



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 16

Vrischika Rasi: 0.29 Tithi 17

273832369

Gulika 12:29PM – 2:01PM
Yama 9:25AM – 10:57AM
Rahu 3:33PM – 5:05PM

Vishakha Until 11:23AM
Variyan Until 4:48AM Wed
Taitila Until 2:40PM
Dvitiya Until 3:09AM Wed

Ganesha: Purple *Sunrise:* 6:21AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga
Until 11:23AM
Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 17

Vrischika Rasi: 13.01 Tithi 18

273832369

Gulika 10:57AM – 12:29PM
Yama 7:53AM – 9:25AM
Rahu 12:29PM – 2:01PM

Anuradha Until 1:05PM
Parigha* Until 4:56AM Thu
Vanija Until 3:49PM
Tritiya Until 4:34AM Thu

Ganesha: Purple *Sunrise:* 6:21AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 18

Vrischika Rasi: 25.17 Tithi 19

274832369

Gulika 9:25AM – 10:57AM
Yama 6:20AM – 7:52AM
Rahu 2:01PM – 3:33PM

Jyeshtha* Until 3:08PM
Shiva Until 5:28AM Fri
Bava Until 5:30PM
Chaturthi* Until 6:30AM Fri

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga
Until 3:08PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 19

Dhanus Rasi: 7.22 Tithi 19 – 20

284832369

Gulika 7:52AM – 9:24AM
Yama 3:33PM – 5:05PM
Rahu 10:57AM – 12:29PM

Mula* Until 5:59PM
Siddha Until 6:17AM Sat
Kaulava Until 7:39PM
Chaturthi* Until 6:30AM

Ganesha: White *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 5:59PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 20

Dhanus Rasi: 19.16 Tithi 20 – 21

284832369

Gulika 6:20AM – 7:52AM
Yama 2:01PM – 3:33PM
Rahu 9:24AM – 10:56AM

Purvashadha* Until 8:59PM
Siddha Until 6:17AM
Gara Until 10:07PM
Panchami Until 8:50AM

Ganesha: White *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 8:59PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 21

Makara Rasi: 1.05 Tithi 21 – 22

284832369

Gulika 3:33PM – 5:05PM
Yama 12:28PM – 2:01PM
Rahu 5:05PM – 6:37PM

Uttarashadha Until 11:55PM
Sadhya Until 7:18AM
Visti Until 12:42AM Mon
Shashthi* Until 11:23AM

Ganesha: White *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 22

Makara Rasi: 12.54 Tithi 22 – 23

294832369

Gulika 2:01PM – 3:33PM
Yama 10:56AM – 12:28PM
Rahu 7:52AM – 9:24AM

Shravana Until 3:04AM Tue
Subha Until 8:22AM
Balava Until 3:08AM Tue
Saptami Until 1:56PM

Ganesha: Yellow *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Family Home Evening
Creative Work Amrita Yoga
Until 3:04AM Tue
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria
Sun 8 Sutra 23

Makara Rasi: 24.47 Tithi 23 – 24

294832369

Gulika 12:28PM – 2:01PM
Yama 9:24AM – 10:56AM
Rahu 3:33PM – 5:05PM

Dhanishtha Until 5:40AM Wed
Sukla Until 9:14AM
Taitila Until 5:10AM Wed
Ashtami* Until 4:12PM

Ganesha: Yellow *Sunrise:* 6:19AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

1	Wednesday, May 9, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 8
	Kumbha Rasi: 6.49	Tithi 24 – 25	Gulika 10:56AM – 12:28PM Yama 7:51AM – 9:24AM 294832369 Rahu 12:28PM – 2:01PM	Shatabhishak Until 7:30AM Thu Brahma Until 9:46AM Vanija Until 6:35AM Thu Navami* Until 5:57PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Purple	Sunrise: 6:19AM Sunset: 6:37PM	Vilamba 5120 Moon 4 - Phase 4 2nd Phase
	Creative Work	Siddha Yoga			Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM	


2	Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 9
	Kumbha Rasi: 19.07	Tithi 25	Gulika 9:24AM – 10:56AM Yama 6:19AM – 7:51AM 294832369 Rahu 2:01PM – 3:33PM	Shatabhishak Until 7:30AM Indra Until 9:49AM Vanija Until 6:35AM Dashami Until 7:00PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Purple	Sunrise: 6:19AM Sunset: 6:37PM	Vilamba 5120 Moon 4 - Phase 4 2nd Phase
	Creative Work	Siddha Yoga			Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM	

3	Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 10
	Meena Rasi: 1.46	Tithi 26	Gulika 7:51AM – 9:24AM Yama 3:33PM – 5:05PM 214832369 Rahu 10:56AM – 12:28PM	Purvaproshtapada* Until 8:55AM Vaidhrili* Until 9:14AM Bava Until 7:14AM Ekadashi* Until 7:14PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Clear	Sunrise: 6:19AM Sunset: 6:37PM	Vilamba 5120 Moon 4 - Phase 4 2nd Phase
	Creative Work	Siddha Yoga			Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM	

4	Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 11
	Meena Rasi: 14.47	Tithi 27	Gulika 6:19AM – 7:51AM Yama 2:01PM – 3:33PM 214932369 Rahu 9:24AM – 10:56AM	Uttaraproshtapada Until 9:22AM Vishkambha* Until 8:01AM Kaulava Until 7:03AM Dvadashi* Until 6:39PM	Ganesha: Blue Muruqa: White Nataraja: Purple Moon – Clear	Sunrise: 6:19AM Sunset: 6:37PM	Vilamba 5120 Moon 4 - Phase 4 2nd Phase
	Creative Work	Siddha Yoga			Vaisaka-Chaitra	Bhuloka Day	

5	Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi*/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12
	Meena Rasi: 28.16	Tithi 28 – 29	Gulika 3:33PM – 5:05PM Yama 12:28PM – 2:01PM 214932369 Rahu 5:05PM – 6:38PM	Revati Until 8:53AM Priti Until 6:10AM Gara Until 6:05AM Trayodashi* Until 5:18PM	Ganesha: Blue Muruqa: White Nataraja: Purple Moon – Clear	Sunrise: 6:19AM Sunset: 6:38PM	Vilamba 5120 Moon 4 - Phase 4 2nd Phase
	Creative Work	Amrita Yoga		Mother's Day	Vaisaka-Chaitra	Bhuloka Day	

6	Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi*/Amavasyayam Titau				Port Harcourt, Nigeria Sun 13
	Mesha Rasi: 12.08	Tithi 29 – 30	Gulika 2:01PM – 3:33PM Yama 10:56AM – 12:28PM 224932369 Rahu 7:51AM – 9:23AM	Ashvini Until 8:01AM Saubhagya Until 12:51AM Tue Catuspada Until 2:09AM Tue Chaturdashi* Until 3:20PM	Ganesha: Blue Muruqa: White Nataraja: Purple Moon – White	Sunrise: 6:19AM Sunset: 6:38PM	Vilamba 5120 Moon 4 - Phase 4 2nd Phase
	Creative Work	Siddha Yoga			Vaisaka-Vaikasi	Bhuloka Day	

	Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 14
	Mesha Rasi: 26.23	Tithi 30 – 1	Gulika 12:28PM – 2:01PM Yama 9:23AM – 10:56AM 224932369 Rahu 3:33PM – 5:05PM	Bharani Until 6:28AM Sobhana Until 9:37PM Kintughna Until 11:29PM Amavasya* Until 12:51PM	Ganesha: Blue Muruqa: White Nataraja: Purple Moon – White	Sunrise: 6:19AM Sunset: 6:38PM	Vilamba 5120 Moon 4 - Phase 4 Amavasya
	Creative Work	Siddha Yoga			Vaisaka-Vaikasi	Bhuloka Day	

Retreat Star	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 15
	Vrishabha Rasi: 10.53	Tithi 1 – 2	Gulika 10:56AM – 12:28PM Yama 7:51AM – 9:23AM 235932369 Rahu 12:28PM – 2:01PM	Rohini Until 2:20AM Thu Athiganda* Until 6:08PM Balava Until 8:33PM Prathama* Until 10:01AM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Yellow	Sunrise: 6:18AM Sunset: 6:38PM	Vilamba 5120 Moon 4 - Phase 4 Prathama
	Creative Work	Siddha Yoga			Jyeshtha Adhika-Vaikasi	Bhuloka Day Devaloka Time: 9:AM to12:PM	

1	Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau			Port Harcourt, Nigeria Sun 16 Sutra 32
	Vrishabha Rasi: 25.34	Tithi 2 – 3	Gulika 9:23AM – 10:56AM	Mrigashira Until 12:05AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:18AM	Vilamba 5120
			Yama 6:18AM – 7:51AM	Sukarma Until 2:34PM	Muruqa: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
			235932369 Rahu 2:01PM – 3:33PM	Gara Until 3:58AM Fri	Nataraja: Purple	3rd Phase
Routine Work Marana Yoga			Dvitiya Until 7:01AM	Moon – Yellow	Bhuloka Day	
Until 12:05AM Fri				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

2	Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturhyam Titau			Port Harcourt, Nigeria Sun 17 Sutra 33
	Mithuna Rasi: 10.17	Tithi 4	Gulika 7:51AM – 9:23AM	Ardra Until 9:46PM	Ganesha: Yellow <i>Sunrise:</i> 6:18AM	Vilamba 5120
			Yama 3:33PM – 5:06PM	Dhriti Until 11:00AM	Muruqa: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
			235932369 Rahu 10:56AM – 12:28PM	Vanija Until 2:29PM	Nataraja: Purple	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 1:00AM Sat	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM	

3	Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau			Port Harcourt, Nigeria Sun 18 Sutra 34
	Mithuna Rasi: 24.55	Tithi 5	Gulika 6:18AM – 7:51AM	Punarvasu Until 7:55PM	Ganesha: White <i>Sunrise:</i> 6:18AM	Vilamba 5120
			Yama 2:01PM – 3:33PM	Shula* Until 7:32AM	Muruqa: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
			245932369 Rahu 9:23AM – 10:56AM	Bava Until 11:37AM	Nataraja: Purple	3rd Phase
Creative Work Siddha Yoga			Panchami Until 10:15PM	Moon – Blue	Devaloka Day	
				Jyeshtha Adhika-Vaikasi		

4	Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau			Port Harcourt, Nigeria Sun 19 Sutra 35
	Kataka Rasi: 9.23	Tithi 6	Gulika 3:33PM – 5:06PM	Pushya Until 6:13PM	Ganesha: White <i>Sunrise:</i> 6:18AM	Vilamba 5120
			Yama 12:28PM – 2:01PM	Vriddhi Until 1:17AM Mon	Muruqa: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
			245932369 Rahu 5:06PM – 6:38PM	Kaulava Until 9:00AM	Nataraja: Purple	3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 7:48PM	Moon – Blue	Devaloka Day	
				Jyeshtha Adhika-Vaikasi		

5	Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau			Port Harcourt, Nigeria Sun 20 Sutra 36
	Kataka Rasi: 23.37	Tithi 7 – 8	Gulika 2:01PM – 3:33PM	Ashlesha* Until 4:44PM	Ganesha: White <i>Sunrise:</i> 6:18AM	Vilamba 5120
	Family Home Evening		Yama 10:56AM – 12:28PM	Dhruva Until 10:35PM	Muruqa: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
			245932369 Rahu 7:51AM – 9:23AM	Gara Until 6:43AM	Nataraja: Purple	3rd Phase
Creative Work Siddha Yoga			Saptami Until 5:42PM	Moon – Blue	Devaloka Day	
Until 4:44PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

☾	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Port Harcourt, Nigeria Sun 21 Sutra 37
	Retreat Star		Gulika 12:28PM – 2:01PM	Magha* Until 3:55PM	Ganesha: Clear <i>Sunrise:</i> 6:18AM	Vilamba 5120
	Simha Rasi: 7.37	Tithi 8 – 9	Yama 9:23AM – 10:56AM	Vyaghata* Until 8:13PM	Muruqa: White <i>Sunset:</i> 6:39PM	Moon 4 - Phase 5
			255932369 Rahu 3:34PM – 5:06PM	Balava Until 3:19AM Wed	Nataraja: Purple	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 4:00PM	Moon – Red	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM	

☽	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Port Harcourt, Nigeria Sun 22 Sutra 38
	Retreat Star		Gulika 10:56AM – 12:29PM	Purvaphalguni Until 3:23PM	Ganesha: Clear <i>Sunrise:</i> 6:18AM	Vilamba 5120
	Simha Rasi: 21.21	Tithi 9 – 10	Yama 7:51AM – 9:23AM	Harshana Until 6:12PM	Muruqa: White <i>Sunset:</i> 6:39PM	Moon 4 - Phase 5
			255932369 Rahu 12:29PM – 2:01PM	Taitila Until 2:13AM Thu	Nataraja: Purple	Navami
Creative Work Amrita Yoga			Navami* Until 2:42PM	Moon – Red	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


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1	Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 39
	Kanya Rasi: 4.51	Tithi 10 – 11	Gulika 9:23AM – 10:56AM Yama 6:18AM – 7:51AM Rahu 2:01PM – 3:34PM	Uttaraphalguni Until 3:05PM Vajra* Until 4:28PM Vanija Until 1:31AM Fri Dashami Until 1:48PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Red	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 6:39PM	Vilamba 5120 Moon 4 - Phase 6 4th Phase
Amrita Yoga		255932369			Bhuloka Day		Devaloka Time: 9:AM to 12:PM
Until 3:05PM							
Then Routine Work - Marana Yoga							

2	Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 40
	Kanya Rasi: 18.08	Tithi 11 – 12	Gulika 7:51AM – 9:23AM Yama 3:34PM – 5:06PM Rahu 10:56AM – 12:29PM	Hasta Until 3:28PM Siddhi Until 3:04PM Bava Until 1:12AM Sat Ekadashi Until 1:18PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Green	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 6:39PM	Vilamba 5120 Moon 4 - Phase 6 4th Phase
Creative Work Amrita Yoga		266932369			Bhuloka Day		Devaloka Time: 6:AM to 9:AM
Until 3:28PM							
Then Creative Work - Siddha Yoga							

3	Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyati-pata*/Varyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 41
	Tula Rasi: 1.13	Tithi 12 – 13	Gulika 6:18AM – 7:51AM Yama 2:01PM – 3:34PM Rahu 9:24AM – 10:56AM	Chitra Until 4:05PM Vyati-pata* Until 1:59PM Kaulava Until 1:17AM Sun Dvadashi Until 1:11PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Green	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 6:39PM	Vilamba 5120 Moon 4 - Phase 6 4th Phase
Routine Work Marana Yoga		366932369			Bhuloka Day		
Until 4:05PM							
Then Creative Work - Siddha Yoga							
						<i>Pradosha Vrata</i>	

4	Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 42
	Tula Rasi: 14.06	Tithi 13 – 14	Gulika 3:34PM – 5:07PM Yama 12:29PM – 2:02PM Rahu 5:07PM – 6:39PM	Svati Until 4:56PM Varyan Until 1:11PM Gara Until 1:46AM Mon Trayodashi Until 1:27PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Green	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 6:39PM	Vilamba 5120 Moon 4 - Phase 6 4th Phase
Creative Work Siddha Yoga		366932369			Bhuloka Day		
Until 4:56PM							
Then Routine Work - Marana Yoga							

	Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 43
	Tula Rasi: 26.47	Tithi 14 – 15	Gulika 2:02PM – 3:34PM Yama 10:56AM – 12:29PM Rahu 7:51AM – 9:24AM	Vishakha Until 6:30PM Parigha* Until 12:44PM Visti Until 2:41AM Tue Chaturdashi* Until 2:09PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 6:40PM	Vilamba 5120 Moon 4 - Phase 6 Purnima
Family Home Evening		376932369	Vaikasi Visakam		Bhuloka Day		Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga							
Until 6:30PM							
Then Creative Work - Siddha Yoga							

	Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 44
	Vrischika Rasi: 9.17	Tithi 15 – 16	Gulika 12:29PM – 2:02PM Yama 9:24AM – 10:56AM Rahu 3:34PM – 5:07PM	Anuradha Until 8:22PM Shiva Until 12:39PM Balava Until 4:03AM Wed Purnima* Until 3:17PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 6:40PM	Vilamba 5120 Moon 4 - Phase 6 Prathama
Creative Work Siddha Yoga		376932369			Bhuloka Day		Devaloka Time: 6:AM to 9:AM
Until 8:22PM							
Then Routine Work - Marana Yoga							



Wednesday, May 30, 2018

Gold Retreat Star

Vrischika Rasi: 21.34 Tithi 16 – 17

376932369

Gulika 10:57AM – 12:29PM
Yama 7:51AM – 9:24AM
Rahu 12:29PM – 2:02PM

Jyeshtha* Until 10:29PM

Siddha Until 12:53PM

Taitila Until 5:51AM Thu

Prathama* Until 4:52PM

Ganesha: Clear *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:40PM*

Nataraja: Purple

Moon – Orange

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 10:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Dhanus Rasi: 3.41 Tithi 17

386932369

Gulika 9:24AM – 10:57AM
Yama 6:19AM – 7:51AM
Rahu 2:02PM – 3:35PM

Mula* Until 1:19AM Fri

Sadhya Until 1:27PM

Gara Until 6:53PM

Dvitiya Until 6:53PM

Ganesha: White *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:40PM*

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Dhanus Rasi: 15.39 Tithi 18

387932369

Gulika 7:51AM – 9:24AM
Yama 3:35PM – 5:08PM
Rahu 10:57AM – 12:30PM

Purvashadha* Until 4:17AM Sat

Subha Until 2:18PM

Vanija Until 8:02AM

Tritiya Until 9:13PM

Ganesha: Yellow *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:40PM*

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Port Harcourt, Nigeria

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Routine Work Prabalarishta Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Dhanus Rasi: 27.3 Tithi 19

387932369

Gulika 6:19AM – 7:52AM
Yama 2:02PM – 3:35PM
Rahu 9:24AM – 10:57AM

Uttarashadha Until 7:15AM Sun

Sukla Until 3:20PM

Bava Until 10:30AM

Chaturthi* Until 11:47PM

Ganesha: Yellow *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:41PM*

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Port Harcourt, Nigeria

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Routine Work Marana Yoga

Until 7:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Makara Rasi: 9.17 Tithi 20

387932369

Gulika 3:35PM – 5:08PM
Yama 12:30PM – 2:03PM
Rahu 5:08PM – 6:41PM

Uttarashadha Until 7:15AM

Brahma Until 4:27PM

Kaulava Until 1:06PM

Panchami Until 2:22AM Mon

Ganesha: Yellow *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:41PM*

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Port Harcourt, Nigeria

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Makara Rasi: 21.05 Tithi 21

397932369

Gulika 2:03PM – 3:36PM
Yama 10:57AM – 12:30PM
Rahu 7:52AM – 9:25AM

Shravana Until 10:32AM

Indra Until 5:30PM

Gara Until 3:37PM

Shashthi* Until 4:46AM Tue

Ganesha: Blue *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:41PM*

Nataraja: Purple

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Port Harcourt, Nigeria

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Amrita Yoga

Until 10:32AM

Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Kumbha Rasi: 2.58 Tithi 22

397132361

Gulika 12:30PM – 2:03PM
Yama 9:25AM – 10:57AM
Rahu 3:36PM – 5:08PM

Dhanishta Until 1:25PM

Vaidhriti* Until 6:17PM

Visti Until 5:51PM

Saptami Until 6:45AM Wed

Ganesha: Purple *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:41PM*

Nataraja: White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Port Harcourt, Nigeria

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 1:25PM

Then Routine Work - Marana Yoga

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Wednesday, June 6, 2018

Retreat Star

Kumbha Rasi: 15 Tithi 22 – 23

397132361

Gulika 10:58AM – 12:30PM
Yama 7:52AM – 9:25AM
Rahu 12:30PM – 2:03PM

Shatabhishak Until 3:39PM

Vishkambha* Until 6:41PM

Balava Until 7:33PM

Saptami Until 6:45AM

Ganesha: Purple *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:41PM*

Nataraja: White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Port Harcourt, Nigeria

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Kumbha Rasi: 27.17 Tithi 23 – 24

317132361

Gulika 9:25AM – 10:58AM
Yama 6:19AM – 7:52AM
Rahu 2:03PM – 3:36PM

Purvaproshtapada* Until 5:33PM

Priti Until 6:33PM

Taitila Until 8:33PM

Ashtami* Until 8:08AM

Ganesha: Blue *Sunrise: 6:19AM*

Muruqa: White *Sunset: 6:42PM*

Nataraja: White

Moon – Clear

Jyeshtha Adhika-Vaikasi

Devaloka Day

Port Harcourt, Nigeria

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Creative Work Siddha Yoga

1		Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Port Harcourt, Nigeria Sun 9 Sutra 54
Meena Rasi: 9.55	Tithi 24 – 25	Gulika 7:52AM – 9:25AM	Uttaraproshtapada Until 6:31PM	Ganesha: Red	<i>Sunrise:</i> 6:20AM	Vilamba 5120	
		Yama 3:36PM – 5:09PM	Ayushman Until 5:45PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8	
318132361		Rahu 10:58AM – 12:31PM	Vanija Until 8:44PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 8:44AM	Moon – Clear		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

2		Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Port Harcourt, Nigeria Sun 10 Sutra 55
Meena Rasi: 22.57	Tithi 25 – 26	Gulika 6:20AM – 7:53AM	Revati Until 6:29PM	Ganesha: Red	<i>Sunrise:</i> 6:20AM	Vilamba 5120	
		Yama 2:04PM – 3:37PM	Saubhagya Until 4:18PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8	
318132361		Rahu 9:25AM – 10:58AM	Bava Until 8:04PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga		Dashami Until 8:29AM	Moon – Clear		Bhuloka Day	
Until 6:29PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

3		Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Port Harcourt, Nigeria Sun 11 Sutra 56
Mesha Rasi: 6.26	Tithi 26 – 27	Gulika 3:37PM – 5:10PM	Ashvini Until 5:58PM	Ganesha: Green	<i>Sunrise:</i> 6:20AM	Vilamba 5120	
		Yama 12:31PM – 2:04PM	Sobhana Until 2:13PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8	
328132361		Rahu 5:10PM – 6:42PM	Kaulava Until 6:36PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 7:25AM	Moon – White		Bhuloka Day	
Until 5:58PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Prabalarishta Yoga							

4		Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau			Port Harcourt, Nigeria Sun 12 Sutra 57
Mesha Rasi: 20.22	Tithi 28	Gulika 2:04PM – 3:37PM	Bharani Until 4:35PM	Ganesha: Green	<i>Sunrise:</i> 6:20AM	Vilamba 5120	
Family Home Evening		Yama 10:59AM – 12:31PM	Athiganda* Until 11:30AM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8	
328132361		Rahu 7:53AM – 9:26AM	Gara Until 4:25PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 3:05AM Tue	Moon – White		Bhuloka Day	
Until 4:35PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Port Harcourt, Nigeria Sun 13 Sutra 58
Vrishabha Rasi: 4.44	Tithi 29	Gulika 12:32PM – 2:04PM	Krittika Until 2:29PM	Ganesha: Green	<i>Sunrise:</i> 6:20AM	Vilamba 5120	
		Yama 9:26AM – 10:59AM	Sukarma Until 8:18AM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8	
328132361		Rahu 3:37PM – 5:10PM	Visti Until 1:40PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:06AM Wed	Moon – White		Bhuloka Day	
Until 2:29PM				Jyeshtha Adhika-Vaikasi			
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Port Harcourt, Nigeria Sun 14 Sutra 59
Vrishabha Rasi: 19.27	Tithi 30	Gulika 10:59AM – 12:32PM	Rohini Until 12:15PM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Vilamba 5120	
		Yama 7:53AM – 9:26AM	Shula* Until 12:52AM Thu	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8	
338132361		Rahu 12:32PM – 2:05PM	Catuspada Until 10:30AM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 8:47PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Retreat Star		Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau			Port Harcourt, Nigeria Sun 15 Sutra 60
Mithuna Rasi: 4.23	Tithi 1 – 2	Gulika 9:26AM – 10:59AM	Mrigashira Until 9:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Vilamba 5120	
		Yama 6:21AM – 7:53AM	Ganda* Until 8:53PM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8	
339132361		Rahu 2:05PM – 3:38PM	Kintughna Until 7:03AM	Nataraja: White		Prathama	
Routine Work	Marana Yoga		Prathama* Until 5:16PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 9:AM to 12:PM	

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 19.25	Tithi 2 – 3	Gulika 7:54AM – 9:27AM	Ardra Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Moon 5 - Phase 9	
339132361		Yama 3:38PM – 5:11PM	Vriddhi Until 4:56PM	Muruqa: White	<i>Sunset:</i> 6:44PM	3rd Phase	
Creative Work	Siddha Yoga	Rahu 10:59AM – 12:32PM	Taitila Until 12:02AM Sat	Nataraja: White		Bhuloka Day	
			Dvitiya Until 1:44PM	Moon – Yellow		Devaloka Time: 9:AM to12:PM	
				Jyeshtha-Ani			
2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 4.24	Tithi 3 – 4	Gulika 6:21AM – 7:54AM	Pushya Until 1:51AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:21AM	Moon 5 - Phase 9	
349132361		Yama 2:05PM – 3:38PM	Dhruva Until 1:05PM	Muruqa: White	<i>Sunset:</i> 6:44PM	3rd Phase	
Creative Work	Siddha Yoga	Rahu 9:27AM – 11:00AM	Vanija Until 8:44PM	Nataraja: White		Bhuloka Day	
			Tritiya Until 10:20AM	Moon – Blue		Devaloka Time: 9:AM to12:PM	
				Jyeshtha-Ani			
3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 19.11	Tithi 4 – 5	Gulika 3:38PM – 5:11PM	Ashlesha* Until 11:40PM	Ganesha: Orange	<i>Sunrise:</i> 6:21AM	Moon 5 - Phase 9	
349132361		Yama 12:33PM – 2:05PM	Vyaghata* Until 9:28AM	Muruqa: White	<i>Sunset:</i> 6:44PM	3rd Phase	
Creative Work	Siddha Yoga	Rahu 5:11PM – 6:44PM	Balava Until 4:26AM Mon	Nataraja: White		Bhuloka Day	
Until 11:40PM			Chaturthi* Until 7:11AM	Moon – Blue		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha-Ani			
4		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.42	Tithi 6	Gulika 2:06PM – 3:39PM	Magha* Until 10:14PM	Ganesha: Green	<i>Sunrise:</i> 6:21AM	Moon 5 - Phase 9	
Family Home Evening		Yama 11:00AM – 12:33PM	Harshana Until 6:13AM	Muruqa: White	<i>Sunset:</i> 6:44PM	3rd Phase	
Routine Work	Marana Yoga	Rahu 7:54AM – 9:27AM	Kaulava Until 3:15PM	Nataraja: White		Devaloka Day	
Until 10:14PM			Shashthi* Until 2:09AM Tue	Moon – Red			
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			
5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.52	Tithi 7	Gulika 12:33PM – 2:06PM	Purvaphalguni Until 9:12PM	Ganesha: Green	<i>Sunrise:</i> 6:22AM	Moon 5 - Phase 9	
359132361		Yama 9:27AM – 11:00AM	Siddhi Until 12:55AM Wed	Muruqa: White	<i>Sunset:</i> 6:44PM	3rd Phase	
Creative Work	Siddha Yoga	Rahu 3:39PM – 5:12PM	Gara Until 1:15PM	Nataraja: White		Devaloka Day	
Until 9:12PM			Saptami Until 12:27AM Wed	Moon – Red			
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			
Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 1.4	Tithi 8	Gulika 11:00AM – 12:33PM	Uttaraphalguni Until 8:36PM	Ganesha: Green	<i>Sunrise:</i> 6:22AM	Moon 5 - Phase 9	
359132361		Yama 7:55AM – 9:28AM	Vyatipata* Until 11:01PM	Muruqa: White	<i>Sunset:</i> 6:45PM	Ashtami	
Creative Work	Amrita Yoga	Rahu 12:33PM – 2:06PM	Visti Until 11:49AM	Nataraja: White		Devaloka Day	
Until 8:36PM			Ashtami* Until 11:19PM	Moon – Red			
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Jyeshtha-Ani			
Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 15.08	Tithi 9	Gulika 9:28AM – 11:01AM	Hasta Until 8:54PM	Ganesha: Red	<i>Sunrise:</i> 6:22AM	Moon 5 - Phase 9	
369132361		Yama 6:22AM – 7:55AM	Variyan Until 9:33PM	Muruqa: White	<i>Sunset:</i> 6:45PM	Navami	
Routine Work	Marana Yoga	Rahu 2:06PM – 3:39PM	Balava Until 11:00AM	Nataraja: White		Bhuloka Day	
Until 8:54PM			Navami* Until 10:47PM	Moon – Green		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 68 Vilamba 5120	
	Kanya Rasi: 28.16	Tithi 10	Gulika 7:55AM – 9:28AM	Chitra Until 9:35PM	Ganesha: Green	<i>Sunrise:</i> 6:22AM		
			Yama 3:39PM – 5:12PM	Parigha* Until 8:32PM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 10	
	361132361	Rahu 11:01AM – 12:34PM		Taitila Until 10:45AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:49PM	Moon – Green		Bhuloka Day		
				Jyeshtha-Ani				


2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 69 Vilamba 5120	
	Tula Rasi: 11.08	Tithi 11	Gulika 6:23AM – 7:55AM	Svati Until 10:38PM	Ganesha: Green	<i>Sunrise:</i> 6:23AM		
			Yama 2:07PM – 3:40PM	Shiva Until 7:58PM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 10	
	361132361	Rahu 9:28AM – 11:01AM		Vanija Until 11:03AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:21PM	Moon – Green		Bhuloka Day		
				Jyeshtha-Ani				

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 70 Vilamba 5120	
	Tula Rasi: 23.45	Tithi 12	Gulika 3:40PM – 5:13PM	Vishakha Until 12:28AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:23AM		
			Yama 12:34PM – 2:07PM	Siddha Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 10	
	371142361	Rahu 5:13PM – 6:46PM		Bava Until 11:50AM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dvodashi Until 12:23AM Mon	Moon – Orange		Devaloka Day		
	Until 12:28AM Mon			Jyeshtha-Ani				
	Then Creative Work - Siddha Yoga							

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 71 Vilamba 5120	
	Vrischika Rasi: 6.1	Tithi 13	Gulika 2:07PM – 3:40PM	Anuradha Until 2:33AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:23AM		
	Family Home Evening		Yama 11:01AM – 12:34PM	Sadhya Until 7:52PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 10	
	371142361	Rahu 7:56AM – 9:29AM		Kaulava Until 1:05PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 1:50AM Tue	Moon – Orange		Devaloka Day		
	Until 2:33AM Tue			Jyeshtha-Ani				
	Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>				

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 72 Vilamba 5120	
	Vrischika Rasi: 18.24	Tithi 14	Gulika 12:35PM – 2:07PM	Jyeshtha* Until 4:51AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:23AM		
			Yama 9:29AM – 11:02AM	Subha Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 10	
	371142361	Rahu 3:40PM – 5:13PM		Gara Until 2:44PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 3:40AM Wed	Moon – Orange		Devaloka Day		
				Jyeshtha-Ani				

	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 73 Vilamba 5120	
	Dhanus Rasi: 0.29	Tithi 15	Gulika 11:02AM – 12:35PM	Mula* Until 7:48AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:23AM		
			Yama 7:56AM – 9:29AM	Sukla Until 9:01PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 10	
	381142361	Rahu 12:35PM – 2:08PM		Visti Until 4:45PM	Nataraja: White		Purnima	
Routine Work	Marana Yoga		Purnima* Until 5:51AM Thu	Moon – Light Blue		Bhuloka Day		
	Until 7:48AM Thu			Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM		
	Then Creative Work - Siddha Yoga							

	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 74 Vilamba 5120	
	Dhanus Rasi: 12.26	Tithi 16	Gulika 9:29AM – 11:02AM	Mula* Until 7:48AM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM		
			Yama 6:24AM – 7:56AM	Brahma Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 10	
	381142361	Rahu 2:08PM – 3:41PM		Balava Until 7:03PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:16AM Fri	Moon – Light Blue		Bhuloka Day		
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM		



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria
Sutra 75

Dhanus Rasi: 24.17 Tithi 16 – 17

381142361

Gulika 7:57AM – 9:29AM
Yama 3:41PM – 5:14PM
Rahu 11:02AM – 12:35PM

Purvashadha* Until 10:49AM

Indra Until 11:02PM
Taitila Until 9:34PM

Prathama* Until 8:16AM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:24AM
Sunset: 6:46PM

Moon 6 - Phase 11
1st Phase

Routine Work Prabalarishta Yoga
Until 10:49AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 76

Makara Rasi: 6.05 Tithi 17 – 18

381242361

Gulika 6:24AM – 7:57AM
Yama 2:08PM – 3:41PM
Rahu 9:30AM – 11:03AM

Uttarashadha Until 1:47PM

Vaidhriti* Until 12:09AM Sun
Vanija Until 12:10AM Sun
Dvitiya Until 10:51AM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:24AM
Sunset: 6:47PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga
Until 1:47PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 77

Makara Rasi: 17.52 Tithi 18 – 19

391242361

Gulika 3:41PM – 5:14PM
Yama 12:36PM – 2:08PM
Rahu 5:14PM – 6:47PM

Shravana Until 5:06PM

Vishkambha* Until 1:14AM Mon
Bava Until 2:43AM Mon
Tritiya Until 1:26PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:24AM
Sunset: 6:47PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 5:06PM
Then Routine Work - Marana Yoga

Devaloka Day

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 78

Makara Rasi: 29.41 Tithi 19 – 20

392242361

Gulika 2:09PM – 3:41PM
Yama 11:03AM – 12:36PM
Rahu 7:57AM – 9:30AM

Dhanishtha Until 8:05PM

Priti Until 2:10AM Tue
Kaulava Until 5:01AM Tue
Chaturthi* Until 3:53PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:25AM
Sunset: 6:47PM

Moon 6 - Phase 11
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 79

Kumbha Rasi: 11.35 Tithi 20

392242361

Gulika 12:36PM – 2:09PM
Yama 9:30AM – 11:03AM
Rahu 3:42PM – 5:14PM

Shatabhishak Until 10:34PM

Ayushman Until 2:46AM Wed
Taitila Until 6:00PM
Panchami Until 6:00PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:25AM
Sunset: 6:47PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga

Devaloka Day

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 80

Kumbha Rasi: 23.4 Tithi 21

312242361

Gulika 11:03AM – 12:36PM
Yama 7:58AM – 9:31AM
Rahu 12:36PM – 2:09PM

Purvaproshtapada* Until 12:53AM Thu

Saubhagya Until 2:58AM Thu
Gara Until 6:55AM
Shashthi* Until 7:38PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:25AM
Sunset: 6:47PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 12:53AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 81

Meena Rasi: 5.58 Tithi 22

312242361

Gulika 9:31AM – 11:04AM
Yama 6:25AM – 7:58AM
Rahu 2:09PM – 3:42PM

Uttaraproshtapada Until 2:23AM Fri

Sobhana Until 2:39AM Fri
Visti Until 8:15AM
Saptami Until 8:38PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:25AM
Sunset: 6:47PM

Moon 6 - Phase 11
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 82

Meena Rasi: 18.34 Tithi 23

312242361

Gulika 7:58AM – 9:31AM
Yama 3:42PM – 5:15PM
Rahu 11:04AM – 12:36PM

Revati Until 2:59AM Sat

Athiganda* Until 1:43AM Sat
Balava Until 8:53AM
Ashtami* Until 8:54PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:25AM
Sunset: 6:48PM

Moon 6 - Phase 11
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria
Sun 8 Sutra 83

Mesha Rasi: 1.33 Tithi 24

422242361

Gulika 6:26AM – 7:58AM
Yama 2:09PM – 3:42PM
Rahu 9:31AM – 11:04AM

Ashvini Until 3:07AM Sun

Sukarma Until 12:09AM Sun
Taitila Until 8:44AM
Navami* Until 8:21PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – White
Jyeshtha-Ani

Sunrise: 6:26AM
Sunset: 6:48PM

Moon 6 - Phase 11
Navami

Creative Work Siddha Yoga
Until 3:07AM Sun
Then Routine Work - Prabalarishta Yoga

Devaloka Day


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Sunday, July 8, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visti* Karana Dashamyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 84
	Mesha Rasi: 14.58 Tithi 25	Gulika 3:42PM – 5:15PM Yama 12:37PM – 2:10PM Rahu 5:15PM – 6:48PM	Bharani Until 2:18AM Mon Dhriti Until 9:58PM Vanija Until 7:48AM Dashami Until 7:01PM
	422242361	Ganesha: Orange <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 6:48PM Nataraja: White Moon – White	Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Routine Work Prabalarishta Yoga Until 2:18AM Mon Then Routine Work - Marana Yoga		Devaloka Day

2	Monday, July 9, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Kritika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 85
	Mesha Rasi: 28.49 Tithi 26 – 27	Gulika 2:10PM – 3:42PM Yama 11:04AM – 12:37PM Rahu 7:59AM – 9:31AM	Krittika Until 12:40AM Tue Shula* Until 7:10PM Bava Until 6:05AM Ekadashi* Until 4:57PM
	422242361	Ganesha: Orange <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 6:48PM Nataraja: White Moon – White	Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Routine Work Marana Yoga Until 12:40AM Tue Then Creative Work - Amrita Yoga		Devaloka Day

3	Tuesday, July 10, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 86
	Vrishabha Rasi: 13.07 Tithi 27 – 28	Gulika 12:37PM – 2:10PM Yama 9:32AM – 11:04AM Rahu 3:43PM – 5:15PM	Rohini Until 10:44PM Ganda* Until 3:52PM Gara Until 12:44AM Wed Dvadashi* Until 2:15PM
	432242361	Ganesha: Light Blue <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 6:48PM Nataraja: White Moon – Yellow	Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Creative Work Amrita Yoga Until 10:44PM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 12:PM to 3:PM

4	Wednesday, July 11, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Port Harcourt, Nigeria Sun 12 Sutra 87
	Vrishabha Rasi: 27.49 Tithi 28 – 29	Gulika 11:04AM – 12:37PM Yama 7:59AM – 9:32AM Rahu 12:37PM – 2:10PM	Mrigashira Until 8:12PM Vridhi Until 12:11PM Visti Until 9:22PM Trayodashi* Until 11:04AM
	432242361	Ganesha: Light Blue <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 6:48PM Nataraja: White Moon – Yellow	Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 12:PM to 3:PM

	Thursday, July 12, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Port Harcourt, Nigeria Sun 13 Sutra 88
	Retreat Star	Gulika 9:32AM – 11:05AM Yama 6:27AM – 7:59AM Rahu 2:10PM – 3:43PM	Ardra Until 5:17PM Dhruva Until 8:12AM Naga Until 3:50AM Fri Chaturdashi* Until 7:33AM
	Mithuna Rasi: 12.48 Tithi 29 – 30	432242361	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM Muruqa: Clear <i>Sunset:</i> 6:48PM Nataraja: White Moon – Yellow
	Routine Work Marana Yoga Until 5:17PM Then Creative Work - Amrita Yoga		Bhuloka Day Devaloka Time: 12:PM to 3:PM

Friday, July 13, 2018	Retreat Star	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 89
	Retreat Star	Gulika 7:59AM – 9:32AM Yama 3:43PM – 5:16PM Rahu 11:05AM – 12:37PM	Punarvasu Until 2:30PM Harshana Until 11:55PM Kintughna Until 1:58PM Prathama* Until 12:05AM Sat
	Mithuna Rasi: 27.57 Tithi 1	442242361	Ganesha: Purple <i>Sunrise:</i> 6:27AM Muruqa: Clear <i>Sunset:</i> 6:48PM Nataraja: White Moon – Blue
	Creative Work Siddha Yoga Until 2:30PM Then Routine Work - Marana Yoga	Partial Solar Eclipse	Bhuloka Day Devaloka Time: 12:PM to 3:PM

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	Gulika 6:27AM – 8:00AM	Pushya Until 11:38AM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Vilamba 5120	
		Yama 2:10PM – 3:43PM	Vajra* Until 7:51PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		442242361 Rahu 9:32AM – 11:05AM	Balava Until 10:16AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 8:28PM	Moon – Blue		Bhuloka Day	
Until 11:38AM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

2		Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthiyam Titau		Port Harcourt, Nigeria Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	Gulika 3:43PM – 5:16PM	Ashlesha* Until 8:51AM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Vilamba 5120	
		Yama 12:38PM – 2:10PM	Siddhi Until 4:02PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		442242361 Rahu 5:16PM – 6:48PM	Taitila Until 6:46AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:07PM	Moon – Blue		Bhuloka Day	
Until 8:51AM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

3		Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	Gulika 2:10PM – 3:43PM	Magha* Until 6:43AM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Vilamba 5120	
Family Home Evening		Yama 11:05AM – 12:38PM	Vyatipata* Until 12:34PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		453242361 Rahu 8:00AM – 9:33AM	Bava Until 12:57AM Tue	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 2:12PM	Moon – Red		Bhuloka Day	
Until 6:43AM				Ashada*Adi		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

4		Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	Gulika 12:38PM – 2:10PM	Uttaraphalguni Until 3:39AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Vilamba 5120	
		Yama 9:33AM – 11:05AM	Varyan Until 9:31AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		453242362 Rahu 3:43PM – 5:16PM	Kaulava Until 10:53PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 11:49AM	Moon – Red		Devaloka Day	
Until 3:39AM Wed				Ashada*Adi			
Then Routine Work - Marana Yoga							

5		Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	Gulika 11:05AM – 12:38PM	Hasta Until 3:20AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Vilamba 5120	
		Yama 8:00AM – 9:33AM	Parigha* Until 7:01AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		463242362 Rahu 12:38PM – 2:11PM	Gara Until 9:31PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 10:06AM	Moon – Green		Sivaloka Day	
Until 3:20AM Thu				Ashada*Adi			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	Gulika 9:33AM – 11:05AM	Chitra Until 3:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Vilamba 5120	
		Yama 6:28AM – 8:00AM	Siddha Until 3:45AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		463242362 Rahu 2:11PM – 3:43PM	Visli Until 8:52PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 9:05AM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

Retreat Star		Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	Gulika 8:00AM – 9:33AM	Svati Until 4:26AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Vilamba 5120	
		Yama 3:43PM – 5:16PM	Sadhya Until 2:58AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		463242362 Rahu 11:06AM – 12:38PM	Balava Until 8:57PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:48AM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

1		Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Port Harcourt, Nigeria Sun 22 Sutra 97	
Tula Rasi: 20.44	Tithi 9 – 10	Gulika 6:28AM – 8:00AM	Vishakha Until 6:12AM Sun	Ganesha: White	<i>Sunrise:</i> 6:28AM	Vilamba 5120		
		Yama 2:11PM – 3:43PM	Subha Until 2:44AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 14		
		473242362 Rahu 9:33AM – 11:06AM	Taitila Until 9:42PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Navami* Until 9:13AM	Moon – Orange		Devaloka Day		
Until 6:12AM Sun				Ashada*Adi				
Then Routine Work - Marana Yoga								

2		Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Port Harcourt, Nigeria Sun 23 Sutra 98	
Vrischika Rasi: 3.13	Tithi 10 – 11	Gulika 3:43PM – 5:16PM	Vishakha Until 6:12AM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Vilamba 5120		
		Yama 12:38PM – 2:11PM	Sukla Until 2:54AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 14		
		473242362 Rahu 5:16PM – 6:48PM	Vanija Until 11:02PM	Nataraja: Clear		4th Phase		
Routine Work	Marana Yoga		Dashami Until 10:17AM	Moon – Orange		Devaloka Day		
				Ashada*Adi				

3		Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vistit/Bava Karana Ekadashi/Dvadashyam Titau			Port Harcourt, Nigeria Sun 24 Sutra 99	
Vrischika Rasi: 15.28	Tithi 11 – 12	Gulika 2:11PM – 3:43PM	Anuradha Until 8:20AM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Vilamba 5120		
Family Home Evening		Yama 11:06AM – 12:38PM	Brahma Until 3:26AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 14		
		473242362 Rahu 8:01AM – 9:33AM	Bava Until 12:52AM Tue	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Ekadashi Until 11:52AM	Moon – Orange		Devaloka Day		
				Ashada*Adi				

4		Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Port Harcourt, Nigeria Sun 25 Sutra 100	
Vrischika Rasi: 27.32	Tithi 12 – 13	Gulika 12:38PM – 2:11PM	Jyeshtha* Until 10:45AM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Vilamba 5120		
		Yama 9:33AM – 11:06AM	Indra Until 4:16AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 14		
		473242362 Rahu 3:43PM – 5:16PM	Kaulava Until 3:03AM Wed	Nataraja: Clear		4th Phase		
Routine Work	Marana Yoga		Dvadashi Until 1:54PM	Moon – Orange		Devaloka Day		
Until 10:45AM				Ashada*Adi				
Then Creative Work - Amrita Yoga								
				<i>Pradosha Vrata</i>				

5		Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Port Harcourt, Nigeria Sun 26 Sutra 101	
Dhanus Rasi: 9.28	Tithi 13 – 14	Gulika 11:06AM – 12:38PM	Mula* Until 1:48PM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Vilamba 5120		
		Yama 8:01AM – 9:33AM	Vaidhriti* Until 5:15AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 14		
		483342362 Rahu 12:38PM – 2:11PM	Gara Until 5:30AM Thu	Nataraja: Clear		4th Phase		
Routine Work	Marana Yoga		Trayodashi Until 4:14PM	Moon – Light Blue		Sivaloka Day		
Until 1:48PM				Ashada*Adi				
Then Creative Work - Amrita Yoga								

6		Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau			Port Harcourt, Nigeria Sun 27 Sutra 102	
Dhanus Rasi: 21.18	Tithi 14	Gulika 9:33AM – 11:06AM	Purvashadha* Until 4:53PM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Vilamba 5120		
		Yama 6:28AM – 8:01AM	Vishkambha* Until 6:21AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 14		
		483342362 Rahu 2:11PM – 3:43PM	Vanija Until 6:46PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 6:46PM	Moon – Light Blue		Sivaloka Day		
Until 4:53PM				Ashada*Adi				
Then Routine Work - Marana Yoga								

○		Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau			Port Harcourt, Nigeria Sutra 103	
Copper Retreat Star		Gulika 8:01AM – 9:33AM	Uttarashadha Until 7:52PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Vilamba 5120		
Makara Rasi: 3.06	Tithi 15	Yama 3:43PM – 5:16PM	Vishkambha* Until 6:21AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 14		
		483342362 Rahu 11:06AM – 12:38PM	Visti Until 8:05AM	Nataraja: Clear		Purnima		
Routine Work	Marana Yoga		Purnima* Until 9:21PM	Moon – Light Blue		Sivaloka Day		
				Ashada*Adi				
		Total Lunar Eclipse						
		Satguru Purnima						

○		Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau			Port Harcourt, Nigeria Sutra 104	
Silver Retreat Star		Gulika 6:29AM – 8:01AM	Shravana Until 11:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	Vilamba 5120		
Makara Rasi: 14.53	Tithi 16	Yama 2:11PM – 3:43PM	Priti Until 7:29AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 14		
		493342362 Rahu 9:33AM – 11:06AM	Balava Until 10:39AM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga		Prathama* Until 11:53PM	Moon – Purple		Devaloka Day		
				Ashada*Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 26.43 Tithi 17
493342362
Rahu
Routine Work Marana Yoga
Until 2:03AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:43PM - 5:15PM
Yama 12:38PM - 2:11PM
Rahu 5:15PM - 6:48PM

Dhanishtha Until 2:03AM Mon
Ayushman Until 8:29AM
Taitila Until 1:06PM
Dvitiya Until 2:14AM Mon

Ganesha: Blue Sunrise: 6:29AM
Muruga: Clear Sunset: 6:48PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trilyayam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 8.37 Tithi 18
494342362
Rahu
Family Home Evening
Creative Work Siddha Yoga
Until 4:32AM Tue
Then Routine Work - Marana Yoga

Gulika 2:11PM - 3:43PM
Yama 11:06AM - 12:38PM
Rahu 8:01AM - 9:33AM

Shatabhishak Until 4:32AM Tue
Saubhagya Until 9:20AM
Vanija Until 3:19PM
Tritiya Until 4:17AM Tue

Ganesha: Blue Sunrise: 6:29AM
Muruga: Clear Sunset: 6:48PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda*Yoga Bava/Balava Karana Chaturtham Titau

Port Harcourt, Nigeria
Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 20.39 Tithi 19
414342362
Rahu
Routine Work Marana Yoga
Until 6:57AM Wed
Then Creative Work - Siddha Yoga

Gulika 12:38PM - 2:10PM
Yama 9:33AM - 11:06AM
Rahu 3:43PM - 5:15PM

Purvaproshtapada* Until 6:57AM Wed
Sobhana Until 9:58AM
Bava Until 5:11PM
Chaturthi* Until 5:56AM Wed

Ganesha: White Sunrise: 6:29AM
Muruga: Clear Sunset: 6:48PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 2.5 Tithi 20
414342362
Rahu
Creative Work Amrita Yoga
Until 6:57AM
Then Creative Work - Siddha Yoga

Gulika 11:06AM - 12:38PM
Yama 8:01AM - 9:33AM
Rahu 12:38PM - 2:10PM

Purvaproshtapada* Until 6:57AM
Athiganda* Until 10:14AM
Kaulava Until 6:36PM
Panchami Until 7:06AM Thu

Ganesha: White Sunrise: 6:29AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Port Harcourt, Nigeria
Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 15.14 Tithi 20 - 21
414342362
Rahu
Creative Work Siddha Yoga

Gulika 9:33AM - 11:06AM
Yama 6:29AM - 8:01AM
Rahu 2:10PM - 3:43PM

Uttaraproshtapada Until 8:43AM
Sukarma Until 10:07AM
Gara Until 7:29PM
Panchami Until 7:06AM

Ganesha: White Sunrise: 6:29AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 27.53 Tithi 21 - 22
414342362
Rahu
Creative Work Siddha Yoga
Until 9:46AM
Then Creative Work - Amrita Yoga

Gulika 8:01AM - 9:33AM
Yama 3:42PM - 5:15PM
Rahu 11:06AM - 12:38PM

Revati Until 9:46AM
Dhriti Until 9:34AM
Visti Until 7:45PM
Shashthi* Until 7:41AM

Ganesha: White Sunrise: 6:29AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saplamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 10.51 Tithi 22 - 23
424342362
Rahu
Creative Work Siddha Yoga

Gulika 6:29AM - 8:01AM
Yama 2:10PM - 3:42PM
Rahu 9:33AM - 11:06AM

Ashvini Until 10:30AM
Shula* Until 8:28AM
Balava Until 7:21PM
Saptami Until 7:37AM

Ganesha: Clear Sunrise: 6:29AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria
Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 24.1 Tithi 23 - 24
424342362
Rahu
Routine Work Prabalarishta Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Gulika 3:42PM - 5:14PM
Yama 12:38PM - 2:10PM
Rahu 5:14PM - 6:47PM

Bharani Until 10:24AM
Ganda* Until 6:50AM
Taitila Until 6:16PM
Ashtami* Until 6:53AM

Ganesha: Clear Sunrise: 6:29AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 113 Vilamba 5120	
1		Gulika 2:10PM – 3:42PM	Krittika Until 9:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM
Vrishabha Rasi: 7.53	Tithi 25	Yama 11:05AM – 12:38PM	Dhruva Until 1:57AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:46PM
Family Home Evening	424342362	Rahu 8:01AM – 9:33AM	Vanija Until 4:31PM	Nataraja: Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Moon – White	2nd Phase
Until 9:29AM			Dashami Until 3:24AM Tue	Ashada-Adi	Sivaloka Day
Then Creative Work - Amrita Yoga					

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 114 Vilamba 5120	
2		Gulika 12:38PM – 2:10PM	Rohini Until 8:13AM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM
Vrishabha Rasi: 22	Tithi 26	Yama 9:33AM – 11:05AM	Vyaghata* Until 10:47PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM
	434342362	Rahu 3:42PM – 5:14PM	Bava Until 2:10PM	Nataraja: Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga			Moon – Yellow	2nd Phase
Until 8:13AM			Ekadashi* Until 12:46AM Wed	Ashada-Adi	Devaloka Day
Then Creative Work - Siddha Yoga					

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 115 Vilamba 5120	
3		Gulika 11:05AM – 12:37PM	Mrigashira Until 6:16AM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM
Mithuna Rasi: 6.29	Tithi 27	Yama 8:01AM – 9:33AM	Harshana Until 7:13PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM
	434342362	Rahu 12:37PM – 2:10PM	Kaulava Until 11:17AM	Nataraja: Clear	Moon 7 - Phase 16
Creative Work	Siddha Yoga			Moon – Yellow	2nd Phase
			Dvadashi* Until 9:40PM	Ashada-Adi	Devaloka Day

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 116 Vilamba 5120	
4		Gulika 9:33AM – 11:05AM	Punarvasu Until 1:12AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 6:29AM
Mithuna Rasi: 21.19	Tithi 28	Yama 6:29AM – 8:01AM	Vajra* Until 3:21PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM
	444342362	Rahu 2:09PM – 3:42PM	Gara Until 8:00AM	Nataraja: Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga			Moon – Blue	2nd Phase
Until 1:12AM Fri			Trayodashi* Until 6:14PM	Ashada-Adi	Devaloka Day
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 117 Vilamba 5120	
Retreat Star		Gulika 8:01AM – 9:33AM	Pushya Until 10:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:29AM
Kataka Rasi: 6.2	Tithi 29 – 30	Yama 3:41PM – 5:13PM	Siddhi Until 11:18AM	Muruqa: Clear	<i>Sunset:</i> 6:46PM
	444342362	Rahu 11:05AM – 12:37PM	Catuspada Until 12:48AM Sat	Nataraja: Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Moon – Blue	Amavasya
			Chaturdashi* Until 2:37PM	Ashada-Adi	Devaloka Day

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 118 Vilamba 5120	
Retreat Star		Gulika 6:29AM – 8:01AM	Ashlesha* Until 7:25PM	Ganesha: Orange	<i>Sunrise:</i> 6:29AM
Kataka Rasi: 21.28	Tithi 30 – 1	Yama 2:09PM – 3:41PM	Vyatipata* Until 7:12AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM
	445342362	Rahu 9:33AM – 11:05AM	Kintughna Until 9:10PM	Nataraja: Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Moon – Blue	Prathama
Until 7:25PM		Partial Solar Eclipse	Amavasya* Until 10:57AM	Sravana-Adi	Sivaloka Day
Then Creative Work - Amrita Yoga					

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 119 Vilamba 5120	
Simha Rasi: 6.31	Tithi 1 - 2	Gulika 3:41PM - 5:13PM	Magha* Until 4:56PM	Ganesha: Clear	Sunrise: 6:29AM		
		Yama 12:37PM - 2:09PM	Parigha* Until 11:19PM	Muruqa: Clear	Sunset: 6:45PM		Moon 7 - Phase 17
		455342362 Rahu 5:13PM - 6:45PM	Kaulava Until 4:07AM Mon	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 7:24AM	Moon - Red		Sivaloka Day	
Until 4:56PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Trtiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 120 Vilamba 5120	
Simha Rasi: 21.23	Tithi 3	Gulika 2:09PM - 3:41PM	Purvaphalguni Until 2:38PM	Ganesha: Clear	Sunrise: 6:29AM		
Family Home Evening		Yama 11:05AM - 12:37PM	Shiva Until 7:49PM	Muruqa: Clear	Sunset: 6:45PM		Moon 7 - Phase 17
		455342362 Rahu 8:01AM - 9:33AM	Taitila Until 2:39PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 1:16AM Tue	Moon - Red		Sivaloka Day	
				Sravana-Adi			

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 121 Vilamba 5120	
Kanya Rasi: 5.55	Tithi 4	Gulika 12:36PM - 2:08PM	Uttaraphalguni Until 12:42PM	Ganesha: Clear	Sunrise: 6:29AM		
		Yama 9:32AM - 11:04AM	Siddha Until 4:44PM	Muruqa: Clear	Sunset: 6:44PM		Moon 7 - Phase 17
		455342362 Rahu 3:40PM - 5:12PM	Vanija Until 12:03PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:58PM	Moon - Red		Sivaloka Day	
Until 12:42PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 122 Vilamba 5120	
Kanya Rasi: 20.02	Tithi 5	Gulika 11:04AM - 12:36PM	Hasta Until 11:42AM	Ganesha: Purple	Sunrise: 6:28AM		
		Yama 8:00AM - 9:32AM	Sadhya Until 2:12PM	Muruqa: Clear	Sunset: 6:44PM		Moon 7 - Phase 17
		455342362 Rahu 12:36PM - 2:08PM	Bava Until 10:05AM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Panchami Until 9:22PM	Moon - Green		Subha Sivaloka Day	
Until 11:42AM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 123 Vilamba 5120	
Tula Rasi: 3.43	Tithi 6	Gulika 9:32AM - 11:04AM	Chitra Until 11:17AM	Ganesha: Purple	Sunrise: 6:28AM		
		Yama 6:28AM - 8:00AM	Subha Until 12:17PM	Muruqa: Clear	Sunset: 6:44PM		Moon 7 - Phase 17
		455342362 Rahu 2:08PM - 3:40PM	Kaulava Until 8:52AM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:32PM	Moon - Green		Subha Sivaloka Day	
Until 11:17AM				Sravana-Adi			
Then Creative Work - Amrita Yoga							

6 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 124 Vilamba 5120	
Tula Rasi: 16.56	Tithi 7	Gulika 8:00AM - 9:32AM	Svati Until 11:30AM	Ganesha: Clear	Sunrise: 6:28AM		
		Yama 3:40PM - 5:12PM	Sukla Until 11:00AM	Muruqa: Clear	Sunset: 6:44PM		Moon 7 - Phase 17
		565342362 Rahu 11:04AM - 12:36PM	Gara Until 8:26AM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 8:31PM	Moon - Green		Sivaloka Day	
				Sravana-Avani			

D Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 125 Vilamba 5120	
Tula Rasi: 29.45	Tithi 8	Gulika 6:28AM - 8:00AM	Vishakha Until 12:49PM	Ganesha: Purple	Sunrise: 6:28AM		
		Yama 2:08PM - 3:39PM	Brahma Until 10:21AM	Muruqa: Clear	Sunset: 6:43PM		Moon 7 - Phase 17
		575342362 Rahu 9:32AM - 11:04AM	Visti Until 8:50AM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 9:17PM	Moon - Orange		Subha Sivaloka Day	
				Sravana-Avani			

Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 126 Vilamba 5120	
Vrischika Rasi: 12.13	Tithi 9	Gulika 3:39PM - 5:11PM	Anuradha Until 2:42PM	Ganesha: Clear	Sunrise: 6:28AM		
		Yama 12:35PM - 2:07PM	Indra Until 10:18AM	Muruqa: Clear	Sunset: 6:43PM		Moon 7 - Phase 17
		575442362 Rahu 5:11PM - 6:43PM	Balava Until 9:58AM	Nataraja: Clear			Navami
Routine Work	Marana Yoga		Navami* Until 10:45PM	Moon - Orange		Sivaloka Day	
				Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


1		Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Mula* Nakshatra Vaidhriti* Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 127 Vilamba 5120	
Vrischika Rasi: 24.23	Tithi 10	Gulika	2:07PM – 3:39PM	Jyeshtha* Until 5:00PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	
Family Home Evening	575442362	Yama	11:03AM – 12:35PM	Vaidhriti* Until 10:42AM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	Rahu	8:00AM – 9:32AM	Taitila Until 11:44AM	Nataraja: Clear		4th Phase
				Dashami Until 12:47AM Tue	Moon – Orange		Sivaloka Day
					Sravana-Avani		

2		Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 128 Vilamba 5120	
Dhanus Rasi: 6.23	Tithi 11	Gulika	12:35PM – 2:07PM	Mula* Until 8:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	
	586442362	Yama	9:31AM – 11:03AM	Vishkambha* Until 11:29AM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	Rahu	3:39PM – 5:10PM	Vanija Until 1:58PM	Nataraja: Clear		4th Phase
Until 8:02PM				Ekadashi Until 3:11AM Wed	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Avani		

3		Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 129 Vilamba 5120	
Dhanus Rasi: 18.14	Tithi 12	Gulika	11:03AM – 12:35PM	Purvashadha* Until 11:08PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	
	586442362	Yama	7:59AM – 9:31AM	Priti Until 12:31PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	Rahu	12:35PM – 2:06PM	Bava Until 4:29PM	Nataraja: Clear		4th Phase
				Dvadashi Until 5:46AM Thu	Moon – Light Blue		Sivaloka Day
					Sravana-Avani		

4		Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 130 Vilamba 5120	
Makara Rasi: 0.02	Tithi 13	Gulika	9:31AM – 11:03AM	Uttarashadha Until 2:07AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	
	586442362	Yama	6:28AM – 7:59AM	Ayushman Until 1:35PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	Rahu	2:06PM – 3:38PM	Kaulava Until 7:06PM	Nataraja: Clear		4th Phase
				Trayodashi Until 8:22AM Fri	Moon – Light Blue		Sivaloka Day
					Sravana-Avani		
					<i>Pradosha Vrata</i>		

5		Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 131 Vilamba 5120	
Makara Rasi: 11.49	Tithi 13 – 14	Gulika	7:59AM – 9:31AM	Shravana Until 5:19AM Sat	Ganesha: White	<i>Sunrise:</i> 6:27AM	
	596442362	Yama	3:38PM – 5:09PM	Saubhagya Until 2:39PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	Rahu	11:02AM – 12:34PM	Gara Until 9:38PM	Nataraja: Clear		4th Phase
Until 5:19AM Sat				Trayodashi Until 8:22AM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam			Sravana-Avani		

		Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sun 28 Sutra 132 Vilamba 5120	
Copper Retreat Star		Gulika	6:27AM – 7:59AM	Dhanishtha Until 8:07AM Sun	Ganesha: White	<i>Sunrise:</i> 6:27AM	
Makara Rasi: 23.4	Tithi 14 – 15	Yama	2:06PM – 3:37PM	Sobhana Until 3:36PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 18
	596442362	Rahu	9:31AM – 11:02AM	Visti Until 11:58PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 10:49AM	Moon – Purple		Subha Sivaloka Day
		Raksha Bandhan			Sravana-Avani		

Sunday, August 26, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sun 29 Sutra 133 Vilamba 5120	
Kumbha Rasi: 6	Tithi 15 – 16	Gulika	3:37PM – 5:09PM	Dhanishtha Until 8:07AM	Ganesha: White	<i>Sunrise:</i> 6:27AM	
	596442362	Yama	12:34PM – 2:05PM	Athiganda* Until 4:17PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	Rahu	5:09PM – 6:40PM	Balava Until 1:58AM Mon	Nataraja: Clear		Prathama
Until 8:07AM				Purnima* Until 12:59PM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Avani Avittam			Sravana-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018
Gold Retreat Star

Kumbha Rasi: 17.4 Tithi 16 – 17
Family Home Evening
Creative Work Siddha Yoga
Until 10:25AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Sukarna/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 2:05PM – 3:37PM
Yama 11:02AM – 12:33PM
Rahu 7:58AM – 9:30AM

Shatabhishak Until 10:25AM
Sukarna Until 4:43PM
Taitila Until 3:35AM Tue
Prathama* Until 2:48PM

Port Harcourt, Nigeria
Sutra 134
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon – Purple

Subha Sivaloka Day

1

Tuesday, August 28, 2018

Kumbha Rasi: 29.54 Tithi 17 – 18
517452363
Routine Work Marana Yoga
Until 12:39PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Gulika 12:33PM – 2:05PM
Yama 9:30AM – 11:01AM
Rahu 3:36PM – 5:08PM

Purvaprosarthapada* Until 12:39PM
Dhriti Until 4:50PM
Vanija Until 4:46AM Wed
Dvitya Until 4:12PM

Port Harcourt, Nigeria
Sun 1 Sutra 135
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 6:39PM
Nataraja: Purple
Moon – Clear

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Meena Rasi: 12.19 Tithi 18 – 19
517452363
Creative Work Siddha Yoga
Until 2:18PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:01AM – 12:33PM
Yama 7:58AM – 9:30AM
Rahu 12:33PM – 2:04PM

Uttaraprosarthapada Until 2:18PM
Shula* Until 4:34PM
Bava Until 5:30AM Thu
Tritiya Until 5:10PM

Port Harcourt, Nigeria
Sun 2 Sutra 136
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 6:39PM
Nataraja: Purple
Moon – Clear

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Meena Rasi: 24.56 Tithi 19 – 20
517452363
Creative Work Siddha Yoga
Until 3:21PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhi* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:29AM – 11:01AM
Yama 6:26AM – 7:58AM
Rahu 2:04PM – 3:36PM

Revati Until 3:21PM
Ganda* Until 3:58PM
Kaulava Until 5:47AM Fri
Chaturthi* Until 5:41PM

Port Harcourt, Nigeria
Sun 3 Sutra 137
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:39PM
Nataraja: Purple
Moon – Clear

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Mesha Rasi: 7.46 Tithi 20 – 21
527452363
Creative Work Amrita Yoga
Until 4:16PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:58AM – 9:29AM
Yama 3:35PM – 5:07PM
Rahu 11:01AM – 12:32PM

Ashvini Until 4:16PM
Vridhi Until 3:01PM
Gara Until 5:35AM Sat
Panchami Until 5:43PM

Port Harcourt, Nigeria
Sun 4 Sutra 138
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Purple *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:38PM
Nataraja: Purple
Moon – White

Bhuloka Day

5

Saturday, September 1, 2018

Mesha Rasi: 20.5 Tithi 21 – 22
527452363
Creative Work Siddha Yoga
Until 4:32PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 6:26AM – 7:57AM
Yama 2:03PM – 3:35PM
Rahu 9:29AM – 11:00AM

Bharani Until 4:32PM
Dhruva Until 1:40PM
Visti Until 4:53AM Sun
Shashthi* Until 5:17PM

Port Harcourt, Nigeria
Sun 5 Sutra 139
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Purple *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:38PM
Nataraja: Purple
Moon – White

Bhuloka Day

6

Sunday, September 2, 2018

Virshabha Rasi: 4.1 Tithi 22 – 23
527452363
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:34PM – 5:06PM
Yama 12:32PM – 2:03PM
Rahu 5:06PM – 6:37PM

Krittika Until 4:11PM
Vyaghata* Until 11:55AM
Balava Until 3:41AM Mon
Saptami Until 4:20PM

Port Harcourt, Nigeria
Sun 6 Sutra 140
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Purple *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:37PM
Nataraja: Purple
Moon – White

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Virshabha Rasi: 17.47 Tithi 23 – 24
Family Home Evening
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:03PM – 3:34PM
Yama 11:00AM – 12:31PM
Rahu 7:57AM – 9:28AM

Rohini Until 3:36PM
Harshana Until 9:47AM
Taitila Until 2:00AM Tue
Ashtami* Until 2:53PM

Port Harcourt, Nigeria
Sun 7 Sutra 141
Vilamba 5120
Moon 8 - Phase 19
Ashtami

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:37PM
Nataraja: Purple
Moon – Yellow

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Tuesday, September 4, 2018

Retreat Star

Mithuna Rasi: 1.43 Tithi 24 – 25
538452363
Creative Work Siddha Yoga
Until 2:24PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 12:31PM – 2:02PM
Yama 9:28AM – 10:59AM
Rahu 3:34PM – 5:05PM

Mrigashira Until 2:24PM
Vajra* Until 7:12AM
Vanija Until 11:49PM
Navami* Until 12:57PM

Port Harcourt, Nigeria
Sun 8 Sutra 142
Vilamba 5120
Moon 8 - Phase 19
Navami

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 6:36PM
Nataraja: Purple
Moon – Yellow

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.56	Tithi 25 – 26	Gulika	10:59AM – 12:31PM	Ardra Until 12:37PM	Ganesha: White	Sunrise: 6:25AM
			Yama	7:56AM – 9:28AM	Vyatipata* Until 1:00AM Thu	Muruqa: Purple	Sunset: 6:36PM
	Creative Work	Siddha Yoga	538452363 Rahu	12:31PM – 2:02PM	Bava Until 9:13PM	Nataraja: Purple	Moon 8 - Phase 20 2nd Phase
			Dashami Until 10:33AM		Sravana-Avani	Devaloka Day	

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 0.26	Tithi 26 – 27	Gulika	9:28AM – 10:59AM	Punarvasu Until 10:43AM	Ganesha: Yellow	Sunrise: 6:25AM
			Yama	6:25AM – 7:56AM	Variyan Until 9:27PM	Muruqa: Purple	Sunset: 6:36PM
	Creative Work	Amrita Yoga	548452363 Rahu	2:02PM – 3:33PM	Kaulava Until 6:17PM	Nataraja: Purple	Moon 8 - Phase 20 2nd Phase
			Ekadashi* Until 7:46AM		Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 15.1	Tithi 28	Gulika	7:56AM – 9:27AM	Pushya Until 8:24AM	Ganesha: Yellow	Sunrise: 6:25AM
			Yama	3:32PM – 5:04PM	Parigha* Until 5:43PM	Muruqa: Purple	Sunset: 6:35PM
	Routine Work	Marana Yoga	548452363 Rahu	10:59AM – 12:30PM	Gara Until 3:07PM	Nataraja: Purple	Moon 8 - Phase 20 2nd Phase
			Trayodashi* Until 1:28AM Sat		Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM	
<i>Pradosha Vrata (Fasting)</i>							

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 146 Vilamba 5120
	Simha Rasi: 0.01	Tithi 29	Gulika	6:24AM – 7:56AM	Magha* Until 3:28AM Sun	Ganesha: Red	Sunrise: 6:24AM
			Yama	2:01PM – 3:32PM	Shiva Until 1:56PM	Muruqa: Purple	Sunset: 6:35PM
	Creative Work	Amrita Yoga	558452363 Rahu	9:27AM – 10:58AM	Visti Until 11:50AM	Nataraja: Purple	Moon 8 - Phase 20 2nd Phase
			Chaturdashi* Until 10:11PM		Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM	
Until 3:28AM Sun Then Creative Work - Siddha Yoga							

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika	3:32PM – 5:03PM	Purvaphalguni Until 1:08AM Mon	Ganesha: Red	Sunrise: 6:24AM
	Simha Rasi: 14.53	Tithi 30	Yama	12:29PM – 2:00PM	Siddha Until 10:09AM	Muruqa: Purple	Sunset: 6:34PM
	Creative Work	Siddha Yoga	558452363 Rahu	5:03PM – 6:34PM	Catuspada Until 8:35AM	Nataraja: Purple	Moon 8 - Phase 20 Amavasya
			Grandparent's Day	Amavasya* Until 7:00PM	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

Retreat Star	Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.37	Tithi 1 – 2	Gulika	2:00PM – 3:31PM	Uttaraphalguni Until 10:58PM	Ganesha: Blue	Sunrise: 6:24AM
	Family Home Evening		Yama	10:58AM – 12:29PM	Sadhya Until 6:32AM	Muruqa: Purple	Sunset: 6:34PM
	Creative Work	Siddha Yoga	559452363 Rahu	7:55AM – 9:26AM	Balava Until 2:46AM Tue	Nataraja: Purple	Moon 8 - Phase 20 Prathama
			Prathama* Until 4:04PM		Bhadrapada-Avani	Bhuloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Tithi 2 – 3	Gulika 12:28PM – 2:00PM	Hasta Until 9:33PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	
			Yama 9:26AM – 10:57AM	Sukla Until 12:17AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 3:31PM – 5:02PM	Taitila Until 12:31AM Wed	Nataraja: Purple		3rd Phase
			Dvitiya Until 1:34PM	Moon – Green		Bhuloka Day	
				Bhadrapada-Avani			

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Port Harcourt, Nigeria Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 3 – 4	Gulika 10:57AM – 12:28PM	Chitra Until 8:35PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	
			Yama 7:55AM – 9:26AM	Brahma Until 9:53PM	Muruqa: Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 12:28PM – 1:59PM	Vanija Until 10:54PM	Nataraja: Purple		3rd Phase
			Tritiya Until 11:37AM	Moon – Green		Bhuloka Day	
			Ganesha Chaturthi	Bhadrapada-Avani			

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Tithi 4 – 5	Gulika 9:26AM – 10:57AM	Svati Until 8:12PM	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	
			Yama 6:23AM – 7:54AM	Indra Until 8:04PM	Muruqa: Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569552363 Rahu 1:59PM – 3:30PM	Bava Until 10:02PM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 10:21AM	Moon – Green		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Tithi 5 – 6	Gulika 7:54AM – 9:25AM	Vishakha Until 8:56PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	
			Yama 3:30PM – 5:01PM	Vaidhriti* Until 6:53PM	Muruqa: Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 10:56AM – 12:27PM	Kaulava Until 9:59PM	Nataraja: Purple		3rd Phase
			Panchami Until 9:53AM	Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Tithi 6 – 7	Gulika 6:23AM – 7:54AM	Anuradha Until 10:18PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	
			Yama 1:58PM – 3:29PM	Vishkambha* Until 6:22PM	Muruqa: Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 9:25AM – 10:56AM	Gara Until 10:46PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 10:15AM	Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 3:29PM – 5:00PM	Jyeshtha* Until 12:14AM Mon	Ganesha: White	<i>Sunrise:</i> 6:23AM	
	Vrischika Rasi: 20.37	Tithi 7 – 8	Yama 12:27PM – 1:58PM	Priti Until 6:27PM	Muruqa: Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	579552363 Rahu 5:00PM – 6:31PM	Visti Until 12:17AM Mon	Nataraja: Purple		Ashtami
			Saptami Until 11:25AM	Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:57PM – 3:28PM	Mula* Until 3:04AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	
	Dhanus Rasi: 2.49	Tithi 8 – 9	Yama 10:55AM – 12:26PM	Ayushman Until 6:59PM	Muruqa: Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 21
	Family Home Evening		589552363 Rahu 7:53AM – 9:24AM	Balava Until 2:24AM Tue	Nataraja: Purple		Navami
			Ashtami* Until 1:16PM	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 156 Vilamba 5120
	Dhanus Rasi: 14.46	Tithi 9 – 10	Gulika 12:26PM – 1:57PM	Purvashadha* Until 6:06AM Wed	Ganesha: Clear <i>Sunrise: 6:22AM</i>	Muruqa: Purple <i>Sunset: 6:30PM</i>	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga Until 6:06AM Wed Then Creative Work - Amrita Yoga	581552363	Rahu 3:28PM – 4:59PM	Saubhagya Until 7:52PM Taitila Until 4:54AM Wed Navami* Until 3:36PM	Nataraja: Purple Moon – Light Blue	Bhuloka Day Devaloka Time: 9:AM to12:PM	

2	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 26.37	Tithi 10	Gulika 10:55AM – 12:26PM	Purvashadha* Until 6:06AM	Ganesha: Clear <i>Sunrise: 6:22AM</i>	Muruqa: Purple <i>Sunset: 6:29PM</i>	Moon 8 - Phase 22 4th Phase
	Creative Work Amrita Yoga	581552363	Rahu 12:26PM – 1:57PM	Sobhana Until 8:56PM Gara Until 6:12PM Dashami Until 6:12PM	Nataraja: Purple Moon – Light Blue	Bhuloka Day Devaloka Time: 9:AM to12:PM	

3	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 8.24	Tithi 11	Gulika 9:23AM – 10:54AM	Uttarashadha Until 9:04AM	Ganesha: Clear <i>Sunrise: 6:22AM</i>	Muruqa: Purple <i>Sunset: 6:29PM</i>	Moon 8 - Phase 22 4th Phase
	Routine Work Marana Yoga Until 9:04AM Then Creative Work - Siddha Yoga	581552363	Rahu 1:56PM – 3:27PM	Athiganda* Until 9:58PM Vanija Until 7:32AM Ekadashi Until 8:48PM	Nataraja: Purple Moon – Light Blue	Bhuloka Day Devaloka Time: 9:AM to12:PM	

4	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 20.13	Tithi 12	Gulika 7:52AM – 9:23AM	Shravana Until 12:16PM	Ganesha: Purple <i>Sunrise: 6:21AM</i>	Muruqa: Purple <i>Sunset: 6:28PM</i>	Moon 8 - Phase 22 4th Phase
	Routine Work Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga	591552363	Rahu 10:54AM – 12:25PM	Sukarma Until 10:51PM Bava Until 10:04AM Dvadashi Until 11:13PM	Nataraja: Purple Moon – Purple	Devaloka Day	

5	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 160 Vilamba 5120
	Kumbha Rasi: 2.08	Tithi 13	Gulika 6:21AM – 7:52AM	Dhanishtha Until 3:01PM	Ganesha: Purple <i>Sunrise: 6:21AM</i>	Muruqa: Purple <i>Sunset: 6:28PM</i>	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga Until 3:01PM Then Creative Work - Amrita Yoga	591552363	Rahu 9:23AM – 10:54AM	Dhriti Until 11:28PM Kaulava Until 12:19PM Trayodashi Until 1:16AM Sun <i>Pradosha Vrata</i>	Nataraja: Purple Moon – Purple	Devaloka Day	

6	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 14.13	Tithi 14	Gulika 3:26PM – 4:57PM	Shatabhishak Until 5:11PM	Ganesha: Purple <i>Sunrise: 6:21AM</i>	Muruqa: Purple <i>Sunset: 6:27PM</i>	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga	591552363	Rahu 4:57PM – 6:27PM	Shula* Until 11:42PM Gara Until 2:09PM Chaturdashi* Until 2:51AM Mon	Nataraja: Purple Moon – Purple	Devaloka Day	

Chidambaram Abhishekam
Kadaitswami Mahasamadhi

O	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sutra 162 Vilamba 5120
	Copper Retreat Star		Gulika 1:55PM – 3:25PM	Purvaproshtapada* Until 7:11PM	Ganesha: Purple <i>Sunrise: 6:21AM</i>	Muruqa: Purple <i>Sunset: 6:27PM</i>	Moon 8 - Phase 22 Purnima
	Kumbha Rasi: 26.29	Tithi 15	Rahu 7:52AM – 9:22AM	Ganda* Until 11:34PM Visti Until 3:28PM Purnima* Until 3:55AM Tue	Nataraja: Purple Moon – Clear	Devaloka Day	

Family Home Evening
Routine Work Marana Yoga
Until 7:11PM
Then Creative Work - Siddha Yoga

O	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sutra 163 Vilamba 5120
	Silver Retreat Star		Gulika 12:24PM – 1:54PM	Uttaraproshtapada Until 8:31PM	Ganesha: Purple <i>Sunrise: 6:21AM</i>	Muruqa: Purple <i>Sunset: 6:27PM</i>	Moon 8 - Phase 22 Prathama
	Meena Rasi: 8.59	Tithi 16	Rahu 3:25PM – 4:56PM	Vriddhi Until 11:02PM Balava Until 4:16PM Prathama* Until 4:28AM Wed	Nataraja: Purple Moon – Clear	Devaloka Day	

Creative Work Amrita Yoga
Until 8:31PM
Then Creative Work - Siddha Yoga



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria
Sutra 164

Meena Rasi: 21.43 Tithi 17

511552363 **Gulika** 10:52AM – 12:23PM
Yama 7:51AM – 9:22AM
Rahu 12:23PM – 1:54PM

Revati Until 9:14PM

Dhruva Until 10:06PM

Taitila Until 4:35PM

Dvitiya Until 4:33AM Thu

Ganesha: Purple *Sunrise:* 6:20AM

Muruqa: Purple *Sunset:* 6:26PM

Nataraja: Purple

Moon – Clear

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Vilamba 5120
Moon 9 - Phase 23
1st Phase

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trityayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 165

Mesha Rasi: 4.4 Tithi 18

521552363 **Gulika** 9:21AM – 10:52AM
Yama 6:20AM – 7:51AM
Rahu 1:54PM – 3:24PM

Ashvini Until 9:50PM

Vyaghata* Until 8:51PM

Vanija Until 4:28PM

Tritiya Until 4:14AM Fri

Ganesha: Clear *Sunrise:* 6:20AM

Muruqa: Purple *Sunset:* 6:26PM

Nataraja: Purple

Moon – White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

Vilamba 5120
Moon 9 - Phase 23
1st Phase

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 166

Mesha Rasi: 17.49 Tithi 19

622552363 **Gulika** 7:51AM – 9:21AM
Yama 3:24PM – 4:55PM
Rahu 10:52AM – 12:23PM

Bharani Until 9:55PM

Harshana Until 7:19PM

Bava Until 3:57PM

Chaturthi* Until 3:33AM Sat

Ganesha: Clear *Sunrise:* 6:20AM

Muruqa: Purple *Sunset:* 6:25PM

Nataraja: Purple

Moon – White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Vilamba 5120
Moon 9 - Phase 23
1st Phase

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 167

Vrishabha Rasi: 1.1 Tithi 20

622552363 **Gulika** 6:20AM – 7:50AM
Yama 1:53PM – 3:23PM
Rahu 9:21AM – 10:52AM

Krittika Until 9:32PM

Vajra* Until 5:29PM

Kaulava Until 3:06PM

Panchami Until 2:33AM Sun

Ganesha: Clear *Sunrise:* 6:20AM

Muruqa: Purple *Sunset:* 6:25PM

Nataraja: Purple

Moon – White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Vilamba 5120
Moon 9 - Phase 23
1st Phase

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 168

Vrishabha Rasi: 14.41 Tithi 21

632552363 **Gulika** 3:23PM – 4:54PM
Yama 12:22PM – 1:52PM
Rahu 4:54PM – 6:24PM

Rohini Until 9:09PM

Siddhi Until 3:26PM

Gara Until 1:57PM

Shashthi* Until 1:15AM Mon

Ganesha: Purple *Sunrise:* 6:19AM

Muruqa: Purple *Sunset:* 6:24PM

Nataraja: Purple

Moon – Yellow

Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Vilamba 5120
Moon 9 - Phase 23
1st Phase

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 169

Vrishabha Rasi: 28.23 Tithi 22

632552363 **Gulika** 1:52PM – 3:23PM
Yama 10:51AM – 12:22PM
Rahu 7:50AM – 9:20AM

Mrigashira Until 8:21PM

Vyatipata* Until 1:09PM

Visti Until 12:31PM

Saptami Until 11:40PM

Ganesha: Purple *Sunrise:* 6:19AM

Muruqa: Purple *Sunset:* 6:24PM

Nataraja: Purple

Moon – Yellow

Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Vilamba 5120
Moon 9 - Phase 23
1st Phase

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 170

Mithuna Rasi: 12.15 Tithi 23

632552363 **Gulika** 12:21PM – 1:52PM
Yama 9:20AM – 10:51AM
Rahu 3:22PM – 4:53PM

Ardra Until 7:07PM

Variyan Until 10:38AM

Balava Until 10:48AM

Ashtami* Until 9:49PM

Ganesha: Purple *Sunrise:* 6:19AM

Muruqa: Purple *Sunset:* 6:23PM

Nataraja: Purple

Moon – Yellow

Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Vilamba 5120
Moon 9 - Phase 23
Ashtami

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 171

Mithuna Rasi: 26.17 Tithi 24

642552363 **Gulika** 10:50AM – 12:21PM
Yama 7:49AM – 9:20AM
Rahu 12:21PM – 1:51PM

Punarvasu Until 5:54PM

Parigha* Until 7:54AM

Taitila Until 8:49AM

Navami* Until 7:42PM

Ganesha: Clear *Sunrise:* 6:19AM

Muruqa: Purple *Sunset:* 6:23PM

Nataraja: Purple

Moon – Blue

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Vilamba 5120
Moon 9 - Phase 23
Navami

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 10.3	Tithi 25 – 26	Gulika 9:20AM – 10:50AM	Pushya Until 4:19PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Muruqa: Purple	<i>Sunset:</i> 6:23PM
		Yama 6:19AM – 7:49AM	Siddha Until 1:50AM Fri	Nataraja: Purple		Moon 9 - Phase 24	
		642552363 Rahu 1:51PM – 3:22PM	Vanija Until 6:35AM	Moon – Blue		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 5:21PM	Bhuloka Day			
Until 4:19PM				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.51	Tithi 26 – 27	Gulika 7:49AM – 9:19AM	Ashlesha* Until 2:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Muruqa: Purple	<i>Sunset:</i> 6:22PM
		Yama 3:21PM – 4:52PM	Sadhya Until 10:36PM	Nataraja: Purple		Moon 9 - Phase 24	
		642552363 Rahu 10:50AM – 12:20PM	Kaulava Until 1:32AM Sat	Moon – Blue		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 2:49PM	Bhuloka Day			
				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 9.18	Tithi 27 – 28	Gulika 6:18AM – 7:49AM	Magha* Until 12:40PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Muruqa: Purple	<i>Sunset:</i> 6:22PM
		Yama 1:50PM – 3:21PM	Subha Until 7:18PM	Nataraja: Purple		Moon 9 - Phase 24	
		652552363 Rahu 9:19AM – 10:50AM	Gara Until 10:53PM	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 12:11PM	Bhuloka Day			
Until 12:40PM				Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.47	Tithi 28 – 29	Gulika 3:20PM – 4:51PM	Purvaphalguni Until 10:47AM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Muruqa: Purple	<i>Sunset:</i> 6:21PM
		Yama 12:20PM – 1:50PM	Sukla Until 4:01PM	Nataraja: Purple		Moon 9 - Phase 24	
		652552363 Rahu 4:51PM – 6:21PM	Visti Until 8:17PM	Moon – Red		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 9:33AM	Bhuloka Day			
Until 10:47AM				Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga							

Monday, October 8, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 12 Sutra 176 Vilamba 5120	
Kanya Rasi: 8.11	Tithi 29 – 30	Gulika 1:50PM – 3:20PM	Uttaraphalguni Until 8:53AM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Muruqa: Purple	<i>Sunset:</i> 6:21PM
Family Home Evening		Yama 10:49AM – 12:19PM	Brahma Until 12:52PM	Nataraja: Clear		Moon 9 - Phase 24	
		652552364 Rahu 7:48AM – 9:19AM	Naga Until 4:46AM Tue	Moon – Red		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:02AM	Bhuloka Day			
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM	

Tuesday, October 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 22.25	Tithi 1	Gulika 12:19PM – 1:49PM	Hasta Until 7:32AM	Ganesha: Red	<i>Sunrise:</i> 6:18AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM
		Yama 9:18AM – 10:49AM	Indra Until 9:59AM	Nataraja: Clear		Moon 9 - Phase 24	
		662652364 Rahu 3:20PM – 4:50PM	Kintughna Until 3:48PM	Moon – Green		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:54AM Wed	Devaloka Day			
		Navaratri Begins		Ashvina•Puratasi			

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Port Harcourt, Nigeria Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 6.23	Tithi 2	Gulika 10:49AM – 12:19PM	Chitra Until 6:28AM	Ganesha: Red <i>Sunrise:</i> 6:18AM	
			Yama 7:48AM – 9:18AM	Vaidhriti* Until 7:25AM	Muruqa: Purple <i>Sunset:</i> 6:20PM	Moon 9 - Phase 25
	662652364	Rahu 12:19PM – 1:49PM		Balava Until 2:12PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 1:36AM Thu	Moon – Green	Devaloka Day	
				Ashvina+Puratasi		

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau			Port Harcourt, Nigeria Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 20.01	Tithi 3	Gulika 9:18AM – 10:48AM	Vishakha Until 6:08AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:17AM	
			Yama 6:17AM – 7:48AM	Priti Until 3:47AM Fri	Muruqa: Purple <i>Sunset:</i> 6:20PM	Moon 9 - Phase 25
	672652364	Rahu 1:49PM – 3:19PM		Taitila Until 1:12PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:57AM Fri	Moon – Orange	Devaloka Day	
				Ashvina+Puratasi		

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau			Port Harcourt, Nigeria Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 3.15	Tithi 4	Gulika 7:48AM – 9:18AM	Vishakha Until 6:08AM	Ganesha: White <i>Sunrise:</i> 6:17AM	
			Yama 3:19PM – 4:49PM	Ayushman Until 2:49AM Sat	Muruqa: Purple <i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
	673652364	Rahu 10:48AM – 12:18PM		Vanija Until 12:56PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:04AM Sat	Moon – Orange	Bhuloka Day	
				Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau			Port Harcourt, Nigeria Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 16.06	Tithi 5	Gulika 6:17AM – 7:47AM	Anuradha Until 7:03AM	Ganesha: White <i>Sunrise:</i> 6:17AM	
			Yama 1:48PM – 3:19PM	Saubhagya Until 2:28AM Sun	Muruqa: Purple <i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
	673652364	Rahu 9:18AM – 10:48AM		Bava Until 1:27PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:58AM Sun	Moon – Orange	Bhuloka Day	
				Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau			Port Harcourt, Nigeria Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 28.35	Tithi 6	Gulika 3:18PM – 4:48PM	Jyeshtha* Until 8:33AM	Ganesha: White <i>Sunrise:</i> 6:17AM	
			Yama 12:18PM – 1:48PM	Sobhana Until 2:41AM Mon	Muruqa: Purple <i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
	673652364	Rahu 4:48PM – 6:19PM		Kaulava Until 2:43PM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 3:36AM Mon	Moon – Orange	Bhuloka Day	
Until 8:33AM				Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau			Port Harcourt, Nigeria Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 10.47	Tithi 7	Gulika 1:48PM – 3:18PM	Mula* Until 11:03AM	Ganesha: Clear <i>Sunrise:</i> 6:17AM	
	Family Home Evening		Yama 10:47AM – 12:18PM	Athiganda* Until 3:19AM Tue	Muruqa: Purple <i>Sunset:</i> 6:18PM	Moon 9 - Phase 25
	683652364	Rahu 7:47AM – 9:17AM		Gara Until 4:40PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:49AM Tue	Moon – Light Blue	Devaloka Day	
Until 11:03AM				Ashvina+Puratasi		
Then Routine Work - Marana Yoga						

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau			Port Harcourt, Nigeria Sun 20 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 12:17PM – 1:48PM	Purvashadha* Until 1:54PM	Ganesha: Clear <i>Sunrise:</i> 6:17AM	
	Dhanus Rasi: 22.45	Tithi 8	Yama 9:17AM – 10:47AM	Sukarma Until 4:15AM Wed	Muruqa: Purple <i>Sunset:</i> 6:18PM	Moon 9 - Phase 25
	683652364	Rahu 3:18PM – 4:48PM		Visti Until 7:05PM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:23AM Wed	Moon – Light Blue	Devaloka Day	
Until 1:54PM		Durga Ashtami		Ashvina+Puratasi		
Then Routine Work - Prabalarishta Yoga						

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Port Harcourt, Nigeria Sun 21 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 10:47AM – 12:17PM	Uttarashadha Until 4:49PM	Ganesha: Clear <i>Sunrise:</i> 6:17AM	
	Makara Rasi: 4.35	Tithi 8 – 9	Yama 7:47AM – 9:17AM	Dhriti Until 5:17AM Thu	Muruqa: Purple <i>Sunset:</i> 6:18PM	Moon 9 - Phase 25
	683652364	Rahu 12:17PM – 1:47PM		Balava Until 9:44PM	Nataraja: Clear	Navami
Creative Work	Amrita Yoga		Ashtami* Until 8:23AM	Moon – Light Blue	Devaloka Day	
Until 4:49PM		Saraswathi Puja (Tamil Nadu)		Ashvina+Purasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 186 Vilamba 5120	
	Makara Rasi: 16.23	Tithi 9 – 10	Gulika 9:17AM – 10:47AM	Shravana Until 8:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		
			Yama 6:17AM – 7:47AM	Shula* Until 6:12AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 26	
		693652364	Rahu 1:47PM – 3:17PM	Taitila Until 12:20AM Fri	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Vijaya Dasami		Navami* Until 11:02AM		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 187 Vilamba 5120	
	Makara Rasi: 28.14	Tithi 10 – 11	Gulika 7:47AM – 9:17AM	Dhanishtha Until 10:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		
			Yama 3:17PM – 4:47PM	Shula* Until 6:12AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 26	
		693652364	Rahu 10:47AM – 12:17PM	Vanija Until 2:37AM Sat	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Dashami Until 1:30PM		Ashvina•Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 188 Vilamba 5120	
	Kumbha Rasi: 10.13	Tithi 11 – 12	Gulika 6:17AM – 7:47AM	Shatabhishak Until 1:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		
			Yama 1:47PM – 3:17PM	Ganda* Until 6:52AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 26	
		693652364	Rahu 9:17AM – 10:47AM	Bava Until 4:25AM Sun	Nataraja: Clear		4th Phase	
Creative Work Amrita Yoga		Ekadashi Until 3:34PM		Ashvina•Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 189 Vilamba 5120	
	Kumbha Rasi: 22.23	Tithi 12 – 13	Gulika 3:16PM – 4:46PM	Purvaproshtapada* Until 3:07AM Mon	Ganesha: White	<i>Sunrise:</i> 6:16AM		
			Yama 12:16PM – 1:46PM	Vridhhi Until 7:09AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 9 - Phase 26	
		613652364	Rahu 4:46PM – 6:16PM	Kaulava Until 5:36AM Mon	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Dvadashi Until 5:04PM		Ashvina•Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

Pradosha Vrata

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 190 Vilamba 5120	
	Meena Rasi: 4.5	Tithi 13 – 14	Gulika 1:46PM – 3:16PM	Uttaraproshtapada Until 4:19AM Tue	Ganesha: White	<i>Sunrise:</i> 6:16AM		
	Family Home Evening		Yama 10:46AM – 12:16PM	Dhruva Until 6:56AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 9 - Phase 26	
		613652364	Rahu 7:46AM – 9:16AM	Gara Until 6:08AM Tue	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Trayodashi Until 5:56PM		Ashvina•Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

6	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 191 Vilamba 5120	
	Meena Rasi: 17.34	Tithi 14	Gulika 12:16PM – 1:46PM	Revati Until 4:44AM Wed	Ganesha: White	<i>Sunrise:</i> 6:16AM		
			Yama 9:16AM – 10:46AM	Vyaghata* Until 6:14AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 9 - Phase 26	
		613652364	Rahu 3:16PM – 4:46PM	Gara Until 6:08AM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Chaturdashi* Until 6:09PM		Ashvina•Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

○	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sutra 192 Vilamba 5120	
	Copper Retreat Star		Gulika 10:46AM – 12:16PM	Ashvini Until 4:56AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		
	Mesha Rasi: 0.35	Tithi 15 – 16	Yama 7:46AM – 9:16AM	Vajra* Until 3:25AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 9 - Phase 26	
		623652364	Rahu 12:16PM – 1:46PM	Visti Until 6:04AM	Nataraja: Clear		Purnima	
Routine Work Marana Yoga		Purnima* Until 5:47PM		Ashvina•Aipasi		Devaloka Day		

○	Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sutra 193 Vilamba 5120	
	Silver Retreat Star		Gulika 9:16AM – 10:46AM	Bharani Until 4:32AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		
	Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:16AM – 7:46AM	Siddhi Until 1:27AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 9 - Phase 26	
		623652364	Rahu 1:46PM – 3:16PM	Taitila Until 4:21AM Fri	Nataraja: Clear		Prathama	
Creative Work Siddha Yoga		Prathama* Until 4:56PM		Ashvina•Aipasi		Devaloka Day		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyalipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 27.29 Tithi 17 - 18

624652364

Gulika 7:46AM - 9:16AM
Yama 3:16PM - 4:45PM
Rahu 10:46AM - 12:16PM

Krittika Until 3:40AM Sat
Vyatipata* Until 11:11PM
Vanija Until 2:56AM Sat
Dvitiya Until 3:40PM

Ganesha: White *Sunrise:* 6:16AM

Muruqa: Purple *Sunset:* 6:15PM

Nataraja: Clear
Moon - White

Sivaloka Day

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 11.15 Tithi 18 - 19

634652364

Gulika 6:16AM - 7:46AM
Yama 1:46PM - 3:15PM
Rahu 9:16AM - 10:46AM

Rohini Until 2:50AM Sun
Variyan Until 8:42PM
Bava Until 1:17AM Sun
Tritiya Until 2:07PM

Ganesha: Clear *Sunrise:* 6:16AM

Muruqa: Purple *Sunset:* 6:15PM

Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 25.1 Tithi 19 - 20

634652364

Gulika 3:15PM - 4:45PM
Yama 12:16PM - 1:45PM
Rahu 4:45PM - 6:15PM

Mrigashira Until 1:44AM Mon
Parigha* Until 6:06PM
Kaulava Until 11:29PM
Chaturthi* Until 12:23PM

Ganesha: Clear *Sunrise:* 6:16AM

Muruqa: Purple *Sunset:* 6:15PM

Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 9.09 Tithi 20 - 21

634652364

Gulika 1:45PM - 3:15PM
Yama 10:46AM - 12:16PM
Rahu 7:46AM - 9:16AM

Ardra Until 12:23AM Tue
Shiva Until 3:25PM
Gara Until 9:35PM
Panchami Until 10:31AM

Ganesha: Clear *Sunrise:* 6:16AM

Muruqa: Purple *Sunset:* 6:15PM

Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 23.11 Tithi 21 - 22

644662364

Gulika 12:15PM - 1:45PM
Yama 9:16AM - 10:46AM
Rahu 3:15PM - 4:45PM

Punarvasu Until 11:17PM
Siddha Until 12:40PM
Visti Until 7:38PM
Shashthi* Until 8:36AM

Ganesha: Purple *Sunrise:* 6:16AM

Muruqa: Purple *Sunset:* 6:15PM

Nataraja: Clear
Moon - Blue

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 7.15 Tithi 22 - 23

644662364

Gulika 10:46AM - 12:15PM
Yama 7:46AM - 9:16AM
Rahu 12:15PM - 1:45PM

Pushya Until 10:01PM
Sadhya Until 9:55AM
Kaulava Until 4:39AM Thu
Saptami Until 6:38AM

Ganesha: Purple *Sunrise:* 6:16AM

Muruqa: Clear *Sunset:* 6:14PM

Nataraja: Clear
Moon - Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 21.2 Tithi 24

644662364

Gulika 9:16AM - 10:46AM
Yama 6:17AM - 7:46AM
Rahu 1:45PM - 3:15PM

Ashlesha* Until 8:36PM
Subha Until 7:09AM
Taitila Until 3:41PM
Navami* Until 2:40AM Fri

Ganesha: Purple *Sunrise:* 6:17AM

Muruqa: Clear *Sunset:* 6:14PM

Nataraja: Clear
Moon - Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Simha Rasi: 5.25	Tithi 25	Gulika 7:46AM – 9:16AM Yama 3:15PM – 4:44PM Rahu 10:46AM – 12:15PM	Magha* Until 7:29PM Brahma Until 1:34AM Sat Vanija Until 1:42PM Dashami Until 12:42AM Sat	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:17AM Sunset: 6:14PM	Sivaloka Day	
Routine Work Marana Yoga Until 7:29PM Then Creative Work - Siddha Yoga							
2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Simha Rasi: 19.29	Tithi 26	Gulika 6:17AM – 7:46AM Yama 1:45PM – 3:15PM Rahu 9:16AM – 10:46AM	Purvaphalguni Until 6:14PM Indra Until 10:51PM Bava Until 11:45AM Ekadashi* Until 10:46PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:17AM Sunset: 6:14PM	Devaloka Day	
Creative Work Siddha Yoga Until 6:14PM Then Routine Work - Marana Yoga							
3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Kanya Rasi: 3.31	Tithi 27	Gulika 3:15PM – 4:44PM Yama 12:15PM – 1:45PM Rahu 4:44PM – 6:14PM	Uttaraphalguni Until 4:57PM Vaidhriti* Until 8:11PM Kaulava Until 9:52AM Dvadashi* Until 8:57PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:17AM Sunset: 6:14PM	Devaloka Day	
Creative Work Amrita Yoga							
4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Kanya Rasi: 17.29	Tithi 28	Gulika 1:45PM – 3:15PM Yama 10:46AM – 12:15PM Rahu 7:47AM – 9:16AM	Hasta Until 4:07PM Vishkambha* Until 5:40PM Gara Until 8:07AM Trayodashi* Until 7:19PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 6:17AM Sunset: 6:14PM	Devaloka Day	
Family Home Evening Creative Work Siddha Yoga Until 4:07PM Then Routine Work - Prabaralarishta Yoga							
5		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Tula Rasi: 1.17	Tithi 29 – 30	Gulika 12:15PM – 1:45PM Yama 9:16AM – 10:46AM Rahu 3:15PM – 4:44PM	Chitra Until 3:24PM Priti Until 3:24PM Visti Until 6:37AM Chaturdashi* Until 5:58PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 6:17AM Sunset: 6:14PM	Devaloka Day	
Creative Work Siddha Yoga		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day					
6		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Amavasya	
Tula Rasi: 14.54	Tithi 30 – 1	Gulika 10:46AM – 12:15PM Yama 7:47AM – 9:16AM Rahu 12:15PM – 1:45PM	Svati Until 2:56PM Ayushman Until 1:25PM Kintughna Until 4:46AM Thu Amavasya* Until 5:02PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 6:17AM Sunset: 6:14PM	Sivaloka Day	
Creative Work Siddha Yoga							
7		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 207 Vilamba 5120 Moon 10 - Phase 28 Prathama	
Tula Rasi: 28.15	Tithi 1 – 2	Gulika 9:16AM – 10:46AM Yama 6:17AM – 7:47AM Rahu 1:45PM – 3:15PM	Vishakha Until 3:16PM Saubhagya Until 11:50AM Balava Until 4:39AM Fri Prathama* Until 4:37PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:17AM Sunset: 6:14PM	Sivaloka Day	
Creative Work Siddha Yoga		Skanda Shasthi Begins					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 18	Tithi 9 – 10	Gulika 6:19AM – 7:49AM	Shatabhishak Until 9:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM				
		Yama 1:46PM – 3:15PM	Vyaghata* Until 2:29PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM				Moon 10 - Phase 30
		796762365 Rahu 9:18AM – 10:47AM	Taitila Until 8:23PM	Nataraja: White					4th Phase
Creative Work	Amrita Yoga		Navami* Until 7:27AM	Moon – Purple				Devaloka Day	
Until 9:47AM				Karttika-Karttikai					
Then Routine Work - Marana Yoga									

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 217 Vilamba 5120	
Meena Rasi: 0.13	Tithi 10 – 11	Gulika 3:16PM – 4:45PM	Purvaproshtapada* Until 12:02PM	Ganesha: Red	<i>Sunrise:</i> 6:20AM				
		Yama 12:17PM – 1:46PM	Harshana Until 2:32PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM				Moon 10 - Phase 30
		716762365 Rahu 4:45PM – 6:14PM	Vanija Until 9:41PM	Nataraja: White					4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:06AM	Moon – Clear				Devaloka Day	
Until 12:02PM				Karttika-Karttikai					
Then Creative Work - Amrita Yoga									

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 12.43	Tithi 11 – 12	Gulika 1:46PM – 3:16PM	Uttaraproshtapada Until 1:25PM	Ganesha: Red	<i>Sunrise:</i> 6:20AM				
Family Home Evening		Yama 10:48AM – 12:17PM	Vajra* Until 2:00PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM				Moon 10 - Phase 30
		716762365 Rahu 7:49AM – 9:18AM	Bava Until 10:15PM	Nataraja: White					4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:02AM	Moon – Clear				Devaloka Day	
				Karttika-Karttikai					

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 25.34	Tithi 12 – 13	Gulika 12:17PM – 1:47PM	Revati Until 1:56PM	Ganesha: Red	<i>Sunrise:</i> 6:20AM				
		Yama 9:19AM – 10:48AM	Siddhi Until 12:53PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM				Moon 10 - Phase 30
		716762365 Rahu 3:16PM – 4:45PM	Kaulava Until 10:03PM	Nataraja: White					4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:13AM	Moon – Clear				Devaloka Day	
				Karttika-Karttikai					
				<i>Pradosha Vrata</i>					

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 8.48	Tithi 13 – 14	Gulika 10:48AM – 12:18PM	Ashvini Until 2:03PM	Ganesha: Blue	<i>Sunrise:</i> 6:20AM				
		Yama 7:50AM – 9:19AM	Vyatipata* Until 11:13AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM				Moon 10 - Phase 30
		726762365 Rahu 12:18PM – 1:47PM	Gara Until 9:10PM	Nataraja: White					4th Phase
Routine Work	Marana Yoga		Trayodashi Until 9:40AM	Moon – White				Bhuloka Day	
Until 2:03PM				Karttika-Karttikai				Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sutra 221 Vilamba 5120	
Copper Retreat Star		Gulika 9:19AM – 10:49AM	Bharani Until 1:23PM	Ganesha: Blue	<i>Sunrise:</i> 6:21AM				
Mesha Rasi: 22.24	Tithi 14 – 15	Yama 6:21AM – 7:50AM	Variyan Until 9:01AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM				Moon 10 - Phase 30
		726762365 Rahu 1:47PM – 3:16PM	Visti Until 7:40PM	Nataraja: White					Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:28AM	Moon – White				Bhuloka Day	
Until 1:23PM		Krittika Deepam		Karttika-Karttikai				Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sutra 222 Vilamba 5120	
Silver Retreat Star		Gulika 7:50AM – 9:20AM	Krittika Until 12:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:21AM				
Vrishabha Rasi: 6.2	Tithi 15 – 16	Yama 3:17PM – 4:46PM	Parigha* Until 6:25AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM				Moon 10 - Phase 30
		726762365 Rahu 10:49AM – 12:18PM	Kaulava Until 4:34AM Sat	Nataraja: White					Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:43AM	Moon – White				Bhuloka Day	
Until 12:05PM		Vinayaga Viratam Begins		Karttika-Karttikai				Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 20.31 Tithi 17

737762365

Gulika

6:21AM - 7:51AM

Yama

1:48PM - 3:17PM

Rahu

9:20AM - 10:49AM

Rohini Until 10:42AM

Siddha Until 12:19AM Sun

Taitila Until 3:25PM

Dvitiya Until 2:10AM Sun

Ganesha: Red

Sunrise: 6:21AM

Muruqa: Clear

Sunset: 6:15PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.53 Tithi 18

737762365

Gulika

3:17PM - 4:46PM

Yama

12:19PM - 1:48PM

Rahu

4:46PM - 6:16PM

Mrigashira Until 8:56AM

Sadhya Until 9:02PM

Vanija Until 12:55PM

Tritiya Until 11:37PM

Ganesha: Red

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 6:16PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturtham Titau

Port Harcourt, Nigeria

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 19.2 Tithi 19

737762365

Gulika

1:48PM - 3:17PM

Yama

10:50AM - 12:19PM

Rahu

7:51AM - 9:21AM

Ardra Until 6:57AM

Subha Until 5:45PM

Bava Until 10:21AM

Chaturthi* Until 9:04PM

Ganesha: Red

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 6:16PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.46 Tithi 20

747762365

Gulika

12:19PM - 1:49PM

Yama

9:21AM - 10:50AM

Rahu

3:18PM - 4:47PM

Pushya Until 3:34AM Wed

Sukla Until 2:30PM

Kaulava Until 7:50AM

Panchami Until 6:36PM

Ganesha: Green

Sunrise: 6:23AM

Muruqa: Clear

Sunset: 6:16PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 18.06 Tithi 21 - 22

747862365

Gulika

10:50AM - 12:20PM

Yama

7:52AM - 9:21AM

Rahu

12:20PM - 1:49PM

Ashlesha* Until 1:55AM Thu

Brahma Until 11:23AM

Visti Until 3:14AM Thu

Shashthi* Until 4:17PM

Ganesha: White

Sunrise: 6:23AM

Muruqa: Clear

Sunset: 6:16PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:55AM Thu

Then Creative Work - Amrita Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 2.19 Tithi 22 - 23

757863365

Gulika

9:22AM - 10:51AM

Yama

6:23AM - 7:52AM

Rahu

1:49PM - 3:18PM

Magha* Until 12:46AM Fri

Indra Until 8:27AM

Balava Until 1:17AM Fri

Saptami Until 2:12PM

Ganesha: Clear

Sunrise: 6:23AM

Muruqa: Purple

Sunset: 6:17PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 16.22 Tithi 23 - 24

757863365

Gulika

7:53AM - 9:22AM

Yama

3:19PM - 4:48PM

Rahu

10:51AM - 12:20PM

Purvaphalguni Until 11:45PM

Vishkambha* Until 3:08AM Sat

Taitila Until 11:35PM

Ashtami* Until 12:22PM

Ganesha: Clear

Sunrise: 6:24AM

Muruqa: Purple

Sunset: 6:17PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


1	Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 7 Sutra 230 Vilamba 5120
	Kanya Rasi: 0.16	Tithi 24 – 25	Gulika 6:24AM – 7:53AM	Uttaraphalguni Until 10:50PM	Ganesha: Orange	<i>Sunrise:</i> 6:24AM	
			Yama 1:50PM – 3:19PM	Priti Until 12:50AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 11 - Phase 32
	Routine Work	Marana Yoga	758863365 Rahu 9:22AM – 10:52AM	Vanija Until 10:09PM	Nataraja: White		2nd Phase
			Navami* Until 10:49AM	Moon – Red		Bhuloka Day	
				Karttika-Karttikai		Devaloka Time: 6:AM to 9:AM	

2	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 13.59	Tithi 25 – 26	Gulika 3:19PM – 4:49PM	Hasta Until 10:30PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:25AM	
			Yama 12:21PM – 1:50PM	Ayushman Until 10:43PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 32
	Creative Work	Amrita Yoga	768863365 Rahu 4:49PM – 6:18PM	Bava Until 9:01PM	Nataraja: White		2nd Phase
Until 10:30PM			Dashami Until 9:31AM	Moon – Green		Bhuloka Day	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			

3	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 232 Vilamba 5120
	Kanya Rasi: 27.32	Tithi 26 – 27	Gulika 1:51PM – 3:20PM	Chitra Until 10:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:25AM	
	Family Home Evening		Yama 10:52AM – 12:22PM	Saubhagya Until 8:52PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 32
	Routine Work	Prabalarishta Yoga	768863365 Rahu 7:54AM – 9:23AM	Kaulava Until 8:11PM	Nataraja: White		2nd Phase
Until 10:20PM			Ekadashi* Until 8:32AM	Moon – Green		Bhuloka Day	
Then Creative Work - Amrita Yoga				Karttika-Karttikai			

4	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 10.55	Tithi 27 – 28	Gulika 12:22PM – 1:51PM	Svati Until 10:21PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:25AM	
			Yama 9:24AM – 10:53AM	Sobhana Until 7:17PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	768863365 Rahu 3:20PM – 4:49PM	Gara Until 7:41PM	Nataraja: White		2nd Phase
Until 10:21PM			Dvadashi* Until 7:52AM	Moon – Green		Bhuloka Day	
Then Routine Work - Marana Yoga				Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 24.05	Tithi 28 – 29	Gulika 10:53AM – 12:22PM	Vishakha Until 11:03PM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	
			Yama 7:55AM – 9:24AM	Athiganda* Until 6:00PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	778863365 Rahu 12:22PM – 1:51PM	Visti Until 7:36PM	Nataraja: White		2nd Phase
			Trayodashi* Until 7:34AM	Moon – Orange		Bhuloka Day	
				Karttika-Karttikai			

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Port Harcourt, Nigeria Sun 12 Sutra 235 Vilamba 5120
	Retreat Star		Gulika 9:25AM – 10:54AM	Anuradha Until 12:04AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	
	Vriscika Rasi: 7.03	Tithi 29 – 30	Yama 6:26AM – 7:55AM	Sukarma Until 5:04PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 11 - Phase 32
			778863365 Rahu 1:52PM – 3:21PM	Catuspada Until 7:59PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 7:42AM	Moon – Orange		Bhuloka Day	
Until 12:04AM Fri				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

Friday, December 7, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 236 Vilamba 5120
	Vriscika Rasi: 19.47	Tithi 30 – 1	Gulika 7:56AM – 9:25AM	Jyeshtha* Until 1:25AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM	
			Yama 3:21PM – 4:50PM	Dhriti Until 4:33PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 11 - Phase 32
	Routine Work	Marana Yoga	779863365 Rahu 10:54AM – 12:23PM	Kintughna Until 8:52PM	Nataraja: White		Prathama
Until 1:25AM Sat			Amavasya* Until 8:20AM	Moon – Orange		Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 237 Vilamba 5120		
Dhanus Rasi: 2.16	Tithi 1 – 2	Gulika 6:27AM – 7:56AM	Mula* Until 3:36AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 11 - Phase 33 3rd Phase
		Yama 1:53PM – 3:22PM	Shula* Until 4:24PM	Nataraja: White		Moon – Light Blue		Bhuloka Day
Creative Work	Siddha Yoga	79863365 Rahu 9:25AM – 10:55AM	Balava Until 10:18PM	Margasira-Karttikai				
			Prathama* Until 9:29AM					
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 238 Vilamba 5120		
Dhanus Rasi: 14.32	Tithi 2 – 3	Gulika 3:22PM – 4:51PM	Purvashadha* Until 6:07AM Mon	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 11 - Phase 33 3rd Phase
		Yama 12:24PM – 1:53PM	Ganda* Until 4:41PM	Nataraja: White		Moon – Light Blue		Bhuloka Day
Creative Work	Siddha Yoga	79863365 Rahu 4:51PM – 6:20PM	Taitila Until 12:15AM Mon	Margasira-Karttikai				
			Dvitiya Until 11:11AM					
Until 6:07AM Mon								
Then Routine Work - Marana Yoga								
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Port Harcourt, Nigeria Sun 16 Sutra 239 Vilamba 5120		
Dhanus Rasi: 26.36	Tithi 3 – 4	Gulika 1:54PM – 3:23PM	Purvashadha* Until 6:07AM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 11 - Phase 33 3rd Phase
Family Home Evening		Yama 10:55AM – 12:24PM	Vridhi Until 5:18PM	Nataraja: White		Moon – Light Blue		Bhuloka Day
Routine Work	Marana Yoga	79863365 Rahu 7:57AM – 9:26AM	Vanija Until 2:38AM Tue	Margasira-Karttikai				
			Tritiya Until 1:22PM					
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 240 Vilamba 5120		
Makara Rasi: 8.3	Tithi 4 – 5	Gulika 12:25PM – 1:54PM	Uttarashadha Until 8:51AM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 11 - Phase 33 3rd Phase
		Yama 9:27AM – 10:56AM	Dhruva Until 6:10PM	Nataraja: White		Moon – Light Blue		Bhuloka Day
Routine Work	Prabalarishta Yoga	79863365 Rahu 3:23PM – 4:52PM	Bava Until 5:18AM Wed	Margasira-Karttikai				
			Chaturthi* Until 3:55PM					
Until 8:51AM								
Then Creative Work - Siddha Yoga								
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 241 Vilamba 5120		
Makara Rasi: 20.19	Tithi 5	Gulika 10:56AM – 12:25PM	Shravana Until 12:08PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Muruqa: Purple	<i>Sunset:</i> 6:22PM	Moon 11 - Phase 33 3rd Phase
		Yama 7:58AM – 9:27AM	Vyaghata* Until 7:10PM	Nataraja: White		Moon – Purple		Bhuloka Day
Creative Work	Siddha Yoga	79863365 Rahu 12:25PM – 1:54PM	Balava Until 6:40PM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM
			Panchami Until 6:40PM					
Until 12:08PM								
Then Routine Work - Prabalarishta Yoga								
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 242 Vilamba 5120		
Kumbha Rasi: 2.05	Tithi 6	Gulika 9:28AM – 10:57AM	Dhanishtha Until 3:17PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Muruqa: Purple	<i>Sunset:</i> 6:22PM	Moon 11 - Phase 33 3rd Phase
		Yama 6:30AM – 7:59AM	Harshana Until 8:09PM	Nataraja: White		Moon – Purple		Bhuloka Day
Creative Work	Siddha Yoga	79863365 Rahu 1:55PM – 3:24PM	Kaulava Until 8:03AM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM
			Shashthi* Until 9:22PM					
Vinayaga Viratam Ends								
7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 243 Vilamba 5120		
Retreat Star		Gulika 7:59AM – 9:28AM	Shatabhishak Until 6:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Muruqa: Purple	<i>Sunset:</i> 6:22PM	Moon 11 - Phase 33 3rd Phase
Kumbha Rasi: 13.55	Tithi 7	Yama 3:24PM – 4:53PM	Vajra* Until 8:55PM	Nataraja: White		Moon – Purple		Bhuloka Day
		79863365 Rahu 10:57AM – 12:26PM	Gara Until 10:40AM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga		Saptami Until 11:49PM					
8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 244 Vilamba 5120		
Retreat Star		Gulika 6:31AM – 8:00AM	Purvaproshtapada* Until 8:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Muruqa: Purple	<i>Sunset:</i> 6:23PM	Moon 11 - Phase 33 Ashtami
Kumbha Rasi: 25.52	Tithi 8	Yama 1:56PM – 3:25PM	Siddhi Until 9:21PM	Nataraja: White		Moon – Clear		Bhuloka Day
		711863365 Rahu 9:29AM – 10:58AM	Visti Until 12:53PM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM
Routine Work	Marana Yoga		Ashtami* Until 1:45AM Sun					
Until 8:45PM								
Then Creative Work - Siddha Yoga								
9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 245 Vilamba 5120		
Retreat Star		Gulika 3:25PM – 4:54PM	Uttaraproshtapada Until 10:38PM	Ganesha: Purple	<i>Sunrise:</i> 6:31AM	Muruqa: Purple	<i>Sunset:</i> 6:23PM	Moon 11 - Phase 33 Navami
Meena Rasi: 8.03	Tithi 9	Yama 12:27PM – 1:56PM	Vyatipata* Until 9:18PM	Nataraja: White		Moon – Clear		Bhuloka Day
		811863365 Rahu 4:54PM – 6:23PM	Balava Until 2:30PM	Margasira-Markali				
Creative Work	Amrita Yoga		Navami* Until 3:01AM Mon					
		Markali Pillaiyar						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 246 Vilamba 5120
1	Meena Rasi: 20.31 Family Home Evening Creative Work Siddha Yoga	Gulika 1:57PM – 3:26PM Yama 10:59AM – 12:28PM Rahu 8:01AM – 9:30AM	Revati Until 11:38PM Variyan Until 8:38PM Taitila Until 3:22PM Dashami Until 3:29AM Tue	Ganesha: Purple <i>Sunrise:</i> 6:32AM Muruqa: Purple <i>Sunset:</i> 6:24PM Nataraja: White Moon – Clear Bhuloka Day Margasira-Markali

Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 247 Vilamba 5120
2	Mesha Rasi: 3.21 Creative Work Siddha Yoga	Gulika 12:28PM – 1:57PM Yama 9:30AM – 10:59AM Rahu 3:26PM – 4:55PM	Ashvini Until 12:09AM Wed Parigha* Until 7:21PM Vanija Until 3:26PM Ekadashi Until 3:08AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:32AM Muruqa: Purple <i>Sunset:</i> 6:24PM Nataraja: White Moon – White Bhuloka Day Margasira-Markali Devaloka Time: 6:AM to 9:AM

Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 248 Vilamba 5120
3	Mesha Rasi: 16.35 Creative Work Siddha Yoga Until 11:43PM Then Creative Work - Amrita Yoga	Gulika 11:00AM – 12:29PM Yama 8:02AM – 9:31AM Rahu 12:29PM – 1:58PM	Bharani Until 11:43PM Shiva Until 5:26PM Bava Until 2:40PM Dvadashi Until 1:59AM Thu	Ganesha: Clear <i>Sunrise:</i> 6:33AM Muruqa: Purple <i>Sunset:</i> 6:25PM Nataraja: White Moon – White Bhuloka Day Margasira-Markali Devaloka Time: 6:AM to 9:AM

Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 249 Vilamba 5120
4	Vrishabha Rasi: 0.17 Routine Work Marana Yoga	Gulika 9:31AM – 11:00AM Yama 6:33AM – 8:02AM Rahu 1:58PM – 3:27PM	Krittika Until 10:28PM Siddha Until 2:56PM Kaulava Until 1:09PM Trayodashi Until 12:08AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:33AM Muruqa: Purple <i>Sunset:</i> 6:25PM Nataraja: White Moon – White Bhuloka Day Margasira-Markali Devaloka Time: 6:AM to 9:AM

Pradosha Vrata

Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 250 Vilamba 5120
5	Vrishabha Rasi: 14.23 Routine Work Marana Yoga Until 8:54PM Then Creative Work - Siddha Yoga	Gulika 8:03AM – 9:32AM Yama 3:28PM – 4:57PM Rahu 11:01AM – 12:30PM	Rohini Until 8:54PM Sadhya Until 11:56AM Gara Until 11:00AM Chaturdashi* Until 9:43PM	Ganesha: White <i>Sunrise:</i> 6:34AM Muruqa: Purple <i>Sunset:</i> 6:26PM Nataraja: White Moon – Yellow Bhuloka Day Margasira-Markali

Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Port Harcourt, Nigeria Sutra 251 Vilamba 5120
○	Copper Retreat Star Vrishabha Rasi: 28.5 Creative Work Siddha Yoga	Gulika 6:34AM – 8:03AM Yama 1:59PM – 3:28PM Rahu 9:32AM – 11:01AM	Mrigashira Until 6:47PM Subha Until 8:32AM Visti Until 8:21AM Purnima* Until 6:52PM	Ganesha: Yellow <i>Sunrise:</i> 6:34AM Muruqa: Purple <i>Sunset:</i> 6:26PM Nataraja: White Moon – Yellow Bhuloka Day Margasira-Markali Devaloka Time: 9:AM to 12:PM

Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sutra 252 Vilamba 5120
○	Silver Retreat Star Mithuna Rasi: 13.34 Creative Work Siddha Yoga	Gulika 3:29PM – 4:58PM Yama 12:31PM – 2:00PM Rahu 4:58PM – 6:27PM	Ardra Until 4:15PM Brahma Until 1:00AM Mon Taitila Until 2:09AM Mon Prathama* Until 3:45PM	Ganesha: Yellow <i>Sunrise:</i> 6:35AM Muruqa: Purple <i>Sunset:</i> 6:27PM Nataraja: White Moon – Yellow Bhuloka Day Margasira-Markali Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 28.26 Tithi 17 – 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Gulika 2:00PM – 3:29PM Punarvasu Until 1:53PM

Yama 11:02AM – 12:31PM Indra Until 9:07PM

Rahu 8:04AM – 9:33AM Vanija Until 10:55PM

Day 4 of Pancha Ganapati

Dvitiya Until 12:31PM

Ganesha: Blue Sunrise: 6:35AM

Muruqa: Purple Sunset: 6:27PM

Nataraja: White

Moon – Blue

Margasira-Markali

Devaloka Day

Port Harcourt, Nigeria

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 13.19 Tithi 18 – 19

842963365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:32PM – 2:01PM Pushya Until 11:25AM

Yama 9:34AM – 11:03AM Vaidhriti* Until 5:18PM

Rahu 3:30PM – 4:59PM Bava Until 7:47PM

Day 5 of Pancha Ganapati

Tritiya Until 9:19AM

Ganesha: Yellow Sunrise: 6:36AM

Muruqa: Purple Sunset: 6:28PM

Nataraja: White

Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 28.05 Tithi 19 – 20

842963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Gulika 11:03AM – 12:32PM Ashlesha* Until 8:59AM

Yama 8:05AM – 9:34AM Vishkambha* Until 1:39PM

Rahu 12:32PM – 2:01PM Taitila Until 3:31AM Thu

Chaturthi* Until 6:16AM

Ganesha: Yellow Sunrise: 6:36AM

Muruqa: Purple Sunset: 6:28PM

Nataraja: Green

Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 12.38 Tithi 21

852963366

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:35AM – 11:04AM Magha* Until 7:08AM

Yama 6:37AM – 8:06AM Priti Until 10:17AM

Rahu 2:02PM – 3:31PM Gara Until 2:18PM

Shashthi* Until 1:10AM Fri

Ganesha: Blue Sunrise: 6:37AM

Muruqa: Purple Sunset: 6:29PM

Nataraja: Green

Moon – Red

Margasira-Markali

Bhuloka Day

Port Harcourt, Nigeria

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 26.55 Tithi 22

852963366

Creative Work Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 8:06AM – 9:35AM Uttaraphalguni Until 4:17AM Sat

Yama 3:31PM – 5:00PM Ayushman Until 7:14AM

Rahu 11:04AM – 12:33PM Visti Until 12:10PM

Saptami Until 11:16PM

Ganesha: Blue Sunrise: 6:37AM

Muruqa: Purple Sunset: 6:29PM

Nataraja: Green

Moon – Red

Margasira-Markali

Bhuloka Day

Port Harcourt, Nigeria

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

●

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.53 Tithi 23

862963366

Routine Work Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:38AM – 8:07AM Hasta Until 3:50AM Sun

Yama 2:03PM – 3:32PM Sobhana Until 2:22AM Sun

Rahu 9:36AM – 11:05AM Balava Until 10:32AM

Ashtami* Until 9:54PM

Ganesha: Red Sunrise: 6:38AM

Muruqa: Purple Sunset: 6:30PM

Nataraja: Green

Moon – Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 24.32 Tithi 24

862963366

Creative Work Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:32PM – 5:01PM Chitra Until 3:46AM Mon

Yama 12:34PM – 2:03PM Athiganda* Until 12:33AM Mon

Rahu 5:01PM – 6:30PM Taitila Until 9:26AM

Navami* Until 9:04PM

Ganesha: Red Sunrise: 6:38AM

Muruqa: Purple Sunset: 6:30PM

Nataraja: Green

Moon – Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 260 Vilamba 5120
1		Gulika 2:04PM – 3:33PM	Svati Until 4:03AM Tue	Ganesha: Red <i>Sunrise:</i> 6:39AM
Tula Rasi: 7.53	Tithi 25	Yama 11:06AM – 12:35PM	Sukarma Until 11:09PM	Muruqa: Purple <i>Sunset:</i> 6:31PM
Family Home Evening	862963366	Rahu 8:08AM – 9:37AM	Vanija Until 8:52AM	Nataraja: Green
Creative Work Amrita Yoga			Dashami Until 8:45PM	Moon – Green
Until 4:03AM Tue				Bhuloka Day
Then Routine Work - Marana Yoga				Margasira*Markali
				Devaloka Time: 6:AM to 9:AM

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 261 Vilamba 5120
2		Gulika 12:35PM – 2:04PM	Vishakha Until 5:08AM Wed	Ganesha: Green <i>Sunrise:</i> 6:39AM
Tula Rasi: 20.58	Tithi 26	Yama 9:37AM – 11:06AM	Dhriti Until 10:09PM	Muruqa: Purple <i>Sunset:</i> 6:31PM
	872963366	Rahu 3:33PM – 5:02PM	Bava Until 8:49AM	Nataraja: Green
Routine Work Marana Yoga			Ekadashi* Until 8:58PM	Moon – Orange
Until 5:08AM Wed				Bhuloka Day
Then Creative Work - Siddha Yoga				Margasira*Markali

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 262 Vilamba 5120
3		Gulika 11:07AM – 12:36PM	Anuradha Until 6:31AM Thu	Ganesha: Green <i>Sunrise:</i> 6:39AM
Vrischika Rasi: 3.47	Tithi 27	Yama 8:08AM – 9:38AM	Shula* Until 9:31PM	Muruqa: Purple <i>Sunset:</i> 6:32PM
	872963366	Rahu 12:36PM – 2:05PM	Kaulava Until 9:17AM	Nataraja: Green
Creative Work Siddha Yoga			Dvadashi* Until 9:40PM	Moon – Orange
Until 6:31AM Thu				Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Margasira*Markali

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 263 Vilamba 5120
4		Gulika 9:38AM – 11:07AM	Anuradha Until 6:31AM	Ganesha: Green <i>Sunrise:</i> 6:40AM
Vrischika Rasi: 16.23	Tithi 28	Yama 6:40AM – 8:09AM	Ganda* Until 9:14PM	Muruqa: Purple <i>Sunset:</i> 6:32PM
	872963366	Rahu 2:05PM – 3:34PM	Gara Until 10:13AM	Nataraja: Green
Creative Work Siddha Yoga			Trayodashi* Until 10:51PM	Moon – Orange
Until 6:31AM				Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Margasira*Markali
				<i>Pradosha Vrata (Fasting)</i>

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 264 Vilamba 5120
5		Gulika 8:09AM – 9:38AM	Jyeshtha* Until 8:12AM	Ganesha: Green <i>Sunrise:</i> 6:40AM
Vrischika Rasi: 28.47	Tithi 29	Yama 3:35PM – 5:04PM	Vriddhi Until 9:19PM	Muruqa: Purple <i>Sunset:</i> 6:33PM
	872963366	Rahu 11:08AM – 12:37PM	Visti Until 11:37AM	Nataraja: Green
Routine Work Marana Yoga			Chaturdashi* Until 12:28AM Sat	Moon – Orange
Until 8:12AM				Bhuloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 6:41AM – 8:10AM	Mula* Until 10:36AM	Ganesha: White <i>Sunrise:</i> 6:41AM
Dhanus Rasi: 11	Tithi 30	Yama 2:06PM – 3:35PM	Dhruva Until 9:40PM	Muruqa: Purple <i>Sunset:</i> 6:33PM
	882963366	Rahu 9:39AM – 11:08AM	Catuspada Until 1:27PM	Nataraja: Green
Creative Work Siddha Yoga			Amavasya* Until 2:29AM Sun	Moon – Light Blue
				Bhuloka Day
				Margasira*Markali

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 3:36PM – 5:05PM	Purvashadha* Until 1:13PM	Ganesha: White <i>Sunrise:</i> 6:41AM
Dhanus Rasi: 23.04	Tithi 1	Yama 12:37PM – 2:07PM	Vyaghata* Until 10:18PM	Muruqa: Clear <i>Sunset:</i> 6:34PM
	882973366	Rahu 5:05PM – 6:34PM	Kintughna Until 3:39PM	Nataraja: Green
Creative Work Siddha Yoga			Prathama* Until 4:50AM Mon	Moon – Light Blue
Until 1:13PM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 12:PM to 3:PM
				Pausha*Markali

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 267 Vilamba 5120	
1	Makara Rasi: 4.59 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 3:56PM Then Creative Work - Amrita Yoga	Gulika 2:07PM – 3:36PM Yama 11:09AM – 12:38PM Rahu 8:11AM – 9:40AM	Uttarashadha Until 3:56PM Harshana Until 11:09PM Balava Until 6:09PM Dvitiya Until 7:27AM Tue	Ganesha: White Muruqa: Clear Nataraja: Green Moon – Light Blue Pausa-Markali	Sunrise: 6:42AM Sunset: 6:34PM Bhuloka Day Devaloka Time: 12:PM to 3:PM

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 268 Vilamba 5120	
2	Makara Rasi: 16.5 Tithi 2 – 3 Creative Work Siddha Yoga	Gulika 12:38PM – 2:07PM Yama 9:40AM – 11:09AM Rahu 3:37PM – 5:06PM	Shravana Until 7:12PM Vajra* Until 12:06AM Wed Taitila Until 8:50PM Dvitiya Until 7:27AM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausa-Markali	Sunrise: 6:42AM Sunset: 6:35PM Devaloka Day

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 269 Vilamba 5120	
3	Makara Rasi: 28.37 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 10:22PM Then Creative Work - Siddha Yoga	Gulika 11:10AM – 12:39PM Yama 8:11AM – 9:41AM Rahu 12:39PM – 2:08PM	Dhanishtha Until 10:22PM Siddhi Until 1:06AM Thu Vanija Until 11:36PM Tritiya Until 10:12AM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausa-Markali	Sunrise: 6:42AM Sunset: 6:35PM Devaloka Day

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 270 Vilamba 5120	
4	Kumbha Rasi: 10.25 Tithi 4 – 5 Creative Work Siddha Yoga	Gulika 9:41AM – 11:10AM Yama 6:43AM – 8:12AM Rahu 2:08PM – 3:37PM	Shatabhishak Until 1:16AM Fri Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri Chaturthi* Until 12:55PM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausa-Markali	Sunrise: 6:43AM Sunset: 6:36PM Devaloka Day

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 271 Vilamba 5120	
5	Kumbha Rasi: 22.15 Tithi 5 – 6 Creative Work Siddha Yoga	Gulika 8:12AM – 9:41AM Yama 3:38PM – 5:07PM Rahu 11:10AM – 12:40PM	Purvaproshtapada* Until 4:14AM Sat Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat Panchami Until 3:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausa-Markali	Sunrise: 6:43AM Sunset: 6:36PM Devaloka Day

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 272 Vilamba 5120	
6	Meena Rasi: 4.12 Tithi 6 – 7 Creative Work Siddha Yoga Until 6:37AM Sun Then Creative Work - Amrita Yoga	Gulika 6:43AM – 8:13AM Yama 2:09PM – 3:38PM Rahu 9:42AM – 11:11AM	Uttaraproshtapada Until 6:37AM Sun Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun Shashthi* Until 5:37PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausa-Markali	Sunrise: 6:43AM Sunset: 6:37PM Devaloka Day

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 273 Vilamba 5120	
Retreat Star		Gulika 3:39PM – 5:08PM Yama 12:40PM – 2:10PM Rahu 5:08PM – 6:37PM	Uttaraproshtapada Until 6:37AM Shiva Until 3:02AM Mon Gara Until 6:32AM Saptami Until 7:15PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausa-Markali	Sunrise: 6:44AM Sunset: 6:37PM Devaloka Day

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 274 Vilamba 5120	
Retreat Star		Gulika 2:10PM – 3:39PM Yama 11:12AM – 12:41PM Rahu 8:13AM – 9:42AM	Revati Until 8:14AM Siddha Until 2:23AM Tue Visti Until 7:49AM Ashtami* Until 8:10PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausa-Thai	Sunrise: 6:44AM Sunset: 6:37PM Devaloka Day

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 275 Vilamba 5120	
Retreat Star		Gulika 12:41PM – 2:10PM Yama 9:43AM – 11:12AM Rahu 3:39PM – 5:09PM	Ashvini Until 9:28AM Sadhya Until 1:08AM Wed Balava Until 8:21AM Navami* Until 8:18PM	Ganesha: Purple Muruqa: Clear Nataraja: Green Moon – White Pausa-Thai	Sunrise: 6:44AM Sunset: 6:38PM Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 24.35	Tithi 10	Gulika 11:12AM – 12:41PM	Bharani Until 9:43AM	Ganesha: Blue	<i>Sunrise:</i> 6:45AM	
			Yama 8:14AM – 9:43AM	Subha Until 11:15PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 12 - Phase 38
		823173366	Rahu 12:41PM – 2:11PM	Taitila Until 8:04AM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga			Dashami Until 7:36PM	Moon – White		Sivaloka Day	
Until 9:43AM				Pausha+Thai			
Then Creative Work - Amrita Yoga							

2	Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 277 Vilamba 5120
	Vrishabha Rasi: 8.09	Tithi 11	Gulika 9:43AM – 11:13AM	Krittika Until 9:02AM	Ganesha: Blue	<i>Sunrise:</i> 6:45AM	
			Yama 6:45AM – 8:14AM	Sukla Until 8:43PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 12 - Phase 38
		823173366	Rahu 2:11PM – 3:40PM	Vanija Until 6:57AM	Nataraja: Green		4th Phase
Routine Work Marana Yoga			Ekadashi Until 6:05PM	Moon – White		Sivaloka Day	
				Pausha+Thai			

3	Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 278 Vilamba 5120
	Vrishabha Rasi: 22.11	Tithi 12 – 13	Gulika 8:14AM – 9:44AM	Rohini Until 7:54AM	Ganesha: Yellow	<i>Sunrise:</i> 6:45AM	
			Yama 3:41PM – 5:10PM	Brahma Until 5:37PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 12 - Phase 38
		833173366	Rahu 11:13AM – 12:42PM	Kaulava Until 2:33AM Sat	Nataraja: Green		4th Phase
Routine Work Marana Yoga			Dvadashi Until 3:52PM	Moon – Yellow		Devaloka Day	
Until 7:54AM				Pausha+Thai			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

4	Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 6.4	Tithi 13 – 14	Gulika 6:45AM – 8:15AM	Mrigashira Until 6:00AM	Ganesha: Yellow	<i>Sunrise:</i> 6:45AM	
			Yama 2:12PM – 3:41PM	Indra Until 2:05PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 12 - Phase 38
		833173366	Rahu 9:44AM – 11:13AM	Gara Until 11:29PM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 1:03PM	Moon – Yellow		Devaloka Day	
				Pausha+Thai			

○	Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sutra 280 Vilamba 5120
	Copper Retreat Star		Gulika 3:41PM – 5:11PM	Punarvasu Until 12:50AM Mon	Ganesha: White	<i>Sunrise:</i> 6:46AM	
	Mithuna Rasi: 21.3	Tithi 14 – 15	Yama 12:43PM – 2:12PM	Vaidhriti* Until 10:09AM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 12 - Phase 38
		843173366	Rahu 5:11PM – 6:40PM	Visti Until 8:04PM	Nataraja: Green		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 9:48AM	Moon – Blue		Sivaloka Day	
				Pausha+Thai			

○	Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sutra 281 Vilamba 5120
	Silver Retreat Star		Gulika 2:12PM – 3:42PM	Pushya Until 9:55PM	Ganesha: White	<i>Sunrise:</i> 6:46AM	
	Kataka Rasi: 6.35	Tithi 15 – 16	Yama 11:14AM – 12:43PM	Vishkambha* Until 6:01AM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 12 - Phase 38
		843173366	Rahu 8:15AM – 9:44AM	Kaulava Until 2:34AM Tue	Nataraja: Green		Prathama
Family Home Evening			Purnima* Until 6:15AM	Moon – Blue		Sivaloka Day	
Creative Work Siddha Yoga				Pausha+Thai			
		Total Lunar Eclipse Thai Pusam					



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.46 Tithi 17

844173366

Gulika

12:43PM - 2:13PM

Yama

9:45AM - 11:14AM

Rahu

3:42PM - 5:11PM

Ashlesha* Until 6:53PM

Ayushman Until 9:32PM

Taitila Until 12:45PM

Dvitiya Until 10:56PM

Ganesha: Clear

Sunrise: 6:46AM

Muruqa: Clear

Sunset: 6:41PM

Nataraja: Green

Moon - Blue

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Triliyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.54 Tithi 18

854173366

Gulika

11:14AM - 12:44PM

Yama

8:16AM - 9:45AM

Rahu

12:44PM - 2:13PM

Magha* Until 4:16PM

Saubhagya Until 5:27PM

Vanija Until 9:12AM

Tritiya Until 7:29PM

Ganesha: Purple

Sunrise: 6:46AM

Muruqa: Clear

Sunset: 6:41PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 4:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.5 Tithi 19 - 20

854173366

Gulika

9:45AM - 11:14AM

Yama

6:46AM - 8:16AM

Rahu

2:13PM - 3:43PM

Purvaphalguni Until 1:50PM

Sobhana Until 1:40PM

Kaulava Until 3:03AM Fri

Chaturthi* Until 4:24PM

Ganesha: Purple

Sunrise: 6:46AM

Muruqa: Clear

Sunset: 6:41PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 6.28 Tithi 20 - 21

954173366

Gulika

8:16AM - 9:45AM

Yama

3:43PM - 5:12PM

Rahu

11:15AM - 12:44PM

Uttaraphalguni Until 11:45AM

Athiganda* Until 10:14AM

Gara Until 12:44AM Sat

Panchami Until 1:47PM

Ganesha: Clear

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 6:42PM

Nataraja: Green

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.41 Tithi 21 - 22

964173366

Gulika

6:47AM - 8:16AM

Yama

2:14PM - 3:43PM

Rahu

9:46AM - 11:15AM

Hasta Until 10:31AM

Sukarma Until 7:18AM

Visti Until 11:04PM

Shashthi* Until 11:48AM

Ganesha: Purple

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 6:42PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 4.29 Tithi 22 - 23

964173366

Gulika

3:43PM - 5:13PM

Yama

12:45PM - 2:14PM

Rahu

5:13PM - 6:42PM

Chitra Until 9:51AM

Shula* Until 3:06AM Mon

Balava Until 10:08PM

Saptami Until 10:30AM

Ganesha: Purple

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 6:42PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.52 Tithi 23 - 24

964173366

Gulika

2:14PM - 3:44PM

Yama

11:15AM - 12:45PM

Rahu

8:16AM - 9:46AM

Svati Until 9:44AM

Ganda* Until 1:52AM Tue

Taitila Until 9:58PM

Ashtami* Until 9:56AM

Ganesha: Purple

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 6:42PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 9:44AM

Then Routine Work - Marana Yoga

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 7 Sutra 289	
Wrischika Rasi: 0.5	Tithi 24 – 25	Gulika	12:45PM – 2:14PM	Vishakha Until 10:40AM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	9:46AM – 11:15AM	Vriddhi Until 1:12AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 1 - Phase 40
		974173366 Rahu	3:44PM – 5:13PM	Vanija Until 10:30PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Navami* Until 10:07AM	Moon – Orange		Devaloka Day
Until 10:40AM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 290	
Wrischika Rasi: 13.29	Tithi 25 – 26	Gulika	11:16AM – 12:45PM	Anuradha Until 12:06PM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	8:17AM – 9:46AM	Dhruva Until 1:00AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 1 - Phase 40
		974173366 Rahu	12:45PM – 2:15PM	Bava Until 11:42PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 11:00AM	Moon – Orange		Devaloka Day
					Pausha*Thai		

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 291	
Wrischika Rasi: 25.52	Tithi 26 – 27	Gulika	9:46AM – 11:16AM	Jyeshtha* Until 1:57PM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	6:47AM – 8:17AM	Vyaghata* Until 1:13AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 1 - Phase 40
		974173366 Rahu	2:15PM – 3:44PM	Kaulava Until 1:27AM Fri	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga			Ekadashi* Until 12:30PM	Moon – Orange		Devaloka Day
Until 1:57PM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 292	
Dhanus Rasi: 8.01	Tithi 27 – 28	Gulika	8:17AM – 9:46AM	Mula* Until 4:35PM	Ganesha: White	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	3:44PM – 5:14PM	Harshana Until 1:47AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 1 - Phase 40
		984173366 Rahu	11:16AM – 12:45PM	Gara Until 3:38AM Sat	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 2:28PM	Moon – Light Blue		Bhuloka Day
Until 4:35PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga							
					<i>Pradosha Vrata (Fasting)</i>		

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 293	
Dhanus Rasi: 20.01	Tithi 28 – 29	Gulika	6:47AM – 8:17AM	Purvashadha* Until 7:23PM	Ganesha: White	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	2:15PM – 3:44PM	Vajra* Until 2:32AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 1 - Phase 40
		984173366 Rahu	9:46AM – 11:16AM	Visti Until 6:06AM Sun	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 4:49PM	Moon – Light Blue		Bhuloka Day
Until 7:23PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

6		Sunday, February 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 294	
Makara Rasi: 1.54	Tithi 29	Gulika	3:45PM – 5:14PM	Uttarashadha Until 10:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	12:46PM – 2:15PM	Siddhi Until 3:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
		985173366 Rahu	5:14PM – 6:44PM	Visti Until 6:06AM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 7:24PM	Moon – Light Blue		Devaloka Day
					Pausha*Thai		

●		Monday, February 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 295	
Retreat Star		Gulika	2:15PM – 3:45PM	Shravana Until 1:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:47AM	Vilamba 5120
Makara Rasi: 13.43	Tithi 30	Yama	11:16AM – 12:46PM	Vyatipata* Until 4:27AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
Family Home Evening		995173367 Rahu	8:17AM – 9:47AM	Catuspada Until 8:46AM	Nataraja: White		Amavasya
Creative Work	Amrita Yoga			Amavasya* Until 10:06PM	Moon – Purple		Devaloka Day
Until 1:32AM Tue					Pausha*Thai		
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, February 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 296	
Makara Rasi: 25.31	Tithi 1	Gulika	12:46PM – 2:15PM	Dhanishtha Until 4:39AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	9:47AM – 11:16AM	Variyan Until 5:24AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
		995173367 Rahu	3:45PM – 5:14PM	Kintughna Until 11:29AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Prathama* Until 12:48AM Wed	Moon – Purple		Devaloka Day
					Magha*Thai		

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yukstayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 297 Vilamba 5120
	Kumbha Rasi: 7.19	Tithi 2	Gulika 11:16AM – 12:46PM	Shatabhishak Until 7:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:47AM	
			Yama 8:17AM – 9:47AM	Parigha* Until 6:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 41
	Creative Work	Siddha Yoga	995173367 Rahu 12:46PM – 2:15PM	Balava Until 2:09PM	Nataraja: White		3rd Phase
			Dvitiya Until 3:25AM Thu	Moon – Purple		Devaloka Day	

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yukstayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 298 Vilamba 5120
	Kumbha Rasi: 19.1	Tithi 3	Gulika 9:47AM – 11:16AM	Shatabhishak Until 7:30AM	Ganesha: Red	<i>Sunrise:</i> 6:47AM	
			Yama 6:47AM – 8:17AM	Parigha* Until 6:18AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 41
	Creative Work	Siddha Yoga	995173367 Rahu 2:16PM – 3:45PM	Taitila Until 4:40PM	Nataraja: White		3rd Phase
			Tritiya Until 5:50AM Fri	Moon – Purple		Devaloka Day	

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yukstayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthiyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 299 Vilamba 5120
	Meena Rasi: 1.05	Tithi 4	Gulika 8:17AM – 9:47AM	Purvaproshtapada* Until 10:29AM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	
			Yama 3:45PM – 5:15PM	Shiva Until 7:03AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 41
	Creative Work	Siddha Yoga	915173367 Rahu 11:16AM – 12:46PM	Vanija Until 6:57PM	Nataraja: White		3rd Phase
			Chaturthi* Until 7:57AM Sat	Moon – Clear		Sivaloka Day	

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yukstayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 300 Vilamba 5120
	Meena Rasi: 13.07	Tithi 4 – 5	Gulika 6:47AM – 8:17AM	Uttaraproshtapada Until 1:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	
			Yama 2:16PM – 3:45PM	Siddha Until 7:33AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 41
	Creative Work	Siddha Yoga	915173367 Rahu 9:47AM – 11:16AM	Bava Until 8:54PM	Nataraja: White		3rd Phase
			Chaturthi* Until 7:57AM	Moon – Clear		Sivaloka Day	

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yukstayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 301 Vilamba 5120
	Meena Rasi: 25.18	Tithi 5 – 6	Gulika 3:45PM – 5:15PM	Revati Until 2:59PM	Ganesha: Red	<i>Sunrise:</i> 6:47AM	
			Yama 12:46PM – 2:16PM	Sadhya Until 7:47AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 41
	Creative Work	Amrita Yoga	915273367 Rahu 5:15PM – 6:45PM	Kaulava Until 10:23PM	Nataraja: White		3rd Phase
			Panchami Until 9:41AM	Moon – Clear		Devaloka Day	

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yukstayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 302 Vilamba 5120
	Mesha Rasi: 7.41	Tithi 6 – 7	Gulika 2:16PM – 3:46PM	Ashvini Until 4:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	
	Family Home Evening		Yama 11:16AM – 12:46PM	Subha Until 7:38AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 41
	Creative Work	Siddha Yoga	925273367 Rahu 8:17AM – 9:47AM	Gara Until 11:18PM	Nataraja: White		3rd Phase
			Shashthi* Until 10:54AM	Moon – White		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

D	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yukstayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 303 Vilamba 5120
	Retreat Star		Gulika 12:46PM – 2:16PM	Bharani Until 5:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	
	Mesha Rasi: 20.2	Tithi 7 – 8	Yama 9:47AM – 11:16AM	Sukla Until 7:00AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 41
	Creative Work	Siddha Yoga	925273367 Rahu 3:46PM – 5:15PM	Visti Until 11:32PM	Nataraja: White		Ashtami
			Saptami Until 11:29AM	Moon – White		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

D	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yukstayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 304 Vilamba 5120
	Retreat Star		Gulika 11:16AM – 12:46PM	Krittika Until 5:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:47AM	
	Vrishabha Rasi: 3.2	Tithi 8 – 9	Yama 8:17AM – 9:47AM	Indra Until 4:07AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 41
	Creative Work	Amrita Yoga	926273367 Rahu 12:46PM – 2:16PM	Balava Until 11:02PM	Nataraja: White		Navami
			Ashtami* Until 11:22AM	Moon – White		Devaloka Day	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

1	Thursday, February 14, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Port Harcourt, Nigeria Sun 23 Sutra 305 Vilamba 5120
	Vishabha Rasi: 16.43 Tithi 9 – 10	936273367	Gulika 9:46AM – 11:16AM Yama 6:47AM – 8:17AM Rahu 2:16PM – 3:46PM	Rohini Until 5:33PM Vaidhriti* Until 1:45AM Fri Taitila Until 9:45PM Navami* Until 10:28AM	Ganesha: White Sunrise: 6:47AM Muruga: Clear Sunset: 6:45PM Nataraja: White Moon – Yellow Magha-Masi
	Routine Work Marana Yoga				Moon 1 - Phase 42 4th Phase Sivaloka Day

2	Friday, February 15, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Port Harcourt, Nigeria Sun 24 Sutra 306 Vilamba 5120
	Mithuna Rasi: 0.33 Tithi 10 – 11	936273367	Gulika 8:17AM – 9:46AM Yama 3:46PM – 5:16PM Rahu 11:16AM – 12:46PM	Mrigashira Until 4:22PM Vishkambha* Until 10:51PM Vanija Until 7:45PM Dashami Until 8:49AM	Ganesha: White Sunrise: 6:47AM Muruga: Clear Sunset: 6:45PM Nataraja: White Moon – Yellow Magha-Masi
	Creative Work Siddha Yoga				Moon 1 - Phase 42 4th Phase Sivaloka Day

3	Saturday, February 16, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau			Port Harcourt, Nigeria Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 14.49 Tithi 11 – 12	936273367	Gulika 6:47AM – 8:16AM Yama 2:16PM – 3:46PM Rahu 9:46AM – 11:16AM	Ardra Until 2:23PM Priti Until 7:26PM Balava Until 3:35AM Sun Ekadashi Until 6:30AM	Ganesha: White Sunrise: 6:47AM Muruga: Clear Sunset: 6:45PM Nataraja: White Moon – Yellow Magha-Masi
	Creative Work Siddha Yoga				Moon 1 - Phase 42 4th Phase Sivaloka Day

4	Sunday, February 17, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau			Port Harcourt, Nigeria Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 29.3 Tithi 13	946273367	Gulika 3:46PM – 5:16PM Yama 12:46PM – 2:16PM Rahu 5:16PM – 6:45PM	Punarvasu Until 12:09PM Ayushman Until 3:36PM Kaulava Until 1:58PM Trayodashi Until 12:14AM Mon <i>Pradosha Vrata</i>	Ganesha: Clear Sunrise: 6:46AM Muruga: Clear Sunset: 6:45PM Nataraja: White Moon – Blue Magha-Masi
	Creative Work Siddha Yoga				Moon 1 - Phase 42 4th Phase Devaloka Day

5	Monday, February 18, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau			Port Harcourt, Nigeria Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 14.3 Tithi 14 Family Home Evening	946273367	Gulika 2:16PM – 3:46PM Yama 11:16AM – 12:46PM Rahu 8:16AM – 9:46AM	Pushya Until 9:24AM Saubhagya Until 11:29AM Gara Until 10:27AM Chaturdashi* Until 8:35PM	Ganesha: Clear Sunrise: 6:46AM Muruga: Clear Sunset: 6:45PM Nataraja: White Moon – Blue Magha-Masi
	Creative Work Siddha Yoga		Chidambaram Abhishekam		Moon 1 - Phase 42 4th Phase Devaloka Day

○	Tuesday, February 19, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau			Port Harcourt, Nigeria Sutra 310 Vilamba 5120
	Copper Retreat Star	Kataka Rasi: 29.43 Tithi 15 – 16	946273367	Gulika 12:46PM – 2:16PM Yama 9:46AM – 11:16AM Rahu 3:46PM – 5:16PM	Ashlesha* Until 6:18AM Sobhana Until 7:12AM Visti Until 6:43AM Purnima* Until 4:48PM
	Creative Work Siddha Yoga				Ganesha: Clear Sunrise: 6:46AM Muruga: Clear Sunset: 6:46PM Nataraja: White Moon – Blue Magha-Masi
					Moon 1 - Phase 42 Purnima Devaloka Day

○	Wednesday, February 20, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Port Harcourt, Nigeria Sutra 311 Vilamba 5120
	Silver Retreat Star	Simha Rasi: 14.58 Tithi 16 – 17	957273367	Gulika 11:16AM – 12:46PM Yama 8:16AM – 9:46AM Rahu 12:46PM – 2:16PM	Purvaphalguni Until 12:30AM Thu Sukarma Until 10:38PM Taitila Until 11:15PM Prathama* Until 1:03PM
	Creative Work Amrita Yoga				Ganesha: Clear Sunrise: 6:46AM Muruga: Clear Sunset: 6:46PM Nataraja: White Moon – Red Magha-Masi
					Moon 1 - Phase 42 Prathama Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dviliya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 0.06

Tithi 18 - 18

957273367

Gulika

9:46AM - 11:16AM

Yama

6:46AM - 8:16AM

Rahu

2:16PM - 3:46PM

Amrita Yoga

Uttaraphalguni Until 9:46PM

Dhriti Until 6:40PM

Vanija Until 7:53PM

Dvitiya Until 9:30AM

Ganesha: Clear

Sunrise: 6:46AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Until 9:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.58

Tithi 18 - 19

967273367

Gulika

8:16AM - 9:46AM

Yama

3:46PM - 5:16PM

Rahu

11:16AM - 12:46PM

Creative Work Amrita Yoga

Until 7:47PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Hasta Until 7:47PM

Shula* Until 3:01PM

Balava Until 3:41AM Sat

Tritiya Until 6:20AM

Ganesha: White

Sunrise: 6:45AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 29.26

Tithi 20

967273367

Gulika

6:45AM - 8:15AM

Yama

2:15PM - 3:45PM

Rahu

9:45AM - 11:15AM

Routine Work Marana Yoga

Until 6:16PM

Then Creative Work - Siddha Yoga

Chitra Until 6:16PM

Ganda* Until 11:53AM

Kaulava Until 2:38PM

Panchami Until 1:43AM Sun

Ganesha: White

Sunrise: 6:45AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 13.26

Tithi 21

967273367

Gulika

3:45PM - 5:15PM

Yama

12:45PM - 2:15PM

Rahu

5:15PM - 6:46PM

Creative Work Siddha Yoga

Until 5:21PM

Then Routine Work - Marana Yoga

Svati Until 5:21PM

Vridhi Until 9:20AM

Gara Until 1:03PM

Shashthi* Until 12:33AM Mon

Ganesha: White

Sunrise: 6:45AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.58

Tithi 22

977273367

Gulika

2:15PM - 3:45PM

Yama

11:15AM - 12:45PM

Rahu

8:15AM - 9:45AM

Family Home Evening

Routine Work Marana Yoga

Until 5:34PM

Then Creative Work - Siddha Yoga

Vishakha Until 5:34PM

Dhruva Until 7:25AM

Visti Until 12:18PM

Saptami Until 12:14AM Tue

Ganesha: Yellow

Sunrise: 6:45AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Tuesday, February 26, 2019

☾

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 10.02

Tithi 23

977273367

Gulika

12:45PM - 2:15PM

Yama

9:45AM - 11:15AM

Rahu

3:45PM - 5:15PM

Creative Work Siddha Yoga

Until 6:29PM

Then Routine Work - Marana Yoga

Anuradha Until 6:29PM

Vyaghata* Until 6:11AM

Balava Until 12:26PM

Ashtami* Until 12:47AM Wed

Ganesha: Yellow

Sunrise: 6:45AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.41

Tithi 24

978273367

Gulika

11:15AM - 12:45PM

Yama

8:14AM - 9:45AM

Rahu

12:45PM - 2:15PM

Creative Work Siddha Yoga

Until 8:01PM

Then Routine Work - Marana Yoga

Jyeshtha* Until 8:01PM

Vajra* Until 5:39AM Thu

Taitila Until 1:23PM

Navami* Until 2:08AM Thu

Ganesha: Blue

Sunrise: 6:44AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1	Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 319 Vilamba 5120
	Dhanus Rasi: 4.59	Tithi 25	Gulika 9:44AM – 11:14AM	Mula* Until 10:33PM	Ganesha: Red	<i>Sunrise:</i> 6:44AM	
			Yama 6:44AM – 8:14AM	Siddhi Until 6:09AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	988273367 Rahu 2:15PM – 3:45PM	Vanija Until 3:05PM	Nataraja: White		2nd Phase
			Dashami Until 4:07AM Fri	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

2	Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 320 Vilamba 5120
	Dhanus Rasi: 17.03	Tithi 26	Gulika 8:14AM – 9:44AM	Purvashadha* Until 1:22AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:43AM	
			Yama 3:45PM – 5:15PM	Siddhi Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44
	Routine Work	Prabalarishta Yoga	988273367 Rahu 11:14AM – 12:44PM	Bava Until 5:19PM	Nataraja: White		2nd Phase
			Ekadashi* Until 6:34AM Sat	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

3	Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipata* Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 321 Vilamba 5120
	Dhanus Rasi: 28.56	Tithi 26 – 27	Gulika 6:43AM – 8:13AM	Uttarashadha Until 4:19AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:43AM	
			Yama 2:14PM – 3:45PM	Vyatipata* Until 6:59AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44
	Routine Work	Marana Yoga	988273367 Rahu 9:44AM – 11:14AM	Kaulava Until 7:55PM	Nataraja: White		2nd Phase
			Ekadashi* Until 6:34AM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

4	Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 322 Vilamba 5120
	Makara Rasi: 10.44	Tithi 27 – 28	Gulika 3:44PM – 5:15PM	Shravana Until 7:40AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM	
			Yama 12:44PM – 2:14PM	Varyan Until 7:58AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44
	Creative Work	Amrita Yoga	988273367 Rahu 5:15PM – 6:45PM	Gara Until 10:39PM	Nataraja: White		2nd Phase
			Dvadashi* Until 9:15AM	Moon – Purple		Devaloka Day	
				Magha-Masi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 323 Vilamba 5120
	Makara Rasi: 22.3	Tithi 28 – 29	Gulika 2:14PM – 3:44PM	Shravana Until 7:40AM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	
	Family Home Evening		Yama 11:13AM – 12:44PM	Parigha* Until 9:02AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44
	Creative Work	Amrita Yoga	988273367 Rahu 8:13AM – 9:43AM	Visti Until 1:22AM Tue	Nataraja: White		2nd Phase
			Trayodashi* Until 12:00PM	Moon – Purple		Devaloka Day	
				Magha-Masi			

●	Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 324 Vilamba 5120
	Retreat Star		Gulika 12:43PM – 2:14PM	Dhanishtha Until 10:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	
	Kumbha Rasi: 4.17	Tithi 29 – 30	Yama 9:43AM – 11:13AM	Shiva Until 10:03AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	199273367 Rahu 3:44PM – 5:15PM	Catuspada Until 3:56AM Wed	Nataraja: White		Amavasya
			Chaturdashi* Until 2:39PM	Moon – Purple		Devaloka Day	
				Magha-Masi			

●	Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 325 Vilamba 5120
	Retreat Star		Gulika 11:13AM – 12:43PM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	
	Kumbha Rasi: 16.09	Tithi 30 – 1	Yama 8:12AM – 9:42AM	Siddha Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	199273367 Rahu 12:43PM – 2:14PM	Kintughna Until 6:14AM Thu	Nataraja: White		Prathama
			Amavasya* Until 5:06PM	Moon – Purple		Devaloka Day	
				Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 326	
Kumbha Rasi: 28.07	Tithi 1	Gulika 9:42AM – 11:13AM	Purvaproshtapada* Until 4:24PM	Ganesha: Yellow	Sunrise: 6:41AM			Vilamba 5120	
		Yama 6:41AM – 8:12AM	Sadhya Until 11:32AM	Muruqa: Clear	Sunset: 6:45PM			Moon 2 - Phase 45	3rd Phase
		119373367 Rahu 2:13PM – 3:44PM	Kintughna Until 6:14AM	Nataraja: White					
Creative Work	Siddha Yoga		Prathama* Until 7:15PM	Moon – Clear				Devaloka Day	
				Phalguna-Masi					
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 327	
Meena Rasi: 10.11	Tithi 2	Gulika 8:11AM – 9:42AM	Uttaraproshtapada Until 6:46PM	Ganesha: Yellow	Sunrise: 6:41AM			Vilamba 5120	
		Yama 3:44PM – 5:14PM	Subha Until 11:58AM	Muruqa: Clear	Sunset: 6:44PM			Moon 2 - Phase 45	3rd Phase
		119373367 Rahu 11:12AM – 12:43PM	Balava Until 8:13AM	Nataraja: White					
Creative Work	Siddha Yoga		Dvitiya Until 9:04PM	Moon – Clear				Devaloka Day	
				Phalguna-Masi					
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 17 Sutra 328	
Meena Rasi: 22.23	Tithi 3	Gulika 6:41AM – 8:11AM	Revati Until 8:38PM	Ganesha: Yellow	Sunrise: 6:41AM			Vilamba 5120	
		Yama 2:13PM – 3:43PM	Sukla Until 12:07PM	Muruqa: Clear	Sunset: 6:44PM			Moon 2 - Phase 45	3rd Phase
		119373367 Rahu 9:42AM – 11:12AM	Taitila Until 9:53AM	Nataraja: White					
Routine Work	Prabalarishta Yoga		Tritiya Until 10:33PM	Moon – Clear				Devaloka Day	
Until 8:38PM				Phalguna-Masi					
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day							
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 329	
Mesha Rasi: 4.45	Tithi 4	Gulika 3:43PM – 5:14PM	Ashvini Until 10:27PM	Ganesha: Red	Sunrise: 6:40AM			Vilamba 5120	
		Yama 12:42PM – 2:13PM	Brahma Until 11:59AM	Muruqa: Clear	Sunset: 6:44PM			Moon 2 - Phase 45	3rd Phase
		129373367 Rahu 5:14PM – 6:44PM	Vanija Until 11:09AM	Nataraja: White					
Creative Work	Siddha Yoga		Chaturthi* Until 11:38PM	Moon – White				Devaloka Day	
Until 10:27PM				Phalguna-Masi					
Then Routine Work - Prabalarishta Yoga									
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 330	
Mesha Rasi: 17.17	Tithi 5	Gulika 2:13PM – 3:43PM	Bharani Until 11:41PM	Ganesha: Red	Sunrise: 6:40AM			Vilamba 5120	
Family Home Evening		Yama 11:11AM – 12:42PM	Indra Until 11:34AM	Muruqa: Clear	Sunset: 6:44PM			Moon 2 - Phase 45	3rd Phase
		129373367 Rahu 8:10AM – 9:41AM	Bava Until 12:01PM	Nataraja: White					
Creative Work	Siddha Yoga		Panchami Until 12:16AM Tue	Moon – White				Devaloka Day	
Until 11:41PM				Phalguna-Masi					
Then Routine Work - Marana Yoga									
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 331	
Vrishabha Rasi: 0.02	Tithi 6	Gulika 12:42PM – 2:12PM	Krittika Until 12:17AM Wed	Ganesha: Red	Sunrise: 6:40AM			Vilamba 5120	
		Yama 9:41AM – 11:11AM	Vaidhriti* Until 10:45AM	Muruqa: Clear	Sunset: 6:44PM			Moon 2 - Phase 45	3rd Phase
		129373367 Rahu 3:43PM – 5:13PM	Kaulava Until 12:25PM	Nataraja: White					
Creative Work	Siddha Yoga		Shashthi* Until 12:24AM Wed	Moon – White				Devaloka Day	
				Phalguna-Masi					
Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 332	
Vrishabha Rasi: 13.01	Tithi 7	Gulika 11:11AM – 12:41PM	Rohini Until 12:39AM Thu	Ganesha: Purple	Sunrise: 6:39AM			Vilamba 5120	
		Yama 8:10AM – 9:40AM	Vishkambha* Until 9:33AM	Muruqa: Clear	Sunset: 6:44PM			Moon 2 - Phase 45	3rd Phase
		131373367 Rahu 12:41PM – 2:12PM	Gara Until 12:17PM	Nataraja: White					
Creative Work	Siddha Yoga		Saptami Until 11:59PM	Moon – Yellow				Sivaloka Day	
Until 12:39AM Thu				Phalguna-Masi					
Then Routine Work - Marana Yoga									
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 333	
Vrishabha Rasi: 26.19	Tithi 8	Gulika 9:40AM – 11:11AM	Mrigashira Until 12:15AM Fri	Ganesha: Purple	Sunrise: 6:39AM			Vilamba 5120	
		Yama 6:39AM – 8:09AM	Priti Until 7:54AM	Muruqa: Clear	Sunset: 6:44PM			Moon 2 - Phase 45	Ashtami
		131373367 Rahu 2:12PM – 3:42PM	Visti Until 11:33AM	Nataraja: White					
Routine Work	Marana Yoga		Ashtami* Until 10:56PM	Moon – Yellow				Sivaloka Day	
Until 12:15AM Fri				Phalguna-Masi					
Then Creative Work - Siddha Yoga									
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 334	
Mithuna Rasi: 9.57	Tithi 9	Gulika 8:09AM – 9:40AM	Ardra Until 11:07PM	Ganesha: Purple	Sunrise: 6:38AM			Vilamba 5120	
		Yama 3:42PM – 5:13PM	Saubhagya Until 3:05AM Sat	Muruqa: Clear	Sunset: 6:43PM			Moon 2 - Phase 45	Navami
		131373368 Rahu 11:10AM – 12:41PM	Balava Until 10:12AM	Nataraja: Clear					
Creative Work	Siddha Yoga		Navami* Until 9:17PM	Moon – Yellow				Subha Sivaloka Day	
		Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni					


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1		Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 335 Vilamba 5120	
Mithuna Rasi: 23.58	Tithi 10	Gulika 6:38AM – 8:09AM	Punarvasu Until 9:41PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM		
		Yama 2:11PM – 3:42PM	Sobhana Until 12:00AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46	
141373368	Rahu 9:39AM – 11:10AM		Taitila Until 8:14AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 7:02PM	Moon – Blue		Sivaloka Day	
				Phalguna-Panguni			

2		Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 336 Vilamba 5120	
Kataka Rasi: 8.21	Tithi 11 – 12	Gulika 3:42PM – 5:12PM	Pushya Until 7:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM		
		Yama 12:40PM – 2:11PM	Athiganda* Until 8:29PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46	
141373368	Rahu 5:12PM – 6:43PM		Bava Until 2:45AM Mon	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 4:16PM	Moon – Blue		Sivaloka Day	
				Phalguna-Panguni			

3		Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 337 Vilamba 5120	
Kataka Rasi: 23.04	Tithi 12 – 13	Gulika 2:11PM – 3:42PM	Ashlesha* Until 5:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM		
Family Home Evening		Yama 11:09AM – 12:40PM	Sukarma Until 4:40PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46	
141373368	Rahu 8:08AM – 9:39AM		Kaulava Until 11:26PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 1:07PM	Moon – Blue		Sivaloka Day	
Until 5:01PM		Yogaswami Mahasamadhi		Phalguna-Panguni			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

4		Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 338 Vilamba 5120	
Simha Rasi: 8.01	Tithi 13 – 14	Gulika 12:40PM – 2:11PM	Magha* Until 2:27PM	Ganesha: White	<i>Sunrise:</i> 6:37AM		
		Yama 9:38AM – 11:09AM	Dhriti Until 12:40PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46	
151373368	Rahu 3:41PM – 5:12PM		Gara Until 7:56PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 9:41AM	Moon – Red		Subha Sivaloka Day	
				Phalguna-Panguni			

		Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sutra 339 Vilamba 5120	
Copper Retreat Star		Gulika 11:09AM – 12:39PM	Purvaphalguni Until 11:40AM	Ganesha: White	<i>Sunrise:</i> 6:36AM		
Simha Rasi: 23.05	Tithi 14 – 15	Yama 8:07AM – 9:38AM	Shula* Until 8:34AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46	
151373368	Rahu 12:39PM – 2:10PM		Bava Until 2:37AM Thu	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Chaturdashi* Until 6:08AM	Moon – Red		Subha Sivaloka Day	
		Panguni Uttiram		Phalguna-Panguni			
		Holi					

Thursday, March 21, 2019		Silver Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Port Harcourt, Nigeria Sutra 340 Vilamba 5120	
Kanya Rasi: 8.08	Tithi 16	Gulika 9:38AM – 11:08AM	Uttaraphalguni Until 8:50AM	Ganesha: White	<i>Sunrise:</i> 6:36AM		
		Yama 6:36AM – 8:07AM	Vriddhi Until 12:41AM Fri	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 46	
151383368	Rahu 2:10PM – 3:41PM		Balava Until 12:57PM	Nataraja: Clear		Prathama	
Amrita Yoga			Prathama* Until 11:19PM	Moon – Red		Sivaloka Day	
Until 8:50AM				Phalguna-Panguni			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019
Gold Retreat Star

Kanya Rasi: 22.59 Tithi 17

162383368

Gulika 8:06AM – 9:37AM
Yama 3:41PM – 5:11PM
Rahu 11:08AM – 12:39PM

Creative Work Amrita Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Hasta Until 6:33AM
Dhruva Until 9:08PM
Taitila Until 9:49AM
Dvitiya Until 8:24PM

Ganesha: Yellow *Sunrise:* 6:35AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Port Harcourt, Nigeria
Sun 1 Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

1

Saturday, March 23, 2019

Tula Rasi: 7.31 Tithi 18

162383368

Gulika 6:35AM – 8:06AM
Yama 2:09PM – 3:40PM
Rahu 9:37AM – 11:08AM

Creative Work Siddha Yoga
Until 3:02AM Sun
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Svati Until 3:02AM Sun
Vyaghata* Until 6:03PM
Vanija Until 7:09AM
Tritiya Until 6:02PM

Ganesha: Blue *Sunrise:* 6:35AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Port Harcourt, Nigeria
Sun 2 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Tula Rasi: 21.38 Tithi 19 – 20

172383368

Gulika 3:40PM – 5:11PM
Yama 12:38PM – 2:09PM
Rahu 5:11PM – 6:42PM

Routine Work Marana Yoga
Until 2:31AM Mon
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Vishakha Until 2:31AM Mon
Harshana Until 3:33PM
Kaulava Until 3:50AM Mon
Chaturthi* Until 4:21PM

Ganesha: Red *Sunrise:* 6:35AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Port Harcourt, Nigeria
Sun 3 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

3

Monday, March 25, 2019

Vrischika Rasi: 5.16 Tithi 20 – 21

172383368

Gulika 2:09PM – 3:40PM
Yama 11:07AM – 12:38PM
Rahu 8:05AM – 9:36AM

Family Home Evening
Creative Work Siddha Yoga
Until 2:43AM Tue
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anuradha Until 2:43AM Tue
Vajra* Until 1:41PM
Gara Until 3:24AM Tue
Panchami Until 3:29PM

Ganesha: Red *Sunrise:* 6:34AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Port Harcourt, Nigeria
Sun 4 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

4

Tuesday, March 26, 2019

Vrischika Rasi: 18.26 Tithi 21 – 22

172383368

Gulika 12:38PM – 2:09PM
Yama 9:36AM – 11:07AM
Rahu 3:40PM – 5:11PM

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Jyeshtha* Until 3:37AM Wed
Siddhi Until 12:31PM
Visti Until 3:52AM Wed
Shashthi* Until 3:30PM

Ganesha: Red *Sunrise:* 6:34AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Port Harcourt, Nigeria
Sun 5 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

5

Wednesday, March 27, 2019

Dhanus Rasi: 1.09 Tithi 22 – 23

182383368

Gulika 11:06AM – 12:37PM
Yama 8:04AM – 9:35AM
Rahu 12:37PM – 2:08PM

Routine Work Marana Yoga
Until 5:38AM Thu
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mula* Until 5:38AM Thu
Vyatipata* Until 12:02PM
Balava Until 5:10AM Thu
Saptami Until 4:24PM

Ganesha: Green *Sunrise:* 6:33AM
Muruqa: White *Sunset:* 6:41PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Port Harcourt, Nigeria
Sun 6 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

D

Thursday, March 28, 2019

Retreat Star

Dhanus Rasi: 13.3 Tithi 23

182383368

Gulika 9:35AM – 11:06AM
Yama 6:33AM – 8:04AM
Rahu 2:08PM – 3:39PM

Creative Work Siddha Yoga
Until 8:10AM Fri
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Purvashadha* Until 8:10AM Fri
Variyan Until 12:09PM
Kaulava Until 6:04PM
Ashtami* Until 6:04PM

Ganesha: Green *Sunrise:* 6:33AM
Muruqa: White *Sunset:* 6:41PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Port Harcourt, Nigeria
Sun 7 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, March 29, 2019

Retreat Star

Dhanus Rasi: 25.35 Tithi 24

182383468

Gulika 8:04AM – 9:35AM
Yama 3:39PM – 5:10PM
Rahu 11:06AM – 12:37PM

Routine Work Prabalarishta Yoga
Until 8:10AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Purvashadha* Until 8:10AM
Parigha* Until 12:45PM
Taitila Until 7:09AM
Navami* Until 8:19PM

Ganesha: Green *Sunrise:* 6:32AM
Muruqa: Yellow *Sunset:* 6:41PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Port Harcourt, Nigeria
Sun 8 Sutra 348
Vilamba 5120
Moon 3 - Phase 47
Navami

Devaloka Day

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Port Harcourt, Nigeria Sun 16 Sutra 356 Vilamba 5120
Mesha Rasi: 1.38	Tithi 1 – 2	Gulika 6:30AM – 8:01AM	Ashvini Until 4:13AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:30AM		
		Yama 2:06PM – 3:37PM	Vaidhrili* Until 5:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 49
		123483468 Rahu 9:32AM – 11:03AM	Balava Until 11:17PM	Nataraja: Purple			3rd Phase
Creative Work Siddha Yoga			Prathama* Until 10:54AM	Moon – White		Devaloka Day	
Until 4:13AM Sun		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Routine Work - Prabalarishta Yoga							

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Port Harcourt, Nigeria Sun 17 Sutra 357 Vilamba 5120
Mesha Rasi: 14.16	Tithi 2 – 3	Gulika 3:37PM – 5:08PM	Bharani Until 5:12AM Mon	Ganesha: Purple	<i>Sunrise:</i> 6:29AM		
		Yama 12:34PM – 2:06PM	Vishkambha* Until 4:36PM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 49
		123483468 Rahu 5:08PM – 6:40PM	Taitila Until 11:42PM	Nataraja: Purple			3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 11:31AM	Moon – White		Devaloka Day	
Until 5:12AM Mon				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Port Harcourt, Nigeria Sun 18 Sutra 358 Vilamba 5120
Mesha Rasi: 27.05	Tithi 3 – 4	Gulika 2:05PM – 3:37PM	Krittika Until 5:39AM Tue	Ganesha: Purple	<i>Sunrise:</i> 6:29AM		
Family Home Evening		Yama 11:03AM – 12:34PM	Priti Until 3:40PM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49
		123483468 Rahu 8:00AM – 9:31AM	Vanija Until 11:45PM	Nataraja: Purple			3rd Phase
Routine Work Marana Yoga			Tritiya Until 11:45AM	Moon – White		Devaloka Day	
Until 5:39AM Tue				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Port Harcourt, Nigeria Sun 19 Sutra 359 Vilamba 5120
Vrishabha Rasi: 10.05	Tithi 4 – 5	Gulika 12:34PM – 2:05PM	Rohini Until 6:03AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:28AM		
		Yama 9:31AM – 11:02AM	Ayushman Until 2:25PM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49
		133483468 Rahu 3:37PM – 5:08PM	Bava Until 11:26PM	Nataraja: Purple			3rd Phase
Creative Work Amrita Yoga			Chaturthi* Until 11:37AM	Moon – Yellow		Sivaloka Day	
Until 6:03AM Wed				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Port Harcourt, Nigeria Sun 20 Sutra 360 Vilamba 5120
Vrishabha Rasi: 23.17	Tithi 5 – 6	Gulika 11:02AM – 12:34PM	Rohini Until 6:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM		
		Yama 7:59AM – 9:31AM	Saubhagya Until 12:53PM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49
		133483468 Rahu 12:34PM – 2:05PM	Kaulava Until 10:44PM	Nataraja: Purple			3rd Phase
Creative Work Siddha Yoga			Panchami Until 11:07AM	Moon – Yellow		Sivaloka Day	
				Chaitra•Panguni			

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Port Harcourt, Nigeria Sun 21 Sutra 361 Vilamba 5120
Mithuna Rasi: 6.41	Tithi 6 – 7	Gulika 9:30AM – 11:02AM	Ardra Until 5:16AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:28AM		
		Yama 6:28AM – 7:59AM	Sobhana Until 11:04AM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49
		133483468 Rahu 2:05PM – 3:36PM	Gara Until 9:39PM	Nataraja: Purple			3rd Phase
Routine Work Marana Yoga			Shashthi* Until 10:14AM	Moon – Yellow		Sivaloka Day	
Until 5:16AM Fri				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Port Harcourt, Nigeria Sun 22 Sutra 362 Vilamba 5120
Retreat Star		Gulika 7:59AM – 9:30AM	Punarvasu Until 4:29AM Sat	Ganesha: White	<i>Sunrise:</i> 6:27AM		
Mithuna Rasi: 20.19	Tithi 7 – 8	Yama 3:36PM – 5:07PM	Athiganda* Until 8:53AM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49
		143483468 Rahu 11:02AM – 12:33PM	Visti Until 8:08PM	Nataraja: Purple			Ashtami
Creative Work Siddha Yoga			Saptami Until 8:56AM	Moon – Blue		Devaloka Day	
				Chaitra•Panguni			

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Port Harcourt, Nigeria Sun 23 Sutra 363 Vilamba 5120
Retreat Star		Gulika 6:27AM – 7:58AM	Pushya Until 3:09AM Sun	Ganesha: White	<i>Sunrise:</i> 6:27AM		
Kataka Rasi: 4.12	Tithi 8 – 9	Yama 2:04PM – 3:36PM	Sukarma Until 6:23AM	Muruqa: Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49
		143483468 Rahu 9:30AM – 11:01AM	Balava Until 6:13PM	Nataraja: Purple			Navami
Creative Work Siddha Yoga			Ashtami* Until 7:13AM	Moon – Blue		Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 18.21	Tithi 10	Gulika 3:36PM – 5:07PM	Ashlesha* Until 1:19AM Mon	Ganesha: White <i>Sunrise:</i> 6:26AM
		Yama 12:32PM – 2:04PM	Shula* Until 12:27AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:39PM
	143483468	Rahu 5:07PM – 6:39PM	Taitila Until 3:55PM	Nataraja: Purple Moon – Blue
Creative Work Siddha Yoga			Dashami Until 2:37AM Mon	Devaloka Day
Until 1:19AM Mon		Tamil New Year		Chaitra*Chaitra
Then Routine Work - Marana Yoga				

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 2.44	Tithi 11	Gulika 2:04PM – 3:35PM	Magha* Until 11:27PM	Ganesha: White <i>Sunrise:</i> 6:26AM
Family Home Evening	253483468	Yama 11:01AM – 12:32PM	Ganda* Until 9:05PM	Muruqa: Yellow <i>Sunset:</i> 6:38PM
Routine Work Marana Yoga		Rahu 7:58AM – 9:29AM	Vanija Until 1:16PM	Nataraja: Purple Moon – Red
Until 11:27PM			Ekadashi Until 11:50PM	Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 17.19	Tithi 12	Gulika 12:32PM – 2:04PM	Purvaphalguni Until 9:16PM	Ganesha: White <i>Sunrise:</i> 6:26AM
		Yama 9:29AM – 11:00AM	Vriddhi Until 5:33PM	Muruqa: Yellow <i>Sunset:</i> 6:38PM
	253483468	Rahu 3:35PM – 5:07PM	Bava Until 10:23AM	Nataraja: Purple Moon – Red
Creative Work Siddha Yoga			Dvodashi Until 8:52PM	Devaloka Day
Until 9:16PM				Chaitra*Chaitra
Then Creative Work - Amrita Yoga				

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 2.01	Tithi 13 – 14	Gulika 11:00AM – 12:32PM	Uttaraphalguni Until 6:53PM	Ganesha: White <i>Sunrise:</i> 6:25AM
		Yama 7:57AM – 9:28AM	Dhruva Until 1:56PM	Muruqa: Yellow <i>Sunset:</i> 6:38PM
	253483468	Rahu 12:32PM – 2:03PM	Kaulava Until 7:22AM	Nataraja: Purple Moon – Red
Creative Work Amrita Yoga			Trayodashi Until 5:50PM	Devaloka Day
Until 6:53PM				Chaitra*Chaitra
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	

Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sutra 4 Vikarin 5121
Copper Retreat Star		Gulika 9:28AM – 11:00AM	Hasta Until 4:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM
Kanya Rasi: 16.42	Tithi 14 – 15	Yama 6:25AM – 7:57AM	Vyaghata* Until 10:22AM	Muruqa: Yellow <i>Sunset:</i> 6:38PM
		263483468 Rahu 2:03PM – 3:35PM	Visti Until 1:30AM Fri	Nataraja: Purple Moon – Green
Routine Work Marana Yoga			Chaturdashi* Until 2:53PM	Sivaloka Day
Until 4:51PM		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra
Then Creative Work - Siddha Yoga		Hanuman Jayanti		

Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sutra 5 Vikarin 5121
Silver Retreat Star		Gulika 7:56AM – 9:28AM	Chitra Until 2:56PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM
Tula Rasi: 1.17	Tithi 15 – 16	Yama 3:35PM – 5:06PM	Harshana Until 6:59AM	Muruqa: Yellow <i>Sunset:</i> 6:38PM
		263483468 Rahu 11:00AM – 12:31PM	Balava Until 10:57PM	Nataraja: Purple Moon – Green
Creative Work Siddha Yoga			Purnima* Until 12:09PM	Sivaloka Day
				Chaitra*Chaitra