



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.44      Tithi 17  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:14AM – 6:56AM  
Yama 1:42PM – 3:24PM  
264483468 **Rahu** 8:37AM – 10:19AM

**Svati Until 6:17AM**  
Siddhi Until 6:09PM  
Taitila Until 1:51PM  
**Dvitiya Until 1:01AM Sun**

Bettendorf, IA  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Red      *Sunrise:* 5:14AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM

**Nataraja:** Purple  
Moon – Green

**Sivaloka Day**

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.37      Tithi 18  
Routine Work      Marana Yoga  
Until 5:13AM Mon  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 3:24PM – 5:06PM  
Yama 12:00PM – 1:42PM  
274483468 **Rahu** 5:06PM – 6:48PM

**Anuradha Until 5:13AM Mon**  
Vyatipata\* Until 3:59PM  
Vanija Until 12:23PM  
**Tritiya Until 11:54PM**

Bettendorf, IA  
Sun 1  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Blue      *Sunrise:* 5:13AM  
**Muruqa:** Yellow      *Sunset:* 6:48PM

**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 17.05      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 5:35AM Tue  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:42PM – 3:24PM  
Yama 10:18AM – 12:00PM  
274483468 **Rahu** 6:54AM – 8:36AM

**Jyeshtha\* Until 5:35AM Tue**  
Variyan Until 2:23PM  
Bava Until 11:39AM  
**Chaturthi\* Until 11:33PM**

Bettendorf, IA  
Sun 2  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Blue      *Sunrise:* 5:11AM  
**Muruqa:** Yellow      *Sunset:* 6:49PM

**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**

**3**

**Tuesday, April 23, 2019**

Dhanus Rasi: 0.07      Tithi 20  
Creative Work      Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:00PM – 1:42PM  
Yama 8:35AM – 10:17AM  
284483468 **Rahu** 3:25PM – 5:07PM

**Mula\* Until 7:04AM Wed**  
Parigha\* Until 1:27PM  
Kaulava Until 11:43AM  
**Panchami Until 12:02AM Wed**

Bettendorf, IA  
Sun 3  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Yellow      *Sunrise:* 5:10AM  
**Muruqa:** Yellow      *Sunset:* 6:50PM

**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.46      Tithi 21  
Routine Work      Marana Yoga  
Until 7:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:17AM – 12:00PM  
Yama 6:51AM – 8:34AM  
284483468 **Rahu** 12:00PM – 1:43PM

**Mula\* Until 7:04AM**  
Shiva Until 1:09PM  
Gara Until 12:36PM  
**Shashthi\* Until 1:18AM Thu**

Bettendorf, IA  
Sun 4  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Yellow      *Sunrise:* 5:09AM  
**Muruqa:** Yellow      *Sunset:* 6:51PM

**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 25.04      Tithi 22  
Creative Work      Siddha Yoga  
Until 9:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:33AM – 10:16AM  
Yama 5:07AM – 6:50AM  
284483469 **Rahu** 1:43PM – 3:26PM

**Purvashadha\* Until 9:08AM**  
Siddha Until 1:23PM  
Visti\* Until 2:12PM  
**Saptami Until 3:13AM Fri**

Bettendorf, IA  
Sun 5  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Ganesha:** Yellow      *Sunrise:* 5:07AM  
**Muruqa:** Yellow      *Sunset:* 6:52PM

**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 7.08      Tithi 23  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:49AM – 8:33AM  
Yama 3:26PM – 5:10PM  
284583469 **Rahu** 10:16AM – 11:59AM

**Uttarashadha Until 11:35AM**  
Sadhya Until 2:04PM  
Balava Until 4:22PM  
**Ashtami\* Until 5:34AM Sat**

Bettendorf, IA  
Sun 6  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Ganesha:** Red      *Sunrise:* 5:06AM  
**Muruqa:** Yellow      *Sunset:* 6:53PM

**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 19.01      Tithi 24  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila Karana Navamyam Titau

**Gulika** 5:04AM – 6:48AM  
Yama 1:43PM – 3:27PM  
294583469 **Rahu** 8:32AM – 10:15AM

**Shravana Until 2:44PM**  
Subha Until 3:01PM  
Taitila Until 6:51PM  
**Navami\* Until 8:06AM Sun**

Bettendorf, IA  
Sun 7  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Ganesha:** Green      *Sunrise:* 5:04AM  
**Muruqa:** Yellow      *Sunset:* 6:54PM

**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Bettendorf, IA Sun 8 Sutra 14
Kumbha Rasi: 0.5	Tithi 24 – 25	<b>Gulika</b> 3:27PM – 5:11PM	<b>Dhanishtha</b> Until 5:48PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:03AM	Vikarin 5121
		Yama 11:59AM – 1:43PM	Sukla Until 4:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b> 5:11PM – 6:55PM	Vanija Until 9:24PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 8:06AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 5:48PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Bettendorf, IA Sun 9 Sutra 15
Kumbha Rasi: 12.41	Tithi 25 – 26	<b>Gulika</b> 1:43PM – 3:28PM	<b>Shatabhishak</b> Until 8:34PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:02AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:15AM – 11:59AM	Brahma Until 4:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:46AM – 8:30AM	Bava Until 11:46PM	<b>Nataraja:</b> Clear		2nd Phase
Until 8:34PM			<b>Dashami Until 10:36AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bettendorf, IA Sun 10 Sutra 16
Kumbha Rasi: 24.36	Tithi 26 – 27	<b>Gulika</b> 11:59AM – 1:43PM	<b>Purvaproshtapada*</b> Until 11:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM	Vikarin 5121
		Yama 8:29AM – 10:14AM	Indra Until 5:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 3:28PM – 5:13PM	Kaulava Until 1:47AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 12:49PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 11:21PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Bettendorf, IA Sun 11 Sutra 17
Meena Rasi: 6.41	Tithi 27 – 28	<b>Gulika</b> 10:14AM – 11:59AM	<b>Uttaraproshtapada</b> Until 1:31AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:59AM	Vikarin 5121
		Yama 6:44AM – 8:29AM	Vaidhriti* Until 5:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 11:59AM – 1:44PM	Gara Until 3:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:36PM</b>	Moon – Clear		<b>Bhuloka Day</b>
				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bettendorf, IA Sun 12 Sutra 18
Meena Rasi: 18.58	Tithi 28 – 29	<b>Gulika</b> 8:28AM – 10:13AM	<b>Revati</b> Until 3:01AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:58AM	Vikarin 5121
		Yama 4:58AM – 6:43AM	Vishkambha* Until 5:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 1:44PM – 3:29PM	Visti Until 4:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 3:52PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 3:01AM Fri				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				Bettendorf, IA Sun 13 Sutra 19
Mesha Rasi: 1.28	Tithi 29 – 30	<b>Gulika</b> 6:42AM – 8:27AM	<b>Ashvini</b> Until 4:18AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 3:29PM – 5:15PM	Priti Until 5:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 10:13AM – 11:58AM	Catuspada Until 4:47AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashy* Until 4:36PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 4:18AM Sat				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bettendorf, IA Sun 14 Sutra 20
Mesha Rasi: 14.14	Tithi 30 – 1	<b>Gulika</b> 4:55AM – 6:41AM	<b>Bharani</b> Until 4:55AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:55AM	Vikarin 5121
		Yama 1:44PM – 3:30PM	Ayushman Until 4:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:27AM – 10:13AM	Kintughna Until 4:43AM Sun	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 4:47PM</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bettendorf, IA Sun 15 Sutra 21
Mesha Rasi: 27.14	Tithi 1 – 2	<b>Gulika</b> 3:30PM – 5:17PM	<b>Krittika</b> Until 4:58AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:54AM	Vikarin 5121
		Yama 11:58AM – 1:44PM	Saubhagya Until 3:18PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 5:17PM – 7:03PM	Balava Until 4:13AM Mon	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 4:30PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 4:58AM Mon				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019

1

Vrishabha Rasi: 10.29 Tithi 2 - 3  
Family Home Evening  
Creative Work Amrita Yoga  
Until 4:56AM Tue  
Then Creative Work - Siddha Yoga

235583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau  
Gulika 1:45PM - 3:31PM  
Yama 10:12AM - 11:58AM  
Rahu 6:39AM - 8:25AM  
Rohini Until 4:56AM Tue  
Sobhana Until 1:43PM  
Taitila Until 3:21AM Tue  
Dvitiya Until 3:49PM

Bettendorf, IA Sun 16 Sutra 22 Vikarin 5121  
Ganesha: Light Blue Sunrise: 4:53AM  
Muruga: Yellow Sunset: 7:04PM Moon 4 - Phase 4  
Nataraja: Clear 3rd Phase  
Moon - Yellow  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Vaisaka-Chaitra

Tuesday, May 7, 2019

2

Vrishabha Rasi: 23.55 Tithi 3 - 4  
Creative Work Siddha Yoga

235583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau  
Gulika 11:58AM - 1:45PM  
Yama 8:25AM - 10:11AM  
Rahu 3:31PM - 5:18PM  
Mrigashira Until 4:27AM Wed  
Athiganda\* Until 11:50AM  
Vanija Until 2:10AM Wed  
Tritiya Until 2:46PM

Bettendorf, IA Sun 17 Sutra 23 Vikarin 5121  
Ganesha: Light Blue Sunrise: 4:51AM  
Muruga: Yellow Sunset: 7:05PM Moon 4 - Phase 4  
Nataraja: Clear 3rd Phase  
Moon - Yellow  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Vaisaka-Chaitra

Wednesday, May 8, 2019

3

Mithuna Rasi: 7.32 Tithi 4 - 5  
Creative Work Siddha Yoga  
Until 3:35AM Thu  
Then Creative Work - Amrita Yoga

235583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau  
Gulika 10:11AM - 11:58AM  
Yama 6:37AM - 8:24AM  
Rahu 11:58AM - 1:45PM  
Ardra Until 3:35AM Thu  
Sukarma Until 9:44AM  
Bava Until 12:43AM Thu  
Chaturthi\* Until 1:27PM

Bettendorf, IA Sun 18 Sutra 24 Vikarin 5121  
Ganesha: Light Blue Sunrise: 4:50AM  
Muruga: Yellow Sunset: 7:06PM Moon 4 - Phase 4  
Nataraja: Clear 3rd Phase  
Moon - Yellow  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Vaisaka-Chaitra

Thursday, May 9, 2019

4

Mithuna Rasi: 21.17 Tithi 5 - 6  
Creative Work Amrita Yoga  
Until 2:48AM Fri  
Then Routine Work - Marana Yoga

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Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau  
Gulika 8:24AM - 10:11AM  
Yama 4:49AM - 6:36AM  
Rahu 1:45PM - 3:32PM  
Punarvasu Until 2:48AM Fri  
Dhriti Until 7:28AM  
Kaulava Until 11:04PM  
Panchami Until 11:54AM

Bettendorf, IA Sun 19 Sutra 25 Vikarin 5121  
Ganesha: Orange Sunrise: 4:49AM  
Muruga: Yellow Sunset: 7:07PM Moon 4 - Phase 4  
Nataraja: Clear 3rd Phase  
Moon - Blue  
Devaloka Day  
Vaisaka-Chaitra

Friday, May 10, 2019

5

Kataka Rasi: 5.11 Tithi 6 - 7  
Routine Work Marana Yoga

245583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Ganda\* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau  
Gulika 6:35AM - 8:23AM  
Yama 3:33PM - 5:20PM  
Rahu 10:10AM - 11:58AM  
Pushya Until 1:40AM Sat  
Ganda\* Until 2:22AM Sat  
Gara Until 9:13PM  
Shashthi\* Until 10:09AM

Bettendorf, IA Sun 20 Sutra 26 Vikarin 5121  
Ganesha: Orange Sunrise: 4:48AM  
Muruga: Yellow Sunset: 7:08PM Moon 4 - Phase 4  
Nataraja: Clear 3rd Phase  
Moon - Blue  
Devaloka Day  
Vaisaka-Chaitra

Saturday, May 11, 2019

Retreat Star

Kataka Rasi: 19.11 Tithi 7 - 8  
Routine Work Marana Yoga

245583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Saptami/Ashtamyam Titau  
Gulika 4:47AM - 6:35AM  
Yama 1:46PM - 3:33PM  
Rahu 8:22AM - 10:10AM  
Ashlesha\* Until 12:14AM Sun  
Vriddhi Until 11:38PM  
Visti Until 7:11PM  
Saptami Until 8:12AM

Bettendorf, IA Sun 21 Sutra 27 Vikarin 5121  
Ganesha: Orange Sunrise: 4:47AM  
Muruga: Yellow Sunset: 7:09PM Moon 4 - Phase 4  
Nataraja: Clear 3rd Phase  
Moon - Blue  
Devaloka Day  
Vaisaka-Chaitra

Sunday, May 12, 2019

Retreat Star

Simha Rasi: 3.19 Tithi 8 - 9  
Routine Work Marana Yoga  
Until 10:55PM  
Then Creative Work - Siddha Yoga

256583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Dhruva Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau  
Gulika 3:34PM - 5:22PM  
Yama 11:58AM - 1:46PM  
Rahu 5:22PM - 7:10PM  
Magha\* Until 10:55PM  
Dhruva Until 8:44PM  
Kaulava Until 3:50AM Mon  
Ashtami\* Until 6:05AM

Bettendorf, IA Sun 22 Sutra 28 Vikarin 5121  
Ganesha: White Sunrise: 4:46AM  
Muruga: Yellow Sunset: 7:10PM Moon 4 - Phase 4  
Nataraja: Clear 3rd Phase  
Moon - Red  
Devaloka Day  
Devaloka Time: 3:PM to 6:PM  
Vaisaka-Chaitra

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Bettendorf, IA Sun 23 Sutra 29
<b>1</b>	Simha Rasi: 17.31 Tithi 10 Family Home Evening Creative Work Siddha Yoga	256583469	<b>Gulika</b> 1:46PM – 3:34PM Yama 10:10AM – 11:58AM <b>Rahu</b> 6:33AM – 8:21AM	<b>Purvaphalguni Until 9:22PM</b> Vyaghata* Until 5:46PM Taitila Until 2:41PM Dashami Until 1:29AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Sunrise: 4:45AM Sunset: 7:11PM Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Bettendorf, IA Sun 24 Sutra 30
<b>2</b>	Kanya Rasi: 1.47 Tithi 11 Creative Work Amrita Yoga Until 7:37PM Then Creative Work - Siddha Yoga	256583469	<b>Gulika</b> 11:58AM – 1:46PM Yama 8:21AM – 10:09AM <b>Rahu</b> 3:35PM – 5:23PM	<b>Uttaraphalguni Until 7:37PM</b> Harshana Until 2:45PM Vanija Until 12:19PM Ekadashi Until 11:06PM	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Vaikasi</b>	Sunrise: 4:44AM Sunset: 7:12PM Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau				Bettendorf, IA Sun 25 Sutra 31
<b>3</b>	Kanya Rasi: 16.05 Tithi 12 Routine Work Marana Yoga Until 6:11PM Then Creative Work - Siddha Yoga	266583469	<b>Gulika</b> 10:09AM – 11:58AM Yama 6:32AM – 8:20AM <b>Rahu</b> 11:58AM – 1:47PM	<b>Hasta Until 6:11PM</b> Vajra* Until 11:44AM Bava Until 9:56AM Dvadashi Until 8:45PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:43AM Sunset: 7:13PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bettendorf, IA Sun 26 Sutra 32
<b>4</b>	Tula Rasi: 0.19 Tithi 13 Creative Work Siddha Yoga Until 4:45PM Then Creative Work - Amrita Yoga	266583469	<b>Gulika</b> 8:20AM – 10:09AM Yama 4:42AM – 6:31AM <b>Rahu</b> 1:47PM – 3:36PM	<b>Chitra Until 4:45PM</b> Siddhi Until 8:49AM Kaulava Until 7:39AM Trayodashi Until 6:34PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:42AM Sunset: 7:14PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

*Pradosha Vrata*

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Bettendorf, IA Sun 27 Sutra 33
<b>5</b>	Tula Rasi: 14.25 Tithi 14 – 15 Creative Work Siddha Yoga	266583469	<b>Gulika</b> 6:30AM – 8:19AM Yama 3:36PM – 5:26PM <b>Rahu</b> 10:09AM – 11:58AM	<b>Svati Until 3:26PM</b> Vyatipata* Until 6:05AM Vistil Until 3:52AM Sat Chaturdashi* Until 4:39PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:41AM Sunset: 7:15PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bettendorf, IA Sun 28 Sutra 34
<b>○</b>	<b>Copper Retreat Star</b> Tula Rasi: 28.18 Tithi 15 – 16 Creative Work Siddha Yoga	276583469	<b>Gulika</b> 4:40AM – 6:29AM Yama 1:47PM – 3:37PM <b>Rahu</b> 8:19AM – 10:08AM	<b>Vishakha Until 2:48PM</b> Parigha* Until 1:32AM Sun Balava Until 2:36AM Sun Purnima* Until 3:09PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sunrise: 4:40AM Sunset: 7:16PM Moon 4 - Phase 5 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Bettendorf, IA Sun 29 Sutra 35
<b>○</b>	<b>Silver Retreat Star</b> Vrischika Rasi: 11.53 Tithi 16 – 17 Routine Work Marana Yoga	277583469	<b>Gulika</b> 3:37PM – 5:27PM Yama 11:58AM – 1:48PM <b>Rahu</b> 5:27PM – 7:17PM	<b>Anuradha Until 2:33PM</b> Shiva Until 11:56PM Taitila Until 1:56AM Mon Prathama* Until 2:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sunrise: 4:39AM Sunset: 7:17PM Moon 4 - Phase 5 Prathama <b>Devaloka Day</b>

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 25.08 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 1:48PM – 3:38PM  
**Yama** 10:08AM – 11:58AM  
**Rahu** 6:28AM – 8:18AM

**Jyeshtha\* Until 2:47PM**  
Siddha Until 10:50PM  
Vanija Until 1:55AM Tue  
Dvitiya Until 1:49PM

**Ganesha:** Yellow *Sunrise:* 4:38AM  
**Muruqa:** Yellow *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon – Orange

**Vaisaka-Vaikasi**

Bettendorf, IA  
Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 8.03 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 3:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 11:58AM – 1:48PM  
**Yama** 8:18AM – 10:08AM  
**Rahu** 3:38PM – 5:28PM

**Mula\* Until 3:59PM**  
Sadhya Until 10:18PM  
Bava Until 2:37AM Wed  
Tritiya Until 2:10PM

**Ganesha:** Red *Sunrise:* 4:37AM  
**Muruqa:** Yellow *Sunset:* 7:19PM  
**Nataraja:** Clear  
Moon – Light Blue

**Vaisaka-Vaikasi**

Bettendorf, IA  
Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.37 Tithi 19 – 20  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:08AM – 11:58AM  
**Yama** 6:27AM – 8:17AM  
**Rahu** 11:58AM – 1:48PM

**Purvashadha\* Until 5:43PM**  
Subha Until 10:19PM  
Kaulava Until 3:59AM Thu  
Chaturthi\* Until 3:12PM

**Ganesha:** Red *Sunrise:* 4:37AM  
**Muruqa:** Yellow *Sunset:* 7:20PM  
**Nataraja:** Clear  
Moon – Light Blue

**Vaisaka-Vaikasi**

Bettendorf, IA  
Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.55 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 7:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

**Gulika** 8:17AM – 10:08AM  
**Yama** 4:36AM – 6:26AM  
**Rahu** 1:49PM – 3:39PM

**Uttarashadha Until 7:52PM**  
Sukla Until 10:45PM  
Gara Until 5:54AM Fri  
Panchami Until 4:51PM

**Ganesha:** Red *Sunrise:* 4:36AM  
**Muruqa:** Yellow *Sunset:* 7:20PM  
**Nataraja:** Clear  
Moon – Light Blue

**Vaisaka-Vaikasi**

Bettendorf, IA  
Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.59 Tithi 21  
Routine Work Marana Yoga  
Until 10:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Vanija Karana Shashtyayam Titau

**Gulika** 6:26AM – 8:17AM  
**Yama** 3:40PM – 5:31PM  
**Rahu** 10:07AM – 11:58AM

**Shravana Until 10:47PM**  
Brahma Until 11:31PM  
Vanija Until 6:59PM  
Shashthi\* Until 6:59PM

**Ganesha:** Green *Sunrise:* 4:35AM  
**Muruqa:** Yellow *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon – Purple

**Vaisaka-Vaikasi**

Bettendorf, IA  
Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.54 Tithi 22  
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 4:34AM – 6:25AM  
**Yama** 1:49PM – 3:40PM  
**Rahu** 8:16AM – 10:07AM

**Dhanishtha Until 1:44AM Sun**  
Indra Until 12:29AM Sun  
Visti Until 8:11AM  
Saptami Until 9:22PM

**Ganesha:** Red *Sunrise:* 4:34AM  
**Muruqa:** Yellow *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon – Purple

**Vaisaka-Vaikasi**

Bettendorf, IA  
Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.46 Tithi 23  
Creative Work Siddha Yoga  
Until 4:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:41PM – 5:32PM  
**Yama** 11:58AM – 1:50PM  
**Rahu** 5:32PM – 7:23PM

**Shatabhishak Until 4:32AM Mon**  
Vaidhriti\* Until 1:25AM Mon  
Balava Until 10:37AM  
Ashtami\* Until 11:47PM

**Ganesha:** Blue *Sunrise:* 4:34AM  
**Muruqa:** Yellow *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon – Purple

**Vaisaka-Vaikasi**

Bettendorf, IA  
Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Sivaloka Day**

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.38 Tithi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 7:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:50PM – 3:41PM  
**Yama** 10:07AM – 11:59AM  
**Rahu** 6:24AM – 8:16AM

**Purvaproshtapada\* Until 7:26AM Tue**  
Vishkambha\* Until 2:12AM Tue  
Taitila Until 12:57PM  
Navami\* Until 2:00AM Tue

**Ganesha:** Purple *Sunrise:* 4:33AM  
**Muruqa:** Yellow *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon – Clear

**Vaisaka-Vaikasi**

Bettendorf, IA  
Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Sivaloka Day**

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Bettendorf, IA Sun 9 Sutra 44
Meena Rasi: 3	Tithi 25	<b>Gulika</b>	<b>11:59AM – 1:50PM</b>	<b>Purvaproshtapada* Until 7:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:33AM	Vikarin 5121
		Yama	8:16AM – 10:07AM	Priti Until 2:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	3:42PM – 5:33PM	Vanija Until 3:00PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Dashami Until 3:50AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 7:26AM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Bettendorf, IA Sun 10 Sutra 45
Meena Rasi: 14.44	Tithi 26	<b>Gulika</b>	<b>10:07AM – 11:59AM</b>	<b>Uttaraproshtapada Until 9:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:32AM	Vikarin 5121
		Yama	6:24AM – 8:15AM	Ayushman Until 2:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	11:59AM – 1:50PM	Bava Until 4:34PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 5:07AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 9:45AM					<b>Vaisaka-Vaikasi</b>		
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau	Bettendorf, IA Sun 11 Sutra 46
Meena Rasi: 27.06	Tithi 27	<b>Gulika</b>	<b>8:15AM – 10:07AM</b>	<b>Revati Until 11:22AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:31AM	Vikarin 5121
		Yama	4:31AM – 6:23AM	Saubhagya Until 2:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	1:51PM – 3:43PM	Kaulava Until 5:33PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi* Until 5:47AM Fri</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 11:22AM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau	Bettendorf, IA Sun 12 Sutra 47
Mesha Rasi: 9.44	Tithi 28	<b>Gulika</b>	<b>6:23AM – 8:15AM</b>	<b>Ashvini Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:31AM	Vikarin 5121
		Yama	3:43PM – 5:35PM	Sobhana Until 1:30AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 7
		328683469 <b>Rahu</b>	10:07AM – 11:59AM	Gara Until 5:54PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga			<b>Trayodashi* Until 5:49AM Sat</b>	Moon – White		<b>Devaloka Day</b>
Until 12:42PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Bettendorf, IA Sun 13 Sutra 48
Mesha Rasi: 22.41	Tithi 29	<b>Gulika</b>	<b>4:30AM – 6:23AM</b>	<b>Bharani Until 1:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM	Vikarin 5121
		Yama	1:51PM – 3:44PM	Athiganda* Until 12:05AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 7
		329683469 <b>Rahu</b>	8:15AM – 10:07AM	Visti Until 5:37PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 5:14AM Sun</b>	Moon – White		<b>Bhuloka Day</b>
Until 1:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Bettendorf, IA Sun 14 Sutra 49
Vrishabha Rasi: 5.58	Tithi 30	<b>Gulika</b>	<b>3:44PM – 5:36PM</b>	<b>Krittika Until 1:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM	Vikarin 5121
		Yama	11:59AM – 1:52PM	Sukarma Until 10:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 7
		329683469 <b>Rahu</b>	5:36PM – 7:29PM	Catuspada Until 4:44PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga			<b>Amavasya* Until 4:05AM Mon</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Monday, June 3, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Bettendorf, IA Sun 15 Sutra 50
Vrishabha Rasi: 19.32	Tithi 1	<b>Gulika</b>	<b>1:52PM – 3:44PM</b>	<b>Rohini Until 12:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	Vikarin 5121
<b>Family Home Evening</b>		Yama	10:07AM – 11:59AM	Dhriti Until 8:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 7
		339683469 <b>Rahu</b>	6:22AM – 8:15AM	Kintughna Until 3:22PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga			<b>Prathama* Until 2:30AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Bettendorf, IA
Mithuna Rasi: 3.22		Tithi 2		Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 51
Creative Work		Siddha Yoga		<b>Gulika</b>	12:00PM – 1:52PM	<b>Mrigashira</b> Until 11:39AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:29AM	Vikarin 5121
Until 11:39AM		Then Routine Work - Marana Yoga		<b>Yama</b>	8:14AM – 10:07AM	Shula* Until 5:28PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:30PM	Moon 5 - Phase 8
				<b>Rahu</b>	3:45PM – 5:37PM	Balava Until 1:35PM	<b>Nataraja:</b> Clear	3rd Phase
							<b>Bhuloka Day</b>	
							<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Bettendorf, IA
Mithuna Rasi: 17.25		Tithi 3		Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 52
Creative Work		Siddha Yoga		<b>Gulika</b>	10:07AM – 12:00PM	<b>Ardra</b> Until 10:14AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:29AM	Vikarin 5121
				<b>Yama</b>	6:22AM – 8:14AM	Ganda* Until 2:42PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:31PM	Moon 5 - Phase 8
				<b>Rahu</b>	12:00PM – 1:53PM	Taitila Until 11:31AM	<b>Nataraja:</b> Yellow	3rd Phase
							<b>Bhuloka Day</b>	
							<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Bettendorf, IA
Kataka Rasi: 1.35		Tithi 4		Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 53
Creative Work		Amrita Yoga		<b>Gulika</b>	8:14AM – 10:07AM	<b>Punarvasu</b> Until 8:55AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:29AM	Vikarin 5121
				<b>Yama</b>	4:29AM – 6:21AM	Vridhhi Until 11:48AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:31PM	Moon 5 - Phase 8
				<b>Rahu</b>	1:53PM – 3:46PM	Vanija Until 9:15AM	<b>Nataraja:</b> Yellow	3rd Phase
							<b>Bhuloka Day</b>	
							<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Bettendorf, IA
Kataka Rasi: 15.51		Tithi 5 – 6		Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 19 Sutra 54
Routine Work		Marana Yoga		<b>Gulika</b>	6:21AM – 8:14AM	<b>Pushya</b> Until 7:21AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:28AM	Vikarin 5121
				<b>Yama</b>	3:46PM – 5:39PM	Dhruva Until 8:49AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:32PM	Moon 5 - Phase 8
				<b>Rahu</b>	10:07AM – 12:00PM	Bava Until 6:54AM	<b>Nataraja:</b> Yellow	3rd Phase
							<b>Bhuloka Day</b>	
							<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam				Bettendorf, IA
Simha Rasi: 0.07		Tithi 6 – 7		Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Sun 20 Sutra 55
Creative Work		Amrita Yoga		<b>Gulika</b>	4:28AM – 6:21AM	<b>Magha*</b> Until 4:14AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:28AM	Vikarin 5121
Until 4:14AM Sun		Then Creative Work - Siddha Yoga		<b>Yama</b>	1:53PM – 3:46PM	Harshana Until 2:53AM Sun	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:33PM	Moon 5 - Phase 8
				<b>Rahu</b>	8:14AM – 10:07AM	Gara Until 2:12AM Sun	<b>Nataraja:</b> Yellow	3rd Phase
							<b>Devaloka Day</b>	
							<b>Jyeshtha-Vaikasi</b>	

<b>Retreat Star</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Bettendorf, IA
Simha Rasi: 14.22		Tithi 7 – 8		Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 56
Creative Work		Siddha Yoga		<b>Gulika</b>	3:47PM – 5:40PM	<b>Purvaphalguni</b> Until 2:48AM Mon	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:28AM	Vikarin 5121
				<b>Yama</b>	12:01PM – 1:54PM	Vajra* Until 12:00AM Mon	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:33PM	Moon 5 - Phase 8
				<b>Rahu</b>	5:40PM – 7:33PM	Visti Until 11:58PM	<b>Nataraja:</b> Yellow	Ashtami
							<b>Devaloka Day</b>	
							<b>Jyeshtha-Vaikasi</b>	

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Bettendorf, IA
Simha Rasi: 28.32		Tithi 8 – 9		Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 57
Family Home Evening		Creative Work		<b>Gulika</b>	1:54PM – 3:47PM	<b>Uttaraphalguni</b> Until 1:21AM Tue	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:28AM	Vikarin 5121
Siddha Yoga				<b>Yama</b>	10:07AM – 12:01PM	Siddhi Until 9:14PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:34PM	Moon 5 - Phase 8
				<b>Rahu</b>	6:21AM – 8:14AM	Balava Until 9:51PM	<b>Nataraja:</b> Yellow	Navami
							<b>Devaloka Day</b>	
							<b>Jyeshtha-Vaikasi</b>	

<b>1</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Bettendorf, IA	
Kanya Rasi: 12.38		Tithi 9 – 10		Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 58	
Creative Work		Siddha Yoga		361683461 <b>Gulika</b> 12:01PM – 1:54PM		Hasta Until 12:21AM Wed	
				Yama 8:14AM – 10:08AM		Ganesha: White Sunrise: 4:28AM	
				361683461 <b>Rahu</b> 3:48PM – 5:41PM		Muruga: Yellow Sunset: 7:34PM	
						Moon 5 - Phase 9	
						Nataraja: Yellow	
						Moon – Green	
						Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Jyeshtha-Vaikasi	

<b>2</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Bettendorf, IA	
Kanya Rasi: 26.36		Tithi 10 – 11		Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 59	
Creative Work		Siddha Yoga		361683461 <b>Gulika</b> 10:08AM – 12:01PM		Chitra Until 11:25PM	
				Yama 6:21AM – 8:14AM		Ganesha: White Sunrise: 4:27AM	
				361683461 <b>Rahu</b> 12:01PM – 1:55PM		Muruga: Yellow Sunset: 7:35PM	
						Moon 5 - Phase 9	
						Nataraja: Yellow	
						Moon – Green	
						Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Jyeshtha-Vaikasi	

<b>3</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Bettendorf, IA	
Tula Rasi: 10.26		Tithi 12		Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25 Sutra 60	
Creative Work		Amrita Yoga		361683461 <b>Gulika</b> 8:14AM – 10:08AM		Svati Until 10:37PM	
Until 10:37PM				Yama 4:27AM – 6:21AM		Ganesha: White Sunrise: 4:27AM	
Then Creative Work - Siddha Yoga				361683461 <b>Rahu</b> 1:55PM – 3:48PM		Muruga: Yellow Sunset: 7:35PM	
						Moon 5 - Phase 9	
						Nataraja: Yellow	
						Moon – Green	
						Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						Jyeshtha-Vaikasi	

<b>4</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Bettendorf, IA	
Tula Rasi: 24.05		Tithi 13		Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 61	
Creative Work		Siddha Yoga		371693461 <b>Gulika</b> 6:21AM – 8:14AM		Vishakha Until 10:27PM	
				Yama 3:49PM – 5:42PM		Ganesha: Clear Sunrise: 4:27AM	
				371693461 <b>Rahu</b> 10:08AM – 12:02PM		Muruga: Blue Sunset: 7:36PM	
						Moon 5 - Phase 9	
						Nataraja: Yellow	
						Moon – Orange	
						Sivaloka Day	
						Vaikasi Visakam	
						Trayodashi Until 3:01AM Sat	
						Pradosha Vrata	
						Jyeshtha-Vaikasi	

<b>5</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Bettendorf, IA	
Vrischika Rasi: 7.31		Tithi 14		Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 62	
Creative Work		Siddha Yoga		371793461 <b>Gulika</b> 4:27AM – 6:21AM		Anuradha Until 10:33PM	
				Yama 1:55PM – 3:49PM		Ganesha: White Sunrise: 4:27AM	
				371793461 <b>Rahu</b> 8:15AM – 10:08AM		Muruga: Blue Sunset: 7:36PM	
						Moon 5 - Phase 9	
						Nataraja: Yellow	
						Moon – Orange	
						Subha Sivaloka Day	
						Chaturdashi* Until 2:29AM Sun	
						Jyeshtha-Ani	

<b>○</b>		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Bettendorf, IA	
Vrischika Rasi: 20.43		Tithi 15		Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau		Sun 27 Sutra 63	
Routine Work		Marana Yoga		371793461 <b>Gulika</b> 3:49PM – 5:43PM		Jyeshtha* Until 10:59PM	
Until 10:59PM				Yama 12:02PM – 1:56PM		Ganesha: White Sunrise: 4:27AM	
Then Creative Work - Amrita Yoga				371793461 <b>Rahu</b> 5:43PM – 7:36PM		Muruga: Blue Sunset: 7:36PM	
						Moon 5 - Phase 9	
						Nataraja: Yellow	
						Moon – Orange	
						Subha Sivaloka Day	
						Father's Day	
						Purnima* Until 2:27AM Mon	
						Jyeshtha-Ani	

<b>Monday, June 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Bettendorf, IA	
Dhanus Rasi: 3.39		Tithi 16		Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28 Sutra 64	
Family Home Evening				381793461 <b>Gulika</b> 1:56PM – 3:49PM		Mula* Until 12:16AM Tue	
Creative Work		Siddha Yoga		Yama 10:08AM – 12:02PM		Ganesha: Clear Sunrise: 4:27AM	
				381793461 <b>Rahu</b> 6:21AM – 8:15AM		Muruga: Blue Sunset: 7:37PM	
						Moon 5 - Phase 9	
						Nataraja: Yellow	
						Moon – Light Blue	
						Sivaloka Day	
						Prathama* Until 2:58AM Tue	
						Jyeshtha-Ani	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Bettendorf, IA  
Sun 1  
Sutra 65  
Vikarin 5121

Dhanus Rasi: 16.19 Tithi 17

382793461

**Gulika** 12:02PM – 1:56PM  
Yama 8:15AM – 10:09AM  
**Rahu** 3:50PM – 5:43PM

**Purvashadha\* Until 1:57AM Wed**  
Sukla Until 7:26AM  
Tailila Until 3:28PM  
**Dvitiya Until 4:03AM Wed**

**Ganesha:** Clear *Sunrise: 4:28AM*  
**Muruqa:** Blue *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 1:57AM Wed  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Bettendorf, IA  
Sun 2  
Sutra 66  
Vikarin 5121

Dhanus Rasi: 28.44 Tithi 18

382793461

**Gulika** 10:09AM – 12:03PM  
Yama 6:21AM – 8:15AM  
**Rahu** 12:03PM – 1:56PM

**Uttarashadha Until 3:59AM Thu**  
Brahma Until 7:24AM  
Vanija Until 4:49PM  
**Tritiya Until 5:40AM Thu**

**Ganesha:** Purple *Sunrise: 4:28AM*  
**Muruqa:** Blue *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 3:59AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava Karana Chaturthyam Titau

Bettendorf, IA  
Sun 3  
Sutra 67  
Vikarin 5121

Makara Rasi: 10.55 Tithi 19

392793461

**Gulika** 8:15AM – 10:09AM  
Yama 4:28AM – 6:22AM  
**Rahu** 1:56PM – 3:50PM

**Shravana Until 6:46AM Fri**  
Indra Until 7:47AM  
Bava Until 6:40PM  
**Chaturthi\* Until 7:42AM Fri**

**Ganesha:** Clear *Sunrise: 4:28AM*  
**Muruqa:** Blue *Sunset: 7:38PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bettendorf, IA  
Sun 4  
Sutra 68  
Vikarin 5121

Makara Rasi: 22.56 Tithi 19 – 20

392793461

**Gulika** 6:22AM – 8:16AM  
Yama 3:50PM – 5:44PM  
**Rahu** 10:09AM – 12:03PM

**Shravana Until 6:46AM**  
Vaidhriti\* Until 8:27AM  
Kaulava Until 8:51PM  
**Chaturthi\* Until 7:42AM**

**Ganesha:** Clear *Sunrise: 4:28AM*  
**Muruqa:** Blue *Sunset: 7:38PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 6:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Bettendorf, IA  
Sun 5  
Sutra 69  
Vikarin 5121

Kumbha Rasi: 4.51 Tithi 20 – 21

392793461

**Gulika** 4:28AM – 6:22AM  
Yama 1:57PM – 3:51PM  
**Rahu** 8:16AM – 10:09AM

**Dhanishtha Until 9:39AM**  
Vishkambha\* Until 9:21AM  
Gara Until 11:13PM  
**Panchami Until 10:00AM**

**Ganesha:** Clear *Sunrise: 4:28AM*  
**Muruqa:** Blue *Sunset: 7:38PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 9:39AM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Vanija/Vishti\* Karana Shashthi/Saptamyam Titau

Bettendorf, IA  
Sun 6  
Sutra 70  
Vikarin 5121

Kumbha Rasi: 16.43 Tithi 21 – 22

392793461

**Gulika** 3:51PM – 5:45PM  
Yama 12:03PM – 1:57PM  
**Rahu** 5:45PM – 7:38PM

**Shatabhishak Until 12:27PM**  
Priti Until 10:20AM  
Vishti Until 1:35AM Mon  
**Shashthi\* Until 12:24PM**

**Ganesha:** Clear *Sunrise: 4:29AM*  
**Muruqa:** Blue *Sunset: 7:38PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**D**

**Monday, June 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bettendorf, IA  
Sun 7  
Sutra 71  
Vikarin 5121

Kumbha Rasi: 28.36 Tithi 22 – 23

312793461

**Gulika** 1:57PM – 3:51PM  
Yama 10:10AM – 12:04PM  
**Rahu** 6:23AM – 8:16AM

**Purvaproshtapada\* Until 3:29PM**  
Ayushman Until 11:12AM  
Balava Until 3:45AM Tue  
**Saptami Until 2:41PM**

**Ganesha:** Yellow *Sunrise: 4:29AM*  
**Muruqa:** Blue *Sunset: 7:38PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Ashtami

Routine Work Marana Yoga  
Until 3:29PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Bettendorf, IA  
Sun 8  
Sutra 72  
Vikarin 5121

Meena Rasi: 10.35 Tithi 23 – 24

312793461

**Gulika** 12:04PM – 1:57PM  
Yama 8:16AM – 10:10AM  
**Rahu** 3:51PM – 5:45PM

**Uttaraproshtapada Until 6:03PM**  
Saubhagya Until 11:53AM  
Tailila Until 5:31AM Wed  
**Ashtami\* Until 4:40PM**

**Ganesha:** Yellow *Sunrise: 4:29AM*  
**Muruqa:** Blue *Sunset: 7:38PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Navami

Creative Work Amrita Yoga  
Until 6:03PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

<b>1</b>		<b>Wednesday, June 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Bettendorf, IA	
Meena Rasi: 22.44		Tithi 24		Revati Nakshatra Sobhana/Athiganda* Yoga Gara Karana Navamyam Titau		Sun 9 Sutra 73	
312793461		<b>Gulika</b> 10:10AM – 12:04PM	<b>Revati Until 7:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
Routine Work Marana Yoga		Yama 6:23AM – 8:17AM	Sobhana Until 12:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11	
		<b>Rahu</b> 12:04PM – 1:58PM	Gara Until 6:10PM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Navami* Until 6:10PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Bettendorf, IA	
Mesha Rasi: 5.06		Tithi 25		Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 10 Sutra 74	
322793461		<b>Gulika</b> 8:17AM – 10:11AM	<b>Ashvini Until 9:38PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
Creative Work Amrita Yoga		Yama 4:30AM – 6:23AM	Athiganda* Until 12:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11	
Until 9:38PM		<b>Rahu</b> 1:58PM – 3:51PM	Vanija Until 6:43AM	<b>Nataraja:</b> Yellow		2nd Phase	
Then Creative Work - Siddha Yoga			<b>Dashami Until 7:04PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Bettendorf, IA	
Mesha Rasi: 17.46		Tithi 26		Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 11 Sutra 75	
322793461		<b>Gulika</b> 6:24AM – 8:17AM	<b>Bharani Until 10:26PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 3:51PM – 5:45PM	Sukarma Until 11:27AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11	
		<b>Rahu</b> 10:11AM – 12:04PM	Bava Until 7:16AM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Ekadashi* Until 7:15PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>4</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Bettendorf, IA	
Vrisabha Rasi: 0.48		Tithi 27		Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 12 Sutra 76	
322793461		<b>Gulika</b> 4:31AM – 6:24AM	<b>Krittika Until 10:22PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:31AM	Vikarin 5121	
Creative Work Amrita Yoga		Yama 1:58PM – 3:52PM	Dhriti Until 10:14AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 11	
		<b>Rahu</b> 8:18AM – 10:11AM	Kaulava Until 7:06AM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Dvadashi* Until 6:43PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>5</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Bettendorf, IA	
Vrisabha Rasi: 14.13		Tithi 28 – 29		Rohini Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 77	
332793461		<b>Gulika</b> 3:52PM – 5:45PM	<b>Rohini Until 9:56PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:31AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 12:05PM – 1:58PM	Shula* Until 8:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 11	
		<b>Rahu</b> 5:45PM – 7:38PM	Gara Until 6:12AM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Trayodashi* Until 5:29PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

*Pradosha Vrata (Fasting)*

<b>6</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Bettendorf, IA	
Vrisabha Rasi: 28		Tithi 29 – 30		Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 78	
332793461		<b>Gulika</b> 1:58PM – 3:52PM	<b>Mrigashira Until 8:46PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:32AM	Vikarin 5121	
Family Home Evening		Yama 10:12AM – 12:05PM	Ganda* Until 6:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 11	
Creative Work Amrita Yoga		<b>Rahu</b> 6:25AM – 8:18AM	Catuspada Until 2:33AM Tue	<b>Nataraja:</b> Yellow		2nd Phase	
Until 8:46PM			<b>Chaturdashi* Until 3:39PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			

<b>●</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Bettendorf, IA	
<b>Retreat Star</b>				Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15 Sutra 79	
Mithuna Rasi: 12.08		Tithi 30 – 1		<b>Gulika</b> 12:05PM – 1:58PM		<b>Ardra Until 6:59PM</b>	
333793461		Yama 8:19AM – 10:12AM	Dhruva Until 12:12AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:32AM	Vikarin 5121	
Routine Work Marana Yoga		<b>Rahu</b> 3:52PM – 5:45PM	Kintughna Until 12:00AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 11	
Until 6:59PM			<b>Amavasya* Until 1:18PM</b>	<b>Nataraja:</b> Yellow		Amavasya	
Then Creative Work - Siddha Yoga		<b>Total Solar Eclipse</b>		Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>●</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Bettendorf, IA	
<b>Retreat Star</b>				Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 16 Sutra 80	
Mithuna Rasi: 26.34		Tithi 1 – 2		<b>Gulika</b> 10:12AM – 12:05PM		<b>Punarvasu Until 5:08PM</b>	
343793461		Yama 6:26AM – 8:19AM	Vyaghata* Until 8:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:33AM	Vikarin 5121	
Creative Work Siddha Yoga		<b>Rahu</b> 12:05PM – 1:58PM	Balava Until 9:10PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 11	
			<b>Prathama* Until 10:36AM</b>	<b>Nataraja:</b> Yellow		Prathama	
				Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada-Ani</b>			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau				Bettendorf, IA Sun 17 Sutra 81
Kataka Rasi: 11.1	Tithi 2 – 3	<b>Gulika</b> 8:19AM – 10:12AM	<b>Pushya</b> Until 2:58PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:33AM	Vikarin 5121
		Yama 4:33AM – 6:26AM	Harshana Until 5:19PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 1:59PM – 3:52PM	Taitila Until 6:10PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 7:39AM	Moon – Blue		<b>Sivaloka Day</b>
Until 2:58PM				<b>Ashada*Ani</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturthiyam Titau				Bettendorf, IA Sun 18 Sutra 82
Kataka Rasi: 25.52	Tithi 4	<b>Gulika</b> 6:27AM – 8:20AM	<b>Ashlesha*</b> Until 12:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM	Vikarin 5121
		Yama 3:52PM – 5:45PM	Vajra* Until 1:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 10:13AM – 12:06PM	Vanija Until 3:08PM	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 1:37AM Sat	Moon – Blue		<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>		

<b>3</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Bettendorf, IA Sun 19 Sutra 83
Simha Rasi: 10.31	Tithi 5	<b>Gulika</b> 4:34AM – 6:27AM	<b>Magha*</b> Until 10:37AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM	Vikarin 5121
		Yama 1:59PM – 3:52PM	Siddhi Until 10:17AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 8:20AM – 10:13AM	Bava Until 12:11PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 10:46PM	Moon – Red		<b>Sivaloka Day</b>
Until 10:37AM				<b>Ashada*Ani</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau				Bettendorf, IA Sun 20 Sutra 84
Simha Rasi: 25.03	Tithi 6	<b>Gulika</b> 3:51PM – 5:44PM	<b>Purvaphalguni</b> Until 8:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM	Vikarin 5121
		Yama 12:06PM – 1:59PM	Vyatipata* Until 6:59AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 5:44PM – 7:37PM	Kaulava Until 9:27AM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 8:10PM	Moon – Red		<b>Sivaloka Day</b>
Until 8:40AM		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>		
Then Creative Work - Amrita Yoga						

<b>5</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau				Bettendorf, IA Sun 21 Sutra 85
Kanya Rasi: 9.23	Tithi 7 – 8	<b>Gulika</b> 1:59PM – 3:51PM	<b>Uttaraphalguni</b> Until 6:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:14AM – 12:06PM	Parigha* Until 1:06AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 6:28AM – 8:21AM	Gara Until 7:00AM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 5:53PM	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>		

<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bettendorf, IA Sun 22 Sutra 86
Kanya Rasi: 23.29	Tithi 8 – 9	<b>Gulika</b> 12:06PM – 1:59PM	<b>Chitra</b> Until 4:50AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
		Yama 8:21AM – 10:14AM	Shiva Until 10:39PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12
		463793461 <b>Rahu</b> 3:51PM – 5:44PM	Balava Until 3:14AM Wed	<b>Nataraja:</b> Yellow		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 4:00PM	Moon – Green		<b>Subha Sivaloka Day</b>
				<b>Ashada*Ani</b>		


<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bettendorf, IA Sun 23 Sutra 87
Tula Rasi: 7.19	Tithi 9 – 10	<b>Gulika</b> 10:14AM – 12:06PM	<b>Svati</b> Until 4:15AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:37AM	Vikarin 5121
		Yama 6:29AM – 8:22AM	Siddha Until 8:32PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12
		463893461 <b>Rahu</b> 12:06PM – 1:59PM	Taitila Until 2:00AM Thu	<b>Nataraja:</b> Yellow		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:32PM	Moon – Green		<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>		

<b>1</b>	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Bettendorf, IA
			Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 88
	Tula Rasi: 20.53	Tithi 10 – 11	<b>Gulika</b> 8:22AM – 10:14AM	<b>Vishakha</b> Until 4:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:38AM	Vikarin 5121
			Yama 4:38AM – 6:30AM	Sadhya Until 6:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 1:59PM – 3:51PM	Vanija Until 1:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:32PM	Moon – Orange		<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Bettendorf, IA
			Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Sun 25 Sutra 89
	Vischika Rasi: 4.11	Tithi 11 – 12	<b>Gulika</b> 6:31AM – 8:23AM	<b>Anuradha</b> Until 4:54AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:39AM	Vikarin 5121
			Yama 3:51PM – 5:43PM	Subha Until 5:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 10:15AM – 12:07PM	Bava Until 12:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 1:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Bettendorf, IA
			Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Sun 26 Sutra 90
	Vischika Rasi: 17.14	Tithi 12 – 13	<b>Gulika</b> 4:39AM – 6:31AM	<b>Jyeshtha*</b> Until 5:43AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:39AM	Vikarin 5121
			Yama 1:59PM – 3:51PM	Sukla Until 4:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 8:23AM – 10:15AM	Kaulava Until 1:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvodashi</b> Until 12:56PM	Moon – Orange		<b>Devaloka Day</b>	
Until 5:43AM Sun				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Bettendorf, IA
			Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 91
	Dhanus Rasi: 0.04	Tithi 13 – 14	<b>Gulika</b> 3:50PM – 5:42PM	<b>Mula*</b> Until 7:18AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Vikarin 5121
			Yama 12:07PM – 1:59PM	Brahma Until 3:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
		483893461 <b>Rahu</b> 5:42PM – 7:34PM	Gara Until 1:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 1:22PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 7:18AM Mon				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga							

	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Bettendorf, IA
	<b>Copper Retreat Star</b>		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 92
	Dhanus Rasi: 12.39	Tithi 14 – 15	<b>Gulika</b> 1:59PM – 3:50PM	<b>Mula*</b> Until 7:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:15AM – 12:07PM	Indra Until 3:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13
		483893461 <b>Rahu</b> 6:32AM – 8:24AM	Visti Until 2:54AM Tue	<b>Nataraja:</b> Yellow		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 7:18AM				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga		<b>Satguru Purnima</b>					

	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Bettendorf, IA
	<b>Silver Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 93
	Dhanus Rasi: 25.02	Tithi 15 – 16	<b>Gulika</b> 12:07PM – 1:58PM	<b>Purvashadha*</b> Until 9:10AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM	Vikarin 5121
			Yama 8:24AM – 10:16AM	Vaidhriti* Until 3:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13
		483893461 <b>Rahu</b> 3:50PM – 5:41PM	Balava Until 4:28AM Wed	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 3:37PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 9:10AM				<b>Ashada*Adi</b>			
Then Routine Work - Prabalarishta Yoga		<b>Partial Lunar Eclipse</b>					



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vishkambha\*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bettendorf, IA

Sutra 94

Makara Rasi: 7.14 Tithi 16 - 17

**Gulika** 10:16AM - 12:07PM  
Yama 6:34AM - 8:25AM  
494893462 **Rahu** 12:07PM - 1:58PM

**Uttarashadha** Until 11:18AM  
Vishkambha\* Until 4:14PM  
Taitila Until 6:24AM Thu  
Prathama\* Until 5:23PM

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Light Blue  
**Ashada-Adi**

**Sunrise:** 4:42AM  
**Sunset:** 7:32PM

Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 11:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Bettendorf, IA

Sun 1 Sutra 95

Makara Rasi: 19.17 Tithi 17

**Gulika** 8:25AM - 10:16AM  
Yama 4:43AM - 6:34AM  
494893462 **Rahu** 1:58PM - 3:49PM

**Shravana** Until 2:05PM  
Priti Until 4:57PM  
Taitila Until 6:24AM  
Dvitiya Until 7:28PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:43AM  
**Sunset:** 7:31PM

Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Trityayam Titau

Bettendorf, IA

Sun 2 Sutra 96

Kumbha Rasi: 1.14 Tithi 18

**Gulika** 6:35AM - 8:26AM  
Yama 3:49PM - 5:40PM  
494893462 **Rahu** 10:17AM - 12:07PM

**Dhanishtha** Until 4:57PM  
Ayushman Until 5:49PM  
Vanija Until 8:37AM  
Tritiya Until 9:47PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:44AM  
**Sunset:** 7:30PM

Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Bettendorf, IA

Sun 3 Sutra 97

Kumbha Rasi: 13.07 Tithi 19

**Gulika** 4:45AM - 6:36AM  
Yama 1:58PM - 3:49PM  
494893462 **Rahu** 8:26AM - 10:17AM

**Shatabhishak** Until 7:45PM  
Saubhagya Until 6:48PM  
Bava Until 11:00AM  
Chaturthi\* Until 12:12AM Sun

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:45AM  
**Sunset:** 7:30PM

Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 7:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Bettendorf, IA

Sun 4 Sutra 98

Kumbha Rasi: 24.58 Tithi 20

**Gulika** 3:48PM - 5:39PM  
Yama 12:07PM - 1:58PM  
414893462 **Rahu** 5:39PM - 7:29PM

**Purvaproshtapada\*** Until 10:53PM  
Sobhana Until 7:46PM  
Kaulava Until 1:25PM  
Panchami Until 2:34AM Mon

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:46AM  
**Sunset:** 7:29PM

Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 10:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Bettendorf, IA

Sun 5 Sutra 99

Meena Rasi: 6.51 Tithi 21

Family Home Evening

**Gulika** 1:58PM - 3:48PM  
Yama 10:17AM - 12:07PM  
414893462 **Rahu** 6:37AM - 8:27AM

**Uttaraproshtapada** Until 1:40AM Tue  
Athiganda\* Until 8:35PM  
Gara Until 3:42PM  
Shashthi\* Until 4:44AM Tue

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:47AM  
**Sunset:** 7:28PM

Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Bettendorf, IA

Sun 6 Sutra 100

Meena Rasi: 18.49 Tithi 22

**Gulika** 12:07PM - 1:57PM  
Yama 8:28AM - 10:18AM  
414893462 **Rahu** 3:47PM - 5:37PM

**Revati** Until 3:57AM Wed  
Sukarma Until 9:11PM  
Visti Until 5:42PM  
Saptami Until 6:32AM Wed

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:48AM  
**Sunset:** 7:27PM

Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 3:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Tour Day



Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bettendorf, IA

Sun 7 Sutra 101

Mesha Rasi: 0.56 Tithi 22 - 23

**Gulika** 10:18AM - 12:07PM  
Yama 6:38AM - 8:28AM  
424893462 **Rahu** 12:07PM - 1:57PM

**Ashvini** Until 6:04AM Thu  
Dhriti Until 9:26PM  
Balava Until 7:16PM  
Saptami Until 6:32AM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Sunrise:** 4:49AM  
**Sunset:** 7:26PM

Moon 7 - Phase 14  
Ashtami

Routine Work Marana Yoga

Until 6:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bettendorf, IA

Sun 8 Sutra 102

Mesha Rasi: 13.17 Tithi 23 - 24

**Gulika** 8:29AM - 10:18AM  
Yama 4:50AM - 6:39AM  
424893462 **Rahu** 1:57PM - 3:46PM

**Ashvini** Until 6:04AM  
Shula\* Until 9:10PM  
Taitila Until 8:13PM  
Ashtami\* Until 7:48AM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Sunrise:** 4:50AM  
**Sunset:** 7:25PM

Moon 7 - Phase 14  
Navami

Creative Work Amrita Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Bettendorf, IA Sun 9 Sutra 103 Vikarin 5121
Mesha Rasi: 25.55	Tithi 24 – 25	<b>Gulika</b> 6:40AM – 8:29AM	<b>Bharani</b> <b>Until 7:23AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	
		Yama 3:46PM – 5:35PM	Ganda* <b>Until 8:22PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 15
424893462	<b>Rahu</b> 10:18AM – 12:07PM		Vanija <b>Until 8:27PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 8:25AM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>
						<b>Ashada*Adi</b>

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bettendorf, IA Sun 10 Sutra 104 Vikarin 5121
Vrishabha Rasi: 8.54	Tithi 25 – 26	<b>Gulika</b> 4:51AM – 6:40AM	<b>Krittika</b> <b>Until 7:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	
		Yama 1:57PM – 3:46PM	Vriddhi <b>Until 6:57PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 15
424893462	<b>Rahu</b> 8:29AM – 10:18AM		Bava <b>Until 7:55PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami Until 8:16AM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>
						<b>Ashada*Adi</b>

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Bettendorf, IA Sun 11 Sutra 105 Vikarin 5121
Vrishabha Rasi: 22.19	Tithi 26 – 27	<b>Gulika</b> 3:45PM – 5:34PM	<b>Rohini</b> <b>Until 7:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:52AM	
		Yama 12:07PM – 1:56PM	Dhruva <b>Until 4:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 15
424893462	<b>Rahu</b> 5:34PM – 7:23PM		Kaulava <b>Until 6:36PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 7:20AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
						<b>Ashada*Adi</b>

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Bettendorf, IA Sun 12 Sutra 106 Vikarin 5121
Mithuna Rasi: 6.1	Tithi 28	<b>Gulika</b> 1:56PM – 3:45PM	<b>Mrigashira</b> <b>Until 6:51AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM	
<b>Family Home Evening</b>		Yama 10:19AM – 12:07PM	Vyaghata* <b>Until 2:14PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 15
435893462	<b>Rahu</b> 6:42AM – 8:30AM		Gara <b>Until 4:35PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi* Until 3:19AM Tue</b>	Moon – Yellow		<b>Sivaloka Day</b>
Until 6:51AM						<b>Ashada*Adi</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bettendorf, IA Sun 13 Sutra 107 Vikarin 5121
Mithuna Rasi: 20.26	Tithi 29	<b>Gulika</b> 12:07PM – 1:56PM	<b>Punarvasu</b> <b>Until 3:09AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:54AM	
		Yama 8:31AM – 10:19AM	Harshana <b>Until 11:07AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 15
445893462	<b>Rahu</b> 3:44PM – 5:32PM		Visti <b>Until 1:57PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:27AM Wed</b>	Moon – Blue		<b>Sivaloka Day</b>
						<b>Ashada*Adi</b>

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bettendorf, IA Sun 14 Sutra 108 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 10:19AM – 12:07PM	<b>Pushya</b> <b>Until 12:40AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:55AM	
Kataka Rasi: 5.05	Tithi 30	Yama 6:43AM – 8:31AM	Vajra* <b>Until 7:33AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 15
445893462	<b>Rahu</b> 12:07PM – 1:55PM		Catuspada <b>Until 10:52AM</b>	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:11PM</b>	Moon – Blue		<b>Sivaloka Day</b>
						<b>Ashada*Adi</b>

<b>Thursday, August 1, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau		Bettendorf, IA Sun 15 Sutra 109 Vikarin 5121
Kataka Rasi: 19.59	Tithi 1 – 2	<b>Gulika</b> 8:32AM – 10:20AM	<b>Ashlesha*</b> <b>Until 9:50PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:56AM	
		Yama 4:56AM – 6:44AM	Vyatipata* <b>Until 11:45PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 15
445893462	<b>Rahu</b> 1:55PM – 3:43PM		Kintughna <b>Until 7:28AM</b>	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:41PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 9:50PM						<b>Sravana*Adi</b>
Then Creative Work - Amrita Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bettendorf, IA Sun 16 Sutra 110
Simha Rasi: 5.02	Tithi 2 – 3	<b>Gulika</b> 6:45AM – 8:32AM Yama 3:42PM – 5:30PM <b>Rahu</b> 10:20AM – 12:07PM	<b>Magha* Until 7:13PM</b> Varyan Until 7:43PM Taitila Until 12:22AM Sat <b>Dvitiya Until 2:07PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Red	<i>Sunrise:</i> 4:57AM <i>Sunset:</i> 7:17PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 7:13PM Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Bettendorf, IA Sun 17 Sutra 111
Simha Rasi: 20.04	Tithi 3 – 4	<b>Gulika</b> 4:58AM – 6:45AM Yama 1:54PM – 3:42PM <b>Rahu</b> 8:33AM – 10:20AM	<b>Purvaphalguni Until 4:36PM</b> Parigha* Until 3:49PM Vanija Until 8:57PM <b>Tritiya Until 10:37AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Red	<i>Sunrise:</i> 4:58AM <i>Sunset:</i> 7:16PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 4:36PM Then Routine Work - Marana Yoga						

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Bettendorf, IA Sun 18 Sutra 112
Kanya Rasi: 4.56	Tithi 4 – 5	<b>Gulika</b> 3:41PM – 5:28PM Yama 12:07PM – 1:54PM <b>Rahu</b> 5:28PM – 7:15PM	<b>Uttaraphalguni Until 2:06PM</b> Shiva Until 12:08PM Balava Until 4:26AM Mon <b>Chaturthi* Until 7:20AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Red	<i>Sunrise:</i> 4:59AM <i>Sunset:</i> 7:15PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga		<b>Nag Panchami</b>				

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Bettendorf, IA Sun 19 Sutra 113
Kanya Rasi: 19.33	Tithi 6	<b>Gulika</b> 1:54PM – 3:40PM Yama 10:20AM – 12:07PM <b>Rahu</b> 6:47AM – 8:34AM	<b>Hasta Until 12:17PM</b> Siddha Until 8:45AM Kaulava Until 3:10PM <b>Shashthi* Until 2:00AM Tue</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Green	<i>Sunrise:</i> 5:00AM <i>Sunset:</i> 7:14PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Subha Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 12:17PM Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Bettendorf, IA Sun 20 Sutra 114
Tula Rasi: 3.49	Tithi 7	<b>Gulika</b> 12:07PM – 1:53PM Yama 8:34AM – 10:20AM <b>Rahu</b> 3:40PM – 5:26PM	<b>Chitra Until 10:52AM</b> Subha Until 3:21AM Wed Gara Until 1:02PM <b>Saptami Until 12:10AM Wed</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Green	<i>Sunrise:</i> 5:01AM <i>Sunset:</i> 7:13PM	Vikarin 5121 Moon 7 - Phase 16 3rd Phase Subha Subha Sivaloka Day <b>Tour Day</b>
Creative Work Siddha Yoga						

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Bettendorf, IA Sun 21 Sutra 115
Tula Rasi: 17.41	Tithi 8	<b>Gulika</b> 10:21AM – 12:07PM Yama 6:48AM – 8:34AM <b>Rahu</b> 12:07PM – 1:53PM	<b>Svati Until 9:54AM</b> Sukla Until 1:25AM Thu Visti Until 11:30AM <b>Ashtami* Until 10:59PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Green	<i>Sunrise:</i> 5:02AM <i>Sunset:</i> 7:11PM	Vikarin 5121 Moon 7 - Phase 16 Ashtami <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Bettendorf, IA Sun 22 Sutra 116
Vrischika Rasi: 1.1	Tithi 9	<b>Gulika</b> 8:35AM – 10:21AM Yama 5:03AM – 6:49AM <b>Rahu</b> 1:52PM – 3:38PM	<b>Vishakha Until 9:54AM</b> Brahma Until 12:02AM Fri Balava Until 10:39AM <b>Navami* Until 10:28PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Orange	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 7:10PM	Vikarin 5121 Moon 7 - Phase 16 Navami <b>Sivaloka Day</b>
Creative Work Siddha Yoga						

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Bettendorf, IA Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 14.17	Tithi 10	<b>Gulika</b> 6:50AM – 8:35AM	<b>Anuradha</b> Until 10:24AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM	
		Yama 3:38PM – 5:23PM	Indra Until 11:10PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
476993462	<b>Rahu</b> 10:21AM – 12:06PM		Taitila Until 10:28AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>
Until 10:24AM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> Until 10:36PM	<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Bettendorf, IA Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 27.05	Tithi 11	<b>Gulika</b> 5:05AM – 6:50AM	<b>Jyeshtha*</b> Until 11:22AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM	
		Yama 1:52PM – 3:37PM	Vaidhriti* Until 10:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 17
476993462	<b>Rahu</b> 8:36AM – 10:21AM		Vanija Until 10:55AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>
Until 10:24AM			<b>Ekadashi</b> Until 11:20PM	<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Bettendorf, IA Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.37	Tithi 12	<b>Gulika</b> 3:36PM – 5:21PM	<b>Mula*</b> Until 1:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:06AM	
		Yama 12:06PM – 1:51PM	Vishkambha* Until 10:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 5:21PM – 7:06PM		Bava Until 11:56AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 1:12PM			<b>Dvadashi</b> Until 12:36AM Mon	<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Bettendorf, IA Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.55	Tithi 13	<b>Gulika</b> 1:51PM – 3:35PM	<b>Purvashadha*</b> Until 3:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	
		Yama 10:21AM – 12:06PM	Priti Until 11:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 6:52AM – 8:37AM		Kaulava Until 1:25PM	<b>Nataraja:</b> White		4th Phase
Family Home Evening	Marana Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Routine Work			<b>Trayodashi</b> Until 2:17AM Tue	<b>Sravana*Adi</b>		

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Bettendorf, IA Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 4.04	Tithi 14	<b>Gulika</b> 12:06PM – 1:50PM	<b>Uttarashadha</b> Until 5:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM	
		Yama 8:37AM – 10:21AM	Ayushman Until 11:42PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 3:35PM – 5:19PM		Gara Until 3:16PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 5:38PM			<b>Chaturdashi*</b> Until 4:18AM Wed	<b>Sravana*Adi</b>		<b>Tour Day</b>
Then Creative Work - Siddha Yoga						

<b>○</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Bettendorf, IA Sun 28 Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:21AM – 12:06PM	<b>Shravana</b> Until 8:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:09AM	
Makara Rasi: 16.05	Tithi 15	Yama 6:53AM – 8:37AM	Saubhagya Until 12:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 17
496993462	<b>Rahu</b> 12:06PM – 1:50PM		Visti Until 5:25PM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>
Until 8:33PM		<b>Raksha Bandhan</b>	<b>Purnima*</b> Until 6:32AM Thu	<b>Sravana*Adi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>○</b>		<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Bettendorf, IA Sun 29 Sutra 123 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:38AM – 10:22AM	<b>Dhanishtha</b> Until 11:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM	
Makara Rasi: 28.01	Tithi 15 – 16	Yama 5:10AM – 6:54AM	Sobhana Until 1:24AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 17
497993462	<b>Rahu</b> 1:49PM – 3:33PM		Balava Until 7:44PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>
Until 8:33PM			<b>Purnima*</b> Until 6:32AM	<b>Sravana*Adi</b>		
Then Routine Work - Prabalarishta Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bettendorf, IA  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 9.53    Tithi 16 – 17

497993462

**Gulika** 6:55AM – 8:38AM  
Yama 3:32PM – 5:16PM  
**Rahu** 10:22AM – 12:05PM

**Shatabhishak** **Until 2:16AM Sat**  
Athiganda\* **Until 2:21AM Sat**  
Taitila **Until 10:10PM**  
**Prathama\* Until 8:55AM**

**Ganesha:** Yellow    *Sunrise:* 5:11AM  
**Muruqa:** Blue    *Sunset:* 6:59PM  
**Nataraja:** White  
Moon – Purple

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:16AM Sat  
Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bettendorf, IA  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 21.45    Tithi 17 – 18

517993462

**Gulika** 5:12AM – 6:55AM  
Yama 1:48PM – 3:31PM  
**Rahu** 8:39AM – 10:22AM

**Purvaproshtapada\* Until 5:25AM Sun**  
Sukarma **Until 3:18AM Sun**  
Vanija **Until 12:35AM Sun**  
**Dvitiya Until 11:21AM**

**Ganesha:** White    *Sunrise:* 5:12AM  
**Muruqa:** Blue    *Sunset:* 6:58PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Routine Work    Marana Yoga  
Until 5:25AM Sun  
Then Creative Work - Amrita Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Bettendorf, IA  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 3.37    Tithi 18 – 19

517993462

**Gulika** 3:31PM – 5:13PM  
Yama 12:05PM – 1:48PM  
**Rahu** 5:13PM – 6:56PM

**Uttaraproshtapada Until 8:16AM Mon**  
Dhriti **Until 4:12AM Mon**  
Bava **Until 2:55AM Mon**  
**Tritiya Until 1:45PM**

**Ganesha:** White    *Sunrise:* 5:13AM  
**Muruqa:** Blue    *Sunset:* 6:56PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 8:16AM Mon  
Then Creative Work - Siddha Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bettendorf, IA  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 15.31    Tithi 19 – 20

517993462

**Gulika** 1:47PM – 3:30PM  
Yama 10:22AM – 12:05PM  
**Rahu** 6:57AM – 8:39AM

**Uttaraproshtapada Until 8:16AM**  
Shula\* **Until 4:54AM Tue**  
Kaulava **Until 5:03AM Tue**  
**Chaturthi\* Until 4:00PM**

**Ganesha:** White    *Sunrise:* 5:14AM  
**Muruqa:** Blue    *Sunset:* 6:55PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bettendorf, IA  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 27.31    Tithi 20 – 21

517993462

**Gulika** 12:04PM – 1:47PM  
Yama 8:40AM – 10:22AM  
**Rahu** 3:29PM – 5:11PM

**Revati Until 10:46AM**  
Ganda\* **Until 5:22AM Wed**  
Gara **Until 6:52AM Wed**  
**Panchami Until 5:59PM**

**Ganesha:** White    *Sunrise:* 5:15AM  
**Muruqa:** Blue    *Sunset:* 6:53PM  
**Nataraja:** White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Bettendorf, IA  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 9.38    Tithi 21

528993462

**Gulika** 10:22AM – 12:04PM  
Yama 6:58AM – 8:40AM  
**Rahu** 12:04PM – 1:46PM

**Ashvini Until 1:14PM**  
Vriddhi **Until 5:30AM Thu**  
Gara **Until 6:52AM**  
**Shashthi\* Until 7:35PM**

**Ganesha:** White    *Sunrise:* 5:16AM  
**Muruqa:** Blue    *Sunset:* 6:52PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Routine Work    Marana Yoga  
Until 1:14PM  
Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

Bettendorf, IA  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 21.56    Tithi 22

528993462

**Gulika** 8:41AM – 10:22AM  
Yama 5:17AM – 6:59AM  
**Rahu** 1:45PM – 3:27PM

**Bharani Until 3:04PM**  
Dhruva **Until 5:09AM Fri**  
Visti **Until 8:13AM**  
**Saptami Until 8:39PM**

**Ganesha:** White    *Sunrise:* 5:17AM  
**Muruqa:** Blue    *Sunset:* 6:50PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 3:04PM  
Then Routine Work - Marana Yoga

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Bettendorf, IA  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 4.31    Tithi 23

528993462

**Gulika** 7:00AM – 8:41AM  
Yama 3:26PM – 5:07PM  
**Rahu** 10:22AM – 12:04PM

**Krittika Until 4:07PM**  
Vyaghata\* **Until 4:16AM Sat**  
Balava **Until 8:58AM**  
**Ashtami\* Until 9:03PM**

**Ganesha:** White    *Sunrise:* 5:18AM  
**Muruqa:** Blue    *Sunset:* 6:49PM  
**Nataraja:** White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 4:07PM  
Then Routine Work - Marana Yoga

**Krishna Janmashtami**

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Bettendorf, IA  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 17.25    Tithi 24

538993462

**Gulika** 5:19AM – 7:00AM  
Yama 1:44PM – 3:25PM  
**Rahu** 8:41AM – 10:22AM

**Rohini Until 4:45PM**  
Harshana **Until 2:46AM Sun**  
Taitila **Until 9:00AM**  
**Navami\* Until 8:42PM**

**Ganesha:** Clear    *Sunrise:* 5:19AM  
**Muruqa:** Blue    *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – Yellow

**Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 4:45PM  
Then Creative Work - Siddha Yoga

**Sravana-Avani**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Bettendorf, IA
	Mithuna Rasi: 0.43	Tithi 25	Sun 9	Sutra 133			
			538993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	2nd Phase		
		<b>Gulika</b>	<b>3:24PM – 5:05PM</b>	<b>Mrigashira</b>	<b>Until 4:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM
		Yama	12:03PM – 1:44PM	Vajra*	Until 12:37AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM
		<b>Rahu</b>	<b>5:05PM – 6:46PM</b>	Vanija	Until 8:14AM	<b>Nataraja:</b> White	
				<b>Dashami</b>	<b>Until 7:33PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
						<b>Sravana-Avani</b>	

<b>2</b>	<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bettendorf, IA
	Mithuna Rasi: 14.28	Tithi 26 – 27	Sun 10	Sutra 134			
	<b>Family Home Evening</b>		538993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	2nd Phase		
		<b>Gulika</b>	<b>1:43PM – 3:23PM</b>	<b>Ardra</b>	<b>Until 3:15PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM
		Yama	10:22AM – 12:03PM	Siddhi	Until 9:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:44PM
		<b>Rahu</b>	<b>7:02AM – 8:42AM</b>	Bava	Until 6:42AM	<b>Nataraja:</b> White	
				<b>Ekadashi*</b>	<b>Until 5:38PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>
						<b>Sravana-Avani</b>	

<b>3</b>	<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau				Bettendorf, IA
	Mithuna Rasi: 28.42	Tithi 27 – 28	Sun 11	Sutra 135			
			548993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	2nd Phase		
		<b>Gulika</b>	<b>12:02PM – 1:42PM</b>	<b>Punarvasu</b>	<b>Until 1:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:22AM
		Yama	8:42AM – 10:22AM	Vyatipata*	Until 6:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:43PM
		<b>Rahu</b>	<b>3:22PM – 5:03PM</b>	Gara	Until 1:34AM Wed	<b>Nataraja:</b> White	
				<b>Dvadashi*</b>	<b>Until 3:03PM</b>	Moon – Blue	<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>	
							<i>Pradosha Vrata (Fasting)</i>

<b>4</b>	<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bettendorf, IA
	Kataka Rasi: 13.21	Tithi 28 – 29	Sun 12	Sutra 136			
			549193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	2nd Phase		
		<b>Gulika</b>	<b>10:22AM – 12:02PM</b>	<b>Pushya</b>	<b>Until 11:20AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM
		Yama	7:03AM – 8:43AM	Variyan	Until 2:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:41PM
		<b>Rahu</b>	<b>12:02PM – 1:42PM</b>	Visti	Until 10:12PM	<b>Nataraja:</b> Clear	
				<b>Trayodashi*</b>	<b>Until 11:55AM</b>	Moon – Blue	<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>	

	<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bettendorf, IA
	<b>Retreat Star</b>		Sun 13	Sutra 137			
	Kataka Rasi: 28.2	Tithi 29 – 30	549193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	Amavasya		
		<b>Gulika</b>	<b>8:43AM – 10:22AM</b>	<b>Ashlesha*</b>	<b>Until 8:29AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:24AM
		Yama	5:24AM – 7:04AM	Parigha*	Until 10:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:39PM
		<b>Rahu</b>	<b>1:41PM – 3:21PM</b>	Catuspada	Until 6:31PM	<b>Nataraja:</b> Clear	
				<b>Chaturdashi*</b>	<b>Until 8:23AM</b>	Moon – Blue	<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>	

<b>Retreat Star</b>	<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Bettendorf, IA
	<b>Retreat Star</b>		Sun 14	Sutra 138			
	Simha Rasi: 13.32	Tithi 1	559193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19	Prathama		
		<b>Gulika</b>	<b>7:04AM – 8:43AM</b>	<b>Purvaphalguni</b>	<b>Until 2:37AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:25AM
		Yama	3:20PM – 4:59PM	Shiva	Until 6:36AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM
		<b>Rahu</b>	<b>10:22AM – 12:02PM</b>	Kintughna	Until 2:41PM	<b>Nataraja:</b> Clear	
				<b>Prathama*</b>	<b>Until 12:45AM Sat</b>	Moon – Red	<b>Sivaloka Day</b>
						<b>Bhadrapada-Avani</b>	
							Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bettendorf, IA Sun 15 Sutra 139
	Simha Rasi: 28.48	Tithi 2	<b>Gulika</b> 5:26AM – 7:05AM	<b>Uttaraphalguni Until 11:35PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Vikarin 5121
			Yama 1:40PM – 3:19PM	Sadhya Until 10:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	559193463 <b>Rahu</b> 8:44AM – 10:22AM	Balava Until 10:52AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 9:00PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Bettendorf, IA Sun 16 Sutra 140
	Kanya Rasi: 13.56	Tithi 3 – 4	<b>Gulika</b> 3:18PM – 4:56PM	<b>Hasta Until 9:06PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:27AM	Vikarin 5121
			Yama 12:01PM – 1:39PM	Subha Until 6:11PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 <b>Rahu</b> 4:56PM – 6:34PM	Taitila Until 7:14AM	<b>Nataraja:</b> Clear		3rd Phase
Until 9:06PM			<b>Tritiya Until 5:31PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bettendorf, IA Sun 17 Sutra 141
	Kanya Rasi: 28.48	Tithi 4 – 5	<b>Gulika</b> 1:39PM – 3:17PM	<b>Chitra Until 6:56PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:28AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:23AM – 12:01PM	Sukla Until 2:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	559193463 <b>Rahu</b> 7:06AM – 8:44AM	Bava Until 1:10AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Until 6:56PM			<b>Chaturthi* Until 2:28PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Bhadrapada-Avani</b>			

<b>4</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bettendorf, IA Sun 18 Sutra 142
	Tula Rasi: 13.16	Tithi 5 – 6	<b>Gulika</b> 12:00PM – 1:38PM	<b>Svati Until 5:15PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:29AM	Vikarin 5121
			Yama 8:45AM – 10:23AM	Brahma Until 11:28AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559193463 <b>Rahu</b> 3:16PM – 4:53PM	Kaulava Until 11:02PM	<b>Nataraja:</b> Clear		3rd Phase
Until 5:15PM			<b>Panchami Until 12:00PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bettendorf, IA Sun 19 Sutra 143
	Tula Rasi: 27.17	Tithi 6 – 7	<b>Gulika</b> 10:23AM – 12:00PM	<b>Vishakha Until 4:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:30AM	Vikarin 5121
			Yama 7:08AM – 8:45AM	Indra Until 8:57AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559193463 <b>Rahu</b> 12:00PM – 1:37PM	Gara Until 9:41PM	<b>Nataraja:</b> Clear		3rd Phase
Until 4:35PM			<b>Shashthi* Until 10:14AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Bhadrapada-Avani</b>			

<b>☾</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bettendorf, IA Sun 20 Sutra 144
	<b>Retreat Star</b>		<b>Gulika</b> 8:45AM – 10:23AM	<b>Anuradha Until 4:35PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:31AM	Vikarin 5121
	Vrischika Rasi: 10.5	Tithi 7 – 8	Yama 5:31AM – 7:08AM	Vaidhriti* Until 7:04AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20
			559193463 <b>Rahu</b> 1:37PM – 3:14PM	Visti Until 9:08PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 9:17AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 4:35PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Prabalarishta Yoga							

<b>☽</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bettendorf, IA Sun 21 Sutra 145
	<b>Retreat Star</b>		<b>Gulika</b> 7:09AM – 8:46AM	<b>Jyeshtha* Until 5:13PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:32AM	Vikarin 5121
	Vrischika Rasi: 23.55	Tithi 8 – 9	Yama 3:13PM – 4:49PM	Priti Until 5:15AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20
			559193463 <b>Rahu</b> 10:23AM – 11:59AM	Balava Until 9:25PM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 9:10AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 5:13PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bettendorf, IA Sun 22 Sutra 146
	Dhanus Rasi: 6.37	Tithi 9 – 10	<b>Gulika</b> 5:33AM – 7:10AM	<b>Mula* Until 6:56PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:33AM	Vikarin 5121
			Yama 1:35PM – 3:12PM	Ayushman Until 5:11AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 8:46AM – 10:23AM	Taitila Until 10:27PM	<b>Nataraja:</b> Clear	Moon – Light Blue	<b>Devaloka Day</b>	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:49AM</b>	<b>Bhadrapada-Avani</b>			


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bettendorf, IA Sun 23 Sutra 147
	Dhanus Rasi: 19	Tithi 10 – 11	<b>Gulika</b> 3:11PM – 4:47PM	<b>Purvashadha* Until 9:05PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:34AM	Vikarin 5121
			Yama 11:59AM – 1:35PM	Saubhagya Until 5:34AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 4:47PM – 6:23PM	Vanija Until 12:05AM Mon	<b>Nataraja:</b> Clear	Moon – Light Blue	<b>Devaloka Day</b>	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 11:10AM</b>	<b>Bhadrapada-Avani</b>			
Until 9:05PM		<b>Grandparent's Day</b>					
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bettendorf, IA Sun 24 Sutra 148
	Makara Rasi: 1.09	Tithi 11 – 12	<b>Gulika</b> 1:34PM – 3:10PM	<b>Uttarashadha Until 11:30PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:35AM	Vikarin 5121
			Yama 10:23AM – 11:58AM	Sobhana Until 6:16AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 7:11AM – 8:47AM	Bava Until 2:09AM Tue	<b>Nataraja:</b> Clear	Moon – Light Blue	<b>Devaloka Day</b>	4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 1:03PM</b>	<b>Bhadrapada-Avani</b>			
Until 11:30PM							
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bettendorf, IA Sun 25 Sutra 149
	Makara Rasi: 13.08	Tithi 12 – 13	<b>Gulika</b> 11:58AM – 1:33PM	<b>Shravana Until 2:32AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:36AM	Vikarin 5121
			Yama 8:47AM – 10:22AM	Sobhana Until 6:16AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 3:09PM – 4:44PM	Kaulava Until 4:29AM Wed	<b>Nataraja:</b> Clear	Moon – Purple	<b>Sivaloka Day</b>	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 3:16PM</b>	<b>Bhadrapada-Avani</b>			
Until 2:32AM Wed							
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bettendorf, IA Sun 26 Sutra 150
	Makara Rasi: 25.02	Tithi 13 – 14	<b>Gulika</b> 10:22AM – 11:58AM	<b>Dhanishtha Until 5:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:37AM	Vikarin 5121
			Yama 7:12AM – 8:47AM	Athiganda* Until 7:07AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 11:58AM – 1:33PM	Gara Until 6:57AM Thu	<b>Nataraja:</b> Clear	Moon – Purple	<b>Sivaloka Day</b>	4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 5:41PM</b>	<b>Bhadrapada-Avani</b>			
Until 5:31AM Thu		<b>Chidambaram Abhishekam</b>					
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Bettendorf, IA Sun 27 Sutra 151
	Kumbha Rasi: 6.54	Tithi 14	<b>Gulika</b> 8:48AM – 10:22AM	<b>Shatabhishak Until 8:20AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:38AM	Vikarin 5121
			Yama 5:38AM – 7:13AM	Sukarma Until 8:04AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 1:32PM – 3:07PM	Gara Until 6:57AM	<b>Nataraja:</b> Clear	Moon – Purple	<b>Sivaloka Day</b>	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:09PM</b>	<b>Bhadrapada-Avani</b>			

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Bettendorf, IA Sun 27 Sutra 152
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:14AM – 8:48AM	<b>Shatabhishak Until 8:20AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:39AM	Vikarin 5121
	Kumbha Rasi: 18.45	Tithi 15	Yama 3:06PM – 4:40PM	Dhriti Until 9:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21
	591113463	<b>Rahu</b> 10:22AM – 11:57AM	Visti Until 9:24AM	<b>Nataraja:</b> Clear	Moon – Purple	<b>Sivaloka Day</b>	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 10:36PM</b>	<b>Bhadrapada-Avani</b>			

<b>7</b>	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Bettendorf, IA Sun 28 Sutra 153
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:40AM – 7:14AM	<b>Purvaproshtapada* Until 11:25AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:40AM	Vikarin 5121
	Meena Rasi: 0.38	Tithi 16	Yama 1:30PM – 3:05PM	Shula* Until 9:53AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 21
	511113463	<b>Rahu</b> 8:48AM – 10:22AM	Balava Until 11:48AM	<b>Nataraja:</b> Clear	Moon – Clear	<b>Sivaloka Day</b>	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 12:55AM Sun</b>	<b>Bhadrapada-Avani</b>			
Until 11:25AM							
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Bettendorf, IA

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 12.34 Tithi 17

512113463

Gulika 3:03PM - 4:37PM

Yama 11:56AM - 1:30PM

Rahu 4:37PM - 6:11PM

Uttaraproshtapada Until 2:13PM

Ganda\* Until 10:40AM

Taitila Until 2:03PM

Dvitiya Until 3:05AM Mon

Ganesha: Yellow Sunrise: 5:41AM

Muruqa: Purple Sunset: 6:11PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bettendorf, IA

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.33 Tithi 18

512113463

Gulika 1:29PM - 3:02PM

Yama 10:22AM - 11:56AM

Rahu 7:16AM - 8:49AM

Revati Until 4:39PM

Vridhhi Until 11:20AM

Vanija Until 4:06PM

Tritiya Until 5:02AM Tue

Ganesha: Yellow Sunrise: 5:42AM

Muruqa: Purple Sunset: 6:09PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthiyam Titau

Bettendorf, IA

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 6.38 Tithi 19

522113463

Gulika 11:55AM - 1:28PM

Yama 8:49AM - 10:22AM

Rahu 3:01PM - 4:34PM

Ashvini Until 7:11PM

Dhruva Until 11:46AM

Bava Until 5:55PM

Chaturthi\* Until 6:41AM Wed

Ganesha: White Sunrise: 5:43AM

Muruqa: Purple Sunset: 6:07PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Kaulava Karana Chaturthi/Panchamyam Titau

Bettendorf, IA

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 18.5 Tithi 19 - 20

522113463

Gulika 10:22AM - 11:55AM

Yama 7:17AM - 8:50AM

Rahu 11:55AM - 1:28PM

Bharani Until 9:13PM

Vyaghata\* Until 11:59AM

Kaulava Until 7:23PM

Chaturthi\* Until 6:41AM

Ganesha: White Sunrise: 5:44AM

Muruqa: Purple Sunset: 6:06PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 9:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Bettendorf, IA

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 1.12 Tithi 20 - 21

522113463

Gulika 8:50AM - 10:22AM

Yama 5:45AM - 7:18AM

Rahu 1:27PM - 2:59PM

Krittika Until 10:39PM

Harshana Until 11:55AM

Gara Until 8:26PM

Panchami Until 7:57AM

Ganesha: White Sunrise: 5:45AM

Muruqa: Purple Sunset: 6:04PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bettendorf, IA

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 13.47 Tithi 21 - 22

532113463

Gulika 7:18AM - 8:50AM

Yama 2:58PM - 4:30PM

Rahu 10:22AM - 11:54AM

Rohini Until 11:52PM

Vajra\* Until 11:24AM

Visti Until 8:55PM

Shashthi\* Until 8:44AM

Ganesha: Clear Sunrise: 5:46AM

Muruqa: Purple Sunset: 6:02PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 11:52PM

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bettendorf, IA

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 26.38 Tithi 22 - 23

532113463

Gulika 5:47AM - 7:19AM

Yama 1:26PM - 2:57PM

Rahu 8:51AM - 10:22AM

Mrigashira Until 12:17AM Sun

Siddhi Until 10:26AM

Balava Until 8:45PM

Saptami Until 8:54AM

Ganesha: Clear Sunrise: 5:47AM

Muruqa: Purple Sunset: 6:01PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bettendorf, IA

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 9.5 Tithi 23 - 24

532213463

Gulika 2:56PM - 4:28PM

Yama 11:54AM - 1:25PM

Rahu 4:28PM - 5:59PM

Ardra Until 11:50PM

Vyatipata\* Until 8:55AM

Taitila Until 7:52PM

Ashtami\* Until 8:23AM

Ganesha: Orange Sunrise: 5:48AM

Muruqa: Purple Sunset: 5:59PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau			Bettendorf, IA Sun 9 Sutra 162
<b>1</b>		<b>Gulika</b> 1:24PM – 2:55PM	<b>Punarvasu</b> <b>Until 10:59PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:49AM</i>	Vikarin 5121
Mithuna Rasi: 23.26	Tithi 24 – 25	Yama 10:22AM – 11:53AM	Variyan Until 6:48AM	<b>Muruqa:</b> Purple <i>Sunset: 5:57PM</i>	Moon 9 - Phase 23
<b>Family Home Evening</b>	542213463	<b>Rahu</b> 7:20AM – 8:51AM	Vanija Until 6:16PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Amrita Yoga			<b>Navami* Until 7:08AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
Until 10:59PM				<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga					

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau			Bettendorf, IA Sun 10 Sutra 163
<b>2</b>		<b>Gulika</b> 11:53AM – 1:24PM	<b>Pushya</b> <b>Until 9:18PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:50AM</i>	Vikarin 5121
Kataka Rasi: 7.28	Tithi 26	Yama 8:52AM – 10:22AM	Shiva Until 12:56AM Wed	<b>Muruqa:</b> Purple <i>Sunset: 5:55PM</i>	Moon 9 - Phase 23
	542213463	<b>Rahu</b> 2:54PM – 4:25PM	Bava Until 3:59PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Siddha Yoga			<b>Ekadashi* Until 2:36AM Wed</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau			Bettendorf, IA Sun 11 Sutra 164
<b>3</b>		<b>Gulika</b> 10:22AM – 11:53AM	<b>Ashlesha*</b> <b>Until 6:57PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:51AM</i>	Vikarin 5121
Kataka Rasi: 21.56	Tithi 27	Yama 7:22AM – 8:52AM	Siddha Until 9:17PM	<b>Muruqa:</b> Purple <i>Sunset: 5:54PM</i>	Moon 9 - Phase 23
	542213463	<b>Rahu</b> 11:53AM – 1:23PM	Kaulava Until 1:07PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 11:29PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau			Bettendorf, IA Sun 12 Sutra 165
<b>4</b>		<b>Gulika</b> 8:52AM – 10:22AM	<b>Magha*</b> <b>Until 4:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:53AM</i>	Vikarin 5121
Simha Rasi: 6.47	Tithi 28	Yama 5:53AM – 7:22AM	Sadhya Until 5:18PM	<b>Muruqa:</b> Purple <i>Sunset: 5:52PM</i>	Moon 9 - Phase 23
	552213463	<b>Rahu</b> 1:22PM – 2:52PM	Gara Until 9:47AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Amrita Yoga			<b>Trayodashi* Until 7:59PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>
Until 4:26PM				<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Bettendorf, IA Sun 13 Sutra 166
<b>5</b>		<b>Gulika</b> 7:23AM – 8:53AM	<b>Purvaphalguni</b> <b>Until 1:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:54AM</i>	Vikarin 5121
Simha Rasi: 21.53	Tithi 29 – 30	Yama 2:51PM – 4:21PM	Subha Until 1:07PM	<b>Muruqa:</b> Purple <i>Sunset: 5:50PM</i>	Moon 9 - Phase 23
	552213463	<b>Rahu</b> 10:22AM – 11:52AM	Visti Until 6:09AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 4:15PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Bettendorf, IA Sun 14 Sutra 167
<b>Retreat Star</b>		<b>Gulika</b> 5:55AM – 7:24AM	<b>Uttaraphalguni</b> <b>Until 10:24AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:55AM</i>	Vikarin 5121
Kanya Rasi: 7.07	Tithi 30 – 1	Yama 1:21PM – 2:50PM	Sukla Until 8:51AM	<b>Muruqa:</b> Purple <i>Sunset: 5:49PM</i>	Moon 9 - Phase 23
	653213463	<b>Rahu</b> 8:53AM – 10:22AM	Kintughna Until 10:37PM	<b>Nataraja:</b> Clear	Amavasya
Routine Work Marana Yoga			<b>Amavasya* Until 12:28PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>	

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Bettendorf, IA Sun 15 Sutra 168
<b>Retreat Star</b>		<b>Gulika</b> 2:49PM – 4:18PM	<b>Hasta</b> <b>Until 7:39AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:56AM</i>	Vikarin 5121
Kanya Rasi: 22.17	Tithi 1 – 2	Yama 11:51AM – 1:20PM	Indra Until 12:41AM Mon	<b>Muruqa:</b> Purple <i>Sunset: 5:47PM</i>	Moon 9 - Phase 23
	663213463	<b>Rahu</b> 4:18PM – 5:47PM	Balava Until 7:04PM	<b>Nataraja:</b> Clear	Prathama
Creative Work Amrita Yoga			<b>Prathama* Until 8:47AM</b>	<b>Moon – Green</b>	<b>Devaloka Day</b>
Until 7:39AM		<b>Navaratri Begins</b>		<b>Ashvina-Puratasi</b>	
Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trityayam Titau		Bettendorf, IA Sun 16 Sutra 169 Vikarin 5121
<b>1</b>	Tula Rasi: 7.15 Tithi 3 Family Home Evening Creative Work Amrita Yoga Until 2:45AM Tue Then Routine Work - Marana Yoga	Gulika 1:19PM - 2:48PM Yama 10:22AM - 11:51AM Rahu 7:25AM - 8:54AM	Svati Until 2:45AM Tue Vaidhriti* Until 9:03PM Taitila Until 3:54PM Tritiya Until 2:30AM Tue	Ganesha: Light Blue Sunrise: 5:57AM Muruga: Purple Sunset: 5:45PM Nataraja: Clear Moon - Green Devaloka Day Ashvina+Puratasi
<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthiyam Titau		Bettendorf, IA Sun 17 Sutra 170 Vikarin 5121
<b>2</b>	Tula Rasi: 21.52 Tithi 4 673213463 Routine Work Marana Yoga Until 1:23AM Wed Then Creative Work - Siddha Yoga	Gulika 11:51AM - 1:19PM Yama 8:54AM - 10:22AM Rahu 2:47PM - 4:15PM	Vishakha Until 1:23AM Wed Vishkambha* Until 5:54PM Vanija Until 1:17PM Chaturthi* Until 12:13AM Wed	Ganesha: Purple Sunrise: 5:58AM Muruga: Purple Sunset: 5:43PM Nataraja: Clear Moon - Orange Devaloka Day Ashvina+Puratasi
<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Bettendorf, IA Sun 18 Sutra 171 Vikarin 5121
<b>3</b>	Vrischika Rasi: 6.01 Tithi 5 673213463 Creative Work Siddha Yoga Until 12:38AM Thu Then Routine Work - Prabalarishta Yoga	Gulika 10:22AM - 11:50AM Yama 7:27AM - 8:54AM Rahu 11:50AM - 1:18PM	Anuradha Until 12:38AM Thu Priti Until 3:22PM Bava Until 11:22AM Panchami Until 10:42PM	Ganesha: Purple Sunrise: 5:59AM Muruga: Purple Sunset: 5:42PM Nataraja: Clear Moon - Orange Devaloka Day Ashvina+Puratasi
<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Bettendorf, IA Sun 19 Sutra 172 Vikarin 5121
<b>4</b>	Vrischika Rasi: 19.4 Tithi 6 673213463 Routine Work Prabalarishta Yoga Until 12:36AM Fri Then Creative Work - Amrita Yoga	Gulika 8:55AM - 10:22AM Yama 6:00AM - 7:27AM Rahu 1:17PM - 2:45PM	Jyeshtha* Until 12:36AM Fri Ayushman Until 1:29PM Kaulava Until 10:17AM Shashthi* Until 10:03PM	Ganesha: Purple Sunrise: 6:00AM Muruga: Purple Sunset: 5:40PM Nataraja: Clear Moon - Orange Devaloka Day Ashvina+Puratasi
<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Bettendorf, IA Sun 20 Sutra 173 Vikarin 5121
<b>5</b>	Dhanus Rasi: 2.49 Tithi 7 683213463 Creative Work Amrita Yoga Until 1:45AM Sat Then Creative Work - Siddha Yoga	Gulika 7:28AM - 8:55AM Yama 2:44PM - 4:11PM Rahu 10:22AM - 11:50AM	Mula* Until 1:45AM Sat Saubhagya Until 12:19PM Gara Until 10:06AM Saptami Until 10:19PM	Ganesha: Clear Sunrise: 6:01AM Muruga: Purple Sunset: 5:38PM Nataraja: Clear Moon - Light Blue Sivaloka Day Ashvina+Puratasi
<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Bettendorf, IA Sun 21 Sutra 174 Vikarin 5121
<b>Retreat Star</b>	Dhanus Rasi: 15.32 Tithi 8 683213463 Creative Work Siddha Yoga Until 3:32AM Sun Then Creative Work - Amrita Yoga	Gulika 6:02AM - 7:29AM Yama 1:16PM - 2:43PM Rahu 8:56AM - 10:22AM	Purvashadha* Until 3:32AM Sun Sobhana Until 11:51AM Visti Until 10:47AM Ashtami* Until 11:24PM	Ganesha: Clear Sunrise: 6:02AM Muruga: Purple Sunset: 5:37PM Nataraja: Clear Moon - Light Blue Sivaloka Day Ashvina+Puratasi
<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Bettendorf, IA Sun 22 Sutra 175 Vikarin 5121
<b>Retreat Star</b>	Dhanus Rasi: 27.55 Tithi 9 683213463 Creative Work Amrita Yoga	Gulika 2:42PM - 4:09PM Yama 11:49AM - 1:16PM Rahu 4:09PM - 5:35PM	Uttarashadha Until 5:46AM Mon Athiganda* Until 11:55AM Balava Until 12:14PM Navami* Until 1:11AM Mon	Ganesha: Clear Sunrise: 6:03AM Muruga: Purple Sunset: 5:35PM Nataraja: Clear Moon - Light Blue Sivaloka Day Ashvina+Puratasi

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Bettendorf, IA Sun 23 Sutra 176
<b>1</b>		<b>Gulika</b> 1:15PM – 2:41PM	<b>Shravana Until 8:45AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:04AM	Vikarin 5121
Makara Rasi: 10.01	Tithi 10	Yama 10:23AM – 11:49AM	Sukarma Until 12:28PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213463	<b>Rahu</b> 7:30AM – 8:56AM	Taitila Until 2:17PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Amrita Yoga			<b>Dashami Until 3:25AM Tue</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 8:45AM Tue					
Then Creative Work - Siddha Yoga					

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau			Bettendorf, IA Sun 24 Sutra 177
<b>2</b>		<b>Gulika</b> 11:48AM – 1:14PM	<b>Shravana Until 8:45AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:05AM	Vikarin 5121
Makara Rasi: 21.58	Tithi 11	Yama 8:57AM – 10:23AM	Dhriti Until 1:18PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
<b>Creative Work</b>	693213464	<b>Rahu</b> 2:40PM – 4:06PM	Vanija Until 4:40PM	<b>Nataraja:</b> Purple	4th Phase
Siddha Yoga			<b>Ekadashi Until 5:55AM Wed</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>			

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava Karana Dvadashyam Titau			Bettendorf, IA Sun 25 Sutra 178
<b>3</b>		<b>Gulika</b> 10:23AM – 11:48AM	<b>Dhanishtha Until 11:46AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:06AM	Vikarin 5121
Kumbha Rasi: 3.49	Tithi 12	Yama 7:32AM – 8:57AM	Shula* Until 2:13PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
<b>Routine Work</b>	693213464	<b>Rahu</b> 11:48AM – 1:14PM	Bava Until 7:13PM	<b>Nataraja:</b> Purple	4th Phase
Prabalarishta Yoga			<b>Dvadashi Until 8:27AM Thu</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
Until 11:46AM		<b>Kadaitswami Mahasamadhi</b>			
Then Creative Work - Siddha Yoga					

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Bettendorf, IA Sun 26 Sutra 179
<b>4</b>		<b>Gulika</b> 8:58AM – 10:23AM	<b>Shatabhishak Until 2:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:07AM	Vikarin 5121
Kumbha Rasi: 15.39	Tithi 12 – 13	Yama 6:07AM – 7:32AM	Ganda* Until 3:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
<b>Creative Work</b>	693213464	<b>Rahu</b> 1:13PM – 2:38PM	Kaulava Until 9:43PM	<b>Nataraja:</b> Purple	4th Phase
Siddha Yoga			<b>Dvadashi Until 8:27AM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>

*Pradosha Vrata*

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Bettendorf, IA Sun 27 Sutra 180
<b>5</b>		<b>Gulika</b> 7:33AM – 8:58AM	<b>Purvaproshtapada* Until 5:40PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:08AM	Vikarin 5121
Kumbha Rasi: 27.31	Tithi 13 – 14	Yama 2:37PM – 4:02PM	Vridhi Until 4:00PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
<b>Creative Work</b>	613213464	<b>Rahu</b> 10:23AM – 11:48AM	Gara Until 12:04AM Sat	<b>Nataraja:</b> Purple	4th Phase
Siddha Yoga			<b>Trayodashi Until 10:53AM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>			

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Bettendorf, IA Sun 28 Sutra 181
<b>6</b>		<b>Gulika</b> 6:09AM – 7:34AM	<b>Uttaraproshtapada Until 8:21PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:09AM	Vikarin 5121
Meena Rasi: 9.28	Tithi 14 – 15	Yama 1:12PM – 2:36PM	Dhruva Until 4:40PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:25PM	Moon 9 - Phase 25
<b>Creative Work</b>	613213464	<b>Rahu</b> 8:58AM – 10:23AM	Visti Until 2:11AM Sun	<b>Nataraja:</b> Purple	Purnima
Siddha Yoga			<b>Chaturdashi* Until 1:08PM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
Until 8:21PM					
Then Routine Work - Prabalarishta Yoga					

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Bettendorf, IA Sun 29 Sutra 182
<b>7</b>		<b>Gulika</b> 2:35PM – 4:00PM	<b>Revati Until 10:38PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:11AM	Vikarin 5121
Meena Rasi: 21.3	Tithi 15 – 16	Yama 11:47AM – 1:11PM	Vyaghata* Until 5:08PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:24PM	Moon 9 - Phase 25
<b>Creative Work</b>	614213464	<b>Rahu</b> 4:00PM – 5:24PM	Balava Until 4:02AM Mon	<b>Nataraja:</b> Purple	Prathama
Amrita Yoga			<b>Purnima* Until 3:07PM</b>	<b>Ashvina+Puratasi</b>	<b>Subha Sivaloka Day</b>
Until 10:38PM					
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.39      Tithi 16 – 17

Family Home Evening

Creative Work    Siddha Yoga

Gulika

1:11PM – 2:35PM

Yama

10:23AM – 11:47AM

Rahu

7:35AM – 8:59AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 12:57AM Tue

Harshana Until 5:25PM

Taitila Until 5:35AM Tue

Prathama\* Until 4:50PM

Ganesha: White

Sunrise: 6:12AM

Muruqa: Purple

Sunset: 5:22PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina•Puratasi

Bettendorf, IA

Sutra 183

Vikarin 5121

Moon 10 - Phase 26

1st Phase

1

Tuesday, October 15, 2019

Mesha Rasi: 15.55      Tithi 17

Creative Work    Siddha Yoga

Until 2:48AM Wed

Then Creative Work - Amrita Yoga

Gulika

11:47AM – 1:10PM

Yama

9:00AM – 10:23AM

Rahu

2:34PM – 3:57PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara Karana Dvitiyayam Titau

Bharani Until 2:48AM Wed

Vajra\* Until 5:25PM

Gara Until 6:13PM

Dvitiya Until 6:13PM

Ganesha: White

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 5:21PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina•Puratasi

Sun 1

Bettendorf, IA

Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

2

Wednesday, October 16, 2019

Mesha Rasi: 28.19      Tithi 18

Creative Work    Amrita Yoga

Until 4:09AM Thu

Then Routine Work - Marana Yoga

Gulika

10:23AM – 11:46AM

Yama

7:37AM – 9:00AM

Rahu

11:46AM – 1:10PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Krittika Until 4:09AM Thu

Siddhi Until 5:11PM

Vanija Until 6:49AM

Tritiya Until 7:17PM

Ganesha: White

Sunrise: 6:14AM

Muruqa: Purple

Sunset: 5:19PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina•Puratasi

Sun 2

Bettendorf, IA

Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

3

Thursday, October 17, 2019

Vrishabha Rasi: 10.53      Tithi 19

Routine Work    Marana Yoga

Until 5:27AM Fri

Then Creative Work - Siddha Yoga

Gulika

9:01AM – 10:23AM

Yama

6:15AM – 7:38AM

Rahu

1:09PM – 2:32PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 5:27AM Fri

Vyatipata\* Until 4:40PM

Bava Until 7:42AM

Chaturthi\* Until 7:58PM

Ganesha: White

Sunrise: 6:15AM

Muruqa: Purple

Sunset: 5:18PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

Sun 3

Bettendorf, IA

Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

4

Friday, October 18, 2019

Vrishabha Rasi: 23.37      Tithi 20

Creative Work    Siddha Yoga

Gulika

7:39AM – 9:01AM

Yama

2:31PM – 3:54PM

Rahu

10:24AM – 11:46AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Mrigashira Until 6:09AM Sat

Variyan Until 3:49PM

Kaulava Until 8:11AM

Panchami Until 8:14PM

Ganesha: White

Sunrise: 6:16AM

Muruqa: Purple

Sunset: 5:16PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

Sun 4

Bettendorf, IA

Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

5

Saturday, October 19, 2019

Mithuna Rasi: 6.34      Tithi 21

Creative Work    Siddha Yoga

Gulika

6:17AM – 7:39AM

Yama

1:08PM – 2:30PM

Rahu

9:02AM – 10:24AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 6:09AM

Parigha\* Until 2:36PM

Gara Until 8:13AM

Shashthi\* Until 8:01PM

Ganesha: White

Sunrise: 6:17AM

Muruqa: Purple

Sunset: 5:15PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

Sun 5

Bettendorf, IA

Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

6

Sunday, October 20, 2019

Mithuna Rasi: 19.47      Tithi 22

Creative Work    Siddha Yoga

Gulika

2:29PM – 3:51PM

Yama

11:46AM – 1:08PM

Rahu

3:51PM – 5:13PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Ardra Until 6:12AM

Shiva Until 12:59PM

Visti Until 7:44AM

Saptami Until 7:15PM

Ganesha: White

Sunrise: 6:18AM

Muruqa: Purple

Sunset: 5:13PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

Sun 6

Bettendorf, IA

Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 3.19      Tithi 23 – 24

Family Home Evening

Creative Work    Amrita Yoga

Until 6:01AM

Then Creative Work - Siddha Yoga

Gulika

1:07PM – 2:29PM

Yama

10:24AM – 11:46AM

Rahu

7:41AM – 9:03AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Punarvasu Until 6:01AM

Siddha Until 10:54AM

Balava Until 6:41AM

Ashtami\* Until 5:56PM

Ganesha: Clear

Sunrise: 6:20AM

Muruqa: Purple

Sunset: 5:12PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Ashvina•Aipasi

Sun 7

Bettendorf, IA

Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 17.1      Tithi 24 – 25

Creative Work    Siddha Yoga

Gulika

11:45AM – 1:07PM

Yama

9:03AM – 10:24AM

Rahu

2:28PM – 3:49PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Ashlesha\* Until 3:32AM Wed

Sadhya Until 8:21AM

Vanija Until 2:55AM Wed

Navami\* Until 4:02PM

Ganesha: Clear

Sunrise: 6:21AM

Muruqa: Purple

Sunset: 5:10PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Ashvina•Aipasi

Sun 8

Bettendorf, IA

Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bettendorf, IA Sun 9 Sutra 192
Simha Rasi: 1.23	Tithi 25 – 26	<b>Gulika</b> 10:24AM – 11:45AM	<b>Magha* Until 1:45AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	Vikarin 5121
		Yama 7:43AM – 9:04AM	Sukla Until 2:02AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27
		654313464 <b>Rahu</b> 11:45AM – 1:06PM	Bava Until 12:16AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 1:38PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Bettendorf, IA Sun 10 Sutra 193
Simha Rasi: 15.55	Tithi 26 – 27	<b>Gulika</b> 9:04AM – 10:25AM	<b>Purvaphalguni Until 11:27PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	Vikarin 5121
		Yama 6:23AM – 7:44AM	Brahma Until 10:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 27
		654313464 <b>Rahu</b> 1:06PM – 2:26PM	Kaulava Until 9:15PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 10:47AM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Vanija Karana Dvodashi/Trayodashyam Titau		Bettendorf, IA Sun 11 Sutra 194
Kanya Rasi: 0.42	Tithi 27 – 28	<b>Gulika</b> 7:44AM – 9:05AM	<b>Uttaraphalguni Until 8:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM	Vikarin 5121
		Yama 2:25PM – 3:46PM	Indra Until 6:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 27
		655313464 <b>Rahu</b> 10:25AM – 11:45AM	Vanija Until 4:17AM Sat	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvodashi* Until 7:38AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
Until 8:48PM				<b>Ashvina-Aipasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bettendorf, IA Sun 12 Sutra 195
Kanya Rasi: 15.38	Tithi 29	<b>Gulika</b> 6:25AM – 7:45AM	<b>Hasta Until 6:19PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:25AM	Vikarin 5121
		Yama 1:05PM – 2:25PM	Vaidhriti* Until 2:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 27
		665313464 <b>Rahu</b> 9:05AM – 10:25AM	Visti Until 2:37PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 12:55AM Sun</b>	Moon – Green		<b>Subha Sivaloka Day</b>
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>		

		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bettendorf, IA Sun 13 Sutra 196
<b>Retreat Star</b>		<b>Gulika</b> 2:24PM – 3:44PM	<b>Chitra Until 3:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:26AM	Vikarin 5121
Tula Rasi: 0.35	Tithi 30	Yama 11:45AM – 1:04PM	Vishkambha* Until 10:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 27
		665313464 <b>Rahu</b> 3:44PM – 5:03PM	Catuspada Until 11:18AM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:42PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>		

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Bettendorf, IA Sun 14 Sutra 197
Tula Rasi: 15.23	Tithi 1	<b>Gulika</b> 1:04PM – 2:23PM	<b>Svati Until 1:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:28AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:25AM – 11:45AM	Priti Until 6:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 <b>Rahu</b> 7:47AM – 9:06AM	Kintughna Until 8:12AM	<b>Nataraja:</b> Purple		Prathama
Until 1:24PM			<b>Prathama* Until 6:47PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bettendorf, IA Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 29.55	Tithi 2 – 3	<b>Gulika</b> 11:45AM – 1:04PM	<b>Vishakha</b> Until 11:42AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama 9:07AM – 10:26AM	Saubhagya Until 12:34AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 2:23PM – 3:42PM	Taitila Until 3:22AM Wed	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 4:21PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 11:42AM				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bettendorf, IA Sun 16 Sutra 199 Vikarin 5121
Vischika Rasi: 14.04	Tithi 3 – 4	<b>Gulika</b> 10:26AM – 11:45AM	<b>Anuradha</b> Until 10:29AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	
		Yama 7:49AM – 9:07AM	Sobhana Until 10:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 11:45AM – 1:03PM	Vanija Until 1:57AM Thu	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 2:33PM	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bettendorf, IA Sun 17 Sutra 200 Vikarin 5121
Vischika Rasi: 27.45	Tithi 4 – 5	<b>Gulika</b> 9:08AM – 10:26AM	<b>Jyeshtha*</b> Until 9:51AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	
		Yama 6:31AM – 7:50AM	Athiganda* Until 8:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 1:03PM – 2:21PM	Bava Until 1:21AM Fri	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 1:31PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 9:51AM				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bettendorf, IA Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 10.59	Tithi 5 – 6	<b>Gulika</b> 7:50AM – 9:08AM	<b>Mula*</b> Until 10:20AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	
		Yama 2:21PM – 3:39PM	Sukarma Until 7:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 10:27AM – 11:45AM	Kaulava Until 1:37AM Sat	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 1:21PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 10:20AM		<b>Skanda Shasthi</b>		<b>Kartika•Aipasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Bettendorf, IA Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 23.46	Tithi 6 – 7	<b>Gulika</b> 6:34AM – 7:51AM	<b>Purvashadha*</b> Until 11:31AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	
		Yama 1:02PM – 2:20PM	Dhriti Until 6:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 9:09AM – 10:27AM	Gara Until 2:42AM Sun	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 2:02PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 11:31AM				<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bettendorf, IA Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 6.12	Tithi 7 – 8	<b>Gulika</b> 2:19PM – 3:37PM	<b>Uttarashadha</b> Until 1:16PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	
		Yama 11:45AM – 1:02PM	Shula* Until 6:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 28
		686313464 <b>Rahu</b> 3:37PM – 4:54PM	Visti Until 4:29AM Mon	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 3:30PM	Moon – Light Blue		<b>Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

<b>Monday, November 4, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bettendorf, IA Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 1:02PM – 2:19PM	<b>Shravana</b> Until 3:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:36AM	
<b>Family Home Evening</b>		Yama 10:27AM – 11:45AM	Ganda* Until 7:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 28
		696313464 <b>Rahu</b> 7:53AM – 9:10AM	Balava Until 6:45AM Tue	<b>Nataraja:</b> Purple		Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 5:33PM	Moon – Purple		<b>Sivaloka Day</b>
Until 3:57PM				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>Tuesday, November 5, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Bettendorf, IA Sun 22 Sutra 205 Vikarin 5121
Kumbha Rasi: 0.19	Tithi 9	<b>Gulika</b> 11:45AM – 1:01PM	<b>Dhanishtha</b> Until 6:49PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:37AM	
		Yama 9:11AM – 10:28AM	Vriddhi Until 8:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 28
		696313464 <b>Rahu</b> 2:18PM – 3:35PM	Balava Until 6:45AM	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 7:58PM	Moon – Purple		<b>Sivaloka Day</b>
Until 6:49PM				<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Bettendorf, IA
			Shalabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 206
	Kumbha Rasi: 12.11	Tithi 10	<b>Gulika</b> 10:28AM – 11:45AM	<b>Shatabhishak</b> Until 9:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM	Vikarin 5121
	696313464		Yama 7:55AM – 9:11AM	Dhruva Until 9:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 29
		<b>Rahu</b> 11:45AM – 1:01PM	Taitila Until 9:16AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 10:31PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:39PM				<b>Kartika•Aipasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Bettendorf, IA
			Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 207
	Kumbha Rasi: 24.02	Tithi 11	<b>Gulika</b> 9:12AM – 10:28AM	<b>Purvaproshtapada*</b> Until 12:44AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:40AM	Vikarin 5121
	716313464		Yama 6:40AM – 7:56AM	Vyaghata* Until 10:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 29
		<b>Rahu</b> 1:01PM – 2:17PM	Vanija Until 11:47AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 12:58AM Fri	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Bettendorf, IA
			Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25 Sutra 208
	Meena Rasi: 5.56	Tithi 12	<b>Gulika</b> 7:57AM – 9:13AM	<b>Uttaraproshtapada</b> Until 3:25AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:41AM	Vikarin 5121
	716313464		Yama 2:17PM – 3:33PM	Harshana Until 10:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 29
		<b>Rahu</b> 10:29AM – 11:45AM	Bava Until 2:08PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 3:11AM Sat	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 3:25AM Sat				<b>Kartika•Aipasi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Bettendorf, IA
			Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 209
	Meena Rasi: 17.57	Tithi 13	<b>Gulika</b> 6:42AM – 7:58AM	<b>Revati</b> Until 5:37AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:42AM	Vikarin 5121
	716313464		Yama 1:01PM – 2:16PM	Vajra* Until 11:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 29
		<b>Rahu</b> 9:13AM – 10:29AM	Kaulava Until 4:12PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Trayodashi</b> Until 5:03AM Sun	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 5:37AM Sun				<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Bettendorf, IA
			Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 210
	Mesha Rasi: 0.06	Tithi 14	<b>Gulika</b> 2:16PM – 3:31PM	<b>Ashvini</b> Until 7:45AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	Vikarin 5121
	726313464		Yama 11:45AM – 1:00PM	Siddhi Until 11:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 29
		<b>Rahu</b> 3:31PM – 4:47PM	Gara Until 5:52PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:32AM Mon	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Bettendorf, IA
	<b>Copper Retreat Star</b>		Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 211
	Mesha Rasi: 12.25	Tithi 14 – 15	<b>Gulika</b> 1:00PM – 2:15PM	<b>Ashvini</b> Until 7:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:44AM	Vikarin 5121
	727413464		Yama 10:30AM – 11:45AM	Vyatipata* Until 11:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 29
<b>Family Home Evening</b>		<b>Rahu</b> 8:00AM – 9:15AM	Visti Until 7:07PM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:32AM	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

<b>○</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Bettendorf, IA
	<b>Silver Retreat Star</b>		Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 212
	Mesha Rasi: 24.55	Tithi 15 – 16	<b>Gulika</b> 11:45AM – 1:00PM	<b>Bharani</b> Until 9:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:46AM	Vikarin 5121
	727413464		Yama 9:15AM – 10:30AM	Variyan Until 10:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 29
		<b>Rahu</b> 2:15PM – 3:30PM	Balava Until 7:57PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 7:34AM	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bettendorf, IA

Sutra 213

Vikarin 5121

Vrishabha Rasi: 8 Tithi 16 - 17

727413464

**Gulika** 10:31AM - 11:45AM  
Yama 8:01AM - 9:16AM  
**Rahu** 11:45AM - 1:00PM

**Krittika Until 10:19AM**

Parigha\* Until 9:39PM

Taitila Until 8:22PM

**Prathama\* Until 8:11AM**

**Ganesha:** White

**Sunrise:** 6:47AM

**Muruqa:** Purple

**Sunset:** 4:44PM

**Nataraja:** Purple

Moon - White

**Kartika-Aipasi**

Moon 11 - Phase 30

1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bettendorf, IA

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 20.29 Tithi 17 - 18

737413464

**Gulika** 9:17AM - 10:31AM  
Yama 6:48AM - 8:02AM  
**Rahu** 1:00PM - 2:14PM

**Rohini Until 11:14AM**

Shiva Until 8:31PM

Vanija Until 8:23PM

**Dvitiya Until 8:24AM**

**Ganesha:** Clear

**Sunrise:** 6:48AM

**Muruqa:** Purple

**Sunset:** 4:43PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Aipasi**

Moon 11 - Phase 30

1st Phase

**Subha Sivaloka Day**

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Bettendorf, IA

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 3.34 Tithi 18 - 19

737413464

**Gulika** 8:03AM - 9:17AM  
Yama 2:14PM - 3:28PM  
**Rahu** 10:32AM - 11:46AM

**Mrigashira Until 11:38AM**

Siddha Until 7:03PM

Bava Until 8:02PM

**Tritiya Until 8:14AM**

**Ganesha:** Clear

**Sunrise:** 6:49AM

**Muruqa:** Purple

**Sunset:** 4:42PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Aipasi**

Moon 11 - Phase 30

1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bettendorf, IA

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 16.49 Tithi 19 - 20

737413464

**Gulika** 6:50AM - 8:04AM  
Yama 1:00PM - 2:13PM  
**Rahu** 9:18AM - 10:32AM

**Ardra Until 11:32AM**

Sadhya Until 5:19PM

Kaulava Until 7:20PM

**Chaturthi\* Until 7:42AM**

**Ganesha:** Clear

**Sunrise:** 6:50AM

**Muruqa:** Purple

**Sunset:** 4:41PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Kartikai**

Moon 11 - Phase 30

1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bettendorf, IA

Sun 4 Sutra 217

Vikarin 5121

Kataka Rasi: 0.16 Tithi 20 - 21

748413465

**Gulika** 2:13PM - 3:27PM  
Yama 11:46AM - 1:00PM  
**Rahu** 3:27PM - 4:40PM

**Punarvasu Until 11:24AM**

Subha Until 3:20PM

Gara Until 6:17PM

**Panchami Until 6:50AM**

**Ganesha:** Clear

**Sunrise:** 6:52AM

**Muruqa:** Purple

**Sunset:** 4:40PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

Moon 11 - Phase 30

1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Bettendorf, IA

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 13.55 Tithi 22

748413465

**Gulika** 1:00PM - 2:13PM  
Yama 10:33AM - 11:46AM  
**Rahu** 8:06AM - 9:19AM

**Pushya Until 10:46AM**

Sukla Until 1:03PM

Visti Until 4:53PM

**Saptami Until 4:03AM Tue**

**Ganesha:** Clear

**Sunrise:** 6:53AM

**Muruqa:** Purple

**Sunset:** 4:40PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

Moon 11 - Phase 30

1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

**Family Home Evening**

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Bettendorf, IA

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 27.46 Tithi 23

748413465

**Gulika** 11:46AM - 1:00PM  
Yama 9:20AM - 10:33AM  
**Rahu** 2:13PM - 3:26PM

**Ashlesha\* Until 9:40AM**

Brahma Until 10:31AM

Balava Until 3:10PM

**Ashtami\* Until 2:10AM Wed**

**Ganesha:** Clear

**Sunrise:** 6:54AM

**Muruqa:** Purple

**Sunset:** 4:39PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

Moon 11 - Phase 30

Ashtami

**Sivaloka Day**

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Bettendorf, IA

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 11.49 Tithi 24

758413465

**Gulika** 10:34AM - 11:47AM  
Yama 8:08AM - 9:21AM  
**Rahu** 11:47AM - 1:00PM

**Magha\* Until 8:32AM**

Indra Until 7:44AM

Taitila Until 1:08PM

**Navami\* Until 11:59PM**

**Ganesha:** White

**Sunrise:** 6:55AM

**Muruqa:** Purple

**Sunset:** 4:38PM

**Nataraja:** Clear

Moon - Red

**Kartika-Kartikai**

Moon 11 - Phase 30

Navami

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:32AM


Then Creative Work - Amrita Yoga

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		Bettendorf, IA
Simha Rasi: 26.04	Tithi 25	<b>Gulika</b>	<b>9:22AM – 10:34AM</b>	<b>Purvaphalguni Until 6:59AM</b>	<b>Ganesha: White</b>	Sun 8 Sutra 221
		Yama	6:56AM – 8:09AM	Vishkambha* Until 1:29AM Fri	<b>Muruqa: Purple</b>	Vikarin 5121
		758413465 <b>Rahu</b>	<b>1:00PM – 2:12PM</b>	Vanija Until 10:49AM	<b>Nataraja: Clear</b>	Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Dashami Until 9:33PM</b>	<b>Moon – Red</b>	2nd Phase
					<b>Subha Sivaloka Day</b>	
					<b>Karttika-Karttikai</b>	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Bettendorf, IA
Kanya Rasi: 10.28	Tithi 26	<b>Gulika</b>	<b>8:10AM – 9:22AM</b>	<b>Hasta Until 3:16AM Sat</b>	<b>Ganesha: Yellow</b>	Sun 9 Sutra 222
		Yama	2:12PM – 3:24PM	Priti Until 10:09PM	<b>Muruqa: Purple</b>	Vikarin 5121
		768413465 <b>Rahu</b>	<b>10:35AM – 11:47AM</b>	Bava Until 8:17AM	<b>Nataraja: Clear</b>	Moon 11 - Phase 31
Creative Work	Amrita Yoga			<b>Ekadashi* Until 6:57PM</b>	<b>Moon – Green</b>	2nd Phase
Until 3:16AM Sat					<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Karttika-Karttikai</b>	

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Bettendorf, IA
Kanya Rasi: 24.58	Tithi 27 – 28	<b>Gulika</b>	<b>6:59AM – 8:11AM</b>	<b>Chitra Until 1:20AM Sun</b>	<b>Ganesha: Yellow</b>	Sun 10 Sutra 223
		Yama	1:00PM – 2:12PM	Ayushman Until 6:45PM	<b>Muruqa: Purple</b>	Vikarin 5121
		768413465 <b>Rahu</b>	<b>9:23AM – 10:35AM</b>	Gara Until 2:59AM Sun	<b>Nataraja: Clear</b>	Moon 11 - Phase 31
Routine Work	Marana Yoga			<b>Dvadashi* Until 4:17PM</b>	<b>Moon – Green</b>	2nd Phase
Until 1:20AM Sun					<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Karttika-Karttikai</b>	
					<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Bettendorf, IA
Tula Rasi: 9.28	Tithi 28 – 29	<b>Gulika</b>	<b>2:12PM – 3:24PM</b>	<b>Svati Until 11:21PM</b>	<b>Ganesha: Blue</b>	Sun 11 Sutra 224
		Yama	11:48AM – 1:00PM	Saubhagya Until 3:25PM	<b>Muruqa: Purple</b>	Vikarin 5121
		769413465 <b>Rahu</b>	<b>3:24PM – 4:36PM</b>	Visti Until 12:26AM Mon	<b>Nataraja: Clear</b>	Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Trayodashi* Until 1:40PM</b>	<b>Moon – Green</b>	2nd Phase
Until 11:21PM					<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Karttika-Karttikai</b>	

		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Bettendorf, IA
<b>Retreat Star</b>		<b>Gulika</b>	<b>1:00PM – 2:12PM</b>	<b>Vishakha Until 9:54PM</b>	<b>Ganesha: Blue</b>	Sun 12 Sutra 225
Tula Rasi: 23.53	Tithi 29 – 30	Yama	10:36AM – 11:48AM	Sobhana Until 12:15PM	<b>Muruqa: Purple</b>	Vikarin 5121
<b>Family Home Evening</b>		779413465 <b>Rahu</b>	<b>8:13AM – 9:24AM</b>	Catuspada Until 10:09PM	<b>Nataraja: Clear</b>	Moon 11 - Phase 31
Routine Work	Marana Yoga			<b>Chaturdashi* Until 11:14AM</b>	<b>Moon – Orange</b>	Amavasya
Until 9:54PM					<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Karttika-Karttikai</b>	

<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Bettendorf, IA		
<b>Retreat Star</b>		<b>Gulika</b>	<b>11:48AM – 1:00PM</b>	<b>Anuradha Until 8:42PM</b>	<b>Ganesha: Blue</b>	Sun 13 Sutra 226
Vrischika Rasi: 8.05	Tithi 30 – 1	Yama	9:25AM – 10:37AM	Athiganda* Until 9:20AM	<b>Muruqa: Purple</b>	Vikarin 5121
		779413465 <b>Rahu</b>	<b>2:12PM – 3:23PM</b>	Kintughna Until 8:16PM	<b>Nataraja: Clear</b>	Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Amavasya* Until 9:08AM</b>	<b>Moon – Orange</b>	Prathama
Until 8:42PM					<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Bettendorf, IA Sun 14	Sutra 227 Vikarin 5121
Wrischika Rasi: 22.01	Tithi 1 – 2	<b>Gulika</b> 10:37AM – 11:49AM	<b>Jyeshtha* Until 7:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:03AM		
		Yama 8:15AM – 9:26AM	Sukarma Until 6:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM		Moon 11 - Phase 32
		779413465 <b>Rahu</b> 11:49AM – 1:00PM	Balava Until 6:55PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 7:30AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 7:53PM				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Bettendorf, IA Sun 15	Sutra 228 Vikarin 5121
Dhanus Rasi: 5.34	Tithi 2 – 3	<b>Gulika</b> 9:27AM – 10:38AM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:04AM		
		Yama 7:04AM – 8:15AM	Shula* Until 3:16AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 1:00PM – 2:11PM	Taitila Until 6:15PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 6:29AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau		Bettendorf, IA Sun 16	Sutra 229 Vikarin 5121
Dhanus Rasi: 18.45	Tithi 3 – 4	<b>Gulika</b> 8:16AM – 9:27AM	<b>Purvashadha* Until 8:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:05AM		
		Yama 2:11PM – 3:22PM	Ganda* Until 2:21AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:38AM – 11:49AM	Vanija Until 6:19PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 6:10AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 8:45PM				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturchi/Panchamyam Titau		Bettendorf, IA Sun 17	Sutra 230 Vikarin 5121
Makara Rasi: 1.33	Tithi 4 – 5	<b>Gulika</b> 7:06AM – 8:17AM	<b>Uttarashadha Until 10:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:06AM		
		Yama 1:01PM – 2:11PM	Vriddhi Until 2:01AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:28AM – 10:39AM	Bava Until 7:08PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Chaturchi* Until 6:37AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:01PM				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bettendorf, IA Sun 18	Sutra 231 Vikarin 5121
Makara Rasi: 14.01	Tithi 5 – 6	<b>Gulika</b> 2:11PM – 3:22PM	<b>Shravana Until 12:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:07AM		
		Yama 11:50AM – 1:01PM	Dhruva Until 2:09AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM		Moon 11 - Phase 32
		799413465 <b>Rahu</b> 3:22PM – 4:33PM	Kaulava Until 8:39PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 7:47AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 12:16AM Mon				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Bettendorf, IA Sun 19	Sutra 232 Vikarin 5121
Makara Rasi: 26.13	Tithi 6 – 7	<b>Gulika</b> 1:01PM – 2:12PM	<b>Dhanishtha Until 2:51AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:08AM		
<b>Family Home Evening</b>		Yama 10:40AM – 11:51AM	Vyaghata* Until 2:41AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 <b>Rahu</b> 8:19AM – 9:29AM	Gara Until 10:42PM	<b>Nataraja:</b> Clear			3rd Phase
Until 2:51AM Tue			<b>Shashthi* Until 9:35AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>			

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bettendorf, IA Sun 20	Sutra 233 Vikarin 5121
Kumbha Rasi: 8.13	Tithi 7 – 8	<b>Gulika</b> 11:51AM – 1:01PM	<b>Shatabhishak Until 5:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:09AM		
		Yama 9:30AM – 10:41AM	Harshana Until 3:27AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:12PM – 3:22PM	Visti Until 1:05AM Wed	<b>Nataraja:</b> Clear			Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 11:51AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 5:33AM Wed				<b>Margasira-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bettendorf, IA Sun 21	Sutra 234 Vikarin 5121
Kumbha Rasi: 20.08	Tithi 8 – 9	<b>Gulika</b> 10:41AM – 11:51AM	<b>Purvaproshtapada* Until 8:39AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:10AM		
		Yama 8:21AM – 9:31AM	Vajra* Until 4:15AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM		Moon 11 - Phase 32
		711413465 <b>Rahu</b> 11:51AM – 1:02PM	Balava Until 3:36AM Thu	<b>Nataraja:</b> Clear			Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 2:19PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 8:39AM Thu				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bettendorf, IA
Meena Rasi: 2.01	Tithi 9 – 10	711413465	<b>Gulika</b> 9:32AM – 10:42AM <b>Yama</b> 7:11AM – 8:22AM <b>Rahu</b> 1:02PM – 2:12PM	<b>Purvaproshtapada* Until 8:39AM</b> Siddhi Until 4:59AM Fri Taitila Until 6:00AM Fri Navami* Until 4:48PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 4:32PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day

<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Bettendorf, IA
Meena Rasi: 13.56	Tithi 10	711413465	<b>Gulika</b> 8:22AM – 9:32AM <b>Yama</b> 2:12PM – 3:22PM <b>Rahu</b> 10:42AM – 11:52AM	<b>Uttaraproshtapada Until 11:27AM</b> Vyatipata* Until 5:31AM Sat Taitila Until 6:00AM Dashami Until 7:05PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:12AM <b>Sunset:</b> 4:32PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Bettendorf, IA
Meena Rasi: 25.58	Tithi 11	711513465	<b>Gulika</b> 7:13AM – 8:23AM <b>Yama</b> 1:02PM – 2:12PM <b>Rahu</b> 9:33AM – 10:43AM	<b>Revati Until 1:46PM</b> Varyan Until 5:43AM Sun Vanija Until 8:07AM Ekadashi Until 8:59PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 4:32PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga		<b>Gita Jayanthi</b>					Subha Sivaloka Day
Until 1:46PM								Margasira-Karttikai
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Bettendorf, IA
Mesha Rasi: 8.11	Tithi 12	721513465	<b>Gulika</b> 2:12PM – 3:22PM <b>Yama</b> 11:53AM – 1:03PM <b>Rahu</b> 3:22PM – 4:32PM	<b>Ashvini Until 3:59PM</b> Parigha* Until 5:31AM Mon Bava Until 9:47AM Dvadashi Until 10:24PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:14AM <b>Sunset:</b> 4:32PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 3:59PM								Margasira-Karttikai
Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bettendorf, IA
Mesha Rasi: 20.37	Tithi 13	721513465	<b>Gulika</b> 1:03PM – 2:13PM <b>Yama</b> 10:44AM – 11:53AM <b>Rahu</b> 8:25AM – 9:34AM	<b>Bharani Until 5:30PM</b> Shiva Until 4:54AM Tue Kaulava Until 10:55AM Trayodashi Until 11:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:15AM <b>Sunset:</b> 4:32PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening	Siddha Yoga							Sivaloka Day
Until 5:30PM								Margasira-Karttikai
Then Routine Work - Marana Yoga								Pradosha Vrata

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Bettendorf, IA
Vrishabha Rasi: 3.17	Tithi 14	721513465	<b>Gulika</b> 11:54AM – 1:03PM <b>Yama</b> 9:35AM – 10:44AM <b>Rahu</b> 2:13PM – 3:22PM	<b>Krittika Until 6:18PM</b> Siddha Until 3:49AM Wed Gara Until 11:29AM Chaturdashi* Until 11:31PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:16AM <b>Sunset:</b> 4:32PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 6:18PM								Tour Day
Then Creative Work - Amrita Yoga								

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Bettendorf, IA
<b>Copper Retreat Star</b>			<b>Gulika</b> 10:45AM – 11:54AM <b>Yama</b> 8:26AM – 9:36AM <b>Rahu</b> 11:54AM – 1:04PM	<b>Rohini Until 6:52PM</b> Sadhya Until 2:20AM Thu Visti Until 11:28AM Purnima* Until 11:14PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:17AM <b>Sunset:</b> 4:32PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 16.15	Tithi 15	731523465						Sivaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai

<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Bettendorf, IA		
<b>Silver Retreat Star</b>			<b>Gulika</b> 9:36AM – 10:46AM <b>Yama</b> 7:18AM – 8:27AM <b>Rahu</b> 1:04PM – 2:14PM	<b>Mrigashira Until 6:48PM</b> Subha Until 12:28AM Fri Balava Until 10:55AM Prathama* Until 10:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 4:32PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Vrishabha Rasi: 29.29	Tithi 16	732523465						Devaloka Day
Routine Work	Marana Yoga							Margasira-Karttikai
								Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Bettendorf, IA

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 12.59 Tithi 17

732523465

Gulika

8:28AM - 9:37AM

Yama

2:14PM - 3:23PM

Rahu

10:46AM - 11:55AM

Ardra Until 6:09PM

Sukla Until 10:15PM

Taitila Until 9:56AM

Dvitiya Until 9:16PM

Ganesha: Clear

Sunrise: 7:18AM

Muruqa: Clear

Sunset: 4:32PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Bettendorf, IA

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 26.42 Tithi 18

742523465

Gulika

7:19AM - 8:28AM

Yama

1:05PM - 2:14PM

Rahu

9:38AM - 10:47AM

Punarvasu Until 5:29PM

Brahma Until 7:49PM

Vanija Until 8:34AM

Tritiya Until 7:45PM

Ganesha: Purple

Sunrise: 7:19AM

Muruqa: Clear

Sunset: 4:33PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturthyam Titau

Bettendorf, IA

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 10.35 Tithi 19

742523465

Gulika

2:15PM - 3:24PM

Yama

11:56AM - 1:05PM

Rahu

3:24PM - 4:33PM

Pushya Until 4:25PM

Indra Until 5:11PM

Bava Until 6:55AM

Chaturthi\* Until 6:00PM

Ganesha: Purple

Sunrise: 7:20AM

Muruqa: Clear

Sunset: 4:33PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bettendorf, IA

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 24.36 Tithi 20 - 21

842523465

Gulika

1:06PM - 2:15PM

Yama

10:48AM - 11:57AM

Rahu

8:30AM - 9:39AM

Ashlesha\* Until 3:02PM

Vaidhriti\* Until 2:24PM

Gara Until 3:06AM Tue

Panchami Until 4:04PM

Ganesha: Clear

Sunrise: 7:21AM

Muruqa: Clear

Sunset: 4:33PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 3:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Bettendorf, IA

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 8.42 Tithi 21 - 22

852523465

Gulika

11:57AM - 1:06PM

Yama

9:39AM - 10:48AM

Rahu

2:15PM - 3:24PM

Magha\* Until 1:50PM

Vishkambha\* Until 11:33AM

Visti Until 1:02AM Wed

Shashthi\* Until 2:03PM

Ganesha: Purple

Sunrise: 7:21AM

Muruqa: Clear

Sunset: 4:33PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 3:02PM

Then Routine Work - Marana Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Bettendorf, IA

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 22.51 Tithi 22 - 23

852523465

Gulika

10:49AM - 11:58AM

Yama

8:31AM - 9:40AM

Rahu

11:58AM - 1:07PM

Purvaphalguni Until 12:27PM

Priti Until 8:40AM

Balava Until 10:57PM

Saptami Until 11:59AM

Ganesha: Purple

Sunrise: 7:22AM

Muruqa: Clear

Sunset: 4:34PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bettendorf, IA

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 7.01 Tithi 23 - 24

852523465

Gulika

9:40AM - 10:49AM

Yama

7:23AM - 8:31AM

Rahu

1:07PM - 2:16PM

Uttaraphalguni Until 10:55AM

Saubhagya Until 2:50AM Fri

Taitila Until 8:53PM

Ashtami\* Until 9:54AM

Ganesha: Purple

Sunrise: 7:23AM

Muruqa: Clear

Sunset: 4:34PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Until 10:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Bettendorf, IA Sun 8 Sutra 250 Vikarin 5121
Kanya Rasi: 21.09	Tithi 24 – 25	862523465	<b>Gulika</b> 8:32AM – 9:41AM <b>Yama</b> 2:17PM – 3:26PM <b>Rahu</b> 10:50AM – 11:59AM	<b>Hasta</b> <b>Until 9:41AM</b> Sobhana <b>Until 11:59PM</b> Vanija <b>Until 6:51PM</b> <b>Navami* Until 7:50AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:23AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:35PM</i> <b>Nataraja:</b> Clear Moon – Green	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work	Amrita Yoga					
Until 9:41AM						
Then Creative Work - Siddha Yoga						
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Bettendorf, IA Sun 9 Sutra 251 Vikarin 5121
Tula Rasi: 5.16	Tithi 26	862523465	<b>Gulika</b> 7:24AM – 8:33AM <b>Yama</b> 1:08PM – 2:17PM <b>Rahu</b> 9:41AM – 10:50AM	<b>Chitra</b> <b>Until 8:22AM</b> Athiganda* <b>Until 9:12PM</b> Bava <b>Until 4:54PM</b> <b>Ekadashi* Until 3:58AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:24AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:35PM</i> <b>Nataraja:</b> Clear Moon – Green	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Routine Work	Marana Yoga					
Until 8:22AM						
Then Creative Work - Siddha Yoga						
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Bettendorf, IA Sun 10 Sutra 252 Vikarin 5121
Tula Rasi: 19.17	Tithi 27	862523465	<b>Gulika</b> 2:18PM – 3:27PM <b>Yama</b> 12:00PM – 1:09PM <b>Rahu</b> 3:27PM – 4:36PM	<b>Svati</b> <b>Until 7:03AM</b> Sukarma <b>Until 6:33PM</b> Kaulava <b>Until 3:07PM</b> <b>Dvadashi* Until 2:17AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:24AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:36PM</i> <b>Nataraja:</b> Clear Moon – Green	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work	Siddha Yoga					
Until 7:03AM						
Then Routine Work - Marana Yoga						
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Bettendorf, IA Sun 11 Sutra 253 Vikarin 5121
Vrischika Rasi: 3.12	Tithi 28	872523465	<b>Gulika</b> 1:09PM – 2:18PM <b>Yama</b> 10:51AM – 12:00PM <b>Rahu</b> 8:34AM – 9:42AM	<b>Vishakha</b> <b>Until 6:13AM</b> Dhriti <b>Until 4:07PM</b> Gara <b>Until 1:34PM</b> <b>Trayodashi* Until 12:52AM Tue</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> White <i>Sunrise: 7:25AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:36PM</i> <b>Nataraja:</b> Clear Moon – Orange	Moon 12 - Phase 35 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <b>Margasira*Markali</b>
Family Home Evening						
Routine Work	Marana Yoga					
Until 6:13AM						
Then Creative Work - Siddha Yoga						
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bettendorf, IA Sun 12 Sutra 254 Vikarin 5121
Vrischika Rasi: 16.56	Tithi 29	872523465	<b>Gulika</b> 12:01PM – 1:10PM <b>Yama</b> 9:43AM – 10:52AM <b>Rahu</b> 2:19PM – 3:28PM	<b>Jyeshtha*</b> <b>Until 5:02AM Wed</b> Shula* <b>Until 1:54PM</b> Visti <b>Until 12:19PM</b> <b>Chaturdashi* Until 11:49PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:25AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:37PM</i> <b>Nataraja:</b> Clear Moon – Orange	Moon 12 - Phase 35 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <b>Margasira*Markali</b>
Routine Work	Marana Yoga					
Until 5:19AM Thu						
Then Creative Work - Siddha Yoga						
<b>Retreat Star</b>		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bettendorf, IA Sun 13 Sutra 255 Vikarin 5121
Dhanus Rasi: 0.26	Tithi 30	883523465	<b>Gulika</b> 10:52AM – 12:01PM <b>Yama</b> 8:34AM – 9:43AM <b>Rahu</b> 12:01PM – 1:10PM	<b>Mula*</b> <b>Until 5:19AM Thu</b> Ganda* <b>Until 12:02PM</b> Catuspada <b>Until 11:29AM</b> <b>Amavasya* Until 11:14PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:25AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:37PM</i> <b>Nataraja:</b> Clear Moon – Light Blue	Moon 12 - Phase 35 Amavasya <b>Devaloka Day</b> <b>Margasira*Markali</b>
Routine Work	Marana Yoga					
Until 5:19AM Thu						
Then Creative Work - Siddha Yoga						
<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Bettendorf, IA Sun 14 Sutra 256 Vikarin 5121
Dhanus Rasi: 13.41	Tithi 1	883523466	<b>Gulika</b> 9:44AM – 10:53AM <b>Yama</b> 7:26AM – 8:35AM <b>Rahu</b> 1:11PM – 2:20PM	<b>Purvashadha*</b> <b>Until 6:00AM Fri</b> Vridhhi <b>Until 10:34AM</b> Kintughna <b>Until 11:09AM</b> <b>Prathama* Until 11:10PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:26AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:38PM</i> <b>Nataraja:</b> Orange Moon – Light Blue	Moon 12 - Phase 35 Prathama <b>Devaloka Day</b> <b>Pausha*Markali</b>
Creative Work	Siddha Yoga					
Until 6:00AM Fri						
Then Routine Work - Marana Yoga						
			<b>Annular Solar Eclipse</b>			

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Bettendorf, IA
Dhanus Rasi: 26.4	Tithi 2	Gulika 8:35AM – 9:44AM	Purvashadha* Until 6:00AM	Ganesha: Orange	Sunrise: 7:26AM	Sun 15	Sutra 257	Vikarin 5121
		Yama 2:21PM – 3:30PM	Dhruva Until 9:31AM	Muruqa: Clear	Sunset: 4:39PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	883523466 Rahu 10:53AM – 12:02PM	Balava Until 11:22AM	Nataraja: Orange				3rd Phase
			Dvitiya Until 11:42PM	Moon – Light Blue				
				Pausha-Markali				<b>Devaloka Day</b>

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Bettendorf, IA
Makara Rasi: 9.21	Tithi 3	Gulika 7:26AM – 8:36AM	Uttarashadha Until 7:04AM	Ganesha: Orange	Sunrise: 7:26AM	Sun 16	Sutra 258	Vikarin 5121
		Yama 1:12PM – 2:21PM	Vyaghata* Until 8:56AM	Muruqa: Clear	Sunset: 4:39PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	883523466 Rahu 9:45AM – 10:54AM	Taitila Until 12:12PM	Nataraja: Orange				3rd Phase
Until 7:04AM			Tritiya Until 12:49AM Sun	Moon – Light Blue				
Then Creative Work - Siddha Yoga				Pausha-Markali				<b>Devaloka Day</b>

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturtham Titau				Bettendorf, IA
Makara Rasi: 21.46	Tithi 4	Gulika 2:22PM – 3:31PM	Shravana Until 9:02AM	Ganesha: Clear	Sunrise: 7:27AM	Sun 17	Sutra 259	Vikarin 5121
		Yama 12:03PM – 1:13PM	Harshana Until 8:48AM	Muruqa: Clear	Sunset: 4:40PM			Moon 12 - Phase 36
Creative Work	Amrita Yoga	893523466 Rahu 3:31PM – 4:40PM	Vanija Until 1:37PM	Nataraja: Orange				3rd Phase
Until 9:02AM			Chaturthi* Until 2:29AM Mon	Moon – Purple				
Then Routine Work - Marana Yoga				Pausha-Markali				<b>Devaloka Day</b>

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Bettendorf, IA
Kumbha Rasi: 3.58	Tithi 5	Gulika 1:13PM – 2:22PM	Dhanishtha Until 11:20AM	Ganesha: Clear	Sunrise: 7:27AM	Sun 18	Sutra 260	Vikarin 5121
Family Home Evening		Yama 10:55AM – 12:04PM	Vajra* Until 9:03AM	Muruqa: Clear	Sunset: 4:41PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	893523466 Rahu 8:36AM – 9:45AM	Bava Until 3:31PM	Nataraja: Orange				3rd Phase
			Panchami Until 4:36AM Tue	Moon – Purple				
				Pausha-Markali				<b>Devaloka Day</b>

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashtham Titau				Bettendorf, IA
Kumbha Rasi: 16	Tithi 6	Gulika 12:04PM – 1:14PM	Shatabhishak Until 1:50PM	Ganesha: Clear	Sunrise: 7:27AM	Sun 19	Sutra 261	Vikarin 5121
		Yama 9:46AM – 10:55AM	Siddhi Until 9:36AM	Muruqa: Clear	Sunset: 4:42PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	893523466 Rahu 2:23PM – 3:32PM	Kaulava Until 5:48PM	Nataraja: Orange				3rd Phase
			Shashthi* Until 7:01AM Wed	Moon – Purple				
				Pausha-Markali				<b>Devaloka Day</b>

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bettendorf, IA
Kumbha Rasi: 27.56	Tithi 6 – 7	Gulika 10:56AM – 12:05PM	Purvaproshtapada* Until 4:54PM	Ganesha: Blue	Sunrise: 7:27AM	Sun 20	Sutra 262	Vikarin 5121
		Yama 8:37AM – 9:46AM	Vyatipata* Until 10:21AM	Muruqa: Clear	Sunset: 4:43PM			Moon 12 - Phase 36
Creative Work	Amrita Yoga	813623466 Rahu 12:05PM – 1:15PM	Gara Until 8:17PM	Nataraja: Orange				3rd Phase
Until 4:54PM			Shashthi* Until 7:01AM	Moon – Clear				
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Pausha-Markali				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bettendorf, IA
Meena Rasi: 9.49	Tithi 7 – 8	Gulika 9:47AM – 10:56AM	Uttaraproshtapada Until 7:48PM	Ganesha: Blue	Sunrise: 7:27AM	Sun 21	Sutra 263	Vikarin 5121
		Yama 7:27AM – 8:37AM	Variyan Until 11:08AM	Muruqa: Clear	Sunset: 4:44PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	813623466 Rahu 1:15PM – 2:25PM	Visti Until 10:46PM	Nataraja: Orange				Ashtami
			Saptami Until 9:31AM	Moon – Clear				
				Pausha-Markali				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bettendorf, IA
Meena Rasi: 21.43	Tithi 8 – 9	Gulika 8:37AM – 9:47AM	Revati Until 10:23PM	Ganesha: Blue	Sunrise: 7:27AM	Sun 22	Sutra 264	Vikarin 5121
		Yama 2:26PM – 3:35PM	Parigha* Until 11:51AM	Muruqa: Clear	Sunset: 4:45PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	813623466 Rahu 10:57AM – 12:06PM	Balava Until 1:02AM Sat	Nataraja: Orange				Navami
Until 10:23PM			Ashtami* Until 11:55AM	Moon – Clear				
Then Creative Work - Amrita Yoga				Pausha-Markali				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Bettendorf, IA Sun 23 Sutra 265 Vikarin 5121
Mesha Rasi: 3.44	Tithi 9 – 10	823623466	<b>Gulika</b> 7:27AM – 8:37AM <b>Yama</b> 1:17PM – 2:26PM <b>Rahu</b> 9:47AM – 10:57AM	<b>Ashvini Until 12:54AM Sun</b> Shiva Until 12:21PM Taitila Until 2:54AM Sun Navami* Until 2:01PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:27AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:46PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga		Until 12:54AM Sun		Then Routine Work - Prabalarishta Yoga		
<b>2</b>		<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Bettendorf, IA Sun 24 Sutra 266 Vikarin 5121
Mesha Rasi: 15.56	Tithi 10 – 11	823623466	<b>Gulika</b> 2:27PM – 3:37PM <b>Yama</b> 12:07PM – 1:17PM <b>Rahu</b> 3:37PM – 4:47PM	<b>Bharani Until 2:44AM Mon</b> Siddha Until 12:27PM Vanija Until 4:11AM Mon Dashami Until 3:36PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:27AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:47PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga		Until 2:44AM Mon		Then Routine Work - Marana Yoga		
<b>3</b>		<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Bettendorf, IA Sun 25 Sutra 267 Vikarin 5121
Mesha Rasi: 28.22	Tithi 11 – 12	823623466	<b>Gulika</b> 1:18PM – 2:28PM <b>Yama</b> 10:58AM – 12:08PM <b>Rahu</b> 8:37AM – 9:47AM	<b>Krittika Until 3:45AM Tue</b> Sadhya Until 12:06PM Bava Until 4:47AM Tue Ekadashi Until 4:33PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:27AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:48PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>
Family Home Evening		Routine Work Marana Yoga		Until 3:45AM Tue		Then Creative Work - Amrita Yoga
<b>4</b>		<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Bettendorf, IA Sun 26 Sutra 268 Vikarin 5121
Vrishabha Rasi: 11.07	Tithi 12 – 13	833623466	<b>Gulika</b> 12:08PM – 1:18PM <b>Yama</b> 9:48AM – 10:58AM <b>Rahu</b> 2:29PM – 3:39PM	<b>Rohini Until 4:22AM Wed</b> Subha Until 11:13AM Kaulava Until 4:38AM Wed Dvadashi Until 4:47PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:27AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Moon 12 - Phase 37 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga		Until 4:22AM Wed		Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>
<b>5</b>		<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Bettendorf, IA Sun 27 Sutra 269 Vikarin 5121
Vrishabha Rasi: 24.13	Tithi 13 – 14	833623466	<b>Gulika</b> 10:58AM – 12:08PM <b>Yama</b> 8:37AM – 9:48AM <b>Rahu</b> 12:08PM – 1:19PM	<b>Mrigashira Until 4:09AM Thu</b> Sukla Until 9:44AM Gara Until 3:48AM Thu Trayodashi Until 4:17PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:27AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:50PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Moon 12 - Phase 37 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga		Until 4:09AM Thu		Then Routine Work - Marana Yoga		
<b>○</b>		<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Bettendorf, IA Sutra 270 Vikarin 5121
Mithuna Rasi: 7.43	Tithi 14 – 15	834623466	<b>Gulika</b> 9:48AM – 10:58AM <b>Yama</b> 7:27AM – 8:37AM <b>Rahu</b> 1:19PM – 2:30PM	<b>Ardra Until 3:10AM Fri</b> Brahma Until 7:44AM Visti Until 2:19AM Fri Chaturdashi* Until 3:07PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:27AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:51PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Moon 12 - Phase 37 Purnima <b>Devaloka Day</b>
Routine Work Marana Yoga		Until 3:10AM Fri		Then Creative Work - Siddha Yoga		<b>Ardra Darshanam</b>
<b>○</b>		<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Bettendorf, IA Sutra 271 Vikarin 5121
Mithuna Rasi: 21.34	Tithi 15 – 16	844623466	<b>Gulika</b> 8:37AM – 9:48AM <b>Yama</b> 2:31PM – 3:41PM <b>Rahu</b> 10:59AM – 12:09PM	<b>Punarvasu Until 1:59AM Sat</b> Vaidhriti* Until 2:22AM Sat Balava Until 12:20AM Sat Purnima* Until 1:22PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM <b>Nataraja:</b> Orange Moon – Blue <b>Pausha-Markali</b>	Moon 12 - Phase 37 Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Penumbra Lunar Eclipse				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Saturday, January 11, 2020

Gold Retreat Star

Kataka Rasi: 5.43 Tithi 16 - 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bettendorf, IA Sun 1 Sutra 272

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

7:26AM - 8:37AM

Pushya Until 12:17AM Sun

Ganesha: White

Sunrise: 7:26AM

Yama

1:21PM - 2:31PM

Vishkambha\* Until 11:12PM

Muruqa: Clear

Sunset: 4:53PM

Rahu

9:48AM - 10:59AM

Taitila Until 9:58PM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Prathama\* Until 11:10AM

Pausha-Markali

1

Sunday, January 12, 2020

Kataka Rasi: 20.06 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Until 10:13PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bettendorf, IA Sun 2 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

2:32PM - 3:43PM

Ashlesha\* Until 10:13PM

Ganesha: White

Sunrise: 7:26AM

Yama

12:10PM - 1:21PM

Priti Until 7:51PM

Muruqa: Clear

Sunset: 4:54PM

Rahu

3:43PM - 4:54PM

Vanija Until 7:21PM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Dvitiya Until 8:40AM

Pausha-Markali

2

Monday, January 13, 2020

Simha Rasi: 4.37 Tithi 19

854623466

Family Home Evening

Routine Work

Marana Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha\* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau

Bettendorf, IA Sun 3 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

1:22PM - 2:33PM

Magha\* Until 8:21PM

Ganesha: Clear

Sunrise: 7:26AM

Yama

10:59AM - 12:10PM

Ayushman Until 4:24PM

Muruqa: Clear

Sunset: 4:55PM

Rahu

8:37AM - 9:48AM

Balava Until 4:39PM

Nataraja: Orange

Moon - Red

Devaloka Day

Chaturthi\* Until 3:16AM Tue

Pausha-Markali

3

Tuesday, January 14, 2020

Simha Rasi: 19.1 Tithi 20

854623466

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Bettendorf, IA Sun 4 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

12:11PM - 1:22PM

Purvaphalguni Until 6:23PM

Ganesha: Clear

Sunrise: 7:25AM

Yama

9:48AM - 10:59AM

Saubhagya Until 12:58PM

Muruqa: Clear

Sunset: 4:57PM

Rahu

2:34PM - 3:45PM

Kaulava Until 1:57PM

Nataraja: Orange

Moon - Red

Devaloka Day

Panchami Until 12:38AM Wed

Pausha-Thai

4

Wednesday, January 15, 2020

Kanya Rasi: 3.39 Tithi 21

854623466

Creative Work Amrita Yoga

Until 4:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthiyam Titau

Bettendorf, IA Sun 5 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

11:00AM - 12:11PM

Uttaraphalguni Until 4:26PM

Ganesha: Clear

Sunrise: 7:25AM

Yama

8:36AM - 9:48AM

Sobhana Until 9:40AM

Muruqa: Clear

Sunset: 4:58PM

Rahu

12:11PM - 1:23PM

Gara Until 11:24AM

Nataraja: Orange

Moon - Red

Devaloka Day

Shashthi\* Until 10:11PM

Pausha-Thai

5

Thursday, January 16, 2020

Kanya Rasi: 17.59 Tithi 22

864623466

Routine Work Marana Yoga

Until 3:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Bettendorf, IA Sun 6 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

9:48AM - 11:00AM

Hasta Until 3:00PM

Ganesha: Purple

Sunrise: 7:24AM

Yama

7:24AM - 8:36AM

Athiganda\* Until 6:30AM

Muruqa: Clear

Sunset: 4:59PM

Rahu

1:23PM - 2:35PM

Visti Until 9:04AM

Nataraja: Orange

Moon - Green

Sivaloka Day

Saptami Until 7:59PM

Pausha-Thai

D

Friday, January 17, 2020

Retreat Star

Tula Rasi: 2.08 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Bettendorf, IA Sun 7 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Gulika

8:36AM - 9:48AM

Chitra Until 1:43PM

Ganesha: Purple

Sunrise: 7:24AM

Yama

2:36PM - 3:48PM

Dhriti Until 12:56AM Sat

Muruqa: Clear

Sunset: 5:00PM

Rahu

11:00AM - 12:12PM

Balava Until 7:01AM

Nataraja: Orange

Moon - Green

Sivaloka Day

Ashtami\* Until 6:06PM

Pausha-Thai

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 16.05 Tithi 24 - 25

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shula\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Bettendorf, IA Sun 8 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Gulika

7:23AM - 8:35AM

Svati Until 12:39PM

Ganesha: Purple

Sunrise: 7:23AM

Yama

1:24PM - 2:37PM

Shula\* Until 10:33PM

Muruqa: Clear

Sunset: 5:01PM

Rahu

9:48AM - 11:00AM

Vanija Until 3:58AM Sun

Nataraja: Orange

Moon - Green

Sivaloka Day

Navami\* Until 4:35PM

Pausha-Thai

<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Bettendorf, IA Sun 9 Sutra 280 Vikarin 5121
Tula Rasi: 29.48	Tithi 25 – 26	<b>Gulika</b> 2:37PM – 3:50PM	<b>Vishakha</b> Until 12:14PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:23AM</i>	
		Yama 12:12PM – 1:25PM	Ganda* Until 8:30PM	<b>Muruqa:</b> Clear <i>Sunset: 5:02PM</i>	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 3:50PM – 5:02PM	Bava Until 3:01AM Mon	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:26PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha-Thai</b>	

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau	Bettendorf, IA Sun 10 Sutra 281 Vikarin 5121
Vrischika Rasi: 13.17	Tithi 26 – 27	<b>Gulika</b> 1:25PM – 2:38PM	<b>Anuradha</b> Until 12:02PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:22AM</i>	
<b>Family Home Evening</b>		Yama 11:00AM – 12:13PM	Vriddhi Until 6:45PM	<b>Muruqa:</b> Clear <i>Sunset: 5:04PM</i>	Moon 1 - Phase 39
	874623466	<b>Rahu</b> 8:35AM – 9:47AM	Kaulava Until 2:27AM Tue	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 2:40PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha-Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashti/Trayodashyam Titau	Bettendorf, IA Sun 11 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.34	Tithi 27 – 28	<b>Gulika</b> 12:13PM – 1:26PM	<b>Jyeshtha*</b> Until 12:05PM	<b>Ganesha:</b> Purple <i>Sunrise: 7:21AM</i>	
		Yama 9:47AM – 11:00AM	Dhruva Until 5:17PM	<b>Muruqa:</b> Clear <i>Sunset: 5:05PM</i>	Moon 1 - Phase 39
	875623466	<b>Rahu</b> 2:39PM – 3:52PM	Gara Until 2:18AM Wed	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashti*</b> Until 2:18PM	Moon – Orange	<b>Bhuloka Day</b>
Until 12:05PM				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Bettendorf, IA Sun 12 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.38	Tithi 28 – 29	<b>Gulika</b> 11:00AM – 12:13PM	<b>Mula*</b> Until 12:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:21AM</i>	
		Yama 8:34AM – 9:47AM	Vyaghata* Until 4:10PM	<b>Muruqa:</b> Clear <i>Sunset: 5:06PM</i>	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 12:13PM – 1:26PM	Visti Until 2:34AM Thu	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 2:21PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 12:51PM				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Bettendorf, IA Sun 13 Sutra 284 Vikarin 5121
Dhanus Rasi: 22.29	Tithi 29 – 30	<b>Gulika</b> 9:47AM – 11:00AM	<b>Purvashadha*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:20AM</i>	
		Yama 7:20AM – 8:33AM	Harshana Until 3:23PM	<b>Muruqa:</b> Clear <i>Sunset: 5:07PM</i>	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 1:27PM – 2:40PM	Catuspada Until 3:15AM Fri	<b>Nataraja:</b> Orange	Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:50PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 1:51PM				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Bettendorf, IA Sun 14 Sutra 285 Vikarin 5121
Makara Rasi: 5.08	Tithi 30 – 1	<b>Gulika</b> 8:33AM – 9:46AM	<b>Uttarashadha</b> Until 3:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:19AM</i>	
		Yama 2:41PM – 3:55PM	Vajra* Until 2:54PM	<b>Muruqa:</b> Clear <i>Sunset: 5:08PM</i>	Moon 1 - Phase 39
	885623466	<b>Rahu</b> 11:00AM – 12:14PM	Kintughna Until 4:23AM Sat	<b>Nataraja:</b> Orange	Prathama
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 3:44PM	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Magha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bettendorf, IA Sun 15 Sutra 286
	Makara Rasi: 17.37	Tithi 1 – 2	<b>Gulika</b> 7:18AM – 8:32AM	<b>Shravana Until 5:08PM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 7:18AM	Vikarin 5121
			Yama 1:28PM – 2:42PM	Siddhi Until 2:46PM	<b>Muruqa:</b> Clear	Sunset: 5:10PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	995623466 <b>Rahu</b> 9:46AM – 11:00AM	Balava Until 5:56AM Sun Prathama* Until 5:05PM	Nataraja: Orange Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

2	<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata*/Vriyan Yoga Kaulava Karana Dvitiyayam Titau				Bettendorf, IA Sun 16 Sutra 287
	Makara Rasi: 29.53	Tithi 2	<b>Gulika</b> 2:43PM – 3:57PM	<b>Dhanishtha Until 7:21PM</b>	<b>Ganesha:</b> Orange	Sunrise: 7:18AM	Vikarin 5121
			Yama 12:14PM – 1:28PM	Vyatipata* Until 2:57PM	<b>Muruqa:</b> Clear	Sunset: 5:11PM	Moon 1 - Phase 40
	Routine Work	Marana Yoga	995723466 <b>Rahu</b> 3:57PM – 5:11PM	Kaulava Until 6:50PM Dvitiya Until 6:50PM	Nataraja: Orange Moon – Purple	<b>Devaloka Day</b>	

3	<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Bettendorf, IA Sun 17 Sutra 288
	Kumbha Rasi: 12.01	Tithi 3	<b>Gulika</b> 1:29PM – 2:43PM	<b>Shatabhishak Until 9:45PM</b>	<b>Ganesha:</b> Orange	Sunrise: 7:17AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 11:00AM – 12:14PM	Vriyan Until 3:23PM	<b>Muruqa:</b> Clear	Sunset: 5:12PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:31AM – 9:46AM	Tailila Until 7:52AM Tritiya Until 8:56PM	Nataraja: Orange Moon – Purple	<b>Devaloka Day</b>	

4	<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Bettendorf, IA Sun 18 Sutra 289
	Kumbha Rasi: 24.01	Tithi 4	<b>Gulika</b> 12:15PM – 1:29PM	<b>Purvaproshtapada* Until 12:44AM We</b>	<b>Ganesha:</b> Green	Sunrise: 7:16AM	Vikarin 5121
			Yama 9:45AM – 11:00AM	Parigha* Until 4:02PM	<b>Muruqa:</b> Clear	Sunset: 5:13PM	Moon 1 - Phase 40
	Routine Work	Marana Yoga	915723466 <b>Rahu</b> 2:44PM – 3:59PM	Vanija Until 10:06AM Chaturthi* Until 11:18PM	Nataraja: Orange Moon – Clear	<b>Sivaloka Day</b>	

5	<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Bettendorf, IA Sun 19 Sutra 290
	Meena Rasi: 5.56	Tithi 5	<b>Gulika</b> 11:00AM – 12:15PM	<b>Uttaraproshtapada Until 3:41AM Thu</b>	<b>Ganesha:</b> Green	Sunrise: 7:15AM	Vikarin 5121
			Yama 8:30AM – 9:45AM	Shiva Until 4:51PM	<b>Muruqa:</b> Clear	Sunset: 5:15PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	915723466 <b>Rahu</b> 12:15PM – 1:30PM	Bava Until 12:34PM Panchami Until 1:49AM Thu	Nataraja: Orange Moon – Clear	<b>Sivaloka Day</b>	

6	<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau				Bettendorf, IA Sun 20 Sutra 291
	Meena Rasi: 17.48	Tithi 6	<b>Gulika</b> 9:44AM – 11:00AM	<b>Revati Until 6:26AM Fri</b>	<b>Ganesha:</b> Orange	Sunrise: 7:14AM	Vikarin 5121
			Yama 7:14AM – 8:29AM	Siddha Until 5:40PM	<b>Muruqa:</b> Clear	Sunset: 5:16PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	916723466 <b>Rahu</b> 1:30PM – 2:45PM	Kaulava Until 3:06PM Shashthi* Until 4:19AM Fri	Nataraja: Orange Moon – Clear	<b>Devaloka Day</b>	

<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Bettendorf, IA Sun 21 Sutra 292
<b>Retreat Star</b>		<b>Gulika</b> 8:29AM – 9:44AM	<b>Revati Until 6:26AM</b>	<b>Ganesha:</b> Orange	Sunrise: 7:13AM	Vikarin 5121
Meena Rasi: 29.41	Tithi 7	Yama 2:46PM – 4:02PM	Sadhya Until 6:25PM	<b>Muruqa:</b> Clear	Sunset: 5:17PM	Moon 1 - Phase 40
Creative Work	Siddha Yoga	916723466 <b>Rahu</b> 11:00AM – 12:15PM	Gara Until 5:32PM Saptami Until 6:38AM Sat	Nataraja: Orange Moon – Clear	<b>Devaloka Day</b>	

D	<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau				Bettendorf, IA Sun 22 Sutra 293
	<b>Retreat Star</b>		<b>Gulika</b> 7:13AM – 8:29AM	<b>Ashvini Until 9:20AM</b>	<b>Ganesha:</b> Green	Sunrise: 7:13AM	Vikarin 5121
	Mesha Rasi: 11.39	Tithi 7 – 8	Yama 1:31PM – 2:46PM	Subha Until 6:57PM	<b>Muruqa:</b> Clear	Sunset: 5:17PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	926723466 <b>Rahu</b> 9:44AM – 11:00AM	Visti Until 7:40PM Saptami Until 6:38AM	Nataraja: Orange Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bettendorf, IA Sun 23 Sutra 294
<b>Retreat Star</b>		<b>Gulika</b> 2:47PM – 4:03PM	<b>Bharani Until 11:39AM</b>	<b>Ganesha:</b> Green	Sunrise: 7:12AM	Vikarin 5121
Mesha Rasi: 23.46	Tithi 8 – 9	Yama 12:15PM – 1:31PM	Sukla Until 7:05PM	<b>Muruqa:</b> Clear	Sunset: 5:18PM	Moon 1 - Phase 40
Routine Work	Prabalarishta Yoga	926723466 <b>Rahu</b> 4:03PM – 5:18PM	Balava Until 9:18PM Ashtami* Until 8:32AM	Nataraja: Orange Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>1</b>	<b>Monday, February 3, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bettendorf, IA Sun 24 Sutra 295
	Vrishabha Rasi: 6.08    Tilthi 9 – 10 <b>Family Home Evening</b> Routine Work    Marana Yoga Until 1:12PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:31PM – 2:48PM Yama 10:59AM – 12:15PM <b>Rahu</b> 8:27AM – 9:43AM	<b>Krittika</b> Until 1:12PM Brahma Until 6:42PM Taitila Until 10:13PM <b>Navami*</b> Until 9:50AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha-Thai</b>	<i>Sunrise:</i> 7:11AM <i>Sunset:</i> 5:20PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>2</b>	<b>Tuesday, February 4, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bettendorf, IA Sun 25 Sutra 296
	Vrishabha Rasi: 18.49    Tilthi 10 – 11 Creative Work    Amrita Yoga Until 2:20PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:15PM – 1:32PM Yama 9:43AM – 10:59AM <b>Rahu</b> 2:48PM – 4:05PM	<b>Rohini</b> Until 2:20PM Indra Until 5:44PM Vanija Until 10:19PM <b>Dashami</b> Until 10:21AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<i>Sunrise:</i> 7:10AM <i>Sunset:</i> 5:21PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>


<b>3</b>	<b>Wednesday, February 5, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bettendorf, IA Sun 26 Sutra 297
	Mithuna Rasi: 1.55    Tilthi 11 – 12 Creative Work    Siddha Yoga	<b>Gulika</b> 10:59AM – 12:16PM Yama 8:26AM – 9:42AM <b>Rahu</b> 12:16PM – 1:32PM	<b>Mrigashira</b> Until 2:29PM Vaidhriti* Until 4:05PM Bava Until 9:35PM <b>Ekadashi</b> Until 10:02AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<i>Sunrise:</i> 7:09AM <i>Sunset:</i> 5:22PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

<b>4</b>	<b>Thursday, February 6, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bettendorf, IA Sun 27 Sutra 298
	Mithuna Rasi: 15.28    Tilthi 12 – 13 Routine Work    Marana Yoga Until 1:41PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:42AM – 10:59AM Yama 7:08AM – 8:25AM <b>Rahu</b> 1:33PM – 2:50PM	<b>Ardra</b> Until 1:41PM Vishkambha* Until 1:48PM Kaulava Until 8:03PM <b>Dvadashi</b> Until 8:54AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<i>Sunrise:</i> 7:08AM <i>Sunset:</i> 5:23PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Friday, February 7, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Bettendorf, IA Sun 29 Sutra 299
	Mithuna Rasi: 29.28    Tilthi 13 – 14 Creative Work    Siddha Yoga Until 12:28PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:24AM – 9:41AM Yama 2:50PM – 4:07PM <b>Rahu</b> 10:58AM – 12:16PM	<b>Punarvasu</b> Until 12:28PM Priti Until 10:57AM Vanija Until 4:29AM Sat <b>Trayodashi</b> Until 7:00AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 7:07AM <i>Sunset:</i> 5:23PM	Vikarin 5121 Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Saturday, February 8, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Bettendorf, IA Sun 30 Sutra 300
	Kataka Rasi: 13.54    Tilthi 15 Creative Work    Siddha Yoga Until 10:31AM Then Routine Work - Marana Yoga	<b>Gulika</b> 7:06AM – 8:23AM Yama 1:33PM – 2:51PM <b>Rahu</b> 9:41AM – 10:58AM	<b>Pushya</b> Until 10:31AM Ayushman Until 7:36AM Visti Until 3:03PM <b>Purnima*</b> Until 1:30AM Sun	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 7:06AM <i>Sunset:</i> 5:26PM	Vikarin 5121 Moon 1 - Phase 41 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, February 9, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Bettendorf, IA Sun 31 Sutra 301
	Kataka Rasi: 28.39    Tilthi 16 Creative Work    Siddha Yoga Until 8:01AM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:52PM – 4:09PM Yama 12:16PM – 1:34PM <b>Rahu</b> 4:09PM – 5:27PM	<b>Ashlesha*</b> Until 8:01AM Sobhana Until 11:59PM Balava Until 11:54AM <b>Prathama*</b> Until 10:13PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 7:04AM <i>Sunset:</i> 5:27PM	Vikarin 5121 Moon 1 - Phase 41 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM





**Monday, February 10, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bettendorf, IA  
Sutra 302  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 14 Tithi 17  
Family Home Evening 957723467  
Creative Work Siddha Yoga  
Until 2:52AM Tue  
Then Creative Work - Amrita Yoga

**Gulika** 1:34PM – 2:52PM  
Yama 10:58AM – 12:16PM  
**Rahu** 8:21AM – 9:39AM

**Purvaphalguni Until 2:52AM Tue**  
Athiganda\* Until 7:56PM  
Taitila Until 8:31AM  
**Dvitiya Until 6:47PM**

**Ganesha:** Red *Sunrise:* 7:03AM  
**Muruqa:** Clear *Sunset:* 5:28PM  
**Nataraja:** Clear  
Moon – Red  
**Magha+Thai**

**Devaloka Day**

**1**

**Tuesday, February 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Bettendorf, IA  
Sun 1 Sutra 303  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 28.37 Tithi 18 – 19  
957723467  
Creative Work Amrita Yoga  
Until 12:08AM Wed  
Then Routine Work - Marana Yoga

**Gulika** 12:16PM – 1:34PM  
Yama 9:39AM – 10:57AM  
**Rahu** 2:53PM – 4:11PM

**Uttaraphalguni Until 12:08AM Wed**  
Sukarma Until 3:57PM  
Bava Until 1:47AM Wed  
**Tritiya Until 3:24PM**

**Ganesha:** Red *Sunrise:* 7:02AM  
**Muruqa:** Clear *Sunset:* 5:30PM  
**Nataraja:** Clear  
Moon – Red  
**Magha+Thai**

**Devaloka Day**

**2**

**Wednesday, February 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bettendorf, IA  
Sun 2 Sutra 304  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 13.32 Tithi 19 – 20  
967723467  
Routine Work Marana Yoga  
Until 9:56PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:57AM – 12:16PM  
Yama 8:19AM – 9:38AM  
**Rahu** 12:16PM – 1:35PM

**Hasta Until 9:56PM**  
Dhriti Until 12:07PM  
Kaulava Until 10:43PM  
**Chaturthi\* Until 12:11PM**

**Ganesha:** Green *Sunrise:* 7:01AM  
**Muruqa:** Clear *Sunset:* 5:31PM  
**Nataraja:** Clear  
Moon – Green  
**Magha+Thai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, February 13, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bettendorf, IA  
Sun 3 Sutra 305  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 28.14 Tithi 20 – 21  
968723467  
Creative Work Siddha Yoga  
Until 7:58PM  
Then Creative Work - Amrita Yoga

**Gulika** 9:38AM – 10:57AM  
Yama 6:59AM – 8:18AM  
**Rahu** 1:35PM – 2:54PM

**Chitra Until 7:58PM**  
Shula\* Until 8:32AM  
Gara Until 8:03PM  
**Panchami Until 9:19AM**

**Ganesha:** White *Sunrise:* 6:59AM  
**Muruqa:** Clear *Sunset:* 5:32PM  
**Nataraja:** Clear  
Moon – Green  
**Magha+Masi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**4**

**Friday, February 14, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Vriddhi Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Bettendorf, IA  
Sun 4 Sutra 306  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Tula Rasi: 12.37 Tithi 21 – 22  
968723467  
Creative Work Siddha Yoga

**Gulika** 8:18AM – 9:37AM  
Yama 2:55PM – 4:14PM  
**Rahu** 10:56AM – 12:16PM

**Svati Until 6:23PM**  
Vriddhi Until 2:35AM Sat  
Bava Until 5:01AM Sat  
**Shashthi\* Until 6:53AM**

**Ganesha:** White *Sunrise:* 6:58AM  
**Muruqa:** Clear *Sunset:* 5:33PM  
**Nataraja:** Clear  
Moon – Green  
**Magha+Masi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, February 15, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Bettendorf, IA  
Sun 5 Sutra 307  
Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

Tula Rasi: 26.39 Tithi 23  
978723467  
Creative Work Siddha Yoga

**Gulika** 6:57AM – 8:17AM  
Yama 1:35PM – 2:55PM  
**Rahu** 9:36AM – 10:56AM

**Vishakha Until 5:39PM**  
Dhruva Until 12:17AM Sun  
Balava Until 4:19PM  
**Ashtami\* Until 3:44AM Sun**

**Ganesha:** Clear *Sunrise:* 6:57AM  
**Muruqa:** Clear *Sunset:* 5:35PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha+Masi**

**Devaloka Day**

**Sunday, February 16, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Bettendorf, IA  
Sun 6 Sutra 308  
Vikarin 5121  
Moon 2 - Phase 42  
Navami

Vrischika Rasi: 10.19 Tithi 24  
978723467  
Routine Work Marana Yoga

**Gulika** 2:56PM – 4:16PM  
Yama 12:16PM – 1:36PM  
**Rahu** 4:16PM – 5:36PM

**Anuradha Until 5:23PM**  
Vyaghata\* Until 10:30PM  
Taitila Until 3:22PM  
**Navami\* Until 3:06AM Mon**

**Ganesha:** Clear *Sunrise:* 6:55AM  
**Muruqa:** Clear *Sunset:* 5:36PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha+Masi**

**Devaloka Day**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Bettendorf, IA	
Vrischika Rasi: 23.37		Tithi 25		Jyeshtha* Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 7 Sutra 309	
Family Home Evening		978723467		<b>Gulika</b> 1:36PM – 2:56PM	<b>Jyeshtha* Until 5:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM
Creative Work Siddha Yoga		<b>Yama</b> 10:55AM – 12:16PM			<b>Harshana Until 9:12PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM
		<b>Rahu</b> 8:14AM – 9:35AM			<b>Vanija Until 3:01PM</b>	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
					<b>Dashami Until 3:03AM Tue</b>	Moon – Orange	<b>Devaloka Day</b>
						<b>Magha-Masi</b>	

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Bettendorf, IA	
Dhanus Rasi: 6.37		Tithi 26		Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 8 Sutra 310	
Creative Work Amrita Yoga		988723467		<b>Gulika</b> 12:16PM – 1:36PM	<b>Mula* Until 6:36PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:53AM
Until 6:36PM		<b>Yama</b> 9:34AM – 10:55AM			<b>Vajra* Until 8:19PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM
Then Creative Work - Siddha Yoga		<b>Rahu</b> 2:57PM – 4:18PM			<b>Bava Until 3:16PM</b>	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
					<b>Ekadashi* Until 3:34AM Wed</b>	Moon – Light Blue	<b>Bhuloka Day</b>
						<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Bettendorf, IA	
Dhanus Rasi: 19.2		Tithi 27		Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9 Sutra 311	
Creative Work Amrita Yoga		988723467		<b>Gulika</b> 10:54AM – 12:15PM	<b>Purvashadha* Until 7:58PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:51AM
		<b>Yama</b> 8:12AM – 9:33AM			<b>Siddhi Until 7:49PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM
		<b>Rahu</b> 12:15PM – 1:36PM			<b>Kaulava Until 4:01PM</b>	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
					<b>Dvadashi* Until 4:32AM Thu</b>	Moon – Light Blue	<b>Bhuloka Day</b>
						<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Bettendorf, IA	
Makara Rasi: 1.52		Tithi 28		Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 10 Sutra 312	
Routine Work Marana Yoga		989823467		<b>Gulika</b> 9:33AM – 10:54AM	<b>Uttarashadha Until 9:35PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:50AM
Until 9:35PM		<b>Yama</b> 6:50AM – 8:11AM			<b>Vyatipata* Until 7:40PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM
Then Creative Work - Siddha Yoga		<b>Rahu</b> 1:37PM – 2:58PM			<b>Gara Until 5:12PM</b>	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
					<b>Trayodashi* Until 5:55AM Fri</b>	Moon – Light Blue	<b>Bhuloka Day</b>
					<i>Pradosha Vrata (Fasting)</i>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Bettendorf, IA	
Makara Rasi: 14.13		Tithi 29		Shravana Nakshatra Variyan Yoga Visti* Karana Chaturdashyam Titau		Sun 11 Sutra 313	
Routine Work Marana Yoga		999823467		<b>Gulika</b> 8:10AM – 9:32AM	<b>Shravana Until 11:52PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:48AM
Until 11:52PM		<b>Yama</b> 2:59PM – 4:20PM			<b>Variyan Until 7:45PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:42PM
Then Creative Work - Siddha Yoga		<b>Rahu</b> 10:54AM – 12:15PM			<b>Visti Until 6:45PM</b>	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
					<b>Chaturdashi* Until 7:37AM Sat</b>	Moon – Purple	<b>Bhuloka Day</b>
						<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Bettendorf, IA	
<b>Retreat Star</b>		Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 314	
Makara Rasi: 26.26		Tithi 29 – 30		999823467		<b>Gulika</b> 6:47AM – 8:09AM	<b>Dhanishtha Until 2:16AM Sun</b>
Creative Work Siddha Yoga		<b>Yama</b> 1:37PM – 2:59PM			<b>Parigha* Until 8:04PM</b>	<b>Muruqa:</b> Clear	<i>Sunrise:</i> 6:47AM
		<b>Rahu</b> 9:31AM – 10:53AM			<b>Catuspada Until 8:36PM</b>	<b>Nataraja:</b> Clear	<i>Sunset:</i> 5:43PM
					<b>Chaturdashi* Until 7:37AM</b>	Moon – Purple	Moon 2 - Phase 43
		<b>Mahasivaratri (Lunar)</b>				<b>Magha-Masi</b>	<b>Bhuloka Day</b>
		<b>Mahasivaratri (Solar)</b>					<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Sunday, February 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Bettendorf, IA	
Kumbha Rasi: 8.32		Tithi 30 – 1		Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 315	
Creative Work Siddha Yoga		999823467		<b>Gulika</b> 3:00PM – 4:22PM	<b>Shatabhishak Until 4:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:46AM
Until 4:43AM Mon		<b>Yama</b> 12:15PM – 1:37PM			<b>Shiva Until 8:36PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:44PM
Then Routine Work - Marana Yoga		<b>Rahu</b> 4:22PM – 5:44PM			<b>Kintughna Until 10:42PM</b>	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
					<b>Amavasya* Until 9:36AM</b>	Moon – Purple	<b>Bhuloka Day</b>
						<b>Phalgun-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bettendorf, IA			
		Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 316			
<b>1</b>		<b>Gulika</b> 1:38PM – 3:00PM	<b>Purvaproshtapada* Until 7:41AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:44AM</i>	Vikarin 5121
Kumbha Rasi: 20.33	Tithi 1 – 2	Yama 10:52AM – 12:15PM	Siddha Until 9:15PM	<b>Muruqa:</b> Clear <i>Sunset: 5:46PM</i>	Moon 2 - Phase 44
<b>Family Home Evening</b>	919823467	<b>Rahu</b> 8:07AM – 9:29AM	Balava Until 1:00AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Prathama* Until 11:48AM</b>	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>
Until 7:41AM Tue					
Then Creative Work - Amrita Yoga					

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bettendorf, IA			
		Purvaproshtapada*Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 317			
<b>2</b>		<b>Gulika</b> 12:15PM – 1:38PM	<b>Purvaproshtapada* Until 7:41AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:43AM</i>	Vikarin 5121
Meena Rasi: 2.29	Tithi 2 – 3	Yama 9:29AM – 10:52AM	Sadhya Until 10:02PM	<b>Muruqa:</b> Clear <i>Sunset: 5:47PM</i>	Moon 2 - Phase 44
	919823467	<b>Rahu</b> 3:01PM – 4:24PM	Taitila Until 3:27AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Dvitiya Until 2:11PM</b>	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>
Until 7:41AM					
Then Creative Work - Amrita Yoga					

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Bettendorf, IA			
		Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau Sun 16 Sutra 318			
<b>3</b>		<b>Gulika</b> 10:51AM – 12:15PM	<b>Uttaraproshtapada Until 10:36AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:41AM</i>	Vikarin 5121
Meena Rasi: 14.23	Tithi 3 – 4	Yama 8:04AM – 9:28AM	Subha Until 10:55PM	<b>Muruqa:</b> Clear <i>Sunset: 5:48PM</i>	Moon 2 - Phase 44
	919823467	<b>Rahu</b> 12:15PM – 1:38PM	Vanija Until 5:58AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 4:41PM</b>	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>
Until 10:36AM					
Then Routine Work - Marana Yoga					

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bettendorf, IA			
		Revati/Ashvini Nakshatra Sukla Yoga Visti* Karana Chaturthyam Titau Sun 17 Sutra 319			
<b>4</b>		<b>Gulika</b> 9:27AM – 10:51AM	<b>Revati Until 1:25PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:40AM</i>	Vikarin 5121
Meena Rasi: 26.14	Tithi 4	Yama 6:40AM – 8:03AM	Sukla Until 11:45PM	<b>Muruqa:</b> Clear <i>Sunset: 5:49PM</i>	Moon 2 - Phase 44
	919823467	<b>Rahu</b> 1:38PM – 3:02PM	Visti Until 7:12PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 7:12PM</b>	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>
Until 1:25PM					
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>			

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bettendorf, IA			
		Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 320			
<b>5</b>		<b>Gulika</b> 8:02AM – 9:26AM	<b>Ashvini Until 4:29PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:38AM</i>	Vikarin 5121
Mesha Rasi: 8.07	Tithi 5	Yama 3:02PM – 4:26PM	Brahma Until 12:31AM Sat	<b>Muruqa:</b> Clear <i>Sunset: 5:50PM</i>	Moon 2 - Phase 44
	921823467	<b>Rahu</b> 10:50AM – 12:14PM	Bava Until 8:27AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 9:37PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>
Until 4:29PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bettendorf, IA			
		Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau Sun 19 Sutra 321			
<b>6</b>		<b>Gulika</b> 6:36AM – 8:01AM	<b>Bharani Until 7:10PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:36AM</i>	Vikarin 5121
Mesha Rasi: 20.03	Tithi 6	Yama 1:38PM – 3:03PM	Indra Until 1:05AM Sun	<b>Muruqa:</b> Clear <i>Sunset: 5:52PM</i>	Moon 2 - Phase 44
	921823467	<b>Rahu</b> 9:25AM – 10:50AM	Kaulava Until 10:45AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 11:45PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>
Until 7:10PM					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bettendorf, IA			
<b>Retreat Star</b>		Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 322			
<b>7</b>		<b>Gulika</b> 3:04PM – 4:29PM	<b>Krittika Until 9:16PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:33AM</i>	Vikarin 5121
Vrishabha Rasi: 2.07	Tithi 7	Yama 12:14PM – 1:39PM	Vaidhriti* Until 1:14AM Mon	<b>Muruqa:</b> Orange <i>Sunset: 5:54PM</i>	Moon 2 - Phase 44
	921833467	<b>Rahu</b> 4:29PM – 5:54PM	Gara Until 12:41PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 1:25AM Mon</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bettendorf, IA			
<b>Retreat Star</b>		Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau Sun 21 Sutra 323			
<b>8</b>		<b>Gulika</b> 1:39PM – 3:04PM	<b>Rohini Until 11:04PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:32AM</i>	Vikarin 5121
Vrishabha Rasi: 14.25	Tithi 8	Yama 10:48AM – 12:13PM	Vishkambha* Until 12:54AM Tue	<b>Muruqa:</b> Orange <i>Sunset: 5:55PM</i>	Moon 2 - Phase 44
<b>Family Home Evening</b>	931833467	<b>Rahu</b> 7:57AM – 9:23AM	Visti Until 2:01PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work Amrita Yoga			<b>Ashtami* Until 2:23AM Tue</b>	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bettendorf, IA			
<b>Retreat Star</b>		Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 324			
<b>9</b>		<b>Gulika</b> 12:13PM – 1:39PM	<b>Mrigashira Until 11:55PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:30AM</i>	Vikarin 5121
Vrishabha Rasi: 27	Tithi 9	Yama 9:22AM – 10:47AM	Priti Until 11:57PM	<b>Muruqa:</b> Orange <i>Sunset: 5:56PM</i>	Moon 2 - Phase 44
	931833467	<b>Rahu</b> 3:05PM – 4:30PM	Balava Until 2:36PM	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga			<b>Navami* Until 2:33AM Wed</b>	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>
Until 11:55PM					
Then Routine Work - Marana Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Bettendorf, IA Sun 23 Sutra 325 Vikarin 5121
Mithuna Rasi: 9.59	Tithi 10	<b>Gulika</b> 10:47AM – 12:13PM	<b>Ardra</b> <b>Until 11:47PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:29AM	
		Yama 7:55AM – 9:21AM	Ayushman Until 10:18PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 45
		131833467 <b>Rahu</b> 12:13PM – 1:39PM	Taitila Until 2:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 1:49AM Thu</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>		

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Bettendorf, IA Sun 24 Sutra 326 Vikarin 5121
Mithuna Rasi: 23.26	Tithi 11	<b>Gulika</b> 9:20AM – 10:46AM	<b>Punarvasu</b> <b>Until 11:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:27AM	
		Yama 6:27AM – 7:53AM	Saubhagya Until 7:58PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 1:39PM – 3:06PM	Vanija Until 1:09PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> <b>Until 12:14AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashtyam Titau		Bettendorf, IA Sun 25 Sutra 327 Vikarin 5121
Kataka Rasi: 7.23	Tithi 12	<b>Gulika</b> 7:52AM – 9:19AM	<b>Pushya</b> <b>Until 9:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:25AM	
		Yama 3:06PM – 4:33PM	Sobhana Until 5:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 10:46AM – 12:12PM	Bava Until 11:10AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dvadashti</b> <b>Until 9:53PM</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Bettendorf, IA Sun 26 Sutra 328 Vikarin 5121
Kataka Rasi: 21.5	Tithi 13	<b>Gulika</b> 6:24AM – 7:51AM	<b>Ashlesha*</b> <b>Until 7:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:24AM	
		Yama 1:39PM – 3:06PM	Athiganda* Until 1:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:18AM – 10:45AM	Kaulava Until 8:29AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 6:54PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 7:07PM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Bettendorf, IA Sun 27 Sutra 329 Vikarin 5121
Simha Rasi: 6.41	Tithi 14 – 15	<b>Gulika</b> 3:07PM – 4:34PM	<b>Magha*</b> <b>Until 4:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:22AM	
		Yama 12:12PM – 1:39PM	Sukarma Until 9:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45
		151833467 <b>Rahu</b> 4:34PM – 6:02PM	Visti Until 1:38AM Mon	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 3:27PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 4:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Bettendorf, IA Sun 28 Sutra 330 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:40PM – 3:07PM	<b>Purvaphalguni</b> <b>Until 1:34PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM	
Simha Rasi: 21.5	Tithi 15 – 16	Yama 10:44AM – 12:12PM	Shula* Until 1:01AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 45
<b>Family Home Evening</b>		152833467 <b>Rahu</b> 7:48AM – 9:16AM	Balava Until 9:49PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 11:43AM</b>	Moon – Red		<b>Sivaloka Day</b>
		<b>Holi</b>		<b>Phalguna-Masi</b>		

<b>0</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau		Bettendorf, IA Sun 29 Sutra 331 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:11PM – 1:40PM	<b>Uttaraphalguni</b> <b>Until 10:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:19AM	
Kanya Rasi: 7.07	Tithi 16 – 17	Yama 9:15AM – 10:43AM	Ganda* Until 8:41PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:08PM – 4:36PM	Gara Until 4:06AM Wed	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> <b>Until 7:53AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:22AM				<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bettendorf, IA

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 22.22 Tithi 18

162833467

Gulika

10:43AM - 12:11PM

Yama

7:46AM - 9:14AM

Rahu

12:11PM - 1:40PM

Hasta Until 7:31AM

Vriddhi Until 4:31PM

Vanija Until 2:18PM

Tritiya Until 12:33AM Thu

Ganesha: Clear

Sunrise: 6:17AM

Muruqa: Orange

Sunset: 6:05PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Bettendorf, IA

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 7.23 Tithi 19

162833467

Gulika

9:13AM - 10:42AM

Yama

6:15AM - 7:44AM

Rahu

1:40PM - 3:09PM

Svati Until 2:24AM Fri

Dhruva Until 12:36PM

Bava Until 10:57AM

Chaturthi\* Until 9:25PM

Ganesha: Clear

Sunrise: 6:15AM

Muruqa: Orange

Sunset: 6:06PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 2:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Bettendorf, IA

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 22.05 Tithi 20

172833467

Gulika

7:43AM - 9:12AM

Yama

3:09PM - 4:38PM

Rahu

10:41AM - 12:11PM

Vishakha Until 12:51AM Sat

Vyaghata\* Until 9:06AM

Kaulava Until 8:04AM

Panchami Until 6:50PM

Ganesha: Purple

Sunrise: 6:14AM

Muruqa: Orange

Sunset: 6:07PM

Nataraja: Clear

Moon - Orange

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bettendorf, IA

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 6.2 Tithi 21 - 22

172833468

Gulika

6:12AM - 7:42AM

Yama

1:40PM - 3:09PM

Rahu

9:11AM - 10:41AM

Anuradha Until 11:52PM

Harshana Until 6:08AM

Visti Until 4:17AM Sun

Shashthi\* Until 4:56PM

Ganesha: Purple

Sunrise: 6:12AM

Muruqa: Orange

Sunset: 6:08PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bettendorf, IA

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 20.08 Tithi 22 - 23

172933468

Gulika

3:10PM - 4:40PM

Yama

12:10PM - 1:40PM

Rahu

4:40PM - 6:10PM

Jyeshtha\* Until 11:31PM

Siddhi Until 1:58AM Mon

Balava Until 3:33AM Mon

Saptami Until 3:48PM

Ganesha: Clear

Sunrise: 6:10AM

Muruqa: Orange

Sunset: 6:10PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 11:31PM

Then Creative Work - Amrita Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bettendorf, IA

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 3.28 Tithi 23 - 24

182933468

Gulika

1:40PM - 3:10PM

Yama

10:39AM - 12:10PM

Rahu

7:39AM - 9:09AM

Mula\* Until 12:13AM Tue

Vyatipata\* Until 12:50AM Tue

Taitila Until 3:36AM Tue

Ashtami\* Until 3:28PM

Ganesha: Purple

Sunrise: 6:09AM

Muruqa: Orange

Sunset: 6:11PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Bettendorf, IA

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 16.24 Tithi 24 - 25

182933468

Gulika

12:09PM - 1:40PM

Yama

9:08AM - 10:39AM

Rahu

3:11PM - 4:41PM

Purvashadha\* Until 1:29AM Wed

Variyan Until 12:14AM Wed

Vanija Until 4:21AM Wed

Navami\* Until 3:52PM

Ganesha: Purple

Sunrise: 6:07AM

Muruqa: Orange

Sunset: 6:12PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 1:29AM Wed

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukhtayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bettendorf, IA Sun 8 Sutra 339
Dhanus Rasi: 29.01	Tithi 25 – 26	<b>Gulika</b> 10:38AM – 12:09PM	<b>Uttarashadha</b> Until 3:10AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:05AM	Vikarin 5121
		Yama 7:36AM – 9:07AM	Parigha* Until 12:07AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 47
		182933468 <b>Rahu</b> 12:09PM – 1:40PM	Bava Until 5:42AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 4:57PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 3:10AM Thu				<b>Phalguna-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukhtayam Shravana Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau		Bettendorf, IA Sun 9 Sutra 340
Makara Rasi: 11.21	Tithi 26	<b>Gulika</b> 9:06AM – 10:38AM	<b>Shravana</b> Until 5:37AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	Vikarin 5121
		Yama 6:04AM – 7:35AM	Shiva Until 12:23AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 1:40PM – 3:11PM	Balava Until 6:32PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:32PM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukhtayam Dhanishtha Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Bettendorf, IA Sun 10 Sutra 341
Makara Rasi: 23.31	Tithi 27	<b>Gulika</b> 7:34AM – 9:05AM	<b>Dhanishtha</b> Until 8:12AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:02AM	Vikarin 5121
		Yama 3:12PM – 4:43PM	Siddha Until 12:53AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 10:37AM – 12:09PM	Kaulava Until 7:30AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 8:29PM	Moon – Purple		<b>Sivaloka Day</b>
Until 8:12AM Sat				<b>Phalguna-Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yukhtayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Bettendorf, IA Sun 11 Sutra 342
Kumbha Rasi: 5.34	Tithi 28	<b>Gulika</b> 6:00AM – 7:32AM	<b>Dhanishtha</b> Until 8:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Vikarin 5121
		Yama 1:40PM – 3:12PM	Sadhya Until 1:34AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		192933468 <b>Rahu</b> 9:04AM – 10:36AM	Gara Until 9:36AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 10:42PM	Moon – Purple		<b>Sivaloka Day</b>
Until 8:12AM				<b>Phalguna-Panguni</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yukhtayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bettendorf, IA Sun 12 Sutra 343
Kumbha Rasi: 17.31	Tithi 29	<b>Gulika</b> 3:13PM – 4:45PM	<b>Shatabhishak</b> Until 10:48AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 12:08PM – 1:40PM	Subha Until 2:22AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 47
		193933468 <b>Rahu</b> 4:45PM – 6:17PM	Visti* Until 11:53AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:03AM Mon	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bettendorf, IA Sun 13 Sutra 344
Kumbha Rasi: 29.26	Tithi 30	<b>Gulika</b> 1:40PM – 3:13PM	<b>Purvaproshtapada*</b> Until 1:51PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:57AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:35AM – 12:08PM	Sukla Until 3:12AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 7:30AM – 9:02AM	Catuspada Until 2:17PM	<b>Nataraja:</b> Purple		Amavasya
Until 1:51PM			<b>Amavasya*</b> Until 3:28AM Tue	Moon – Clear		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>		

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Bettendorf, IA Sun 14 Sutra 345
Meena Rasi: 11.19	Tithi 1	<b>Gulika</b> 12:07PM – 1:40PM	<b>Uttaraproshtapada</b> Until 4:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 9:01AM – 10:34AM	Brahma Until 4:04AM Wed	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 47
		113933468 <b>Rahu</b> 3:13PM – 4:46PM	Kintughna Until 4:43PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 5:55AM Wed	Moon – Clear		<b>Sivaloka Day</b>
Until 4:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Balava Karana Dvitiyayam Titau		Bettendorf, IA Sun 15 Sutra 346	
Meena Rasi: 23.11	Tithi 2	Gulika 10:34AM – 12:07PM	Revati Until 7:33PM	Ganesha: Yellow	Sunrise: 5:54AM	Vikarin 5121	
		Yama 7:27AM – 9:00AM	Indra Until 4:55AM Thu	Muruqa: Orange	Sunset: 6:20PM	Moon 3 - Phase 48	
		113933468 Rahu 12:07PM – 1:40PM	Balava Until 7:10PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 8:21AM Thu	Moon – Clear		Sivaloka Day	
				Chaitra•Panguni			
<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bettendorf, IA Sun 16 Sutra 347	
Mesha Rasi: 5.05	Tithi 2 – 3	Gulika 8:59AM – 10:33AM	Ashvini Until 10:36PM	Ganesha: Red	Sunrise: 5:52AM	Vikarin 5121	
		Yama 5:52AM – 7:26AM	Vaidhriti* Until 5:41AM Fri	Muruqa: Orange	Sunset: 6:22PM	Moon 3 - Phase 48	
		123933468 Rahu 1:40PM – 3:14PM	Taitila Until 9:33PM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 8:21AM	Moon – White		Sivaloka Day	
Until 10:36PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bettendorf, IA Sun 17 Sutra 348	
Mesha Rasi: 17.01	Tithi 3 – 4	Gulika 7:24AM – 8:58AM	Bharani Until 1:19AM Sat	Ganesha: Red	Sunrise: 5:50AM	Vikarin 5121	
		Yama 3:15PM – 4:49PM	Vishkambha* Until 6:20AM Sat	Muruqa: Orange	Sunset: 6:23PM	Moon 3 - Phase 48	
		123933468 Rahu 10:32AM – 12:06PM	Vanija Until 11:47PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 10:40AM	Moon – White		Sivaloka Day	
Until 1:19AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bettendorf, IA Sun 18 Sutra 349	
Mesha Rasi: 29	Tithi 4 – 5	Gulika 5:49AM – 7:23AM	Krittika Until 3:37AM Sun	Ganesha: Red	Sunrise: 5:49AM	Vikarin 5121	
		Yama 1:41PM – 3:15PM	Vishkambha* Until 6:20AM	Muruqa: Orange	Sunset: 6:24PM	Moon 3 - Phase 48	
		123933468 Rahu 8:57AM – 10:32AM	Bava Until 1:44AM Sun	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 12:47PM	Moon – White		Sivaloka Day	
Until 3:37AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bettendorf, IA Sun 19 Sutra 350	
Shrabha Rasi: 11.07	Tithi 5 – 6	Gulika 3:15PM – 4:50PM	Rohini Until 5:50AM Mon	Ganesha: Blue	Sunrise: 5:47AM	Vikarin 5121	
		Yama 12:06PM – 1:41PM	Priti Until 6:46AM	Muruqa: Orange	Sunset: 6:25PM	Moon 3 - Phase 48	
		133933468 Rahu 4:50PM – 6:25PM	Kaulava Until 3:16AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 2:33PM	Moon – Yellow		Subha Sivaloka Day	
Until 5:50AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Bettendorf, IA Sun 20 Sutra 351	
Shrabha Rasi: 23.25	Tithi 6 – 7	Gulika 1:41PM – 3:16PM	Mrigashira Until 7:17AM Tue	Ganesha: Blue	Sunrise: 5:45AM	Vikarin 5121	
Family Home Evening		Yama 10:30AM – 12:06PM	Ayushman Until 6:50AM	Muruqa: Orange	Sunset: 6:26PM	Moon 3 - Phase 48	
		133933468 Rahu 7:20AM – 8:55AM	Gara Until 4:13AM Tue	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 3:49PM	Moon – Yellow		Subha Sivaloka Day	
Until 7:17AM Tue				Chaitra•Panguni			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bettendorf, IA Sun 21 Sutra 352	
Mithuna Rasi: 5.58	Tithi 7 – 8	Gulika 12:05PM – 1:41PM	Mrigashira Until 7:17AM	Ganesha: Blue	Sunrise: 5:44AM	Vikarin 5121	
		Yama 8:54AM – 10:30AM	Saubhagya Until 6:26AM	Muruqa: Orange	Sunset: 6:27PM	Moon 3 - Phase 48	
		133933468 Rahu 3:16PM – 4:52PM	Visti Until 4:26AM Wed	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 4:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 7:17AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bettendorf, IA Sun 22 Sutra 353	
Mithuna Rasi: 18.52	Tithi 8 – 9	Gulika 10:30AM – 12:05PM	Ardra Until 7:53AM	Ganesha: Blue	Sunrise: 5:44AM	Vikarin 5121	
		Yama 7:19AM – 8:54AM	Athiganda* Until 3:52AM Thu	Muruqa: Orange	Sunset: 6:27PM	Moon 3 - Phase 48	
		133933468 Rahu 12:05PM – 1:41PM	Balava Until 3:51AM Thu	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 4:14PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			
<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Bettendorf, IA Sun 23 Sutra 354	
Kataka Rasi: 2.12	Tithi 9 – 10	Gulika 8:53AM – 10:29AM	Punarvasu Until 7:59AM	Ganesha: Yellow	Sunrise: 5:42AM	Vikarin 5121	
		Yama 5:42AM – 7:18AM	Sukarma Until 1:37AM Fri	Muruqa: Orange	Sunset: 6:28PM	Moon 3 - Phase 48	
		143933468 Rahu 1:41PM – 3:16PM	Taitila Until 2:26AM Fri	Nataraja: Purple		Navami	
Creative Work	Amrita Yoga		Navami* Until 3:13PM	Moon – Blue		Sivaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bettendorf, IA Sun 24 Sutra 355 Vikarin 5121
	Kataka Rasi: 15.59	Tithi 10 – 11	<b>Gulika</b> 7:16AM – 8:52AM	<b>Pushya</b> Until 7:08AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:40AM	
			Yama 3:17PM – 4:53PM	Dhriti Until 10:46PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:29AM – 12:05PM	Vanija Until 12:15AM Sat	<b>Nataraja:</b> Purple		4th Phase
		Yogaswami Mahasamadhi		Dashami Until 1:25PM	Chaitra•Panguni	Sivaloka Day	

2	<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bettendorf, IA Sun 25 Sutra 356 Vikarin 5121
	Simha Rasi: 0.16	Tithi 11 – 12	<b>Gulika</b> 5:39AM – 7:15AM	<b>Magha*</b> Until 3:19AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	
			Yama 1:41PM – 3:17PM	Shula* Until 7:20PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 49
	Creative Work	Amrita Yoga	153933468 <b>Rahu</b> 8:51AM – 10:28AM	Bava Until 9:25PM	<b>Nataraja:</b> Purple		4th Phase
			Ekadashi Until 10:54AM	Chaitra•Panguni	Subha Sivaloka Day		
		Then Creative Work - Siddha Yoga					

3	<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bettendorf, IA Sun 26 Sutra 357 Vikarin 5121
	Simha Rasi: 14.59	Tithi 12 – 13	<b>Gulika</b> 3:18PM – 4:54PM	<b>Purvaphalguni</b> Until 12:38AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM	
			Yama 12:04PM – 1:41PM	Ganda* Until 3:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	153933468 <b>Rahu</b> 4:54PM – 6:31PM	Kaulava Until 6:05PM	<b>Nataraja:</b> Purple		4th Phase
			Dvadashi Until 7:47AM	Chaitra•Panguni	Subha Sivaloka Day		
		<i>Pradosha Vrata</i>					

4	<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Bettendorf, IA Sun 27 Sutra 358 Vikarin 5121
	Kanya Rasi: 0.02	Tithi 14	<b>Gulika</b> 1:41PM – 3:18PM	<b>Uttaraphalguni</b> Until 9:32PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	
	Family Home Evening		Yama 10:27AM – 12:04PM	Vridhhi Until 11:21AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:12AM – 8:50AM	Gara Until 2:23PM	<b>Nataraja:</b> Purple		4th Phase
			Chaturdashi* Until 12:27AM Tue	Chaitra•Panguni	Sivaloka Day		

○	<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Bettendorf, IA Sun 28 Sutra 359 Vikarin 5121
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:03PM – 1:41PM	<b>Hasta</b> Until 6:34PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:34AM	
	Kanya Rasi: 15.18	Tithi 15	Yama 8:49AM – 10:26AM	Dhruva Until 7:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:18PM – 4:56PM	Visti Until 10:31AM	<b>Nataraja:</b> Purple		Purnima
		Panguni Uttiram Hanuman Jayanti	Purnima* Until 8:33PM	Chaitra•Panguni	Devaloka Day		

○	<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Bettendorf, IA Sun 29 Sutra 360 Vikarin 5121
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:25AM – 12:03PM	<b>Chitra</b> Until 3:33PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	
	Tula Rasi: 1	Tithi 16 – 17	Yama 7:10AM – 8:48AM	Harshana Until 10:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 12:03PM – 1:41PM	Balava Until 6:39AM	<b>Nataraja:</b> Purple		Prathama
			Prathama* Until 4:45PM	Chaitra•Panguni	Devaloka Day		





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bettendorf, IA  
Sun 1  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 15.45 Tithi 17 - 18

**Gulika** 8:47AM - 10:25AM  
Yama 5:30AM - 7:09AM  
164134468 **Rahu** 1:41PM - 3:19PM

**Svati Until 12:39PM**  
Vajra\* Until 6:28PM  
Vanija Until 11:36PM  
**Dvitiya Until 1:12PM**

**Ganesha:** White *Sunrise:* 5:30AM  
**Muruqa:** Clear *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon - Green  
**Chaitra+Panguni**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 12:39PM  
Then Creative Work - Siddha Yoga

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Bettendorf, IA  
Sun 2  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 0.37 Tithi 18 - 19

**Gulika** 7:07AM - 8:46AM  
Yama 3:20PM - 4:58PM  
174134468 **Rahu** 10:24AM - 12:03PM

**Vishakha Until 10:27AM**  
Siddhi Until 2:54PM  
Bava Until 8:46PM  
**Tritiya Until 10:06AM**

**Ganesha:** Yellow *Sunrise:* 5:29AM  
**Muruqa:** Clear *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra+Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatlipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bettendorf, IA  
Sun 3  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 15.03 Tithi 19 - 20

**Gulika** 5:27AM - 7:06AM  
Yama 1:41PM - 3:20PM  
174134468 **Rahu** 8:45AM - 10:24AM

**Anuradha Until 8:43AM**  
Vyatlipala\* Until 11:51AM  
Kaulava Until 6:36PM  
**Chaturthi\* Until 7:34AM**

**Ganesha:** Yellow *Sunrise:* 5:27AM  
**Muruqa:** Clear *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra+Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyian/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Bettendorf, IA  
Sun 4  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 29.01 Tithi 21

**Gulika** 3:20PM - 5:00PM  
Yama 12:02PM - 1:41PM  
174134468 **Rahu** 5:00PM - 6:39PM

**Jyeshtha\* Until 7:33AM**  
Varyian Until 9:23AM  
Gara Until 5:12PM  
**Shashthi\* Until 4:48AM Mon**

**Ganesha:** Yellow *Sunrise:* 5:26AM  
**Muruqa:** Clear *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra+Panguni**

**Sivaloka Day**

Routine Work Marana Yoga  
Until 7:33AM  
Then Creative Work - Amrita Yoga

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Bettendorf, IA  
Sun 5  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 12.29 Tithi 22

**Family Home Evening**

**Gulika** 1:41PM - 3:21PM  
Yama 10:22AM - 12:02PM  
184134468 **Rahu** 7:03AM - 8:43AM

**Mula\* Until 7:31AM**  
Parigha\* Until 7:36AM  
Visti Until 4:39PM  
**Saptami Until 4:41AM Tue**

**Ganesha:** Blue *Sunrise:* 5:24AM  
**Muruqa:** Clear *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra+Chaitra**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 7:31AM  
Then Routine Work - Marana Yoga

Tamil New Year

**D**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Bettendorf, IA  
Sun 6  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 25.31 Tithi 23

**Gulika** 12:02PM - 1:41PM  
Yama 8:42AM - 10:22AM  
284134468 **Rahu** 3:21PM - 5:01PM

**Purvashadha\* Until 8:09AM**  
Shiva Until 6:30AM  
Balava Until 4:57PM  
**Ashtami\* Until 5:22AM Wed**

**Ganesha:** Yellow *Sunrise:* 5:22AM  
**Muruqa:** Clear *Sunset:* 6:41PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra+Chaitra**

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 8:09AM  
Then Routine Work - Prabalarishta Yoga

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Bettendorf, IA  
Sun 7  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 8.08 Tithi 24

**Gulika** 10:21AM - 12:01PM  
Yama 7:01AM - 8:41AM  
284134468 **Rahu** 12:01PM - 1:42PM

**Uttarashadha Until 9:24AM**  
Siddha Until 6:00AM  
Taitila Until 5:59PM  
**Navami\* Until 6:44AM Thu**

**Ganesha:** Yellow *Sunrise:* 5:21AM  
**Muruqa:** Clear *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra+Chaitra**

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 9:24AM  
Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Bettendorf, IA Sun 8 Sutra 4
	Makara Rasi: 20.28	Tithi 24 – 25	<b>Gulika</b> 8:40AM – 10:21AM	<b>Shravana Until 11:36AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:19AM	Sarvari 5122
			Yama 5:19AM – 7:00AM	Sadhya Until 6:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 1
	294134468	Rahu 1:42PM – 3:22PM	Vanija Until 7:38PM	Nataraja: Purple	Moon – Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 6:44AM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Bettendorf, IA Sun 9 Sutra 5
	Kumbha Rasi: 2.35	Tithi 25 – 26	<b>Gulika</b> 6:59AM – 8:39AM	<b>Dhanishtha Until 2:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:18AM	Sarvari 5122
			Yama 3:23PM – 5:03PM	Subha Until 6:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 1
	294134468	Rahu 10:20AM – 12:01PM	Bava Until 9:43PM	Nataraja: Purple	Moon – Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 8:37AM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bettendorf, IA Sun 10 Sutra 6
	Kumbha Rasi: 14.34	Tithi 26 – 27	<b>Gulika</b> 5:16AM – 6:57AM	<b>Shatabhishak Until 4:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	Sarvari 5122
			Yama 1:42PM – 3:23PM	Sukla Until 7:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 1
	295134468	Rahu 8:38AM – 10:20AM	Kaulava Until 12:03AM Sun	Nataraja: Purple	Moon – Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 10:51AM</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	
Until 4:46PM							
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Bettendorf, IA Sun 11 Sutra 7
	Kumbha Rasi: 26.28	Tithi 27 – 28	<b>Gulika</b> 3:23PM – 5:05PM	<b>Purvaproshtapada* Until 7:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:15AM	Sarvari 5122
			Yama 12:00PM – 1:42PM	Brahma Until 8:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 1
	215134468	Rahu 5:05PM – 6:46PM	Gara Until 2:30AM Mon	Nataraja: Purple	Moon – Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 1:15PM</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	
Until 7:53PM							
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bettendorf, IA Sun 12 Sutra 8
	Meena Rasi: 8.19	Tithi 28 – 29	<b>Gulika</b> 1:42PM – 3:24PM	<b>Uttaraproshtapada Until 10:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:19AM – 12:00PM	Indra Until 9:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	215134468	Rahu 6:55AM – 8:37AM	Visti Until 4:56AM Tue	Nataraja: Purple	Moon – Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 3:42PM</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Bettendorf, IA Sun 13 Sutra 9
	Meena Rasi: 20.12	Tithi 29	<b>Gulika</b> 12:00PM – 1:42PM	<b>Revati Until 1:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:12AM	Sarvari 5122
			Yama 8:36AM – 10:18AM	Vaidhriti* Until 9:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 1
	215134468	Rahu 3:24PM – 5:06PM	Sakuni Until 6:06PM	Nataraja: Purple	Moon – Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:06PM</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	
Until 1:35AM Wed							
Then Routine Work - Marana Yoga							

<b>●</b>	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Bettendorf, IA Sun 14 Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 10:17AM – 12:00PM	<b>Ashvini Until 4:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:10AM	Sarvari 5122
	Mesha Rasi: 2.06	Tithi 30	Yama 6:53AM – 8:35AM	Vishkambha* Until 10:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 1
	225134468	Rahu 12:00PM – 1:42PM	Catuspada Until 7:17AM	Nataraja: Purple	Moon – White		Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 8:23PM</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	
Until 4:31AM Thu							
Then Creative Work - Siddha Yoga							

<b>●</b>	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Bettendorf, IA Sun 15 Sutra 11
	<b>Retreat Star</b>		<b>Gulika</b> 8:34AM – 10:17AM	<b>Bharani Until 7:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:09AM	Sarvari 5122
	Mesha Rasi: 14.04	Tithi 1	Yama 5:09AM – 6:52AM	Priti Until 11:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 1
	225134468	Rahu 1:42PM – 3:25PM	Kintughna Until 9:29AM	Nataraja: Purple	Moon – White		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 10:29PM</b>	<b>Vaisaka*Chaitra</b>		<b>Sivaloka Day</b>	

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bettendorf, IA		Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 12	
Mesha Rasi: 26.06	Tithi 2	<b>Gulika</b> 6:50AM – 8:33AM	<b>Bharani Until 7:06AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 3:26PM – 5:09PM	Ayushman Until 11:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 2	
225134469	<b>Rahu</b> 10:16AM – 12:00PM		Balava Until 11:28AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 12:21AM Sat</b>	Moon – White		<b>Devaloka Day</b>	
						<b>Vaisaka-Chaitra</b>	

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bettendorf, IA		Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 13	
Virshabha Rasi: 8.14	Tithi 3	<b>Gulika</b> 5:06AM – 6:49AM	<b>Krittika Until 9:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:06AM	Sarvari 5122	
		Yama 1:43PM – 3:26PM	Saubhagya Until 12:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2	
225134469	<b>Rahu</b> 8:33AM – 10:16AM		Taitila Until 1:11PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 1:53AM Sun</b>	Moon – White		<b>Devaloka Day</b>	
		<b>Akshaya Tritiya</b>				<b>Vaisaka-Chaitra</b>	

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bettendorf, IA		Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau Sun 18 Sutra 14	
Virshabha Rasi: 20.31	Tithi 4	<b>Gulika</b> 3:26PM – 5:10PM	<b>Rohini Until 11:26AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:05AM	Sarvari 5122	
		Yama 11:59AM – 1:43PM	Sobhana Until 12:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 2	
235134469	<b>Rahu</b> 5:10PM – 6:54PM		Vanija Until 2:32PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 3:02AM Mon</b>	Moon – Yellow		<b>Devaloka Day</b>	
						<b>Vaisaka-Chaitra</b>	

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Bettendorf, IA		Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 15	
Mithuna Rasi: 2.59	Tithi 5	<b>Gulika</b> 1:43PM – 3:27PM	<b>Mrigashira Until 1:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:03AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:15AM – 11:59AM	Athiganda* Until 12:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 2	
236134469	<b>Rahu</b> 6:47AM – 8:31AM		Bava Until 3:27PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami Until 3:41AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 1:00PM		<b>Adi Sankara Jayanthi</b>				<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						<b>Vaisaka-Chaitra</b>	

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bettendorf, IA		Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 20 Sutra 16	
Mithuna Rasi: 15.4	Tithi 6	<b>Gulika</b> 11:59AM – 1:43PM	<b>Ardra Until 1:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
		Yama 8:30AM – 10:15AM	Sukarma Until 11:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 2	
236134469	<b>Rahu</b> 3:27PM – 5:12PM		Kaulava Until 3:49PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 3:45AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 1:55PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						<b>Vaisaka-Chaitra</b>	

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bettendorf, IA		Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau Sun 21 Sutra 17	
Mithuna Rasi: 28.37	Tithi 7	<b>Gulika</b> 10:14AM – 11:59AM	<b>Punarvasu Until 2:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM	Sarvari 5122	
		Yama 6:45AM – 8:30AM	Dhriti Until 10:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 2	
246134469	<b>Rahu</b> 11:59AM – 1:43PM		Gara Until 3:34PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 3:11AM Thu</b>	Moon – Blue		<b>Devaloka Day</b>	
						<b>Vaisaka-Chaitra</b>	

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bettendorf, IA		Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau Sun 22 Sutra 18	
Kataka Rasi: 11.55	Tithi 8	<b>Gulika</b> 8:29AM – 10:14AM	<b>Pushya Until 2:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Sarvari 5122	
		Yama 4:59AM – 6:44AM	Shula* Until 8:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2	
246134469	<b>Rahu</b> 1:43PM – 3:28PM		Visli Until 2:40PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami* Until 1:57AM Fri</b>	Moon – Blue		<b>Devaloka Day</b>	
Until 2:23PM						<b>Vaisaka-Chaitra</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bettendorf, IA		Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 19	
Kataka Rasi: 25.36	Tithi 9	<b>Gulika</b> 6:42AM – 8:27AM	<b>Ashlesha* Until 1:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Sarvari 5122	
		Yama 3:29PM – 5:15PM	Ganda* Until 6:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2	
246134469	<b>Rahu</b> 10:13AM – 11:58AM		Balava Until 1:06PM	<b>Nataraja:</b> Clear		Navami	
Routine Work	Marana Yoga		<b>Navami* Until 12:04AM Sat</b>	Moon – Blue		<b>Devaloka Day</b>	
						<b>Vaisaka-Chaitra</b>	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam		Bettendorf, IA	
Simha Rasi: 9.41		Tithi 10		Magha* Until 12:06PM		Ganesha: White		Sunrise: 4:55AM	
Creative Work		Amrita Yoga		Dhruva Until 12:34AM Sun		Muruqa: Clear		Sunset: 7:01PM	
Until 12:06PM		256134469 Rahu		Taitila Until 10:55AM		Nataraja: Clear		Moon 4 - Phase 3	
Then Creative Work - Siddha Yoga		8:27AM - 10:13AM		Dashami Until 9:36PM		Moon - Red		4th Phase	
						Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Sunday, May 3, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Bettendorf, IA	
Simha Rasi: 24.08		Tithi 11		Purvaphalguni Until 10:08AM		Ganesha: White		Sunrise: 4:54AM	
Creative Work		Siddha Yoga		Vyaghata* Until 9:00PM		Muruqa: Clear		Sunset: 7:02PM	
Until 10:08AM		256134469 Rahu		Vanija Until 8:11AM		Nataraja: Clear		Moon 4 - Phase 3	
Then Creative Work - Amrita Yoga		5:16PM - 7:02PM		Ekadashi Until 6:38PM		Moon - Red		4th Phase	
						Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Monday, May 4, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Bettendorf, IA	
Kanya Rasi: 8.55		Tithi 12 - 13		Uttaraphalguni Until 7:36AM		Ganesha: Clear		Sunrise: 4:53AM	
Family Home Evening		256234469 Rahu		Harshana Until 5:10PM		Muruqa: Clear		Sunset: 7:02PM	
Creative Work		Siddha Yoga		Kaulava Until 1:36AM Tue		Nataraja: Clear		Moon 4 - Phase 3	
				Dvadashi Until 3:20PM		Moon - Red		4th Phase	
						Vaisaka*Chaitra		Devaloka Day	

Pradosha Vrata

<b>4</b>		<b>Tuesday, May 5, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Bettendorf, IA	
Kanya Rasi: 23.54		Tithi 13 - 14		Chitra Until 2:19AM Wed		Ganesha: Clear		Sunrise: 4:52AM	
Creative Work		Siddha Yoga		Vajra* Until 1:09PM		Muruqa: Clear		Sunset: 7:04PM	
		267234469 Rahu		Gara Until 10:02PM		Nataraja: Clear		Moon 4 - Phase 3	
				Trayodashi Until 11:48AM		Moon - Green		4th Phase	
						Vaisaka*Chaitra		Devaloka Day	

		<b>Wednesday, May 6, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		Bettendorf, IA	
Copper Retreat Star		Tithi 14 - 15		Svati Until 11:28PM		Ganesha: Clear		Sunrise: 4:50AM	
Tula Rasi: 8.58		267234469 Rahu		Siddhi Until 9:06AM		Muruqa: Clear		Sunset: 7:05PM	
Creative Work		Siddha Yoga		Visti Until 6:29PM		Nataraja: Clear		Moon 4 - Phase 3	
				Chaturdashi* Until 8:14AM		Moon - Green		Purnima	
		Budha Purnima (Tamil Nadu)				Vaisaka*Chaitra		Devaloka Day	

<b>5</b>		<b>Thursday, May 7, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		Bettendorf, IA	
Silver Retreat Star		Tithi 16		Vishakha Until 9:08PM		Ganesha: Purple		Sunrise: 4:49AM	
Tula Rasi: 23.58		277234469 Rahu		Variyan Until 1:25AM Fri		Muruqa: Clear		Sunset: 7:06PM	
Creative Work		Siddha Yoga		Balava Until 3:07PM		Nataraja: Clear		Moon 4 - Phase 3	
				Prathama* Until 1:33AM Fri		Moon - Orange		Prathama	
						Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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