



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.09      Tithi 17  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:11AM – 6:53AM  
Yama 1:38PM – 3:20PM  
264483468 **Rahu** 8:34AM – 10:15AM

**Svati Until 7:17AM**  
Siddhi Until 7:09PM  
Taitila Until 2:51PM  
**Dvitiya Until 2:01AM Sun**

**Ganesha:** Red      *Sunrise:* 5:11AM  
**Muruqa:** Yellow      *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon – Green

**Sivaloka Day**  
Chaitra•Chaitra

Monroe, NJ  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.03      Tithi 18  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 3:20PM – 5:02PM  
Yama 11:57AM – 1:38PM  
274483468 **Rahu** 5:02PM – 6:44PM

**Vishakha Until 6:28AM**  
Vyatipata\* Until 4:59PM  
Vanija Until 1:23PM  
**Tritiya Until 12:54AM Mon**

**Ganesha:** Blue      *Sunrise:* 5:10AM  
**Muruqa:** Yellow      *Sunset:* 6:44PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Monroe, NJ  
Sun 1  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 16.32      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:38PM – 3:20PM  
Yama 10:14AM – 11:56AM  
274483468 **Rahu** 6:50AM – 8:32AM

**Anuradha Until 6:13AM**  
Variyan Until 3:23PM  
Bava Until 12:39PM  
**Chaturthi\* Until 12:33AM Tue**

**Ganesha:** Blue      *Sunrise:* 5:08AM  
**Muruqa:** Yellow      *Sunset:* 6:45PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Monroe, NJ  
Sun 2  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Tuesday, April 23, 2019**

Vrischika Rasi: 29.35      Tithi 20  
Routine Work      Marana Yoga  
Until 6:35AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:56AM – 1:39PM  
Yama 8:31AM – 10:14AM  
274483468 **Rahu** 3:21PM – 5:03PM

**Jyeshtha\* Until 6:35AM**  
Parigha\* Until 2:27PM  
Kaulava Until 12:43PM  
**Panchami Until 1:02AM Wed**

**Ganesha:** Blue      *Sunrise:* 5:07AM  
**Muruqa:** Yellow      *Sunset:* 6:46PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Monroe, NJ  
Sun 3  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.14      Tithi 21  
Routine Work      Marana Yoga  
Until 8:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:13AM – 11:56AM  
Yama 6:48AM – 8:31AM  
284483468 **Rahu** 11:56AM – 1:39PM

**Mula\* Until 8:04AM**  
Shiva Until 2:09PM  
Gara Until 1:36PM  
**Shashthi\* Until 2:18AM Thu**

**Ganesha:** Yellow      *Sunrise:* 5:05AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**  
Chaitra•Chaitra

Monroe, NJ  
Sun 4  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 24.34      Tithi 22  
Creative Work      Siddha Yoga  
Until 10:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:30AM – 10:13AM  
Yama 5:04AM – 6:47AM  
284483469 **Rahu** 1:39PM – 3:22PM

**Purvashadha\* Until 10:08AM**  
Siddha Until 2:23PM  
Visti Until 3:12PM  
**Saptami Until 4:13AM Fri**

**Ganesha:** Yellow      *Sunrise:* 5:04AM  
**Muruqa:** Yellow      *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

Monroe, NJ  
Sun 5  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 6.38      Tithi 23  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:46AM – 8:29AM  
Yama 3:22PM – 5:06PM  
284583469 **Rahu** 10:12AM – 11:56AM

**Uttarashadha Until 12:35PM**  
Sadhya Until 3:04PM  
Balava Until 5:22PM  
**Ashtami\* Until 6:34AM Sat**

**Ganesha:** Red      *Sunrise:* 5:02AM  
**Muruqa:** Yellow      *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

Monroe, NJ  
Sun 6  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 18.31      Tithi 23 – 24  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:01AM – 6:45AM  
Yama 1:39PM – 3:23PM  
294583469 **Rahu** 8:28AM – 10:12AM

**Shravana Until 3:44PM**  
Subha Until 4:01PM  
Taitila Until 7:51PM  
**Ashtami\* Until 6:34AM**

**Ganesha:** Green      *Sunrise:* 5:01AM  
**Muruqa:** Yellow      *Sunset:* 6:50PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Chaitra•Chaitra  
Devaloka Time: 3:PM to 6:PM

Monroe, NJ  
Sun 7  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Monroe, NJ Sun 8 Sutra 14
Kumbha Rasi: 0.21	Tithi 24 – 25	<b>Gulika</b> 3:23PM – 5:07PM	<b>Dhanishtha</b> Until 6:48PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:00AM	Vikarin 5121
		Yama 11:55AM – 1:39PM	Sukla Until 5:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b> 5:07PM – 6:51PM	Vanija Until 10:24PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 9:06AM	Moon – Purple	<b>Bhuloka Day</b>	
Until 6:48PM				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 9 Sutra 15
Kumbha Rasi: 12.11	Tithi 25 – 26	<b>Gulika</b> 1:39PM – 3:24PM	<b>Shatabhishak</b> Until 9:34PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:58AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:11AM – 11:55AM	Brahma Until 5:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:43AM – 8:27AM	Bava Until 12:46AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 9:34PM			<b>Dashami</b> Until 11:36AM	Moon – Purple	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Monroe, NJ Sun 10 Sutra 16
Kumbha Rasi: 24.06	Tithi 26 – 27	<b>Gulika</b> 11:55AM – 1:40PM	<b>Purvaprossthapada*</b> Until 12:21AM We	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:57AM	Vikarin 5121
		Yama 8:26AM – 10:11AM	Indra Until 6:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 3:24PM – 5:09PM	Kaulava Until 2:47AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 1:49PM	Moon – Clear	<b>Bhuloka Day</b>	
Until 12:21AM Wed				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau				Monroe, NJ Sun 11 Sutra 17
Meena Rasi: 6.1	Tithi 27 – 28	<b>Gulika</b> 10:10AM – 11:55AM	<b>Uttaraprossthapada</b> Until 2:31AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 6:41AM – 8:25AM	Vaidhriti* Until 6:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 11:55AM – 1:40PM	Gara Until 4:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadhshi*</b> Until 3:36PM	Moon – Clear	<b>Bhuloka Day</b>	
				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

*Pradosha Vrata (Fasting)*

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 12 Sutra 18
Meena Rasi: 18.26	Tithi 28 – 29	<b>Gulika</b> 8:25AM – 10:10AM	<b>Revati</b> Until 4:01AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:54AM	Vikarin 5121
		Yama 4:54AM – 6:40AM	Vishkambha* Until 6:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 1:40PM – 3:25PM	Visti Until 5:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 4:52PM	Moon – Clear	<b>Bhuloka Day</b>	
Until 4:01AM Fri				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ Sun 13 Sutra 19
Mesha Rasi: 0.57	Tithi 29 – 30	<b>Gulika</b> 6:39AM – 8:24AM	<b>Ashvini</b> Until 5:18AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121
		Yama 3:25PM – 5:11PM	Priti Until 6:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 10:09AM – 11:55AM	Catuspada Until 5:47AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 5:36PM	Moon – White	<b>Bhuloka Day</b>	
Until 5:18AM Sat				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Monroe, NJ Sun 14 Sutra 20
Mesha Rasi: 13.42	Tithi 30 – 1	<b>Gulika</b> 4:52AM – 6:38AM	<b>Bharani</b> Until 5:55AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121
		Yama 1:40PM – 3:26PM	Ayushman Until 5:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:23AM – 10:09AM	Kintughna Until 5:43AM Sun	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 5:47PM	Moon – White	<b>Bhuloka Day</b>	
				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 15 Sutra 21
Mesha Rasi: 26.42	Tithi 1 – 2	<b>Gulika</b> 3:26PM – 5:12PM	<b>Krittika</b> Until 5:58AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	Vikarin 5121
		Yama 11:55AM – 1:40PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 5:12PM – 6:58PM	Balava Until 5:13AM Mon	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:30PM	Moon – White	<b>Bhuloka Day</b>	
Until 5:58AM Mon				<b>Vaisaka+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Monroe, NJ Sun 16 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:41PM – 3:27PM	<b>Rohini Until 5:56AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:49AM	
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:08AM – 11:54AM	Sobhana Until 2:43PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:36AM – 8:22AM	Taitila Until 4:21AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 4:49PM</b>	Moon – White	<b>Bhuloka Day</b>	
Until 5:56AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Monroe, NJ Sun 17 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:54AM – 1:41PM	<b>Mrigashira Until 5:27AM Wed</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:48AM	
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:21AM – 10:08AM	Athiganda* Until 12:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4
<b>Creative Work</b>	235583469	<b>Rahu</b> 3:27PM – 5:14PM	Vanija Until 3:10AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Siddha Yoga			<b>Tritiya Until 3:46PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Monroe, NJ Sun 18 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:07AM – 11:54AM	<b>Ardra Until 4:35AM Thu</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:47AM	
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:34AM – 8:21AM	Sukarma Until 10:44AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4
<b>Creative Work</b>	235583469	<b>Rahu</b> 11:54AM – 1:41PM	Bava Until 1:43AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Siddha Yoga			<b>Chaturthi* Until 2:27PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 4:35AM Thu				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Monroe, NJ Sun 19 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:20AM – 10:07AM	<b>Punarvasu Until 3:48AM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:46AM	
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 4:46AM – 6:33AM	Dhriti Until 8:28AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4
<b>Creative Work</b>	245583469	<b>Rahu</b> 1:41PM – 3:28PM	Kaulava Until 12:04AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Amrita Yoga			<b>Panchami Until 12:54PM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 3:48AM Fri				<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Monroe, NJ Sun 20 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:32AM – 8:20AM	<b>Pushya Until 2:40AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:45AM	
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:29PM – 5:16PM	Ganda* Until 6:00AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 4
<b>Routine Work</b>	245583469	<b>Rahu</b> 10:07AM – 11:54AM	Gara Until 10:13PM	<b>Nataraja:</b> Clear		3rd Phase
Marana Yoga			<b>Shashthi* Until 11:09AM</b>	Moon – Blue	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Monroe, NJ Sun 21 Sutra 27 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 4:44AM – 6:31AM	<b>Ashlesha* Until 1:14AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:44AM	
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 1:42PM – 3:29PM	Vriddhi Until 12:38AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 4
<b>Routine Work</b>	245583469	<b>Rahu</b> 8:19AM – 10:07AM	Visti Until 8:11PM	<b>Nataraja:</b> Clear		Ashtami
Marana Yoga			<b>Saptami Until 9:12AM</b>	Moon – Blue	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ Sun 22 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:30PM – 5:18PM	<b>Magha* Until 11:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:43AM	
Simha Rasi: 2.43	Tithi 8 – 9	Yama 11:54AM – 1:42PM	Dhruva Until 9:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 4
<b>Routine Work</b>	256583469	<b>Rahu</b> 5:18PM – 7:05PM	Balava Until 6:00PM	<b>Nataraja:</b> Clear		Navami
Marana Yoga			<b>Ashtami* Until 7:05AM</b>	Moon – Red	<b>Bhuloka Day</b>	
Until 11:55PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ Sun 23 Sutra 29 Vikarin 5121
<b>1</b>	Simha Rasi: 16.56 Tithi 10 Family Home Evening Creative Work Siddha Yoga	256583469	<b>Gulika</b> 1:42PM – 3:30PM Yama 10:06AM – 11:54AM <b>Rahu</b> 6:30AM – 8:18AM	<b>Purvaphalguni Until 10:22PM</b> Vyaghata* Until 6:46PM Taitila Until 3:41PM Dashami Until 2:29AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Sunrise: 4:42AM Sunset: 7:06PM Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 30 Vikarin 5121
<b>2</b>	Kanya Rasi: 1.12 Tithi 11 Creative Work Amrita Yoga Until 8:37PM Then Creative Work - Siddha Yoga	256583469	<b>Gulika</b> 11:54AM – 1:42PM Yama 8:17AM – 10:06AM <b>Rahu</b> 3:31PM – 5:19PM	<b>Uttaraphalguni Until 8:37PM</b> Harshana Until 3:45PM Vanija Until 1:19PM Ekadashi Until 12:06AM Wed	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Vaikasi</b>	Sunrise: 4:41AM Sunset: 7:07PM Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau				Monroe, NJ Sun 25 Sutra 31 Vikarin 5121
<b>3</b>	Kanya Rasi: 15.29 Tithi 12 Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga	266583469	<b>Gulika</b> 10:06AM – 11:54AM Yama 6:28AM – 8:17AM <b>Rahu</b> 11:54AM – 1:43PM	<b>Hasta Until 7:11PM</b> Vajra* Until 12:44PM Bava Until 10:56AM Dvodashi Until 9:45PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:40AM Sunset: 7:08PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 32 Vikarin 5121
<b>4</b>	Kanya Rasi: 29.44 Tithi 13 Creative Work Siddha Yoga Until 5:45PM Then Creative Work - Amrita Yoga	266583469	<b>Gulika</b> 8:16AM – 10:05AM Yama 4:39AM – 6:28AM <b>Rahu</b> 1:43PM – 3:32PM	<b>Chitra Until 5:45PM</b> Siddhi Until 9:49AM Kaulava Until 8:39AM Trayodashi Until 7:34PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:39AM Sunset: 7:09PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ Sun 27 Sutra 33 Vikarin 5121
<b>5</b>	Tula Rasi: 13.5 Tithi 14 – 15 Creative Work Siddha Yoga	266583469	<b>Gulika</b> 6:27AM – 8:16AM Yama 3:32PM – 5:21PM <b>Rahu</b> 10:05AM – 11:54AM	<b>Svati Until 4:26PM</b> Vyatipata* Until 7:05AM Gara Until 6:35AM Chaturdashi* Until 5:39PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:38AM Sunset: 7:10PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Monroe, NJ Sun 28 Sutra 34 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b> Tula Rasi: 27.43 Tithi 15 – 16 Creative Work Siddha Yoga	276583469	<b>Gulika</b> 4:37AM – 6:26AM Yama 1:43PM – 3:33PM <b>Rahu</b> 8:16AM – 10:05AM	<b>Vishakha Until 3:48PM</b> Parigha* Until 2:32AM Sun Balava Until 3:36AM Sun Purnima* Until 4:09PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sunrise: 4:37AM Sunset: 7:11PM Moon 4 - Phase 5 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 29 Sutra 35 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b> Vrischika Rasi: 11.2 Tithi 16 – 17 Routine Work Marana Yoga	277583469	<b>Gulika</b> 3:33PM – 5:23PM Yama 11:54AM – 1:44PM <b>Rahu</b> 5:23PM – 7:12PM	<b>Anuradha Until 3:33PM</b> Shiva Until 12:56AM Mon Taitila Until 2:56AM Mon Prathama* Until 3:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sunrise: 4:36AM Sunset: 7:12PM Moon 4 - Phase 5 Prathama <b>Devaloka Day</b>

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 24.36 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika 1:44PM – 3:34PM**  
Yama 10:04AM – 11:54AM  
**Rahu 6:25AM – 8:15AM**  
**Jyeshtha\* Until 3:47PM**  
Siddha Until 11:50PM  
Vanija Until 2:55AM Tue  
**Dvitiya Until 2:49PM**

Monroe, NJ  
Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha: Yellow** Sunrise: 4:35AM  
**Muruqa: Yellow** Sunset: 7:13PM  
**Nataraja: Clear**  
Moon – Orange  
**Devaloka Day**  
**Vaisaka-Vaikasi**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 7.31 Tithi 18 – 19

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika 11:54AM – 1:44PM**  
Yama 8:14AM – 10:04AM  
**Rahu 3:34PM – 5:24PM**  
**Mula\* Until 4:59PM**  
Sadhya Until 11:18PM  
Bava Until 3:37AM Wed  
**Tritiya Until 3:10PM**

Monroe, NJ  
Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha: Red** Sunrise: 4:34AM  
**Muruqa: Yellow** Sunset: 7:14PM  
**Nataraja: Clear**  
Moon – Light Blue  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Creative Work Amrita Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.07 Tithi 19 – 20

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 10:04AM – 11:54AM**  
Yama 6:24AM – 8:14AM  
**Rahu 11:54AM – 1:45PM**  
**Purvashadha\* Until 6:43PM**  
Subha Until 11:19PM  
Kaulava Until 4:59AM Thu  
**Chaturthi\* Until 4:12PM**

Monroe, NJ  
Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha: Red** Sunrise: 4:34AM  
**Muruqa: Yellow** Sunset: 7:15PM  
**Nataraja: Clear**  
Moon – Light Blue  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Creative Work Amrita Yoga

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.24 Tithi 20 – 21

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 8:14AM – 10:04AM**  
Yama 4:33AM – 6:23AM  
**Rahu 1:45PM – 3:35PM**  
**Uttarashadha Until 8:52PM**  
Sukla Until 11:45PM  
Gara Until 6:54AM Fri  
**Panchami Until 5:51PM**

Monroe, NJ  
Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha: Red** Sunrise: 4:33AM  
**Muruqa: Yellow** Sunset: 7:16PM  
**Nataraja: Clear**  
Moon – Light Blue  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Routine Work Marana Yoga  
Until 8:52PM  
Then Creative Work - Siddha Yoga

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.29 Tithi 21

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika 6:23AM – 8:13AM**  
Yama 3:36PM – 5:26PM  
**Rahu 10:04AM – 11:55AM**  
**Shravana Until 11:47PM**  
Brahma Until 12:31AM Sat  
Gara Until 6:54AM  
**Shashthi\* Until 7:59PM**

Monroe, NJ  
Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha: Green** Sunrise: 4:32AM  
**Muruqa: Yellow** Sunset: 7:17PM  
**Nataraja: Clear**  
Moon – Purple  
**Devaloka Day**  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.24 Tithi 22

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika 4:31AM – 6:22AM**  
Yama 1:45PM – 3:36PM  
**Rahu 8:13AM – 10:04AM**  
**Dhanishtha Until 2:44AM Sun**  
Indra Until 1:29AM Sun  
Visti Until 9:11AM  
**Saptami Until 10:22PM**

Monroe, NJ  
Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha: Red** Sunrise: 4:31AM  
**Muruqa: Yellow** Sunset: 7:18PM  
**Nataraja: Clear**  
Moon – Purple  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Creative Work Siddha Yoga

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.16 Tithi 23

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika 3:37PM – 5:28PM**  
Yama 11:55AM – 1:46PM  
**Rahu 5:28PM – 7:19PM**  
**Shatabhishak Until 5:32AM Mon**  
Vaidhriti\* Until 2:25AM Mon  
Balava Until 11:37AM  
**Ashtami\* Until 12:47AM Mon**

Monroe, NJ  
Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Ganesha: Blue** Sunrise: 4:31AM  
**Muruqa: Yellow** Sunset: 7:19PM  
**Nataraja: Clear**  
Moon – Purple  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Creative Work Siddha Yoga  
Until 5:32AM Mon  
Then Routine Work - Marana Yoga

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.08 Tithi 24

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika 1:46PM – 3:37PM**  
Yama 10:04AM – 11:55AM  
**Rahu 6:21AM – 8:12AM**  
**Purvaproshtapada\* Until 8:26AM Tue**  
Vishkambha\* Until 3:12AM Tue  
Taitila Until 1:57PM  
**Navami\* Until 3:00AM Tue**

Monroe, NJ  
Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Ganesha: Purple** Sunrise: 4:30AM  
**Muruqa: Yellow** Sunset: 7:19PM  
**Nataraja: Clear**  
Moon – Clear  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Routine Work Marana Yoga  
Until 8:26AM Tue  
Then Creative Work - Amrita Yoga


<b>1</b>		<b>Tuesday, May 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Monroe, NJ
Meena Rasi: 2.06	Tithi 25	<b>Gulika</b>	<b>11:55AM – 1:46PM</b>	<b>Purvaproshtapada* Until 8:26AM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 4:30AM</i>	Sun 9	Sutra 44
		Yama	8:12AM – 10:04AM	Priti Until 3:43AM Wed	<b>Muruqa: Yellow</b>	<i>Sunset: 7:20PM</i>		Vikarin 5121
		318683469 <b>Rahu</b>	<b>3:38PM – 5:29PM</b>	Vanija Until 4:00PM	<b>Nataraja: Clear</b>			Moon 5 - Phase 7
Routine Work	Marana Yoga			<b>Dashami Until 4:50AM Wed</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	2nd Phase
Until 8:26AM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Monroe, NJ
Meena Rasi: 14.14	Tithi 26	<b>Gulika</b>	<b>10:04AM – 11:55AM</b>	<b>Uttaraproshtapada Until 10:45AM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 4:29AM</i>	Sun 10	Sutra 45
		Yama	6:21AM – 8:12AM	Ayushman Until 3:47AM Thu	<b>Muruqa: Yellow</b>	<i>Sunset: 7:21PM</i>		Vikarin 5121
		318683469 <b>Rahu</b>	<b>11:55AM – 1:47PM</b>	Bava Until 5:34PM	<b>Nataraja: Clear</b>			Moon 5 - Phase 7
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM Thu</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	2nd Phase
Until 10:45AM					<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ
Meena Rasi: 26.35	Tithi 26 – 27	<b>Gulika</b>	<b>8:12AM – 10:03AM</b>	<b>Revati Until 12:22PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 4:28AM</i>	Sun 11	Sutra 46
		Yama	4:28AM – 6:20AM	Saubhagya Until 3:23AM Fri	<b>Muruqa: Yellow</b>	<i>Sunset: 7:22PM</i>		Vikarin 5121
		318683469 <b>Rahu</b>	<b>1:47PM – 3:39PM</b>	Kaulava Until 6:33PM	<b>Nataraja: Clear</b>			Moon 5 - Phase 7
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	2nd Phase
Until 12:22PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
Mesha Rasi: 9.13	Tithi 27 – 28	<b>Gulika</b>	<b>6:20AM – 8:12AM</b>	<b>Ashvini Until 1:42PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 4:28AM</i>	Sun 12	Sutra 47
		Yama	3:39PM – 5:31PM	Sobhana Until 2:30AM Sat	<b>Muruqa: Yellow</b>	<i>Sunset: 7:23PM</i>		Vikarin 5121
		328683469 <b>Rahu</b>	<b>10:03AM – 11:55AM</b>	Gara Until 6:54PM	<b>Nataraja: Clear</b>			Moon 5 - Phase 7
Creative Work	Amrita Yoga			<b>Dvadashi* Until 6:47AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	2nd Phase
Until 1:42PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ
Mesha Rasi: 22.08	Tithi 28 – 29	<b>Gulika</b>	<b>4:28AM – 6:19AM</b>	<b>Bharani Until 2:14PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:28AM</i>	Sun 13	Sutra 48
		Yama	1:47PM – 3:39PM	Athiganda* Until 1:05AM Sun	<b>Muruqa: Yellow</b>	<i>Sunset: 7:23PM</i>		Vikarin 5121
		329683469 <b>Rahu</b>	<b>8:11AM – 10:03AM</b>	Visti Until 6:37PM	<b>Nataraja: Clear</b>			Moon 5 - Phase 7
Creative Work	Siddha Yoga			<b>Trayodashi* Until 6:49AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	2nd Phase
Until 2:14PM					<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga								

		<b>Sunday, June 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:40PM – 5:32PM</b>	<b>Krittika Until 2:02PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:27AM</i>	Sun 14	Sutra 49
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	11:56AM – 1:48PM	Sukarma Until 11:14PM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:24PM</i>		Vikarin 5121
		329683469 <b>Rahu</b>	<b>5:32PM – 7:24PM</b>	Naga Until 5:05AM Mon	<b>Nataraja: Clear</b>			Moon 5 - Phase 7
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:14AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	Amavasya
					<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Monday, June 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ		
<b>Retreat Star</b>		<b>Gulika</b>	<b>1:48PM – 3:40PM</b>	<b>Rohini Until 1:37PM</b>	<b>Ganesha: Green</b>	<i>Sunrise: 4:27AM</i>	Sun 15	Sutra 50
Vrishabha Rasi: 18.58	Tithi 1	Yama	10:03AM – 11:56AM	Dhriti Until 9:01PM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:25PM</i>		Vikarin 5121
<b>Family Home Evening</b>		339683469 <b>Rahu</b>	<b>6:19AM – 8:11AM</b>	Kintughna Until 4:22PM	<b>Nataraja: Clear</b>			Moon 5 - Phase 7
Creative Work	Amrita Yoga			<b>Prathama* Until 3:30AM Tue</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>	Prathama
					<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Monroe, NJ Sun 16 Sutra 51 Vikarin 5121	
Mithuna Rasi: 2.47	Tithi 2	<b>Gulika</b> Yama	<b>11:56AM – 1:48PM</b> 8:11AM – 10:04AM	<b>Mrigashira Until 12:39PM</b> Shula* Until 6:28PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:26PM</b>	Moon 5 - Phase 8 3rd Phase
Creative Work	Siddha Yoga	339683461 <b>Rahu</b>	<b>3:41PM – 5:33PM</b>	Balava Until 2:35PM <b>Dvitiya Until 1:34AM Wed</b>	<b>Nataraja: Clear</b> Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 12:39PM							
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		Monroe, NJ Sun 17 Sutra 52 Vikarin 5121	
Mithuna Rasi: 16.49	Tithi 3	<b>Gulika</b> Yama	<b>10:04AM – 11:56AM</b> 6:18AM – 8:11AM	<b>Ardra Until 11:14AM</b> Ganda* Until 3:42PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:26PM</b>	Moon 5 - Phase 8 3rd Phase
Creative Work	Siddha Yoga	339683461 <b>Rahu</b>	<b>11:56AM – 1:49PM</b>	Taitila Until 12:31PM <b>Tritiya Until 11:23PM</b>	<b>Nataraja: Yellow</b> Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau		Monroe, NJ Sun 18 Sutra 53 Vikarin 5121	
Kataka Rasi: 1	Tithi 4	<b>Gulika</b> Yama	<b>8:11AM – 10:04AM</b> 4:26AM – 6:18AM	<b>Punarvasu Until 9:55AM</b> Vridhhi Until 12:48PM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:27PM</b>	Moon 5 - Phase 8 3rd Phase
Creative Work	Amrita Yoga	349683461 <b>Rahu</b>	<b>1:49PM – 3:42PM</b>	Vanija Until 10:15AM <b>Chaturthi* Until 9:04PM</b>	<b>Nataraja: Yellow</b> Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Monroe, NJ Sun 19 Sutra 54 Vikarin 5121	
Kataka Rasi: 15.15	Tithi 5	<b>Gulika</b> Yama	<b>6:18AM – 8:11AM</b> 3:42PM – 5:35PM	<b>Pushya Until 8:21AM</b> Dhruva Until 9:49AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:25AM</b> <b>Sunset: 7:27PM</b>	Moon 5 - Phase 8 3rd Phase
Routine Work	Marana Yoga	349683461 <b>Rahu</b>	<b>10:04AM – 11:56AM</b>	Bava Until 7:54AM <b>Panchami Until 6:42PM</b>	<b>Nataraja: Yellow</b> Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Monroe, NJ Sun 20 Sutra 55 Vikarin 5121	
Kataka Rasi: 29.32	Tithi 6 – 7	<b>Gulika</b> Yama	<b>4:25AM – 6:18AM</b> 1:49PM – 3:42PM	<b>Ashlesha* Until 6:38AM</b> Vyaghata* Until 6:50AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:25AM</b> <b>Sunset: 7:28PM</b>	Moon 5 - Phase 8 3rd Phase
Routine Work	Marana Yoga	349683461 <b>Rahu</b>	<b>8:11AM – 10:04AM</b>	Gara Until 3:12AM Sun <b>Shashthi* Until 4:20PM</b>	<b>Nataraja: Yellow</b> Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 6:38AM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Monroe, NJ Sun 21 Sutra 56 Vikarin 5121	
Simha Rasi: 13.46	Tithi 7 – 8	<b>Gulika</b> Yama	<b>3:43PM – 5:36PM</b> 11:57AM – 1:50PM	<b>Purvaphalguni Until 3:48AM Mon</b> Vajra* Until 1:00AM Mon	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:25AM</b> <b>Sunset: 7:29PM</b>	Moon 5 - Phase 8 Ashtami
Creative Work	Siddha Yoga	351683461 <b>Rahu</b>	<b>5:36PM – 7:29PM</b>	Visti Until 12:58AM Mon <b>Saptami Until 2:03PM</b>	<b>Nataraja: Yellow</b> Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi	

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Monroe, NJ Sun 22 Sutra 57 Vikarin 5121	
Simha Rasi: 27.57	Tithi 8 – 9	<b>Gulika</b> Yama	<b>1:50PM – 3:43PM</b> 10:04AM – 11:57AM	<b>Uttaraphalguni Until 2:21AM Tue</b> Siddhi Until 10:14PM	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:25AM</b> <b>Sunset: 7:29PM</b>	Moon 5 - Phase 8 Navami
<b>Family Home Evening</b>		351683461 <b>Rahu</b>	<b>6:18AM – 8:11AM</b>	Balava Until 10:51PM <b>Ashtami* Until 11:52AM</b>	<b>Nataraja: Yellow</b> Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi	
Creative Work	Siddha Yoga						

<b>1</b>	<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ Sun 23
	Kanya Rasi: 12.02	Tithi 9 – 10	<b>Gulika</b> 11:57AM – 1:50PM	<b>Hasta</b> <b>Until 1:21AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
			Yama 8:11AM – 10:04AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 3:43PM – 5:37PM		Taitila Until 8:53PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:49AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 24
	Kanya Rasi: 26.01	Tithi 10 – 11	<b>Gulika</b> 10:04AM – 11:57AM	<b>Chitra</b> <b>Until 12:25AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
			Yama 6:18AM – 8:11AM	Variyan Until 5:07PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 11:57AM – 1:51PM		Vanija Until 7:08PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 7:58AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 12:25AM Thu				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 25
	Tula Rasi: 9.52	Tithi 11 – 12	<b>Gulika</b> 8:11AM – 10:04AM	<b>Svati</b> <b>Until 11:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:24AM	Vikarin 5121
			Yama 4:24AM – 6:18AM	Parigha* Until 2:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 1:51PM – 3:44PM		Balava Until 5:00AM Fri	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> <b>Until 6:20AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 11:37PM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ Sun 26
	Tula Rasi: 23.31	Tithi 13	<b>Gulika</b> 6:18AM – 8:11AM	<b>Vishakha</b> <b>Until 11:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:24AM	Vikarin 5121
			Yama 3:44PM – 5:38PM	Shiva Until 12:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 9
	371693461	<b>Rahu</b> 10:04AM – 11:58AM		Kaulava Until 4:29PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 4:01AM Sat</b>	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ Sun 27
	Vrischika Rasi: 6.58	Tithi 14	<b>Gulika</b> 4:24AM – 6:18AM	<b>Anuradha</b> <b>Until 11:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:24AM	Vikarin 5121
			Yama 1:51PM – 3:45PM	Siddha Until 11:09AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 8:11AM – 10:05AM		Gara Until 3:43PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:29AM Sun</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>○</b>	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:45PM – 5:38PM	<b>Jyeshtha* Until 11:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	Vrischika Rasi: 20.11	Tithi 15	Yama 11:58AM – 1:52PM	Sadhya Until 9:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 5:38PM – 7:32PM		Visti Until 3:25PM	<b>Nataraja:</b> Yellow		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 3:27AM Mon</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 11:59PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>○</b>	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:52PM – 3:45PM	<b>Mula* Until 1:16AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:05AM – 11:58AM	Subha Until 8:55AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 9
	381793461	<b>Rahu</b> 6:18AM – 8:11AM		Balava Until 3:39PM	<b>Nataraja:</b> Yellow		Prathama
<b>Family Home Evening</b>	Siddha Yoga		<b>Prathama* Until 3:58AM Tue</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Creative Work				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Monroe, NJ  
Sutra 65  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Dhanus Rasi: 15.48 Tithi 17  
381793461  
Creative Work Siddha Yoga  
Until 2:57AM Wed  
Then Creative Work - Amrita Yoga

**Gulika** 11:59AM – 1:52PM  
Yama 8:12AM – 10:05AM  
**Rahu** 3:46PM – 5:39PM

**Purvashadha\* Until 2:57AM Wed**  
Sukla Until 8:26AM  
Tailila Until 4:28PM  
**Dvitiya Until 5:03AM Wed**

**Ganesha:** Clear *Sunrise: 4:25AM*  
**Muruqa:** Blue *Sunset: 7:33PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Monroe, NJ  
Sun 1  
Sutra 66  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Dhanus Rasi: 28.13 Tithi 18  
382793461  
Creative Work Amrita Yoga  
Until 4:59AM Thu  
Then Creative Work - Siddha Yoga

**Gulika** 10:05AM – 11:59AM  
Yama 6:18AM – 8:12AM  
**Rahu** 11:59AM – 1:52PM

**Uttarashadha Until 4:59AM Thu**  
Brahma Until 8:24AM  
Vanija Until 5:49PM  
**Tritiya Until 6:40AM Thu**

**Ganesha:** Purple *Sunrise: 4:25AM*  
**Muruqa:** Blue *Sunset: 7:33PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ  
Sun 2  
Sutra 67  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Makara Rasi: 10.25 Tithi 18 – 19  
392793461  
Creative Work Siddha Yoga

**Gulika** 8:12AM – 10:06AM  
Yama 4:25AM – 6:18AM  
**Rahu** 1:53PM – 3:46PM

**Shravana Until 7:46AM Fri**  
Indra Until 8:47AM  
Bava Until 7:40PM  
**Tritiya Until 6:40AM**

**Ganesha:** Clear *Sunrise: 4:25AM*  
**Muruqa:** Blue *Sunset: 7:33PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ  
Sun 3  
Sutra 68  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Makara Rasi: 22.26 Tithi 19 – 20  
392793461  
Routine Work Marana Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

**Gulika** 6:19AM – 8:12AM  
Yama 3:46PM – 5:40PM  
**Rahu** 10:06AM – 11:59AM

**Shravana Until 7:46AM**  
Vaidhriti\* Until 9:27AM  
Kaulava Until 9:51PM  
**Chaturthi\* Until 8:42AM**

**Ganesha:** Clear *Sunrise: 4:25AM*  
**Muruqa:** Blue *Sunset: 7:33PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ  
Sun 4  
Sutra 69  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 4.22 Tithi 20 – 21  
392793461  
Creative Work Siddha Yoga  
Until 10:39AM  
Then Creative Work - Amrita Yoga

**Gulika** 4:25AM – 6:19AM  
Yama 1:53PM – 3:46PM  
**Rahu** 8:12AM – 10:06AM

**Dhanishtha Until 10:39AM**  
Vishkambha\* Until 10:21AM  
Gara Until 12:13AM Sun  
**Panchami Until 11:00AM**

**Ganesha:** Clear *Sunrise: 4:25AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Monroe, NJ  
Sun 5  
Sutra 70  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 16.13 Tithi 21 – 22  
392793461  
Creative Work Siddha Yoga

**Gulika** 3:47PM – 5:40PM  
Yama 12:00PM – 1:53PM  
**Rahu** 5:40PM – 7:34PM

**Shatabhishak Until 1:27PM**  
Priti Until 11:20AM  
Visti Until 2:35AM Mon  
**Shashthi\* Until 1:24PM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ  
Sun 6  
Sutra 71  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 28.07 Tithi 22 – 23  
**Family Home Evening**  
312793461  
Routine Work Marana Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Gulika** 1:53PM – 3:47PM  
Yama 10:06AM – 12:00PM  
**Rahu** 6:19AM – 8:13AM

**Purvaprosarthapada\* Until 4:29PM**  
Ayushman Until 12:12PM  
Balava Until 4:45AM Tue  
**Saptami Until 3:41PM**

**Ganesha:** Yellow *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

**D**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Monroe, NJ  
Sun 7  
Sutra 72  
Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Meena Rasi: 10.05 Tithi 23 – 24  
312793461  
Creative Work Amrita Yoga  
Until 7:03PM  
Then Creative Work - Siddha Yoga

**Gulika** 12:00PM – 1:54PM  
Yama 8:13AM – 10:07AM  
**Rahu** 3:47PM – 5:40PM

**Uttaraprosarthapada Until 7:03PM**  
Saubhagya Until 12:53PM  
Tailila Until 6:31AM Wed  
**Ashtami\* Until 5:40PM**

**Ganesha:** Yellow *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Tailila/Gara Karana Navamyam Titau

Monroe, NJ  
Sun 8  
Sutra 73  
Vikarin 5121  
Moon 6 - Phase 10  
Navami

Meena Rasi: 22.13 Tithi 24  
312793461  
Routine Work Marana Yoga

**Gulika** 10:07AM – 12:00PM  
Yama 6:20AM – 8:13AM  
**Rahu** 12:00PM – 1:54PM

**Revati Until 8:59PM**  
Sobhana Until 1:14PM  
Tailila Until 6:31AM  
**Navami\* Until 7:10PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Monroe, NJ Sun 9 Sutra 74 Vikarin 5121
Mesha Rasi: 4.35	Tithi 25	<b>Gulika</b> 8:14AM – 10:07AM	<b>Ashvini</b> Until 10:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:27AM			
		Yama 4:27AM – 6:20AM	Athiganda* Until 1:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 1:54PM – 3:47PM	Vanija Until 7:43AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:04PM	Moon – White		<b>Devaloka Day</b>		
Until 10:38PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Monroe, NJ Sun 10 Sutra 75 Vikarin 5121
Mesha Rasi: 17.14	Tithi 26	<b>Gulika</b> 6:21AM – 8:14AM	<b>Bharani</b> Until 11:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:27AM			
		Yama 3:47PM – 5:41PM	Sukarma Until 12:27PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 10:07AM – 12:01PM	Bava Until 8:16AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:15PM	Moon – White		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Monroe, NJ Sun 11 Sutra 76 Vikarin 5121
Vrishabha Rasi: 0.15	Tithi 27	<b>Gulika</b> 4:28AM – 6:21AM	<b>Krittika</b> Until 11:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM			
		Yama 1:54PM – 3:47PM	Dhriti Until 11:14AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 8:14AM – 10:08AM	Kaulava Until 8:06AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 7:43PM	Moon – White		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Monroe, NJ Sun 12 Sutra 77 Vikarin 5121
Vrishabha Rasi: 13.38	Tithi 28	<b>Gulika</b> 3:47PM – 5:41PM	<b>Rohini</b> Until 10:56PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM			
		Yama 12:01PM – 1:54PM	Shula* Until 9:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 5:41PM – 7:34PM	Gara Until 7:12AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:29PM	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				
				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ Sun 13 Sutra 78 Vikarin 5121
Vrishabha Rasi: 27.25	Tithi 29 – 30	<b>Gulika</b> 1:54PM – 3:48PM	<b>Mrigashira</b> Until 9:46PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM			
<b>Family Home Evening</b>		Yama 10:08AM – 12:01PM	Ganda* Until 7:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM		Moon 6 - Phase 11	
	322793461	<b>Rahu</b> 6:22AM – 8:15AM	Catuspada Until 3:33AM Tue	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:39PM	Moon – Yellow		<b>Devaloka Day</b>		
Until 9:46PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Monroe, NJ Sun 14 Sutra 79 Vikarin 5121
Mithuna Rasi: 11.32	Tithi 30 – 1	<b>Gulika</b> 12:01PM – 1:54PM	<b>Ardra</b> Until 7:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:29AM			
		Yama 8:15AM – 10:08AM	Dhruva Until 1:12AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM		Moon 6 - Phase 11	
	333793461	<b>Rahu</b> 3:48PM – 5:41PM	Kintughna Until 1:00AM Wed	<b>Nataraja:</b> Yellow			Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 2:18PM	Moon – Yellow		<b>Sivaloka Day</b>		
Until 7:59PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								
		<b>Total Solar Eclipse</b>						

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 15 Sutra 80 Vikarin 5121
Mithuna Rasi: 25.57	Tithi 1 – 2	<b>Gulika</b> 10:09AM – 12:02PM	<b>Punarvasu</b> Until 6:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:30AM			
		Yama 6:23AM – 8:16AM	Vyaghata* Until 9:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM		Moon 6 - Phase 11	
	343793461	<b>Rahu</b> 12:02PM – 1:55PM	Balava Until 10:10PM	<b>Nataraja:</b> Yellow			Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:36AM	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada-Ani</b>				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Monroe, NJ Sun 16 Sutra 81 Vikarin 5121
Kataka Rasi: 10.34	Tithi 2 – 3	<b>Gulika</b> 8:16AM – 10:09AM	<b>Pushya</b> Until 3:58PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:30AM			
		Yama 4:30AM – 6:23AM	Harshana Until 6:19PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM		Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 1:55PM – 3:48PM	Taitila Until 7:10PM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 8:39AM	Moon – Blue		<b>Sivaloka Day</b>		
Until 3:58PM				<b>Ashada*Ani</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau				Monroe, NJ Sun 17 Sutra 82 Vikarin 5121
Kataka Rasi: 25.14	Tithi 4	<b>Gulika</b> 6:24AM – 8:16AM	<b>Ashlesha*</b> Until 1:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:31AM			
		Yama 3:47PM – 5:40PM	Vajra* Until 2:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM		Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:09AM – 12:02PM	Vanija Until 4:08PM	<b>Nataraja:</b> Yellow			3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 2:37AM Sat	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ Sun 18 Sutra 83 Vikarin 5121
Simha Rasi: 9.54	Tithi 5	<b>Gulika</b> 4:31AM – 6:24AM	<b>Magha*</b> Until 11:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:31AM			
		Yama 1:55PM – 3:47PM	Siddhi Until 11:17AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM		Moon 6 - Phase 12	
		353793461 <b>Rahu</b> 8:17AM – 10:09AM	Bava Until 1:11PM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> Until 11:46PM	Moon – Red		<b>Subha Sivaloka Day</b>		
Until 11:37AM				<b>Ashada*Ani</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ Sun 19 Sutra 84 Vikarin 5121
Simha Rasi: 24.27	Tithi 6	<b>Gulika</b> 3:47PM – 5:40PM	<b>Purvaphalguni</b> Until 9:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:32AM			
		Yama 12:02PM – 1:55PM	Vyatipata* Until 7:59AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM		Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 5:40PM – 7:32PM	Kaulava Until 10:27AM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:10PM	Moon – Red		<b>Sivaloka Day</b>		
Until 9:40AM				<b>Ashada*Ani</b>				
Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>						

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ Sun 20 Sutra 85 Vikarin 5121
Kanya Rasi: 8.47	Tithi 7	<b>Gulika</b> 1:55PM – 3:47PM	<b>Uttaraphalguni</b> Until 7:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:33AM			
<b>Family Home Evening</b>		Yama 10:10AM – 12:02PM	Parigha* Until 2:06AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM		Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 6:25AM – 8:18AM	Gara Until 8:00AM	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:53PM	Moon – Red		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ Sun 21 Sutra 86 Vikarin 5121
Kanya Rasi: 22.54	Tithi 8 – 9	<b>Gulika</b> 12:03PM – 1:55PM	<b>Hasta</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:33AM			
		Yama 8:18AM – 10:10AM	Shiva Until 11:39PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM		Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 3:47PM – 5:39PM	Balava Until 4:14AM Wed	<b>Nataraja:</b> Yellow			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:00PM	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ Sun 22 Sutra 87 Vikarin 5121
Tula Rasi: 6.45	Tithi 9 – 10	<b>Gulika</b> 10:11AM – 12:03PM	<b>Svati</b> Until 5:15AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM			
		Yama 6:26AM – 8:18AM	Siddha Until 9:32PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 12	
		463893461 <b>Rahu</b> 12:03PM – 1:55PM	Taitila Until 3:00AM Thu	<b>Nataraja:</b> Yellow			Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:32PM	Moon – Green		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>		<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Monroe, NJ Sun 23 Sutra 88
Tula Rasi: 20.19	Tithi 10 – 11	<b>Gulika</b> 8:19AM – 10:11AM	<b>Vishakha</b> Until 5:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:35AM	Vikarin 5121	
		Yama 4:35AM – 6:27AM	Sadhya Until 7:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 13	
473893461	<b>Rahu</b> 1:55PM – 3:47PM		Vanija Until 2:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:32PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>2</b>		<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Monroe, NJ Sun 24 Sutra 89
Virschika Rasi: 3.38	Tithi 11 – 12	<b>Gulika</b> 6:27AM – 8:19AM	<b>Anuradha</b> Until 5:54AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM	Vikarin 5121	
		Yama 3:47PM – 5:38PM	Subha Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13	
473893461	<b>Rahu</b> 10:11AM – 12:03PM		Bava Until 1:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 2:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>		<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Monroe, NJ Sun 25 Sutra 90
Virschika Rasi: 16.42	Tithi 12 – 13	<b>Gulika</b> 4:36AM – 6:28AM	<b>Jyeshtha*</b> Until 6:43AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM	Vikarin 5121	
		Yama 1:55PM – 3:46PM	Sukla Until 5:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13	
473893461	<b>Rahu</b> 8:20AM – 10:11AM		Kaulava Until 2:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 1:56PM	Moon – Orange		<b>Devaloka Day</b>	
Until 6:43AM Sun				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Trayodashi/Chaturdashyam Titau			Monroe, NJ Sun 26 Sutra 91
Virschika Rasi: 29.32	Tithi 13 – 14	<b>Gulika</b> 3:46PM – 5:38PM	<b>Jyeshtha*</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:37AM	Vikarin 5121	
		Yama 12:03PM – 1:55PM	Brahma Until 4:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13	
473893461	<b>Rahu</b> 5:38PM – 7:29PM		Gara Until 2:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:22PM	Moon – Orange		<b>Devaloka Day</b>	
Until 6:43AM				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Monroe, NJ Sun 27 Sutra 92
Dhanus Rasi: 12.08	Tithi 14 – 15	<b>Gulika</b> 1:55PM – 3:46PM	<b>Mula*</b> Until 8:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:12AM – 12:03PM	Indra Until 4:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13	
483893461	<b>Rahu</b> 6:29AM – 8:21AM		Visti Until 3:54AM Tue	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 8:18AM				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga							

		<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Monroe, NJ Sun 28 Sutra 93
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:03PM – 1:55PM	<b>Purvashadha*</b> Until 10:10AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM	Vikarin 5121	
Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:21AM – 10:12AM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13	
483893461	<b>Rahu</b> 3:46PM – 5:37PM		Balava Until 5:28AM Wed	<b>Nataraja:</b> Yellow		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:37PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 10:10AM				<b>Ashada*Adi</b>			
Then Routine Work - Prabalarishta Yoga		<b>Partial Lunar Eclipse</b> <b>Satguru Purnima</b>					

<b>Wednesday, July 17, 2019</b>		<b>Silver Retreat Star</b>			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau			Monroe, NJ Sun 29 Sutra 94
Makara Rasi: 6.44	Tithi 16	<b>Gulika</b> 10:12AM – 12:03PM	<b>Uttarashadha</b> Until 12:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM	Vikarin 5121		
		Yama 6:30AM – 8:21AM	Vishkambha* Until 5:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13		
484893462	<b>Rahu</b> 12:03PM – 1:54PM		Kaulava Until 6:23PM	<b>Nataraja:</b> White		Prathama		
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 6:23PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>		
Until 12:18PM				<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga								



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 18.47    Tithi 17  
494893462  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika**    8:22AM – 10:13AM    **Shravana Until 3:05PM**  
Yama    4:40AM – 6:31AM    Priti Until 5:57PM  
**Rahu**    1:54PM – 3:45PM    Taitila Until 7:24AM  
Dvitiya Until 8:28PM

Monroe, NJ  
Sun 1    Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:40AM  
Sunset: 7:27PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Kumbha Rasi: 0.44    Tithi 18  
494893462  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika**    6:32AM – 8:22AM    **Dhanishtha Until 5:57PM**  
Yama    3:45PM – 5:35PM    Ayushman Until 6:49PM  
**Rahu**    10:13AM – 12:04PM    Vanija Until 9:37AM  
Tritiya Until 10:47PM

Monroe, NJ  
Sun 2    Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:41AM  
Sunset: 7:26PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 12.37    Tithi 19  
494893462  
Creative Work    Amrita Yoga  
Until 8:45PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika**    4:42AM – 6:32AM    **Shatabhishak Until 8:45PM**  
Yama    1:54PM – 3:44PM    Saubhagya Until 7:48PM  
**Rahu**    8:23AM – 10:13AM    Bava Until 12:00PM  
Chaturthi\* Until 1:12AM Sun

Monroe, NJ  
Sun 3    Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:42AM  
Sunset: 7:25PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 24.28    Tithi 20  
414893462  
Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthpada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika**    3:44PM – 5:34PM    **Purvaprosarthpada\* Until 11:53PM**  
Yama    12:04PM – 1:54PM    Sobhana Until 8:46PM  
**Rahu**    5:34PM – 7:25PM    Kaulava Until 2:25PM  
Panchami Until 3:34AM Mon

Monroe, NJ  
Sun 4    Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:43AM  
Sunset: 7:25PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 6.22    Tithi 21  
414893462  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika**    1:54PM – 3:44PM    **Uttaraprosarthpada Until 2:40AM Tue**  
Yama    10:14AM – 12:04PM    Athiganda\* Until 9:35PM  
**Rahu**    6:34AM – 8:24AM    Gara Until 4:42PM  
Shashthi\* Until 5:44AM Tue

Monroe, NJ  
Sun 5    Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:44AM  
Sunset: 7:24PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 18.19    Tithi 22  
414893462  
Creative Work    Siddha Yoga  
Until 4:57AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\* Karana Saptamyam Titau  
**Gulika**    12:04PM – 1:54PM    **Revati Until 4:57AM Wed**  
Yama    8:24AM – 10:14AM    Sukarma Until 10:11PM  
**Rahu**    3:43PM – 5:33PM    Visti Until 6:42PM  
Saptami Until 7:32AM Wed

Monroe, NJ  
Sun 6    Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:45AM  
Sunset: 7:23PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Ashada-Adi

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Mesha Rasi: 0.26    Tithi 22 – 23  
424893462  
Routine Work    Marana Yoga  
Until 7:04AM Thu  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**    10:14AM – 12:04PM    **Ashvini Until 7:04AM Thu**  
Yama    6:35AM – 8:25AM    Dhriti Until 10:26PM  
**Rahu**    12:04PM – 1:53PM    Balava Until 8:16PM  
Saptami Until 7:32AM

Monroe, NJ  
Sun 7    Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami  
Sunrise: 4:46AM  
Sunset: 7:22PM  
Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon – White  
Subha Subha Sivaloka Day  
Ashada-Adi

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 12.46    Tithi 23 – 24  
424893462  
Creative Work    Amrita Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika**    8:25AM – 10:14AM    **Ashvini Until 7:04AM**  
Yama    4:46AM – 6:36AM    Shula\* Until 10:10PM  
**Rahu**    1:53PM – 3:42PM    Taitila Until 9:13PM  
Ashtami\* Until 8:48AM

Monroe, NJ  
Sun 8    Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami  
Sunrise: 4:46AM  
Sunset: 7:21PM  
Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon – White  
Subha Subha Sivaloka Day  
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>	<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Monroe, NJ Sun 9
	Mesha Rasi: 25.23	Tithi 24 – 25	<b>Gulika</b> 6:36AM – 8:26AM	<b>Bharani</b> <b>Until 8:23AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:47AM	Sutra 103
			Yama 3:42PM – 5:31PM	Ganda* <b>Until 9:22PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:20PM	Vikarin 5121
	Creative Work	Siddha Yoga	424893462 <b>Rahu</b> 10:15AM – 12:04PM	Vanija <b>Until 9:27PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
			<b>Navami*</b> <b>Until 9:25AM</b>	Moon – White		2nd Phase	
				<b>Ashada-Adi</b>		Subha Subha Sivaloka Day	

<b>2</b>	<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 10
	Wrishabha Rasi: 8.21	Tithi 25 – 26	<b>Gulika</b> 4:48AM – 6:37AM	<b>Krittika</b> <b>Until 8:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Sutra 104
			Yama 1:53PM – 3:42PM	Vriddhi <b>Until 7:57PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:19PM	Vikarin 5121
	Creative Work	Amrita Yoga	424893462 <b>Rahu</b> 8:26AM – 10:15AM	Bava <b>Until 8:55PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
			<b>Dashami</b> <b>Until 9:16AM</b>	Moon – White		2nd Phase	
				<b>Ashada-Adi</b>		Subha Subha Sivaloka Day	

<b>3</b>	<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 11
	Wrishabha Rasi: 21.44	Tithi 26 – 27	<b>Gulika</b> 3:41PM – 5:30PM	<b>Rohini</b> <b>Until 8:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:49AM	Sutra 105
			Yama 12:04PM – 1:52PM	Dhruva <b>Until 5:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	Vikarin 5121
	Creative Work	Siddha Yoga	424893462 <b>Rahu</b> 5:30PM – 7:18PM	Kaulava <b>Until 7:36PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
			<b>Ekadashi*</b> <b>Until 8:20AM</b>	Moon – Yellow		2nd Phase	
				<b>Ashada-Adi</b>		Subha Sivaloka Day	

<b>4</b>	<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 12
	Mithuna Rasi: 5.34	Tithi 27 – 28	<b>Gulika</b> 1:52PM – 3:41PM	<b>Mrigashira</b> <b>Until 7:51AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	Sutra 106
	<b>Family Home Evening</b>		Yama 10:15AM – 12:04PM	Vyaghata* <b>Until 3:14PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Vikarin 5121
	Creative Work	Amrita Yoga	435893462 <b>Rahu</b> 6:39AM – 8:27AM	Vanija <b>Until 4:19AM Tue</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
			<b>Dvadashi*</b> <b>Until 6:39AM</b>	Moon – Yellow		2nd Phase	
				<b>Ashada-Adi</b>		Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Monroe, NJ Sun 13
	Mithuna Rasi: 19.5	Tithi 29	<b>Gulika</b> 12:04PM – 1:52PM	<b>Ardra</b> <b>Until 6:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Sutra 107
			Yama 8:27AM – 10:16AM	Harshana <b>Until 12:07PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:16PM	Vikarin 5121
	Routine Work	Marana Yoga	435893462 <b>Rahu</b> 3:40PM – 5:28PM	Visti <b>Until 2:57PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
			<b>Chaturdashi*</b> <b>Until 1:27AM Wed</b>	Moon – Yellow		2nd Phase	
				<b>Ashada-Adi</b>		Sivaloka Day	

	<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Monroe, NJ Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 10:16AM – 12:04PM	<b>Pushya</b> <b>Until 1:40AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:52AM	Sutra 108
	Kataka Rasi: 4.28	Tithi 30	Yama 6:40AM – 8:28AM	Vajra* <b>Until 8:33AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:15PM	Vikarin 5121
	Creative Work	Siddha Yoga	445893462 <b>Rahu</b> 12:04PM – 1:52PM	Catuspada <b>Until 11:52AM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
			<b>Amavasya*</b> <b>Until 10:11PM</b>	Moon – Blue		Amavasya	
				<b>Ashada-Adi</b>		Sivaloka Day	

<b>Retreat Star</b>	<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ Sun 15
	Kataka Rasi: 19.22	Tithi 1	<b>Gulika</b> 8:28AM – 10:16AM	<b>Ashlesha*</b> <b>Until 10:50PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:53AM	Sutra 109
			Yama 4:53AM – 6:41AM	Vyatipata* <b>Until 12:45AM Fri</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:14PM	Vikarin 5121
	Creative Work	Siddha Yoga	445893462 <b>Rahu</b> 1:51PM – 3:39PM	Kintughna <b>Until 8:28AM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
			<b>Prathama*</b> <b>Until 6:41PM</b>	Moon – Blue		Prathama	
				<b>Sravana-Adi</b>		Sivaloka Day	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Sun 16	Monroe, NJ Sutra 110 Vikarin 5121
Simha Rasi: 4.24	Tithi 2 – 3	<b>Gulika</b> 6:41AM – 8:29AM Yama 3:38PM – 5:26PM <b>Rahu</b> 10:16AM – 12:03PM	<b>Magha* Until 8:13PM</b> Varyan Until 8:43PM Taitila Until 1:22AM Sat <b>Dvitiya Until 3:07PM</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Red	<b>Sravana-Adi</b>	<b>Sunrise: 4:54AM</b> <b>Sunset: 7:13PM</b>	Moon 7 - Phase 16 3rd Phase	<b>Sivaloka Day</b>
Routine Work Marana Yoga Until 8:13PM Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Saturday, August 3, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Sun 17	Monroe, NJ Sutra 111 Vikarin 5121
Simha Rasi: 19.26	Tithi 3 – 4	<b>Gulika</b> 4:55AM – 6:42AM Yama 1:51PM – 3:38PM <b>Rahu</b> 8:29AM – 10:16AM	<b>Purvaphalguni Until 5:36PM</b> Parigha* Until 4:49PM Vanija Until 9:57PM <b>Tritiya Until 11:37AM</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Red	<b>Sravana-Adi</b>	<b>Sunrise: 4:55AM</b> <b>Sunset: 7:12PM</b>	Moon 7 - Phase 16 3rd Phase	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga								

<b>3</b>		<b>Sunday, August 4, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Sun 18	Monroe, NJ Sutra 112 Vikarin 5121
Kanya Rasi: 4.19	Tithi 4 – 5	<b>Gulika</b> 3:37PM – 5:24PM Yama 12:03PM – 1:50PM <b>Rahu</b> 5:24PM – 7:11PM	<b>Uttaraphalguni Until 3:06PM</b> Shiva Until 1:08PM Bava Until 6:51PM <b>Chaturthi* Until 8:20AM</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Red	<b>Sravana-Adi</b>	<b>Sunrise: 4:56AM</b> <b>Sunset: 7:11PM</b>	Moon 7 - Phase 16 3rd Phase	<b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga		<b>Nag Panchami</b>						

<b>4</b>		<b>Monday, August 5, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau	Sun 19	Monroe, NJ Sutra 113 Vikarin 5121
Kanya Rasi: 18.57	Tithi 6	<b>Gulika</b> 1:50PM – 3:36PM Yama 10:17AM – 12:03PM <b>Rahu</b> 6:43AM – 8:30AM	<b>Hasta Until 1:17PM</b> Siddha Until 9:45AM Kaulava Until 4:10PM <b>Shashthi* Until 3:00AM Tue</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Green	<b>Sravana-Adi</b>	<b>Sunrise: 4:57AM</b> <b>Sunset: 7:10PM</b>	Moon 7 - Phase 16 3rd Phase	<b>Subha Subha Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 1:17PM Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Tuesday, August 6, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau	Sun 20	Monroe, NJ Sutra 114 Vikarin 5121
Tula Rasi: 3.13	Tithi 7	<b>Gulika</b> 12:03PM – 1:49PM Yama 8:30AM – 10:17AM <b>Rahu</b> 3:36PM – 5:22PM	<b>Chitra Until 11:52AM</b> Sadhya Until 6:48AM Gara Until 2:02PM <b>Saptami Until 1:10AM Wed</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Green	<b>Sravana-Adi</b>	<b>Sunrise: 4:58AM</b> <b>Sunset: 7:08PM</b>	Moon 7 - Phase 16 3rd Phase	<b>Subha Subha Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau	Sun 21	Monroe, NJ Sutra 115 Vikarin 5121
Tula Rasi: 17.07	Tithi 8	<b>Gulika</b> 10:17AM – 12:03PM Yama 6:45AM – 8:31AM <b>Rahu</b> 12:03PM – 1:49PM	<b>Svati Until 10:54AM</b> Sukla Until 2:25AM Thu Visti Until 12:30PM <b>Ashtami* Until 11:59PM</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Green	<b>Sravana-Adi</b>	<b>Sunrise: 4:59AM</b> <b>Sunset: 7:07PM</b>	Moon 7 - Phase 16 Ashtami	<b>Subha Subha Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau	Sun 22	Monroe, NJ Sutra 116 Vikarin 5121
Vrischika Rasi: 0.37	Tithi 9	<b>Gulika</b> 8:31AM – 10:17AM Yama 5:00AM – 6:46AM <b>Rahu</b> 1:49PM – 3:34PM	<b>Vishakha Until 10:54AM</b> Brahma Until 1:02AM Fri Balava Until 11:39AM <b>Navami* Until 11:28PM</b>	<b>Ganesha: Purple</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Orange	<b>Sravana-Adi</b>	<b>Sunrise: 5:00AM</b> <b>Sunset: 7:06PM</b>	Moon 7 - Phase 16 Navami	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Monroe, NJ Sun 23 Sutra 117 Vikarin 5121	
Wrischika Rasi: 13.44	Tithi 10	<b>Gulika</b> 6:46AM – 8:32AM	<b>Anuradha</b> Until 11:24AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM		
		Yama 3:34PM – 5:19PM	Indra Until 12:10AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 17
476993462	<b>Rahu</b> 10:17AM – 12:03PM		Taitila Until 11:28AM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 11:24AM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> Until 11:36PM	<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Monroe, NJ Sun 24 Sutra 118 Vikarin 5121	
Wrischika Rasi: 26.33	Tithi 11	<b>Gulika</b> 5:02AM – 6:47AM	<b>Jyeshtha*</b> Until 12:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM		
		Yama 1:48PM – 3:33PM	Vaidhriti* Until 11:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 17
476993462	<b>Rahu</b> 8:32AM – 10:17AM		Vanija Until 11:55AM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 11:24AM			<b>Ekadashi</b> Until 12:20AM Sun	<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Monroe, NJ Sun 25 Sutra 119 Vikarin 5121	
Dhanus Rasi: 9.05	Tithi 12	<b>Gulika</b> 3:32PM – 5:17PM	<b>Mula*</b> Until 2:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM		
		Yama 12:02PM – 1:47PM	Vishkambha* Until 11:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 7 - Phase 17
486993462	<b>Rahu</b> 5:17PM – 7:02PM		Bava Until 12:56PM	<b>Nataraja:</b> White			4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 2:12PM			<b>Dvodashi</b> Until 1:36AM Mon	<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Monroe, NJ Sun 26 Sutra 120 Vikarin 5121	
Dhanus Rasi: 21.25	Tithi 13	<b>Gulika</b> 1:47PM – 3:31PM	<b>Purvashadha*</b> Until 4:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM		
		Yama 10:18AM – 12:02PM	Priti Until 12:07AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 17
486993462	<b>Rahu</b> 6:48AM – 8:33AM		Kaulava Until 2:25PM	<b>Nataraja:</b> White			4th Phase
Family Home Evening				Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 3:17AM Tue	<b>Sravana*Adi</b>			

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Monroe, NJ Sun 27 Sutra 121 Vikarin 5121	
Makara Rasi: 3.34	Tithi 14	<b>Gulika</b> 12:02PM – 1:46PM	<b>Uttarashadha</b> Until 6:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM		
		Yama 8:33AM – 10:18AM	Ayushman Until 12:42AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM		Moon 7 - Phase 17
486993462	<b>Rahu</b> 3:31PM – 5:15PM		Gara Until 4:16PM	<b>Nataraja:</b> White			4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 6:38PM			<b>Chaturdashi*</b> Until 5:18AM Wed	<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau		Monroe, NJ Sun 28 Sutra 122 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:18AM – 12:02PM	<b>Shravana</b> Until 9:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM		
Makara Rasi: 15.35	Tithi 15	Yama 6:50AM – 8:34AM	Saubhagya Until 1:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM		Moon 7 - Phase 17
496993462	<b>Rahu</b> 12:02PM – 1:46PM		Visti Until 6:25PM	<b>Nataraja:</b> White			Purnima
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>	
Until 9:33PM		<b>Raksha Bandhan</b>	<b>Purnima*</b> Until 7:32AM Thu	<b>Sravana*Adi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>○</b>		<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Monroe, NJ Sun 29 Sutra 123 Vikarin 5121	
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:34AM – 10:18AM	<b>Dhanishtha</b> Until 12:27AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM		
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:07AM – 6:51AM	Sobhana Until 2:24AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM		Moon 7 - Phase 17
497993462	<b>Rahu</b> 1:45PM – 3:29PM		Balava Until 8:44PM	<b>Nataraja:</b> White			Prathama
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>	
Until 9:33PM			<b>Purnima*</b> Until 7:32AM	<b>Sravana*Adi</b>			
Then Routine Work - Prabalarishta Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Monroe, NJ  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 9.24    Tithi 16 – 17

497993462

**Gulika** 6:51AM – 8:35AM  
Yama 3:28PM – 5:12PM  
**Rahu** 10:18AM – 12:01PM

**Shatabhishak Until 3:16AM Sat**  
Athiganda\* Until 3:21AM Sat  
Taitila Until 11:10PM  
**Prathama\* Until 9:55AM**

**Ganesha:** Yellow    *Sunrise: 5:08AM*  
**Muruqa:** Blue    *Sunset: 6:55PM*  
**Nataraja:** White  
Moon – Purple

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ  
Sun 1  
Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 21.15    Tithi 17 – 18

517993462

**Gulika** 5:09AM – 6:52AM  
Yama 1:44PM – 3:27PM  
**Rahu** 8:35AM – 10:18AM

**Purvaprossthapada\* Until 6:25AM Sun**  
Sukarma Until 4:18AM Sun  
Vanija Until 1:35AM Sun  
**Dvitiya Until 12:21PM**

**Ganesha:** White    *Sunrise: 5:09AM*  
**Muruqa:** Blue    *Sunset: 6:54PM*  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Routine Work    Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprossthapada/Uttaraprossthapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ  
Sun 2  
Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 3.07    Tithi 18 – 19

517993462

**Gulika** 3:27PM – 5:09PM  
Yama 12:01PM – 1:44PM  
**Rahu** 5:09PM – 6:52PM

**Purvaprossthapada\* Until 6:25AM**  
Dhriti Until 5:12AM Mon  
Bava Until 3:55AM Mon  
**Tritiya Until 2:45PM**

**Ganesha:** White    *Sunrise: 5:10AM*  
**Muruqa:** Blue    *Sunset: 6:52PM*  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprossthapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ  
Sun 3  
Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 15.02    Tithi 19 – 20

517993462

**Gulika** 1:43PM – 3:26PM  
Yama 10:18AM – 12:01PM  
**Rahu** 6:53AM – 8:36AM

**Uttaraprossthapada Until 9:16AM**  
Shula\* Until 5:54AM Tue  
Kaulava Until 6:03AM Tue  
**Chaturthi\* Until 5:00PM**

**Ganesha:** White    *Sunrise: 5:11AM*  
**Muruqa:** Blue    *Sunset: 6:51PM*  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ  
Sun 4  
Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 27.01    Tithi 20

517993462

**Gulika** 12:01PM – 1:43PM  
Yama 8:36AM – 10:18AM  
**Rahu** 3:25PM – 5:07PM

**Revati Until 11:46AM**  
Ganda\* Until 6:22AM Wed  
Kaulava Until 6:03AM  
**Panchami Until 6:59PM**

**Ganesha:** White    *Sunrise: 5:12AM*  
**Muruqa:** Blue    *Sunset: 6:49PM*  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Monroe, NJ  
Sun 5  
Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 9.07    Tithi 21

528993462

**Gulika** 10:18AM – 12:00PM  
Yama 6:55AM – 8:37AM  
**Rahu** 12:00PM – 1:42PM

**Ashvini Until 2:14PM**  
Ganda\* Until 6:22AM  
Gara Until 7:52AM  
**Shashthi\* Until 8:35PM**

**Ganesha:** White    *Sunrise: 5:13AM*  
**Muruqa:** Blue    *Sunset: 6:48PM*  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Routine Work    Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Monroe, NJ  
Sun 6  
Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 21.25    Tithi 22

528993462

**Gulika** 8:37AM – 10:19AM  
Yama 5:14AM – 6:55AM  
**Rahu** 1:42PM – 3:23PM

**Bharani Until 4:04PM**  
Vridhhi Until 6:30AM  
Visti Until 9:13AM  
**Saptami Until 9:39PM**

**Ganesha:** White    *Sunrise: 5:14AM*  
**Muruqa:** Blue    *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ  
Sun 7  
Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 3.59    Tithi 23

528993462

**Gulika** 6:56AM – 8:37AM  
Yama 3:22PM – 5:04PM  
**Rahu** 10:19AM – 12:00PM

**Krittika Until 5:07PM**  
Dhruva Until 6:09AM  
Balava Until 9:58AM  
**Ashtami\* Until 10:03PM**

**Ganesha:** White    *Sunrise: 5:15AM*  
**Muruqa:** Blue    *Sunset: 6:45PM*  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ  
Sun 8  
Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 16.52    Tithi 24

538993462

**Gulika** 5:16AM – 6:57AM  
Yama 1:40PM – 3:21PM  
**Rahu** 8:38AM – 10:19AM

**Rohini Until 5:45PM**  
Harshana Until 3:46AM Sun  
Taitila Until 10:00AM  
**Navami\* Until 9:42PM**

**Ganesha:** Clear    *Sunrise: 5:16AM*  
**Muruqa:** Blue    *Sunset: 6:43PM*  
**Nataraja:** White  
Moon – Yellow

**Subha Sivaloka Day**

Creative Work    Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1 Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Monroe, NJ Sutra 133 Vikarin 5121
Mithuna Rasi: 0.09	Tithi 25	<b>Gulika</b> 3:21PM – 5:01PM	<b>Mrigashira</b> Until 5:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	Sun 9
		Yama 11:59AM – 1:40PM	Vajra* Until 1:37AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 5:01PM – 6:42PM	Vanija Until 9:14AM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 8:33PM	Moon – Yellow		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>2 Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Monroe, NJ Sutra 134 Vikarin 5121
Mithuna Rasi: 13.53	Tithi 26	<b>Gulika</b> 1:39PM – 3:20PM	<b>Ardra</b> Until 4:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	Sun 10
<b>Family Home Evening</b>		Yama 10:19AM – 11:59AM	Siddhi Until 10:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 6:58AM – 8:38AM	Bava Until 7:42AM	<b>Nataraja:</b> White		2nd Phase
Until 4:15PM			<b>Ekadashi*</b> Until 6:38PM	Moon – Yellow		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>		

<b>3 Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sutra 135 Vikarin 5121
Mithuna Rasi: 28.06	Tithi 27 – 28	<b>Gulika</b> 11:59AM – 1:39PM	<b>Punarvasu</b> Until 2:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:19AM	Sun 11
		Yama 8:39AM – 10:19AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	548993462 <b>Rahu</b> 3:19PM – 4:59PM	Gara Until 2:34AM Wed	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi*</b> Until 4:03PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>4 Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sutra 136 Vikarin 5121
Kataka Rasi: 12.44	Tithi 28 – 29	<b>Gulika</b> 10:19AM – 11:58AM	<b>Pushya</b> Until 12:20PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:20AM	Sun 12
		Yama 6:59AM – 8:39AM	Variyan Until 3:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 11:58AM – 1:38PM	Visti Until 11:12PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 12:55PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ Sutra 137 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 8:39AM – 10:19AM	<b>Ashlesha*</b> Until 9:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:21AM	Sun 13
Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:21AM – 7:00AM	Parigha* Until 11:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 1:37PM – 3:17PM	Catuspada Until 7:31PM	<b>Nataraja:</b> Clear		Amavasya
Until 9:29AM			<b>Chaturdashi*</b> Until 9:23AM	Moon – Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>		

<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ Sutra 138 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:01AM – 8:40AM	<b>Magha*</b> Until 6:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	Sun 14
Simha Rasi: 12.55	Tithi 1	Yama 3:16PM – 4:55PM	Shiva Until 7:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 19
Routine Work	Marana Yoga	559193463 <b>Rahu</b> 10:19AM – 11:58AM	Kintughna Until 3:41PM	<b>Nataraja:</b> Clear		Prathama
Until 6:39AM			<b>Prathama*</b> Until 1:45AM Sat	Moon – Red		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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**1** **Saturday, August 31, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Monroe, NJ  
 Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 139  
 Simha Rasi: 28.1 Tithi 2 **Gulika** 5:23AM – 7:01AM **Uttaraphalguni Until 12:35AM Sun** **Ganesha:** Clear **Sunrise:** 5:23AM Vikarin 5121  
 559193463 **Yama** 1:36PM – 3:15PM **Sadhya Until 11:07PM** **Muruqa:** Blue **Sunset:** 6:32PM Moon 8 - Phase 20  
**Rahu** 8:40AM – 10:19AM **Balava Until 11:52AM** **Nataraja:** Clear 3rd Phase  
 Routine Work Marana Yoga **Balava Until 11:52AM** **Moon – Red** **Sivaloka Day**  
 Until 12:35AM Sun **Dvitiya Until 10:00PM** **Bhadrapada-Avani**  
 Then Creative Work - Amrita Yoga

**2** **Sunday, September 1, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Monroe, NJ  
 Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau Sun 16 Sutra 140  
 Kanya Rasi: 13.19 Tithi 3 **Gulika** 3:14PM – 4:52PM **Hasta Until 10:06PM** **Ganesha:** Orange **Sunrise:** 5:24AM Vikarin 5121  
 569193463 **Yama** 11:57AM – 1:36PM **Subha Until 7:11PM** **Muruqa:** Blue **Sunset:** 6:31PM Moon 8 - Phase 20  
**Rahu** 4:52PM – 6:31PM **Taitila Until 8:14AM** **Nataraja:** Clear 3rd Phase  
 Creative Work Amrita Yoga **Taitila Until 8:14AM** **Moon – Green** **Sivaloka Day**  
 Until 10:06PM **Tritiya Until 6:31PM** **Bhadrapada-Avani**  
 Then Creative Work - Siddha Yoga

**3** **Monday, September 2, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Monroe, NJ  
 Chitra Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 141  
 Kanya Rasi: 28.11 Tithi 4 – 5 **Gulika** 1:35PM – 3:13PM **Chitra Until 7:56PM** **Ganesha:** Orange **Sunrise:** 5:25AM Vikarin 5121  
**Family Home Evening** 569193463 **Yama** 10:19AM – 11:57AM **Sukla Until 3:35PM** **Muruqa:** Blue **Sunset:** 6:29PM Moon 8 - Phase 20  
**Rahu** 7:03AM – 8:41AM **Bava Until 2:10AM Tue** **Nataraja:** Clear 3rd Phase  
 Routine Work Prabalarishta Yoga **Ganesha Chaturthi** **Chaturthi\* Until 3:28PM** **Bhadrapada-Avani** **Sivaloka Day**  
 Until 7:56PM  
 Then Creative Work - Amrita Yoga

**4** **Tuesday, September 3, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Monroe, NJ  
 Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 18 Sutra 142  
 Tula Rasi: 12.41 Tithi 5 – 6 **Gulika** 11:57AM – 1:34PM **Svati Until 6:15PM** **Ganesha:** Orange **Sunrise:** 5:26AM Vikarin 5121  
 569193463 **Yama** 8:41AM – 10:19AM **Brahma Until 12:28PM** **Muruqa:** Blue **Sunset:** 6:27PM Moon 8 - Phase 20  
**Rahu** 3:12PM – 4:50PM **Kaulava Until 12:02AM Wed** **Nataraja:** Clear 3rd Phase  
 Creative Work Siddha Yoga **Panchami Until 1:00PM** **Moon – Green** **Sivaloka Day**  
 Until 6:15PM **Bhadrapada-Avani**  
 Then Routine Work - Marana Yoga

**5** **Wednesday, September 4, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Monroe, NJ  
 Vishakha/Anuradha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 143  
 Tula Rasi: 26.43 Tithi 6 – 7 **Gulika** 10:19AM – 11:56AM **Vishakha Until 5:35PM** **Ganesha:** Green **Sunrise:** 5:27AM Vikarin 5121  
 579193463 **Yama** 7:04AM – 8:42AM **Indra Until 9:57AM** **Muruqa:** Blue **Sunset:** 6:26PM Moon 8 - Phase 20  
**Rahu** 11:56AM – 1:34PM **Gara Until 10:41PM** **Nataraja:** Clear 3rd Phase  
 Creative Work Siddha Yoga **Shashthi\* Until 11:14AM** **Moon – Orange** **Subha Sivaloka Day**  
**Bhadrapada-Avani**

**Thursday, September 5, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Monroe, NJ  
 Anuradha/Jyeshtha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanja/Visti\* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 144  
**Retreat Star** **Gulika** 8:42AM – 10:19AM **Anuradha Until 5:35PM** **Ganesha:** Orange **Sunrise:** 5:28AM Vikarin 5121  
 Vrishchika Rasi: 10.17 Tithi 7 – 8 **Yama** 5:28AM – 7:05AM **Vaidhriti\* Until 8:04AM** **Muruqa:** Blue **Sunset:** 6:24PM Moon 8 - Phase 20  
 571193463 **Rahu** 1:33PM – 3:10PM **Visti Until 10:08PM** **Nataraja:** Clear Ashtami  
 Creative Work Siddha Yoga **Saptami Until 10:17AM** **Moon – Orange** **Sivaloka Day**  
 Until 5:35PM **Bhadrapada-Avani**  
 Then Routine Work - Prabalarishta Yoga

**Friday, September 6, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Monroe, NJ  
 Jyeshtha\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 145  
 Vrishchika Rasi: 23.23 Tithi 8 – 9 **Gulika** 7:05AM – 8:42AM **Jyeshtha\* Until 6:13PM** **Ganesha:** Orange **Sunrise:** 5:29AM Vikarin 5121  
 571193463 **Yama** 3:09PM – 4:46PM **Vishkambha\* Until 6:50AM** **Muruqa:** Blue **Sunset:** 6:22PM Moon 8 - Phase 20  
**Rahu** 10:19AM – 11:56AM **Balava Until 10:25PM** **Nataraja:** Clear Navami  
 Routine Work Marana Yoga **Ashtami\* Until 10:10AM** **Moon – Orange** **Sivaloka Day**  
 Until 6:13PM **Bhadrapada-Avani**  
 Then Creative Work - Amrita Yoga

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Monroe, NJ
	Dhanus Rasi: 6.06	Tithi 9 – 10	Gulika 5:30AM – 7:06AM	Mula* Until 7:56PM	Ganesha: Green	Sunrise: 5:30AM	Sun 22 Sutra 146
	581193463	Rahu 8:42AM – 10:19AM	Yama 1:32PM – 3:08PM	Priti Until 6:15AM	Muruqa: Blue	Sunset: 6:21PM	Vikarin 5121
Creative Work	Siddha Yoga		Taitila Until 11:27PM	Nataraja: Clear		Moon 8 - Phase 21	
			Navami* Until 10:49AM	Moon – Light Blue		4th Phase	
				<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ
	Dhanus Rasi: 18.29	Tithi 10 – 11	Gulika 3:07PM – 4:43PM	Purvashadha* Until 10:05PM	Ganesha: Green	Sunrise: 5:31AM	Sun 23 Sutra 147
	581193463	Rahu 4:43PM – 6:19PM	Yama 11:55AM – 1:31PM	Ayushman Until 6:11AM	Muruqa: Blue	Sunset: 6:19PM	Vikarin 5121
Creative Work	Siddha Yoga		Vanija Until 1:05AM Mon	Nataraja: Clear		Moon 8 - Phase 21	
Until 10:05PM			Dashami Until 12:10PM	Moon – Light Blue		4th Phase	
Then Creative Work - Amrita Yoga		Grandparent's Day		<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ
	Makara Rasi: 0.39	Tithi 11 – 12	Gulika 1:30PM – 3:06PM	Uttarashadha Until 12:30AM Tue	Ganesha: Green	Sunrise: 5:32AM	Sun 24 Sutra 148
	581193463	Rahu 7:07AM – 8:43AM	Yama 10:19AM – 11:55AM	Saubhagya Until 6:34AM	Muruqa: Blue	Sunset: 6:17PM	Vikarin 5121
Family Home Evening			Bava Until 3:09AM Tue	Nataraja: Clear		Moon 8 - Phase 21	
Routine Work	Marana Yoga		Ekadashi Until 2:03PM	Moon – Light Blue		4th Phase	
Until 12:30AM Tue				<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
	Makara Rasi: 12.38	Tithi 12 – 13	Gulika 11:54AM – 1:30PM	Shravana Until 3:32AM Wed	Ganesha: Red	Sunrise: 5:33AM	Sun 25 Sutra 149
	591193463	Rahu 3:05PM – 4:40PM	Yama 8:43AM – 10:19AM	Sobhana Until 7:16AM	Muruqa: Blue	Sunset: 6:16PM	Vikarin 5121
Creative Work	Siddha Yoga		Kaulava Until 5:29AM Wed	Nataraja: Clear		Moon 8 - Phase 21	
Until 3:32AM Wed			Dvadashi Until 4:16PM	Moon – Purple		4th Phase	
Then Routine Work - Prabalarishta Yoga				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Monroe, NJ
	Makara Rasi: 24.32	Tithi 13	Gulika 10:19AM – 11:54AM	Dhanishtha Until 6:31AM Thu	Ganesha: Red	Sunrise: 5:34AM	Sun 26 Sutra 150
	591193463	Rahu 11:54AM – 1:29PM	Yama 7:09AM – 8:44AM	Athiganda* Until 8:07AM	Muruqa: Blue	Sunset: 6:14PM	Vikarin 5121
Routine Work	Prabalarishta Yoga		Taitila Until 6:41PM	Nataraja: Clear		Moon 8 - Phase 21	
Until 6:31AM Thu		Chidambaram Abhishekam	Trayodashi Until 6:41PM	Moon – Purple		4th Phase	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ
	Kumbha Rasi: 6.24	Tithi 14	Gulika 8:44AM – 10:19AM	Dhanishtha Until 6:31AM	Ganesha: Red	Sunrise: 5:35AM	Sun 27 Sutra 151
	591193463	Rahu 1:28PM – 3:03PM	Yama 5:35AM – 7:09AM	Sukarma Until 9:04AM	Muruqa: Blue	Sunset: 6:12PM	Vikarin 5121
Creative Work	Siddha Yoga		Gara Until 7:57AM	Nataraja: Clear		Moon 8 - Phase 21	
		Avani Avittam	Chaturdashi* Until 9:09PM	Moon – Purple		4th Phase	
				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ
	<b>Copper Retreat Star</b>		Gulika 7:10AM – 8:44AM	Shatabhishak Until 9:20AM	Ganesha: Red	Sunrise: 5:36AM	Sutra 152
	Kumbha Rasi: 18.16	Tithi 15	Yama 3:02PM – 4:36PM	Dhriti Until 10:01AM	Muruqa: Purple	Sunset: 6:11PM	Vikarin 5121
591113463	Rahu 10:19AM – 11:53AM		Visti Until 10:24AM	Nataraja: Clear		Moon 8 - Phase 21	
Creative Work	Siddha Yoga		Purnima* Until 11:36PM	Moon – Purple		Purnima	
				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

<b>7</b>	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ
	<b>Silver Retreat Star</b>		Gulika 5:37AM – 7:11AM	Purvaprosarthapada* Until 12:25PM	Ganesha: Red	Sunrise: 5:37AM	Sutra 153
	Meena Rasi: 0.08	Tithi 16	Yama 1:27PM – 3:01PM	Shula* Until 10:53AM	Muruqa: Purple	Sunset: 6:09PM	Vikarin 5121
511113463	Rahu 8:45AM – 10:19AM		Balava Until 12:48PM	Nataraja: Clear		Moon 8 - Phase 21	
Routine Work	Marana Yoga		Prathama* Until 1:55AM Sun	Moon – Clear		Prathama	
Until 12:25PM				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



**Sunday, September 15, 2019**  
**Gold Retreat Star**

Meena Rasi: 12.04      Tithi 17  
512113463  
Creative Work    Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau  
**Gulika**    3:00PM – 4:33PM    **Uttaraproshtapada Until 3:13PM**  
Yama        11:52AM – 1:26PM    Ganda\* Until 11:40AM  
**Rahu**        4:33PM – 6:07PM        Taitila Until 3:03PM  
**Dvitiya Until 4:05AM Mon**

**Ganesha:** Yellow    *Sunrise:* 5:38AM  
**Muruqa:** Purple    *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Clear  
**Sivaloka Day**  
**Bhadrapada-Avani**

Monroe, NJ  
Sun 1      Sutra 154  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

**1**

**Monday, September 16, 2019**

Meena Rasi: 24.03      Tithi 18  
512113463  
Family Home Evening  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika**    1:25PM – 2:59PM    **Revati Until 5:39PM**  
Yama        10:19AM – 11:52AM    Vridhhi Until 12:20PM  
**Rahu**        7:12AM – 8:45AM        Vanija Until 5:06PM  
**Tritiya Until 6:02AM Tue**

**Ganesha:** Yellow    *Sunrise:* 5:39AM  
**Muruqa:** Purple    *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon – Clear  
**Sivaloka Day**  
**Bhadrapada-Avani**

Monroe, NJ  
Sun 2      Sutra 155  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

**2**

**Tuesday, September 17, 2019**

Mesha Rasi: 6.08      Tithi 18 – 19  
522113463  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau  
**Gulika**    11:52AM – 1:25PM    **Ashvini Until 8:11PM**  
Yama        8:46AM – 10:19AM    Dhruva Until 12:46PM  
**Rahu**        2:58PM – 4:31PM        Bava Until 6:55PM  
**Tritiya Until 6:02AM**

**Ganesha:** White    *Sunrise:* 5:40AM  
**Muruqa:** Purple    *Sunset:* 6:04PM  
**Nataraja:** Clear  
Moon – White  
**Devaloka Day**  
**Bhadrapada-Puratasi**

Monroe, NJ  
Sun 3      Sutra 156  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

**3**

**Wednesday, September 18, 2019**

Mesha Rasi: 18.2      Tithi 19 – 20  
522113463  
Creative Work    Siddha Yoga  
Until 10:13PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika**    10:19AM – 11:51AM    **Bharani Until 10:13PM**  
Yama        7:13AM – 8:46AM        Vyaghata\* Until 12:59PM  
**Rahu**        11:51AM – 1:24PM        Kaulava Until 8:23PM  
**Chaturthi\* Until 7:41AM**

**Ganesha:** White    *Sunrise:* 5:41AM  
**Muruqa:** Purple    *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – White  
**Devaloka Day**  
**Bhadrapada-Puratasi**

Monroe, NJ  
Sun 4      Sutra 157  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

**4**

**Thursday, September 19, 2019**

Vrishabha Rasi: 0.41      Tithi 20 – 21  
522113463  
Routine Work    Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau  
**Gulika**    8:46AM – 10:19AM    **Krittika Until 11:39PM**  
Yama        5:42AM – 7:14AM        Harshana Until 12:55PM  
**Rahu**        1:23PM – 2:56PM        Gara Until 9:26PM  
**Panchami Until 8:57AM**

**Ganesha:** White    *Sunrise:* 5:42AM  
**Muruqa:** Purple    *Sunset:* 6:00PM  
**Nataraja:** Clear  
Moon – White  
**Devaloka Day**  
**Bhadrapada-Puratasi**

Monroe, NJ  
Sun 5      Sutra 158  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

**5**

**Friday, September 20, 2019**

Vrishabha Rasi: 13.15      Tithi 21 – 22  
532113463  
Routine Work    Marana Yoga  
Until 12:52AM Sat  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika**    7:15AM – 8:47AM    **Rohini Until 12:52AM Sat**  
Yama        2:55PM – 4:27PM        Vajra\* Until 12:24PM  
**Rahu**        10:19AM – 11:51AM        Visti Until 9:55PM  
**Shashthi\* Until 9:44AM**

**Ganesha:** Clear    *Sunrise:* 5:43AM  
**Muruqa:** Purple    *Sunset:* 5:59PM  
**Nataraja:** Clear  
Moon – Yellow  
**Sivaloka Day**  
**Bhadrapada-Puratasi**

Monroe, NJ  
Sun 6      Sutra 159  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

**D**

**Saturday, September 21, 2019**  
**Retreat Star**

Vrishabha Rasi: 26.05      Tithi 22 – 23  
532113463  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**    5:44AM – 7:15AM    **Mrigashira Until 1:17AM Sun**  
Yama        1:22PM – 2:54PM        Siddhi Until 11:26AM  
**Rahu**        8:47AM – 10:19AM        Balava Until 9:45PM  
**Saptami Until 9:54AM**

**Ganesha:** Clear    *Sunrise:* 5:44AM  
**Muruqa:** Purple    *Sunset:* 5:57PM  
**Nataraja:** Clear  
Moon – Yellow  
**Sivaloka Day**  
**Bhadrapada-Puratasi**

Monroe, NJ  
Sun 7      Sutra 160  
Vikarin 5121  
Moon 9 - Phase 22  
Ashtami

**Sunday, September 22, 2019**

**Retreat Star**

Mithuna Rasi: 9.16      Tithi 23 – 24  
532213463  
Creative Work    Siddha Yoga  
Until 12:50AM Mon  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika**    2:53PM – 4:24PM    **Ardra Until 12:50AM Mon**  
Yama        11:50AM – 1:21PM        Vyatipata\* Until 9:55AM  
**Rahu**        4:24PM – 5:55PM        Taitila Until 8:52PM  
**Ashtami\* Until 9:23AM**

**Ganesha:** Orange    *Sunrise:* 5:45AM  
**Muruqa:** Purple    *Sunset:* 5:55PM  
**Nataraja:** Clear  
Moon – Yellow  
**Sivaloka Day**  
**Bhadrapada-Puratasi**

Monroe, NJ  
Sun 8      Sutra 161  
Vikarin 5121  
Moon 9 - Phase 22  
Navami


<b>1</b>		<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau	Monroe, NJ Sun 9 Sutra 162 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 24 – 25	<b>Gulika</b> 1:21PM – 2:52PM	<b>Punarvasu</b> Until 11:59PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM	
<b>Family Home Evening</b>	542213463	Yama 10:19AM – 11:50AM	Variyan Until 7:48AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b> 7:17AM – 8:48AM	Vanija Until 7:16PM	<b>Nataraja:</b> Clear	2nd Phase
Until 11:59PM			<b>Navami* Until 8:08AM</b>	Moon – Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Puratasi</b>	

<b>2</b>		<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Monroe, NJ Sun 10 Sutra 163 Vikarin 5121
Kataka Rasi: 6.53	Tithi 25 – 26	<b>Gulika</b> 11:49AM – 1:20PM	<b>Pushya</b> Until 10:18PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:47AM	
	542213463	Yama 8:48AM – 10:19AM	Shiva Until 1:56AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:52PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b> 2:50PM – 4:21PM	Balava Until 3:36AM Wed	<b>Nataraja:</b> Clear	2nd Phase
			<b>Dashami</b> Until 6:11AM	Moon – Blue	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>3</b>		<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Monroe, NJ Sun 11 Sutra 164 Vikarin 5121
Kataka Rasi: 21.2	Tithi 27	<b>Gulika</b> 10:19AM – 11:49AM	<b>Ashlesha*</b> Until 7:57PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:48AM	
	542213463	Yama 7:18AM – 8:48AM	Siddha Until 10:17PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b> 11:49AM – 1:19PM	Kaulava Until 2:07PM	<b>Nataraja:</b> Clear	2nd Phase
			<b>Dvadashi* Until 12:29AM Thu</b>	Moon – Blue	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>4</b>		<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Monroe, NJ Sun 12 Sutra 165 Vikarin 5121
Simha Rasi: 6.1	Tithi 28	<b>Gulika</b> 8:49AM – 10:19AM	<b>Magha*</b> Until 5:26PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM	
	552213463	Yama 5:49AM – 7:19AM	Sadhya Until 6:18PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b> 1:18PM – 2:48PM	Gara Until 10:47AM	<b>Nataraja:</b> Clear	2nd Phase
Until 5:26PM			<b>Trayodashi* Until 8:59PM</b>	Moon – Red	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Puratasi</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Monroe, NJ Sun 13 Sutra 166 Vikarin 5121
Simha Rasi: 21.15	Tithi 29 – 30	<b>Gulika</b> 7:19AM – 8:49AM	<b>Purvaphalguni</b> Until 2:31PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:50AM	
	552213463	Yama 2:47PM – 4:17PM	Subha Until 2:07PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b> 10:19AM – 11:48AM	Visti Until 7:09AM	<b>Nataraja:</b> Clear	2nd Phase
			<b>Chaturdashi* Until 5:15PM</b>	Moon – Red	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

		<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Monroe, NJ Sun 14 Sutra 167 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:51AM – 7:20AM	<b>Uttaraphalguni</b> Until 11:24AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:51AM	
Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:17PM – 2:46PM	Sukla Until 9:51AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 23
	653213463	<b>Rahu</b> 8:49AM – 10:19AM	Kintughna Until 11:37PM	<b>Nataraja:</b> Clear	Amavasya
Routine Work Marana Yoga			<b>Amavasya* Until 1:28PM</b>	Moon – Red	<b>Devaloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>	

<b>Retreat Star</b>		<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Monroe, NJ Sun 15 Sutra 168 Vikarin 5121
Kanya Rasi: 21.4	Tithi 1 – 2	<b>Gulika</b> 2:45PM – 4:14PM	<b>Hasta</b> Until 8:39AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:52AM	
	663213463	Yama 11:48AM – 1:16PM	Indra Until 1:41AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:43PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b> 4:14PM – 5:43PM	Balava Until 8:04PM	<b>Nataraja:</b> Clear	Prathama
Until 8:39AM			<b>Prathama* Until 9:47AM</b>	Moon – Green	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Navaratri Begins</b>		<b>Ashvina-Puratasi</b>	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhrili* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Monroe, NJ Sun 16 Sutra 169 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:16PM – 2:44PM	<b>Chitra</b> <b>Until 6:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:53AM
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:19AM – 11:47AM	Vaidhrili* Until 10:03PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:21AM – 8:50AM	Gara Until 3:30AM Tue	<b>Nataraja:</b> Clear
Routine Work Prabalarishta Yoga			<b>Dvitiya</b> <b>Until 6:24AM</b>	Moon – Green
Until 6:02AM				<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturthyam Titau		Monroe, NJ Sun 17 Sutra 170 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:47AM – 1:15PM	<b>Vishakha</b> <b>Until 2:23AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:54AM
Tula Rasi: 21.16	Tithi 4	Yama 8:50AM – 10:19AM	Vishkambha* Until 6:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM
<b>Routine Work</b> Marana Yoga	673213463	<b>Rahu</b> 2:43PM – 4:12PM	Vanija Until 2:17PM	<b>Nataraja:</b> Clear
Until 2:23AM Wed			<b>Chaturthi*</b> <b>Until 1:13AM Wed</b>	Moon – Orange
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Monroe, NJ Sun 18 Sutra 171 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:19AM – 11:47AM	<b>Anuradha</b> <b>Until 1:38AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:55AM
Vrischika Rasi: 5.26	Tithi 5	Yama 7:23AM – 8:51AM	Priti Until 4:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:38PM
<b>Creative Work</b> Siddha Yoga	673213463	<b>Rahu</b> 11:47AM – 1:14PM	Bava Until 12:22PM	<b>Nataraja:</b> Clear
Until 1:38AM Thu			<b>Panchami</b> <b>Until 11:42PM</b>	Moon – Orange
Then Routine Work - Prabalarishta Yoga				<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Monroe, NJ Sun 19 Sutra 172 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:51AM – 10:19AM	<b>Jyeshtha*</b> <b>Until 1:36AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:56AM
Vrischika Rasi: 19.06	Tithi 6	Yama 5:56AM – 7:23AM	Ayushman Until 2:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM
<b>Routine Work</b> Prabalarishta Yoga	673213463	<b>Rahu</b> 1:14PM – 2:41PM	Kaulava Until 11:17AM	<b>Nataraja:</b> Clear
Until 1:36AM Fri			<b>Shashthi*</b> <b>Until 11:03PM</b>	Moon – Orange
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Monroe, NJ Sun 20 Sutra 173 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:24AM – 8:51AM	<b>Mula*</b> <b>Until 2:45AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:57AM
Dhanus Rasi: 2.17	Tithi 7	Yama 2:40PM – 4:08PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM
<b>Creative Work</b> Amrita Yoga	683213463	<b>Rahu</b> 10:19AM – 11:46AM	Gara Until 11:06AM	<b>Nataraja:</b> Clear
Until 2:45AM Sat			<b>Saptami</b> <b>Until 11:19PM</b>	Moon – Light Blue
Then Creative Work - Siddha Yoga				<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistil*/Bava Karana Ashtamyam Titau		Monroe, NJ Sun 21 Sutra 174 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:58AM – 7:25AM	<b>Purvashadha*</b> <b>Until 4:32AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM
Dhanus Rasi: 15.01	Tithi 8	Yama 1:13PM – 2:39PM	Sobhana Until 12:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:33PM
<b>Creative Work</b> Siddha Yoga	683213463	<b>Rahu</b> 8:52AM – 10:19AM	Vistil* Until 11:47AM	<b>Nataraja:</b> Clear
Until 4:32AM Sun			<b>Ashtami*</b> <b>Until 12:24AM Sun</b>	Moon – Light Blue
Then Creative Work - Amrita Yoga				<b>Sivaloka Day</b>
		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Monroe, NJ Sun 22 Sutra 175 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:38PM – 4:05PM	<b>Uttarashadha</b> <b>Until 6:46AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:59AM
Dhanus Rasi: 27.24	Tithi 9	Yama 11:45AM – 1:12PM	Athiganda* Until 12:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM
<b>Creative Work</b> Amrita Yoga	683213463	<b>Rahu</b> 4:05PM – 5:32PM	Balava Until 1:14PM	<b>Nataraja:</b> Clear
			<b>Navami*</b> <b>Until 2:11AM Mon</b>	Moon – Light Blue
		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ Sun 23 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:11PM – 2:37PM	<b>Uttarashadha</b> Until 6:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	
Makara Rasi: 9.31	Tithi 10	Yama 10:19AM – 11:45AM	Sukarma Until 1:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:26AM – 8:53AM	Taitila Until 3:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dashami</b> Until 4:25AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>
Until 6:46AM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:45AM – 1:11PM	<b>Shravana</b> Until 9:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	
Makara Rasi: 21.28	Tithi 11	Yama 8:53AM – 10:19AM	Dhriti Until 2:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 2:37PM – 4:02PM	Vanija Until 5:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 6:55AM Wed	Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 25 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:19AM – 11:44AM	<b>Dhanishtha</b> Until 12:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:28AM – 8:53AM	Shula* Until 3:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 11:44AM – 1:10PM	Bava Until 8:13PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga			<b>Ekadashi</b> Until 6:55AM	Moon – Purple		<b>Sivaloka Day</b>
Until 12:46PM		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:54AM – 10:19AM	<b>Shatabhishak</b> Until 3:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:03AM – 7:29AM	Ganda* Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 1:09PM – 2:35PM	Kaulava Until 10:43PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 9:27AM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>		

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:29AM – 8:54AM	<b>Purvaproshtapada*</b> Until 6:40PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:04AM	
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:34PM – 3:59PM	Vridhi Until 5:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 25
613213464		<b>Rahu</b> 10:19AM – 11:44AM	Gara Until 1:04AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 11:53AM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ Sun 28 Sutra 181 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:05AM – 7:30AM	<b>Uttaraproshtapada</b> Until 9:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM	
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:08PM – 2:33PM	Dhruva Until 5:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25
613213464		<b>Rahu</b> 8:55AM – 10:19AM	Visti Until 3:11AM Sun	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 2:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 9:21PM				<b>Ashvina+Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Monroe, NJ Sun 29 Sutra 182 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 2:32PM – 3:56PM	<b>Revati</b> Until 11:38PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:07AM	
Meena Rasi: 21	Tithi 15 – 16	Yama 11:43AM – 1:08PM	Vyaghata* Until 6:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
614213464		<b>Rahu</b> 3:56PM – 5:20PM	Balava Until 5:02AM Mon	<b>Nataraja:</b> Purple		Prathama
Creative Work Amrita Yoga			<b>Purnima*</b> Until 4:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 11:38PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Monroe, NJ

Sutra 183

Vikarin 5121

Mesha Rasi: 3.08     Tithi 16 – 17

Family Home Evening

624213464

**Gulika** 1:07PM – 2:31PM  
**Yama** 10:19AM – 11:43AM  
**Rahu** 7:32AM – 8:55AM

**Ashvini Until 1:57AM Tue**  
Harshana Until 6:25PM  
Taitila Until 6:35AM Tue  
**Prathama\* Until 5:50PM**

**Ganesha:** White     *Sunrise:* 6:08AM  
**Muruqa:** Purple     *Sunset:* 5:19PM

**Nataraja:** Purple  
Moon – White     **Subha Subha Sivaloka Day**  
**Ashvina+Puratasi**

Moon 10 - Phase 26  
1st Phase

Tuesday, October 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Monroe, NJ

Sutra 184

Vikarin 5121

Mesha Rasi: 15.24     Tithi 17

Creative Work     Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

**Gulika** 11:43AM – 1:07PM  
**Yama** 8:56AM – 10:19AM  
**Rahu** 2:30PM – 3:54PM

**Bharani Until 3:48AM Wed**  
Vajra\* Until 6:25PM  
Taitila Until 6:35AM  
**Dvitiya Until 7:13PM**

**Ganesha:** White     *Sunrise:* 6:09AM  
**Muruqa:** Purple     *Sunset:* 5:17PM

**Nataraja:** Purple  
Moon – White     **Subha Subha Sivaloka Day**  
**Ashvina+Puratasi**

Sun 1  
Moon 10 - Phase 26  
1st Phase

Wednesday, October 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Monroe, NJ

Sutra 185

Vikarin 5121

Mesha Rasi: 27.48     Tithi 18

Creative Work     Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

**Gulika** 10:20AM – 11:43AM  
**Yama** 7:33AM – 8:56AM  
**Rahu** 11:43AM – 1:06PM

**Krittika Until 5:09AM Thu**  
Siddhi Until 6:11PM  
Vanija Until 7:49AM  
**Tritiya Until 8:17PM**

**Ganesha:** White     *Sunrise:* 6:10AM  
**Muruqa:** Purple     *Sunset:* 5:16PM

**Nataraja:** Purple  
Moon – White     **Subha Subha Sivaloka Day**  
**Ashvina+Puratasi**

Sun 2  
Moon 10 - Phase 26  
1st Phase

Thursday, October 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Monroe, NJ

Sutra 186

Vikarin 5121

Vrishabha Rasi: 10.21     Tithi 19

Routine Work     Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

**Gulika** 8:57AM – 10:20AM  
**Yama** 6:11AM – 7:34AM  
**Rahu** 1:05PM – 2:28PM

**Rohini Until 6:27AM Fri**  
Vyatipata\* Until 5:40PM  
Bava Until 8:42AM  
**Chaturthi\* Until 8:58PM**

**Ganesha:** White     *Sunrise:* 6:11AM  
**Muruqa:** Purple     *Sunset:* 5:14PM

**Nataraja:** Purple  
Moon – Yellow     **Sivaloka Day**  
**Ashvina+Aipasi**

Sun 3  
Moon 10 - Phase 26  
1st Phase

Friday, October 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ

Sutra 187

Vikarin 5121

Vrishabha Rasi: 23.05     Tithi 20

Routine Work     Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

**Gulika** 7:35AM – 8:57AM  
**Yama** 2:28PM – 3:50PM  
**Rahu** 10:20AM – 11:42AM

**Rohini Until 6:27AM**  
Variyan Until 4:49PM  
Kaulava Until 9:11AM  
**Panchami Until 9:14PM**

**Ganesha:** White     *Sunrise:* 6:12AM  
**Muruqa:** Purple     *Sunset:* 5:13PM

**Nataraja:** Purple  
Moon – Yellow     **Sivaloka Day**  
**Ashvina+Aipasi**

Sun 4  
Moon 10 - Phase 26  
1st Phase

Saturday, October 19, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Monroe, NJ

Sutra 188

Vikarin 5121

Mithuna Rasi: 6.02     Tithi 21

Creative Work     Siddha Yoga

**Gulika** 6:13AM – 7:35AM  
**Yama** 1:04PM – 2:27PM  
**Rahu** 8:58AM – 10:20AM

**Mrigashira Until 7:09AM**  
Parigha\* Until 3:36PM  
Gara Until 9:13AM  
**Shashthi\* Until 9:01PM**

**Ganesha:** White     *Sunrise:* 6:13AM  
**Muruqa:** Purple     *Sunset:* 5:11PM

**Nataraja:** Purple  
Moon – Yellow     **Sivaloka Day**  
**Ashvina+Aipasi**

Sun 5  
Moon 10 - Phase 26  
1st Phase

Sunday, October 20, 2019

6

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Monroe, NJ

Sutra 189

Vikarin 5121

Mithuna Rasi: 19.14     Tithi 22

Creative Work     Siddha Yoga

**Gulika** 2:26PM – 3:48PM  
**Yama** 11:42AM – 1:04PM  
**Rahu** 3:48PM – 5:10PM

**Ardra Until 7:12AM**  
Shiva Until 1:59PM  
Visti Until 8:44AM  
**Saptami Until 8:15PM**

**Ganesha:** White     *Sunrise:* 6:14AM  
**Muruqa:** Purple     *Sunset:* 5:10PM

**Nataraja:** Purple  
Moon – Yellow     **Sivaloka Day**  
**Ashvina+Aipasi**

Sun 6  
Moon 10 - Phase 26  
1st Phase

Monday, October 21, 2019

☾

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ

Sutra 190

Vikarin 5121

Kataka Rasi: 2.44     Tithi 23

Family Home Evening

644313464

Creative Work     Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

**Gulika** 1:03PM – 2:25PM  
**Yama** 10:20AM – 11:42AM  
**Rahu** 7:37AM – 8:59AM

**Punarvasu Until 7:01AM**  
Siddha Until 11:54AM  
Balava Until 7:41AM  
**Ashtami\* Until 6:56PM**

**Ganesha:** Clear     *Sunrise:* 6:15AM  
**Muruqa:** Purple     *Sunset:* 5:08PM

**Nataraja:** Purple  
Moon – Blue     **Subha Sivaloka Day**  
**Ashvina+Aipasi**

Sun 7  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Monroe, NJ

Sutra 191

Vikarin 5121

Kataka Rasi: 16.35     Tithi 24 – 25

Creative Work     Siddha Yoga

**Gulika** 11:42AM – 1:03PM  
**Yama** 8:59AM – 10:20AM  
**Rahu** 2:24PM – 3:46PM

**Pushya Until 6:07AM**  
Sadhya Until 9:21AM  
Taitila Until 6:04AM  
**Navami\* Until 5:02PM**

**Ganesha:** Clear     *Sunrise:* 6:17AM  
**Muruqa:** Purple     *Sunset:* 5:07PM

**Nataraja:** Purple  
Moon – Blue     **Subha Sivaloka Day**  
**Ashvina+Aipasi**

Sun 8  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 9 Sutra 192 Vikarin 5121	
Simha Rasi: 0.47	Tithi 25 – 26	<b>Gulika</b>	10:21AM – 11:42AM	<b>Magha* Until 2:45AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:18AM	
		Yama	7:39AM – 9:00AM	Subha Until 6:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 27
		654313464 <b>Rahu</b>	11:42AM – 1:03PM	Bava Until 1:16AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Dashami Until 2:38PM</b>	Moon – Red		<b>Sivaloka Day</b>
					<b>Ashvina-Aipasi</b>		

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Monroe, NJ Sun 10 Sutra 193 Vikarin 5121	
Simha Rasi: 15.19	Tithi 26 – 27	<b>Gulika</b>	9:00AM – 10:21AM	<b>Purvaphalguni Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:19AM	
		Yama	6:19AM – 7:39AM	Brahma Until 11:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 27
		654313464 <b>Rahu</b>	1:02PM – 2:23PM	Kaulava Until 10:15PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 11:47AM</b>	Moon – Red		<b>Sivaloka Day</b>
					<b>Ashvina-Aipasi</b>		

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Monroe, NJ Sun 11 Sutra 194 Vikarin 5121	
Kanya Rasi: 0.05	Tithi 27 – 28	<b>Gulika</b>	7:40AM – 9:01AM	<b>Uttaraphalguni Until 9:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	
		Yama	2:22PM – 3:42PM	Indra Until 7:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 27
		655313464 <b>Rahu</b>	10:21AM – 11:41AM	Gara Until 6:59PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi* Until 8:38AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
Until 9:48PM					<b>Ashvina-Aipasi</b>		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Monroe, NJ Sun 12 Sutra 195 Vikarin 5121	
Kanya Rasi: 15.01	Tithi 29	<b>Gulika</b>	6:21AM – 7:41AM	<b>Hasta Until 7:19PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:21AM	
		Yama	1:01PM – 2:21PM	Vaidhriti* Until 3:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 27
		665313464 <b>Rahu</b>	9:01AM – 10:21AM	Visti Until 3:37PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga			<b>Chaturdashi* Until 1:55AM Sun</b>	Moon – Green		<b>Subha Sivaloka Day</b>
		<b>Deepavali Hindu Solidarity Day</b>			<b>Ashvina-Aipasi</b>		

<b>●</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Monroe, NJ Sun 13 Sutra 196 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b>	2:21PM – 3:40PM	<b>Chitra Until 4:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:22AM	
Kanya Rasi: 29.58	Tithi 30	Yama	11:41AM – 1:01PM	Vishkambha* Until 11:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 27
		665313464 <b>Rahu</b>	3:40PM – 5:00PM	Catuspada Until 12:18PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga			<b>Amavasya* Until 10:42PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
		<b>Subramuniyaswami Mahasamadhi</b>			<b>Ashvina-Aipasi</b>		

<b>Retreat Star</b>		<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Monroe, NJ Sun 14 Sutra 197 Vikarin 5121	
Tula Rasi: 14.47	Tithi 1	<b>Gulika</b>	1:00PM – 2:20PM	<b>Svati Until 2:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:23AM	
<b>Family Home Evening</b>		Yama	10:22AM – 11:41AM	Priti Until 7:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 <b>Rahu</b>	7:43AM – 9:02AM	Kintughna Until 9:12AM	<b>Nataraja:</b> Purple		Prathama
Until 2:24PM				<b>Prathama* Until 7:47PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Skanda Shasthi Begins</b>			<b>Kartika-Aipasi</b>		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Monroe, NJ Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 29.19	Tithi 2 – 3	<b>Gulika</b>	<b>11:41AM – 1:00PM</b>	<b>Vishakha Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	
		Yama	9:03AM – 10:22AM	Saubhagya Until 1:34AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>2:19PM – 3:38PM</b>	Balava Until 6:31AM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga			<b>Dvitiya Until 5:21PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 12:42PM					<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Monroe, NJ Sun 16 Sutra 199 Vikarin 5121	
Vischika Rasi: 13.29	Tithi 3 – 4	<b>Gulika</b>	<b>10:22AM – 11:41AM</b>	<b>Anuradha Until 11:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	
		Yama	7:45AM – 9:03AM	Sobhana Until 11:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>11:41AM – 1:00PM</b>	Vanija Until 2:57AM Thu	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			<b>Tritiya Until 3:33PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
					<b>Kartika•Aipasi</b>		

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Monroe, NJ Sun 17 Sutra 200 Vikarin 5121	
Vischika Rasi: 27.11	Tithi 4 – 5	<b>Gulika</b>	<b>9:04AM – 10:22AM</b>	<b>Jyeshtha* Until 10:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM	
		Yama	6:27AM – 7:45AM	Athiganda* Until 9:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>12:59PM – 2:18PM</b>	Bava Until 2:21AM Fri	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Prabalarishta Yoga			<b>Chaturthi* Until 2:31PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 10:51AM					<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Monroe, NJ Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 10.26	Tithi 5 – 6	<b>Gulika</b>	<b>7:46AM – 9:05AM</b>	<b>Mula* Until 11:20AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	
		Yama	2:17PM – 3:35PM	Sukarma Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>10:23AM – 11:41AM</b>	Kaulava Until 2:37AM Sat	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			<b>Panchami Until 2:21PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 11:20AM					<b>Kartika•Aipasi</b>		
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Monroe, NJ Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b>	<b>6:29AM – 7:47AM</b>	<b>Purvashadha* Until 12:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM	
		Yama	12:59PM – 2:17PM	Dhriti Until 7:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>9:05AM – 10:23AM</b>	Gara Until 3:42AM Sun	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi* Until 3:02PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 12:31PM					<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Monroe, NJ Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 5.41	Tithi 7 – 8	<b>Gulika</b>	<b>2:16PM – 3:34PM</b>	<b>Uttarashadha Until 2:16PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM	
		Yama	11:41AM – 12:58PM	Shula* Until 7:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>3:34PM – 4:51PM</b>	Visti* Until 5:29AM Mon	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			<b>Saptami Until 4:30PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
					<b>Kartika•Aipasi</b>		

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Monroe, NJ Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 17.5	Tithi 8	<b>Gulika</b>	<b>12:58PM – 2:15PM</b>	<b>Shravana Until 4:57PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	
<b>Family Home Evening</b>		Yama	10:24AM – 11:41AM	Ganda* Until 8:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 <b>Rahu</b>	<b>7:49AM – 9:06AM</b>	Bava Until 6:33PM	<b>Nataraja:</b> Purple		Ashtami
Until 4:57PM				<b>Ashtami* Until 6:33PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Kartika•Aipasi</b>		

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Monroe, NJ Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 29.49	Tithi 9	<b>Gulika</b>	<b>11:41AM – 12:58PM</b>	<b>Dhanishtha Until 7:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:33AM	
		Yama	9:07AM – 10:24AM	Vriddhi Until 9:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 28
		696313464 <b>Rahu</b>	<b>2:15PM – 3:32PM</b>	Balava Until 7:45AM	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga			<b>Navami* Until 8:58PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 7:49PM					<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 11.41	Tithi 10	<b>Gulika</b> 10:24AM – 11:41AM	<b>Shatabhishak</b> Until 10:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	
			Yama 7:51AM – 9:08AM	Dhruva Until 10:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 29
		696313464	<b>Rahu</b> 11:41AM – 12:58PM	Taitila Until 10:16AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga Until 10:39PM Then Creative Work - Amrita Yoga			<b>Dashami</b> Until 11:31PM	<b>Kartika-Aipasi</b>	<b>Sivaloka Day</b>		

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 23.32	Tithi 11	<b>Gulika</b> 9:08AM – 10:25AM	<b>Purvaproshtapada*</b> Until 1:44AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:35AM	
			Yama 6:35AM – 7:52AM	Vyaghata* Until 11:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 29
		716313464	<b>Rahu</b> 12:57PM – 2:14PM	Vanija Until 12:47PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 1:58AM Fri	<b>Kartika-Aipasi</b>	<b>Subha Sivaloka Day</b>		

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau				Monroe, NJ Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 5.26	Tithi 12	<b>Gulika</b> 7:53AM – 9:09AM	<b>Uttaraproshtapada</b> Until 4:25AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:37AM	
			Yama 2:13PM – 3:29PM	Harshana Until 11:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 29
		716313464	<b>Rahu</b> 10:25AM – 11:41AM	Bava Until 3:08PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga Until 4:25AM Sat Then Routine Work - Prabalarishta Yoga			<b>Dvadashi</b> Until 4:11AM Sat	<b>Kartika-Aipasi</b>	<b>Subha Sivaloka Day</b>		

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 17.27	Tithi 13	<b>Gulika</b> 6:38AM – 7:54AM	<b>Revati</b> Until 6:37AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	
			Yama 12:57PM – 2:13PM	Vajra* Until 12:08AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 29
		716313464	<b>Rahu</b> 9:09AM – 10:25AM	Kaulava Until 5:12PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga Until 6:37AM Sun Then Creative Work - Siddha Yoga			<b>Trayodashi</b> Until 6:03AM Sun	<b>Kartika-Aipasi</b>	<b>Subha Sivaloka Day</b>		
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 29.35	Tithi 13 – 14	<b>Gulika</b> 2:12PM – 3:28PM	<b>Revati</b> Until 6:37AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:39AM	
			Yama 11:41AM – 12:57PM	Siddhi Until 12:15AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 29
		716313464	<b>Rahu</b> 3:28PM – 4:43PM	Gara Until 6:52PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Amrita Yoga Until 6:37AM Then Creative Work - Siddha Yoga			<b>Trayodashi</b> Until 6:03AM	<b>Kartika-Aipasi</b>	<b>Subha Sivaloka Day</b>		

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ Sun 28 Sutra 211 Vikarin 5121
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:57PM – 2:12PM	<b>Ashvini</b> Until 8:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	
	Mesha Rasi: 11.54	Tithi 14 – 15	Yama 10:26AM – 11:41AM	Vyatipata* Until 12:03AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 29
	<b>Family Home Evening</b>	727413464	<b>Rahu</b> 7:55AM – 9:11AM	Visti Until 8:07PM	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 7:32AM	<b>Kartika-Aipasi</b>	<b>Sivaloka Day</b>		

<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Monroe, NJ Sun 29 Sutra 212 Vikarin 5121
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:41AM – 12:56PM	<b>Bharani</b> Until 10:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM	
	Mesha Rasi: 24.23	Tithi 15 – 16	Yama 9:11AM – 10:26AM	Variyan Until 11:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 29
		727413464	<b>Rahu</b> 2:11PM – 3:27PM	Balava Until 8:57PM	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga			<b>Purnima*</b> Until 8:34AM	<b>Kartika-Aipasi</b>	<b>Sivaloka Day</b>		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Monroe, NJ

Sutra 213

Vikarin 5121

727413464 Vishabha Rasi: 7.04 Tithi 16 - 17

Gulika 10:27AM - 11:42AM

Yama 7:57AM - 9:12AM

Rahu 11:42AM - 12:56PM

Krittika Until 11:19AM

Parigha\* Until 10:39PM

Taitila Until 9:22PM

Prathama\* Until 9:11AM

Ganesha: White Sunrise: 6:43AM

Muruqa: Purple Sunset: 4:41PM

Nataraja: Purple

Moon - White

Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1 Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ

Sutra 214

Vikarin 5121

737413464 Vishabha Rasi: 19.56 Tithi 17 - 18

Gulika 9:13AM - 10:27AM

Yama 6:44AM - 7:58AM

Rahu 12:56PM - 2:11PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear Sunrise: 6:44AM

Muruqa: Purple Sunset: 4:40PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2 Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ

Sutra 215

Vikarin 5121

737413464 Mithuna Rasi: 3.01 Tithi 18 - 19

Gulika 7:59AM - 9:13AM

Yama 2:10PM - 3:25PM

Rahu 10:28AM - 11:42AM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear Sunrise: 6:45AM

Muruqa: Purple Sunset: 4:39PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3 Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ

Sutra 216

Vikarin 5121

737413464 Mithuna Rasi: 16.16 Tithi 19 - 20

Gulika 6:46AM - 8:00AM

Yama 12:56PM - 2:10PM

Rahu 9:14AM - 10:28AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi\* Until 8:42AM

Ganesha: Clear Sunrise: 6:46AM

Muruqa: Purple Sunset: 4:38PM

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4 Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ

Sutra 217

Vikarin 5121

748413465 Mithuna Rasi: 29.42 Tithi 20 - 21

Gulika 2:10PM - 3:24PM

Yama 11:42AM - 12:56PM

Rahu 3:24PM - 4:37PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear Sunrise: 6:47AM

Muruqa: Purple Sunset: 4:37PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

5 Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Monroe, NJ

Sutra 218

Vikarin 5121

748413465 Kataka Rasi: 13.21 Tithi 21 - 22

Gulika 12:56PM - 2:09PM

Yama 10:29AM - 11:42AM

Rahu 8:02AM - 9:15AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi\* Until 6:37AM

Ganesha: Clear Sunrise: 6:48AM

Muruqa: Purple Sunset: 4:36PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Retreat Star Tuesday, November 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ

Sutra 219

Vikarin 5121

748413465 Kataka Rasi: 27.11 Tithi 23

Gulika 11:43AM - 12:56PM

Yama 9:16AM - 10:29AM

Rahu 2:09PM - 3:23PM

Ashlesha\* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami\* Until 3:10AM Wed

Ganesha: Clear Sunrise: 6:50AM

Muruqa: Purple Sunset: 4:36PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Retreat Star Wednesday, November 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ

Sutra 220

Vikarin 5121

758413465 Simha Rasi: 11.14 Tithi 24

Gulika 10:30AM - 11:43AM

Yama 8:04AM - 9:17AM

Rahu 11:43AM - 12:56PM

Magha\* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami\* Until 12:59AM Thu

Ganesha: White Sunrise: 6:51AM

Muruqa: Purple Sunset: 4:35PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Vishti* Karana Dashamyam Titau				Monroe, NJ
Simha Rasi: 25.28	Tithi 25	<b>Gulika</b>	<b>9:18AM – 10:30AM</b>	<b>Purvaphalguni Until 7:59AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 6:52AM</i>	Sun 8	Sutra 221
		Yama	6:52AM – 8:05AM	Vishkambha* Until 2:29AM Fri	<b>Muruqa: Purple</b>	<i>Sunset: 4:34PM</i>	Moon 11 - Phase 31	Vikarin 5121
Creative Work	Siddha Yoga	758413465 <b>Rahu</b>	<b>12:56PM – 2:09PM</b>	Vanija Until 11:49AM	<b>Nataraja: Clear</b>		2nd Phase	
				<b>Dashami Until 10:33PM</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
					<b>Karttika-Karttikai</b>			

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Monroe, NJ
Kanya Rasi: 9.52	Tithi 26	<b>Gulika</b>	<b>8:06AM – 9:18AM</b>	<b>Uttaraphalguni Until 6:03AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 6:53AM</i>	Sun 9	Sutra 222
		Yama	2:09PM – 3:21PM	Priti Until 11:09PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:34PM</i>	Moon 11 - Phase 31	Vikarin 5121
Creative Work	Siddha Yoga	758413465 <b>Rahu</b>	<b>10:31AM – 11:43AM</b>	Bava Until 9:17AM	<b>Nataraja: Clear</b>		2nd Phase	
Until 6:03AM				<b>Ekadashi* Until 7:57PM</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Karttika-Karttikai</b>			

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
Kanya Rasi: 24.22	Tithi 27 – 28	<b>Gulika</b>	<b>6:54AM – 8:07AM</b>	<b>Chitra Until 2:20AM Sun</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:54AM</i>	Sun 10	Sutra 223
		Yama	12:56PM – 2:08PM	Ayushman Until 7:45PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:33PM</i>	Moon 11 - Phase 31	Vikarin 5121
Routine Work	Marana Yoga	768413465 <b>Rahu</b>	<b>9:19AM – 10:31AM</b>	Kaulava Until 6:39AM	<b>Nataraja: Clear</b>		2nd Phase	
Until 2:20AM Sun				<b>Dvadashi* Until 5:17PM</b>	<b>Moon – Green</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Karttika-Karttikai</b>			
					<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ
Tula Rasi: 8.52	Tithi 28 – 29	<b>Gulika</b>	<b>2:08PM – 3:21PM</b>	<b>Svati Until 12:21AM Mon</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:55AM</i>	Sun 11	Sutra 224
		Yama	11:44AM – 12:56PM	Saubhagya Until 4:25PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:33PM</i>	Moon 11 - Phase 31	Vikarin 5121
Creative Work	Siddha Yoga	769413465 <b>Rahu</b>	<b>3:21PM – 4:33PM</b>	Visti Until 1:26AM Mon	<b>Nataraja: Clear</b>		2nd Phase	
Until 12:21AM Mon				<b>Trayodashi* Until 2:40PM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Karttika-Karttikai</b>			

<b>Retreat Star</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ
Tula Rasi: 23.17	Tithi 29 – 30	<b>Gulika</b>	<b>12:56PM – 2:08PM</b>	<b>Vishakha Until 10:54PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:56AM</i>	Sun 12	Sutra 225
<b>Family Home Evening</b>		Yama	10:32AM – 11:44AM	Sobhana Until 1:15PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:32PM</i>	Moon 11 - Phase 31	Vikarin 5121
Routine Work	Marana Yoga	779413465 <b>Rahu</b>	<b>8:08AM – 9:20AM</b>	Catuspada Until 11:09PM	<b>Nataraja: Clear</b>		Amavasya	
Until 10:54PM				<b>Chaturdashi* Until 12:14PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Karttika-Karttikai</b>			

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Monroe, NJ
Vrischika Rasi: 7.3	Tithi 30 – 1	<b>Gulika</b>	<b>11:45AM – 12:56PM</b>	<b>Anuradha Until 9:42PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:58AM</i>	Sun 13	Sutra 226
		Yama	9:21AM – 10:33AM	Athiganda* Until 10:20AM	<b>Muruqa: Purple</b>	<i>Sunset: 4:32PM</i>	Moon 11 - Phase 31	Vikarin 5121
Creative Work	Siddha Yoga	779413465 <b>Rahu</b>	<b>2:08PM – 3:20PM</b>	Kintughna Until 9:16PM	<b>Nataraja: Clear</b>		Prathama	
Until 9:42PM				<b>Amavasya* Until 10:08AM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Margasira-Karttikai</b>			

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Monroe, NJ Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	<b>Gulika</b> 10:33AM – 11:45AM	<b>Jyeshtha* Until 8:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:59AM	
		Yama 8:10AM – 9:22AM	Sukarma Until 7:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:31PM	Moon 11 - Phase 32
		779413465 <b>Rahu</b> 11:45AM – 12:57PM	Balava Until 7:55PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 8:30AM</b>	Moon – Orange		<b>Devaloka Day</b>
Until 8:53PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Monroe, NJ Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	<b>Gulika</b> 9:23AM – 10:34AM	<b>Mula* Until 9:02PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:00AM	
		Yama 7:00AM – 8:11AM	Shula* Until 4:16AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:31PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 12:57PM – 2:08PM	Taitila Until 7:15PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:29AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Monroe, NJ Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	<b>Gulika</b> 8:12AM – 9:23AM	<b>Purvashadha* Until 9:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:01AM	
		Yama 2:08PM – 3:19PM	Ganda* Until 3:21AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:34AM – 11:46AM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 7:10AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 9:45PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau		Monroe, NJ Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	<b>Gulika</b> 7:02AM – 8:13AM	<b>Uttarashadha Until 11:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:02AM	
		Yama 12:57PM – 2:08PM	Vriddhi Until 3:01AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:24AM – 10:35AM	Bava Until 8:08PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 7:37AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 11:01PM				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Monroe, NJ Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	<b>Gulika</b> 2:08PM – 3:19PM	<b>Shravana Until 1:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:03AM	
		Yama 11:46AM – 12:57PM	Dhruva Until 3:09AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
		799413465 <b>Rahu</b> 3:19PM – 4:30PM	Kaulava Until 9:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 8:47AM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 1:16AM Mon				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Monroe, NJ Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	<b>Gulika</b> 12:57PM – 2:08PM	<b>Dhanishtha Until 3:51AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:04AM	
<b>Family Home Evening</b>		Yama 10:36AM – 11:47AM	Vyaghata* Until 3:41AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 <b>Rahu</b> 8:15AM – 9:25AM	Gara Until 11:42PM	<b>Nataraja:</b> Clear		3rd Phase
Until 3:51AM Tue			<b>Shashthi* Until 10:35AM</b>	Moon – Purple		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>		

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Monroe, NJ Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	<b>Gulika</b> 11:47AM – 12:58PM	<b>Shatabhishak Until 6:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:05AM	
		Yama 9:26AM – 10:37AM	Harshana Until 4:27AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:08PM – 3:19PM	Visti Until 2:05AM Wed	<b>Nataraja:</b> Clear		Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 12:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 6:33AM Wed				<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Monroe, NJ Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	<b>Gulika</b> 10:37AM – 11:48AM	<b>Shatabhishak Until 6:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	
		Yama 8:16AM – 9:27AM	Vajra* Until 5:15AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 11:48AM – 12:58PM	Balava Until 4:36AM Thu	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 6:33AM				<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ
Meena Rasi: 1.31	Tithi 9 – 10	711413465	<b>Gulika</b> 9:27AM – 10:38AM <b>Yama</b> 7:07AM – 8:17AM <b>Rahu</b> 12:58PM – 2:09PM	<b>Purvaproshtapada* Until 9:39AM</b> Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri <b>Navami* Until 5:48PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 4:29PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		


<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ
Meena Rasi: 13.26	Tithi 10	711413465	<b>Gulika</b> 8:18AM – 9:28AM <b>Yama</b> 2:09PM – 3:19PM <b>Rahu</b> 10:38AM – 11:48AM	<b>Uttaraproshtapada Until 12:27PM</b> Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM <b>Dashami Until 8:05PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:08AM <b>Sunset:</b> 4:29PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Monroe, NJ
Meena Rasi: 25.28	Tithi 11	711513465	<b>Gulika</b> 7:09AM – 8:19AM <b>Yama</b> 12:59PM – 2:09PM <b>Rahu</b> 9:29AM – 10:39AM	<b>Revati Until 2:46PM</b> Vyatipata* Until 6:31AM Vanija Until 9:07AM <b>Ekadashi Until 9:59PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 4:29PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work Prabalarishta Yoga Until 2:46PM Then Creative Work - Siddha Yoga						<b>Subha Sivaloka Day</b>		

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Monroe, NJ
Mesha Rasi: 7.4	Tithi 12	721513465	<b>Gulika</b> 2:09PM – 3:19PM <b>Yama</b> 11:49AM – 12:59PM <b>Rahu</b> 3:19PM – 4:29PM	<b>Ashvini Until 4:59PM</b> Variyan Until 6:43AM Bava Until 10:47AM <b>Dvadashi Until 11:24PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 4:29PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 4:59PM Then Routine Work - Prabalarishta Yoga						<b>Sivaloka Day</b>		

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ
Mesha Rasi: 20.05	Tithi 13	721513465	<b>Gulika</b> 1:00PM – 2:09PM <b>Yama</b> 10:40AM – 11:50AM <b>Rahu</b> 8:20AM – 9:30AM	<b>Bharani Until 6:30PM</b> Parigha* Until 6:31AM Kaulava Until 11:55AM <b>Trayodashi Until 12:15AM Tue</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 4:29PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 6:30PM Then Routine Work - Marana Yoga						<b>Sivaloka Day</b>		

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ
Vrishabha Rasi: 2.46	Tithi 14	721513465	<b>Gulika</b> 11:50AM – 1:00PM <b>Yama</b> 9:31AM – 10:41AM <b>Rahu</b> 2:10PM – 3:19PM	<b>Krittika Until 7:18PM</b> Siddha Until 4:49AM Wed Gara Until 12:29PM <b>Chaturdashi* Until 12:31AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 4:29PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 7:18PM Then Creative Work - Amrita Yoga						<b>Sivaloka Day</b>		

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ
Vrishabha Rasi: 15.43	Tithi 15	731523465	<b>Gulika</b> 10:41AM – 11:51AM <b>Yama</b> 8:22AM – 9:31AM <b>Rahu</b> 11:51AM – 1:00PM	<b>Rohini Until 7:52PM</b> Sadhya Until 3:20AM Thu Visti Until 12:28PM <b>Purnima* Until 12:14AM Thu</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:12AM <b>Sunset:</b> 4:29PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

<b>Thursday, December 12, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ
Vrishabha Rasi: 28.56	Tithi 16	732523465	<b>Gulika</b> 9:32AM – 10:42AM <b>Yama</b> 7:13AM – 8:23AM <b>Rahu</b> 1:01PM – 2:10PM	<b>Mrigashira Until 7:48PM</b> Subha Until 1:28AM Fri Balava Until 11:55AM <b>Prathama* Until 11:27PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 4:29PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work Marana Yoga						<b>Devaloka Day</b>		
				<b>Vinayaga Viratam Begins</b>				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Monroe, NJ

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 12.25 Tithi 17

732523465

**Gulika** 8:23AM - 9:33AM  
**Yama** 2:10PM - 3:20PM  
**Rahu** 10:42AM - 11:52AM

**Ardra Until 7:09PM**  
**Sukla Until 11:15PM**  
**Taitila Until 10:56AM**  
**Dvitiya Until 10:16PM**

**Ganesha:** Clear **Sunrise:** 7:14AM

**Muruqa:** Clear **Sunset:** 4:29PM

**Nataraja:** Clear

**Moon - Yellow**

**Devaloka Day**

**Margasira-Karttikai**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Monroe, NJ

Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 26.07 Tithi 18

742523465

**Gulika** 7:15AM - 8:24AM  
**Yama** 1:01PM - 2:11PM  
**Rahu** 9:33AM - 10:43AM

**Punarvasu Until 6:29PM**  
**Brahma Until 8:49PM**  
**Vanija Until 9:34AM**  
**Tritiya Until 8:45PM**

**Ganesha:** Purple **Sunrise:** 7:15AM

**Muruqa:** Clear **Sunset:** 4:30PM

**Nataraja:** Clear

**Moon - Blue**

**Bhuloka Day**

**Margasira-Karttikai**

**Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Monroe, NJ

Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 10.01 Tithi 19

742523465

**Gulika** 2:11PM - 3:21PM  
**Yama** 11:53AM - 1:02PM  
**Rahu** 3:21PM - 4:30PM

**Pushya Until 5:25PM**  
**Indra Until 6:11PM**  
**Bava Until 7:55AM**  
**Chaturthi\* Until 7:00PM**

**Ganesha:** Purple **Sunrise:** 7:15AM

**Muruqa:** Clear **Sunset:** 4:30PM

**Nataraja:** Clear

**Moon - Blue**

**Bhuloka Day**

**Margasira-Karttikai**

**Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhrili\*/Vishkambha\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ

Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 24.01 Tithi 20 - 21

842523465

**Gulika** 1:02PM - 2:12PM  
**Yama** 10:44AM - 11:53AM  
**Rahu** 8:25AM - 9:35AM

**Ashlesha\* Until 4:02PM**  
**Vaidhrili\* Until 3:24PM**  
**Kaulava Until 6:04AM**  
**Panchami Until 5:04PM**

**Ganesha:** Clear **Sunrise:** 7:16AM

**Muruqa:** Clear **Sunset:** 4:30PM

**Nataraja:** Clear

**Moon - Blue**

**Devaloka Day**

**Margasira-Markali**

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Monroe, NJ

Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 8.07 Tithi 21 - 22

852523465

**Gulika** 11:54AM - 1:03PM  
**Yama** 9:35AM - 10:44AM  
**Rahu** 2:12PM - 3:21PM

**Magha\* Until 2:50PM**  
**Vishkambha\* Until 12:33PM**  
**Visti Until 2:02AM Wed**  
**Shashthi\* Until 3:03PM**

**Ganesha:** Purple **Sunrise:** 7:17AM

**Muruqa:** Clear **Sunset:** 4:30PM

**Nataraja:** Clear

**Moon - Red**

**Bhuloka Day**

**Margasira-Markali**

**Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Monroe, NJ

Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 22.16 Tithi 22 - 23

852523465

**Gulika** 10:45AM - 11:54AM  
**Yama** 8:27AM - 9:36AM  
**Rahu** 11:54AM - 1:03PM

**Purvaphalguni Until 1:27PM**  
**Priti Until 9:40AM**  
**Balava Until 11:57PM**  
**Saptami Until 12:59PM**

**Ganesha:** Purple **Sunrise:** 7:17AM

**Muruqa:** Clear **Sunset:** 4:31PM

**Nataraja:** Clear

**Moon - Red**

**Bhuloka Day**

**Margasira-Markali**

**Devaloka Time: 3:PM to 6:PM**

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ

Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 6.25 Tithi 23 - 24

852523465

**Gulika** 9:36AM - 10:45AM  
**Yama** 7:18AM - 8:27AM  
**Rahu** 1:04PM - 2:13PM

**Uttaraphalguni Until 11:55AM**  
**Ayushman Until 6:44AM**  
**Taitila Until 9:53PM**  
**Ashtami\* Until 10:54AM**

**Ganesha:** Purple **Sunrise:** 7:18AM

**Muruqa:** Clear **Sunset:** 4:31PM

**Nataraja:** Clear

**Moon - Red**

**Bhuloka Day**

**Margasira-Markali**

**Devaloka Time: 3:PM to 6:PM**


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Monroe, NJ Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	<b>Gulika</b> 8:28AM – 9:37AM <b>Yama</b> 2:13PM – 3:23PM <b>Rahu</b> 10:46AM – 11:55AM	<b>Hasta</b> <b>Until 10:41AM</b> Sobhana <b>Until 12:59AM Sat</b> Vanija <b>Until 7:51PM</b> <b>Navami* Until 8:50AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:32PM	Moon 12 - Phase 35 2nd Phase
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga						<b>Devaloka Day</b>	
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	<b>Gulika</b> 7:19AM – 8:28AM <b>Yama</b> 1:05PM – 2:14PM <b>Rahu</b> 9:37AM – 10:46AM	<b>Chitra</b> <b>Until 9:22AM</b> Athiganda* <b>Until 10:12PM</b> Balava <b>Until 4:58AM Sun</b> <b>Dashami</b> <b>Until 6:51AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:32PM	Moon 12 - Phase 35 2nd Phase
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati				<b>Devaloka Day</b>	
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Monroe, NJ Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	<b>Gulika</b> 2:14PM – 3:23PM <b>Yama</b> 11:56AM – 1:05PM <b>Rahu</b> 3:23PM – 4:33PM	<b>Svati</b> <b>Until 8:03AM</b> Sukarma <b>Until 7:33PM</b> Kaulava <b>Until 4:07PM</b> <b>Dvadashi* Until 3:17AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:33PM	Moon 12 - Phase 35 2nd Phase
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati				<b>Devaloka Day</b>	
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Monroe, NJ Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	<b>Gulika</b> 1:06PM – 2:15PM <b>Yama</b> 10:47AM – 11:57AM <b>Rahu</b> 8:29AM – 9:38AM	<b>Vishakha</b> <b>Until 7:13AM</b> Dhriti <b>Until 5:07PM</b> Gara <b>Until 2:34PM</b> <b>Trayodashi* Until 1:52AM Tue</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:33PM	Moon 12 - Phase 35 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati		Pradosha Vrata (Fasting)		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Monroe, NJ Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	<b>Gulika</b> 11:57AM – 1:06PM <b>Yama</b> 9:39AM – 10:48AM <b>Rahu</b> 2:15PM – 3:25PM	<b>Anuradha</b> <b>Until 6:31AM</b> Shula* <b>Until 2:54PM</b> Visti <b>Until 1:19PM</b> <b>Chaturdashi* Until 12:49AM Wed</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:34PM	Moon 12 - Phase 35 2nd Phase
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Monroe, NJ Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	<b>Gulika</b> 10:48AM – 11:58AM <b>Yama</b> 8:30AM – 9:39AM <b>Rahu</b> 11:58AM – 1:07PM	<b>Jyeshtha* Until 6:02AM</b> Ganda* <b>Until 1:02PM</b> Catuspada <b>Until 12:29PM</b> <b>Amavasya* Until 12:14AM Thu</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:34PM	Moon 12 - Phase 35 Amavasya
Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati				<b>Devaloka Day</b>	
<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Monroe, NJ Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	<b>Gulika</b> 9:40AM – 10:49AM <b>Yama</b> 7:21AM – 8:30AM <b>Rahu</b> 1:07PM – 2:17PM	<b>Mula* Until 6:19AM</b> Vriddhi <b>Until 11:34AM</b> Kintughna <b>Until 12:09PM</b> <b>Prathama* Until 12:10AM Fri</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:35PM	Moon 12 - Phase 35 Prathama
Creative Work Siddha Yoga		Annular Solar Eclipse				<b>Devaloka Day</b>	

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Monroe, NJ
Dhanus Rasi: 26.08	Tithi 2	Gulika 8:31AM – 9:40AM	Purvashadha* Until 6:59AM	Ganesha: Orange	Sunrise: 7:22AM	Sun 14	Sutra 257	Vikarin 5121
		Yama 2:17PM – 3:26PM	Dhruva Until 10:31AM	Muruqa: Clear	Sunset: 4:36PM			Moon 12 - Phase 36
		883523466 Rahu 10:49AM – 11:59AM	Balava Until 12:22PM	Nataraja: Orange				3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:42AM Sat	Moon – Light Blue				Devaloka Day
Until 6:59AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Monroe, NJ
Makara Rasi: 8.49	Tithi 3	Gulika 7:22AM – 8:31AM	Uttarashadha Until 8:04AM	Ganesha: Orange	Sunrise: 7:22AM	Sun 15	Sutra 258	Vikarin 5121
		Yama 1:08PM – 2:18PM	Vyaghata* Until 9:56AM	Muruqa: Clear	Sunset: 4:36PM			Moon 12 - Phase 36
		883523466 Rahu 9:41AM – 10:50AM	Taitila Until 1:12PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:49AM Sun	Moon – Light Blue				Devaloka Day
Until 8:04AM				Pausha-Markali				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Monroe, NJ
Makara Rasi: 21.16	Tithi 4	Gulika 2:18PM – 3:28PM	Shravana Until 10:02AM	Ganesha: Clear	Sunrise: 7:22AM	Sun 16	Sutra 259	Vikarin 5121
		Yama 12:00PM – 1:09PM	Harshana Until 9:48AM	Muruqa: Clear	Sunset: 4:37PM			Moon 12 - Phase 36
		893523466 Rahu 3:28PM – 4:37PM	Vanija Until 2:37PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:29AM Mon	Moon – Purple				Devaloka Day
Until 10:02AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ
Kumbha Rasi: 3.28	Tithi 5	Gulika 1:10PM – 2:19PM	Dhanishtha Until 12:20PM	Ganesha: Clear	Sunrise: 7:22AM	Sun 17	Sutra 260	Vikarin 5121
Family Home Evening		Yama 10:51AM – 12:00PM	Vajra* Until 10:03AM	Muruqa: Clear	Sunset: 4:38PM			Moon 12 - Phase 36
		893523466 Rahu 8:32AM – 9:41AM	Bava Until 4:31PM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:36AM Tue	Moon – Purple				Devaloka Day
				Pausha-Markali				

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthyam Titau				Monroe, NJ
Kumbha Rasi: 15.3	Tithi 6	Gulika 12:01PM – 1:10PM	Shatabhishak Until 2:50PM	Ganesha: Clear	Sunrise: 7:23AM	Sun 18	Sutra 261	Vikarin 5121
		Yama 9:42AM – 10:51AM	Siddhi Until 10:36AM	Muruqa: Clear	Sunset: 4:39PM			Moon 12 - Phase 36
		893523466 Rahu 2:20PM – 3:29PM	Kaulava Until 6:48PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 8:01AM Wed	Moon – Purple				Devaloka Day
				Pausha-Markali				

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Monroe, NJ
Kumbha Rasi: 27.26	Tithi 6 – 7	Gulika 10:52AM – 12:02PM	Purvaproshtapada* Until 5:54PM	Ganesha: Blue	Sunrise: 7:23AM	Sun 19	Sutra 262	Vikarin 5121
		Yama 8:33AM – 9:42AM	Vyatipata* Until 11:21AM	Muruqa: Clear	Sunset: 4:40PM			Moon 12 - Phase 36
		813623466 Rahu 12:02PM – 1:11PM	Gara Until 9:17PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 8:01AM	Moon – Clear				Bhuloka Day
Until 5:54PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Monroe, NJ
Meena Rasi: 9.19	Tithi 7 – 8	Gulika 9:42AM – 10:52AM	Uttaraproshtapada Until 8:48PM	Ganesha: Blue	Sunrise: 7:23AM	Sun 20	Sutra 263	Vikarin 5121
		Yama 7:23AM – 8:33AM	Variyan Until 12:08PM	Muruqa: Clear	Sunset: 4:41PM			Moon 12 - Phase 36
		813623466 Rahu 1:12PM – 2:22PM	Visti Until 11:46PM	Nataraja: Orange				Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:31AM	Moon – Clear				Bhuloka Day
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ
Meena Rasi: 21.13	Tithi 8 – 9	Gulika 8:33AM – 9:43AM	Revati Until 11:23PM	Ganesha: Blue	Sunrise: 7:23AM	Sun 21	Sutra 264	Vikarin 5121
		Yama 2:22PM – 3:32PM	Parigha* Until 12:51PM	Muruqa: Clear	Sunset: 4:42PM			Moon 12 - Phase 36
		813623466 Rahu 10:53AM – 12:03PM	Balava Until 2:02AM Sat	Nataraja: Orange				Navami
Creative Work	Siddha Yoga		Ashtami* Until 12:55PM	Moon – Clear				Bhuloka Day
Until 11:23PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 4, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Monroe, NJ Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	<b>Gulika</b> 7:23AM – 8:33AM	<b>Ashvini Until 1:54AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:23AM		
		Yama 1:13PM – 2:23PM	Shiva Until 1:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM		Moon 12 - Phase 37
	823623466	<b>Rahu</b> 9:43AM – 10:53AM	Taitila Until 3:54AM Sun	<b>Nataraja:</b> Orange			4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 3:01PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 1:54AM Sun				<b>Pausha-Markali</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Sunday, January 5, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Monroe, NJ Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	<b>Gulika</b> 2:24PM – 3:34PM	<b>Bharani Until 3:44AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:23AM		
		Yama 12:03PM – 1:14PM	Siddha Until 1:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM		Moon 12 - Phase 37
	823623466	<b>Rahu</b> 3:34PM – 4:44PM	Vanija Until 5:11AM Mon	<b>Nataraja:</b> Orange			4th Phase
Routine Work	Prabalarishta Yoga		<b>Dashami Until 4:36PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 3:44AM Mon		<b>Subramuniyaswami Jayanti</b>		<b>Pausha-Markali</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, January 6, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Monroe, NJ Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	<b>Gulika</b> 1:14PM – 2:24PM	<b>Krittika Until 4:45AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:23AM		
<b>Family Home Evening</b>		Yama 10:54AM – 12:04PM	Sadhya Until 1:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM		Moon 12 - Phase 37
	823623466	<b>Rahu</b> 8:33AM – 9:43AM	Bava Until 5:47AM Tue	<b>Nataraja:</b> Orange			4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 5:33PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 4:45AM Tue		<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, January 7, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Monroe, NJ Sun 25 Sutra 268 Vikarin 5121
Vrisabha Rasi: 10.35	Tithi 12 – 13	<b>Gulika</b> 12:04PM – 1:15PM	<b>Rohini Until 5:22AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:23AM		
		Yama 9:43AM – 10:54AM	Subha Until 12:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM		Moon 12 - Phase 37
	833623466	<b>Rahu</b> 2:25PM – 3:36PM	Kaulava Until 5:38AM Wed	<b>Nataraja:</b> Orange			4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi Until 5:47PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 5:22AM Wed				<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, January 8, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Monroe, NJ Sun 26 Sutra 269 Vikarin 5121
Vrisabha Rasi: 23.4	Tithi 13 – 14	<b>Gulika</b> 10:54AM – 12:05PM	<b>Mrigashira Until 5:09AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:22AM		
		Yama 8:33AM – 9:44AM	Sukla Until 10:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM		Moon 12 - Phase 37
	833623466	<b>Rahu</b> 12:05PM – 1:15PM	Gara Until 4:48AM Thu	<b>Nataraja:</b> Orange			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 5:17PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 5:09AM Thu				<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Thursday, January 9, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Monroe, NJ Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	<b>Gulika</b> 9:44AM – 10:54AM	<b>Ardra Until 4:10AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:22AM		
		Yama 7:22AM – 8:33AM	Brahma Until 8:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM		Moon 12 - Phase 37
	834623466	<b>Rahu</b> 1:16PM – 2:27PM	Visti Until 3:19AM Fri	<b>Nataraja:</b> Orange			4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 4:07PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 4:10AM Fri		<b>Ardra Darshanam</b>		<b>Pausha-Markali</b>			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Friday, January 10, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Monroe, NJ Sun 28 Sutra 271 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:33AM – 9:44AM	<b>Punarvasu Until 2:59AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:22AM		
Mithuna Rasi: 20.58	Tithi 15 – 16	Yama 2:27PM – 3:38PM	Indra Until 6:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM		Moon 12 - Phase 37
	844623466	<b>Rahu</b> 10:55AM – 12:06PM	Balava Until 1:20AM Sat	<b>Nataraja:</b> Orange			Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 2:22PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Penumbra Lunar Eclipse</b>		<b>Pausha-Markali</b>			

<b>○</b>		<b>Saturday, January 11, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Monroe, NJ Sun 29 Sutra 272 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:22AM – 8:33AM	<b>Pushya Until 1:17AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:22AM		
Kataka Rasi: 5.07	Tithi 16 – 17	Yama 1:17PM – 2:28PM	Vishkambha* Until 12:12AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM		Moon 12 - Phase 37
	844623466	<b>Rahu</b> 9:44AM – 10:55AM	Taitila Until 10:58PM	<b>Nataraja:</b> Orange			Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 12:10PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha-Markali</b>			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ  
Sun 1  
Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 3:40PM - 4:51PM

Gulika 2:29PM - 3:40PM  
Yama 12:06PM - 1:18PM  
Ashlesha\* Until 11:13PM  
Priti Until 8:51PM  
Vanija Until 8:21PM  
Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:21AM  
Muruqa: Clear Sunset: 4:51PM  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Tritiya/Chaturthiyam Titau

Monroe, NJ  
Sun 2  
Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:33AM - 9:44AM

Gulika 1:18PM - 2:30PM  
Yama 10:55AM - 12:07PM  
Magha\* Until 9:21PM  
Ayushman Until 5:24PM  
Balava Until 4:16AM Tue  
Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:21AM  
Muruqa: Clear Sunset: 4:52PM  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ  
Sun 3  
Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 2:30PM - 3:42PM

Gulika 12:07PM - 1:19PM  
Yama 9:44AM - 10:55AM  
Purvaphalguni Until 7:23PM  
Saubhagya Until 1:58PM  
Kaulava Until 2:57PM  
Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:21AM  
Muruqa: Clear Sunset: 4:53PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthiyam Titau

Monroe, NJ  
Sun 4  
Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:07PM - 1:19PM

Gulika 10:56AM - 12:07PM  
Yama 8:32AM - 9:44AM  
Uttaraphalguni Until 5:26PM  
Sobhana Until 10:40AM  
Gara Until 12:24PM  
Shashthi\* Until 11:11PM

Ganesha: Clear Sunrise: 7:20AM  
Muruqa: Clear Sunset: 4:53PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Monroe, NJ  
Sun 5  
Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Kanya Rasi: 17.24 Tithi 22

864623466 Rahu 1:20PM - 2:32PM

Gulika 9:44AM - 10:56AM  
Yama 7:20AM - 8:32AM  
Hasta Until 4:00PM  
Athiganda\* Until 7:30AM  
Visti Until 10:04AM  
Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:20AM  
Muruqa: Clear Sunset: 4:56PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ  
Sun 6  
Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 10:56AM - 12:08PM

Gulika 8:32AM - 9:44AM  
Yama 2:32PM - 3:45PM  
Chitra Until 2:43PM  
Dhriti Until 1:56AM Sat  
Balava Until 8:01AM  
Ashtami\* Until 7:06PM

Ganesha: Purple Sunrise: 7:19AM  
Muruqa: Clear Sunset: 4:57PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Monroe, NJ  
Sun 7  
Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

Tula Rasi: 15.31 Tithi 24 - 25

864623466 Rahu 9:44AM - 10:56AM

Gulika 7:19AM - 8:31AM  
Yama 1:21PM - 2:33PM  
Svati Until 1:39PM  
Shula\* Until 11:33PM  
Taitila Until 6:19AM  
Navami\* Until 5:35PM

Ganesha: Purple Sunrise: 7:19AM  
Muruqa: Clear Sunset: 4:58PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau			Monroe, NJ Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 25 – 26	<b>Gulika</b>	2:34PM – 3:47PM	<b>Vishakha</b> Until 1:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:18AM	
		Yama	12:09PM – 1:21PM	Ganda* Until 9:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b>	3:47PM – 4:59PM	Bava Until 4:01AM Mon	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga			<b>Dashami</b> Until 4:26PM	Moon – Orange		<b>Devaloka Day</b>
					<b>Pausha</b> -Thai		

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Monroe, NJ Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	<b>Gulika</b>	1:22PM – 2:35PM	<b>Anuradha</b> Until 1:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:18AM	
<b>Family Home Evening</b>		Yama	10:56AM – 12:09PM	Vriddhi Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b>	8:30AM – 9:43AM	Kaulava Until 3:27AM Tue	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 3:40PM	Moon – Orange		<b>Devaloka Day</b>
					<b>Pausha</b> -Thai		

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau			Monroe, NJ Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	<b>Gulika</b>	12:09PM – 1:22PM	<b>Jyeshtha*</b> Until 1:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:17AM	
		Yama	9:43AM – 10:56AM	Dhruva Until 6:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 39
		875623466 <b>Rahu</b>	2:35PM – 3:49PM	Gara Until 3:18AM Wed	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga			<b>Dvadashi*</b> Until 3:18PM	Moon – Orange		<b>Bhuloka Day</b>
Until 1:05PM					<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Monroe, NJ Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	<b>Gulika</b>	10:56AM – 12:10PM	<b>Mula*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:16AM	
		Yama	8:30AM – 9:43AM	Vyaghata* Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b>	12:10PM – 1:23PM	Visti Until 3:34AM Thu	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga			<b>Trayodashi*</b> Until 3:21PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 1:51PM					<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Monroe, NJ Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	<b>Gulika</b>	9:43AM – 10:56AM	<b>Purvashadha*</b> Until 2:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:16AM	
		Yama	7:16AM – 8:29AM	Harshana Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b>	1:23PM – 2:37PM	Catuspada Until 4:15AM Fri	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 3:50PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 2:51PM					<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Monroe, NJ Sun 13 Sutra 285 Vikarin 5121
Makara Rasi: 4.37	Tithi 30 – 1	<b>Gulika</b>	8:29AM – 9:42AM	<b>Uttarashadha</b> Until 4:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:15AM	
		Yama	2:38PM – 3:51PM	Vajra* Until 3:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b>	10:56AM – 12:10PM	Kintughna Until 5:23AM Sat	<b>Nataraja:</b> Orange		Amavasya
Routine Work	Marana Yoga			<b>Amavasya*</b> Until 4:44PM	Moon – Light Blue		<b>Bhuloka Day</b>
					<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau			Monroe, NJ Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	<b>Gulika</b>	7:14AM – 8:28AM	<b>Shravana</b> Until 6:08PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:14AM	
		Yama	1:24PM – 2:38PM	Siddhi Until 3:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 39
		995623466 <b>Rahu</b>	9:42AM – 10:56AM	Bava Until 6:05PM	<b>Nataraja:</b> Orange		Prathama
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 6:05PM	Moon – Purple		<b>Bhuloka Day</b>
					<b>Magha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Varyan Yoga Balava/Kaulava Karana Dvilyayam Titau		Monroe, NJ Sun 15 Sutra 287 Vikarin 5121	
Makara Rasi: 29.23	Tithi 2	Gulika 2:39PM – 3:53PM	<b>Dhanishtha Until 8:21PM</b>	Ganesha: Orange	Sunrise: 7:13AM	Moon 1 - Phase 40	
		Yama 12:11PM – 1:25PM	Vyatipata* Until 3:57PM	Muruqa: Clear	Sunset: 5:08PM	3rd Phase	
		995723466 Rahu 3:53PM – 5:08PM	Balava Until 6:56AM	Nataraja: Orange			
Routine Work	Marana Yoga		<b>Dvitiya Until 7:50PM</b>	Moon – Purple			<b>Devaloka Day</b>
Until 8:21PM				Magha*Thai			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau		Monroe, NJ Sun 16 Sutra 288 Vikarin 5121	
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:25PM – 2:40PM	<b>Shatabhishak Until 10:45PM</b>	Ganesha: Orange	Sunrise: 7:12AM	Moon 1 - Phase 40	
Family Home Evening		Yama 10:56AM – 12:11PM	Variyan Until 4:23PM	Muruqa: Clear	Sunset: 5:09PM	3rd Phase	
Creative Work	Siddha Yoga	995723466 Rahu 8:27AM – 9:42AM	Taitila Until 8:52AM	Nataraja: Orange			
Until 10:45PM			<b>Tritiya Until 9:56PM</b>	Moon – Purple			<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				Magha*Thai			

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau		Monroe, NJ Sun 17 Sutra 289 Vikarin 5121	
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:11PM – 1:26PM	<b>Purvaproshtapada* Until 1:44AM Wed</b>	Ganesha: Green	Sunrise: 7:12AM	Moon 1 - Phase 40	
		Yama 9:41AM – 10:56AM	Parigha* Until 5:02PM	Muruqa: Clear	Sunset: 5:10PM	3rd Phase	
		915723466 Rahu 2:41PM – 3:55PM	Vanija Until 11:06AM	Nataraja: Orange			
Routine Work	Marana Yoga		<b>Chaturthi* Until 12:18AM Wed</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 1:44AM Wed				Magha*Thai			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Monroe, NJ Sun 18 Sutra 290 Vikarin 5121	
Meena Rasi: 5.26	Tithi 5	Gulika 10:56AM – 12:11PM	<b>Uttaraproshtapada Until 4:41AM Thu</b>	Ganesha: Green	Sunrise: 7:11AM	Moon 1 - Phase 40	
		Yama 8:26AM – 9:41AM	Shiva Until 5:51PM	Muruqa: Clear	Sunset: 5:11PM	3rd Phase	
		915723466 Rahu 12:11PM – 1:26PM	Bava Until 1:34PM	Nataraja: Orange			
Creative Work	Siddha Yoga		<b>Panchami Until 2:49AM Thu</b>	Moon – Clear			<b>Sivaloka Day</b>
				Magha*Thai			

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthayam Titau		Monroe, NJ Sun 19 Sutra 291 Vikarin 5121	
Meena Rasi: 17.19	Tithi 6	Gulika 9:41AM – 10:56AM	<b>Revati Until 7:26AM Fri</b>	Ganesha: Orange	Sunrise: 7:10AM	Moon 1 - Phase 40	
		Yama 7:10AM – 8:25AM	Siddha Until 6:40PM	Muruqa: Clear	Sunset: 5:13PM	3rd Phase	
		916723466 Rahu 1:27PM – 2:42PM	Kaulava Until 4:06PM	Nataraja: Orange			
Creative Work	Siddha Yoga		<b>Shashthi* Until 5:19AM Fri</b>	Moon – Clear			<b>Devaloka Day</b>
Until 7:26AM Fri				Magha*Thai			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau		Monroe, NJ Sun 20 Sutra 292 Vikarin 5121	
Meena Rasi: 29.11	Tithi 7	Gulika 8:24AM – 9:40AM	<b>Revati Until 7:26AM</b>	Ganesha: Orange	Sunrise: 7:09AM	Moon 1 - Phase 40	
		Yama 2:43PM – 3:58PM	Sadhya Until 7:25PM	Muruqa: Clear	Sunset: 5:14PM	3rd Phase	
		916723466 Rahu 10:56AM – 12:11PM	Gara Until 6:32PM	Nataraja: Orange			
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM Sat</b>	Moon – Clear			<b>Devaloka Day</b>
Until 7:26AM				Magha*Thai			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Monroe, NJ Sun 21 Sutra 293 Vikarin 5121	
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 7:09AM – 8:24AM	<b>Ashvini Until 10:20AM</b>	Ganesha: Green	Sunrise: 7:09AM	Moon 1 - Phase 40	
		Yama 1:27PM – 2:43PM	Subha Until 7:57PM	Muruqa: Clear	Sunset: 5:14PM	Ashtami	
		926723466 Rahu 9:40AM – 10:56AM	Visti Until 8:40PM	Nataraja: Orange			
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM</b>	Moon – White			<b>Bhuloka Day</b>
				Magha*Thai			Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Monroe, NJ Sun 22 Sutra 294 Vikarin 5121	
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 2:43PM – 3:59PM	<b>Bharani Until 12:39PM</b>	Ganesha: Green	Sunrise: 7:08AM	Moon 1 - Phase 40	
		Yama 12:12PM – 1:27PM	Sukla Until 8:05PM	Muruqa: Clear	Sunset: 5:15PM	Navami	
		926723466 Rahu 3:59PM – 5:15PM	Balava Until 10:18PM	Nataraja: Orange			
Routine Work	Prabalarishta Yoga		<b>Ashtami* Until 9:32AM</b>	Moon – White			<b>Bhuloka Day</b>
Until 12:39PM				Magha*Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ Sun 23 Sutra 295 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:28PM – 2:44PM	<b>Krittika</b> Until 2:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:07AM	
Vrishabha Rasi: 5.37	Tithi 9 – 10	Yama 10:55AM – 12:12PM	Brahma Until 7:42PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 41
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 8:23AM – 9:39AM	Taitila Until 11:13PM	<b>Nataraja:</b> Orange		4th Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 10:50AM	Moon – White		<b>Bhuloka Day</b>
Until 2:12PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 296 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:12PM – 1:28PM	<b>Rohini</b> Until 3:20PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:06AM	
Vrishabha Rasi: 18.17	Tithi 10 – 11	Yama 9:39AM – 10:55AM	Indra Until 6:44PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 2:45PM – 4:01PM	Vanija Until 11:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 11:21AM	Moon – Yellow		<b>Devaloka Day</b>
Until 3:20PM				<b>Magha-Thai</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 25 Sutra 297 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:55AM – 12:12PM	<b>Mrigashira</b> Until 3:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:05AM	
Mithuna Rasi: 1.22	Tithi 11 – 12	Yama 8:22AM – 9:38AM	Vaidhriti* Until 5:05PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 12:12PM – 1:29PM	Bava Until 10:35PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 11:02AM	Moon – Yellow		<b>Devaloka Day</b>
				<b>Magha-Thai</b>		

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 298 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:38AM – 10:55AM	<b>Ardra</b> Until 2:41PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:04AM	
Mithuna Rasi: 14.54	Tithi 12 – 13	Yama 7:04AM – 8:21AM	Vishkambha* Until 2:48PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 1:29PM – 2:46PM	Kaulava Until 9:03PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 9:54AM	Moon – Yellow		<b>Devaloka Day</b>
Until 2:41PM				<b>Magha-Thai</b>		
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 299 Vikarin 5121
<b>5</b>		<b>Gulika</b> 8:20AM – 9:37AM	<b>Punarvasu</b> Until 1:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:03AM	
Mithuna Rasi: 28.53	Tithi 13 – 14	Yama 2:47PM – 4:04PM	Priti Until 11:57AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 10:55AM – 12:12PM	Gara Until 6:50PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 8:00AM	Moon – Blue		<b>Bhuloka Day</b>
Until 1:28PM		<b>Thai Pusam</b>		<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Monroe, NJ Sun 28 Sutra 300 Vikarin 5121
<b>○</b>		<b>Gulika</b> 7:01AM – 8:19AM	<b>Pushya</b> Until 11:31AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:01AM	
<b>Copper Retreat Star</b>		Yama 1:30PM – 2:47PM	Ayushman Until 8:36AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 41
Kataka Rasi: 13.17	Tithi 15	<b>Rahu</b> 9:37AM – 10:54AM	Visti Until 4:03PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 2:30AM Sun	Moon – Blue		<b>Bhuloka Day</b>
Until 11:31AM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ Sun 29 Sutra 301 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:48PM – 4:06PM	<b>Ashlesha*</b> Until 9:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:00AM	
<b>Silver Retreat Star</b>		Yama 12:12PM – 1:30PM	Sobhana Until 12:59AM Mon	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 41
Kataka Rasi: 28.02	Tithi 16	<b>Rahu</b> 4:06PM – 5:24PM	Balava Until 12:54PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:13PM	Moon – Blue		<b>Bhuloka Day</b>
Until 9:01AM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Monroe, NJ

Sutra 302

Vikarin 5121

Simha Rasi: 12.59

Tithi 17

Gulika

1:30PM - 2:49PM

Magha\* Until 6:33AM

Ganesha: Red

Sunrise: 6:59AM

Moon 2 - Phase 42

1st Phase

Family Home Evening

957723467

Rahu

8:17AM - 9:36AM

Athiganda\* Until 8:56PM

Muruqa: Clear

Sunset: 5:25PM

Nataraja: Clear

Moon - Red

Devaloka Day

Until 6:33AM

Then Creative Work - Siddha Yoga

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ

Sun 1

Sutra 303

Vikarin 5121

Simha Rasi: 27.59

Tithi 18 - 19

Gulika

12:12PM - 1:31PM

Uttaraphalguni Until 1:08AM Wed

Ganesha: Red

Sunrise: 6:58AM

Moon 2 - Phase 42

1st Phase

Creative Work Amrita Yoga

Until 1:08AM Wed

Then Routine Work - Marana Yoga

Yama

9:35AM - 10:54AM

Sukarma Until 4:57PM

Muruqa: Clear

Sunset: 5:28PM

Nataraja: Clear

Moon - Red

Devaloka Day

Rahu

2:49PM - 4:08PM

Vanija Until 6:06AM

Tritiya Until 4:24PM

Magha\*Thai

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ

Sun 2

Sutra 304

Vikarin 5121

Kanya Rasi: 12.55

Tithi 19 - 20

Gulika

10:53AM - 12:12PM

Hasta Until 10:56PM

Ganesha: Green

Sunrise: 6:57AM

Moon 2 - Phase 42

1st Phase

Routine Work Marana Yoga

Until 10:56PM

Then Creative Work - Siddha Yoga

Yama

8:15AM - 9:34AM

Dhriti Until 1:07PM

Muruqa: Clear

Sunset: 5:29PM

Nataraja: Clear

Moon - Green

Bhuloka Day

Rahu

12:12PM - 1:31PM

Kaulava Until 11:43PM

Chaturthi\* Until 1:11PM

Magha\*Thai

Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Dhula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ

Sun 3

Sutra 305

Vikarin 5121

Kanya Rasi: 27.38

Tithi 20 - 21

Gulika

9:34AM - 10:53AM

Chitra Until 8:58PM

Ganesha: White

Sunrise: 6:55AM

Moon 2 - Phase 42

1st Phase

Creative Work Siddha Yoga

Until 8:58PM

Then Creative Work - Amrita Yoga

Yama

6:55AM - 8:15AM

Shula\* Until 9:32AM

Muruqa: Clear

Sunset: 5:29PM

Nataraja: Clear

Moon - Green

Bhuloka Day

Rahu

1:31PM - 2:50PM

Gara Until 9:03PM

Panchami Until 10:19AM

Magha\*Masi

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Monroe, NJ

Sun 4

Sutra 306

Vikarin 5121

Tula Rasi: 12.02

Tithi 21 - 22

Gulika

8:14AM - 9:33AM

Svati Until 7:23PM

Ganesha: White

Sunrise: 6:54AM

Moon 2 - Phase 42

1st Phase

Creative Work Siddha Yoga

968723467

Rahu

10:53AM - 12:12PM

Ganda\* Until 6:20AM

Muruqa: Clear

Sunset: 5:30PM

Nataraja: Clear

Moon - Green

Bhuloka Day

Shashthi\* Until 7:53AM

Magha\*Masi

Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Monroe, NJ

Sun 5

Sutra 307

Vikarin 5121

Tula Rasi: 26.04

Tithi 22 - 23

Gulika

6:53AM - 8:13AM

Vishakha Until 6:39PM

Ganesha: Clear

Sunrise: 6:53AM

Moon 2 - Phase 42

Ashtami

Creative Work Siddha Yoga

978723467

Rahu

9:32AM - 10:52AM

Dhruva Until 1:17AM Sun

Muruqa: Clear

Sunset: 5:31PM

Nataraja: Clear

Moon - Orange

Devaloka Day

Kaulava Until 4:44AM Sun

Saptami Until 6:01AM

Magha\*Masi

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ

Sun 6

Sutra 308

Vikarin 5121

Vrischika Rasi: 9.44

Tithi 24

Gulika

2:52PM - 4:12PM

Anuradha Until 6:23PM

Ganesha: Clear

Sunrise: 6:51AM

Moon 2 - Phase 42

Navami

Routine Work Marana Yoga

978723467

Rahu

4:12PM - 5:33PM

Vyaghata\* Until 11:30PM

Muruqa: Clear

Sunset: 5:33PM

Nataraja: Clear

Moon - Orange

Devaloka Day

Taitila Until 4:22PM

Navami\* Until 4:06AM Mon

Magha\*Masi

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Monroe, NJ	
Vrischika Rasi: 23.04		Tithi 25		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 7 Sutra 309	
<b>Family Home Evening</b>		978723467		<b>Gulika</b> 1:32PM – 2:53PM	<b>Jyeshtha* Until 6:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:50AM
Creative Work Siddha Yoga		<b>Yama</b> 10:51AM – 12:12PM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 43	
		<b>Rahu</b> 8:11AM – 9:31AM		<b>Nataraja:</b> Clear		2nd Phase	
				<b>Dashami Until 4:03AM Tue</b>	<b>Moon – Orange</b>	<b>Devaloka Day</b>	
					<b>Magha-Masi</b>		

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Monroe, NJ	
Dhanus Rasi: 6.04		Tithi 26		Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 8 Sutra 310	
988723467		<b>Gulika</b> 12:12PM – 1:33PM		<b>Mula* Until 7:36PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:49AM	Vikarin 5121
Creative Work Amrita Yoga		<b>Yama</b> 9:30AM – 10:51AM		<b>Vajra* Until 9:19PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 2 - Phase 43
Until 7:36PM		<b>Rahu</b> 2:53PM – 4:14PM		<b>Bava Until 4:16PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Then Creative Work - Siddha Yoga				<b>Ekadashi* Until 4:34AM Wed</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>	
					<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Monroe, NJ	
Dhanus Rasi: 18.49		Tithi 27		Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9 Sutra 311	
988723467		<b>Gulika</b> 10:51AM – 12:12PM		<b>Purvashadha* Until 8:58PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:47AM	Vikarin 5121
Creative Work Amrita Yoga		<b>Yama</b> 8:08AM – 9:30AM		<b>Siddhi Until 8:49PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 43
		<b>Rahu</b> 12:12PM – 1:33PM		<b>Kaulava Until 5:01PM</b>	<b>Nataraja:</b> Clear		2nd Phase
				<b>Dvadashi* Until 5:32AM Thu</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>	
					<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Monroe, NJ	
Makara Rasi: 1.2		Tithi 28		Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau		Sun 10 Sutra 312	
989823467		<b>Gulika</b> 9:29AM – 10:50AM		<b>Uttarashadha Until 10:35PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM	Vikarin 5121
Routine Work Marana Yoga		<b>Yama</b> 6:46AM – 8:07AM		<b>Vyatipata* Until 8:40PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43
Until 10:35PM		<b>Rahu</b> 1:33PM – 2:54PM		<b>Gara Until 6:12PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Then Creative Work - Siddha Yoga				<b>Trayodashi* Until 6:55AM Fri</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>	
					<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
					<b>Pradosha Vrata (Fasting)</b>		

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Monroe, NJ	
Makara Rasi: 13.42		Tithi 28 – 29		Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 313	
999823467		<b>Gulika</b> 8:06AM – 9:28AM		<b>Shravana Until 12:52AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:45AM	Vikarin 5121
Routine Work Marana Yoga		<b>Yama</b> 2:55PM – 4:17PM		<b>Variyan Until 8:45PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43
Until 12:52AM Sat		<b>Rahu</b> 10:50AM – 12:12PM		<b>Visti Until 7:45PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Then Creative Work - Siddha Yoga				<b>Trayodashi* Until 6:55AM</b>	<b>Moon – Purple</b>	<b>Bhuloka Day</b>	
		<b>Mahasivaratri (Lunar)</b>			<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
		<b>Mahasivaratri (Solar)</b>					

<b>Retreat Star</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Monroe, NJ	
Makara Rasi: 25.55		Tithi 29 – 30		Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Sun 12 Sutra 314	
999823467		<b>Gulika</b> 6:43AM – 8:05AM		<b>Dhanishtha Until 3:16AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:43AM	Vikarin 5121
Creative Work Siddha Yoga		<b>Yama</b> 1:33PM – 2:56PM		<b>Parigha* Until 9:04PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 43
		<b>Rahu</b> 9:27AM – 10:49AM		<b>Catuspada Until 9:36PM</b>	<b>Nataraja:</b> Clear		Amavasya
				<b>Chaturdashi* Until 8:37AM</b>	<b>Moon – Purple</b>	<b>Bhuloka Day</b>	
					<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Monroe, NJ	
Kumbha Rasi: 8.02		Tithi 30 – 1		Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 315	
999823467		<b>Gulika</b> 2:56PM – 4:19PM		<b>Shatabhishak Until 5:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:42AM	Vikarin 5121
Creative Work Siddha Yoga		<b>Yama</b> 12:11PM – 1:34PM		<b>Shiva Until 9:36PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 43
Until 5:43AM Mon		<b>Rahu</b> 4:19PM – 5:41PM		<b>Kintughna Until 11:42PM</b>	<b>Nataraja:</b> Clear		Prathama
Then Routine Work - Marana Yoga				<b>Amavasya* Until 10:36AM</b>	<b>Moon – Purple</b>	<b>Bhuloka Day</b>	
					<b>Phalgun-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 20.03 Family Home Evening Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	Tithi 1 – 2 919823467	<b>Gulika</b> 1:34PM – 2:57PM Yama 10:48AM – 12:11PM <b>Rahu</b> 8:03AM – 9:26AM	<b>Purvaproshtapada* Until 8:41AM Tue</b> Siddha Until 10:15PM Balava Until 2:00AM Tue <b>Prathama* Until 12:48PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:40AM Sunset: 5:42PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Monroe, NJ Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Meena Rasi: 1.59 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	Tithi 2 – 3 919823467	<b>Gulika</b> 12:11PM – 1:34PM Yama 9:25AM – 10:48AM <b>Rahu</b> 2:57PM – 4:20PM	<b>Purvaproshtapada* Until 8:41AM</b> Sadhya Until 11:02PM Tailita Until 4:27AM Wed <b>Dvitiya Until 3:11PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:39AM Sunset: 5:43PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Monroe, NJ Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 13.53 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	Tithi 3 – 4 919823467	<b>Gulika</b> 10:47AM – 12:11PM Yama 8:01AM – 9:24AM <b>Rahu</b> 12:11PM – 1:34PM	<b>Uttaraproshtapada Until 11:36AM</b> Subha Until 11:55PM Vanija Until 6:58AM Thu <b>Tritiya Until 5:41PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:37AM Sunset: 5:44PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Monroe, NJ Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 25.45 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	<b>Gulika</b> 9:23AM – 10:47AM Yama 6:36AM – 7:59AM <b>Rahu</b> 1:34PM – 2:58PM	<b>Revati Until 2:25PM</b> Sukla Until 12:45AM Fri Vanija Until 6:58AM <b>Chaturthi* Until 8:12PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:36AM Sunset: 5:46PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 7.37 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 7:58AM – 9:22AM Yama 2:59PM – 4:23PM <b>Rahu</b> 10:46AM – 12:10PM	<b>Ashvini Until 5:29PM</b> Brahma Until 1:31AM Sat Bava Until 9:27AM <b>Panchami Until 10:37PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:34AM Sunset: 5:47PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau				Monroe, NJ Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 19.33 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	Tithi 6 921823467	<b>Gulika</b> 6:33AM – 7:57AM Yama 1:35PM – 2:59PM <b>Rahu</b> 9:21AM – 10:46AM	<b>Bharani Until 8:10PM</b> Indra Until 2:05AM Sun Kaulava Until 11:45AM <b>Shashthi* Until 12:45AM Sun</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:33AM Sunset: 5:48PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 3:00PM – 4:25PM Yama 12:10PM – 1:35PM <b>Rahu</b> 4:25PM – 5:50PM	<b>Krittika Until 10:16PM</b> Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM <b>Saptami Until 2:25AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:30AM Sunset: 5:50PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Monroe, NJ Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 1:35PM – 3:01PM Yama 10:44AM – 12:10PM <b>Rahu</b> 7:53AM – 9:19AM	<b>Rohini Until 12:04AM Tue</b> Vishkambha* Until 1:54AM Tue Visti Until 3:01PM <b>Ashtami* Until 3:23AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:28AM Sunset: 5:51PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Monroe, NJ Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 12:09PM – 1:35PM Yama 9:18AM – 10:44AM <b>Rahu</b> 3:01PM – 4:27PM	<b>Mrigashira Until 12:55AM Wed</b> Priti Until 12:57AM Wed Balava Until 3:36PM <b>Navami* Until 3:33AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:26AM Sunset: 5:53PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Monroe, NJ Sun 23 Sutra 325 Vikarin 5121	
Mithuna Rasi: 9.26	Tithi 10	<b>Gulika</b> 10:43AM – 12:09PM	<b>Ardra</b> Until 12:47AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:54PM
		Yama 7:51AM – 9:17AM	Ayushman Until 11:18PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		131833467 <b>Rahu</b> 12:09PM – 1:35PM	Taitila Until 3:19PM	Moon – Yellow			4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:49AM Thu	<b>Devaloka Day</b>			
Until 12:47AM Thu				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau		Monroe, NJ Sun 24 Sutra 326 Vikarin 5121	
Mithuna Rasi: 22.52	Tithi 11	<b>Gulika</b> 9:16AM – 10:43AM	<b>Punarvasu</b> Until 12:05AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:55PM
		Yama 6:23AM – 7:50AM	Saubhagya Until 8:58PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 1:35PM – 3:02PM	Vanija Until 2:09PM	Moon – Blue			4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 1:14AM Fri	<b>Bhuloka Day</b>			
Until 12:05AM Fri				<b>Devaloka Time: 3:PM to 6:PM</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Monroe, NJ Sun 25 Sutra 327 Vikarin 5121	
Kataka Rasi: 6.48	Tithi 12	<b>Gulika</b> 7:48AM – 9:15AM	<b>Pushya</b> Until 10:29PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:56PM
		Yama 3:02PM – 4:29PM	Sobhana Until 6:00PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 10:42AM – 12:09PM	Bava Until 12:10PM	Moon – Blue			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 10:53PM	<b>Bhuloka Day</b>			
				<b>Devaloka Time: 3:PM to 6:PM</b>			

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Monroe, NJ Sun 26 Sutra 328 Vikarin 5121	
Kataka Rasi: 21.13	Tithi 13	<b>Gulika</b> 6:20AM – 7:47AM	<b>Ashlesha*</b> Until 8:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:20AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:57PM
		Yama 1:36PM – 3:03PM	Athiganda* Until 2:29PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:14AM – 10:41AM	Kaulava Until 9:29AM	Moon – Blue			4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 7:54PM	<b>Bhuloka Day</b>			
Until 8:07PM				<b>Devaloka Time: 3:PM to 6:PM</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau		Monroe, NJ Sun 27 Sutra 329 Vikarin 5121	
Simha Rasi: 6.04	Tithi 14 – 15	<b>Gulika</b> 3:03PM – 4:31PM	<b>Magha*</b> Until 5:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:18AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:58PM
		Yama 12:08PM – 1:36PM	Sukarma Until 10:34AM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		151833467 <b>Rahu</b> 4:31PM – 5:58PM	Gara Until 6:15AM	Moon – Red			4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 4:27PM	<b>Devaloka Day</b>			
Until 5:33PM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>					

		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Monroe, NJ Sun 28 Sutra 330 Vikarin 5121	
Simha Rasi: 21.12	Tithi 15 – 16	<b>Gulika</b> 1:36PM – 3:04PM	<b>Purvaphalguni</b> Until 2:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM
<b>Family Home Evening</b>		Yama 10:40AM – 12:08PM	Dhriti Until 6:23AM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
Creative Work	Siddha Yoga	152833467 <b>Rahu</b> 7:45AM – 9:12AM	Balava Until 10:49PM	Moon – Red			Purnima
			<b>Purnima*</b> Until 12:43PM	<b>Sivaloka Day</b>			
		<b>Holi</b>		<b>Phalguna-Masi</b>			

<b>0</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Monroe, NJ Sun 29 Sutra 331 Vikarin 5121	
Kanya Rasi: 6.29	Tithi 16 – 17	<b>Gulika</b> 12:08PM – 1:36PM	<b>Uttaraphalguni</b> Until 11:22AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:00PM
		Yama 9:11AM – 10:40AM	Ganda* Until 9:41PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:04PM – 4:32PM	Taitila Until 6:59PM	Moon – Red			Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 8:53AM	<b>Sivaloka Day</b>			
Until 11:22AM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Monroe, NJ  
Sun 1  
Sutra 332  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

**Gulika** 10:39AM – 12:07PM  
Yama 7:42AM – 9:10AM  
**Rahu** 12:07PM – 1:36PM

**Hasta** Until 8:31AM  
Vriddhi Until 5:31PM  
Vanija Until 3:18PM  
Tritiya Until 1:33AM Thu

**Ganesha:** Clear *Sunrise: 6:13AM*  
**Muruqa:** Orange *Sunset: 6:01PM*  
**Nataraja:** Clear  
Moon – Green

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Monroe, NJ  
Sun 2  
Sutra 333  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

**Gulika** 9:09AM – 10:38AM  
Yama 6:12AM – 7:41AM  
**Rahu** 1:36PM – 3:05PM

**Svati** Until 3:24AM Fri  
Dhruva Until 1:36PM  
Bava Until 11:57AM  
Chaturthi\* Until 10:25PM

**Ganesha:** Clear *Sunrise: 6:12AM*  
**Muruqa:** Orange *Sunset: 6:03PM*  
**Nataraja:** Clear  
Moon – Green

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ  
Sun 3  
Sutra 334  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

**Gulika** 7:39AM – 9:08AM  
Yama 3:05PM – 4:34PM  
**Rahu** 10:38AM – 12:07PM

**Vishakha** Until 1:51AM Sat  
Vyaghata\* Until 10:06AM  
Kaulava Until 9:04AM  
Panchami Until 7:50PM

**Ganesha:** Purple *Sunrise: 6:10AM*  
**Muruqa:** Orange *Sunset: 6:04PM*  
**Nataraja:** Clear  
Moon – Orange

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Monroe, NJ  
Sun 4  
Sutra 335  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

**Gulika** 6:08AM – 7:38AM  
Yama 1:36PM – 3:06PM  
**Rahu** 9:08AM – 10:37AM

**Anuradha** Until 12:52AM Sun  
Harshana Until 7:08AM  
Gara Until 6:49AM  
Shashthi\* Until 5:56PM

**Ganesha:** Purple *Sunrise: 6:08AM*  
**Muruqa:** Orange *Sunset: 6:05PM*  
**Nataraja:** Purple  
Moon – Orange

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ  
Sun 5  
Sutra 336  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

**Gulika** 3:06PM – 4:36PM  
Yama 12:06PM – 1:36PM  
**Rahu** 4:36PM – 6:06PM

**Jyeshtha\*** Until 12:31AM Mon  
Siddhi Until 2:58AM Mon  
Balava Until 4:33AM Mon  
Saptami Until 4:48PM

**Ganesha:** Clear *Sunrise: 6:07AM*  
**Muruqa:** Orange *Sunset: 6:06PM*  
**Nataraja:** Purple  
Moon – Orange

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

Phalgunapanguni

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ  
Sun 6  
Sutra 337  
Vikarin 5121  
Moon 3 - Phase 46  
Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

**Gulika** 1:36PM – 3:06PM  
Yama 10:36AM – 12:06PM  
**Rahu** 7:35AM – 9:06AM

**Mula\*** Until 1:13AM Tue  
Vyatipata\* Until 1:50AM Tue  
Taitila Until 4:36AM Tue  
Ashtami\* Until 4:28PM

**Ganesha:** Purple *Sunrise: 6:05AM*  
**Muruqa:** Orange *Sunset: 6:07PM*  
**Nataraja:** Purple  
Moon – Light Blue

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Phalgunapanguni

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Monroe, NJ  
Sun 7  
Sutra 338  
Vikarin 5121  
Moon 3 - Phase 46  
Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

**Gulika** 12:06PM – 1:36PM  
Yama 9:05AM – 10:35AM  
**Rahu** 3:07PM – 4:37PM

**Purvashadha\*** Until 2:29AM Wed  
Variyan Until 1:14AM Wed  
Vanija Until 5:21AM Wed  
Navami\* Until 4:52PM

**Ganesha:** Purple *Sunrise: 6:03AM*  
**Muruqa:** Orange *Sunset: 6:08PM*  
**Nataraja:** Purple  
Moon – Light Blue

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

Phalgunapanguni

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Monroe, NJ Sutra 339 Vikarin 5121
Dhanus Rasi: 28.29	Tithi 25 – 26	<b>Gulika</b>	10:35AM – 12:05PM	<b>Uttarashadha</b> Until 4:10AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:02AM		
		Yama	7:33AM – 9:04AM	Parigha* Until 1:07AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47	
		182933468 <b>Rahu</b>	12:05PM – 1:36PM	Bava Until 6:42AM Thu	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga			<b>Dashami</b> Until 5:57PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:10AM Thu					<b>Phalgunapanguni</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Monroe, NJ Sutra 340 Vikarin 5121
Makara Rasi: 10.5	Tithi 26	<b>Gulika</b>	9:03AM – 10:34AM	<b>Shravana</b> Until 6:37AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM		
		Yama	6:00AM – 7:31AM	Shiva Until 1:23AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47	
		192933468 <b>Rahu</b>	1:36PM – 3:08PM	Bava Until 6:42AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 7:32PM	Moon – Purple		<b>Sivaloka Day</b>	
					<b>Phalgunapanguni</b>			

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Sun 10		Monroe, NJ Sutra 341 Vikarin 5121
Makara Rasi: 23.01	Tithi 27	<b>Gulika</b>	7:30AM – 9:02AM	<b>Shravana</b> Until 6:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM		
		Yama	3:08PM – 4:40PM	Siddha Until 1:53AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47	
		192933468 <b>Rahu</b>	10:33AM – 12:05PM	Kaulava Until 8:30AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga			<b>Dvadashi*</b> Until 9:29PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 6:37AM					<b>Phalgunapanguni</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Monroe, NJ Sutra 342 Vikarin 5121
Kumbha Rasi: 5.04	Tithi 28	<b>Gulika</b>	5:57AM – 7:29AM	<b>Dhanishtha</b> Until 9:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM		
		Yama	1:36PM – 3:08PM	Sadhya Until 2:34AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47	
		192933468 <b>Rahu</b>	9:01AM – 10:33AM	Gara Until 10:36AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi*</b> Until 11:42PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:12AM					<b>Phalgunapanguni</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Monroe, NJ Sutra 343 Vikarin 5121
Kumbha Rasi: 17.01	Tithi 29	<b>Gulika</b>	3:09PM – 4:41PM	<b>Shatabhishak</b> Until 11:48AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:55AM		
		Yama	12:04PM – 1:37PM	Subha Until 3:22AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 47	
		193933468 <b>Rahu</b>	4:41PM – 6:13PM	Visti* Until 12:53PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 2:03AM Mon	Moon – Purple		<b>Subha Sivaloka Day</b>	
					<b>Phalgunapanguni</b>			

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Monroe, NJ Sutra 344 Vikarin 5121
Kumbha Rasi: 28.56	Tithi 30	<b>Gulika</b>	1:37PM – 3:09PM	<b>Purvaproshtapada*</b> Until 2:51PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:53AM		
<b>Family Home Evening</b>		Yama	10:31AM – 12:04PM	Sukla Until 4:12AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 47	
Routine Work	Marana Yoga	113933468 <b>Rahu</b>	7:26AM – 8:59AM	Catuspada Until 3:17PM	<b>Nataraja:</b> Purple		Amavasya	
Until 2:51PM				<b>Amavasya*</b> Until 4:28AM Tue	Moon – Clear		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Phalgunapanguni</b>			

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Monroe, NJ Sutra 345 Vikarin 5121
Meena Rasi: 10.49	Tithi 1	<b>Gulika</b>	12:04PM – 1:37PM	<b>Uttaraproshtapada</b> Until 5:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:52AM		
		Yama	8:58AM – 10:31AM	Brahma Until 5:04AM Wed	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 47	
		113933468 <b>Rahu</b>	3:10PM – 4:43PM	Kintughna Until 5:43PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Amrita Yoga			<b>Prathama*</b> Until 6:55AM Wed	Moon – Clear		<b>Sivaloka Day</b>	
Until 5:47PM		<b>Yugadhi</b>			<b>Chaitrapanguni</b>			
Then Creative Work - Siddha Yoga								

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Monroe, NJ Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 22.42	Tithi 1 – 2	<b>Gulika</b> 10:30AM – 12:03PM Yama 7:23AM – 8:57AM Rahu 12:03PM – 1:37PM	<b>Revati Until 8:33PM</b> Indra Until 5:55AM Thu Balava Until 8:10PM Prathama* Until 6:55AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Purple Moon – Clear	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Routine Work	Marana Yoga				
<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Monroe, NJ Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 4.35	Tithi 2 – 3	<b>Gulika</b> 8:56AM – 10:29AM Yama 5:48AM – 7:22AM Rahu 1:37PM – 3:10PM	<b>Ashvini Until 11:36PM</b> Vaidhriti* Until 6:41AM Fri Taitila Until 10:33PM Dvitiya Until 9:21AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Purple Moon – White	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi			
Until 11:36PM					
Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Monroe, NJ Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 16.31	Tithi 3 – 4	<b>Gulika</b> 7:21AM – 8:55AM Yama 3:11PM – 4:45PM Rahu 10:29AM – 12:03PM	<b>Bharani Until 2:19AM Sat</b> Vaidhriti* Until 6:41AM Vanija Until 12:47AM Sat Tritiya Until 11:40AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Purple Moon – White	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 2:19AM Sat					
Then Creative Work - Amrita Yoga					
<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Monroe, NJ Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 28.3	Tithi 4 – 5	<b>Gulika</b> 5:45AM – 7:19AM Yama 1:37PM – 3:11PM Rahu 8:54AM – 10:28AM	<b>Krittika Until 4:37AM Sun</b> Vishkambha* Until 7:20AM Bava Until 2:44AM Sun Chaturthi* Until 1:47PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Purple Moon – White	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga				
Until 4:37AM Sun					
Then Creative Work - Siddha Yoga					
<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Monroe, NJ Sun 19 Sutra 350 Vikarin 5121
Shrisha Rasi: 10.37	Tithi 5 – 6	<b>Gulika</b> 3:11PM – 4:46PM Yama 12:02PM – 1:37PM Rahu 4:46PM – 6:21PM	<b>Rohini Until 6:50AM Mon</b> Priti Until 7:46AM Kaulava Until 4:16AM Mon Panchami Until 3:33PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 6:50AM Mon					
Then Creative Work - Amrita Yoga					
<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Monroe, NJ Sun 20 Sutra 351 Vikarin 5121
Shrisha Rasi: 22.53	Tithi 6 – 7	<b>Gulika</b> 1:37PM – 3:12PM Yama 10:27AM – 12:02PM Rahu 7:17AM – 8:52AM	<b>Rohini Until 6:50AM</b> Ayushman Until 7:50AM Gara Until 5:13AM Tue Shashthi* Until 4:49PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Family Home Evening					
Creative Work	Amrita Yoga				
<b>Tuesday, March 31, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Monroe, NJ Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 5.26	Tithi 7 – 8	<b>Gulika</b> 12:02PM – 1:37PM Yama 8:51AM – 10:26AM Rahu 3:12PM – 4:48PM	<b>Mrigashira Until 8:17AM</b> Saubhagya Until 7:26AM Visti Until 5:26AM Wed Saptami Until 5:25PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 8:17AM					
Then Routine Work - Marana Yoga					
<b>Wednesday, April 1, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Monroe, NJ Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 10:26AM – 12:02PM Yama 7:15AM – 8:51AM Rahu 12:02PM – 1:37PM	<b>Ardra Until 8:53AM</b> Sobhana Until 6:29AM Balava Until 4:51AM Thu Ashtami* Until 5:14PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Purple Moon – Yellow	Moon 3 - Phase 48 Ashtami <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
<b>Thursday, April 2, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Monroe, NJ Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 1.38	Tithi 9 – 10	<b>Gulika</b> 8:50AM – 10:26AM Yama 5:38AM – 7:14AM Rahu 1:37PM – 3:13PM	<b>Punarvasu Until 8:59AM</b> Sukarma Until 2:37AM Fri Taitila Until 3:26AM Fri Navami* Until 4:13PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:38AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Purple Moon – Blue	Moon 3 - Phase 48 Navami <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga	Sri Rama Navami			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


<b>1</b>	<b>Friday, April 3, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau	Monroe, NJ Sutra 355 Vikarin 5121
	Kataka Rasi: 15.25    Tilthi 10 – 11	<b>Gulika</b> 7:13AM – 8:49AM <b>Pushya Until 8:08AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:37AM
	143933468	<b>Rahu</b> 10:25AM – 12:01PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:25PM    Moon 3 - Phase 49
	Routine Work    Marana Yoga	<b>Yogaswami Mahasamadhi</b>	<b>Nataraja:</b> Purple Moon – Blue <b>Sivaloka Day</b>

<b>2</b>	<b>Saturday, April 4, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Monroe, NJ Sutra 356 Vikarin 5121
	Kataka Rasi: 29.4    Tilthi 11 – 12	<b>Gulika</b> 5:35AM – 7:11AM <b>Ashlesha* Until 6:24AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:35AM
	143933468	<b>Rahu</b> 8:48AM – 10:24AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:26PM    Moon 3 - Phase 49
	Routine Work    Marana Yoga Until 6:24AM Then Creative Work - Amrita Yoga	<b>Ekadashi Until 11:54AM</b>	<b>Nataraja:</b> Purple Moon – Blue <b>Sivaloka Day</b>

<b>3</b>	<b>Sunday, April 5, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Monroe, NJ Sutra 357 Vikarin 5121
	Simha Rasi: 14.22    Tilthi 12 – 13	<b>Gulika</b> 3:14PM – 4:51PM <b>Purvaphalguni Until 1:38AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:33AM
	153933468	<b>Rahu</b> 4:51PM – 6:27PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:27PM    Moon 3 - Phase 49
	Creative Work    Siddha Yoga	<b>Dvadashi Until 8:47AM</b>	<b>Nataraja:</b> Purple Moon – Red <b>Subha Sivaloka Day</b>

*Pradosha Vrata*

<b>4</b>	<b>Monday, April 6, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau	Monroe, NJ Sutra 358 Vikarin 5121
	Simha Rasi: 29.25    Tilthi 14	<b>Gulika</b> 1:37PM – 3:14PM <b>Uttaraphalguni Until 10:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:32AM
	154933468	<b>Rahu</b> 7:09AM – 8:46AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:28PM    Moon 3 - Phase 49
	Family Home Evening Creative Work    Siddha Yoga	<b>Chaturdashi* Until 1:27AM Tue</b>	<b>Nataraja:</b> Purple Moon – Red <b>Sivaloka Day</b>

	<b>Tuesday, April 7, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau	Monroe, NJ Sutra 359 Vikarin 5121
	<b>Copper Retreat Star</b>	<b>Gulika</b> 12:00PM – 1:37PM <b>Hasta Until 7:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:30AM
	Kanya Rasi: 14.4    Tilthi 15	<b>Rahu</b> 3:15PM – 4:52PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:29PM    Moon 3 - Phase 49
	Creative Work    Siddha Yoga	<b>Purnima* Until 9:33PM</b>	<b>Nataraja:</b> Purple Moon – Green <b>Devaloka Day</b>

**Panguni Uttiram  
Hanuman Jayanti**

	<b>Wednesday, April 8, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitilia Karana Prathama/Dvitiyayam Titau	Monroe, NJ Sutra 360 Vikarin 5121
	<b>Silver Retreat Star</b>	<b>Gulika</b> 10:22AM – 12:00PM <b>Chitra Until 4:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:29AM
	Kanya Rasi: 29.58    Tilthi 16 – 17	<b>Rahu</b> 12:00PM – 1:37PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:30PM    Moon 3 - Phase 49
	Creative Work    Siddha Yoga	<b>Prathama* Until 5:45PM</b>	<b>Nataraja:</b> Purple Moon – Green <b>Devaloka Day</b>

**Chaitra\*Panguni**





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ  
Sun 1  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 15.07 Tithi 17 – 18  
164134468  
Creative Work Amrita Yoga  
Until 1:39PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:43AM – 10:21AM  
Yama 5:27AM – 7:05AM  
Rahu 1:37PM – 3:15PM

**Svati Until 1:39PM**  
Vajra\* Until 7:28PM  
Vanija Until 12:36AM Fri  
Dvitiya Until 2:12PM

**Ganesha:** White *Sunrise:* 5:27AM  
**Muruqa:** Clear *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ  
Sun 2  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 30 Tithi 18 – 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:04AM – 8:42AM  
Yama 3:16PM – 4:54PM  
Rahu 10:21AM – 11:59AM

**Vishakha Until 11:27AM**  
Siddhi Until 3:54PM  
Bava Until 9:46PM  
Tritiya Until 11:06AM

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruqa:** Clear *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ  
Sun 3  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 14.28 Tithi 19 – 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 5:24AM – 7:03AM  
Yama 1:37PM – 3:16PM  
Rahu 8:41AM – 10:20AM

**Anuradha Until 9:43AM**  
Vyatipala\* Until 12:51PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:34AM

**Ganesha:** Yellow *Sunrise:* 5:24AM  
**Muruqa:** Clear *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Varyian/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ  
Sun 4  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 28.26 Tithi 20 – 21  
174134468  
Routine Work Marana Yoga  
Until 8:33AM  
Then Creative Work - Amrita Yoga

**Gulika** 3:17PM – 4:56PM  
Yama 11:58AM – 1:37PM  
Rahu 4:56PM – 6:35PM

**Jyeshtha\* Until 8:33AM**  
Varyian Until 10:23AM  
Gara Until 6:12PM  
Panchami Until 6:47AM

**Ganesha:** Yellow *Sunrise:* 5:22AM  
**Muruqa:** Clear *Sunset:* 6:35PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Monroe, NJ  
Sun 5  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 11.56 Tithi 22  
**Family Home Evening**  
184134468  
Creative Work Siddha Yoga  
Until 8:31AM  
Then Routine Work - Marana Yoga

**Gulika** 1:38PM – 3:17PM  
Yama 10:19AM – 11:58AM  
Rahu 7:00AM – 8:39AM

**Mula\* Until 8:31AM**  
Parigha\* Until 8:36AM  
Visti Until 5:39PM  
Saptami Until 5:41AM Tue

**Ganesha:** Blue *Sunrise:* 5:21AM  
**Muruqa:** Clear *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**



**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ  
Sun 6  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 24.59 Tithi 23  
284134468  
Creative Work Siddha Yoga  
Until 9:09AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 11:58AM – 1:38PM  
Yama 8:38AM – 10:18AM  
Rahu 3:17PM – 4:57PM

**Purvashadha\* Until 9:09AM**  
Shiva Until 7:30AM  
Balava Until 5:57PM  
Ashtami\* Until 6:22AM Wed

**Ganesha:** Yellow *Sunrise:* 5:19AM  
**Muruqa:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ  
Sun 7  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 7.37 Tithi 23 – 24  
284134468  
Creative Work Amrita Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:18AM – 11:58AM  
Yama 6:58AM – 8:38AM  
Rahu 11:58AM – 1:38PM

**Uttarashadha Until 10:24AM**  
Siddha Until 7:00AM  
Taitila Until 6:59PM  
Ashtami\* Until 6:22AM

**Ganesha:** Yellow *Sunrise:* 5:18AM  
**Muruqa:** Clear *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Chidambaram Abhishekam

<b>1</b>		<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Monroe, NJ Sun 8 Sutra 4	
Makara Rasi: 19.58	Tithi 24 – 25	<b>Gulika</b> 8:37AM – 10:17AM	<b>Shravana Until 12:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM		Sarvari 5122
		Yama 5:16AM – 6:56AM	Sadhya Until 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM		Moon 4 - Phase 1
		294134468 <b>Rahu</b> 1:38PM – 3:18PM	Vanija Until 8:38PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 7:44AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>2</b>		<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 9 Sutra 5	
Kumbha Rasi: 2.05	Tithi 25 – 26	<b>Gulika</b> 6:55AM – 8:36AM	<b>Dhanishtha Until 3:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM		Sarvari 5122
		Yama 3:19PM – 4:59PM	Subha Until 7:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 4 - Phase 1
		294134468 <b>Rahu</b> 10:17AM – 11:57AM	Bava Until 10:43PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:37AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>3</b>		<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Monroe, NJ Sun 10 Sutra 6	
Kumbha Rasi: 14.04	Tithi 26 – 27	<b>Gulika</b> 5:13AM – 6:54AM	<b>Shatabhishak Until 5:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM		Sarvari 5122
		Yama 1:38PM – 3:19PM	Sukla Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM		Moon 4 - Phase 1
		295134468 <b>Rahu</b> 8:35AM – 10:16AM	Kaulava Until 1:03AM Sun	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:51AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 5:46PM				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Monroe, NJ Sun 11 Sutra 7	
Kumbha Rasi: 25.58	Tithi 27 – 28	<b>Gulika</b> 3:19PM – 5:01PM	<b>Purvaproshtapada* Until 8:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM		Sarvari 5122
		Yama 11:57AM – 1:38PM	Brahma Until 9:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM		Moon 4 - Phase 1
		215134468 <b>Rahu</b> 5:01PM – 6:42PM	Gara Until 3:30AM Mon	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 8:53PM				<b>Chaitra*Chaitra</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Monroe, NJ Sun 12 Sutra 8	
Meena Rasi: 7.5	Tithi 28 – 29	<b>Gulika</b> 1:38PM – 3:20PM	<b>Uttaraproshtapada Until 11:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 10:15AM – 11:57AM	Indra Until 10:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM		Moon 4 - Phase 1
		215134468 <b>Rahu</b> 6:52AM – 8:33AM	Vistil Until 5:56AM Tue	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:42PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>6</b>		<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau		Monroe, NJ Sun 13 Sutra 9	
Meena Rasi: 19.42	Tithi 29	<b>Gulika</b> 11:56AM – 1:38PM	<b>Revati Until 2:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM		Sarvari 5122
		Yama 8:32AM – 10:14AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM		Moon 4 - Phase 1
		215134468 <b>Rahu</b> 3:20PM – 5:02PM	Sakuni Until 7:06PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:06PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:35AM Wed				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Monroe, NJ Sun 14 Sutra 10	
Mesha Rasi: 2	Tithi 30	<b>Gulika</b> 10:14AM – 11:56AM	<b>Ashvini Until 5:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:07AM		Sarvari 5122
		Yama 6:49AM – 8:32AM	Vishkambha* Until 11:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM		Moon 4 - Phase 1
		225134468 <b>Rahu</b> 11:56AM – 1:38PM	Catuspada Until 8:17AM	<b>Nataraja:</b> Purple			Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 9:23PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 5:31AM Thu				<b>Chaitra*Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Monroe, NJ Sun 15 Sutra 11	
Mesha Rasi: 13.34	Tithi 1	<b>Gulika</b> 8:31AM – 10:13AM	<b>Bharani Until 8:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:06AM		Sarvari 5122
		Yama 5:06AM – 6:48AM	Priti Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM		Moon 4 - Phase 1
		225134468 <b>Rahu</b> 1:39PM – 3:21PM	Kintughna Until 10:29AM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 11:29PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

<b>1</b>	<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Monroe, NJ
	Mesha Rasi: 25.35	Tithi 2	<b>Gulika</b> 6:47AM – 8:30AM	<b>Bharani Until 8:06AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM	Sun 16
			Yama 3:22PM – 5:05PM	Ayushman Until 12:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Sarvari 5122
	Creative Work	Siddha Yoga	225134469 <b>Rahu</b> 10:13AM – 11:56AM	Balava Until 12:28PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Dvitiya Until 1:21AM Sat</b>	Moon – White		3rd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Monroe, NJ
	Virshabha Rasi: 7.44	Tithi 3	<b>Gulika</b> 5:03AM – 6:46AM	<b>Krittika Until 10:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:03AM	Sun 17
			Yama 1:39PM – 3:22PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Sarvari 5122
	Creative Work	Amrita Yoga	225134469 <b>Rahu</b> 8:29AM – 10:12AM	Taitila Until 2:11PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Tritiya Until 2:53AM Sun</b>	Moon – White		3rd Phase	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Monroe, NJ
	Virshabha Rasi: 20	Tithi 4	<b>Gulika</b> 3:23PM – 5:06PM	<b>Rohini Until 12:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:01AM	Sun 18
			Yama 11:55AM – 1:39PM	Sobhana Until 1:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Sarvari 5122
	Creative Work	Siddha Yoga	235134469 <b>Rahu</b> 5:06PM – 6:50PM	Vanija Until 3:32PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Chaturthi* Until 4:02AM Mon</b>	Moon – Yellow		3rd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ
	Mithuna Rasi: 2.27	Tithi 5	<b>Gulika</b> 1:39PM – 3:23PM	<b>Mrigashira Until 2:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM	Sun 19
	<b>Family Home Evening</b>		Yama 10:11AM – 11:55AM	Athiganda* Until 1:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Sarvari 5122
	Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 6:44AM – 8:28AM	Bava Until 4:27PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Panchami Until 4:41AM Tue</b>	Moon – Yellow		3rd Phase	
		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ
	Mithuna Rasi: 15.08	Tithi 6	<b>Gulika</b> 11:55AM – 1:39PM	<b>Ardra Until 2:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:59AM	Sun 20
			Yama 8:27AM – 10:11AM	Sukarma Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Sarvari 5122
	Routine Work	Marana Yoga	236134469 <b>Rahu</b> 3:23PM – 5:08PM	Kaulava Until 4:49PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Shashthi* Until 4:45AM Wed</b>	Moon – Yellow		3rd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>6</b>	<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Monroe, NJ
	Mithuna Rasi: 28.05	Tithi 7	<b>Gulika</b> 10:11AM – 11:55AM	<b>Punarvasu Until 3:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Sun 21
			Yama 6:42AM – 8:26AM	Dhriti Until 11:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM	Sarvari 5122
	Creative Work	Siddha Yoga	246134469 <b>Rahu</b> 11:55AM – 1:39PM	Gara Until 4:34PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Saptami Until 4:11AM Thu</b>	Moon – Blue		3rd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>D</b>	<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau				Monroe, NJ
	<b>Retreat Star</b>		<b>Gulika</b> 8:25AM – 10:10AM	<b>Pushya Until 3:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Sun 22
	Kataka Rasi: 11.22	Tithi 8	Yama 4:56AM – 6:41AM	Shula* Until 9:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Sarvari 5122
			246134469 <b>Rahu</b> 1:40PM – 3:24PM	Visli Until 3:40PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Ashtami* Until 2:57AM Fri</b>	Moon – Blue		Ashtami	
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>D</b>	<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Monroe, NJ
	<b>Retreat Star</b>		<b>Gulika</b> 6:39AM – 8:24AM	<b>Ashlesha* Until 2:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	Sun 23
	Kataka Rasi: 25.01	Tithi 9	Yama 3:25PM – 5:11PM	Ganda* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Sarvari 5122
			246134469 <b>Rahu</b> 10:09AM – 11:55AM	Balava Until 2:06PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Navami* Until 1:04AM Sat</b>	Moon – Blue		Navami	
				<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ Sun 24 Sutra 20
Simha Rasi: 9.05	Tithi 10	<b>Gulika</b> 4:52AM – 6:38AM	<b>Magha* Until 1:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM			Sarvari 5122
		Yama 1:40PM – 3:26PM	Dhruva Until 1:34AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM			Moon 4 - Phase 3
		256134469 <b>Rahu</b> 8:23AM – 10:09AM	Taitila Until 11:55AM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 10:36PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 1:06PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Monroe, NJ Sun 25 Sutra 21
Simha Rasi: 23.31	Tithi 11	<b>Gulika</b> 3:26PM – 5:12PM	<b>Purvaphalguni Until 11:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM			Sarvari 5122
		Yama 11:54AM – 1:40PM	Vyaghata* Until 10:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM			Moon 4 - Phase 3
		256134469 <b>Rahu</b> 5:12PM – 6:58PM	Vanija Until 9:11AM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 7:38PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 11:08AM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 22
Kanya Rasi: 8.17	Tithi 12 – 13	<b>Gulika</b> 1:41PM – 3:27PM	<b>Uttaraphalguni Until 8:36AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM			Sarvari 5122
<b>Family Home Evening</b>		Yama 10:08AM – 11:54AM	Harshana Until 6:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM			Moon 4 - Phase 3
		256234469 <b>Rahu</b> 6:36AM – 8:22AM	Bava Until 6:02AM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:20PM</b>	Moon – Red		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

*Pradosha Vrata*

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 23
Kanya Rasi: 23.16	Tithi 13 – 14	<b>Gulika</b> 11:54AM – 1:41PM	<b>Hasta Until 6:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM			Sarvari 5122
		Yama 8:21AM – 10:08AM	Vajra* Until 2:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 3
		267234469 <b>Rahu</b> 3:27PM – 5:14PM	Gara Until 11:02PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:48PM</b>	Moon – Green		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ Sun 28 Sutra 24
Tula Rasi: 8.2	Tithi 14 – 15	<b>Gulika</b> 10:08AM – 11:54AM	<b>Svati Until 12:28AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:47AM			Sarvari 5122
		Yama 6:34AM – 8:21AM	Siddhi Until 10:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM			Moon 4 - Phase 3
		267234469 <b>Rahu</b> 11:54AM – 1:41PM	Visti Until 7:29PM	<b>Nataraja:</b> Clear				Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:14AM</b>	Moon – Green		<b>Devaloka Day</b>		
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>				

<b>5</b>		<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ Sun 29 Sutra 25
Tula Rasi: 23.21	Tithi 16	<b>Gulika</b> 8:20AM – 10:07AM	<b>Vishakha Until 10:08PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM			Sarvari 5122
		Yama 4:46AM – 6:33AM	Vyatipata* Until 6:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM			Moon 4 - Phase 3
		277234469 <b>Rahu</b> 1:41PM – 3:28PM	Balava Until 4:07PM	<b>Nataraja:</b> Clear				Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 2:33AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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