



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway  
Sutra 16

Vrischika Rasi: 0.29 Tithi 17

273832369

**Gulika** 12:16PM – 2:15PM  
Yama 8:18AM – 10:17AM  
**Rahu** 4:14PM – 6:13PM

**Vishakha** Until 11:23AM  
Variyan Until 4:48AM Wed  
Taitila Until 2:40PM  
**Dvitiya** Until 3:09AM Wed

**Ganesha:** Purple *Sunrise:* 4:19AM

**Muruqa:** White *Sunset:* 8:13PM

**Nataraja:** Purple  
Moon – Orange

**Vaisaka-Chaitra**

Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Routine Work Marana Yoga  
Until 11:23AM  
Then Creative Work - Siddha Yoga

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway  
Sun 1 Sutra 17

Vrischika Rasi: 13.01 Tithi 18

273832369

**Gulika** 10:16AM – 12:16PM  
Yama 6:16AM – 8:16AM  
**Rahu** 12:16PM – 2:16PM

**Anuradha** Until 1:05PM  
Parigha\* Until 4:56AM Thu  
Vanija Until 3:49PM  
**Tritiya** Until 4:34AM Thu

**Ganesha:** Purple *Sunrise:* 4:17AM

**Muruqa:** White *Sunset:* 8:15PM

**Nataraja:** Purple  
Moon – Orange

**Vaisaka-Chaitra**

Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway  
Sun 2 Sutra 18

Vrischika Rasi: 25.17 Tithi 19

274832369

**Gulika** 8:15AM – 10:15AM  
Yama 4:14AM – 6:14AM  
**Rahu** 2:16PM – 4:17PM

**Jyeshtha\*** Until 3:08PM  
Shiva Until 5:28AM Fri  
Bava Until 5:30PM  
**Chaturthi\*** Until 6:30AM Fri

**Ganesha:** Clear *Sunrise:* 4:14AM

**Muruqa:** White *Sunset:* 8:17PM

**Nataraja:** Purple  
Moon – Orange

**Vaisaka-Chaitra**

Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga  
Until 3:08PM  
Then Creative Work - Siddha Yoga

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway  
Sun 3 Sutra 19

Dhanus Rasi: 7.22 Tithi 19 – 20

284832369

**Gulika** 6:12AM – 8:14AM  
Yama 4:18PM – 6:19PM  
**Rahu** 10:15AM – 12:16PM

**Mula\*** Until 5:59PM  
Siddha Until 6:17AM Sat  
Kaulava Until 7:39PM  
**Chaturthi\*** Until 6:30AM

**Ganesha:** White *Sunrise:* 4:11AM

**Muruqa:** White *Sunset:* 8:20PM

**Nataraja:** Purple  
Moon – Light Blue

**Vaisaka-Chaitra**

Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 5:59PM  
Then Routine Work - Prabalarishta Yoga

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Oslo, Norway  
Sun 4 Sutra 20

Dhanus Rasi: 19.16 Tithi 20 – 21

284832369

**Gulika** 4:09AM – 6:11AM  
Yama 2:17PM – 4:19PM  
**Rahu** 8:12AM – 10:14AM

**Purvashadha\*** Until 8:59PM  
Siddha Until 6:17AM  
Gara Until 10:07PM  
**Panchami** Until 8:50AM

**Ganesha:** White *Sunrise:* 4:09AM

**Muruqa:** White *Sunset:* 8:22PM

**Nataraja:** Purple  
Moon – Light Blue

**Vaisaka-Chaitra**

Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 8:59PM  
Then Routine Work - Marana Yoga

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashti/Saptamyam Titau

Oslo, Norway  
Sun 5 Sutra 21

Makara Rasi: 1.05 Tithi 21 – 22

284832369

**Gulika** 4:20PM – 6:22PM  
Yama 12:15PM – 2:18PM  
**Rahu** 6:22PM – 8:25PM

**Uttarashadha** Until 11:55PM  
Sadhya Until 7:18AM  
Visti Until 12:42AM Mon  
**Shashti\*** Until 11:23AM

**Ganesha:** White *Sunrise:* 4:06AM

**Muruqa:** White *Sunset:* 8:25PM

**Nataraja:** Purple  
Moon – Light Blue

**Vaisaka-Chaitra**

Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway  
Sun 6 Sutra 22

Makara Rasi: 12.54 Tithi 22 – 23

294832369

**Gulika** 2:18PM – 4:21PM  
Yama 10:12AM – 12:15PM  
**Rahu** 6:07AM – 8:10AM

**Shravana** Until 3:04AM Tue  
Subha Until 8:22AM  
Balava Until 3:08AM Tue  
**Saptami** Until 1:56PM

**Ganesha:** Yellow *Sunrise:* 4:04AM

**Muruqa:** White *Sunset:* 8:27PM

**Nataraja:** Purple  
Moon – Purple

**Vaisaka-Chaitra**

Moon 4 - Phase 3  
Ashtami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga  
Until 3:04AM Tue  
Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

**Tuesday, May 8, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway  
Sun 7 Sutra 23

Makara Rasi: 24.47 Tithi 23 – 24

294832369

**Gulika** 12:15PM – 2:19PM  
Yama 8:08AM – 10:12AM  
**Rahu** 4:22PM – 6:26PM

**Dhanishtha** Until 5:40AM Wed  
Sukla Until 9:14AM  
Taitila Until 5:10AM Wed  
**Ashtami\*** Until 4:12PM

**Ganesha:** Yellow *Sunrise:* 4:01AM

**Muruqa:** White *Sunset:* 8:29PM

**Nataraja:** Purple  
Moon – Purple

**Vaisaka-Chaitra**

Moon 4 - Phase 3  
Navami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

<b>1</b>		<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Oslo, Norway Sun 8 Sutra 24	
Kumbha Rasi: 6.49	Tithi 24 – 25	<b>Gulika</b> 10:11AM – 12:15PM	<b>Shatabhishak</b> Until 7:30AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:59AM	Vilamba 5120	
		Yama 6:03AM – 8:07AM	Brahma Until 9:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:32PM	Moon 4 - Phase 4	
		294832369 <b>Rahu</b> 12:15PM – 2:19PM	Vanija Until 6:35AM Thu	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 5:57PM	<b>Moon – Purple</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau		Oslo, Norway Sun 9 Sutra 25	
Kumbha Rasi: 19.07	Tithi 25	<b>Gulika</b> 8:06AM – 10:10AM	<b>Shatabhishak</b> Until 7:30AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:56AM	Vilamba 5120	
		Yama 3:56AM – 6:01AM	Indra Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:34PM	Moon 4 - Phase 4	
		294832369 <b>Rahu</b> 2:20PM – 4:25PM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:00PM	<b>Moon – Purple</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Oslo, Norway Sun 10 Sutra 26	
Meena Rasi: 1.46	Tithi 26	<b>Gulika</b> 5:59AM – 8:05AM	<b>Purvaproshtapada*</b> Until 8:55AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:54AM	Vilamba 5120	
		Yama 4:26PM – 6:31PM	Vaidhrili* Until 9:14AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:37PM	Moon 4 - Phase 4	
		214832369 <b>Rahu</b> 10:10AM – 12:15PM	Bava Until 7:14AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:14PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Oslo, Norway Sun 11 Sutra 27	
Meena Rasi: 14.47	Tithi 27	<b>Gulika</b> 3:51AM – 5:57AM	<b>Uttaraproshtapada</b> Until 9:22AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:51AM	Vilamba 5120	
		Yama 2:21PM – 4:27PM	Vishkambha* Until 8:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:39PM	Moon 4 - Phase 4	
		214932369 <b>Rahu</b> 8:03AM – 10:09AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 6:39PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
Until 9:22AM				<b>Vaisaka-Chaitra</b>			
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 12 Sutra 28	
Meena Rasi: 28.16	Tithi 28 – 29	<b>Gulika</b> 4:28PM – 6:35PM	<b>Revati</b> Until 8:53AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:49AM	Vilamba 5120	
		Yama 12:15PM – 2:22PM	Priti Until 6:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:41PM	Moon 4 - Phase 4	
		214932369 <b>Rahu</b> 6:35PM – 8:41PM	Gara Until 6:05AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 5:18PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
Until 8:53AM				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga		<b>Mother's Day</b>	<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>		<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 13 Sutra 29	
Mesha Rasi: 12.08	Tithi 29 – 30	<b>Gulika</b> 2:22PM – 4:29PM	<b>Ashvini</b> Until 8:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:47AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:08AM – 12:15PM	Saubhagya Until 12:51AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 8:43PM	Moon 4 - Phase 4	
		224932369 <b>Rahu</b> 5:54AM – 8:01AM	Catuspada Until 2:09AM Tue	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:20PM	<b>Moon – White</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>		<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Oslo, Norway Sun 14 Sutra 30	
Mesha Rasi: 26.23	Tithi 30 – 1	<b>Gulika</b> 12:15PM – 2:23PM	<b>Bharani</b> Until 6:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:44AM	Vilamba 5120	
		Yama 8:00AM – 10:07AM	Sobhana Until 9:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:46PM	Moon 4 - Phase 4	
		224932369 <b>Rahu</b> 4:30PM – 6:38PM	Kintughna Until 11:29PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:51PM	<b>Moon – White</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>		<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 15 Sutra 31	
Vrishabha Rasi: 10.53	Tithi 1 – 2	<b>Gulika</b> 10:07AM – 12:15PM	<b>Rohini</b> Until 2:20AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:42AM	Vilamba 5120	
		Yama 5:50AM – 7:59AM	Athiganda* Until 6:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:48PM	Moon 4 - Phase 4	
		235932369 <b>Rahu</b> 12:15PM – 2:23PM	Balava Until 8:33PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:01AM	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>	
Until 2:20AM Thu				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

<b>1</b>	<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Oslo, Norway
	Vrishabha Rasi: 25.34	Tithi 2 – 3	<b>Gulika</b> 7:58AM – 10:06AM	<b>Mrigashira</b> Until 12:05AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise: 3:40AM</i>	Sun 16	Sutra 32
			Yama 3:40AM – 5:49AM	Sukarma Until 2:34PM	<b>Muruqa:</b> White <i>Sunset: 8:50PM</i>		Vilamba 5120
	235932369		<b>Rahu</b> 2:24PM – 4:33PM	Gara Until 3:58AM Fri	<b>Nataraja:</b> Purple		Moon 4 - Phase 5
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 7:01AM	Moon – Yellow		3rd Phase	
				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>2</b>	<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau				Oslo, Norway
	Mithuna Rasi: 10.17	Tithi 4	<b>Gulika</b> 5:47AM – 7:56AM	<b>Ardra</b> Until 9:46PM	<b>Ganesha:</b> Yellow <i>Sunrise: 3:38AM</i>	Sun 17	Sutra 33
			Yama 4:34PM – 6:43PM	Dhriti Until 11:00AM	<b>Muruqa:</b> White <i>Sunset: 8:53PM</i>		Vilamba 5120
	235932369		<b>Rahu</b> 10:06AM – 12:15PM	Vanija Until 2:29PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 1:00AM Sat	Moon – Yellow		3rd Phase	
				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>3</b>	<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway
	Mithuna Rasi: 24.55	Tithi 5	<b>Gulika</b> 3:36AM – 5:45AM	<b>Punarvasu</b> Until 7:55PM	<b>Ganesha:</b> White <i>Sunrise: 3:36AM</i>	Sun 18	Sutra 34
			Yama 2:25PM – 4:35PM	Shula* Until 7:32AM	<b>Muruqa:</b> White <i>Sunset: 8:55PM</i>		Vilamba 5120
	245932369		<b>Rahu</b> 7:55AM – 10:05AM	Bava Until 11:37AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Panchami</b> Until 10:15PM	Moon – Blue		3rd Phase	
				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Devaloka Day</b>		

<b>4</b>	<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway
	Kataka Rasi: 9.23	Tithi 6	<b>Gulika</b> 4:36PM – 6:47PM	<b>Pushya</b> Until 6:13PM	<b>Ganesha:</b> White <i>Sunrise: 3:33AM</i>	Sun 19	Sutra 35
			Yama 12:15PM – 2:26PM	Vriddhi Until 1:17AM Mon	<b>Muruqa:</b> White <i>Sunset: 8:57PM</i>		Vilamba 5120
	245932369		<b>Rahu</b> 6:47PM – 8:57PM	Kaulava Until 9:00AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 7:48PM	Moon – Blue		3rd Phase	
				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Devaloka Day</b>		

<b>5</b>	<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway
	Kataka Rasi: 23.37	Tithi 7 – 8	<b>Gulika</b> 2:26PM – 4:37PM	<b>Ashlesha*</b> Until 4:44PM	<b>Ganesha:</b> White <i>Sunrise: 3:31AM</i>	Sun 20	Sutra 36
	<b>Family Home Evening</b>		Yama 10:04AM – 12:15PM	Dhruva Until 10:35PM	<b>Muruqa:</b> White <i>Sunset: 8:59PM</i>		Vilamba 5120
	245932369		<b>Rahu</b> 5:42AM – 7:53AM	Gara Until 6:43AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Saptami</b> Until 5:42PM	Moon – Blue		3rd Phase	
Until 4:44PM				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga							

<b>☾</b>	<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 12:15PM – 2:27PM	<b>Magha*</b> Until 3:55PM	<b>Ganesha:</b> Clear <i>Sunrise: 3:29AM</i>	Sun 21	Sutra 37
	Simha Rasi: 7.37	Tithi 8 – 9	Yama 7:52AM – 10:04AM	Vyaghata* Until 8:13PM	<b>Muruqa:</b> White <i>Sunset: 9:01PM</i>		Vilamba 5120
	255932369		<b>Rahu</b> 4:38PM – 6:50PM	Balava Until 3:19AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 5
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 4:00PM	Moon – Red		Ashtami	
				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>☽</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 10:03AM – 12:15PM	<b>Purvaphalguni</b> Until 3:23PM	<b>Ganesha:</b> Clear <i>Sunrise: 3:27AM</i>	Sun 22	Sutra 38
	Simha Rasi: 21.21	Tithi 9 – 10	Yama 5:39AM – 7:51AM	Harshana Until 6:12PM	<b>Muruqa:</b> White <i>Sunset: 9:03PM</i>		Vilamba 5120
	255932369		<b>Rahu</b> 12:15PM – 2:27PM	Taitila Until 2:13AM Thu	<b>Nataraja:</b> Purple		Moon 4 - Phase 5
Creative Work	Amrita Yoga		<b>Navami*</b> Until 2:42PM	Moon – Red		Navami	
				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 23 Sutra 39
Kanya Rasi: 4.51	Tithi 10 – 11	<b>Gulika</b> 7:51AM – 10:03AM	<b>Uttaraphalguni</b> Until 3:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:26AM	Vilamba 5120
		Yama 3:26AM – 5:38AM	Vajra* Until 4:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:05PM	Moon 4 - Phase 6
	Amrita Yoga	255932369 <b>Rahu</b> 2:28PM – 4:40PM	Vanija Until 1:31AM Fri	<b>Nataraja:</b> Purple		4th Phase
Until 3:05PM			<b>Dashami</b> Until 1:48PM	Moon – Red		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatiyata* Yoga Visti*/Bava Karana Ekadashi/Dvashyam Titau				Oslo, Norway Sun 24 Sutra 40
Kanya Rasi: 18.08	Tithi 11 – 12	<b>Gulika</b> 5:37AM – 7:50AM	<b>Hasta</b> Until 3:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:24AM	Vilamba 5120
		Yama 4:41PM – 6:54PM	Siddhi Until 3:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:07PM	Moon 4 - Phase 6
	Amrita Yoga	266932369 <b>Rahu</b> 10:03AM – 12:16PM	Bava Until 1:12AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Ekadashi</b> Until 1:18PM	Moon – Green		<b>Bhuloka Day</b>
Until 3:28PM				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatiyata*/Varyan Yoga Balava/Kaulava Karana Dvashami/Trayodashyam Titau				Oslo, Norway Sun 25 Sutra 41
Tula Rasi: 1.13	Tithi 12 – 13	<b>Gulika</b> 3:22AM – 5:35AM	<b>Chitra</b> Until 4:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:22AM	Vilamba 5120
		Yama 2:29PM – 4:43PM	Vyatiyata* Until 1:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:09PM	Moon 4 - Phase 6
	Marana Yoga	366932369 <b>Rahu</b> 7:49AM – 10:02AM	Kaulava Until 1:17AM Sun	<b>Nataraja:</b> Purple		4th Phase
Routine Work			<b>Dvadashi</b> Until 1:11PM	Moon – Green		<b>Bhuloka Day</b>
Until 4:05PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 26 Sutra 42
Tula Rasi: 14.06	Tithi 13 – 14	<b>Gulika</b> 4:44PM – 6:57PM	<b>Svati</b> Until 4:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:20AM	Vilamba 5120
		Yama 12:16PM – 2:30PM	Varyan Until 1:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:11PM	Moon 4 - Phase 6
	Siddha Yoga	366932369 <b>Rahu</b> 6:57PM – 9:11PM	Gara Until 1:46AM Mon	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Trayodashi</b> Until 1:27PM	Moon – Green		<b>Bhuloka Day</b>
Until 4:56PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga						

<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Oslo, Norway Sun 27 Sutra 43
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:30PM – 4:45PM	<b>Vishakha</b> Until 6:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:18AM	Vilamba 5120
Tula Rasi: 26.47	Tithi 14 – 15	Yama 10:01AM – 12:16PM	Parigha* Until 12:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:13PM	Moon 4 - Phase 6
<b>Family Home Evening</b>		376932369 <b>Rahu</b> 5:33AM – 7:47AM	Visti Until 2:41AM Tue	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 2:09PM	Moon – Orange		<b>Bhuloka Day</b>
Until 6:30PM		<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Oslo, Norway Sun 28 Sutra 44
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:16PM – 2:31PM	<b>Anuradha</b> Until 8:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:17AM	Vilamba 5120
Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 7:46AM – 10:01AM	Shiva Until 12:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:15PM	Moon 4 - Phase 6
		376932369 <b>Rahu</b> 4:46PM – 7:00PM	Balava Until 4:03AM Wed	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 3:17PM	Moon – Orange		<b>Bhuloka Day</b>
Until 8:22PM				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Oslo, Norway

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 21.34 Tithi 16 - 17

376932369

**Gulika** 10:01AM - 12:16PM  
Yama 5:30AM - 7:46AM  
**Rahu** 12:16PM - 2:31PM

**Jyeshtha\* Until 10:29PM**  
Siddha Until 12:53PM  
Taitila Until 5:51AM Thu  
**Prathama\* Until 4:52PM**

**Ganesha:** Clear *Sunrise: 3:15AM*  
**Muruqa:** White *Sunset: 9:17PM*

**Nataraja:** Purple  
Moon - Orange

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 10:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Gara Karana Dvityayam Titau

Oslo, Norway

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 3.41 Tithi 17

386932369

**Gulika** 7:45AM - 10:01AM  
Yama 3:14AM - 5:29AM  
**Rahu** 2:32PM - 4:48PM

**Mula\* Until 1:19AM Fri**  
Sadhya Until 1:27PM  
Gara Until 6:53PM  
**Dvitiya Until 6:53PM**

**Ganesha:** White *Sunrise: 3:14AM*  
**Muruqa:** White *Sunset: 9:19PM*

**Nataraja:** Purple  
Moon - Light Blue

**Bhuloka Day**

Creative Work Siddha Yoga

Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 15.39 Tithi 18

387932369

**Gulika** 5:28AM - 7:44AM  
Yama 4:48PM - 7:04PM  
**Rahu** 10:00AM - 12:16PM

**Purvashadha\* Until 4:17AM Sat**  
Subha Until 2:18PM  
Vanija Until 8:02AM  
**Tritiya Until 9:13PM**

**Ganesha:** Yellow *Sunrise: 3:12AM*  
**Muruqa:** White *Sunset: 9:21PM*

**Nataraja:** Purple  
Moon - Light Blue

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 27.3 Tithi 19

387932369

**Gulika** 3:11AM - 5:27AM  
Yama 2:33PM - 4:49PM  
**Rahu** 7:44AM - 10:00AM

**Uttarashadha Until 7:15AM Sun**  
Sukla Until 3:20PM  
Bava Until 10:30AM  
**Chaturthi\* Until 11:47PM**

**Ganesha:** Yellow *Sunrise: 3:11AM*  
**Muruqa:** White *Sunset: 9:22PM*

**Nataraja:** Purple  
Moon - Light Blue

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 7:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 9.17 Tithi 20

387932369

**Gulika** 4:50PM - 7:07PM  
Yama 12:17PM - 2:33PM  
**Rahu** 7:07PM - 9:24PM

**Uttarashadha Until 7:15AM**  
Brahma Until 4:27PM  
Kaulava Until 1:06PM  
**Panchami Until 2:22AM Mon**

**Ganesha:** Yellow *Sunrise: 3:09AM*  
**Muruqa:** White *Sunset: 9:24PM*

**Nataraja:** Purple  
Moon - Light Blue

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 21.05 Tithi 21

397932369

**Gulika** 2:34PM - 4:51PM  
Yama 10:00AM - 12:17PM  
**Rahu** 5:25AM - 7:42AM

**Shravana Until 10:32AM**  
Indra Until 5:30PM  
Gara Until 3:37PM  
**Shashthi\* Until 4:46AM Tue**

**Ganesha:** Blue *Sunrise: 3:08AM*  
**Muruqa:** White *Sunset: 9:25PM*

**Nataraja:** Purple  
Moon - Purple

**Devaloka Day**

Creative Work Amrita Yoga

Until 10:32AM

Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shalabhishak Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Saplamyam Titau

Oslo, Norway

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 2.58 Tithi 22

397132361

**Gulika** 12:17PM - 2:34PM  
Yama 7:42AM - 9:59AM  
**Rahu** 4:52PM - 7:09PM

**Dhanishtha Until 1:25PM**  
Vaidhriti\* Until 6:17PM  
Visti Until 5:51PM  
**Saptami Until 6:45AM Wed**

**Ganesha:** Purple *Sunrise: 3:07AM*  
**Muruqa:** White *Sunset: 9:27PM*

**Nataraja:** White  
Moon - Purple

**Devaloka Day**

Creative Work Siddha Yoga

Until 1:25PM

Then Routine Work - Marana Yoga

D

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shalabhishak/Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Oslo, Norway

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 15 Tithi 22 - 23

397132361

**Gulika** 9:59AM - 12:17PM  
Yama 5:24AM - 7:41AM  
**Rahu** 12:17PM - 2:35PM

**Shatabhishak Until 3:39PM**  
Vishkambha\* Until 6:41PM  
Balava Until 7:33PM  
**Saptami Until 6:45AM**

**Ganesha:** Purple *Sunrise: 3:06AM*  
**Muruqa:** White *Sunset: 9:28PM*

**Nataraja:** White  
Moon - Purple

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 27.17 Tithi 23 - 24

317132361

**Gulika** 7:41AM - 9:59AM  
Yama 3:05AM - 5:23AM  
**Rahu** 2:35PM - 4:53PM

**Purvaproshtapada\* Until 5:33PM**  
Priti Until 6:33PM  
Taitila Until 8:33PM  
**Ashtami\* Until 8:08AM**

**Ganesha:** Blue *Sunrise: 3:05AM*  
**Muruqa:** White *Sunset: 9:30PM*

**Nataraja:** White  
Moon - Clear

**Devaloka Day**

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>		<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Oslo, Norway
Meena Rasi: 9.55	Tithi 24 – 25	318132361	<b>Gulika</b> 5:22AM – 7:41AM <b>Yama</b> 4:54PM – 7:13PM <b>Rahu</b> 9:59AM – 12:17PM	<b>Uttaraproshtapada</b> Until 6:31PM Ayushman Until 5:45PM Vanija Until 8:44PM <b>Navami*</b> Until 8:44AM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 3:04AM <b>Sunset:</b> 9:31PM	Sun 9	Sutra 54 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Creative Work Siddha Yoga						<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM

<b>2</b>		<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway
Meena Rasi: 22.57	Tithi 25 – 26	318132361	<b>Gulika</b> 3:03AM – 5:22AM <b>Yama</b> 2:36PM – 4:55PM <b>Rahu</b> 7:40AM – 9:59AM	<b>Revati</b> Until 6:29PM Saubhagya Until 4:18PM Bava Until 8:04PM <b>Dashami</b> Until 8:29AM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 3:03AM <b>Sunset:</b> 9:32PM	Sun 10	Sutra 55 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Routine Work Prabalarishta Yoga Until 6:29PM Then Creative Work - Siddha Yoga						<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM

<b>3</b>		<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway
Mesha Rasi: 6.26	Tithi 26 – 27	328132361	<b>Gulika</b> 4:56PM – 7:14PM <b>Yama</b> 12:18PM – 2:37PM <b>Rahu</b> 7:14PM – 9:33PM	<b>Ashvini</b> Until 5:58PM Sobhana Until 2:13PM Kaulava Until 6:36PM <b>Ekadashi*</b> Until 7:25AM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 3:02AM <b>Sunset:</b> 9:33PM	Sun 11	Sutra 56 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Creative Work Siddha Yoga Until 5:58PM Then Routine Work - Prabalarishta Yoga						<b>Bhuloka Day</b>		

<b>4</b>		<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Oslo, Norway
Mesha Rasi: 20.22	Tithi 28	328132361	<b>Gulika</b> 2:37PM – 4:56PM <b>Yama</b> 9:59AM – 12:18PM <b>Rahu</b> 5:21AM – 7:40AM	<b>Bharani</b> Until 4:35PM Athiganda* Until 11:30AM Gara Until 4:25PM <b>Trayodashi*</b> Until 3:05AM Tue <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 3:01AM <b>Sunset:</b> 9:34PM	Sun 12	Sutra 57 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 4:35PM Then Routine Work - Marana Yoga						<b>Bhuloka Day</b>		

<b>5</b>		<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Oslo, Norway
Vrishabha Rasi: 4.44	Tithi 29	328132361	<b>Gulika</b> 12:18PM – 2:37PM <b>Yama</b> 7:39AM – 9:59AM <b>Rahu</b> 4:57PM – 7:16PM	<b>Krittika</b> Until 2:29PM Sukarma Until 8:18AM Visti Until 1:40PM <b>Chaturdashi*</b> Until 12:06AM Wed	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 3:01AM <b>Sunset:</b> 9:36PM	Sun 13	Sutra 58 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Creative Work Siddha Yoga Until 2:29PM Then Creative Work - Amrita Yoga						<b>Bhuloka Day</b>		

<b>Retreat Star</b>		<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Oslo, Norway
Vrishabha Rasi: 19.27	Tithi 30	338132361	<b>Gulika</b> 9:59AM – 12:18PM <b>Yama</b> 5:20AM – 7:39AM <b>Rahu</b> 12:18PM – 2:38PM	<b>Rohini</b> Until 12:15PM Shula* Until 12:52AM Thu Catuspada Until 10:30AM <b>Amavasya*</b> Until 8:47PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 3:00AM <b>Sunset:</b> 9:36PM	Sun 14	Sutra 59 Vilamba 5120 Moon 5 - Phase 8 Amavasya
Creative Work Siddha Yoga						<b>Bhuloka Day</b>		

<b>Retreat Star</b>		<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Oslo, Norway
Mithuna Rasi: 4.23	Tithi 1 – 2	339132361	<b>Gulika</b> 7:39AM – 9:59AM <b>Yama</b> 3:00AM – 5:19AM <b>Rahu</b> 2:38PM – 4:58PM	<b>Mrigashira</b> Until 9:37AM Ganda* Until 8:53PM Kintughna Until 7:03AM <b>Prathama*</b> Until 5:16PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 3:00AM <b>Sunset:</b> 9:37PM	Sun 15	Sutra 60 Vilamba 5120 Moon 5 - Phase 8 Prathama
Routine Work Marana Yoga						<b>Bhuloka Day</b>		Devaloka Time: 9:AM to 12:PM

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 19.25	Tithi 2 – 3	<b>Gulika</b> 5:19AM – 7:39AM	<b>Ardra Until 6:46AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 2:59AM		
		Yama 4:58PM – 7:18PM	Vriddhi Until 4:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:38PM		Moon 5 - Phase 9
339132361		<b>Rahu</b> 9:59AM – 12:19PM	Taitila Until 12:02AM Sat	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:44PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 4.24	Tithi 3 – 4	<b>Gulika</b> 2:59AM – 5:19AM	<b>Pushya Until 1:51AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 2:59AM		
		Yama 2:39PM – 4:59PM	Dhruva Until 1:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:39PM		Moon 5 - Phase 9
349132361		<b>Rahu</b> 7:39AM – 9:59AM	Vanija Until 8:44PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 10:20AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 19.11	Tithi 4 – 5	<b>Gulika</b> 4:59PM – 7:19PM	<b>Ashlesha* Until 11:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 2:59AM		
		Yama 12:19PM – 2:39PM	Vyaghata* Until 9:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:39PM		Moon 5 - Phase 9
349132361		<b>Rahu</b> 7:19PM – 9:39PM	Balava Until 4:26AM Mon	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:11AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:40PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Oslo, Norway Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.42	Tithi 6	<b>Gulika</b> 2:39PM – 5:00PM	<b>Magha* Until 10:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:59AM		
<b>Family Home Evening</b>		Yama 9:59AM – 12:19PM	Harshana Until 6:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:40PM		Moon 5 - Phase 9
359132361		<b>Rahu</b> 5:19AM – 7:39AM	Kaulava Until 3:15PM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 2:09AM Tue</b>	Moon – Red		<b>Devaloka Day</b>	
Until 10:14PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.52	Tithi 7	<b>Gulika</b> 12:19PM – 2:40PM	<b>Purvaphalguni Until 9:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:59AM		
		Yama 7:39AM – 9:59AM	Siddhi Until 12:55AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 9:40PM		Moon 5 - Phase 9
359132361		<b>Rahu</b> 5:00PM – 7:20PM	Gara Until 1:15PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 12:27AM Wed</b>	Moon – Red		<b>Devaloka Day</b>	
Until 9:12PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 1.4	Tithi 8	<b>Gulika</b> 9:59AM – 12:20PM	<b>Uttaraphalguni Until 8:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:59AM		
		Yama 5:19AM – 7:39AM	Vyatipata* Until 11:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:41PM		Moon 5 - Phase 9
359132361		<b>Rahu</b> 12:20PM – 2:40PM	Visti Until 11:49AM	<b>Nataraja:</b> White			Ashtami
Creative Work	Amrita Yoga		<b>Ashtami* Until 11:19PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 8:36PM		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 15.08	Tithi 9	<b>Gulika</b> 7:39AM – 10:00AM	<b>Hasta Until 8:54PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 2:59AM		
		Yama 2:59AM – 5:19AM	Variyan Until 9:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:41PM		Moon 5 - Phase 9
369132361		<b>Rahu</b> 2:40PM – 5:00PM	Balava Until 11:00AM	<b>Nataraja:</b> White			Navami
Routine Work	Marana Yoga		<b>Navami* Until 10:47PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 8:54PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Oslo, Norway Sun 23 Sutra 68 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 10	<b>Gulika</b> 5:19AM – 7:40AM	<b>Chitra Until 9:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:59AM	
			Yama 5:01PM – 7:21PM	Parigha* Until 8:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	361132361		<b>Rahu</b> 10:00AM – 12:20PM	Taitila Until 10:45AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 10:49PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Oslo, Norway Sun 24 Sutra 69 Vilamba 5120
	Tula Rasi: 11.08	Tithi 11	<b>Gulika</b> 2:59AM – 5:20AM	<b>Svati Until 10:38PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:59AM	
			Yama 2:40PM – 5:01PM	Shiva Until 7:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	361132361		<b>Rahu</b> 7:40AM – 10:00AM	Vanija Until 11:03AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:21PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Oslo, Norway Sun 25 Sutra 70 Vilamba 5120
	Tula Rasi: 23.45	Tithi 12	<b>Gulika</b> 5:01PM – 7:21PM	<b>Vishakha Until 12:28AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:00AM	
			Yama 12:20PM – 2:41PM	Siddha Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	371142361		<b>Rahu</b> 7:21PM – 9:41PM	Bava Until 11:50AM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 12:23AM Mon</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 12:28AM Mon				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Oslo, Norway Sun 26 Sutra 71 Vilamba 5120
	Vrischika Rasi: 6.1	Tithi 13	<b>Gulika</b> 2:41PM – 5:01PM	<b>Anuradha Until 2:33AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:00AM	
	<b>Family Home Evening</b>		Yama 10:01AM – 12:21PM	Sadhya Until 7:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	371142361		<b>Rahu</b> 5:20AM – 7:40AM	Kaulava Until 1:05PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:50AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 2:33AM Tue				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway Sun 27 Sutra 72 Vilamba 5120
	Vrischika Rasi: 18.24	Tithi 14	<b>Gulika</b> 12:21PM – 2:41PM	<b>Jyeshtha* Until 4:51AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:01AM	
			Yama 7:41AM – 10:01AM	Subha Until 8:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	371142361		<b>Rahu</b> 5:01PM – 7:21PM	Gara Until 2:44PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 3:40AM Wed</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Oslo, Norway Sutra 73 Vilamba 5120
	Dhanus Rasi: 0.29	Tithi 15	<b>Gulika</b> 10:01AM – 12:21PM	<b>Mula* Until 7:48AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:01AM	
			Yama 5:21AM – 7:41AM	Sukla Until 9:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	381142361		<b>Rahu</b> 12:21PM – 2:41PM	Visti Until 4:45PM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 5:51AM Thu</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 7:48AM Thu				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Oslo, Norway Sutra 74 Vilamba 5120
	Dhanus Rasi: 12.26	Tithi 16	<b>Gulika</b> 7:42AM – 10:01AM	<b>Mula* Until 7:48AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:02AM	
			Yama 3:02AM – 5:22AM	Brahma Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:40PM	Moon 5 - Phase 10
	381142361		<b>Rahu</b> 2:41PM – 5:01PM	Balava Until 7:03PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 8:16AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Oslo, Norway  
Sutra 75

Dhanus Rasi: 24.17 Tithi 16 – 17

381142361

**Gulika** 5:23AM – 7:42AM  
**Yama** 5:01PM – 7:20PM  
**Rahu** 10:02AM – 12:21PM

**Purvashadha\* Until 10:49AM**

Indra Until 11:02PM  
Taitila Until 9:34PM

**Prathama\* Until 8:16AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:03AM  
**Sunset:** 9:40PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Prabalarishta Yoga  
Until 10:49AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway  
Sun 1 Sutra 76

Makara Rasi: 6.05 Tithi 17 – 18

381242361

**Gulika** 3:04AM – 5:23AM  
**Yama** 2:41PM – 5:00PM  
**Rahu** 7:43AM – 10:02AM

**Uttarashadha Until 1:47PM**

Vaidhriti\* Until 12:09AM Sun  
Vanija Until 12:10AM Sun  
Dvitiya Until 10:51AM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:04AM  
**Sunset:** 9:39PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 1:47PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Oslo, Norway  
Sun 2 Sutra 77

Makara Rasi: 17.52 Tithi 18 – 19

391242361

**Gulika** 5:00PM – 7:19PM  
**Yama** 12:22PM – 2:41PM  
**Rahu** 7:19PM – 9:39PM

**Shravana Until 5:06PM**

Vishkambha\* Until 1:14AM Mon  
Bava Until 2:43AM Mon  
Tritiya Until 1:26PM

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:05AM  
**Sunset:** 9:39PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 5:06PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway  
Sun 3 Sutra 78

Makara Rasi: 29.41 Tithi 19 – 20

392242361

**Gulika** 2:41PM – 5:00PM  
**Yama** 10:03AM – 12:22PM  
**Rahu** 5:25AM – 7:44AM

**Dhanishtha Until 8:05PM**

Priti Until 2:10AM Tue  
Kaulava Until 5:01AM Tue  
Chaturthi\* Until 3:53PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:06AM  
**Sunset:** 9:38PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

**Family Home Evening**  
Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Oslo, Norway  
Sun 4 Sutra 79

Kumbha Rasi: 11.35 Tithi 20

392242361

**Gulika** 12:22PM – 2:41PM  
**Yama** 7:45AM – 10:03AM  
**Rahu** 5:00PM – 7:18PM

**Shatabhishak Until 10:34PM**

Ayushman Until 2:46AM Wed  
Taitila Until 6:00PM  
Panchami Until 6:00PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:07AM  
**Sunset:** 9:37PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway  
Sun 5 Sutra 80

Kumbha Rasi: 23.4 Tithi 21

312242361

**Gulika** 10:04AM – 12:22PM  
**Yama** 5:27AM – 7:45AM  
**Rahu** 12:22PM – 2:41PM

**Purvaproshtapada\* Until 12:53AM Thu**

Saubhagya Until 2:58AM Thu  
Gara Until 6:55AM  
Shashthi\* Until 7:38PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:08AM  
**Sunset:** 9:36PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 12:53AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Oslo, Norway  
Sun 6 Sutra 81

Meena Rasi: 5.58 Tithi 22

312242361

**Gulika** 7:46AM – 10:04AM  
**Yama** 3:09AM – 5:28AM  
**Rahu** 2:41PM – 4:59PM

**Uttaraproshtapada Until 2:23AM Fri**

Sobhana Until 2:39AM Fri  
Visti Until 8:15AM  
Saptami Until 8:38PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:09AM  
**Sunset:** 9:35PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**D**

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway  
Sun 7 Sutra 82

Meena Rasi: 18.34 Tithi 23

312242361

**Gulika** 5:29AM – 7:47AM  
**Yama** 4:58PM – 7:16PM  
**Rahu** 10:05AM – 12:23PM

**Revati Until 2:59AM Sat**

Athiganda\* Until 1:43AM Sat  
Balava Until 8:53AM  
Ashtami\* Until 8:54PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:11AM  
**Sunset:** 9:34PM

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway  
Sun 8 Sutra 83

Mesha Rasi: 1.33 Tithi 24

422242361

**Gulika** 3:12AM – 5:30AM  
**Yama** 2:40PM – 4:58PM  
**Rahu** 7:47AM – 10:05AM

**Ashvini Until 3:07AM Sun**

Sukarma Until 12:09AM Sun  
Taitila Until 8:44AM  
Navami\* Until 8:21PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Jyeshtha-Ani**

**Sunrise:** 3:12AM  
**Sunset:** 9:33PM

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work Siddha Yoga  
Until 3:07AM Sun  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Sunday, July 8, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visti* Karana Dashamyam Titau	Oslo, Norway Sun 9 Sutra 84
	Mesha Rasi: 14.58    Tithi 25 422242361	<b>Gulika</b> 4:58PM – 7:15PM <b>Yama</b> 12:23PM – 2:40PM <b>Rahu</b> 7:15PM – 9:32PM	<b>Bharani Until 2:18AM Mon</b> Dhriti Until 9:58PM Vanija Until 7:48AM Dashami Until 7:01PM

Routine Work    Prabalarishta Yoga Until 2:18AM Mon Then Routine Work - Marana Yoga	<b>Ganesha:</b> Orange <i>Sunrise:</i> 3:14AM <b>Muruqa:</b> Clear <i>Sunset:</i> 9:32PM <b>Nataraja:</b> White Moon – White	<b>Devaloka Day</b>
---	---	---------------------

<b>2</b>	<b>Monday, July 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Oslo, Norway Sun 10 Sutra 85
	Mesha Rasi: 28.49    Tithi 26 – 27 422242361	<b>Gulika</b> 2:40PM – 4:57PM <b>Yama</b> 10:06AM – 12:23PM <b>Rahu</b> 5:32AM – 7:49AM	<b>Krittika Until 12:40AM Tue</b> Shula* Until 7:10PM Bava Until 6:05AM Ekadashi* Until 4:57PM

Routine Work    Marana Yoga Until 12:40AM Tue Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Orange <i>Sunrise:</i> 3:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 9:31PM <b>Nataraja:</b> White Moon – White	<b>Devaloka Day</b>
--	---	---------------------


<b>3</b>	<b>Tuesday, July 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Oslo, Norway Sun 11 Sutra 86
	Vrishabha Rasi: 13.07    Tithi 27 – 28 432242361	<b>Gulika</b> 12:23PM – 2:40PM <b>Yama</b> 7:50AM – 10:06AM <b>Rahu</b> 4:56PM – 7:13PM	<b>Rohini Until 10:44PM</b> Ganda* Until 3:52PM Gara Until 12:44AM Wed Dvadashi* Until 2:15PM

Creative Work    Amrita Yoga Until 10:44PM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:17AM <b>Muruqa:</b> Clear <i>Sunset:</i> 9:30PM <b>Nataraja:</b> White Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
---	--	--

*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Wednesday, July 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Oslo, Norway Sun 12 Sutra 87
	Vrishabha Rasi: 27.49    Tithi 28 – 29 432242361	<b>Gulika</b> 10:07AM – 12:23PM <b>Yama</b> 5:34AM – 7:51AM <b>Rahu</b> 12:23PM – 2:39PM	<b>Mrigashira Until 8:12PM</b> Vridhi Until 12:11PM Visti Until 9:22PM Trayodashi* Until 11:04AM

Creative Work    Siddha Yoga	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:18AM <b>Muruqa:</b> Clear <i>Sunset:</i> 9:28PM <b>Nataraja:</b> White Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
------------------------------	--	--

	<b>Thursday, July 12, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Oslo, Norway Sun 13 Sutra 88
	<b>Retreat Star</b> Mithuna Rasi: 12.48    Tithi 29 – 30 432242361	<b>Gulika</b> 7:52AM – 10:07AM <b>Yama</b> 3:20AM – 5:36AM <b>Rahu</b> 2:39PM – 4:55PM	<b>Ardra Until 5:17PM</b> Dhruva Until 8:12AM Naga Until 3:50AM Fri Chaturdashi* Until 7:33AM

Routine Work    Marana Yoga Until 5:17PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 9:27PM <b>Nataraja:</b> White Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
---	--	--

<b>Retreat Star</b>	<b>Friday, July 13, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau	Oslo, Norway Sun 14 Sutra 89
	Mithuna Rasi: 27.57    Tithi 1 442242361	<b>Gulika</b> 5:37AM – 7:53AM <b>Yama</b> 4:54PM – 7:10PM <b>Rahu</b> 10:08AM – 12:23PM	<b>Punarvasu Until 2:30PM</b> Harshana Until 11:55PM Kintughna Until 1:58PM Prathama* Until 12:05AM Sat

Creative Work    Siddha Yoga Until 2:30PM Then Routine Work - Marana Yoga	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:22AM <b>Muruqa:</b> Clear <i>Sunset:</i> 9:25PM <b>Nataraja:</b> White Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
---	--	--

**Partial Solar Eclipse**

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Oslo, Norway Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	<b>Gulika</b> 3:23AM – 5:38AM	<b>Pushya</b> <b>Until 11:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:23AM	Vilamba 5120	
		Yama 2:39PM – 4:54PM	Vajra* <b>Until 7:51PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:24PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 7:53AM – 10:09AM	Balava <b>Until 10:16AM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 8:28PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:38AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthiyam Titau		Oslo, Norway Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b> 4:53PM – 7:08PM	<b>Ashlesha*</b> <b>Until 8:51AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:25AM	Vilamba 5120	
		Yama 12:24PM – 2:38PM	Siddhi <b>Until 4:02PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:22PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 7:08PM – 9:22PM	Taitila <b>Until 6:46AM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 5:07PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:51AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	<b>Gulika</b> 2:38PM – 4:52PM	<b>Magha*</b> <b>Until 6:43AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:27AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:10AM – 12:24PM	Vyatipata* <b>Until 12:34PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:20PM	Moon 6 - Phase 13	
		453242361 <b>Rahu</b> 5:41AM – 7:55AM	Bava <b>Until 12:57AM Tue</b>	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> <b>Until 2:12PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 6:43AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Oslo, Norway Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	<b>Gulika</b> 12:24PM – 2:38PM	<b>Uttaraphalguni</b> <b>Until 3:39AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:29AM	Vilamba 5120	
		Yama 7:56AM – 10:10AM	Variyan <b>Until 9:31AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:19PM	Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 4:51PM – 7:05PM	Kaulava <b>Until 10:53PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 11:49AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 3:39AM Wed				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	<b>Gulika</b> 10:11AM – 12:24PM	<b>Hasta</b> <b>Until 3:20AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:31AM	Vilamba 5120	
		Yama 5:44AM – 7:57AM	Parigha* <b>Until 7:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:17PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 12:24PM – 2:37PM	Gara <b>Until 9:31PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> <b>Until 10:06AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 3:20AM Thu				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Oslo, Norway Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	<b>Gulika</b> 7:58AM – 10:11AM	<b>Chitra</b> <b>Until 3:37AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:33AM	Vilamba 5120	
		Yama 3:33AM – 5:46AM	Siddha <b>Until 3:45AM Fri</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:15PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 2:37PM – 4:50PM	Visti <b>Until 8:52PM</b>	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 9:05AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Oslo, Norway Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	<b>Gulika</b> 5:47AM – 7:59AM	<b>Svati</b> <b>Until 4:26AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:35AM	Vilamba 5120	
		Yama 4:49PM – 7:01PM	Sadhya <b>Until 2:58AM Sat</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:13PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:12AM – 12:24PM	Balava <b>Until 8:57PM</b>	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 8:48AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Oslo, Norway Sun 22 Sutra 97 Vilamba 5120	
Tula Rasi: 20.44	Tithi 9 – 10	<b>Gulika</b> 3:37AM – 5:49AM	<b>Vishakha</b> <b>Until 6:12AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:37AM		
		Yama 2:36PM – 4:48PM	Subha Until 2:44AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:11PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 8:00AM – 10:12AM	Taitila Until 9:42PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 9:13AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 6:12AM Sun				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							


<b>2</b>		<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Oslo, Norway Sun 23 Sutra 98 Vilamba 5120	
Vrischika Rasi: 3.13	Tithi 10 – 11	<b>Gulika</b> 4:47PM – 6:58PM	<b>Vishakha</b> <b>Until 6:12AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:39AM		
		Yama 12:24PM – 2:35PM	Sukla Until 2:54AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:09PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:58PM – 9:09PM	Vanija Until 11:02PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 10:17AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3</b>		<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 24 Sutra 99 Vilamba 5120	
Vrischika Rasi: 15.28	Tithi 11 – 12	<b>Gulika</b> 2:35PM – 4:46PM	<b>Anuradha</b> <b>Until 8:20AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:41AM		
<b>Family Home Evening</b>		Yama 10:13AM – 12:24PM	Brahma Until 3:26AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:07PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 5:52AM – 8:03AM	Bava Until 12:52AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:52AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>		<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 25 Sutra 100 Vilamba 5120	
Vrischika Rasi: 27.32	Tithi 12 – 13	<b>Gulika</b> 12:24PM – 2:34PM	<b>Jyeshtha*</b> <b>Until 10:45AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:43AM		
		Yama 8:04AM – 10:14AM	Indra Until 4:16AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:05PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 4:45PM – 6:55PM	Kaulava Until 3:03AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 1:54PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 10:45AM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 26 Sutra 101 Vilamba 5120	
Dhanus Rasi: 9.28	Tithi 13 – 14	<b>Gulika</b> 10:14AM – 12:24PM	<b>Mula*</b> <b>Until 1:48PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:45AM		
		Yama 5:55AM – 8:05AM	Vaidhriti* Until 5:15AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:03PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 12:24PM – 2:34PM	Gara Until 5:30AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 4:14PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 1:48PM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 102 Vilamba 5120	
Dhanus Rasi: 21.18	Tithi 14	<b>Gulika</b> 8:06AM – 10:15AM	<b>Purvashadha*</b> <b>Until 4:53PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:48AM		
		Yama 3:48AM – 5:57AM	Vishkambha* Until 6:21AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:01PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 2:33PM – 4:42PM	Vanija Until 6:46PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 4:53PM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

		<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Oslo, Norway Sutra 103 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 5:58AM – 8:07AM	<b>Uttarashadha</b> <b>Until 7:52PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:50AM		
Makara Rasi: 3.06	Tithi 15	Yama 4:41PM – 6:50PM	Vishkambha* Until 6:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:59PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 10:16AM – 12:24PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear		Purnima	
Routine Work	Marana Yoga		<b>Purnima* Until 9:21PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
		<b>Total Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>Saturday, July 28, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Oslo, Norway Sutra 104 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:52AM – 6:00AM	<b>Shravana</b> <b>Until 11:08PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:52AM		
Makara Rasi: 14.53	Tithi 16	Yama 2:32PM – 4:40PM	Priti Until 7:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:56PM	Moon 6 - Phase 14	
		493342362 <b>Rahu</b> 8:08AM – 10:16AM	Balava Until 10:39AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:53PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Oslo, Norway  
Sun 1 Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 26.43 Tithi 17  
49342362 Rahu  
Routine Work Marana Yoga  
Until 2:03AM Mon  
Then Creative Work - Siddha Yoga

Gulika 4:39PM - 6:46PM  
Yama 12:24PM - 2:32PM  
Rahu 6:46PM - 8:54PM

**Dhanishtha Until 2:03AM Mon**  
Ayushman Until 8:29AM  
Taitila Until 1:06PM  
**Dvitiya Until 2:14AM Mon**

Ganesha: Blue Sunrise: 3:54AM  
Muruga: Clear Sunset: 8:54PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti\* Karana Trilyayam Titau

Oslo, Norway  
Sun 2 Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 8.37 Tithi 18  
494342362 Rahu  
Family Home Evening  
Creative Work Siddha Yoga  
Until 4:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 2:31PM - 4:38PM  
Yama 10:17AM - 12:24PM  
Rahu 6:03AM - 8:10AM

**Shatabhishak Until 4:32AM Tue**  
Saubhagya Until 9:20AM  
Vanija Until 3:19PM  
**Tritiya Until 4:17AM Tue**

Ganesha: Blue Sunrise: 3:56AM  
Muruga: Clear Sunset: 8:52PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturtham Titau

Oslo, Norway  
Sun 3 Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 20.39 Tithi 19  
414342362 Rahu  
Routine Work Marana Yoga  
Until 6:57AM Wed  
Then Creative Work - Siddha Yoga

Gulika 12:24PM - 2:30PM  
Yama 8:11AM - 10:18AM  
Rahu 4:37PM - 6:43PM

**Purvaproshtapada\* Until 6:57AM Wed**  
Sobhana Until 9:58AM  
Bava Until 5:11PM  
**Chaturthi\* Until 5:56AM Wed**

Ganesha: White Sunrise: 3:59AM  
Muruga: Clear Sunset: 8:49PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Oslo, Norway  
Sun 4 Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 2.5 Tithi 20  
414342362 Rahu  
Creative Work Amrita Yoga  
Until 6:57AM  
Then Creative Work - Siddha Yoga

Gulika 10:18AM - 12:24PM  
Yama 6:07AM - 8:12AM  
Rahu 12:24PM - 2:30PM

**Purvaproshtapada\* Until 6:57AM**  
Athiganda\* Until 10:14AM  
Kaulava Until 6:36PM  
**Panchami Until 7:06AM Thu**

Ganesha: White Sunrise: 4:01AM  
Muruga: Clear Sunset: 8:47PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Oslo, Norway  
Sun 5 Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 15.14 Tithi 20 - 21  
414342362 Rahu  
Creative Work Siddha Yoga

Gulika 8:14AM - 10:19AM  
Yama 4:03AM - 6:08AM  
Rahu 2:29PM - 4:34PM

**Uttaraproshtapada Until 8:43AM**  
Sukarma Until 10:07AM  
Gara Until 7:29PM  
**Panchami Until 7:06AM**

Ganesha: White Sunrise: 4:03AM  
Muruga: Clear Sunset: 8:44PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visiti\* Karana Shashthi/Saplamyam Titau

Oslo, Norway  
Sun 6 Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 27.53 Tithi 21 - 22  
414342362 Rahu  
Creative Work Siddha Yoga  
Until 9:46AM  
Then Creative Work - Amrita Yoga

Gulika 6:10AM - 8:15AM  
Yama 4:33PM - 6:37PM  
Rahu 10:19AM - 12:24PM

**Revati Until 9:46AM**  
Dhriti Until 9:34AM  
Visiti Until 7:45PM  
**Shashthi\* Until 7:41AM**

Ganesha: White Sunrise: 4:06AM  
Muruga: Clear Sunset: 8:42PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Oslo, Norway  
Sun 7 Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 10.51 Tithi 22 - 23  
424342362 Rahu  
Creative Work Siddha Yoga

Gulika 4:08AM - 6:12AM  
Yama 2:28PM - 4:32PM  
Rahu 8:16AM - 10:20AM

**Ashvini Until 10:30AM**  
Shula\* Until 8:28AM  
Balava Until 7:21PM  
**Saptami Until 7:37AM**

Ganesha: Clear Sunrise: 4:08AM  
Muruga: Clear Sunset: 8:40PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway  
Sun 8 Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 24.1 Tithi 23 - 24  
424342362 Rahu  
Routine Work Prabalarishta Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

Gulika 4:30PM - 6:34PM  
Yama 12:24PM - 2:27PM  
Rahu 6:34PM - 8:37PM

**Bharani Until 10:24AM**  
Ganda\* Until 6:50AM  
Taitila Until 6:16PM  
**Ashtami\* Until 6:53AM**

Ganesha: Clear Sunrise: 4:10AM  
Muruga: Clear Sunset: 8:37PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**


Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda


<b>1</b>	<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Oslo, Norway Sun 9 Sutra 113 Vilamba 5120
	Vrishabha Rasi: 7.53	Tithi 25	<b>Gulika</b> 2:26PM – 4:29PM	<b>Krittika</b> <b>Until 9:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:12AM	
	<b>Family Home Evening</b>	424342362	Yama 10:21AM – 12:23PM	Dhruva <b>Until 1:57AM Tue</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:34PM	Moon 7 - Phase 16
	Routine Work Marana Yoga		<b>Rahu</b> 6:15AM – 8:18AM	Vanija <b>Until 4:31PM</b>	<b>Nataraja:</b> Clear		2nd Phase
	Until 9:29AM			<b>Dashami</b> <b>Until 3:24AM Tue</b>	Moon – White		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada-Adi</b>			

<b>2</b>	<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Oslo, Norway Sun 10 Sutra 114 Vilamba 5120
	Vrishabha Rasi: 22	Tithi 26	<b>Gulika</b> 12:23PM – 2:26PM	<b>Rohini</b> <b>Until 8:13AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:15AM	
		434342362	Yama 8:19AM – 10:21AM	Vyaghata* <b>Until 10:47PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:32PM	Moon 7 - Phase 16
	Creative Work Amrita Yoga		<b>Rahu</b> 4:28PM – 6:30PM	Bava <b>Until 2:10PM</b>	<b>Nataraja:</b> Clear		2nd Phase
	Until 8:13AM			<b>Ekadashi*</b> <b>Until 12:46AM Wed</b>	Moon – Yellow		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>			

<b>3</b>	<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau				Oslo, Norway Sun 11 Sutra 115 Vilamba 5120
	Mithuna Rasi: 6.29	Tithi 27	<b>Gulika</b> 10:22AM – 12:23PM	<b>Mrigashira</b> <b>Until 6:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:17AM	
		434342362	Yama 6:19AM – 8:20AM	Harshana <b>Until 7:13PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:29PM	Moon 7 - Phase 16
	Creative Work Siddha Yoga		<b>Rahu</b> 12:23PM – 2:25PM	Kaulava <b>Until 11:17AM</b>	<b>Nataraja:</b> Clear		2nd Phase
				<b>Dvadashi*</b> <b>Until 9:40PM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>			

<b>4</b>	<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Oslo, Norway Sun 12 Sutra 116 Vilamba 5120
	Mithuna Rasi: 21.19	Tithi 28	<b>Gulika</b> 8:21AM – 10:22AM	<b>Punarvasu</b> <b>Until 1:12AM Fri</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:19AM	
		444342362	Yama 4:19AM – 6:20AM	Vajra* <b>Until 3:21PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:27PM	Moon 7 - Phase 16
	Creative Work Amrita Yoga		<b>Rahu</b> 2:24PM – 4:25PM	Gara <b>Until 8:00AM</b>	<b>Nataraja:</b> Clear		2nd Phase
	Until 1:12AM Fri			<b>Trayodashi*</b> <b>Until 6:14PM</b>	Moon – Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Ashada-Adi</b>			
<i>Pradosha Vrata (Fasting)</i>							

	<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway Sun 13 Sutra 117 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 6:22AM – 8:22AM	<b>Pushya</b> <b>Until 10:22PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:22AM	
	Kataka Rasi: 6.2	Tithi 29 – 30	Yama 4:24PM – 6:24PM	Siddhi <b>Until 11:18AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:24PM	Moon 7 - Phase 16
		444342362	<b>Rahu</b> 10:23AM – 12:23PM	Catuspada <b>Until 12:48AM Sat</b>	<b>Nataraja:</b> Clear		Amavasya
	Routine Work Marana Yoga			<b>Chaturdashi*</b> <b>Until 2:37PM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>			

	<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Oslo, Norway Sun 14 Sutra 118 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 4:24AM – 6:24AM	<b>Ashlesha*</b> <b>Until 7:25PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:24AM	
	Kataka Rasi: 21.28	Tithi 30 – 1	Yama 2:22PM – 4:22PM	Vyatipata* <b>Until 7:12AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:21PM	Moon 7 - Phase 16
		445342362	<b>Rahu</b> 8:23AM – 10:23AM	Kintughna <b>Until 9:10PM</b>	<b>Nataraja:</b> Clear		Prathama
	Routine Work Marana Yoga			<b>Amavasya*</b> <b>Until 10:57AM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 7:25PM		<b>Partial Solar Eclipse</b>		<b>Sravana-Adi</b>			
Then Creative Work - Amrita Yoga							

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigraha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Oslo, Norway Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 – 2	455342362	<b>Gulika</b> 4:21PM – 6:20PM Yama 12:23PM – 2:22PM <b>Rahu</b> 6:20PM – 8:19PM	<b>Magha* Until 4:56PM</b> Parigraha* Until 11:19PM Kaulava Until 4:07AM Mon Prathama* Until 7:24AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:27AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:19PM <b>Nataraja:</b> Clear Moon – Red	Moon 7 - Phase 17 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 4:56PM Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Oslo, Norway Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	455342362	<b>Gulika</b> 2:21PM – 4:19PM Yama 10:24AM – 12:22PM <b>Rahu</b> 6:27AM – 8:26AM	<b>Purvaphalguni Until 2:38PM</b> Shiva Until 7:49PM Taitila Until 2:39PM Tritiya Until 1:16AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:29AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:16PM <b>Nataraja:</b> Clear Moon – Red	Moon 7 - Phase 17 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga						

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Vishti* Karana Chaturthyam Titau				Oslo, Norway Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	455342362	<b>Gulika</b> 12:22PM – 2:20PM Yama 8:27AM – 10:25AM <b>Rahu</b> 4:18PM – 6:16PM	<b>Uttaraphalguni Until 12:42PM</b> Siddha Until 4:44PM Vanija Until 12:03PM Chaturthi* Until 10:58PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:13PM <b>Nataraja:</b> Clear Moon – Red	Moon 7 - Phase 17 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 12:42PM Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	465342362	<b>Gulika</b> 10:25AM – 12:22PM Yama 6:31AM – 8:28AM <b>Rahu</b> 12:22PM – 2:19PM	<b>Hasta Until 11:42AM</b> Sadhya Until 2:12PM Bava Until 10:05AM Panchami Until 9:22PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:11PM <b>Nataraja:</b> Clear Moon – Green	Moon 7 - Phase 17 3rd Phase <b>Subha Sivaloka Day</b>
Routine Work Marana Yoga Until 11:42AM Then Creative Work - Siddha Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	465342362	<b>Gulika</b> 8:29AM – 10:25AM Yama 4:36AM – 6:32AM <b>Rahu</b> 2:18PM – 4:15PM	<b>Chitra Until 11:17AM</b> Subha Until 12:17PM Kaulava Until 8:52AM Shashthi* Until 8:32PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:36AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:08PM <b>Nataraja:</b> Clear Moon – Green	Moon 7 - Phase 17 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 11:17AM Then Creative Work - Amrita Yoga						

<b>6 Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Oslo, Norway Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	565342362	<b>Gulika</b> 6:34AM – 8:30AM Yama 4:13PM – 6:09PM <b>Rahu</b> 10:26AM – 12:22PM	<b>Svati Until 11:30AM</b> Sukla Until 11:00AM Gara Until 8:26AM Saptami Until 8:31PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:38AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:05PM <b>Nataraja:</b> Clear Moon – Green	Moon 7 - Phase 17 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga						

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Vishti*/Bava Karana Ashtamyam Titau				Oslo, Norway Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	575342362	<b>Gulika</b> 4:41AM – 6:36AM Yama 2:17PM – 4:12PM <b>Rahu</b> 8:31AM – 10:26AM	<b>Vishakha Until 12:49PM</b> Brahma Until 10:21AM Vishti Until 8:50AM Ashtami* Until 9:17PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:02PM <b>Nataraja:</b> Clear Moon – Orange	Moon 7 - Phase 17 Ashtami <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga						

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Oslo, Norway Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	575442362	<b>Gulika</b> 4:10PM – 6:05PM Yama 12:21PM – 2:16PM <b>Rahu</b> 6:05PM – 7:59PM	<b>Anuradha Until 2:42PM</b> Indra Until 10:18AM Balava Until 9:58AM Navami* Until 10:45PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:43AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:59PM <b>Nataraja:</b> Clear Moon – Orange	Moon 7 - Phase 17 Navami <b>Sivaloka Day</b>
Routine Work Marana Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


<b>1</b>	<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
			Jyeshtha* Mula* Nakshatra Vaidhriti* Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 127
	Vrischika Rasi: 24.23	Tithi 10	<b>Gulika</b> 2:15PM – 4:09PM	<b>Jyeshtha* Until 5:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM	Vilamba 5120
	Family Home Evening	575442362	Yama 10:27AM – 12:21PM	Vaidhriti* Until 10:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:57PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 6:39AM – 8:33AM	Taitila Until 11:44AM	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dashami Until 12:47AM Tue</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
			Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 128
	Dhanus Rasi: 6.23	Tithi 11	<b>Gulika</b> 12:21PM – 2:14PM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM	Vilamba 5120
		586442362	Yama 8:34AM – 10:27AM	Vishkambha* Until 11:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:57PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b> 4:07PM – 6:01PM	Vanija Until 1:58PM	<b>Nataraja:</b> Clear		4th Phase	
Until 8:02PM			<b>Ekadashi Until 3:11AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Avani</b>			

<b>3</b>	<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
			Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 129
	Dhanus Rasi: 18.14	Tithi 12	<b>Gulika</b> 10:28AM – 12:20PM	<b>Purvashadha* Until 11:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Vilamba 5120
		586442362	Yama 6:43AM – 8:35AM	Priti Until 12:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:51PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b> 12:20PM – 2:13PM	Bava Until 4:29PM	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dvadashi Until 5:46AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>4</b>	<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
			Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau				Sun 26 Sutra 130
	Makara Rasi: 0.02	Tithi 13	<b>Gulika</b> 8:36AM – 10:28AM	<b>Uttarashadha Until 2:07AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Vilamba 5120
		586442362	Yama 4:52AM – 6:44AM	Ayushman Until 1:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 2:12PM – 4:04PM	Kaulava Until 7:06PM	<b>Nataraja:</b> Clear		4th Phase	
			<b>Trayodashi Until 8:22AM Fri</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
			Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 131
	Makara Rasi: 11.49	Tithi 13 – 14	<b>Gulika</b> 6:46AM – 8:37AM	<b>Shravana Until 5:19AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM	Vilamba 5120
		596442362	Yama 4:03PM – 5:54PM	Saubhagya Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 10:29AM – 12:20PM	Gara Until 9:38PM	<b>Nataraja:</b> Clear		4th Phase	
Until 5:19AM Sat			<b>Trayodashi Until 8:22AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Sravana-Avani</b>			

	<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
			Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 132
	Makara Rasi: 23.4	Tithi 14 – 15	<b>Gulika</b> 4:57AM – 6:48AM	<b>Dhanishtha Until 8:07AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM	Vilamba 5120
		596442362	Yama 2:10PM – 4:01PM	Sobhana Until 3:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 8:38AM – 10:29AM	Visti Until 11:58PM	<b>Nataraja:</b> Clear		Purnima	
			<b>Chaturdashi* Until 10:49AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
		<b>Raksha Bandhan</b>		<b>Sravana-Avani</b>			

<b>Silver Retreat Star</b>	<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
			Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 133
	Kumbha Rasi: 6	Tithi 15 – 16	<b>Gulika</b> 3:59PM – 5:49PM	<b>Dhanishtha Until 8:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM	Vilamba 5120
		596442362	Yama 12:19PM – 2:09PM	Athiganda* Until 4:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 5:49PM – 7:40PM	Balava Until 1:58AM Mon	<b>Nataraja:</b> Clear		Prathama	
Until 8:07AM			<b>Purnima* Until 12:59PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Avani Avittam</b>		<b>Sravana-Avani</b>			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





**Monday, August 27, 2018**  
**Gold Retreat Star**

Kumbha Rasi: 17.4    Tithi 16 – 17  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 10:25AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

<b>Gulika</b> 2:09PM – 3:58PM	<b>Shatabhishak</b> Until 10:25AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:02AM
Yama 10:30AM – 12:19PM	Sukarma Until 4:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM
<b>Rahu</b> 6:51AM – 8:40AM	Taitila Until 3:35AM Tue	<b>Nataraja:</b> Clear	
	<b>Prathama*</b> Until 2:48PM	Moon – Purple	

Oslo, Norway  
Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Subha Sivaloka Day**

**1**

**Tuesday, August 28, 2018**

Kumbha Rasi: 29.54    Tithi 17 – 18  
Routine Work    Marana Yoga  
Until 12:39PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

<b>Gulika</b> 12:19PM – 2:08PM	<b>Purvaprosarthapada*</b> Until 12:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM
Yama 8:41AM – 10:30AM	Dhriti Until 4:50PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:34PM
<b>Rahu</b> 3:56PM – 5:45PM	Vanija Until 4:46AM Wed	<b>Nataraja:</b> Purple	
	<b>Dvitiya</b> Until 4:12PM	Moon – Clear	

Oslo, Norway  
Sun 1    Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**2**

**Wednesday, August 29, 2018**

Meena Rasi: 12.19    Tithi 18 – 19  
Creative Work    Siddha Yoga  
Until 2:18PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

<b>Gulika</b> 10:30AM – 12:19PM	<b>Uttaraprosarthapada</b> Until 2:18PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:06AM
Yama 6:54AM – 8:42AM	Shula* Until 4:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:31PM
<b>Rahu</b> 12:19PM – 2:07PM	Bava Until 5:30AM Thu	<b>Nataraja:</b> Purple	
	<b>Tritiya</b> Until 5:10PM	Moon – Clear	

Oslo, Norway  
Sun 2    Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**3**

**Thursday, August 30, 2018**

Meena Rasi: 24.56    Tithi 19 – 20  
Creative Work    Siddha Yoga  
Until 3:21PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

<b>Gulika</b> 8:43AM – 10:31AM	<b>Revati</b> Until 3:21PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM
Yama 5:09AM – 6:56AM	Ganda* Until 3:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:28PM
<b>Rahu</b> 2:06PM – 3:53PM	Kaulava Until 5:47AM Fri	<b>Nataraja:</b> Purple	
	<b>Chaturthi*</b> Until 5:41PM	Moon – Clear	

Oslo, Norway  
Sun 3    Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, August 31, 2018**

Mesha Rasi: 7.46    Tithi 20 – 21  
Creative Work    Amrita Yoga  
Until 4:16PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

<b>Gulika</b> 6:58AM – 8:44AM	<b>Ashvini</b> Until 4:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:11AM
Yama 3:51PM – 5:38PM	Vridhi Until 3:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:25PM
<b>Rahu</b> 10:31AM – 12:18PM	Gara Until 5:35AM Sat	<b>Nataraja:</b> Purple	
	<b>Panchami</b> Until 5:43PM	Moon – White	

Oslo, Norway  
Sun 4    Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**5**

**Saturday, September 1, 2018**

Mesha Rasi: 20.5    Tithi 21 – 22  
Creative Work    Siddha Yoga  
Until 4:32PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

<b>Gulika</b> 5:13AM – 6:59AM	<b>Bharani</b> Until 4:32PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM
Yama 2:04PM – 3:50PM	Dhruva Until 1:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:22PM
<b>Rahu</b> 8:45AM – 10:32AM	Visti Until 4:53AM Sun	<b>Nataraja:</b> Purple	
	<b>Shashthi*</b> Until 5:17PM	Moon – White	

Oslo, Norway  
Sun 5    Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**6**

**Sunday, September 2, 2018**

Virshabha Rasi: 4.1    Tithi 22 – 23  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

<b>Gulika</b> 3:48PM – 5:34PM	<b>Krittika</b> Until 4:11PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM
Yama 12:17PM – 2:03PM	Vyaghata* Until 11:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:19PM
<b>Rahu</b> 5:34PM – 7:19PM	Balava Until 3:41AM Mon	<b>Nataraja:</b> Purple	
	<b>Saptami</b> Until 4:20PM	Moon – White	

Oslo, Norway  
Sun 6    Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**D**

**Monday, September 3, 2018**

**Retreat Star**

Virshabha Rasi: 17.47    Tithi 23 – 24  
**Family Home Evening**  
Creative Work    Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

<b>Gulika</b> 2:02PM – 3:47PM	<b>Rohini</b> Until 3:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM
Yama 10:32AM – 12:17PM	Harshana Until 9:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:16PM
<b>Rahu</b> 7:03AM – 8:47AM	Taitila Until 2:00AM Tue	<b>Nataraja:</b> Purple	
	<b>Ashtami*</b> Until 2:53PM	Moon – Yellow	

Oslo, Norway  
Sun 7    Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Tuesday, September 4, 2018**

**Retreat Star**

Mithuna Rasi: 1.43    Tithi 24 – 25  
Creative Work    Siddha Yoga  
Until 2:24PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

<b>Gulika</b> 12:17PM – 2:01PM	<b>Mrigashira</b> Until 2:24PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM
Yama 8:48AM – 10:33AM	Vajra* Until 7:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:13PM
<b>Rahu</b> 3:45PM – 5:29PM	Vanija Until 11:49PM	<b>Nataraja:</b> Purple	
	<b>Navami*</b> Until 12:57PM	Moon – Yellow	

Oslo, Norway  
Sun 8    Sutra 142  
Vilamba 5120  
Moon 8 - Phase 19  
Navami

**Devaloka Day**


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Oslo, Norway
	Mithuna Rasi: 15.56	Tithi 25 – 26	<b>Gulika</b> 10:33AM – 12:16PM	<b>Ardra Until 12:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:22AM	Sun 9 Sutra 143
			Yama 7:06AM – 8:49AM	Vyatipata* Until 1:00AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:10PM	Vilamba 5120
	Creative Work	Siddha Yoga	538452363 <b>Rahu</b> 12:16PM – 2:00PM	Bava Until 9:13PM	<b>Nataraja:</b> Purple		Moon 8 - Phase 20 2nd Phase
			<b>Dashami Until 10:33AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway
	Kataka Rasi: 0.26	Tithi 26 – 27	<b>Gulika</b> 8:50AM – 10:33AM	<b>Punarvasu Until 10:43AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM	Sun 10 Sutra 144
			Yama 5:25AM – 7:08AM	Variyan Until 9:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:07PM	Vilamba 5120
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b> 1:59PM – 3:42PM	Kaulava Until 6:17PM	<b>Nataraja:</b> Purple		Moon 8 - Phase 20 2nd Phase
			<b>Ekadashi* Until 7:46AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Oslo, Norway
	Kataka Rasi: 15.1	Tithi 28	<b>Gulika</b> 7:09AM – 8:51AM	<b>Pushya Until 8:24AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:27AM	Sun 11 Sutra 145
			Yama 3:40PM – 5:22PM	Parigha* Until 5:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:04PM	Vilamba 5120
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 10:34AM – 12:16PM	Gara Until 3:07PM	<b>Nataraja:</b> Purple		Moon 8 - Phase 20 2nd Phase
			<b>Trayodashi* Until 1:28AM Sat</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Oslo, Norway
	Simha Rasi: 0.01	Tithi 29	<b>Gulika</b> 5:29AM – 7:11AM	<b>Magha* Until 3:28AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:29AM	Sun 12 Sutra 146
			Yama 1:57PM – 3:38PM	Shiva Until 1:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:01PM	Vilamba 5120
	Creative Work	Amrita Yoga	558452363 <b>Rahu</b> 8:52AM – 10:34AM	Visti Until 11:50AM	<b>Nataraja:</b> Purple		Moon 8 - Phase 20 2nd Phase
			<b>Chaturdashi* Until 10:11PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 3:37PM – 5:17PM	<b>Purvaphalguni Until 1:08AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:32AM	Sun 13 Sutra 147
	Simha Rasi: 14.53	Tithi 30	Yama 12:15PM – 1:56PM	Siddha Until 10:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:58PM	Vilamba 5120
	Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 5:17PM – 6:58PM	Catuspada Until 8:35AM	<b>Nataraja:</b> Purple		Moon 8 - Phase 20 Amavasya
			<b>Amavasya* Until 7:00PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
				<b>Grandparent's Day</b>			

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 1:55PM – 3:35PM	<b>Uttaraphalguni Until 10:58PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:34AM	Sun 14 Sutra 148
	Simha Rasi: 29.37	Tithi 1 – 2	Yama 10:34AM – 12:15PM	Sadhya Until 6:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:55PM	Vilamba 5120
	<b>Family Home Evening</b>		559452363 <b>Rahu</b> 7:14AM – 8:54AM	Balava Until 2:46AM Tue	<b>Nataraja:</b> Purple		Moon 8 - Phase 20 Prathama
			<b>Prathama* Until 4:04PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Oslo, Norway Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Tithi 2 – 3	<b>Gulika</b> 12:14PM – 1:54PM	<b>Hasta</b> <b>Until 9:33PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:36AM	
			Yama 8:55AM – 10:35AM	Sukla <b>Until 12:17AM</b> Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 3:33PM – 5:13PM	Taitila <b>Until 12:31AM</b> Wed	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> <b>Until 1:34PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Oslo, Norway Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 3 – 4	<b>Gulika</b> 10:35AM – 12:14PM	<b>Chitra</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:39AM	
			Yama 7:17AM – 8:56AM	Brahma <b>Until 9:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 12:14PM – 1:53PM	Vanija <b>Until 10:54PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya</b> <b>Until 11:37AM</b>	Moon – Green		<b>Bhuloka Day</b>	
			<b>Ganesha Chaturthi</b>	<b>Bhadrapada-Avani</b>			

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Tithi 4 – 5	<b>Gulika</b> 8:57AM – 10:35AM	<b>Svati</b> <b>Until 8:12PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:41AM	
			Yama 5:41AM – 7:19AM	Indra <b>Until 8:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569552363 <b>Rahu</b> 1:52PM – 3:30PM	Bava <b>Until 10:02PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Chaturthi*</b> <b>Until 10:21AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Oslo, Norway Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Tithi 5 – 6	<b>Gulika</b> 7:21AM – 8:58AM	<b>Vishakha</b> <b>Until 8:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	
			Yama 3:28PM – 5:06PM	Vaidhriti* <b>Until 6:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 10:36AM – 12:13PM	Kaulava <b>Until 9:59PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> <b>Until 9:53AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Oslo, Norway Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Tithi 6 – 7	<b>Gulika</b> 5:45AM – 7:22AM	<b>Anuradha</b> <b>Until 10:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	
			Yama 1:50PM – 3:27PM	Vishkambha* <b>Until 6:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 8:59AM – 10:36AM	Gara <b>Until 10:46PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi*</b> <b>Until 10:15AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:25PM – 5:01PM	<b>Jyeshtha*</b> <b>Until 12:14AM</b> Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:48AM	
	Vrischika Rasi: 20.37	Tithi 7 – 8	Yama 12:12PM – 1:49PM	Priti <b>Until 6:27PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	579552363 <b>Rahu</b> 5:01PM – 6:37PM	Visti <b>Until 12:17AM</b> Mon	<b>Nataraja:</b> Purple		Ashtami
			<b>Saptami</b> <b>Until 11:25AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:48PM – 3:23PM	<b>Mula*</b> <b>Until 3:04AM</b> Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	
	Dhanus Rasi: 2.49	Tithi 8 – 9	Yama 10:37AM – 12:12PM	Ayushman <b>Until 6:59PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 21
	<b>Family Home Evening</b>		589552363 <b>Rahu</b> 7:26AM – 9:01AM	Balava <b>Until 2:24AM</b> Tue	<b>Nataraja:</b> Purple		Navami
			<b>Ashtami*</b> <b>Until 1:16PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Oslø, Norway
	Dhanus Rasi: 14.46	Tithi 9 – 10	581552363	<b>Gulika</b> 12:12PM – 1:47PM Yama 9:02AM – 10:37AM <b>Rahu</b> 3:22PM – 4:56PM	<b>Purvashadha* Until 6:06AM Wed</b> Saubhagya Until 7:52PM Taitila Until 4:54AM Wed <b>Navami* Until 3:36PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:52AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:31PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 22 Sutra 156 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga						<b>Bhuloka Day</b>	
Until 6:06AM Wed						<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Oslø, Norway
	Dhanus Rasi: 26.37	Tithi 10	581552363	<b>Gulika</b> 10:37AM – 12:11PM Yama 7:29AM – 9:03AM <b>Rahu</b> 12:11PM – 1:46PM	<b>Purvashadha* Until 6:06AM</b> Sobhana Until 8:56PM Gara Until 6:12PM <b>Dashami Until 6:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:55AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:28PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 23 Sutra 157 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Amrita Yoga						<b>Bhuloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM

<b>3</b>	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Oslø, Norway
	Makara Rasi: 8.24	Tithi 11	581552363	<b>Gulika</b> 9:04AM – 10:38AM Yama 5:57AM – 7:30AM <b>Rahu</b> 1:45PM – 3:18PM	<b>Uttarashadha Until 9:04AM</b> Athiganda* Until 9:58PM Vanija Until 7:32AM <b>Ekadashi Until 8:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:25PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 24 Sutra 158 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Routine Work Marana Yoga						<b>Bhuloka Day</b>	
Until 9:04AM						<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Oslø, Norway
	Makara Rasi: 20.13	Tithi 12	591552363	<b>Gulika</b> 7:32AM – 9:05AM Yama 3:16PM – 4:49PM <b>Rahu</b> 10:38AM – 12:11PM	<b>Shravana Until 12:16PM</b> Sukarma Until 10:51PM Bava Until 10:04AM <b>Dvadashi Until 11:13PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:59AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:22PM</i> <b>Nataraja:</b> Purple Moon – Purple	Sun 25 Sutra 159 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Routine Work Marana Yoga						<b>Devaloka Day</b>	
Until 12:16PM						<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Oslø, Norway
	Kumbha Rasi: 2.08	Tithi 13	591552363	<b>Gulika</b> 6:01AM – 7:34AM Yama 1:43PM – 3:15PM <b>Rahu</b> 9:06AM – 10:38AM	<b>Dhanishtha Until 3:01PM</b> Dhriti Until 11:28PM Kaulava Until 12:19PM <b>Trayodashi Until 1:16AM Sun</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <i>Sunrise: 6:01AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:19PM</i> <b>Nataraja:</b> Purple Moon – Purple	Sun 26 Sutra 160 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
Until 3:01PM						<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslø, Norway
	Kumbha Rasi: 14.13	Tithi 14	591552363	<b>Gulika</b> 3:13PM – 4:45PM Yama 12:10PM – 1:42PM <b>Rahu</b> 4:45PM – 6:16PM	<b>Shatabhishak Until 5:11PM</b> Shula* Until 11:42PM Gara Until 2:09PM <b>Chaturdashi* Until 2:51AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:04AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:16PM</i> <b>Nataraja:</b> Purple Moon – Purple	Sun 27 Sutra 161 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

<b>○</b>	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Oslø, Norway
	<b>Copper Retreat Star</b>			<b>Gulika</b> 1:41PM – 3:11PM Yama 10:39AM – 12:10PM <b>Rahu</b> 7:37AM – 9:08AM	<b>Purvaproshtapada* Until 7:11PM</b> Ganda* Until 11:34PM Visti Until 3:28PM <b>Purnima* Until 3:55AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:06AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:13PM</i> <b>Nataraja:</b> Purple Moon – Clear	Sun 28 Sutra 162 Vilamba 5120 Moon 8 - Phase 22 Purnima
Kumbha Rasi: 26.29		Tithi 15				<b>Devaloka Day</b>	
<b>Family Home Evening</b>						<b>Bhadrapada-Puratasi</b>	
Routine Work Marana Yoga							
Until 7:11PM							
Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Oslø, Norway
	<b>Silver Retreat Star</b>			<b>Gulika</b> 12:09PM – 1:40PM Yama 9:09AM – 10:39AM <b>Rahu</b> 3:10PM – 4:40PM	<b>Uttaraproshtapada Until 8:31PM</b> Vriddhi Until 11:02PM Balava Until 4:16PM <b>Prathama* Until 4:28AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:08AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:10PM</i> <b>Nataraja:</b> Purple Moon – Clear	Sun 29 Sutra 163 Vilamba 5120 Moon 8 - Phase 22 Prathama
Meena Rasi: 8.59		Tithi 16				<b>Devaloka Day</b>	
Creative Work Amrita Yoga						<b>Bhadrapada-Puratasi</b>	
Until 8:31PM							
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 21.43      Tithi 17

511552363 Rahu      12:09PM – 1:39PM

Gulika      10:39AM – 12:09PM

Yama      7:40AM – 9:10AM

Revati Until 9:14PM

Dhruva Until 10:06PM

Taitila Until 4:35PM

Ganesha: Purple      Sunrise: 6:11AM

Muruqa: Purple      Sunset: 6:07PM

Nataraja: Purple

Moon – Clear

Devaloka Day

Bhadrapada-Puratasi

Routine Work      Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Oslo, Norway

Sun 1      Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 4.4      Tithi 18

521552363 Rahu      1:38PM – 3:06PM

Gulika      9:11AM – 10:40AM

Yama      6:13AM – 7:42AM

Ashvini Until 9:50PM

Vyaghata\* Until 8:51PM

Vanija Until 4:28PM

Tritiya Until 4:14AM Fri

Ganesha: Clear      Sunrise: 6:13AM

Muruqa: Purple      Sunset: 6:04PM

Nataraja: Purple

Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 9:AM to 12:PM

Creative Work      Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 2      Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 17.49      Tithi 19

622552363 Rahu      10:40AM – 12:08PM

Gulika      7:44AM – 9:12AM

Yama      3:05PM – 4:33PM

Bharani Until 9:55PM

Harshana Until 7:19PM

Bava Until 3:57PM

Chaturthi\* Until 3:33AM Sat

Ganesha: Clear      Sunrise: 6:15AM

Muruqa: Purple      Sunset: 6:01PM

Nataraja: Purple

Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 3      Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 1.1      Tithi 20

622552363 Rahu      9:13AM – 10:40AM

Gulika      6:18AM – 7:45AM

Yama      1:36PM – 3:03PM

Krittika Until 9:32PM

Vajra\* Until 5:29PM

Kaulava Until 3:06PM

Panchami Until 2:33AM Sun

Ganesha: Clear      Sunrise: 6:18AM

Muruqa: Purple      Sunset: 5:58PM

Nataraja: Purple

Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work      Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 4      Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 14.41      Tithi 21

632552363 Rahu      4:28PM – 5:55PM

Gulika      3:01PM – 4:28PM

Yama      12:08PM – 1:35PM

Rohini Until 9:09PM

Siddhi Until 3:26PM

Gara Until 1:57PM

Shashthi\* Until 1:15AM Mon

Ganesha: Purple      Sunrise: 6:20AM

Muruqa: Purple      Sunset: 5:55PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work      Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 5      Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 28.23      Tithi 22

632552363 Rahu      7:49AM – 9:15AM

Gulika      1:34PM – 3:00PM

Yama      10:41AM – 12:07PM

Mrigashira Until 8:21PM

Vyatipata\* Until 1:09PM

Visti Until 12:31PM

Saptami Until 11:40PM

Ganesha: Purple      Sunrise: 6:22AM

Muruqa: Purple      Sunset: 5:52PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work      Amrita Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 6      Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 12.15      Tithi 23

632552363 Rahu      2:58PM – 4:24PM

Gulika      12:07PM – 1:33PM

Yama      9:16AM – 10:41AM

Ardra Until 7:07PM

Variyan Until 10:38AM

Balava Until 10:48AM

Ashtami\* Until 9:49PM

Ganesha: Purple      Sunrise: 6:25AM

Muruqa: Purple      Sunset: 5:49PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work      Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 7      Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 26.17      Tithi 24

642552363 Rahu      12:07PM – 1:32PM

Gulika      10:42AM – 12:07PM

Yama      7:52AM – 9:17AM

Punarvasu Until 5:54PM

Parigha\* Until 7:54AM

Taitila Until 8:49AM

Navami\* Until 7:42PM

Ganesha: Clear      Sunrise: 6:27AM

Muruqa: Purple      Sunset: 5:46PM

Nataraja: Purple

Moon – Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Oslo, Norway Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 10.3	Tithi 25 – 26	<b>Gulika</b> 9:18AM – 10:42AM	<b>Pushya</b> <b>Until 4:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama 6:29AM – 7:54AM	Siddha <b>Until 1:50AM</b> Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 1:31PM – 2:55PM	Vanija <b>Until 6:35AM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 5:21PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 4:19PM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 24.51	Tithi 26 – 27	<b>Gulika</b> 7:55AM – 9:19AM	<b>Ashlesha*</b> <b>Until 2:24PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	
		Yama 2:53PM – 4:17PM	Sadhya <b>Until 10:36PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 10:42AM – 12:06PM	Kaulava <b>Until 1:32AM</b> Sat	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 2:49PM</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 9.18	Tithi 27 – 28	<b>Gulika</b> 6:34AM – 7:57AM	<b>Magha*</b> <b>Until 12:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	
		Yama 1:29PM – 2:52PM	Subha <b>Until 7:18PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 9:20AM – 10:43AM	Gara <b>Until 10:53PM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 12:11PM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 12:40PM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b> 2:50PM – 4:12PM	<b>Purvaphalguni</b> <b>Until 10:47AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	
		Yama 12:05PM – 1:28PM	Sukla <b>Until 4:01PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 4:12PM – 5:35PM	Visti <b>Until 8:17PM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 9:33AM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 10:47AM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 12 Sutra 176 Vilamba 5120
Kanya Rasi: 8.11	Tithi 29 – 30	<b>Gulika</b> 1:27PM – 2:48PM	<b>Uttaraphalguni</b> <b>Until 8:53AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM	
<b>Family Home Evening</b>		Yama 10:44AM – 12:05PM	Brahma <b>Until 12:52PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24
	652552364	<b>Rahu</b> 8:00AM – 9:22AM	Naga <b>Until 4:46AM</b> Tue	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 7:02AM</b>	Moon – Red		<b>Bhuloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Oslo, Norway Sun 13 Sutra 177 Vilamba 5120
Kanya Rasi: 22.25	Tithi 1	<b>Gulika</b> 12:05PM – 1:26PM	<b>Hasta</b> <b>Until 7:32AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:41AM	
		Yama 9:23AM – 10:44AM	Indra <b>Until 9:59AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24
	662652364	<b>Rahu</b> 2:47PM – 4:08PM	Kintughna <b>Until 3:48PM</b>	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 2:54AM</b> Wed	Moon – Green		<b>Devaloka Day</b>
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>		

<b>1</b>	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Oslo, Norway Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 6.23	Tithi 2	<b>Gulika</b> 10:44AM – 12:05PM	<b>Chitra Until 6:28AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:43AM	
			Yama 8:04AM – 9:24AM	Vaidhriti* Until 7:25AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
	662652364	<b>Rahu</b> 12:05PM – 1:25PM	Balava Until 2:12PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:36AM Thu</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

<b>2</b>	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Oslo, Norway Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 20.01	Tithi 3	<b>Gulika</b> 9:25AM – 10:45AM	<b>Vishakha Until 6:08AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:46AM	
			Yama 6:46AM – 8:05AM	Priti Until 3:47AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25
	672652364	<b>Rahu</b> 1:24PM – 2:44PM	Taitila Until 1:12PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 12:57AM Fri</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

<b>3</b>	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Oslo, Norway Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 3.15	Tithi 4	<b>Gulika</b> 8:07AM – 9:26AM	<b>Vishakha Until 6:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:48AM	
			Yama 2:42PM – 4:01PM	Ayushman Until 2:49AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 10:45AM – 12:04PM	Vanija Until 12:56PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:04AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 16.06	Tithi 5	<b>Gulika</b> 6:51AM – 8:09AM	<b>Anuradha Until 7:03AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:51AM	
			Yama 1:22PM – 2:40PM	Saubhagya Until 2:28AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 9:27AM – 10:46AM	Bava Until 1:27PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 1:58AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 2:39PM – 3:57PM	<b>Jyeshtha* Until 8:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM	
			Yama 12:04PM – 1:21PM	Sobhana Until 2:41AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 3:57PM – 5:14PM	Kaulava Until 2:43PM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 3:36AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 8:33AM				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Oslo, Norway Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 10.47	Tithi 7	<b>Gulika</b> 1:20PM – 2:37PM	<b>Mula* Until 11:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:55AM	
	<b>Family Home Evening</b>		Yama 10:46AM – 12:03PM	Athiganda* Until 3:19AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 8:12AM – 9:29AM	Gara Until 4:40PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:49AM Tue</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 11:03AM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

<b>D</b>	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau				Oslo, Norway Sun 20 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 12:03PM – 1:20PM	<b>Purvashadha* Until 1:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:58AM	
	Dhanus Rasi: 22.45	Tithi 8	Yama 9:31AM – 10:47AM	Sukarma Until 4:15AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 2:36PM – 3:52PM	Visti Until 7:05PM		<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:23AM Wed</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 1:54PM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>D</b>	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway Sun 21 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:47AM – 12:03PM	<b>Uttarashadha Until 4:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:00AM	
	Makara Rasi: 4.35	Tithi 8 – 9	Yama 8:16AM – 9:32AM	Dhriti Until 5:17AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 12:03PM – 1:19PM	Balava Until 9:44PM		<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 8:23AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:49PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Aipasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Oslo, Norway Sun 22 Sutra 186 Vilamba 5120
	Makara Rasi: 16.23	Tithi 9 – 10	<b>Gulika</b> 9:33AM – 10:48AM	<b>Shravana Until 8:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:03AM	
			Yama 7:03AM – 8:18AM	Shula* Until 6:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 26
		693652364	<b>Rahu</b> 1:18PM – 2:33PM	Taitila Until 12:20AM Fri	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		Vijaya Dasami		Ashvina•Aipasi		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 23 Sutra 187 Vilamba 5120
	Makara Rasi: 28.14	Tithi 10 – 11	<b>Gulika</b> 8:19AM – 9:34AM	<b>Dhanishtha Until 10:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:05AM	
			Yama 2:31PM – 3:46PM	Shula* Until 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 9 - Phase 26
		693652364	<b>Rahu</b> 10:48AM – 12:03PM	Vanija Until 2:37AM Sat	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		Dashami Until 1:30PM		Ashvina•Aipasi		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 24 Sutra 188 Vilamba 5120
	Kumbha Rasi: 10.13	Tithi 11 – 12	<b>Gulika</b> 7:08AM – 8:21AM	<b>Shatabhishak Until 1:09AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:08AM	
			Yama 1:16PM – 2:30PM	Ganda* Until 6:52AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 9 - Phase 26
		693652364	<b>Rahu</b> 9:35AM – 10:49AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga Until 1:09AM Sun Then Creative Work - Siddha Yoga		Ekadashi Until 3:34PM		Ashvina•Aipasi		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 25 Sutra 189 Vilamba 5120
	Kumbha Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b> 2:28PM – 3:41PM	<b>Purvaproshtapada* Until 3:07AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:10AM	
			Yama 12:02PM – 1:15PM	Vridhhi Until 7:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM	Moon 9 - Phase 26
		613652364	<b>Rahu</b> 3:41PM – 4:54PM	Kaulava Until 5:36AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		Dvadashi Until 5:04PM		Ashvina•Aipasi		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 26 Sutra 190 Vilamba 5120
	Meena Rasi: 4.5	Tithi 13 – 14	<b>Gulika</b> 1:14PM – 2:27PM	<b>Uttaraproshtapada Until 4:19AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:12AM	
	<b>Family Home Evening</b>		Yama 10:50AM – 12:02PM	Dhruva Until 6:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 9 - Phase 26
		613652364	<b>Rahu</b> 8:25AM – 9:37AM	Gara Until 6:08AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		Trayodashi Until 5:56PM		Ashvina•Aipasi		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway Sun 27 Sutra 191 Vilamba 5120
	Meena Rasi: 17.34	Tithi 14	<b>Gulika</b> 12:02PM – 1:14PM	<b>Revati Until 4:44AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:15AM	
			Yama 9:38AM – 10:50AM	Vyaghata* Until 6:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM	Moon 9 - Phase 26
		613652364	<b>Rahu</b> 2:25PM – 3:37PM	Gara Until 6:08AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga Until 4:44AM Wed Then Routine Work - Marana Yoga		Chaturdashi* Until 6:09PM		Ashvina•Aipasi		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Oslo, Norway Sutra 192 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:51AM – 12:02PM	<b>Ashvini Until 4:56AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM	
	Mesha Rasi: 0.35	Tithi 15 – 16	Yama 8:28AM – 9:40AM	Vajra* Until 3:25AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 9 - Phase 26
		623652364	<b>Rahu</b> 12:02PM – 1:13PM	Visti Until 6:04AM	<b>Nataraja:</b> Clear		Purnima
Routine Work Marana Yoga Until 4:56AM Thu Then Creative Work - Siddha Yoga		Purnima* Until 5:47PM		Ashvina•Aipasi		<b>Devaloka Day</b>	

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Oslo, Norway Sutra 193 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:41AM – 10:51AM	<b>Bharani Until 4:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	
	Mesha Rasi: 13.55	Tithi 16 – 17	Yama 7:20AM – 8:30AM	Siddhi Until 1:27AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:44PM	Moon 9 - Phase 26
		623652364	<b>Rahu</b> 1:12PM – 2:23PM	Taitila Until 4:21AM Fri	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga		Prathama* Until 4:56PM		Ashvina•Aipasi		<b>Devaloka Day</b>	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway  
Sun 1 Sutra 194

Mesha Rasi: 27.29 Tithi 17 - 18

624652364

**Gulika** 8:32AM - 9:42AM  
**Yama** 2:21PM - 3:31PM  
**Rahu** 10:52AM - 12:02PM

**Krittika Until 3:40AM Sat**  
Vyatipata\* Until 11:11PM  
Vanija Until 2:56AM Sat  
Dvitiya Until 3:40PM

**Ganesha:** White *Sunrise:* 7:22AM  
**Muruqa:** Purple *Sunset:* 4:41PM

Moon 10 - Phase 27

**Nataraja:** Clear 1st Phase

Moon - White  
**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Oslo, Norway  
Sun 2 Sutra 195

Vrishabha Rasi: 11.15 Tithi 18 - 19

624652364

**Gulika** 7:25AM - 8:34AM  
**Yama** 1:11PM - 2:20PM  
**Rahu** 9:43AM - 10:52AM

**Rohini Until 2:50AM Sun**  
Variyan Until 8:42PM  
Bava Until 1:17AM Sun  
Tritiya Until 2:07PM

**Ganesha:** Clear *Sunrise:* 7:25AM  
**Muruqa:** Purple *Sunset:* 4:38PM

Moon 10 - Phase 27

**Nataraja:** Clear 1st Phase

Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway  
Sun 3 Sutra 196

Vrishabha Rasi: 25.1 Tithi 19 - 20

624652364

**Gulika** 2:18PM - 3:27PM  
**Yama** 12:01PM - 1:10PM  
**Rahu** 3:27PM - 4:35PM

**Mrigashira Until 1:44AM Mon**  
Parigha\* Until 6:06PM  
Kaulava Until 11:29PM  
Chaturthi\* Until 12:23PM

**Ganesha:** Clear *Sunrise:* 7:27AM  
**Muruqa:** Purple *Sunset:* 4:35PM

Moon 10 - Phase 27

**Nataraja:** Clear 1st Phase

Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway  
Sun 4 Sutra 197

Mithuna Rasi: 9.09 Tithi 20 - 21

624652364

**Gulika** 1:09PM - 2:17PM  
**Yama** 10:53AM - 12:01PM  
**Rahu** 8:38AM - 9:46AM

**Ardra Until 12:23AM Tue**  
Shiva Until 3:25PM  
Gara Until 9:35PM  
Panchami Until 10:31AM

**Ganesha:** Clear *Sunrise:* 7:30AM  
**Muruqa:** Purple *Sunset:* 4:33PM

Moon 10 - Phase 27

**Nataraja:** Clear 1st Phase

Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway  
Sun 5 Sutra 198

Mithuna Rasi: 23.11 Tithi 21 - 22

624652364

**Gulika** 12:01PM - 1:09PM  
**Yama** 9:47AM - 10:54AM  
**Rahu** 2:16PM - 3:23PM

**Punarvasu Until 11:17PM**  
Siddha Until 12:40PM  
Visti Until 7:38PM  
Shashthi\* Until 8:36AM

**Ganesha:** Purple *Sunrise:* 7:32AM  
**Muruqa:** Purple *Sunset:* 4:30PM

Moon 10 - Phase 27

**Nataraja:** Clear 1st Phase

Moon - Blue  
**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Oslo, Norway  
Sun 6 Sutra 199

Kataka Rasi: 7.15 Tithi 22 - 23

624662364

**Gulika** 10:55AM - 12:01PM  
**Yama** 8:41AM - 9:48AM  
**Rahu** 12:01PM - 1:08PM

**Pushya Until 10:01PM**  
Sadhya Until 9:55AM  
Kaulava Until 4:39AM Thu  
Saptami Until 6:38AM

**Ganesha:** Purple *Sunrise:* 7:35AM  
**Muruqa:** Clear *Sunset:* 4:28PM

Moon 10 - Phase 27

**Nataraja:** Clear Ashtami

Moon - Blue  
**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway  
Sun 7 Sutra 200

Kataka Rasi: 21.2 Tithi 24

624662364

**Gulika** 9:49AM - 10:55AM  
**Yama** 7:37AM - 8:43AM  
**Rahu** 1:07PM - 2:13PM

**Ashlesha\* Until 8:36PM**  
Subha Until 7:09AM  
Taitila Until 3:41PM  
Navami\* Until 2:40AM Fri

**Ganesha:** Purple *Sunrise:* 7:37AM  
**Muruqa:** Clear *Sunset:* 4:25PM

Moon 10 - Phase 27

**Nataraja:** Clear Navami

Moon - Blue  
**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Oslo, Norway Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 5.25	Tithi 25	Gulika 8:45AM – 9:51AM	Magha* Until 7:29PM	Ganesha: Clear	Sunrise: 7:40AM	Moon 10 - Phase 28	
		Yama 2:12PM – 3:17PM	Brahma Until 1:34AM Sat	Muruqa: Clear	Sunset: 4:22PM	2nd Phase	
		654662364 Rahu 10:56AM – 12:01PM	Vanija Until 1:42PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 12:42AM Sat	Moon – Red			Sivaloka Day
Until 7:29PM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Oslo, Norway Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 19.29	Tithi 26	Gulika 7:42AM – 8:47AM	Purvaphalguni Until 6:14PM	Ganesha: White	Sunrise: 7:42AM	Moon 10 - Phase 28	
		Yama 1:06PM – 2:11PM	Indra Until 10:51PM	Muruqa: Clear	Sunset: 4:20PM	2nd Phase	
		654762364 Rahu 9:52AM – 10:56AM	Bava Until 11:45AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi* Until 10:46PM	Moon – Red			Devaloka Day
Until 6:14PM				Ashvina-Aipasi			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Oslo, Norway Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 3.31	Tithi 27	Gulika 2:09PM – 3:13PM	Uttaraphalguni Until 4:57PM	Ganesha: White	Sunrise: 7:45AM	Moon 10 - Phase 28	
		Yama 12:01PM – 1:05PM	Vaidhriti* Until 8:11PM	Muruqa: Clear	Sunset: 4:17PM	2nd Phase	
		654762364 Rahu 3:13PM – 4:17PM	Kaulava Until 9:52AM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi* Until 8:57PM	Moon – Red			Devaloka Day
Until 4:07PM				Ashvina-Aipasi			
Then Routine Work - Prabararishta Yoga							
<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Oslo, Norway Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 17.29	Tithi 28	Gulika 1:05PM – 2:08PM	Hasta Until 4:07PM	Ganesha: Green	Sunrise: 7:47AM	Moon 10 - Phase 28	
Family Home Evening		Yama 10:58AM – 12:01PM	Vishkambha* Until 5:40PM	Muruqa: Clear	Sunset: 4:15PM	2nd Phase	
Creative Work	Siddha Yoga	664762364 Rahu 8:51AM – 9:54AM	Gara Until 8:07AM	Nataraja: Clear			
Until 4:07PM			Trayodashi* Until 7:19PM	Moon – Green			Devaloka Day
Then Routine Work - Prabararishta Yoga				Ashvina-Aipasi			
			Pradosha Vrata (Fasting)				
<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 1.17	Tithi 29 – 30	Gulika 12:01PM – 1:04PM	Chitra Until 3:24PM	Ganesha: Green	Sunrise: 7:50AM	Moon 10 - Phase 28	
		Yama 9:58AM – 10:58AM	Priti Until 3:24PM	Muruqa: Clear	Sunset: 4:13PM	2nd Phase	
		664762364 Rahu 2:07PM – 3:10PM	Visti Until 6:37AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 5:58PM	Moon – Green			Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			
		Deepavali Hindu Solidarity Day					
<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Oslo, Norway Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 14.54	Tithi 30 – 1	Gulika 10:59AM – 12:01PM	Svati Until 2:56PM	Ganesha: Clear	Sunrise: 7:52AM	Moon 10 - Phase 28	
		Yama 8:55AM – 9:57AM	Ayushman Until 1:25PM	Muruqa: Clear	Sunset: 4:10PM	Amavasya	
		765762364 Rahu 12:01PM – 1:04PM	Kintughna Until 4:46AM Thu	Nataraja: Clear			
Creative Work	Siddha Yoga		Amavasya* Until 5:02PM	Moon – Green			Sivaloka Day
				Ashvina-Aipasi			
<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 28.15	Tithi 1 – 2	Gulika 9:58AM – 11:00AM	Vishakha Until 3:16PM	Ganesha: Orange	Sunrise: 7:55AM	Moon 10 - Phase 28	
		Yama 7:55AM – 8:57AM	Saubhagya Until 11:50AM	Muruqa: Clear	Sunset: 4:08PM	Prathama	
		775762364 Rahu 1:03PM – 2:05PM	Balava Until 4:39AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 4:37PM	Moon – Orange			Sivaloka Day
		Skanda Shasthi Begins		Kartika-Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b> Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau				Oslo, Norway Sun 15 Sutra 208 Vilamba 5120
Wrischika Rasi: 11.18	Tithi 2 - 3	<b>Gulika</b> 8:58AM - 9:59AM	<b>Anuradha</b> Until 4:02PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:57AM	
		<b>Yama</b> 2:03PM - 3:04PM	<b>Sobhana</b> Until 10:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:05PM	Moon 10 - Phase 29
		<b>Rahu</b> 11:00AM - 12:01PM	<b>Taitila</b> Until 5:12AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 4:49PM	<b>Moon - Orange</b>		<b>Sivaloka Day</b>
Until 4:02PM				<b>Kartika-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>2</b> Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau				Oslo, Norway Sun 16 Sutra 209 Vilamba 5120
Wrischika Rasi: 24.01	Tithi 3 - 4	<b>Gulika</b> 8:00AM - 9:00AM	<b>Jyeshtha*</b> Until 5:18PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:00AM	
		<b>Yama</b> 1:02PM - 2:02PM	<b>Athiganda*</b> Until 10:08AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:03PM	Moon 10 - Phase 29
		<b>Rahu</b> 10:01AM - 11:01AM	<b>Vanija</b> Until 6:25AM Sun	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 5:42PM	<b>Moon - Orange</b>		<b>Sivaloka Day</b>
				<b>Kartika-Aipasi</b>		

<b>3</b> Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau				Oslo, Norway Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 6.26	Tithi 4	<b>Gulika</b> 2:01PM - 3:01PM	<b>Mula*</b> Until 7:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:02AM	
		<b>Yama</b> 12:02PM - 1:01PM	<b>Sukarma</b> Until 10:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:01PM	Moon 10 - Phase 29
		<b>Rahu</b> 3:01PM - 4:01PM	<b>Vanija</b> Until 6:25AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 7:15PM	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
Until 7:31PM				<b>Kartika-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b> Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 18.36	Tithi 5	<b>Gulika</b> 1:01PM - 2:00PM	<b>Purvashadha*</b> Until 10:08PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:05AM	
<b>Family Home Evening</b>		<b>Yama</b> 11:03AM - 12:02PM	<b>Dhriti</b> Until 10:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:59PM	Moon 10 - Phase 29
Routine Work	Marana Yoga	<b>Rahu</b> 9:04AM - 10:03AM	<b>Bava</b> Until 8:17AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 9:23PM	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
				<b>Kartika-Aipasi</b>		

<b>5</b> Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway Sun 19 Sutra 212 Vilamba 5120
Makara Rasi: 0.33	Tithi 6	<b>Gulika</b> 12:02PM - 1:01PM	<b>Uttarashadha</b> Until 12:58AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:07AM	
		<b>Yama</b> 10:05AM - 11:03AM	<b>Shula*</b> Until 11:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:56PM	Moon 10 - Phase 29
		<b>Rahu</b> 1:59PM - 2:58PM	<b>Kaulava</b> Until 10:38AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Shashthi*</b> Until 11:55PM	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
Until 12:58AM Wed		<b>Skanda Shasthi</b>		<b>Kartika-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>6</b> Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Oslo, Norway Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 12.23	Tithi 7	<b>Gulika</b> 11:04AM - 12:02PM	<b>Shravana</b> Until 4:16AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:10AM	
		<b>Yama</b> 9:08AM - 10:06AM	<b>Ganda*</b> Until 12:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:54PM	Moon 10 - Phase 29
		<b>Rahu</b> 12:02PM - 1:00PM	<b>Gara</b> Until 1:18PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 2:38AM Thu	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Kartika-Aipasi</b>		

<b>D</b> Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Oslo, Norway Sun 21 Sutra 214 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:07AM - 11:05AM	<b>Dhanishtha</b> Until 7:18AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:12AM	
Makara Rasi: 24.1	Tithi 8	<b>Yama</b> 8:12AM - 9:10AM	<b>Vriddhi</b> Until 1:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:52PM	Moon 10 - Phase 29
		<b>Rahu</b> 1:00PM - 1:57PM	<b>Visti</b> Until 3:59PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:13AM Fri	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Kartika-Aipasi</b>		

<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau				Oslo, Norway Sun 22 Sutra 215 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:12AM - 10:09AM	<b>Dhanishtha</b> Until 7:18AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:15AM	
Kumbha Rasi: 6.01	Tithi 9	<b>Yama</b> 1:56PM - 2:53PM	<b>Dhruva</b> Until 1:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:50PM	Moon 10 - Phase 29
		<b>Rahu</b> 11:05AM - 12:02PM	<b>Balava</b> Until 6:25PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 7:27AM Sat	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Kartika-Kartikai</b>		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Oslo, Norway Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 18	Tithi 9 – 10	<b>Gulika</b> 8:17AM – 9:14AM	<b>Shatabhishak</b> <b>Until 9:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:17AM	
		Yama 12:59PM – 1:55PM	Vyaghata* <b>Until 2:29PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:48PM	Moon 10 - Phase 30
	796762365	<b>Rahu</b> 10:10AM – 11:06AM	Taitila <b>Until 8:23PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Navami*</b> <b>Until 7:27AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 9:47AM				<b>Karttika-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Oslo, Norway Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 0.13	Tithi 10 – 11	<b>Gulika</b> 1:54PM – 2:50PM	<b>Purvaproshtapada*</b> <b>Until 12:02PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:20AM	
		Yama 12:03PM – 12:59PM	Harshana <b>Until 2:32PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:46PM	Moon 10 - Phase 30
	716762365	<b>Rahu</b> 2:50PM – 3:46PM	Vanija <b>Until 9:41PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 9:06AM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 12:02PM				<b>Karttika-Karttikai</b>		
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 12.43	Tithi 11 – 12	<b>Gulika</b> 12:58PM – 1:54PM	<b>Uttaraproshtapada</b> <b>Until 1:25PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:22AM	
<b>Family Home Evening</b>		Yama 11:08AM – 12:03PM	Vajra* <b>Until 2:00PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:44PM	Moon 10 - Phase 30
	716762365	<b>Rahu</b> 9:17AM – 10:12AM	Bava <b>Until 10:15PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 10:02AM</b>	Moon – Clear		<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>		

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 25.34	Tithi 12 – 13	<b>Gulika</b> 12:03PM – 12:58PM	<b>Revati</b> <b>Until 1:56PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:24AM	
		Yama 10:14AM – 11:09AM	Siddhi <b>Until 12:53PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:42PM	Moon 10 - Phase 30
	716762365	<b>Rahu</b> 1:53PM – 2:47PM	Kaulava <b>Until 10:03PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 10:13AM</b>	Moon – Clear		<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>		
				<i>Pradosha Vrata</i>		

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 8.48	Tithi 13 – 14	<b>Gulika</b> 11:09AM – 12:04PM	<b>Ashvini</b> <b>Until 2:03PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:27AM	
		Yama 9:21AM – 10:15AM	Vyatipata* <b>Until 11:13AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:40PM	Moon 10 - Phase 30
	726762365	<b>Rahu</b> 12:04PM – 12:58PM	Gara <b>Until 9:10PM</b>	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 9:40AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 2:03PM				<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Oslo, Norway Sun 27 Sutra 221 Vilamba 5120
Mesha Rasi: 22.24	Tithi 14 – 15	<b>Gulika</b> 10:16AM – 11:10AM	<b>Bharani</b> <b>Until 1:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:29AM	
		Yama 8:29AM – 9:23AM	Varyan <b>Until 9:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:39PM	Moon 10 - Phase 30
	726762365	<b>Rahu</b> 12:57PM – 1:51PM	Visti <b>Until 7:40PM</b>	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 8:28AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 1:23PM		<b>Krittika Deepam</b>		<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

<b>Friday, November 23, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Oslo, Norway Sun 27 Sutra 222 Vilamba 5120
Vrishabha Rasi: 6.2	Tithi 15 – 16	<b>Gulika</b> 9:25AM – 10:18AM	<b>Krittika</b> <b>Until 12:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:31AM	
		Yama 1:50PM – 2:44PM	Parigha* <b>Until 6:25AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:37PM	Moon 10 - Phase 30
	726762365	<b>Rahu</b> 11:11AM – 12:04PM	Kaulava <b>Until 4:34AM Sat</b>	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 6:43AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 12:05PM		<b>Vinayaga Viratam Begins</b>		<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 223

Vilamba 5120

Vrishabha Rasi: 20.31 Tithi 17

737762365

**Gulika** 8:34AM – 9:26AM  
Yama 12:57PM – 1:50PM  
**Rahu** 10:19AM – 11:12AM

**Rohini Until 10:42AM**  
Siddha Until 12:19AM Sun  
Taitila Until 3:25PM  
**Dvitiya Until 2:10AM Sun**

**Ganesha:** Red *Sunrise:* 8:34AM

**Muruqa:** Clear *Sunset:* 3:35PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 4.53 Tithi 18

737762365

**Gulika** 1:49PM – 2:41PM  
Yama 12:05PM – 12:57PM  
**Rahu** 2:41PM – 3:33PM

**Mrigashira Until 8:56AM**  
Sadhya Until 9:02PM  
Vanija Until 12:55PM  
**Tritiya Until 11:37PM**

**Ganesha:** Red *Sunrise:* 8:36AM

**Muruqa:** Clear *Sunset:* 3:33PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturtham Titau

Oslo, Norway

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 19.2 Tithi 19

737762365

**Gulika** 12:57PM – 1:48PM  
Yama 11:13AM – 12:05PM  
**Rahu** 9:30AM – 10:22AM

**Ardra Until 6:57AM**  
Subha Until 5:45PM  
Bava Until 10:21AM  
**Chaturthi\* Until 9:04PM**

**Ganesha:** Red *Sunrise:* 8:38AM

**Muruqa:** Clear *Sunset:* 3:32PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 3.46 Tithi 20

747762365

**Gulika** 12:05PM – 12:57PM  
Yama 10:23AM – 11:14AM  
**Rahu** 1:48PM – 2:39PM

**Pushya Until 3:34AM Wed**  
Sukla Until 2:30PM  
Kaulava Until 7:50AM  
**Panchami Until 6:36PM**

**Ganesha:** Green *Sunrise:* 8:40AM

**Muruqa:** Clear *Sunset:* 3:30PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 18.06 Tithi 21 – 22

747862365

**Gulika** 11:15AM – 12:06PM  
Yama 9:33AM – 10:24AM  
**Rahu** 12:06PM – 12:56PM

**Ashlesha\* Until 1:55AM Thu**  
Brahma Until 11:23AM  
Visti Until 3:14AM Thu  
**Shashthi\* Until 4:17PM**

**Ganesha:** White *Sunrise:* 8:42AM

**Muruqa:** Clear *Sunset:* 3:29PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:55AM Thu

Then Creative Work - Amrita Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 2.19 Tithi 22 – 23

757863365

**Gulika** 10:25AM – 11:16AM  
Yama 8:44AM – 9:35AM  
**Rahu** 12:56PM – 1:47PM

**Magha\* Until 12:46AM Fri**  
Indra Until 8:27AM  
Balava Until 1:17AM Fri  
**Saptami Until 2:12PM**

**Ganesha:** Clear *Sunrise:* 8:44AM

**Muruqa:** Purple *Sunset:* 3:28PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Red

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 16.22 Tithi 23 – 24

757863365

**Gulika** 9:37AM – 10:26AM  
Yama 1:46PM – 2:36PM  
**Rahu** 11:16AM – 12:06PM

**Purvaphalguni Until 11:45PM**  
Vishkambha\* Until 3:08AM Sat  
Taitila Until 11:35PM  
**Ashtami\* Until 12:22PM**

**Ganesha:** Clear *Sunrise:* 8:47AM

**Muruqa:** Purple *Sunset:* 3:26PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Red

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


<b>1</b>	<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Oslo, Norway
	Kanya Rasi: 0.16	Tithi 24 – 25	<b>Gulika</b> 8:49AM – 9:38AM	<b>Uttaraphalguni</b> Until 10:50PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:49AM	Sun 7 Sutra 230
			Yama 12:56PM – 1:46PM	Priti Until 12:50AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:25PM	Vilamba 5120
	Routine Work	Marana Yoga	758863365 <b>Rahu</b> 10:28AM – 11:17AM	Vanija Until 10:09PM	<b>Nataraja:</b> White		Moon 11 - Phase 32
			<b>Navami*</b> Until 10:49AM	Moon – Red		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway
	Kanya Rasi: 13.59	Tithi 25 – 26	<b>Gulika</b> 1:45PM – 2:35PM	<b>Hasta</b> Until 10:30PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:51AM	Sun 8 Sutra 231
			Yama 12:07PM – 12:56PM	Ayushman Until 10:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:24PM	Vilamba 5120
	Creative Work	Amrita Yoga	768863365 <b>Rahu</b> 2:35PM – 3:24PM	Bava Until 9:01PM	<b>Nataraja:</b> White		Moon 11 - Phase 32
			<b>Dashami</b> Until 9:31AM	Moon – Green		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	

<b>3</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway
	Kanya Rasi: 27.32	Tithi 26 – 27	<b>Gulika</b> 12:56PM – 1:45PM	<b>Chitra</b> Until 10:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:52AM	Sun 9 Sutra 232
	<b>Family Home Evening</b>		Yama 11:19AM – 12:08PM	Saubhagya Until 8:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:23PM	Vilamba 5120
	Routine Work	Prabalarishta Yoga	768863365 <b>Rahu</b> 9:41AM – 10:30AM	Kaulava Until 8:11PM	<b>Nataraja:</b> White		Moon 11 - Phase 32
			<b>Ekadashi*</b> Until 8:32AM	Moon – Green		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	

<b>4</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway
	Tula Rasi: 10.55	Tithi 27 – 28	<b>Gulika</b> 12:08PM – 12:56PM	<b>Svati</b> Until 10:21PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:54AM	Sun 10 Sutra 233
			Yama 10:31AM – 11:20AM	Sobhana Until 7:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:22PM	Vilamba 5120
	Creative Work	Siddha Yoga	768863365 <b>Rahu</b> 1:45PM – 2:33PM	Gara Until 7:41PM	<b>Nataraja:</b> White		Moon 11 - Phase 32
			<b>Dvadashi*</b> Until 7:52AM	Moon – Green		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway
	Tula Rasi: 24.05	Tithi 28 – 29	<b>Gulika</b> 11:20AM – 12:08PM	<b>Vishakha</b> Until 11:03PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:56AM	Sun 11 Sutra 234
			Yama 9:44AM – 10:32AM	Athiganda* Until 6:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:21PM	Vilamba 5120
	Creative Work	Siddha Yoga	778863365 <b>Rahu</b> 12:08PM – 12:56PM	Visti Until 7:36PM	<b>Nataraja:</b> White		Moon 11 - Phase 32
			<b>Trayodashi*</b> Until 7:34AM	Moon – Orange		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 10:33AM – 11:21AM	<b>Anuradha</b> Until 12:04AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:58AM	Sun 12 Sutra 235
	Vrischika Rasi: 7.03	Tithi 29 – 30	Yama 8:58AM – 9:46AM	Sukarma Until 5:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:20PM	Vilamba 5120
			778863365 <b>Rahu</b> 12:57PM – 1:44PM	Catuspada Until 7:59PM	<b>Nataraja:</b> White		Moon 11 - Phase 32
			<b>Chaturdashi*</b> Until 7:42AM	Moon – Orange		Amavasya	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	

<b>Retreat Star</b>	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Oslo, Norway
	Vrischika Rasi: 19.47	Tithi 30 – 1	<b>Gulika</b> 9:47AM – 10:34AM	<b>Jyeshtha*</b> Until 1:25AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 9:00AM	Sun 13 Sutra 236
			Yama 1:44PM – 2:32PM	Dhriti Until 4:33PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:19PM	Vilamba 5120
	Routine Work	Marana Yoga	779863365 <b>Rahu</b> 11:22AM – 12:09PM	Kintughna Until 8:52PM	<b>Nataraja:</b> White		Moon 11 - Phase 32
			<b>Amavasya*</b> Until 8:20AM	Moon – Orange		Prathama	
				<b>Margasira-Karttikai</b>		<b>Bhuloka Day</b>	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 14 Sutra 237 Vilamba 5120		
Dhanus Rasi: 2.16	Tithi 1 – 2	<b>Gulika</b> 9:01AM – 9:48AM	<b>Mula* Until 3:36AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 9:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:18PM	Moon 11 - Phase 33 3rd Phase
		Yama 12:57PM – 1:44PM	Shula* Until 4:24PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 10:35AM – 11:23AM	Balava Until 10:18PM	Moon – Light Blue				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Prathama* Until 9:29AM</b>	<b>Margasira-Karttikai</b>				

<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 238 Vilamba 5120		
Dhanus Rasi: 14.32	Tithi 2 – 3	<b>Gulika</b> 1:44PM – 2:31PM	<b>Purvashadha* Until 6:07AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 9:03AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:18PM	Moon 11 - Phase 33 3rd Phase
		Yama 12:10PM – 12:57PM	Ganda* Until 4:41PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 2:31PM – 3:18PM	Taitila Until 12:15AM Mon	Moon – Light Blue				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Dvitiya Until 11:11AM</b>	<b>Margasira-Karttikai</b>				
Until 6:07AM Mon								
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 16 Sutra 239 Vilamba 5120		
Dhanus Rasi: 26.36	Tithi 3 – 4	<b>Gulika</b> 12:57PM – 1:44PM	<b>Purvashadha* Until 6:07AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 9:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:17PM	Moon 11 - Phase 33 3rd Phase
<b>Family Home Evening</b>		Yama 11:24AM – 12:11PM	Vridhi Until 5:18PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 9:51AM – 10:37AM	Vanija Until 2:38AM Tue	Moon – Light Blue				<b>Bhuloka Day</b>
Routine Work	Marana Yoga		<b>Tritiya Until 1:22PM</b>	<b>Margasira-Karttikai</b>				

<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 240 Vilamba 5120		
Makara Rasi: 8.3	Tithi 4 – 5	<b>Gulika</b> 12:11PM – 12:57PM	<b>Uttarashadha Until 8:51AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 9:06AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:17PM	Moon 11 - Phase 33 3rd Phase
		Yama 10:38AM – 11:25AM	Dhruva Until 6:10PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 1:44PM – 2:30PM	Bava Until 5:18AM Wed	Moon – Light Blue				<b>Bhuloka Day</b>
Routine Work	Prabalarishta Yoga		<b>Chaturthi* Until 3:55PM</b>	<b>Margasira-Karttikai</b>				
Until 8:51AM								
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau		Oslo, Norway Sun 18 Sutra 241 Vilamba 5120		
Makara Rasi: 20.19	Tithi 5	<b>Gulika</b> 11:25AM – 12:12PM	<b>Shravana Until 12:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 9:07AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:16PM	Moon 11 - Phase 33 3rd Phase
		Yama 9:53AM – 10:39AM	Vyaghata* Until 7:10PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 12:12PM – 12:58PM	Balava Until 6:40PM	Moon – Purple				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Panchami Until 6:40PM</b>	<b>Margasira-Karttikai</b>				Devaloka Time: 6:AM to 9:AM
Until 12:08PM								
Then Routine Work - Prabalarishta Yoga								

<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Oslo, Norway Sun 19 Sutra 242 Vilamba 5120		
Kumbha Rasi: 2.05	Tithi 6	<b>Gulika</b> 10:40AM – 11:26AM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 9:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:16PM	Moon 11 - Phase 33 3rd Phase
		Yama 9:08AM – 9:54AM	Harshana Until 8:09PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 12:58PM – 1:44PM	Kaulava Until 8:03AM	Moon – Purple				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:22PM</b>	<b>Margasira-Karttikai</b>				Devaloka Time: 6:AM to 9:AM

Vinayaga Viratam Ends

<b>Friday, December 14, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 20 Sutra 243 Vilamba 5120		
Kumbha Rasi: 13.55	Tithi 7	<b>Gulika</b> 9:55AM – 10:41AM	<b>Shatabhishak Until 6:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 9:10AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:16PM	Moon 11 - Phase 33 3rd Phase
		Yama 1:44PM – 2:30PM	Vajra* Until 8:55PM	<b>Nataraja:</b> White				
		799863365 <b>Rahu</b> 11:27AM – 12:13PM	Gara Until 10:40AM	Moon – Purple				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Saptami Until 11:49PM</b>	<b>Margasira-Karttikai</b>				Devaloka Time: 6:AM to 9:AM

<b>Saturday, December 15, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 244 Vilamba 5120		
Kumbha Rasi: 25.52	Tithi 8	<b>Gulika</b> 9:11AM – 9:56AM	<b>Purvaproshtapada* Until 8:45PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 9:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:15PM	Moon 11 - Phase 33 Ashtami
		Yama 12:59PM – 1:44PM	Siddhi Until 9:21PM	<b>Nataraja:</b> White				
		711863365 <b>Rahu</b> 10:42AM – 11:27AM	Visti Until 12:53PM	Moon – Clear				<b>Bhuloka Day</b>
Routine Work	Marana Yoga		<b>Ashtami* Until 1:45AM Sun</b>	<b>Margasira-Karttikai</b>				Devaloka Time: 6:AM to 9:AM
Until 8:45PM								
Then Creative Work - Siddha Yoga								

<b>Sunday, December 16, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 245 Vilamba 5120		
Meena Rasi: 8.03	Tithi 9	<b>Gulika</b> 1:45PM – 2:30PM	<b>Uttaraproshtapada Until 10:38PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 9:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:15PM	Moon 11 - Phase 33 Navami
		Yama 12:14PM – 12:59PM	Vyatipata* Until 9:18PM	<b>Nataraja:</b> White				
		811863365 <b>Rahu</b> 2:30PM – 3:15PM	Balava Until 2:30PM	Moon – Clear				<b>Bhuloka Day</b>
Creative Work	Amrita Yoga		<b>Navami* Until 3:01AM Mon</b>	<b>Margasira-Markali</b>				
		<b>Markali Pillaiyar</b>						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway
1		Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 246
Meena Rasi: 20.31	Tithi 10	<b>Gulika</b> 12:59PM – 1:45PM	<b>Revati Until 11:38PM</b>	Vilamba 5120
<b>Family Home Evening</b>	811863365	Yama 11:29AM – 12:14PM	Variyan Until 8:38PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	<b>Rahu</b> 9:58AM – 10:43AM	Taitila Until 3:22PM	4th Phase
		<b>Dashami Until 3:29AM Tue</b>		<b>Bhuloka Day</b>
		<b>Margasira-Markali</b>		

<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway
2		Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 247
Mesha Rasi: 3.21	Tithi 11	<b>Gulika</b> 12:15PM – 1:00PM	<b>Ashvini Until 12:09AM Wed</b>	Vilamba 5120
	821863365	Yama 10:44AM – 11:29AM	Parigha* Until 7:21PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	<b>Rahu</b> 1:45PM – 2:30PM	Vanija Until 3:26PM	4th Phase
		<b>Gita Jayanthi</b>	<b>Ekadashi Until 3:08AM Wed</b>	<b>Bhuloka Day</b>
		<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM

<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway
3		Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 248
Mesha Rasi: 16.35	Tithi 12	<b>Gulika</b> 11:30AM – 12:15PM	<b>Bharani Until 11:43PM</b>	Vilamba 5120
	821863365	Yama 10:00AM – 10:45AM	Shiva Until 5:26PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	<b>Rahu</b> 12:15PM – 1:00PM	Bava Until 2:40PM	4th Phase
Until 11:43PM		<b>Dvadashi Until 1:59AM Thu</b>		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga		<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM

<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway
4		Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 249
Vrishabha Rasi: 0.17	Tithi 13	<b>Gulika</b> 10:45AM – 11:31AM	<b>Krittika Until 10:28PM</b>	Vilamba 5120
	821863365	Yama 9:15AM – 10:00AM	Siddha Until 2:56PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	<b>Rahu</b> 1:01PM – 1:46PM	Kaulava Until 1:09PM	4th Phase
		<b>Trayodashi Until 12:08AM Fri</b>		<b>Bhuloka Day</b>
		<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM
		<i>Pradosha Vrata</i>		

<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway
5		Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 250
Vrishabha Rasi: 14.23	Tithi 14	<b>Gulika</b> 10:01AM – 10:46AM	<b>Rohini Until 8:54PM</b>	Vilamba 5120
	831863365	Yama 1:46PM – 2:31PM	Sadhya Until 11:56AM	Moon 11 - Phase 34
Routine Work	Marana Yoga	<b>Rahu</b> 11:31AM – 12:16PM	Gara Until 11:00AM	4th Phase
Until 8:54PM		<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi* Until 9:43PM</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Margasira-Markali</b>		

<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway
○		Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 251
<b>Copper Retreat Star</b>				Vilamba 5120
Vrishabha Rasi: 28.5	Tithi 15	<b>Gulika</b> 9:16AM – 10:01AM	<b>Mrigashira Until 6:47PM</b>	Moon 11 - Phase 34
	831963365	Yama 1:02PM – 1:47PM	Subha Until 8:32AM	Purnima
Creative Work	Siddha Yoga	<b>Rahu</b> 10:46AM – 11:32AM	Visti Until 8:21AM	
		<b>Day 2 of Pancha Ganapati</b>	<b>Purnima* Until 6:52PM</b>	<b>Bhuloka Day</b>
		<b>Margasira-Markali</b>		Devaloka Time: 9:AM to 12:PM

<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway
○		Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sutra 252
<b>Silver Retreat Star</b>				Vilamba 5120
Mithuna Rasi: 13.34	Tithi 16 – 17	<b>Gulika</b> 1:47PM – 2:33PM	<b>Ardra Until 4:15PM</b>	Moon 11 - Phase 34
	831963365	Yama 12:17PM – 1:02PM	Brahma Until 1:00AM Mon	Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 2:33PM – 3:18PM	Taitila Until 2:09AM Mon	
		<b>Day 3 of Pancha Ganapati</b>	<b>Prathama* Until 3:45PM</b>	<b>Bhuloka Day</b>
		<b>Ardra Darshanam</b>	<b>Margasira-Markali</b>	Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 28.26 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Gulika 1:03PM - 1:48PM

Yama 11:33AM - 12:18PM

Rahu 10:02AM - 10:47AM

Day 4 of Pancha Ganapati

Punarvasu Until 1:53PM

Indra Until 9:07PM

Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesha: Blue

Muruqa: Purple

Nataraja: White

Moon - Blue

Margasira-Markali

Sunrise: 9:17AM

Sunset: 3:18PM

Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Oslo, Norway

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 13.19 Tithi 18 - 19

842963365

Creative Work Siddha Yoga

Gulika 12:18PM - 1:03PM

Yama 10:48AM - 11:33AM

Rahu 1:49PM - 2:34PM

Day 5 of Pancha Ganapati

Pushya Until 11:25AM

Vaidhriti\* Until 5:18PM

Bava Until 7:47PM

Tritiya Until 9:19AM

Ganesha: Yellow

Muruqa: Purple

Nataraja: White

Moon - Blue

Margasira-Markali

Sunrise: 9:17AM

Sunset: 3:19PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 28.05 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 11:33AM - 12:19PM

Yama 10:03AM - 10:48AM

Rahu 12:19PM - 1:04PM

Ashlesha\* Until 8:59AM

Vishkambha\* Until 1:39PM

Taitila Until 3:31AM Thu

Chaturthi\* Until 6:16AM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Green

Moon - Blue

Margasira-Markali

Sunrise: 9:18AM

Sunset: 3:20PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 12.38 Tithi 21

852963366

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Gulika 10:48AM - 11:34AM

Yama 9:18AM - 10:03AM

Rahu 1:05PM - 1:50PM

Magha\* Until 7:08AM

Priti Until 10:17AM

Gara Until 2:18PM

Shashthi\* Until 1:10AM Fri

Ganesha: Blue

Muruqa: Purple

Nataraja: Green

Moon - Red

Margasira-Markali

Sunrise: 9:18AM

Sunset: 3:21PM

Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saplamyam Titau

Oslo, Norway

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 26.55 Tithi 22

852963366

Creative Work Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Gulika 10:03AM - 10:49AM

Yama 1:51PM - 2:36PM

Rahu 11:34AM - 12:20PM

Uttaraphalguni Until 4:17AM Sat

Ayushman Until 7:14AM

Visti Until 12:10PM

Saptami Until 11:16PM

Ganesha: Blue

Muruqa: Purple

Nataraja: Green

Moon - Red

Margasira-Markali

Sunrise: 9:18AM

Sunset: 3:22PM

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 10.53 Tithi 23

862963366

Routine Work Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 9:18AM - 10:03AM

Yama 1:06PM - 1:52PM

Rahu 10:49AM - 11:35AM

Hasta Until 3:50AM Sun

Sobhana Until 2:22AM Sun

Balava Until 10:32AM

Ashtami\* Until 9:54PM

Ganesha: Red

Muruqa: Purple

Nataraja: Green

Moon - Green

Margasira-Markali

Sunrise: 9:18AM

Sunset: 3:23PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 24.32 Tithi 24

862963366

Creative Work Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Gulika 1:52PM - 2:38PM

Yama 12:21PM - 1:07PM

Rahu 2:38PM - 3:24PM

Chitra Until 3:46AM Mon

Athiganda\* Until 12:33AM Mon

Taitila Until 9:26AM

Navami\* Until 9:04PM

Ganesha: Red

Muruqa: Purple

Nataraja: Green

Moon - Green

Margasira-Markali

Sunrise: 9:17AM

Sunset: 3:24PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Oslo, Norway Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:07PM – 1:53PM	<b>Svati Until 4:03AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 9:17AM
Tula Rasi: 7.53	Tithi 25	Yama 11:35AM – 12:21PM	Sukarma Until 11:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:25PM
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 10:03AM – 10:49AM	Vanija Until 8:52AM	<b>Nataraja:</b> Green
Creative Work Amrita Yoga			Dashami Until 8:45PM	Moon – Green
Until 4:03AM Tue				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				Margasira*Markali Devaloka Time: 6:AM to 9:AM

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Oslo, Norway Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:22PM – 1:08PM	<b>Vishakha Until 5:08AM Wed</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 9:17AM
Tula Rasi: 20.58	Tithi 26	Yama 10:49AM – 11:36AM	Dhriti Until 10:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:27PM
	872963366	<b>Rahu</b> 1:54PM – 2:41PM	Bava Until 8:49AM	<b>Nataraja:</b> Green
Routine Work Marana Yoga			Ekadashi* Until 8:58PM	Moon – Orange
Until 5:08AM Wed				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Margasira*Markali

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Oslo, Norway Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:36AM – 12:22PM	<b>Anuradha Until 6:31AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 9:16AM
Vrischika Rasi: 3.47	Tithi 27	Yama 10:03AM – 10:49AM	Shula* Until 9:31PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:28PM
	872963366	<b>Rahu</b> 12:22PM – 1:09PM	Kaulava Until 9:17AM	<b>Nataraja:</b> Green
Creative Work Siddha Yoga			Dvadashi* Until 9:40PM	Moon – Orange
Until 6:31AM Thu				<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga				Margasira*Markali

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Oslo, Norway Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 10:49AM – 11:36AM	<b>Anuradha Until 6:31AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 9:16AM
Vrischika Rasi: 16.23	Tithi 28	Yama 9:16AM – 10:03AM	Ganda* Until 9:14PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:30PM
	872963366	<b>Rahu</b> 1:10PM – 1:56PM	Gara Until 10:13AM	<b>Nataraja:</b> Green
Creative Work Siddha Yoga			Trayodashi* Until 10:51PM	Moon – Orange
Until 6:31AM				<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga				Margasira*Markali
				<i>Pradosha Vrata (Fasting)</i>

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Oslo, Norway Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 10:02AM – 10:49AM	<b>Jyeshtha* Until 8:12AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 9:15AM
Vrischika Rasi: 28.47	Tithi 29	Yama 1:57PM – 2:44PM	Vriddhi Until 9:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:31PM
	872963366	<b>Rahu</b> 11:36AM – 12:23PM	Visti Until 11:37AM	<b>Nataraja:</b> Green
Routine Work Marana Yoga			Chaturdashi* Until 12:28AM Sat	Moon – Orange
Until 8:12AM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Margasira*Markali

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Oslo, Norway Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:15AM – 10:02AM	<b>Mula* Until 10:36AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 9:15AM
Dhanus Rasi: 11	Tithi 30	Yama 1:11PM – 1:58PM	Dhruva Until 9:40PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:33PM
	882963366	<b>Rahu</b> 10:49AM – 11:36AM	Catuspada Until 1:27PM	<b>Nataraja:</b> Green
Creative Work Siddha Yoga			Amavasya* Until 2:29AM Sun	Moon – Light Blue
				<b>Bhuloka Day</b>
				Margasira*Markali

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Oslo, Norway Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:59PM – 2:47PM	<b>Purvashadha* Until 1:13PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 9:14AM
Dhanus Rasi: 23.04	Tithi 1	Yama 12:24PM – 1:12PM	Vyaghata* Until 10:18PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:35PM
	882973366	<b>Rahu</b> 2:47PM – 3:35PM	Kintughna Until 3:39PM	<b>Nataraja:</b> Green
Creative Work Siddha Yoga			Prathama* Until 4:50AM Mon	Moon – Light Blue
Until 1:13PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Devaloka Time: 12:PM to 3:PM
				Partial Solar Eclipse

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Oslo, Norway Sun 15 Sutra 267 Vilamba 5120	
<b>1</b>	Makara Rasi: 4.59 Family Home Evening Routine Work Marana Yoga Until 3:56PM Then Creative Work - Amrita Yoga	Tithi 2 882973366	<b>Gulika</b> 1:13PM – 2:00PM Yama 11:37AM – 12:25PM <b>Rahu</b> 10:01AM – 10:49AM	<b>Uttarashadha Until 3:56PM</b> Harshana Until 11:09PM Balava Until 6:09PM <b>Dvitiya Until 7:27AM Tue</b>	Ganesha: White Muruqa: Clear Nataraja: Green Moon – Light Blue Sunrise: 9:13AM Sunset: 3:36PM <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 16 Sutra 268 Vilamba 5120	
<b>2</b>	Makara Rasi: 16.5 Creative Work Siddha Yoga	Tithi 2 – 3 893973366	<b>Gulika</b> 12:25PM – 1:13PM Yama 10:49AM – 11:37AM <b>Rahu</b> 2:02PM – 2:50PM	<b>Shravana Until 7:12PM</b> Vajra* Until 12:06AM Wed Taitila Until 8:50PM <b>Dvitiya Until 7:27AM</b>	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Sunrise: 9:12AM Sunset: 3:38PM <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 17 Sutra 269 Vilamba 5120	
<b>3</b>	Makara Rasi: 28.37 Routine Work Prabalarishta Yoga Until 10:22PM Then Creative Work - Siddha Yoga	Tithi 3 – 4 893973366	<b>Gulika</b> 11:37AM – 12:26PM Yama 10:00AM – 10:48AM <b>Rahu</b> 12:26PM – 1:14PM	<b>Dhanishtha Until 10:22PM</b> Siddhi Until 1:06AM Thu Vanija Until 11:36PM <b>Tritiya Until 10:12AM</b>	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Sunrise: 9:11AM Sunset: 3:40PM <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 18 Sutra 270 Vilamba 5120	
<b>4</b>	Kumbha Rasi: 10.25 Creative Work Siddha Yoga	Tithi 4 – 5 893973366	<b>Gulika</b> 10:48AM – 11:37AM Yama 9:10AM – 9:59AM <b>Rahu</b> 1:15PM – 2:04PM	<b>Shatabhishak Until 1:16AM Fri</b> Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri <b>Chaturthi* Until 12:55PM</b>	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Sunrise: 9:10AM Sunset: 3:42PM <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Oslo, Norway Sun 19 Sutra 271 Vilamba 5120	
<b>5</b>	Kumbha Rasi: 22.15 Creative Work Siddha Yoga	Tithi 5 – 6 813973366	<b>Gulika</b> 9:58AM – 10:48AM Yama 2:05PM – 2:55PM <b>Rahu</b> 11:37AM – 12:26PM	<b>Purvaproshtapada* Until 4:14AM Sat</b> Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat <b>Panchami Until 3:27PM</b>	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Sunrise: 9:09AM Sunset: 3:44PM <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 20 Sutra 272 Vilamba 5120	
<b>6</b>	Meena Rasi: 4.12 Creative Work Siddha Yoga Until 6:37AM Sun Then Creative Work - Amrita Yoga	Tithi 6 – 7 813973366	<b>Gulika</b> 9:08AM – 9:57AM Yama 1:17PM – 2:06PM <b>Rahu</b> 10:47AM – 11:37AM	<b>Uttaraproshtapada Until 6:37AM Sun</b> Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun <b>Shashthi* Until 5:37PM</b>	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Sunrise: 9:08AM Sunset: 3:46PM <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 21 Sutra 273 Vilamba 5120	
<b>Retreat Star</b>			<b>Gulika</b> 2:08PM – 2:58PM Yama 12:27PM – 1:17PM <b>Rahu</b> 2:58PM – 3:48PM	<b>Uttaraproshtapada Until 6:37AM</b> Shiva Until 3:02AM Mon Gara Until 6:32AM <b>Saptami Until 7:15PM</b>	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Sunrise: 9:06AM Sunset: 3:48PM <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 22 Sutra 274 Vilamba 5120	
<b>Retreat Star</b>			<b>Gulika</b> 1:18PM – 2:09PM Yama 11:37AM – 12:28PM <b>Rahu</b> 9:56AM – 10:46AM	<b>Revati Until 8:14AM</b> Siddha Until 2:23AM Tue Visti Until 7:49AM <b>Ashtami* Until 8:10PM</b>	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Sunrise: 9:05AM Sunset: 3:50PM <b>Devaloka Day</b>

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 23 Sutra 275 Vilamba 5120	
<b>Retreat Star</b>			<b>Gulika</b> 12:28PM – 1:19PM Yama 10:46AM – 11:37AM <b>Rahu</b> 2:10PM – 3:01PM	<b>Ashvini Until 9:28AM</b> Sadhya Until 1:08AM Wed Balava Until 8:21AM <b>Navami* Until 8:18PM</b>	Ganesha: Purple Muruqa: Clear Nataraja: Green Moon – White Sunrise: 9:04AM Sunset: 3:52PM <b>Sivaloka Day</b>


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Oslo, Norway Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 24.35	Tithi 10	<b>Gulika</b> 11:37AM – 12:28PM	<b>Bharani Until 9:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:02AM	
		Yama 9:54AM – 10:45AM	Subha Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:55PM	Moon 12 - Phase 38
		823173366 <b>Rahu</b> 12:28PM – 1:20PM	Taitila Until 8:04AM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:36PM</b>	Moon – White		<b>Sivaloka Day</b>
Until 9:43AM				<b>Pausha-Thai</b>		
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Oslo, Norway Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 8.09	Tithi 11	<b>Gulika</b> 10:45AM – 11:37AM	<b>Krittika Until 9:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 9:01AM	
		Yama 9:01AM – 9:53AM	Sukla Until 8:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:57PM	Moon 12 - Phase 38
		823173366 <b>Rahu</b> 1:21PM – 2:13PM	Vanija Until 6:57AM	<b>Nataraja:</b> Green		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 6:05PM</b>	Moon – White		<b>Sivaloka Day</b>
				<b>Pausha-Thai</b>		

<b>3</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 22.11	Tithi 12 – 13	<b>Gulika</b> 9:51AM – 10:44AM	<b>Rohini Until 7:54AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:59AM	
		Yama 2:14PM – 3:07PM	Brahma Until 5:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:59PM	Moon 12 - Phase 38
		833173366 <b>Rahu</b> 11:36AM – 12:29PM	Kaulava Until 2:33AM Sat	<b>Nataraja:</b> Green		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 3:52PM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 7:54AM				<b>Pausha-Thai</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>		

<b>4</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 6.4	Tithi 13 – 14	<b>Gulika</b> 8:57AM – 9:50AM	<b>Mrigashira Until 6:00AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:57AM	
		Yama 1:22PM – 2:15PM	Indra Until 2:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:01PM	Moon 12 - Phase 38
		833173366 <b>Rahu</b> 10:43AM – 11:36AM	Gara Until 11:29PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:03PM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Pausha-Thai</b>		

		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Oslo, Norway Sutra 280 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:17PM – 3:10PM	<b>Punarvasu Until 12:50AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:56AM	
Mithuna Rasi: 21.3	Tithi 14 – 15	Yama 12:30PM – 1:23PM	Vaidhriti* Until 10:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 38
		843173366 <b>Rahu</b> 3:10PM – 4:04PM	Visti Until 8:04PM	<b>Nataraja:</b> Green		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:48AM</b>	Moon – Blue		<b>Sivaloka Day</b>
				<b>Pausha-Thai</b>		

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Oslo, Norway Sutra 281 Vilamba 5120
Kataka Rasi: 6.35	Tithi 15 – 16	<b>Gulika</b> 1:24PM – 2:18PM	<b>Pushya Until 9:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:54AM	
<b>Family Home Evening</b>		Yama 11:36AM – 12:30PM	Vishkambha* Until 6:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:06PM	Moon 12 - Phase 38
		843173366 <b>Rahu</b> 9:48AM – 10:42AM	Kaulava Until 2:34AM Tue	<b>Nataraja:</b> Green		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 6:15AM</b>	Moon – Blue		<b>Sivaloka Day</b>
				<b>Pausha-Thai</b>		
		<b>Total Lunar Eclipse</b>				
		<b>Thai Pusam</b>				



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Kataka Rasi: 21.46 Tithi 17

844173366

**Gulika** 12:30PM – 1:25PM  
**Yama** 10:41AM – 11:36AM  
**Rahu** 2:19PM – 3:14PM

**Ganesha:** Clear *Sunrise: 8:52AM*  
**Muruqa:** Clear *Sunset: 4:08PM*  
**Nataraja:** Green  
Moon – Blue

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

Dvitiya Until 10:56PM

Pausha\*Thai

Devaloka Day

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trityayam Titau

Oslo, Norway

Simha Rasi: 6.54 Tithi 18

854173366

**Gulika** 11:35AM – 12:30PM  
**Yama** 9:45AM – 10:40AM  
**Rahu** 12:30PM – 1:26PM

**Ganesha:** Purple *Sunrise: 8:50AM*  
**Muruqa:** Clear *Sunset: 4:11PM*  
**Nataraja:** Green  
Moon – Red

Sun 1 Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

Until 4:16PM

Then Creative Work - Amrita Yoga

Tritiya Until 7:29PM

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Simha Rasi: 21.5 Tithi 19 – 20

854173366

**Gulika** 10:39AM – 11:35AM  
**Yama** 8:48AM – 9:44AM  
**Rahu** 1:26PM – 2:22PM

**Ganesha:** Purple *Sunrise: 8:48AM*  
**Muruqa:** Clear *Sunset: 4:13PM*  
**Nataraja:** Green  
Moon – Red

Sun 2 Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 4:24PM

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Oslo, Norway

Kanya Rasi: 6.28 Tithi 20 – 21

954173366

**Gulika** 9:42AM – 10:39AM  
**Yama** 2:23PM – 3:20PM  
**Rahu** 11:35AM – 12:31PM

**Ganesha:** Clear *Sunrise: 8:46AM*  
**Muruqa:** Clear *Sunset: 4:16PM*  
**Nataraja:** Green  
Moon – Red

Sun 3 Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

Panchami Until 1:47PM

Pausha\*Thai

Devaloka Day

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Kanya Rasi: 20.41 Tithi 21 – 22

964173366

**Gulika** 8:44AM – 9:41AM  
**Yama** 1:28PM – 2:25PM  
**Rahu** 10:38AM – 11:34AM

**Ganesha:** Purple *Sunrise: 8:44AM*  
**Muruqa:** Clear *Sunset: 4:18PM*  
**Nataraja:** Green  
Moon – Green

Sun 4 Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Routine Work Marana Yoga

Shashthi\* Until 11:48AM

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Tula Rasi: 4.29 Tithi 22 – 23

964173366

**Gulika** 2:26PM – 3:23PM  
**Yama** 12:31PM – 1:29PM  
**Rahu** 3:23PM – 4:21PM

**Ganesha:** Purple *Sunrise: 8:42AM*  
**Muruqa:** Clear *Sunset: 4:21PM*  
**Nataraja:** Green  
Moon – Green

Sun 5 Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

Creative Work Siddha Yoga

Saptami Until 10:30AM

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Tula Rasi: 17.52 Tithi 23 – 24

964173366

**Gulika** 1:30PM – 2:27PM  
**Yama** 11:34AM – 12:32PM  
**Rahu** 9:38AM – 10:36AM

**Ganesha:** Purple *Sunrise: 8:40AM*  
**Muruqa:** Clear *Sunset: 4:23PM*  
**Nataraja:** Green  
Moon – Green

Sun 6 Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

Creative Work Amrita Yoga

Until 9:44AM

Then Routine Work - Marana Yoga

Ashtami\* Until 9:56AM

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Oslo, Norway Sun 7 Sutra 289 Vilamba 5120	
Wrischika Rasi: 0.5	Tithi 24 – 25	974173366	<b>Gulika</b> 12:32PM – 1:30PM <b>Yama</b> 10:35AM – 11:33AM <b>Rahu</b> 2:29PM – 3:27PM	<b>Vishakha</b> Until 10:40AM Vriddhi Until 1:12AM Wed Vanija Until 10:30PM <b>Navami*</b> Until 10:07AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 8:38AM <b>Sunset:</b> 4:26PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b> <b>Pausha*Thai</b>
Routine Work Marana Yoga		Until 10:40AM		Then Creative Work - Siddha Yoga			

<b>2</b>		<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Oslo, Norway Sun 8 Sutra 290 Vilamba 5120	
Wrischika Rasi: 13.29	Tithi 25 – 26	974173366	<b>Gulika</b> 11:33AM – 12:32PM <b>Yama</b> 9:35AM – 10:34AM <b>Rahu</b> 12:32PM – 1:31PM	<b>Anuradha</b> Until 12:06PM Dhruva Until 1:00AM Thu Bava Until 11:42PM <b>Dashami</b> Until 11:00AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 8:36AM <b>Sunset:</b> 4:28PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b> <b>Pausha*Thai</b>
Creative Work Siddha Yoga							

<b>3</b>		<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 9 Sutra 291 Vilamba 5120	
Wrischika Rasi: 25.52	Tithi 26 – 27	974173366	<b>Gulika</b> 10:33AM – 11:33AM <b>Yama</b> 8:34AM – 9:33AM <b>Rahu</b> 1:32PM – 2:32PM	<b>Jyeshtha*</b> Until 1:57PM Vyaghata* Until 1:13AM Fri Kaulava Until 1:27AM Fri <b>Ekadashi*</b> Until 12:30PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 8:34AM <b>Sunset:</b> 4:31PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b> <b>Pausha*Thai</b>
Routine Work Prabalarishta Yoga		Until 1:57PM		Then Creative Work - Siddha Yoga			

<b>4</b>		<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 10 Sutra 292 Vilamba 5120	
Dhanus Rasi: 8.01	Tithi 27 – 28	984173366	<b>Gulika</b> 9:33AM – 10:33AM <b>Yama</b> 2:32PM – 3:31PM <b>Rahu</b> 11:33AM – 12:32PM	<b>Mula*</b> Until 4:35PM Harshana Until 1:47AM Sat Gara Until 3:38AM Sat <b>Dvadashi*</b> Until 2:28PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	<b>Sunrise:</b> 8:34AM <b>Sunset:</b> 4:31PM	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM <b>Pradosha Vrata (Fasting)</b>
Creative Work Amrita Yoga		Until 4:35PM		Then Routine Work - Prabalarishta Yoga			

<b>5</b>		<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 11 Sutra 293 Vilamba 5120	
Dhanus Rasi: 20.01	Tithi 28 – 29	984173366	<b>Gulika</b> 8:31AM – 9:32AM <b>Yama</b> 1:33PM – 2:33PM <b>Rahu</b> 10:32AM – 11:32AM	<b>Purvashadha*</b> Until 7:23PM Vajra* Until 2:32AM Sun Visti Until 6:06AM Sun <b>Trayodashi*</b> Until 4:49PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	<b>Sunrise:</b> 8:31AM <b>Sunset:</b> 4:33PM	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM <b>Pausha*Thai</b>
Creative Work Siddha Yoga		Until 7:23PM		Then Routine Work - Marana Yoga			

<b>6</b>		<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Oslo, Norway Sun 12 Sutra 294 Vilamba 5120	
Makara Rasi: 1.54	Tithi 29	985173366	<b>Gulika</b> 2:34PM – 3:35PM <b>Yama</b> 12:32PM – 1:33PM <b>Rahu</b> 3:35PM – 4:36PM	<b>Uttarashadha</b> Until 10:15PM Siddhi Until 3:27AM Mon Visti Until 6:06AM <b>Chaturdashi*</b> Until 7:24PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	<b>Sunrise:</b> 8:29AM <b>Sunset:</b> 4:36PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b> <b>Pausha*Thai</b>
Creative Work Amrita Yoga							

<b>●</b>		<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Oslo, Norway Sun 13 Sutra 295 Vilamba 5120	
<b>Retreat Star</b>							
Makara Rasi: 13.43	Tithi 30	995173367	<b>Gulika</b> 1:34PM – 2:36PM <b>Yama</b> 11:31AM – 12:33PM <b>Rahu</b> 9:28AM – 10:30AM	<b>Shravana</b> Until 1:32AM Tue Vyatipata* Until 4:27AM Tue Catuspada Until 8:46AM <b>Amavasya*</b> Until 10:06PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 8:27AM <b>Sunset:</b> 4:39PM	Moon 1 - Phase 40 Amavasya <b>Devaloka Day</b> <b>Pausha*Thai</b>
Family Home Evening		Creative Work Amrita Yoga		Until 1:32AM Tue		Then Creative Work - Siddha Yoga	

<b>●</b>		<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Oslo, Norway Sun 14 Sutra 296 Vilamba 5120	
<b>Retreat Star</b>							
Makara Rasi: 25.31	Tithi 1	995173367	<b>Gulika</b> 12:33PM – 1:35PM <b>Yama</b> 10:29AM – 11:31AM <b>Rahu</b> 2:37PM – 3:39PM	<b>Dhanishtha</b> Until 4:39AM Wed Variyan Until 5:24AM Wed Kintughna Until 11:29AM <b>Prathama*</b> Until 12:48AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 8:24AM <b>Sunset:</b> 4:41PM	Moon 1 - Phase 40 Prathama <b>Devaloka Day</b> <b>Magha*Thai</b>
Creative Work Siddha Yoga							

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Oslo, Norway
	Kumbha Rasi: 7.19	Tithi 2	<b>Gulika</b> 11:30AM – 12:33PM	<b>Shatabhishak Until 7:30AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:22AM	Sun 15 Sutra 297
	Creative Work	Siddha Yoga	Yama 9:25AM – 10:27AM	Parigha* Until 6:18AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase
		995173367	<b>Rahu</b> 12:33PM – 1:36PM	Balava Until 2:09PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>
				<b>Dvitiya Until 3:25AM Thu</b>	<b>Moon – Purple</b>		
					<b>Magha-Thai</b>		

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Oslo, Norway
	Kumbha Rasi: 19.1	Tithi 3	<b>Gulika</b> 10:26AM – 11:30AM	<b>Shatabhishak Until 7:30AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:20AM	Sun 16 Sutra 298
	Creative Work	Siddha Yoga	Yama 8:20AM – 9:23AM	Parigha* Until 6:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase
		995173367	<b>Rahu</b> 1:36PM – 2:40PM	Taitila Until 4:40PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>
				<b>Tritiya Until 5:50AM Fri</b>	<b>Moon – Purple</b>		
					<b>Magha-Thai</b>		

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthiyam Titau				Oslo, Norway
	Meena Rasi: 1.05	Tithi 4	<b>Gulika</b> 9:21AM – 10:25AM	<b>Purvaproshtapada* Until 10:29AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:17AM	Sun 17 Sutra 299
	Creative Work	Siddha Yoga	Yama 2:41PM – 3:45PM	Shiva Until 7:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase
		915173367	<b>Rahu</b> 11:29AM – 12:33PM	Vanija Until 6:57PM	<b>Nataraja:</b> White		<b>Sivaloka Day</b>
				<b>Chaturthi* Until 7:57AM Sat</b>	<b>Moon – Clear</b>		
					<b>Magha-Thai</b>		

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Siddha/Sadhya Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway
	Meena Rasi: 13.07	Tithi 4 – 5	<b>Gulika</b> 8:15AM – 9:19AM	<b>Uttarproshthapada Until 1:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:15AM	Sun 18 Sutra 300
	Creative Work	Siddha Yoga	Yama 1:38PM – 2:42PM	Siddha Until 7:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase
		915173367	<b>Rahu</b> 10:24AM – 11:28AM	Bava Until 8:54PM	<b>Nataraja:</b> White		<b>Sivaloka Day</b>
				<b>Chaturthi* Until 7:57AM</b>	<b>Moon – Clear</b>		
					<b>Magha-Thai</b>		

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Oslo, Norway
	Meena Rasi: 25.18	Tithi 5 – 6	<b>Gulika</b> 2:44PM – 3:49PM	<b>Revati Until 2:59PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:12AM	Sun 19 Sutra 301
	Creative Work	Amrita Yoga	Yama 12:33PM – 1:38PM	Sadhya Until 7:47AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase
		915273367	<b>Rahu</b> 3:49PM – 4:54PM	Kaulava Until 10:23PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>
				<b>Panchami Until 9:41AM</b>	<b>Moon – Clear</b>		
					<b>Magha-Thai</b>		

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Oslo, Norway
	Mesha Rasi: 7.41	Tithi 6 – 7	<b>Gulika</b> 1:39PM – 2:45PM	<b>Ashvini Until 4:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:10AM	Sun 20 Sutra 302
	Family Home Evening		Yama 11:27AM – 12:33PM	Subha Until 7:38AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:57PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase
		925273367	<b>Rahu</b> 9:15AM – 10:21AM	Gara Until 11:18PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>
				<b>Shashthi* Until 10:54AM</b>	<b>Moon – White</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
					<b>Magha-Thai</b>		

<b>D</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 12:33PM – 1:40PM	<b>Bharani Until 5:44PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:07AM	Sun 21 Sutra 303
	Mesha Rasi: 20.2	Tithi 7 – 8	Yama 10:20AM – 11:27AM	Sukla Until 7:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM	Vilamba 5120 Moon 1 - Phase 41
		925273367	<b>Rahu</b> 2:46PM – 3:53PM	Vistil Until 11:32PM	<b>Nataraja:</b> White		Ashtami
				<b>Saptami Until 11:29AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>
					<b>Magha-Thai</b>		<b>Devaloka Time: 12:PM to 3:PM</b>

<b>D</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 11:26AM – 12:33PM	<b>Krittika Until 5:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:04AM	Sun 22 Sutra 304
	Vrishabha Rasi: 3.2	Tithi 8 – 9	Yama 9:12AM – 10:19AM	Indra Until 4:07AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Vilamba 5120 Moon 1 - Phase 41
		926273367	<b>Rahu</b> 12:33PM – 1:40PM	Balava Until 11:02PM	<b>Nataraja:</b> White		Navami
				<b>Ashtami* Until 11:22AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>
					<b>Magha-Masi</b>		


<b>1</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Oslo, Norway Sun 23
	Vishabha Rasi: 16.43	Tithi 9 – 10	936273367	Gulika 10:17AM – 11:25AM Yama 8:02AM – 9:10AM Rahu 1:41PM – 2:49PM	Rohini Until 5:33PM Vaidhriti* Until 1:45AM Fri Taitila Until 9:45PM Navami* Until 10:28AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 8:02AM Sunset: 5:04PM Moon 1 - Phase 42 4th Phase
	Routine Work Marana Yoga						Sivaloka Day


<b>2</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 24
	Mithuna Rasi: 0.33	Tithi 10 – 11	936273367	Gulika 9:08AM – 10:16AM Yama 2:50PM – 3:58PM Rahu 11:25AM – 12:33PM	Mrigashira Until 4:22PM Vishkambha* Until 10:51PM Vanija Until 7:45PM Dashami Until 8:49AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:59AM Sunset: 5:07PM Moon 1 - Phase 42 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day

<b>3</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 25
	Mithuna Rasi: 14.49	Tithi 11 – 12	936273367	Gulika 7:57AM – 9:06AM Yama 1:42PM – 2:51PM Rahu 10:15AM – 11:24AM	Ardra Until 2:23PM Priti Until 7:26PM Balava Until 3:35AM Sun Ekadashi Until 6:30AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:57AM Sunset: 5:09PM Moon 1 - Phase 42 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day

<b>4</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Oslo, Norway Sun 26
	Mithuna Rasi: 29.3	Tithi 13	946273367	Gulika 2:53PM – 4:02PM Yama 12:33PM – 1:43PM Rahu 4:02PM – 5:12PM	Punarvasu Until 12:09PM Ayushman Until 3:36PM Kaulava Until 1:58PM Trayodashi Until 12:14AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:54AM Sunset: 5:12PM Moon 1 - Phase 42 4th Phase
	Creative Work Siddha Yoga						Devaloka Day
	<i>Pradosha Vrata</i>						

<b>5</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway Sun 27
	Kataka Rasi: 14.3	Tithi 14	946273367	Gulika 1:43PM – 2:54PM Yama 11:23AM – 12:33PM Rahu 9:02AM – 10:12AM	Pushya Until 9:24AM Saubhagya Until 11:29AM Gara Until 10:27AM Chaturdashi* Until 8:35PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:51AM Sunset: 5:15PM Moon 1 - Phase 42 4th Phase
	Family Home Evening Creative Work Siddha Yoga			Chidambaram Abhishekam			Devaloka Day

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Oslo, Norway Sutra 310
	<b>Copper Retreat Star</b>						
	Kataka Rasi: 29.43	Tithi 15 – 16	946273367	Gulika 12:33PM – 1:44PM Yama 10:11AM – 11:22AM Rahu 2:55PM – 4:06PM	Ashlesha* Until 6:18AM Sobhana Until 7:12AM Visti Until 6:43AM Purnima* Until 4:48PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:49AM Sunset: 5:17PM Moon 1 - Phase 42 Purnima
	Creative Work Siddha Yoga						Devaloka Day

	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Oslo, Norway Sutra 311
	<b>Silver Retreat Star</b>						
	Simha Rasi: 14.58	Tithi 16 – 17	957273367	Gulika 11:21AM – 12:33PM Yama 8:58AM – 10:09AM Rahu 12:33PM – 1:44PM	Purvaphalguni Until 12:30AM Thu Sukarma Until 10:38PM Taitila Until 11:15PM Prathama* Until 1:03PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red Magha-Masi	Sunrise: 7:46AM Sunset: 5:20PM Moon 1 - Phase 42 Prathama
	Creative Work Amrita Yoga						Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 0.06 Tithi 18 - 18

957273367

**Gulika** 10:08AM - 11:20AM  
Yama 7:43AM - 8:56AM  
**Rahu** 1:45PM - 2:57PM

**Uttaraphalguni Until 9:46PM**

Dhriti Until 6:40PM

Vanija Until 7:53PM

**Dvitiya Until 9:30AM**

**Ganesha:** Clear *Sunrise:* 7:43AM

**Muruqa:** Clear *Sunset:* 5:22PM

**Nataraja:** White

Moon - Red

**Magha-Masi**

**Devaloka Day**

Until 9:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Oslo, Norway

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.58 Tithi 18 - 19

967273367

**Gulika** 8:53AM - 10:06AM  
Yama 2:59PM - 4:12PM  
**Rahu** 11:20AM - 12:33PM

**Hasta Until 7:47PM**

Shula\* Until 3:01PM

Balava Until 3:41AM Sat

**Tritiya Until 6:20AM**

**Ganesha:** White *Sunrise:* 7:40AM

**Muruqa:** Clear *Sunset:* 5:25PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 7:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 29.26 Tithi 20

967273367

**Gulika** 7:38AM - 8:51AM  
Yama 1:46PM - 3:00PM  
**Rahu** 10:05AM - 11:19AM

**Chitra Until 6:16PM**

Ganda\* Until 11:53AM

Kaulava Until 2:38PM

**Panchami Until 1:43AM Sun**

**Ganesha:** White *Sunrise:* 7:38AM

**Muruqa:** Clear *Sunset:* 5:27PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 6:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 13.26 Tithi 21

967273367

**Gulika** 3:01PM - 4:15PM  
Yama 12:32PM - 1:47PM  
**Rahu** 4:15PM - 5:30PM

**Svati Until 5:21PM**

Vridhi Until 9:20AM

Gara Until 1:03PM

**Shashthi\* Until 12:33AM Mon**

**Ganesha:** White *Sunrise:* 7:35AM

**Muruqa:** Clear *Sunset:* 5:30PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 5:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.58 Tithi 22

977273367

**Gulika** 1:47PM - 3:02PM  
Yama 11:17AM - 12:32PM  
**Rahu** 8:47AM - 10:02AM

**Vishakha Until 5:34PM**

Dhruva Until 7:25AM

Visti Until 12:18PM

**Saptami Until 12:14AM Tue**

**Ganesha:** Yellow *Sunrise:* 7:32AM

**Muruqa:** Clear *Sunset:* 5:32PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Until 5:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 10.02 Tithi 23

977273367

**Gulika** 12:32PM - 1:48PM  
Yama 10:01AM - 11:16AM  
**Rahu** 3:03PM - 4:19PM

**Anuradha Until 6:29PM**

Vyaghata\* Until 6:11AM

Balava Until 12:26PM

**Ashtami\* Until 12:47AM Wed**

**Ganesha:** Yellow *Sunrise:* 7:29AM

**Muruqa:** Clear *Sunset:* 5:35PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 6:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.41 Tithi 24

978273367

**Gulika** 11:15AM - 12:32PM  
Yama 8:43AM - 9:59AM  
**Rahu** 12:32PM - 1:48PM

**Jyeshtha\* Until 8:01PM**

Vajra\* Until 5:39AM Thu

Taitila Until 1:23PM

**Navami\* Until 2:08AM Thu**

**Ganesha:** Blue *Sunrise:* 7:26AM

**Muruqa:** Clear *Sunset:* 5:37PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 8:01PM

Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Oslo, Norway Sun 8 Sutra 319	
Dhanus Rasi: 4.59	Tithi 25	<b>Gulika</b> 9:58AM – 11:15AM	<b>Mula* Until 10:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:24AM	Vilamba 5120	
		Yama 7:24AM – 8:41AM	Siddhi Until 6:09AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 1:49PM – 3:06PM	Vanija Until 3:05PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 4:07AM Fri</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Oslo, Norway Sun 9 Sutra 320	
Dhanus Rasi: 17.03	Tithi 26	<b>Gulika</b> 8:36AM – 9:55AM	<b>Purvashadha* Until 1:22AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:18AM	Vilamba 5120	
		Yama 3:08PM – 4:26PM	Siddhi Until 6:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 11:13AM – 12:31PM	Bava Until 5:19PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 6:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 1:22AM Sat				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 10 Sutra 321	
Dhanus Rasi: 28.56	Tithi 26 – 27	<b>Gulika</b> 7:15AM – 8:34AM	<b>Uttarashadha Until 4:19AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:15AM	Vilamba 5120	
		Yama 1:50PM – 3:09PM	Vyatipata* Until 6:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 9:53AM – 11:12AM	Kaulava Until 7:55PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi* Until 6:34AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:19AM Sun				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 11 Sutra 322	
Makara Rasi: 10.44	Tithi 27 – 28	<b>Gulika</b> 3:10PM – 4:30PM	<b>Shravana Until 7:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:12AM	Vilamba 5120	
		Yama 12:31PM – 1:51PM	Varyan Until 7:58AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 4:30PM – 5:50PM	Gara Until 10:39PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 9:15AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 7:40AM Mon				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga							
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 12 Sutra 323	
Makara Rasi: 22.3	Tithi 28 – 29	<b>Gulika</b> 1:51PM – 3:11PM	<b>Shravana Until 7:40AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:09AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 11:10AM – 12:31PM	Parigha* Until 9:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 8:30AM – 9:50AM	Visti Until 1:22AM Tue	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi* Until 12:00PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 7:40AM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					

		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 13 Sutra 324	
<b>Retreat Star</b>		<b>Gulika</b> 12:31PM – 1:52PM	<b>Dhanishtha Until 10:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	Vilamba 5120	
Kumbha Rasi: 4.17	Tithi 29 – 30	Yama 9:48AM – 11:09AM	Shiva Until 10:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 44	
		199273367 <b>Rahu</b> 3:13PM – 4:34PM	Catuspada Until 3:56AM Wed	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:39PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 10:47AM				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>Wednesday, March 6, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Oslo, Norway Sun 14 Sutra 325	
Kumbha Rasi: 16.09	Tithi 30 – 1	<b>Gulika</b> 11:09AM – 12:30PM	<b>Shatabhishak Until 1:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:03AM	Vilamba 5120	
		Yama 8:25AM – 9:47AM	Siddha Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 44	
		199273367 <b>Rahu</b> 12:30PM – 1:52PM	Kintughna Until 6:14AM Thu	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:06PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 1:33PM				<b>Phalgun-Masi</b>			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Sadhya/Subha Yoga Kintughna/Bava Karana Prathamayam Titau				Oslo, Norway
Kumbha Rasi: 28.07	Tithi 1	Gulika	9:45AM – 11:08AM	Purvaprosarthpada* Until 4:24PM	Ganesha: Yellow	Sunrise: 7:00AM	Sun 15	Sutra 326
		Yama	7:00AM – 8:23AM	Sadhya Until 11:32AM	Muruqa: Clear	Sunset: 6:00PM		Vilamba 5120
		119373367 Rahu	1:52PM – 3:15PM	Kintughna Until 6:14AM	Nataraja: White			Moon 2 - Phase 45
Creative Work	Siddha Yoga			Prathama* Until 7:15PM	Moon – Clear			3rd Phase
					Phalguna-Masi			Devaloka Day
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Oslo, Norway
Meena Rasi: 10.11	Tithi 2	Gulika	8:21AM – 9:44AM	Uttaraprosarthpada Until 6:46PM	Ganesha: Yellow	Sunrise: 6:58AM	Sun 16	Sutra 327
		Yama	3:16PM – 4:39PM	Subha Until 11:58AM	Muruqa: Clear	Sunset: 6:02PM		Vilamba 5120
		119373367 Rahu	11:07AM – 12:30PM	Balava Until 8:13AM	Nataraja: White			Moon 2 - Phase 45
Creative Work	Siddha Yoga			Dvitiya Until 9:04PM	Moon – Clear			3rd Phase
					Phalguna-Masi			Devaloka Day
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Oslo, Norway
Meena Rasi: 22.23	Tithi 3	Gulika	6:55AM – 8:18AM	Revati Until 8:38PM	Ganesha: Yellow	Sunrise: 6:55AM	Sun 17	Sutra 328
		Yama	1:53PM – 3:17PM	Sukla Until 12:07PM	Muruqa: Clear	Sunset: 6:05PM		Vilamba 5120
		119373367 Rahu	9:42AM – 11:06AM	Taitila Until 9:53AM	Nataraja: White			Moon 2 - Phase 45
Routine Work	Prabalarishta Yoga			Tritiya Until 10:33PM	Moon – Clear			3rd Phase
Until 8:38PM					Phalguna-Masi			Devaloka Day
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day					
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Oslo, Norway
Mesha Rasi: 4.45	Tithi 4	Gulika	3:18PM – 4:43PM	Ashvini Until 10:27PM	Ganesha: Red	Sunrise: 6:52AM	Sun 18	Sutra 329
		Yama	12:29PM – 1:54PM	Brahma Until 11:59AM	Muruqa: Clear	Sunset: 6:07PM		Vilamba 5120
		129373367 Rahu	4:43PM – 6:07PM	Vanija Until 11:09AM	Nataraja: White			Moon 2 - Phase 45
Creative Work	Siddha Yoga			Chaturthi* Until 11:38PM	Moon – White			3rd Phase
Until 10:27PM					Phalguna-Masi			Devaloka Day
Then Routine Work - Prabalarishta Yoga								
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway
Mesha Rasi: 17.17	Tithi 5	Gulika	1:54PM – 3:19PM	Bharani Until 11:41PM	Ganesha: Red	Sunrise: 6:49AM	Sun 19	Sutra 330
Family Home Evening		Yama	11:04AM – 12:29PM	Indra Until 11:34AM	Muruqa: Clear	Sunset: 6:09PM		Vilamba 5120
Creative Work	Siddha Yoga	129373367 Rahu	8:14AM – 9:39AM	Bava Until 12:01PM	Nataraja: White			Moon 2 - Phase 45
Until 11:41PM				Panchami Until 12:16AM Tue	Moon – White			3rd Phase
Then Routine Work - Marana Yoga					Phalguna-Masi			Devaloka Day
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway
Virshabha Rasi: 0.02	Tithi 6	Gulika	12:29PM – 1:55PM	Krittika Until 12:17AM Wed	Ganesha: Red	Sunrise: 6:46AM	Sun 20	Sutra 331
		Yama	9:37AM – 11:03AM	Vaidhriti* Until 10:45AM	Muruqa: Clear	Sunset: 6:12PM		Vilamba 5120
		129373367 Rahu	3:20PM – 4:46PM	Kaulava Until 12:25PM	Nataraja: White			Moon 2 - Phase 45
Creative Work	Siddha Yoga			Shashthi* Until 12:24AM Wed	Moon – White			3rd Phase
					Phalguna-Masi			Devaloka Day
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Oslo, Norway
Virshabha Rasi: 13.01	Tithi 7	Gulika	11:02AM – 12:29PM	Rohini Until 12:39AM Thu	Ganesha: Purple	Sunrise: 6:43AM	Sun 21	Sutra 332
		Yama	8:09AM – 9:36AM	Vishkambha* Until 9:33AM	Muruqa: Clear	Sunset: 6:14PM		Vilamba 5120
		131373367 Rahu	12:29PM – 1:55PM	Gara Until 12:17PM	Nataraja: White			Moon 2 - Phase 45
Creative Work	Siddha Yoga			Saptami Until 11:59PM	Moon – Yellow			3rd Phase
Until 12:39AM Thu					Phalguna-Masi			Sivaloka Day
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Ashtamyam Titau				Oslo, Norway
Virshabha Rasi: 26.19	Tithi 8	Gulika	9:34AM – 11:01AM	Mrigashira Until 12:15AM Fri	Ganesha: Purple	Sunrise: 6:40AM	Sun 22	Sutra 333
		Yama	6:40AM – 8:07AM	Priti Until 7:54AM	Muruqa: Clear	Sunset: 6:17PM		Vilamba 5120
		131373367 Rahu	1:55PM – 3:22PM	Visti Until 11:33AM	Nataraja: White			Moon 2 - Phase 45
Routine Work	Marana Yoga			Ashtami* Until 10:56PM	Moon – Yellow			Ashtami
Until 12:15AM Fri					Phalguna-Masi			Sivaloka Day
Then Creative Work - Siddha Yoga								
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Oslo, Norway
Mithuna Rasi: 9.57	Tithi 9	Gulika	8:05AM – 9:32AM	Ardra Until 11:07PM	Ganesha: Purple	Sunrise: 6:37AM	Sun 23	Sutra 334
		Yama	3:24PM – 4:51PM	Saubhagya Until 3:05AM Sat	Muruqa: Clear	Sunset: 6:19PM		Vilamba 5120
		131373368 Rahu	11:00AM – 12:28PM	Balava Until 10:12AM	Nataraja: Clear			Moon 2 - Phase 45
Creative Work	Siddha Yoga			Navami* Until 9:17PM	Moon – Yellow			Navami
					Phalguna-Panguni			Subha Sivaloka Day
			Karadaiyan Nombu (Tamil Nadu)					


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Oslo, Norway Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.58	Tithi 10	<b>Gulika</b> 6:34AM – 8:02AM	<b>Punarvasu</b> Until 9:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	
		Yama 1:56PM – 3:25PM	Sobhana Until 12:00AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46
141373368	<b>Rahu</b> 9:31AM – 10:59AM		Taitila Until 8:14AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:02PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>2</b>		<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 8.21	Tithi 11 – 12	<b>Gulika</b> 3:26PM – 4:55PM	<b>Pushya</b> Until 7:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	
		Yama 12:27PM – 1:57PM	Athiganda* Until 8:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 46
141373368	<b>Rahu</b> 4:55PM – 6:24PM		Bava Until 2:45AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 4:16PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>3</b>		<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 23.04	Tithi 12 – 13	<b>Gulika</b> 1:57PM – 3:27PM	<b>Ashlesha*</b> Until 5:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	
<b>Family Home Evening</b>		Yama 10:57AM – 12:27PM	Sukarma Until 4:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 46
141373368	<b>Rahu</b> 7:58AM – 9:28AM		Kaulava Until 11:26PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 1:07PM	Moon – Blue		<b>Sivaloka Day</b>
Until 5:01PM		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna-Panguni</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

<b>4</b>		<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 8.01	Tithi 13 – 14	<b>Gulika</b> 12:27PM – 1:57PM	<b>Magha*</b> Until 2:27PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	
		Yama 9:26AM – 10:56AM	Dhriti Until 12:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 46
151373368	<b>Rahu</b> 3:28PM – 4:58PM		Gara Until 7:56PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 9:41AM	Moon – Red		<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

		<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Oslo, Norway Sutra 339 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:55AM – 12:27PM	<b>Purvaphalguni</b> Until 11:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	
Simha Rasi: 23.05	Tithi 14 – 15	Yama 7:53AM – 9:24AM	Shula* Until 8:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 46
151373368	<b>Rahu</b> 12:27PM – 1:58PM		Bava Until 2:37AM Thu	<b>Nataraja:</b> Clear		Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:08AM	Moon – Red		<b>Subha Sivaloka Day</b>
		<b>Panguni Uttiram</b>		<b>Phalguna-Panguni</b>		
		<b>Holi</b>				

<b>Thursday, March 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Oslo, Norway Sutra 340 Vilamba 5120
Kanya Rasi: 8.08	Tithi 16	<b>Gulika</b> 9:23AM – 10:54AM	<b>Uttaraphalguni</b> Until 8:50AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:19AM	
		Yama 6:19AM – 7:51AM	Vriddhi Until 12:41AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 46
151383368	<b>Rahu</b> 1:58PM – 3:30PM		Balava Until 12:57PM	<b>Nataraja:</b> Clear		Prathama
Amrita Yoga			<b>Prathama*</b> Until 11:19PM	Moon – Red		<b>Sivaloka Day</b>
Until 8:50AM				<b>Phalguna-Panguni</b>		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway  
Sun 1 Sutra 341

Kanya Rasi: 22.59 Tithi 17

**Gulika** 7:48AM – 9:21AM  
Yama 3:31PM – 5:03PM  
161383368 **Rahu** 10:53AM – 12:26PM

**Hasta** Until 6:33AM  
Dhruva Until 9:08PM  
Taitila Until 9:49AM  
**Dvitiya** Until 8:24PM

**Ganesha:** Yellow *Sunrise:* 6:16AM  
**Muruqa:** White *Sunset:* 6:36PM

Moon 3 - Phase 47  
1st Phase

Creative Work Amrita Yoga

Until 6:33AM

Then Creative Work - Siddha Yoga

Moon – Green  
**Devaloka Day**  
**Phalguna-Panguni**

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway  
Sun 2 Sutra 342

Tula Rasi: 7.31 Tithi 18

**Gulika** 6:13AM – 7:46AM  
Yama 1:59PM – 3:32PM  
162383368 **Rahu** 9:19AM – 10:52AM

**Svati** Until 3:02AM Sun  
Vyaghata\* Until 6:03PM  
Vanija Until 7:09AM  
**Tritiya** Until 6:02PM

**Ganesha:** Blue *Sunrise:* 6:13AM  
**Muruqa:** White *Sunset:* 6:38PM

Moon 3 - Phase 47  
1st Phase

Creative Work Siddha Yoga

Until 3:02AM Sun

Then Routine Work - Marana Yoga

Moon – Green  
**Bhuloka Day**  
**Devaloka Time: 6:PM to 9:PM**  
**Phalguna-Panguni**

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway  
Sun 3 Sutra 343

Tula Rasi: 21.38 Tithi 19 – 20

**Gulika** 3:33PM – 5:07PM  
Yama 12:25PM – 1:59PM  
172383368 **Rahu** 5:07PM – 6:41PM

**Vishakha** Until 2:31AM Mon  
Harshana Until 3:33PM  
Kaulava Until 3:50AM Mon  
**Chaturthi\*** Until 4:21PM

**Ganesha:** Red *Sunrise:* 6:10AM  
**Muruqa:** White *Sunset:* 6:41PM

Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga

Until 2:31AM Mon

Then Creative Work - Siddha Yoga

Moon – Orange  
**Devaloka Day**  
**Phalguna-Panguni**

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway  
Sun 4 Sutra 344

Vrischika Rasi: 5.16 Tithi 20 – 21

**Gulika** 2:00PM – 3:34PM  
Yama 10:51AM – 12:25PM  
172383368 **Rahu** 7:42AM – 9:16AM

**Anuradha** Until 2:43AM Tue  
Vajra\* Until 1:41PM  
Gara Until 3:24AM Tue  
**Panchami** Until 3:29PM

**Ganesha:** Red *Sunrise:* 6:07AM  
**Muruqa:** White *Sunset:* 6:43PM

Moon 3 - Phase 47  
1st Phase

Creative Work Siddha Yoga

Until 2:43AM Tue

Then Routine Work - Marana Yoga

Moon – Orange  
**Devaloka Day**  
**Phalguna-Panguni**

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway  
Sun 5 Sutra 345

Vrischika Rasi: 18.26 Tithi 21 – 22

**Gulika** 12:25PM – 2:00PM  
Yama 9:14AM – 10:50AM  
172383368 **Rahu** 3:35PM – 5:10PM

**Jyeshtha\*** Until 3:37AM Wed  
Siddhi Until 12:31PM  
Visti Until 3:52AM Wed  
**Shashthi\*** Until 3:30PM

**Ganesha:** Red *Sunrise:* 6:04AM  
**Muruqa:** White *Sunset:* 6:45PM

Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga

Moon – Orange  
**Devaloka Day**  
**Phalguna-Panguni**

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway  
Sun 6 Sutra 346

Dhanus Rasi: 1.09 Tithi 22 – 23

**Gulika** 10:49AM – 12:24PM  
Yama 7:37AM – 9:13AM  
182383368 **Rahu** 12:24PM – 2:00PM

**Mula\*** Until 5:38AM Thu  
Vyatipata\* Until 12:02PM  
Balava Until 5:10AM Thu  
**Saptami** Until 4:24PM

**Ganesha:** Green *Sunrise:* 6:01AM  
**Muruqa:** White *Sunset:* 6:48PM

Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga

Until 5:38AM Thu

Then Creative Work - Siddha Yoga

Moon – Light Blue  
**Bhuloka Day**  
**Devaloka Time: 6:PM to 9:PM**  
**Phalguna-Panguni**

**D**

**Thursday, March 28, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Ashtamyam Titau

Oslo, Norway  
Sun 7 Sutra 347

Dhanus Rasi: 13.3 Tithi 23

**Gulika** 9:11AM – 10:48AM  
Yama 5:58AM – 7:35AM  
182383368 **Rahu** 2:01PM – 3:37PM

**Purvashadha\*** Until 8:10AM Fri  
Variyan Until 12:09PM  
Kaulava Until 6:04PM  
**Ashtami\*** Until 6:04PM

**Ganesha:** Green *Sunrise:* 5:58AM  
**Muruqa:** White *Sunset:* 6:50PM

Moon 3 - Phase 47  
Ashtami

Creative Work Siddha Yoga

Until 8:10AM Fri

Then Routine Work - Marana Yoga

Moon – Light Blue  
**Bhuloka Day**  
**Devaloka Time: 6:PM to 9:PM**  
**Phalguna-Panguni**

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway  
Sun 8 Sutra 348

Dhanus Rasi: 25.35 Tithi 24

**Gulika** 7:32AM – 9:09AM  
Yama 3:38PM – 5:15PM  
182383468 **Rahu** 10:47AM – 12:24PM

**Purvashadha\*** Until 8:10AM  
Parigha\* Until 12:45PM  
Taitila Until 7:09AM  
**Navami\*** Until 8:19PM

**Ganesha:** Green *Sunrise:* 5:55AM  
**Muruqa:** Yellow *Sunset:* 6:53PM

Moon 3 - Phase 47  
Navami

Routine Work Prabalarishta Yoga

Until 8:10AM

Then Routine Work - Marana Yoga

Moon – Light Blue  
**Devaloka Day**  
**Phalguna-Panguni**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Dashamyam Titau		Oslo, Norway Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 7.28	Tithi 25	<b>Gulika</b> 5:52AM – 7:30AM	<b>Uttarashadha Until 10:57AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:52AM	
		Yama 2:01PM – 3:39PM	Shiva Until 1:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 48
		182383468 <b>Rahu</b> 9:08AM – 10:46AM	Vanija Until 9:36AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 10:54PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 10:57AM				<b>Phalguna-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Oslo, Norway Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 19.16	Tithi 26	<b>Gulika</b> 3:40PM – 5:19PM	<b>Shravana Until 2:17PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:49AM	
		Yama 12:23PM – 2:02PM	Siddha Until 2:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48
		192383468 <b>Rahu</b> 5:19PM – 6:57PM	Bava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 1:36AM Mon</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 2:17PM				<b>Phalguna-Panguni</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Oslo, Norway Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 1.02	Tithi 27	<b>Gulika</b> 2:02PM – 3:40PM	<b>Dhanishtha Until 5:25PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:49AM	
<b>Family Home Evening</b>		Yama 10:45AM – 12:23PM	Sadhya Until 3:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 7:28AM – 9:06AM	Kaulava Until 2:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 4:11AM Tue</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Oslo, Norway Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.52	Tithi 28	<b>Gulika</b> 12:23PM – 2:02PM	<b>Shatabhishak Until 8:10PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:46AM	
		Yama 9:05AM – 10:44AM	Subha Until 4:41PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 3:41PM – 5:20PM	Gara Until 5:23PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 6:28AM Wed</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.49	Tithi 28 – 29	<b>Gulika</b> 10:43AM – 12:23PM	<b>Purvaproshtapada* Until 10:55PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:43AM	
		Yama 7:23AM – 9:03AM	Sukla Until 5:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 12:23PM – 2:02PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi* Until 6:28AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 10:55PM				<b>Phalguna-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 14 Sutra 354 Vilamba 5120
Meena Rasi: 6.55	Tithi 29 – 30	<b>Gulika</b> 9:01AM – 10:42AM	<b>Uttaraproshtapada Until 1:06AM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:40AM	
		Yama 5:40AM – 7:21AM	Brahma Until 5:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:04PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 2:03PM – 3:43PM	Catuspada Until 9:11PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:22AM</b>	Moon – Clear		<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>		

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Oslo, Norway Sun 15 Sutra 355 Vilamba 5120
Meena Rasi: 19.11	Tithi 30 – 1	<b>Gulika</b> 7:18AM – 9:00AM	<b>Revati Until 2:42AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM	
		Yama 3:44PM – 5:26PM	Indra Until 5:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:07PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 10:41AM – 12:22PM	Kintughna Until 10:27PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:51AM</b>	Moon – Clear		<b>Sivaloka Day</b>
		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhrili/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 16 Sutra 356 Vilamba 5120	
Mesha Rasi: 1.38	Tithi 1 – 2	<b>Gulika</b> 5:34AM – 7:16AM	<b>Ashvini Until 4:13AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:34AM	Moon 3 - Phase 49	
		Yama 2:04PM – 3:45PM	Vaidhrili* Until 5:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:09PM	3rd Phase	
		123483468 <b>Rahu</b> 8:58AM – 10:40AM	Balava Until 11:17PM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>	
Until 4:13AM Sun		<b>Chellappaswami Mahasamadhi</b>	<b>Prathama* Until 10:54AM</b>	<b>Chaitra-Panguni</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 17 Sutra 357 Vilamba 5120	
Mesha Rasi: 14.16	Tithi 2 – 3	<b>Gulika</b> 3:47PM – 5:29PM	<b>Bharani Until 5:12AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:31AM	Moon 3 - Phase 49	
		Yama 12:21PM – 2:04PM	Vishkambha* Until 4:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:12PM	3rd Phase	
		123483468 <b>Rahu</b> 5:29PM – 7:12PM	Taitila Until 11:42PM	<b>Nataraja:</b> Purple			
Routine Work	Prabalarishta Yoga			Moon – White		<b>Devaloka Day</b>	
Until 5:12AM Mon			<b>Dvitiya Until 11:31AM</b>	<b>Chaitra-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 18 Sutra 358 Vilamba 5120	
Mesha Rasi: 27.05	Tithi 3 – 4	<b>Gulika</b> 2:04PM – 3:48PM	<b>Krittika Until 5:39AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:28AM	Moon 3 - Phase 49	
<b>Family Home Evening</b>		Yama 10:38AM – 12:21PM	Priti Until 3:40PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:14PM	3rd Phase	
		123483468 <b>Rahu</b> 7:11AM – 8:55AM	Vanija Until 11:45PM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga			Moon – White		<b>Devaloka Day</b>	
Until 5:39AM Tue			<b>Tritiya Until 11:45AM</b>	<b>Chaitra-Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 19 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 10.05	Tithi 4 – 5	<b>Gulika</b> 12:21PM – 2:05PM	<b>Rohini Until 6:03AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:25AM	Moon 3 - Phase 49	
		Yama 8:53AM – 10:37AM	Ayushman Until 2:25PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:16PM	3rd Phase	
		133483468 <b>Rahu</b> 3:49PM – 5:33PM	Bava Until 11:26PM	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga			Moon – Yellow		<b>Sivaloka Day</b>	
Until 6:03AM Wed			<b>Chaturthi* Until 11:37AM</b>	<b>Chaitra-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Oslo, Norway Sun 20 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 23.17	Tithi 5 – 6	<b>Gulika</b> 10:36AM – 12:21PM	<b>Rohini Until 6:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	Moon 3 - Phase 49	
		Yama 7:07AM – 8:51AM	Saubhagya Until 12:53PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:19PM	3rd Phase	
		133483468 <b>Rahu</b> 12:21PM – 2:05PM	Kaulava Until 10:44PM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			Moon – Yellow		<b>Sivaloka Day</b>	
			<b>Panchami Until 11:07AM</b>	<b>Chaitra-Panguni</b>			

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 21 Sutra 361 Vilamba 5120	
Mithuna Rasi: 6.41	Tithi 6 – 7	<b>Gulika</b> 8:50AM – 10:35AM	<b>Ardra Until 5:16AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	Moon 3 - Phase 49	
		Yama 5:19AM – 7:05AM	Sobhana Until 11:04AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:21PM	3rd Phase	
		133483468 <b>Rahu</b> 2:06PM – 3:51PM	Gara Until 9:39PM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga			Moon – Yellow		<b>Sivaloka Day</b>	
Until 5:16AM Fri			<b>Shashthi* Until 10:14AM</b>	<b>Chaitra-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Oslo, Norway Sun 22 Sutra 362 Vilamba 5120	
Mithuna Rasi: 20.19	Tithi 7 – 8	<b>Gulika</b> 7:02AM – 8:48AM	<b>Punarvasu Until 4:29AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	Moon 3 - Phase 49	
		Yama 3:52PM – 5:38PM	Athiganda* Until 8:53AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM	Ashtami	
		143483468 <b>Rahu</b> 10:34AM – 12:20PM	Visti Until 8:08PM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			Moon – Blue		<b>Devaloka Day</b>	
			<b>Saptami Until 8:56AM</b>	<b>Chaitra-Panguni</b>			

<b>Retreat Star</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Oslo, Norway Sun 23 Sutra 363 Vilamba 5120	
Kataka Rasi: 4.12	Tithi 8 – 9	<b>Gulika</b> 5:14AM – 7:00AM	<b>Pushya Until 3:09AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	Moon 3 - Phase 49	
		Yama 2:06PM – 3:53PM	Sukarma Until 6:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM	Navami	
		143483468 <b>Rahu</b> 8:47AM – 10:33AM	Balava Until 6:13PM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			Moon – Blue		<b>Devaloka Day</b>	
		<b>Sri Rama Navami</b>	<b>Ashtami* Until 7:13AM</b>	<b>Chaitra-Panguni</b>			

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
		Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 364
Kataka Rasi: 18.21	Tithi 10	<b>Gulika</b> 3:54PM – 5:41PM	<b>Ashlesha* Until 1:19AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:11AM	Vikarin 5121	
		Yama 12:20PM – 2:07PM	Shula* Until 12:27AM Mon	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:28PM	Moon 3 - Phase 1	
	143483468	<b>Rahu</b> 5:41PM – 7:28PM	Taitila Until 3:55PM	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Blue		<b>Devaloka Day</b>
Until 1:19AM Mon		<b>Tamil New Year</b>	<b>Dashami Until 2:37AM Mon</b>	<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
		Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 1
Simha Rasi: 2.44	Tithi 11	<b>Gulika</b> 2:07PM – 3:55PM	<b>Magha* Until 11:27PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:08AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:31AM – 12:19PM	Ganda* Until 9:05PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:31PM	Moon 3 - Phase 1	
Routine Work Marana Yoga	253483468	<b>Rahu</b> 6:56AM – 8:43AM	Vanija Until 1:16PM	<b>Nataraja:</b> Purple	4th Phase	
Until 11:27PM			<b>Ekadashi Until 11:50PM</b>	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>		

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
		Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau				Sun 26 Sutra 2
Simha Rasi: 17.19	Tithi 12	<b>Gulika</b> 12:19PM – 2:08PM	<b>Purvaphalguni Until 9:16PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:05AM	Vikarin 5121	
		Yama 8:42AM – 10:30AM	Vriddhi Until 5:33PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:33PM	Moon 3 - Phase 1	
	253483468	<b>Rahu</b> 3:56PM – 5:45PM	Bava Until 10:23AM	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Siddha Yoga			<b>Dvodashi Until 8:52PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 9:16PM				<b>Chaitra*Chaitra</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
		Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 3
Kanya Rasi: 2.01	Tithi 13 – 14	<b>Gulika</b> 10:30AM – 12:19PM	<b>Uttaraphalguni Until 6:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:02AM	Vikarin 5121	
		Yama 6:51AM – 8:40AM	Dhruva Until 1:56PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:36PM	Moon 3 - Phase 1	
	253483468	<b>Rahu</b> 12:19PM – 2:08PM	Kaulava Until 7:22AM	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Amrita Yoga			<b>Trayodashi Until 5:50PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 6:53PM				<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
		Hasta/Chitra Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 4
Kanya Rasi: 16.42	Tithi 14 – 15	<b>Gulika</b> 8:39AM – 10:29AM	<b>Hasta Until 4:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:59AM	Vikarin 5121	
		Yama 4:59AM – 6:49AM	Vyaghata* Until 10:22AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:38PM	Moon 3 - Phase 1	
	263483468	<b>Rahu</b> 2:08PM – 3:58PM	Visti Until 1:30AM Fri	<b>Nataraja:</b> Purple	Purnima	
Routine Work Marana Yoga			<b>Chaturdashi* Until 2:53PM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 4:51PM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 5
Tula Rasi: 1.17	Tithi 15 – 16	<b>Gulika</b> 6:47AM – 8:37AM	<b>Chitra Until 2:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:56AM	Vikarin 5121	
		Yama 3:59PM – 5:50PM	Harshana Until 6:59AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:40PM	Moon 3 - Phase 1	
	263483468	<b>Rahu</b> 10:28AM – 12:18PM	Balava Until 10:57PM	<b>Nataraja:</b> Purple	Prathama	
Creative Work Siddha Yoga			<b>Purnima* Until 12:09PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Chaitra*Chaitra</b>		