



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Vishakha/Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy
Sutra 16

Vrischika Rasi: 0.29 Tithi 17

273832369

Gulika 12:04PM – 1:51PM
Yama 8:29AM – 10:17AM
Rahu 3:38PM – 5:25PM

Vishakha Until 11:23AM
Variyan Until 4:48AM Wed
Taitila Until 2:40PM
Dvitiya Until 3:09AM Wed

Ganesha: Purple *Sunrise:* 4:55AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga
Until 11:23AM
Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy
Sun 1
Sutra 17

Vrischika Rasi: 13.01 Tithi 18

273832369

Gulika 10:16AM – 12:04PM
Yama 6:41AM – 8:29AM
Rahu 12:04PM – 1:51PM

Anuradha Until 1:05PM
Parigha* Until 4:56AM Thu
Vanija Until 3:49PM
Tritiya Until 4:34AM Thu

Ganesha: Purple *Sunrise:* 4:54AM
Muruqa: White *Sunset:* 7:13PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy
Sun 2
Sutra 18

Vrischika Rasi: 25.17 Tithi 19

274832369

Gulika 8:28AM – 10:16AM
Yama 4:52AM – 6:40AM
Rahu 1:51PM – 3:39PM

Jyeshtha* Until 3:08PM
Shiva Until 5:28AM Fri
Bava Until 5:30PM
Chaturthi* Until 6:30AM Fri

Ganesha: Clear *Sunrise:* 4:52AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga
Until 3:08PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy
Sun 3
Sutra 19

Dhanus Rasi: 7.22 Tithi 19 – 20

284832369

Gulika 6:39AM – 8:27AM
Yama 3:40PM – 5:28PM
Rahu 10:15AM – 12:03PM

Mula* Until 5:59PM
Siddha Until 6:17AM Sat
Kaulava Until 7:39PM
Chaturthi* Until 6:30AM

Ganesha: White *Sunrise:* 4:51AM
Muruqa: White *Sunset:* 7:16PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 5:59PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Trieste, Italy
Sun 4
Sutra 20

Dhanus Rasi: 19.16 Tithi 20 – 21

284832369

Gulika 4:49AM – 6:38AM
Yama 1:52PM – 3:40PM
Rahu 8:26AM – 10:15AM

Purvashadha* Until 8:59PM
Siddha Until 6:17AM
Gara Until 10:07PM
Panchami Until 8:50AM

Ganesha: White *Sunrise:* 4:49AM
Muruqa: White *Sunset:* 7:17PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 8:59PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashti/Saptamyam Titau

Trieste, Italy
Sun 5
Sutra 21

Makara Rasi: 1.05 Tithi 21 – 22

284832369

Gulika 3:41PM – 5:30PM
Yama 12:03PM – 1:52PM
Rahu 5:30PM – 7:18PM

Uttarashadha Until 11:55PM
Sadhya Until 7:18AM
Visti Until 12:42AM Mon
Shashti* Until 11:23AM

Ganesha: White *Sunrise:* 4:48AM
Muruqa: White *Sunset:* 7:18PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy
Sun 6
Sutra 22

Makara Rasi: 12.54 Tithi 22 – 23

294832369

Gulika 1:52PM – 3:41PM
Yama 10:14AM – 12:03PM
Rahu 6:36AM – 8:25AM

Shravana Until 3:04AM Tue
Subha Until 8:22AM
Balava Until 3:08AM Tue
Saptami Until 1:56PM

Ganesha: Yellow *Sunrise:* 4:47AM
Muruqa: White *Sunset:* 7:20PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Family Home Evening
Creative Work Amrita Yoga
Until 3:04AM Tue
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy
Sun 7
Sutra 23

Makara Rasi: 24.47 Tithi 23 – 24

294832369

Gulika 12:03PM – 1:52PM
Yama 8:24AM – 10:14AM
Rahu 3:42PM – 5:31PM

Dhanishtha Until 5:40AM Wed
Sukla Until 9:14AM
Taitila Until 5:10AM Wed
Ashtami* Until 4:12PM

Ganesha: Yellow *Sunrise:* 4:45AM
Muruqa: White *Sunset:* 7:21PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

1		Wednesday, May 9, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Trieste, Italy Sun 8 Sutra 24	
Kumbha Rasi: 6.49	Tithi 24 – 25	Gulika 10:13AM – 12:03PM	Shatabhishak Until 7:30AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM	Vilamba 5120	
		Yama 6:34AM – 8:23AM	Brahma Until 9:46AM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 4	
294832369		Rahu 12:03PM – 1:53PM	Vanija Until 6:35AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 5:57PM	Moon – Purple		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	

2		Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau		Trieste, Italy Sun 9 Sutra 25	
Kumbha Rasi: 19.07	Tithi 25	Gulika 8:23AM – 10:13AM	Shatabhishak Until 7:30AM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM	Vilamba 5120	
		Yama 4:43AM – 6:33AM	Indra Until 9:49AM	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 4	
294832369		Rahu 1:53PM – 3:43PM	Vanija Until 6:35AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 7:00PM	Moon – Purple		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	

3		Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Trieste, Italy Sun 10 Sutra 26	
Meena Rasi: 1.46	Tithi 26	Gulika 6:32AM – 8:22AM	Purvaproshtapada* Until 8:55AM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	Vilamba 5120	
		Yama 3:44PM – 5:34PM	Vaidhrili* Until 9:14AM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 4	
214832369		Rahu 10:12AM – 12:03PM	Bava Until 7:14AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 7:14PM	Moon – Clear		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	

4		Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Trieste, Italy Sun 11 Sutra 27	
Meena Rasi: 14.47	Tithi 27	Gulika 4:40AM – 6:31AM	Uttaraproshtapada Until 9:22AM	Ganesha: Blue	<i>Sunrise:</i> 4:40AM	Vilamba 5120	
		Yama 1:54PM – 3:44PM	Vishkambha* Until 8:01AM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 4	
214932369		Rahu 8:21AM – 10:12AM	Kaulava Until 7:03AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 6:39PM	Moon – Clear		Bhuloka Day	
Until 9:22AM				Vaisaka-Chaitra			
Then Routine Work - Prabalarishta Yoga							

5		Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 12 Sutra 28	
Meena Rasi: 28.16	Tithi 28 – 29	Gulika 3:45PM – 5:36PM	Revati Until 8:53AM	Ganesha: Blue	<i>Sunrise:</i> 4:39AM	Vilamba 5120	
		Yama 12:03PM – 1:54PM	Priti Until 6:10AM	Muruqa: White	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 4	
214932369		Rahu 5:36PM – 7:27PM	Gara Until 6:05AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 5:18PM	Moon – Clear		Bhuloka Day	
Until 8:53AM		Mother's Day		Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

6		Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Trieste, Italy Sun 13 Sutra 29	
Mesha Rasi: 12.08	Tithi 29 – 30	Gulika 1:54PM – 3:45PM	Ashvini Until 8:01AM	Ganesha: Blue	<i>Sunrise:</i> 4:38AM	Vilamba 5120	
Family Home Evening		Yama 10:11AM – 12:03PM	Saubhagya Until 12:51AM Tue	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 4	
224932369		Rahu 6:29AM – 8:20AM	Catuspada Until 2:09AM Tue	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:20PM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi			

Retreat Star		Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Trieste, Italy Sun 14 Sutra 30	
Mesha Rasi: 26.23	Tithi 30 – 1	Gulika 12:03PM – 1:54PM	Bharani Until 6:28AM	Ganesha: Blue	<i>Sunrise:</i> 4:36AM	Vilamba 5120	
		Yama 8:20AM – 10:11AM	Sobhana Until 9:37PM	Muruqa: White	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 4	
224932369		Rahu 3:46PM – 5:38PM	Kintughna Until 11:29PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 12:51PM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi			

Retreat Star		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sun 15 Sutra 31	
Vrishabha Rasi: 10.53	Tithi 1 – 2	Gulika 10:11AM – 12:03PM	Rohini Until 2:20AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Vilamba 5120	
		Yama 6:27AM – 8:19AM	Athiganda* Until 6:08PM	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 4	
235932369		Rahu 12:03PM – 1:55PM	Balava Until 8:33PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 10:01AM	Moon – Yellow		Bhuloka Day	
Until 2:20AM Thu				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

1	Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Trieste, Italy Sun 16 Sutra 32 Vilamba 5120
	Vishabha Rasi: 25.34	Tithi 2 – 3	Gulika 8:18AM – 10:11AM	Mrigashira Until 12:05AM Fri	Ganesha: Yellow <i>Sunrise: 4:34AM</i>	Muruqa: White <i>Sunset: 7:31PM</i>	Moon 4 - Phase 5 3rd Phase
	Routine Work	Marana Yoga	Yama 4:34AM – 6:26AM	Sukarma Until 2:34PM	Nataraja: Purple	Bhuloka Day	
	Until 12:05AM Fri	Then Creative Work - Siddha Yoga	Rahu 1:55PM – 3:47PM	Gara Until 3:58AM Fri	Moon – Yellow	Devaloka Time: 9:AM to12:PM	

2	Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau				Trieste, Italy Sun 17 Sutra 33 Vilamba 5120
	Mithuna Rasi: 10.17	Tithi 4	Gulika 6:26AM – 8:18AM	Ardra Until 9:46PM	Ganesha: Yellow <i>Sunrise: 4:33AM</i>	Muruqa: White <i>Sunset: 7:33PM</i>	Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 3:48PM – 5:40PM	Dhriti Until 11:00AM	Nataraja: Purple	Bhuloka Day	
	235932369		Rahu 10:10AM – 12:03PM	Vanija Until 2:29PM	Moon – Yellow	Devaloka Time: 9:AM to12:PM	

3	Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 18 Sutra 34 Vilamba 5120
	Mithuna Rasi: 24.55	Tithi 5	Gulika 4:32AM – 6:25AM	Punarvasu Until 7:55PM	Ganesha: White <i>Sunrise: 4:32AM</i>	Muruqa: White <i>Sunset: 7:34PM</i>	Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 1:56PM – 3:48PM	Shula* Until 7:32AM	Nataraja: Purple	Devaloka Day	
	245932369		Rahu 8:17AM – 10:10AM	Bava Until 11:37AM	Moon – Blue	Devaloka Time: 9:AM to12:PM	

4	Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy Sun 19 Sutra 35 Vilamba 5120
	Kataka Rasi: 9.23	Tithi 6	Gulika 3:49PM – 5:42PM	Pushya Until 6:13PM	Ganesha: White <i>Sunrise: 4:31AM</i>	Muruqa: White <i>Sunset: 7:35PM</i>	Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 12:03PM – 1:56PM	Vriddhi Until 1:17AM Mon	Nataraja: Purple	Devaloka Day	
	245932369		Rahu 5:42PM – 7:35PM	Kaulava Until 9:00AM	Moon – Blue	Devaloka Time: 9:AM to12:PM	

5	Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 20 Sutra 36 Vilamba 5120
	Kataka Rasi: 23.37	Tithi 7 – 8	Gulika 1:56PM – 3:49PM	Ashlesha* Until 4:44PM	Ganesha: White <i>Sunrise: 4:30AM</i>	Muruqa: White <i>Sunset: 7:36PM</i>	Moon 4 - Phase 5 3rd Phase
	Family Home Evening		Yama 10:10AM – 12:03PM	Dhruva Until 10:35PM	Nataraja: Purple	Devaloka Day	
	Creative Work	Siddha Yoga	Rahu 6:23AM – 8:16AM	Gara Until 6:43AM	Moon – Blue	Devaloka Time: 9:AM to12:PM	

☾	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 21 Sutra 37 Vilamba 5120
	Retreat Star		Gulika 12:03PM – 1:57PM	Magha* Until 3:55PM	Ganesha: Clear <i>Sunrise: 4:29AM</i>	Muruqa: White <i>Sunset: 7:37PM</i>	Moon 4 - Phase 5 Ashtami
	Simha Rasi: 7.37	Tithi 8 – 9	Yama 8:10AM – 10:10AM	Vyaghata* Until 8:13PM	Nataraja: Purple	Bhuloka Day	
	Creative Work	Siddha Yoga	Rahu 3:50PM – 5:44PM	Balava Until 3:19AM Wed	Moon – Red	Devaloka Time: 9:AM to12:PM	

☽	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy Sun 22 Sutra 38 Vilamba 5120
	Retreat Star		Gulika 10:09AM – 12:03PM	Purvaphalguni Until 3:23PM	Ganesha: Clear <i>Sunrise: 4:28AM</i>	Muruqa: White <i>Sunset: 7:38PM</i>	Moon 4 - Phase 5 Navami
	Simha Rasi: 21.21	Tithi 9 – 10	Yama 6:22AM – 8:16AM	Harshana Until 6:12PM	Nataraja: Purple	Bhuloka Day	
	Creative Work	Amrita Yoga	Rahu 12:03PM – 1:57PM	Taitila Until 2:13AM Thu	Moon – Red	Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


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1	Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Trieste, Italy
	Kanya Rasi: 4.51	Tithi 10 – 11	Gulika 8:15AM – 10:09AM	Uttaraphalguni Until 3:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:27AM	Sun 23
			Yama 4:27AM – 6:21AM	Vajra* Until 4:28PM	Muruqa: White	<i>Sunset:</i> 7:39PM	Vilamba 5120
		Amrita Yoga	255932369 Rahu 1:57PM – 3:51PM	Vanija Until 1:31AM Fri	Nataraja: Purple		Moon 4 - Phase 6
	Until 3:05PM		Dashami Until 1:48PM	Moon – Red		4th Phase	
	Then Routine Work - Marana Yoga			Jyeshtha Adhika-Vaikasi		Bhuloka Day	
						Devaloka Time: 9:AM to 12:PM	

2	Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy
	Kanya Rasi: 18.08	Tithi 11 – 12	Gulika 6:21AM – 8:15AM	Hasta Until 3:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:26AM	Sun 24
			Yama 3:52PM – 5:46PM	Siddhi Until 3:04PM	Muruqa: White	<i>Sunset:</i> 7:40PM	Vilamba 5120
		Amrita Yoga	266932369 Rahu 10:09AM – 12:03PM	Bava Until 1:12AM Sat	Nataraja: Purple		Moon 4 - Phase 6
	Creative Work		Ekadashi Until 1:18PM	Moon – Green		4th Phase	
	Until 3:28PM			Jyeshtha Adhika-Vaikasi		Bhuloka Day	
	Then Creative Work - Siddha Yoga					Devaloka Time: 6:AM to 9:AM	

3	Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyati-pata*/Varyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Trieste, Italy
	Tula Rasi: 1.13	Tithi 12 – 13	Gulika 4:26AM – 6:20AM	Chitra Until 4:05PM	Ganesha: Purple	<i>Sunrise:</i> 4:26AM	Sun 25
			Yama 1:58PM – 3:52PM	Vyati-pata* Until 1:59PM	Muruqa: White	<i>Sunset:</i> 7:41PM	Vilamba 5120
		Marana Yoga	366932369 Rahu 8:14AM – 10:09AM	Kaulava Until 1:17AM Sun	Nataraja: Purple		Moon 4 - Phase 6
	Routine Work		Dvadashi Until 1:11PM	Moon – Green		4th Phase	
	Until 4:05PM			Jyeshtha Adhika-Vaikasi		Bhuloka Day	
	Then Creative Work - Siddha Yoga						
						<i>Pradosha Vrata</i>	

4	Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy
	Tula Rasi: 14.06	Tithi 13 – 14	Gulika 3:53PM – 5:47PM	Svati Until 4:56PM	Ganesha: Purple	<i>Sunrise:</i> 4:25AM	Sun 26
			Yama 12:03PM – 1:58PM	Varyan Until 1:11PM	Muruqa: White	<i>Sunset:</i> 7:42PM	Vilamba 5120
		Siddha Yoga	366932369 Rahu 5:47PM – 7:42PM	Gara Until 1:46AM Mon	Nataraja: Purple		Moon 4 - Phase 6
	Creative Work		Trayodashi Until 1:27PM	Moon – Green		4th Phase	
	Until 4:56PM			Jyeshtha Adhika-Vaikasi		Bhuloka Day	
	Then Routine Work - Marana Yoga						

	Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Trieste, Italy
	Copper Retreat Star		Gulika 1:58PM – 3:53PM	Vishakha Until 6:30PM	Ganesha: Clear	<i>Sunrise:</i> 4:24AM	Sun 27
	Tula Rasi: 26.47	Tithi 14 – 15	Yama 10:09AM – 12:04PM	Parigha* Until 12:44PM	Muruqa: White	<i>Sunset:</i> 7:43PM	Vilamba 5120
		Family Home Evening	376932369 Rahu 6:19AM – 8:14AM	Visti Until 2:41AM Tue	Nataraja: Purple		Moon 4 - Phase 6
	Routine Work		Chaturdashi* Until 2:09PM	Moon – Orange		Purnima	
	Until 6:30PM			Jyeshtha Adhika-Vaikasi		Bhuloka Day	
	Then Creative Work - Siddha Yoga					Devaloka Time: 6:AM to 9:AM	

	Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy
	Silver Retreat Star		Gulika 12:04PM – 1:59PM	Anuradha Until 8:22PM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM	Sun 28
	Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 8:14AM – 10:09AM	Shiva Until 12:39PM	Muruqa: White	<i>Sunset:</i> 7:44PM	Vilamba 5120
		Siddha Yoga	376932369 Rahu 3:54PM – 5:49PM	Balava Until 4:03AM Wed	Nataraja: Purple		Moon 4 - Phase 6
	Creative Work		Purnima* Until 3:17PM	Moon – Orange		Prathama	
	Until 8:22PM			Jyeshtha Adhika-Vaikasi		Bhuloka Day	
	Then Routine Work - Marana Yoga					Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Trieste, Italy

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 21.34 Tithi 16 – 17

376932369

Gulika 10:09AM – 12:04PM
Yama 6:18AM – 8:13AM
Rahu 12:04PM – 1:59PM

Jyeshtha* Until 10:29PM

Siddha Until 12:53PM

Taitila Until 5:51AM Thu

Prathama* Until 4:52PM

Ganesha: Clear *Sunrise:* 4:23AM

Muruqa: White *Sunset:* 7:45PM

Nataraja: Purple

Moon – Orange

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 10:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara Karana Dvityayam Titau

Trieste, Italy

Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 3.41 Tithi 17

386932369

Gulika 8:13AM – 10:08AM
Yama 4:22AM – 6:18AM
Rahu 1:59PM – 3:55PM

Mula* Until 1:19AM Fri

Sadhya Until 1:27PM

Gara Until 6:53PM

Dvitiya Until 6:53PM

Ganesha: White *Sunrise:* 4:22AM

Muruqa: White *Sunset:* 7:46PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Tritiyayam Titau

Trieste, Italy

Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 15.39 Tithi 18

387932369

Gulika 6:17AM – 8:13AM
Yama 3:55PM – 5:51PM
Rahu 10:08AM – 12:04PM

Purvashadha* Until 4:17AM Sat

Subha Until 2:18PM

Vanija Until 8:02AM

Tritiya Until 9:13PM

Ganesha: Yellow *Sunrise:* 4:21AM

Muruqa: White *Sunset:* 7:47PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 27.3 Tithi 19

387932369

Gulika 4:21AM – 6:17AM
Yama 2:00PM – 3:56PM
Rahu 8:13AM – 10:08AM

Uttarashadha Until 7:15AM Sun

Sukla Until 3:20PM

Bava Until 10:30AM

Chaturthi* Until 11:47PM

Ganesha: Yellow *Sunrise:* 4:21AM

Muruqa: White *Sunset:* 7:48PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 7:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 9.17 Tithi 20

387932369

Gulika 3:56PM – 5:52PM
Yama 12:04PM – 2:00PM
Rahu 5:52PM – 7:48PM

Uttarashadha Until 7:15AM

Brahma Until 4:27PM

Kaulava Until 1:06PM

Panchami Until 2:22AM Mon

Ganesha: Yellow *Sunrise:* 4:20AM

Muruqa: White *Sunset:* 7:48PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 21.05 Tithi 21

397932369

Gulika 2:01PM – 3:57PM
Yama 10:08AM – 12:05PM
Rahu 6:16AM – 8:12AM

Shravana Until 10:32AM

Indra Until 5:30PM

Gara Until 3:37PM

Shashthi* Until 4:46AM Tue

Ganesha: Blue *Sunrise:* 4:20AM

Muruqa: White *Sunset:* 7:49PM

Nataraja: Purple

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 10:32AM

Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Trieste, Italy

Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 2.58 Tithi 22

397132361

Gulika 12:05PM – 2:01PM
Yama 8:12AM – 10:08AM
Rahu 3:57PM – 5:54PM

Dhanishtha Until 1:25PM

Vaidhriti* Until 6:17PM

Visti Until 5:51PM

Saptami Until 6:45AM Wed

Ganesha: Purple *Sunrise:* 4:19AM

Muruqa: White *Sunset:* 7:50PM

Nataraja: White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 1:25PM

Then Routine Work - Marana Yoga

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Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Trieste, Italy

Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 15 Tithi 22 – 23

397132361

Gulika 10:08AM – 12:05PM
Yama 6:15AM – 8:12AM
Rahu 12:05PM – 2:01PM

Shatabhishak Until 3:39PM

Vishkambha* Until 6:41PM

Balava Until 7:33PM

Saptami Until 6:45AM

Ganesha: Purple *Sunrise:* 4:19AM

Muruqa: White *Sunset:* 7:51PM

Nataraja: White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 27.17 Tithi 23 – 24

317132361

Gulika 8:12AM – 10:08AM
Yama 4:19AM – 6:15AM
Rahu 2:02PM – 3:58PM

Purvaproshtapada* Until 5:33PM

Priti Until 6:33PM

Taitila Until 8:33PM

Ashtami* Until 8:08AM

Ganesha: Blue *Sunrise:* 4:19AM

Muruqa: White *Sunset:* 7:51PM

Nataraja: White

Moon – Clear

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

1	Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Trieste, Italy
	Meena Rasi: 9.55	Tithi 24 – 25	Sun 9			Sutra 54	
	318132361		Gulika 6:15AM – 8:12AM	Uttaraproshtapada Until 6:31PM	Ganesha: Red	Sunrise: 4:18AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 3:59PM – 5:55PM	Ayushman Until 5:45PM	Muruga: White	Sunset: 7:52PM	Moon 5 - Phase 8
		Rahu 10:09AM – 12:05PM	Vanija Until 8:44PM	Nataraja: White		2nd Phase	
			Navami* Until 8:44AM	Moon – Clear		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

2	Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy
	Meena Rasi: 22.57	Tithi 25 – 26	Sun 10			Sutra 55	
	318132361		Gulika 4:18AM – 6:15AM	Revati Until 6:29PM	Ganesha: Red	Sunrise: 4:18AM	Vilamba 5120
	Routine Work	Prabalarishta Yoga	Yama 2:02PM – 3:59PM	Saubhagya Until 4:18PM	Muruga: White	Sunset: 7:52PM	Moon 5 - Phase 8
Until 6:29PM		Rahu 8:12AM – 10:09AM	Bava Until 8:04PM	Nataraja: White		2nd Phase	
Then Creative Work - Siddha Yoga			Dashami Until 8:29AM	Moon – Clear		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

3	Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy
	Mesha Rasi: 6.26	Tithi 26 – 27	Sun 11			Sutra 56	
	328132361		Gulika 4:00PM – 5:56PM	Ashvini Until 5:58PM	Ganesha: Green	Sunrise: 4:18AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 12:06PM – 2:03PM	Sobhana Until 2:13PM	Muruga: White	Sunset: 7:53PM	Moon 5 - Phase 8
Until 5:58PM		Rahu 5:56PM – 7:53PM	Kaulava Until 6:36PM	Nataraja: White		2nd Phase	
Then Routine Work - Prabalarishta Yoga			Ekadashi* Until 7:25AM	Moon – White		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

4	Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy
	Mesha Rasi: 20.22	Tithi 28	Sun 12			Sutra 57	
	328132361		Gulika 2:03PM – 4:00PM	Bharani Until 4:35PM	Ganesha: Green	Sunrise: 4:18AM	Vilamba 5120
	Family Home Evening	Siddha Yoga	Yama 10:09AM – 12:06PM	Athiganda* Until 11:30AM	Muruga: White	Sunset: 7:54PM	Moon 5 - Phase 8
Until 4:35PM		Rahu 6:15AM – 8:12AM	Gara Until 4:25PM	Nataraja: White		2nd Phase	
Then Routine Work - Marana Yoga			Trayodashi* Until 3:05AM Tue	Moon – White		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Trieste, Italy
	Vrishabha Rasi: 4.44	Tithi 29	Sun 13			Sutra 58	
	328132361		Gulika 12:06PM – 2:03PM	Krittika Until 2:29PM	Ganesha: Green	Sunrise: 4:17AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 8:12AM – 10:09AM	Sukarma Until 8:18AM	Muruga: White	Sunset: 7:52PM	Moon 5 - Phase 8
Until 2:29PM		Rahu 4:00PM – 5:57PM	Visti Until 1:40PM	Nataraja: White		2nd Phase	
Then Creative Work - Amrita Yoga			Chaturdashi* Until 12:06AM Wed	Moon – White		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

	Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Trieste, Italy
	Retreat Star		Sun 14			Sutra 59	
	Vrishabha Rasi: 19.27	Tithi 30	Gulika 10:09AM – 12:06PM	Rohini Until 12:15PM	Ganesha: White	Sunrise: 4:17AM	Vilamba 5120
	338132361		Yama 6:15AM – 8:12AM	Shula* Until 12:52AM Thu	Muruga: White	Sunset: 7:55PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	Rahu 12:06PM – 2:03PM	Catuspada Until 10:30AM	Nataraja: White		Amavasya	
			Amavasya* Until 8:47PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Retreat Star	Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy
	Retreat Star		Sun 15			Sutra 60	
	Mithuna Rasi: 4.23	Tithi 1 – 2	Gulika 8:12AM – 10:09AM	Mrigashira Until 9:37AM	Ganesha: Clear	Sunrise: 4:17AM	Vilamba 5120
	339132361		Yama 4:17AM – 6:14AM	Ganda* Until 8:53PM	Muruga: White	Sunset: 7:56PM	Moon 5 - Phase 8
Routine Work	Marana Yoga	Rahu 2:04PM – 4:01PM	Kintughna Until 7:03AM	Nataraja: White		Prathama	
			Prathama* Until 5:16PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM		

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 19.25	Tithi 2 – 3	Gulika 6:14AM – 8:12AM	Ardra Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 4:17AM		
		Yama 4:01PM – 5:59PM	Vriddhi Until 4:56PM	Muruqa: White	<i>Sunset:</i> 7:56PM	Moon 5 - Phase 9	
339132361		Rahu 10:09AM – 12:07PM	Taitila Until 12:02AM Sat	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:44PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	

2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 4.24	Tithi 3 – 4	Gulika 4:17AM – 6:15AM	Pushya Until 1:51AM Sun	Ganesha: Orange	<i>Sunrise:</i> 4:17AM		
		Yama 2:04PM – 4:02PM	Dhruva Until 1:05PM	Muruqa: White	<i>Sunset:</i> 7:56PM	Moon 5 - Phase 9	
349132361		Rahu 8:12AM – 10:09AM	Vanija Until 8:44PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 10:20AM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	

3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 19.11	Tithi 4 – 5	Gulika 4:02PM – 5:59PM	Ashlesha* Until 11:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:17AM		
		Yama 12:07PM – 2:04PM	Vyaghata* Until 9:28AM	Muruqa: White	<i>Sunset:</i> 7:57PM	Moon 5 - Phase 9	
349132361		Rahu 5:59PM – 7:57PM	Balava Until 4:26AM Mon	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 7:11AM	Moon – Blue		Bhuloka Day	
Until 11:40PM		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

4		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Trieste, Italy Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.42	Tithi 6	Gulika 2:05PM – 4:02PM	Magha* Until 10:14PM	Ganesha: Green	<i>Sunrise:</i> 4:17AM		
Family Home Evening		Yama 10:10AM – 12:07PM	Harshana Until 6:13AM	Muruqa: White	<i>Sunset:</i> 7:57PM	Moon 5 - Phase 9	
359132361		Rahu 6:15AM – 8:12AM	Kaulava Until 3:15PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 2:09AM Tue	Moon – Red		Devaloka Day	
Until 10:14PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.52	Tithi 7	Gulika 12:07PM – 2:05PM	Purvaphalguni Until 9:12PM	Ganesha: Green	<i>Sunrise:</i> 4:17AM		
		Yama 8:12AM – 10:10AM	Siddhi Until 12:55AM Wed	Muruqa: White	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 9	
359132361		Rahu 4:02PM – 6:00PM	Gara Until 1:15PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:27AM Wed	Moon – Red		Devaloka Day	
Until 9:12PM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 1.4	Tithi 8	Gulika 10:10AM – 12:08PM	Uttaraphalguni Until 8:36PM	Ganesha: Green	<i>Sunrise:</i> 4:17AM		
		Yama 6:15AM – 8:13AM	Vyatipata* Until 11:01PM	Muruqa: White	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 9	
359132361		Rahu 12:08PM – 2:05PM	Visti Until 11:49AM	Nataraja: White		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 11:19PM	Moon – Red		Devaloka Day	
Until 8:36PM		Chidambaram Abhishekam		Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Trieste, Italy Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 15.08	Tithi 9	Gulika 8:13AM – 10:10AM	Hasta Until 8:54PM	Ganesha: Red	<i>Sunrise:</i> 4:18AM		
		Yama 4:18AM – 6:15AM	Variyan Until 9:33PM	Muruqa: White	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 9	
369132361		Rahu 2:05PM – 4:03PM	Balava Until 11:00AM	Nataraja: White		Navami	
Routine Work	Marana Yoga		Navami* Until 10:47PM	Moon – Green		Bhuloka Day	
Until 8:54PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Trieste, Italy Sun 23 Sutra 68 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 10	Gulika 6:15AM – 8:13AM	Chitra Until 9:35PM	Ganesha: Green	<i>Sunrise:</i> 4:18AM	
			Yama 4:03PM – 6:01PM	Parigha* Until 8:32PM	Muruqa: White	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 10
	361132361	Rahu	10:10AM – 12:08PM	Taitila Until 10:45AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 10:49PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Trieste, Italy Sun 24 Sutra 69 Vilamba 5120
	Tula Rasi: 11.08	Tithi 11	Gulika 4:18AM – 6:16AM	Svati Until 10:38PM	Ganesha: Green	<i>Sunrise:</i> 4:18AM	
			Yama 2:06PM – 4:03PM	Shiva Until 7:58PM	Muruqa: White	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 10
	361132361	Rahu	8:13AM – 10:11AM	Vanija Until 11:03AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:21PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy Sun 25 Sutra 70 Vilamba 5120
	Tula Rasi: 23.45	Tithi 12	Gulika 4:03PM – 6:01PM	Vishakha Until 12:28AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:18AM	
			Yama 12:08PM – 2:06PM	Siddha Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 10
	371142361	Rahu	6:01PM – 7:58PM	Bava Until 11:50AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 12:23AM Mon	Moon – Orange		Devaloka Day	
Until 12:28AM Mon				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy Sun 26 Sutra 71 Vilamba 5120
	Vrischika Rasi: 6.1	Tithi 13	Gulika 2:06PM – 4:04PM	Anuradha Until 2:33AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:19AM	
	Family Home Evening		Yama 10:11AM – 12:09PM	Sadhya Until 7:52PM	Muruqa: Clear	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 10
	371142361	Rahu	6:16AM – 8:14AM	Kaulava Until 1:05PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 1:50AM Tue	Moon – Orange		Devaloka Day	
Until 2:33AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Trieste, Italy Sun 27 Sutra 72 Vilamba 5120
	Vrischika Rasi: 18.24	Tithi 14	Gulika 12:09PM – 2:06PM	Jyeshtha* Until 4:51AM Wed	Ganesha: Red	<i>Sunrise:</i> 4:19AM	
			Yama 8:14AM – 10:11AM	Subha Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 10
	371142361	Rahu	4:04PM – 6:01PM	Gara Until 2:44PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 3:40AM Wed	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

○	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Trieste, Italy Sun 28 Sutra 73 Vilamba 5120
	Copper Retreat Star		Gulika 10:12AM – 12:09PM	Mula* Until 7:48AM Thu	Ganesha: Blue	<i>Sunrise:</i> 4:19AM	
	Dhanus Rasi: 0.29	Tithi 15	Yama 6:17AM – 8:14AM	Sukla Until 9:01PM	Muruqa: Clear	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 10
	381142361	Rahu	12:09PM – 2:06PM	Visti Until 4:45PM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 5:51AM Thu	Moon – Light Blue		Bhuloka Day	
Until 7:48AM Thu				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Trieste, Italy Sun 29 Sutra 74 Vilamba 5120
	Silver Retreat Star		Gulika 8:15AM – 10:12AM	Mula* Until 7:48AM	Ganesha: Blue	<i>Sunrise:</i> 4:20AM	
	Dhanus Rasi: 12.26	Tithi 16	Yama 4:20AM – 6:17AM	Brahma Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 10
	381142361	Rahu	2:07PM – 4:04PM	Balava Until 7:03PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:16AM Fri	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy
Sutra 75

Dhanus Rasi: 24.17 Tithi 16 – 17

381142361

Gulika 6:18AM – 8:15AM
Yama 4:04PM – 6:01PM
Rahu 10:12AM – 12:09PM

Purvashadha* Until 10:49AM

Indra Until 11:02PM
Taitila Until 9:34PM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:20AM
Sunset: 7:59PM

Moon 6 - Phase 11
1st Phase

Routine Work Prabalarishta Yoga
Until 10:49AM
Then Routine Work - Marana Yoga

Prathama* Until 8:16AM

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy
Sun 1
Sutra 76

Makara Rasi: 6.05 Tithi 17 – 18

381242361

Gulika 4:21AM – 6:18AM
Yama 2:07PM – 4:04PM
Rahu 8:15AM – 10:12AM

Uttarashadha Until 1:47PM

Vaidhriti* Until 12:09AM Sun
Vanija Until 12:10AM Sun
Dvitiya Until 10:51AM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:21AM
Sunset: 7:59PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga
Until 1:47PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Trieste, Italy
Sun 2
Sutra 77

Makara Rasi: 17.52 Tithi 18 – 19

391242361

Gulika 4:04PM – 6:01PM
Yama 12:10PM – 2:07PM
Rahu 6:01PM – 7:58PM

Shravana Until 5:06PM

Vishkambha* Until 1:14AM Mon
Bava Until 2:43AM Mon
Tritiya Until 1:26PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:21AM
Sunset: 7:59PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 5:06PM
Then Routine Work - Marana Yoga

Devaloka Day

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy
Sun 3
Sutra 78

Makara Rasi: 29.41 Tithi 19 – 20

392242361

Gulika 2:07PM – 4:04PM
Yama 10:13AM – 12:10PM
Rahu 6:19AM – 8:16AM

Dhanishtha Until 8:05PM

Priti Until 2:10AM Tue
Kaulava Until 5:01AM Tue
Chaturthi* Until 3:53PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:22AM
Sunset: 7:58PM

Moon 6 - Phase 11
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Trieste, Italy
Sun 4
Sutra 79

Kumbha Rasi: 11.35 Tithi 20

392242361

Gulika 12:10PM – 2:07PM
Yama 8:16AM – 10:13AM
Rahu 4:04PM – 6:01PM

Shatabhishak Until 10:34PM

Ayushman Until 2:46AM Wed
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:23AM
Sunset: 7:58PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga

Devaloka Day

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy
Sun 5
Sutra 80

Kumbha Rasi: 23.4 Tithi 21

312242361

Gulika 10:14AM – 12:10PM
Yama 6:20AM – 8:17AM
Rahu 12:10PM – 2:07PM

Purvaproshtapada* Until 12:53AM Thu

Saubhagya Until 2:58AM Thu
Gara Until 6:55AM
Shashthi* Until 7:38PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:23AM
Sunset: 7:58PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 12:53AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy
Sun 6
Sutra 81

Meena Rasi: 5.58 Tithi 22

312242361

Gulika 8:17AM – 10:14AM
Yama 4:24AM – 6:21AM
Rahu 2:07PM – 4:04PM

Uttaraproshtapada Until 2:23AM Fri

Sobhana Until 2:39AM Fri
Visti Until 8:15AM
Saptami Until 8:38PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:24AM
Sunset: 7:57PM

Moon 6 - Phase 11
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Retreat Star

Friday, July 6, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy
Sun 7
Sutra 82

Meena Rasi: 18.34 Tithi 23

312242361

Gulika 6:21AM – 8:18AM
Yama 4:04PM – 6:00PM
Rahu 10:14AM – 12:11PM

Revati Until 2:59AM Sat

Athiganda* Until 1:43AM Sat
Balava Until 8:53AM
Ashtami* Until 8:54PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:25AM
Sunset: 7:57PM

Moon 6 - Phase 11
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy
Sun 8
Sutra 83

Mesha Rasi: 1.33 Tithi 24

422242361

Gulika 4:25AM – 6:22AM
Yama 2:07PM – 4:04PM
Rahu 8:18AM – 10:14AM

Ashvini Until 3:07AM Sun

Sukarma Until 12:09AM Sun
Taitila Until 8:44AM
Navami* Until 8:21PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – White
Jyeshtha-Ani

Sunrise: 4:25AM
Sunset: 7:56PM

Moon 6 - Phase 11
Navami

Creative Work Siddha Yoga
Until 3:07AM Sun
Then Routine Work - Prabalarishta Yoga

Devaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visti* Karana Dashamyam Titau		Trieste, Italy Sun 9 Sutra 84 Vilamba 5120	
Mesha Rasi: 14.58	Tithi 25	Gulika 4:04PM – 6:00PM	Bharani Until 2:18AM Mon	Ganesha: Orange <i>Sunrise:</i> 4:26AM	
		Yama 12:11PM – 2:07PM	Dhruti Until 9:58PM	Muruqa: Clear <i>Sunset:</i> 7:56PM	Moon 6 - Phase 12
	422242361	Rahu 6:00PM – 7:56PM	Vanija Until 7:48AM	Nataraja: White	2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 7:01PM	Moon – White	Devaloka Day
Until 2:18AM Mon				Jyeshtha-Ani	
Then Routine Work - Marana Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy Sun 10 Sutra 85 Vilamba 5120	
Mesha Rasi: 28.49	Tithi 26 – 27	Gulika 2:07PM – 4:03PM	Krittika Until 12:40AM Tue	Ganesha: Orange <i>Sunrise:</i> 4:27AM	
Family Home Evening		Yama 10:15AM – 12:11PM	Shula* Until 7:10PM	Muruqa: Clear <i>Sunset:</i> 7:56PM	Moon 6 - Phase 12
Routine Work	Marana Yoga	Rahu 6:23AM – 8:19AM	Bava Until 6:05AM	Nataraja: White	2nd Phase
Until 12:40AM Tue			Ekadashi* Until 4:57PM	Moon – White	Devaloka Day
Then Creative Work - Amrita Yoga				Jyeshtha-Ani	

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Trieste, Italy Sun 11 Sutra 86 Vilamba 5120	
Mrishabha Rasi: 13.07	Tithi 27 – 28	Gulika 12:11PM – 2:07PM	Rohini Until 10:44PM	Ganesha: Light Blue <i>Sunrise:</i> 4:28AM	
		Yama 8:19AM – 10:15AM	Ganda* Until 3:52PM	Muruqa: Clear <i>Sunset:</i> 7:55PM	Moon 6 - Phase 12
	432242361	Rahu 4:03PM – 5:59PM	Gara Until 12:44AM Wed	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:15PM	Moon – Yellow	Bhuloka Day
Until 10:44PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy Sun 12 Sutra 87 Vilamba 5120	
Mrishabha Rasi: 27.49	Tithi 28 – 29	Gulika 10:16AM – 12:11PM	Mrigashira Until 8:12PM	Ganesha: Light Blue <i>Sunrise:</i> 4:28AM	
		Yama 6:24AM – 8:20AM	Vridhi Until 12:11PM	Muruqa: Clear <i>Sunset:</i> 7:54PM	Moon 6 - Phase 12
	432242361	Rahu 12:11PM – 2:07PM	Visti Until 9:22PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:04AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy Sun 13 Sutra 88 Vilamba 5120	
Retreat Star		Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau			
Mithuna Rasi: 12.48	Tithi 29 – 30	Gulika 8:20AM – 10:16AM	Ardra Until 5:17PM	Ganesha: Light Blue <i>Sunrise:</i> 4:29AM	
		Yama 4:29AM – 6:25AM	Dhruva Until 8:12AM	Muruqa: Clear <i>Sunset:</i> 7:54PM	Moon 6 - Phase 12
	432242361	Rahu 2:07PM – 4:03PM	Naga Until 3:50AM Fri	Nataraja: White	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 7:33AM	Moon – Yellow	Bhuloka Day
Until 5:17PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy Sun 14 Sutra 89 Vilamba 5120	
Retreat Star		Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau			
Mithuna Rasi: 27.57	Tithi 1	Gulika 6:25AM – 8:21AM	Punarvasu Until 2:30PM	Ganesha: Purple <i>Sunrise:</i> 4:30AM	
		Yama 4:02PM – 5:58PM	Harshana Until 11:55PM	Muruqa: Clear <i>Sunset:</i> 7:53PM	Moon 6 - Phase 12
	442242361	Rahu 10:16AM – 12:12PM	Kintughna Until 1:58PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:05AM Sat	Moon – Blue	Bhuloka Day
Until 2:30PM		Partial Solar Eclipse		Ashada-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Trieste, Italy Sun 15 Sutra 90
Kataka Rasi: 13.07	Tithi 2	Gulika 4:31AM – 6:26AM	Pushya Until 11:38AM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Vilamba 5120	
		Yama 2:07PM – 4:02PM	Vajra* Until 7:51PM	Muruqa: Clear	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 13	
		442242361 Rahu 8:21AM – 10:17AM	Balava Until 10:16AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 8:28PM	Moon – Blue			
Until 11:38AM				Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

2		Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthiyam Titau			Trieste, Italy Sun 16 Sutra 91
Kataka Rasi: 28.08	Tithi 3 – 4	Gulika 4:02PM – 5:57PM	Ashlesha* Until 8:51AM	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Vilamba 5120	
		Yama 12:12PM – 2:07PM	Siddhi Until 4:02PM	Muruqa: Clear	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 13	
		442242361 Rahu 5:57PM – 7:52PM	Taitila Until 6:46AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:07PM	Moon – Blue			
Until 8:51AM				Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

3		Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau			Trieste, Italy Sun 17 Sutra 92
Simha Rasi: 12.53	Tithi 4 – 5	Gulika 2:07PM – 4:02PM	Magha* Until 6:43AM	Ganesha: Purple	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
Family Home Evening		Yama 10:17AM – 12:12PM	Vyatipata* Until 12:34PM	Muruqa: Clear	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 13	
		453242361 Rahu 6:28AM – 8:22AM	Bava Until 12:57AM Tue	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 2:12PM	Moon – Red			
Until 6:43AM				Ashada*Adi	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

4		Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Trieste, Italy Sun 18 Sutra 93
Simha Rasi: 27.17	Tithi 5 – 6	Gulika 12:12PM – 2:07PM	Uttaraphalguni Until 3:39AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:34AM	Vilamba 5120	
		Yama 8:23AM – 10:17AM	Varyan Until 9:31AM	Muruqa: Clear	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 13	
		453242362 Rahu 4:01PM – 5:56PM	Kaulava Until 10:53PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 11:49AM	Moon – Red			
Until 3:39AM Wed				Ashada*Adi	Devaloka Day		
Then Routine Work - Marana Yoga							

5		Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Trieste, Italy Sun 19 Sutra 94
Kanya Rasi: 11.15	Tithi 6 – 7	Gulika 10:18AM – 12:12PM	Hasta Until 3:20AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:35AM	Vilamba 5120	
		Yama 6:29AM – 8:23AM	Parigha* Until 7:01AM	Muruqa: Clear	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 13	
		463242362 Rahu 12:12PM – 2:06PM	Gara Until 9:31PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 10:06AM	Moon – Green			
Until 3:20AM Thu				Ashada*Adi	Sivaloka Day		
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau			Trieste, Italy Sun 20 Sutra 95
Kanya Rasi: 24.48	Tithi 7 – 8	Gulika 8:24AM – 10:18AM	Chitra Until 3:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:36AM	Vilamba 5120	
		Yama 4:36AM – 6:30AM	Siddha Until 3:45AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13	
		463242362 Rahu 2:06PM – 4:00PM	Visti Until 8:52PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 9:05AM	Moon – Green			
				Ashada*Adi	Sivaloka Day		

Retreat Star		Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Trieste, Italy Sun 21 Sutra 96
Tula Rasi: 7.57	Tithi 8 – 9	Gulika 6:31AM – 8:24AM	Svati Until 4:26AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:37AM	Vilamba 5120	
		Yama 4:00PM – 5:54PM	Sadhya Until 2:58AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13	
		463242362 Rahu 10:18AM – 12:12PM	Balava Until 8:57PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:48AM	Moon – Green			
				Ashada*Adi	Sivaloka Day		

1		Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 22 Sutra 97 Vilamba 5120	
Tula Rasi: 20.44	Tithi 9 – 10	Gulika 4:38AM – 6:31AM	Vishakha Until 6:12AM Sun	Ganesha: White	<i>Sunrise:</i> 4:38AM	Moon 6 - Phase 14	
		Yama 2:06PM – 4:00PM	Subha Until 2:44AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:47PM	4th Phase	
		473242362 Rahu 8:25AM – 10:19AM	Taitila Until 9:42PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 9:13AM	Moon – Orange		Devaloka Day	
Until 6:12AM Sun				Ashada*Adi			
Then Routine Work - Marana Yoga							

2		Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 23 Sutra 98 Vilamba 5120	
Vrischika Rasi: 3.13	Tithi 10 – 11	Gulika 3:59PM – 5:53PM	Vishakha Until 6:12AM	Ganesha: White	<i>Sunrise:</i> 4:39AM	Moon 6 - Phase 14	
		Yama 12:12PM – 2:06PM	Sukla Until 2:54AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:46PM	4th Phase	
		473242362 Rahu 5:53PM – 7:46PM	Vanija Until 11:02PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 10:17AM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

3		Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 24 Sutra 99 Vilamba 5120	
Vrischika Rasi: 15.28	Tithi 11 – 12	Gulika 2:05PM – 3:59PM	Anuradha Until 8:20AM	Ganesha: White	<i>Sunrise:</i> 4:40AM	Moon 6 - Phase 14	
Family Home Evening		Yama 10:19AM – 12:12PM	Brahma Until 3:26AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:45PM	4th Phase	
		473242362 Rahu 6:33AM – 8:26AM	Bava Until 12:52AM Tue	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:52AM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

4		Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 25 Sutra 100 Vilamba 5120	
Vrischika Rasi: 27.32	Tithi 12 – 13	Gulika 12:12PM – 2:05PM	Jyeshtha* Until 10:45AM	Ganesha: White	<i>Sunrise:</i> 4:41AM	Moon 6 - Phase 14	
		Yama 8:27AM – 10:19AM	Indra Until 4:16AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:44PM	4th Phase	
		473242362 Rahu 3:58PM – 5:51PM	Kaulava Until 3:03AM Wed	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 1:54PM	Moon – Orange		Devaloka Day	
Until 10:45AM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

5		Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 26 Sutra 101 Vilamba 5120	
Dhanus Rasi: 9.28	Tithi 13 – 14	Gulika 10:20AM – 12:12PM	Mula* Until 1:48PM	Ganesha: Red	<i>Sunrise:</i> 4:42AM	Moon 6 - Phase 14	
		Yama 6:35AM – 8:27AM	Vaidhriti* Until 5:15AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:43PM	4th Phase	
		483342362 Rahu 12:12PM – 2:05PM	Gara Until 5:30AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 4:14PM	Moon – Light Blue		Sivaloka Day	
Until 1:48PM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

6		Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 102 Vilamba 5120	
Dhanus Rasi: 21.18	Tithi 14	Gulika 8:28AM – 10:20AM	Purvashadha* Until 4:53PM	Ganesha: Red	<i>Sunrise:</i> 4:43AM	Moon 6 - Phase 14	
		Yama 4:43AM – 6:35AM	Vishkambha* Until 6:21AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:42PM	4th Phase	
		483342362 Rahu 2:05PM – 3:57PM	Vanija Until 6:46PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:46PM	Moon – Light Blue		Sivaloka Day	
Until 4:53PM				Ashada*Adi			
Then Routine Work - Marana Yoga							

○		Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Trieste, Italy Sun 28 Sutra 103 Vilamba 5120	
Copper Retreat Star		Gulika 6:36AM – 8:28AM	Uttarashadha Until 7:52PM	Ganesha: Red	<i>Sunrise:</i> 4:44AM	Moon 6 - Phase 14	
Makara Rasi: 3.06	Tithi 15	Yama 3:57PM – 5:49PM	Vishkambha* Until 6:21AM	Muruqa: Clear	<i>Sunset:</i> 7:41PM	Purnima	
		483342362 Rahu 10:20AM – 12:12PM	Visti Until 8:05AM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga		Purnima* Until 9:21PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
		Total Lunar Eclipse					
		Satguru Purnima					

○		Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Trieste, Italy Sun 29 Sutra 104 Vilamba 5120	
Silver Retreat Star		Gulika 4:45AM – 6:37AM	Shravana Until 11:08PM	Ganesha: Blue	<i>Sunrise:</i> 4:45AM	Moon 6 - Phase 14	
Makara Rasi: 14.53	Tithi 16	Yama 2:04PM – 3:56PM	Priti Until 7:29AM	Muruqa: Clear	<i>Sunset:</i> 7:39PM	Prathama	
		493342362 Rahu 8:29AM – 10:21AM	Balava Until 10:39AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:53PM	Moon – Purple		Devaloka Day	
				Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvityayam Titau

Trieste, Italy
Sun 1
Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 26.43 Tithi 17
493342362
Rahu
Routine Work Marana Yoga
Until 2:03AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:55PM - 5:47PM
Yama 12:12PM - 2:04PM
Rahu 5:47PM - 7:38PM

Dhanishtha Until 2:03AM Mon
Ayushman Until 8:29AM
Taitila Until 1:06PM
Dvitiya Until 2:14AM Mon

Ganesha: Blue Sunrise: 4:46AM
Muruga: Clear Sunset: 7:38PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Tritiyayam Titau

Trieste, Italy
Sun 2
Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 8.37 Tithi 18
494342362
Rahu
Family Home Evening
Creative Work Siddha Yoga
Until 4:32AM Tue
Then Routine Work - Marana Yoga

Gulika 2:03PM - 3:55PM
Yama 10:21AM - 12:12PM
Rahu 6:39AM - 8:30AM

Shatabhishak Until 4:32AM Tue
Saubhagya Until 9:20AM
Vanija Until 3:19PM
Tritiya Until 4:17AM Tue

Ganesha: Blue Sunrise: 4:47AM
Muruga: Clear Sunset: 7:37PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthayam Titau

Trieste, Italy
Sun 3
Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 20.39 Tithi 19
414342362
Rahu
Routine Work Marana Yoga
Until 6:57AM Wed
Then Creative Work - Siddha Yoga

Gulika 12:12PM - 2:03PM
Yama 8:30AM - 10:21AM
Rahu 3:54PM - 5:45PM

Purvaproshtapada* Until 6:57AM Wed
Sobhana Until 9:58AM
Bava Until 5:11PM
Chaturthi* Until 5:56AM Wed

Ganesha: White Sunrise: 4:49AM
Muruga: Clear Sunset: 7:36PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Trieste, Italy
Sun 4
Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 2.5 Tithi 20
414342362
Rahu
Creative Work Amrita Yoga
Until 6:57AM
Then Creative Work - Siddha Yoga

Gulika 10:22AM - 12:12PM
Yama 6:40AM - 8:31AM
Rahu 12:12PM - 2:03PM

Purvaproshtapada* Until 6:57AM
Athiganda* Until 10:14AM
Kaulava Until 6:36PM
Panchami Until 7:06AM Thu

Ganesha: White Sunrise: 4:50AM
Muruga: Clear Sunset: 7:35PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy
Sun 5
Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 15.14 Tithi 20 - 21
414342362
Rahu
Creative Work Siddha Yoga

Gulika 8:31AM - 10:22AM
Yama 4:51AM - 6:41AM
Rahu 2:02PM - 3:53PM

Uttaraproshtapada Until 8:43AM
Sukarma Until 10:07AM
Gara Until 7:29PM
Panchami Until 7:06AM

Ganesha: White Sunrise: 4:51AM
Muruga: Clear Sunset: 7:33PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visiti* Karana Shashthi/Saplamyam Titau

Trieste, Italy
Sun 6
Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 27.53 Tithi 21 - 22
414342362
Rahu
Creative Work Siddha Yoga
Until 9:46AM
Then Creative Work - Amrita Yoga

Gulika 6:42AM - 8:32AM
Yama 3:52PM - 5:42PM
Rahu 10:22AM - 12:12PM

Revati Until 9:46AM
Dhriti Until 9:34AM
Visiti Until 7:45PM
Shashthi* Until 7:41AM

Ganesha: White Sunrise: 4:52AM
Muruga: Clear Sunset: 7:32PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

6

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Trieste, Italy
Sun 7
Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 10.51 Tithi 22 - 23
424342362
Rahu
Creative Work Siddha Yoga

Gulika 4:53AM - 6:43AM
Yama 2:02PM - 3:51PM
Rahu 8:33AM - 10:22AM

Ashvini Until 10:30AM
Shula* Until 8:28AM
Balava Until 7:21PM
Saptami Until 7:37AM

Ganesha: Clear Sunrise: 4:53AM
Muruga: Clear Sunset: 7:31PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy
Sun 8
Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 24.1 Tithi 23 - 24
424342362
Rahu
Routine Work Prabalarishta Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Gulika 3:51PM - 5:40PM
Yama 12:12PM - 2:01PM
Rahu 5:40PM - 7:29PM

Bharani Until 10:24AM
Ganda* Until 6:50AM
Taitila Until 6:16PM
Ashtami* Until 6:53AM

Ganesha: Clear Sunrise: 4:54AM
Muruga: Clear Sunset: 7:29PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Trieste, Italy Sun 9 Sutra 113 Vilamba 5120
1		Gulika 2:01PM – 3:50PM	Krittika Until 9:29AM	Ganesha: Clear	Sunrise: 4:56AM	
Vrishabha Rasi: 7.53	Tithi 25	Yama 10:23AM – 12:12PM	Dhruva Until 1:57AM Tue	Muruqa: Clear	Sunset: 7:28PM	Moon 7 - Phase 16
Family Home Evening	424342362	Rahu 6:45AM – 8:34AM	Vanija Until 4:31PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 3:24AM Tue	Moon – White		Sivaloka Day
Until 9:29AM				Ashada-Adi		
Then Creative Work - Amrita Yoga						

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Trieste, Italy Sun 10 Sutra 114 Vilamba 5120
2		Gulika 12:12PM – 2:00PM	Rohini Until 8:13AM	Ganesha: Purple	Sunrise: 4:57AM	
Vrishabha Rasi: 22	Tithi 26	Yama 8:34AM – 10:23AM	Vyaghata* Until 10:47PM	Muruqa: Clear	Sunset: 7:26PM	Moon 7 - Phase 16
	434342362	Rahu 3:49PM – 5:38PM	Bava Until 2:10PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 12:46AM Wed	Moon – Yellow		Devaloka Day
Until 8:13AM				Ashada-Adi		
Then Creative Work - Siddha Yoga						

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau				Trieste, Italy Sun 11 Sutra 115 Vilamba 5120
3		Gulika 10:23AM – 12:11PM	Mrigashira Until 6:16AM	Ganesha: Purple	Sunrise: 4:58AM	
Mithuna Rasi: 6.29	Tithi 27	Yama 6:46AM – 8:35AM	Harshana Until 7:13PM	Muruqa: Clear	Sunset: 7:25PM	Moon 7 - Phase 16
	434342362	Rahu 12:11PM – 2:00PM	Kaulava Until 11:17AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:40PM	Moon – Yellow		Devaloka Day
				Ashada-Adi		

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy Sun 12 Sutra 116 Vilamba 5120
4		Gulika 8:35AM – 10:23AM	Punarvasu Until 1:12AM Fri	Ganesha: Light Blue	Sunrise: 4:59AM	
Mithuna Rasi: 21.19	Tithi 28	Yama 4:59AM – 6:47AM	Vajra* Until 3:21PM	Muruqa: Clear	Sunset: 7:24PM	Moon 7 - Phase 16
	444342362	Rahu 1:59PM – 3:47PM	Gara Until 8:00AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 6:14PM	Moon – Blue		Devaloka Day
Until 1:12AM Fri				Ashada-Adi		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika 6:48AM – 8:36AM	Pushya Until 10:22PM	Ganesha: Light Blue	Sunrise: 5:00AM	
Kataka Rasi: 6.2	Tithi 29 – 30	Yama 3:47PM – 5:34PM	Siddhi Until 11:18AM	Muruqa: Clear	Sunset: 7:22PM	Moon 7 - Phase 16
	444342362	Rahu 10:23AM – 12:11PM	Catuspada Until 12:48AM Sat	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 2:37PM	Moon – Blue		Devaloka Day
				Ashada-Adi		

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Trieste, Italy Sun 14 Sutra 118 Vilamba 5120
Retreat Star		Gulika 5:02AM – 6:49AM	Ashlesha* Until 7:25PM	Ganesha: Orange	Sunrise: 5:02AM	
Kataka Rasi: 21.28	Tithi 30 – 1	Yama 1:58PM – 3:46PM	Vyatipata* Until 7:12AM	Muruqa: Clear	Sunset: 7:21PM	Moon 7 - Phase 16
	445342362	Rahu 8:36AM – 10:24AM	Kintughna Until 9:10PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Amavasya* Until 10:57AM	Moon – Blue		Sivaloka Day
Until 7:25PM		Partial Solar Eclipse		Sravana-Adi		
Then Creative Work - Amrita Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigaha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 - 2	Gulika 3:45PM - 5:32PM	Magha* Until 4:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	
		Yama 12:11PM - 1:58PM	Parigaha* Until 11:19PM	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 17
	455342362	Rahu 5:32PM - 7:19PM	Kaulava Until 4:07AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 7:24AM	Moon - Red		Sivaloka Day
Until 4:56PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Trtiyayam Titau				Trieste, Italy Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	Gulika 1:57PM - 3:44PM	Purvaphalguni Until 2:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	
Family Home Evening		Yama 10:24AM - 12:11PM	Shiva Until 7:49PM	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17
	455342362	Rahu 6:51AM - 8:37AM	Taitila Until 2:39PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 1:16AM Tue	Moon - Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Trieste, Italy Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	Gulika 12:11PM - 1:57PM	Uttaraphalguni Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM	
		Yama 8:38AM - 10:24AM	Siddha Until 4:44PM	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 17
	455342362	Rahu 3:43PM - 5:30PM	Vanija Until 12:03PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:58PM	Moon - Red		Sivaloka Day
Until 12:42PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	Gulika 10:24AM - 12:10PM	Hasta Until 11:42AM	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	
		Yama 6:52AM - 8:38AM	Sadhya Until 2:12PM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 17
	465342362	Rahu 12:10PM - 1:56PM	Bava Until 10:05AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 9:22PM	Moon - Green		Subha Sivaloka Day
Until 11:42AM		Nag Panchami		Sravana-Adi		
Then Creative Work - Siddha Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Shashthiyam Titau				Trieste, Italy Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	Gulika 8:39AM - 10:24AM	Chitra Until 11:17AM	Ganesha: Purple	<i>Sunrise:</i> 5:08AM	
		Yama 5:08AM - 6:53AM	Subha Until 12:17PM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
	465342362	Rahu 1:56PM - 3:41PM	Kaulava Until 8:52AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:32PM	Moon - Green		Subha Sivaloka Day
Until 11:17AM				Sravana-Adi		
Then Creative Work - Amrita Yoga						

6 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	Gulika 6:54AM - 8:39AM	Svati Until 11:30AM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	
		Yama 3:40PM - 5:26PM	Sukla Until 11:00AM	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17
	565342362	Rahu 10:25AM - 12:10PM	Gara Until 8:26AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 8:31PM	Moon - Green		Sivaloka Day
				Sravana-Avani		

Retreat Star Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	Gulika 5:10AM - 6:55AM	Vishakha Until 12:49PM	Ganesha: Purple	<i>Sunrise:</i> 5:10AM	
		Yama 1:55PM - 3:40PM	Brahma Until 10:21AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
	575342362	Rahu 8:40AM - 10:25AM	Visti Until 8:50AM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 9:17PM	Moon - Orange		Subha Sivaloka Day
				Sravana-Avani		

Retreat Star Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	Gulika 3:39PM - 5:23PM	Anuradha Until 2:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:11AM	
		Yama 12:09PM - 1:54PM	Indra Until 10:18AM	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 17
	575442362	Rahu 5:23PM - 7:08PM	Balava Until 9:58AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 10:45PM	Moon - Orange		Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				Trieste, Italy Sun 23 Sutra 127 Vilamba 5120
1	Vrischika Rasi: 24.23 Family Home Evening Creative Work Siddha Yoga	Tithi 10	Gulika 1:53PM – 3:38PM Yama 10:25AM – 12:09PM Rahu 6:57AM – 8:41AM	Jyeshtha* Until 5:00PM Vaidhriti* Until 10:42AM Taitila Until 11:44AM Dashami Until 12:47AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Sunrise: 5:12AM Sunset: 7:06PM	Moon 7 - Phase 18 4th Phase Sivaloka Day Sravana-Avani

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Trieste, Italy Sun 24 Sutra 128 Vilamba 5120
2	Dhanus Rasi: 6.23 Creative Work Amrita Yoga Until 8:02PM Then Creative Work - Siddha Yoga	Tithi 11	Gulika 12:09PM – 1:53PM Yama 8:41AM – 10:25AM Rahu 3:37PM – 5:21PM	Mula* Until 8:02PM Vishkambha* Until 11:29AM Vanija Until 1:58PM Ekadashi Until 3:11AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Sunrise: 5:14AM Sunset: 7:04PM	Moon 7 - Phase 18 4th Phase Sivaloka Day Sravana-Avani

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy Sun 25 Sutra 129 Vilamba 5120
3	Dhanus Rasi: 18.14 Creative Work Amrita Yoga	Tithi 12	Gulika 10:25AM – 12:09PM Yama 6:58AM – 8:42AM Rahu 12:09PM – 1:52PM	Purvashadha* Until 11:08PM Priti Until 12:31PM Bava Until 4:29PM Dvadashi Until 5:46AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Sunrise: 5:15AM Sunset: 7:03PM	Moon 7 - Phase 18 4th Phase Sivaloka Day Sravana-Avani

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau				Trieste, Italy Sun 26 Sutra 130 Vilamba 5120
4	Makara Rasi: 0.02 Routine Work Marana Yoga	Tithi 13	Gulika 8:42AM – 10:25AM Yama 5:16AM – 6:59AM Rahu 1:52PM – 3:35PM	Uttarashadha Until 2:07AM Fri Ayushman Until 1:35PM Kaulava Until 7:06PM Trayodashi Until 8:22AM Fri <i>Pradosha Vrata</i>	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Sunrise: 5:16AM Sunset: 7:01PM	Moon 7 - Phase 18 4th Phase Sivaloka Day Sravana-Avani

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 27 Sutra 131 Vilamba 5120
5	Makara Rasi: 11.49 Routine Work Marana Yoga Until 5:19AM Sat Then Creative Work - Siddha Yoga	Tithi 13 – 14	Gulika 7:00AM – 8:43AM Yama 3:34PM – 5:16PM Rahu 10:25AM – 12:08PM	Shravana Until 5:19AM Sat Saubhagya Until 2:39PM Gara Until 9:38PM Trayodashi Until 8:22AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Sunrise: 5:17AM Sunset: 6:59PM	Moon 7 - Phase 18 4th Phase Subha Sivaloka Day Sravana-Avani

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Trieste, Italy Sun 28 Sutra 132 Vilamba 5120
○	Copper Retreat Star Makara Rasi: 23.4 Creative Work Siddha Yoga	Tithi 14 – 15	Gulika 5:18AM – 7:01AM Yama 1:50PM – 3:33PM Rahu 8:43AM – 10:26AM	Dhanishtha Until 8:07AM Sun Sobhana Until 3:36PM Visti Until 11:58PM Chaturdashi* Until 10:49AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Sunrise: 5:18AM Sunset: 6:57PM	Moon 7 - Phase 18 Purnima Subha Sivaloka Day Sravana-Avani

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy Sun 29 Sutra 133 Vilamba 5120
○	Silver Retreat Star Kumbha Rasi: 6 Routine Work Marana Yoga Until 8:07AM Then Creative Work - Siddha Yoga	Tithi 15 – 16	Gulika 3:32PM – 5:14PM Yama 12:08PM – 1:50PM Rahu 5:14PM – 6:56PM	Dhanishtha Until 8:07AM Athiganda* Until 4:17PM Balava Until 1:58AM Mon Purnima* Until 12:59PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Sunrise: 5:20AM Sunset: 6:56PM	Moon 7 - Phase 18 Prathama Subha Sivaloka Day Sravana-Avani



Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Sutra 134

Vilamba 5120

Kumbha Rasi: 17.4 Tithi 16 - 17

Family Home Evening 596442362

Creative Work Siddha Yoga

Until 10:25AM

Then Routine Work - Marana Yoga

Gulika 1:49PM - 3:31PM

Yama 10:26AM - 12:07PM

Rahu 7:03AM - 8:44AM

Shatabhishak Until 10:25AM

Sukarma Until 4:43PM

Taitila Until 3:35AM Tue

Prathama* Until 2:48PM

Ganesha: White Sunrise: 5:21AM

Muruqa: Clear Sunset: 6:54PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Subha Sivaloka Day

1

Tuesday, August 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 135

Vilamba 5120

Kumbha Rasi: 29.54 Tithi 17 - 18

517452363

Routine Work Marana Yoga

Until 12:39PM

Then Creative Work - Amrita Yoga

Gulika 12:07PM - 1:48PM

Yama 8:45AM - 10:26AM

Rahu 3:30PM - 5:11PM

Purvaprosarthapada* Until 12:39PM

Dhriti Until 4:50PM

Vanija Until 4:46AM Wed

Dvitiya Until 4:12PM

Ganesha: Clear Sunrise: 5:22AM

Muruqa: Purple Sunset: 6:52PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Trieste, Italy

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 12.19 Tithi 18 - 19

517452363

Creative Work Siddha Yoga

Until 2:18PM

Then Routine Work - Marana Yoga

Gulika 10:26AM - 12:07PM

Yama 7:04AM - 8:45AM

Rahu 12:07PM - 1:48PM

Uttaraprosarthapada Until 2:18PM

Shula* Until 4:34PM

Bava Until 5:30AM Thu

Tritiya Until 5:10PM

Ganesha: Clear Sunrise: 5:23AM

Muruqa: Purple Sunset: 6:50PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 24.56 Tithi 19 - 20

517452363

Creative Work Siddha Yoga

Until 3:21PM

Then Creative Work - Amrita Yoga

Gulika 8:46AM - 10:26AM

Yama 5:25AM - 7:05AM

Rahu 1:47PM - 3:27PM

Revati Until 3:21PM

Ganda* Until 3:58PM

Kaulava Until 5:47AM Fri

Chaturthi* Until 5:41PM

Ganesha: Clear Sunrise: 5:25AM

Muruqa: Purple Sunset: 6:48PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 7.46 Tithi 20 - 21

527452363

Creative Work Amrita Yoga

Until 4:16PM

Then Creative Work - Siddha Yoga

Gulika 7:06AM - 8:46AM

Yama 3:26PM - 5:06PM

Rahu 10:26AM - 12:06PM

Ashvini Until 4:16PM

Vridhi Until 3:01PM

Gara Until 5:35AM Sat

Panchami Until 5:43PM

Ganesha: Purple Sunrise: 5:26AM

Muruqa: Purple Sunset: 6:47PM

Nataraja: Purple

Moon - White

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

5

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 20.5 Tithi 21 - 22

527452363

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

Gulika 5:27AM - 7:07AM

Yama 1:46PM - 3:25PM

Rahu 8:46AM - 10:26AM

Bharani Until 4:32PM

Dhruva Until 1:40PM

Visti Until 4:53AM Sun

Shashthi* Until 5:17PM

Ganesha: Purple Sunrise: 5:27AM

Muruqa: Purple Sunset: 6:45PM

Nataraja: Purple

Moon - White

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

6

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 140

Vilamba 5120

Vrishabha Rasi: 4.1 Tithi 22 - 23

527452363

Creative Work Siddha Yoga

Gulika 3:24PM - 5:04PM

Yama 12:06PM - 1:45PM

Rahu 5:04PM - 6:43PM

Krittika Until 4:11PM

Vyaghata* Until 11:55AM

Balava Until 3:41AM Mon

Saptami Until 4:20PM

Ganesha: Purple Sunrise: 5:28AM

Muruqa: Purple Sunset: 6:43PM

Nataraja: Purple

Moon - White

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 7 Sutra 141

Vilamba 5120

Vrishabha Rasi: 17.47 Tithi 23 - 24

Family Home Evening 537452363

Creative Work Amrita Yoga

Gulika 1:44PM - 3:23PM

Yama 10:26AM - 12:05PM

Rahu 7:08AM - 8:47AM

Rohini Until 3:36PM

Harshana Until 9:47AM

Taitila Until 2:00AM Tue

Ashtami* Until 2:53PM

Ganesha: Clear Sunrise: 5:29AM

Muruqa: Purple Sunset: 6:41PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Moon 8 - Phase 19

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Trieste, Italy

Sun 8 Sutra 142

Vilamba 5120

Mithuna Rasi: 1.43 Tithi 24 - 25

538452363

Creative Work Siddha Yoga

Until 2:24PM

Then Routine Work - Marana Yoga

Gulika 12:05PM - 1:43PM

Yama 8:48AM - 10:26AM

Rahu 3:22PM - 5:01PM

Mrigashira Until 2:24PM

Vajra* Until 7:12AM

Vanija Until 11:49PM

Navami* Until 12:57PM

Ganesha: White Sunrise: 5:31AM

Muruqa: Purple Sunset: 6:39PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Moon 8 - Phase 19

Navami

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time


www.gurudeva.org/panchang

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.56	Tithi 25 – 26	Gulika 10:26AM – 12:05PM	Ardra Until 12:37PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	
			Yama 7:10AM – 8:48AM	Vyatipata* Until 1:00AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu 12:05PM – 1:43PM	Bava Until 9:13PM	Nataraja: Purple		2nd Phase
			Dashami Until 10:33AM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 0.26	Tithi 26 – 27	Gulika 8:49AM – 10:26AM	Punarvasu Until 10:43AM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	
			Yama 5:33AM – 7:11AM	Variyan Until 9:27PM	Muruqa: Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 1:42PM – 3:20PM	Kaulava Until 6:17PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 7:46AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 15.1	Tithi 28	Gulika 7:12AM – 8:49AM	Pushya Until 8:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM	
			Yama 3:19PM – 4:56PM	Parigha* Until 5:43PM	Muruqa: Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:26AM – 12:04PM	Gara Until 3:07PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 1:28AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Trieste, Italy Sun 12 Sutra 146 Vilamba 5120
	Simha Rasi: 0.01	Tithi 29	Gulika 5:35AM – 7:12AM	Magha* Until 3:28AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:35AM	
			Yama 1:41PM – 3:18PM	Shiva Until 1:56PM	Muruqa: Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	558452363 Rahu 8:50AM – 10:27AM	Visti Until 11:50AM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 10:11PM	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Trieste, Italy Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 3:16PM – 4:53PM	Purvaphalguni Until 1:08AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:37AM	
	Simha Rasi: 14.53	Tithi 30	Yama 12:03PM – 1:40PM	Siddha Until 10:09AM	Muruqa: Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 Rahu 4:53PM – 6:30PM	Catuspada Until 8:35AM	Nataraja: Purple		Amavasya
			Amavasya* Until 7:00PM	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.37	Tithi 1 – 2	Gulika 1:39PM – 3:15PM	Uttaraphalguni Until 10:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:38AM	
	Family Home Evening		Yama 10:27AM – 12:03PM	Sadhya Until 6:32AM	Muruqa: Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 Rahu 7:14AM – 8:50AM	Balava Until 2:46AM Tue	Nataraja: Purple		Prathama
			Prathama* Until 4:04PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Tithi 2 – 3	Gulika Yama	12:02PM – 1:38PM 8:51AM – 10:27AM	Hasta Until 9:33PM Sukla Until 12:17AM Wed	Ganesha: Blue <i>Sunrise: 5:39AM</i> Muruqa: Purple <i>Sunset: 6:26PM</i>	Moon 8 - Phase 21 3rd Phase
	569452363	Rahu	3:14PM – 4:50PM	Taitila Until 12:31AM Wed	Nataraja: Purple Moon – Green	Bhuloka Day	
	Creative Work	Siddha Yoga		Dvitiya Until 1:34PM	Bhadrapada-Avani		

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 3 – 4	Gulika Yama	10:27AM – 12:02PM 7:16AM – 8:51AM	Chitra Until 8:35PM Brahma Until 9:53PM	Ganesha: Blue <i>Sunrise: 5:40AM</i> Muruqa: Purple <i>Sunset: 6:24PM</i>	Moon 8 - Phase 21 3rd Phase
	569452363	Rahu	12:02PM – 1:38PM	Vanija Until 10:54PM	Nataraja: Purple Moon – Green	Bhuloka Day	
	Creative Work	Siddha Yoga		Ganesha Chaturthi	Tritiya Until 11:37AM	Bhadrapada-Avani	

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Tithi 4 – 5	Gulika Yama	8:52AM – 10:27AM 5:42AM – 7:17AM	Svati Until 8:12PM Indra Until 8:04PM	Ganesha: Yellow <i>Sunrise: 5:42AM</i> Muruqa: Purple <i>Sunset: 6:22PM</i>	Moon 8 - Phase 21 3rd Phase
	569552363	Rahu	1:37PM – 3:12PM	Bava Until 10:02PM	Nataraja: Purple Moon – Green	Bhuloka Day	
	Creative Work	Amrita Yoga		Chaturthi* Until 10:21AM	Bhadrapada-Avani	Devaloka Time: 9:AM to12:PM	

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Tithi 5 – 6	Gulika Yama	7:17AM – 8:52AM 3:11PM – 4:45PM	Vishakha Until 8:56PM Vaidhriti* Until 6:53PM	Ganesha: White <i>Sunrise: 5:43AM</i> Muruqa: Purple <i>Sunset: 6:20PM</i>	Moon 8 - Phase 21 3rd Phase
	579552363	Rahu	10:27AM – 12:01PM	Kaulava Until 9:59PM	Nataraja: Purple Moon – Orange	Devaloka Day	
	Creative Work	Siddha Yoga		Panchami Until 9:53AM	Bhadrapada-Avani		

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Tithi 6 – 7	Gulika Yama	5:44AM – 7:18AM 1:35PM – 3:10PM	Anuradha Until 10:18PM Vishkambha* Until 6:22PM	Ganesha: White <i>Sunrise: 5:44AM</i> Muruqa: Purple <i>Sunset: 6:18PM</i>	Moon 8 - Phase 21 3rd Phase
	579552363	Rahu	8:53AM – 10:27AM	Gara Until 10:46PM	Nataraja: Purple Moon – Orange	Devaloka Day	
	Creative Work	Siddha Yoga		Shashthi* Until 10:15AM	Bhadrapada-Avani		

☾	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika Yama	3:08PM – 4:42PM 12:01PM – 1:35PM	Jyeshtha* Until 12:14AM Mon Priti Until 6:27PM	Ganesha: White <i>Sunrise: 5:45AM</i> Muruqa: Purple <i>Sunset: 6:16PM</i>	Moon 8 - Phase 21 Ashtami
	Vrischika Rasi: 20.37	Tithi 7 – 8	579552363	Rahu	4:42PM – 6:16PM	Nataraja: Purple Moon – Orange	Devaloka Day
	Routine Work	Marana Yoga			Visti Until 12:17AM Mon	Bhadrapada-Avani	

☾	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika Yama	1:34PM – 3:07PM 10:27AM – 12:00PM	Mula* Until 3:04AM Tue Ayushman Until 6:59PM	Ganesha: Clear <i>Sunrise: 5:46AM</i> Muruqa: Purple <i>Sunset: 6:14PM</i>	Moon 8 - Phase 21 Navami
	Dhanus Rasi: 2.49	Tithi 8 – 9	589552363	Rahu	7:20AM – 8:53AM	Nataraja: Purple Moon – Light Blue	Bhuloka Day
	Family Home Evening	Siddha Yoga			Balava Until 2:24AM Tue	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 14.46	Tithi 9 – 10	Gulika	12:00PM – 1:33PM	Purvashadha* Until 6:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	
		Yama	8:54AM – 10:27AM	Saubhagya Until 7:52PM	Muruqa: Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 22
		581552363 Rahu	3:06PM – 4:39PM	Taitila Until 4:54AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Navami* Until 3:36PM	Moon – Light Blue		Bhuloka Day
Until 6:06AM Wed					Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

2		Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau		Trieste, Italy Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 26.37	Tithi 10	Gulika	10:27AM – 12:00PM	Purvashadha* Until 6:06AM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	
		Yama	7:22AM – 8:54AM	Sobhana Until 8:56PM	Muruqa: Purple	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 22
		581552363 Rahu	12:00PM – 1:32PM	Gara Until 6:12PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Dashami Until 6:12PM	Moon – Light Blue		Bhuloka Day
					Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM

3		Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Trieste, Italy Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 8.24	Tithi 11	Gulika	8:55AM – 10:27AM	Uttarashadha Until 9:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	
		Yama	5:50AM – 7:22AM	Athiganda* Until 9:58PM	Muruqa: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 22
		581552363 Rahu	1:32PM – 3:04PM	Vanija Until 7:32AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 8:48PM	Moon – Light Blue		Bhuloka Day
Until 9:04AM					Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

4		Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Trieste, Italy Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 20.13	Tithi 12	Gulika	7:23AM – 8:55AM	Shravana Until 12:16PM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM	
		Yama	3:03PM – 4:35PM	Sukarma Until 10:51PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 22
		591552363 Rahu	10:27AM – 11:59AM	Bava Until 10:04AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Dvadashi Until 11:13PM	Moon – Purple		Devaloka Day
Until 12:16PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

5		Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 2.08	Tithi 13	Gulika	5:53AM – 7:24AM	Dhanishtha Until 3:01PM	Ganesha: Purple	<i>Sunrise:</i> 5:53AM	
		Yama	1:30PM – 3:02PM	Dhriti Until 11:28PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 22
		591552363 Rahu	8:56AM – 10:27AM	Kaulava Until 12:19PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 1:16AM Sun	Moon – Purple		Devaloka Day
Until 3:01PM					Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga							

6		Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 14.13	Tithi 14	Gulika	3:00PM – 4:32PM	Shatabhishak Until 5:11PM	Ganesha: Purple	<i>Sunrise:</i> 5:54AM	
		Yama	11:58AM – 1:29PM	Shula* Until 11:42PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		591552363 Rahu	4:32PM – 6:03PM	Gara Until 2:09PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 2:51AM Mon	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		

○		Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau		Trieste, Italy Sun 28 Sutra 162 Vilamba 5120	
Copper Retreat Star		Gulika	1:29PM – 2:59PM	Purvaproshtapada* Until 7:11PM	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	
Kumbha Rasi: 26.29	Tithi 15	Yama	10:27AM – 11:58AM	Ganda* Until 11:34PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 22
Family Home Evening		511552363 Rahu	7:26AM – 8:56AM	Visti Until 3:28PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga			Purnima* Until 3:55AM Tue	Moon – Clear		Devaloka Day
Until 7:11PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

○		Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Trieste, Italy Sun 29 Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika	11:58AM – 1:28PM	Uttaraproshtapada Until 8:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	
Meena Rasi: 8.59	Tithi 16	Yama	8:57AM – 10:27AM	Vriddhi Until 11:02PM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 22
		511552363 Rahu	2:58PM – 4:29PM	Balava Until 4:16PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Prathama* Until 4:28AM Wed	Moon – Clear		Devaloka Day
Until 8:31PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 21.43 Tithi 17

Gulika 10:27AM – 11:57AM

Yama 7:27AM – 8:57AM

511552363 Rahu 11:57AM – 1:27PM

Revati Until 9:14PM

Dhruva Until 10:06PM

Taitila Until 4:35PM

Dvitiya Until 4:33AM Thu

Ganesha: Purple Sunrise: 5:57AM

Muruqa: Purple Sunset: 5:57PM

Nataraja: Purple

Moon – Clear

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trityayam Titau

Trieste, Italy

Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 4.4 Tithi 18

Gulika 8:58AM – 10:27AM

Yama 5:59AM – 7:28AM

521552363 Rahu 1:26PM – 2:56PM

Ashvini Until 9:50PM

Vyaghata* Until 8:51PM

Vanija Until 4:28PM

Tritiya Until 4:14AM Fri

Ganesha: Clear Sunrise: 5:59AM

Muruqa: Purple Sunset: 5:53PM

Nataraja: Purple

Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 17.49 Tithi 19

Gulika 7:29AM – 8:58AM

Yama 2:55PM – 4:24PM

622552363 Rahu 10:27AM – 11:57AM

Bharani Until 9:55PM

Harshana Until 7:19PM

Bava Until 3:57PM

Chaturthi* Until 3:33AM Sat

Ganesha: Clear Sunrise: 6:00AM

Muruqa: Purple Sunset: 5:53PM

Nataraja: Purple

Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 1.1 Tithi 20

Gulika 6:01AM – 7:30AM

Yama 1:25PM – 2:54PM

622552363 Rahu 8:59AM – 10:27AM

Krittika Until 9:32PM

Vajra* Until 5:29PM

Kaulava Until 3:06PM

Panchami Until 2:33AM Sun

Ganesha: Clear Sunrise: 6:01AM

Muruqa: Purple Sunset: 5:51PM

Nataraja: Purple

Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 14.41 Tithi 21

Gulika 2:53PM – 4:21PM

Yama 11:56AM – 1:24PM

632552363 Rahu 4:21PM – 5:49PM

Rohini Until 9:09PM

Siddhi Until 3:26PM

Gara Until 1:57PM

Shashthi* Until 1:15AM Mon

Ganesha: Purple Sunrise: 6:02AM

Muruqa: Purple Sunset: 5:49PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy

Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 28.23 Tithi 22

Gulika 1:23PM – 2:51PM

Yama 10:28AM – 11:56AM

632552363 Rahu 7:32AM – 9:00AM

Mrigashira Until 8:21PM

Vyatipata* Until 1:09PM

Visti Until 12:31PM

Saptami Until 11:40PM

Ganesha: Purple Sunrise: 6:04AM

Muruqa: Purple Sunset: 5:47PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 12.15 Tithi 23

Gulika 11:55AM – 1:23PM

Yama 9:00AM – 10:28AM

632552363 Rahu 2:50PM – 4:18PM

Ardra Until 7:07PM

Variyan Until 10:38AM

Balava Until 10:48AM

Ashtami* Until 9:49PM

Ganesha: Purple Sunrise: 6:05AM

Muruqa: Purple Sunset: 5:46PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 26.17 Tithi 24

Gulika 10:28AM – 11:55AM

Yama 7:33AM – 9:01AM

642552363 Rahu 11:55AM – 1:22PM

Punarvasu Until 5:54PM

Parigha* Until 7:54AM

Taitila Until 8:49AM

Navami* Until 7:42PM

Ganesha: Clear Sunrise: 6:06AM

Muruqa: Purple Sunset: 5:44PM

Nataraja: Purple

Moon – Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 10.3	Tithi 25 – 26	Gulika	9:01AM – 10:28AM	Pushya Until 4:19PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	
		Yama	6:07AM – 7:34AM	Siddha Until 1:50AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24
		642552363 Rahu	1:21PM – 2:48PM	Vanija Until 6:35AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 5:21PM	Moon – Blue		Bhuloka Day
Until 4:19PM					Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.51	Tithi 26 – 27	Gulika	7:35AM – 9:01AM	Ashlesha* Until 2:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	
		Yama	2:47PM – 4:13PM	Sadhya Until 10:36PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
		642552363 Rahu	10:28AM – 11:54AM	Kaulava Until 1:32AM Sat	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 2:49PM	Moon – Blue		Bhuloka Day
					Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 9.18	Tithi 27 – 28	Gulika	6:10AM – 7:36AM	Magha* Until 12:40PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
		Yama	1:20PM – 2:46PM	Subha Until 7:18PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24
		652552363 Rahu	9:02AM – 10:28AM	Gara Until 10:53PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 12:11PM	Moon – Red		Bhuloka Day
Until 12:40PM					Bhadrapada•Puratasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.47	Tithi 28 – 29	Gulika	2:45PM – 4:11PM	Purvaphalguni Until 10:47AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	
		Yama	11:54AM – 1:19PM	Sukla Until 4:01PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24
		652552363 Rahu	4:11PM – 5:36PM	Visti Until 8:17PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 9:33AM	Moon – Red		Bhuloka Day
Until 10:47AM					Bhadrapada•Puratasi		
Then Creative Work - Amrita Yoga							

Retreat Star		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Trieste, Italy Sun 12 Sutra 176 Vilamba 5120	
Kanya Rasi: 8.11	Tithi 29 – 30	Gulika	1:19PM – 2:44PM	Uttaraphalguni Until 8:53AM	Ganesha: White	<i>Sunrise:</i> 6:13AM	
Family Home Evening		Yama	10:28AM – 11:53AM	Brahma Until 12:52PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24
		652552364 Rahu	7:38AM – 9:03AM	Naga Until 4:46AM Tue	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 7:02AM	Moon – Red		Bhuloka Day
					Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM
		Mahalaya Amavasai (Tamil Nadu)					

Retreat Star		Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Trieste, Italy Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 22.25	Tithi 1	Gulika	11:53AM – 1:18PM	Hasta Until 7:32AM	Ganesha: Red	<i>Sunrise:</i> 6:14AM	
		Yama	9:03AM – 10:28AM	Indra Until 9:59AM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24
		662652364 Rahu	2:43PM – 4:08PM	Kintughna Until 3:48PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 2:54AM Wed	Moon – Green		Devaloka Day
					Ashvina•Puratasi		
		Navaratri Begins					

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 6.23	Tithi 2	Gulika 10:28AM – 11:53AM	Chitra Until 6:28AM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	
			Yama 7:40AM – 9:04AM	Vaidhriti* Until 7:25AM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25
	662652364	Rahu 11:53AM – 1:17PM	Balava Until 2:12PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 1:36AM Thu	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Trieste, Italy Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 20.01	Tithi 3	Gulika 9:05AM – 10:29AM	Vishakha Until 6:08AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	
			Yama 6:16AM – 7:40AM	Priti Until 3:47AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
	672652364	Rahu 1:17PM – 2:41PM	Taitila Until 1:12PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:57AM Fri	Moon – Orange		Devaloka Day	
				Ashvina+Puratasi			

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Trieste, Italy Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 3.15	Tithi 4	Gulika 7:41AM – 9:05AM	Vishakha Until 6:08AM	Ganesha: White	<i>Sunrise:</i> 6:18AM	
			Yama 2:40PM – 4:03PM	Ayushman Until 2:49AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25
	673652364	Rahu 10:29AM – 11:52AM	Vanija Until 12:56PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:04AM Sat	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 16.06	Tithi 5	Gulika 6:19AM – 7:42AM	Anuradha Until 7:03AM	Ganesha: White	<i>Sunrise:</i> 6:19AM	
			Yama 1:15PM – 2:39PM	Saubhagya Until 2:28AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 25
	673652364	Rahu 9:06AM – 10:29AM	Bava Until 1:27PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:58AM Sun	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 28.35	Tithi 6	Gulika 2:38PM – 4:01PM	Jyeshtha* Until 8:33AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	
			Yama 11:52AM – 1:15PM	Sobhana Until 2:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25
	673652364	Rahu 4:01PM – 5:23PM	Kaulava Until 2:43PM		Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 3:36AM Mon	Moon – Orange		Bhuloka Day	
Until 8:33AM				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Trieste, Italy Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 10.47	Tithi 7	Gulika 1:14PM – 2:37PM	Mula* Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	
	Family Home Evening		Yama 10:29AM – 11:52AM	Athiganda* Until 3:19AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25
	683652364	Rahu 7:44AM – 9:07AM	Gara Until 4:40PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:49AM Tue	Moon – Light Blue		Devaloka Day	
Until 11:03AM				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau				Trieste, Italy Sun 20 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 11:51AM – 1:14PM	Purvashadha* Until 1:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	
	Dhanus Rasi: 22.45	Tithi 8	Yama 9:07AM – 10:29AM	Sukarma Until 4:15AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
	683652364	Rahu 2:36PM – 3:58PM	Visti Until 7:05PM		Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:23AM Wed	Moon – Light Blue		Devaloka Day	
Until 1:54PM		Durga Ashtami		Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 21 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 10:29AM – 11:51AM	Uttarashadha Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	
	Makara Rasi: 4.35	Tithi 8 – 9	Yama 7:46AM – 9:08AM	Dhriti Until 5:17AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 25
	683652364	Rahu 11:51AM – 1:13PM	Balava Until 9:44PM		Nataraja: Clear		Navami
Creative Work	Amrita Yoga		Ashtami* Until 8:23AM	Moon – Light Blue		Devaloka Day	
Until 4:49PM		Saraswathi Puja (Tamil Nadu)		Ashvina+Aipasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau		Trieste, Italy Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 16.23	Tithi 9 – 10	Gulika 9:08AM – 10:30AM	Shravana Until 8:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Muruga: Purple	<i>Sunset:</i> 5:16PM
		Yama 6:26AM – 7:47AM	Shula* Until 6:12AM Fri	Nataraja: Clear			Moon 9 - Phase 26
		693652364 Rahu 1:12PM – 2:34PM	Taitila Until 12:20AM Fri	Moon – Purple		Bhuloka Day	4th Phase
Creative Work	Siddha Yoga		Navami* Until 11:02AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	
		Vijaya Dasami					

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 28.14	Tithi 10 – 11	Gulika 7:48AM – 9:09AM	Dhanishtha Until 10:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Muruga: Purple	<i>Sunset:</i> 5:15PM
		Yama 2:33PM – 3:54PM	Shula* Until 6:12AM	Nataraja: Clear			Moon 9 - Phase 26
		693652364 Rahu 10:30AM – 11:51AM	Vanija Until 2:37AM Sat	Moon – Purple		Bhuloka Day	4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:30PM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 10.13	Tithi 11 – 12	Gulika 6:28AM – 7:49AM	Shatabhishak Until 1:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Muruga: Purple	<i>Sunset:</i> 5:13PM
		Yama 1:11PM – 2:32PM	Ganda* Until 6:52AM	Nataraja: Clear			Moon 9 - Phase 26
		693652364 Rahu 9:09AM – 10:30AM	Bava Until 4:25AM Sun	Moon – Purple		Bhuloka Day	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 3:34PM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	
Until 1:09AM Sun							
Then Creative Work - Siddha Yoga							

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 22.23	Tithi 12 – 13	Gulika 2:31PM – 3:51PM	Purvaproshtapada* Until 3:07AM Mon	Ganesha: White	<i>Sunrise:</i> 6:30AM	Muruga: Purple	<i>Sunset:</i> 5:11PM
		Yama 11:50AM – 1:11PM	Vridhhi Until 7:09AM	Nataraja: Clear			Moon 9 - Phase 26
		613652364 Rahu 3:51PM – 5:11PM	Kaulava Until 5:36AM Mon	Moon – Clear		Bhuloka Day	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 5:04PM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	

Pradosha Vrata

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 4.5	Tithi 13 – 14	Gulika 1:10PM – 2:30PM	Uttaraproshtapada Until 4:19AM Tue	Ganesha: White	<i>Sunrise:</i> 6:31AM	Muruga: Purple	<i>Sunset:</i> 5:10PM
Family Home Evening		Yama 10:30AM – 11:50AM	Dhruva Until 6:56AM	Nataraja: Clear			Moon 9 - Phase 26
		613652364 Rahu 7:51AM – 9:11AM	Gara Until 6:08AM Tue	Moon – Clear		Bhuloka Day	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 5:56PM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 17.34	Tithi 14	Gulika 11:50AM – 1:10PM	Revati Until 4:44AM Wed	Ganesha: White	<i>Sunrise:</i> 6:32AM	Muruga: Purple	<i>Sunset:</i> 5:08PM
		Yama 9:11AM – 10:31AM	Vyaghata* Until 6:14AM	Nataraja: Clear			Moon 9 - Phase 26
		613652364 Rahu 2:29PM – 3:49PM	Gara Until 6:08AM	Moon – Clear		Bhuloka Day	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:09PM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	
Until 4:44AM Wed							
Then Routine Work - Marana Yoga							

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Trieste, Italy Sun 28 Sutra 192 Vilamba 5120	
Copper Retreat Star		Gulika 10:31AM – 11:50AM	Ashvini Until 4:56AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Muruga: Purple	<i>Sunset:</i> 5:06PM
Mesha Rasi: 0.35	Tithi 15 – 16	Yama 7:53AM – 9:12AM	Vajra* Until 3:25AM Thu	Nataraja: Clear			Moon 9 - Phase 26
		623652364 Rahu 11:50AM – 1:09PM	Visti Until 6:04AM	Moon – White		Devaloka Day	Purnima
Routine Work	Marana Yoga		Purnima* Until 5:47PM	Ashvina•Aipasi			
Until 4:56AM Thu							
Then Creative Work - Siddha Yoga							

Thursday, October 25, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sun 29 Sutra 193 Vilamba 5120	
Mesha Rasi: 13.55	Tithi 16 – 17	Gulika 9:13AM – 10:31AM	Bharani Until 4:32AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Muruga: Purple	<i>Sunset:</i> 5:05PM
		Yama 6:35AM – 7:54AM	Siddhi Until 1:27AM Fri	Nataraja: Clear			Moon 9 - Phase 26
		623652364 Rahu 1:09PM – 2:27PM	Taitila Until 4:21AM Fri	Moon – White		Devaloka Day	Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:56PM	Ashvina•Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyalipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy
Sun 1
Sutra 194
Vilamba 5120

Mesha Rasi: 27.29 Tithi 17 - 18

624652364

Gulika 7:55AM - 9:13AM
Yama 2:26PM - 3:45PM
Rahu 10:31AM - 11:50AM

Krittika Until 3:40AM Sat
Vyatipata* Until 11:11PM
Vanija Until 2:56AM Sat
Dvitiya Until 3:40PM

Ganesha: White *Sunrise:* 6:36AM
Muruqa: Purple *Sunset:* 5:03PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga
Until 3:40AM Sat
Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Trieste, Italy
Sun 2
Sutra 195
Vilamba 5120

Vrishabha Rasi: 11.15 Tithi 18 - 19

624652364

Gulika 6:38AM - 7:56AM
Yama 1:08PM - 2:26PM
Rahu 9:14AM - 10:32AM

Rohini Until 2:50AM Sun
Variyan Until 8:42PM
Bava Until 1:17AM Sun
Tritiya Until 2:07PM

Ganesha: Clear *Sunrise:* 6:38AM
Muruqa: Purple *Sunset:* 5:02PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy
Sun 3
Sutra 196
Vilamba 5120

Vrishabha Rasi: 25.1 Tithi 19 - 20

624652364

Gulika 2:25PM - 3:42PM
Yama 11:50AM - 1:07PM
Rahu 3:42PM - 5:00PM

Mrigashira Until 1:44AM Mon
Parigha* Until 6:06PM
Kaulava Until 11:29PM
Chaturthi* Until 12:23PM

Ganesha: Clear *Sunrise:* 6:39AM
Muruqa: Purple *Sunset:* 5:00PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy
Sun 4
Sutra 197
Vilamba 5120

Mithuna Rasi: 9.09 Tithi 20 - 21

624652364

Gulika 1:07PM - 2:24PM
Yama 10:32AM - 11:50AM
Rahu 7:58AM - 9:15AM

Ardra Until 12:23AM Tue
Shiva Until 3:25PM
Gara Until 9:35PM
Panchami Until 10:31AM

Ganesha: Clear *Sunrise:* 6:41AM
Muruqa: Purple *Sunset:* 4:59PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy
Sun 5
Sutra 198
Vilamba 5120

Mithuna Rasi: 23.11 Tithi 21 - 22

624652364

Gulika 11:50AM - 1:06PM
Yama 9:16AM - 10:33AM
Rahu 2:23PM - 3:40PM

Punarvasu Until 11:17PM
Siddha Until 12:40PM
Visti Until 7:38PM
Shashthi* Until 8:36AM

Ganesha: Purple *Sunrise:* 6:42AM
Muruqa: Purple *Sunset:* 4:57PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Trieste, Italy
Sun 6
Sutra 199
Vilamba 5120

Kataka Rasi: 7.15 Tithi 22 - 23

624662364

Gulika 10:33AM - 11:49AM
Yama 8:00AM - 9:16AM
Rahu 11:49AM - 1:06PM

Pushya Until 10:01PM
Sadhya Until 9:55AM
Kaulava Until 4:39AM Thu
Saptami Until 6:38AM

Ganesha: Purple *Sunrise:* 6:43AM
Muruqa: Clear *Sunset:* 4:56PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy
Sun 7
Sutra 200
Vilamba 5120

Kataka Rasi: 21.2 Tithi 24

624662364

Gulika 9:17AM - 10:33AM
Yama 6:45AM - 8:01AM
Rahu 1:06PM - 2:22PM

Ashlesha* Until 8:36PM
Subha Until 7:09AM
Taitila Until 3:41PM
Navami* Until 2:40AM Fri

Ganesha: Purple *Sunrise:* 6:45AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 8:36PM
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Trieste, Italy Sutra 201 Vilamba 5120
Simha Rasi: 5.25	Tithi 25	Gulika 8:02AM – 9:18AM	Magha* Until 7:29PM	Ganesha: Clear	Sunrise: 6:46AM	Muruqa: Clear	Sunset: 4:53PM	Moon 10 - Phase 28
		Yama 2:21PM – 3:37PM	Brahma Until 1:34AM Sat	Nataraja: Clear		Moon – Red		2nd Phase
		654662364 Rahu 10:34AM – 11:49AM	Vanija Until 1:42PM					
Routine Work	Marana Yoga		Dashami Until 12:42AM Sat	Ashvina•Aipasi				Sivaloka Day
Until 7:29PM								
Then Creative Work - Siddha Yoga								
2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Trieste, Italy Sutra 202 Vilamba 5120
Simha Rasi: 19.29	Tithi 26	Gulika 6:48AM – 8:03AM	Purvaphalguni Until 6:14PM	Ganesha: White	Sunrise: 6:48AM	Muruqa: Clear	Sunset: 4:51PM	Moon 10 - Phase 28
		Yama 1:05PM – 2:20PM	Indra Until 10:51PM	Nataraja: Clear		Moon – Red		2nd Phase
		654762364 Rahu 9:18AM – 10:34AM	Bava Until 11:45AM					
Creative Work	Siddha Yoga		Ekadashi* Until 10:46PM	Ashvina•Aipasi				Devaloka Day
Until 6:14PM								
Then Routine Work - Marana Yoga								
3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Trieste, Italy Sutra 203 Vilamba 5120
Kanya Rasi: 3.31	Tithi 27	Gulika 2:20PM – 3:35PM	Uttaraphalguni Until 4:57PM	Ganesha: White	Sunrise: 6:49AM	Muruqa: Clear	Sunset: 4:50PM	Moon 10 - Phase 28
		Yama 11:49AM – 1:05PM	Vaidhriti* Until 8:11PM	Nataraja: Clear		Moon – Red		2nd Phase
		654762364 Rahu 3:35PM – 4:50PM	Kaulava Until 9:52AM					
Creative Work	Amrita Yoga		Dvadashi* Until 8:57PM	Ashvina•Aipasi				Devaloka Day
Until 4:07PM								
Then Routine Work - Prabararishta Yoga								
4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Trieste, Italy Sutra 204 Vilamba 5120
Kanya Rasi: 17.29	Tithi 28	Gulika 1:04PM – 2:19PM	Hasta Until 4:07PM	Ganesha: Green	Sunrise: 6:50AM	Muruqa: Clear	Sunset: 4:49PM	Moon 10 - Phase 28
Family Home Evening		Yama 10:35AM – 11:49AM	Vishkambha* Until 5:40PM	Nataraja: Clear		Moon – Green		2nd Phase
Creative Work	Siddha Yoga	664762364 Rahu 8:05AM – 9:20AM	Gara Until 8:07AM					
Until 4:07PM			Trayodashi* Until 7:19PM	Ashvina•Aipasi				Devaloka Day
Then Routine Work - Prabararishta Yoga			Pradosha Vrata (Fasting)					
5		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Trieste, Italy Sutra 205 Vilamba 5120
Tula Rasi: 1.17	Tithi 29 – 30	Gulika 11:49AM – 1:04PM	Chitra Until 3:24PM	Ganesha: Green	Sunrise: 6:52AM	Muruqa: Clear	Sunset: 4:47PM	Moon 10 - Phase 28
		Yama 9:21AM – 10:35AM	Priti Until 3:24PM	Nataraja: Clear		Moon – Green		2nd Phase
		664762364 Rahu 2:18PM – 3:33PM	Visti Until 6:37AM					
Creative Work	Siddha Yoga		Chaturdashi* Until 5:58PM	Ashvina•Aipasi				Devaloka Day
		Subramuniyaswami Mahasamadhi						
		Deepavali Hindu Solidarity Day						
●		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Trieste, Italy Sutra 206 Vilamba 5120
Tula Rasi: 14.54	Tithi 30 – 1	Gulika 10:35AM – 11:50AM	Svati Until 2:56PM	Ganesha: Clear	Sunrise: 6:53AM	Muruqa: Clear	Sunset: 4:46PM	Moon 10 - Phase 28
		Yama 8:07AM – 9:21AM	Ayushman Until 1:25PM	Nataraja: Clear		Moon – Green		Amavasya
		765762364 Rahu 11:50AM – 1:04PM	Kintughna Until 4:46AM Thu					
Creative Work	Siddha Yoga		Amavasya* Until 5:02PM	Ashvina•Aipasi				Sivaloka Day
Retreat Star		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Trieste, Italy Sutra 207 Vilamba 5120
Tula Rasi: 28.15	Tithi 1 – 2	Gulika 9:22AM – 10:36AM	Vishakha Until 3:16PM	Ganesha: Orange	Sunrise: 6:55AM	Muruqa: Clear	Sunset: 4:45PM	Moon 10 - Phase 28
		Yama 6:55AM – 8:08AM	Saubhagya Until 11:50AM	Nataraja: Clear		Moon – Orange		Prathama
		775762364 Rahu 1:03PM – 2:17PM	Balava Until 4:39AM Fri					
Creative Work	Siddha Yoga		Prathama* Until 4:37PM	Kartika•Aipasi				Sivaloka Day
		Skanda Shasthi Begins						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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1	Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau				Trieste, Italy Sun 15 Sutra 208 Vilamba 5120
	Vrischika Rasi: 11.18	Tithi 2 – 3	775762364	Gulika 8:09AM – 9:23AM Yama 2:17PM – 3:30PM Rahu 10:36AM – 11:50AM	Anuradha Until 4:02PM Sobhana Until 10:45AM Taitila Until 5:12AM Sat Dvitiya Until 4:49PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:56AM Sunset: 4:43PM Moon 10 - Phase 29 3rd Phase
	Creative Work Siddha Yoga				Sivaloka Day		
	Until 4:02PM				Kartika-Aipasi		
Then Routine Work - Marana Yoga							

2	Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau				Trieste, Italy Sun 16 Sutra 209 Vilamba 5120
	Vrischika Rasi: 24.01	Tithi 3 – 4	775762364	Gulika 6:57AM – 8:10AM Yama 1:03PM – 2:16PM Rahu 9:24AM – 10:37AM	Jyeshtha* Until 5:18PM Athiganda* Until 10:08AM Vanija Until 6:25AM Sun Tritiya Until 5:42PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:57AM Sunset: 4:42PM Moon 10 - Phase 29 3rd Phase
	Creative Work Siddha Yoga				Sivaloka Day		
					Kartika-Aipasi		

3	Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau				Trieste, Italy Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 6.26	Tithi 4	785762364	Gulika 2:15PM – 3:28PM Yama 11:50AM – 1:03PM Rahu 3:28PM – 4:41PM	Mula* Until 7:31PM Sukarma Until 10:03AM Vanija Until 6:25AM Chaturthi* Until 7:15PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:59AM Sunset: 4:41PM Moon 10 - Phase 29 3rd Phase
	Creative Work Amrita Yoga				Sivaloka Day		
	Until 7:31PM				Kartika-Aipasi		
Then Creative Work - Siddha Yoga							

4	Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 18.36	Tithi 5	785762364	Gulika 1:02PM – 2:15PM Yama 10:38AM – 11:50AM Rahu 8:13AM – 9:25AM	Purvashadha* Until 10:08PM Dhriti Until 10:28AM Bava Until 8:17AM Panchami Until 9:23PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 7:00AM Sunset: 4:40PM Moon 10 - Phase 29 3rd Phase
	Family Home Evening				Sivaloka Day		
	Routine Work Marana Yoga				Kartika-Aipasi		

5	Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 0.33	Tithi 6	785762364	Gulika 11:50AM – 1:02PM Yama 9:26AM – 10:38AM Rahu 2:14PM – 3:27PM	Uttarashadha Until 12:58AM Wed Shula* Until 11:12AM Kaulava Until 10:38AM Shashthi* Until 11:55PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 7:01AM Sunset: 4:39PM Moon 10 - Phase 29 3rd Phase
	Routine Work Prabalarishta Yoga				Sivaloka Day		
	Until 12:58AM Wed				Kartika-Aipasi		
Then Creative Work - Siddha Yoga							

6	Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 12.23	Tithi 7	795762364	Gulika 10:38AM – 11:50AM Yama 8:15AM – 9:27AM Rahu 11:50AM – 1:02PM	Shravana Until 4:16AM Thu Ganda* Until 12:10PM Gara Until 1:18PM Saptami Until 2:38AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:03AM Sunset: 4:38PM Moon 10 - Phase 29 3rd Phase
	Creative Work Siddha Yoga				Subha Sivaloka Day		
					Kartika-Aipasi		

D	Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 214 Vilamba 5120
	Retreat Star		795762364	Gulika 9:27AM – 10:39AM Yama 7:04AM – 8:16AM Rahu 1:02PM – 2:14PM	Dhanishtha Until 7:18AM Fri Vridhhi Until 1:10PM Visti Until 3:59PM Ashtami* Until 5:13AM Fri	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:04AM Sunset: 4:37PM Moon 10 - Phase 29 Ashtami
	Creative Work Siddha Yoga				Subha Sivaloka Day		
					Kartika-Aipasi		

D	Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau				Trieste, Italy Sun 22 Sutra 215 Vilamba 5120
	Retreat Star		795762364	Gulika 8:17AM – 9:28AM Yama 2:13PM – 3:24PM Rahu 10:39AM – 11:51AM	Dhanishtha Until 7:18AM Dhruva Until 1:59PM Balava Until 6:25PM Navami* Until 7:27AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:06AM Sunset: 4:36PM Moon 10 - Phase 29 Navami
	Creative Work Siddha Yoga				Subha Sivaloka Day		
					Kartika-Kartikai		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Trieste, Italy Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 18	Tithi 9 – 10	Gulika 7:07AM – 8:18AM	Shatabhishak Until 9:47AM	Ganesha: Clear	<i>Sunrise:</i> 7:07AM		
		Yama 1:02PM – 2:13PM	Vyaghata* Until 2:29PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 10 - Phase 30	
		796762365 Rahu 9:29AM – 10:40AM	Taitila Until 8:23PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 7:27AM	Moon – Purple		Devaloka Day	
Until 9:47AM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

2		Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 24 Sutra 217 Vilamba 5120	
Meena Rasi: 0.13	Tithi 10 – 11	Gulika 2:12PM – 3:23PM	Purvaproshtapada* Until 12:02PM	Ganesha: Red	<i>Sunrise:</i> 7:08AM		
		Yama 11:51AM – 1:02PM	Harshana Until 2:32PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 30	
		716762365 Rahu 3:23PM – 4:34PM	Vanija Until 9:41PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 9:06AM	Moon – Clear		Devaloka Day	
Until 12:02PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

3		Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 12.43	Tithi 11 – 12	Gulika 1:02PM – 2:12PM	Uttaraproshtapada Until 1:25PM	Ganesha: Red	<i>Sunrise:</i> 7:10AM		
Family Home Evening		Yama 10:41AM – 11:51AM	Vajra* Until 2:00PM	Muruqa: Clear	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 30	
		716762365 Rahu 8:20AM – 9:30AM	Bava Until 10:15PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 10:02AM	Moon – Clear		Devaloka Day	
				Karttika-Karttikai			

4		Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 25.34	Tithi 12 – 13	Gulika 11:51AM – 1:02PM	Revati Until 1:56PM	Ganesha: Red	<i>Sunrise:</i> 7:11AM		
		Yama 9:31AM – 10:41AM	Siddhi Until 12:53PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 30	
		716762365 Rahu 2:12PM – 3:22PM	Kaulava Until 10:03PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:13AM	Moon – Clear		Devaloka Day	
				Karttika-Karttikai			
				<i>Pradosha Vrata</i>			

5		Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 8.48	Tithi 13 – 14	Gulika 10:42AM – 11:52AM	Ashvini Until 2:03PM	Ganesha: Blue	<i>Sunrise:</i> 7:12AM		
		Yama 8:22AM – 9:32AM	Vyatipata* Until 11:13AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 10 - Phase 30	
		726762365 Rahu 11:52AM – 1:02PM	Gara Until 9:10PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 9:40AM	Moon – White		Bhuloka Day	
Until 2:03PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

		Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Trieste, Italy Sun 28 Sutra 221 Vilamba 5120	
Mesha Rasi: 22.24	Tithi 14 – 15	Gulika 9:33AM – 10:42AM	Bharani Until 1:23PM	Ganesha: Blue	<i>Sunrise:</i> 7:14AM		
		Yama 7:14AM – 8:23AM	Variyan Until 9:01AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 30	
		726762365 Rahu 1:02PM – 2:11PM	Visti Until 7:40PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:28AM	Moon – White		Bhuloka Day	
Until 1:23PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

Friday, November 23, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Trieste, Italy Sun 29 Sutra 222 Vilamba 5120	
Vrishabha Rasi: 6.2	Tithi 15 – 16	Gulika 8:24AM – 9:34AM	Krittika Until 12:05PM	Ganesha: Blue	<i>Sunrise:</i> 7:15AM		
		Yama 2:11PM – 3:20PM	Parigha* Until 6:25AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 30	
		726762365 Rahu 10:43AM – 11:52AM	Kaulava Until 4:34AM Sat	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 6:43AM	Moon – White		Bhuloka Day	
Until 12:05PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

**Saturday, November 24, 2018****Gold Retreat Star**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 223

Vilamba 5120

Vrishabha Rasi: 20.31 Tithi 17

737762365

Gulika 7:16AM – 8:25AM
Yama 1:02PM – 2:11PM
Rahu 9:34AM – 10:43AM**Rohini Until 10:42AM**
Siddha Until 12:19AM Sun
Taitila Until 3:25PM
Dvitiya Until 2:10AM Sun**Ganesha:** Red *Sunrise:* 7:16AM**Muruga:** Clear *Sunset:* 4:29PM**Nataraja:** White

Moon – Yellow

Karttika-Karttikai

Moon 11 - Phase 31

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1**Sunday, November 25, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy

Sutra 224

Vilamba 5120

Mithuna Rasi: 4.53 Tithi 18

737762365

Gulika 2:10PM – 3:19PM
Yama 11:53AM – 1:02PM
Rahu 3:19PM – 4:28PM**Mrigashira Until 8:56AM**
Sadhya Until 9:02PM
Vanija Until 12:55PM
Tritiya Until 11:37PM**Ganesha:** Red *Sunrise:* 7:19AM**Muruga:** Clear *Sunset:* 4:28PM**Nataraja:** White

Moon – Yellow

Karttika-Karttikai

Moon 11 - Phase 31

1st Phase

Devaloka Day

Creative Work Siddha Yoga

2**Monday, November 26, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturtham Titau

Trieste, Italy

Sutra 225

Vilamba 5120

Mithuna Rasi: 19.2 Tithi 19

737762365

Gulika 1:02PM – 2:10PM
Yama 10:45AM – 11:53AM
Rahu 8:27AM – 9:36AM**Ardra Until 6:57AM**
Subha Until 5:45PM
Bava Until 10:21AM
Chaturthi* Until 9:04PM**Ganesha:** Red *Sunrise:* 7:19AM**Muruga:** Clear *Sunset:* 4:27PM**Nataraja:** White

Moon – Yellow

Karttika-Karttikai

Moon 11 - Phase 31

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

3**Tuesday, November 27, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sutra 226

Vilamba 5120

Kataka Rasi: 3.46 Tithi 20

747762365

Gulika 11:53AM – 1:02PM
Yama 9:37AM – 10:45AM
Rahu 2:10PM – 3:19PM**Pushya Until 3:34AM Wed**
Sukla Until 2:30PM
Kaulava Until 7:50AM
Panchami Until 6:36PM**Ganesha:** Green *Sunrise:* 7:20AM**Muruga:** Clear *Sunset:* 4:27PM**Nataraja:** White

Moon – Blue

Karttika-Karttikai

Moon 11 - Phase 31

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4**Wednesday, November 28, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sutra 227

Vilamba 5120

Kataka Rasi: 18.06 Tithi 21 – 22

747862365

Gulika 10:46AM – 11:54AM
Yama 8:29AM – 9:38AM
Rahu 11:54AM – 1:02PM**Ashlesha* Until 1:55AM Thu**
Brahma Until 11:23AM
Visti Until 3:14AM Thu
Shashthi* Until 4:17PM**Ganesha:** White *Sunrise:* 7:21AM**Muruga:** Clear *Sunset:* 4:26PM**Nataraja:** White

Moon – Blue

Karttika-Karttikai

Moon 11 - Phase 31

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:55AM Thu

Then Creative Work - Amrita Yoga

D**Thursday, November 29, 2018****Retreat Star**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sutra 228

Vilamba 5120

Simha Rasi: 2.19 Tithi 22 – 23

757863365

Gulika 9:38AM – 10:46AM
Yama 7:23AM – 8:30AM
Rahu 1:02PM – 2:10PM**Magha* Until 12:46AM Fri**
Indra Until 8:27AM
Balava Until 1:17AM Fri
Saptami Until 2:12PM**Ganesha:** Clear *Sunrise:* 7:23AM**Muruga:** Purple *Sunset:* 4:26PM**Nataraja:** White

Moon – Red

Karttika-Karttikai

Moon 11 - Phase 31

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018**Retreat Star**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sutra 229

Vilamba 5120

Simha Rasi: 16.22 Tithi 23 – 24

757863365

Gulika 8:31AM – 9:39AM
Yama 2:10PM – 3:18PM
Rahu 10:47AM – 11:55AM**Purvaphalguni Until 11:45PM**
Vishkambha* Until 3:08AM Sat
Taitila Until 11:35PM
Ashtami* Until 12:22PM**Ganesha:** Clear *Sunrise:* 7:24AM**Muruga:** Purple *Sunset:* 4:25PM**Nataraja:** White

Moon – Red

Karttika-Karttikai

Moon 11 - Phase 31

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


1	Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Trieste, Italy
	Kanya Rasi: 0.16	Tithi 24 – 25	758863365	Gulika 7:25AM – 8:32AM Yama 1:02PM – 2:10PM Rahu 9:40AM – 10:47AM	Uttaraphalguni Until 10:50PM Priti Until 12:50AM Sun Vanija Until 10:09PM Navami* Until 10:49AM	Ganesha: Orange <i>Sunrise:</i> 7:25AM Muruqa: Purple <i>Sunset:</i> 4:25PM Nataraja: White Moon – Red Karttika-Karttikai	Sun 7 Sutra 230 Vilamba 5120 Moon 11 - Phase 32 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Routine Work	Marana Yoga					

2	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy
	Kanya Rasi: 13.59	Tithi 25 – 26	768863365	Gulika 2:10PM – 3:17PM Yama 11:55AM – 1:03PM Rahu 3:17PM – 4:25PM	Hasta Until 10:30PM Ayushman Until 10:43PM Bava Until 9:01PM Dashami Until 9:31AM	Ganesha: Light Blue <i>Sunrise:</i> 7:26AM Muruqa: Purple <i>Sunset:</i> 4:25PM Nataraja: White Moon – Green Karttika-Karttikai	Sun 8 Sutra 231 Vilamba 5120 Moon 11 - Phase 32 2nd Phase Bhuloka Day
	Creative Work	Amrita Yoga					
	Until 10:30PM						

3	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy
	Kanya Rasi: 27.32	Tithi 26 – 27	768863365	Gulika 1:03PM – 2:10PM Yama 10:49AM – 11:56AM Rahu 8:34AM – 9:41AM	Chitra Until 10:20PM Saubhagya Until 8:52PM Kaulava Until 8:11PM Ekadashi* Until 8:32AM	Ganesha: Light Blue <i>Sunrise:</i> 7:27AM Muruqa: Purple <i>Sunset:</i> 4:24PM Nataraja: White Moon – Green Karttika-Karttikai	Sun 9 Sutra 232 Vilamba 5120 Moon 11 - Phase 32 2nd Phase Bhuloka Day
	Routine Work	Prabalarishta Yoga					
	Until 10:20PM						

4	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Trieste, Italy
	Tula Rasi: 10.55	Tithi 27 – 28	768863365	Gulika 11:56AM – 1:03PM Yama 9:42AM – 10:49AM Rahu 2:10PM – 3:17PM	Svati Until 10:21PM Sobhana Until 7:17PM Gara Until 7:41PM Dvadashi* Until 7:52AM	Ganesha: Light Blue <i>Sunrise:</i> 7:28AM Muruqa: Purple <i>Sunset:</i> 4:24PM Nataraja: White Moon – Green Karttika-Karttikai	Sun 10 Sutra 233 Vilamba 5120 Moon 11 - Phase 32 2nd Phase Bhuloka Day
	Creative Work	Siddha Yoga					
	Until 10:21PM						

5	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy
	Tula Rasi: 24.05	Tithi 28 – 29	778863365	Gulika 10:50AM – 11:57AM Yama 8:36AM – 9:43AM Rahu 11:57AM – 1:03PM	Vishakha Until 11:03PM Athiganda* Until 6:00PM Visti Until 7:36PM Trayodashi* Until 7:34AM	Ganesha: Purple <i>Sunrise:</i> 7:29AM Muruqa: Purple <i>Sunset:</i> 4:24PM Nataraja: White Moon – Orange Karttika-Karttikai	Sun 11 Sutra 234 Vilamba 5120 Moon 11 - Phase 32 2nd Phase Bhuloka Day
	Creative Work	Siddha Yoga					

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy
	Retreat Star			Gulika 9:44AM – 10:50AM Yama 7:30AM – 8:37AM Rahu 1:04PM – 2:10PM	Anuradha Until 12:04AM Fri Sukarma Until 5:04PM Catuspada Until 7:59PM Chaturdashi* Until 7:42AM	Ganesha: Purple <i>Sunrise:</i> 7:30AM Muruqa: Purple <i>Sunset:</i> 4:23PM Nataraja: White Moon – Orange Karttika-Karttikai	Sun 12 Sutra 235 Vilamba 5120 Moon 11 - Phase 32 Amavasya Bhuloka Day
	Vriscika Rasi: 7.03	Tithi 29 – 30	778863365				
	Creative Work	Siddha Yoga					

Friday, December 7, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Trieste, Italy
	Vriscika Rasi: 19.47	Tithi 30 – 1	779863365	Gulika 8:38AM – 9:44AM Yama 2:10PM – 3:17PM Rahu 10:51AM – 11:57AM	Jyeshtha* Until 1:25AM Sat Dhriti Until 4:33PM Kintughna Until 8:52PM Amavasya* Until 8:20AM	Ganesha: Light Blue <i>Sunrise:</i> 7:31AM Muruqa: Purple <i>Sunset:</i> 4:23PM Nataraja: White Moon – Orange Margasira-Karttikai	Sun 13 Sutra 236 Vilamba 5120 Moon 11 - Phase 32 Prathama Bhuloka Day
	Routine Work	Marana Yoga					
	Until 1:25AM Sat						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Trieste, Italy Sun 23 Sutra 246 Vilamba 5120		
1	Meena Rasi: 20.31 Family Home Evening Creative Work Siddha Yoga	Gulika 1:08PM – 2:13PM Yama 10:57AM – 12:02PM Rahu 8:46AM – 9:51AM	Revati Until 11:38PM Variyan Until 8:38PM Taitila Until 3:22PM Dashami Until 3:29AM Tue	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Clear	Sunrise: 7:40AM Sunset: 4:24PM	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali		

Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Trieste, Italy Sun 24 Sutra 247 Vilamba 5120		
2	Mesha Rasi: 3.21 Creative Work Siddha Yoga	Gulika 12:03PM – 1:08PM Yama 9:52AM – 10:57AM Rahu 2:14PM – 3:19PM	Ashvini Until 12:09AM Wed Parigha* Until 7:21PM Vanija Until 3:26PM Ekadashi Until 3:08AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – White	Sunrise: 7:41AM Sunset: 4:24PM	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali		
				Devaloka Time: 6:AM to 9:AM		

Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Trieste, Italy Sun 25 Sutra 248 Vilamba 5120		
3	Mesha Rasi: 16.35 Creative Work Siddha Yoga Until 11:43PM Then Creative Work - Amrita Yoga	Gulika 10:58AM – 12:03PM Yama 8:47AM – 9:52AM Rahu 12:03PM – 1:09PM	Bharani Until 11:43PM Shiva Until 5:26PM Bava Until 2:40PM Dvadashi Until 1:59AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – White	Sunrise: 7:41AM Sunset: 4:25PM	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali		
				Devaloka Time: 6:AM to 9:AM		

Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 249 Vilamba 5120		
4	Vrishabha Rasi: 0.17 Routine Work Marana Yoga	Gulika 9:53AM – 10:58AM Yama 7:42AM – 8:47AM Rahu 1:09PM – 2:14PM	Krittika Until 10:28PM Siddha Until 2:56PM Kaulava Until 1:09PM Trayodashi Until 12:08AM Fri	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – White	Sunrise: 7:42AM Sunset: 4:25PM	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali		
				Devaloka Time: 6:AM to 9:AM		
<i>Pradosha Vrata</i>						

Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 250 Vilamba 5120		
5	Vrishabha Rasi: 14.23 Routine Work Marana Yoga Until 8:54PM Then Creative Work - Siddha Yoga	Gulika 8:48AM – 9:53AM Yama 2:15PM – 3:20PM Rahu 10:59AM – 12:04PM	Rohini Until 8:54PM Sadhya Until 11:56AM Gara Until 11:00AM Chaturdashi* Until 9:43PM	Ganesha: White Muruqa: Purple Nataraja: White Moon – Yellow	Sunrise: 7:43AM Sunset: 4:26PM	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali		

Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Trieste, Italy Sun 28 Sutra 251 Vilamba 5120		
○	Copper Retreat Star Vrishabha Rasi: 28.5 Creative Work Siddha Yoga	Gulika 7:43AM – 8:48AM Yama 1:10PM – 2:15PM Rahu 9:54AM – 10:59AM	Mrigashira Until 6:47PM Subha Until 8:32AM Visti Until 8:21AM Purnima* Until 6:52PM	Ganesha: Yellow Muruqa: Purple Nataraja: White Moon – Yellow	Sunrise: 7:43AM Sunset: 4:26PM	Moon 11 - Phase 34 Purnima Bhuloka Day
				Margasira-Markali		
				Devaloka Time: 9:AM to 12:PM		

Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sun 29 Sutra 252 Vilamba 5120		
○	Silver Retreat Star Mithuna Rasi: 13.34 Creative Work Siddha Yoga	Gulika 2:16PM – 3:21PM Yama 12:05PM – 1:11PM Rahu 3:21PM – 4:27PM	Ardra Until 4:15PM Brahma Until 1:00AM Mon Taitila Until 2:09AM Mon Prathama* Until 3:45PM	Ganesha: Yellow Muruqa: Purple Nataraja: White Moon – Yellow	Sunrise: 7:44AM Sunset: 4:27PM	Moon 11 - Phase 34 Prathama Bhuloka Day
				Margasira-Markali		
				Devaloka Time: 9:AM to 12:PM		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 28.26 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Gulika 1:11PM - 2:16PM

Yama 11:00AM - 12:06PM

Rahu 8:49AM - 9:55AM

Day 4 of Pancha Ganapati

Punarvasu Until 1:53PM

Indra Until 9:07PM

Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesha: Blue

Sunrise: 7:44AM

Muruqa: Purple

Sunset: 4:27PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Trieste, Italy

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 13.19 Tithi 18 - 19

842963365

Creative Work Siddha Yoga

Gulika 12:06PM - 1:12PM

Yama 9:55AM - 11:01AM

Rahu 2:17PM - 3:22PM

Day 5 of Pancha Ganapati

Pushya Until 11:25AM

Vaidhriti* Until 5:18PM

Bava Until 7:47PM

Tritiya Until 9:19AM

Ganesha: Yellow

Sunrise: 7:44AM

Muruqa: Purple

Sunset: 4:27PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 28.05 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 11:01AM - 12:07PM

Yama 8:50AM - 9:56AM

Rahu 12:07PM - 1:12PM

Ashlesha* Until 8:59AM

Vishkambha* Until 1:39PM

Taitila Until 3:31AM Thu

Chaturthi* Until 6:16AM

Ganesha: Yellow

Sunrise: 7:45AM

Muruqa: Purple

Sunset: 4:29PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 12.38 Tithi 21

852963366

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Gulika 9:56AM - 11:02AM

Yama 7:45AM - 8:51AM

Rahu 1:13PM - 2:18PM

Magha* Until 7:08AM

Priti Until 10:17AM

Gara Until 2:18PM

Shashthi* Until 1:10AM Fri

Ganesha: Blue

Sunrise: 7:45AM

Muruqa: Purple

Sunset: 4:29PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saplamyam Titau

Trieste, Italy

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 26.55 Tithi 22

852963366

Creative Work Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Gulika 8:51AM - 9:57AM

Yama 2:19PM - 3:24PM

Rahu 11:02AM - 12:08PM

Uttaraphalguni Until 4:17AM Sat

Ayushman Until 7:14AM

Visti Until 12:10PM

Saptami Until 11:16PM

Ganesha: Blue

Sunrise: 7:45AM

Muruqa: Purple

Sunset: 4:30PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 10.53 Tithi 23

862963366

Routine Work Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 7:46AM - 8:51AM

Yama 1:14PM - 2:19PM

Rahu 9:57AM - 11:03AM

Hasta Until 3:50AM Sun

Sobhana Until 2:22AM Sun

Balava Until 10:32AM

Ashtami* Until 9:54PM

Ganesha: Red

Sunrise: 7:46AM

Muruqa: Purple

Sunset: 4:31PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 24.32 Tithi 24

862963366

Creative Work Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Gulika 2:20PM - 3:26PM

Yama 12:09PM - 1:14PM

Rahu 3:26PM - 4:32PM

Chitra Until 3:46AM Mon

Athiganda* Until 12:33AM Mon

Taitila Until 9:26AM

Navami* Until 9:04PM

Ganesha: Red

Sunrise: 7:46AM

Muruqa: Purple

Sunset: 4:32PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy	
1		Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 260	
Tula Rasi: 7.53	Tithi 25	Gulika 1:15PM – 2:21PM	Svati Until 4:03AM Tue	Ganesha: Red <i>Sunrise:</i> 7:46AM	Vilamba 5120
Family Home Evening	862963366	Yama 11:03AM – 12:09PM	Sukarma Until 11:09PM	Muruqa: Purple <i>Sunset:</i> 4:32PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		Rahu 8:52AM – 9:58AM	Vanija Until 8:52AM	Nataraja: Green	2nd Phase
Until 4:03AM Tue			Dashami Until 8:45PM	Moon – Green	Bhuloka Day
Then Routine Work - Marana Yoga				Margasira*Markali	Devaloka Time: 6:AM to 9:AM

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
2		Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 261	
Tula Rasi: 20.58	Tithi 26	Gulika 12:10PM – 1:16PM	Vishakha Until 5:08AM Wed	Ganesha: Green <i>Sunrise:</i> 7:46AM	Vilamba 5120
	872963366	Yama 9:58AM – 11:04AM	Dhriti Until 10:09PM	Muruqa: Purple <i>Sunset:</i> 4:33PM	Moon 12 - Phase 36
Routine Work Marana Yoga		Rahu 2:21PM – 3:27PM	Bava Until 8:49AM	Nataraja: Green	2nd Phase
Until 5:08AM Wed			Ekadashi* Until 8:58PM	Moon – Orange	Bhuloka Day
Then Creative Work - Siddha Yoga				Margasira*Markali	

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
3		Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 262	
Vrischika Rasi: 3.47	Tithi 27	Gulika 11:04AM – 12:10PM	Anuradha Until 6:31AM Thu	Ganesha: Green <i>Sunrise:</i> 7:46AM	Vilamba 5120
	872963366	Yama 8:52AM – 9:58AM	Shula* Until 9:31PM	Muruqa: Purple <i>Sunset:</i> 4:34PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		Rahu 12:10PM – 1:16PM	Kaulava Until 9:17AM	Nataraja: Green	2nd Phase
Until 6:31AM Thu			Dvadashi* Until 9:40PM	Moon – Orange	Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Margasira*Markali	

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
4		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 263	
Vrischika Rasi: 16.23	Tithi 28	Gulika 9:58AM – 11:04AM	Anuradha Until 6:31AM	Ganesha: Green <i>Sunrise:</i> 7:46AM	Vilamba 5120
	872963366	Yama 7:46AM – 8:52AM	Ganda* Until 9:14PM	Muruqa: Purple <i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		Rahu 1:17PM – 2:23PM	Gara Until 10:13AM	Nataraja: Green	2nd Phase
Until 6:31AM			Trayodashi* Until 10:51PM	Moon – Orange	Bhuloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>	Margasira*Markali	

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
5		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 264	
Vrischika Rasi: 28.47	Tithi 29	Gulika 8:52AM – 9:59AM	Jyeshtha* Until 8:12AM	Ganesha: Green <i>Sunrise:</i> 7:46AM	Vilamba 5120
	872963366	Yama 2:24PM – 3:30PM	Vriddhi Until 9:19PM	Muruqa: Purple <i>Sunset:</i> 4:36PM	Moon 12 - Phase 36
Routine Work Marana Yoga		Rahu 11:05AM – 12:11PM	Visti Until 11:37AM	Nataraja: Green	2nd Phase
Until 8:12AM			Chaturdashi* Until 12:28AM Sat	Moon – Orange	Bhuloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali	

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
● Retreat Star		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 265	
Dhanus Rasi: 11	Tithi 30	Gulika 7:46AM – 8:52AM	Mula* Until 10:36AM	Ganesha: White <i>Sunrise:</i> 7:46AM	Vilamba 5120
	882963366	Yama 1:18PM – 2:24PM	Dhruva Until 9:40PM	Muruqa: Purple <i>Sunset:</i> 4:37PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		Rahu 9:59AM – 11:05AM	Catuspada Until 1:27PM	Nataraja: Green	Amavasya
		Subramuniyaswami Jayanti	Amavasya* Until 2:29AM Sun	Moon – Light Blue	Bhuloka Day
				Margasira*Markali	

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
● Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 266	
Dhanus Rasi: 23.04	Tithi 1	Gulika 2:25PM – 3:32PM	Purvashadha* Until 1:13PM	Ganesha: White <i>Sunrise:</i> 7:46AM	Vilamba 5120
	882973366	Yama 12:12PM – 1:19PM	Vyaghata* Until 10:18PM	Muruqa: Clear <i>Sunset:</i> 4:38PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		Rahu 3:32PM – 4:38PM	Kintughna Until 3:39PM	Nataraja: Green	Prathama
Until 1:13PM		Partial Solar Eclipse	Prathama* Until 4:50AM Mon	Moon – Light Blue	Bhuloka Day
Then Creative Work - Amrita Yoga				Pausha*Markali	Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Trieste, Italy Sun 15 Sutra 267 Vilamba 5120
1	Makara Rasi: 4.59 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 3:56PM Then Creative Work - Amrita Yoga	Gulika 1:19PM – 2:26PM Yama 11:06AM – 12:12PM Rahu 8:52AM – 9:59AM	Uttarashadha Until 3:56PM Harshana Until 11:09PM Balava Until 6:09PM Dvitiya Until 7:27AM Tue	Ganesha: White Muruqa: Clear Nataraja: Green Moon – Light Blue Pausa-Markali	Sunrise: 7:46AM Sunset: 4:39PM	Moon 12 - Phase 37 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 16 Sutra 268 Vilamba 5120
2	Makara Rasi: 16.5 Tithi 2 – 3 Creative Work Siddha Yoga	Gulika 12:13PM – 1:20PM Yama 9:59AM – 11:06AM Rahu 2:27PM – 3:33PM	Shravana Until 7:12PM Vajra* Until 12:06AM Wed Taitila Until 8:50PM Dvitiya Until 7:27AM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausa-Markali	Sunrise: 7:45AM Sunset: 4:40PM	Moon 12 - Phase 37 3rd Phase Devaloka Day

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 17 Sutra 269 Vilamba 5120
3	Makara Rasi: 28.37 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 10:22PM Then Creative Work - Siddha Yoga	Gulika 11:06AM – 12:13PM Yama 8:52AM – 9:59AM Rahu 12:13PM – 1:20PM	Dhanishtha Until 10:22PM Siddhi Until 1:06AM Thu Vanija Until 11:36PM Tritiya Until 10:12AM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausa-Markali	Sunrise: 7:45AM Sunset: 4:41PM	Moon 12 - Phase 37 3rd Phase Devaloka Day

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 18 Sutra 270 Vilamba 5120
4	Kumbha Rasi: 10.25 Tithi 4 – 5 Creative Work Siddha Yoga	Gulika 9:59AM – 11:06AM Yama 7:45AM – 8:52AM Rahu 1:21PM – 2:28PM	Shatabhishak Until 1:16AM Fri Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri Chaturthi* Until 12:55PM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausa-Markali	Sunrise: 7:45AM Sunset: 4:43PM	Moon 12 - Phase 37 3rd Phase Devaloka Day

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 19 Sutra 271 Vilamba 5120
5	Kumbha Rasi: 22.15 Tithi 5 – 6 Creative Work Siddha Yoga	Gulika 8:52AM – 9:59AM Yama 2:29PM – 3:36PM Rahu 11:07AM – 12:14PM	Purvaproshtapada* Until 4:14AM Sat Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat Panchami Until 3:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausa-Markali	Sunrise: 7:44AM Sunset: 4:44PM	Moon 12 - Phase 37 3rd Phase Devaloka Day

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 20 Sutra 272 Vilamba 5120
6	Meena Rasi: 4.12 Tithi 6 – 7 Creative Work Siddha Yoga Until 6:37AM Sun Then Creative Work - Amrita Yoga	Gulika 7:44AM – 8:52AM Yama 1:22PM – 2:30PM Rahu 9:59AM – 11:07AM	Uttaraproshtapada Until 6:37AM Sun Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun Shashthi* Until 5:37PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausa-Markali	Sunrise: 7:44AM Sunset: 4:45PM	Moon 12 - Phase 37 3rd Phase Devaloka Day

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:31PM – 3:38PM Yama 12:15PM – 1:23PM Rahu 3:38PM – 4:46PM	Uttaraproshtapada Until 6:37AM Shiva Until 3:02AM Mon Gara Until 6:32AM Saptami Until 7:15PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausa-Markali	Sunrise: 7:44AM Sunset: 4:46PM	Moon 12 - Phase 37 3rd Phase Devaloka Day

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:23PM – 2:31PM Yama 11:07AM – 12:15PM Rahu 8:51AM – 9:59AM	Revati Until 8:14AM Siddha Until 2:23AM Tue Visti Until 7:49AM Ashtami* Until 8:10PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausa-Thai	Sunrise: 7:43AM Sunset: 4:47PM	Moon 12 - Phase 37 Ashtami Devaloka Day

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:16PM – 1:24PM Yama 9:59AM – 11:07AM Rahu 2:32PM – 3:40PM	Ashvini Until 9:28AM Sadhya Until 1:08AM Wed Balava Until 8:21AM Navami* Until 8:18PM	Ganesha: Purple Muruqa: Clear Nataraja: Green Moon – White Pausa-Thai	Sunrise: 7:43AM Sunset: 4:49PM	Moon 12 - Phase 37 Navami Sivaloka Day


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Trieste, Italy Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 24.35	Tithi 10	Gulika	11:08AM – 12:16PM	Bharani Until 9:43AM	Ganesha: Blue	Sunrise: 7:42AM	
		Yama	8:51AM – 9:59AM	Subha Until 11:15PM	Muruqa: Clear	Sunset: 4:50PM	Moon 12 - Phase 38
		823173366 Rahu	12:16PM – 1:25PM	Taitila Until 8:04AM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga			Dashami Until 7:36PM	Moon – White		Sivaloka Day
Until 9:43AM					Pausha*Thai		
Then Creative Work - Amrita Yoga							

2		Thursday, January 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visli* Karana Ekadashyam Titau		Trieste, Italy Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 8.09	Tithi 11	Gulika	9:59AM – 11:08AM	Krittika Until 9:02AM	Ganesha: Blue	Sunrise: 7:41AM	
		Yama	7:41AM – 8:50AM	Sukla Until 8:43PM	Muruqa: Clear	Sunset: 4:51PM	Moon 12 - Phase 38
		823173366 Rahu	1:25PM – 2:34PM	Vanija Until 6:57AM	Nataraja: Green		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 6:05PM	Moon – White		Sivaloka Day
					Pausha*Thai		

3		Friday, January 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 22.11	Tithi 12 – 13	Gulika	8:50AM – 9:59AM	Rohini Until 7:54AM	Ganesha: Yellow	Sunrise: 7:41AM	
		Yama	2:35PM – 3:44PM	Brahma Until 5:37PM	Muruqa: Clear	Sunset: 4:53PM	Moon 12 - Phase 38
		833173366 Rahu	11:08AM – 12:17PM	Kaulava Until 2:33AM Sat	Nataraja: Green		4th Phase
Routine Work	Marana Yoga			Dvadashi Until 3:52PM	Moon – Yellow		Devaloka Day
Until 7:54AM					Pausha*Thai		
Then Creative Work - Siddha Yoga					Pradosha Vrata		

4		Saturday, January 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 6.4	Tithi 13 – 14	Gulika	7:40AM – 8:49AM	Mrigashira Until 6:00AM	Ganesha: Yellow	Sunrise: 7:40AM	
		Yama	1:26PM – 2:35PM	Indra Until 2:05PM	Muruqa: Clear	Sunset: 4:54PM	Moon 12 - Phase 38
		833173366 Rahu	9:59AM – 11:08AM	Gara Until 11:29PM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 1:03PM	Moon – Yellow		Devaloka Day
					Pausha*Thai		

		Sunday, January 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Trieste, Italy Sutra 280 Vilamba 5120	
Copper Retreat Star		Gulika	2:36PM – 3:46PM	Punarvasu Until 12:50AM Mon	Ganesha: White	Sunrise: 7:39AM	
Mithuna Rasi: 21.3	Tithi 14 – 15	Yama	12:17PM – 1:27PM	Vaidhriti* Until 10:09AM	Muruqa: Clear	Sunset: 4:55PM	Moon 12 - Phase 38
		843173366 Rahu	3:46PM – 4:55PM	Visti Until 8:04PM	Nataraja: Green		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 9:48AM	Moon – Blue		Sivaloka Day
					Pausha*Thai		

Monday, January 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Trieste, Italy Sutra 281 Vilamba 5120			
Silver Retreat Star		Gulika	1:27PM – 2:37PM	Pushya Until 9:55PM	Ganesha: White	Sunrise: 7:39AM	
Kataka Rasi: 6.35	Tithi 15 – 16	Yama	11:08AM – 12:18PM	Vishkambha* Until 6:01AM	Muruqa: Clear	Sunset: 4:57PM	Moon 12 - Phase 38
Family Home Evening		843173366 Rahu	8:48AM – 9:58AM	Kaulava Until 2:34AM Tue	Nataraja: Green		Prathama
Creative Work	Siddha Yoga			Purnima* Until 6:15AM	Moon – Blue		Sivaloka Day
					Pausha*Thai		
		Total Lunar Eclipse					
		Thai Pusam					



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.46 Tithi 17

844173366

Gulika

12:18PM - 1:28PM

Ashlesha* Until 6:53PM

Ganesha: Clear

Sunrise: 7:38AM

Yama

9:58AM - 11:08AM

Ayushman Until 9:32PM

Muruqa: Clear

Sunset: 4:58PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

Rahu

2:38PM - 3:48PM

Taitila Until 12:45PM

Nataraja: Green

Moon - Blue

Devaloka Day

Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trityayam Titau

Trieste, Italy

Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.54 Tithi 18

854173366

Gulika

11:08AM - 12:18PM

Magha* Until 4:16PM

Ganesha: Purple

Sunrise: 7:37AM

Yama

8:47AM - 9:58AM

Saubhagya Until 5:27PM

Muruqa: Clear

Sunset: 4:59PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

Rahu

12:18PM - 1:28PM

Vanija Until 9:12AM

Nataraja: Green

Moon - Red

Bhuloka Day

Until 4:16PM

Tritiya Until 7:29PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.5 Tithi 19 - 20

854173366

Gulika

9:57AM - 11:08AM

Purvaphalguni Until 1:50PM

Ganesha: Purple

Sunrise: 7:36AM

Yama

7:36AM - 8:47AM

Sobhana Until 1:40PM

Muruqa: Clear

Sunset: 5:01PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

Rahu

1:29PM - 2:40PM

Kaulava Until 3:03AM Fri

Nataraja: Green

Moon - Red

Bhuloka Day

Chaturthi* Until 4:24PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 6.28 Tithi 20 - 21

954173366

Gulika

8:46AM - 9:57AM

Uttaraphalguni Until 11:45AM

Ganesha: Clear

Sunrise: 7:35AM

Yama

2:40PM - 3:51PM

Athiganda* Until 10:14AM

Muruqa: Clear

Sunset: 5:02PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

Rahu

11:08AM - 12:19PM

Gara Until 12:44AM Sat

Nataraja: Green

Moon - Red

Devaloka Day

Panchami Until 1:47PM

Pausha*Thai

Until 11:45AM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.41 Tithi 21 - 22

964173366

Gulika

7:34AM - 8:45AM

Hasta Until 10:31AM

Ganesha: Purple

Sunrise: 7:34AM

Yama

1:30PM - 2:41PM

Sukarma Until 7:18AM

Muruqa: Clear

Sunset: 5:04PM

Moon 1 - Phase 39

Routine Work Marana Yoga

Rahu

9:57AM - 11:08AM

Visti Until 11:04PM

Nataraja: Green

Moon - Green

Bhuloka Day

Shashthi* Until 11:48AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 4.29 Tithi 22 - 23

964173366

Gulika

2:42PM - 3:54PM

Chitra Until 9:51AM

Ganesha: Purple

Sunrise: 7:33AM

Yama

12:19PM - 1:31PM

Shula* Until 3:06AM Mon

Muruqa: Clear

Sunset: 5:05PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

Rahu

3:54PM - 5:05PM

Balava Until 10:08PM

Nataraja: Green

Moon - Green

Bhuloka Day

Saptami Until 10:30AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.52 Tithi 23 - 24

964173366

Gulika

1:31PM - 2:43PM

Svati Until 9:44AM

Ganesha: Purple

Sunrise: 7:32AM

Family Home Evening

Rahu

8:44AM - 9:56AM

Ganda* Until 1:52AM Tue

Muruqa: Clear

Sunset: 5:06PM

Moon 1 - Phase 39

Creative Work Amrita Yoga

Rahu

8:44AM - 9:56AM

Taitila Until 9:58PM

Nataraja: Green

Moon - Green

Bhuloka Day

Ashtami* Until 9:56AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 9:44AM

Then Routine Work - Marana Yoga

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Trieste, Italy Sun 7 Sutra 289 Vilamba 5120	
Wrischika Rasi: 0.5	Tithi 24 – 25	Gulika	12:20PM – 1:32PM	Vishakha Until 10:40AM	Ganesha: Clear	<i>Sunrise:</i> 7:31AM	
		Yama	9:55AM – 11:07AM	Vriddhi Until 1:12AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Moon 1 - Phase 40
		974173366 Rahu	2:44PM – 3:56PM	Vanija Until 10:30PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Navami* Until 10:07AM	Moon – Orange		Devaloka Day
Until 10:40AM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 8 Sutra 290 Vilamba 5120	
Wrischika Rasi: 13.29	Tithi 25 – 26	Gulika	11:07AM – 12:20PM	Anuradha Until 12:06PM	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	
		Yama	8:43AM – 9:55AM	Dhruva Until 1:00AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Moon 1 - Phase 40
		974173366 Rahu	12:20PM – 1:32PM	Bava Until 11:42PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 11:00AM	Moon – Orange		Devaloka Day
					Pausha*Thai		

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 9 Sutra 291 Vilamba 5120	
Wrischika Rasi: 25.52	Tithi 26 – 27	Gulika	9:54AM – 11:07AM	Jyeshtha* Until 1:57PM	Ganesha: Clear	<i>Sunrise:</i> 7:29AM	
		Yama	7:29AM – 8:42AM	Vyaghata* Until 1:13AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 40
		974173366 Rahu	1:33PM – 2:45PM	Kaulava Until 1:27AM Fri	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga			Ekadashi* Until 12:30PM	Moon – Orange		Devaloka Day
Until 1:57PM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 10 Sutra 292 Vilamba 5120	
Dhanus Rasi: 8.01	Tithi 27 – 28	Gulika	8:42AM – 9:54AM	Mula* Until 4:35PM	Ganesha: White	<i>Sunrise:</i> 7:29AM	
		Yama	2:45PM – 3:58PM	Harshana Until 1:47AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 40
		984173366 Rahu	11:07AM – 12:20PM	Gara Until 3:38AM Sat	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 2:28PM	Moon – Light Blue		Bhuloka Day
Until 4:35PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 11 Sutra 293 Vilamba 5120	
Dhanus Rasi: 20.01	Tithi 28 – 29	Gulika	7:28AM – 8:41AM	Purvashadha* Until 7:23PM	Ganesha: White	<i>Sunrise:</i> 7:28AM	
		Yama	1:33PM – 2:46PM	Vajra* Until 2:32AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 40
		984173366 Rahu	9:54AM – 11:07AM	Visti Until 6:06AM Sun	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 4:49PM	Moon – Light Blue		Bhuloka Day
Until 7:23PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

6		Sunday, February 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Trieste, Italy Sun 12 Sutra 294 Vilamba 5120	
Makara Rasi: 1.54	Tithi 29	Gulika	2:47PM – 4:00PM	Uttarashadha Until 10:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:27AM	
		Yama	12:20PM – 1:34PM	Siddhi Until 3:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 40
		985173366 Rahu	4:00PM – 5:14PM	Visti Until 6:06AM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 7:24PM	Moon – Light Blue		Devaloka Day
					Pausha*Thai		

●		Monday, February 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Trieste, Italy Sun 13 Sutra 295 Vilamba 5120	
Retreat Star		Gulika	1:34PM – 2:48PM	Shravana Until 1:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 7:26AM	
Makara Rasi: 13.43	Tithi 30	Yama	11:07AM – 12:20PM	Vyatipata* Until 4:27AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 40
Family Home Evening		995173367 Rahu	8:39AM – 9:53AM	Catuspada Until 8:46AM	Nataraja: White		Amavasya
Creative Work	Amrita Yoga			Amavasya* Until 10:06PM	Moon – Purple		Devaloka Day
Until 1:32AM Tue					Pausha*Thai		
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, February 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Trieste, Italy Sun 14 Sutra 296 Vilamba 5120	
Makara Rasi: 25.31	Tithi 1	Gulika	12:20PM – 1:34PM	Dhanishtha Until 4:39AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:24AM	
		Yama	9:52AM – 11:06AM	Variyan Until 5:24AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 40
		995173367 Rahu	2:48PM – 4:02PM	Kintughna Until 11:29AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Prathama* Until 12:48AM Wed	Moon – Purple		Devaloka Day
					Magha*Thai		

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yukstayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy
	Kumbha Rasi: 7.19	Tithi 2	Gulika 11:06AM – 12:20PM	Shatabhishak Until 7:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:23AM	Sun 15 Sutra 297
	995173367	Rahu	Yama 8:37AM – 9:52AM	Parigha* Until 6:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Vilamba 5120
Creative Work	Siddha Yoga		Balava Until 2:09PM	Nataraja: White		Moon 1 - Phase 41	
			Dvitiya Until 3:25AM Thu	Moon – Purple		3rd Phase	
				Magha-Thai		Devaloka Day	

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yukstayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Trieste, Italy
	Kumbha Rasi: 19.1	Tithi 3	Gulika 9:51AM – 11:06AM	Shatabhishak Until 7:30AM	Ganesha: Red	<i>Sunrise:</i> 7:22AM	Sun 16 Sutra 298
	995173367	Rahu	Yama 7:22AM – 8:36AM	Parigha* Until 6:18AM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Vilamba 5120
Creative Work	Siddha Yoga		Taitila Until 4:40PM	Nataraja: White		Moon 1 - Phase 41	
			Tritiya Until 5:50AM Fri	Moon – Purple		3rd Phase	
				Magha-Thai		Devaloka Day	

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yukstayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthiyam Titau				Trieste, Italy
	Meena Rasi: 1.05	Tithi 4	Gulika 8:35AM – 9:51AM	Purvaproshtapada* Until 10:29AM	Ganesha: Blue	<i>Sunrise:</i> 7:20AM	Sun 17 Sutra 299
	915173367	Rahu	Yama 2:51PM – 4:06PM	Shiva Until 7:03AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Vilamba 5120
Creative Work	Siddha Yoga		Vanija Until 6:57PM	Nataraja: White		Moon 1 - Phase 41	
			Chaturthi* Until 7:57AM Sat	Moon – Clear		3rd Phase	
				Magha-Thai		Sivaloka Day	

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yukstayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy
	Meena Rasi: 13.07	Tithi 4 – 5	Gulika 7:19AM – 8:34AM	Uttaraproshtapada Until 1:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:19AM	Sun 18 Sutra 300
	915173367	Rahu	Yama 1:36PM – 2:52PM	Siddha Until 7:33AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Vilamba 5120
Creative Work	Siddha Yoga		Bava Until 8:54PM	Nataraja: White		Moon 1 - Phase 41	
Until 1:01PM			Chaturthi* Until 7:57AM	Moon – Clear		3rd Phase	
Then Routine Work - Prabararishta Yoga				Magha-Thai		Sivaloka Day	

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yukstayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy
	Meena Rasi: 25.18	Tithi 5 – 6	Gulika 2:52PM – 4:08PM	Revati Until 2:59PM	Ganesha: Red	<i>Sunrise:</i> 7:18AM	Sun 19 Sutra 301
	915273367	Rahu	Yama 12:21PM – 1:36PM	Sadhya Until 7:47AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Vilamba 5120
Creative Work	Amrita Yoga		Kaulava Until 10:23PM	Nataraja: White		Moon 1 - Phase 41	
Until 2:59PM			Panchami Until 9:41AM	Moon – Clear		3rd Phase	
Then Creative Work - Siddha Yoga				Magha-Thai		Devaloka Day	

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yukstayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy
	Mesha Rasi: 7.41	Tithi 6 – 7	Gulika 1:37PM – 2:53PM	Ashvini Until 4:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:16AM	Sun 20 Sutra 302
	925273367	Rahu	Yama 11:05AM – 12:21PM	Subha Until 7:38AM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Vilamba 5120
Family Home Evening			Gara Until 11:18PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga		Shashthi* Until 10:54AM	Moon – White		3rd Phase	
				Magha-Thai		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

D	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yukstayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy
	Retreat Star		Gulika 12:21PM – 1:37PM	Bharani Until 5:44PM	Ganesha: Blue	<i>Sunrise:</i> 7:15AM	Sun 21 Sutra 303
	Mesha Rasi: 20.2	Tithi 7 – 8	Yama 9:48AM – 11:04AM	Sukla Until 7:00AM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Vilamba 5120
925273367	Rahu	Rahu 2:54PM – 4:10PM	Visti Until 11:32PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga		Saptami Until 11:29AM	Moon – White		Ashtami	
				Magha-Thai		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

D	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yukstayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy
	Retreat Star		Gulika 11:04AM – 12:21PM	Krittika Until 5:52PM	Ganesha: Yellow	<i>Sunrise:</i> 7:13AM	Sun 22 Sutra 304
	Vrishabha Rasi: 3.2	Tithi 8 – 9	Yama 8:30AM – 9:47AM	Indra Until 4:07AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Vilamba 5120
926273367	Rahu	Rahu 12:21PM – 1:38PM	Balava Until 11:02PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Amrita Yoga		Ashtami* Until 11:22AM	Moon – White		Navami	
Until 5:52PM				Magha-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							


1	Thursday, February 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy
			Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 305
	Vishabha Rasi: 16.43	Tithi 9 – 10	Gulika 9:46AM – 11:04AM	Rohini Until 5:33PM	Ganesha: White	<i>Sunrise:</i> 7:12AM	Vilamba 5120
	Routine Work	Marana Yoga	Yama 7:12AM – 8:29AM	Vaidhriti* Until 1:45AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 42
		936273367 Rahu 1:38PM – 2:55PM	Taitila Until 9:45PM	Nataraja: White		4th Phase	
			Navami* Until 10:28AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			


2	Friday, February 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy
			Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 306
	Mithuna Rasi: 0.33	Tithi 10 – 11	Gulika 8:28AM – 9:46AM	Mrigashira Until 4:22PM	Ganesha: White	<i>Sunrise:</i> 7:10AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 2:56PM – 4:13PM	Vishkambha* Until 10:51PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 42
		936273367 Rahu 11:03AM – 12:21PM	Vanija Until 7:45PM	Nataraja: White		4th Phase	
			Dashami Until 8:49AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3	Saturday, February 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy
			Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 307
	Mithuna Rasi: 14.49	Tithi 11 – 12	Gulika 7:09AM – 8:27AM	Ardra Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 7:09AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 1:39PM – 2:57PM	Priti Until 7:26PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 42
		936273367 Rahu 9:45AM – 11:03AM	Balava Until 3:35AM Sun	Nataraja: White		4th Phase	
			Ekadashi Until 6:30AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

4	Sunday, February 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy
			Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 308
	Mithuna Rasi: 29.3	Tithi 13	Gulika 2:57PM – 4:16PM	Punarvasu Until 12:09PM	Ganesha: Clear	<i>Sunrise:</i> 7:07AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 12:21PM – 1:39PM	Ayushman Until 3:36PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 42
		946273367 Rahu 4:16PM – 5:34PM	Kaulava Until 1:58PM	Nataraja: White		4th Phase	
			Trayodashi Until 12:14AM Mon	Moon – Blue		Devaloka Day	
				Magha-Masi			
				<i>Pradosha Vrata</i>			

5	Monday, February 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy
			Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 309
	Kataka Rasi: 14.3	Tithi 14	Gulika 1:39PM – 2:58PM	Pushya Until 9:24AM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Vilamba 5120
	Family Home Evening		Yama 11:02AM – 12:21PM	Saubhagya Until 11:29AM	Muruqa: Clear	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 42
		946273367 Rahu 8:25AM – 9:43AM	Gara Until 10:27AM	Nataraja: White		4th Phase	
			Chaturdashi* Until 8:35PM	Moon – Blue		Devaloka Day	
				Magha-Masi			
			Chidambaram Abhishekam				

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Trieste, Italy
	Copper Retreat Star		Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Sutra 310
	Kataka Rasi: 29.43	Tithi 15 – 16	Gulika 12:21PM – 1:40PM	Ashlesha* Until 6:18AM	Ganesha: Clear	<i>Sunrise:</i> 7:04AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 9:42AM – 11:01AM	Sobhana Until 7:12AM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 42
		946273367 Rahu 2:59PM – 4:18PM	Visti Until 6:43AM	Nataraja: White		Purnima	
			Purnima* Until 4:48PM	Moon – Blue		Devaloka Day	
				Magha-Masi			

	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy
	Silver Retreat Star		Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 311
	Simha Rasi: 14.58	Tithi 16 – 17	Gulika 11:01AM – 12:20PM	Purvaphalguni Until 12:30AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:03AM	Vilamba 5120
	Creative Work	Amrita Yoga	Yama 8:22AM – 9:42AM	Sukarma Until 10:38PM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 42
		957273367 Rahu 12:20PM – 1:40PM	Taitila Until 11:15PM	Nataraja: White		Prathama	
			Prathama* Until 1:03PM	Moon – Red		Devaloka Day	
				Magha-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy
Sun 1 Sutra 312

Kanya Rasi: 0.06 Tithi 17 - 18

957273367

Gulika 9:41AM - 11:01AM
Yama 7:01AM - 8:21AM
Rahu 1:40PM - 3:00PM

Uttaraphalguni Until 9:46PM

Dhriti Until 6:40PM
Vanija Until 7:53PM

Dvitiya Until 9:30AM

Ganesha: Clear *Sunrise:* 7:01AM

Muruqa: Clear *Sunset:* 5:40PM

Nataraja: White
Moon - Red

Magha-Masi

Devaloka Day

Until 9:46PM

Then Routine Work - Marana Yoga

1

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Trieste, Italy
Sun 2 Sutra 313

Kanya Rasi: 14.58 Tithi 18 - 19

967273367

Gulika 8:20AM - 9:40AM
Yama 3:01PM - 4:21PM
Rahu 11:00AM - 12:20PM

Hasta Until 7:47PM

Shula* Until 3:01PM
Balava Until 3:41AM Sat

Tritiya Until 6:20AM

Ganesha: White *Sunrise:* 6:59AM

Muruqa: Clear *Sunset:* 5:41PM

Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 7:47PM

Then Creative Work - Siddha Yoga

2

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy
Sun 3 Sutra 314

Kanya Rasi: 29.26 Tithi 20

967273367

Gulika 6:58AM - 8:18AM
Yama 1:41PM - 3:01PM
Rahu 9:39AM - 11:00AM

Chitra Until 6:16PM

Ganda* Until 11:53AM
Kaulava Until 2:38PM

Panchami Until 1:43AM Sun

Ganesha: White *Sunrise:* 6:58AM

Muruqa: Clear *Sunset:* 5:42PM

Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 6:16PM

Then Creative Work - Siddha Yoga

3

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy
Sun 4 Sutra 315

Tula Rasi: 13.26 Tithi 21

967273367

Gulika 3:02PM - 4:23PM
Yama 12:20PM - 1:41PM
Rahu 4:23PM - 5:44PM

Svati Until 5:21PM

Vridhi Until 9:20AM
Gara Until 1:03PM

Shashthi* Until 12:33AM Mon

Ganesha: White *Sunrise:* 6:56AM

Muruqa: Clear *Sunset:* 5:44PM

Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 5:21PM

Then Routine Work - Marana Yoga

4

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy
Sun 5 Sutra 316

Tula Rasi: 26.58 Tithi 22

977273367

Gulika 1:41PM - 3:03PM
Yama 10:59AM - 12:20PM
Rahu 8:16AM - 9:37AM

Vishakha Until 5:34PM

Dhruva Until 7:25AM
Visti Until 12:18PM

Saptami Until 12:14AM Tue

Ganesha: Yellow *Sunrise:* 6:54AM

Muruqa: Clear *Sunset:* 5:45PM

Nataraja: White
Moon - Orange

Magha-Masi

Devaloka Day

Until 5:34PM

Then Creative Work - Siddha Yoga

5

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy
Sun 6 Sutra 317

Vrischika Rasi: 10.02 Tithi 23

977273367

Gulika 12:20PM - 1:41PM
Yama 9:36AM - 10:58AM
Rahu 3:03PM - 4:25PM

Anuradha Until 6:29PM

Vyaghata* Until 6:11AM
Balava Until 12:26PM

Ashtami* Until 12:47AM Wed

Ganesha: Yellow *Sunrise:* 6:53AM

Muruqa: Clear *Sunset:* 5:47PM

Nataraja: White
Moon - Orange

Magha-Masi

Devaloka Day

Until 6:29PM

Then Routine Work - Marana Yoga

6

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy
Sun 7 Sutra 318

Vrischika Rasi: 22.41 Tithi 24

978273367

Gulika 10:57AM - 12:20PM
Yama 8:13AM - 9:35AM
Rahu 12:20PM - 1:42PM

Jyeshtha* Until 8:01PM

Vajra* Until 5:39AM Thu
Taitila Until 1:23PM

Navami* Until 2:08AM Thu

Ganesha: Blue *Sunrise:* 6:51AM

Muruqa: Clear *Sunset:* 5:48PM

Nataraja: White
Moon - Orange

Magha-Masi

Sivaloka Day

Until 8:01PM

Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Trieste, Italy Sutra 319
Dhanus Rasi: 4.59	Tithi 25	Gulika	9:34AM – 10:57AM	Mula* Until 10:33PM	Ganesha: Red	Sunrise: 6:49AM	Vilamba 5120	
		Yama	6:49AM – 8:12AM	Siddhi Until 6:09AM Fri	Muruqa: Clear	Sunset: 5:49PM	Moon 2 - Phase 44	
		988273367 Rahu	1:42PM – 3:04PM	Vanija Until 3:05PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 4:07AM Fri	Moon – Light Blue			Devaloka Day
					Magha-Masi			

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Trieste, Italy Sutra 320
Dhanus Rasi: 17.03	Tithi 26	Gulika	8:09AM – 9:32AM	Purvashadha* Until 1:22AM Sat	Ganesha: Red	Sunrise: 6:46AM	Vilamba 5120	
		Yama	3:06PM – 4:29PM	Siddhi Until 6:09AM	Muruqa: Clear	Sunset: 5:52PM	Moon 2 - Phase 44	
		988273367 Rahu	10:56AM – 12:19PM	Bava Until 5:19PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga			Ekadashi* Until 6:34AM Sat	Moon – Light Blue			Devaloka Day
Until 1:22AM Sat					Magha-Masi			
Then Routine Work - Marana Yoga								

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Trieste, Italy Sutra 321
Dhanus Rasi: 28.56	Tithi 26 – 27	Gulika	6:44AM – 8:08AM	Uttarashadha Until 4:19AM Sun	Ganesha: Red	Sunrise: 6:44AM	Vilamba 5120	
		Yama	1:43PM – 3:06PM	Vyatipata* Until 6:59AM	Muruqa: Clear	Sunset: 5:54PM	Moon 2 - Phase 44	
		988273367 Rahu	9:31AM – 10:55AM	Kaulava Until 7:55PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 6:34AM	Moon – Light Blue			Devaloka Day
Until 4:19AM Sun					Magha-Masi			
Then Creative Work - Amrita Yoga								

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Trieste, Italy Sutra 322
Makara Rasi: 10.44	Tithi 27 – 28	Gulika	3:07PM – 4:31PM	Shravana Until 7:40AM Mon	Ganesha: Yellow	Sunrise: 6:42AM	Vilamba 5120	
		Yama	12:19PM – 1:43PM	Varyan Until 7:58AM	Muruqa: Clear	Sunset: 5:55PM	Moon 2 - Phase 44	
		988273367 Rahu	4:31PM – 5:55PM	Gara Until 10:39PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 9:15AM	Moon – Purple			Devaloka Day
Until 7:40AM Mon					Magha-Masi			
Then Creative Work - Siddha Yoga								
					<i>Pradosha Vrata (Fasting)</i>			

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Trieste, Italy Sutra 323
Makara Rasi: 22.3	Tithi 28 – 29	Gulika	1:43PM – 3:07PM	Shravana Until 7:40AM	Ganesha: Yellow	Sunrise: 6:40AM	Vilamba 5120	
Family Home Evening		Yama	10:54AM – 12:18PM	Parigha* Until 9:02AM	Muruqa: Clear	Sunset: 5:56PM	Moon 2 - Phase 44	
		988273367 Rahu	8:05AM – 9:29AM	Visti Until 1:22AM Tue	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 12:00PM	Moon – Purple			Devaloka Day
Until 7:40AM					Magha-Masi			
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)						
		Mahasivaratri (Solar)						

		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Trieste, Italy Sutra 324
Retreat Star		Gulika	12:18PM – 1:43PM	Dhanishtha Until 10:47AM	Ganesha: Clear	Sunrise: 6:39AM	Vilamba 5120	
Kumbha Rasi: 4.17	Tithi 29 – 30	Yama	9:28AM – 10:53AM	Shiva Until 10:03AM	Muruqa: Clear	Sunset: 5:58PM	Moon 2 - Phase 44	
		199273367 Rahu	3:08PM – 4:33PM	Catuspada Until 3:56AM Wed	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 2:39PM	Moon – Purple			Devaloka Day
Until 10:47AM					Magha-Masi			
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Trieste, Italy Sutra 325
Retreat Star		Gulika	10:53AM – 12:18PM	Shatabhishak Until 1:33PM	Ganesha: Clear	Sunrise: 6:37AM	Vilamba 5120	
Kumbha Rasi: 16.09	Tithi 30 – 1	Yama	8:02AM – 9:27AM	Siddha Until 10:53AM	Muruqa: Clear	Sunset: 5:59PM	Moon 2 - Phase 44	
		199273367 Rahu	12:18PM – 1:43PM	Kintughna Until 6:14AM Thu	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 5:06PM	Moon – Purple			Devaloka Day
Until 1:33PM					Phalgun-Masi			
Then Creative Work - Amrita Yoga								

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna/Bava Karana Prathamayam Titau				Trieste, Italy Sun 15 Sutra 326
Kumbha Rasi: 28.07	Tithi 1	Gulika Yama	9:26AM – 10:52AM 6:35AM – 8:01AM	Purvaproshtapada* Until 4:24PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:35AM Sunset: 6:00PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	119373367 Rahu	1:43PM – 3:09PM	Sadhya Until 11:32AM Kintughna Until 6:14AM Prathama* Until 7:15PM	Devaloka Day Phalguna-Masi			
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy Sun 16 Sutra 327
Meena Rasi: 10.11	Tithi 2	Gulika Yama	7:59AM – 9:25AM 3:10PM – 4:36PM	Uttaraproshtapada Until 6:46PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:33AM Sunset: 6:02PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	119373367 Rahu	10:51AM – 12:17PM	Subha Until 11:58AM Balava Until 8:13AM Dvitiya Until 9:04PM	Devaloka Day Phalguna-Masi			
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Trieste, Italy Sun 17 Sutra 328
Meena Rasi: 22.23	Tithi 3	Gulika Yama	6:31AM – 7:58AM 1:44PM – 3:10PM	Revati Until 8:38PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:31AM Sunset: 6:03PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Routine Work	Prabalarishta Yoga	119373367 Rahu	9:24AM – 10:51AM	Sukla Until 12:07PM Tailila Until 9:53AM Tritiya Until 10:33PM	Devaloka Day Phalguna-Masi			
Until 8:38PM		Subramuniyaswami Siva Vision Day						
Then Creative Work - Siddha Yoga								
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Trieste, Italy Sun 18 Sutra 329
Mesha Rasi: 4.45	Tithi 4	Gulika Yama	3:11PM – 4:38PM 12:17PM – 1:44PM	Ashvini Until 10:27PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:30AM Sunset: 6:04PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	129373367 Rahu	4:38PM – 6:04PM	Brahma Until 11:59AM Vanija Until 11:09AM Chaturthi* Until 11:38PM	Devaloka Day Phalguna-Masi			
Until 10:27PM								
Then Routine Work - Prabalarishta Yoga								
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 19 Sutra 330
Mesha Rasi: 17.17	Tithi 5	Gulika Yama	1:44PM – 3:11PM 10:49AM – 12:17PM	Bharani Until 11:41PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:28AM Sunset: 6:06PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Family Home Evening		129373367 Rahu	7:55AM – 9:22AM	Indra Until 11:34AM Bava Until 12:01PM Panchami Until 12:16AM Tue	Devaloka Day Phalguna-Masi			
Creative Work	Siddha Yoga							
Until 11:41PM								
Then Routine Work - Marana Yoga								
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Trieste, Italy Sun 20 Sutra 331
Virshabha Rasi: 0.02	Tithi 6	Gulika Yama	12:16PM – 1:44PM 9:21AM – 10:49AM	Krittika Until 12:17AM Wed	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:26AM Sunset: 6:07PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	129373367 Rahu	3:12PM – 4:39PM	Vaidhriti* Until 10:45AM Kaulava Until 12:25PM Shashthi* Until 12:24AM Wed	Devaloka Day Phalguna-Masi			
Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Trieste, Italy Sun 21 Sutra 332
Virshabha Rasi: 13.01	Tithi 7	Gulika Yama	10:48AM – 12:16PM 7:52AM – 9:20AM	Rohini Until 12:39AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:24AM Sunset: 6:08PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	131373367 Rahu	12:16PM – 1:44PM	Vishkambha* Until 9:33AM Gara Until 12:17PM Saptami Until 11:59PM	Sivaloka Day Phalguna-Masi			
Until 12:39AM Thu								
Then Routine Work - Marana Yoga								
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 22 Sutra 333
Virshabha Rasi: 26.19	Tithi 8	Gulika Yama	9:19AM – 10:47AM 6:22AM – 7:51AM	Mrigashira Until 12:15AM Fri	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:22AM Sunset: 6:10PM	Vilamba 5120 Moon 2 - Phase 45 Ashtami	
Routine Work	Marana Yoga	131373367 Rahu	1:44PM – 3:13PM	Priti Until 7:54AM Visi Until 11:33AM Ashtami* Until 10:56PM	Sivaloka Day Phalguna-Masi			
Until 12:15AM Fri								
Then Creative Work - Siddha Yoga								
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 23 Sutra 334
Mithuna Rasi: 9.57	Tithi 9	Gulika Yama	7:49AM – 9:18AM 3:13PM – 4:42PM	Ardra Until 11:07PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:20AM Sunset: 6:11PM	Vilamba 5120 Moon 2 - Phase 45 Navami	
Creative Work	Siddha Yoga	131373368 Rahu	10:47AM – 12:16PM	Saubhagya Until 3:05AM Sat Balava Until 10:12AM Navami* Until 9:17PM	Subha Sivaloka Day Phalguna-Panguni			
		Karadaiyan Nombu (Tamil Nadu)						


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Trieste, Italy Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 23.58	Tithi 10	Gulika 6:18AM – 7:48AM	Punarvasu Until 9:41PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	
			Yama 1:45PM – 3:14PM	Sobhana Until 12:00AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 9:17AM – 10:46AM	Taitila Until 8:14AM	Nataraja: Clear		4th Phase
			Dashami Until 7:02PM	Moon – Blue		Sivaloka Day	
				Phalguna-Panguni			

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 8.21	Tithi 11 – 12	Gulika 3:14PM – 4:44PM	Pushya Until 7:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	
			Yama 12:15PM – 1:45PM	Athiganda* Until 8:29PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 4:44PM – 6:14PM	Bava Until 2:45AM Mon	Nataraja: Clear		4th Phase
			Ekadashi Until 4:16PM	Moon – Blue		Sivaloka Day	
				Phalguna-Panguni			

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 23.04	Tithi 12 – 13	Gulika 1:45PM – 3:15PM	Ashlesha* Until 5:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	
	Family Home Evening		Yama 10:45AM – 12:15PM	Sukarma Until 4:40PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 7:45AM – 9:15AM	Kaulava Until 11:26PM	Nataraja: Clear		4th Phase
			Dvadashi Until 1:07PM	Moon – Blue		Sivaloka Day	
			Yogaswami Mahasamadhi	Phalguna-Panguni			
				<i>Pradosha Vrata</i>			

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 8.01	Tithi 13 – 14	Gulika 12:15PM – 1:45PM	Magha* Until 2:27PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	
			Yama 9:14AM – 10:44AM	Dhriti Until 12:40PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 Rahu 3:15PM – 4:46PM	Gara Until 7:56PM	Nataraja: Clear		4th Phase
			Trayodashi Until 9:41AM	Moon – Red		Subha Sivaloka Day	
				Phalguna-Panguni			

	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Trieste, Italy Sun 28 Sutra 339 Vilamba 5120
	Simha Rasi: 23.05	Tithi 14 – 15	Gulika 10:43AM – 12:14PM	Purvaphalguni Until 11:40AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	
			Yama 7:42AM – 9:12AM	Shula* Until 8:34AM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 Rahu 12:14PM – 1:45PM	Bava Until 2:37AM Thu	Nataraja: Clear		Purnima
			Chaturdashi* Until 6:08AM	Moon – Red		Subha Sivaloka Day	
			Panguni Uttiram	Phalguna-Panguni			
			Holi				

Silver Retreat Star	Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Trieste, Italy Sun 29 Sutra 340 Vilamba 5120
	Kanya Rasi: 8.08	Tithi 16	Gulika 9:11AM – 10:43AM	Uttaraphalguni Until 8:50AM	Ganesha: White	<i>Sunrise:</i> 6:09AM	
			Yama 6:09AM – 7:40AM	Vriddhi Until 12:41AM Fri	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
			151383368 Rahu 1:45PM – 3:16PM	Balava Until 12:57PM	Nataraja: Clear		Prathama
			Prathama* Until 11:19PM	Moon – Red		Sivaloka Day	
				Phalguna-Panguni			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy
Sun 1
Sutra 341

Kanya Rasi: 22.59 Tithi 17

Gulika 7:39AM – 9:10AM
Yama 3:17PM – 4:49PM
Rahu 10:42AM – 12:14PM

Hasta **Until 6:33AM**
Dhruva **Until 9:08PM**
Taitila **Until 9:49AM**
Dvitiya **Until 8:24PM**

Ganesha: Yellow *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 6:20PM

Nataraja: Clear Moon 3 - Phase 47

Moon – Green **Devaloka Day**
Phalguna-Panguni

Creative Work Amrita Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy
Sun 2
Sutra 342

Tula Rasi: 7.31 Tithi 18

Gulika 6:05AM – 7:37AM
Yama 1:45PM – 3:17PM
Rahu 9:09AM – 10:41AM

Svati **Until 3:02AM Sun**
Vyaghata* **Until 6:03PM**
Vanija **Until 7:09AM**
Tritiya **Until 6:02PM**

Ganesha: Blue *Sunrise:* 6:05AM
Muruqa: White *Sunset:* 6:22PM

Nataraja: Clear Moon 3 - Phase 47

Moon – Green **Bhuloka Day**
Phalguna-Panguni Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 3:02AM Sun
Then Routine Work - Marana Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy
Sun 3
Sutra 343

Tula Rasi: 21.38 Tithi 19 – 20

Gulika 3:18PM – 4:50PM
Yama 12:13PM – 1:45PM
Rahu 4:50PM – 6:23PM

Vishakha **Until 2:31AM Mon**
Harshana **Until 3:33PM**
Kaulava **Until 3:50AM Mon**
Chaturthi* **Until 4:21PM**

Ganesha: Red *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 6:23PM

Nataraja: Clear Moon 3 - Phase 47

Moon – Orange **Devaloka Day**
Phalguna-Panguni

Routine Work Marana Yoga
Until 2:31AM Mon
Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy
Sun 4
Sutra 344

Vrischika Rasi: 5.16 Tithi 20 – 21

Gulika 1:46PM – 3:18PM
Yama 10:40AM – 12:13PM
Rahu 7:34AM – 9:07AM

Anuradha **Until 2:43AM Tue**
Vajra* **Until 1:41PM**
Gara **Until 3:24AM Tue**
Panchami **Until 3:29PM**

Ganesha: Red *Sunrise:* 6:01AM
Muruqa: White *Sunset:* 6:24PM

Nataraja: Clear Moon 3 - Phase 47

Moon – Orange **Devaloka Day**
Phalguna-Panguni

Family Home Evening
Creative Work Siddha Yoga
Until 2:43AM Tue
Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy
Sun 5
Sutra 345

Vrischika Rasi: 18.26 Tithi 21 – 22

Gulika 12:12PM – 1:46PM
Yama 9:06AM – 10:39AM
Rahu 3:19PM – 4:52PM

Jyeshtha* **Until 3:37AM Wed**
Siddhi **Until 12:31PM**
Visti **Until 3:52AM Wed**
Shashthi* **Until 3:30PM**

Ganesha: Red *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 6:25PM

Nataraja: Clear Moon 3 - Phase 47

Moon – Orange **Devaloka Day**
Phalguna-Panguni

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy
Sun 6
Sutra 346

Dhanus Rasi: 1.09 Tithi 22 – 23

Gulika 10:38AM – 12:12PM
Yama 7:31AM – 9:05AM
Rahu 12:12PM – 1:46PM

Mula* **Until 5:38AM Thu**
Vyatipata* **Until 12:02PM**
Balava **Until 5:10AM Thu**
Saptami **Until 4:24PM**

Ganesha: Green *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 6:27PM

Nataraja: Clear Moon 3 - Phase 47

Moon – Light Blue **Bhuloka Day**
Phalguna-Panguni Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 5:38AM Thu
Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Trieste, Italy
Sun 7
Sutra 347

Dhanus Rasi: 13.3 Tithi 23

Gulika 9:04AM – 10:38AM
Yama 5:56AM – 7:30AM
Rahu 1:46PM – 3:20PM

Purvashadha* **Until 8:10AM Fri**
Variyan **Until 12:09PM**
Kaulava **Until 6:04PM**
Ashtami* **Until 6:04PM**

Ganesha: Green *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 6:28PM

Nataraja: Clear Moon 3 - Phase 47

Moon – Light Blue **Bhuloka Day**
Phalguna-Panguni Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 8:10AM Fri
Then Routine Work - Marana Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy
Sun 8
Sutra 348

Dhanus Rasi: 25.35 Tithi 24

Gulika 7:28AM – 9:03AM
Yama 3:20PM – 4:55PM
Rahu 10:37AM – 12:11PM

Purvashadha* **Until 8:10AM**
Parigha* **Until 12:45PM**
Taitila **Until 7:09AM**
Navami* **Until 8:19PM**

Ganesha: Green *Sunrise:* 5:54AM
Muruqa: Yellow *Sunset:* 6:29PM

Nataraja: Purple Moon 3 - Phase 47

Moon – Light Blue **Devaloka Day**
Phalguna-Panguni

Routine Work Prabalarishta Yoga
Until 8:10AM
Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Trieste, Italy Sun 9 Sutra 349	
Makara Rasi: 7.28	Tithi 25	Gulika Yama	5:52AM – 7:27AM 1:46PM – 3:21PM	Uttarashadha Until 10:57AM Shiva Until 1:42PM Vanija Until 9:36AM Dashami Until 10:54PM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 5:52AM Sunset: 6:31PM	Moon 3 - Phase 48 2nd Phase
Routine Work Marana Yoga Until 10:57AM Then Creative Work - Siddha Yoga		182383468	Rahu 9:01AM – 10:36AM		Devaloka Day Phalguna-Panguni		
2		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Trieste, Italy Sun 10 Sutra 350	
Makara Rasi: 19.16	Tithi 26	Gulika Yama	3:21PM – 4:57PM 12:11PM – 1:46PM	Shravana Until 2:17PM Siddha Until 2:45PM Bava Until 12:17PM Ekadashi* Until 1:36AM Mon	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Purple	Sunrise: 5:50AM Sunset: 6:32PM	Moon 3 - Phase 48 2nd Phase
Creative Work Amrita Yoga Until 2:17PM Then Routine Work - Marana Yoga		192383468	Rahu 4:57PM – 6:32PM		Sivaloka Day Phalguna-Panguni		
3		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Trieste, Italy Sun 11 Sutra 351	
Kumbha Rasi: 1.02	Tithi 27	Gulika Yama	1:46PM – 3:21PM 10:36AM – 12:11PM	Dhanishtha Until 5:25PM Sadhya Until 3:47PM Kaulava Until 2:56PM Dvadashi* Until 4:11AM Tue	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Purple	Sunrise: 5:50AM Sunset: 6:32PM	Moon 3 - Phase 48 2nd Phase
Family Home Evening Creative Work Siddha Yoga		192483468	Rahu 7:25AM – 9:00AM		Subha Sivaloka Day Phalguna-Panguni		
4		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Trieste, Italy Sun 12 Sutra 352	
Kumbha Rasi: 12.52	Tithi 28	Gulika Yama	12:11PM – 1:46PM 8:59AM – 10:35AM	Shatabhishak Until 8:10PM Subha Until 4:41PM Gara Until 5:23PM Trayodashi* Until 6:28AM Wed	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Purple	Sunrise: 5:48AM Sunset: 6:33PM	Moon 3 - Phase 48 2nd Phase
Routine Work Marana Yoga		192483468	Rahu 3:22PM – 4:58PM		Subha Sivaloka Day Phalguna-Panguni		
				<i>Pradosha Vrata (Fasting)</i>			
5		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 13 Sutra 353	
Kumbha Rasi: 24.49	Tithi 28 – 29	Gulika Yama	10:34AM – 12:10PM 7:22AM – 8:58AM	Purvaproshtapada* Until 10:55PM Sukla Until 5:17PM Visti Until 7:30PM Trayodashi* Until 6:28AM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear	Sunrise: 5:46AM Sunset: 6:35PM	Moon 3 - Phase 48 2nd Phase
Creative Work Amrita Yoga Until 10:55PM Then Creative Work - Siddha Yoga		112483468	Rahu 12:10PM – 1:46PM		Sivaloka Day Phalguna-Panguni		
Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Trieste, Italy Sun 14 Sutra 354	
Meena Rasi: 6.55	Tithi 29 – 30	Gulika Yama	8:57AM – 10:34AM 5:44AM – 7:21AM	Uttaraproshtapada Until 1:06AM Fri Brahma Until 5:36PM Catuspada Until 9:11PM Chaturdashi* Until 8:22AM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear	Sunrise: 5:44AM Sunset: 6:36PM	Moon 3 - Phase 48 Amavasya
Creative Work Siddha Yoga		112483468	Rahu 1:46PM – 3:23PM		Sivaloka Day Phalguna-Panguni		
Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Trieste, Italy Sun 15 Sutra 355	
Meena Rasi: 19.11	Tithi 30 – 1	Gulika Yama	7:19AM – 8:56AM 3:23PM – 5:00PM	Revati Until 2:42AM Sat Indra Until 5:37PM Kintughna Until 10:27PM Amavasya* Until 9:51AM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear	Sunrise: 5:42AM Sunset: 6:37PM	Moon 3 - Phase 48 Prathama
Creative Work Siddha Yoga		112483468	Rahu 10:33AM – 12:10PM		Sivaloka Day Chaitra-Panguni		
				Yugadhi			

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhrili/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy
Mesha Rasi: 1.38	Tithi 1 – 2	Gulika 5:40AM – 7:18AM	Ashvini Until 4:13AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	Sun 16	Sutra 356	Vilamba 5120
		Yama 1:47PM – 3:24PM	Vaidhrili* Until 5:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM			Moon 3 - Phase 49
		123483468 Rahu 8:55AM – 10:32AM	Balava Until 11:17PM	Nataraja: Purple				3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 10:54AM	Chaitra-Panguni				Devaloka Day
Until 4:13AM Sun		Chellappaswami Mahasamadhi						
Then Routine Work - Prabalarishta Yoga								

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy
Mesha Rasi: 14.16	Tithi 2 – 3	Gulika 3:24PM – 5:02PM	Bharani Until 5:12AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	Sun 17	Sutra 357	Vilamba 5120
		Yama 12:09PM – 1:47PM	Vishkambha* Until 4:36PM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM			Moon 3 - Phase 49
		123483468 Rahu 5:02PM – 6:40PM	Taitila Until 11:42PM	Nataraja: Purple				3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 11:31AM	Chaitra-Panguni				Devaloka Day
Until 5:12AM Mon								
Then Routine Work - Marana Yoga								

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy
Mesha Rasi: 27.05	Tithi 3 – 4	Gulika 1:47PM – 3:25PM	Krittika Until 5:39AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Sun 18	Sutra 358	Vilamba 5120
Family Home Evening		Yama 10:31AM – 12:09PM	Priti Until 3:40PM	Muruqa: Yellow	<i>Sunset:</i> 6:41PM			Moon 3 - Phase 49
		123483468 Rahu 7:15AM – 8:53AM	Vanija Until 11:45PM	Nataraja: Purple				3rd Phase
Routine Work	Marana Yoga		Tritiya Until 11:45AM	Chaitra-Panguni				Devaloka Day
Until 5:39AM Tue								
Then Creative Work - Amrita Yoga								

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy
Vrishabha Rasi: 10.05	Tithi 4 – 5	Gulika 12:09PM – 1:47PM	Rohini Until 6:03AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Sun 19	Sutra 359	Vilamba 5120
		Yama 8:52AM – 10:30AM	Ayushman Until 2:25PM	Muruqa: Yellow	<i>Sunset:</i> 6:42PM			Moon 3 - Phase 49
		133483468 Rahu 3:25PM – 5:04PM	Bava Until 11:26PM	Nataraja: Purple				3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 11:37AM	Chaitra-Panguni				Sivaloka Day
Until 6:03AM Wed								
Then Creative Work - Siddha Yoga								

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy
Vrishabha Rasi: 23.17	Tithi 5 – 6	Gulika 10:29AM – 12:08PM	Rohini Until 6:03AM	Ganesha: Clear	<i>Sunrise:</i> 5:33AM	Sun 20	Sutra 360	Vilamba 5120
		Yama 7:12AM – 8:51AM	Saubhagya Until 12:53PM	Muruqa: Yellow	<i>Sunset:</i> 6:44PM			Moon 3 - Phase 49
		133483468 Rahu 12:08PM – 1:47PM	Kaulava Until 10:44PM	Nataraja: Purple				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 11:07AM	Chaitra-Panguni				Sivaloka Day

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy
Mithuna Rasi: 6.41	Tithi 6 – 7	Gulika 8:50AM – 10:29AM	Ardra Until 5:16AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sun 21	Sutra 361	Vilamba 5120
		Yama 5:31AM – 7:10AM	Sobhana Until 11:04AM	Muruqa: Yellow	<i>Sunset:</i> 6:45PM			Moon 3 - Phase 49
		133483468 Rahu 1:47PM – 3:26PM	Gara Until 9:39PM	Nataraja: Purple				3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 10:14AM	Chaitra-Panguni				Sivaloka Day
Until 5:16AM Fri								
Then Creative Work - Siddha Yoga								

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy
Retreat Star		Gulika 7:09AM – 8:49AM	Punarvasu Until 4:29AM Sat	Ganesha: White	<i>Sunrise:</i> 5:29AM	Sun 22	Sutra 362	Vilamba 5120
Mithuna Rasi: 20.19	Tithi 7 – 8	Yama 3:27PM – 5:06PM	Athiganda* Until 8:53AM	Muruqa: Yellow	<i>Sunset:</i> 6:46PM			Moon 3 - Phase 49
		143483468 Rahu 10:28AM – 12:08PM	Visti Until 8:08PM	Nataraja: Purple				Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:56AM	Chaitra-Panguni				Devaloka Day

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy
Retreat Star		Gulika 5:28AM – 7:08AM	Pushya Until 3:09AM Sun	Ganesha: White	<i>Sunrise:</i> 5:28AM	Sun 23	Sutra 363	Vilamba 5120
Kataka Rasi: 4.12	Tithi 8 – 9	Yama 1:47PM – 3:27PM	Sukarma Until 6:23AM	Muruqa: Yellow	<i>Sunset:</i> 6:47PM			Moon 3 - Phase 49
		143483468 Rahu 8:47AM – 10:27AM	Balava Until 6:13PM	Nataraja: Purple				Navami
Creative Work	Siddha Yoga		Ashtami* Until 7:13AM	Chaitra-Panguni				Devaloka Day
		Sri Rama Navami						

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy
Kataka Rasi: 18.21 Tithi 10		Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 364
Creative Work Siddha Yoga		Gulika 3:28PM – 5:08PM	Ashlesha* Until 1:19AM Mon	Ganesha: White <i>Sunrise:</i> 5:26AM	Vikarin 5121	
Until 1:19AM Mon		Yama 12:07PM – 1:48PM	Shula* Until 12:27AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:49PM	Moon 3 - Phase 1	
Then Routine Work - Marana Yoga		143483468 Rahu 5:08PM – 6:49PM	Taitila Until 3:55PM	Nataraja: Purple	4th Phase	
		Tamil New Year	Dashami Until 2:37AM Mon	Moon – Blue	Devaloka Day	
				Chaitra*Chaitra		

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy
Simha Rasi: 2.44 Tithi 11		Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 1
Family Home Evening		Gulika 1:48PM – 3:28PM	Magha* Until 11:27PM	Ganesha: White <i>Sunrise:</i> 5:24AM	Vikarin 5121	
Routine Work Marana Yoga		Yama 10:26AM – 12:07PM	Ganda* Until 9:05PM	Muruqa: Yellow <i>Sunset:</i> 6:50PM	Moon 3 - Phase 1	
Until 11:27PM		253483468 Rahu 7:05AM – 8:45AM	Vanija Until 1:16PM	Nataraja: Purple	4th Phase	
Then Creative Work - Siddha Yoga			Ekadashi Until 11:50PM	Moon – Red	Devaloka Day	
				Chaitra*Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy
Simha Rasi: 17.19 Tithi 12		Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau				Sun 26 Sutra 2
Creative Work Siddha Yoga		Gulika 12:07PM – 1:48PM	Purvaphalguni Until 9:16PM	Ganesha: White <i>Sunrise:</i> 5:22AM	Vikarin 5121	
Until 9:16PM		Yama 8:44AM – 10:26AM	Vriddhi Until 5:33PM	Muruqa: Yellow <i>Sunset:</i> 6:51PM	Moon 3 - Phase 1	
Then Creative Work - Amrita Yoga		253483468 Rahu 3:29PM – 5:10PM	Bava Until 10:23AM	Nataraja: Purple	4th Phase	
			Dvodashi Until 8:52PM	Moon – Red	Devaloka Day	
				Chaitra*Chaitra		

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy
Kanya Rasi: 2.01 Tithi 13 – 14		Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 3
Creative Work Amrita Yoga		Gulika 10:25AM – 12:06PM	Uttaraphalguni Until 6:53PM	Ganesha: White <i>Sunrise:</i> 5:20AM	Vikarin 5121	
Until 6:53PM		Yama 7:02AM – 8:43AM	Dhruva Until 1:56PM	Muruqa: Yellow <i>Sunset:</i> 6:53PM	Moon 3 - Phase 1	
Then Routine Work - Marana Yoga		253483468 Rahu 12:06PM – 1:48PM	Kaulava Until 7:22AM	Nataraja: Purple	4th Phase	
			Trayodashi Until 5:50PM	Moon – Red	Devaloka Day	
				Chaitra*Chaitra		
			<i>Pradosha Vrata</i>			

Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy
Copper Retreat Star		Hasta/Chitra Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 4
Kanya Rasi: 16.42 Tithi 14 – 15		Gulika 8:42AM – 10:24AM	Hasta Until 4:51PM	Ganesha: Yellow <i>Sunrise:</i> 5:19AM	Vikarin 5121	
Routine Work Marana Yoga		Yama 5:19AM – 7:01AM	Vyaghata* Until 10:22AM	Muruqa: Yellow <i>Sunset:</i> 6:54PM	Moon 3 - Phase 1	
Until 4:51PM		263483468 Rahu 1:48PM – 3:30PM	Visti Until 1:30AM Fri	Nataraja: Purple	Purnima	
Then Creative Work - Siddha Yoga			Chaturdashi* Until 2:53PM	Moon – Green	Sivaloka Day	
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy
Silver Retreat Star		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 5
Tula Rasi: 1.17 Tithi 15 – 16		Gulika 6:59AM – 8:41AM	Chitra Until 2:56PM	Ganesha: Yellow <i>Sunrise:</i> 5:17AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 3:31PM – 5:13PM	Harshana Until 6:59AM	Muruqa: Yellow <i>Sunset:</i> 6:55PM	Moon 3 - Phase 1	
		263483468 Rahu 10:24AM – 12:06PM	Balava Until 10:57PM	Nataraja: Purple	Prathama	
			Purnima* Until 12:09PM	Moon – Green	Sivaloka Day	
				Chaitra*Chaitra		