



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Vishakha/Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal  
Sutra 16

Vrischika Rasi: 1.01 Tithi 17

273832369

**Gulika** 12:31PM – 2:16PM  
Yama 9:01AM – 10:46AM  
**Rahu** 4:00PM – 5:45PM

**Vishakha Until 10:23AM**  
Varyan Until 3:48AM Wed  
Taitila Until 1:40PM  
**Dvitiya Until 2:09AM Wed**

**Ganesha:** Purple *Sunrise:* 5:32AM  
**Muruqa:** White *Sunset:* 7:30PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Marana Yoga  
Until 10:23AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Porto, Portugal  
Sun 1 Sutra 17

Vrischika Rasi: 13.31 Tithi 18

273832369

**Gulika** 10:46AM – 12:31PM  
Yama 7:16AM – 9:01AM  
**Rahu** 12:31PM – 2:16PM

**Anuradha Until 12:05PM**  
Parigha\* Until 3:56AM Thu  
Vanija Until 2:49PM  
**Tritiya Until 3:34AM Thu**

**Ganesha:** Purple *Sunrise:* 5:31AM  
**Muruqa:** White *Sunset:* 7:31PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Porto, Portugal  
Sun 2 Sutra 18

Vrischika Rasi: 25.47 Tithi 19

274832369

**Gulika** 9:00AM – 10:45AM  
Yama 5:29AM – 7:15AM  
**Rahu** 2:16PM – 4:01PM

**Jyeshtha\* Until 2:08PM**  
Shiva Until 4:28AM Fri  
Bava Until 4:30PM  
**Chaturthi\* Until 5:30AM Fri**

**Ganesha:** Clear *Sunrise:* 5:29AM  
**Muruqa:** White *Sunset:* 7:32PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Prabalarishta Yoga  
Until 2:08PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava Karana Panchamyam Titau

Porto, Portugal  
Sun 3 Sutra 19

Dhanus Rasi: 7.52 Tithi 20

284832369

**Gulika** 7:14AM – 8:59AM  
Yama 4:02PM – 5:47PM  
**Rahu** 10:45AM – 12:31PM

**Mula\* Until 4:59PM**  
Siddha Until 5:17AM Sat  
Kaulava Until 6:39PM  
**Panchami Until 7:50AM Sat**

**Ganesha:** White *Sunrise:* 5:28AM  
**Muruqa:** White *Sunset:* 7:33PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga  
Until 4:59PM  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam  
Purvashadha\* Nakshatra Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal  
Sun 4 Sutra 20

Dhanus Rasi: 19.46 Tithi 20 – 21

284832369

**Gulika** 5:27AM – 7:13AM  
Yama 2:16PM – 4:02PM  
**Rahu** 8:59AM – 10:45AM

**Purvashadha\* Until 7:59PM**  
Sadhya Until 6:18AM Sun  
Gara Until 9:07PM  
**Panchami Until 7:50AM**

**Ganesha:** White *Sunrise:* 5:27AM  
**Muruqa:** White *Sunset:* 7:34PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga  
Until 7:59PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal  
Sun 5 Sutra 21

Makara Rasi: 1.35 Tithi 21 – 22

284832369

**Gulika** 4:03PM – 5:49PM  
Yama 12:30PM – 2:17PM  
**Rahu** 5:49PM – 7:35PM

**Uttarashadha Until 10:55PM**  
Sadhya Until 6:18AM  
Visti Until 11:42PM  
**Shashthi\* Until 10:23AM**

**Ganesha:** White *Sunrise:* 5:26AM  
**Muruqa:** White *Sunset:* 7:35PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal  
Sun 6 Sutra 22

Makara Rasi: 13.23 Tithi 22 – 23

294832369

**Gulika** 2:17PM – 4:03PM  
Yama 10:44AM – 12:30PM  
**Rahu** 7:11AM – 8:57AM

**Shravana Until 2:04AM Tue**  
Subha Until 7:22AM  
Balava Until 2:08AM Tue  
**Saptami Until 12:56PM**

**Ganesha:** Yellow *Sunrise:* 5:24AM  
**Muruqa:** White *Sunset:* 7:36PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 2:04AM Tue  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal  
Sun 7 Sutra 23

Makara Rasi: 25.17 Tithi 23 – 24

294832369

**Gulika** 12:30PM – 2:17PM  
Yama 8:57AM – 10:43AM  
**Rahu** 4:04PM – 5:50PM

**Dhanishtha Until 4:40AM Wed**  
Sukla Until 8:14AM  
Taitila Until 4:10AM Wed  
**Ashtami\* Until 3:12PM**

**Ganesha:** Yellow *Sunrise:* 5:23AM  
**Muruqa:** White *Sunset:* 7:37PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM


<b>1</b>	<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Porto, Portugal Sun 8 Sutra 24
	Kumbha Rasi: 7.2	Tithi 24 – 25	<b>Gulika</b> 10:43AM – 12:30PM	<b>Shatabhishak</b> Until 6:30AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	Vilamba 5120
			Yama 7:09AM – 8:56AM	Brahma Until 8:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 4
	294832369		<b>Rahu</b> 12:30PM – 2:17PM	Vanija Until 5:35AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 4:57PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
				<b>Vaisaka-Chaitra</b>			

<b>2</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Visti* Karana Dashamyam Titau				Porto, Portugal Sun 9 Sutra 25
	Kumbha Rasi: 19.38	Tithi 25	<b>Gulika</b> 8:56AM – 10:43AM	<b>Shatabhishak</b> Until 6:30AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	Vilamba 5120
			Yama 5:21AM – 7:08AM	Indra Until 8:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 4
	294832369		<b>Rahu</b> 2:17PM – 4:05PM	Visti Until 6:00PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:00PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
				<b>Vaisaka-Chaitra</b>			

<b>3</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhrili/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Porto, Portugal Sun 10 Sutra 26
	Meena Rasi: 2.17	Tithi 26	<b>Gulika</b> 7:07AM – 8:55AM	<b>Purvaproshtapada*</b> Until 7:55AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM	Vilamba 5120
			Yama 4:05PM – 5:53PM	Vaidhrili* Until 8:14AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 4
	214832369		<b>Rahu</b> 10:43AM – 12:30PM	Bava Until 6:14AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:14PM	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
				<b>Vaisaka-Chaitra</b>			

<b>4</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 11 Sutra 27
	Meena Rasi: 15.21	Tithi 27 – 28	<b>Gulika</b> 5:19AM – 7:07AM	<b>Uttaraproshtapada</b> Until 8:22AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:19AM	Vilamba 5120
			Yama 2:18PM – 4:06PM	Vishkambha* Until 7:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 4
	214932369		<b>Rahu</b> 8:54AM – 10:42AM	Kaulava Until 6:03AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 5:39PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 8:22AM				<b>Vaisaka-Chaitra</b>			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 12 Sutra 28
	Meena Rasi: 28.5	Tithi 28 – 29	<b>Gulika</b> 4:06PM – 5:54PM	<b>Revati</b> Until 7:53AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:18AM	Vilamba 5120
			Yama 12:30PM – 2:18PM	Ayushman Until 2:45AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 4
	214932369		<b>Rahu</b> 5:54PM – 7:42PM	Visti Until 3:24AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 4:18PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 7:53AM				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga		<b>Mother's Day</b>					

	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Porto, Portugal Sun 13 Sutra 29
	<b>Retreat Star</b>		<b>Gulika</b> 2:18PM – 4:07PM	<b>Ashvini</b> Until 7:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:17AM	Vilamba 5120
	Mesha Rasi: 12.43	Tithi 29 – 30	Yama 10:42AM – 12:30PM	Saubhagya Until 11:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 4
	<b>Family Home Evening</b>		<b>Rahu</b> 7:05AM – 8:53AM	Catuspada Until 1:09AM Tue	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:20PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>6</b>	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Porto, Portugal Sun 14 Sutra 30
	<b>Retreat Star</b>		<b>Gulika</b> 12:30PM – 2:19PM	<b>Krittika</b> Until 3:22AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM	Vilamba 5120
	Mesha Rasi: 26.59	Tithi 30 – 1	Yama 8:53AM – 10:41AM	Sobhana Until 8:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 4
	225932369		<b>Rahu</b> 4:07PM – 5:56PM	Kintughna Until 10:29PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 11:51AM	Moon – White		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>1</b>		<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Vrishabha Rasi: 11.3		Tithi 1 – 2		Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 31	
235932369		<b>Gulika</b>	<b>10:41AM – 12:30PM</b>	<b>Rohini Until 1:20AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:15AM</i>	Vilamba 5120	
Creative Work Siddha Yoga		Yama	7:04AM – 8:52AM	Athiganda* Until 5:08PM	<b>Muruqa:</b> White <i>Sunset: 7:45PM</i>	Moon 4 - Phase 5	
Until 1:20AM Thu		<b>Rahu</b>	<b>12:30PM – 2:19PM</b>	Balava Until 7:33PM	<b>Nataraja:</b> Purple	3rd Phase	
Then Routine Work - Marana Yoga				<b>Prathama* Until 9:01AM</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Vrishabha Rasi: 26.11		Tithi 2 – 3		Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 32	
235932369		<b>Gulika</b>	<b>8:52AM – 10:41AM</b>	<b>Mrigashira Until 11:05PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:14AM</i>	Vilamba 5120	
Routine Work Marana Yoga		Yama	5:14AM – 7:03AM	Sukarma Until 1:34PM	<b>Muruqa:</b> White <i>Sunset: 7:46PM</i>	Moon 4 - Phase 5	
		<b>Rahu</b>	<b>2:19PM – 4:08PM</b>	Gara Until 2:58AM Fri	<b>Nataraja:</b> Purple	3rd Phase	
				<b>Dvitiya Until 6:01AM</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Mithuna Rasi: 10.53		Tithi 4		Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau		Sun 17 Sutra 33	
235932369		<b>Gulika</b>	<b>7:02AM – 8:51AM</b>	<b>Ardra Until 8:46PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:13AM</i>	Vilamba 5120	
Creative Work Siddha Yoga		Yama	4:09PM – 5:58PM	Dhriti Until 10:00AM	<b>Muruqa:</b> White <i>Sunset: 7:47PM</i>	Moon 4 - Phase 5	
		<b>Rahu</b>	<b>10:41AM – 12:30PM</b>	Vanija Until 1:29PM	<b>Nataraja:</b> Purple	3rd Phase	
				<b>Chaturthi* Until 12:00AM Sat</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Mithuna Rasi: 25.31		Tithi 5		Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18 Sutra 34	
245932369		<b>Gulika</b>	<b>5:12AM – 7:02AM</b>	<b>Punarvasu Until 6:55PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:12AM</i>	Vilamba 5120	
Creative Work Siddha Yoga		Yama	2:20PM – 4:09PM	Shula* Until 6:32AM	<b>Muruqa:</b> White <i>Sunset: 7:48PM</i>	Moon 4 - Phase 5	
		<b>Rahu</b>	<b>8:51AM – 10:41AM</b>	Bava Until 10:37AM	<b>Nataraja:</b> Purple	3rd Phase	
				<b>Panchami Until 9:15PM</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	

<b>5</b>		<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Kataka Rasi: 9.58		Tithi 6		Pushya/Ashlesha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashhyam Titau		Sun 19 Sutra 35	
245932369		<b>Gulika</b>	<b>4:10PM – 5:59PM</b>	<b>Pushya Until 5:13PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:11AM</i>	Vilamba 5120	
Creative Work Siddha Yoga		Yama	12:30PM – 2:20PM	Vriddhi Until 12:17AM Mon	<b>Muruqa:</b> White <i>Sunset: 7:49PM</i>	Moon 4 - Phase 5	
		<b>Rahu</b>	<b>5:59PM – 7:49PM</b>	Kaulava Until 8:00AM	<b>Nataraja:</b> Purple	3rd Phase	
				<b>Shashthi* Until 6:48PM</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	

<b>6</b>		<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Kataka Rasi: 24.13		Tithi 7 – 8		Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20 Sutra 36	
245932369		<b>Gulika</b>	<b>2:20PM – 4:10PM</b>	<b>Ashlesha* Until 3:44PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:10AM</i>	Vilamba 5120	
Family Home Evening		Yama	10:40AM – 12:30PM	Dhruva Until 9:35PM	<b>Muruqa:</b> White <i>Sunset: 7:50PM</i>	Moon 4 - Phase 5	
Creative Work Siddha Yoga		<b>Rahu</b>	<b>7:00AM – 8:50AM</b>	Visti Until 3:49AM Tue	<b>Nataraja:</b> Purple	3rd Phase	
Until 3:44PM				<b>Saptami Until 4:42PM</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>		

<b>☾</b>		<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
<b>Retreat Star</b>				Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21 Sutra 37	
Simha Rasi: 8.11		Tithi 8 – 9				Vilamba 5120	
255932369		<b>Gulika</b>	<b>12:30PM – 2:20PM</b>	<b>Magha* Until 2:55PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:10AM</i>	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Yama	8:50AM – 10:40AM	Vyaghata* Until 7:13PM	<b>Muruqa:</b> White <i>Sunset: 7:51PM</i>	Ashtami	
		<b>Rahu</b>	<b>4:11PM – 6:01PM</b>	Balava Until 2:19AM Wed	<b>Nataraja:</b> Purple		
				<b>Ashtami* Until 3:00PM</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	

<b>☽</b>		<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Porto, Portugal	
<b>Retreat Star</b>				Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22 Sutra 38	
Simha Rasi: 21.55		Tithi 9 – 10				Vilamba 5120	
255932369		<b>Gulika</b>	<b>10:40AM – 12:30PM</b>	<b>Purvaphalguni Until 2:23PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:09AM</i>	Moon 4 - Phase 5	
Creative Work Amrita Yoga		Yama	6:59AM – 8:50AM	Harshana Until 5:12PM	<b>Muruqa:</b> White <i>Sunset: 7:52PM</i>	Navami	
		<b>Rahu</b>	<b>12:30PM – 2:21PM</b>	Taitila Until 1:13AM Thu	<b>Nataraja:</b> Purple		
				<b>Navami* Until 1:42PM</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


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<b>1</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal
	Kanya Rasi: 5.25	Tithi 10 – 11	<b>Gulika</b> 8:49AM – 10:40AM	<b>Uttaraphalguni</b> Until 2:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM	Sun 23 Sutra 39
		255932369	<b>Yama</b> 5:08AM – 6:59AM	Vajra* Until 3:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:53PM	Vilamba 5120
	Amrita Yoga		<b>Rahu</b> 2:21PM – 4:12PM	Vanija Until 12:31AM Fri	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 2:05PM				<b>Dashami</b> Until 12:48PM	Moon – Red		4th Phase
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>2</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Vistil/Bava Karana Ekadashi/Dvashyam Titau				Porto, Portugal
	Kanya Rasi: 18.41	Tithi 11 – 12	<b>Gulika</b> 6:58AM – 8:49AM	<b>Hasta</b> Until 2:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	Sun 24 Sutra 40
		266932369	<b>Yama</b> 4:12PM – 6:03PM	Siddhi Until 2:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:54PM	Vilamba 5120
	Creative Work		<b>Rahu</b> 10:40AM – 12:31PM	Bava Until 12:12AM Sat	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 2:28PM	Amrita Yoga			<b>Ekadashi</b> Until 12:18PM	Moon – Green		4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyati-pata*/Variyan Yoga Balava/Kaulava Karana Dvashadi/Trayodashyam Titau				Porto, Portugal
	Tula Rasi: 1.46	Tithi 12 – 13	<b>Gulika</b> 5:07AM – 6:58AM	<b>Chitra</b> Until 3:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	Sun 25 Sutra 41
		366932369	<b>Yama</b> 2:22PM – 4:13PM	Vyati-pata* Until 12:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:55PM	Vilamba 5120
	Routine Work		<b>Rahu</b> 8:49AM – 10:40AM	Kaulava Until 12:17AM Sun	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 3:05PM	Marana Yoga			<b>Dvashadi</b> Until 12:11PM	Moon – Green		4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	
							<i>Pradosha Vrata</i>

<b>4</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal
	Tula Rasi: 14.38	Tithi 13 – 14	<b>Gulika</b> 4:13PM – 6:04PM	<b>Svati</b> Until 3:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	Sun 26 Sutra 42
		366932369	<b>Yama</b> 12:31PM – 2:22PM	Variyan Until 12:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:55PM	Vilamba 5120
	Creative Work		<b>Rahu</b> 6:04PM – 7:55PM	Gara Until 12:46AM Mon	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 3:56PM	Siddha Yoga			<b>Trayodashi</b> Until 12:27PM	Moon – Green		4th Phase
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	

	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:22PM – 4:14PM	<b>Vishakha</b> Until 5:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Sun 27 Sutra 43
	Tula Rasi: 27.19	Tithi 14 – 15	<b>Yama</b> 10:39AM – 12:31PM	Parigha* Until 11:44AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:56PM	Vilamba 5120
	<b>Family Home Evening</b>		<b>Rahu</b> 6:57AM – 8:48AM	Visti Until 1:41AM Tue	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 5:30PM	Marana Yoga			<b>Chaturdashi*</b> Until 1:09PM	Moon – Orange		Purnima
Then Creative Work - Siddha Yoga			<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>5</b>	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:31PM – 2:22PM	<b>Anuradha</b> Until 7:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Sun 28 Sutra 44
	Vrischika Rasi: 9.47	Tithi 15 – 16	<b>Yama</b> 8:48AM – 10:39AM	Shiva Until 11:39AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:57PM	Vilamba 5120
		376932369	<b>Rahu</b> 4:14PM – 6:05PM	Balava Until 3:03AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 7:22PM	Siddha Yoga			<b>Purnima*</b> Until 2:17PM	Moon – Orange		Prathama
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal

Sutra 45

Vrischika Rasi: 22.05 Tithi 16 - 17

376932369

**Gulika** 10:39AM - 12:31PM  
Yama 6:56AM - 8:48AM  
**Rahu** 12:31PM - 2:23PM

**Jyeshtha\* Until 9:29PM**

Siddha Until 11:53AM

Taitila Until 4:51AM Thu

**Prathama\* Until 3:52PM**

**Ganesha:** Clear *Sunrise: 5:04AM*

**Muruqa:** White *Sunset: 7:58PM*

**Nataraja:** Purple

Moon - Orange

**Jyeshtha Adhika-Vaikasi** Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 9:29PM

Then Routine Work - Marana Yoga

**Thursday, May 31, 2018**

**1**

Dhanus Rasi: 4.11 Tithi 17 - 18

386932369

**Gulika** 8:48AM - 10:39AM  
Yama 5:04AM - 6:56AM  
**Rahu** 2:23PM - 4:15PM

**Mula\* Until 12:19AM Fri**

Sadhya Until 12:27PM

Vanija Until 7:02AM Fri

**Dvitiya Until 5:53PM**

**Ganesha:** White *Sunrise: 5:04AM*

**Muruqa:** White *Sunset: 7:59PM*

**Nataraja:** Purple

Moon - Light Blue

**Jyeshtha Adhika-Vaikasi** Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 12:19AM Fri

Then Routine Work - Prabalarishta Yoga

**Friday, June 1, 2018**

**2**

Dhanus Rasi: 16.08 Tithi 18

387932369

**Gulika** 6:55AM - 8:47AM  
Yama 4:15PM - 6:07PM  
**Rahu** 10:39AM - 12:31PM

**Purvashadha\* Until 3:17AM Sat**

Subha Until 1:18PM

Vanija Until 7:02AM

**Tritiya Until 8:13PM**

**Ganesha:** Yellow *Sunrise: 5:03AM*

**Muruqa:** White *Sunset: 7:59PM*

**Nataraja:** Purple

Moon - Light Blue

**Jyeshtha Adhika-Vaikasi** Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 3:17AM Sat

Then Routine Work - Marana Yoga

**Saturday, June 2, 2018**

**3**

Dhanus Rasi: 27.59 Tithi 19

387932369

**Gulika** 5:03AM - 6:55AM  
Yama 2:24PM - 4:16PM  
**Rahu** 8:47AM - 10:39AM

**Uttarashadha Until 6:15AM Sun**

Sukla Until 2:20PM

Bava Until 9:30AM

**Chaturthi\* Until 10:47PM**

**Ganesha:** Yellow *Sunrise: 5:03AM*

**Muruqa:** White *Sunset: 8:00PM*

**Nataraja:** Purple

Moon - Light Blue

**Jyeshtha Adhika-Vaikasi** Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 6:15AM Sun

Then Creative Work - Amrita Yoga

**Sunday, June 3, 2018**

**4**

Makara Rasi: 9.47 Tithi 20

387932369

**Gulika** 4:16PM - 6:08PM  
Yama 12:32PM - 2:24PM  
**Rahu** 6:08PM - 8:01PM

**Uttarashadha Until 6:15AM**

Brahma Until 3:27PM

Kaulava Until 12:06PM

**Panchami Until 1:22AM Mon**

**Ganesha:** Yellow *Sunrise: 5:03AM*

**Muruqa:** White *Sunset: 8:01PM*

**Nataraja:** Purple

Moon - Light Blue

**Jyeshtha Adhika-Vaikasi** Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

**Monday, June 4, 2018**

**5**

Makara Rasi: 21.35 Tithi 21

397932369

**Gulika** 2:24PM - 4:17PM  
Yama 10:39AM - 12:32PM  
**Rahu** 6:55AM - 8:47AM

**Shravana Until 9:32AM**

Indra Until 4:30PM

Gara Until 2:37PM

**Shashthi\* Until 3:46AM Tue**

**Ganesha:** Blue *Sunrise: 5:02AM*

**Muruqa:** White *Sunset: 8:01PM*

**Nataraja:** Purple

Moon - Purple

**Jyeshtha Adhika-Vaikasi** Devaloka Day

Creative Work Amrita Yoga

Until 9:32AM

Then Creative Work - Siddha Yoga

**Tuesday, June 5, 2018**

**6**

Kumbha Rasi: 3.28 Tithi 22

397132361

**Gulika** 12:32PM - 2:25PM  
Yama 8:47AM - 10:39AM  
**Rahu** 4:17PM - 6:10PM

**Dhanishtha Until 12:25PM**

Vaidhriti\* Until 5:17PM

Visti Until 4:51PM

**Saptami Until 5:45AM Wed**

**Ganesha:** Purple *Sunrise: 5:02AM*

**Muruqa:** White *Sunset: 8:02PM*

**Nataraja:** White

Moon - Purple

**Jyeshtha Adhika-Vaikasi** Devaloka Day

Creative Work Siddha Yoga

Until 12:25PM

Then Routine Work - Marana Yoga

**Wednesday, June 6, 2018**

**Retreat Star**

Kumbha Rasi: 15.31 Tithi 23

397132361

**Gulika** 10:39AM - 12:32PM  
Yama 6:54AM - 8:47AM  
**Rahu** 12:32PM - 2:25PM

**Shatabhishak Until 2:39PM**

Vishkambha\* Until 5:41PM

Balava Until 6:33PM

**Ashtami\* Until 7:08AM Thu**

**Ganesha:** Purple *Sunrise: 5:02AM*

**Muruqa:** White *Sunset: 8:03PM*

**Nataraja:** White

Moon - Purple

**Jyeshtha Adhika-Vaikasi** Devaloka Day

Creative Work Siddha Yoga

Until 2:39PM

Then Creative Work - Amrita Yoga

**Thursday, June 7, 2018**

**Retreat Star**

Kumbha Rasi: 27.49 Tithi 23 - 24

317132361

**Gulika** 8:47AM - 10:40AM  
Yama 5:01AM - 6:54AM  
**Rahu** 2:25PM - 4:18PM

**Purvaproshtapada\* Until 4:33PM**

Priti Until 5:33PM

Taitila Until 7:33PM

**Ashtami\* Until 7:08AM**

**Ganesha:** Blue *Sunrise: 5:01AM*

**Muruqa:** White *Sunset: 8:03PM*

**Nataraja:** White

Moon - Clear

**Jyeshtha Adhika-Vaikasi** Devaloka Day

Creative Work Siddha Yoga

<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Porto, Portugal Sun 9 Sutra 54
Meena Rasi: 10.27	Tithi 24 – 25	<b>Gulika</b> 6:54AM – 8:47AM	<b>Uttaraproshtapada</b> Until 5:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:01AM	Vilamba 5120
		Yama 4:18PM – 6:11PM	Ayushman Until 4:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 8
318132361		<b>Rahu</b> 10:40AM – 12:33PM	Vanija Until 7:44PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 7:44AM	Moon – Clear		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manla Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 10 Sutra 55
Meena Rasi: 23.3	Tithi 25 – 26	<b>Gulika</b> 5:01AM – 6:54AM	<b>Revati</b> Until 5:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:01AM	Vilamba 5120
		Yama 2:26PM – 4:19PM	Saubhagya Until 3:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8
318132361		<b>Rahu</b> 8:47AM – 10:40AM	Bava Until 7:04PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 7:29AM	Moon – Clear		<b>Bhuloka Day</b>
Until 5:29PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Tailita Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 11 Sutra 56
Mesha Rasi: 7	Tithi 26 – 27	<b>Gulika</b> 4:19PM – 6:12PM	<b>Ashvini</b> Until 4:58PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:01AM	Vilamba 5120
		Yama 12:33PM – 2:26PM	Sobhana Until 1:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 6:12PM – 8:05PM	Taitila Until 4:34AM Mon	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:25AM	Moon – White		<b>Bhuloka Day</b>
Until 4:58PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal Sun 12 Sutra 57
Mesha Rasi: 20.58	Tithi 28	<b>Gulika</b> 2:26PM – 4:19PM	<b>Bharani</b> Until 3:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:00AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:40AM – 12:33PM	Athiganda* Until 10:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 6:54AM – 8:47AM	Gara Until 3:25PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 2:05AM Tue	Moon – White		<b>Bhuloka Day</b>
Until 3:35PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Porto, Portugal Sun 13 Sutra 58
Vrishabha Rasi: 5.2	Tithi 29	<b>Gulika</b> 12:33PM – 2:26PM	<b>Krittika</b> Until 1:29PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:00AM	Vilamba 5120
		Yama 8:47AM – 10:40AM	Sukarma Until 7:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 4:20PM – 6:13PM	Visti Until 12:40PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:06PM	Moon – White		<b>Bhuloka Day</b>
Until 1:29PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Porto, Portugal Sun 14 Sutra 59
<b>Retreat Star</b>		<b>Gulika</b> 10:40AM – 12:33PM	<b>Rohini</b> Until 11:15AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Vilamba 5120
Vrishabha Rasi: 20.04	Tithi 30	Yama 6:54AM – 8:47AM	Shula* Until 11:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8
338132361		<b>Rahu</b> 12:33PM – 2:27PM	Catuspada Until 9:30AM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 7:47PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sun 15 Sutra 60
<b>Retreat Star</b>		<b>Gulika</b> 8:47AM – 10:40AM	<b>Mrigashira</b> Until 8:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	Vilamba 5120
Mithuna Rasi: 5.01	Tithi 1 – 2	Yama 5:00AM – 6:54AM	Ganda* Until 7:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8
339132361		<b>Rahu</b> 2:27PM – 4:20PM	Kintughna Until 6:03AM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 4:16PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
Mithuna Rasi: 20.03		Tithi 2 – 3		Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16
Creative Work		Siddha Yoga		<b>Gulika</b> 6:54AM – 8:47AM	<b>Punarvasu Until 3:16AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:00AM	Vilamba 5120
		349132361		Yama 4:21PM – 6:14PM	Vriddhi Until 3:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 9
				<b>Rahu</b> 10:40AM – 12:34PM	Taitila Until 11:02PM	<b>Nataraja:</b> White		3rd Phase
					<b>Dvitiya Until 12:44PM</b>	Moon – Blue		
						<b>Jyeshtha-Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM

<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 5.01		Tithi 3 – 4		Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sun 17
Creative Work		Siddha Yoga		<b>Gulika</b> 5:00AM – 6:54AM	<b>Pushya Until 12:51AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:00AM	Vilamba 5120
		349132361		Yama 2:28PM – 4:21PM	Dhruva Until 12:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:08PM	Moon 5 - Phase 9
				<b>Rahu</b> 8:47AM – 10:41AM	Vanija Until 7:44PM	<b>Nataraja:</b> White		3rd Phase
					<b>Tritiya Until 9:20AM</b>	Moon – Blue		
						<b>Jyeshtha-Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM

<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 19.48		Tithi 4 – 5		Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Sun 18
Creative Work		Siddha Yoga		<b>Gulika</b> 4:21PM – 6:15PM	<b>Ashlesha* Until 10:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:00AM	Vilamba 5120
Until 10:40PM				Yama 12:34PM – 2:28PM	Vyaghata* Until 8:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:08PM	Moon 5 - Phase 9
Then Routine Work - Marana Yoga				<b>Rahu</b> 6:15PM – 8:08PM	Balava Until 3:26AM Mon	<b>Nataraja:</b> White		3rd Phase
					<b>Chaturthi* Until 6:11AM</b>	Moon – Blue		
				<b>Father's Day</b>		<b>Jyeshtha-Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM

<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
Simha Rasi: 4.18		Tithi 6		Magha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19
Family Home Evening		Routine Work		<b>Gulika</b> 2:28PM – 4:22PM	<b>Magha* Until 9:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:00AM	Vilamba 5120
Marana Yoga		359132361		Yama 10:41AM – 12:34PM	Vajra* Until 2:20AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 9
Until 9:14PM				<b>Rahu</b> 6:54AM – 8:47AM	Kaulava Until 2:15PM	<b>Nataraja:</b> White		3rd Phase
Then Creative Work - Siddha Yoga					<b>Shashthi* Until 1:09AM Tue</b>	Moon – Red		
						<b>Jyeshtha-Ani</b>	<b>Devaloka Day</b>	

<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
Simha Rasi: 18.27		Tithi 7		Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20
Creative Work		Siddha Yoga		<b>Gulika</b> 12:35PM – 2:28PM	<b>Purvaphalguni Until 8:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:01AM	Vilamba 5120
Until 8:12PM		359132361		Yama 8:48AM – 10:41AM	Siddhi Until 11:55PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 9
Then Creative Work - Amrita Yoga				<b>Rahu</b> 4:22PM – 6:15PM	Gara Until 12:15PM	<b>Nataraja:</b> White		3rd Phase
					<b>Saptami Until 11:27PM</b>	Moon – Red		
						<b>Jyeshtha-Ani</b>	<b>Devaloka Day</b>	

<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
Kanya Rasi: 2.14		Tithi 8		Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21
Creative Work		Amrita Yoga		<b>Gulika</b> 10:41AM – 12:35PM	<b>Uttaraphalguni Until 7:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:01AM	Vilamba 5120
Until 7:36PM		359132361		Yama 6:54AM – 8:48AM	Vyatipata* Until 10:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 9
Then Routine Work - Marana Yoga				<b>Rahu</b> 12:35PM – 2:28PM	Visti Until 10:49AM	<b>Nataraja:</b> White		Ashtami
					<b>Ashtami* Until 10:19PM</b>	Moon – Red		
				<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>	<b>Devaloka Day</b>	

<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
Kanya Rasi: 15.41		Tithi 9		Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22
Routine Work		Marana Yoga		<b>Gulika</b> 8:48AM – 10:42AM	<b>Hasta Until 7:54PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:01AM	Vilamba 5120
Until 7:54PM		369132361		Yama 5:01AM – 6:54AM	Variyan Until 8:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 9
Then Creative Work - Siddha Yoga				<b>Rahu</b> 2:29PM – 4:22PM	Balava Until 10:00AM	<b>Nataraja:</b> White		Navami
					<b>Navami* Until 9:47PM</b>	Moon – Green		
						<b>Jyeshtha-Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Porto, Portugal Sun 23
	Kanya Rasi: 28.49	Tithi 10	<b>Gulika</b> 6:55AM – 8:48AM	<b>Chitra</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:01AM	Vilamba 5120
			Yama 4:22PM – 6:16PM	Parigha* <b>Until 7:32PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	361132361 <b>Rahu</b> 10:42AM – 12:35PM	Taitila <b>Until 9:45AM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> <b>Until 9:49PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Porto, Portugal Sun 24
	Tula Rasi: 11.4	Tithi 11	<b>Gulika</b> 5:01AM – 6:55AM	<b>Svati</b> <b>Until 9:38PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:01AM	Vilamba 5120
			Yama 2:29PM – 4:23PM	Shiva <b>Until 6:58PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	361132361 <b>Rahu</b> 8:48AM – 10:42AM	Vanija <b>Until 10:03AM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi</b> <b>Until 10:21PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Porto, Portugal Sun 25
	Tula Rasi: 24.16	Tithi 12	<b>Gulika</b> 4:23PM – 6:16PM	<b>Vishakha</b> <b>Until 11:28PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:02AM	Vilamba 5120
			Yama 12:36PM – 2:29PM	Siddha <b>Until 6:45PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 10
	Routine Work	Marana Yoga	371142361 <b>Rahu</b> 6:16PM – 8:10PM	Bava <b>Until 10:50AM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Dvadashi</b> <b>Until 11:23PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal Sun 26
	Vrischika Rasi: 6.41	Tithi 13	<b>Gulika</b> 2:29PM – 4:23PM	<b>Anuradha</b> <b>Until 1:33AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:02AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:42AM – 12:36PM	Sadhya <b>Until 6:52PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	371142361 <b>Rahu</b> 6:55AM – 8:49AM	Kaulava <b>Until 12:05PM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> <b>Until 12:50AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27
	Vrischika Rasi: 18.55	Tithi 14	<b>Gulika</b> 12:36PM – 2:30PM	<b>Jyeshtha*</b> <b>Until 3:51AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:02AM	Vilamba 5120
			Yama 8:49AM – 10:43AM	Subha <b>Until 7:20PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 10
	Routine Work	Marana Yoga	371142361 <b>Rahu</b> 4:23PM – 6:17PM	Gara <b>Until 1:44PM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Chaturdashi*</b> <b>Until 2:40AM Wed</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal Sun 27
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:43AM – 12:36PM	<b>Mula*</b> <b>Until 6:48AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:03AM	Vilamba 5120
	Dhanus Rasi: 0.59	Tithi 15	Yama 6:56AM – 8:50AM	Sukla <b>Until 8:01PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 10
	Routine Work	Marana Yoga	381142361 <b>Rahu</b> 12:36PM – 2:30PM	Visti <b>Until 3:45PM</b>	<b>Nataraja:</b> White		Purnima
			<b>Purnima*</b> <b>Until 4:51AM Thu</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	

	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Porto, Portugal Sun 28
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:50AM – 10:43AM	<b>Mula*</b> <b>Until 6:48AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:03AM	Vilamba 5120
	Dhanus Rasi: 12.56	Tithi 16	Yama 5:03AM – 6:56AM	Brahma <b>Until 8:57PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	381142361 <b>Rahu</b> 2:30PM – 4:23PM	Balava <b>Until 6:03PM</b>	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> <b>Until 7:16AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal  
Sutra 75

Dhanus Rasi: 24.47    Tithi 16 – 17

381142361

**Gulika** 6:57AM – 8:50AM  
**Yama** 4:23PM – 6:17PM  
**Rahu** 10:43AM – 12:37PM

**Purvashadha\* Until 9:49AM**  
Indra Until 10:02PM  
Taitila Until 8:34PM  
**Prathama\* Until 7:16AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:03AM  
**Sunset:** 8:10PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work    Prabalarishta Yoga  
Until 9:49AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal  
Sun 1    Sutra 76

Makara Rasi: 6.34    Tithi 17 – 18

381242361

**Gulika** 5:04AM – 6:57AM  
**Yama** 2:30PM – 4:23PM  
**Rahu** 8:50AM – 10:44AM

**Uttarashadha Until 12:47PM**  
Vaidhriti\* Until 11:09PM  
Vanija Until 11:10PM  
**Dvitiya Until 9:51AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:04AM  
**Sunset:** 8:10PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work    Marana Yoga  
Until 12:47PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal  
Sun 2    Sutra 77

Makara Rasi: 18.21    Tithi 18 – 19

391242361

**Gulika** 4:23PM – 6:17PM  
**Yama** 12:37PM – 2:30PM  
**Rahu** 6:17PM – 8:10PM

**Shravana Until 4:06PM**  
Vishkambha\* Until 12:14AM Mon  
Bava Until 1:43AM Mon  
**Tritiya Until 12:26PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:04AM  
**Sunset:** 8:10PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work    Amrita Yoga  
Until 4:06PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal  
Sun 3    Sutra 78

Kumbha Rasi: 0.1    Tithi 19 – 20

392242361

**Family Home Evening**

**Gulika** 2:30PM – 4:24PM  
**Yama** 10:44AM – 12:37PM  
**Rahu** 6:58AM – 8:51AM

**Dhanishtha Until 7:05PM**  
Priti Until 1:10AM Tue  
Kaulava Until 4:01AM Tue  
**Chaturthi\* Until 2:53PM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:05AM  
**Sunset:** 8:10PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal  
Sun 4    Sutra 79

Kumbha Rasi: 12.05    Tithi 20 – 21

392242361

**Gulika** 12:37PM – 2:31PM  
**Yama** 8:51AM – 10:44AM  
**Rahu** 4:24PM – 6:17PM

**Shatabhishak Until 9:34PM**  
Ayushman Until 1:46AM Wed  
Gara Until 5:55AM Wed  
**Panchami Until 5:00PM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:05AM  
**Sunset:** 8:10PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work    Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Vanija Karana Shashthyam Titau

Porto, Portugal  
Sun 5    Sutra 80

Kumbha Rasi: 24.1    Tithi 21

312242361

**Gulika** 10:45AM – 12:38PM  
**Yama** 6:59AM – 8:52AM  
**Rahu** 12:38PM – 2:31PM

**Purvaproshtapada\* Until 11:53PM**  
Saubhagya Until 1:58AM Thu  
Vanija Until 6:38PM  
**Shashthi\* Until 6:38PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:06AM  
**Sunset:** 8:09PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work    Amrita Yoga  
Until 11:53PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Porto, Portugal  
Sun 6    Sutra 81

Meena Rasi: 6.29    Tithi 22

312242361

**Gulika** 8:52AM – 10:45AM  
**Yama** 5:07AM – 6:59AM  
**Rahu** 2:31PM – 4:23PM

**Uttaraproshtapada Until 1:23AM Fri**  
Sobhana Until 1:39AM Fri  
Visti Until 7:15AM  
**Saptami Until 7:38PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:07AM  
**Sunset:** 8:09PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

**D**

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 7    Sutra 82

Meena Rasi: 19.07    Tithi 23

412242361

**Gulika** 7:00AM – 8:53AM  
**Yama** 4:23PM – 6:16PM  
**Rahu** 10:45AM – 12:38PM

**Revati Until 1:59AM Sat**  
Athiganda\* Until 12:43AM Sat  
Balava Until 7:53AM  
**Ashtami\* Until 7:54PM**

**Ganesha:** Green  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:07AM  
**Sunset:** 8:09PM

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work    Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 8    Sutra 83

Mesha Rasi: 2.06    Tithi 24

422242361

**Gulika** 5:08AM – 7:00AM  
**Yama** 2:31PM – 4:23PM  
**Rahu** 8:53AM – 10:46AM

**Ashvini Until 2:07AM Sun**  
Sukarma Until 11:09PM  
Taitila Until 7:44AM  
**Navami\* Until 7:21PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Jyeshtha-Ani**

**Sunrise:** 5:08AM  
**Sunset:** 8:09PM

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work    Siddha Yoga  
Until 2:07AM Sun  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visti* Karana Dashamyam Titau		Porto, Portugal Sun 9 Sutra 84
Mesha Rasi: 15.32	Tithi 25	<b>Gulika</b> 4:23PM – 6:16PM	<b>Bharani Until 1:18AM Mon</b>	Vilamba 5120
		Yama 12:38PM – 2:31PM	Dhriti Until 8:58PM	Moon 6 - Phase 12
	422242361	<b>Rahu</b> 6:16PM – 8:08PM	Vanija Until 6:48AM	2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami Until 6:01PM</b>	<b>Devaloka Day</b>
Until 1:18AM Mon			<b>Jyeshtha-Ani</b>	
Then Routine Work - Marana Yoga				

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Kritika Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 10 Sutra 85
Mesha Rasi: 29.24	Tithi 26 – 27	<b>Gulika</b> 2:31PM – 4:23PM	<b>Kritika Until 11:40PM</b>	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:46AM – 12:38PM	Shula* Until 6:10PM	Moon 6 - Phase 12
	422242361	<b>Rahu</b> 7:01AM – 8:54AM	Kaulava Until 2:41AM Tue	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 3:57PM</b>	<b>Devaloka Day</b>
Until 11:40PM			<b>Jyeshtha-Ani</b>	
Then Creative Work - Amrita Yoga				

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Rohini Nakshatra Ganda* Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 11 Sutra 86
Vrishabha Rasi: 13.43	Tithi 27 – 28	<b>Gulika</b> 12:39PM – 2:31PM	<b>Rohini Until 9:44PM</b>	Vilamba 5120
		Yama 8:54AM – 10:46AM	Ganda* Until 2:52PM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 4:23PM – 6:15PM	Gara Until 11:44PM	2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 1:15PM</b>	<b>Bhuloka Day</b>
Until 9:44PM			<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 12 Sutra 87
Vrishabha Rasi: 28.26	Tithi 28 – 29	<b>Gulika</b> 10:47AM – 12:39PM	<b>Mrigashira Until 7:12PM</b>	Vilamba 5120
		Yama 7:03AM – 8:55AM	Vridhi Until 11:11AM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 12:39PM – 2:31PM	Visti Until 8:22PM	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 10:04AM</b>	<b>Bhuloka Day</b>
			<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 13 Sutra 88
<b>Retreat Star</b>		<b>Gulika</b> 8:55AM – 10:47AM	<b>Ardra Until 4:17PM</b>	Vilamba 5120
Mithuna Rasi: 13.26	Tithi 29 – 30	Yama 5:11AM – 7:03AM	Dhruva Until 7:12AM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 2:31PM – 4:23PM	Naga Until 2:50AM Fri	Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi* Until 6:33AM</b>	<b>Bhuloka Day</b>
Until 4:17PM			<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga				

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Porto, Portugal Sun 14 Sutra 89
<b>Retreat Star</b>		<b>Gulika</b> 7:04AM – 8:55AM	<b>Punarvasu Until 1:30PM</b>	Vilamba 5120
Mithuna Rasi: 28.35	Tithi 1	Yama 4:22PM – 6:14PM	Harshana Until 10:55PM	Moon 6 - Phase 12
	442242361	<b>Rahu</b> 10:47AM – 12:39PM	Kintughna Until 12:58PM	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 11:05PM</b>	<b>Bhuloka Day</b>
Until 1:30PM		<b>Partial Solar Eclipse</b>	<b>Ashada-Ani</b>	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Porto, Portugal Sun 15 Sutra 90
Kataka Rasi: 13.44	Tithi 2	<b>Gulika</b> 5:13AM – 7:04AM	<b>Pushya</b> <b>Until 10:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM	Vilamba 5120	
		Yama 2:31PM – 4:22PM	Vajra* <b>Until 6:51PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 8:56AM – 10:47AM	Balava <b>Until 9:16AM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 7:28PM</b>	Moon – Blue		<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM
Until 10:38AM				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Porto, Portugal Sun 16 Sutra 91
Kataka Rasi: 28.45	Tithi 3 – 4	<b>Gulika</b> 4:22PM – 6:13PM	<b>Ashlesha*</b> <b>Until 7:51AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	Vilamba 5120	
		Yama 12:39PM – 2:31PM	Siddhi <b>Until 3:02PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 6:13PM – 8:05PM	Vanija <b>Until 2:37AM Mon</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 4:07PM</b>	Moon – Blue		<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM
Until 7:51AM				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau			Porto, Portugal Sun 17 Sutra 92
Simha Rasi: 13.3	Tithi 4 – 5	<b>Gulika</b> 2:31PM – 4:22PM	<b>Purvaphalguni</b> <b>Until 3:56AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:48AM – 12:39PM	Vyatipata* <b>Until 11:34AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 13	
		453242361 <b>Rahu</b> 7:06AM – 8:57AM	Bava <b>Until 11:57PM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> <b>Until 1:12PM</b>	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM
Until 3:56AM Tue				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Porto, Portugal Sun 18 Sutra 93
Simha Rasi: 27.52	Tithi 5 – 6	<b>Gulika</b> 12:39PM – 2:30PM	<b>Uttaraphalguni</b> <b>Until 2:39AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:15AM	Vilamba 5120	
		Yama 8:57AM – 10:48AM	Variyan <b>Until 8:31AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 4:21PM – 6:13PM	Kaulava <b>Until 9:53PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 10:49AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 2:39AM Wed				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Porto, Portugal Sun 19 Sutra 94
Kanya Rasi: 11.5	Tithi 6 – 7	<b>Gulika</b> 10:49AM – 12:39PM	<b>Hasta</b> <b>Until 2:20AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM	Vilamba 5120	
		Yama 7:07AM – 8:58AM	Parigha* <b>Until 6:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:03PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 12:39PM – 2:30PM	Gara <b>Until 8:31PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> <b>Until 9:06AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 2:20AM Thu				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Visi* Karana Saptami/Ashtamyam Titau			Porto, Portugal Sun 20 Sutra 95
Kanya Rasi: 25.22	Tithi 7 – 8	<b>Gulika</b> 8:58AM – 10:49AM	<b>Chitra</b> <b>Until 2:37AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	Vilamba 5120	
		Yama 5:17AM – 7:07AM	Siddha <b>Until 2:45AM Fri</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:02PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 2:30PM – 4:21PM	Visti <b>Until 7:52PM</b>	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 8:05AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Porto, Portugal Sun 21 Sutra 96
Tula Rasi: 8.29	Tithi 8 – 9	<b>Gulika</b> 7:08AM – 8:59AM	<b>Svati</b> <b>Until 3:26AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	Vilamba 5120	
		Yama 4:21PM – 6:11PM	Sadhya <b>Until 1:58AM Sat</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:49AM – 12:40PM	Balava <b>Until 7:57PM</b>	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 7:48AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>	<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal Sun 22 Sutra 97
	Tula Rasi: 21.16	Tithi 9 – 10	<b>Gulika</b> 5:18AM – 7:09AM Yama 2:30PM – 4:20PM 473242362 <b>Rahu</b> 8:59AM – 10:49AM	<b>Vishakha</b> Until 5:12AM Sun Subha Until 1:44AM Sun Taitila Until 8:42PM Navami* Until 8:13AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:18AM <b>Sunset:</b> 8:01PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Creative Work Siddha Yoga Until 5:12AM Sun Then Routine Work - Marana Yoga			<b>Devaloka Day</b> Ashada*Adi				


<b>2</b>	<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 23 Sutra 98
	Vrischika Rasi: 3.44	Tithi 10 – 11	<b>Gulika</b> 4:20PM – 6:10PM Yama 12:40PM – 2:30PM 473242362 <b>Rahu</b> 6:10PM – 8:00PM	<b>Anuradha</b> Until 7:20AM Mon Sukla Until 1:54AM Mon Vanija Until 10:02PM Dashami Until 9:17AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:19AM <b>Sunset:</b> 8:00PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Routine Work Marana Yoga Until 7:20AM Mon Then Creative Work - Siddha Yoga			<b>Devaloka Day</b> Ashada*Adi				


<b>3</b>	<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 24 Sutra 99
	Vrischika Rasi: 15.59	Tithi 11 – 12	<b>Gulika</b> 2:30PM – 4:19PM Yama 10:50AM – 12:40PM 473242362 <b>Rahu</b> 7:10AM – 9:00AM	<b>Anuradha</b> Until 7:20AM Brahma Until 2:26AM Tue Bava Until 11:52PM Ekadashi Until 10:52AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 7:59PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Family Home Evening Creative Work Siddha Yoga			<b>Devaloka Day</b> Ashada*Adi				

<b>4</b>	<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 25 Sutra 100
	Vrischika Rasi: 28.02	Tithi 12 – 13	<b>Gulika</b> 12:40PM – 2:29PM Yama 9:00AM – 10:50AM 473242362 <b>Rahu</b> 4:19PM – 6:09PM	<b>Jyeshtha*</b> Until 9:45AM Indra Until 3:16AM Wed Kaulava Until 2:03AM Wed Dvadashi Until 12:54PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:21AM <b>Sunset:</b> 7:58PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Routine Work Marana Yoga Until 9:45AM Then Creative Work - Amrita Yoga			<b>Devaloka Day</b> Ashada*Adi Pradosha Vrata				

<b>5</b>	<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhritii* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 26 Sutra 101
	Dhanus Rasi: 9.58	Tithi 13 – 14	<b>Gulika</b> 10:50AM – 12:40PM Yama 7:11AM – 9:01AM 483342362 <b>Rahu</b> 12:40PM – 2:29PM	<b>Mula*</b> Until 12:48PM Vaidhritii* Until 4:15AM Thu Gara Until 4:30AM Thu Trayodashi Until 3:14PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 5:22AM <b>Sunset:</b> 7:57PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Routine Work Marana Yoga Until 12:48PM Then Creative Work - Amrita Yoga			<b>Sivaloka Day</b> Ashada*Adi				

<b>6</b>	<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal Sun 27 Sutra 102
	Dhanus Rasi: 21.48	Tithi 14 – 15	<b>Gulika</b> 9:01AM – 10:51AM Yama 5:23AM – 7:12AM 483342362 <b>Rahu</b> 2:29PM – 4:18PM	<b>Purvashadha*</b> Until 3:53PM Vishkambha* Until 5:21AM Fri Vistii Until 7:05AM Fri Chaturdashi* Until 5:46PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 5:23AM <b>Sunset:</b> 7:56PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Creative Work Siddha Yoga Until 3:53PM Then Routine Work - Marana Yoga			<b>Sivaloka Day</b> Ashada*Adi				

	<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Pritii Yoga Vistii*/Bava Karana Purnimayam Titau				Porto, Portugal Sun 27 Sutra 103
	Makara Rasi: 3.35	Tithi 15	<b>Gulika</b> 7:13AM – 9:02AM Yama 4:18PM – 6:07PM 483342362 <b>Rahu</b> 10:51AM – 12:40PM	<b>Uttarashadha</b> Until 6:52PM Pritii Until 6:29AM Sat Vistii Until 7:05AM Purnima* Until 8:21PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 5:24AM <b>Sunset:</b> 7:55PM	Vilamba 5120 Moon 6 - Phase 14 Purnima
Routine Work Marana Yoga			<b>Sivaloka Day</b> Ashada*Adi				
			Total Lunar Eclipse Satguru Purnima				

	<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal Sun 28 Sutra 104
	Makara Rasi: 15.23	Tithi 16	<b>Gulika</b> 5:25AM – 7:14AM Yama 2:28PM – 4:17PM 493342362 <b>Rahu</b> 9:02AM – 10:51AM	<b>Shravana</b> Until 10:08PM Pritii Until 6:29AM Balava Until 9:39AM Prathama* Until 10:53PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 5:25AM <b>Sunset:</b> 7:54PM	Vilamba 5120 Moon 6 - Phase 14 Prathama
Creative Work Siddha Yoga			<b>Devaloka Day</b> Ashada*Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Porto, Portugal  
Sun 1 Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 27.13 Tithi 17  
493342362 Rahu  
Routine Work Marana Yoga  
Until 1:03AM Mon  
Then Creative Work - Siddha Yoga

Gulika 4:17PM - 6:05PM  
Yama 12:40PM - 2:28PM  
Rahu 6:05PM - 7:53PM

**Dhanishtha Until 1:03AM Mon**  
Ayushman Until 7:29AM  
Taitila Until 12:06PM  
**Dvitiya Until 1:14AM Mon**

Ganesha: Blue Sunrise: 5:26AM  
Muruga: Clear Sunset: 7:53PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trilyayam Titau

Porto, Portugal  
Sun 2 Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 9.07 Tithi 18  
494342362 Rahu  
Family Home Evening  
Creative Work Siddha Yoga  
Until 3:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 2:28PM - 4:16PM  
Yama 10:51AM - 12:40PM  
Rahu 7:15AM - 9:03AM

**Shatabhishak Until 3:32AM Tue**  
Saubhagya Until 8:20AM  
Vanija Until 2:19PM  
**Tritiya Until 3:17AM Tue**

Ganesha: Blue Sunrise: 5:27AM  
Muruga: Clear Sunset: 7:52PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturtham Titau

Porto, Portugal  
Sun 3 Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 21.09 Tithi 19  
414342362 Rahu  
Routine Work Marana Yoga  
Until 5:57AM Wed  
Then Creative Work - Siddha Yoga

Gulika 12:40PM - 2:28PM  
Yama 9:04AM - 10:52AM  
Rahu 4:15PM - 6:03PM

**Purvaproshtapada\* Until 5:57AM Wed**  
Sobhana Until 8:58AM  
Bava Until 4:11PM  
**Chaturthi\* Until 4:56AM Wed**

Ganesha: White Sunrise: 5:28AM  
Muruga: Clear Sunset: 7:51PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal  
Sun 4 Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 3.21 Tithi 20  
414342362 Rahu  
Creative Work Siddha Yoga

Gulika 10:52AM - 12:39PM  
Yama 7:16AM - 9:04AM  
Rahu 12:39PM - 2:27PM

**Uttaraproshtapada Until 7:43AM Thu**  
Athiganda\* Until 9:14AM  
Kaulava Until 5:36PM  
**Panchami Until 6:06AM Thu**

Ganesha: White Sunrise: 5:29AM  
Muruga: Clear Sunset: 7:50PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\* Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Porto, Portugal  
Sun 5 Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 15.46 Tithi 20 - 21  
414342362 Rahu  
Creative Work Siddha Yoga

Gulika 9:05AM - 10:52AM  
Yama 5:30AM - 7:17AM  
Rahu 2:27PM - 4:14PM

**Uttaraproshtapada Until 7:43AM**  
Sukarma Until 9:07AM  
Gara Until 6:29PM  
**Panchami Until 6:06AM**

Ganesha: White Sunrise: 5:30AM  
Muruga: Clear Sunset: 7:49PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Porto, Portugal  
Sun 6 Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 28.25 Tithi 21 - 22  
414342362 Rahu  
Creative Work Siddha Yoga  
Until 8:46AM  
Then Creative Work - Amrita Yoga

Gulika 7:18AM - 9:05AM  
Yama 4:14PM - 6:01PM  
Rahu 10:52AM - 12:39PM

**Revati Until 8:46AM**  
Dhriti Until 8:34AM  
Visti Until 6:45PM  
**Shashthi\* Until 6:41AM**

Ganesha: White Sunrise: 5:31AM  
Muruga: Clear Sunset: 7:48PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**Retreat Star**

**Saturday, August 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Porto, Portugal  
Sun 7 Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 11.24 Tithi 22 - 23  
424342362 Rahu  
Creative Work Siddha Yoga

Gulika 5:32AM - 7:18AM  
Yama 2:26PM - 4:13PM  
Rahu 9:05AM - 10:52AM

**Ashvini Until 9:30AM**  
Shula\* Until 7:28AM  
Balava Until 6:21PM  
**Saptami Until 6:37AM**

Ganesha: Clear Sunrise: 5:32AM  
Muruga: Clear Sunset: 7:47PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**

**Retreat Star**

**Sunday, August 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 8 Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 24.44 Tithi 24  
424342362 Rahu  
Routine Work Prabalarishta Yoga  
Until 9:24AM  
Then Creative Work - Siddha Yoga

Gulika 4:12PM - 5:59PM  
Yama 12:39PM - 2:26PM  
Rahu 5:59PM - 7:46PM

**Bharani Until 9:24AM**  
Vriddhi Until 3:41AM Mon  
Taitila Until 5:16PM  
**Navami\* Until 4:28AM Mon**

Ganesha: Clear Sunrise: 5:33AM  
Muruga: Clear Sunset: 7:46PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**


Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda


<b>1</b>	<b>Monday, August 6, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Porto, Portugal Sun 9 Sutra 113 Vilamba 5120
	Vishabha Rasi: 8.28    Tithi 25 <b>Family Home Evening</b> 424342362 Routine Work    Marana Yoga Until 8:29AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:25PM – 4:12PM Yama    10:53AM – 12:39PM <b>Rahu</b> 7:20AM – 9:06AM	<b>Krittika Until 8:29AM</b> Dhruva Until 12:57AM Tue Vanija Until 3:31PM <b>Dashami Until 2:24AM Tue</b>

<b>2</b>	<b>Tuesday, August 7, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Porto, Portugal Sun 10 Sutra 114 Vilamba 5120
	Vishabha Rasi: 22.35    Tithi 26 434342362 Creative Work    Amrita Yoga Until 7:13AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:39PM – 2:25PM Yama    9:07AM – 10:53AM <b>Rahu</b> 4:11PM – 5:57PM	<b>Rohini Until 7:13AM</b> Vyaghata* Until 9:47PM Bava Until 1:10PM <b>Ekadashi* Until 11:46PM</b>

<b>3</b>	<b>Wednesday, August 8, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Porto, Portugal Sun 11 Sutra 115 Vilamba 5120
	Mithuna Rasi: 7.06    Tithi 27 434342362 Creative Work    Siddha Yoga Until 2:45AM Thu Then Creative Work - Amrita Yoga	<b>Gulika</b> 10:53AM – 12:39PM Yama    7:21AM – 9:07AM <b>Rahu</b> 12:39PM – 2:25PM	<b>Ardra Until 2:45AM Thu</b> Harshana Until 6:13PM Kaulava Until 10:17AM <b>Dvadashi* Until 8:40PM</b>

<b>4</b>	<b>Thursday, August 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau	Porto, Portugal Sun 12 Sutra 116 Vilamba 5120
	Mithuna Rasi: 21.56    Tithi 28 – 29 444342362 Creative Work    Amrita Yoga Until 12:12AM Fri Then Routine Work - Marana Yoga	<b>Gulika</b> 9:08AM – 10:53AM Yama    5:37AM – 7:22AM <b>Rahu</b> 2:24PM – 4:10PM	<b>Punarvasu Until 12:12AM Fri</b> Vajra* Until 2:21PM Gara Until 7:00AM <b>Trayodashi* Until 5:14PM</b>

	<b>Friday, August 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Porto, Portugal Sun 13 Sutra 117 Vilamba 5120
	<b>Retreat Star</b> Kataka Rasi: 6.58    Tithi 29 – 30 444342362 Routine Work    Marana Yoga	<b>Gulika</b> 7:23AM – 9:08AM Yama    4:09PM – 5:54PM <b>Rahu</b> 10:53AM – 12:39PM	<b>Pushya Until 9:22PM</b> Siddhi Until 10:18AM Catuspada Until 11:48PM <b>Chaturdashi* Until 1:37PM</b>

	<b>Saturday, August 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Porto, Portugal Sun 14 Sutra 118 Vilamba 5120
	<b>Retreat Star</b> Kataka Rasi: 22.05    Tithi 30 – 1 445342362 Routine Work    Marana Yoga Until 6:25PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 5:39AM – 7:23AM Yama    2:23PM – 4:08PM <b>Rahu</b> 9:08AM – 10:53AM  <b>Partial Solar Eclipse</b>	<b>Ashlesha* Until 6:25PM</b> Vyatipata* Until 6:12AM Kintughna Until 8:10PM <b>Amavasya* Until 9:57AM</b>

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sun 15 Sutra 119
Simha Rasi: 7.09	Tithi 1 - 2	<b>Gulika</b> 4:08PM - 5:52PM	<b>Magha* Until 3:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:40AM	Vilamba 5120
		Yama 12:38PM - 2:23PM	Parigha* Until 10:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:52PM - 7:37PM	Kaulava Until 3:07AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 6:24AM</b>	Moon - Red		<b>Sivaloka Day</b>
Until 3:56PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Trtiyayam Titau				Porto, Portugal Sun 16 Sutra 120
Simha Rasi: 21.59	Tithi 3	<b>Gulika</b> 2:22PM - 4:07PM	<b>Purvaphalguni Until 1:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:41AM	Vilamba 5120
Family Home Evening		Yama 10:54AM - 12:38PM	Shiva Until 6:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 7:25AM - 9:09AM	Taitila Until 1:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 12:16AM Tue</b>	Moon - Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Porto, Portugal Sun 17 Sutra 121
Kanya Rasi: 6.31	Tithi 4	<b>Gulika</b> 12:38PM - 2:22PM	<b>Uttaraphalguni Until 11:42AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:42AM	Vilamba 5120
		Yama 9:10AM - 10:54AM	Siddha Until 3:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 4:06PM - 5:50PM	Vanija Until 11:03AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 9:58PM</b>	Moon - Red		<b>Sivaloka Day</b>
Until 11:42AM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal Sun 18 Sutra 122
Kanya Rasi: 20.37	Tithi 5	<b>Gulika</b> 10:54AM - 12:38PM	<b>Hasta Until 10:42AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:43AM	Vilamba 5120
		Yama 7:26AM - 9:10AM	Sadhya Until 1:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 12:38PM - 2:21PM	Bava Until 9:05AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 8:22PM</b>	Moon - Green		<b>Subha Sivaloka Day</b>
Until 10:42AM		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthiyam Titau				Porto, Portugal Sun 19 Sutra 123
Tula Rasi: 4.16	Tithi 6	<b>Gulika</b> 9:10AM - 10:54AM	<b>Chitra Until 10:17AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:44AM	Vilamba 5120
		Yama 5:44AM - 7:27AM	Subha Until 11:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 2:21PM - 4:04PM	Kaulava Until 7:52AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 7:32PM</b>	Moon - Green		<b>Subha Sivaloka Day</b>
Until 10:17AM				<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>6 Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Porto, Portugal Sun 20 Sutra 124
Tula Rasi: 17.28	Tithi 7	<b>Gulika</b> 7:28AM - 9:11AM	<b>Svati Until 10:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:45AM	Vilamba 5120
		Yama 4:04PM - 5:47PM	Sukla Until 10:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 17
		565342362 <b>Rahu</b> 10:54AM - 12:37PM	Gara Until 7:26AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 7:31PM</b>	Moon - Green		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Porto, Portugal Sun 21 Sutra 125
Vrischika Rasi: 0.16	Tithi 8	<b>Gulika</b> 5:46AM - 7:28AM	<b>Vishakha Until 11:49AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:46AM	Vilamba 5120
		Yama 2:20PM - 4:03PM	Brahma Until 9:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 9:11AM - 10:54AM	Visti Until 7:50AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:17PM</b>	Moon - Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal Sun 22 Sutra 126
Vrischika Rasi: 12.43	Tithi 9	<b>Gulika</b> 4:02PM - 5:44PM	<b>Anuradha Until 1:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:47AM	Vilamba 5120
		Yama 12:37PM - 2:19PM	Indra Until 9:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 17
		575442362 <b>Rahu</b> 5:44PM - 7:27PM	Balava Until 8:58AM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami* Until 9:45PM</b>	Moon - Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
1		Jyeshtha* Until 4:00PM				Sun 23 Sutra 127
Vrischika Rasi: 24.54	Tithi 10	Gulika 2:19PM – 4:01PM	Yama 10:54AM – 12:37PM	Muruqa: Clear	Sunrise: 5:48AM	Vilamba 5120
Family Home Evening	575442362	Rahu 7:30AM – 9:12AM	Taitila Until 10:44AM	Nataraja: Clear	Sunset: 7:26PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga		Dashami Until 11:47PM	Moon – Orange		4th Phase
				Sravana-Avani		Sivaloka Day

<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
2		Mula* Until 7:02PM				Sun 24 Sutra 128
Dhanus Rasi: 6.52	Tithi 11	Gulika 12:36PM – 2:18PM	Yama 9:12AM – 10:54AM	Muruqa: Clear	Sunrise: 5:49AM	Vilamba 5120
	586442362	Rahu 4:00PM – 5:42PM	Vishkambha* Until 10:29AM	Nataraja: Clear	Sunset: 7:24PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga		Vanija Until 12:58PM	Moon – Light Blue		4th Phase
Until 7:02PM			Ekadashi Until 2:11AM Wed	Sravana-Avani		Sivaloka Day
Then Creative Work - Siddha Yoga						

<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
3		Purvashadha* Until 10:08PM				Sun 25 Sutra 129
Dhanus Rasi: 18.44	Tithi 12	Gulika 10:54AM – 12:36PM	Yama 7:31AM – 9:13AM	Muruqa: Clear	Sunrise: 5:50AM	Vilamba 5120
	586442362	Rahu 12:36PM – 2:18PM	Priti Until 11:31AM	Nataraja: Clear	Sunset: 7:23PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga		Bava Until 3:29PM	Moon – Light Blue		4th Phase
			Dvadashi Until 4:46AM Thu	Sravana-Avani		Sivaloka Day

<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
4		Uttarashadha Until 1:07AM Fri				Sun 26 Sutra 130
Makara Rasi: 0.31	Tithi 13	Gulika 9:13AM – 10:54AM	Yama 5:51AM – 7:32AM	Muruqa: Clear	Sunrise: 5:51AM	Vilamba 5120
	586442362	Rahu 2:17PM – 3:58PM	Ayushman Until 12:35PM	Nataraja: Clear	Sunset: 7:21PM	Moon 7 - Phase 18
Routine Work	Marana Yoga		Kaulava Until 6:06PM	Moon – Light Blue		4th Phase
			Trayodashi Until 7:22AM Fri	Sravana-Avani		Sivaloka Day
						Pradosha Vrata

<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
5		Shravana Until 4:19AM Sat				Sun 27 Sutra 131
Makara Rasi: 12.19	Tithi 13 – 14	Gulika 7:33AM – 9:14AM	Yama 3:58PM – 5:39PM	Muruqa: Clear	Sunrise: 5:52AM	Vilamba 5120
	596442362	Rahu 10:55AM – 12:36PM	Saubhagya Until 1:39PM	Nataraja: Clear	Sunset: 7:20PM	Moon 7 - Phase 18
Routine Work	Marana Yoga		Gara Until 8:38PM	Moon – Purple		4th Phase
Until 4:19AM Sat		Chidambaram Abhishekam	Trayodashi Until 7:22AM	Sravana-Avani		Subha Sivaloka Day
Then Creative Work - Siddha Yoga						

<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
Copper Retreat Star		Dhanishtha Until 7:07AM Sun				Sutra 132
Makara Rasi: 24.09	Tithi 14 – 15	Gulika 5:53AM – 7:33AM	Yama 2:16PM – 3:57PM	Muruqa: Clear	Sunrise: 5:53AM	Vilamba 5120
	596442362	Rahu 9:14AM – 10:55AM	Sobhana Until 2:36PM	Nataraja: Clear	Sunset: 7:18PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga		Visti Until 10:58PM	Moon – Purple		Purnima
		Raksha Bandhan	Chaturdashi* Until 9:49AM	Sravana-Avani		Subha Sivaloka Day

<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
Silver Retreat Star		Dhanishtha Until 7:07AM				Sutra 133
Kumbha Rasi: 6.06	Tithi 15 – 16	Gulika 3:56PM – 5:36PM	Yama 12:35PM – 2:15PM	Muruqa: Clear	Sunrise: 5:54AM	Vilamba 5120
	596442362	Rahu 5:36PM – 7:16PM	Athiganda* Until 3:17PM	Nataraja: Clear	Sunset: 7:16PM	Moon 7 - Phase 18
Routine Work	Marana Yoga		Balava Until 12:58AM Mon	Moon – Purple		Prathama
Until 7:07AM		Avani Avittam	Purnima* Until 11:59AM	Sravana-Avani		Subha Sivaloka Day
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal Sutra 134

Kumbha Rasi: 18.1 Tithi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

Until 9:25AM

Then Routine Work - Marana Yoga

Gulika 2:15PM - 3:55PM  
Yama 10:55AM - 12:35PM  
Rahu 7:35AM - 9:15AM

Shatabhishak Until 9:25AM  
Sukarma Until 3:43PM  
Taitila Until 2:35AM Tue  
Prathama\* Until 1:48PM

Ganesha: White Sunrise: 5:55AM  
Muruqa: Clear Sunset: 7:15PM  
Nataraja: Clear  
Moon - Purple  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Subha Sivaloka Day

1

Tuesday, August 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal Sun 1 Sutra 135

Meena Rasi: 0.25 Tithi 17 - 18

Routine Work Marana Yoga

Until 11:39AM

Then Creative Work - Amrita Yoga

Gulika 12:34PM - 2:14PM  
Yama 9:15AM - 10:55AM  
Rahu 3:54PM - 5:34PM

Purvaprosarthapada\* Until 11:39AM  
Dhriti Until 3:50PM  
Vanija Until 3:46AM Wed  
Dvitiya Until 3:12PM

Ganesha: Clear Sunrise: 5:56AM  
Muruqa: Purple Sunset: 7:13PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal Sun 2 Sutra 136

Meena Rasi: 12.5 Tithi 18 - 19

Creative Work Siddha Yoga

Until 1:18PM

Then Routine Work - Marana Yoga

Gulika 10:55AM - 12:34PM  
Yama 7:36AM - 9:15AM  
Rahu 12:34PM - 2:13PM

Uttaraprosarthapada Until 1:18PM  
Shula\* Until 3:34PM  
Bava Until 4:30AM Thu  
Tritiya Until 4:10PM

Ganesha: Clear Sunrise: 5:57AM  
Muruqa: Purple Sunset: 7:12PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal Sun 3 Sutra 137

Meena Rasi: 25.28 Tithi 19 - 20

Creative Work Siddha Yoga

Until 2:21PM

Then Creative Work - Amrita Yoga

Gulika 9:16AM - 10:55AM  
Yama 5:58AM - 7:37AM  
Rahu 2:13PM - 3:52PM

Revati Until 2:21PM  
Ganda\* Until 2:58PM  
Kaulava Until 4:47AM Fri  
Chaturthi\* Until 4:41PM

Ganesha: Clear Sunrise: 5:58AM  
Muruqa: Purple Sunset: 7:10PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal Sun 4 Sutra 138

Mesha Rasi: 8.18 Tithi 20 - 21

Creative Work Amrita Yoga

Until 3:16PM

Then Creative Work - Siddha Yoga

Gulika 7:37AM - 9:16AM  
Yama 3:51PM - 5:30PM  
Rahu 10:55AM - 12:33PM

Ashvini Until 3:16PM  
Vridhi Until 2:01PM  
Gara Until 4:35AM Sat  
Panchami Until 4:43PM

Ganesha: Purple Sunrise: 5:59AM  
Muruqa: Purple Sunset: 7:08PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

5

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal Sun 5 Sutra 139

Mesha Rasi: 21.23 Tithi 21 - 22

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

Gulika 6:00AM - 7:38AM  
Yama 2:12PM - 3:50PM  
Rahu 9:16AM - 10:55AM

Bharani Until 3:32PM  
Dhruva Until 12:40PM  
Visti Until 3:53AM Sun  
Shashthi\* Until 4:17PM

Ganesha: Purple Sunrise: 6:00AM  
Muruqa: Purple Sunset: 7:07PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

6

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal Sun 6 Sutra 140

Virshabha Rasi: 4.44 Tithi 22 - 23

Creative Work Siddha Yoga

Gulika 3:49PM - 5:27PM  
Yama 12:33PM - 2:11PM  
Rahu 5:27PM - 7:05PM

Krittika Until 3:11PM  
Vyaghata\* Until 10:55AM  
Balava Until 2:41AM Mon  
Saptami Until 3:20PM

Ganesha: Purple Sunrise: 6:01AM  
Muruqa: Purple Sunset: 7:05PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal Sun 7 Sutra 141

Virshabha Rasi: 18.22 Tithi 23 - 24

Family Home Evening

Creative Work Amrita Yoga

Gulika 2:10PM - 3:48PM  
Yama 10:55AM - 12:33PM  
Rahu 7:39AM - 9:17AM

Krishna Janmashtami

Rohini Until 2:36PM  
Harshana Until 8:47AM  
Taitila Until 1:00AM Tue  
Ashtami\* Until 1:53PM

Ganesha: Clear Sunrise: 6:02AM  
Muruqa: Purple Sunset: 7:04PM  
Nataraja: Purple  
Moon - Yellow  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Porto, Portugal Sun 8 Sutra 142

Mithuna Rasi: 2.17 Tithi 24 - 25

Creative Work Siddha Yoga

Until 1:24PM

Then Routine Work - Marana Yoga

Gulika 12:32PM - 2:10PM  
Yama 9:17AM - 10:55AM  
Rahu 3:47PM - 5:24PM

Mrigashira Until 1:24PM  
Vajra\* Until 6:12AM  
Vanija Until 10:49PM  
Navami\* Until 11:57AM

Ganesha: White Sunrise: 6:02AM  
Muruqa: Purple Sunset: 7:02PM  
Nataraja: Purple  
Moon - Yellow  
Sravana-Avani

Vilamba 5120  
Moon 8 - Phase 19  
Navami

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 16.32	Tithi 25 – 26	<b>Gulika</b> 10:55AM – 12:32PM	<b>Ardra Until 11:37AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	
			Yama 7:41AM – 9:18AM	Vyatipata* Until 12:00AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 <b>Rahu</b> 12:32PM – 2:09PM	Bava Until 8:13PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami Until 9:33AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 1.03	Tithi 26 – 27	<b>Gulika</b> 9:18AM – 10:55AM	<b>Punarvasu Until 9:43AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:04AM	
			Yama 6:04AM – 7:41AM	Variyan Until 8:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b> 2:08PM – 3:45PM	Taitila Until 3:42AM Fri	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi* Until 6:46AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 15.47	Tithi 28	<b>Gulika</b> 7:42AM – 9:18AM	<b>Pushya Until 7:24AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:05AM	
			Yama 3:44PM – 5:20PM	Parigha* Until 4:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 10:55AM – 12:31PM	Gara Until 2:07PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi* Until 12:28AM Sat</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Porto, Portugal Sun 12 Sutra 146 Vilamba 5120
	Simha Rasi: 0.38	Tithi 29	<b>Gulika</b> 6:06AM – 7:43AM	<b>Magha* Until 2:28AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:06AM	
			Yama 2:07PM – 3:43PM	Shiva Until 12:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	558452363 <b>Rahu</b> 9:19AM – 10:55AM	Visti Until 10:50AM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Chaturdashi* Until 9:11PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Porto, Portugal Sun 13 Sutra 147 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:42PM – 5:18PM	<b>Purvaphalguni Until 12:08AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:07AM	
	Simha Rasi: 15.3	Tithi 30	Yama 12:31PM – 2:06PM	Siddha Until 9:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:54PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 5:18PM – 6:54PM	Catuspada Until 7:35AM	<b>Nataraja:</b> Purple		Amavasya
			<b>Amavasya* Until 6:00PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sun 14 Sutra 148 Vilamba 5120
	Kanya Rasi: 0.14	Tithi 1 – 2	<b>Gulika</b> 2:06PM – 3:41PM	<b>Uttaraphalguni Until 9:58PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:08AM	
	<b>Family Home Evening</b>		Yama 10:55AM – 12:30PM	Subha Until 2:14AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 <b>Rahu</b> 7:44AM – 9:19AM	Balava Until 1:46AM Tue	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama* Until 3:04PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Porto, Portugal Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.43	Tithi 2 – 3	<b>Gulika</b> 12:30PM – 2:05PM	<b>Hasta</b> <b>Until 8:33PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:09AM	
			Yama 9:20AM – 10:55AM	Sukla <b>Until 11:17PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 3:40PM – 5:15PM	Taitila <b>Until 11:31PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 12:34PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Porto, Portugal Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.5	Tithi 3 – 4	<b>Gulika</b> 10:55AM – 12:29PM	<b>Chitra</b> <b>Until 7:35PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:10AM	
			Yama 7:45AM – 9:20AM	Brahma <b>Until 8:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 12:29PM – 2:04PM	Vanija <b>Until 9:54PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 10:37AM</b>	Moon – Green		<b>Bhuloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistil/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 12.33	Tithi 4 – 5	<b>Gulika</b> 9:20AM – 10:55AM	<b>Svati</b> <b>Until 7:12PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:11AM	
			Yama 6:11AM – 7:46AM	Indra <b>Until 7:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 21
	569552363	<b>Rahu</b> 2:04PM – 3:38PM	Bava <b>Until 9:02PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> <b>Until 9:21AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 7:12PM				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Porto, Portugal Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.49	Tithi 5 – 6	<b>Gulika</b> 7:47AM – 9:21AM	<b>Vishakha</b> <b>Until 7:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM	
			Yama 3:37PM – 5:11PM	Vaidhriti* <b>Until 5:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 10:55AM – 12:29PM	Kaulava <b>Until 8:59PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 8:53AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.4	Tithi 6 – 7	<b>Gulika</b> 6:13AM – 7:47AM	<b>Anuradha</b> <b>Until 9:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	
			Yama 2:02PM – 3:36PM	Vishkambha* <b>Until 5:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 9:21AM – 10:55AM	Gara <b>Until 9:46PM</b>		<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 9:15AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Porto, Portugal Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:35PM – 5:08PM	<b>Jyeshtha*</b> <b>Until 11:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:14AM	
	Vrischika Rasi: 21.08	Tithi 7 – 8	Yama 12:28PM – 2:01PM	Priti <b>Until 5:27PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 5:08PM – 6:42PM	Vistil <b>Until 11:17PM</b>		<b>Nataraja:</b> Purple		Ashtami
Routine Work	Marana Yoga		<b>Saptami</b> <b>Until 10:25AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 11:14PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:01PM – 3:34PM	<b>Mula*</b> <b>Until 2:04AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	
	Dhanus Rasi: 3.19	Tithi 8 – 9	Yama 10:55AM – 12:28PM	Ayushman <b>Until 5:59PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 21
	589552363	<b>Rahu</b> 7:48AM – 9:22AM	Balava <b>Until 1:24AM Tue</b>		<b>Nataraja:</b> Purple		Navami
Family Home Evening			<b>Ashtami*</b> <b>Until 12:16PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga			<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
			Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 156
Dhanus Rasi: 15.16	Tithi 9 – 10		<b>Gulika</b> 12:27PM – 2:00PM	<b>Purvashadha* Until 5:06AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	Vilamba 5120
			Yama 9:22AM – 10:55AM	Saubhagya Until 6:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 22
		581552363	<b>Rahu</b> 3:33PM – 5:06PM	Taitila Until 3:54AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			<b>Navami* Until 2:36PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 5:06AM Wed					<b>Bhadrapada*Puratasi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
			Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 157
Dhanus Rasi: 27.06	Tithi 10 – 11		<b>Gulika</b> 10:55AM – 12:27PM	<b>Uttarashadha Until 8:04AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	Vilamba 5120
			Yama 7:50AM – 9:22AM	Sobhana Until 7:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 22
		581552363	<b>Rahu</b> 12:27PM – 1:59PM	Vanija Until 6:32AM Thu	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga			<b>Dashami Until 5:12PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 8:04AM Thu					<b>Bhadrapada*Puratasi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
			Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 158
Makara Rasi: 8.53	Tithi 11		<b>Gulika</b> 9:23AM – 10:55AM	<b>Uttarashadha Until 8:04AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	Vilamba 5120
			Yama 6:18AM – 7:50AM	Athiganda* Until 8:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 22
		581552363	<b>Rahu</b> 1:59PM – 3:31PM	Vanija Until 6:32AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga			<b>Ekadashi Until 7:48PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 8:04AM					<b>Bhadrapada*Puratasi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
			Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 159
Makara Rasi: 20.43	Tithi 12		<b>Gulika</b> 7:51AM – 9:23AM	<b>Shravana Until 11:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:19AM	Vilamba 5120
			Yama 3:30PM – 5:01PM	Sukarma Until 9:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 22
		591552363	<b>Rahu</b> 10:55AM – 12:26PM	Bava Until 9:04AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga			<b>Dvadashi Until 10:13PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 11:16AM					<b>Bhadrapada*Puratasi</b>		
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
			Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 160
Kumbha Rasi: 2.38	Tithi 13		<b>Gulika</b> 6:20AM – 7:52AM	<b>Dhanishtha Until 2:01PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:20AM	Vilamba 5120
			Yama 1:57PM – 3:29PM	Dhriti Until 10:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 22
		591552363	<b>Rahu</b> 9:23AM – 10:55AM	Kaulava Until 11:19AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 12:16AM Sun</b>	Moon – Purple		<b>Devaloka Day</b>
Until 2:01PM			<b>Kadaitswami Mahasamadhi</b>	<i>Pradosha Vrata</i>	<b>Bhadrapada*Puratasi</b>		
Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
			Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 161
Kumbha Rasi: 14.43	Tithi 14		<b>Gulika</b> 3:28PM – 4:59PM	<b>Shatabhishak Until 4:11PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	Vilamba 5120
			Yama 12:26PM – 1:57PM	Shula* Until 10:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 22
		591552363	<b>Rahu</b> 4:59PM – 6:30PM	Gara Until 1:09PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 1:51AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>
			<b>Chidambaram Abhishekam</b>		<b>Bhadrapada*Puratasi</b>		

<b>○</b>	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
			Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 162
Kumbha Rasi: 27	Tithi 15		<b>Gulika</b> 1:56PM – 3:27PM	<b>Purvaproshtapada* Until 6:11PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	Vilamba 5120
<b>Family Home Evening</b>			Yama 10:55AM – 12:25PM	Ganda* Until 10:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 22
Routine Work	Marana Yoga	511552363	<b>Rahu</b> 7:53AM – 9:24AM	Visti Until 2:28PM	<b>Nataraja:</b> Purple		Purnima
Until 6:11PM				<b>Purnima* Until 2:55AM Tue</b>	Moon – Clear		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Bhadrapada*Puratasi</b>		

<b>○</b>	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Porto, Portugal
			Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 163
Meena Rasi: 9.31	Tithi 16		<b>Gulika</b> 12:25PM – 1:55PM	<b>Uttaraproshtapada Until 7:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	Vilamba 5120
			Yama 9:24AM – 10:55AM	Vriddhi Until 10:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 22
		511552363	<b>Rahu</b> 3:26PM – 4:56PM	Balava Until 3:16PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga			<b>Prathama* Until 3:28AM Wed</b>	Moon – Clear		<b>Devaloka Day</b>
Until 7:31PM					<b>Bhadrapada*Puratasi</b>		
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal  
Sutra 164

Meena Rasi: 22.14      Tithi 17

**Gulika** 10:55AM – 12:25PM  
Yama 7:54AM – 9:24AM  
511552363 **Rahu** 12:25PM – 1:55PM

**Revati Until 8:14PM**  
Dhruva Until 9:06PM  
Taitila Until 3:35PM

**Ganesha:** Purple      *Sunrise:* 6:24AM  
**Muruqa:** Purple      *Sunset:* 6:25PM

Moon 9 - Phase 23  
1st Phase

Routine Work      Marana Yoga

**Dvitiya Until 3:33AM Thu**

Moon – Clear      **Devaloka Day**  
**Bhadrapada-Puratasi**

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Porto, Portugal  
Sun 1      Sutra 165

Mesha Rasi: 5.12      Tithi 18

**Gulika** 9:25AM – 10:54AM  
Yama 6:25AM – 7:55AM  
521552363 **Rahu** 1:54PM – 3:24PM

**Ashvini Until 8:50PM**  
Vyaghata\* Until 7:51PM  
Vanija Until 3:28PM  
**Tritiya Until 3:14AM Fri**

**Ganesha:** Clear      *Sunrise:* 6:25AM  
**Muruqa:** Purple      *Sunset:* 6:23PM

Moon 9 - Phase 23  
1st Phase

Creative Work      Amrita Yoga

Until 8:50PM

Then Creative Work - Siddha Yoga

Moon – White      **Bhuloka Day**  
**Bhadrapada-Puratasi**      Devaloka Time: 9:AM to 12:PM

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Porto, Portugal  
Sun 2      Sutra 166

Mesha Rasi: 18.22      Tithi 19

**Gulika** 7:56AM – 9:25AM  
Yama 3:22PM – 4:52PM  
622552363 **Rahu** 10:55AM – 12:24PM

**Bharani Until 8:55PM**  
Harshana Until 6:19PM  
Bava Until 2:57PM  
**Chaturthi\* Until 2:33AM Sat**

**Ganesha:** Clear      *Sunrise:* 6:27AM  
**Muruqa:** Purple      *Sunset:* 6:21PM

Moon 9 - Phase 23  
1st Phase

Creative Work      Siddha Yoga

Moon – White      **Bhuloka Day**  
**Bhadrapada-Puratasi**      Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal  
Sun 3      Sutra 167

Vrishabha Rasi: 1.44      Tithi 20

**Gulika** 6:28AM – 7:57AM  
Yama 1:52PM – 3:21PM  
622552363 **Rahu** 9:26AM – 10:55AM

**Krittika Until 8:32PM**  
Vajra\* Until 4:29PM  
Kaulava Until 2:06PM  
**Panchami Until 1:33AM Sun**

**Ganesha:** Clear      *Sunrise:* 6:28AM  
**Muruqa:** Purple      *Sunset:* 6:19PM

Moon 9 - Phase 23  
1st Phase

Creative Work      Amrita Yoga

Moon – White      **Bhuloka Day**  
**Bhadrapada-Puratasi**      Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal  
Sun 4      Sutra 168

Vrishabha Rasi: 15.16      Tithi 21

**Gulika** 3:20PM – 4:49PM  
Yama 12:23PM – 1:52PM  
632552363 **Rahu** 4:49PM – 6:18PM

**Rohini Until 8:09PM**  
Siddhi Until 2:26PM  
Gara Until 12:57PM  
**Shashthi\* Until 12:15AM Mon**

**Ganesha:** Purple      *Sunrise:* 6:29AM  
**Muruqa:** Purple      *Sunset:* 6:18PM

Moon 9 - Phase 23  
1st Phase

Creative Work      Siddha Yoga

Moon – Yellow      **Bhuloka Day**  
**Bhadrapada-Puratasi**

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Porto, Portugal  
Sun 5      Sutra 169

Vrishabha Rasi: 28.58      Tithi 22

**Gulika** 1:51PM – 3:19PM  
Yama 10:55AM – 12:23PM  
632552363 **Rahu** 7:58AM – 9:26AM

**Mrigashira Until 7:21PM**  
Vyatipata\* Until 12:09PM  
Visti Until 11:31AM  
**Saptami Until 10:40PM**

**Ganesha:** Purple      *Sunrise:* 6:30AM  
**Muruqa:** Purple      *Sunset:* 6:16PM

Moon 9 - Phase 23  
1st Phase

Creative Work      Amrita Yoga

Until 7:21PM

Then Creative Work - Siddha Yoga

Moon – Yellow      **Bhuloka Day**  
**Bhadrapada-Puratasi**

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 6      Sutra 170

Mithuna Rasi: 12.5      Tithi 23

**Gulika** 12:23PM – 1:51PM  
Yama 9:27AM – 10:55AM  
632552363 **Rahu** 3:18PM – 4:46PM

**Ardra Until 6:07PM**  
Variyan Until 9:38AM  
Balava Until 9:48AM  
**Ashtami\* Until 8:49PM**

**Ganesha:** Purple      *Sunrise:* 6:31AM  
**Muruqa:** Purple      *Sunset:* 6:14PM

Moon 9 - Phase 23  
Ashtami

Routine Work      Marana Yoga

Until 6:07PM

Then Creative Work - Siddha Yoga

Moon – Yellow      **Bhuloka Day**  
**Bhadrapada-Puratasi**

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 7      Sutra 171

Mithuna Rasi: 26.53      Tithi 24

**Gulika** 10:55AM – 12:22PM  
Yama 7:59AM – 9:27AM  
642552363 **Rahu** 12:22PM – 1:50PM

**Punarvasu Until 4:54PM**  
Parigha\* Until 6:54AM  
Taitila Until 7:49AM  
**Navami\* Until 6:42PM**

**Ganesha:** Clear      *Sunrise:* 6:32AM  
**Muruqa:** Purple      *Sunset:* 6:13PM

Moon 9 - Phase 23  
Navami

Creative Work      Siddha Yoga

Moon – Blue      **Bhuloka Day**  
**Bhadrapada-Puratasi**      Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 11.05	Tithi 25 – 26	<b>Gulika</b> 9:27AM – 10:55AM	<b>Pushya</b> Until 3:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM	
		Yama 6:33AM – 8:00AM	Siddha Until 12:50AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 1:49PM – 3:16PM	Bava Until 3:08AM Fri	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 4:21PM	Moon – Blue		<b>Bhuloka Day</b>
Until 3:19PM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 25.27	Tithi 26 – 27	<b>Gulika</b> 8:01AM – 9:28AM	<b>Ashlesha*</b> Until 1:24PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	
		Yama 3:16PM – 4:42PM	Sadhya Until 9:36PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 10:55AM – 12:22PM	Kaulava Until 12:32AM Sat	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 1:49PM	Moon – Blue		<b>Bhuloka Day</b>
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 9.54	Tithi 27 – 28	<b>Gulika</b> 6:35AM – 8:01AM	<b>Magha*</b> Until 11:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM	
		Yama 1:48PM – 3:15PM	Subha Until 6:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 9:28AM – 10:55AM	Gara Until 9:53PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 11:11AM	Moon – Red		<b>Bhuloka Day</b>
Until 11:40AM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 24.23	Tithi 28 – 29	<b>Gulika</b> 3:14PM – 4:40PM	<b>Purvaphalguni</b> Until 9:47AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	
		Yama 12:21PM – 1:47PM	Sukla Until 3:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 4:40PM – 6:06PM	Visti Until 7:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:33AM	Moon – Red		<b>Bhuloka Day</b>
Until 9:47AM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 12 Sutra 176 Vilamba 5120
Kanya Rasi: 8.47	Tithi 29 – 30	<b>Gulika</b> 1:47PM – 3:13PM	<b>Uttaraphalguni</b> Until 7:53AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	
<b>Family Home Evening</b>		Yama 10:55AM – 12:21PM	Brahma Until 11:52AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24
	652552364	<b>Rahu</b> 8:03AM – 9:29AM	Naga Until 3:46AM Tue	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:02AM	Moon – Red		<b>Bhuloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Porto, Portugal Sun 13 Sutra 177 Vilamba 5120
Kanya Rasi: 23	Tithi 1	<b>Gulika</b> 12:20PM – 1:46PM	<b>Hasta</b> Until 6:32AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:38AM	
		Yama 9:29AM – 10:55AM	Indra Until 8:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 24
	662652364	<b>Rahu</b> 3:12PM – 4:37PM	Kintughna Until 2:48PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:54AM Wed	Moon – Green		<b>Devaloka Day</b>
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>		

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Porto, Portugal Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 6.58	Tithi 2	<b>Gulika</b> 10:55AM – 12:20PM	<b>Svati Until 4:49AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:39AM	
			Yama 8:04AM – 9:30AM	Vaidhriti* Until 6:25AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 25
	662652364	<b>Rahu</b> 12:20PM – 1:45PM	Balava Until 1:12PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 12:36AM Thu</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Porto, Portugal Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 20.34	Tithi 3	<b>Gulika</b> 9:30AM – 10:55AM	<b>Vishakha Until 5:08AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:40AM	
			Yama 6:40AM – 8:05AM	Priti Until 2:47AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 25
	672652364	<b>Rahu</b> 1:45PM – 3:10PM	Taitila Until 12:12PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:57PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthiyam Titau				Porto, Portugal Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 3.47	Tithi 4	<b>Gulika</b> 8:06AM – 9:30AM	<b>Anuradha Until 6:03AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM	
			Yama 3:09PM – 4:33PM	Ayushman Until 1:49AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 10:55AM – 12:20PM	Vanija Until 11:56AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 12:04AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 16.38	Tithi 5	<b>Gulika</b> 6:42AM – 8:07AM	<b>Anuradha Until 6:03AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:42AM	
			Yama 1:44PM – 3:08PM	Saubhagya Until 1:28AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 9:31AM – 10:55AM	Bava Until 12:27PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 12:58AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Porto, Portugal Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 29.07	Tithi 6	<b>Gulika</b> 3:07PM – 4:31PM	<b>Jyeshtha* Until 7:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	
			Yama 12:19PM – 1:43PM	Sobhana Until 1:41AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 4:31PM – 5:55PM	Kaulava Until 1:43PM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 2:36AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 7:33AM				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Porto, Portugal Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 11.17	Tithi 7	<b>Gulika</b> 1:43PM – 3:06PM	<b>Mula* Until 10:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM	
	<b>Family Home Evening</b>		Yama 10:55AM – 12:19PM	Athiganda* Until 2:19AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 8:08AM – 9:32AM	Gara Until 3:40PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 4:49AM Tue</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:03AM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau				Porto, Portugal Sun 20 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 12:19PM – 1:42PM	<b>Purvashadha* Until 12:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM	
	Dhanus Rasi: 23.15	Tithi 8	Yama 9:32AM – 10:55AM	Sukarma Until 3:15AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 3:05PM – 4:29PM	Visti Until 6:05PM		<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 7:23AM Wed</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 12:54PM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal Sun 21 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:56AM – 12:19PM	<b>Uttarashadha Until 3:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:47AM	
	Makara Rasi: 5.05	Tithi 8 – 9	Yama 8:10AM – 9:33AM	Dhriti Until 4:17AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 12:19PM – 1:41PM	Balava Until 8:44PM		<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 7:23AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:49PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Aipasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal Sun 22 Sutra 186 Vilamba 5120
	Makara Rasi: 16.52	Tithi 9 – 10	<b>Gulika</b> 9:33AM – 10:56AM	<b>Shravana Until 7:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:48AM	
			Yama 6:48AM – 8:10AM	Shula* Until 5:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 26
		693652364	<b>Rahu</b> 1:41PM – 3:04PM	Taitila Until 11:20PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Vijaya Dasami</b>	<b>Navami* Until 10:02AM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Porto, Portugal Sun 23 Sutra 187 Vilamba 5120
	Makara Rasi: 28.43	Tithi 10 – 11	<b>Gulika</b> 8:11AM – 9:34AM	<b>Dhanishtha Until 9:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:49AM	
			Yama 3:03PM – 4:25PM	Ganda* Until 5:52AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 26
		693652364	<b>Rahu</b> 10:56AM – 12:18PM	Vanija Until 1:37AM Sat	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 12:30PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 24 Sutra 188 Vilamba 5120
	Kumbha Rasi: 10.43	Tithi 11 – 12	<b>Gulika</b> 6:50AM – 8:12AM	<b>Shatabhishak Until 12:09AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:50AM	
			Yama 1:40PM – 3:02PM	Vriddhi Until 6:09AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 26
		693652364	<b>Rahu</b> 9:34AM – 10:56AM	Bava Until 3:25AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 2:34PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
	Until 12:09AM Sun						
	Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 25 Sutra 189 Vilamba 5120
	Kumbha Rasi: 22.54	Tithi 12 – 13	<b>Gulika</b> 3:01PM – 4:23PM	<b>Purvaproshtapada* Until 2:07AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:51AM	
			Yama 12:18PM – 1:39PM	Vriddhi Until 6:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 26
		613652364	<b>Rahu</b> 4:23PM – 5:44PM	Kaulava Until 4:36AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:04PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

*Pradosha Vrata*

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 26 Sutra 190 Vilamba 5120
	Meena Rasi: 5.21	Tithi 13 – 14	<b>Gulika</b> 1:39PM – 3:00PM	<b>Uttaraproshtapada Until 3:19AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:52AM	
	<b>Family Home Evening</b>		Yama 10:56AM – 12:18PM	Vyaghata* Until 5:14AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 26
		613652364	<b>Rahu</b> 8:14AM – 9:35AM	Gara Until 5:08AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 4:56PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal Sun 27 Sutra 191 Vilamba 5120
	Meena Rasi: 18.06	Tithi 14 – 15	<b>Gulika</b> 12:18PM – 1:39PM	<b>Revati Until 3:44AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM	
			Yama 9:35AM – 10:56AM	Harshana Until 4:03AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 26
		613652364	<b>Rahu</b> 3:00PM – 4:21PM	Visti Until 5:04AM Wed	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:09PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
	Until 3:44AM Wed						
	Then Routine Work - Marana Yoga						

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal Sutra 192 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:57AM – 12:17PM	<b>Ashvini Until 3:56AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:55AM	
	Mesha Rasi: 1.08	Tithi 15 – 16	Yama 8:15AM – 9:36AM	Vajra* Until 2:25AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 26
		623652364	<b>Rahu</b> 12:17PM – 1:38PM	Balava Until 4:26AM Thu	<b>Nataraja:</b> Clear		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 4:47PM</b>	<b>Ashvina•Aipasi</b>	<b>Devaloka Day</b>		
	Until 3:56AM Thu						
	Then Creative Work - Siddha Yoga						

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sutra 193 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:37AM – 10:57AM	<b>Bharani Until 3:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:56AM	
	Mesha Rasi: 14.29	Tithi 16 – 17	Yama 6:56AM – 8:16AM	Siddhi Until 12:27AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26
		623652364	<b>Rahu</b> 1:38PM – 2:58PM	Taitila Until 3:21AM Fri	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 3:56PM</b>	<b>Ashvina•Aipasi</b>	<b>Devaloka Day</b>		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyalipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal  
Sun 1 Sutra 194

Mesha Rasi: 28.04 Tithi 17 - 18

624652364

**Gulika** 8:17AM - 9:37AM  
**Yama** 2:57PM - 4:17PM  
**Rahu** 10:57AM - 12:17PM

**Krittika** **Until 2:40AM Sat**  
Vyatipata\* Until 10:11PM  
Vanija Until 1:56AM Sat  
**Dvitiya** **Until 2:40PM**

**Ganesha:** White *Sunrise: 6:57AM*  
**Muruqa:** Purple *Sunset: 5:37PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 2:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal  
Sun 2 Sutra 195

Vrishabha Rasi: 11.5 Tithi 18 - 19

624652364

**Gulika** 6:58AM - 8:18AM  
**Yama** 1:37PM - 2:57PM  
**Rahu** 9:38AM - 10:57AM

**Rohini** **Until 1:50AM Sun**  
Variyan Until 7:42PM  
Bava Until 12:17AM Sun  
**Tritiya** **Until 1:07PM**

**Ganesha:** Clear *Sunrise: 6:58AM*  
**Muruqa:** Purple *Sunset: 5:36PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 1:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal  
Sun 3 Sutra 196

Vrishabha Rasi: 25.44 Tithi 19 - 20

624652364

**Gulika** 2:56PM - 4:15PM  
**Yama** 12:17PM - 1:36PM  
**Rahu** 4:15PM - 5:35PM

**Mrigashira** **Until 12:44AM Mon**  
Parigha\* Until 5:06PM  
Kaulava Until 10:29PM  
**Chaturthi** **Until 11:23AM**

**Ganesha:** Clear *Sunrise: 6:59AM*  
**Muruqa:** Purple *Sunset: 5:35PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal  
Sun 4 Sutra 197

Mithuna Rasi: 9.44 Tithi 20 - 21

624652364

**Gulika** 1:36PM - 2:55PM  
**Yama** 10:58AM - 12:17PM  
**Rahu** 8:20AM - 9:39AM

**Ardra** **Until 11:23PM**  
Shiva Until 2:25PM  
Gara Until 8:35PM  
**Panchami** **Until 9:31AM**

**Ganesha:** Clear *Sunrise: 7:00AM*  
**Muruqa:** Purple *Sunset: 5:33PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:23PM

Then Creative Work - Amrita Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal  
Sun 5 Sutra 198

Mithuna Rasi: 23.47 Tithi 21 - 22

624652364

**Gulika** 12:17PM - 1:36PM  
**Yama** 9:39AM - 10:58AM  
**Rahu** 2:54PM - 4:13PM

**Punarvasu** **Until 10:17PM**  
Siddha Until 11:40AM  
Visti Until 6:38PM  
**Shashthi** **Until 7:36AM**

**Ganesha:** Purple *Sunrise: 7:02AM*  
**Muruqa:** Purple *Sunset: 5:32PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

●

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 6 Sutra 199

Kataka Rasi: 7.5 Tithi 23

624662364

**Gulika** 10:58AM - 12:17PM  
**Yama** 8:21AM - 9:40AM  
**Rahu** 12:17PM - 1:35PM

**Pushya** **Until 9:01PM**  
Sadhya Until 8:55AM  
Balava Until 4:40PM  
**Ashtami** **Until 3:39AM Thu**

**Ganesha:** Purple *Sunrise: 7:03AM*  
**Muruqa:** Clear *Sunset: 5:31PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 7 Sutra 200

Kataka Rasi: 21.55 Tithi 24

624662364

**Gulika** 9:40AM - 10:59AM  
**Yama** 7:04AM - 8:22AM  
**Rahu** 1:35PM - 2:53PM

**Ashlesha\*** **Until 7:36PM**  
Subha Until 6:09AM  
Taitila Until 2:41PM  
**Navami** **Until 1:40AM Fri**

**Ganesha:** Purple *Sunrise: 7:04AM*  
**Muruqa:** Clear *Sunset: 5:30PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 7:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Porto, Portugal Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 6	Tithi 25	Gulika 8:23AM – 9:41AM	Magha* Until 6:29PM	Ganesha: Clear	Sunrise: 7:05AM	Moon 10 - Phase 28	
		Yama 2:53PM – 4:10PM	Brahma Until 12:34AM Sat	Muruqa: Clear	Sunset: 5:28PM	2nd Phase	
		654662364 Rahu 10:59AM – 12:17PM	Vanija Until 12:42PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 11:42PM	Moon – Red			Sivaloka Day
Until 6:29PM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Porto, Portugal Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 20.04	Tithi 26	Gulika 7:06AM – 8:24AM	Purvaphalguni Until 5:14PM	Ganesha: White	Sunrise: 7:06AM	Moon 10 - Phase 28	
		Yama 1:34PM – 2:52PM	Indra Until 9:51PM	Muruqa: Clear	Sunset: 5:27PM	2nd Phase	
		654762364 Rahu 9:42AM – 10:59AM	Bava Until 10:45AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi* Until 9:46PM	Moon – Red			Devaloka Day
Until 5:14PM				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Porto, Portugal Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 4.07	Tithi 27	Gulika 2:51PM – 4:09PM	Uttaraphalguni Until 3:57PM	Ganesha: White	Sunrise: 7:08AM	Moon 10 - Phase 28	
		Yama 12:17PM – 1:34PM	Vaidhriti* Until 7:11PM	Muruqa: Clear	Sunset: 5:26PM	2nd Phase	
		654762364 Rahu 4:09PM – 5:26PM	Kaulava Until 8:52AM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi* Until 7:57PM	Moon – Red			Devaloka Day
Until 3:07PM				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga							
<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Porto, Portugal Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 18.04	Tithi 28	Gulika 1:34PM – 2:51PM	Hasta Until 3:07PM	Ganesha: Green	Sunrise: 7:09AM	Moon 10 - Phase 28	
Family Home Evening		Yama 11:00AM – 12:17PM	Vishkambha* Until 4:40PM	Muruqa: Clear	Sunset: 5:25PM	2nd Phase	
Creative Work	Siddha Yoga	664762364 Rahu 8:26AM – 9:43AM	Gara Until 7:07AM	Nataraja: Clear			
Until 3:07PM			Trayodashi* Until 6:19PM	Moon – Green			Devaloka Day
Then Routine Work - Prabalarishta Yoga			Pradosha Vrata (Fasting)	Ashvina•Aipasi			
<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 1.52	Tithi 29 – 30	Gulika 12:17PM – 1:34PM	Chitra Until 2:24PM	Ganesha: Green	Sunrise: 7:10AM	Moon 10 - Phase 28	
		Yama 9:43AM – 11:00AM	Priti Until 2:24PM	Muruqa: Clear	Sunset: 5:24PM	2nd Phase	
		664762364 Rahu 2:50PM – 4:07PM	Catuspada Until 4:28AM Wed	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 4:58PM	Moon – Green			Devaloka Day
		Subramuniaswami Mahasamadhi		Ashvina•Aipasi			
		Deepavali Hindu Solidarity Day					
<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Porto, Portugal Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 15.28	Tithi 30 – 1	Gulika 11:00AM – 12:17PM	Svati Until 1:56PM	Ganesha: Clear	Sunrise: 7:11AM	Moon 10 - Phase 28	
		Yama 8:28AM – 9:44AM	Ayushman Until 12:25PM	Muruqa: Clear	Sunset: 5:23PM	Amavasya	
		765762364 Rahu 12:17PM – 1:33PM	Kintughna Until 3:46AM Thu	Nataraja: Clear			
Creative Work	Siddha Yoga		Amavasya* Until 4:02PM	Moon – Green			Sivaloka Day
				Ashvina•Aipasi			
<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Porto, Portugal Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 28.48	Tithi 1 – 2	Gulika 9:45AM – 11:01AM	Vishakha Until 2:16PM	Ganesha: Orange	Sunrise: 7:12AM	Moon 10 - Phase 28	
		Yama 7:12AM – 8:28AM	Saubhagya Until 10:50AM	Muruqa: Clear	Sunset: 5:22PM	Prathama	
		775762364 Rahu 1:33PM – 2:49PM	Balava Until 3:39AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 3:37PM	Moon – Orange			Sivaloka Day
		Skanda Shasthi Begins		Kartika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Friday, November 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau	Porto, Portugal Sun 15 Sutra 208 Vilamba 5120
	Wrischika Rasi: 11.5 Tithi 2 – 3 Creative Work Siddha Yoga Until 3:02PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:29AM – 9:45AM <b>Yama</b> 2:49PM – 4:05PM <b>Rahu</b> 11:01AM – 12:17PM	<b>Anuradha</b> Until 3:02PM Sobhana Until 9:45AM Taitila Until 4:12AM Sat Dvitiya Until 3:49PM

<b>2</b>	<b>Saturday, November 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau	Porto, Portugal Sun 16 Sutra 209 Vilamba 5120
	Wrischika Rasi: 24.33 Tithi 3 – 4 Creative Work Siddha Yoga	<b>Gulika</b> 7:15AM – 8:30AM <b>Yama</b> 1:33PM – 2:48PM <b>Rahu</b> 9:46AM – 11:01AM	<b>Jyeshtha*</b> Until 4:18PM Athiganda* Until 9:08AM Vanija Until 5:25AM Sun Tritiya Until 4:42PM

<b>3</b>	<b>Sunday, November 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Visti* Karana Chaturtham Titau	Porto, Portugal Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 6.57 Tithi 4 Creative Work Amrita Yoga Until 6:31PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:48PM – 4:03PM <b>Yama</b> 12:17PM – 1:33PM <b>Rahu</b> 4:03PM – 5:18PM	<b>Mula*</b> Until 6:31PM Sukarma Until 9:03AM Visti Until 6:15PM Chaturthi* Until 6:15PM

<b>4</b>	<b>Monday, November 12, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Porto, Portugal Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 19.06 Tithi 5 Family Home Evening Routine Work Marana Yoga	<b>Gulika</b> 1:32PM – 2:47PM <b>Yama</b> 11:02AM – 12:17PM <b>Rahu</b> 8:32AM – 9:47AM	<b>Purvashadha*</b> Until 9:08PM Dhriti Until 9:28AM Bava Until 7:17AM Panchami Until 8:23PM

<b>5</b>	<b>Tuesday, November 13, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Porto, Portugal Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 1.03 Tithi 6 Routine Work Prabalarishta Yoga Until 11:58PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:17PM – 1:32PM <b>Yama</b> 9:48AM – 11:03AM <b>Rahu</b> 2:47PM – 4:02PM	<b>Uttarashadha</b> Until 11:58PM Shula* Until 10:12AM Kaulava Until 9:38AM Shashthi* Until 10:55PM

<b>6</b>	<b>Wednesday, November 14, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau	Porto, Portugal Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 12.52 Tithi 7 Creative Work Siddha Yoga	<b>Gulika</b> 11:03AM – 12:18PM <b>Yama</b> 8:34AM – 9:49AM <b>Rahu</b> 12:18PM – 1:32PM	<b>Shravana</b> Until 3:16AM Thu Ganda* Until 11:10AM Gara Until 12:18PM Saptami Until 1:38AM Thu

<b>D</b>	<b>Thursday, November 15, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Porto, Portugal Sun 21 Sutra 214 Vilamba 5120
	<b>Retreat Star</b> Makara Rasi: 24.4 Tithi 8 Creative Work Siddha Yoga	<b>Gulika</b> 9:49AM – 11:03AM <b>Yama</b> 7:21AM – 8:35AM <b>Rahu</b> 1:32PM – 2:46PM	<b>Dhanishtha</b> Until 6:18AM Fri Vriddhi Until 12:10PM Visti Until 2:59PM Ashtami* Until 4:13AM Fri

<b>D</b>	<b>Friday, November 16, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva*/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau	Porto, Portugal Sun 22 Sutra 215 Vilamba 5120
	<b>Retreat Star</b> Kumbha Rasi: 6.31 Tithi 9 Creative Work Siddha Yoga	<b>Gulika</b> 8:36AM – 9:50AM <b>Yama</b> 2:46PM – 4:00PM <b>Rahu</b> 11:04AM – 12:18PM	<b>Dhanishtha</b> Until 6:18AM Dhruva Until 12:59PM Balava Until 5:25PM Navami* Until 6:27AM Sat

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Porto, Portugal
Kumbha Rasi: 18.3	Tithi 9 – 10	<b>Gulika</b> 7:23AM – 8:37AM	<b>Shatabhishak</b> <b>Until 8:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:23AM	Sun 23	Sutra 216	Vilamba 5120
		Yama 1:32PM – 2:46PM	Vyaghata* <b>Until 1:29PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM			Moon 10 - Phase 30
		796762365 <b>Rahu</b> 9:51AM – 11:04AM	Taitila <b>Until 7:23PM</b>	<b>Nataraja:</b> White				4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 6:27AM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 8:47AM				<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal
Meena Rasi: 0.43	Tithi 10 – 11	<b>Gulika</b> 2:45PM – 3:59PM	<b>Purvaprosarthapada*</b> <b>Until 11:02AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:24AM	Sun 24	Sutra 217	Vilamba 5120
		Yama 12:18PM – 1:32PM	Harshana <b>Until 1:32PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 3:59PM – 5:12PM	Vanija <b>Until 8:41PM</b>	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 8:06AM</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 11:02AM				<b>Karttika-Karttikai</b>				
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal
Meena Rasi: 13.14	Tithi 11 – 12	<b>Gulika</b> 1:32PM – 2:45PM	<b>Uttaraprosarthapada</b> <b>Until 12:25PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:25AM	Sun 25	Sutra 218	Vilamba 5120
<b>Family Home Evening</b>		Yama 11:05AM – 12:19PM	Vajra* <b>Until 1:00PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 8:39AM – 9:52AM	Bava <b>Until 9:15PM</b>	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 9:02AM</b>	Moon – Clear			<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>				

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal
Meena Rasi: 26.07	Tithi 12 – 13	<b>Gulika</b> 12:19PM – 1:32PM	<b>Revati</b> <b>Until 12:56PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:27AM	Sun 26	Sutra 219	Vilamba 5120
		Yama 9:53AM – 12:06AM	Siddhi <b>Until 11:53AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 2:45PM – 3:58PM	Kaulava <b>Until 9:03PM</b>	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:13AM</b>	Moon – Clear			<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal
Mesha Rasi: 9.22	Tithi 13 – 14	<b>Gulika</b> 11:06AM – 12:19PM	<b>Ashvini</b> <b>Until 1:03PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:28AM	Sun 27	Sutra 220	Vilamba 5120
		Yama 8:41AM – 9:53AM	Vyailpata* <b>Until 10:13AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 12:19PM – 1:32PM	Gara <b>Until 8:10PM</b>	<b>Nataraja:</b> White				4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 8:40AM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 1:03PM				<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Siddha Yoga								

		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal
Mesha Rasi: 22.58	Tithi 14 – 15	<b>Gulika</b> 9:54AM – 11:07AM	<b>Bharani</b> <b>Until 12:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:29AM	Sun 28	Sutra 221	Vilamba 5120
		Yama 7:29AM – 8:42AM	Variyan <b>Until 8:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 1:32PM – 2:45PM	Visti <b>Until 6:40PM</b>	<b>Nataraja:</b> White				Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:28AM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 12:23PM		<b>Krittika Deepam</b>		<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga								

<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal		
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:42AM – 9:55AM	<b>Krittika</b> <b>Until 11:05AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:30AM	Sun 29	Sutra 222	Vilamba 5120
Vrishabha Rasi: 6.55	Tithi 16	Yama 2:44PM – 3:57PM	Shiva <b>Until 2:29AM Sat</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 11:07AM – 12:20PM	Balava <b>Until 4:42PM</b>	<b>Nataraja:</b> White				Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 3:34AM Sat</b>	Moon – White			<b>Bhuloka Day</b>	
Until 11:05AM		<b>Vinayaga Viratam Begins</b>		<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal

Sutra 223

Vilamba 5120

Vrishabha Rasi: 21.07 Tithi 17

Gulika 7:31AM - 8:43AM

Yama 1:32PM - 2:44PM

737762365 Rahu 9:56AM - 11:08AM

Rohini Until 9:42AM

Siddha Until 11:19PM

Taitila Until 2:25PM

Dvitiya Until 1:10AM Sun

Ganesha: Red Sunrise: 7:31AM

Muruqa: Clear Sunset: 5:09PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 9:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 5.29 Tithi 18

Gulika 2:44PM - 3:56PM

Yama 12:20PM - 1:32PM

737762365 Rahu 3:56PM - 5:08PM

Mrigashira Until 7:56AM

Sadhya Until 8:02PM

Vanija Until 11:55AM

Tritiya Until 10:37PM

Ganesha: Red Sunrise: 7:32AM

Muruqa: Clear Sunset: 5:08PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Porto, Portugal

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 19.56 Tithi 19

Gulika 1:32PM - 2:44PM

Yama 11:09AM - 12:20PM

737762365 Rahu 8:45AM - 9:57AM

Punarvasu Until 4:16AM Tue

Subha Until 4:45PM

Bava Until 9:21AM

Chaturthi\* Until 8:04PM

Ganesha: Red Sunrise: 7:33AM

Muruqa: Clear Sunset: 5:08PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 4:16AM Tue

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 4.22 Tithi 20 - 21

Gulika 12:21PM - 1:32PM

Yama 9:58AM - 11:09AM

747762365 Rahu 2:44PM - 3:56PM

Pushya Until 2:34AM Wed

Sukla Until 1:30PM

Kaulava Until 6:50AM

Panchami Until 5:36PM

Ganesha: Green Sunrise: 7:35AM

Muruqa: Clear Sunset: 5:07PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 18.42 Tithi 21 - 22

Gulika 11:10AM - 12:21PM

Yama 8:47AM - 9:58AM

747862365 Rahu 12:21PM - 1:33PM

Ashlesha\* Until 12:55AM Thu

Brahma Until 10:23AM

Visti Until 2:14AM Thu

Shashthi\* Until 3:17PM

Ganesha: White Sunrise: 7:36AM

Muruqa: Clear Sunset: 5:07PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 2.54 Tithi 22 - 23

Gulika 9:59AM - 11:10AM

Yama 7:37AM - 8:48AM

757863365 Rahu 1:33PM - 2:44PM

Magha\* Until 11:46PM

Indra Until 7:27AM

Balava Until 12:17AM Fri

Saptami Until 1:12PM

Ganesha: Clear Sunrise: 7:37AM

Muruqa: Purple Sunset: 5:06PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 11:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 16.57 Tithi 23 - 24

Gulika 8:49AM - 10:00AM

Yama 2:44PM - 3:55PM

757863365 Rahu 11:11AM - 12:22PM

Purvaphalguni Until 10:45PM

Vishkambha\* Until 2:08AM Sat

Taitila Until 10:35PM

Ashtami\* Until 11:22AM

Ganesha: Clear Sunrise: 7:38AM

Muruqa: Purple Sunset: 5:06PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>1</b>	<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Porto, Portugal Sun 7 Sutra 230 Vilamba 5120
	Kanya Rasi: 0.5	Tithi 24 – 25	<b>Gulika</b> 7:39AM – 8:50AM	<b>Uttaraphalguni Until 9:50PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:39AM	
			Yama 1:33PM – 2:44PM	Priti Until 11:50PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 11 - Phase 32
	Routine Work	Marana Yoga	758863365 <b>Rahu</b> 10:01AM – 11:11AM	Vanija Until 9:09PM	<b>Nataraja:</b> White		2nd Phase
			<b>Navami* Until 9:49AM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 14.33	Tithi 25 – 26	<b>Gulika</b> 2:44PM – 3:55PM	<b>Hasta Until 9:30PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:40AM	
			Yama 12:23PM – 1:33PM	Ayushman Until 9:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
	Creative Work	Amrita Yoga	768863365 <b>Rahu</b> 3:55PM – 5:05PM	Bava Until 8:01PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami Until 8:31AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>3</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 9 Sutra 232 Vilamba 5120
	Kanya Rasi: 28.05	Tithi 26 – 27	<b>Gulika</b> 1:34PM – 2:44PM	<b>Chitra Until 9:20PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:41AM	
	<b>Family Home Evening</b>		Yama 11:12AM – 12:23PM	Saubhagya Until 7:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
	Routine Work	Prabalarishta Yoga	768863365 <b>Rahu</b> 8:51AM – 10:02AM	Kaulava Until 7:11PM	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi* Until 7:32AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>4</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 11.28	Tithi 27 – 28	<b>Gulika</b> 12:23PM – 1:34PM	<b>Svati Until 9:21PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:42AM	
			Yama 10:03AM – 11:13AM	Sobhana Until 6:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	768863365 <b>Rahu</b> 2:44PM – 3:55PM	Gara Until 6:41PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi* Until 6:52AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 24.38	Tithi 28 – 29	<b>Gulika</b> 11:14AM – 12:24PM	<b>Vishakha Until 10:03PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:43AM	
			Yama 8:53AM – 10:03AM	Athiganda* Until 5:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	778863365 <b>Rahu</b> 12:24PM – 1:34PM	Visti Until 6:36PM	<b>Nataraja:</b> White		2nd Phase
			<b>Trayodashi* Until 6:34AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Porto, Portugal Sun 12 Sutra 235 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:04AM – 11:14AM	<b>Anuradha Until 11:04PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:44AM	
	Vrischika Rasi: 7.35	Tithi 29 – 30	Yama 7:44AM – 8:54AM	Sukarma Until 4:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	778863365 <b>Rahu</b> 1:34PM – 2:45PM	Catuspada Until 6:59PM	<b>Nataraja:</b> White		Amavasya
			<b>Chaturdashi* Until 6:42AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>6</b>	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Porto, Portugal Sun 13 Sutra 236 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:55AM – 10:05AM	<b>Jyeshtha* Until 12:25AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:45AM	
	Vrischika Rasi: 20.19	Tithi 30 – 1	Yama 2:45PM – 3:55PM	Dhriti Until 3:33PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32
	Routine Work	Marana Yoga	779863365 <b>Rahu</b> 11:15AM – 12:25PM	Kintughna Until 7:52PM	<b>Nataraja:</b> White		Prathama
			<b>Amavasya* Until 7:20AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Porto, Portugal Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 2.47	Tithi 1 – 2	<b>Gulika</b> 7:46AM – 8:55AM	<b>Mula* Until 2:36AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:46AM	Moon 11 - Phase 33 3rd Phase	
		Yama 1:35PM – 2:45PM	Shula* Until 3:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM		
		789863365 <b>Rahu</b> 10:05AM – 11:15AM	Balava Until 9:18PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Prathama* Until 8:29AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Porto, Portugal Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 15.02	Tithi 2 – 3	<b>Gulika</b> 2:45PM – 3:55PM	<b>Purvashadha* Until 5:07AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:47AM	Moon 11 - Phase 33 3rd Phase	
		Yama 12:26PM – 1:35PM	Ganda* Until 3:41PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM		
		789863365 <b>Rahu</b> 3:55PM – 5:05PM	Taitila Until 11:15PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Dvitiya Until 10:11AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 5:07AM Mon				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Porto, Portugal Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 27.06	Tithi 3 – 4	<b>Gulika</b> 1:36PM – 2:45PM	<b>Uttarashadha Until 7:51AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:47AM	Moon 11 - Phase 33 3rd Phase	
<b>Family Home Evening</b>		Yama 11:16AM – 12:26PM	Vridhhi Until 4:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM		
		789863365 <b>Rahu</b> 8:57AM – 10:07AM	Vanija Until 1:38AM Tue	<b>Nataraja:</b> White			
Routine Work	Marana Yoga		<b>Tritiya Until 12:22PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 7:51AM Tue				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Porto, Portugal Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 9	Tithi 4 – 5	<b>Gulika</b> 12:27PM – 1:36PM	<b>Uttarashadha Until 7:51AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:48AM	Moon 11 - Phase 33 3rd Phase	
		Yama 10:07AM – 11:17AM	Dhruva Until 5:10PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM		
		789863365 <b>Rahu</b> 2:46PM – 3:55PM	Bava Until 4:18AM Wed	<b>Nataraja:</b> White			
Routine Work	Prabalarishta Yoga		<b>Chaturthi* Until 2:55PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 7:51AM				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Porto, Portugal Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 20.48	Tithi 5 – 6	<b>Gulika</b> 11:17AM – 12:27PM	<b>Shravana Until 11:08AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:49AM	Moon 11 - Phase 33 3rd Phase	
		Yama 8:59AM – 10:08AM	Vyaghata* Until 6:10PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM		
		799863365 <b>Rahu</b> 12:27PM – 1:36PM	Kaulava Until 7:03AM Thu	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Panchami Until 5:40PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 11:08AM				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga							

<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Porto, Portugal Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2.35	Tithi 6	<b>Gulika</b> 10:09AM – 11:18AM	<b>Dhanishtha Until 2:17PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:50AM	Moon 11 - Phase 33 3rd Phase	
		Yama 7:50AM – 8:59AM	Harshana Until 7:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM		
		799863365 <b>Rahu</b> 1:37PM – 2:46PM	Kaulava Until 7:03AM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:22PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

Vinayaga Viratam Ends

<b>Friday, December 14, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Gara/Vanija Karana Saplamyam Titau		Porto, Portugal Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 14.25	Tithi 7	<b>Gulika</b> 9:00AM – 10:09AM	<b>Shatabhishak Until 5:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:51AM	Moon 11 - Phase 33 3rd Phase	
		Yama 2:47PM – 3:56PM	Vajra* Until 7:55PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM		
		799863365 <b>Rahu</b> 11:19AM – 12:28PM	Gara Until 9:40AM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Saptami Until 10:49PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>Saturday, December 15, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Porto, Portugal Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 26.23	Tithi 8	<b>Gulika</b> 7:51AM – 9:01AM	<b>Purvaproshtapada* Until 7:45PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:51AM	Moon 11 - Phase 33 Ashtami	
		Yama 1:38PM – 2:47PM	Siddhi Until 8:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM		
		711863365 <b>Rahu</b> 10:10AM – 11:19AM	Visti Until 11:53AM	<b>Nataraja:</b> White			
Routine Work	Marana Yoga		<b>Ashtami* Until 12:45AM Sun</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 7:45PM				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>Sunday, December 16, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Porto, Portugal Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 8.34	Tithi 9	<b>Gulika</b> 2:47PM – 3:57PM	<b>Uttaraproshtapada Until 9:38PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	Moon 11 - Phase 33 Navami	
		Yama 12:29PM – 1:38PM	Vyatipata* Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM		
		811863365 <b>Rahu</b> 3:57PM – 5:06PM	Balava Until 1:30PM	<b>Nataraja:</b> White			
Creative Work	Amrita Yoga		<b>Navami* Until 2:01AM Mon</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>			
		<b>Markali Pillaiyar</b>					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda


<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Porto, Portugal
<b>1</b>		Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 246
Meena Rasi: 21.02	Tithi 10	<b>Gulika</b> 1:39PM – 2:48PM	<b>Revati Until 10:38PM</b>	Vilamba 5120
Family Home Evening	811863365	Yama 11:20AM – 12:29PM	Variyan Until 7:38PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	<b>Rahu</b> 9:02AM – 10:11AM	Taitila Until 2:22PM	4th Phase
			<b>Dashami Until 2:29AM Tue</b>	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	

<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Porto, Portugal
<b>2</b>		Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 247
Mesha Rasi: 3.53	Tithi 11	<b>Gulika</b> 12:30PM – 1:39PM	<b>Ashvini Until 11:09PM</b>	Vilamba 5120
	821863365	Yama 10:12AM – 11:21AM	Parigha* Until 6:21PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	<b>Rahu</b> 2:48PM – 3:57PM	Vanija Until 2:26PM	4th Phase
		<b>Gita Jayanthi</b>	<b>Ekadashi Until 2:08AM Wed</b>	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	Devaloka Time: 6:AM to 9:AM

<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Porto, Portugal
<b>3</b>		Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 248
Mesha Rasi: 17.09	Tithi 12	<b>Gulika</b> 11:21AM – 12:30PM	<b>Bharani Until 10:43PM</b>	Vilamba 5120
	821863365	Yama 9:03AM – 10:12AM	Shiva Until 4:26PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	<b>Rahu</b> 12:30PM – 1:40PM	Bava Until 1:40PM	4th Phase
Until 10:43PM			<b>Dvadashi Until 12:59AM Thu</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga			<b>Margasira-Markali</b>	Devaloka Time: 6:AM to 9:AM

<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Porto, Portugal
<b>4</b>		Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 249
Vrishabha Rasi: 0.51	Tithi 13	<b>Gulika</b> 10:13AM – 11:22AM	<b>Krittika Until 9:28PM</b>	Vilamba 5120
	821863365	Yama 7:55AM – 9:04AM	Siddha Until 1:56PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	<b>Rahu</b> 1:40PM – 2:49PM	Kaulava Until 12:09PM	4th Phase
			<b>Trayodashi Until 11:08PM</b>	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	Devaloka Time: 6:AM to 9:AM
			<i>Pradosha Vrata</i>	

<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal
<b>5</b>		Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 250
Vrishabha Rasi: 14.58	Tithi 14	<b>Gulika</b> 9:04AM – 10:13AM	<b>Rohini Until 7:54PM</b>	Vilamba 5120
	831863365	Yama 2:50PM – 3:59PM	Sadhya Until 10:56AM	Moon 11 - Phase 34
Routine Work	Marana Yoga	<b>Rahu</b> 11:22AM – 12:31PM	Gara Until 10:00AM	4th Phase
Until 7:54PM		<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi* Until 8:43PM</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga			<b>Margasira-Markali</b>	

<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Porto, Portugal
		Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Sutra 251
Vrishabha Rasi: 29.27	Tithi 15 – 16	<b>Gulika</b> 7:56AM – 9:05AM	<b>Mrigashira Until 5:47PM</b>	Vilamba 5120
	831963365	Yama 1:41PM – 2:50PM	Subha Until 7:32AM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	<b>Rahu</b> 10:14AM – 11:23AM	Visti Until 7:21AM	Purnima
		<b>Day 2 of Pancha Ganapati</b>	<b>Purnima* Until 5:52PM</b>	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	Devaloka Time: 9:AM to 12:PM

<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal
<b>○</b>		Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sutra 252
<b>Silver Retreat Star</b>		<b>Gulika</b> 2:51PM – 4:00PM	<b>Ardra Until 3:15PM</b>	Vilamba 5120
Mithuna Rasi: 14.11	Tithi 16 – 17	Yama 12:32PM – 1:42PM	Brahma Until 12:00AM Mon	Moon 11 - Phase 34
	831963365	<b>Rahu</b> 4:00PM – 5:09PM	Taitila Until 1:09AM Mon	Prathama
Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>	<b>Prathama* Until 2:45PM</b>	<b>Bhuloka Day</b>
		<b>Ardra Darshanam</b>	<b>Margasira-Markali</b>	Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 29.03 Tithi 17 – 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 12:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 1:42PM – 2:51PM

Yama 11:24AM – 12:33PM

Rahu 9:06AM – 10:15AM

Day 4 of Pancha Ganapati

Punarvasu Until 12:53PM

Indra Until 8:07PM

Vanija Until 9:55PM

Dvitiya Until 11:31AM

Ganesha: Blue Sunrise: 7:56AM

Muruqa: Purple Sunset: 5:09PM

Nataraja: White

Moon – Blue

Margasira-Markali

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 13.56 Tithi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Porto, Portugal

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 12:33PM – 1:43PM

Yama 10:15AM – 11:24AM

Rahu 2:52PM – 4:01PM

Day 5 of Pancha Ganapati

Pushya Until 10:25AM

Vaidhriti\* Until 4:18PM

Bava Until 6:47PM

Tritiya Until 8:19AM

Ganesha: Yellow Sunrise: 7:57AM

Muruqa: Purple Sunset: 5:10PM

Nataraja: White

Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Kataka Rasi: 28.41 Tithi 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 11:25AM – 12:34PM

Yama 9:06AM – 10:16AM

Rahu 12:34PM – 1:43PM

Day 5 of Pancha Ganapati

Ashlesha\* Until 7:59AM

Vishkambha\* Until 12:39PM

Kaulava Until 3:52PM

Panchami Until 2:31AM Thu

Ganesha: Yellow Sunrise: 7:57AM

Muruqa: Purple Sunset: 5:11PM

Nataraja: Green

Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Simha Rasi: 13.14 Tithi 21

Creative Work Amrita Yoga

Until 6:08AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 10:16AM – 11:25AM

Yama 7:58AM – 9:07AM

Rahu 1:44PM – 2:53PM

Day 5 of Pancha Ganapati

Magha\* Until 6:08AM

Priti Until 9:17AM

Gara Until 1:18PM

Shashthi\* Until 12:10AM Fri

Ganesha: Blue Sunrise: 7:58AM

Muruqa: Purple Sunset: 5:11PM

Nataraja: Green

Moon – Red

Margasira-Markali

Bhuloka Day

4

Friday, December 28, 2018

Simha Rasi: 27.31 Tithi 22

Creative Work Siddha Yoga

Until 3:17AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saplamyam Titau

Porto, Portugal

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 9:07AM – 10:16AM

Yama 2:53PM – 4:03PM

Rahu 11:26AM – 12:35PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 3:17AM Sat

Ayushman Until 6:14AM

Visti Until 11:10AM

Saptami Until 10:16PM

Ganesha: Blue Sunrise: 7:58AM

Muruqa: Purple Sunset: 5:12PM

Nataraja: Green

Moon – Red

Margasira-Markali

Bhuloka Day

●

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 11.28 Tithi 23

Routine Work Marana Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Gulika 7:58AM – 9:07AM

Yama 1:45PM – 2:54PM

Rahu 10:17AM – 11:26AM

Day 5 of Pancha Ganapati

Hasta Until 2:50AM Sun

Sobhana Until 1:22AM Sun

Balava Until 9:32AM

Ashtami\* Until 8:54PM

Ganesha: Red Sunrise: 7:58AM

Muruqa: Purple Sunset: 5:13PM

Nataraja: Green

Moon – Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 25.06 Tithi 24

Creative Work Siddha Yoga

Until 2:46AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Gulika 2:55PM – 4:04PM

Yama 12:36PM – 1:45PM

Rahu 4:04PM – 5:14PM

Day 5 of Pancha Ganapati

Chitra Until 2:46AM Mon

Athiganda\* Until 11:33PM

Taitila Until 8:26AM

Navami\* Until 8:04PM

Ganesha: Red Sunrise: 7:58AM

Muruqa: Purple Sunset: 5:14PM

Nataraja: Green

Moon – Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam		Porto, Portugal
1		Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 260
Tula Rasi: 8.26	Tithi 25	<b>Gulika</b> 1:46PM – 2:55PM	<b>Svati Until 3:03AM Tue</b>	Vilamba 5120
<b>Family Home Evening</b>	862963366	Yama 11:27AM – 12:36PM	Sukarma Until 10:09PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		<b>Rahu</b> 9:08AM – 10:18AM	Vanija Until 7:52AM	2nd Phase
Until 3:03AM Tue			<b>Dashami Until 7:45PM</b>	
Then Routine Work - Marana Yoga			<b>Ganesha: Red</b> Sunrise: 7:59AM	<b>Bhuloka Day</b>
			<b>Muruqa: Purple</b> Sunset: 5:14PM	Devaloka Time: 6:AM to 9:AM
			<b>Nataraja: Green</b>	
			Moon – Green	

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam		Porto, Portugal
2		Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 261
Tula Rasi: 21.3	Tithi 26	<b>Gulika</b> 12:37PM – 1:46PM	<b>Vishakha Until 4:08AM Wed</b>	Vilamba 5120
	872963366	Yama 10:18AM – 11:27AM	Dhriti Until 9:09PM	Moon 12 - Phase 36
Routine Work Marana Yoga		<b>Rahu</b> 2:56PM – 4:06PM	Bava Until 7:49AM	2nd Phase
Until 4:08AM Wed			<b>Ekadashi* Until 7:58PM</b>	
Then Creative Work - Siddha Yoga			<b>Ganesha: Green</b> Sunrise: 7:59AM	<b>Bhuloka Day</b>
			<b>Muruqa: Purple</b> Sunset: 5:15PM	Devaloka Time: 6:AM to 9:AM
			<b>Nataraja: Green</b>	
			Moon – Orange	

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam		Porto, Portugal
3		Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 262
Vrischika Rasi: 4.19	Tithi 27	<b>Gulika</b> 11:28AM – 12:37PM	<b>Anuradha Until 5:31AM Thu</b>	Vilamba 5120
	872963366	Yama 9:08AM – 10:18AM	Shula* Until 8:31PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 12:37PM – 1:47PM	Kaulava Until 8:17AM	2nd Phase
Until 5:31AM Thu			<b>Dvadashi* Until 8:40PM</b>	
Then Routine Work - Prabalarishta Yoga			<b>Ganesha: Green</b> Sunrise: 7:59AM	<b>Bhuloka Day</b>
			<b>Muruqa: Purple</b> Sunset: 5:16PM	Devaloka Time: 6:AM to 9:AM
			<b>Nataraja: Green</b>	
			Moon – Orange	

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam		Porto, Portugal
4		Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 263
Vrischika Rasi: 16.54	Tithi 28	<b>Gulika</b> 10:18AM – 11:28AM	<b>Jyeshtha* Until 7:12AM Fri</b>	Vilamba 5120
	872963366	Yama 7:59AM – 9:09AM	Ganda* Until 8:14PM	Moon 12 - Phase 36
Routine Work Prabalarishta Yoga		<b>Rahu</b> 1:48PM – 2:57PM	Gara Until 9:13AM	2nd Phase
Until 7:12AM Fri			<b>Trayodashi* Until 9:51PM</b>	
Then Creative Work - Amrita Yoga			<b>Ganesha: Green</b> Sunrise: 7:59AM	<b>Bhuloka Day</b>
			<b>Muruqa: Purple</b> Sunset: 5:17PM	Devaloka Time: 6:AM to 9:AM
			<b>Nataraja: Green</b>	
			Moon – Orange	

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam		Porto, Portugal
5		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 264
Vrischika Rasi: 29.17	Tithi 29	<b>Gulika</b> 9:09AM – 10:19AM	<b>Jyeshtha* Until 7:12AM</b>	Vilamba 5120
	872963366	Yama 2:58PM – 4:08PM	Vriddhi Until 8:19PM	Moon 12 - Phase 36
Routine Work Marana Yoga		<b>Rahu</b> 11:28AM – 12:38PM	Visti Until 10:37AM	2nd Phase
Until 7:12AM			<b>Chaturdashi* Until 11:28PM</b>	
Then Creative Work - Amrita Yoga			<b>Ganesha: Green</b> Sunrise: 7:59AM	<b>Bhuloka Day</b>
			<b>Muruqa: Purple</b> Sunset: 5:18PM	Devaloka Time: 6:AM to 9:AM
			<b>Nataraja: Green</b>	
			Moon – Orange	

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam		Porto, Portugal
● <b>Retreat Star</b>		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 265
Dhanus Rasi: 11.3	Tithi 30	<b>Gulika</b> 7:59AM – 9:09AM	<b>Mula* Until 9:36AM</b>	Vilamba 5120
	882963366	Yama 1:49PM – 2:59PM	Dhruva Until 8:40PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 10:19AM – 11:29AM	Catuspada Until 12:27PM	Amavasya
			<b>Amavasya* Until 1:29AM Sun</b>	
		<b>Subramuniyaswami Jayanti</b>	<b>Ganesha: White</b> Sunrise: 7:59AM	<b>Bhuloka Day</b>
			<b>Muruqa: Purple</b> Sunset: 5:19PM	Devaloka Time: 6:AM to 9:AM
			<b>Nataraja: Green</b>	
			Moon – Light Blue	

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam		Porto, Portugal
● <b>Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 266
Dhanus Rasi: 23.34	Tithi 1	<b>Gulika</b> 2:59PM – 4:10PM	<b>Purvashadha* Until 12:13PM</b>	Vilamba 5120
	882973366	Yama 12:39PM – 1:49PM	Vyaghata* Until 9:18PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 4:10PM – 5:20PM	Kintughna Until 2:39PM	Prathama
Until 12:13PM			<b>Prathama* Until 3:50AM Mon</b>	
Then Creative Work - Amrita Yoga		<b>Partial Solar Eclipse</b>	<b>Ganesha: White</b> Sunrise: 7:59AM	<b>Bhuloka Day</b>
			<b>Muruqa: Clear</b> Sunset: 5:20PM	Devaloka Time: 12:PM to 3:PM
			<b>Nataraja: Green</b>	
			Moon – Light Blue	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Porto, Portugal Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 5.29 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 2:56PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:50PM – 3:00PM Yama 11:29AM – 12:40PM <b>Rahu</b> 9:09AM – 10:19AM	<b>Uttarashadha</b> Until 2:56PM Harshana Until 10:09PM Balava Until 5:09PM Dvitiya Until 6:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:59AM <b>Sunset:</b> 5:21PM	Moon 12 - Phase 37 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Porto, Portugal Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 17.19 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:40PM – 1:50PM Yama 10:19AM – 11:30AM <b>Rahu</b> 3:01PM – 4:11PM	<b>Shravana</b> Until 6:12PM Vajra* Until 11:06PM Taitila Until 7:50PM Dvitiya Until 6:27AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:59AM <b>Sunset:</b> 5:22PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Porto, Portugal Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Makara Rasi: 29.07 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 9:22PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:30AM – 12:41PM Yama 9:09AM – 10:20AM <b>Rahu</b> 12:41PM – 1:51PM	<b>Dhanishtha</b> Until 9:22PM Siddhi Until 12:06AM Thu Vanija Until 10:36PM Tritiya Until 9:12AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:59AM <b>Sunset:</b> 5:23PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 10.54 Tithi 4 – 5 Creative Work Siddha Yoga	<b>Gulika</b> 10:20AM – 11:30AM Yama 7:58AM – 9:09AM <b>Rahu</b> 1:52PM – 3:02PM	<b>Shatabhishak</b> Until 12:16AM Fri Vyatipata* Until 1:01AM Fri Bava Until 1:15AM Fri Chaturthi* Until 11:55AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:58AM <b>Sunset:</b> 5:24PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Porto, Portugal Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 22.45 Tithi 5 – 6 Creative Work Siddha Yoga	<b>Gulika</b> 9:09AM – 10:20AM Yama 3:03PM – 4:14PM <b>Rahu</b> 11:31AM – 12:41PM	<b>Purvaproshtapada*</b> Until 3:14AM Sat Variyan Until 1:43AM Sat Kaulava Until 3:37AM Sat Panchami Until 2:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:58AM <b>Sunset:</b> 5:25PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 4.42 Tithi 6 – 7 Creative Work Siddha Yoga Until 5:37AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:58AM – 9:09AM Yama 1:53PM – 3:04PM <b>Rahu</b> 10:20AM – 11:31AM	<b>Uttaraproshtapada</b> Until 5:37AM Sun Parigha* Until 2:06AM Sun Gara Until 5:32AM Sun Shashthi* Until 4:37PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:58AM <b>Sunset:</b> 5:26PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija Karana Saptamyam Titau				Porto, Portugal Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:04PM – 4:16PM Yama 12:42PM – 1:53PM <b>Rahu</b> 4:16PM – 5:27PM	<b>Revati</b> Until 7:14AM Mon Shiva Until 2:02AM Mon Vanija Until 6:15PM Saptami Until 6:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:58AM <b>Sunset:</b> 5:27PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Porto, Portugal Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:54PM – 3:05PM Yama 11:31AM – 12:43PM <b>Rahu</b> 9:09AM – 10:20AM	<b>Revati</b> Until 7:14AM Siddha Until 1:23AM Tue Visti Until 6:49AM Ashtami* Until 7:10PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Thai</b>	<b>Sunrise:</b> 7:57AM <b>Sunset:</b> 5:28PM	Moon 12 - Phase 37 Ashtami <b>Devaloka Day</b>
		<b>Thai Pongal</b>				

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:43PM – 1:54PM Yama 10:20AM – 11:31AM <b>Rahu</b> 3:06PM – 4:18PM	<b>Ashvini</b> Until 8:28AM Sadhya Until 12:08AM Wed Balava Until 7:21AM Navami* Until 7:18PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	<b>Sunrise:</b> 7:57AM <b>Sunset:</b> 5:29PM	Moon 12 - Phase 37 Navami <b>Sivaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

1	<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Porto, Portugal Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 25.08	Tithi 10	<b>Gulika</b> 11:32AM – 12:43PM	<b>Bharani Until 8:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:56AM	
			Yama 9:08AM – 10:20AM	Subha Until 10:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 12 - Phase 38
		823173366	<b>Rahu</b> 12:43PM – 1:55PM	Taitila Until 7:04AM	<b>Nataraja:</b> Green		4th Phase
Creative Work Siddha Yoga			<b>Dashami Until 6:36PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 8:43AM				<b>Pausha*Thai</b>			
Then Creative Work - Amrita Yoga							

2	<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 277 Vilamba 5120
	Vrishabha Rasi: 8.44	Tithi 11 – 12	<b>Gulika</b> 10:20AM – 11:32AM	<b>Krittika Until 8:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:56AM	
			Yama 7:56AM – 9:08AM	Sukla Until 7:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 38
		823173366	<b>Rahu</b> 1:56PM – 3:07PM	Bava Until 4:05AM Fri	<b>Nataraja:</b> Green		4th Phase
Routine Work Marana Yoga			<b>Ekadashi Until 5:05PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			

3	<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 278 Vilamba 5120
	Vrishabha Rasi: 22.47	Tithi 12 – 13	<b>Gulika</b> 9:08AM – 10:20AM	<b>Rohini Until 6:54AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:55AM	
			Yama 3:08PM – 4:20PM	Brahma Until 4:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 12 - Phase 38
		833173366	<b>Rahu</b> 11:32AM – 12:44PM	Kaulava Until 1:33AM Sat	<b>Nataraja:</b> Green		4th Phase
Routine Work Marana Yoga			<b>Dvadashi Until 2:52PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 6:54AM				<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga							
						<i>Pradosha Vrata</i>	

4	<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 7.16	Tithi 13 – 14	<b>Gulika</b> 7:55AM – 9:07AM	<b>Ardra Until 2:27AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:55AM	
			Yama 1:57PM – 3:09PM	Indra Until 1:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 12 - Phase 38
		833173366	<b>Rahu</b> 10:20AM – 11:32AM	Gara Until 10:29PM	<b>Nataraja:</b> Green		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi Until 12:03PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

○	<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal Sutra 280 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:10PM – 4:22PM	<b>Punarvasu Until 11:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:54AM	
	Mithuna Rasi: 22.07	Tithi 14 – 15	Yama 12:45PM – 1:57PM	Vaidhriti* Until 9:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 12 - Phase 38
		843173366	<b>Rahu</b> 4:22PM – 5:35PM	Visti Until 7:04PM	<b>Nataraja:</b> Green		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi* Until 8:48AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			

○	<b>Monday, January 21, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal Sutra 281 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:58PM – 3:10PM	<b>Pushya Until 8:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:54AM	
	Kataka Rasi: 7.13	Tithi 16	Yama 11:32AM – 12:45PM	Priti Until 12:46AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 38
		843173366	<b>Rahu</b> 9:07AM – 10:19AM	Balava Until 3:26PM	<b>Nataraja:</b> Green		Prathama
Family Home Evening			<b>Prathama* Until 1:34AM Tue</b>	Moon – Blue		<b>Sivaloka Day</b>	
Creative Work Siddha Yoga				<b>Pausha*Thai</b>			
						Total Lunar Eclipse Thai Pusam	



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 22.24 Tithi 17

844173366

**Gulika** 12:45PM – 1:58PM  
**Ashlesha\* Until 5:53PM**  
Yama 10:19AM – 11:32AM  
Ayushman Until 8:32PM  
**Rahu** 3:11PM – 4:24PM  
Taitila Until 11:45AM  
Dvitiya Until 9:56PM

**Ganesha:** Clear *Sunrise: 7:53AM*  
**Muruqa:** Clear *Sunset: 5:37PM*  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trityayam Titau

Porto, Portugal

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 7.32 Tithi 18

854173366

**Gulika** 11:32AM – 12:45PM  
**Magha\* Until 3:16PM**  
Yama 9:06AM – 10:19AM  
Saubhagya Until 4:27PM  
**Rahu** 12:45PM – 1:59PM  
Vanija Until 8:12AM  
Tritiya Until 6:29PM

**Ganesha:** Purple *Sunrise: 7:52AM*  
**Muruqa:** Clear *Sunset: 5:38PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 3:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 22.28 Tithi 19 – 20

854173366

**Gulika** 10:19AM – 11:32AM  
**Purvaphalguni Until 12:50PM**  
Yama 7:52AM – 9:05AM  
Sobhana Until 12:40PM  
**Rahu** 1:59PM – 3:13PM  
Kaulava Until 2:03AM Fri  
Chaturthi\* Until 3:24PM

**Ganesha:** Purple *Sunrise: 7:52AM*  
**Muruqa:** Clear *Sunset: 5:40PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Porto, Portugal

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 7.04 Tithi 20 – 21

954173366

**Gulika** 9:05AM – 10:19AM  
**Uttaraphalguni Until 10:45AM**  
Yama 3:13PM – 4:27PM  
Athiganda\* Until 9:14AM  
**Rahu** 11:32AM – 12:46PM  
Gara Until 11:44PM  
Panchami Until 12:47PM

**Ganesha:** Clear *Sunrise: 7:51AM*  
**Muruqa:** Clear *Sunset: 5:41PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 10:45AM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 21.16 Tithi 21 – 22

964173366

**Gulika** 7:50AM – 9:04AM  
**Hasta Until 9:31AM**  
Yama 2:00PM – 3:14PM  
Sukarma Until 6:18AM  
**Rahu** 10:18AM – 11:32AM  
Visti Until 10:04PM  
Shashthi\* Until 10:48AM

**Ganesha:** Purple *Sunrise: 7:50AM*  
**Muruqa:** Clear *Sunset: 5:42PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 5.03 Tithi 22 – 23

964173366

**Gulika** 3:15PM – 4:29PM  
**Chitra Until 8:51AM**  
Yama 12:46PM – 2:01PM  
Shula\* Until 2:06AM Mon  
**Rahu** 4:29PM – 5:43PM  
Balava Until 9:08PM  
Saptami Until 9:30AM

**Ganesha:** Purple *Sunrise: 7:49AM*  
**Muruqa:** Clear *Sunset: 5:43PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 18.24 Tithi 23 – 24

964173366

Family Home Evening

**Gulika** 2:01PM – 3:16PM  
**Svati Until 8:44AM**  
Yama 11:32AM – 12:47PM  
Ganda\* Until 12:52AM Tue  
**Rahu** 9:03AM – 10:18AM  
Taitila Until 8:58PM  
Ashtami\* Until 8:56AM

**Ganesha:** Purple *Sunrise: 7:49AM*  
**Muruqa:** Clear *Sunset: 5:45PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 8:44AM

Then Routine Work - Marana Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Porto, Portugal Sun 7 Sutra 289 Vilamba 5120
Wrischika Rasi: 1.22	Tithi 24 – 25	<b>Gulika</b> Yama	<b>12:47PM – 2:02PM</b> 10:17AM – 11:32AM	<b>Vishakha Until 9:40AM</b> Vriddhi Until 12:12AM Wed Vanija Until 9:30PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	Sunrise: 7:48AM Sunset: 5:46PM Moon 1 - Phase 40 2nd Phase
Routine Work	Marana Yoga	974173366 <b>Rahu</b>	<b>3:16PM – 4:31PM</b>	<b>Navami* Until 9:07AM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>
Until 9:40AM						
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 8 Sutra 290 Vilamba 5120
Wrischika Rasi: 14.01	Tithi 25 – 26	<b>Gulika</b> Yama	<b>11:32AM – 12:47PM</b> 9:02AM – 10:17AM	<b>Anuradha Until 11:06AM</b> Dhruva Until 12:00AM Thu Bava Until 10:42PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	Sunrise: 7:47AM Sunset: 5:47PM Moon 1 - Phase 40 2nd Phase
Creative Work	Siddha Yoga	974173366 <b>Rahu</b>	<b>12:47PM – 2:02PM</b>	<b>Dashami Until 10:00AM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>

<b>3</b>		<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 9 Sutra 291 Vilamba 5120
Wrischika Rasi: 26.22	Tithi 26 – 27	<b>Gulika</b> Yama	<b>10:17AM – 11:32AM</b> 7:46AM – 9:01AM	<b>Jyeshtha* Until 12:57PM</b> Vyaghata* Until 12:13AM Fri Kaulava Until 12:27AM Fri	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	Sunrise: 7:46AM Sunset: 5:48PM Moon 1 - Phase 40 2nd Phase
Routine Work	Prabalarishta Yoga	974173366 <b>Rahu</b>	<b>2:02PM – 3:18PM</b>	<b>Ekadashi* Until 11:30AM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>
Until 12:57PM						
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 8.31	Tithi 27 – 28	<b>Gulika</b> Yama	<b>9:01AM – 10:17AM</b> 3:18PM – 4:33PM	<b>Mula* Until 3:35PM</b> Harshana Until 12:47AM Sat Gara Until 2:38AM Sat	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	Sunrise: 7:46AM Sunset: 5:48PM Moon 1 - Phase 40 2nd Phase
Creative Work	Amrita Yoga	984173366 <b>Rahu</b>	<b>11:32AM – 12:47PM</b>	<b>Dvadashi* Until 1:28PM</b>	<b>Pausha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Until 3:35PM						
Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 20.31	Tithi 28 – 29	<b>Gulika</b> Yama	<b>7:45AM – 9:01AM</b> 2:03PM – 3:18PM	<b>Purvashadha* Until 6:23PM</b> Vajra* Until 1:32AM Sun Visti Until 5:06AM Sun	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	Sunrise: 7:45AM Sunset: 5:50PM Moon 1 - Phase 40 2nd Phase
Creative Work	Siddha Yoga	984173366 <b>Rahu</b>	<b>10:16AM – 11:32AM</b>	<b>Trayodashi* Until 3:49PM</b>	<b>Pausha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Until 6:23PM						
Then Routine Work - Marana Yoga						

<b>6</b>		<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Sakuni* Karana Chaturdashyam Titau		Porto, Portugal Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 2.23	Tithi 29	<b>Gulika</b> Yama	<b>3:19PM – 4:35PM</b> 12:47PM – 2:03PM	<b>Uttarashadha Until 9:15PM</b> Siddhi Until 2:27AM Mon Sakuni Until 6:24PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	Sunrise: 7:44AM Sunset: 5:51PM Moon 1 - Phase 40 2nd Phase
Creative Work	Amrita Yoga	985173366 <b>Rahu</b>	<b>4:35PM – 5:51PM</b>	<b>Chaturdashi* Until 6:24PM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Porto, Portugal Sun 13 Sutra 295 Vilamba 5120
Makara Rasi: 14.13	Tithi 30	<b>Gulika</b> Yama	<b>2:04PM – 3:20PM</b> 11:31AM – 12:48PM	<b>Shravana Until 12:32AM Tue</b> Vyatipata* Until 3:27AM Tue Catuspada Until 7:46AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	Sunrise: 7:43AM Sunset: 5:52PM Moon 1 - Phase 40 Amavasya
<b>Family Home Evening</b>		995173367 <b>Rahu</b>	<b>8:59AM – 10:15AM</b>	<b>Amavasya* Until 9:06PM</b>	<b>Pausha*Thai</b>	<b>Devaloka Day</b>
Creative Work Amrita Yoga						
Until 12:32AM Tue						
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Porto, Portugal Sun 14 Sutra 296 Vilamba 5120
Makara Rasi: 26.01	Tithi 1	<b>Gulika</b> Yama	<b>12:48PM – 2:04PM</b> 10:15AM – 11:31AM	<b>Dhanishtha Until 3:39AM Wed</b> Variyan Until 4:24AM Wed Kintughna Until 10:29AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	Sunrise: 7:42AM Sunset: 5:53PM Moon 1 - Phase 40 Prathama
Creative Work	Siddha Yoga	995173367 <b>Rahu</b>	<b>3:20PM – 4:37PM</b>	<b>Prathama* Until 11:48PM</b>	<b>Magha*Thai</b>	<b>Devaloka Day</b>

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Porto, Portugal
	Kumbha Rasi: 7.49	Tithi 2	<b>Gulika</b> 11:31AM – 12:48PM	<b>Shatabhishak</b> <b>Until 6:30AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:41AM	Sun 15 Sutra 297
	Creative Work	Siddha Yoga	Yama 8:58AM – 10:14AM	Parigha* Until 5:18AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:55PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Porto, Portugal
	Kumbha Rasi: 19.4	Tithi 3	<b>Gulika</b> 10:14AM – 11:31AM	<b>Shatabhishak</b> <b>Until 6:30AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:40AM	Sun 16 Sutra 298
	Creative Work	Siddha Yoga	Yama 7:40AM – 8:57AM	Shiva Until 6:03AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:56PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Porto, Portugal
	Meena Rasi: 1.35	Tithi 4	<b>Gulika</b> 8:56AM – 10:13AM	<b>Purvaproshtapada*</b> <b>Until 9:29AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:39AM	Sun 17 Sutra 299
	Creative Work	Siddha Yoga	Yama 3:22PM – 4:40PM	Shiva Until 6:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:57PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal
	Meena Rasi: 13.37	Tithi 4 – 5	<b>Gulika</b> 7:38AM – 8:55AM	<b>Uttaraproshtapada</b> <b>Until 12:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:38AM	Sun 18 Sutra 300
	Creative Work	Siddha Yoga	Yama 2:06PM – 3:23PM	Siddha Until 6:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:58PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Porto, Portugal
	Meena Rasi: 25.49	Tithi 5 – 6	<b>Gulika</b> 3:24PM – 4:42PM	<b>Revati</b> <b>Until 1:59PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:36AM	Sun 19 Sutra 301
	Creative Work	Amrita Yoga	Yama 12:48PM – 2:06PM	Sadhya Until 6:47AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:00PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal
	Mesha Rasi: 8.13	Tithi 6 – 7	<b>Gulika</b> 2:06PM – 3:24PM	<b>Ashvini</b> <b>Until 3:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:35AM	Sun 20 Sutra 302
	Family Home Evening		Yama 11:30AM – 12:48PM	Subha Until 6:38AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:01PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase

<b>D</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Porto, Portugal
	<b>Retreat Star</b>		<b>Gulika</b> 12:48PM – 2:07PM	<b>Bharani</b> <b>Until 4:44PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:34AM	Sun 21 Sutra 303
	Mesha Rasi: 20.53	Tithi 7 – 8	Yama 10:11AM – 11:30AM	Sukla Until 6:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:02PM	Vilamba 5120 Moon 1 - Phase 41 Ashtami

<b>D</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal
	<b>Retreat Star</b>		<b>Gulika</b> 11:29AM – 12:48PM	<b>Krittika</b> <b>Until 4:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:33AM	Sun 22 Sutra 304
	Vrishabha Rasi: 3.53	Tithi 8 – 9	Yama 8:52AM – 10:10AM	Indra Until 3:07AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	Vilamba 5120 Moon 1 - Phase 41 Navami

<b>1</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal Sun 23 Sutra 305 Vilamba 5120
	Vishabha Rasi: 17.17    Tithi 9 – 10	936273367	Gulika 10:10AM – 11:29AM Yama 7:32AM – 8:51AM Rahu 2:07PM – 3:26PM	Rohini Until 4:33PM Vaidhriti* Until 12:45AM Fri Taitila Until 8:45PM Navami* Until 9:28AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 7:32AM Sunset: 6:04PM	Moon 1 - Phase 42 4th Phase
	Routine Work    Marana Yoga		<b>Sivaloka Day</b>				

<b>2</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 24 Sutra 306 Vilamba 5120
	Mithuna Rasi: 1.08    Tithi 10 – 11	936273367	Gulika 8:50AM – 10:09AM Yama 3:27PM – 4:46PM Rahu 11:29AM – 12:48PM	Mrigashira Until 3:22PM Vishkambha* Until 9:51PM Vanija Until 8:45PM Dashami Until 7:49AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 7:30AM Sunset: 6:06PM	Moon 1 - Phase 42 4th Phase
	Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				

<b>3</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 15.25    Tithi 12	936273367	Gulika 7:29AM – 8:49AM Yama 2:08PM – 3:27PM Rahu 10:08AM – 11:28AM	Ardra Until 1:23PM Priti Until 6:26PM Bava Until 4:07PM Dvadashi Until 2:35AM Sun	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 7:29AM Sunset: 6:07PM	Moon 1 - Phase 42 4th Phase
	Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				

<b>4</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 308 Vilamba 5120
	Kataka Rasi: 0.07    Tithi 13	946273367	Gulika 3:28PM – 4:48PM Yama 12:48PM – 2:08PM Rahu 4:48PM – 6:08PM	Punarvasu Until 11:09AM Ayushman Until 2:36PM Kaulava Until 12:58PM Trayodashi Until 11:14PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue	Sunrise: 7:28AM Sunset: 6:08PM	Moon 1 - Phase 42 4th Phase
	Creative Work    Siddha Yoga		<b>Devaloka Day</b>				

*Pradosha Vrata*

<b>5</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 15.08    Tithi 14 <b>Family Home Evening</b>	946273367	Gulika 2:08PM – 3:29PM Yama 11:27AM – 12:48PM Rahu 8:47AM – 10:07AM	Pushya Until 8:24AM Saubhagya Until 10:29AM Gara Until 9:27AM Chaturdashi* Until 7:35PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue	Sunrise: 7:26AM Sunset: 6:09PM	Moon 1 - Phase 42 4th Phase
	Creative Work    Siddha Yoga		Chidambaram Abhishekam	<b>Devaloka Day</b>			

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sobhana/Atiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal Sutra 310 Vilamba 5120
	Simha Rasi: 0.21    Tithi 15 – 16	956273367	Gulika 12:48PM – 2:08PM Yama 10:06AM – 11:27AM Rahu 3:29PM – 4:50PM	Magha* Until 2:24AM Wed Sobhana Until 6:12AM Balava Until 1:55AM Wed Purnima* Until 3:48PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Red	Sunrise: 7:25AM Sunset: 6:11PM	Moon 1 - Phase 42 Purnima
	Creative Work    Siddha Yoga Until 2:24AM Wed Then Creative Work - Amrita Yoga		<b>Sivaloka Day</b>				

<b>○</b>	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sutra 311 Vilamba 5120
	Simha Rasi: 16    Tithi 16 – 17	957273367	Gulika 11:27AM – 12:48PM Yama 8:45AM – 10:06AM Rahu 12:48PM – 2:09PM	Purvaphalguni Until 11:30PM Sukarma Until 9:38PM Taitila Until 10:15PM Prathama* Until 12:03PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red	Sunrise: 7:24AM Sunset: 6:12PM	Moon 1 - Phase 42 Prathama
	Creative Work    Amrita Yoga		<b>Devaloka Day</b>				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal  
Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 0.43 Tithi 17 - 18

957273367

**Gulika** 10:05AM - 11:26AM  
Yama 7:22AM - 8:44AM  
**Rahu** 2:09PM - 3:30PM

**Uttaraphalguni Until 8:46PM**

Dhriti Until 5:40PM

Vanija Until 6:53PM

**Dvitiya Until 8:30AM**

**Ganesha:** Clear *Sunrise:* 7:22AM

**Muruqa:** Clear *Sunset:* 6:13PM

**Nataraja:** White

Moon - Red

**Magha-Masi**

**Devaloka Day**

Until 8:46PM

Then Routine Work - Marana Yoga

1

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthiyam Titau

Porto, Portugal  
Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 15.34 Tithi 19

967273367

**Gulika** 8:42AM - 10:04AM  
Yama 3:31PM - 4:53PM  
**Rahu** 11:26AM - 12:47PM

**Hasta Until 6:47PM**

Shula\* Until 2:01PM

Bava Until 3:57PM

**Chaturthi\* Until 2:41AM Sat**

**Ganesha:** White *Sunrise:* 7:21AM

**Muruqa:** Clear *Sunset:* 6:14PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 6:47PM

Then Creative Work - Siddha Yoga

2

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal  
Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 0.02 Tithi 20

967273367

**Gulika** 7:19AM - 8:41AM  
Yama 2:09PM - 3:31PM  
**Rahu** 10:03AM - 11:25AM

**Chitra Until 5:16PM**

Ganda\* Until 10:53AM

Kaulava Until 1:38PM

**Panchami Until 12:43AM Sun**

**Ganesha:** White *Sunrise:* 7:19AM

**Muruqa:** Clear *Sunset:* 6:15PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 5:16PM

Then Creative Work - Siddha Yoga

3

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal  
Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 14.01 Tithi 21

967273367

**Gulika** 3:32PM - 4:54PM  
Yama 12:47PM - 2:10PM  
**Rahu** 4:54PM - 6:17PM

**Svati Until 4:21PM**

Vridhi Until 8:20AM

Gara Until 12:03PM

**Shashthi\* Until 11:33PM**

**Ganesha:** White *Sunrise:* 7:18AM

**Muruqa:** Clear *Sunset:* 6:17PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 4:21PM

Then Routine Work - Marana Yoga

4

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Vistii\*/Bava Karana Saptamyam Titau

Porto, Portugal  
Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 27.31 Tithi 22

977273367

**Gulika** 2:10PM - 3:32PM  
Yama 11:24AM - 12:47PM  
**Rahu** 8:39AM - 10:02AM

**Vishakha Until 4:34PM**

Dhruva Until 6:25AM

Vistii Until 11:18AM

**Saptami Until 11:14PM**

**Ganesha:** Yellow *Sunrise:* 7:16AM

**Muruqa:** Clear *Sunset:* 6:18PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Until 4:34PM

Then Creative Work - Siddha Yoga

5

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 10.34 Tithi 23

977273367

**Gulika** 12:47PM - 2:10PM  
Yama 10:01AM - 11:24AM  
**Rahu** 3:33PM - 4:56PM

**Anuradha Until 5:29PM**

Harshana Until 4:39AM Wed

Balava Until 11:26AM

**Ashtami\* Until 11:47PM**

**Ganesha:** Yellow *Sunrise:* 7:15AM

**Muruqa:** Clear *Sunset:* 6:19PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Until 5:29PM

Then Routine Work - Marana Yoga

6

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 23.11 Tithi 24

978273367

**Gulika** 11:23AM - 12:47PM  
Yama 8:37AM - 10:00AM  
**Rahu** 12:47PM - 2:10PM

**Jyeshtha\* Until 7:01PM**

Vajra\* Until 4:39AM Thu

Taitila Until 12:23PM

**Navami\* Until 1:08AM Thu**

**Ganesha:** Blue *Sunrise:* 7:13AM

**Muruqa:** Clear *Sunset:* 6:20PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Sivaloka Day**

Until 7:01PM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Porto, Portugal Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 5.29	Tithi 25	<b>Gulika</b> 9:59AM – 11:23AM	<b>Mula* Until 9:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:12AM		
		Yama 7:12AM – 8:36AM	Siddhi Until 5:09AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 2:10PM – 3:34PM	Vanija Until 2:05PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 3:07AM Fri</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Porto, Portugal Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 17.32	Tithi 26	<b>Gulika</b> 8:33AM – 9:58AM	<b>Purvashadha* Until 12:22AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:09AM		
		Yama 3:35PM – 4:59PM	Vyatipata* Until 5:59AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 11:22AM – 12:46PM	Bava Until 4:19PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 5:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 12:22AM Sat				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava Karana Dvadashyam Titau		Porto, Portugal Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 29.26	Tithi 27	<b>Gulika</b> 7:07AM – 8:32AM	<b>Uttarashadha Until 3:19AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:07AM		
		Yama 2:11PM – 3:35PM	Variyan Until 6:58AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 9:57AM – 11:21AM	Kaulava Until 6:55PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Dvadashi* Until 8:15AM Sun</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:19AM Sun				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 11.13	Tithi 27 – 28	<b>Gulika</b> 3:36PM – 5:01PM	<b>Shravana Until 6:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:06AM		
		Yama 12:46PM – 2:11PM	Variyan Until 6:58AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 5:01PM – 6:26PM	Gara Until 9:39PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 8:15AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 6:40AM Mon				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga							
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 22.59	Tithi 28 – 29	<b>Gulika</b> 2:11PM – 3:36PM	<b>Shravana Until 6:40AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:04AM		
<b>Family Home Evening</b>		Yama 11:20AM – 12:46PM	Parigha* Until 8:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 8:30AM – 9:55AM	Visti Until 12:22AM Tue	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi* Until 11:00AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 6:40AM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					

<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 4.47	Tithi 29 – 30	<b>Gulika</b> 12:45PM – 2:11PM	<b>Dhanishtha Until 9:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:03AM		
		Yama 9:54AM – 11:20AM	Shiva Until 9:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 44	
		199273367 <b>Rahu</b> 3:37PM – 5:03PM	Catuspada Until 2:56AM Wed	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:39PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 9:47AM				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Porto, Portugal Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 16.39	Tithi 30 – 1	<b>Gulika</b> 11:19AM – 12:45PM	<b>Shatabhishak Until 12:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:01AM		
		Yama 8:27AM – 9:53AM	Siddha Until 9:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 44	
		199273367 <b>Rahu</b> 12:45PM – 2:11PM	Kintughna Until 5:14AM Thu	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya* Until 4:06PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 12:33PM				<b>Phalgun-Masi</b>			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Bava Karana Prathamayam Titau				Porto, Portugal
Kumbha Rasi: 28.37	Tithi 1	<b>Gulika</b> 9:52AM – 11:19AM	<b>Purvaproshtapada* Until 3:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:59AM	Sun 15	Sutra 326	Vilamba 5120
		Yama 6:59AM – 8:26AM	Sadhya Until 10:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM			Moon 2 - Phase 45
119373367	<b>Rahu</b> 2:11PM – 3:38PM		Bava Until 6:15PM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 6:15PM</b>	Moon – Clear			<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>				
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Porto, Portugal
Meena Rasi: 10.41	Tithi 2	<b>Gulika</b> 8:25AM – 9:51AM	<b>Uttaraproshtapada Until 5:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:58AM	Sun 16	Sutra 327	Vilamba 5120
		Yama 3:38PM – 5:05PM	Subha Until 10:58AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM			Moon 2 - Phase 45
119373367	<b>Rahu</b> 11:18AM – 12:45PM		Balava Until 7:13AM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 8:04PM</b>	Moon – Clear			<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>				
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Porto, Portugal
Meena Rasi: 22.54	Tithi 3	<b>Gulika</b> 6:56AM – 8:23AM	<b>Revati Until 7:38PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:56AM	Sun 17	Sutra 328	Vilamba 5120
		Yama 2:12PM – 3:39PM	Sukla Until 11:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM			Moon 2 - Phase 45
119373367	<b>Rahu</b> 9:50AM – 11:17AM		Taitila Until 8:53AM	<b>Nataraja:</b> White				3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 9:33PM</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 7:38PM				<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga	<b>Subramuniyaswami Siva Vision Day</b>							
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Porto, Portugal
Mesha Rasi: 5.16	Tithi 4	<b>Gulika</b> 3:39PM – 5:06PM	<b>Ashvini Until 9:27PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:55AM	Sun 18	Sutra 329	Vilamba 5120
		Yama 12:44PM – 2:12PM	Brahma Until 10:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM			Moon 2 - Phase 45
129373367	<b>Rahu</b> 5:06PM – 6:34PM		Vanija Until 10:09AM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 10:38PM</b>	Moon – White			<b>Devaloka Day</b>	
Until 9:27PM				<b>Phalguna-Masi</b>				
Then Routine Work - Prabalarishta Yoga								
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal
Mesha Rasi: 17.49	Tithi 5	<b>Gulika</b> 2:12PM – 3:39PM	<b>Bharani Until 10:41PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:53AM	Sun 19	Sutra 330	Vilamba 5120
<b>Family Home Evening</b>		Yama 11:16AM – 12:44PM	Indra Until 10:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM			Moon 2 - Phase 45
129373367	<b>Rahu</b> 8:21AM – 9:48AM		Bava Until 11:01AM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 11:16PM</b>	Moon – White			<b>Devaloka Day</b>	
Until 10:41PM				<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga								
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Porto, Portugal
Vrishabha Rasi: 0.34	Tithi 6	<b>Gulika</b> 12:44PM – 2:12PM	<b>Krittika Until 11:17PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:51AM	Sun 20	Sutra 331	Vilamba 5120
		Yama 9:47AM – 11:16AM	Vaidhriti* Until 9:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM			Moon 2 - Phase 45
129373367	<b>Rahu</b> 3:40PM – 5:08PM		Kaulava Until 11:25AM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 11:24PM</b>	Moon – White			<b>Devaloka Day</b>	
Until 11:17PM				<b>Phalguna-Masi</b>				
Then Creative Work - Amrita Yoga								
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Porto, Portugal
Vrishabha Rasi: 13.34	Tithi 7	<b>Gulika</b> 11:15AM – 12:43PM	<b>Rohini Until 11:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:50AM	Sun 21	Sutra 332	Vilamba 5120
		Yama 8:18AM – 9:47AM	Vishkambha* Until 8:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM			Moon 2 - Phase 45
131373367	<b>Rahu</b> 12:43PM – 2:12PM		Gara Until 11:17AM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 10:59PM</b>	Moon – Yellow			<b>Sivaloka Day</b>	
				<b>Phalguna-Masi</b>				
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Porto, Portugal
Vrishabha Rasi: 26.52	Tithi 8	<b>Gulika</b> 9:46AM – 11:14AM	<b>Mrigashira Until 11:15PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:48AM	Sun 22	Sutra 333	Vilamba 5120
		Yama 6:48AM – 8:17AM	Priti Until 6:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM			Moon 2 - Phase 45
131373367	<b>Rahu</b> 2:12PM – 3:41PM		Visti Until 10:33AM	<b>Nataraja:</b> White				Ashtami
Routine Work	Marana Yoga		<b>Ashtami* Until 9:56PM</b>	Moon – Yellow			<b>Sivaloka Day</b>	
				<b>Phalguna-Masi</b>				
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal
Mithuna Rasi: 10.32	Tithi 9	<b>Gulika</b> 8:15AM – 9:45AM	<b>Ardra Until 10:07PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM	Sun 23	Sutra 334	Vilamba 5120
		Yama 3:41PM – 5:10PM	Saubhagya Until 2:05AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM			Moon 2 - Phase 45
131373368	<b>Rahu</b> 11:14AM – 12:43PM		Balava Until 9:12AM	<b>Nataraja:</b> Clear				Navami
Creative Work	Siddha Yoga		<b>Navami* Until 8:17PM</b>	Moon – Yellow			<b>Subha Sivaloka Day</b>	
		<b>Karadaiyan Nombu (Tamil Nadu)</b>		<b>Phalguna-Panguni</b>				


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Porto, Portugal Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 24.34	Tithi 10	<b>Gulika</b> 6:45AM – 8:14AM	<b>Punarvasu</b> Until 8:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM	
			Yama 2:12PM – 3:42PM	Sobhana Until 11:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:44AM – 11:13AM	Taitila Until 7:14AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 6:02PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalgun-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 8.58	Tithi 11 – 12	<b>Gulika</b> 3:42PM – 5:12PM	<b>Pushya</b> Until 6:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM	
			Yama 12:42PM – 2:12PM	Athiganda* Until 7:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 5:12PM – 6:42PM	Bava Until 1:45AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 3:16PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalgun-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 23.41	Tithi 12 – 13	<b>Gulika</b> 2:12PM – 3:42PM	<b>Ashlesha*</b> Until 4:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	
	<b>Family Home Evening</b>		Yama 11:12AM – 12:42PM	Sukarma Until 3:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 8:12AM – 9:42AM	Kaulava Until 10:26PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 12:07PM	Moon – Blue		<b>Sivaloka Day</b>	
			<b>Yogaswami Mahasamadhi</b>	<b>Phalgun-Panguni</b>			
				<i>Pradosha Vrata</i>			
				<b>Then Routine Work - Marana Yoga</b>			

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 8.39	Tithi 13 – 14	<b>Gulika</b> 12:42PM – 2:12PM	<b>Magha*</b> Until 1:27PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	
			Yama 9:41AM – 11:11AM	Dhriti Until 11:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:43PM – 5:13PM	Gara Until 6:56PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 8:41AM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalgun-Panguni</b>			

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal Sutra 339 Vilamba 5120
	Simha Rasi: 23.43	Tithi 15	<b>Gulika</b> 11:11AM – 12:41PM	<b>Purvaphalguni</b> Until 10:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	
			Yama 8:09AM – 9:40AM	Shula* Until 7:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:41PM – 2:12PM	Visti Until 3:23PM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima*</b> Until 1:37AM Thu	Moon – Red		<b>Subha Sivaloka Day</b>	
			<b>Panguni Uttiram</b>	<b>Phalgun-Panguni</b>			
			<b>Holi</b>	<b>Phalgun-Panguni</b>			

<b>Silver Retreat Star</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal Sutra 340 Vilamba 5120
	Kanya Rasi: 8.46	Tithi 16	<b>Gulika</b> 9:39AM – 11:10AM	<b>Uttaraphalguni</b> Until 7:50AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	
			Yama 6:36AM – 8:08AM	Vriddhi Until 11:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Moon 2 - Phase 46
	Amrita Yoga		151383368 <b>Rahu</b> 2:12PM – 3:44PM	Balava Until 11:57AM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 10:19PM	Moon – Red		<b>Sivaloka Day</b>	
				<b>Phalgun-Panguni</b>			
				<b>Then Routine Work - Marana Yoga</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal  
Sun 1 Sutra 341  
Vilamba 5120

Kanya Rasi: 23.36 Tithi 17

161383368 **Rahu** 11:09AM – 12:41PM

**Gulika** 8:06AM – 9:38AM  
Yama 3:44PM – 5:15PM

**Chitra Until 3:33AM Sat**  
Dhruva Until 8:08PM  
Taitila Until 8:49AM  
**Dvitiya Until 7:24PM**

**Ganesha:** Yellow *Sunrise:* 6:35AM

**Muruqa:** White *Sunset:* 6:47PM

**Nataraja:** Clear Moon 3 - Phase 47 1st Phase

Moon – Green  
**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal  
Sun 2 Sutra 342  
Vilamba 5120

Tula Rasi: 8.07 Tithi 18 – 19

162383368 **Rahu** 9:37AM – 11:09AM

**Gulika** 6:33AM – 8:05AM  
Yama 2:12PM – 3:44PM

**Svati Until 2:02AM Sun**  
Vyaghata\* Until 5:03PM  
Vanija Until 6:09AM  
**Tritiya Until 5:02PM**

**Ganesha:** Blue *Sunrise:* 6:33AM

**Muruqa:** White *Sunset:* 6:48PM

**Nataraja:** Clear Moon 3 - Phase 47 1st Phase

Moon – Green  
**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 2:02AM Sun  
Then Routine Work - Marana Yoga

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal  
Sun 3 Sutra 343  
Vilamba 5120

Tula Rasi: 22.13 Tithi 19 – 20

172383368 **Rahu** 5:17PM – 6:49PM

**Gulika** 3:45PM – 5:17PM  
Yama 12:40PM – 2:12PM

**Vishakha Until 1:31AM Mon**  
Harshana Until 2:33PM  
Kaulava Until 2:50AM Mon  
**Chaturthi\* Until 3:21PM**

**Ganesha:** Red *Sunrise:* 6:31AM

**Muruqa:** White *Sunset:* 6:49PM

**Nataraja:** Clear Moon 3 - Phase 47 1st Phase

Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

Routine Work Marana Yoga

Until 1:31AM Mon  
Then Creative Work - Siddha Yoga

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal  
Sun 4 Sutra 344  
Vilamba 5120

Vrischika Rasi: 5.49 Tithi 20 – 21

172383368 **Rahu** 8:02AM – 9:35AM

**Gulika** 2:12PM – 3:45PM  
Yama 11:07AM – 12:40PM

**Anuradha Until 1:43AM Tue**  
Vajra\* Until 12:41PM  
Gara Until 2:24AM Tue  
**Panchami Until 2:29PM**

**Ganesha:** Red *Sunrise:* 6:30AM

**Muruqa:** White *Sunset:* 6:50PM

**Nataraja:** Clear Moon 3 - Phase 47 1st Phase

Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

Until 1:43AM Tue  
Then Routine Work - Marana Yoga

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal  
Sun 5 Sutra 345  
Vilamba 5120

Vrischika Rasi: 18.58 Tithi 21 – 22

172383368 **Rahu** 3:45PM – 5:18PM

**Gulika** 12:40PM – 2:13PM  
Yama 9:34AM – 11:07AM

**Jyeshtha\* Until 2:37AM Wed**  
Siddhi Until 11:31AM  
Visti Until 2:52AM Wed  
**Shashthi\* Until 2:30PM**

**Ganesha:** Red *Sunrise:* 6:28AM

**Muruqa:** White *Sunset:* 6:51PM

**Nataraja:** Clear Moon 3 - Phase 47 1st Phase

Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal  
Sun 6 Sutra 346  
Vilamba 5120

Dhanus Rasi: 1.4 Tithi 22 – 23

182383368 **Rahu** 12:39PM – 2:13PM

**Gulika** 11:06AM – 12:39PM  
Yama 8:00AM – 9:33AM

**Mula\* Until 4:38AM Thu**  
Vyatipata\* Until 11:02AM  
Balava Until 4:10AM Thu  
**Saptami Until 3:24PM**

**Ganesha:** Green *Sunrise:* 6:26AM

**Muruqa:** White *Sunset:* 6:52PM

**Nataraja:** Clear Moon 3 - Phase 47 1st Phase

Moon – Light Blue  
**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 4:38AM Thu  
Then Creative Work - Siddha Yoga

**D**

**Thursday, March 28, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal  
Sun 7 Sutra 347  
Vilamba 5120

Dhanus Rasi: 14.01 Tithi 23 – 24

182383368 **Rahu** 2:13PM – 3:46PM

**Gulika** 9:32AM – 11:05AM  
Yama 6:25AM – 7:58AM

**Purvashadha\* Until 7:10AM Fri**  
Variyan Until 11:09AM  
Taitila Until 6:09AM Fri  
**Ashtami\* Until 5:04PM**

**Ganesha:** Green *Sunrise:* 6:25AM

**Muruqa:** White *Sunset:* 6:53PM

**Nataraja:** Clear Moon 3 - Phase 47 Ashtami

Moon – Light Blue  
**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 7:10AM Fri  
Then Routine Work - Marana Yoga

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 8 Sutra 348  
Vilamba 5120

Dhanus Rasi: 26.05 Tithi 24

182383468 **Rahu** 11:05AM – 12:39PM

**Gulika** 7:57AM – 9:31AM  
Yama 3:47PM – 5:21PM

**Purvashadha\* Until 7:10AM**  
Parigha\* Until 11:45AM  
Taitila Until 6:09AM  
**Navami\* Until 7:19PM**

**Ganesha:** Green *Sunrise:* 6:23AM

**Muruqa:** Yellow *Sunset:* 6:54PM

**Nataraja:** Purple Moon 3 - Phase 47 Navami

Moon – Light Blue  
**Phalguna-Panguni**

**Devaloka Day**

Routine Work Prabalarishta Yoga

Until 7:10AM  
Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanja/Visti* Karana Dashamyam Titau		Porto, Portugal Sun 9 Sutra 349
Makara Rasi: 7.58	Tithi 25	<b>Gulika</b> 6:21AM – 7:56AM	<b>Uttarashadha</b> Until 9:57AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:21AM	Vilamba 5120
		Yama 2:13PM – 3:47PM	Shiva Until 12:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 48
		182383468 <b>Rahu</b> 9:30AM – 11:04AM	Vanija Until 8:36AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 9:54PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 9:57AM				<b>Phalguna-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Porto, Portugal Sun 10 Sutra 350
Makara Rasi: 19.45	Tithi 26	<b>Gulika</b> 3:47PM – 5:22PM	<b>Shravana</b> Until 1:17PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:20AM	Vilamba 5120
		Yama 12:38PM – 2:13PM	Siddha Until 1:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48
		192383468 <b>Rahu</b> 5:22PM – 6:57PM	Bava Until 11:17AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 12:36AM Mon	Moon – Purple		<b>Sivaloka Day</b>
Until 1:17PM				<b>Phalguna-Panguni</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Porto, Portugal Sun 11 Sutra 351
Kumbha Rasi: 1.32	Tithi 27	<b>Gulika</b> 2:13PM – 3:47PM	<b>Dhanishtha</b> Until 4:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:20AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 11:03AM – 12:38PM	Sadhya Until 2:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 7:54AM – 9:29AM	Kaulava Until 1:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 3:11AM Tue	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanja Karana Trayodashyam Titau		Porto, Portugal Sun 12 Sutra 352
Kumbha Rasi: 13.22	Tithi 28	<b>Gulika</b> 12:38PM – 2:13PM	<b>Shatabhishak</b> Until 7:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:18AM	Vilamba 5120
		Yama 9:28AM – 11:03AM	Subha Until 3:41PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 3:48PM – 5:23PM	Gara Until 4:23PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 5:28AM Wed	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Visti* Karana Chaturdashyam Titau		Porto, Portugal Sun 13 Sutra 353
Kumbha Rasi: 25.19	Tithi 29	<b>Gulika</b> 11:02AM – 12:37PM	<b>Purvaproshtapada*</b> Until 9:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:16AM	Vilamba 5120
		Yama 7:52AM – 9:27AM	Sukla Until 4:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 12:37PM – 2:13PM	Visti Until 6:30PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 7:22AM Thu	Moon – Clear		<b>Sivaloka Day</b>
Until 9:55PM				<b>Phalguna-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 14 Sutra 354
Meena Rasi: 7.25	Tithi 29 – 30	<b>Gulika</b> 9:26AM – 11:02AM	<b>Uttaraproshtapada</b> Until 12:06AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:15AM	Vilamba 5120
		Yama 6:15AM – 7:50AM	Brahma Until 4:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 2:13PM – 3:49PM	Catuspada Until 8:11PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:22AM	Moon – Clear		<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Porto, Portugal Sun 15 Sutra 355
Meena Rasi: 19.41	Tithi 30 – 1	<b>Gulika</b> 7:49AM – 9:25AM	<b>Revati</b> Until 1:42AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:13AM	Vilamba 5120
		Yama 3:49PM – 5:25PM	Indra Until 4:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 11:01AM – 12:37PM	Kintughna Until 9:27PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 8:51AM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		

<b>1</b>		<b>Saturday, April 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Porto, Portugal
Mesha Rasi: 2.09	Tithi 1 – 2	Gulika 6:11AM – 7:48AM	Ashvini Until 3:13AM Sun	Ganesha: Purple	Sunrise: 6:11AM	Sun 16	Sutra 356	Vilamba 5120
		Yama 2:13PM – 3:49PM	Vaidhriti* Until 4:15PM	Muruqa: Yellow	Sunset: 7:02PM			Moon 3 - Phase 49
		123483468 Rahu 9:24AM – 11:00AM	Balava Until 10:17PM	Nataraja: Purple				3rd Phase
Creative Work Siddha Yoga				Moon – White				Devaloka Day
Until 3:13AM Sun		Chellappaswami Mahasamadhi	Prathama* Until 9:54AM	Chaitra-Panguni				
Then Routine Work - Prabalarishta Yoga								

<b>2</b>		<b>Sunday, April 7, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Porto, Portugal
Mesha Rasi: 14.47	Tithi 2 – 3	Gulika 3:50PM – 5:26PM	Bharani Until 4:12AM Mon	Ganesha: Purple	Sunrise: 6:10AM	Sun 17	Sutra 357	Vilamba 5120
		Yama 12:36PM – 2:13PM	Vishkambha* Until 3:36PM	Muruqa: Yellow	Sunset: 7:03PM			Moon 3 - Phase 49
		123483468 Rahu 5:26PM – 7:03PM	Taitila Until 10:42PM	Nataraja: Purple				3rd Phase
Routine Work Prabalarishta Yoga				Moon – White				Devaloka Day
Until 4:12AM Mon			Dvitiya Until 10:31AM	Chaitra-Panguni				
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Monday, April 8, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Kritika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau		Porto, Portugal
Mesha Rasi: 27.37	Tithi 3 – 4	Gulika 2:13PM – 3:50PM	Kritika Until 4:39AM Tue	Ganesha: Purple	Sunrise: 6:08AM	Sun 18	Sutra 358	Vilamba 5120
Family Home Evening		Yama 10:59AM – 12:36PM	Priti Until 2:40PM	Muruqa: Yellow	Sunset: 7:04PM			Moon 3 - Phase 49
		123483468 Rahu 7:45AM – 9:22AM	Vanija Until 10:45PM	Nataraja: Purple				3rd Phase
Routine Work Marana Yoga				Moon – White				Devaloka Day
Until 4:39AM Tue			Tritiya Until 10:45AM	Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, April 9, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau		Porto, Portugal
Vrishabha Rasi: 10.38	Tithi 4 – 5	Gulika 12:36PM – 2:13PM	Rohini Until 5:03AM Wed	Ganesha: Clear	Sunrise: 6:06AM	Sun 19	Sutra 359	Vilamba 5120
		Yama 9:21AM – 10:58AM	Ayushman Until 1:25PM	Muruqa: Yellow	Sunset: 7:05PM			Moon 3 - Phase 49
		133483468 Rahu 3:50PM – 5:28PM	Bava Until 10:26PM	Nataraja: Purple				3rd Phase
Creative Work Amrita Yoga				Moon – Yellow				Sivaloka Day
Until 5:03AM Wed			Chatrthi* Until 10:37AM	Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, April 10, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Porto, Portugal
Vrishabha Rasi: 23.5	Tithi 5 – 6	Gulika 10:58AM – 12:35PM	Mrigashira Until 4:56AM Thu	Ganesha: Clear	Sunrise: 6:05AM	Sun 20	Sutra 360	Vilamba 5120
		Yama 7:42AM – 9:20AM	Saubhagya Until 11:53AM	Muruqa: Yellow	Sunset: 7:06PM			Moon 3 - Phase 49
		133483468 Rahu 12:35PM – 2:13PM	Kaulava Until 9:44PM	Nataraja: Purple				3rd Phase
Creative Work Siddha Yoga				Moon – Yellow				Sivaloka Day
Until 4:56AM Thu			Panchami Until 10:07AM	Chaitra-Panguni				
Then Routine Work - Marana Yoga								

<b>6</b>		<b>Thursday, April 11, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Porto, Portugal
Mithuna Rasi: 7.15	Tithi 6 – 7	Gulika 9:19AM – 10:57AM	Ardra Until 4:16AM Fri	Ganesha: Clear	Sunrise: 6:03AM	Sun 21	Sutra 361	Vilamba 5120
		Yama 6:03AM – 7:41AM	Sobhana Until 10:04AM	Muruqa: Yellow	Sunset: 7:07PM			Moon 3 - Phase 49
		133483468 Rahu 2:13PM – 3:51PM	Gara Until 8:39PM	Nataraja: Purple				3rd Phase
Routine Work Marana Yoga				Moon – Yellow				Sivaloka Day
Until 4:16AM Fri			Shashthi* Until 9:14AM	Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, April 12, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Porto, Portugal
Mithuna Rasi: 20.54	Tithi 7 – 8	Gulika 7:40AM – 9:18AM	Punarvasu Until 3:29AM Sat	Ganesha: White	Sunrise: 6:02AM	Sun 22	Sutra 362	Vilamba 5120
		Yama 3:52PM – 5:30PM	Athiganda* Until 7:53AM	Muruqa: Yellow	Sunset: 7:08PM			Moon 3 - Phase 49
		143483468 Rahu 10:57AM – 12:35PM	Visti Until 7:08PM	Nataraja: Purple				Ashtami
Creative Work Siddha Yoga				Moon – Blue				Devaloka Day
			Saptami Until 7:56AM	Chaitra-Panguni				


<b>Retreat Star</b>		<b>Saturday, April 13, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		Porto, Portugal
Kataka Rasi: 4.47	Tithi 8 – 9	Gulika 6:00AM – 7:39AM	Pushya Until 2:09AM Sun	Ganesha: White	Sunrise: 6:00AM	Sun 23	Sutra 363	Vilamba 5120
		Yama 2:13PM – 3:52PM	Dhriti Until 2:35AM Sun	Muruqa: Yellow	Sunset: 7:09PM			Moon 3 - Phase 49
		143483468 Rahu 9:17AM – 10:56AM	Kaulava Until 4:06AM Sun	Nataraja: Purple				Navami
Creative Work Siddha Yoga				Moon – Blue				Devaloka Day
		Sri Rama Navami	Ashtami* Until 6:13AM	Chaitra-Panguni				

<b>1</b>	<b>Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
			Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 364
Kataka Rasi: 18.56	Tithi 10	<b>Gulika</b> 3:52PM – 5:31PM	<b>Ashlesha* Until 12:19AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Vikarin 5121	
		Yama 12:34PM – 2:13PM	Shula* Until 11:27PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:10PM	Moon 3 - Phase 1	
		143483468 <b>Rahu</b> 5:31PM – 7:10PM	Taitila Until 2:55PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work Siddha Yoga				Moon – Blue		<b>Devaloka Day</b>	
Until 12:19AM Mon			<b>Tamil New Year</b>				
Then Routine Work - Marana Yoga			<b>Dashami Until 1:37AM Mon</b>	<b>Chaitra*Chaitra</b>			

<b>2</b>	<b>Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
			Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 1
Simha Rasi: 3.2	Tithi 11	<b>Gulika</b> 2:13PM – 3:53PM	<b>Magha* Until 10:27PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:57AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:55AM – 12:34PM	Ganda* Until 8:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:12PM	Moon 3 - Phase 1	
Routine Work Marana Yoga		253483468 <b>Rahu</b> 7:36AM – 9:15AM	Vanija Until 12:16PM	<b>Nataraja:</b> Purple		4th Phase	
Until 10:27PM			<b>Ekadashi Until 10:50PM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>			

<b>3</b>	<b>Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
			Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Sun 26 Sutra 2
Simha Rasi: 17.55	Tithi 12	<b>Gulika</b> 12:34PM – 2:14PM	<b>Purvaphalguni Until 8:16PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:55AM	Vikarin 5121	
		Yama 9:15AM – 10:54AM	Vriddhi Until 4:33PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:13PM	Moon 3 - Phase 1	
		253483468 <b>Rahu</b> 3:53PM – 5:33PM	Bava Until 9:23AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work Siddha Yoga			<b>Dvadashi Until 7:52PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 8:16PM				<b>Chaitra*Chaitra</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
			Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 3
Kanya Rasi: 2.37	Tithi 13 – 14	<b>Gulika</b> 10:54AM – 12:34PM	<b>Uttaraphalguni Until 5:53PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:54AM	Vikarin 5121	
		Yama 7:34AM – 9:14AM	Dhruva Until 12:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:14PM	Moon 3 - Phase 1	
		253483468 <b>Rahu</b> 12:34PM – 2:14PM	Kaulava Until 6:22AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work Amrita Yoga			<b>Trayodashi Until 4:50PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 5:53PM				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

	<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
			Hasta/Chitra Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 4
Kanya Rasi: 17.19	Tithi 14 – 15	<b>Gulika</b> 9:13AM – 10:53AM	<b>Hasta Until 3:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:52AM	Vikarin 5121	
		Yama 5:52AM – 7:32AM	Vyaghata* Until 9:22AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:15PM	Moon 3 - Phase 1	
		263483468 <b>Rahu</b> 2:14PM – 3:54PM	Visti Until 12:30AM Fri	<b>Nataraja:</b> Purple		Purnima	
Routine Work Marana Yoga			<b>Chaturdashi* Until 1:53PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 3:51PM				<b>Chaitra*Chaitra</b>			
Then Creative Work - Siddha Yoga		<b>Chitra Purnima (Tamil Nadu)</b>					
		<b>Hanuman Jayanti</b>					

<b>Friday, April 19, 2019</b>	<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Porto, Portugal
			Chitra/Svati Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 5
Tula Rasi: 1.53	Tithi 15 – 16	<b>Gulika</b> 7:31AM – 9:12AM	<b>Chitra Until 1:56PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	Vikarin 5121	
		Yama 3:54PM – 5:35PM	Vajra* Until 6:00AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:16PM	Moon 3 - Phase 1	
		263483468 <b>Rahu</b> 10:53AM – 12:33PM	Balava Until 9:57PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work Siddha Yoga			<b>Purnima* Until 11:09AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			