



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyalipata/Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau

Tehran, Iran
Sutra 16

Tula Rasi: 29.1 Tithi 17

273832369

Gulika 12:02PM – 1:44PM
Yama 8:38AM – 10:20AM
Rahu 3:26PM – 5:09PM

Vishakha Until 1:53PM
Vyatipata* Until 7:36AM
Taitila Until 5:10PM
Dvitiya Until 5:39AM Wed

Ganesha: Purple *Sunrise:* 5:14AM
Muruqa: White *Sunset:* 6:51PM

Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija Karana Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 17

Vrischika Rasi: 11.43 Tithi 18

273832369

Gulika 10:20AM – 12:02PM
Yama 6:55AM – 8:38AM
Rahu 12:02PM – 1:45PM

Anuradha Until 3:35PM
Variyan Until 7:18AM
Vanija Until 6:19PM
Tritiya Until 7:04AM Thu

Ganesha: Purple *Sunrise:* 5:13AM
Muruqa: White *Sunset:* 6:51PM

Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Tehran, Iran
Sun 2 Sutra 18

Vrischika Rasi: 24.01 Tithi 18 – 19

274832369

Gulika 8:37AM – 10:20AM
Yama 5:12AM – 6:55AM
Rahu 1:45PM – 3:27PM

Jyeshtha* Until 5:38PM
Parigha* Until 7:26AM
Bava Until 8:00PM
Tritiya Until 7:04AM

Ganesha: Clear *Sunrise:* 5:12AM
Muruqa: White *Sunset:* 6:52PM

Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga

Until 5:38PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran
Sun 3 Sutra 19

Dhanus Rasi: 6.07 Tithi 19 – 20

284832369

Gulika 6:54AM – 8:36AM
Yama 3:28PM – 5:10PM
Rahu 10:19AM – 12:02PM

Mula* Until 8:29PM
Shiva Until 7:58AM
Kaulava Until 10:09PM
Chaturthi* Until 9:00AM

Ganesha: White *Sunrise:* 5:11AM
Muruqa: White *Sunset:* 6:53PM

Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 8:29PM

Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashthayam Titau

Tehran, Iran
Sun 4 Sutra 20

Dhanus Rasi: 18.02 Tithi 20 – 21

284832369

Gulika 5:10AM – 6:53AM
Yama 1:45PM – 3:28PM
Rahu 8:36AM – 10:19AM

Purvashadha* Until 11:29PM
Siddha Until 8:47AM
Gara Until 12:37AM Sun
Panchami Until 11:20AM

Ganesha: White *Sunrise:* 5:10AM
Muruqa: White *Sunset:* 6:54PM

Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Until 11:29PM

Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran
Sun 5 Sutra 21

Dhanus Rasi: 29.52 Tithi 21 – 22

284832369

Gulika 3:28PM – 5:12PM
Yama 12:02PM – 1:45PM
Rahu 5:12PM – 6:55PM

Uttarashadha Until 2:25AM Mon
Sadhya Until 9:48AM
Visti Until 3:12AM Mon
Shashthi* Until 1:53PM

Ganesha: White *Sunrise:* 5:09AM
Muruqa: White *Sunset:* 6:55PM

Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran
Sun 6 Sutra 22

Makara Rasi: 11.4 Tithi 22 – 23

294832369

Gulika 1:45PM – 3:29PM
Yama 10:18AM – 12:02PM
Rahu 6:51AM – 8:35AM

Shravana Until 5:34AM Tue
Subha Until 10:52AM
Balava Until 5:38AM Tue
Saptami Until 4:26PM

Ganesha: Yellow *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 6:56PM

Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 5:34AM Tue

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

D

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava Karana Ashtamyam Titau

Tehran, Iran
Sun 7 Sutra 23

Makara Rasi: 23.32 Tithi 23

294832369

Gulika 12:02PM – 1:45PM
Yama 8:34AM – 10:18AM
Rahu 3:29PM – 5:13PM

Dhanishtha Until 8:10AM Wed
Sukla Until 11:44AM
Kaulava Until 6:42PM
Ashtami* Until 6:42PM

Ganesha: Yellow *Sunrise:* 5:07AM
Muruqa: White *Sunset:* 6:56PM

Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran
Sun 8 Sutra 24

Kumbha Rasi: 5.34 Tithi 24

294832369

Gulika 10:18AM – 12:02PM
Yama 6:50AM – 8:34AM
Rahu 12:02PM – 1:46PM

Dhanishtha Until 8:10AM
Brahma Until 12:16PM
Taitila Until 7:40AM
Navami* Until 8:27PM

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 6:57PM

Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga

Until 8:10AM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran
Kumbha Rasi: 17.5	Tithi 25	Gulika 8:33AM – 10:17AM	Shatabhishak Until 10:00AM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	Sun 9	Sutra 25	Vilamba 5120
		Yama 5:05AM – 6:49AM	Indra Until 12:19PM	Muruqa: White	<i>Sunset:</i> 6:58PM			Moon 4 - Phase 4
294832369	Rahu 1:46PM – 3:30PM		Vanija Until 9:05AM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dashami Until 9:30PM	Moon – Purple			Bhuloka Day	Devaloka Time: 9:AM to12:PM
				Vaisaka-Chaitra				

2		Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran
Meena Rasi: 0.25	Tithi 26	Gulika 6:49AM – 8:33AM	Purvaproshtapada* Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Sun 10	Sutra 26	Vilamba 5120
		Yama 3:30PM – 5:15PM	Vaidhriti* Until 11:44AM	Muruqa: White	<i>Sunset:</i> 6:59PM			Moon 4 - Phase 4
214832369	Rahu 10:17AM – 12:02PM		Bava Until 9:44AM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:44PM	Moon – Clear			Bhuloka Day	Devaloka Time: 9:AM to12:PM
				Vaisaka-Chaitra				

3		Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran
Meena Rasi: 13.25	Tithi 27	Gulika 5:03AM – 6:48AM	Uttaraproshtapada Until 11:52AM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	Sun 11	Sutra 27	Vilamba 5120
		Yama 1:46PM – 3:31PM	Vishkambha* Until 10:31AM	Muruqa: White	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 4
214932369	Rahu 8:32AM – 10:17AM		Kaulava Until 9:33AM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:09PM	Moon – Clear			Bhuloka Day	
Until 11:52AM				Vaisaka-Chaitra				
Then Routine Work - Prabararishta Yoga								

4		Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Tehran, Iran
Meena Rasi: 26.5	Tithi 28	Gulika 3:31PM – 5:16PM	Revati Until 11:23AM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	Sun 12	Sutra 28	Vilamba 5120
		Yama 12:01PM – 1:46PM	Priti Until 8:40AM	Muruqa: White	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 4
214932369	Rahu 5:16PM – 7:00PM		Gara Until 8:35AM	Nataraja: Purple				2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 7:48PM	Moon – Clear			Bhuloka Day	
Until 11:23AM		Mother's Day		Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran
Mesha Rasi: 10.4	Tithi 29 – 30	Gulika 1:46PM – 3:31PM	Ashvini Until 10:31AM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	Sun 13	Sutra 29	Vilamba 5120
Family Home Evening		Yama 10:17AM – 12:01PM	Ayushman Until 6:15AM	Muruqa: White	<i>Sunset:</i> 7:01PM			Moon 4 - Phase 4
224932369	Rahu 6:47AM – 8:32AM		Visti Until 6:54AM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:50PM	Moon – White			Bhuloka Day	
				Vaisaka-Chaitra				

Retreat Star		Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran
Mesha Rasi: 24.53	Tithi 30 – 1	Gulika 12:01PM – 1:47PM	Bharani Until 8:58AM	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	Sun 14	Sutra 30	Vilamba 5120
		Yama 8:31AM – 10:16AM	Sobhana Until 12:07AM Wed	Muruqa: White	<i>Sunset:</i> 7:02PM			Moon 4 - Phase 4
224932369	Rahu 3:32PM – 5:17PM		Kintughna Until 1:59AM Wed	Nataraja: Purple				Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 3:21PM	Moon – White			Bhuloka Day	
				Vaisaka-Vaikasi				

Retreat Star		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
Vrishabha Rasi: 9.22	Tithi 1 – 2	Gulika 10:16AM – 12:01PM	Krittika Until 6:52AM	Ganesha: Red	<i>Sunrise:</i> 5:00AM	Sun 15	Sutra 31	Vilamba 5120
		Yama 6:46AM – 8:31AM	Athiganda* Until 8:38PM	Muruqa: White	<i>Sunset:</i> 7:03PM			Moon 4 - Phase 4
225932369	Rahu 12:01PM – 1:47PM		Balava Until 11:03PM	Nataraja: Purple				Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:31PM	Moon – White			Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 6:52AM				Jyeshtha Adhika-Vaikasi				
Then Creative Work - Siddha Yoga								

1	Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Tehran, Iran Sun 16 Sutra 32
	Vrishabha Rasi: 24.02	Tithi 2 – 3	Gulika 8:30AM – 10:16AM	Mrigashira Until 2:35AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:59AM		Vilamba 5120
			Yama 4:59AM – 6:45AM	Sukarma Until 5:04PM	Muruqa: White <i>Sunset:</i> 7:04PM		Moon 4 - Phase 5
			235932369 Rahu 1:47PM – 3:33PM	Taitila Until 8:00PM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 9:31AM	Moon – Yellow	Bhuloka Day		
Until 2:35AM Fri				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga							

2	Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Visiti* Karana Tritiya/Chatrthyam Titau				Tehran, Iran Sun 17 Sutra 33
	Mithuna Rasi: 8.45	Tithi 3 – 4	Gulika 6:44AM – 8:30AM	Ardra Until 12:16AM Sat	Ganesha: Yellow <i>Sunrise:</i> 4:59AM		Vilamba 5120
			Yama 3:33PM – 5:19PM	Dhriti Until 1:30PM	Muruqa: White <i>Sunset:</i> 7:04PM		Moon 4 - Phase 5
			235932369 Rahu 10:16AM – 12:02PM	Visiti Until 3:30AM Sat	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 6:28AM	Moon – Yellow	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

3	Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran Sun 18 Sutra 34
	Mithuna Rasi: 23.23	Tithi 5	Gulika 4:58AM – 6:44AM	Punarvasu Until 10:25PM	Ganesha: White <i>Sunrise:</i> 4:58AM		Vilamba 5120
			Yama 1:47PM – 3:33PM	Shula* Until 10:02AM	Muruqa: White <i>Sunset:</i> 7:05PM		Moon 4 - Phase 5
			245932369 Rahu 8:30AM – 10:16AM	Bava Until 2:07PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Panchami Until 12:45AM Sun	Moon – Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

4	Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran Sun 19 Sutra 35
	Kataka Rasi: 7.53	Tithi 6	Gulika 3:34PM – 5:20PM	Pushya Until 8:43PM	Ganesha: White <i>Sunrise:</i> 4:57AM		Vilamba 5120
			Yama 12:02PM – 1:48PM	Ganda* Until 6:46AM	Muruqa: White <i>Sunset:</i> 7:06PM		Moon 4 - Phase 5
			245932369 Rahu 5:20PM – 7:06PM	Kaulava Until 11:30AM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 10:18PM	Moon – Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

5	Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran Sun 20 Sutra 36
	Kataka Rasi: 22.09	Tithi 7	Gulika 1:48PM – 3:34PM	Ashlesha* Until 7:14PM	Ganesha: White <i>Sunrise:</i> 4:57AM		Vilamba 5120
	Family Home Evening		Yama 10:15AM – 12:02PM	Dhruva Until 1:05AM Tue	Muruqa: White <i>Sunset:</i> 7:07PM		Moon 4 - Phase 5
			245932369 Rahu 6:43AM – 8:29AM	Gara Until 9:13AM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Saptami Until 8:12PM	Moon – Blue	Devaloka Day		
Until 7:14PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

☾	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visiti*/Bava Karana Ashtamyam Titau				Tehran, Iran Sun 21 Sutra 37
	Retreat Star		Gulika 12:02PM – 1:48PM	Magha* Until 6:25PM	Ganesha: Clear <i>Sunrise:</i> 4:56AM		Vilamba 5120
	Simha Rasi: 6.1	Tithi 8	Yama 8:29AM – 10:15AM	Vyaghata* Until 10:43PM	Muruqa: White <i>Sunset:</i> 7:07PM		Moon 4 - Phase 5
			255932369 Rahu 3:35PM – 5:21PM	Visiti Until 7:19AM	Nataraja: Purple		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 6:30PM	Moon – Red	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

☽	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran Sun 22 Sutra 38
	Retreat Star		Gulika 10:15AM – 12:02PM	Purvaphalguni Until 5:53PM	Ganesha: Clear <i>Sunrise:</i> 4:55AM		Vilamba 5120
	Simha Rasi: 19.56	Tithi 9 – 10	Yama 6:42AM – 8:29AM	Harshana Until 8:42PM	Muruqa: White <i>Sunset:</i> 7:08PM		Moon 4 - Phase 5
			255932369 Rahu 12:02PM – 1:48PM	Taitila Until 4:43AM Thu	Nataraja: Purple		Navami
Creative Work Amrita Yoga			Navami* Until 5:12PM	Moon – Red	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1		Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Tehran, Iran Sun 23 Sutra 39	
Kanya Rasi: 3.28	Tithi 10 – 11	Gulika 8:28AM – 10:15AM	Uttaraphalguni Until 5:35PM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Vilamba 5120	
		Yama 4:55AM – 6:42AM	Vajra* Until 6:58PM	Muruqa: White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 6	
	Amrita Yoga	255932369 Rahu 1:49PM – 3:35PM	Vanija Until 4:01AM Fri	Nataraja: Purple		4th Phase	
Until 5:35PM			Dashami Until 4:18PM	Moon – Red		Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	
2		Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Tehran, Iran Sun 24 Sutra 40	
Kanya Rasi: 16.46	Tithi 11 – 12	Gulika 6:41AM – 8:28AM	Hasta Until 5:58PM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 3:36PM – 5:23PM	Siddhi Until 5:34PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 6	
	Amrita Yoga	266932369 Rahu 10:15AM – 12:02PM	Bava Until 3:42AM Sat	Nataraja: Purple		4th Phase	
Creative Work			Ekadashi Until 3:48PM	Moon – Green		Bhuloka Day	
Until 5:58PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							
3		Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyati-pata*/Varyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Tehran, Iran Sun 25 Sutra 41	
Kanya Rasi: 29.52	Tithi 12 – 13	Gulika 4:54AM – 6:41AM	Chitra Until 6:35PM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 1:49PM – 3:36PM	Vyati-pata* Until 4:29PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 6	
	Marana Yoga	366932369 Rahu 8:28AM – 10:15AM	Kaulava Until 3:47AM Sun	Nataraja: Purple		4th Phase	
Routine Work			Dvadashi Until 3:41PM	Moon – Green		Bhuloka Day	
Until 6:35PM				Jyeshtha Adhika-Vaikasi			
Then Creative Work - Siddha Yoga							
4		Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Tehran, Iran Sun 26 Sutra 42	
Tula Rasi: 12.46	Tithi 13 – 14	Gulika 3:37PM – 5:24PM	Svati Until 7:26PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Vilamba 5120	
		Yama 12:02PM – 1:49PM	Varyan Until 3:41PM	Muruqa: White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 6	
	Siddha Yoga	366932369 Rahu 5:24PM – 7:11PM	Gara Until 4:16AM Mon	Nataraja: Purple		4th Phase	
Creative Work			Trayodashi Until 3:57PM	Moon – Green		Bhuloka Day	
Until 7:26PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							
5		Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Tehran, Iran Sun 27 Sutra 43	
Tula Rasi: 25.29	Tithi 14 – 15	Gulika 1:50PM – 3:37PM	Vishakha Until 9:00PM	Ganesha: Clear	<i>Sunrise:</i> 4:53AM	Vilamba 5120	
Family Home Evening		Yama 10:15AM – 12:02PM	Parigha* Until 3:14PM	Muruqa: White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 6	
	Marana Yoga	376932369 Rahu 6:40AM – 8:28AM	Visti Until 5:11AM Tue	Nataraja: Purple		4th Phase	
Routine Work			Chaturdashi* Until 4:39PM	Moon – Orange		Bhuloka Day	
Until 9:00PM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							
○		Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Tehran, Iran Sun 28 Sutra 44	
Vrischika Rasi: 7.59	Tithi 15 – 16	Gulika 12:02PM – 1:50PM	Anuradha Until 10:52PM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Vilamba 5120	
		Yama 8:27AM – 10:15AM	Shiva Until 3:09PM	Muruqa: White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 6	
	Copper Retreat Star	376932369 Rahu 3:37PM – 5:25PM	Balava Until 6:33AM Wed	Nataraja: Purple		Purnima	
Creative Work			Purnima* Until 5:47PM	Moon – Orange		Bhuloka Day	
Until 10:52PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							
○		Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Tehran, Iran Sun 29 Sutra 45	
Vrischika Rasi: 20.18	Tithi 16	Gulika 10:15AM – 12:03PM	Jyeshtha* Until 12:59AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Vilamba 5120	
		Yama 6:40AM – 8:27AM	Siddha Until 3:23PM	Muruqa: White	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 6	
	Silver Retreat Star	376932369 Rahu 12:03PM – 1:50PM	Balava Until 6:33AM	Nataraja: Purple		Prathama	
Creative Work			Prathama* Until 7:22PM	Moon – Orange		Bhuloka Day	
Until 12:03PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							



Thursday, May 31, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran
Sun 1
Sutra 46

Dhanus Rasi: 2.26 Tithi 17

387932369

Gulika
Yama
Rahu

8:27AM – 10:15AM
4:52AM – 6:39AM
1:50PM – 3:38PM

Mula* Until 3:49AM Fri
Sadhya Until 3:57PM
Taitila Until 8:21AM
Dvitiya Until 9:23PM

Ganesha: White Sunrise: 4:52AM
Muruqa: White Sunset: 7:14PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga

Until 3:49AM Fri

Then Routine Work - Prabalarishta Yoga

Bhuloka Day

1

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Vistil* Karana Tritiyayam Titau

Tehran, Iran
Sun 2
Sutra 47

Dhanus Rasi: 14.25 Tithi 18

387932369

Gulika
Yama
Rahu

6:39AM – 8:27AM
3:39PM – 5:26PM
10:15AM – 12:03PM

Purvashadha* Until 6:47AM Sat
Subha Until 4:48PM
Vanija Until 10:32AM
Tritiya Until 11:43PM

Ganesha: Yellow Sunrise: 4:51AM
Muruqa: White Sunset: 7:14PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Routine Work Prabalarishta Yoga

Until 6:47AM Sat

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

2

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manla Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthayam Titau

Tehran, Iran
Sun 3
Sutra 48

Dhanus Rasi: 26.16 Tithi 19

387932369

Gulika
Yama
Rahu

4:51AM – 6:39AM
1:51PM – 3:39PM
8:27AM – 10:15AM

Purvashadha* Until 6:47AM
Sukla Until 5:50PM
Bava Until 1:00PM
Chaturthi* Until 2:17AM Sun

Ganesha: Yellow Sunrise: 4:51AM
Muruqa: White Sunset: 7:15PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga

Until 6:47AM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran
Sun 4
Sutra 49

Makara Rasi: 8.04 Tithi 20

387932369

Gulika
Yama
Rahu

3:39PM – 5:27PM
12:03PM – 1:51PM
5:27PM – 7:16PM

Uttarashadha Until 9:45AM
Brahma Until 6:57PM
Kaulava Until 3:36PM
Panchami Until 4:52AM Mon

Ganesha: Yellow Sunrise: 4:51AM
Muruqa: White Sunset: 7:16PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

4

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara Karana Shashthyam Titau

Tehran, Iran
Sun 5
Sutra 50

Makara Rasi: 19.51 Tithi 21

397932369

Gulika
Yama
Rahu

1:51PM – 3:40PM
10:15AM – 12:03PM
6:39AM – 8:27AM

Shravana Until 1:02PM
Indra Until 8:00PM
Gara Until 6:07PM
Shashthi* Until 7:16AM Tue

Ganesha: Blue Sunrise: 4:50AM
Muruqa: White Sunset: 7:16PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga

Until 1:02PM

Then Creative Work - Siddha Yoga

Devaloka Day

5

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Vanija/Vistil* Karana Shashthi/Saptamyam Titau

Tehran, Iran
Sun 6
Sutra 51

Kumbha Rasi: 1.43 Tithi 21 – 22

397132361

Gulika
Yama
Rahu

12:03PM – 1:52PM
8:27AM – 10:15AM
3:40PM – 5:28PM

Dhanishtha Until 3:55PM
Vaidhriti* Until 8:47PM
Visti Until 8:21PM
Shashthi* Until 7:16AM

Ganesha: Purple Sunrise: 4:50AM
Muruqa: White Sunset: 7:17PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga

Until 3:55PM

Then Routine Work - Marana Yoga

Devaloka Day

Retreat Star

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran
Sun 7
Sutra 52

Kumbha Rasi: 13.44 Tithi 22 – 23

397132361

Gulika
Yama
Rahu

10:15AM – 12:04PM
6:38AM – 8:27AM
12:04PM – 1:52PM

Shatabhishak Until 6:09PM
Vishkambha* Until 9:11PM
Balava Until 10:03PM
Saptami Until 9:15AM

Ganesha: Purple Sunrise: 4:50AM
Muruqa: White Sunset: 7:17PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Creative Work Siddha Yoga

Until 6:09PM

Then Creative Work - Amrita Yoga

Devaloka Day

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran
Sun 8
Sutra 53

Kumbha Rasi: 25.59 Tithi 23 – 24

317132361

Gulika
Yama
Rahu

8:27AM – 10:15AM
4:50AM – 6:38AM
1:52PM – 3:41PM

Purvaproshtapada* Until 8:03PM
Priti Until 9:03PM
Taitila Until 11:03PM
Ashtami* Until 10:38AM

Ganesha: Blue Sunrise: 4:50AM
Muruqa: White Sunset: 7:18PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Navami

Creative Work Siddha Yoga

Devaloka Day


1	Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Tehran, Iran Sun 9 Sutra 54
	Meena Rasi: 8.35	Tithi 24 – 25	Gulika 6:38AM – 8:27AM	Uttaraproshtapada Until 9:01PM	Ganesha: Red	<i>Sunrise:</i> 4:50AM	Vilamba 5120
			Yama 3:41PM – 5:30PM	Ayushman Until 8:15PM	Muruqa: White	<i>Sunset:</i> 7:18PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	318132361 Rahu 10:15AM – 12:04PM	Vanija Until 11:14PM	Nataraja: White		2nd Phase
			Navami* Until 11:14AM	Moon – Clear		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

2	Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 10 Sutra 55
	Meena Rasi: 21.34	Tithi 25 – 26	Gulika 4:50AM – 6:38AM	Revati Until 8:59PM	Ganesha: Red	<i>Sunrise:</i> 4:50AM	Vilamba 5120
			Yama 1:53PM – 3:41PM	Saubhagya Until 6:48PM	Muruqa: White	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 8
	Routine Work	Prabalarishta Yoga	318132361 Rahu 8:27AM – 10:15AM	Bava Until 10:34PM	Nataraja: White		2nd Phase
			Dashami Until 10:59AM	Moon – Clear		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

3	Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 11 Sutra 56
	Mesha Rasi: 5	Tithi 26 – 27	Gulika 3:42PM – 5:31PM	Ashvini Until 8:28PM	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Vilamba 5120
			Yama 12:04PM – 1:53PM	Sobhana Until 4:43PM	Muruqa: White	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	328132361 Rahu 5:31PM – 7:19PM	Kaulava Until 9:06PM	Nataraja: White		2nd Phase
			Ekadashi* Until 9:55AM	Moon – White		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

4	Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 12 Sutra 57
	Mesha Rasi: 18.54	Tithi 27 – 28	Gulika 1:53PM – 3:42PM	Bharani Until 7:05PM	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Vilamba 5120
	Family Home Evening		Yama 10:16AM – 12:05PM	Athiganda* Until 2:00PM	Muruqa: White	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	328132361 Rahu 6:38AM – 8:27AM	Gara Until 6:55PM	Nataraja: White		2nd Phase
			Dvadashi* Until 8:04AM	Moon – White		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Talita*/Sakuni* Karana Chaturdashyam Titau				Tehran, Iran Sun 13 Sutra 58
	Vrishabha Rasi: 3.13	Tithi 29	Gulika 12:05PM – 1:54PM	Krittika Until 4:59PM	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Vilamba 5120
			Yama 8:27AM – 10:16AM	Sukarma Until 10:48AM	Muruqa: White	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	328132361 Rahu 3:42PM – 5:31PM	Visti Until 4:10PM	Nataraja: White		2nd Phase
			Chaturdashi* Until 2:36AM Wed	Moon – White		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

	Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran Sun 14 Sutra 59
	Retreat Star		Gulika 10:16AM – 12:05PM	Rohini Until 2:45PM	Ganesha: White	<i>Sunrise:</i> 4:49AM	Vilamba 5120
	Vrishabha Rasi: 17.54	Tithi 30	Yama 6:38AM – 8:27AM	Dhriti Until 7:13AM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	338132361 Rahu 12:05PM – 1:54PM	Catuspada Until 1:00PM	Nataraja: White		Amavasya
			Amavasya* Until 11:17PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Retreat Star	Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Tehran, Iran Sun 15 Sutra 60
	Mithuna Rasi: 2.5	Tithi 1	Gulika 8:27AM – 10:16AM	Mrigashira Until 12:07PM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	Vilamba 5120
			Yama 4:49AM – 6:38AM	Ganda* Until 11:23PM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	339132361 Rahu 1:54PM – 3:43PM	Kintughna Until 9:33AM	Nataraja: White		Prathama
			Prathama* Until 7:46PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 9:AM to 12:PM	

1	Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava/Taitila Karana Dvitiya/Tritiyam Titau				Tehran, Iran Sun 16 Sutra 61 Vilamba 5120
	Mithuna Rasi: 17.52	Tithi 2 – 3	Gulika 6:38AM – 8:27AM	Ardra Until 9:16AM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	
	339132361		Yama 3:43PM – 5:32PM	Vriddhi Until 7:26PM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	Rahu 10:16AM – 12:05PM	Balava Until 6:01AM	Nataraja: White		3rd Phase	
			Dvitiya Until 4:14PM	Moon – Yellow			
				Jyeshtha-Ani	Bhuloka Day Devaloka Time: 9:AM to12:PM		

2	Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Tehran, Iran Sun 17 Sutra 62 Vilamba 5120
	Kataka Rasi: 2.5	Tithi 3 – 4	Gulika 4:49AM – 6:38AM	Punarvasu Until 6:46AM	Ganesha: Orange	<i>Sunrise:</i> 4:49AM	
	349132361		Yama 1:55PM – 3:44PM	Dhruva Until 3:35PM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	Rahu 8:27AM – 10:17AM	Vanija Until 11:14PM	Nataraja: White		3rd Phase	
			Tritiya Until 12:50PM	Moon – Blue			
				Jyeshtha-Ani	Bhuloka Day Devaloka Time: 9:AM to12:PM		

3	Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran Sun 18 Sutra 63 Vilamba 5120
	Kataka Rasi: 17.4	Tithi 4 – 5	Gulika 3:44PM – 5:33PM	Ashlesha* Until 2:10AM Mon	Ganesha: Orange	<i>Sunrise:</i> 4:49AM	
	349132361		Yama 12:06PM – 1:55PM	Vyaghata* Until 11:58AM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	Rahu 5:33PM – 7:22PM	Bava Until 8:16PM	Nataraja: White		3rd Phase	
Until 2:10AM Mon			Chaturthi* Until 9:41AM	Moon – Blue			
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha-Ani	Bhuloka Day Devaloka Time: 9:AM to12:PM		

4	Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Tehran, Iran Sun 19 Sutra 64 Vilamba 5120
	Simha Rasi: 2.12	Tithi 5 – 6	Gulika 1:55PM – 3:44PM	Magha* Until 12:44AM Tue	Ganesha: Green	<i>Sunrise:</i> 4:50AM	
	359132361		Yama 10:17AM – 12:06PM	Harshana Until 8:43AM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9
Family Home Evening	Marana Yoga	Rahu 6:39AM – 8:28AM	Taitila Until 4:39AM Tue	Nataraja: White		3rd Phase	
Routine Work			Panchami Until 6:56AM	Moon – Red			
Until 12:44AM Tue				Jyeshtha-Ani	Devaloka Day		
Then Creative Work - Siddha Yoga							

5	Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran Sun 20 Sutra 65 Vilamba 5120
	Simha Rasi: 16.25	Tithi 7	Gulika 12:06PM – 1:55PM	Purvaphalguni Until 11:42PM	Ganesha: Green	<i>Sunrise:</i> 4:50AM	
	359132361		Yama 8:28AM – 10:17AM	Siddhi Until 3:25AM Wed	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	Rahu 3:44PM – 5:34PM	Gara Until 3:45PM	Nataraja: White		3rd Phase	
Until 11:42PM			Saptami Until 2:57AM Wed	Moon – Red			
Then Creative Work - Amrita Yoga				Jyeshtha-Ani	Devaloka Day		

☾	Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran Sun 21 Sutra 66 Vilamba 5120
	Retreat Star		Gulika 10:17AM – 12:06PM	Uttaraphalguni Until 11:06PM	Ganesha: Green	<i>Sunrise:</i> 4:50AM	
	Kanya Rasi: 0.15	Tithi 8	Yama 6:39AM – 8:28AM	Vyatipata* Until 1:31AM Thu	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9
359132361		Rahu 12:06PM – 1:56PM	Visti Until 2:19PM	Nataraja: White		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 1:49AM Thu	Moon – Red			
Until 11:06PM		Chidambaram Abhishekam		Jyeshtha-Ani	Devaloka Day		
Then Routine Work - Marana Yoga							

☽	Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran Sun 22 Sutra 67 Vilamba 5120
	Retreat Star		Gulika 8:28AM – 10:17AM	Hasta Until 11:24PM	Ganesha: Red	<i>Sunrise:</i> 4:50AM	
	Kanya Rasi: 13.45	Tithi 9	Yama 4:50AM – 6:39AM	Variyan Until 12:03AM Fri	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9
369132361		Rahu 1:56PM – 3:45PM	Balava Until 1:30PM	Nataraja: White		Navami	
Routine Work	Marana Yoga		Navami* Until 1:17AM Fri	Moon – Green			
Until 11:24PM				Jyeshtha-Ani	Bhuloka Day Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1		Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Kanya Rasi: 26.55		Tithi 10		Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23	
361132361		Gulika	6:39AM – 8:29AM	Chitra Until 12:05AM Sat	Ganesha: Green	Sunrise: 4:50AM	Vilamba 5120
Creative Work		Yama	3:45PM – 5:34PM	Parigha* Until 11:02PM	Muruqa: White	Sunset: 7:23PM	Moon 5 - Phase 10
Siddha Yoga		Rahu	10:18AM – 12:07PM	Taitila Until 1:15PM	Nataraja: White	4th Phase	
				Dashami Until 1:19AM Sat	Moon – Green	Bhuloka Day	
					Jyeshtha-Ani		

2		Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Tula Rasi: 9.48		Tithi 11		Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24	
361132361		Gulika	4:51AM – 6:40AM	Svati Until 1:08AM Sun	Ganesha: Green	Sunrise: 4:51AM	Vilamba 5120
Creative Work		Yama	1:56PM – 3:45PM	Shiva Until 10:28PM	Muruqa: White	Sunset: 7:24PM	Moon 5 - Phase 10
Siddha Yoga		Rahu	8:29AM – 10:18AM	Vanija Until 1:33PM	Nataraja: White	4th Phase	
Until 1:08AM Sun				Ekadashi Until 1:51AM Sun	Moon – Green	Bhuloka Day	
Then Routine Work - Marana Yoga					Jyeshtha-Ani		

3		Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Tehran, Iran	
Tula Rasi: 22.27		Tithi 12		Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25	
371132361		Gulika	3:45PM – 5:35PM	Vishakha Until 2:58AM Mon	Ganesha: Red	Sunrise: 4:51AM	Vilamba 5120
Routine Work		Yama	12:07PM – 1:56PM	Siddha Until 10:15PM	Muruqa: White	Sunset: 7:24PM	Moon 5 - Phase 10
Marana Yoga		Rahu	5:35PM – 7:24PM	Bava Until 2:20PM	Nataraja: White	4th Phase	
Until 2:58AM Mon				Dvadashi Until 2:53AM Mon	Moon – Orange	Bhuloka Day	
Then Creative Work - Siddha Yoga					Jyeshtha-Ani	Devaloka Time: 6:AM to 9:AM	

4		Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Tehran, Iran	
Vrischika Rasi: 4.53		Tithi 13		Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26	
371142361		Gulika	1:57PM – 3:46PM	Anuradha Until 5:03AM Tue	Ganesha: Red	Sunrise: 4:51AM	Vilamba 5120
Family Home Evening		Yama	10:18AM – 12:07PM	Sadhya Until 10:22PM	Muruqa: Clear	Sunset: 7:24PM	Moon 5 - Phase 10
Creative Work		Rahu	6:40AM – 8:29AM	Kaulava Until 3:35PM	Nataraja: White	4th Phase	
Siddha Yoga				Trayodashi Until 4:20AM Tue	Moon – Orange	Devaloka Day	
Until 5:03AM Tue					Jyeshtha-Ani		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>			

5		Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Vrischika Rasi: 17.08		Tithi 14		Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27	
371142361		Gulika	12:08PM – 1:57PM	Jyeshtha* Until 7:21AM Wed	Ganesha: Red	Sunrise: 4:51AM	Vilamba 5120
Routine Work		Yama	8:30AM – 10:19AM	Subha Until 10:50PM	Muruqa: Clear	Sunset: 7:24PM	Moon 5 - Phase 10
Marana Yoga		Rahu	3:46PM – 5:35PM	Gara Until 5:14PM	Nataraja: White	4th Phase	
				Chaturdashi* Until 6:10AM Wed	Moon – Orange	Devaloka Day	
					Jyeshtha-Ani		

		Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Vrischika Rasi: 29.14		Tithi 14 – 15		Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28	
371142361		Gulika	10:19AM – 12:08PM	Jyeshtha* Until 7:21AM	Ganesha: Red	Sunrise: 4:52AM	Vilamba 5120
Creative Work		Yama	6:41AM – 8:30AM	Sukla Until 11:31PM	Muruqa: Clear	Sunset: 7:24PM	Moon 5 - Phase 10
Siddha Yoga		Rahu	12:08PM – 1:57PM	Visti Until 7:15PM	Nataraja: White	Purnima	
Until 7:21AM				Chaturdashi* Until 6:10AM	Moon – Orange	Devaloka Day	
Then Routine Work - Marana Yoga					Jyeshtha-Ani		

Thursday, June 28, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Tehran, Iran	
Dhanus Rasi: 11.11		Tithi 15 – 16		Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29	
381142361		Gulika	8:30AM – 10:19AM	Mula* Until 10:18AM	Ganesha: Blue	Sunrise: 4:52AM	Vilamba 5120
Creative Work		Yama	4:52AM – 6:41AM	Brahma Until 12:27AM Fri	Muruqa: Clear	Sunset: 7:24PM	Moon 5 - Phase 10
Siddha Yoga		Rahu	1:57PM – 3:46PM	Balava Until 9:33PM	Nataraja: White	Prathama	
				Purnima* Until 8:21AM	Moon – Light Blue	Bhuloka Day	
					Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM	



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Dhanus Rasi: 23.04 Tithi 16 – 17

381142361

Gulika 6:41AM – 8:30AM
Yama 3:46PM – 5:35PM
Rahu 10:19AM – 12:08PM

Purvashadha* Until 1:19PM

Indra Until 1:32AM Sat
Taitila Until 12:04AM Sat

Prathama* Until 10:46AM

Ganesha: Blue

Sunrise: 4:52AM

Muruqa: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Routine Work Prabalarishta Yoga

Until 1:19PM

Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Makara Rasi: 4.52 Tithi 17 – 18

381242361

Gulika 4:53AM – 6:42AM
Yama 1:57PM – 3:46PM
Rahu 8:31AM – 10:20AM

Uttarashadha Until 4:17PM

Vaidhriti* Until 2:39AM Sun

Vanija Until 2:40AM Sun

Dvitiya Until 1:21PM

Ganesha: Blue

Sunrise: 4:53AM

Muruqa: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Routine Work Marana Yoga

Until 4:17PM

Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturchayam Titau

Tehran, Iran

Makara Rasi: 16.38 Tithi 18 – 19

391242361

Gulika 3:46PM – 5:35PM
Yama 12:09PM – 1:57PM
Rahu 5:35PM – 7:24PM

Shravana Until 7:36PM

Vishkambha* Until 3:44AM Mon

Bava Until 5:13AM Mon

Tritiya Until 3:56PM

Ganesha: Red

Sunrise: 4:53AM

Muruqa: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Creative Work Amrita Yoga

Until 7:36PM

Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava Karana Chaturthayam Titau

Tehran, Iran

Makara Rasi: 28.27 Tithi 19

391242361

Gulika 1:58PM – 3:46PM
Yama 10:20AM – 12:09PM
Rahu 6:42AM – 8:31AM

Dhanishtha Until 10:35PM

Priti Until 4:40AM Tue

Balava Until 6:23PM

Chaturthi* Until 6:23PM

Ganesha: Red

Sunrise: 4:54AM

Muruqa: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Creative Work Siddha Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Kumbha Rasi: 10.2 Tithi 20

392242361

Gulika 12:09PM – 1:58PM
Yama 8:32AM – 10:20AM
Rahu 3:46PM – 5:35PM

Shatabhishak Until 1:04AM Wed

Ayushman Until 5:16AM Wed

Kaulava Until 7:31AM

Panchami Until 8:30PM

Ganesha: Yellow

Sunrise: 4:54AM

Muruqa: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Routine Work Marana Yoga

Until 1:04AM Wed

Then Creative Work - Amrita Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthiyam Titau

Tehran, Iran

Kumbha Rasi: 22.24 Tithi 21

312242361

Gulika 10:21AM – 12:09PM
Yama 6:43AM – 8:32AM
Rahu 12:09PM – 1:58PM

Purvaproshtapada* Until 3:23AM Thu

Saubhagya Until 5:28AM Thu

Gara Until 9:25AM

Shashthi* Until 10:08PM

Ganesha: Orange

Sunrise: 4:55AM

Muruqa: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Creative Work Amrita Yoga

Until 3:23AM Thu

Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Meena Rasi: 4.4 Tithi 22

312242361

Gulika 8:32AM – 10:21AM
Yama 4:55AM – 6:44AM
Rahu 1:58PM – 3:46PM

Uttaraproshtapada Until 4:53AM Fri

Sobhana Until 5:09AM Fri

Visti Until 10:45AM

Saptami Until 11:08PM

Ganesha: Orange

Sunrise: 4:55AM

Muruqa: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Meena Rasi: 17.14 Tithi 23

312242361

Gulika 6:44AM – 8:33AM
Yama 3:46PM – 5:35PM
Rahu 10:21AM – 12:10PM

Revati Until 5:29AM Sat

Athiganda* Until 4:13AM Sat

Balava Until 11:23AM

Ashtami* Until 11:24PM

Ganesha: Orange

Sunrise: 4:56AM

Muruqa: Clear

Sunset: 7:23PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Mesha Rasi: 0.11 Tithi 24

422242361

Gulika 4:56AM – 6:45AM
Yama 1:58PM – 3:46PM
Rahu 8:33AM – 10:21AM

Ashvini Until 5:37AM Sun

Sukarma Until 2:39AM Sun

Taitila Until 11:14AM

Navami* Until 10:51PM

Ganesha: Orange

Sunrise: 4:56AM

Muruqa: Clear

Sunset: 7:23PM

Nataraja: White

Moon – White

Jyeshtha-Ani

Devaloka Day

Vilamba 5120

Moon 6 - Phase 11

Navami

Creative Work Siddha Yoga

Until 5:37AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visi* Karana Dashamyam Titau			Tehran, Iran Sun 9 Sutra 84 Vilamba 5120
Mesha Rasi: 13.32	Tithi 25	Gulika 3:46PM – 5:35PM	Bharani Until 4:48AM Mon	Ganesha: Orange <i>Sunrise:</i> 4:57AM	
		Yama 12:10PM – 1:58PM	Dhriti Until 12:28AM Mon	Muruqa: Clear <i>Sunset:</i> 7:23PM	Moon 6 - Phase 12
	422242361	Rahu 5:35PM – 7:23PM	Vanija Until 10:18AM	Nataraja: White	2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 9:31PM	Moon – White	Devaloka Day
Until 4:48AM Mon				Jyeshtha-Ani	
Then Routine Work - Marana Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukhtayam			Tehran, Iran Sun 10 Sutra 85 Vilamba 5120
Mesha Rasi: 27.21	Tithi 26	Gulika 1:58PM – 3:46PM	Krittika Until 3:10AM Tue	Ganesha: Orange <i>Sunrise:</i> 4:57AM	
Family Home Evening		Yama 10:22AM – 12:10PM	Shula* Until 9:40PM	Muruqa: Clear <i>Sunset:</i> 7:23PM	Moon 6 - Phase 12
	422242361	Rahu 6:45AM – 8:34AM	Bava Until 8:35AM	Nataraja: White	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 7:27PM	Moon – White	Devaloka Day
Until 3:10AM Tue				Jyeshtha-Ani	
Then Creative Work - Amrita Yoga					

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukhtayam			Tehran, Iran Sun 11 Sutra 86 Vilamba 5120
Shrabha Rasi: 11.37	Tithi 27 – 28	Gulika 12:10PM – 1:58PM	Rohini Until 1:14AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 4:58AM	
		Yama 8:34AM – 10:22AM	Ganda* Until 6:22PM	Muruqa: Clear <i>Sunset:</i> 7:22PM	Moon 6 - Phase 12
	432242361	Rahu 3:46PM – 5:34PM	Kaulava Until 6:11AM	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dvadashti* Until 4:45PM	Moon – Yellow	Bhuloka Day
Until 1:14AM Wed				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukhtayam			Tehran, Iran Sun 12 Sutra 87 Vilamba 5120
Shrabha Rasi: 26.16	Tithi 28 – 29	Gulika 10:22AM – 12:10PM	Mrigashira Until 10:42PM	Ganesha: Light Blue <i>Sunrise:</i> 4:58AM	
		Yama 6:46AM – 8:34AM	Vridhi Until 2:41PM	Muruqa: Clear <i>Sunset:</i> 7:22PM	Moon 6 - Phase 12
	432242361	Rahu 12:10PM – 1:58PM	Visti Until 11:52PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:34PM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukhtayam			Tehran, Iran Sun 13 Sutra 88 Vilamba 5120
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			
Mithuna Rasi: 11.13	Tithi 29 – 30	Gulika 8:35AM – 10:23AM	Ardra Until 7:47PM	Ganesha: Light Blue <i>Sunrise:</i> 4:59AM	
		Yama 4:59AM – 6:47AM	Dhruva Until 10:42AM	Muruqa: Clear <i>Sunset:</i> 7:22PM	Moon 6 - Phase 12
	432242361	Rahu 1:58PM – 3:46PM	Catuspada Until 8:13PM	Nataraja: White	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 10:03AM	Moon – Yellow	Bhuloka Day
Until 7:47PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukra Pakshe Sukra Vasara Yukhtayam			Tehran, Iran Sun 14 Sutra 89 Vilamba 5120
Retreat Star		Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau			
Mithuna Rasi: 26.22	Tithi 30 – 1	Gulika 6:47AM – 8:35AM	Punarvasu Until 5:00PM	Ganesha: Purple <i>Sunrise:</i> 5:00AM	
		Yama 3:46PM – 5:34PM	Vyaghata* Until 6:34AM	Muruqa: Clear <i>Sunset:</i> 7:21PM	Moon 6 - Phase 12
	442242361	Rahu 10:23AM – 12:10PM	Bava Until 2:35AM Sat	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 6:20AM	Moon – Blue	Bhuloka Day
Until 5:00PM		Partial Solar Eclipse		Ashada-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Tehran, Iran Sun 15 Sutra 90
Kataka Rasi: 11.32	Tithi 2	Gulika 5:00AM – 6:48AM	Pushya Until 2:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:00AM	Vilamba 5120	
		Yama 1:58PM – 3:46PM	Vajra* Until 10:21PM	Muruqa: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13	
		442242361 Rahu 8:35AM – 10:23AM	Balava Until 12:46PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 10:58PM	Moon – Blue		Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 2:08PM				Ashada*Ani			
Then Routine Work - Marana Yoga							

2		Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau			Tehran, Iran Sun 16 Sutra 91
Kataka Rasi: 26.35	Tithi 3	Gulika 3:46PM – 5:33PM	Ashlesha* Until 11:21AM	Ganesha: Purple	<i>Sunrise:</i> 5:01AM	Vilamba 5120	
		Yama 12:11PM – 1:58PM	Siddhi Until 6:32PM	Muruqa: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13	
		442242361 Rahu 5:33PM – 7:21PM	Taitila Until 9:16AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 7:37PM	Moon – Blue		Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 11:21AM				Ashada*Ani			
Then Routine Work - Marana Yoga							

3		Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau			Tehran, Iran Sun 17 Sutra 92
Simha Rasi: 11.22	Tithi 4 – 5	Gulika 1:58PM – 3:45PM	Magha* Until 9:13AM	Ganesha: Purple	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
Family Home Evening		Yama 10:23AM – 12:11PM	Vyatipata* Until 3:04PM	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13	
		453242361 Rahu 6:49AM – 8:36AM	Vanija Until 6:07AM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 4:42PM	Moon – Red		Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 9:13AM				Ashada*Adi			
Then Creative Work - Siddha Yoga							

4		Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Tehran, Iran Sun 18 Sutra 93
Simha Rasi: 25.48	Tithi 5 – 6	Gulika 12:11PM – 1:58PM	Purvaphalguni Until 7:26AM	Ganesha: Purple	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
		Yama 8:37AM – 10:24AM	Varyan Until 12:01PM	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13	
		453242362 Rahu 3:45PM – 5:32PM	Kaulava Until 1:23AM Wed	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 2:19PM	Moon – Red		Devaloka Day	
Until 7:26AM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

5		Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Tehran, Iran Sun 19 Sutra 94
Kanya Rasi: 9.49	Tithi 6 – 7	Gulika 10:24AM – 12:11PM	Uttaraphalguni Until 6:09AM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	Vilamba 5120	
		Yama 6:50AM – 8:37AM	Parigha* Until 9:31AM	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13	
		453242362 Rahu 12:11PM – 1:58PM	Gara Until 12:01AM Thu	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 12:36PM	Moon – Red		Devaloka Day	
Until 6:09AM				Ashada*Adi			
Then Routine Work - Marana Yoga							

Retreat Star		Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Tehran, Iran Sun 20 Sutra 95
Kanya Rasi: 23.25	Tithi 7 – 8	Gulika 8:37AM – 10:24AM	Chitra Until 6:07AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Vilamba 5120	
		Yama 5:04AM – 6:50AM	Shiva Until 7:36AM	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13	
		463242362 Rahu 1:58PM – 3:45PM	Visti Until 11:22PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 11:35AM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

Retreat Star		Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Tehran, Iran Sun 21 Sutra 96
Tula Rasi: 6.35	Tithi 8 – 9	Gulika 6:51AM – 8:38AM	Chitra Until 6:07AM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Vilamba 5120	
		Yama 3:45PM – 5:31PM	Siddha Until 6:15AM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13	
		463242362 Rahu 10:24AM – 12:11PM	Balava Until 11:27PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 11:18AM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran Sun 22 Sutra 97 Vilamba 5120
	Tula Rasi: 19.25	Tithi 9 – 10	Gulika 5:05AM – 6:51AM	Svati Until 6:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM	
			Yama 1:58PM – 3:44PM	Subha Until 5:14AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	463242362 Rahu 8:38AM – 10:25AM	Taitila Until 12:12AM Sun	Nataraja: Clear		4th Phase
			Navami* Until 11:43AM	Moon – Green		Sivaloka Day	
				Ashada*Adi			


2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 23 Sutra 98 Vilamba 5120
	Vrischika Rasi: 1.56	Tithi 10 – 11	Gulika 3:44PM – 5:30PM	Vishakha Until 8:42AM	Ganesha: White	<i>Sunrise:</i> 5:06AM	
			Yama 12:11PM – 1:58PM	Sukla Until 5:24AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	473242362 Rahu 5:30PM – 7:17PM	Vanija Until 1:32AM Mon	Nataraja: Clear		4th Phase
			Dashami Until 12:47PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			


3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 24 Sutra 99 Vilamba 5120
	Vrischika Rasi: 14.12	Tithi 11 – 12	Gulika 1:57PM – 3:44PM	Anuradha Until 10:50AM	Ganesha: White	<i>Sunrise:</i> 5:06AM	
	Family Home Evening		Yama 10:25AM – 12:11PM	Brahma Until 5:56AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	473242362 Rahu 6:53AM – 8:39AM	Bava Until 3:22AM Tue	Nataraja: Clear		4th Phase
			Ekadashi Until 2:22PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 25 Sutra 100 Vilamba 5120
	Vrischika Rasi: 26.17	Tithi 12 – 13	Gulika 12:11PM – 1:57PM	Jyeshtha* Until 1:15PM	Ganesha: White	<i>Sunrise:</i> 5:07AM	
			Yama 8:39AM – 10:25AM	Indra Until 6:46AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	473242362 Rahu 3:43PM – 5:29PM	Kaulava Until 5:33AM Wed	Nataraja: Clear		4th Phase
Until 1:15PM			Dvadashi Until 4:24PM	Moon – Orange		Devaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Adi			
				<i>Pradosha Vrata</i>			

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 101 Vilamba 5120
	Dhanus Rasi: 8.14	Tithi 13	Gulika 10:25AM – 12:11PM	Mula* Until 4:18PM	Ganesha: Red	<i>Sunrise:</i> 5:08AM	
			Yama 6:54AM – 8:40AM	Indra Until 6:46AM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	483342362 Rahu 12:11PM – 1:57PM	Taitila Until 6:44PM	Nataraja: Clear		4th Phase
Until 4:18PM			Trayodashi Until 6:44PM	Moon – Light Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Adi			

6	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 102 Vilamba 5120
	Dhanus Rasi: 20.04	Tithi 14	Gulika 8:40AM – 10:26AM	Purvashadha* Until 7:23PM	Ganesha: Red	<i>Sunrise:</i> 5:09AM	
			Yama 5:09AM – 6:54AM	Vaidhriti* Until 7:45AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	483342362 Rahu 1:57PM – 3:43PM	Gara Until 8:00AM	Nataraja: Clear		4th Phase
Until 7:23PM			Chaturdashi* Until 9:16PM	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Marana Yoga				Ashada*Adi			

	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sun 28 Sutra 103 Vilamba 5120
	Copper Retreat Star		Gulika 6:55AM – 8:40AM	Uttarashadha Until 10:22PM	Ganesha: Red	<i>Sunrise:</i> 5:09AM	
	Makara Rasi: 1.52	Tithi 15	Yama 3:42PM – 5:28PM	Vishkambha* Until 8:51AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	483342362 Rahu 10:26AM – 12:11PM	Visti Until 10:35AM	Nataraja: Clear		Purnima
			Purnima* Until 11:51PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
				Total Lunar Eclipse			
				Satguru Purnima			

	Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran Sun 29 Sutra 104 Vilamba 5120
	Silver Retreat Star		Gulika 5:10AM – 6:55AM	Shravana Until 1:38AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:10AM	
	Makara Rasi: 13.4	Tithi 16	Yama 1:57PM – 3:42PM	Priti Until 9:59AM	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	493342362 Rahu 8:41AM – 10:26AM	Balava Until 1:09PM	Nataraja: Clear		Prathama
Until 1:38AM Sun			Prathama* Until 2:23AM Sun	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Tehran, Iran
Sun 1
Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 25.29 Tithi 17

Gulika 3:41PM – 5:27PM
Yama 12:11PM – 1:56PM
493342362 **Rahu** 5:27PM – 7:12PM

Dhanishtha Until 4:33AM Mon
Ayushman Until 10:59AM
Taitila Until 3:36PM
Dvitiya Until 4:44AM Mon

Ganesha: Blue *Sunrise: 5:11AM*
Muruqa: Clear *Sunset: 7:12PM*
Nataraja: Clear
Moon – Purple

Devaloka Day

Routine Work Marana Yoga

Until 4:33AM Mon

Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trilyayam Titau

Tehran, Iran
Sun 2
Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 7.23 Tithi 18

Gulika 1:56PM – 3:41PM
Yama 10:26AM – 12:11PM
494342362 **Rahu** 6:56AM – 8:41AM

Shatabhishak Until 7:02AM Tue
Saubhagya Until 11:50AM
Vanija Until 5:49PM
Tritiya Until 6:47AM Tue

Ganesha: Blue *Sunrise: 5:12AM*
Muruqa: Clear *Sunset: 7:11PM*
Nataraja: Clear
Moon – Purple

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Until 7:02AM Tue

Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Tehran, Iran
Sun 3
Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 19.23 Tithi 18 – 19

Gulika 12:11PM – 1:56PM
Yama 8:42AM – 10:26AM
494342362 **Rahu** 3:41PM – 5:25PM

Shatabhishak Until 7:02AM
Sobhana Until 12:28PM
Bava Until 7:41PM
Tritiya Until 6:47AM

Ganesha: Blue *Sunrise: 5:12AM*
Muruqa: Clear *Sunset: 7:10PM*
Nataraja: Clear
Moon – Purple

Devaloka Day

Routine Work Marana Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran
Sun 4
Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 1.34 Tithi 19 – 20

Gulika 10:27AM – 12:11PM
Yama 6:58AM – 8:42AM
414342362 **Rahu** 12:11PM – 1:56PM

Purvaprossthapada* Until 9:27AM
Athiganda* Until 12:44PM
Kaulava Until 9:06PM
Chaturthi* Until 8:26AM

Ganesha: White *Sunrise: 5:13AM*
Muruqa: Clear *Sunset: 7:09PM*
Nataraja: Clear
Moon – Clear

Devaloka Day

Creative Work Amrita Yoga

Until 9:27AM

Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran
Sun 5
Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 13.56 Tithi 20 – 21

Gulika 8:42AM – 10:27AM
Yama 5:14AM – 6:58AM
414342362 **Rahu** 1:55PM – 3:40PM

Uttaraprossthapada Until 11:13AM
Sukarma Until 12:37PM
Gara Until 9:59PM
Panchami Until 9:36AM

Ganesha: White *Sunrise: 5:14AM*
Muruqa: Clear *Sunset: 7:08PM*
Nataraja: Clear
Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Tehran, Iran
Sun 6
Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 26.34 Tithi 21 – 22

Gulika 6:59AM – 8:43AM
Yama 3:39PM – 5:23PM
414342362 **Rahu** 10:27AM – 12:11PM

Revati Until 12:16PM
Dhriti Until 12:04PM
Visti Until 10:15PM
Shashthi* Until 10:11AM

Ganesha: White *Sunrise: 5:15AM*
Muruqa: Clear *Sunset: 7:07PM*
Nataraja: Clear
Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

Until 12:16PM

Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Tehran, Iran
Sun 7
Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 9.29 Tithi 22 – 23

Gulika 5:15AM – 6:59AM
Yama 1:55PM – 3:39PM
424342362 **Rahu** 8:43AM – 10:27AM

Ashvini Until 1:00PM
Shula* Until 10:58AM
Balava Until 9:51PM
Saptami Until 10:07AM

Ganesha: Clear *Sunrise: 5:15AM*
Muruqa: Clear *Sunset: 7:06PM*
Nataraja: Clear
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran
Sun 8
Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 22.46 Tithi 23 – 24

Gulika 3:38PM – 5:22PM
Yama 12:11PM – 1:54PM
424342362 **Rahu** 5:22PM – 7:05PM

Bharani Until 12:54PM
Ganda* Until 9:20AM
Taitila Until 8:46PM
Ashtami* Until 9:23AM

Ganesha: Clear *Sunrise: 5:16AM*
Muruqa: Clear *Sunset: 7:05PM*
Nataraja: Clear
Moon – White

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 12:54PM

Then Creative Work - Siddha Yoga

1		Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Tehran, Iran Sun 9 Sutra 113 Vilamba 5120	
Vrishabha Rasi: 6.26	Tithi 24 – 25	Gulika	1:54PM – 3:38PM	Krittika Until 11:59AM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	
Family Home Evening	424342362	Yama	10:27AM – 12:11PM	Vridhhi Until 7:11AM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	7:00AM – 8:44AM	Vanija Until 7:01PM	Nataraja: Clear		2nd Phase
Until 11:59AM				Navami* Until 7:58AM	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		

2		Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Tehran, Iran Sun 10 Sutra 114 Vilamba 5120	
Vrishabha Rasi: 20.31	Tithi 26	Gulika	12:11PM – 1:54PM	Rohini Until 10:43AM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	
	434342362	Yama	8:44AM – 10:27AM	Vyaghata* Until 1:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	3:37PM – 5:20PM	Bava Until 4:40PM	Nataraja: Clear		2nd Phase
Until 10:43AM				Ekadashi* Until 3:16AM Wed	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga					Ashada-Adi		

3		Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Tehran, Iran Sun 11 Sutra 115 Vilamba 5120	
Mithuna Rasi: 4.58	Tithi 27	Gulika	10:27AM – 12:10PM	Mrigashira Until 8:46AM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	
	434342362	Yama	7:01AM – 8:44AM	Harshana Until 9:43PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu	12:10PM – 1:53PM	Kaulava Until 1:47PM	Nataraja: Clear		2nd Phase
				Dvadashi* Until 12:10AM Thu	Moon – Yellow		Devaloka Day
					Ashada-Adi		

4		Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Tehran, Iran Sun 12 Sutra 116 Vilamba 5120	
Mithuna Rasi: 19.45	Tithi 28	Gulika	8:45AM – 10:27AM	Ardra Until 6:15AM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	
	434342362	Yama	5:19AM – 7:02AM	Vajra* Until 5:51PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	1:53PM – 3:36PM	Gara Until 10:30AM	Nataraja: Clear		2nd Phase
Until 6:15AM				Trayodashi* Until 8:44PM	Moon – Yellow		Devaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		
					<i>Pradosha Vrata (Fasting)</i>		

5		Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Tehran, Iran Sun 13 Sutra 117 Vilamba 5120	
Kataka Rasi: 4.46	Tithi 29 – 30	Gulika	7:03AM – 8:45AM	Pushya Until 12:52AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 5:20AM	
	444342362	Yama	3:35PM – 5:18PM	Siddhi Until 1:48PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	10:28AM – 12:10PM	Visti Until 6:58AM	Nataraja: Clear		2nd Phase
				Chaturdashi* Until 5:07PM	Moon – Blue		Devaloka Day
					Ashada-Adi		

Retreat Star		Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Tehran, Iran Sun 14 Sutra 118 Vilamba 5120	
Kataka Rasi: 19.53	Tithi 30 – 1	Gulika	5:21AM – 7:03AM	Ashlesha* Until 9:55PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:21AM	
	444342362	Yama	1:52PM – 3:35PM	Vyatipata* Until 9:42AM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	8:45AM – 10:28AM	Kintughna Until 11:40PM	Nataraja: Clear		Amavasya
Until 9:55PM				Amavasya* Until 1:27PM	Moon – Blue		Devaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		
					Partial Solar Eclipse		

Retreat Star		Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Tehran, Iran Sun 15 Sutra 119 Vilamba 5120	
Simha Rasi: 4.58	Tithi 1 – 2	Gulika	3:34PM – 5:16PM	Magha* Until 7:26PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	
	455342362	Yama	12:10PM – 1:52PM	Parigha* Until 1:49AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	5:16PM – 6:58PM	Balava Until 8:14PM	Nataraja: Clear		Prathama
Until 7:26PM				Prathama* Until 9:54AM	Moon – Red		Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Tehran, Iran Sun 16 Sutra 120 Vilamba 5120
1	Simha Rasi: 19.51 Family Home Evening Creative Work Siddha Yoga	Tithi 2 - 3 455342362	Gulika 1:51PM - 3:33PM Yama 10:28AM - 12:10PM Rahu 7:04AM - 8:46AM	Purvaphalguni Until 5:08PM Shiva Until 10:19PM Gara Until 3:46AM Tue Dvitiya Until 6:37AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Red Sravana-Adi	Sunrise: 5:22AM Sunset: 6:57PM Moon 7 - Phase 17 3rd Phase Sivaloka Day

Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Tehran, Iran Sun 17 Sutra 121 Vilamba 5120
2	Kanya Rasi: 4.25 Creative Work Amrita Yoga Until 3:12PM Then Creative Work - Siddha Yoga	Tithi 4 455342362	Gulika 12:09PM - 1:51PM Yama 8:46AM - 10:28AM Rahu 3:33PM - 5:14PM	Uttaraphalguni Until 3:12PM Siddha Until 7:14PM Vanija Until 2:33PM Chaturthi* Until 1:28AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Red Sravana-Adi	Sunrise: 5:23AM Sunset: 6:56PM Moon 7 - Phase 17 3rd Phase Sivaloka Day

Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran Sun 18 Sutra 122 Vilamba 5120
3	Kanya Rasi: 18.35 Routine Work Marana Yoga Until 2:12PM Then Creative Work - Siddha Yoga	Tithi 5 465342362	Gulika 10:28AM - 12:09PM Yama 7:05AM - 8:47AM Rahu 12:09PM - 1:51PM	Hasta Until 2:12PM Sadhya Until 4:42PM Bava Until 12:35PM Panchami Until 11:52PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Green Sravana-Adi	Sunrise: 5:24AM Sunset: 6:55PM Moon 7 - Phase 17 3rd Phase Subha Sivaloka Day

Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taila Karana Shashthyam Titau				Tehran, Iran Sun 19 Sutra 123 Vilamba 5120
4	Tula Rasi: 2.18 Creative Work Siddha Yoga Until 1:47PM Then Creative Work - Amrita Yoga	Tithi 6 465342362	Gulika 8:47AM - 10:28AM Yama 5:25AM - 7:06AM Rahu 1:50PM - 3:31PM	Chitra Until 1:47PM Subha Until 2:47PM Kaulava Until 11:22AM Shashthi* Until 11:02PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Green Sravana-Adi	Sunrise: 5:25AM Sunset: 6:53PM Moon 7 - Phase 17 3rd Phase Subha Sivaloka Day

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau				Tehran, Iran Sun 20 Sutra 124 Vilamba 5120
5	Tula Rasi: 15.34 Creative Work Siddha Yoga	Tithi 7 565342362	Gulika 7:06AM - 8:47AM Yama 3:31PM - 5:11PM Rahu 10:28AM - 12:09PM	Svati Until 2:00PM Sukla Until 1:30PM Gara Until 10:56AM Saptami Until 11:01PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Green Sravana-Avani	Sunrise: 5:25AM Sunset: 6:52PM Moon 7 - Phase 17 3rd Phase Sivaloka Day

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran Sun 21 Sutra 125 Vilamba 5120
Retreat Star	Tula Rasi: 28.26 Creative Work Siddha Yoga	Tithi 8 575342362	Gulika 5:26AM - 7:07AM Yama 1:49PM - 3:30PM Rahu 8:47AM - 10:28AM	Vishakha Until 3:19PM Brahma Until 12:51PM Visti Until 11:20AM Ashtami* Until 11:47PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Orange Sravana-Avani	Sunrise: 5:26AM Sunset: 6:51PM Moon 7 - Phase 17 Ashtami Subha Sivaloka Day

Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran Sun 22 Sutra 126 Vilamba 5120
Retreat Star	Vrischika Rasi: 10.55 Routine Work Marana Yoga	Tithi 9 575442362	Gulika 3:29PM - 5:10PM Yama 12:08PM - 1:49PM Rahu 5:10PM - 6:50PM	Anuradha Until 5:12PM Indra Until 12:48PM Balava Until 12:28PM Navami* Until 1:15AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Orange Sravana-Avani	Sunrise: 5:27AM Sunset: 6:50PM Moon 7 - Phase 17 Navami Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				Tehran, Iran Sun 23 Sutra 127 Vilamba 5120
1	Vrischika Rasi: 23.08 Family Home Evening Creative Work Siddha Yoga	Tithi 10 586442362	Gulika 1:48PM – 3:28PM Yama 10:28AM – 12:08PM Rahu 7:08AM – 8:48AM	Jyeshtha* Until 7:30PM Vaidhriti* Until 1:12PM Taitila Until 2:14PM Dashami Until 3:17AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Sunrise: 5:28AM Sunset: 6:49PM	Moon 7 - Phase 18 4th Phase Sivaloka Day Sravana-Avani

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 128 Vilamba 5120
2	Dhanus Rasi: 5.08 Creative Work Amrita Yoga Until 10:32PM Then Creative Work - Siddha Yoga	Tithi 11 586442362	Gulika 12:08PM – 1:48PM Yama 8:48AM – 10:28AM Rahu 3:28PM – 5:08PM	Mula* Until 10:32PM Vishkambha* Until 1:59PM Vanija Until 4:28PM Ekadashi Until 5:41AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Sunrise: 5:28AM Sunset: 6:47PM	Moon 7 - Phase 18 4th Phase Sivaloka Day Sravana-Avani

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava Karana Dvadashyam Titau				Tehran, Iran Sun 25 Sutra 129 Vilamba 5120
3	Dhanus Rasi: 17 Creative Work Amrita Yoga Until 1:38AM Thu Then Routine Work - Marana Yoga	Tithi 12 586442362	Gulika 10:28AM – 12:08PM Yama 7:09AM – 8:48AM Rahu 12:08PM – 1:47PM	Purvashadha* Until 1:38AM Thu Priti Until 3:01PM Bava Until 6:59PM Dvadashi Until 8:16AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Sunrise: 5:29AM Sunset: 6:46PM	Moon 7 - Phase 18 4th Phase Sivaloka Day Sravana-Avani

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 130 Vilamba 5120
4	Dhanus Rasi: 28.48 Routine Work Marana Yoga	Tithi 12 – 13 586442362	Gulika 8:49AM – 10:28AM Yama 5:30AM – 7:09AM Rahu 1:47PM – 3:26PM	Uttarashadha Until 4:37AM Fri Ayushman Until 4:05PM Kaulava Until 9:36PM Dvadashi Until 8:16AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Sunrise: 5:30AM Sunset: 6:45PM	Moon 7 - Phase 18 4th Phase Sivaloka Day Sravana-Avani

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 131 Vilamba 5120
5	Makara Rasi: 10.35 Routine Work Marana Yoga Until 7:49AM Sat Then Creative Work - Siddha Yoga	Tithi 13 – 14 596442362	Gulika 7:10AM – 8:49AM Yama 3:25PM – 5:04PM Rahu 10:28AM – 12:07PM	Shravana Until 7:49AM Sat Saubhagya Until 5:09PM Gara Until 12:08AM Sat Trayodashi Until 10:52AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Sunrise: 5:31AM Sunset: 6:44PM	Moon 7 - Phase 18 4th Phase Subha Sivaloka Day Sravana-Avani

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran Sun 28 Sutra 132 Vilamba 5120
○	Copper Retreat Star Makara Rasi: 22.25 Creative Work Siddha Yoga	Tithi 14 – 15 596442362	Gulika 5:31AM – 7:10AM Yama 1:46PM – 3:25PM Rahu 8:49AM – 10:28AM	Shravana Until 7:49AM Sobhana Until 6:06PM Visti Until 2:28AM Sun Chaturdashi* Until 1:19PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Sunrise: 5:31AM Sunset: 6:42PM	Moon 7 - Phase 18 Purnima Subha Sivaloka Day Sravana-Avani

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran Sun 29 Sutra 133 Vilamba 5120
○	Silver Retreat Star Kumbha Rasi: 4.21 Routine Work Marana Yoga Until 10:37AM Then Creative Work - Siddha Yoga	Tithi 15 – 16 596442362	Gulika 3:24PM – 5:02PM Yama 12:07PM – 1:45PM Rahu 5:02PM – 6:41PM	Dhanishtha Until 10:37AM Athiganda* Until 6:47PM Balava Until 4:28AM Mon Purnima* Until 3:29PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Sunrise: 5:32AM Sunset: 6:41PM	Moon 7 - Phase 18 Prathama Subha Sivaloka Day Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 134

Vilamba 5120

Kumbha Rasi: 16.24 Tithi 16 - 17

Family Home Evening

596442362

Gulika

1:45PM - 3:23PM

Yama

10:28AM - 12:06PM

Rahu

7:11AM - 8:50AM

Shatabhishak Until 12:55PM

Sukarma Until 7:13PM

Taitila Until 6:05AM Tue

Prathama* Until 5:18PM

Ganesha: White

Sunrise: 5:33AM

Muruqa: Clear

Sunset: 6:40PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Subha Sivaloka Day

Until 12:55PM
Then Routine Work - Marana Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sun 1 Sutra 135

Vilamba 5120

Kumbha Rasi: 28.37 Tithi 17

Routine Work Marana Yoga

Until 3:09PM

Then Creative Work - Amrita Yoga

517452363

Gulika

12:06PM - 1:44PM

Yama

8:50AM - 10:28AM

Rahu

3:22PM - 5:00PM

Purvaprosarthapada* Until 3:09PM

Dhriti Until 7:20PM

Taitila Until 6:05AM

Dvitiya Until 6:42PM

Ganesha: Clear

Sunrise: 5:34AM

Muruqa: Purple

Sunset: 6:38PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Shula* Yoga Vanija/Visiti* Karana Trityayam Titau

Tehran, Iran

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 11.01 Tithi 18

Creative Work Siddha Yoga

Until 4:48PM

Then Routine Work - Marana Yoga

517452363

Gulika

10:28AM - 12:06PM

Yama

7:12AM - 8:50AM

Rahu

12:06PM - 1:44PM

Uttaraprosarthapada Until 4:48PM

Shula* Until 7:04PM

Vanija Until 7:16AM

Tritiya Until 7:40PM

Ganesha: Clear

Sunrise: 5:35AM

Muruqa: Purple

Sunset: 6:37PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthiyam Titau

Tehran, Iran

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 23.37 Tithi 19

Creative Work Siddha Yoga

Until 5:51PM

Then Creative Work - Amrita Yoga

517452363

Gulika

8:50AM - 10:28AM

Yama

5:35AM - 7:13AM

Rahu

1:43PM - 3:21PM

Revati Until 5:51PM

Ganda* Until 6:28PM

Bava Until 8:00AM

Chaturthi* Until 8:11PM

Ganesha: Clear

Sunrise: 5:35AM

Muruqa: Purple

Sunset: 6:36PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 6.25 Tithi 20

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

527452363

Gulika

7:13AM - 8:51AM

Yama

3:20PM - 4:57PM

Rahu

10:28AM - 12:05PM

Ashvini Until 6:46PM

Vriddhi Until 5:31PM

Kaulava Until 8:17AM

Panchami Until 8:13PM

Ganesha: Purple

Sunrise: 5:36AM

Muruqa: Purple

Sunset: 6:34PM

Nataraja: Purple

Moon - White

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 19.28 Tithi 21

Creative Work Siddha Yoga

Until 7:02PM

Then Creative Work - Amrita Yoga

527452363

Gulika

5:37AM - 7:14AM

Yama

1:42PM - 3:19PM

Rahu

8:51AM - 10:28AM

Bharani Until 7:02PM

Dhruva Until 4:10PM

Gara Until 8:05AM

Shashthi* Until 7:47PM

Ganesha: Purple

Sunrise: 5:37AM

Muruqa: Purple

Sunset: 6:33PM

Nataraja: Purple

Moon - White

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visiti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 6 Sutra 140

Vilamba 5120

Vrishabha Rasi: 2.46 Tithi 22

Creative Work Siddha Yoga

527452363

Gulika

3:18PM - 4:55PM

Yama

12:04PM - 1:41PM

Rahu

4:55PM - 6:31PM

Krittika Until 6:41PM

Vyaghata* Until 2:25PM

Visiti Until 7:23AM

Saptami Until 6:50PM

Ganesha: Purple

Sunrise: 5:38AM

Muruqa: Purple

Sunset: 6:31PM

Nataraja: Purple

Moon - White

Sravana-Avani

Moon 8 - Phase 19

1st Phase

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 7 Sutra 141

Vilamba 5120

Vrishabha Rasi: 16.21 Tithi 23 - 24

Family Home Evening

537452363

Gulika

1:41PM - 3:17PM

Yama

10:28AM - 12:04PM

Rahu

7:15AM - 8:51AM

Rohini Until 6:06PM

Harshana Until 12:17PM

Balava Until 6:11AM

Ashtami* Until 5:23PM

Ganesha: Clear

Sunrise: 5:38AM

Muruqa: Purple

Sunset: 6:30PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Moon 8 - Phase 19

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran

Sun 8 Sutra 142

Vilamba 5120

Mithuna Rasi: 0.14 Tithi 24 - 25

Creative Work Siddha Yoga

Until 4:54PM

Then Routine Work - Marana Yoga

538452363

Gulika

12:04PM - 1:40PM

Yama

8:51AM - 10:28AM

Rahu

3:16PM - 4:52PM

Mrigashira Until 4:54PM

Vajra* Until 9:42AM

Vanija Until 2:19AM Wed

Navami* Until 3:27PM

Ganesha: White

Sunrise: 5:39AM

Muruqa: Purple

Sunset: 6:29PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Moon 8 - Phase 19

Navami

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Mithuna Rasi: 14.26	Tithi 25 – 26	Gulika	10:28AM – 12:04PM	Ardra Until 3:07PM	Ganesha: White	Sun 9
			Yama	7:16AM – 8:52AM	Siddhi Until 6:46AM	Muruqa: Purple	Vilamba 5120
	Creative Work	Siddha Yoga	538452363 Rahu	12:04PM – 1:39PM	Bava Until 11:43PM	Nataraja: Purple	Moon 8 - Phase 20
				Dashami Until 1:03PM	Moon – Yellow	Devaloka Day	
					Sravana-Avani		

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Mithuna Rasi: 28.55	Tithi 26 – 27	Gulika	8:52AM – 10:28AM	Punarvasu Until 1:13PM	Ganesha: Yellow	Sun 10
			Yama	5:41AM – 7:16AM	Variyan Until 11:57PM	Muruqa: Purple	Vilamba 5120
	Creative Work	Amrita Yoga	548452363 Rahu	1:39PM – 3:15PM	Kaulava Until 8:47PM	Nataraja: Purple	Moon 8 - Phase 20
				Ekadashi* Until 10:16AM	Moon – Blue	Bhuloka Day	
					Sravana-Avani	Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Kataka Rasi: 13.38	Tithi 27 – 28	Gulika	7:17AM – 8:52AM	Pushya Until 10:54AM	Ganesha: Yellow	Sun 11
			Yama	3:14PM – 4:49PM	Parigha* Until 8:13PM	Muruqa: Purple	Vilamba 5120
	Routine Work	Marana Yoga	548452363 Rahu	10:27AM – 12:03PM	Vanija Until 3:58AM Sat	Nataraja: Purple	Moon 8 - Phase 20
				Dvadashi* Until 7:12AM	Moon – Blue	Bhuloka Day	
					Sravana-Avani	Devaloka Time: 9:AM to12:PM	
					<i>Pradosha Vrata (Fasting)</i>		

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tehran, Iran
	Kataka Rasi: 28.28	Tithi 29	Gulika	5:42AM – 7:17AM	Ashlesha* Until 8:19AM	Ganesha: Yellow	Sun 12
			Yama	1:38PM – 3:13PM	Shiva Until 4:26PM	Muruqa: Purple	Vilamba 5120
	Routine Work	Marana Yoga	548452363 Rahu	8:52AM – 10:27AM	Visti Until 2:20PM	Nataraja: Purple	Moon 8 - Phase 20
				Chaturdashi* Until 12:41AM Sun	Moon – Blue	Bhuloka Day	
					Sravana-Avani	Devaloka Time: 9:AM to12:PM	

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran
	Retreat Star		Gulika	3:12PM – 4:47PM	Purvaphalguni Until 3:38AM Mon	Ganesha: Red	Sun 13
	Simha Rasi: 13.2	Tithi 30	Yama	12:02PM – 1:37PM	Siddha Until 12:39PM	Muruqa: Purple	Vilamba 5120
	Creative Work	Siddha Yoga	558452363 Rahu	4:47PM – 6:22PM	Catuspada Until 11:05AM	Nataraja: Purple	Moon 8 - Phase 20
				Amavasya* Until 9:30PM	Moon – Red	Bhuloka Day	
					Sravana-Avani	Devaloka Time: 9:AM to12:PM	
					Grandparent's Day		

Retreat Star	Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Tehran, Iran
	Simha Rasi: 28.06	Tithi 1	Gulika	1:36PM – 3:11PM	Uttaraphalguni Until 1:28AM Tue	Ganesha: Blue	Sun 14
	Family Home Evening		Yama	10:27AM – 12:02PM	Sadhya Until 9:02AM	Muruqa: Purple	Vilamba 5120
	Creative Work	Siddha Yoga	559452363 Rahu	7:18AM – 8:53AM	Kintughna Until 8:01AM	Nataraja: Purple	Moon 8 - Phase 20
				Prathama* Until 6:34PM	Moon – Red	Bhuloka Day	
					Bhadrapada-Avani	Prathama	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 12.37	Tithi 2 – 3	Gulika 12:01PM – 1:36PM	Hasta Until 12:03AM Wed	Ganesha: Blue	Sunrise: 5:44AM	
			Yama 8:53AM – 10:27AM	Sukla Until 2:47AM Wed	Muruqa: Purple	Sunset: 6:19PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 3:10PM – 4:44PM	Taitila Until 3:01AM Wed	Nataraja: Purple		3rd Phase
			Dvitiya Until 4:04PM	Moon – Green		Bhuloka Day	
				Bhadrapada-Avani			

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Tehran, Iran Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 26.48	Tithi 3 – 4	Gulika 10:27AM – 12:01PM	Chitra Until 11:05PM	Ganesha: Blue	Sunrise: 5:45AM	
			Yama 7:19AM – 8:53AM	Brahma Until 12:23AM Thu	Muruqa: Purple	Sunset: 6:17PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 12:01PM – 1:35PM	Vanija Until 1:24AM Thu	Nataraja: Purple		3rd Phase
			Tritiya Until 2:07PM	Moon – Green		Bhuloka Day	
				Bhadrapada-Avani			

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 10.35	Tithi 4 – 5	Gulika 8:53AM – 10:27AM	Svati Until 10:42PM	Ganesha: Blue	Sunrise: 5:46AM	
			Yama 5:46AM – 7:19AM	Indra Until 10:34PM	Muruqa: Purple	Sunset: 6:16PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569452363 Rahu 1:35PM – 3:08PM	Bava Until 12:32AM Fri	Nataraja: Purple		3rd Phase
Until 10:42PM			Chaturthi* Until 12:51PM	Moon – Green		Bhuloka Day	
Then Creative Work - Siddha Yoga		Ganesha Chaturthi		Bhadrapada-Avani			

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 23.55	Tithi 5 – 6	Gulika 7:20AM – 8:53AM	Vishakha Until 11:26PM	Ganesha: White	Sunrise: 5:46AM	
			Yama 3:07PM – 4:41PM	Vaidhriti* Until 9:23PM	Muruqa: Purple	Sunset: 6:14PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 10:27AM – 12:00PM	Kaulava Until 12:29AM Sat	Nataraja: Purple		3rd Phase
			Panchami Until 12:23PM	Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 6.49	Tithi 6 – 7	Gulika 5:47AM – 7:20AM	Anuradha Until 12:48AM Sun	Ganesha: White	Sunrise: 5:47AM	
			Yama 1:33PM – 3:06PM	Vishkambha* Until 8:52PM	Muruqa: Purple	Sunset: 6:13PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 8:54AM – 10:27AM	Gara Until 1:16AM Sun	Nataraja: Purple		3rd Phase
Until 12:48AM Sun			Shashthi* Until 12:45PM	Moon – Orange		Devaloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Avani			

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 3:06PM – 4:38PM	Jyeshtha* Until 2:44AM Mon	Ganesha: White	Sunrise: 5:48AM	
	Vrischika Rasi: 19.2	Tithi 7 – 8	Yama 12:00PM – 1:33PM	Priti Until 8:57PM	Muruqa: Purple	Sunset: 6:11PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	579552363 Rahu 4:38PM – 6:11PM	Visti Until 2:47AM Mon	Nataraja: Purple		Ashtami
Until 2:44AM Mon			Saptami Until 1:55PM	Moon – Orange		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:32PM – 3:05PM	Mula* Until 5:34AM Tue	Ganesha: Clear	Sunrise: 5:49AM	
	Dhanus Rasi: 1.33	Tithi 8 – 9	Yama 10:27AM – 11:59AM	Ayushman Until 9:29PM	Muruqa: Purple	Sunset: 6:10PM	Moon 8 - Phase 21
	Family Home Evening		589552363 Rahu 7:21AM – 8:54AM	Balava Until 4:54AM Tue	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:46PM	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava Karana Navamyam Titau		Tehran, Iran Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 13.32	Tithi 9	Gulika Yama	11:59AM – 1:31PM 8:54AM – 10:27AM	Purvashadha* Until 8:36AM Wed Saubhagya Until 10:22PM Kaulava Until 6:06PM Navami* Until 6:06PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:49AM Sunset: 6:09PM	Moon 8 - Phase 22 4th Phase
Creative Work	Siddha Yoga	581552363	Rahu 3:04PM – 4:36PM			Bhuloka Day Devaloka Time: 9:AM to12:PM	
Until 8:36AM Wed		Then Creative Work - Amrita Yoga					

2		Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Tehran, Iran Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 25.23	Tithi 10	Gulika Yama	10:26AM – 11:59AM 7:22AM – 8:54AM	Purvashadha* Until 8:36AM Sobhana Until 11:26PM Taitila Until 7:24AM Dashami Until 8:42PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:50AM Sunset: 6:07PM	Moon 8 - Phase 22 4th Phase
Creative Work	Amrita Yoga	581552363	Rahu 11:59AM – 1:31PM			Bhuloka Day Devaloka Time: 9:AM to12:PM	

3		Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Tehran, Iran Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 7.1	Tithi 11	Gulika Yama	8:55AM – 10:26AM 5:51AM – 7:23AM	Uttarashadha Until 11:34AM Athiganda* Until 12:28AM Fri Vanija Until 10:02AM Ekadashi Until 11:18PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:51AM Sunset: 6:06PM	Moon 8 - Phase 22 4th Phase
Routine Work	Marana Yoga	581552363	Rahu 1:30PM – 3:02PM			Bhuloka Day Devaloka Time: 9:AM to12:PM	
Until 11:34AM		Then Creative Work - Siddha Yoga					

4		Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Tehran, Iran Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 18.59	Tithi 12	Gulika Yama	7:23AM – 8:55AM 3:01PM – 4:33PM	Shravana Until 2:46PM Sukarma Until 1:21AM Sat Bava Until 12:34PM Dvadashi Until 1:43AM Sat	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:52AM Sunset: 6:04PM	Moon 8 - Phase 22 4th Phase
Routine Work	Marana Yoga	591552363	Rahu 10:26AM – 11:58AM			Devaloka Day	
Until 2:46PM		Then Creative Work - Siddha Yoga					

5		Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Tehran, Iran Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 0.53	Tithi 13	Gulika Yama	5:52AM – 7:24AM 1:29PM – 3:00PM	Dhanishtha Until 5:31PM Dhriti Until 1:58AM Sun Kaulava Until 2:49PM Trayodashi Until 3:46AM Sun	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:52AM Sunset: 6:03PM	Moon 8 - Phase 22 4th Phase
Creative Work	Siddha Yoga	591552363	Rahu 8:55AM – 10:26AM			Devaloka Day	
Until 5:31PM		Then Creative Work - Amrita Yoga					
						<i>Pradosha Vrata</i>	

6		Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau		Tehran, Iran Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 12.57	Tithi 14	Gulika Yama	2:59PM – 4:30PM 11:57AM – 1:28PM	Shatabhishak Until 7:41PM Shula* Until 2:12AM Mon Gara Until 4:39PM Chaturdashi* Until 5:21AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:53AM Sunset: 6:01PM	Moon 8 - Phase 22 4th Phase
Creative Work	Siddha Yoga	591552363	Rahu 4:30PM – 6:01PM			Devaloka Day	
						Chidambaram Abhishekam Kadaitswami Mahasamadhi	

○		Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau		Tehran, Iran Sutra 162 Vilamba 5120	
Copper Retreat Star		Gulika Yama	1:28PM – 2:58PM 10:26AM – 11:57AM	Purvaproshtapada* Until 9:41PM Ganda* Until 2:04AM Tue Visti Until 5:58PM Purnima* Until 6:25AM Tue	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 5:54AM Sunset: 6:00PM	Moon 8 - Phase 22 Purnima
Kumbha Rasi: 25.12	Tithi 15	511552363	Rahu 7:25AM – 8:55AM			Devaloka Day	
Family Home Evening							
Routine Work		Marana Yoga					
Until 9:41PM		Then Creative Work - Siddha Yoga					

○		Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Tehran, Iran Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika Yama	11:56AM – 1:27PM 8:56AM – 10:26AM	Uttaraproshtapada Until 11:01PM Vriddhi Until 1:32AM Wed Balava Until 6:46PM Purnima* Until 6:25AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 5:55AM Sunset: 5:58PM	Moon 8 - Phase 22 Prathama
Meena Rasi: 7.4	Tithi 15 – 16	511552363	Rahu 2:57PM – 4:28PM			Devaloka Day	
Creative Work		Amrita Yoga					
Until 11:01PM		Then Creative Work - Siddha Yoga					



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 20.22 Tithi 16 - 17

Gulika 10:26AM - 11:56AM

Yama 7:26AM - 8:56AM

511552363 Rahu 11:56AM - 1:26PM

Revati Until 11:44PM

Dhruva Until 12:36AM Thu

Taitila Until 7:05PM

Prathama* Until 6:58AM

Ganesha: Purple Sunrise: 5:55AM

Muruqa: Purple Sunset: 5:57PM

Nataraja: Purple

Moon - Clear

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Tehran, Iran

Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 3.18 Tithi 17 - 18

Gulika 8:56AM - 10:26AM

Yama 5:56AM - 7:26AM

521552363 Rahu 1:26PM - 2:56PM

Ashvini Until 12:20AM Fri

Vyaghata* Until 11:21PM

Vanija Until 6:58PM

Dvitiya Until 7:03AM

Ganesha: Clear Sunrise: 5:56AM

Muruqa: Purple Sunset: 5:55PM

Nataraja: Purple

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 12:20AM Fri

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Tehran, Iran

Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 16.26 Tithi 18 - 19

Gulika 7:27AM - 8:56AM

Yama 2:55PM - 4:24PM

621552363 Rahu 10:26AM - 11:55AM

Bharani Until 12:25AM Sat

Harshana Until 9:49PM

Bava Until 6:27PM

Tritiya Until 6:44AM

Ganesha: Purple Sunrise: 5:57AM

Muruqa: Purple Sunset: 5:54PM

Nataraja: Purple

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 12:25AM Sat

Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 29.46 Tithi 19 - 20

Gulika 5:58AM - 7:27AM

Yama 1:24PM - 2:54PM

622552363 Rahu 8:56AM - 10:26AM

Krittika Until 12:02AM Sun

Vajra* Until 7:59PM

Taitila Until 5:03AM Sun

Chaturthi* Until 6:03AM

Ganesha: Clear Sunrise: 5:58AM

Muruqa: Purple Sunset: 5:53PM

Nataraja: Purple

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:02AM Sun

Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 13.16 Tithi 21

Gulika 2:53PM - 4:22PM

Yama 11:55AM - 1:24PM

632552363 Rahu 4:22PM - 5:51PM

Rohini Until 11:39PM

Siddhi Until 5:56PM

Gara Until 4:27PM

Shashthi* Until 3:45AM Mon

Ganesha: Purple Sunrise: 5:59AM

Muruqa: Purple Sunset: 5:51PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 26.57 Tithi 22

Gulika 1:23PM - 2:52PM

Yama 10:26AM - 11:54AM

632552363 Rahu 7:28AM - 8:57AM

Mrigashira Until 10:51PM

Vyatipata* Until 3:39PM

Visti Until 3:01PM

Saptami Until 2:10AM Tue

Ganesha: Purple Sunrise: 5:59AM

Muruqa: Purple Sunset: 5:50PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 10:51PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 10.48 Tithi 23

Gulika 11:54AM - 1:23PM

Yama 8:57AM - 10:26AM

632552363 Rahu 2:51PM - 4:20PM

Ardra Until 9:37PM

Variyan Until 1:08PM

Balava Until 1:18PM

Ashtami* Until 12:19AM Wed

Ganesha: Purple Sunrise: 6:00AM

Muruqa: Purple Sunset: 5:48PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 9:37PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 24.49 Tithi 24

Gulika 10:26AM - 11:54AM

Yama 7:29AM - 8:57AM

642552363 Rahu 11:54AM - 1:22PM

Punarvasu Until 8:24PM

Parigha* Until 10:24AM

Taitila Until 11:19AM

Navami* Until 10:12PM

Ganesha: Clear Sunrise: 6:01AM

Muruqa: Purple Sunset: 5:47PM

Nataraja: Purple

Moon - Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Tehran, Iran Sutra 172 Vilamba 5120
Kataka Rasi: 9.01	Tithi 25	Gulika	8:58AM – 10:26AM	Pushya Until 6:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM		
		Yama	6:02AM – 7:30AM	Shiva Until 7:28AM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 24	
		642552363 Rahu	1:21PM – 2:49PM	Vanija Until 9:05AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 7:51PM	Moon – Blue		Bhuloka Day	
Until 6:49PM					Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga								

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Tehran, Iran Sutra 173 Vilamba 5120
Kataka Rasi: 23.21	Tithi 26 – 27	Gulika	7:30AM – 8:58AM	Ashlesha* Until 4:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM		
		Yama	2:49PM – 4:16PM	Sadhya Until 1:06AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24	
		642552363 Rahu	10:26AM – 11:53AM	Bava Until 6:38AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 5:19PM	Moon – Blue		Bhuloka Day	
					Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Tehran, Iran Sutra 174 Vilamba 5120
Simha Rasi: 7.47	Tithi 27 – 28	Gulika	6:03AM – 7:31AM	Magha* Until 3:10PM	Ganesha: White	<i>Sunrise:</i> 6:03AM		
		Yama	1:20PM – 2:48PM	Subha Until 9:48PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24	
		652552363 Rahu	8:58AM – 10:26AM	Gara Until 1:23AM Sun	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 2:41PM	Moon – Red		Bhuloka Day	
Until 3:10PM					Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga								

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Tehran, Iran Sutra 175 Vilamba 5120
Simha Rasi: 22.16	Tithi 28 – 29	Gulika	2:47PM – 4:14PM	Purvaphalguni Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 6:04AM		
		Yama	11:53AM – 1:20PM	Sukla Until 6:31PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 24	
		652552363 Rahu	4:14PM – 5:41PM	Visti Until 10:47PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 12:03PM	Moon – Red		Bhuloka Day	
Until 1:17PM					Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga								

●		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Tehran, Iran Sutra 176 Vilamba 5120
Retreat Star		Gulika	1:19PM – 2:46PM	Uttaraphalguni Until 11:23AM	Ganesha: White	<i>Sunrise:</i> 6:05AM		
Kanya Rasi: 6.41	Tithi 29 – 30	Yama	10:25AM – 11:52AM	Brahma Until 3:22PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24	
Family Home Evening		652552364 Rahu	7:32AM – 8:59AM	Catuspada Until 8:22PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 9:32AM	Moon – Red		Bhuloka Day	
					Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM	
		Mahalaya Amavasai (Tamil Nadu)						

Retreat Star		Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Tehran, Iran Sutra 177 Vilamba 5120
Kanya Rasi: 20.56	Tithi 30 – 1	Gulika	11:52AM – 1:19PM	Hasta Until 10:02AM	Ganesha: Red	<i>Sunrise:</i> 6:06AM		
		Yama	8:59AM – 10:25AM	Indra Until 12:29PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24	
		662652364 Rahu	2:45PM – 4:12PM	Kintughna Until 6:18PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 7:16AM	Moon – Green		Devaloka Day	
					Ashvina•Puratasi			
		Navaratri Begins						

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Tehran, Iran Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 4.56	Tithi 2	Gulika 10:25AM – 11:52AM	Chitra Until 8:58AM	Ganesha: Red	<i>Sunrise:</i> 6:07AM	
			Yama 7:33AM – 8:59AM	Vaidhriti* Until 9:55AM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	662652364 Rahu 11:52AM – 1:18PM	Balava Until 4:42PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 4:06AM Thu	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Tehran, Iran Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 18.37	Tithi 3	Gulika 8:59AM – 10:25AM	Svati Until 8:19AM	Ganesha: Red	<i>Sunrise:</i> 6:07AM	
			Yama 6:07AM – 7:33AM	Vishkambha* Until 7:49AM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
	Creative Work	Amrita Yoga	662652364 Rahu 1:18PM – 2:44PM	Taitila Until 3:42PM	Nataraja: Clear		3rd Phase
			Tritiya Until 3:27AM Fri	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Tehran, Iran Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 1.53	Tithi 4	Gulika 7:34AM – 9:00AM	Vishakha Until 8:38AM	Ganesha: White	<i>Sunrise:</i> 6:08AM	
			Yama 2:43PM – 4:09PM	Priti Until 6:17AM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	673652364 Rahu 10:26AM – 11:51AM	Vanija Until 3:26PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 3:34AM Sat	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 14.47	Tithi 5	Gulika 6:09AM – 7:35AM	Anuradha Until 9:33AM	Ganesha: White	<i>Sunrise:</i> 6:09AM	
			Yama 1:17PM – 2:42PM	Saubhagya Until 4:58AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	673652364 Rahu 9:00AM – 10:26AM	Bava Until 3:57PM	Nataraja: Clear		3rd Phase
			Panchami Until 4:28AM Sun	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 27.19	Tithi 6	Gulika 2:41PM – 4:07PM	Jyeshtha* Until 11:03AM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
			Yama 11:51AM – 1:16PM	Sobhana Until 5:11AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
	Routine Work	Marana Yoga	673652364 Rahu 4:07PM – 5:32PM	Kaulava Until 5:13PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 6:06AM Mon	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 9.31	Tithi 6 – 7	Gulika 1:16PM – 2:41PM	Mula* Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	
	Family Home Evening		Yama 10:26AM – 11:51AM	Athiganda* Until 5:49AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	683652364 Rahu 7:36AM – 9:01AM	Gara Until 7:10PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 6:06AM	Moon – Light Blue		Devaloka Day	
				Ashvina+Puratasi			

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashamyam Titau				Tehran, Iran Sun 20 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 11:50AM – 1:15PM	Purvashadha* Until 4:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	
	Dhanus Rasi: 21.31	Tithi 7 – 8	Yama 9:01AM – 10:26AM	Sukarma Until 6:45AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	683652364 Rahu 2:40PM – 4:04PM	Visti Until 9:35PM	Nataraja: Clear		Ashtami
			Saptami Until 8:19AM	Moon – Light Blue		Devaloka Day	
				Ashvina+Puratasi			

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran Sun 21 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 10:26AM – 11:50AM	Uttarashadha Until 7:19PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	
	Makara Rasi: 3.22	Tithi 8 – 9	Yama 7:37AM – 9:01AM	Sukarma Until 6:45AM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 25
	Creative Work	Amrita Yoga	683652364 Rahu 11:50AM – 1:15PM	Balava Until 12:14AM Thu	Nataraja: Clear		Navami
			Ashtami* Until 10:53AM	Moon – Light Blue		Devaloka Day	
				Ashvina+Purasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Tehran, Iran Sun 22 Sutra 186 Vilamba 5120		
Makara Rasi: 15.09	Tithi 9 – 10	Gulika 9:02AM – 10:26AM	Shravana Until 10:35PM	Ganesha: Purple	<i>Sunrise:</i> 6:13AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 6:13AM – 7:37AM	Dhriti Until 7:47AM	Nataraja: Clear		Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		693652364 Rahu 1:14PM – 2:38PM	Taitila Until 2:50AM Fri					
		Vijaya Dasami	Navami* Until 1:32PM	Ashvina-Aipasi				

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Tehran, Iran Sun 23 Sutra 187 Vilamba 5120		
Makara Rasi: 26.59	Tithi 10 – 11	Gulika 7:38AM – 9:02AM	Dhanishtha Until 1:25AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:14AM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 2:38PM – 4:01PM	Shula* Until 8:42AM	Nataraja: Clear		Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		693652364 Rahu 10:26AM – 11:50AM	Vanija Until 5:07AM Sat					
			Dashami Until 4:00PM	Ashvina-Aipasi				

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Ekadashyam Titau		Tehran, Iran Sun 24 Sutra 188 Vilamba 5120		
Kumbha Rasi: 8.57	Tithi 11	Gulika 6:15AM – 7:39AM	Shatabhishak Until 3:39AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:15AM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 26 4th Phase
Creative Work	Amrita Yoga	Yama 1:13PM – 2:37PM	Ganda* Until 9:22AM	Nataraja: Clear		Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		693652364 Rahu 9:02AM – 10:26AM	Visti Until 6:04PM					
			Ekadashi Until 6:04PM	Ashvina-Aipasi				

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Tehran, Iran Sun 25 Sutra 189 Vilamba 5120		
Kumbha Rasi: 21.07	Tithi 12	Gulika 2:36PM – 4:00PM	Purvaproshtapada* Until 5:37AM Mon	Ganesha: White	<i>Sunrise:</i> 6:16AM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 11:49AM – 1:13PM	Vridhhi Until 9:39AM	Nataraja: Clear		Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		613652364 Rahu 4:00PM – 5:23PM	Bava Until 6:55AM					
			Dvadashi Until 7:34PM	Ashvina-Aipasi				

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Tehran, Iran Sun 26 Sutra 190 Vilamba 5120		
Meena Rasi: 3.31	Tithi 13	Gulika 1:12PM – 2:35PM	Uttaraproshtapada Until 6:49AM Tue	Ganesha: White	<i>Sunrise:</i> 6:17AM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:26AM – 11:49AM	Dhruva Until 9:26AM	Nataraja: Clear		Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga	613652364 Rahu 7:40AM – 9:03AM	Kaulava Until 8:06AM					
			Trayodashi Until 8:26PM	Ashvina-Aipasi				

Pradosha Vrata

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Tehran, Iran Sun 27 Sutra 191 Vilamba 5120		
Meena Rasi: 16.13	Tithi 14	Gulika 11:49AM – 1:12PM	Uttaraproshtapada Until 6:49AM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 4th Phase
Creative Work	Amrita Yoga	Yama 9:03AM – 10:26AM	Vyaghata* Until 8:44AM	Nataraja: Clear		Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		613652364 Rahu 2:35PM – 3:58PM	Gara Until 8:38AM					
			Chaturdashi* Until 8:39PM	Ashvina-Aipasi				

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau		Tehran, Iran Sutra 192 Vilamba 5120		
Copper Retreat Star		Gulika 10:26AM – 11:49AM	Revati Until 7:14AM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 29.13	Tithi 15	Yama 7:41AM – 9:04AM	Harshana Until 7:33AM	Nataraja: Clear		Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work	Marana Yoga	613652364 Rahu 11:49AM – 1:12PM	Visti Until 8:34AM					
			Purnima* Until 8:17PM	Ashvina-Aipasi				

Thursday, October 25, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Tehran, Iran Sutra 193 Vilamba 5120		
Mesha Rasi: 12.31	Tithi 16	Gulika 9:04AM – 10:27AM	Ashvini Until 7:26AM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 26 Prathama
Creative Work	Amrita Yoga	Yama 6:20AM – 7:42AM	Siddhi Until 3:57AM Fri	Nataraja: Clear		Moon – White		Devaloka Day
		623652364 Rahu 1:11PM – 2:34PM	Balava Until 7:56AM					
			Prathama* Until 7:26PM	Ashvina-Aipasi				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Mesha Rasi: 26.04 Tithi 17

Creative Work Siddha Yoga

624652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:42AM – 9:05AM
Yama 2:33PM – 3:55PM
Rahu 10:27AM – 11:49AM

Bharani Until 7:02AM
Vyatipata* Until 1:41AM Sat
Taitila Until 6:51AM
Dvitiya Until 6:10PM

Ganesha: White *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:17PM

Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sivaloka Day

Tehran, Iran
Sun 1
Sutra 194
Vilamba 5120
Moon 10 - Phase 27
1st Phase

1

Saturday, October 27, 2018

Vrishabha Rasi: 9.49 Tithi 18 – 19

Creative Work Amrita Yoga

624652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 6:21AM – 7:43AM
Yama 1:10PM – 2:32PM
Rahu 9:05AM – 10:27AM

Krittika Until 6:10AM
Variyan Until 11:12PM
Bava Until 3:47AM Sun
Tritiya Until 4:37PM

Ganesha: White *Sunrise:* 6:21AM
Muruqa: Purple *Sunset:* 5:17PM

Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sivaloka Day

Tehran, Iran
Sun 2
Sutra 195
Vilamba 5120
Moon 10 - Phase 27
1st Phase

2

Sunday, October 28, 2018

Vrishabha Rasi: 23.42 Tithi 19 – 20

Creative Work Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 2:32PM – 3:53PM
Yama 11:49AM – 1:10PM
Rahu 3:53PM – 5:15PM

Mrigashira Until 4:14AM Mon
Parigha* Until 8:36PM
Kaulava Until 1:59AM Mon
Chaturthi* Until 2:53PM

Ganesha: Clear *Sunrise:* 6:22AM
Muruqa: Purple *Sunset:* 5:15PM

Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Tehran, Iran
Sun 3
Sutra 196
Vilamba 5120
Moon 10 - Phase 27
1st Phase

3

Monday, October 29, 2018

Mithuna Rasi: 7.41 Tithi 20 – 21

Family Home Evening

Creative Work Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:10PM – 2:31PM
Yama 10:27AM – 11:48AM
Rahu 7:45AM – 9:06AM

Ardra Until 2:53AM Tue
Shiva Until 5:55PM
Gara Until 12:05AM Tue
Panchami Until 1:01PM

Ganesha: Clear *Sunrise:* 6:23AM
Muruqa: Purple *Sunset:* 5:14PM

Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Tehran, Iran
Sun 4
Sutra 197
Vilamba 5120
Moon 10 - Phase 27
1st Phase

4

Tuesday, October 30, 2018

Mithuna Rasi: 21.44 Tithi 21 – 22

Creative Work Siddha Yoga

644652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 11:48AM – 1:09PM
Yama 9:06AM – 10:27AM
Rahu 2:31PM – 3:52PM

Punarvasu Until 1:47AM Wed
Siddha Until 3:10PM
Visti Until 10:08PM
Shashthi* Until 11:06AM

Ganesha: Purple *Sunrise:* 6:24AM
Muruqa: Purple *Sunset:* 5:13PM

Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sivaloka Day

Tehran, Iran
Sun 5
Sutra 198
Vilamba 5120
Moon 10 - Phase 27
1st Phase

●

Wednesday, October 31, 2018

Retreat Star

Kataka Rasi: 5.47 Tithi 22 – 23

Creative Work Siddha Yoga

644662364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:28AM – 11:48AM
Yama 7:46AM – 9:07AM
Rahu 11:48AM – 1:09PM

Pushya Until 12:31AM Thu
Sadhya Until 12:25PM
Balava Until 8:10PM
Saptami Until 9:08AM

Ganesha: Purple *Sunrise:* 6:25AM
Muruqa: Clear *Sunset:* 5:12PM

Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Subha Sivaloka Day

Tehran, Iran
Sun 6
Sutra 199
Vilamba 5120
Moon 10 - Phase 27
Ashtami

Thursday, November 1, 2018

Retreat Star

Kataka Rasi: 19.52 Tithi 23 – 24

Creative Work Siddha Yoga

Until 11:06PM

Then Creative Work - Amrita Yoga

644662364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:07AM – 10:28AM
Yama 6:26AM – 7:47AM
Rahu 1:09PM – 2:29PM

Ashlesha* Until 11:06PM
Subha Until 9:39AM
Taitila Until 6:11PM
Ashtami* Until 7:09AM

Ganesha: Purple *Sunrise:* 6:26AM
Muruqa: Clear *Sunset:* 5:11PM

Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Subha Sivaloka Day

Tehran, Iran
Sun 7
Sutra 200
Vilamba 5120
Moon 10 - Phase 27
Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Tehran, Iran Sutra 201 Vilamba 5120
Simha Rasi: 3.57	Tithi 25	Gulika 7:47AM – 9:08AM	Magha* Until 9:59PM	Ganesha: Clear	Sunrise: 6:27AM	Muruqa: Clear	Sunset: 5:10PM	Moon 10 - Phase 28
		Yama 2:29PM – 3:49PM	Sukla Until 6:51AM	Nataraja: Clear		Moon – Red		2nd Phase
		654662364 Rahu 10:28AM – 11:48AM	Vanija Until 4:12PM					
Routine Work	Marana Yoga		Dashami Until 3:12AM Sat	Ashvina-Aipasi			Sivaloka Day	
Until 9:59PM								
Then Creative Work - Siddha Yoga								
2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Tehran, Iran Sutra 202 Vilamba 5120
Simha Rasi: 18.01	Tithi 26	Gulika 6:28AM – 7:48AM	Purvaphalguni Until 8:44PM	Ganesha: White	Sunrise: 6:28AM	Muruqa: Clear	Sunset: 5:09PM	Moon 10 - Phase 28
		Yama 1:08PM – 2:29PM	Indra Until 1:21AM Sun	Nataraja: Clear		Moon – Red		2nd Phase
		654762364 Rahu 9:08AM – 10:28AM	Bava Until 2:15PM					
Creative Work	Siddha Yoga		Ekadashi* Until 1:16AM Sun	Ashvina-Aipasi			Devaloka Day	
Until 8:44PM								
Then Routine Work - Marana Yoga								
3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Tehran, Iran Sutra 203 Vilamba 5120
Kanya Rasi: 2.04	Tithi 27	Gulika 2:28PM – 3:48PM	Uttaraphalguni Until 7:27PM	Ganesha: White	Sunrise: 6:29AM	Muruqa: Clear	Sunset: 5:08PM	Moon 10 - Phase 28
		Yama 11:48AM – 1:08PM	Vaidhriti* Until 10:41PM	Nataraja: Clear		Moon – Red		2nd Phase
		654762364 Rahu 3:48PM – 5:08PM	Kaulava Until 12:22PM					
Creative Work	Amrita Yoga		Dvadashi* Until 11:27PM	Ashvina-Aipasi			Devaloka Day	
Until 6:37PM								
Then Routine Work - Prabararishta Yoga								
4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Tehran, Iran Sutra 204 Vilamba 5120
Kanya Rasi: 16.02	Tithi 28	Gulika 1:08PM – 2:28PM	Hasta Until 6:37PM	Ganesha: Green	Sunrise: 6:30AM	Muruqa: Clear	Sunset: 5:07PM	Moon 10 - Phase 28
Family Home Evening		Yama 10:29AM – 11:48AM	Vishkambha* Until 8:10PM	Nataraja: Clear		Moon – Green		2nd Phase
Creative Work	Siddha Yoga	664762364 Rahu 7:49AM – 9:09AM	Gara Until 10:37AM					
Until 6:37PM			Trayodashi* Until 9:49PM	Ashvina-Aipasi			Devaloka Day	
Then Routine Work - Prabararishta Yoga			Pradosha Vrata (Fasting)					
5		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Tehran, Iran Sutra 205 Vilamba 5120
Kanya Rasi: 29.52	Tithi 29	Gulika 11:48AM – 1:08PM	Chitra Until 5:54PM	Ganesha: Green	Sunrise: 6:31AM	Muruqa: Clear	Sunset: 5:06PM	Moon 10 - Phase 28
		Yama 9:10AM – 10:29AM	Priti Until 5:54PM	Nataraja: Clear		Moon – Green		2nd Phase
		664762364 Rahu 2:27PM – 3:47PM	Visti Until 9:07AM					
Creative Work	Siddha Yoga		Chaturdashi* Until 8:28PM	Ashvina-Aipasi			Devaloka Day	
Until 6:37PM								
Then Routine Work - Prabararishta Yoga								
6		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Tehran, Iran Sutra 206 Vilamba 5120
Tula Rasi: 13.3	Tithi 30	Gulika 10:29AM – 11:48AM	Svati Until 5:26PM	Ganesha: White	Sunrise: 6:32AM	Muruqa: Clear	Sunset: 5:05PM	Moon 10 - Phase 28
		Yama 7:51AM – 9:10AM	Ayushman Until 3:55PM	Nataraja: Clear		Moon – Green		Amavasya
		764762364 Rahu 11:48AM – 1:08PM	Catuspada Until 7:58AM					
Creative Work	Siddha Yoga		Amavasya* Until 7:32PM	Ashvina-Aipasi			Devaloka Day	
Until 6:37PM								
Then Routine Work - Prabararishta Yoga								
7		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Tehran, Iran Sutra 207 Vilamba 5120
Tula Rasi: 26.52	Tithi 1	Gulika 9:11AM – 10:30AM	Vishakha Until 5:46PM	Ganesha: Orange	Sunrise: 6:33AM	Muruqa: Clear	Sunset: 5:04PM	Moon 10 - Phase 28
		Yama 6:33AM – 7:52AM	Saubhagya Until 2:20PM	Nataraja: Clear		Moon – Orange		Prathama
		775762364 Rahu 1:07PM – 2:26PM	Kintughna Until 7:16AM					
Creative Work	Siddha Yoga		Prathama* Until 7:07PM	Kartika-Aipasi			Sivaloka Day	
Until 6:37PM								
Then Routine Work - Prabararishta Yoga								
		Skanda Shasthi Begins						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Tehran, Iran Sun 15 Sutra 208 Vilamba 5120
Wrischika Rasi: 9.57	Tithi 2	Gulika 7:52AM – 9:11AM	Anuradha Until 6:32PM	Ganesha: Orange	<i>Sunrise:</i> 6:34AM	
		Yama 2:26PM – 3:45PM	Sobhana Until 1:15PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 29
		775762364 Rahu 10:30AM – 11:49AM	Balava Until 7:09AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:19PM	Moon – Orange		Sivaloka Day
Until 6:32PM				Kartika-Aipasi		
Then Routine Work - Marana Yoga						

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Trtiyayam Titau		Tehran, Iran Sun 16 Sutra 209 Vilamba 5120
Wrischika Rasi: 22.43	Tithi 3	Gulika 6:35AM – 7:53AM	Jyeshtha* Until 7:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:35AM	
		Yama 1:07PM – 2:26PM	Athiganda* Until 12:38PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 29
		775762364 Rahu 9:12AM – 10:30AM	Taitila Until 7:42AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:12PM	Moon – Orange		Sivaloka Day
				Kartika-Aipasi		

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Tehran, Iran Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 5.1	Tithi 4	Gulika 2:25PM – 3:44PM	Mula* Until 10:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	
		Yama 11:49AM – 1:07PM	Sukarma Until 12:33PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 29
		785762364 Rahu 3:44PM – 5:02PM	Vanija Until 8:55AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 9:45PM	Moon – Light Blue		Sivaloka Day
Until 10:01PM				Kartika-Aipasi		
Then Creative Work - Siddha Yoga						

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Tehran, Iran Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 17.2	Tithi 5	Gulika 1:07PM – 2:25PM	Purvashadha* Until 12:38AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
Family Home Evening		Yama 10:31AM – 11:49AM	Dhriti Until 12:58PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 Rahu 7:55AM – 9:13AM	Bava Until 10:47AM	Nataraja: Clear		3rd Phase
Until 12:38AM Tue			Panchami Until 11:53PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Kartika-Aipasi		

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Tehran, Iran Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 29.19	Tithi 6	Gulika 11:49AM – 1:07PM	Uttarashadha Until 3:28AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	
		Yama 9:13AM – 10:31AM	Shula* Until 1:42PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
		785762364 Rahu 2:25PM – 3:42PM	Kaulava Until 1:08PM	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 2:25AM Wed	Moon – Light Blue		Sivaloka Day
Until 3:28AM Wed		Skanda Shasthi		Kartika-Aipasi		
Then Creative Work - Siddha Yoga						

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Tehran, Iran Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 11.09	Tithi 7	Gulika 10:32AM – 11:49AM	Shravana Until 6:46AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	
		Yama 7:56AM – 9:14AM	Ganda* Until 2:40PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
		795762364 Rahu 11:49AM – 1:07PM	Gara Until 3:48PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:08AM Thu	Moon – Purple		Subha Sivaloka Day
				Kartika-Aipasi		

Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti* Karana Ashtamyam Titau		Tehran, Iran Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 22.56	Tithi 8	Gulika 9:14AM – 10:32AM	Shravana Until 6:46AM	Ganesha: Purple	<i>Sunrise:</i> 6:40AM	
		Yama 6:40AM – 7:57AM	Vridhhi Until 3:40PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29
		795762364 Rahu 1:07PM – 2:24PM	Visti Until 6:29PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:43AM Fri	Moon – Purple		Subha Sivaloka Day
				Kartika-Aipasi		

Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Tehran, Iran Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 4.46	Tithi 8 – 9	Gulika 7:58AM – 9:15AM	Dhanishtha Until 9:48AM	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	
		Yama 2:24PM – 3:41PM	Dhruva Until 4:29PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29
		795762364 Rahu 10:32AM – 11:49AM	Balava Until 8:55PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 7:43AM	Moon – Purple		Subha Sivaloka Day
				Kartika-Kartikai		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Tehran, Iran
Kumbha Rasi: 16.44	Tithi 9 – 10	Gulika 6:42AM – 7:59AM	Shatabhishak Until 12:17PM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	Sun 23 Sutra 216
		Yama 1:07PM – 2:24PM	Vyaghata* Until 4:59PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Vilamba 5120
		796762365 Rahu 9:16AM – 10:33AM	Taitila Until 10:53PM	Nataraja: White		Moon 10 - Phase 30
Creative Work	Amrita Yoga		Navami* Until 9:57AM	Moon – Purple		4th Phase
Until 12:17PM				Karttika-Karttikai		Devaloka Day
Then Routine Work - Marana Yoga						

2		Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Tehran, Iran
Kumbha Rasi: 28.55	Tithi 10 – 11	Gulika 2:24PM – 3:40PM	Purvaproshtapada* Until 2:32PM	Ganesha: Red	<i>Sunrise:</i> 6:43AM	Sun 24 Sutra 217
		Yama 11:50AM – 1:07PM	Harshana Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Vilamba 5120
		716762365 Rahu 3:40PM – 4:57PM	Vanija Until 12:11AM Mon	Nataraja: White		Moon 10 - Phase 30
Creative Work	Siddha Yoga		Dashami Until 11:36AM	Moon – Clear		4th Phase
Until 2:32PM				Karttika-Karttikai		Devaloka Day
Then Creative Work - Amrita Yoga						

3		Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Tehran, Iran
Meena Rasi: 11.24	Tithi 11 – 12	Gulika 1:07PM – 2:23PM	Uttaraproshtapada Until 3:55PM	Ganesha: Red	<i>Sunrise:</i> 6:44AM	Sun 25 Sutra 218
Family Home Evening		Yama 10:33AM – 11:50AM	Vajra* Until 4:30PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Vilamba 5120
		716762365 Rahu 8:00AM – 9:17AM	Bava Until 12:45AM Tue	Nataraja: White		Moon 10 - Phase 30
Creative Work	Siddha Yoga		Ekadashi Until 12:32PM	Moon – Clear		4th Phase
				Karttika-Karttikai		Devaloka Day

4		Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Tehran, Iran
Meena Rasi: 24.13	Tithi 12 – 13	Gulika 11:50AM – 1:07PM	Revati Until 4:26PM	Ganesha: Red	<i>Sunrise:</i> 6:45AM	Sun 26 Sutra 219
		Yama 9:17AM – 10:34AM	Siddhi Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Vilamba 5120
		716762365 Rahu 2:23PM – 3:40PM	Kaulava Until 12:33AM Wed	Nataraja: White		Moon 10 - Phase 30
Creative Work	Siddha Yoga		Dvadashi Until 12:43PM	Moon – Clear		4th Phase
				Karttika-Karttikai		Devaloka Day
				<i>Pradosha Vrata</i>		

5		Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Tehran, Iran
Mesha Rasi: 7.25	Tithi 13 – 14	Gulika 10:34AM – 11:51AM	Ashvini Until 4:33PM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	Sun 27 Sutra 220
		Yama 8:02AM – 9:18AM	Vyailpata* Until 1:43PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Vilamba 5120
		726762365 Rahu 11:51AM – 1:07PM	Gara Until 11:40PM	Nataraja: White		Moon 10 - Phase 30
Routine Work	Marana Yoga		Trayodashi Until 12:10PM	Moon – White		4th Phase
Until 4:33PM				Karttika-Karttikai		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 12:PM to 3:PM

		Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Tehran, Iran
Copper Retreat Star		Gulika 9:19AM – 10:35AM	Bharani Until 3:53PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Sun 28 Sutra 221
Mesha Rasi: 20.58	Tithi 14 – 15	Yama 6:47AM – 8:03AM	Varyan Until 11:31AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Vilamba 5120
		726762365 Rahu 1:07PM – 2:23PM	Visti Until 10:10PM	Nataraja: White		Moon 10 - Phase 30
Creative Work	Siddha Yoga		Chaturdashi* Until 10:58AM	Moon – White		Purnima
Until 3:53PM				Karttika-Karttikai		Bhuloka Day
Then Routine Work - Marana Yoga						Devaloka Time: 12:PM to 3:PM

Friday, November 23, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Tehran, Iran
Silver Retreat Star		Gulika 8:03AM – 9:19AM	Krittika Until 2:35PM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	Sun 29 Sutra 222
Vrishabha Rasi: 4.52	Tithi 15 – 16	Yama 2:23PM – 3:39PM	Parigha* Until 8:55AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Vilamba 5120
		726762365 Rahu 10:35AM – 11:51AM	Balava Until 8:12PM	Nataraja: White		Moon 10 - Phase 30
Creative Work	Siddha Yoga		Purnima* Until 9:13AM	Moon – White		Prathama
Until 2:35PM		Krittika Deepam		Karttika-Karttikai		Bhuloka Day
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins				Devaloka Time: 12:PM to 3:PM

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 223

Vilamba 5120

Vrishabha Rasi: 19.02 Tithi 16 - 17

737762365

Gulika 6:48AM - 8:04AM
Yama 1:07PM - 2:23PM
Rahu 9:20AM - 10:36AM

Rohini Until 1:12PM
Siddha Until 6:00AM
Gara Until 4:40AM Sun
Prathama* Until 7:04AM

Ganesha: Red *Sunrise: 6:48AM*
Muruga: Clear *Sunset: 4:54PM*

Moon 11 - Phase 31

Nataraja: White
Moon - Yellow

Devaloka Day

Creative Work Amrita Yoga

Until 1:12PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visli* Karana Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 3.23 Tithi 18

737762365

Gulika 2:23PM - 3:38PM
Yama 11:52AM - 1:07PM
Rahu 3:38PM - 4:54PM

Mrigashira Until 11:26AM
Sadhya Until 11:32PM
Vanija Until 3:25PM
Tritiya Until 2:07AM Mon

Ganesha: Red *Sunrise: 6:49AM*
Muruga: Clear *Sunset: 4:54PM*

Moon 11 - Phase 31

Nataraja: White
Moon - Yellow

Devaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 17.49 Tithi 19

737762365

Gulika 1:07PM - 2:23PM
Yama 10:37AM - 11:52AM
Rahu 8:06AM - 9:21AM

Ardra Until 9:27AM
Subha Until 8:15PM
Bava Until 12:51PM
Chaturthi* Until 11:34PM

Ganesha: Red *Sunrise: 6:50AM*
Muruga: Clear *Sunset: 4:54PM*

Moon 11 - Phase 31

Nataraja: White
Moon - Yellow

Devaloka Day

Creative Work Siddha Yoga

Until 9:27AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 2.16 Tithi 20

747762365

Gulika 11:52AM - 1:08PM
Yama 9:22AM - 10:37AM
Rahu 2:23PM - 3:38PM

Punarvasu Until 7:46AM
Sukla Until 5:00PM
Kaulava Until 10:20AM
Panchami Until 9:06PM

Ganesha: Green *Sunrise: 6:51AM*
Muruga: Clear *Sunset: 4:53PM*

Moon 11 - Phase 31

Nataraja: White
Moon - Blue

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 16.37 Tithi 21

747862365

Gulika 10:38AM - 11:53AM
Yama 8:07AM - 9:22AM
Rahu 11:53AM - 1:08PM

Pushya Until 6:04AM
Brahma Until 1:53PM
Gara Until 7:56AM
Shashthi* Until 6:47PM

Ganesha: White *Sunrise: 6:52AM*
Muruga: Clear *Sunset: 4:53PM*

Moon 11 - Phase 31

Nataraja: White
Moon - Blue

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 0.5 Tithi 22 - 23

757863365

Gulika 9:23AM - 10:38AM
Yama 6:53AM - 8:08AM
Rahu 1:08PM - 2:23PM

Magha* Until 3:16AM Fri
Indra Until 10:57AM
Balava Until 3:47AM Fri
Saptami Until 4:42PM

Ganesha: Clear *Sunrise: 6:53AM*
Muruga: Purple *Sunset: 4:53PM*

Moon 11 - Phase 31

Nataraja: White
Moon - Red

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 3:16AM Fri

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 14.55 Tithi 23 - 24

757863365

Gulika 8:09AM - 9:24AM
Yama 2:23PM - 3:38PM
Rahu 10:39AM - 11:53AM

Purvaphalguni Until 2:15AM Sat
Vaidhriti* Until 8:11AM
Taitila Until 2:05AM Sat
Ashtami* Until 2:52PM

Ganesha: Clear *Sunrise: 6:54AM*
Muruga: Purple *Sunset: 4:53PM*

Moon 11 - Phase 31

Nataraja: White
Moon - Red

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 2:15AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran

Sun 7 Sutra 230

Vilamba 5120

Simha Rasi: 28.49 Tithi 24 - 25

758863365

Gulika 6:55AM - 8:10AM
Yama 1:08PM - 2:23PM
Rahu 9:24AM - 10:39AM

Uttaraphalguni Until 1:20AM Sun
Priti Until 3:20AM Sun
Vanija Until 12:39AM Sun
Navami* Until 1:19PM

Ganesha: Orange *Sunrise: 6:55AM*
Muruga: Purple *Sunset: 4:53PM*

Moon 11 - Phase 31

Nataraja: White
Moon - Red

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 1:20AM Sun

Then Creative Work - Amrita Yoga

1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Tehran, Iran Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 12.34	Tithi 25 – 26	Gulika 2:23PM – 3:38PM	Hasta Until 1:00AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:56AM	
		Yama 11:54AM – 1:09PM	Ayushman Until 1:13AM Mon	Muruqa: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
	768863365	Rahu 3:38PM – 4:52PM	Bava Until 11:31PM	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 12:01PM	Moon – Green	Bhuloka Day
Until 1:00AM Mon				Karttika-Karttikai	
Then Routine Work - Prabalarishta Yoga					

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Tehran, Iran Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 26.08	Tithi 26 – 27	Gulika 1:09PM – 2:23PM	Chitra Until 12:50AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:57AM	
Family Home Evening		Yama 10:40AM – 11:55AM	Saubhagya Until 11:22PM	Muruqa: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	Rahu 8:11AM – 9:26AM	Kaulava Until 10:41PM	Nataraja: White	2nd Phase
Until 12:50AM Tue			Ekadashi* Until 11:02AM	Moon – Green	Bhuloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai	

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau			Tehran, Iran Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 9.31	Tithi 27 – 28	Gulika 11:55AM – 1:09PM	Svati Until 12:51AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:58AM	
		Yama 9:26AM – 10:41AM	Sobhana Until 9:47PM	Muruqa: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
	768863365	Rahu 2:24PM – 3:38PM	Gara Until 10:11PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:22AM	Moon – Green	Bhuloka Day
				Karttika-Karttikai	
				<i>Pradosha Vrata (Fasting)</i>	

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visiti* Karana Trayodashi/Chaturdashyam Titau			Tehran, Iran Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 22.43	Tithi 28 – 29	Gulika 10:41AM – 11:55AM	Vishakha Until 1:33AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:59AM	
		Yama 8:13AM – 9:27AM	Athiganda* Until 8:30PM	Muruqa: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
	778863365	Rahu 11:55AM – 1:10PM	Visti Until 10:06PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:04AM	Moon – Orange	Bhuloka Day
				Karttika-Karttikai	

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Tehran, Iran Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika 9:28AM – 10:42AM	Anuradha Until 2:34AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:59AM	
Vrischika Rasi: 5.43	Tithi 29 – 30	Yama 6:59AM – 8:13AM	Sukarma Until 7:34PM	Muruqa: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
	778863365	Rahu 1:10PM – 2:24PM	Catuspada Until 10:29PM	Nataraja: White	Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 10:12AM	Moon – Orange	Bhuloka Day
Until 2:34AM Fri				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Tehran, Iran Sun 13 Sutra 236 Vilamba 5120
Retreat Star		Gulika 8:14AM – 9:28AM	Jyeshtha* Until 3:55AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 7:00AM	
Vrischika Rasi: 18.28	Tithi 30 – 1	Yama 2:24PM – 3:38PM	Dhriti Until 7:03PM	Muruqa: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32
	779863365	Rahu 10:42AM – 11:56AM	Kintughna Until 11:22PM	Nataraja: White	Prathama
Routine Work	Marana Yoga		Amavasya* Until 10:50AM	Moon – Orange	Bhuloka Day
Until 3:55AM Sat				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
	Dhanus Rasi: 0.59	Tithi 1 – 2	Gulika 7:01AM – 8:15AM	Mula* Until 6:06AM Sun	Ganesha: Purple	<i>Sunrise:</i> 7:01AM	Sun 14 Sutra 237
			Yama 1:11PM – 2:24PM	Shula* Until 6:54PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Vilamba 5120
	79863365	Rahu 9:29AM – 10:43AM		Balava Until 12:48AM Sun	Nataraja: White		Moon 11 - Phase 33
Creative Work	Siddha Yoga		Prathama* Until 11:59AM	Moon – Light Blue		3rd Phase	
				Margasira-Karttikai		Bhuloka Day	

2	Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran
	Dhanus Rasi: 13.16	Tithi 2 – 3	Gulika 2:25PM – 3:38PM	Mula* Until 6:06AM	Ganesha: Purple	<i>Sunrise:</i> 7:02AM	Sun 15 Sutra 238
			Yama 11:57AM – 1:11PM	Ganda* Until 7:11PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Vilamba 5120
	79863365	Rahu 3:38PM – 4:52PM		Taitila Until 2:45AM Mon	Nataraja: White		Moon 11 - Phase 33
Creative Work	Amrita Yoga		Dvitiya Until 1:41PM	Moon – Light Blue		3rd Phase	
Until 6:06AM				Margasira-Karttikai		Bhuloka Day	
Then Creative Work - Siddha Yoga							

3	Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Tehran, Iran
	Dhanus Rasi: 25.21	Tithi 3 – 4	Gulika 1:11PM – 2:25PM	Purvashadha* Until 8:37AM	Ganesha: Purple	<i>Sunrise:</i> 7:03AM	Sun 16 Sutra 239
			Yama 10:44AM – 11:58AM	Vriddhi Until 7:48PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Vilamba 5120
	79863365	Rahu 8:16AM – 9:30AM		Vanija Until 5:08AM Tue	Nataraja: White		Moon 11 - Phase 33
Family Home Evening	Marana Yoga		Tritiya Until 3:52PM	Moon – Light Blue		3rd Phase	
Routine Work				Margasira-Karttikai		Bhuloka Day	

4	Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti* Karana Chaturthyam Titau				Tehran, Iran
	Makara Rasi: 7.16	Tithi 4	Gulika 11:58AM – 1:12PM	Uttarashadha Until 11:21AM	Ganesha: Purple	<i>Sunrise:</i> 7:03AM	Sun 17 Sutra 240
			Yama 9:31AM – 10:44AM	Dhruva Until 8:40PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Vilamba 5120
	79863365	Rahu 2:25PM – 3:39PM		Visti Until 6:25PM	Nataraja: White		Moon 11 - Phase 33
Routine Work	Prabalarishta Yoga		Chaturthi* Until 6:25PM	Moon – Light Blue		3rd Phase	
Until 11:21AM				Margasira-Karttikai		Bhuloka Day	
Then Creative Work - Siddha Yoga							

5	Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran
	Makara Rasi: 19.05	Tithi 5	Gulika 10:45AM – 11:58AM	Shravana Until 2:38PM	Ganesha: Clear	<i>Sunrise:</i> 7:04AM	Sun 18 Sutra 241
			Yama 8:18AM – 9:31AM	Vyaghata* Until 9:40PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Vilamba 5120
	79863365	Rahu 11:58AM – 1:12PM		Bava Until 7:48AM	Nataraja: White		Moon 11 - Phase 33
Creative Work	Siddha Yoga		Panchami Until 9:10PM	Moon – Purple		3rd Phase	
Until 2:38PM				Margasira-Karttikai		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga						Devaloka Time: 6:AM to 9:AM	

6	Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran
	Kumbha Rasi: 0.52	Tithi 6	Gulika 9:32AM – 10:45AM	Dhanishtha Until 5:47PM	Ganesha: Clear	<i>Sunrise:</i> 7:05AM	Sun 19 Sutra 242
			Yama 7:05AM – 8:18AM	Harshana Until 10:39PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Vilamba 5120
	79863365	Rahu 1:12PM – 2:26PM		Kaulava Until 10:33AM	Nataraja: White		Moon 11 - Phase 33
Creative Work	Siddha Yoga		Shashthi* Until 11:52PM	Moon – Purple		3rd Phase	
				Margasira-Karttikai		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	

Vinayaga Viratam Ends

7	Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Retreat Star		Gulika 8:19AM – 9:32AM	Shatabhishak Until 8:34PM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Sun 20 Sutra 243
	Kumbha Rasi: 12.41	Tithi 7	Yama 2:26PM – 3:40PM	Vajra* Until 11:25PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Vilamba 5120
	79863365	Rahu 10:46AM – 11:59AM		Gara Until 1:10PM	Nataraja: White		Moon 11 - Phase 33
Creative Work	Siddha Yoga		Saptami Until 2:19AM Sat	Moon – Purple		3rd Phase	
				Margasira-Karttikai		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	

8	Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 7:06AM – 8:20AM	Purvaproshtapada* Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Sun 21 Sutra 244
	Kumbha Rasi: 24.37	Tithi 8	Yama 1:13PM – 2:27PM	Siddhi Until 11:51PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Vilamba 5120
	711863365	Rahu 9:33AM – 10:46AM		Visti Until 3:23PM	Nataraja: White		Moon 11 - Phase 33
Routine Work	Marana Yoga		Ashtami* Until 4:15AM Sun	Moon – Clear		Ashtami	
Until 11:15PM				Margasira-Karttikai		Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 6:AM to 9:AM	

9	Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 2:27PM – 3:40PM	Uttaraproshtapada Until 1:08AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:07AM	Sun 22 Sutra 245
	Meena Rasi: 6.46	Tithi 9	Yama 12:00PM – 1:14PM	Vyatipata* Until 11:48PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Vilamba 5120
	711863365	Rahu 3:40PM – 4:54PM		Balava Until 5:00PM	Nataraja: White		Moon 11 - Phase 33
Creative Work	Amrita Yoga		Navami* Until 5:31AM Mon	Moon – Clear		Navami	
Until 1:08AM Mon		Markali Pillaiyar		Margasira-Markali		Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 6:AM to 9:AM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Tehran, Iran Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 19.12	Tithi 10	Gulika 1:14PM – 2:28PM	Revati Until 2:08AM Tue	Ganesha: Purple	Sunrise: 7:08AM	Moon 11 - Phase 34
	Family Home Evening	811863365	Yama 10:48AM – 12:01PM	Variyan Until 11:08PM	Muruga: Purple	Sunset: 4:54PM	4th Phase
	Creative Work	Siddha Yoga	Rahu 8:21AM – 9:34AM	Taitila Until 5:52PM	Nataraja: White	Moon – Clear	Bhuloka Day
			Dashami Until 5:59AM Tue	Margasira-Markali			

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 1.59	Tithi 11	Gulika 12:01PM – 1:15PM	Ashvini Until 2:39AM Wed	Ganesha: Clear	Sunrise: 7:08AM	Moon 11 - Phase 34
	811863365	821863365	Yama 9:35AM – 10:48AM	Parigha* Until 9:51PM	Muruga: Purple	Sunset: 4:55PM	4th Phase
	Creative Work	Siddha Yoga	Rahu 2:28PM – 3:41PM	Visti Until 5:56PM	Nataraja: White	Moon – White	Bhuloka Day
			Vaikuntha Ekadasi	Ekadashi Until 5:38AM Wed	Margasira-Markali		Devaloka Time: 6:AM to 9:AM

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau				Tehran, Iran Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 15.11	Tithi 12	Gulika 10:49AM – 12:02PM	Bharani Until 2:13AM Thu	Ganesha: Clear	Sunrise: 7:09AM	Moon 11 - Phase 34
	811863365	821863365	Yama 8:22AM – 9:35AM	Shiva Until 7:56PM	Muruga: Purple	Sunset: 4:55PM	4th Phase
	Creative Work	Siddha Yoga	Rahu 12:02PM – 1:15PM	Bava Until 5:10PM	Nataraja: White	Moon – White	Bhuloka Day
			Dvodashi Until 4:29AM Thu	Margasira-Markali		Devaloka Time: 6:AM to 9:AM	

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 28.5	Tithi 13	Gulika 9:36AM – 10:49AM	Krittika Until 12:58AM Fri	Ganesha: Clear	Sunrise: 7:09AM	Moon 11 - Phase 34
	811863365	821863365	Yama 7:09AM – 8:23AM	Siddha Until 5:26PM	Muruga: Purple	Sunset: 4:55PM	4th Phase
	Routine Work	Marana Yoga	Rahu 1:16PM – 2:29PM	Kaulava Until 3:39PM	Nataraja: White	Moon – White	Bhuloka Day
			Trayodashi Until 2:38AM Fri	Margasira-Markali		Devaloka Time: 6:AM to 9:AM	
<i>Pradosha Vrata</i>							

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 12.53	Tithi 14	Gulika 8:23AM – 9:36AM	Rohini Until 11:24PM	Ganesha: White	Sunrise: 7:10AM	Moon 11 - Phase 34
	811863365	821863365	Yama 2:29PM – 3:43PM	Sadhya Until 2:26PM	Muruga: Purple	Sunset: 4:56PM	4th Phase
	Routine Work	Marana Yoga	Rahu 10:50AM – 12:03PM	Gara Until 1:30PM	Nataraja: White	Moon – Yellow	Bhuloka Day
			Day 1 of Pancha Ganapati	Chaturdashi* Until 12:13AM Sat	Margasira-Markali		

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sun 28 Sutra 251 Vilamba 5120		
	Copper Retreat Star		Vrisabha Rasi: 27.19	Tithi 15	Gulika 7:10AM – 8:24AM	Mrigashira Until 9:17PM	Ganesha: Yellow	Sunrise: 7:10AM	Moon 11 - Phase 34
	811963365	821963365	Yama 1:17PM – 2:30PM	Subha Until 11:02AM	Muruga: Purple	Sunset: 4:56PM	Purnima		
	Creative Work	Siddha Yoga	Rahu 9:37AM – 10:50AM	Visti Until 10:51AM	Nataraja: White	Moon – Yellow	Bhuloka Day		
			Day 2 of Pancha Ganapati	Purnima* Until 9:22PM	Margasira-Markali		Devaloka Time: 9:AM to 12:PM		

Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran Sun 29 Sutra 252 Vilamba 5120		
Silver Retreat Star		Mithuna Rasi: 12.01	Tithi 16	Gulika 2:30PM – 3:44PM	Ardra Until 6:45PM	Ganesha: Yellow	Sunrise: 7:11AM	Moon 11 - Phase 34
811963365	821963365	Yama 12:04PM – 1:17PM	Sukla Until 7:21AM	Muruga: Purple	Sunset: 4:57PM	Prathama		
Creative Work	Siddha Yoga	Rahu 3:44PM – 4:57PM	Balava Until 7:51AM	Nataraja: White	Moon – Yellow	Bhuloka Day		
			Day 3 of Pancha Ganapati	Prathama* Until 6:15PM	Margasira-Markali		Devaloka Time: 9:AM to 12:PM	
			Ardra Darshanam					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 26.53 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 4:23PM

Then Creative Work - Siddha Yoga

Gulika 1:18PM - 2:31PM

Yama 10:51AM - 12:04PM

Rahu 8:25AM - 9:38AM

Day 4 of Pancha Ganapati

Punarvasu Until 4:23PM

Indra Until 11:37PM

Vanija Until 1:25AM Tue

Dvitiya Until 3:01PM

Ganesha: Blue Sunrise: 7:11AM

Muruqa: Purple Sunset: 4:57PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturchyam Titau

Tehran, Iran

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 11.46 Tithi 18 - 19

841963365

Creative Work Siddha Yoga

Gulika 12:05PM - 1:18PM

Yama 9:38AM - 10:52AM

Rahu 2:31PM - 3:45PM

Day 5 of Pancha Ganapati

Pushya Until 1:55PM

Vaidhriti* Until 7:48PM

Bava Until 10:17PM

Tritiya Until 11:49AM

Ganesha: Blue Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:58PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturchi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 26.33 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 10:52AM - 12:05PM

Yama 8:25AM - 9:39AM

Rahu 12:05PM - 1:19PM

Ashlesha* Until 11:29AM

Vishkambha* Until 4:09PM

Kaulava Until 7:22PM

Chaturchi* Until 8:46AM

Ganesha: Yellow Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:59PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Tailila/Vanija Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 11.08 Tithi 20 - 21

852963366

Creative Work Amrita Yoga

Until 9:38AM

Then Creative Work - Siddha Yoga

Gulika 9:39AM - 10:53AM

Yama 7:13AM - 8:26AM

Rahu 1:19PM - 2:33PM

Magha* Until 9:38AM

Priti Until 12:47PM

Vanija Until 3:40AM Fri

Panchami Until 6:01AM

Ganesha: Blue Sunrise: 7:13AM

Muruqa: Purple Sunset: 4:59PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 25.27 Tithi 22

852963366

Creative Work Siddha Yoga

Gulika 8:26AM - 9:40AM

Yama 2:33PM - 3:47PM

Rahu 10:53AM - 12:06PM

Purvaphalguni Until 8:03AM

Ayushman Until 9:44AM

Visti Until 2:40PM

Saptami Until 1:46AM Sat

Ganesha: Blue Sunrise: 7:13AM

Muruqa: Purple Sunset: 5:00PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 9.27 Tithi 23

852963366

Routine Work Marana Yoga

Gulika 7:13AM - 8:27AM

Yama 1:20PM - 2:34PM

Rahu 9:40AM - 10:53AM

Uttaraphalguni Until 6:47AM

Saubhagya Until 7:05AM

Balava Until 1:02PM

Ashtami* Until 12:24AM Sun

Ganesha: Blue Sunrise: 7:13AM

Muruqa: Purple Sunset: 5:01PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Hasta/Chitra Nakshatra Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 23.08 Tithi 24

862963366

Creative Work Amrita Yoga

Until 6:20AM

Then Creative Work - Siddha Yoga

Gulika 2:34PM - 3:48PM

Yama 12:07PM - 1:21PM

Rahu 3:48PM - 5:01PM

Hasta Until 6:20AM

Athiganda* Until 3:03AM Mon

Taitila Until 11:56AM

Navami* Until 11:34PM

Ganesha: Red Sunrise: 7:13AM

Muruqa: Purple Sunset: 5:01PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Tehran, Iran Sun 8 Sutra 260 Vilamba 5120
1		Gulika 1:21PM – 2:35PM	Chitra Until 6:16AM	Ganesha: Red <i>Sunrise:</i> 7:14AM
Tula Rasi: 6.31	Tithi 25	Yama 10:54AM – 12:08PM	Sukarma Until 1:39AM Tue	Muruqa: Purple <i>Sunset:</i> 5:02PM
Family Home Evening	862963366	Rahu 8:27AM – 9:41AM	Vanija Until 11:22AM	Nataraja: Green
Routine Work	Prabalarishta Yoga		Dashami Until 11:15PM	Moon – Green
Until 6:16AM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 6:AM to 9:AM

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Tehran, Iran Sun 9 Sutra 261 Vilamba 5120
2		Gulika 12:08PM – 1:22PM	Svati Until 6:33AM	Ganesha: Red <i>Sunrise:</i> 7:14AM
Tula Rasi: 19.37	Tithi 26	Yama 9:41AM – 10:55AM	Dhriti Until 12:39AM Wed	Muruqa: Purple <i>Sunset:</i> 5:03PM
862963366		Rahu 2:36PM – 3:49PM	Bava Until 11:19AM	Nataraja: Green
Creative Work	Siddha Yoga		Ekadashi* Until 11:28PM	Moon – Green
Until 6:33AM				Bhuloka Day
Then Routine Work - Marana Yoga				Devaloka Time: 6:AM to 9:AM

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Tehran, Iran Sun 10 Sutra 262 Vilamba 5120
3		Gulika 10:55AM – 12:09PM	Vishakha Until 7:38AM	Ganesha: Green <i>Sunrise:</i> 7:14AM
Vrischika Rasi: 2.28	Tithi 27	Yama 8:28AM – 9:41AM	Shula* Until 12:01AM Thu	Muruqa: Purple <i>Sunset:</i> 5:04PM
872963366		Rahu 12:09PM – 1:22PM	Kaulava Until 11:47AM	Nataraja: Green
Creative Work	Siddha Yoga		Dvadashti* Until 12:10AM Thu	Moon – Orange
				Bhuloka Day
				Devaloka Time: 6:AM to 9:AM

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Tehran, Iran Sun 11 Sutra 263 Vilamba 5120
4		Gulika 9:42AM – 10:56AM	Anuradha Until 9:01AM	Ganesha: Green <i>Sunrise:</i> 7:14AM
Vrischika Rasi: 15.05	Tithi 28	Yama 7:14AM – 8:28AM	Ganda* Until 11:44PM	Muruqa: Purple <i>Sunset:</i> 5:04PM
872963366		Rahu 1:23PM – 2:37PM	Gara Until 12:43PM	Nataraja: Green
Creative Work	Siddha Yoga		Trayodashi* Until 1:21AM Fri	Moon – Orange
Until 9:01AM				Bhuloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>	

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Tehran, Iran Sun 12 Sutra 264 Vilamba 5120
5		Gulika 8:28AM – 9:42AM	Jyeshtha* Until 10:42AM	Ganesha: Green <i>Sunrise:</i> 7:14AM
Vrischika Rasi: 27.3	Tithi 29	Yama 2:37PM – 3:51PM	Vriddhi Until 11:49PM	Muruqa: Purple <i>Sunset:</i> 5:05PM
872963366		Rahu 10:56AM – 12:10PM	Visti Until 2:07PM	Nataraja: Green
Routine Work	Marana Yoga		Chaturdashi* Until 2:58AM Sat	Moon – Orange
Until 10:42AM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 6:AM to 9:AM

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Tehran, Iran Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 7:15AM – 8:28AM	Mula* Until 1:06PM	Ganesha: White <i>Sunrise:</i> 7:15AM
Dhanus Rasi: 9.44	Tithi 30	Yama 1:24PM – 2:38PM	Dhruva Until 12:10AM Sun	Muruqa: Purple <i>Sunset:</i> 5:06PM
882963366		Rahu 9:42AM – 10:56AM	Catuspada Until 3:57PM	Nataraja: Green
Creative Work	Siddha Yoga		Amavasya* Until 4:59AM Sun	Moon – Light Blue
				Bhuloka Day
		Subramuniyaswami Jayanti		Devaloka Time: 6:AM to 9:AM

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna* Karana Prathamayam Titau		Tehran, Iran Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:39PM – 3:53PM	Purvashadha* Until 3:43PM	Ganesha: White <i>Sunrise:</i> 7:15AM
Dhanus Rasi: 21.49	Tithi 1	Yama 12:11PM – 1:25PM	Vyaghata* Until 12:48AM Mon	Muruqa: Clear <i>Sunset:</i> 5:07PM
882973366		Rahu 3:53PM – 5:07PM	Kintughna Until 6:09PM	Nataraja: Green
Creative Work	Siddha Yoga		Prathama* Until 7:20AM Mon	Moon – Light Blue
Until 3:43PM		Partial Solar Eclipse		Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Tehran, Iran Sun 15 Sutra 267 Vilamba 5120	
1	Makara Rasi: 3.45 Family Home Evening Routine Work Marana Yoga Until 6:26PM Then Creative Work - Amrita Yoga	Tithi 1 - 2 882973366	Gulika 1:25PM - 2:39PM Yama 10:57AM - 12:11PM Rahu 8:29AM - 9:43AM	Uttarashadha Until 6:26PM Harshana Until 1:39AM Tue Balava Until 8:39PM Prathama* Until 7:20AM	Ganesha: White <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:08PM Nataraja: Green Moon - Light Blue Pausha-Markali
				Bhuloka Day Devaloka Time: 12:PM to 3:PM	

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Tehran, Iran Sun 16 Sutra 268 Vilamba 5120	
2	Makara Rasi: 16 Creative Work Siddha Yoga	Tithi 2 - 3 893973366	Gulika 12:12PM - 1:26PM Yama 9:43AM - 10:57AM Rahu 2:40PM - 3:54PM	Shravana Until 9:42PM Vajra* Until 2:36AM Wed Taitila Until 11:20PM Dvitiya Until 9:57AM	Ganesha: Red <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:08PM Nataraja: Green Moon - Purple Pausha-Markali
				Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Tehran, Iran Sun 17 Sutra 269 Vilamba 5120	
3	Makara Rasi: 27.23 Routine Work Prabalarishta Yoga Until 12:52AM Thu Then Creative Work - Siddha Yoga	Tithi 3 - 4 893973366	Gulika 10:58AM - 12:12PM Yama 8:29AM - 9:43AM Rahu 12:12PM - 1:26PM	Dhanishtha Until 12:52AM Thu Siddhi Until 3:36AM Thu Vanija Until 2:06AM Thu Tritiya Until 12:42PM	Ganesha: Red <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:09PM Nataraja: Green Moon - Purple Pausha-Markali
				Devaloka Day	

Thursday, January 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Tehran, Iran Sun 18 Sutra 270 Vilamba 5120	
4	Kumbha Rasi: 9.11 Creative Work Siddha Yoga	Tithi 4 - 5 893973366	Gulika 9:43AM - 10:58AM Yama 7:15AM - 8:29AM Rahu 1:27PM - 2:41PM	Shatabhishak Until 3:46AM Fri Vyatipata* Until 4:31AM Fri Bava Until 4:45AM Fri Chaturthi* Until 3:25PM	Ganesha: Red <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:10PM Nataraja: Green Moon - Purple Pausha-Markali
				Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Tehran, Iran Sun 19 Sutra 271 Vilamba 5120	
5	Kumbha Rasi: 21.01 Creative Work Siddha Yoga	Tithi 5 - 6 813973366	Gulika 8:29AM - 9:44AM Yama 2:42PM - 3:57PM Rahu 10:58AM - 12:13PM	Purvaproshtapada* Until 6:44AM Sat Variyan Until 5:13AM Sat Kaulava Until 7:07AM Sat Panchami Until 5:57PM	Ganesha: Clear <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:11PM Nataraja: Green Moon - Clear Pausha-Markali
				Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Tehran, Iran Sun 20 Sutra 272 Vilamba 5120	
6	Meena Rasi: 2.57 Routine Work Marana Yoga Until 6:44AM Then Creative Work - Siddha Yoga	Tithi 6 813973366	Gulika 7:14AM - 8:29AM Yama 1:28PM - 2:43PM Rahu 9:44AM - 10:58AM	Purvaproshtapada* Until 6:44AM Parigha* Until 5:36AM Sun Kaulava Until 7:07AM Shashthi* Until 8:07PM	Ganesha: Clear <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:12PM Nataraja: Green Moon - Clear Pausha-Markali
				Devaloka Day	

Sunday, January 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Tehran, Iran Sun 21 Sutra 273 Vilamba 5120	
Retreat Star			Gulika 2:43PM - 3:58PM Yama 12:14PM - 1:28PM Rahu 3:58PM - 5:13PM	Uttaraproshtapada Until 9:07AM Shiva Until 5:32AM Mon Gara Until 9:02AM Saptami Until 9:45PM	Ganesha: Clear <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:13PM Nataraja: Green Moon - Clear Pausha-Markali
Meena Rasi: 15.04 Creative Work Amrita Yoga	Tithi 7 813973366			Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Tehran, Iran Sun 22 Sutra 274 Vilamba 5120	
Retreat Star			Gulika 1:29PM - 2:44PM Yama 10:59AM - 12:14PM Rahu 8:29AM - 9:44AM	Revati Until 10:44AM Siddha Until 4:53AM Tue Visti Until 10:19AM Ashtami* Until 10:40PM	Ganesha: Clear <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:14PM Nataraja: Green Moon - Clear Pausha-Thai
Meena Rasi: 27.26 Family Home Evening Creative Work Siddha Yoga	Tithi 8 813973366			Devaloka Day	
		Thai Pongal			

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Tehran, Iran Sun 23 Sutra 275 Vilamba 5120	
Retreat Star			Gulika 12:14PM - 1:30PM Yama 9:44AM - 10:59AM Rahu 2:45PM - 4:00PM	Ashvini Until 11:58AM Sadhya Until 3:38AM Wed Balava Until 10:51AM Navami* Until 10:48PM	Ganesha: Purple <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:15PM Nataraja: Green Moon - White Pausha-Thai
Mesha Rasi: 10.07 Creative Work Siddha Yoga	Tithi 9 823973366			Sivaloka Day	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
			Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 276
	Mesha Rasi: 23.11	Tithi 10	Gulika 10:59AM – 12:15PM	Bharani Until 12:13PM	Ganesha: Blue <i>Sunrise:</i> 7:13AM		Vilamba 5120
			Yama 8:29AM – 9:44AM	Subha Until 1:45AM Thu	Muruqa: Clear <i>Sunset:</i> 5:16PM		Moon 12 - Phase 38
		823173366 Rahu 12:15PM – 1:30PM	Taitila Until 10:34AM	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:06PM	Moon – White	Sivaloka Day		
Until 12:13PM				Pausha+Thai			
Then Creative Work - Amrita Yoga							

2	Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
			Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 277
	Vrishabha Rasi: 6.43	Tithi 11	Gulika 9:44AM – 11:00AM	Krittika Until 11:32AM	Ganesha: Blue <i>Sunrise:</i> 7:13AM		Vilamba 5120
			Yama 7:13AM – 8:29AM	Sukla Until 11:13PM	Muruqa: Clear <i>Sunset:</i> 5:17PM		Moon 12 - Phase 38
		823173366 Rahu 1:31PM – 2:46PM	Vanija Until 9:27AM	Nataraja: Green		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 8:35PM	Moon – White	Sivaloka Day		
				Pausha+Thai			

3	Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Sun 26 Sutra 278
	Vrishabha Rasi: 20.42	Tithi 12	Gulika 8:28AM – 9:44AM	Rohini Until 10:24AM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM		Vilamba 5120
			Yama 2:47PM – 4:02PM	Brahma Until 8:07PM	Muruqa: Clear <i>Sunset:</i> 5:18PM		Moon 12 - Phase 38
		823173366 Rahu 11:00AM – 12:15PM	Bava Until 7:35AM	Nataraja: Green		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 6:22PM	Moon – Yellow	Devaloka Day		
Until 10:24AM				Pausha+Thai			
Then Creative Work - Siddha Yoga							

4	Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 279
	Mithuna Rasi: 5.08	Tithi 13 – 14	Gulika 7:13AM – 8:28AM	Mrigashira Until 8:29AM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM		Vilamba 5120
			Yama 1:32PM – 2:47PM	Indra Until 4:35PM	Muruqa: Clear <i>Sunset:</i> 5:19PM		Moon 12 - Phase 38
		823173366 Rahu 9:44AM – 11:00AM	Gara Until 1:59AM Sun	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 3:33PM	Moon – Yellow	Devaloka Day		
				Pausha+Thai			
				<i>Pradosha Vrata</i>			

	Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 280
	Mithuna Rasi: 19.56	Tithi 14 – 15	Gulika 2:48PM – 4:04PM	Punarvasu Until 3:20AM Mon	Ganesha: Yellow <i>Sunrise:</i> 7:12AM		Vilamba 5120
			Yama 12:16PM – 1:32PM	Vaidhriti* Until 12:39PM	Muruqa: Clear <i>Sunset:</i> 5:20PM		Moon 12 - Phase 38
		823173366 Rahu 4:04PM – 5:20PM	Visti Until 10:34PM	Nataraja: Green		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:18PM	Moon – Yellow	Devaloka Day		
				Pausha+Thai			

Monday, January 21, 2019	Silver Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 281
	Kataka Rasi: 5	Tithi 15 – 16	Gulika 1:32PM – 2:49PM	Pushya Until 12:25AM Tue	Ganesha: White <i>Sunrise:</i> 7:12AM		Vilamba 5120
			Yama 11:00AM – 12:16PM	Vishkambha* Until 8:31AM	Muruqa: Clear <i>Sunset:</i> 5:21PM		Moon 12 - Phase 38
Family Home Evening		823173366 Rahu 8:28AM – 9:44AM	Balava Until 6:56PM	Nataraja: Green		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 8:45AM	Moon – Blue	Sivaloka Day		
				Pausha+Thai			
		Total Lunar Eclipse					
		Thai Pusam					



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sutra 282

Vilamba 5120

Kataka Rasi: 20.11 Tithi 17

844173366

Gulika 12:17PM – 1:33PM

Yama 9:44AM – 11:00AM

Rahu 2:49PM – 4:06PM

Ashlesha* Until 9:23PM

Ayushman Until 12:02AM Wed

Taitila Until 3:15PM

Dvitiya Until 1:26AM Wed

Ganesha: Clear *Sunrise:* 7:11AM

Muruqa: Clear *Sunset:* 5:22PM

Nataraja: Green

Moon – Blue

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Sutra 283

Vilamba 5120

Simha Rasi: 5.2 Tithi 18

854173366

Gulika 11:00AM – 12:17PM

Yama 8:27AM – 9:44AM

Rahu 12:17PM – 1:33PM

Magha* Until 6:46PM

Saubhagya Until 7:57PM

Vanija Until 11:42AM

Tritiya Until 9:59PM

Ganesha: Purple *Sunrise:* 7:11AM

Muruqa: Clear *Sunset:* 5:23PM

Nataraja: Green

Moon – Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 6:46PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthayam Titau

Tehran, Iran

Sutra 284

Vilamba 5120

Simha Rasi: 20.18 Tithi 19

854173366

Gulika 9:44AM – 11:00AM

Yama 7:10AM – 8:27AM

Rahu 1:34PM – 2:51PM

Purvaphalguni Until 4:20PM

Sobhana Until 4:10PM

Bava Until 8:24AM

Chaturthi* Until 6:54PM

Ganesha: Purple *Sunrise:* 7:10AM

Muruqa: Clear *Sunset:* 5:24PM

Nataraja: Green

Moon – Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Ularayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthayam Titau

Tehran, Iran

Sutra 285

Vilamba 5120

Kanya Rasi: 4.57 Tithi 20 – 21

954173366

Gulika 8:27AM – 9:44AM

Yama 2:51PM – 4:08PM

Rahu 11:00AM – 12:17PM

Uttaraphalguni Until 2:15PM

Athiganda* Until 12:44PM

Gara Until 3:14AM Sat

Panchami Until 4:17PM

Ganesha: Clear *Sunrise:* 7:10AM

Muruqa: Clear *Sunset:* 5:25PM

Nataraja: Green

Moon – Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 2:15PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sutra 286

Vilamba 5120

Kanya Rasi: 19.13 Tithi 21 – 22

964173366

Gulika 7:09AM – 8:26AM

Yama 1:35PM – 2:52PM

Rahu 9:43AM – 11:01AM

Hasta Until 1:01PM

Sukarma Until 9:48AM

Visti Until 1:34AM Sun

Shashthi* Until 2:18PM

Ganesha: Purple *Sunrise:* 7:09AM

Muruqa: Clear *Sunset:* 5:26PM

Nataraja: Green

Moon – Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sutra 287

Vilamba 5120

Tula Rasi: 3.04 Tithi 22 – 23

964173366

Gulika 2:52PM – 4:10PM

Yama 12:18PM – 1:35PM

Rahu 4:10PM – 5:27PM

Chitra Until 12:21PM

Dhriti Until 7:25AM

Balava Until 12:38AM Mon

Saptami Until 1:00PM

Ganesha: Purple *Sunrise:* 7:09AM

Muruqa: Clear *Sunset:* 5:27PM

Nataraja: Green

Moon – Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sutra 288

Vilamba 5120

Tula Rasi: 16.29 Tithi 23 – 24

964173366

Gulika 1:36PM – 2:53PM

Yama 11:01AM – 12:18PM

Rahu 8:25AM – 9:43AM

Svati Until 12:14PM

Ganda* Until 4:22AM Tue

Taitila Until 12:28AM Tue

Ashtami* Until 12:26PM

Ganesha: Purple *Sunrise:* 7:08AM

Muruqa: Clear *Sunset:* 5:28PM

Nataraja: Green

Moon – Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 12:14PM

Then Routine Work - Marana Yoga

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Tehran, Iran Sun 7 Sutra 289 Vilamba 5120
Tula Rasi: 29.3	Tithi 24 – 25	Gulika Yama	12:18PM – 1:36PM 9:43AM – 11:00AM	Vishakha Until 1:10PM Vridhhi Until 3:42AM Wed Vanija Until 1:00AM Wed	Ganesh: Clear Muruqa: Clear Nataraja: Green Moon – Orange	Sunrise: 7:07AM Sunset: 5:29PM	Moon 1 - Phase 40 2nd Phase
Routine Work	Marana Yoga	974173366 Rahu	2:54PM – 4:11PM	Navami* Until 12:37PM	Pausha*Thai	Devaloka Day	
Until 1:10PM		Then Creative Work - Siddha Yoga					

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Tehran, Iran Sun 8 Sutra 290 Vilamba 5120
Virchika Rasi: 12.11	Tithi 25 – 26	Gulika Yama	11:00AM – 12:18PM 8:25AM – 9:43AM	Anuradha Until 2:36PM Dhruva Until 3:30AM Thu Bava Until 2:12AM Thu	Ganesh: Clear Muruqa: Clear Nataraja: Green Moon – Orange	Sunrise: 7:07AM Sunset: 5:30PM	Moon 1 - Phase 40 2nd Phase
Creative Work	Siddha Yoga	974173366 Rahu	12:18PM – 1:36PM	Dashami Until 1:30PM	Pausha*Thai	Devaloka Day	

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Tehran, Iran Sun 9 Sutra 291 Vilamba 5120
Virchika Rasi: 24.35	Tithi 26 – 27	Gulika Yama	9:42AM – 11:00AM 7:06AM – 8:24AM	Jyeshtha* Until 4:27PM Vyaghata* Until 3:43AM Fri Kaulava Until 3:57AM Fri	Ganesh: Clear Muruqa: Clear Nataraja: Green Moon – Orange	Sunrise: 7:06AM Sunset: 5:31PM	Moon 1 - Phase 40 2nd Phase
Routine Work	Prabalarishta Yoga	974173366 Rahu	1:37PM – 2:55PM	Ekadashi* Until 3:00PM	Pausha*Thai	Devaloka Day	
Until 4:27PM		Then Creative Work - Siddha Yoga					

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Tehran, Iran Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 6.46	Tithi 27 – 28	Gulika Yama	8:24AM – 9:42AM 2:55PM – 4:13PM	Mula* Until 7:05PM Harshana Until 4:17AM Sat Gara Until 6:08AM Sat	Ganesh: White Muruqa: Clear Nataraja: Green Moon – Light Blue	Sunrise: 7:06AM Sunset: 5:31PM	Moon 1 - Phase 40 2nd Phase
Creative Work	Amrita Yoga	984173366 Rahu	11:00AM – 12:19PM	Dvadashi* Until 4:58PM	Pausha*Thai	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Until 7:05PM		Then Routine Work - Prabalarishta Yoga					
<i>Pradosha Vrata (Fasting)</i>							

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau			Tehran, Iran Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 18.46	Tithi 28	Gulika Yama	7:05AM – 8:24AM 1:37PM – 2:55PM	Purvashadha* Until 9:53PM Vajra* Until 5:02AM Sun Gara Until 6:08AM	Ganesh: White Muruqa: Clear Nataraja: Green Moon – Light Blue	Sunrise: 7:05AM Sunset: 5:32PM	Moon 1 - Phase 40 2nd Phase
Creative Work	Siddha Yoga	984173366 Rahu	9:42AM – 11:00AM	Trayodashi* Until 7:19PM	Pausha*Thai	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Until 9:53PM		Then Routine Work - Marana Yoga					

6		Sunday, February 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Tehran, Iran Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 0.4	Tithi 29	Gulika Yama	2:56PM – 4:15PM 12:19PM – 1:37PM	Uttarashadha Until 12:45AM Mon Siddhi Until 5:57AM Mon Visti Until 8:36AM	Ganesh: White Muruqa: Clear Nataraja: Green Moon – Light Blue	Sunrise: 7:04AM Sunset: 5:33PM	Moon 1 - Phase 40 2nd Phase
Creative Work	Amrita Yoga	984173366 Rahu	4:15PM – 5:33PM	Chaturdashi* Until 9:54PM	Pausha*Thai	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

Monday, February 4, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Tehran, Iran Sun 13 Sutra 295 Vilamba 5120
Makara Rasi: 12.29	Tithi 30	Gulika Yama	1:38PM – 2:57PM 11:00AM – 12:19PM	Shravana Until 4:02AM Tue Vyatipata* Until 6:57AM Tue Catuspada Until 11:16AM	Ganesh: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:04AM Sunset: 5:34PM	Moon 1 - Phase 40 Amavasya
Family Home Evening		995173367 Rahu	8:22AM – 9:41AM	Amavasya* Until 12:36AM Tue	Pausha*Thai	Devaloka Day	
Creative Work		Amrita Yoga					
Until 4:02AM Tue		Then Creative Work - Siddha Yoga					

Tuesday, February 5, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau			Tehran, Iran Sun 14 Sutra 296 Vilamba 5120
Makara Rasi: 24.17	Tithi 1	Gulika Yama	12:19PM – 1:38PM 9:41AM – 11:00AM	Dhanishtha Until 7:09AM Wed Vyatipata* Until 6:57AM Kintughna Until 1:59PM	Ganesh: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:03AM Sunset: 5:35PM	Moon 1 - Phase 40 Prathama
Creative Work	Siddha Yoga	995173367 Rahu	2:57PM – 4:16PM	Prathama* Until 3:18AM Wed	Magha*Thai	Devaloka Day	

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvityayam Titau				Tehran, Iran
	Kumbha Rasi: 6.05	Tithi 2	Gulika 11:00AM – 12:19PM	Dhanishtha Until 7:09AM	Ganesha: Red	<i>Sunrise:</i> 7:02AM	Sun 15
	Routine Work	Prabalarishta Yoga	Yama 8:21AM – 9:41AM	Variyan Until 7:54AM	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Vilamba 5120

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Tailila Karana Trityayam Titau				Tehran, Iran
	Kumbha Rasi: 17.56	Tithi 3	Gulika 9:40AM – 11:00AM	Shatabhishak Until 10:00AM	Ganesha: Red	<i>Sunrise:</i> 7:01AM	Sun 16
	Creative Work	Siddha Yoga	Yama 7:01AM – 8:21AM	Parigha* Until 8:48AM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Vilamba 5120

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau				Tehran, Iran
	Kumbha Rasi: 29.5	Tithi 3 – 4	Gulika 8:20AM – 9:40AM	Purvaproshtapada* Until 12:59PM	Ganesha: Blue	<i>Sunrise:</i> 7:00AM	Sun 17
	Creative Work	Siddha Yoga	Yama 2:59PM – 4:19PM	Shiva Until 9:33AM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Vilamba 5120

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran
	Meena Rasi: 11.51	Tithi 4 – 5	Gulika 6:59AM – 8:19AM	Uttaraproshtapada Until 3:31PM	Ganesha: Blue	<i>Sunrise:</i> 6:59AM	Sun 18
	Creative Work	Siddha Yoga	Yama 1:39PM – 2:59PM	Siddha Until 10:03AM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Vilamba 5120

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran
	Meena Rasi: 24.01	Tithi 5 – 6	Gulika 3:00PM – 4:20PM	Revati Until 5:29PM	Ganesha: Red	<i>Sunrise:</i> 6:58AM	Sun 19
	Creative Work	Amrita Yoga	Yama 12:19PM – 1:40PM	Sadhya Until 10:17AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Vilamba 5120

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran
	Mesha Rasi: 6.23	Tithi 6 – 7	Gulika 1:40PM – 3:00PM	Ashvini Until 7:15PM	Ganesha: Blue	<i>Sunrise:</i> 6:57AM	Sun 20
	Family Home Evening		Yama 10:59AM – 12:19PM	Subha Until 10:08AM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Vilamba 5120

D	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran
	Mesha Rasi: 19.01	Tithi 7 – 8	Gulika 12:19PM – 1:40PM	Bharani Until 8:14PM	Ganesha: Blue	<i>Sunrise:</i> 6:57AM	Sun 21
	Creative Work	Siddha Yoga	Yama 9:38AM – 10:59AM	Sukla Until 9:30AM	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Vilamba 5120

D	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran
	Vrishabha Rasi: 1.58	Tithi 8 – 9	Gulika 10:58AM – 12:19PM	Krittika Until 8:22PM	Ganesha: Yellow	<i>Sunrise:</i> 6:56AM	Sun 22
	Creative Work	Amrita Yoga	Yama 8:17AM – 9:37AM	Brahma Until 8:21AM	Muruqa: Clear	<i>Sunset:</i> 5:43PM	Vilamba 5120

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.

Raurava Agama Kriya Pada

All times are standard time

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1	Thursday, February 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran Sun 23 Sutra 305 Vilamba 5120
	Vrishabha Rasi: 15.19	Tithi 9 – 10	936273367	Gulika 9:37AM – 10:58AM Yama 6:55AM – 8:16AM Rahu 1:41PM – 3:02PM	Rohini Until 8:03PM Indra Until 6:37AM Taitila Until 12:15AM Fri Navami* Until 12:58PM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 6:55AM Sunset: 5:44PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Routine Work		Marana Yoga				

2	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 306 Vilamba 5120
	Vrishabha Rasi: 29.05	Tithi 10 – 11	936273367	Gulika 8:15AM – 9:36AM Yama 3:02PM – 4:24PM Rahu 10:58AM – 12:19PM	Mrigashira Until 6:52PM Vishkambha* Until 1:21AM Sat Vanija Until 10:15PM Dashami Until 11:19AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 6:53AM Sunset: 5:45PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work		Siddha Yoga				

3	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 13.19	Tithi 11 – 12	936273367	Gulika 6:52AM – 8:14AM Yama 1:41PM – 3:03PM Rahu 9:36AM – 10:58AM	Ardra Until 4:53PM Priti Until 9:56PM Bava Until 7:37PM Ekadashi Until 9:00AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 6:52AM Sunset: 5:46PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work		Siddha Yoga				

4	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 27.57	Tithi 12 – 13	946273367	Gulika 3:03PM – 4:25PM Yama 12:19PM – 1:41PM Rahu 4:25PM – 5:47PM	Punarvasu Until 2:39PM Ayushman Until 6:06PM Taitila Until 2:44AM Mon Dvadashi Until 6:05AM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:51AM Sunset: 5:47PM Moon 1 - Phase 42 4th Phase Devaloka Day
	Creative Work		Siddha Yoga		<i>Pradosha Vrata</i>		

5	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 12.56	Tithi 14	946273367	Gulika 1:42PM – 3:04PM Yama 10:57AM – 12:19PM Rahu 8:13AM – 9:35AM	Pushya Until 11:54AM Saubhagya Until 1:59PM Gara Until 12:57PM Chaturdashi* Until 11:05PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:50AM Sunset: 5:48PM Moon 1 - Phase 42 4th Phase Devaloka Day
	Family Home Evening		Creative Work		Siddha Yoga		Chidambaram Abhishekam

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sutra 310 Vilamba 5120		
	Copper Retreat Star		Kataka Rasi: 28.07	Tithi 15	946273367	Gulika 12:19PM – 1:42PM Yama 9:34AM – 10:57AM Rahu 3:04PM – 4:27PM	Ashlesha* Until 8:48AM Sobhana Until 9:42AM Visti Until 9:13AM Purnima* Until 7:18PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:49AM Sunset: 5:49PM Moon 1 - Phase 42 Purnima Devaloka Day
	Creative Work		Siddha Yoga						

6	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Tehran, Iran Sutra 311 Vilamba 5120		
	Silver Retreat Star		Simha Rasi: 13.23	Tithi 16 – 17	957273367	Gulika 10:56AM – 12:19PM Yama 8:11AM – 9:34AM Rahu 12:19PM – 1:42PM	Purvaphalguni Until 3:00AM Thu Sukarma Until 1:08AM Thu Taitila Until 1:45AM Thu Prathama* Until 3:33PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red Magha-Masi	Sunrise: 6:48AM Sunset: 5:50PM Moon 1 - Phase 42 Prathama Devaloka Day
	Creative Work		Amrita Yoga						

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Simha Rasi: 28.32 Tithi 17 - 18

957273367

Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 9:33AM - 10:56AM **Uttaraphalguni** Until 12:16AM Fri

Yama 6:47AM - 8:10AM

Rahu 1:42PM - 3:05PM

Ganesha: Clear **Sunrise:** 6:47AM

Muruqa: Clear **Sunset:** 5:51PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

1 Friday, February 22, 2019

Kanya Rasi: 13.26 Tithi 18 - 19

967273367

Creative Work Amrita Yoga

Until 10:17PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tehran, Iran

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 8:09AM - 9:32AM **Hasta** Until 10:17PM

Yama 3:06PM - 4:29PM

Rahu 10:56AM - 12:19PM

Ganesha: White **Sunrise:** 6:46AM

Muruqa: Clear **Sunset:** 5:52PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2 Saturday, February 23, 2019

Kanya Rasi: 27.57 Tithi 19 - 20

967273367

Routine Work Marana Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 6:45AM - 8:08AM **Chitra** Until 8:46PM

Yama 1:42PM - 3:06PM

Rahu 9:32AM - 10:55AM

Ganesha: White **Sunrise:** 6:45AM

Muruqa: Clear **Sunset:** 5:53PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3 Sunday, February 24, 2019

Tula Rasi: 12.01 Tithi 21

967273367

Creative Work Siddha Yoga

Until 7:51PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 3:06PM - 4:30PM **Svati** Until 7:51PM

Yama 12:19PM - 1:43PM

Rahu 4:30PM - 5:54PM

Ganesha: White **Sunrise:** 6:43AM

Muruqa: Clear **Sunset:** 5:54PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4 Monday, February 25, 2019

Tula Rasi: 25.35 Tithi 22

977273367

Family Home Evening

Routine Work Marana Yoga

Until 8:04PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saplamyam Titau

Tehran, Iran

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 1:43PM - 3:07PM **Vishakha** Until 8:04PM

Yama 10:54AM - 12:19PM

Rahu 8:06AM - 9:30AM

Ganesha: Yellow **Sunrise:** 6:42AM

Muruqa: Clear **Sunset:** 5:55PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Retreat Star Tuesday, February 26, 2019

Vrischika Rasi: 8.41 Tithi 23

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Creative Work Siddha Yoga

Until 8:59PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Gulika 12:18PM - 1:43PM **Anuradha** Until 8:59PM

Yama 9:30AM - 10:54AM

Rahu 3:07PM - 4:32PM

Ganesha: Yellow **Sunrise:** 6:41AM

Muruqa: Clear **Sunset:** 5:56PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Retreat Star Wednesday, February 27, 2019

Vrischika Rasi: 21.23 Tithi 24

978273367

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Gulika 10:54AM - 12:18PM **Jyeshtha*** Until 10:31PM

Yama 8:04AM - 9:29AM

Rahu 12:18PM - 1:43PM

Ganesha: Blue **Sunrise:** 6:40AM

Muruqa: Clear **Sunset:** 5:57PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau		Sun 8		Tehran, Iran Sutra 319 Vilamba 5120
Dhanus Rasi: 3.43	Tithi 25	Gulika	9:28AM – 10:53AM	Mula* Until 1:03AM Fri	Ganesha: Red	Sunrise: 6:38AM		
		Yama	6:38AM – 8:03AM	Vajra* Until 8:09AM	Muruqa: Clear	Sunset: 5:58PM	Moon 2 - Phase 44	
		988273367 Rahu	1:43PM – 3:08PM	Vanija Until 5:35PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 6:37AM Fri	Moon – Light Blue		Devaloka Day	
Until 1:03AM Fri					Magha-Masi			
Then Routine Work - Prabalarishta Yoga								

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Tehran, Iran Sutra 320 Vilamba 5120
Dhanus Rasi: 15.48	Tithi 25 – 26	Gulika	8:01AM – 9:27AM	Purvashadha* Until 3:52AM Sat	Ganesha: Red	Sunrise: 6:36AM		
		Yama	3:09PM – 4:34PM	Siddhi Until 8:39AM	Muruqa: Clear	Sunset: 6:00PM	Moon 2 - Phase 44	
		988273367 Rahu	10:52AM – 12:18PM	Bava Until 7:49PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 6:37AM	Moon – Light Blue		Devaloka Day	
Until 3:52AM Sat					Magha-Masi			
Then Routine Work - Marana Yoga								

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Tehran, Iran Sutra 321 Vilamba 5120
Dhanus Rasi: 27.42	Tithi 26 – 27	Gulika	6:35AM – 8:00AM	Uttarashadha Until 6:49AM Sun	Ganesha: Red	Sunrise: 6:35AM		
		Yama	1:43PM – 3:09PM	Vyatipata* Until 9:29AM	Muruqa: Clear	Sunset: 6:01PM	Moon 2 - Phase 44	
		988273367 Rahu	9:26AM – 10:52AM	Kaulava Until 10:25PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 9:04AM	Moon – Light Blue		Devaloka Day	
Until 6:49AM Sun					Magha-Masi			
Then Creative Work - Amrita Yoga								

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Tehran, Iran Sutra 322 Vilamba 5120
Makara Rasi: 9.31	Tithi 27 – 28	Gulika	3:09PM – 4:35PM	Uttarashadha Until 6:49AM	Ganesha: Red	Sunrise: 6:33AM		
		Yama	12:17PM – 1:43PM	Variyan Until 10:28AM	Muruqa: Clear	Sunset: 6:01PM	Moon 2 - Phase 44	
		988273367 Rahu	4:35PM – 6:01PM	Gara Until 1:09AM Mon	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 11:45AM	Moon – Light Blue		Devaloka Day	
					Magha-Masi			

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Tehran, Iran Sutra 323 Vilamba 5120
Makara Rasi: 21.17	Tithi 28 – 29	Gulika	1:43PM – 3:10PM	Shravana Until 10:10AM	Ganesha: Yellow	Sunrise: 6:32AM		
Family Home Evening		Yama	10:51AM – 12:17PM	Parigha* Until 11:32AM	Muruqa: Clear	Sunset: 6:02PM	Moon 2 - Phase 44	
		998273367 Rahu	7:58AM – 9:25AM	Visti Until 3:52AM Tue	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 2:30PM	Moon – Purple		Devaloka Day	
Until 10:10AM					Magha-Masi			
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)						
		Mahasivaratri (Solar)						

6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Tehran, Iran Sutra 324 Vilamba 5120
Kumbha Rasi: 3.04	Tithi 29 – 30	Gulika	12:17PM – 1:43PM	Dhanishtha Until 1:17PM	Ganesha: Clear	Sunrise: 6:31AM		
		Yama	9:24AM – 10:50AM	Shiva Until 12:33PM	Muruqa: Clear	Sunset: 6:03PM	Moon 2 - Phase 44	
		199273367 Rahu	3:10PM – 4:37PM	Catuspada Until 6:26AM Wed	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 5:09PM	Moon – Purple		Devaloka Day	
Until 1:17PM					Magha-Masi			
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Tehran, Iran Sutra 325 Vilamba 5120
Kumbha Rasi: 14.55	Tithi 30	Gulika	10:50AM – 12:17PM	Shatabhishak Until 4:03PM	Ganesha: Clear	Sunrise: 6:29AM		
		Yama	7:56AM – 9:23AM	Siddha Until 1:23PM	Muruqa: Clear	Sunset: 6:04PM	Moon 2 - Phase 44	
		199273367 Rahu	12:17PM – 1:44PM	Catuspada Until 6:26AM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 7:36PM	Moon – Purple		Devaloka Day	
Until 4:03PM					Magha-Masi			
Then Creative Work - Amrita Yoga								

Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Tehran, Iran Sutra 326 Vilamba 5120
Kumbha Rasi: 26.52	Tithi 1	Gulika	9:22AM – 10:49AM	Purvaproshtapada* Until 6:54PM	Ganesha: Yellow	Sunrise: 6:28AM		
		Yama	6:28AM – 7:55AM	Sadhya Until 2:02PM	Muruqa: Clear	Sunset: 6:05PM	Moon 2 - Phase 44	
		119373367 Rahu	1:44PM – 3:11PM	Kintughna Until 8:44AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 9:45PM	Moon – Clear		Devaloka Day	
					Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau			Tehran, Iran Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 8.55	Tithi 2	Gulika 7:54AM – 9:21AM	Uttaraproshtapada Until 9:16PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM		
		Yama 3:11PM – 4:38PM	Subha Until 2:28PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM		Moon 2 - Phase 45
		119373367 Rahu 10:49AM – 12:16PM	Balava Until 10:43AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 11:34PM	Moon – Clear		Devaloka Day	
				Phalguna-Masi			
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau			Tehran, Iran Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 21.07	Tithi 3	Gulika 6:25AM – 7:53AM	Revati Until 11:08PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM		
		Yama 1:44PM – 3:11PM	Sukla Until 2:37PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM		Moon 2 - Phase 45
		119373367 Rahu 9:21AM – 10:48AM	Taitila Until 12:23PM	Nataraja: White			3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 1:03AM Sun	Moon – Clear		Devaloka Day	
Until 11:08PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau			Tehran, Iran Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 3.27	Tithi 4	Gulika 3:12PM – 4:40PM	Ashvini Until 12:57AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:24AM		
		Yama 12:16PM – 1:44PM	Brahma Until 2:29PM	Muruqa: Clear	<i>Sunset:</i> 6:08PM		Moon 2 - Phase 45
		129373367 Rahu 4:40PM – 6:08PM	Vanija Until 1:39PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:08AM Mon	Moon – White		Devaloka Day	
				Phalguna-Masi			
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Validhriti* Yoga Bava/Balava Karana Panchamyam Titau			Tehran, Iran Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 15.58	Tithi 5	Gulika 1:44PM – 3:12PM	Bharani Until 2:11AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:22AM		
Family Home Evening		Yama 10:47AM – 12:15PM	Indra Until 2:04PM	Muruqa: Clear	<i>Sunset:</i> 6:08PM		Moon 2 - Phase 45
		129373367 Rahu 7:51AM – 9:19AM	Bava Until 2:31PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:46AM Tue	Moon – White		Devaloka Day	
				Phalguna-Masi			
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau			Tehran, Iran Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 28.41	Tithi 6	Gulika 12:15PM – 1:44PM	Krittika Until 2:47AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:21AM		
		Yama 9:18AM – 10:47AM	Vaidhriti* Until 1:15PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM		Moon 2 - Phase 45
		129373367 Rahu 3:12PM – 4:41PM	Kaulava Until 2:55PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:54AM Wed	Moon – White		Devaloka Day	
				Phalguna-Masi			
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau			Tehran, Iran Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 11.39	Tithi 7	Gulika 10:46AM – 12:15PM	Rohini Until 3:09AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:20AM		
		Yama 7:49AM – 9:17AM	Vishkambha* Until 12:03PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM		Moon 2 - Phase 45
		131373367 Rahu 12:15PM – 1:44PM	Gara Until 2:47PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 2:29AM Thu	Moon – Yellow		Sivaloka Day	
Until 3:09AM Thu				Phalguna-Masi			
Then Routine Work - Marana Yoga							
☾		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Ashtamyam Titau			Tehran, Iran Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 24.55	Tithi 8	Gulika 9:16AM – 10:46AM	Mrigashira Until 2:45AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:18AM		
		Yama 6:18AM – 7:47AM	Priti Until 10:24AM	Muruqa: Clear	<i>Sunset:</i> 6:11PM		Moon 2 - Phase 45
		131373367 Rahu 1:44PM – 3:13PM	Visi* Until 2:03PM	Nataraja: White			Ashtami
Routine Work	Marana Yoga		Ashtami* Until 1:26AM Fri	Moon – Yellow		Sivaloka Day	
Until 2:45AM Fri				Phalguna-Masi			
Then Creative Work - Siddha Yoga							
☽		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau			Tehran, Iran Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 8.31	Tithi 9	Gulika 7:46AM – 9:16AM	Ardra Until 1:37AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		
		Yama 3:13PM – 4:42PM	Ayushman Until 8:14AM	Muruqa: Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 45
		131373368 Rahu 10:45AM – 12:14PM	Balava Until 12:42PM	Nataraja: Clear			Navami
Creative Work	Siddha Yoga		Navami* Until 11:47PM	Moon – Yellow		Subha Sivaloka Day	
		Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni			

1		Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Tehran, Iran Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 22.29	Tithi 10	Gulika 6:16AM – 7:45AM	Punarvasu Until 12:11AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	
		Yama 1:44PM – 3:13PM	Sobhana Until 2:30AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 46
		141373368 Rahu 9:15AM – 10:44AM	Taitila Until 10:44AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:32PM	Moon – Blue		Sivaloka Day
				Phalguna-Panguni		

2		Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Tehran, Iran Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 6.5	Tithi 11	Gulika 3:14PM – 4:44PM	Pushya Until 10:06PM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	
		Yama 12:14PM – 1:44PM	Athiganda* Until 10:59PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 46
		141373368 Rahu 4:44PM – 6:13PM	Vanija Until 8:14AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:46PM	Moon – Blue		Sivaloka Day
				Phalguna-Panguni		

3		Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Tehran, Iran Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 21.31	Tithi 12 – 13	Gulika 1:44PM – 3:14PM	Ashlesha* Until 7:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	
Family Home Evening		Yama 10:43AM – 12:14PM	Sukarma Until 7:10PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 46
		141373368 Rahu 7:43AM – 9:13AM	Kaulava Until 1:56AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:37PM	Moon – Blue		Sivaloka Day
Until 7:31PM		Yogaswami Mahasamadhi		Phalguna-Panguni		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

4		Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Tehran, Iran Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 6.27	Tithi 13 – 14	Gulika 12:13PM – 1:44PM	Magha* Until 4:57PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	
		Yama 9:12AM – 10:43AM	Dhriti Until 3:10PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 46
		151373368 Rahu 3:14PM – 4:45PM	Gara Until 10:26PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:11PM	Moon – Red		Subha Sivaloka Day
				Phalguna-Panguni		

		Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Tehran, Iran Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:42AM – 12:13PM	Purvaphalguni Until 2:10PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
Simha Rasi: 21.31	Tithi 14 – 15	Yama 7:41AM – 9:11AM	Shula* Until 11:04AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
		151373368 Rahu 12:13PM – 1:44PM	Visti Until 6:53PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna-Panguni		
		Holi				

Thursday, March 21, 2019		Silver Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau		Tehran, Iran Sutra 340 Vilamba 5120
Kanya Rasi: 6.34	Tithi 16	Gulika 9:11AM – 10:42AM	Uttaraphalguni Until 11:20AM	Ganesha: White	<i>Sunrise:</i> 6:08AM	
		Yama 6:08AM – 7:39AM	Ganda* Until 7:01AM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
		151373368 Rahu 1:44PM – 3:15PM	Balava Until 3:27PM	Nataraja: Clear		Prathama
			Prathama* Until 1:49AM Fri	Moon – Red		Subha Sivaloka Day
				Phalguna-Panguni		
Amrita Yoga						
Until 11:20AM						
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran
Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Kanya Rasi: 21.27 Tithi 17

161383368

Gulika 7:38AM – 9:10AM
Yama 3:15PM – 4:46PM
Rahu 10:41AM – 12:12PM

Hasta Until 9:03AM
Dhruva Until 11:38PM
Taitila Until 12:19PM
Dvitiya Until 10:54PM

Ganesha: Yellow *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 6:18PM

Nataraja: Clear
Moon – Green
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svatil Nakshatra Vyaghata* Yoga Vanija/Visli* Karana Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Tula Rasi: 6.01 Tithi 18

162383368

Gulika 6:06AM – 7:37AM
Yama 1:44PM – 3:15PM
Rahu 9:09AM – 10:40AM

Chitra Until 7:03AM
Vyaghata* Until 8:33PM
Vanija Until 9:39AM
Tritiya Until 8:32PM

Ganesha: Blue *Sunrise:* 6:06AM
Muruqa: White *Sunset:* 6:18PM

Nataraja: Clear
Moon – Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 7:03AM

Then Creative Work - Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran
Sun 2 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Tula Rasi: 20.11 Tithi 19

172383368

Gulika 3:16PM – 4:47PM
Yama 12:12PM – 1:44PM
Rahu 4:47PM – 6:19PM

Vishakha Until 5:01AM Mon
Harshana Until 6:03PM
Bava Until 7:37AM
Chaturthi* Until 6:51PM

Ganesha: Red *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 6:19PM

Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 5:01AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran
Sun 3 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Vrischika Rasi: 3.52 Tithi 20 – 21

172383368

Gulika 1:44PM – 3:16PM
Yama 10:39AM – 12:11PM
Rahu 7:35AM – 9:07AM

Anuradha Until 5:13AM Tue
Vajra* Until 4:11PM
Kaulava Until 6:20AM
Panchami Until 5:59PM

Ganesha: Red *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 6:20PM

Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Until 5:13AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Shashthyam Titau

Tehran, Iran
Sun 4 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Vrischika Rasi: 17.05 Tithi 21

172383368

Gulika 12:11PM – 1:44PM
Yama 9:06AM – 10:39AM
Rahu 3:16PM – 4:48PM

Jyeshtha* Until 6:07AM Wed
Siddhi Until 3:01PM
Vanija Until 6:00PM
Shashthi* Until 6:00PM

Ganesha: Red *Sunrise:* 6:01AM
Muruqa: White *Sunset:* 6:21PM

Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saplamyam Titau

Tehran, Iran
Sun 5 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Vrischika Rasi: 29.5 Tithi 22

172383368

Gulika 10:38AM – 12:11PM
Yama 7:33AM – 9:05AM
Rahu 12:11PM – 1:44PM

Jyeshtha* Until 6:07AM
Vyatipata* Until 2:32PM
Visti Until 6:22AM
Saptami Until 6:54PM

Ganesha: Red *Sunrise:* 6:00AM
Muruqa: White *Sunset:* 6:22PM

Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 6:07AM

Then Routine Work - Marana Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran
Sun 6 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Dhanus Rasi: 12.14 Tithi 23

182383368

Gulika 9:04AM – 10:37AM
Yama 5:58AM – 7:31AM
Rahu 1:44PM – 3:17PM

Mula* Until 8:08AM
Variyan Until 2:39PM
Balava Until 7:40AM
Ashtami* Until 8:34PM

Ganesha: Green *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 6:23PM

Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran
Sun 7 Sutra 348
Vilamba 5120
Moon 3 - Phase 47
Navami

Dhanus Rasi: 24.2 Tithi 24

182383468

Gulika 7:30AM – 9:04AM
Yama 3:17PM – 4:50PM
Rahu 10:37AM – 12:10PM

Purvashadha* Until 10:40AM
Parigha* Until 3:15PM
Taitila Until 9:39AM
Navami* Until 10:49PM

Ganesha: Green *Sunrise:* 5:57AM
Muruqa: Yellow *Sunset:* 6:23PM

Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 10:40AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Tehran, Iran Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 6.14	Tithi 25	Gulika 5:56AM – 7:29AM	Uttarashadha Until 1:27PM	Ganesha: Green	<i>Sunrise:</i> 5:56AM	
		Yama 1:43PM – 3:17PM	Shiva Until 4:12PM	Muruqa: Yellow	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 48
	182383468	Rahu 9:03AM – 10:36AM	Vanija Until 12:06PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dashami Until 1:24AM Sun	Moon – Light Blue		Devaloka Day
Until 1:27PM				Phalguna-Panguni		
Then Creative Work - Siddha Yoga						

2		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Tehran, Iran Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 18.02	Tithi 26	Gulika 3:17PM – 4:51PM	Shravana Until 4:47PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM	
		Yama 12:10PM – 1:43PM	Siddha Until 5:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 48
	192383468	Rahu 4:51PM – 6:25PM	Bava Until 2:47PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 4:06AM Mon	Moon – Purple		Sivaloka Day
Until 4:47PM				Phalguna-Panguni		
Then Routine Work - Marana Yoga						

3		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau		Tehran, Iran Sun 10 Sutra 351 Vilamba 5120
Makara Rasi: 29.49	Tithi 27	Gulika 1:43PM – 3:17PM	Dhanishtha Until 7:55PM	Ganesha: Green	<i>Sunrise:</i> 5:54AM	
Family Home Evening		Yama 10:36AM – 12:10PM	Sadhya Until 6:17PM	Muruqa: Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 48
	192483468	Rahu 7:28AM – 9:02AM	Kaulava Until 5:26PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:41AM Tue	Moon – Purple		Subha Sivaloka Day
				Phalguna-Panguni		

4		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Tehran, Iran Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 11.38	Tithi 27 – 28	Gulika 12:09PM – 1:43PM	Shatabhishak Until 10:40PM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	
		Yama 9:01AM – 10:35AM	Subha Until 7:11PM	Muruqa: Yellow	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48
	192483468	Rahu 3:18PM – 4:52PM	Gara Until 7:53PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 6:41AM	Moon – Purple		Subha Sivaloka Day
				Phalguna-Panguni		
				<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Tehran, Iran Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 23.34	Tithi 28 – 29	Gulika 10:35AM – 12:09PM	Purvaproshtapada* Until 1:25AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	
		Yama 7:26AM – 9:00AM	Sukla Until 7:47PM	Muruqa: Yellow	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48
	112483468	Rahu 12:09PM – 1:43PM	Visti Until 10:00PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 8:58AM	Moon – Clear		Sivaloka Day
Until 1:25AM Thu				Phalguna-Panguni		
Then Creative Work - Siddha Yoga						

Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Tehran, Iran Sun 13 Sutra 354 Vilamba 5120
Meena Rasi: 5.38	Tithi 29 – 30	Gulika 8:59AM – 10:34AM	Uttaraproshtapada Until 3:36AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:50AM	
		Yama 5:50AM – 7:25AM	Brahma Until 8:06PM	Muruqa: Yellow	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48
	112483468	Rahu 1:43PM – 3:18PM	Catuspada Until 11:41PM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 10:52AM	Moon – Clear		Sivaloka Day
				Phalguna-Panguni		

Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Tehran, Iran Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 17.53	Tithi 30 – 1	Gulika 7:24AM – 8:59AM	Revati Until 5:12AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:49AM	
		Yama 3:18PM – 4:53PM	Indra Until 8:07PM	Muruqa: Yellow	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 48
	112483468	Rahu 10:33AM – 12:08PM	Kintughna Until 12:57AM Sat	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 12:21PM	Moon – Clear		Sivaloka Day
		Yugadhi		Chaitra-Panguni		

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran Sun 15 Sutra 356 Vilamba 5120
Mesha Rasi: 0.19	Tithi 1 – 2	Gulika Yama 123483468	5:47AM – 7:22AM 1:43PM – 3:19PM Rahu 8:58AM – 10:33AM	Ashvini Until 6:43AM Sun Vaidhriti* Until 7:45PM Balava Until 1:47AM Sun Prathama* Until 1:24PM	Ganesha: Purple Muruqa: Yellow Nataraja: Purple Moon – White	Sunrise: 5:47AM Sunset: 6:29PM	Moon 3 - Phase 49 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga	Chellappaswami Mahasamadhi		Chaitra-Panguni				
Until 6:43AM Sun		Then Routine Work - Prabalarishta Yoga						

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 12.56	Tithi 2 – 3	Gulika Yama 123483468	3:19PM – 4:54PM 12:08PM – 1:43PM Rahu 4:54PM – 6:30PM	Ashvini Until 6:43AM Vishkambha* Until 7:06PM Taitila Until 2:12AM Mon Dvitiya Until 2:01PM	Ganesha: Purple Muruqa: Yellow Nataraja: Purple Moon – White	Sunrise: 5:46AM Sunset: 6:30PM	Moon 3 - Phase 49 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga			Chaitra-Panguni				
Until 6:43AM		Then Routine Work - Prabalarishta Yoga						

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Tehran, Iran Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 25.44	Tithi 3 – 4	Gulika Yama 123483468	1:43PM – 3:19PM 10:32AM – 12:08PM Rahu 7:20AM – 8:56AM	Bharani Until 7:42AM Priti Until 6:10PM Vanija Until 2:15AM Tue Tritiya Until 2:15PM	Ganesha: Purple Muruqa: Yellow Nataraja: Purple Moon – White	Sunrise: 5:44AM Sunset: 6:31PM	Moon 3 - Phase 49 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga			Chaitra-Panguni				
Until 7:42AM		Then Routine Work - Marana Yoga						

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 8.44	Tithi 4 – 5	Gulika Yama 123483468	12:07PM – 1:43PM 8:55AM – 10:31AM Rahu 3:19PM – 4:55PM	Krittika Until 8:09AM Ayushman Until 4:55PM Bava Until 1:56AM Wed Chaturthi* Until 2:07PM	Ganesha: Purple Muruqa: Yellow Nataraja: Purple Moon – White	Sunrise: 5:43AM Sunset: 6:31PM	Moon 3 - Phase 49 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga			Chaitra-Panguni				
Until 8:09AM		Then Creative Work - Amrita Yoga						

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 21.54	Tithi 5 – 6	Gulika Yama 133483468	10:31AM – 12:07PM 7:18AM – 8:54AM Rahu 12:07PM – 1:43PM	Rohini Until 8:33AM Saubhagya Until 3:23PM Kaulava Until 1:14AM Thu Panchami Until 1:37PM	Ganesha: Clear Muruqa: Yellow Nataraja: Purple Moon – Yellow	Sunrise: 5:42AM Sunset: 6:32PM	Moon 3 - Phase 49 3rd Phase	Sivaloka Day
Creative Work	Siddha Yoga			Chaitra-Panguni				

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 5.17	Tithi 6 – 7	Gulika Yama 133483468	8:54AM – 10:30AM 5:40AM – 7:17AM Rahu 1:43PM – 3:20PM	Mrigashira Until 8:26AM Sobhana Until 1:34PM Gara Until 12:09AM Fri Shashthi* Until 12:44PM	Ganesha: Clear Muruqa: Yellow Nataraja: Purple Moon – Yellow	Sunrise: 5:40AM Sunset: 6:33PM	Moon 3 - Phase 49 3rd Phase	Sivaloka Day
Routine Work	Marana Yoga			Chaitra-Panguni				

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran Sun 21 Sutra 362 Vilamba 5120
Retreat Star		Gulika Yama 133483468	7:16AM – 8:53AM 3:20PM – 4:57PM Rahu 10:30AM – 12:06PM	Ardra Until 7:46AM Athiganda* Until 11:23AM Visti Until 10:38PM Saptami Until 11:26AM	Ganesha: Clear Muruqa: Yellow Nataraja: Purple Moon – Yellow	Sunrise: 5:39AM Sunset: 6:34PM	Moon 3 - Phase 49 Ashtami	Sivaloka Day
Creative Work	Siddha Yoga			Chaitra-Panguni				

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran Sun 22 Sutra 363 Vilamba 5120
Retreat Star		Gulika Yama 143483468	5:38AM – 7:15AM 1:43PM – 3:20PM Rahu 8:52AM – 10:29AM	Punarvasu Until 6:59AM Sukarma Until 8:53AM Balava Until 8:43PM Ashtami* Until 9:43AM	Ganesha: White Muruqa: Yellow Nataraja: Purple Moon – Blue	Sunrise: 5:38AM Sunset: 6:35PM	Moon 3 - Phase 49 Navami	Devaloka Day
Creative Work	Siddha Yoga	Sri Rama Navami		Chaitra-Panguni				

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Tehran, Iran Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 16.52	Tithi 9 – 10	Gulika 3:21PM – 4:58PM	Ashlesha* Until 3:49AM Mon	Ganesha: White <i>Sunrise:</i> 5:36AM		
		Yama 12:06PM – 1:43PM	Dhriti Until 6:05AM	Muruqa: Yellow <i>Sunset:</i> 6:36PM		Moon 3 - Phase 1
		143483468 Rahu 4:58PM – 6:36PM	Taitila Until 6:25PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Blue	Devaloka Day	
Until 3:49AM Mon		Tamil New Year	Navami* Until 7:36AM	Chaitra*Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 1 Vikarin 5121
Simha Rasi: 1.13	Tithi 11	Gulika 1:43PM – 3:21PM	Magha* Until 1:57AM Tue	Ganesha: White <i>Sunrise:</i> 5:35AM		
Family Home Evening		Yama 10:28AM – 12:06PM	Ganda* Until 11:35PM	Muruqa: Yellow <i>Sunset:</i> 6:36PM		Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 Rahu 7:13AM – 8:50AM	Vanija Until 3:46PM	Nataraja: Purple		4th Phase
Until 1:57AM Tue			Ekadashi Until 2:20AM Tue	Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 15.47	Tithi 12	Gulika 12:05PM – 1:43PM	Purvaphalguni Until 11:46PM	Ganesha: White <i>Sunrise:</i> 5:34AM		
		Yama 8:50AM – 10:27AM	Vriddhi Until 8:03PM	Muruqa: Yellow <i>Sunset:</i> 6:37PM		Moon 3 - Phase 1
		253483468 Rahu 3:21PM – 4:59PM	Bava Until 12:53PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:22PM	Moon – Red	Devaloka Day	
Until 11:46PM				Chaitra*Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 3 Vikarin 5121
Kanya Rasi: 0.28	Tithi 13	Gulika 10:27AM – 12:05PM	Uttaraphalguni Until 9:23PM	Ganesha: White <i>Sunrise:</i> 5:32AM		
		Yama 7:11AM – 8:49AM	Dhruva Until 4:26PM	Muruqa: Yellow <i>Sunset:</i> 6:38PM		Moon 3 - Phase 1
		253483468 Rahu 12:05PM – 1:43PM	Kaulava Until 9:52AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 8:20PM	Moon – Red	Devaloka Day	
Until 9:23PM				Chaitra*Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 15.11	Tithi 14 – 15	Gulika 8:48AM – 10:26AM	Hasta Until 7:21PM	Ganesha: Yellow <i>Sunrise:</i> 5:31AM		
		Yama 5:31AM – 7:10AM	Vyaghata* Until 12:52PM	Muruqa: Yellow <i>Sunset:</i> 6:39PM		Moon 3 - Phase 1
		263483468 Rahu 1:43PM – 3:22PM	Gara Until 6:52AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 5:23PM	Moon – Green	Sivaloka Day	
Until 7:21PM				Chaitra*Chaitra		
Then Creative Work - Siddha Yoga						

Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran Sutra 5 Vikarin 5121
Copper Retreat Star		Gulika 7:08AM – 8:47AM	Chitra Until 5:26PM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM		
Kanya Rasi: 29.46	Tithi 15 – 16	Yama 3:22PM – 5:01PM	Harshana Until 9:29AM	Muruqa: Yellow <i>Sunset:</i> 6:40PM		Moon 3 - Phase 1
		263483468 Rahu 10:26AM – 12:05PM	Balava Until 1:27AM Sat	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:39PM	Moon – Green	Sivaloka Day	
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
		Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Tehran, Iran Sutra 6 Vikarin 5121
Silver Retreat Star		Gulika 5:28AM – 7:07AM	Svati Until 3:47PM	Ganesha: Red <i>Sunrise:</i> 5:28AM		
Tula Rasi: 14.08	Tithi 16 – 17	Yama 1:43PM – 3:22PM	Vajra* Until 6:21AM	Muruqa: Yellow <i>Sunset:</i> 6:40PM		Moon 3 - Phase 1
		264483468 Rahu 8:46AM – 10:25AM	Taitila Until 11:21PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:19PM	Moon – Green	Sivaloka Day	
				Chaitra*Chaitra		