



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

Regina, SK, Canada  
Sutra 16

Vrischika Rasi: 4.41      Tithi 17

273832369

**Gulika** 11:55AM – 1:45PM  
Yama 8:14AM – 10:05AM  
**Rahu** 3:36PM – 5:26PM

**Anuradha** Until 5:05AM Wed  
Varyan Until 8:48PM  
Taitila Until 6:40AM  
**Dvitiya** Until 7:09PM

**Ganesha:** Purple      *Sunrise:* 4:33AM  
**Muruqa:** White      *Sunset:* 7:17PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work      Siddha Yoga

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Trityayam Titau

Regina, SK, Canada  
Sun 1      Sutra 17

Vrischika Rasi: 17.07      Tithi 18

273832369

**Gulika** 10:04AM – 11:55AM  
Yama 6:22AM – 8:13AM  
**Rahu** 11:55AM – 1:46PM

**Jyeshtha\*** Until 7:08AM Thu  
Parigha\* Until 8:56PM  
Vanija Until 7:49AM  
**Tritiya** Until 8:34PM

**Ganesha:** Purple      *Sunrise:* 4:31AM  
**Muruqa:** White      *Sunset:* 7:18PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work      Siddha Yoga

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada  
Sun 2      Sutra 18

Vrischika Rasi: 29.2      Tithi 19

274832369

**Gulika** 8:12AM – 10:03AM  
Yama 4:30AM – 6:21AM  
**Rahu** 1:46PM – 3:37PM

**Jyeshtha\*** Until 7:08AM  
Shiva Until 9:28PM  
Bava Until 9:30AM  
**Chaturthi\*** Until 10:30PM

**Ganesha:** Clear      *Sunrise:* 4:30AM  
**Muruqa:** White      *Sunset:* 7:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work      Prabalarishta Yoga

**Bhuloka Day**

Until 7:08AM

Devaloka Time: 9:AM to12:PM

Then Creative Work - Siddha Yoga

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada  
Sun 3      Sutra 19

Dhanus Rasi: 11.2      Tithi 20

284832369

**Gulika** 6:20AM – 8:11AM  
Yama 3:38PM – 5:30PM  
**Rahu** 10:03AM – 11:55AM

**Mula\*** Until 9:59AM  
Siddha Until 10:17PM  
Kaulava Until 11:39AM  
**Panchami** Until 12:50AM Sat

**Ganesha:** White      *Sunrise:* 4:28AM  
**Muruqa:** White      *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work      Amrita Yoga

**Devaloka Day**

Until 9:59AM

Then Routine Work - Prabalarishta Yoga

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada  
Sun 4      Sutra 20

Dhanus Rasi: 23.13      Tithi 21

284832369

**Gulika** 4:26AM – 6:18AM  
Yama 1:47PM – 3:39PM  
**Rahu** 8:10AM – 10:02AM

**Purvashadha\*** Until 12:59PM  
Sadhya Until 11:18PM  
Gara Until 2:07PM  
**Shashthi\*** Until 3:23AM Sun

**Ganesha:** White      *Sunrise:* 4:26AM  
**Muruqa:** White      *Sunset:* 7:23PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work      Siddha Yoga

**Devaloka Day**

Until 12:59PM

Then Routine Work - Marana Yoga

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Regina, SK, Canada  
Sun 5      Sutra 21

Makara Rasi: 5.02      Tithi 22

284832369

**Gulika** 3:39PM – 5:32PM  
Yama 11:54AM – 1:47PM  
**Rahu** 5:32PM – 7:24PM

**Uttarashadha** Until 3:55PM  
Subha Until 12:22AM Mon  
Visti Until 4:42PM  
**Saptami** Until 5:56AM Mon

**Ganesha:** White      *Sunrise:* 4:25AM  
**Muruqa:** White      *Sunset:* 7:24PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work      Amrita Yoga

**Devaloka Day**

**D**

**Monday, May 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Balava Karana Ashtamyam Titau

Regina, SK, Canada  
Sun 6      Sutra 22

Makara Rasi: 16.51      Tithi 23

294832369

**Gulika** 1:47PM – 3:40PM  
Yama 10:02AM – 11:54AM  
**Rahu** 6:16AM – 8:09AM

**Shravana** Until 7:04PM  
Sukla Until 1:14AM Tue  
Balava Until 7:08PM  
**Ashtami\*** Until 8:12AM Tue

**Ganesha:** Yellow      *Sunrise:* 4:23AM  
**Muruqa:** White      *Sunset:* 7:26PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Creative Work      Amrita Yoga

**Bhuloka Day**

Until 7:04PM

Devaloka Time: 9:AM to12:PM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

**Tuesday, May 8, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada  
Sun 7      Sutra 23

Makara Rasi: 28.46      Tithi 23 – 24

294832369

**Gulika** 11:54AM – 1:48PM  
Yama 8:08AM – 10:01AM  
**Rahu** 3:41PM – 5:34PM

**Dhanishtha** Until 9:40PM  
Brahma Until 1:46AM Wed  
Taitila Until 9:10PM  
**Ashtami\*** Until 8:12AM

**Ganesha:** Yellow      *Sunrise:* 4:21AM  
**Muruqa:** White      *Sunset:* 7:27PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work      Siddha Yoga

**Bhuloka Day**

Until 9:40PM

Devaloka Time: 9:AM to12:PM

Then Routine Work - Marana Yoga

<b>1</b>	<b>Wednesday, May 9, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Regina, SK, Canada Sun 8 Sutra 24 Vilamba 5120
	Kumbha Rasi: 10.53 Tithi 24 – 25 294832369	<b>Gulika</b> 10:01AM – 11:54AM Yama 6:13AM – 8:07AM <b>Rahu</b> 11:54AM – 1:48PM	<b>Shatabhishak</b> Until 11:30PM Indra Until 1:49AM Thu Vanija Until 10:35PM Navami* Until 9:57AM

Creative Work Siddha Yoga Until 11:30PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> White <i>Sunset:</i> 7:29PM <b>Nataraja:</b> Purple Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
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<b>2</b>	<b>Thursday, May 10, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Regina, SK, Canada Sun 9 Sutra 25 Vilamba 5120
	Kumbha Rasi: 23.17 Tithi 25 – 26 214832369	<b>Gulika</b> 8:06AM – 10:00AM Yama 4:18AM – 6:12AM <b>Rahu</b> 1:48PM – 3:42PM	<b>Purvaproshtapada*</b> Until 12:55AM Fri Vaidhriti* Until 1:14AM Fri Bava Until 11:14PM Dashami Until 11:00AM

Creative Work Siddha Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> White <i>Sunset:</i> 7:30PM <b>Nataraja:</b> Purple Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
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<b>3</b>	<b>Friday, May 11, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Regina, SK, Canada Sun 10 Sutra 26 Vilamba 5120
	Meena Rasi: 6.04 Tithi 26 – 27 214932369	<b>Gulika</b> 6:11AM – 8:05AM Yama 3:43PM – 5:38PM <b>Rahu</b> 10:00AM – 11:54AM	<b>Uttaraproshtapada</b> Until 1:22AM Sat Vishkambha* Until 12:01AM Sat Kaulava Until 11:03PM Ekadashi* Until 11:14AM

Creative Work Siddha Yoga Until 1:22AM Sat Then Routine Work - Prabalarishta Yoga	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:17AM <b>Muruqa:</b> White <i>Sunset:</i> 7:32PM <b>Nataraja:</b> Purple Moon – Clear	<b>Bhuloka Day</b>
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<b>4</b>	<b>Saturday, May 12, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Regina, SK, Canada Sun 11 Sutra 27 Vilamba 5120
	Meena Rasi: 19.14 Tithi 27 – 28 214932369	<b>Gulika</b> 4:15AM – 6:10AM Yama 1:49PM – 3:44PM <b>Rahu</b> 8:05AM – 9:59AM	<b>Revati</b> Until 12:53AM Sun Priti Until 10:10PM Gara Until 10:05PM Dvadashi* Until 10:39AM <i>Pradosha Vrata (Fasting)</i>

Routine Work Prabalarishta Yoga Until 12:53AM Sun Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:15AM <b>Muruqa:</b> White <i>Sunset:</i> 7:33PM <b>Nataraja:</b> Purple Moon – Clear	<b>Bhuloka Day</b>
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<b>5</b>	<b>Sunday, May 13, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Regina, SK, Canada Sun 12 Sutra 28 Vilamba 5120
	Mesha Rasi: 2.5 Tithi 28 – 29 224932369	<b>Gulika</b> 3:45PM – 5:40PM Yama 11:54AM – 1:49PM <b>Rahu</b> 5:40PM – 7:35PM	<b>Ashvini</b> Until 12:01AM Mon Ayushman Until 7:45PM Visti Until 8:24PM Trayodashi* Until 9:18AM

Creative Work Siddha Yoga	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:13AM <b>Muruqa:</b> White <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – White	<b>Bhuloka Day</b>
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Mother's Day

	<b>Monday, May 14, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Regina, SK, Canada Sun 13 Sutra 29 Vilamba 5120
	Mesha Rasi: 16.51 Tithi 29 – 30 224932369	<b>Gulika</b> 1:50PM – 3:45PM Yama 9:59AM – 11:54AM <b>Rahu</b> 6:08AM – 8:03AM	<b>Bharani</b> Until 10:28PM Saubhagya Until 4:51PM Catuspada Until 6:09PM Chaturdashi* Until 7:20AM

Retreat Star Family Home Evening Creative Work Siddha Yoga Until 10:28PM Then Routine Work - Marana Yoga	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:12AM <b>Muruqa:</b> White <i>Sunset:</i> 7:36PM <b>Nataraja:</b> Purple Moon – White	<b>Bhuloka Day</b>
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<b>Retreat Star</b>	<b>Tuesday, May 15, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau	Regina, SK, Canada Sun 14 Sutra 30 Vilamba 5120
	Vrishabha Rasi: 1.11 Tithi 1 225932369	<b>Gulika</b> 11:54AM – 1:50PM Yama 8:02AM – 9:58AM <b>Rahu</b> 3:46PM – 5:42PM	<b>Krittika</b> Until 8:22PM Sobhana Until 1:37PM Kintughna Until 3:29PM Prathama* Until 2:01AM Wed

Creative Work Siddha Yoga Until 8:22PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:11AM <b>Muruqa:</b> White <i>Sunset:</i> 7:38PM <b>Nataraja:</b> Purple Moon – White	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
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<b>1</b>	<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 31 Vilamba 5120
	Vrishabha Rasi: 15.46	Tithi 2	Gulika 9:58AM – 11:54AM	Rohini Until 6:20PM	Ganesha: Yellow	Sunrise: 4:09AM	Moon 4 - Phase 5
	235932369	Rahu 11:54AM – 1:50PM	Yama 6:05AM – 8:02AM	Athiganda* Until 10:08AM	Muruga: White	Sunset: 7:39PM	3rd Phase
	Creative Work	Siddha Yoga		Balava Until 12:33PM	Nataraja: Purple		<b>Bhuloka Day</b>
			Dvitiya Until 11:01PM	Moon – Yellow		Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 32 Vilamba 5120
	Mithuna Rasi: 0.28	Tithi 3	Gulika 8:01AM – 9:58AM	Mrigashira Until 4:05PM	Ganesha: Yellow	Sunrise: 4:08AM	Moon 4 - Phase 5
	235932369	Rahu 1:51PM – 3:47PM	Yama 4:08AM – 6:04AM	Sukarma Until 6:34AM	Muruga: White	Sunset: 7:41PM	3rd Phase
	Routine Work	Marana Yoga		Taitila Until 9:30AM	Nataraja: Purple		<b>Bhuloka Day</b>
			Tritiya Until 7:58PM	Moon – Yellow		Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Regina, SK, Canada Sun 17 Sutra 33 Vilamba 5120
	Mithuna Rasi: 15.1	Tithi 4 – 5	Gulika 6:03AM – 8:00AM	Ardra Until 1:46PM	Ganesha: Yellow	Sunrise: 4:07AM	Moon 4 - Phase 5
	235932369	Rahu 9:57AM – 11:54AM	Yama 3:48PM – 5:45PM	Shula* Until 11:32PM	Muruga: White	Sunset: 7:42PM	3rd Phase
	Creative Work	Siddha Yoga		Vanija Until 6:29AM	Nataraja: Purple		<b>Bhuloka Day</b>
			Chaturthi* Until 5:00PM	Moon – Yellow		Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 18 Sutra 34 Vilamba 5120
	Mithuna Rasi: 29.46	Tithi 5 – 6	Gulika 4:05AM – 6:03AM	Punarvasu Until 11:55AM	Ganesha: White	Sunrise: 4:05AM	Moon 4 - Phase 5
	245932369	Rahu 8:00AM – 9:57AM	Yama 1:52PM – 3:49PM	Ganda* Until 8:16PM	Muruga: White	Sunset: 7:43PM	3rd Phase
	Creative Work	Siddha Yoga		Kaulava Until 1:00AM Sun	Nataraja: Purple		<b>Devaloka Day</b>
			Panchami Until 2:15PM	Moon – Blue		Jyeshtha Adhika-Vaikasi	

<b>5</b>	<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Regina, SK, Canada Sun 19 Sutra 35 Vilamba 5120
	Kataka Rasi: 14.09	Tithi 6 – 7	Gulika 3:49PM – 5:47PM	Pushya Until 10:13AM	Ganesha: White	Sunrise: 4:04AM	Moon 4 - Phase 5
	245932369	Rahu 5:47PM – 7:45PM	Yama 11:54AM – 1:52PM	Vriddhi Until 5:17PM	Muruga: White	Sunset: 7:45PM	3rd Phase
	Creative Work	Siddha Yoga		Gara Until 10:43PM	Nataraja: Purple		<b>Devaloka Day</b>
			Shashthi* Until 11:48AM	Moon – Blue		Jyeshtha Adhika-Vaikasi	

<b>Monday, May 21, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 20 Sutra 36 Vilamba 5120
	Kataka Rasi: 28.19	Tithi 7 – 8	Gulika 1:52PM – 3:50PM	Ashlesha* Until 8:44AM	Ganesha: White	Sunrise: 4:03AM	Moon 4 - Phase 5
	245932369	Rahu 6:01AM – 7:59AM	Yama 9:56AM – 11:54AM	Dhruva Until 2:35PM	Muruga: White	Sunset: 7:46PM	Ashtami
	Family Home Evening	Siddha Yoga		Visiti Until 8:49PM	Nataraja: Purple		<b>Devaloka Day</b>
			Saptami Until 9:42AM	Moon – Blue		Jyeshtha Adhika-Vaikasi	

<b>Tuesday, May 22, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 21 Sutra 37 Vilamba 5120
	Simha Rasi: 12.13	Tithi 8 – 9	Gulika 11:54AM – 1:53PM	Magha* Until 7:55AM	Ganesha: Clear	Sunrise: 4:02AM	Moon 4 - Phase 5
	255932369	Rahu 3:51PM – 5:49PM	Yama 7:58AM – 9:56AM	Vyaghata* Until 12:13PM	Muruga: White	Sunset: 7:47PM	Navami
	Creative Work	Siddha Yoga		Balava Until 7:19PM	Nataraja: Purple		<b>Bhuloka Day</b>
			Ashtami* Until 8:00AM	Moon – Red		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada
	Simha Rasi: 25.53	Tithi 9 – 10	255932369	<b>Gulika</b> 9:56AM – 11:54AM Yama 5:59AM – 7:57AM <b>Rahu</b> 11:54AM – 1:53PM	<b>Purvaphalguni Until 7:23AM</b> Harshana Until 10:12AM Taitila Until 6:13PM <b>Navami* Until 6:42AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha Adhika-Vaikasi</b>	Sun 22 Sutra 38 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
	Creative Work	Amrita Yoga					

<b>2</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada
	Kanya Rasi: 9.19	Tithi 11	255932369	<b>Gulika</b> 7:57AM – 9:56AM Yama 3:59AM – 5:58AM <b>Rahu</b> 1:53PM – 3:52PM	<b>Uttaraphalguni Until 7:05AM</b> Vajra* Until 8:28AM Vanija Until 5:31PM <b>Ekadashi Until 5:18AM Fri</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha Adhika-Vaikasi</b>	Sun 23 Sutra 39 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
	Amrita Yoga						
	Until 7:05AM						

<b>3</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyaptipata* Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada
	Kanya Rasi: 22.31	Tithi 12	366932369	<b>Gulika</b> 5:57AM – 7:56AM Yama 3:53PM – 5:52PM <b>Rahu</b> 9:56AM – 11:55AM	<b>Hasta Until 7:28AM</b> Siddhi Until 7:04AM Bava Until 5:12PM <b>Dvadashi Until 5:11AM Sat</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sun 24 Sutra 40 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b>
	Creative Work	Amrita Yoga					
	Until 7:28AM						

<b>4</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada
	Tula Rasi: 5.32	Tithi 13	366932369	<b>Gulika</b> 3:57AM – 5:57AM Yama 1:54PM – 3:54PM <b>Rahu</b> 7:56AM – 9:55AM	<b>Chitra Until 8:05AM</b> Varyan Until 6:00AM Kaulava Until 5:17PM <b>Trayodashi Until 5:27AM Sun</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sun 25 Sutra 41 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b>
	Routine Work	Marana Yoga					
	Until 8:05AM						

<b>5</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada
	Tula Rasi: 18.21	Tithi 14	366932369	<b>Gulika</b> 3:54PM – 5:54PM Yama 11:55AM – 1:55PM <b>Rahu</b> 5:54PM – 7:53PM	<b>Svati Until 8:56AM</b> Parigha* Until 4:44AM Mon Gara Until 5:46PM <b>Chaturdashi* Until 6:09AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sun 26 Sutra 42 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b>
	Creative Work	Siddha Yoga					
	Until 8:56AM						

	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada
	<b>Copper Retreat Star</b>		376932369	<b>Gulika</b> 1:55PM – 3:55PM Yama 9:55AM – 11:55AM <b>Rahu</b> 5:55AM – 7:55AM	<b>Vishakha Until 10:30AM</b> Shiva Until 4:39AM Tue Visti Until 6:41PM <b>Chaturdashi* Until 6:09AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha Adhika-Vaikasi</b>	Sun 27 Sutra 43 Vilamba 5120 Moon 4 - Phase 6 Purnima <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Vrischika Rasi: 0.58	Tithi 14 – 15					
	<b>Family Home Evening</b>						

	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada
	<b>Silver Retreat Star</b>		376932369	<b>Gulika</b> 11:55AM – 1:55PM Yama 7:55AM – 9:55AM <b>Rahu</b> 3:55PM – 5:56PM	<b>Anuradha Until 12:22PM</b> Siddha Until 4:53AM Wed Balava Until 8:03PM <b>Purnima* Until 7:17AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha Adhika-Vaikasi</b>	Sun 28 Sutra 44 Vilamba 5120 Moon 4 - Phase 6 Prathama <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Vrischika Rasi: 13.23	Tithi 15 – 16					
	Creative Work	Siddha Yoga					

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 25.38 Tithi 16 - 17

387932369

Gulika

9:55AM - 11:55AM

Yama

5:54AM - 7:54AM

Rahu

11:55AM - 1:56PM

Jyeshtha\* Until 2:29PM

Sadhya Until 5:27AM Thu

Taitila Until 9:51PM

Prathama\* Until 8:52AM

Ganesha: Clear

Sunrise: 3:54AM

Muruqa: White

Sunset: 7:57PM

Nataraja: Purple

Moon - Orange

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 2:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1

Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 7.41 Tithi 17 - 18

386932369

Gulika

7:54AM - 9:55AM

Yama

3:53AM - 5:53AM

Rahu

1:56PM - 3:57PM

Mula\* Until 5:19PM

Subha Until 6:18AM Fri

Vanija Until 12:02AM Fri

Dvitiya Until 10:53AM

Ganesha: White

Sunrise: 3:53AM

Muruqa: White

Sunset: 7:58PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Until 2:29PM

Then Routine Work - Marana Yoga

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada

Sun 2

Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 19.37 Tithi 18 - 19

387932369

Gulika

5:53AM - 7:54AM

Yama

3:57PM - 5:58PM

Rahu

9:55AM - 11:55AM

Purvashadha\* Until 8:17PM

Subha Until 6:18AM

Bava Until 2:30AM Sat

Tritiya Until 1:13PM

Ganesha: Yellow

Sunrise: 3:52AM

Muruqa: White

Sunset: 7:59PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 8:17PM

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3

Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 1.26 Tithi 19 - 20

387932369

Gulika

3:51AM - 5:52AM

Yama

1:57PM - 3:58PM

Rahu

7:53AM - 9:55AM

Uttarashadha Until 11:15PM

Sukla Until 7:20AM

Kaulava Until 5:06AM Sun

Chaturthi\* Until 3:47PM

Ganesha: Yellow

Sunrise: 3:51AM

Muruqa: White

Sunset: 8:00PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 11:15PM

Then Creative Work - Siddha Yoga

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Brahma/Indra Yoga Taitila Karana Panchamyam Titau

Regina, SK, Canada

Sun 4

Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 13.13 Tithi 20

397932369

Gulika

3:58PM - 6:00PM

Yama

11:56AM - 1:57PM

Rahu

6:00PM - 8:01PM

Shravana Until 2:32AM Mon

Brahma Until 8:27AM

Taitila Until 6:22PM

Panchami Until 6:22PM

Ganesha: Blue

Sunrise: 3:51AM

Muruqa: White

Sunset: 8:01PM

Nataraja: Purple

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 2:32AM Mon

Then Creative Work - Siddha Yoga

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada

Sun 5

Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 25.02 Tithi 21

397932369

Gulika

1:57PM - 3:59PM

Yama

9:54AM - 11:56AM

Rahu

5:52AM - 7:53AM

Dhanishtha Until 5:25AM Tue

Indra Until 9:30AM

Gara Until 7:37AM

Shashthi\* Until 8:46PM

Ganesha: Blue

Sunrise: 3:50AM

Muruqa: White

Sunset: 8:02PM

Nataraja: Purple

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 5:25AM Tue

Then Routine Work - Marana Yoga

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Regina, SK, Canada

Sun 6

Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 6.57 Tithi 22

397132361

Gulika

11:56AM - 1:58PM

Yama

7:53AM - 9:54AM

Rahu

3:59PM - 6:01PM

Shatabhishak Until 7:39AM Wed

Vaidhriti\* Until 10:17AM

Visti Until 9:51AM

Saptami Until 10:45PM

Ganesha: Purple

Sunrise: 3:49AM

Muruqa: White

Sunset: 8:03PM

Nataraja: White

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Routine Work Marana Yoga

Until 7:39AM Wed

Then Creative Work - Amrita Yoga

Retreat Star

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 7

Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 19.04 Tithi 23

397132361

Gulika

9:54AM - 11:56AM

Yama

5:51AM - 7:53AM

Rahu

11:56AM - 1:58PM

Shatabhishak Until 7:39AM

Vishkambha\* Until 10:41AM

Balava Until 11:33AM

Ashtami\* Until 12:08AM Thu

Ganesha: Purple

Sunrise: 3:49AM

Muruqa: White

Sunset: 8:04PM

Nataraja: White

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 7:39AM

Then Creative Work - Amrita Yoga

Retreat Star

Thursday, June 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 8

Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Meena Rasi: 1.28 Tithi 24

318132361

Gulika

7:52AM - 9:54AM

Yama

3:48AM - 5:50AM

Rahu

1:58PM - 4:00PM

Purvaprosarthapada\* Until 9:33AM

Priti Until 10:33AM

Taitila Until 12:33PM

Navami\* Until 12:44AM Fri

Ganesha: Red

Sunrise: 3:48AM

Muruqa: White

Sunset: 8:05PM

Nataraja: White

Moon - Clear

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Regina, SK, Canada Sun 9 Sutra 54
Meena Rasi: 14.13	Tithi 25	<b>Gulika</b> 5:50AM – 7:52AM	<b>Uttaraproshtapada</b> Until 10:31AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:48AM	Vilamba 5120
		Yama 4:01PM – 6:03PM	Ayushman Until 9:45AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8
318132361	<b>Rahu</b> 9:54AM – 11:57AM		Vanija Until 12:44PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:29AM Sat	Moon – Clear		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Regina, SK, Canada Sun 10 Sutra 55
Meena Rasi: 27.23	Tithi 26	<b>Gulika</b> 3:48AM – 5:50AM	<b>Revati</b> Until 10:29AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:48AM	Vilamba 5120
		Yama 1:59PM – 4:01PM	Saubhagya Until 8:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8
318132361	<b>Rahu</b> 7:52AM – 9:55AM		Bava Until 12:04PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi*</b> Until 11:25PM	Moon – Clear		<b>Bhuloka Day</b>
Until 10:29AM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Tailila Karana Dvadashyam Titau				Regina, SK, Canada Sun 11 Sutra 56
Mesha Rasi: 11.01	Tithi 27	<b>Gulika</b> 4:02PM – 6:04PM	<b>Ashvini</b> Until 9:58AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:47AM	Vilamba 5120
		Yama 11:57AM – 1:59PM	Sobhana Until 6:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8
328132361	<b>Rahu</b> 6:04PM – 8:07PM		Kaulava Until 10:36AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 9:34PM	Moon – White		<b>Bhuloka Day</b>
Until 9:58AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Regina, SK, Canada Sun 12 Sutra 57
Mesha Rasi: 25.07	Tithi 28	<b>Gulika</b> 2:00PM – 4:02PM	<b>Bharani</b> Until 8:35AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:47AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 9:55AM – 11:57AM	Sukarma Until 12:18AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8
328132361	<b>Rahu</b> 5:50AM – 7:52AM		Gara Until 8:25AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 7:05PM	Moon – White		<b>Bhuloka Day</b>
Until 8:35AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 58
Vrishabha Rasi: 9.37	Tithi 29 – 30	<b>Gulika</b> 11:57AM – 2:00PM	<b>Krittika</b> Until 6:29AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:47AM	Vilamba 5120
		Yama 7:52AM – 9:55AM	Dhriti Until 8:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:08PM	Moon 5 - Phase 8
328132361	<b>Rahu</b> 4:03PM – 6:05PM		Catuspada Until 2:30AM Wed	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 4:06PM	Moon – White		<b>Bhuloka Day</b>
Until 6:29AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 59
<b>Retreat Star</b>		<b>Gulika</b> 9:55AM – 11:58AM	<b>Mrigashira</b> Until 1:37AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:47AM	Vilamba 5120
Vrishabha Rasi: 24.25	Tithi 30 – 1	Yama 5:49AM – 7:52AM	Shula* Until 4:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 8
338132361	<b>Rahu</b> 11:58AM – 2:00PM		Kintughna Until 11:03PM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:47PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 1:37AM Thu				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga						

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 60
<b>Retreat Star</b>		<b>Gulika</b> 7:52AM – 9:55AM	<b>Ardra</b> Until 10:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:46AM	Vilamba 5120
Mithuna Rasi: 9.24	Tithi 1 – 2	Yama 3:46AM – 5:49AM	Ganda* Until 12:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 8
339132361	<b>Rahu</b> 2:01PM – 4:04PM		Balava Until 7:31PM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 9:16AM	Moon – Yellow		<b>Bhuloka Day</b>
Until 10:46PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga						

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Triliyayam Titau		Regina, SK, Canada Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 24.26	Tithi 3	<b>Gulika</b> 5:49AM – 7:52AM	<b>Punarvasu</b> Until 8:16PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:46AM		
		Yama 4:04PM – 6:07PM	Vriddhi Until 8:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 9	
		349132361 <b>Rahu</b> 9:55AM – 11:58AM	Taitila Until 4:02PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 2:20AM Sat	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:16PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Regina, SK, Canada Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 9.21	Tithi 4	<b>Gulika</b> 3:46AM – 5:49AM	<b>Pushya</b> Until 5:51PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:46AM		
		Yama 2:01PM – 4:04PM	Vyaghata* Until 1:28AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 9	
		349132361 <b>Rahu</b> 7:52AM – 9:55AM	Vanija Until 12:44PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 11:11PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 5:51PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 24.04	Tithi 5	<b>Gulika</b> 4:04PM – 6:08PM	<b>Ashlesha*</b> Until 3:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:46AM		
		Yama 11:58AM – 2:01PM	Harshana Until 10:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:11PM	Moon 5 - Phase 9	
		349132361 <b>Rahu</b> 6:08PM – 8:11PM	Bava Until 9:46AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 8:26PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 3:40PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Regina, SK, Canada Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 8.28	Tithi 6	<b>Gulika</b> 2:02PM – 4:05PM	<b>Magha*</b> Until 2:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:46AM		
<b>Family Home Evening</b>		Yama 9:56AM – 11:59AM	Vajra* Until 7:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:11PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 5:49AM – 7:52AM	Kaulava Until 7:15AM	<b>Nataraja:</b> White		3rd Phase	
Until 2:14PM			<b>Shashthi*</b> Until 6:09PM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau		Regina, SK, Canada Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 22.31	Tithi 7 – 8	<b>Gulika</b> 11:59AM – 2:02PM	<b>Purvaphalguni</b> Until 1:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:46AM		
		Yama 7:53AM – 9:56AM	Siddhi Until 4:55PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:11PM	Moon 5 - Phase 9	
		359132361 <b>Rahu</b> 4:05PM – 6:08PM	Visti Until 3:49AM Wed	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 4:27PM	Moon – Red		<b>Devaloka Day</b>	
Until 1:12PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Regina, SK, Canada Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 6.12	Tithi 8 – 9	<b>Gulika</b> 9:56AM – 11:59AM	<b>Uttaraphalguni</b> Until 12:36PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:46AM		
		Yama 5:50AM – 7:53AM	Vyatipata* Until 3:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 9	
		359132361 <b>Rahu</b> 11:59AM – 2:02PM	Balava Until 3:00AM Thu	<b>Nataraja:</b> White		Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 3:19PM	Moon – Red		<b>Devaloka Day</b>	
Until 12:36PM		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 19.33	Tithi 9 – 10	<b>Gulika</b> 7:53AM – 9:56AM	<b>Hasta</b> Until 12:54PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:47AM		
		Yama 3:47AM – 5:50AM	Variyan Until 1:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 9	
		369132361 <b>Rahu</b> 2:02PM – 4:06PM	Taitila Until 2:45AM Fri	<b>Nataraja:</b> White		Navami	
Routine Work	Marana Yoga		<b>Navami*</b> Until 2:47PM	Moon – Green		<b>Bhuloka Day</b>	
Until 12:54PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>		<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Regina, SK, Canada Sun 23 Sutra 68 Vilamba 5120	
Tula Rasi: 2.35	Tithi 10 – 11	<b>Gulika</b>	5:50AM – 7:53AM	<b>Chitra Until 1:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:47AM		
		Yama	4:06PM – 6:09PM	Parigha* Until 12:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10	
		361132361 <b>Rahu</b>	9:56AM – 11:59AM	Vanija Until 3:03AM Sat	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 2:49PM</b>	Moon – Green			<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>			

<b>2</b>		<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Regina, SK, Canada Sun 24 Sutra 69 Vilamba 5120	
Tula Rasi: 15.22	Tithi 11 – 12	<b>Gulika</b>	3:47AM – 5:50AM	<b>Svati Until 2:38PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:47AM		
		Yama	2:03PM – 4:06PM	Shiva Until 11:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10	
		361132361 <b>Rahu</b>	7:53AM – 9:57AM	Bava Until 3:50AM Sun	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 3:21PM</b>	Moon – Green			<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>			

<b>3</b>		<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Regina, SK, Canada Sun 25 Sutra 70 Vilamba 5120	
Tula Rasi: 27.55	Tithi 12 – 13	<b>Gulika</b>	4:06PM – 6:09PM	<b>Vishakha Until 4:28PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:47AM		
		Yama	12:00PM – 2:03PM	Siddha Until 11:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10	
		371142361 <b>Rahu</b>	6:09PM – 8:12PM	Kaulava Until 5:05AM Mon	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga			<b>Dvadashi Until 4:23PM</b>	Moon – Orange			<b>Devaloka Day</b>
					<b>Jyeshtha-Ani</b>			
					<i>Pradosha Vrata</i>			

<b>4</b>		<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Regina, SK, Canada Sun 26 Sutra 71 Vilamba 5120	
Vrischika Rasi: 10.16	Tithi 13 – 14	<b>Gulika</b>	2:03PM – 4:06PM	<b>Anuradha Until 6:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:48AM		
<b>Family Home Evening</b>		Yama	9:57AM – 12:00PM	Sadhya Until 11:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10	
Creative Work	Siddha Yoga	371142361 <b>Rahu</b>	5:51AM – 7:54AM	Gara Until 6:44AM Tue	<b>Nataraja:</b> White		4th Phase	
				<b>Trayodashi Until 5:50PM</b>	Moon – Orange			<b>Devaloka Day</b>
					<b>Jyeshtha-Ani</b>			

<b>5</b>		<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau			Regina, SK, Canada Sun 27 Sutra 72 Vilamba 5120	
Vrischika Rasi: 22.26	Tithi 14	<b>Gulika</b>	12:00PM – 2:03PM	<b>Jyeshtha* Until 8:51PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:48AM		
		Yama	7:54AM – 9:57AM	Subha Until 12:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10	
		371142361 <b>Rahu</b>	4:06PM – 6:09PM	Gara Until 6:44AM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga			<b>Chaturdashi* Until 7:40PM</b>	Moon – Orange			<b>Devaloka Day</b>
Until 8:51PM					<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga								

		<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Purnimayam Titau			Regina, SK, Canada Sutra 73 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	9:58AM – 12:00PM	<b>Mula* Until 11:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:49AM		
Dhanus Rasi: 4.29	Tithi 15	Yama	5:52AM – 7:55AM	Sukla Until 1:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10	
		381142361 <b>Rahu</b>	12:00PM – 2:03PM	Visti Until 8:45AM	<b>Nataraja:</b> White		Purnima	
Routine Work	Marana Yoga			<b>Purnima* Until 9:51PM</b>	Moon – Light Blue			<b>Bhuloka Day</b>
Until 11:48PM					<b>Jyeshtha-Ani</b>			Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga								

<b>Thursday, June 28, 2018</b>		<b>Silver Retreat Star</b>			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau			Regina, SK, Canada Sutra 74 Vilamba 5120	
Dhanus Rasi: 16.23	Tithi 16	<b>Gulika</b>	7:55AM – 9:58AM	<b>Purvashadha* Until 2:49AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:49AM			
		Yama	3:49AM – 5:52AM	Brahma Until 1:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10		
		381142361 <b>Rahu</b>	2:03PM – 4:06PM	Balava Until 11:03AM	<b>Nataraja:</b> White		Prathama		
Creative Work	Siddha Yoga			<b>Prathama* Until 12:16AM Fri</b>	Moon – Light Blue			<b>Bhuloka Day</b>	
Until 2:49AM Fri					<b>Jyeshtha-Ani</b>			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada  
Sun 1 Sutra 75

Dhanus Rasi: 28.13 Tithi 17

381142361

**Gulika** 5:53AM – 7:55AM  
**Yama** 4:06PM – 6:09PM  
**Rahu** 9:58AM – 12:01PM

**Uttarashadha Until 5:47AM Sat**  
Indra Until 3:02PM  
Taitila Until 1:34PM  
**Dvitiya Until 2:51AM Sat**

**Ganesha:** Blue *Sunrise: 3:50AM*  
**Muruqa:** Clear *Sunset: 8:12PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 5:47AM Sat  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Regina, SK, Canada  
Sun 2 Sutra 76

Makara Rasi: 10.01 Tithi 18

391242361

**Gulika** 3:50AM – 5:53AM  
**Yama** 2:04PM – 4:06PM  
**Rahu** 7:56AM – 9:58AM

**Shravana Until 9:06AM Sun**  
Vaidhriti\* Until 4:09PM  
Vanija Until 4:10PM  
**Tritiya Until 5:26AM Sun**

**Ganesha:** Red *Sunrise: 3:50AM*  
**Muruqa:** Clear *Sunset: 8:12PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga  
Until 9:06AM Sun  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Bava Karana Chaturthyam Titau

Regina, SK, Canada  
Sun 3 Sutra 77

Makara Rasi: 21.47 Tithi 19

391242361

**Gulika** 4:06PM – 6:09PM  
**Yama** 12:01PM – 2:04PM  
**Rahu** 6:09PM – 8:11PM

**Shravana Until 9:06AM**  
Vishkambha\* Until 5:14PM  
Bava Until 6:43PM  
**Chaturthi\* Until 7:53AM Mon**

**Ganesha:** Red *Sunrise: 3:51AM*  
**Muruqa:** Clear *Sunset: 8:11PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 9:06AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada  
Sun 4 Sutra 78

Kumbha Rasi: 3.38 Tithi 19 – 20

392242361

**Gulika** 2:04PM – 4:06PM  
**Yama** 9:59AM – 12:01PM  
**Rahu** 5:54AM – 7:57AM

**Dhanishtha Until 12:05PM**  
Priti Until 6:10PM  
Kaulava Until 9:01PM  
**Chaturthi\* Until 7:53AM**

**Ganesha:** Yellow *Sunrise: 3:52AM*  
**Muruqa:** Clear *Sunset: 8:11PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada  
Sun 5 Sutra 79

Kumbha Rasi: 15.35 Tithi 20 – 21

392242361

**Gulika** 12:02PM – 2:04PM  
**Yama** 7:57AM – 9:59AM  
**Rahu** 4:06PM – 6:08PM

**Shatabhishak Until 2:34PM**  
Ayushman Until 6:46PM  
Gara Until 10:55PM  
**Panchami Until 10:00AM**

**Ganesha:** Yellow *Sunrise: 3:52AM*  
**Muruqa:** Clear *Sunset: 8:11PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada  
Sun 6 Sutra 80

Kumbha Rasi: 27.44 Tithi 21 – 22

312242361

**Gulika** 10:00AM – 12:02PM  
**Yama** 5:55AM – 7:57AM  
**Rahu** 12:02PM – 2:04PM

**Purvaprosarthapada\* Until 4:53PM**  
Saubhagya Until 6:58PM  
Visti Until 12:15AM Thu  
**Shashthi\* Until 11:38AM**

**Ganesha:** Orange *Sunrise: 3:53AM*  
**Muruqa:** Clear *Sunset: 8:10PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 4:53PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**D**

**Thursday, July 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Regina, SK, Canada  
Sun 7 Sutra 81

Meena Rasi: 10.08 Tithi 22 – 23

312242361

**Gulika** 7:58AM – 10:00AM  
**Yama** 3:54AM – 5:56AM  
**Rahu** 2:04PM – 4:06PM

**Uttaraprosarthapada Until 6:23PM**  
Sobhana Until 6:39PM  
Balava Until 12:53AM Fri  
**Saptami Until 12:38PM**

**Ganesha:** Orange *Sunrise: 3:54AM*  
**Muruqa:** Clear *Sunset: 8:10PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada  
Sun 8 Sutra 82

Meena Rasi: 22.52 Tithi 23 – 24

412242361

**Gulika** 5:57AM – 7:58AM  
**Yama** 4:06PM – 6:07PM  
**Rahu** 10:00AM – 12:02PM

**Revati Until 6:59PM**  
Athiganda\* Until 5:43PM  
Taitila Until 12:44AM Sat  
**Ashtami\* Until 12:54PM**

**Ganesha:** Green *Sunrise: 3:55AM*  
**Muruqa:** Clear *Sunset: 8:09PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work Siddha Yoga  
Until 6:59PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 9 Sutra 83 Vilamba 5120
	Mesha Rasi: 5.58	Tithi 24 – 25	<b>Gulika</b> 3:56AM – 5:57AM	<b>Ashvini</b> Until 7:07PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:56AM	
			Yama 2:04PM – 4:05PM	Sukarma Until 4:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 7:59AM – 10:01AM	Vanija Until 11:48PM	<b>Nataraja:</b> White		2nd Phase
			<b>Navami*</b> Until 12:21PM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2</b>	<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 10 Sutra 84 Vilamba 5120
	Mesha Rasi: 19.32	Tithi 25 – 26	<b>Gulika</b> 4:05PM – 6:07PM	<b>Bharani</b> Until 6:18PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:56AM	
			Yama 12:02PM – 2:04PM	Dhriti Until 1:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 12
	Routine Work	Prabalarishta Yoga	422242361 <b>Rahu</b> 6:07PM – 8:08PM	Bava Until 10:05PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 11:01AM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>	<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 11 Sutra 85 Vilamba 5120
	Vrishabha Rasi: 3.32	Tithi 26 – 27	<b>Gulika</b> 2:04PM – 4:05PM	<b>Krittika</b> Until 4:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:57AM	
	<b>Family Home Evening</b>		Yama 10:01AM – 12:02PM	Shula* Until 11:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 12
	Routine Work	Marana Yoga	422242361 <b>Rahu</b> 5:59AM – 8:00AM	Kaulava Until 7:41PM	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi*</b> Until 8:57AM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>4</b>	<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Taila/Vanija Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 12 Sutra 86 Vilamba 5120
	Vrishabha Rasi: 17.58	Tithi 27 – 28	<b>Gulika</b> 12:03PM – 2:04PM	<b>Rohini</b> Until 2:44PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 3:58AM	
			Yama 8:00AM – 12:02AM	Ganda* Until 7:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:07PM	Moon 6 - Phase 12
	Creative Work	Amrita Yoga	422242361 <b>Rahu</b> 4:05PM – 6:06PM	Vanija Until 3:04AM Wed	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi*</b> Until 6:15AM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Regina, SK, Canada Sun 13 Sutra 87 Vilamba 5120
	Mithuna Rasi: 2.47	Tithi 29	<b>Gulika</b> 10:02AM – 12:03PM	<b>Mrigashira</b> Until 12:12PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 3:59AM	
			Yama 6:00AM – 8:01AM	Dhruva Until 12:12AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 12:03PM – 2:04PM	Visti Until 1:22PM	<b>Nataraja:</b> White		2nd Phase
			<b>Chaturdashi*</b> Until 11:33PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	

	<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Regina, SK, Canada Sun 14 Sutra 88 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:02AM – 10:02AM	<b>Ardra</b> Until 9:17AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:00AM	
	Mithuna Rasi: 17.5	Tithi 30	Yama 4:00AM – 6:01AM	Vyaghata* Until 8:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 12
			422242361 <b>Rahu</b> 2:03PM – 4:04PM	Catuspada Until 9:43AM	<b>Nataraja:</b> White		Amavasya
			<b>Amavasya*</b> Until 7:50PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	

<b>Retreat Star</b>	<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 89 Vilamba 5120
	Kataka Rasi: 3.01	Tithi 1 – 2	<b>Gulika</b> 6:02AM – 8:02AM	<b>Punarvasu</b> Until 6:30AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:01AM	
			Yama 4:04PM – 6:04PM	Harshana Until 3:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 10:03AM – 12:03PM	Balava Until 2:16AM Sat	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 4:05PM	Moon – Blue		<b>Bhuloka Day</b>	
			<b>Partial Solar Eclipse</b>	<b>Ashada-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>	<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 90
	Kataka Rasi: 18.08	Tithi 2 – 3	<b>Gulika</b> 4:03AM – 6:03AM	<b>Ashlesha* Until 12:51AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:03AM	Vilamba 5120
	442242361	Rahu	Yama 2:03PM – 4:03PM	Vajra* Until 11:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 13
Routine Work	Marana Yoga		Taitila Until 10:46PM	<b>Nataraja:</b> White		3rd Phase	
			<b>Dvitiya Until 12:28PM</b>	Moon – Blue			
				<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	


<b>2</b>	<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Regina, SK, Canada Sun 17 Sutra 91
	Simha Rasi: 3.05	Tithi 3 – 4	<b>Gulika</b> 4:03PM – 6:03PM	<b>Magha* Until 10:43PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:04AM	Vilamba 5120
	453242361	Rahu	Yama 12:03PM – 2:03PM	Siddhi Until 8:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:03PM	Moon 6 - Phase 13
Routine Work	Marana Yoga		Vanija Until 7:37PM	<b>Nataraja:</b> White		3rd Phase	
Until 10:43PM			<b>Tritiya Until 9:07AM</b>	Moon – Red			
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>3</b>	<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 92
	Simha Rasi: 17.44	Tithi 4 – 5	<b>Gulika</b> 2:03PM – 4:02PM	<b>Purvaphalguni Until 8:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:05AM	Vilamba 5120
	453242361	Rahu	Yama 10:04AM – 12:03PM	Variyan Until 1:31AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:02PM	Moon 6 - Phase 13
Family Home Evening			Balava Until 3:49AM Tue	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 6:12AM</b>	Moon – Red			
				<b>Ashada*Adi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>4</b>	<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 93
	Kanya Rasi: 1.59	Tithi 6	<b>Gulika</b> 12:03PM – 2:03PM	<b>Uttaraphalguni Until 7:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:06AM	Vilamba 5120
	453242362	Rahu	Yama 8:05AM – 10:04AM	Parigha* Until 11:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 6 - Phase 13
Creative Work	Amrita Yoga		Kaulava Until 2:53PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 7:39PM			<b>Shashthi* Until 2:06AM Wed</b>	Moon – Red			
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Regina, SK, Canada Sun 20 Sutra 94
	Kanya Rasi: 15.49	Tithi 7	<b>Gulika</b> 10:04AM – 12:03PM	<b>Hasta Until 7:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:07AM	Vilamba 5120
	463242362	Rahu	Yama 6:06AM – 8:05AM	Shiva Until 9:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:00PM	Moon 6 - Phase 13
Routine Work	Marana Yoga		Gara Until 1:31PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 7:20PM			<b>Saptami Until 1:05AM Thu</b>	Moon – Green			
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>		<b>Sivaloka Day</b>	

	<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 95
	<b>Retreat Star</b>		<b>Gulika</b> 8:06AM – 10:05AM	<b>Chitra Until 7:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:08AM	Vilamba 5120
	Kanya Rasi: 29.14	Tithi 8	Yama 4:08AM – 6:07AM	Siddha Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:59PM	Moon 6 - Phase 13
463242362	Rahu	2:02PM – 4:01PM	Visti Until 12:52PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 12:48AM Fri</b>	Moon – Green			
Until 7:37PM				<b>Ashada*Adi</b>		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

	<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 96
	<b>Retreat Star</b>		<b>Gulika</b> 6:08AM – 8:07AM	<b>Svati Until 8:26PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:10AM	Vilamba 5120
	Tula Rasi: 12.14	Tithi 9	Yama 4:00PM – 5:59PM	Sadhya Until 6:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:57PM	Moon 6 - Phase 13
463242362	Rahu	10:05AM – 12:04PM	Balava Until 12:57PM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 1:13AM Sat</b>	Moon – Green			
				<b>Ashada*Adi</b>		<b>Sivaloka Day</b>	

<b>1</b>	<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 97 Vilamba 5120
	Tula Rasi: 24.56	Tithi 10	<b>Gulika</b> 4:11AM – 6:09AM	<b>Vishakha</b> Until 10:12PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:11AM	
			Yama 2:02PM – 4:00PM	Subha Until 6:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:56PM	Moon 6 - Phase 14
	473242362	<b>Rahu</b> 8:07AM – 10:05AM		Taitila Until 1:42PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:17AM Sun	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Adi</b>			

<b>2</b>	<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 98 Vilamba 5120
	Vrischika Rasi: 7.2	Tithi 11	<b>Gulika</b> 3:59PM – 5:57PM	<b>Anuradha</b> Until 12:20AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:12AM	
			Yama 12:04PM – 2:01PM	Sukla Until 6:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:55PM	Moon 6 - Phase 14
	473242362	<b>Rahu</b> 5:57PM – 7:55PM		Vanija Until 3:02PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 3:52AM Mon	Moon – Orange		<b>Devaloka Day</b>	
Until 12:20AM Mon				<b>Ashada•Adi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 99 Vilamba 5120
	Vrischika Rasi: 19.31	Tithi 12	<b>Gulika</b> 2:01PM – 3:59PM	<b>Jyeshtha*</b> Until 2:45AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:13AM	
	<b>Family Home Evening</b>		Yama 10:06AM – 12:04PM	Brahma Until 7:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 14
	473242362	<b>Rahu</b> 6:11AM – 8:08AM		Bava Until 4:52PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 5:54AM Tue	Moon – Orange		<b>Devaloka Day</b>	
Until 2:45AM Tue				<b>Ashada•Adi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Kaulava Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 100 Vilamba 5120
	Dhanus Rasi: 1.31	Tithi 13	<b>Gulika</b> 12:04PM – 2:01PM	<b>Mula*</b> Until 5:48AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:15AM	
			Yama 8:09AM – 10:06AM	Indra Until 8:16PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 14
	483242362	<b>Rahu</b> 3:58PM – 5:55PM		Kaulava Until 7:03PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 8:14AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada•Adi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 101 Vilamba 5120
	Dhanus Rasi: 13.25	Tithi 13 – 14	<b>Gulika</b> 10:07AM – 12:04PM	<b>Purvashadha*</b> Until 8:53AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:16AM	
			Yama 6:13AM – 8:10AM	Vaidhriti* Until 9:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 14
	483342362	<b>Rahu</b> 12:04PM – 2:01PM		Gara Until 9:30PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 8:14AM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 8:53AM Thu				<b>Ashada•Adi</b>			
Then Routine Work - Marana Yoga							

<b>○</b>	<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 102 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:10AM – 10:07AM	<b>Purvashadha*</b> Until 8:53AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:17AM	
	Dhanus Rasi: 25.14	Tithi 14 – 15	Yama 4:17AM – 6:14AM	Vishkambha* Until 10:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 14
	483342362	<b>Rahu</b> 2:00PM – 3:57PM		Visti Until 12:05AM Fri	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:46AM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 8:53AM				<b>Ashada•Adi</b>			
Then Routine Work - Marana Yoga							

<b>○</b>	<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 103 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 6:15AM – 8:11AM	<b>Uttarashadha</b> Until 11:52AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:19AM	
	Makara Rasi: 7.02	Tithi 15 – 16	Yama 3:56PM – 5:52PM	Priti Until 11:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 14
	483342362	<b>Rahu</b> 10:07AM – 12:04PM		Balava Until 2:39AM Sat	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 1:21PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada•Adi</b>			
				Total Lunar Eclipse			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Saturday, July 28, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada  
Sutra 104

Makara Rasi: 18.49    Tilthi 16 – 17

**Gulika** 4:20AM – 6:16AM  
Yama 1:59PM – 3:55PM  
**Rahu** 8:12AM – 10:08AM

**Shravana Until 3:08PM**  
Ayushman Until 12:29AM Sun  
Taitila Until 5:06AM Sun  
**Prathama\* Until 3:53PM**

**Ganesha:** Blue    *Sunrise:* 4:20AM  
**Muruqa:** Clear    *Sunset:* 7:47PM  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

**1**

**Sunday, July 29, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Saubhagya Yoga Gara Karana Dvitiyayam Titau

Regina, SK, Canada  
Sun 1    Sutra 105

Kumbha Rasi: 0.4    Tilthi 17

**Gulika** 3:55PM – 5:50PM  
Yama 12:04PM – 1:59PM  
**Rahu** 5:50PM – 7:46PM

**Dhanishtha Until 6:03PM**  
Saubhagya Until 1:20AM Mon  
Gara Until 6:14PM  
**Dvitiya Until 6:14PM**

**Ganesha:** Blue    *Sunrise:* 4:21AM  
**Muruqa:** Clear    *Sunset:* 7:46PM  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

Routine Work    Marana Yoga

Until 6:03PM

Then Creative Work - Siddha Yoga

**Ashada\*Adi**

**Devaloka Day**

**2**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Regina, SK, Canada  
Sun 2    Sutra 106

Kumbha Rasi: 12.37    Tilthi 18

**Family Home Evening**

494342362

**Gulika** 1:59PM – 3:54PM  
Yama 10:08AM – 12:04PM  
**Rahu** 6:18AM – 8:13AM

**Shatabhishak Until 8:32PM**  
Sobhana Until 1:58AM Tue  
Vanija Until 7:19AM  
**Tritiya Until 8:17PM**

**Ganesha:** Blue    *Sunrise:* 4:23AM  
**Muruqa:** Clear    *Sunset:* 7:44PM  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

Until 8:32PM

Then Routine Work - Marana Yoga

**Ashada\*Adi**

**Devaloka Day**

**3**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada  
Sun 3    Sutra 107

Kumbha Rasi: 24.41    Tilthi 19

414342362

**Gulika** 12:03PM – 1:58PM  
Yama 8:14AM – 10:09AM  
**Rahu** 3:53PM – 5:48PM

**Purvaproshtapada\* Until 10:57PM**  
Athiganda\* Until 2:14AM Wed  
Bava Until 9:11AM  
**Chaturthi\* Until 9:56PM**

**Ganesha:** White    *Sunrise:* 4:24AM  
**Muruqa:** Clear    *Sunset:* 7:43PM  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

Routine Work    Marana Yoga

Until 10:57PM

Then Creative Work - Amrita Yoga

**Ashada\*Adi**

**Devaloka Day**

**4**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada  
Sun 4    Sutra 108

Meena Rasi: 6.56    Tilthi 20

414342362

**Gulika** 10:09AM – 12:03PM  
Yama 6:20AM – 8:15AM  
**Rahu** 12:03PM – 1:58PM

**Uttaraproshtapada Until 12:43AM Thu**  
Sukarma Until 2:07AM Thu  
Kaulava Until 10:36AM  
**Panchami Until 11:06PM**

**Ganesha:** White    *Sunrise:* 4:26AM  
**Muruqa:** Clear    *Sunset:* 7:41PM  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

**Ashada\*Adi**

**Devaloka Day**

**5**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada  
Sun 5    Sutra 109

Meena Rasi: 19.25    Tilthi 21

414342362

**Gulika** 8:15AM – 10:09AM  
Yama 4:27AM – 6:21AM  
**Rahu** 1:57PM – 3:51PM

**Revati Until 1:46AM Fri**  
Dhriti Until 1:34AM Fri  
Gara Until 11:29AM  
**Shashthi\* Until 11:41PM**

**Ganesha:** White    *Sunrise:* 4:27AM  
**Muruqa:** Clear    *Sunset:* 7:40PM  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

Until 1:46AM Fri

Then Creative Work - Amrita Yoga

**Ashada\*Adi**

**Devaloka Day**

**6**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

Regina, SK, Canada  
Sun 6    Sutra 110

Mesha Rasi: 2.1    Tilthi 22

424342362

**Gulika** 6:22AM – 8:16AM  
Yama 3:51PM – 5:44PM  
**Rahu** 10:10AM – 12:03PM

**Ashvini Until 2:30AM Sat**  
Shula\* Until 12:28AM Sat  
Visti Until 11:45AM  
**Saptami Until 11:37PM**

**Ganesha:** Clear    *Sunrise:* 4:28AM  
**Muruqa:** Clear    *Sunset:* 7:38PM  
**Nataraja:** Clear  
Moon – White

Moon 7 - Phase 15  
1st Phase

Creative Work    Amrita Yoga

Until 2:30AM Sat

Then Creative Work - Siddha Yoga

**Ashada\*Adi**

**Sivaloka Day**

**☾**

**Saturday, August 4, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada  
Sun 7    Sutra 111

Mesha Rasi: 15.15    Tilthi 23

424342362

**Gulika** 4:30AM – 6:23AM  
Yama 1:56PM – 3:50PM  
**Rahu** 8:17AM – 10:10AM

**Bharani Until 2:24AM Sun**  
Ganda\* Until 10:50PM  
Balava Until 11:21AM  
**Ashtami\* Until 10:53PM**

**Ganesha:** Clear    *Sunrise:* 4:30AM  
**Muruqa:** Clear    *Sunset:* 7:36PM  
**Nataraja:** Clear  
Moon – White

Moon 7 - Phase 15  
Ashtami

Creative Work    Siddha Yoga

**Ashada\*Adi**

**Sivaloka Day**

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada  
Sun 8    Sutra 112

Mesha Rasi: 28.42    Tilthi 24

424342362

**Gulika** 3:49PM – 5:42PM  
Yama 12:03PM – 1:56PM  
**Rahu** 5:42PM – 7:35PM

**Krittika Until 1:29AM Mon**  
Vriddhi Until 8:41PM  
Taitila Until 10:16AM  
**Navami\* Until 9:28PM**

**Ganesha:** Clear    *Sunrise:* 4:31AM  
**Muruqa:** Clear    *Sunset:* 7:35PM  
**Nataraja:** Clear  
Moon – White

Moon 7 - Phase 15  
Navami

Creative Work    Siddha Yoga

Until 1:29AM Mon

Then Creative Work - Amrita Yoga

**Ashada\*Adi**

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Dashamyam Titau			Regina, SK, Canada Sun 9 Sutra 113 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:55PM – 3:48PM	<b>Rohini</b> Until 12:13AM Tue	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:33AM	
Vrishabha Rasi: 12.32	Tithi 25	Yama 10:10AM – 12:03PM	Dhruva Until 5:57PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:33PM	Moon 7 - Phase 16
<b>Family Home Evening</b>	434342362	<b>Rahu</b> 6:25AM – 8:18AM	Vanija Until 8:31AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Amrita Yoga			Dashami Until 7:24PM	Moon – Yellow	<b>Devaloka Day</b>
Until 12:13AM Tue				<b>Ashada-Adi</b>	
Then Creative Work - Siddha Yoga					

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau			Regina, SK, Canada Sun 10 Sutra 114 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:03PM – 1:55PM	<b>Mrigashira</b> Until 10:16PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:34AM	
Vrishabha Rasi: 26.47	Tithi 26 – 27	Yama 8:19AM – 10:11AM	Vyaghata* Until 2:47PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:31PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 3:47PM – 5:39PM	Bava Until 6:10AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 4:46PM	Moon – Yellow	<b>Devaloka Day</b>
Until 10:16PM				<b>Ashada-Adi</b>	
Then Routine Work - Marana Yoga					

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Regina, SK, Canada Sun 11 Sutra 115 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:11AM – 12:03PM	<b>Ardra</b> Until 7:45PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:36AM	
Mithuna Rasi: 11.24	Tithi 27 – 28	Yama 6:27AM – 8:19AM	Harshana Until 11:13AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:30PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 12:03PM – 1:54PM	Gara Until 12:00AM Thu	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 1:40PM	Moon – Yellow	<b>Devaloka Day</b>
				<b>Ashada-Adi</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau			Regina, SK, Canada Sun 12 Sutra 116 Vilamba 5120
<b>4</b>		<b>Gulika</b> 8:20AM – 10:11AM	<b>Punarvasu</b> Until 5:12PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:37AM	
Mithuna Rasi: 26.18	Tithi 28 – 29	Yama 4:37AM – 6:29AM	Vajra* Until 7:21AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:28PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 1:54PM – 3:45PM	Visti Until 8:28PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work Amrita Yoga			Trayodashi* Until 10:14AM	Moon – Blue	<b>Devaloka Day</b>
				<b>Ashada-Adi</b>	

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau			Regina, SK, Canada Sun 13 Sutra 117 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:30AM – 8:21AM	<b>Pushya</b> Until 2:22PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:39AM	
Kataka Rasi: 11.23	Tithi 29 – 30	Yama 3:44PM – 5:35PM	Vyatipata* Until 11:12PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:26PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 10:11AM – 12:02PM	Naga Until 2:57AM Sat	<b>Nataraja:</b> Clear	Amavasya
Routine Work Marana Yoga			Chaturdashi* Until 6:37AM	Moon – Blue	<b>Devaloka Day</b>
				<b>Ashada-Adi</b>	

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau			Regina, SK, Canada Sun 14 Sutra 118 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 4:40AM – 6:31AM	<b>Ashlesha*</b> Until 11:25AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:40AM	
Kataka Rasi: 26.3	Tithi 1	Yama 1:53PM – 3:43PM	Variyan Until 7:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:24PM	Moon 7 - Phase 16
	445342362	<b>Rahu</b> 8:21AM – 10:12AM	Kintughna Until 1:10PM	<b>Nataraja:</b> Clear	Prathama
Routine Work Marana Yoga			Prathama* Until 11:24PM	Moon – Blue	<b>Sivaloka Day</b>
Until 11:25AM		<b>Partial Solar Eclipse</b>		<b>Sravana-Adi</b>	
Then Creative Work - Amrita Yoga					

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau			Regina, SK, Canada Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 11.3	Tithi 2	<b>Gulika</b> 3:42PM – 5:32PM	<b>Magha* Until 8:56AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:42AM</i>	
		Yama 12:02PM – 1:52PM	Parigha* Until 3:19PM	<b>Muruqa:</b> Clear <i>Sunset: 7:22PM</i>	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:32PM – 7:22PM	Balava Until 9:44AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 8:07PM</b>	Moon – Red	<b>Sivaloka Day</b>
Until 8:56AM				<b>Sravana-Adi</b>	
Then Creative Work - Siddha Yoga					

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau			Regina, SK, Canada Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 26.16	Tithi 3 – 4	<b>Gulika</b> 1:52PM – 3:41PM	<b>Purvaphalguni Until 6:38AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:43AM</i>	
		Yama 10:12AM – 12:02PM	Shiva Until 11:49AM	<b>Muruqa:</b> Clear <i>Sunset: 7:21PM</i>	Moon 7 - Phase 17
<b>Family Home Evening</b>		455342362 <b>Rahu</b> 6:33AM – 8:23AM	Taitila Until 6:39AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 5:16PM</b>	Moon – Red	<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>	

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddha/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Regina, SK, Canada Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 10.4	Tithi 4 – 5	<b>Gulika</b> 12:02PM – 1:51PM	<b>Hasta Until 3:42AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:45AM</i>	
		Yama 8:23AM – 10:12AM	Siddha Until 8:44AM	<b>Muruqa:</b> Clear <i>Sunset: 7:19PM</i>	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 3:40PM – 5:29PM	Bava Until 2:05AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 2:58PM</b>	Moon – Green	<b>Subha Sivaloka Day</b>
		<b>Nag Panchami</b>		<b>Sravana-Adi</b>	

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Regina, SK, Canada Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 24.38	Tithi 5 – 6	<b>Gulika</b> 10:13AM – 12:02PM	<b>Chitra Until 3:17AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:46AM</i>	
		Yama 6:35AM – 8:24AM	Sadhya Until 6:12AM	<b>Muruqa:</b> Clear <i>Sunset: 7:17PM</i>	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 12:02PM – 1:50PM	Kaulava Until 12:52AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 1:22PM</b>	Moon – Green	<b>Subha Sivaloka Day</b>
Until 3:17AM Thu				<b>Sravana-Adi</b>	
Then Creative Work - Amrita Yoga					

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Regina, SK, Canada Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 8.1	Tithi 6 – 7	<b>Gulika</b> 8:24AM – 10:13AM	<b>Svati Until 3:30AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:48AM</i>	
		Yama 4:48AM – 6:36AM	Sukla Until 3:00AM Fri	<b>Muruqa:</b> Clear <i>Sunset: 7:15PM</i>	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 1:50PM – 3:38PM	Gara Until 12:26AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 12:32PM</b>	Moon – Green	<b>Subha Sivaloka Day</b>
Until 3:30AM Fri				<b>Sravana-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Regina, SK, Canada Sun 20 Sutra 124 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:37AM – 8:25AM	<b>Vishakha Until 4:49AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:49AM</i>	
Tula Rasi: 21.15	Tithi 7 – 8	Yama 3:37PM – 5:25PM	Brahma Until 2:21AM Sat	<b>Muruqa:</b> Clear <i>Sunset: 7:13PM</i>	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 10:13AM – 12:01PM	Visti Until 12:50AM Sat	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 12:31PM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Regina, SK, Canada Sun 21 Sutra 125 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 4:51AM – 6:38AM	<b>Anuradha Until 6:42AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:51AM</i>	
Vrischika Rasi: 3.56	Tithi 8 – 9	Yama 1:48PM – 3:36PM	Indra Until 2:18AM Sun	<b>Muruqa:</b> Clear <i>Sunset: 7:11PM</i>	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 8:26AM – 10:13AM	Balava Until 1:58AM Sun	<b>Nataraja:</b> Clear	Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:17PM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>
Until 6:42AM Sun				<b>Sravana-Avani</b>	
Then Routine Work - Marana Yoga					

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashyam Titau		Regina, SK, Canada Sun 22 Sutra 126 Vilamba 5120	
Vrischika Rasi: 16.18 Tithi 9 – 10		575442362		<b>Gulika</b> 3:35PM – 5:22PM	<b>Anuradha Until 6:42AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:52AM	
Routine Work Marana Yoga				Yama 12:01PM – 1:48PM	Vaidhriti* Until 2:42AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:09PM	Moon 7 - Phase 18
				<b>Rahu</b> 5:22PM – 7:09PM	Taitila Until 3:44AM Mon	<b>Nataraja:</b> Clear	4th Phase
					<b>Navami* Until 2:45PM</b>	Moon – Orange	<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>	

<b>2</b>		<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekashyam Titau		Regina, SK, Canada Sun 23 Sutra 127 Vilamba 5120	
Vrischika Rasi: 28.25 Tithi 10 – 11		575442362		<b>Gulika</b> 1:47PM – 3:34PM	<b>Jyeshtha* Until 9:00AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:54AM	
<b>Family Home Evening</b>				Yama 10:14AM – 12:00PM	Vishkambha* Until 3:29AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM	Moon 7 - Phase 18
Creative Work Siddha Yoga				<b>Rahu</b> 6:40AM – 8:27AM	Vanija Until 5:58AM Tue	<b>Nataraja:</b> Clear	4th Phase
					<b>Dashami Until 4:47PM</b>	Moon – Orange	<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>	

<b>3</b>		<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Visti* Karana Ekadashyam Titau		Regina, SK, Canada Sun 24 Sutra 128 Vilamba 5120	
Dhanus Rasi: 10.2 Tithi 11		586442362		<b>Gulika</b> 12:00PM – 1:46PM	<b>Mula* Until 12:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:55AM	
Creative Work Amrita Yoga				Yama 8:28AM – 10:14AM	Priti Until 4:31AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:05PM	Moon 7 - Phase 18
Until 12:02PM				<b>Rahu</b> 3:33PM – 5:19PM	Visti Until 7:11PM	<b>Nataraja:</b> Clear	4th Phase
Then Creative Work - Siddha Yoga					<b>Ekadashi Until 7:11PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>	

<b>4</b>		<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Regina, SK, Canada Sun 25 Sutra 129 Vilamba 5120	
Dhanus Rasi: 22.1 Tithi 12		586442362		<b>Gulika</b> 10:14AM – 12:00PM	<b>Purvashadha* Until 3:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:57AM	
Creative Work Amrita Yoga				Yama 6:43AM – 8:28AM	Ayushman Until 5:35AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:03PM	Moon 7 - Phase 18
				<b>Rahu</b> 12:00PM – 1:46PM	Bava Until 8:29AM	<b>Nataraja:</b> Clear	4th Phase
					<b>Dvadashi Until 9:46PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>	

<b>5</b>		<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Regina, SK, Canada Sun 26 Sutra 130 Vilamba 5120	
Makara Rasi: 3.57 Tithi 13		586442362		<b>Gulika</b> 8:29AM – 10:14AM	<b>Uttarashadha Until 6:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:58AM	
Routine Work Marana Yoga				Yama 4:58AM – 6:44AM	Saubhagya Until 6:39AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:01PM	Moon 7 - Phase 18
Until 6:07PM				<b>Rahu</b> 1:45PM – 3:30PM	Kaulava Until 11:06AM	<b>Nataraja:</b> Clear	4th Phase
Then Creative Work - Siddha Yoga					<b>Trayodashi Until 12:22AM Fri</b>	Moon – Light Blue	<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>	
						<i>Pradosha Vrata</i>	

<b>6</b>		<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Regina, SK, Canada Sun 27 Sutra 131 Vilamba 5120	
Makara Rasi: 15.46 Tithi 14		596442362		<b>Gulika</b> 6:45AM – 8:30AM	<b>Shravana Until 9:19PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:00AM	
Routine Work Marana Yoga				Yama 3:29PM – 5:14PM	Saubhagya Until 6:39AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:59PM	Moon 7 - Phase 18
Until 9:19PM				<b>Rahu</b> 10:14AM – 11:59AM	Gara Until 1:38PM	<b>Nataraja:</b> Clear	4th Phase
Then Creative Work - Siddha Yoga					<b>Chaturdashi* Until 2:49AM Sat</b>	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Chidambaram Abhishekam</b>		<b>Sravana-Avani</b>	

<b>○</b>		<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau		Regina, SK, Canada Sutra 132 Vilamba 5120	
<b>Copper Retreat Star</b>				<b>Gulika</b> 5:01AM – 6:46AM	<b>Dhanishtha Until 12:07AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:01AM	
Makara Rasi: 27.37 Tithi 15		596442362		Yama 1:44PM – 3:28PM	Sobhana Until 7:36AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:57PM	Moon 7 - Phase 18
Creative Work Siddha Yoga				<b>Rahu</b> 8:30AM – 10:15AM	Visti Until 3:58PM	<b>Nataraja:</b> Clear	Purnima
					<b>Purnima* Until 4:59AM Sun</b>	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Avani Avittam</b>		<b>Sravana-Avani</b>	

<b>○</b>		<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau		Regina, SK, Canada Sutra 133 Vilamba 5120	
<b>Silver Retreat Star</b>				<b>Gulika</b> 3:27PM – 5:11PM	<b>Shatabhishak Until 2:25AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:03AM	
Kumbha Rasi: 10 Tithi 16		596442362		Yama 11:59AM – 1:43PM	Athiganda* Until 8:17AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:55PM	Moon 7 - Phase 18
Creative Work Siddha Yoga				<b>Rahu</b> 5:11PM – 6:55PM	Balava Until 5:58PM	<b>Nataraja:</b> Clear	Prathama
Until 2:25AM Mon					<b>Prathama* Until 6:48AM Mon</b>	Moon – Purple	<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga						<b>Sravana-Avani</b>	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprashthapada\* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 21.43 Tithi 16 - 17

Family Home Evening

516442363

Gulika 1:42PM - 3:26PM

Yama 10:15AM - 11:59AM

Rahu 6:48AM - 8:31AM

Purvaprashthapada\* Until 4:39AM Tue

Sukarma Until 8:43AM

Taitila Until 7:35PM

Prathama\* Until 6:48AM

Ganesha: White

Muruga: Clear

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:04AM

Sunset: 6:53PM

Sivaloka Day

Until 4:39AM Tue

Then Creative Work - Amrita Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprashthapada\* Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 4.01 Tithi 17 - 18

Creative Work Amrita Yoga

Until 6:18AM Wed

Then Routine Work - Marana Yoga

517452363

Gulika 11:58AM - 1:41PM

Yama 8:32AM - 10:15AM

Rahu 3:24PM - 5:08PM

Uttaraprashthapada Until 6:18AM Wed

Dhriti Until 8:50AM

Vanija Until 8:46PM

Dvitiya Until 8:12AM

Ganesha: Clear

Muruga: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:06AM

Sunset: 6:51PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprashthapada\* Revati Nakshatra Shula\*Ganda\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 16.3 Tithi 18 - 19

Creative Work Siddha Yoga

Until 6:18AM

Then Routine Work - Marana Yoga

517452363

Gulika 10:15AM - 11:58AM

Yama 6:50AM - 8:33AM

Rahu 11:58AM - 1:41PM

Uttaraprashthapada Until 6:18AM

Shula\* Until 8:34AM

Bava Until 9:30PM

Tritiya Until 9:10AM

Ganesha: Clear

Muruga: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:07AM

Sunset: 6:49PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda\*Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 29.11 Tithi 19 - 20

Creative Work Siddha Yoga

Until 7:21AM

Then Creative Work - Amrita Yoga

517452363

Gulika 8:33AM - 10:15AM

Yama 5:09AM - 6:51AM

Rahu 1:40PM - 3:22PM

Revati Until 7:21AM

Ganda\* Until 7:58AM

Kaulava Until 9:47PM

Chaturthi\* Until 9:41AM

Ganesha: Clear

Muruga: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:09AM

Sunset: 6:46PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 12.05 Tithi 20 - 21

Creative Work Amrita Yoga

Until 8:16AM

Then Creative Work - Siddha Yoga

527452363

Gulika 6:52AM - 8:34AM

Yama 3:21PM - 5:03PM

Rahu 10:16AM - 11:57AM

Ashvini Until 8:16AM

Vriddhi Until 7:01AM

Gara Until 9:35PM

Panchami Until 9:43AM

Ganesha: Purple

Muruga: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:10AM

Sunset: 6:44PM

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 25.15 Tithi 21 - 22

Creative Work Siddha Yoga

Until 8:32AM

Then Creative Work - Amrita Yoga

527452363

Gulika 5:12AM - 6:53AM

Yama 1:38PM - 3:20PM

Rahu 8:34AM - 10:16AM

Bharani Until 8:32AM

Vyaghata\* Until 3:55AM Sun

Visti Until 8:53PM

Shashthi\* Until 9:17AM

Ganesha: Purple

Muruga: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:12AM

Sunset: 6:42PM

Bhuloka Day

Sunday, September 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 8.4 Tithi 22 - 23

Creative Work Siddha Yoga

527452363

Gulika 3:18PM - 4:59PM

Yama 11:57AM - 1:38PM

Rahu 4:59PM - 6:40PM

Krittika Until 8:11AM

Harshana Until 1:47AM Mon

Balava Until 7:41PM

Saptami Until 8:20AM

Ganesha: Purple

Muruga: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:13AM

Sunset: 6:40PM

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrishabha Rasi: 22.23 Tithi 23 - 24

Family Home Evening

538452363

Gulika 1:37PM - 3:17PM

Yama 10:16AM - 11:56AM

Rahu 6:55AM - 8:36AM

Rohini Until 7:36AM

Vajra\* Until 11:12PM

Taitila Until 6:00PM

Ashtami\* Until 6:53AM

Ganesha: White

Muruga: Purple

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Sunrise: 5:15AM

Sunset: 6:38PM

Devaloka Day

Creative Work Amrita Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time


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<b>1</b>	<b>Tuesday, September 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 142 Vilamba 5120
	Mithuna Rasi: 6.25	Tithi 25	<b>Gulika</b> 11:56AM – 1:36PM	<b>Mrigashira</b> Until 6:24AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	
			Yama 8:36AM – 10:16AM	Siddhi Until 8:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 20
		538452363	<b>Rahu</b> 3:16PM – 4:56PM	Vanija Until 3:49PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Siddha Yoga		<b>Dashami</b> Until 2:33AM Wed				<b>Sravana-Avani</b>	<b>Devaloka Day</b>
Until 6:24AM							
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 20.44	Tithi 26	<b>Gulika</b> 10:16AM – 11:56AM	<b>Punarvasu</b> Until 2:43AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:18AM	
			Yama 6:57AM – 8:37AM	Vyatipata* Until 5:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20
		548452363	<b>Rahu</b> 11:56AM – 1:35PM	Bava Until 1:13PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Siddha Yoga		<b>Ekadashi*</b> Until 11:46PM				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>
Until 2:43AM Thu							
Then Creative Work - Amrita Yoga							
						Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 5.2	Tithi 27	<b>Gulika</b> 8:37AM – 10:16AM	<b>Pushya</b> Until 12:24AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:19AM	
			Yama 5:19AM – 6:58AM	Varyan Until 1:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20
		548452363	<b>Rahu</b> 1:34PM – 3:13PM	Kaulava Until 10:17AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Amrita Yoga		<b>Dvadashi*</b> Until 8:42PM				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>
Until 12:24AM Fri							
Then Routine Work - Marana Yoga							
						Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 20.07	Tithi 28 – 29	<b>Gulika</b> 6:59AM – 8:38AM	<b>Ashlesha*</b> Until 9:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	
			Yama 3:12PM – 4:51PM	Parigha* Until 9:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20
		548452363	<b>Rahu</b> 10:16AM – 11:55AM	Gara Until 7:07AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work Marana Yoga		<b>Trayodashi*</b> Until 5:28PM				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>
						Devaloka Time: 9:AM to12:PM	
		<i>Pradosha Vrata (Fasting)</i>					

	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 146 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 5:22AM – 7:00AM	<b>Magha*</b> Until 7:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:22AM	
	Simha Rasi: 4.59	Tithi 29 – 30	Yama 1:33PM – 3:11PM	Siddha Until 2:09AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20
		558452363	<b>Rahu</b> 8:39AM – 10:17AM	Catuspada Until 12:35AM Sun	<b>Nataraja:</b> Purple		Amavasya
Creative Work Amrita Yoga		<b>Chaturdashi*</b> Until 2:11PM				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>
Until 7:28PM							
Then Creative Work - Siddha Yoga							
						Devaloka Time: 9:AM to12:PM	

<b>Retreat Star</b>	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 13 Sutra 147 Vilamba 5120
	Simha Rasi: 19.49	Tithi 30 – 1	<b>Gulika</b> 3:10PM – 4:47PM	<b>Purvaphalguni</b> Until 5:08PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:24AM	
			Yama 11:54AM – 1:32PM	Sadhya Until 10:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 20
		558452363	<b>Rahu</b> 4:47PM – 6:25PM	Kintughna Until 9:31PM	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga		<b>Amavasya*</b> Until 11:00AM				<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>
Until 5:08PM							
Then Creative Work - Amrita Yoga							
		<b>Grandparent's Day</b>				Devaloka Time: 9:AM to12:PM	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Monday, September 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 14 Sutra 148 Vilamba 5120
	Kanya Rasi: 4.29	Tithi 1 – 2	<b>Gulika</b> 1:31PM – 3:08PM	<b>Uttaraphalguni</b> Until 2:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:25AM	
	<b>Family Home Evening</b>	559452363	<b>Rahu</b> 7:03AM – 8:40AM	Subha Until 7:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga			Balava Until 6:46PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Prathama*</b> Until 8:04AM	<b>Bhadrapada*Avani</b>		<b>Bhuloka Day</b>	

2	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 18.52	Tithi 3	<b>Gulika</b> 11:54AM – 1:30PM	<b>Hasta</b> Until 1:33PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:27AM	
	<b>Family Home Evening</b>	569452363	<b>Rahu</b> 3:07PM – 4:44PM	Sukla Until 4:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga			Taitila Until 4:31PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya</b> Until 3:37AM Wed	<b>Bhadrapada*Avani</b>		<b>Bhuloka Day</b>	

3	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthayam Titau				Regina, SK, Canada Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 2.53	Tithi 4	<b>Gulika</b> 10:17AM – 11:53AM	<b>Chitra</b> Until 12:35PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:28AM	
	<b>Family Home Evening</b>	569452363	<b>Rahu</b> 11:53AM – 1:29PM	Brahma Until 1:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga			Vanija Until 2:54PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Ganesh Chaturthi</b>	<b>Chaturthi*</b> Until 2:21AM Thu	<b>Bhadrapada*Avani</b>	<b>Bhuloka Day</b>	

4	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Regina, SK, Canada Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 16.28	Tithi 5	<b>Gulika</b> 8:41AM – 10:17AM	<b>Svati</b> Until 12:12PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:30AM	
	<b>Family Home Evening</b>	569552363	<b>Rahu</b> 1:29PM – 3:04PM	Indra Until 12:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 21
	Creative Work Amrita Yoga			Bava Until 2:02PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> Until 1:53AM Fri	<b>Bhadrapada*Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

5	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Regina, SK, Canada Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 29.36	Tithi 6	<b>Gulika</b> 7:07AM – 8:42AM	<b>Vishakha</b> Until 12:56PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:31AM	
	<b>Family Home Evening</b>	579552363	<b>Rahu</b> 10:17AM – 11:53AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga			Kaulava Until 1:59PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi*</b> Until 2:15AM Sat	<b>Bhadrapada*Avani</b>		<b>Devaloka Day</b>	

6	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Regina, SK, Canada Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 12.2	Tithi 7	<b>Gulika</b> 5:33AM – 7:08AM	<b>Anuradha</b> Until 2:18PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:33AM	
	<b>Family Home Evening</b>	579552363	<b>Rahu</b> 8:43AM – 10:17AM	Vishkambha* Until 10:22AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga			Gara Until 2:46PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami</b> Until 3:25AM Sun	<b>Bhadrapada*Avani</b>		<b>Devaloka Day</b>	

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Regina, SK, Canada Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:01PM – 4:35PM	<b>Jyeshtha*</b> Until 4:14PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	
	Vrischika Rasi: 24.43	Tithi 8	<b>Rahu</b> 4:35PM – 6:09PM	Priti Until 10:27AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
	Routine Work Marana Yoga			Visti Until 4:17PM	<b>Nataraja:</b> Purple		Ashtami
			<b>Ashtami*</b> Until 5:16AM Mon	<b>Bhadrapada*Puratasi</b>		<b>Devaloka Day</b>	

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Balava Karana Navamyam Titau				Regina, SK, Canada Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:25PM – 2:59PM	<b>Mula*</b> Until 7:04PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM	
	Dhanus Rasi: 6.49	Tithi 9	<b>Rahu</b> 7:10AM – 8:44AM	Ayushman Until 10:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 21
	<b>Family Home Evening</b>	589552363		Balava Until 6:24PM	<b>Nataraja:</b> Purple		Navami
			<b>Navami*</b> Until 7:36AM Tue	<b>Bhadrapada*Puratasi</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 22 Sutra 156 Vilamba 5120		
Dhanus Rasi: 18.44	Tithi 9 – 10	<b>Gulika</b> 11:51AM – 1:25PM	<b>Purvashadha* Until 10:06PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 22 4th Phase
		Yama 8:44AM – 10:18AM	Saubhagya Until 11:52AM	<b>Nataraja:</b> Purple				
		581552363 <b>Rahu</b> 2:58PM – 4:31PM	Taitila Until 8:54PM	Moon – Light Blue				
Creative Work	Siddha Yoga		<b>Navami* Until 7:36AM</b>			<b>Bhadrpada*Puratasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 10:06PM								
Then Routine Work - Prabararishta Yoga								

<b>2</b>		<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 23 Sutra 157 Vilamba 5120		
Makara Rasi: 0.32	Tithi 10 – 11	<b>Gulika</b> 10:18AM – 11:51AM	<b>Uttarashadha Until 1:04AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:39AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22 4th Phase
		Yama 7:12AM – 8:45AM	Sobhana Until 12:56PM	<b>Nataraja:</b> Purple				
		581552363 <b>Rahu</b> 11:51AM – 1:24PM	Vanija Until 11:32PM	Moon – Light Blue				
Creative Work	Amrita Yoga		<b>Dashami Until 10:12AM</b>			<b>Bhadrpada*Puratasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 1:04AM Thu								
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Regina, SK, Canada Sun 24 Sutra 158 Vilamba 5120		
Makara Rasi: 12.2	Tithi 11 – 12	<b>Gulika</b> 8:45AM – 10:18AM	<b>Shravana Until 4:16AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 22 4th Phase
		Yama 5:40AM – 7:13AM	Athiganda* Until 1:58PM	<b>Nataraja:</b> Purple				
		591552363 <b>Rahu</b> 1:23PM – 2:55PM	Bava Until 2:04AM Fri	Moon – Purple				
Creative Work	Siddha Yoga		<b>Ekadashi Until 12:48PM</b>			<b>Bhadrpada*Puratasi</b>	<b>Devaloka Day</b>	
Until 1:04AM Thu								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Regina, SK, Canada Sun 25 Sutra 159 Vilamba 5120		
Makara Rasi: 24.11	Tithi 12 – 13	<b>Gulika</b> 7:14AM – 8:46AM	<b>Dhanishtha Until 7:01AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:42AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 22 4th Phase
		Yama 2:54PM – 4:26PM	Sukarma Until 2:51PM	<b>Nataraja:</b> Purple				
		591552363 <b>Rahu</b> 10:18AM – 11:50AM	Kaulava Until 4:19AM Sat	Moon – Purple				
Creative Work	Siddha Yoga		<b>Dvadashi Until 3:13PM</b>			<b>Bhadrpada*Puratasi</b>	<b>Devaloka Day</b>	
Until 7:01AM Sat								
Then Creative Work - Amrita Yoga								
								<i>Pradosha Vrata</i>

<b>5</b>		<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 26 Sutra 160 Vilamba 5120		
Kumbha Rasi: 6.08	Tithi 13 – 14	<b>Gulika</b> 5:44AM – 7:15AM	<b>Dhanishtha Until 7:01AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 8 - Phase 22 4th Phase
		Yama 1:21PM – 2:53PM	Dhriti Until 3:28PM	<b>Nataraja:</b> Purple				
		591552363 <b>Rahu</b> 8:47AM – 10:18AM	Gara Until 6:09AM Sun	Moon – Purple				
Creative Work	Siddha Yoga		<b>Trayodashi Until 5:16PM</b>			<b>Bhadrpada*Puratasi</b>	<b>Devaloka Day</b>	
Until 7:01AM								
Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>						
		<b>Kadaitswami Mahasamadhi</b>						

<b>6</b>		<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Regina, SK, Canada Sun 27 Sutra 161 Vilamba 5120		
Kumbha Rasi: 18.17	Tithi 14	<b>Gulika</b> 2:52PM – 4:23PM	<b>Shatabhishak Until 9:11AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:45AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 22 4th Phase
		Yama 11:49AM – 1:20PM	Shula* Until 3:42PM	<b>Nataraja:</b> Purple				
		591552363 <b>Rahu</b> 4:23PM – 5:54PM	Gara Until 6:09AM	Moon – Purple				
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:51PM</b>			<b>Bhadrpada*Puratasi</b>	<b>Devaloka Day</b>	
Until 7:01AM								
Then Creative Work - Amrita Yoga								

<b>○</b>		<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau		Regina, SK, Canada Sutra 162 Vilamba 5120		
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:20PM – 2:50PM	<b>Purvaproshtapada* Until 11:11AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 22 Purnima
Meena Rasi: 0.37	Tithi 15	Yama 10:18AM – 11:49AM	Ganda* Until 3:34PM	<b>Nataraja:</b> Purple				
<b>Family Home Evening</b>		511552363 <b>Rahu</b> 7:17AM – 8:48AM	Visti Until 7:28AM	Moon – Clear				
Routine Work	Marana Yoga		<b>Purnima* Until 7:55PM</b>			<b>Bhadrpada*Puratasi</b>	<b>Devaloka Day</b>	
Until 11:11AM								
Then Creative Work - Siddha Yoga								

<b>○</b>		<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Regina, SK, Canada Sutra 163 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:49AM – 1:19PM	<b>Uttaraproshtapada Until 12:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:48AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 22 Prathama
Meena Rasi: 13.12	Tithi 16	Yama 8:48AM – 10:19AM	Vridhi Until 3:02PM	<b>Nataraja:</b> Purple				
		511552363 <b>Rahu</b> 2:49PM – 4:19PM	Balava Until 8:16AM	Moon – Clear				
Creative Work	Amrita Yoga		<b>Prathama* Until 8:28PM</b>			<b>Bhadrpada*Puratasi</b>	<b>Devaloka Day</b>	
Until 12:31PM								
Then Creative Work - Siddha Yoga								



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 26 Tithi 17

511552363

Gulika 10:19AM - 11:48AM  
Yama 7:19AM - 8:49AM  
Rahu 11:48AM - 1:18PM

Revati Until 1:14PM  
Dhruva Until 2:06PM  
Taitila Until 8:35AM  
Dvitiya Until 8:33PM

Ganesha: Purple Sunrise: 5:50AM  
Muruga: Purple Sunset: 5:47PM  
Nataraja: Purple  
Moon - Clear  
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

1 Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visli\* Karana Tritiyayam Titau

Regina, SK, Canada

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 9.01 Tithi 18

621552363

Gulika 8:50AM - 10:19AM  
Yama 5:51AM - 7:20AM  
Rahu 1:17PM - 2:46PM

Ashvini Until 1:50PM  
Vyaghata\* Until 12:51PM  
Vanija Until 8:28AM  
Tritiya Until 8:14PM

Ganesha: Purple Sunrise: 5:51AM  
Muruga: Purple Sunset: 5:45PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 1:50PM

Then Creative Work - Siddha Yoga

2 Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturthayam Titau

Regina, SK, Canada

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 22.15 Tithi 19

622552363

Gulika 7:21AM - 8:50AM  
Yama 2:45PM - 4:14PM  
Rahu 10:19AM - 11:48AM

Bharani Until 1:55PM  
Harshana Until 11:19AM  
Bava Until 7:57AM  
Chaturthi\* Until 7:33PM

Ganesha: Clear Sunrise: 5:53AM  
Muruga: Purple Sunset: 5:43PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

3 Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Shrabha Rasi: 5.4 Tithi 20

622552363

Gulika 5:54AM - 7:23AM  
Yama 1:16PM - 2:44PM  
Rahu 8:51AM - 10:19AM

Krittika Until 1:32PM  
Vajra\* Until 9:29AM  
Kaulava Until 7:06AM  
Panchami Until 6:33PM

Ganesha: Clear Sunrise: 5:54AM  
Muruga: Purple Sunset: 5:40PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

4 Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyaptipata\* Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Shrabha Rasi: 19.14 Tithi 21 - 22

632552363

Gulika 2:43PM - 4:10PM  
Yama 11:47AM - 1:15PM  
Rahu 4:10PM - 5:38PM

Rohini Until 1:09PM  
Siddhi Until 7:26AM  
Visli Until 4:31AM Mon  
Shashthi\* Until 5:15PM

Ganesha: Purple Sunrise: 5:56AM  
Muruga: Purple Sunset: 5:38PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

5 Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mithuna Rasi: 2.59 Tithi 22 - 23

632552363

Gulika 1:14PM - 2:41PM  
Yama 10:19AM - 11:47AM  
Rahu 7:25AM - 8:52AM

Mrigashira Until 12:21PM  
Variyan Until 2:38AM Tue  
Balava Until 2:48AM Tue  
Saptami Until 3:40PM

Ganesha: Purple Sunrise: 5:57AM  
Muruga: Purple Sunset: 5:36PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 12:21PM

Then Creative Work - Siddha Yoga

Retreat Star Tuesday, October 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 16.55 Tithi 23 - 24

632552363

Gulika 11:46AM - 1:13PM  
Yama 8:53AM - 10:19AM  
Rahu 2:40PM - 4:07PM

Ardra Until 11:07AM  
Parigha\* Until 11:54PM  
Taitila Until 12:49AM Wed  
Ashtami\* Until 1:49PM

Ganesha: Purple Sunrise: 5:59AM  
Muruga: Purple Sunset: 5:34PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 11:07AM

Then Creative Work - Siddha Yoga

Retreat Star Wednesday, October 3, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Regina, SK, Canada

Sun 8 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Kataka Rasi: 1.01 Tithi 24 - 25

642552363

Gulika 10:20AM - 11:46AM  
Yama 7:27AM - 8:53AM  
Rahu 11:46AM - 1:12PM

Punarvasu Until 9:54AM  
Shiva Until 8:58PM  
Vanija Until 10:35PM  
Navami\* Until 11:42AM

Ganesha: Clear Sunrise: 6:00AM  
Muruga: Purple Sunset: 5:32PM  
Nataraja: Purple  
Moon - Blue  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti/7/Bava Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 15.16	Tithi 25 – 26	<b>Gulika</b> 8:54AM – 10:20AM	<b>Pushya</b> Until 8:19AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:02AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM
		Yama 6:02AM – 7:28AM	Siddha Until 5:50PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 1:12PM – 2:38PM	Bava Until 8:08PM	Moon – Blue		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 9:21AM	<b>Bhuloka Day</b>			
Until 8:19AM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau		Regina, SK, Canada Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 29.4	Tithi 26 – 27	<b>Gulika</b> 7:29AM – 8:54AM	<b>Ashlesha*</b> Until 6:24AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM
		Yama 2:36PM – 4:02PM	Sadhya Until 2:36PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 10:20AM – 11:45AM	Taitila Until 4:11AM Sat	Moon – Blue		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 6:49AM	<b>Bhuloka Day</b>			
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 14.08	Tithi 28	<b>Gulika</b> 6:05AM – 7:30AM	<b>Purvaphalguni</b> Until 2:47AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM
		Yama 1:10PM – 2:35PM	Subha Until 11:18AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 8:55AM – 10:20AM	Gara Until 2:53PM	Moon – Red		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:33AM Sun	<b>Bhuloka Day</b>			
Until 2:47AM Sun				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti/7/Sakuni* Karana Chaturdashyam Titau		Regina, SK, Canada Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 28.35	Tithi 29	<b>Gulika</b> 2:34PM – 3:58PM	<b>Uttaraphalguni</b> Until 12:53AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM
		Yama 11:45AM – 1:09PM	Sukla Until 8:01AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
		652552364 <b>Rahu</b> 3:58PM – 5:23PM	Visti Until 12:17PM	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 11:02PM	<b>Bhuloka Day</b>			
Until 12:53AM Mon				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

		<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Regina, SK, Canada Sun 13 Sutra 176 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 1:09PM – 2:33PM	<b>Hasta</b> Until 11:32PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM
Kanya Rasi: 12.57	Tithi 30	Yama 10:20AM – 11:45AM	Indra Until 1:59AM Tue	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
<b>Family Home Evening</b>		662652364 <b>Rahu</b> 7:32AM – 8:56AM	Catuspada Until 9:52AM	Moon – Green		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 8:46PM	<b>Devaloka Day</b>			
Until 11:32PM				<b>Bhadrapada•Puratasi</b>			
Then Routine Work - Prabalarishta Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>					

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Regina, SK, Canada Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 27.06	Tithi 1	<b>Gulika</b> 11:44AM – 1:08PM	<b>Chitra</b> Until 10:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:10AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM
		Yama 8:57AM – 10:21AM	Vaidhriti* Until 11:25PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
		662652364 <b>Rahu</b> 2:31PM – 3:55PM	Kintughna Until 7:48AM	Moon – Green		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:54PM	<b>Devaloka Day</b>			
				<b>Ashvina•Puratasi</b>			
		<b>Navaratri Begins</b>					

<b>1</b>	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Tailila Karana Dvitiya/Tritiyayam Titau		Regina, SK, Canada Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 10.58	Tithi 2 - 3	<b>Gulika</b> 10:21AM - 11:44AM Yama 7:35AM - 8:58AM <b>Rahu</b> 11:44AM - 1:07PM	<b>Svati Until 9:49PM</b> Vishkambha* Until 9:19PM Balava Until 6:12AM <b>Dvitiya Until 5:36PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:11AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:17PM <b>Nataraja:</b> Clear Moon - Green
Creative Work	Siddha Yoga	662652364			Moon 9 - Phase 25 3rd Phase <b>Devaloka Day</b>

<b>2</b>	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Regina, SK, Canada Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 24.28	Tithi 3 - 4	<b>Gulika</b> 8:58AM - 10:21AM Yama 6:13AM - 7:36AM <b>Rahu</b> 1:06PM - 2:29PM	<b>Vishakha Until 10:08PM</b> Priti Until 7:47PM Vanija Until 4:56AM Fri <b>Tritiya Until 4:57PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:13AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:14PM <b>Nataraja:</b> Clear Moon - Orange
Creative Work	Siddha Yoga	673652364			Moon 9 - Phase 25 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>3</b>	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 7.35	Tithi 4 - 5	<b>Gulika</b> 7:37AM - 8:59AM Yama 2:28PM - 3:50PM <b>Rahu</b> 10:21AM - 11:44AM	<b>Anuradha Until 11:03PM</b> Ayushman Until 6:49PM Bava Until 5:27AM Sat <b>Chaturthi* Until 5:04PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:12PM <b>Nataraja:</b> Clear Moon - Orange
Creative Work	Siddha Yoga	673652364			Moon 9 - Phase 25 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>4</b>	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Regina, SK, Canada Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 20.18	Tithi 5 - 6	<b>Gulika</b> 6:16AM - 7:38AM Yama 1:05PM - 2:27PM <b>Rahu</b> 9:00AM - 10:22AM	<b>Jyeshtha* Until 12:33AM Sun</b> Saubhagya Until 6:28PM Kaulava Until 6:43AM Sun <b>Panchami Until 5:58PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:10PM <b>Nataraja:</b> Clear Moon - Orange
Creative Work	Siddha Yoga	673652364			Moon 9 - Phase 25 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>5</b>	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Regina, SK, Canada Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 2.41	Tithi 6	<b>Gulika</b> 2:26PM - 3:47PM Yama 11:43AM - 1:04PM <b>Rahu</b> 3:47PM - 5:08PM	<b>Mula* Until 3:03AM Mon</b> Sobhana Until 6:41PM Kaulava Until 6:43AM <b>Shashthi* Until 7:36PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:08PM <b>Nataraja:</b> Clear Moon - Light Blue
Creative Work	Amrita Yoga	683652364			Moon 9 - Phase 25 3rd Phase <b>Devaloka Day</b>

<b>6</b>	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 14.47	Tithi 7	<b>Gulika</b> 1:04PM - 2:24PM Yama 10:22AM - 11:43AM <b>Rahu</b> 7:40AM - 9:01AM	<b>Purvashadha* Until 5:54AM Tue</b> Athiganda* Until 7:19PM Gara Until 8:40AM <b>Saptami Until 9:49PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Clear Moon - Light Blue
Family Home Evening	Marana Yoga	683652364			Moon 9 - Phase 25 3rd Phase <b>Devaloka Day</b>

<b>D</b>	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 184 Vilamba 5120
	Dhanus Rasi: 26.43	Tithi 8	<b>Gulika</b> 11:43AM - 1:03PM Yama 9:02AM - 10:22AM <b>Rahu</b> 2:23PM - 3:44PM	<b>Uttarashadha Until 8:49AM Wed</b> Sukarma Until 8:15PM Visti Until 11:05AM <b>Ashtami* Until 12:23AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:21AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:04PM <b>Nataraja:</b> Clear Moon - Light Blue
Routine Work	Prabalarishta Yoga	683652364	Durga Ashtami		Moon 9 - Phase 25 Ashtami <b>Devaloka Day</b>

<b>D</b>	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 185 Vilamba 5120
	Makara Rasi: 8.31	Tithi 9	<b>Gulika</b> 10:22AM - 11:42AM Yama 7:43AM - 9:03AM <b>Rahu</b> 11:42AM - 1:02PM	<b>Uttarashadha Until 8:49AM</b> Dhriti Until 9:17PM Balava Until 1:44PM <b>Navami* Until 3:02AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:02PM <b>Nataraja:</b> Clear Moon - Light Blue
Creative Work	Amrita Yoga	683652364	Saraswathi Puja (Tamil Nadu)		Moon 9 - Phase 25 Navami <b>Devaloka Day</b>

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 186 Vilamba 5120
Makara Rasi: 20.19	Tithi 10	<b>Gulika</b> 9:03AM – 10:23AM	<b>Shravana Until 12:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM			
		Yama 6:24AM – 7:44AM	Shula* Until 10:12PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM		Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 1:02PM – 2:21PM	Taitila Until 4:20PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			Moon – Purple		<b>Bhuloka Day</b>		
		<b>Vijaya Dasami</b>	<b>Dashami Until 5:30AM Fri</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		

<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 187 Vilamba 5120
Kumbha Rasi: 2.12	Tithi 11	<b>Gulika</b> 7:45AM – 9:04AM	<b>Dhanishtha Until 2:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM			
		Yama 2:20PM – 3:39PM	Ganda* Until 10:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM		Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 10:23AM – 11:42AM	Vanija Until 6:37PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			Moon – Purple		<b>Bhuloka Day</b>		
			<b>Ekadashi Until 7:34AM Sat</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		

<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 188 Vilamba 5120
Kumbha Rasi: 14.14	Tithi 11 – 12	<b>Gulika</b> 6:28AM – 7:46AM	<b>Shatabhishak Until 5:09PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM			
		Yama 1:00PM – 2:19PM	Vriddhi Until 11:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM		Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 9:05AM – 10:23AM	Bava Until 8:25PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga			Moon – Purple		<b>Bhuloka Day</b>		
Until 5:09PM			<b>Ekadashi Until 7:34AM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 189 Vilamba 5120
Kumbha Rasi: 26.3	Tithi 12 – 13	<b>Gulika</b> 2:18PM – 3:36PM	<b>Purvaproshtapada* Until 7:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM			
		Yama 11:42AM – 1:00PM	Dhruva Until 10:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM		Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 3:36PM – 4:54PM	Kaulava Until 9:36PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>		
Until 7:07PM			<b>Dvadashi Until 9:04AM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>					

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 190 Vilamba 5120
Meena Rasi: 9.02	Tithi 13 – 14	<b>Gulika</b> 12:59PM – 2:17PM	<b>Uttaraproshtapada Until 8:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:31AM			
<b>Family Home Evening</b>		Yama 10:24AM – 11:42AM	Vyaghata* Until 10:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM		Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 7:49AM – 9:06AM	Gara Until 10:08PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>		
			<b>Trayodashi Until 9:56AM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		

		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 191 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:41AM – 12:59PM	<b>Revati Until 8:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM			
Meena Rasi: 21.52	Tithi 14 – 15	Yama 9:07AM – 10:24AM	Harshana Until 9:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM		Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 2:16PM – 3:33PM	Visti Until 10:04PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>		
			<b>Chaturdashi* Until 10:09AM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		

<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 192 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:24AM – 11:41AM	<b>Ashvini Until 8:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM			
Mesha Rasi: 5	Tithi 15 – 16	Yama 7:51AM – 9:08AM	Vajra* Until 7:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM		Moon 9 - Phase 26	
		623652364 <b>Rahu</b> 11:41AM – 12:58PM	Balava Until 9:26PM	<b>Nataraja:</b> Clear			Prathama	
Routine Work	Marana Yoga			Moon – White		<b>Devaloka Day</b>		
Until 8:56PM			<b>Purnima* Until 9:47AM</b>	<b>Ashvina•Aipasi</b>				
Then Creative Work - Siddha Yoga								

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada  
Sutra 193

Mesha Rasi: 18.25 Tithi 16 - 17

623652364

Gulika 9:09AM - 10:25AM  
Yama 6:36AM - 7:52AM  
Rahu 12:57PM - 2:14PM

Bharani Until 8:32PM  
Siddhi Until 5:27PM  
Taitila Until 8:21PM  
Prathama\* Until 8:56AM

Ganesha: Clear Sunrise: 6:36AM  
Muruga: Purple Sunset: 4:46PM  
Nataraja: Clear  
Moon - White

Moon 10 - Phase 27  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\*Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada  
Sun 1 Sutra 194

Vrishabha Rasi: 2.04 Tithi 17 - 18

624652364

Gulika 7:53AM - 9:09AM  
Yama 2:13PM - 3:29PM  
Rahu 10:25AM - 11:41AM

Krittika Until 7:40PM  
Vyatipata\* Until 3:11PM  
Vanija Until 6:56PM  
Dvitiya Until 7:40AM

Ganesha: White Sunrise: 6:38AM  
Muruga: Purple Sunset: 4:45PM  
Nataraja: Clear  
Moon - White

Moon 10 - Phase 27  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 7:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan/Parigha\* Yoga Visti\*/Balava Karana Tritiya/Chaturtham Titau

Regina, SK, Canada  
Sun 2 Sutra 195

Vrishabha Rasi: 15.52 Tithi 18 - 19

634652364

Gulika 6:39AM - 7:55AM  
Yama 12:56PM - 2:12PM  
Rahu 9:10AM - 10:26AM

Rohini Until 6:50PM  
Variyan Until 12:42PM  
Balava Until 4:23AM Sun  
Tritiya Until 6:07AM

Ganesha: Clear Sunrise: 6:39AM  
Muruga: Purple Sunset: 4:43PM  
Nataraja: Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 6:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada  
Sun 3 Sutra 196

Vrishabha Rasi: 29.49 Tithi 20

634652364

Gulika 2:11PM - 3:26PM  
Yama 11:41AM - 12:56PM  
Rahu 3:26PM - 4:41PM

Mrigashira Until 5:44PM  
Parigha\* Until 10:06AM  
Kaulava Until 3:29PM  
Panchami Until 2:31AM Mon

Ganesha: Clear Sunrise: 6:41AM  
Muruga: Purple Sunset: 4:41PM  
Nataraja: Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashtham Titau

Regina, SK, Canada  
Sun 4 Sutra 197

Mithuna Rasi: 13.5 Tithi 21

634652364

Gulika 12:55PM - 2:10PM  
Yama 10:26AM - 11:41AM  
Rahu 7:57AM - 9:12AM

Ardra Until 4:23PM  
Shiva Until 7:25AM  
Gara Until 1:35PM  
Shashthi\* Until 12:36AM Tue

Ganesha: Clear Sunrise: 6:43AM  
Muruga: Purple Sunset: 4:39PM  
Nataraja: Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 4:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Regina, SK, Canada  
Sun 5 Sutra 198

Mithuna Rasi: 27.53 Tithi 22

644662364

Gulika 11:41AM - 12:55PM  
Yama 9:12AM - 10:27AM  
Rahu 2:09PM - 3:23PM

Punarvasu Until 3:17PM  
Sadhya Until 1:55AM Wed  
Visti Until 11:38AM  
Saptami Until 10:38PM

Ganesha: Purple Sunrise: 6:44AM  
Muruga: Clear Sunset: 4:37PM  
Nataraja: Clear  
Moon - Blue

Moon 10 - Phase 27  
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada  
Sun 6 Sutra 199

Kataka Rasi: 11.57 Tithi 23

644662364

Gulika 10:27AM - 11:41AM  
Yama 8:00AM - 9:13AM  
Rahu 11:41AM - 12:54PM

Pushya Until 2:01PM  
Subha Until 11:09PM  
Balava Until 9:40AM  
Ashtami\* Until 8:39PM

Ganesha: Purple Sunrise: 6:46AM  
Muruga: Clear Sunset: 4:35PM  
Nataraja: Clear  
Moon - Blue

Moon 10 - Phase 27  
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada  
Sun 7 Sutra 200

Kataka Rasi: 26.02 Tithi 24

644662364

Gulika 9:14AM - 10:27AM  
Yama 6:48AM - 8:01AM  
Rahu 12:54PM - 2:07PM

Ashlesha\* Until 12:36PM  
Sukla Until 8:21PM  
Taitila Until 7:41AM  
Navami\* Until 6:40PM

Ganesha: Purple Sunrise: 6:48AM  
Muruga: Clear Sunset: 4:34PM  
Nataraja: Clear  
Moon - Blue

Moon 10 - Phase 27  
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, November 2, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha/Purvaphalguni Nakshatra Brahma/Indra Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 8 Sutra 201	
Simha Rasi: 10.07	Tithi 25 – 26	654762364	<b>Gulika</b> 8:02AM – 9:15AM <b>Yama</b> 2:06PM – 3:19PM <b>Rahu</b> 10:28AM – 11:41AM	<b>Magha* Until 11:29AM</b> Brahma Until 5:34PM Bava Until 3:45AM Sat Dashami Until 4:42PM	<b>Ganesha: White</b> <b>Muruqa: Clear</b> <b>Nataraja: Clear</b> Moon – Red	<b>Sunrise: 6:49AM</b> <b>Sunset: 4:32PM</b>	Vilamba 5120 Moon 10 - Phase 28 2nd Phase	<b>Devaloka Day</b>	
Routine Work Marana Yoga Until 11:29AM Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Saturday, November 3, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Regina, SK, Canada Sun 9 Sutra 202	
Simha Rasi: 24.1	Tithi 26 – 27	654762364	<b>Gulika</b> 6:51AM – 8:03AM <b>Yama</b> 12:53PM – 2:06PM <b>Rahu</b> 9:16AM – 10:28AM	<b>Purvaphalguni Until 10:14AM</b> Indra Until 2:51PM Kaulava Until 1:52AM Sun Ekadashi* Until 2:46PM	<b>Ganesha: White</b> <b>Muruqa: Clear</b> <b>Nataraja: Clear</b> Moon – Red	<b>Sunrise: 6:51AM</b> <b>Sunset: 4:30PM</b>	Vilamba 5120 Moon 10 - Phase 28 2nd Phase	<b>Devaloka Day</b>	
Creative Work Siddha Yoga Until 10:14AM Then Routine Work - Marana Yoga									

<b>3</b>		<b>Sunday, November 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Regina, SK, Canada Sun 10 Sutra 203	
Kanya Rasi: 8.11	Tithi 27 – 28	654762364	<b>Gulika</b> 2:05PM – 3:17PM <b>Yama</b> 11:41AM – 12:53PM <b>Rahu</b> 3:17PM – 4:29PM	<b>Uttaraphalguni Until 8:57AM</b> Vaidhriti* Until 12:11PM Gara Until 12:07AM Mon Dvadashi* Until 12:57PM	<b>Ganesha: White</b> <b>Muruqa: Clear</b> <b>Nataraja: Clear</b> Moon – Red	<b>Sunrise: 6:53AM</b> <b>Sunset: 4:29PM</b>	Vilamba 5120 Moon 10 - Phase 28 2nd Phase	<b>Devaloka Day</b>	
Creative Work Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>							

<b>4</b>		<b>Monday, November 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 11 Sutra 204	
Kanya Rasi: 22.06	Tithi 28 – 29	664762364	<b>Gulika</b> 12:52PM – 2:04PM <b>Yama</b> 10:29AM – 11:41AM <b>Rahu</b> 8:06AM – 9:17AM	<b>Hasta Until 8:07AM</b> Vishkambha* Until 9:40AM Visti Until 10:37PM Trayodashi* Until 11:19AM	<b>Ganesha: Green</b> <b>Muruqa: Clear</b> <b>Nataraja: Clear</b> Moon – Green	<b>Sunrise: 6:54AM</b> <b>Sunset: 4:27PM</b>	Vilamba 5120 Moon 10 - Phase 28 2nd Phase	<b>Devaloka Day</b>	
Family Home Evening Creative Work Siddha Yoga Until 8:07AM Then Routine Work - Prabalarishta Yoga		<b>Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day</b>							

<b>Retreat Star</b>		<b>Tuesday, November 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Regina, SK, Canada Sun 12 Sutra 205	
Tula Rasi: 5.51	Tithi 29 – 30	664762364	<b>Gulika</b> 11:41AM – 12:52PM <b>Yama</b> 9:18AM – 10:30AM <b>Rahu</b> 2:03PM – 3:14PM	<b>Chitra Until 7:24AM</b> Priti Until 7:24AM Catuspada Until 9:28PM Chaturdashi* Until 9:58AM	<b>Ganesha: Green</b> <b>Muruqa: Clear</b> <b>Nataraja: Clear</b> Moon – Green	<b>Sunrise: 6:56AM</b> <b>Sunset: 4:25PM</b>	Vilamba 5120 Moon 10 - Phase 28 Amavasya	<b>Devaloka Day</b>	
Creative Work Siddha Yoga									

<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Regina, SK, Canada Sun 13 Sutra 206	
Tula Rasi: 19.23	Tithi 30 – 1	765762364	<b>Gulika</b> 10:30AM – 11:41AM <b>Yama</b> 8:08AM – 9:19AM <b>Rahu</b> 11:41AM – 12:52PM	<b>Svati Until 6:56AM</b> Saubhagya Until 3:50AM Thu Kintughna Until 8:46PM Amavasya* Until 9:02AM	<b>Ganesha: Clear</b> <b>Muruqa: Clear</b> <b>Nataraja: Clear</b> Moon – Green	<b>Sunrise: 6:58AM</b> <b>Sunset: 4:24PM</b>	Vilamba 5120 Moon 10 - Phase 28 Prathama	<b>Sivaloka Day</b>	
Creative Work Siddha Yoga		<b>Skanda Shasthi Begins</b>							

<b>1</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 14 Sutra 207 Vilamba 5120	
Vrischika Rasi: 2.38	Tithi 1 – 2	Gulika 9:20AM – 10:30AM	Vishakha Until 7:16AM	Ganesha: Orange	Sunrise: 6:59AM	Moon 10 - Phase 29	
		Yama 6:59AM – 8:10AM	Sobhana Until 2:45AM Fri	Muruqa: Clear	Sunset: 4:22PM	3rd Phase	
		775762364 Rahu 12:51PM – 2:02PM	Balava Until 8:39PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 8:37AM	Moon – Orange			<b>Sivaloka Day</b>
				Karttika-Aipasi			
<b>2</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Regina, SK, Canada Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 15.34	Tithi 2 – 3	Gulika 8:11AM – 9:21AM	Anuradha Until 8:02AM	Ganesha: Orange	Sunrise: 7:01AM	Moon 10 - Phase 29	
		Yama 2:01PM – 3:11PM	Athiganda* Until 2:08AM Sat	Muruqa: Clear	Sunset: 4:21PM	3rd Phase	
		775762364 Rahu 10:31AM – 11:41AM	Taitila Until 9:12PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvitiya Until 8:49AM	Moon – Orange			<b>Sivaloka Day</b>
Until 8:02AM				Karttika-Aipasi			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Regina, SK, Canada Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 28.11	Tithi 3 – 4	Gulika 7:03AM – 8:12AM	Jyeshtha* Until 9:18AM	Ganesha: Orange	Sunrise: 7:03AM	Moon 10 - Phase 29	
		Yama 12:51PM – 2:00PM	Sukarma Until 2:03AM Sun	Muruqa: Clear	Sunset: 4:19PM	3rd Phase	
		775762364 Rahu 9:22AM – 10:31AM	Vanija Until 10:25PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Tritiya Until 9:42AM	Moon – Orange			<b>Sivaloka Day</b>
				Karttika-Aipasi			
<b>4</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 10.31	Tithi 4 – 5	Gulika 2:00PM – 3:09PM	Mula* Until 11:31AM	Ganesha: Clear	Sunrise: 7:04AM	Moon 10 - Phase 29	
		Yama 11:41AM – 12:50PM	Dhriti Until 2:28AM Mon	Muruqa: Clear	Sunset: 4:18PM	3rd Phase	
		785762364 Rahu 3:09PM – 4:18PM	Bava Until 12:17AM Mon	Nataraja: Clear			
Creative Work	Amrita Yoga		Chaturthi* Until 11:15AM	Moon – Light Blue			<b>Sivaloka Day</b>
Until 11:31AM				Karttika-Aipasi			
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Regina, SK, Canada Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 22.36	Tithi 5 – 6	Gulika 12:50PM – 1:59PM	Purvashadha* Until 2:08PM	Ganesha: Clear	Sunrise: 7:06AM	Moon 10 - Phase 29	
<b>Family Home Evening</b>		Yama 10:32AM – 11:41AM	Shula* Until 3:12AM Tue	Muruqa: Clear	Sunset: 4:17PM	3rd Phase	
		785762364 Rahu 8:15AM – 9:24AM	Kaulava Until 2:38AM Tue	Nataraja: Clear			
Routine Work	Marana Yoga		Panchami Until 1:23PM	Moon – Light Blue			<b>Sivaloka Day</b>
		Skanda Shasthi		Karttika-Aipasi			
<b>6</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Regina, SK, Canada Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 4.3	Tithi 6 – 7	Gulika 11:41AM – 12:50PM	Uttarashadha Until 4:58PM	Ganesha: Clear	Sunrise: 7:08AM	Moon 10 - Phase 29	
		Yama 9:25AM – 10:33AM	Ganda* Until 4:10AM Wed	Muruqa: Clear	Sunset: 4:15PM	3rd Phase	
		785762364 Rahu 1:58PM – 3:07PM	Gara Until 5:18AM Wed	Nataraja: Clear			
Routine Work	Prabalarishta Yoga		Shashthi* Until 3:55PM	Moon – Light Blue			<b>Sivaloka Day</b>
Until 4:58PM				Karttika-Aipasi			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Vanija Karana Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 16.19	Tithi 7	Gulika 10:34AM – 11:42AM	Shravana Until 8:16PM	Ganesha: Purple	Sunrise: 7:09AM	Moon 10 - Phase 29	
		Yama 8:17AM – 9:25AM	Vriddhi Until 5:10AM Thu	Muruqa: Clear	Sunset: 4:14PM	3rd Phase	
		795762364 Rahu 11:42AM – 12:50PM	Vanija Until 6:38PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Saptami Until 6:38PM	Moon – Purple			<b>Subha Sivaloka Day</b>
Until 8:16PM				Karttika-Aipasi			
Then Routine Work - Prabalarishta Yoga							
<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 28.07	Tithi 8	Gulika 9:26AM – 10:34AM	Dhanishtha Until 11:18PM	Ganesha: Purple	Sunrise: 7:11AM	Moon 10 - Phase 29	
		Yama 7:11AM – 8:19AM	Dhruva Until 5:59AM Fri	Muruqa: Clear	Sunset: 4:13PM	Ashtami	
		795762364 Rahu 12:49PM – 1:57PM	Visti Until 7:59AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ashtami* Until 9:13PM	Moon – Purple			<b>Subha Sivaloka Day</b>
				Karttika-Aipasi			
<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 9.59	Tithi 9	Gulika 8:20AM – 9:27AM	Shatabhishak Until 1:47AM Sat	Ganesha: Purple	Sunrise: 7:13AM	Moon 10 - Phase 29	
		Yama 1:57PM – 3:04PM	Vyaghata* Until 6:29AM Sat	Muruqa: Clear	Sunset: 4:11PM	Navami	
		795762365 Rahu 10:35AM – 11:42AM	Balava Until 10:25AM	Nataraja: White			
Creative Work	Siddha Yoga		Navami* Until 11:27PM	Moon – Purple			<b>Sivaloka Day</b>
Until 1:47AM Sat				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau			Regina, SK, Canada Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 22.02	Tithi 10	<b>Gulika</b> 7:14AM – 8:21AM	<b>Purvaproshtapada* Until 4:02AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:14AM		
		Yama 12:49PM – 1:56PM	Vyaghata* Until 6:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:10PM		Moon 10 - Phase 30
		716762365 <b>Rahu</b> 9:28AM – 10:35AM	Taitila Until 12:23PM	<b>Nataraja:</b> White			4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 1:06AM Sun</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 4:02AM Sun						<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau			Regina, SK, Canada Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 4.2	Tithi 11	<b>Gulika</b> 1:56PM – 3:02PM	<b>Uttaraproshtapada Until 5:25AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:16AM		
		Yama 11:42AM – 12:49PM	Harshana Until 6:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:09PM		Moon 10 - Phase 30
		716762365 <b>Rahu</b> 3:02PM – 4:09PM	Vanija Until 1:41PM	<b>Nataraja:</b> White			4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 2:02AM Mon</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 5:25AM Mon						<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau			Regina, SK, Canada Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 16.58	Tithi 12	<b>Gulika</b> 12:49PM – 1:55PM	<b>Revati Until 5:56AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:17AM		
<b>Family Home Evening</b>		Yama 10:36AM – 11:43AM	Vajra* Until 6:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:08PM		Moon 10 - Phase 30
		716762365 <b>Rahu</b> 8:24AM – 9:30AM	Bava Until 2:15PM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 2:13AM Tue</b>	Moon – Clear		<b>Devaloka Day</b>	
						<b>Karttika-Karttikai</b>	

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Regina, SK, Canada Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 29.56	Tithi 13	<b>Gulika</b> 11:43AM – 12:49PM	<b>Ashvini Until 6:03AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:19AM		
		Yama 9:31AM – 10:37AM	Vyatipata* Until 3:13AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:07PM		Moon 10 - Phase 30
		716762365 <b>Rahu</b> 1:55PM – 3:01PM	Kaulava Until 2:03PM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:40AM Wed</b>	Moon – Clear		<b>Devaloka Day</b>	
						<b>Karttika-Karttikai</b>	
						<i>Pradosha Vrata</i>	

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Regina, SK, Canada Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 13.17	Tithi 14	<b>Gulika</b> 10:37AM – 11:43AM	<b>Ashvini Until 6:03AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:21AM		
		Yama 8:26AM – 9:32AM	Variyan Until 1:01AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:06PM		Moon 10 - Phase 30
		726762365 <b>Rahu</b> 11:43AM – 12:49PM	Gara Until 1:10PM	<b>Nataraja:</b> White			4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 12:28AM Thu</b>	Moon – White		<b>Bhuloka Day</b>	
Until 6:03AM						<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Regina, SK, Canada Sutra 221 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:33AM – 10:38AM	<b>Krittika Until 4:05AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:22AM		
Mesha Rasi: 27.01	Tithi 15	Yama 7:22AM – 8:27AM	Parigha* Until 10:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:05PM		Moon 10 - Phase 30
		726762365 <b>Rahu</b> 12:49PM – 1:54PM	Visti Until 11:40AM	<b>Nataraja:</b> White			Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 10:43PM</b>	Moon – White		<b>Bhuloka Day</b>	
		<b>Krittika Deepam</b>				<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM

<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Regina, SK, Canada Sutra 222 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:29AM – 9:34AM	<b>Rohini Until 2:42AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:24AM		
Vrishabha Rasi: 11.02	Tithi 16	Yama 1:54PM – 2:59PM	Shiva Until 7:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:04PM		Moon 10 - Phase 30
		736762365 <b>Rahu</b> 10:39AM – 11:44AM	Balava Until 9:42AM	<b>Nataraja:</b> White			Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 8:34PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 2:42AM Sat						<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Begins</b>					



Saturday, November 24, 2018

Gold Retreat Star

Vrishabha Rasi: 25.18 Tithi 17

737762365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 7:25AM - 8:30AM

Yama 12:49PM - 1:53PM

Rahu 9:35AM - 10:39AM

Mrigashira Until 12:56AM Sun

Siddha Until 4:19PM

Taitila Until 7:25AM

Dvitiya Until 6:10PM

Ganesha: Red Sunrise: 7:25AM

Muruqa: Clear Sunset: 4:03PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

1

Sunday, November 25, 2018

Mithuna Rasi: 9.42 Tithi 18 - 19

737762365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Regina, SK, Canada

Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 1:53PM - 2:57PM

Yama 11:44AM - 12:49PM

Rahu 2:57PM - 4:02PM

Ardra Until 10:57PM

Sadhya Until 1:02PM

Bava Until 2:21AM Mon

Tritiya Until 3:37PM

Ganesha: Red Sunrise: 7:27AM

Muruqa: Clear Sunset: 4:02PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

2

Monday, November 26, 2018

Mithuna Rasi: 24.08 Tithi 19 - 20

Family Home Evening

747762365

Creative Work Amrita Yoga

Until 9:16PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 12:49PM - 1:53PM

Yama 10:40AM - 11:45AM

Rahu 8:32AM - 9:36AM

Punarvasu Until 9:16PM

Subha Until 9:45AM

Kaulava Until 11:50PM

Chaturthi\* Until 1:04PM

Ganesha: Green Sunrise: 7:28AM

Muruqa: Clear Sunset: 4:01PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Tuesday, November 27, 2018

Kataka Rasi: 8.33 Tithi 20 - 21

747862365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 11:45AM - 12:49PM

Yama 9:37AM - 10:41AM

Rahu 1:52PM - 2:56PM

Pushya Until 7:34PM

Sukla Until 6:30AM

Gara Until 9:26PM

Panchami Until 10:36AM

Ganesha: White Sunrise: 7:30AM

Muruqa: Clear Sunset: 4:00PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Wednesday, November 28, 2018

Kataka Rasi: 22.52 Tithi 21 - 22

747862365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 10:42AM - 11:45AM

Yama 8:35AM - 9:38AM

Rahu 11:45AM - 12:49PM

Ashlesha\* Until 5:55PM

Indra Until 12:27AM Thu

Visti Until 7:14PM

Shashthi\* Until 8:17AM

Ganesha: White Sunrise: 7:31AM

Muruqa: Purple Sunset: 3:59PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

D

Thursday, November 29, 2018

Retreat Star

Simha Rasi: 7.01 Tithi 22 - 23

757862365

Creative Work Amrita Yoga

Until 4:46PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Gulika 9:39AM - 10:42AM

Yama 7:32AM - 8:36AM

Rahu 12:49PM - 1:52PM

Magha\* Until 4:46PM

Vaidhriti\* Until 9:41PM

Kaulava Until 4:22AM Fri

Saptami Until 6:12AM

Ganesha: Clear Sunrise: 7:32AM

Muruqa: Purple Sunset: 3:59PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, November 30, 2018

Retreat Star

Simha Rasi: 21.01 Tithi 24

758862365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Gulika 8:37AM - 9:40AM

Yama 1:52PM - 2:55PM

Rahu 10:43AM - 11:46AM

Purvaphalguni Until 3:45PM

Vishkambha\* Until 7:08PM

Taitila Until 3:35PM

Navami\* Until 2:49AM Sat

Ganesha: Orange Sunrise: 7:34AM

Muruqa: Purple Sunset: 3:59PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>1</b>		<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau		Regina, SK, Canada Sun 8 Sutra 230 Vilamba 5120	
Kanya Rasi: 4.51	Tithi 25	<b>Gulika</b> 7:35AM – 8:38AM	<b>Uttaraphalguni</b> Until 2:50PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:35AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:57PM
		Yama 12:49PM – 1:52PM	Priti Until 4:50PM	<b>Nataraja:</b> White			Moon 11 - Phase 32
Routine Work	Marana Yoga	758863365 <b>Rahu</b> 9:41AM – 10:44AM	Vanija Until 2:09PM	Moon – Red			2nd Phase
			<b>Dashami</b> Until 1:31AM Sun	<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2</b>		<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 231 Vilamba 5120	
Kanya Rasi: 18.31	Tithi 26	<b>Gulika</b> 1:52PM – 2:54PM	<b>Hasta</b> Until 2:30PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:37AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:57PM
		Yama 11:47AM – 12:49PM	Ayushman Until 2:43PM	<b>Nataraja:</b> White			Moon 11 - Phase 32
Creative Work	Amrita Yoga	768863365 <b>Rahu</b> 2:54PM – 3:57PM	Bava Until 1:01PM	Moon – Green			2nd Phase
Until 2:30PM			<b>Ekadashi*</b> Until 12:32AM Mon	<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Regina, SK, Canada Sun 10 Sutra 232 Vilamba 5120	
Tula Rasi: 2.01	Tithi 27	<b>Gulika</b> 12:49PM – 1:52PM	<b>Chitra</b> Until 2:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:38AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM
<b>Family Home Evening</b>		Yama 10:45AM – 11:47AM	Saubhagya Until 12:52PM	<b>Nataraja:</b> White			Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	768863365 <b>Rahu</b> 8:40AM – 9:42AM	Kaulava Until 12:11PM	Moon – Green			2nd Phase
Until 2:20PM			<b>Dvadashi*</b> Until 11:52PM	<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 11 Sutra 233 Vilamba 5120	
Tula Rasi: 15.19	Tithi 28	<b>Gulika</b> 11:48AM – 12:50PM	<b>Svati</b> Until 2:21PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:39AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM
		Yama 9:43AM – 10:45AM	Sobhana Until 11:17AM	<b>Nataraja:</b> White			Moon 11 - Phase 32
Creative Work	Siddha Yoga	768863365 <b>Rahu</b> 1:52PM – 2:54PM	Gara Until 11:41AM	Moon – Green			2nd Phase
Until 2:21PM			<b>Trayodashi*</b> Until 11:34PM	<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Regina, SK, Canada Sun 12 Sutra 234 Vilamba 5120	
Tula Rasi: 28.26	Tithi 29	<b>Gulika</b> 10:46AM – 11:48AM	<b>Vishakha</b> Until 3:03PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM
		Yama 8:42AM – 9:44AM	Athiganda* Until 10:00AM	<b>Nataraja:</b> White			Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365 <b>Rahu</b> 11:48AM – 12:50PM	Visti Until 11:36AM	Moon – Orange			2nd Phase
			<b>Chaturdashi*</b> Until 11:42PM	<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	

<b>Retreat Star</b>		<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Regina, SK, Canada Sun 13 Sutra 235 Vilamba 5120	
Vrischika Rasi: 11.19	Tithi 30	<b>Gulika</b> 9:45AM – 10:47AM	<b>Anuradha</b> Until 4:04PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:42AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:55PM
		Yama 7:42AM – 8:43AM	Sukarma Until 9:04AM	<b>Nataraja:</b> White			Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365 <b>Rahu</b> 12:50PM – 1:52PM	Catuspada Until 11:59AM	Moon – Orange			Amavasya
Until 4:04PM			<b>Amavasya*</b> Until 12:20AM Fri	<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Regina, SK, Canada Sun 14 Sutra 236 Vilamba 5120	
Vrischika Rasi: 23.58	Tithi 1	<b>Gulika</b> 8:44AM – 9:46AM	<b>Jyeshtha*</b> Until 5:25PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:55PM
		Yama 1:52PM – 2:53PM	Dhriti Until 8:33AM	<b>Nataraja:</b> White			Moon 11 - Phase 32
Routine Work	Marana Yoga	779863365 <b>Rahu</b> 10:47AM – 11:49AM	Kintughna Until 12:52PM	Moon – Orange			Prathama
Until 5:25PM			<b>Prathama*</b> Until 1:29AM Sat	<b>Margasira-Karttikai</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Regina, SK, Canada Sun 15 Sutra 237 Vilamba 5120		
Dhanus Rasi: 6.23	Tithi 2	Gulika 7:44AM – 8:45AM	Mula* Until 7:36PM	Ganesha: Purple	Sunrise: 7:44AM	Muruqa: Purple	Sunset: 3:55PM	Moon 11 - Phase 33 3rd Phase
789863365	Rahu 9:47AM – 10:48AM	Yama 12:51PM – 1:52PM	Shula* Until 8:24AM	Nataraja: White		Moon – Light Blue		<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		Balava Until 2:18PM	Margasira-Karttikai				
			Dvitiya Until 3:11AM Sun					
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		Regina, SK, Canada Sun 16 Sutra 238 Vilamba 5120		
Dhanus Rasi: 18.35	Tithi 3	Gulika 1:52PM – 2:53PM	Purvashadha* Until 10:07PM	Ganesha: Purple	Sunrise: 7:45AM	Muruqa: Purple	Sunset: 3:55PM	Moon 11 - Phase 33 3rd Phase
789863365	Rahu 2:53PM – 3:55PM	Yama 11:50AM – 12:51PM	Ganda* Until 8:41AM	Nataraja: White		Moon – Light Blue		<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		Taitila Until 4:15PM	Margasira-Karttikai				
Until 10:07PM			Tritiya Until 5:22AM Mon					
Then Creative Work - Amrita Yoga								
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija Karana Chaturthiyam Titau		Regina, SK, Canada Sun 17 Sutra 239 Vilamba 5120		
Makara Rasi: 0.35	Tithi 4	Gulika 12:51PM – 1:52PM	Uttarashadha Until 12:51AM Tue	Ganesha: Purple	Sunrise: 7:46AM	Muruqa: Purple	Sunset: 3:54PM	Moon 11 - Phase 33 3rd Phase
789863365	Rahu 8:47AM – 9:48AM	Yama 10:49AM – 11:50AM	Vriddhi Until 9:18AM	Nataraja: White		Moon – Light Blue		<b>Bhuloka Day</b>
Family Home Evening	Marana Yoga		Vanija Until 6:38PM	Margasira-Karttikai				
Routine Work			Chaturthi* Until 7:55AM Tue					
Until 12:51AM Tue								
Then Creative Work - Siddha Yoga								
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 240 Vilamba 5120		
Makara Rasi: 12.26	Tithi 4 – 5	Gulika 11:51AM – 12:52PM	Shravana Until 4:08AM Wed	Ganesha: Clear	Sunrise: 7:47AM	Muruqa: Purple	Sunset: 3:54PM	Moon 11 - Phase 33 3rd Phase
799863365	Rahu 1:52PM – 2:53PM	Yama 9:49AM – 10:50AM	Dhruva Until 10:10AM	Nataraja: White		Moon – Purple		<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		Bava Until 9:18PM	Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM		
Until 4:08AM Wed			Chaturthi* Until 7:55AM					
Then Routine Work - Prabalarishta Yoga								
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Regina, SK, Canada Sun 19 Sutra 241 Vilamba 5120		
Makara Rasi: 24.14	Tithi 5 – 6	Gulika 10:50AM – 11:51AM	Dhanishtha Until 7:17AM Thu	Ganesha: Clear	Sunrise: 7:48AM	Muruqa: Purple	Sunset: 3:54PM	Moon 11 - Phase 33 3rd Phase
799863365	Rahu 11:51AM – 12:52PM	Yama 8:49AM – 9:50AM	Vyaghata* Until 11:10AM	Nataraja: White		Moon – Purple		<b>Bhuloka Day</b>
Routine Work	Prabalarishta Yoga		Kaulava Until 12:03AM Thu	Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM		
Until 7:17AM Thu			Panchami Until 10:40AM					
Then Creative Work - Siddha Yoga								
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 242 Vilamba 5120		
Kumbha Rasi: 6.01	Tithi 6 – 7	Gulika 9:50AM – 10:51AM	Dhanishtha Until 7:17AM	Ganesha: Clear	Sunrise: 7:49AM	Muruqa: Purple	Sunset: 3:54PM	Moon 11 - Phase 33 3rd Phase
799863365	Rahu 12:52PM – 1:53PM	Yama 7:49AM – 8:50AM	Harshana Until 12:09PM	Nataraja: White		Moon – Purple		<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		Gara Until 2:40AM Fri	Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM		
			Shashthi* Until 1:22PM					
			Vinayaga Viratam Ends					
<b>7</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 243 Vilamba 5120		
Kumbha Rasi: 17.53	Tithi 7 – 8	Gulika 8:50AM – 9:51AM	Shatabhishak Until 10:04AM	Ganesha: Clear	Sunrise: 7:50AM	Muruqa: Purple	Sunset: 3:54PM	Moon 11 - Phase 33 3rd Phase
799863365	Rahu 10:52AM – 11:52AM	Yama 1:53PM – 2:54PM	Vajra* Until 12:55PM	Nataraja: White		Moon – Purple		<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		Visti Until 4:53AM Sat	Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM		
			Saptami Until 3:49PM					
<b>8</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 244 Vilamba 5120		
Kumbha Rasi: 29.54	Tithi 8 – 9	Gulika 7:51AM – 8:51AM	Purvaproshtapada* Until 12:45PM	Ganesha: Clear	Sunrise: 7:51AM	Muruqa: Purple	Sunset: 3:55PM	Moon 11 - Phase 33 Ashtami
711863365	Rahu 9:52AM – 10:52AM	Yama 12:53PM – 1:54PM	Siddhi Until 1:21PM	Nataraja: White		Moon – Clear		<b>Bhuloka Day</b>
Routine Work	Marana Yoga		Balava Until 6:30AM Sun	Margasira-Markali		Devaloka Time: 6:AM to 9:AM		
Until 12:45PM			Ashtami* Until 5:45PM					
Then Creative Work - Siddha Yoga								
<b>9</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipala*/Varyan Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 23 Sutra 245 Vilamba 5120		
Meena Rasi: 12.1	Tithi 9	Gulika 1:54PM – 2:54PM	Uttaraproshtapada Until 2:38PM	Ganesha: Purple	Sunrise: 7:51AM	Muruqa: Purple	Sunset: 3:55PM	Moon 11 - Phase 33 Navami
811863365	Rahu 2:54PM – 3:55PM	Yama 11:53AM – 12:53PM	Vyatipala* Until 1:18PM	Nataraja: White		Moon – Clear		<b>Bhuloka Day</b>
Creative Work	Amrita Yoga		Balava Until 6:30AM	Margasira-Markali				
			Navami* Until 7:01PM					


As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 24 Sutra 246 Vilamba 5120
	Meena Rasi: 24.45	Tithi 10	<b>Gulika</b> 12:54PM – 1:54PM	<b>Revati Until 3:38PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	
	<b>Family Home Evening</b>	811863365	Yama 10:53AM – 11:54AM	Variyan Until 12:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:55PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 8:53AM – 9:53AM	Taitila Until 7:22AM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami Until 7:29PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>			

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 25 Sutra 247 Vilamba 5120
	Mesha Rasi: 7.43	Tithi 11	<b>Gulika</b> 11:54AM – 12:54PM	<b>Ashvini Until 4:09PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:53AM	
		821863365	Yama 9:53AM – 10:54AM	Parigha* Until 11:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:55PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 1:55PM – 2:55PM	Vanija Until 7:26AM	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi Until 7:08PM</b>	Moon – White		<b>Bhuloka Day</b>	
		<b>Gita Jayanthi</b>		<b>Margasira*Markali</b>		<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 248 Vilamba 5120
	Mesha Rasi: 21.07	Tithi 12 – 13	<b>Gulika</b> 10:54AM – 11:55AM	<b>Bharani Until 3:43PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:54AM	
		821863365	Yama 8:54AM – 9:54AM	Shiva Until 9:26AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 11:55AM – 12:55PM	Bava Until 6:40AM	<b>Nataraja:</b> White		4th Phase
Until 3:43PM			<b>Dvadashi Until 5:59PM</b>	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>		<b>Devaloka Time: 6:AM to 9:AM</b>	
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 249 Vilamba 5120
	Vrishabha Rasi: 4.56	Tithi 13 – 14	<b>Gulika</b> 9:55AM – 10:55AM	<b>Krittika Until 2:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:54AM	
		821863365	Yama 7:54AM – 8:54AM	Siddha Until 6:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 12:55PM – 1:56PM	Gara Until 3:00AM Fri	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi Until 4:08PM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>		<b>Devaloka Time: 6:AM to 9:AM</b>	

	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 250 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:55AM – 9:55AM	<b>Rohini Until 12:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:55AM	
	Vrishabha Rasi: 19.1	Tithi 14 – 15	Yama 1:56PM – 2:56PM	Subha Until 12:32AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:57PM	Moon 11 - Phase 34
		831863365	<b>Rahu</b> 10:55AM – 11:56AM	Visti Until 12:21AM Sat	<b>Nataraja:</b> White		Purnima
Routine Work Marana Yoga			<b>Chaturdashi* Until 1:43PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 12:54PM		<b>Day 1 of Pancha Ganapati</b>		<b>Margasira*Markali</b>			
Then Creative Work - Siddha Yoga							

<b>Silver Retreat Star</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 251 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:55AM – 8:55AM	<b>Mrigashira Until 10:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:55AM	
	Mithuna Rasi: 3.43	Tithi 15 – 16	Yama 12:56PM – 1:57PM	Sukla Until 8:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:57PM	Moon 11 - Phase 34
		831963365	<b>Rahu</b> 9:56AM – 10:56AM	Balava Until 9:21PM	<b>Nataraja:</b> White		Prathama
Creative Work Siddha Yoga			<b>Purnima* Until 10:52AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Day 2 of Pancha Ganapati</b>		<b>Margasira*Markali</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Sunday, December 23, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Regina, SK, Canada

Sutra 252

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 18.31 Tithi 16 - 17

831963365

**Gulika** 1:57PM - 2:57PM  
**Yama** 11:57AM - 12:57PM  
**Rahu** 2:57PM - 3:58PM

**Ardra Until 8:15AM**  
Brahma Until 5:00PM  
Taitila Until 6:09PM

**Ganesha:** Yellow *Sunrise: 7:56AM*  
**Muruqa:** Purple *Sunset: 3:58PM*  
**Nataraja:** White  
Moon - Yellow

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Day 3 of Pancha Ganapati  
Ardra Darshanam

Prathama\* Until 7:45AM

Margasira\*Markali

**1** Monday, December 24, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visiti\* Karana Trityayam Titau

Regina, SK, Canada

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 3.23 Tithi 18

841963365

**Gulika** 12:57PM - 1:58PM  
**Yama** 10:57AM - 11:57AM  
**Rahu** 8:56AM - 9:57AM

**Pushya Until 3:25AM Tue**  
Indra Until 1:07PM  
Vanija Until 2:55PM

**Ganesha:** Blue *Sunrise: 7:56AM*  
**Muruqa:** Purple *Sunset: 3:58PM*  
**Nataraja:** White  
Moon - Blue

**Devaloka Day**

Family Home Evening  
Creative Work Siddha Yoga

Day 4 of Pancha Ganapati

Tritiya Until 1:19AM Tue

Margasira\*Markali

**2** Tuesday, December 25, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 18.15 Tithi 19

842963365

**Gulika** 11:58AM - 12:58PM  
**Yama** 9:57AM - 10:57AM  
**Rahu** 1:58PM - 2:59PM

**Ashlesha\* Until 12:59AM Wed**  
Vaidhriti\* Until 9:18AM  
Bava Until 11:47AM

**Ganesha:** Yellow *Sunrise: 7:56AM*  
**Muruqa:** Purple *Sunset: 3:59PM*  
**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Chaturthi\* Until 10:16PM

Margasira\*Markali

**3** Wednesday, December 26, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 2.58 Tithi 20

852963366

**Gulika** 10:58AM - 11:58AM  
**Yama** 8:57AM - 9:57AM  
**Rahu** 11:58AM - 12:59PM

**Magha\* Until 11:08PM**  
Priti Until 2:17AM Thu  
Kaulava Until 8:52AM

**Ganesha:** Blue *Sunrise: 7:57AM*  
**Muruqa:** Purple *Sunset: 4:00PM*  
**Nataraja:** Green  
Moon - Red

**Bhuloka Day**

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Panchami Until 7:31PM

Margasira\*Markali

**4** Thursday, December 27, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Gara/Visiti\* Karana Shashthi/Saplamyam Titau

Regina, SK, Canada

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 17.26 Tithi 21 - 22

852963366

**Gulika** 9:58AM - 10:58AM  
**Yama** 7:57AM - 8:57AM  
**Rahu** 12:59PM - 2:00PM

**Purvaphalguni Until 9:33PM**  
Ayushman Until 11:14PM  
Gara Until 6:18AM

**Ganesha:** Blue *Sunrise: 7:57AM*  
**Muruqa:** Purple *Sunset: 4:00PM*  
**Nataraja:** Green  
Moon - Red

**Bhuloka Day**

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Shashthi\* Until 5:10PM

Margasira\*Markali

**5** Friday, December 28, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kanya Rasi: 1.37 Tithi 22 - 23

852963366

**Gulika** 8:58AM - 9:58AM  
**Yama** 2:00PM - 3:01PM  
**Rahu** 10:59AM - 11:59AM

**Uttaraphalguni Until 8:17PM**  
Saubhagya Until 8:35PM  
Balava Until 2:32AM Sat

**Ganesha:** Blue *Sunrise: 7:57AM*  
**Muruqa:** Purple *Sunset: 4:01PM*  
**Nataraja:** Green  
Moon - Red

**Bhuloka Day**

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Saptami Until 3:16PM

Margasira\*Markali

**Retreat Star** Saturday, December 29, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 15.28 Tithi 23 - 24

862963366

**Gulika** 7:57AM - 8:58AM  
**Yama** 1:00PM - 2:01PM  
**Rahu** 9:58AM - 10:59AM

**Hasta Until 7:50PM**  
Sobhana Until 6:22PM  
Taitila Until 1:26AM Sun

**Ganesha:** Red *Sunrise: 7:57AM*  
**Muruqa:** Purple *Sunset: 4:02PM*  
**Nataraja:** Green  
Moon - Green

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Day 5 of Pancha Ganapati

Ashtami\* Until 1:54PM

Margasira\*Markali

**Retreat Star** Sunday, December 30, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Regina, SK, Canada

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 29.01 Tithi 24 - 25

862963366

**Gulika** 2:02PM - 3:02PM  
**Yama** 12:00PM - 1:01PM  
**Rahu** 3:02PM - 4:03PM

**Chitra Until 7:46PM**  
Athiganda\* Until 4:33PM  
Vanija Until 12:52AM Mon

**Ganesha:** Red *Sunrise: 7:57AM*  
**Muruqa:** Purple *Sunset: 4:03PM*  
**Nataraja:** Green  
Moon - Green

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Navami\* Until 1:04PM

Margasira\*Markali

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:01PM – 2:02PM	<b>Svati Until 8:03PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:57AM	
Tula Rasi: 12.16	Tithi 25 – 26	Yama 11:00AM – 12:01PM	Sukarma Until 3:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 8:58AM – 9:59AM	Bava Until 12:49AM Tue	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Dashami Until 12:45PM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 8:03PM				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:01PM – 1:02PM	<b>Vishakha Until 9:08PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:57AM	
Tula Rasi: 25.16	Tithi 26 – 27	Yama 9:59AM – 11:00AM	Dhriti Until 2:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:05PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 2:03PM – 3:04PM	Kaulava Until 1:17AM Wed	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga			<b>Ekadashi* Until 12:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 9:08PM				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:01AM – 12:02PM	<b>Anuradha Until 10:31PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:57AM	
Vrischika Rasi: 8.01	Tithi 27 – 28	Yama 8:58AM – 9:59AM	Shula* Until 1:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:06PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 12:02PM – 1:03PM	Gara Until 2:13AM Thu	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 1:40PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Margasira*Markali</b>		

*Pradosha Vrata (Fasting)*

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 10:00AM – 11:01AM	<b>Jyeshtha* Until 12:12AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:57AM	
Vrischika Rasi: 20.32	Tithi 28 – 29	Yama 7:57AM – 8:58AM	Ganda* Until 1:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 1:03PM – 2:05PM	Visti Until 3:37AM Fri	<b>Nataraja:</b> Green		2nd Phase
Routine Work Prabalarishta Yoga			<b>Trayodashi* Until 2:51PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 12:12AM Fri				<b>Margasira*Markali</b>		
Then Creative Work - Amrita Yoga						

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:58AM – 10:00AM	<b>Mula* Until 2:36AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:57AM	
Dhanus Rasi: 2.52	Tithi 29 – 30	Yama 2:05PM – 3:07PM	Vridhi Until 1:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:08PM	Moon 12 - Phase 36
882963366		<b>Rahu</b> 11:01AM – 12:03PM	Catuspada Until 5:27AM Sat	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Chaturdashi* Until 4:28PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 2:36AM Sat				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Naga* Karana Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:57AM – 8:58AM	<b>Purvashadha* Until 5:13AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:57AM	
Dhanus Rasi: 15.02	Tithi 30	Yama 1:05PM – 2:06PM	Dhruva Until 1:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 10:00AM – 11:01AM	Naga Until 6:29PM	<b>Nataraja:</b> Green		Amavasya
Creative Work Siddha Yoga			<b>Amavasya* Until 6:29PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 5:13AM Sun				<b>Margasira*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Jayanti</b>				

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:07PM – 3:09PM	<b>Uttarashadha Until 7:56AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:56AM	
Dhanus Rasi: 27.03	Tithi 1	Yama 12:03PM – 1:05PM	Vyaghata* Until 2:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 3:09PM – 4:10PM	Kintughna Until 7:39AM	<b>Nataraja:</b> Green		Prathama
Creative Work Amrita Yoga			<b>Prathama* Until 8:50PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
		<b>Partial Solar Eclipse</b>		<b>Pausha*Markali</b>		Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 8.57 Family Home Evening Routine Work Marana Yoga Until 7:56AM Then Creative Work - Amrita Yoga	Tithi 2 883973366	<b>Gulika</b> 1:06PM – 2:08PM Yama 11:02AM – 12:04PM <b>Rahu</b> 8:58AM – 10:00AM	<b>Uttarashadha Until 7:56AM</b> Harshana Until 3:09PM Balava Until 10:09AM Dvitiya Until 11:27PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	Sunrise: 7:56AM Sunset: 4:12PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 20.46 Creative Work Siddha Yoga	Tithi 3 893973366	<b>Gulika</b> 12:04PM – 1:07PM Yama 10:00AM – 11:02AM <b>Rahu</b> 2:09PM – 3:11PM	<b>Shravana Until 11:12AM</b> Vajra* Until 4:06PM Taitila Until 12:50PM Tritiya Until 2:12AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:56AM Sunset: 4:13PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Regina, SK, Canada Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Kumbha Rasi: 2.33 Routine Work Prabalarishta Yoga Until 2:22PM Then Creative Work - Siddha Yoga	Tithi 4 893973366	<b>Gulika</b> 11:02AM – 12:05PM Yama 8:58AM – 10:00AM <b>Rahu</b> 12:05PM – 1:07PM	<b>Dhanishtha Until 2:22PM</b> Siddhi Until 5:06PM Vanija Until 3:36PM Chaturthi* Until 4:55AM Thu	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:55AM Sunset: 4:14PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Bava Karana Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 14.21 Creative Work Siddha Yoga	Tithi 5 893973366	<b>Gulika</b> 10:00AM – 11:03AM Yama 7:55AM – 8:57AM <b>Rahu</b> 1:08PM – 2:10PM	<b>Shatabhishak Until 5:16PM</b> Vyatipata* Until 6:01PM Bava Until 6:15PM Panchami Until 7:27AM Fri	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:55AM Sunset: 4:16PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 26.13 Creative Work Siddha Yoga	Tithi 5 – 6 813973366	<b>Gulika</b> 8:57AM – 10:00AM Yama 2:11PM – 3:14PM <b>Rahu</b> 11:03AM – 12:06PM	<b>Purvaproshtapada* Until 8:14PM</b> Variyan Until 6:43PM Kaulava Until 8:37PM Panchami Until 7:27AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:54AM Sunset: 4:17PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Regina, SK, Canada Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 8.13 Creative Work Siddha Yoga Until 10:37PM Then Routine Work - Prabalarishta Yoga	Tithi 6 – 7 813973366	<b>Gulika</b> 7:54AM – 8:57AM Yama 1:09PM – 2:12PM <b>Rahu</b> 10:00AM – 11:03AM	<b>Uttaraproshtapada Until 10:37PM</b> Parigha* Until 7:06PM Gara Until 10:32PM Shashthi* Until 9:37AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:54AM Sunset: 4:18PM Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>	Meena Rasi: 20.26 Creative Work Amrita Yoga Until 12:14AM Mon Then Creative Work - Siddha Yoga	Tithi 7 – 8 813973366	<b>Gulika</b> 2:13PM – 3:16PM Yama 12:06PM – 1:10PM <b>Rahu</b> 3:16PM – 4:20PM	<b>Revati Until 12:14AM Mon</b> Shiva Until 7:02PM Visti Until 11:49PM Saptami Until 11:15AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:53AM Sunset: 4:20PM Moon 12 - Phase 37 Ashtami <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>	Mesha Rasi: 2.56 Family Home Evening Creative Work Siddha Yoga	Tithi 8 – 9 823973366	<b>Gulika</b> 1:10PM – 2:14PM Yama 11:03AM – 12:07PM <b>Rahu</b> 8:56AM – 10:00AM	<b>Ashvini Until 1:28AM Tue</b> Siddha Until 6:23PM Balava Until 12:21AM Tue Ashtami* Until 12:10PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	Sunrise: 7:52AM Sunset: 4:21PM Moon 12 - Phase 37 Navami <b>Sivaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada


<b>1</b>		<b>Tuesday, January 15, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Regina, SK, Canada Sun 23 Sutra 275 Vilamba 5120	
Mesha Rasi: 15.47	Tithi 9 – 10	<b>Gulika</b> 12:07PM – 1:11PM	<b>Bharani</b> Until 1:43AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Moon 12 - Phase 38
	823973366	Yama 9:59AM – 11:03AM	Sadhya Until 5:08PM	<b>Nataraja:</b> Green			Moon – White		4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 2:15PM – 3:19PM	Taitila Until 12:04AM Wed						<b>Sivaloka Day</b>
Until 1:43AM Wed			<b>Navami*</b> Until 12:18PM				<b>Pausha*Thai</b>		
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, January 16, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Regina, SK, Canada Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 29.03	Tithi 10 – 11	<b>Gulika</b> 11:03AM – 12:08PM	<b>Krittika</b> Until 1:02AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:51AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 12 - Phase 38
	823173366	Yama 8:55AM – 9:59AM	Subha Until 3:15PM	<b>Nataraja:</b> Green			Moon – White		4th Phase
Creative Work	Amrita Yoga	<b>Rahu</b> 12:08PM – 1:12PM	Vanija Until 10:57PM						<b>Sivaloka Day</b>
Until 1:02AM Thu			<b>Dashami</b> Until 11:36AM				<b>Pausha*Thai</b>		
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, January 17, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Regina, SK, Canada Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 12.47	Tithi 11 – 12	<b>Gulika</b> 9:59AM – 11:03AM	<b>Rohini</b> Until 11:54PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:50AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Moon 12 - Phase 38
	833173366	Yama 7:50AM – 8:54AM	Sukla Until 12:43PM	<b>Nataraja:</b> Green			Moon – Yellow		4th Phase
Routine Work	Marana Yoga	<b>Rahu</b> 1:12PM – 2:17PM	Bava Until 9:05PM						<b>Devaloka Day</b>
			<b>Ekadashi</b> Until 10:05AM				<b>Pausha*Thai</b>		

<b>4</b>		<b>Friday, January 18, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Regina, SK, Canada Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 26.58	Tithi 12 – 13	<b>Gulika</b> 8:54AM – 9:59AM	<b>Mrigashira</b> Until 9:59PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:49AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 12 - Phase 38
	833173366	Yama 2:18PM – 3:23PM	Brahma Until 9:37AM	<b>Nataraja:</b> Green			Moon – Yellow		4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 11:03AM – 12:08PM	Kaulava Until 6:33PM						<b>Devaloka Day</b>
			<b>Dvadashi</b> Until 7:52AM				<b>Pausha*Thai</b>		
									<i>Pradosha Vrata</i>

<b>5</b>		<b>Saturday, January 19, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau			Regina, SK, Canada Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 11.34	Tithi 14	<b>Gulika</b> 7:48AM – 8:53AM	<b>Ardra</b> Until 7:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:48AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:29PM	Moon 12 - Phase 38
	833173366	Yama 1:14PM – 2:19PM	Indra Until 6:05AM	<b>Nataraja:</b> Green			Moon – Yellow		4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 9:58AM – 11:03AM	Gara Until 3:29PM						<b>Devaloka Day</b>
			<b>Chaturdashi*</b> Until 1:48AM Sun				<b>Pausha*Thai</b>		

		<b>Sunday, January 20, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau			Regina, SK, Canada Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:20PM – 3:25PM	<b>Punarvasu</b> Until 4:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:47AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM	Moon 12 - Phase 38
Mithuna Rasi: 26.3	Tithi 15	Yama 12:09PM – 1:14PM	Vishkambha* Until 10:01PM	<b>Nataraja:</b> Green			Moon – Blue		Purnima
	843173366	<b>Rahu</b> 3:25PM – 4:30PM	Visti Until 12:04PM						<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:15PM				<b>Pausha*Thai</b>		
		<b>Thai Pusam</b>							

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau			Regina, SK, Canada Sutra 281 Vilamba 5120	
Kataka Rasi: 11.38	Tithi 16	<b>Gulika</b> 1:15PM – 2:21PM	<b>Pushya</b> Until 1:55PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:46AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 38
<b>Family Home Evening</b>		Yama 11:03AM – 12:09PM	Priti Until 5:46PM	<b>Nataraja:</b> Green			Moon – Blue		Prathama
	843173366	<b>Rahu</b> 8:52AM – 9:58AM	Balava Until 8:26AM						<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:34PM				<b>Pausha*Thai</b>		
		<b>Total Lunar Eclipse</b>							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Trilyayam Titau

Regina, SK, Canada

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 26.5 Tithi 17 - 18

844173366

Gulika 12:09PM - 1:15PM

Yama 9:57AM - 11:03AM

Rahu 2:22PM - 3:28PM

Ashlesha\* Until 10:53AM

Ayushman Until 1:32PM

Vanija Until 1:12AM Wed

Dvitiya Until 2:56PM

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Blue

Pausha\*Thai

Sunrise: 7:45AM

Sunset: 4:34PM

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Triliya/Chaturtham Titau

Regina, SK, Canada

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 11.55 Tithi 18 - 19

854173366

Gulika 11:03AM - 12:10PM

Yama 8:50AM - 9:57AM

Rahu 12:10PM - 1:16PM

Magha\* Until 8:16AM

Saubhagya Until 9:27AM

Bava Until 9:54PM

Tritiya Until 11:29AM

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Red

Pausha\*Thai

Sunrise: 7:44AM

Sunset: 4:35PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 8:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 26.45 Tithi 19 - 20

954173366

Gulika 9:56AM - 11:03AM

Yama 7:43AM - 8:50AM

Rahu 1:17PM - 2:23PM

Uttaraphalguni Until 3:45AM Fri

Athiganda\* Until 2:14AM Fri

Kaulava Until 7:03PM

Chaturthi\* Until 8:24AM

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Red

Pausha\*Thai

Sunrise: 7:43AM

Sunset: 4:37PM

Devaloka Day

Amrita Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthiyam Titau

Regina, SK, Canada

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 11.15 Tithi 21

964173366

Gulika 8:49AM - 9:56AM

Yama 2:24PM - 3:31PM

Rahu 11:03AM - 12:10PM

Hasta Until 2:31AM Sat

Sukarma Until 11:18PM

Gara Until 4:44PM

Shashthi\* Until 3:48AM Sat

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha\*Thai

Sunrise: 7:42AM

Sunset: 4:39PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 2:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 25.2 Tithi 22

964173366

Gulika 7:41AM - 8:48AM

Yama 1:18PM - 2:25PM

Rahu 9:55AM - 11:03AM

Chitra Until 1:51AM Sun

Dhriti Until 8:55PM

Visti Until 3:04PM

Saptami Until 2:30AM Sun

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha\*Thai

Sunrise: 7:41AM

Sunset: 4:40PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 1:51AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 8.59 Tithi 23

964173366

Gulika 2:26PM - 3:34PM

Yama 12:11PM - 1:18PM

Rahu 3:34PM - 4:42PM

Svati Until 1:44AM Mon

Shula\* Until 7:06PM

Balava Until 2:08PM

Ashtami\* Until 1:56AM Mon

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha\*Thai

Sunrise: 7:39AM

Sunset: 4:42PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 22.13 Tithi 24

974173366

Gulika 1:19PM - 2:27PM

Yama 11:03AM - 12:11PM

Rahu 8:46AM - 9:54AM

Vishakha Until 2:40AM Tue

Ganda\* Until 5:52PM

Taitila Until 1:58PM

Navami\* Until 2:07AM Tue

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Orange

Pausha\*Thai

Sunrise: 7:38AM

Sunset: 4:44PM

Devaloka Day

Routine Work Marana Yoga

Until 2:40AM Tue

Then Creative Work - Siddha Yoga

1	<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 289 Vilamba 5120
	Wrischika Rasi: 5.05	Tithi 25	<b>Gulika</b> 12:11PM – 1:20PM	<b>Anuradha</b> Until 4:06AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:37AM	
			Yama 9:54AM – 11:02AM	Vriddhi Until 5:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 1 - Phase 40
	974173366	<b>Rahu</b> 2:28PM – 3:37PM		Vanija Until 2:30PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:00AM Wed	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

2	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 290 Vilamba 5120
	Wrischika Rasi: 17.38	Tithi 26	<b>Gulika</b> 11:02AM – 12:11PM	<b>Jyeshtha*</b> Until 5:57AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:35AM	
			Yama 8:44AM – 9:53AM	Dhruva Until 5:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 1 - Phase 40
	974173366	<b>Rahu</b> 12:11PM – 1:20PM		Bava Until 3:42PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 4:30AM Thu	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

3	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 291 Vilamba 5120
	Wrischika Rasi: 29.56	Tithi 27	<b>Gulika</b> 9:53AM – 11:02AM	<b>Mula*</b> Until 8:35AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:34AM	
			Yama 7:34AM – 8:43AM	Vyaghata* Until 5:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 1 - Phase 40
	974173366	<b>Rahu</b> 1:21PM – 2:30PM		Kaulava Until 5:27PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 6:28AM Fri	Moon – Orange		<b>Devaloka Day</b>	
Until 8:35AM Fri				<b>Pausha</b> -Thai			
Then Routine Work - Prabararishta Yoga							

4	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 11 Sutra 292 Vilamba 5120
	Dhanus Rasi: 12.02	Tithi 27 – 28	<b>Gulika</b> 8:43AM – 9:53AM	<b>Mula*</b> Until 8:35AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:34AM	
			Yama 2:30PM – 3:39PM	Harshana Until 5:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 1 - Phase 40
	984173366	<b>Rahu</b> 11:02AM – 12:11PM		Gara Until 7:38PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 6:28AM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 8:35AM				<b>Pausha</b> -Thai		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Prabararishta Yoga				<b>Pradosha Vrata (Fasting)</b>			

5	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 12 Sutra 293 Vilamba 5120
	Dhanus Rasi: 23.59	Tithi 28 – 29	<b>Gulika</b> 7:32AM – 8:42AM	<b>Purvashadha*</b> Until 11:23AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:32AM	
			Yama 1:21PM – 2:31PM	Vajra* Until 6:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40
	984173366	<b>Rahu</b> 9:52AM – 11:02AM		Visti Until 10:06PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:49AM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 11:23AM				<b>Pausha</b> -Thai		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga							

●	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 294 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:32PM – 3:42PM	<b>Uttarashadha</b> Until 2:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:31AM	
	Makara Rasi: 5.5	Tithi 29 – 30	Yama 12:12PM – 1:22PM	Siddhi Until 7:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 40
	985173367	<b>Rahu</b> 3:42PM – 4:52PM		Catuspada Until 12:46AM Mon	<b>Nataraja:</b> White		Amavasya
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 11:24AM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

●	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 295 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:22PM – 2:33PM	<b>Shravana</b> Until 5:32PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:30AM	
	Makara Rasi: 17.39	Tithi 30 – 1	Yama 11:01AM – 12:12PM	Vyatipata* Until 8:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 40
	995173367	<b>Rahu</b> 8:40AM – 9:51AM		Kintughna Until 3:29AM Tue	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 2:06PM	Moon – Purple		<b>Devaloka Day</b>	
Until 5:32PM				<b>Magha</b> -Thai			
Then Creative Work - Siddha Yoga							

<b>1</b>		<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 15 Sutra 296 Vilamba 5120	
Makara Rasi: 29.27	Tithi 1 – 2	Gulika 12:12PM – 1:23PM	<b>Dhanishtha Until 8:39PM</b>	Ganesha: Red	Sunrise: 7:28AM	Moon 1 - Phase 41	
		Yama 9:50AM – 11:01AM	Variyan Until 9:24PM	Muruqa: Clear	Sunset: 4:56PM	3rd Phase	
	995173367	Rahu 2:34PM – 3:45PM	Balava Until 6:09AM Wed	Nataraja: White			
Creative Work	Siddha Yoga		<b>Prathama* Until 4:48PM</b>	Moon – Purple			<b>Devaloka Day</b>
Until 8:39PM				<b>Magha-Thai</b>			
Then Routine Work - Marana Yoga							
<b>2</b>		<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Regina, SK, Canada Sun 16 Sutra 297 Vilamba 5120	
Kumbha Rasi: 11.16	Tithi 2	Gulika 11:01AM – 12:12PM	<b>Shatabhishak Until 11:30PM</b>	Ganesha: Red	Sunrise: 7:26AM	Moon 1 - Phase 41	
		Yama 8:38AM – 9:49AM	Parigha* Until 10:18PM	Muruqa: Clear	Sunset: 4:57PM	3rd Phase	
	995173367	Rahu 12:12PM – 1:23PM	Balava Until 6:09AM	Nataraja: White			
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:25PM</b>	Moon – Purple			<b>Devaloka Day</b>
Until 11:30PM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau		Regina, SK, Canada Sun 17 Sutra 298 Vilamba 5120	
Kumbha Rasi: 23.08	Tithi 3	Gulika 9:48AM – 11:00AM	<b>Purvaproshtpada* Until 2:29AM Fri</b>	Ganesha: Blue	Sunrise: 7:25AM	Moon 1 - Phase 41	
		Yama 7:25AM – 8:37AM	Shiva Until 11:03PM	Muruqa: Clear	Sunset: 4:59PM	3rd Phase	
	915173367	Rahu 1:24PM – 2:36PM	Taitila Until 8:40AM	Nataraja: White			
Creative Work	Siddha Yoga		<b>Tritiya Until 9:50PM</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 8:39PM				<b>Magha-Thai</b>			
Then Routine Work - Prabalarishta Yoga							
<b>4</b>		<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau		Regina, SK, Canada Sun 18 Sutra 299 Vilamba 5120	
Meena Rasi: 5.05	Tithi 4	Gulika 8:35AM – 9:48AM	<b>Uttaraproshtpada Until 5:01AM Sat</b>	Ganesha: Blue	Sunrise: 7:23AM	Moon 1 - Phase 41	
		Yama 2:36PM – 3:49PM	Siddha Until 11:33PM	Muruqa: Clear	Sunset: 5:01PM	3rd Phase	
	915173367	Rahu 11:00AM – 12:12PM	Vanija Until 10:57AM	Nataraja: White			
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:57PM</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 5:01AM Sat				<b>Magha-Thai</b>			
Then Routine Work - Prabalarishta Yoga							
<b>5</b>		<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Regina, SK, Canada Sun 19 Sutra 300 Vilamba 5120	
Meena Rasi: 17.09	Tithi 5	Gulika 7:22AM – 8:34AM	<b>Revati Until 6:59AM Sun</b>	Ganesha: Red	Sunrise: 7:22AM	Moon 1 - Phase 41	
		Yama 1:25PM – 2:37PM	Sadhya Until 11:47PM	Muruqa: Clear	Sunset: 5:03PM	3rd Phase	
	915273367	Rahu 9:47AM – 10:59AM	Bava Until 12:54PM	Nataraja: White			
Routine Work	Prabalarishta Yoga		<b>Panchami Until 1:41AM Sun</b>	Moon – Clear			<b>Devaloka Day</b>
Until 6:59AM Sun				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							
<b>6</b>		<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Regina, SK, Canada Sun 20 Sutra 301 Vilamba 5120	
Meena Rasi: 29.24	Tithi 6	Gulika 2:38PM – 3:51PM	<b>Revati Until 6:59AM</b>	Ganesha: Red	Sunrise: 7:20AM	Moon 1 - Phase 41	
		Yama 12:12PM – 1:25PM	Subha Until 11:38PM	Muruqa: Clear	Sunset: 5:04PM	3rd Phase	
	915273367	Rahu 3:51PM – 5:04PM	Kaulava Until 2:23PM	Nataraja: White			
Creative Work	Amrita Yoga		<b>Shashthi* Until 2:54AM Mon</b>	Moon – Clear			<b>Devaloka Day</b>
Until 6:59AM				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Regina, SK, Canada Sun 21 Sutra 302 Vilamba 5120	
Mesha Rasi: 11.52	Tithi 7	Gulika 1:26PM – 2:39PM	<b>Ashvini Until 8:45AM</b>	Ganesha: Blue	Sunrise: 7:18AM	Moon 1 - Phase 41	
<b>Family Home Evening</b>		Yama 10:59AM – 12:12PM	Sukla Until 11:00PM	Muruqa: Clear	Sunset: 5:06PM	3rd Phase	
	925273367	Rahu 8:32AM – 9:45AM	Gara Until 3:18PM	Nataraja: White			
Creative Work	Siddha Yoga		<b>Saptami Until 3:29AM Tue</b>	Moon – White			<b>Bhuloka Day</b>
Until 8:39PM				<b>Magha-Thai</b>			Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 22 Sutra 303 Vilamba 5120	
Mesha Rasi: 24.38	Tithi 8	Gulika 12:12PM – 1:26PM	<b>Bharani Until 9:44AM</b>	Ganesha: Blue	Sunrise: 7:17AM	Moon 1 - Phase 41	
		Yama 9:44AM – 10:58AM	Brahma Until 9:51PM	Muruqa: Clear	Sunset: 5:08PM	Ashtami	
	925273367	Rahu 2:40PM – 3:54PM	Visti Until 3:32PM	Nataraja: White			
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:22AM Wed</b>	Moon – White			<b>Bhuloka Day</b>
Until 8:39PM				<b>Magha-Masi</b>			Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 23 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 7.45	Tithi 9	Gulika 10:58AM – 12:12PM	<b>Krittika Until 9:52AM</b>	Ganesha: Yellow	Sunrise: 7:15AM	Moon 1 - Phase 41	
		Yama 8:29AM – 9:43AM	Indra Until 8:07PM	Muruqa: Clear	Sunset: 5:10PM	Navami	
	926273367	Rahu 12:12PM – 1:27PM	Balava Until 3:02PM	Nataraja: White			
Creative Work	Amrita Yoga		<b>Navami* Until 2:28AM Thu</b>	Moon – White			<b>Devaloka Day</b>
Until 9:52AM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time


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<b>1</b>		<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkamba* Yoga Taitila/Gara Karana Dashamyam Titau		Regina, SK, Canada Sun 24 Sutra 305 Vilamba 5120	
Vrishabha Rasi: 21.17	Tithi 10	<b>Gulika</b> 9:43AM – 10:57AM	<b>Rohini Until 9:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM		
		Yama 7:13AM – 8:28AM	Vaidhriti* Until 5:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 42	
Routine Work	Marana Yoga	936273367 <b>Rahu</b> 1:27PM – 2:42PM	Taitila Until 1:45PM	<b>Nataraja:</b> White		4th Phase	
			<b>Dashami Until 12:49AM Fri</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>		<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkamba*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Regina, SK, Canada Sun 25 Sutra 306 Vilamba 5120	
Mithuna Rasi: 5.16	Tithi 11	<b>Gulika</b> 8:26AM – 9:42AM	<b>Mrigashira Until 8:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:11AM		
		Yama 2:43PM – 3:58PM	Vishkamba* Until 2:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 42	
Creative Work	Siddha Yoga	936273367 <b>Rahu</b> 10:57AM – 12:12PM	Vanija Until 11:45AM	<b>Nataraja:</b> White		4th Phase	
			<b>Ekadashi Until 10:30PM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>3</b>		<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Regina, SK, Canada Sun 26 Sutra 307 Vilamba 5120	
Mithuna Rasi: 19.4	Tithi 12	<b>Gulika</b> 7:09AM – 8:25AM	<b>Ardra Until 6:23AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:09AM		
		Yama 1:28PM – 2:43PM	Priti Until 11:26AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 42	
Creative Work	Siddha Yoga	936273367 <b>Rahu</b> 9:41AM – 10:56AM	Bava Until 9:07AM	<b>Nataraja:</b> White		4th Phase	
			<b>Dvadashi Until 7:35PM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>4</b>		<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 27 Sutra 308 Vilamba 5120	
Kataka Rasi: 4.28	Tithi 13 – 14	<b>Gulika</b> 2:44PM – 4:00PM	<b>Pushya Until 1:24AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:08AM		
		Yama 12:12PM – 1:28PM	Ayushman Until 7:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 42	
Creative Work	Siddha Yoga	946273367 <b>Rahu</b> 4:00PM – 5:17PM	Gara Until 2:27AM Mon	<b>Nataraja:</b> White		4th Phase	
			<b>Trayodashi Until 4:14PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			
				<i>Pradosha Vrata</i>			

		<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Regina, SK, Canada Sutra 309 Vilamba 5120	
Kataka Rasi: 19.34	Tithi 14 – 15	<b>Gulika</b> 1:29PM – 2:45PM	<b>Ashlesha* Until 10:18PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM		
<b>Family Home Evening</b>		Yama 10:55AM – 12:12PM	Sobhana Until 11:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 42	
Creative Work	Siddha Yoga	946273367 <b>Rahu</b> 8:22AM – 9:39AM	Visti Until 10:43PM	<b>Nataraja:</b> White		Purnima	
Until 10:18PM		<b>Chidambaram Abhishekam</b>	<b>Chaturdashi* Until 12:35PM</b>	Moon – Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Magha-Masi</b>			

<b>5</b>		<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Regina, SK, Canada Sutra 310 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:12PM – 1:29PM	<b>Magha* Until 7:24PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:04AM		
Simha Rasi: 4.48	Tithi 15 – 16	Yama 9:38AM – 10:55AM	Athiganda* Until 6:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 42	
Creative Work	Siddha Yoga	956273367 <b>Rahu</b> 2:46PM – 4:03PM	Balava Until 6:55PM	<b>Nataraja:</b> White		Prathama	
			<b>Purnima* Until 8:48AM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sutra 311

Vilamba 5120

Simha Rasi: 20.02 Tithi 17

957273367 Rahu 12:12PM - 1:29PM

Gulika 10:54AM - 12:12PM

Yama 8:19AM - 9:37AM

Purvaphalguni Until 4:30PM

Sukarma Until 2:38PM

Taitila Until 3:15PM

Dvitiya Until 1:30AM Thu

Ganesha: Clear

Muruqa: Clear

Nataraja: White

Moon - Red

Magha-Masi

Sunrise: 7:02AM

Sunset: 5:22PM

Moon 2 - Phase 43

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Thursday, February 21, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 312

Vilamba 5120

Kanya Rasi: 5.05 Tithi 18

957273367 Rahu 1:30PM - 2:48PM

Gulika 9:36AM - 10:54AM

Yama 7:00AM - 8:18AM

Uttaraphalguni Until 1:46PM

Dhriti Until 10:40AM

Vanija Until 11:53AM

Tritiya Until 10:20PM

Ganesha: Clear

Muruqa: Clear

Nataraja: White

Moon - Red

Magha-Masi

Sunrise: 7:00AM

Sunset: 5:23PM

Moon 2 - Phase 43

1st Phase

Devaloka Day

Until 1:46PM  
Then Routine Work - Marana Yoga

Friday, February 22, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 313

Vilamba 5120

Kanya Rasi: 19.5 Tithi 19

967273367 Rahu 10:53AM - 12:12PM

Gulika 8:16AM - 9:35AM

Yama 2:48PM - 4:07PM

Hasta Until 11:47AM

Shula\* Until 7:01AM

Bava Until 8:57AM

Chaturthi\* Until 7:41PM

Ganesha: White

Muruqa: Clear

Nataraja: White

Moon - Green

Magha-Masi

Sunrise: 6:58AM

Sunset: 5:25PM

Moon 2 - Phase 43

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga  
Until 11:47AM  
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 3 Sutra 314

Vilamba 5120

Tula Rasi: 4.1 Tithi 20 - 21

967273367 Rahu 9:34AM - 10:53AM

Gulika 6:56AM - 8:15AM

Yama 1:30PM - 2:49PM

Chitra Until 10:16AM

Vriddhi Until 1:20AM Sun

Kaulava Until 6:38AM

Panchami Until 5:43PM

Ganesha: White

Muruqa: Clear

Nataraja: White

Moon - Green

Magha-Masi

Sunrise: 6:56AM

Sunset: 5:27PM

Moon 2 - Phase 43

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 10:16AM  
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 4 Sutra 315

Vilamba 5120

Tula Rasi: 18.01 Tithi 21 - 22

967273367 Rahu 4:09PM - 5:29PM

Gulika 2:50PM - 4:09PM

Yama 12:11PM - 1:31PM

Svati Until 9:21AM

Dhruva Until 11:25PM

Visti Until 4:18AM Mon

Shashthi\* Until 4:33PM

Ganesha: White

Muruqa: Clear

Nataraja: White

Moon - Green

Magha-Masi

Sunrise: 6:54AM

Sunset: 5:29PM

Moon 2 - Phase 43

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 9:21AM  
Then Routine Work - Marana Yoga

Monday, February 25, 2019

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 5 Sutra 316

Vilamba 5120

Vrischika Rasi: 1.22 Tithi 22 - 23

977273367 Rahu 8:12AM - 9:32AM

Gulika 1:31PM - 2:51PM

Yama 10:51AM - 12:11PM

Vishakha Until 9:34AM

Vyaghata\* Until 10:11PM

Balava Until 4:26AM Tue

Saptami Until 4:14PM

Ganesha: Yellow

Muruqa: Clear

Nataraja: White

Moon - Orange

Magha-Masi

Sunrise: 6:52AM

Sunset: 5:30PM

Moon 2 - Phase 43

1st Phase

Devaloka Day

Routine Work Marana Yoga  
Until 9:34AM  
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 6 Sutra 317

Vilamba 5120

Vrischika Rasi: 14.17 Tithi 23 - 24

978273367 Rahu 2:52PM - 4:12PM

Gulika 12:11PM - 1:31PM

Yama 9:31AM - 10:51AM

Anuradha Until 10:29AM

Harshana Until 9:39PM

Taitila Until 5:23AM Wed

Ashtami\* Until 4:47PM

Ganesha: Blue

Muruqa: Clear

Nataraja: White

Moon - Orange

Magha-Masi

Sunrise: 6:50AM

Sunset: 5:32PM

Moon 2 - Phase 43

Ashtami

Sivaloka Day

Creative Work Siddha Yoga  
Until 10:29AM  
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 318

Vilamba 5120

Vrischika Rasi: 26.49 Tithi 24

978273367 Rahu 12:11PM - 1:32PM

Gulika 10:50AM - 12:11PM

Yama 8:09AM - 9:30AM

Jyeshtha\* Until 12:01PM

Vajra\* Until 9:39PM

Gara Until 6:08PM

Navami\* Until 6:08PM

Ganesha: Blue

Muruqa: Clear

Nataraja: White

Moon - Orange

Magha-Masi

Sunrise: 6:48AM

Sunset: 5:34PM

Moon 2 - Phase 43

Navami

Sivaloka Day

Creative Work Siddha Yoga  
Until 12:01PM  
Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Regina, SK, Canada Sun 8 Sutra 319 Vilamba 5120		
Dhanus Rasi: 9.02	Tithi 25	Gulika 9:28AM – 10:50AM	Mula* Until 2:33PM	Ganesha: Red	Sunrise: 6:46AM	Muruqa: Clear	Sunset: 5:35PM	Moon 2 - Phase 44
		Yama 6:46AM – 8:07AM	Siddhi Until 10:09PM	Nataraja: White				2nd Phase
		988273367 Rahu 1:32PM – 2:53PM	Vanija Until 7:05AM	Moon – Light Blue				Devaloka Day
Creative Work	Siddha Yoga		Dashami Until 8:07PM	Magha-Masi				
<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 320 Vilamba 5120		
Dhanus Rasi: 21.01	Tithi 26	Gulika 8:04AM – 9:26AM	Purvashadha* Until 5:22PM	Ganesha: Red	Sunrise: 6:42AM	Muruqa: Clear	Sunset: 5:39PM	Moon 2 - Phase 44
		Yama 2:55PM – 4:17PM	Vyatipata* Until 10:59PM	Nataraja: White				2nd Phase
		988273367 Rahu 10:48AM – 12:10PM	Bava Until 9:19AM	Moon – Light Blue				Devaloka Day
Routine Work	Prabalarishta Yoga		Ekadashi* Until 10:34PM	Magha-Masi				
Until 5:22PM								
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		Regina, SK, Canada Sun 10 Sutra 321 Vilamba 5120		
Makara Rasi: 2.53	Tithi 27	Gulika 6:40AM – 8:02AM	Uttarashadha Until 8:19PM	Ganesha: Red	Sunrise: 6:40AM	Muruqa: Clear	Sunset: 5:40PM	Moon 2 - Phase 44
		Yama 1:33PM – 2:55PM	Variyan Until 11:58PM	Nataraja: White				2nd Phase
		988273367 Rahu 9:25AM – 10:48AM	Kaulava Until 11:55AM	Moon – Light Blue				Devaloka Day
Routine Work	Marana Yoga		Dvadashi* Until 1:15AM Sun	Magha-Masi				
Until 8:19PM								
Then Creative Work - Siddha Yoga								
<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 11 Sutra 322 Vilamba 5120		
Makara Rasi: 14.4	Tithi 28	Gulika 2:56PM – 4:19PM	Shravana Until 11:40PM	Ganesha: Yellow	Sunrise: 6:38AM	Muruqa: Clear	Sunset: 5:42PM	Moon 2 - Phase 44
		Yama 12:10PM – 1:33PM	Parigha* Until 1:02AM Mon	Nataraja: White				2nd Phase
		988273367 Rahu 4:19PM – 5:42PM	Gara Until 2:39PM	Moon – Purple				Devaloka Day
Creative Work	Amrita Yoga		Trayodashi* Until 4:00AM Mon	Magha-Masi				
Until 11:40PM								
Then Routine Work - Marana Yoga			Pradosha Vrata (Fasting)					
<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Regina, SK, Canada Sun 12 Sutra 323 Vilamba 5120		
Makara Rasi: 26.26	Tithi 29	Gulika 1:33PM – 2:57PM	Dhanishtha Until 2:47AM Tue	Ganesha: Yellow	Sunrise: 6:36AM	Muruqa: Clear	Sunset: 5:44PM	Moon 2 - Phase 44
<b>Family Home Evening</b>		Yama 10:46AM – 12:10PM	Shiva Until 2:03AM Tue	Nataraja: White				2nd Phase
Creative Work	Siddha Yoga	998273367 Rahu 7:59AM – 9:23AM	Visti Until 5:22PM	Moon – Purple				Devaloka Day
Until 2:47AM Tue			Chaturdashi* Until 6:39AM Tue	Magha-Masi				
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Regina, SK, Canada Sun 13 Sutra 324 Vilamba 5120		
Kumbha Rasi: 8.14	Tithi 29 – 30	Gulika 12:10PM – 1:33PM	Shatabhishak Until 5:33AM Wed	Ganesha: Clear	Sunrise: 6:34AM	Muruqa: Clear	Sunset: 5:45PM	Moon 2 - Phase 44
		Yama 9:22AM – 10:46AM	Siddha Until 2:53AM Wed	Nataraja: White				Amavasya
		199273367 Rahu 2:57PM – 4:21PM	Catuspada Until 7:56PM	Moon – Purple				Devaloka Day
Routine Work	Marana Yoga		Chaturdashi* Until 6:39AM	Magha-Masi				
Until 5:33AM Wed								
Then Creative Work - Amrita Yoga								
		Mahasivaratri (Lunar)						
		Mahasivaratri (Solar)						
<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Regina, SK, Canada Sun 14 Sutra 325 Vilamba 5120		
Kumbha Rasi: 20.08	Tithi 30 – 1	Gulika 10:45AM – 12:09PM	Purvaproshtapada* Until 8:24AM Thu	Ganesha: Yellow	Sunrise: 6:32AM	Muruqa: Clear	Sunset: 5:47PM	Moon 2 - Phase 44
		Yama 7:56AM – 9:20AM	Sadhya Until 3:32AM Thu	Nataraja: White				Prathama
		119373367 Rahu 12:09PM – 1:34PM	Kintughna Until 10:14PM	Moon – Clear				Devaloka Day
Creative Work	Amrita Yoga		Amavasya* Until 9:06AM	Phalgun-Masi				
Until 8:24AM Thu								
Then Creative Work - Siddha Yoga								

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 326	
Meena Rasi: 2.07	Tithi 1 – 2	119373367	<b>Gulika</b> 9:19AM – 10:44AM <b>Yama</b> 6:29AM – 7:54AM <b>Rahu</b> 1:34PM – 2:59PM	<b>Purvaprosarthapada* Until 8:24AM</b> Subha Until 3:58AM Fri Balava Until 12:13AM Fri <b>Prathama* Until 11:15AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 5:49PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b> <b>Phalguna-Masi</b>		
Creative Work	Siddha Yoga								
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 327	
Meena Rasi: 14.14	Tithi 2 – 3	119373367	<b>Gulika</b> 7:53AM – 9:18AM <b>Yama</b> 3:00PM – 4:25PM <b>Rahu</b> 10:43AM – 12:09PM	<b>Uttaraprosarthapada Until 10:46AM</b> Sukla Until 4:07AM Sat Taitila Until 1:53AM Sat <b>Dvitiya Until 1:04PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 5:50PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b> <b>Phalguna-Masi</b>		
Creative Work	Siddha Yoga								
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Regina, SK, Canada Sun 17 Sutra 328	
Meena Rasi: 26.29	Tithi 3 – 4	119373367	<b>Gulika</b> 6:25AM – 7:51AM <b>Yama</b> 1:34PM – 3:00PM <b>Rahu</b> 9:17AM – 10:43AM	<b>Revati Until 12:38PM</b> Brahma Until 3:59AM Sun Vanija Until 3:09AM Sun <b>Tritiya Until 2:33PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 5:52PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b> <b>Phalguna-Masi</b>		
Routine Work	Prabalarishta Yoga								
Until 12:38PM									
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>							
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 329	
Mesha Rasi: 8.55	Tithi 4 – 5	129373367	<b>Gulika</b> 3:01PM – 4:27PM <b>Yama</b> 12:08PM – 1:35PM <b>Rahu</b> 4:27PM – 5:54PM	<b>Ashvini Until 2:27PM</b> Indra Until 3:34AM Mon Bava Until 4:01AM Mon <b>Chatrthi* Until 3:38PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 5:54PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b> <b>Phalguna-Masi</b>		
Creative Work	Siddha Yoga								
Until 2:27PM									
Then Routine Work - Prabalarishta Yoga									
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 330	
Mesha Rasi: 21.31	Tithi 5 – 6	129373367	<b>Gulika</b> 1:35PM – 3:02PM <b>Yama</b> 10:41AM – 12:08PM <b>Rahu</b> 7:48AM – 9:14AM	<b>Bharani Until 3:41PM</b> Vaidhriti* Until 2:45AM Tue Kaulava Until 4:25AM Tue <b>Panchami Until 4:16PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 5:55PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b> <b>Phalguna-Masi</b>		
Family Home Evening									
Creative Work	Siddha Yoga								
Until 3:41PM									
Then Routine Work - Marana Yoga									
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Regina, SK, Canada Sun 20 Sutra 331	
Vrishabha Rasi: 4.2	Tithi 6 – 7	129373367	<b>Gulika</b> 12:08PM – 1:35PM <b>Yama</b> 9:13AM – 10:40AM <b>Rahu</b> 3:02PM – 4:30PM	<b>Krittika Until 4:17PM</b> Vishkambha* Until 1:33AM Wed Gara Until 4:17AM Wed <b>Shashthi* Until 4:24PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:57PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b> <b>Phalguna-Masi</b>		
Creative Work	Siddha Yoga								
Until 4:17PM									
Then Creative Work - Amrita Yoga									
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 332	
Vrishabha Rasi: 17.25	Tithi 7 – 8	131373367	<b>Gulika</b> 10:40AM – 12:08PM <b>Yama</b> 7:44AM – 9:12AM <b>Rahu</b> 12:08PM – 1:35PM	<b>Rohini Until 4:39PM</b> Priti Until 11:54PM Visti Until 3:33AM Thu <b>Saptami Until 3:59PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:16AM <b>Sunset:</b> 5:59PM	Moon 2 - Phase 45 3rd Phase <b>Sivaloka Day</b> <b>Phalguna-Masi</b>		
Creative Work	Siddha Yoga								
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 333	
Mithuna Rasi: 0.49	Tithi 8 – 9	131373367	<b>Gulika</b> 9:11AM – 10:39AM <b>Yama</b> 6:14AM – 7:43AM <b>Rahu</b> 1:35PM – 3:04PM	<b>Mrigashira Until 4:15PM</b> Ayushman Until 9:44PM Balava Until 2:12AM Fri <b>Ashtami* Until 2:56PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 6:00PM	Moon 2 - Phase 45 Ashtami <b>Sivaloka Day</b> <b>Phalguna-Panguni</b>		
Routine Work	Marana Yoga								
		<b>Karadaiyan Nombu (Tamil Nadu)</b>							
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 334	
Mithuna Rasi: 14.35	Tithi 9 – 10	131373368	<b>Gulika</b> 7:41AM – 9:10AM <b>Yama</b> 3:04PM – 4:33PM <b>Rahu</b> 10:38AM – 12:07PM	<b>Ardra Until 3:07PM</b> Saubhagya Until 7:05PM Taitila Until 12:14AM Sat <b>Navami* Until 1:17PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:12AM <b>Sunset:</b> 6:02PM	Moon 2 - Phase 45 Navami <b>Subha Sivaloka Day</b> <b>Phalguna-Panguni</b>		
Creative Work	Siddha Yoga								

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Regina, SK, Canada Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 28.43	Tithi 10 - 11	<b>Gulika</b> 6:10AM - 7:39AM	<b>Punarvasu</b> Until 1:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:10AM	
			Yama 1:36PM - 3:05PM	Sobhana Until 4:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:08AM - 10:37AM	Vanija Until 9:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 11:02AM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

2	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 13.13	Tithi 11 - 12	<b>Gulika</b> 3:06PM - 4:35PM	<b>Pushya</b> Until 11:36AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	
			Yama 12:06PM - 1:36PM	Athiganda* Until 12:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:35PM - 6:05PM	Bava Until 6:45PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 8:16AM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

3	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 28.02	Tithi 13	<b>Gulika</b> 1:36PM - 3:06PM	<b>Ashlesha*</b> Until 9:01AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	
	<b>Family Home Evening</b>		Yama 10:36AM - 12:06PM	Sukarma Until 8:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:36AM - 9:06AM	Kaulava Until 3:26PM	<b>Nataraja:</b> Clear		4th Phase
Until 9:01AM		<b>Yogaswami Mahasamadhi</b>	<b>Trayodashi</b> Until 1:41AM Tue	Moon - Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	<b>Phalguna-Panguni</b>			

4	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 13.02	Tithi 14	<b>Gulika</b> 12:06PM - 1:36PM	<b>Magha*</b> Until 6:27AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	
			Yama 9:05AM - 10:35AM	Shula* Until 12:34AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:07PM - 4:38PM	Gara Until 11:56AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi*</b> Until 10:08PM	Moon - Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

○	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 339 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:34AM - 12:06PM	<b>Uttaraphalguni</b> Until 12:50AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	
	Simha Rasi: 28.07	Tithi 15	Yama 7:32AM - 9:03AM	Ganda* Until 8:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:06PM - 1:37PM	Visti Until 8:23AM	<b>Nataraja:</b> Clear		Purnima
Until 12:50AM Thu		<b>Panguni Uttiram</b>	<b>Purnima*</b> Until 6:37PM	Moon - Red		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Holi</b>		<b>Phalguna-Panguni</b>			

○	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sutra 340 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:02AM - 10:34AM	<b>Hasta</b> Until 10:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	
	Kanya Rasi: 13.07	Tithi 16 - 17	Yama 5:59AM - 7:31AM	Vriddhi Until 4:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 46
	Routine Work	Marana Yoga	161383368 <b>Rahu</b> 1:37PM - 3:08PM	Taitila Until 1:49AM Fri	<b>Nataraja:</b> Clear		Prathama
Until 10:33PM			<b>Prathama*</b> Until 3:19PM	Moon - Green		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 27.52 Tithi 17 – 18

161383368

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada  
Sun 1 Sutra 341

**Gulika** 7:29AM – 9:01AM  
**Yama** 3:09PM – 4:41PM  
**Rahu** 10:33AM – 12:05PM  
**Chitra** Until 8:33PM  
**Dhruva** Until 1:08PM  
**Vanija** Until 11:09PM  
**Dvitiya** Until 12:24PM

**Ganesha:** Yellow *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

**Devaloka Day**

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**1**

**Saturday, March 23, 2019**

Tula Rasi: 12.16 Tithi 18 – 19

162383368

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada  
Sun 2 Sutra 342

**Gulika** 5:55AM – 7:27AM  
**Yama** 1:37PM – 3:10PM  
**Rahu** 9:00AM – 10:32AM  
**Svati** Until 7:02PM  
**Vyaghata\*** Until 10:03AM  
**Bava** Until 9:07PM  
**Tritiya** Until 10:02AM

**Ganesha:** Blue *Sunrise:* 5:55AM  
**Muruqa:** White *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**2**

**Sunday, March 24, 2019**

Tula Rasi: 26.14 Tithi 19 – 20

172383368

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada  
Sun 3 Sutra 343

**Gulika** 3:10PM – 4:43PM  
**Yama** 12:04PM – 1:37PM  
**Rahu** 4:43PM – 6:16PM  
**Vishakha** Until 6:31PM  
**Harshana** Until 7:33AM  
**Kaulava** Until 7:50PM  
**Chaturthi\*** Until 8:21AM

**Ganesha:** Red *Sunrise:* 5:52AM  
**Muruqa:** White *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 9.42 Tithi 20 – 21

172383368

**Family Home Evening**  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada  
Sun 4 Sutra 344

**Gulika** 1:37PM – 3:11PM  
**Yama** 10:31AM – 12:04PM  
**Rahu** 7:24AM – 8:57AM  
**Anuradha** Until 6:43PM  
**Siddhi** Until 4:31AM Tue  
**Gara** Until 7:24PM  
**Panchami** Until 7:29AM

**Ganesha:** Red *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 22.43 Tithi 21 – 22

172383368

Routine Work Marana Yoga  
Until 7:37PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada  
Sun 5 Sutra 345

**Gulika** 12:04PM – 1:38PM  
**Yama** 8:56AM – 10:30AM  
**Rahu** 3:12PM – 4:46PM  
**Jyeshtha\*** Until 7:37PM  
**Vyatipata\*** Until 4:02AM Wed  
**Visti** Until 7:52PM  
**Shashthi\*** Until 7:30AM

**Ganesha:** Red *Sunrise:* 5:48AM  
**Muruqa:** White *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**D**

**Wednesday, March 27, 2019**

**Retreat Star**

Dhanus Rasi: 5.18 Tithi 22 – 23

182383368

Routine Work Marana Yoga  
Until 9:38PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada  
Sun 6 Sutra 346

**Gulika** 10:29AM – 12:03PM  
**Yama** 7:20AM – 8:55AM  
**Rahu** 12:03PM – 1:38PM  
**Mula\*** Until 9:38PM  
**Variyan** Until 4:09AM Thu  
**Balava** Until 9:10PM  
**Saptami** Until 8:24AM

**Ganesha:** Green *Sunrise:* 5:46AM  
**Muruqa:** White *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

**Thursday, March 28, 2019**

**Retreat Star**

Dhanus Rasi: 17.34 Tithi 23 – 24

182383368

Creative Work Siddha Yoga  
Until 12:10AM Fri  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada  
Sun 7 Sutra 347

**Gulika** 8:53AM – 10:28AM  
**Yama** 5:44AM – 7:18AM  
**Rahu** 1:38PM – 3:13PM  
**Purvashadha\*** Until 12:10AM Fri  
**Parigha\*** Until 4:45AM Fri  
**Taitila** Until 11:09PM  
**Ashtami\*** Until 10:04AM

**Ganesha:** Green *Sunrise:* 5:44AM  
**Muruqa:** White *Sunset:* 6:23PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Vilamba 5120  
Moon 3 - Phase 47  
Navami

<b>1</b>		<b>Friday, March 29, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 8 Sutra 348	
Dhanus Rasi: 29.34	Tithi 24 – 25	182383468	<b>Gulika</b> 7:17AM – 8:52AM <b>Yama</b> 3:14PM – 4:49PM <b>Rahu</b> 10:27AM – 12:03PM	<b>Uttarashadha Until 2:57AM Sat</b> Shiva Until 5:42AM Sat Vanija Until 1:36AM Sat <b>Navami* Until 12:19PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Phalguna-Panguni</b>	Moon 3 - Phase 48 2nd Phase <b>Devaloka Day</b>	
Routine Work Marana Yoga							
Until 2:57AM Sat							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddha Yoga Visli/Bava Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 349	
Makara Rasi: 11.24	Tithi 25 – 26	192383468	<b>Gulika</b> 5:39AM – 7:15AM <b>Yama</b> 1:38PM – 3:14PM <b>Rahu</b> 8:51AM – 10:27AM	<b>Shravana Until 6:17AM Sun</b> Siddha Until 6:45AM Sun Bava Until 4:17AM Sun <b>Dashami Until 2:54PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>	
Creative Work Siddha Yoga							
Until 6:17AM Sun							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Regina, SK, Canada Sun 10 Sutra 350	
Makara Rasi: 23.11	Tithi 26 – 27	192383468	<b>Gulika</b> 3:15PM – 4:51PM <b>Yama</b> 12:02PM – 1:38PM <b>Rahu</b> 4:51PM – 6:27PM	<b>Shravana Until 6:17AM</b> Siddha Until 6:45AM Kaulava Until 6:56AM Mon <b>Ekadashi* Until 5:36PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>	
Creative Work Amrita Yoga							
Until 6:17AM							
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Regina, SK, Canada Sun 11 Sutra 351	
Kumbha Rasi: 4.58	Tithi 27	192483468	<b>Gulika</b> 1:38PM – 3:15PM <b>Yama</b> 10:26AM – 12:02PM <b>Rahu</b> 7:13AM – 8:50AM	<b>Dhanishtha Until 9:25AM</b> Sadhya Until 7:47AM Kaulava Until 6:56AM <b>Dvadashi* Until 8:11PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Moon 3 - Phase 48 2nd Phase <b>Subha Sivaloka Day</b>	
Family Home Evening							
Creative Work Siddha Yoga							

<b>5</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 12 Sutra 352	
Kumbha Rasi: 16.5	Tithi 28	192483468	<b>Gulika</b> 12:02PM – 1:39PM <b>Yama</b> 8:48AM – 10:25AM <b>Rahu</b> 3:15PM – 4:52PM	<b>Shatabhishak Until 12:10PM</b> Subha Until 8:41AM Gara Until 9:23AM <b>Trayodashi* Until 10:28PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:29PM <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Moon 3 - Phase 48 2nd Phase <b>Subha Sivaloka Day</b>	
Routine Work Marana Yoga							

<b>6</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla/Brahma Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Regina, SK, Canada Sun 13 Sutra 353	
Kumbha Rasi: 28.5	Tithi 29	112483468	<b>Gulika</b> 10:24AM – 12:02PM <b>Yama</b> 7:10AM – 8:47AM <b>Rahu</b> 12:02PM – 1:39PM	<b>Purvaprosarthapada* Until 2:55PM</b> Sukla Until 9:17AM Visti Until 11:30AM <b>Chaturdashi* Until 12:22AM Thu</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>	
Creative Work Amrita Yoga							
Until 2:55PM							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Regina, SK, Canada Sun 14 Sutra 354	
Meena Rasi: 10.59	Tithi 30	112483468	<b>Gulika</b> 8:46AM – 10:24AM <b>Yama</b> 5:30AM – 7:08AM <b>Rahu</b> 1:39PM – 3:17PM	<b>Uttaraprosarthapada Until 5:06PM</b> Brahma Until 9:36AM Catuspada Until 1:11PM <b>Amavasya* Until 1:51AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	Moon 3 - Phase 48 Amavasya <b>Sivaloka Day</b>	
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		Regina, SK, Canada Sun 15 Sutra 355	
Meena Rasi: 23.18	Tithi 1	113483468	<b>Gulika</b> 7:06AM – 8:45AM <b>Yama</b> 3:17PM – 4:56PM <b>Rahu</b> 10:23AM – 12:01PM	<b>Revati Until 6:42PM</b> Indra Until 9:37AM Kintughna Until 2:27PM <b>Prathama* Until 2:54AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Panguni</b>	Moon 3 - Phase 48 Prathama <b>Devaloka Day</b>	
Creative Work Siddha Yoga							
Until 6:42PM							
Then Creative Work - Amrita Yoga							

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 16 Sutra 356 Vilamba 5120
Mesha Rasi: 5.49	Tithi 2	<b>Gulika</b> 5:26AM – 7:05AM	<b>Ashvini Until 8:13PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:26AM			
		Yama 1:39PM – 3:18PM	Vaidhriti* Until 9:15AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:35PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 8:43AM – 10:22AM	Balava Until 3:17PM	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 3:31AM Sun</b>	Moon – White			<b>Devaloka Day</b>	
		<b>Chellappaswami Mahasamadh</b>		<b>Chaitra-Panguni</b>				

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 17 Sutra 357 Vilamba 5120
Mesha Rasi: 18.31	Tithi 3	<b>Gulika</b> 3:19PM – 4:58PM	<b>Bharani Until 9:12PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM			
		Yama 12:00PM – 1:40PM	Vishkambha* Until 8:36AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:37PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 4:58PM – 6:37PM	Taitila Until 3:42PM	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 3:45AM Mon</b>	Moon – White			<b>Devaloka Day</b>	
Until 9:12PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Regina, SK, Canada Sun 18 Sutra 358 Vilamba 5120
Vrishabha Rasi: 1.24	Tithi 4	<b>Gulika</b> 1:40PM – 3:19PM	<b>Krittika Until 9:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:22AM			
<b>Family Home Evening</b>		Yama 10:21AM – 12:00PM	Priti Until 7:40AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:38PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 7:01AM – 8:41AM	Vanija Until 3:45PM	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 3:37AM Tue</b>	Moon – White			<b>Devaloka Day</b>	
Until 9:39PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Regina, SK, Canada Sun 19 Sutra 359 Vilamba 5120
Vrishabha Rasi: 14.28	Tithi 5	<b>Gulika</b> 12:00PM – 1:40PM	<b>Rohini Until 10:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM			
		Yama 8:40AM – 10:20AM	Ayushman Until 6:25AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:40PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 3:20PM – 5:00PM	Bava Until 3:26PM	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 3:07AM Wed</b>	Moon – Yellow			<b>Sivaloka Day</b>	
Until 10:03PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashtyayam Titau				Regina, SK, Canada Sun 20 Sutra 360 Vilamba 5120
Vrishabha Rasi: 27.44	Tithi 6	<b>Gulika</b> 10:19AM – 12:00PM	<b>Mrigashira Until 9:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM			
		Yama 6:58AM – 8:39AM	Sobhana Until 3:04AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 12:00PM – 1:40PM	Kaulava Until 2:44PM	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga		<b>Shashti* Until 2:14AM Thu</b>	Moon – Yellow			<b>Sivaloka Day</b>	
				<b>Chaitra-Panguni</b>				

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Regina, SK, Canada Sun 21 Sutra 361 Vilamba 5120
Mithuna Rasi: 11.13	Tithi 7	<b>Gulika</b> 8:37AM – 10:18AM	<b>Ardra Until 9:16PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:15AM			
		Yama 5:15AM – 6:56AM	Athiganda* Until 12:53AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:43PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 1:40PM – 3:21PM	Gara Until 1:39PM	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Marana Yoga		<b>Saptami Until 12:56AM Fri</b>	Moon – Yellow			<b>Sivaloka Day</b>	
Until 9:16PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Regina, SK, Canada Sun 22 Sutra 362 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:55AM – 8:36AM	<b>Punarvasu Until 8:29PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM			
Mithuna Rasi: 24.55	Tithi 8	Yama 3:22PM – 5:03PM	Sukarma Until 10:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:45PM			Moon 3 - Phase 49
		143483468 <b>Rahu</b> 10:18AM – 11:59AM	Visti Until 12:08PM	<b>Nataraja:</b> Purple				Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:13PM</b>	Moon – Blue			<b>Devaloka Day</b>	
Until 8:29PM				<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga								

<b>☽</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Regina, SK, Canada Sun 23 Sutra 363 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:11AM – 6:53AM	<b>Pushya Until 7:09PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM			
Kataka Rasi: 8.53	Tithi 9	Yama 1:41PM – 3:23PM	Dhriti Until 7:35PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:46PM			Moon 3 - Phase 49
		143483468 <b>Rahu</b> 8:35AM – 10:17AM	Balava Until 10:13AM	<b>Nataraja:</b> Purple				Navami
Creative Work	Siddha Yoga		<b>Navami* Until 9:06PM</b>	Moon – Blue			<b>Devaloka Day</b>	
Until 7:09PM		<b>Sri Rama Navami</b>		<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga								

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Magha* Nakshatra Shula* Ganda* Yoga Taitila/Gara Karana Dashamyam Titau			Regina, SK, Canada Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 23.07	Tithi 10	<b>Gulika</b> 3:23PM – 5:06PM	<b>Ashlesha* Until 5:19PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:09AM	
		Yama 11:59AM – 1:41PM	Shula* Until 4:27PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 3 - Phase 1
	243483468	<b>Rahu</b> 5:06PM – 6:48PM	Taitila Until 7:55AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	
Until 5:19PM			<b>Dashami Until 6:37PM</b>	<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Tamil New Year</b>			

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Vriddhi* Yoga Visli*/Bava Karana Ekadashi/Dvadashyam Titau			Regina, SK, Canada Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 7.34	Tithi 11 – 12	<b>Gulika</b> 1:41PM – 3:24PM	<b>Magha* Until 3:27PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:07AM	
<b>Family Home Evening</b>	253483468	Yama 8:31AM – 10:15AM	Ganda* Until 1:05PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:50PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	<b>Rahu</b> 6:50AM – 8:33AM	Bava Until 2:23AM Tue	<b>Nataraja:</b> Purple	4th Phase
Until 3:27PM			<b>Ekadashi Until 3:50PM</b>	Moon – Red	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Regina, SK, Canada Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 22.12	Tithi 12 – 13	<b>Gulika</b> 11:58AM – 1:41PM	<b>Purvaphalguni Until 1:16PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:05AM	
		Yama 8:31AM – 10:15AM	Vriddhi Until 9:33AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:51PM	Moon 3 - Phase 1
	253483468	<b>Rahu</b> 3:25PM – 5:08PM	Kaulava Until 11:22PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 12:52PM</b>	Moon – Red	
Until 1:16PM				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Regina, SK, Canada Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 6.55	Tithi 13 – 14	<b>Gulika</b> 10:14AM – 11:58AM	<b>Uttaraphalguni Until 10:53AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:03AM	
		Yama 6:47AM – 8:30AM	Vyaghata* Until 2:22AM Thu	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM	Moon 3 - Phase 1
	253483468	<b>Rahu</b> 11:58AM – 1:42PM	Gara Until 8:22PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 9:50AM</b>	Moon – Red	
Until 10:53AM				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Regina, SK, Canada Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:29AM – 10:13AM	<b>Hasta Until 8:51AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:01AM	
Kanya Rasi: 21.35	Tithi 14 – 15	Yama 5:01AM – 6:45AM	Harshana Until 10:59PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:54PM	Moon 3 - Phase 1
		<b>Rahu</b> 1:42PM – 3:26PM	Bava Until 4:09AM Fri	<b>Nataraja:</b> Purple	Purnima
Routine Work	Marana Yoga		<b>Chaturdashi* Until 6:53AM</b>	Moon – Green	
Until 8:51AM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>			

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau			Regina, SK, Canada Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:43AM – 8:28AM	<b>Chitra Until 6:56AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:59AM	
Tula Rasi: 6.05	Tithi 16	Yama 3:27PM – 5:11PM	Vajra* Until 7:51PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM	Moon 3 - Phase 1
		<b>Rahu</b> 10:13AM – 11:57AM	Balava Until 2:57PM	<b>Nataraja:</b> Purple	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 1:49AM Sat</b>	Moon – Green	
				<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>