



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.09      Tithi 17  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:11AM – 6:52AM  
Yama 1:36PM – 3:18PM  
Rahu 8:33AM – 10:14AM

**Svati Until 7:17AM**  
Siddhi Until 7:09PM  
Taitila Until 2:51PM  
Dvitiya Until 2:01AM Sun

**Ganesha:** Red      *Sunrise:* 5:11AM  
**Muruqa:** Yellow      *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon – Green

**Sivaloka Day**  
Chaitra•Chaitra

New York City, NY  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.03      Tithi 18  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 3:18PM – 4:59PM  
Yama 11:55AM – 1:37PM  
Rahu 4:59PM – 6:41PM

**Vishakha Until 6:28AM**  
Vyatipata\* Until 4:59PM  
Vanija Until 1:23PM  
Tritya Until 12:54AM Mon

**Ganesha:** Blue      *Sunrise:* 5:09AM  
**Muruqa:** Yellow      *Sunset:* 6:41PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

New York City, NY  
Sun 1      Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 16.32      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:37PM – 3:18PM  
Yama 10:13AM – 11:55AM  
Rahu 6:49AM – 8:31AM

**Anuradha Until 6:13AM**  
Variyan Until 3:23PM  
Bava Until 12:39PM  
Chaturthi\* Until 12:33AM Tue

**Ganesha:** Blue      *Sunrise:* 5:08AM  
**Muruqa:** Yellow      *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

New York City, NY  
Sun 2      Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Tuesday, April 23, 2019**

Vrischika Rasi: 29.35      Tithi 20  
Routine Work      Marana Yoga  
Until 6:35AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:55AM – 1:37PM  
Yama 8:30AM – 10:13AM  
Rahu 3:19PM – 5:01PM

**Jyeshtha\* Until 6:35AM**  
Parigha\* Until 2:27PM  
Kaulava Until 12:43PM  
Panchami Until 1:02AM Wed

**Ganesha:** Blue      *Sunrise:* 5:06AM  
**Muruqa:** Yellow      *Sunset:* 6:43PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

New York City, NY  
Sun 3      Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.14      Tithi 21  
Routine Work      Marana Yoga  
Until 8:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:12AM – 11:54AM  
Yama 6:47AM – 8:30AM  
Rahu 11:54AM – 1:37PM

**Mula\* Until 8:04AM**  
Shiva Until 2:09PM  
Gara Until 1:36PM  
Shashthi\* Until 2:18AM Thu

**Ganesha:** Yellow      *Sunrise:* 5:05AM  
**Muruqa:** Yellow      *Sunset:* 6:44PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**  
Chaitra•Chaitra

New York City, NY  
Sun 4      Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 24.34      Tithi 22  
Creative Work      Siddha Yoga  
Until 10:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:29AM – 10:12AM  
Yama 5:03AM – 6:46AM  
Rahu 1:37PM – 3:20PM

**Purvashadha\* Until 10:08AM**  
Siddha Until 2:23PM  
Visti Until 3:12PM  
Saptami Until 4:13AM Fri

**Ganesha:** Yellow      *Sunrise:* 5:03AM  
**Muruqa:** Yellow      *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

New York City, NY  
Sun 5      Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 6.38      Tithi 23  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:45AM – 8:28AM  
Yama 3:20PM – 5:03PM  
Rahu 10:11AM – 11:54AM

**Uttarashadha Until 12:35PM**  
Sadhya Until 3:04PM  
Balava Until 5:22PM  
Ashtami\* Until 6:34AM Sat

**Ganesha:** Red      *Sunrise:* 5:02AM  
**Muruqa:** Yellow      *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

New York City, NY  
Sun 6      Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 18.31      Tithi 23 – 24  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:01AM – 6:44AM  
Yama 1:37PM – 3:21PM  
Rahu 8:27AM – 10:11AM

**Shravana Until 3:44PM**  
Subha Until 4:01PM  
Taitila Until 7:51PM  
Ashtami\* Until 6:34AM

**Ganesha:** Green      *Sunrise:* 5:01AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Chaitra•Chaitra  
Devaloka Time: 3:PM to 6:PM

New York City, NY  
Sun 7      Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau			New York City, NY Sun 8 Sutra 14
Kumbha Rasi: 0.21	Tithi 24 – 25	<b>Gulika</b> 3:21PM – 5:05PM	<b>Dhanishtha</b> Until 6:48PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:59AM	Vikarin 5121
		Yama 11:54AM – 1:37PM	Sukla Until 5:01PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b> 5:05PM – 6:48PM	Vanija Until 10:24PM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 9:06AM	Moon – Purple	<b>Bhuloka Day</b>
Until 6:48PM				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			New York City, NY Sun 9 Sutra 15
Kumbha Rasi: 12.11	Tithi 25 – 26	<b>Gulika</b> 1:38PM – 3:21PM	<b>Shatabhishak</b> Until 9:34PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:58AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:10AM – 11:54AM	Brahma Until 5:57PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:49PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:42AM – 8:26AM	Bava Until 12:46AM Tue	<b>Nataraja:</b> Clear	2nd Phase
Until 9:34PM			<b>Dashami</b> Until 11:36AM	Moon – Purple	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau			New York City, NY Sun 10 Sutra 16
Kumbha Rasi: 24.06	Tithi 26 – 27	<b>Gulika</b> 11:54AM – 1:38PM	<b>Purvaprossthapada*</b> Until 12:21AM We	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:57AM	Vikarin 5121
		Yama 8:25AM – 10:09AM	Indra Until 6:39PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:50PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 3:22PM – 5:06PM	Kaulava Until 2:47AM Wed	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 1:49PM	Moon – Clear	<b>Bhuloka Day</b>
Until 12:21AM Wed				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau			New York City, NY Sun 11 Sutra 17
Meena Rasi: 6.1	Tithi 27 – 28	<b>Gulika</b> 10:09AM – 11:53AM	<b>Uttaraprossthapada</b> Until 2:31AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 6:40AM – 8:24AM	Vaidhriti* Until 6:59PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 11:53AM – 1:38PM	Gara Until 4:19AM Thu	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadhshi*</b> Until 3:36PM	Moon – Clear	<b>Bhuloka Day</b>
				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			New York City, NY Sun 12 Sutra 18
Meena Rasi: 18.26	Tithi 28 – 29	<b>Gulika</b> 8:24AM – 10:09AM	<b>Revati</b> Until 4:01AM Fri	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:54AM	Vikarin 5121
		Yama 4:54AM – 6:39AM	Vishkambha* Until 6:56PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 1:38PM – 3:23PM	Visti Until 5:19AM Fri	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 4:52PM	Moon – Clear	<b>Bhuloka Day</b>
Until 4:01AM Fri				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			New York City, NY Sun 13 Sutra 19
Mesha Rasi: 0.57	Tithi 29 – 30	<b>Gulika</b> 6:38AM – 8:23AM	<b>Ashvini</b> Until 5:18AM Sat	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:53AM	Vikarin 5121
		Yama 3:23PM – 5:08PM	Priti Until 6:28PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 10:08AM – 11:53AM	Catuspada Until 5:47AM Sat	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 5:36PM	Moon – White	<b>Bhuloka Day</b>
Until 5:18AM Sat				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			New York City, NY Sun 14 Sutra 20
Mesha Rasi: 13.42	Tithi 30 – 1	<b>Gulika</b> 4:52AM – 6:37AM	<b>Bharani</b> Until 5:55AM Sun	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:52AM	Vikarin 5121
		Yama 1:38PM – 3:24PM	Ayushman Until 5:34PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:22AM – 10:08AM	Kintughna Until 5:43AM Sun	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 5:47PM	Moon – White	<b>Bhuloka Day</b>
				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			New York City, NY Sun 15 Sutra 21
Mesha Rasi: 26.42	Tithi 1 – 2	<b>Gulika</b> 3:24PM – 5:10PM	<b>Krittika</b> Until 5:58AM Mon	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:51AM	Vikarin 5121
		Yama 11:53AM – 1:39PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 5:10PM – 6:55PM	Balava Until 5:13AM Mon	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:30PM	Moon – White	<b>Bhuloka Day</b>
Until 5:58AM Mon				<b>Vaisaka+Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau			New York City, NY Sun 16 Sutra 22
<b>1</b>		<b>Gulika</b> 1:39PM – 3:25PM	<b>Rohini Until 5:56AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:49AM	Vikarin 5121
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:07AM – 11:53AM	Sobhana Until 2:43PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:35AM – 8:21AM	Taitila Until 4:21AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 4:49PM</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>
Until 5:56AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			New York City, NY Sun 17 Sutra 23
<b>2</b>		<b>Gulika</b> 11:53AM – 1:39PM	<b>Mrigashira Until 5:27AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:48AM	Vikarin 5121
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:21AM – 10:07AM	Athiganda* Until 12:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 3:25PM – 5:11PM	Vanija Until 3:10AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 3:46PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			New York City, NY Sun 18 Sutra 24
<b>3</b>		<b>Gulika</b> 10:06AM – 11:53AM	<b>Ardra Until 4:35AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:47AM	Vikarin 5121
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:34AM – 8:20AM	Sukarma Until 10:44AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:58PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 11:53AM – 1:39PM	Bava Until 1:43AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 2:27PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
Until 4:35AM Thu				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			New York City, NY Sun 19 Sutra 25
<b>4</b>		<b>Gulika</b> 8:19AM – 10:06AM	<b>Punarvasu Until 3:48AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:46AM	Vikarin 5121
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 4:46AM – 6:33AM	Dhriti Until 8:28AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:59PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 1:39PM – 3:26PM	Kaulava Until 12:04AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 12:54PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
Until 3:48AM Fri				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			New York City, NY Sun 20 Sutra 26
<b>5</b>		<b>Gulika</b> 6:32AM – 8:19AM	<b>Pushya Until 2:40AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:45AM	Vikarin 5121
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:27PM – 5:13PM	Ganda* Until 6:00AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:00PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 10:06AM – 11:53AM	Gara Until 10:13PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 11:09AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			New York City, NY Sun 21 Sutra 27
<b>Retreat Star</b>		<b>Gulika</b> 4:44AM – 6:31AM	<b>Ashlesha* Until 1:14AM Sun</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:44AM	Vikarin 5121
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 1:40PM – 3:27PM	Vriddhi Until 12:38AM Sun	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:01PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 8:18AM – 10:05AM	Visti Until 8:11PM	<b>Nataraja:</b> Clear	Ashtami
Routine Work Marana Yoga			<b>Saptami Until 9:12AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			New York City, NY Sun 22 Sutra 28
<b>Retreat Star</b>		<b>Gulika</b> 3:27PM – 5:15PM	<b>Magha* Until 11:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:43AM	Vikarin 5121
Simha Rasi: 2.43	Tithi 8 – 9	Yama 11:53AM – 1:40PM	Dhruva Until 9:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:02PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 5:15PM – 7:02PM	Balava Until 6:00PM	<b>Nataraja:</b> Clear	Navami
Routine Work Marana Yoga			<b>Ashtami* Until 7:05AM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>
Until 11:55PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					


<b>1</b>	<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				New York City, NY Sun 23 Sutra 29
	Simha Rasi: 16.56	Tithi 10	<b>Gulika</b> 1:40PM – 3:28PM	<b>Purvaphalguni Until 10:22PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	Vikarin 5121
	<b>Family Home Evening</b>	256583469	<b>Rahu</b> 6:30AM – 8:17AM	Vyaghata* Until 6:46PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 5
	Creative Work Siddha Yoga			Taitila Until 3:41PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 2:29AM Tue</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	


<b>2</b>	<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				New York City, NY Sun 24 Sutra 30
	Kanya Rasi: 1.12	Tithi 11	<b>Gulika</b> 11:53AM – 1:41PM	<b>Uttaraphalguni Until 8:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Vikarin 5121
		256583469	<b>Rahu</b> 3:28PM – 5:16PM	Harshana Until 3:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 5
	Creative Work Amrita Yoga			Vanija Until 1:19PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:37PM			<b>Ekadashi Until 12:06AM Wed</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>3</b>	<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				New York City, NY Sun 25 Sutra 31
	Kanya Rasi: 15.29	Tithi 12	<b>Gulika</b> 10:04AM – 11:53AM	<b>Hasta Until 7:11PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:40AM	Vikarin 5121
		266583469	<b>Rahu</b> 11:53AM – 1:41PM	Vajra* Until 12:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 5
	Routine Work Marana Yoga			Bava Until 10:56AM	<b>Nataraja:</b> Clear		4th Phase
Until 7:11PM			<b>Dvadashi Until 9:45PM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Vaikasi</b>			

<b>4</b>	<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				New York City, NY Sun 26 Sutra 32
	Kanya Rasi: 29.44	Tithi 13	<b>Gulika</b> 8:16AM – 10:04AM	<b>Chitra Until 5:45PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:39AM	Vikarin 5121
		266583469	<b>Rahu</b> 1:41PM – 3:29PM	Siddhi Until 9:49AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 5
	Creative Work Siddha Yoga			Kaulava Until 8:39AM	<b>Nataraja:</b> Clear		4th Phase
Until 5:45PM			<b>Trayodashi Until 7:34PM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Vaisaka-Vaikasi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				New York City, NY Sun 27 Sutra 33
	Tula Rasi: 13.5	Tithi 14 – 15	<b>Gulika</b> 6:27AM – 8:15AM	<b>Svati Until 4:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:38AM	Vikarin 5121
		266583469	<b>Rahu</b> 10:04AM – 11:53AM	Vyatipata* Until 7:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 5
	Creative Work Siddha Yoga			Gara Until 6:35AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi* Until 5:39PM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

	<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				New York City, NY Sutra 34
	<b>Copper Retreat Star</b>		<b>Gulika</b> 4:37AM – 6:26AM	<b>Vishakha Until 3:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:37AM	Vikarin 5121
	Tula Rasi: 27.43	Tithi 15 – 16	<b>Rahu</b> 8:15AM – 10:04AM	Parigha* Until 2:32AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 5
		276583469		Balava Until 3:36AM Sun	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga			<b>Purnima* Until 4:09PM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				New York City, NY Sutra 35
	<b>Silver Retreat Star</b>		<b>Gulika</b> 3:31PM – 5:20PM	<b>Anuradha Until 3:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM	Vikarin 5121
	Vrischika Rasi: 11.2	Tithi 16 – 17	<b>Rahu</b> 5:20PM – 7:09PM	Shiva Until 12:56AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 5
		277583469		Taitila Until 2:56AM Mon	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga			<b>Prathama* Until 3:10PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 24.36 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 1:42PM – 3:31PM  
**Yama** 10:03AM – 11:53AM  
**Rahu** 6:25AM – 8:14AM  
**Jyeshtha\* Until 3:47PM**  
Siddha Until 11:50PM  
Vanija Until 2:55AM Tue  
**Dvitiya Until 2:49PM**

New York City, NY  
Sun 1 Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow *Sunrise: 4:35AM*  
Muruga: Yellow *Sunset: 7:10PM*  
Nataraja: Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 7.31 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 11:53AM – 1:42PM  
**Yama** 8:14AM – 10:03AM  
**Rahu** 3:32PM – 5:21PM  
**Mula\* Until 4:59PM**  
Sadhya Until 11:18PM  
Bava Until 3:37AM Wed  
**Tritiya Until 3:10PM**

New York City, NY  
Sun 2 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 4:35AM*  
Muruga: Yellow *Sunset: 7:11PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.07 Tithi 19 – 20  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 10:03AM – 11:53AM  
**Yama** 6:24AM – 8:13AM  
**Rahu** 11:53AM – 1:43PM  
**Purvashadha\* Until 6:43PM**  
Subha Until 11:19PM  
Kaulava Until 4:59AM Thu  
**Chaturthi\* Until 4:12PM**

New York City, NY  
Sun 3 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 4:34AM*  
Muruga: Yellow *Sunset: 7:12PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.24 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 8:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 8:13AM – 10:03AM  
**Yama** 4:33AM – 6:23AM  
**Rahu** 1:43PM – 3:33PM  
**Uttarashadha Until 8:52PM**  
Sukla Until 11:45PM  
Gara Until 6:54AM Fri  
**Panchami Until 5:51PM**

New York City, NY  
Sun 4 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 4:33AM*  
Muruga: Yellow *Sunset: 7:13PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.29 Tithi 21  
Routine Work Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 6:23AM – 8:13AM  
**Yama** 3:33PM – 5:23PM  
**Rahu** 10:03AM – 11:53AM  
**Shravana Until 11:47PM**  
Brahma Until 12:31AM Sat  
Gara Until 6:54AM  
**Shashthi\* Until 7:59PM**

New York City, NY  
Sun 5 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Ganesha: Green *Sunrise: 4:33AM*  
Muruga: Yellow *Sunset: 7:13PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.24 Tithi 22  
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika** 4:32AM – 6:22AM  
**Yama** 1:43PM – 3:34PM  
**Rahu** 8:12AM – 10:03AM  
**Dhanishtha Until 2:44AM Sun**  
Indra Until 1:29AM Sun  
Visti Until 9:11AM  
**Saptami Until 10:22PM**

New York City, NY  
Sun 6 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 4:32AM*  
Muruga: Yellow *Sunset: 7:14PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.16 Tithi 23  
Creative Work Siddha Yoga  
Until 5:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika** 3:34PM – 5:25PM  
**Yama** 11:53AM – 1:44PM  
**Rahu** 5:25PM – 7:15PM  
**Shatabhishak Until 5:32AM Mon**  
Vaidhriti\* Until 2:25AM Mon  
Balava Until 11:37AM  
**Ashtami\* Until 12:47AM Mon**

New York City, NY  
Sun 7 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami  
**Sivaloka Day**  
Ganesha: Blue *Sunrise: 4:31AM*  
Muruga: Yellow *Sunset: 7:15PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Monday, May 27, 2019**

**Retreat Star**

Kumbha Rasi: 20.08 Tithi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika** 1:44PM – 3:35PM  
**Yama** 10:03AM – 11:53AM  
**Rahu** 6:21AM – 8:12AM  
**Purvaproshtapada\* Until 8:26AM Tue**  
Vishkambha\* Until 3:12AM Tue  
Taitila Until 1:57PM  
**Navami\* Until 3:00AM Tue**

New York City, NY  
Sun 8 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami  
**Sivaloka Day**  
Ganesha: Purple *Sunrise: 4:31AM*  
Muruga: Yellow *Sunset: 7:16PM*  
Nataraja: Clear  
Moon – Clear  
**Vaisaka-Vaikasi**

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	New York City, NY Sun 9	Sutra 44
Meena Rasi: 2.06	Tithi 25	<b>Gulika</b>	11:53AM – 1:44PM	<b>Purvaproshtapada* Until 8:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
		Yama	8:12AM – 10:03AM	Priti Until 3:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:17PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	3:35PM – 5:26PM	Vanija Until 4:00PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga			<b>Dashami Until 4:50AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 8:26AM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	New York City, NY Sun 10	Sutra 45
Meena Rasi: 14.14	Tithi 26	<b>Gulika</b>	10:03AM – 11:54AM	<b>Uttaraproshtapada Until 10:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
		Yama	6:20AM – 8:11AM	Ayushman Until 3:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:18PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	11:54AM – 1:45PM	Bava Until 5:34PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 10:45AM					<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	New York City, NY Sun 11	Sutra 46
Meena Rasi: 26.35	Tithi 26 – 27	<b>Gulika</b>	8:11AM – 10:02AM	<b>Revati Until 12:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
		Yama	4:29AM – 6:20AM	Saubhagya Until 3:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:18PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	1:45PM – 3:36PM	Kaulava Until 6:33PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 12:22PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	New York City, NY Sun 12	Sutra 47
Mesha Rasi: 9.13	Tithi 27 – 28	<b>Gulika</b>	6:20AM – 8:11AM	<b>Ashvini Until 1:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama	3:36PM – 5:28PM	Sobhana Until 2:30AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b>	10:02AM – 11:54AM	Gara Until 6:54PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 6:47AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 1:42PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	New York City, NY Sun 13	Sutra 48
Mesha Rasi: 22.08	Tithi 28 – 29	<b>Gulika</b>	4:28AM – 6:19AM	<b>Bharani Until 2:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama	1:45PM – 3:37PM	Athiganda* Until 1:05AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	8:11AM – 10:02AM	Visti Until 6:37PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 6:49AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 2:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

<b>●</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	New York City, NY Sun 14	Sutra 49
<b>Retreat Star</b>		<b>Gulika</b>	3:37PM – 5:29PM	<b>Krittika Until 2:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	11:54AM – 1:46PM	Sukarma Until 11:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	5:29PM – 7:21PM	Naga Until 5:05AM Mon	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:14AM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	New York City, NY Sun 15	Sutra 50
Vrishabha Rasi: 18.58	Tithi 1	<b>Gulika</b>	1:46PM – 3:38PM	<b>Rohini Until 1:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:27AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:02AM – 11:54AM	Dhriti Until 9:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b>	6:19AM – 8:11AM	Kintughna Until 4:22PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga			<b>Prathama* Until 3:30AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		New York City, NY Sun 16 Sutra 51	
Mithuna Rasi: 2.47	Tithi 2	<b>Gulika</b> 11:54AM – 1:46PM	<b>Mrigashira</b> Until 12:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:27AM	Vikarin 5121	
		Yama 8:11AM – 10:03AM	Shula* Until 6:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 8	
		339683461 <b>Rahu</b> 3:38PM – 5:30PM	Balava Until 2:35PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 1:34AM Wed	Moon – Yellow		<b>Bhuloka Day</b>	
Until 12:39PM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		New York City, NY Sun 17 Sutra 52	
Mithuna Rasi: 16.49	Tithi 3	<b>Gulika</b> 10:03AM – 11:55AM	<b>Ardra</b> Until 11:14AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:27AM	Vikarin 5121	
		Yama 6:19AM – 8:11AM	Ganda* Until 3:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 8	
		339683461 <b>Rahu</b> 11:55AM – 1:47PM	Taitila Until 12:31PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 11:23PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau		New York City, NY Sun 18 Sutra 53	
Kataka Rasi: 1	Tithi 4	<b>Gulika</b> 8:10AM – 10:03AM	<b>Punarvasu</b> Until 9:55AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Vikarin 5121	
		Yama 4:26AM – 6:18AM	Vridhhi Until 12:48PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 8	
		349683461 <b>Rahu</b> 1:47PM – 3:39PM	Vanija Until 10:15AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi</b> * Until 9:04PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		New York City, NY Sun 19 Sutra 54	
Kataka Rasi: 15.15	Tithi 5	<b>Gulika</b> 6:18AM – 8:10AM	<b>Pushya</b> Until 8:21AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Vikarin 5121	
		Yama 3:39PM – 5:32PM	Dhruva Until 9:49AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8	
		349683461 <b>Rahu</b> 10:03AM – 11:55AM	Bava Until 7:54AM	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami</b> Until 6:42PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		New York City, NY Sun 20 Sutra 55	
Kataka Rasi: 29.32	Tithi 6 – 7	<b>Gulika</b> 4:26AM – 6:18AM	<b>Ashlesha*</b> Until 6:38AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Vikarin 5121	
		Yama 1:47PM – 3:40PM	Vyaghata* Until 6:50AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8	
		349683461 <b>Rahu</b> 8:10AM – 10:03AM	Gara Until 3:12AM Sun	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 4:20PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 6:38AM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		New York City, NY Sun 21 Sutra 56	
Simha Rasi: 13.46	Tithi 7 – 8	<b>Gulika</b> 3:40PM – 5:33PM	<b>Purvaphalguni</b> Until 3:48AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:26AM	Vikarin 5121	
		Yama 11:55AM – 1:48PM	Vajra* Until 1:00AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8	
		351683461 <b>Rahu</b> 5:33PM – 7:25PM	Visti Until 12:58AM Mon	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 2:03PM	Moon – Red		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		New York City, NY Sun 22 Sutra 57	
Simha Rasi: 27.57	Tithi 8 – 9	<b>Gulika</b> 1:48PM – 3:40PM	<b>Uttaraphalguni</b> Until 2:21AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:25AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:03AM – 11:55AM	Siddhi Until 10:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 8	
		351683461 <b>Rahu</b> 6:18AM – 8:10AM	Balava Until 10:51PM	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 11:52AM	Moon – Red		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

1	<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				New York City, NY Sun 23
	Kanya Rasi: 12.02	Tithi 9 – 10	<b>Gulika</b> 11:56AM – 1:48PM	<b>Hasta</b> <b>Until 1:21AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	361683461	<b>Rahu</b> 3:41PM – 5:33PM	Yama 8:10AM – 10:03AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 9
	Creative Work Siddha Yoga			Taitila Until 8:53PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Navami* Until 9:49AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

2	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				New York City, NY Sun 24
	Kanya Rasi: 26.01	Tithi 10 – 11	<b>Gulika</b> 10:03AM – 11:56AM	<b>Chitra</b> <b>Until 12:25AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	361683461	<b>Rahu</b> 11:56AM – 1:49PM	Yama 6:18AM – 8:11AM	Variyan Until 5:07PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
	Creative Work Siddha Yoga			Vanija Until 7:08PM	<b>Nataraja:</b> Yellow		4th Phase
Until 12:25AM Thu			<b>Dashami Until 7:58AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

3	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				New York City, NY Sun 25
	Tula Rasi: 9.52	Tithi 11 – 12	<b>Gulika</b> 8:11AM – 10:03AM	<b>Svati</b> <b>Until 11:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	361683461	<b>Rahu</b> 1:49PM – 3:42PM	Yama 4:25AM – 6:18AM	Parigha* Until 2:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
	Creative Work Amrita Yoga			Balava Until 5:00AM Fri	<b>Nataraja:</b> Yellow		4th Phase
Until 11:37PM			<b>Ekadashi Until 6:20AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

4	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				New York City, NY Sun 26
	Tula Rasi: 23.31	Tithi 13	<b>Gulika</b> 6:18AM – 8:11AM	<b>Vishakha</b> <b>Until 11:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	371693461	<b>Rahu</b> 10:03AM – 11:56AM	Yama 3:42PM – 5:35PM	Shiva Until 12:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
	Creative Work Siddha Yoga			Kaulava Until 4:29PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Vaikasi Visakam</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Trayodashi Until 4:01AM Sat</b>	<b>Jyeshtha-Vaikasi</b>		
				<i>Pradosha Vrata</i>			

5	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				New York City, NY Sun 27
	Vrischika Rasi: 6.58	Tithi 14	<b>Gulika</b> 4:25AM – 6:18AM	<b>Anuradha</b> <b>Until 11:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	371793461	<b>Rahu</b> 8:11AM – 10:04AM	Yama 1:49PM – 3:42PM	Siddha Until 11:09AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
	Creative Work Siddha Yoga			Gara Until 3:43PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Chaturdashi* Until 3:29AM Sun</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

○	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				New York City, NY Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:42PM – 5:35PM	<b>Jyeshtha*</b> <b>Until 11:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	Vrischika Rasi: 20.11	Tithi 15	Yama 11:57AM – 1:50PM	Sadhya Until 9:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 5:35PM – 7:28PM		Visti Until 3:25PM	<b>Nataraja:</b> Yellow		Purnima
Routine Work Marana Yoga				Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 11:59PM			<b>Father's Day</b>	<b>Purnima* Until 3:27AM Mon</b>	<b>Jyeshtha-Ani</b>		
Then Creative Work - Amrita Yoga							

○	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				New York City, NY Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:43PM	<b>Mula*</b> <b>Until 1:16AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:04AM – 11:57AM	Subha Until 8:55AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 9
	381793461	<b>Rahu</b> 6:18AM – 8:11AM		Balava Until 3:39PM	<b>Nataraja:</b> Yellow		Prathama
<b>Family Home Evening</b>			<b>Prathama* Until 3:58AM Tue</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Creative Work Siddha Yoga				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

New York City, NY  
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

**Gulika** 11:57AM – 1:50PM  
Yama 8:11AM – 10:04AM  
381793461 **Rahu** 3:43PM – 5:36PM

**Purvashadha\* Until 2:57AM Wed**  
Sukla Until 8:26AM  
Tailila Until 4:28PM  
**Dvitiya Until 5:03AM Wed**

**Ganesha:** Clear *Sunrise: 4:25AM*  
**Muruqa:** Blue *Sunset: 7:29PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 2:57AM Wed  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visli\* Karana Tritiyayam Titau

New York City, NY  
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

**Gulika** 10:04AM – 11:57AM  
Yama 6:18AM – 8:11AM  
382793461 **Rahu** 11:57AM – 1:50PM

**Uttarashadha Until 4:59AM Thu**  
Brahma Until 8:24AM  
Vanija Until 5:49PM  
**Tritiya Until 6:40AM Thu**

**Ganesha:** Purple *Sunrise: 4:25AM*  
**Muruqa:** Blue *Sunset: 7:29PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 4:59AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

New York City, NY  
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

**Gulika** 8:12AM – 10:05AM  
Yama 4:26AM – 6:19AM  
392793461 **Rahu** 1:50PM – 3:43PM

**Shravana Until 7:46AM Fri**  
Indra Until 8:47AM  
Bava Until 7:40PM  
**Tritiya Until 6:40AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:29PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

New York City, NY  
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

**Gulika** 6:19AM – 8:12AM  
Yama 3:44PM – 5:37PM  
392793461 **Rahu** 10:05AM – 11:58AM

**Shravana Until 7:46AM**  
Vaidhriti\* Until 9:27AM  
Kaulava Until 9:51PM  
**Chaturthi\* Until 8:42AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

New York City, NY  
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

**Gulika** 4:26AM – 6:19AM  
Yama 1:51PM – 3:44PM  
392793461 **Rahu** 8:12AM – 10:05AM

**Dhanishtha Until 10:39AM**  
Vishkambha\* Until 10:21AM  
Gara Until 12:13AM Sun  
**Panchami Until 11:00AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 10:39AM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

New York City, NY  
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

**Gulika** 3:44PM – 5:37PM  
Yama 11:58AM – 1:51PM  
392793461 **Rahu** 5:37PM – 7:30PM

**Shatabhishak Until 1:27PM**  
Priti Until 11:20AM  
Visli Until 2:35AM Mon  
**Shashthi\* Until 1:24PM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

New York City, NY  
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

**Gulika** 1:51PM – 3:44PM  
Yama 10:05AM – 11:58AM  
312793461 **Rahu** 6:20AM – 8:12AM

**Purvaprosarthapada\* Until 4:29PM**  
Ayushman Until 12:12PM  
Balava Until 4:45AM Tue  
**Saptami Until 3:41PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Family Home Evening**  
Routine Work Marana Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

New York City, NY  
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

**Gulika** 11:59AM – 1:51PM  
Yama 8:13AM – 10:06AM  
312793461 **Rahu** 3:44PM – 5:37PM

**Uttaraprosarthapada Until 7:03PM**  
Saubhagya Until 12:53PM  
Tailila Until 6:31AM Wed  
**Ashtami\* Until 5:40PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga  
Until 7:03PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Tailila/Gara Karana Navamyam Titau

New York City, NY  
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

**Gulika** 10:06AM – 11:59AM  
Yama 6:20AM – 8:13AM  
312793461 **Rahu** 11:59AM – 1:52PM

**Revati Until 8:59PM**  
Sobhana Until 1:14PM  
Tailila Until 6:31AM  
**Navami\* Until 7:10PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

**Sivaloka Day**


<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		New York City, NY Sun 9 Sutra 74	
Mesha Rasi: 4.35	Tithi 25	<b>Gulika</b> 8:13AM – 10:06AM	<b>Ashvini</b> Until 10:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama 4:28AM – 6:20AM	Athiganda* Until 1:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 1:52PM – 3:45PM	Vanija Until 7:43AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:04PM	Moon – White		<b>Devaloka Day</b>	
Until 10:38PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		New York City, NY Sun 10 Sutra 75	
Mesha Rasi: 17.14	Tithi 26	<b>Gulika</b> 6:21AM – 8:14AM	<b>Bharani</b> Until 11:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama 3:45PM – 5:38PM	Sukarma Until 12:27PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 10:06AM – 11:59AM	Bava Until 8:16AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:15PM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		New York City, NY Sun 11 Sutra 76	
Vrishabha Rasi: 0.15	Tithi 27	<b>Gulika</b> 4:28AM – 6:21AM	<b>Krittika</b> Until 11:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama 1:52PM – 3:45PM	Dhriti Until 11:14AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 8:14AM – 10:07AM	Kaulava Until 8:06AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 7:43PM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		New York City, NY Sun 12 Sutra 77	
Vrishabha Rasi: 13.38	Tithi 28	<b>Gulika</b> 3:45PM – 5:38PM	<b>Rohini</b> Until 10:56PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
		Yama 12:00PM – 1:52PM	Shula* Until 9:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 5:38PM – 7:30PM	Gara Until 7:12AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:29PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		New York City, NY Sun 13 Sutra 78	
Vrishabha Rasi: 27.25	Tithi 29 – 30	<b>Gulika</b> 1:52PM – 3:45PM	<b>Mrigashira</b> Until 9:46PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:07AM – 12:00PM	Ganda* Until 7:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 11	
		332793461 <b>Rahu</b> 6:22AM – 8:15AM	Catuspada Until 3:33AM Tue	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:39PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 9:46PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		New York City, NY Sun 14 Sutra 79	
<b>Retreat Star</b>		<b>Gulika</b> 12:00PM – 1:52PM	<b>Ardra</b> Until 7:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:15AM – 10:07AM	Dhruva Until 1:12AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 11	
		333793461 <b>Rahu</b> 3:45PM – 5:37PM	Kintughna Until 1:00AM Wed	<b>Nataraja:</b> Yellow		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 2:18PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 7:59PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		New York City, NY Sun 15 Sutra 80	
Mithuna Rasi: 25.57	Tithi 1 – 2	<b>Gulika</b> 10:08AM – 12:00PM	<b>Punarvasu</b> Until 6:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
		Yama 6:23AM – 8:15AM	Vyaghata* Until 9:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 11	
		343793461 <b>Rahu</b> 12:00PM – 1:53PM	Balava Until 10:10PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:36AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada-Ani</b>			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	New York City, NY Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 – 3	<b>Gulika</b> 8:16AM – 10:08AM	<b>Pushya</b> <b>Until 3:58PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:31AM	Vikarin 5121
		Yama 4:31AM – 6:23AM	Harshana <b>Until 6:19PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:30PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 1:53PM – 3:45PM	Taitila <b>Until 7:10PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> <b>Until 8:39AM</b>	Moon – Blue	<b>Sivaloka Day</b>
Until 3:58PM				<b>Ashada*Ani</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau	New York City, NY Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	<b>Gulika</b> 6:24AM – 8:16AM	<b>Ashlesha*</b> <b>Until 1:37PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:31AM	Vikarin 5121
		Yama 3:45PM – 5:37PM	Vajra* <b>Until 2:45PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:29PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 10:08AM – 12:00PM	Vanija <b>Until 4:08PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi*</b> <b>Until 2:37AM Sat</b>	Moon – Blue	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau	New York City, NY Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	<b>Gulika</b> 4:32AM – 6:24AM	<b>Magha*</b> <b>Until 11:37AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:32AM	Vikarin 5121
		Yama 1:53PM – 3:45PM	Siddhi <b>Until 11:17AM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:29PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 8:16AM – 10:08AM	Bava <b>Until 1:11PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 11:46PM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
Until 11:37AM				<b>Ashada*Ani</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau	New York City, NY Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	<b>Gulika</b> 3:45PM – 5:37PM	<b>Purvaphalguni</b> <b>Until 9:40AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:33AM	Vikarin 5121
		Yama 12:01PM – 1:53PM	Vyatipata* <b>Until 7:59AM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:29PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 5:37PM – 7:29PM	Kaulava <b>Until 10:27AM</b>	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 9:10PM</b>	Moon – Red	<b>Sivaloka Day</b>
Until 9:40AM		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>	
Then Creative Work - Amrita Yoga					

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau	New York City, NY Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	<b>Gulika</b> 1:53PM – 3:45PM	<b>Uttaraphalguni</b> <b>Until 7:52AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:33AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:09AM – 12:01PM	Parigha* <b>Until 2:06AM Tue</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:28PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 6:25AM – 8:17AM	Gara <b>Until 8:00AM</b>	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 6:53PM</b>	Moon – Red	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	New York City, NY Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 – 9	<b>Gulika</b> 12:01PM – 1:53PM	<b>Hasta</b> <b>Until 6:43AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:34AM	Vikarin 5121
		Yama 8:18AM – 10:09AM	Shiva <b>Until 11:39PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:28PM	Moon 6 - Phase 12
		463793461 <b>Rahu</b> 3:45PM – 5:36PM	Balava <b>Until 4:14AM Wed</b>	<b>Nataraja:</b> Yellow	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 5:00PM</b>	Moon – Green	<b>Subha Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	New York City, NY Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 – 10	<b>Gulika</b> 10:10AM – 12:01PM	<b>Svati</b> <b>Until 5:15AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:35AM	Vikarin 5121
		Yama 6:26AM – 8:18AM	Siddha <b>Until 9:32PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:28PM	Moon 6 - Phase 12
		463893461 <b>Rahu</b> 12:01PM – 1:53PM	Taitila <b>Until 3:00AM Thu</b>	<b>Nataraja:</b> Yellow	Navami
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 3:32PM</b>	Moon – Green	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

1	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				New York City, NY Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	<b>Gulika</b> 8:18AM – 10:10AM	<b>Vishakha</b> Until 5:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:35AM	Vikarin 5121
			Yama 4:35AM – 6:27AM	Sadhya Until 7:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 1:53PM – 3:44PM	Vanija Until 2:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami</b> Until 2:32PM	<b>Ashada•Ani</b>	<b>Devaloka Day</b>		

2	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				New York City, NY Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	<b>Gulika</b> 6:27AM – 8:19AM	<b>Anuradha</b> Until 5:54AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 3:44PM – 5:35PM	Subha Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 10:10AM – 12:01PM	Bava Until 1:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi</b> Until 2:00PM	<b>Ashada•Ani</b>	<b>Devaloka Day</b>		

3	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				New York City, NY Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	<b>Gulika</b> 4:37AM – 6:28AM	<b>Jyeshtha*</b> Until 6:43AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:37AM	Vikarin 5121
			Yama 1:53PM – 3:44PM	Sukla Until 5:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 8:19AM – 10:10AM	Kaulava Until 2:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase
Until 6:43AM Sun Then Creative Work - Amrita Yoga			<b>Dvadashi</b> Until 1:56PM	<b>Ashada•Ani</b>	<b>Devaloka Day</b>		
							<i>Pradosha Vrata</i>

4	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				New York City, NY Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	<b>Gulika</b> 3:44PM – 5:35PM	<b>Jyeshtha*</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:38AM	Vikarin 5121
			Yama 12:02PM – 1:53PM	Brahma Until 4:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 <b>Rahu</b> 5:35PM – 7:26PM	Gara Until 2:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase
Until 6:43AM Then Creative Work - Amrita Yoga			<b>Trayodashi</b> Until 2:22PM	<b>Ashada•Ani</b>	<b>Devaloka Day</b>		

5	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				New York City, NY Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	<b>Gulika</b> 1:53PM – 3:43PM	<b>Mula*</b> Until 8:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:11AM – 12:02PM	Indra Until 4:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 6:29AM – 8:20AM	Visti Until 3:54AM Tue	<b>Nataraja:</b> Yellow		4th Phase
Until 8:18AM Then Routine Work - Marana Yoga			<b>Chaturdashi*</b> Until 3:16PM	<b>Ashada•Ani</b>	<b>Sivaloka Day</b>		

○	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				New York City, NY Sun 28 Sutra 93
	Dhanus Rasi: 24.31	Tithi 15 – 16	<b>Gulika</b> 12:02PM – 1:53PM	<b>Purvashadha*</b> Until 10:10AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM	Vikarin 5121
			Yama 8:20AM – 10:11AM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 3:43PM – 5:34PM	Balava Until 5:28AM Wed	<b>Nataraja:</b> Yellow		Purnima
Until 10:10AM Then Routine Work - Prabalarishta Yoga			<b>Purnima*</b> Until 4:37PM	<b>Ashada•Adi</b>	<b>Sivaloka Day</b>		
							<b>Partial Lunar Eclipse Satguru Purnima</b>

○	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				New York City, NY Sun 29 Sutra 94
	Makara Rasi: 6.44	Tithi 16	<b>Gulika</b> 10:11AM – 12:02PM	<b>Uttarashadha</b> Until 12:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:40AM	Vikarin 5121
			Yama 6:30AM – 8:21AM	Vishkambha* Until 5:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 <b>Rahu</b> 12:02PM – 1:52PM	Kaulava Until 6:23PM	<b>Nataraja:</b> White		Prathama
Until 12:18PM Then Creative Work - Siddha Yoga			<b>Prathama*</b> Until 6:23PM	<b>Ashada•Adi</b>	<b>Subha Subha Sivaloka Day</b>		



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 18.47    Tithi 17  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 8:21AM – 10:12AM    **Shravana Until 3:05PM**  
Yama 4:41AM – 6:31AM    Priti Until 5:57PM  
Rahu 1:52PM – 3:43PM    Taitila Until 7:24AM  
Dvitiya Until 8:28PM

New York City, NY  
Sun 1    Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:41AM  
Muruga: Blue    Sunset: 7:23PM  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Kumbha Rasi: 0.44    Tithi 18  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 6:32AM – 8:22AM    **Dhanishtha Until 5:57PM**  
Yama 3:42PM – 5:32PM    Ayushman Until 6:49PM  
Rahu 10:12AM – 12:02PM    Vanija Until 9:37AM  
Tritiya Until 10:47PM

New York City, NY  
Sun 2    Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:41AM  
Muruga: Blue    Sunset: 7:23PM  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 12.37    Tithi 19  
494893462 Rahu  
Creative Work    Amrita Yoga  
Until 8:45PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 4:42AM – 6:32AM    **Shatabhishak Until 8:45PM**  
Yama 1:52PM – 3:42PM    Saubhagya Until 7:48PM  
Rahu 8:22AM – 10:12AM    Bava Until 12:00PM  
Chaturthi\* Until 1:12AM Sun

New York City, NY  
Sun 3    Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:42AM  
Muruga: Blue    Sunset: 7:22PM  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 24.28    Tithi 20  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 3:42PM – 5:31PM    **Purvaproshtapada\* Until 11:53PM**  
Yama 12:02PM – 1:52PM    Sobhana Until 8:46PM  
Rahu 5:31PM – 7:21PM    Kaulava Until 2:25PM  
Panchami Until 3:34AM Mon

New York City, NY  
Sun 4    Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:43AM  
Muruga: Blue    Sunset: 7:21PM  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 6.22    Tithi 21  
414893462 Rahu  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 1:52PM – 3:41PM    **Uttaraproshtapada Until 2:40AM Tue**  
Yama 10:13AM – 12:02PM    Athiganda\* Until 9:35PM  
Rahu 6:34AM – 8:23AM    Gara Until 4:42PM  
Shashthi\* Until 5:44AM Tue

New York City, NY  
Sun 5    Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:44AM  
Muruga: Blue    Sunset: 7:20PM  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 18.19    Tithi 22  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 4:57AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\* Karana Saptamyam Titau  
**Gulika** 12:02PM – 1:52PM    **Revati Until 4:57AM Wed**  
Yama 8:24AM – 10:13AM    Sukarma Until 10:11PM  
Rahu 3:41PM – 5:30PM    Visti Until 6:42PM  
Saptami Until 7:32AM Wed

New York City, NY  
Sun 6    Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:45AM  
Muruga: Blue    Sunset: 7:20PM  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Ashada-Adi

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Mesha Rasi: 0.26    Tithi 22 – 23  
424893462 Rahu  
Routine Work    Marana Yoga  
Until 7:04AM Thu  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 10:13AM – 12:02PM    **Ashvini Until 7:04AM Thu**  
Yama 6:35AM – 8:24AM    Dhriti Until 10:26PM  
Rahu 12:02PM – 1:51PM    Balava Until 8:16PM  
Saptami Until 7:32AM

New York City, NY  
Sun 7    Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami  
Ganesha: White    Sunrise: 4:46AM  
Muruga: Blue    Sunset: 7:19PM  
Nataraja: White  
Moon – White  
Subha Subha Sivaloka Day  
Ashada-Adi

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 12.46    Tithi 23 – 24  
424893462 Rahu  
Creative Work    Amrita Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 8:24AM – 10:13AM    **Ashvini Until 7:04AM**  
Yama 4:47AM – 6:36AM    Shula\* Until 10:10PM  
Rahu 1:51PM – 3:40PM    Taitila Until 9:13PM  
Ashtami\* Until 8:48AM

New York City, NY  
Sun 8    Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami  
Ganesha: White    Sunrise: 4:47AM  
Muruga: Blue    Sunset: 7:18PM  
Nataraja: White  
Moon – White  
Subha Subha Sivaloka Day  
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>	<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				New York City, NY	
	Mesha Rasi: 25.23	Tithi 24 – 25	424893462	<b>Gulika</b> 6:36AM – 8:25AM Yama 3:40PM – 5:28PM <b>Rahu</b> 10:14AM – 12:02PM	<b>Bharani Until 8:23AM</b> Ganda* Until 9:22PM Vanija Until 9:27PM <b>Navami* Until 9:25AM</b>	Ganesha: White Muruqa: Blue Nataraja: White Moon – White <b>Ashada-Adi</b>	Sunrise: 4:48AM Sunset: 7:17PM	Sun 9 Sutra 103 Vikarin 5121 Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day
	Creative Work	Siddha Yoga						

<b>2</b>	<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				New York City, NY	
	Wrishabha Rasi: 8.21	Tithi 25 – 26	424893462	<b>Gulika</b> 4:48AM – 6:37AM Yama 1:51PM – 3:39PM <b>Rahu</b> 8:25AM – 10:14AM	<b>Krittika Until 8:49AM</b> Vriddhi Until 7:57PM Bava Until 8:55PM <b>Dashami Until 9:16AM</b>	Ganesha: White Muruqa: Blue Nataraja: White Moon – White <b>Ashada-Adi</b>	Sunrise: 4:48AM Sunset: 7:16PM	Sun 10 Sutra 104 Vikarin 5121 Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day
	Creative Work	Amrita Yoga						

<b>3</b>	<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				New York City, NY	
	Wrishabha Rasi: 21.44	Tithi 26 – 27	424893462	<b>Gulika</b> 3:39PM – 5:27PM Yama 12:02PM – 1:50PM <b>Rahu</b> 5:27PM – 7:15PM	<b>Rohini Until 8:47AM</b> Dhruva Until 5:53PM Kaulava Until 7:36PM <b>Ekadashi* Until 8:20AM</b>	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow <b>Ashada-Adi</b>	Sunrise: 4:49AM Sunset: 7:15PM	Sun 11 Sutra 105 Vikarin 5121 Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day
	Creative Work	Siddha Yoga						

<b>4</b>	<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau				New York City, NY	
	Mithuna Rasi: 5.34	Tithi 27 – 28	435893462	<b>Gulika</b> 1:50PM – 3:38PM Yama 10:14AM – 12:02PM <b>Rahu</b> 6:38AM – 8:26AM	<b>Mrigashira Until 7:51AM</b> Vyaghata* Until 3:14PM Vanija Until 4:19AM Tue <b>Dvadashi* Until 6:39AM</b>	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow <b>Ashada-Adi</b>	Sunrise: 4:50AM Sunset: 7:14PM	Sun 12 Sutra 106 Vikarin 5121 Moon 7 - Phase 15 2nd Phase Sivaloka Day
	<b>Family Home Evening</b>	Creative Work	Amrita Yoga					
	Until 7:51AM	Then Creative Work - Siddha Yoga						

<b>5</b>	<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				New York City, NY	
	Mithuna Rasi: 19.5	Tithi 29	435893462	<b>Gulika</b> 12:02PM – 1:50PM Yama 8:27AM – 10:14AM <b>Rahu</b> 3:38PM – 5:25PM	<b>Ardra Until 6:07AM</b> Harshana Until 12:07PM Visti Until 2:57PM <b>Chaturdashi* Until 1:27AM Wed</b>	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow <b>Ashada-Adi</b>	Sunrise: 4:51AM Sunset: 7:13PM	Sun 13 Sutra 107 Vikarin 5121 Moon 7 - Phase 15 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga						
	Until 6:07AM	Then Creative Work - Siddha Yoga						

	<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				New York City, NY	
	<b>Retreat Star</b>		445893462	<b>Gulika</b> 10:15AM – 12:02PM Yama 6:40AM – 8:27AM <b>Rahu</b> 12:02PM – 1:50PM	<b>Pushya Until 1:40AM Thu</b> Vajra* Until 8:33AM Catuspada Until 11:52AM <b>Amavasya* Until 10:11PM</b>	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue <b>Ashada-Adi</b>	Sunrise: 4:52AM Sunset: 7:12PM	Sun 14 Sutra 108 Vikarin 5121 Moon 7 - Phase 15 Amavasya Sivaloka Day
	Kataka Rasi: 4.28	Tithi 30						
	Creative Work	Siddha Yoga						

<b>6</b>	<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				New York City, NY	
	<b>Retreat Star</b>		445893462	<b>Gulika</b> 8:28AM – 10:15AM Yama 4:53AM – 6:40AM <b>Rahu</b> 1:49PM – 3:37PM	<b>Ashlesha* Until 10:50PM</b> Vyatipata* Until 12:45AM Fri Kintughna Until 8:28AM <b>Prathama* Until 6:41PM</b>	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue <b>Sravana-Adi</b>	Sunrise: 4:53AM Sunset: 7:11PM	Sun 15 Sutra 109 Vikarin 5121 Moon 7 - Phase 15 Prathama Sivaloka Day
	Kataka Rasi: 19.22	Tithi 1						
	Creative Work	Siddha Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		New York City, NY Sun 16 Sutra 110	
Simha Rasi: 4.24	Tithi 2 – 3	455893462	<b>Gulika</b> 6:41AM – 8:28AM Yama 3:36PM – 5:23PM <b>Rahu</b> 10:15AM – 12:02PM	<b>Magha* Until 8:13PM</b> Varyan Until 8:43PM Taitila Until 1:22AM Sat <b>Dvitiya Until 3:07PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 7:10PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 8:13PM Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		New York City, NY Sun 17 Sutra 111	
Simha Rasi: 19.26	Tithi 3 – 4	455893462	<b>Gulika</b> 4:55AM – 6:42AM Yama 1:49PM – 3:35PM <b>Rahu</b> 8:28AM – 10:15AM	<b>Purvaphalguni Until 5:36PM</b> Parigha* Until 4:49PM Vanija Until 9:57PM <b>Tritiya Until 11:37AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 7:09PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		New York City, NY Sun 18 Sutra 112	
Kanya Rasi: 4.19	Tithi 4 – 5	455993462	<b>Gulika</b> 3:35PM – 5:21PM Yama 12:02PM – 1:48PM <b>Rahu</b> 5:21PM – 7:08PM	<b>Uttaraphalguni Until 3:06PM</b> Shiva Until 1:08PM Bava Until 6:51PM <b>Chaturthi* Until 8:20AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 7:08PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga Nag Panchami							

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		New York City, NY Sun 19 Sutra 113	
Kanya Rasi: 18.57	Tithi 6	465993462	<b>Gulika</b> 1:48PM – 3:34PM Yama 10:15AM – 12:02PM <b>Rahu</b> 6:43AM – 8:29AM	<b>Hasta Until 1:17PM</b> Siddha Until 9:45AM Kaulava Until 4:10PM <b>Shashthi* Until 3:00AM Tue</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 7:07PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Subha Subha Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 1:17PM Then Routine Work - Prabararishta Yoga							

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		New York City, NY Sun 20 Sutra 114	
Tula Rasi: 3.13	Tithi 7	465993462	<b>Gulika</b> 12:02PM – 1:48PM Yama 8:30AM – 10:16AM <b>Rahu</b> 3:33PM – 5:19PM	<b>Chitra Until 11:52AM</b> Sadhya Until 6:48AM Gara Until 2:02PM <b>Saptami Until 1:10AM Wed</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 7:05PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Subha Subha Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		New York City, NY Sun 21 Sutra 115	
Tula Rasi: 17.07	Tithi 8	465993462	<b>Gulika</b> 10:16AM – 12:01PM Yama 6:44AM – 8:30AM <b>Rahu</b> 12:01PM – 1:47PM	<b>Svati Until 10:54AM</b> Sukla Until 2:25AM Thu Visti Until 12:30PM <b>Ashtami* Until 11:59PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 7:04PM	Vikarin 5121 Moon 7 - Phase 16 Ashtami <b>Subha Subha Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		New York City, NY Sun 22 Sutra 116	
Vrischika Rasi: 0.37	Tithi 9	476993462	<b>Gulika</b> 8:31AM – 10:16AM Yama 5:00AM – 6:45AM <b>Rahu</b> 1:47PM – 3:32PM	<b>Vishakha Until 10:54AM</b> Brahma Until 1:02AM Fri Balava Until 11:39AM <b>Navami* Until 11:28PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Orange	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 7:03PM	Vikarin 5121 Moon 7 - Phase 16 Navami <b>Sivaloka Day</b>
Creative Work Siddha Yoga							


<b>1</b>	<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau			New York City, NY Sun 23 Sutra 117
	Wrischika Rasi: 13.44	Tithi 10	<b>Gulika</b> 6:46AM – 8:31AM	<b>Anuradha</b> Until 11:24AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:01AM	Vikarin 5121
			Yama 3:31PM – 5:17PM	Indra Until 12:10AM Sat	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:02PM	Moon 7 - Phase 17
	476993462		<b>Rahu</b> 10:16AM – 12:01PM	Taitila Until 11:28AM	<b>Nataraja:</b> White Moon – Orange	4th Phase
Creative Work Siddha Yoga Until 11:24AM Then Routine Work - Marana Yoga		<b>Varalakshmi Vratam</b>		<b>Dashami</b> Until 11:36PM	<b>Sravana*Adi</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau			New York City, NY Sun 24 Sutra 118
	Wrischika Rasi: 26.33	Tithi 11	<b>Gulika</b> 5:02AM – 6:47AM	<b>Jyeshtha*</b> Until 12:22PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:02AM	Vikarin 5121
			Yama 1:46PM – 3:31PM	Vaidhriti* Until 11:45PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:00PM	Moon 7 - Phase 17
	476993462		<b>Rahu</b> 8:31AM – 10:16AM	Vanija Until 11:55AM	<b>Nataraja:</b> White Moon – Orange	4th Phase
Creative Work Siddha Yoga		<b>Ekadashi</b> Until 12:20AM Sun		<b>Sravana*Adi</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau			New York City, NY Sun 25 Sutra 119
	Dhanus Rasi: 9.05	Tithi 12	<b>Gulika</b> 3:30PM – 5:15PM	<b>Mula*</b> Until 2:12PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:03AM	Vikarin 5121
			Yama 12:01PM – 1:45PM	Vishkambha* Until 11:46PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:59PM	Moon 7 - Phase 17
	486993462		<b>Rahu</b> 5:15PM – 6:59PM	Bava Until 12:56PM	<b>Nataraja:</b> White Moon – Light Blue	4th Phase
Creative Work Amrita Yoga Until 2:12PM Then Creative Work - Siddha Yoga		<b>Dvodashi</b> Until 1:36AM Mon		<b>Sravana*Adi</b>		<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau			New York City, NY Sun 26 Sutra 120
	Dhanus Rasi: 21.25	Tithi 13	<b>Gulika</b> 1:45PM – 3:29PM	<b>Purvashadha*</b> Until 4:20PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:04AM	Vikarin 5121
			Yama 10:16AM – 12:01PM	Priti Until 12:07AM Tue	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:58PM	Moon 7 - Phase 17
	486993462		<b>Rahu</b> 6:48AM – 8:32AM	Kaulava Until 2:25PM	<b>Nataraja:</b> White Moon – Light Blue	4th Phase
Family Home Evening Routine Work Marana Yoga		<b>Trayodashi</b> Until 3:17AM Tue		<b>Sravana*Adi</b>		<b>Subha Sivaloka Day</b>
<i>Pradosha Vrata</i>						

<b>5</b>	<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau			New York City, NY Sun 27 Sutra 121
	Makara Rasi: 3.34	Tithi 14	<b>Gulika</b> 12:01PM – 1:45PM	<b>Uttarashadha</b> Until 6:38PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:05AM	Vikarin 5121
			Yama 8:33AM – 10:17AM	Ayushman Until 12:42AM Wed	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:57PM	Moon 7 - Phase 17
	486993462		<b>Rahu</b> 3:29PM – 5:13PM	Gara Until 4:16PM	<b>Nataraja:</b> White Moon – Light Blue	4th Phase
Routine Work Prabalarishta Yoga Until 6:38PM Then Creative Work - Siddha Yoga		<b>Chaturdashi*</b> Until 5:18AM Wed		<b>Sravana*Adi</b>		<b>Subha Sivaloka Day</b>

	<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau			New York City, NY Sutra 122
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:17AM – 12:00PM	<b>Shravana</b> Until 9:33PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:06AM	Vikarin 5121
	Makara Rasi: 15.35	Tithi 15	Yama 6:49AM – 8:33AM	Saubhagya Until 1:29AM Thu	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:55PM	Moon 7 - Phase 17
			496993462	<b>Rahu</b> 12:00PM – 1:44PM	Visti Until 6:25PM	<b>Nataraja:</b> White Moon – Purple
Creative Work Siddha Yoga Until 9:33PM Then Routine Work - Prabalarishta Yoga		<b>Raksha Bandhan</b>		<b>Purnima*</b> Until 7:32AM Thu	<b>Sravana*Adi</b>	<b>Sivaloka Day</b>

	<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			New York City, NY Sutra 123
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:33AM – 10:17AM	<b>Dhanishtha</b> Until 12:27AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:07AM	Vikarin 5121
	Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:07AM – 6:50AM	Sobhana Until 2:24AM Fri	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
			497993462	<b>Rahu</b> 1:44PM – 3:27PM	Balava Until 8:44PM	<b>Nataraja:</b> White Moon – Purple
Creative Work Siddha Yoga		<b>Purnima*</b> Until 7:32AM		<b>Sravana*Adi</b>		<b>Subha Sivaloka Day</b>





**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 9.24    Tithi 16 – 17

497993462

Creative Work    Siddha Yoga  
Until 3:16AM Sat  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    6:51AM – 8:34AM  
Yama       3:26PM – 5:09PM  
**Rahu**       10:17AM – 12:00PM

**Shatabhishak Until 3:16AM Sat**  
Athiganda\* Until 3:21AM Sat  
Taitila Until 11:10PM  
Prathama\* Until 9:55AM

**Ganesha:** Yellow    *Sunrise:* 5:08AM  
**Muruqa:** Blue       *Sunset:* 6:52PM  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

New York City, NY  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 21.15    Tithi 17 – 18

517993462

Routine Work    Marana Yoga  
Until 6:25AM Sun  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    5:08AM – 6:51AM  
Yama       1:43PM – 3:25PM  
**Rahu**       8:34AM – 10:17AM

**Purvaproshtapada\* Until 6:25AM Sun**  
Sukarma Until 4:18AM Sun  
Vanija Until 1:35AM Sun  
Dvitiya Until 12:21PM

**Ganesha:** White    *Sunrise:* 5:08AM  
**Muruqa:** Blue       *Sunset:* 6:51PM  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

New York City, NY  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**2**

**Sunday, August 18, 2019**

Meena Rasi: 3.07    Tithi 18 – 19

517993462

Creative Work    Siddha Yoga  
Until 6:25AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    3:25PM – 5:07PM  
Yama       12:00PM – 1:42PM  
**Rahu**       5:07PM – 6:50PM

**Purvaproshtapada\* Until 6:25AM**  
Dhriti Until 5:12AM Mon  
Bava Until 3:55AM Mon  
Tritiya Until 2:45PM

**Ganesha:** White    *Sunrise:* 5:09AM  
**Muruqa:** Blue       *Sunset:* 6:50PM  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

New York City, NY  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**3**

**Monday, August 19, 2019**

Meena Rasi: 15.02    Tithi 19 – 20

517993462

**Family Home Evening**  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    1:42PM – 3:24PM  
Yama       10:17AM – 11:59AM  
**Rahu**       6:53AM – 8:35AM

**Uttaraproshtapada Until 9:16AM**  
Shula\* Until 5:54AM Tue  
Kaulava Until 6:03AM Tue  
Chaturthi\* Until 5:00PM

**Ganesha:** White    *Sunrise:* 5:10AM  
**Muruqa:** Blue       *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

New York City, NY  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 27.01    Tithi 20

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    11:59AM – 1:41PM  
Yama       8:35AM – 10:17AM  
**Rahu**       3:23PM – 5:05PM

**Revati Until 11:46AM**  
Ganda\* Until 6:22AM Wed  
Kaulava Until 6:03AM  
Panchami Until 6:59PM

**Ganesha:** White    *Sunrise:* 5:11AM  
**Muruqa:** Blue       *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

New York City, NY  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 9.07    Tithi 21

528993462

Routine Work    Marana Yoga  
Until 2:14PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    10:17AM – 11:59AM  
Yama       6:54AM – 8:36AM  
**Rahu**       11:59AM – 1:40PM

**Ashvini Until 2:14PM**  
Ganda\* Until 6:22AM  
Gara Until 7:52AM  
Shashthi\* Until 8:35PM

**Ganesha:** White    *Sunrise:* 5:12AM  
**Muruqa:** Blue       *Sunset:* 6:45PM  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

New York City, NY  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 21.25    Tithi 22

528993462

Creative Work    Siddha Yoga  
Until 4:04PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    8:36AM – 10:17AM  
Yama       5:13AM – 6:55AM  
**Rahu**       1:40PM – 3:21PM

**Bharani Until 4:04PM**  
Vridhhi Until 6:30AM  
Visti Until 9:13AM  
Saptami Until 9:39PM

**Ganesha:** White    *Sunrise:* 5:13AM  
**Muruqa:** Blue       *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

New York City, NY  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**Friday, August 23, 2019**

**Retreat Star**

Vrishabha Rasi: 3.59    Tithi 23

528993462

Creative Work    Siddha Yoga  
Until 5:07PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    6:55AM – 8:36AM  
Yama       3:20PM – 5:01PM  
**Rahu**       10:17AM – 11:58AM

**Krishna Janmashtami**

**Krittika Until 5:07PM**  
Dhruva Until 6:09AM  
Balava Until 9:58AM  
Ashtami\* Until 10:03PM

**Ganesha:** White    *Sunrise:* 5:14AM  
**Muruqa:** Blue       *Sunset:* 6:42PM  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

New York City, NY  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 16.52    Tithi 24

538993462

Creative Work    Amrita Yoga  
Until 5:45PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    5:15AM – 6:56AM  
Yama       1:39PM – 3:19PM  
**Rahu**       8:37AM – 10:17AM

**Rohini Until 5:45PM**  
Harshana Until 3:46AM Sun  
Taitila Until 10:00AM  
Navami\* Until 9:42PM

**Ganesha:** Clear    *Sunrise:* 5:15AM  
**Muruqa:** Blue       *Sunset:* 6:41PM  
**Nataraja:** White  
Moon – Yellow  
**Sravana-Avani**

New York City, NY  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				New York City, NY Sun 9 Sutra 133	
	Mithuna Rasi: 0.09	Tithi 25	<b>Gulika</b> 3:19PM – 4:59PM	<b>Mrigashira</b> Until 5:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM	Vikarin 5121	
			Yama 11:58AM – 1:38PM	Vajra* Until 1:37AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 19	
	Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 4:59PM – 6:39PM	Vanija Until 9:14AM	<b>Nataraja:</b> White		2nd Phase	
			<b>Dashami</b> Until 8:33PM	Moon – Yellow		<b>Subha Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>2</b>	<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				New York City, NY Sun 10 Sutra 134	
	Mithuna Rasi: 13.53	Tithi 26	<b>Gulika</b> 1:38PM – 3:18PM	<b>Ardra</b> Until 4:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	Vikarin 5121	
	<b>Family Home Evening</b>		Yama 10:17AM – 11:57AM	Siddhi Until 10:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19	
	Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 6:57AM – 8:37AM	Bava Until 7:42AM	<b>Nataraja:</b> White		2nd Phase	
			<b>Ekadashi*</b> Until 6:38PM	Moon – Yellow		<b>Subha Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>3</b>	<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				New York City, NY Sun 11 Sutra 135	
	Mithuna Rasi: 28.06	Tithi 27 – 28	<b>Gulika</b> 11:57AM – 1:37PM	<b>Punarvasu</b> Until 2:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
			Yama 8:38AM – 10:17AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19	
	Creative Work	Siddha Yoga	548993462 <b>Rahu</b> 3:17PM – 4:56PM	Gara Until 2:34AM Wed	<b>Nataraja:</b> White		2nd Phase	
			<b>Dvadashi*</b> Until 4:03PM	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Sravana-Avani</b>				
				<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				New York City, NY Sun 12 Sutra 136	
	Kataka Rasi: 12.44	Tithi 28 – 29	<b>Gulika</b> 10:17AM – 11:57AM	<b>Pushya</b> Until 12:20PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
			Yama 6:59AM – 8:38AM	Variyan Until 3:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 19	
	Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 11:57AM – 1:36PM	Visti Until 11:12PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Trayodashi*</b> Until 12:55PM	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

	<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				New York City, NY Sun 13 Sutra 137	
	<b>Retreat Star</b>		<b>Gulika</b> 8:38AM – 10:17AM	<b>Ashlesha*</b> Until 9:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:20AM	Vikarin 5121	
	Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:20AM – 6:59AM	Parigha* Until 11:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 19	
	Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 1:36PM – 3:15PM	Catuspada Until 7:31PM	<b>Nataraja:</b> Clear		Amavasya	
			<b>Chaturdashi*</b> Until 9:23AM	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>Retreat Star</b>	<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				New York City, NY Sun 14 Sutra 138	
	Simha Rasi: 12.55	Tithi 1	<b>Gulika</b> 7:00AM – 8:39AM	<b>Magha*</b> Until 6:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	Vikarin 5121	
			Yama 3:14PM – 4:53PM	Shiva Until 7:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 19	
	Routine Work	Marana Yoga	559193463 <b>Rahu</b> 10:18AM – 11:56AM	Kintughna Until 3:41PM	<b>Nataraja:</b> Clear		Prathama	
			<b>Prathama*</b> Until 1:45AM Sat	Moon – Red		<b>Sivaloka Day</b>		
				<b>Bhadrapada-Avani</b>				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				New York City, NY Sun 15 Sutra 139
	Simha Rasi: 28.1	Tithi 2	<b>Gulika</b> 5:22AM – 7:01AM	<b>Uttaraphalguni</b> Until 12:35AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	Vikarin 5121
			Yama 1:34PM – 3:13PM	Sadhya Until 11:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20
		559193463 <b>Rahu</b> 8:39AM – 10:18AM	Balava Until 11:52AM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work Marana Yoga			<b>Dvitiya</b> Until 10:00PM		<b>Sivaloka Day</b>		
Until 12:35AM Sun					<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				New York City, NY Sun 16 Sutra 140
	Kanya Rasi: 13.19	Tithi 3	<b>Gulika</b> 3:12PM – 4:50PM	<b>Hasta</b> Until 10:06PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM	Vikarin 5121
			Yama 11:56AM – 1:34PM	Subha Until 7:11PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20
		569193463 <b>Rahu</b> 4:50PM – 6:28PM	Taitila Until 8:14AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Amrita Yoga			<b>Tritiya</b> Until 6:31PM		<b>Sivaloka Day</b>		
Until 10:06PM					<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				New York City, NY Sun 17 Sutra 141
	Kanya Rasi: 28.11	Tithi 4 – 5	<b>Gulika</b> 1:33PM – 3:11PM	<b>Chitra</b> Until 7:56PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:24AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:18AM – 11:55AM	Sukla Until 3:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20
		569193463 <b>Rahu</b> 7:02AM – 8:40AM	Bava Until 2:10AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work Prabalarishta Yoga			<b>Chaturthi*</b> Until 3:28PM		<b>Sivaloka Day</b>		
Until 7:56PM					<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				New York City, NY Sun 18 Sutra 142
	Tula Rasi: 12.41	Tithi 5 – 6	<b>Gulika</b> 11:55AM – 1:33PM	<b>Svati</b> Until 6:15PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:25AM	Vikarin 5121
			Yama 8:40AM – 10:18AM	Brahma Until 12:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 20
		569193463 <b>Rahu</b> 3:10PM – 4:48PM	Kaulava Until 12:02AM Wed	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Panchami</b> Until 1:00PM		<b>Sivaloka Day</b>		
Until 6:15PM					<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				New York City, NY Sun 19 Sutra 143
	Tula Rasi: 26.43	Tithi 6 – 7	<b>Gulika</b> 10:18AM – 11:55AM	<b>Vishakha</b> Until 5:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:26AM	Vikarin 5121
			Yama 7:03AM – 8:40AM	Indra Until 9:57AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 20
		579193463 <b>Rahu</b> 11:55AM – 1:32PM	Gara Until 10:41PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 11:14AM		<b>Subha Sivaloka Day</b>		
					<b>Bhadrapada-Avani</b>		

<b>D</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau				New York City, NY Sun 20 Sutra 144
	<b>Retreat Star</b>		<b>Gulika</b> 8:41AM – 10:17AM	<b>Anuradha</b> Until 5:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:27AM	Vikarin 5121
	Vrischika Rasi: 10.17	Tithi 7 – 8	Yama 5:27AM – 7:04AM	Vaidhriti* Until 8:04AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 20
		571193463 <b>Rahu</b> 1:31PM – 3:08PM	Visti Until 10:08PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work Siddha Yoga			<b>Saptami</b> Until 10:17AM		<b>Sivaloka Day</b>		
Until 5:35PM					<b>Bhadrapada-Avani</b>		
Then Routine Work - Prabalarishta Yoga							

<b>D</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				New York City, NY Sun 21 Sutra 145
	<b>Retreat Star</b>		<b>Gulika</b> 7:04AM – 8:41AM	<b>Jyeshtha*</b> Until 6:13PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:28AM	Vikarin 5121
	Vrischika Rasi: 23.23	Tithi 8 – 9	Yama 3:07PM – 4:44PM	Vishkambha* Until 6:50AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20
		571193463 <b>Rahu</b> 10:17AM – 11:54AM	Balava Until 10:25PM	<b>Nataraja:</b> Clear		Navami	
Routine Work Marana Yoga			<b>Ashtami*</b> Until 10:10AM		<b>Sivaloka Day</b>		
Until 6:13PM					<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga							

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				New York City, NY Sun 22 Sutra 146
	Dhanus Rasi: 6.06	Tithi 9 – 10	581193463	<b>Gulika</b> 5:29AM – 7:05AM Yama 1:30PM – 3:06PM <b>Rahu</b> 8:41AM – 10:17AM	<b>Mula* Until 7:56PM</b> Priti Until 6:15AM Taitila Until 11:27PM <b>Navami* Until 10:49AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Bhadrapada-Avani</b>	Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				New York City, NY Sun 23 Sutra 147
	Dhanus Rasi: 18.29	Tithi 10 – 11	581193463	<b>Gulika</b> 3:05PM – 4:41PM Yama 11:53AM – 1:29PM <b>Rahu</b> 4:41PM – 6:17PM	<b>Purvashadha* Until 10:05PM</b> Ayushman Until 6:11AM Vanija Until 1:05AM Mon <b>Dashami Until 12:10PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Bhadrapada-Avani</b>	Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:05PM Then Creative Work - Amrita Yoga		<b>Grandparent's Day</b>					


<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				New York City, NY Sun 24 Sutra 148
	Makara Rasi: 0.39	Tithi 11 – 12	581193463	<b>Gulika</b> 1:29PM – 3:04PM Yama 10:17AM – 11:53AM <b>Rahu</b> 7:06AM – 8:42AM	<b>Uttarashadha Until 12:30AM Tue</b> Saubhagya Until 6:34AM Bava Until 3:09AM Tue <b>Ekadashi Until 2:03PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Bhadrapada-Avani</b>	Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 12:30AM Tue Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				New York City, NY Sun 25 Sutra 149
	Makara Rasi: 12.38	Tithi 12 – 13	591193463	<b>Gulika</b> 11:53AM – 1:28PM Yama 8:42AM – 10:17AM <b>Rahu</b> 3:03PM – 4:38PM	<b>Shravana Until 3:32AM Wed</b> Sobhana Until 7:16AM Kaulava Until 5:29AM Wed <b>Dvadashi Until 4:16PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – Purple <b>Bhadrapada-Avani</b>	Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 3:32AM Wed Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				New York City, NY Sun 26 Sutra 150
	Makara Rasi: 24.32	Tithi 13	591193463	<b>Gulika</b> 10:17AM – 11:52AM Yama 7:08AM – 8:42AM <b>Rahu</b> 11:52AM – 1:27PM	<b>Dhanishtha Until 6:31AM Thu</b> Athiganda* Until 8:07AM Taitila Until 6:41PM <b>Trayodashi Until 6:41PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Clear Moon – Purple <b>Bhadrapada-Avani</b>	Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 6:31AM Thu Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>					

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				New York City, NY Sun 27 Sutra 151
	Kumbha Rasi: 6.24	Tithi 14	591193463	<b>Gulika</b> 8:43AM – 10:17AM Yama 5:34AM – 7:08AM <b>Rahu</b> 1:27PM – 3:01PM	<b>Dhanishtha Until 6:31AM</b> Sukarma Until 9:04AM Gara Until 7:57AM <b>Chaturdashi* Until 9:09PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Clear Moon – Purple <b>Bhadrapada-Avani</b>	Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		<b>Avani Avittam</b>					

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				New York City, NY Sun 28 Sutra 152	
	<b>Copper Retreat Star</b>		Kumbha Rasi: 18.16	Tithi 15	591113463	<b>Gulika</b> 7:09AM – 8:43AM Yama 3:00PM – 4:34PM <b>Rahu</b> 10:17AM – 11:52AM	<b>Shatabhishak Until 9:20AM</b> Dhriti Until 10:01AM Visti Until 10:24AM <b>Purnima* Until 11:36PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon – Purple <b>Bhadrapada-Avani</b>
Creative Work Siddha Yoga								

	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				New York City, NY Sun 29 Sutra 153	
	<b>Silver Retreat Star</b>		Meena Rasi: 0.08	Tithi 16	511113463	<b>Gulika</b> 5:36AM – 7:09AM Yama 1:25PM – 2:59PM <b>Rahu</b> 8:43AM – 10:17AM	<b>Purvaprosarthapada* Until 12:25PM</b> Shula* Until 10:53AM Balava Until 12:48PM <b>Prathama* Until 1:55AM Sun</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Clear <b>Bhadrapada-Avani</b>
Routine Work Marana Yoga Until 12:25PM Then Creative Work - Siddha Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



**Sunday, September 15, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

New York City, NY  
Sun 1 Sutra 154

Meena Rasi: 12.04 Tithi 17

512113463

**Gulika** 2:58PM – 4:32PM  
Yama 11:51AM – 1:25PM  
**Rahu** 4:32PM – 6:05PM

**Uttaraproshtapada** Until 3:13PM  
Ganda\* Until 11:40AM  
Tailila Until 3:03PM  
**Dvitiya** Until 4:05AM Mon

**Ganesha:** Yellow *Sunrise:* 5:36AM  
**Muruqa:** Purple *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**

Creative Work Amrita Yoga

**1**

**Monday, September 16, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

New York City, NY  
Sun 2 Sutra 155

Meena Rasi: 24.03 Tithi 18

512113463

**Gulika** 1:24PM – 2:57PM  
Yama 10:17AM – 11:51AM  
**Rahu** 7:11AM – 8:44AM

**Revati** Until 5:39PM  
Vridhhi Until 12:20PM  
Vanija Until 5:06PM  
**Tritiya** Until 6:02AM Tue

**Ganesha:** Yellow *Sunrise:* 5:37AM  
**Muruqa:** Purple *Sunset:* 6:04PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**

**Family Home Evening**  
Creative Work Siddha Yoga

**2**

**Tuesday, September 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

New York City, NY  
Sun 3 Sutra 156

Mesha Rasi: 6.08 Tithi 18 – 19

522113463

**Gulika** 11:50AM – 1:23PM  
Yama 8:44AM – 10:17AM  
**Rahu** 2:56PM – 4:29PM

**Ashvini** Until 8:11PM  
Dhruva Until 12:46PM  
Bava Until 6:55PM  
**Tritiya** Until 6:02AM

**Ganesha:** White *Sunrise:* 5:38AM  
**Muruqa:** Purple *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – White

**Devaloka Day**

Creative Work Siddha Yoga

**3**

**Wednesday, September 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

New York City, NY  
Sun 4 Sutra 157

Mesha Rasi: 18.2 Tithi 19 – 20

522113463

**Gulika** 10:17AM – 11:50AM  
Yama 7:12AM – 8:45AM  
**Rahu** 11:50AM – 1:22PM

**Bharani** Until 10:13PM  
Vyaghata\* Until 12:59PM  
Kaulava Until 8:23PM  
**Chaturthi\*** Until 7:41AM

**Ganesha:** White *Sunrise:* 5:39AM  
**Muruqa:** Purple *Sunset:* 6:00PM  
**Nataraja:** Clear  
Moon – White

**Devaloka Day**

Creative Work Siddha Yoga

Until 10:13PM

Then Creative Work - Amrita Yoga

**4**

**Thursday, September 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

New York City, NY  
Sun 5 Sutra 158

Vrishabha Rasi: 0.41 Tithi 20 – 21

522113463

**Gulika** 8:45AM – 10:17AM  
Yama 5:40AM – 7:13AM  
**Rahu** 1:22PM – 2:54PM

**Krittika** Until 11:39PM  
Harshana Until 12:55PM  
Gara Until 9:26PM  
**Panchami** Until 8:57AM

**Ganesha:** White *Sunrise:* 5:40AM  
**Muruqa:** Purple *Sunset:* 5:59PM  
**Nataraja:** Clear  
Moon – White

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Friday, September 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

New York City, NY  
Sun 6 Sutra 159

Vrishabha Rasi: 13.15 Tithi 21 – 22

532113463

**Gulika** 7:13AM – 8:45AM  
Yama 2:53PM – 4:25PM  
**Rahu** 10:17AM – 11:49AM

**Rohini** Until 12:52AM Sat  
Vajra\* Until 12:24PM  
Visti Until 9:55PM  
**Shashthi\*** Until 9:44AM

**Ganesha:** Clear *Sunrise:* 5:41AM  
**Muruqa:** Purple *Sunset:* 5:57PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Routine Work Marana Yoga

Until 12:52AM Sat

Then Creative Work - Siddha Yoga

**D**

**Saturday, September 21, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

New York City, NY  
Sun 7 Sutra 160

Vrishabha Rasi: 26.05 Tithi 22 – 23

532113463

**Gulika** 5:42AM – 7:14AM  
Yama 1:20PM – 2:52PM  
**Rahu** 8:46AM – 10:17AM

**Mrigashira** Until 1:17AM Sun  
Siddhi Until 11:26AM  
Balava Until 9:45PM  
**Saptami** Until 9:54AM

**Ganesha:** Clear *Sunrise:* 5:42AM  
**Muruqa:** Purple *Sunset:* 5:55PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

**Sunday, September 22, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

New York City, NY  
Sun 8 Sutra 161

Mithuna Rasi: 9.16 Tithi 23 – 24

532213463

**Gulika** 2:51PM – 4:22PM  
Yama 11:48AM – 1:20PM  
**Rahu** 4:22PM – 5:54PM

**Ardra** Until 12:50AM Mon  
Vyatipata\* Until 9:55AM  
Tailila Until 8:52PM  
**Ashtami\*** Until 9:23AM

**Ganesha:** Orange *Sunrise:* 5:43AM  
**Muruqa:** Purple *Sunset:* 5:54PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

Until 12:50AM Mon

Then Creative Work - Amrita Yoga


<b>1</b>		<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	New York City, NY Sun 9 Sutra 162
Mithuna Rasi: 22.52	Tithi 24 – 25	<b>Gulika</b> 1:19PM – 2:50PM	<b>Punarvasu</b> Until 11:59PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:44AM	Vikarin 5121
<b>Family Home Evening</b>	542213463	Yama 10:17AM – 11:48AM	Variyan Until 7:48AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:52PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b> 7:15AM – 8:46AM	Vanija Until 7:16PM	<b>Nataraja:</b> Clear	2nd Phase
Until 11:59PM			<b>Navami*</b> Until 8:08AM	Moon – Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Puratasi</b>	

<b>2</b>		<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	New York City, NY Sun 10 Sutra 163
Kataka Rasi: 6.53	Tithi 25 – 26	<b>Gulika</b> 11:48AM – 1:18PM	<b>Pushya</b> Until 10:18PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:45AM	Vikarin 5121
	542213463	Yama 8:46AM – 10:17AM	Shiva Until 1:56AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b> 2:49PM – 4:20PM	Balava Until 3:36AM Wed	<b>Nataraja:</b> Clear	2nd Phase
			<b>Dashami</b> Until 6:11AM	Moon – Blue	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>3</b>		<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	New York City, NY Sun 11 Sutra 164
Kataka Rasi: 21.2	Tithi 27	<b>Gulika</b> 10:17AM – 11:47AM	<b>Ashlesha*</b> Until 7:57PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM	Vikarin 5121
	542213463	Yama 7:16AM – 8:47AM	Siddha Until 10:17PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b> 11:47AM – 1:18PM	Kaulava Until 2:07PM	<b>Nataraja:</b> Clear	2nd Phase
			<b>Dvadashi*</b> Until 12:29AM Thu	Moon – Blue	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>4</b>		<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	New York City, NY Sun 12 Sutra 165
Simha Rasi: 6.1	Tithi 28	<b>Gulika</b> 8:47AM – 10:17AM	<b>Magha*</b> Until 5:26PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:47AM	Vikarin 5121
	552213463	Yama 5:47AM – 7:17AM	Sadhya Until 6:18PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b> 1:17PM – 2:47PM	Gara Until 10:47AM	<b>Nataraja:</b> Clear	2nd Phase
Until 5:26PM			<b>Trayodashi*</b> Until 8:59PM	Moon – Red	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Puratasi</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	New York City, NY Sun 13 Sutra 166
Simha Rasi: 21.15	Tithi 29 – 30	<b>Gulika</b> 7:18AM – 8:47AM	<b>Purvaphalguni</b> Until 2:31PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:48AM	Vikarin 5121
	552213463	Yama 2:46PM – 4:16PM	Subha Until 2:07PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b> 10:17AM – 11:47AM	Visti Until 7:09AM	<b>Nataraja:</b> Clear	2nd Phase
			<b>Chaturdashi*</b> Until 5:15PM	Moon – Red	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

		<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	New York City, NY Sun 14 Sutra 167
<b>Retreat Star</b>		<b>Gulika</b> 5:49AM – 7:18AM	<b>Uttaraphalguni</b> Until 11:24AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM	Vikarin 5121
Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:16PM – 2:45PM	Sukla Until 9:51AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:44PM	Moon 9 - Phase 23
	653213463	<b>Rahu</b> 8:48AM – 10:17AM	Kintughna Until 11:37PM	<b>Nataraja:</b> Clear	Amavasya
Routine Work Marana Yoga			<b>Amavasya*</b> Until 1:28PM	Moon – Red	<b>Devaloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>	

<b>Retreat Star</b>		<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	New York City, NY Sun 15 Sutra 168
Kanya Rasi: 21.4	Tithi 1 – 2	<b>Gulika</b> 2:44PM – 4:13PM	<b>Hasta</b> Until 8:39AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM	Vikarin 5121
	663213463	Yama 11:46AM – 1:15PM	Indra Until 1:41AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b> 4:13PM – 5:42PM	Balava Until 8:04PM	<b>Nataraja:</b> Clear	Prathama
Until 8:39AM			<b>Prathama*</b> Until 9:47AM	Moon – Green	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Navaratri Begins</b>		<b>Ashvina-Puratasi</b>	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		New York City, NY Sun 16 Sutra 169	
<b>1</b>		<b>Gulika</b> 1:14PM – 2:43PM	<b>Chitra</b> <b>Until 6:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:51AM	Vikarin 5121
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:17AM – 11:46AM	Vaidhriti* Until 10:03PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:20AM – 8:48AM	Gara Until 3:30AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Dvitiya</b> <b>Until 6:24AM</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 6:02AM					
Then Creative Work - Amrita Yoga					

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturtham Titau		New York City, NY Sun 17 Sutra 170	
<b>2</b>		<b>Gulika</b> 11:45AM – 1:14PM	<b>Vishakha</b> <b>Until 2:23AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:52AM	Vikarin 5121
Tula Rasi: 21.16	Tithi 4	Yama 8:49AM – 10:17AM	Vishkambha* Until 6:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 24
	673213463	<b>Rahu</b> 2:42PM – 4:10PM	Vanija Until 2:17PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Chaturthi*</b> <b>Until 1:13AM Wed</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 2:23AM Wed					
Then Creative Work - Siddha Yoga					

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		New York City, NY Sun 18 Sutra 171	
<b>3</b>		<b>Gulika</b> 10:17AM – 11:45AM	<b>Anuradha</b> <b>Until 1:38AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:53AM	Vikarin 5121
Vrischika Rasi: 5.26	Tithi 5	Yama 7:21AM – 8:49AM	Priti Until 4:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 24
	673213463	<b>Rahu</b> 11:45AM – 1:13PM	Bava Until 12:22PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Panchami</b> <b>Until 11:42PM</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 1:38AM Thu					
Then Routine Work - Prabalarishta Yoga					

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashtham Titau		New York City, NY Sun 19 Sutra 172	
<b>4</b>		<b>Gulika</b> 8:49AM – 10:17AM	<b>Jyeshtha*</b> <b>Until 1:36AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:54AM	Vikarin 5121
Vrischika Rasi: 19.06	Tithi 6	Yama 5:54AM – 7:22AM	Ayushman Until 2:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 24
	673213463	<b>Rahu</b> 1:12PM – 2:40PM	Kaulava Until 11:17AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Shashthi*</b> <b>Until 11:03PM</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 1:36AM Fri					
Then Creative Work - Amrita Yoga					

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		New York City, NY Sun 20 Sutra 173	
<b>5</b>		<b>Gulika</b> 7:22AM – 8:50AM	<b>Mula*</b> <b>Until 2:45AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:55AM	Vikarin 5121
Dhanus Rasi: 2.17	Tithi 7	Yama 2:39PM – 4:06PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:34PM	Moon 9 - Phase 24
	683213463	<b>Rahu</b> 10:17AM – 11:44AM	Gara Until 11:06AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Saptami</b> <b>Until 11:19PM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
Until 2:45AM Sat					
Then Creative Work - Siddha Yoga					

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		New York City, NY Sun 21 Sutra 174	
<b>Retreat Star</b>		<b>Gulika</b> 5:56AM – 7:23AM	<b>Purvashadha*</b> <b>Until 4:32AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:56AM	Vikarin 5121
Dhanus Rasi: 15.01	Tithi 8	Yama 1:11PM – 2:38PM	Sobhana Until 12:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM	Moon 9 - Phase 24
	683213463	<b>Rahu</b> 8:50AM – 10:17AM	Visti Until 11:47AM	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> <b>Until 12:24AM Sun</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
Until 4:32AM Sun					
Then Creative Work - Amrita Yoga					

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		New York City, NY Sun 22 Sutra 175	
<b>Retreat Star</b>		<b>Gulika</b> 2:37PM – 4:04PM	<b>Uttarashadha</b> <b>Until 6:46AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:57AM	Vikarin 5121
Dhanus Rasi: 27.24	Tithi 9	Yama 11:44AM – 1:10PM	Athiganda* Until 12:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 24
	683213463	<b>Rahu</b> 4:04PM – 5:30PM	Balava Until 1:14PM	<b>Nataraja:</b> Clear	Navami
Creative Work Amrita Yoga			<b>Navami*</b> <b>Until 2:11AM Mon</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>			


<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			New York City, NY Sun 23 Sutra 176
<b>1</b>		<b>Gulika</b> 1:10PM – 2:36PM	<b>Uttarashadha</b> Until 6:46AM	<b>Ganesha:</b> Clear <i>Sunrise: 5:58AM</i>	Vikarin 5121
Makara Rasi: 9.31	Tithi 10	Yama 10:17AM – 11:44AM	Sukarma Until 1:28PM	<b>Muruqa:</b> Purple <i>Sunset: 5:29PM</i>	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:25AM – 8:51AM	Taitila Until 3:17PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Marana Yoga			<b>Dashami</b> Until 4:25AM Tue	Moon – Light Blue	<b>Sivaloka Day</b>
Until 6:46AM				<b>Ashvina+Puratasi</b>	
Then Creative Work - Amrita Yoga					

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau			New York City, NY Sun 24 Sutra 177
<b>2</b>		<b>Gulika</b> 11:43AM – 1:09PM	<b>Shravana</b> Until 9:45AM	<b>Ganesha:</b> White <i>Sunrise: 5:59AM</i>	Vikarin 5121
Makara Rasi: 21.28	Tithi 11	Yama 8:51AM – 10:17AM	Dhriti Until 2:18PM	<b>Muruqa:</b> Purple <i>Sunset: 5:27PM</i>	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 2:35PM – 4:01PM	Vanija Until 5:40PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 6:55AM Wed	Moon – Purple	<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>	

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau			New York City, NY Sun 25 Sutra 178
<b>3</b>		<b>Gulika</b> 10:17AM – 11:43AM	<b>Dhanishtha</b> Until 12:46PM	<b>Ganesha:</b> White <i>Sunrise: 6:00AM</i>	Vikarin 5121
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:26AM – 8:52AM	Shula* Until 3:13PM	<b>Muruqa:</b> Purple <i>Sunset: 5:26PM</i>	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 11:43AM – 1:09PM	Bava Until 8:13PM	<b>Nataraja:</b> Purple	4th Phase
Routine Work Prabalarishta Yoga			<b>Ekadashi</b> Until 6:55AM	Moon – Purple	<b>Sivaloka Day</b>
Until 12:46PM		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>	
Then Creative Work - Siddha Yoga					

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhdi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			New York City, NY Sun 26 Sutra 179
<b>4</b>		<b>Gulika</b> 8:52AM – 10:17AM	<b>Shatabhishak</b> Until 3:36PM	<b>Ganesha:</b> White <i>Sunrise: 6:01AM</i>	Vikarin 5121
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:01AM – 7:27AM	Ganda* Until 4:09PM	<b>Muruqa:</b> Purple <i>Sunset: 5:24PM</i>	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 1:08PM – 2:33PM	Kaulava Until 10:43PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 9:27AM	Moon – Purple	<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>	
				<i>Pradosha Vrata</i>	

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhdi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			New York City, NY Sun 27 Sutra 180
<b>5</b>		<b>Gulika</b> 7:27AM – 8:52AM	<b>Purvaproshtapada*</b> Until 6:40PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:02AM</i>	Vikarin 5121
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:32PM – 3:58PM	Vridhdi Until 5:00PM	<b>Muruqa:</b> Purple <i>Sunset: 5:23PM</i>	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 10:17AM – 11:42AM	Gara Until 1:04AM Sat	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 11:53AM	Moon – Clear	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>	

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau			New York City, NY Sutra 181
	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:03AM – 7:28AM	<b>Uttaraproshtapada</b> Until 9:21PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:03AM</i>	Vikarin 5121
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:07PM – 2:32PM	Dhruva Until 5:40PM	<b>Muruqa:</b> Purple <i>Sunset: 5:21PM</i>	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 8:53AM – 10:17AM	Vistil Until 3:11AM Sun	<b>Nataraja:</b> Purple	Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 2:08PM	Moon – Clear	<b>Sivaloka Day</b>
Until 9:21PM				<b>Ashvina+Puratasi</b>	
Then Routine Work - Prabalarishta Yoga					

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			New York City, NY Sutra 182
<b>Silver Retreat Star</b>		<b>Gulika</b> 2:31PM – 3:55PM	<b>Revati</b> Until 11:38PM	<b>Ganesha:</b> Yellow <i>Sunrise: 6:04AM</i>	Vikarin 5121
Meena Rasi: 21	Tithi 15 – 16	Yama 11:42AM – 1:06PM	Vyaghata* Until 6:08PM	<b>Muruqa:</b> Purple <i>Sunset: 5:19PM</i>	Moon 9 - Phase 25
	614213464	<b>Rahu</b> 3:55PM – 5:19PM	Balava Until 5:02AM Mon	<b>Nataraja:</b> Purple	Prathama
Creative Work Amrita Yoga			<b>Purnima*</b> Until 4:07PM	Moon – Clear	<b>Subha Sivaloka Day</b>
Until 11:38PM				<b>Ashvina+Puratasi</b>	
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

New York City, NY

Sutra 183

Mesha Rasi: 3.08      Tithi 16 – 17

Family Home Evening

624213464

**Gulika** 1:06PM – 2:30PM  
Yama 10:18AM – 11:42AM  
**Rahu** 7:30AM – 8:54AM

**Ashvini Until 1:57AM Tue**  
Harshana Until 6:25PM  
Taitila Until 6:35AM Tue  
Prathama\* Until 5:50PM

**Ganesha:** White      *Sunrise:* 6:06AM

**Muruqa:** Purple      *Sunset:* 5:18PM

**Nataraja:** Purple  
Moon – White

Subha Subha Sivaloka Day

Ashvina+Puratasi

Moon 10 - Phase 26

1st Phase

Tuesday, October 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

New York City, NY

Sun 1      Sutra 184

Mesha Rasi: 15.24      Tithi 17

Creative Work      Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

**Gulika** 11:41AM – 1:05PM  
Yama 8:54AM – 10:18AM  
**Rahu** 2:29PM – 3:53PM

**Bharani Until 3:48AM Wed**  
Vajra\* Until 6:25PM  
Taitila Until 6:35AM  
Dvitiya Until 7:13PM

**Ganesha:** White      *Sunrise:* 6:07AM

**Muruqa:** Purple      *Sunset:* 5:16PM

**Nataraja:** Purple  
Moon – White

Subha Subha Sivaloka Day

Ashvina+Puratasi

Moon 10 - Phase 26

1st Phase

Wednesday, October 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

New York City, NY

Sun 2      Sutra 185

Mesha Rasi: 27.48      Tithi 18

Creative Work      Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

**Gulika** 10:18AM – 11:41AM  
Yama 7:31AM – 8:54AM  
**Rahu** 11:41AM – 1:05PM

**Krittika Until 5:09AM Thu**  
Siddhi Until 6:11PM  
Vanija Until 7:49AM  
Tritiya Until 8:17PM

**Ganesha:** White      *Sunrise:* 6:08AM

**Muruqa:** Purple      *Sunset:* 5:15PM

**Nataraja:** Purple  
Moon – White

Subha Subha Sivaloka Day

Ashvina+Puratasi

Moon 10 - Phase 26

1st Phase

Thursday, October 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

New York City, NY

Sun 3      Sutra 186

Vrishabha Rasi: 10.21      Tithi 19

Routine Work      Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

**Gulika** 8:55AM – 10:18AM  
Yama 6:09AM – 7:32AM  
**Rahu** 1:04PM – 2:27PM

**Rohini Until 6:27AM Fri**  
Vyatipata\* Until 5:40PM  
Bava Until 8:42AM  
Chaturthi\* Until 8:58PM

**Ganesha:** White      *Sunrise:* 6:09AM

**Muruqa:** Purple      *Sunset:* 5:13PM

**Nataraja:** Purple  
Moon – Yellow

Sivaloka Day

Ashvina+Aipasi

Moon 10 - Phase 26

1st Phase

Friday, October 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

New York City, NY

Sun 4      Sutra 187

Vrishabha Rasi: 23.05      Tithi 20

Routine Work      Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

**Gulika** 7:33AM – 8:55AM  
Yama 2:26PM – 3:49PM  
**Rahu** 10:18AM – 11:41AM

**Rohini Until 6:27AM**  
Variyan Until 4:49PM  
Kaulava Until 9:11AM  
Panchami Until 9:14PM

**Ganesha:** White      *Sunrise:* 6:10AM

**Muruqa:** Purple      *Sunset:* 5:12PM

**Nataraja:** Purple  
Moon – Yellow

Sivaloka Day

Ashvina+Aipasi

Moon 10 - Phase 26

1st Phase

Saturday, October 19, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

New York City, NY

Sun 5      Sutra 188

Mithuna Rasi: 6.02      Tithi 21

Creative Work      Siddha Yoga

**Gulika** 6:11AM – 7:33AM  
Yama 1:03PM – 2:26PM  
**Rahu** 8:56AM – 10:18AM

**Mrigashira Until 7:09AM**  
Parigha\* Until 3:36PM  
Gara Until 9:13AM  
Shashthi\* Until 9:01PM

**Ganesha:** White      *Sunrise:* 6:11AM

**Muruqa:** Purple      *Sunset:* 5:10PM

**Nataraja:** Purple  
Moon – Yellow

Sivaloka Day

Ashvina+Aipasi

Moon 10 - Phase 26

1st Phase

Sunday, October 20, 2019

6

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

New York City, NY

Sun 6      Sutra 189

Mithuna Rasi: 19.14      Tithi 22

Creative Work      Siddha Yoga

**Gulika** 2:25PM – 3:47PM  
Yama 11:41AM – 1:03PM  
**Rahu** 3:47PM – 5:09PM

**Ardra Until 7:12AM**  
Shiva Until 1:59PM  
Visti Until 8:44AM  
Saptami Until 8:15PM

**Ganesha:** White      *Sunrise:* 6:12AM

**Muruqa:** Purple      *Sunset:* 5:09PM

**Nataraja:** Purple  
Moon – Yellow

Sivaloka Day

Ashvina+Aipasi

Moon 10 - Phase 26

1st Phase

Monday, October 21, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

New York City, NY

Sun 7      Sutra 190

Kataka Rasi: 2.44      Tithi 23

Family Home Evening

644313464

**Gulika** 1:02PM – 2:24PM  
Yama 10:19AM – 11:40AM  
**Rahu** 7:35AM – 8:57AM

**Punarvasu Until 7:01AM**  
Siddha Until 11:54AM  
Balava Until 7:41AM  
Ashtami\* Until 6:56PM

**Ganesha:** Clear      *Sunrise:* 6:13AM

**Muruqa:** Purple      *Sunset:* 5:08PM

**Nataraja:** Purple  
Moon – Blue

Subha Sivaloka Day

Ashvina+Aipasi

Moon 10 - Phase 26

Ashtami

Creative Work      Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

New York City, NY

Sun 8      Sutra 191

Kataka Rasi: 16.35      Tithi 24 – 25

Creative Work      Siddha Yoga

**Gulika** 11:40AM – 1:02PM  
Yama 8:57AM – 10:19AM  
**Rahu** 2:23PM – 3:45PM

**Pushya Until 6:07AM**  
Sadhya Until 9:21AM  
Taitila Until 6:04AM  
Navami\* Until 5:02PM

**Ganesha:** Clear      *Sunrise:* 6:14AM

**Muruqa:** Purple      *Sunset:* 5:06PM

**Nataraja:** Purple  
Moon – Blue

Subha Sivaloka Day

Ashvina+Aipasi

Moon 10 - Phase 26

Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		New York City, NY Sun 9 Sutra 192 Vikarin 5121
Simha Rasi: 0.47	Tithi 25 – 26	<b>Gulika</b> 10:19AM – 11:40AM	<b>Magha* Until 2:45AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:15AM	
		Yama 7:36AM – 8:58AM	Subha Until 6:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 27
	654313464	<b>Rahu</b> 11:40AM – 1:01PM	Bava Until 1:16AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:38PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		New York City, NY Sun 10 Sutra 193 Vikarin 5121
Simha Rasi: 15.19	Tithi 26 – 27	<b>Gulika</b> 8:58AM – 10:19AM	<b>Purvaphalguni Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:16AM	
		Yama 6:16AM – 7:37AM	Brahma Until 11:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 27
	654313464	<b>Rahu</b> 1:01PM – 2:22PM	Kaulava Until 10:15PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:47AM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		New York City, NY Sun 11 Sutra 194 Vikarin 5121
Kanya Rasi: 0.05	Tithi 27 – 28	<b>Gulika</b> 7:38AM – 8:59AM	<b>Uttaraphalguni Until 9:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	
		Yama 2:21PM – 3:41PM	Indra Until 7:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 27
	655313464	<b>Rahu</b> 10:19AM – 11:40AM	Gara Until 6:59PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 8:38AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
Until 9:48PM				<b>Ashvina-Aipasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		New York City, NY Sun 12 Sutra 195 Vikarin 5121
Kanya Rasi: 15.01	Tithi 29	<b>Gulika</b> 6:19AM – 7:39AM	<b>Hasta Until 7:19PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:19AM	
		Yama 1:00PM – 2:20PM	Vaidhriti* Until 3:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 27
	665313464	<b>Rahu</b> 8:59AM – 10:19AM	Visti Until 3:37PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 1:55AM Sun</b>	Moon – Green		<b>Subha Sivaloka Day</b>
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>		

<b>●</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		New York City, NY Sun 13 Sutra 196 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:19PM – 3:39PM	<b>Chitra Until 4:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:20AM	
Kanya Rasi: 29.58	Tithi 30	Yama 11:40AM – 1:00PM	Vishkambha* Until 11:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 27
	665313464	<b>Rahu</b> 3:39PM – 4:59PM	Catuspada Until 12:18PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:42PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>		

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		New York City, NY Sun 14 Sutra 197 Vikarin 5121
Tula Rasi: 14.47	Tithi 1	<b>Gulika</b> 12:59PM – 2:19PM	<b>Svati Until 2:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:21AM	
<b>Family Home Evening</b>		Yama 10:20AM – 11:40AM	Priti Until 7:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 27
	665313464	<b>Rahu</b> 7:41AM – 9:00AM	Kintughna Until 9:12AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 7:47PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 2:24PM		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>		
Then Routine Work - Marana Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau	New York City, NY Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 29.19	Tithi 2 – 3	<b>Gulika</b> 11:39AM – 12:59PM	<b>Vishakha</b> Until 12:42PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:22AM</i>	
		Yama 9:01AM – 10:20AM	Saubhagya Until 1:34AM Wed	<b>Muruqa:</b> Purple <i>Sunset: 4:57PM</i>	Moon 10 - Phase 28
	675313464	<b>Rahu</b> 2:18PM – 3:37PM	Balava Until 6:31AM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 5:21PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 12:42PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	New York City, NY Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 13.29	Tithi 3 – 4	<b>Gulika</b> 10:20AM – 11:39AM	<b>Anuradha</b> Until 11:29AM	<b>Ganesha:</b> Clear <i>Sunrise: 6:23AM</i>	
		Yama 7:42AM – 9:01AM	Sobhana Until 11:11PM	<b>Muruqa:</b> Purple <i>Sunset: 4:56PM</i>	Moon 10 - Phase 28
	675313464	<b>Rahu</b> 11:39AM – 12:58PM	Vanija Until 2:57AM Thu	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 3:33PM	Moon – Orange	<b>Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	New York City, NY Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 27.11	Tithi 4 – 5	<b>Gulika</b> 9:02AM – 10:21AM	<b>Jyeshtha*</b> Until 10:51AM	<b>Ganesha:</b> Clear <i>Sunrise: 6:24AM</i>	
		Yama 6:24AM – 7:43AM	Athiganda* Until 9:24PM	<b>Muruqa:</b> Purple <i>Sunset: 4:54PM</i>	Moon 10 - Phase 28
	675313464	<b>Rahu</b> 12:58PM – 2:17PM	Bava Until 2:21AM Fri	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 2:31PM	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 10:51AM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	New York City, NY Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 10.26	Tithi 5 – 6	<b>Gulika</b> 7:44AM – 9:02AM	<b>Mula*</b> Until 11:20AM	<b>Ganesha:</b> Purple <i>Sunrise: 6:26AM</i>	
		Yama 2:16PM – 3:35PM	Sukarma Until 8:18PM	<b>Muruqa:</b> Purple <i>Sunset: 4:53PM</i>	Moon 10 - Phase 28
	685313464	<b>Rahu</b> 10:21AM – 11:39AM	Kaulava Until 2:37AM Sat	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 2:21PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 11:20AM		<b>Skanda Shasthi</b>		<b>Kartika•Aipasi</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	New York City, NY Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b> 6:27AM – 7:45AM	<b>Purvashadha*</b> Until 12:31PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:27AM</i>	
		Yama 12:57PM – 2:16PM	Dhriti Until 7:53PM	<b>Muruqa:</b> Purple <i>Sunset: 4:52PM</i>	Moon 10 - Phase 28
	685313464	<b>Rahu</b> 9:03AM – 10:21AM	Gara Until 3:42AM Sun	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 3:02PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 12:31PM				<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	New York City, NY Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 5.41	Tithi 7 – 8	<b>Gulika</b> 2:15PM – 3:33PM	<b>Uttarashadha</b> Until 2:16PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:28AM</i>	
		Yama 11:39AM – 12:57PM	Shula* Until 7:59PM	<b>Muruqa:</b> Purple <i>Sunset: 4:51PM</i>	Moon 10 - Phase 28
	685313464	<b>Rahu</b> 3:33PM – 4:51PM	Visti* Until 5:29AM Mon	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 4:30PM	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau	New York City, NY Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 17.5	Tithi 8	<b>Gulika</b> 12:57PM – 2:14PM	<b>Shravana</b> Until 4:57PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:29AM</i>	
<b>Family Home Evening</b>		Yama 10:22AM – 11:39AM	Ganda* Until 8:32PM	<b>Muruqa:</b> Purple <i>Sunset: 4:50PM</i>	Moon 10 - Phase 28
	696313464	<b>Rahu</b> 7:47AM – 9:04AM	Bava Until 6:33PM	<b>Nataraja:</b> Purple	Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 6:33PM	Moon – Purple	<b>Sivaloka Day</b>
Until 4:57PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	New York City, NY Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 29.49	Tithi 9	<b>Gulika</b> 11:39AM – 12:57PM	<b>Dhanishtha</b> Until 7:49PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:30AM</i>	
		Yama 9:05AM – 10:22AM	Vriddhi Until 9:21PM	<b>Muruqa:</b> Purple <i>Sunset: 4:49PM</i>	Moon 10 - Phase 28
	696313464	<b>Rahu</b> 2:14PM – 3:31PM	Balava Until 7:45AM	<b>Nataraja:</b> Purple	Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 8:58PM	Moon – Purple	<b>Sivaloka Day</b>
Until 7:49PM				<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

**1** **Wednesday, November 6, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam New York City, NY  
 Shalabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 206  
 Kumbha Rasi: 11.41 Tithi 10 **Gulika** 10:22AM – 11:39AM **Shatabhishak** **Until 10:39PM** **Ganesha:** Purple *Sunrise:* 6:31AM Vikarin 5121  
 696313464 **Yama** 7:48AM – 9:05AM **Dhruva** **Until 10:14PM** **Muruqa:** Purple *Sunset:* 4:47PM Moon 10 - Phase 29  
**Rahu** 11:39AM – 12:56PM **Taitila** **Until 10:16AM** **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Dashami** **Until 11:31PM** **Moon – Purple** **Sivaloka Day**  
 Until 10:39PM **Kartika•Aipasi**  
 Then Creative Work - Amrita Yoga

**2** **Thursday, November 7, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam New York City, NY  
 Purvaproshtapada\* Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Ekadashyam Titau Sun 24 Sutra 207  
 Kumbha Rasi: 23.32 Tithi 11 **Gulika** 9:06AM – 10:23AM **Purvaproshtapada\*** **Until 1:44AM Fri** **Ganesha:** Yellow *Sunrise:* 6:32AM Vikarin 5121  
 716313464 **Yama** 6:32AM – 7:49AM **Vyaghata\*** **Until 11:04PM** **Muruqa:** Purple *Sunset:* 4:46PM Moon 10 - Phase 29  
**Rahu** 12:56PM – 2:13PM **Vanija** **Until 12:47PM** **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Ekadashi** **Until 1:58AM Fri** **Moon – Clear** **Subha Sivaloka Day**  
**Kartika•Aipasi**

**3** **Friday, November 8, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam New York City, NY  
 Uttarproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 208  
 Meena Rasi: 5.26 Tithi 12 **Gulika** 7:50AM – 9:07AM **Uttarproshtapada** **Until 4:25AM Sat** **Ganesha:** Yellow *Sunrise:* 6:34AM Vikarin 5121  
 716313464 **Yama** 2:12PM – 3:29PM **Harshana** **Until 11:44PM** **Muruqa:** Purple *Sunset:* 4:45PM Moon 10 - Phase 29  
**Rahu** 10:23AM – 11:39AM **Bava** **Until 3:08PM** **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Dvadashi** **Until 4:11AM Sat** **Moon – Clear** **Subha Sivaloka Day**  
 Until 4:25AM Sat **Kartika•Aipasi**  
 Then Routine Work - Prabalarishta Yoga

**4** **Saturday, November 9, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam New York City, NY  
 Revati Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 209  
 Meena Rasi: 17.27 Tithi 13 **Gulika** 6:35AM – 7:51AM **Revati** **Until 6:37AM Sun** **Ganesha:** Yellow *Sunrise:* 6:35AM Vikarin 5121  
 716313464 **Yama** 12:56PM – 2:12PM **Vajra\*** **Until 12:08AM Sun** **Muruqa:** Purple *Sunset:* 4:44PM Moon 10 - Phase 29  
**Rahu** 9:07AM – 10:23AM **Kaulava** **Until 5:12PM** **Nataraja:** Purple 4th Phase  
 Routine Work Prabalarishta Yoga **Trayodashi** **Until 6:03AM Sun** **Moon – Clear** **Subha Sivaloka Day**  
 Until 6:37AM Sun **Kartika•Aipasi**  
 Then Creative Work - Siddha Yoga **Pradosha Vrata**

**5** **Sunday, November 10, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam New York City, NY  
 Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 210  
 Meena Rasi: 29.35 Tithi 13 – 14 **Gulika** 2:12PM – 3:27PM **Revati** **Until 6:37AM** **Ganesha:** Yellow *Sunrise:* 6:36AM Vikarin 5121  
 716313464 **Yama** 11:40AM – 12:56PM **Siddhi** **Until 12:15AM Mon** **Muruqa:** Purple *Sunset:* 4:43PM Moon 10 - Phase 29  
**Rahu** 3:27PM – 4:43PM **Gara** **Until 6:52PM** **Nataraja:** Purple 4th Phase  
 Creative Work Amrita Yoga **Trayodashi** **Until 6:03AM** **Moon – Clear** **Subha Sivaloka Day**  
 Until 6:37AM **Kartika•Aipasi**  
 Then Creative Work - Siddha Yoga

**Monday, November 11, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam New York City, NY  
 Ashvini/Bharani Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Chaturdashi/Purnimayam Titau Sutra 211  
**Copper Retreat Star** **Gulika** 12:55PM – 2:11PM **Ashvini** **Until 8:45AM** **Ganesha:** White *Sunrise:* 6:37AM Vikarin 5121  
 Mesha Rasi: 11.54 Tithi 14 – 15 **Yama** 10:24AM – 11:40AM **Vyatipata\*** **Until 12:03AM Tue** **Muruqa:** Purple *Sunset:* 4:42PM Moon 10 - Phase 29  
**Family Home Evening** 727413464 **Rahu** 7:53AM – 9:08AM **Visti** **Until 8:07PM** **Nataraja:** Purple Purnima  
 Creative Work Siddha Yoga **Chaturdashi\*** **Until 7:32AM** **Moon – White** **Sivaloka Day**  
**Kartika•Aipasi**

**Tuesday, November 12, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam New York City, NY  
 Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sutra 212  
**Silver Retreat Star** **Gulika** 11:40AM – 12:55PM **Bharani** **Until 10:19AM** **Ganesha:** White *Sunrise:* 6:38AM Vikarin 5121  
 Mesha Rasi: 24.23 Tithi 15 – 16 **Yama** 9:09AM – 10:25AM **Variyan** **Until 11:30PM** **Muruqa:** Purple *Sunset:* 4:41PM Moon 10 - Phase 29  
 727413464 **Rahu** 2:11PM – 3:26PM **Balava** **Until 8:57PM** **Nataraja:** Purple Prathama  
 Creative Work Siddha Yoga **Purnima\*** **Until 8:34AM** **Moon – White** **Sivaloka Day**  
**Kartika•Aipasi**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

New York City, NY

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

727413464 Vishabha Rasi: 7.04 Tithi 16 - 17

Gulika 10:25AM - 11:40AM  
Yama 7:55AM - 9:10AM  
Rahu 11:40AM - 12:55PM

Krittika Until 11:19AM

Parigha\* Until 10:39PM

Taitila Until 9:22PM

Prathama\* Until 9:11AM

Ganesha: White

Muruqa: Purple

Nataraja: Purple

Moon - White

Kartika-Aipasi

Sunrise: 6:40AM

Sunset: 4:41PM

Sivaloka Day

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

New York City, NY

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 19.56 Tithi 17 - 18

Gulika 9:10AM - 10:25AM  
Yama 6:41AM - 7:56AM  
Rahu 12:55PM - 2:10PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Sunrise: 6:41AM

Sunset: 4:40PM

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

New York City, NY

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Mithuna Rasi: 3.01 Tithi 18 - 19

Gulika 7:56AM - 9:11AM  
Yama 2:10PM - 3:24PM  
Rahu 10:26AM - 11:40AM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Sunrise: 6:42AM

Sunset: 4:39PM

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

New York City, NY

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Mithuna Rasi: 16.16 Tithi 19 - 20

Gulika 6:43AM - 7:57AM  
Yama 12:55PM - 2:09PM  
Rahu 9:12AM - 10:26AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi\* Until 8:42AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Sunrise: 6:43AM

Sunset: 4:38PM

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

New York City, NY

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Mithuna Rasi: 29.42 Tithi 20 - 21

Gulika 2:09PM - 3:23PM  
Yama 11:41AM - 12:55PM  
Rahu 3:23PM - 4:37PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sunrise: 6:44AM

Sunset: 4:37PM

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

New York City, NY

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 13.21 Tithi 21 - 22

Gulika 12:55PM - 2:09PM  
Yama 10:27AM - 11:41AM  
Rahu 7:59AM - 9:13AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi\* Until 6:37AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sunrise: 6:45AM

Sunset: 4:37PM

Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

New York City, NY

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

748413465 Kataka Rasi: 27.11 Tithi 23

Gulika 11:41AM - 12:55PM  
Yama 9:14AM - 10:27AM  
Rahu 2:09PM - 3:22PM

Ashlesha\* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami\* Until 3:10AM Wed

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sunrise: 6:46AM

Sunset: 4:36PM

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

New York City, NY

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Simha Rasi: 11.14 Tithi 24

Gulika 10:28AM - 11:41AM  
Yama 8:01AM - 9:15AM  
Rahu 11:41AM - 12:55PM

Magha\* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami\* Until 12:59AM Thu

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Sunrise: 6:48AM

Sunset: 4:35PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau	New York City, NY Sun 8 Sutra 221
Simha Rasi: 25.28	Tithi 25	<b>Gulika</b> 9:15AM – 10:28AM	<b>Purvaphalguni Until 7:59AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:49AM	Vikarin 5121
		Yama 6:49AM – 8:02AM	Vishkambha* Until 2:29AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:35PM	Moon 11 - Phase 31
758413465	<b>Rahu</b> 12:55PM – 2:08PM		Vanija Until 11:49AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 10:33PM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau	New York City, NY Sun 9 Sutra 222
Kanya Rasi: 9.52	Tithi 26	<b>Gulika</b> 8:03AM – 9:16AM	<b>Uttaraphalguni Until 6:03AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:50AM	Vikarin 5121
		Yama 2:08PM – 3:21PM	Priti Until 11:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:34PM	Moon 11 - Phase 31
758413465	<b>Rahu</b> 10:29AM – 11:42AM		Bava Until 9:17AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 7:57PM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
Until 6:03AM				<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	New York City, NY Sun 10 Sutra 223
Kanya Rasi: 24.22	Tithi 27 – 28	<b>Gulika</b> 6:51AM – 8:04AM	<b>Chitra Until 2:20AM Sun</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:51AM	Vikarin 5121
		Yama 12:55PM – 2:08PM	Ayushman Until 7:45PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:33PM	Moon 11 - Phase 31
768413465	<b>Rahu</b> 9:17AM – 10:29AM		Kaulava Until 6:39AM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 5:17PM</b>	Moon – Green	<b>Sivaloka Day</b>
Until 2:20AM Sun				<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	New York City, NY Sun 11 Sutra 224
Tula Rasi: 8.52	Tithi 28 – 29	<b>Gulika</b> 2:08PM – 3:20PM	<b>Svati Until 12:21AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:52AM	Vikarin 5121
		Yama 11:42AM – 12:55PM	Saubhagya Until 4:25PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:33PM	Moon 11 - Phase 31
769413465	<b>Rahu</b> 3:20PM – 4:33PM		Visti Until 1:26AM Mon	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 2:40PM</b>	Moon – Green	<b>Devaloka Day</b>
Until 12:21AM Mon				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	New York City, NY Sun 12 Sutra 225
Tula Rasi: 23.17	Tithi 29 – 30	<b>Gulika</b> 12:55PM – 2:08PM	<b>Vishakha Until 10:54PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:53AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:30AM – 11:43AM	Sobhana Until 1:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:32PM	Moon 11 - Phase 31
779413465	<b>Rahu</b> 8:06AM – 9:18AM		Catuspada Until 11:09PM	<b>Nataraja:</b> Clear	Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi* Until 12:14PM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 10:54PM				<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	New York City, NY Sun 13 Sutra 226
Vrischika Rasi: 7.3	Tithi 30 – 1	<b>Gulika</b> 11:43AM – 12:55PM	<b>Anuradha Until 9:42PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:54AM	Vikarin 5121
		Yama 9:19AM – 10:31AM	Athiganda* Until 10:20AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:32PM	Moon 11 - Phase 31
779413465	<b>Rahu</b> 2:08PM – 3:20PM		Kintughna Until 9:16PM	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:08AM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 9:42PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>1</b>	<b>Wednesday, November 27, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau			New York City, NY
					Sun 14 Sutra 227
	Wrischika Rasi: 21.26 Tithi 1 – 2	<b>Gulika</b> 10:31AM – 11:43AM Yama 8:07AM – 9:19AM 799413465 <b>Rahu</b> 11:43AM – 12:55PM	<b>Jyeshtha* Until 8:53PM</b> Sukarma Until 7:49AM Balava Until 7:55PM <b>Prathama* Until 8:30AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:55AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:32PM <b>Nataraja:</b> Clear Moon – Orange	Vikarin 5121 Moon 11 - Phase 32 3rd Phase
	Creative Work Siddha Yoga Until 8:53PM Then Routine Work - Marana Yoga			<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Thursday, November 28, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau			New York City, NY
					Sun 15 Sutra 228
	Dhanus Rasi: 5.01 Tithi 2 – 3	<b>Gulika</b> 9:20AM – 10:32AM Yama 6:56AM – 8:08AM 789413465 <b>Rahu</b> 12:56PM – 2:07PM	<b>Mula* Until 9:02PM</b> Shula* Until 4:16AM Fri Tailila Until 7:15PM <b>Dvitiya Until 7:29AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:56AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:31PM <b>Nataraja:</b> Clear Moon – Light Blue	Vikarin 5121 Moon 11 - Phase 32 3rd Phase
	Creative Work Siddha Yoga			<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Friday, November 29, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			New York City, NY
					Sun 16 Sutra 229
	Dhanus Rasi: 18.13 Tithi 3 – 4	<b>Gulika</b> 8:09AM – 9:21AM Yama 2:07PM – 3:19PM 789413465 <b>Rahu</b> 10:32AM – 11:44AM	<b>Purvashadha* Until 9:45PM</b> Ganda* Until 3:21AM Sat Vanija Until 7:19PM <b>Tritiya Until 7:10AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:31PM <b>Nataraja:</b> Clear Moon – Light Blue	Vikarin 5121 Moon 11 - Phase 32 3rd Phase
	Routine Work Prabalarishta Yoga Until 9:45PM Then Routine Work - Marana Yoga			<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Saturday, November 30, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau			New York City, NY
					Sun 17 Sutra 230
	Makara Rasi: 1.01 Tithi 4 – 5	<b>Gulika</b> 6:59AM – 8:10AM Yama 12:56PM – 2:07PM 789413465 <b>Rahu</b> 9:22AM – 10:33AM	<b>Uttarashadha Until 11:01PM</b> Vriddhi Until 3:01AM Sun Bava Until 8:08PM <b>Chaturthi* Until 7:37AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:59AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Clear Moon – Light Blue	Vikarin 5121 Moon 11 - Phase 32 3rd Phase
	Routine Work Marana Yoga Until 11:01PM Then Creative Work - Siddha Yoga			<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Sunday, December 1, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			New York City, NY
					Sun 18 Sutra 231
	Makara Rasi: 13.3 Tithi 5 – 6	<b>Gulika</b> 2:08PM – 3:19PM Yama 11:45AM – 12:56PM 799413465 <b>Rahu</b> 3:19PM – 4:30PM	<b>Shravana Until 1:16AM Mon</b> Dhruva Until 3:09AM Mon Kaulava Until 9:39PM <b>Panchami Until 8:47AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:00AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Clear Moon – Purple	Vikarin 5121 Moon 11 - Phase 32 3rd Phase
	Creative Work Amrita Yoga Until 1:16AM Mon Then Creative Work - Siddha Yoga			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>6</b>	<b>Monday, December 2, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			New York City, NY
					Sun 19 Sutra 232
	Makara Rasi: 25.43 Tithi 6 – 7 <b>Family Home Evening</b>	<b>Gulika</b> 12:56PM – 2:08PM Yama 10:34AM – 11:45AM 791413465 <b>Rahu</b> 8:12AM – 9:23AM	<b>Dhanishtha Until 3:51AM Tue</b> Vyaghata* Until 3:41AM Tue Gara Until 11:42PM <b>Shashthi* Until 10:35AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:01AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Clear Moon – Purple	Vikarin 5121 Moon 11 - Phase 32 3rd Phase
	Creative Work Siddha Yoga Until 3:51AM Tue Then Routine Work - Marana Yoga			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>D</b>	<b>Tuesday, December 3, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			New York City, NY
					Sun 20 Sutra 233
	<b>Retreat Star</b> Kumbha Rasi: 7.44 Tithi 7 – 8	<b>Gulika</b> 11:46AM – 12:57PM Yama 9:24AM – 10:35AM 791413465 <b>Rahu</b> 2:08PM – 3:19PM	<b>Shatabhishak Until 6:33AM Wed</b> Harshana Until 4:27AM Wed Visti Until 2:05AM Wed <b>Saptami Until 12:51PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:02AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Clear Moon – Purple	Vikarin 5121 Moon 11 - Phase 32 Ashtami
	Routine Work Marana Yoga Until 6:33AM Wed Then Creative Work - Amrita Yoga			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>D</b>	<b>Wednesday, December 4, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			New York City, NY
					Sun 21 Sutra 234
	<b>Retreat Star</b> Kumbha Rasi: 19.38 Tithi 8 – 9	<b>Gulika</b> 10:35AM – 11:46AM Yama 8:13AM – 9:24AM 791413465 <b>Rahu</b> 11:46AM – 12:57PM	<b>Shatabhishak Until 6:33AM</b> Vajra* Until 5:15AM Thu Balava Until 4:36AM Thu <b>Ashtami* Until 3:19PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:03AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Clear Moon – Purple	Vikarin 5121 Moon 11 - Phase 32 Navami
	Creative Work Siddha Yoga Until 6:33AM Then Creative Work - Amrita Yoga			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	New York City, NY Sun 22 Sutra 235
Meena Rasi: 1.31	Tithi 9 – 10	711413465	<b>Gulika</b> 9:25AM – 10:36AM <b>Yama</b> 7:04AM – 8:14AM <b>Rahu</b> 12:57PM – 2:08PM	<b>Purvaproshtapada* Until 9:39AM</b> Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri <b>Navami* Until 5:48PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:04AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Clear Moon – Clear <b>Margasira-Karttikai</b>	Vikarin 5121 Moon 11 - Phase 33 4th Phase <b>Sivaloka Day</b>	
Creative Work	Siddha Yoga						

<b>2</b>		<b>Friday, December 6, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau	New York City, NY Sun 23 Sutra 236
Meena Rasi: 13.26	Tithi 10	711413465	<b>Gulika</b> 8:15AM – 9:26AM <b>Yama</b> 2:08PM – 3:19PM <b>Rahu</b> 10:36AM – 11:47AM	<b>Uttaraproshtapada Until 12:27PM</b> Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM <b>Dashami Until 8:05PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:04AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Clear Moon – Clear <b>Margasira-Karttikai</b>	Vikarin 5121 Moon 11 - Phase 33 4th Phase <b>Sivaloka Day</b>	
Creative Work	Siddha Yoga						

<b>3</b>		<b>Saturday, December 7, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau	New York City, NY Sun 24 Sutra 237
Meena Rasi: 25.28	Tithi 11	711513465	<b>Gulika</b> 7:05AM – 8:16AM <b>Yama</b> 12:58PM – 2:08PM <b>Rahu</b> 9:26AM – 10:37AM	<b>Revati Until 2:46PM</b> Vyatipata* Until 6:31AM Vanija Until 9:07AM <b>Ekadashi Until 9:59PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:05AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Clear Moon – Clear <b>Margasira-Karttikai</b>	Vikarin 5121 Moon 11 - Phase 33 4th Phase <b>Subha Sivaloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Gita Jayanthi</b>				
Until 2:46PM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, December 8, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	New York City, NY Sun 25 Sutra 238
Mesha Rasi: 7.4	Tithi 12	721513465	<b>Gulika</b> 2:09PM – 3:19PM <b>Yama</b> 11:48AM – 12:58PM <b>Rahu</b> 3:19PM – 4:29PM	<b>Ashvini Until 4:59PM</b> Variyan Until 6:43AM Bava Until 10:47AM <b>Dvadashi Until 11:24PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:06AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Clear Moon – White <b>Margasira-Karttikai</b>	Vikarin 5121 Moon 11 - Phase 33 4th Phase <b>Sivaloka Day</b>	
Creative Work	Siddha Yoga						
Until 4:59PM							
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Monday, December 9, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau	New York City, NY Sun 26 Sutra 239
Mesha Rasi: 20.05	Tithi 13	721513465	<b>Gulika</b> 12:59PM – 2:09PM <b>Yama</b> 10:38AM – 11:48AM <b>Rahu</b> 8:17AM – 9:28AM	<b>Bharani Until 6:30PM</b> Parigha* Until 6:31AM Kaulava Until 11:55AM <b>Trayodashi Until 12:15AM Tue</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:07AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Clear Moon – White <b>Margasira-Karttikai</b>	Vikarin 5121 Moon 11 - Phase 33 4th Phase <b>Sivaloka Day</b>	
Family Home Evening							
Creative Work	Siddha Yoga						
Until 6:30PM							
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Tuesday, December 10, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	New York City, NY Sun 27 Sutra 240
Vrishabha Rasi: 2.46	Tithi 14	721513465	<b>Gulika</b> 11:49AM – 12:59PM <b>Yama</b> 9:28AM – 10:39AM <b>Rahu</b> 2:09PM – 3:19PM	<b>Krittika Until 7:18PM</b> Siddha Until 4:49AM Wed Gara Until 12:29PM <b>Chaturdashi* Until 12:31AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:08AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Clear Moon – White <b>Margasira-Karttikai</b>	Vikarin 5121 Moon 11 - Phase 33 4th Phase <b>Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Krittika Deepam</b>				
Until 7:18PM							
Then Creative Work - Amrita Yoga							

<b>○</b>		<b>Wednesday, December 11, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	New York City, NY Sutra 241
<b>Copper Retreat Star</b>			<b>Gulika</b> 10:39AM – 11:49AM <b>Yama</b> 8:19AM – 9:29AM <b>Rahu</b> 11:49AM – 12:59PM	<b>Rohini Until 7:52PM</b> Sadhya Until 3:20AM Thu Visti Until 12:28PM <b>Purnima* Until 12:14AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Clear Moon – Yellow <b>Margasira-Karttikai</b>	Vikarin 5121 Moon 11 - Phase 33 Purnima <b>Sivaloka Day</b>	
Vrishabha Rasi: 15.43	Tithi 15	731523465					
Creative Work	Siddha Yoga						

<b>Thursday, December 12, 2019</b>		<b>Silver Retreat Star</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	New York City, NY Sutra 242
Vrishabha Rasi: 28.56	Tithi 16	732523465	<b>Gulika</b> 9:30AM – 10:40AM <b>Yama</b> 7:10AM – 8:20AM <b>Rahu</b> 1:00PM – 2:10PM	<b>Mrigashira Until 7:48PM</b> Subha Until 1:28AM Fri Balava Until 11:55AM <b>Prathama* Until 11:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:10AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Clear Moon – Yellow <b>Margasira-Karttikai</b>	Vikarin 5121 Moon 11 - Phase 33 Prathama <b>Devaloka Day</b>	
Routine Work	Marana Yoga						
			<b>Vinayaga Viratam Begins</b>				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

New York City, NY

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika

8:20AM – 9:30AM

Yama

2:10PM – 3:20PM

Rahu

10:40AM – 11:50AM

Ardra Until 7:09PM

Sukla Until 11:15PM

Taitila Until 10:56AM

Dvitiya Until 10:16PM

Ganesha: Clear

Sunrise: 7:10AM

Muruqa: Clear

Sunset: 4:30PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

New York City, NY

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika

7:11AM – 8:21AM

Yama

1:00PM – 2:10PM

Rahu

9:31AM – 10:41AM

Punarvasu Until 6:29PM

Brahma Until 8:49PM

Vanija Until 9:34AM

Tritiya Until 8:45PM

Ganesha: Purple

Sunrise: 7:11AM

Muruqa: Clear

Sunset: 4:30PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

New York City, NY

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika

2:11PM – 3:21PM

Yama

11:51AM – 1:01PM

Rahu

3:21PM – 4:30PM

Pushya Until 5:25PM

Indra Until 6:11PM

Bava Until 7:55AM

Chaturthi\* Until 7:00PM

Ganesha: Purple

Sunrise: 7:12AM

Muruqa: Clear

Sunset: 4:30PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhrili\*/Vishkambha\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

New York City, NY

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika

1:01PM – 2:11PM

Yama

10:42AM – 11:52AM

Rahu

8:22AM – 9:32AM

Ashlesha\* Until 4:02PM

Vaidhrili\* Until 3:24PM

Kaulava Until 6:04AM

Panchami Until 5:04PM

Ganesha: Clear

Sunrise: 7:13AM

Muruqa: Clear

Sunset: 4:31PM

Nataraja: Clear

Moon – Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

New York City, NY

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika

11:52AM – 1:02PM

Yama

9:33AM – 10:42AM

Rahu

2:12PM – 3:21PM

Magha\* Until 2:50PM

Vishkambha\* Until 12:33PM

Visti Until 2:02AM Wed

Shashthi\* Until 3:03PM

Ganesha: Purple

Sunrise: 7:13AM

Muruqa: Clear

Sunset: 4:31PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

New York City, NY

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika

10:43AM – 11:53AM

Yama

8:24AM – 9:33AM

Rahu

11:53AM – 1:02PM

Purvaphalguni Until 1:27PM

Priti Until 9:40AM

Balava Until 11:57PM

Saptami Until 12:59PM

Ganesha: Purple

Sunrise: 7:14AM

Muruqa: Clear

Sunset: 4:31PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

New York City, NY

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika

9:34AM – 10:43AM

Yama

7:14AM – 8:24AM

Rahu

1:03PM – 2:12PM

Uttaraphalguni Until 11:55AM

Ayushman Until 6:44AM

Taitila Until 9:53PM

Ashtami\* Until 10:54AM

Ganesha: Purple

Sunrise: 7:14AM

Muruqa: Clear

Sunset: 4:32PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	New York City, NY Sun 7 Sutra 250 Vikarin 5121
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	<b>Gulika</b> 8:25AM – 9:34AM <b>Yama</b> 2:13PM – 3:23PM <b>Rahu</b> 10:44AM – 11:54AM	<b>Hasta</b> <b>Until 10:41AM</b> Sobhana <b>Until 12:59AM Sat</b> Vanija <b>Until 7:51PM</b> <b>Navami* Until 8:50AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:15AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:32PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work	Amrita Yoga				
Until 10:41AM					
Then Creative Work - Siddha Yoga					
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	New York City, NY Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 4.41	Tithi 25 – 26	862523465	<b>Gulika</b> 7:16AM – 8:25AM <b>Yama</b> 1:04PM – 2:13PM <b>Rahu</b> 9:35AM – 10:44AM	<b>Chitra</b> <b>Until 9:22AM</b> Athiganda* <b>Until 10:12PM</b> Balava <b>Until 4:58AM Sun</b> <b>Dashami</b> <b>Until 6:51AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:16AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:33PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Devaloka Day</b> <b>Margasira*Markali</b>
Routine Work	Marana Yoga				
Until 9:22AM					
Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau	New York City, NY Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 18.43	Tithi 27	862523465	<b>Gulika</b> 2:14PM – 3:24PM <b>Yama</b> 11:55AM – 1:04PM <b>Rahu</b> 3:24PM – 4:33PM	<b>Svati</b> <b>Until 8:03AM</b> Sukarma <b>Until 7:33PM</b> Kaulava <b>Until 4:07PM</b> <b>Dvadashi* Until 3:17AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:16AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:33PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work	Siddha Yoga				
Until 8:03AM					
Then Routine Work - Marana Yoga					
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau	New York City, NY Sun 10 Sutra 253 Vikarin 5121
Vrischika Rasi: 2.37	Tithi 28	872523465	<b>Gulika</b> 1:05PM – 2:14PM <b>Yama</b> 10:45AM – 11:55AM <b>Rahu</b> 8:26AM – 9:36AM	<b>Vishakha</b> <b>Until 7:13AM</b> Dhriti <b>Until 5:07PM</b> Gara <b>Until 2:34PM</b> <b>Trayodashi* Until 1:52AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise: 7:17AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:34PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Bhuloka Day</b> <b>Margasira*Markali</b> Devaloka Time: 3:PM to 6:PM
<b>Family Home Evening</b>					
Routine Work	Marana Yoga				
Until 7:13AM					
Then Creative Work - Siddha Yoga					
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	New York City, NY Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 16.22	Tithi 29	872523465	<b>Gulika</b> 11:56AM – 1:05PM <b>Yama</b> 9:36AM – 10:46AM <b>Rahu</b> 2:15PM – 3:25PM	<b>Anuradha</b> <b>Until 6:31AM</b> Shula* <b>Until 2:54PM</b> Visti <b>Until 1:19PM</b> <b>Chaturdashi* Until 12:49AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise: 7:17AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:34PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Bhuloka Day</b> <b>Margasira*Markali</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga				
Until 6:31AM					
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	New York City, NY Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 29.53	Tithi 30	873523465	<b>Gulika</b> 10:46AM – 11:56AM <b>Yama</b> 8:27AM – 9:37AM <b>Rahu</b> 11:56AM – 1:06PM	<b>Jyeshtha* Until 6:02AM</b> Ganda* <b>Until 1:02PM</b> Catuspada <b>Until 12:29PM</b> <b>Amavasya* Until 12:14AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:17AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:35PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work	Siddha Yoga				
Until 6:02AM					
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau	New York City, NY Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 13.09	Tithi 1	883523466	<b>Gulika</b> 9:37AM – 10:47AM <b>Yama</b> 7:18AM – 8:27AM <b>Rahu</b> 1:06PM – 2:16PM	<b>Mula* Until 6:19AM</b> Vridhi <b>Until 11:34AM</b> Kintughna <b>Until 12:09PM</b> <b>Prathama* Until 12:10AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:18AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:36PM</i> <b>Nataraja:</b> Orange Moon – Light Blue <b>Devaloka Day</b> <b>Pausha*Markali</b>
Creative Work	Siddha Yoga				
Annular Solar Eclipse					

<b>1</b>		<b>Friday, December 27, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau	New York City, NY Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 26.08	Tithi 2	883523466	<b>Gulika</b> 8:28AM – 9:38AM <b>Yama</b> 2:17PM – 3:26PM <b>Rahu</b> 10:47AM – 11:57AM	<b>Purvashadha* Until 6:59AM</b> Dhruva Until 10:31AM Balava Until 12:22PM <b>Dvitiya Until 12:42AM Sat</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausha-Markali</b>	Sunrise: 7:18AM Sunset: 4:36PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>	
Routine Work Prabalarishta Yoga Until 6:59AM Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, December 28, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau	New York City, NY Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 8.49	Tithi 3	883523466	<b>Gulika</b> 7:18AM – 8:28AM <b>Yama</b> 1:07PM – 2:17PM <b>Rahu</b> 9:38AM – 10:48AM	<b>Uttarashadha Until 8:04AM</b> Vyaghata* Until 9:56AM Taitila Until 1:12PM <b>Tritiya Until 1:49AM Sun</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausha-Markali</b>	Sunrise: 7:18AM Sunset: 4:37PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>	
Routine Work Marana Yoga Until 8:04AM Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Sunday, December 29, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau	New York City, NY Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 21.16	Tithi 4	893523466	<b>Gulika</b> 2:18PM – 3:28PM <b>Yama</b> 11:58AM – 1:08PM <b>Rahu</b> 3:28PM – 4:38PM	<b>Shravana Until 10:02AM</b> Harshana Until 9:48AM Vanija Until 2:37PM <b>Chaturthi* Until 3:29AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:19AM Sunset: 4:38PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>	
Creative Work Amrita Yoga Until 10:02AM Then Routine Work - Marana Yoga							

<b>4</b>		<b>Monday, December 30, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau	New York City, NY Sun 17 Sutra 260 Vikarin 5121
Kumbha Rasi: 3.28	Tithi 5	893523466	<b>Gulika</b> 1:09PM – 2:18PM <b>Yama</b> 10:49AM – 11:59AM <b>Rahu</b> 8:29AM – 9:39AM	<b>Dhanishtha Until 12:20PM</b> Vajra* Until 10:03AM Bava Until 4:31PM <b>Panchami Until 5:36AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:19AM Sunset: 4:38PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>	
Family Home Evening Creative Work Siddha Yoga							

<b>5</b>		<b>Tuesday, December 31, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthiyam Titau	New York City, NY Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 15.3	Tithi 6	893523466	<b>Gulika</b> 11:59AM – 1:09PM <b>Yama</b> 9:39AM – 10:49AM <b>Rahu</b> 2:19PM – 3:29PM	<b>Shatabhishak Until 2:50PM</b> Siddhi Until 10:36AM Kaulava Until 6:48PM <b>Shashthi* Until 8:01AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:19AM Sunset: 4:39PM Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>	
Routine Work Marana Yoga							

<b>6</b>		<b>Wednesday, January 1, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	New York City, NY Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 27.26	Tithi 6 – 7	813623466	<b>Gulika</b> 10:50AM – 12:00PM <b>Yama</b> 8:29AM – 9:40AM <b>Rahu</b> 12:00PM – 1:10PM	<b>Purvaproshtapada* Until 5:54PM</b> Vyatipata* Until 11:21AM Gara Until 9:17PM <b>Shashthi* Until 8:01AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:19AM Sunset: 4:41PM Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Amrita Yoga Until 5:54PM Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	New York City, NY Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 9.19	Tithi 7 – 8	813623466	<b>Gulika</b> 9:40AM – 10:50AM <b>Yama</b> 7:19AM – 8:30AM <b>Rahu</b> 1:11PM – 2:21PM	<b>Uttaraproshtapada Until 8:48PM</b> Variyan Until 12:08PM Visti Until 11:46PM <b>Saptami Until 10:31AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:19AM Sunset: 4:42PM Moon 12 - Phase 36 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	New York City, NY Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 21.13	Tithi 8 – 9	813623466	<b>Gulika</b> 8:30AM – 9:40AM <b>Yama</b> 2:22PM – 3:32PM <b>Rahu</b> 10:51AM – 12:01PM	<b>Revati Until 11:23PM</b> Parigha* Until 12:51PM Balava Until 2:02AM Sat <b>Ashtami* Until 12:55PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:19AM Sunset: 4:43PM Moon 12 - Phase 36 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 11:23PM Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>	<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				New York City, NY Sun 22 Sutra 265 Vikarin 5121	
	Mesha Rasi: 3.14	Tithi 9 – 10	<b>Gulika</b> 7:19AM – 8:30AM Yama 1:12PM – 2:22PM <b>Rahu</b> 9:40AM – 10:51AM	<b>Ashvini Until 1:54AM Sun</b> Shiva Until 1:21PM Taitila Until 3:54AM Sun <b>Navami* Until 3:01PM</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Clear</b> <b>Nataraja: Orange</b> Moon – White <b>Pausha-Markali</b>	<b>Sunrise: 7:19AM</b> <b>Sunset: 4:43PM</b>	Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga Until 1:54AM Sun Then Routine Work - Prabalarishta Yoga							

<b>2</b>	<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				New York City, NY Sun 23 Sutra 266 Vikarin 5121	
	Mesha Rasi: 15.25	Tithi 10 – 11	<b>Gulika</b> 2:23PM – 3:34PM Yama 12:02PM – 1:13PM <b>Rahu</b> 3:34PM – 4:44PM	<b>Bharani Until 3:44AM Mon</b> Siddha Until 1:27PM Vanija Until 5:11AM Mon <b>Dashami Until 4:36PM</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Clear</b> <b>Nataraja: Orange</b> Moon – White <b>Pausha-Markali</b>	<b>Sunrise: 7:19AM</b> <b>Sunset: 4:44PM</b>	Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>	
	Routine Work Prabalarishta Yoga Until 3:44AM Mon Then Routine Work - Marana Yoga		Subramuniaswami Jayanti					

<b>3</b>	<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				New York City, NY Sun 24 Sutra 267 Vikarin 5121	
	Mesha Rasi: 27.5	Tithi 11 – 12	<b>Gulika</b> 1:13PM – 2:24PM Yama 10:52AM – 12:02PM <b>Rahu</b> 8:30AM – 9:41AM	<b>Krittika Until 4:45AM Tue</b> Sadhya Until 1:06PM Bava Until 5:47AM Tue <b>Ekadashi Until 5:33PM</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Clear</b> <b>Nataraja: Orange</b> Moon – White <b>Pausha-Markali</b>	<b>Sunrise: 7:19AM</b> <b>Sunset: 4:45PM</b>	Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>	
	Family Home Evening Routine Work Marana Yoga Until 4:45AM Tue Then Creative Work - Amrita Yoga		Vaikuntha Ekadasi					

<b>4</b>	<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				New York City, NY Sun 25 Sutra 268 Vikarin 5121	
	Vrishabha Rasi: 10.35	Tithi 12 – 13	<b>Gulika</b> 12:03PM – 1:14PM Yama 9:41AM – 10:52AM <b>Rahu</b> 2:25PM – 3:35PM	<b>Rohini Until 5:22AM Wed</b> Subha Until 12:13PM Kaulava Until 5:38AM Wed <b>Dvadashi Until 5:47PM</b>	<b>Ganesha: White</b> <b>Muruqa: Clear</b> <b>Nataraja: Orange</b> Moon – Yellow <b>Pausha-Markali</b>	<b>Sunrise: 7:19AM</b> <b>Sunset: 4:46PM</b>	Moon 12 - Phase 37 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
	Creative Work Amrita Yoga Until 5:22AM Wed Then Creative Work - Siddha Yoga		Pradosha Vrata					

<b>5</b>	<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				New York City, NY Sun 26 Sutra 269 Vikarin 5121	
	Vrishabha Rasi: 23.4	Tithi 13 – 14	<b>Gulika</b> 10:52AM – 12:03PM Yama 8:30AM – 9:41AM <b>Rahu</b> 12:03PM – 1:14PM	<b>Mrigashira Until 5:09AM Thu</b> Sukla Until 10:44AM Gara Until 4:48AM Thu <b>Trayodashi Until 5:17PM</b>	<b>Ganesha: White</b> <b>Muruqa: Clear</b> <b>Nataraja: Orange</b> Moon – Yellow <b>Pausha-Markali</b>	<b>Sunrise: 7:19AM</b> <b>Sunset: 4:47PM</b>	Moon 12 - Phase 37 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
	Creative Work Siddha Yoga Until 5:09AM Thu Then Routine Work - Marana Yoga							

<b>6</b>	<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				New York City, NY Sun 27 Sutra 270 Vikarin 5121	
	Mithuna Rasi: 7.08	Tithi 14 – 15	<b>Gulika</b> 9:41AM – 10:52AM Yama 7:19AM – 8:30AM <b>Rahu</b> 1:15PM – 2:26PM	<b>Ardra Until 4:10AM Fri</b> Brahma Until 8:44AM Visti Until 3:19AM Fri <b>Chaturdashi* Until 4:07PM</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Clear</b> <b>Nataraja: Orange</b> Moon – Yellow <b>Pausha-Markali</b>	<b>Sunrise: 7:19AM</b> <b>Sunset: 4:48PM</b>	Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>	
	Routine Work Marana Yoga Until 4:10AM Fri Then Creative Work - Siddha Yoga		Ardra Darshanam					

<b>○</b>	<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				New York City, NY Sun 28 Sutra 271 Vikarin 5121	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:30AM – 9:41AM Yama 2:27PM – 3:38PM <b>Rahu</b> 10:53AM – 12:04PM	<b>Punarvasu Until 2:59AM Sat</b> Indra Until 6:16AM Balava Until 1:20AM Sat <b>Purnima* Until 2:22PM</b>	<b>Ganesha: White</b> <b>Muruqa: Clear</b> <b>Nataraja: Orange</b> Moon – Blue <b>Pausha-Markali</b>	<b>Sunrise: 7:19AM</b> <b>Sunset: 4:49PM</b>	Moon 12 - Phase 37 Purnima <b>Sivaloka Day</b>	
	Mithuna Rasi: 20.58 Tithi 15 – 16 Creative Work Siddha Yoga		Penumbra Lunar Eclipse					

<b>○</b>	<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				New York City, NY Sun 29 Sutra 272 Vikarin 5121	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:18AM – 8:30AM Yama 1:16PM – 2:27PM <b>Rahu</b> 9:41AM – 10:53AM	<b>Pushya Until 1:17AM Sun</b> Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM <b>Prathama* Until 12:10PM</b>	<b>Ganesha: White</b> <b>Muruqa: Clear</b> <b>Nataraja: Orange</b> Moon – Blue <b>Pausha-Markali</b>	<b>Sunrise: 7:18AM</b> <b>Sunset: 4:50PM</b>	Moon 12 - Phase 37 Prathama <b>Sivaloka Day</b>	
	Kataka Rasi: 5.07 Tithi 16 – 17 Creative Work Siddha Yoga							

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 19.3 Tithi 17 - 18

844623466

Gulika  
Yama  
Rahu

2:28PM - 3:40PM  
12:05PM - 1:16PM  
3:40PM - 4:52PM

Ashlesha\* Until 11:13PM  
Priti Until 8:51PM  
Vanija Until 8:21PM  
Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:18AM  
Muruga: Clear Sunset: 4:52PM  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga  
Until 11:13PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

New York City, NY  
Sun 1 Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

1

Monday, January 13, 2020

Simha Rasi: 4.01 Tithi 18 - 19

844623466

Gulika  
Yama  
Rahu

1:17PM - 2:29PM  
10:53AM - 12:05PM  
8:30AM - 9:41AM

Magha\* Until 9:21PM  
Ayushman Until 5:24PM  
Balava Until 4:16AM Tue  
Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:18AM  
Muruga: Clear Sunset: 4:53PM  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Devaloka Day

Family Home Evening  
Routine Work Marana Yoga  
Until 9:21PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

New York City, NY  
Sun 2 Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

2

Tuesday, January 14, 2020

Simha Rasi: 18.34 Tithi 20

844623466

Gulika  
Yama  
Rahu

12:06PM - 1:18PM  
9:41AM - 10:54AM  
2:30PM - 3:42PM

Purvaphalguni Until 7:23PM  
Saubhagya Until 1:58PM  
Kaulava Until 2:57PM  
Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:17AM  
Muruga: Clear Sunset: 4:54PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga  
Until 7:23PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

New York City, NY  
Sun 3 Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

3

Wednesday, January 15, 2020

Kanya Rasi: 3.03 Tithi 21

844623466

Gulika  
Yama  
Rahu

10:54AM - 12:06PM  
8:29AM - 9:41AM  
12:06PM - 1:18PM

Uttaraphalguni Until 5:26PM  
Sobhana Until 10:40AM  
Gara Until 12:24PM  
Shashthi\* Until 11:11PM

Ganesha: Clear Sunrise: 7:17AM  
Muruga: Clear Sunset: 4:55PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga  
Until 5:26PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

New York City, NY  
Sun 4 Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

4

Thursday, January 16, 2020

Kanya Rasi: 17.24 Tithi 22

844623466

Gulika  
Yama  
Rahu

9:41AM - 10:54AM  
7:17AM - 8:29AM  
1:19PM - 2:31PM

Hasta Until 4:00PM  
Athiganda\* Until 7:30AM  
Visti Until 10:04AM  
Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:17AM  
Muruga: Clear Sunset: 4:56PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga  
Until 4:00PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

New York City, NY  
Sun 5 Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

5

Friday, January 17, 2020

Retreat Star

Tula Rasi: 1.34 Tithi 23

844623466

Gulika  
Yama  
Rahu

8:29AM - 9:41AM  
2:32PM - 3:44PM  
10:54AM - 12:07PM

Chitra Until 2:43PM  
Dhriti Until 1:56AM Sat  
Balava Until 8:01AM  
Ashtami\* Until 7:06PM

Ganesha: Purple Sunrise: 7:16AM  
Muruga: Clear Sunset: 4:57PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

New York City, NY  
Sun 6 Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 15.31 Tithi 24 - 25

844623466

Gulika  
Yama  
Rahu

7:16AM - 8:28AM  
1:20PM - 2:33PM  
9:41AM - 10:54AM

Svati Until 1:39PM  
Shula\* Until 11:33PM  
Taitila Until 6:19AM  
Navami\* Until 5:35PM

Ganesha: Purple Sunrise: 7:16AM  
Muruga: Clear Sunset: 4:58PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

New York City, NY  
Sun 7 Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau			New York City, NY Sun 8 Sutra 280	
Tula Rasi: 29.14	Tithi 25 – 26	<b>Gulika</b>	2:33PM – 3:46PM	<b>Vishakha</b> Until 1:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:15AM	Vikarin 5121	
		Yama	12:07PM – 1:20PM	Ganda* Until 9:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 39	
		874623466 <b>Rahu</b>	3:46PM – 4:59PM	Bava Until 4:01AM Mon	<b>Nataraja:</b> Orange		2nd Phase	
Routine Work	Marana Yoga			<b>Dashami</b> Until 4:26PM	Moon – Orange			<b>Devaloka Day</b>
					<b>Pausha</b> -Thai			

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau			New York City, NY Sun 9 Sutra 281	
Vrischika Rasi: 12.44	Tithi 26 – 27	<b>Gulika</b>	1:21PM – 2:34PM	<b>Anuradha</b> Until 1:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:14AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:54AM – 12:07PM	Vriddhi Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 39	
		874623466 <b>Rahu</b>	8:28AM – 9:41AM	Kaulava Until 3:27AM Tue	<b>Nataraja:</b> Orange		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 3:40PM	Moon – Orange			<b>Devaloka Day</b>
					<b>Pausha</b> -Thai			

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau			New York City, NY Sun 10 Sutra 282	
Vrischika Rasi: 26.01	Tithi 27 – 28	<b>Gulika</b>	12:08PM – 1:21PM	<b>Jyeshtha*</b> Until 1:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:14AM	Vikarin 5121	
		Yama	9:41AM – 10:54AM	Dhruva Until 6:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 39	
		875623466 <b>Rahu</b>	2:35PM – 3:48PM	Gara Until 3:18AM Wed	<b>Nataraja:</b> Orange		2nd Phase	
Routine Work	Marana Yoga			<b>Dvadashti*</b> Until 3:18PM	Moon – Orange			<b>Bhuloka Day</b>
Until 1:05PM					<b>Pausha</b> -Thai			<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			New York City, NY Sun 11 Sutra 283	
Dhanus Rasi: 9.05	Tithi 28 – 29	<b>Gulika</b>	10:54AM – 12:08PM	<b>Mula*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:13AM	Vikarin 5121	
		Yama	8:27AM – 9:41AM	Vyaghata* Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 39	
		885623466 <b>Rahu</b>	12:08PM – 1:22PM	Visti Until 3:34AM Thu	<b>Nataraja:</b> Orange		2nd Phase	
Routine Work	Marana Yoga			<b>Trayodashi*</b> Until 3:21PM	Moon – Light Blue			<b>Bhuloka Day</b>
Until 1:51PM					<b>Pausha</b> -Thai			<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			New York City, NY Sun 12 Sutra 284	
Dhanus Rasi: 21.58	Tithi 29 – 30	<b>Gulika</b>	9:40AM – 10:54AM	<b>Purvashadha*</b> Until 2:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:13AM	Vikarin 5121	
		Yama	7:13AM – 8:26AM	Harshana Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 39	
		885623466 <b>Rahu</b>	1:22PM – 2:36PM	Catuspada Until 4:15AM Fri	<b>Nataraja:</b> Orange		2nd Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 3:50PM	Moon – Light Blue			<b>Bhuloka Day</b>
Until 2:51PM					<b>Pausha</b> -Thai			<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga								

<b>●</b>		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			New York City, NY Sun 13 Sutra 285	
<b>Retreat Star</b>		<b>Gulika</b>	8:26AM – 9:40AM	<b>Uttarashadha</b> Until 4:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:12AM	Vikarin 5121	
Makara Rasi: 4.37	Tithi 30 – 1	Yama	2:37PM – 3:51PM	Vajra* Until 3:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 1 - Phase 39	
		885623466 <b>Rahu</b>	10:54AM – 12:09PM	Kintughna Until 5:23AM Sat	<b>Nataraja:</b> Orange		Amavasya	
Routine Work	Marana Yoga			<b>Amavasya*</b> Until 4:44PM	Moon – Light Blue			<b>Bhuloka Day</b>
					<b>Pausha</b> -Thai			<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau			New York City, NY Sun 14 Sutra 286	
Makara Rasi: 17.05	Tithi 1	<b>Gulika</b>	7:11AM – 8:25AM	<b>Shravana</b> Until 6:08PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:11AM	Vikarin 5121	
		Yama	1:23PM – 2:38PM	Siddhi Until 3:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 39	
		995623466 <b>Rahu</b>	9:40AM – 10:54AM	Bava Until 6:05PM	<b>Nataraja:</b> Orange		Prathama	
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 6:05PM	Moon – Purple			<b>Bhuloka Day</b>
					<b>Magha</b> -Thai			<b>Devaloka Time: 3:PM to 6:PM</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Variyan Yoga Balava/Kaulava Karana Dvilyayam Titau	New York City, NY Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	<b>Gulika</b> 2:38PM – 3:53PM	<b>Dhanishtha Until 8:21PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:10AM	
		Yama 12:09PM – 1:24PM	Vyatipata* Until 3:57PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:08PM	Moon 1 - Phase 40
		995723466 <b>Rahu</b> 3:53PM – 5:08PM	Balava Until 6:56AM	<b>Nataraja:</b> Orange	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 7:50PM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 8:21PM				<b>Magha-Thai</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau	New York City, NY Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	<b>Gulika</b> 1:24PM – 2:39PM	<b>Shatabhishak Until 10:45PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:09AM	
<b>Family Home Evening</b>		Yama 10:54AM – 12:09PM	Variyan Until 4:23PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:09PM	Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:24AM – 9:39AM	Taitila Until 8:52AM	<b>Nataraja:</b> Orange	3rd Phase
Until 10:45PM			<b>Tritiya Until 9:56PM</b>	Moon – Purple	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>	

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturtham Titau	New York City, NY Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	<b>Gulika</b> 12:09PM – 1:25PM	<b>Purvaprossthapada* Until 1:44AM Wed</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:09AM	
		Yama 9:39AM – 10:54AM	Parigha* Until 5:02PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:10PM	Moon 1 - Phase 40
		915723466 <b>Rahu</b> 2:40PM – 3:55PM	Vanija Until 11:06AM	<b>Nataraja:</b> Orange	3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 12:18AM Wed</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 1:44AM Wed				<b>Magha-Thai</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	New York City, NY Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	<b>Gulika</b> 10:54AM – 12:10PM	<b>Uttaraprossthapada Until 4:41AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:08AM	
		Yama 8:23AM – 9:39AM	Shiva Until 5:51PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 40
		915723466 <b>Rahu</b> 12:10PM – 1:25PM	Bava Until 1:34PM	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 2:49AM Thu</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Magha-Thai</b>	

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau	New York City, NY Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	<b>Gulika</b> 9:38AM – 10:54AM	<b>Revati Until 7:26AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:07AM	
		Yama 7:07AM – 8:23AM	Siddha Until 6:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:13PM	Moon 1 - Phase 40
		916723466 <b>Rahu</b> 1:25PM – 2:41PM	Kaulava Until 4:06PM	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 5:19AM Fri</b>	Moon – Clear	<b>Devaloka Day</b>
Until 7:26AM Fri				<b>Magha-Thai</b>	
Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau	New York City, NY Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	<b>Gulika</b> 8:22AM – 9:38AM	<b>Revati Until 7:26AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:06AM	
		Yama 2:42PM – 3:58PM	Sadhya Until 7:25PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:14PM	Moon 1 - Phase 40
		916723466 <b>Rahu</b> 10:54AM – 12:10PM	Gara Until 6:32PM	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM Sat</b>	Moon – Clear	<b>Devaloka Day</b>
Until 7:26AM				<b>Magha-Thai</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	New York City, NY Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	<b>Gulika</b> 7:06AM – 8:22AM	<b>Ashvini Until 10:20AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:06AM	
		Yama 1:26PM – 2:42PM	Subha Until 7:57PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:14PM	Moon 1 - Phase 40
		926723466 <b>Rahu</b> 9:38AM – 10:54AM	Visti Until 8:40PM	<b>Nataraja:</b> Orange	Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM</b>	Moon – White	<b>Bhuloka Day</b>
				<b>Magha-Thai</b>	Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	New York City, NY Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	<b>Gulika</b> 2:42PM – 3:59PM	<b>Bharani Until 12:39PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:05AM	
		Yama 12:10PM – 1:26PM	Sukla Until 8:05PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:15PM	Moon 1 - Phase 40
		926723466 <b>Rahu</b> 3:59PM – 5:15PM	Balava Until 10:18PM	<b>Nataraja:</b> Orange	Navami
Routine Work	Prabalarishta Yoga		<b>Ashtami* Until 9:32AM</b>	Moon – White	<b>Bhuloka Day</b>
Until 12:39PM				<b>Magha-Thai</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>1</b>	<b>Monday, February 3, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			New York City, NY Sun 23 Sutra 295
	Vrishabha Rasi: 5.37    Tilthi 9 – 10 <b>Family Home Evening</b> Routine Work    Marana Yoga Until 2:12PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:27PM – 2:43PM Yama 10:54AM – 12:10PM <b>Rahu</b> 8:21AM – 9:37AM	<b>Krittika Until 2:12PM</b> Brahma Until 7:42PM Taitila Until 11:13PM <b>Navami* Until 10:50AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:04AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Orange Moon – White <b>Magha*Thai</b>	<i>Sunrise:</i> 7:04AM <i>Sunset:</i> 5:16PM Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>2</b>	<b>Tuesday, February 4, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			New York City, NY Sun 24 Sutra 296
	Vrishabha Rasi: 18.17    Tilthi 10 – 11 936723467 Creative Work    Amrita Yoga Until 3:20PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:10PM – 1:27PM Yama 9:37AM – 10:53AM <b>Rahu</b> 2:44PM – 4:01PM	<b>Rohini Until 3:20PM</b> Indra Until 6:44PM Vanija Until 11:19PM <b>Dashami Until 11:21AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:03AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:17PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>	<i>Sunrise:</i> 7:03AM <i>Sunset:</i> 5:17PM Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>


<b>3</b>	<b>Wednesday, February 5, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			New York City, NY Sun 25 Sutra 297
	Mithuna Rasi: 1.22    Tilthi 11 – 12 936723467 Creative Work    Siddha Yoga	<b>Gulika</b> 10:53AM – 12:10PM Yama 8:19AM – 9:36AM <b>Rahu</b> 12:10PM – 1:27PM	<b>Mrigashira Until 3:29PM</b> Vaidhriti* Until 5:05PM Bava Until 10:35PM <b>Ekadashi Until 11:02AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:02AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>	<i>Sunrise:</i> 7:02AM <i>Sunset:</i> 5:19PM Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

<b>4</b>	<b>Thursday, February 6, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			New York City, NY Sun 26 Sutra 298
	Mithuna Rasi: 14.54    Tilthi 12 – 13 936723467 Routine Work    Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:36AM – 10:53AM Yama 7:01AM – 8:18AM <b>Rahu</b> 1:28PM – 2:45PM	<b>Ardra Until 2:41PM</b> Vishkambha* Until 2:48PM Kaulava Until 9:03PM <b>Dvadashi Until 9:54AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:01AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>	<i>Sunrise:</i> 7:01AM <i>Sunset:</i> 5:20PM Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Friday, February 7, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			New York City, NY Sun 27 Sutra 299
	Mithuna Rasi: 28.53    Tilthi 13 – 14 947723467 Creative Work    Siddha Yoga Until 1:28PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:17AM – 9:35AM Yama 2:46PM – 4:03PM <b>Rahu</b> 10:53AM – 12:10PM	<b>Punarvasu Until 1:28PM</b> Priti Until 11:57AM Gara Until 6:50PM <b>Trayodashi Until 8:00AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:00AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>	<i>Sunrise:</i> 7:00AM <i>Sunset:</i> 5:21PM Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Saturday, February 8, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau			New York City, NY Sutra 300
	Kataka Rasi: 13.17    Tilthi 15 947723467 Creative Work    Siddha Yoga Until 11:31AM Then Routine Work - Marana Yoga	<b>Gulika</b> 6:59AM – 8:17AM Yama 1:28PM – 2:46PM <b>Rahu</b> 9:35AM – 10:53AM	<b>Pushya Until 11:31AM</b> Ayushman Until 8:36AM Visti Until 4:03PM <b>Purnima* Until 2:30AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:59AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>	<i>Sunrise:</i> 6:59AM <i>Sunset:</i> 5:22PM Moon 1 - Phase 41 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, February 9, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			New York City, NY Sutra 301
	Kataka Rasi: 28.02    Tilthi 16 947723467 Creative Work    Siddha Yoga Until 9:01AM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:47PM – 4:05PM Yama 12:11PM – 1:29PM <b>Rahu</b> 4:05PM – 5:24PM	<b>Ashlesha* Until 9:01AM</b> Sobhana Until 12:59AM Mon Balava Until 12:54PM <b>Prathama* Until 11:13PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:58AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:24PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>	<i>Sunrise:</i> 6:58AM <i>Sunset:</i> 5:24PM Moon 1 - Phase 41 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM





**Monday, February 10, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

New York City, NY  
Sutra 302  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 12.59 Tithi 17  
Family Home Evening 957723467  
Routine Work Marana Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

**Gulika** 1:29PM – 2:48PM  
Yama 10:52AM – 12:11PM  
**Rahu** 8:15AM – 9:33AM

**Magha\* Until 6:33AM**  
Athiganda\* Until 8:56PM  
Taitila Until 9:31AM  
**Dvitiya Until 7:47PM**

**Ganesha:** Red *Sunrise: 6:56AM*  
**Muruqa:** Clear *Sunset: 5:25PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**1** **Tuesday, February 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

New York City, NY  
Sun 1 Sutra 303  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 27.59 Tithi 18 – 19  
957723467  
Creative Work Amrita Yoga  
Until 1:08AM Wed  
Then Routine Work - Marana Yoga

**Gulika** 12:11PM – 1:29PM  
Yama 9:33AM – 10:52AM  
**Rahu** 2:48PM – 4:07PM

**Uttaraphalguni Until 1:08AM Wed**  
Sukarma Until 4:57PM  
Vanija Until 6:06AM  
**Tritiya Until 4:24PM**

**Ganesha:** Red *Sunrise: 6:55AM*  
**Muruqa:** Clear *Sunset: 5:26PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**2** **Wednesday, February 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

New York City, NY  
Sun 2 Sutra 304  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 12.55 Tithi 19 – 20  
967723467  
Routine Work Marana Yoga  
Until 10:56PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:51AM – 12:11PM  
Yama 8:13AM – 9:32AM  
**Rahu** 12:11PM – 1:30PM

**Hasta Until 10:56PM**  
Dhriti Until 1:07PM  
Kaulava Until 11:43PM  
**Chaturthi\* Until 1:11PM**

**Ganesha:** Green *Sunrise: 6:54AM*  
**Muruqa:** Clear *Sunset: 5:27PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3** **Thursday, February 13, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

New York City, NY  
Sun 3 Sutra 305  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 27.38 Tithi 20 – 21  
968723467  
Creative Work Siddha Yoga  
Until 8:58PM  
Then Creative Work - Amrita Yoga

**Gulika** 9:32AM – 10:51AM  
Yama 6:53AM – 8:12AM  
**Rahu** 1:30PM – 2:49PM

**Chitra Until 8:58PM**  
Shula\* Until 9:32AM  
Gara Until 9:03PM  
**Panchami Until 10:19AM**

**Ganesha:** White *Sunrise: 6:53AM*  
**Muruqa:** Clear *Sunset: 5:28PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4** **Friday, February 14, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

New York City, NY  
Sun 4 Sutra 306  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Tula Rasi: 12.02 Tithi 21 – 22  
968723467  
Creative Work Siddha Yoga

**Gulika** 8:11AM – 9:31AM  
Yama 2:50PM – 4:10PM  
**Rahu** 10:51AM – 12:11PM

**Svati Until 7:23PM**  
Ganda\* Until 6:20AM  
Visti Until 6:54PM  
**Shashthi\* Until 7:53AM**

**Ganesha:** White *Sunrise: 6:51AM*  
**Muruqa:** Clear *Sunset: 5:30PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Retreat Star** **Saturday, February 15, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

New York City, NY  
Sun 5 Sutra 307  
Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

Tula Rasi: 26.04 Tithi 22 – 23  
978723467  
Creative Work Siddha Yoga

**Gulika** 6:50AM – 8:10AM  
Yama 1:31PM – 2:51PM  
**Rahu** 9:30AM – 10:50AM

**Vishakha Until 6:39PM**  
Dhruva Until 1:17AM Sun  
Kaulava Until 4:44AM Sun  
**Saptami Until 6:01AM**

**Ganesha:** Clear *Sunrise: 6:50AM*  
**Muruqa:** Clear *Sunset: 5:31PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

**Retreat Star** **Sunday, February 16, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

New York City, NY  
Sun 6 Sutra 308  
Vikarin 5121  
Moon 2 - Phase 42  
Navami

Vrischika Rasi: 9.44 Tithi 24  
978723467  
Routine Work Marana Yoga

**Gulika** 2:51PM – 4:12PM  
Yama 12:10PM – 1:31PM  
**Rahu** 4:12PM – 5:32PM

**Anuradha Until 6:23PM**  
Vyaghata\* Until 11:30PM  
Taitila Until 4:22PM  
**Navami\* Until 4:06AM Mon**

**Ganesha:** Clear *Sunrise: 6:49AM*  
**Muruqa:** Clear *Sunset: 5:32PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		New York City, NY Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 23.04	Tithi 25	<b>Gulika</b> 1:31PM – 2:52PM	<b>Jyeshtha* Until 6:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM	
<b>Family Home Evening</b>	978723467	Yama 10:50AM – 12:10PM	Harshana Until 10:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		<b>Rahu</b> 8:08AM – 9:29AM	Vanija Until 4:01PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami Until 4:03AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>
				<b>Magha-Masi</b>		

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		New York City, NY Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 26	<b>Gulika</b> 12:10PM – 1:31PM	<b>Mula* Until 7:36PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM	
	988723467	Yama 9:28AM – 10:49AM	Vajra* Until 9:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		<b>Rahu</b> 2:52PM – 4:13PM	Bava Until 4:16PM	<b>Nataraja:</b> Clear		2nd Phase
Until 7:36PM			<b>Ekadashi* Until 4:34AM Wed</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>		Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		New York City, NY Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 18.49	Tithi 27	<b>Gulika</b> 10:49AM – 12:10PM	<b>Purvashadha* Until 8:58PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM	
	988723467	Yama 8:06AM – 9:28AM	Siddhi Until 8:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		<b>Rahu</b> 12:10PM – 1:32PM	Kaulava Until 5:01PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi* Until 5:32AM Thu</b>	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Magha-Masi</b>		Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau		New York City, NY Sun 10 Sutra 312 Vikarin 5121
Makara Rasi: 1.2	Tithi 28	<b>Gulika</b> 9:27AM – 10:48AM	<b>Uttarashadha Until 10:35PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM	
	989823467	Yama 6:44AM – 8:05AM	Vyatipata* Until 8:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43
Routine Work Marana Yoga		<b>Rahu</b> 1:32PM – 2:53PM	Gara Until 6:12PM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:35PM			<b>Trayodashi* Until 6:55AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>		Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		New York City, NY Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 13.42	Tithi 28 – 29	<b>Gulika</b> 8:04AM – 9:26AM	<b>Shravana Until 12:52AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:42AM	
	999823467	Yama 2:54PM – 4:16PM	Variyan Until 8:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 43
Routine Work Marana Yoga		<b>Rahu</b> 10:48AM – 12:10PM	Visti Until 7:45PM	<b>Nataraja:</b> Clear		2nd Phase
Until 12:52AM Sat			<b>Trayodashi* Until 6:55AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>		<b>Magha-Masi</b>		Devaloka Time: 3:PM to 6:PM
		<b>Mahasivaratri (Solar)</b>				

<b>Retreat Star</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		New York City, NY Sun 12 Sutra 314 Vikarin 5121
Makara Rasi: 25.55	Tithi 29 – 30	<b>Gulika</b> 6:41AM – 8:03AM	<b>Dhanishtha Until 3:16AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:41AM	
	999823467	Yama 1:32PM – 2:54PM	Parigha* Until 9:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		<b>Rahu</b> 9:25AM – 10:48AM	Catuspada Until 9:36PM	<b>Nataraja:</b> Clear		Amavasya
			<b>Chaturdashi* Until 8:37AM</b>	Moon – Purple		<b>Bhuloka Day</b>
				<b>Magha-Masi</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		New York City, NY Sun 13 Sutra 315 Vikarin 5121
Kumbha Rasi: 8.02	Tithi 30 – 1	<b>Gulika</b> 2:55PM – 4:18PM	<b>Shatabhishak Until 5:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:39AM	
	999823467	Yama 12:10PM – 1:32PM	Shiva Until 9:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		<b>Rahu</b> 4:18PM – 5:40PM	Kintughna Until 11:42PM	<b>Nataraja:</b> Clear		Prathama
Until 5:43AM Mon			<b>Amavasya* Until 10:36AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Phalgun-Masi</b>		Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				New York City, NY Sun 14 Sutra 316	
<b>1</b>	Kumbha Rasi: 20.03 Tithi 1 – 2	<b>Gulika</b> 1:33PM – 2:55PM	<b>Purvaproshtapada* Until 8:41AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:38AM</i>			Vikarin 5121
<b>Family Home Evening</b>	919823467	<b>Yama</b> 10:47AM – 12:10PM	<b>Siddha Until 10:15PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:41PM</i>			Moon 2 - Phase 44
Routine Work Marana Yoga		<b>Rahu</b> 8:01AM – 9:24AM	<b>Balava Until 2:00AM Tue</b>	<b>Nataraja:</b> Clear			3rd Phase
Until 8:41AM Tue			<b>Prathama* Until 12:48PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				New York City, NY Sun 15 Sutra 317	
<b>2</b>	Meena Rasi: 1.59 Tithi 2 – 3	<b>Gulika</b> 12:09PM – 1:33PM	<b>Purvaproshtapada* Until 8:41AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:36AM</i>			Vikarin 5121
	919823467	<b>Yama</b> 9:23AM – 10:46AM	<b>Sadhya Until 11:02PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:42PM</i>			Moon 2 - Phase 44
Routine Work Marana Yoga		<b>Rahu</b> 2:56PM – 4:19PM	<b>Taitila Until 4:27AM Wed</b>	<b>Nataraja:</b> Clear			3rd Phase
Until 8:41AM			<b>Dvitiya Until 3:11PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				New York City, NY Sun 16 Sutra 318	
<b>3</b>	Meena Rasi: 13.53 Tithi 3 – 4	<b>Gulika</b> 10:46AM – 12:09PM	<b>Uttaraproshtapada Until 11:36AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:35AM</i>			Vikarin 5121
	919823467	<b>Yama</b> 7:59AM – 9:22AM	<b>Subha Until 11:55PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:44PM</i>			Moon 2 - Phase 44
Creative Work Siddha Yoga		<b>Rahu</b> 12:09PM – 1:33PM	<b>Vanija Until 6:58AM Thu</b>	<b>Nataraja:</b> Clear			3rd Phase
Until 11:36AM			<b>Tritiya Until 5:41PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				New York City, NY Sun 17 Sutra 319	
<b>4</b>	Meena Rasi: 25.45 Tithi 4	<b>Gulika</b> 9:21AM – 10:45AM	<b>Revati Until 2:25PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:34AM</i>			Vikarin 5121
	919823467	<b>Yama</b> 6:34AM – 7:57AM	<b>Sukla Until 12:45AM Fri</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:45PM</i>			Moon 2 - Phase 44
Creative Work Siddha Yoga		<b>Rahu</b> 1:33PM – 2:57PM	<b>Vanija Until 6:58AM</b>	<b>Nataraja:</b> Clear			3rd Phase
Until 2:25PM			<b>Chaturthi* Until 8:12PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>					

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				New York City, NY Sun 18 Sutra 320	
<b>5</b>	Mesha Rasi: 7.37 Tithi 5	<b>Gulika</b> 7:56AM – 9:20AM	<b>Ashvini Until 5:29PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:32AM</i>			Vikarin 5121
	921823467	<b>Yama</b> 2:57PM – 4:22PM	<b>Brahma Until 1:31AM Sat</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:46PM</i>			Moon 2 - Phase 44
Creative Work Amrita Yoga		<b>Rahu</b> 10:45AM – 12:09PM	<b>Bava Until 9:27AM</b>	<b>Nataraja:</b> Clear			3rd Phase
Until 5:29PM			<b>Panchami Until 10:37PM</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				New York City, NY Sun 19 Sutra 321	
<b>6</b>	Mesha Rasi: 19.33 Tithi 6	<b>Gulika</b> 6:31AM – 7:55AM	<b>Bharani Until 8:10PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:31AM</i>			Vikarin 5121
	921823467	<b>Yama</b> 1:33PM – 2:58PM	<b>Indra Until 2:05AM Sun</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:47PM</i>			Moon 2 - Phase 44
Creative Work Siddha Yoga		<b>Rahu</b> 9:20AM – 10:44AM	<b>Kaulava Until 11:45AM</b>	<b>Nataraja:</b> Clear			3rd Phase
Until 8:10PM			<b>Shashthi* Until 12:45AM Sun</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga						<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				New York City, NY Sun 20 Sutra 322	
<b>Retreat Star</b>		<b>Gulika</b> 2:59PM – 4:24PM	<b>Krittika Until 10:16PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:27AM</i>			Vikarin 5121
Vrishabha Rasi: 1.37 Tithi 7	921833467	<b>Yama</b> 12:08PM – 1:34PM	<b>Vaidhriti* Until 2:14AM Mon</b>	<b>Muruqa:</b> Orange <i>Sunset: 5:49PM</i>			Moon 2 - Phase 44
Creative Work Siddha Yoga		<b>Rahu</b> 4:24PM – 5:49PM	<b>Gara Until 1:41PM</b>	<b>Nataraja:</b> Clear			3rd Phase
			<b>Saptami Until 2:25AM Mon</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
						<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				New York City, NY Sun 21 Sutra 323	
<b>Retreat Star</b>		<b>Gulika</b> 1:34PM – 2:59PM	<b>Rohini Until 12:04AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:26AM</i>			Vikarin 5121
Vrishabha Rasi: 13.53 Tithi 8	931833467	<b>Yama</b> 10:43AM – 12:08PM	<b>Vishkambha* Until 1:54AM Tue</b>	<b>Muruqa:</b> Orange <i>Sunset: 5:50PM</i>			Moon 2 - Phase 44
<b>Family Home Evening</b>		<b>Rahu</b> 7:51AM – 9:17AM	<b>Visti Until 3:01PM</b>	<b>Nataraja:</b> Clear			Ashtami
Creative Work Amrita Yoga			<b>Ashtami* Until 3:23AM Tue</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 12:04AM Tue							
Then Creative Work - Siddha Yoga							

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				New York City, NY Sun 22 Sutra 324	
<b>Retreat Star</b>		<b>Gulika</b> 12:08PM – 1:34PM	<b>Mrigashira Until 12:55AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:24AM</i>			Vikarin 5121
Vrishabha Rasi: 26.28 Tithi 9	931833467	<b>Yama</b> 9:16AM – 10:42AM	<b>Priti Until 12:57AM Wed</b>	<b>Muruqa:</b> Orange <i>Sunset: 5:51PM</i>			Moon 2 - Phase 44
Creative Work Siddha Yoga		<b>Rahu</b> 3:00PM – 4:26PM	<b>Balava Until 3:36PM</b>	<b>Nataraja:</b> Clear			Navami
			<b>Navami* Until 3:33AM Wed</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>	<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				New York City, NY Sun 23 Sutra 325 Vikarin 5121
	Mithuna Rasi: 9.26	Tithi 10	<b>Gulika</b> 10:41AM – 12:08PM	<b>Ardra Until 12:47AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:23AM	
			Yama 7:49AM – 9:15AM	Ayushman Until 11:18PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 45
	131833467	<b>Rahu</b> 12:08PM – 1:34PM		Taitila Until 3:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:49AM Thu</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 12:47AM Thu				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau				New York City, NY Sun 24 Sutra 326 Vikarin 5121
	Mithuna Rasi: 22.52	Tithi 11	<b>Gulika</b> 9:14AM – 10:41AM	<b>Punarvasu Until 12:05AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:21AM	
			Yama 6:21AM – 7:48AM	Saubhagya Until 8:58PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 45
	141833467	<b>Rahu</b> 1:34PM – 3:01PM		Vanija Until 2:09PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 1:14AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 12:05AM Fri				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				New York City, NY Sun 25 Sutra 327 Vikarin 5121
	Kataka Rasi: 6.48	Tithi 12	<b>Gulika</b> 7:47AM – 9:13AM	<b>Pushya Until 10:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:20AM	
			Yama 3:01PM – 4:28PM	Sobhana Until 6:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 45
	141833467	<b>Rahu</b> 10:40AM – 12:07PM		Bava Until 12:10PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 10:53PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 10:53PM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				New York City, NY Sun 26 Sutra 328 Vikarin 5121
	Kataka Rasi: 21.13	Tithi 13	<b>Gulika</b> 6:18AM – 7:45AM	<b>Ashlesha* Until 8:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:18AM	
			Yama 1:34PM – 3:01PM	Athiganda* Until 2:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 45
	141833467	<b>Rahu</b> 9:13AM – 10:40AM		Kaulava Until 9:29AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 7:54PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:07PM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				New York City, NY Sun 27 Sutra 329 Vikarin 5121
	Simha Rasi: 6.04	Tithi 14 – 15	<b>Gulika</b> 3:02PM – 4:29PM	<b>Magha* Until 5:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM	
			Yama 12:07PM – 1:34PM	Sukarma Until 10:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 45
	151833467	<b>Rahu</b> 4:29PM – 5:57PM		Gara Until 6:15AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 4:27PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 5:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							

	<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				New York City, NY Sutra 330 Vikarin 5121
	Simha Rasi: 21.12	Tithi 15 – 16	<b>Gulika</b> 1:34PM – 3:02PM	<b>Purvaphalguni Until 2:34PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	
	<b>Family Home Evening</b>		Yama 10:39AM – 12:06PM	Dhriti Until 6:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 45
	152833467	<b>Rahu</b> 7:43AM – 9:11AM		Balava Until 10:49PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 12:43PM</b>	Moon – Red		<b>Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Masi</b>			

<b>0</b>	<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				New York City, NY Sutra 331 Vikarin 5121
	Kanya Rasi: 6.29	Tithi 16 – 17	<b>Gulika</b> 12:06PM – 1:34PM	<b>Uttaraphalguni Until 11:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	
			Yama 9:10AM – 10:38AM	Ganda* Until 9:41PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 45
	152833467	<b>Rahu</b> 3:03PM – 4:31PM		Taitila Until 6:59PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 8:53AM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 11:22AM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasla/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

New York City, NY

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

**Gulika** 10:37AM – 12:06PM  
Yama 7:40AM – 9:09AM  
**Rahu** 12:06PM – 1:34PM

**Hasta** Until 8:31AM  
Vriddhi Until 5:31PM  
Vanija Until 3:18PM

**Ganesha:** Clear *Sunrise:* 6:12AM  
**Muruqa:** Orange *Sunset:* 6:00PM  
**Nataraja:** Clear  
Moon – Green

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

Tritiya Until 1:33AM Thu

Phalguna-Masi

Thursday, March 12, 2020

1

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

New York City, NY

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

**Gulika** 9:08AM – 10:37AM  
Yama 6:10AM – 7:39AM  
**Rahu** 1:35PM – 3:03PM

**Svati** Until 3:24AM Fri  
Dhruva Until 1:36PM  
Bava Until 11:57AM  
Chaturthi\* Until 10:25PM

**Ganesha:** Clear *Sunrise:* 6:10AM  
**Muruqa:** Orange *Sunset:* 6:01PM  
**Nataraja:** Clear  
Moon – Green

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

Phalguna-Masi

Friday, March 13, 2020

2

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

New York City, NY

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

**Gulika** 7:38AM – 9:07AM  
Yama 3:04PM – 4:33PM  
**Rahu** 10:36AM – 12:05PM

**Vishakha** Until 1:51AM Sat  
Vyaghata\* Until 10:06AM  
Kaulava Until 9:04AM  
Panchami Until 7:50PM

**Ganesha:** Purple *Sunrise:* 6:08AM  
**Muruqa:** Orange *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – Orange

Sivaloka Day

Creative Work Siddha Yoga

Phalguna-Masi

Saturday, March 14, 2020

3

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

New York City, NY

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

**Gulika** 6:07AM – 7:36AM  
Yama 1:35PM – 3:04PM  
**Rahu** 9:06AM – 10:36AM

**Anuradha** Until 12:52AM Sun  
Harshana Until 7:08AM  
Gara Until 6:49AM  
Shashthi\* Until 5:56PM

**Ganesha:** Purple *Sunrise:* 6:07AM  
**Muruqa:** Orange *Sunset:* 6:03PM  
**Nataraja:** Purple  
Moon – Orange

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

Phalguna-Panguni

Sunday, March 15, 2020

4

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

New York City, NY

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

**Gulika** 3:05PM – 4:34PM  
Yama 12:05PM – 1:35PM  
**Rahu** 4:34PM – 6:04PM

**Jyeshtha\*** Until 12:31AM Mon  
Siddhi Until 2:58AM Mon  
Balava Until 4:33AM Mon  
Saptami Until 4:48PM

**Ganesha:** Clear *Sunrise:* 6:05AM  
**Muruqa:** Orange *Sunset:* 6:04PM  
**Nataraja:** Purple  
Moon – Orange

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

Phalguna-Panguni

Monday, March 16, 2020

●

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

New York City, NY

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

**Gulika** 1:35PM – 3:05PM  
Yama 10:34AM – 12:05PM  
**Rahu** 7:34AM – 9:04AM

**Mula\*** Until 1:13AM Tue  
Vyatipata\* Until 1:50AM Tue  
Taitila Until 4:36AM Tue  
Ashtami\* Until 4:28PM

**Ganesha:** Purple *Sunrise:* 6:04AM  
**Muruqa:** Orange *Sunset:* 6:05PM  
**Nataraja:** Purple  
Moon – Light Blue

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Phalguna-Panguni

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

New York City, NY

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

**Gulika** 12:04PM – 1:35PM  
Yama 9:03AM – 10:34AM  
**Rahu** 3:05PM – 4:36PM

**Purvashadha\*** Until 2:29AM Wed  
Variyan Until 1:14AM Wed  
Vanija Until 5:21AM Wed  
Navami\* Until 4:52PM

**Ganesha:** Purple *Sunrise:* 6:02AM  
**Muruqa:** Orange *Sunset:* 6:06PM  
**Nataraja:** Purple  
Moon – Light Blue

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

Phalguna-Panguni

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	New York City, NY Sun 8 Sutra 339
Dhanus Rasi: 28.29	Tithi 25 – 26	<b>Gulika</b> 10:33AM – 12:04PM	<b>Uttarashadha</b> Until 4:10AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:00AM	Vikarin 5121
		Yama 7:31AM – 9:02AM	Parigha* Until 1:07AM Thu	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:08PM	Moon 3 - Phase 47
	182933468	<b>Rahu</b> 12:04PM – 1:35PM	Bava Until 6:42AM Thu	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue	<b>Devaloka Day</b>
Until 4:10AM Thu				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau	New York City, NY Sun 9 Sutra 340
Makara Rasi: 10.5	Tithi 26	<b>Gulika</b> 9:01AM – 10:32AM	<b>Shravana</b> Until 6:37AM Fri	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 5:59AM – 7:30AM	Shiva Until 1:23AM Fri	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:09PM	Moon 3 - Phase 47
	192933468	<b>Rahu</b> 1:35PM – 3:06PM	Bava Until 6:42AM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple	<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau	New York City, NY Sun 10 Sutra 341
Makara Rasi: 23.01	Tithi 27	<b>Gulika</b> 7:29AM – 9:00AM	<b>Shravana</b> Until 6:37AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:57AM	Vikarin 5121
		Yama 3:06PM – 4:38PM	Siddha Until 1:53AM Sat	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:10PM	Moon 3 - Phase 47
	192933468	<b>Rahu</b> 10:32AM – 12:03PM	Kaulava Until 8:30AM	<b>Nataraja:</b> Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple	<b>Sivaloka Day</b>
Until 6:37AM				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	New York City, NY Sun 11 Sutra 342
Kumbha Rasi: 5.04	Tithi 28	<b>Gulika</b> 5:55AM – 7:27AM	<b>Dhanishtha</b> Until 9:12AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 1:35PM – 3:07PM	Sadhya Until 2:34AM Sun	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:11PM	Moon 3 - Phase 47
	192933468	<b>Rahu</b> 8:59AM – 10:31AM	Gara Until 10:36AM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple	<b>Sivaloka Day</b>
Until 9:12AM				<b>Phalguna-Panguni</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	New York City, NY Sun 12 Sutra 343
Kumbha Rasi: 17.01	Tithi 29	<b>Gulika</b> 3:07PM – 4:39PM	<b>Shatabhishak</b> Until 11:48AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 12:03PM – 1:35PM	Subha Until 3:22AM Mon	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:12PM	Moon 3 - Phase 47
	193933468	<b>Rahu</b> 4:39PM – 6:12PM	Visti* Until 12:53PM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	New York City, NY Sun 13 Sutra 344
Kumbha Rasi: 28.56	Tithi 30	<b>Gulika</b> 1:35PM – 3:08PM	<b>Purvaprosarthapada*</b> Until 2:51PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:52AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:30AM – 12:02PM	Sukla Until 4:12AM Tue	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:13PM	Moon 3 - Phase 47
	113933468	<b>Rahu</b> 7:25AM – 8:57AM	Catuspada Until 3:17PM	<b>Nataraja:</b> Purple	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:28AM Tue	Moon – Clear	<b>Sivaloka Day</b>
Until 2:51PM				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau	New York City, NY Sun 14 Sutra 345
Meena Rasi: 10.49	Tithi 1	<b>Gulika</b> 12:02PM – 1:35PM	<b>Uttaraprosarthapada</b> Until 5:47PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:50AM	Vikarin 5121
		Yama 8:56AM – 10:29AM	Brahma Until 5:04AM Wed	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:14PM	Moon 3 - Phase 47
	113933468	<b>Rahu</b> 3:08PM – 4:41PM	Kintughna Until 5:43PM	<b>Nataraja:</b> Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear	<b>Sivaloka Day</b>
Until 5:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>	
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	New York City, NY Sun 15 Sutra 346
Meena Rasi: 22.42	Tithi 1 – 2	<b>Gulika</b> 10:29AM – 12:02PM	<b>Revati Until 8:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:49AM	Vikarin 5121
		Yama 7:22AM – 8:55AM	Indra Until 5:55AM Thu	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:15PM	Moon 3 - Phase 48
		113933468 <b>Rahu</b> 12:02PM – 1:35PM	Balava Until 8:10PM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 6:55AM</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	
<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	New York City, NY Sun 16 Sutra 347
Mesha Rasi: 4.35	Tithi 2 – 3	<b>Gulika</b> 8:54AM – 10:28AM	<b>Ashvini Until 11:36PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:47AM	Vikarin 5121
		Yama 5:47AM – 7:21AM	Vaidhriti* Until 6:41AM Fri	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 1:35PM – 3:09PM	Taitila Until 10:33PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 9:21AM</b>	Moon – White	<b>Sivaloka Day</b>
Until 11:36PM		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>	
Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	New York City, NY Sun 17 Sutra 348
Mesha Rasi: 16.31	Tithi 3 – 4	<b>Gulika</b> 7:19AM – 8:53AM	<b>Bharani Until 2:19AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:45AM	Vikarin 5121
		Yama 3:09PM – 4:43PM	Vaidhriti* Until 6:41AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:27AM – 12:01PM	Vanija Until 12:47AM Sat	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:40AM</b>	Moon – White	<b>Sivaloka Day</b>
Until 2:19AM Sat				<b>Chaitra•Panguni</b>	
Then Creative Work - Amrita Yoga					
<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	New York City, NY Sun 18 Sutra 349
Mesha Rasi: 28.3	Tithi 4 – 5	<b>Gulika</b> 5:44AM – 7:18AM	<b>Krittika Until 4:37AM Sun</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:44AM	Vikarin 5121
		Yama 1:35PM – 3:09PM	Vishkambha* Until 7:20AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:18PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 8:52AM – 10:27AM	Bava Until 2:44AM Sun	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 1:47PM</b>	Moon – White	<b>Sivaloka Day</b>
Until 4:37AM Sun				<b>Chaitra•Panguni</b>	
Then Creative Work - Siddha Yoga					
<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	New York City, NY Sun 19 Sutra 350
Vrishabha Rasi: 10.37	Tithi 5 – 6	<b>Gulika</b> 3:10PM – 4:44PM	<b>Rohini Until 6:50AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:42AM	Vikarin 5121
		Yama 12:01PM – 1:35PM	Priti Until 7:46AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 4:44PM – 6:19PM	Kaulava Until 4:16AM Mon	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:33PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
Until 6:50AM Mon				<b>Chaitra•Panguni</b>	
Then Creative Work - Amrita Yoga					
<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	New York City, NY Sun 20 Sutra 351
Vrishabha Rasi: 22.53	Tithi 6 – 7	<b>Gulika</b> 1:35PM – 3:10PM	<b>Rohini Until 6:50AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:41AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:25AM – 12:00PM	Ayushman Until 7:50AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:20PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 7:15AM – 8:50AM	Gara Until 5:13AM Tue	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:49PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	
<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	New York City, NY Sun 21 Sutra 352
Mithuna Rasi: 5.26	Tithi 7 – 8	<b>Gulika</b> 12:00PM – 1:35PM	<b>Mrigashira Until 8:17AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 8:49AM – 10:25AM	Saubhagya Until 7:26AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:21PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:11PM – 4:46PM	Visti Until 5:26AM Wed	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:25PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
Until 8:17AM				<b>Chaitra•Panguni</b>	
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	New York City, NY Sun 22 Sutra 353
Mithuna Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 10:25AM – 12:00PM	<b>Ardra Until 8:53AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 7:14AM – 8:49AM	Sobhana Until 6:29AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:21PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 12:00PM – 1:35PM	Balava Until 4:51AM Thu	<b>Nataraja:</b> Purple	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:14PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	
<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	New York City, NY Sun 23 Sutra 354
Kataka Rasi: 1.38	Tithi 9 – 10	<b>Gulika</b> 8:49AM – 10:24AM	<b>Punarvasu Until 8:59AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:37AM	Vikarin 5121
		Yama 5:37AM – 7:13AM	Sukarma Until 2:37AM Fri	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM	Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:35PM – 3:11PM	Taitila Until 3:26AM Fri	<b>Nataraja:</b> Purple	Navami
Creative Work	Amrita Yoga		<b>Navami* Until 4:13PM</b>	Moon – Blue	<b>Sivaloka Day</b>
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b> Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			New York City, NY Sun 24 Sutra 355
Kataka Rasi: 15.25	Tithi 10 – 11	<b>Gulika</b> 7:12AM – 8:48AM	<b>Pushya Until 8:08AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:36AM	Vikarin 5121
		Yama 3:11PM – 4:47PM	Dhriti Until 11:46PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:23AM – 11:59AM	Vanija Until 1:15AM Sat	<b>Nataraja:</b> Purple	4th Phase
			<b>Yogaswami Mahasamadhi</b>	Moon – Blue	<b>Sivaloka Day</b>
			<b>Dashami Until 2:25PM</b>	<b>Chaitra•Panguni</b>	

<b>2</b> Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			New York City, NY Sun 25 Sutra 356
Kataka Rasi: 29.4	Tithi 11 – 12	<b>Gulika</b> 5:34AM – 7:10AM	<b>Ashlesha* Until 6:24AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:34AM	Vikarin 5121
		Yama 1:35PM – 3:12PM	Shula* Until 8:20PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:24PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:47AM – 10:23AM	Bava Until 10:25PM	<b>Nataraja:</b> Purple	4th Phase
Until 6:24AM			<b>Ekadashi Until 11:54AM</b>	Moon – Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Chaitra•Panguni</b>	

<b>3</b> Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			New York City, NY Sun 26 Sutra 357
Simha Rasi: 14.22	Tithi 12 – 13	<b>Gulika</b> 3:12PM – 4:49PM	<b>Purvaphalguni Until 1:38AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:32AM	Vikarin 5121
		Yama 11:59AM – 1:35PM	Ganda* Until 4:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:25PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 <b>Rahu</b> 4:49PM – 6:25PM	Kaulava Until 7:05PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Dvadashi Until 8:47AM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	
				<i>Pradosha Vrata</i>	

<b>4</b> Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			New York City, NY Sun 27 Sutra 358
Simha Rasi: 29.25	Tithi 14	<b>Gulika</b> 1:35PM – 3:12PM	<b>Uttaraphalguni Until 10:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM	Vikarin 5121
Family Home Evening		Yama 10:22AM – 11:59AM	Vridhhi Until 12:21PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:26PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:08AM – 8:45AM	Gara Until 3:23PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Chaturdashi* Until 1:27AM Tue</b>	Moon – Red	<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>○</b> Tuesday, April 7, 2020 <b>Copper Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			New York City, NY Sun 28 Sutra 359
Kanya Rasi: 14.4	Tithi 15	<b>Gulika</b> 11:58AM – 1:35PM	<b>Hasta Until 7:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:29AM	Vikarin 5121
		Yama 8:44AM – 10:21AM	Dhruva Until 8:01AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:13PM – 4:50PM	Visti Until 11:31AM	<b>Nataraja:</b> Purple	Purnima
			<b>Purnima* Until 9:33PM</b>	Moon – Green	<b>Devaloka Day</b>
		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>	
		<b>Hanuman Jayanti</b>			

<b>Wednesday, April 8, 2020</b> <b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau			New York City, NY Sun 29 Sutra 360
Kanya Rasi: 29.58	Tithi 16 – 17	<b>Gulika</b> 10:20AM – 11:58AM	<b>Chitra Until 4:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM	Vikarin 5121
		Yama 7:05AM – 8:43AM	Harshana Until 11:27PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:28PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 11:58AM – 1:36PM	Balava Until 7:39AM	<b>Nataraja:</b> Purple	Prathama
			<b>Prathama* Until 5:45PM</b>	Moon – Green	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

New York City, NY  
Sun 1 Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 15.07 Tithi 17 - 18  
164134468  
Creative Work Amrita Yoga  
Until 1:39PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:42AM - 10:20AM  
Yama 5:26AM - 7:04AM  
Rahu 1:36PM - 3:13PM

**Svati** Until 1:39PM  
Vajra\* Until 7:28PM  
Vanija Until 12:36AM Fri  
Dvitiya Until 2:12PM

**Ganesha:** White *Sunrise:* 5:26AM  
**Muruqa:** Clear *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon - Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

New York City, NY  
Sun 2 Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 30 Tithi 18 - 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:03AM - 8:41AM  
Yama 3:14PM - 4:52PM  
Rahu 10:19AM - 11:57AM

**Vishakha** Until 11:27AM  
Siddhi Until 3:54PM  
Bava Until 9:46PM  
Tritiya Until 11:06AM

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruqa:** Clear *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Vyatipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

New York City, NY  
Sun 3 Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 14.28 Tithi 19 - 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 5:23AM - 7:02AM  
Yama 1:36PM - 3:14PM  
Rahu 8:40AM - 10:19AM

**Anuradha** Until 9:43AM  
Vyatipala\* Until 12:51PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:34AM

**Ganesha:** Yellow *Sunrise:* 5:23AM  
**Muruqa:** Clear *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha/Mula\* Nakshatra Varyian/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

New York City, NY  
Sun 4 Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 28.26 Tithi 20 - 21  
174134468  
Routine Work Marana Yoga  
Until 8:33AM  
Then Creative Work - Amrita Yoga

**Gulika** 3:15PM - 4:54PM  
Yama 11:57AM - 1:36PM  
Rahu 4:54PM - 6:32PM

**Jyeshtha\*** Until 8:33AM  
Varyian Until 10:23AM  
Gara Until 6:12PM  
Panchami Until 6:47AM

**Ganesha:** Yellow *Sunrise:* 5:21AM  
**Muruqa:** Clear *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

New York City, NY  
Sun 5 Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 11.56 Tithi 22  
**Family Home Evening**  
184134468  
Creative Work Siddha Yoga  
Until 8:31AM  
Then Routine Work - Marana Yoga

**Gulika** 1:36PM - 3:15PM  
Yama 10:17AM - 11:57AM  
Rahu 6:59AM - 8:38AM

**Mula\*** Until 8:31AM  
Parigha\* Until 8:36AM  
Visti Until 5:39PM  
Saptami Until 5:41AM Tue

**Ganesha:** Blue *Sunrise:* 5:20AM  
**Muruqa:** Clear *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

**D**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

New York City, NY  
Sun 6 Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 24.59 Tithi 23  
284134468  
Creative Work Siddha Yoga  
Until 9:09AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 11:56AM - 1:36PM  
Yama 8:37AM - 10:17AM  
Rahu 3:15PM - 4:55PM

**Purvashadha\*** Until 9:09AM  
Shiva Until 7:30AM  
Balava Until 5:57PM  
Ashtami\* Until 6:22AM Wed

**Ganesha:** Yellow *Sunrise:* 5:18AM  
**Muruqa:** Clear *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

New York City, NY  
Sun 7 Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 7.37 Tithi 23 - 24  
284134468  
Creative Work Amrita Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:16AM - 11:56AM  
Yama 6:57AM - 8:37AM  
Rahu 11:56AM - 1:36PM

**Uttarashadha** Until 10:24AM  
Siddha Until 7:00AM  
Taitila Until 6:59PM  
Ashtami\* Until 6:22AM

**Ganesha:** Yellow *Sunrise:* 5:17AM  
**Muruqa:** Clear *Sunset:* 6:35PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Chidambaram Abhishekam

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				New York City, NY Sun 8 Sutra 4
	Makara Rasi: 19.58	Tithi 24 – 25	<b>Gulika</b> 8:36AM – 10:16AM	<b>Shravana</b> Until 12:36PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:15AM	Sarvari 5122
			Yama 5:15AM – 6:55AM	Sadhya Until 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 1
	294134468	<b>Rahu</b> 1:36PM – 3:16PM	Vanija Until 8:38PM	Navami* Until 7:44AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra+Chaitra</b>			


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visli/Bava Karana Dashami/Ekadashyam Titau				New York City, NY Sun 9 Sutra 5
	Kumbha Rasi: 2.05	Tithi 25 – 26	<b>Gulika</b> 6:54AM – 8:35AM	<b>Dhanishtha</b> Until 3:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM	Sarvari 5122
			Yama 3:17PM – 4:57PM	Subha Until 7:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 1
	294134468	<b>Rahu</b> 10:15AM – 11:56AM	Bava Until 10:43PM	Dashami Until 9:37AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra+Chaitra</b>			

<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				New York City, NY Sun 10 Sutra 6
	Kumbha Rasi: 14.04	Tithi 26 – 27	<b>Gulika</b> 5:12AM – 6:53AM	<b>Shatabhishak</b> Until 5:46PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:12AM	Sarvari 5122
			Yama 1:36PM – 3:17PM	Sukla Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 1
	295134468	<b>Rahu</b> 8:34AM – 10:15AM	Kaulava Until 1:03AM Sun	Ekadashi* Until 11:51AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Purple		<b>Sivaloka Day</b>	
Until 5:46PM				<b>Chaitra+Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				New York City, NY Sun 11 Sutra 7
	Kumbha Rasi: 25.58	Tithi 27 – 28	<b>Gulika</b> 3:17PM – 4:59PM	<b>Purvaproshtapada*</b> Until 8:53PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM	Sarvari 5122
			Yama 11:55AM – 1:36PM	Brahma Until 9:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 1
	215134468	<b>Rahu</b> 4:59PM – 6:40PM	Gara Until 3:30AM Mon	Dvadashi* Until 2:15PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>	
Until 8:53PM				<b>Chaitra+Chaitra</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				New York City, NY Sun 12 Sutra 8
	Meena Rasi: 7.5	Tithi 28 – 29	<b>Gulika</b> 1:36PM – 3:18PM	<b>Uttaraproshtapada</b> Until 11:51PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:14AM – 11:55AM	Indra Until 10:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 1
	215134468	<b>Rahu</b> 6:51AM – 8:32AM	Vistit Until 5:56AM Tue	Trayodashi* Until 4:42PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra+Chaitra</b>			

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				New York City, NY Sun 13 Sutra 9
	Meena Rasi: 19.42	Tithi 29	<b>Gulika</b> 11:55AM – 1:37PM	<b>Revati</b> Until 2:35AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM	Sarvari 5122
			Yama 8:31AM – 10:13AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 1
	215134468	<b>Rahu</b> 3:18PM – 5:00PM	Sakuni Until 7:06PM	Chaturdashi* Until 7:06PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>	
Until 2:35AM Wed				<b>Chaitra+Chaitra</b>			
Then Routine Work - Marana Yoga							

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				New York City, NY Sun 14 Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 10:13AM – 11:55AM	<b>Ashvini</b> Until 5:31AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:07AM	Sarvari 5122
	Mesha Rasi: 2	Tithi 30	Yama 6:49AM – 8:31AM	Vishkambha* Until 11:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 1
	225134468	<b>Rahu</b> 11:55AM – 1:37PM	Catuspada Until 8:17AM	Amavasya* Until 9:23PM	<b>Nataraja:</b> Purple		Amavasya
Routine Work	Marana Yoga			Moon – White		<b>Sivaloka Day</b>	
Until 5:31AM Thu				<b>Chaitra+Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				New York City, NY Sun 15 Sutra 11
	Mesha Rasi: 13.34	Tithi 1	<b>Gulika</b> 8:30AM – 10:12AM	<b>Bharani</b> Until 8:06AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:05AM	Sarvari 5122
			Yama 5:05AM – 6:47AM	Priti Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 1
	225134468	<b>Rahu</b> 1:37PM – 3:19PM	Kintughna Until 10:29AM	Prathama* Until 11:29PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga			Moon – White		<b>Sivaloka Day</b>	
				<b>Vaisaka+Chaitra</b>			

<b>1</b>	<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				New York City, NY Sun 16	Sutra 12
	Mesha Rasi: 25.35	Tithi 2	<b>Gulika</b> 6:46AM – 8:29AM	<b>Bharani Until 8:06AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM	Sarvari 5122	
			Yama 3:20PM – 5:02PM	Ayushman Until 12:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	225134469 <b>Rahu</b> 10:12AM – 11:54AM	Balava Until 12:28PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Dvitiya Until 1:21AM Sat</b>	Moon – White		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				

<b>2</b>	<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				New York City, NY Sun 17	Sutra 13
	Wrishabha Rasi: 7.44	Tithi 3	<b>Gulika</b> 5:02AM – 6:45AM	<b>Krittika Until 10:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
			Yama 1:37PM – 3:20PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	225134469 <b>Rahu</b> 8:28AM – 10:11AM	Taitila Until 2:11PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Tritiya Until 2:53AM Sun</b>	Moon – White		<b>Devaloka Day</b>		
			<b>Akshaya Tritiya</b>	<b>Vaisaka-Chaitra</b>				

<b>3</b>	<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistli* Karana Chaturthyam Titau				New York City, NY Sun 18	Sutra 14
	Wrishabha Rasi: 20	Tithi 4	<b>Gulika</b> 3:20PM – 5:04PM	<b>Rohini Until 12:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:01AM	Sarvari 5122	
			Yama 11:54AM – 1:37PM	Sobhana Until 1:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	235134469 <b>Rahu</b> 5:04PM – 6:47PM	Vanija Until 3:32PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Chaturthi* Until 4:02AM Mon</b>	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				

<b>4</b>	<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				New York City, NY Sun 19	Sutra 15
	Mithuna Rasi: 2.27	Tithi 5	<b>Gulika</b> 1:37PM – 3:21PM	<b>Mrigashira Until 2:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM	Sarvari 5122	
	<b>Family Home Evening</b>		Yama 10:10AM – 11:54AM	Athiganda* Until 1:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 6:43AM – 8:27AM	Bava Until 4:27PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Panchami Until 4:41AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>		
			<b>Adi Sankara Jayanthi</b>	<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>5</b>	<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				New York City, NY Sun 20	Sutra 16
	Mithuna Rasi: 15.08	Tithi 6	<b>Gulika</b> 11:54AM – 1:37PM	<b>Ardra Until 2:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:58AM	Sarvari 5122	
			Yama 8:26AM – 10:10AM	Sukarma Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2	
	Routine Work	Marana Yoga	236134469 <b>Rahu</b> 3:21PM – 5:05PM	Kaulava Until 4:49PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Shashthi* Until 4:45AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>		
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>6</b>	<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				New York City, NY Sun 21	Sutra 17
	Mithuna Rasi: 28.05	Tithi 7	<b>Gulika</b> 10:09AM – 11:53AM	<b>Punarvasu Until 3:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Sarvari 5122	
			Yama 6:41AM – 8:25AM	Dhriti Until 11:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	246134469 <b>Rahu</b> 11:53AM – 1:38PM	Gara Until 4:34PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Saptami Until 4:11AM Thu</b>	Moon – Blue		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				

<b>D</b>	<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vistli*/Bava Karana Ashtamyam Titau				New York City, NY Sun 22	Sutra 18
	<b>Retreat Star</b>		<b>Gulika</b> 8:25AM – 10:09AM	<b>Pushya Until 3:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Sarvari 5122	
	Kataka Rasi: 11.22	Tithi 8	Yama 4:56AM – 6:40AM	Shula* Until 9:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2	
			246134469 <b>Rahu</b> 1:38PM – 3:22PM	Vistli Until 3:40PM	<b>Nataraja:</b> Clear		Ashtami	
			<b>Ashtami* Until 2:57AM Fri</b>	Moon – Blue		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				

<b>D</b>	<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				New York City, NY Sun 23	Sutra 19
	<b>Retreat Star</b>		<b>Gulika</b> 6:38AM – 8:23AM	<b>Ashlesha* Until 2:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	Sarvari 5122	
	Kataka Rasi: 25.01	Tithi 9	Yama 3:23PM – 5:08PM	Ganda* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2	
			246134469 <b>Rahu</b> 10:08AM – 11:53AM	Balava Until 2:06PM	<b>Nataraja:</b> Clear		Navami	
			<b>Navami* Until 1:04AM Sat</b>	Moon – Blue		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				New York City, NY Sun 24 Sutra 20	
	Simha Rasi: 9.05	Tithi 10	256134469	<b>Gulika</b> 4:52AM – 6:37AM Yama 1:38PM – 3:24PM <b>Rahu</b> 8:23AM – 10:08AM	<b>Magha* Until 1:06PM</b> Dhruva Until 1:34AM Sun Taitila Until 11:55AM <b>Dashami Until 10:36PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 6:54PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 1:06PM Then Creative Work - Siddha Yoga								

<b>2</b>	<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				New York City, NY Sun 25 Sutra 21	
	Simha Rasi: 23.31	Tithi 11	256134469	<b>Gulika</b> 3:24PM – 5:10PM Yama 11:53AM – 1:38PM <b>Rahu</b> 5:10PM – 6:55PM	<b>Purvaphalguni Until 11:08AM</b> Vyaghata* Until 10:00PM Vanija Until 9:11AM <b>Ekadashi Until 7:38PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:55PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 11:08AM Then Creative Work - Amrita Yoga								

<b>3</b>	<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				New York City, NY Sun 26 Sutra 22	
	Kanya Rasi: 8.17	Tithi 12 – 13	256234469	<b>Gulika</b> 1:39PM – 3:24PM Yama 10:07AM – 11:53AM <b>Rahu</b> 6:35AM – 8:21AM	<b>Uttaraphalguni Until 8:36AM</b> Harshana Until 6:10PM Bava Until 6:02AM <b>Dvadashi Until 4:20PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 6:56PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga		<i>Pradosha Vrata</i>						

<b>4</b>	<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				New York City, NY Sun 27 Sutra 23	
	Kanya Rasi: 23.16	Tithi 13 – 14	267234469	<b>Gulika</b> 11:53AM – 1:39PM Yama 8:21AM – 10:07AM <b>Rahu</b> 3:25PM – 5:11PM	<b>Hasta Until 6:05AM</b> Vajra* Until 2:09PM Gara Until 11:02PM <b>Trayodashi Until 12:48PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:48AM <b>Sunset:</b> 6:57PM	Sarvari 5122 Moon 4 - Phase 3 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga								

	<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				New York City, NY Sun 24 Sutra 24	
	Tula Rasi: 8.2	Tithi 14 – 15	267234469	<b>Gulika</b> 10:06AM – 11:53AM Yama 6:34AM – 8:20AM <b>Rahu</b> 11:53AM – 1:39PM	<b>Svati Until 12:28AM Thu</b> Siddhi Until 10:06AM Visti Until 7:29PM <b>Chaturdashi* Until 9:14AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 6:58PM	Sarvari 5122 Moon 4 - Phase 3 Purnima <b>Devaloka Day</b>
Creative Work Siddha Yoga		<b>Budha Purnima (Tamil Nadu)</b>						

<b>5</b>	<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				New York City, NY Sun 25 Sutra 25	
	Tula Rasi: 23.21	Tithi 16	277234469	<b>Gulika</b> 8:19AM – 10:06AM Yama 4:46AM – 6:33AM <b>Rahu</b> 1:39PM – 3:26PM	<b>Vishakha Until 10:08PM</b> Vyatipata* Until 6:09AM Balava Until 4:07PM <b>Prathama* Until 2:33AM Fri</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 6:59PM	Sarvari 5122 Moon 4 - Phase 3 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga								

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda