



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.09      Tithi 17  
Creative Work      Siddha Yoga

264483468

**Gulika** 5:23AM – 7:04AM  
Yama 1:46PM – 3:26PM  
**Rahu** 8:44AM – 10:25AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Svati Until 7:17AM**  
Siddhi Until 7:09PM  
Taitila Until 2:51PM  
**Dvitiya Until 2:01AM Sun**

**Ganesha:** Red      *Sunrise:* 5:23AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Chaitra**

Lanham, MD  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.03      Tithi 18  
Routine Work      Marana Yoga

274483468

**Gulika** 3:27PM – 5:07PM  
Yama 12:05PM – 1:46PM  
**Rahu** 5:07PM – 6:48PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Trityayam Titau

**Vishakha Until 6:28AM**  
Vyatipata\* Until 4:59PM  
Vanija Until 1:23PM  
**Tritiya Until 12:54AM Mon**

**Ganesha:** Blue      *Sunrise:* 5:22AM  
**Muruqa:** Yellow      *Sunset:* 6:48PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Lanham, MD  
Sun 1  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 16.32      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga

274483468

**Gulika** 1:46PM – 3:27PM  
Yama 10:24AM – 12:05PM  
**Rahu** 7:02AM – 8:43AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Anuradha Until 6:13AM**  
Variyan Until 3:23PM  
Bava Until 12:39PM  
**Chaturthi\* Until 12:33AM Tue**

**Ganesha:** Blue      *Sunrise:* 5:21AM  
**Muruqa:** Yellow      *Sunset:* 6:49PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Lanham, MD  
Sun 2  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**3**

**Tuesday, April 23, 2019**

Vrischika Rasi: 29.35      Tithi 20  
Routine Work      Marana Yoga  
Until 6:35AM  
Then Creative Work - Amrita Yoga

274483468

**Gulika** 12:05PM – 1:46PM  
Yama 8:42AM – 10:23AM  
**Rahu** 3:27PM – 5:09PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Jyeshtha\* Until 6:35AM**  
Parigha\* Until 2:27PM  
Kaulava Until 12:43PM  
**Panchami Until 1:02AM Wed**

**Ganesha:** Blue      *Sunrise:* 5:19AM  
**Muruqa:** Yellow      *Sunset:* 6:50PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Lanham, MD  
Sun 3  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.14      Tithi 21  
Routine Work      Marana Yoga  
Until 8:04AM  
Then Creative Work - Amrita Yoga

284483468

**Gulika** 10:23AM – 12:05PM  
Yama 7:00AM – 8:41AM  
**Rahu** 12:05PM – 1:46PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Mula\* Until 8:04AM**  
Shiva Until 2:09PM  
Gara Until 1:36PM  
**Shashthi\* Until 2:18AM Thu**

**Ganesha:** Yellow      *Sunrise:* 5:18AM  
**Muruqa:** Yellow      *Sunset:* 6:51PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Lanham, MD  
Sun 4  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 24.34      Tithi 22  
Creative Work      Siddha Yoga  
Until 10:08AM  
Then Routine Work - Marana Yoga

284483469

**Gulika** 8:40AM – 10:22AM  
Yama 5:17AM – 6:59AM  
**Rahu** 1:46PM – 3:28PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Purvashadha\* Until 10:08AM**  
Siddha Until 2:23PM  
Visti Until 3:12PM  
**Saptami Until 4:13AM Fri**

**Ganesha:** Yellow      *Sunrise:* 5:17AM  
**Muruqa:** Yellow      *Sunset:* 6:52PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Lanham, MD  
Sun 5  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 6.38      Tithi 23  
Routine Work      Marana Yoga

284583469

**Gulika** 6:58AM – 8:40AM  
Yama 3:29PM – 5:11PM  
**Rahu** 10:22AM – 12:04PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Uttarashadha Until 12:35PM**  
Sadhya Until 3:04PM  
Balava Until 5:22PM  
**Ashtami\* Until 6:34AM Sat**

**Ganesha:** Red      *Sunrise:* 5:15AM  
**Muruqa:** Yellow      *Sunset:* 6:53PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Lanham, MD  
Sun 6  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Devaloka Day**

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 18.31      Tithi 23 – 24  
Creative Work      Siddha Yoga

294583469

**Gulika** 5:14AM – 6:57AM  
Yama 1:47PM – 3:29PM  
**Rahu** 8:39AM – 10:22AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Shravana Until 3:44PM**  
Subha Until 4:01PM  
Taitila Until 7:51PM  
**Ashtami\* Until 6:34AM**

**Ganesha:** Green      *Sunrise:* 5:14AM  
**Muruqa:** Yellow      *Sunset:* 6:54PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra•Chaitra**

Lanham, MD  
Sun 7  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Lanham, MD Sun 8 Sutra 14	
Kumbha Rasi: 0.21	Tithi 24 – 25	<b>Gulika</b> 3:29PM – 5:12PM	<b>Dhanishtha</b> Until 6:48PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:13AM	Vikarin 5121	
		Yama 12:04PM – 1:47PM	Sukla Until 5:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3	
	294583469	<b>Rahu</b> 5:12PM – 6:55PM	Vanija Until 10:24PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Navami*</b> Until 9:06AM	Moon – Purple		<b>Bhuloka Day</b>	
Until 6:48PM				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 9 Sutra 15	
Kumbha Rasi: 12.11	Tithi 25 – 26	<b>Gulika</b> 1:47PM – 3:30PM	<b>Shatabhishak</b> Until 9:34PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:12AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:21AM – 12:04PM	Brahma Until 5:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3	
Creative Work	Siddha Yoga	294583469	Bava Until 12:46AM Tue	<b>Nataraja:</b> Clear		2nd Phase	
Until 9:34PM		<b>Rahu</b> 6:55AM – 8:38AM	<b>Dashami</b> Until 11:36AM	Moon – Purple		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Lanham, MD Sun 10 Sutra 16	
Kumbha Rasi: 24.06	Tithi 26 – 27	<b>Gulika</b> 12:04PM – 1:47PM	<b>Purvaprossthapada*</b> Until 12:21AM We	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:10AM	Vikarin 5121	
		Yama 8:37AM – 10:20AM	Indra Until 6:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3	
	214583469	<b>Rahu</b> 3:30PM – 5:14PM	Kaulava Until 2:47AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 1:49PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 12:21AM Wed				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau		Lanham, MD Sun 11 Sutra 17	
Meena Rasi: 6.1	Tithi 27 – 28	<b>Gulika</b> 10:20AM – 12:03PM	<b>Uttaraprossthapada</b> Until 2:31AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:09AM	Vikarin 5121	
		Yama 6:53AM – 8:36AM	Vaidhriti* Until 6:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3	
	214583469	<b>Rahu</b> 12:03PM – 1:47PM	Gara Until 4:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadhshi*</b> Until 3:36PM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 18	
Meena Rasi: 18.26	Tithi 28 – 29	<b>Gulika</b> 8:36AM – 10:19AM	<b>Revati</b> Until 4:01AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:08AM	Vikarin 5121	
		Yama 5:08AM – 6:52AM	Vishkambha* Until 6:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3	
	215583469	<b>Rahu</b> 1:47PM – 3:31PM	Visti Until 5:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 4:52PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 4:01AM Fri				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lanham, MD Sun 13 Sutra 19	
Mesha Rasi: 0.57	Tithi 29 – 30	<b>Gulika</b> 6:51AM – 8:35AM	<b>Ashvini</b> Until 5:18AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	Vikarin 5121	
		Yama 3:31PM – 5:16PM	Priti Until 6:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3	
	225583469	<b>Rahu</b> 10:19AM – 12:03PM	Catuspada Until 5:47AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 5:36PM	Moon – White		<b>Bhuloka Day</b>	
Until 5:18AM Sat				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lanham, MD Sun 14 Sutra 20	
Mesha Rasi: 13.42	Tithi 30 – 1	<b>Gulika</b> 5:06AM – 6:50AM	<b>Bharani</b> Until 5:55AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	Vikarin 5121	
		Yama 1:48PM – 3:32PM	Ayushman Until 5:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3	
	225583469	<b>Rahu</b> 8:34AM – 10:19AM	Kintughna Until 5:43AM Sun	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 5:47PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Chaitra+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lanham, MD Sun 15 Sutra 21	
Mesha Rasi: 26.42	Tithi 1 – 2	<b>Gulika</b> 3:32PM – 5:17PM	<b>Krittika</b> Until 5:58AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM	Vikarin 5121	
		Yama 12:03PM – 1:48PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3	
	225583469	<b>Rahu</b> 5:17PM – 7:02PM	Balava Until 5:13AM Mon	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:30PM	Moon – White		<b>Bhuloka Day</b>	
Until 5:58AM Mon				<b>Vaisaka+Chaitra</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Lanham, MD Sun 16 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:48PM – 3:33PM	<b>Rohini Until 5:56AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:03AM</i>	
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:18AM – 12:03PM	Sobhana Until 2:43PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:03PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:48AM – 8:33AM	Taitila Until 4:21AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 4:49PM</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>
Until 5:56AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Lanham, MD Sun 17 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:03PM – 1:48PM	<b>Mrigashira Until 5:27AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:02AM</i>	
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:33AM – 10:18AM	Athiganda* Until 12:50PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:03PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 3:33PM – 5:18PM	Vanija Until 3:10AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 3:46PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Lanham, MD Sun 18 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:17AM – 12:03PM	<b>Ardra Until 4:35AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:01AM</i>	
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:47AM – 8:32AM	Sukarma Until 10:44AM	<b>Muruqa:</b> Yellow <i>Sunset: 7:04PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 12:03PM – 1:48PM	Bava Until 1:43AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 2:27PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
Until 4:35AM Thu				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Lanham, MD Sun 19 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:31AM – 10:17AM	<b>Punarvasu Until 3:48AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:00AM</i>	
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 5:00AM – 6:46AM	Dhriti Until 8:28AM	<b>Muruqa:</b> Yellow <i>Sunset: 7:05PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 1:48PM – 3:34PM	Kaulava Until 12:04AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 12:54PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
Until 3:48AM Fri				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Lanham, MD Sun 20 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:45AM – 8:31AM	<b>Pushya Until 2:40AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:59AM</i>	
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:34PM – 5:20PM	Ganda* Until 6:00AM	<b>Muruqa:</b> Yellow <i>Sunset: 7:06PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 10:17AM – 12:03PM	Gara Until 10:13PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 11:09AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Lanham, MD Sun 21 Sutra 27 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 4:58AM – 6:44AM	<b>Ashlesha* Until 1:14AM Sun</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:58AM</i>	
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 1:49PM – 3:35PM	Vriddhi Until 12:38AM Sun	<b>Muruqa:</b> Yellow <i>Sunset: 7:07PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 8:30AM – 10:17AM	Visti Until 8:11PM	<b>Nataraja:</b> Clear	Ashtami
Routine Work Marana Yoga			<b>Saptami Until 9:12AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Lanham, MD Sun 22 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:35PM – 5:22PM	<b>Magha* Until 11:55PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:57AM</i>	
Simha Rasi: 2.43	Tithi 8 – 9	Yama 12:03PM – 1:49PM	Dhruva Until 9:44PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:08PM</i>	Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 5:22PM – 7:08PM	Balava Until 6:00PM	<b>Nataraja:</b> Clear	Navami
Routine Work Marana Yoga			<b>Ashtami* Until 7:05AM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>
Until 11:55PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau			Lanham, MD Sun 23 Sutra 29
<b>1</b>		<b>Gulika</b> 1:49PM – 3:36PM	<b>Purvaphalguni Until 10:22PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:56AM	Vikarin 5121
Simha Rasi: 16.56	Tithi 10	<b>Yama</b> 10:16AM – 12:03PM	<b>Vyaghata* Until 6:46PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:09PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 6:43AM – 8:29AM	<b>Taitila Until 3:41PM</b>	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:29AM Tue</b>	<b>Moon – Red</b>	
				<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau			Lanham, MD Sun 24 Sutra 30
<b>2</b>		<b>Gulika</b> 12:03PM – 1:49PM	<b>Uttaraphalguni Until 8:37PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:55AM	Vikarin 5121
Kanya Rasi: 1.12	Tithi 11	<b>Yama</b> 8:29AM – 10:16AM	<b>Harshana Until 3:45PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:10PM	Moon 4 - Phase 5
	256583469	<b>Rahu</b> 3:36PM – 5:23PM	<b>Vanija Until 1:19PM</b>	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 12:06AM Wed</b>	<b>Moon – Red</b>	
Until 8:37PM				<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau			Lanham, MD Sun 25 Sutra 31
<b>3</b>		<b>Gulika</b> 10:16AM – 12:03PM	<b>Hasta Until 7:11PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:55AM	Vikarin 5121
Kanya Rasi: 15.29	Tithi 12	<b>Yama</b> 6:42AM – 8:29AM	<b>Vajra* Until 12:44PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:11PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 12:03PM – 1:50PM	<b>Bava Until 10:56AM</b>	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 9:45PM</b>	<b>Moon – Green</b>	
Until 7:11PM				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Lanham, MD Sun 26 Sutra 32
<b>4</b>		<b>Gulika</b> 8:28AM – 10:15AM	<b>Chitra Until 5:45PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:54AM	Vikarin 5121
Kanya Rasi: 29.44	Tithi 13	<b>Yama</b> 4:54AM – 6:41AM	<b>Siddhi Until 9:49AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:12PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 1:50PM – 3:37PM	<b>Kaulava Until 8:39AM</b>	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:34PM</b>	<b>Moon – Green</b>	
Until 5:45PM				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					
				<i>Pradosha Vrata</i>	

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau			Lanham, MD Sun 27 Sutra 33
<b>5</b>		<b>Gulika</b> 6:40AM – 8:28AM	<b>Svati Until 4:26PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:53AM	Vikarin 5121
Tula Rasi: 13.5	Tithi 14 – 15	<b>Yama</b> 3:38PM – 5:25PM	<b>Vyatipata* Until 7:05AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:13PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 10:15AM – 12:03PM	<b>Gara Until 6:35AM</b>	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:39PM</b>	<b>Moon – Green</b>	
				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Lanham, MD Sun 28 Sutra 34
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 4:52AM – 6:40AM	<b>Vishakha Until 3:48PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:52AM	Vikarin 5121
Tula Rasi: 27.43	Tithi 15 – 16	<b>Yama</b> 1:50PM – 3:38PM	<b>Parigha* Until 2:32AM Sun</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:13PM	Moon 4 - Phase 5
	276583469	<b>Rahu</b> 8:27AM – 10:15AM	<b>Balava Until 3:36AM Sun</b>	<b>Nataraja:</b> Clear	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 4:09PM</b>	<b>Moon – Orange</b>	
				<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Lanham, MD Sun 29 Sutra 35
	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:39PM – 5:26PM	<b>Anuradha Until 3:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:51AM	Vikarin 5121
Vrischika Rasi: 11.2	Tithi 16 – 17	<b>Yama</b> 12:03PM – 1:51PM	<b>Shiva Until 12:56AM Mon</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:14PM	Moon 4 - Phase 5
	277583469	<b>Rahu</b> 5:26PM – 7:14PM	<b>Taitila Until 2:56AM Mon</b>	<b>Nataraja:</b> Clear	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 3:10PM</b>	<b>Moon – Orange</b>	
				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 24.36 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 1:51PM – 3:39PM  
**Yama** 10:15AM – 12:03PM  
**Rahu** 6:39AM – 8:27AM  
**Jyeshtha\* Until 3:47PM**  
Siddha Until 11:50PM  
Vanija Until 2:55AM Tue  
**Dvitiya Until 2:49PM**

Lanham, MD  
Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow *Sunrise: 4:50AM*  
Muruga: Yellow *Sunset: 7:15PM*  
Nataraja: Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 7.31 Tithi 18 – 19

Creative Work Amrita Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 12:03PM – 1:51PM  
**Yama** 8:26AM – 10:15AM  
**Rahu** 3:39PM – 5:28PM  
**Mula\* Until 4:59PM**  
Sadhya Until 11:18PM  
Bava Until 3:37AM Wed  
**Tritiya Until 3:10PM**

Lanham, MD  
Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 4:50AM*  
Muruga: Yellow *Sunset: 7:16PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.07 Tithi 19 – 20

Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 10:14AM – 12:03PM  
**Yama** 6:37AM – 8:26AM  
**Rahu** 12:03PM – 1:51PM  
**Purvashadha\* Until 6:43PM**  
Subha Until 11:19PM  
Kaulava Until 4:59AM Thu  
**Chaturthi\* Until 4:12PM**

Lanham, MD  
Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 4:49AM*  
Muruga: Yellow *Sunset: 7:17PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.24 Tithi 20 – 21

Routine Work Marana Yoga  
Until 8:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 8:26AM – 10:14AM  
**Yama** 4:48AM – 6:37AM  
**Rahu** 1:52PM – 3:40PM  
**Uttarashadha Until 8:52PM**  
Sukla Until 11:45PM  
Gara Until 6:54AM Fri  
**Panchami Until 5:51PM**

Lanham, MD  
Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 4:48AM*  
Muruga: Yellow *Sunset: 7:18PM*  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.29 Tithi 21

Routine Work Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 6:37AM – 8:25AM  
**Yama** 3:41PM – 5:30PM  
**Rahu** 10:14AM – 12:03PM  
**Shravana Until 11:47PM**  
Brahma Until 12:31AM Sat  
Gara Until 6:54AM  
**Shashthi\* Until 7:59PM**

Lanham, MD  
Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Ganesha: Green *Sunrise: 4:48AM*  
Muruga: Yellow *Sunset: 7:18PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.24 Tithi 22

Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika** 4:47AM – 6:36AM  
**Yama** 1:52PM – 3:41PM  
**Rahu** 8:25AM – 10:14AM  
**Dhanishtha Until 2:44AM Sun**  
Indra Until 1:29AM Sun  
Visti Until 9:11AM  
**Saptami Until 10:22PM**

Lanham, MD  
Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 4:47AM*  
Muruga: Yellow *Sunset: 7:19PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.16 Tithi 23

Creative Work Siddha Yoga  
Until 5:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika** 3:42PM – 5:31PM  
**Yama** 12:03PM – 1:52PM  
**Rahu** 5:31PM – 7:20PM  
**Shatabhishak Until 5:32AM Mon**  
Vaidhriti\* Until 2:25AM Mon  
Balava Until 11:37AM  
**Ashtami\* Until 12:47AM Mon**

Lanham, MD  
Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami  
**Sivaloka Day**  
Ganesha: Blue *Sunrise: 4:46AM*  
Muruga: Yellow *Sunset: 7:20PM*  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Monday, May 27, 2019**

**Retreat Star**

Kumbha Rasi: 20.08 Tithi 24

**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika** 1:53PM – 3:42PM  
**Yama** 10:14AM – 12:03PM  
**Rahu** 6:35AM – 8:25AM  
**Purvaproshtapada\* Until 8:26AM Tue**  
Vishkambha\* Until 3:12AM Tue  
Taitila Until 1:57PM  
**Navami\* Until 3:00AM Tue**

Lanham, MD  
Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami  
**Sivaloka Day**  
Ganesha: Purple *Sunrise: 4:46AM*  
Muruga: Yellow *Sunset: 7:21PM*  
Nataraja: Clear  
Moon – Clear  
**Vaisaka-Vaikasi**


<b>1</b>		<b>Tuesday, May 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Lanham, MD
Meena Rasi: 2.06	Tithi 25	<b>Gulika</b>	12:03PM – 1:53PM	<b>Purvaproshtapada* Until 8:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:45AM	Sun 9	Sutra 44
		Yama	8:24AM – 10:14AM	Priti Until 3:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:22PM		Vikarin 5121
		318683469 <b>Rahu</b>	3:43PM – 5:32PM	Vanija Until 4:00PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 7
Routine Work	Marana Yoga			<b>Dashami Until 4:50AM Wed</b>	Moon – Clear			2nd Phase
Until 8:26AM					<b>Vaisaka-Vaikasi</b>			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Lanham, MD
Meena Rasi: 14.14	Tithi 26	<b>Gulika</b>	10:14AM – 12:04PM	<b>Uttaraproshtapada Until 10:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:45AM	Sun 10	Sutra 45
		Yama	6:35AM – 8:24AM	Ayushman Until 3:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:22PM		Vikarin 5121
		318683469 <b>Rahu</b>	12:04PM – 1:53PM	Bava Until 5:34PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM Thu</b>	Moon – Clear			2nd Phase
Until 10:45AM					<b>Vaisaka-Vaikasi</b>			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lanham, MD
Meena Rasi: 26.35	Tithi 26 – 27	<b>Gulika</b>	8:24AM – 10:14AM	<b>Revati Until 12:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:44AM	Sun 11	Sutra 46
		Yama	4:44AM – 6:34AM	Saubhagya Until 3:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM		Vikarin 5121
		318683469 <b>Rahu</b>	1:54PM – 3:43PM	Kaulava Until 6:33PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM</b>	Moon – Clear			2nd Phase
Until 12:22PM					<b>Vaisaka-Vaikasi</b>			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Lanham, MD
Mesha Rasi: 9.13	Tithi 27 – 28	<b>Gulika</b>	6:34AM – 8:24AM	<b>Ashvini Until 1:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Sun 12	Sutra 47
		Yama	3:44PM – 5:34PM	Sobhana Until 2:30AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM		Vikarin 5121
		328683469 <b>Rahu</b>	10:14AM – 12:04PM	Gara Until 6:54PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			<b>Dvadashi* Until 6:47AM</b>	Moon – White			2nd Phase
Until 1:42PM					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lanham, MD
Mesha Rasi: 22.08	Tithi 28 – 29	<b>Gulika</b>	4:44AM – 6:34AM	<b>Bharani Until 2:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:44AM	Sun 13	Sutra 48
		Yama	1:54PM – 3:44PM	Athiganda* Until 1:05AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM		Vikarin 5121
		329683469 <b>Rahu</b>	8:24AM – 10:14AM	Visti Until 6:37PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			<b>Trayodashi* Until 6:49AM</b>	Moon – White			2nd Phase
Until 2:14PM					<b>Vaisaka-Vaikasi</b>			<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga								Devaloka Time: 3:PM to 6:PM

		<b>Sunday, June 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Lanham, MD
<b>Retreat Star</b>		<b>Gulika</b>	3:45PM – 5:35PM	<b>Krittika Until 2:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:43AM	Sun 14	Sutra 49
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	12:04PM – 1:54PM	Sukarma Until 11:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:25PM		Vikarin 5121
		329683469 <b>Rahu</b>	5:35PM – 7:25PM	Naga Until 5:05AM Mon	<b>Nataraja:</b> Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:14AM</b>	Moon – White			Amavasya
					<b>Vaisaka-Vaikasi</b>			<b>Bhuloka Day</b>
								Devaloka Time: 3:PM to 6:PM

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Lanham, MD
Vrishabha Rasi: 18.58	Tithi 1	<b>Gulika</b>	1:55PM – 3:45PM	<b>Rohini Until 1:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM	Sun 15	Sutra 50
<b>Family Home Evening</b>		Yama	10:14AM – 12:04PM	Dhriti Until 9:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM		Vikarin 5121
		339683469 <b>Rahu</b>	6:33AM – 8:24AM	Kintughna Until 4:22PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			<b>Prathama* Until 3:30AM Tue</b>	Moon – Yellow			Prathama
					<b>Jyeshtha-Vaikasi</b>			<b>Bhuloka Day</b>
								Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lanham, MD Sun 16 Sutra 51	
Mithuna Rasi: 2.47	Tithi 2	<b>Gulika</b> Yama	<b>12:04PM – 1:55PM</b> 8:23AM – 10:14AM	<b>Mrigashira Until 12:39PM</b> Shula* Until 6:28PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:43AM</b> <b>Sunset: 7:26PM</b>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Creative Work	Siddha Yoga	339683461 <b>Rahu</b>	<b>3:45PM – 5:36PM</b>	Balava Until 2:35PM <b>Dvitiya Until 1:34AM Wed</b>	<b>Nataraja: Clear</b> Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 12:39PM							
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		Lanham, MD Sun 17 Sutra 52	
Mithuna Rasi: 16.49	Tithi 3	<b>Gulika</b> Yama	<b>10:14AM – 12:05PM</b> 6:33AM – 8:23AM	<b>Ardra Until 11:14AM</b> Ganda* Until 3:42PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:42AM</b> <b>Sunset: 7:27PM</b>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Creative Work	Siddha Yoga	339683461 <b>Rahu</b>	<b>12:05PM – 1:55PM</b>	Taitila Until 12:31PM <b>Tritiya Until 11:23PM</b>	<b>Nataraja: Yellow</b> Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau		Lanham, MD Sun 18 Sutra 53	
Kataka Rasi: 1	Tithi 4	<b>Gulika</b> Yama	<b>8:23AM – 10:14AM</b> 4:42AM – 6:33AM	<b>Punarvasu Until 9:55AM</b> Vridhhi Until 12:48PM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:42AM</b> <b>Sunset: 7:28PM</b>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Creative Work	Amrita Yoga	349683461 <b>Rahu</b>	<b>1:56PM – 3:46PM</b>	Vanija Until 10:15AM <b>Chaturthi* Until 9:04PM</b>	<b>Nataraja: Yellow</b> Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Lanham, MD Sun 19 Sutra 54	
Kataka Rasi: 15.15	Tithi 5	<b>Gulika</b> Yama	<b>6:33AM – 8:23AM</b> 3:47PM – 5:37PM	<b>Pushya Until 8:21AM</b> Dhruva Until 9:49AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:42AM</b> <b>Sunset: 7:28PM</b>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Routine Work	Marana Yoga	349683461 <b>Rahu</b>	<b>10:14AM – 12:05PM</b>	Bava Until 7:54AM <b>Panchami Until 6:42PM</b>	<b>Nataraja: Yellow</b> Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD Sun 20 Sutra 55	
Kataka Rasi: 29.32	Tithi 6 – 7	<b>Gulika</b> Yama	<b>4:42AM – 6:32AM</b> 1:56PM – 3:47PM	<b>Ashlesha* Until 6:38AM</b> Vyaghata* Until 6:50AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:42AM</b> <b>Sunset: 7:29PM</b>	Vikarin 5121 Moon 5 - Phase 8 3rd Phase
Routine Work	Marana Yoga	349683461 <b>Rahu</b>	<b>8:23AM – 10:14AM</b>	Gara Until 3:12AM Sun <b>Shashthi* Until 4:20PM</b>	<b>Nataraja: Yellow</b> Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 6:38AM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD Sun 21 Sutra 56	
Simha Rasi: 13.46	Tithi 7 – 8	<b>Gulika</b> Yama	<b>3:47PM – 5:38PM</b> 12:05PM – 1:56PM	<b>Purvaphalguni Until 3:48AM Mon</b> Vajra* Until 1:00AM Mon	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:41AM</b> <b>Sunset: 7:29PM</b>	Vikarin 5121 Moon 5 - Phase 8 Ashtami
Creative Work	Siddha Yoga	351683461 <b>Rahu</b>	<b>5:38PM – 7:29PM</b>	Visti Until 12:58AM Mon <b>Saptami Until 2:03PM</b>	<b>Nataraja: Yellow</b> Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi	

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 22 Sutra 57	
Simha Rasi: 27.57	Tithi 8 – 9	<b>Gulika</b> Yama	<b>1:57PM – 3:48PM</b> 10:14AM – 12:06PM	<b>Uttaraphalguni Until 2:21AM Tue</b> Siddhi Until 10:14PM	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:41AM</b> <b>Sunset: 7:30PM</b>	Vikarin 5121 Moon 5 - Phase 8 Navami
<b>Family Home Evening</b>		351683461 <b>Rahu</b>	<b>6:32AM – 8:23AM</b>	Balava Until 10:51PM <b>Ashtami* Until 11:52AM</b>	<b>Nataraja: Yellow</b> Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi	
Creative Work	Siddha Yoga						

<b>1</b>	<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lanham, MD Sun 23 Sutra 58
	Kanya Rasi: 12.02	Tithi 9 – 10	<b>Gulika</b> 12:06PM – 1:57PM	<b>Hasta</b> <b>Until 1:21AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Vikarin 5121
			Yama 8:23AM – 10:15AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 3:48PM – 5:39PM		Taitila Until 8:53PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:49AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lanham, MD Sun 24 Sutra 59
	Kanya Rasi: 26.01	Tithi 10 – 11	<b>Gulika</b> 10:15AM – 12:06PM	<b>Chitra</b> <b>Until 12:25AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Vikarin 5121
			Yama 6:32AM – 8:24AM	Variyan Until 5:07PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 12:06PM – 1:57PM		Vanija Until 7:08PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 7:58AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 12:25AM Thu				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Lanham, MD Sun 25 Sutra 60
	Tula Rasi: 9.52	Tithi 11 – 12	<b>Gulika</b> 8:24AM – 10:15AM	<b>Svati</b> <b>Until 11:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Vikarin 5121
			Yama 4:41AM – 6:32AM	Parigha* Until 2:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 1:57PM – 3:49PM		Balava Until 5:00AM Fri	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> <b>Until 6:20AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 11:37PM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lanham, MD Sun 26 Sutra 61
	Tula Rasi: 23.31	Tithi 13	<b>Gulika</b> 6:32AM – 8:24AM	<b>Vishakha</b> <b>Until 11:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Vikarin 5121
			Yama 3:49PM – 5:40PM	Shiva Until 12:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 9
	371693461	<b>Rahu</b> 10:15AM – 12:06PM		Kaulava Until 4:29PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 4:01AM Sat</b>	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Lanham, MD Sun 27 Sutra 62
	Vrischika Rasi: 6.58	Tithi 14	<b>Gulika</b> 4:41AM – 6:32AM	<b>Anuradha</b> <b>Until 11:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Vikarin 5121
			Yama 1:58PM – 3:49PM	Siddha Until 11:09AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 8:24AM – 10:15AM		Gara Until 3:43PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:29AM Sun</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>○</b>	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Lanham, MD Sun 28 Sutra 63
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:50PM – 5:41PM	<b>Jyeshtha* Until 11:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Vikarin 5121
	Vrischika Rasi: 20.11	Tithi 15	Yama 12:07PM – 1:58PM	Sadhya Until 9:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 5:41PM – 7:32PM		Visti Until 3:25PM	<b>Nataraja:</b> Yellow		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 3:27AM Mon</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 11:59PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>○</b>	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Lanham, MD Sun 29 Sutra 64
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:58PM – 3:50PM	<b>Mula* Until 1:16AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Vikarin 5121
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:16AM – 12:07PM	Subha Until 8:55AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 9
	381793461	<b>Rahu</b> 6:33AM – 8:24AM		Balava Until 3:39PM	<b>Nataraja:</b> Yellow		Prathama
Family Home Evening	Siddha Yoga		<b>Prathama* Until 3:58AM Tue</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Creative Work				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Lanham, MD  
Sutra 65  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Dhanus Rasi: 15.48 Tithi 17  
381793461  
Creative Work Siddha Yoga  
Until 2:57AM Wed  
Then Creative Work - Amrita Yoga

**Gulika** 12:07PM - 1:59PM  
Yama 8:24AM - 10:16AM  
**Rahu** 3:50PM - 5:42PM

**Purvashadha\* Until 2:57AM Wed**  
Sukla Until 8:26AM  
Tailila Until 4:28PM  
**Dvitiya Until 5:03AM Wed**

**Ganesha:** Clear *Sunrise: 4:41AM*  
**Muruqa:** Blue *Sunset: 7:33PM*  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Lanham, MD  
Sun 1 Sutra 66  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Dhanus Rasi: 28.13 Tithi 18  
382793461  
Creative Work Amrita Yoga  
Until 4:59AM Thu  
Then Creative Work - Siddha Yoga

**Gulika** 10:16AM - 12:07PM  
Yama 6:33AM - 8:24AM  
**Rahu** 12:07PM - 1:59PM

**Uttarashadha Until 4:59AM Thu**  
Brahma Until 8:24AM  
Vanija Until 5:49PM  
**Tritiya Until 6:40AM Thu**

**Ganesha:** Purple *Sunrise: 4:41AM*  
**Muruqa:** Blue *Sunset: 7:33PM*  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Lanham, MD  
Sun 2 Sutra 67  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Makara Rasi: 10.25 Tithi 18 - 19  
392793461  
Creative Work Siddha Yoga

**Gulika** 8:25AM - 10:16AM  
Yama 4:42AM - 6:33AM  
**Rahu** 1:59PM - 3:51PM

**Shravana Until 7:46AM Fri**  
Indra Until 8:47AM  
Bava Until 7:40PM  
**Tritiya Until 6:40AM**

**Ganesha:** Clear *Sunrise: 4:42AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD  
Sun 3 Sutra 68  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Makara Rasi: 22.26 Tithi 19 - 20  
392793461  
Routine Work Marana Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

**Gulika** 6:33AM - 8:25AM  
Yama 3:51PM - 5:42PM  
**Rahu** 10:16AM - 12:08PM

**Shravana Until 7:46AM**  
Vaidhriti\* Until 9:27AM  
Kaulava Until 9:51PM  
**Chaturthi\* Until 8:42AM**

**Ganesha:** Clear *Sunrise: 4:42AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Lanham, MD  
Sun 4 Sutra 69  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 4.22 Tithi 20 - 21  
392793461  
Creative Work Siddha Yoga  
Until 10:39AM  
Then Creative Work - Amrita Yoga

**Gulika** 4:42AM - 6:34AM  
Yama 2:00PM - 3:51PM  
**Rahu** 8:25AM - 10:17AM

**Dhanishtha Until 10:39AM**  
Vishkambha\* Until 10:21AM  
Gara Until 12:13AM Sun  
**Panchami Until 11:00AM**

**Ganesha:** Clear *Sunrise: 4:42AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Lanham, MD  
Sun 5 Sutra 70  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 16.13 Tithi 21 - 22  
392793461  
Creative Work Siddha Yoga

**Gulika** 3:51PM - 5:43PM  
Yama 12:08PM - 2:00PM  
**Rahu** 5:43PM - 7:34PM

**Shatabhishak Until 1:27PM**  
Priti Until 11:20AM  
Visti Until 2:35AM Mon  
**Shashthi\* Until 1:24PM**

**Ganesha:** Clear *Sunrise: 4:42AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lanham, MD  
Sun 6 Sutra 71  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 28.07 Tithi 22 - 23  
312793461  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Gulika** 2:00PM - 3:51PM  
Yama 10:17AM - 12:08PM  
**Rahu** 6:34AM - 8:26AM

**Purvaproshtapada\* Until 4:29PM**  
Ayushman Until 12:12PM  
Balava Until 4:45AM Tue  
**Saptami Until 3:41PM**

**Ganesha:** Yellow *Sunrise: 4:43AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

**D**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Lanham, MD  
Sun 7 Sutra 72  
Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Meena Rasi: 10.05 Tithi 23 - 24  
312793461  
Creative Work Amrita Yoga  
Until 7:03PM  
Then Creative Work - Siddha Yoga

**Gulika** 12:09PM - 2:00PM  
Yama 8:26AM - 10:17AM  
**Rahu** 3:52PM - 5:43PM

**Uttaraproshtapada Until 7:03PM**  
Saubhagya Until 12:53PM  
Tailila Until 6:31AM Wed  
**Ashtami\* Until 5:40PM**

**Ganesha:** Yellow *Sunrise: 4:43AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Tailila/Gara Karana Navamyam Titau

Lanham, MD  
Sun 8 Sutra 73  
Vikarin 5121  
Moon 6 - Phase 10  
Navami

Meena Rasi: 22.13 Tithi 24  
312793461  
Routine Work Marana Yoga

**Gulika** 10:17AM - 12:09PM  
Yama 6:35AM - 8:26AM  
**Rahu** 12:09PM - 2:00PM

**Revati Until 8:59PM**  
Sobhana Until 1:14PM  
Tailila Until 6:31AM  
**Navami\* Until 7:10PM**

**Ganesha:** Yellow *Sunrise: 4:43AM*  
**Muruqa:** Blue *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sivaloka Day**


<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti Karana Dashamyam Titau				Lanham, MD
Mesha Rasi: 4.35	Tithi 25	322793461	<b>Gulika</b> 8:26AM – 10:18AM <b>Yama</b> 4:44AM – 6:35AM <b>Rahu</b> 2:00PM – 3:52PM	<b>Ashvini</b> Until 10:38PM Athiganda* Until 1:06PM Vanija Until 7:43AM <b>Dashami</b> Until 8:04PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<b>Sunrise:</b> 4:44AM <b>Sunset:</b> 7:35PM	Sun 9 Sutra 74 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Creative Work Amrita Yoga								
Until 10:38PM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Lanham, MD
Mesha Rasi: 17.14	Tithi 26	322793461	<b>Gulika</b> 6:35AM – 8:27AM <b>Yama</b> 3:52PM – 5:43PM <b>Rahu</b> 10:18AM – 12:09PM	<b>Bharani</b> Until 11:26PM Sukarma Until 12:27PM Bava Until 8:16AM <b>Ekadashi*</b> Until 8:15PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<b>Sunrise:</b> 4:44AM <b>Sunset:</b> 7:35PM	Sun 10 Sutra 75 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga								

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lanham, MD
Vrishabha Rasi: 0.15	Tithi 27	322793461	<b>Gulika</b> 4:44AM – 6:36AM <b>Yama</b> 2:01PM – 3:52PM <b>Rahu</b> 8:27AM – 10:18AM	<b>Krittika</b> Until 11:22PM Dhriti Until 11:14AM Kaulava Until 8:06AM <b>Dvadashi*</b> Until 7:43PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<b>Sunrise:</b> 4:44AM <b>Sunset:</b> 7:35PM	Sun 11 Sutra 76 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Creative Work Amrita Yoga								

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Lanham, MD
Vrishabha Rasi: 13.38	Tithi 28	332793461	<b>Gulika</b> 3:52PM – 5:43PM <b>Yama</b> 12:10PM – 2:01PM <b>Rahu</b> 5:43PM – 7:34PM	<b>Rohini</b> Until 10:56PM Shula* Until 9:25AM Gara Until 7:12AM <b>Trayodashi*</b> Until 6:29PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 4:45AM <b>Sunset:</b> 7:34PM	Sun 12 Sutra 77 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga								
<i>Pradosha Vrata (Fasting)</i>								

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lanham, MD
Vrishabha Rasi: 27.25	Tithi 29 – 30	332793461	<b>Gulika</b> 2:01PM – 3:52PM <b>Yama</b> 10:19AM – 12:10PM <b>Rahu</b> 6:36AM – 8:28AM	<b>Mrigashira</b> Until 9:46PM Ganda* Until 7:06AM Catuspada Until 3:33AM Tue <b>Chaturdashi*</b> Until 4:39PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 4:45AM <b>Sunset:</b> 7:34PM	Sun 13 Sutra 78 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	<b>Devaloka Day</b>
Family Home Evening								
Creative Work Amrita Yoga								
Until 9:46PM								
Then Creative Work - Siddha Yoga								

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lanham, MD
<b>Retreat Star</b>								
Mithuna Rasi: 11.32	Tithi 30 – 1	333793461	<b>Gulika</b> 12:10PM – 2:01PM <b>Yama</b> 8:28AM – 10:19AM <b>Rahu</b> 3:52PM – 5:43PM	<b>Ardra</b> Until 7:59PM Dhruva Until 1:12AM Wed Kintughna Until 1:00AM Wed <b>Amavasya*</b> Until 2:18PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 7:34PM	Sun 14 Sutra 79 Vikarin 5121 Moon 6 - Phase 11 Amavasya	<b>Sivaloka Day</b>
Routine Work Marana Yoga								
Until 7:59PM								
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lanham, MD
Mithuna Rasi: 25.57	Tithi 1 – 2	343793461	<b>Gulika</b> 10:19AM – 12:10PM <b>Yama</b> 6:37AM – 8:28AM <b>Rahu</b> 12:10PM – 2:01PM	<b>Punarvasu</b> Until 6:08PM Vyaghata* Until 9:49PM Balava Until 10:10PM <b>Prathama*</b> Until 11:36AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 7:34PM	Sun 15 Sutra 80 Vikarin 5121 Moon 6 - Phase 11 Prathama	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lanham, MD Sun 16 Sutra 81	
Kataka Rasi: 10.34	Tithi 2 – 3	<b>Gulika</b> 8:29AM – 10:19AM	<b>Pushya</b> Until 3:58PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:47AM	Vikarin 5121	
		Yama 4:47AM – 6:38AM	Harshana Until 6:19PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 2:01PM – 3:52PM	Taitila Until 7:10PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 8:39AM	Moon – Blue		<b>Sivaloka Day</b>	
Until 3:58PM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturthyam Titau		Lanham, MD Sun 17 Sutra 82	
Kataka Rasi: 25.14	Tithi 4	<b>Gulika</b> 6:38AM – 8:29AM	<b>Ashlesha*</b> Until 1:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:47AM	Vikarin 5121	
		Yama 3:52PM – 5:43PM	Vajra* Until 2:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:20AM – 12:11PM	Vanija Until 4:08PM	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 2:37AM Sat	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		Lanham, MD Sun 18 Sutra 83	
Simha Rasi: 9.54	Tithi 5	<b>Gulika</b> 4:48AM – 6:39AM	<b>Magha*</b> Until 11:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Vikarin 5121	
		Yama 2:01PM – 3:52PM	Siddhi Until 11:17AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 8:29AM – 10:20AM	Bava Until 1:11PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> Until 11:46PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 11:37AM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan* Yoga Kaulava/Taitila Karana Shashthyam Titau		Lanham, MD Sun 19 Sutra 84	
Simha Rasi: 24.27	Tithi 6	<b>Gulika</b> 3:52PM – 5:43PM	<b>Purvaphalguni</b> Until 9:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM	Vikarin 5121	
		Yama 12:11PM – 2:01PM	Vyatipata* Until 7:59AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 5:43PM – 7:33PM	Kaulava Until 10:27AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:10PM	Moon – Red		<b>Sivaloka Day</b>	
Until 9:40AM		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Lanham, MD Sun 20 Sutra 85	
Kanya Rasi: 8.47	Tithi 7	<b>Gulika</b> 2:01PM – 3:52PM	<b>Uttaraphalguni</b> Until 7:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:49AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:21AM – 12:11PM	Parigha* Until 2:06AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 6:40AM – 8:30AM	Gara Until 8:00AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:53PM	Moon – Red		<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 21 Sutra 86	
Kanya Rasi: 22.54	Tithi 8 – 9	<b>Gulika</b> 12:11PM – 2:02PM	<b>Hasta</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 8:30AM – 10:21AM	Shiva Until 11:39PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 3:52PM – 5:42PM	Balava Until 4:14AM Wed	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:00PM	Moon – Green		<b>Subha Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lanham, MD Sun 22 Sutra 87	
Tula Rasi: 6.45	Tithi 9 – 10	<b>Gulika</b> 10:21AM – 12:11PM	<b>Svati</b> Until 5:15AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 6:41AM – 8:31AM	Siddha Until 9:32PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 12	
		463893461 <b>Rahu</b> 12:11PM – 2:02PM	Taitila Until 3:00AM Thu	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:32PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>		<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 23 Sutra 88	
Tula Rasi: 20.19	Tithi 10 – 11	<b>Gulika</b> 8:31AM – 10:21AM	<b>Vishakha</b> Until 5:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vikarin 5121	
		Yama 4:51AM – 6:41AM	Sadhya Until 7:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13	
473893461	<b>Rahu</b> 2:02PM – 3:52PM		Vanija Until 2:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:32PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

<b>2</b>		<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 24 Sutra 89	
Vrischika Rasi: 3.38	Tithi 11 – 12	<b>Gulika</b> 6:42AM – 8:32AM	<b>Anuradha</b> Until 5:54AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama 3:51PM – 5:41PM	Subha Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 13	
473893461	<b>Rahu</b> 10:22AM – 12:12PM		Bava Until 1:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 2:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

<b>3</b>		<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 25 Sutra 90	
Vrischika Rasi: 16.42	Tithi 12 – 13	<b>Gulika</b> 4:52AM – 6:42AM	<b>Jyeshtha*</b> Until 6:43AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama 2:01PM – 3:51PM	Sukla Until 5:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 13	
473893461	<b>Rahu</b> 8:32AM – 10:22AM		Kaulava Until 2:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 1:56PM	Moon – Orange		<b>Devaloka Day</b>	
Until 6:43AM Sun				<b>Ashada•Ani</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 26 Sutra 91	
Vrischika Rasi: 29.32	Tithi 13 – 14	<b>Gulika</b> 3:51PM – 5:41PM	<b>Jyeshtha*</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM	Vikarin 5121	
		Yama 12:12PM – 2:01PM	Brahma Until 4:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13	
473893461	<b>Rahu</b> 5:41PM – 7:30PM		Gara Until 2:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:22PM	Moon – Orange		<b>Devaloka Day</b>	
Until 6:43AM				<b>Ashada•Ani</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Lanham, MD Sun 27 Sutra 92	
Dhanus Rasi: 12.08	Tithi 14 – 15	<b>Gulika</b> 2:01PM – 3:51PM	<b>Mula*</b> Until 8:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:54AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:22AM – 12:12PM	Indra Until 4:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13	
483893461	<b>Rahu</b> 6:43AM – 8:33AM		Visti Until 3:54AM Tue	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 8:18AM				<b>Ashada•Ani</b>			
Then Routine Work - Marana Yoga							

		<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lanham, MD Sun 28 Sutra 93	
Dhanus Rasi: 24.31	Tithi 15 – 16	<b>Gulika</b> 12:12PM – 2:01PM	<b>Purvashadha*</b> Until 10:10AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:54AM	Vikarin 5121	
		Yama 8:33AM – 10:23AM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13	
483893461	<b>Rahu</b> 3:51PM – 5:40PM		Balava Until 5:28AM Wed	<b>Nataraja:</b> Yellow		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:37PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 10:10AM				<b>Ashada•Adi</b>			
Then Routine Work - Prabalarishta Yoga		<b>Partial Lunar Eclipse</b> <b>Satguru Purnima</b>					

<b>Wednesday, July 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau		Lanham, MD Sun 29 Sutra 94	
Makara Rasi: 6.44	Tithi 16	<b>Gulika</b> 10:23AM – 12:12PM	<b>Uttarashadha</b> Until 12:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:55AM	Vikarin 5121	
		Yama 6:44AM – 8:34AM	Vishkambha* Until 5:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13	
484893462	<b>Rahu</b> 12:12PM – 2:01PM		Kaulava Until 6:23PM	<b>Nataraja:</b> White		Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 6:23PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 12:18PM				<b>Ashada•Adi</b>			
Then Creative Work - Siddha Yoga							



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 18.47    Tithi 17  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 8:34AM – 10:23AM    **Shravana Until 3:05PM**  
Yama 4:56AM – 6:45AM    Priti Until 5:57PM  
Rahu 2:01PM – 3:50PM    Taitila Until 7:24AM  
Dvitiya Until 8:28PM

Lanham, MD    Sun 1    Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:56AM  
Muruga: Blue    Sunset: 7:28PM  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Kumbha Rasi: 0.44    Tithi 18  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 6:46AM – 8:34AM    **Dhanishtha Until 5:57PM**  
Yama 3:50PM – 5:39PM    Ayushman Until 6:49PM  
Rahu 10:23AM – 12:12PM    Vanija Until 9:37AM  
Tritiya Until 10:47PM

Lanham, MD    Sun 2    Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:57AM  
Muruga: Blue    Sunset: 7:28PM  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 12.37    Tithi 19  
494893462 Rahu  
Creative Work    Amrita Yoga  
Until 8:45PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 4:57AM – 6:46AM    **Shatabhishak Until 8:45PM**  
Yama 2:01PM – 3:50PM    Saubhagya Until 7:48PM  
Rahu 8:35AM – 10:24AM    Bava Until 12:00PM  
Chaturthi\* Until 1:12AM Sun

Lanham, MD    Sun 3    Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:57AM  
Muruga: Blue    Sunset: 7:27PM  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 24.28    Tithi 20  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 3:49PM – 5:38PM    **Purvaproshtapada\* Until 11:53PM**  
Yama 12:12PM – 2:01PM    Sobhana Until 8:46PM  
Rahu 5:38PM – 7:26PM    Kaulava Until 2:25PM  
Panchami Until 3:34AM Mon

Lanham, MD    Sun 4    Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:58AM  
Muruga: Blue    Sunset: 7:26PM  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 6.22    Tithi 21  
414893462 Rahu  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 2:01PM – 3:49PM    **Uttaraproshtapada Until 2:40AM Tue**  
Yama 10:24AM – 12:12PM    Athiganda\* Until 9:35PM  
Rahu 6:47AM – 8:36AM    Gara Until 4:42PM  
Shashthi\* Until 5:44AM Tue

Lanham, MD    Sun 5    Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 4:59AM  
Muruga: Blue    Sunset: 7:26PM  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 18.19    Tithi 22  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 4:57AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\* Karana Saptamyam Titau  
**Gulika** 12:12PM – 2:00PM    **Revati Until 4:57AM Wed**  
Yama 8:36AM – 10:24AM    Sukarma Until 10:11PM  
Rahu 3:49PM – 5:37PM    Visti Until 6:42PM  
Saptami Until 7:32AM Wed

Lanham, MD    Sun 6    Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear    Sunrise: 5:00AM  
Muruga: Blue    Sunset: 7:25PM  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Mesha Rasi: 0.26    Tithi 22 – 23  
424893462 Rahu  
Routine Work    Marana Yoga  
Until 7:04AM Thu  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 10:24AM – 12:12PM    **Ashvini Until 7:04AM Thu**  
Yama 6:49AM – 8:37AM    Dhriti Until 10:26PM  
Rahu 12:12PM – 2:00PM    Balava Until 8:16PM  
Saptami Until 7:32AM

Lanham, MD    Sun 7    Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami  
Ganesha: White    Sunrise: 5:01AM  
Muruga: Blue    Sunset: 7:24PM  
Nataraja: White  
Moon – White  
**Subha Subha Sivaloka Day**  
Ashada-Adi

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 12.46    Tithi 23 – 24  
424893462 Rahu  
Creative Work    Amrita Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 8:37AM – 10:25AM    **Ashvini Until 7:04AM**  
Yama 5:02AM – 6:49AM    Shula\* Until 10:10PM  
Rahu 2:00PM – 3:48PM    Taitila Until 9:13PM  
Ashtami\* Until 8:48AM

Lanham, MD    Sun 8    Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami  
Ganesha: White    Sunrise: 5:02AM  
Muruga: Blue    Sunset: 7:23PM  
Nataraja: White  
Moon – White  
**Subha Subha Sivaloka Day**  
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lanham, MD Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 25.23	Tithi 24 – 25	<b>Gulika</b> 6:50AM – 8:37AM	<b>Bharani</b> <b>Until 8:23AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:02AM		
		Yama 3:47PM – 5:35PM	Ganda* <b>Until 9:22PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 15	
		424893462 <b>Rahu</b> 10:25AM – 12:12PM	Vanija <b>Until 9:27PM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 9:25AM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 10 Sutra 104 Vikarin 5121	
Wrishabha Rasi: 8.21	Tithi 25 – 26	<b>Gulika</b> 5:03AM – 6:50AM	<b>Krittika</b> <b>Until 8:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:03AM		
		Yama 2:00PM – 3:47PM	Vriddhi <b>Until 7:57PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 15	
		424893462 <b>Rahu</b> 8:38AM – 10:25AM	Bava <b>Until 8:55PM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 9:16AM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 11 Sutra 105 Vikarin 5121	
Wrishabha Rasi: 21.44	Tithi 26 – 27	<b>Gulika</b> 3:46PM – 5:34PM	<b>Rohini</b> <b>Until 8:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:04AM		
		Yama 12:12PM – 1:59PM	Dhruva <b>Until 5:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 15	
		424893462 <b>Rahu</b> 5:34PM – 7:21PM	Kaulava <b>Until 7:36PM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 8:20AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 5.34	Tithi 27 – 28	<b>Gulika</b> 1:59PM – 3:46PM	<b>Mrigashira</b> <b>Until 7:51AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM		
<b>Family Home Evening</b>		Yama 10:25AM – 12:12PM	Vyaghata* <b>Until 3:14PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 15	
Creative Work	Amrita Yoga	435893462 <b>Rahu</b> 6:52AM – 8:39AM	Vanija <b>Until 4:19AM Tue</b>	<b>Nataraja:</b> White		2nd Phase	
Until 7:51AM			<b>Dvadashi* Until 6:39AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lanham, MD Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 19.5	Tithi 29	<b>Gulika</b> 12:12PM – 1:59PM	<b>Ardra</b> <b>Until 6:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM		
		Yama 8:39AM – 10:26AM	Harshana <b>Until 12:07PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 15	
		435893462 <b>Rahu</b> 3:46PM – 5:32PM	Visti <b>Until 2:57PM</b>	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 1:27AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Until 6:07AM				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 14 Sutra 108 Vikarin 5121	
Kataka Rasi: 4.28	Tithi 30	<b>Gulika</b> 10:26AM – 12:12PM	<b>Pushya</b> <b>Until 1:40AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:07AM		
		Yama 6:53AM – 8:39AM	Vajra* <b>Until 8:33AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 15	
		445893462 <b>Rahu</b> 12:12PM – 1:59PM	Catuspada <b>Until 11:52AM</b>	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:11PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 19.22	Tithi 1	<b>Gulika</b> 8:40AM – 10:26AM	<b>Ashlesha*</b> <b>Until 10:50PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:07AM		
		Yama 5:07AM – 6:54AM	Vyatipata* <b>Until 12:45AM Fri</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 15	
		445893462 <b>Rahu</b> 1:58PM – 3:44PM	Kintughna <b>Until 8:28AM</b>	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 6:41PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
Until 10:50PM				<b>Sravana*Adi</b>			
Then Creative Work - Amrita Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lanham, MD Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 4.24	Tithi 2 - 3	<b>Gulika</b> 6:54AM - 8:40AM Yama 3:44PM - 5:30PM 455893462 <b>Rahu</b> 10:26AM - 12:12PM	<b>Magha* Until 8:13PM</b> Variyan Until 8:43PM Taitila Until 1:22AM Sat Dvitiya Until 3:07PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon - Red	<b>Sunrise:</b> 5:08AM <b>Sunset:</b> 7:16PM	Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>	
Routine Work Marana Yoga Until 8:13PM Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Lanham, MD Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 19.26	Tithi 3 - 4	<b>Gulika</b> 5:09AM - 6:55AM Yama 1:58PM - 3:43PM 455893462 <b>Rahu</b> 8:41AM - 10:26AM	<b>Purvaphalguni Until 5:36PM</b> Parigha* Until 4:49PM Vanija Until 9:57PM Tritiya Until 11:37AM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon - Red	<b>Sunrise:</b> 5:09AM <b>Sunset:</b> 7:15PM	Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>	
Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 4.19	Tithi 4 - 5	<b>Gulika</b> 3:43PM - 5:28PM Yama 12:12PM - 1:57PM 455993462 <b>Rahu</b> 5:28PM - 7:14PM	<b>Uttaraphalguni Until 3:06PM</b> Shiva Until 1:08PM Bava Until 6:51PM Chaturthi* Until 8:20AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon - Red	<b>Sunrise:</b> 5:10AM <b>Sunset:</b> 7:14PM	Moon 7 - Phase 16 3rd Phase <b>Subha Sivaloka Day</b>	
Creative Work Amrita Yoga		<b>Nag Panchami</b>					

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Lanham, MD Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 18.57	Tithi 6	<b>Gulika</b> 1:57PM - 3:42PM Yama 10:27AM - 12:12PM 465993462 <b>Rahu</b> 6:56AM - 8:41AM	<b>Hasta Until 1:17PM</b> Siddha Until 9:45AM Kaulava Until 4:10PM Shashthi* Until 3:00AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon - Green	<b>Sunrise:</b> 5:11AM <b>Sunset:</b> 7:13PM	Moon 7 - Phase 16 3rd Phase <b>Subha Subha Sivaloka Day</b>	
Family Home Evening Creative Work Siddha Yoga Until 1:17PM Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Lanham, MD Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 3.13	Tithi 7	<b>Gulika</b> 12:12PM - 1:57PM Yama 8:42AM - 10:27AM 465993462 <b>Rahu</b> 3:42PM - 5:27PM	<b>Chitra Until 11:52AM</b> Sadhya Until 6:48AM Gara Until 2:02PM Saptami Until 1:10AM Wed	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon - Green	<b>Sunrise:</b> 5:12AM <b>Sunset:</b> 7:11PM	Moon 7 - Phase 16 3rd Phase <b>Subha Subha Sivaloka Day</b>	
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Lanham, MD Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 17.07	Tithi 8	<b>Gulika</b> 10:27AM - 12:12PM Yama 6:57AM - 8:42AM 465993462 <b>Rahu</b> 12:12PM - 1:56PM	<b>Svati Until 10:54AM</b> Sukla Until 2:25AM Thu Visti Until 12:30PM Ashtami* Until 11:59PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon - Green	<b>Sunrise:</b> 5:13AM <b>Sunset:</b> 7:10PM	Moon 7 - Phase 16 Ashtami <b>Subha Subha Sivaloka Day</b>	
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Lanham, MD Sun 22 Sutra 116 Vikarin 5121	
Vrischika Rasi: 0.37	Tithi 9	<b>Gulika</b> 8:43AM - 10:27AM Yama 5:14AM - 6:58AM 476993462 <b>Rahu</b> 1:56PM - 3:40PM	<b>Vishakha Until 10:54AM</b> Brahma Until 1:02AM Fri Balava Until 11:39AM Navami* Until 11:28PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon - Orange	<b>Sunrise:</b> 5:14AM <b>Sunset:</b> 7:09PM	Moon 7 - Phase 16 Navami <b>Sivaloka Day</b>	
Creative Work Siddha Yoga							


<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Lanham, MD Sun 23 Sutra 117 Vikarin 5121	
Wrischika Rasi: 13.44	Tithi 10	<b>Gulika</b> 6:59AM – 8:43AM	<b>Anuradha</b> Until 11:24AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:15AM		
		Yama 3:40PM – 5:24PM	Indra Until 12:10AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 17
	476993462	<b>Rahu</b> 10:27AM – 12:11PM	Taitila Until 11:28AM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 11:24AM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> Until 11:36PM	<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Lanham, MD Sun 24 Sutra 118 Vikarin 5121	
Wrischika Rasi: 26.33	Tithi 11	<b>Gulika</b> 5:15AM – 6:59AM	<b>Jyeshtha*</b> Until 12:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:15AM		
		Yama 1:55PM – 3:39PM	Vaidhriti* Until 11:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM		Moon 7 - Phase 17
	476993462	<b>Rahu</b> 8:43AM – 10:27AM	Vanija Until 11:55AM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
			<b>Ekadashi</b> Until 12:20AM Sun	<b>Sravana*Adi</b>			

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Lanham, MD Sun 25 Sutra 119 Vikarin 5121	
Dhanus Rasi: 9.05	Tithi 12	<b>Gulika</b> 3:38PM – 5:22PM	<b>Mula*</b> Until 2:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM		
		Yama 12:11PM – 1:55PM	Vishkambha* Until 11:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 17
	486993462	<b>Rahu</b> 5:22PM – 7:06PM	Bava Until 12:56PM	<b>Nataraja:</b> White			4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 2:12PM			<b>Dvadashi</b> Until 1:36AM Mon	<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Lanham, MD Sun 26 Sutra 120 Vikarin 5121	
Dhanus Rasi: 21.25	Tithi 13	<b>Gulika</b> 1:54PM – 3:38PM	<b>Purvashadha*</b> Until 4:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM		
<b>Family Home Evening</b>		Yama 10:27AM – 12:11PM	Priti Until 12:07AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 17
	486993462	<b>Rahu</b> 7:01AM – 8:44AM	Kaulava Until 2:25PM	<b>Nataraja:</b> White			4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
			<b>Trayodashi</b> Until 3:17AM Tue	<b>Sravana*Adi</b>			
			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Lanham, MD Sun 27 Sutra 121 Vikarin 5121	
Makara Rasi: 3.34	Tithi 14	<b>Gulika</b> 12:11PM – 1:54PM	<b>Uttarashadha</b> Until 6:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM		
		Yama 8:44AM – 10:28AM	Ayushman Until 12:42AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 17
	486993462	<b>Rahu</b> 3:37PM – 5:20PM	Gara Until 4:16PM	<b>Nataraja:</b> White			4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 6:38PM			<b>Chaturdashi*</b> Until 5:18AM Wed	<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau		Lanham, MD Sutra 122 Vikarin 5121	
Makara Rasi: 15.35	Tithi 15	<b>Gulika</b> 10:28AM – 12:10PM	<b>Shravana</b> Until 9:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:19AM		
		Yama 7:02AM – 8:45AM	Saubhagya Until 1:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 7 - Phase 17
	496993462	<b>Rahu</b> 12:10PM – 1:53PM	Visti Until 6:25PM	<b>Nataraja:</b> White			Purnima
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>	
Until 9:33PM		<b>Raksha Bandhan</b>	<b>Purnima*</b> Until 7:32AM Thu	<b>Sravana*Adi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>Thursday, August 15, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lanham, MD Sutra 123 Vikarin 5121	
Makara Rasi: 27.31	Tithi 15 – 16	<b>Gulika</b> 8:45AM – 10:28AM	<b>Dhanishtha</b> Until 12:27AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM		
		Yama 5:20AM – 7:03AM	Sobhana Until 2:24AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 17
	497993462	<b>Rahu</b> 1:53PM – 3:35PM	Balava Until 8:44PM	<b>Nataraja:</b> White			Prathama
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>	
			<b>Purnima*</b> Until 7:32AM	<b>Sravana*Adi</b>			





**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lanham, MD  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 9.24    Tithi 16 – 17

497993462

**Gulika** 7:03AM – 8:45AM  
Yama 3:35PM – 5:17PM  
**Rahu** 10:28AM – 12:10PM

**Shatabhishak Until 3:16AM Sat**  
Athiganda\* Until 3:21AM Sat  
Taitila Until 11:10PM  
**Prathama\* Until 9:55AM**

**Ganesha:** Yellow    *Sunrise:* 5:21AM  
**Muruqa:** Blue    *Sunset:* 6:59PM  
**Nataraja:** White  
Moon – Purple

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lanham, MD  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 21.15    Tithi 17 – 18

517993462

**Gulika** 5:22AM – 7:04AM  
Yama 1:52PM – 3:34PM  
**Rahu** 8:46AM – 10:28AM

**Purvaproshtapada\* Until 6:25AM Sun**  
Sukarma Until 4:18AM Sun  
Vanija Until 1:35AM Sun  
**Dvitiya Until 12:21PM**

**Ganesha:** White    *Sunrise:* 5:22AM  
**Muruqa:** Blue    *Sunset:* 6:58PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Routine Work    Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Lanham, MD  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 3.07    Tithi 18 – 19

517993462

**Gulika** 3:33PM – 5:15PM  
Yama 12:10PM – 1:51PM  
**Rahu** 5:15PM – 6:57PM

**Purvaproshtapada\* Until 6:25AM**  
Dhriti Until 5:12AM Mon  
Bava Until 3:55AM Mon  
**Tritiya Until 2:45PM**

**Ganesha:** White    *Sunrise:* 5:23AM  
**Muruqa:** Blue    *Sunset:* 6:57PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 15.02    Tithi 19 – 20

517993462

**Gulika** 1:51PM – 3:32PM  
Yama 10:28AM – 12:09PM  
**Rahu** 7:05AM – 8:46AM

**Uttaraproshtapada Until 9:16AM**  
Shula\* Until 5:54AM Tue  
Kaulava Until 6:03AM Tue  
**Chaturthi\* Until 5:00PM**

**Ganesha:** White    *Sunrise:* 5:24AM  
**Muruqa:** Blue    *Sunset:* 6:55PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

Family Home Evening

Then Creative Work - Amrita Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lanham, MD  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 27.01    Tithi 20

517993462

**Gulika** 12:09PM – 1:50PM  
Yama 8:47AM – 10:28AM  
**Rahu** 3:32PM – 5:13PM

**Revati Until 11:46AM**  
Ganda\* Until 6:22AM Wed  
Kaulava Until 6:03AM  
**Panchami Until 6:59PM**

**Ganesha:** White    *Sunrise:* 5:24AM  
**Muruqa:** Blue    *Sunset:* 6:54PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Lanham, MD  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 9.07    Tithi 21

528993462

**Gulika** 10:28AM – 12:09PM  
Yama 7:06AM – 8:47AM  
**Rahu** 12:09PM – 1:50PM

**Ashvini Until 2:14PM**  
Ganda\* Until 6:22AM  
Gara Until 7:52AM  
**Shashthi\* Until 8:35PM**

**Ganesha:** White    *Sunrise:* 5:25AM  
**Muruqa:** Blue    *Sunset:* 6:53PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Routine Work    Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Lanham, MD  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 21.25    Tithi 22

528993462

**Gulika** 8:47AM – 10:28AM  
Yama 5:26AM – 7:07AM  
**Rahu** 1:49PM – 3:30PM

**Bharani Until 4:04PM**  
Vridhhi Until 6:30AM  
Visti Until 9:13AM  
**Saptami Until 9:39PM**

**Ganesha:** White    *Sunrise:* 5:26AM  
**Muruqa:** Blue    *Sunset:* 6:51PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

**Retreat Star**

**Friday, August 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 3.59    Tithi 23

528993462

**Gulika** 7:07AM – 8:48AM  
Yama 3:29PM – 5:09PM  
**Rahu** 10:28AM – 12:08PM

**Krittika Until 5:07PM**  
Dhruva Until 6:09AM  
Balava Until 9:58AM  
**Ashtami\* Until 10:03PM**

**Ganesha:** White    *Sunrise:* 5:27AM  
**Muruqa:** Blue    *Sunset:* 6:50PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

**Saturday, August 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Lanham, MD  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 16.52    Tithi 24

538993462

**Gulika** 5:28AM – 7:08AM  
Yama 1:48PM – 3:28PM  
**Rahu** 8:48AM – 10:28AM

**Rohini Until 5:45PM**  
Harshana Until 3:46AM Sun  
Taitila Until 10:00AM  
**Navami\* Until 9:42PM**

**Ganesha:** Clear    *Sunrise:* 5:28AM  
**Muruqa:** Blue    *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Yellow

**Subha Sivaloka Day**

Creative Work    Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Lanham, MD
	Mithuna Rasi: 0.09	Tithi 25	<b>Gulika</b> 3:27PM – 5:07PM	<b>Mrigashira</b> Until 5:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	Sun 9 Sutra 133
			Yama 12:08PM – 1:48PM	Vajra* Until 1:37AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Vikarin 5121
	Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 5:07PM – 6:47PM	Vanija Until 9:14AM	<b>Nataraja:</b> White		Moon 8 - Phase 19
			<b>Dashami</b> Until 8:33PM	Moon – Yellow		2nd Phase	
				<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>	

<b>2</b>	<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Lanham, MD
	Mithuna Rasi: 13.53	Tithi 26	<b>Gulika</b> 1:47PM – 3:27PM	<b>Ardra</b> Until 4:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:30AM	Sun 10 Sutra 134
	<b>Family Home Evening</b>		Yama 10:28AM – 12:08PM	Siddhi Until 10:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM	Vikarin 5121
	Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 7:09AM – 8:49AM	Bava Until 7:42AM	<b>Nataraja:</b> White		Moon 8 - Phase 19
			<b>Ekadashi*</b> Until 6:38PM	Moon – Yellow		2nd Phase	
				<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>	
						Then Creative Work - Amrita Yoga	

<b>3</b>	<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Lanham, MD
	Mithuna Rasi: 28.06	Tithi 27 – 28	<b>Gulika</b> 12:07PM – 1:46PM	<b>Punarvasu</b> Until 2:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:31AM	Sun 11 Sutra 135
			Yama 8:49AM – 10:28AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:44PM	Vikarin 5121
	Creative Work	Siddha Yoga	548993462 <b>Rahu</b> 3:26PM – 5:05PM	Gara Until 2:34AM Wed	<b>Nataraja:</b> White		Moon 8 - Phase 19
			<b>Dvadashi*</b> Until 4:03PM	Moon – Blue		2nd Phase	
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>	<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lanham, MD
	Kataka Rasi: 12.44	Tithi 28 – 29	<b>Gulika</b> 10:28AM – 12:07PM	<b>Pushya</b> Until 12:20PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:32AM	Sun 12 Sutra 136
			Yama 7:10AM – 8:49AM	Variyan Until 3:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:43PM	Vikarin 5121
	Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 12:07PM – 1:46PM	Visti Until 11:12PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Trayodashi*</b> Until 12:55PM	Moon – Blue		2nd Phase	
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>	

	<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lanham, MD
	<b>Retreat Star</b>		<b>Gulika</b> 8:50AM – 10:28AM	<b>Ashlesha*</b> Until 9:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:32AM	Sun 13 Sutra 137
	Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:32AM – 7:11AM	Parigha* Until 11:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:41PM	Vikarin 5121
	Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 1:45PM – 3:24PM	Catuspada Until 7:31PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Chaturdashi*</b> Until 9:23AM	Moon – Blue		Amavasya	
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>	
						Then Creative Work - Amrita Yoga	

<b>Retreat Star</b>	<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Lanham, MD
	Simha Rasi: 12.55	Tithi 1	<b>Gulika</b> 7:12AM – 8:50AM	<b>Magha*</b> Until 6:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	Sun 14 Sutra 138
			Yama 3:23PM – 5:01PM	Shiva Until 7:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:40PM	Vikarin 5121
	Routine Work	Marana Yoga	559193463 <b>Rahu</b> 10:28AM – 12:06PM	Kintughna Until 3:41PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Prathama*</b> Until 1:45AM Sat	Moon – Red		Prathama	
				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
						Then Creative Work - Siddha Yoga	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lanham, MD Sun 15 Sutra 139 Vikarin 5121	
Simha Rasi: 28.1	Tithi 2	<b>Gulika</b> 5:34AM – 7:12AM	<b>Uttaraphalguni</b> Until 12:35AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM		
		Yama 1:44PM – 3:22PM	Sadhya Until 11:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM		Moon 8 - Phase 20
		559193463 <b>Rahu</b> 8:50AM – 10:28AM	Balava Until 11:52AM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 10:00PM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 12:35AM Sun							
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau		Lanham, MD Sun 16 Sutra 140 Vikarin 5121	
Kanya Rasi: 13.19	Tithi 3	<b>Gulika</b> 3:21PM – 4:59PM	<b>Hasta</b> Until 10:06PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:35AM		
		Yama 12:06PM – 1:43PM	Subha Until 7:11PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:37PM		Moon 8 - Phase 20
		569193463 <b>Rahu</b> 4:59PM – 6:37PM	Taitila Until 8:14AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 6:31PM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 10:06PM							
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD Sun 17 Sutra 141 Vikarin 5121	
Kanya Rasi: 28.11	Tithi 4 – 5	<b>Gulika</b> 1:43PM – 3:20PM	<b>Chitra</b> Until 7:56PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:36AM		
<b>Family Home Evening</b>		Yama 10:28AM – 12:05PM	Sukla Until 3:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:35PM		Moon 8 - Phase 20
		569193463 <b>Rahu</b> 7:13AM – 8:51AM	Bava Until 2:10AM Tue	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 3:28PM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 7:56PM							
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lanham, MD Sun 18 Sutra 142 Vikarin 5121	
Tula Rasi: 12.41	Tithi 5 – 6	<b>Gulika</b> 12:05PM – 1:42PM	<b>Svati</b> Until 6:15PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM		
		Yama 8:51AM – 10:28AM	Brahma Until 12:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:33PM		Moon 8 - Phase 20
		569193463 <b>Rahu</b> 3:19PM – 4:56PM	Kaulava Until 12:02AM Wed	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:00PM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 6:15PM							
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD Sun 19 Sutra 143 Vikarin 5121	
Tula Rasi: 26.43	Tithi 6 – 7	<b>Gulika</b> 10:28AM – 12:05PM	<b>Vishakha</b> Until 5:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:38AM		
		Yama 7:14AM – 8:51AM	Indra Until 9:57AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM		Moon 8 - Phase 20
		579193463 <b>Rahu</b> 12:05PM – 1:42PM	Gara Until 10:41PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 11:14AM	<b>Bhadrapada-Avani</b>		<b>Subha Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD Sun 20 Sutra 144 Vikarin 5121	
Vrischika Rasi: 10.17	Tithi 7 – 8	<b>Gulika</b> 8:52AM – 10:28AM	<b>Anuradha</b> Until 5:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:39AM		
		Yama 5:39AM – 7:15AM	Vaidhriti* Until 8:04AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM		Moon 8 - Phase 20
		571193463 <b>Rahu</b> 1:41PM – 3:17PM	Visti Until 10:08PM	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 10:17AM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 5:35PM							
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 21 Sutra 145 Vikarin 5121	
Vrischika Rasi: 23.23	Tithi 8 – 9	<b>Gulika</b> 7:16AM – 8:52AM	<b>Jyeshtha*</b> Until 6:13PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:39AM		
		Yama 3:16PM – 4:53PM	Vishkambha* Until 6:50AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:29PM		Moon 8 - Phase 20
		571193463 <b>Rahu</b> 10:28AM – 12:04PM	Balava Until 10:25PM	<b>Nataraja:</b> Clear			Navami
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 10:10AM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 6:13PM							
Then Creative Work - Amrita Yoga							

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lanham, MD
	Dhanus Rasi: 6.06	Tithi 9 – 10	<b>Gulika</b> 5:40AM – 7:16AM	<b>Mula* Until 7:56PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:40AM	Sun 22	Sutra 146
			Yama 1:40PM – 3:16PM	Priti Until 6:15AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:27PM		Vikarin 5121
	581193463	<b>Rahu</b> 8:52AM – 10:28AM	Taitila Until 11:27PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 21	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 10:49AM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
				<b>Bhadrapada-Avani</b>			


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lanham, MD
	Dhanus Rasi: 18.29	Tithi 10 – 11	<b>Gulika</b> 3:15PM – 4:50PM	<b>Purvashadha* Until 10:05PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:41AM	Sun 23	Sutra 147
			Yama 12:03PM – 1:39PM	Ayushman Until 6:11AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:26PM		Vikarin 5121
	581193463	<b>Rahu</b> 4:50PM – 6:26PM	Vanija Until 1:05AM Mon	<b>Nataraja:</b> Clear		Moon 8 - Phase 21	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 12:10PM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
Until 10:05PM		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lanham, MD
	Makara Rasi: 0.39	Tithi 11 – 12	<b>Gulika</b> 1:38PM – 3:14PM	<b>Uttarashadha Until 12:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:42AM	Sun 24	Sutra 148
			Yama 10:28AM – 12:03PM	Saubhagya Until 6:34AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:24PM		Vikarin 5121
	581193463	<b>Rahu</b> 7:17AM – 8:53AM	Bava Until 3:09AM Tue	<b>Nataraja:</b> Clear		Moon 8 - Phase 21	4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 2:03PM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
Until 12:30AM Tue				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lanham, MD
	Makara Rasi: 12.38	Tithi 12 – 13	<b>Gulika</b> 12:03PM – 1:38PM	<b>Shravana Until 3:32AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:43AM	Sun 25	Sutra 149
			Yama 8:53AM – 10:28AM	Sobhana Until 7:16AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:23PM		Vikarin 5121
	591193463	<b>Rahu</b> 3:13PM – 4:48PM	Kaulava Until 5:29AM Wed	<b>Nataraja:</b> Clear		Moon 8 - Phase 21	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:16PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
Until 3:32AM Wed				<b>Bhadrapada-Avani</b>			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Lanham, MD
	Makara Rasi: 24.32	Tithi 13	<b>Gulika</b> 10:28AM – 12:02PM	<b>Dhanishtha Until 6:31AM Thu</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:44AM	Sun 26	Sutra 150
			Yama 7:18AM – 8:53AM	Athiganda* Until 8:07AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:21PM		Vikarin 5121
	591193463	<b>Rahu</b> 12:02PM – 1:37PM	Taitila Until 6:41PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 21	4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 6:41PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
Until 6:31AM Thu		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Lanham, MD
	Kumbha Rasi: 6.24	Tithi 14	<b>Gulika</b> 8:53AM – 10:28AM	<b>Dhanishtha Until 6:31AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:45AM	Sun 27	Sutra 151
			Yama 5:45AM – 7:19AM	Sukarma Until 9:04AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:19PM		Vikarin 5121
	591193463	<b>Rahu</b> 1:36PM – 3:11PM	Gara Until 7:57AM	<b>Nataraja:</b> Clear		Moon 8 - Phase 21	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:09PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
		<b>Avani Avittam</b>		<b>Bhadrapada-Avani</b>			

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Lanham, MD
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:20AM – 8:54AM	<b>Shatabhishak Until 9:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:46AM	Sun 27	Sutra 152
	Kumbha Rasi: 18.16	Tithi 15	Yama 3:10PM – 4:44PM	Dhriti Until 10:01AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:18PM		Vikarin 5121
	591113463	<b>Rahu</b> 10:28AM – 12:02PM	Visti Until 10:24AM	<b>Nataraja:</b> Clear		Moon 8 - Phase 21	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 11:36PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
				<b>Bhadrapada-Avani</b>			

<b>7</b>	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Lanham, MD
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:46AM – 7:20AM	<b>Purvaproshtapada* Until 12:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:46AM	Sun 28	Sutra 153
	Meena Rasi: 0.08	Tithi 16	Yama 1:35PM – 3:09PM	Shula* Until 10:53AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:16PM		Vikarin 5121
	511113463	<b>Rahu</b> 8:54AM – 10:28AM	Balava Until 12:48PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 21	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 1:55AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>		
Until 12:25PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Lanham, MD  
Sun 1 Sutra 154

Meena Rasi: 12.04 Tithi 17

512113463

**Gulika** 3:08PM – 4:41PM  
**Yama** 12:01PM – 1:34PM  
**Rahu** 4:41PM – 6:15PM

**Uttaraproshtapada** Until 3:13PM  
Ganda\* Until 11:40AM  
Tailila Until 3:03PM  
**Dvitiya** Until 4:05AM Mon

**Ganesha:** Yellow *Sunrise:* 5:47AM  
**Muruqa:** Purple *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Clear

Moon 9 - Phase 22  
1st Phase

Creative Work Amrita Yoga

**Sivaloka Day**

**Bhadrapada-Avani**

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Lanham, MD  
Sun 2 Sutra 155

Meena Rasi: 24.03 Tithi 18

512113463

**Gulika** 1:34PM – 3:07PM  
**Yama** 10:28AM – 12:01PM  
**Rahu** 7:21AM – 8:54AM

**Revati** Until 5:39PM  
Vridhhi Until 12:20PM  
Vanija Until 5:06PM  
**Tritiya** Until 6:02AM Tue

**Ganesha:** Yellow *Sunrise:* 5:48AM  
**Muruqa:** Purple *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Clear

Moon 9 - Phase 22  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**Bhadrapada-Avani**

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Lanham, MD  
Sun 3 Sutra 156

Mesha Rasi: 6.08 Tithi 18 – 19

522113463

**Gulika** 12:00PM – 1:33PM  
**Yama** 8:55AM – 10:27AM  
**Rahu** 3:06PM – 4:39PM

**Ashvini** Until 8:11PM  
Dhruva Until 12:46PM  
Bava Until 6:55PM  
**Tritiya** Until 6:02AM

**Ganesha:** White *Sunrise:* 5:49AM  
**Muruqa:** Purple *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – White

Moon 9 - Phase 22  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Bhadrapada-Puratasi**

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD  
Sun 4 Sutra 157

Mesha Rasi: 18.2 Tithi 19 – 20

522113463

**Gulika** 10:27AM – 12:00PM  
**Yama** 7:22AM – 8:55AM  
**Rahu** 12:00PM – 1:32PM

**Bharani** Until 10:13PM  
Vyaghata\* Until 12:59PM  
Kaulava Until 8:23PM  
**Chaturthi\*** Until 7:41AM

**Ganesha:** White *Sunrise:* 5:50AM  
**Muruqa:** Purple *Sunset:* 6:10PM  
**Nataraja:** Clear  
Moon – White

Moon 9 - Phase 22  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Bhadrapada-Puratasi**

Until 10:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Lanham, MD  
Sun 5 Sutra 158

Vrishabha Rasi: 0.41 Tithi 20 – 21

522113463

**Gulika** 8:55AM – 10:27AM  
**Yama** 5:51AM – 7:23AM  
**Rahu** 1:32PM – 3:04PM

**Krittika** Until 11:39PM  
Harshana Until 12:55PM  
Gara Until 9:26PM  
**Panchami** Until 8:57AM

**Ganesha:** White *Sunrise:* 5:51AM  
**Muruqa:** Purple *Sunset:* 6:08PM  
**Nataraja:** Clear  
Moon – White

Moon 9 - Phase 22  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**Bhadrapada-Puratasi**

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Lanham, MD  
Sun 6 Sutra 159

Vrishabha Rasi: 13.15 Tithi 21 – 22

532113463

**Gulika** 7:24AM – 8:55AM  
**Yama** 3:03PM – 4:35PM  
**Rahu** 10:27AM – 11:59AM

**Rohini** Until 12:52AM Sat  
Vajra\* Until 12:24PM  
Visti Until 9:55PM  
**Shashthi\*** Until 9:44AM

**Ganesha:** Clear *Sunrise:* 5:52AM  
**Muruqa:** Purple *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Yellow

Moon 9 - Phase 22  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

**Bhadrapada-Puratasi**

Until 12:52AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lanham, MD  
Sun 7 Sutra 160

Vrishabha Rasi: 26.05 Tithi 22 – 23

532113463

**Gulika** 5:53AM – 7:24AM  
**Yama** 1:30PM – 3:02PM  
**Rahu** 8:56AM – 10:27AM

**Mrigashira** Until 1:17AM Sun  
Siddhi Until 11:26AM  
Balava Until 9:45PM  
**Saptami** Until 9:54AM

**Ganesha:** Clear *Sunrise:* 5:53AM  
**Muruqa:** Purple *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon – Yellow

Moon 9 - Phase 22  
Ashtami

Creative Work Siddha Yoga

**Sivaloka Day**

**Bhadrapada-Puratasi**

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Lanham, MD  
Sun 8 Sutra 161

Mithuna Rasi: 9.16 Tithi 23 – 24

532213463

**Gulika** 3:01PM – 4:32PM  
**Yama** 11:59AM – 1:30PM  
**Rahu** 4:32PM – 6:03PM

**Ardra** Until 12:50AM Mon  
Vyatipata\* Until 9:55AM  
Tailila Until 8:52PM  
**Ashtami\*** Until 9:23AM

**Ganesha:** Orange *Sunrise:* 5:54AM  
**Muruqa:** Purple *Sunset:* 6:03PM  
**Nataraja:** Clear  
Moon – Yellow

Moon 9 - Phase 22  
Navami

Creative Work Siddha Yoga

**Sivaloka Day**

**Bhadrapada-Puratasi**

Until 12:50AM Mon

Then Creative Work - Amrita Yoga

<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lanham, MD Sun 9 Sutra 162 Vikarin 5121	
<b>1</b>	Mithuna Rasi: 22.52 Family Home Evening Creative Work Amrita Yoga Until 11:59PM Then Creative Work - Siddha Yoga	Tithi 24 - 25 542213463	<b>Gulika</b> 1:29PM - 3:00PM <b>Yama</b> 10:27AM - 11:58AM <b>Rahu</b> 7:25AM - 8:56AM	<b>Punarvasu</b> Until 11:59PM Variyan Until 7:48AM Vanija Until 7:16PM <b>Navami*</b> Until 8:08AM	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:54AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:02PM</i> <b>Nataraja:</b> Clear Moon - Blue <b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 10 Sutra 163 Vikarin 5121	
<b>2</b>	Kataka Rasi: 6.53 Creative Work Siddha Yoga	Tithi 25 - 26 542213463	<b>Gulika</b> 11:58AM - 1:28PM <b>Yama</b> 8:57AM - 10:27AM <b>Rahu</b> 2:59PM - 4:30PM	<b>Pushya</b> Until 10:18PM Shiva Until 1:56AM Wed Balava Until 3:36AM Wed <b>Dashami</b> Until 6:11AM	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:55AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:00PM</i> <b>Nataraja:</b> Clear Moon - Blue <b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lanham, MD Sun 11 Sutra 164 Vikarin 5121	
<b>3</b>	Kataka Rasi: 21.2 Creative Work Siddha Yoga	Tithi 27 542213463	<b>Gulika</b> 10:27AM - 11:57AM <b>Yama</b> 7:27AM - 8:57AM <b>Rahu</b> 11:57AM - 1:28PM	<b>Ashlesha*</b> Until 7:57PM Siddha Until 10:17PM Kaulava Until 2:07PM <b>Dvadashi*</b> Until 12:29AM Thu	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:56AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:59PM</i> <b>Nataraja:</b> Clear Moon - Blue <b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Lanham, MD Sun 12 Sutra 165 Vikarin 5121	
<b>4</b>	Simha Rasi: 6.1 Creative Work Amrita Yoga Until 5:26PM Then Creative Work - Siddha Yoga	Tithi 28 552213463	<b>Gulika</b> 8:57AM - 10:27AM <b>Yama</b> 5:57AM - 7:27AM <b>Rahu</b> 1:27PM - 2:57PM	<b>Magha*</b> Until 5:26PM Sadhya Until 6:18PM Gara Until 10:47AM <b>Trayodashi*</b> Until 8:59PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise: 5:57AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:57PM</i> <b>Nataraja:</b> Clear Moon - Red <b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lanham, MD Sun 13 Sutra 166 Vikarin 5121	
<b>5</b>	Simha Rasi: 21.15 Creative Work Siddha Yoga	Tithi 29 - 30 552213463	<b>Gulika</b> 7:28AM - 8:57AM <b>Yama</b> 2:56PM - 4:26PM <b>Rahu</b> 10:27AM - 11:57AM	<b>Purvaphalguni</b> Until 2:31PM Subha Until 2:07PM Visti Until 7:09AM <b>Chaturdashi*</b> Until 5:15PM	<b>Ganesha:</b> Purple <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:56PM</i> <b>Nataraja:</b> Clear Moon - Red <b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lanham, MD Sun 14 Sutra 167 Vikarin 5121	
<b>Retreat Star</b>	Kanya Rasi: 6.29 Routine Work Marana Yoga	Tithi 30 - 1 653213463	<b>Gulika</b> 5:59AM - 7:28AM <b>Yama</b> 1:26PM - 2:55PM <b>Rahu</b> 8:58AM - 10:27AM <b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Uttaraphalguni</b> Until 11:24AM Sukla Until 9:51AM Kintughna Until 11:37PM <b>Amavasya*</b> Until 1:28PM	<b>Ganesha:</b> Purple <i>Sunrise: 5:59AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:54PM</i> <b>Nataraja:</b> Clear Moon - Red <b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lanham, MD Sun 15 Sutra 168 Vikarin 5121	
<b>Retreat Star</b>	Kanya Rasi: 21.4 Creative Work Amrita Yoga Until 8:39AM Then Creative Work - Siddha Yoga	Tithi 1 - 2 663213463	<b>Gulika</b> 2:54PM - 4:23PM <b>Yama</b> 11:56AM - 1:25PM <b>Rahu</b> 4:23PM - 5:52PM <b>Navaratri Begins</b>	<b>Hasta</b> Until 8:39AM Indra Until 1:41AM Mon Balava Until 8:04PM <b>Prathama*</b> Until 9:47AM	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:00AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:52PM</i> <b>Nataraja:</b> Clear Moon - Green <b>Devaloka Day</b> <b>Ashvina-Puratasi</b>

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Lanham, MD Sun 16 Sutra 169 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:25PM – 2:53PM	<b>Chitra</b> <b>Until 6:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:01AM
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:27AM – 11:56AM	Vaidhriti* Until 10:03PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:51PM
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:29AM – 8:58AM	Gara Until 3:30AM Tue	<b>Nataraja:</b> Clear
Routine Work Prabalarishta Yoga			<b>Dvitiya</b> <b>Until 6:24AM</b>	Moon – Green
Until 6:02AM				<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthyam Titau		Lanham, MD Sun 17 Sutra 170 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:55AM – 1:24PM	<b>Vishakha</b> <b>Until 2:23AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:02AM
Tula Rasi: 21.16	Tithi 4	Yama 8:59AM – 10:27AM	Vishkambha* Until 6:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM
673213463		<b>Rahu</b> 2:52PM – 4:21PM	Vanija Until 2:17PM	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			<b>Chaturthi*</b> <b>Until 1:13AM Wed</b>	Moon – Orange
Until 2:23AM Wed				<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Lanham, MD Sun 18 Sutra 171 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:27AM – 11:55AM	<b>Anuradha</b> <b>Until 1:38AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:03AM
Vrischika Rasi: 5.26	Tithi 5	Yama 7:31AM – 8:59AM	Priti Until 4:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:48PM
673213463		<b>Rahu</b> 11:55AM – 1:23PM	Bava Until 12:22PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			<b>Panchami</b> <b>Until 11:42PM</b>	Moon – Orange
Until 1:38AM Thu				<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashvina+Puratasi</b>

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Lanham, MD Sun 19 Sutra 172 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:59AM – 10:27AM	<b>Jyeshtha*</b> <b>Until 1:36AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:03AM
Vrischika Rasi: 19.06	Tithi 6	Yama 6:03AM – 7:31AM	Ayushman Until 2:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:46PM
673213463		<b>Rahu</b> 1:23PM – 2:50PM	Kaulava Until 11:17AM	<b>Nataraja:</b> Clear
Routine Work Prabalarishta Yoga			<b>Shashthi*</b> <b>Until 11:03PM</b>	Moon – Orange
Until 1:36AM Fri				<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Lanham, MD Sun 20 Sutra 173 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:32AM – 8:59AM	<b>Mula*</b> <b>Until 2:45AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:04AM
Dhanus Rasi: 2.17	Tithi 7	Yama 2:50PM – 4:17PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:45PM
683213463		<b>Rahu</b> 10:27AM – 11:55AM	Gara Until 11:06AM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			<b>Saptami</b> <b>Until 11:19PM</b>	Moon – Light Blue
Until 2:45AM Sat				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Lanham, MD Sun 21 Sutra 174 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:05AM – 7:33AM	<b>Purvashadha*</b> <b>Until 4:32AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:05AM
Dhanus Rasi: 15.01	Tithi 8	Yama 1:21PM – 2:49PM	Sobhana Until 12:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:43PM
683213463		<b>Rahu</b> 9:00AM – 10:27AM	Visti Until 11:47AM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			<b>Ashtami*</b> <b>Until 12:24AM Sun</b>	Moon – Light Blue
Until 4:32AM Sun				<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Lanham, MD Sun 22 Sutra 175 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:48PM – 4:15PM	<b>Uttarashadha</b> <b>Until 6:46AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM
Dhanus Rasi: 27.24	Tithi 9	Yama 11:54AM – 1:21PM	Athiganda* Until 12:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM
683213463		<b>Rahu</b> 4:15PM – 5:42PM	Balava Until 1:14PM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			<b>Navami*</b> <b>Until 2:11AM Mon</b>	Moon – Light Blue
		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Lanham, MD Sun 23 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:20PM – 2:47PM	<b>Uttarashadha</b> Until 6:46AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM	
Makara Rasi: 9.31	Tithi 10	Yama 10:27AM – 11:54AM	Sukarma Until 1:28PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:34AM – 9:00AM	Taitila Until 3:17PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Marana Yoga			Dashami Until 4:25AM Tue	Moon – Light Blue	<b>Sivaloka Day</b>
Until 6:46AM				<b>Ashvina+Puratasi</b>	
Then Creative Work - Amrita Yoga					

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau			Lanham, MD Sun 24 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:53AM – 1:20PM	<b>Shravana</b> Until 9:45AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:08AM	
Makara Rasi: 21.28	Tithi 11	Yama 9:01AM – 10:27AM	Dhriti Until 2:18PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
<b>Creative Work</b>	693213464	<b>Rahu</b> 2:46PM – 4:12PM	Vanija Until 5:40PM	<b>Nataraja:</b> Purple	4th Phase
Siddha Yoga			Vijaya Dasami	Moon – Purple	<b>Sivaloka Day</b>
			Ekadashi Until 6:55AM Wed	<b>Ashvina+Puratasi</b>	

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau			Lanham, MD Sun 25 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:27AM – 11:53AM	<b>Dhanishtha</b> Until 12:46PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:09AM	
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:35AM – 9:01AM	Shula* Until 3:13PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
<b>Routine Work</b>	693213464	<b>Rahu</b> 11:53AM – 1:19PM	Bava Until 8:13PM	<b>Nataraja:</b> Purple	4th Phase
Prabalarishta Yoga			Kadaitswami Mahasamadhi	Moon – Purple	<b>Sivaloka Day</b>
Until 12:46PM			Ekadashi Until 6:55AM	<b>Ashvina+Puratasi</b>	
Then Creative Work - Siddha Yoga					

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Lanham, MD Sun 26 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:01AM – 10:27AM	<b>Shatabhishak</b> Until 3:36PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:10AM	
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:10AM – 7:36AM	Ganda* Until 4:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
<b>Creative Work</b>	693213464	<b>Rahu</b> 1:18PM – 2:44PM	Kaulava Until 10:43PM	<b>Nataraja:</b> Purple	4th Phase
Siddha Yoga			Dvadashi Until 9:27AM	Moon – Purple	<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>	
				<i>Pradosha Vrata</i>	

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Lanham, MD Sun 27 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:36AM – 9:02AM	<b>Purvaproshtapada*</b> Until 6:40PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:11AM	
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:43PM – 4:09PM	Vridhhi Until 5:00PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
<b>Creative Work</b>	613213464	<b>Rahu</b> 10:27AM – 11:53AM	Gara Until 1:04AM Sat	<b>Nataraja:</b> Purple	4th Phase
Siddha Yoga			Trayodashi Until 11:53AM	Moon – Clear	<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>	
				<b>Chidambaram Abhishekam</b>	

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau			Lanham, MD Sun 28 Sutra 181 Vikarin 5121
<b>○</b>		<b>Gulika</b> 6:12AM – 7:37AM	<b>Uttaraproshtapada</b> Until 9:21PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:12AM	
<b>Copper Retreat Star</b>		Yama 1:17PM – 2:42PM	Dhruva Until 5:40PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
Meena Rasi: 8.58	Tithi 14 – 15	<b>Rahu</b> 9:02AM – 10:27AM	Vistil Until 3:11AM Sun	<b>Nataraja:</b> Purple	Purnima
<b>Creative Work</b>	613213464		Chaturdashi* Until 2:08PM	Moon – Clear	<b>Sivaloka Day</b>
Siddha Yoga				<b>Ashvina+Puratasi</b>	
Until 9:21PM					
Then Routine Work - Prabalarishta Yoga					

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Lanham, MD Sun 29 Sutra 182 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:42PM – 4:06PM	<b>Revati</b> Until 11:38PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:13AM	
<b>Silver Retreat Star</b>		Yama 11:52AM – 1:17PM	Vyaghata* Until 6:08PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:31PM	Moon 9 - Phase 25
Meena Rasi: 21	Tithi 15 – 16	<b>Rahu</b> 4:06PM – 5:31PM	Balava Until 5:02AM Mon	<b>Nataraja:</b> Purple	Prathama
<b>Creative Work</b>	614213464		Purnima* Until 4:07PM	Moon – Clear	<b>Subha Sivaloka Day</b>
Amrita Yoga				<b>Ashvina+Puratasi</b>	
Until 11:38PM					
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08      Tithi 16 – 17

Family Home Evening

Creative Work      Siddha Yoga

Gulika  
Yama  
Rahu

1:16PM – 2:41PM  
10:27AM – 11:52AM  
7:38AM – 9:03AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 1:57AM Tue  
Harshana Until 6:25PM  
Taitila Until 6:35AM Tue  
Prathama\* Until 5:50PM

Ganesha: White      Sunrise: 6:14AM  
Muruqa: Purple      Sunset: 5:30PM  
Nataraja: Purple  
Moon – White      Subha Subha Sivaloka Day  
Ashvina•Puratasi

Lanham, MD  
Sutra 183  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24      Tithi 17

Creative Work      Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Gulika  
Yama  
Rahu

11:52AM – 1:16PM  
9:03AM – 10:27AM  
2:40PM – 4:04PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bharani Until 3:48AM Wed  
Vajra\* Until 6:25PM  
Taitila Until 6:35AM  
Dvitiya Until 7:13PM

Ganesha: White      Sunrise: 6:15AM  
Muruqa: Purple      Sunset: 5:28PM  
Nataraja: Purple  
Moon – White      Subha Subha Sivaloka Day  
Ashvina•Puratasi

Lanham, MD  
Sun 1  
Sutra 184  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48      Tithi 18

Creative Work      Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Gulika  
Yama  
Rahu

10:28AM – 11:51AM  
7:40AM – 9:04AM  
11:51AM – 1:15PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Krittika Until 5:09AM Thu  
Siddhi Until 6:11PM  
Vanija Until 7:49AM  
Tritiya Until 8:17PM

Ganesha: White      Sunrise: 6:16AM  
Muruqa: Purple      Sunset: 5:27PM  
Nataraja: Purple  
Moon – White      Subha Subha Sivaloka Day  
Ashvina•Puratasi

Lanham, MD  
Sun 2  
Sutra 185  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21      Tithi 19

Routine Work      Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Gulika  
Yama  
Rahu

9:04AM – 10:28AM  
6:17AM – 7:40AM  
1:15PM – 2:38PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 6:27AM Fri  
Vyatipata\* Until 5:40PM  
Bava Until 8:42AM  
Chaturthi\* Until 8:58PM

Ganesha: White      Sunrise: 6:17AM  
Muruqa: Purple      Sunset: 5:25PM  
Nataraja: Purple  
Moon – Yellow      Sivaloka Day  
Ashvina•Aipasi

Lanham, MD  
Sun 3  
Sutra 186  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05      Tithi 20

Routine Work      Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Gulika  
Yama  
Rahu

7:41AM – 9:04AM  
2:37PM – 4:01PM  
10:28AM – 11:51AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rohini Until 6:27AM  
Variyan Until 4:49PM  
Kaulava Until 9:11AM  
Panchami Until 9:14PM

Ganesha: White      Sunrise: 6:18AM  
Muruqa: Purple      Sunset: 5:24PM  
Nataraja: Purple  
Moon – Yellow      Sivaloka Day  
Ashvina•Aipasi

Lanham, MD  
Sun 4  
Sutra 187  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02      Tithi 21

Creative Work      Siddha Yoga

Gulika  
Yama  
Rahu

6:19AM – 7:42AM  
1:14PM – 2:37PM  
9:05AM – 10:28AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 7:09AM  
Parigha\* Until 3:36PM  
Gara Until 9:13AM  
Shashthi\* Until 9:01PM

Ganesha: White      Sunrise: 6:19AM  
Muruqa: Purple      Sunset: 5:23PM  
Nataraja: Purple  
Moon – Yellow      Sivaloka Day  
Ashvina•Aipasi

Lanham, MD  
Sun 5  
Sutra 188  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14      Tithi 22

Creative Work      Siddha Yoga

Gulika  
Yama  
Rahu

2:36PM – 3:59PM  
11:51AM – 1:13PM  
3:59PM – 5:21PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Ardra Until 7:12AM  
Shiva Until 1:59PM  
Visti Until 8:44AM  
Saptami Until 8:15PM

Ganesha: White      Sunrise: 6:20AM  
Muruqa: Purple      Sunset: 5:21PM  
Nataraja: Purple  
Moon – Yellow      Sivaloka Day  
Ashvina•Aipasi

Lanham, MD  
Sun 6  
Sutra 189  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 2.44      Tithi 23

Family Home Evening

Creative Work      Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Gulika  
Yama  
Rahu

1:13PM – 2:35PM  
10:28AM – 11:50AM  
7:43AM – 9:06AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Punarvasu Until 7:01AM  
Siddha Until 11:54AM  
Balava Until 7:41AM  
Ashtami\* Until 6:56PM

Ganesha: Clear      Sunrise: 6:21AM  
Muruqa: Purple      Sunset: 5:20PM  
Nataraja: Purple  
Moon – Blue      Subha Sivaloka Day  
Ashvina•Aipasi

Lanham, MD  
Sun 7  
Sutra 190  
Vikarin 5121  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35      Tithi 24 – 25

Creative Work      Siddha Yoga

Gulika  
Yama  
Rahu

11:50AM – 1:12PM  
9:06AM – 10:28AM  
2:34PM – 3:57PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Pushya Until 6:07AM  
Sadhya Until 9:21AM  
Taitila Until 6:04AM  
Navami\* Until 5:02PM

Ganesha: Clear      Sunrise: 6:22AM  
Muruqa: Purple      Sunset: 5:19PM  
Nataraja: Purple  
Moon – Blue      Subha Sivaloka Day  
Ashvina•Aipasi

Lanham, MD  
Sun 8  
Sutra 191  
Vikarin 5121  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 – 26	<b>Gulika</b> 10:28AM – 11:50AM	<b>Magha* Until 2:45AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM		Vikarin 5121
		Yama 7:45AM – 9:07AM	Subha Until 6:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM		Moon 10 - Phase 27
	654313464	<b>Rahu</b> 11:50AM – 1:12PM	Bava Until 1:16AM Thu	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:38PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 – 27	<b>Gulika</b> 9:07AM – 10:29AM	<b>Purvaphalguni Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM		Vikarin 5121
		Yama 6:24AM – 7:46AM	Brahma Until 11:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM		Moon 10 - Phase 27
	654313464	<b>Rahu</b> 1:12PM – 2:33PM	Kaulava Until 10:15PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:47AM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 – 28	<b>Gulika</b> 7:46AM – 9:07AM	<b>Uttaraphalguni Until 9:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM		Vikarin 5121
		Yama 2:32PM – 3:54PM	Indra Until 7:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM		Moon 10 - Phase 27
	655313464	<b>Rahu</b> 10:29AM – 11:50AM	Gara Until 6:59PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 8:38AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 9:48PM				<b>Ashvina-Aipasi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	<b>Gulika</b> 6:26AM – 7:47AM	<b>Hasta Until 7:19PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:26AM		Vikarin 5121
		Yama 1:11PM – 2:32PM	Vaidhriti* Until 3:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM		Moon 10 - Phase 27
	665313464	<b>Rahu</b> 9:08AM – 10:29AM	Visti Until 3:37PM	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 1:55AM Sun</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>			

		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 13 Sutra 196	
<b>Retreat Star</b>		<b>Gulika</b> 2:31PM – 3:52PM	<b>Chitra Until 4:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:27AM		Vikarin 5121
Kanya Rasi: 29.58	Tithi 30	Yama 11:50AM – 1:10PM	Vishkambha* Until 11:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM		Moon 10 - Phase 27
	665313464	<b>Rahu</b> 3:52PM – 5:12PM	Catuspada Until 12:18PM	<b>Nataraja:</b> Purple			Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:42PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>			

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	<b>Gulika</b> 1:10PM – 2:30PM	<b>Svati Until 2:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:28AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:29AM – 11:50AM	Priti Until 7:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM		Moon 10 - Phase 27
	665313464	<b>Rahu</b> 7:49AM – 9:09AM	Kintughna Until 9:12AM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 7:47PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 2:24PM		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Lanham, MD Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 29.19	Tithi 2 – 3	<b>Gulika</b>	<b>11:50AM – 1:10PM</b>	<b>Vishakha Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama	9:09AM – 10:29AM	Saubhagya Until 1:34AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>2:30PM – 3:50PM</b>	Balava Until 6:31AM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga			<b>Dvitiya Until 5:21PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 12:42PM					<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lanham, MD Sun 16 Sutra 199 Vikarin 5121	
Vischika Rasi: 13.29	Tithi 3 – 4	<b>Gulika</b>	<b>10:30AM – 11:49AM</b>	<b>Anuradha Until 11:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	
		Yama	7:50AM – 9:10AM	Sobhana Until 11:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>11:49AM – 1:09PM</b>	Vanija Until 2:57AM Thu	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			<b>Tritiya Until 3:33PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
					<b>Kartika•Aipasi</b>		

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD Sun 17 Sutra 200 Vikarin 5121	
Vischika Rasi: 27.11	Tithi 4 – 5	<b>Gulika</b>	<b>9:10AM – 10:30AM</b>	<b>Jyeshtha* Until 10:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	
		Yama	6:31AM – 7:51AM	Athiganda* Until 9:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>1:09PM – 2:28PM</b>	Bava Until 2:21AM Fri	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Prabalarishta Yoga			<b>Chaturthi* Until 2:31PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 10:51AM					<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lanham, MD Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 10.26	Tithi 5 – 6	<b>Gulika</b>	<b>7:52AM – 9:11AM</b>	<b>Mula* Until 11:20AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	
		Yama	2:28PM – 3:47PM	Sukarma Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>10:30AM – 11:49AM</b>	Kaulava Until 2:37AM Sat	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			<b>Panchami Until 2:21PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 11:20AM					<b>Kartika•Aipasi</b>		
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b>	<b>6:34AM – 7:53AM</b>	<b>Purvashadha* Until 12:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	
		Yama	1:08PM – 2:27PM	Dhriti Until 7:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>9:11AM – 10:30AM</b>	Gara Until 3:42AM Sun	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi* Until 3:02PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 12:31PM					<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 5.41	Tithi 7 – 8	<b>Gulika</b>	<b>2:27PM – 3:45PM</b>	<b>Uttarashadha Until 2:16PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:35AM	
		Yama	11:49AM – 1:08PM	Shula* Until 7:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b>	<b>3:45PM – 5:04PM</b>	Visti Until 5:29AM Mon	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			<b>Saptami Until 4:30PM</b>	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
					<b>Kartika•Aipasi</b>		

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Lanham, MD Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 17.5	Tithi 8	<b>Gulika</b>	<b>1:08PM – 2:26PM</b>	<b>Shravana Until 4:57PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:36AM	
<b>Family Home Evening</b>		Yama	10:31AM – 11:49AM	Ganda* Until 8:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 <b>Rahu</b>	<b>7:54AM – 9:13AM</b>	Bava Until 6:33PM	<b>Nataraja:</b> Purple		Ashtami
Until 4:57PM				<b>Ashtami* Until 6:33PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Kartika•Aipasi</b>		

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Lanham, MD Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 29.49	Tithi 9	<b>Gulika</b>	<b>11:49AM – 1:08PM</b>	<b>Dhanishtha Until 7:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:37AM	
		Yama	9:13AM – 10:31AM	Vriddhi Until 9:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28
		696313464 <b>Rahu</b>	<b>2:26PM – 3:44PM</b>	Balava Until 7:45AM	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga			<b>Navami* Until 8:58PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 7:49PM					<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau				Lanham, MD
	Kumbha Rasi: 11.41	Tithi 10	<b>Gulika</b> 10:32AM – 11:49AM	<b>Shatabhishak</b> Until 10:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM	Sun 23 Sutra 206
	696313464	<b>Rahu</b> 11:49AM – 1:07PM	Yama 7:56AM – 9:14AM	Dhruva Until 10:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Vikarin 5121
	Creative Work Siddha Yoga			Taitila Until 10:16AM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Dashami</b> Until 11:31PM	Moon – Purple		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lanham, MD
	Kumbha Rasi: 23.32	Tithi 11	<b>Gulika</b> 9:14AM – 10:32AM	<b>Purvaproshtapada*</b> Until 1:44AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:39AM	Sun 24 Sutra 207
	716313464	<b>Rahu</b> 1:07PM – 2:25PM	Yama 6:39AM – 7:57AM	Vyaghata* Until 11:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Vikarin 5121
	Creative Work Siddha Yoga			Vanija Until 12:47PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Ekadashi</b> Until 1:58AM Fri	Moon – Clear		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Lanham, MD
	Meena Rasi: 5.26	Tithi 12	<b>Gulika</b> 7:57AM – 9:15AM	<b>Uttaraproshtapada</b> Until 4:25AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:40AM	Sun 25 Sutra 208
	716313464	<b>Rahu</b> 10:32AM – 11:50AM	Yama 2:24PM – 3:42PM	Harshana Until 11:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Vikarin 5121
	Creative Work Siddha Yoga			Bava Until 3:08PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Dvadashi</b> Until 4:11AM Sat	Moon – Clear		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lanham, MD
	Meena Rasi: 17.27	Tithi 13	<b>Gulika</b> 6:41AM – 7:58AM	<b>Revati</b> Until 6:37AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:41AM	Sun 26 Sutra 209
	716313464	<b>Rahu</b> 9:15AM – 10:33AM	Yama 1:07PM – 2:24PM	Vajra* Until 12:08AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Vikarin 5121
	Routine Work Prabalarishta Yoga			Kaulava Until 5:12PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Trayodashi</b> Until 6:03AM Sun	Moon – Clear		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lanham, MD
	Meena Rasi: 29.35	Tithi 13 – 14	<b>Gulika</b> 2:24PM – 3:40PM	<b>Revati</b> Until 6:37AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:42AM	Sun 27 Sutra 210
	716313464	<b>Rahu</b> 3:40PM – 4:57PM	Yama 11:50AM – 1:07PM	Siddhi Until 12:15AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Vikarin 5121
	Creative Work Amrita Yoga			Gara Until 6:52PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Trayodashi</b> Until 6:03AM	Moon – Clear		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lanham, MD
	Mesha Rasi: 11.54	Tithi 14 – 15	<b>Gulika</b> 1:07PM – 2:23PM	<b>Ashvini</b> Until 8:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	Sun 28 Sutra 211
	<b>Family Home Evening</b>	727413464	Yama 10:33AM – 11:50AM	Vyatipata* Until 12:03AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Vikarin 5121
	Creative Work Siddha Yoga		<b>Rahu</b> 8:00AM – 9:17AM	Visti Until 8:07PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Chaturdashi*</b> Until 7:32AM	Moon – White		Purnima	
				<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lanham, MD
	Mesha Rasi: 24.23	Tithi 15 – 16	<b>Gulika</b> 11:50AM – 1:06PM	<b>Bharani</b> Until 10:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:44AM	Sun 29 Sutra 212
	727413464	<b>Rahu</b> 2:23PM – 3:39PM	Yama 9:17AM – 10:34AM	Variyan Until 11:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Vikarin 5121
	Creative Work Siddha Yoga			Balava Until 8:57PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Purnima*</b> Until 8:34AM	Moon – White		Prathama	
				<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lanham, MD

Sutra 213

Vikarin 5121

Virshabha Rasi: 7.04 Tithi 16 - 17

**Gulika** 10:34AM - 11:50AM  
**Yama** 8:02AM - 9:18AM  
**Rahu** 11:50AM - 1:06PM

**Ganesha:** White *Sunrise: 6:46AM*  
**Muruqa:** Purple *Sunset: 4:55PM*  
**Nataraja:** Purple  
Moon - White

Moon 11 - Phase 30  
1st Phase

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

Prathama\* Until 9:11AM

Karttika-Aipasi

Sivaloka Day

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Trityayam Titau

Lanham, MD

Sun 1 Sutra 214

Vikarin 5121

Virshabha Rasi: 19.56 Tithi 17 - 18

**Gulika** 9:18AM - 10:34AM  
**Yama** 6:47AM - 8:03AM  
**Rahu** 1:06PM - 2:22PM

**Ganesha:** Clear *Sunrise: 6:47AM*  
**Muruqa:** Purple *Sunset: 4:54PM*  
**Nataraja:** Purple  
Moon - Yellow

Moon 11 - Phase 30  
1st Phase

Routine Work Marana Yoga

Dvitiya Until 9:24AM

Karttika-Aipasi

Subha Sivaloka Day

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Lanham, MD

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 3.01 Tithi 18 - 19

**Gulika** 8:03AM - 9:19AM  
**Yama** 2:22PM - 3:37PM  
**Rahu** 10:35AM - 11:50AM

**Ganesha:** Clear *Sunrise: 6:48AM*  
**Muruqa:** Purple *Sunset: 4:53PM*  
**Nataraja:** Purple  
Moon - Yellow

Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

Tritiya Until 9:14AM

Karttika-Aipasi

Subha Sivaloka Day

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 16.16 Tithi 19 - 20

**Gulika** 6:49AM - 8:04AM  
**Yama** 1:06PM - 2:22PM  
**Rahu** 9:20AM - 10:35AM

**Ganesha:** Clear *Sunrise: 6:49AM*  
**Muruqa:** Purple *Sunset: 4:52PM*  
**Nataraja:** Purple  
Moon - Yellow

Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 8:42AM

Karttika-Kartikai

Subha Sivaloka Day

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lanham, MD

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 29.42 Tithi 20 - 21

**Gulika** 2:21PM - 3:36PM  
**Yama** 11:51AM - 1:06PM  
**Rahu** 3:36PM - 4:52PM

**Ganesha:** Clear *Sunrise: 6:50AM*  
**Muruqa:** Purple *Sunset: 4:52PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

Panchami Until 7:50AM

Karttika-Kartikai

Sivaloka Day

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Lanham, MD

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 13.21 Tithi 21 - 22

**Gulika** 1:06PM - 2:21PM  
**Yama** 10:36AM - 11:51AM  
**Rahu** 8:06AM - 9:21AM

**Ganesha:** Clear *Sunrise: 6:51AM*  
**Muruqa:** Purple *Sunset: 4:51PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 11 - Phase 30  
1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 6:37AM

Karttika-Kartikai

Sivaloka Day

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 27.11 Tithi 23

**Gulika** 11:51AM - 1:06PM  
**Yama** 9:22AM - 10:36AM  
**Rahu** 2:21PM - 3:36PM

**Ganesha:** Clear *Sunrise: 6:52AM*  
**Muruqa:** Purple *Sunset: 4:50PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 11 - Phase 30  
Ashtami

Creative Work Siddha Yoga

Ashtami\* Until 3:10AM Wed

Karttika-Kartikai

Sivaloka Day

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Lanham, MD

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 11.14 Tithi 24

**Gulika** 10:37AM - 11:52AM  
**Yama** 8:08AM - 9:22AM  
**Rahu** 11:52AM - 1:06PM

**Ganesha:** White *Sunrise: 6:53AM*  
**Muruqa:** Purple *Sunset: 4:50PM*  
**Nataraja:** Clear  
Moon - Red

Moon 11 - Phase 30  
Navami

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

Navami\* Until 12:59AM Thu

Karttika-Kartikai

Subha Sivaloka Day

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time


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<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Dashamyam Titau		Lanham, MD	
Simha Rasi: 25.28	Tithi 25	<b>Gulika</b>	<b>9:23AM – 10:37AM</b>	<b>Purvaphalguni Until 7:59AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 6:54AM</i>	Sun 8 Sutra 221
		Yama	6:54AM – 8:09AM	Vishkambha* Until 2:29AM Fri	<b>Muruqa: Purple</b>	<i>Sunset: 4:49PM</i>	Vikarin 5121
		758413465 <b>Rahu</b>	<b>1:06PM – 2:20PM</b>	Vanija Until 11:49AM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Dashami Until 10:33PM</b>	<b>Moon – Red</b>		2nd Phase
					<b>Karttika-Karttikai</b>		<b>Subha Sivaloka Day</b>

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Lanham, MD	
Kanya Rasi: 9.52	Tithi 26	<b>Gulika</b>	<b>8:10AM – 9:24AM</b>	<b>Uttaraphalguni Until 6:03AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 6:55AM</i>	Sun 9 Sutra 222
		Yama	2:20PM – 3:35PM	Priti Until 11:09PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:49PM</i>	Vikarin 5121
		758413465 <b>Rahu</b>	<b>10:38AM – 11:52AM</b>	Bava Until 9:17AM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Ekadashi* Until 7:57PM</b>	<b>Moon – Red</b>		2nd Phase
Until 6:03AM					<b>Karttika-Karttikai</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD	
Kanya Rasi: 24.22	Tithi 27 – 28	<b>Gulika</b>	<b>6:56AM – 8:10AM</b>	<b>Chitra Until 2:20AM Sun</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:56AM</i>	Sun 10 Sutra 223
		Yama	1:06PM – 2:20PM	Ayushman Until 7:45PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:48PM</i>	Vikarin 5121
		768413465 <b>Rahu</b>	<b>9:24AM – 10:38AM</b>	Kaulava Until 6:39AM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Routine Work	Marana Yoga			<b>Dvadashi* Until 5:17PM</b>	<b>Moon – Green</b>		2nd Phase
Until 2:20AM Sun					<b>Karttika-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata (Fasting)</i>

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD	
Tula Rasi: 8.52	Tithi 28 – 29	<b>Gulika</b>	<b>2:20PM – 3:34PM</b>	<b>Svati Until 12:21AM Mon</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:57AM</i>	Sun 11 Sutra 224
		Yama	11:53AM – 1:06PM	Saubhagya Until 4:25PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:48PM</i>	Vikarin 5121
		769413465 <b>Rahu</b>	<b>3:34PM – 4:48PM</b>	Visti Until 1:26AM Mon	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Trayodashi* Until 2:40PM</b>	<b>Moon – Green</b>		2nd Phase
Until 12:21AM Mon					<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							

		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lanham, MD	
<b>Retreat Star</b>		<b>Gulika</b>	<b>1:06PM – 2:20PM</b>	<b>Vishakha Until 10:54PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:59AM</i>	Sun 12 Sutra 225
Tula Rasi: 23.17	Tithi 29 – 30	Yama	10:39AM – 11:53AM	Sobhana Until 1:15PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:47PM</i>	Vikarin 5121
<b>Family Home Evening</b>		779413465 <b>Rahu</b>	<b>8:12AM – 9:26AM</b>	Catuspada Until 11:09PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Routine Work	Marana Yoga			<b>Chaturdashi* Until 12:14PM</b>	<b>Moon – Orange</b>		Amavasya
Until 10:54PM					<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lanham, MD	
<b>Retreat Star</b>		<b>Gulika</b>	<b>11:53AM – 1:07PM</b>	<b>Anuradha Until 9:42PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 7:00AM</i>	Sun 13 Sutra 226
Vrischika Rasi: 7.3	Tithi 30 – 1	Yama	9:26AM – 10:40AM	Athiganda* Until 10:20AM	<b>Muruqa: Purple</b>	<i>Sunset: 4:47PM</i>	Vikarin 5121
		779413465 <b>Rahu</b>	<b>2:20PM – 3:33PM</b>	Kintughna Until 9:16PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Amavasya* Until 10:08AM</b>	<b>Moon – Orange</b>		Prathama
Until 9:42PM					<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Lanham, MD
Wrischika Rasi: 21.26	Tithi 1 – 2	<b>Gulika</b> 10:40AM – 11:54AM	<b>Jyeshtha* Until 8:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:01AM	Sun 14 Sutra 227
		Yama 8:14AM – 9:27AM	Sukarma Until 7:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Vikarin 5121
		779413465 <b>Rahu</b> 11:54AM – 1:07PM	Balava Until 7:55PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Prathama* Until 8:30AM</b>	Moon – Orange		3rd Phase
Until 8:53PM				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Lanham, MD
Dhanus Rasi: 5.01	Tithi 2 – 3	<b>Gulika</b> 9:28AM – 10:41AM	<b>Mula* Until 9:02PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:02AM	Sun 15 Sutra 228
		Yama 7:02AM – 8:15AM	Shula* Until 4:16AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Vikarin 5121
		789413465 <b>Rahu</b> 1:07PM – 2:20PM	Taitila Until 7:15PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:29AM</b>	Moon – Light Blue		3rd Phase
				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lanham, MD
Dhanus Rasi: 18.13	Tithi 3 – 4	<b>Gulika</b> 8:16AM – 9:28AM	<b>Purvashadha* Until 9:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:03AM	Sun 16 Sutra 229
		Yama 2:20PM – 3:33PM	Ganda* Until 3:21AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Vikarin 5121
		789413465 <b>Rahu</b> 10:41AM – 11:54AM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 7:10AM</b>	Moon – Light Blue		3rd Phase
Until 9:45PM				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD
Makara Rasi: 1.01	Tithi 4 – 5	<b>Gulika</b> 7:04AM – 8:16AM	<b>Uttarashadha Until 11:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:04AM	Sun 17 Sutra 230
		Yama 1:07PM – 2:20PM	Vriddhi Until 3:01AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Vikarin 5121
		789413465 <b>Rahu</b> 9:29AM – 10:42AM	Bava Until 8:08PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Routine Work	Marana Yoga		<b>Chaturthi* Until 7:37AM</b>	Moon – Light Blue		3rd Phase
Until 11:01PM				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lanham, MD
Makara Rasi: 13.3	Tithi 5 – 6	<b>Gulika</b> 2:20PM – 3:33PM	<b>Shravana Until 1:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:05AM	Sun 18 Sutra 231
		Yama 11:55AM – 1:08PM	Dhruva Until 3:09AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		799413465 <b>Rahu</b> 3:33PM – 4:45PM	Kaulava Until 9:39PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Creative Work	Amrita Yoga		<b>Panchami Until 8:47AM</b>	Moon – Purple		3rd Phase
Until 1:16AM Mon				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD
Makara Rasi: 25.43	Tithi 6 – 7	<b>Gulika</b> 1:08PM – 2:20PM	<b>Dhanishtha Until 3:51AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	Sun 19 Sutra 232
<b>Family Home Evening</b>		Yama 10:43AM – 11:55AM	Vyaghata* Until 3:41AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
Creative Work	Siddha Yoga	791413465 <b>Rahu</b> 8:18AM – 9:30AM	Gara Until 11:42PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Until 3:51AM Tue			<b>Shashthi* Until 10:35AM</b>	Moon – Purple		3rd Phase
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD
Kumbha Rasi: 7.44	Tithi 7 – 8	<b>Gulika</b> 11:56AM – 1:08PM	<b>Shatabhishak Until 6:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:07AM	Sun 20 Sutra 233
		Yama 9:31AM – 10:43AM	Harshana Until 4:27AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		791413465 <b>Rahu</b> 2:20PM – 3:33PM	Visti Until 2:05AM Wed	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Routine Work	Marana Yoga		<b>Saptami Until 12:51PM</b>	Moon – Purple		Ashtami
Until 6:33AM Wed				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD
Kumbha Rasi: 19.38	Tithi 8 – 9	<b>Gulika</b> 10:44AM – 11:56AM	<b>Shatabhishak Until 6:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:07AM	Sun 21 Sutra 234
		Yama 8:20AM – 9:32AM	Vajra* Until 5:15AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		791413465 <b>Rahu</b> 11:56AM – 1:08PM	Balava Until 4:36AM Thu	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:19PM</b>	Moon – Purple		Navami
Until 6:33AM				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lanham, MD
Meena Rasi: 1.31	Tithi 9 – 10	<b>Gulika</b> 9:32AM – 10:45AM	<b>Purvaproshtapada* Until 9:39AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:08AM	Sun 22 Sutra 235
		Yama 7:08AM – 8:20AM	Siddhi Until 5:59AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		711413465 <b>Rahu</b> 1:09PM – 2:21PM	Taitila Until 7:00AM Fri	<b>Nataraja:</b> Clear		Moon 11 - Phase 33
Creative Work	Siddha Yoga		<b>Navami* Until 5:48PM</b>	Moon – Clear		4th Phase
				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>

<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau		Lanham, MD
Meena Rasi: 13.26	Tithi 10	<b>Gulika</b> 8:21AM – 9:33AM	<b>Uttaraproshtapada Until 12:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:09AM	Sun 23 Sutra 236
		Yama 2:21PM – 3:33PM	Vyatipata* Until 6:31AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		711413465 <b>Rahu</b> 10:45AM – 11:57AM	Taitila Until 7:00AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33
Creative Work	Siddha Yoga		<b>Dashami Until 8:05PM</b>	Moon – Clear		4th Phase
				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau		Lanham, MD
Meena Rasi: 25.28	Tithi 11	<b>Gulika</b> 7:10AM – 8:22AM	<b>Revati Until 2:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:10AM	Sun 24 Sutra 237
		Yama 1:09PM – 2:21PM	Vyatipata* Until 6:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		711513465 <b>Rahu</b> 9:34AM – 10:46AM	Vanija Until 9:07AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33
Routine Work	Prabalarishta Yoga		<b>Ekadashi Until 9:59PM</b>	Moon – Clear		4th Phase
Until 2:46PM		<b>Gita Jayanthi</b>		<b>Margasira-Karttikai</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau		Lanham, MD
Mesha Rasi: 7.4	Tithi 12	<b>Gulika</b> 2:21PM – 3:33PM	<b>Ashvini Until 4:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:11AM	Sun 25 Sutra 238
		Yama 11:58AM – 1:10PM	Variyan Until 6:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		721513465 <b>Rahu</b> 3:33PM – 4:45PM	Bava Until 10:47AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33
Creative Work	Siddha Yoga		<b>Dvadashi Until 11:24PM</b>	Moon – White		4th Phase
Until 4:59PM				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Lanham, MD
Mesha Rasi: 20.05	Tithi 13	<b>Gulika</b> 1:10PM – 2:22PM	<b>Bharani Until 6:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:12AM	Sun 26 Sutra 239
<b>Family Home Evening</b>		Yama 10:47AM – 11:58AM	Parigha* Until 6:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		721513465 <b>Rahu</b> 8:23AM – 9:35AM	Kaulava Until 11:55AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:15AM Tue</b>	Moon – White		4th Phase
Until 6:30PM				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga						

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Lanham, MD
Vrishabha Rasi: 2.46	Tithi 14	<b>Gulika</b> 11:59AM – 1:10PM	<b>Krittika Until 7:18PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:13AM	Sun 27 Sutra 240
		Yama 9:36AM – 10:47AM	Siddha Until 4:49AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		721513465 <b>Rahu</b> 2:22PM – 3:33PM	Gara Until 12:29PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:31AM Wed</b>	Moon – White		4th Phase
Until 7:18PM		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Lanham, MD
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:48AM – 11:59AM	<b>Rohini Until 7:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:13AM	Sun 28 Sutra 241
Vrishabha Rasi: 15.43	Tithi 15	Yama 8:25AM – 9:36AM	Sadhya Until 3:20AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Vikarin 5121
		731523465 <b>Rahu</b> 11:59AM – 1:11PM	Visti Until 12:28PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33
Creative Work	Siddha Yoga		<b>Purnima* Until 12:14AM Thu</b>	Moon – Yellow		Purnima
				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>

<b>Thursday, December 12, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Lanham, MD
Vrishabha Rasi: 28.56	Tithi 16	<b>Gulika</b> 9:37AM – 10:48AM	<b>Mrigashira Until 7:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:14AM	Sun 29 Sutra 242
		Yama 7:14AM – 8:26AM	Subha Until 1:28AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Vikarin 5121
		732523465 <b>Rahu</b> 1:11PM – 2:22PM	Balava Until 11:55AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33
Routine Work	Marana Yoga		<b>Prathama* Until 11:27PM</b>	Moon – Yellow		Prathama
				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
		<b>Vinayaga Viratam Begins</b>				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Lanham, MD

Sutra 243

Mithuna Rasi: 12.25 Tithi 17

732523465

**Gulika** 8:26AM – 9:38AM  
**Yama** 2:23PM – 3:34PM  
**Rahu** 10:49AM – 12:00PM

**Ardra Until 7:09PM**  
Sukla Until 11:15PM  
Taitila Until 10:56AM  
**Dvitiya Until 10:16PM**

**Ganesha:** Clear *Sunrise:* 7:15AM

**Muruqa:** Clear *Sunset:* 4:45PM

**Nataraja:** Clear

Moon – Yellow

**Devaloka Day**

**Margasira-Karttikai**

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Lanham, MD

Sun 1 Sutra 244

Mithuna Rasi: 26.07 Tithi 18

742523465

**Gulika** 7:16AM – 8:27AM  
**Yama** 1:12PM – 2:23PM  
**Rahu** 9:38AM – 10:49AM

**Punarvasu Until 6:29PM**  
Brahma Until 8:49PM  
Vanija Until 9:34AM  
**Tritiya Until 8:45PM**

**Ganesha:** Purple *Sunrise:* 7:16AM

**Muruqa:** Clear *Sunset:* 4:46PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Lanham, MD

Sun 2 Sutra 245

Kataka Rasi: 10.01 Tithi 19

742523465

**Gulika** 2:24PM – 3:35PM  
**Yama** 12:01PM – 1:12PM  
**Rahu** 3:35PM – 4:46PM

**Pushya Until 5:25PM**  
Indra Until 6:11PM  
Bava Until 7:55AM  
**Chaturthi\* Until 7:00PM**

**Ganesha:** Purple *Sunrise:* 7:16AM

**Muruqa:** Clear *Sunset:* 4:46PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhrili\*/Vishkambha\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Lanham, MD

Sun 3 Sutra 246

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

**Gulika** 1:13PM – 2:24PM  
**Yama** 10:51AM – 12:02PM  
**Rahu** 8:28AM – 9:39AM

**Ashlesha\* Until 4:02PM**  
Vaidhrili\* Until 3:24PM  
Kaulava Until 6:04AM  
**Panchami Until 5:04PM**

**Ganesha:** Clear *Sunrise:* 7:17AM

**Muruqa:** Clear *Sunset:* 4:46PM

**Nataraja:** Clear

Moon – Blue

**Devaloka Day**

**Margasira-Markali**

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Lanham, MD

Sun 4 Sutra 247

Simha Rasi: 8.07 Tithi 21 – 22

852523465

**Gulika** 12:02PM – 1:13PM  
**Yama** 9:40AM – 10:51AM  
**Rahu** 2:24PM – 3:35PM

**Magha\* Until 2:50PM**  
Vishkambha\* Until 12:33PM  
Visti Until 2:02AM Wed  
**Shashthi\* Until 3:03PM**

**Ganesha:** Purple *Sunrise:* 7:18AM

**Muruqa:** Clear *Sunset:* 4:47PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Lanham, MD

Sun 5 Sutra 248

Simha Rasi: 22.16 Tithi 22 – 23

852523465

**Gulika** 10:52AM – 12:03PM  
**Yama** 8:29AM – 9:41AM  
**Rahu** 12:03PM – 1:14PM

**Purvaphalguni Until 1:27PM**  
Priti Until 9:40AM  
Balava Until 11:57PM  
**Saptami Until 12:59PM**

**Ganesha:** Purple *Sunrise:* 7:18AM

**Muruqa:** Clear *Sunset:* 4:47PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

Ashtami

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lanham, MD

Sun 6 Sutra 249

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

**Gulika** 9:41AM – 10:52AM  
**Yama** 7:19AM – 8:30AM  
**Rahu** 1:14PM – 2:25PM

**Uttaraphalguni Until 11:55AM**  
Ayushman Until 6:44AM  
Taitila Until 9:53PM  
**Ashtami\* Until 10:54AM**

**Ganesha:** Purple *Sunrise:* 7:19AM

**Muruqa:** Clear *Sunset:* 4:47PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

Navami


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lanham, MD Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	<b>Gulika</b> 8:31AM – 9:42AM <b>Yama</b> 2:26PM – 3:37PM <b>Rahu</b> 10:53AM – 12:04PM	<b>Hasta</b> <b>Until 10:41AM</b> Sobhana <b>Until 12:59AM Sat</b> Vanija <b>Until 7:51PM</b> <b>Navami* Until 8:50AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:48PM	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	<b>Gulika</b> 7:20AM – 8:31AM <b>Yama</b> 1:15PM – 2:26PM <b>Rahu</b> 9:42AM – 10:53AM	<b>Chitra</b> <b>Until 9:22AM</b> Athiganda* <b>Until 10:12PM</b> Balava <b>Until 4:58AM Sun</b> <b>Dashami</b> <b>Until 6:51AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:48PM	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Lanham, MD Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	<b>Gulika</b> 2:27PM – 3:38PM <b>Yama</b> 12:05PM – 1:16PM <b>Rahu</b> 3:38PM – 4:49PM	<b>Svati</b> <b>Until 8:03AM</b> Sukarma <b>Until 7:33PM</b> Kaulava <b>Until 4:07PM</b> <b>Dvadashi* Until 3:17AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:49PM	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga							
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Lanham, MD Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	<b>Gulika</b> 1:16PM – 2:27PM <b>Yama</b> 10:54AM – 12:05PM <b>Rahu</b> 8:32AM – 9:43AM	<b>Vishakha</b> <b>Until 7:13AM</b> Dhriti <b>Until 5:07PM</b> Gara <b>Until 2:34PM</b> <b>Trayodashi* Until 1:52AM Tue</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:49PM	Moon 12 - Phase 35 2nd Phase <b>Bhuloka Day</b> <b>Devaloka Time: 3:PM to 6:PM</b> <b>Margasira*Markali</b>
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lanham, MD Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	<b>Gulika</b> 12:06PM – 1:17PM <b>Yama</b> 9:44AM – 10:55AM <b>Rahu</b> 2:28PM – 3:39PM	<b>Anuradha</b> <b>Until 6:31AM</b> Shula* <b>Until 2:54PM</b> Visti <b>Until 1:19PM</b> <b>Chaturdashi* Until 12:49AM Wed</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:50PM	Moon 12 - Phase 35 2nd Phase <b>Bhuloka Day</b> <b>Devaloka Time: 3:PM to 6:PM</b> <b>Margasira*Markali</b>
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga							
		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	<b>Gulika</b> 10:55AM – 12:06PM <b>Yama</b> 8:33AM – 9:44AM <b>Rahu</b> 12:06PM – 1:17PM	<b>Jyeshtha* Until 6:02AM</b> Ganda* <b>Until 1:02PM</b> Catuspada <b>Until 12:29PM</b> <b>Amavasya* Until 12:14AM Thu</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 7:22AM <b>Sunset:</b> 4:50PM	Moon 12 - Phase 35 Amavasya <b>Devaloka Day</b> <b>Margasira*Markali</b>
Retreat Star Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga							
<b>Thursday, December 26, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	<b>Gulika</b> 9:44AM – 10:56AM <b>Yama</b> 7:22AM – 8:33AM <b>Rahu</b> 1:18PM – 2:29PM	<b>Mula* Until 6:19AM</b> Vriddhi <b>Until 11:34AM</b> Kintughna <b>Until 12:09PM</b> <b>Prathama* Until 12:10AM Fri</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue	<b>Sunrise:</b> 7:22AM <b>Sunset:</b> 4:51PM	Moon 12 - Phase 35 Prathama <b>Devaloka Day</b> <b>Pausha*Markali</b>
Creative Work Siddha Yoga Annular Solar Eclipse							

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Lanham, MD
Dhanus Rasi: 26.08	Tithi 2	Gulika 8:34AM – 9:45AM	Purvashadha* Until 6:59AM	Ganesha: Orange	Sunrise: 7:23AM	Sun 14	Sutra 257	Vikarin 5121
		Yama 2:29PM – 3:41PM	Dhruva Until 10:31AM	Muruqa: Clear	Sunset: 4:52PM			Moon 12 - Phase 36
		883523466 Rahu 10:56AM – 12:07PM	Balava Until 12:22PM	Nataraja: Orange				3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:42AM Sat	Moon – Light Blue				Devaloka Day
Until 6:59AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Lanham, MD
Makara Rasi: 8.49	Tithi 3	Gulika 7:23AM – 8:34AM	Uttarashadha Until 8:04AM	Ganesha: Orange	Sunrise: 7:23AM	Sun 15	Sutra 258	Vikarin 5121
		Yama 1:19PM – 2:30PM	Vyaghata* Until 9:56AM	Muruqa: Clear	Sunset: 4:52PM			Moon 12 - Phase 36
		883523466 Rahu 9:45AM – 10:56AM	Taitila Until 1:12PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:49AM Sun	Moon – Light Blue				Devaloka Day
Until 8:04AM				Pausha-Markali				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Lanham, MD
Makara Rasi: 21.16	Tithi 4	Gulika 2:31PM – 3:42PM	Shravana Until 10:02AM	Ganesha: Clear	Sunrise: 7:23AM	Sun 16	Sutra 259	Vikarin 5121
		Yama 12:08PM – 1:19PM	Harshana Until 9:48AM	Muruqa: Clear	Sunset: 4:53PM			Moon 12 - Phase 36
		893523466 Rahu 3:42PM – 4:53PM	Vanija Until 2:37PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:29AM Mon	Moon – Purple				Devaloka Day
Until 10:02AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Lanham, MD
Kumbha Rasi: 3.28	Tithi 5	Gulika 1:20PM – 2:31PM	Dhanishtha Until 12:20PM	Ganesha: Clear	Sunrise: 7:23AM	Sun 17	Sutra 260	Vikarin 5121
Family Home Evening		Yama 10:57AM – 12:09PM	Vajra* Until 10:03AM	Muruqa: Clear	Sunset: 4:54PM			Moon 12 - Phase 36
		893523466 Rahu 8:35AM – 9:46AM	Bava Until 4:31PM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:36AM Tue	Moon – Purple				Devaloka Day
				Pausha-Markali				

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthiyam Titau				Lanham, MD
Kumbha Rasi: 15.3	Tithi 6	Gulika 12:09PM – 1:21PM	Shatabhishak Until 2:50PM	Ganesha: Clear	Sunrise: 7:24AM	Sun 18	Sutra 261	Vikarin 5121
		Yama 9:46AM – 10:58AM	Siddhi Until 10:36AM	Muruqa: Clear	Sunset: 4:55PM			Moon 12 - Phase 36
		893523466 Rahu 2:32PM – 3:43PM	Kaulava Until 6:48PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 8:01AM Wed	Moon – Purple				Devaloka Day
				Pausha-Markali				

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lanham, MD
Kumbha Rasi: 27.26	Tithi 6 – 7	Gulika 10:59AM – 12:10PM	Purvaprosarthapada* Until 5:54PM	Ganesha: Blue	Sunrise: 7:24AM	Sun 19	Sutra 262	Vikarin 5121
		Yama 8:36AM – 9:47AM	Vyatipata* Until 11:21AM	Muruqa: Clear	Sunset: 4:56PM			Moon 12 - Phase 36
		813623466 Rahu 12:10PM – 1:22PM	Gara Until 9:17PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 8:01AM	Moon – Clear				Bhuloka Day
Until 5:54PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lanham, MD
Meena Rasi: 9.19	Tithi 7 – 8	Gulika 9:47AM – 10:59AM	Uttaraprosarthapada Until 8:48PM	Ganesha: Blue	Sunrise: 7:24AM	Sun 20	Sutra 263	Vikarin 5121
		Yama 7:24AM – 8:36AM	Variyan Until 12:08PM	Muruqa: Clear	Sunset: 4:57PM			Moon 12 - Phase 36
		813623466 Rahu 1:22PM – 2:34PM	Visti Until 11:46PM	Nataraja: Orange				Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:31AM	Moon – Clear				Bhuloka Day
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lanham, MD
Meena Rasi: 21.13	Tithi 8 – 9	Gulika 8:36AM – 9:48AM	Revati Until 11:23PM	Ganesha: Blue	Sunrise: 7:24AM	Sun 21	Sutra 264	Vikarin 5121
		Yama 2:35PM – 3:46PM	Parigha* Until 12:51PM	Muruqa: Clear	Sunset: 4:58PM			Moon 12 - Phase 36
		813623466 Rahu 10:59AM – 12:11PM	Balava Until 2:02AM Sat	Nataraja: Orange				Navami
Creative Work	Siddha Yoga		Ashtami* Until 12:55PM	Moon – Clear				Bhuloka Day
Until 11:23PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam			Lanham, MD	
Mesha Rasi: 3.14	Tithi 9 – 10	Gulika 7:24AM – 8:36AM	Ashvini Until 1:54AM Sun	Ganesha: Yellow	Sunrise: 7:24AM	Sutra 265
		Yama 1:23PM – 2:35PM	Shiva Until 1:21PM	Muruqa: Clear	Sunset: 4:59PM	Vikarin 5121
	823623466	Rahu 9:48AM – 11:00AM	Taitila Until 3:54AM Sun	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga		Navami* Until 3:01PM	Moon – White		4th Phase
Until 1:54AM Sun				Devaloka Day		
Then Routine Work - Prabalarishta Yoga				Pausha-Markali		

2 Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam			Lanham, MD	
Mesha Rasi: 15.25	Tithi 10 – 11	Gulika 2:36PM – 3:48PM	Bharani Until 3:44AM Mon	Ganesha: Yellow	Sunrise: 7:24AM	Sutra 266
		Yama 12:12PM – 1:24PM	Siddha Until 1:27PM	Muruqa: Clear	Sunset: 5:00PM	Vikarin 5121
	823623466	Rahu 3:48PM – 5:00PM	Vanija Until 5:11AM Mon	Nataraja: Orange		Moon 12 - Phase 37
Routine Work	Prabalarishta Yoga		Dashami Until 4:36PM	Moon – White		4th Phase
Until 3:44AM Mon		Subramuniaswami Jayanti		Devaloka Day		
Then Routine Work - Marana Yoga				Pausha-Markali		

3 Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam			Lanham, MD	
Mesha Rasi: 27.5	Tithi 11 – 12	Gulika 1:24PM – 2:37PM	Krittika Until 4:45AM Tue	Ganesha: Yellow	Sunrise: 7:24AM	Sutra 267
Family Home Evening		Yama 11:00AM – 12:12PM	Sadhya Until 1:06PM	Muruqa: Clear	Sunset: 5:01PM	Vikarin 5121
	823623466	Rahu 8:36AM – 9:48AM	Bava Until 5:47AM Tue	Nataraja: Orange		Moon 12 - Phase 37
Routine Work	Marana Yoga		Ekadashi Until 5:33PM	Moon – White		4th Phase
Until 4:45AM Tue		Vaikuntha Ekadasi		Devaloka Day		
Then Creative Work - Amrita Yoga				Pausha-Markali		

4 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam			Lanham, MD	
Vrisabha Rasi: 10.35	Tithi 12 – 13	Gulika 12:13PM – 1:25PM	Rohini Until 5:22AM Wed	Ganesha: White	Sunrise: 7:24AM	Sutra 268
		Yama 9:48AM – 11:01AM	Subha Until 12:13PM	Muruqa: Clear	Sunset: 5:02PM	Vikarin 5121
	833623466	Rahu 2:37PM – 3:49PM	Kaulava Until 5:38AM Wed	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Amrita Yoga		Dvadashi Until 5:47PM	Moon – Yellow		4th Phase
Until 5:22AM Wed				Bhuloka Day		
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM		
				Pradosha Vrata		

5 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam			Lanham, MD	
Vrisabha Rasi: 23.4	Tithi 13 – 14	Gulika 11:01AM – 12:13PM	Mrigashira Until 5:09AM Thu	Ganesha: White	Sunrise: 7:24AM	Sutra 269
		Yama 8:36AM – 9:49AM	Sukla Until 10:44AM	Muruqa: Clear	Sunset: 5:03PM	Vikarin 5121
	833623466	Rahu 12:13PM – 1:26PM	Gara Until 4:48AM Thu	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga		Trayodashi Until 5:17PM	Moon – Yellow		4th Phase
Until 5:09AM Thu				Bhuloka Day		
Then Routine Work - Marana Yoga				Devaloka Time: 3:PM to 6:PM		

6 Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam			Lanham, MD	
Mithuna Rasi: 7.08	Tithi 14 – 15	Gulika 9:49AM – 11:01AM	Ardra Until 4:10AM Fri	Ganesha: Yellow	Sunrise: 7:24AM	Sutra 270
		Yama 7:24AM – 8:36AM	Brahma Until 8:44AM	Muruqa: Clear	Sunset: 5:04PM	Vikarin 5121
	834623466	Rahu 1:26PM – 2:39PM	Visti Until 3:19AM Fri	Nataraja: Orange		Moon 12 - Phase 37
Routine Work	Marana Yoga		Chaturdashi* Until 4:07PM	Moon – Yellow		4th Phase
Until 4:10AM Fri		Ardra Darshanam		Devaloka Day		
Then Creative Work - Siddha Yoga				Pausha-Markali		

Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam			Lanham, MD	
Copper Retreat Star		Gulika 8:36AM – 9:49AM	Punarvasu Until 2:59AM Sat	Ganesha: White	Sunrise: 7:24AM	Sutra 271
Mithuna Rasi: 20.58	Tithi 15 – 16	Yama 2:39PM – 3:52PM	Indra Until 6:16AM	Muruqa: Clear	Sunset: 5:05PM	Vikarin 5121
	844623466	Rahu 11:01AM – 12:14PM	Balava Until 1:20AM Sat	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga		Purnima* Until 2:22PM	Moon – Blue		Purnima
		Penumbra Lunar Eclipse		Sivaloka Day		
				Pausha-Markali		

Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam			Lanham, MD	
Silver Retreat Star		Gulika 7:23AM – 8:36AM	Pushya Until 1:17AM Sun	Ganesha: White	Sunrise: 7:23AM	Sutra 272
Kataka Rasi: 5.07	Tithi 16 – 17	Yama 1:27PM – 2:40PM	Vishkambha* Until 12:12AM Sun	Muruqa: Clear	Sunset: 5:06PM	Vikarin 5121
	844623466	Rahu 9:49AM – 11:02AM	Taitila Until 10:58PM	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga		Prathama* Until 12:10PM	Moon – Blue		Prathama
				Sivaloka Day		
				Pausha-Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lanham, MD

Sun 1 Sutra 273

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 3:54PM - 5:07PM

Gulika 2:41PM - 3:54PM Ashlesha\* Until 11:13PM

Yama 12:15PM - 1:28PM Priti Until 8:51PM

Rahu 3:54PM - 5:07PM Vanija Until 8:21PM

Ganesha: White Sunrise: 7:23AM

Muruqa: Clear Sunset: 5:07PM

Nataraja: Orange

Moon - Blue

Moon 1 - Phase 38

1st Phase

Sivaloka Day

Pausha-Markali

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Lanham, MD

Sun 2 Sutra 274

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:36AM - 9:49AM

Gulika 1:28PM - 2:41PM Magha\* Until 9:21PM

Yama 11:02AM - 12:15PM Ayushman Until 5:24PM

Rahu 8:36AM - 9:49AM Balava Until 4:16AM Tue

Ganesha: Clear Sunrise: 7:23AM

Muruqa: Clear Sunset: 5:09PM

Nataraja: Orange

Moon - Red

Moon 1 - Phase 38

1st Phase

Devaloka Day

Pausha-Markali

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Lanham, MD

Sun 3 Sutra 275

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 2:42PM - 3:55PM

Gulika 12:16PM - 1:29PM Purvaphalguni Until 7:23PM

Yama 9:49AM - 11:02AM Saubhagya Until 1:58PM

Rahu 2:42PM - 3:55PM Kaulava Until 2:57PM

Ganesha: Clear Sunrise: 7:23AM

Muruqa: Clear Sunset: 5:09PM

Nataraja: Orange

Moon - Red

Moon 1 - Phase 38

1st Phase

Devaloka Day

Pausha-Thai

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Lanham, MD

Sun 4 Sutra 276

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:16PM - 1:29PM

Gulika 11:03AM - 12:16PM Uttaraphalguni Until 5:26PM

Yama 8:36AM - 9:49AM Sobhana Until 10:40AM

Rahu 12:16PM - 1:29PM Gara Until 12:24PM

Ganesha: Clear Sunrise: 7:22AM

Muruqa: Clear Sunset: 5:10PM

Nataraja: Orange

Moon - Red

Moon 1 - Phase 38

1st Phase

Devaloka Day

Pausha-Thai

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Lanham, MD

Sun 5 Sutra 277

Kanya Rasi: 17.24 Tithi 22

844623466 Rahu 1:30PM - 2:44PM

Gulika 9:49AM - 11:03AM Hasta Until 4:00PM

Yama 7:22AM - 8:35AM Athiganda\* Until 7:30AM

Rahu 1:30PM - 2:44PM Visti Until 10:04AM

Ganesha: Purple Sunrise: 7:22AM

Muruqa: Clear Sunset: 5:11PM

Nataraja: Orange

Moon - Green

Moon 1 - Phase 38

1st Phase

Sivaloka Day

Pausha-Thai

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD

Sun 6 Sutra 278

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 11:03AM - 12:17PM

Gulika 8:35AM - 9:49AM Chitra Until 2:43PM

Yama 2:44PM - 3:58PM Dhriti Until 1:56AM Sat

Rahu 11:03AM - 12:17PM Balava Until 8:01AM

Ganesha: Purple Sunrise: 7:21AM

Muruqa: Clear Sunset: 5:12PM

Nataraja: Orange

Moon - Green

Moon 1 - Phase 38

Ashtami

Sivaloka Day

Pausha-Thai

Creative Work Siddha Yoga

Until 11:03AM

Then Routine Work - Marana Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Lanham, MD

Sun 7 Sutra 279

Tula Rasi: 15.31 Tithi 24 - 25

844623466 Rahu 9:49AM - 11:03AM

Gulika 7:21AM - 8:35AM Svati Until 1:39PM

Yama 1:31PM - 2:45PM Shula\* Until 11:33PM

Rahu 9:49AM - 11:03AM Taitila Until 6:19AM

Ganesha: Purple Sunrise: 7:21AM

Muruqa: Clear Sunset: 5:13PM

Nataraja: Orange

Moon - Green

Moon 1 - Phase 38

Navami

Sivaloka Day

Pausha-Thai

Creative Work Siddha Yoga

Until 9:49AM

Then Routine Work - Marana Yoga

<b>1</b> Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Lanham, MD Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 26 – 26	<b>Gulika</b> 2:46PM – 4:00PM	<b>Vishakha</b> Until 1:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	
		Yama 12:17PM – 1:31PM	Ganda* Until 9:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 4:00PM – 5:14PM	Bava Until 4:01AM Mon	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 4:26PM	Moon – Orange		<b>Devaloka Day</b>
				<b>Pausha</b> -Thai		

<b>2</b> Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Lanham, MD Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	<b>Gulika</b> 1:32PM – 2:46PM	<b>Anuradha</b> Until 1:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	
<b>Family Home Evening</b>		Yama 11:03AM – 12:18PM	Vriddhi Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 8:34AM – 9:49AM	Kaulava Until 3:27AM Tue	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 3:40PM	Moon – Orange		<b>Devaloka Day</b>
				<b>Pausha</b> -Thai		

<b>3</b> Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau				Lanham, MD Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	<b>Gulika</b> 12:18PM – 1:32PM	<b>Jyeshtha*</b> Until 1:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:19AM	
		Yama 9:49AM – 11:03AM	Dhruva Until 6:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 39
	875623466	<b>Rahu</b> 2:47PM – 4:02PM	Gara Until 3:18AM Wed	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashti*</b> Until 3:18PM	Moon – Orange		<b>Bhuloka Day</b>
Until 1:05PM				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b> Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lanham, MD Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	<b>Gulika</b> 11:03AM – 12:18PM	<b>Mula*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:19AM	
		Yama 8:34AM – 9:48AM	Vyaghata* Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 12:18PM – 1:33PM	Visti Until 3:34AM Thu	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 3:21PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 1:51PM				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga						

<b>5</b> Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lanham, MD Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	<b>Gulika</b> 9:48AM – 11:03AM	<b>Purvashadha*</b> Until 2:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:18AM	
		Yama 7:18AM – 8:33AM	Harshana Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 1:33PM – 2:48PM	Catuspada Until 4:15AM Fri	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:50PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 2:51PM				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga						

<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lanham, MD Sun 13 Sutra 285 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 8:33AM – 9:48AM	<b>Uttarashadha</b> Until 4:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:18AM	
Makara Rasi: 4.37	Tithi 30 – 1	Yama 2:49PM – 4:04PM	Vajra* Until 3:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 11:03AM – 12:19PM	Kintughna Until 5:23AM Sat	<b>Nataraja:</b> Orange		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 4:44PM	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau				Lanham, MD Sun 14 Sutra 286 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:17AM – 8:32AM	<b>Shravana</b> Until 6:08PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:17AM	
Makara Rasi: 17.05	Tithi 1	Yama 1:34PM – 2:50PM	Siddhi Until 3:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39
	995623466	<b>Rahu</b> 9:48AM – 11:03AM	Bava Until 6:05PM	<b>Nataraja:</b> Orange		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:05PM	Moon – Purple		<b>Bhuloka Day</b>
				<b>Magha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau		Lanham, MD Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	<b>Gulika</b> 2:50PM – 4:06PM	<b>Dhanishtha Until 8:21PM</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 7:16AM	
		Yama 12:19PM – 1:35PM	Vyatipata* Until 3:57PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:22PM	Moon 1 - Phase 40
		995723466 <b>Rahu</b> 4:06PM – 5:22PM	Balava Until 6:56AM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 7:50PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 8:21PM				<b>Magha-Thai</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau		Lanham, MD Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	<b>Gulika</b> 1:35PM – 2:51PM	<b>Shatabhishak Until 10:45PM</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 7:15AM	
<b>Family Home Evening</b>		Yama 11:03AM – 12:19PM	Variyan Until 4:23PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:23PM	Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:31AM – 9:47AM	Taitila Until 8:52AM	<b>Nataraja:</b> Orange		3rd Phase
Until 10:45PM			<b>Tritiya Until 9:56PM</b>	Moon – Purple		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>		

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtpada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau		Lanham, MD Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	<b>Gulika</b> 12:19PM – 1:36PM	<b>Purvaproshtpada* Until 1:44AM Wed</b>	<b>Ganesha:</b> Green	<b>Sunrise:</b> 7:15AM	
		Yama 9:47AM – 11:03AM	Parigha* Until 5:02PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:24PM	Moon 1 - Phase 40
		915723466 <b>Rahu</b> 2:52PM – 4:08PM	Vanija Until 11:06AM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 12:18AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 1:44AM Wed				<b>Magha-Thai</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Lanham, MD Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	<b>Gulika</b> 11:03AM – 12:20PM	<b>Uttaraproshtpada Until 4:41AM Thu</b>	<b>Ganesha:</b> Green	<b>Sunrise:</b> 7:14AM	
		Yama 8:30AM – 9:47AM	Shiva Until 5:51PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:25PM	Moon 1 - Phase 40
		915723466 <b>Rahu</b> 12:20PM – 1:36PM	Bava Until 1:34PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 2:49AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>
				<b>Magha-Thai</b>		

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthayam Titau		Lanham, MD Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	<b>Gulika</b> 9:46AM – 11:03AM	<b>Revati Until 7:26AM Fri</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 7:13AM	
		Yama 7:13AM – 8:30AM	Siddha Until 6:40PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:26PM	Moon 1 - Phase 40
		916723466 <b>Rahu</b> 1:36PM – 2:53PM	Kaulava Until 4:06PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 5:19AM Fri</b>	Moon – Clear		<b>Devaloka Day</b>
Until 7:26AM Fri				<b>Magha-Thai</b>		
Then Creative Work - Amrita Yoga						

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau		Lanham, MD Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	<b>Gulika</b> 8:29AM – 9:46AM	<b>Revati Until 7:26AM</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 7:12AM	
		Yama 2:54PM – 4:11PM	Sadhya Until 7:25PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:28PM	Moon 1 - Phase 40
		916723466 <b>Rahu</b> 11:03AM – 12:20PM	Gara Until 6:32PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM Sat</b>	Moon – Clear		<b>Devaloka Day</b>
Until 7:26AM				<b>Magha-Thai</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	<b>Gulika</b> 7:12AM – 8:29AM	<b>Ashvini Until 10:20AM</b>	<b>Ganesha:</b> Green	<b>Sunrise:</b> 7:12AM	
		Yama 1:37PM – 2:54PM	Subha Until 7:57PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:28PM	Moon 1 - Phase 40
		926723466 <b>Rahu</b> 9:46AM – 11:03AM	Visti Until 8:40PM	<b>Nataraja:</b> Orange		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	<b>Gulika</b> 2:54PM – 4:12PM	<b>Bharani Until 12:39PM</b>	<b>Ganesha:</b> Green	<b>Sunrise:</b> 7:11AM	
		Yama 12:20PM – 1:37PM	Sukla Until 8:05PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:29PM	Moon 1 - Phase 40
		926723466 <b>Rahu</b> 4:12PM – 5:29PM	Balava Until 10:18PM	<b>Nataraja:</b> Orange		Navami
Routine Work	Prabalarishta Yoga		<b>Ashtami* Until 9:32AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 12:39PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Lanham, MD Sun 23 Sutra 295 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:38PM – 2:55PM	<b>Krittika</b> <b>Until 2:12PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:10AM</i>	
Vrishabha Rasi: 5.37	Tithi 9 – 10	Yama 11:03AM – 12:20PM	Brahma <b>Until 7:42PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:30PM</i>	Moon 1 - Phase 41
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 8:28AM – 9:45AM	Taitila <b>Until 11:13PM</b>	<b>Nataraja:</b> Orange	4th Phase
Routine Work Marana Yoga			<b>Navami* Until 10:50AM</b>	<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Until 2:12PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Lanham, MD Sun 24 Sutra 296 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:20PM – 1:38PM	<b>Rohini</b> <b>Until 3:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:09AM</i>	
Vrishabha Rasi: 18.17	Tithi 10 – 11	Yama 9:45AM – 11:03AM	Indra <b>Until 6:44PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:31PM</i>	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 2:56PM – 4:13PM	Vanija <b>Until 11:19PM</b>	<b>Nataraja:</b> Clear	4th Phase
Creative Work Amrita Yoga			<b>Dashami</b> <b>Until 11:21AM</b>	<b>Magha*Thai</b>	<b>Devaloka Day</b>
Until 3:20PM					
Then Creative Work - Siddha Yoga					

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Lanham, MD Sun 25 Sutra 297 Vikarin 5121
<b>3</b>		<b>Gulika</b> 11:02AM – 12:20PM	<b>Mrigashira</b> <b>Until 3:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:08AM</i>	
Mithuna Rasi: 1.22	Tithi 11 – 12	Yama 8:26AM – 9:44AM	Vaidhriti* <b>Until 5:05PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:32PM</i>	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 12:20PM – 1:38PM	Bava <b>Until 10:35PM</b>	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> <b>Until 11:02AM</b>	<b>Magha*Thai</b>	<b>Devaloka Day</b>

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Lanham, MD Sun 26 Sutra 298 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:44AM – 11:02AM	<b>Ardra</b> <b>Until 2:41PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:08AM</i>	
Mithuna Rasi: 14.54	Tithi 12 – 13	Yama 7:08AM – 8:26AM	Vishkambha* <b>Until 2:48PM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:33PM</i>	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 1:39PM – 2:57PM	Kaulava <b>Until 9:03PM</b>	<b>Nataraja:</b> Clear	4th Phase
Routine Work Marana Yoga			<b>Dvadashi</b> <b>Until 9:54AM</b>	<b>Magha*Thai</b>	<b>Devaloka Day</b>
Until 2:41PM					
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Lanham, MD Sun 27 Sutra 299 Vikarin 5121
<b>5</b>		<b>Gulika</b> 8:25AM – 9:43AM	<b>Punarvasu</b> <b>Until 1:28PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:06AM</i>	
Mithuna Rasi: 28.53	Tithi 13 – 14	Yama 2:58PM – 4:16PM	Priti <b>Until 11:57AM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:33PM</i>	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 11:02AM – 12:21PM	Gara <b>Until 6:50PM</b>	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> <b>Until 8:00AM</b>	<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Until 1:28PM		<b>Thai Pusam</b>			Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau			Lanham, MD Sutra 300 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 7:05AM – 8:24AM	<b>Pushya</b> <b>Until 11:31AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:05AM</i>	
Kataka Rasi: 13.17	Tithi 15	Yama 1:39PM – 2:58PM	Ayushman <b>Until 8:36AM</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:36PM</i>	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 9:43AM – 11:02AM	Visti <b>Until 4:03PM</b>	<b>Nataraja:</b> Clear	Purnima
Creative Work Siddha Yoga			<b>Purnima* Until 2:30AM Sun</b>	<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Until 11:31AM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			Lanham, MD Sutra 301 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 2:59PM – 4:18PM	<b>Ashlesha*</b> <b>Until 9:01AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:04AM</i>	
Kataka Rasi: 28.02	Tithi 16	Yama 12:21PM – 1:40PM	Sobhana <b>Until 12:59AM Mon</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:37PM</i>	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 4:18PM – 5:37PM	Balava <b>Until 12:54PM</b>	<b>Nataraja:</b> Clear	Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 11:13PM</b>	<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Until 9:01AM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					





**Monday, February 10, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Lanham, MD  
Sutra 302  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 12.59 Tithi 17  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

957723467

**Gulika** 1:40PM – 2:59PM  
Yama 11:01AM – 12:21PM  
**Rahu** 8:23AM – 9:42AM

**Magha\* Until 6:33AM**  
Athiganda\* Until 8:56PM  
Taitila Until 9:31AM  
**Dvitiya Until 7:47PM**

**Ganesha:** Red *Sunrise: 7:03AM*  
**Muruqa:** Clear *Sunset: 5:38PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**1**

**Tuesday, February 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Lanham, MD  
Sun 1 Sutra 303  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 27.59 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 1:08AM Wed  
Then Routine Work - Marana Yoga

957723467

**Gulika** 12:21PM – 1:40PM  
Yama 9:41AM – 11:01AM  
**Rahu** 3:00PM – 4:19PM

**Uttaraphalguni Until 1:08AM Wed**  
Sukarma Until 4:57PM  
Vanija Until 6:06AM  
**Tritiya Until 4:24PM**

**Ganesha:** Red *Sunrise: 7:02AM*  
**Muruqa:** Clear *Sunset: 5:39PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**2**

**Wednesday, February 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD  
Sun 2 Sutra 304  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 12.55 Tithi 19 – 20  
Routine Work Marana Yoga  
Until 10:56PM  
Then Creative Work - Siddha Yoga

968723467

**Gulika** 11:01AM – 12:21PM  
Yama 8:21AM – 9:41AM  
**Rahu** 12:21PM – 1:41PM

**Hasta Until 10:56PM**  
Dhriti Until 1:07PM  
Kaulava Until 11:43PM  
**Chaturthi\* Until 1:11PM**

**Ganesha:** Green *Sunrise: 7:01AM*  
**Muruqa:** Clear *Sunset: 5:40PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, February 13, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lanham, MD  
Sun 3 Sutra 305  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 27.38 Tithi 20 – 21  
Creative Work Siddha Yoga  
Until 8:58PM  
Then Creative Work - Amrita Yoga

968723467

**Gulika** 9:40AM – 11:00AM  
Yama 7:00AM – 8:20AM  
**Rahu** 1:41PM – 3:01PM

**Chitra Until 8:58PM**  
Shula\* Until 9:32AM  
Gara Until 9:03PM  
**Panchami Until 10:19AM**

**Ganesha:** White *Sunrise: 7:00AM*  
**Muruqa:** Clear *Sunset: 5:41PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, February 14, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Lanham, MD  
Sun 4 Sutra 306  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Tula Rasi: 12.02 Tithi 21 – 22  
Creative Work Siddha Yoga

968723467

**Gulika** 8:19AM – 9:40AM  
Yama 3:01PM – 4:22PM  
**Rahu** 11:00AM – 12:21PM

**Svati Until 7:23PM**  
Ganda\* Until 6:20AM  
Visti Until 6:54PM  
**Shashthi\* Until 7:53AM**

**Ganesha:** White *Sunrise: 6:59AM*  
**Muruqa:** Clear *Sunset: 5:42PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, February 15, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Lanham, MD  
Sun 5 Sutra 307  
Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

Tula Rasi: 26.04 Tithi 22 – 23  
Creative Work Siddha Yoga

978723467

**Gulika** 6:58AM – 8:18AM  
Yama 1:41PM – 3:02PM  
**Rahu** 9:39AM – 11:00AM

**Vishakha Until 6:39PM**  
Dhruva Until 1:17AM Sun  
Kaulava Until 4:44AM Sun  
**Saptami Until 6:01AM**

**Ganesha:** Clear *Sunrise: 6:58AM*  
**Muruqa:** Clear *Sunset: 5:44PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

**Sunday, February 16, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Lanham, MD  
Sun 6 Sutra 308  
Vikarin 5121  
Moon 2 - Phase 42  
Navami

Vrischika Rasi: 9.44 Tithi 24  
Routine Work Marana Yoga

978723467

**Gulika** 3:03PM – 4:24PM  
Yama 12:20PM – 1:42PM  
**Rahu** 4:24PM – 5:45PM

**Anuradha Until 6:23PM**  
Vyaghata\* Until 11:30PM  
Taitila Until 4:22PM  
**Navami\* Until 4:06AM Mon**

**Ganesha:** Clear *Sunrise: 6:56AM*  
**Muruqa:** Clear *Sunset: 5:45PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Lanham, MD	
Vrischika Rasi: 23.04		Tithi 25		Jyeshtha* Until 6:33PM		Sun 7 Sutra 309	
Family Home Evening		978723467		Gulika 1:42PM – 3:03PM		Ganesha: Clear Sunrise: 6:55AM	
Creative Work Siddha Yoga		Rahu 8:16AM – 9:38AM		Harshana Until 10:12PM		Muruga: Clear Sunset: 5:46PM Moon 2 - Phase 43	
				Vanija Until 4:01PM		Nataraja: Clear 2nd Phase	
				Dashami Until 4:03AM Tue		Moon – Orange Devaloka Day	
						Magha-Masi	

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Lanham, MD	
Dhanus Rasi: 6.04		Tithi 26		Mula* Until 7:36PM		Sun 8 Sutra 310	
Creative Work Amrita Yoga		988723467		Gulika 12:20PM – 1:42PM		Ganesha: Purple Sunrise: 6:54AM	
Until 7:36PM		Rahu 3:04PM – 4:25PM		Vajra* Until 9:19PM		Muruga: Clear Sunset: 5:47PM Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga				Bava Until 4:16PM		Nataraja: Clear 2nd Phase	
				Ekadashi* Until 4:34AM Wed		Moon – Light Blue Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Lanham, MD	
Dhanus Rasi: 18.49		Tithi 27		Purvashadha* Until 8:58PM		Sun 9 Sutra 311	
Creative Work Amrita Yoga		988723467		Gulika 10:58AM – 12:20PM		Ganesha: Purple Sunrise: 6:53AM	
		Rahu 12:20PM – 1:42PM		Siddhi Until 8:49PM		Muruga: Clear Sunset: 5:48PM Moon 2 - Phase 43	
				Kaulava Until 5:01PM		Nataraja: Clear 2nd Phase	
				Dvadashi* Until 5:32AM Thu		Moon – Light Blue Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Lanham, MD	
Makara Rasi: 1.2		Tithi 28		Uttarashadha Until 10:35PM		Sun 10 Sutra 312	
Routine Work Marana Yoga		989823467		Gulika 9:36AM – 10:58AM		Ganesha: Purple Sunrise: 6:51AM	
Until 10:35PM		Rahu 1:42PM – 3:05PM		Vyatipata* Until 8:40PM		Muruga: Clear Sunset: 5:49PM Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga				Gara Until 6:12PM		Nataraja: Clear 2nd Phase	
				Trayodashi* Until 6:55AM Fri		Moon – Light Blue Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	
						Pradosha Vrata (Fasting)	

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Lanham, MD	
Makara Rasi: 13.42		Tithi 28 – 29		Shravana Until 12:52AM Sat		Sun 11 Sutra 313	
Routine Work Marana Yoga		999823467		Gulika 8:13AM – 9:35AM		Ganesha: Light Blue Sunrise: 6:50AM	
Until 12:52AM Sat		Rahu 10:58AM – 12:20PM		Variyan Until 8:45PM		Muruga: Clear Sunset: 5:50PM Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga				Visti Until 7:45PM		Nataraja: Clear 2nd Phase	
				Trayodashi* Until 6:55AM		Moon – Purple Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	
						Mahasivaratri (Lunar)	
						Mahasivaratri (Solar)	

<b>Retreat Star</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Lanham, MD	
Makara Rasi: 25.55		Tithi 29 – 30		Dhanishtha Until 3:16AM Sun		Sun 12 Sutra 314	
Creative Work Siddha Yoga		999823467		Gulika 6:49AM – 8:11AM		Ganesha: Light Blue Sunrise: 6:49AM	
		Rahu 9:34AM – 10:57AM		Parigha* Until 9:04PM		Muruga: Clear Sunset: 5:51PM Moon 2 - Phase 43	
				Catuspada Until 9:36PM		Nataraja: Clear Amavasya	
				Chaturdashi* Until 8:37AM		Moon – Purple Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Magha-Masi	

<b>Retreat Star</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Lanham, MD	
Kumbha Rasi: 8.02		Tithi 30 – 1		Shatabhishak Until 5:43AM Mon		Sun 13 Sutra 315	
Creative Work Siddha Yoga		999823467		Gulika 3:06PM – 4:29PM		Ganesha: Light Blue Sunrise: 6:47AM	
Until 5:43AM Mon		Rahu 4:29PM – 5:52PM		Shiva Until 9:36PM		Muruga: Clear Sunset: 5:52PM Moon 2 - Phase 43	
Then Routine Work - Marana Yoga				Kintughna Until 11:42PM		Nataraja: Clear Prathama	
				Amavasya* Until 10:36AM		Moon – Purple Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Phalgun-Masi	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lanham, MD Sun 14 Sutra 316 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:43PM – 3:06PM	<b>Purvaproshtapada* Until 8:41AM Tue</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 6:46AM	
Kumbha Rasi: 20.03	Tithi 1 – 2	Yama 10:56AM – 12:20PM	Siddha Until 10:15PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:53PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	919823467	<b>Rahu</b> 8:09AM – 9:33AM	Balava Until 2:00AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Prathama* Until 12:48PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 8:41AM Tue				<b>Phalguna-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Lanham, MD Sun 15 Sutra 317 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:20PM – 1:43PM	<b>Purvaproshtapada* Until 8:41AM</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 6:45AM	
Meena Rasi: 1.59	Tithi 2 – 3	Yama 9:32AM – 10:56AM	Sadhya Until 11:02PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:54PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	919823467	<b>Rahu</b> 3:07PM – 4:31PM	Taitila Until 4:27AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya Until 3:11PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 8:41AM				<b>Phalguna-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lanham, MD Sun 16 Sutra 318 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:55AM – 12:19PM	<b>Uttaraproshtapada Until 11:36AM</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 6:43AM	
Meena Rasi: 13.53	Tithi 3 – 4	Yama 8:07AM – 9:31AM	Subha Until 11:55PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:55PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	919823467	<b>Rahu</b> 12:19PM – 1:43PM	Vanija Until 6:58AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 5:41PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 11:36AM				<b>Phalguna-Masi</b>		
Then Routine Work - Marana Yoga						

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Lanham, MD Sun 17 Sutra 319 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:31AM – 10:55AM	<b>Revati Until 2:25PM</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 6:42AM	
Meena Rasi: 25.45	Tithi 4	Yama 6:42AM – 8:06AM	Sukla Until 12:45AM Fri	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:56PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	919823467	<b>Rahu</b> 1:44PM – 3:08PM	Vanija Until 6:58AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 8:12PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 2:25PM				<b>Phalguna-Masi</b>		
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>				

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Lanham, MD Sun 18 Sutra 320 Vikarin 5121
<b>5</b>		<b>Gulika</b> 8:05AM – 9:30AM	<b>Ashvini Until 5:29PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:40AM	
Mesha Rasi: 7.37	Tithi 5	Yama 3:08PM – 4:33PM	Brahma Until 1:31AM Sat	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:58PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	921823467	<b>Rahu</b> 10:54AM – 12:19PM	Bava Until 9:27AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 10:37PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 5:29PM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga						

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau				Lanham, MD Sun 19 Sutra 321 Vikarin 5121
<b>6</b>		<b>Gulika</b> 6:39AM – 8:04AM	<b>Bharani Until 8:10PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:39AM	
Mesha Rasi: 19.33	Tithi 6	Yama 1:44PM – 3:09PM	Indra Until 2:05AM Sun	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:59PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	921823467	<b>Rahu</b> 9:29AM – 10:54AM	Kaulava Until 11:45AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 12:45AM Sun</b>	Moon – White		<b>Bhuloka Day</b>
Until 8:10PM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga						

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Lanham, MD Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:10PM – 4:35PM	<b>Krittika Until 10:16PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:36AM	
Mrishabha Rasi: 1.37	Tithi 7	Yama 12:18PM – 1:44PM	Vaidhriti* Until 2:14AM Mon	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:01PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	921833467	<b>Rahu</b> 4:35PM – 6:01PM	Gara Until 1:41PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 2:25AM Mon</b>	Moon – White		<b>Bhuloka Day</b>
Until 12:04AM Tue				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga						

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Lanham, MD Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 1:44PM – 3:10PM	<b>Rohini Until 12:04AM Tue</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:35AM	
Mrishabha Rasi: 13.53	Tithi 8	Yama 10:52AM – 12:18PM	Vishkambha* Until 1:54AM Tue	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:02PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	931833467	<b>Rahu</b> 8:01AM – 9:26AM	Visti Until 3:01PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work Amrita Yoga			<b>Ashtami* Until 3:23AM Tue</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 12:04AM Tue				<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Lanham, MD Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 12:18PM – 1:44PM	<b>Mrigashira Until 12:55AM Wed</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:33AM	
Mrishabha Rasi: 26.28	Tithi 9	Yama 9:26AM – 10:52AM	Priti Until 12:57AM Wed	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:03PM	Moon 2 - Phase 44
<b>Family Home Evening</b>	931833467	<b>Rahu</b> 3:10PM – 4:37PM	Balava Until 3:36PM	<b>Nataraja:</b> Clear		Navami
Creative Work Siddha Yoga			<b>Navami* Until 3:33AM Wed</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 12:04AM Tue				<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Lanham, MD Sun 23 Sutra 325 Vikarin 5121	
Mithuna Rasi: 9.26	Tithi 10	<b>Gulika</b> 10:51AM – 12:18PM	<b>Ardra Until 12:47AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:32AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:04PM
		Yama 7:58AM – 9:25AM	Ayushman Until 11:18PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		131833467 <b>Rahu</b> 12:18PM – 1:44PM	Taitila Until 3:19PM	Moon – Yellow			4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:49AM Thu</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 12:47AM Thu							
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visiti* Karana Ekadashyam Titau		Lanham, MD Sun 24 Sutra 326 Vikarin 5121	
Mithuna Rasi: 22.52	Tithi 11	<b>Gulika</b> 9:24AM – 10:51AM	<b>Punarvasu Until 12:05AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:05PM
		Yama 6:30AM – 7:57AM	Saubhagya Until 8:58PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 1:44PM – 3:11PM	Vanija Until 2:09PM	Moon – Blue			4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 1:14AM Fri</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Until 12:05AM Fri						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Lanham, MD Sun 25 Sutra 327 Vikarin 5121	
Kataka Rasi: 6.48	Tithi 12	<b>Gulika</b> 7:56AM – 9:23AM	<b>Pushya Until 10:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:06PM
		Yama 3:12PM – 4:39PM	Sobhana Until 6:00PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 10:50AM – 12:17PM	Bava Until 12:10PM	Moon – Blue			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 10:53PM</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
						<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Lanham, MD Sun 26 Sutra 328 Vikarin 5121	
Kataka Rasi: 21.13	Tithi 13	<b>Gulika</b> 6:27AM – 7:55AM	<b>Ashlesha* Until 8:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:27AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:07PM
		Yama 1:44PM – 3:12PM	Athiganda* Until 2:29PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:22AM – 10:50AM	Kaulava Until 9:29AM	Moon – Blue			4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 7:54PM</b>	<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Until 8:07PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga							

*Pradosha Vrata*

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visiti* Karana Chaturdashi/Purnimayam Titau		Lanham, MD Sun 27 Sutra 329 Vikarin 5121	
Simha Rasi: 6.04	Tithi 14 – 15	<b>Gulika</b> 3:12PM – 4:40PM	<b>Magha* Until 5:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM
		Yama 12:17PM – 1:45PM	Sukarma Until 10:34AM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		151833467 <b>Rahu</b> 4:40PM – 6:08PM	Gara Until 6:15AM	Moon – Red			4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 4:27PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 5:33PM							
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>					

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lanham, MD Sutra 330 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:45PM – 3:13PM	<b>Purvaphalguni Until 2:34PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:24AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM
Simha Rasi: 21.12	Tithi 15 – 16	Yama 10:48AM – 12:17PM	Dhriti Until 6:23AM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
<b>Family Home Evening</b>		152833467 <b>Rahu</b> 7:52AM – 9:20AM	Balava Until 10:49PM	Moon – Red			Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 12:43PM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
		<b>Holi</b>					

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Lanham, MD Sutra 331 Vikarin 5121	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:16PM – 1:45PM	<b>Uttaraphalguni Until 11:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:10PM
Kanya Rasi: 6.29	Tithi 16 – 17	Yama 9:19AM – 10:48AM	Ganda* Until 9:41PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:13PM – 4:41PM	Taitila Until 6:59PM	Moon – Red			Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 8:53AM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Until 11:22AM							
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Lanham, MD

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

**Gulika** 10:47AM – 12:16PM  
Yama 7:50AM – 9:19AM  
**Rahu** 12:16PM – 1:45PM

**Hasta** Until 8:31AM  
Vriddhi Until 5:31PM  
Vanija Until 3:18PM

**Ganesha:** Clear *Sunrise:* 6:21AM  
**Muruqa:** Orange *Sunset:* 6:11PM

**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Lanham, MD

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

**Gulika** 9:18AM – 10:47AM  
Yama 6:20AM – 7:49AM  
**Rahu** 1:45PM – 3:14PM

**Svati** Until 3:24AM Fri  
Dhruva Until 1:36PM  
Bava Until 11:57AM  
**Chaturthi\*** Until 10:25PM

**Ganesha:** Clear *Sunrise:* 6:20AM  
**Muruqa:** Orange *Sunset:* 6:12PM

**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Lanham, MD

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

**Gulika** 7:47AM – 9:17AM  
Yama 3:14PM – 4:43PM  
**Rahu** 10:46AM – 12:15PM

**Vishakha** Until 1:51AM Sat  
Vyaghata\* Until 10:06AM  
Kaulava Until 9:04AM  
**Panchami** Until 7:50PM

**Ganesha:** Purple *Sunrise:* 6:18AM  
**Muruqa:** Orange *Sunset:* 6:13PM

**Nataraja:** Clear  
Moon – Orange

**Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Lanham, MD

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

**Gulika** 6:17AM – 7:46AM  
Yama 1:45PM – 3:14PM  
**Rahu** 9:16AM – 10:46AM

**Anuradha** Until 12:52AM Sun  
Harshana Until 7:08AM  
Gara Until 6:49AM  
**Shashthi\*** Until 5:56PM

**Ganesha:** Purple *Sunrise:* 6:17AM  
**Muruqa:** Orange *Sunset:* 6:14PM

**Nataraja:** Purple  
Moon – Orange

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

**Karadaiyan Nombu (Tamil Nadu)**

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lanham, MD

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

**Gulika** 3:15PM – 4:45PM  
Yama 12:15PM – 1:45PM  
**Rahu** 4:45PM – 6:15PM

**Jyeshtha\*** Until 12:31AM Mon  
Siddhi Until 2:58AM Mon  
Balava Until 4:33AM Mon  
**Saptami** Until 4:48PM

**Ganesha:** Clear *Sunrise:* 6:15AM  
**Muruqa:** Orange *Sunset:* 6:15PM

**Nataraja:** Purple  
Moon – Orange

**Sivaloka Day**

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lanham, MD

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

**Gulika** 1:45PM – 3:15PM  
Yama 10:44AM – 12:15PM  
**Rahu** 7:44AM – 9:14AM

**Mula\*** Until 1:13AM Tue  
Vyatipata\* Until 1:50AM Tue  
Taitila Until 4:36AM Tue  
**Ashtami\*** Until 4:28PM

**Ganesha:** Purple *Sunrise:* 6:14AM  
**Muruqa:** Orange *Sunset:* 6:16PM

**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lanham, MD

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

**Gulika** 12:14PM – 1:45PM  
Yama 9:13AM – 10:44AM  
**Rahu** 3:15PM – 4:46PM

**Purvashadha\*** Until 2:29AM Wed  
Variyan Until 1:14AM Wed  
Vanija Until 5:21AM Wed  
**Navami\*** Until 4:52PM

**Ganesha:** Purple *Sunrise:* 6:12AM  
**Muruqa:** Orange *Sunset:* 6:17PM

**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 8 Sutra 339 Vikarin 5121	
Dhanus Rasi: 28.29	Tithi 25 – 26	<b>Gulika</b> 10:43AM – 12:14PM	<b>Uttarashadha</b> Until 4:10AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:18PM
		Yama 7:41AM – 9:12AM	Parigha* Until 1:07AM Thu	<b>Nataraja:</b> Purple			Moon 3 - Phase 47
		182933468 <b>Rahu</b> 12:14PM – 1:45PM	Bava Until 6:42AM Thu	Moon – Light Blue			2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 5:57PM	<b>Phalguna-Panguni</b>			<b>Devaloka Day</b>
Until 4:10AM Thu							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Lanham, MD Sun 9 Sutra 340 Vikarin 5121	
Makara Rasi: 10.5	Tithi 26	<b>Gulika</b> 9:11AM – 10:42AM	<b>Shravana</b> Until 6:37AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:19PM
		Yama 6:09AM – 7:40AM	Shiva Until 1:23AM Fri	<b>Nataraja:</b> Purple			Moon 3 - Phase 47
		192933468 <b>Rahu</b> 1:45PM – 3:16PM	Bava Until 6:42AM	Moon – Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:32PM	<b>Phalguna-Panguni</b>			<b>Sivaloka Day</b>

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Lanham, MD Sun 10 Sutra 341 Vikarin 5121	
Makara Rasi: 23.01	Tithi 27	<b>Gulika</b> 7:39AM – 9:10AM	<b>Shravana</b> Until 6:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:19PM
		Yama 3:16PM – 4:48PM	Siddha Until 1:53AM Sat	<b>Nataraja:</b> Purple			Moon 3 - Phase 47
		192933468 <b>Rahu</b> 10:42AM – 12:13PM	Kaulava Until 8:30AM	Moon – Purple			2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 9:29PM	<b>Phalguna-Panguni</b>			<b>Sivaloka Day</b>
Until 6:37AM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Lanham, MD Sun 11 Sutra 342 Vikarin 5121	
Kumbha Rasi: 5.04	Tithi 28	<b>Gulika</b> 6:06AM – 7:38AM	<b>Dhanishtha</b> Until 9:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:20PM
		Yama 1:45PM – 3:17PM	Sadhya Until 2:34AM Sun	<b>Nataraja:</b> Purple			Moon 3 - Phase 47
		192933468 <b>Rahu</b> 9:09AM – 10:41AM	Gara Until 10:36AM	Moon – Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:42PM	<b>Phalguna-Panguni</b>			<b>Sivaloka Day</b>
Until 9:12AM							
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 343 Vikarin 5121	
Kumbha Rasi: 17.01	Tithi 29	<b>Gulika</b> 3:17PM – 4:49PM	<b>Shatabhishak</b> Until 11:48AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM
		Yama 12:13PM – 1:45PM	Subha Until 3:22AM Mon	<b>Nataraja:</b> Purple			Moon 3 - Phase 47
		193933468 <b>Rahu</b> 4:49PM – 6:21PM	Visti* Until 12:53PM	Moon – Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:03AM Mon	<b>Phalguna-Panguni</b>			<b>Subha Sivaloka Day</b>

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 13 Sutra 344 Vikarin 5121	
Kumbha Rasi: 28.56	Tithi 30	<b>Gulika</b> 1:45PM – 3:17PM	<b>Purvaprosarthapada*</b> Until 2:51PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:03AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:22PM
<b>Family Home Evening</b>		Yama 10:40AM – 12:12PM	Sukla Until 4:12AM Tue	<b>Nataraja:</b> Purple			Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 7:35AM – 9:08AM	Catuspada Until 3:17PM	Moon – Clear			Amavasya
Until 2:51PM			<b>Amavasya*</b> Until 4:28AM Tue	<b>Phalguna-Panguni</b>			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga							

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 14 Sutra 345 Vikarin 5121	
Meena Rasi: 10.49	Tithi 1	<b>Gulika</b> 12:12PM – 1:45PM	<b>Uttaraprosarthapada</b> Until 5:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:23PM
		Yama 9:07AM – 10:39AM	Brahma Until 5:04AM Wed	<b>Nataraja:</b> Purple			Moon 3 - Phase 47
		113933468 <b>Rahu</b> 3:18PM – 4:51PM	Kintughna Until 5:43PM	Moon – Clear			Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 6:55AM Wed	<b>Chaitra-Panguni</b>			<b>Sivaloka Day</b>
Until 5:47PM		<b>Yugadhi</b>					
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lanham, MD Sun 15 Sutra 346	
Meena Rasi: 22.42	Tithi 1 – 2	<b>Gulika</b> 10:39AM – 12:12PM	<b>Revati Until 8:33PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:59AM		Vikarin 5121
		Yama 7:33AM – 9:06AM	Indra Until 5:55AM Thu	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:24PM	Moon 3 - Phase 48	
		113933468 <b>Rahu</b> 12:12PM – 1:45PM	Balava Until 8:10PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Prathama* Until 6:55AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lanham, MD Sun 16 Sutra 347	
Mesha Rasi: 4.35	Tithi 2 – 3	<b>Gulika</b> 9:05AM – 10:38AM	<b>Ashvini Until 11:36PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:58AM		Vikarin 5121
		Yama 5:58AM – 7:31AM	Vaidhriti* Until 6:41AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:25PM	Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 1:45PM – 3:18PM	Taitila Until 10:33PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya Until 9:21AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 11:36PM		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lanham, MD Sun 17 Sutra 348	
Mesha Rasi: 16.31	Tithi 3 – 4	<b>Gulika</b> 7:30AM – 9:04AM	<b>Bharani Until 2:19AM Sat</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:56AM		Vikarin 5121
		Yama 3:19PM – 4:52PM	Vaidhriti* Until 6:41AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:26PM	Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 10:38AM – 12:11PM	Vanija Until 12:47AM Sat	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 11:40AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 2:19AM Sat				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lanham, MD Sun 18 Sutra 349	
Mesha Rasi: 28.3	Tithi 4 – 5	<b>Gulika</b> 5:55AM – 7:29AM	<b>Krittika Until 4:37AM Sun</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:55AM		Vikarin 5121
		Yama 1:45PM – 3:19PM	Vishkambha* Until 7:20AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:27PM	Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 9:03AM – 10:37AM	Bava Until 2:44AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 1:47PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 4:37AM Sun				<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lanham, MD Sun 19 Sutra 350	
Shrabha Rasi: 10.37	Tithi 5 – 6	<b>Gulika</b> 3:19PM – 4:54PM	<b>Rohini Until 6:50AM Mon</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:53AM		Vikarin 5121
		Yama 12:11PM – 1:45PM	Priti Until 7:46AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:28PM	Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 4:54PM – 6:28PM	Kaulava Until 4:16AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 3:33PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 6:50AM Mon				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lanham, MD Sun 20 Sutra 351	
Shrabha Rasi: 22.53	Tithi 6 – 7	<b>Gulika</b> 1:45PM – 3:20PM	<b>Rohini Until 6:50AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:52AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:36AM – 12:10PM	Ayushman Until 7:50AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:29PM	Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 7:26AM – 9:01AM	Gara Until 5:13AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:49PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Tuesday, March 31, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lanham, MD Sun 21 Sutra 352	
Mithuna Rasi: 5.26	Tithi 7 – 8	<b>Gulika</b> 12:10PM – 1:45PM	<b>Mrigashira Until 8:17AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:50AM		Vikarin 5121
		Yama 9:00AM – 10:35AM	Saubhagya Until 7:26AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:30PM	Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 3:20PM – 4:55PM	Visti Until 5:26AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 5:25PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 8:17AM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Wednesday, April 1, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lanham, MD Sun 22 Sutra 353	
Mithuna Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 10:35AM – 12:10PM	<b>Ardra Until 8:53AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:50AM		Vikarin 5121
		Yama 7:25AM – 9:00AM	Sobhana Until 6:29AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:30PM	Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 12:10PM – 1:45PM	Balava Until 4:51AM Thu	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:14PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Thursday, April 2, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lanham, MD Sun 23 Sutra 354	
Kataka Rasi: 1.38	Tithi 9 – 10	<b>Gulika</b> 8:59AM – 10:34AM	<b>Punarvasu Until 8:59AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:49AM		Vikarin 5121
		Yama 5:49AM – 7:24AM	Sukarma Until 2:37AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:31PM	Moon 3 - Phase 48	
		143933468 <b>Rahu</b> 1:45PM – 3:20PM	Taitila Until 3:26AM Fri	<b>Nataraja:</b> Purple		Navami	
Creative Work	Amrita Yoga		<b>Navami* Until 4:13PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Lanham, MD Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 15.25	Tithi 10 – 11	<b>Gulika</b> 7:23AM – 8:58AM	<b>Pushya Until 8:08AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM	
		Yama 3:21PM – 4:56PM	Dhriti Until 11:46PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:34AM – 12:09PM	Vanija Until 1:15AM Sat	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami Until 2:25PM</b>	Moon – Blue		<b>Sivaloka Day</b>
		<b>Yogaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>		

<b>2</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 29.4	Tithi 11 – 12	<b>Gulika</b> 5:46AM – 7:21AM	<b>Ashlesha* Until 6:24AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:46AM	
		Yama 1:45PM – 3:21PM	Shula* Until 8:20PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:57AM – 10:33AM	Bava Until 10:25PM	<b>Nataraja:</b> Purple		4th Phase
Until 6:24AM			<b>Ekadashi Until 11:54AM</b>	Moon – Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Chaitra•Panguni</b>		

<b>3</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 14.22	Tithi 12 – 13	<b>Gulika</b> 3:21PM – 4:58PM	<b>Purvaphalguni Until 1:38AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:44AM	
		Yama 12:09PM – 1:45PM	Ganda* Until 4:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 <b>Rahu</b> 4:58PM – 6:34PM	Kaulava Until 7:05PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi Until 8:47AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		
				<i>Pradosha Vrata</i>		

<b>4</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Lanham, MD Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 29.25	Tithi 14	<b>Gulika</b> 1:45PM – 3:22PM	<b>Uttaraphalguni Until 10:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:43AM	
Family Home Evening		Yama 10:32AM – 12:09PM	Vridhhi Until 12:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:19AM – 8:56AM	Gara Until 3:23PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Chaturdashi* Until 1:27AM Tue</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Lanham, MD Sun 28 Sutra 359 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:08PM – 1:45PM	<b>Hasta Until 7:34PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:41AM	
Kanya Rasi: 14.4	Tithi 15	Yama 8:55AM – 10:31AM	Dhruva Until 8:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:22PM – 4:59PM	Visti Until 11:31AM	<b>Nataraja:</b> Purple		Purnima
			<b>Purnima* Until 9:33PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>		
		<b>Hanuman Jayanti</b>				

<b>5</b>		<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Lanham, MD Sun 29 Sutra 360 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:31AM – 12:08PM	<b>Chitra Until 4:33PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:40AM	
Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:17AM – 8:54AM	Harshana Until 11:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 12:08PM – 1:45PM	Balava Until 7:39AM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama* Until 5:45PM</b>	Moon – Green		<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>		





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lanham, MD  
Sun 1  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 15.07 Tithi 17 – 18

164134468  
**Gulika** 8:53AM – 10:30AM  
Yama 5:38AM – 7:15AM  
**Rahu** 1:45PM – 3:23PM

**Svati** Until 1:39PM  
Vajra\* Until 7:28PM  
Vanija Until 12:36AM Fri  
Dvitiya Until 2:12PM

**Ganesha:** White *Sunrise:* 5:38AM  
**Muruqa:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

Creative Work Amrita Yoga

Until 1:39PM

Then Creative Work - Siddha Yoga

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Lanham, MD  
Sun 2  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 30 Tithi 18 – 19

174134468  
**Gulika** 7:14AM – 8:52AM  
Yama 3:23PM – 5:01PM  
**Rahu** 10:30AM – 12:07PM

**Vishakha** Until 11:27AM  
Siddhi Until 3:54PM  
Bava Until 9:46PM  
Tritiya Until 11:06AM

**Ganesha:** Yellow *Sunrise:* 5:37AM  
**Muruqa:** Clear *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lanham, MD  
Sun 3  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 14.28 Tithi 19 – 20

174134468  
**Gulika** 5:35AM – 7:13AM  
Yama 1:45PM – 3:23PM  
**Rahu** 8:51AM – 10:29AM

**Anuradha** Until 9:43AM  
Vyatipala\* Until 12:51PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:34AM

**Ganesha:** Yellow *Sunrise:* 5:35AM  
**Muruqa:** Clear *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Varyian/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lanham, MD  
Sun 4  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 28.26 Tithi 20 – 21

174134468  
**Gulika** 3:24PM – 5:02PM  
Yama 12:07PM – 1:45PM  
**Rahu** 5:02PM – 6:40PM

**Jyeshtha\*** Until 8:33AM  
Varyian Until 10:23AM  
Gara Until 6:12PM  
Panchami Until 6:47AM

**Ganesha:** Yellow *Sunrise:* 5:34AM  
**Muruqa:** Clear *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 8:33AM

Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Lanham, MD  
Sun 5  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 11.56 Tithi 22

**Family Home Evening**

184134468  
**Gulika** 1:45PM – 3:24PM  
Yama 10:28AM – 12:07PM  
**Rahu** 7:11AM – 8:49AM

**Mula\*** Until 8:31AM  
Parigha\* Until 8:36AM  
Visti Until 5:39PM  
Saptami Until 5:41AM Tue

**Ganesha:** Blue *Sunrise:* 5:32AM  
**Muruqa:** Clear *Sunset:* 6:41PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

Creative Work Siddha Yoga

Until 8:31AM

Then Routine Work - Marana Yoga

Tamil New Year

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Lanham, MD  
Sun 6  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 24.59 Tithi 23

284134468  
**Gulika** 12:06PM – 1:45PM  
Yama 8:49AM – 10:28AM  
**Rahu** 3:24PM – 5:03PM

**Purvashadha\*** Until 9:09AM  
Shiva Until 7:30AM  
Balava Until 5:57PM  
Ashtami\* Until 6:22AM Wed

**Ganesha:** Yellow *Sunrise:* 5:31AM  
**Muruqa:** Clear *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:09AM

Then Routine Work - Prabalarishta Yoga

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lanham, MD  
Sun 7  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 7.37 Tithi 23 – 24

284134468  
**Gulika** 10:27AM – 12:06PM  
Yama 7:08AM – 8:48AM  
**Rahu** 12:06PM – 1:45PM

**Uttarashadha** Until 10:24AM  
Siddha Until 7:00AM  
Taitila Until 6:59PM  
Ashtami\* Until 6:22AM

**Ganesha:** Yellow *Sunrise:* 5:29AM  
**Muruqa:** Clear *Sunset:* 6:43PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 10:24AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

<b>1</b>		<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lanham, MD Sun 8 Sutra 4	
Makara Rasi: 19.58	Tithi 24 – 25	<b>Gulika</b> 8:47AM – 10:26AM	<b>Shravana Until 12:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:28AM	Sarvari 5122	
		Yama 5:28AM – 7:07AM	Sadhya Until 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 1	
294134468		<b>Rahu</b> 1:46PM – 3:25PM	Vanija Until 8:38PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 7:44AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>2</b>		<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lanham, MD Sun 9 Sutra 5	
Kumbha Rasi: 2.05	Tithi 25 – 26	<b>Gulika</b> 7:06AM – 8:46AM	<b>Dhanishtha Until 3:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:26AM	Sarvari 5122	
		Yama 3:25PM – 5:05PM	Subha Until 7:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 1	
294134468		<b>Rahu</b> 10:26AM – 12:06PM	Bava Until 10:43PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 9:37AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>3</b>		<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lanham, MD Sun 10 Sutra 6	
Kumbha Rasi: 14.04	Tithi 26 – 27	<b>Gulika</b> 5:25AM – 7:05AM	<b>Shatabhishak Until 5:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM	Sarvari 5122	
		Yama 1:46PM – 3:26PM	Sukla Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 1	
295134468		<b>Rahu</b> 8:45AM – 10:25AM	Kaulava Until 1:03AM Sun	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:51AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 5:46PM				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lanham, MD Sun 11 Sutra 7	
Kumbha Rasi: 25.58	Tithi 27 – 28	<b>Gulika</b> 3:26PM – 5:07PM	<b>Purvaproshtapada* Until 8:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM	Sarvari 5122	
		Yama 12:05PM – 1:46PM	Brahma Until 9:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1	
215134468		<b>Rahu</b> 5:07PM – 6:47PM	Gara Until 3:30AM Mon	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 8:53PM				<b>Chaitra*Chaitra</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lanham, MD Sun 12 Sutra 8	
Meena Rasi: 7.5	Tithi 28 – 29	<b>Gulika</b> 1:46PM – 3:27PM	<b>Uttaraproshtapada Until 11:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:24AM – 12:05PM	Indra Until 10:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 1	
215134468		<b>Rahu</b> 7:03AM – 8:44AM	Visti Until 5:56AM Tue	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:42PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>6</b>		<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau		Lanham, MD Sun 13 Sutra 9	
Meena Rasi: 19.42	Tithi 29	<b>Gulika</b> 12:05PM – 1:46PM	<b>Revati Until 2:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	Sarvari 5122	
		Yama 8:43AM – 10:24AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 1	
215134468		<b>Rahu</b> 3:27PM – 5:08PM	Sakuni Until 7:06PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:06PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:35AM Wed				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lanham, MD Sun 14 Sutra 10	
Mesha Rasi: 2	Tithi 30	<b>Gulika</b> 10:23AM – 12:05PM	<b>Ashvini Until 5:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:20AM	Sarvari 5122	
		Yama 7:01AM – 8:42AM	Vishkambha* Until 11:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 1	
225134468		<b>Rahu</b> 12:05PM – 1:46PM	Catuspada Until 8:17AM	<b>Nataraja:</b> Purple		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya* Until 9:23PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 5:31AM Thu				<b>Chaitra*Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Lanham, MD Sun 15 Sutra 11	
Mesha Rasi: 13.34	Tithi 1	<b>Gulika</b> 8:41AM – 10:23AM	<b>Bharani Until 8:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:18AM	Sarvari 5122	
		Yama 5:18AM – 7:00AM	Priti Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 1	
225134468		<b>Rahu</b> 1:46PM – 3:28PM	Kintughna Until 10:29AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:29PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lanham, MD Sun 16 Sutra 12	
Mesha Rasi: 25.35	Tithi 2	<b>Gulika</b> 6:59AM – 8:41AM	<b>Bharani Until 8:06AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:17AM	Sarvari 5122	
		Yama 3:28PM – 5:10PM	Ayushman Until 12:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	225134469 <b>Rahu</b> 10:22AM – 12:04PM	Balava Until 12:28PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Dvitiya Until 1:21AM Sat</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Lanham, MD Sun 17 Sutra 13	
Visshabha Rasi: 7.44	Tithi 3	<b>Gulika</b> 5:16AM – 6:58AM	<b>Krittika Until 10:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM	Sarvari 5122	
		Yama 1:46PM – 3:28PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	225134469 <b>Rahu</b> 8:40AM – 10:22AM	Taitila Until 2:11PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Tritiya Until 2:53AM Sun</b>	Moon – White		<b>Devaloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>			

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Lanham, MD Sun 18 Sutra 14	
Visshabha Rasi: 20	Tithi 4	<b>Gulika</b> 3:29PM – 5:11PM	<b>Rohini Until 12:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM	Sarvari 5122	
		Yama 12:04PM – 1:46PM	Sobhana Until 1:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	235134469 <b>Rahu</b> 5:11PM – 6:54PM	Vanija Until 3:32PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Chaturthi* Until 4:02AM Mon</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Lanham, MD Sun 19 Sutra 15	
Mithuna Rasi: 2.27	Tithi 5	<b>Gulika</b> 1:47PM – 3:29PM	<b>Mrigashira Until 2:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:21AM – 12:04PM	Athiganda* Until 1:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 6:56AM – 8:38AM	Bava Until 4:27PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 2:00PM			<b>Panchami Until 4:41AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Lanham, MD Sun 20 Sutra 16	
Mithuna Rasi: 15.08	Tithi 6	<b>Gulika</b> 12:04PM – 1:47PM	<b>Ardra Until 2:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:12AM	Sarvari 5122	
		Yama 8:38AM – 10:21AM	Sukarma Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 2	
Routine Work	Marana Yoga	236134469 <b>Rahu</b> 3:30PM – 5:13PM	Kaulava Until 4:49PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 2:55PM			<b>Shashthi* Until 4:45AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM	

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Lanham, MD Sun 21 Sutra 17	
Mithuna Rasi: 28.05	Tithi 7	<b>Gulika</b> 10:20AM – 12:04PM	<b>Punarvasu Until 3:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
		Yama 6:54AM – 8:37AM	Dhriti Until 11:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	246134469 <b>Rahu</b> 12:04PM – 1:47PM	Gara Until 4:34PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Saptami Until 4:11AM Thu</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		Lanham, MD Sun 22 Sutra 18	
Kataka Rasi: 11.22	Tithi 8	<b>Gulika</b> 8:36AM – 10:20AM	<b>Pushya Until 3:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM	Sarvari 5122	
		Yama 5:09AM – 6:53AM	Shula* Until 9:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	246134469 <b>Rahu</b> 1:47PM – 3:30PM	Visli Until 3:40PM	<b>Nataraja:</b> Clear		Ashtami	
Until 3:23PM			<b>Ashtami* Until 2:57AM Fri</b>	Moon – Blue		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>			

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau		Lanham, MD Sun 23 Sutra 19	
Kataka Rasi: 25.01	Tithi 9	<b>Gulika</b> 6:51AM – 8:35AM	<b>Ashlesha* Until 2:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 3:31PM – 5:15PM	Ganda* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2	
Routine Work	Marana Yoga	246134469 <b>Rahu</b> 10:19AM – 12:03PM	Balava Until 2:06PM	<b>Nataraja:</b> Clear		Navami	
			<b>Navami* Until 1:04AM Sat</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Lanham, MD Sun 24 Sutra 20
Simha Rasi: 9.05	Tithi 10	<b>Gulika</b> 5:06AM – 6:50AM	<b>Magha* Until 1:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM		Sarvari 5122	
		Yama 1:47PM – 3:32PM	Dhruva Until 1:34AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 8:34AM – 10:19AM	Taitila Until 11:55AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 10:36PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 1:06PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lanham, MD Sun 25 Sutra 21
Simha Rasi: 23.31	Tithi 11	<b>Gulika</b> 3:32PM – 5:17PM	<b>Purvaphalguni Until 11:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM		Sarvari 5122	
		Yama 12:03PM – 1:48PM	Vyaghata* Until 10:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 5:17PM – 7:01PM	Vanija Until 9:11AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 7:38PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 11:08AM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lanham, MD Sun 26 Sutra 22
Kanya Rasi: 8.17	Tithi 12 – 13	<b>Gulika</b> 1:48PM – 3:33PM	<b>Uttaraphalguni Until 8:36AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM		Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:18AM – 12:03PM	Harshana Until 6:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM		Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 6:48AM – 8:33AM	Bava Until 6:02AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:20PM</b>	Moon – Red		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

*Pradosha Vrata*

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lanham, MD Sun 27 Sutra 23
Kanya Rasi: 23.16	Tithi 13 – 14	<b>Gulika</b> 12:03PM – 1:48PM	<b>Hasta Until 6:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM		Sarvari 5122	
		Yama 8:33AM – 10:18AM	Vajra* Until 2:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:33PM – 5:18PM	Gara Until 11:02PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:48PM</b>	Moon – Green		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lanham, MD Sun 28 Sutra 24
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:17AM – 12:03PM	<b>Svati Until 12:28AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM		Sarvari 5122	
Tula Rasi: 8.2	Tithi 14 – 15	Yama 6:47AM – 8:32AM	Siddhi Until 10:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 12:03PM – 1:48PM	Visti Until 7:29PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:14AM</b>	Moon – Green		<b>Devaloka Day</b>		
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>				

<b>Thursday, May 7, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Lanham, MD Sun 29 Sutra 25
Tula Rasi: 23.21	Tithi 16	<b>Gulika</b> 8:32AM – 10:17AM	<b>Vishakha Until 10:08PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM		Sarvari 5122	
		Yama 5:00AM – 6:46AM	Vyatipata* Until 6:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM		Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 1:48PM – 3:34PM	Balava Until 4:07PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 2:33AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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