 12:02PM Catuspada Until 11:29AM Amavasya* Until 11:14PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 7:15AM Sunset: 4:34PM	Moon 12 - Phase 35 Amavasya Devaloka Day
Routine Work Marana Yoga Until 5:19AM Thu Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati		Amavasya* Until 11:14PM		Margasira*Markali	
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Norman, OK Sun 14 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.41	Tithi 1	883523466	Gulika 9:35AM – 10:45AM Yama 7:16AM – 8:26AM Rahu 1:05PM – 2:15PM	Purvashadha* Until 6:00AM Fri Vridhhi Until 10:34AM Kintughna Until 11:09AM Prathama* Until 11:10PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 7:16AM Sunset: 4:34PM	Moon 12 - Phase 35 Prathama Devaloka Day
Creative Work Siddha Yoga Until 6:00AM Fri Then Routine Work - Marana Yoga		Annular Solar Eclipse		Prathama* Until 11:10PM		Pausha*Markali	

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Norman, OK
Dhanus Rasi: 26.4	Tithi 2	Gulika 8:26AM – 9:36AM	Purvashadha* Until 6:00AM	Ganesha: Orange	Sunrise: 7:16AM	Sun 15	Sutra 257	Vikarin 5121
		Yama 2:15PM – 3:25PM	Dhruva Until 9:31AM	Muruqa: Clear	Sunset: 4:35PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	883523466 Rahu 10:46AM – 11:55AM	Balava Until 11:22AM	Nataraja: Orange				3rd Phase
			Dvitiya Until 11:42PM	Moon – Light Blue				
				Pausa-Markali				Devaloka Day

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Norman, OK
Makara Rasi: 9.21	Tithi 3	Gulika 7:16AM – 8:26AM	Uttarashadha Until 7:04AM	Ganesha: Orange	Sunrise: 7:16AM	Sun 16	Sutra 258	Vikarin 5121
		Yama 1:06PM – 2:16PM	Vyaghata* Until 8:56AM	Muruqa: Clear	Sunset: 4:36PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	883523466 Rahu 9:36AM – 10:46AM	Taitila Until 12:12PM	Nataraja: Orange				3rd Phase
Until 7:04AM			Tritiya Until 12:49AM Sun	Moon – Light Blue				
Then Creative Work - Siddha Yoga				Pausa-Markali				Devaloka Day

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturtham Titau				Norman, OK
Makara Rasi: 21.46	Tithi 4	Gulika 2:16PM – 3:26PM	Shravana Until 9:02AM	Ganesha: Clear	Sunrise: 7:17AM	Sun 17	Sutra 259	Vikarin 5121
		Yama 11:56AM – 1:06PM	Harshana Until 8:48AM	Muruqa: Clear	Sunset: 4:36PM			Moon 12 - Phase 36
Creative Work	Amrita Yoga	893523466 Rahu 3:26PM – 4:36PM	Vanija Until 1:37PM	Nataraja: Orange				3rd Phase
Until 9:02AM			Chaturthi* Until 2:29AM Mon	Moon – Purple				
Then Routine Work - Marana Yoga				Pausa-Markali				Devaloka Day

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK
Kumbha Rasi: 3.58	Tithi 5	Gulika 1:07PM – 2:17PM	Dhanishtha Until 11:20AM	Ganesha: Clear	Sunrise: 7:17AM	Sun 18	Sutra 260	Vikarin 5121
Family Home Evening		Yama 10:47AM – 11:57AM	Vajra* Until 9:03AM	Muruqa: Clear	Sunset: 4:37PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	893523466 Rahu 8:27AM – 9:37AM	Bava Until 3:31PM	Nataraja: Orange				3rd Phase
			Panchami Until 4:36AM Tue	Moon – Purple				
				Pausa-Markali				Devaloka Day

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashtham Titau				Norman, OK
Kumbha Rasi: 16	Tithi 6	Gulika 11:57AM – 1:08PM	Shatabhishak Until 1:50PM	Ganesha: Clear	Sunrise: 7:17AM	Sun 19	Sutra 261	Vikarin 5121
		Yama 9:37AM – 10:47AM	Siddhi Until 9:36AM	Muruqa: Clear	Sunset: 4:38PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	893523466 Rahu 2:18PM – 3:28PM	Kaulava Until 5:48PM	Nataraja: Orange				3rd Phase
			Shashthi* Until 7:01AM Wed	Moon – Purple				
				Pausa-Markali				Devaloka Day

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Norman, OK
Kumbha Rasi: 27.56	Tithi 6 – 7	Gulika 10:48AM – 11:58AM	Purvaproshtapada* Until 4:54PM	Ganesha: Blue	Sunrise: 7:17AM	Sun 20	Sutra 262	Vikarin 5121
		Yama 8:28AM – 9:38AM	Vyatipata* Until 10:21AM	Muruqa: Clear	Sunset: 4:40PM			Moon 12 - Phase 36
Creative Work	Amrita Yoga	813623466 Rahu 11:58AM – 1:09PM	Gara Until 8:17PM	Nataraja: Orange				3rd Phase
Until 4:54PM			Shashthi* Until 7:01AM	Moon – Clear				
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Pausa-Markali				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Norman, OK
Meena Rasi: 9.49	Tithi 7 – 8	Gulika 9:38AM – 10:49AM	Uttaraproshtapada Until 7:48PM	Ganesha: Blue	Sunrise: 7:17AM	Sun 21	Sutra 263	Vikarin 5121
		Yama 7:17AM – 8:28AM	Variyan Until 11:08AM	Muruqa: Clear	Sunset: 4:40PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	813623466 Rahu 1:09PM – 2:20PM	Visti Until 10:46PM	Nataraja: Orange				Ashtami
			Saptami Until 9:31AM	Moon – Clear				
				Pausa-Markali				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK
Meena Rasi: 21.43	Tithi 8 – 9	Gulika 8:28AM – 9:38AM	Revati Until 10:23PM	Ganesha: Blue	Sunrise: 7:17AM	Sun 22	Sutra 264	Vikarin 5121
		Yama 2:20PM – 3:31PM	Parigha* Until 11:51AM	Muruqa: Clear	Sunset: 4:41PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	813623466 Rahu 10:49AM – 11:59AM	Balava Until 1:02AM Sat	Nataraja: Orange				Navami
Until 10:23PM			Ashtami* Until 11:55AM	Moon – Clear				
Then Creative Work - Amrita Yoga				Pausa-Markali				Bhuloka Day Devaloka Time: 3:PM to 6:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Norman, OK Sun 23 Sutra 265 Vikarin 5121
Mesha Rasi: 3.44	Tithi 9 – 10	823623466	Gulika 7:17AM – 8:28AM Yama 1:10PM – 2:21PM Rahu 9:39AM – 10:49AM	Ashvini Until 12:54AM Sun Shiva Until 12:21PM Taitila Until 2:54AM Sun Navami* Until 2:01PM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:42PM Nataraja: Orange Moon – White Devaloka Day Pausha•Markali
Creative Work Siddha Yoga		Until 12:54AM Sun		Then Routine Work - Prabalarishta Yoga	
2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Norman, OK Sun 24 Sutra 266 Vikarin 5121
Mesha Rasi: 15.56	Tithi 10 – 11	823623466	Gulika 2:22PM – 3:32PM Yama 12:00PM – 1:11PM Rahu 3:32PM – 4:43PM	Bharani Until 2:44AM Mon Siddha Until 12:27PM Vanija Until 4:11AM Mon Dashami Until 3:36PM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:43PM Nataraja: Orange Moon – White Devaloka Day Pausha•Markali
Routine Work Prabalarishta Yoga		Until 2:44AM Mon		Then Routine Work - Marana Yoga	
3		Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Norman, OK Sun 25 Sutra 267 Vikarin 5121
Mesha Rasi: 28.22	Tithi 11 – 12	823623466	Gulika 1:12PM – 2:22PM Yama 10:50AM – 12:01PM Rahu 8:28AM – 9:39AM	Krittika Until 3:45AM Tue Sadhya Until 12:06PM Bava Until 4:47AM Tue Ekadashi Until 4:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:44PM Nataraja: Orange Moon – White Devaloka Day Pausha•Markali
Family Home Evening		Until 3:45AM Tue		Then Creative Work - Amrita Yoga	
4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Norman, OK Sun 26 Sutra 268 Vikarin 5121
Vrishabha Rasi: 11.07	Tithi 12 – 13	833623466	Gulika 12:01PM – 1:12PM Yama 9:39AM – 10:50AM Rahu 2:23PM – 3:34PM	Rohini Until 4:22AM Wed Subha Until 11:13AM Kaulava Until 4:38AM Wed Dvadashi Until 4:47PM	Ganesha: White <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:45PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha•Markali
Creative Work Amrita Yoga		Until 4:22AM Wed		Then Creative Work - Siddha Yoga	
<i>Pradosha Vrata</i>					
5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Norman, OK Sun 27 Sutra 269 Vikarin 5121
Vrishabha Rasi: 24.13	Tithi 13 – 14	833623466	Gulika 10:50AM – 12:02PM Yama 8:28AM – 9:39AM Rahu 12:02PM – 1:13PM	Mrigashira Until 4:09AM Thu Sukla Until 9:44AM Gara Until 3:48AM Thu Trayodashi Until 4:17PM	Ganesha: White <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:46PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha•Markali
Creative Work Siddha Yoga		Until 4:09AM Thu		Then Routine Work - Marana Yoga	
○		Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Norman, OK Sun 28 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.43	Tithi 14 – 15	834623466	Gulika 9:39AM – 10:51AM Yama 7:17AM – 8:28AM Rahu 1:13PM – 2:25PM	Ardra Until 3:10AM Fri Brahma Until 7:44AM Visti Until 2:19AM Fri Chaturdashi* Until 3:07PM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:47PM Nataraja: Orange Moon – Yellow Devaloka Day Pausha•Markali
Routine Work Marana Yoga		Until 3:10AM Fri		Then Creative Work - Siddha Yoga	
○		Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Norman, OK Sun 29 Sutra 271 Vikarin 5121
Mithuna Rasi: 21.34	Tithi 15 – 16	844623466	Gulika 8:28AM – 9:40AM Yama 2:25PM – 3:37PM Rahu 10:51AM – 12:02PM	Punarvasu Until 1:59AM Sat Vaidhriti* Until 2:22AM Sat Balava Until 12:20AM Sat Purnima* Until 1:22PM	Ganesha: White <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:48PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha•Markali
Creative Work Siddha Yoga		Until 1:59AM Sat		Then Routine Work - Marana Yoga	
		Penumbra Lunar Eclipse			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Saturday, January 11, 2020
Gold Retreat Star

Kataka Rasi: 5.43 Tithi 16 – 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:16AM – 8:28AM **Pushya Until 12:17AM Sun**
Yama 1:14PM – 2:26PM Vishkambha* Until 11:12PM
Rahu 9:40AM – 10:51AM Taitila Until 9:58PM
Prathama* Until 11:10AM

Ganesha: White *Sunrise:* 7:16AM
Muruqa: Clear *Sunset:* 4:49PM
Nataraja: Orange
Moon – Blue

Norman, OK
Sun 1 Sutra 272
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day
Pausha-Markali

1

Sunday, January 12, 2020

Kataka Rasi: 20.06 Tithi 17 – 18
Creative Work Siddha Yoga
Until 10:13PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:27PM – 3:38PM **Ashlesha* Until 10:13PM**
Yama 12:03PM – 1:15PM Priti Until 7:51PM
Rahu 3:38PM – 4:50PM Vanija Until 7:21PM
Dvitiya Until 8:40AM

Ganesha: White *Sunrise:* 7:16AM
Muruqa: Clear *Sunset:* 4:50PM
Nataraja: Orange
Moon – Blue

Norman, OK
Sun 2 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day
Pausha-Markali

2

Monday, January 13, 2020

Simha Rasi: 4.37 Tithi 19
Family Home Evening
Routine Work Marana Yoga
Until 8:21PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 1:15PM – 2:27PM **Magha* Until 8:21PM**
Yama 10:52AM – 12:04PM Ayushman Until 4:24PM
Rahu 8:28AM – 9:40AM Balava Until 4:39PM
Chaturthi* Until 3:16AM Tue

Ganesha: Clear *Sunrise:* 7:16AM
Muruqa: Clear *Sunset:* 4:51PM
Nataraja: Orange
Moon – Red

Norman, OK
Sun 3 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day
Pausha-Markali

3

Tuesday, January 14, 2020

Simha Rasi: 19.1 Tithi 20
Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:04PM – 1:16PM **Purvaphalguni Until 6:23PM**
Yama 9:40AM – 10:52AM Saubhagya Until 12:58PM
Rahu 2:28PM – 3:40PM Kaulava Until 1:57PM
Panchami Until 12:38AM Wed

Ganesha: Clear *Sunrise:* 7:15AM
Muruqa: Clear *Sunset:* 4:52PM
Nataraja: Orange
Moon – Red

Norman, OK
Sun 4 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day
Pausha-Thai

4

Wednesday, January 15, 2020

Kanya Rasi: 3.39 Tithi 21
Creative Work Amrita Yoga
Until 4:26PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:52AM – 12:04PM **Uttaraphalguni Until 4:26PM**
Yama 8:27AM – 9:40AM Sobhana Until 9:40AM
Rahu 12:04PM – 1:17PM Gara Until 11:24AM
Shashthi* Until 10:11PM

Ganesha: Clear *Sunrise:* 7:15AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Orange
Moon – Red

Norman, OK
Sun 5 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day
Pausha-Thai

5

Thursday, January 16, 2020

Kanya Rasi: 17.59 Tithi 22
Routine Work Marana Yoga
Until 3:00PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:40AM – 10:52AM **Hasta Until 3:00PM**
Yama 7:15AM – 8:27AM Athiganda* Until 6:30AM
Rahu 1:17PM – 2:30PM Visti Until 9:04AM
Saptami Until 7:59PM

Ganesha: Purple *Sunrise:* 7:15AM
Muruqa: Clear *Sunset:* 4:55PM
Nataraja: Orange
Moon – Green

Norman, OK
Sun 6 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day
Pausha-Thai

Retreat Star

Friday, January 17, 2020

Tula Rasi: 2.08 Tithi 23
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:27AM – 9:40AM **Chitra Until 1:43PM**
Yama 2:30PM – 3:43PM Dhriti Until 12:56AM Sat
Rahu 10:52AM – 12:05PM Balava Until 7:01AM
Ashtami* Until 6:06PM

Ganesha: Purple *Sunrise:* 7:14AM
Muruqa: Clear *Sunset:* 4:56PM
Nataraja: Orange
Moon – Green

Norman, OK
Sun 7 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day
Pausha-Thai

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 16.05 Tithi 24 – 25
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:14AM – 8:27AM **Svati Until 12:39PM**
Yama 1:18PM – 2:31PM Shula* Until 10:33PM
Rahu 9:39AM – 10:52AM Vanija Until 3:58AM Sun
Navami* Until 4:35PM

Ganesha: Purple *Sunrise:* 7:14AM
Muruqa: Clear *Sunset:* 4:57PM
Nataraja: Orange
Moon – Green

Norman, OK
Sun 8 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day
Pausha-Thai

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau			Norman, OK Sun 9 Sutra 280 Vikarin 5121
Tula Rasi: 29.48	Tithi 25 – 26	Gulika	2:32PM – 3:45PM	Vishakha Until 12:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:13AM	
		Yama	12:06PM – 1:19PM	Ganda* Until 8:30PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 1 - Phase 39
		874623466 Rahu	3:45PM – 4:58PM	Bava Until 3:01AM Mon	Nataraja: Orange		2nd Phase
Routine Work	Marana Yoga			Dashami Until 3:26PM	Moon – Orange		Devaloka Day
					Pausha -Thai		

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau			Norman, OK Sun 10 Sutra 281 Vikarin 5121
Vrischika Rasi: 13.17	Tithi 26 – 27	Gulika	1:19PM – 2:33PM	Anuradha Until 12:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:13AM	
Family Home Evening		Yama	10:53AM – 12:06PM	Vriddhi Until 6:45PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 39
		874623466 Rahu	8:26AM – 9:39AM	Kaulava Until 2:27AM Tue	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 2:40PM	Moon – Orange		Devaloka Day
					Pausha -Thai		

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashti/Trayodashyam Titau			Norman, OK Sun 11 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.34	Tithi 27 – 28	Gulika	12:06PM – 1:20PM	Jyeshtha* Until 12:05PM	Ganesha: Purple	<i>Sunrise:</i> 7:12AM	
		Yama	9:39AM – 10:53AM	Dhruva Until 5:17PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 39
		875623466 Rahu	2:33PM – 3:47PM	Gara Until 2:18AM Wed	Nataraja: Orange		2nd Phase
Routine Work	Marana Yoga			Dvadashti* Until 2:18PM	Moon – Orange		Bhuloka Day
Until 12:05PM					Pausha -Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Norman, OK Sun 12 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.38	Tithi 28 – 29	Gulika	10:53AM – 12:06PM	Mula* Until 12:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:11AM	
		Yama	8:25AM – 9:39AM	Vyaghata* Until 4:10PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 39
		885623466 Rahu	12:06PM – 1:20PM	Visti Until 2:34AM Thu	Nataraja: Orange		2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 2:21PM	Moon – Light Blue		Bhuloka Day
Until 12:51PM					Pausha -Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Norman, OK Sun 13 Sutra 284 Vikarin 5121
Dhanus Rasi: 22.29	Tithi 29 – 30	Gulika	9:39AM – 10:53AM	Purvashadha* Until 1:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:11AM	
		Yama	7:11AM – 8:25AM	Harshana Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 39
		885623466 Rahu	1:21PM – 2:35PM	Catuspada Until 3:15AM Fri	Nataraja: Orange		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 2:50PM	Moon – Light Blue		Bhuloka Day
Until 1:51PM					Pausha -Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Norman, OK Sun 14 Sutra 285 Vikarin 5121
Makara Rasi: 5.08	Tithi 30 – 1	Gulika	8:24AM – 9:38AM	Uttarashadha Until 3:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:10AM	
		Yama	2:35PM – 3:50PM	Vajra* Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 39
		885623466 Rahu	10:53AM – 12:07PM	Kintughna Until 4:23AM Sat	Nataraja: Orange		Prathama
Routine Work	Marana Yoga			Amavasya* Until 3:44PM	Moon – Light Blue		Bhuloka Day
					Magha -Thai		Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 15 Sutra 286 Vikarin 5121
	Makara Rasi: 17.37	Tithi 1 – 2	Gulika Yama	7:09AM – 8:24AM 1:22PM – 2:36PM	Shravana Until 5:08PM Siddhi Until 2:46PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Purple	Sunrise: 7:09AM Sunset: 5:05PM Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga	995623466 Rahu	9:38AM – 10:53AM	Balava Until 5:56AM Sun Prathama* Until 5:05PM	Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 16 Sutra 287 Vikarin 5121
	Makara Rasi: 29.53	Tithi 2	Gulika Yama	2:37PM – 3:52PM 12:07PM – 1:22PM	Dhanishtha Until 7:21PM Vyatipata* Until 2:57PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple	Sunrise: 7:08AM Sunset: 5:06PM Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga	995723466 Rahu	3:52PM – 5:06PM	Kaulava Until 6:50PM Dvitiya Until 6:50PM	Magha*Thai	Devaloka Day
	Until 7:21PM Then Creative Work - Siddha Yoga						

3	Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Norman, OK Sun 17 Sutra 288 Vikarin 5121
	Kumbha Rasi: 12.01	Tithi 3	Gulika Yama	1:23PM – 2:38PM 10:53AM – 12:08PM	Shatabhishak Until 9:45PM Varyan Until 3:23PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple	Sunrise: 7:08AM Sunset: 5:08PM Moon 1 - Phase 40 3rd Phase
	Family Home Evening		995723466 Rahu	8:23AM – 9:38AM	Taitila Until 7:52AM Tritiya Until 8:56PM	Magha*Thai	Devaloka Day
	Creative Work Siddha Yoga Until 9:45PM Then Routine Work - Marana Yoga						

4	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Norman, OK Sun 18 Sutra 289 Vikarin 5121
	Kumbha Rasi: 24.01	Tithi 4	Gulika Yama	12:08PM – 1:23PM 9:37AM – 10:52AM	Purvaproshtapada* Until 12:44AM We Parigha* Until 4:02PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear	Sunrise: 7:07AM Sunset: 5:09PM Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga	915723466 Rahu	2:38PM – 3:54PM	Vanija Until 10:06AM Chaturthi* Until 11:18PM	Magha*Thai	Sivaloka Day
	Until 12:44AM Wed Then Creative Work - Siddha Yoga						

5	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 19 Sutra 290 Vikarin 5121
	Meena Rasi: 5.56	Tithi 5	Gulika Yama	10:52AM – 12:08PM 8:21AM – 9:37AM	Uttaraproshtapada Until 3:41AM Thu Shiva Until 4:51PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear	Sunrise: 7:06AM Sunset: 5:10PM Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga	915723466 Rahu	12:08PM – 1:23PM	Bava Until 12:34PM Panchami Until 1:49AM Thu	Magha*Thai	Sivaloka Day
	Until 12:08PM Then Creative Work - Siddha Yoga						

6	Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK Sun 20 Sutra 291 Vikarin 5121
	Meena Rasi: 17.48	Tithi 6	Gulika Yama	9:37AM – 10:52AM 7:05AM – 8:21AM	Revati Until 6:26AM Fri Siddha Until 5:40PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear	Sunrise: 7:05AM Sunset: 5:11PM Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga	916723466 Rahu	1:24PM – 2:40PM	Kaulava Until 3:06PM Shashthi* Until 4:19AM Fri	Magha*Thai	Devaloka Day
	Until 6:26AM Fri Then Creative Work - Amrita Yoga						

Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Norman, OK Sun 21 Sutra 292 Vikarin 5121
Retreat Star		Gulika Yama	8:20AM – 9:36AM 2:40PM – 3:56PM	Revati Until 6:26AM Sadhya Until 6:25PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear	Sunrise: 7:04AM Sunset: 5:12PM Moon 1 - Phase 40 3rd Phase
Meena Rasi: 29.41	Tithi 7	916723466 Rahu	10:52AM – 12:08PM	Gara Until 5:32PM Saptami Until 6:38AM Sat	Magha*Thai	Devaloka Day
Creative Work Siddha Yoga Until 6:26AM Then Creative Work - Amrita Yoga						

☾	Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Norman, OK Sun 22 Sutra 293 Vikarin 5121
	Retreat Star		Gulika Yama	7:04AM – 8:20AM 1:24PM – 2:40PM	Ashvini Until 9:20AM Subha Until 6:57PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:04AM Sunset: 5:12PM Moon 1 - Phase 40 Ashtami
	Mesha Rasi: 11.39	Tithi 7 – 8	926723466 Rahu	9:36AM – 10:52AM	Visti Until 7:40PM Saptami Until 6:38AM	Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga						

Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK Sun 23 Sutra 294 Vikarin 5121
Retreat Star		Gulika Yama	2:41PM – 3:57PM 12:08PM – 1:25PM	Bharani Until 11:39AM Sukla Until 7:05PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:03AM Sunset: 5:14PM Moon 1 - Phase 40 Navami
Mesha Rasi: 23.46	Tithi 8 – 9	926723466 Rahu	3:57PM – 5:14PM	Balava Until 9:18PM Ashtami* Until 8:32AM	Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Prabalarishta Yoga Until 11:39AM Then Creative Work - Siddha Yoga						

Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Norman, OK Sun 24 Sutra 295 Vikarin 5121
1		Gulika 1:25PM – 2:42PM	Krittika Until 1:12PM	Ganesha: Green	<i>Sunrise:</i> 7:02AM	
Vrishabha Rasi: 6.08	Tithi 9 – 10	Yama 10:52AM – 12:08PM	Brahma Until 6:42PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 41
Family Home Evening	926723466	Rahu 8:19AM – 9:35AM	Taitila Until 10:13PM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Navami* Until 9:50AM	Moon – White		Bhuloka Day
Until 1:12PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 25 Sutra 296 Vikarin 5121
2		Gulika 12:09PM – 1:25PM	Rohini Until 2:20PM	Ganesha: Red	<i>Sunrise:</i> 7:01AM	
Vrishabha Rasi: 18.49	Tithi 10 – 11	Yama 9:35AM – 10:52AM	Indra Until 5:44PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 41
	936723467	Rahu 2:42PM – 3:59PM	Vanija Until 10:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 10:21AM	Moon – Yellow		Devaloka Day
Until 2:20PM				Magha-Thai		
Then Creative Work - Siddha Yoga						

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 26 Sutra 297 Vikarin 5121
3		Gulika 10:52AM – 12:09PM	Mrigashira Until 2:29PM	Ganesha: Red	<i>Sunrise:</i> 7:00AM	
Mithuna Rasi: 1.55	Tithi 11 – 12	Yama 8:17AM – 9:34AM	Vaidhriti* Until 4:05PM	Muruqa: Clear	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 41
	936723467	Rahu 12:09PM – 1:26PM	Bava Until 9:35PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:02AM	Moon – Yellow		Devaloka Day
				Magha-Thai		

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 27 Sutra 298 Vikarin 5121
4		Gulika 9:34AM – 10:51AM	Ardra Until 1:41PM	Ganesha: Red	<i>Sunrise:</i> 6:59AM	
Mithuna Rasi: 15.28	Tithi 12 – 13	Yama 6:59AM – 8:16AM	Vishkambha* Until 1:48PM	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 41
	936723467	Rahu 1:26PM – 2:44PM	Kaulava Until 8:03PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 8:54AM	Moon – Yellow		Devaloka Day
Until 1:41PM				Magha-Thai		
Then Creative Work - Amrita Yoga						

Pradosha Vrata

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 28 Sutra 299 Vikarin 5121
5		Gulika 8:16AM – 9:33AM	Punarvasu Until 12:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:58AM	
Mithuna Rasi: 29.28	Tithi 13 – 14	Yama 2:44PM – 4:02PM	Priti Until 10:57AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 41
	947723467	Rahu 10:51AM – 12:09PM	Vanija Until 4:29AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:00AM	Moon – Blue		Bhuloka Day
Until 12:28PM		Thai Pusam		Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK Sun 29 Sutra 300 Vikarin 5121
○		Gulika 6:57AM – 8:15AM	Pushya Until 10:31AM	Ganesha: Blue	<i>Sunrise:</i> 6:57AM	
Kataka Rasi: 13.54	Tithi 15	Yama 1:27PM – 2:45PM	Ayushman Until 7:36AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 41
	947723467	Rahu 9:33AM – 10:51AM	Visti Until 3:03PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:30AM Sun	Moon – Blue		Bhuloka Day
Until 10:31AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sun 30 Sutra 301 Vikarin 5121
○		Gulika 2:46PM – 4:04PM	Ashlesha* Until 8:01AM	Ganesha: Blue	<i>Sunrise:</i> 6:56AM	
Kataka Rasi: 28.39	Tithi 16	Yama 12:09PM – 1:27PM	Sobhana Until 11:59PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 41
	947723467	Rahu 4:04PM – 5:22PM	Balava Until 11:54AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:13PM	Moon – Blue		Bhuloka Day
Until 8:01AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Norman, OK
Sutra 302

Simha Rasi: 14 Tithi 17
Family Home Evening 957723467
Creative Work Siddha Yoga
Until 2:52AM Tue
Then Creative Work - Amrita Yoga

Gulika 1:28PM – 2:46PM
Yama 10:50AM – 12:09PM
Rahu 8:13AM – 9:32AM

Purvaphalguni Until 2:52AM Tue
Athiganda* Until 7:56PM
Taitila Until 8:31AM
Dvitiya Until 6:47PM

Ganesha: Red *Sunrise:* 6:54AM
Muruqa: Clear *Sunset:* 5:23PM
Nataraja: Clear
Moon – Red

Moon 2 - Phase 42
1st Phase

Devaloka Day

Magha-Thai

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK
Sun 1 Sutra 303

Simha Rasi: 28.37 Tithi 18 – 19
957723467
Creative Work Amrita Yoga
Until 12:08AM Wed
Then Routine Work - Marana Yoga

Gulika 12:09PM – 1:28PM
Yama 9:31AM – 10:50AM
Rahu 2:47PM – 4:06PM

Uttaraphalguni Until 12:08AM Wed
Sukarma Until 3:57PM
Bava Until 1:47AM Wed
Tritiya Until 3:24PM

Ganesha: Red *Sunrise:* 6:53AM
Muruqa: Clear *Sunset:* 5:25PM
Nataraja: Clear
Moon – Red

Moon 2 - Phase 42
1st Phase

Devaloka Day

Magha-Thai

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 2 Sutra 304

Kanya Rasi: 13.32 Tithi 19 – 20
967723467
Routine Work Marana Yoga
Until 9:56PM
Then Creative Work - Siddha Yoga

Gulika 10:50AM – 12:09PM
Yama 8:11AM – 9:31AM
Rahu 12:09PM – 1:28PM

Hasta Until 9:56PM
Dhriti Until 12:07PM
Kaulava Until 10:43PM
Chaturthi* Until 12:11PM

Ganesha: Green *Sunrise:* 6:52AM
Muruqa: Clear *Sunset:* 5:26PM
Nataraja: Clear
Moon – Green

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Magha-Thai

Maha Sankatahara Chaturthi

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Norman, OK
Sun 3 Sutra 305

Kanya Rasi: 28.14 Tithi 20 – 21
968723467
Creative Work Siddha Yoga
Until 7:58PM
Then Creative Work - Amrita Yoga

Gulika 9:30AM – 10:49AM
Yama 6:51AM – 8:10AM
Rahu 1:28PM – 2:48PM

Chitra Until 7:58PM
Shula* Until 8:32AM
Gara Until 8:03PM
Panchami Until 9:19AM

Ganesha: White *Sunrise:* 6:51AM
Muruqa: Clear *Sunset:* 5:27PM
Nataraja: Clear
Moon – Green

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Magha-Masi

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Vriddhi Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Norman, OK
Sun 4 Sutra 306

Tula Rasi: 12.37 Tithi 21 – 22
968723467
Creative Work Siddha Yoga

Gulika 8:09AM – 9:29AM
Yama 2:49PM – 4:08PM
Rahu 10:49AM – 12:09PM

Svati Until 6:23PM
Vriddhi Until 2:35AM Sat
Bava Until 5:01AM Sat
Shashthi* Until 6:53AM

Ganesha: White *Sunrise:* 6:50AM
Muruqa: Clear *Sunset:* 5:28PM
Nataraja: Clear
Moon – Green

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Magha-Masi

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK
Sun 5 Sutra 307

Tula Rasi: 26.39 Tithi 23
978723467
Creative Work Siddha Yoga

Gulika 6:48AM – 8:08AM
Yama 1:29PM – 2:49PM
Rahu 9:29AM – 10:49AM

Vishakha Until 5:39PM
Dhruva Until 12:17AM Sun
Balava Until 4:19PM
Ashtami* Until 3:44AM Sun

Ganesha: Clear *Sunrise:* 6:48AM
Muruqa: Clear *Sunset:* 5:29PM
Nataraja: Clear
Moon – Orange

Moon 2 - Phase 42
Ashtami

Devaloka Day

Magha-Masi

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK
Sun 6 Sutra 308

Vrischika Rasi: 10.19 Tithi 24
978723467
Routine Work Marana Yoga

Gulika 2:50PM – 4:10PM
Yama 12:09PM – 1:29PM
Rahu 4:10PM – 5:31PM

Anuradha Until 5:23PM
Vyaghata* Until 10:30PM
Taitila Until 3:22PM
Navami* Until 3:06AM Mon

Ganesha: Clear *Sunrise:* 6:47AM
Muruqa: Clear *Sunset:* 5:31PM
Nataraja: Clear
Moon – Orange

Moon 2 - Phase 42
Navami

Devaloka Day

Magha-Masi

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Norman, OK	
Vrischika Rasi: 23.37		Tithi 25		Jyeshtha* Until 5:33PM		Sun 7 Sutra 309	
Family Home Evening		978723467		Rahu 8:06AM – 9:27AM		Vikarin 5121	
Creative Work Siddha Yoga		Gulika 1:29PM – 2:50PM		Yama 10:48AM – 12:09PM		Moon 2 - Phase 43	
		Harshana Until 9:12PM		Nataraja: Clear		2nd Phase	
		Vanija Until 3:01PM		Moon – Orange		Devaloka Day	
		Dashami Until 3:03AM Tue		Magha•Masi			

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Norman, OK	
Dhanus Rasi: 6.37		Tithi 26		Mula* Until 6:36PM		Sun 8 Sutra 310	
Creative Work Amrita Yoga		988723467		Rahu 2:51PM – 4:12PM		Vikarin 5121	
Until 6:36PM		Gulika 12:09PM – 1:30PM		Yama 9:27AM – 10:48AM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Vajra* Until 8:19PM		Nataraja: Clear		2nd Phase	
		Bava Until 3:16PM		Moon – Light Blue		Bhuloka Day	
		Ekadashi* Until 3:34AM Wed		Magha•Masi		Devaloka Time: 3:PM to 6:PM	

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Norman, OK	
Dhanus Rasi: 19.2		Tithi 27		Purvashadha* Until 7:58PM		Sun 9 Sutra 311	
Creative Work Amrita Yoga		988723467		Rahu 12:09PM – 1:30PM		Vikarin 5121	
		Gulika 10:47AM – 12:09PM		Yama 8:04AM – 9:26AM		Moon 2 - Phase 43	
		Siddhi Until 7:49PM		Nataraja: Clear		2nd Phase	
		Kaulava Until 4:01PM		Moon – Light Blue		Bhuloka Day	
		Dvadashi* Until 4:32AM Thu		Magha•Masi		Devaloka Time: 3:PM to 6:PM	

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Norman, OK	
Makara Rasi: 1.52		Tithi 28		Uttarashadha Until 9:35PM		Sun 10 Sutra 312	
Routine Work Marana Yoga		989823467		Rahu 1:30PM – 2:52PM		Vikarin 5121	
Until 9:35PM		Gulika 9:25AM – 10:47AM		Yama 6:42AM – 8:03AM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Vyatipata* Until 7:40PM		Nataraja: Clear		2nd Phase	
		Gara Until 5:12PM		Moon – Light Blue		Bhuloka Day	
		Trayodashi* Until 5:55AM Fri		Magha•Masi		Devaloka Time: 3:PM to 6:PM	
		Pradosha Vrata (Fasting)					

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Norman, OK	
Makara Rasi: 14.13		Tithi 29		Shravana Until 11:52PM		Sun 11 Sutra 313	
Routine Work Marana Yoga		999823467		Rahu 10:46AM – 12:08PM		Vikarin 5121	
Until 11:52PM		Gulika 8:02AM – 9:24AM		Yama 2:52PM – 4:14PM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Variyan Until 7:45PM		Nataraja: Clear		2nd Phase	
		Visti Until 6:45PM		Moon – Purple		Bhuloka Day	
		Chaturdashi* Until 7:37AM Sat		Magha•Masi		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Norman, OK	
Makara Rasi: 26.26		Tithi 29 – 30		Dhanishtha Until 2:16AM Sun		Sun 12 Sutra 314	
Creative Work Siddha Yoga		999823467		Rahu 9:24AM – 10:46AM		Vikarin 5121	
		Gulika 6:39AM – 8:01AM		Yama 1:31PM – 2:53PM		Moon 2 - Phase 43	
		Parigha* Until 8:04PM		Nataraja: Clear		Amavasya	
		Catuspada Until 8:36PM		Moon – Purple		Bhuloka Day	
		Chaturdashi* Until 7:37AM		Magha•Masi		Devaloka Time: 3:PM to 6:PM	
		Mahasivaratri (Lunar)					
		Mahasivaratri (Solar)					

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Norman, OK	
Kumbha Rasi: 8.32		Tithi 30 – 1		Shatabhishak Until 4:43AM Mon		Sun 13 Sutra 315	
Creative Work Siddha Yoga		999823467		Rahu 4:16PM – 5:39PM		Vikarin 5121	
Until 4:43AM Mon		Gulika 2:53PM – 4:16PM		Yama 12:08PM – 1:31PM		Moon 2 - Phase 43	
Then Routine Work - Marana Yoga		Shiva Until 8:36PM		Nataraja: Clear		Prathama	
		Kintughna Until 10:42PM		Moon – Purple		Bhuloka Day	
		Amavasya* Until 9:36AM		Phalgun•Masi		Devaloka Time: 3:PM to 6:PM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 14 Sutra 316
1	Kumbha Rasi: 20.33 Family Home Evening Routine Work Marana Yoga Until 7:41AM Tue Then Creative Work - Amrita Yoga	Tithi 1 – 2 919823467	Gulika 1:31PM – 2:54PM Yama 10:45AM – 12:08PM Rahu 7:59AM – 9:22AM	Purvaproshtapada* Until 7:41AM Tue Siddha Until 9:15PM Balava Until 1:00AM Tue Prathama* Until 11:48AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:36AM Sunset: 5:40PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Norman, OK Sun 15 Sutra 317
2	Meena Rasi: 2.29 Routine Work Marana Yoga Until 7:41AM Then Creative Work - Amrita Yoga	Tithi 2 – 3 919823467	Gulika 12:08PM – 1:31PM Yama 9:21AM – 10:45AM Rahu 2:54PM – 4:18PM	Purvaproshtapada* Until 7:41AM Sadhya Until 10:02PM Taitila Until 3:27AM Wed Dvitiya Until 2:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:35AM Sunset: 5:41PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Norman, OK Sun 16 Sutra 318
3	Meena Rasi: 14.23 Creative Work Siddha Yoga Until 10:36AM Then Routine Work - Marana Yoga	Tithi 3 – 4 919823467	Gulika 10:44AM – 12:08PM Yama 7:57AM – 9:20AM Rahu 12:08PM – 1:31PM	Uttaraproshtapada Until 10:36AM Subha Until 10:55PM Vanija Until 5:58AM Thu Tritiya Until 4:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:33AM Sunset: 5:42PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Visti* Karana Chaturthyam Titau				Norman, OK Sun 17 Sutra 319
4	Meena Rasi: 26.14 Creative Work Siddha Yoga Until 1:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	Gulika 9:20AM – 10:44AM Yama 6:32AM – 7:56AM Rahu 1:31PM – 2:55PM	Revati Until 1:25PM Sukla Until 11:45PM Visti Until 7:12PM Chaturthi* Until 7:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:32AM Sunset: 5:43PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 18 Sutra 320
5	Mesha Rasi: 8.07 Creative Work Amrita Yoga Until 4:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	Gulika 7:54AM – 9:19AM Yama 2:56PM – 4:20PM Rahu 10:43AM – 12:07PM	Ashvini Until 4:29PM Brahma Until 12:31AM Sat Bava Until 8:27AM Panchami Until 9:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:30AM Sunset: 5:44PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK Sun 19 Sutra 321
6	Mesha Rasi: 20.03 Creative Work Siddha Yoga Until 7:10PM Then Creative Work - Amrita Yoga	Tithi 6 921823467	Gulika 6:29AM – 7:53AM Yama 1:32PM – 2:56PM Rahu 9:18AM – 10:43AM	Bharani Until 7:10PM Indra Until 1:05AM Sun Kaulava Until 10:45AM Shashthi* Until 11:45PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:29AM Sunset: 5:45PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Norman, OK Sun 20 Sutra 322
Retreat Star						
Vrishabha Rasi: 2.07	Tithi 7 921833467	Gulika 2:57PM – 4:22PM Yama 12:07PM – 1:32PM Rahu 4:22PM – 5:48PM	Krittika Until 9:16PM Vaidhriti* Until 1:14AM Mon Gara Until 12:41PM Saptami Until 1:25AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:26AM Sunset: 5:48PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Norman, OK Sun 21 Sutra 323
Retreat Star						
Vrishabha Rasi: 14.25	Tithi 8 931833467	Gulika 1:32PM – 2:58PM Yama 10:41AM – 12:06PM Rahu 7:50AM – 9:15AM	Rohini Until 11:04PM Vishkambha* Until 12:54AM Tue Visti Until 2:01PM Ashtami* Until 2:23AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:24AM Sunset: 5:49PM Moon 2 - Phase 44 Ashtami Devaloka Day	

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Norman, OK Sun 22 Sutra 324
Retreat Star						
Vrishabha Rasi: 27	Tithi 9 931833467	Gulika 12:06PM – 1:32PM Yama 9:14AM – 10:40AM Rahu 2:58PM – 4:24PM	Mrigashira Until 11:55PM Priti Until 11:57PM Balava Until 2:36PM Navami* Until 2:33AM Wed	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:23AM Sunset: 5:50PM Moon 2 - Phase 44 Navami Devaloka Day	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Norman, OK Sun 23 Sutra 325 Vikarin 5121
	Mithuna Rasi: 9.59	Tithi 10	Gulika 10:40AM – 12:06PM	Ardra Until 11:47PM	Ganesha: Red	<i>Sunrise:</i> 6:21AM	
			Yama 7:47AM – 9:14AM	Ayushman Until 10:18PM	Muruqa: Orange	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 45
	131833467	Rahu 12:06PM – 1:32PM	Taitila Until 2:19PM	Dashami Until 1:49AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Norman, OK Sun 24 Sutra 326 Vikarin 5121
	Mithuna Rasi: 23.26	Tithi 11	Gulika 9:13AM – 10:39AM	Punarvasu Until 11:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:19AM	
			Yama 6:19AM – 7:46AM	Saubhagya Until 7:58PM	Muruqa: Orange	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 45
	141833467	Rahu 1:32PM – 2:59PM	Vanija Until 1:09PM	Ekadashi Until 12:14AM Fri	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashtyam Titau				Norman, OK Sun 25 Sutra 327 Vikarin 5121
	Kataka Rasi: 7.23	Tithi 12	Gulika 7:45AM – 9:12AM	Pushya Until 9:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	
			Yama 2:59PM – 4:26PM	Sobhana Until 5:00PM	Muruqa: Orange	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 45
	141833467	Rahu 10:39AM – 12:06PM	Bava Until 11:10AM	Dvadashti Until 9:53PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK Sun 26 Sutra 328 Vikarin 5121
	Kataka Rasi: 21.5	Tithi 13	Gulika 6:16AM – 7:44AM	Ashlesha* Until 7:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	
			Yama 1:33PM – 3:00PM	Athiganda* Until 1:29PM	Muruqa: Orange	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 45
	141833467	Rahu 9:11AM – 10:38AM	Kaulava Until 8:29AM	Trayodashi Until 6:54PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Blue		Bhuloka Day	
Until 7:07PM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 27 Sutra 329 Vikarin 5121
	Simha Rasi: 6.41	Tithi 14 – 15	Gulika 3:00PM – 4:28PM	Magha* Until 4:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	
			Yama 12:05PM – 1:33PM	Sukarma Until 9:34AM	Muruqa: Orange	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 45
	151833467	Rahu 4:28PM – 5:55PM	Visti Until 1:38AM Mon	Chaturdashi* Until 3:27PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Red		Devaloka Day	
Until 4:33PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○	Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 28 Sutra 330 Vikarin 5121
	Simha Rasi: 21.5	Tithi 15 – 16	Gulika 1:33PM – 3:01PM	Purvaphalguni Until 1:34PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	
	Family Home Evening		Yama 10:37AM – 12:05PM	Shula* Until 1:01AM Tue	Muruqa: Orange	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 45
	152833467	Rahu 7:41AM – 9:09AM	Balava Until 9:49PM		Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:43AM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○	Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 29 Sutra 331 Vikarin 5121
	Kanya Rasi: 7.07	Tithi 16 – 17	Gulika 12:05PM – 1:33PM	Uttaraphalguni Until 10:22AM	Ganesha: White	<i>Sunrise:</i> 6:12AM	
			Yama 9:08AM – 10:36AM	Ganda* Until 8:41PM	Muruqa: Orange	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 45
	152833467	Rahu 3:01PM – 4:29PM	Gara Until 4:06AM Wed	Prathama* Until 7:53AM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Moon – Red		Sivaloka Day	
Until 10:22AM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyam Titau

Norman, OK

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 22.22 Tithi 18

162833467

Gulika 10:36AM – 12:04PM
Yama 7:39AM – 9:07AM
Rahu 12:04PM – 1:33PM

Hasta Until 7:31AM
Vriddhi Until 4:31PM
Vanija Until 2:18PM

Tritiya Until 12:33AM Thu

Ganesha: Clear *Sunrise:* 6:10AM

Muruqa: Orange *Sunset:* 5:59PM

Nataraja: Clear

Moon – Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturtham Titau

Norman, OK

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 7.23 Tithi 19

162833467

Gulika 9:06AM – 10:35AM
Yama 6:08AM – 7:37AM
Rahu 1:33PM – 3:02PM

Svati Until 2:24AM Fri
Dhruva Until 12:36PM
Bava Until 10:57AM

Chaturthi* Until 9:25PM

Ganesha: Clear *Sunrise:* 6:08AM

Muruqa: Orange *Sunset:* 6:00PM

Nataraja: Clear

Moon – Green

Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 2:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 22.05 Tithi 20

172833467

Gulika 7:36AM – 9:05AM
Yama 3:02PM – 4:31PM
Rahu 10:34AM – 12:04PM

Vishakha Until 12:51AM Sat
Vyaghata* Until 9:06AM
Kaulava Until 8:04AM

Panchami Until 6:50PM

Ganesha: Purple *Sunrise:* 6:07AM

Muruqa: Orange *Sunset:* 6:01PM

Nataraja: Clear

Moon – Orange

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Norman, OK

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 6.2 Tithi 21 – 22

172833468

Gulika 6:05AM – 7:35AM
Yama 1:33PM – 3:03PM
Rahu 9:04AM – 10:34AM

Anuradha Until 11:52PM
Harshana Until 6:08AM
Visti Until 4:17AM Sun

Shashthi* Until 4:56PM

Ganesha: Purple *Sunrise:* 6:05AM

Muruqa: Orange *Sunset:* 6:02PM

Nataraja: Purple

Moon – Orange

Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Norman, OK

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 20.08 Tithi 22 – 23

172933468

Gulika 3:03PM – 4:33PM
Yama 12:03PM – 1:33PM
Rahu 4:33PM – 6:03PM

Jyeshtha* Until 11:31PM
Siddhi Until 1:58AM Mon
Balava Until 3:33AM Mon

Saptami Until 3:48PM

Ganesha: Clear *Sunrise:* 6:03AM

Muruqa: Orange *Sunset:* 6:03PM

Nataraja: Purple

Moon – Orange

Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 11:31PM

Then Creative Work - Amrita Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 3.28 Tithi 23 – 24

182933468

Gulika 1:33PM – 3:03PM
Yama 10:33AM – 12:03PM
Rahu 7:32AM – 9:02AM

Mula* Until 12:13AM Tue
Vyatipata* Until 12:50AM Tue
Taitila Until 3:36AM Tue

Ashtami* Until 3:28PM

Ganesha: Purple *Sunrise:* 6:02AM

Muruqa: Orange *Sunset:* 6:04PM

Nataraja: Purple

Moon – Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Norman, OK

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 16.24 Tithi 24 – 25

182933468

Gulika 12:03PM – 1:33PM
Yama 9:01AM – 10:32AM
Rahu 3:04PM – 4:34PM

Purvashadha* Until 1:29AM Wed
Variyan Until 12:14AM Wed
Vanija Until 4:21AM Wed

Navami* Until 3:52PM

Ganesha: Purple *Sunrise:* 6:00AM

Muruqa: Orange *Sunset:* 6:05PM

Nataraja: Purple

Moon – Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 1:29AM Wed

Then Creative Work - Amrita Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Norman, OK Sun 8 Sutra 339	
Dhanus Rasi: 29.01	Tithi 25 – 26	Gulika 10:31AM – 12:02PM	Uttarashadha Until 3:10AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:59AM		Vikarin 5121
		Yama 7:29AM – 9:00AM	Parigha* Until 12:07AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47	
		182933468 Rahu 12:02PM – 1:33PM	Bava Until 5:42AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 4:57PM	Moon – Light Blue		Devaloka Day	
Until 3:10AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau		Norman, OK Sun 9 Sutra 340	
Makara Rasi: 11.21	Tithi 26	Gulika 8:59AM – 10:31AM	Shravana Until 5:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:57AM		Vikarin 5121
		Yama 5:57AM – 7:28AM	Shiva Until 12:23AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 47	
		192933468 Rahu 1:33PM – 3:04PM	Balava Until 6:32PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 6:32PM	Moon – Purple		Sivaloka Day	
				Phalguna-Panguni			

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Norman, OK Sun 10 Sutra 341	
Makara Rasi: 23.31	Tithi 27	Gulika 7:27AM – 8:58AM	Dhanishtha Until 8:12AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		Vikarin 5121
		Yama 3:05PM – 4:36PM	Siddha Until 12:53AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47	
		192933468 Rahu 10:30AM – 12:02PM	Kaulava Until 7:30AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:29PM	Moon – Purple		Sivaloka Day	
Until 8:12AM Sat				Phalguna-Panguni			
Then Creative Work - Amrita Yoga							

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK Sun 11 Sutra 342	
Kumbha Rasi: 5.34	Tithi 28	Gulika 5:54AM – 7:26AM	Dhanishtha Until 8:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 1:33PM – 3:05PM	Sadhya Until 1:34AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47	
		192933468 Rahu 8:58AM – 10:29AM	Gara Until 9:36AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 10:42PM	Moon – Purple		Sivaloka Day	
Until 8:12AM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Norman, OK Sun 12 Sutra 343	
Kumbha Rasi: 17.31	Tithi 29	Gulika 3:06PM – 4:38PM	Shatabhishak Until 10:48AM	Ganesha: White	<i>Sunrise:</i> 5:52AM		Vikarin 5121
		Yama 12:01PM – 1:33PM	Subha Until 2:22AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47	
		193933468 Rahu 4:38PM – 6:10PM	Visti Until 11:53AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:03AM Mon	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Norman, OK Sun 13 Sutra 344	
Kumbha Rasi: 29.26	Tithi 30	Gulika 1:33PM – 3:06PM	Purvaprosarthapada* Until 1:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM		Vikarin 5121
Family Home Evening		Yama 10:28AM – 12:01PM	Sukla Until 3:12AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47	
Routine Work	Marana Yoga	113933468 Rahu 7:23AM – 8:56AM	Catuspada Until 2:17PM	Nataraja: Purple		Amavasya	
Until 1:51PM			Amavasya* Until 3:28AM Tue	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Panguni			

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Norman, OK Sun 14 Sutra 345	
Meena Rasi: 11.19	Tithi 1	Gulika 12:00PM – 1:33PM	Uttaraprosarthapada Until 4:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM		Vikarin 5121
		Yama 8:55AM – 10:28AM	Brahma Until 4:04AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47	
		113933468 Rahu 3:06PM – 4:39PM	Kintughna Until 4:43PM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 5:55AM Wed	Moon – Clear		Sivaloka Day	
Until 4:47PM		Yugadhi		Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Balava Karana Dvitiyayam Titau		Norman, OK Sun 15 Sutra 346 Vikarin 5121	
Meena Rasi: 23.11	Tithi 2	Gulika 10:27AM – 12:00PM	Revati Until 7:33PM	Ganesha: Yellow	Sunrise: 5:47AM		
		Yama 7:20AM – 8:54AM	Indra Until 4:55AM Thu	Muruqa: Orange	Sunset: 6:13PM		Moon 3 - Phase 48
		113933468 Rahu 12:00PM – 1:33PM	Balava Until 7:10PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 8:21AM Thu	Moon – Clear		Sivaloka Day	
				Chaitra•Panguni			

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Norman, OK Sun 16 Sutra 347 Vikarin 5121	
Mesha Rasi: 5.05	Tithi 2 – 3	Gulika 8:53AM – 10:26AM	Ashvini Until 10:36PM	Ganesha: Red	Sunrise: 5:45AM		
		Yama 5:45AM – 7:19AM	Vaidhriti* Until 5:41AM Fri	Muruqa: Orange	Sunset: 6:14PM		Moon 3 - Phase 48
		123933468 Rahu 1:33PM – 3:07PM	Taitila Until 9:33PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 8:21AM	Moon – White		Sivaloka Day	
Until 10:36PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Norman, OK Sun 17 Sutra 348 Vikarin 5121	
Mesha Rasi: 17.01	Tithi 3 – 4	Gulika 7:18AM – 8:52AM	Bharani Until 1:19AM Sat	Ganesha: Red	Sunrise: 5:44AM		
		Yama 3:07PM – 4:41PM	Vishkambha* Until 6:20AM Sat	Muruqa: Orange	Sunset: 6:15PM		Moon 3 - Phase 48
		123933468 Rahu 10:26AM – 12:00PM	Vanija Until 11:47PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:40AM	Moon – White		Sivaloka Day	
Until 1:19AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Norman, OK Sun 18 Sutra 349 Vikarin 5121	
Mesha Rasi: 29	Tithi 4 – 5	Gulika 5:42AM – 7:16AM	Krittika Until 3:37AM Sun	Ganesha: Red	Sunrise: 5:42AM		
		Yama 1:34PM – 3:08PM	Vishkambha* Until 6:20AM	Muruqa: Orange	Sunset: 6:16PM		Moon 3 - Phase 48
		123933468 Rahu 8:51AM – 10:25AM	Bava Until 1:44AM Sun	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 12:47PM	Moon – White		Sivaloka Day	
Until 3:37AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Norman, OK Sun 19 Sutra 350 Vikarin 5121	
Shrabha Rasi: 11.07	Tithi 5 – 6	Gulika 3:08PM – 4:43PM	Rohini Until 5:50AM Mon	Ganesha: Blue	Sunrise: 5:41AM		
		Yama 11:59AM – 1:34PM	Priti Until 6:46AM	Muruqa: Orange	Sunset: 6:17PM		Moon 3 - Phase 48
		133933468 Rahu 4:43PM – 6:17PM	Kaulava Until 3:16AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:33PM	Moon – Yellow		Subha Sivaloka Day	
Until 5:50AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Norman, OK Sun 20 Sutra 351 Vikarin 5121	
Shrabha Rasi: 23.25	Tithi 6 – 7	Gulika 1:34PM – 3:08PM	Mrigashira Until 7:17AM Tue	Ganesha: Blue	Sunrise: 5:39AM		
Family Home Evening		Yama 10:24AM – 11:59AM	Ayushman Until 6:50AM	Muruqa: Orange	Sunset: 6:18PM		Moon 3 - Phase 48
		133933468 Rahu 7:14AM – 8:49AM	Gara Until 4:13AM Tue	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:49PM	Moon – Yellow		Subha Sivaloka Day	
Until 7:17AM Tue				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Norman, OK Sun 21 Sutra 352 Vikarin 5121	
Mithuna Rasi: 5.58	Tithi 7 – 8	Gulika 11:58AM – 1:34PM	Mrigashira Until 7:17AM	Ganesha: Blue	Sunrise: 5:37AM		
		Yama 8:48AM – 10:23AM	Saubhagya Until 6:26AM	Muruqa: Orange	Sunset: 6:19PM		Moon 3 - Phase 48
		133933468 Rahu 3:09PM – 4:44PM	Visti Until 4:26AM Wed	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 7:17AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Norman, OK Sun 22 Sutra 353 Vikarin 5121	
Mithuna Rasi: 18.52	Tithi 8 – 9	Gulika 10:23AM – 11:58AM	Ardra Until 7:53AM	Ganesha: Blue	Sunrise: 5:37AM		
		Yama 7:13AM – 8:48AM	Athiganda* Until 3:52AM Thu	Muruqa: Orange	Sunset: 6:19PM		Moon 3 - Phase 48
		133933468 Rahu 11:58AM – 1:34PM	Balava Until 3:51AM Thu	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 4:14PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Norman, OK Sun 23 Sutra 354 Vikarin 5121	
Kataka Rasi: 2.12	Tithi 9 – 10	Gulika 8:47AM – 10:22AM	Punarvasu Until 7:59AM	Ganesha: Yellow	Sunrise: 5:36AM		
		Yama 5:36AM – 7:11AM	Sukarma Until 1:37AM Fri	Muruqa: Orange	Sunset: 6:20PM		Moon 3 - Phase 48
		143933468 Rahu 1:34PM – 3:09PM	Taitila Until 2:26AM Fri	Nataraja: Purple			Navami
Creative Work	Amrita Yoga		Navami* Until 3:13PM	Moon – Blue		Sivaloka Day	
		Sri Rama Navami		Chaitra•Panguni			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Norman, OK Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 15.59	Tithi 10 – 11	Gulika 7:10AM – 8:46AM	Pushya Until 7:08AM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM	
		Yama 3:10PM – 4:46PM	Dhriti Until 10:46PM	Muruqa: Orange	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:22AM – 11:58AM	Vanija Until 12:15AM Sat	Nataraja: Purple		4th Phase
			Dashami Until 1:25PM	Moon – Blue		Sivaloka Day
		Yogaswami Mahasamadhi		Chaitra•Panguni		

2		Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sun 25 Sutra 356 Vikarin 5121
Simha Rasi: 0.16	Tithi 11 – 12	Gulika 5:32AM – 7:09AM	Magha* Until 3:19AM Sun	Ganesha: White	<i>Sunrise:</i> 5:32AM	
		Yama 1:34PM – 3:10PM	Shula* Until 7:20PM	Muruqa: Orange	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 49
Creative Work	Amrita Yoga	153933468 Rahu 8:45AM – 10:21AM	Bava Until 9:25PM	Nataraja: Purple		4th Phase
Until 3:19AM Sun			Ekadashi Until 10:54AM	Moon – Red		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Chaitra•Panguni		

3		Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Norman, OK Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 14.59	Tithi 12 – 13	Gulika 3:10PM – 4:47PM	Purvaphalguni Until 12:38AM Mon	Ganesha: White	<i>Sunrise:</i> 5:31AM	
		Yama 11:57AM – 1:34PM	Ganda* Until 3:29PM	Muruqa: Orange	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 Rahu 4:47PM – 6:23PM	Kaulava Until 6:05PM	Nataraja: Purple		4th Phase
			Dvadashi Until 7:47AM	Moon – Red		Subha Sivaloka Day
				Chaitra•Panguni		
			<i>Pradosha Vrata</i>			

4		Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Norman, OK Sun 27 Sutra 358 Vikarin 5121
Kanya Rasi: 0.02	Tithi 14	Gulika 1:34PM – 3:11PM	Uttaraphalguni Until 9:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	
Family Home Evening		Yama 10:20AM – 11:57AM	Vridhhi Until 11:21AM	Muruqa: Orange	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:06AM – 8:43AM	Gara Until 2:23PM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 12:27AM Tue	Moon – Red		Sivaloka Day
				Chaitra•Panguni		

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Norman, OK Sun 28 Sutra 359 Vikarin 5121
Copper Retreat Star		Gulika 11:57AM – 1:34PM	Hasta Until 6:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:28AM	
Kanya Rasi: 15.18	Tithi 15	Yama 8:42AM – 10:19AM	Dhruva Until 7:01AM	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:11PM – 4:48PM	Visti Until 10:31AM	Nataraja: Purple		Purnima
			Purnima* Until 8:33PM	Moon – Green		Devaloka Day
		Panguni Uttiram		Chaitra•Panguni		
		Hanuman Jayanti				

5		Wednesday, April 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Norman, OK Sun 29 Sutra 360 Vikarin 5121
Silver Retreat Star		Gulika 10:19AM – 11:56AM	Chitra Until 3:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM	
Tula Rasi: 1	Tithi 16 – 17	Yama 7:04AM – 8:41AM	Harshana Until 10:27PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 11:56AM – 1:34PM	Balava Until 6:39AM	Nataraja: Purple		Prathama
			Prathama* Until 4:45PM	Moon – Green		Devaloka Day
				Chaitra•Panguni		



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK
Sun 1
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.45 Tithi 17 - 18

Gulika 8:40AM - 10:18AM
Yama 5:25AM - 7:02AM
164134468 **Rahu** 1:34PM - 3:12PM

Svati Until 12:39PM
Vajra* Until 6:28PM
Vanija Until 11:36PM
Dvitiya Until 1:12PM

Ganesha: White *Sunrise:* 5:25AM
Muruqa: Clear *Sunset:* 6:28PM
Nataraja: Purple
Moon - Green
Chaitra+Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 12:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK
Sun 2
Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 0.37 Tithi 18 - 19

Gulika 7:01AM - 8:39AM
Yama 3:12PM - 4:50PM
174134468 **Rahu** 10:18AM - 11:56AM

Vishakha Until 10:27AM
Siddhi Until 2:54PM
Bava Until 8:46PM
Tritiya Until 10:06AM

Ganesha: Yellow *Sunrise:* 5:23AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 3
Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 15.03 Tithi 19 - 20

Gulika 5:21AM - 7:00AM
Yama 1:34PM - 3:13PM
174134468 **Rahu** 8:38AM - 10:17AM

Anuradha Until 8:43AM
Vyatipala* Until 11:51AM
Kaulava Until 6:36PM
Chaturthi* Until 7:34AM

Ganesha: Yellow *Sunrise:* 5:21AM
Muruqa: Clear *Sunset:* 6:30PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyian/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK
Sun 4
Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 29.01 Tithi 21

Gulika 3:13PM - 4:52PM
Yama 11:55AM - 1:34PM
174134468 **Rahu** 4:52PM - 6:31PM

Jyeshtha* Until 7:33AM
Varyian Until 9:23AM
Gara Until 5:12PM
Shashthi* Until 4:48AM Mon

Ganesha: Yellow *Sunrise:* 5:20AM
Muruqa: Clear *Sunset:* 6:31PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 7:33AM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti/Bava Karana Saptamyam Titau

Norman, OK
Sun 5
Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 12.29 Tithi 22

Family Home Evening

Gulika 1:34PM - 3:13PM
Yama 10:16AM - 11:55AM
184134468 **Rahu** 6:57AM - 8:37AM

Mula* Until 7:31AM
Parigha* Until 7:36AM
Visti Until 4:39PM
Saptami Until 4:41AM Tue

Ganesha: Blue *Sunrise:* 5:18AM
Muruqa: Clear *Sunset:* 6:32PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 7:31AM

Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK
Sun 6
Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 25.31 Tithi 23

Gulika 11:55AM - 1:34PM
Yama 8:36AM - 10:15AM
284134468 **Rahu** 3:14PM - 4:53PM

Purvashadha* Until 8:09AM
Shiva Until 6:30AM
Balava Until 4:57PM
Ashtami* Until 5:22AM Wed

Ganesha: Yellow *Sunrise:* 5:17AM
Muruqa: Clear *Sunset:* 6:33PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 8:09AM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK
Sun 7
Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 8.08 Tithi 24

Gulika 10:15AM - 11:55AM
Yama 6:55AM - 8:35AM
284134468 **Rahu** 11:55AM - 1:34PM

Uttarashadha Until 9:24AM
Siddha Until 6:00AM
Taitila Until 5:59PM
Navami* Until 6:44AM Thu

Ganesha: Yellow *Sunrise:* 5:15AM
Muruqa: Clear *Sunset:* 6:34PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 9:24AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Norman, OK Sun 8 Sutra 4
Makara Rasi: 20.28	Tithi 24 – 25	Gulika 8:34AM – 10:14AM	Shravana Until 11:36AM	Ganesha: Blue	<i>Sunrise:</i> 5:14AM			Sarvari 5122
		Yama 5:14AM – 6:54AM	Sadhya Until 6:02AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM			Moon 4 - Phase 1
		294134468 Rahu 1:34PM – 3:15PM	Vanija Until 7:38PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:44AM	Moon – Purple			Devaloka Day	
				Chaitra*Chaitra				

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Norman, OK Sun 9 Sutra 5
Kumbha Rasi: 2.35	Tithi 25 – 26	Gulika 6:53AM – 8:33AM	Dhanishtha Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:12AM			Sarvari 5122
		Yama 3:15PM – 4:55PM	Subha Until 6:30AM	Muruqa: Clear	<i>Sunset:</i> 6:36PM			Moon 4 - Phase 1
		294134468 Rahu 10:14AM – 11:54AM	Bava Until 9:43PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:37AM	Moon – Purple			Devaloka Day	
				Chaitra*Chaitra				

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 10 Sutra 6
Kumbha Rasi: 14.34	Tithi 26 – 27	Gulika 5:11AM – 6:52AM	Shatabhishak Until 4:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM			Sarvari 5122
		Yama 1:35PM – 3:15PM	Sukla Until 7:12AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM			Moon 4 - Phase 1
		295134468 Rahu 8:32AM – 10:13AM	Kaulava Until 12:03AM Sun	Nataraja: Purple				2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 10:51AM	Moon – Purple			Sivaloka Day	
Until 4:46PM				Chaitra*Chaitra				
Then Routine Work - Marana Yoga								

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 11 Sutra 7
Kumbha Rasi: 26.28	Tithi 27 – 28	Gulika 3:16PM – 4:57PM	Purvaproshtapada* Until 7:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM			Sarvari 5122
		Yama 11:54AM – 1:35PM	Brahma Until 8:04AM	Muruqa: Clear	<i>Sunset:</i> 6:38PM			Moon 4 - Phase 1
		215134468 Rahu 4:57PM – 6:38PM	Gara Until 2:30AM Mon	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:15PM	Moon – Clear			Sivaloka Day	
Until 7:53PM				Chaitra*Chaitra				
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 12 Sutra 8
Meena Rasi: 8.19	Tithi 28 – 29	Gulika 1:35PM – 3:16PM	Uttaraproshtapada Until 10:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM			Sarvari 5122
Family Home Evening		Yama 10:12AM – 11:53AM	Indra Until 9:00AM	Muruqa: Clear	<i>Sunset:</i> 6:39PM			Moon 4 - Phase 1
		215134468 Rahu 6:49AM – 8:31AM	Vistil Until 4:56AM Tue	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:42PM	Moon – Clear			Sivaloka Day	
				Chaitra*Chaitra				

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Norman, OK Sun 13 Sutra 9
Meena Rasi: 20.12	Tithi 29	Gulika 11:53AM – 1:35PM	Revati Until 1:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM			Sarvari 5122
		Yama 8:30AM – 10:12AM	Vaidhriti* Until 9:53AM	Muruqa: Clear	<i>Sunset:</i> 6:40PM			Moon 4 - Phase 1
		215134468 Rahu 3:17PM – 4:58PM	Sakuni Until 6:06PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:06PM	Moon – Clear			Sivaloka Day	
Until 1:35AM Wed				Chaitra*Chaitra				
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Pritil Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Norman, OK Sun 14 Sutra 10
Mesha Rasi: 2.06	Tithi 30	Gulika 10:11AM – 11:53AM	Ashvini Until 4:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:05AM			Sarvari 5122
		Yama 6:47AM – 8:29AM	Vishkambha* Until 10:43AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM			Moon 4 - Phase 1
		225134468 Rahu 11:53AM – 1:35PM	Catuspada Until 7:17AM	Nataraja: Purple				Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:23PM	Moon – White			Sivaloka Day	
Until 4:31AM Thu				Chaitra*Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Pritil/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK Sun 15 Sutra 11
Mesha Rasi: 14.04	Tithi 1	Gulika 8:28AM – 10:11AM	Bharani Until 7:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:04AM			Sarvari 5122
		Yama 5:04AM – 6:46AM	Pritil Until 11:27AM	Muruqa: Clear	<i>Sunset:</i> 6:42PM			Moon 4 - Phase 1
		225134468 Rahu 1:35PM – 3:17PM	Kintughna Until 9:29AM	Nataraja: Purple				Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:29PM	Moon – White			Sivaloka Day	
				Vaisaka*Chaitra				

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 16 Sutra 12
	Mesha Rasi: 26.06	Tithi 2	Gulika 6:45AM – 8:27AM	Bharani Until 7:06AM	Ganesha: Red	<i>Sunrise:</i> 5:02AM	Sarvari 5122
			Yama 3:18PM – 5:00PM	Ayushman Until 11:59AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	225134469 Rahu 10:10AM – 11:53AM	Balava Until 11:28AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 12:21AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Norman, OK Sun 17 Sutra 13
	Virshabha Rasi: 8.14	Tithi 3	Gulika 5:01AM – 6:44AM	Krittika Until 9:16AM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Sarvari 5122
			Yama 1:35PM – 3:18PM	Saubhagya Until 12:19PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	225134469 Rahu 8:27AM – 10:10AM	Taitila Until 1:11PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:53AM Sun	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistil* Karana Chaturthyam Titau				Norman, OK Sun 18 Sutra 14
	Virshabha Rasi: 20.31	Tithi 4	Gulika 3:19PM – 5:02PM	Rohini Until 11:26AM	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM	Sarvari 5122
			Yama 11:52AM – 1:35PM	Sobhana Until 12:24PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	235134469 Rahu 5:02PM – 6:45PM	Vanija Until 2:32PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 3:02AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 19 Sutra 15
	Mithuna Rasi: 2.59	Tithi 5	Gulika 1:36PM – 3:19PM	Mrigashira Until 1:00PM	Ganesha: Blue	<i>Sunrise:</i> 4:58AM	Sarvari 5122
	Family Home Evening		Yama 10:09AM – 11:52AM	Athiganda* Until 12:07PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	236134469 Rahu 6:42AM – 8:25AM	Bava Until 3:27PM	Nataraja: Clear		3rd Phase
Until 1:00PM			Panchami Until 3:41AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga			Adi Sankara Jayanthi	Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK Sun 20 Sutra 16
	Mithuna Rasi: 15.4	Tithi 6	Gulika 11:52AM – 1:36PM	Ardra Until 1:55PM	Ganesha: Blue	<i>Sunrise:</i> 4:57AM	Sarvari 5122
			Yama 8:24AM – 10:08AM	Sukarma Until 11:27AM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
	Routine Work	Marana Yoga	236134469 Rahu 3:20PM – 5:03PM	Kaulava Until 3:49PM	Nataraja: Clear		3rd Phase
Until 1:55PM			Shashthi* Until 3:45AM Wed	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Norman, OK Sun 21 Sutra 17
	Mithuna Rasi: 28.37	Tithi 7	Gulika 10:08AM – 11:52AM	Punarvasu Until 2:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sarvari 5122
			Yama 6:40AM – 8:24AM	Dhriti Until 10:19AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2
	Creative Work	Siddha Yoga	246134469 Rahu 11:52AM – 1:36PM	Gara Until 3:34PM	Nataraja: Clear		3rd Phase
			Saptami Until 3:11AM Thu	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ashtamyam Titau				Norman, OK Sun 22 Sutra 18
	Retreat Star		Gulika 8:23AM – 10:07AM	Pushya Until 2:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Sarvari 5122
	Kataka Rasi: 11.55	Tithi 8	Yama 4:54AM – 6:39AM	Shula* Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2
	Creative Work	Amrita Yoga	246134469 Rahu 1:36PM – 3:20PM	Vistil Until 2:40PM	Nataraja: Clear		Ashtami
Until 2:23PM			Ashtami* Until 1:57AM Fri	Moon – Blue		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Norman, OK Sun 23 Sutra 19
	Retreat Star		Gulika 6:37AM – 8:22AM	Ashlesha* Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Sarvari 5122
	Kataka Rasi: 25.36	Tithi 9	Yama 3:21PM – 5:06PM	Ganda* Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2
	Routine Work	Marana Yoga	246134469 Rahu 10:07AM – 11:51AM	Balava Until 1:06PM	Nataraja: Clear		Navami
			Navami* Until 12:04AM Sat	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam		Norman, OK	
Simha Rasi: 9.41		Tithi 10		Magha* Until 12:06PM		Dhruva Until 12:34AM Sun		Sun 24	
Creative Work		Amrita Yoga		Gulika 4:51AM – 6:36AM		Muruqa: Clear		Sunrise: 4:51AM	
Until 12:06PM		256134469		Yama 1:37PM – 3:22PM		Nataraja: Clear		Sunset: 6:52PM	
Then Creative Work - Siddha Yoga		Rahu 8:21AM – 10:06AM		Taitila Until 10:55AM		Moon – Red		Moon 4 - Phase 3	
				Dashami Until 9:36PM		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Norman, OK	
Simha Rasi: 24.08		Tithi 11		Purvaphalguni Until 10:08AM		Dhruva Until 12:34AM Sun		Sun 25	
Creative Work		Siddha Yoga		Gulika 3:22PM – 5:08PM		Muruqa: Clear		Sunrise: 4:49AM	
Until 10:08AM		256134469		Vyaghata* Until 9:00PM		Nataraja: Clear		Sunset: 6:53PM	
Then Creative Work - Amrita Yoga		Rahu 5:08PM – 6:53PM		Vanija Until 8:11AM		Moon – Red		Moon 4 - Phase 3	
				Ekadashi Until 6:38PM		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Norman, OK	
Kanya Rasi: 8.55		Tithi 12 – 13		Uttaraphalguni Until 7:36AM		Dhruva Until 12:34AM Sun		Sun 26	
Family Home Evening		256234469		Gulika 1:37PM – 3:23PM		Muruqa: Clear		Sunrise: 4:48AM	
Creative Work		Siddha Yoga		Harshana Until 5:10PM		Nataraja: Clear		Sunset: 6:54PM	
				Kaulava Until 1:36AM Tue		Moon – Red		Moon 4 - Phase 3	
				Dvadashi Until 3:20PM		Vaisaka*Chaitra		Devaloka Day	

Pradosha Vrata

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Norman, OK	
Kanya Rasi: 23.54		Tithi 13 – 14		Chitra Until 2:19AM Wed		Dhruva Until 12:34AM Sun		Sun 27	
Creative Work		Siddha Yoga		Gulika 11:51AM – 1:37PM		Muruqa: Clear		Sunrise: 4:47AM	
		267234469		Vajra* Until 1:09PM		Nataraja: Clear		Sunset: 6:55PM	
				Gara Until 10:02PM		Moon – Green		Moon 4 - Phase 3	
				Trayodashi Until 11:48AM		Vaisaka*Chaitra		Devaloka Day	

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		Norman, OK	
Copper Retreat Star		Tula Rasi: 8.58		Tithi 14 – 15		Svati Until 11:28PM		Sun 28	
Creative Work		Siddha Yoga		267234469		Gulika 10:05AM – 11:51AM		Sunrise: 4:46AM	
						Muruqa: Clear		Sunset: 6:56PM	
				Budha Purnima (Tamil Nadu)		Nataraja: Clear		Moon 4 - Phase 3	
				Chaturdashi* Until 8:14AM		Moon – Green		Purnima	
						Vaisaka*Chaitra		Devaloka Day	

5		Thursday, May 7, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		Norman, OK	
Silver Retreat Star		Vishakha Nakshatra Varyan Yoga Balava/Kaulava Karana Prathamayam Titau		Vishakha Until 9:08PM		Dhruva Until 12:34AM Sun		Sun 28	
Tula Rasi: 23.58		Tithi 16		Gulika 8:18AM – 10:04AM		Muruqa: Clear		Sunrise: 4:45AM	
Creative Work		Siddha Yoga		277234469		Nataraja: Clear		Sunset: 6:57PM	
				Rahu 1:38PM – 3:24PM		Moon – Orange		Moon 4 - Phase 3	
				Prathama* Until 1:33AM Fri		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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