



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyalipata/Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 16

Tula Rasi: 27.41 Tithi 16 – 17

273832369

Gulika 11:51AM – 1:26PM
Yama 8:40AM – 10:15AM
Rahu 3:02PM – 4:37PM

Vishakha Until 4:41PM
Vyatipata* Until 10:24AM
Taitila Until 7:58PM
Prathama* Until 7:35AM

Ganesha: Purple
Muruqa: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sunrise: 5:29AM
Sunset: 6:13PM

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga
Until 4:41PM
Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 17

Vrischika Rasi: 10.16 Tithi 17 – 18

273832369

Gulika 10:15AM – 11:51AM
Yama 7:04AM – 8:40AM
Rahu 11:51AM – 1:26PM

Anuradha Until 6:23PM
Variyan Until 10:06AM
Vanija Until 9:07PM
Dvitiya Until 8:27AM

Ganesha: Purple
Muruqa: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sunrise: 5:29AM
Sunset: 6:13PM

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 18

Vrischika Rasi: 22.35 Tithi 18 – 19

274832369

Gulika 8:39AM – 10:15AM
Yama 5:28AM – 7:04AM
Rahu 1:26PM – 3:02PM

Jyeshtha* Until 8:26PM
Parigha* Until 10:14AM
Bava Until 10:48PM
Tritiya Until 9:52AM

Ganesha: Clear
Muruqa: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sunrise: 5:28AM
Sunset: 6:13PM

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga
Until 8:26PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 19

Dhanus Rasi: 4.43 Tithi 19 – 20

284832369

Gulika 7:03AM – 8:39AM
Yama 3:02PM – 4:38PM
Rahu 10:15AM – 11:51AM

Mula* Until 11:17PM
Shiva Until 10:46AM
Kaulava Until 12:57AM Sat
Chaturthi* Until 11:48AM

Ganesha: White
Muruqa: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sunrise: 5:28AM
Sunset: 6:13PM

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 11:17PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 20

Dhanus Rasi: 16.39 Tithi 20 – 21

284832369

Gulika 5:27AM – 7:03AM
Yama 1:26PM – 3:02PM
Rahu 8:39AM – 10:15AM

Purvashadha* Until 2:17AM Sun
Siddha Until 11:35AM
Gara Until 3:25AM Sun
Panchami Until 2:08PM

Ganesha: White
Muruqa: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sunrise: 5:27AM
Sunset: 6:14PM

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 2:17AM Sun
Then Creative Work - Amrita Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 21

Dhanus Rasi: 28.29 Tithi 21 – 22

284832369

Gulika 3:02PM – 4:38PM
Yama 11:50AM – 1:26PM
Rahu 4:38PM – 6:14PM

Uttarashadha Until 5:13AM Mon
Sadhya Until 12:36PM
Visti Until 6:00AM Mon
Shashthi* Until 4:41PM

Ganesha: White
Muruqa: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sunrise: 5:27AM
Sunset: 6:14PM

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Visti/Bava Karana Saptamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 22

Makara Rasi: 10.17 Tithi 22

294832369

Gulika 1:26PM – 3:02PM
Yama 10:14AM – 11:50AM
Rahu 7:02AM – 8:38AM

Shravana Until 8:22AM Tue
Subha Until 1:40PM
Bava Until 6:00AM
Saptami Until 7:14PM

Ganesha: Yellow
Muruqa: White
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sunrise: 5:26AM
Sunset: 6:14PM

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Family Home Evening
Creative Work Amrita Yoga
Until 8:22AM Tue
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

D

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 23

Makara Rasi: 22.09 Tithi 23

294832369

Gulika 11:50AM – 1:26PM
Yama 8:38AM – 10:14AM
Rahu 3:02PM – 4:39PM

Shravana Until 8:22AM
Sukla Until 2:32PM
Balava Until 8:26AM
Ashtami* Until 9:30PM

Ganesha: Yellow
Muruqa: White
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sunrise: 5:26AM
Sunset: 6:15PM

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Chidambaram Abhishekam

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar
Sun 8 Sutra 24

Kumbha Rasi: 4.08 Tithi 24

294832369

Gulika 10:14AM – 11:50AM
Yama 7:02AM – 8:38AM
Rahu 11:50AM – 1:26PM

Dhanishtha Until 10:58AM
Brahma Until 3:04PM
Taitila Until 10:28AM
Navami* Until 11:15PM

Ganesha: Yellow
Muruqa: White
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sunrise: 5:25AM
Sunset: 6:15PM

Vilamba 5120
Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga
Until 10:58AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Pynmana, Myanmar Sun 9 Sutra 25	
Kumbha Rasi: 16.23	Tithi 25	Gulika 8:38AM – 10:14AM	Shatabhishak Until 12:48PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM			Vilamba 5120	
		Yama 5:25AM – 7:01AM	Indra Until 3:07PM	Muruqa: White	<i>Sunset:</i> 6:15PM			Moon 4 - Phase 4	
294832369	Rahu 1:26PM – 3:03PM		Vanija Until 11:53AM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 12:18AM Fri	Moon – Purple			Bhuloka Day		
				Vaisaka-Chaitra			Devaloka Time: 9:AM to12:PM		

2		Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Pynmana, Myanmar Sun 10 Sutra 26	
Kumbha Rasi: 28.56	Tithi 26	Gulika 7:01AM – 8:37AM	Purvaproshtapada* Until 2:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM			Vilamba 5120	
		Yama 3:03PM – 4:39PM	Vaidhriti* Until 2:32PM	Muruqa: White	<i>Sunset:</i> 6:16PM			Moon 4 - Phase 4	
214832369	Rahu 10:14AM – 11:50AM		Bava Until 12:32PM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:32AM Sat	Moon – Clear			Bhuloka Day		
				Vaisaka-Chaitra			Devaloka Time: 9:AM to12:PM		

3		Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Pynmana, Myanmar Sun 11 Sutra 27	
Meena Rasi: 11.53	Tithi 27	Gulika 5:24AM – 7:01AM	Uttaraproshtapada Until 2:40PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM			Vilamba 5120	
		Yama 1:27PM – 3:03PM	Vishkambha* Until 1:19PM	Muruqa: White	<i>Sunset:</i> 6:16PM			Moon 4 - Phase 4	
214932369	Rahu 8:37AM – 10:14AM		Kaulava Until 12:21PM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 11:57PM	Moon – Clear			Bhuloka Day		
Until 2:40PM				Vaisaka-Chaitra					
Then Routine Work - Prabalarishta Yoga									

4		Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Pynmana, Myanmar Sun 12 Sutra 28	
Meena Rasi: 25.15	Tithi 28	Gulika 3:03PM – 4:40PM	Revati Until 2:11PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM			Vilamba 5120	
		Yama 11:50AM – 1:27PM	Priti Until 11:28AM	Muruqa: White	<i>Sunset:</i> 6:16PM			Moon 4 - Phase 4	
214932369	Rahu 4:40PM – 6:16PM		Gara Until 11:23AM	Nataraja: Purple				2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 10:36PM	Moon – Clear			Bhuloka Day		
Until 2:11PM		Mother's Day		Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>						

5		Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pynmana, Myanmar Sun 13 Sutra 29	
Mesha Rasi: 9.02	Tithi 29	Gulika 1:27PM – 3:03PM	Ashvini Until 1:19PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM			Vilamba 5120	
Family Home Evening		Yama 10:13AM – 11:50AM	Ayushman Until 9:03AM	Muruqa: White	<i>Sunset:</i> 6:17PM			Moon 4 - Phase 4	
224932369	Rahu 7:00AM – 8:37AM		Visti* Until 9:42AM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:38PM	Moon – White			Bhuloka Day		
				Vaisaka-Chaitra					

Retreat Star		Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pynmana, Myanmar Sun 14 Sutra 30	
Mesha Rasi: 23.13	Tithi 30	Gulika 11:50AM – 1:27PM	Bharani Until 11:46AM	Ganesha: Blue	<i>Sunrise:</i> 5:23AM			Vilamba 5120	
		Yama 8:37AM – 10:13AM	Saubhagya Until 6:09AM	Muruqa: White	<i>Sunset:</i> 6:17PM			Moon 4 - Phase 4	
224932369	Rahu 3:03PM – 4:40PM		Catuspada Until 7:27AM	Nataraja: Purple				Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 6:09PM	Moon – White			Bhuloka Day		
				Vaisaka-Vaikasi					

Retreat Star		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathamam Dvitiyayam Titau				Pynmana, Myanmar Sun 15 Sutra 31	
Vrishabha Rasi: 7.4	Tithi 1 – 2	Gulika 10:13AM – 11:50AM	Krittika Until 9:40AM	Ganesha: Red	<i>Sunrise:</i> 5:23AM			Vilamba 5120	
		Yama 7:00AM – 8:37AM	Athiganda* Until 11:26PM	Muruqa: White	<i>Sunset:</i> 6:17PM			Moon 4 - Phase 4	
225932369	Rahu 11:50AM – 1:27PM		Balava Until 1:51AM Thu	Nataraja: Purple				Prathama	
Creative Work	Amrita Yoga		Prathama* Until 3:19PM	Moon – White			Bhuloka Day		
Until 9:40AM				Jyeshtha Adhika-Vaikasi			Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga									

1	Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau				Pynmana, Myanmar Sun 16 Sutra 32
	Vrishabha Rasi: 22.19	Tithi 2 - 3	Gulika 8:36AM - 10:13AM	Rohini Until 7:38AM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	Vilamba 5120
			Yama 5:23AM - 7:00AM	Sukarma Until 7:52PM	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 5
	Routine Work	Marana Yoga	235932369 Rahu 1:27PM - 3:04PM	Taitila Until 10:48PM	Nataraja: Purple		3rd Phase
			Dvitiya Until 12:19PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

2	Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Pynmana, Myanmar Sun 17 Sutra 33
	Mithuna Rasi: 7.02	Tithi 3 - 4	Gulika 6:59AM - 8:36AM	Ardra Until 3:04AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	Vilamba 5120
			Yama 3:04PM - 4:41PM	Dhriti Until 4:18PM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	235932369 Rahu 10:13AM - 11:50AM	Vanija Until 7:47PM	Nataraja: Purple		3rd Phase
			Tritiya Until 9:16AM	Moon - Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

3	Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Pynmana, Myanmar Sun 18 Sutra 34
	Mithuna Rasi: 21.41	Tithi 4 - 5	Gulika 5:22AM - 6:59AM	Punarvasu Until 1:13AM Sun	Ganesha: White	<i>Sunrise:</i> 5:22AM	Vilamba 5120
			Yama 1:27PM - 3:04PM	Shula* Until 12:50PM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 Rahu 8:36AM - 10:13AM	Balava Until 3:33AM Sun	Nataraja: Purple		3rd Phase
			Chaturthi* Until 6:18AM	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

4	Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Pynmana, Myanmar Sun 19 Sutra 35
	Kataka Rasi: 6.12	Tithi 6	Gulika 3:04PM - 4:41PM	Pushya Until 11:31PM	Ganesha: White	<i>Sunrise:</i> 5:22AM	Vilamba 5120
			Yama 11:50AM - 1:27PM	Ganda* Until 9:34AM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 Rahu 4:41PM - 6:19PM	Kaulava Until 2:18PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 1:06AM Mon	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

5	Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Pynmana, Myanmar Sun 20 Sutra 36
	Kataka Rasi: 20.29	Tithi 7	Gulika 1:27PM - 3:05PM	Ashlesha* Until 10:02PM	Ganesha: White	<i>Sunrise:</i> 5:22AM	Vilamba 5120
	Family Home Evening		Yama 10:13AM - 11:50AM	Vridhhi Until 6:35AM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 Rahu 6:59AM - 8:36AM	Gara Until 12:01PM	Nataraja: Purple		3rd Phase
			Saptami Until 11:00PM	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

☾	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Pynmana, Myanmar Sun 21 Sutra 37
	Retreat Star		Gulika 11:50AM - 1:28PM	Magha* Until 9:13PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Vilamba 5120
	Simha Rasi: 4.32	Tithi 8	Yama 8:36AM - 10:13AM	Vyaghata* Until 1:31AM Wed	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	255932369 Rahu 3:05PM - 4:42PM	Visti Until 10:07AM	Nataraja: Purple		Ashtami
			Ashtami* Until 9:18PM	Moon - Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

☽	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Pynmana, Myanmar Sun 22 Sutra 38
	Retreat Star		Gulika 10:13AM - 11:50AM	Purvaphalguni Until 8:41PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Vilamba 5120
	Simha Rasi: 18.2	Tithi 9	Yama 6:59AM - 8:36AM	Harshana Until 11:30PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
	Creative Work	Amrita Yoga	255932369 Rahu 11:50AM - 1:28PM	Balava Until 8:37AM	Nataraja: Purple		Navami
			Navami* Until 8:00PM	Moon - Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Taitila/Gara Karana Dashamyam Titau		Pyinmana, Myanmar Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 1.53	Tithi 10	Gulika 8:36AM – 10:13AM Yama 5:21AM – 6:58AM 255932369 Rahu 1:28PM – 3:05PM	Uttaraphalguni Until 8:23PM Vajra* Until 9:46PM Taitila Until 7:31AM Dashami Until 7:06PM	Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruqa: White <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Red	Moon 4 - Phase 6 4th Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Until 8:23PM Then Routine Work - Marana Yoga					
2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Pyinmana, Myanmar Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 15.13	Tithi 11	Gulika 6:58AM – 8:36AM Yama 3:05PM – 4:43PM 266932369 Rahu 10:13AM – 11:51AM	Hasta Until 8:46PM Siddhi Until 8:22PM Vanija Until 6:49AM Ekadashi Until 6:36PM	Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruqa: White <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Green	Moon 4 - Phase 6 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Amrita Yoga Until 8:46PM Then Creative Work - Siddha Yoga					
3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau		Pyinmana, Myanmar Sun 25 Sutra 41 Vilamba 5120	
Kanya Rasi: 28.21	Tithi 12	Gulika 5:21AM – 6:58AM Yama 1:28PM – 3:06PM 366932369 Rahu 8:36AM – 10:13AM	Chitra Until 9:23PM Vyatipata* Until 7:17PM Bava Until 6:30AM Dvadashi Until 6:29PM	Ganesha: Purple <i>Sunrise:</i> 5:21AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: Purple Moon – Green	Moon 4 - Phase 6 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga Until 9:23PM Then Creative Work - Siddha Yoga					
4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 11.17	Tithi 13	Gulika 3:06PM – 4:43PM Yama 11:51AM – 1:28PM 366932369 Rahu 4:43PM – 6:21PM	Svati Until 10:14PM Varyan Until 6:29PM Kaulava Until 6:35AM Trayodashi Until 6:45PM	Ganesha: Purple <i>Sunrise:</i> 5:21AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: Purple Moon – Green	Moon 4 - Phase 6 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Until 10:14PM Then Routine Work - Marana Yoga		<i>Pradosha Vrata</i>			
5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Pyinmana, Myanmar Sun 27 Sutra 43 Vilamba 5120	
Tula Rasi: 24	Tithi 14	Gulika 1:28PM – 3:06PM Yama 10:13AM – 11:51AM 376932369 Rahu 6:58AM – 8:36AM	Vishakha Until 11:48PM Parigha* Until 6:02PM Gara Until 7:04AM Chaturdashi* Until 7:27PM	Ganesha: Clear <i>Sunrise:</i> 5:20AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: Purple Moon – Orange	Moon 4 - Phase 6 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Family Home Evening Routine Work Marana Yoga Until 11:48PM Then Creative Work - Siddha Yoga					
○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Pyinmana, Myanmar Sun 28 Sutra 44 Vilamba 5120	
Copper Retreat Star		Gulika 11:51AM – 1:29PM Yama 8:36AM – 10:13AM 376932369 Rahu 3:06PM – 4:44PM	Anuradha Until 1:40AM Wed Shiva Until 5:57PM Visti Until 7:59AM Purnima* Until 8:35PM	Ganesha: Clear <i>Sunrise:</i> 5:20AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: Purple Moon – Orange	Moon 4 - Phase 6 Purnima Bhuloka Day Devaloka Time: 6:AM to 9:AM
Vrischika Rasi: 6.32 Tithi 15 Creative Work Siddha Yoga					
Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Balava/Kaulava Karana Prathamayam Titau		Pyinmana, Myanmar Sun 29 Sutra 45 Vilamba 5120	
Silver Retreat Star		Gulika 10:13AM – 11:51AM Yama 6:58AM – 8:36AM 376932369 Rahu 11:51AM – 1:29PM	Jyeshtha* Until 3:47AM Thu Siddha Until 6:11PM Balava Until 9:21AM Prathama* Until 10:10PM	Ganesha: Clear <i>Sunrise:</i> 5:20AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: Purple Moon – Orange	Moon 4 - Phase 6 Prathama Bhuloka Day Devaloka Time: 6:AM to 9:AM
Vrischika Rasi: 18.52 Tithi 16 Creative Work Siddha Yoga					



Thursday, May 31, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Taitila/Gara Karana Dvityayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 46

Dhanus Rasi: 1.01 Tithi 17

386932369
Gulika
Yama
Rahu

8:36AM – 10:13AM
5:20AM – 6:58AM
1:29PM – 3:07PM

Mula* Until 6:37AM Fri
Sadhya Until 6:45PM
Taitila Until 11:09AM
Dvitiya Until 12:11AM Fri

Ganesha: White Sunrise: 5:20AM
Muruga: White Sunset: 6:22PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga
Until 6:37AM Fri
Then Routine Work - Prabalarishta Yoga

1

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Trityayam Titau

Pyinmana, Myanmar
Sun 2 Sutra 47

Dhanus Rasi: 13.01 Tithi 18

386932369
Gulika
Yama
Rahu

6:58AM – 8:36AM
3:07PM – 4:45PM
10:14AM – 11:51AM

Mula* Until 6:37AM
Subha Until 7:36PM
Vanija Until 1:20PM
Tritiya Until 2:31AM Sat

Ganesha: White Sunrise: 5:20AM
Muruga: White Sunset: 6:23PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Amrita Yoga
Until 6:37AM
Then Routine Work - Prabalarishta Yoga

2

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturtham Titau

Pyinmana, Myanmar
Sun 3 Sutra 48

Dhanus Rasi: 24.53 Tithi 19

387932369
Gulika
Yama
Rahu

5:20AM – 6:58AM
1:29PM – 3:07PM
8:36AM – 10:14AM

Purvashadha* Until 9:35AM
Sukla Until 8:38PM
Bava Until 3:48PM
Chaturthi* Until 5:05AM Sun

Ganesha: Yellow Sunrise: 5:20AM
Muruga: White Sunset: 6:23PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 9:35AM
Then Routine Work - Marana Yoga

3

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava Karana Panchamyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 49

Makara Rasi: 6.41 Tithi 20

387932369
Gulika
Yama
Rahu

3:08PM – 4:45PM
11:52AM – 1:30PM
4:45PM – 6:23PM

Uttarashadha Until 12:33PM
Brahma Until 9:45PM
Kaulava Until 6:24PM
Panchami Until 7:40AM Mon

Ganesha: Yellow Sunrise: 5:20AM
Muruga: White Sunset: 6:23PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

4

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 50

Makara Rasi: 18.28 Tithi 20 – 21

397932369
Gulika
Yama
Rahu

1:30PM – 3:08PM
10:14AM – 11:52AM
6:58AM – 8:36AM

Shravana Until 3:50PM
Indra Until 10:48PM
Gara Until 8:55PM
Panchami Until 7:40AM

Ganesha: Blue Sunrise: 5:20AM
Muruga: White Sunset: 6:24PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 3:50PM
Then Creative Work - Siddha Yoga

5

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 51

Kumbha Rasi: 0.2 Tithi 21 – 22

397132361
Gulika
Yama
Rahu

11:52AM – 1:30PM
8:36AM – 10:14AM
3:08PM – 4:46PM

Dhanishtha Until 6:43PM
Vaidhriti* Until 11:35PM
Visti Until 11:09PM
Shashthi* Until 10:04AM

Ganesha: Purple Sunrise: 5:20AM
Muruga: White Sunset: 6:24PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 6:43PM
Then Routine Work - Marana Yoga

D

Wednesday, June 6, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 52

Kumbha Rasi: 12.19 Tithi 22 – 23

397132361
Gulika
Yama
Rahu

10:14AM – 11:52AM
6:58AM – 8:36AM
11:52AM – 1:30PM

Shatabhishak Until 8:57PM
Vishkambha* Until 11:59PM
Balava Until 12:51AM Thu
Saptami Until 12:03PM

Ganesha: Purple Sunrise: 5:20AM
Muruga: White Sunset: 6:24PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 8:57PM
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar
Sun 8 Sutra 53

Kumbha Rasi: 24.33 Tithi 23 – 24

317132361
Gulika
Yama
Rahu

8:36AM – 10:14AM
5:20AM – 6:58AM
1:30PM – 3:09PM

Purvaproshtapada* Until 10:51PM
Priti Until 11:51PM
Taitila Until 1:51AM Fri
Ashtami* Until 1:26PM

Ganesha: Blue Sunrise: 5:20AM
Muruga: White Sunset: 6:25PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

1		Friday, June 8, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Pynmana, Myanmar Sun 9 Sutra 54	
Meena Rasi: 7.05	Tithi 24 – 25	318132361	Gulika 6:58AM – 8:36AM Yama 3:09PM – 4:47PM Rahu 10:14AM – 11:53AM	Uttaraproshtapada Until 11:49PM Ayushman Until 11:03PM Vanija Until 2:02AM Sat Navami* Until 2:02PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	Sunrise: 5:20AM Sunset: 6:25PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga									

2		Saturday, June 9, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Pynmana, Myanmar Sun 10 Sutra 55	
Meena Rasi: 20.02	Tithi 25 – 26	318132361	Gulika 5:20AM – 6:58AM Yama 1:31PM – 3:09PM Rahu 8:36AM – 10:15AM	Revati Until 11:47PM Saubhagya Until 9:36PM Bava Until 1:22AM Sun Dashami Until 1:47PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	Sunrise: 5:20AM Sunset: 6:25PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Routine Work Prabalarishta Yoga Until 11:47PM Then Creative Work - Siddha Yoga									

3		Sunday, June 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pynmana, Myanmar Sun 11 Sutra 56	
Mesha Rasi: 3.25	Tithi 26 – 27	328132361	Gulika 3:09PM – 4:47PM Yama 11:53AM – 1:31PM Rahu 4:47PM – 6:26PM	Ashvini Until 11:16PM Sobhana Until 7:31PM Kaulava Until 11:54PM Ekadashi* Until 12:43PM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 5:20AM Sunset: 6:26PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase	Bhuloka Day Jyeshtha Adhika-Vaikasi	
Creative Work Siddha Yoga Until 11:16PM Then Routine Work - Prabalarishta Yoga									

4		Monday, June 11, 2018		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Pynmana, Myanmar Sun 12 Sutra 57	
Mesha Rasi: 17.15	Tithi 27 – 28	328132361	Gulika 1:31PM – 3:10PM Yama 10:15AM – 11:53AM Rahu 6:59AM – 8:37AM	Bharani Until 9:53PM Athiganda* Until 4:48PM Gara Until 9:43PM Dvadashi* Until 10:52AM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 5:20AM Sunset: 6:26PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase	Bhuloka Day Jyeshtha Adhika-Vaikasi	
Family Home Evening Creative Work Siddha Yoga Until 9:53PM Then Routine Work - Marana Yoga									

5		Tuesday, June 12, 2018		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 13 Sutra 58	
Vrishabha Rasi: 1.32	Tithi 28 – 29	328132361	Gulika 11:53AM – 1:32PM Yama 8:37AM – 10:15AM Rahu 3:10PM – 4:48PM	Krittika Until 7:47PM Sukarma Until 1:36PM Visti Until 6:58PM Trayodashi* Until 8:23AM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 5:20AM Sunset: 6:26PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase	Bhuloka Day Jyeshtha Adhika-Vaikasi	
Creative Work Siddha Yoga Until 7:47PM Then Creative Work - Amrita Yoga									

Retreat Star		Wednesday, June 13, 2018		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pynmana, Myanmar Sun 14 Sutra 59	
Vrishabha Rasi: 16.11	Tithi 30	338132361	Gulika 10:15AM – 11:54AM Yama 6:59AM – 8:37AM Rahu 11:54AM – 1:32PM	Rohini Until 5:33PM Dhriti Until 10:01AM Catuspada Until 3:48PM Amavasya* Until 2:05AM Thu	Ganesha: White Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 5:21AM Sunset: 6:27PM	Vilamba 5120 Moon 5 - Phase 8 Amavasya	Bhuloka Day Jyeshtha Adhika-Vaikasi	
Creative Work Siddha Yoga									

Retreat Star		Thursday, June 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Pynmana, Myanmar Sun 15 Sutra 60	
Mithuna Rasi: 1.05	Tithi 1	338132361	Gulika 8:37AM – 10:16AM Yama 5:21AM – 6:59AM Rahu 1:32PM – 3:10PM	Mrigashira Until 2:55PM Shula* Until 6:10AM Kintughna Until 12:21PM Prathama* Until 10:34PM	Ganesha: White Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 5:21AM Sunset: 6:27PM	Vilamba 5120 Moon 5 - Phase 8 Prathama	Bhuloka Day Jyeshtha-Vaikasi	
Routine Work Marana Yoga									

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pynmana, Myanmar Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 16.06	Tithi 2	Gulika 6:59AM – 8:37AM	Ardra Until 12:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM				
		Yama 3:11PM – 4:49PM	Vriddhi Until 10:14PM	Muruqa: White	<i>Sunset:</i> 6:27PM			Moon 5 - Phase 9	
		339132361 Rahu 10:16AM – 11:54AM	Balava Until 8:49AM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga	Dvitiya Until 7:02PM		Moon – Yellow			Bhuloka Day		Devaloka Time: 9:AM to12:PM
				Jyeshtha-Ani					

2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau				Pynmana, Myanmar Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 1.06	Tithi 3 – 4	Gulika 5:21AM – 6:59AM	Punarvasu Until 9:34AM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM				
		Yama 1:32PM – 3:11PM	Dhruva Until 6:23PM	Muruqa: White	<i>Sunset:</i> 6:27PM			Moon 5 - Phase 9	
		349132361 Rahu 8:38AM – 10:16AM	Vanija Until 2:02AM Sun	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga	Tritiya Until 3:38PM		Moon – Blue			Bhuloka Day		Devaloka Time: 9:AM to12:PM
				Jyeshtha-Ani					

3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Chaturchi/Panchamyam Titau				Pynmana, Myanmar Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 15.56	Tithi 4 – 5	Gulika 3:11PM – 4:49PM	Pushya Until 7:09AM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM				
		Yama 11:54AM – 1:33PM	Vyaghata* Until 2:46PM	Muruqa: White	<i>Sunset:</i> 6:28PM			Moon 5 - Phase 9	
		349132361 Rahu 4:49PM – 6:28PM	Bava Until 11:04PM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga	Chaturthi* Until 12:29PM		Moon – Blue			Bhuloka Day		Devaloka Time: 9:AM to12:PM
		Father's Day		Jyeshtha-Ani					

4		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pynmana, Myanmar Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 0.31	Tithi 5 – 6	Gulika 1:33PM – 3:11PM	Magha* Until 3:32AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:21AM				
Family Home Evening		Yama 10:16AM – 11:55AM	Harshana Until 11:31AM	Muruqa: White	<i>Sunset:</i> 6:28PM			Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 7:00AM – 8:38AM	Kaulava Until 8:33PM	Nataraja: White					3rd Phase
Until 3:32AM Tue		Panchami Until 9:44AM		Moon – Red			Devaloka Day		
Then Creative Work - Siddha Yoga				Jyeshtha-Ani					

5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Tailla/Gara Karana Shashthi/Saplamyam Titau				Pynmana, Myanmar Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 14.46	Tithi 6 – 7	Gulika 11:55AM – 1:33PM	Purvaphalguni Until 2:30AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:22AM				
		Yama 8:38AM – 10:17AM	Vajra* Until 8:38AM	Muruqa: White	<i>Sunset:</i> 6:28PM			Moon 5 - Phase 9	
		359132361 Rahu 3:11PM – 4:50PM	Gara Until 6:33PM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga	Shashthi* Until 7:27AM		Moon – Red			Devaloka Day		
Until 2:30AM Wed				Jyeshtha-Ani					
Then Creative Work - Amrita Yoga									

Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Pynmana, Myanmar Sun 21 Sutra 66 Vilamba 5120	
Simha Rasi: 28.4	Tithi 8	Gulika 10:17AM – 11:55AM	Uttaraphalguni Until 1:54AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:22AM				
		Yama 7:00AM – 8:38AM	Siddhi Until 6:13AM	Muruqa: White	<i>Sunset:</i> 6:28PM			Moon 5 - Phase 9	
		359132361 Rahu 11:55AM – 1:33PM	Visti Until 5:07PM	Nataraja: White					Ashtami
Creative Work	Amrita Yoga	Ashtami* Until 4:37AM Thu		Moon – Red			Devaloka Day		
Until 1:54AM Thu		Chidambaram Abhishekam		Jyeshtha-Ani					
Then Routine Work - Marana Yoga									

Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Pynmana, Myanmar Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 12.11	Tithi 9	Gulika 8:39AM – 10:17AM	Hasta Until 2:12AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:22AM				
		Yama 5:22AM – 7:00AM	Variyan Until 2:51AM Fri	Muruqa: White	<i>Sunset:</i> 6:29PM			Moon 5 - Phase 9	
		369132361 Rahu 1:34PM – 3:12PM	Balava Until 4:18PM	Nataraja: White					Navami
Routine Work	Marana Yoga	Navami* Until 4:05AM Fri		Moon – Green			Bhuloka Day		Devaloka Time: 9:AM to12:PM
Until 2:12AM Fri				Jyeshtha-Ani					
Then Creative Work - Siddha Yoga									

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Pynmana, Myanmar Sun 23 Sutra 68
	Kanya Rasi: 25.24	Tithi 10	Gulika 7:00AM – 8:39AM	Chitra Until 2:53AM Sat	Ganesha: Green	<i>Sunrise:</i> 5:22AM	Vilamba 5120
			Yama 3:12PM – 4:50PM	Parigha* Until 1:50AM Sat	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 10
	361132361	Rahu 10:17AM – 11:55AM		Taitila Until 4:03PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:07AM Sat	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			


2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Pynmana, Myanmar Sun 24 Sutra 69
	Tula Rasi: 8.19	Tithi 11	Gulika 5:22AM – 7:01AM	Svati Until 3:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:22AM	Vilamba 5120
			Yama 1:34PM – 3:12PM	Shiva Until 1:16AM Sun	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 10
	361132361	Rahu 8:39AM – 10:17AM		Vanija Until 4:21PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 4:39AM Sun	Moon – Green		Bhuloka Day	
Until 3:56AM Sun				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Pynmana, Myanmar Sun 25 Sutra 70
	Tula Rasi: 20.59	Tithi 12	Gulika 3:13PM – 4:51PM	Vishakha Until 5:46AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:23AM	Vilamba 5120
			Yama 11:56AM – 1:34PM	Siddha Until 1:03AM Mon	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 10
	371132361	Rahu 4:51PM – 6:29PM		Bava Until 5:08PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 5:41AM Mon	Moon – Orange		Bhuloka Day	
Until 5:46AM Mon				Jyeshtha-Ani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava Karana Trayodashyam Titau				Pynmana, Myanmar Sun 26 Sutra 71
	Vrischika Rasi: 3.26	Tithi 13	Gulika 1:34PM – 3:13PM	Anuradha Until 7:51AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:23AM	Vilamba 5120
	Family Home Evening		Yama 10:18AM – 11:56AM	Sadhya Until 1:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 10
	371142361	Rahu 7:01AM – 8:39AM		Kaulava Until 6:23PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:08AM Tue	Moon – Orange		Devaloka Day	
Until 7:51AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>			

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 27 Sutra 72
	Vrischika Rasi: 15.43	Tithi 13 – 14	Gulika 11:56AM – 1:35PM	Anuradha Until 7:51AM	Ganesha: Red	<i>Sunrise:</i> 5:23AM	Vilamba 5120
			Yama 8:40AM – 10:18AM	Subha Until 1:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 5 - Phase 10
	371142361	Rahu 3:13PM – 4:51PM		Gara Until 8:02PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:08AM	Moon – Orange		Devaloka Day	
Until 7:51AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pynmana, Myanmar Sutra 73
	Copper Retreat Star		Gulika 10:18AM – 11:57AM	Jyeshtha* Until 10:09AM	Ganesha: Red	<i>Sunrise:</i> 5:23AM	Vilamba 5120
	Vrischika Rasi: 27.5	Tithi 14 – 15	Yama 7:02AM – 8:40AM	Sukla Until 2:19AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 5 - Phase 10
	371142361	Rahu 11:57AM – 1:35PM		Visti Until 10:03PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:58AM	Moon – Orange		Devaloka Day	
Until 10:09AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pynmana, Myanmar Sutra 74
	Silver Retreat Star		Gulika 8:40AM – 10:18AM	Mula* Until 1:06PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Vilamba 5120
	Dhanus Rasi: 9.48	Tithi 15 – 16	Yama 5:24AM – 7:02AM	Brahma Until 3:15AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 5 - Phase 10
	381142361	Rahu 1:35PM – 3:13PM		Balava Until 12:21AM Fri	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Purnima* Until 11:09AM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 75

Dhanus Rasi: 21.41 Tithi 16 – 17

381142361

Gulika 7:02AM – 8:40AM
Yama 3:13PM – 4:52PM
Rahu 10:19AM – 11:57AM

Purvashadha* Until 4:07PM
Indra Until 4:20AM Sat
Taitila Until 2:52AM Sat
Prathama* Until 1:34PM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 6:30PM

Moon 6 - Phase 11
1st Phase

Routine Work Prabalarishta Yoga
Until 4:07PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 76

Makara Rasi: 3.29 Tithi 17 – 18

381242361

Gulika 5:24AM – 7:02AM
Yama 1:35PM – 3:14PM
Rahu 8:41AM – 10:19AM

Uttarashadha Until 7:05PM
Vaidhriti* Until 5:27AM Sun
Vanija Until 5:28AM Sun
Dvitiya Until 4:09PM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 6:30PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga
Until 7:05PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti* Karana Tritiyayam Titau

Pyinmana, Myanmar
Sun 2 Sutra 77

Makara Rasi: 15.16 Tithi 18

391242361

Gulika 3:14PM – 4:52PM
Yama 11:57AM – 1:36PM
Rahu 4:52PM – 6:30PM

Shravana Until 10:24PM
Vishkambha* Until 6:32AM Mon
Visti Until 6:44PM
Tritiya Until 6:44PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 6:30PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 10:24PM
Then Routine Work - Marana Yoga

Devaloka Day

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 78

Makara Rasi: 27.04 Tithi 19

391242361

Gulika 1:36PM – 3:14PM
Yama 10:19AM – 11:58AM
Rahu 7:03AM – 8:41AM

Dhanishtha Until 1:23AM Tue
Vishkambha* Until 6:32AM
Bava Until 8:01AM
Chaturthi* Until 9:11PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 6:30PM

Moon 6 - Phase 11
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 1:23AM Tue
Then Routine Work - Marana Yoga

Devaloka Day

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 79

Kumbha Rasi: 8.57 Tithi 20

392242361

Gulika 11:58AM – 1:36PM
Yama 8:41AM – 10:20AM
Rahu 3:14PM – 4:52PM

Shatabhishak Until 3:52AM Wed
Priti Until 7:28AM
Kaulava Until 10:19AM
Panchami Until 11:18PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 6:30PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga
Until 3:52AM Wed
Then Creative Work - Amrita Yoga

Devaloka Day

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 80

Kumbha Rasi: 20.59 Tithi 21

312242361

Gulika 10:20AM – 11:58AM
Yama 7:03AM – 8:42AM
Rahu 11:58AM – 1:36PM

Purvaproshtapada* Until 6:11AM Thu
Ayushman Until 8:04AM
Gara Until 12:13PM
Shashthi* Until 12:56AM Thu

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:25AM
Sunset: 6:30PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 6:11AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saplamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 81

Meena Rasi: 3.14 Tithi 22

312242361

Gulika 8:42AM – 10:20AM
Yama 5:26AM – 7:04AM
Rahu 1:36PM – 3:14PM

Purvaproshtapada* Until 6:11AM
Saubhagya Until 8:16AM
Visti Until 1:33PM
Saptami Until 1:56AM Fri

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:26AM
Sunset: 6:30PM

Moon 6 - Phase 11
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 82

Meena Rasi: 15.46 Tithi 23

312242361

Gulika 7:04AM – 8:42AM
Yama 3:14PM – 4:52PM
Rahu 10:20AM – 11:58AM

Uttaraproshtapada Until 7:41AM
Sobhana Until 7:57AM
Balava Until 2:11PM
Ashtami* Until 2:12AM Sat

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:26AM
Sunset: 6:31PM

Moon 6 - Phase 11
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar
Sun 8 Sutra 83

Meena Rasi: 28.39 Tithi 24

412242361

Gulika 5:26AM – 7:04AM
Yama 1:36PM – 3:14PM
Rahu 8:42AM – 10:20AM

Revati Until 8:17AM
Athiganda* Until 7:01AM
Taitila Until 2:02PM
Navami* Until 1:39AM Sun

Ganesha: Green
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:26AM
Sunset: 6:31PM

Moon 6 - Phase 11
Navami

Routine Work Prabalarishta Yoga
Until 8:17AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visiti* Karana Dashamyam Titau			Pyinmana, Myanmar Sun 9 Sutra 84
Mesha Rasi: 11.58	Tithi 25	Gulika 3:15PM – 4:53PM	Ashvini Until 8:25AM	Ganesha: Orange <i>Sunrise:</i> 5:27AM	Vilamba 5120
		Yama 11:59AM – 1:37PM	Dhriti Until 3:16AM Mon	Muruqa: Clear <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12
	422242361	Rahu 4:53PM – 6:31PM	Vanija Until 1:06PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:19AM Mon	Moon – White	Devaloka Day
Until 8:25AM				Jyeshtha-Ani	
Then Routine Work - Prabalarishta Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau			Pyinmana, Myanmar Sun 10 Sutra 85
Mesha Rasi: 25.43	Tithi 26	Gulika 1:37PM – 3:15PM	Bharani Until 7:36AM	Ganesha: Orange <i>Sunrise:</i> 5:27AM	Vilamba 5120
Family Home Evening		Yama 10:21AM – 11:59AM	Shula* Until 12:28AM Tue	Muruqa: Clear <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	422242361 Rahu 7:05AM – 8:43AM	Bava Until 11:23AM	Nataraja: White	2nd Phase
Until 7:36AM			Ekadashi* Until 10:15PM	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani	

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Pyinmana, Myanmar Sun 11 Sutra 86
Vrishabha Rasi: 9.55	Tithi 27	Gulika 11:59AM – 1:37PM	Rohini Until 4:02AM Wed	Ganesha: Orange <i>Sunrise:</i> 5:27AM	Vilamba 5120
		Yama 8:43AM – 10:21AM	Ganda* Until 9:10PM	Muruqa: Clear <i>Sunset:</i> 6:30PM	Moon 6 - Phase 12
	422242361	Rahu 3:15PM – 4:53PM	Kaulava Until 8:59AM	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 7:33PM	Moon – White	Devaloka Day
Until 4:02AM Wed				Jyeshtha-Ani	
Then Creative Work - Siddha Yoga					

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Gara/Visiti* Karana Trayodashi/Chaturdashyam Titau			Pyinmana, Myanmar Sun 12 Sutra 87
Vrishabha Rasi: 24.32	Tithi 28 – 29	Gulika 10:21AM – 11:59AM	Mrigashira Until 1:30AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM	Vilamba 5120
		Yama 7:05AM – 8:43AM	Vridhhi Until 5:29PM	Muruqa: Clear <i>Sunset:</i> 6:30PM	Moon 6 - Phase 12
	432242361	Rahu 11:59AM – 1:37PM	Gara Until 6:02AM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:22PM	Moon – Yellow	Bhuloka Day
Until 1:30AM Thu				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Pyinmana, Myanmar Sun 13 Sutra 88
Retreat Star		Gulika 8:43AM – 10:21AM	Ardra Until 10:35PM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM	Vilamba 5120
Mithuna Rasi: 9.28	Tithi 29 – 30	Yama 5:28AM – 7:06AM	Dhruva Until 1:30PM	Muruqa: Clear <i>Sunset:</i> 6:30PM	Moon 6 - Phase 12
	432242361	Rahu 1:37PM – 3:15PM	Catuspada Until 11:01PM	Nataraja: White	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 12:51PM	Moon – Yellow	Bhuloka Day
Until 10:35PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Pyinmana, Myanmar Sun 14 Sutra 89
Retreat Star		Gulika 7:06AM – 8:44AM	Punarvasu Until 7:48PM	Ganesha: Purple <i>Sunrise:</i> 5:28AM	Vilamba 5120
Mithuna Rasi: 24.35	Tithi 30 – 1	Yama 3:15PM – 4:53PM	Vyaghata* Until 9:22AM	Muruqa: Clear <i>Sunset:</i> 6:30PM	Moon 6 - Phase 12
	442242361	Rahu 10:21AM – 11:59AM	Kintughna Until 7:16PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 9:08AM	Moon – Blue	Bhuloka Day
Until 7:48PM		Partial Solar Eclipse		Ashada-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pynmana, Myanmar Sun 15 Sutra 90	
Kataka Rasi: 9.46	Tithi 2	Gulika 5:29AM – 7:06AM	Pushya Until 4:56PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM			Vilamba 5120	
		Yama 1:37PM – 3:15PM	Vajra* Until 1:09AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:30PM			Moon 6 - Phase 13	
		442242361 Rahu 8:44AM – 10:22AM	Balava Until 3:34PM	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga	Dvitiya Until 1:46AM Sun		Moon – Blue			Bhuloka Day		
Until 4:56PM				Ashada*Ani			Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

2		Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Pynmana, Myanmar Sun 16 Sutra 91	
Kataka Rasi: 24.5	Tithi 3	Gulika 3:15PM – 4:52PM	Ashlesha* Until 2:09PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM			Vilamba 5120	
		Yama 11:59AM – 1:37PM	Siddhi Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM			Moon 6 - Phase 13	
		442242361 Rahu 4:52PM – 6:30PM	Taitila Until 12:04PM	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga	Tritiya Until 10:25PM		Moon – Blue			Bhuloka Day		
Until 2:09PM				Ashada*Ani			Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

3		Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Chaturthyam Titau				Pynmana, Myanmar Sun 17 Sutra 92	
Simha Rasi: 9.4	Tithi 4	Gulika 1:37PM – 3:15PM	Magha* Until 12:01PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM			Vilamba 5120	
Family Home Evening		Yama 10:22AM – 12:00PM	Vyatipata* Until 5:52PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM			Moon 6 - Phase 13	
Routine Work	Marana Yoga	453242361 Rahu 7:07AM – 8:44AM	Vanija Until 8:55AM	Nataraja: White			3rd Phase		
Until 12:01PM		Chaturthi* Until 7:30PM		Moon – Red			Bhuloka Day		
Then Creative Work - Siddha Yoga				Ashada*Adi			Devaloka Time: 12:PM to 3:PM		

4		Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Pynmana, Myanmar Sun 18 Sutra 93	
Simha Rasi: 24.08	Tithi 5 – 6	Gulika 12:00PM – 1:37PM	Purvaphalguni Until 10:14AM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM			Vilamba 5120	
		Yama 8:45AM – 10:22AM	Varyan Until 2:49PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM			Moon 6 - Phase 13	
		453242362 Rahu 3:15PM – 4:52PM	Bava Until 6:15AM	Nataraja: Clear			3rd Phase		
Creative Work	Siddha Yoga	Panchami Until 5:07PM		Moon – Red			Devaloka Day		
Until 10:14AM				Ashada*Adi					
Then Creative Work - Amrita Yoga									

5		Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Pynmana, Myanmar Sun 19 Sutra 94	
Kanya Rasi: 8.13	Tithi 6 – 7	Gulika 10:22AM – 12:00PM	Uttaraphalguni Until 8:57AM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM			Vilamba 5120	
		Yama 7:07AM – 8:45AM	Parigha* Until 12:19PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM			Moon 6 - Phase 13	
		453242362 Rahu 12:00PM – 1:37PM	Gara Until 2:49AM Thu	Nataraja: Clear			3rd Phase		
Creative Work	Amrita Yoga	Shashthi* Until 3:24PM		Moon – Red			Devaloka Day		
Until 8:57AM				Ashada*Adi					
Then Routine Work - Marana Yoga									

Retreat Star		Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pynmana, Myanmar Sun 20 Sutra 95	
Kanya Rasi: 21.51	Tithi 7 – 8	Gulika 8:45AM – 10:22AM	Hasta Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM			Vilamba 5120	
		Yama 5:30AM – 7:08AM	Shiva Until 10:24AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM			Moon 6 - Phase 13	
		463242362 Rahu 1:37PM – 3:15PM	Visti Until 2:10AM Fri	Nataraja: Clear			Ashtami		
Routine Work	Marana Yoga	Saptami Until 2:23PM		Moon – Green			Sivaloka Day		
Until 8:38AM				Ashada*Adi					
Then Creative Work - Siddha Yoga									

Retreat Star		Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pynmana, Myanmar Sun 21 Sutra 96	
Tula Rasi: 5.05	Tithi 8 – 9	Gulika 7:08AM – 8:45AM	Chitra Until 8:55AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM			Vilamba 5120	
		Yama 3:15PM – 4:52PM	Siddha Until 9:03AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM			Moon 6 - Phase 13	
		463242362 Rahu 10:23AM – 12:00PM	Balava Until 2:15AM Sat	Nataraja: Clear			Navami		
Creative Work	Siddha Yoga	Ashtami* Until 2:06PM		Moon – Green			Sivaloka Day		
				Ashada*Adi					



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila Karana Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 105

Makara Rasi: 24.06 Tithi 17

Gulika 3:13PM – 4:50PM
Yama 12:00PM – 1:37PM
493342362 **Rahu** 4:50PM – 6:27PM

Dhanishtha Until 7:21AM Mon
Ayushman Until 1:47PM
Taitila Until 6:24PM
Dvitiya Until 7:32AM Mon

Ganesha: Blue *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Purple

Moon 7 - Phase 15
1st Phase

Routine Work Marana Yoga
Until 7:21AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

Ashada-Adi

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 106

Kumbha Rasi: 5.59 Tithi 17 – 18
Family Home Evening
494342362 Creative Work Siddha Yoga

Gulika 1:37PM – 3:13PM
Yama 10:23AM – 12:00PM
Rahu 7:10AM – 8:47AM

Dhanishtha Until 7:21AM
Saubhagya Until 2:38PM
Vanija Until 8:37PM
Dvitiya Until 7:32AM

Ganesha: Blue *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Purple

Moon 7 - Phase 15
1st Phase

Devaloka Day

Ashada-Adi

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprosnthapada Nakshatra Sobhana/Athiganda Yoga Vistil/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 107

Kumbha Rasi: 17.59 Tithi 18 – 19
494342362 Routine Work Marana Yoga

Gulika 12:00PM – 1:36PM
Yama 8:47AM – 10:23AM
Rahu 3:13PM – 4:50PM

Shatabhishak Until 9:50AM
Sobhana Until 3:16PM
Bava Until 10:29PM
Tritiya Until 9:35AM

Ganesha: Blue *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Purple

Moon 7 - Phase 15
1st Phase

Devaloka Day

Ashada-Adi

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprosnthapada Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 108

Meena Rasi: 0.08 Tithi 19 – 20
414342362 Creative Work Amrita Yoga

Gulika 10:23AM – 12:00PM
Yama 7:11AM – 8:47AM
Rahu 12:00PM – 1:36PM

Purvaprosnthapada* Until 12:15PM
Athiganda* Until 3:32PM
Kaulava Until 11:54PM
Chaturthi* Until 11:14AM

Ganesha: White *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Clear

Moon 7 - Phase 15
1st Phase

Devaloka Day

Ashada-Adi

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprosnthapada/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 109

Meena Rasi: 12.28 Tithi 20 – 21
414342362 Creative Work Siddha Yoga

Gulika 8:47AM – 10:23AM
Yama 5:34AM – 7:11AM
Rahu 1:36PM – 3:13PM

Uttaraprosnthapada Until 2:01PM
Sukarma Until 3:25PM
Gara Until 12:47AM Fri
Panchami Until 12:24PM

Ganesha: White *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:25PM
Nataraja: Clear
Moon – Clear

Moon 7 - Phase 15
1st Phase

Devaloka Day

Ashada-Adi

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula Yoga Vanija/Vistil Karana Shashthi/Saplamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 110

Meena Rasi: 25.04 Tithi 21 – 22
414342362 Creative Work Siddha Yoga

Gulika 7:11AM – 8:47AM
Yama 3:12PM – 4:49PM
Rahu 10:23AM – 12:00PM

Revati Until 3:04PM
Dhriti Until 2:52PM
Vistil Until 1:03AM Sat
Shashthi* Until 12:59PM

Ganesha: White *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:25PM
Nataraja: Clear
Moon – Clear

Moon 7 - Phase 15
1st Phase

Devaloka Day

Ashada-Adi

6

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 111

Mesha Rasi: 7.58 Tithi 22 – 23
424342362 Creative Work Siddha Yoga

Gulika 5:35AM – 7:11AM
Yama 1:36PM – 3:12PM
Rahu 8:47AM – 10:23AM

Ashvini Until 3:48PM
Shula* Until 1:46PM
Balava Until 12:39AM Sun
Sapthami Until 12:55PM

Ganesha: Clear *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – White

Moon 7 - Phase 15
Ashtami

Sivaloka Day

Ashada-Adi

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 112

Mesha Rasi: 21.12 Tithi 23 – 24
424342362 Routine Work Prabalarishta Yoga

Gulika 3:12PM – 4:48PM
Yama 12:00PM – 1:36PM
Rahu 4:48PM – 6:24PM

Bharani Until 3:42PM
Ganda* Until 12:08PM
Taitila Until 11:34PM
Ashtami* Until 12:11PM

Ganesha: Clear *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – White

Moon 7 - Phase 15
Navami

Sivaloka Day

Ashada-Adi

Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Pyinmana, Myanmar Sun 8 Sutra 113 Vilamba 5120
1		Gulika 1:35PM – 3:12PM	Krittika Until 2:47PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	
Vrishabha Rasi: 4.49	Tithi 24 – 25	Yama 10:23AM – 11:59AM	Vriddhi Until 9:59AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 16
Family Home Evening	424342362	Rahu 7:11AM – 8:47AM	Vanija Until 9:49PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Navami* Until 10:46AM	Moon – White		Sivaloka Day
Until 2:47PM				Ashada-Adi		
Then Creative Work - Amrita Yoga						

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 114 Vilamba 5120
2		Gulika 11:59AM – 1:35PM	Rohini Until 1:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	
Vrishabha Rasi: 18.5	Tithi 25 – 26	Yama 8:47AM – 10:23AM	Dhruva Until 7:15AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 16
	434342362	Rahu 3:11PM – 4:47PM	Bava Until 7:28PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Dashami Until 8:42AM	Moon – Yellow		Devaloka Day
Until 1:31PM				Ashada-Adi		
Then Creative Work - Siddha Yoga						

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 115 Vilamba 5120
3		Gulika 10:23AM – 11:59AM	Mrigashira Until 11:34AM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	
Mithuna Rasi: 3.16	Tithi 26 – 27	Yama 7:12AM – 8:48AM	Harshana Until 12:31AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 16
	434342362	Rahu 11:59AM – 1:35PM	Taitila Until 2:58AM Thu	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 6:04AM	Moon – Yellow		Devaloka Day
				Ashada-Adi		

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 116 Vilamba 5120
4		Gulika 8:48AM – 10:23AM	Ardra Until 9:03AM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	
Mithuna Rasi: 18.01	Tithi 28	Yama 5:36AM – 7:12AM	Vajra* Until 8:39PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 16
	434342362	Rahu 1:35PM – 3:11PM	Gara Until 1:18PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Trayodashi* Until 11:32PM	Moon – Yellow		Devaloka Day
Until 9:03AM				Ashada-Adi		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>		

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 117 Vilamba 5120
5		Gulika 7:12AM – 8:48AM	Punarvasu Until 6:30AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:36AM	
Kataka Rasi: 3.01	Tithi 29	Yama 3:10PM – 4:46PM	Siddhi Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 16
	444342362	Rahu 10:23AM – 11:59AM	Visti Until 9:46AM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Chaturdashi* Until 7:55PM	Moon – Blue		Devaloka Day
Until 6:30AM				Ashada-Adi		
Then Routine Work - Marana Yoga						

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Pyinmana, Myanmar Sun 13 Sutra 118 Vilamba 5120
Retreat Star		Gulika 5:37AM – 7:12AM	Ashlesha* Until 12:43AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:37AM	
Kataka Rasi: 18.07	Tithi 30 – 1	Yama 1:34PM – 3:10PM	Vyatipata* Until 12:30PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 7 - Phase 16
	444342362	Rahu 8:48AM – 10:23AM	Catuspada Until 6:06AM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga			Amavasya* Until 4:15PM	Moon – Blue		Devaloka Day
				Ashada-Adi		
		Partial Solar Eclipse				

Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pyinmana, Myanmar Sun 14 Sutra 119 Vilamba 5120
Retreat Star		Gulika 3:10PM – 4:45PM	Magha* Until 10:14PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	
Simha Rasi: 3.13	Tithi 1 – 2	Yama 11:59AM – 1:34PM	Variyan Until 8:28AM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 16
	455342362	Rahu 4:45PM – 6:20PM	Balava Until 11:02PM	Nataraja: Clear		Prathama
Routine Work Marana Yoga			Prathama* Until 12:42PM	Moon – Red		Sivaloka Day
Until 10:14PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pyinmana, Myanmar Sun 15 Sutra 120 Vilamba 5120
1	Simha Rasi: 18.07 Tithi 2 - 3 Family Home Evening Creative Work Siddha Yoga	Gulika 1:34PM - 3:09PM Yama 10:23AM - 11:58AM Rahu 7:12AM - 8:48AM	Purvaphalguni Until 7:56PM Shiva Until 1:07AM Tue Taitila Until 7:57PM Dvitiya Until 9:25AM	Ganesha: Clear Sunrise: 5:37AM Muruga: Clear Sunset: 6:20PM Nataraja: Clear Moon - Red Sivaloka Day Savana-Adi

Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Gara/Visti* Karana Tritiya/Chaturthiyam Titau		Pyinmana, Myanmar Sun 16 Sutra 121 Vilamba 5120
2	Kanya Rasi: 2.44 Tithi 3 - 4 Creative Work Amrita Yoga Until 6:00PM Then Creative Work - Siddha Yoga	Gulika 11:58AM - 1:34PM Yama 8:48AM - 10:23AM Rahu 3:09PM - 4:44PM	Uttaraphalguni Until 6:00PM Siddha Until 10:02PM Visti Until 4:16AM Wed Tritiya Until 6:34AM	Ganesha: Clear Sunrise: 5:37AM Muruga: Clear Sunset: 6:19PM Nataraja: Clear Moon - Red Sivaloka Day Savana-Adi

Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Pyinmana, Myanmar Sun 17 Sutra 122 Vilamba 5120
3	Kanya Rasi: 16.57 Tithi 5 Routine Work Marana Yoga Until 5:00PM Then Creative Work - Siddha Yoga	Gulika 10:23AM - 11:58AM Yama 7:13AM - 8:48AM Rahu 11:58AM - 1:33PM	Hasta Until 5:00PM Sadhya Until 7:30PM Bava Until 3:23PM Panchami Until 2:40AM Thu	Ganesha: Purple Sunrise: 5:37AM Muruga: Clear Sunset: 6:19PM Nataraja: Clear Moon - Green Subha Sivaloka Day Savana-Adi

Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau		Pyinmana, Myanmar Sun 18 Sutra 123 Vilamba 5120
4	Tula Rasi: 0.44 Tithi 6 Creative Work Siddha Yoga Until 4:35PM Then Creative Work - Amrita Yoga	Gulika 8:48AM - 10:23AM Yama 5:38AM - 7:13AM Rahu 1:33PM - 3:08PM	Chitra Until 4:35PM Subha Until 5:35PM Kaulava Until 2:10PM Shashthi* Until 1:50AM Fri	Ganesha: Purple Sunrise: 5:38AM Muruga: Clear Sunset: 6:18PM Nataraja: Clear Moon - Green Subha Sivaloka Day Savana-Adi

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau		Pyinmana, Myanmar Sun 19 Sutra 124 Vilamba 5120
5	Tula Rasi: 14.03 Tithi 7 Creative Work Siddha Yoga	Gulika 7:13AM - 8:48AM Yama 3:08PM - 4:43PM Rahu 10:23AM - 11:58AM	Svati Until 4:48PM Sukla Until 4:18PM Gara Until 1:44PM Saptami Until 1:49AM Sat	Ganesha: Purple Sunrise: 5:38AM Muruga: Clear Sunset: 6:18PM Nataraja: Clear Moon - Green Subha Sivaloka Day Savana-Avani

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau		Pyinmana, Myanmar Sun 20 Sutra 125 Vilamba 5120
Retreat Star	Tula Rasi: 26.57 Tithi 8 Creative Work Siddha Yoga	Gulika 5:38AM - 7:13AM Yama 1:32PM - 3:07PM Rahu 8:48AM - 10:23AM	Vishakha Until 6:07PM Brahma Until 3:39PM Visti Until 2:08PM Ashtami* Until 2:35AM Sun	Ganesha: Purple Sunrise: 5:38AM Muruga: Clear Sunset: 6:17PM Nataraja: Clear Moon - Orange Subha Sivaloka Day Savana-Avani

Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau		Pyinmana, Myanmar Sun 21 Sutra 126 Vilamba 5120
Retreat Star	Vrischika Rasi: 9.29 Tithi 9 Routine Work Marana Yoga	Gulika 3:07PM - 4:42PM Yama 11:57AM - 1:32PM Rahu 4:42PM - 6:16PM	Anuradha Until 8:00PM Indra Until 3:36PM Balava Until 3:16PM Navami* Until 4:03AM Mon	Ganesha: Clear Sunrise: 5:38AM Muruga: Clear Sunset: 6:16PM Nataraja: Clear Moon - Orange Sivaloka Day Savana-Avani

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau		Pynmana, Myanmar Sun 22 Sutra 127 Vilamba 5120	
1	Vrischika Rasi: 21.43 Tithi 10 Family Home Evening Creative Work Siddha Yoga	Gulika 1:32PM – 3:06PM Yama 10:22AM – 11:57AM Rahu 7:13AM – 8:48AM	Jyeshtha* Until 10:18PM Vaidhriti* Until 4:00PM Taitila Until 5:02PM Dashami Until 6:05AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 5:38AM Sunset: 6:16PM Moon 7 - Phase 18 4th Phase
				Sivaloka Day Sravana-Avani	

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Pynmana, Myanmar Sun 23 Sutra 128 Vilamba 5120	
2	Dhanus Rasi: 3.45 Tithi 10 – 11 586442362 Creative Work Amrita Yoga	Gulika 11:57AM – 1:31PM Yama 8:48AM – 10:22AM Rahu 3:06PM – 4:40PM	Mula* Until 1:20AM Wed Vishkambha* Until 4:47PM Vanija Until 7:16PM Dashami Until 6:05AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:39AM Sunset: 6:15PM Moon 7 - Phase 18 4th Phase
				Sivaloka Day Sravana-Avani	

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Pynmana, Myanmar Sun 24 Sutra 129 Vilamba 5120	
3	Dhanus Rasi: 15.37 Tithi 11 – 12 586442362 Creative Work Amrita Yoga Until 4:26AM Thu Then Routine Work - Marana Yoga	Gulika 10:22AM – 11:57AM Yama 7:13AM – 8:48AM Rahu 11:57AM – 1:31PM	Purvashadha* Until 4:26AM Thu Priti Until 5:49PM Bava Until 9:47PM Ekadashi Until 8:29AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:39AM Sunset: 6:14PM Moon 7 - Phase 18 4th Phase
				Sivaloka Day Sravana-Avani	

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Pynmana, Myanmar Sun 25 Sutra 130 Vilamba 5120	
4	Dhanus Rasi: 27.25 Tithi 12 – 13 586442362 Routine Work Marana Yoga	Gulika 8:48AM – 10:22AM Yama 5:39AM – 7:13AM Rahu 1:31PM – 3:05PM	Uttarashadha Until 7:25AM Fri Ayushman Until 6:53PM Kaulava Until 12:24AM Fri Dvadashi Until 11:04AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:39AM Sunset: 6:14PM Moon 7 - Phase 18 4th Phase
				Sivaloka Day Sravana-Avani	
<i>Pradosha Vrata</i>					

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Pynmana, Myanmar Sun 26 Sutra 131 Vilamba 5120	
5	Makara Rasi: 9.13 Tithi 13 – 14 586442362 Routine Work Marana Yoga	Gulika 7:13AM – 8:48AM Yama 3:04PM – 4:39PM Rahu 10:22AM – 11:56AM	Uttarashadha Until 7:25AM Saubhagya Until 7:57PM Gara Until 2:56AM Sat Trayodashi Until 1:40PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:39AM Sunset: 6:13PM Moon 7 - Phase 18 4th Phase
				Sivaloka Day Sravana-Avani	
Chidambaram Abhishekam					

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pynmana, Myanmar Sun 27 Sutra 132 Vilamba 5120	
6	Makara Rasi: 21.02 Tithi 14 – 15 596442362 Creative Work Siddha Yoga	Gulika 5:39AM – 7:13AM Yama 1:30PM – 3:04PM Rahu 8:48AM – 10:22AM	Shravana Until 10:37AM Sobhana Until 8:54PM Visti Until 5:16AM Sun Chaturdashi* Until 4:07PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:39AM Sunset: 6:12PM Moon 7 - Phase 18 4th Phase
				Subha Sivaloka Day Sravana-Avani	
Avani Avittam					

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Athiganda* Yoga Bava Karana Purnimayam Titau		Pynmana, Myanmar Sutra 133 Vilamba 5120	
○	Copper Retreat Star Kumbha Rasi: 2.57 Tithi 15 596442362 Routine Work Marana Yoga Until 1:25PM Then Creative Work - Siddha Yoga	Gulika 3:04PM – 4:38PM Yama 11:55AM – 1:29PM Rahu 4:38PM – 6:12PM	Dhanishtha Until 1:25PM Athiganda* Until 9:35PM Bava Until 6:17PM Purnima* Until 6:17PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:39AM Sunset: 6:12PM Moon 7 - Phase 18 Purnima
				Subha Sivaloka Day Sravana-Avani	
Raksha Bandhan					

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaprossthapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau		Pynmana, Myanmar Sutra 134 Vilamba 5120	
○	Silver Retreat Star Kumbha Rasi: 14.59 Tithi 16 596442362 Family Home Evening Creative Work Siddha Yoga Until 3:43PM Then Routine Work - Marana Yoga	Gulika 1:29PM – 3:03PM Yama 10:21AM – 11:55AM Rahu 7:13AM – 8:47AM	Shatabhishak Until 3:43PM Sukarma Until 10:01PM Balava Until 7:16AM Prathama* Until 8:06PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:40AM Sunset: 6:11PM Moon 7 - Phase 18 Prathama
				Subha Sivaloka Day Sravana-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 27.11 Tithi 17

517442363

Gulika

11:55AM - 1:29PM

Yama

8:47AM - 10:21AM

Rahu

3:02PM - 4:36PM

Purvaproshtapada* Until 5:57PM

Dhriti Until 10:08PM

Taitila Until 8:53AM

Dvitiya Until 9:30PM

Ganesha: Clear

Sunrise: 5:40AM

Muruqa: Clear

Sunset: 6:10PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Devaloka Day

Routine Work Marana Yoga

Until 5:57PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Vanija/Visli* Karana Tritiyayam Titau

Pyinmana, Myanmar

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 9.33 Tithi 18

517452363

Gulika

10:21AM - 11:55AM

Yama

7:14AM - 8:47AM

Rahu

11:55AM - 1:28PM

Uttaraproshtapada Until 7:36PM

Shula* Until 9:52PM

Vanija Until 10:04AM

Tritiya Until 10:28PM

Ganesha: Clear

Sunrise: 5:40AM

Muruqa: Purple

Sunset: 6:09PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:36PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 22.08 Tithi 19

517452363

Gulika

8:47AM - 10:21AM

Yama

5:40AM - 7:14AM

Rahu

1:28PM - 3:01PM

Revati Until 8:39PM

Ganda* Until 9:16PM

Bava Until 10:48AM

Chaturthi* Until 10:59PM

Ganesha: Clear

Sunrise: 5:40AM

Muruqa: Purple

Sunset: 6:09PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 8:39PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 4.55 Tithi 20

527452363

Gulika

7:14AM - 8:47AM

Yama

3:01PM - 4:34PM

Rahu

10:21AM - 11:54AM

Ashvini Until 9:34PM

Vriddhi Until 8:19PM

Kaulava Until 11:05AM

Panchami Until 11:01PM

Ganesha: Purple

Sunrise: 5:40AM

Muruqa: Purple

Sunset: 6:08PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Creative Work Amrita Yoga

Until 9:34PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 17.56 Tithi 21

527452363

Gulika

5:40AM - 7:14AM

Yama

1:27PM - 3:00PM

Rahu

8:47AM - 10:20AM

Bharani Until 9:50PM

Dhruva Until 6:58PM

Gara Until 10:53AM

Shashthi* Until 10:35PM

Ganesha: Purple

Sunrise: 5:40AM

Muruqa: Purple

Sunset: 6:07PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 9:50PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 1.12 Tithi 22

527452363

Gulika

3:00PM - 4:33PM

Yama

11:53AM - 1:27PM

Rahu

4:33PM - 6:06PM

Krittika Until 9:29PM

Vyaghata* Until 5:13PM

Visti Until 10:11AM

Saptami Until 9:38PM

Ganesha: Purple

Sunrise: 5:40AM

Muruqa: Purple

Sunset: 6:06PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 14.45 Tithi 23

537452363

Gulika

1:26PM - 2:59PM

Yama

10:20AM - 11:53AM

Rahu

7:14AM - 8:47AM

Rohini Until 8:54PM

Harshana Until 3:05PM

Balava Until 8:59AM

Ashtami* Until 8:11PM

Ganesha: Clear

Sunrise: 5:40AM

Muruqa: Purple

Sunset: 6:06PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrishabha Rasi: 28.37 Tithi 24

538452363

Gulika

11:53AM - 1:26PM

Yama

8:47AM - 10:20AM

Rahu

2:59PM - 4:32PM

Mrigashira Until 7:42PM

Vajra* Until 12:30PM

Taitila Until 7:18AM

Navami* Until 6:15PM

Ganesha: White

Sunrise: 5:41AM

Muruqa: Purple

Sunset: 6:05PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Until 7:42PM

Then Routine Work - Marana Yoga

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipata* Yoga Vistit*/Bava Karana Dashami/Ekadashyam Titau				Pynmana, Myanmar Sun 9 Sutra 143
	Mithuna Rasi: 12.46	Tithi 25 – 26	Gulika	10:19AM – 11:52AM	Ardra Until 5:55PM	Ganesha: White	Sunrise: 5:41AM Vilamba 5120
			Yama	7:14AM – 8:47AM	Siddhi Until 9:34AM	Muruqa: Purple	Sunset: 6:04PM Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu	11:52AM – 1:25PM	Bava Until 2:31AM Thu Dashami Until 3:51PM	Nataraja: Purple Moon – Yellow	2nd Phase Devaloka Day

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyalipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pynmana, Myanmar Sun 10 Sutra 144
	Mithuna Rasi: 27.13	Tithi 26 – 27	Gulika	8:46AM – 10:19AM	Punarvasu Until 4:01PM	Ganesha: Yellow	Sunrise: 5:41AM Vilamba 5120
			Yama	5:41AM – 7:14AM	Vyatipata* Until 6:18AM	Muruqa: Purple	Sunset: 6:03PM Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu	1:25PM – 2:58PM	Kaulava Until 11:35PM Ekadashi* Until 1:04PM	Nataraja: Purple Moon – Blue	2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Pynmana, Myanmar Sun 11 Sutra 145
	Kataka Rasi: 11.54	Tithi 27 – 28	Gulika	7:14AM – 8:46AM	Pushya Until 1:42PM	Ganesha: Yellow	Sunrise: 5:41AM Vilamba 5120
			Yama	2:57PM – 4:30PM	Parigha* Until 11:01PM	Muruqa: Purple	Sunset: 6:02PM Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu	10:19AM – 11:52AM	Gara Until 8:25PM Dvadashi* Until 10:00AM	Nataraja: Purple Moon – Blue	2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

Pradosha Vrata (Fasting)

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 12 Sutra 146
	Kataka Rasi: 26.44	Tithi 28 – 29	Gulika	5:41AM – 7:14AM	Ashlesha* Until 11:07AM	Ganesha: Yellow	Sunrise: 5:41AM Vilamba 5120
			Yama	1:24PM – 2:57PM	Shiva Until 7:14PM	Muruqa: Purple	Sunset: 6:02PM Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu	8:46AM – 10:19AM	Sakuni Until 3:29AM Sun Trayodashi* Until 6:46AM	Nataraja: Purple Moon – Blue	2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pynmana, Myanmar Sun 13 Sutra 147
	Retreat Star		Gulika	2:56PM – 4:28PM	Magha* Until 8:46AM	Ganesha: Red	Sunrise: 5:41AM Vilamba 5120
	Simha Rasi: 11.37	Tithi 30	Yama	11:51AM – 1:23PM	Siddha Until 3:27PM	Muruqa: Purple	Sunset: 6:01PM Moon 8 - Phase 20
	Routine Work	Marana Yoga	558452363 Rahu	4:28PM – 6:01PM	Catuspada Until 1:53PM Amavasya* Until 12:18AM Mon	Nataraja: Purple Moon – Red	Amavasya Bhuloka Day Devaloka Time: 9:AM to12:PM

Grandparent's Day

Retreat Star	Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Pynmana, Myanmar Sun 14 Sutra 148
	Simha Rasi: 26.23	Tithi 1	Gulika	1:23PM – 2:55PM	Purvaphalguni Until 6:26AM	Ganesha: Red	Sunrise: 5:41AM Vilamba 5120
	Family Home Evening		Yama	10:18AM – 11:51AM	Sadhya Until 11:50AM	Muruqa: Purple	Sunset: 6:00PM Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 Rahu	7:14AM – 8:46AM	Kintughna Until 10:49AM Prathama* Until 9:22PM	Nataraja: Purple Moon – Red	Prathama Bhuloka Day Devaloka Time: 9:AM to12:PM

Bhadrapada-Avani

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1		Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hashta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Pyinmana, Myanmar Sun 15 Sutra 149 Vilamba 5120	
Kanya Rasi: 10.56	Tithi 2	Gulika	11:50AM – 1:23PM	Hasta Until 2:51AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:41AM	
		Yama	8:46AM – 10:18AM	Subha Until 8:32AM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 21
		569452363 Rahu	2:55PM – 4:27PM	Balava Until 8:04AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 6:52PM	Moon – Green		Bhuloka Day
					Bhadrapada-Avani		

2		Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Pyinmana, Myanmar Sun 16 Sutra 150 Vilamba 5120	
Kanya Rasi: 25.1	Tithi 3 – 4	Gulika	10:18AM – 11:50AM	Chitra Until 1:53AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:41AM	
		Yama	7:14AM – 8:46AM	Brahma Until 3:11AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 21
		569452363 Rahu	11:50AM – 1:22PM	Vanija Until 4:12AM Thu	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 4:55PM	Moon – Green		Bhuloka Day
Until 1:53AM Thu					Bhadrapada-Avani		
Then Creative Work - Amrita Yoga							

3		Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau		Pyinmana, Myanmar Sun 17 Sutra 151 Vilamba 5120	
Tula Rasi: 8.59	Tithi 4 – 5	Gulika	8:46AM – 10:18AM	Svati Until 1:30AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:42AM	
		Yama	5:42AM – 7:14AM	Indra Until 1:22AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 21
		569452363 Rahu	1:22PM – 2:54PM	Bava Until 3:20AM Fri	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga			Chaturthi* Until 3:39PM	Moon – Green		Bhuloka Day
Until 1:30AM Fri					Bhadrapada-Avani		
Then Creative Work - Siddha Yoga							

4		Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pyinmana, Myanmar Sun 18 Sutra 152 Vilamba 5120	
Tula Rasi: 22.23	Tithi 5 – 6	Gulika	7:14AM – 8:45AM	Vishakha Until 2:14AM Sat	Ganesha: White	<i>Sunrise:</i> 5:42AM	
		Yama	2:53PM – 4:25PM	Vaidhriti* Until 12:11AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 21
		579552363 Rahu	10:17AM – 11:49AM	Kaulava Until 3:17AM Sat	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Panchami Until 3:11PM	Moon – Orange		Devaloka Day
					Bhadrapada-Avani		

5		Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Pyinmana, Myanmar Sun 19 Sutra 153 Vilamba 5120	
Vrischika Rasi: 5.2	Tithi 6 – 7	Gulika	5:42AM – 7:14AM	Anuradha Until 3:36AM Sun	Ganesha: White	<i>Sunrise:</i> 5:42AM	
		Yama	1:21PM – 2:52PM	Vishkambha* Until 11:40PM	Muruqa: Purple	<i>Sunset:</i> 5:56PM	Moon 8 - Phase 21
		579552363 Rahu	8:45AM – 10:17AM	Gara Until 4:04AM Sun	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 3:33PM	Moon – Orange		Devaloka Day
Until 3:36AM Sun					Bhadrapada-Avani		
Then Routine Work - Marana Yoga							

6		Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Vistri* Karana Saptami/Ashtamyam Titau		Pyinmana, Myanmar Sun 20 Sutra 154 Vilamba 5120	
Vrischika Rasi: 17.53	Tithi 7 – 8	Gulika	2:52PM – 4:24PM	Jyeshtha* Until 5:32AM Mon	Ganesha: White	<i>Sunrise:</i> 5:42AM	
		Yama	11:49AM – 1:20PM	Priti Until 11:45PM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 21
		579552363 Rahu	4:24PM – 5:55PM	Vistri Until 5:35AM Mon	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga			Saptami Until 4:43PM	Moon – Orange		Devaloka Day
Until 5:32AM Mon					Bhadrapada-Avani		
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava Karana Ashtamyam Titau		Pyinmana, Myanmar Sun 21 Sutra 155 Vilamba 5120	
Dhanus Rasi: 0.08	Tithi 8	Gulika	1:20PM – 2:51PM	Mula* Until 8:22AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
Family Home Evening		Yama	10:17AM – 11:48AM	Ayushman Until 12:17AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 21
		589552363 Rahu	7:14AM – 8:45AM	Bava Until 6:34PM	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 6:34PM	Moon – Light Blue		Bhuloka Day
					Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM

Retreat Star		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Pyinmana, Myanmar Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 12.08	Tithi 9	Gulika	11:48AM – 1:19PM	Mula* Until 8:22AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
		Yama	8:45AM – 10:16AM	Saubhagya Until 1:10AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 21
		581552363 Rahu	2:51PM – 4:22PM	Balava Until 7:42AM	Nataraja: Purple		Navami
Creative Work	Amrita Yoga			Navami* Until 8:54PM	Moon – Light Blue		Bhuloka Day
Until 8:22AM					Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Pynmana, Myanmar Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 24	Tithi 10	Gulika 10:16AM – 11:47AM	Purvashadha* Until 11:24AM	Ganesha: Clear <i>Sunrise: 5:42AM</i>	Muruqa: Purple <i>Sunset: 5:53PM</i>	Moon 8 - Phase 22
			Yama 7:14AM – 8:45AM	Sobhana Until 2:14AM Thu	Nataraja: Purple		4th Phase
	581552363	Rahu 11:47AM – 1:19PM		Taitila Until 10:12AM	Moon – Light Blue	Bhuloka Day Devaloka Time: 9:AM to12:PM	
Creative Work Amrita Yoga			Dashami Until 11:30PM	Bhadrapada*Puratasi			

2	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Pynmana, Myanmar Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 5.47	Tithi 11	Gulika 8:45AM – 10:16AM	Uttarashadha Until 2:22PM	Ganesha: Clear <i>Sunrise: 5:42AM</i>	Muruqa: Purple <i>Sunset: 5:52PM</i>	Moon 8 - Phase 22
			Yama 5:42AM – 7:14AM	Athiganda* Until 3:16AM Fri	Nataraja: Purple		4th Phase
	581552363	Rahu 1:18PM – 2:50PM		Vanija Until 12:50PM	Moon – Light Blue	Bhuloka Day Devaloka Time: 9:AM to12:PM	
Routine Work Marana Yoga Until 2:22PM Then Creative Work - Siddha Yoga			Ekadashi Until 2:06AM Fri	Bhadrapada*Puratasi			

3	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Pynmana, Myanmar Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 17.36	Tithi 12	Gulika 7:14AM – 8:45AM	Shravana Until 5:34PM	Ganesha: Purple <i>Sunrise: 5:42AM</i>	Muruqa: Purple <i>Sunset: 5:51PM</i>	Moon 8 - Phase 22
			Yama 2:49PM – 4:20PM	Sukarma Until 4:09AM Sat	Nataraja: Purple		4th Phase
	591552363	Rahu 10:16AM – 11:47AM		Bava Until 3:22PM	Moon – Purple	Devaloka Day	
Routine Work Marana Yoga Until 5:34PM Then Creative Work - Siddha Yoga			Dvadashi Until 4:31AM Sat	Bhadrapada*Puratasi			

4	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pynmana, Myanmar Sun 26 Sutra 160 Vilamba 5120
	Makara Rasi: 29.29	Tithi 13	Gulika 5:43AM – 7:13AM	Dhanishtha Until 8:19PM	Ganesha: Purple <i>Sunrise: 5:43AM</i>	Muruqa: Purple <i>Sunset: 5:50PM</i>	Moon 8 - Phase 22
			Yama 1:17PM – 2:48PM	Dhriti Until 4:46AM Sun	Nataraja: Purple		4th Phase
	591552363	Rahu 8:44AM – 10:15AM		Kaulava Until 5:37PM	Moon – Purple	Devaloka Day	
Creative Work Siddha Yoga Until 8:19PM Then Creative Work - Amrita Yoga			Trayodashi Until 6:34AM Sun	Bhadrapada*Puratasi			
<i>Pradosha Vrata</i>							

5	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 11.32	Tithi 13 – 14	Gulika 2:48PM – 4:19PM	Shatabhishak Until 10:29PM	Ganesha: Purple <i>Sunrise: 5:43AM</i>	Muruqa: Purple <i>Sunset: 5:50PM</i>	Moon 8 - Phase 22
			Yama 11:46AM – 1:17PM	Shula* Until 5:00AM Mon	Nataraja: Purple		4th Phase
	591552363	Rahu 4:19PM – 5:50PM		Gara Until 7:27PM	Moon – Purple	Devaloka Day	
Creative Work Siddha Yoga		Chidambaram Abhishekam Kadaitswami Mahasamadhi	Trayodashi Until 6:34AM	Bhadrapada*Puratasi			

○	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pynmana, Myanmar Sutra 162 Vilamba 5120
	Copper Retreat Star		Gulika 1:16PM – 2:47PM	Purvaproshtpada* Until 12:29AM Tue	Ganesha: Purple <i>Sunrise: 5:43AM</i>	Muruqa: Purple <i>Sunset: 5:49PM</i>	Moon 8 - Phase 22
	Kumbha Rasi: 23.46	Tithi 14 – 15	Yama 10:15AM – 11:46AM	Ganda* Until 4:52AM Tue	Nataraja: Purple		Purnima
	511552363	Rahu 7:13AM – 8:44AM		Visti Until 8:46PM	Moon – Clear	Devaloka Day	
Routine Work Marana Yoga Until 12:29AM Tue Then Creative Work - Amrita Yoga			Chaturdashi* Until 8:09AM	Bhadrapada*Puratasi			

○	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pynmana, Myanmar Sutra 163 Vilamba 5120
	Silver Retreat Star		Gulika 11:45AM – 1:16PM	Uttaraproshtpada Until 1:49AM Wed	Ganesha: Purple <i>Sunrise: 5:43AM</i>	Muruqa: Purple <i>Sunset: 5:48PM</i>	Moon 8 - Phase 22
	Meena Rasi: 6.12	Tithi 15 – 16	Yama 8:44AM – 10:15AM	Vriddhi Until 4:20AM Wed	Nataraja: Purple		Prathama
	511552363	Rahu 2:47PM – 4:17PM		Balava Until 9:34PM	Moon – Clear	Devaloka Day	
Creative Work Amrita Yoga Until 1:49AM Wed Then Routine Work - Marana Yoga			Purnima* Until 9:13AM	Bhadrapada*Puratasi			



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 164

Meena Rasi: 18.53 Tithi 16 – 17

Gulika 10:15AM – 11:45AM
Yama 7:13AM – 8:44AM
Rahu 11:45AM – 1:16PM

Revati Until 2:32AM Thu
Dhruva Until 3:24AM Thu
Taitila Until 9:53PM
Prathama* Until 9:46AM

Ganesha: Purple Sunrise: 5:43AM
Muruga: Purple Sunset: 5:47PM
Nataraja: Purple
Moon – Clear

Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 2:32AM Thu
Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 165

Mesha Rasi: 1.47 Tithi 17 – 18

Gulika 8:44AM – 10:14AM
Yama 5:43AM – 7:13AM
Rahu 1:15PM – 2:45PM

Ashvini Until 3:08AM Fri
Vyaghata* Until 2:09AM Fri
Vanija Until 9:46PM
Dvitiya Until 9:51AM

Ganesha: Clear Sunrise: 5:43AM
Muruga: Purple Sunset: 5:46PM
Nataraja: Purple
Moon – White

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 3:08AM Fri
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 166

Mesha Rasi: 14.53 Tithi 18 – 19

Gulika 7:13AM – 8:44AM
Yama 2:45PM – 4:15PM
Rahu 10:14AM – 11:44AM

Bharani Until 3:13AM Sat
Harshana Until 12:37AM Sat
Bava Until 9:15PM
Tritiya Until 9:32AM

Ganesha: Purple Sunrise: 5:43AM
Muruga: Purple Sunset: 5:46PM
Nataraja: Purple
Moon – White

Moon 9 - Phase 23
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 3:13AM Sat
Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 167

Mesha Rasi: 28.12 Tithi 19 – 20

Gulika 5:43AM – 7:14AM
Yama 1:14PM – 2:44PM
Rahu 8:44AM – 10:14AM

Krittika Until 2:50AM Sun
Vajra* Until 10:47PM
Kaulava Until 8:24PM
Chatrthi* Until 8:51AM

Ganesha: Clear Sunrise: 5:43AM
Muruga: Purple Sunset: 5:45PM
Nataraja: Purple
Moon – White

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 168

Vrishabha Rasi: 11.41 Tithi 20 – 21

Gulika 2:44PM – 4:14PM
Yama 11:44AM – 1:14PM
Rahu 4:14PM – 5:44PM

Rohini Until 2:27AM Mon
Siddhi Until 8:44PM
Gara Until 7:15PM
Panchami Until 7:51AM

Ganesha: Purple Sunrise: 5:43AM
Muruga: Purple Sunset: 5:44PM
Nataraja: Purple
Moon – Yellow

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 2:27AM Mon
Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 169

Vrishabha Rasi: 25.21 Tithi 21 – 22

Gulika 1:13PM – 2:43PM
Yama 10:13AM – 11:43AM
Rahu 7:14AM – 8:43AM

Mrigashira Until 1:39AM Tue
Vyatipata* Until 6:27PM
Bava Until 4:58AM Tue
Shashthi* Until 6:33AM

Ganesha: Purple Sunrise: 5:44AM
Muruga: Purple Sunset: 5:43PM
Nataraja: Purple
Moon – Yellow

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 1:39AM Tue
Then Routine Work - Marana Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 170

Mithuna Rasi: 9.11 Tithi 23

Gulika 11:43AM – 1:13PM
Yama 8:43AM – 10:13AM
Rahu 2:43PM – 4:13PM

Ardra Until 12:25AM Wed
Variyan Until 3:56PM
Balava Until 4:06PM
Ashtami* Until 3:07AM Wed

Ganesha: Purple Sunrise: 5:44AM
Muruga: Purple Sunset: 5:42PM
Nataraja: Purple
Moon – Yellow

Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga
Until 12:25AM Wed
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 171

Mithuna Rasi: 23.11 Tithi 24

Gulika 10:13AM – 11:43AM
Yama 7:14AM – 8:43AM
Rahu 11:43AM – 1:12PM

Punarvasu Until 11:12PM
Parigha* Until 1:12PM
Taitila Until 2:07PM
Navami* Until 1:00AM Thu

Ganesha: Clear Sunrise: 5:44AM
Muruga: Purple Sunset: 5:42PM
Nataraja: Purple
Moon – Blue

Moon 9 - Phase 23
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Pynmana, Myanmar Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 7.21	Tithi 25	Gulika 8:43AM – 10:13AM	Pushya Until 9:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM		
		Yama 5:44AM – 7:14AM	Shiva Until 10:16AM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 24	
	642552363	Rahu 1:12PM – 2:42PM	Vanija Until 11:53AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 10:39PM	Moon – Blue		Bhuloka Day	
Until 9:37PM				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Pynmana, Myanmar Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 21.4	Tithi 26	Gulika 7:14AM – 8:43AM	Ashlesha* Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM		
		Yama 2:41PM – 4:11PM	Siddha Until 7:08AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24	
	642552363	Rahu 10:13AM – 11:42AM	Bava Until 9:26AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 8:07PM	Moon – Blue		Bhuloka Day	
				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Pynmana, Myanmar Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 6.06	Tithi 27 – 28	Gulika 5:44AM – 7:14AM	Magha* Until 5:58PM	Ganesha: White	<i>Sunrise:</i> 5:44AM		
		Yama 1:11PM – 2:41PM	Subha Until 12:36AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 24	
	652552363	Rahu 8:43AM – 10:12AM	Kaulava Until 6:50AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 5:29PM	Moon – Red		Bhuloka Day	
Until 5:58PM				Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Pynmana, Myanmar Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 20.35	Tithi 28 – 29	Gulika 2:40PM – 4:09PM	Purvaphalguni Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 5:44AM		
		Yama 11:42AM – 1:11PM	Sukla Until 9:19PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 24	
	652552363	Rahu 4:09PM – 5:39PM	Visti Until 1:35AM Mon	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 2:51PM	Moon – Red		Bhuloka Day	
Until 4:05PM				Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga							

Monday, October 8, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Pynmana, Myanmar Sun 12 Sutra 176 Vilamba 5120	
Kanya Rasi: 5.01	Tithi 29 – 30	Gulika 1:10PM – 2:40PM	Uttaraphalguni Until 2:11PM	Ganesha: White	<i>Sunrise:</i> 5:45AM		
Family Home Evening		Yama 10:12AM – 11:41AM	Brahma Until 6:10PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24	
	652552364	Rahu 7:14AM – 8:43AM	Catuspada Until 11:10PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:20PM	Moon – Red		Bhuloka Day	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM	

Tuesday, October 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pynmana, Myanmar Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 19.17	Tithi 30 – 1	Gulika 11:41AM – 1:10PM	Hasta Until 12:50PM	Ganesha: Red	<i>Sunrise:</i> 5:45AM		
		Yama 8:43AM – 10:12AM	Indra Until 3:17PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24	
	662652364	Rahu 2:39PM – 4:08PM	Kintughna Until 9:06PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 10:04AM	Moon – Green		Devaloka Day	
		Navaratri Begins		Ashvina•Puratasi			

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pynmana, Myanmar Sun 14 Sutra 178	
Tula Rasi: 3.19	Tithi 1 – 2	Gulika 10:12AM – 11:41AM	Chitra Until 11:46AM	Ganesha: Red	<i>Sunrise:</i> 5:45AM	Vilamba 5120	
		Yama 7:14AM – 8:43AM	Vaidhriti* Until 12:43PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25	
		662652364 Rahu 11:41AM – 1:10PM	Balava Until 7:30PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 8:12AM	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Pynmana, Myanmar Sun 15 Sutra 179	
Tula Rasi: 17.02	Tithi 2 – 3	Gulika 8:43AM – 10:12AM	Svati Until 11:07AM	Ganesha: Red	<i>Sunrise:</i> 5:45AM	Vilamba 5120	
		Yama 5:45AM – 7:14AM	Vishkambha* Until 10:37AM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25	
		662652364 Rahu 1:09PM – 2:38PM	Taitila Until 6:30PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 6:54AM	Moon – Green		Devaloka Day	
Until 11:07AM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau		Pynmana, Myanmar Sun 16 Sutra 180	
Vrischika Rasi: 0.22	Tithi 3 – 4	Gulika 7:14AM – 8:43AM	Vishakha Until 11:26AM	Ganesha: White	<i>Sunrise:</i> 5:45AM	Vilamba 5120	
		Yama 2:38PM – 4:06PM	Priti Until 9:05AM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 25	
		673652364 Rahu 10:11AM – 11:40AM	Vanija Until 6:14PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritya Until 6:15AM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Pynmana, Myanmar Sun 17 Sutra 181	
Vrischika Rasi: 13.17	Tithi 4 – 5	Gulika 5:46AM – 7:14AM	Anuradha Until 12:21PM	Ganesha: White	<i>Sunrise:</i> 5:46AM	Vilamba 5120	
		Yama 1:08PM – 2:37PM	Ayushman Until 8:07AM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25	
		673652364 Rahu 8:43AM – 10:11AM	Bava Until 6:45PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 6:22AM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pynmana, Myanmar Sun 18 Sutra 182	
Vrischika Rasi: 25.52	Tithi 5 – 6	Gulika 2:37PM – 4:05PM	Jyeshtha* Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 5:46AM	Vilamba 5120	
		Yama 11:40AM – 1:08PM	Saubhagya Until 7:46AM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25	
		673652364 Rahu 4:05PM – 5:34PM	Kaulava Until 8:01PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 7:16AM	Moon – Orange		Bhuloka Day	
Until 1:51PM				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Pynmana, Myanmar Sun 19 Sutra 183	
Dhanus Rasi: 8.07	Tithi 6 – 7	Gulika 1:08PM – 2:36PM	Mula* Until 4:21PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Vilamba 5120	
Family Home Evening		Yama 10:11AM – 11:39AM	Sobhana Until 7:59AM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25	
		683652364 Rahu 7:14AM – 8:43AM	Gara Until 9:58PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 8:54AM	Moon – Light Blue		Devaloka Day	
Until 4:21PM				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Pynmana, Myanmar Sun 20 Sutra 184	
Dhanus Rasi: 20.07	Tithi 7 – 8	Gulika 11:39AM – 1:07PM	Purvashadha* Until 7:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Vilamba 5120	
		Yama 8:43AM – 10:11AM	Athiganda* Until 8:37AM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25	
		683652364 Rahu 2:36PM – 4:04PM	Vistil Until 12:23AM Wed	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 11:07AM	Moon – Light Blue		Devaloka Day	
Until 7:12PM		Durga Ashtami		Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pynmana, Myanmar Sun 21 Sutra 185	
Makara Rasi: 1.59	Tithi 8 – 9	Gulika 10:11AM – 11:39AM	Uttarashadha Until 10:07PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Vilamba 5120	
		Yama 7:15AM – 8:43AM	Sukarma Until 9:33AM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25	
		683652364 Rahu 11:39AM – 1:07PM	Balava Until 3:02AM Thu	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 1:41PM	Moon – Light Blue		Devaloka Day	
Until 10:07PM		Saraswathi Puja (Tamil Nadu)		Ashvina+Purasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pyinmana, Myanmar Sun 22 Sutra 186 Vilamba 5120		
Makara Rasi: 13.47	Tithi 9 – 10	Gulika 8:43AM – 10:11AM	Shravana Until 1:23AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 26 4th Phase
	693652364	Rahu 1:07PM – 2:35PM	Dhriti Until 10:35AM	Nataraja: Clear		Moon – Purple		
Creative Work	Siddha Yoga		Taitila Until 5:38AM Fri	Ashvina-Aipasi		Bhuloka Day		
		Vijaya Dasami	Navami* Until 4:20PM			Devaloka Time: 6:PM to 9:PM		

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau		Pyinmana, Myanmar Sun 23 Sutra 187 Vilamba 5120		
Makara Rasi: 25.36	Tithi 10	Gulika 7:15AM – 8:43AM	Dhanishtha Until 4:13AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 26 4th Phase
	693652364	Rahu 10:11AM – 11:39AM	Shula* Until 11:30AM	Nataraja: Clear		Moon – Purple		
Creative Work	Siddha Yoga		Gara Until 6:48PM	Ashvina-Aipasi		Bhuloka Day		
Until 4:13AM Sat			Dashami Until 6:48PM			Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga								

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Pyinmana, Myanmar Sun 24 Sutra 188 Vilamba 5120		
Kumbha Rasi: 7.33	Tithi 11	Gulika 5:47AM – 7:15AM	Shatabhishak Until 6:27AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 26 4th Phase
	693652364	Rahu 8:43AM – 10:11AM	Ganda* Until 12:10PM	Nataraja: Clear		Moon – Purple		
Creative Work	Amrita Yoga		Vanija Until 7:55AM	Ashvina-Aipasi		Bhuloka Day		
Until 6:27AM Sun			Ekadashi Until 8:52PM			Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga								

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Pyinmana, Myanmar Sun 25 Sutra 189 Vilamba 5120		
Kumbha Rasi: 19.41	Tithi 12	Gulika 2:34PM – 4:01PM	Shatabhishak Until 6:27AM	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26 4th Phase
	693652364	Rahu 4:01PM – 5:29PM	Vridhhi Until 12:27PM	Nataraja: Clear		Moon – Purple		
Creative Work	Siddha Yoga		Bava Until 9:43AM	Ashvina-Aipasi		Bhuloka Day		
			Dvadashi Until 10:22PM			Devaloka Time: 6:PM to 9:PM		

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 26 Sutra 190 Vilamba 5120		
Meena Rasi: 2.04	Tithi 13	Gulika 1:06PM – 2:33PM	Purvaproshtapada* Until 8:25AM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26 4th Phase
Family Home Evening	613652364	Rahu 7:15AM – 8:43AM	Dhruva Until 12:14PM	Nataraja: Clear		Moon – Clear		
Routine Work	Marana Yoga		Kaulava Until 10:54AM	Ashvina-Aipasi		Bhuloka Day		
Until 8:25AM			Trayodashi Until 11:14PM			Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>					

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Pyinmana, Myanmar Sun 27 Sutra 191 Vilamba 5120		
Meena Rasi: 14.43	Tithi 14	Gulika 11:38AM – 1:05PM	Uttaraproshtapada Until 9:37AM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 26 4th Phase
	613652364	Rahu 2:33PM – 4:00PM	Vyaghata* Until 11:32AM	Nataraja: Clear		Moon – Clear		
Creative Work	Amrita Yoga		Gara Until 11:26AM	Ashvina-Aipasi		Bhuloka Day		
Until 9:37AM			Chaturdashi* Until 11:27PM			Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga								

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau		Pyinmana, Myanmar Sutra 192 Vilamba 5120		
Copper Retreat Star		Gulika 10:10AM – 11:38AM	Revati Until 10:02AM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 27.41	Tithi 15	Rahu 11:38AM – 1:05PM	Harshana Until 10:21AM	Nataraja: Clear		Moon – Clear		
Routine Work	Marana Yoga		Visti Until 11:22AM	Ashvina-Aipasi		Bhuloka Day		
			Purnima* Until 11:05PM			Devaloka Time: 6:PM to 9:PM		

Thursday, October 25, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Pyinmana, Myanmar Sutra 193 Vilamba 5120		
Mesha Rasi: 10.57	Tithi 16	Gulika 8:43AM – 10:10AM	Ashvini Until 10:14AM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 Prathama
	623652364	Rahu 1:05PM – 2:32PM	Vajra* Until 8:43AM	Nataraja: Clear		Moon – White		
Creative Work	Amrita Yoga		Balava Until 10:44AM	Ashvina-Aipasi		Devaloka Day		
Until 10:14AM			Prathama* Until 10:14PM					
Then Creative Work - Siddha Yoga								

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Siddhi/Vyatalpata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 24.28 Tithi 17

624652364

Gulika 7:16AM - 8:43AM
Yama 2:32PM - 3:59PM
Rahu 10:10AM - 11:38AM

Bharani Until 9:50AM
Siddhi Until 6:45AM
Taitila Until 9:39AM
Dvitiya Until 8:58PM

Ganesha: White Sunrise: 5:49AM
Muruga: Purple Sunset: 5:26PM
Nataraja: Clear

Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Pyinmana, Myanmar

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 8.12 Tithi 18

624652364

Gulika 5:49AM - 7:16AM
Yama 1:05PM - 2:32PM
Rahu 8:43AM - 10:10AM

Krittika Until 8:58AM
Variyan Until 2:00AM Sun
Vanija Until 8:14AM
Tritiya Until 7:25PM

Ganesha: White Sunrise: 5:49AM
Muruga: Purple Sunset: 5:26PM
Nataraja: Clear

Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Parigha* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 22.05 Tithi 19 - 20

624652364

Gulika 2:31PM - 3:58PM
Yama 11:37AM - 1:04PM
Rahu 3:58PM - 5:25PM

Rohini Until 8:08AM
Parigha* Until 11:24PM
Bava Until 6:35AM
Chaturthi* Until 5:41PM

Ganesha: Clear Sunrise: 5:50AM
Muruga: Purple Sunset: 5:25PM
Nataraja: Clear

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 6.03 Tithi 20 - 21

624652364

Gulika 1:04PM - 2:31PM
Yama 10:10AM - 11:37AM
Rahu 7:17AM - 8:44AM

Mrigashira Until 7:02AM
Shiva Until 8:43PM
Gara Until 2:53AM Tue
Panchami Until 3:49PM

Ganesha: Clear Sunrise: 5:50AM
Muruga: Purple Sunset: 5:25PM
Nataraja: Clear

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 7:02AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 20.05 Tithi 21 - 22

624652364

Gulika 11:37AM - 1:04PM
Yama 8:44AM - 10:10AM
Rahu 2:31PM - 3:58PM

Punarvasu Until 4:35AM Wed
Siddha Until 5:58PM
Visti Until 12:56AM Wed
Shashthi* Until 1:54PM

Ganesha: Purple Sunrise: 5:50AM
Muruga: Purple Sunset: 5:24PM
Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 4.09 Tithi 22 - 23

644662364

Gulika 10:11AM - 11:37AM
Yama 7:17AM - 8:44AM
Rahu 11:37AM - 1:04PM

Pushya Until 3:19AM Thu
Sadhya Until 3:13PM
Balava Until 10:58PM
Saptami Until 11:56AM

Ganesha: Purple Sunrise: 5:51AM
Muruga: Clear Sunset: 5:24PM
Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 18.13 Tithi 23 - 24

644662364

Gulika 8:44AM - 10:11AM
Yama 5:51AM - 7:17AM
Rahu 1:04PM - 2:30PM

Ashlesha* Until 1:54AM Fri
Subha Until 12:27PM
Taitila Until 8:59PM
Ashtami* Until 9:57AM

Ganesha: Purple Sunrise: 5:51AM
Muruga: Clear Sunset: 5:23PM
Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:54AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Pynmana, Myanmar Sun 8 Sutra 201 Vilamba 5120		
Simha Rasi: 2.19	Tithi 24 – 25	Gulika 7:18AM – 8:44AM	Magha* Until 12:47AM Sat	Ganesha: Clear	Sunrise: 5:51AM	Muruqa: Clear	Sunset: 5:23PM	Moon 10 - Phase 28 2nd Phase
		Yama 2:30PM – 3:57PM	Sukla Until 9:39AM	Nataraja: Clear				
		654662364 Rahu 10:11AM – 11:37AM	Vanija Until 7:00PM	Moon – Red				
Routine Work	Marana Yoga		Navami* Until 7:58AM	Ashvina-Aipasi		Sivaloka Day		
Until 12:47AM Sat								
Then Creative Work - Siddha Yoga								
2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Dashami/Ekadashtyam Titau		Pynmana, Myanmar Sun 9 Sutra 202 Vilamba 5120		
Simha Rasi: 16.23	Tithi 25 – 26	Gulika 5:52AM – 7:18AM	Purvaphalguni Until 11:32PM	Ganesha: White	Sunrise: 5:52AM	Muruqa: Clear	Sunset: 5:23PM	Moon 10 - Phase 28 2nd Phase
		Yama 1:04PM – 2:30PM	Brahma Until 6:52AM	Nataraja: Clear				
		654762364 Rahu 8:44AM – 10:11AM	Balava Until 4:04AM Sun	Moon – Red				
Creative Work	Siddha Yoga		Dashami Until 6:00AM	Ashvina-Aipasi		Devaloka Day		
Until 11:32PM								
Then Routine Work - Marana Yoga								
3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Pynmana, Myanmar Sun 10 Sutra 203 Vilamba 5120		
Kanya Rasi: 0.26	Tithi 27	Gulika 2:30PM – 3:56PM	Uttaraphalguni Until 10:15PM	Ganesha: White	Sunrise: 5:52AM	Muruqa: Clear	Sunset: 5:22PM	Moon 10 - Phase 28 2nd Phase
		Yama 11:37AM – 1:03PM	Vaidhriti* Until 1:29AM Mon	Nataraja: Clear				
		654762364 Rahu 3:56PM – 5:22PM	Kaulava Until 3:10PM	Moon – Red				
Creative Work	Amrita Yoga		Dvadashi* Until 2:15AM Mon	Ashvina-Aipasi		Devaloka Day		
Until 9:25PM								
Then Routine Work - Prabalarishta Yoga								
4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Pynmana, Myanmar Sun 11 Sutra 204 Vilamba 5120		
Kanya Rasi: 14.25	Tithi 28	Gulika 1:03PM – 2:30PM	Hasta Until 9:25PM	Ganesha: Green	Sunrise: 5:52AM	Muruqa: Clear	Sunset: 5:22PM	Moon 10 - Phase 28 2nd Phase
Family Home Evening		Yama 10:11AM – 11:37AM	Vishkambha* Until 10:58PM	Nataraja: Clear				
Creative Work	Siddha Yoga	664762364 Rahu 7:19AM – 8:45AM	Gara Until 1:25PM	Moon – Green				
Until 9:25PM			Trayodashi* Until 12:37AM Tue	Ashvina-Aipasi		Devaloka Day		
Then Routine Work - Prabalarishta Yoga			Pradosha Vrata (Fasting)					
5		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pynmana, Myanmar Sun 12 Sutra 205 Vilamba 5120		
Kanya Rasi: 28.16	Tithi 29	Gulika 11:37AM – 1:03PM	Chitra Until 8:42PM	Ganesha: Green	Sunrise: 5:53AM	Muruqa: Clear	Sunset: 5:22PM	Moon 10 - Phase 28 2nd Phase
		Yama 8:45AM – 10:11AM	Priti Until 8:42PM	Nataraja: Clear				
		664762364 Rahu 2:29PM – 3:55PM	Visti Until 11:55AM	Moon – Green				
Creative Work	Siddha Yoga		Chaturdashi* Until 11:16PM	Ashvina-Aipasi		Devaloka Day		
		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day						
Retreat Star		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pynmana, Myanmar Sun 13 Sutra 206 Vilamba 5120		
Tula Rasi: 11.55	Tithi 30	Gulika 10:11AM – 11:37AM	Svati Until 8:14PM	Ganesha: White	Sunrise: 5:53AM	Muruqa: Clear	Sunset: 5:21PM	Moon 10 - Phase 28 Amavasya
		Yama 7:19AM – 8:45AM	Ayushman Until 6:43PM	Nataraja: Clear				
		764762364 Rahu 11:37AM – 1:03PM	Catuspada Until 10:46AM	Moon – Green				
Creative Work	Siddha Yoga		Amavasya* Until 10:20PM	Ashvina-Aipasi		Devaloka Day		
Retreat Star		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Pynmana, Myanmar Sun 14 Sutra 207 Vilamba 5120		
Tula Rasi: 25.2	Tithi 1	Gulika 8:45AM – 10:11AM	Vishakha Until 8:34PM	Ganesha: Orange	Sunrise: 5:54AM	Muruqa: Clear	Sunset: 5:21PM	Moon 10 - Phase 28 Prathama
		Yama 5:54AM – 7:20AM	Saubhagya Until 5:08PM	Nataraja: Clear				
		775762364 Rahu 1:03PM – 2:29PM	Kintughna Until 10:04AM	Moon – Orange				
Creative Work	Siddha Yoga		Prathama* Until 9:55PM	Karttika-Aipasi		Sivaloka Day		
		Skanda Shasthi Begins						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Pynmana, Myanmar Sun 15 Sutra 208 Vilamba 5120	
Wrischika Rasi: 8.26	Tithi 2	Gulika 7:20AM – 8:46AM	Anuradha Until 9:20PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 29
		Yama 2:29PM – 3:55PM	Sobhana Until 4:03PM	Nataraja: Clear		Moon – Orange		3rd Phase
		775762364 Rahu 10:12AM – 11:37AM	Balava Until 9:57AM					Sivaloka Day
Creative Work	Siddha Yoga		Dvitiya Until 10:07PM	Kartika-Aipasi				
Until 9:20PM								
Then Routine Work - Marana Yoga								

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau			Pynmana, Myanmar Sun 16 Sutra 209 Vilamba 5120	
Wrischika Rasi: 21.14	Tithi 3	Gulika 5:55AM – 7:20AM	Jyeshtha* Until 10:36PM	Ganesha: Orange	<i>Sunrise:</i> 5:55AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29
		Yama 1:03PM – 2:29PM	Athiganda* Until 3:26PM	Nataraja: Clear		Moon – Orange		3rd Phase
		775762364 Rahu 8:46AM – 10:12AM	Taitila Until 10:30AM					Sivaloka Day
Creative Work	Siddha Yoga		Tritiya Until 11:00PM	Kartika-Aipasi				
Then Routine Work - Marana Yoga								

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau			Pynmana, Myanmar Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 3.43	Tithi 4	Gulika 2:29PM – 3:54PM	Mula* Until 12:49AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29
		Yama 11:38AM – 1:03PM	Sukarma Until 3:21PM	Nataraja: Clear		Moon – Light Blue		3rd Phase
		785762364 Rahu 3:54PM – 5:20PM	Vanija Until 11:43AM					Sivaloka Day
Creative Work	Amrita Yoga		Chaturthi* Until 12:33AM Mon	Kartika-Aipasi				
Until 12:49AM Mon								
Then Routine Work - Marana Yoga								

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau			Pynmana, Myanmar Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 15.56	Tithi 5	Gulika 1:03PM – 2:29PM	Purvashadha* Until 3:26AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29
Family Home Evening		Yama 10:12AM – 11:38AM	Dhriti Until 3:46PM	Nataraja: Clear		Moon – Light Blue		3rd Phase
Routine Work	Marana Yoga	785762364 Rahu 7:21AM – 8:47AM	Bava Until 1:35PM					Sivaloka Day
Until 3:26AM Tue			Panchami Until 2:41AM Tue	Kartika-Aipasi				
Then Routine Work - Prabalarishta Yoga								

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau			Pynmana, Myanmar Sun 19 Sutra 212 Vilamba 5120	
Dhanus Rasi: 27.56	Tithi 6	Gulika 11:38AM – 1:03PM	Uttarashadha Until 6:16AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29
		Yama 8:47AM – 10:12AM	Shula* Until 4:30PM	Nataraja: Clear		Moon – Light Blue		3rd Phase
		785762364 Rahu 2:29PM – 3:54PM	Kaulava Until 3:56PM					Sivaloka Day
Routine Work	Prabalarishta Yoga		Shashthi* Until 5:13AM Wed	Kartika-Aipasi				
Until 6:16AM Wed		Skanda Shasthi						
Then Creative Work - Siddha Yoga								

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Gara Karana Saptamyam Titau			Pynmana, Myanmar Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 9.46	Tithi 7	Gulika 10:13AM – 11:38AM	Uttarashadha Until 6:16AM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29
		Yama 7:22AM – 8:47AM	Ganda* Until 5:28PM	Nataraja: Clear		Moon – Light Blue		3rd Phase
		785762364 Rahu 11:38AM – 1:03PM	Gara Until 6:36PM					Sivaloka Day
Creative Work	Amrita Yoga		Saptami Until 7:56AM Thu	Kartika-Aipasi				
Until 6:16AM								
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Pynmana, Myanmar Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 21.34	Tithi 7 – 8	Gulika 8:48AM – 10:13AM	Shravana Until 9:34AM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29
		Yama 5:57AM – 7:22AM	Vridhi Until 6:28PM	Nataraja: Clear		Moon – Purple		Ashtami
		795762364 Rahu 1:03PM – 2:29PM	Visti Until 9:17PM					Subha Sivaloka Day
Creative Work	Siddha Yoga		Saptami Until 7:56AM	Kartika-Aipasi				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Pynmana, Myanmar Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 3.23	Tithi 8 – 9	Gulika 7:23AM – 8:48AM	Dhanishtha Until 12:36PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29
		Yama 2:29PM – 3:54PM	Dhruva Until 7:17PM	Nataraja: Clear		Moon – Purple		Navami
		795762364 Rahu 10:13AM – 11:38AM	Balava Until 11:43PM					Subha Sivaloka Day
Creative Work	Siddha Yoga		Ashtami* Until 10:31AM	Kartika-Kartikai				
Then Creative Work - Siddha Yoga								

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 17.22 Tithi 16 - 17

737762365

Gulika 6:02AM - 7:26AM

Yama 1:05PM - 2:29PM

Rahu 8:51AM - 10:16AM

Rohini Until 4:00PM

Shiva Until 8:47AM

Taitila Until 8:43PM

Prathama* Until 9:52AM

Ganesha: Red

Sunrise: 6:02AM

Muruqa: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 1.42 Tithi 17 - 18

737762365

Gulika 2:30PM - 3:54PM

Yama 11:40AM - 1:05PM

Rahu 3:54PM - 5:19PM

Mrigashira Until 2:14PM

Sadhya Until 2:20AM Mon

Vanija Until 6:13PM

Dvitiya Until 7:28AM

Ganesha: Red

Sunrise: 6:02AM

Muruqa: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 16.08 Tithi 19

737762365

Gulika 1:05PM - 2:30PM

Yama 10:16AM - 11:41AM

Rahu 7:27AM - 8:52AM

Ardra Until 12:15PM

Subha Until 11:03PM

Bava Until 3:39PM

Chaturthi* Until 2:22AM Tue

Ganesha: Red

Sunrise: 6:03AM

Muruqa: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 12:15PM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 0.35 Tithi 20

747762365

Gulika 11:41AM - 1:05PM

Yama 8:52AM - 10:17AM

Rahu 2:30PM - 3:54PM

Punarvasu Until 10:34AM

Sukla Until 7:48PM

Kaulava Until 1:08PM

Panchami Until 11:54PM

Ganesha: Green

Sunrise: 6:03AM

Muruqa: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 14.56 Tithi 21

747862365

Gulika 10:17AM - 11:41AM

Yama 7:28AM - 8:53AM

Rahu 11:41AM - 1:06PM

Pushya Until 8:52AM

Brahma Until 4:41PM

Gara Until 10:44AM

Shashthi* Until 9:35PM

Ganesha: White

Sunrise: 6:04AM

Muruqa: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vistit*/Bava Karana Saptamyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 29.11 Tithi 22

747863365

Gulika 8:53AM - 10:17AM

Yama 6:05AM - 7:29AM

Rahu 1:06PM - 2:30PM

Ashlesha* Until 7:13AM

Indra Until 1:45PM

Vistit Until 8:32AM

Saptami Until 7:30PM

Ganesha: White

Sunrise: 6:05AM

Muruqa: Purple

Sunset: 5:19PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 7:13AM

Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 13.17 Tithi 23 - 24

757863365

Gulika 7:29AM - 8:54AM

Yama 2:31PM - 3:55PM

Rahu 10:18AM - 11:42AM

Magha* Until 6:04AM

Vaidhriti* Until 10:59AM

Balava Until 6:35AM

Ashtami* Until 5:40PM

Ganesha: Clear

Sunrise: 6:05AM

Muruqa: Purple

Sunset: 5:19PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*/Prili Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 27.13 Tithi 24 - 25

758863365

Gulika 6:06AM - 7:30AM

Yama 1:07PM - 2:31PM

Rahu 8:54AM - 10:18AM

Uttaraphalguni Until 4:08AM Sun

Vishkambha* Until 8:26AM

Vanija Until 3:27AM Sun

Navami* Until 4:07PM

Ganesha: Orange

Sunrise: 6:06AM

Muruqa: Purple

Sunset: 5:19PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 4:08AM Sun

Then Creative Work - Amrita Yoga

1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Pyinmana, Myanmar Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 10.58	Tithi 25 – 26	Gulika 2:31PM – 3:55PM	Hasta Until 3:48AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM	
		Yama 11:43AM – 1:07PM	Priti Until 6:08AM	Muruqa: Purple <i>Sunset:</i> 5:19PM	Moon 11 - Phase 32
	768863365	Rahu 3:55PM – 5:19PM	Bava Until 2:19AM Mon	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:49PM	Moon – Green	Bhuloka Day
Until 3:48AM Mon				Karttika-Karttikai	
Then Routine Work - Prabalarishta Yoga					

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Pyinmana, Myanmar Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 24.34	Tithi 26 – 27	Gulika 1:07PM – 2:31PM	Chitra Until 3:38AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:07AM	
Family Home Evening		Yama 10:19AM – 11:43AM	Saubhagya Until 2:10AM Tue	Muruqa: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	Rahu 7:31AM – 8:55AM	Kaulava Until 1:29AM Tue	Nataraja: White	2nd Phase
Until 3:38AM Tue			Ekadashi* Until 1:50PM	Moon – Green	Bhuloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai	

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau			Pyinmana, Myanmar Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 7.58	Tithi 27 – 28	Gulika 11:44AM – 1:08PM	Svati Until 3:39AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:07AM	
		Yama 8:56AM – 10:20AM	Sobhana Until 12:35AM Wed	Muruqa: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32
	768863365	Rahu 2:32PM – 3:56PM	Gara Until 12:59AM Wed	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:10PM	Moon – Green	Bhuloka Day
				Karttika-Karttikai	
				<i>Pradosha Vrata (Fasting)</i>	

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau			Pyinmana, Myanmar Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 21.11	Tithi 28 – 29	Gulika 10:20AM – 11:44AM	Vishakha Until 4:21AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:08AM	
		Yama 7:32AM – 8:56AM	Athiganda* Until 11:18PM	Muruqa: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32
	778863365	Rahu 11:44AM – 1:08PM	Visti Until 12:54AM Thu	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:52PM	Moon – Orange	Bhuloka Day
				Karttika-Karttikai	

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Pyinmana, Myanmar Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika 8:57AM – 10:20AM	Anuradha Until 5:22AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:09AM	
Vrischika Rasi: 4.13	Tithi 29 – 30	Yama 6:09AM – 7:33AM	Sukarma Until 10:22PM	Muruqa: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32
	778863365	Rahu 1:08PM – 2:32PM	Catuspada Until 1:17AM Fri	Nataraja: White	Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 1:00PM	Moon – Orange	Bhuloka Day
Until 5:22AM Fri				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Pyinmana, Myanmar Sun 13 Sutra 236 Vilamba 5120
Retreat Star		Gulika 7:33AM – 8:57AM	Jyeshtha* Until 6:43AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:09AM	
Vrischika Rasi: 16.59	Tithi 30 – 1	Yama 2:33PM – 3:57PM	Dhriti Until 9:51PM	Muruqa: Purple <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32
	779863365	Rahu 10:21AM – 11:45AM	Kintughna Until 2:10AM Sat	Nataraja: White	Prathama
Routine Work	Marana Yoga		Amavasya* Until 1:38PM	Moon – Orange	Bhuloka Day
Until 6:43AM Sat				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Pyinmana, Myanmar Sun 14 Sutra 237 Vilamba 5120
Vrischika Rasi: 29.32	Tithi 1 – 2	Gulika 6:10AM – 7:34AM	Jyeshtha* Until 6:43AM	Ganesha: Light Blue <i>Sunrise:</i> 6:10AM	Moon 11 - Phase 33
		Yama 1:09PM – 2:33PM	Shula* Until 9:42PM	Muruqa: Purple <i>Sunset:</i> 5:21PM	3rd Phase
		Rahu 8:58AM – 10:21AM	Balava Until 3:36AM Sun	Nataraja: White	
Creative Work	Siddha Yoga		Prathama* Until 2:47PM	Moon – Orange	Bhuloka Day
				Margasira-Karttikai	
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Pyinmana, Myanmar Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 11.51	Tithi 2 – 3	Gulika 2:33PM – 3:57PM	Mula* Until 8:54AM	Ganesha: Purple <i>Sunrise:</i> 6:10AM	Moon 11 - Phase 33
		Yama 11:46AM – 1:10PM	Ganda* Until 9:59PM	Muruqa: Purple <i>Sunset:</i> 5:21PM	3rd Phase
		Rahu 3:57PM – 5:21PM	Taitila Until 5:33AM Mon	Nataraja: White	
Creative Work	Amrita Yoga		Dvitiya Until 4:29PM	Moon – Light Blue	Bhuloka Day
Until 8:54AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara Karana Tritiyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 23.57	Tithi 3	Gulika 1:10PM – 2:34PM	Purvashadha* Until 11:25AM	Ganesha: Purple <i>Sunrise:</i> 6:11AM	Moon 11 - Phase 33
Family Home Evening		Yama 10:22AM – 11:46AM	Vriddhi Until 10:36PM	Muruqa: Purple <i>Sunset:</i> 5:21PM	3rd Phase
		Rahu 7:35AM – 8:59AM	Gara Until 6:40PM	Nataraja: White	
Routine Work	Marana Yoga		Tritiya Until 6:40PM	Moon – Light Blue	Bhuloka Day
				Margasira-Karttikai	
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau	Pyinmana, Myanmar Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 5.53	Tithi 4	Gulika 11:47AM – 1:10PM	Uttarashadha Until 2:09PM	Ganesha: Purple <i>Sunrise:</i> 6:12AM	Moon 11 - Phase 33
		Yama 8:59AM – 10:23AM	Dhruva Until 11:28PM	Muruqa: Purple <i>Sunset:</i> 5:22PM	3rd Phase
		Rahu 2:34PM – 3:58PM	Vanija Until 7:56AM	Nataraja: White	
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:13PM	Moon – Light Blue	Bhuloka Day
Until 2:09PM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Pyinmana, Myanmar Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 17.43	Tithi 5	Gulika 10:23AM – 11:47AM	Shravana Until 5:26PM	Ganesha: Clear <i>Sunrise:</i> 6:12AM	Moon 11 - Phase 33
		Yama 7:36AM – 9:00AM	Vyaghata* Until 12:28AM Thu	Muruqa: Purple <i>Sunset:</i> 5:22PM	3rd Phase
		Rahu 11:47AM – 1:11PM	Bava Until 10:36AM	Nataraja: White	
Creative Work	Siddha Yoga		Panchami Until 11:58PM	Moon – Purple	Bhuloka Day
Until 5:26PM				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga					
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Pyinmana, Myanmar Sun 19 Sutra 242 Vilamba 5120
Makara Rasi: 29.29	Tithi 6	Gulika 9:00AM – 10:24AM	Dhanishtha Until 8:35PM	Ganesha: Clear <i>Sunrise:</i> 6:13AM	Moon 11 - Phase 33
		Yama 6:13AM – 7:36AM	Harshana Until 1:27AM Fri	Muruqa: Purple <i>Sunset:</i> 5:23PM	3rd Phase
		Rahu 1:11PM – 2:35PM	Kaulava Until 1:21PM	Nataraja: White	
Creative Work	Siddha Yoga		Shashthi* Until 2:40AM Fri	Moon – Purple	Bhuloka Day
				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
Vinayaga Viratam Ends					
7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Pyinmana, Myanmar Sun 20 Sutra 243 Vilamba 5120
Retreat Star		Gulika 7:37AM – 9:01AM	Shatabhishak Until 11:22PM	Ganesha: Clear <i>Sunrise:</i> 6:13AM	Moon 11 - Phase 33
Kumbha Rasi: 11.18	Tithi 7	Yama 2:35PM – 3:59PM	Vajra* Until 2:13AM Sat	Muruqa: Purple <i>Sunset:</i> 5:23PM	3rd Phase
		Rahu 10:24AM – 11:48AM	Gara Until 3:58PM	Nataraja: White	
Creative Work	Siddha Yoga		Saptami Until 5:07AM Sat	Moon – Purple	Bhuloka Day
				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti* Karana Ashtamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 244 Vilamba 5120
Retreat Star		Gulika 6:14AM – 7:37AM	Purvaproshtapada* Until 2:03AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:14AM	Moon 11 - Phase 33
Kumbha Rasi: 23.13	Tithi 8	Yama 1:12PM – 2:36PM	Siddhi Until 2:39AM Sun	Muruqa: Purple <i>Sunset:</i> 5:23PM	Ashtami
		Rahu 9:01AM – 10:25AM	Visti Until 6:11PM	Nataraja: White	
Routine Work	Marana Yoga		Ashtami* Until 7:03AM Sun	Moon – Clear	Bhuloka Day
Until 2:03AM Sun				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga					
9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Pyinmana, Myanmar Sun 22 Sutra 245 Vilamba 5120
Retreat Star		Gulika 2:36PM – 4:00PM	Uttaraproshtapada Until 3:56AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:14AM	Moon 11 - Phase 33
Meena Rasi: 5.2	Tithi 8 – 9	Yama 11:49AM – 1:13PM	Vyatipata* Until 2:36AM Mon	Muruqa: Purple <i>Sunset:</i> 5:24PM	Navami
		Rahu 4:00PM – 5:24PM	Balava Until 7:48PM	Nataraja: White	
Creative Work	Amrita Yoga		Ashtami* Until 7:03AM	Moon – Clear	Bhuloka Day
Until 3:56AM Mon		Markali Pillaiyar		Margasira-Markali	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Pyinmana, Myanmar	
1		Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 246	
Meena Rasi: 17.44	Tithi 9 – 10	Gulika 1:13PM – 2:37PM	Revati Until 4:56AM Tue	Ganesha: Purple	<i>Sunrise:</i> 6:15AM
Family Home Evening	821863365	Yama 10:26AM – 11:50AM	Variyan Until 1:56AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:24PM
Creative Work	Siddha Yoga	Rahu 7:39AM – 9:02AM	Taitila Until 8:40PM	Nataraja: White	Moon 11 - Phase 34
			Navami* Until 8:19AM	Moon – Clear	4th Phase
				Margasira*Markali	Bhuloka Day

Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Pyinmana, Myanmar	
2		Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 247	
Mesha Rasi: 0.29	Tithi 10 – 11	Gulika 11:50AM – 1:14PM	Ashvini Until 5:27AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:15AM
	821863365	Yama 9:03AM – 10:26AM	Parigha* Until 12:39AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:25PM
Creative Work	Siddha Yoga	Rahu 2:37PM – 4:01PM	Vanija Until 8:44PM	Nataraja: White	Moon 11 - Phase 34
				Moon – White	4th Phase
		Gita Jayanthi	Dashami Until 8:47AM	Margasira*Markali	Bhuloka Day
				Devaloka Time: 6:AM to 9:AM	

Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Pyinmana, Myanmar	
3		Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 248	
Mesha Rasi: 13.38	Tithi 11 – 12	Gulika 10:27AM – 11:50AM	Bharani Until 5:01AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:16AM
	821863365	Yama 7:40AM – 9:03AM	Shiva Until 10:44PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM
Creative Work	Siddha Yoga	Rahu 11:50AM – 1:14PM	Bava Until 7:58PM	Nataraja: White	Moon 11 - Phase 34
Until 5:01AM Thu			Ekadashi Until 8:26AM	Moon – White	4th Phase
Then Routine Work - Marana Yoga				Margasira*Markali	Bhuloka Day
				Devaloka Time: 6:AM to 9:AM	

Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Pyinmana, Myanmar	
4		Krittika Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 249	
Mesha Rasi: 27.13	Tithi 12 – 13	Gulika 9:04AM – 10:27AM	Krittika Until 3:46AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:16AM
	821863365	Yama 6:16AM – 7:40AM	Siddha Until 8:14PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM
Routine Work	Marana Yoga	Rahu 1:15PM – 2:38PM	Kaulava Until 6:27PM	Nataraja: White	Moon 11 - Phase 34
			Dvadashi Until 7:17AM	Moon – White	4th Phase
				Margasira*Markali	Bhuloka Day
				Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata

Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Pyinmana, Myanmar	
5		Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 250	
Vrishabha Rasi: 11.14	Tithi 14	Gulika 7:41AM – 9:04AM	Rohini Until 2:12AM Sat	Ganesha: White	<i>Sunrise:</i> 6:17AM
	831863365	Yama 2:39PM – 4:02PM	Sadhya Until 5:14PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM
Routine Work	Marana Yoga	Rahu 10:28AM – 11:51AM	Gara Until 4:18PM	Nataraja: White	Moon 11 - Phase 34
Until 2:12AM Sat				Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati	Chaturdashi* Until 3:01AM Sat	Margasira*Markali	Bhuloka Day

Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Pyinmana, Myanmar	
○		Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 251	
Copper Retreat Star		Gulika 6:17AM – 7:41AM	Mrigashira Until 12:05AM Sun	Ganesha: White	<i>Sunrise:</i> 6:17AM
Vrishabha Rasi: 25.37	Tithi 15	Yama 1:16PM – 2:39PM	Subha Until 1:50PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM
	831863365	Rahu 9:05AM – 10:28AM	Visti Until 1:39PM	Nataraja: White	Moon 11 - Phase 34
Creative Work	Siddha Yoga			Moon – Yellow	Purnima
		Day 2 of Pancha Ganapati	Purnima* Until 12:10AM Sun	Margasira*Markali	Bhuloka Day

Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Pyinmana, Myanmar	
○		Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 252	
Silver Retreat Star		Gulika 2:40PM – 4:03PM	Ardra Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM
Mithuna Rasi: 10.17	Tithi 16	Yama 11:52AM – 1:16PM	Sukla Until 10:09AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM
	831963365	Rahu 4:03PM – 5:27PM	Balava Until 10:39AM	Nataraja: White	Moon 11 - Phase 34
Creative Work	Siddha Yoga			Moon – Yellow	Prathama
		Day 3 of Pancha Ganapati	Prathama* Until 9:03PM	Margasira*Markali	Bhuloka Day
		Ardra Darshanam		Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukstayam
Punarvasu Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar
Sutra 253

Mithuna Rasi: 25.08 Tithi 17 – 18

Family Home Evening

841963365

Gulika 1:17PM – 2:40PM
Yama 10:29AM – 11:53AM
Rahu 7:42AM – 9:06AM

Punarvasu Until 7:11PM
Brahma Until 6:18AM
Taitila Until 7:27AM

Ganesha: Blue Sunrise: 6:18AM
Muruga: Purple Sunset: 5:28PM
Nataraja: White

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Until 7:11PM

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Dvitiya Until 5:49PM

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukstayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar
Sun 1 Sutra 254

Kataka Rasi: 10.02 Tithi 18 – 19

Creative Work Siddha Yoga

841963365

Gulika 11:53AM – 1:17PM
Yama 9:06AM – 10:30AM
Rahu 2:41PM – 4:04PM

Pushya Until 4:43PM
Vaidhriti* Until 10:36PM
Bava Until 1:05AM Wed

Ganesha: Blue Sunrise: 6:19AM
Muruga: Purple Sunset: 5:28PM
Nataraja: White

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Day 5 of Pancha Ganapati

Tritiya Until 2:37PM

Margasira-Markali

Devaloka Day

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukstayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 255

Kataka Rasi: 24.5 Tithi 19 – 20

Creative Work Siddha Yoga

842963366

Gulika 10:30AM – 11:54AM
Yama 7:43AM – 9:07AM
Rahu 11:54AM – 1:18PM

Ashlesha* Until 2:17PM
Vishkambha* Until 6:57PM
Kaulava Until 10:10PM

Ganesha: Yellow Sunrise: 6:19AM
Muruga: Purple Sunset: 5:29PM
Nataraja: Green

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Chaturthi* Until 11:34AM

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukstayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 256

Simha Rasi: 9.27 Tithi 20 – 21

Creative Work Amrita Yoga

852963366

Gulika 9:07AM – 10:31AM
Yama 6:20AM – 7:44AM
Rahu 1:18PM – 2:42PM

Magha* Until 12:26PM
Priti Until 3:35PM
Gara Until 7:36PM

Ganesha: Blue Sunrise: 6:20AM
Muruga: Purple Sunset: 5:29PM
Nataraja: Green

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Panchami Until 8:49AM

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukstayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 257

Simha Rasi: 23.47 Tithi 21 – 22

Creative Work Siddha Yoga

852963366

Gulika 7:44AM – 9:08AM
Yama 2:42PM – 4:06PM
Rahu 10:31AM – 11:55AM

Purvaphalguni Until 10:51AM
Ayushman Until 12:32PM
Bava Until 4:34AM Sat

Ganesha: Blue Sunrise: 6:20AM
Muruga: Purple Sunset: 5:30PM
Nataraja: Green

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Shashthi* Until 6:28AM

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukstayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 258

Kanya Rasi: 7.5 Tithi 23

Routine Work Marana Yoga

852963366

Gulika 6:21AM – 7:44AM
Yama 1:19PM – 2:43PM
Rahu 9:08AM – 10:32AM

Uttaraphalguni Until 9:35AM
Saubhagya Until 9:53AM
Balava Until 3:50PM

Ganesha: Blue Sunrise: 6:21AM
Muruga: Purple Sunset: 5:30PM
Nataraja: Green

Vilamba 5120
Moon 12 - Phase 35
Ashtami

Ashtami* Until 3:12AM Sun

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukstayam
Hasta/Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 259

Kanya Rasi: 21.33 Tithi 24

Creative Work Amrita Yoga

862963366

Gulika 2:43PM – 4:07PM
Yama 11:56AM – 1:20PM
Rahu 4:07PM – 5:31PM

Hasta Until 9:08AM
Sobhana Until 7:40AM
Taitila Until 2:44PM

Ganesha: Red Sunrise: 6:21AM
Muruga: Purple Sunset: 5:31PM
Nataraja: Green

Vilamba 5120
Moon 12 - Phase 35
Navami

Navami* Until 2:22AM Mon

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Pynmana, Myanmar Sun 7 Sutra 260 Vilamba 5120	
1		Gulika 1:20PM – 2:44PM	Chitra Until 9:04AM	Ganesha: Red <i>Sunrise:</i> 6:22AM	
Tula Rasi: 4.58	Tithi 25	Yama 10:33AM – 11:56AM	Sukarma Until 4:27AM Tue	Muruqa: Purple <i>Sunset:</i> 5:31PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 7:45AM – 9:09AM	Vanija Until 2:10PM	Nataraja: Green	2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 2:03AM Tue	Moon – Green	
Until 9:04AM				Margasira-Markali	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 6:AM to 9:AM

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Pynmana, Myanmar Sun 8 Sutra 261 Vilamba 5120	
2		Gulika 11:57AM – 1:21PM	Svati Until 9:21AM	Ganesha: Red <i>Sunrise:</i> 6:22AM	
Tula Rasi: 18.05	Tithi 26	Yama 9:09AM – 10:33AM	Dhriti Until 3:27AM Wed	Muruqa: Purple <i>Sunset:</i> 5:32PM	Moon 12 - Phase 36
	862963366	Rahu 2:44PM – 4:08PM	Bava Until 2:07PM	Nataraja: Green	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:16AM Wed	Moon – Green	
Until 9:21AM				Margasira-Markali	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 6:AM to 9:AM

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Pynmana, Myanmar Sun 9 Sutra 262 Vilamba 5120	
3		Gulika 10:34AM – 11:57AM	Vishakha Until 10:26AM	Ganesha: Green <i>Sunrise:</i> 6:22AM	
Vrischika Rasi: 0.58	Tithi 27	Yama 7:46AM – 9:10AM	Shula* Until 2:49AM Thu	Muruqa: Purple <i>Sunset:</i> 5:33PM	Moon 12 - Phase 36
	872963366	Rahu 11:57AM – 1:21PM	Kaulava Until 2:35PM	Nataraja: Green	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:58AM Thu	Moon – Orange	
Until 9:21AM				Margasira-Markali	Bhuloka Day
Then Routine Work - Marana Yoga					

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Pynmana, Myanmar Sun 10 Sutra 263 Vilamba 5120	
4		Gulika 9:10AM – 10:34AM	Anuradha Until 11:49AM	Ganesha: Green <i>Sunrise:</i> 6:23AM	
Vrischika Rasi: 13.37	Tithi 28	Yama 6:23AM – 7:46AM	Ganda* Until 2:32AM Fri	Muruqa: Purple <i>Sunset:</i> 5:33PM	Moon 12 - Phase 36
	872963366	Rahu 1:22PM – 2:46PM	Gara Until 3:31PM	Nataraja: Green	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:09AM Fri	Moon – Orange	
Until 11:49AM				Margasira-Markali	Bhuloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>		

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pynmana, Myanmar Sun 11 Sutra 264 Vilamba 5120	
5		Gulika 7:47AM – 9:11AM	Jyeshtha* Until 1:30PM	Ganesha: Green <i>Sunrise:</i> 6:23AM	
Vrischika Rasi: 26.04	Tithi 29	Yama 2:46PM – 4:10PM	Vriddhi Until 2:37AM Sat	Muruqa: Purple <i>Sunset:</i> 5:34PM	Moon 12 - Phase 36
	872963366	Rahu 10:34AM – 11:58AM	Visti Until 4:55PM	Nataraja: Green	2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 5:46AM Sat	Moon – Orange	
Until 1:30PM				Margasira-Markali	Bhuloka Day
Then Creative Work - Amrita Yoga					

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada* Karana Amavasyayam Titau		Pynmana, Myanmar Sun 12 Sutra 265 Vilamba 5120	
Retreat Star		Gulika 6:23AM – 7:47AM	Mula* Until 3:54PM	Ganesha: White <i>Sunrise:</i> 6:23AM	
Dhanus Rasi: 8.19	Tithi 30	Yama 1:23PM – 2:47PM	Dhruva Until 2:58AM Sun	Muruqa: Purple <i>Sunset:</i> 5:34PM	Moon 12 - Phase 36
	882963366	Rahu 9:11AM – 10:35AM	Catuspada Until 6:45PM	Nataraja: Green	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:47AM Sun	Moon – Light Blue	
Until 6:31PM				Margasira-Markali	Bhuloka Day
Then Creative Work - Amrita Yoga		Subramuniyaswami Jayanti			

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pynmana, Myanmar Sun 13 Sutra 266 Vilamba 5120	
Retreat Star		Gulika 2:47PM – 4:11PM	Purvashadha* Until 6:31PM	Ganesha: White <i>Sunrise:</i> 6:24AM	
Dhanus Rasi: 20.25	Tithi 30 – 1	Yama 11:59AM – 1:23PM	Vyaghata* Until 3:36AM Mon	Muruqa: Clear <i>Sunset:</i> 5:35PM	Moon 12 - Phase 36
	882973366	Rahu 4:11PM – 5:35PM	Kintughna Until 8:57PM	Nataraja: Green	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:47AM	Moon – Light Blue	
Until 6:31PM				Pausha-Markali	Bhuloka Day
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pyinmana, Myanmar Sun 14 Sutra 267 Vilamba 5120	
1	Makara Rasi: 2.22 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 9:14PM Then Creative Work - Amrita Yoga	Gulika 1:24PM – 2:48PM Yama 10:36AM – 12:00PM Rahu 7:48AM – 9:12AM	Uttarashadha Until 9:14PM Harshana Until 4:27AM Tue Balava Until 11:27PM Prathama* Until 10:08AM	Ganesha: White <i>Sunrise:</i> 6:24AM Muruqa: Clear <i>Sunset:</i> 5:36PM Nataraja: Green Moon – Light Blue Pausha-Markali	Bhuloka Day Devaloka Time: 12:PM to 3:PM Moon 12 - Phase 37 3rd Phase

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pyinmana, Myanmar Sun 15 Sutra 268 Vilamba 5120	
2	Makara Rasi: 14.13 Tithi 2 – 3 Creative Work Siddha Yoga Until 12:30AM Wed Then Routine Work - Prabalarishta Yoga	Gulika 12:00PM – 1:24PM Yama 9:12AM – 10:36AM Rahu 2:48PM – 4:12PM	Shravana Until 12:30AM Wed Vajra* Until 5:24AM Wed Taitila Until 2:08AM Wed Dvitiya Until 12:45PM	Ganesha: Red <i>Sunrise:</i> 6:24AM Muruqa: Clear <i>Sunset:</i> 5:36PM Nataraja: Green Moon – Purple Pausha-Markali	Devaloka Day Moon 12 - Phase 37 3rd Phase

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Pyinmana, Myanmar Sun 16 Sutra 269 Vilamba 5120	
3	Makara Rasi: 26.01 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 3:40AM Thu Then Creative Work - Siddha Yoga	Gulika 10:36AM – 12:01PM Yama 7:48AM – 9:12AM Rahu 12:01PM – 1:25PM	Dhanishtha Until 3:40AM Thu Siddhi Until 6:24AM Thu Vanija Until 4:54AM Thu Tritiya Until 3:30PM	Ganesha: Red <i>Sunrise:</i> 6:24AM Muruqa: Clear <i>Sunset:</i> 5:37PM Nataraja: Green Moon – Purple Pausha-Markali	Devaloka Day Moon 12 - Phase 37 3rd Phase

Thursday, January 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Chaturthyam Titau		Pyinmana, Myanmar Sun 17 Sutra 270 Vilamba 5120	
4	Kumbha Rasi: 7.48 Tithi 4 Creative Work Siddha Yoga	Gulika 9:13AM – 10:37AM Yama 6:25AM – 7:49AM Rahu 1:25PM – 2:49PM	Shatabhishak Until 6:34AM Fri Siddhi Until 6:24AM Visti Until 6:13PM Chaturthi* Until 6:13PM	Ganesha: Red <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:37PM Nataraja: Green Moon – Purple Pausha-Markali	Devaloka Day Moon 12 - Phase 37 3rd Phase

Friday, January 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyalipata*/Varyan* Yoga Bava/Balava Karana Panchamyam Titau		Pyinmana, Myanmar Sun 18 Sutra 271 Vilamba 5120	
5	Kumbha Rasi: 19.38 Tithi 5 Creative Work Siddha Yoga	Gulika 7:49AM – 9:13AM Yama 2:50PM – 4:14PM Rahu 10:37AM – 12:01PM	Shatabhishak Until 6:34AM Vyatipata* Until 7:19AM Bava Until 7:33AM Panchami Until 8:45PM	Ganesha: Red <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:38PM Nataraja: Green Moon – Purple Pausha-Markali	Devaloka Day Moon 12 - Phase 37 3rd Phase

Saturday, January 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manita Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Varyan*/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Pyinmana, Myanmar Sun 19 Sutra 272 Vilamba 5120	
6	Meena Rasi: 1.33 Tithi 6 Routine Work Marana Yoga Until 9:32AM Then Creative Work - Siddha Yoga	Gulika 6:25AM – 7:49AM Yama 1:26PM – 2:50PM Rahu 9:13AM – 10:38AM	Purvaprosarthapada* Until 9:32AM Varyan Until 8:01AM Kaulava Until 9:55AM Shashthi* Until 10:55PM	Ganesha: Clear <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:39PM Nataraja: Green Moon – Clear Pausha-Markali	Devaloka Day Moon 12 - Phase 37 3rd Phase

Sunday, January 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Pyinmana, Myanmar Sun 20 Sutra 273 Vilamba 5120	
Retreat Star		Gulika 2:51PM – 4:15PM Yama 12:02PM – 1:26PM Rahu 4:15PM – 5:39PM	Uttaraprosarthapada Until 11:55AM Parigha* Until 8:24AM Gara Until 11:50AM Saptami Until 12:33AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:39PM Nataraja: Green Moon – Clear Pausha-Markali	Devaloka Day Moon 12 - Phase 37 3rd Phase

Monday, January 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Pyinmana, Myanmar Sun 21 Sutra 274 Vilamba 5120	
Retreat Star		Gulika 1:27PM – 2:51PM Yama 10:38AM – 12:03PM Rahu 7:50AM – 9:14AM	Revati Until 1:32PM Shiva Until 8:20AM Visti Until 1:07PM Ashtami* Until 1:28AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:40PM Nataraja: Green Moon – Clear Pausha-Thai	Devaloka Day Moon 12 - Phase 37 Ashtami

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Pyinmana, Myanmar Sun 22 Sutra 275 Vilamba 5120	
Retreat Star		Gulika 12:03PM – 1:27PM Yama 9:14AM – 10:39AM Rahu 2:52PM – 4:16PM	Ashvini Until 2:46PM Siddha Until 7:41AM Balava Until 1:39PM Navami* Until 1:36AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 5:40PM Nataraja: Green Moon – White Pausha-Thai	Sivaloka Day Moon 12 - Phase 37 Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau		Pyinmana, Myanmar Sun 23 Sutra 276 Vilamba 5120	
Mesha Rasi: 21.38	Tithi 10	Gulika 10:39AM – 12:03PM	Bharani Until 3:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:41PM
		Yama 7:50AM – 9:14AM	Sadhya Until 6:26AM	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 12:03PM – 1:28PM	Taitila Until 1:22PM	Moon – White		Sivaloka Day	
Creative Work	Siddha Yoga		Dashami Until 12:54AM Thu	Pausha-Thai			
Until 3:01PM							
Then Creative Work - Amrita Yoga							

2		Thursday, January 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visli* Karana Ekadashyam Titau		Pyinmana, Myanmar Sun 24 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 5.07	Tithi 11	Gulika 9:15AM – 10:39AM	Krittika Until 2:20PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:42PM
		Yama 6:26AM – 7:50AM	Sukla Until 2:01AM Fri	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 1:28PM – 2:53PM	Vanija Until 12:15PM	Moon – White		Sivaloka Day	
Routine Work	Marana Yoga		Ekadashi Until 11:23PM	Pausha-Thai			

3		Friday, January 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Pyinmana, Myanmar Sun 25 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 19.03	Tithi 12	Gulika 7:50AM – 9:15AM	Rohini Until 1:12PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:42PM
		Yama 2:53PM – 4:18PM	Brahma Until 10:55PM	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 10:39AM – 12:04PM	Bava Until 10:23AM	Moon – Yellow		Devaloka Day	
Routine Work	Marana Yoga		Dvadashi Until 9:10PM	Pausha-Thai			
Until 1:12PM							
Then Creative Work - Siddha Yoga							

4		Saturday, January 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 26 Sutra 279 Vilamba 5120	
Mithuna Rasi: 3.26	Tithi 13	Gulika 6:26AM – 7:50AM	Mrigashira Until 11:17AM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:43PM
		Yama 1:29PM – 2:54PM	Indra Until 7:23PM	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 9:15AM – 10:40AM	Kaulava Until 7:51AM	Moon – Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Trayodashi Until 6:21PM	Pausha-Thai			

Pradosha Vrata

5		Sunday, January 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Pyinmana, Myanmar Sun 27 Sutra 280 Vilamba 5120	
Mithuna Rasi: 18.11	Tithi 14 – 15	Gulika 2:54PM – 4:19PM	Ardra Until 8:45AM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:43PM
		Yama 12:05PM – 1:29PM	Vaidhriti* Until 3:27PM	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 4:19PM – 5:43PM	Visti Until 1:22AM Mon	Moon – Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:06PM	Pausha-Thai			

○		Monday, January 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Pyinmana, Myanmar Sutra 281 Vilamba 5120	
Copper Retreat Star		Gulika 1:30PM – 2:54PM	Punarvasu Until 6:08AM	Ganesha: White	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:44PM
Kataka Rasi: 3.14	Tithi 15 – 16	Yama 10:40AM – 12:05PM	Vishkambha* Until 11:19AM	Nataraja: Green		Moon 12 - Phase 38	Purnima
Family Home Evening		843173366 Rahu 7:51AM – 9:15AM	Balava Until 9:44PM	Moon – Blue		Sivaloka Day	
Creative Work	Amrita Yoga		Purnima* Until 11:33AM	Pausha-Thai			
Until 6:08AM							
Then Creative Work - Siddha Yoga							

**Total Lunar Eclipse
Thai Pusam**

○		Tuesday, January 22, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Pyinmana, Myanmar Sutra 282 Vilamba 5120	
Silver Retreat Star		Gulika 12:05PM – 1:30PM	Ashlesha* Until 12:11AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:44PM
Kataka Rasi: 18.25	Tithi 16 – 17	Yama 9:15AM – 10:40AM	Priti Until 7:04AM	Nataraja: Green		Moon 12 - Phase 38	Prathama
		844173366 Rahu 2:55PM – 4:20PM	Taitila Until 6:03PM	Moon – Blue		Devaloka Day	
Creative Work	Siddha Yoga		Prathama* Until 7:52AM	Pausha-Thai			



Wednesday, January 23, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visi* Karana Tritiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 3.34 Tithi 18

854173366 Rahu 12:05PM - 1:30PM

Gulika 10:40AM - 12:05PM

Yama 7:51AM - 9:16AM

Magha* Until 9:34PM

Saubhagya Until 10:45PM

Vanija Until 2:30PM

Tritiya Until 12:47AM Thu

Ganesha: Purple Sunrise: 6:26AM

Muruqa: Clear Sunset: 5:45PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 9:34PM

Then Creative Work - Amrita Yoga

Thursday, January 24, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 18.34 Tithi 19

854173366 Rahu 1:31PM - 2:56PM

Gulika 9:16AM - 10:41AM

Yama 6:26AM - 7:51AM

Purvaphalguni Until 7:08PM

Sobhana Until 6:58PM

Bava Until 11:12AM

Chaturthi* Until 9:42PM

Ganesha: Purple Sunrise: 6:26AM

Muruqa: Clear Sunset: 5:46PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Friday, January 25, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 3.16 Tithi 20

954173366 Rahu 10:41AM - 12:06PM

Gulika 7:51AM - 9:16AM

Yama 2:56PM - 4:21PM

Uttaraphalguni Until 5:03PM

Athiganda* Until 3:32PM

Kaulava Until 8:21AM

Panchami Until 7:05PM

Ganesha: Clear Sunrise: 6:26AM

Muruqa: Clear Sunset: 5:46PM

Nataraja: Green

Moon - Red

Pausha*Thai

Devaloka Day

Until 5:03PM

Then Creative Work - Amrita Yoga

Saturday, January 26, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Gara/Visi* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 17.35 Tithi 21 - 22

964173366 Rahu 9:16AM - 10:41AM

Gulika 6:26AM - 7:51AM

Yama 1:31PM - 2:56PM

Hasta Until 3:49PM

Sukarma Until 12:36PM

Gara Until 6:02AM

Shashthi* Until 5:06PM

Ganesha: Purple Sunrise: 6:26AM

Muruqa: Clear Sunset: 5:47PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Sunday, January 27, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Tula Rasi: 1.28 Tithi 22 - 23

964173366 Rahu 4:22PM - 5:47PM

Gulika 2:57PM - 4:22PM

Yama 12:06PM - 1:32PM

Chitra Until 3:09PM

Dhriti Until 10:13AM

Balava Until 3:26AM Mon

Saptami Until 3:48PM

Ganesha: Purple Sunrise: 6:25AM

Muruqa: Clear Sunset: 5:47PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 14.56 Tithi 23 - 24

964173366 Rahu 7:51AM - 9:16AM

Gulika 1:32PM - 2:57PM

Yama 10:41AM - 12:07PM

Svati Until 3:02PM

Shula* Until 8:24AM

Taitila Until 3:16AM Tue

Ashtami* Until 3:14PM

Ganesha: Purple Sunrise: 6:25AM

Muruqa: Clear Sunset: 5:48PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 3:02PM

Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 289

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 28 Tithi 24 - 25

974173366 Rahu 2:58PM - 4:23PM

Gulika 12:07PM - 1:32PM

Yama 9:16AM - 10:41AM

Vishakha Until 3:58PM

Ganda* Until 7:10AM

Vanija Until 3:48AM Wed

Navami* Until 3:25PM

Ganesha: Clear Sunrise: 6:25AM

Muruqa: Clear Sunset: 5:48PM

Nataraja: Green

Moon - Orange

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 3:58PM

Then Creative Work - Siddha Yoga

1	Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Pyinmana, Myanmar Sun 8 Sutra 290 Vilamba 5120	
	Vrischika Rasi: 10.43	Tithi 25 – 26	974173366	Gulika Yama Rahu	10:41AM – 12:07PM 7:50AM – 9:16AM 12:07PM – 1:32PM	Anuradha Until 5:24PM Vriddhi Until 6:30AM Bava Until 5:00AM Thu Dashami Until 4:18PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 6:25AM Sunset: 5:49PM Moon 1 - Phase 40 2nd Phase Devaloka Day
	Creative Work Siddha Yoga							

2	Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 291 Vilamba 5120	
	Vrischika Rasi: 23.09	Tithi 26 – 27	974173366	Gulika Yama Rahu	9:16AM – 10:42AM 6:25AM – 7:50AM 1:33PM – 2:58PM	Jyeshtha* Until 7:15PM Dhruva Until 6:18AM Kaulava Until 6:45AM Fri Ekadashi* Until 5:48PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 6:25AM Sunset: 5:49PM Moon 1 - Phase 40 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga Until 7:15PM Then Creative Work - Siddha Yoga							

3	Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 292 Vilamba 5120	
	Dhanus Rasi: 5.21	Tithi 27	984173366	Gulika Yama Rahu	7:50AM – 9:16AM 2:58PM – 4:24PM 10:42AM – 12:07PM	Mula* Until 9:53PM Vyaghata* Until 6:31AM Kaulava Until 6:45AM Dvadashi* Until 7:46PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 6:25AM Sunset: 5:49PM Moon 1 - Phase 40 2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Creative Work Amrita Yoga Until 9:53PM Then Routine Work - Prabalarishta Yoga							

4	Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 293 Vilamba 5120	
	Dhanus Rasi: 17.22	Tithi 28	984173366	Gulika Yama Rahu	6:25AM – 7:50AM 1:33PM – 2:59PM 9:16AM – 10:42AM	Purvashadha* Until 12:41AM Sun Harshana Until 7:05AM Gara Until 8:56AM Trayodashi* Until 10:07PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 6:25AM Sunset: 5:50PM Moon 1 - Phase 40 2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Creative Work Siddha Yoga Until 12:41AM Sun Then Creative Work - Amrita Yoga							
	<i>Pradosha Vrata (Fasting)</i>							

5	Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 294 Vilamba 5120	
	Dhanus Rasi: 29.17	Tithi 29	984173366	Gulika Yama Rahu	2:59PM – 4:25PM 12:07PM – 1:33PM 4:25PM – 5:50PM	Uttarashadha Until 3:33AM Mon Vajra* Until 7:50AM Visti Until 11:24AM Chaturdashi* Until 12:42AM Mon	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 6:24AM Sunset: 5:50PM Moon 1 - Phase 40 2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Creative Work Amrita Yoga							

●	Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pyinmana, Myanmar Sun 13 Sutra 295 Vilamba 5120			
	Retreat Star		Makara Rasi: 11.07	Tithi 30	995173367	Gulika Yama Rahu	1:33PM – 2:59PM 10:42AM – 12:08PM 7:50AM – 9:16AM	Shravana Until 6:50AM Tue Siddhi Until 8:45AM Catuspada Until 2:04PM Amavasya* Until 3:24AM Tue	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Pausha*Thai	Sunrise: 6:24AM Sunset: 5:51PM Moon 1 - Phase 40 Amavasya Devaloka Day
	Family Home Evening Creative Work Amrita Yoga Until 6:50AM Tue Then Creative Work - Siddha Yoga									

●	Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Pyinmana, Myanmar Sun 14 Sutra 296 Vilamba 5120			
	Retreat Star		Makara Rasi: 22.55	Tithi 1	995173367	Gulika Yama Rahu	12:08PM – 1:34PM 9:16AM – 10:42AM 2:59PM – 4:25PM	Shravana Until 6:50AM Vyatipata* Until 9:45AM Kintughna Until 4:47PM Prathama* Until 6:06AM Wed	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Magha*Thai	Sunrise: 6:24AM Sunset: 5:51PM Moon 1 - Phase 40 Prathama Devaloka Day
	Creative Work Siddha Yoga									

1		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Pyinmana, Myanmar Sun 15 Sutra 297	
Kumbha Rasi: 4.43	Tithi 1 – 2	Gulika	10:42AM – 12:08PM	Dhanishtha Until 9:57AM	Ganesha: Red	Sunrise: 6:24AM	Vilamba 5120
		Yama	7:50AM – 9:16AM	Variyan Until 10:42AM	Muruqa: Clear	Sunset: 5:52PM	Moon 1 - Phase 41
		995173367 Rahu	12:08PM – 1:34PM	Balava Until 7:27PM	Nataraja: White		3rd Phase
Routine Work	Prabalarishta Yoga			Prathama* Until 6:06AM	Moon – Purple		Devaloka Day
Until 9:57AM					Magha-Thai		
Then Creative Work - Siddha Yoga							

2		Thursday, February 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitya/Trityayam Titau		Pyinmana, Myanmar Sun 16 Sutra 298	
Kumbha Rasi: 16.32	Tithi 2 – 3	Gulika	9:16AM – 10:42AM	Shatabhishak Until 12:48PM	Ganesha: Red	Sunrise: 6:23AM	Vilamba 5120
		Yama	6:23AM – 7:49AM	Parigha* Until 11:36AM	Muruqa: Clear	Sunset: 5:52PM	Moon 1 - Phase 41
		995173367 Rahu	1:34PM – 3:00PM	Taitila Until 9:58PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga			Dvitya Until 8:43AM	Moon – Purple		Devaloka Day
					Magha-Thai		

3		Friday, February 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritya/Chaturtham Titau		Pyinmana, Myanmar Sun 17 Sutra 299	
Kumbha Rasi: 28.26	Tithi 3 – 4	Gulika	7:49AM – 9:15AM	Purvaproshtapada* Until 3:47PM	Ganesha: Blue	Sunrise: 6:23AM	Vilamba 5120
		Yama	3:00PM – 4:27PM	Shiva Until 12:21PM	Muruqa: Clear	Sunset: 5:53PM	Moon 1 - Phase 41
		915173367 Rahu	10:42AM – 12:08PM	Vanija Until 12:15AM Sat	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 11:08AM	Moon – Clear		Sivaloka Day
					Magha-Thai		

4		Saturday, February 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Pyinmana, Myanmar Sun 18 Sutra 300	
Meena Rasi: 10.26	Tithi 4 – 5	Gulika	6:23AM – 7:49AM	Uttaraproshtapada Until 6:19PM	Ganesha: Blue	Sunrise: 6:23AM	Vilamba 5120
		Yama	1:34PM – 3:01PM	Siddha Until 12:51PM	Muruqa: Clear	Sunset: 5:53PM	Moon 1 - Phase 41
		915173367 Rahu	9:15AM – 10:42AM	Bava Until 2:12AM Sun	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 1:15PM	Moon – Clear		Sivaloka Day
Until 6:19PM					Magha-Thai		
Then Routine Work - Prabalarishta Yoga							

5		Sunday, February 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pyinmana, Myanmar Sun 19 Sutra 301	
Meena Rasi: 22.35	Tithi 5 – 6	Gulika	3:01PM – 4:27PM	Revati Until 8:17PM	Ganesha: Red	Sunrise: 6:22AM	Vilamba 5120
		Yama	12:08PM – 1:34PM	Sadhya Until 1:05PM	Muruqa: Clear	Sunset: 5:54PM	Moon 1 - Phase 41
		915273367 Rahu	4:27PM – 5:54PM	Kaulava Until 3:41AM Mon	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga			Panchami Until 2:59PM	Moon – Clear		Devaloka Day
Until 8:17PM					Magha-Thai		
Then Creative Work - Siddha Yoga							

6		Monday, February 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Pyinmana, Myanmar Sun 20 Sutra 302	
Mesha Rasi: 4.56	Tithi 6 – 7	Gulika	1:34PM – 3:01PM	Ashvini Until 10:03PM	Ganesha: Blue	Sunrise: 6:22AM	Vilamba 5120
Family Home Evening		Yama	10:41AM – 12:08PM	Subha Until 12:56PM	Muruqa: Clear	Sunset: 5:54PM	Moon 1 - Phase 41
		925273367 Rahu	7:48AM – 9:15AM	Gara Until 4:36AM Tue	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 4:12PM	Moon – White		Bhuloka Day
					Magha-Thai		Devaloka Time: 12:PM to 3:PM

Retreat Star		Tuesday, February 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pyinmana, Myanmar Sun 21 Sutra 303	
Mesha Rasi: 17.31	Tithi 7 – 8	Gulika	12:08PM – 1:35PM	Bharani Until 11:02PM	Ganesha: Blue	Sunrise: 6:22AM	Vilamba 5120
		Yama	9:15AM – 10:41AM	Sukla Until 12:18PM	Muruqa: Clear	Sunset: 5:54PM	Moon 1 - Phase 41
		925273367 Rahu	3:01PM – 4:28PM	Visti Until 4:50AM Wed	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga			Saptami Until 4:47PM	Moon – White		Bhuloka Day
					Magha-Thai		Devaloka Time: 12:PM to 3:PM

Retreat Star		Wednesday, February 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pyinmana, Myanmar Sun 22 Sutra 304	
Vrishabha Rasi: 0.26	Tithi 8 – 9	Gulika	10:41AM – 12:08PM	Krittika Until 11:10PM	Ganesha: Yellow	Sunrise: 6:21AM	Vilamba 5120
		Yama	7:48AM – 9:15AM	Brahma Until 11:09AM	Muruqa: Clear	Sunset: 5:55PM	Moon 1 - Phase 41
		926273367 Rahu	12:08PM – 1:35PM	Balava Until 4:20AM Thu	Nataraja: White		Ashtami
Creative Work	Amrita Yoga			Ashtami* Until 4:40PM	Moon – White		Devaloka Day
Until 11:10PM					Magha-Masi		
Then Creative Work - Siddha Yoga							


Retreat Star		Thursday, February 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pyinmana, Myanmar Sun 23 Sutra 305	
Vrishabha Rasi: 13.44	Tithi 9 – 10	Gulika	9:14AM – 10:41AM	Rohini Until 10:51PM	Ganesha: White	Sunrise: 6:21AM	Vilamba 5120
		Yama	6:21AM – 7:48AM	Indra Until 9:25AM	Muruqa: Clear	Sunset: 5:55PM	Moon 1 - Phase 41
		936273367 Rahu	1:35PM – 3:02PM	Taitila Until 3:03AM Fri	Nataraja: White		Navami
Routine Work	Marana Yoga			Navami* Until 3:46PM	Moon – Yellow		Sivaloka Day
					Magha-Masi		

1	Friday, February 15, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Pyinmana, Myanmar Sun 24 Sutra 306 Vilamba 5120
	Vrishabha Rasi: 27.28 Tithi 10 – 11	Gulika 7:47AM – 9:14AM	Mrigashira Until 9:40PM	Ganesha: White <i>Sunrise:</i> 6:20AM	
		Yama 3:02PM – 4:29PM	Vaidhriti* Until 7:03AM	Muruqa: Clear <i>Sunset:</i> 5:56PM	Moon 1 - Phase 42
	936273367 Rahu 10:41AM – 12:08PM		Vanija Until 1:03AM Sat	Nataraja: White	4th Phase
Creative Work Siddha Yoga		Dashami Until 2:07PM	Magha-Masi	Sivaloka Day	

2	Saturday, February 16, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Pyinmana, Myanmar Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 11.38 Tithi 11 – 12	Gulika 6:20AM – 7:47AM	Ardra Until 7:41PM	Ganesha: White <i>Sunrise:</i> 6:20AM	
		Yama 1:35PM – 3:02PM	Priti Until 12:44AM Sun	Muruqa: Clear <i>Sunset:</i> 5:56PM	Moon 1 - Phase 42
	936273367 Rahu 9:14AM – 10:41AM		Bava Until 10:25PM	Nataraja: White	4th Phase
Creative Work Siddha Yoga		Ekadashi Until 11:48AM	Magha-Masi	Sivaloka Day	

3	Sunday, February 17, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Pyinmana, Myanmar Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 26.13 Tithi 12 – 13	Gulika 3:02PM – 4:29PM	Punarvasu Until 5:27PM	Ganesha: Clear <i>Sunrise:</i> 6:19AM	
		Yama 12:08PM – 1:35PM	Ayushman Until 8:54PM	Muruqa: Clear <i>Sunset:</i> 5:56PM	Moon 1 - Phase 42
	946273367 Rahu 4:29PM – 5:56PM		Kaulava Until 7:16PM	Nataraja: White	4th Phase
Creative Work Siddha Yoga		Dvadashi Until 8:53AM	Magha-Masi	Devaloka Day	
		<i>Pradosha Vrata</i>			

4	Monday, February 18, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau			Pyinmana, Myanmar Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 11.1 Tithi 14	Gulika 1:35PM – 3:02PM	Pushya Until 2:42PM	Ganesha: Clear <i>Sunrise:</i> 6:19AM	
	Family Home Evening	Yama 10:41AM – 12:08PM	Saubhagya Until 4:47PM	Muruqa: Clear <i>Sunset:</i> 5:57PM	Moon 1 - Phase 42
	946273367 Rahu 7:46AM – 9:13AM		Gara Until 3:45PM	Nataraja: White	4th Phase
Creative Work Siddha Yoga	Chidambaram Abhishekam	Chaturdashi* Until 1:53AM Tue	Magha-Masi	Devaloka Day	

	Tuesday, February 19, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau			Pyinmana, Myanmar Sutra 310 Vilamba 5120
	Copper Retreat Star	Gulika 12:08PM – 1:35PM	Ashlesha* Until 11:36AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM	
	Kataka Rasi: 26.2 Tithi 15	Yama 9:13AM – 10:40AM	Sobhana Until 12:30PM	Muruqa: Clear <i>Sunset:</i> 5:57PM	Moon 1 - Phase 42
	946273367 Rahu 3:02PM – 4:30PM		Visti Until 12:01PM	Nataraja: White	Purnima
Creative Work Siddha Yoga		Purnima* Until 10:06PM	Magha-Masi	Devaloka Day	

	Wednesday, February 20, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau			Pyinmana, Myanmar Sutra 311 Vilamba 5120
	Silver Retreat Star	Gulika 10:40AM – 12:08PM	Magha* Until 8:42AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM	
	Simha Rasi: 12 Tithi 16	Yama 7:45AM – 9:13AM	Athiganda* Until 8:10AM	Muruqa: Clear <i>Sunset:</i> 5:57PM	Moon 1 - Phase 42
	957273367 Rahu 12:08PM – 1:35PM		Balava Until 8:13AM	Nataraja: White	Prathama
Creative Work Siddha Yoga		Prathama* Until 6:21PM	Magha-Masi	Devaloka Day	
Until 8:42AM					
Then Creative Work - Amrita Yoga					

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Simha Rasi: 26.46 Tithi 17 - 18

957273367

Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:12AM - 10:40AM
Yama 6:17AM - 7:45AM
Rahu 1:35PM - 3:03PM
Uttaraphalguni Until 3:04AM Fri
Dhriti Until 11:58PM
Vanija Until 1:11AM Fri
Dvitiya Until 2:48PM

Ganesha: Clear *Sunrise: 6:17AM*
Muruqa: Clear *Sunset: 5:58PM*
Nataraja: White
Moon - Red
Magha-Masi

Pyinmana, Myanmar
Sun 1 Sutra 312
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

1

Friday, February 22, 2019

Kanya Rasi: 11.43 Tithi 18 - 19

967273367

Creative Work Amrita Yoga

Until 1:05AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 7:44AM - 9:12AM
Yama 3:03PM - 4:30PM
Rahu 10:40AM - 12:07PM
Hasta Until 1:05AM Sat
Shula* Until 8:19PM
Bava Until 10:15PM
Tritiya Until 11:38AM

Ganesha: White *Sunrise: 6:17AM*
Muruqa: Clear *Sunset: 5:58PM*
Nataraja: White
Moon - Green
Magha-Masi

Pyinmana, Myanmar
Sun 2 Sutra 313
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Saturday, February 23, 2019

Kanya Rasi: 26.16 Tithi 19 - 20

967273367

Routine Work Marana Yoga

Until 11:34PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:16AM - 7:44AM
Yama 1:35PM - 3:03PM
Rahu 9:12AM - 10:40AM
Chitra Until 11:34PM
Ganda* Until 5:11PM
Kaulava Until 7:56PM
Chaturthi* Until 8:59AM

Ganesha: White *Sunrise: 6:16AM*
Muruqa: Clear *Sunset: 5:58PM*
Nataraja: White
Moon - Green
Magha-Masi

Pyinmana, Myanmar
Sun 3 Sutra 314
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Sunday, February 24, 2019

Tula Rasi: 10.23 Tithi 20 - 21

967273367

Creative Work Siddha Yoga

Until 10:39PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 3:03PM - 4:31PM
Yama 12:07PM - 1:35PM
Rahu 4:31PM - 5:59PM
Svati Until 10:39PM
Vridhi Until 2:38PM
Gara Until 6:21PM
Panchami Until 7:01AM

Ganesha: White *Sunrise: 6:16AM*
Muruqa: Clear *Sunset: 5:59PM*
Nataraja: White
Moon - Green
Magha-Masi

Pyinmana, Myanmar
Sun 4 Sutra 315
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Monday, February 25, 2019

Tula Rasi: 24.01 Tithi 22

977273367

Family Home Evening

Routine Work Marana Yoga

Until 10:52PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 1:35PM - 3:03PM
Yama 10:39AM - 12:07PM
Rahu 7:43AM - 9:11AM
Vishakha Until 10:52PM
Dhruva Until 12:43PM
Visti Until 5:36PM
Saptami Until 5:32AM Tue

Ganesha: Yellow *Sunrise: 6:15AM*
Muruqa: Clear *Sunset: 5:59PM*
Nataraja: White
Moon - Orange
Magha-Masi

Pyinmana, Myanmar
Sun 5 Sutra 316
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

☾

Tuesday, February 26, 2019

Retreat Star

Vrischika Rasi: 7.11 Tithi 23

977273367

Creative Work Siddha Yoga

Until 11:47PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 12:07PM - 1:35PM
Yama 9:11AM - 10:39AM
Rahu 3:03PM - 4:31PM
Anuradha Until 11:47PM
Vyaghata* Until 11:29AM
Balava Until 5:44PM
Ashtami* Until 6:05AM Wed

Ganesha: Yellow *Sunrise: 6:15AM*
Muruqa: Clear *Sunset: 5:59PM*
Nataraja: White
Moon - Orange
Magha-Masi

Pyinmana, Myanmar
Sun 6 Sutra 317
Vilamba 5120
Moon 2 - Phase 43
Ashtami

Devaloka Day

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 19.55 Tithi 23 - 24

978273367

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:39AM - 12:07PM
Yama 7:42AM - 9:10AM
Rahu 12:07PM - 1:35PM
Jyeshtha* Until 1:19AM Thu
Harshana Until 10:57AM
Taitila Until 6:41PM
Ashtami* Until 6:05AM

Ganesha: Blue *Sunrise: 6:14AM*
Muruqa: Clear *Sunset: 6:00PM*
Nataraja: White
Moon - Orange
Magha-Masi

Pyinmana, Myanmar
Sun 7 Sutra 318
Vilamba 5120
Moon 2 - Phase 43
Navami

Sivaloka Day

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Pynmana, Myanmar Sun 8 Sutra 319	
Dhanus Rasi: 2.17	Tithi 24 – 25	Gulika 9:10AM – 10:38AM	Mula* Until 3:51AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:13AM	Vilamba 5120	
		Yama 6:13AM – 7:42AM	Vajra* Until 10:57AM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 44	
	988273367	Rahu 1:35PM – 3:03PM	Vanija Until 8:23PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 7:26AM	Moon – Light Blue		Devaloka Day	
Until 3:51AM Fri				Magha-Masi			
Then Routine Work - Prabalarishta Yoga							

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pynmana, Myanmar Sun 9 Sutra 320	
Dhanus Rasi: 14.24	Tithi 25 – 26	Gulika 7:41AM – 9:09AM	Purvashadha* Until 6:40AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:12AM	Vilamba 5120	
		Yama 3:03PM – 4:32PM	Siddhi Until 11:27AM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 44	
	988273367	Rahu 10:38AM – 12:06PM	Bava Until 10:37PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga		Dashami Until 9:25AM	Moon – Light Blue		Devaloka Day	
Until 6:40AM Sat				Magha-Masi			
Then Routine Work - Marana Yoga							

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Pynmana, Myanmar Sun 10 Sutra 321	
Dhanus Rasi: 26.19	Tithi 26 – 27	Gulika 6:11AM – 7:40AM	Purvashadha* Until 6:40AM	Ganesha: Red	<i>Sunrise:</i> 6:11AM	Vilamba 5120	
		Yama 1:35PM – 3:03PM	Vyatipata* Until 12:17PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44	
	988273367	Rahu 9:09AM – 10:37AM	Kaulava Until 1:13AM Sun	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:52AM	Moon – Light Blue		Devaloka Day	
Until 6:40AM				Magha-Masi			
Then Routine Work - Marana Yoga							

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Pynmana, Myanmar Sun 11 Sutra 322	
Makara Rasi: 8.08	Tithi 27 – 28	Gulika 3:03PM – 4:32PM	Uttarashadha Until 9:37AM	Ganesha: Red	<i>Sunrise:</i> 6:11AM	Vilamba 5120	
		Yama 12:06PM – 1:35PM	Variyan Until 1:16PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44	
	988273367	Rahu 4:32PM – 6:01PM	Gara Until 3:57AM Mon	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 2:33PM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Pynmana, Myanmar Sun 12 Sutra 323	
Makara Rasi: 19.54	Tithi 28 – 29	Gulika 1:35PM – 3:03PM	Shravana Until 12:58PM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	Vilamba 5120	
Family Home Evening		Yama 10:37AM – 12:06PM	Parigha* Until 2:20PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44	
	998273367	Rahu 7:39AM – 9:08AM	Visti Until 6:40AM Tue	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 5:18PM	Moon – Purple		Devaloka Day	
Until 12:58PM				Magha-Masi			
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)					
		Mahasivaratri (Solar)					

6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pynmana, Myanmar Sun 13 Sutra 324	
Kumbha Rasi: 1.41	Tithi 29	Gulika 12:05PM – 1:34PM	Dhanishtha Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Vilamba 5120	
		Yama 9:07AM – 10:36AM	Shiva Until 3:21PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44	
	999273367	Rahu 3:03PM – 4:32PM	Visti Until 6:40AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:57PM	Moon – Purple		Bhuloka Day	
Until 4:05PM				Magha-Masi		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pynmana, Myanmar Sun 14 Sutra 325	
Kumbha Rasi: 13.32	Tithi 30	Gulika 10:36AM – 12:05PM	Shatabhishak Until 6:51PM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	Vilamba 5120	
		Yama 7:38AM – 9:07AM	Siddha Until 4:11PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 44	
	199273367	Rahu 12:05PM – 1:34PM	Catuspada Until 9:14AM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 10:24PM	Moon – Purple		Devaloka Day	
Until 6:51PM				Magha-Masi			
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Pynmana, Myanmar Sun 15 Sutra 326	
Kumbha Rasi: 25.28	Tithi 1	Gulika 9:07AM – 10:36AM	Purvaproshtapada* Until 9:42PM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	Vilamba 5120	
		Yama 6:08AM – 7:37AM	Sadhya Until 4:50PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 44	
	119373367	Rahu 1:34PM – 3:03PM	Kintughna Until 11:32AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:33AM Fri	Moon – Clear		Devaloka Day	
				Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Friday, March 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Pynmana, Myanmar Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 7.3	Tithi 2	Gulika 7:37AM – 9:06AM Yama 3:03PM – 4:33PM 119373367 Rahu 10:35AM – 12:05PM	Uttaraproshtapada Until 12:04AM Sat Subha Until 5:16PM Balava Until 1:31PM Dvitiya Until 2:22AM Sat	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:07AM Sunset: 6:02PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Creative Work Siddha Yoga Until 12:04AM Sat Then Routine Work - Prabalarishta Yoga							
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau		Pynmana, Myanmar Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 19.41	Tithi 3	Gulika 6:07AM – 7:36AM Yama 1:34PM – 3:03PM 119373367 Rahu 9:06AM – 10:35AM	Revati Until 1:56AM Sun Sukla Until 5:25PM Taitila Until 3:11PM Tritiya Until 3:51AM Sun	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:07AM Sunset: 6:02PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Routine Work Prabalarishta Yoga Until 1:56AM Sun Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau		Pynmana, Myanmar Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 2.01	Tithi 4	Gulika 3:03PM – 4:33PM Yama 12:04PM – 1:34PM 129373367 Rahu 4:33PM – 6:03PM	Ashvini Until 3:45AM Mon Brahma Until 5:17PM Vanija Until 4:27PM Chaturthi* Until 4:56AM Mon	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:06AM Sunset: 6:03PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Creative Work Siddha Yoga							
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Pynmana, Myanmar Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 14.3	Tithi 5	Gulika 1:34PM – 3:03PM Yama 10:34AM – 12:04PM 129373367 Rahu 7:35AM – 9:05AM	Bharani Until 4:59AM Tue Indra Until 4:52PM Bava Until 5:19PM Panchami Until 5:34AM Tue	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:05AM Sunset: 6:03PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Family Home Evening Creative Work Siddha Yoga							
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Pynmana, Myanmar Sun 20 Sutra 331 Vilamba 5120	
Mesha Rasi: 27.11	Tithi 6	Gulika 12:04PM – 1:34PM Yama 9:04AM – 10:34AM 129373367 Rahu 3:03PM – 4:33PM	Krittika Until 5:35AM Wed Vaidhriti* Until 4:03PM Kaulava Until 5:43PM Shashthi* Until 5:42AM Wed	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:05AM Sunset: 6:03PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Creative Work Siddha Yoga							
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau		Pynmana, Myanmar Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 10.08	Tithi 7	Gulika 10:34AM – 12:03PM Yama 7:34AM – 9:04AM 131373367 Rahu 12:03PM – 1:33PM	Rohini Until 5:57AM Thu Vishkambha* Until 2:51PM Gara Until 5:35PM Saptami Until 5:17AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:04AM Sunset: 6:03PM	Moon 2 - Phase 45 3rd Phase Sivaloka Day	
Creative Work Siddha Yoga Until 5:57AM Thu Then Routine Work - Marana Yoga							
☾		Thursday, March 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau		Pynmana, Myanmar Sun 22 Sutra 333 Vilamba 5120	
Retreat Star		Gulika 9:03AM – 10:33AM Yama 6:03AM – 7:33AM 131373367 Rahu 1:33PM – 3:03PM	Mrigashira Until 5:33AM Fri Priti Until 1:12PM Visti Until 4:51PM Ashtami* Until 4:14AM Fri	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:03AM Sunset: 6:03PM	Moon 2 - Phase 45 Ashtami Sivaloka Day	
Vrishabha Rasi: 23.21 Tithi 8 Routine Work Marana Yoga Until 5:33AM Fri Then Creative Work - Siddha Yoga							
☽		Friday, March 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Pynmana, Myanmar Sun 23 Sutra 334 Vilamba 5120	
Retreat Star		Gulika 7:32AM – 9:03AM Yama 3:03PM – 4:33PM 131373367 Rahu 10:33AM – 12:03PM	Ardra Until 4:25AM Sat Ayushman Until 11:02AM Balava Until 3:30PM Navami* Until 2:35AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:02AM Sunset: 6:04PM	Moon 2 - Phase 45 Navami Sivaloka Day	
Mithuna Rasi: 6.55 Tithi 9 Creative Work Siddha Yoga		Karadaiyan Nombu (Tamil Nadu)					

1		Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Pynmana, Myanmar Sun 24 Sutra 335 Vilamba 5120	
Mithuna Rasi: 20.5	Tithi 10	Gulika 6:02AM – 7:32AM	Punarvasu Until 2:59AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	Yama 1:33PM – 3:03PM	Saubhagya Until 8:23AM	Nataraja: Clear				4th Phase	
		141373368 Rahu 9:02AM – 10:32AM	Taitila Until 1:32PM	Moon – Blue				Sivaloka Day	
			Dashami Until 12:20AM Sun	Phalguna•Panguni					

2		Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Pynmana, Myanmar Sun 25 Sutra 336 Vilamba 5120	
Kataka Rasi: 5.08	Tithi 11	Gulika 3:03PM – 4:34PM	Pushya Until 12:54AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	Yama 12:02PM – 1:33PM	Athiganda* Until 1:47AM Mon	Nataraja: Clear				4th Phase	
		141373368 Rahu 4:34PM – 6:04PM	Vanija Until 11:02AM	Moon – Blue				Sivaloka Day	
			Ekadashi Until 9:34PM	Phalguna•Panguni					

3		Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Pynmana, Myanmar Sun 26 Sutra 337 Vilamba 5120	
Kataka Rasi: 19.47	Tithi 12	Gulika 1:33PM – 3:03PM	Ashlesha* Until 10:19PM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46	
Family Home Evening		Yama 10:32AM – 12:02PM	Sukarma Until 9:58PM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga	141373368 Rahu 7:31AM – 9:01AM	Bava Until 8:03AM	Moon – Blue				Sivaloka Day	
Until 10:19PM		Yogaswami Mahasamadhi	Dvadashi Until 6:25PM	Phalguna•Panguni					
Then Routine Work - Marana Yoga									

4		Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 27 Sutra 338 Vilamba 5120	
Simha Rasi: 4.42	Tithi 13 – 14	Gulika 12:02PM – 1:32PM	Magha* Until 7:45PM	Ganesha: White	<i>Sunrise:</i> 5:59AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	Yama 9:01AM – 10:31AM	Dhriti Until 5:58PM	Nataraja: Clear				4th Phase	
		151373368 Rahu 3:03PM – 4:34PM	Gara Until 1:14AM Wed	Moon – Red				Subha Sivaloka Day	
			Trayodashi Until 2:59PM	Phalguna•Panguni					
				<i>Pradosha Vrata</i>					

		Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pynmana, Myanmar Sutra 339 Vilamba 5120	
Copper Retreat Star		Gulika 10:31AM – 12:01PM	Purvaphalguni Until 4:58PM	Ganesha: White	<i>Sunrise:</i> 5:59AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46	
Simha Rasi: 19.46	Tithi 14 – 15	Yama 7:29AM – 9:00AM	Shula* Until 1:52PM	Nataraja: Clear				Purnima	
Creative Work	Amrita Yoga	151373368 Rahu 12:01PM – 1:32PM	Visti Until 9:41PM	Moon – Red				Subha Sivaloka Day	
		Panguni Uttiram	Chaturdashi* Until 11:26AM	Phalguna•Panguni					
		Holi							

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pynmana, Myanmar Sutra 340 Vilamba 5120			
Silver Retreat Star		Gulika 8:59AM – 10:30AM	Uttaraphalguni Until 2:08PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 46	
Kanya Rasi: 4.49	Tithi 15 – 16	Yama 5:58AM – 7:29AM	Ganda* Until 9:49AM	Nataraja: Clear				Prathama	
Amrita Yoga		151373368 Rahu 1:32PM – 3:03PM	Balava Until 6:15PM	Moon – Red				Subha Sivaloka Day	
Until 2:08PM			Purnima* Until 7:55AM	Phalguna•Panguni					
Then Routine Work - Marana Yoga									

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda



Friday, March 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 341

Kanya Rasi: 19.44 Tithi 17

161383368

Gulika 7:28AM – 8:59AM
Yama 3:03PM – 4:34PM
Rahu 10:30AM – 12:01PM

Hasta **Until 11:51AM**
Dhruva **Until 6:00AM**
Taitila **Until 3:07PM**
Dvitiya **Until 1:42AM Sat**

Ganesha: Yellow *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 6:05PM

Moon 3 - Phase 47
1st Phase

Creative Work Amrita Yoga

Until 11:51AM

Then Creative Work - Siddha Yoga

Moon – Green
Phalguna-Panguni

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 342

Tula Rasi: 4.2 Tithi 18

161383368

Gulika 5:56AM – 7:27AM
Yama 1:32PM – 3:03PM
Rahu 8:58AM – 10:29AM

Chitra **Until 9:51AM**
Vyaghata* **Until 11:21PM**
Vanija **Until 12:27PM**
Tritiya **Until 11:20PM**

Ganesha: Yellow *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 6:05PM

Moon 3 - Phase 47
1st Phase

Routine Work Marana Yoga

Until 9:51AM

Then Creative Work - Siddha Yoga

Moon – Green
Phalguna-Panguni

Devaloka Day

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturtham Titau

Pyinmana, Myanmar
Sun 2 Sutra 343

Tula Rasi: 18.33 Tithi 19

162383368

Gulika 3:03PM – 4:34PM
Yama 12:00PM – 1:31PM
Rahu 4:34PM – 6:05PM

Svati **Until 8:20AM**
Harshana **Until 8:51PM**
Bava **Until 10:25AM**
Chaturthi* **Until 9:39PM**

Ganesha: Blue *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 6:05PM

Moon 3 - Phase 47
1st Phase

Creative Work Siddha Yoga

Until 8:20AM

Then Routine Work - Marana Yoga

Moon – Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 344

Vrischika Rasi: 2.18 Tithi 20

172383368

Gulika 1:31PM – 3:03PM
Yama 10:29AM – 12:00PM
Rahu 7:26AM – 8:57AM

Vishakha **Until 7:49AM**
Vajra* **Until 6:59PM**
Kaulava **Until 9:08AM**
Panchami **Until 8:47PM**

Ganesha: Red *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 6:05PM

Moon 3 - Phase 47
1st Phase

Family Home Evening

Routine Work Marana Yoga

Until 7:49AM

Then Creative Work - Siddha Yoga

Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 345

Vrischika Rasi: 15.34 Tithi 21

172383368

Gulika 12:00PM – 1:31PM
Yama 8:57AM – 10:28AM
Rahu 3:03PM – 4:34PM

Anuradha **Until 8:01AM**
Siddhi **Until 5:49PM**
Gara **Until 8:42AM**
Shashthi* **Until 8:48PM**

Ganesha: Red *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:05PM

Moon 3 - Phase 47
1st Phase

Creative Work Siddha Yoga

Until 8:01AM

Then Routine Work - Marana Yoga

Moon – Orange
Phalguna-Panguni

Devaloka Day

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saplamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 346

Vrischika Rasi: 28.22 Tithi 22

172383368

Gulika 10:28AM – 11:59AM
Yama 7:25AM – 8:56AM
Rahu 11:59AM – 1:31PM

Jyeshtha* **Until 8:55AM**
Vyatipata* **Until 5:20PM**
Visti **Until 9:10AM**
Saptami **Until 9:42PM**

Ganesha: Red *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:06PM

Moon 3 - Phase 47
1st Phase

Creative Work Siddha Yoga

Until 8:55AM

Then Routine Work - Marana Yoga

Moon – Orange
Phalguna-Panguni

Devaloka Day

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 347

Dhanus Rasi: 10.48 Tithi 23

182383368

Gulika 8:56AM – 10:27AM
Yama 5:52AM – 7:24AM
Rahu 1:31PM – 3:02PM

Mula* **Until 10:56AM**
Variyan **Until 5:27PM**
Balava **Until 10:28AM**
Ashtami* **Until 11:22PM**

Ganesha: Green *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 6:06PM

Moon 3 - Phase 47
Ashtami

Creative Work Siddha Yoga

Moon – Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 348

Dhanus Rasi: 22.56 Tithi 24

182383468

Gulika 7:23AM – 8:55AM
Yama 3:02PM – 4:34PM
Rahu 10:27AM – 11:59AM

Purvashadha* **Until 1:28PM**
Parigha* **Until 6:03PM**
Taitila **Until 12:27PM**
Navami* **Until 1:37AM Sat**

Ganesha: Green *Sunrise:* 5:52AM
Muruqa: Yellow *Sunset:* 6:06PM

Moon 3 - Phase 47
Navami

Routine Work Prabalarishta Yoga

Until 1:28PM

Then Routine Work - Marana Yoga

Moon – Light Blue
Phalguna-Panguni

Devaloka Day

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visli* Karana Dashamyam Titau				Pynmana, Myanmar Sun 8 Sutra 349 Vilamba 5120
	Makara Rasi: 4.51	Tithi 25	Gulika 5:51AM – 7:23AM	Uttarashadha Until 4:15PM	Ganesha: Green	<i>Sunrise:</i> 5:51AM	
			Yama 1:30PM – 3:02PM	Shiva Until 7:00PM	Muruqa: Yellow	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48
		182383468	Rahu 8:55AM – 10:27AM	Vanija Until 2:54PM	Nataraja: Purple		2nd Phase
Routine Work Marana Yoga Until 4:15PM Then Creative Work - Siddha Yoga			Dashami Until 4:12AM Sun	Phalguna-Panguni	Devaloka Day		

2	Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Pynmana, Myanmar Sun 9 Sutra 350 Vilamba 5120
	Makara Rasi: 16.4	Tithi 26	Gulika 3:02PM – 4:34PM	Shravana Until 7:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:50AM	
			Yama 11:58AM – 1:30PM	Siddha Until 8:03PM	Muruqa: Yellow	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48
		192383468	Rahu 4:34PM – 6:06PM	Bava Until 5:35PM	Nataraja: Purple		2nd Phase
Creative Work Amrita Yoga Until 7:35PM Then Routine Work - Marana Yoga			Ekadashi* Until 6:54AM Mon	Phalguna-Panguni	Sivaloka Day		

3	Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pynmana, Myanmar Sun 10 Sutra 351 Vilamba 5120
	Makara Rasi: 28.26	Tithi 26 – 27	Gulika 1:30PM – 3:02PM	Dhanishtha Until 10:43PM	Ganesha: Green	<i>Sunrise:</i> 5:50AM	
	Family Home Evening		Yama 10:26AM – 11:58AM	Sadhya Until 9:05PM	Muruqa: Yellow	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48
		192483468	Rahu 7:22AM – 8:54AM	Kaulava Until 8:14PM	Nataraja: Purple		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 6:54AM	Phalguna-Panguni	Subha Sivaloka Day		

4	Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Pynmana, Myanmar Sun 11 Sutra 352 Vilamba 5120
	Kumbha Rasi: 10.15	Tithi 27 – 28	Gulika 11:58AM – 1:30PM	Shatabhishak Until 1:28AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:49AM	
			Yama 8:54AM – 10:26AM	Subha Until 9:59PM	Muruqa: Yellow	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48
		192483468	Rahu 3:02PM – 4:34PM	Gara Until 10:41PM	Nataraja: Purple		2nd Phase
Routine Work Marana Yoga Until 1:28AM Wed Then Creative Work - Amrita Yoga			Dvadashi* Until 9:29AM	Phalguna-Panguni	Subha Sivaloka Day		
<i>Pradosha Vrata (Fasting)</i>							

5	Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 12 Sutra 353 Vilamba 5120
	Kumbha Rasi: 22.1	Tithi 28 – 29	Gulika 10:25AM – 11:58AM	Purvaproshtapada* Until 4:13AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:49AM	
			Yama 7:21AM – 8:53AM	Sukla Until 10:35PM	Muruqa: Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48
		112483468	Rahu 11:58AM – 1:30PM	Visli Until 12:48AM Thu	Nataraja: Purple		2nd Phase
Creative Work Amrita Yoga Until 4:13AM Thu Then Creative Work - Siddha Yoga			Trayodashi* Until 11:46AM	Phalguna-Panguni	Sivaloka Day		

	Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pynmana, Myanmar Sun 13 Sutra 354 Vilamba 5120
	Retreat Star		Gulika 8:53AM – 10:25AM	Uttaraproshtapada Until 6:24AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:48AM	
	Meena Rasi: 4.13	Tithi 29 – 30	Yama 5:48AM – 7:20AM	Brahma Until 10:54PM	Muruqa: Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48
		112483468	Rahu 1:30PM – 3:02PM	Catuspada Until 2:29AM Fri	Nataraja: Purple		Amavasya
Creative Work Siddha Yoga			Chaturdashi* Until 1:40PM	Phalguna-Panguni	Sivaloka Day		

6	Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pynmana, Myanmar Sun 14 Sutra 355 Vilamba 5120
	Retreat Star		Gulika 7:20AM – 8:52AM	Uttaraproshtapada Until 6:24AM	Ganesha: Orange	<i>Sunrise:</i> 5:47AM	
	Meena Rasi: 16.27	Tithi 30 – 1	Yama 3:02PM – 4:34PM	Indra Until 10:55PM	Muruqa: Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48
		112483468	Rahu 10:24AM – 11:57AM	Kintughna Until 3:45AM Sat	Nataraja: Purple		Prathama
Creative Work Siddha Yoga		Yugadhi	Amavasya* Until 3:09PM	Chaitra-Panguni	Sivaloka Day		

1		Saturday, April 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Pyinmana, Myanmar Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 28.52	Tithi 1 – 2	Gulika 5:46AM – 7:19AM	Revati Until 8:00AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:46AM		
		Yama 1:29PM – 3:02PM	Vaidhriti* Until 10:33PM	Muruqa: Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 49	
		113483468 Rahu 8:51AM – 10:24AM	Balava Until 4:35AM Sun	Nataraja: Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 4:12PM	Moon – Clear		Devaloka Day	
Until 8:00AM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

2		Sunday, April 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.28	Tithi 2 – 3	Gulika 3:02PM – 4:35PM	Ashvini Until 9:31AM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM		
		Yama 11:56AM – 1:29PM	Vishkambha* Until 9:54PM	Muruqa: Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 49	
		123483468 Rahu 4:35PM – 6:07PM	Taitila Until 5:00AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 4:49PM	Moon – White		Devaloka Day	
Until 9:31AM				Chaitra•Panguni			
Then Routine Work - Prabalarishta Yoga							

3		Monday, April 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Pyinmana, Myanmar Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.14	Tithi 3 – 4	Gulika 1:29PM – 3:02PM	Bharani Until 10:30AM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM		
Family Home Evening		Yama 10:23AM – 11:56AM	Priti Until 8:58PM	Muruqa: Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 49	
		123483468 Rahu 7:18AM – 8:50AM	Vanija Until 5:03AM Tue	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:03PM	Moon – White		Devaloka Day	
Until 10:30AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

4		Tuesday, April 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Pyinmana, Myanmar Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.12	Tithi 4 – 5	Gulika 11:56AM – 1:29PM	Krittika Until 10:57AM	Ganesha: Purple	<i>Sunrise:</i> 5:44AM		
		Yama 8:50AM – 10:23AM	Ayushman Until 7:43PM	Muruqa: Yellow	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49	
		123483468 Rahu 3:02PM – 4:35PM	Bava Until 4:44AM Wed	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 4:55PM	Moon – White		Devaloka Day	
Until 10:57AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

5		Wednesday, April 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Pyinmana, Myanmar Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.22	Tithi 5 – 6	Gulika 10:22AM – 11:56AM	Rohini Until 11:21AM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM		
		Yama 7:16AM – 8:49AM	Saubhagya Until 6:11PM	Muruqa: Yellow	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49	
		133483468 Rahu 11:56AM – 1:29PM	Kaulava Until 4:02AM Thu	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 4:25PM	Moon – Yellow		Sivaloka Day	
				Chaitra•Panguni			

6		Thursday, April 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Pyinmana, Myanmar Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 3.43	Tithi 6 – 7	Gulika 8:49AM – 10:22AM	Mrigashira Until 11:14AM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM		
		Yama 5:43AM – 7:16AM	Sobhana Until 4:22PM	Muruqa: Yellow	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49	
		133483468 Rahu 1:28PM – 3:02PM	Gara Until 2:57AM Fri	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 3:32PM	Moon – Yellow		Sivaloka Day	
				Chaitra•Panguni			

☾		Friday, April 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 362 Vilamba 5120
Retreat Star		Gulika 7:15AM – 8:48AM	Ardra Until 10:34AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM		
Mithuna Rasi: 17.17	Tithi 7 – 8	Yama 3:02PM – 4:35PM	Athiganda* Until 2:11PM	Muruqa: Yellow	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49	
		133483468 Rahu 10:22AM – 11:55AM	Visti Until 1:26AM Sat	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:14PM	Moon – Yellow		Sivaloka Day	
				Chaitra•Panguni			

☽		Saturday, April 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Pyinmana, Myanmar Sun 22 Sutra 363 Vilamba 5120
Retreat Star		Gulika 5:41AM – 7:15AM	Punarvasu Until 9:47AM	Ganesha: White	<i>Sunrise:</i> 5:41AM		
Kataka Rasi: 1.07	Tithi 8 – 9	Yama 1:28PM – 3:01PM	Sukarma Until 11:41AM	Muruqa: Yellow	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49	
		143483468 Rahu 8:48AM – 10:21AM	Balava Until 11:31PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 12:31PM	Moon – Blue		Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Pyinmana, Myanmar Sun 23 Sutra 364
Kataka Rasi: 15.12	Tithi 9 – 10	Gulika 3:01PM – 4:35PM	Pushya Until 8:27AM	Ganesha: White <i>Sunrise:</i> 5:40AM	Vikarin 5121
		Yama 11:54AM – 1:28PM	Dhriti Until 8:53AM	Muruqa: Yellow <i>Sunset:</i> 6:08PM	Moon 3 - Phase 1
143483468	Rahu 4:35PM – 6:08PM		Taitila Until 9:13PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	
		Tamil New Year	Navami* Until 10:24AM	Chaitra*Chaitra	Devaloka Day

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Pyinmana, Myanmar Sun 24 Sutra 1
Kataka Rasi: 29.32	Tithi 10 – 11	Gulika 1:28PM – 3:01PM	Ashlesha* Until 6:37AM	Ganesha: Clear <i>Sunrise:</i> 5:40AM	Vikarin 5121
Family Home Evening	243483468	Yama 10:21AM – 11:54AM	Ganda* Until 2:23AM Tue	Muruqa: Yellow <i>Sunset:</i> 6:09PM	Moon 3 - Phase 1
Creative Work	Siddha Yoga	Rahu 7:13AM – 8:47AM	Vanija Until 6:34PM	Nataraja: Purple	4th Phase
Until 6:37AM			Dashami Until 7:55AM	Moon – Blue	
Then Routine Work - Marana Yoga				Chaitra*Chaitra	Sivaloka Day

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau			Pyinmana, Myanmar Sun 25 Sutra 2
Simha Rasi: 14.05	Tithi 12	Gulika 11:54AM – 1:28PM	Purvaphalguni Until 2:34AM Wed	Ganesha: White <i>Sunrise:</i> 5:39AM	Vikarin 5121
		Yama 8:47AM – 10:20AM	Vriddhi Until 10:51PM	Muruqa: Yellow <i>Sunset:</i> 6:09PM	Moon 3 - Phase 1
253483468	Rahu 3:01PM – 4:35PM		Bava Until 3:41PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:10AM Wed	Moon – Red	
Until 2:34AM Wed				Chaitra*Chaitra	Devaloka Day
Then Creative Work - Amrita Yoga					

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Pyinmana, Myanmar Sun 26 Sutra 3
Simha Rasi: 28.46	Tithi 13	Gulika 10:20AM – 11:54AM	Uttaraphalguni Until 12:11AM Thu	Ganesha: White <i>Sunrise:</i> 5:38AM	Vikarin 5121
		Yama 7:12AM – 8:46AM	Dhruva Until 7:14PM	Muruqa: Yellow <i>Sunset:</i> 6:09PM	Moon 3 - Phase 1
253483468	Rahu 11:54AM – 1:28PM		Kaulava Until 12:40PM	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:08PM	Moon – Red	
Until 12:11AM Thu				Chaitra*Chaitra	Devaloka Day
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau			Pyinmana, Myanmar Sun 27 Sutra 4
Kanya Rasi: 13.28	Tithi 14	Gulika 8:46AM – 10:20AM	Hasta Until 10:09PM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM	Vikarin 5121
		Yama 5:38AM – 7:12AM	Vyaghata* Until 3:40PM	Muruqa: Yellow <i>Sunset:</i> 6:09PM	Moon 3 - Phase 1
263483468	Rahu 1:27PM – 3:01PM		Gara Until 9:40AM	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 8:11PM	Moon – Green	
Until 10:09PM				Chaitra*Chaitra	Sivaloka Day
Then Creative Work - Siddha Yoga					

Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau			Pyinmana, Myanmar Sutra 5
Copper Retreat Star		Gulika 7:11AM – 8:45AM	Chitra Until 8:14PM	Ganesha: Yellow <i>Sunrise:</i> 5:37AM	Vikarin 5121
Kanya Rasi: 28.05	Tithi 15 – 16	Yama 3:01PM – 4:35PM	Harshana Until 12:17PM	Muruqa: Yellow <i>Sunset:</i> 6:09PM	Moon 3 - Phase 1
263483468	Rahu 10:19AM – 11:53AM		Visti Until 6:48AM	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:27PM	Moon – Green	
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra	Sivaloka Day
		Hanuman Jayanti			

Saturday, April 20, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Pyinmana, Myanmar Sutra 6
Silver Retreat Star		Gulika 5:36AM – 7:11AM	Svati Until 6:35PM	Ganesha: Red <i>Sunrise:</i> 5:36AM	Vikarin 5121
Tula Rasi: 12.29	Tithi 16 – 17	Yama 1:27PM – 3:01PM	Vajra* Until 9:09AM	Muruqa: Yellow <i>Sunset:</i> 6:10PM	Moon 3 - Phase 1
264483468	Rahu 8:45AM – 10:19AM		Taitila Until 2:09AM Sun	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:07PM	Moon – Green	
				Chaitra*Chaitra	Sivaloka Day