



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.09      Tithi 17  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:51AM – 7:30AM  
Yama 2:08PM – 3:48PM  
**Rahu** 9:10AM – 10:49AM

**Svati Until 7:17AM**  
Siddhi Until 7:09PM  
Taitila Until 2:51PM  
**Dvitiya Until 2:01AM Sun**

**Ganesha:** Red      *Sunrise:* 5:51AM  
**Muruqa:** Yellow      *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Green

**Sivaloka Day**  
Chaitra•Chaitra

Chapel Hill, NC  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.03      Tithi 18  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 3:48PM – 5:28PM  
Yama 12:29PM – 2:08PM  
**Rahu** 5:28PM – 7:08PM

**Vishakha Until 6:28AM**  
Vyatipata\* Until 4:59PM  
Vanija Until 1:23PM  
**Tritiya Until 12:54AM Mon**

**Ganesha:** Blue      *Sunrise:* 5:50AM  
**Muruqa:** Yellow      *Sunset:* 7:08PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Chapel Hill, NC  
Sun 1      Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 16.32      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 2:08PM – 3:48PM  
Yama 10:48AM – 12:28PM  
**Rahu** 7:29AM – 9:09AM

**Anuradha Until 6:13AM**  
Variyan Until 3:23PM  
Bava Until 12:39PM  
**Chaturthi\* Until 12:33AM Tue**

**Ganesha:** Blue      *Sunrise:* 5:49AM  
**Muruqa:** Yellow      *Sunset:* 7:08PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Chapel Hill, NC  
Sun 2      Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Tuesday, April 23, 2019**

Vrischika Rasi: 29.35      Tithi 20  
Routine Work      Marana Yoga  
Until 6:35AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:28PM – 2:09PM  
Yama 9:08AM – 10:48AM  
**Rahu** 3:49PM – 5:29PM

**Jyeshtha\* Until 6:35AM**  
Parigha\* Until 2:27PM  
Kaulava Until 12:43PM  
**Panchami Until 1:02AM Wed**

**Ganesha:** Blue      *Sunrise:* 5:47AM  
**Muruqa:** Yellow      *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Chapel Hill, NC  
Sun 3      Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.14      Tithi 21  
Routine Work      Marana Yoga  
Until 8:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:48AM – 12:28PM  
Yama 7:27AM – 9:07AM  
**Rahu** 12:28PM – 2:09PM

**Mula\* Until 8:04AM**  
Shiva Until 2:09PM  
Gara Until 1:36PM  
**Shashthi\* Until 2:18AM Thu**

**Ganesha:** Yellow      *Sunrise:* 5:46AM  
**Muruqa:** Yellow      *Sunset:* 7:10PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**  
Chaitra•Chaitra

Chapel Hill, NC  
Sun 4      Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 24.34      Tithi 22  
Creative Work      Siddha Yoga  
Until 10:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 9:06AM – 10:47AM  
Yama 5:45AM – 7:26AM  
**Rahu** 2:09PM – 3:49PM

**Purvashadha\* Until 10:08AM**  
Siddha Until 2:23PM  
Visti Until 3:12PM  
**Saptami Until 4:13AM Fri**

**Ganesha:** Yellow      *Sunrise:* 5:45AM  
**Muruqa:** Yellow      *Sunset:* 7:11PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

Chapel Hill, NC  
Sun 5      Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 6.38      Tithi 23  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 7:25AM – 9:06AM  
Yama 3:50PM – 5:31PM  
**Rahu** 10:47AM – 12:28PM

**Uttarashadha Until 12:35PM**  
Sadhya Until 3:04PM  
Balava Until 5:22PM  
**Ashtami\* Until 6:34AM Sat**

**Ganesha:** Red      *Sunrise:* 5:44AM  
**Muruqa:** Yellow      *Sunset:* 7:12PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

Chapel Hill, NC  
Sun 6      Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 18.31      Tithi 23 – 24  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:43AM – 7:24AM  
Yama 2:09PM – 3:50PM  
**Rahu** 9:05AM – 10:46AM

**Shravana Until 3:44PM**  
Subha Until 4:01PM  
Taitila Until 7:51PM  
**Ashtami\* Until 6:34AM**

**Ganesha:** Green      *Sunrise:* 5:43AM  
**Muruqa:** Yellow      *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Chaitra•Chaitra  
Devaloka Time: 3:PM to 6:PM

Chapel Hill, NC  
Sun 7      Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1</b>		<b>Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Chapel Hill, NC Sun 8 Sutra 14	
Kumbha Rasi: 0.21	Tithi 24 – 25	<b>Gulika</b>	3:50PM – 5:32PM	<b>Dhanishtha</b> Until 6:48PM	<b>Ganesha:</b> Green	<b>Sunrise:</b> 5:41AM	Vikarin 5121
		Yama	12:27PM – 2:09PM	Sukla Until 5:01PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:13PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b>	5:32PM – 7:13PM	Vanija Until 10:24PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Navami*</b> Until 9:06AM	Moon – Purple	<b>Bhuloka Day</b>	
Until 6:48PM					<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Chapel Hill, NC Sun 9 Sutra 15	
Kumbha Rasi: 12.11	Tithi 25 – 26	<b>Gulika</b>	2:09PM – 3:51PM	<b>Shatabhishak</b> Until 9:34PM	<b>Ganesha:</b> Green	<b>Sunrise:</b> 5:40AM	Vikarin 5121
<b>Family Home Evening</b>		Yama	10:46AM – 12:27PM	Brahma Until 5:57PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:14PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b>	7:22AM – 9:04AM	Bava Until 12:46AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 9:34PM				<b>Dashami</b> Until 11:36AM	Moon – Purple	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Chapel Hill, NC Sun 10 Sutra 16	
Kumbha Rasi: 24.06	Tithi 26 – 27	<b>Gulika</b>	12:27PM – 2:09PM	<b>Purvaprossthapada*</b> Until 12:21AM We	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:39AM	Vikarin 5121
		Yama	9:03AM – 10:45AM	Indra Until 6:39PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:15PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b>	3:51PM – 5:33PM	Kaulava Until 2:47AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Ekadashi*</b> Until 1:49PM	Moon – Clear	<b>Bhuloka Day</b>	
Until 12:21AM Wed					<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadashti/Trayodashyam Titau		Chapel Hill, NC Sun 11 Sutra 17	
Meena Rasi: 6.1	Tithi 27 – 28	<b>Gulika</b>	10:45AM – 12:27PM	<b>Uttaraprossthapada</b> Until 2:31AM Thu	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:38AM	Vikarin 5121
		Yama	7:20AM – 9:03AM	Vaidhriti* Until 6:59PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:16PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b>	12:27PM – 2:09PM	Gara Until 4:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashti*</b> Until 3:36PM	Moon – Clear	<b>Bhuloka Day</b>	
					<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata (Fasting)

<b>5</b>		<b>Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Chapel Hill, NC Sun 12 Sutra 18	
Meena Rasi: 18.26	Tithi 28 – 29	<b>Gulika</b>	9:02AM – 10:44AM	<b>Revati</b> Until 4:01AM Fri	<b>Ganesha:</b> Light Blue	<b>Sunrise:</b> 5:37AM	Vikarin 5121
		Yama	5:37AM – 7:03AM	Vishkambha* Until 6:56PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:17PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b>	2:09PM – 3:52PM	Visti Until 5:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi*</b> Until 4:52PM	Moon – Clear	<b>Bhuloka Day</b>	
Until 4:01AM Fri					<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Chapel Hill, NC Sun 13 Sutra 19	
Mesha Rasi: 0.57	Tithi 29 – 30	<b>Gulika</b>	7:19AM – 9:01AM	<b>Ashvini</b> Until 5:18AM Sat	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:36AM	Vikarin 5121
		Yama	3:52PM – 5:35PM	Priti Until 6:28PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:18PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b>	10:44AM – 12:27PM	Catuspada Until 5:47AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga			<b>Chaturdashi*</b> Until 5:36PM	Moon – White	<b>Bhuloka Day</b>	
Until 5:18AM Sat					<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Chapel Hill, NC Sun 14 Sutra 20	
Mesha Rasi: 13.42	Tithi 30 – 1	<b>Gulika</b>	5:35AM – 7:18AM	<b>Bharani</b> Until 5:55AM Sun	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:35AM	Vikarin 5121
		Yama	2:10PM – 3:53PM	Ayushman Until 5:34PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:18PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b>	9:01AM – 10:44AM	Kintughna Until 5:43AM Sun	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga			<b>Amavasya*</b> Until 5:47PM	Moon – White	<b>Bhuloka Day</b>	
					<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Chapel Hill, NC Sun 15 Sutra 21	
Mesha Rasi: 26.42	Tithi 1 – 2	<b>Gulika</b>	3:53PM – 5:36PM	<b>Krittika</b> Until 5:58AM Mon	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:34AM	Vikarin 5121
		Yama	12:27PM – 2:10PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:19PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b>	5:36PM – 7:19PM	Balava Until 5:13AM Mon	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 5:30PM	Moon – White	<b>Bhuloka Day</b>	
Until 5:58AM Mon					<b>Vaisaka*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Chapel Hill, NC Sun 16 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 2:10PM – 3:53PM	<b>Rohini Until 5:56AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:33AM	
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:43AM – 12:27PM	Sobhana Until 2:43PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:20PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 7:16AM – 9:00AM	Taitila Until 4:21AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 4:49PM</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>
Until 5:56AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Chapel Hill, NC Sun 17 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:26PM – 2:10PM	<b>Mrigashira Until 5:27AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:32AM	
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:59AM – 10:43AM	Athiganda* Until 12:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:21PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 3:54PM – 5:37PM	Vanija Until 3:10AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 3:46PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Chapel Hill, NC Sun 18 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:43AM – 12:26PM	<b>Ardra Until 4:35AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:31AM	
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 7:15AM – 8:59AM	Sukarma Until 10:44AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:22PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 12:26PM – 2:10PM	Bava Until 1:43AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 2:27PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
Until 4:35AM Thu				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Chapel Hill, NC Sun 19 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:58AM – 10:42AM	<b>Punarvasu Until 3:48AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM	
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 5:30AM – 7:14AM	Dhriti Until 8:28AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:23PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 2:10PM – 3:54PM	Kaulava Until 12:04AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 12:54PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
Until 3:48AM Fri				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Chapel Hill, NC Sun 20 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:13AM – 8:58AM	<b>Pushya Until 2:40AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:29AM	
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:55PM – 5:39PM	Ganda* Until 6:00AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:23PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 10:42AM – 12:26PM	Gara Until 10:13PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 11:09AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Chapel Hill, NC Sun 21 Sutra 27 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:28AM – 7:13AM	<b>Ashlesha* Until 1:14AM Sun</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:28AM	
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 2:11PM – 3:55PM	Vriddhi Until 12:38AM Sun	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:24PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 8:57AM – 10:42AM	Visti Until 8:11PM	<b>Nataraja:</b> Clear	Ashtami
Routine Work Marana Yoga			<b>Saptami Until 9:12AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Chapel Hill, NC Sun 22 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:56PM – 5:40PM	<b>Magha* Until 11:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:27AM	
Simha Rasi: 2.43	Tithi 8 – 9	Yama 12:26PM – 2:11PM	Dhruva Until 9:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:25PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 5:40PM – 7:25PM	Balava Until 6:00PM	<b>Nataraja:</b> Clear	Navami
Routine Work Marana Yoga			<b>Ashtami* Until 7:05AM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>
Until 11:55PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Chapel Hill, NC Sun 23 Sutra 29
<b>1</b>		<b>Gulika</b> 2:11PM – 3:56PM	<b>Purvaphalguni</b> Until 10:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:27AM	Vikarin 5121
Simha Rasi: 16.56	Tithi 10	<b>Yama</b> 10:41AM – 12:26PM	Vyaghata* Until 6:46PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 7:12AM – 8:56AM	Taitila Until 3:41PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:29AM Tue	Moon – Red		
				<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Chapel Hill, NC Sun 24 Sutra 30
<b>2</b>		<b>Gulika</b> 12:26PM – 2:11PM	<b>Uttaraphalguni</b> Until 8:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:26AM	Vikarin 5121
Kanya Rasi: 1.12	Tithi 11	<b>Yama</b> 8:56AM – 10:41AM	Harshana Until 3:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 5
	256583469	<b>Rahu</b> 3:56PM – 5:42PM	Vanija Until 1:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 12:06AM Wed	Moon – Red		
Until 8:37PM				<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau				Chapel Hill, NC Sun 25 Sutra 31
<b>3</b>		<b>Gulika</b> 10:41AM – 12:26PM	<b>Hasta</b> Until 7:11PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM	Vikarin 5121
Kanya Rasi: 15.29	Tithi 12	<b>Yama</b> 7:10AM – 8:56AM	Vajra* Until 12:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 12:26PM – 2:12PM	Bava Until 10:56AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 9:45PM	Moon – Green		
Until 7:11PM				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chapel Hill, NC Sun 26 Sutra 32
<b>4</b>		<b>Gulika</b> 8:55AM – 10:41AM	<b>Chitra</b> Until 5:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM	Vikarin 5121
Kanya Rasi: 29.44	Tithi 13	<b>Yama</b> 5:24AM – 7:10AM	Siddhi Until 9:49AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 2:12PM – 3:57PM	Kaulava Until 8:39AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:34PM	Moon – Green		
Until 5:45PM				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Chapel Hill, NC Sun 27 Sutra 33
<b>5</b>		<b>Gulika</b> 7:09AM – 8:55AM	<b>Svati</b> Until 4:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM	Vikarin 5121
Tula Rasi: 13.5	Tithi 14 – 15	<b>Yama</b> 3:58PM – 5:43PM	Vyatipata* Until 7:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 10:41AM – 12:26PM	Gara Until 6:35AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:39PM	Moon – Green		
				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>	

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chapel Hill, NC Sun 28 Sutra 34
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 5:23AM – 7:09AM	<b>Vishakha</b> Until 3:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:23AM	Vikarin 5121
Tula Rasi: 27.43	Tithi 15 – 16	<b>Yama</b> 2:12PM – 3:58PM	Parigha* Until 2:32AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 5
	276583469	<b>Rahu</b> 8:55AM – 10:40AM	Balava Until 3:36AM Sun	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:09PM	Moon – Orange		
				<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Chapel Hill, NC Sun 29 Sutra 35
	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:58PM – 5:44PM	<b>Anuradha</b> Until 3:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	Vikarin 5121
Vrischika Rasi: 11.2	Tithi 16 – 17	<b>Yama</b> 12:26PM – 2:12PM	Shiva Until 12:56AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 5
	277583469	<b>Rahu</b> 5:44PM – 7:31PM	Taitila Until 2:56AM Mon	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 3:10PM	Moon – Orange		
				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 24.36 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:13PM – 3:59PM  
**Yama** 10:40AM – 12:26PM  
**Rahu** 7:08AM – 8:54AM

**Jyeshtha\* Until 3:47PM**  
Siddha Until 11:50PM  
Vanija Until 2:55AM Tue  
Dvitiya Until 2:49PM

Chapel Hill, NC  
Sun 1 Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Yellow *Sunrise:* 5:21AM  
**Muruga:** Yellow *Sunset:* 7:31PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**  
**Vaisaka-Vaikasi**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 7.31 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 12:26PM – 2:13PM  
**Yama** 8:54AM – 10:40AM  
**Rahu** 3:59PM – 5:46PM

**Mula\* Until 4:59PM**  
Sadhya Until 11:18PM  
Bava Until 3:37AM Wed  
Tritiya Until 3:10PM

Chapel Hill, NC  
Sun 2 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 5:21AM  
**Muruga:** Yellow *Sunset:* 7:32PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.07 Tithi 19 – 20  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:40AM – 12:26PM  
**Yama** 7:07AM – 8:53AM  
**Rahu** 12:26PM – 2:13PM

**Purvashadha\* Until 6:43PM**  
Subha Until 11:19PM  
Kaulava Until 4:59AM Thu  
Chaturthi\* Until 4:12PM

Chapel Hill, NC  
Sun 3 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 5:20AM  
**Muruga:** Yellow *Sunset:* 7:33PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.24 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 8:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:53AM – 10:40AM  
**Yama** 5:20AM – 7:06AM  
**Rahu** 2:13PM – 4:00PM

**Uttarashadha Until 8:52PM**  
Sukla Until 11:45PM  
Gara Until 6:54AM Fri  
Panchami Until 5:51PM

Chapel Hill, NC  
Sun 4 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 5:20AM  
**Muruga:** Yellow *Sunset:* 7:34PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.29 Tithi 21  
Routine Work Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 7:06AM – 8:53AM  
**Yama** 4:00PM – 5:47PM  
**Rahu** 10:40AM – 12:27PM

**Shravana Until 11:47PM**  
Brahma Until 12:31AM Sat  
Gara Until 6:54AM  
Shashthi\* Until 7:59PM

Chapel Hill, NC  
Sun 5 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Green *Sunrise:* 5:19AM  
**Muruga:** Yellow *Sunset:* 7:34PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.24 Tithi 22  
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 5:18AM – 7:06AM  
**Yama** 2:14PM – 4:01PM  
**Rahu** 8:53AM – 10:40AM

**Dhanishtha Until 2:44AM Sun**  
Indra Until 1:29AM Sun  
Visti Until 9:11AM  
Saptami Until 10:22PM

Chapel Hill, NC  
Sun 6 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 5:18AM  
**Muruga:** Yellow *Sunset:* 7:35PM  
**Nataraja:** Clear  
Moon – Purple

**Devaloka Day**  
**Vaisaka-Vaikasi**

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.16 Tithi 23  
Creative Work Siddha Yoga  
Until 5:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 4:01PM – 5:48PM  
**Yama** 12:27PM – 2:14PM  
**Rahu** 5:48PM – 7:36PM

**Shatabhishak Until 5:32AM Mon**  
Vaidhriti\* Until 2:25AM Mon  
Balava Until 11:37AM  
Ashtami\* Until 12:47AM Mon

Chapel Hill, NC  
Sun 7 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Ganesha:** Blue *Sunrise:* 5:18AM  
**Muruga:** Yellow *Sunset:* 7:36PM  
**Nataraja:** Clear  
Moon – Purple

**Sivaloka Day**  
**Vaisaka-Vaikasi**

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.08 Tithi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 2:14PM – 4:02PM  
**Yama** 10:40AM – 12:27PM  
**Rahu** 7:05AM – 8:52AM

**Purvaproshtapada\* Until 8:26AM Tue**  
Vishkambha\* Until 3:12AM Tue  
Taitila Until 1:57PM  
Navami\* Until 3:00AM Tue

Chapel Hill, NC  
Sun 8 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Ganesha:** Purple *Sunrise:* 5:17AM  
**Muruga:** Yellow *Sunset:* 7:36PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**  
**Vaisaka-Vaikasi**


<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Chapel Hill, NC Sun 9 Sutra 44 Vikarin 5121
Meena Rasi: 2.06	Tithi 25	<b>Gulika</b>	12:27PM – 2:15PM	<b>Purvaproshtapada* Until 8:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:17AM	
		Yama	8:52AM – 10:40AM	Priti Until 3:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:37PM	
		318683469 <b>Rahu</b>	4:02PM – 5:50PM	Vanija Until 4:00PM	<b>Nataraja:</b> Clear	Moon 5 - Phase 7	
Routine Work	Marana Yoga			<b>Dashami Until 4:50AM Wed</b>	Moon – Clear	2nd Phase	
Until 8:26AM					<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Chapel Hill, NC Sun 10 Sutra 45 Vikarin 5121
Meena Rasi: 14.14	Tithi 26	<b>Gulika</b>	10:40AM – 12:27PM	<b>Uttaraproshtapada Until 10:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:17AM	
		Yama	7:04AM – 8:52AM	Ayushman Until 3:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:38PM	
		318683469 <b>Rahu</b>	12:27PM – 2:15PM	Bava Until 5:34PM	<b>Nataraja:</b> Clear	Moon 5 - Phase 7	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM Thu</b>	Moon – Clear	2nd Phase	
Until 10:45AM					<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Chapel Hill, NC Sun 11 Sutra 46 Vikarin 5121
Meena Rasi: 26.35	Tithi 26 – 27	<b>Gulika</b>	8:52AM – 10:40AM	<b>Revati Until 12:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM	
		Yama	5:16AM – 7:04AM	Saubhagya Until 3:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:38PM	
		318683469 <b>Rahu</b>	2:15PM – 4:03PM	Kaulava Until 6:33PM	<b>Nataraja:</b> Clear	Moon 5 - Phase 7	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM</b>	Moon – Clear	2nd Phase	
Until 12:22PM					<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Chapel Hill, NC Sun 12 Sutra 47 Vikarin 5121
Mesha Rasi: 9.13	Tithi 27 – 28	<b>Gulika</b>	7:04AM – 8:52AM	<b>Ashvini Until 1:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM	
		Yama	4:03PM – 5:51PM	Sobhana Until 2:30AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:39PM	
		328683469 <b>Rahu</b>	10:40AM – 12:27PM	Gara Until 6:54PM	<b>Nataraja:</b> Clear	Moon 5 - Phase 7	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 6:47AM</b>	Moon – White	2nd Phase	
Until 1:42PM					<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Chapel Hill, NC Sun 13 Sutra 48 Vikarin 5121
Mesha Rasi: 22.08	Tithi 28 – 29	<b>Gulika</b>	5:15AM – 7:04AM	<b>Bharani Until 2:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM	
		Yama	2:16PM – 4:04PM	Athiganda* Until 1:05AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:40PM	
		329683469 <b>Rahu</b>	8:52AM – 10:40AM	Visti Until 6:37PM	<b>Nataraja:</b> Clear	Moon 5 - Phase 7	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 6:49AM</b>	Moon – White	2nd Phase	
Until 2:14PM					<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	

		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Chapel Hill, NC Sun 14 Sutra 49 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b>	4:04PM – 5:52PM	<b>Krittika Until 2:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM	
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	12:28PM – 2:16PM	Sukarma Until 11:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:40PM	
		329683469 <b>Rahu</b>	5:52PM – 7:40PM	Naga Until 5:05AM Mon	<b>Nataraja:</b> Clear	Moon 5 - Phase 7	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:14AM</b>	Moon – White	Amavasya	
					<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Chapel Hill, NC Sun 15 Sutra 50 Vikarin 5121
Vrishabha Rasi: 18.58	Tithi 1	<b>Gulika</b>	2:16PM – 4:04PM	<b>Rohini Until 1:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM	
<b>Family Home Evening</b>		Yama	10:40AM – 12:28PM	Dhriti Until 9:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:41PM	
		339683469 <b>Rahu</b>	7:03AM – 8:51AM	Kintughna Until 4:22PM	<b>Nataraja:</b> Clear	Moon 5 - Phase 7	
Creative Work	Amrita Yoga			<b>Prathama* Until 3:30AM Tue</b>	Moon – Yellow	Prathama	
					<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>1</b>	<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chapel Hill, NC Sun 16 Sutra 51
	Mithuna Rasi: 2.47	Tithi 2	<b>Gulika</b> 12:28PM – 2:16PM	<b>Mrigashira</b> Until 12:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM	Vikarin 5121
			Yama 8:51AM – 10:40AM	Shula* Until 6:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 8
			339683461 <b>Rahu</b> 4:05PM – 5:53PM	Balava Until 2:35PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya</b> Until 1:34AM Wed	Moon – Yellow	<b>Bhuloka Day</b>		
Until 12:39PM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Chapel Hill, NC Sun 17 Sutra 52
	Mithuna Rasi: 16.49	Tithi 3	<b>Gulika</b> 10:40AM – 12:28PM	<b>Ardra</b> Until 11:14AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:14AM	Vikarin 5121
			Yama 7:03AM – 8:51AM	Ganda* Until 3:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 8
			339683461 <b>Rahu</b> 12:28PM – 2:17PM	Taitila Until 12:31PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya</b> Until 11:23PM	Moon – Yellow	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Chapel Hill, NC Sun 18 Sutra 53
	Kataka Rasi: 1	Tithi 4	<b>Gulika</b> 8:51AM – 10:40AM	<b>Punarvasu</b> Until 9:55AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Vikarin 5121
			Yama 5:14AM – 7:03AM	Vridhhi Until 12:48PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 8
			349683461 <b>Rahu</b> 2:17PM – 4:06PM	Vanija Until 10:15AM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work Amrita Yoga			<b>Chaturthi*</b> Until 9:04PM	Moon – Blue	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		

<b>4</b>	<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Chapel Hill, NC Sun 19 Sutra 54
	Kataka Rasi: 15.15	Tithi 5	<b>Gulika</b> 7:03AM – 8:51AM	<b>Pushya</b> Until 8:21AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Vikarin 5121
			Yama 4:06PM – 5:55PM	Dhruva Until 9:49AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 8
			349683461 <b>Rahu</b> 10:40AM – 12:29PM	Bava Until 7:54AM	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work Marana Yoga			<b>Panchami</b> Until 6:42PM	Moon – Blue	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		

<b>5</b>	<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Chapel Hill, NC Sun 20 Sutra 55
	Kataka Rasi: 29.32	Tithi 6 – 7	<b>Gulika</b> 5:14AM – 7:03AM	<b>Ashlesha*</b> Until 6:38AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Vikarin 5121
			Yama 2:17PM – 4:06PM	Vyaghata* Until 6:50AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 8
			349683461 <b>Rahu</b> 8:51AM – 10:40AM	Gara Until 3:12AM Sun	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work Marana Yoga			<b>Shashthi*</b> Until 4:20PM	Moon – Blue	<b>Bhuloka Day</b>		
Until 6:38AM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

<b>☾</b>	<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chapel Hill, NC Sun 21 Sutra 56
	<b>Retreat Star</b>		<b>Gulika</b> 4:07PM – 5:55PM	<b>Purvaphalguni</b> Until 3:48AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM	Vikarin 5121
	Simha Rasi: 13.46	Tithi 7 – 8	Yama 12:29PM – 2:18PM	Vajra* Until 1:00AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 8
			351683461 <b>Rahu</b> 5:55PM – 7:44PM	Visti Until 12:58AM Mon	<b>Nataraja:</b> Yellow		Ashtami
Creative Work Siddha Yoga			<b>Saptami</b> Until 2:03PM	Moon – Red	<b>Devaloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>			

<b>☾</b>	<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chapel Hill, NC Sun 22 Sutra 57
	<b>Retreat Star</b>		<b>Gulika</b> 2:18PM – 4:07PM	<b>Uttaraphalguni</b> Until 2:21AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM	Vikarin 5121
	Simha Rasi: 27.57	Tithi 8 – 9	Yama 10:40AM – 12:29PM	Siddhi Until 10:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 8
	<b>Family Home Evening</b>		351683461 <b>Rahu</b> 7:03AM – 8:51AM	Balava Until 10:51PM	<b>Nataraja:</b> Yellow		Navami
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 11:52AM	Moon – Red	<b>Devaloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>			

<b>1</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chapel Hill, NC Sun 23 Sutra 58
Kanya Rasi: 12.02	Tithi 9 – 10	<b>Gulika</b>	12:29PM – 2:18PM	<b>Hasta</b> Until 1:21AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
		Yama	8:51AM – 10:40AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 9	
		361683461 <b>Rahu</b>	4:07PM – 5:56PM	Taitila Until 8:53PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Navami*</b> Until 9:49AM	Moon – Green		<b>Bhuloka Day</b>	
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chapel Hill, NC Sun 24 Sutra 59
Kanya Rasi: 26.01	Tithi 10 – 11	<b>Gulika</b>	10:41AM – 12:30PM	<b>Chitra</b> Until 12:25AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
		Yama	7:03AM – 8:52AM	Variyan Until 5:07PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 9	
		361683461 <b>Rahu</b>	12:30PM – 2:19PM	Vanija Until 7:08PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Dashami</b> Until 7:58AM	Moon – Green		<b>Bhuloka Day</b>	
Until 12:25AM Thu					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Chapel Hill, NC Sun 25 Sutra 60
Tula Rasi: 9.52	Tithi 11 – 12	<b>Gulika</b>	8:52AM – 10:41AM	<b>Svati</b> Until 11:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
		Yama	5:14AM – 7:03AM	Parigha* Until 2:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 9	
		361683461 <b>Rahu</b>	2:19PM – 4:08PM	Balava Until 5:00AM Fri	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Amrita Yoga			<b>Ekadashi</b> Until 6:20AM	Moon – Green		<b>Bhuloka Day</b>	
Until 11:37PM					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chapel Hill, NC Sun 26 Sutra 61
Tula Rasi: 23.31	Tithi 13	<b>Gulika</b>	7:03AM – 8:52AM	<b>Vishakha</b> Until 11:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
		Yama	4:08PM – 5:57PM	Shiva Until 12:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 9	
		371693461 <b>Rahu</b>	10:41AM – 12:30PM	Kaulava Until 4:29PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi</b> Until 4:01AM Sat	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>			<b>Jyeshtha-Vaikasi</b>			
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Chapel Hill, NC Sun 27 Sutra 62
Vrischika Rasi: 6.58	Tithi 14	<b>Gulika</b>	5:14AM – 7:03AM	<b>Anuradha</b> Until 11:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
		Yama	2:19PM – 4:08PM	Siddha Until 11:09AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 9	
		371793461 <b>Rahu</b>	8:52AM – 10:41AM	Gara Until 3:43PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 3:29AM Sun	Moon – Orange		<b>Subha Sivaloka Day</b>	
					<b>Jyeshtha-Ani</b>			

<b>○</b>		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Chapel Hill, NC Sun 28 Sutra 63
<b>Copper Retreat Star</b>		<b>Gulika</b>	4:09PM – 5:58PM	<b>Jyeshtha*</b> Until 11:59PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
Vrischika Rasi: 20.11	Tithi 15	Yama	12:30PM – 2:20PM	Sadhya Until 9:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 9	
		371793461 <b>Rahu</b>	5:58PM – 7:47PM	Visti Until 3:25PM	<b>Nataraja:</b> Yellow		Purnima	
Routine Work	Marana Yoga			<b>Purnima*</b> Until 3:27AM Mon	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 11:59PM		<b>Father's Day</b>			<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga								

<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Chapel Hill, NC Sun 29 Sutra 64		
<b>Silver Retreat Star</b>		<b>Gulika</b>	2:20PM – 4:09PM	<b>Mula*</b> Until 1:16AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:14AM	Vikarin 5121	
Dhanus Rasi: 3.07	Tithi 16	Yama	10:41AM – 12:31PM	Subha Until 8:55AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 9	
<b>Family Home Evening</b>		381793461 <b>Rahu</b>	7:03AM – 8:52AM	Balava Until 3:39PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 3:58AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>	
					<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Chapel Hill, NC  
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

381793461

**Gulika** 12:31PM – 2:20PM  
**Yama** 8:52AM – 10:42AM  
**Rahu** 4:09PM – 5:58PM

**Purvashadha\* Until 2:57AM Wed**  
Sukla Until 8:26AM  
Tailila Until 4:28PM  
**Dvitiya Until 5:03AM Wed**

**Ganesha:** Clear *Sunrise: 5:14AM*  
**Muruqa:** Blue *Sunset: 7:48PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 2:57AM Wed  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chapel Hill, NC  
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

382793461

**Gulika** 10:42AM – 12:31PM  
**Yama** 7:03AM – 8:53AM  
**Rahu** 12:31PM – 2:20PM

**Uttarashadha Until 4:59AM Thu**  
Brahma Until 8:24AM  
Vanija Until 5:49PM  
**Tritiya Until 6:40AM Thu**

**Ganesha:** Purple *Sunrise: 5:14AM*  
**Muruqa:** Blue *Sunset: 7:48PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 4:59AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Chapel Hill, NC  
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

392793461

**Gulika** 8:53AM – 10:42AM  
**Yama** 5:14AM – 7:03AM  
**Rahu** 2:20PM – 4:10PM

**Shravana Until 7:46AM Fri**  
Indra Until 8:47AM  
Bava Until 7:40PM  
**Tritiya Until 6:40AM**

**Ganesha:** Clear *Sunrise: 5:14AM*  
**Muruqa:** Blue *Sunset: 7:48PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chapel Hill, NC  
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

392793461

**Gulika** 7:04AM – 8:53AM  
**Yama** 4:10PM – 5:59PM  
**Rahu** 10:42AM – 12:31PM

**Shravana Until 7:46AM**  
Vaidhriti\* Until 9:27AM  
Kaulava Until 9:51PM  
**Chaturthi\* Until 8:42AM**

**Ganesha:** Clear *Sunrise: 5:14AM*  
**Muruqa:** Blue *Sunset: 7:48PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Chapel Hill, NC  
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

392793461

**Gulika** 5:15AM – 7:04AM  
**Yama** 2:21PM – 4:10PM  
**Rahu** 8:53AM – 10:42AM

**Dhanishtha Until 10:39AM**  
Vishkambha\* Until 10:21AM  
Gara Until 12:13AM Sun  
**Panchami Until 11:00AM**

**Ganesha:** Clear *Sunrise: 5:15AM*  
**Muruqa:** Blue *Sunset: 7:49PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 10:39AM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chapel Hill, NC  
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

392793461

**Gulika** 4:10PM – 6:00PM  
**Yama** 12:32PM – 2:21PM  
**Rahu** 6:00PM – 7:49PM

**Shatabhishak Until 1:27PM**  
Priti Until 11:20AM  
Visti Until 2:35AM Mon  
**Shashthi\* Until 1:24PM**

**Ganesha:** Clear *Sunrise: 5:15AM*  
**Muruqa:** Blue *Sunset: 7:49PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chapel Hill, NC  
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

312793461

**Gulika** 2:21PM – 4:10PM  
**Yama** 10:43AM – 12:32PM  
**Rahu** 7:04AM – 8:54AM

**Purvaprosarthapada\* Until 4:29PM**  
Ayushman Until 12:12PM  
Balava Until 4:45AM Tue  
**Saptami Until 3:41PM**

**Ganesha:** Yellow *Sunrise: 5:15AM*  
**Muruqa:** Blue *Sunset: 7:49PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

**Family Home Evening**  
Routine Work Marana Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Chapel Hill, NC  
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

312793461

**Gulika** 12:32PM – 2:21PM  
**Yama** 8:54AM – 10:43AM  
**Rahu** 4:11PM – 6:00PM

**Uttaraprosarthapada Until 7:03PM**  
Saubhagya Until 12:53PM  
Tailila Until 6:31AM Wed  
**Ashtami\* Until 5:40PM**

**Ganesha:** Yellow *Sunrise: 5:15AM*  
**Muruqa:** Blue *Sunset: 7:49PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga  
Until 7:03PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Tailila/Gara Karana Navamyam Titau

Chapel Hill, NC  
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

312793461

**Gulika** 10:43AM – 12:32PM  
**Yama** 7:05AM – 8:54AM  
**Rahu** 12:32PM – 2:22PM

**Revati Until 8:59PM**  
Sobhana Until 1:14PM  
Tailila Until 6:31AM  
**Navami\* Until 7:10PM**

**Ganesha:** Yellow *Sunrise: 5:16AM*  
**Muruqa:** Blue *Sunset: 7:49PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

**Sivaloka Day**


<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau			Chapel Hill, NC Sun 9 Sutra 74
Mesha Rasi: 4.35	Tithi 25	<b>Gulika</b> 8:54AM – 10:44AM	<b>Ashvini</b> Until 10:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM	Vikarin 5121	
		Yama 5:16AM – 7:05AM	Athiganda* Until 1:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 2:22PM – 4:11PM	Vanija Until 7:43AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:04PM	Moon – White		<b>Devaloka Day</b>	
Until 10:38PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau			Chapel Hill, NC Sun 10 Sutra 75
Mesha Rasi: 17.14	Tithi 26	<b>Gulika</b> 7:06AM – 8:55AM	<b>Bharani</b> Until 11:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM	Vikarin 5121	
		Yama 4:11PM – 6:00PM	Sukarma Until 12:27PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 10:44AM – 12:33PM	Bava Until 8:16AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:15PM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Chapel Hill, NC Sun 11 Sutra 76
Vrishabha Rasi: 0.15	Tithi 27	<b>Gulika</b> 5:17AM – 7:06AM	<b>Krittika</b> Until 11:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:17AM	Vikarin 5121	
		Yama 2:22PM – 4:11PM	Dhriti Until 11:14AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 8:55AM – 10:44AM	Kaulava Until 8:06AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 7:43PM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			Chapel Hill, NC Sun 12 Sutra 77
Vrishabha Rasi: 13.38	Tithi 28	<b>Gulika</b> 4:11PM – 6:00PM	<b>Rohini</b> Until 10:56PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:17AM	Vikarin 5121	
		Yama 12:33PM – 2:22PM	Shula* Until 9:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 6:00PM – 7:49PM	Gara Until 7:12AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:29PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Chapel Hill, NC Sun 13 Sutra 78
Vrishabha Rasi: 27.25	Tithi 29 – 30	<b>Gulika</b> 2:22PM – 4:11PM	<b>Mrigashira</b> Until 9:46PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:44AM – 12:33PM	Ganda* Until 7:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 7:07AM – 8:56AM	Catuspada Until 3:33AM Tue	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:39PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 9:46PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Chapel Hill, NC Sun 14 Sutra 79
<b>Retreat Star</b>		<b>Gulika</b> 12:34PM – 2:22PM	<b>Ardra</b> Until 7:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:56AM – 10:45AM	Dhruva Until 1:12AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		333793461 <b>Rahu</b> 4:11PM – 6:00PM	Kintughna Until 1:00AM Wed	<b>Nataraja:</b> Yellow		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 2:18PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 7:59PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Chapel Hill, NC Sun 15 Sutra 80
Mithuna Rasi: 25.57	Tithi 1 – 2	<b>Gulika</b> 10:45AM – 12:34PM	<b>Punarvasu</b> Until 6:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
		Yama 7:07AM – 8:56AM	Vyaghata* Until 9:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		343793461 <b>Rahu</b> 12:34PM – 2:23PM	Balava Until 10:10PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:36AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada-Ani</b>			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Chapel Hill, NC Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 – 3	<b>Gulika</b> 8:57AM – 10:45AM	<b>Pushya</b> Until 3:58PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:19AM			Vikarin 5121
		Yama 5:19AM – 7:08AM	Harshana Until 6:19PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM			Moon 6 - Phase 12
		343793461 <b>Rahu</b> 2:23PM – 4:11PM	Taitila Until 7:10PM	<b>Nataraja:</b> Yellow				3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 8:39AM	Moon – Blue			<b>Sivaloka Day</b>	
Until 3:58PM				<b>Ashada*Ani</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau				Chapel Hill, NC Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	<b>Gulika</b> 7:08AM – 8:57AM	<b>Ashlesha*</b> Until 1:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM			Vikarin 5121
		Yama 4:11PM – 6:00PM	Vajra* Until 2:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM			Moon 6 - Phase 12
		343793461 <b>Rahu</b> 10:45AM – 12:34PM	Vanija Until 4:08PM	<b>Nataraja:</b> Yellow				3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 2:37AM Sat	Moon – Blue			<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>				

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Chapel Hill, NC Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	<b>Gulika</b> 5:20AM – 7:09AM	<b>Magha*</b> Until 11:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM			Vikarin 5121
		Yama 2:23PM – 4:11PM	Siddhi Until 11:17AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM			Moon 6 - Phase 12
		343793461 <b>Rahu</b> 8:57AM – 10:46AM	Bava Until 1:11PM	<b>Nataraja:</b> Yellow				3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 11:46PM	Moon – Red			<b>Subha Sivaloka Day</b>	
Until 11:37AM				<b>Ashada*Ani</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Chapel Hill, NC Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	<b>Gulika</b> 4:11PM – 6:00PM	<b>Purvaphalguni</b> Until 9:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM			Vikarin 5121
		Yama 12:34PM – 2:23PM	Vyatipata* Until 7:59AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:48PM			Moon 6 - Phase 12
		453793461 <b>Rahu</b> 6:00PM – 7:48PM	Kaulava Until 10:27AM	<b>Nataraja:</b> Yellow				3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:10PM	Moon – Red			<b>Sivaloka Day</b>	
Until 9:40AM				<b>Ashada*Ani</b>				
Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>						

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Chapel Hill, NC Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	<b>Gulika</b> 2:23PM – 4:11PM	<b>Uttaraphalguni</b> Until 7:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM			Vikarin 5121
<b>Family Home Evening</b>		Yama 10:46AM – 12:35PM	Parigha* Until 2:06AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:48PM			Moon 6 - Phase 12
		453793461 <b>Rahu</b> 7:10AM – 8:58AM	Gara Until 8:00AM	<b>Nataraja:</b> Yellow				3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:53PM	Moon – Red			<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chapel Hill, NC Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 – 9	<b>Gulika</b> 12:35PM – 2:23PM	<b>Hasta</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:22AM			Vikarin 5121
		Yama 8:58AM – 10:46AM	Shiva Until 11:39PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:48PM			Moon 6 - Phase 12
		463793461 <b>Rahu</b> 4:11PM – 6:00PM	Balava Until 4:14AM Wed	<b>Nataraja:</b> Yellow				Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:00PM	Moon – Green			<b>Subha Sivaloka Day</b>	
				<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chapel Hill, NC Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 – 10	<b>Gulika</b> 10:47AM – 12:35PM	<b>Svati</b> Until 5:15AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM			Vikarin 5121
		Yama 7:10AM – 8:59AM	Siddha Until 9:32PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM			Moon 6 - Phase 12
		463893461 <b>Rahu</b> 12:35PM – 2:23PM	Taitila Until 3:00AM Thu	<b>Nataraja:</b> Yellow				Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:32PM	Moon – Green			<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

1	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chapel Hill, NC Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	<b>Gulika</b> 8:59AM – 10:47AM	<b>Vishakha</b> Until 5:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:23AM	Vikarin 5121
			Yama 5:23AM – 7:11AM	Sadhya Until 7:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 2:23PM – 4:11PM	Vanija Until 2:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami</b> Until 2:32PM	<b>Ashada•Ani</b>	<b>Devaloka Day</b>		

2	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chapel Hill, NC Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	<b>Gulika</b> 7:11AM – 8:59AM	<b>Anuradha</b> Until 5:54AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:24AM	Vikarin 5121
			Yama 4:11PM – 5:59PM	Subha Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 10:47AM – 12:35PM	Bava Until 1:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi</b> Until 2:00PM	<b>Ashada•Ani</b>	<b>Devaloka Day</b>		

3	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chapel Hill, NC Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	<b>Gulika</b> 5:24AM – 7:12AM	<b>Jyeshtha*</b> Until 6:43AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:24AM	Vikarin 5121
			Yama 2:23PM – 4:11PM	Sukla Until 5:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 9:00AM – 10:47AM	Kaulava Until 2:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase
Until 6:43AM Sun Then Creative Work - Amrita Yoga			<b>Dvadashi</b> Until 1:56PM	<b>Ashada•Ani</b>	<b>Devaloka Day</b>		
							<i>Pradosha Vrata</i>

4	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Chapel Hill, NC Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	<b>Gulika</b> 4:11PM – 5:58PM	<b>Jyeshtha*</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:25AM	Vikarin 5121
			Yama 12:35PM – 2:23PM	Brahma Until 4:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 <b>Rahu</b> 5:58PM – 7:46PM	Gara Until 2:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase
Until 6:43AM Then Creative Work - Amrita Yoga			<b>Trayodashi</b> Until 2:22PM	<b>Ashada•Ani</b>	<b>Devaloka Day</b>		

5	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chapel Hill, NC Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	<b>Gulika</b> 2:23PM – 4:10PM	<b>Mula*</b> Until 8:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:25AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:48AM – 12:35PM	Indra Until 4:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 7:13AM – 9:00AM	Visti Until 3:54AM Tue	<b>Nataraja:</b> Yellow		4th Phase
Until 8:18AM Then Routine Work - Marana Yoga			<b>Chaturdashi*</b> Until 3:16PM	<b>Ashada•Ani</b>	<b>Sivaloka Day</b>		

○	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chapel Hill, NC Sun 28 Sutra 93
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:36PM – 2:23PM	<b>Purvashadha*</b> Until 10:10AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Vikarin 5121
	Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 9:01AM – 10:48AM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 4:10PM – 5:58PM	Balava Until 5:28AM Wed	<b>Nataraja:</b> Yellow		Purnima
Until 10:10AM Then Routine Work - Prabalarishta Yoga			<b>Purnima*</b> Until 4:37PM	<b>Ashada•Adi</b>	<b>Sivaloka Day</b>		
<b>Partial Lunar Eclipse Satguru Purnima</b>							

○	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Chapel Hill, NC Sun 29 Sutra 94
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:48AM – 12:36PM	<b>Uttarashadha</b> Until 12:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:27AM	Vikarin 5121
	Makara Rasi: 6.44	Tithi 16	Yama 7:14AM – 9:01AM	Vishkambha* Until 5:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 <b>Rahu</b> 12:36PM – 2:23PM	Kaulava Until 6:23PM	<b>Nataraja:</b> White		Prathama
Until 12:18PM Then Creative Work - Siddha Yoga			<b>Prathama*</b> Until 6:23PM	<b>Ashada•Adi</b>	<b>Subha Subha Sivaloka Day</b>		



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 18.47    Tithi 17  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 9:02AM – 10:49AM    **Shravana Until 3:05PM**  
Yama 5:27AM – 7:15AM    Priti Until 5:57PM  
Rahu 2:23PM – 4:10PM    Taitila Until 7:24AM  
Dvitiya Until 8:28PM

Chapel Hill, NC  
Sun 1    Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 5:27AM  
Sunset: 7:44PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Kumbha Rasi: 0.44    Tithi 18  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 7:15AM – 9:02AM    **Dhanishtha Until 5:57PM**  
Yama 4:10PM – 5:57PM    Ayushman Until 6:49PM  
Rahu 10:49AM – 12:36PM    Vanija Until 9:37AM  
Tritiya Until 10:47PM

Chapel Hill, NC  
Sun 2    Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 5:28AM  
Sunset: 7:43PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 12.37    Tithi 19  
494893462 Rahu  
Creative Work    Amrita Yoga  
Until 8:45PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 5:29AM – 7:16AM    **Shatabhishak Until 8:45PM**  
Yama 2:23PM – 4:09PM    Saubhagya Until 7:48PM  
Rahu 9:02AM – 10:49AM    Bava Until 12:00PM  
Chaturthi\* Until 1:12AM Sun

Chapel Hill, NC  
Sun 3    Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 5:29AM  
Sunset: 7:43PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
Subha Sivaloka Day  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 24.28    Tithi 20  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 4:09PM – 5:56PM    **Purvaproshtapada\* Until 11:53PM**  
Yama 12:36PM – 2:22PM    Sobhana Until 8:46PM  
Rahu 5:56PM – 7:42PM    Kaulava Until 2:25PM  
Panchami Until 3:34AM Mon

Chapel Hill, NC  
Sun 4    Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 5:30AM  
Sunset: 7:42PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 6.22    Tithi 21  
414893462 Rahu  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 2:22PM – 4:09PM    **Uttaraproshtapada Until 2:40AM Tue**  
Yama 10:50AM – 12:36PM    Athiganda\* Until 9:35PM  
Rahu 7:17AM – 9:03AM    Gara Until 4:42PM  
Shashthi\* Until 5:44AM Tue

Chapel Hill, NC  
Sun 5    Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 5:30AM  
Sunset: 7:42PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 18.19    Tithi 22  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 4:57AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\* Karana Saptamyam Titau  
**Gulika** 12:36PM – 2:22PM    **Revati Until 4:57AM Wed**  
Yama 9:03AM – 10:50AM    Sukarma Until 10:11PM  
Rahu 4:08PM – 5:55PM    Visti Until 6:42PM  
Saptami Until 7:32AM Wed

Chapel Hill, NC  
Sun 6    Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 5:31AM  
Sunset: 7:41PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
Subha Sivaloka Day  
Tour Day  
Ashada-Adi

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Mesha Rasi: 0.26    Tithi 22 – 23  
424893462 Rahu  
Routine Work    Marana Yoga  
Until 7:04AM Thu  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 10:50AM – 12:36PM    **Ashvini Until 7:04AM Thu**  
Yama 7:18AM – 9:04AM    Dhriti Until 10:26PM  
Rahu 12:36PM – 2:22PM    Balava Until 8:16PM  
Saptami Until 7:32AM

Chapel Hill, NC  
Sun 7    Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami  
Sunrise: 5:32AM  
Sunset: 7:40PM  
Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon – White  
Subha Subha Sivaloka Day  
Ashada-Adi

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 12.46    Tithi 23 – 24  
424893462 Rahu  
Creative Work    Amrita Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 9:04AM – 10:50AM    **Ashvini Until 7:04AM**  
Yama 5:32AM – 7:18AM    Shula\* Until 10:10PM  
Rahu 2:22PM – 4:08PM    Taitila Until 9:13PM  
Ashtami\* Until 8:48AM

Chapel Hill, NC  
Sun 8    Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami  
Sunrise: 5:32AM  
Sunset: 7:40PM  
Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon – White  
Subha Subha Sivaloka Day  
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>	<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Chapel Hill, NC	
	Mesha Rasi: 25.23	Tithi 24 – 25	424893462	<b>Gulika</b> 7:19AM – 9:05AM Yama 4:07PM – 5:53PM <b>Rahu</b> 10:50AM – 12:36PM	<b>Bharani</b> <b>Until 8:23AM</b> Ganda* <b>Until 9:22PM</b> Vanija <b>Until 9:27PM</b> <b>Navami* Until 9:25AM</b>	Ganesha: White Muruqa: Blue Nataraja: White Moon – White <b>Ashada-Adi</b>	Sunrise: 5:33AM Sunset: 7:39PM Moon 7 - Phase 15 2nd Phase <b>Subha Subha Sivaloka Day</b>	Sun 9 Sutra 103 Vikarin 5121
	Creative Work	Siddha Yoga						

<b>2</b>	<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Chapel Hill, NC	
	Wrishabha Rasi: 8.21	Tithi 25 – 26	424893462	<b>Gulika</b> 5:34AM – 7:19AM Yama 2:21PM – 4:07PM <b>Rahu</b> 9:05AM – 10:50AM	<b>Krittika</b> <b>Until 8:49AM</b> Vriddhi <b>Until 7:57PM</b> Bava <b>Until 8:55PM</b> <b>Dashami Until 9:16AM</b>	Ganesha: White Muruqa: Blue Nataraja: White Moon – White <b>Ashada-Adi</b>	Sunrise: 5:34AM Sunset: 7:39PM Moon 7 - Phase 15 2nd Phase <b>Subha Subha Sivaloka Day</b>	Sun 10 Sutra 104 Vikarin 5121
	Creative Work	Amrita Yoga						

<b>3</b>	<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chapel Hill, NC	
	Wrishabha Rasi: 21.44	Tithi 26 – 27	424893462	<b>Gulika</b> 4:07PM – 5:52PM Yama 12:36PM – 2:21PM <b>Rahu</b> 5:52PM – 7:37PM	<b>Rohini</b> <b>Until 8:47AM</b> Dhruva <b>Until 5:53PM</b> Kaulava <b>Until 7:36PM</b> <b>Ekadashi* Until 8:20AM</b>	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow <b>Ashada-Adi</b>	Sunrise: 5:35AM Sunset: 7:37PM Moon 7 - Phase 15 2nd Phase <b>Subha Sivaloka Day</b>	Sun 11 Sutra 105 Vikarin 5121
	Creative Work	Siddha Yoga						

<b>4</b>	<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tautila/Vanija Karana Dvadashi/Trayodashyam Titau				Chapel Hill, NC	
	Mithuna Rasi: 5.34	Tithi 27 – 28	435893462	<b>Gulika</b> 2:21PM – 4:06PM Yama 10:51AM – 12:36PM <b>Rahu</b> 7:21AM – 9:06AM	<b>Mrigashira</b> <b>Until 7:51AM</b> Vyaghata* <b>Until 3:14PM</b> Vanija <b>Until 4:19AM Tue</b> <b>Dvadashi* Until 6:39AM</b>	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow <b>Ashada-Adi</b>	Sunrise: 5:35AM Sunset: 7:36PM Moon 7 - Phase 15 2nd Phase <b>Sivaloka Day</b>	Sun 12 Sutra 106 Vikarin 5121
	<b>Family Home Evening</b>	Creative Work	Amrita Yoga					
	Until 7:51AM	Then Creative Work - Siddha Yoga						

<b>5</b>	<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chapel Hill, NC	
	Mithuna Rasi: 19.5	Tithi 29	435893462	<b>Gulika</b> 12:36PM – 2:21PM Yama 9:06AM – 10:51AM <b>Rahu</b> 4:06PM – 5:51PM	<b>Ardra</b> <b>Until 6:07AM</b> Harshana <b>Until 12:07PM</b> Visti <b>Until 2:57PM</b> <b>Chaturdashi* Until 1:27AM Wed</b>	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow <b>Ashada-Adi</b>	Sunrise: 5:36AM Sunset: 7:36PM Moon 7 - Phase 15 2nd Phase <b>Sivaloka Day</b>	Sun 13 Sutra 107 Vikarin 5121
	Routine Work	Marana Yoga						
	Until 6:07AM	Then Creative Work - Siddha Yoga						

	<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chapel Hill, NC	
	<b>Retreat Star</b>		445893462	<b>Gulika</b> 10:51AM – 12:36PM Yama 7:22AM – 9:06AM <b>Rahu</b> 12:36PM – 2:21PM	<b>Pushya</b> <b>Until 1:40AM Thu</b> Vajra* <b>Until 8:33AM</b> Catuspada <b>Until 11:52AM</b> <b>Amavasya* Until 10:11PM</b>	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue <b>Ashada-Adi</b>	Sunrise: 5:37AM Sunset: 7:35PM Moon 7 - Phase 15 Amavasya <b>Sivaloka Day</b>	Sun 14 Sutra 108 Vikarin 5121
	Kataka Rasi: 4.28	Tithi 30						
	Creative Work	Siddha Yoga						

<b>Retreat Star</b>	<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Chapel Hill, NC	
	Kataka Rasi: 19.22	Tithi 1	445893462	<b>Gulika</b> 9:07AM – 10:51AM Yama 5:38AM – 7:22AM <b>Rahu</b> 2:20PM – 4:05PM	<b>Ashlesha* Until 10:50PM</b> Vyatipata* <b>Until 12:45AM Fri</b> Kintughna <b>Until 8:28AM</b> <b>Prathama* Until 6:41PM</b>	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue <b>Sravana-Adi</b>	Sunrise: 5:38AM Sunset: 7:34PM Moon 7 - Phase 15 Prathama <b>Sivaloka Day</b>	Sun 15 Sutra 109 Vikarin 5121
	Creative Work	Siddha Yoga						
	Until 10:50PM	Then Creative Work - Amrita Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Chapel Hill, NC Sun 16 Sutra 110	
Simha Rasi: 4.24	Tithi 2 – 3	<b>Gulika</b> 7:23AM – 9:07AM	<b>Magha* Until 8:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:38AM		Vikarin 5121
		Yama 4:04PM – 5:49PM	Variyan Until 8:43PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 10:51AM – 12:36PM	Taitila Until 1:22AM Sat	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 3:07PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 8:13PM				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Chapel Hill, NC Sun 17 Sutra 111	
Simha Rasi: 19.26	Tithi 3 – 4	<b>Gulika</b> 5:39AM – 7:23AM	<b>Purvaphalguni Until 5:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM		Vikarin 5121
		Yama 2:20PM – 4:04PM	Parigha* Until 4:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 9:07AM – 10:52AM	Vanija Until 9:57PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:37AM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 5:36PM				<b>Sravana-Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Chapel Hill, NC Sun 18 Sutra 112	
Kanya Rasi: 4.19	Tithi 4 – 5	<b>Gulika</b> 4:03PM – 5:47PM	<b>Uttaraphalguni Until 3:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:40AM		Vikarin 5121
		Yama 12:36PM – 2:19PM	Shiva Until 1:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 7 - Phase 16
		455993462 <b>Rahu</b> 5:47PM – 7:31PM	Bava Until 6:51PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 8:20AM</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana-Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Chapel Hill, NC Sun 19 Sutra 113	
Kanya Rasi: 18.57	Tithi 6	<b>Gulika</b> 2:19PM – 4:03PM	<b>Hasta Until 1:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:52AM – 12:35PM	Siddha Until 9:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 7:24AM – 9:08AM	Kaulava Until 4:10PM	<b>Nataraja:</b> White			3rd Phase
Until 1:17PM			<b>Shashthi* Until 3:00AM Tue</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Sravana-Adi</b>			

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Chapel Hill, NC Sun 20 Sutra 114	
Tula Rasi: 3.13	Tithi 7	<b>Gulika</b> 12:35PM – 2:19PM	<b>Chitra Until 11:52AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM		Vikarin 5121
		Yama 9:08AM – 10:52AM	Sadhya Until 6:48AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 4:02PM – 5:46PM	Gara Until 2:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 1:10AM Wed</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	<b>Tour Day</b>
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Chapel Hill, NC Sun 21 Sutra 115	
Tula Rasi: 17.07	Tithi 8	<b>Gulika</b> 10:52AM – 12:35PM	<b>Svati Until 10:54AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM		Vikarin 5121
		Yama 7:26AM – 9:09AM	Sukla Until 2:25AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 12:35PM – 2:18PM	Visti Until 12:30PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:59PM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Chapel Hill, NC Sun 22 Sutra 116	
Vrischika Rasi: 0.37	Tithi 9	<b>Gulika</b> 9:09AM – 10:52AM	<b>Vishakha Until 10:54AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:43AM		Vikarin 5121
		Yama 5:43AM – 7:26AM	Brahma Until 1:02AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM		Moon 7 - Phase 16
		476993462 <b>Rahu</b> 2:18PM – 4:01PM	Balava Until 11:39AM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 11:28PM</b>	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Chapel Hill, NC Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	476993462	<b>Gulika</b> 7:27AM – 9:09AM <b>Yama</b> 4:00PM – 5:43PM <b>Rahu</b> 10:52AM – 12:35PM	<b>Anuradha Until 11:24AM</b> Indra Until 12:10AM Sat Taitila Until 11:28AM <b>Dashami Until 11:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:26PM <b>Nataraja:</b> White Moon – Orange <b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Varalakshmi Vratam</b>		
Until 11:24AM					
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Chapel Hill, NC Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	476993462	<b>Gulika</b> 5:45AM – 7:27AM <b>Yama</b> 2:17PM – 4:00PM <b>Rahu</b> 9:10AM – 10:52AM	<b>Jyeshtha* Until 12:22PM</b> Vaidhriti* Until 11:45PM Vanija Until 11:55AM <b>Ekadashi Until 12:20AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:25PM <b>Nataraja:</b> White Moon – Orange <b>Sivaloka Day</b>
Creative Work	Siddha Yoga				

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Chapel Hill, NC Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	486993462	<b>Gulika</b> 3:59PM – 5:41PM <b>Yama</b> 12:35PM – 2:17PM <b>Rahu</b> 5:41PM – 7:24PM	<b>Mula* Until 2:12PM</b> Vishkambha* Until 11:46PM Bava Until 12:56PM <b>Dvodashi Until 1:36AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:24PM <b>Nataraja:</b> White Moon – Light Blue <b>Subha Sivaloka Day</b>
Creative Work	Amrita Yoga				
Until 2:12PM					
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Chapel Hill, NC Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	486993462	<b>Gulika</b> 2:17PM – 3:59PM <b>Yama</b> 10:52AM – 12:34PM <b>Rahu</b> 7:28AM – 9:10AM	<b>Purvashadha* Until 4:20PM</b> Priti Until 12:07AM Tue Kaulava Until 2:25PM <b>Trayodashi Until 3:17AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:23PM <b>Nataraja:</b> White Moon – Light Blue <b>Subha Sivaloka Day</b>
Family Home Evening					
Routine Work	Marana Yoga				

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Chapel Hill, NC Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	486993462	<b>Gulika</b> 12:34PM – 2:16PM <b>Yama</b> 9:11AM – 10:52AM <b>Rahu</b> 3:58PM – 5:40PM	<b>Uttarashadha Until 6:38PM</b> Ayushman Until 12:42AM Wed Gara Until 4:16PM <b>Chaturdashi* Until 5:18AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:22PM <b>Nataraja:</b> White Moon – Light Blue <b>Subha Sivaloka Day</b>
Routine Work	Prabalarishta Yoga				<b>Tour Day</b>
Until 6:38PM					
Then Creative Work - Siddha Yoga					

<b>○</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau	Chapel Hill, NC Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>			<b>Gulika</b> 10:53AM – 12:34PM <b>Yama</b> 7:29AM – 9:11AM <b>Rahu</b> 12:34PM – 2:16PM	<b>Shravana Until 9:33PM</b> Saubhagya Until 1:29AM Thu Visti Until 6:25PM <b>Purnima* Until 7:32AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:20PM <b>Nataraja:</b> White Moon – Purple <b>Sivaloka Day</b>
Makara Rasi: 15.35	Tithi 15	496993462			
Creative Work	Siddha Yoga		<b>Raksha Bandhan</b>		
Until 9:33PM					
Then Routine Work - Prabalarishta Yoga					

<b>○</b>		<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Chapel Hill, NC Sutra 123 Vikarin 5121
<b>Silver Retreat Star</b>			<b>Gulika</b> 9:11AM – 10:53AM <b>Yama</b> 5:49AM – 7:30AM <b>Rahu</b> 2:15PM – 3:57PM	<b>Dhanishtha Until 12:27AM Fri</b> Sobhana Until 2:24AM Fri Balava Until 8:44PM <b>Purnima* Until 7:32AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> Blue <i>Sunset:</i> 7:19PM <b>Nataraja:</b> White Moon – Purple <b>Subha Sivaloka Day</b>
Makara Rasi: 27.31	Tithi 15 – 16	497993462			
Creative Work	Siddha Yoga				

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chapel Hill, NC  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 9.24    Tithi 16 – 17

497993462

**Gulika**    7:30AM – 9:12AM  
Yama       3:56PM – 5:37PM  
**Rahu**      10:53AM – 12:34PM

**Shatabhishak Until 3:16AM Sat**  
Athiganda\* Until 3:21AM Sat  
Taitila Until 11:10PM  
Prathama\* Until 9:55AM

**Ganesha:** Yellow    *Sunrise: 5:49AM*  
**Muruqa:** Blue        *Sunset: 7:18PM*  
**Nataraja:** White  
Moon – Purple

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chapel Hill, NC  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 21.15    Tithi 17 – 18

517993462

**Gulika**    5:50AM – 7:31AM  
Yama       2:14PM – 3:55PM  
**Rahu**      9:12AM – 10:53AM

**Purvaproshtapada\* Until 6:25AM Sun**  
Sukarma Until 4:18AM Sun  
Vanija Until 1:35AM Sun  
Dvitiya Until 12:21PM

**Ganesha:** White    *Sunrise: 5:50AM*  
**Muruqa:** Blue        *Sunset: 7:17PM*  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Routine Work    Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Chapel Hill, NC  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 3.07    Tithi 18 – 19

517993462

**Gulika**    3:54PM – 5:35PM  
Yama       12:33PM – 2:14PM  
**Rahu**      5:35PM – 7:16PM

**Purvaproshtapada\* Until 6:25AM**  
Dhriti Until 5:12AM Mon  
Bava Until 3:55AM Mon  
Tritiya Until 2:45PM

**Ganesha:** White    *Sunrise: 5:51AM*  
**Muruqa:** Blue        *Sunset: 7:16PM*  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chapel Hill, NC  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 15.02    Tithi 19 – 20

517993462

**Gulika**    2:13PM – 3:54PM  
Yama       10:53AM – 12:33PM  
**Rahu**      7:32AM – 9:12AM

**Uttaraproshtapada Until 9:16AM**  
Shula\* Until 5:54AM Tue  
Kaulava Until 6:03AM Tue  
Chaturthi\* Until 5:00PM

**Ganesha:** White    *Sunrise: 5:52AM*  
**Muruqa:** Blue        *Sunset: 7:14PM*  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Family Home Evening

Creative Work    Siddha Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Chapel Hill, NC  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 27.01    Tithi 20

517993462

**Gulika**    12:33PM – 2:13PM  
Yama       9:13AM – 10:53AM  
**Rahu**      3:53PM – 5:33PM

**Revati Until 11:46AM**  
Ganda\* Until 6:22AM Wed  
Kaulava Until 6:03AM  
Panchami Until 6:59PM

**Ganesha:** White    *Sunrise: 5:52AM*  
**Muruqa:** Blue        *Sunset: 7:13PM*  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Chapel Hill, NC  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 9.07    Tithi 21

528993462

**Gulika**    10:53AM – 12:33PM  
Yama       7:33AM – 9:13AM  
**Rahu**      12:33PM – 2:12PM

**Ashvini Until 2:14PM**  
Ganda\* Until 6:22AM  
Gara Until 7:52AM  
Shashthi\* Until 8:35PM

**Ganesha:** White    *Sunrise: 5:53AM*  
**Muruqa:** Blue        *Sunset: 7:12PM*  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Routine Work    Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Chapel Hill, NC  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 21.25    Tithi 22

528993462

**Gulika**    9:13AM – 10:53AM  
Yama       5:54AM – 7:34AM  
**Rahu**      2:12PM – 3:51PM

**Bharani Until 4:04PM**  
Vridhhi Until 6:30AM  
Visti Until 9:13AM  
Saptami Until 9:39PM

**Ganesha:** White    *Sunrise: 5:54AM*  
**Muruqa:** Blue        *Sunset: 7:11PM*  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

**D**

**Friday, August 23, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chapel Hill, NC  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 3.59    Tithi 23

528993462

**Gulika**    7:34AM – 9:13AM  
Yama       3:51PM – 5:30PM  
**Rahu**      10:53AM – 12:32PM

**Krittika Until 5:07PM**  
Dhruva Until 6:09AM  
Balava Until 9:58AM  
Ashtami\* Until 10:03PM

**Ganesha:** White    *Sunrise: 5:55AM*  
**Muruqa:** Blue        *Sunset: 7:09PM*  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Chapel Hill, NC  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 16.52    Tithi 24

538993462

**Gulika**    5:56AM – 7:35AM  
Yama       2:11PM – 3:50PM  
**Rahu**      9:14AM – 10:53AM

**Rohini Until 5:45PM**  
Harshana Until 3:46AM Sun  
Taitila Until 10:00AM  
Navami\* Until 9:42PM

**Ganesha:** Clear    *Sunrise: 5:56AM*  
**Muruqa:** Blue        *Sunset: 7:08PM*  
**Nataraja:** White  
Moon – Yellow

**Subha Sivaloka Day**

Creative Work    Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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<b>1</b>	<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Chapel Hill, NC
			Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 133
	Mithuna Rasi: 0.09	Tithi 25	<b>Gulika</b> 3:49PM – 5:28PM	<b>Mrigashira</b> Until 5:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 12:32PM – 2:10PM	Vajra* Until 1:37AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 19
		538993462 <b>Rahu</b> 5:28PM – 7:07PM	Vanija Until 9:14AM	<b>Nataraja:</b> White		2nd Phase	
			<b>Dashami</b> Until 8:33PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Chapel Hill, NC
			Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 134
	Mithuna Rasi: 13.53	Tithi 26	<b>Gulika</b> 2:10PM – 3:48PM	<b>Ardra</b> Until 4:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:53AM – 12:31PM	Siddhi Until 10:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:05PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 7:36AM – 9:14AM	Bava Until 7:42AM	<b>Nataraja:</b> White		2nd Phase	
Until 4:15PM			<b>Ekadashi*</b> Until 6:38PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>			

<b>3</b>	<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Chapel Hill, NC
			Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 135
	Mithuna Rasi: 28.06	Tithi 27 – 28	<b>Gulika</b> 12:31PM – 2:09PM	<b>Punarvasu</b> Until 2:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:58AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 9:14AM – 10:53AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 19
		548993462 <b>Rahu</b> 3:47PM – 5:26PM	Gara Until 2:34AM Wed	<b>Nataraja:</b> White		2nd Phase	
			<b>Dvadashi*</b> Until 4:03PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Chapel Hill, NC
			Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 136
	Kataka Rasi: 12.44	Tithi 28 – 29	<b>Gulika</b> 10:53AM – 12:31PM	<b>Pushya</b> Until 12:20PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:59AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 7:37AM – 9:15AM	Variyan Until 3:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM	Moon 8 - Phase 19
		549193463 <b>Rahu</b> 12:31PM – 2:09PM	Visti Until 11:12PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Trayodashi*</b> Until 12:55PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

	<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Chapel Hill, NC
	<b>Retreat Star</b>		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 137
	Kataka Rasi: 27.43	Tithi 29 – 30	<b>Gulika</b> 9:15AM – 10:53AM	<b>Ashlesha*</b> Until 9:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:59AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 5:59AM – 7:37AM	Parigha* Until 11:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 19
Until 9:29AM		549193463 <b>Rahu</b> 2:08PM – 3:46PM	Catuspada Until 7:31PM	<b>Nataraja:</b> Clear		Amavasya	
Then Creative Work - Amrita Yoga			<b>Chaturdashi*</b> Until 9:23AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>Retreat Star</b>	<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Chapel Hill, NC
			Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 138
	Simha Rasi: 12.55	Tithi 1	<b>Gulika</b> 7:38AM – 9:15AM	<b>Magha*</b> Until 6:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama 3:45PM – 5:22PM	Shiva Until 7:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 19
Until 6:39AM		559193463 <b>Rahu</b> 10:53AM – 12:30PM	Kintughna Until 3:41PM	<b>Nataraja:</b> Clear		Prathama	
Then Creative Work - Siddha Yoga			<b>Prathama*</b> Until 1:45AM Sat	Moon – Red		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chapel Hill, NC
	Simha Rasi: 28.1	Tithi 2	559193463	<b>Gulika</b> 6:01AM – 7:38AM Yama 2:07PM – 3:44PM <b>Rahu</b> 9:15AM – 10:53AM	<b>Uttaraphalguni</b> Until 12:35AM Sun Sadhya Until 11:07PM Balava Until 11:52AM <b>Dvitiya</b> Until 10:00PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:01AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:59PM</i> <b>Nataraja:</b> Clear Moon – Red	Sun 15 Sutra 139 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Routine Work Marana Yoga						<b>Sivaloka Day</b>	
Until 12:35AM Sun							
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Chapel Hill, NC
	Kanya Rasi: 13.19	Tithi 3	569193463	<b>Gulika</b> 3:43PM – 5:20PM Yama 12:29PM – 2:06PM <b>Rahu</b> 5:20PM – 6:57PM	<b>Hasta</b> Until 10:06PM Subha Until 7:11PM Taitila Until 8:14AM <b>Tritiya</b> Until 6:31PM	<b>Ganesha:</b> Orange <i>Sunrise: 6:02AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:57PM</i> <b>Nataraja:</b> Clear Moon – Green	Sun 16 Sutra 140 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Creative Work Amrita Yoga						<b>Sivaloka Day</b>	
Until 10:06PM							
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Chapel Hill, NC
	Kanya Rasi: 28.11	Tithi 4 – 5	569193463	<b>Gulika</b> 2:06PM – 3:42PM Yama 10:52AM – 12:29PM <b>Rahu</b> 7:39AM – 9:16AM	<b>Chitra</b> Until 7:56PM Sukla Until 3:35PM Bava Until 2:10AM Tue <b>Chaturthi*</b> Until 3:28PM	<b>Ganesha:</b> Orange <i>Sunrise: 6:02AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:56PM</i> <b>Nataraja:</b> Clear Moon – Green	Sun 17 Sutra 141 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Family Home Evening						<b>Sivaloka Day</b>	
Routine Work Prabalarishta Yoga							
Until 7:56PM							
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chapel Hill, NC
	Tula Rasi: 12.41	Tithi 5 – 6	569193463	<b>Gulika</b> 12:29PM – 2:05PM Yama 9:16AM – 10:52AM <b>Rahu</b> 3:42PM – 5:18PM	<b>Svati</b> Until 6:15PM Brahma Until 12:28PM Kaulava Until 12:02AM Wed <b>Panchami</b> Until 1:00PM	<b>Ganesha:</b> Orange <i>Sunrise: 6:03AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:54PM</i> <b>Nataraja:</b> Clear Moon – Green	Sun 18 Sutra 142 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
Until 6:15PM							
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Chapel Hill, NC
	Tula Rasi: 26.43	Tithi 6 – 7	579193463	<b>Gulika</b> 10:52AM – 12:28PM Yama 7:40AM – 9:16AM <b>Rahu</b> 12:28PM – 2:05PM	<b>Vishakha</b> Until 5:35PM Indra Until 9:57AM Gara Until 10:41PM <b>Shashthi*</b> Until 11:14AM	<b>Ganesha:</b> Green <i>Sunrise: 6:04AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:53PM</i> <b>Nataraja:</b> Clear Moon – Orange	Sun 19 Sutra 143 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Creative Work Siddha Yoga						<b>Subha Sivaloka Day</b>	

<b>☾</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau				Chapel Hill, NC	
	<b>Retreat Star</b>		Vrischika Rasi: 10.17	Tithi 7 – 8	571193463	<b>Gulika</b> 9:16AM – 10:52AM Yama 6:05AM – 7:41AM <b>Rahu</b> 2:04PM – 3:40PM	<b>Anuradha</b> Until 5:35PM Vaidhriti* Until 8:04AM Visti Until 10:08PM <b>Saptami</b> Until 10:17AM	<b>Ganesha:</b> Orange <i>Sunrise: 6:05AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		
Until 5:35PM								
Then Routine Work - Prabalarishta Yoga								

<b>☽</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chapel Hill, NC	
	<b>Retreat Star</b>		Vrischika Rasi: 23.23	Tithi 8 – 9	571193463	<b>Gulika</b> 7:41AM – 9:17AM Yama 3:39PM – 5:15PM <b>Rahu</b> 10:52AM – 12:28PM	<b>Jyeshtha*</b> Until 6:13PM Vishkambha* Until 6:50AM Balava Until 10:25PM <b>Ashtami*</b> Until 10:10AM	<b>Ganesha:</b> Orange <i>Sunrise: 6:05AM</i> <b>Muruqa:</b> Blue <i>Sunset: 6:50PM</i> <b>Nataraja:</b> Clear Moon – Orange
Routine Work Marana Yoga						<b>Sivaloka Day</b>		
Until 6:13PM								
Then Creative Work - Amrita Yoga								

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Chapel Hill, NC
	Dhanus Rasi: 6.06	Tithi 9 – 10	<b>Gulika</b> 6:06AM – 7:41AM	<b>Mula* Until 7:56PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:06AM	Sun 22	Sutra 146
			Yama 2:03PM – 3:38PM	Priti Until 6:15AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:49PM		Vikarin 5121
	581193463	<b>Rahu</b> 9:17AM – 10:52AM	Taitila Until 11:27PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 21
Creative Work	Siddha Yoga		<b>Navami* Until 10:49AM</b>	Moon – Light Blue		4th Phase	
				<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chapel Hill, NC
	Dhanus Rasi: 18.29	Tithi 10 – 11	<b>Gulika</b> 3:37PM – 5:12PM	<b>Purvashadha* Until 10:05PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:07AM	Sun 23	Sutra 147
			Yama 12:27PM – 2:02PM	Ayushman Until 6:11AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:47PM		Vikarin 5121
	581193463	<b>Rahu</b> 5:12PM – 6:47PM	Vanija Until 1:05AM Mon	<b>Nataraja:</b> Clear			Moon 8 - Phase 21
Creative Work	Siddha Yoga		<b>Dashami Until 12:10PM</b>	Moon – Light Blue		4th Phase	
Until 10:05PM		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chapel Hill, NC
	Makara Rasi: 0.39	Tithi 11 – 12	<b>Gulika</b> 2:02PM – 3:36PM	<b>Uttarashadha Until 12:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:08AM	Sun 24	Sutra 148
			Yama 10:52AM – 12:27PM	Saubhagya Until 6:34AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:46PM		Vikarin 5121
	581193463	<b>Rahu</b> 7:42AM – 9:17AM	Bava Until 3:09AM Tue	<b>Nataraja:</b> Clear			Moon 8 - Phase 21
Routine Work	Marana Yoga		<b>Ekadashi Until 2:03PM</b>	Moon – Light Blue		4th Phase	
Until 12:30AM Tue				<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chapel Hill, NC
	Makara Rasi: 12.38	Tithi 12 – 13	<b>Gulika</b> 12:26PM – 2:01PM	<b>Shravana Until 3:32AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:08AM	Sun 25	Sutra 149
			Yama 9:17AM – 10:52AM	Sobhana Until 7:16AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:44PM		Vikarin 5121
	591193463	<b>Rahu</b> 3:35PM – 5:10PM	Kaulava Until 5:29AM Wed	<b>Nataraja:</b> Clear			Moon 8 - Phase 21
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:16PM</b>	Moon – Purple		4th Phase	
Until 3:32AM Wed				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Chapel Hill, NC
	Makara Rasi: 24.32	Tithi 13	<b>Gulika</b> 10:52AM – 12:26PM	<b>Dhanishtha Until 6:31AM Thu</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:09AM	Sun 26	Sutra 150
			Yama 7:43AM – 9:18AM	Athiganda* Until 8:07AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:43PM		Vikarin 5121
	591193463	<b>Rahu</b> 12:26PM – 2:00PM	Taitila Until 6:41PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 21
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 6:41PM</b>	Moon – Purple		4th Phase	
Until 6:31AM Thu		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Chapel Hill, NC
	Kumbha Rasi: 6.24	Tithi 14	<b>Gulika</b> 9:18AM – 10:52AM	<b>Dhanishtha Until 6:31AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:10AM	Sun 27	Sutra 151
			Yama 6:10AM – 7:44AM	Sukarma Until 9:04AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:41PM		Vikarin 5121
	591193463	<b>Rahu</b> 2:00PM – 3:34PM	Gara Until 7:57AM	<b>Nataraja:</b> Clear			Moon 8 - Phase 21
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:09PM</b>	Moon – Purple		4th Phase	
		<b>Avani Avittam</b>		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Chapel Hill, NC
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:44AM – 9:18AM	<b>Shatabhishak Until 9:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:11AM	Sun 28	Sutra 152
	Kumbha Rasi: 18.16	Tithi 15	Yama 3:33PM – 5:06PM	Dhriti Until 10:01AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:40PM		Vikarin 5121
	591113463	<b>Rahu</b> 10:52AM – 12:25PM	Visti Until 10:24AM	<b>Nataraja:</b> Clear			Moon 8 - Phase 21
Creative Work	Siddha Yoga		<b>Purnima* Until 11:36PM</b>	Moon – Purple		Purnima	
				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

<b>7</b>	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Chapel Hill, NC
	<b>Silver Retreat Star</b>		<b>Gulika</b> 6:11AM – 7:45AM	<b>Purvaproshtapada* Until 12:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:11AM	Sun 29	Sutra 153
	Meena Rasi: 0.08	Tithi 16	Yama 1:58PM – 3:32PM	Shula* Until 10:53AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:39PM		Vikarin 5121
	511113463	<b>Rahu</b> 9:18AM – 10:52AM	Balava Until 12:48PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 21
Routine Work	Marana Yoga		<b>Prathama* Until 1:55AM Sun</b>	Moon – Clear		Prathama	
Until 12:25PM				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



**Sunday, September 15, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvityayam Titau

Chapel Hill, NC  
Sun 1 Sutra 154  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Meena Rasi: 12.04 Tithi 17

**Gulika** 3:31PM – 5:04PM  
Yama 12:25PM – 1:58PM  
**Rahu** 5:04PM – 6:37PM

**Uttaraproshtapada** Until 3:13PM  
Ganda\* Until 11:40AM  
Tailila Until 3:03PM  
**Dvitiya** Until 4:05AM Mon

**Ganesha:** Yellow *Sunrise:* 6:12AM  
**Muruqa:** Purple *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**

Creative Work Amrita Yoga

**1**

**Monday, September 16, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chapel Hill, NC  
Sun 2 Sutra 155  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Meena Rasi: 24.03 Tithi 18

**Gulika** 1:57PM – 3:30PM  
Yama 10:51AM – 12:24PM  
**Rahu** 7:46AM – 9:19AM

**Revati** Until 5:39PM  
Vridhhi Until 12:20PM  
Vanija Until 5:06PM  
**Tritiya** Until 6:02AM Tue

**Ganesha:** Yellow *Sunrise:* 6:13AM  
**Muruqa:** Purple *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**

**Family Home Evening**  
Creative Work Siddha Yoga

**2**

**Tuesday, September 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Chapel Hill, NC  
Sun 3 Sutra 156  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Mesha Rasi: 6.08 Tithi 18 – 19

**Gulika** 12:24PM – 1:56PM  
Yama 9:19AM – 10:51AM  
**Rahu** 3:29PM – 5:02PM

**Ashvini** Until 8:11PM  
Dhruva Until 12:46PM  
Bava Until 6:55PM  
**Tritiya** Until 6:02AM

**Ganesha:** White *Sunrise:* 6:14AM  
**Muruqa:** Purple *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – White

**Devaloka Day**

Creative Work Siddha Yoga

**3**

**Wednesday, September 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chapel Hill, NC  
Sun 4 Sutra 157  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Mesha Rasi: 18.2 Tithi 19 – 20

**Gulika** 10:51AM – 12:24PM  
Yama 7:47AM – 9:19AM  
**Rahu** 12:24PM – 1:56PM

**Bharani** Until 10:13PM  
Vyaghata\* Until 12:59PM  
Kaulava Until 8:23PM  
**Chaturthi\*** Until 7:41AM

**Ganesha:** White *Sunrise:* 6:14AM  
**Muruqa:** Purple *Sunset:* 6:33PM  
**Nataraja:** Clear  
Moon – White

**Devaloka Day**

Creative Work Siddha Yoga  
Until 10:13PM  
Then Creative Work - Amrita Yoga

**4**

**Thursday, September 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Chapel Hill, NC  
Sun 5 Sutra 158  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Vrishabha Rasi: 0.41 Tithi 20 – 21

**Gulika** 9:19AM – 10:51AM  
Yama 6:15AM – 7:47AM  
**Rahu** 1:55PM – 3:27PM

**Krittika** Until 11:39PM  
Harshana Until 12:55PM  
Gara Until 9:26PM  
**Panchami** Until 8:57AM

**Ganesha:** White *Sunrise:* 6:15AM  
**Muruqa:** Purple *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – White

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Friday, September 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chapel Hill, NC  
Sun 6 Sutra 159  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Vrishabha Rasi: 13.15 Tithi 21 – 22

**Gulika** 7:48AM – 9:19AM  
Yama 3:26PM – 4:58PM  
**Rahu** 10:51AM – 12:23PM

**Rohini** Until 12:52AM Sat  
Vajra\* Until 12:24PM  
Visti Until 9:55PM  
**Shashthi\*** Until 9:44AM

**Ganesha:** Clear *Sunrise:* 6:16AM  
**Muruqa:** Purple *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Routine Work Marana Yoga  
Until 12:52AM Sat  
Then Creative Work - Siddha Yoga

**D**

**Saturday, September 21, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chapel Hill, NC  
Sun 7 Sutra 160  
Vikarin 5121  
Moon 9 - Phase 22  
Ashtami

Vrishabha Rasi: 26.05 Tithi 22 – 23

**Gulika** 6:17AM – 7:48AM  
Yama 1:54PM – 3:25PM  
**Rahu** 9:20AM – 10:51AM

**Mrigashira** Until 1:17AM Sun  
Siddhi Until 11:26AM  
Balava Until 9:45PM  
**Saptami** Until 9:54AM

**Ganesha:** Clear *Sunrise:* 6:17AM  
**Muruqa:** Purple *Sunset:* 6:28PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

**Sunday, September 22, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Chapel Hill, NC  
Sun 8 Sutra 161  
Vikarin 5121  
Moon 9 - Phase 22  
Navami

Mithuna Rasi: 9.16 Tithi 23 – 24

**Gulika** 3:24PM – 4:56PM  
Yama 12:22PM – 1:53PM  
**Rahu** 4:56PM – 6:27PM

**Ardra** Until 12:50AM Mon  
Vyatipata\* Until 9:55AM  
Tailila Until 8:52PM  
**Ashtami\*** Until 9:23AM

**Ganesha:** Orange *Sunrise:* 6:17AM  
**Muruqa:** Purple *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 12:50AM Mon  
Then Creative Work - Amrita Yoga


<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Chapel Hill, NC Sun 9 Sutra 162 Vikarin 5121
<b>1</b>	Mithuna Rasi: 22.52 Tithi 24 – 25	<b>Gulika</b> 1:53PM – 3:24PM	<b>Punarvasu</b> <b>Until 11:59PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:18AM
<b>Family Home Evening</b>	542213463	Yama 10:51AM – 12:22PM	Variyan <b>Until 7:48AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:25PM
Creative Work Amrita Yoga		<b>Rahu</b> 7:49AM – 9:20AM	Vanija <b>Until 7:16PM</b>	<b>Nataraja:</b> Clear
Until 11:59PM			<b>Navami* Until 8:08AM</b>	Moon – Blue
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Chapel Hill, NC Sun 10 Sutra 163 Vikarin 5121
<b>2</b>	Kataka Rasi: 6.53 Tithi 25 – 26	<b>Gulika</b> 12:21PM – 1:52PM	<b>Pushya</b> <b>Until 10:18PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:19AM
	542213463	Yama 9:20AM – 10:51AM	Shiva <b>Until 1:56AM Wed</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:24PM
Creative Work Siddha Yoga		<b>Rahu</b> 3:23PM – 4:53PM	Balava <b>Until 3:36AM Wed</b>	<b>Nataraja:</b> Clear
			<b>Dashami* Until 6:11AM</b>	Moon – Blue
				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Chapel Hill, NC Sun 11 Sutra 164 Vikarin 5121
<b>3</b>	Kataka Rasi: 21.2 Tithi 27	<b>Gulika</b> 10:51AM – 12:21PM	<b>Ashlesha*</b> <b>Until 7:57PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:20AM
	542213463	Yama 7:50AM – 9:20AM	Siddha <b>Until 10:17PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:22PM
Creative Work Siddha Yoga		<b>Rahu</b> 12:21PM – 1:51PM	Kaulava <b>Until 2:07PM</b>	<b>Nataraja:</b> Clear
			<b>Dvadashi* Until 12:29AM Thu</b>	Moon – Blue
				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Chapel Hill, NC Sun 12 Sutra 165 Vikarin 5121
<b>4</b>	Simha Rasi: 6.1 Tithi 28	<b>Gulika</b> 9:21AM – 10:51AM	<b>Magha*</b> <b>Until 5:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:20AM
	552213463	Yama 6:20AM – 7:51AM	Sadhya <b>Until 6:18PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:21PM
Creative Work Amrita Yoga		<b>Rahu</b> 1:51PM – 3:21PM	Gara <b>Until 10:47AM</b>	<b>Nataraja:</b> Clear
Until 5:26PM			<b>Trayodashi* Until 8:59PM</b>	Moon – Red
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>
			<i>Pradosha Vrata (Fasting)</i>	

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Chapel Hill, NC Sun 13 Sutra 166 Vikarin 5121
<b>5</b>	Simha Rasi: 21.15 Tithi 29 – 30	<b>Gulika</b> 7:51AM – 9:21AM	<b>Purvaphalguni</b> <b>Until 2:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:21AM
	552213463	Yama 3:20PM – 4:50PM	Subha <b>Until 2:07PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM
Creative Work Siddha Yoga		<b>Rahu</b> 10:51AM – 12:20PM	Visti <b>Until 7:09AM</b>	<b>Nataraja:</b> Clear
			<b>Chaturdashi* Until 5:15PM</b>	Moon – Red
				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Chapel Hill, NC Sun 14 Sutra 167 Vikarin 5121
	<b>Retreat Star</b>	<b>Gulika</b> 6:22AM – 7:52AM	<b>Uttaraphalguni</b> <b>Until 11:24AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM
Kanya Rasi: 6.29 Tithi 30 – 1		Yama 1:50PM – 3:19PM	Sukla <b>Until 9:51AM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:18PM
	653213463	<b>Rahu</b> 9:21AM – 10:51AM	Kintughna <b>Until 11:37PM</b>	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			<b>Amavasya* Until 1:28PM</b>	Moon – Red
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Chapel Hill, NC Sun 15 Sutra 168 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:18PM – 4:47PM	<b>Hasta</b> <b>Until 8:39AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:23AM
Kanya Rasi: 21.4 Tithi 1 – 2		Yama 12:20PM – 1:49PM	Indra <b>Until 1:41AM Mon</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:17PM
	663213463	<b>Rahu</b> 4:47PM – 6:17PM	Balava <b>Until 8:04PM</b>	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			<b>Prathama* Until 9:47AM</b>	Moon – Green
Until 8:39AM		<b>Navaratri Begins</b>		<b>Devaloka Day</b> <b>Ashvina-Puratasi</b>
Then Creative Work - Siddha Yoga				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhrili* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Chapel Hill, NC Sun 16 Sutra 169 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:48PM – 3:17PM	<b>Chitra</b> <b>Until 6:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:24AM
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:50AM – 12:19PM	Vaidhrili* Until 10:03PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:15PM
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:53AM – 9:21AM	Gara Until 3:30AM Tue	<b>Nataraja:</b> Clear
Routine Work Prabalarishta Yoga			<b>Dvitiya</b> <b>Until 6:24AM</b>	Moon – Green
Until 6:02AM				<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturthyam Titau		Chapel Hill, NC Sun 17 Sutra 170 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:19PM – 1:48PM	<b>Vishakha</b> <b>Until 2:23AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:24AM
Tula Rasi: 21.16	Tithi 4	Yama 9:22AM – 10:50AM	Vishkambha* Until 6:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:14PM
673213463		<b>Rahu</b> 3:16PM – 4:45PM	Vanija Until 2:17PM	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			<b>Chaturthi*</b> <b>Until 1:13AM Wed</b>	Moon – Orange
Until 2:23AM Wed				<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Chapel Hill, NC Sun 18 Sutra 171 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:50AM – 12:19PM	<b>Anuradha</b> <b>Until 1:38AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM
Vrischika Rasi: 5.26	Tithi 5	Yama 7:54AM – 9:22AM	Priti Until 4:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:12PM
673213463		<b>Rahu</b> 12:19PM – 1:47PM	Bava Until 12:22PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			<b>Panchami</b> <b>Until 11:42PM</b>	Moon – Orange
Until 1:38AM Thu				<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashvina+Puratasi</b>

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Chapel Hill, NC Sun 19 Sutra 172 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:22AM – 10:50AM	<b>Jyeshtha*</b> <b>Until 1:36AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:26AM
Vrischika Rasi: 19.06	Tithi 6	Yama 6:26AM – 7:54AM	Ayushman Until 2:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM
673213463		<b>Rahu</b> 1:47PM – 3:15PM	Kaulava Until 11:17AM	<b>Nataraja:</b> Clear
Routine Work Prabalarishta Yoga			<b>Shashthi*</b> <b>Until 11:03PM</b>	Moon – Orange
Until 1:36AM Fri				<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Chapel Hill, NC Sun 20 Sutra 173 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:55AM – 9:22AM	<b>Mula*</b> <b>Until 2:45AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:27AM
Dhanus Rasi: 2.17	Tithi 7	Yama 3:14PM – 4:42PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:10PM
683213463		<b>Rahu</b> 10:50AM – 12:18PM	Gara Until 11:06AM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			<b>Saptami</b> <b>Until 11:19PM</b>	Moon – Light Blue
Until 2:45AM Sat				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistil*/Bava Karana Ashtamyam Titau		Chapel Hill, NC Sun 21 Sutra 174 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:28AM – 7:55AM	<b>Purvashadha*</b> <b>Until 4:32AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM
Dhanus Rasi: 15.01	Tithi 8	Yama 1:45PM – 3:13PM	Sobhana Until 12:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:08PM
683213463		<b>Rahu</b> 9:23AM – 10:50AM	Vistil* Until 11:47AM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			<b>Ashtami*</b> <b>Until 12:24AM Sun</b>	Moon – Light Blue
Until 4:32AM Sun				<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Chapel Hill, NC Sun 22 Sutra 175 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:12PM – 4:39PM	<b>Uttarashadha</b> <b>Until 6:46AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM
Dhanus Rasi: 27.24	Tithi 9	Yama 12:18PM – 1:45PM	Athiganda* Until 12:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM
683213463		<b>Rahu</b> 4:39PM – 6:07PM	Balava Until 1:14PM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			<b>Navami*</b> <b>Until 2:11AM Mon</b>	Moon – Light Blue
		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>


<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Chapel Hill, NC Sun 23 Sutra 176
<b>1</b>		<b>Gulika</b> 1:44PM – 3:11PM	<b>Uttarashadha</b> Until 6:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	Vikarin 5121
Makara Rasi: 9.31	Tithi 10	Yama 10:50AM – 12:17PM	Sukarma Until 1:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:56AM – 9:23AM	Taitila Until 3:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dashami</b> Until 4:25AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>
Until 6:46AM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						


<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Chapel Hill, NC Sun 24 Sutra 177
<b>2</b>		<b>Gulika</b> 12:17PM – 1:44PM	<b>Shravana</b> Until 9:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	Vikarin 5121
Makara Rasi: 21.28	Tithi 11	Yama 9:23AM – 10:50AM	Dhriti Until 2:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 3:10PM – 4:37PM	Vanija Until 5:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 6:55AM Wed	Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Chapel Hill, NC Sun 25 Sutra 178
<b>3</b>		<b>Gulika</b> 10:50AM – 12:17PM	<b>Dhanishtha</b> Until 12:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:31AM	Vikarin 5121
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:57AM – 9:24AM	Shula* Until 3:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 12:17PM – 1:43PM	Bava Until 8:13PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga			<b>Ekadashi</b> Until 6:55AM	Moon – Purple		<b>Sivaloka Day</b>
Until 12:46PM		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chapel Hill, NC Sun 26 Sutra 179
<b>4</b>		<b>Gulika</b> 9:24AM – 10:50AM	<b>Shatabhishak</b> Until 3:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	Vikarin 5121
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:32AM – 7:58AM	Ganda* Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 1:43PM – 3:09PM	Kaulava Until 10:43PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 9:27AM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>		

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chapel Hill, NC Sun 27 Sutra 180
<b>5</b>		<b>Gulika</b> 7:58AM – 9:24AM	<b>Purvaproshtapada*</b> Until 6:40PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:32AM	Vikarin 5121
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 3:08PM – 4:34PM	Vridhhi Until 5:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 10:50AM – 12:16PM	Gara Until 1:04AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 11:53AM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Chapel Hill, NC Sutra 181
	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:33AM – 7:59AM	<b>Uttaraproshtapada</b> Until 9:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:33AM	Vikarin 5121
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:42PM – 3:07PM	Dhruva Until 5:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 9:25AM – 10:50AM	Vistil Until 3:11AM Sun	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 2:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 9:21PM				<b>Ashvina+Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chapel Hill, NC Sutra 182
	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:06PM – 4:32PM	<b>Revati</b> Until 11:38PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:34AM	Vikarin 5121
Meena Rasi: 21	Tithi 15 – 16	Yama 12:16PM – 1:41PM	Vyaghata* Until 6:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 25
	614213464	<b>Rahu</b> 4:32PM – 5:57PM	Balava Until 5:02AM Mon	<b>Nataraja:</b> Purple		Prathama
Creative Work Amrita Yoga			<b>Purnima*</b> Until 4:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 11:38PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08      Tithi 16 – 17

Family Home Evening

Creative Work      Siddha Yoga

624213464

**Gulika** 1:41PM – 3:06PM  
**Yama** 10:50AM – 12:15PM  
**Rahu** 8:00AM – 9:25AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Ashvini** Until 1:57AM Tue  
Harshana Until 6:25PM  
Taitila Until 6:35AM Tue  
Prathama\* Until 5:50PM

**Ganesha:** White      *Sunrise:* 6:35AM  
**Muruqa:** Purple      *Sunset:* 5:56PM  
**Nataraja:** Purple  
Moon – White  
Subha Subha Sivaloka Day  
**Ashvina+Puratasi**

Chapel Hill, NC  
Sutra 183  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24      Tithi 17

Creative Work      Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

624213464

**Gulika** 12:15PM – 1:40PM  
**Yama** 9:26AM – 10:50AM  
**Rahu** 3:05PM – 4:30PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Bharani** Until 3:48AM Wed  
Vajra\* Until 6:25PM  
Taitila Until 6:35AM  
Dvitiya Until 7:13PM

**Ganesha:** White      *Sunrise:* 6:36AM  
**Muruqa:** Purple      *Sunset:* 5:55PM  
**Nataraja:** Purple  
Moon – White  
Subha Subha Sivaloka Day  
**Ashvina+Puratasi**

Chapel Hill, NC  
Sun 1      Sutra 184  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48      Tithi 18

Creative Work      Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

624213464

**Gulika** 10:50AM – 12:15PM  
**Yama** 8:01AM – 9:26AM  
**Rahu** 12:15PM – 1:40PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Krittika** Until 5:09AM Thu  
Siddhi Until 6:11PM  
Vanija Until 7:49AM  
Tritiya Until 8:17PM

**Ganesha:** White      *Sunrise:* 6:37AM  
**Muruqa:** Purple      *Sunset:* 5:53PM  
**Nataraja:** Purple  
Moon – White  
Subha Subha Sivaloka Day  
**Ashvina+Puratasi**

Chapel Hill, NC  
Sun 2      Sutra 185  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21      Tithi 19

Routine Work      Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

634313464

**Gulika** 9:26AM – 10:50AM  
**Yama** 6:38AM – 8:02AM  
**Rahu** 1:39PM – 3:03PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

**Rohini** Until 6:27AM Fri  
Vyatipata\* Until 5:40PM  
Bava Until 8:42AM  
Chaturthi\* Until 8:58PM

**Ganesha:** White      *Sunrise:* 6:38AM  
**Muruqa:** Purple      *Sunset:* 5:52PM  
**Nataraja:** Purple  
Moon – Yellow  
Sivaloka Day  
**Ashvina+Pipasi**

Chapel Hill, NC  
Sun 3      Sutra 186  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05      Tithi 20

Routine Work      Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

634313464

**Gulika** 8:03AM – 9:27AM  
**Yama** 3:03PM – 4:27PM  
**Rahu** 10:51AM – 12:15PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Rohini** Until 6:27AM  
Variyan Until 4:49PM  
Kaulava Until 9:11AM  
Panchami Until 9:14PM

**Ganesha:** White      *Sunrise:* 6:38AM  
**Muruqa:** Purple      *Sunset:* 5:51PM  
**Nataraja:** Purple  
Moon – Yellow  
Sivaloka Day  
**Ashvina+Pipasi**

Chapel Hill, NC  
Sun 4      Sutra 187  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02      Tithi 21

Creative Work      Siddha Yoga

634313464

**Gulika** 6:39AM – 8:03AM  
**Yama** 1:38PM – 3:02PM  
**Rahu** 9:27AM – 10:51AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

**Mrigashira** Until 7:09AM  
Parigha\* Until 3:36PM  
Gara Until 9:13AM  
Shashthi\* Until 9:01PM

**Ganesha:** White      *Sunrise:* 6:39AM  
**Muruqa:** Purple      *Sunset:* 5:49PM  
**Nataraja:** Purple  
Moon – Yellow  
Sivaloka Day  
**Ashvina+Pipasi**

Chapel Hill, NC  
Sun 5      Sutra 188  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14      Tithi 22

Creative Work      Siddha Yoga

634313464

**Gulika** 3:01PM – 4:25PM  
**Yama** 12:14PM – 1:38PM  
**Rahu** 4:25PM – 5:48PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

**Ardra** Until 7:12AM  
Shiva Until 1:59PM  
Visti Until 8:44AM  
Saptami Until 8:15PM

**Ganesha:** White      *Sunrise:* 6:40AM  
**Muruqa:** Purple      *Sunset:* 5:48PM  
**Nataraja:** Purple  
Moon – Yellow  
Sivaloka Day  
**Ashvina+Pipasi**

Chapel Hill, NC  
Sun 6      Sutra 189  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 2.44      Tithi 23

Family Home Evening

Creative Work      Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

644313464

**Gulika** 1:37PM – 3:01PM  
**Yama** 10:51AM – 12:14PM  
**Rahu** 8:04AM – 9:28AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

**Punarvasu** Until 7:01AM  
Siddha Until 11:54AM  
Balava Until 7:41AM  
Ashtami\* Until 6:56PM

**Ganesha:** Clear      *Sunrise:* 6:41AM  
**Muruqa:** Purple      *Sunset:* 5:47PM  
**Nataraja:** Purple  
Moon – Blue  
Subha Sivaloka Day  
**Ashvina+Pipasi**

Chapel Hill, NC  
Sun 7      Sutra 190  
Vikarin 5121  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35      Tithi 24 – 25

Creative Work      Siddha Yoga

644313464

**Gulika** 12:14PM – 1:37PM  
**Yama** 9:28AM – 10:51AM  
**Rahu** 3:00PM – 4:23PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

**Pushya** Until 6:07AM  
Sadhya Until 9:21AM  
Taitila Until 6:04AM  
Navami\* Until 5:02PM

**Ganesha:** Clear      *Sunrise:* 6:42AM  
**Muruqa:** Purple      *Sunset:* 5:46PM  
**Nataraja:** Purple  
Moon – Blue  
Subha Sivaloka Day  
**Ashvina+Pipasi**

Chapel Hill, NC  
Sun 8      Sutra 191  
Vikarin 5121  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Chapel Hill, NC Sun 9 Sutra 192 Vikarin 5121	
Simha Rasi: 0.47	Tithi 25 – 26	<b>Gulika</b> 10:51AM – 12:14PM	<b>Magha* Until 2:45AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:43AM	Moon 10 - Phase 27	
		Yama 8:06AM – 9:28AM	Subha Until 6:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	2nd Phase	
	654313464	<b>Rahu</b> 12:14PM – 1:36PM	Bava Until 1:16AM Thu	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Dashami Until 2:38PM</b>	Moon – Red		<b>Ashvina-Aipasi</b>	

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Chapel Hill, NC Sun 10 Sutra 193 Vikarin 5121	
Simha Rasi: 15.19	Tithi 26 – 27	<b>Gulika</b> 9:29AM – 10:51AM	<b>Purvaphalguni Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM	Moon 10 - Phase 27	
		Yama 6:44AM – 8:06AM	Brahma Until 11:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	2nd Phase	
	654313464	<b>Rahu</b> 1:36PM – 2:59PM	Kaulava Until 10:15PM	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:47AM</b>	Moon – Red		<b>Ashvina-Aipasi</b>	

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Chapel Hill, NC Sun 11 Sutra 194 Vikarin 5121	
Kanya Rasi: 0.05	Tithi 27 – 28	<b>Gulika</b> 8:07AM – 9:29AM	<b>Uttaraphalguni Until 9:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM	Moon 10 - Phase 27	
		Yama 2:58PM – 4:20PM	Indra Until 7:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM	2nd Phase	
	655313464	<b>Rahu</b> 10:51AM – 12:14PM	Gara Until 6:59PM	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 8:38AM</b>	Moon – Red		<b>Ashvina-Aipasi</b>	
Until 9:48PM			<i>Pradosha Vrata (Fasting)</i>				
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Chapel Hill, NC Sun 12 Sutra 195 Vikarin 5121	
Kanya Rasi: 15.01	Tithi 29	<b>Gulika</b> 6:46AM – 8:08AM	<b>Hasta Until 7:19PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:46AM	Moon 10 - Phase 27	
		Yama 1:35PM – 2:57PM	Vaidhriti* Until 3:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:41PM	2nd Phase	
	665313464	<b>Rahu</b> 9:30AM – 10:51AM	Visti Until 3:37PM	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 1:55AM Sun</b>	Moon – Green		<b>Ashvina-Aipasi</b>	
		<b>Deepavali Hindu Solidarity Day</b>					

<b>●</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Chapel Hill, NC Sun 13 Sutra 196 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b> 2:57PM – 4:18PM	<b>Chitra Until 4:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:47AM	Moon 10 - Phase 27	
Kanya Rasi: 29.58	Tithi 30	Yama 12:13PM – 1:35PM	Vishkambha* Until 11:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM	Amavasya	
	665313464	<b>Rahu</b> 4:18PM – 5:40PM	Catuspada Until 12:18PM	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:42PM</b>	Moon – Green		<b>Ashvina-Aipasi</b>	
		<b>Subramuniyaswami Mahasamadhi</b>					

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Chapel Hill, NC Sun 14 Sutra 197 Vikarin 5121	
Tula Rasi: 14.47	Tithi 1	<b>Gulika</b> 1:35PM – 2:56PM	<b>Svati Until 2:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:48AM	Moon 10 - Phase 27	
<b>Family Home Evening</b>		Yama 10:52AM – 12:13PM	Priti Until 7:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Prathama	
	665313464	<b>Rahu</b> 8:09AM – 9:30AM	Kintughna Until 9:12AM	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
Creative Work	Amrita Yoga		<b>Prathama* Until 7:47PM</b>	Moon – Green		<b>Kartika-Aipasi</b>	
Until 2:24PM		<b>Skanda Shasthi Begins</b>					
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau	Chapel Hill, NC Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 29.19	Tithi 2 – 3	<b>Gulika</b> 12:13PM – 1:34PM	<b>Vishakha</b> <b>Until 12:42PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:48AM</i>	
		Yama 9:31AM – 10:52AM	Saubhagya Until 1:34AM Wed	<b>Muruqa:</b> Purple <i>Sunset: 5:38PM</i>	Moon 10 - Phase 28
	675313464	<b>Rahu</b> 2:56PM – 4:17PM	Balava Until 6:31AM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> <b>Until 5:21PM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 12:42PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Chapel Hill, NC Sun 16 Sutra 199 Vikarin 5121
Vischika Rasi: 13.29	Tithi 3 – 4	<b>Gulika</b> 10:52AM – 12:13PM	<b>Anuradha</b> <b>Until 11:29AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:49AM</i>	
		Yama 8:10AM – 9:31AM	Sobhana Until 11:11PM	<b>Muruqa:</b> Purple <i>Sunset: 5:37PM</i>	Moon 10 - Phase 28
	675313464	<b>Rahu</b> 12:13PM – 1:34PM	Vanija Until 2:57AM Thu	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 3:33PM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Chapel Hill, NC Sun 17 Sutra 200 Vikarin 5121
Vischika Rasi: 27.11	Tithi 4 – 5	<b>Gulika</b> 9:32AM – 10:52AM	<b>Jyeshtha*</b> <b>Until 10:51AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:50AM</i>	
		Yama 6:50AM – 8:11AM	Athiganda* Until 9:24PM	<b>Muruqa:</b> Purple <i>Sunset: 5:36PM</i>	Moon 10 - Phase 28
	675313464	<b>Rahu</b> 1:34PM – 2:54PM	Bava Until 2:21AM Fri	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> <b>Until 2:31PM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 10:51AM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Chapel Hill, NC Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 10.26	Tithi 5 – 6	<b>Gulika</b> 8:12AM – 9:32AM	<b>Mula*</b> <b>Until 11:20AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:51AM</i>	
		Yama 2:54PM – 4:14PM	Sukarma Until 8:18PM	<b>Muruqa:</b> Purple <i>Sunset: 5:35PM</i>	Moon 10 - Phase 28
	685313464	<b>Rahu</b> 10:53AM – 12:13PM	Kaulava Until 2:37AM Sat	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 2:21PM</b>	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 11:20AM		<b>Skanda Shasthi</b>		<b>Kartika•Aipasi</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Chapel Hill, NC Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b> 6:52AM – 8:12AM	<b>Purvashadha*</b> <b>Until 12:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:52AM</i>	
		Yama 1:33PM – 2:53PM	Dhriti Until 7:53PM	<b>Muruqa:</b> Purple <i>Sunset: 5:34PM</i>	Moon 10 - Phase 28
	685313464	<b>Rahu</b> 9:33AM – 10:53AM	Gara Until 3:42AM Sun	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 3:02PM</b>	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
Until 12:31PM				<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Chapel Hill, NC Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 5.41	Tithi 7 – 8	<b>Gulika</b> 2:53PM – 4:13PM	<b>Uttarashadha</b> <b>Until 2:16PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:53AM</i>	
		Yama 12:13PM – 1:33PM	Shula* Until 7:59PM	<b>Muruqa:</b> Purple <i>Sunset: 5:33PM</i>	Moon 10 - Phase 28
	685313464	<b>Rahu</b> 4:13PM – 5:33PM	Visti Until 5:29AM Mon	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> <b>Until 4:30PM</b>	Moon – Light Blue	<b>Subha Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau	Chapel Hill, NC Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 17.5	Tithi 8	<b>Gulika</b> 1:33PM – 2:52PM	<b>Shravana</b> <b>Until 4:57PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:54AM</i>	
<b>Family Home Evening</b>		Yama 10:53AM – 12:13PM	Ganda* Until 8:32PM	<b>Muruqa:</b> Purple <i>Sunset: 5:32PM</i>	Moon 10 - Phase 28
	696313464	<b>Rahu</b> 8:14AM – 9:34AM	Bava Until 6:33PM	<b>Nataraja:</b> Purple	Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> <b>Until 6:33PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 4:57PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Chapel Hill, NC Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 29.49	Tithi 9	<b>Gulika</b> 12:13PM – 1:33PM	<b>Dhanishtha</b> <b>Until 7:49PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:55AM</i>	
		Yama 9:34AM – 10:54AM	Vriddhi Until 9:21PM	<b>Muruqa:</b> Purple <i>Sunset: 5:31PM</i>	Moon 10 - Phase 28
	696313464	<b>Rahu</b> 2:52PM – 4:11PM	Balava Until 7:45AM	<b>Nataraja:</b> Purple	Navami
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 8:58PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 7:49PM				<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Chapel Hill, NC
	Kumbha Rasi: 11.41	Tithi 10	<b>Gulika</b> 10:54AM – 12:13PM	<b>Shatabhishak</b> <b>Until 10:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:56AM	Sun 23 Sutra 206
			Yama 8:15AM – 9:35AM	Dhruva <b>Until 10:14PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Vikarin 5121
	696313464	<b>Rahu</b> 12:13PM – 1:32PM	Taitila <b>Until 10:16AM</b>		<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 11:31PM</b>	Moon – Purple		4th Phase	
	<b>Until 10:39PM</b>			<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>	
	<b>Then Creative Work - Amrita Yoga</b>						

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chapel Hill, NC
	Kumbha Rasi: 23.32	Tithi 11	<b>Gulika</b> 9:35AM – 10:54AM	<b>Purvaproshtapada*</b> <b>Until 1:44AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:57AM	Sun 24 Sutra 207
			Yama 6:57AM – 8:16AM	Vyaghata* <b>Until 11:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Vikarin 5121
	716313464	<b>Rahu</b> 1:32PM – 2:51PM	Vanija <b>Until 12:47PM</b>		<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 1:58AM Fri</b>	Moon – Clear		4th Phase	
				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Chapel Hill, NC
	Meena Rasi: 5.26	Tithi 12	<b>Gulika</b> 8:17AM – 9:36AM	<b>Uttaraproshtapada</b> <b>Until 4:25AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:58AM	Sun 25 Sutra 208
			Yama 2:51PM – 4:10PM	Harshana <b>Until 11:44PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Vikarin 5121
	716313464	<b>Rahu</b> 10:54AM – 12:13PM	Bava <b>Until 3:08PM</b>		<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 4:11AM Sat</b>	Moon – Clear		4th Phase	
	<b>Until 4:25AM Sat</b>			<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	
	<b>Then Routine Work - Prabalarishta Yoga</b>						

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chapel Hill, NC
	Meena Rasi: 17.27	Tithi 13	<b>Gulika</b> 6:59AM – 8:18AM	<b>Revati</b> <b>Until 6:37AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:59AM	Sun 26 Sutra 209
			Yama 1:32PM – 2:50PM	Vajra* <b>Until 12:08AM Sun</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Vikarin 5121
	716313464	<b>Rahu</b> 9:36AM – 10:55AM	Kaulava <b>Until 5:12PM</b>		<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Routine Work	Prabalarishta Yoga		<b>Trayodashi</b> <b>Until 6:03AM Sun</b>	Moon – Clear		4th Phase	
	<b>Until 6:37AM Sun</b>			<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	
	<b>Then Creative Work - Siddha Yoga</b>		<i>Pradosha Vrata</i>				

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chapel Hill, NC
	Meena Rasi: 29.35	Tithi 13 – 14	<b>Gulika</b> 2:50PM – 4:08PM	<b>Revati</b> <b>Until 6:37AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:00AM	Sun 27 Sutra 210
			Yama 12:13PM – 1:32PM	Siddhi <b>Until 12:15AM Mon</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Vikarin 5121
	716313464	<b>Rahu</b> 4:08PM – 5:27PM	Gara <b>Until 6:52PM</b>		<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Amrita Yoga		<b>Trayodashi</b> <b>Until 6:03AM</b>	Moon – Clear		4th Phase	
	<b>Until 6:37AM</b>			<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	
	<b>Then Creative Work - Siddha Yoga</b>						

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chapel Hill, NC
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:32PM – 2:50PM	<b>Ashvini</b> <b>Until 8:45AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:01AM	Sun 28 Sutra 211
	Mesha Rasi: 11.54	Tithi 14 – 15	Yama 10:55AM – 12:14PM	Vyatipata* <b>Until 12:03AM Tue</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Vikarin 5121
	<b>Family Home Evening</b>	727413464	<b>Rahu</b> 8:19AM – 9:37AM	Visti <b>Until 8:07PM</b>	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 7:32AM</b>	Moon – White		Purnima	
				<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chapel Hill, NC
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:14PM – 1:32PM	<b>Bharani</b> <b>Until 10:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:02AM	Sun 29 Sutra 212
	Mesha Rasi: 24.23	Tithi 15 – 16	Yama 9:38AM – 10:56AM	Variyan <b>Until 11:30PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM	Vikarin 5121
	727413464	<b>Rahu</b> 2:49PM – 4:07PM	Balava <b>Until 8:57PM</b>		<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 8:34AM</b>	Moon – White		Prathama	
				<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chapel Hill, NC

Sutra 213

Vikarin 5121

727413464 Vishabha Rasi: 7.04 Tithi 16 - 17

Gulika 10:56AM - 12:14PM  
Yama 8:21AM - 9:38AM  
Rahu 12:14PM - 1:31PM

Krittika Until 11:19AM

Parigha\* Until 10:39PM

Taitila Until 9:22PM

Prathama\* Until 9:11AM

Ganesha: White Sunrise: 7:03AM

Muruqa: Purple Sunset: 5:24PM

Nataraja: Purple

Moon - White

Kartika-Aipasi

Sivaloka Day

Moon 11 - Phase 30

1st Phase

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Chapel Hill, NC

Sun 1 Sutra 214

Vikarin 5121

737413464 Vishabha Rasi: 19.56 Tithi 17 - 18

Gulika 9:39AM - 10:56AM  
Yama 7:04AM - 8:22AM  
Rahu 1:31PM - 2:49PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear Sunrise: 7:04AM

Muruqa: Purple Sunset: 5:24PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Moon 11 - Phase 30

1st Phase

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Chapel Hill, NC

Sun 2 Sutra 215

Vikarin 5121

737413464 Mithuna Rasi: 3.01 Tithi 18 - 19

Gulika 8:22AM - 9:40AM  
Yama 2:49PM - 4:06PM  
Rahu 10:57AM - 12:14PM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear Sunrise: 7:05AM

Muruqa: Purple Sunset: 5:23PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Moon 11 - Phase 30

1st Phase

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chapel Hill, NC

Sun 3 Sutra 216

Vikarin 5121

737413464 Mithuna Rasi: 16.16 Tithi 19 - 20

Gulika 7:06AM - 8:23AM  
Yama 1:31PM - 2:48PM  
Rahu 9:40AM - 10:57AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi\* Until 8:42AM

Ganesha: Clear Sunrise: 7:06AM

Muruqa: Purple Sunset: 5:22PM

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Moon 11 - Phase 30

1st Phase

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chapel Hill, NC

Sun 4 Sutra 217

Vikarin 5121

748413465 Mithuna Rasi: 29.42 Tithi 20 - 21

Gulika 2:48PM - 4:05PM  
Yama 12:14PM - 1:31PM  
Rahu 4:05PM - 5:22PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear Sunrise: 7:07AM

Muruqa: Purple Sunset: 5:22PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Moon 11 - Phase 30

1st Phase

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Chapel Hill, NC

Sun 5 Sutra 218

Vikarin 5121

748413465 Kataka Rasi: 13.21 Tithi 21 - 22

Gulika 1:31PM - 2:48PM  
Yama 10:58AM - 12:15PM  
Rahu 8:25AM - 9:41AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi\* Until 6:37AM

Ganesha: Clear Sunrise: 7:08AM

Muruqa: Purple Sunset: 5:21PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

1st Phase

Tour Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Chapel Hill, NC

Sun 6 Sutra 219

Vikarin 5121

748413465 Kataka Rasi: 27.11 Tithi 23

Gulika 12:15PM - 1:31PM  
Yama 9:42AM - 10:58AM  
Rahu 2:48PM - 4:04PM

Ashlesha\* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami\* Until 3:10AM Wed

Ganesha: Clear Sunrise: 7:09AM

Muruqa: Purple Sunset: 5:21PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Moon 11 - Phase 30

Ashtami

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Chapel Hill, NC

Sun 7 Sutra 220

Vikarin 5121

758413465 Simha Rasi: 11.14 Tithi 24

Gulika 10:59AM - 12:15PM  
Yama 8:26AM - 9:43AM  
Rahu 12:15PM - 1:31PM

Magha\* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami\* Until 12:59AM Thu

Ganesha: White Sunrise: 7:10AM

Muruqa: Purple Sunset: 5:20PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Moon 11 - Phase 30

Navami

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Chapel Hill, NC
	Simha Rasi: 25.28	Tithi 25	758413465	<b>Gulika</b> 9:43AM – 10:59AM <b>Yama</b> 7:11AM – 8:27AM <b>Rahu</b> 1:31PM – 2:48PM	<b>Purvaphalguni Until 7:59AM</b> Vishkambha* Until 2:29AM Fri Vanija Until 11:49AM Dashami Until 10:33PM	<b>Ganesha: White</b> <b>Muruqa: Purple</b> <b>Nataraja: Clear</b> Moon – Red	Sun 8 Sutra 221 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
	Creative Work	Siddha Yoga				<b>Subha Sivaloka Day</b> Karttika-Karttikai	

2	<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Chapel Hill, NC
	Kanya Rasi: 9.52	Tithi 26	758413465	<b>Gulika</b> 8:28AM – 9:44AM <b>Yama</b> 2:47PM – 4:03PM <b>Rahu</b> 11:00AM – 12:16PM	<b>Uttaraphalguni Until 6:03AM</b> Priti Until 11:09PM Bava Until 9:17AM Ekadashi* Until 7:57PM	<b>Ganesha: White</b> <b>Muruqa: Purple</b> <b>Nataraja: Clear</b> Moon – Red	Sun 9 Sutra 222 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
	Creative Work	Siddha Yoga				<b>Subha Sivaloka Day</b> Karttika-Karttikai	
	Until 6:03AM Then Creative Work - Amrita Yoga						

3	<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Chapel Hill, NC
	Kanya Rasi: 24.22	Tithi 27 – 28	768413465	<b>Gulika</b> 7:13AM – 8:29AM <b>Yama</b> 1:32PM – 2:47PM <b>Rahu</b> 9:44AM – 11:00AM	<b>Chitra Until 2:20AM Sun</b> Ayushman Until 7:45PM Kaulava Until 6:39AM Dvadashi* Until 5:17PM	<b>Ganesha: Yellow</b> <b>Muruqa: Purple</b> <b>Nataraja: Clear</b> Moon – Green	Sun 10 Sutra 223 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
	Routine Work	Marana Yoga				<b>Sivaloka Day</b> Karttika-Karttikai	
	Until 2:20AM Sun Then Creative Work - Siddha Yoga <i>Pradosha Vrata (Fasting)</i>						

4	<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Chapel Hill, NC
	Tula Rasi: 8.52	Tithi 28 – 29	769413465	<b>Gulika</b> 2:47PM – 4:03PM <b>Yama</b> 12:16PM – 1:32PM <b>Rahu</b> 4:03PM – 5:19PM	<b>Svati Until 12:21AM Mon</b> Saubhagya Until 4:25PM Visti Until 1:26AM Mon Trayodashi* Until 2:40PM	<b>Ganesha: Blue</b> <b>Muruqa: Purple</b> <b>Nataraja: Clear</b> Moon – Green	Sun 11 Sutra 224 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b> Karttika-Karttikai	
	Until 12:21AM Mon Then Routine Work - Marana Yoga						

●	<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Chapel Hill, NC
	<b>Retreat Star</b>			<b>Gulika</b> 1:32PM – 2:47PM <b>Yama</b> 11:01AM – 12:17PM <b>Rahu</b> 8:30AM – 9:46AM	<b>Vishakha Until 10:54PM</b> Sobhana Until 1:15PM Catuspada Until 11:09PM Chaturdashi* Until 12:14PM	<b>Ganesha: Blue</b> <b>Muruqa: Purple</b> <b>Nataraja: Clear</b> Moon – Orange	Sun 12 Sutra 225 Vikarin 5121 Moon 11 - Phase 31 Amavasya
	Tula Rasi: 23.17	Tithi 29 – 30	779413465			<b>Devaloka Day</b> Karttika-Karttikai	
	Family Home Evening Routine Work Marana Yoga Until 10:54PM Then Creative Work - Siddha Yoga						

●	<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Chapel Hill, NC
	<b>Retreat Star</b>			<b>Gulika</b> 12:17PM – 1:32PM <b>Yama</b> 9:46AM – 11:02AM <b>Rahu</b> 2:47PM – 4:03PM	<b>Anuradha Until 9:42PM</b> Athiganda* Until 10:20AM Kintughna Until 9:16PM Amavasya* Until 10:08AM	<b>Ganesha: Blue</b> <b>Muruqa: Purple</b> <b>Nataraja: Clear</b> Moon – Orange	Sun 13 Sutra 226 Vikarin 5121 Moon 11 - Phase 31 Prathama
	Vrischika Rasi: 7.3	Tithi 30 – 1	779413465			<b>Devaloka Day</b> Margasira-Karttikai	
	Creative Work Siddha Yoga Until 9:42PM Then Routine Work - Marana Yoga						

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Chapel Hill, NC Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	<b>Gulika</b> 11:02AM – 12:17PM	<b>Jyeshtha* Until 8:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM	
		Yama 8:32AM – 9:47AM	Sukarma Until 7:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 11 - Phase 32
		779413465 <b>Rahu</b> 12:17PM – 1:32PM	Balava Until 7:55PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 8:30AM</b>	Moon – Orange		<b>Devaloka Day</b>
Until 8:53PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Chapel Hill, NC Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	<b>Gulika</b> 9:48AM – 11:03AM	<b>Mula* Until 9:02PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:18AM	
		Yama 7:18AM – 8:33AM	Shula* Until 4:16AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 1:32PM – 2:47PM	Taitila Until 7:15PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:29AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Chapel Hill, NC Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	<b>Gulika</b> 8:33AM – 9:48AM	<b>Purvashadha* Until 9:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:19AM	
		Yama 2:47PM – 4:02PM	Ganda* Until 3:21AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 11:03AM – 12:18PM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 7:10AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 9:45PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau		Chapel Hill, NC Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	<b>Gulika</b> 7:20AM – 8:34AM	<b>Uttarashadha Until 11:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM	
		Yama 1:33PM – 2:48PM	Vriddhi Until 3:01AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:49AM – 11:04AM	Bava Until 8:08PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 7:37AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 11:01PM				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Chapel Hill, NC Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	<b>Gulika</b> 2:48PM – 4:02PM	<b>Shravana Until 1:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:20AM	
		Yama 12:19PM – 1:33PM	Dhruva Until 3:09AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 32
		799413465 <b>Rahu</b> 4:02PM – 5:17PM	Kaulava Until 9:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 8:47AM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 1:16AM Mon				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Chapel Hill, NC Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	<b>Gulika</b> 1:33PM – 2:48PM	<b>Dhanishtha Until 3:51AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:21AM	
<b>Family Home Evening</b>		Yama 11:05AM – 12:19PM	Vyaghata* Until 3:41AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 <b>Rahu</b> 8:36AM – 9:50AM	Gara Until 11:42PM	<b>Nataraja:</b> Clear		3rd Phase
Until 3:51AM Tue			<b>Shashthi* Until 10:35AM</b>	Moon – Purple		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>		

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Chapel Hill, NC Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	<b>Gulika</b> 12:19PM – 1:34PM	<b>Shatabhishak Until 6:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:22AM	
		Yama 9:51AM – 11:05AM	Harshana Until 4:27AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:48PM – 4:02PM	Visti Until 2:05AM Wed	<b>Nataraja:</b> Clear		Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 12:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 6:33AM Wed				<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Chapel Hill, NC Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	<b>Gulika</b> 11:06AM – 12:20PM	<b>Shatabhishak Until 6:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:23AM	
		Yama 8:37AM – 9:51AM	Vajra* Until 5:15AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 12:20PM – 1:34PM	Balava Until 4:36AM Thu	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 6:33AM				<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chapel Hill, NC
Meena Rasi: 1.31	Tithi 9 – 10	711413465	<b>Gulika</b> 9:52AM – 11:06AM <b>Yama</b> 7:24AM – 8:38AM <b>Rahu</b> 1:34PM – 2:48PM	<b>Purvaproshtapada* Until 9:39AM</b> Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri Navami* Until 5:48PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:24AM <b>Sunset:</b> 5:16PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day


<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Chapel Hill, NC
Meena Rasi: 13.26	Tithi 10	711413465	<b>Gulika</b> 8:39AM – 9:53AM <b>Yama</b> 2:49PM – 4:02PM <b>Rahu</b> 11:07AM – 12:21PM	<b>Uttaraproshtapada Until 12:27PM</b> Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM Dashami Until 8:05PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:25AM <b>Sunset:</b> 5:16PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Chapel Hill, NC
Meena Rasi: 25.28	Tithi 11	711513465	<b>Gulika</b> 7:26AM – 8:40AM <b>Yama</b> 1:35PM – 2:49PM <b>Rahu</b> 9:53AM – 11:07AM	<b>Revati Until 2:46PM</b> Vyatipata* Until 6:31AM Vanija Until 9:07AM Ekadashi Until 9:59PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:26AM <b>Sunset:</b> 5:16PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga		<b>Gita Jayanthi</b>					Subha Sivaloka Day
Until 2:46PM								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Chapel Hill, NC
Mesha Rasi: 7.4	Tithi 12	721513465	<b>Gulika</b> 2:49PM – 4:03PM <b>Yama</b> 12:22PM – 1:35PM <b>Rahu</b> 4:03PM – 5:17PM	<b>Ashvini Until 4:59PM</b> Variyan Until 6:43AM Bava Until 10:47AM Dvadashi Until 11:24PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:26AM <b>Sunset:</b> 5:17PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 4:59PM								
Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chapel Hill, NC
Mesha Rasi: 20.05	Tithi 13	721513465	<b>Gulika</b> 1:36PM – 2:49PM <b>Yama</b> 11:08AM – 12:22PM <b>Rahu</b> 8:41AM – 9:55AM	<b>Bharani Until 6:30PM</b> Parigha* Until 6:31AM Kaulava Until 11:55AM Trayodashi Until 12:15AM Tue <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:27AM <b>Sunset:</b> 5:17PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening								Sivaloka Day
Creative Work	Siddha Yoga							
Until 6:30PM								
Then Routine Work - Marana Yoga								

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Chapel Hill, NC
Vrishabha Rasi: 2.46	Tithi 14	721513465	<b>Gulika</b> 12:22PM – 1:36PM <b>Yama</b> 9:55AM – 11:09AM <b>Rahu</b> 2:50PM – 4:03PM	<b>Krittika Until 7:18PM</b> Siddha Until 4:49AM Wed Gara Until 12:29PM Chaturdashi* Until 12:31AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:17PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga		<b>Krittika Deepam</b>					Sivaloka Day
Until 7:18PM								Tour Day
Then Creative Work - Amrita Yoga								

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Chapel Hill, NC
Vrishabha Rasi: 15.43	Tithi 15	731523465	<b>Gulika</b> 11:09AM – 12:23PM <b>Yama</b> 8:42AM – 9:56AM <b>Rahu</b> 12:23PM – 1:36PM	<b>Rohini Until 7:52PM</b> Sadhya Until 3:20AM Thu Visti Until 12:28PM Purnima* Until 12:14AM Thu	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:29AM <b>Sunset:</b> 5:17PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work	Siddha Yoga							Sivaloka Day

<b>Thursday, December 12, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Chapel Hill, NC
Vrishabha Rasi: 28.56	Tithi 16	732523465	<b>Gulika</b> 9:56AM – 11:10AM <b>Yama</b> 7:30AM – 8:43AM <b>Rahu</b> 1:37PM – 2:50PM	<b>Mrigashira Until 7:48PM</b> Subha Until 1:28AM Fri Balava Until 11:55AM Prathama* Until 11:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 5:17PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work	Marana Yoga							Devaloka Day
			<b>Vinayaga Viratam Begins</b>					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Chapel Hill, NC

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

**Gulika** 8:44AM – 9:57AM  
**Yama** 2:51PM – 4:04PM  
**Rahu** 11:10AM – 12:24PM

**Ardra Until 7:09PM**  
Sukla Until 11:15PM  
Taitila Until 10:56AM  
**Dvitiya Until 10:16PM**

**Ganesha:** Clear *Sunrise:* 7:30AM  
**Muruqa:** Clear *Sunset:* 5:17PM  
**Nataraja:** Clear  
Moon – Yellow  
**Margasira-Karttikai**

Moon 12 - Phase 34  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Trityayam Titau

Chapel Hill, NC

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

**Gulika** 7:31AM – 8:44AM  
**Yama** 1:38PM – 2:51PM  
**Rahu** 9:58AM – 11:11AM

**Punarvasu Until 6:29PM**  
Brahma Until 8:49PM  
Vanija Until 9:34AM  
**Tritiya Until 8:45PM**

**Ganesha:** Purple *Sunrise:* 7:31AM  
**Muruqa:** Clear *Sunset:* 5:18PM  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Karttikai**

Moon 12 - Phase 34  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Chapel Hill, NC

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

**Gulika** 2:51PM – 4:05PM  
**Yama** 12:25PM – 1:38PM  
**Rahu** 4:05PM – 5:18PM

**Pushya Until 5:25PM**  
Indra Until 6:11PM  
Bava Until 7:55AM  
**Chaturthi\* Until 7:00PM**

**Ganesha:** Purple *Sunrise:* 7:32AM  
**Muruqa:** Clear *Sunset:* 5:18PM  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Karttikai**

Moon 12 - Phase 34  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhrili\*/Vishkambha\* Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

Chapel Hill, NC

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

**Gulika** 1:39PM – 2:52PM  
**Yama** 11:12AM – 12:25PM  
**Rahu** 8:46AM – 9:59AM

**Ashlesha\* Until 4:02PM**  
Vaidhrili\* Until 3:24PM  
Kaulava Until 6:04AM  
**Panchami Until 5:04PM**

**Ganesha:** Clear *Sunrise:* 7:32AM  
**Muruqa:** Clear *Sunset:* 5:18PM  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Markali**

Moon 12 - Phase 34  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chapel Hill, NC

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

**Gulika** 12:26PM – 1:39PM  
**Yama** 9:59AM – 11:13AM  
**Rahu** 2:52PM – 4:05PM

**Magha\* Until 2:50PM**  
Vishkambha\* Until 12:33PM  
Visti Until 2:02AM Wed  
**Shashthi\* Until 3:03PM**

**Ganesha:** Purple *Sunrise:* 7:33AM  
**Muruqa:** Clear *Sunset:* 5:19PM  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

Moon 12 - Phase 34  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

**Tour Day**

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Chapel Hill, NC

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

**Gulika** 11:13AM – 12:26PM  
**Yama** 8:47AM – 10:00AM  
**Rahu** 12:26PM – 1:39PM

**Purvaphalguni Until 1:27PM**  
Priti Until 9:40AM  
Balava Until 11:57PM  
**Saptami Until 12:59PM**

**Ganesha:** Purple *Sunrise:* 7:34AM  
**Muruqa:** Clear *Sunset:* 5:19PM  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

Moon 12 - Phase 34  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chapel Hill, NC

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

**Gulika** 10:00AM – 11:14AM  
**Yama** 7:34AM – 8:47AM  
**Rahu** 1:40PM – 2:53PM

**Uttaraphalguni Until 11:55AM**  
Ayushman Until 6:44AM  
Taitila Until 9:53PM  
**Ashtami\* Until 10:54AM**

**Ganesha:** Purple *Sunrise:* 7:34AM  
**Muruqa:** Clear *Sunset:* 5:19PM  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

Moon 12 - Phase 34  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Chapel Hill, NC Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	<b>Gulika</b> 8:48AM – 10:01AM <b>Yama</b> 2:54PM – 4:07PM <b>Rahu</b> 11:14AM – 12:27PM	<b>Hasta</b> <b>Until 10:41AM</b> Sobhana <b>Until 12:59AM Sat</b> Vanija <b>Until 7:51PM</b> <b>Navami* Until 8:50AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:35AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:20PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Moon 12 - Phase 35 2nd Phase	
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Chapel Hill, NC Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	<b>Gulika</b> 7:35AM – 8:48AM <b>Yama</b> 1:41PM – 2:54PM <b>Rahu</b> 10:01AM – 11:15AM	<b>Chitra</b> <b>Until 9:22AM</b> Athiganda* <b>Until 10:12PM</b> Balava <b>Until 4:58AM Sun</b> <b>Dashami</b> <b>Until 6:51AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:35AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:20PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Moon 12 - Phase 35 2nd Phase	
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati					
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Chapel Hill, NC Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	<b>Gulika</b> 2:55PM – 4:08PM <b>Yama</b> 12:28PM – 1:41PM <b>Rahu</b> 4:08PM – 5:21PM	<b>Svati</b> <b>Until 8:03AM</b> Sukarma <b>Until 7:33PM</b> Kaulava <b>Until 4:07PM</b> <b>Dvadashi* Until 3:17AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:36AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:21PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Moon 12 - Phase 35 2nd Phase	
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati					
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Chapel Hill, NC Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	<b>Gulika</b> 1:42PM – 2:55PM <b>Yama</b> 11:16AM – 12:29PM <b>Rahu</b> 8:49AM – 10:02AM	<b>Vishakha</b> <b>Until 7:13AM</b> Dhriti <b>Until 5:07PM</b> Gara <b>Until 2:34PM</b> <b>Trayodashi* Until 1:52AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise: 7:36AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:21PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati		Pradosha Vrata (Fasting)			
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Chapel Hill, NC Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	<b>Gulika</b> 12:29PM – 1:42PM <b>Yama</b> 10:03AM – 11:16AM <b>Rahu</b> 2:56PM – 4:09PM	<b>Anuradha</b> <b>Until 6:31AM</b> Shula* <b>Until 2:54PM</b> Visti <b>Until 1:19PM</b> <b>Chaturdashi* Until 12:49AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise: 7:37AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:22PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					
		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Chapel Hill, NC Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	<b>Gulika</b> 11:17AM – 12:30PM <b>Yama</b> 8:50AM – 10:03AM <b>Rahu</b> 12:30PM – 1:43PM	<b>Jyeshtha* Until 6:02AM</b> Ganda* <b>Until 1:02PM</b> Catuspada <b>Until 12:29PM</b> <b>Amavasya* Until 12:14AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:37AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:23PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Devaloka Day</b> Amavasya	
Retreat Star Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati					
<b>6</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Chapel Hill, NC Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	<b>Gulika</b> 10:04AM – 11:17AM <b>Yama</b> 7:37AM – 8:51AM <b>Rahu</b> 1:44PM – 2:57PM	<b>Mula* Until 6:19AM</b> Vriddhi <b>Until 11:34AM</b> Kintughna <b>Until 12:09PM</b> <b>Prathama* Until 12:10AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:37AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:23PM</i> <b>Nataraja:</b> Orange Moon – Light Blue	<b>Devaloka Day</b> Pausha-Markali	
Creative Work Siddha Yoga		Annular Solar Eclipse					

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Chapel Hill, NC
Dhanus Rasi: 26.08	Tithi 2	Gulika 8:51AM – 10:04AM	Purvashadha* Until 6:59AM	Ganesha: Orange	Sunrise: 7:38AM	Sun 14	Sutra 257	Vikarin 5121
		Yama 2:57PM – 4:11PM	Dhruva Until 10:31AM	Muruqa: Clear	Sunset: 5:24PM			Moon 12 - Phase 36
		883523466 Rahu 11:18AM – 12:31PM	Balava Until 12:22PM	Nataraja: Orange				3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:42AM Sat	Moon – Light Blue				Devaloka Day
Until 6:59AM				Pausha-Markali				
Then Routine Work - Marana Yoga								
<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritliyayam Titau				Chapel Hill, NC
Makara Rasi: 8.49	Tithi 3	Gulika 7:38AM – 8:51AM	Uttarashadha Until 8:04AM	Ganesha: Orange	Sunrise: 7:38AM	Sun 15	Sutra 258	Vikarin 5121
		Yama 1:45PM – 2:58PM	Vyaghata* Until 9:56AM	Muruqa: Clear	Sunset: 5:24PM			Moon 12 - Phase 36
		883523466 Rahu 10:05AM – 11:18AM	Taitila Until 1:12PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:49AM Sun	Moon – Light Blue				Devaloka Day
Until 8:04AM				Pausha-Markali				
Then Creative Work - Siddha Yoga								
<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Chapel Hill, NC
Makara Rasi: 21.16	Tithi 4	Gulika 2:58PM – 4:12PM	Shravana Until 10:02AM	Ganesha: Clear	Sunrise: 7:38AM	Sun 16	Sutra 259	Vikarin 5121
		Yama 12:32PM – 1:45PM	Harshana Until 9:48AM	Muruqa: Clear	Sunset: 5:25PM			Moon 12 - Phase 36
		893523466 Rahu 4:12PM – 5:25PM	Vanija Until 2:37PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:29AM Mon	Moon – Purple				Devaloka Day
Until 10:02AM				Pausha-Markali				
Then Routine Work - Marana Yoga								
<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Chapel Hill, NC
Kumbha Rasi: 3.28	Tithi 5	Gulika 1:46PM – 2:59PM	Dhanishtha Until 12:20PM	Ganesha: Clear	Sunrise: 7:39AM	Sun 17	Sutra 260	Vikarin 5121
Family Home Evening		Yama 11:19AM – 12:32PM	Vajra* Until 10:03AM	Muruqa: Clear	Sunset: 5:26PM			Moon 12 - Phase 36
		893523466 Rahu 8:52AM – 10:05AM	Bava Until 4:31PM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:36AM Tue	Moon – Purple				Devaloka Day
				Pausha-Markali				
<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthyam Titau				Chapel Hill, NC
Kumbha Rasi: 15.3	Tithi 6	Gulika 12:33PM – 1:46PM	Shatabhishak Until 2:50PM	Ganesha: Clear	Sunrise: 7:39AM	Sun 18	Sutra 261	Vikarin 5121
		Yama 10:06AM – 11:19AM	Siddhi Until 10:36AM	Muruqa: Clear	Sunset: 5:27PM			Moon 12 - Phase 36
		893523466 Rahu 3:00PM – 4:13PM	Kaulava Until 6:48PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 8:01AM Wed	Moon – Purple				Devaloka Day
				Pausha-Markali				
<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Chapel Hill, NC
Kumbha Rasi: 27.26	Tithi 6 – 7	Gulika 11:20AM – 12:34PM	Purvaproshtapada* Until 5:54PM	Ganesha: Blue	Sunrise: 7:39AM	Sun 19	Sutra 262	Vikarin 5121
		Yama 8:53AM – 10:07AM	Vyatipata* Until 11:21AM	Muruqa: Clear	Sunset: 5:28PM			Moon 12 - Phase 36
		813623466 Rahu 12:34PM – 1:47PM	Gara Until 9:17PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 8:01AM	Moon – Clear				Bhuloka Day
Until 5:54PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						
<b>☾</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chapel Hill, NC
Meena Rasi: 9.19	Tithi 7 – 8	Gulika 10:07AM – 11:21AM	Uttaraproshtapada Until 8:48PM	Ganesha: Blue	Sunrise: 7:39AM	Sun 20	Sutra 263	Vikarin 5121
		Yama 7:39AM – 8:53AM	Variyan Until 12:08PM	Muruqa: Clear	Sunset: 5:29PM			Moon 12 - Phase 36
		813623466 Rahu 1:48PM – 3:02PM	Visti Until 11:46PM	Nataraja: Orange				Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:31AM	Moon – Clear				Bhuloka Day
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
<b>☽</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chapel Hill, NC
Meena Rasi: 21.13	Tithi 8 – 9	Gulika 8:53AM – 10:07AM	Revati Until 11:23PM	Ganesha: Blue	Sunrise: 7:40AM	Sun 21	Sutra 264	Vikarin 5121
		Yama 3:02PM – 4:16PM	Parigha* Until 12:51PM	Muruqa: Clear	Sunset: 5:30PM			Moon 12 - Phase 36
		813623466 Rahu 11:21AM – 12:35PM	Balava Until 2:02AM Sat	Nataraja: Orange				Navami
Creative Work	Siddha Yoga		Ashtami* Until 12:55PM	Moon – Clear				Bhuloka Day
Until 11:23PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Chapel Hill, NC Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	<b>Gulika</b> 7:40AM – 8:54AM <b>Yama</b> 1:49PM – 3:03PM <b>Rahu</b> 10:07AM – 11:21AM	<b>Ashvini Until 1:54AM Sun</b> Shiva Until 1:21PM Taitila Until 3:54AM Sun <b>Navami* Until 3:01PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:40AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Orange Moon – White <b>Devaloka Day</b> Pausha-Markali
Creative Work	Siddha Yoga				
Until 1:54AM Sun					
Then Routine Work - Prabalarishta Yoga					
<b>2</b>		<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Chapel Hill, NC Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	<b>Gulika</b> 3:03PM – 4:17PM <b>Yama</b> 12:36PM – 1:50PM <b>Rahu</b> 4:17PM – 5:31PM	<b>Bharani Until 3:44AM Mon</b> Siddha Until 1:27PM Vanija Until 5:11AM Mon <b>Dashami Until 4:36PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:40AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Orange Moon – White <b>Devaloka Day</b> Pausha-Markali
Routine Work	Prabalarishta Yoga				
Until 3:44AM Mon					
Then Routine Work - Marana Yoga					
<b>3</b>		<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Chapel Hill, NC Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	<b>Gulika</b> 1:50PM – 3:04PM <b>Yama</b> 11:22AM – 12:36PM <b>Rahu</b> 8:54AM – 10:08AM	<b>Krittika Until 4:45AM Tue</b> Sadhya Until 1:06PM Bava Until 5:47AM Tue <b>Ekadashi Until 5:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:40AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Orange Moon – White <b>Devaloka Day</b> Pausha-Markali
Family Home Evening	Marana Yoga				
Until 4:45AM Tue					
Then Creative Work - Amrita Yoga					
<b>4</b>		<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Chapel Hill, NC Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	<b>Gulika</b> 12:36PM – 1:51PM <b>Yama</b> 10:08AM – 11:22AM <b>Rahu</b> 3:05PM – 4:19PM	<b>Rohini Until 5:22AM Wed</b> Subha Until 12:13PM Kaulava Until 5:38AM Wed <b>Dvadashi Until 5:47PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:40AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Orange Moon – Yellow <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work	Amrita Yoga				
Until 5:22AM Wed					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata</i>					
<b>5</b>		<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Chapel Hill, NC Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	<b>Gulika</b> 11:23AM – 12:37PM <b>Yama</b> 8:54AM – 10:08AM <b>Rahu</b> 12:37PM – 1:51PM	<b>Mrigashira Until 5:09AM Thu</b> Sukla Until 10:44AM Gara Until 4:48AM Thu <b>Trayodashi Until 5:17PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:40AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Orange Moon – Yellow <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work	Siddha Yoga				
Until 5:09AM Thu					
Then Routine Work - Marana Yoga					
<b>6</b>		<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Chapel Hill, NC Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	<b>Gulika</b> 10:08AM – 11:23AM <b>Yama</b> 7:40AM – 8:54AM <b>Rahu</b> 1:52PM – 3:06PM	<b>Ardra Until 4:10AM Fri</b> Brahma Until 8:44AM Visti Until 3:19AM Fri <b>Chaturdashi* Until 4:07PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:40AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Orange Moon – Yellow <b>Devaloka Day</b> Pausha-Markali
Routine Work	Marana Yoga				
Until 4:10AM Fri					
Then Creative Work - Siddha Yoga					
<b>Ardra Darshanam</b>					
<b>○</b>		<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Chapel Hill, NC Sun 27 Sutra 271 Vikarin 5121
<b>Copper Retreat Star</b>					
Mithuna Rasi: 20.58	Tithi 15 – 16	844623466	<b>Gulika</b> 8:54AM – 10:09AM <b>Yama</b> 3:07PM – 4:21PM <b>Rahu</b> 11:23AM – 12:38PM	<b>Punarvasu Until 2:59AM Sat</b> Indra Until 6:16AM Balava Until 1:20AM Sat <b>Purnima* Until 2:22PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:39AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Orange Moon – Blue <b>Sivaloka Day</b> Pausha-Markali
Creative Work	Siddha Yoga				
<b>Penumbra Lunar Eclipse</b>					
<b>○</b>		<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Chapel Hill, NC Sun 27 Sutra 272 Vikarin 5121
<b>Silver Retreat Star</b>					
Kataka Rasi: 5.07	Tithi 16 – 17	844623466	<b>Gulika</b> 7:39AM – 8:54AM <b>Yama</b> 1:53PM – 3:07PM <b>Rahu</b> 10:09AM – 11:23AM	<b>Pushya Until 1:17AM Sun</b> Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM <b>Prathama* Until 12:10PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:39AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Orange Moon – Blue <b>Sivaloka Day</b> Pausha-Markali
Creative Work	Siddha Yoga				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chapel Hill, NC

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 4:23PM - 5:38PM

Gulika 3:08PM - 4:23PM Ashlesha\* Until 11:13PM

Yama 12:38PM - 1:53PM Priti Until 8:51PM

Rahu 4:23PM - 5:38PM Vanija Until 8:21PM

Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:39AM

Muruqa: Clear Sunset: 5:38PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Chapel Hill, NC

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:54AM - 10:09AM

Gulika 1:54PM - 3:09PM Magha\* Until 9:21PM

Yama 11:24AM - 12:39PM Ayushman Until 5:24PM

Rahu 8:54AM - 10:09AM Balava Until 4:16AM Tue

Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:39AM

Muruqa: Clear Sunset: 5:39PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Chapel Hill, NC

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 3:09PM - 4:25PM

Gulika 12:39PM - 1:54PM Purvaphalguni Until 7:23PM

Yama 10:09AM - 11:24AM Saubhagya Until 1:58PM

Rahu 3:09PM - 4:25PM Kaulava Until 2:57PM

Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:39AM

Muruqa: Clear Sunset: 5:40PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Chapel Hill, NC

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:40PM - 1:55PM

Gulika 11:24AM - 12:40PM Uttaraphalguni Until 5:26PM

Yama 8:54AM - 10:09AM Sobhana Until 10:40AM

Rahu 12:40PM - 1:55PM Gara Until 12:24PM

Shashthi\* Until 11:11PM

Ganesha: Clear Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:41PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Chapel Hill, NC

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 17.24 Tithi 22

844623466 Rahu 1:55PM - 3:11PM

Gulika 10:09AM - 11:24AM Hasta Until 4:00PM

Yama 7:38AM - 8:54AM Athiganda\* Until 7:30AM

Rahu 1:55PM - 3:11PM Visti Until 10:04AM

Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:42PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Chapel Hill, NC

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 11:25AM - 12:40PM

Gulika 8:53AM - 10:09AM Chitra Until 2:43PM

Yama 3:11PM - 4:27PM Dhriti Until 1:56AM Sat

Rahu 11:25AM - 12:40PM Balava Until 8:01AM

Ashtami\* Until 7:06PM

Ganesha: Purple Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:43PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Chapel Hill, NC

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Tula Rasi: 15.31 Tithi 24 - 25

844623466 Rahu 10:09AM - 11:25AM

Gulika 7:37AM - 8:53AM Svati Until 1:39PM

Yama 1:56PM - 3:12PM Shula\* Until 11:33PM

Rahu 10:09AM - 11:25AM Taitila Until 6:19AM

Navami\* Until 5:35PM

Ganesha: Purple Sunrise: 7:37AM

Muruqa: Clear Sunset: 5:44PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga


<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Chapel Hill, NC Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 26 – 26	<b>Gulika</b> 3:13PM – 4:29PM	<b>Vishakha</b> Until 1:14PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:37AM</i>	Moon 1 - Phase 39
		Yama 12:41PM – 1:57PM	Ganda* Until 9:30PM	<b>Muruqa:</b> Clear <i>Sunset: 5:45PM</i>	2nd Phase
Routine Work	Marana Yoga	874623466 <b>Rahu</b> 4:29PM – 5:45PM	Bava Until 4:01AM Mon	<b>Nataraja:</b> Orange	<b>Devaloka Day</b>
			Dashami Until 4:26PM	Moon – Orange	
				<b>Pausha*Thai</b>	

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Chapel Hill, NC Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	<b>Gulika</b> 1:57PM – 3:13PM	<b>Anuradha</b> Until 1:02PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:37AM</i>	Moon 1 - Phase 39
<b>Family Home Evening</b>		Yama 11:25AM – 12:41PM	Vriddhi Until 7:45PM	<b>Muruqa:</b> Clear <i>Sunset: 5:46PM</i>	2nd Phase
Creative Work	Siddha Yoga	874623466 <b>Rahu</b> 8:53AM – 10:09AM	Kaulava Until 3:27AM Tue	<b>Nataraja:</b> Orange	<b>Devaloka Day</b>
			Ekadashi* Until 3:40PM	Moon – Orange	
				<b>Pausha*Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Chapel Hill, NC Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	<b>Gulika</b> 12:41PM – 1:58PM	<b>Jyeshtha*</b> Until 1:05PM	<b>Ganesha:</b> Purple <i>Sunrise: 7:36AM</i>	Moon 1 - Phase 39
		Yama 10:09AM – 11:25AM	Dhruva Until 6:17PM	<b>Muruqa:</b> Clear <i>Sunset: 5:47PM</i>	2nd Phase
Routine Work	Marana Yoga	875623466 <b>Rahu</b> 3:14PM – 4:30PM	Gara Until 3:18AM Wed	<b>Nataraja:</b> Orange	<b>Bhuloka Day</b>
Until 1:05PM			Dvadashi* Until 3:18PM	Moon – Orange	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga				<b>Pausha*Thai</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Chapel Hill, NC Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	<b>Gulika</b> 11:25AM – 12:42PM	<b>Mula*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:36AM</i>	Moon 1 - Phase 39
		Yama 8:52AM – 10:09AM	Vyaghata* Until 5:10PM	<b>Muruqa:</b> Clear <i>Sunset: 5:48PM</i>	2nd Phase
Routine Work	Marana Yoga	885623466 <b>Rahu</b> 12:42PM – 1:58PM	Visti Until 3:34AM Thu	<b>Nataraja:</b> Orange	<b>Bhuloka Day</b>
Until 1:51PM			Trayodashi* Until 3:21PM	Moon – Light Blue	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga				<b>Pausha*Thai</b>	

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Chapel Hill, NC Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	<b>Gulika</b> 10:09AM – 11:25AM	<b>Purvashadha*</b> Until 2:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:35AM</i>	Moon 1 - Phase 39
		Yama 7:35AM – 8:52AM	Harshana Until 4:23PM	<b>Muruqa:</b> Clear <i>Sunset: 5:49PM</i>	2nd Phase
Creative Work	Siddha Yoga	885623466 <b>Rahu</b> 1:59PM – 3:15PM	Catuspada Until 4:15AM Fri	<b>Nataraja:</b> Orange	<b>Bhuloka Day</b>
Until 2:51PM			Chaturdashi* Until 3:50PM	Moon – Light Blue	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga				<b>Pausha*Thai</b>	

		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Chapel Hill, NC Sun 13 Sutra 285 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 8:51AM – 10:08AM	<b>Uttarashadha</b> Until 4:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:35AM</i>	Moon 1 - Phase 39
Makara Rasi: 4.37	Tithi 30 – 1	Yama 3:16PM – 4:33PM	Vajra* Until 3:54PM	<b>Muruqa:</b> Clear <i>Sunset: 5:50PM</i>	Amavasya
Routine Work	Marana Yoga	885623466 <b>Rahu</b> 11:25AM – 12:42PM	Kintughna Until 5:23AM Sat	<b>Nataraja:</b> Orange	<b>Bhuloka Day</b>
			Amavasya* Until 4:44PM	Moon – Light Blue	Devaloka Time: 3:PM to 6:PM
				<b>Pausha*Thai</b>	

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Chapel Hill, NC Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	<b>Gulika</b> 7:34AM – 8:51AM	<b>Shravana</b> Until 6:08PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:34AM</i>	Moon 1 - Phase 39
		Yama 2:00PM – 3:17PM	Siddhi Until 3:46PM	<b>Muruqa:</b> Clear <i>Sunset: 5:51PM</i>	Prathama
Creative Work	Siddha Yoga	995623466 <b>Rahu</b> 10:08AM – 11:25AM	Bava Until 6:05PM	<b>Nataraja:</b> Orange	<b>Bhuloka Day</b>
			Prathama* Until 6:05PM	Moon – Purple	Devaloka Time: 3:PM to 6:PM
				<b>Magha*Thai</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau	Chapel Hill, NC Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	<b>Gulika</b> 3:17PM – 4:35PM	<b>Dhanishtha Until 8:21PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:33AM	
		Yama 12:43PM – 2:00PM	Vyatipata* Until 3:57PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:52PM	Moon 1 - Phase 40
		995723466 <b>Rahu</b> 4:35PM – 5:52PM	Balava Until 6:56AM	<b>Nataraja:</b> Orange	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 7:50PM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 8:21PM				<b>Magha-Thai</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau	Chapel Hill, NC Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	<b>Gulika</b> 2:00PM – 3:18PM	<b>Shatabhishak Until 10:45PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:33AM	
<b>Family Home Evening</b>		Yama 11:25AM – 12:43PM	Variyan Until 4:23PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:53PM	Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:50AM – 10:08AM	Taitila Until 8:52AM	<b>Nataraja:</b> Orange	3rd Phase
Until 10:45PM			<b>Tritiya Until 9:56PM</b>	Moon – Purple	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>	

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chalurthyam Titau	Chapel Hill, NC Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	<b>Gulika</b> 12:43PM – 2:01PM	<b>Purvaproshtapada* Until 1:44AM Wed</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:32AM	
		Yama 10:08AM – 11:25AM	Parigha* Until 5:02PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:54PM	Moon 1 - Phase 40
		915723466 <b>Rahu</b> 3:18PM – 4:36PM	Vanija Until 11:06AM	<b>Nataraja:</b> Orange	3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 12:18AM Wed</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 1:44AM Wed				<b>Magha-Thai</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	Chapel Hill, NC Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	<b>Gulika</b> 11:25AM – 12:43PM	<b>Uttaraproshtapada Until 4:41AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:31AM	
		Yama 8:49AM – 10:07AM	Shiva Until 5:51PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:55PM	Moon 1 - Phase 40
		915723466 <b>Rahu</b> 12:43PM – 2:01PM	Bava Until 1:34PM	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 2:49AM Thu</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Magha-Thai</b>	

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau	Chapel Hill, NC Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	<b>Gulika</b> 10:07AM – 11:25AM	<b>Revati Until 7:26AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:31AM	
		Yama 7:31AM – 8:49AM	Siddha Until 6:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:56PM	Moon 1 - Phase 40
		916723466 <b>Rahu</b> 2:02PM – 3:20PM	Kaulava Until 4:06PM	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 5:19AM Fri</b>	Moon – Clear	<b>Devaloka Day</b>
Until 7:26AM Fri				<b>Magha-Thai</b>	
Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau	Chapel Hill, NC Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	<b>Gulika</b> 8:48AM – 10:07AM	<b>Revati Until 7:26AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:30AM	
		Yama 3:20PM – 4:39PM	Sadhya Until 7:25PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM	Moon 1 - Phase 40
		916723466 <b>Rahu</b> 11:25AM – 12:43PM	Gara Until 6:32PM	<b>Nataraja:</b> Orange	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM Sat</b>	Moon – Clear	<b>Devaloka Day</b>
Until 7:26AM				<b>Magha-Thai</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Chapel Hill, NC Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	<b>Gulika</b> 7:30AM – 8:48AM	<b>Ashvini Until 10:20AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:30AM	
		Yama 2:02PM – 3:20PM	Subha Until 7:57PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM	Moon 1 - Phase 40
		926723466 <b>Rahu</b> 10:07AM – 11:25AM	Visti Until 8:40PM	<b>Nataraja:</b> Orange	Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM</b>	Moon – White	<b>Bhuloka Day</b>
				<b>Magha-Thai</b>	Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Chapel Hill, NC Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	<b>Gulika</b> 3:21PM – 4:39PM	<b>Bharani Until 12:39PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:29AM	
		Yama 12:44PM – 2:02PM	Sukla Until 8:05PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:58PM	Moon 1 - Phase 40
		926723466 <b>Rahu</b> 4:39PM – 5:58PM	Balava Until 10:18PM	<b>Nataraja:</b> Orange	Navami
Routine Work	Prabalarishta Yoga		<b>Ashtami* Until 9:32AM</b>	Moon – White	<b>Bhuloka Day</b>
Until 12:39PM				<b>Magha-Thai</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					


<b>1</b>	<b>Monday, February 3, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Chapel Hill, NC Sun 23 Sutra 295 Vikarin 5121
	Vrishabha Rasi: 5.37    Tilthi 9 – 10	<b>Gulika</b> 2:03PM – 3:21PM	<b>Krittika</b> <b>Until 2:12PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:28AM
	<b>Family Home Evening</b> 926723466	Yama 11:25AM – 12:44PM	Brahma <b>Until 7:42PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:59PM
	Routine Work    Marana Yoga	<b>Rahu</b> 8:47AM – 10:06AM	Taitila <b>Until 11:13PM</b>	<b>Nataraja:</b> Orange
	Until 2:12PM Then Creative Work - Amrita Yoga		<b>Navami* Until 10:50AM</b>	Moon – White <b>Magha-Thai</b> <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>2</b>	<b>Tuesday, February 4, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Chapel Hill, NC Sun 24 Sutra 296 Vikarin 5121
	Vrishabha Rasi: 18.17    Tilthi 10 – 11	<b>Gulika</b> 12:44PM – 2:03PM	<b>Rohini</b> <b>Until 3:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:28AM
	936723467	Yama 10:06AM – 11:25AM	Indra <b>Until 6:44PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:00PM
	Creative Work    Amrita Yoga	<b>Rahu</b> 3:22PM – 4:41PM	Vanija <b>Until 11:19PM</b>	<b>Nataraja:</b> Clear
	Until 3:20PM Then Creative Work - Siddha Yoga		<b>Dashami</b> <b>Until 11:21AM</b>	Moon – Yellow <b>Magha-Thai</b> <b>Devaloka Day</b>

<b>3</b>	<b>Wednesday, February 5, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Chapel Hill, NC Sun 25 Sutra 297 Vikarin 5121
	Mithuna Rasi: 1.22    Tilthi 11 – 12	<b>Gulika</b> 11:25AM – 12:44PM	<b>Mrigashira</b> <b>Until 3:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:27AM
	936723467	Yama 8:46AM – 10:05AM	Vaidhriti* <b>Until 5:05PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:01PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 12:44PM – 2:03PM	Bava <b>Until 10:35PM</b>	<b>Nataraja:</b> Clear
	Until 3:20PM Then Creative Work - Siddha Yoga		<b>Ekadashi</b> <b>Until 11:02AM</b>	Moon – Yellow <b>Magha-Thai</b> <b>Devaloka Day</b>

<b>4</b>	<b>Thursday, February 6, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Chapel Hill, NC Sun 26 Sutra 298 Vikarin 5121
	Mithuna Rasi: 14.54    Tilthi 12 – 13	<b>Gulika</b> 10:05AM – 11:24AM	<b>Ardra</b> <b>Until 2:41PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:26AM
	936723467	Yama 7:26AM – 8:45AM	Vishkambha* <b>Until 2:48PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:02PM
	Routine Work    Marana Yoga	<b>Rahu</b> 2:04PM – 3:23PM	Kaulava <b>Until 9:03PM</b>	<b>Nataraja:</b> Clear
	Until 2:41PM Then Creative Work - Amrita Yoga		<b>Dvadashi</b> <b>Until 9:54AM</b>	Moon – Yellow <b>Magha-Thai</b> <b>Devaloka Day</b>

<b>5</b>	<b>Friday, February 7, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Chapel Hill, NC Sun 27 Sutra 299 Vikarin 5121
	Mithuna Rasi: 28.53    Tilthi 13 – 14	<b>Gulika</b> 8:45AM – 10:04AM	<b>Punarvasu</b> <b>Until 1:28PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:25AM
	947723467	Yama 3:24PM – 4:43PM	Priti <b>Until 11:57AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:03PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 11:24AM – 12:44PM	Gara <b>Until 6:50PM</b>	<b>Nataraja:</b> Clear
	Until 1:28PM Then Routine Work - Marana Yoga	<b>Thai Pusam</b>	<b>Trayodashi</b> <b>Until 8:00AM</b>	Moon – Blue <b>Magha-Thai</b> <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Saturday, February 8, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau		Chapel Hill, NC Sun 28 Sutra 300 Vikarin 5121
	<b>Copper Retreat Star</b>	<b>Gulika</b> 7:24AM – 8:44AM	<b>Pushya</b> <b>Until 11:31AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:24AM
	Kataka Rasi: 13.17    Tilthi 15	Yama 2:04PM – 3:24PM	Ayushman <b>Until 8:36AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:04PM
	947723467	<b>Rahu</b> 10:04AM – 11:24AM	Visti <b>Until 4:03PM</b>	<b>Nataraja:</b> Clear
	Creative Work    Siddha Yoga		<b>Purnima* Until 2:30AM Sun</b>	Moon – Blue <b>Magha-Thai</b> <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, February 9, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Chapel Hill, NC Sun 29 Sutra 301 Vikarin 5121
	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:25PM – 4:45PM	<b>Ashlesha*</b> <b>Until 9:01AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:23AM
	Kataka Rasi: 28.02    Tilthi 16	Yama 12:44PM – 2:04PM	Sobhana <b>Until 12:59AM Mon</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:05PM
	947723467	<b>Rahu</b> 4:45PM – 6:05PM	Balava <b>Until 12:54PM</b>	<b>Nataraja:</b> Clear
	Creative Work    Siddha Yoga		<b>Prathama* Until 11:13PM</b>	Moon – Blue <b>Magha-Thai</b> <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM





**Monday, February 10, 2020**  
**Gold Retreat Star**

Simha Rasi: 12.59 Tithi 17  
Family Home Evening 957723467  
Routine Work Marana Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 2:05PM - 3:25PM  
Yama 11:24AM - 12:44PM  
Rahu 8:43AM - 10:03AM  
Magha\* Until 6:33AM  
Athiganda\* Until 8:56PM  
Taitila Until 9:31AM  
Dvitiya Until 7:47PM

Chapel Hill, NC Sutra 302 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: Red Sunrise: 7:22AM  
Muruqa: Clear Sunset: 6:06PM  
Nataraja: Clear  
Moon - Red  
Devaloka Day  
Magha\*Thai

**1**

**Tuesday, February 11, 2020**

Simha Rasi: 27.59 Tithi 18 - 19  
957723467  
Creative Work Amrita Yoga  
Until 1:08AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau  
Gulika 12:44PM - 2:05PM  
Yama 10:03AM - 11:23AM  
Rahu 3:26PM - 4:47PM  
Uttaraphalguni Until 1:08AM Wed  
Sukarma Until 4:57PM  
Vanija Until 6:06AM  
Tritiya Until 4:24PM

Chapel Hill, NC Sun 1 Sutra 303 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: Red Sunrise: 7:21AM  
Muruqa: Clear Sunset: 6:07PM  
Nataraja: Clear  
Moon - Red  
Devaloka Day  
Magha\*Thai

**2**

**Wednesday, February 12, 2020**

Kanya Rasi: 12.55 Tithi 19 - 20  
968723467  
Routine Work Marana Yoga  
Until 10:56PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
Gulika 11:23AM - 12:44PM  
Yama 8:41AM - 10:02AM  
Rahu 12:44PM - 2:05PM  
Hasta Until 10:56PM  
Dhriti Until 1:07PM  
Kaulava Until 11:43PM  
Chaturthi\* Until 1:11PM

Chapel Hill, NC Sun 2 Sutra 304 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: Green Sunrise: 7:20AM  
Muruqa: Clear Sunset: 6:08PM  
Nataraja: Clear  
Moon - Green  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha\*Thai

**3**

**Thursday, February 13, 2020**

Kanya Rasi: 27.38 Tithi 20 - 21  
968723467  
Creative Work Siddha Yoga  
Until 8:58PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
Gulika 10:02AM - 11:23AM  
Yama 7:19AM - 8:40AM  
Rahu 2:05PM - 3:27PM  
Chitra Until 8:58PM  
Shula\* Until 9:32AM  
Gara Until 9:03PM  
Panchami Until 10:19AM

Chapel Hill, NC Sun 3 Sutra 305 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: White Sunrise: 7:19AM  
Muruqa: Clear Sunset: 6:09PM  
Nataraja: Clear  
Moon - Green  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha\*Masi

**4**

**Friday, February 14, 2020**

Tula Rasi: 12.02 Tithi 21 - 22  
968723467  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 8:40AM - 10:01AM  
Yama 3:27PM - 4:49PM  
Rahu 11:23AM - 12:44PM  
Svati Until 7:23PM  
Ganda\* Until 6:20AM  
Visti Until 6:54PM  
Shashthi\* Until 7:53AM

Chapel Hill, NC Sun 4 Sutra 306 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: White Sunrise: 7:18AM  
Muruqa: Clear Sunset: 6:10PM  
Nataraja: Clear  
Moon - Green  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha\*Masi

**D**

**Saturday, February 15, 2020**  
**Retreat Star**

Tula Rasi: 26.04 Tithi 22 - 23  
978723467  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau  
Gulika 7:17AM - 8:39AM  
Yama 2:06PM - 3:28PM  
Rahu 10:01AM - 11:22AM  
Vishakha Until 6:39PM  
Dhruva Until 1:17AM Sun  
Kaulava Until 4:44AM Sun  
Saptami Until 6:01AM

Chapel Hill, NC Sun 5 Sutra 307 Vikarin 5121  
Moon 2 - Phase 42 Ashtami  
Ganesha: Clear Sunrise: 7:17AM  
Muruqa: Clear Sunset: 6:11PM  
Nataraja: Clear  
Moon - Orange  
Devaloka Day  
Magha\*Masi

**Sunday, February 16, 2020**  
**Retreat Star**

Vrischika Rasi: 9.44 Tithi 24  
978723467  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau  
Gulika 3:28PM - 4:50PM  
Yama 12:44PM - 2:06PM  
Rahu 4:50PM - 6:12PM  
Anuradha Until 6:23PM  
Vyaghata\* Until 11:30PM  
Taitila Until 4:22PM  
Navami\* Until 4:06AM Mon

Chapel Hill, NC Sun 6 Sutra 308 Vikarin 5121  
Moon 2 - Phase 42 Navami  
Ganesha: Clear Sunrise: 7:16AM  
Muruqa: Clear Sunset: 6:12PM  
Nataraja: Clear  
Moon - Orange  
Devaloka Day  
Magha\*Masi

<b>1</b>	<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau				Chapel Hill, NC Sun 7 Sutra 309 Vikarin 5121
	Vrischika Rasi: 23.04 Family Home Evening Creative Work Siddha Yoga	Tithi 25 978723467	Gulika 2:06PM – 3:29PM Yama 11:22AM – 12:44PM Rahu 8:37AM – 9:59AM	Jyeshtha* Until 6:33PM Harshana Until 10:12PM Vanija Until 4:01PM Dashami Until 4:03AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange Magha-Masi	Sunrise: 7:15AM Sunset: 6:13PM	Moon 2 - Phase 43 2nd Phase Devaloka Day

<b>2</b>	<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Chapel Hill, NC Sun 8 Sutra 310 Vikarin 5121
	Dhanus Rasi: 6.04 Creative Work Amrita Yoga Until 7:36PM Then Creative Work - Siddha Yoga	Tithi 26 988723467	Gulika 12:44PM – 2:06PM Yama 9:59AM – 11:21AM Rahu 3:29PM – 4:52PM	Mula* Until 7:36PM Vajra* Until 9:19PM Bava Until 4:16PM Ekadashi* Until 4:34AM Wed	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:14AM Sunset: 6:14PM	Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Chapel Hill, NC Sun 9 Sutra 311 Vikarin 5121
	Dhanus Rasi: 18.49 Creative Work Amrita Yoga	Tithi 27 988723467	Gulika 11:21AM – 12:44PM Yama 8:35AM – 9:58AM Rahu 12:44PM – 2:07PM	Purvashadha* Until 8:58PM Siddhi Until 8:49PM Kaulava Until 5:01PM Dvadashi* Until 5:32AM Thu	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:12AM Sunset: 6:15PM	Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau				Chapel Hill, NC Sun 10 Sutra 312 Vikarin 5121
	Makara Rasi: 1.2 Routine Work Marana Yoga Until 10:35PM Then Creative Work - Siddha Yoga	Tithi 28 989823467	Gulika 9:58AM – 11:21AM Yama 7:11AM – 8:34AM Rahu 2:07PM – 3:30PM	Uttarashadha Until 10:35PM Vyatipata* Until 8:40PM Gara Until 6:12PM Trayodashi* Until 6:55AM Fri <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 7:11AM Sunset: 6:16PM	Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Chapel Hill, NC Sun 11 Sutra 313 Vikarin 5121
	Makara Rasi: 13.42 Routine Work Marana Yoga Until 12:52AM Sat Then Creative Work - Siddha Yoga	Tithi 28 – 29 999823467	Gulika 8:34AM – 9:57AM Yama 3:30PM – 4:54PM Rahu 11:20AM – 12:44PM	Shravana Until 12:52AM Sat Variyan Until 8:45PM Visti Until 7:45PM Trayodashi* Until 6:55AM	Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 7:10AM Sunset: 6:17PM	Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

	<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Chapel Hill, NC Sun 12 Sutra 314 Vikarin 5121		
	<b>Retreat Star</b>		Makara Rasi: 25.55 Creative Work Siddha Yoga	Tithi 29 – 30 999823467	Gulika 7:09AM – 8:33AM Yama 2:07PM – 3:31PM Rahu 9:56AM – 11:20AM	Dhanishtha Until 3:16AM Sun Parigha* Until 9:04PM Catuspada Until 9:36PM Chaturdashi* Until 8:37AM	Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 7:09AM Sunset: 6:18PM	Moon 2 - Phase 43 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM

	<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Chapel Hill, NC Sun 13 Sutra 315 Vikarin 5121		
	<b>Retreat Star</b>		Kumbha Rasi: 8.02 Creative Work Siddha Yoga Until 5:43AM Mon Then Routine Work - Marana Yoga	Tithi 30 – 1 999823467	Gulika 3:31PM – 4:55PM Yama 12:43PM – 2:07PM Rahu 4:55PM – 6:19PM	Shatabhishak Until 5:43AM Mon Shiva Until 9:36PM Kintughna Until 11:42PM Amavasya* Until 10:36AM	Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Purple Phalgun-Masi	Sunrise: 7:08AM Sunset: 6:19PM	Moon 2 - Phase 43 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Chapel Hill, NC Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 20.03 Tithi 1 – 2 <b>Family Home Evening</b> Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:07PM – 3:32PM Yama 11:19AM – 12:43PM <b>Rahu</b> 8:31AM – 9:55AM	<b>Purvaproshtapada* Until 8:41AM Tue</b> Siddha Until 10:15PM Balava Until 2:00AM Tue <b>Prathama* Until 12:48PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 7:07AM Sunset: 6:20PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Chapel Hill, NC Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Meena Rasi: 1.59 Tithi 2 – 3 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 12:43PM – 2:08PM Yama 9:54AM – 11:19AM <b>Rahu</b> 3:32PM – 4:56PM	<b>Purvaproshtapada* Until 8:41AM</b> Sadhya Until 11:02PM Taitila Until 4:27AM Wed <b>Dvitiya Until 3:11PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 7:05AM Sunset: 6:21PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Chapel Hill, NC Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 13.53 Tithi 3 – 4 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	<b>Gulika</b> 11:18AM – 12:43PM Yama 8:29AM – 9:53AM <b>Rahu</b> 12:43PM – 2:08PM	<b>Uttaraproshtapada Until 11:36AM</b> Subha Until 11:55PM Vanija Until 6:58AM Thu <b>Tritiya Until 5:41PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 7:04AM Sunset: 6:22PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau			Chapel Hill, NC Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 25.45 Tithi 4 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:53AM – 11:18AM Yama 7:03AM – 8:28AM <b>Rahu</b> 2:08PM – 3:33PM	<b>Revati Until 2:25PM</b> Sukla Until 12:45AM Fri Vanija Until 6:58AM <b>Chaturthi* Until 8:12PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 7:03AM Sunset: 6:23PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau			Chapel Hill, NC Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 7.37 Tithi 5 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:27AM – 9:52AM Yama 3:33PM – 4:58PM <b>Rahu</b> 11:17AM – 12:43PM	<b>Ashvini Until 5:29PM</b> Brahma Until 1:31AM Sat Bava Until 9:27AM <b>Panchami Until 10:37PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 7:01AM Sunset: 6:24PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau			Chapel Hill, NC Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 19.33 Tithi 6 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:00AM – 8:26AM Yama 2:08PM – 3:33PM <b>Rahu</b> 9:51AM – 11:17AM	<b>Bharani Until 8:10PM</b> Indra Until 2:05AM Sun Kaulava Until 11:45AM <b>Shashthi* Until 12:45AM Sun</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 7:00AM Sunset: 6:25PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau			Chapel Hill, NC Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:34PM – 5:00PM Yama 12:42PM – 2:08PM <b>Rahu</b> 5:00PM – 6:26PM	<b>Krittika Until 10:16PM</b> Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM <b>Saptami Until 2:25AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:58AM Sunset: 6:26PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau			Chapel Hill, NC Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:08PM – 3:35PM Yama 11:15AM – 12:42PM <b>Rahu</b> 8:23AM – 9:49AM	<b>Rohini Until 12:04AM Tue</b> Vishkambha* Until 1:54AM Tue Visti Until 3:01PM <b>Ashtami* Until 3:23AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:56AM Sunset: 6:27PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau			Chapel Hill, NC Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 12:42PM – 2:08PM Yama 9:48AM – 11:15AM <b>Rahu</b> 3:35PM – 5:01PM	<b>Mrigashira Until 12:55AM Wed</b> Priti Until 12:57AM Wed Balava Until 3:36PM <b>Navami* Until 3:33AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:55AM Sunset: 6:28PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Chapel Hill, NC Sun 23 Sutra 325 Vikarin 5121	
Mithuna Rasi: 9.26	Tithi 10	<b>Gulika</b> 11:14AM – 12:41PM	<b>Ardra</b> Until 12:47AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:29PM
		Yama 8:21AM – 9:47AM	Ayushman Until 11:18PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		131833467 <b>Rahu</b> 12:41PM – 2:08PM	Taitila Until 3:19PM	Moon – Yellow			4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:49AM Thu	<b>Devaloka Day</b>			
Until 12:47AM Thu				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau		Chapel Hill, NC Sun 24 Sutra 326 Vikarin 5121	
Mithuna Rasi: 22.52	Tithi 11	<b>Gulika</b> 9:47AM – 11:14AM	<b>Punarvasu</b> Until 12:05AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:30PM
		Yama 6:52AM – 8:19AM	Saubhagya Until 8:58PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 2:08PM – 3:35PM	Vanija Until 2:09PM	Moon – Blue			4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 1:14AM Fri	<b>Bhuloka Day</b>			
Until 12:05AM Fri				<b>Devaloka Time: 3:PM to 6:PM</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Chapel Hill, NC Sun 25 Sutra 327 Vikarin 5121	
Kataka Rasi: 6.48	Tithi 12	<b>Gulika</b> 8:18AM – 9:46AM	<b>Pushya</b> Until 10:29PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:51AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM
		Yama 3:36PM – 5:03PM	Sobhana Until 6:00PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 11:13AM – 12:41PM	Bava Until 12:10PM	Moon – Blue			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 10:53PM	<b>Bhuloka Day</b>			
				<b>Devaloka Time: 3:PM to 6:PM</b>			

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Chapel Hill, NC Sun 26 Sutra 328 Vikarin 5121	
Kataka Rasi: 21.13	Tithi 13	<b>Gulika</b> 6:49AM – 8:17AM	<b>Ashlesha*</b> Until 8:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:49AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM
		Yama 2:08PM – 3:36PM	Athiganda* Until 2:29PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:45AM – 11:13AM	Kaulava Until 9:29AM	Moon – Blue			4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 7:54PM	<b>Bhuloka Day</b>			
Until 8:07PM				<b>Devaloka Time: 3:PM to 6:PM</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau		Chapel Hill, NC Sun 27 Sutra 329 Vikarin 5121	
Simha Rasi: 6.04	Tithi 14 – 15	<b>Gulika</b> 3:36PM – 5:04PM	<b>Magha*</b> Until 5:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:48AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM
		Yama 12:40PM – 2:08PM	Sukarma Until 10:34AM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		151833467 <b>Rahu</b> 5:04PM – 6:33PM	Gara Until 6:15AM	Moon – Red			4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 4:27PM	<b>Devaloka Day</b>			
Until 5:33PM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>					

		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Chapel Hill, NC Sutra 330 Vikarin 5121	
Simha Rasi: 21.12	Tithi 15 – 16	<b>Gulika</b> 2:08PM – 3:37PM	<b>Purvaphalguni</b> Until 2:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:47AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM
<b>Family Home Evening</b>		Yama 11:12AM – 12:40PM	Dhriti Until 6:23AM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
Creative Work	Siddha Yoga	152833467 <b>Rahu</b> 8:15AM – 9:43AM	Balava Until 10:49PM	Moon – Red			Purnima
			<b>Purnima*</b> Until 12:43PM	<b>Sivaloka Day</b>			
		<b>Holi</b>		<b>Phalguna-Masi</b>			

<b>Tuesday, March 10, 2020</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Chapel Hill, NC Sutra 331 Vikarin 5121	
Kanya Rasi: 6.29	Tithi 16 – 17	<b>Gulika</b> 12:40PM – 2:08PM	<b>Uttaraphalguni</b> Until 11:22AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:45AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM
		Yama 9:43AM – 11:11AM	Ganda* Until 9:41PM	<b>Nataraja:</b> Clear			Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:37PM – 5:06PM	Taitila Until 6:59PM	Moon – Red			Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 8:53AM	<b>Sivaloka Day</b>			
Until 11:22AM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chapel Hill, NC

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

**Gulika** 11:11AM – 12:40PM  
Yama 8:13AM – 9:42AM  
**Rahu** 12:40PM – 2:08PM

**Hasta Until 8:31AM**  
Vriddhi Until 5:31PM  
Vanija Until 3:18PM

**Ganesha:** Clear *Sunrise: 6:44AM*  
**Muruqa:** Orange *Sunset: 6:35PM*  
**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Chapel Hill, NC

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

**Gulika** 9:41AM – 11:10AM  
Yama 6:43AM – 8:12AM  
**Rahu** 2:08PM – 3:38PM

**Svati Until 3:24AM Fri**  
Dhruva Until 1:36PM  
Bava Until 11:57AM  
**Chaturthi\* Until 10:25PM**

**Ganesha:** Clear *Sunrise: 6:43AM*  
**Muruqa:** Orange *Sunset: 6:36PM*  
**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Chapel Hill, NC

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

**Gulika** 8:11AM – 9:40AM  
Yama 3:38PM – 5:07PM  
**Rahu** 11:10AM – 12:39PM

**Vishakha Until 1:51AM Sat**  
Vyaghata\* Until 10:06AM  
Kaulava Until 9:04AM  
**Panchami Until 7:50PM**

**Ganesha:** Purple *Sunrise: 6:41AM*  
**Muruqa:** Orange *Sunset: 6:37PM*  
**Nataraja:** Clear  
Moon – Orange

**Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Chapel Hill, NC

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

**Gulika** 6:40AM – 8:09AM  
Yama 2:08PM – 3:38PM  
**Rahu** 9:39AM – 11:09AM

**Anuradha Until 12:52AM Sun**  
Harshana Until 7:08AM  
Gara Until 6:49AM  
**Shashthi\* Until 5:56PM**

**Ganesha:** Purple *Sunrise: 6:40AM*  
**Muruqa:** Orange *Sunset: 6:38PM*  
**Nataraja:** Purple  
Moon – Orange

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chapel Hill, NC

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

**Gulika** 3:38PM – 5:08PM  
Yama 12:38PM – 2:08PM  
**Rahu** 5:08PM – 6:39PM

**Jyeshtha\* Until 12:31AM Mon**  
Siddhi Until 2:58AM Mon  
Balava Until 4:33AM Mon  
**Saptami Until 4:48PM**

**Ganesha:** Clear *Sunrise: 6:38AM*  
**Muruqa:** Orange *Sunset: 6:39PM*  
**Nataraja:** Purple  
Moon – Orange

**Sivaloka Day**

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

Phalgunu-Panguni

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chapel Hill, NC

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

**Gulika** 2:08PM – 3:39PM  
Yama 11:08AM – 12:38PM  
**Rahu** 8:07AM – 9:38AM

**Mula\* Until 1:13AM Tue**  
Vyatipata\* Until 1:50AM Tue  
Taitila Until 4:36AM Tue  
**Ashtami\* Until 4:28PM**

**Ganesha:** Purple *Sunrise: 6:37AM*  
**Muruqa:** Orange *Sunset: 6:39PM*  
**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**

Creative Work Siddha Yoga

Phalgunu-Panguni

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Chapel Hill, NC

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

**Gulika** 12:38PM – 2:08PM  
Yama 9:37AM – 11:07AM  
**Rahu** 3:39PM – 5:10PM

**Purvashadha\* Until 2:29AM Wed**  
Variyan Until 1:14AM Wed  
Vanija Until 5:21AM Wed  
**Navami\* Until 4:52PM**

**Ganesha:** Purple *Sunrise: 6:35AM*  
**Muruqa:** Orange *Sunset: 6:40PM*  
**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

Phalgunu-Panguni

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Chapel Hill, NC Sun 8 Sutra 339 Vikarin 5121
Dhanus Rasi: 28.29	Tithi 25 – 26	<b>Gulika</b> 11:07AM – 12:38PM	<b>Uttarashadha</b> Until 4:10AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:34AM	
		Yama 8:05AM – 9:36AM	Parigha* Until 1:07AM Thu	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 47
	182933468	<b>Rahu</b> 12:38PM – 2:08PM	Bava Until 6:42AM Thu	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue	<b>Devaloka Day</b>
Until 4:10AM Thu				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Chapel Hill, NC Sun 9 Sutra 340 Vikarin 5121
Makara Rasi: 10.5	Tithi 26	<b>Gulika</b> 9:35AM – 11:06AM	<b>Shravana</b> Until 6:37AM Fri	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:33AM	
		Yama 6:33AM – 8:04AM	Shiva Until 1:23AM Fri	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
	192933468	<b>Rahu</b> 2:08PM – 3:40PM	Bava Until 6:42AM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple	<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau	Chapel Hill, NC Sun 10 Sutra 341 Vikarin 5121
Makara Rasi: 23.01	Tithi 27	<b>Gulika</b> 8:03AM – 9:34AM	<b>Shravana</b> Until 6:37AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:31AM	
		Yama 3:40PM – 5:11PM	Siddha Until 1:53AM Sat	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:43PM	Moon 3 - Phase 47
	192933468	<b>Rahu</b> 11:05AM – 12:37PM	Kaulava Until 8:30AM	<b>Nataraja:</b> Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple	<b>Sivaloka Day</b>
Until 6:37AM				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Chapel Hill, NC Sun 11 Sutra 342 Vikarin 5121
Kumbha Rasi: 5.04	Tithi 28	<b>Gulika</b> 6:30AM – 8:01AM	<b>Dhanishtha</b> Until 9:12AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:30AM	
		Yama 2:08PM – 3:40PM	Sadhya Until 2:34AM Sun	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:44PM	Moon 3 - Phase 47
	192933468	<b>Rahu</b> 9:33AM – 11:05AM	Gara Until 10:36AM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple	<b>Sivaloka Day</b>
Until 9:12AM				<b>Phalguna-Panguni</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthpada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Chapel Hill, NC Sun 12 Sutra 343 Vikarin 5121
Kumbha Rasi: 17.01	Tithi 29	<b>Gulika</b> 3:40PM – 5:12PM	<b>Shatabhishak</b> Until 11:48AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:28AM	
		Yama 12:36PM – 2:08PM	Subha Until 3:22AM Mon	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:44PM	Moon 3 - Phase 47
	193933468	<b>Rahu</b> 5:12PM – 6:44PM	Visti Until 12:53PM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Chapel Hill, NC Sun 13 Sutra 344 Vikarin 5121
Kumbha Rasi: 28.56	Tithi 30	<b>Gulika</b> 2:08PM – 3:41PM	<b>Purvaprosarthpada*</b> Until 2:51PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM	
<b>Family Home Evening</b>		Yama 11:04AM – 12:36PM	Sukla Until 4:12AM Tue	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:45PM	Moon 3 - Phase 47
	113933468	<b>Rahu</b> 7:59AM – 9:31AM	Catuspada Until 3:17PM	<b>Nataraja:</b> Purple	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:28AM Tue	Moon – Clear	<b>Sivaloka Day</b>
Until 2:51PM				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau	Chapel Hill, NC Sun 14 Sutra 345 Vikarin 5121
Meena Rasi: 10.49	Tithi 1	<b>Gulika</b> 12:36PM – 2:08PM	<b>Uttaraprosarthpada</b> Until 5:47PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:25AM	
		Yama 9:31AM – 11:03AM	Brahma Until 5:04AM Wed	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:46PM	Moon 3 - Phase 47
	113933468	<b>Rahu</b> 3:41PM – 5:13PM	Kintughna Until 5:43PM	<b>Nataraja:</b> Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear	<b>Sivaloka Day</b>
Until 5:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>	
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Chapel Hill, NC Sun 15 Sutra 346
Meena Rasi: 22.42	Tithi 1 – 2	<b>Gulika</b> 11:03AM – 12:35PM Yama 7:57AM – 9:30AM 113933468 <b>Rahu</b> 12:35PM – 2:08PM	<b>Revati Until 8:33PM</b> Indra Until 5:55AM Thu Balava Until 8:10PM Prathama* Until 6:55AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Purple Moon – Clear	Vikarin 5121 Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Routine Work	Marana Yoga				
<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Chapel Hill, NC Sun 16 Sutra 347
Mesha Rasi: 4.35	Tithi 2 – 3	<b>Gulika</b> 9:29AM – 11:02AM Yama 6:23AM – 7:56AM 123933468 <b>Rahu</b> 2:08PM – 3:41PM	<b>Ashvini Until 11:36PM</b> Vaidhriti* Until 6:41AM Fri Taitila Until 10:33PM Dvitiya Until 9:21AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:48PM <b>Nataraja:</b> Purple Moon – White	Vikarin 5121 Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi			
Until 11:36PM					
Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Chapel Hill, NC Sun 17 Sutra 348
Mesha Rasi: 16.31	Tithi 3 – 4	<b>Gulika</b> 7:55AM – 9:28AM Yama 3:42PM – 5:15PM 123933468 <b>Rahu</b> 11:01AM – 12:35PM	<b>Bharani Until 2:19AM Sat</b> Vaidhriti* Until 6:41AM Vanija Until 12:47AM Sat Tritiya Until 11:40AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:21AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:48PM <b>Nataraja:</b> Purple Moon – White	Vikarin 5121 Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 2:19AM Sat					
Then Creative Work - Amrita Yoga					
<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Chapel Hill, NC Sun 18 Sutra 349
Mesha Rasi: 28.3	Tithi 4 – 5	<b>Gulika</b> 6:20AM – 7:53AM Yama 2:08PM – 3:42PM 123933468 <b>Rahu</b> 9:27AM – 11:01AM	<b>Krittika Until 4:37AM Sun</b> Vishkambha* Until 7:20AM Bava Until 2:44AM Sun Chaturthi* Until 1:47PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:20AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Purple Moon – White	Vikarin 5121 Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga				
Until 4:37AM Sun					
Then Creative Work - Siddha Yoga					
<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Chapel Hill, NC Sun 19 Sutra 350
Vrishabha Rasi: 10.37	Tithi 5 – 6	<b>Gulika</b> 3:42PM – 5:16PM Yama 12:34PM – 2:08PM 133933468 <b>Rahu</b> 5:16PM – 6:50PM	<b>Rohini Until 6:50AM Mon</b> Priti Until 7:46AM Kaulava Until 4:16AM Mon Panchami Until 3:33PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Purple Moon – Yellow	Vikarin 5121 Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 6:50AM Mon					
Then Creative Work - Amrita Yoga					
<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Chapel Hill, NC Sun 20 Sutra 351
Vrishabha Rasi: 22.53	Tithi 6 – 7	<b>Gulika</b> 2:08PM – 3:42PM Yama 11:00AM – 12:34PM 133933468 <b>Rahu</b> 7:51AM – 9:25AM	<b>Rohini Until 6:50AM</b> Ayushman Until 7:50AM Gara Until 5:13AM Tue Shashthi* Until 4:49PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Purple Moon – Yellow	Vikarin 5121 Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Family Home Evening					
Creative Work	Amrita Yoga				
<b>Tuesday, March 31, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Chapel Hill, NC Sun 21 Sutra 352
Mithuna Rasi: 5.26	Tithi 7 – 8	<b>Gulika</b> 12:34PM – 2:08PM Yama 9:25AM – 10:59AM 133933468 <b>Rahu</b> 3:43PM – 5:17PM	<b>Mrigashira Until 8:17AM</b> Saubhagya Until 7:26AM Visti Until 5:26AM Wed Saptami Until 5:25PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Purple Moon – Yellow	Vikarin 5121 Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 8:17AM					
Then Routine Work - Marana Yoga					
<b>Wednesday, April 1, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Chapel Hill, NC Sun 22 Sutra 353
Mithuna Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 10:59AM – 12:34PM Yama 7:50AM – 9:25AM 133933468 <b>Rahu</b> 12:34PM – 2:08PM	<b>Ardra Until 8:53AM</b> Sobhana Until 6:29AM Balava Until 4:51AM Thu Ashtami* Until 5:14PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Purple Moon – Yellow	Vikarin 5121 Moon 3 - Phase 48 Ashtami <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
<b>Thursday, April 2, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Chapel Hill, NC Sun 23 Sutra 354
Kataka Rasi: 1.38	Tithi 9 – 10	<b>Gulika</b> 9:24AM – 10:59AM Yama 6:14AM – 7:49AM 143933468 <b>Rahu</b> 2:08PM – 3:43PM	<b>Punarvasu Until 8:59AM</b> Sukarma Until 2:37AM Fri Taitila Until 3:26AM Fri Navami* Until 4:13PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:14AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:53PM <b>Nataraja:</b> Purple Moon – Blue	Vikarin 5121 Moon 3 - Phase 48 Navami <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga	Sri Rama Navami			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chapel Hill, NC	
	Kataka Rasi: 15.25	Tithi 10 – 11	Sun 24			Sutra 355		
	Routine Work	Marana Yoga	143933468	<b>Gulika</b> 7:48AM – 9:23AM Yama 3:43PM – 5:18PM <b>Rahu</b> 10:58AM – 12:33PM	<b>Pushya Until 8:08AM</b> Dhriti Until 11:46PM Vanija Until 1:15AM Sat	<b>Ganesha: Yellow</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Blue	Sunrise: 6:13AM Sunset: 6:53PM	Vikarin 5121 Moon 3 - Phase 49 4th Phase
				Yogaswami Mahasamadhi	<b>Dashami Until 2:25PM</b>	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>	

2	<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chapel Hill, NC	
	Kataka Rasi: 29.4	Tithi 11 – 12	Sun 25			Sutra 356		
	Routine Work	Marana Yoga	143933468	<b>Gulika</b> 6:11AM – 7:47AM Yama 2:08PM – 3:43PM <b>Rahu</b> 9:22AM – 10:57AM	<b>Ashlesha* Until 6:24AM</b> Shula* Until 8:20PM Bava Until 10:25PM <b>Ekadashi Until 11:54AM</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Blue	Sunrise: 6:11AM Sunset: 6:54PM	Vikarin 5121 Moon 3 - Phase 49 4th Phase
				<b>Chaitra•Panguni</b>			<b>Sivaloka Day</b>	

3	<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chapel Hill, NC	
	Simha Rasi: 14.22	Tithi 12 – 13	Sun 26			Sutra 357		
	Creative Work	Siddha Yoga	153933468	<b>Gulika</b> 3:44PM – 5:19PM Yama 12:32PM – 2:08PM <b>Rahu</b> 5:19PM – 6:55PM	<b>Purvaphalguni Until 1:38AM Mon</b> Ganda* Until 4:29PM Kaulava Until 7:05PM <b>Dvadashi Until 8:47AM</b>	<b>Ganesha: White</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:10AM Sunset: 6:55PM	Vikarin 5121 Moon 3 - Phase 49 4th Phase
				<b>Chaitra•Panguni</b>			<b>Subha Sivaloka Day</b>	

*Pradosha Vrata*

4	<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Chapel Hill, NC	
	Simha Rasi: 29.25	Tithi 14	Sun 27			Sutra 358		
	Family Home Evening		154933468	<b>Gulika</b> 2:08PM – 3:44PM Yama 10:56AM – 12:32PM <b>Rahu</b> 7:44AM – 9:20AM	<b>Uttaraphalguni Until 10:32PM</b> Vridhhi Until 12:21PM Gara Until 3:23PM <b>Chaturdashi* Until 1:27AM Tue</b>	<b>Ganesha: Clear</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:09AM Sunset: 6:56PM	Vikarin 5121 Moon 3 - Phase 49 4th Phase
				<b>Chaitra•Panguni</b>			<b>Sivaloka Day</b>	

○	<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Chapel Hill, NC	
	<b>Copper Retreat Star</b>		Sun 28			Sutra 359		
	Kanya Rasi: 14.4	Tithi 15	164933468	<b>Gulika</b> 12:32PM – 2:08PM Yama 9:20AM – 10:56AM <b>Rahu</b> 3:44PM – 5:20PM	<b>Hasta Until 7:34PM</b> Dhruva Until 8:01AM Visti Until 11:31AM <b>Purnima* Until 9:33PM</b>	<b>Ganesha: Purple</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:07AM Sunset: 6:57PM	Vikarin 5121 Moon 3 - Phase 49 Purnima
				<b>Chaitra•Panguni</b>			<b>Devaloka Day</b>	

○	<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Chapel Hill, NC	
	<b>Silver Retreat Star</b>		Sun 29			Sutra 360		
	Kanya Rasi: 29.58	Tithi 16 – 17	164934468	<b>Gulika</b> 10:55AM – 12:32PM Yama 7:42AM – 9:19AM <b>Rahu</b> 12:32PM – 2:08PM	<b>Chitra Until 4:33PM</b> Harshana Until 11:27PM Balava Until 7:39AM <b>Prathama* Until 5:45PM</b>	<b>Ganesha: Purple</b> <b>Muruqa: Clear</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:06AM Sunset: 6:57PM	Vikarin 5121 Moon 3 - Phase 49 Prathama
				<b>Chaitra•Panguni</b>			<b>Devaloka Day</b>	





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chapel Hill, NC  
Sun 1 Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 15.07 Tithi 17 - 18

**Gulika** 9:18AM - 10:55AM  
Yama 6:04AM - 7:41AM  
164134468 **Rahu** 2:08PM - 3:45PM

**Svati** Until 1:39PM  
Vajra\* Until 7:28PM  
Vanija Until 12:36AM Fri  
Dvitiya Until 2:12PM

**Ganesha:** White *Sunrise: 6:04AM*  
**Muruqa:** Clear *Sunset: 6:58PM*  
**Nataraja:** Purple  
Moon - Green  
**Chaitra+Panguni**

**Devaloka Day**

Creative Work Amrita Yoga

Until 1:39PM

Then Creative Work - Siddha Yoga

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Chapel Hill, NC  
Sun 2 Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 30 Tithi 18 - 19

**Gulika** 7:40AM - 9:17AM  
Yama 3:45PM - 5:22PM  
174134468 **Rahu** 10:54AM - 12:31PM

**Vishakha** Until 11:27AM  
Siddhi Until 3:54PM  
Bava Until 9:46PM  
Tritiya Until 11:06AM

**Ganesha:** Yellow *Sunrise: 6:03AM*  
**Muruqa:** Clear *Sunset: 6:59PM*  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra+Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Vyatipala\* Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chapel Hill, NC  
Sun 3 Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virschika Rasi: 14.28 Tithi 19 - 20

**Gulika** 6:02AM - 7:39AM  
Yama 2:08PM - 3:45PM  
174134468 **Rahu** 9:16AM - 10:54AM

**Anuradha** Until 9:43AM  
Vyatipala\* Until 12:51PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:34AM

**Ganesha:** Yellow *Sunrise: 6:02AM*  
**Muruqa:** Clear *Sunset: 7:00PM*  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra+Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha/Mula\* Nakshatra Varyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chapel Hill, NC  
Sun 4 Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virschika Rasi: 28.26 Tithi 20 - 21

**Gulika** 3:46PM - 5:23PM  
Yama 12:31PM - 2:08PM  
174134468 **Rahu** 5:23PM - 7:01PM

**Jyeshtha\*** Until 8:33AM  
Varyan Until 10:23AM  
Gara Until 6:12PM  
Panchami Until 6:47AM

**Ganesha:** Yellow *Sunrise: 6:00AM*  
**Muruqa:** Clear *Sunset: 7:01PM*  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra+Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 8:33AM

Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Chapel Hill, NC  
Sun 5 Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 11.56 Tithi 22

**Family Home Evening**

**Gulika** 2:08PM - 3:46PM  
Yama 10:52AM - 12:30PM  
184134468 **Rahu** 7:37AM - 9:15AM

**Mula\*** Until 8:31AM  
Parigha\* Until 8:36AM  
Visti Until 5:39PM  
Saptami Until 5:41AM Tue

**Ganesha:** Blue *Sunrise: 5:59AM*  
**Muruqa:** Clear *Sunset: 7:02PM*  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra+Chaitra**

**Devaloka Day**

Creative Work Siddha Yoga

Until 8:31AM

Then Routine Work - Marana Yoga

Tamil New Year

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Chapel Hill, NC  
Sun 6 Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 24.59 Tithi 23

**Gulika** 12:30PM - 2:08PM  
Yama 9:14AM - 10:52AM  
284134468 **Rahu** 3:46PM - 5:24PM

**Purvashadha\*** Until 9:09AM  
Shiva Until 7:30AM  
Balava Until 5:57PM  
Ashtami\* Until 6:22AM Wed

**Ganesha:** Yellow *Sunrise: 5:58AM*  
**Muruqa:** Clear *Sunset: 7:02PM*  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra+Chaitra**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:09AM

Then Routine Work - Prabalarishta Yoga

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chapel Hill, NC  
Sun 7 Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 7.37 Tithi 23 - 24

**Gulika** 10:51AM - 12:30PM  
Yama 7:35AM - 9:13AM  
284134468 **Rahu** 12:30PM - 2:08PM

**Uttarashadha** Until 10:24AM  
Siddha Until 7:00AM  
Taitila Until 6:59PM  
Ashtami\* Until 6:22AM

**Ganesha:** Yellow *Sunrise: 5:56AM*  
**Muruqa:** Clear *Sunset: 7:03PM*  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra+Chaitra**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 10:24AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

<b>1</b>		<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Chapel Hill, NC Sun 8 Sutra 4
Makara Rasi: 19.58	Tithi 24 – 25	<b>Gulika</b> 9:12AM – 10:51AM	<b>Shravana Until 12:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:55AM			Sarvari 5122
		Yama 5:55AM – 7:34AM	Sadhya Until 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM			Moon 4 - Phase 1
294134468		<b>Rahu</b> 2:08PM – 3:47PM	Vanija Until 8:38PM	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 7:44AM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>				

<b>2</b>		<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Chapel Hill, NC Sun 9 Sutra 5
Kumbha Rasi: 2.05	Tithi 25 – 26	<b>Gulika</b> 7:33AM – 9:12AM	<b>Dhanishtha Until 3:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:54AM			Sarvari 5122
		Yama 3:47PM – 5:26PM	Subha Until 7:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM			Moon 4 - Phase 1
294134468		<b>Rahu</b> 10:50AM – 12:29PM	Bava Until 10:43PM	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:37AM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>				

<b>3</b>		<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chapel Hill, NC Sun 10 Sutra 6
Kumbha Rasi: 14.04	Tithi 26 – 27	<b>Gulika</b> 5:53AM – 7:32AM	<b>Shatabhishak Until 5:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:53AM			Sarvari 5122
		Yama 2:08PM – 3:47PM	Sukla Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM			Moon 4 - Phase 1
295134468		<b>Rahu</b> 9:11AM – 10:50AM	Kaulava Until 1:03AM Sun	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:51AM</b>	Moon – Purple			<b>Sivaloka Day</b>	
Until 5:46PM				<b>Chaitra*Chaitra</b>				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Chapel Hill, NC Sun 11 Sutra 7
Kumbha Rasi: 25.58	Tithi 27 – 28	<b>Gulika</b> 3:48PM – 5:27PM	<b>Purvaproshtapada* Until 8:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM			Sarvari 5122
		Yama 12:29PM – 2:08PM	Brahma Until 9:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM			Moon 4 - Phase 1
215134468		<b>Rahu</b> 5:27PM – 7:06PM	Gara Until 3:30AM Mon	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Clear			<b>Sivaloka Day</b>	
Until 8:53PM				<b>Chaitra*Chaitra</b>				
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Chapel Hill, NC Sun 12 Sutra 8
Meena Rasi: 7.5	Tithi 28 – 29	<b>Gulika</b> 2:08PM – 3:48PM	<b>Uttaraproshtapada Until 11:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:50AM			Sarvari 5122
<b>Family Home Evening</b>		Yama 10:49AM – 12:29PM	Indra Until 10:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM			Moon 4 - Phase 1
215134468		<b>Rahu</b> 7:30AM – 9:09AM	Visti Until 5:56AM Tue	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:42PM</b>	Moon – Clear			<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>				

<b>6</b>		<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Chapel Hill, NC Sun 13 Sutra 9
Meena Rasi: 19.42	Tithi 29	<b>Gulika</b> 12:28PM – 2:08PM	<b>Revati Until 2:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:49AM			Sarvari 5122
		Yama 9:09AM – 10:49AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:08PM			Moon 4 - Phase 1
215134468		<b>Rahu</b> 3:48PM – 5:28PM	Sakuni Until 7:06PM	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:06PM</b>	Moon – Clear			<b>Sivaloka Day</b>	
Until 2:35AM Wed				<b>Chaitra*Chaitra</b>				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chapel Hill, NC Sun 14 Sutra 10
Mesha Rasi: 2	Tithi 30	<b>Gulika</b> 10:48AM – 12:28PM	<b>Ashvini Until 5:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:48AM			Sarvari 5122
		Yama 7:28AM – 9:08AM	Vishkambha* Until 11:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM			Moon 4 - Phase 1
225134468		<b>Rahu</b> 12:28PM – 2:08PM	Catuspada Until 8:17AM	<b>Nataraja:</b> Purple				Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 9:23PM</b>	Moon – White			<b>Sivaloka Day</b>	
Until 5:31AM Thu				<b>Chaitra*Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Chapel Hill, NC Sun 15 Sutra 11
Mesha Rasi: 13.34	Tithi 1	<b>Gulika</b> 9:07AM – 10:48AM	<b>Bharani Until 8:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:46AM			Sarvari 5122
		Yama 5:46AM – 7:27AM	Priti Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM			Moon 4 - Phase 1
225134468		<b>Rahu</b> 2:09PM – 3:49PM	Kintughna Until 10:29AM	<b>Nataraja:</b> Purple				Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 11:29PM</b>	Moon – White			<b>Sivaloka Day</b>	
				<b>Vaisaka*Chaitra</b>				

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chapel Hill, NC Sun 16 Sutra 12
Mesha Rasi: 25.35	Tithi 2	<b>Gulika</b> 7:26AM – 9:07AM	<b>Bharani Until 8:06AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM		Sarvari 5122	
		Yama 3:49PM – 5:30PM	Ayushman Until 12:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:11PM		Moon 4 - Phase 2	
Creative Work	Siddha Yoga	225134469 <b>Rahu</b> 10:47AM – 12:28PM	Balava Until 12:28PM	<b>Nataraja:</b> Clear			3rd Phase	
			<b>Dvitiya Until 1:21AM Sat</b>	Moon – White		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Chapel Hill, NC Sun 17 Sutra 13
Visshabha Rasi: 7.44	Tithi 3	<b>Gulika</b> 5:44AM – 7:25AM	<b>Krittika Until 10:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM		Sarvari 5122	
		Yama 2:09PM – 3:50PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:11PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	225134469 <b>Rahu</b> 9:06AM – 10:47AM	Taitila Until 2:11PM	<b>Nataraja:</b> Clear			3rd Phase	
			<b>Tritiya Until 2:53AM Sun</b>	Moon – White		<b>Devaloka Day</b>		
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>				

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Chapel Hill, NC Sun 18 Sutra 14
Visshabha Rasi: 20	Tithi 4	<b>Gulika</b> 3:50PM – 5:31PM	<b>Rohini Until 12:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:43AM		Sarvari 5122	
		Yama 12:28PM – 2:09PM	Sobhana Until 1:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM		Moon 4 - Phase 2	
Creative Work	Siddha Yoga	235134469 <b>Rahu</b> 5:31PM – 7:12PM	Vanija Until 3:32PM	<b>Nataraja:</b> Clear			3rd Phase	
			<b>Chaturthi* Until 4:02AM Mon</b>	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Chapel Hill, NC Sun 19 Sutra 15
Mithuna Rasi: 2.27	Tithi 5	<b>Gulika</b> 2:09PM – 3:50PM	<b>Mrigashira Until 2:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:42AM		Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:46AM – 12:27PM	Athiganda* Until 1:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 7:23AM – 9:05AM	Bava Until 4:27PM	<b>Nataraja:</b> Clear			3rd Phase	
Until 2:00PM			<b>Panchami Until 4:41AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Chapel Hill, NC Sun 20 Sutra 16
Mithuna Rasi: 15.08	Tithi 6	<b>Gulika</b> 12:27PM – 2:09PM	<b>Ardra Until 2:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:41AM		Sarvari 5122	
		Yama 9:04AM – 10:46AM	Sukarma Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM		Moon 4 - Phase 2	
Routine Work	Marana Yoga	236134469 <b>Rahu</b> 3:51PM – 5:32PM	Kaulava Until 4:49PM	<b>Nataraja:</b> Clear			3rd Phase	
Until 2:55PM			<b>Shashthi* Until 4:45AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Chapel Hill, NC Sun 21 Sutra 17
Mithuna Rasi: 28.05	Tithi 7	<b>Gulika</b> 10:45AM – 12:27PM	<b>Punarvasu Until 3:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:39AM		Sarvari 5122	
		Yama 7:21AM – 9:03AM	Dhriti Until 11:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM		Moon 4 - Phase 2	
Creative Work	Siddha Yoga	246134469 <b>Rahu</b> 12:27PM – 2:09PM	Gara Until 4:34PM	<b>Nataraja:</b> Clear			3rd Phase	
			<b>Saptami Until 4:11AM Thu</b>	Moon – Blue		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau				Chapel Hill, NC Sun 22 Sutra 18
Kataka Rasi: 11.22	Tithi 8	<b>Gulika</b> 9:03AM – 10:45AM	<b>Pushya Until 3:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:38AM		Sarvari 5122	
		Yama 5:38AM – 7:21AM	Shula* Until 9:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	246134469 <b>Rahu</b> 2:09PM – 3:51PM	Visli Until 3:40PM	<b>Nataraja:</b> Clear			Ashtami	
Until 3:23PM			<b>Ashtami* Until 2:57AM Fri</b>	Moon – Blue		<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Chapel Hill, NC Sun 23 Sutra 19
Kataka Rasi: 25.01	Tithi 9	<b>Gulika</b> 7:19AM – 9:01AM	<b>Ashlesha* Until 2:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM		Sarvari 5122	
		Yama 3:52PM – 5:35PM	Ganda* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM		Moon 4 - Phase 2	
Routine Work	Marana Yoga	246134469 <b>Rahu</b> 10:44AM – 12:27PM	Balava Until 2:06PM	<b>Nataraja:</b> Clear			Navami	
			<b>Navami* Until 1:04AM Sat</b>	Moon – Blue		<b>Devaloka Day</b>		
				<b>Vaisaka-Chaitra</b>				


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Chapel Hill, NC
	Simha Rasi: 9.05	Tithi 10	256134469	<b>Gulika</b> 5:35AM – 7:18AM Yama 2:10PM – 3:52PM <b>Rahu</b> 9:01AM – 10:44AM	<b>Magha* Until 1:06PM</b> Dhruva Until 1:34AM Sun Taitila Until 11:55AM <b>Dashami Until 10:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:18PM <b>Nataraja:</b> Clear Moon – Red	Sun 24 Sutra 20 Sarvari 5122 Moon 4 - Phase 3 4th Phase
Creative Work Amrita Yoga Until 1:06PM Then Creative Work - Siddha Yoga						<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chapel Hill, NC
	Simha Rasi: 23.31	Tithi 11	256134469	<b>Gulika</b> 3:53PM – 5:36PM Yama 12:27PM – 2:10PM <b>Rahu</b> 5:36PM – 7:19PM	<b>Purvaphalguni Until 11:08AM</b> Vyaghata* Until 10:00PM Vanija Until 9:11AM <b>Ekadashi Until 7:38PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:19PM <b>Nataraja:</b> Clear Moon – Red	Sun 25 Sutra 21 Sarvari 5122 Moon 4 - Phase 3 4th Phase
Creative Work Siddha Yoga Until 11:08AM Then Creative Work - Amrita Yoga						<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chapel Hill, NC
	Kanya Rasi: 8.17	Tithi 12 – 13	256234469	<b>Gulika</b> 2:10PM – 3:53PM Yama 10:43AM – 12:26PM <b>Rahu</b> 7:16AM – 9:00AM	<b>Uttaraphalguni Until 8:36AM</b> Harshana Until 6:10PM Bava Until 6:02AM <b>Dvadashi Until 4:20PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:20PM <b>Nataraja:</b> Clear Moon – Red	Sun 26 Sutra 22 Sarvari 5122 Moon 4 - Phase 3 4th Phase
Family Home Evening Creative Work Siddha Yoga						<b>Devaloka Day</b>	
<i>Pradosha Vrata</i>							

<b>4</b>	<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chapel Hill, NC
	Kanya Rasi: 23.16	Tithi 13 – 14	267234469	<b>Gulika</b> 12:26PM – 2:10PM Yama 8:59AM – 10:43AM <b>Rahu</b> 3:54PM – 5:37PM	<b>Hasta Until 6:05AM</b> Vajra* Until 2:09PM Gara Until 11:02PM <b>Trayodashi Until 12:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:21PM <b>Nataraja:</b> Clear Moon – Green	Sun 27 Sutra 23 Sarvari 5122 Moon 4 - Phase 3 4th Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	

	<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chapel Hill, NC
	Tula Rasi: 8.2	Tithi 14 – 15	267234469	<b>Gulika</b> 10:43AM – 12:26PM Yama 7:15AM – 8:59AM <b>Rahu</b> 12:26PM – 2:10PM	<b>Svati Until 12:28AM Thu</b> Siddhi Until 10:06AM Visti Until 7:29PM <b>Chaturdashi* Until 9:14AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:21PM <b>Nataraja:</b> Clear Moon – Green	Sun 28 Sutra 24 Sarvari 5122 Moon 4 - Phase 3 Purnima
Creative Work Siddha Yoga				<b>Budha Purnima (Tamil Nadu)</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Chapel Hill, NC
	Tula Rasi: 23.21	Tithi 16	277234469	<b>Gulika</b> 8:58AM – 10:42AM Yama 5:30AM – 7:14AM <b>Rahu</b> 2:10PM – 3:54PM	<b>Vishakha Until 10:08PM</b> Vyatipata* Until 6:09AM Balava Until 4:07PM <b>Prathama* Until 2:33AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:22PM <b>Nataraja:</b> Clear Moon – Orange	Sun 29 Sutra 25 Sarvari 5122 Moon 4 - Phase 3 Prathama
Creative Work Siddha Yoga						<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda