



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland  
Sun 1  
Sutra 17

Vrischika Rasi: 0.29 Tithi 17

273832369

**Gulika** 12:24PM – 2:12PM  
**Yama** 8:47AM – 10:36AM  
**Rahu** 4:00PM – 5:49PM

**Vishakha Until 11:23AM**  
Variyan Until 4:48AM Wed  
Taitila Until 2:40PM  
**Dvitiya Until 3:09AM Wed**

**Ganesha:** Purple *Sunrise:* 5:11AM  
**Muruqa:** White *Sunset:* 7:37PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Marana Yoga  
Until 11:23AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland  
Sun 2  
Sutra 18

Vrischika Rasi: 13.01 Tithi 18

273832369

**Gulika** 10:35AM – 12:24PM  
**Yama** 6:58AM – 8:46AM  
**Rahu** 12:24PM – 2:12PM

**Anuradha Until 1:05PM**  
Parigha\* Until 4:56AM Thu  
Vanija Until 3:49PM  
**Tritiya Until 4:34AM Thu**

**Ganesha:** Purple *Sunrise:* 5:09AM  
**Muruqa:** White *Sunset:* 7:38PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Winterthur, Switzerland  
Sun 3  
Sutra 19

Vrischika Rasi: 25.17 Tithi 19

274832369

**Gulika** 8:46AM – 10:35AM  
**Yama** 5:07AM – 6:57AM  
**Rahu** 2:13PM – 4:02PM

**Jyeshtha\* Until 3:08PM**  
Shiva Until 5:28AM Fri  
Bava Until 5:30PM  
**Chaturthi\* Until 6:30AM Fri**

**Ganesha:** Clear *Sunrise:* 5:07AM  
**Muruqa:** White *Sunset:* 7:40PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Prabalarishta Yoga  
Until 3:08PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland  
Sun 4  
Sutra 20

Dhanus Rasi: 7.22 Tithi 19 – 20

284832369

**Gulika** 6:55AM – 8:45AM  
**Yama** 4:02PM – 5:52PM  
**Rahu** 10:34AM – 12:23PM

**Mula\* Until 5:59PM**  
Siddha Until 6:17AM Sat  
Kaulava Until 7:39PM  
**Chaturthi\* Until 6:30AM**

**Ganesha:** White *Sunrise:* 5:06AM  
**Muruqa:** White *Sunset:* 7:41PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga  
Until 5:59PM  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland  
Sun 5  
Sutra 21

Dhanus Rasi: 19.16 Tithi 20 – 21

284832369

**Gulika** 5:04AM – 6:54AM  
**Yama** 2:13PM – 4:03PM  
**Rahu** 8:44AM – 10:34AM

**Purvashadha\* Until 8:59PM**  
Siddha Until 6:17AM  
Gara Until 10:07PM  
**Panchami Until 8:50AM**

**Ganesha:** White *Sunrise:* 5:04AM  
**Muruqa:** White *Sunset:* 7:42PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga  
Until 8:59PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland  
Sun 6  
Sutra 22

Makara Rasi: 1.05 Tithi 21 – 22

284832369

**Gulika** 4:03PM – 5:54PM  
**Yama** 12:23PM – 2:13PM  
**Rahu** 5:54PM – 7:44PM

**Uttarashadha Until 11:55PM**  
Sadhya Until 7:18AM  
Visti Until 12:42AM Mon  
**Shashthi\* Until 11:23AM**

**Ganesha:** White *Sunrise:* 5:03AM  
**Muruqa:** White *Sunset:* 7:44PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland  
Sun 7  
Sutra 23

Makara Rasi: 12.54 Tithi 22 – 23

294832369

**Gulika** 2:14PM – 4:04PM  
**Yama** 10:33AM – 12:23PM  
**Rahu** 6:52AM – 8:42AM

**Shravana Until 3:04AM Tue**  
Subha Until 8:22AM  
Balava Until 3:08AM Tue  
**Saptami Until 1:56PM**

**Ganesha:** Yellow *Sunrise:* 5:01AM  
**Muruqa:** White *Sunset:* 7:45PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 3:04AM Tue  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland  
Sun 8  
Sutra 24

Makara Rasi: 24.47 Tithi 23 – 24

294832369

**Gulika** 12:23PM – 2:14PM  
**Yama** 8:42AM – 10:32AM  
**Rahu** 4:05PM – 5:56PM

**Dhanishtha Until 5:40AM Wed**  
Sukla Until 9:14AM  
Taitila Until 5:10AM Wed  
**Ashtami\* Until 4:12PM**

**Ganesha:** Yellow *Sunrise:* 5:00AM  
**Muruqa:** White *Sunset:* 7:46PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

<b>1</b>	<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 8 Sutra 24	
	Kumbha Rasi: 6.49	Tithi 24 – 25	<b>Gulika</b> 10:32AM – 12:23PM	<b>Shatabhishak</b> Until 7:30AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	Vilamba 5120	
	294832369	Rahu	Yama 6:50AM – 8:41AM	Brahma Until 9:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 4	
	Creative Work	Siddha Yoga	Rahu 12:23PM – 2:14PM	Vanija Until 6:35AM Thu	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Navami*</b> Until 5:57PM	<b>Moon – Purple</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		
				<b>Vaisaka-Chaitra</b>				


<b>2</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhril* Yoga Vanija/Visti* Karana Dashamyam Titau				Winterthur, Switzerland Sun 9 Sutra 25	
	Kumbha Rasi: 19.07	Tithi 25	<b>Gulika</b> 8:40AM – 10:32AM	<b>Shatabhishak</b> Until 7:30AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Vilamba 5120	
	294832369	Rahu	Yama 4:57AM – 6:49AM	Indra Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 4	
	Creative Work	Siddha Yoga	Rahu 2:15PM – 4:06PM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami</b> Until 7:00PM	<b>Moon – Purple</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		
				<b>Vaisaka-Chaitra</b>				

<b>3</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhril*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 26	
	Meena Rasi: 1.46	Tithi 26	<b>Gulika</b> 6:48AM – 8:39AM	<b>Purvaproshtapada*</b> Until 8:55AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Vilamba 5120	
	214832369	Rahu	Yama 4:07PM – 5:58PM	Vaidhril* Until 9:14AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 4	
	Creative Work	Siddha Yoga	Rahu 10:31AM – 12:23PM	Bava Until 7:14AM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Ekadashi*</b> Until 7:14PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		
				<b>Vaisaka-Chaitra</b>				

<b>4</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Winterthur, Switzerland Sun 11 Sutra 27	
	Meena Rasi: 14.47	Tithi 27	<b>Gulika</b> 4:54AM – 6:46AM	<b>Uttaraproshtapada</b> Until 9:22AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:54AM	Vilamba 5120	
	214932369	Rahu	Yama 2:15PM – 4:07PM	Vishkambha* Until 8:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:52PM	Moon 4 - Phase 4	
	Creative Work	Siddha Yoga	Rahu 8:39AM – 10:31AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dvadashi*</b> Until 6:39PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>		
				<b>Vaisaka-Chaitra</b>				

<b>5</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 28	
	Meena Rasi: 28.16	Tithi 28 – 29	<b>Gulika</b> 4:08PM – 6:00PM	<b>Revati</b> Until 8:53AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:53AM	Vilamba 5120	
	214932369	Rahu	Yama 12:23PM – 2:15PM	Priti Until 6:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 4	
	Creative Work	Amrita Yoga	Rahu 6:00PM – 7:53PM	Gara Until 6:05AM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Trayodashi*</b> Until 5:18PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>		
				<b>Vaisaka-Chaitra</b>				
				<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 29	
	Mesha Rasi: 12.08	Tithi 29 – 30	<b>Gulika</b> 2:16PM – 4:09PM	<b>Ashvini</b> Until 8:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:52AM	Vilamba 5120	
	224932369	Rahu	Yama 10:30AM – 12:23PM	Saubhagya Until 12:51AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 4	
	Creative Work	Siddha Yoga	Rahu 6:45AM – 8:37AM	Catuspada Until 2:09AM Tue	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Chaturdashi*</b> Until 3:20PM	<b>Moon – White</b>		<b>Bhuloka Day</b>		
				<b>Vaisaka-Vaikasi</b>				

	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Winterthur, Switzerland Sun 14 Sutra 30	
	Mesha Rasi: 26.23	Tithi 30 – 1	<b>Gulika</b> 12:23PM – 2:16PM	<b>Bharani</b> Until 6:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:50AM	Vilamba 5120	
	224932369	Rahu	Yama 8:37AM – 10:30AM	Sobhana Until 9:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 4	
	Creative Work	Siddha Yoga	Rahu 4:09PM – 6:02PM	Kintughna Until 11:29PM	<b>Nataraja:</b> Purple		Amavasya	
			<b>Amavasya*</b> Until 12:51PM	<b>Moon – White</b>		<b>Bhuloka Day</b>		
				<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>	<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 31	
	Vrishabha Rasi: 10.53	Tithi 1 – 2	<b>Gulika</b> 10:29AM – 12:23PM	<b>Rohini</b> Until 2:20AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:49AM	Vilamba 5120	
	235932369	Rahu	Yama 6:43AM – 8:36AM	Athiganda* Until 6:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 4	
	Creative Work	Siddha Yoga	Rahu 12:23PM – 2:16PM	Balava Until 8:33PM	<b>Nataraja:</b> Purple		Prathama	
			<b>Prathama*</b> Until 10:01AM	<b>Moon – Yellow</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		
				<b>Jyeshtha Adhika-Vaikasi</b>				

<b>1</b>	<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Winterthur, Switzerland Sun 16 Sutra 32 Vilamba 5120
	Vishabha Rasi: 25.34	Tithi 2 – 3	<b>Gulika</b> 8:35AM – 10:29AM	<b>Mrigashira</b> Until 12:05AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise: 4:48AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:58PM</i>	Moon 4 - Phase 5 3rd Phase
	Routine Work	Marana Yoga	Yama 4:48AM – 6:42AM	Sukarma Until 2:34PM	<b>Bhuloka Day</b>		
	Until 12:05AM Fri	Then Creative Work - Siddha Yoga	<b>Rahu</b> 2:17PM – 4:10PM	Gara Until 3:58AM Fri	Devaloka Time: 9:AM to12:PM		
				<b>Dvitiya</b> Until 7:01AM			

<b>2</b>	<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau				Winterthur, Switzerland Sun 17 Sutra 33 Vilamba 5120
	Mithuna Rasi: 10.17	Tithi 4	<b>Gulika</b> 6:41AM – 8:35AM	<b>Ardra</b> Until 9:46PM	<b>Ganesha:</b> Yellow <i>Sunrise: 4:47AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:59PM</i>	Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 4:11PM – 6:05PM	Dhriti Until 11:00AM	<b>Bhuloka Day</b>		
			<b>Rahu</b> 10:29AM – 12:23PM	Vanija Until 2:29PM	Devaloka Time: 9:AM to12:PM		
				<b>Chaturthi*</b> Until 1:00AM Sat			

<b>3</b>	<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 34 Vilamba 5120
	Mithuna Rasi: 24.55	Tithi 5	<b>Gulika</b> 4:46AM – 6:40AM	<b>Punarvasu</b> Until 7:55PM	<b>Ganesha:</b> White <i>Sunrise: 4:46AM</i>	<b>Muruqa:</b> White <i>Sunset: 8:00PM</i>	Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 2:17PM – 4:12PM	Shula* Until 7:32AM	<b>Devaloka Day</b>		
			<b>Rahu</b> 8:34AM – 10:29AM	Bava Until 11:37AM	Devaloka Time: 9:AM to12:PM		
				<b>Panchami</b> Until 10:15PM			

<b>4</b>	<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 35 Vilamba 5120
	Kataka Rasi: 9.23	Tithi 6	<b>Gulika</b> 4:12PM – 6:07PM	<b>Pushya</b> Until 6:13PM	<b>Ganesha:</b> White <i>Sunrise: 4:45AM</i>	<b>Muruqa:</b> White <i>Sunset: 8:02PM</i>	Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 12:23PM – 2:18PM	Vriddhi Until 1:17AM Mon	<b>Devaloka Day</b>		
			<b>Rahu</b> 6:07PM – 8:02PM	Kaulava Until 9:00AM	Devaloka Time: 9:AM to12:PM		
				<b>Shashthi*</b> Until 7:48PM			

<b>5</b>	<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 36 Vilamba 5120
	Kataka Rasi: 23.37	Tithi 7 – 8	<b>Gulika</b> 2:18PM – 4:13PM	<b>Ashlesha*</b> Until 4:44PM	<b>Ganesha:</b> White <i>Sunrise: 4:44AM</i>	<b>Muruqa:</b> White <i>Sunset: 8:03PM</i>	Moon 4 - Phase 5 3rd Phase
	<b>Family Home Evening</b>		Yama 10:28AM – 12:23PM	Dhruva Until 10:35PM	<b>Devaloka Day</b>		
	Creative Work	Siddha Yoga	<b>Rahu</b> 6:38AM – 8:33AM	Gara Until 6:43AM	Devaloka Time: 9:AM to12:PM		
				<b>Saptami</b> Until 5:42PM			

<b>6</b>	<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 37 Vilamba 5120
	Simha Rasi: 7.37	Tithi 8 – 9	<b>Gulika</b> 12:23PM – 2:18PM	<b>Magha*</b> Until 3:55PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:42AM</i>	<b>Muruqa:</b> White <i>Sunset: 8:04PM</i>	Moon 4 - Phase 5 Ashtami
	Retreat Star		Yama 8:33AM – 10:28AM	Vyaghata* Until 8:13PM	<b>Bhuloka Day</b>		
	Creative Work	Siddha Yoga	<b>Rahu</b> 4:14PM – 6:09PM	Balava Until 3:19AM Wed	Devaloka Time: 9:AM to12:PM		
				<b>Ashtami*</b> Until 4:00PM			

<b>7</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22 Sutra 38 Vilamba 5120
	Simha Rasi: 21.21	Tithi 9 – 10	<b>Gulika</b> 10:28AM – 12:23PM	<b>Purvaphalguni</b> Until 3:23PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:41AM</i>	<b>Muruqa:</b> White <i>Sunset: 8:05PM</i>	Moon 4 - Phase 5 Navami
	Retreat Star		Yama 6:37AM – 8:32AM	Harshana Until 6:12PM	<b>Bhuloka Day</b>		
	Creative Work	Amrita Yoga	<b>Rahu</b> 12:23PM – 2:19PM	Taitila Until 2:13AM Thu	Devaloka Time: 9:AM to12:PM		
				<b>Navami*</b> Until 2:42PM			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


www.gurudeva.org/panchang


<b>1</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 23	Sutra 39
	Kanya Rasi: 4.51	Tithi 10 – 11	<b>Gulika</b> 8:32AM – 10:28AM	<b>Uttaraphalguni</b> Until 3:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Vilamba 5120	
			Yama 4:41AM – 6:36AM	Vajra* Until 4:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:06PM	Moon 4 - Phase 6	
		Amrita Yoga	255932369 <b>Rahu</b> 2:19PM – 4:15PM	Vanija Until 1:31AM Fri	<b>Nataraja:</b> Purple		4th Phase	
			<b>Dashami</b> Until 1:48PM	<b>Moon – Red</b>		<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM		
Until 3:05PM Then Routine Work - Marana Yoga								

<b>2</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Winterthur, Switzerland Sun 24	Sutra 40
	Kanya Rasi: 18.08	Tithi 11 – 12	<b>Gulika</b> 6:36AM – 8:31AM	<b>Hasta</b> Until 3:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Vilamba 5120	
			Yama 4:15PM – 6:11PM	Siddhi Until 3:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:07PM	Moon 4 - Phase 6	
		Amrita Yoga	266932369 <b>Rahu</b> 10:27AM – 12:23PM	Bava Until 1:12AM Sat	<b>Nataraja:</b> Purple		4th Phase	
			<b>Ekadashi</b> Until 1:18PM	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM		
Creative Work Until 3:28PM Then Creative Work - Siddha Yoga								

<b>3</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyati-pata*/Varyan Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Winterthur, Switzerland Sun 25	Sutra 41
	Tula Rasi: 1.13	Tithi 12 – 13	<b>Gulika</b> 4:39AM – 6:35AM	<b>Chitra</b> Until 4:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM	Vilamba 5120	
			Yama 2:20PM – 4:16PM	Vyati-pata* Until 1:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:08PM	Moon 4 - Phase 6	
		Marana Yoga	366932369 <b>Rahu</b> 8:31AM – 10:27AM	Kaulava Until 1:17AM Sun	<b>Nataraja:</b> Purple		4th Phase	
			<b>Dvodashi</b> Until 1:11PM	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>				
Routine Work Until 4:05PM Then Creative Work - Siddha Yoga								
<i>Pradosha Vrata</i>								

<b>4</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 26	Sutra 42
	Tula Rasi: 14.06	Tithi 13 – 14	<b>Gulika</b> 4:16PM – 6:13PM	<b>Svati</b> Until 4:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:38AM	Vilamba 5120	
			Yama 12:24PM – 2:20PM	Varyan Until 1:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 4 - Phase 6	
		Siddha Yoga	366932369 <b>Rahu</b> 6:13PM – 8:09PM	Gara Until 1:46AM Mon	<b>Nataraja:</b> Purple		4th Phase	
			<b>Trayodashi</b> Until 1:27PM	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>				
Creative Work Until 4:56PM Then Routine Work - Marana Yoga								

	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sun 27	Sutra 43
	Tula Rasi: 26.47	Tithi 14 – 15	<b>Gulika</b> 2:20PM – 4:17PM	<b>Vishakha</b> Until 6:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:37AM	Vilamba 5120	
			Yama 10:27AM – 12:24PM	Parigha* Until 12:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM	Moon 4 - Phase 6	
		Marana Yoga	376932369 <b>Rahu</b> 6:34AM – 8:30AM	Visti Until 2:41AM Tue	<b>Nataraja:</b> Purple		Purnima	
			<b>Chaturdashi*</b> Until 2:09PM	<b>Moon – Orange</b>		<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM		
Routine Work Until 6:30PM Then Creative Work - Siddha Yoga								

	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sun 28	Sutra 44
	Vrischika Rasi: 9.17	Tithi 15 – 16	<b>Gulika</b> 12:24PM – 2:21PM	<b>Anuradha</b> Until 8:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:36AM	Vilamba 5120	
			Yama 8:30AM – 10:27AM	Shiva Until 12:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:11PM	Moon 4 - Phase 6	
		Siddha Yoga	376932369 <b>Rahu</b> 4:18PM – 6:15PM	Balava Until 4:03AM Wed	<b>Nataraja:</b> Purple		Prathama	
			<b>Purnima*</b> Until 3:17PM	<b>Moon – Orange</b>		<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM		
Creative Work Until 8:22PM Then Routine Work - Marana Yoga								



Wednesday, May 30, 2018

Gold Retreat Star

Vrischika Rasi: 21.34 Tithi 16 – 17

376932369

**Gulika** 10:27AM – 12:24PM  
Yama 6:33AM – 8:30AM  
**Rahu** 12:24PM – 2:21PM

**Jyeshtha\* Until 10:29PM**

Siddha Until 12:53PM

Taitila Until 5:51AM Thu

Prathama\* Until 4:52PM

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Jyeshtha\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

**Ganesha:** Clear *Sunrise:* 4:35AM

**Muruqa:** White *Sunset:* 8:12PM

**Nataraja:** Purple

Moon – Orange

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 10:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Dhanus Rasi: 3.41 Tithi 17

386932369

**Gulika** 8:29AM – 10:27AM  
Yama 4:35AM – 6:32AM  
**Rahu** 2:21PM – 4:19PM

**Mula\* Until 1:19AM Fri**

Sadhya Until 1:27PM

Gara Until 6:53PM

Dvitiya Until 6:53PM

**Ganesha:** White *Sunrise:* 4:35AM

**Muruqa:** White *Sunset:* 8:13PM

**Nataraja:** Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Dhanus Rasi: 15.39 Tithi 18

387932369

**Gulika** 6:32AM – 8:29AM  
Yama 4:19PM – 6:17PM  
**Rahu** 10:27AM – 12:24PM

**Purvashadha\* Until 4:17AM Sat**

Subha Until 2:18PM

Vanija Until 8:02AM

Tritiya Until 9:13PM

**Ganesha:** Yellow *Sunrise:* 4:34AM

**Muruqa:** White *Sunset:* 8:14PM

**Nataraja:** Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Dhanus Rasi: 27.3 Tithi 19

387932369

**Gulika** 4:34AM – 6:31AM  
Yama 2:22PM – 4:20PM  
**Rahu** 8:29AM – 10:27AM

**Uttarashadha Until 7:15AM Sun**

Sukla Until 3:20PM

Bava Until 10:30AM

Chaturthi\* Until 11:47PM

**Ganesha:** Yellow *Sunrise:* 4:34AM

**Muruqa:** White *Sunset:* 8:15PM

**Nataraja:** Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 7:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Makara Rasi: 9.17 Tithi 20

387932369

**Gulika** 4:20PM – 6:18PM  
Yama 12:25PM – 2:22PM  
**Rahu** 6:18PM – 8:16PM

**Uttarashadha Until 7:15AM**

Brahma Until 4:27PM

Kaulava Until 1:06PM

Panchami Until 2:22AM Mon

**Ganesha:** Yellow *Sunrise:* 4:33AM

**Muruqa:** White *Sunset:* 8:16PM

**Nataraja:** Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Makara Rasi: 21.05 Tithi 21

397932369

**Gulika** 2:23PM – 4:21PM  
Yama 10:27AM – 12:25PM  
**Rahu** 6:30AM – 8:29AM

**Shravana Until 10:32AM**

Indra Until 5:30PM

Gara Until 3:37PM

Shashthi\* Until 4:46AM Tue

**Ganesha:** Blue *Sunrise:* 4:32AM

**Muruqa:** White *Sunset:* 8:17PM

**Nataraja:** Purple

Moon – Purple

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 10:32AM

Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Kumbha Rasi: 2.58 Tithi 22

397132361

**Gulika** 12:25PM – 2:23PM  
Yama 8:28AM – 10:27AM  
**Rahu** 4:21PM – 6:20PM

**Dhanishta Until 1:25PM**

Vaidhriti\* Until 6:17PM

Visti Until 5:51PM

Saptami Until 6:45AM Wed

**Ganesha:** Purple *Sunrise:* 4:32AM

**Muruqa:** White *Sunset:* 8:18PM

**Nataraja:** White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 1:25PM

Then Routine Work - Marana Yoga

☾

Wednesday, June 6, 2018

Retreat Star

Kumbha Rasi: 15 Tithi 22 – 23

397132361

**Gulika** 10:27AM – 12:25PM  
Yama 6:30AM – 8:28AM  
**Rahu** 12:25PM – 2:23PM

**Shatabhishak Until 3:39PM**

Vishkambha\* Until 6:41PM

Balava Until 7:33PM

Saptami Until 6:45AM

**Ganesha:** Purple *Sunrise:* 4:31AM

**Muruqa:** White *Sunset:* 8:19PM

**Nataraja:** White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Kumbha Rasi: 27.17 Tithi 23 – 24

317132361

**Gulika** 8:28AM – 10:27AM  
Yama 4:31AM – 6:30AM  
**Rahu** 2:24PM – 4:22PM

**Purvaproshtapada\* Until 5:33PM**

Priti Until 6:33PM

Taitila Until 8:33PM

Ashtami\* Until 8:08AM

**Ganesha:** Blue *Sunrise:* 4:31AM

**Muruqa:** White *Sunset:* 8:19PM

**Nataraja:** White

Moon – Clear

Jyeshtha Adhika-Vaikasi

Winterthur, Switzerland

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

**Devaloka Day**

Creative Work Siddha Yoga


<b>1</b>	<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 9 Sutra 54
	Meena Rasi: 9.55	Tithi 24 – 25	<b>Gulika</b> 6:29AM – 8:28AM	<b>Uttaraproshtapada</b> Until 6:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:31AM	Vilamba 5120
			Yama 4:23PM – 6:21PM	Ayushman Until 5:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:20PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:27AM – 12:25PM	Vanija Until 8:44PM	<b>Nataraja:</b> White		2nd Phase
			<b>Navami*</b> Until 8:44AM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 55
	Meena Rasi: 22.57	Tithi 25 – 26	<b>Gulika</b> 4:30AM – 6:29AM	<b>Revati</b> Until 6:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:30AM	Vilamba 5120
			Yama 2:24PM – 4:23PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:21PM	Moon 5 - Phase 8
	Routine Work	Prabalarishta Yoga	<b>Rahu</b> 8:28AM – 10:27AM	Bava Until 8:04PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 8:29AM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>	<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 11 Sutra 56
	Mesha Rasi: 6.26	Tithi 26 – 27	<b>Gulika</b> 4:24PM – 6:23PM	<b>Ashvini</b> Until 5:58PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	Vilamba 5120
			Yama 12:26PM – 2:25PM	Sobhana Until 2:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:21PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	<b>Rahu</b> 6:23PM – 8:21PM	Kaulava Until 6:36PM	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi*</b> Until 7:25AM	Moon – White		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>4</b>	<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Winterthur, Switzerland Sun 12 Sutra 57
	Mesha Rasi: 20.22	Tithi 28	<b>Gulika</b> 2:25PM – 4:24PM	<b>Bharani</b> Until 4:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:27AM – 12:26PM	Athiganda* Until 11:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:22PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	<b>Rahu</b> 6:29AM – 8:28AM	Gara Until 4:25PM	<b>Nataraja:</b> White		2nd Phase
			<b>Trayodashi*</b> Until 3:05AM Tue	Moon – White		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 13 Sutra 58
	Vrishabha Rasi: 4.44	Tithi 29	<b>Gulika</b> 12:26PM – 2:25PM	<b>Krittika</b> Until 2:29PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	Vilamba 5120
			Yama 8:28AM – 10:27AM	Sukarma Until 8:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:23PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	<b>Rahu</b> 4:24PM – 6:24PM	Visti Until 1:40PM	<b>Nataraja:</b> White		2nd Phase
			<b>Chaturdashi*</b> Until 12:06AM Wed	Moon – White		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

	<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 14 Sutra 59
	<b>Retreat Star</b>		<b>Gulika</b> 10:27AM – 12:26PM	<b>Rohini</b> Until 12:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Vilamba 5120
	Vrishabha Rasi: 19.27	Tithi 30	Yama 6:29AM – 8:28AM	Shula* Until 12:52AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 8:23PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	<b>Rahu</b> 12:26PM – 2:26PM	Catuspada Until 10:30AM	<b>Nataraja:</b> White		Amavasya
			<b>Amavasya*</b> Until 8:47PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>6</b>	<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 60
	<b>Retreat Star</b>		<b>Gulika</b> 8:28AM – 10:27AM	<b>Mrigashira</b> Until 9:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:29AM	Vilamba 5120
	Mithuna Rasi: 4.23	Tithi 1 – 2	Yama 4:29AM – 6:29AM	Ganda* Until 8:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:24PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	<b>Rahu</b> 2:26PM – 4:25PM	Kintughna Until 7:03AM	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 5:16PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM	

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 19.25	Tithi 2 – 3	<b>Gulika</b> 6:29AM – 8:28AM	<b>Ardra Until 6:46AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:29AM	Moon 5 - Phase 9	
339132361		Yama 4:25PM – 6:25PM	Vriddhi Until 4:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:24PM	3rd Phase	
Creative Work	Siddha Yoga	<b>Rahu</b> 10:27AM – 12:27PM	Taitila Until 12:02AM Sat	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
			<b>Dvitiya Until 1:44PM</b>	Moon – Yellow		Devaloka Time: 9:AM to12:PM	
				<b>Jyeshtha-Ani</b>			
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 4.24	Tithi 3 – 4	<b>Gulika</b> 4:29AM – 6:29AM	<b>Pushya Until 1:51AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:29AM	Moon 5 - Phase 9	
349132361		Yama 2:26PM – 4:26PM	Dhruva Until 1:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:25PM	3rd Phase	
Creative Work	Siddha Yoga	<b>Rahu</b> 8:28AM – 10:27AM	Vanija Until 8:44PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
			<b>Tritiya Until 10:20AM</b>	Moon – Blue		Devaloka Time: 9:AM to12:PM	
				<b>Jyeshtha-Ani</b>			
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 19.11	Tithi 4 – 5	<b>Gulika</b> 4:26PM – 6:26PM	<b>Ashlesha* Until 11:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:29AM	Moon 5 - Phase 9	
349132361		Yama 12:27PM – 2:27PM	Vyaghata* Until 9:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:25PM	3rd Phase	
Creative Work	Siddha Yoga	<b>Rahu</b> 6:26PM – 8:25PM	Balava Until 4:26AM Mon	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Until 11:40PM			<b>Chaturthi* Until 7:11AM</b>	Moon – Blue		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.42	Tithi 6	<b>Gulika</b> 2:27PM – 4:26PM	<b>Magha* Until 10:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:29AM	Moon 5 - Phase 9	
<b>Family Home Evening</b>		Yama 10:28AM – 12:27PM	Harshana Until 6:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:25PM	3rd Phase	
Routine Work	Marana Yoga	<b>Rahu</b> 6:29AM – 8:28AM	Kaulava Until 3:15PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Until 10:14PM			<b>Shashthi* Until 2:09AM Tue</b>	Moon – Red			
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.52	Tithi 7	<b>Gulika</b> 12:28PM – 2:27PM	<b>Purvaphalguni Until 9:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:29AM	Moon 5 - Phase 9	
359132361		Yama 8:28AM – 10:28AM	Siddhi Until 12:55AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 8:26PM	3rd Phase	
Creative Work	Siddha Yoga	<b>Rahu</b> 4:27PM – 6:26PM	Gara Until 1:15PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Until 9:12PM			<b>Saptami Until 12:27AM Wed</b>	Moon – Red			
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>			
<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 1.4	Tithi 8	<b>Gulika</b> 10:28AM – 12:28PM	<b>Uttaraphalguni Until 8:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:29AM	Moon 5 - Phase 9	
359132361		Yama 6:29AM – 8:29AM	Vyatipata* Until 11:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:26PM	Ashtami	
Creative Work	Amrita Yoga	<b>Rahu</b> 12:28PM – 2:27PM	Visti Until 11:49AM	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Until 8:36PM		<b>Chidambaram Abhishekam</b>	<b>Ashtami* Until 11:19PM</b>	Moon – Red			
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>			
<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 15.08	Tithi 9	<b>Gulika</b> 8:29AM – 10:28AM	<b>Hasta Until 8:54PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:30AM	Moon 5 - Phase 9	
369132361		Yama 4:30AM – 6:29AM	Variyan Until 9:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:26PM	Navami	
Routine Work	Marana Yoga	<b>Rahu</b> 2:28PM – 4:27PM	Balava Until 11:00AM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Until 8:54PM			<b>Navami* Until 10:47PM</b>	Moon – Green		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23    Sutra 68 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 10	<b>Gulika</b> 6:29AM – 8:29AM	<b>Chitra</b> <b>Until 9:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	
			Yama 4:27PM – 6:27PM	Parigha* <b>Until 8:32PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 8:26PM	Moon 5 - Phase 10
	361132361	<b>Rahu</b> 10:29AM – 12:28PM		Taitila <b>Until 10:45AM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 10:49PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24    Sutra 69 Vilamba 5120
	Tula Rasi: 11.08	Tithi 11	<b>Gulika</b> 4:30AM – 6:30AM	<b>Svati</b> <b>Until 10:38PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	
			Yama 2:28PM – 4:27PM	Shiva <b>Until 7:58PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	361132361	<b>Rahu</b> 8:29AM – 10:29AM		Vanija <b>Until 11:03AM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 11:21PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25    Sutra 70 Vilamba 5120
	Tula Rasi: 23.45	Tithi 12	<b>Gulika</b> 4:28PM – 6:27PM	<b>Vishakha</b> <b>Until 12:28AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:30AM	
			Yama 12:29PM – 2:28PM	Siddha <b>Until 7:45PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 6:27PM – 8:27PM		Bava <b>Until 11:50AM</b>	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> <b>Until 12:23AM Mon</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 12:28AM Mon				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26    Sutra 71 Vilamba 5120
	Vrischika Rasi: 6.1	Tithi 13	<b>Gulika</b> 2:28PM – 4:28PM	<b>Anuradha</b> <b>Until 2:33AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:31AM	
	<b>Family Home Evening</b>		Yama 10:29AM – 12:29PM	Sadhya <b>Until 7:52PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 6:30AM – 8:30AM		Kaulava <b>Until 1:05PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 1:50AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 2:33AM Tue				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27    Sutra 72 Vilamba 5120
	Vrischika Rasi: 18.24	Tithi 14	<b>Gulika</b> 12:29PM – 2:28PM	<b>Jyeshtha*</b> <b>Until 4:51AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:31AM	
			Yama 8:30AM – 10:30AM	Subha <b>Until 8:20PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 4:28PM – 6:27PM		Gara <b>Until 2:44PM</b>	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 3:40AM Wed</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sun 28    Sutra 73 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:30AM – 12:29PM	<b>Mula*</b> <b>Until 7:48AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:32AM	
	Dhanus Rasi: 0.29	Tithi 15	Yama 6:31AM – 8:30AM	Sukla <b>Until 9:01PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	381142361	<b>Rahu</b> 12:29PM – 2:29PM		Visti <b>Until 4:45PM</b>	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> <b>Until 5:51AM Thu</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 7:48AM Thu				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Winterthur, Switzerland Sun 29    Sutra 74 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:31AM – 10:30AM	<b>Mula*</b> <b>Until 7:48AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:32AM	
	Dhanus Rasi: 12.26	Tithi 16	Yama 4:32AM – 6:31AM	Brahma <b>Until 9:57PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	381142361	<b>Rahu</b> 2:29PM – 4:28PM		Balava <b>Until 7:03PM</b>	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 8:16AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Winterthur, Switzerland  
Sutra 75

Dhanus Rasi: 24.17 Tithi 16 – 17

381142361

**Gulika** 6:32AM – 8:31AM  
**Yama** 4:28PM – 6:27PM  
**Rahu** 10:30AM – 12:30PM

**Purvashadha\* Until 10:49AM**

Indra Until 11:02PM

Taitila Until 9:34PM

**Prathama\* Until 8:16AM**

**Ganesha:** Blue

**Muruqa:** Clear

**Nataraja:** White

Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:33AM

**Sunset:** 8:27PM

Moon 6 - Phase 11

1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 10:49AM

Then Routine Work - Marana Yoga

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 76

Makara Rasi: 6.05 Tithi 17 – 18

381242361

**Gulika** 4:33AM – 6:32AM  
**Yama** 2:29PM – 4:28PM  
**Rahu** 8:31AM – 10:31AM

**Uttarashadha Until 1:47PM**

Vaidhriti\* Until 12:09AM Sun

Vanija Until 12:10AM Sun

**Dvitiya Until 10:51AM**

**Ganesha:** Blue

**Muruqa:** Clear

**Nataraja:** White

Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:33AM

**Sunset:** 8:26PM

Moon 6 - Phase 11

1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Winterthur, Switzerland  
Sun 2 Sutra 77

Makara Rasi: 17.52 Tithi 18 – 19

391242361

**Gulika** 4:28PM – 6:27PM  
**Yama** 12:30PM – 2:29PM  
**Rahu** 6:27PM – 8:26PM

**Shravana Until 5:06PM**

Vishkambha\* Until 1:14AM Mon

Bava Until 2:43AM Mon

**Tritiya Until 1:26PM**

**Ganesha:** Red

**Muruqa:** Clear

**Nataraja:** White

Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:34AM

**Sunset:** 8:26PM

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 5:06PM

Then Routine Work - Marana Yoga

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 78

Makara Rasi: 29.41 Tithi 19 – 20

392242361

**Gulika** 2:29PM – 4:28PM  
**Yama** 10:31AM – 12:30PM  
**Rahu** 6:33AM – 8:32AM

**Dhanishtha Until 8:05PM**

Priti Until 2:10AM Tue

Kaulava Until 5:01AM Tue

**Chaturthi\* Until 3:53PM**

**Ganesha:** Yellow

**Muruqa:** Clear

**Nataraja:** White

Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:34AM

**Sunset:** 8:26PM

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 79

Kumbha Rasi: 11.35 Tithi 20

392242361

**Gulika** 12:30PM – 2:29PM  
**Yama** 8:33AM – 10:31AM  
**Rahu** 4:28PM – 6:27PM

**Shatabhishak Until 10:34PM**

Ayushman Until 2:46AM Wed

Taitila Until 6:00PM

**Panchami Until 6:00PM**

**Ganesha:** Yellow

**Muruqa:** Clear

**Nataraja:** White

Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:35AM

**Sunset:** 8:26PM

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 80

Kumbha Rasi: 23.4 Tithi 21

312242361

**Gulika** 10:32AM – 12:30PM  
**Yama** 6:34AM – 8:33AM  
**Rahu** 12:30PM – 2:29PM

**Purvaproshtapada\* Until 12:53AM Thu**

Saubhagya Until 2:58AM Thu

Gara Until 6:55AM

**Shashthi\* Until 7:38PM**

**Ganesha:** Orange

**Muruqa:** Clear

**Nataraja:** White

Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:35AM

**Sunset:** 8:25PM

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 12:53AM Thu

Then Creative Work - Siddha Yoga

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 81

Meena Rasi: 5.58 Tithi 22

312242361

**Gulika** 8:33AM – 10:32AM  
**Yama** 4:36AM – 6:35AM  
**Rahu** 2:29PM – 4:28PM

**Uttaraproshtapada Until 2:23AM Fri**

Sobhana Until 2:39AM Fri

Visti Until 8:15AM

**Saptami Until 8:38PM**

**Ganesha:** Orange

**Muruqa:** Clear

**Nataraja:** White

Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:36AM

**Sunset:** 8:25PM

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

**D**

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 82

Meena Rasi: 18.34 Tithi 23

312242361

**Gulika** 6:35AM – 8:34AM  
**Yama** 4:28PM – 6:26PM  
**Rahu** 10:32AM – 12:31PM

**Revati Until 2:59AM Sat**

Athiganda\* Until 1:43AM Sat

Balava Until 8:53AM

**Ashtami\* Until 8:54PM**

**Ganesha:** Orange

**Muruqa:** Clear

**Nataraja:** White

Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:37AM

**Sunset:** 8:25PM

Moon 6 - Phase 11

Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

**Saturday, July 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland  
Sun 8 Sutra 83

Mesha Rasi: 1.33 Tithi 24

422242361

**Gulika** 4:38AM – 6:36AM  
**Yama** 2:29PM – 4:28PM  
**Rahu** 8:34AM – 10:33AM

**Ashvini Until 3:07AM Sun**

Sukarma Until 12:09AM Sun

Taitila Until 8:44AM

**Navami\* Until 8:21PM**

**Ganesha:** Orange

**Muruqa:** Clear

**Nataraja:** White

Moon – White  
**Jyeshtha-Ani**

**Sunrise:** 4:38AM

**Sunset:** 8:24PM

Moon 6 - Phase 11

Navami

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 84 Vilamba 5120
Mesha Rasi: 14.58	Tithi 25	<b>Gulika</b> 4:27PM – 6:26PM	<b>Bharani Until 2:18AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:38AM
		Yama 12:31PM – 2:29PM	Dhruti Until 9:58PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:24PM
	422242361	<b>Rahu</b> 6:26PM – 8:24PM	Vanija Until 7:48AM	<b>Nataraja:</b> White
Routine Work	Prabalarishta Yoga		<b>Dashami Until 7:01PM</b>	Moon – White
Until 2:18AM Mon				<b>Jyeshtha-Ani</b>
Then Routine Work - Marana Yoga				<b>Devaloka Day</b>

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Kritika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 85 Vilamba 5120
Mesha Rasi: 28.49	Tithi 26 – 27	<b>Gulika</b> 2:29PM – 4:27PM	<b>Kritika Until 12:40AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:39AM
<b>Family Home Evening</b>		Yama 10:33AM – 12:31PM	Shula* Until 7:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:23PM
Routine Work	Marana Yoga	<b>Rahu</b> 6:37AM – 8:35AM	Bava Until 6:05AM	<b>Nataraja:</b> White
Until 12:40AM Tue			<b>Ekadashi* Until 4:57PM</b>	Moon – White
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>
				<b>Devaloka Day</b>

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 86 Vilamba 5120
Vrishabha Rasi: 13.07	Tithi 27 – 28	<b>Gulika</b> 12:31PM – 2:29PM	<b>Rohini Until 10:44PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:40AM
		Yama 8:36AM – 10:34AM	Ganda* Until 3:52PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:23PM
	432242361	<b>Rahu</b> 4:27PM – 6:25PM	Gara Until 12:44AM Wed	<b>Nataraja:</b> White
Creative Work	Amrita Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Yellow
Until 10:44PM				<b>Jyeshtha-Ani</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 87 Vilamba 5120
Vrishabha Rasi: 27.49	Tithi 28 – 29	<b>Gulika</b> 10:34AM – 12:32PM	<b>Mrigashira Until 8:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:41AM
		Yama 6:39AM – 8:36AM	Vridhi Until 12:11PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:22PM
	432242361	<b>Rahu</b> 12:32PM – 2:29PM	Visti Until 9:22PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:04AM</b>	Moon – Yellow
				<b>Jyeshtha-Ani</b>
				<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 88 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:37AM – 10:34AM	<b>Ardra Until 5:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:42AM
Mithuna Rasi: 12.48	Tithi 29 – 30	Yama 4:42AM – 6:39AM	Dhruva Until 8:12AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:21PM
		<b>Rahu</b> 2:29PM – 4:27PM	Naga Until 3:50AM Fri	<b>Nataraja:</b> White
Routine Work	Marana Yoga		<b>Chaturdashi* Until 7:33AM</b>	Moon – Yellow
Until 5:17PM				<b>Jyeshtha-Ani</b>
Then Creative Work - Amrita Yoga				<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 89 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:40AM – 8:37AM	<b>Punarvasu Until 2:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:43AM
Mithuna Rasi: 27.57	Tithi 1	Yama 4:26PM – 6:23PM	Harshana Until 11:55PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:21PM
		<b>Rahu</b> 10:35AM – 12:32PM	Kintughna Until 1:58PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		<b>Prathama* Until 12:05AM Sat</b>	Moon – Blue
Until 2:30PM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>
Then Routine Work - Marana Yoga				<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	<b>Gulika</b> 4:44AM – 6:41AM	<b>Pushya</b> <b>Until 11:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:44AM	Vilamba 5120	
		Yama 2:29PM – 4:26PM	Vajra* <b>Until 7:51PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:20PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 8:38AM – 10:35AM	Balava <b>Until 10:16AM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 8:28PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:38AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b> 4:26PM – 6:22PM	<b>Ashlesha*</b> <b>Until 8:51AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:45AM	Vilamba 5120	
		Yama 12:32PM – 2:29PM	Siddhi <b>Until 4:02PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:19PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 6:22PM – 8:19PM	Taitila <b>Until 6:46AM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 5:07PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:51AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	<b>Gulika</b> 2:29PM – 4:25PM	<b>Magha*</b> <b>Until 6:43AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:35AM – 12:32PM	Vyatipata* <b>Until 12:34PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:18PM	Moon 6 - Phase 13	
		453242361 <b>Rahu</b> 6:42AM – 8:39AM	Bava <b>Until 12:57AM Tue</b>	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> <b>Until 2:12PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 6:43AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Winterthur, Switzerland Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	<b>Gulika</b> 12:32PM – 2:28PM	<b>Uttaraphalguni</b> <b>Until 3:39AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:47AM	Vilamba 5120	
		Yama 8:39AM – 10:36AM	Varyan <b>Until 9:31AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:17PM	Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 4:25PM – 6:21PM	Kaulava <b>Until 10:53PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 11:49AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 3:39AM Wed				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	<b>Gulika</b> 10:36AM – 12:32PM	<b>Hasta</b> <b>Until 3:20AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM	Vilamba 5120	
		Yama 6:44AM – 8:40AM	Parigha* <b>Until 7:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:17PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 12:32PM – 2:28PM	Gara <b>Until 9:31PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> <b>Until 10:06AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 3:20AM Thu				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Winterthur, Switzerland Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	<b>Gulika</b> 8:41AM – 10:36AM	<b>Chitra</b> <b>Until 3:37AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 4:49AM – 6:45AM	Siddha <b>Until 3:45AM Fri</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:16PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 2:28PM – 4:24PM	Visli <b>Until 8:52PM</b>	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 9:05AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Winterthur, Switzerland Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	<b>Gulika</b> 6:46AM – 8:41AM	<b>Svati</b> <b>Until 4:26AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Vilamba 5120	
		Yama 4:24PM – 6:19PM	Sadhya <b>Until 2:58AM Sat</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:37AM – 12:32PM	Balava <b>Until 8:57PM</b>	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 8:48AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Winterthur, Switzerland Sun 22 Sutra 97	
Tula Rasi: 20.44	Tithi 9 – 10	<b>Gulika</b> 4:51AM – 6:46AM	<b>Vishakha</b> <b>Until 6:12AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vilamba 5120		
		Yama 2:28PM – 4:23PM	Subha Until 2:44AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:14PM	Moon 6 - Phase 14		
		473242362 <b>Rahu</b> 8:42AM – 10:37AM	Taitila Until 9:42PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga		<b>Navami* Until 9:13AM</b>	Moon – Orange		<b>Devaloka Day</b>		
Until 6:12AM Sun				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								


<b>2</b>		<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Winterthur, Switzerland Sun 23 Sutra 98	
Vrischika Rasi: 3.13	Tithi 10 – 11	<b>Gulika</b> 4:23PM – 6:18PM	<b>Vishakha</b> <b>Until 6:12AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Vilamba 5120		
		Yama 12:32PM – 2:27PM	Sukla Until 2:54AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 14		
		473242362 <b>Rahu</b> 6:18PM – 8:13PM	Vanija Until 11:02PM	<b>Nataraja:</b> Clear		4th Phase		
Routine Work	Marana Yoga		<b>Dashami Until 10:17AM</b>	Moon – Orange		<b>Devaloka Day</b>		
				<b>Ashada*Adi</b>				

<b>3</b>		<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vistit*/Bava Karana Ekadashi/Dvadashyam Titau			Winterthur, Switzerland Sun 24 Sutra 99	
Vrischika Rasi: 15.28	Tithi 11 – 12	<b>Gulika</b> 2:27PM – 4:22PM	<b>Anuradha</b> <b>Until 8:20AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama 10:38AM – 12:32PM	Brahma Until 3:26AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 14		
		473242362 <b>Rahu</b> 6:48AM – 8:43AM	Bava Until 12:52AM Tue	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:52AM</b>	Moon – Orange		<b>Devaloka Day</b>		
				<b>Ashada*Adi</b>				

<b>4</b>		<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Winterthur, Switzerland Sun 25 Sutra 100	
Vrischika Rasi: 27.32	Tithi 12 – 13	<b>Gulika</b> 12:32PM – 2:27PM	<b>Jyeshtha*</b> <b>Until 10:45AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	Vilamba 5120		
		Yama 8:43AM – 10:38AM	Indra Until 4:16AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 14		
		473242362 <b>Rahu</b> 4:21PM – 6:16PM	Kaulava Until 3:03AM Wed	<b>Nataraja:</b> Clear		4th Phase		
Routine Work	Marana Yoga		<b>Dvadashi Until 1:54PM</b>	Moon – Orange		<b>Devaloka Day</b>		
Until 10:45AM				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga								
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Winterthur, Switzerland Sun 26 Sutra 101	
Dhanus Rasi: 9.28	Tithi 13 – 14	<b>Gulika</b> 10:38AM – 12:32PM	<b>Mula*</b> <b>Until 1:48PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:56AM	Vilamba 5120		
		Yama 6:43AM – 8:44AM	Vaidhriti* Until 5:15AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 14		
		483342362 <b>Rahu</b> 12:32PM – 2:27PM	Gara Until 5:30AM Thu	<b>Nataraja:</b> Clear		4th Phase		
Routine Work	Marana Yoga		<b>Trayodashi Until 4:14PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Until 1:48PM				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga								

<b>6</b>		<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau			Winterthur, Switzerland Sun 27 Sutra 102	
Dhanus Rasi: 21.18	Tithi 14	<b>Gulika</b> 8:45AM – 10:39AM	<b>Purvashadha*</b> <b>Until 4:53PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:57AM	Vilamba 5120		
		Yama 4:57AM – 6:51AM	Vishkambha* Until 6:21AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 14		
		483342362 <b>Rahu</b> 2:26PM – 4:20PM	Vanija Until 6:46PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Until 4:53PM				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

		<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau			Winterthur, Switzerland Sutra 103	
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:52AM – 8:45AM	<b>Uttarashadha</b> <b>Until 7:52PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:58AM	Vilamba 5120		
Makara Rasi: 3.06	Tithi 15	Yama 4:20PM – 6:13PM	Vishkambha* Until 6:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:07PM	Moon 6 - Phase 14		
		483342362 <b>Rahu</b> 10:39AM – 12:32PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear		Purnima		
Routine Work	Marana Yoga		<b>Purnima* Until 9:21PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
				<b>Ashada*Adi</b>				
		<b>Total Lunar Eclipse</b>						
		<b>Satguru Purnima</b>						

<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau			Winterthur, Switzerland Sutra 104		
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:59AM – 6:52AM	<b>Shravana</b> <b>Until 11:08PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:59AM	Vilamba 5120	
Makara Rasi: 14.53	Tithi 16	Yama 2:26PM – 4:19PM	Priti Until 7:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 14	
		493342362 <b>Rahu</b> 8:46AM – 10:39AM	Balava Until 10:39AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:53PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 26.43 Tithi 17  
49342362 Rahu  
Routine Work Marana Yoga  
Until 2:03AM Mon  
Then Creative Work - Siddha Yoga

Gulika 4:18PM – 6:11PM  
Yama 12:32PM – 2:25PM  
Rahu 6:11PM – 8:04PM

**Dhanishtha Until 2:03AM Mon**  
Ayushman Until 8:29AM  
Taitila Until 1:06PM  
**Dvitiya Until 2:14AM Mon**

Ganesha: Blue Sunrise: 5:00AM  
Muruga: Clear Sunset: 8:04PM  
Nataraja: Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti\* Karana Trilyayam Titau

Winterthur, Switzerland  
Sun 2 Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 8.37 Tithi 18  
494342362 Rahu  
Family Home Evening  
Creative Work Siddha Yoga  
Until 4:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 2:25PM – 4:18PM  
Yama 10:40AM – 12:32PM  
Rahu 6:54AM – 8:47AM

**Shatabhishak Until 4:32AM Tue**  
Saubhagya Until 9:20AM  
Vanija Until 3:19PM  
**Tritiya Until 4:17AM Tue**

Ganesha: Blue Sunrise: 5:02AM  
Muruga: Clear Sunset: 8:03PM  
Nataraja: Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturtham Titau

Winterthur, Switzerland  
Sun 3 Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 20.39 Tithi 19  
414342362 Rahu  
Routine Work Marana Yoga  
Until 6:57AM Wed  
Then Creative Work - Siddha Yoga

Gulika 12:32PM – 2:25PM  
Yama 8:48AM – 10:40AM  
Rahu 4:17PM – 6:09PM

**Purvaproshtapada\* Until 6:57AM Wed**  
Sobhana Until 9:58AM  
Bava Until 5:11PM  
**Chaturthi\* Until 5:56AM Wed**

Ganesha: White Sunrise: 5:03AM  
Muruga: Clear Sunset: 8:02PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 2.5 Tithi 20  
414342362 Rahu  
Creative Work Amrita Yoga  
Until 6:57AM  
Then Creative Work - Siddha Yoga

Gulika 10:40AM – 12:32PM  
Yama 6:56AM – 8:48AM  
Rahu 12:32PM – 2:24PM

**Purvaproshtapada\* Until 6:57AM**  
Athiganda\* Until 10:14AM  
Kaulava Until 6:36PM  
**Panchami Until 7:06AM Thu**

Ganesha: White Sunrise: 5:04AM  
Muruga: Clear Sunset: 8:00PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Winterthur, Switzerland  
Sun 5 Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 15.14 Tithi 20 – 21  
414342362 Rahu  
Creative Work Siddha Yoga

Gulika 8:49AM – 10:40AM  
Yama 5:05AM – 6:57AM  
Rahu 2:24PM – 4:16PM

**Uttaraproshtapada Until 8:43AM**  
Sukarma Until 10:07AM  
Gara Until 7:29PM  
**Panchami Until 7:06AM**

Ganesha: White Sunrise: 5:05AM  
Muruga: Clear Sunset: 7:59PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visiti\* Karana Shashthi/Saplamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 27.53 Tithi 21 – 22  
414342362 Rahu  
Creative Work Siddha Yoga  
Until 9:46AM  
Then Creative Work - Amrita Yoga

Gulika 6:58AM – 8:49AM  
Yama 4:15PM – 6:06PM  
Rahu 10:41AM – 12:32PM

**Revati Until 9:46AM**  
Dhriti Until 9:34AM  
Visiti Until 7:45PM  
**Shashthi\* Until 7:41AM**

Ganesha: White Sunrise: 5:07AM  
Muruga: Clear Sunset: 7:58PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**Retreat Star**

**Saturday, August 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 10.51 Tithi 22 – 23  
424342362 Rahu  
Creative Work Siddha Yoga

Gulika 5:08AM – 6:59AM  
Yama 2:23PM – 4:14PM  
Rahu 8:50AM – 10:41AM

**Ashvini Until 10:30AM**  
Shula\* Until 8:28AM  
Balava Until 7:21PM  
**Saptami Until 7:37AM**

Ganesha: Clear Sunrise: 5:08AM  
Muruga: Clear Sunset: 7:56PM  
Nataraja: Clear  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

**Retreat Star**

**Sunday, August 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland  
Sun 8 Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 24.1 Tithi 23 – 24  
424342362 Rahu  
Routine Work Prabalarishta Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

Gulika 4:13PM – 6:04PM  
Yama 12:32PM – 2:23PM  
Rahu 6:04PM – 7:55PM

**Bharani Until 10:24AM**  
Ganda\* Until 6:50AM  
Taitila Until 6:16PM  
**Ashtami\* Until 6:53AM**

Ganesha: Clear Sunrise: 5:09AM  
Muruga: Clear Sunset: 7:55PM  
Nataraja: Clear  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 113 Vilamba 5120	
<b>1</b>		<b>Gulika</b> 2:22PM – 4:13PM	<b>Krittika Until 9:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:10AM
Vrishabha Rasi: 7.53	Tithi 25	Yama 10:41AM – 12:32PM	Dhruva Until 1:57AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:53PM
<b>Family Home Evening</b>	424342362	<b>Rahu</b> 7:01AM – 8:51AM	Vanija Until 4:31PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga		<b>Dashami Until 3:24AM Tue</b>	Moon – White	2nd Phase
Until 9:29AM				<b>Ashada-Adi</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 114 Vilamba 5120	
<b>2</b>		<b>Gulika</b> 12:32PM – 2:22PM	<b>Rohini Until 8:13AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:12AM
Vrishabha Rasi: 22	Tithi 26	Yama 8:52AM – 10:42AM	Vyaghata* Until 10:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:52PM
	434342362	<b>Rahu</b> 4:12PM – 6:02PM	Bava Until 2:10PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga		<b>Ekadashi* Until 12:46AM Wed</b>	Moon – Yellow	2nd Phase
Until 8:13AM				<b>Ashada-Adi</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 115 Vilamba 5120	
<b>3</b>		<b>Gulika</b> 10:42AM – 12:32PM	<b>Mrigashira Until 6:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM
Mithuna Rasi: 6.29	Tithi 27	Yama 7:03AM – 8:52AM	Harshana Until 7:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:50PM
	434342362	<b>Rahu</b> 12:32PM – 2:21PM	Kaulava Until 11:17AM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Siddha Yoga		<b>Dvadashi* Until 9:40PM</b>	Moon – Yellow	2nd Phase
				<b>Ashada-Adi</b>	<b>Devaloka Day</b>

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 12 Sutra 116 Vilamba 5120	
<b>4</b>		<b>Gulika</b> 8:53AM – 10:42AM	<b>Punarvasu Until 1:12AM Fri</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:14AM
Mithuna Rasi: 21.19	Tithi 28	Yama 5:14AM – 7:04AM	Vajra* Until 3:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:49PM
	444342362	<b>Rahu</b> 2:21PM – 4:10PM	Gara Until 8:00AM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga		<b>Trayodashi* Until 6:14PM</b>	Moon – Blue	2nd Phase
Until 1:12AM Fri				<b>Ashada-Adi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					
<i>Pradosha Vrata (Fasting)</i>					

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 117 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 7:04AM – 8:53AM	<b>Pushya Until 10:22PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:16AM
Kataka Rasi: 6.2	Tithi 29 – 30	Yama 4:09PM – 5:58PM	Siddhi Until 11:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:47PM
	444342362	<b>Rahu</b> 10:42AM – 12:31PM	Catuspada Until 12:48AM Sat	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga		<b>Chaturdashi* Until 2:37PM</b>	Moon – Blue	Amavasya
				<b>Ashada-Adi</b>	<b>Devaloka Day</b>

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 118 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 5:17AM – 7:05AM	<b>Ashlesha* Until 7:25PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:17AM
Kataka Rasi: 21.28	Tithi 30 – 1	Yama 2:20PM – 4:08PM	Vyatipata* Until 7:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:45PM
	445342362	<b>Rahu</b> 8:54AM – 10:43AM	Kintughna Until 9:10PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga		<b>Amavasya* Until 10:57AM</b>	Moon – Blue	Prathama
Until 7:25PM		<b>Partial Solar Eclipse</b>		<b>Sravana-Adi</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 – 2	<b>Gulika</b> 4:07PM – 5:56PM	<b>Magha* Until 4:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	
		Yama 12:31PM – 2:19PM	Parigha* Until 11:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 5:56PM – 7:44PM	Kaulava Until 4:07AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 7:24AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 4:56PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	<b>Gulika</b> 2:19PM – 4:06PM	<b>Purvaphalguni Until 2:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	
<b>Family Home Evening</b>		Yama 10:43AM – 12:31PM	Shiva Until 7:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 7:07AM – 8:55AM	Tailila Until 2:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 1:16AM Tue</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Vishti* Karana Chaturthyam Titau				Winterthur, Switzerland Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	<b>Gulika</b> 12:31PM – 2:18PM	<b>Uttaraphalguni Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
		Yama 8:56AM – 10:43AM	Siddha Until 4:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 4:06PM – 5:53PM	Vanija Until 12:03PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 10:58PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 12:42PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	<b>Gulika</b> 10:43AM – 12:30PM	<b>Hasta Until 11:42AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:22AM	
		Yama 7:09AM – 8:56AM	Sadhya Until 2:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 12:30PM – 2:17PM	Bava Until 10:05AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 11:42AM		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	<b>Gulika</b> 8:57AM – 10:44AM	<b>Chitra Until 11:17AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:23AM	
		Yama 5:23AM – 7:10AM	Subha Until 12:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 2:17PM – 4:04PM	Kaulava Until 8:52AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 11:17AM				<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>6 Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	<b>Gulika</b> 7:11AM – 8:57AM	<b>Svati Until 11:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:25AM	
		Yama 4:03PM – 5:49PM	Sukla Until 11:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 17
	565342362	<b>Rahu</b> 10:44AM – 12:30PM	Gara Until 8:26AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 8:31PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Vishti*/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	<b>Gulika</b> 5:26AM – 7:12AM	<b>Vishakha Until 12:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:26AM	
		Yama 2:16PM – 4:02PM	Brahma Until 10:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 17
	575342362	<b>Rahu</b> 8:58AM – 10:44AM	Vishti Until 8:50AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	<b>Gulika</b> 4:01PM – 5:46PM	<b>Anuradha Until 2:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	
		Yama 12:30PM – 2:15PM	Indra Until 10:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 17
	575442362	<b>Rahu</b> 5:46PM – 7:32PM	Balava Until 9:58AM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami* Until 10:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


<b>1</b>	<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 127 Vilamba 5120
	Vrischika Rasi: 24.23	Tithi 10	<b>Gulika</b> 2:14PM – 4:00PM	<b>Jyeshtha* Until 5:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	
	<b>Family Home Evening</b>	575442362	Yama 10:44AM – 12:29PM	Vaidhriti* Until 10:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 18
	Creative Work Siddha Yoga		<b>Rahu</b> 7:14AM – 8:59AM	Taitila Until 11:44AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 12:47AM Tue</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana•Avani</b>			

<b>2</b>	<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 128 Vilamba 5120
	Dhanus Rasi: 6.23	Tithi 11	<b>Gulika</b> 12:29PM – 2:14PM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:30AM	
		586442362	Yama 9:00AM – 10:44AM	Vishkambha* Until 11:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 18
	Creative Work Amrita Yoga		<b>Rahu</b> 3:59PM – 5:43PM	Vanija Until 1:58PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:02PM			<b>Ekadashi Until 3:11AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana•Avani</b>			

<b>3</b>	<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 129 Vilamba 5120
	Dhanus Rasi: 18.14	Tithi 12	<b>Gulika</b> 10:44AM – 12:29PM	<b>Purvashadha* Until 11:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM	
		586442362	Yama 7:16AM – 9:00AM	Priti Until 12:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 18
	Creative Work Amrita Yoga		<b>Rahu</b> 12:29PM – 2:13PM	Bava Until 4:29PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 5:46AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Sravana•Avani</b>			

<b>4</b>	<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 130 Vilamba 5120
	Makara Rasi: 0.02	Tithi 13	<b>Gulika</b> 9:01AM – 10:45AM	<b>Uttarashadha Until 2:07AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	
		586442362	Yama 5:33AM – 7:17AM	Ayushman Until 1:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 18
	Routine Work Marana Yoga		<b>Rahu</b> 2:13PM – 3:57PM	Kaulava Until 7:06PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi Until 8:22AM Fri</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Sravana•Avani</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 131 Vilamba 5120
	Makara Rasi: 11.49	Tithi 13 – 14	<b>Gulika</b> 7:18AM – 9:01AM	<b>Shravana Until 5:19AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	
		596442362	Yama 3:55PM – 5:39PM	Saubhagya Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 18
	Routine Work Marana Yoga		<b>Rahu</b> 10:45AM – 12:28PM	Gara Until 9:38PM	<b>Nataraja:</b> Clear		4th Phase
Until 5:19AM Sat			<b>Trayodashi Until 8:22AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Sravana•Avani</b>			

	<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sun 28 Sutra 132 Vilamba 5120
	Makara Rasi: 23.4	Tithi 14 – 15	<b>Gulika</b> 5:35AM – 7:18AM	<b>Dhanishtha Until 8:07AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:35AM	
		596442362	Yama 2:11PM – 3:54PM	Sobhana Until 3:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 18
	Creative Work Siddha Yoga		<b>Rahu</b> 9:02AM – 10:45AM	Visti Until 11:58PM	<b>Nataraja:</b> Clear		Purnima
		<b>Raksha Bandhan</b>	<b>Chaturdashi* Until 10:49AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Sravana•Avani</b>			

<b>Silver Retreat Star</b>	<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sun 29 Sutra 133 Vilamba 5120
	Kumbha Rasi: 6	Tithi 15 – 16	<b>Gulika</b> 3:53PM – 5:36PM	<b>Dhanishtha Until 8:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM	
		596442362	Yama 12:28PM – 2:11PM	Athiganda* Until 4:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 18
	Routine Work Marana Yoga		<b>Rahu</b> 5:36PM – 7:19PM	Balava Until 1:58AM Mon	<b>Nataraja:</b> Clear		Prathama
Until 8:07AM			<b>Purnima* Until 12:59PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Avani Avittam</b>		<b>Sravana•Avani</b>			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 27, 2018**  
**Gold Retreat Star**

Kumbha Rasi: 17.4 Tithi 16 – 17  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:25AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarna/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 2:10PM – 3:52PM  
Yama 10:45AM – 12:27PM  
**Rahu** 7:20AM – 9:03AM

**Shatabhishak Until 10:25AM**  
Sukarna Until 4:43PM  
Taitila Until 3:35AM Tue  
**Prathama\* Until 2:48PM**

**Ganesha:** White *Sunrise: 5:38AM*  
**Muruqa:** Clear *Sunset: 7:17PM*  
**Nataraja:** Clear  
Moon – Purple

Winterthur, Switzerland  
Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Subha Sivaloka Day**

**Sravana-Avani**

**1**

**Tuesday, August 28, 2018**

Kumbha Rasi: 29.54 Tithi 17 – 18  
517452363  
Routine Work Marana Yoga  
Until 12:39PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 12:27PM – 2:09PM  
Yama 9:03AM – 10:45AM  
**Rahu** 3:51PM – 5:33PM

**Purvaprosarthapada\* Until 12:39PM**  
Dhriti Until 4:50PM  
Vanija Until 4:46AM Wed  
**Dvitiya Until 4:12PM**

**Ganesha:** Clear *Sunrise: 5:39AM*  
**Muruqa:** Purple *Sunset: 7:15PM*  
**Nataraja:** Purple  
Moon – Clear

Winterthur, Switzerland  
Sun 1 Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Sravana-Avani**

**2**

**Wednesday, August 29, 2018**

Meena Rasi: 12.19 Tithi 18 – 19  
517452363  
Creative Work Siddha Yoga  
Until 2:18PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 10:45AM – 12:27PM  
Yama 7:22AM – 9:04AM  
**Rahu** 12:27PM – 2:08PM

**Uttaraprosarthapada Until 2:18PM**  
Shula\* Until 4:34PM  
Bava Until 5:30AM Thu  
**Tritiya Until 5:10PM**

**Ganesha:** Clear *Sunrise: 5:41AM*  
**Muruqa:** Purple *Sunset: 7:13PM*  
**Nataraja:** Purple  
Moon – Clear

Winterthur, Switzerland  
Sun 2 Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Sravana-Avani**

**3**

**Thursday, August 30, 2018**

Meena Rasi: 24.56 Tithi 19 – 20  
517452363  
Creative Work Siddha Yoga  
Until 3:21PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 9:04AM – 10:45AM  
Yama 5:42AM – 7:23AM  
**Rahu** 2:08PM – 3:49PM

**Revati Until 3:21PM**  
Ganda\* Until 3:58PM  
Kaulava Until 5:47AM Fri  
**Chaturthi\* Until 5:41PM**

**Ganesha:** Clear *Sunrise: 5:42AM*  
**Muruqa:** Purple *Sunset: 7:11PM*  
**Nataraja:** Purple  
Moon – Clear

Winterthur, Switzerland  
Sun 3 Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Sravana-Avani**

**4**

**Friday, August 31, 2018**

Mesha Rasi: 7.46 Tithi 20 – 21  
527452363  
Creative Work Amrita Yoga  
Until 4:16PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 7:24AM – 9:05AM  
Yama 3:48PM – 5:29PM  
**Rahu** 10:46AM – 12:26PM

**Ashvini Until 4:16PM**  
Vridhi Until 3:01PM  
Gara Until 5:35AM Sat  
**Panchami Until 5:43PM**

**Ganesha:** Purple *Sunrise: 5:43AM*  
**Muruqa:** Purple *Sunset: 7:09PM*  
**Nataraja:** Purple  
Moon – White

Winterthur, Switzerland  
Sun 4 Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**Sravana-Avani**

**5**

**Saturday, September 1, 2018**

Mesha Rasi: 20.5 Tithi 21 – 22  
527452363  
Creative Work Siddha Yoga  
Until 4:32PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 5:45AM – 7:25AM  
Yama 2:06PM – 3:47PM  
**Rahu** 9:05AM – 10:46AM

**Bharani Until 4:32PM**  
Dhruva Until 1:40PM  
Visti Until 4:53AM Sun  
**Shashthi\* Until 5:17PM**

**Ganesha:** Purple *Sunrise: 5:45AM*  
**Muruqa:** Purple *Sunset: 7:07PM*  
**Nataraja:** Purple  
Moon – White

Winterthur, Switzerland  
Sun 5 Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**Sravana-Avani**

**6**

**Sunday, September 2, 2018**

Vrishabha Rasi: 4.1 Tithi 22 – 23  
527452363  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 3:46PM – 5:25PM  
Yama 12:26PM – 2:06PM  
**Rahu** 5:25PM – 7:05PM

**Krittika Until 4:11PM**  
Vyaghata\* Until 11:55AM  
Balava Until 3:41AM Mon  
**Saptami Until 4:20PM**

**Ganesha:** Purple *Sunrise: 5:46AM*  
**Muruqa:** Purple *Sunset: 7:05PM*  
**Nataraja:** Purple  
Moon – White

Winterthur, Switzerland  
Sun 6 Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**Sravana-Avani**

**D**

**Monday, September 3, 2018**  
**Retreat Star**

Vrishabha Rasi: 17.47 Tithi 23 – 24  
537452363  
**Family Home Evening**  
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:05PM – 3:44PM  
Yama 10:46AM – 12:25PM  
**Rahu** 7:27AM – 9:06AM

**Rohini Until 3:36PM**  
Harshana Until 9:47AM  
Taitila Until 2:00AM Tue  
**Ashtami\* Until 2:53PM**

**Ganesha:** Clear *Sunrise: 5:47AM*  
**Muruqa:** Purple *Sunset: 7:03PM*  
**Nataraja:** Purple  
Moon – Yellow

Winterthur, Switzerland  
Sun 7 Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Sravana-Avani**

**Krishna Janmashtami**

**Tuesday, September 4, 2018**

**Retreat Star**

Mithuna Rasi: 1.43 Tithi 24 – 25  
538452363  
Creative Work Siddha Yoga  
Until 2:24PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 12:25PM – 2:04PM  
Yama 9:07AM – 10:46AM  
**Rahu** 3:43PM – 5:22PM

**Mrigashira Until 2:24PM**  
Vajra\* Until 7:12AM  
Vanija Until 11:49PM  
**Navami\* Until 12:57PM**

**Ganesha:** White *Sunrise: 5:49AM*  
**Muruqa:** Purple *Sunset: 7:01PM*  
**Nataraja:** Purple  
Moon – Yellow

Winterthur, Switzerland  
Sun 8 Sutra 142  
Vilamba 5120  
Moon 8 - Phase 19  
Navami

**Devaloka Day**

**Sravana-Avani**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Winterthur, Switzerland Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.56	Tithi 25 – 26	<b>Gulika</b>	<b>10:46AM – 12:25PM</b>	<b>Ardra Until 12:37PM</b>	<b>Ganesha: White</b>	Sunrise: 5:50AM
			Yama	7:29AM – 9:07AM	Vyatipata* Until 1:00AM Thu	<b>Muruqa: Purple</b>	Sunset: 6:59PM
	Creative Work	Siddha Yoga	538452363 <b>Rahu</b>	<b>12:25PM – 2:03PM</b>	Bava Until 9:13PM	<b>Nataraja: Purple</b>	Moon 8 - Phase 20 2nd Phase
			<b>Dashami Until 10:33AM</b>		<b>Sravana-Avani</b>	<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 0.26	Tithi 26 – 27	<b>Gulika</b>	<b>9:08AM – 10:46AM</b>	<b>Punarvasu Until 10:43AM</b>	<b>Ganesha: Yellow</b>	Sunrise: 5:51AM
			Yama	5:51AM – 7:29AM	Variyan Until 9:27PM	<b>Muruqa: Purple</b>	Sunset: 6:57PM
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b>	<b>2:03PM – 3:41PM</b>	Kaulava Until 6:17PM	<b>Nataraja: Purple</b>	Moon 8 - Phase 20 2nd Phase
			<b>Ekadashi* Until 7:46AM</b>		<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Winterthur, Switzerland Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 15.1	Tithi 28	<b>Gulika</b>	<b>7:30AM – 9:08AM</b>	<b>Pushya Until 8:24AM</b>	<b>Ganesha: Yellow</b>	Sunrise: 5:52AM
			Yama	3:40PM – 5:18PM	Parigha* Until 5:43PM	<b>Muruqa: Purple</b>	Sunset: 6:55PM
	Routine Work	Marana Yoga	548452363 <b>Rahu</b>	<b>10:46AM – 12:24PM</b>	Gara Until 3:07PM	<b>Nataraja: Purple</b>	Moon 8 - Phase 20 2nd Phase
			<b>Trayodashi* Until 1:28AM Sat</b>		<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	
<i>Pradosha Vrata (Fasting)</i>							

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 146 Vilamba 5120
	Simha Rasi: 0.01	Tithi 29	<b>Gulika</b>	<b>5:54AM – 7:31AM</b>	<b>Magha* Until 3:28AM Sun</b>	<b>Ganesha: Red</b>	Sunrise: 5:54AM
			Yama	2:01PM – 3:39PM	Shiva Until 1:56PM	<b>Muruqa: Purple</b>	Sunset: 6:53PM
	Creative Work	Amrita Yoga	558452363 <b>Rahu</b>	<b>9:09AM – 10:46AM</b>	Visti Until 11:50AM	<b>Nataraja: Purple</b>	Moon 8 - Phase 20 2nd Phase
			<b>Chaturdashi* Until 10:11PM</b>		<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 147 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b>	<b>3:37PM – 5:14PM</b>	<b>Purvaphalguni Until 1:08AM Mon</b>	<b>Ganesha: Red</b>	Sunrise: 5:55AM
	Simha Rasi: 14.53	Tithi 30	Yama	12:23PM – 2:00PM	Siddha Until 10:09AM	<b>Muruqa: Purple</b>	Sunset: 6:51PM
	Creative Work	Siddha Yoga	558452363 <b>Rahu</b>	<b>5:14PM – 6:51PM</b>	Catuspada Until 8:35AM	<b>Nataraja: Purple</b>	Moon 8 - Phase 20 Amavasya
			<b>Grandparent's Day</b>	<b>Amavasya* Until 7:00PM</b>	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>Retreat Star</b>	<b>Monday, September 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.37	Tithi 1 – 2	<b>Gulika</b>	<b>2:00PM – 3:36PM</b>	<b>Uttaraphalguni Until 10:58PM</b>	<b>Ganesha: Blue</b>	Sunrise: 5:56AM
	<b>Family Home Evening</b>		Yama	10:46AM – 12:23PM	Sadhya Until 6:32AM	<b>Muruqa: Purple</b>	Sunset: 6:49PM
	Creative Work	Siddha Yoga	559452363 <b>Rahu</b>	<b>7:33AM – 9:10AM</b>	Balava Until 2:46AM Tue	<b>Nataraja: Purple</b>	Moon 8 - Phase 20 Prathama
			<b>Prathama* Until 4:04PM</b>		<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Tithi 2 – 3	<b>Gulika</b> 12:23PM – 1:59PM	<b>Hasta</b> <b>Until 9:33PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:58AM	
			Yama 9:10AM – 10:46AM	Sukla <b>Until 12:17AM</b> Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 3:35PM – 5:11PM	Taitila <b>Until 12:31AM</b> Wed		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 1:34PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Winterthur, Switzerland Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 3 – 4	<b>Gulika</b> 10:46AM – 12:22PM	<b>Chitra</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM	
			Yama 7:35AM – 9:11AM	Brahma <b>Until 9:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 12:22PM – 1:58PM	Vanija <b>Until 10:54PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 11:37AM</b>	Moon – Green		<b>Bhuloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Tithi 4 – 5	<b>Gulika</b> 9:11AM – 10:47AM	<b>Svati</b> <b>Until 8:12PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	
			Yama 6:00AM – 7:36AM	Indra <b>Until 8:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 21
	569552363	<b>Rahu</b> 1:57PM – 3:33PM	Bava <b>Until 10:02PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> <b>Until 10:21AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 8:12PM				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Tithi 5 – 6	<b>Gulika</b> 7:37AM – 9:12AM	<b>Vishakha</b> <b>Until 8:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	
			Yama 3:31PM – 5:06PM	Vaidhriti* <b>Until 6:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 10:47AM – 12:22PM	Kaulava <b>Until 9:59PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 9:53AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Tithi 6 – 7	<b>Gulika</b> 6:03AM – 7:38AM	<b>Anuradha</b> <b>Until 10:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	
			Yama 1:56PM – 3:30PM	Vishkambha* <b>Until 6:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 9:12AM – 10:47AM	Gara <b>Until 10:46PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 10:15AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:29PM – 5:03PM	<b>Jyeshtha*</b> <b>Until 12:14AM</b> Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	
	Vrischika Rasi: 20.37	Tithi 7 – 8	Yama 12:21PM – 1:55PM	Priti <b>Until 6:27PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 5:03PM – 6:37PM	Visti <b>Until 12:17AM</b> Mon		<b>Nataraja:</b> Purple		Ashtami
Routine Work	Marana Yoga		<b>Saptami</b> <b>Until 11:25AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 12:14AM Mon				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

M	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:54PM – 3:28PM	<b>Mula*</b> <b>Until 3:04AM</b> Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	
	Dhanus Rasi: 2.49	Tithi 8 – 9	Yama 10:47AM – 12:20PM	Ayushman <b>Until 6:59PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 21
	589552363	<b>Rahu</b> 7:39AM – 9:13AM	Balava <b>Until 2:24AM</b> Tue		<b>Nataraja:</b> Purple		Navami
Family Home Evening			<b>Ashtami*</b> <b>Until 1:16PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga			<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22 Sutra 156 Vilamba 5120
	Dhanus Rasi: 14.46	Tithi 9 – 10	<b>Gulika</b> 12:20PM – 1:53PM Yama 9:14AM – 10:47AM 581552363 <b>Rahu</b> 3:27PM – 5:00PM	<b>Purvashadha* Until 6:06AM Wed</b> Saubhagya Until 7:52PM Taitila Until 4:54AM Wed <b>Navami* Until 3:36PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 6:07AM <b>Sunset:</b> 6:33PM	Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga Until 6:06AM Wed Then Creative Work - Amrita Yoga			<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

2	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 26.37	Tithi 10	<b>Gulika</b> 10:47AM – 12:20PM Yama 7:41AM – 9:14AM 581552363 <b>Rahu</b> 12:20PM – 1:53PM	<b>Purvashadha* Until 6:06AM</b> Sobhana Until 8:56PM Gara Until 6:12PM <b>Dashami Until 6:12PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 6:08AM <b>Sunset:</b> 6:31PM	Moon 8 - Phase 22 4th Phase
Creative Work Amrita Yoga			<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

3	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 8.24	Tithi 11	<b>Gulika</b> 9:15AM – 10:47AM Yama 6:10AM – 7:42AM 581552363 <b>Rahu</b> 1:52PM – 3:24PM	<b>Uttarashadha Until 9:04AM</b> Athiganda* Until 9:58PM Vanija Until 7:32AM <b>Ekadashi Until 8:48PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 6:10AM <b>Sunset:</b> 6:29PM	Moon 8 - Phase 22 4th Phase
Routine Work Marana Yoga Until 9:04AM Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

4	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 20.13	Tithi 12	<b>Gulika</b> 7:43AM – 9:15AM Yama 3:23PM – 4:55PM 591552363 <b>Rahu</b> 10:47AM – 12:19PM	<b>Shravana Until 12:16PM</b> Sukarma Until 10:51PM Bava Until 10:04AM <b>Dvadashi Until 11:13PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 6:11AM <b>Sunset:</b> 6:27PM	Moon 8 - Phase 22 4th Phase
Routine Work Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>				

5	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 160 Vilamba 5120
	Kumbha Rasi: 2.08	Tithi 13	<b>Gulika</b> 6:12AM – 7:44AM Yama 1:50PM – 3:22PM 591552363 <b>Rahu</b> 9:16AM – 10:47AM	<b>Dhanishtha Until 3:01PM</b> Dhriti Until 11:28PM Kaulava Until 12:19PM <b>Trayodashi Until 1:16AM Sun</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 6:12AM <b>Sunset:</b> 6:25PM	Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga Until 3:01PM Then Creative Work - Amrita Yoga			<b>Devaloka Day</b>				

6	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 14.13	Tithi 14	<b>Gulika</b> 3:21PM – 4:52PM Yama 12:18PM – 1:49PM 591552363 <b>Rahu</b> 4:52PM – 6:23PM	<b>Shatabhishak Until 5:11PM</b> Shula* Until 11:42PM Gara Until 2:09PM <b>Chaturdashi* Until 2:51AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 6:23PM	Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga Chidambaram Abhishekam Kadaitswami Mahasamadhi			<b>Devaloka Day</b>				

O	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sutra 162 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:49PM – 3:19PM Yama 10:47AM – 12:18PM 511552363 <b>Rahu</b> 7:46AM – 9:17AM	<b>Purvaproshtapada* Until 7:11PM</b> Ganda* Until 11:34PM Visti Until 3:28PM <b>Purnima* Until 3:55AM Tue</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 6:21PM	Moon 8 - Phase 22 Purnima
Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>				

O	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sutra 163 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:18PM – 1:48PM Yama 9:17AM – 10:47AM 511552363 <b>Rahu</b> 3:18PM – 4:49PM	<b>Uttaraproshtapada Until 8:31PM</b> Vriddhi Until 11:02PM Balava Until 4:16PM <b>Prathama* Until 4:28AM Wed</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 6:16AM <b>Sunset:</b> 6:19PM	Moon 8 - Phase 22 Prathama
Creative Work Amrita Yoga Until 8:31PM Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>				



Wednesday, September 26, 2018

**Gold Retreat Star**

Meena Rasi: 21.43      Tithi 17  
511552363  
Routine Work      Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 10:47AM – 12:17PM  
**Yama** 7:48AM – 9:17AM  
**Rahu** 12:17PM – 1:47PM

**Revati Until 9:14PM**

Dhruva Until 10:06PM  
Taitila Until 4:35PM  
**Dvitiya Until 4:33AM Thu**

**Ganesha:** Purple      *Sunrise:* 6:18AM  
**Muruqa:** Purple      *Sunset:* 6:17PM  
**Nataraja:** Purple  
Moon – Clear

**Devaloka Day**

**Bhadrapada-Puratasi**

Winterthur, Switzerland  
Sutra 164  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**1**

Thursday, September 27, 2018

Mesha Rasi: 4.4      Tithi 18  
521552363  
Creative Work      Amrita Yoga  
Until 9:50PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 9:18AM – 10:47AM  
**Yama** 6:19AM – 7:49AM  
**Rahu** 1:46PM – 3:16PM

**Ashvini Until 9:50PM**

Vyaghata\* Until 8:51PM  
Vanija Until 4:28PM  
**Tritiya Until 4:14AM Fri**

**Ganesha:** Clear      *Sunrise:* 6:19AM  
**Muruqa:** Purple      *Sunset:* 6:15PM  
**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 9:AM to 12:PM

Winterthur, Switzerland  
Sun 1      Sutra 165  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**2**

Friday, September 28, 2018

Mesha Rasi: 17.49      Tithi 19  
622552363  
Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 7:49AM – 9:19AM  
**Yama** 3:15PM – 4:44PM  
**Rahu** 10:48AM – 12:17PM

**Bharani Until 9:55PM**

Harshana Until 7:19PM  
Bava Until 3:57PM  
**Chaturthi\* Until 3:33AM Sat**

**Ganesha:** Clear      *Sunrise:* 6:20AM  
**Muruqa:** Purple      *Sunset:* 6:13PM  
**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Winterthur, Switzerland  
Sun 2      Sutra 166  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**3**

Saturday, September 29, 2018

Vrishabha Rasi: 1.1      Tithi 20  
622552363  
Creative Work      Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 6:22AM – 7:50AM  
**Yama** 1:45PM – 3:14PM  
**Rahu** 9:19AM – 10:48AM

**Krittika Until 9:32PM**

Vajra\* Until 5:29PM  
Kaulava Until 3:06PM  
**Panchami Until 2:33AM Sun**

**Ganesha:** Clear      *Sunrise:* 6:22AM  
**Muruqa:** Purple      *Sunset:* 6:11PM  
**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Winterthur, Switzerland  
Sun 3      Sutra 167  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**4**

Sunday, September 30, 2018

Vrishabha Rasi: 14.41      Tithi 21  
632552363  
Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 3:12PM – 4:41PM  
**Yama** 12:16PM – 1:44PM  
**Rahu** 4:41PM – 6:09PM

**Rohini Until 9:09PM**

Siddhi Until 3:26PM  
Gara Until 1:57PM  
**Shashthi\* Until 1:15AM Mon**

**Ganesha:** Purple      *Sunrise:* 6:23AM  
**Muruqa:** Purple      *Sunset:* 6:09PM  
**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Winterthur, Switzerland  
Sun 4      Sutra 168  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**5**

Monday, October 1, 2018

Vrishabha Rasi: 28.23      Tithi 22  
632552363  
**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 8:21PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 1:43PM – 3:11PM  
**Yama** 10:48AM – 12:16PM  
**Rahu** 7:52AM – 9:20AM

**Mrigashira Until 8:21PM**

Vyatipata\* Until 1:09PM  
Visti Until 12:31PM  
**Saptami Until 11:40PM**

**Ganesha:** Purple      *Sunrise:* 6:24AM  
**Muruqa:** Purple      *Sunset:* 6:07PM  
**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Winterthur, Switzerland  
Sun 5      Sutra 169  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**D**

Tuesday, October 2, 2018

**Retreat Star**

Mithuna Rasi: 12.15      Tithi 23  
632552363  
Routine Work      Marana Yoga  
Until 7:07PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 12:15PM – 1:43PM  
**Yama** 9:21AM – 10:48AM  
**Rahu** 3:10PM – 4:37PM

**Ardra Until 7:07PM**

Variyan Until 10:38AM  
Balava Until 10:48AM  
**Ashtami\* Until 9:49PM**

**Ganesha:** Purple      *Sunrise:* 6:26AM  
**Muruqa:** Purple      *Sunset:* 6:05PM  
**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Winterthur, Switzerland  
Sun 6      Sutra 170  
Vilamba 5120  
Moon 9 - Phase 23  
Ashtami

Wednesday, October 3, 2018

**Retreat Star**

Mithuna Rasi: 26.17      Tithi 24  
642552363  
Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 10:48AM – 12:15PM  
**Yama** 7:54AM – 9:21AM  
**Rahu** 12:15PM – 1:42PM

**Punarvasu Until 5:54PM**

Parigha\* Until 7:54AM  
Taitila Until 8:49AM  
**Navami\* Until 7:42PM**

**Ganesha:** Clear      *Sunrise:* 6:27AM  
**Muruqa:** Purple      *Sunset:* 6:03PM  
**Nataraja:** Purple  
Moon – Blue

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Winterthur, Switzerland  
Sun 7      Sutra 171  
Vilamba 5120  
Moon 9 - Phase 23  
Navami

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 10.3	Tithi 25 – 26	<b>Gulika</b> 9:22AM – 10:48AM	<b>Pushya</b> <b>Until 4:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM
		Yama 6:29AM – 7:55AM	Siddha <b>Until 1:50AM</b> Fri	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 1:41PM – 3:08PM	Vanija <b>Until 6:35AM</b>	Moon – Blue		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 5:21PM</b>	<b>Bhuloka Day</b>			
Until 4:19PM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.51	Tithi 26 – 27	<b>Gulika</b> 7:56AM – 9:22AM	<b>Ashlesha*</b> <b>Until 2:24PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM
		Yama 3:07PM – 4:33PM	Sadhya <b>Until 10:36PM</b>	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 10:48AM – 12:14PM	Kaulava <b>Until 1:32AM</b> Sat	Moon – Blue		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 2:49PM</b>	<b>Bhuloka Day</b>			
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 9.18	Tithi 27 – 28	<b>Gulika</b> 6:31AM – 7:57AM	<b>Magha*</b> <b>Until 12:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM
		Yama 1:40PM – 3:05PM	Subha <b>Until 7:18PM</b>	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 9:23AM – 10:48AM	Gara <b>Until 10:53PM</b>	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 12:11PM</b>	<b>Bhuloka Day</b>			
Until 12:40PM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b> 3:04PM – 4:30PM	<b>Purvaphalguni</b> <b>Until 10:47AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM
		Yama 12:14PM – 1:39PM	Sukla <b>Until 4:01PM</b>	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 4:30PM – 5:55PM	Visti <b>Until 8:17PM</b>	Moon – Red		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 9:33AM</b>	<b>Bhuloka Day</b>			
Until 10:47AM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Amrita Yoga							

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 12 Sutra 176 Vilamba 5120	
Kanya Rasi: 8.11	Tithi 29 – 30	<b>Gulika</b> 1:38PM – 3:03PM	<b>Uttaraphalguni</b> <b>Until 8:53AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM
<b>Family Home Evening</b>		Yama 10:49AM – 12:13PM	Brahma <b>Until 12:52PM</b>	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
		652552364 <b>Rahu</b> 7:59AM – 9:24AM	Naga <b>Until 4:46AM</b> Tue	Moon – Red		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 7:02AM</b>	<b>Bhuloka Day</b>			
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 22.25	Tithi 1	<b>Gulika</b> 12:13PM – 1:38PM	<b>Hasta</b> <b>Until 7:32AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM
		Yama 9:24AM – 10:49AM	Indra <b>Until 9:59AM</b>	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
		662652364 <b>Rahu</b> 3:02PM – 4:27PM	Kintughna <b>Until 3:48PM</b>	Moon – Green		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 2:54AM</b> Wed	<b>Devaloka Day</b>			
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>			

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 6.23	Tithi 2	<b>Gulika</b> 10:49AM – 12:13PM	<b>Chitra Until 6:28AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM	
			Yama 8:01AM – 9:25AM	Vaidhriti* Until 7:25AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 25
	662652364	<b>Rahu</b> 12:13PM – 1:37PM	Balava Until 2:12PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:36AM Thu</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 20.01	Tithi 3	<b>Gulika</b> 9:26AM – 10:49AM	<b>Vishakha Until 6:08AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	
			Yama 6:38AM – 8:02AM	Priti Until 3:47AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
	672652364	<b>Rahu</b> 1:36PM – 3:00PM	Taitila Until 1:12PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 12:57AM Fri</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Winterthur, Switzerland Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 3.15	Tithi 4	<b>Gulika</b> 8:03AM – 9:26AM	<b>Vishakha Until 6:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	
			Yama 2:59PM – 4:22PM	Ayushman Until 2:49AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 10:49AM – 12:12PM	Vanija Until 12:56PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:04AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 16.06	Tithi 5	<b>Gulika</b> 6:41AM – 8:04AM	<b>Anuradha Until 7:03AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM	
			Yama 1:35PM – 2:58PM	Saubhagya Until 2:28AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 9:27AM – 10:49AM	Bava Until 1:27PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 1:58AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Winterthur, Switzerland Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 2:57PM – 4:19PM	<b>Jyeshtha* Until 8:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	
			Yama 12:12PM – 1:34PM	Sobhana Until 2:41AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 4:19PM – 5:41PM	Kaulava Until 2:43PM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 3:36AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 8:33AM				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Winterthur, Switzerland Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 10.47	Tithi 7	<b>Gulika</b> 1:34PM – 2:56PM	<b>Mula* Until 11:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:44AM	
	<b>Family Home Evening</b>		Yama 10:50AM – 12:12PM	Athiganda* Until 3:19AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 8:06AM – 9:28AM	Gara Until 4:40PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:49AM Tue</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 11:03AM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 12:12PM – 1:33PM	<b>Purvashadha* Until 1:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM	
	Dhanus Rasi: 22.45	Tithi 8	Yama 9:28AM – 10:50AM	Sukarma Until 4:15AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 2:55PM – 4:16PM	Visti Until 7:05PM		<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga	<b>Durga Ashtami</b>	<b>Ashtami* Until 8:23AM Wed</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 1:54PM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:50AM – 12:11PM	<b>Uttarashadha Until 4:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:47AM	
	Makara Rasi: 4.35	Tithi 8 – 9	Yama 8:08AM – 9:29AM	Dhriti Until 5:17AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 12:11PM – 1:32PM	Balava Until 9:44PM		<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga	<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Ashtami* Until 8:23AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:49PM				<b>Ashvina+Puratsi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau				Winterthur, Switzerland Sun 22 Sutra 186 Vilamba 5120	
	Makara Rasi: 16.23	Tithi 9 – 10	<b>Gulika</b> 9:30AM – 10:50AM	<b>Shravana Until 8:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:48AM		
			Yama 6:48AM – 8:09AM	Shula* Until 6:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 26	
			693652364 <b>Rahu</b> 1:32PM – 2:53PM	Taitila Until 12:20AM Fri	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Siddha Yoga		<b>Vijaya Dasami</b>		<b>Navami* Until 11:02AM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 23 Sutra 187 Vilamba 5120	
	Makara Rasi: 28.14	Tithi 10 – 11	<b>Gulika</b> 8:10AM – 9:30AM	<b>Dhanishtha Until 10:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:50AM		
			Yama 2:52PM – 4:12PM	Shula* Until 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 26	
			693652364 <b>Rahu</b> 10:51AM – 12:11PM	Vanija Until 2:37AM Sat	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Siddha Yoga		<b>Dashami Until 1:30PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 188 Vilamba 5120	
	Kumbha Rasi: 10.13	Tithi 11 – 12	<b>Gulika</b> 6:51AM – 8:11AM	<b>Shatabhishak Until 1:09AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:51AM		
			Yama 1:31PM – 2:51PM	Ganda* Until 6:52AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 26	
			693652364 <b>Rahu</b> 9:31AM – 10:51AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Amrita Yoga		<b>Ekadashi Until 3:34PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 25 Sutra 189 Vilamba 5120	
	Kumbha Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b> 2:50PM – 4:09PM	<b>Purvaproshtapada* Until 3:07AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM		
			Yama 12:11PM – 1:30PM	Vridhhi Until 7:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26	
			613652364 <b>Rahu</b> 4:09PM – 5:29PM	Kaulava Until 5:36AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Siddha Yoga		<b>Dvadashi Until 5:04PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

*Pradosha Vrata*

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 26 Sutra 190 Vilamba 5120	
	Meena Rasi: 4.5	Tithi 13 – 14	<b>Gulika</b> 1:29PM – 2:49PM	<b>Uttaraproshtapada Until 4:19AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:54AM		
	<b>Family Home Evening</b>		Yama 10:51AM – 12:10PM	Dhruva Until 6:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26	
			613652364 <b>Rahu</b> 8:13AM – 9:32AM	Gara Until 6:08AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Siddha Yoga		<b>Trayodashi Until 5:56PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 191 Vilamba 5120	
	Meena Rasi: 17.34	Tithi 14	<b>Gulika</b> 12:10PM – 1:29PM	<b>Revati Until 4:44AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:56AM		
			Yama 9:33AM – 10:52AM	Vyaghata* Until 6:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 26	
			613652364 <b>Rahu</b> 2:48PM – 4:06PM	Gara Until 6:08AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Siddha Yoga		<b>Chaturdashi* Until 6:09PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sutra 192 Vilamba 5120	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:52AM – 12:10PM	<b>Ashvini Until 4:56AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:57AM		
	Mesha Rasi: 0.35	Tithi 15 – 16	Yama 8:15AM – 9:34AM	Vajra* Until 3:25AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 26	
			623652364 <b>Rahu</b> 12:10PM – 1:28PM	Visti Until 6:04AM	<b>Nataraja:</b> Clear		Purnima	
Routine Work Marana Yoga		<b>Purnima* Until 5:47PM</b>		<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>		

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sutra 193 Vilamba 5120	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:34AM – 10:52AM	<b>Bharani Until 4:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:59AM		
	Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:59AM – 8:16AM	Siddhi Until 1:27AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26	
			623652364 <b>Rahu</b> 1:28PM – 2:46PM	Taitila Until 4:21AM Fri	<b>Nataraja:</b> Clear		Prathama	
Creative Work Siddha Yoga		<b>Prathama* Until 4:56PM</b>		<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyalipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 27.29 Tithi 17 - 18

624652364

Gulika

8:17AM - 9:35AM

Yama

2:45PM - 4:02PM

Rahu

10:52AM - 12:10PM

Krittika Until 3:40AM Sat

Vyatipata\* Until 11:11PM

Vanija Until 2:56AM Sat

Dvitiya Until 3:40PM

Ganesha: White

Sunrise: 7:00AM

Muruqa: Purple

Sunset: 5:20PM

Nataraja: Clear

Moon - White

Ashvina•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Winterthur, Switzerland

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 11.15 Tithi 18 - 19

634652364

Gulika

7:01AM - 8:19AM

Yama

1:27PM - 2:44PM

Rahu

9:36AM - 10:53AM

Rohini Until 2:50AM Sun

Variyan Until 8:42PM

Bava Until 1:17AM Sun

Tritiya Until 2:07PM

Ganesha: Clear

Sunrise: 7:01AM

Muruqa: Purple

Sunset: 5:18PM

Nataraja: Clear

Moon - Yellow

Ashvina•Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 25.1 Tithi 19 - 20

634652364

Gulika

2:43PM - 4:00PM

Yama

12:10PM - 1:26PM

Rahu

4:00PM - 5:17PM

Mrigashira Until 1:44AM Mon

Parigha\* Until 6:06PM

Kaulava Until 11:29PM

Chaturthi\* Until 12:23PM

Ganesha: Clear

Sunrise: 7:03AM

Muruqa: Purple

Sunset: 5:17PM

Nataraja: Clear

Moon - Yellow

Ashvina•Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 9.09 Tithi 20 - 21

634652364

Gulika

1:26PM - 2:42PM

Yama

10:53AM - 12:10PM

Rahu

8:21AM - 9:37AM

Ardra Until 12:23AM Tue

Shiva Until 3:25PM

Gara Until 9:35PM

Panchami Until 10:31AM

Ganesha: Clear

Sunrise: 7:04AM

Muruqa: Purple

Sunset: 5:15PM

Nataraja: Clear

Moon - Yellow

Ashvina•Aipasi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 23.11 Tithi 21 - 22

644662364

Gulika

12:10PM - 1:26PM

Yama

9:38AM - 10:54AM

Rahu

2:41PM - 3:57PM

Punarvasu Until 11:17PM

Siddha Until 12:40PM

Visti Until 7:38PM

Shashthi\* Until 8:36AM

Ganesha: Purple

Sunrise: 7:06AM

Muruqa: Purple

Sunset: 5:13PM

Nataraja: Clear

Moon - Blue

Ashvina•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 7.15 Tithi 22 - 23

644662364

Gulika

10:54AM - 12:10PM

Yama

8:23AM - 9:38AM

Rahu

12:10PM - 1:25PM

Pushya Until 10:01PM

Sadhya Until 9:55AM

Kaulava Until 4:39AM Thu

Saptami Until 6:38AM

Ganesha: Purple

Sunrise: 7:07AM

Muruqa: Clear

Sunset: 5:12PM

Nataraja: Clear

Moon - Blue

Ashvina•Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 21.2 Tithi 24

644662364

Gulika

9:39AM - 10:54AM

Yama

7:09AM - 8:24AM

Rahu

1:25PM - 2:40PM

Ashlesha\* Until 8:36PM

Subha Until 7:09AM

Taitila Until 3:41PM

Navami\* Until 2:40AM Fri

Ganesha: Purple

Sunrise: 7:09AM

Muruqa: Clear

Sunset: 5:10PM

Nataraja: Clear

Moon - Blue

Ashvina•Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 5.25	Tithi 25	Gulika 8:25AM – 9:40AM	Magha* Until 7:29PM	Ganesha: Clear	Sunrise: 7:10AM	Moon 10 - Phase 28	
		Yama 2:39PM – 3:54PM	Brahma Until 1:34AM Sat	Muruqa: Clear	Sunset: 5:09PM	2nd Phase	
		654662364 Rahu 10:55AM – 12:09PM	Vanija Until 1:42PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 12:42AM Sat	Moon – Red			Sivaloka Day
Until 7:29PM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 19.29	Tithi 26	Gulika 7:12AM – 8:26AM	Purvaphalguni Until 6:14PM	Ganesha: White	Sunrise: 7:12AM	Moon 10 - Phase 28	
		Yama 1:24PM – 2:38PM	Indra Until 10:51PM	Muruqa: Clear	Sunset: 5:07PM	2nd Phase	
		654762364 Rahu 9:41AM – 10:55AM	Bava Until 11:45AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi* Until 10:46PM	Moon – Red			Devaloka Day
Until 6:14PM				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 3.31	Tithi 27	Gulika 2:38PM – 3:52PM	Uttaraphalguni Until 4:57PM	Ganesha: White	Sunrise: 7:13AM	Moon 10 - Phase 28	
		Yama 12:10PM – 1:24PM	Vaidhriti* Until 8:11PM	Muruqa: Clear	Sunset: 5:06PM	2nd Phase	
		654762364 Rahu 3:52PM – 5:06PM	Kaulava Until 9:52AM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi* Until 8:57PM	Moon – Red			Devaloka Day
Until 4:07PM				Ashvina•Aipasi			
Then Routine Work - Prabararishta Yoga							
<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 17.29	Tithi 28	Gulika 1:23PM – 2:37PM	Hasta Until 4:07PM	Ganesha: Green	Sunrise: 7:15AM	Moon 10 - Phase 28	
Family Home Evening		Yama 10:56AM – 12:10PM	Vishkambha* Until 5:40PM	Muruqa: Clear	Sunset: 5:04PM	2nd Phase	
Creative Work	Siddha Yoga	664762364 Rahu 8:29AM – 9:42AM	Gara Until 8:07AM	Nataraja: Clear			
Until 4:07PM			Trayodashi* Until 7:19PM	Moon – Green			Devaloka Day
Then Routine Work - Prabararishta Yoga			Pradosha Vrata (Fasting)	Ashvina•Aipasi			
<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 1.17	Tithi 29 – 30	Gulika 12:10PM – 1:23PM	Chitra Until 3:24PM	Ganesha: Green	Sunrise: 7:16AM	Moon 10 - Phase 28	
		Yama 9:43AM – 10:56AM	Priti Until 3:24PM	Muruqa: Clear	Sunset: 5:03PM	2nd Phase	
		664762364 Rahu 2:36PM – 3:49PM	Visti Until 6:37AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 5:58PM	Moon – Green			Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
		Deepavali Hindu Solidarity Day					
<b>●</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 14.54	Tithi 30 – 1	Gulika 10:57AM – 12:10PM	Svati Until 2:56PM	Ganesha: Clear	Sunrise: 7:18AM	Moon 10 - Phase 28	
		Yama 8:31AM – 9:44AM	Ayushman Until 1:25PM	Muruqa: Clear	Sunset: 5:01PM	Amavasya	
		765762364 Rahu 12:10PM – 1:23PM	Kintughna Until 4:46AM Thu	Nataraja: Clear			
Creative Work	Siddha Yoga		Amavasya* Until 5:02PM	Moon – Green			Sivaloka Day
				Ashvina•Aipasi			
<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 28.15	Tithi 1 – 2	Gulika 9:45AM – 10:57AM	Vishakha Until 3:16PM	Ganesha: Orange	Sunrise: 7:19AM	Moon 10 - Phase 28	
		Yama 7:19AM – 8:32AM	Saubhagya Until 11:50AM	Muruqa: Clear	Sunset: 5:00PM	Prathama	
		775762364 Rahu 1:22PM – 2:35PM	Balava Until 4:39AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 4:37PM	Moon – Orange			Sivaloka Day
		Skanda Shasthi Begins		Kartika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau				Winterthur, Switzerland Sun 15 Sutra 208 Vilamba 5120
	Wrischika Rasi: 11.18	Tithi 2 – 3	<b>Gulika</b> 8:33AM – 9:45AM <b>Yama</b> 2:34PM – 3:46PM <b>Rahu</b> 10:58AM – 12:10PM	<b>Anuradha</b> Until 4:02PM Sobhana Until 10:45AM Taitila Until 5:12AM Sat Dvitiya Until 4:49PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:59PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 4:02PM Then Routine Work - Marana Yoga							

<b>2</b>	<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarna Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau				Winterthur, Switzerland Sun 16 Sutra 209 Vilamba 5120
	Wrischika Rasi: 24.01	Tithi 3 – 4	<b>Gulika</b> 7:22AM – 8:34AM <b>Yama</b> 1:22PM – 2:34PM <b>Rahu</b> 9:46AM – 10:58AM	<b>Jyeshtha*</b> Until 5:18PM Athiganda* Until 10:08AM Vanija Until 6:25AM Sun Tritiya Until 5:42PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 7:22AM <b>Sunset:</b> 4:57PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>3</b>	<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarna/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau				Winterthur, Switzerland Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 6.26	Tithi 4	<b>Gulika</b> 2:33PM – 3:45PM <b>Yama</b> 12:10PM – 1:21PM <b>Rahu</b> 3:45PM – 4:56PM	<b>Mula*</b> Until 7:31PM Sukarna Until 10:03AM Vanija Until 6:25AM Chaturthi* Until 7:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 7:24AM <b>Sunset:</b> 4:56PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 7:31PM Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 18.36	Tithi 5	<b>Gulika</b> 1:21PM – 2:32PM <b>Yama</b> 10:59AM – 12:10PM <b>Rahu</b> 8:37AM – 9:48AM	<b>Purvashadha*</b> Until 10:08PM Dhriti Until 10:28AM Bava Until 8:17AM Panchami Until 9:23PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 7:25AM <b>Sunset:</b> 4:55PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Routine Work Marana Yoga							

<b>5</b>	<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 0.33	Tithi 6	<b>Gulika</b> 12:10PM – 1:21PM <b>Yama</b> 9:49AM – 10:59AM <b>Rahu</b> 2:32PM – 3:43PM	<b>Uttarashadha</b> Until 12:58AM Wed Shula* Until 11:12AM Kaulava Until 10:38AM Shashthi* Until 11:55PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 7:27AM <b>Sunset:</b> 4:54PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 12:58AM Wed Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 12.23	Tithi 7	<b>Gulika</b> 11:00AM – 12:10PM <b>Yama</b> 8:39AM – 9:49AM <b>Rahu</b> 12:10PM – 1:21PM	<b>Shravana</b> Until 4:16AM Thu Ganda* Until 12:10PM Gara Until 1:18PM Saptami Until 2:38AM Thu	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 4:52PM	Moon 10 - Phase 29 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>D</b>	<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 214 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 9:50AM – 11:00AM <b>Yama</b> 7:30AM – 8:40AM <b>Rahu</b> 1:21PM – 2:31PM	<b>Dhanishtha</b> Until 7:18AM Fri Vriddhi Until 1:10PM Visti Until 3:59PM Ashtami* Until 5:13AM Fri	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 4:51PM	Moon 10 - Phase 29 Ashtami <b>Subha Sivaloka Day</b>
Makara Rasi: 24.1 Tithi 8 Creative Work Siddha Yoga							

<b>D</b>	<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 215 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:41AM – 9:51AM <b>Yama</b> 2:30PM – 3:40PM <b>Rahu</b> 11:01AM – 12:11PM	<b>Dhanishtha</b> Until 7:18AM Dhruva Until 1:59PM Balava Until 6:25PM Navami* Until 7:27AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 7:31AM <b>Sunset:</b> 4:50PM	Moon 10 - Phase 29 Navami <b>Subha Sivaloka Day</b>
Kumbha Rasi: 6.01 Tithi 9 Creative Work Siddha Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Saturday, November 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Winterthur, Switzerland Sun 23 Sutra 216	
Kumbha Rasi: 18	Tithi 9 – 10	<b>Gulika</b>	7:33AM – 8:42AM	<b>Shatabhishak</b> Until 9:47AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:33AM		Vilamba 5120	
		Yama	1:20PM – 2:30PM	Vyaghata* Until 2:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM		Moon 10 - Phase 30	
		796762365 <b>Rahu</b>	9:52AM – 11:01AM	Taitila Until 8:23PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Amrita Yoga			<b>Navami*</b> Until 7:27AM	<b>Moon – Purple</b>			<b>Devaloka Day</b>	
Until 9:47AM					<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, November 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 217	
Meena Rasi: 0.13	Tithi 10 – 11	<b>Gulika</b>	2:30PM – 3:39PM	<b>Purvaprosarthapada*</b> Until 12:02PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:34AM		Vilamba 5120	
		Yama	12:11PM – 1:20PM	Harshana Until 2:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b>	3:39PM – 4:48PM	Vanija Until 9:41PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga			<b>Dashami</b> Until 9:06AM	<b>Moon – Clear</b>			<b>Devaloka Day</b>	
Until 12:02PM					<b>Karttika-Karttikai</b>				
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, November 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 25 Sutra 218	
Meena Rasi: 12.43	Tithi 11 – 12	<b>Gulika</b>	1:20PM – 2:29PM	<b>Uttaraprosarthapada</b> Until 1:25PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:36AM		Vilamba 5120	
<b>Family Home Evening</b>		Yama	11:02AM – 12:11PM	Vajra* Until 2:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b>	8:45AM – 9:53AM	Bava Until 10:15PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi</b> Until 10:02AM	<b>Moon – Clear</b>			<b>Devaloka Day</b>	
					<b>Karttika-Karttikai</b>				

<b>4</b>		<b>Tuesday, November 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 219	
Meena Rasi: 25.34	Tithi 12 – 13	<b>Gulika</b>	12:12PM – 1:20PM	<b>Revati</b> Until 1:56PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:37AM		Vilamba 5120	
		Yama	9:54AM – 11:03AM	Siddhi Until 12:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b>	2:29PM – 3:37PM	Kaulava Until 10:03PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi</b> Until 10:13AM	<b>Moon – Clear</b>			<b>Devaloka Day</b>	
					<b>Karttika-Karttikai</b>				
					<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, November 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 220	
Mesha Rasi: 8.48	Tithi 13 – 14	<b>Gulika</b>	11:03AM – 12:12PM	<b>Ashvini</b> Until 2:03PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:38AM		Vilamba 5120	
		Yama	8:47AM – 9:55AM	Vyailpata* Until 11:13AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b>	12:12PM – 1:20PM	Gara Until 9:10PM	<b>Nataraja:</b> White			4th Phase	
Routine Work	Marana Yoga			<b>Trayodashi</b> Until 9:40AM	<b>Moon – White</b>			<b>Bhuloka Day</b>	
Until 2:03PM					<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Siddha Yoga									

		<b>Thursday, November 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sutra 221	
Mesha Rasi: 22.24	Tithi 14 – 15	<b>Gulika</b>	9:56AM – 11:04AM	<b>Bharani</b> Until 1:23PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:40AM		Vilamba 5120	
		Yama	7:40AM – 8:48AM	Variyan Until 9:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b>	1:20PM – 2:28PM	Visti Until 7:40PM	<b>Nataraja:</b> White			Purnima	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 8:28AM	<b>Moon – White</b>			<b>Bhuloka Day</b>	
Until 1:23PM					<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga									

<b>Friday, November 23, 2018</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Winterthur, Switzerland Sutra 222	
Vrishabha Rasi: 6.2	Tithi 15 – 16	<b>Gulika</b>	8:49AM – 9:57AM	<b>Krittika</b> Until 12:05PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:41AM		Vilamba 5120	
		Yama	2:28PM – 3:36PM	Parigha* Until 6:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b>	11:05AM – 12:12PM	Kaulava Until 4:34AM Sat	<b>Nataraja:</b> White			Prathama	
Creative Work	Siddha Yoga			<b>Purnima*</b> Until 6:43AM	<b>Moon – White</b>			<b>Bhuloka Day</b>	
Until 12:05PM					<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga									
					<b>Vinayaga Viratam Begins</b>				

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 20.31 Tithi 17

737762365

Gulika

7:43AM - 8:50AM

Yama

1:20PM - 2:28PM

Rahu

9:58AM - 11:05AM

Rohini Until 10:42AM

Siddha Until 12:19AM Sun

Taitila Until 3:25PM

Dvitiya Until 2:10AM Sun

Ganesha: Red

Sunrise: 7:43AM

Muruqa: Clear

Sunset: 4:43PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.53 Tithi 18

737762365

Gulika

2:27PM - 3:35PM

Yama

12:13PM - 1:20PM

Rahu

3:35PM - 4:42PM

Mrigashira Until 8:56AM

Sadhya Until 9:02PM

Vanija Until 12:55PM

Tritiya Until 11:37PM

Ganesha: Red

Sunrise: 7:44AM

Muruqa: Clear

Sunset: 4:42PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturtham Titau

Winterthur, Switzerland

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 19.2 Tithi 19

737762365

Gulika

1:20PM - 2:27PM

Yama

11:06AM - 12:13PM

Rahu

8:52AM - 9:59AM

Ardra Until 6:57AM

Subha Until 5:45PM

Bava Until 10:21AM

Chaturthi\* Until 9:04PM

Ganesha: Red

Sunrise: 7:45AM

Muruqa: Clear

Sunset: 4:41PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.46 Tithi 20

747762365

Gulika

12:14PM - 1:20PM

Yama

10:00AM - 11:07AM

Rahu

2:27PM - 3:34PM

Pushya Until 3:34AM Wed

Sukla Until 2:30PM

Kaulava Until 7:50AM

Panchami Until 6:36PM

Ganesha: Green

Sunrise: 7:47AM

Muruqa: Clear

Sunset: 4:40PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 18.06 Tithi 21 - 22

747862365

Gulika

11:07AM - 12:14PM

Yama

8:54AM - 10:01AM

Rahu

12:14PM - 1:20PM

Ashlesha\* Until 1:55AM Thu

Brahma Until 11:23AM

Visti Until 3:14AM Thu

Shashthi\* Until 4:17PM

Ganesha: White

Sunrise: 7:48AM

Muruqa: Clear

Sunset: 4:40PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 2.19 Tithi 22 - 23

757863365

Gulika

10:02AM - 11:08AM

Yama

7:49AM - 8:56AM

Rahu

1:21PM - 2:27PM

Magha\* Until 12:46AM Fri

Indra Until 8:27AM

Balava Until 1:17AM Fri

Saptami Until 2:12PM

Ganesha: Clear

Sunrise: 7:49AM

Muruqa: Purple

Sunset: 4:39PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 16.22 Tithi 23 - 24

757863365

Gulika

8:57AM - 10:03AM

Yama

2:27PM - 3:33PM

Rahu

11:09AM - 12:15PM

Purvaphalguni Until 11:45PM

Vishkambha\* Until 3:08AM Sat

Taitila Until 11:35PM

Ashtami\* Until 12:22PM

Ganesha: Clear

Sunrise: 7:51AM

Muruqa: Purple

Sunset: 4:39PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


<b>1</b>	<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam				Winterthur, Switzerland	
			Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 230	
	Kanya Rasi: 0.16	Tithi 24 – 25	<b>Gulika</b> 7:52AM – 8:58AM	<b>Uttaraphalguni</b> Until 10:50PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:52AM	Vilamba 5120	
			Yama 1:21PM – 2:27PM	Priti Until 12:50AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 32	
		758863365 <b>Rahu</b> 10:03AM – 11:09AM	Vanija Until 10:09PM	<b>Nataraja:</b> White		2nd Phase		
Routine Work	Marana Yoga		<b>Navami*</b> Until 10:49AM	Moon – Red		<b>Bhuloka Day</b>		
				<b>Karttika-Karttikai</b>		Devaloka Time: 6:AM to 9:AM		

<b>2</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Winterthur, Switzerland	
			Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 231	
	Kanya Rasi: 13.59	Tithi 25 – 26	<b>Gulika</b> 2:27PM – 3:32PM	<b>Hasta</b> Until 10:30PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:53AM	Vilamba 5120	
			Yama 12:15PM – 1:21PM	Ayushman Until 10:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 32	
		768863365 <b>Rahu</b> 3:32PM – 4:38PM	Bava Until 9:01PM	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Amrita Yoga		<b>Dashami</b> Until 9:31AM	Moon – Green		<b>Bhuloka Day</b>		
Until 10:30PM				<b>Karttika-Karttikai</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam				Winterthur, Switzerland	
			Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 232	
	Kanya Rasi: 27.32	Tithi 26 – 27	<b>Gulika</b> 1:21PM – 2:27PM	<b>Chitra</b> Until 10:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:54AM	Vilamba 5120	
	<b>Family Home Evening</b>		Yama 11:10AM – 12:16PM	Saubhagya Until 8:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 32	
		768863365 <b>Rahu</b> 9:00AM – 10:05AM	Kaulava Until 8:11PM	<b>Nataraja:</b> White		2nd Phase		
Routine Work	Prabalarishta Yoga		<b>Ekadashi*</b> Until 8:32AM	Moon – Green		<b>Bhuloka Day</b>		
Until 10:20PM				<b>Karttika-Karttikai</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam				Winterthur, Switzerland	
			Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 233	
	Tula Rasi: 10.55	Tithi 27 – 28	<b>Gulika</b> 12:16PM – 1:21PM	<b>Svati</b> Until 10:21PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:55AM	Vilamba 5120	
			Yama 10:06AM – 11:11AM	Sobhana Until 7:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 32	
		768863365 <b>Rahu</b> 2:27PM – 3:32PM	Gara Until 7:41PM	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 7:52AM	Moon – Green		<b>Bhuloka Day</b>		
Until 10:21PM				<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam				Winterthur, Switzerland	
			Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 234	
	Tula Rasi: 24.05	Tithi 28 – 29	<b>Gulika</b> 11:12AM – 12:17PM	<b>Vishakha</b> Until 11:03PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:57AM	Vilamba 5120	
			Yama 9:02AM – 10:07AM	Athiganda* Until 6:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 32	
		778863365 <b>Rahu</b> 12:17PM – 1:22PM	Visti Until 7:36PM	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 7:34AM	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Karttika-Karttikai</b>				

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam				Winterthur, Switzerland	
	<b>Retreat Star</b>		Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 235	
	Vrischika Rasi: 7.03	Tithi 29 – 30	<b>Gulika</b> 10:07AM – 11:12AM	<b>Anuradha</b> Until 12:04AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:58AM	Vilamba 5120	
			Yama 7:58AM – 9:02AM	Sukarma Until 5:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 32	
		778863365 <b>Rahu</b> 1:22PM – 2:27PM	Catuspada Until 7:59PM	<b>Nataraja:</b> White		Amavasya		
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:42AM	Moon – Orange		<b>Bhuloka Day</b>		
Until 12:04AM Fri				<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>6</b>	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam				Winterthur, Switzerland	
	<b>Retreat Star</b>		Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 236	
	Vrischika Rasi: 19.47	Tithi 30 – 1	<b>Gulika</b> 9:03AM – 10:08AM	<b>Jyeshtha*</b> Until 1:25AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:59AM	Vilamba 5120	
			Yama 2:27PM – 3:32PM	Dhriti Until 4:33PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 32	
		779863365 <b>Rahu</b> 11:13AM – 12:17PM	Kintughna Until 8:52PM	<b>Nataraja:</b> White		Prathama		
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 8:20AM	Moon – Orange		<b>Bhuloka Day</b>		
Until 1:25AM Sat				<b>Margasira-Karttikai</b>				
Then Creative Work - Siddha Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 14 Sutra 237 Vilamba 5120		
Dhanus Rasi: 2.16	Tithi 1 – 2	<b>Gulika</b> 8:00AM – 9:04AM	<b>Mula* Until 3:36AM Sun</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 8:00AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase
		Yama 1:22PM – 2:27PM	Shula* Until 4:24PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 10:09AM – 11:13AM	Balava Until 10:18PM	Moon – Light Blue				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Prathama* Until 9:29AM</b>	<b>Margasira-Karttikai</b>				
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Tailila Karana Dvitiya/Trityayam Titau		Winterthur, Switzerland Sun 15 Sutra 238 Vilamba 5120		
Dhanus Rasi: 14.32	Tithi 2 – 3	<b>Gulika</b> 2:27PM – 3:32PM	<b>Purvashadha* Until 6:07AM Mon</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 8:01AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase
		Yama 12:18PM – 1:23PM	Ganda* Until 4:41PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 3:32PM – 4:36PM	Taitila Until 12:15AM Mon	Moon – Light Blue				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Dvitiya Until 11:11AM</b>	<b>Margasira-Karttikai</b>				
Until 6:07AM Mon								
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau		Winterthur, Switzerland Sun 16 Sutra 239 Vilamba 5120		
Dhanus Rasi: 26.36	Tithi 3 – 4	<b>Gulika</b> 1:23PM – 2:27PM	<b>Purvashadha* Until 6:07AM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 8:02AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase
<b>Family Home Evening</b>		Yama 11:15AM – 12:19PM	Vridhi Until 5:18PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 9:06AM – 10:10AM	Vanija Until 2:38AM Tue	Moon – Light Blue				<b>Bhuloka Day</b>
Routine Work	Marana Yoga		<b>Tritiya Until 1:22PM</b>	<b>Margasira-Karttikai</b>				
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 17 Sutra 240 Vilamba 5120		
Makara Rasi: 8.3	Tithi 4 – 5	<b>Gulika</b> 12:19PM – 1:23PM	<b>Uttarashadha Until 8:51AM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 8:03AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase
		Yama 10:11AM – 11:15AM	Dhruva Until 6:10PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 2:28PM – 3:32PM	Bava Until 5:18AM Wed	Moon – Light Blue				<b>Bhuloka Day</b>
Routine Work	Prabalarishta Yoga		<b>Chaturthi* Until 3:55PM</b>	<b>Margasira-Karttikai</b>				
Until 8:51AM								
Then Creative Work - Siddha Yoga								
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 241 Vilamba 5120		
Makara Rasi: 20.19	Tithi 5	<b>Gulika</b> 11:16AM – 12:20PM	<b>Shravana Until 12:08PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 8:04AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase
		Yama 9:08AM – 10:12AM	Vyaghata* Until 7:10PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 12:20PM – 1:24PM	Balava Until 6:40PM	Moon – Purple				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Panchami Until 6:40PM</b>	<b>Margasira-Karttikai</b>				Devaloka Time: 6:AM to 9:AM
Until 12:08PM								
Then Routine Work - Prabalarishta Yoga								
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 19 Sutra 242 Vilamba 5120		
Kumbha Rasi: 2.05	Tithi 6	<b>Gulika</b> 10:12AM – 11:16AM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 8:05AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase
		Yama 8:05AM – 9:08AM	Harshana Until 8:09PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 1:24PM – 2:28PM	Kaulava Until 8:03AM	Moon – Purple				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:22PM</b>	<b>Margasira-Karttikai</b>				Devaloka Time: 6:AM to 9:AM
		<b>Vinayaga Viratam Ends</b>						
<b>7</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 20 Sutra 243 Vilamba 5120		
<b>Retreat Star</b>		<b>Gulika</b> 9:09AM – 10:13AM	<b>Shatabhishak Until 6:04PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 8:05AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase
Kumbha Rasi: 13.55	Tithi 7	Yama 2:28PM – 3:32PM	Vajra* Until 8:55PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 11:17AM – 12:21PM	Gara Until 10:40AM	Moon – Purple				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Saptami Until 11:49PM</b>	<b>Margasira-Karttikai</b>				Devaloka Time: 6:AM to 9:AM
<b>8</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 21 Sutra 244 Vilamba 5120		
<b>Retreat Star</b>		<b>Gulika</b> 8:06AM – 9:10AM	<b>Purvaproshtapada* Until 8:45PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 8:06AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 Ashtami
Kumbha Rasi: 25.52	Tithi 8	Yama 1:25PM – 2:29PM	Siddhi Until 9:21PM	<b>Nataraja:</b> White				
		711863365 <b>Rahu</b> 10:14AM – 11:17AM	Visti Until 12:53PM	Moon – Clear				<b>Bhuloka Day</b>
Routine Work	Marana Yoga		<b>Ashtami* Until 1:45AM Sun</b>	<b>Margasira-Karttikai</b>				Devaloka Time: 6:AM to 9:AM
Until 8:45PM								
Then Creative Work - Siddha Yoga								
<b>9</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 22 Sutra 245 Vilamba 5120		
<b>Retreat Star</b>		<b>Gulika</b> 2:29PM – 3:33PM	<b>Uttaraproshtapada Until 10:38PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 8:07AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:37PM	Moon 11 - Phase 33 Navami
Meena Rasi: 8.03	Tithi 9	Yama 12:22PM – 1:25PM	Vyatipata* Until 9:18PM	<b>Nataraja:</b> White				
		811863365 <b>Rahu</b> 3:33PM – 4:37PM	Balava Until 2:30PM	Moon – Clear				<b>Bhuloka Day</b>
Creative Work	Amrita Yoga		<b>Navami* Until 3:01AM Mon</b>	<b>Margasira-Markali</b>				
		<b>Markali Pillaiyar</b>						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Winterthur, Switzerland Sun 23 Sutra 246 Vilamba 5120
<b>1</b>	Meena Rasi: 20.31 Tithi 10 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:26PM – 2:29PM Yama 11:19AM – 12:22PM <b>Rahu</b> 9:11AM – 10:15AM	<b>Revati Until 11:38PM</b> Variyan Until 8:38PM Taitila Until 3:22PM Dashami Until 3:29AM Tue	<b>Ganesha:</b> Purple <i>Sunrise:</i> 8:08AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:37PM <b>Nataraja:</b> White Moon – Clear <b>Bhuloka Day</b> Margasira-Markali

<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 247 Vilamba 5120
<b>2</b>	Mesha Rasi: 3.21 Tithi 11 Creative Work Siddha Yoga	<b>Gulika</b> 12:23PM – 1:26PM Yama 10:16AM – 11:19AM <b>Rahu</b> 2:30PM – 3:33PM	<b>Ashvini Until 12:09AM Wed</b> Parigha* Until 7:21PM Vanija Until 3:26PM Ekadashi Until 3:08AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:08AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:37PM <b>Nataraja:</b> White Moon – White <b>Bhuloka Day</b> Margasira-Markali Devaloka Time: 6:AM to 9:AM

<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Winterthur, Switzerland Sun 25 Sutra 248 Vilamba 5120
<b>3</b>	Mesha Rasi: 16.35 Tithi 12 Creative Work Siddha Yoga Until 11:43PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:20AM – 12:23PM Yama 9:13AM – 10:16AM <b>Rahu</b> 12:23PM – 1:27PM	<b>Bharani Until 11:43PM</b> Shiva Until 5:26PM Bava Until 2:40PM Dvadashi Until 1:59AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:09AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:37PM <b>Nataraja:</b> White Moon – White <b>Bhuloka Day</b> Margasira-Markali Devaloka Time: 6:AM to 9:AM

<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 249 Vilamba 5120
<b>4</b>	Vrishabha Rasi: 0.17 Tithi 13 Routine Work Marana Yoga	<b>Gulika</b> 10:17AM – 11:20AM Yama 8:10AM – 9:13AM <b>Rahu</b> 1:27PM – 2:31PM	<b>Krittika Until 10:28PM</b> Siddha Until 2:56PM Kaulava Until 1:09PM Trayodashi Until 12:08AM Fri	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:10AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:38PM <b>Nataraja:</b> White Moon – White <b>Bhuloka Day</b> Margasira-Markali Devaloka Time: 6:AM to 9:AM

*Pradosha Vrata*

<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 250 Vilamba 5120
<b>5</b>	Vrishabha Rasi: 14.23 Tithi 14 Routine Work Marana Yoga Until 8:54PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 9:14AM – 10:17AM Yama 2:31PM – 3:35PM <b>Rahu</b> 11:21AM – 12:24PM	<b>Rohini Until 8:54PM</b> Sadhya Until 11:56AM Gara Until 11:00AM Chaturdashi* Until 9:43PM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:10AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:38PM <b>Nataraja:</b> White Moon – Yellow <b>Bhuloka Day</b> Margasira-Markali

<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Winterthur, Switzerland Sutra 251 Vilamba 5120
<b>○</b>	<b>Copper Retreat Star</b> Vrishabha Rasi: 28.5 Tithi 15 Creative Work Siddha Yoga	<b>Gulika</b> 8:11AM – 9:14AM Yama 1:28PM – 2:32PM <b>Rahu</b> 10:18AM – 11:21AM	<b>Mrigashira Until 6:47PM</b> Subha Until 8:32AM Visti Until 8:21AM Purnima* Until 6:52PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:11AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:39PM <b>Nataraja:</b> White Moon – Yellow <b>Bhuloka Day</b> Margasira-Markali Devaloka Time: 9:AM to 12:PM

<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sutra 252 Vilamba 5120
<b>○</b>	<b>Silver Retreat Star</b> Mithuna Rasi: 13.34 Tithi 16 – 17 Creative Work Siddha Yoga	<b>Gulika</b> 2:32PM – 3:36PM Yama 12:25PM – 1:29PM <b>Rahu</b> 3:36PM – 4:39PM	<b>Ardra Until 4:15PM</b> Brahma Until 1:00AM Mon Taitila Until 2:09AM Mon Prathama* Until 3:45PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:11AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:39PM <b>Nataraja:</b> White Moon – Yellow <b>Bhuloka Day</b> Margasira-Markali Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 28.26 Tithi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Gulika 1:29PM - 2:33PM

Yama 11:22AM - 12:26PM

Rahu 9:15AM - 10:19AM

Day 4 of Pancha Ganapati

Punarvasu Until 1:53PM

Indra Until 9:07PM

Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesha: Blue

Muruqa: Purple

Nataraja: White

Moon - Blue

Margasira-Markali

Sunrise: 8:12AM

Sunset: 4:40PM

Devaloka Day

Winterthur, Switzerland

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 13.19 Tithi 18 - 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:26PM - 1:30PM

Yama 10:19AM - 11:23AM

Rahu 2:33PM - 3:37PM

Day 5 of Pancha Ganapati

Pushya Until 11:25AM

Vaidhriti\* Until 5:18PM

Bava Until 7:47PM

Tritiya Until 9:19AM

Ganesha: Yellow

Muruqa: Purple

Nataraja: White

Moon - Blue

Margasira-Markali

Sunrise: 8:12AM

Sunset: 4:41PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Winterthur, Switzerland

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 28.05 Tithi 19 - 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Gulika 11:23AM - 12:27PM

Yama 9:16AM - 10:20AM

Rahu 12:27PM - 1:30PM

Ashlesha\* Until 8:59AM

Vishkambha\* Until 1:39PM

Taitila Until 3:31AM Thu

Chaturthi\* Until 6:16AM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Green

Moon - Blue

Margasira-Markali

Sunrise: 8:12AM

Sunset: 4:41PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Winterthur, Switzerland

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 12.38 Tithi 21

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:20AM - 11:24AM

Yama 8:13AM - 9:16AM

Rahu 1:31PM - 2:35PM

Magha\* Until 7:08AM

Priti Until 10:17AM

Gara Until 2:18PM

Shashthi\* Until 1:10AM Fri

Ganesha: Blue

Muruqa: Purple

Nataraja: Green

Moon - Red

Margasira-Markali

Sunrise: 8:13AM

Sunset: 4:42PM

Bhuloka Day

Winterthur, Switzerland

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 26.55 Tithi 22

Creative Work Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saplamyam Titau

Gulika 9:17AM - 10:20AM

Yama 2:35PM - 3:39PM

Rahu 11:24AM - 12:28PM

Uttaraphalguni Until 4:17AM Sat

Ayushman Until 7:14AM

Visti Until 12:10PM

Saptami Until 11:16PM

Ganesha: Blue

Muruqa: Purple

Nataraja: Green

Moon - Red

Margasira-Markali

Sunrise: 8:13AM

Sunset: 4:43PM

Bhuloka Day

Winterthur, Switzerland

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

●

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.53 Tithi 23

Routine Work Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:13AM - 9:17AM

Yama 1:32PM - 2:36PM

Rahu 10:21AM - 11:24AM

Hasta Until 3:50AM Sun

Sobhana Until 2:22AM Sun

Balava Until 10:32AM

Ashtami\* Until 9:54PM

Ganesha: Red

Muruqa: Purple

Nataraja: Green

Moon - Green

Margasira-Markali

Sunrise: 8:13AM

Sunset: 4:44PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Winterthur, Switzerland

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 24.32 Tithi 24

Creative Work Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:37PM - 3:40PM

Yama 12:29PM - 1:33PM

Rahu 3:40PM - 4:44PM

Chitra Until 3:46AM Mon

Athiganda\* Until 12:33AM Mon

Taitila Until 9:26AM

Navami\* Until 9:04PM

Ganesha: Red

Muruqa: Purple

Nataraja: Green

Moon - Green

Margasira-Markali

Sunrise: 8:13AM

Sunset: 4:44PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Winterthur, Switzerland

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:33PM – 2:37PM	<b>Svati Until 4:03AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:13AM
Tula Rasi: 7.53	Tithi 25	Yama 11:25AM – 12:29PM	Sukarma Until 11:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:45PM
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 9:17AM – 10:21AM	Vanija Until 8:52AM	<b>Nataraja:</b> Green
Creative Work Amrita Yoga			Dashami Until 8:45PM	Moon – Green
Until 4:03AM Tue				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				Margasira*Markali
				Devaloka Time: 6:AM to 9:AM

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:30PM – 1:34PM	<b>Vishakha Until 5:08AM Wed</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:13AM
Tula Rasi: 20.58	Tithi 26	Yama 10:22AM – 11:26AM	Dhriti Until 10:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:46PM
	872963366	<b>Rahu</b> 2:38PM – 3:42PM	Bava Until 8:49AM	<b>Nataraja:</b> Green
Routine Work Marana Yoga			Ekadashi* Until 8:58PM	Moon – Orange
Until 5:08AM Wed				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Margasira*Markali

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:26AM – 12:30PM	<b>Anuradha Until 6:31AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:13AM
Vrischika Rasi: 3.47	Tithi 27	Yama 9:18AM – 10:22AM	Shula* Until 9:31PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:47PM
	872963366	<b>Rahu</b> 12:30PM – 1:34PM	Kaulava Until 9:17AM	<b>Nataraja:</b> Green
Creative Work Siddha Yoga			Dvadashi* Until 9:40PM	Moon – Orange
Until 6:31AM Thu				<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga				Margasira*Markali

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 10:22AM – 11:26AM	<b>Anuradha Until 6:31AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:13AM
Vrischika Rasi: 16.23	Tithi 28	Yama 8:13AM – 9:18AM	Ganda* Until 9:14PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM
	872963366	<b>Rahu</b> 1:35PM – 2:39PM	Gara Until 10:13AM	<b>Nataraja:</b> Green
Creative Work Siddha Yoga			Trayodashi* Until 10:51PM	Moon – Orange
Until 6:31AM				<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga				Margasira*Markali
				<i>Pradosha Vrata (Fasting)</i>

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 9:18AM – 10:22AM	<b>Jyeshtha* Until 8:12AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:13AM
Vrischika Rasi: 28.47	Tithi 29	Yama 2:40PM – 3:45PM	Vriddhi Until 9:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM
	872963366	<b>Rahu</b> 11:27AM – 12:31PM	Visti Until 11:37AM	<b>Nataraja:</b> Green
Routine Work Marana Yoga			Chaturdashi* Until 12:28AM Sat	Moon – Orange
Until 8:12AM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Margasira*Markali

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:13AM – 9:18AM	<b>Mula* Until 10:36AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:13AM
Dhanus Rasi: 11	Tithi 30	Yama 1:36PM – 2:41PM	Dhruva Until 9:40PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:50PM
	882963366	<b>Rahu</b> 10:22AM – 11:27AM	Catuspada Until 1:27PM	<b>Nataraja:</b> Green
Creative Work Siddha Yoga			Amavasya* Until 2:29AM Sun	Moon – Light Blue
				<b>Bhuloka Day</b>
				Margasira*Markali

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:42PM – 3:46PM	<b>Purvashadha* Until 1:13PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:13AM
Dhanus Rasi: 23.04	Tithi 1	Yama 12:32PM – 1:37PM	Vyaghata* Until 10:18PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:51PM
	882973366	<b>Rahu</b> 3:46PM – 4:51PM	Kintughna Until 3:39PM	<b>Nataraja:</b> Green
Creative Work Siddha Yoga			Prathama* Until 4:50AM Mon	Moon – Light Blue
Until 1:13PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Devaloka Time: 12:PM to 3:PM
				Partial Solar Eclipse

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 267 Vilamba 5120	
<b>1</b>	Makara Rasi: 4.59 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 3:56PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:38PM – 2:42PM Yama 11:28AM – 12:33PM <b>Rahu</b> 9:18AM – 10:23AM	<b>Uttarashadha</b> Until 3:56PM Harshana Until 11:09PM Balava Until 6:09PM Dvitiya Until 7:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:13AM <b>Sunset:</b> 4:52PM Moon 12 - Phase 37 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 268 Vilamba 5120	
<b>2</b>	Makara Rasi: 16.5 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:33PM – 1:38PM Yama 10:23AM – 11:28AM <b>Rahu</b> 2:43PM – 3:48PM	<b>Shravana</b> Until 7:12PM Vajra* Until 12:06AM Wed Taitila Until 8:50PM Dvitiya Until 7:27AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:12AM <b>Sunset:</b> 4:54PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 17 Sutra 269 Vilamba 5120	
<b>3</b>	Makara Rasi: 28.37 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 10:22PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:28AM – 12:33PM Yama 9:17AM – 10:23AM <b>Rahu</b> 12:33PM – 1:39PM	<b>Dhanishtha</b> Until 10:22PM Siddhi Until 1:06AM Thu Vanija Until 11:36PM Tritiya Until 10:12AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:12AM <b>Sunset:</b> 4:55PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 270 Vilamba 5120	
<b>4</b>	Kumbha Rasi: 10.25 Tithi 4 – 5 Creative Work Siddha Yoga	<b>Gulika</b> 10:23AM – 11:28AM Yama 8:12AM – 9:17AM <b>Rahu</b> 1:39PM – 2:45PM	<b>Shatabhishak</b> Until 1:16AM Fri Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri Chaturthi* Until 12:55PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:12AM <b>Sunset:</b> 4:56PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Winterthur, Switzerland Sun 19 Sutra 271 Vilamba 5120	
<b>5</b>	Kumbha Rasi: 22.15 Tithi 5 – 6 Creative Work Siddha Yoga	<b>Gulika</b> 9:17AM – 10:23AM Yama 2:46PM – 3:51PM <b>Rahu</b> 11:29AM – 12:34PM	<b>Purvaproshtapada*</b> Until 4:14AM Sat Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat Panchami Until 3:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:11AM <b>Sunset:</b> 4:57PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 20 Sutra 272 Vilamba 5120	
<b>6</b>	Meena Rasi: 4.12 Tithi 6 – 7 Creative Work Siddha Yoga Until 6:37AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:11AM – 9:17AM Yama 1:41PM – 2:47PM <b>Rahu</b> 10:23AM – 11:29AM	<b>Uttaraproshtapada</b> Until 6:37AM Sun Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun Shashthi* Until 5:37PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:11AM <b>Sunset:</b> 4:58PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 21 Sutra 273 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 2:47PM – 3:54PM Yama 12:35PM – 1:41PM <b>Rahu</b> 3:54PM – 5:00PM	<b>Uttaraproshtapada</b> Until 6:37AM Shiva Until 3:02AM Mon Gara Until 6:32AM Saptami Until 7:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:10AM <b>Sunset:</b> 5:00PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 22 Sutra 274 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 1:42PM – 2:48PM Yama 11:29AM – 12:35PM <b>Rahu</b> 9:16AM – 10:23AM	<b>Revati</b> Until 8:14AM Siddha Until 2:23AM Tue Visti Until 7:49AM Ashtami* Until 8:10PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Thai</b>	<b>Sunrise:</b> 8:10AM <b>Sunset:</b> 5:01PM Moon 12 - Phase 37 Ashtami <b>Devaloka Day</b>

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 23 Sutra 275 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 12:36PM – 1:42PM Yama 10:23AM – 11:29AM <b>Rahu</b> 2:49PM – 3:56PM	<b>Ashvini</b> Until 9:28AM Sadhya Until 1:08AM Wed Balava Until 8:21AM Navami* Until 8:18PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	<b>Sunrise:</b> 8:09AM <b>Sunset:</b> 5:02PM Moon 12 - Phase 37 Navami <b>Sivaloka Day</b>


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Winterthur, Switzerland Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 24.35	Tithi 10	<b>Gulika</b> 11:29AM – 12:36PM	<b>Bharani Until 9:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:09AM		
		Yama 9:16AM – 10:22AM	Subha Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM		Moon 12 - Phase 38
	823173366	<b>Rahu</b> 12:36PM – 1:43PM	Taitila Until 8:04AM	<b>Nataraja:</b> Green			4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:36PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 9:43AM				<b>Pausha+Thai</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visli* Karana Ekadashyam Titau		Winterthur, Switzerland Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 8.09	Tithi 11	<b>Gulika</b> 10:22AM – 11:29AM	<b>Krittika Until 9:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:08AM		
		Yama 8:08AM – 9:15AM	Sukla Until 8:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM		Moon 12 - Phase 38
	823173366	<b>Rahu</b> 1:44PM – 2:51PM	Vanija Until 6:57AM	<b>Nataraja:</b> Green			4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 6:05PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Pausha+Thai</b>			

<b>3</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 22.11	Tithi 12 – 13	<b>Gulika</b> 9:15AM – 10:22AM	<b>Rohini Until 7:54AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:07AM		
		Yama 2:52PM – 3:59PM	Brahma Until 5:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM		Moon 12 - Phase 38
	833173366	<b>Rahu</b> 11:29AM – 12:37PM	Kaulava Until 2:33AM Sat	<b>Nataraja:</b> Green			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 3:52PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 7:54AM				<b>Pausha+Thai</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 6.4	Tithi 13 – 14	<b>Gulika</b> 8:06AM – 9:14AM	<b>Mrigashira Until 6:00AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:06AM		
		Yama 1:45PM – 2:53PM	Indra Until 2:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM		Moon 12 - Phase 38
	833173366	<b>Rahu</b> 10:22AM – 11:29AM	Gara Until 11:29PM	<b>Nataraja:</b> Green			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:03PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha+Thai</b>			

		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:53PM – 4:01PM	<b>Punarvasu Until 12:50AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:06AM		
Mithuna Rasi: 21.3	Tithi 14 – 15	Yama 12:37PM – 1:45PM	Vaidhriti* Until 10:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM		Moon 12 - Phase 38
	843173366	<b>Rahu</b> 4:01PM – 5:09PM	Visti Until 8:04PM	<b>Nataraja:</b> Green			Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:48AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha+Thai</b>			

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Winterthur, Switzerland Sutra 281 Vilamba 5120	
Kataka Rasi: 6.35	Tithi 15 – 16	<b>Gulika</b> 1:46PM – 2:54PM	<b>Pushya Until 9:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:05AM		
<b>Family Home Evening</b>		Yama 11:30AM – 12:38PM	Vishkambha* Until 6:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM		Moon 12 - Phase 38
	843173366	<b>Rahu</b> 9:13AM – 10:21AM	Kaulava Until 2:34AM Tue	<b>Nataraja:</b> Green			Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 6:15AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha+Thai</b>			
		<b>Total Lunar Eclipse</b>					
		<b>Thai Pusam</b>					



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.46 Tithi 17

844173366

Gulika

12:38PM - 1:47PM

Ashlesha\* Until 6:53PM

Ganesha: Clear

Sunrise: 8:04AM

Yama

10:21AM - 11:30AM

Ayushman Until 9:32PM

Muruqa: Clear

Sunset: 5:12PM

Creative Work Siddha Yoga

Rahu

2:55PM - 4:04PM

Taitila Until 12:45PM

Nataraja: Green

Moon - Blue

Devaloka Day

Pausha\*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Triliyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.54 Tithi 18

854173366

Gulika

11:30AM - 12:38PM

Magha\* Until 4:16PM

Ganesha: Purple

Sunrise: 8:03AM

Yama

9:12AM - 10:21AM

Saubhagya Until 5:27PM

Muruqa: Clear

Sunset: 5:14PM

Creative Work Siddha Yoga

Rahu

12:38PM - 1:47PM

Vanija Until 9:12AM

Nataraja: Green

Moon - Red

Bhuloka Day

Until 4:16PM

Tritiya Until 7:29PM

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.5 Tithi 19 - 20

854173366

Gulika

10:20AM - 11:29AM

Purvaphalguni Until 1:50PM

Ganesha: Purple

Sunrise: 8:02AM

Yama

8:02AM - 9:11AM

Sobhana Until 1:40PM

Muruqa: Clear

Sunset: 5:15PM

Creative Work Siddha Yoga

Rahu

1:48PM - 2:57PM

Kaulava Until 3:03AM Fri

Nataraja: Green

Moon - Red

Bhuloka Day

Chaturthi\* Until 4:24PM

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 6.28 Tithi 20 - 21

954173366

Gulika

9:10AM - 10:20AM

Uttaraphalguni Until 11:45AM

Ganesha: Clear

Sunrise: 8:01AM

Yama

2:58PM - 4:07PM

Athiganda\* Until 10:14AM

Muruqa: Clear

Sunset: 5:17PM

Creative Work Siddha Yoga

Rahu

11:29AM - 12:39PM

Gara Until 12:44AM Sat

Nataraja: Green

Moon - Red

Devaloka Day

Until 11:45AM

Panchami Until 1:47PM

Pausha\*Thai

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.41 Tithi 21 - 22

964173366

Gulika

8:00AM - 9:10AM

Hasta Until 10:31AM

Ganesha: Purple

Sunrise: 8:00AM

Yama

1:49PM - 2:59PM

Sukarma Until 7:18AM

Muruqa: Clear

Sunset: 5:18PM

Routine Work Marana Yoga

Rahu

10:20AM - 11:29AM

Visti Until 11:04PM

Nataraja: Green

Moon - Green

Bhuloka Day

Shashthi\* Until 11:48AM

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 4.29 Tithi 22 - 23

964173366

Gulika

2:59PM - 4:10PM

Chitra Until 9:51AM

Ganesha: Purple

Sunrise: 7:59AM

Yama

12:39PM - 1:49PM

Shula\* Until 3:06AM Mon

Muruqa: Clear

Sunset: 5:20PM

Creative Work Siddha Yoga

Rahu

4:10PM - 5:20PM

Balava Until 10:08PM

Nataraja: Green

Moon - Green

Bhuloka Day

Saptami Until 10:30AM

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.52 Tithi 23 - 24

964173366

Gulika

1:50PM - 3:00PM

Svati Until 9:44AM

Ganesha: Purple

Sunrise: 7:58AM

Family Home Evening

Rahu

11:29AM - 12:39PM

Ganda\* Until 1:52AM Tue

Muruqa: Clear

Sunset: 5:21PM

Creative Work Amrita Yoga

Rahu

9:08AM - 10:19AM

Taitila Until 9:58PM

Nataraja: Green

Moon - Green

Bhuloka Day

Until 9:44AM

Ashtami\* Until 9:56AM

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Winterthur, Switzerland Sun 7 Sutra 289 Vilamba 5120
Wrischika Rasi: 0.5	Tithi 24 – 25	974173366	<b>Gulika</b> 12:40PM – 1:50PM <b>Yama</b> 10:18AM – 11:29AM <b>Rahu</b> 3:01PM – 4:12PM	<b>Vishakha</b> Until 10:40AM Vridhhi Until 1:12AM Wed Vanija Until 10:30PM <b>Navami*</b> Until 10:07AM	<b>Ganesha:</b> Clear <i>Sunrise: 7:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:23PM</i> <b>Nataraja:</b> Green Moon – Orange <b>Devaloka Day</b> Pausha*Thai
Routine Work Marana Yoga Until 10:40AM Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Winterthur, Switzerland Sun 8 Sutra 290 Vilamba 5120
Wrischika Rasi: 13.29	Tithi 25 – 26	974173366	<b>Gulika</b> 11:29AM – 12:40PM <b>Yama</b> 9:07AM – 10:18AM <b>Rahu</b> 12:40PM – 1:51PM	<b>Anuradha</b> Until 12:06PM Dhruva Until 1:00AM Thu Bava Until 11:42PM <b>Dashami</b> Until 11:00AM	<b>Ganesha:</b> Clear <i>Sunrise: 7:56AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:24PM</i> <b>Nataraja:</b> Green Moon – Orange <b>Devaloka Day</b> Pausha*Thai
Creative Work Siddha Yoga					

<b>3</b>		<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Winterthur, Switzerland Sun 9 Sutra 291 Vilamba 5120
Wrischika Rasi: 25.52	Tithi 26 – 27	974173366	<b>Gulika</b> 10:17AM – 11:29AM <b>Yama</b> 7:54AM – 9:06AM <b>Rahu</b> 1:51PM – 3:03PM	<b>Jyeshtha*</b> Until 1:57PM Vyaghata* Until 1:13AM Fri Kaulava Until 1:27AM Fri <b>Ekadashi*</b> Until 12:30PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:54AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:26PM</i> <b>Nataraja:</b> Green Moon – Orange <b>Devaloka Day</b> Pausha*Thai
Routine Work Prabalarishta Yoga Until 1:57PM Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Winterthur, Switzerland Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 8.01	Tithi 27 – 28	984173366	<b>Gulika</b> 9:06AM – 10:17AM <b>Yama</b> 3:03PM – 4:14PM <b>Rahu</b> 11:29AM – 12:40PM	<b>Mula*</b> Until 4:35PM Harshana Until 1:47AM Sat Gara Until 3:38AM Sat <b>Dvadashi*</b> Until 2:28PM	<b>Ganesha:</b> White <i>Sunrise: 7:54AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:26PM</i> <b>Nataraja:</b> Green Moon – Light Blue <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Pausha*Thai
Creative Work Amrita Yoga Until 4:35PM Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Winterthur, Switzerland Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 20.01	Tithi 28 – 29	984173366	<b>Gulika</b> 7:53AM – 9:05AM <b>Yama</b> 1:52PM – 3:04PM <b>Rahu</b> 10:17AM – 11:28AM	<b>Purvashadha*</b> Until 7:23PM Vajra* Until 2:32AM Sun Visti Until 6:06AM Sun <b>Trayodashi*</b> Until 4:49PM	<b>Ganesha:</b> White <i>Sunrise: 7:53AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:27PM</i> <b>Nataraja:</b> Green Moon – Light Blue <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Pausha*Thai
Creative Work Siddha Yoga Until 7:23PM Then Routine Work - Marana Yoga					

<b>6</b>		<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Winterthur, Switzerland Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 1.54	Tithi 29	985173366	<b>Gulika</b> 3:05PM – 4:17PM <b>Yama</b> 12:40PM – 1:52PM <b>Rahu</b> 4:17PM – 5:29PM	<b>Uttarashadha</b> Until 10:15PM Siddhi Until 3:27AM Mon Visti Until 6:06AM <b>Chaturdashi*</b> Until 7:24PM	<b>Ganesha:</b> Yellow <i>Sunrise: 7:52AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:29PM</i> <b>Nataraja:</b> Green Moon – Light Blue <b>Devaloka Day</b> Pausha*Thai
Creative Work Amrita Yoga					

<b>Monday, February 4, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Winterthur, Switzerland Sun 13 Sutra 295 Vilamba 5120
Makara Rasi: 13.43	Tithi 30	995173367	<b>Gulika</b> 1:53PM – 3:05PM <b>Yama</b> 11:28AM – 12:40PM <b>Rahu</b> 9:03AM – 10:15AM	<b>Shravana</b> Until 1:32AM Tue Vyatipata* Until 4:27AM Tue Catuspada Until 8:46AM <b>Amavasya*</b> Until 10:06PM	<b>Ganesha:</b> Red <i>Sunrise: 7:50AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:30PM</i> <b>Nataraja:</b> White Moon – Purple <b>Devaloka Day</b> Pausha*Thai
Family Home Evening Creative Work Amrita Yoga Until 1:32AM Tue Then Creative Work - Siddha Yoga					

<b>Tuesday, February 5, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau	Winterthur, Switzerland Sun 14 Sutra 296 Vilamba 5120
Makara Rasi: 25.31	Tithi 1	995173367	<b>Gulika</b> 12:41PM – 1:53PM <b>Yama</b> 10:15AM – 11:28AM <b>Rahu</b> 3:06PM – 4:19PM	<b>Dhanishtha</b> Until 4:39AM Wed Variyan Until 5:24AM Wed Kintughna Until 11:29AM <b>Prathama*</b> Until 12:48AM Wed	<b>Ganesha:</b> Red <i>Sunrise: 7:49AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:32PM</i> <b>Nataraja:</b> White Moon – Purple <b>Devaloka Day</b> Magha*Thai
Creative Work Siddha Yoga					

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 297 Vilamba 5120	
	Kumbha Rasi: 7.19	Tithi 2	<b>Gulika</b> 11:27AM – 12:41PM	<b>Shatabhishak</b> <b>Until 7:30AM Thu</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:48AM		
			Yama 9:01AM – 10:14AM	Parigha* Until 6:18AM Thu	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:34PM		Moon 1 - Phase 41 3rd Phase
		995173367 <b>Rahu</b> 12:41PM – 1:54PM	Balava Until 2:09PM	<b>Nataraja:</b> White				<b>Devaloka Day</b>
		Creative Work Siddha Yoga	<b>Dvitiya</b> <b>Until 3:25AM Thu</b>	<b>Moon – Purple</b>				

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 298 Vilamba 5120	
	Kumbha Rasi: 19.1	Tithi 3	<b>Gulika</b> 10:14AM – 11:27AM	<b>Shatabhishak</b> <b>Until 7:30AM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:46AM		
			Yama 7:46AM – 9:00AM	Parigha* Until 6:18AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:35PM		Moon 1 - Phase 41 3rd Phase
		995173367 <b>Rahu</b> 1:54PM – 3:08PM	Taitila Until 4:40PM	<b>Nataraja:</b> White				<b>Devaloka Day</b>
		Creative Work Siddha Yoga	<b>Tritiya</b> <b>Until 5:50AM Fri</b>	<b>Moon – Purple</b>				
				<b>Magha-Thai</b>				

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthiyam Titau				Winterthur, Switzerland Sun 17 Sutra 299 Vilamba 5120	
	Meena Rasi: 1.05	Tithi 4	<b>Gulika</b> 8:59AM – 10:13AM	<b>Purvaproshtapada*</b> <b>Until 10:29AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:45AM		
			Yama 3:09PM – 4:23PM	Shiva Until 7:03AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:37PM		Moon 1 - Phase 41 3rd Phase
		915173367 <b>Rahu</b> 11:27AM – 12:41PM	Vanija Until 6:57PM	<b>Nataraja:</b> White				<b>Sivaloka Day</b>
		Creative Work Siddha Yoga	<b>Chaturthi*</b> <b>Until 7:57AM Sat</b>	<b>Moon – Clear</b>				
				<b>Magha-Thai</b>				

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 300 Vilamba 5120	
	Meena Rasi: 13.07	Tithi 4 – 5	<b>Gulika</b> 7:43AM – 8:58AM	<b>Uttaraproshtapada</b> <b>Until 1:01PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:43AM		
			Yama 1:55PM – 3:10PM	Siddha Until 7:33AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:38PM		Moon 1 - Phase 41 3rd Phase
		915173367 <b>Rahu</b> 10:12AM – 11:27AM	Bava Until 8:54PM	<b>Nataraja:</b> White				<b>Sivaloka Day</b>
		Creative Work Siddha Yoga	<b>Chaturthi*</b> <b>Until 7:57AM</b>	<b>Moon – Clear</b>				
		Until 1:01PM		<b>Magha-Thai</b>				
		Then Routine Work - Prabalarishta Yoga						

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 301 Vilamba 5120	
	Meena Rasi: 25.18	Tithi 5 – 6	<b>Gulika</b> 3:10PM – 4:25PM	<b>Revati</b> <b>Until 2:59PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:42AM		
			Yama 12:41PM – 1:56PM	Sadhya Until 7:47AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:40PM		Moon 1 - Phase 41 3rd Phase
		915273367 <b>Rahu</b> 4:25PM – 5:40PM	Kaulava Until 10:23PM	<b>Nataraja:</b> White				<b>Devaloka Day</b>
		Creative Work Amrita Yoga	<b>Panchami</b> <b>Until 9:41AM</b>	<b>Moon – Clear</b>				
		Until 2:59PM		<b>Magha-Thai</b>				
		Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 302 Vilamba 5120	
	Mesha Rasi: 7.41	Tithi 6 – 7	<b>Gulika</b> 1:56PM – 3:11PM	<b>Ashvini</b> <b>Until 4:45PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:41AM		
	<b>Family Home Evening</b>		Yama 11:26AM – 12:41PM	Subha Until 7:38AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:41PM		Moon 1 - Phase 41 3rd Phase
		925273367 <b>Rahu</b> 8:56AM – 10:11AM	Gara Until 11:18PM	<b>Nataraja:</b> White				<b>Bhuloka Day</b>
		Creative Work Siddha Yoga	<b>Shashthi*</b> <b>Until 10:54AM</b>	<b>Moon – White</b>				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Magha-Thai</b>				

<b>☾</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 303 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 12:41PM – 1:56PM	<b>Bharani</b> <b>Until 5:44PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:39AM		
	Mesha Rasi: 20.2	Tithi 7 – 8	Yama 10:10AM – 11:25AM	Sukla Until 7:00AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:43PM		Moon 1 - Phase 41 Ashtami
		925273367 <b>Rahu</b> 3:12PM – 4:27PM	Visti Until 11:32PM	<b>Nataraja:</b> White				<b>Bhuloka Day</b>
		Creative Work Siddha Yoga	<b>Saptami</b> <b>Until 11:29AM</b>	<b>Moon – White</b>				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Magha-Thai</b>				

<b>☾</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 304 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 11:25AM – 12:41PM	<b>Krittika</b> <b>Until 5:52PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:37AM		
	Vrishabha Rasi: 3.2	Tithi 8 – 9	Yama 8:53AM – 10:09AM	Indra Until 4:07AM Thu	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:44PM		Moon 1 - Phase 41 Navami
		926273367 <b>Rahu</b> 12:41PM – 1:57PM	Balava Until 11:02PM	<b>Nataraja:</b> White				<b>Devaloka Day</b>
		Creative Work Amrita Yoga	<b>Ashtami*</b> <b>Until 11:22AM</b>	<b>Moon – White</b>				
		Until 5:52PM		<b>Magha-Masi</b>				
		Then Creative Work - Siddha Yoga						


<b>1</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 305 Vilamba 5120
	Vishabha Rasi: 16.43	Tithi 9 – 10	936273367	<b>Gulika</b> 10:08AM – 11:25AM <b>Yama</b> 7:36AM – 8:52AM <b>Rahu</b> 1:57PM – 3:13PM	<b>Rohini Until 5:33PM</b> Vaidhriti* Until 1:45AM Fri Taitila Until 9:45PM <b>Navami* Until 10:28AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	Sunrise: 7:36AM Sunset: 5:46PM Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Routine Work Marana Yoga						


<b>2</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 306 Vilamba 5120
	Mithuna Rasi: 0.33	Tithi 10 – 11	936273367	<b>Gulika</b> 8:51AM – 10:08AM <b>Yama</b> 3:14PM – 4:31PM <b>Rahu</b> 11:24AM – 12:41PM	<b>Mrigashira Until 4:22PM</b> Vishkambha* Until 10:51PM Vanija Until 7:45PM <b>Dashami Until 8:49AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	Sunrise: 7:34AM Sunset: 5:48PM Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

<b>3</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 14.49	Tithi 11 – 12	936273367	<b>Gulika</b> 7:33AM – 8:50AM <b>Yama</b> 1:58PM – 3:15PM <b>Rahu</b> 10:07AM – 11:24AM	<b>Ardra Until 2:23PM</b> Priti Until 7:26PM Balava Until 3:35AM Sun <b>Ekadashi Until 6:30AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	Sunrise: 7:33AM Sunset: 5:49PM Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

<b>4</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 29.3	Tithi 13	946273367	<b>Gulika</b> 3:16PM – 4:33PM <b>Yama</b> 12:41PM – 1:58PM <b>Rahu</b> 4:33PM – 5:51PM	<b>Punarvasu Until 12:09PM</b> Ayushman Until 3:36PM Kaulava Until 1:58PM <b>Trayodashi Until 12:14AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:31AM Sunset: 5:51PM Moon 1 - Phase 42 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	<i>Pradosha Vrata</i>						

<b>5</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 14.3	Tithi 14	946273367	<b>Gulika</b> 1:59PM – 3:16PM <b>Yama</b> 11:23AM – 12:41PM <b>Rahu</b> 8:47AM – 10:05AM	<b>Pushya Until 9:24AM</b> Saubhagya Until 11:29AM Gara Until 10:27AM <b>Chaturdashi* Until 8:35PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:29AM Sunset: 5:52PM Moon 1 - Phase 42 4th Phase <b>Devaloka Day</b>
	Family Home Evening Creative Work Siddha Yoga			<b>Chidambaram Abhishekam</b>			

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sutra 310 Vilamba 5120		
	<b>Copper Retreat Star</b>		Kataka Rasi: 29.43	Tithi 15 – 16	946273367	<b>Gulika</b> 12:41PM – 1:59PM <b>Yama</b> 10:04AM – 11:22AM <b>Rahu</b> 3:17PM – 4:35PM	<b>Ashlesha* Until 6:18AM</b> Sobhana Until 7:12AM Visti Until 6:43AM <b>Purnima* Until 4:48PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:28AM Sunset: 5:54PM Moon 1 - Phase 42 Purnima <b>Devaloka Day</b>
	Creative Work Siddha Yoga								

	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sutra 311 Vilamba 5120		
	<b>Silver Retreat Star</b>		Simha Rasi: 14.58	Tithi 16 – 17	957273367	<b>Gulika</b> 11:22AM – 12:41PM <b>Yama</b> 8:45AM – 10:03AM <b>Rahu</b> 12:41PM – 1:59PM	<b>Purvaphalguni Until 12:30AM Thu</b> Sukarma Until 10:38PM Taitila Until 11:15PM <b>Prathama* Until 1:03PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Red <b>Magha-Masi</b>	Sunrise: 7:26AM Sunset: 5:55PM Moon 1 - Phase 42 Prathama <b>Devaloka Day</b>
	Creative Work Amrita Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dviliya/Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 0.06 Tithi 18 - 18

957273367

Gulika 10:02AM - 11:21AM  
Yama 7:24AM - 8:43AM  
Rahu 2:00PM - 3:19PM

Uttaraphalguni Until 9:46PM

Dhriti Until 6:40PM

Vanija Until 7:53PM

Dvitiya Until 9:30AM

Ganesha: Clear Sunrise: 7:24AM

Muruqa: Clear Sunset: 5:57PM

Nataraja: White

Moon - Red

Devaloka Day

Magha-Masi

Until 9:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Winterthur, Switzerland

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.58 Tithi 18 - 19

967273367

Gulika 8:42AM - 10:01AM  
Yama 3:19PM - 4:39PM  
Rahu 11:21AM - 12:40PM

Hasta Until 7:47PM

Shula\* Until 3:01PM

Balava Until 3:41AM Sat

Tritiya Until 6:20AM

Ganesha: White Sunrise: 7:22AM

Muruqa: Clear Sunset: 5:58PM

Nataraja: White

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Magha-Masi

Creative Work Amrita Yoga

Until 7:47PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 29.26 Tithi 20

967273367

Gulika 7:21AM - 8:41AM  
Yama 2:00PM - 3:20PM  
Rahu 10:00AM - 11:20AM

Chitra Until 6:16PM

Ganda\* Until 11:53AM

Kaulava Until 2:38PM

Panchami Until 1:43AM Sun

Ganesha: White Sunrise: 7:21AM

Muruqa: Clear Sunset: 6:00PM

Nataraja: White

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Magha-Masi

Routine Work Marana Yoga

Until 6:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 13.26 Tithi 21

967273367

Gulika 3:21PM - 4:41PM  
Yama 12:40PM - 2:00PM  
Rahu 4:41PM - 6:01PM

Svati Until 5:21PM

Vridhi Until 9:20AM

Gara Until 1:03PM

Shashthi\* Until 12:33AM Mon

Ganesha: White Sunrise: 7:19AM

Muruqa: Clear Sunset: 6:01PM

Nataraja: White

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Magha-Masi

Creative Work Siddha Yoga

Until 5:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.58 Tithi 22

977273367

Gulika 2:01PM - 3:21PM  
Yama 11:19AM - 12:40PM  
Rahu 8:38AM - 9:59AM

Vishakha Until 5:34PM

Dhruva Until 7:25AM

Visti Until 12:18PM

Saptami Until 12:14AM Tue

Ganesha: Yellow Sunrise: 7:17AM

Muruqa: Clear Sunset: 6:03PM

Nataraja: White

Moon - Orange

Devaloka Day

Magha-Masi

Family Home Evening

Routine Work Marana Yoga

Until 5:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 10.02 Tithi 23

977273367

Gulika 12:40PM - 2:01PM  
Yama 9:58AM - 11:19AM  
Rahu 3:22PM - 4:43PM

Anuradha Until 6:29PM

Vyaghata\* Until 6:11AM

Balava Until 12:26PM

Ashtami\* Until 12:47AM Wed

Ganesha: Yellow Sunrise: 7:15AM

Muruqa: Clear Sunset: 6:04PM

Nataraja: White

Moon - Orange

Devaloka Day

Magha-Masi

Creative Work Siddha Yoga

Until 6:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.41 Tithi 24

978273367

Gulika 11:18AM - 12:40PM  
Yama 8:35AM - 9:57AM  
Rahu 12:40PM - 2:01PM

Jyeshtha\* Until 8:01PM

Vajra\* Until 5:39AM Thu

Taitila Until 1:23PM

Navami\* Until 2:08AM Thu

Ganesha: Blue Sunrise: 7:13AM

Muruqa: Clear Sunset: 6:06PM

Nataraja: White

Moon - Orange

Sivaloka Day

Magha-Masi

Creative Work Siddha Yoga

Until 8:01PM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 4.59	Tithi 25	<b>Gulika</b> 9:56AM – 11:18AM	<b>Mula* Until 10:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM
		Yama 7:12AM – 8:34AM	Siddhi Until 6:09AM Fri	<b>Nataraja:</b> White		Moon – Light Blue	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 2:01PM – 3:23PM	Vanija Until 3:05PM				2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 4:07AM Fri</b>	<b>Magha-Masi</b>		<b>Devaloka Day</b>	
<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 17.03	Tithi 26	<b>Gulika</b> 8:31AM – 9:54AM	<b>Purvashadha* Until 1:22AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:08AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM
		Yama 3:25PM – 4:48PM	Siddhi Until 6:09AM	<b>Nataraja:</b> White		Moon – Light Blue	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 11:16AM – 12:39PM	Bava Until 5:19PM				2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 6:34AM Sat</b>	<b>Magha-Masi</b>		<b>Devaloka Day</b>	
Until 1:22AM Sat							
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 28.56	Tithi 26 – 27	<b>Gulika</b> 7:06AM – 8:29AM	<b>Uttarashadha Until 4:19AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM
		Yama 2:02PM – 3:25PM	Vyatipata* Until 6:59AM	<b>Nataraja:</b> White		Moon – Light Blue	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 9:53AM – 11:16AM	Kaulava Until 7:55PM				2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 6:34AM</b>	<b>Magha-Masi</b>		<b>Devaloka Day</b>	
Until 4:19AM Sun							
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 10.44	Tithi 27 – 28	<b>Gulika</b> 3:26PM – 4:50PM	<b>Shravana Until 7:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:13PM
		Yama 12:39PM – 2:02PM	Varyan Until 7:58AM	<b>Nataraja:</b> White		Moon – Purple	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 4:50PM – 6:13PM	Gara Until 10:39PM				2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 9:15AM</b>	<b>Magha-Masi</b>		<b>Devaloka Day</b>	
Until 7:40AM Mon							
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				
<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 22.3	Tithi 28 – 29	<b>Gulika</b> 2:03PM – 3:27PM	<b>Shravana Until 7:40AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM
<b>Family Home Evening</b>		Yama 11:14AM – 12:39PM	Parigha* Until 9:02AM	<b>Nataraja:</b> White		Moon – Purple	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 8:26AM – 9:50AM	Visti Until 1:22AM Tue				2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi* Until 12:00PM</b>	<b>Magha-Masi</b>		<b>Devaloka Day</b>	
Until 7:40AM							
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					
<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 4.17	Tithi 29 – 30	<b>Gulika</b> 12:38PM – 2:03PM	<b>Dhanishtha Until 10:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM
		Yama 9:49AM – 11:14AM	Shiva Until 10:03AM	<b>Nataraja:</b> White		Moon – Purple	Moon 2 - Phase 44
		199273367 <b>Rahu</b> 3:27PM – 4:52PM	Catuspada Until 3:56AM Wed				Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:39PM</b>	<b>Magha-Masi</b>		<b>Devaloka Day</b>	
Until 10:47AM							
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 16.09	Tithi 30 – 1	<b>Gulika</b> 11:13AM – 12:38PM	<b>Shatabhishak Until 1:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:58AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM
		Yama 8:23AM – 9:48AM	Siddha Until 10:53AM	<b>Nataraja:</b> White		Moon – Purple	Moon 2 - Phase 44
		199273367 <b>Rahu</b> 12:38PM – 2:03PM	Kintughna Until 6:14AM Thu				Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:06PM</b>	<b>Phalgun-Masi</b>		<b>Devaloka Day</b>	
Until 1:33PM							
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Sadhya/Subha Yoga Kintughna/Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 15 Sutra 326 Vilamba 5120
<b>1</b>	Kumbha Rasi: 28.07 Tithi 1	<b>Gulika</b> 9:47AM – 11:13AM Yama 6:56AM – 8:22AM 119373367 <b>Rahu</b> 2:03PM – 3:29PM	<b>Purvaprosarthpada* Until 4:24PM</b> Sadhya Until 11:32AM Kintughna Until 6:14AM Prathama* Until 7:15PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 6:19PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 327 Vilamba 5120
<b>2</b>	Meena Rasi: 10.11 Tithi 2	<b>Gulika</b> 8:20AM – 9:46AM Yama 3:29PM – 4:55PM 119373367 <b>Rahu</b> 11:12AM – 12:38PM	<b>Uttaraprosarthpada Until 6:46PM</b> Subha Until 11:58AM Balava Until 8:13AM Dvitiya Until 9:04PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 6:21PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 17 Sutra 328 Vilamba 5120
<b>3</b>	Meena Rasi: 22.23 Tithi 3	<b>Gulika</b> 6:53AM – 8:19AM Yama 2:04PM – 3:30PM 119373367 <b>Rahu</b> 9:45AM – 11:11AM	<b>Revati Until 8:38PM</b> Sukla Until 12:07PM Tailila Until 9:53AM Tritiya Until 10:33PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 6:22PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Winterthur, Switzerland Sun 18 Sutra 329 Vilamba 5120
<b>4</b>	Mesha Rasi: 4.45 Tithi 4	<b>Gulika</b> 3:30PM – 4:57PM Yama 12:37PM – 2:04PM 129373367 <b>Rahu</b> 4:57PM – 6:24PM	<b>Ashvini Until 10:27PM</b> Brahma Until 11:59AM Vanija Until 11:09AM Chaturthi* Until 11:38PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 6:24PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 19 Sutra 330 Vilamba 5120
<b>5</b>	Mesha Rasi: 17.17 Tithi 5 <b>Family Home Evening</b>	<b>Gulika</b> 2:04PM – 3:31PM Yama 11:10AM – 12:37PM 129373367 <b>Rahu</b> 8:16AM – 9:43AM	<b>Bharani Until 11:41PM</b> Indra Until 11:34AM Bava Until 12:01PM Panchami Until 12:16AM Tue	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:49AM <b>Sunset:</b> 6:25PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Winterthur, Switzerland Sun 20 Sutra 331 Vilamba 5120
<b>6</b>	Vrishabha Rasi: 0.02 Tithi 6	<b>Gulika</b> 12:37PM – 2:04PM Yama 9:42AM – 11:09AM 129373367 <b>Rahu</b> 3:32PM – 4:59PM	<b>Krittika Until 12:17AM Wed</b> Vaidhriti* Until 10:45AM Kaulava Until 12:25PM Shashthi* Until 12:24AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:27PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Winterthur, Switzerland Sun 21 Sutra 332 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 11:08AM – 12:36PM Yama 8:13AM – 9:41AM 131373367 <b>Rahu</b> 12:36PM – 2:04PM	<b>Rohini Until 12:39AM Thu</b> Vishkambha* Until 9:33AM Gara Until 12:17PM Saptami Until 11:59PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:45AM <b>Sunset:</b> 6:28PM	Moon 2 - Phase 45 3rd Phase <b>Sivaloka Day</b>
<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 22 Sutra 333 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:39AM – 11:08AM Yama 6:43AM – 8:11AM 131373367 <b>Rahu</b> 2:04PM – 3:33PM	<b>Mrigashira Until 12:15AM Fri</b> Priti Until 7:54AM Visti Until 11:33AM Ashtami* Until 10:56PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 6:29PM	Moon 2 - Phase 45 Ashtami <b>Sivaloka Day</b>
<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 23 Sutra 334 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:10AM – 9:38AM Yama 3:33PM – 5:02PM 131373368 <b>Rahu</b> 11:07AM – 12:36PM	<b>Ardra Until 11:07PM</b> Saubhagya Until 3:05AM Sat Balava Until 10:12AM Navami* Until 9:17PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 6:31PM	Moon 2 - Phase 45 Navami <b>Subha Sivaloka Day</b>
		<b>Karadaiyan Nombu (Tamil Nadu)</b>		<b>Phalguna-Panguni</b>		


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 23.58	Tithi 10	<b>Gulika</b> 6:39AM – 8:08AM	<b>Punarvasu</b> Until 9:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	
			Yama 2:05PM – 3:34PM	Sobhana Until 12:00AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:37AM – 11:06AM	Taitila Until 8:14AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 7:02PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 8.21	Tithi 11 – 12	<b>Gulika</b> 3:34PM – 5:04PM	<b>Pushya</b> Until 7:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	
			Yama 12:35PM – 2:05PM	Athiganda* Until 8:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 5:04PM – 6:34PM	Bava Until 2:45AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 4:16PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 23.04	Tithi 12 – 13	<b>Gulika</b> 2:05PM – 3:35PM	<b>Ashlesha*</b> Until 5:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	
	<b>Family Home Evening</b>		Yama 11:05AM – 12:35PM	Sukarma Until 4:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 8:05AM – 9:35AM	Kaulava Until 11:26PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 1:07PM	Moon – Blue		<b>Sivaloka Day</b>	
			<b>Yogaswami Mahasamadhi</b>	<b>Phalguna-Panguni</b>			
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 8.01	Tithi 13 – 14	<b>Gulika</b> 12:35PM – 2:05PM	<b>Magha*</b> Until 2:27PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	
			Yama 9:34AM – 11:04AM	Dhriti Until 12:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:36PM – 5:06PM	Gara Until 7:56PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 9:41AM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sun 28 Sutra 339 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:03AM – 12:34PM	<b>Purvaphalguni</b> Until 11:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:31AM	
	Simha Rasi: 23.05	Tithi 14 – 15	Yama 8:02AM – 9:33AM	Shula* Until 8:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:34PM – 2:05PM	Bava Until 2:37AM Thu	<b>Nataraja:</b> Clear		Purnima
			<b>Chaturdashi*</b> Until 6:08AM	Moon – Red		<b>Subha Sivaloka Day</b>	
			<b>Panguni Uttiram</b>	<b>Phalguna-Panguni</b>			
			<b>Holi</b>	<i>Holi</i>			

<b>5</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sun 29 Sutra 340 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:31AM – 11:03AM	<b>Uttaraphalguni</b> Until 8:50AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM	
	Kanya Rasi: 8.08	Tithi 16	Yama 6:29AM – 8:00AM	Vriddhi Until 12:41AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 46
			151383368 <b>Rahu</b> 2:05PM – 3:37PM	Balava Until 12:57PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 11:19PM	Moon – Red		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			
				<i>Pradosha Vrata</i>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 22.59      Tithi 17

162383368 Rahu

Creative Work    Amrita Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**      7:58AM – 9:30AM  
Yama          3:37PM – 5:09PM  
**Rahu**        11:02AM – 12:34PM

**Hasta Until 6:33AM**  
Dhruva Until 9:08PM  
Taitila Until 9:49AM  
**Dvitiya Until 8:24PM**

**Ganesha:** Yellow      *Sunrise:* 6:27AM  
**Muruqa:** White        *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Green              **Devaloka Day**  
**Phalguna-Panguni**

Winterthur, Switzerland  
Sun 1      Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**1**

**Saturday, March 23, 2019**

Tula Rasi: 7.31      Tithi 18

162383368 Rahu

Creative Work    Siddha Yoga  
Until 3:02AM Sun  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**      6:25AM – 7:57AM  
Yama          2:06PM – 3:38PM  
**Rahu**        9:29AM – 11:01AM

**Svati Until 3:02AM Sun**  
Vyaghata\* Until 6:03PM  
Vanija Until 7:09AM  
**Tritiya Until 6:02PM**

**Ganesha:** Blue        *Sunrise:* 6:25AM  
**Muruqa:** White        *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Green              **Bhuloka Day**  
**Phalguna-Panguni**      Devaloka Time: 6:PM to 9:PM

Winterthur, Switzerland  
Sun 2      Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**2**

**Sunday, March 24, 2019**

Tula Rasi: 21.38      Tithi 19 – 20

172383368 Rahu

Routine Work    Marana Yoga  
Until 2:31AM Mon  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**      3:38PM – 5:11PM  
Yama          12:33PM – 2:06PM  
**Rahu**        5:11PM – 6:44PM

**Vishakha Until 2:31AM Mon**  
Harshana Until 3:33PM  
Kaulava Until 3:50AM Mon  
**Chaturthi\* Until 4:21PM**

**Ganesha:** Red        *Sunrise:* 6:23AM  
**Muruqa:** White        *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Orange              **Devaloka Day**  
**Phalguna-Panguni**

Winterthur, Switzerland  
Sun 3      Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 5.16      Tithi 20 – 21

172383368 Rahu

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 2:43AM Tue  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**      2:06PM – 3:39PM  
Yama          11:00AM – 12:33PM  
**Rahu**        7:54AM – 9:27AM

**Anuradha Until 2:43AM Tue**  
Vajra\* Until 1:41PM  
Gara Until 3:24AM Tue  
**Panchami Until 3:29PM**

**Ganesha:** Red        *Sunrise:* 6:21AM  
**Muruqa:** White        *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Orange              **Devaloka Day**  
**Phalguna-Panguni**

Winterthur, Switzerland  
Sun 4      Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 18.26      Tithi 21 – 22

172383368 Rahu

Routine Work    Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**      12:33PM – 2:06PM  
Yama          9:26AM – 10:59AM  
**Rahu**        3:39PM – 5:13PM

**Jyeshtha\* Until 3:37AM Wed**  
Siddhi Until 12:31PM  
Visti Until 3:52AM Wed  
**Shashthi\* Until 3:30PM**

**Ganesha:** Red        *Sunrise:* 6:19AM  
**Muruqa:** White        *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Orange              **Devaloka Day**  
**Phalguna-Panguni**

Winterthur, Switzerland  
Sun 5      Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**5**

**Wednesday, March 27, 2019**

Dhanus Rasi: 1.09      Tithi 22 – 23

182383368 Rahu

Routine Work    Marana Yoga  
Until 5:38AM Thu  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**      10:58AM – 12:32PM  
Yama          7:51AM – 9:24AM  
**Rahu**        12:32PM – 2:06PM

**Mula\* Until 5:38AM Thu**  
Vyatipata\* Until 12:02PM  
Balava Until 5:10AM Thu  
**Saptami Until 4:24PM**

**Ganesha:** Green      *Sunrise:* 6:17AM  
**Muruqa:** White        *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Light Blue              **Bhuloka Day**  
**Phalguna-Panguni**      Devaloka Time: 6:PM to 9:PM

Winterthur, Switzerland  
Sun 6      Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**D**

**Thursday, March 28, 2019**  
**Retreat Star**

Dhanus Rasi: 13.3      Tithi 23

182383368 Rahu

Creative Work    Siddha Yoga  
Until 8:10AM Fri  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Ashtamyam Titau

**Gulika**      9:23AM – 10:58AM  
Yama          6:15AM – 7:49AM  
**Rahu**        2:06PM – 3:41PM

**Purvashadha\* Until 8:10AM Fri**  
Variyan Until 12:09PM  
Kaulava Until 6:04PM  
**Ashtami\* Until 6:04PM**

**Ganesha:** Green      *Sunrise:* 6:15AM  
**Muruqa:** White        *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Light Blue              **Bhuloka Day**  
**Phalguna-Panguni**      Devaloka Time: 6:PM to 9:PM

Winterthur, Switzerland  
Sun 7      Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

**Friday, March 29, 2019**

**Retreat Star**

Dhanus Rasi: 25.35      Tithi 24

182383468 Rahu

Routine Work    Prabalarishta Yoga  
Until 8:10AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      7:47AM – 9:22AM  
Yama          3:41PM – 5:16PM  
**Rahu**        10:57AM – 12:32PM

**Purvashadha\* Until 8:10AM**  
Parigha\* Until 12:45PM  
Taitila Until 7:09AM  
**Navami\* Until 8:19PM**

**Ganesha:** Green      *Sunrise:* 6:13AM  
**Muruqa:** Yellow        *Sunset:* 6:51PM  
**Nataraja:** Purple  
Moon – Light Blue              **Devaloka Day**  
**Phalguna-Panguni**

Winterthur, Switzerland  
Sun 8      Sutra 348  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 349	
Makara Rasi: 7.28	Tithi 25	<b>Gulika</b> 6:11AM – 7:46AM	<b>Uttarashadha</b> Until 10:57AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:11AM	Vilamba 5120	
		Yama 2:07PM – 3:42PM	Shiva Until 1:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 48	
		182383468 <b>Rahu</b> 9:21AM – 10:56AM	Vanija Until 9:36AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:54PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:57AM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 350	
Makara Rasi: 19.16	Tithi 26	<b>Gulika</b> 3:42PM – 5:18PM	<b>Shravana</b> Until 2:17PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:09AM	Vilamba 5120	
		Yama 12:31PM – 2:07PM	Siddha Until 2:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 48	
		192383468 <b>Rahu</b> 5:18PM – 6:53PM	Bava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 1:36AM Mon	Moon – Purple		<b>Sivaloka Day</b>	
Until 2:17PM				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 11 Sutra 351	
Kumbha Rasi: 1.02	Tithi 27	<b>Gulika</b> 2:07PM – 3:42PM	<b>Dhanishtha</b> Until 5:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:09AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:55AM – 12:31PM	Sadhya Until 3:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 48	
		192483468 <b>Rahu</b> 7:44AM – 9:20AM	Kaulava Until 2:56PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 4:11AM Tue	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 12 Sutra 352	
Kumbha Rasi: 12.52	Tithi 28	<b>Gulika</b> 12:31PM – 2:07PM	<b>Shatabhishak</b> Until 8:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:07AM	Vilamba 5120	
		Yama 9:19AM – 10:55AM	Subha Until 4:41PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 48	
		192483468 <b>Rahu</b> 3:43PM – 5:19PM	Gara Until 5:23PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 6:28AM Wed	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 13 Sutra 353	
Kumbha Rasi: 24.49	Tithi 28 – 29	<b>Gulika</b> 10:54AM – 12:30PM	<b>Purvaproshtapada*</b> Until 10:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	Vilamba 5120	
		Yama 7:41AM – 9:18AM	Sukla Until 5:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 48	
		112483468 <b>Rahu</b> 12:30PM – 2:07PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 6:28AM	Moon – Clear		<b>Sivaloka Day</b>	
Until 10:55PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 14 Sutra 354	
Meena Rasi: 6.55	Tithi 29 – 30	<b>Gulika</b> 9:16AM – 10:53AM	<b>Uttaraproshtapada</b> Until 1:06AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:03AM	Vilamba 5120	
		Yama 6:03AM – 7:40AM	Brahma Until 5:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 48	
		112483468 <b>Rahu</b> 2:07PM – 3:44PM	Catuspada Until 9:11PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:22AM	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 15 Sutra 355	
Meena Rasi: 19.11	Tithi 30 – 1	<b>Gulika</b> 7:38AM – 9:15AM	<b>Revati</b> Until 2:42AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:01AM	Vilamba 5120	
		Yama 3:44PM – 5:22PM	Indra Until 5:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 48	
		112483468 <b>Rahu</b> 10:53AM – 12:30PM	Kintughna Until 10:27PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 9:51AM	Moon – Clear		<b>Sivaloka Day</b>	
		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>			

<b>1</b>		<b>Saturday, April 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 356 Vilamba 5120	
Mesha Rasi: 1.38	Tithi 1 – 2	<b>Gulika</b> 5:59AM – 7:36AM	<b>Ashvini Until 4:13AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:59AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 7:00PM</i>	Moon 3 - Phase 49 3rd Phase		<b>Devaloka Day</b>	
		Yama 2:07PM – 3:45PM	Vaidhrili* Until 5:15PM						
		123483468 <b>Rahu</b> 9:14AM – 10:52AM	Balava Until 11:17PM						
Creative Work	Siddha Yoga		<b>Prathama* Until 10:54AM</b>	<b>Chaitra-Panguni</b>					
Until 4:13AM Sun		<b>Chellappaswami Mahasamadhi</b>							
Then Routine Work - Prabalarishta Yoga									

<b>2</b>		<b>Sunday, April 7, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 17 Sutra 357 Vilamba 5120	
Mesha Rasi: 14.16	Tithi 2 – 3	<b>Gulika</b> 3:46PM – 5:24PM	<b>Bharani Until 5:12AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:57AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 7:02PM</i>	Moon 3 - Phase 49 3rd Phase		<b>Devaloka Day</b>	
		Yama 12:29PM – 2:07PM	Vishkambha* Until 4:36PM						
		123483468 <b>Rahu</b> 5:24PM – 7:02PM	Taitila Until 11:42PM						
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 11:31AM</b>	<b>Chaitra-Panguni</b>					
Until 5:12AM Mon									
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Monday, April 8, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 18 Sutra 358 Vilamba 5120	
Mesha Rasi: 27.05	Tithi 3 – 4	<b>Gulika</b> 2:08PM – 3:46PM	<b>Krittika Until 5:39AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:55AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 7:03PM</i>	Moon 3 - Phase 49 3rd Phase		<b>Devaloka Day</b>	
<b>Family Home Evening</b>		Yama 10:50AM – 12:29PM	Priti Until 3:40PM						
		123483468 <b>Rahu</b> 7:33AM – 9:12AM	Vanija Until 11:45PM						
Routine Work	Marana Yoga		<b>Tritiya Until 11:45AM</b>	<b>Chaitra-Panguni</b>					
Until 5:39AM Tue									
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Tuesday, April 9, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 19 Sutra 359 Vilamba 5120	
Vrisabha Rasi: 10.05	Tithi 4 – 5	<b>Gulika</b> 12:29PM – 2:08PM	<b>Rohini Until 6:03AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:53AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 7:05PM</i>	Moon 3 - Phase 49 3rd Phase		<b>Sivaloka Day</b>	
		Yama 9:11AM – 10:50AM	Ayushman Until 2:25PM						
		133483468 <b>Rahu</b> 3:47PM – 5:26PM	Bava Until 11:26PM						
Creative Work	Amrita Yoga		<b>Chaturthi* Until 11:37AM</b>	<b>Chaitra-Panguni</b>					
Until 6:03AM Wed									
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Wednesday, April 10, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Winterthur, Switzerland Sun 20 Sutra 360 Vilamba 5120	
Vrisabha Rasi: 23.17	Tithi 5 – 6	<b>Gulika</b> 10:49AM – 12:28PM	<b>Rohini Until 6:03AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:51AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 7:06PM</i>	Moon 3 - Phase 49 3rd Phase		<b>Sivaloka Day</b>	
		Yama 7:30AM – 9:10AM	Saubhagya Until 12:53PM						
		133483468 <b>Rahu</b> 12:28PM – 2:08PM	Kaulava Until 10:44PM						
Creative Work	Siddha Yoga		<b>Panchami Until 11:07AM</b>	<b>Chaitra-Panguni</b>					

<b>6</b>		<b>Thursday, April 11, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 21 Sutra 361 Vilamba 5120	
Mithuna Rasi: 6.41	Tithi 6 – 7	<b>Gulika</b> 9:09AM – 10:48AM	<b>Ardra Until 5:16AM Fri</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:49AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 7:07PM</i>	Moon 3 - Phase 49 3rd Phase		<b>Sivaloka Day</b>	
		Yama 5:49AM – 7:29AM	Sobhana Until 11:04AM						
		133483468 <b>Rahu</b> 2:08PM – 3:48PM	Gara Until 9:39PM						
Routine Work	Marana Yoga		<b>Shashthi* Until 10:14AM</b>	<b>Chaitra-Panguni</b>					
Until 5:16AM Fri									
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Friday, April 12, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Winterthur, Switzerland Sun 22 Sutra 362 Vilamba 5120	
Mithuna Rasi: 20.19	Tithi 7 – 8	<b>Gulika</b> 7:27AM – 9:07AM	<b>Punarvasu Until 4:29AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 5:47AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 7:09PM</i>	Moon 3 - Phase 49 Ashtami		<b>Devaloka Day</b>	
		Yama 3:48PM – 5:29PM	Athiganda* Until 8:53AM						
		143483468 <b>Rahu</b> 10:48AM – 12:28PM	Visti Until 8:08PM						
Creative Work	Siddha Yoga		<b>Saptami Until 8:56AM</b>	<b>Chaitra-Panguni</b>					

<b>Retreat Star</b>		<b>Saturday, April 13, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Winterthur, Switzerland Sun 23 Sutra 363 Vilamba 5120	
Kataka Rasi: 4.12	Tithi 8 – 9	<b>Gulika</b> 5:45AM – 7:26AM	<b>Pushya Until 3:09AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise: 5:45AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 7:10PM</i>	Moon 3 - Phase 49 Navami		<b>Devaloka Day</b>	
		Yama 2:08PM – 3:49PM	Sukarma Until 6:23AM						
		143483468 <b>Rahu</b> 9:06AM – 10:47AM	Balava Until 6:13PM						
Creative Work	Siddha Yoga		<b>Ashtami* Until 7:13AM</b>	<b>Chaitra-Panguni</b>					
		<b>Sri Rama Navami</b>							


Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

<b>1</b>	<b>Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Winterthur, Switzerland	
			Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 364	
	Kataka Rasi: 18.21	Tithi 10	<b>Gulika</b> 3:49PM – 5:30PM	<b>Ashlesha* Until 1:19AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	Vikarin 5121	
	143483468	Rahu	Yama 12:27PM – 2:08PM	Shula* Until 12:27AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:12PM	Moon 3 - Phase 1	
Creative Work Siddha Yoga		Tamil New Year		Moon – Blue		<b>Devaloka Day</b>		
Until 1:19AM Mon		Dashami Until 2:37AM Mon		Chaitra*Chaitra				
Then Routine Work - Marana Yoga								

<b>2</b>	<b>Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Winterthur, Switzerland	
			Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 1	
	Simha Rasi: 2.44	Tithi 11	<b>Gulika</b> 2:09PM – 3:50PM	<b>Magha* Until 11:27PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM	Vikarin 5121	
	253483468	Rahu	Yama 10:46AM – 12:27PM	Ganda* Until 9:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:13PM	Moon 3 - Phase 1	
Family Home Evening		Vanija Until 1:16PM		Nataraja: Purple		4th Phase		
Routine Work Marana Yoga		<b>Ekadashi Until 11:50PM</b>		Moon – Red		<b>Devaloka Day</b>		
Until 11:27PM		Chaitra*Chaitra						
Then Creative Work - Siddha Yoga								

<b>3</b>	<b>Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Winterthur, Switzerland	
			Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau				Sun 26 Sutra 2	
	Simha Rasi: 17.19	Tithi 12	<b>Gulika</b> 12:27PM – 2:09PM	<b>Purvaphalguni Until 9:16PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	Vikarin 5121	
	253483468	Rahu	Yama 9:03AM – 10:45AM	Vridhhi Until 5:33PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:14PM	Moon 3 - Phase 1	
Creative Work Siddha Yoga		Bava Until 10:23AM		Nataraja: Purple		4th Phase		
Until 9:16PM		<b>Dvodashi Until 8:52PM</b>		Moon – Red		<b>Devaloka Day</b>		
Then Creative Work - Amrita Yoga		Chaitra*Chaitra						

<b>4</b>	<b>Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Winterthur, Switzerland	
			Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 3	
	Kanya Rasi: 2.01	Tithi 13 – 14	<b>Gulika</b> 10:44AM – 12:27PM	<b>Uttaraphalguni Until 6:53PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM	Vikarin 5121	
	253483468	Rahu	Yama 7:20AM – 9:02AM	Dhruva Until 1:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:16PM	Moon 3 - Phase 1	
Creative Work Amrita Yoga		Kaulava Until 7:22AM		Nataraja: Purple		4th Phase		
Until 6:53PM		<b>Trayodashi Until 5:50PM</b>		Moon – Red		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga		Chaitra*Chaitra						
		<i>Pradosha Vrata</i>						

	<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Winterthur, Switzerland	
	<b>Copper Retreat Star</b>		Hasta/Chitra Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 4	
	Kanya Rasi: 16.42	Tithi 14 – 15	<b>Gulika</b> 9:01AM – 10:44AM	<b>Hasta Until 4:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM	Vikarin 5121	
	263483468	Rahu	Yama 5:36AM – 7:18AM	Vyaghata* Until 10:22AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:17PM	Moon 3 - Phase 1	
Routine Work Marana Yoga		Visti Until 1:30AM Fri		Nataraja: Purple		Purnima		
Until 4:51PM		<b>Chaturdashi* Until 2:53PM</b>		Moon – Green		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga		Chaitra*Chaitra						
		Chitra Purnima (Tamil Nadu)						
		Hanuman Jayanti						

	<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Winterthur, Switzerland	
	<b>Silver Retreat Star</b>		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 5	
	Tula Rasi: 1.17	Tithi 15 – 16	<b>Gulika</b> 7:17AM – 9:00AM	<b>Chitra Until 2:56PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:34AM	Vikarin 5121	
	263483468	Rahu	Yama 3:52PM – 5:35PM	Harshana Until 6:59AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:19PM	Moon 3 - Phase 1	
Creative Work Siddha Yoga		Balava Until 10:57PM		Nataraja: Purple		Prathama		
		<b>Purnima* Until 12:09PM</b>		Moon – Green		<b>Sivaloka Day</b>		
		Chaitra*Chaitra						