



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy  
Sutra 16

Vrischika Rasi: 0.29 Tithi 17

273832369

**Gulika** 12:21PM – 2:08PM  
Yama 8:47AM – 10:34AM  
**Rahu** 3:55PM – 5:42PM

**Vishakha** Until 11:23AM  
Varyan Until 4:48AM Wed  
Taitila Until 2:40PM  
**Dvitiya** Until 3:09AM Wed

**Ganesha:** Purple *Sunrise:* 5:13AM  
**Muruqa:** White *Sunset:* 7:29PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Marana Yoga  
Until 11:23AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**  
**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy  
Sun 1  
Sutra 17

Vrischika Rasi: 13.01 Tithi 18

273832369

**Gulika** 10:34AM – 12:21PM  
Yama 6:59AM – 8:46AM  
**Rahu** 12:21PM – 2:08PM

**Anuradha** Until 1:05PM  
Parigha\* Until 4:56AM Thu  
Vanija Until 3:49PM  
**Tritiya** Until 4:34AM Thu

**Ganesha:** Purple *Sunrise:* 5:11AM  
**Muruqa:** White *Sunset:* 7:30PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**  
**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy  
Sun 2  
Sutra 18

Vrischika Rasi: 25.17 Tithi 19

274832369

**Gulika** 8:45AM – 10:33AM  
Yama 5:10AM – 6:58AM  
**Rahu** 2:08PM – 3:56PM

**Jyeshtha\*** Until 3:08PM  
Shiva Until 5:28AM Fri  
Bava Until 5:30PM  
**Chaturthi\*** Until 6:30AM Fri

**Ganesha:** Clear *Sunrise:* 5:10AM  
**Muruqa:** White *Sunset:* 7:32PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Prabalarishta Yoga  
Until 3:08PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**  
**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 3  
Sutra 19

Dhanus Rasi: 7.22 Tithi 19 – 20

284832369

**Gulika** 6:57AM – 8:45AM  
Yama 3:57PM – 5:45PM  
**Rahu** 10:33AM – 12:21PM

**Mula\*** Until 5:59PM  
Siddha Until 6:17AM Sat  
Kaulava Until 7:39PM  
**Chaturthi\*** Until 6:30AM

**Ganesha:** White *Sunrise:* 5:08AM  
**Muruqa:** White *Sunset:* 7:33PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga  
Until 5:59PM  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**  
**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy  
Sun 4  
Sutra 20

Dhanus Rasi: 19.16 Tithi 20 – 21

284832369

**Gulika** 5:07AM – 6:55AM  
Yama 2:09PM – 3:57PM  
**Rahu** 8:44AM – 10:32AM

**Purvashadha\*** Until 8:59PM  
Siddha Until 6:17AM  
Gara Until 10:07PM  
**Panchami** Until 8:50AM

**Ganesha:** White *Sunrise:* 5:07AM  
**Muruqa:** White *Sunset:* 7:34PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga  
Until 8:59PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**5**  
**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy  
Sun 5  
Sutra 21

Makara Rasi: 1.05 Tithi 21 – 22

284832369

**Gulika** 3:58PM – 5:47PM  
Yama 12:20PM – 2:09PM  
**Rahu** 5:47PM – 7:35PM

**Uttarashadha** Until 11:55PM  
Sadhya Until 7:18AM  
Visti Until 12:42AM Mon  
**Shashthi\*** Until 11:23AM

**Ganesha:** White *Sunrise:* 5:06AM  
**Muruqa:** White *Sunset:* 7:35PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy  
Sun 6  
Sutra 22

Makara Rasi: 12.54 Tithi 22 – 23

294832369

**Gulika** 2:09PM – 3:59PM  
Yama 10:31AM – 12:20PM  
**Rahu** 6:53AM – 8:42AM

**Shravana** Until 3:04AM Tue  
Subha Until 8:22AM  
Balava Until 3:08AM Tue  
**Saptami** Until 1:56PM

**Ganesha:** Yellow *Sunrise:* 5:04AM  
**Muruqa:** White *Sunset:* 7:37PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 3:04AM Tue  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy  
Sun 7  
Sutra 23

Makara Rasi: 24.47 Tithi 23 – 24

294832369

**Gulika** 12:20PM – 2:10PM  
Yama 8:42AM – 10:31AM  
**Rahu** 3:59PM – 5:48PM

**Dhanishtha** Until 5:40AM Wed  
Sukla Until 9:14AM  
Taitila Until 5:10AM Wed  
**Ashtami\*** Until 4:12PM

**Ganesha:** Yellow *Sunrise:* 5:03AM  
**Muruqa:** White *Sunset:* 7:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

<b>1</b>		<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy Sun 8 Sutra 24	
Kumbha Rasi: 6.49	Tithi 24 – 25	<b>Gulika</b> 10:31AM – 12:20PM	<b>Shatabhishak</b> Until 7:30AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
		Yama 6:51AM – 8:41AM	Brahma Until 9:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 4	
		294832369 <b>Rahu</b> 12:20PM – 2:10PM	Vanija Until 6:35AM Thu	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 5:57PM	<b>Moon – Purple</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau		Milan, Italy Sun 9 Sutra 25	
Kumbha Rasi: 19.07	Tithi 25	<b>Gulika</b> 8:40AM – 10:30AM	<b>Shatabhishak</b> Until 7:30AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM	Vilamba 5120	
		Yama 5:00AM – 6:50AM	Indra Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 4	
		294832369 <b>Rahu</b> 2:10PM – 4:00PM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:00PM	<b>Moon – Purple</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Milan, Italy Sun 10 Sutra 26	
Meena Rasi: 1.46	Tithi 26	<b>Gulika</b> 6:49AM – 8:40AM	<b>Purvaproshtapada*</b> Until 8:55AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Vilamba 5120	
		Yama 4:01PM – 5:51PM	Vaidhriti* Until 9:14AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 4	
		214832369 <b>Rahu</b> 10:30AM – 12:20PM	Bava Until 7:14AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:14PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Milan, Italy Sun 11 Sutra 27	
Meena Rasi: 14.47	Tithi 27	<b>Gulika</b> 4:58AM – 6:48AM	<b>Uttaraproshtapada</b> Until 9:22AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:58AM	Vilamba 5120	
		Yama 2:11PM – 4:01PM	Vishkambha* Until 8:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 4	
		214932369 <b>Rahu</b> 8:39AM – 10:30AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 6:39PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
Until 9:22AM				<b>Vaisaka-Chaitra</b>			
Then Routine Work - Prabararishta Yoga							

<b>5</b>		<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi*/Chaturdashyam Titau		Milan, Italy Sun 12 Sutra 28	
Meena Rasi: 28.16	Tithi 28 – 29	<b>Gulika</b> 4:02PM – 5:53PM	<b>Revati</b> Until 8:53AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:56AM	Vilamba 5120	
		Yama 12:20PM – 2:11PM	Priti Until 6:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 4	
		214932369 <b>Rahu</b> 5:53PM – 7:44PM	Gara Until 6:05AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 5:18PM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
Until 8:53AM				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga		<b>Mother's Day</b>	<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>		<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi*/Amavasyayam Titau		Milan, Italy Sun 13 Sutra 29	
Mesha Rasi: 12.08	Tithi 29 – 30	<b>Gulika</b> 2:11PM – 4:03PM	<b>Ashvini</b> Until 8:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:55AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:29AM – 12:20PM	Saubhagya Until 12:51AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:45PM	Moon 4 - Phase 4	
		224932369 <b>Rahu</b> 6:46AM – 8:38AM	Catuspada Until 2:09AM Tue	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:20PM	<b>Moon – White</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>		<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Milan, Italy Sun 14 Sutra 30	
Mesha Rasi: 26.23	Tithi 30 – 1	<b>Gulika</b> 12:20PM – 2:12PM	<b>Bharani</b> Until 6:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 8:37AM – 10:29AM	Sobhana Until 9:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 4	
		224932369 <b>Rahu</b> 4:03PM – 5:55PM	Kintughna Until 11:29PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:51PM	<b>Moon – White</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>		<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 15 Sutra 31	
Vrishabha Rasi: 10.53	Tithi 1 – 2	<b>Gulika</b> 10:28AM – 12:20PM	<b>Rohini</b> Until 2:20AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	Vilamba 5120	
		Yama 6:45AM – 8:37AM	Athiganda* Until 6:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 4	
		235932369 <b>Rahu</b> 12:20PM – 2:12PM	Balava Until 8:33PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:01AM	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>	
Until 2:20AM Thu				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

<b>1</b>	<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Milan, Italy Sun 16 Sutra 32 Vilamba 5120
	Vishabha Rasi: 25.34	Tithi 2 – 3	<b>Gulika</b> 8:36AM – 10:28AM	<b>Mrigashira</b> Until 12:05AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise: 4:52AM</i>		
			Yama 4:52AM – 6:44AM	Sukarma Until 2:34PM	<b>Muruqa:</b> White <i>Sunset: 7:48PM</i>		Moon 4 - Phase 5
	235932369		<b>Rahu</b> 2:12PM – 4:04PM	Gara Until 3:58AM Fri	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Marana Yoga Until 12:05AM Fri Then Creative Work - Siddha Yoga			<b>Dvitiya</b> Until 7:01AM	<b>Moon – Yellow</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>2</b>	<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau				Milan, Italy Sun 17 Sutra 33 Vilamba 5120
	Mithuna Rasi: 10.17	Tithi 4	<b>Gulika</b> 6:43AM – 8:35AM	<b>Ardra</b> Until 9:46PM	<b>Ganesha:</b> Yellow <i>Sunrise: 4:51AM</i>		
			Yama 4:05PM – 5:57PM	Dhriti Until 11:00AM	<b>Muruqa:</b> White <i>Sunset: 7:50PM</i>		Moon 4 - Phase 5
	235932369		<b>Rahu</b> 10:28AM – 12:20PM	Vanija Until 2:29PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> Until 1:00AM Sat	<b>Moon – Yellow</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>3</b>	<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sun 18 Sutra 34 Vilamba 5120
	Mithuna Rasi: 24.55	Tithi 5	<b>Gulika</b> 4:50AM – 6:42AM	<b>Punarvasu</b> Until 7:55PM	<b>Ganesha:</b> White <i>Sunrise: 4:50AM</i>		
			Yama 2:13PM – 4:05PM	Shula* Until 7:32AM	<b>Muruqa:</b> White <i>Sunset: 7:51PM</i>		Moon 4 - Phase 5
	245932369		<b>Rahu</b> 8:35AM – 10:28AM	Bava Until 11:37AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Panchami</b> Until 10:15PM	<b>Moon – Blue</b>	<b>Devaloka Day</b>		

<b>4</b>	<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy Sun 19 Sutra 35 Vilamba 5120
	Kataka Rasi: 9.23	Tithi 6	<b>Gulika</b> 4:06PM – 5:59PM	<b>Pushya</b> Until 6:13PM	<b>Ganesha:</b> White <i>Sunrise: 4:49AM</i>		
			Yama 12:20PM – 2:13PM	Vriddhi Until 1:17AM Mon	<b>Muruqa:</b> White <i>Sunset: 7:52PM</i>		Moon 4 - Phase 5
	245932369		<b>Rahu</b> 5:59PM – 7:52PM	Kaulava Until 9:00AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 7:48PM	<b>Moon – Blue</b>	<b>Devaloka Day</b>		

<b>5</b>	<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy Sun 20 Sutra 36 Vilamba 5120
	Kataka Rasi: 23.37	Tithi 7 – 8	<b>Gulika</b> 2:13PM – 4:07PM	<b>Ashlesha*</b> Until 4:44PM	<b>Ganesha:</b> White <i>Sunrise: 4:48AM</i>		
	<b>Family Home Evening</b>		Yama 10:27AM – 12:20PM	Dhruva Until 10:35PM	<b>Muruqa:</b> White <i>Sunset: 7:53PM</i>		Moon 4 - Phase 5
	245932369		<b>Rahu</b> 6:41AM – 8:34AM	Gara Until 6:43AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga Until 4:44PM Then Routine Work - Marana Yoga			<b>Saptami</b> Until 5:42PM	<b>Moon – Blue</b>	<b>Devaloka Day</b>		

<b>☾</b>	<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy Sun 21 Sutra 37 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 12:20PM – 2:14PM	<b>Magha*</b> Until 3:55PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:47AM</i>		
	Simha Rasi: 7.37	Tithi 8 – 9	Yama 8:34AM – 10:27AM	Vyaghata* Until 8:13PM	<b>Muruqa:</b> White <i>Sunset: 7:54PM</i>		Moon 4 - Phase 5
	255932369		<b>Rahu</b> 4:07PM – 6:01PM	Balava Until 3:19AM Wed	<b>Nataraja:</b> Purple		Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 4:00PM	<b>Moon – Red</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>☽</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy Sun 22 Sutra 38 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:27AM – 12:20PM	<b>Purvaphalguni</b> Until 3:23PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:46AM</i>		
	Simha Rasi: 21.21	Tithi 9 – 10	Yama 6:40AM – 8:33AM	Harshana Until 6:12PM	<b>Muruqa:</b> White <i>Sunset: 7:55PM</i>		Moon 4 - Phase 5
	255932369		<b>Rahu</b> 12:20PM – 2:14PM	Taitila Until 2:13AM Thu	<b>Nataraja:</b> Purple		Navami
Creative Work Amrita Yoga			<b>Navami*</b> Until 2:42PM	<b>Moon – Red</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 23 Sutra 39
Kanya Rasi: 4.51	Tithi 10 – 11	<b>Gulika</b> 8:33AM – 10:27AM	<b>Uttaraphalguni</b> Until 3:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM	Vilamba 5120
		Yama 4:45AM – 6:39AM	Vajra* Until 4:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 6
	Amrita Yoga	255932369 <b>Rahu</b> 2:14PM – 4:08PM	Vanija Until 1:31AM Fri	<b>Nataraja:</b> Purple		4th Phase
Until 3:05PM			<b>Dashami</b> Until 1:48PM	Moon – Red		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatiyata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 24 Sutra 40
Kanya Rasi: 18.08	Tithi 11 – 12	<b>Gulika</b> 6:38AM – 8:32AM	<b>Hasta</b> Until 3:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Vilamba 5120
		Yama 4:09PM – 6:03PM	Siddhi Until 3:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 6
	Amrita Yoga	266932369 <b>Rahu</b> 10:27AM – 12:21PM	Bava Until 1:12AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Ekadashi</b> Until 1:18PM	Moon – Green		<b>Bhuloka Day</b>
Until 3:28PM				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatiyata*/Varyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 25 Sutra 41
Tula Rasi: 1.13	Tithi 12 – 13	<b>Gulika</b> 4:43AM – 6:38AM	<b>Chitra</b> Until 4:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:43AM	Vilamba 5120
		Yama 2:15PM – 4:09PM	Vyatiyata* Until 1:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:58PM	Moon 4 - Phase 6
	Marana Yoga	366932369 <b>Rahu</b> 8:32AM – 10:26AM	Kaulava Until 1:17AM Sun	<b>Nataraja:</b> Purple		4th Phase
Routine Work			<b>Dvadashi</b> Until 1:11PM	Moon – Green		<b>Bhuloka Day</b>
Until 4:05PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 26 Sutra 42
Tula Rasi: 14.06	Tithi 13 – 14	<b>Gulika</b> 4:10PM – 6:05PM	<b>Svati</b> Until 4:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:43AM	Vilamba 5120
		Yama 12:21PM – 2:15PM	Varyan Until 1:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 6
	Siddha Yoga	366932369 <b>Rahu</b> 6:05PM – 7:59PM	Gara Until 1:46AM Mon	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Trayodashi</b> Until 1:27PM	Moon – Green		<b>Bhuloka Day</b>
Until 4:56PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga						

<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sun 27 Sutra 43
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:16PM – 4:10PM	<b>Vishakha</b> Until 6:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM	Vilamba 5120
Tula Rasi: 26.47	Tithi 14 – 15	Yama 10:26AM – 12:21PM	Parigha* Until 12:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:00PM	Moon 4 - Phase 6
<b>Family Home Evening</b>		376932369 <b>Rahu</b> 6:37AM – 8:31AM	Visti Until 2:41AM Tue	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 2:09PM	Moon – Orange		<b>Bhuloka Day</b>
Until 6:30PM		<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 28 Sutra 44
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:21PM – 2:16PM	<b>Anuradha</b> Until 8:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Vilamba 5120
Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 8:31AM – 10:26AM	Shiva Until 12:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:01PM	Moon 4 - Phase 6
		376932369 <b>Rahu</b> 4:11PM – 6:06PM	Balava Until 4:03AM Wed	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 3:17PM	Moon – Orange		<b>Bhuloka Day</b>
Until 8:22PM				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						



**Wednesday, May 30, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Milan, Italy  
Sutra 45

Vrischika Rasi: 21.34 Tithi 16 – 17

376932369

**Gulika** 10:26AM – 12:21PM  
Yama 6:36AM – 8:31AM  
**Rahu** 12:21PM – 2:16PM

**Jyeshtha\* Until 10:29PM**

Siddha Until 12:53PM  
Taitila Until 5:51AM Thu

**Prathama\* Until 4:52PM**

**Ganesha:** Clear *Sunrise:* 4:40AM  
**Muruqa:** White *Sunset:* 8:02PM

**Nataraja:** Purple  
Moon – Orange

**Jyeshtha Adhika-Vaikasi** Devaloka Time: 6:AM to 9:AM

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 10:29PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**

**1 Thursday, May 31, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Gara Karana Dvityayam Titau

Milan, Italy  
Sun 1  
Sutra 46

Dhanus Rasi: 3.41 Tithi 17

386932369

**Gulika** 8:31AM – 10:26AM  
Yama 4:40AM – 6:35AM  
**Rahu** 2:17PM – 4:12PM

**Mula\* Until 1:19AM Fri**

Sadhya Until 1:27PM  
Gara Until 6:53PM

**Dvitiya Until 6:53PM**

**Ganesha:** White *Sunrise:* 4:40AM  
**Muruqa:** White *Sunset:* 8:03PM

**Nataraja:** Purple  
Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 1:19AM Fri  
Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**

**2 Friday, June 1, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy  
Sun 2  
Sutra 47

Dhanus Rasi: 15.39 Tithi 18

387932369

**Gulika** 6:35AM – 8:30AM  
Yama 4:13PM – 6:08PM  
**Rahu** 10:26AM – 12:21PM

**Purvashadha\* Until 4:17AM Sat**

Subha Until 2:18PM  
Vanija Until 8:02AM

**Tritiya Until 9:13PM**

**Ganesha:** Yellow *Sunrise:* 4:39AM  
**Muruqa:** White *Sunset:* 8:04PM

**Nataraja:** Purple  
Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Prabalarishta Yoga  
Until 4:17AM Sat  
Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**3 Saturday, June 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy  
Sun 3  
Sutra 48

Dhanus Rasi: 27.3 Tithi 19

387932369

**Gulika** 4:39AM – 6:34AM  
Yama 2:17PM – 4:13PM  
**Rahu** 8:30AM – 10:26AM

**Uttarashadha Until 7:15AM Sun**

Sukla Until 3:20PM  
Bava Until 10:30AM

**Chaturthi\* Until 11:47PM**

**Ganesha:** Yellow *Sunrise:* 4:39AM  
**Muruqa:** White *Sunset:* 8:05PM

**Nataraja:** Purple  
Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Marana Yoga  
Until 7:15AM Sun  
Then Creative Work - Amrita Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**4 Sunday, June 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy  
Sun 4  
Sutra 49

Makara Rasi: 9.17 Tithi 20

387932369

**Gulika** 4:14PM – 6:09PM  
Yama 12:22PM – 2:18PM  
**Rahu** 6:09PM – 8:05PM

**Uttarashadha Until 7:15AM**

Brahma Until 4:27PM  
Kaulava Until 1:06PM

**Panchami Until 2:22AM Mon**

**Ganesha:** Yellow *Sunrise:* 4:38AM  
**Muruqa:** White *Sunset:* 8:05PM

**Nataraja:** Purple  
Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**5 Monday, June 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy  
Sun 5  
Sutra 50

Makara Rasi: 21.05 Tithi 21

397932369

**Gulika** 2:18PM – 4:14PM  
Yama 10:26AM – 12:22PM  
**Rahu** 6:34AM – 8:30AM

**Shravana Until 10:32AM**

Indra Until 5:30PM  
Gara Until 3:37PM

**Shashthi\* Until 4:46AM Tue**

**Ganesha:** Blue *Sunrise:* 4:38AM  
**Muruqa:** White *Sunset:* 8:06PM

**Nataraja:** Purple  
Moon – Purple

**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 10:32AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6 Tuesday, June 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shalabhishak Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Saplamyam Titau

Milan, Italy  
Sun 6  
Sutra 51

Kumbha Rasi: 2.58 Tithi 22

397132361

**Gulika** 12:22PM – 2:18PM  
Yama 8:30AM – 10:26AM  
**Rahu** 4:14PM – 6:11PM

**Dhanishtha Until 1:25PM**

Vaidhriti\* Until 6:17PM  
Visti Until 5:51PM

**Saptami Until 6:45AM Wed**

**Ganesha:** Purple *Sunrise:* 4:37AM  
**Muruqa:** White *Sunset:* 8:07PM

**Nataraja:** White  
Moon – Purple

**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 1:25PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**Wednesday, June 6, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shalabhishak/Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Milan, Italy  
Sun 7  
Sutra 52

**Retreat Star**  
Kumbha Rasi: 15 Tithi 22 – 23

397132361

**Gulika** 10:26AM – 12:22PM  
Yama 6:33AM – 8:30AM  
**Rahu** 12:22PM – 2:19PM

**Shatabhishak Until 3:39PM**

Vishkambha\* Until 6:41PM  
Balava Until 7:33PM

**Saptami Until 6:45AM**

**Ganesha:** Purple *Sunrise:* 4:37AM  
**Muruqa:** White *Sunset:* 8:08PM

**Nataraja:** White  
Moon – Purple

**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

Creative Work Siddha Yoga  
Until 3:39PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**Thursday, June 7, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy  
Sun 8  
Sutra 53

**Retreat Star**  
Kumbha Rasi: 27.17 Tithi 23 – 24

317132361

**Gulika** 8:29AM – 10:26AM  
Yama 4:36AM – 6:33AM  
**Rahu** 2:19PM – 4:15PM

**Purvaproshtapada\* Until 5:33PM**

Priti Until 6:33PM  
Taitila Until 8:33PM

**Ashtami\* Until 8:08AM**

**Ganesha:** Blue *Sunrise:* 4:36AM  
**Muruqa:** White *Sunset:* 8:08PM

**Nataraja:** White  
Moon – Clear

**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
Navami

Creative Work Siddha Yoga

**Devaloka Day**

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>		<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Milan, Italy Sun 9 Sutra 54
Meena Rasi: 9.55	Tithi 24 – 25	<b>Gulika</b> 6:33AM – 8:29AM	<b>Uttaraproshtapada</b> Until 6:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:36AM		Vilamba 5120	
		Yama 4:16PM – 6:12PM	Ayushman Until 5:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM		Moon 5 - Phase 8	
318132361		<b>Rahu</b> 10:26AM – 12:23PM	Vanija Until 8:44PM	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 8:44AM	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 10 Sutra 55
Meena Rasi: 22.57	Tithi 25 – 26	<b>Gulika</b> 4:36AM – 6:33AM	<b>Revati</b> Until 6:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:36AM		Vilamba 5120	
		Yama 2:20PM – 4:16PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM		Moon 5 - Phase 8	
318132361		<b>Rahu</b> 8:29AM – 10:26AM	Bava Until 8:04PM	<b>Nataraja:</b> White			2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 8:29AM	Moon – Clear			<b>Bhuloka Day</b>	
Until 6:29PM				<b>Jyeshtha Adhika-Vaikasi</b>			Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 11 Sutra 56
Mesha Rasi: 6.26	Tithi 26 – 27	<b>Gulika</b> 4:17PM – 6:13PM	<b>Ashvini</b> Until 5:58PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:36AM		Vilamba 5120	
		Yama 12:23PM – 2:20PM	Sobhana Until 2:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM		Moon 5 - Phase 8	
328132361		<b>Rahu</b> 6:13PM – 8:10PM	Kaulava Until 6:36PM	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:25AM	Moon – White			<b>Bhuloka Day</b>	
Until 5:58PM				<b>Jyeshtha Adhika-Vaikasi</b>				
Then Routine Work - Prabalarishta Yoga								

<b>4</b>		<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy Sun 12 Sutra 57
Mesha Rasi: 20.22	Tithi 28	<b>Gulika</b> 2:20PM – 4:17PM	<b>Bharani</b> Until 4:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:35AM		Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:26AM – 12:23PM	Athiganda* Until 11:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:11PM		Moon 5 - Phase 8	
328132361		<b>Rahu</b> 6:32AM – 8:29AM	Gara Until 4:25PM	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 3:05AM Tue	Moon – White			<b>Bhuloka Day</b>	
Until 4:35PM				<b>Jyeshtha Adhika-Vaikasi</b>				
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Milan, Italy Sun 13 Sutra 58
Vrishabha Rasi: 4.44	Tithi 29	<b>Gulika</b> 12:23PM – 2:20PM	<b>Krittika</b> Until 2:29PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:35AM		Vilamba 5120	
		Yama 8:29AM – 10:26AM	Sukarma Until 8:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:11PM		Moon 5 - Phase 8	
328132361		<b>Rahu</b> 4:17PM – 6:14PM	Visti Until 1:40PM	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:06AM Wed	Moon – White			<b>Bhuloka Day</b>	
Until 2:29PM				<b>Jyeshtha Adhika-Vaikasi</b>				
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Milan, Italy Sun 14 Sutra 59
Vrishabha Rasi: 19.27	Tithi 30	<b>Gulika</b> 10:26AM – 12:24PM	<b>Rohini</b> Until 12:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:35AM		Vilamba 5120	
		Yama 6:32AM – 8:29AM	Shula* Until 12:52AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM		Moon 5 - Phase 8	
338132361		<b>Rahu</b> 12:24PM – 2:21PM	Catuspada Until 10:30AM	<b>Nataraja:</b> White			Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 8:47PM	Moon – Yellow			<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>				

<b>Retreat Star</b>		<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 15 Sutra 60
Mithuna Rasi: 4.23	Tithi 1 – 2	<b>Gulika</b> 8:29AM – 10:27AM	<b>Mrigashira</b> Until 9:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:35AM		Vilamba 5120	
		Yama 4:35AM – 6:32AM	Ganda* Until 8:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM		Moon 5 - Phase 8	
339132361		<b>Rahu</b> 2:21PM – 4:18PM	Kintughna Until 7:03AM	<b>Nataraja:</b> White			Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 5:16PM	Moon – Yellow			<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			Devaloka Time: 9:AM to 12:PM	

<b>1</b>	<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy
	Mithuna Rasi: 19.25	Tithi 2 – 3	<b>Gulika</b> 6:32AM – 8:29AM	<b>Ardra Until 6:46AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:35AM	Sun 16
			Yama 4:18PM – 6:16PM	Vriddhi Until 4:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:13PM	Vilamba 5120
	Creative Work	Siddha Yoga	339132361 <b>Rahu</b> 10:27AM – 12:24PM	Taitila Until 12:02AM Sat	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Dvitiya Until 1:44PM</b>	Moon – Yellow		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Milan, Italy
	Kataka Rasi: 4.24	Tithi 3 – 4	<b>Gulika</b> 4:35AM – 6:32AM	<b>Pushya Until 1:51AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:35AM	Sun 17
			Yama 2:21PM – 4:19PM	Dhruva Until 1:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:13PM	Vilamba 5120
	Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 8:30AM – 10:27AM	Vanija Until 8:44PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Tritiya Until 10:20AM</b>	Moon – Blue		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Milan, Italy
	Kataka Rasi: 19.11	Tithi 4 – 5	<b>Gulika</b> 4:19PM – 6:16PM	<b>Ashlesha* Until 11:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:35AM	Sun 18
			Yama 12:24PM – 2:22PM	Vyaghata* Until 9:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:14PM	Vilamba 5120
	Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 6:16PM – 8:14PM	Balava Until 4:26AM Mon	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Chaturthi* Until 7:11AM</b>	Moon – Blue		3rd Phase	
			<b>Father's Day</b>	<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy
	Simha Rasi: 3.42	Tithi 6	<b>Gulika</b> 2:22PM – 4:19PM	<b>Magha* Until 10:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:35AM	Sun 19
	<b>Family Home Evening</b>		Yama 10:27AM – 12:25PM	Harshana Until 6:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:14PM	Vilamba 5120
	Routine Work	Marana Yoga	359132361 <b>Rahu</b> 6:32AM – 8:30AM	Kaulava Until 3:15PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Shashthi* Until 2:09AM Tue</b>	Moon – Red		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy
	Simha Rasi: 17.52	Tithi 7	<b>Gulika</b> 12:25PM – 2:22PM	<b>Purvaphalguni Until 9:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:35AM	Sun 20
			Yama 8:30AM – 10:27AM	Siddhi Until 12:55AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 8:14PM	Vilamba 5120
	Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 4:20PM – 6:17PM	Gara Until 1:15PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Saptami Until 12:27AM Wed</b>	Moon – Red		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

<b>☽</b>	<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 10:28AM – 12:25PM	<b>Uttaraphalguni Until 8:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:35AM	Sun 21
	Kanya Rasi: 1.4	Tithi 8	Yama 6:33AM – 8:30AM	Vyatipata* Until 11:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:15PM	Vilamba 5120
	Creative Work	Amrita Yoga	359132361 <b>Rahu</b> 12:25PM – 2:22PM	Visti Until 11:49AM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Ashtami* Until 11:19PM</b>	Moon – Red		Ashtami	
			<b>Chidambaram Abhishekam</b>	<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

<b>☽</b>	<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 8:30AM – 10:28AM	<b>Hasta Until 8:54PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:35AM	Sun 22
	Kanya Rasi: 15.08	Tithi 9	Yama 4:35AM – 6:33AM	Variyan Until 9:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:15PM	Vilamba 5120
	Routine Work	Marana Yoga	369132361 <b>Rahu</b> 2:23PM – 4:20PM	Balava Until 11:00AM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Navami* Until 10:47PM</b>	Moon – Green		Navami	
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>		<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Milan, Italy Sun 23 Sutra 68 Vilamba 5120
Kanya Rasi: 28.16	Tithi 10	<b>Gulika</b> 6:33AM – 8:31AM	<b>Chitra Until 9:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:36AM			
		Yama 4:20PM – 6:18PM	Parigha* Until 8:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:15PM		Moon 5 - Phase 10	
361132361		<b>Rahu</b> 10:28AM – 12:25PM	Taitila Until 10:45AM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 10:49PM</b>	Moon – Green				<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>				

<b>2</b>		<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 11.08	Tithi 11	<b>Gulika</b> 4:36AM – 6:33AM	<b>Svati Until 10:38PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:36AM			
		Yama 2:23PM – 4:20PM	Shiva Until 7:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:15PM		Moon 5 - Phase 10	
361132361		<b>Rahu</b> 8:31AM – 10:28AM	Vanija Until 11:03AM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:21PM</b>	Moon – Green				<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>				

<b>3</b>		<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 23.45	Tithi 12	<b>Gulika</b> 4:21PM – 6:18PM	<b>Vishakha Until 12:28AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:36AM			
		Yama 12:26PM – 2:23PM	Siddha Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM		Moon 5 - Phase 10	
371142361		<b>Rahu</b> 6:18PM – 8:15PM	Bava Until 11:50AM	<b>Nataraja:</b> White			4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 12:23AM Mon</b>	Moon – Orange				<b>Devaloka Day</b>
Until 12:28AM Mon				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 6.1	Tithi 13	<b>Gulika</b> 2:23PM – 4:21PM	<b>Anuradha Until 2:33AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:37AM			
<b>Family Home Evening</b>		Yama 10:29AM – 12:26PM	Sadhya Until 7:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM		Moon 5 - Phase 10	
371142361		<b>Rahu</b> 6:34AM – 8:31AM	Kaulava Until 1:05PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:50AM Tue</b>	Moon – Orange				<b>Devaloka Day</b>
Until 2:33AM Tue				<b>Jyeshtha-Ani</b>				
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>					

<b>5</b>		<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 18.24	Tithi 14	<b>Gulika</b> 12:26PM – 2:24PM	<b>Jyeshtha* Until 4:51AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:37AM			
		Yama 8:32AM – 10:29AM	Subha Until 8:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM		Moon 5 - Phase 10	
371142361		<b>Rahu</b> 4:21PM – 6:18PM	Gara Until 2:44PM	<b>Nataraja:</b> White			4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 3:40AM Wed</b>	Moon – Orange				<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>				

		<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy Sun 28 Sutra 73 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:29AM – 12:26PM	<b>Mula* Until 7:48AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:37AM			
Dhanus Rasi: 0.29	Tithi 15	Yama 6:35AM – 8:32AM	Sukla Until 9:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM		Moon 5 - Phase 10	
381142361		<b>Rahu</b> 12:26PM – 2:24PM	Visti Until 4:45PM	<b>Nataraja:</b> White			Purnima	
Routine Work	Marana Yoga		<b>Purnima* Until 5:51AM Thu</b>	Moon – Light Blue				<b>Bhuloka Day</b>
Until 7:48AM Thu				<b>Jyeshtha-Ani</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Siddha Yoga								

<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 74 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:32AM – 10:29AM	<b>Mula* Until 7:48AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:38AM			
Dhanus Rasi: 12.26	Tithi 16	Yama 4:38AM – 6:35AM	Brahma Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM		Moon 5 - Phase 10	
381142361		<b>Rahu</b> 2:24PM – 4:21PM	Balava Until 7:03PM	<b>Nataraja:</b> White			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 8:16AM Fri</b>	Moon – Light Blue				<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy  
Sutra 75

Dhanus Rasi: 24.17 Tithi 16 – 17

381142361

**Gulika** 6:35AM – 8:33AM  
Yama 4:21PM – 6:18PM  
**Rahu** 10:30AM – 12:27PM

**Purvashadha\* Until 10:49AM**

Indra Until 11:02PM  
Taitila Until 9:34PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:38AM  
**Sunset:** 8:15PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Prabalarishta Yoga  
Until 10:49AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy  
Sutra 76

Makara Rasi: 6.05 Tithi 17 – 18

381242361

**Gulika** 4:39AM – 6:36AM  
Yama 2:24PM – 4:21PM  
**Rahu** 8:33AM – 10:30AM

**Uttarashadha Until 1:47PM**

Vaidhriti\* Until 12:09AM Sun  
Vanija Until 12:10AM Sun  
Dvitiya Until 10:51AM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:39AM  
**Sunset:** 8:15PM

Sun 1  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 1:47PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy  
Sutra 77

Makara Rasi: 17.52 Tithi 18 – 19

391242361

**Gulika** 4:21PM – 6:18PM  
Yama 12:27PM – 2:24PM  
**Rahu** 6:18PM – 8:15PM

**Shravana Until 5:06PM**

Vishkambha\* Until 1:14AM Mon  
Bava Until 2:43AM Mon  
Tritiya Until 1:26PM

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:39AM  
**Sunset:** 8:15PM

Sun 2  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 5:06PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sutra 78

Makara Rasi: 29.41 Tithi 19 – 20

392242361

**Gulika** 2:24PM – 4:21PM  
Yama 10:30AM – 12:27PM  
**Rahu** 6:37AM – 8:34AM

**Dhanishtha Until 8:05PM**

Priti Until 2:10AM Tue  
Kaulava Until 5:01AM Tue  
Chaturthi\* Until 3:53PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:40AM  
**Sunset:** 8:15PM

Sun 3  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

**Family Home Evening**  
Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Milan, Italy  
Sutra 79

Kumbha Rasi: 11.35 Tithi 20

392242361

**Gulika** 12:28PM – 2:24PM  
Yama 8:34AM – 10:31AM  
**Rahu** 4:21PM – 6:18PM

**Shatabhishak Until 10:34PM**

Ayushman Until 2:46AM Wed  
Taitila Until 6:00PM  
Panchami Until 6:00PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:40AM  
**Sunset:** 8:15PM

Sun 4  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy  
Sutra 80

Kumbha Rasi: 23.4 Tithi 21

312242361

**Gulika** 10:31AM – 12:28PM  
Yama 6:38AM – 8:34AM  
**Rahu** 12:28PM – 2:24PM

**Purvaproshtapada\* Until 12:53AM Thu**

Saubhagya Until 2:58AM Thu  
Gara Until 6:55AM  
Shashthi\* Until 7:38PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:41AM  
**Sunset:** 8:14PM

Sun 5  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 12:53AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Milan, Italy  
Sutra 81

Meena Rasi: 5.58 Tithi 22

312242361

**Gulika** 8:35AM – 10:31AM  
Yama 4:42AM – 6:38AM  
**Rahu** 2:24PM – 4:21PM

**Uttaraproshtapada Until 2:23AM Fri**

Sobhana Until 2:39AM Fri  
Visti Until 8:15AM  
Saptami Until 8:38PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:42AM  
**Sunset:** 8:14PM

Sun 6  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, July 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sutra 82

Meena Rasi: 18.34 Tithi 23

312242361

**Gulika** 6:39AM – 8:35AM  
Yama 4:21PM – 6:17PM  
**Rahu** 10:32AM – 12:28PM

**Revati Until 2:59AM Sat**

Athiganda\* Until 1:43AM Sat  
Balava Until 8:53AM  
Ashtami\* Until 8:54PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:42AM  
**Sunset:** 8:14PM

Sun 7  
Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sutra 83

Mesha Rasi: 1.33 Tithi 24

422242361

**Gulika** 4:43AM – 6:39AM  
Yama 2:24PM – 4:21PM  
**Rahu** 8:36AM – 10:32AM

**Ashvini Until 3:07AM Sun**

Sukarma Until 12:09AM Sun  
Taitila Until 8:44AM  
Navami\* Until 8:21PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Jyeshtha-Ani**

**Sunrise:** 4:43AM  
**Sunset:** 8:13PM

Sun 8  
Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work Siddha Yoga  
Until 3:07AM Sun  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau			Milan, Italy Sun 9 Sutra 84 Vilamba 5120
Mesha Rasi: 14.58	Tithi 25	<b>Gulika</b> 4:21PM – 6:17PM	<b>Bharani Until 2:18AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:44AM	
		Yama 12:28PM – 2:24PM	Dhriti Until 9:58PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:13PM	Moon 6 - Phase 12
	422242361	<b>Rahu</b> 6:17PM – 8:13PM	Vanija Until 7:48AM	<b>Nataraja:</b> White	2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami Until 7:01PM</b>	Moon – White	<b>Devaloka Day</b>
Until 2:18AM Mon				<b>Jyeshtha-Ani</b>	
Then Routine Work - Marana Yoga					

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau			Milan, Italy Sun 10 Sutra 85 Vilamba 5120
Mesha Rasi: 28.49	Tithi 26 – 27	<b>Gulika</b> 2:24PM – 4:20PM	<b>Krittika Until 12:40AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:45AM	
<b>Family Home Evening</b>		Yama 10:33AM – 12:29PM	Shula* Until 7:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:12PM	Moon 6 - Phase 12
Routine Work	Marana Yoga	<b>Rahu</b> 6:41AM – 8:37AM	Bava Until 6:05AM	<b>Nataraja:</b> White	2nd Phase
Until 12:40AM Tue			<b>Ekadashi* Until 4:57PM</b>	Moon – White	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>	

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau			Milan, Italy Sun 11 Sutra 86 Vilamba 5120
Vrishabha Rasi: 13.07	Tithi 27 – 28	<b>Gulika</b> 12:29PM – 2:24PM	<b>Rohini Until 10:44PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:45AM	
		Yama 8:37AM – 10:33AM	Ganda* Until 3:52PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:12PM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 4:20PM – 6:16PM	Gara Until 12:44AM Wed	<b>Nataraja:</b> White	2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 10:44PM				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Milan, Italy Sun 12 Sutra 87 Vilamba 5120
Vrishabha Rasi: 27.49	Tithi 28 – 29	<b>Gulika</b> 10:33AM – 12:29PM	<b>Mrigashira Until 8:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:46AM	
		Yama 6:42AM – 8:37AM	Vridhi Until 12:11PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:11PM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 12:29PM – 2:24PM	Visti Until 9:22PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:04AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau			Milan, Italy Sun 13 Sutra 88 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:38AM – 10:33AM	<b>Ardra Until 5:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:47AM	
Mithuna Rasi: 12.48	Tithi 29 – 30	Yama 4:47AM – 6:42AM	Dhruva Until 8:12AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:11PM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 2:24PM – 4:20PM	Naga Until 3:50AM Fri	<b>Nataraja:</b> White	Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi* Until 7:33AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 5:17PM				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Amrita Yoga					

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau			Milan, Italy Sun 14 Sutra 89 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:43AM – 8:38AM	<b>Punarvasu Until 2:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:48AM	
Mithuna Rasi: 27.57	Tithi 1	Yama 4:20PM – 6:15PM	Harshana Until 11:55PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:10PM	Moon 6 - Phase 12
	442242361	<b>Rahu</b> 10:34AM – 12:29PM	Kintughna Until 1:58PM	<b>Nataraja:</b> White	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 12:05AM Sat</b>	Moon – Blue	<b>Bhuloka Day</b>
Until 2:30PM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Milan, Italy Sun 15 Sutra 90 Vilamba 5120	
Kataka Rasi: 13.07	Tithi 2	<b>Gulika</b> 4:49AM – 6:44AM	<b>Pushya</b> <b>Until 11:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:49AM		
		Yama 2:24PM – 4:19PM	Vajra* <b>Until 7:51PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 8:39AM – 10:34AM	Balava <b>Until 10:16AM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 8:28PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:38AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Milan, Italy Sun 16 Sutra 91 Vilamba 5120	
Kataka Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b> 4:19PM – 6:14PM	<b>Ashlesha*</b> <b>Until 8:51AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:50AM		
		Yama 12:29PM – 2:24PM	Siddhi <b>Until 4:02PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 6:14PM – 8:09PM	Taitila <b>Until 6:46AM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 5:07PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:51AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 17 Sutra 92 Vilamba 5120	
Simha Rasi: 12.53	Tithi 4 – 5	<b>Gulika</b> 2:24PM – 4:19PM	<b>Magha*</b> <b>Until 6:43AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM		
<b>Family Home Evening</b>		Yama 10:35AM – 12:29PM	Vyatipata* <b>Until 12:34PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 13	
		453242361 <b>Rahu</b> 6:45AM – 8:40AM	Bava <b>Until 12:57AM Tue</b>	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> <b>Until 2:12PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 6:43AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Milan, Italy Sun 18 Sutra 93 Vilamba 5120	
Simha Rasi: 27.17	Tithi 5 – 6	<b>Gulika</b> 12:29PM – 2:24PM	<b>Uttaraphalguni</b> <b>Until 3:39AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM		
		Yama 8:40AM – 10:35AM	Varyan <b>Until 9:31AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:07PM	Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 4:18PM – 6:13PM	Kaulava <b>Until 10:53PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 11:49AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 3:39AM Wed				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy Sun 19 Sutra 94 Vilamba 5120	
Kanya Rasi: 11.15	Tithi 6 – 7	<b>Gulika</b> 10:35AM – 12:29PM	<b>Hasta</b> <b>Until 3:20AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM		
		Yama 6:47AM – 8:41AM	Parigha* <b>Until 7:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 12:29PM – 2:24PM	Gara <b>Until 9:31PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> <b>Until 10:06AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 3:20AM Thu				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Milan, Italy Sun 20 Sutra 95 Vilamba 5120	
Kanya Rasi: 24.48	Tithi 7 – 8	<b>Gulika</b> 8:41AM – 10:36AM	<b>Chitra</b> <b>Until 3:37AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:53AM		
		Yama 4:53AM – 6:47AM	Siddha <b>Until 3:45AM Fri</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 2:24PM – 4:18PM	Visli <b>Until 8:52PM</b>	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 9:05AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 21 Sutra 96 Vilamba 5120	
Tula Rasi: 7.57	Tithi 8 – 9	<b>Gulika</b> 6:48AM – 8:42AM	<b>Svati</b> <b>Until 4:26AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:54AM		
		Yama 4:17PM – 6:11PM	Sadhya <b>Until 2:58AM Sat</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:36AM – 12:30PM	Balava <b>Until 8:57PM</b>	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 8:48AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy Sun 22 Sutra 97 Vilamba 5120
Tula Rasi: 20.44	Tithi 9 – 10	<b>Gulika</b> 4:55AM – 6:49AM	<b>Vishakha</b> Until 6:12AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM			
		Yama 2:23PM – 4:17PM	Subha Until 2:44AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:04PM		Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 8:43AM – 10:36AM	Taitila Until 9:42PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 9:13AM</b>	Moon – Orange			<b>Devaloka Day</b>	
Until 6:12AM Sun				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 23 Sutra 98 Vilamba 5120
Vrischika Rasi: 3.13	Tithi 10 – 11	<b>Gulika</b> 4:16PM – 6:10PM	<b>Vishakha</b> Until 6:12AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:56AM			
		Yama 12:30PM – 2:23PM	Sukla Until 2:54AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:03PM		Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:10PM – 8:03PM	Vanija Until 11:02PM	<b>Nataraja:</b> Clear			4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 10:17AM</b>	Moon – Orange			<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>				

<b>3</b>		<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vistit*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 24 Sutra 99 Vilamba 5120
Vrischika Rasi: 15.28	Tithi 11 – 12	<b>Gulika</b> 2:23PM – 4:16PM	<b>Anuradha</b> Until 8:20AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM			
<b>Family Home Evening</b>		Yama 10:37AM – 12:30PM	Brahma Until 3:26AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:02PM		Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:51AM – 8:44AM	Bava Until 12:52AM Tue	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:52AM</b>	Moon – Orange			<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>				

<b>4</b>		<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 25 Sutra 100 Vilamba 5120
Vrischika Rasi: 27.32	Tithi 12 – 13	<b>Gulika</b> 12:30PM – 2:23PM	<b>Jyeshtha*</b> Until 10:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM			
		Yama 8:44AM – 10:37AM	Indra Until 4:16AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:01PM		Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 4:15PM – 6:08PM	Kaulava Until 3:03AM Wed	<b>Nataraja:</b> Clear			4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 1:54PM</b>	Moon – Orange			<b>Devaloka Day</b>	
Until 10:45AM				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 26 Sutra 101 Vilamba 5120
Dhanus Rasi: 9.28	Tithi 13 – 14	<b>Gulika</b> 10:37AM – 12:30PM	<b>Mula*</b> Until 1:48PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:00AM			
		Yama 6:52AM – 8:45AM	Vaidhriti* Until 5:15AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:00PM		Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 12:30PM – 2:22PM	Gara Until 5:30AM Thu	<b>Nataraja:</b> Clear			4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 4:14PM</b>	Moon – Light Blue			<b>Sivaloka Day</b>	
Until 1:48PM				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga								

<b>6</b>		<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 102 Vilamba 5120
Dhanus Rasi: 21.18	Tithi 14	<b>Gulika</b> 8:45AM – 10:37AM	<b>Purvashadha*</b> Until 4:53PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:01AM			
		Yama 5:01AM – 6:53AM	Vishkambha* Until 6:21AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:59PM		Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 2:22PM – 4:14PM	Vanija Until 6:46PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:46PM</b>	Moon – Light Blue			<b>Sivaloka Day</b>	
Until 4:53PM				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy Sun 28 Sutra 103 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:54AM – 8:46AM	<b>Uttarashadha</b> Until 7:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:02AM			
Makara Rasi: 3.06	Tithi 15	Yama 4:14PM – 6:06PM	Vishkambha* Until 6:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:58PM		Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 10:38AM – 12:30PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear			Purnima	
Routine Work	Marana Yoga		<b>Purnima* Until 9:21PM</b>	Moon – Light Blue			<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>				
		<b>Total Lunar Eclipse</b>						
		<b>Satguru Purnima</b>						

<b>○</b>		<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 104 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:03AM – 6:55AM	<b>Shravana</b> Until 11:08PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:03AM			
Makara Rasi: 14.53	Tithi 16	Yama 2:21PM – 4:13PM	Priti Until 7:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:56PM		Moon 6 - Phase 14	
		493342362 <b>Rahu</b> 8:46AM – 10:38AM	Balava Until 10:39AM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:53PM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Milan, Italy  
Sun 1  
Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 26.43 Tithi 17  
493342362  
Rahu  
Routine Work Marana Yoga  
Until 2:03AM Mon  
Then Creative Work - Siddha Yoga

Gulika 4:12PM – 6:04PM  
Yama 12:30PM – 2:21PM  
Rahu 6:04PM – 7:55PM

**Dhanishtha Until 2:03AM Mon**  
Ayushman Until 8:29AM  
Taitila Until 1:06PM  
**Dvitiya Until 2:14AM Mon**

Ganesha: Blue Sunrise: 5:04AM  
Muruga: Clear Sunset: 7:55PM  
Nataraja: Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trilyayam Titau

Milan, Italy  
Sun 2  
Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 8.37 Tithi 18  
494342362  
Rahu  
Family Home Evening  
Creative Work Siddha Yoga  
Until 4:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 2:21PM – 4:12PM  
Yama 10:39AM – 12:30PM  
Rahu 6:56AM – 8:47AM

**Shatabhishak Until 4:32AM Tue**  
Saubhagya Until 9:20AM  
Vanija Until 3:19PM  
**Tritiya Until 4:17AM Tue**

Ganesha: Blue Sunrise: 5:05AM  
Muruga: Clear Sunset: 7:54PM  
Nataraja: Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturtham Titau

Milan, Italy  
Sun 3  
Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 20.39 Tithi 19  
414342362  
Rahu  
Routine Work Marana Yoga  
Until 6:57AM Wed  
Then Creative Work - Siddha Yoga

Gulika 12:30PM – 2:20PM  
Yama 8:48AM – 10:39AM  
Rahu 4:11PM – 6:02PM

**Purvaproshtapada\* Until 6:57AM Wed**  
Sobhana Until 9:58AM  
Bava Until 5:11PM  
**Chaturthi\* Until 5:56AM Wed**

Ganesha: White Sunrise: 5:06AM  
Muruga: Clear Sunset: 7:53PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Milan, Italy  
Sun 4  
Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 2.5 Tithi 20  
414342362  
Rahu  
Creative Work Amrita Yoga  
Until 6:57AM  
Then Creative Work - Siddha Yoga

Gulika 10:39AM – 12:30PM  
Yama 6:58AM – 8:48AM  
Rahu 12:30PM – 2:20PM

**Purvaproshtapada\* Until 6:57AM**  
Athiganda\* Until 10:14AM  
Kaulava Until 6:36PM  
**Panchami Until 7:06AM Thu**

Ganesha: White Sunrise: 5:07AM  
Muruga: Clear Sunset: 7:52PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Milan, Italy  
Sun 5  
Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 15.14 Tithi 20 – 21  
414342362  
Rahu  
Creative Work Siddha Yoga

Gulika 8:49AM – 10:39AM  
Yama 5:09AM – 6:59AM  
Rahu 2:20PM – 4:10PM

**Uttaraproshtapada Until 8:43AM**  
Sukarma Until 10:07AM  
Gara Until 7:29PM  
**Panchami Until 7:06AM**

Ganesha: White Sunrise: 5:09AM  
Muruga: Clear Sunset: 7:50PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Milan, Italy  
Sun 6  
Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 27.53 Tithi 21 – 22  
414342362  
Rahu  
Creative Work Siddha Yoga  
Until 9:46AM  
Then Creative Work - Amrita Yoga

Gulika 7:00AM – 8:50AM  
Yama 4:09PM – 5:59PM  
Rahu 10:39AM – 12:29PM

**Revati Until 9:46AM**  
Dhriti Until 9:34AM  
Visti Until 7:45PM  
**Shashthi\* Until 7:41AM**

Ganesha: White Sunrise: 5:10AM  
Muruga: Clear Sunset: 7:49PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**Retreat Star**

**Saturday, August 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Milan, Italy  
Sun 7  
Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 10.51 Tithi 22 – 23  
424342362  
Rahu  
Creative Work Siddha Yoga

Gulika 5:11AM – 7:01AM  
Yama 2:19PM – 4:08PM  
Rahu 8:50AM – 10:40AM

**Ashvini Until 10:30AM**  
Shula\* Until 8:28AM  
Balava Until 7:21PM  
**Saptami Until 7:37AM**

Ganesha: Clear Sunrise: 5:11AM  
Muruga: Clear Sunset: 7:48PM  
Nataraja: Clear  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

**Retreat Star**

**Sunday, August 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy  
Sun 8  
Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 24.1 Tithi 23 – 24  
424342362  
Rahu  
Routine Work Prabalarishta Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

Gulika 4:08PM – 5:57PM  
Yama 12:29PM – 2:18PM  
Rahu 5:57PM – 7:46PM

**Bharani Until 10:24AM**  
Ganda\* Until 6:50AM  
Taitila Until 6:16PM  
**Ashtami\* Until 6:53AM**

Ganesha: Clear Sunrise: 5:12AM  
Muruga: Clear Sunset: 7:46PM  
Nataraja: Clear  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1	<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Milan, Italy Sun 9 Sutra 113 Vilamba 5120
	Vrishabha Rasi: 7.53 Family Home Evening Routine Work Marana Yoga Until 9:29AM Then Creative Work - Amrita Yoga	Tithi 25 424342362	Gulika 2:18PM – 4:07PM Yama 10:40AM – 12:29PM Rahu 7:02AM – 8:51AM	Krittika Until 9:29AM Dhruva Until 1:57AM Tue Vanija Until 4:31PM Dashami Until 3:24AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 5:13AM Sunset: 7:45PM	Moon 7 - Phase 16 2nd Phase <b>Sivaloka Day</b> Ashada*Adi

2	<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Milan, Italy Sun 10 Sutra 114 Vilamba 5120
	Vrishabha Rasi: 22 Creative Work Amrita Yoga Until 8:13AM Then Creative Work - Siddha Yoga	Tithi 26 434342362	Gulika 12:29PM – 2:18PM Yama 8:52AM – 10:40AM Rahu 4:06PM – 5:55PM	Rohini Until 8:13AM Vyaghata* Until 10:47PM Bava Until 2:10PM Ekadashi* Until 12:46AM Wed	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 5:14AM Sunset: 7:44PM	Moon 7 - Phase 16 2nd Phase <b>Devaloka Day</b> Ashada*Adi

3	<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau				Milan, Italy Sun 11 Sutra 115 Vilamba 5120
	Mithuna Rasi: 6.29 Creative Work Siddha Yoga	Tithi 27 434342362	Gulika 10:41AM – 12:29PM Yama 7:04AM – 8:52AM Rahu 12:29PM – 2:17PM	Mrigashira Until 6:16AM Harshana Until 7:13PM Kaulava Until 11:17AM Dvadashi* Until 9:40PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 5:16AM Sunset: 7:42PM	Moon 7 - Phase 16 2nd Phase <b>Devaloka Day</b> Ashada*Adi

4	<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy Sun 12 Sutra 116 Vilamba 5120
	Mithuna Rasi: 21.19 Creative Work Amrita Yoga Until 1:12AM Fri Then Routine Work - Marana Yoga	Tithi 28 444342362	Gulika 8:53AM – 10:41AM Yama 5:17AM – 7:05AM Rahu 2:17PM – 4:05PM	Punarvasu Until 1:12AM Fri Vajra* Until 3:21PM Gara Until 8:00AM Trayodashi* Until 6:14PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:17AM Sunset: 7:41PM	Moon 7 - Phase 16 2nd Phase <b>Devaloka Day</b> Ashada*Adi

●	<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy Sun 13 Sutra 117 Vilamba 5120
	<b>Retreat Star</b>						
	Kataka Rasi: 6.2 Routine Work Marana Yoga	Tithi 29 – 30 444342362	Gulika 7:06AM – 8:53AM Yama 4:04PM – 5:51PM Rahu 10:41AM – 12:29PM	Pushya Until 10:22PM Siddhi Until 11:18AM Catuspada Until 12:48AM Sat Chaturdashi* Until 2:37PM	Ganesha: Light Blue Muruga: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:18AM Sunset: 7:39PM	Moon 7 - Phase 16 Amavasya <b>Devaloka Day</b> Ashada*Adi

●	<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Milan, Italy Sun 14 Sutra 118 Vilamba 5120
	<b>Retreat Star</b>						
	Kataka Rasi: 21.28 Routine Work Marana Yoga Until 7:25PM Then Creative Work - Amrita Yoga	Tithi 30 – 1 445342362	Gulika 5:19AM – 7:06AM Yama 2:16PM – 4:03PM Rahu 8:54AM – 10:41AM	Ashlesha* Until 7:25PM Vyatipata* Until 7:12AM Kintughna Until 9:10PM Amavasya* Until 10:57AM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:19AM Sunset: 7:38PM	Moon 7 - Phase 16 Prathama <b>Sivaloka Day</b> Sravana*Adi

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 – 2	<b>Gulika</b> 4:02PM – 5:49PM	<b>Magha* Until 4:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM	
		Yama 12:28PM – 2:15PM	Parigha* Until 11:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 5:49PM – 7:36PM	Kaulava Until 4:07AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 7:24AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 4:56PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Trtiyayam Titau				Milan, Italy Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	<b>Gulika</b> 2:15PM – 4:01PM	<b>Purvaphalguni Until 2:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	
<b>Family Home Evening</b>		Yama 10:41AM – 12:28PM	Shiva Until 7:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 7:08AM – 8:55AM	Tailila Until 2:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 1:16AM Tue</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Milan, Italy Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	<b>Gulika</b> 12:28PM – 2:14PM	<b>Uttaraphalguni Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM	
		Yama 8:55AM – 10:42AM	Siddha Until 4:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 4:00PM – 5:47PM	Vanija Until 12:03PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 10:58PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 12:42PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	<b>Gulika</b> 10:42AM – 12:28PM	<b>Hasta Until 11:42AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	
		Yama 7:10AM – 8:56AM	Sadhya Until 2:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 12:28PM – 2:14PM	Bava Until 10:05AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 11:42AM		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Shashthyam Titau				Milan, Italy Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	<b>Gulika</b> 8:56AM – 10:42AM	<b>Chitra Until 11:17AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:25AM	
		Yama 5:25AM – 7:11AM	Subha Until 12:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 2:13PM – 3:59PM	Kaulava Until 8:52AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 11:17AM				<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>6 Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	<b>Gulika</b> 7:12AM – 8:57AM	<b>Svati Until 11:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	
		Yama 3:58PM – 5:43PM	Sukla Until 11:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 17
	565342362	<b>Rahu</b> 10:42AM – 12:27PM	Gara Until 8:26AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 8:31PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	<b>Gulika</b> 5:28AM – 7:12AM	<b>Vishakha Until 12:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:28AM	
		Yama 2:12PM – 3:57PM	Brahma Until 10:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 17
	575342362	<b>Rahu</b> 8:57AM – 10:42AM	Visti Until 8:50AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	<b>Gulika</b> 3:56PM – 5:40PM	<b>Anuradha Until 2:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	
		Yama 12:27PM – 2:11PM	Indra Until 10:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 17
	575442362	<b>Rahu</b> 5:40PM – 7:25PM	Balava Until 9:58AM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami* Until 10:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


<b>1</b>		<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau		Milan, Italy Sun 23 Sutra 127 Vilamba 5120
Vrischika Rasi: 24.23	Tithi 10	<b>Gulika</b> 2:11PM – 3:55PM	<b>Jyeshtha* Until 5:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:30AM	
<b>Family Home Evening</b>	575442362	Yama 10:42AM – 12:27PM	Vaidhriti* Until 10:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 7:14AM – 8:58AM	Taitila Until 11:44AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 12:47AM Tue</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana•Avani</b>		

<b>2</b>		<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Milan, Italy Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 6.23	Tithi 11	<b>Gulika</b> 12:26PM – 2:10PM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM	
	586442362	Yama 8:59AM – 10:43AM	Vishkambha* Until 11:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b> 3:54PM – 5:38PM	Vanija Until 1:58PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:02PM			<b>Ekadashi Until 3:11AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana•Avani</b>		

<b>3</b>		<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Milan, Italy Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 18.14	Tithi 12	<b>Gulika</b> 10:43AM – 12:26PM	<b>Purvashadha* Until 11:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	
	586442362	Yama 7:16AM – 8:59AM	Priti Until 12:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b> 12:26PM – 2:10PM	Bava Until 4:29PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 5:46AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Sravana•Avani</b>		

<b>4</b>		<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau		Milan, Italy Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 0.02	Tithi 13	<b>Gulika</b> 9:00AM – 10:43AM	<b>Uttarashadha Until 2:07AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM	
	586442362	Yama 5:34AM – 7:17AM	Ayushman Until 1:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 2:09PM – 3:52PM	Kaulava Until 7:06PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi Until 8:22AM Fri</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Sravana•Avani</b>		
				<i>Pradosha Vrata</i>		

<b>5</b>		<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 11.49	Tithi 13 – 14	<b>Gulika</b> 7:18AM – 9:00AM	<b>Shravana Until 5:19AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:35AM	
	596442362	Yama 3:51PM – 5:34PM	Saubhagya Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 10:43AM – 12:26PM	Gara Until 9:38PM	<b>Nataraja:</b> Clear		4th Phase
Until 5:19AM Sat			<b>Trayodashi Until 8:22AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Sravana•Avani</b>		

		<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Milan, Italy Sun 28 Sutra 132 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 5:36AM – 7:18AM	<b>Dhanishtha Until 8:07AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:36AM	
Makara Rasi: 23.4	Tithi 14 – 15	Yama 2:08PM – 3:50PM	Sobhana Until 3:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 18
	596442362	<b>Rahu</b> 9:01AM – 10:43AM	Visti Until 11:58PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:49AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Raksha Bandhan</b>		<b>Sravana•Avani</b>		

<b>Sunday, August 26, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Milan, Italy Sun 29 Sutra 133 Vilamba 5120
Kumbha Rasi: 6	Tithi 15 – 16	<b>Gulika</b> 3:49PM – 5:31PM	<b>Dhanishtha Until 8:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM	
	596442362	Yama 12:25PM – 2:07PM	Athiganda* Until 4:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 5:31PM – 7:13PM	Balava Until 1:58AM Mon	<b>Nataraja:</b> Clear		Prathama
Until 8:07AM			<b>Purnima* Until 12:59PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Avani Avittam</b>		<b>Sravana•Avani</b>		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 27, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy  
Sutra 134

Kumbha Rasi: 17.4 Tithi 16 – 17  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:25AM  
Then Routine Work - Marana Yoga

**Gulika** 2:06PM – 3:48PM  
Yama 10:43AM – 12:25PM  
**Rahu** 7:20AM – 9:02AM

**Shatabhishak** Until 10:25AM  
Sukarma Until 4:43PM  
Taitila Until 3:35AM Tue  
**Prathama\*** Until 2:48PM

**Ganesha:** White *Sunrise: 5:38AM*  
**Muruqa:** Clear *Sunset: 7:11PM*  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Avani**

Moon 8 - Phase 19  
1st Phase

**Subha Sivaloka Day**

**1**

**Tuesday, August 28, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy  
Sun 1 Sutra 135

Kumbha Rasi: 29.54 Tithi 17 – 18  
517452363  
Routine Work Marana Yoga  
Until 12:39PM  
Then Creative Work - Amrita Yoga

**Gulika** 12:24PM – 2:06PM  
Yama 9:02AM – 10:43AM  
**Rahu** 3:47PM – 5:28PM

**Purvaprosarthapada\*** Until 12:39PM  
Dhriti Until 4:50PM  
Vanija Until 4:46AM Wed  
**Dvitiya** Until 4:12PM

**Ganesha:** Clear *Sunrise: 5:40AM*  
**Muruqa:** Purple *Sunset: 7:09PM*  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**2**

**Wednesday, August 29, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy  
Sun 2 Sutra 136

Meena Rasi: 12.19 Tithi 18 – 19  
517452363  
Creative Work Siddha Yoga  
Until 2:18PM  
Then Routine Work - Marana Yoga

**Gulika** 10:43AM – 12:24PM  
Yama 7:22AM – 9:03AM  
**Rahu** 12:24PM – 2:05PM

**Uttaraprosarthapada** Until 2:18PM  
Shula\* Until 4:34PM  
Bava Until 5:30AM Thu  
**Tritiya** Until 5:10PM

**Ganesha:** Clear *Sunrise: 5:41AM*  
**Muruqa:** Purple *Sunset: 7:07PM*  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**3**

**Thursday, August 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 3 Sutra 137

Meena Rasi: 24.56 Tithi 19 – 20  
517452363  
Creative Work Siddha Yoga  
Until 3:21PM  
Then Creative Work - Amrita Yoga

**Gulika** 9:03AM – 10:43AM  
Yama 5:42AM – 7:23AM  
**Rahu** 2:04PM – 3:45PM

**Revati** Until 3:21PM  
Ganda\* Until 3:58PM  
Kaulava Until 5:47AM Fri  
**Chaturthi\*** Until 5:41PM

**Ganesha:** Clear *Sunrise: 5:42AM*  
**Muruqa:** Purple *Sunset: 7:06PM*  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, August 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy  
Sun 4 Sutra 138

Mesha Rasi: 7.46 Tithi 20 – 21  
527452363  
Creative Work Amrita Yoga  
Until 4:16PM  
Then Creative Work - Siddha Yoga

**Gulika** 7:23AM – 9:03AM  
Yama 3:44PM – 5:24PM  
**Rahu** 10:43AM – 12:24PM

**Ashvini** Until 4:16PM  
Vridhi Until 3:01PM  
Gara Until 5:35AM Sat  
**Panchami** Until 5:43PM

**Ganesha:** Purple *Sunrise: 5:43AM*  
**Muruqa:** Purple *Sunset: 7:04PM*  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**5**

**Saturday, September 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy  
Sun 5 Sutra 139

Mesha Rasi: 20.5 Tithi 21 – 22  
527452363  
Creative Work Siddha Yoga  
Until 4:32PM  
Then Creative Work - Amrita Yoga

**Gulika** 5:45AM – 7:24AM  
Yama 2:03PM – 3:43PM  
**Rahu** 9:04AM – 10:44AM

**Bharani** Until 4:32PM  
Dhruva Until 1:40PM  
Visti Until 4:53AM Sun  
**Shashthi\*** Until 5:17PM

**Ganesha:** Purple *Sunrise: 5:45AM*  
**Muruqa:** Purple *Sunset: 7:02PM*  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**6**

**Sunday, September 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy  
Sun 6 Sutra 140

Vrishabha Rasi: 4.1 Tithi 22 – 23  
527452363  
Creative Work Siddha Yoga

**Gulika** 3:41PM – 5:21PM  
Yama 12:23PM – 2:02PM  
**Rahu** 5:21PM – 7:00PM

**Krittika** Until 4:11PM  
Vyaghata\* Until 11:55AM  
Balava Until 3:41AM Mon  
**Saptami** Until 4:20PM

**Ganesha:** Purple *Sunrise: 5:46AM*  
**Muruqa:** Purple *Sunset: 7:00PM*  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**D**

**Monday, September 3, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy  
Sun 7 Sutra 141

Vrishabha Rasi: 17.47 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Amrita Yoga

**Gulika** 2:01PM – 3:40PM  
Yama 10:44AM – 12:23PM  
**Rahu** 7:26AM – 9:05AM

**Rohini** Until 3:36PM  
Harshana Until 9:47AM  
Taitila Until 2:00AM Tue  
**Ashtami\*** Until 2:53PM

**Ganesha:** Clear *Sunrise: 5:47AM*  
**Muruqa:** Purple *Sunset: 6:58PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

Moon 8 - Phase 19  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Krishna Janmashtami**

**Tuesday, September 4, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Milan, Italy  
Sun 8 Sutra 142

Mithuna Rasi: 1.43 Tithi 24 – 25  
538452363  
Creative Work Siddha Yoga  
Until 2:24PM  
Then Routine Work - Marana Yoga

**Gulika** 12:22PM – 2:01PM  
Yama 9:05AM – 10:44AM  
**Rahu** 3:39PM – 5:18PM

**Mrigashira** Until 2:24PM  
Vajra\* Until 7:12AM  
Vanija Until 11:49PM  
**Navami\*** Until 12:57PM

**Ganesha:** White *Sunrise: 5:48AM*  
**Muruqa:** Purple *Sunset: 6:56PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

Moon 8 - Phase 19  
Navami

**Devaloka Day**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.56	Tithi 25 – 26	<b>Gulika</b> 10:44AM – 12:22PM	<b>Ardra</b> Until 12:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:49AM	
			Yama 7:27AM – 9:06AM	Vyatipata* Until 1:00AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:54PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 <b>Rahu</b> 12:22PM – 2:00PM	Bava Until 9:13PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami</b> Until 10:33AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 0.26	Tithi 26 – 27	<b>Gulika</b> 9:06AM – 10:44AM	<b>Punarvasu</b> Until 10:43AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	
			Yama 5:51AM – 7:28AM	Variyan Until 9:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b> 1:59PM – 3:37PM	Kaulava Until 6:17PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> Until 7:46AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 15.1	Tithi 28	<b>Gulika</b> 7:29AM – 9:06AM	<b>Pushya</b> Until 8:24AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:52AM	
			Yama 3:36PM – 5:13PM	Parigha* Until 5:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 10:44AM – 12:21PM	Gara Until 3:07PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi*</b> Until 1:28AM Sat	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Milan, Italy Sun 12 Sutra 146 Vilamba 5120
	Simha Rasi: 0.01	Tithi 29	<b>Gulika</b> 5:53AM – 7:30AM	<b>Magha*</b> Until 3:28AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:53AM	
			Yama 1:58PM – 3:35PM	Shiva Until 1:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	558452363 <b>Rahu</b> 9:07AM – 10:44AM	Visti Until 11:50AM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Chaturdashi*</b> Until 10:11PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Milan, Italy Sun 13 Sutra 147 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:34PM – 5:10PM	<b>Purvaphalguni</b> Until 1:08AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:54AM	
	Simha Rasi: 14.53	Tithi 30	Yama 12:21PM – 1:57PM	Siddha Until 10:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 5:10PM – 6:47PM	Catuspada Until 8:35AM	<b>Nataraja:</b> Purple		Amavasya
			<b>Amavasya*</b> Until 7:00PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
				<b>Grandparent's Day</b>			

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.37	Tithi 1 – 2	<b>Gulika</b> 1:56PM – 3:33PM	<b>Uttaraphalguni</b> Until 10:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:55AM	
	<b>Family Home Evening</b>		Yama 10:44AM – 12:20PM	Sadhya Until 6:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 <b>Rahu</b> 7:32AM – 9:08AM	Balava Until 2:46AM Tue	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama*</b> Until 4:04PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Tithi 2 – 3	<b>Gulika</b> 12:20PM – 1:56PM	<b>Hasta</b> <b>Until 9:33PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:57AM	
			Yama 9:08AM – 10:44AM	Sukla <b>Until 12:17AM</b> Wed	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:43PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 3:31PM – 5:07PM	Taitila <b>Until 12:31AM</b> Wed	<b>Dvitiya</b> <b>Until 1:34PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Milan, Italy Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 3 – 4	<b>Gulika</b> 10:44AM – 12:20PM	<b>Chitra</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:58AM	
			Yama 7:33AM – 9:09AM	Brahma <b>Until 9:53PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:41PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 12:20PM – 1:55PM	Vanija <b>Until 10:54PM</b>	<b>Tritiya</b> <b>Until 11:37AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Bhuloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Tithi 4 – 5	<b>Gulika</b> 9:09AM – 10:44AM	<b>Svati</b> <b>Until 8:12PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:59AM	
			Yama 5:59AM – 7:34AM	Indra <b>Until 8:04PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:39PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 1:54PM – 3:29PM	Bava <b>Until 10:02PM</b>	<b>Chaturthi*</b> <b>Until 10:21AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			Moon – Green		<b>Bhuloka Day</b>	
Until 8:12PM				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Tithi 5 – 6	<b>Gulika</b> 7:35AM – 9:09AM	<b>Vishakha</b> <b>Until 8:56PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:00AM	
			Yama 3:28PM – 5:03PM	Vaidhriti* <b>Until 6:53PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:37PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 10:44AM – 12:19PM	Kaulava <b>Until 9:59PM</b>	<b>Panchami</b> <b>Until 9:53AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Tithi 6 – 7	<b>Gulika</b> 6:01AM – 7:36AM	<b>Anuradha</b> <b>Until 10:18PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:01AM	
			Yama 1:53PM – 3:27PM	Vishkambha* <b>Until 6:22PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:35PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 9:10AM – 10:44AM	Gara <b>Until 10:46PM</b>	<b>Shashthi*</b> <b>Until 10:15AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>☾</b>	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:26PM – 5:00PM	<b>Jyeshtha*</b> <b>Until 12:14AM</b> Mon	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:03AM	
	Vrischika Rasi: 20.37	Tithi 7 – 8	Yama 12:18PM – 1:52PM	Priti <b>Until 6:27PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:34PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 5:00PM – 6:34PM	Visti <b>Until 12:17AM</b> Mon	<b>Saptami</b> <b>Until 11:25AM</b>	<b>Nataraja:</b> Purple		Ashtami
Routine Work	Marana Yoga			Moon – Orange		<b>Devaloka Day</b>	
Until 12:14AM Mon				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>☾</b>	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:51PM – 3:25PM	<b>Mula*</b> <b>Until 3:04AM</b> Tue	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:04AM	
	Dhanus Rasi: 2.49	Tithi 8 – 9	Yama 10:44AM – 12:18PM	Ayushman <b>Until 6:59PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:32PM	Moon 8 - Phase 21
	589552363	<b>Rahu</b> 7:37AM – 9:11AM	Balava <b>Until 2:24AM</b> Tue	<b>Ashtami*</b> <b>Until 1:16PM</b>	<b>Nataraja:</b> Purple		Navami
Family Home Evening				Moon – Light Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga			<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy Sun 22 Sutra 156 Vilamba 5120
	Dhanus Rasi: 14.46	Tithi 9 – 10	<b>Gulika</b> 12:17PM – 1:50PM	<b>Purvashadha* Until 6:06AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:05AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:30PM</i>	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga Until 6:06AM Wed Then Creative Work - Amrita Yoga	581552363	<b>Rahu</b> 3:24PM – 4:57PM	Saubhagya Until 7:52PM Taitila Until 4:54AM Wed <b>Navami* Until 3:36PM</b>	<b>Nataraja:</b> Purple Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

2	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Milan, Italy Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 26.37	Tithi 10	<b>Gulika</b> 10:44AM – 12:17PM	<b>Purvashadha* Until 6:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:06AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:28PM</i>	Moon 8 - Phase 22 4th Phase
	Creative Work Amrita Yoga	581552363	<b>Rahu</b> 12:17PM – 1:50PM	Sobhana Until 8:56PM Gara Until 6:12PM <b>Dashami Until 6:12PM</b>	<b>Nataraja:</b> Purple Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

3	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 8.24	Tithi 11	<b>Gulika</b> 9:12AM – 10:44AM	<b>Uttarashadha Until 9:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:07AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:26PM</i>	Moon 8 - Phase 22 4th Phase
	Routine Work Marana Yoga Until 9:04AM Then Creative Work - Siddha Yoga	581552363	<b>Rahu</b> 1:49PM – 3:21PM	Athiganda* Until 9:58PM Vanija Until 7:32AM <b>Ekadashi Until 8:48PM</b>	<b>Nataraja:</b> Purple Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

4	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 20.13	Tithi 12	<b>Gulika</b> 7:41AM – 9:12AM	<b>Shravana Until 12:16PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:09AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:24PM</i>	Moon 8 - Phase 22 4th Phase
	Routine Work Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga	591552363	<b>Rahu</b> 10:44AM – 12:16PM	Sukarma Until 10:51PM Bava Until 10:04AM <b>Dvadashi Until 11:13PM</b>	<b>Nataraja:</b> Purple Moon – Purple	<b>Devaloka Day</b>	

5	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy Sun 26 Sutra 160 Vilamba 5120
	Kumbha Rasi: 2.08	Tithi 13	<b>Gulika</b> 6:10AM – 7:41AM	<b>Dhanishtha Until 3:01PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:10AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:22PM</i>	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga Until 3:01PM Then Creative Work - Amrita Yoga	591552363	<b>Rahu</b> 9:13AM – 10:44AM	Dhriti Until 11:28PM Kaulava Until 12:19PM <b>Trayodashi Until 1:16AM Sun</b>	<b>Nataraja:</b> Purple Moon – Purple	<b>Devaloka Day</b>	

6	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 14.13	Tithi 14	<b>Gulika</b> 3:18PM – 4:49PM	<b>Shatabhishak Until 5:11PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:11AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:20PM</i>	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga	591552363	<b>Rahu</b> 4:49PM – 6:20PM	Shula* Until 11:42PM Gara Until 2:09PM <b>Chaturdashi* Until 2:51AM Mon</b>	<b>Nataraja:</b> Purple Moon – Purple	<b>Devaloka Day</b>	

O	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy Sun 28 Sutra 162 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:46PM – 3:17PM	<b>Purvaproshtapada* Until 7:11PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:12AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:18PM</i>	Moon 8 - Phase 22 Purnima
	Kumbha Rasi: 26.29	Tithi 15	<b>Rahu</b> 7:43AM – 9:14AM	Ganda* Until 11:34PM Visti Until 3:28PM <b>Purnima* Until 3:55AM Tue</b>	<b>Nataraja:</b> Purple Moon – Clear	<b>Devaloka Day</b>	

O	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 163 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:15PM – 1:45PM	<b>Uttaraproshtapada Until 8:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:14AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:16PM</i>	Moon 8 - Phase 22 Prathama
	Meena Rasi: 8.59	Tithi 16	<b>Rahu</b> 3:16PM – 4:46PM	Vriddhi Until 11:02PM Balava Until 4:16PM <b>Prathama* Until 4:28AM Wed</b>	<b>Nataraja:</b> Purple Moon – Clear	<b>Devaloka Day</b>	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy  
Sutra 164

Meena Rasi: 21.43      Tithi 17

**Gulika** 10:45AM – 12:15PM  
Yama 7:45AM – 9:15AM  
511552363 **Rahu** 12:15PM – 1:44PM

**Revati** Until 9:14PM

Dhruva Until 10:06PM

Taitila Until 4:35PM

**Dvitiya** Until 4:33AM Thu

**Ganesha:** Purple      *Sunrise:* 6:15AM

**Muruga:** Purple      *Sunset:* 6:14PM

**Nataraja:** Purple

Moon – Clear

**Devaloka Day**

**Bhadrapada-Puratasi**

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Routine Work      Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Milan, Italy  
Sutra 165

Mesha Rasi: 4.4      Tithi 18

**Gulika** 9:15AM – 10:45AM  
Yama 6:16AM – 7:46AM  
521552363 **Rahu** 1:44PM – 3:13PM

**Ashvini** Until 9:50PM

Vyaghata\* Until 8:51PM

Vanija Until 4:28PM

**Tritiya** Until 4:14AM Fri

**Ganesha:** Clear      *Sunrise:* 6:16AM

**Muruga:** Purple      *Sunset:* 6:12PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 9:AM to 12:PM

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Creative Work      Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy  
Sutra 166

Mesha Rasi: 17.49      Tithi 19

**Gulika** 7:46AM – 9:16AM  
Yama 3:12PM – 4:41PM  
622552363 **Rahu** 10:45AM – 12:14PM

**Bharani** Until 9:55PM

Harshana Until 7:19PM

Bava Until 3:57PM

**Chaturthi\*** Until 3:33AM Sat

**Ganesha:** Clear      *Sunrise:* 6:17AM

**Muruga:** Purple      *Sunset:* 6:10PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Creative Work      Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy  
Sutra 167

Vrisabha Rasi: 1.1      Tithi 20

**Gulika** 6:19AM – 7:47AM  
Yama 1:42PM – 3:11PM  
622552363 **Rahu** 9:16AM – 10:45AM

**Krittika** Until 9:32PM

Vajra\* Until 5:29PM

Kaulava Until 3:06PM

**Panchami** Until 2:33AM Sun

**Ganesha:** Clear      *Sunrise:* 6:19AM

**Muruga:** Purple      *Sunset:* 6:09PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Creative Work      Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy  
Sutra 168

Vrisabha Rasi: 14.41      Tithi 21

**Gulika** 3:10PM – 4:38PM  
Yama 12:13PM – 1:42PM  
632552363 **Rahu** 4:38PM – 6:07PM

**Rohini** Until 9:09PM

Siddhi Until 3:26PM

Gara Until 1:57PM

**Shashthi\*** Until 1:15AM Mon

**Ganesha:** Purple      *Sunrise:* 6:20AM

**Muruga:** Purple      *Sunset:* 6:07PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Creative Work      Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Milan, Italy  
Sutra 169

Vrisabha Rasi: 28.23      Tithi 22

**Gulika** 1:41PM – 3:09PM  
Yama 10:45AM – 12:13PM  
632552363 **Rahu** 7:49AM – 9:17AM

**Mrigashira** Until 8:21PM

Vyatipata\* Until 1:09PM

Visti Until 12:31PM

**Saptami** Until 11:40PM

**Ganesha:** Purple      *Sunrise:* 6:21AM

**Muruga:** Purple      *Sunset:* 6:05PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Creative Work      Amrita Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sutra 170

Mithuna Rasi: 12.15      Tithi 23

**Gulika** 12:13PM – 1:40PM  
Yama 9:17AM – 10:45AM  
632552363 **Rahu** 3:08PM – 4:35PM

**Ardra** Until 7:07PM

Variyan Until 10:38AM

Balava Until 10:48AM

**Ashtami\*** Until 9:49PM

**Ganesha:** Purple      *Sunrise:* 6:22AM

**Muruga:** Purple      *Sunset:* 6:03PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Routine Work      Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sutra 171

Mithuna Rasi: 26.17      Tithi 24

**Gulika** 10:45AM – 12:12PM  
Yama 7:51AM – 9:18AM  
642552363 **Rahu** 12:12PM – 1:39PM

**Punarvasu** Until 5:54PM

Parigha\* Until 7:54AM

Taitila Until 8:49AM

**Navami\*** Until 7:42PM

**Ganesha:** Clear      *Sunrise:* 6:23AM

**Muruga:** Purple      *Sunset:* 6:01PM

**Nataraja:** Purple

Moon – Blue

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Vilamba 5120

Moon 9 - Phase 23

Navami

Creative Work      Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 10.3	Tithi 25 – 26	<b>Gulika</b> 9:18AM – 10:45AM	<b>Pushya</b> Until 4:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	
		Yama 6:25AM – 7:52AM	Siddha Until 1:50AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 1:39PM – 3:06PM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 5:21PM	Moon – Blue		<b>Bhuloka Day</b>
Until 4:19PM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 24.51	Tithi 26 – 27	<b>Gulika</b> 7:52AM – 9:19AM	<b>Ashlesha*</b> Until 2:24PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	
		Yama 3:04PM – 4:31PM	Sadhya Until 10:36PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 10:45AM – 12:12PM	Kaulava Until 1:32AM Sat	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 2:49PM	Moon – Blue		<b>Bhuloka Day</b>
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 9.18	Tithi 27 – 28	<b>Gulika</b> 6:27AM – 7:53AM	<b>Magha*</b> Until 12:40PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM	
		Yama 1:37PM – 3:03PM	Subha Until 7:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 9:19AM – 10:45AM	Gara Until 10:53PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 12:11PM	Moon – Red		<b>Bhuloka Day</b>
Until 12:40PM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b> 3:02PM – 4:28PM	<b>Purvaphalguni</b> Until 10:47AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM	
		Yama 12:11PM – 1:37PM	Sukla Until 4:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 4:28PM – 5:54PM	Visti Until 8:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:33AM	Moon – Red		<b>Bhuloka Day</b>
Until 10:47AM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Amrita Yoga						

		<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 12 Sutra 176 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:36PM – 3:01PM	<b>Uttaraphalguni</b> Until 8:53AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	
Kanya Rasi: 8.11	Tithi 29 – 30	Yama 10:46AM – 12:11PM	Brahma Until 12:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24
<b>Family Home Evening</b>	652552364	<b>Rahu</b> 7:55AM – 9:20AM	Naga Until 4:46AM Tue	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:02AM	Moon – Red		<b>Bhuloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Milan, Italy Sun 13 Sutra 177 Vilamba 5120
Kanya Rasi: 22.25	Tithi 1	<b>Gulika</b> 12:10PM – 1:35PM	<b>Hasta</b> Until 7:32AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:31AM	
		Yama 9:21AM – 10:46AM	Indra Until 9:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24
	662652364	<b>Rahu</b> 3:00PM – 4:25PM	Kintughna Until 3:48PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:54AM Wed	Moon – Green		<b>Devaloka Day</b>
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>		

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 6.23	Tithi 2	<b>Gulika</b> 10:46AM – 12:10PM	<b>Chitra Until 6:28AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:32AM	
			Yama 7:57AM – 9:21AM	Vaidhriti* Until 7:25AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
	662652364	<b>Rahu</b> 12:10PM – 1:35PM	Balava Until 2:12PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:36AM Thu</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Milan, Italy Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 20.01	Tithi 3	<b>Gulika</b> 9:22AM – 10:46AM	<b>Vishakha Until 6:08AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:34AM	
			Yama 6:34AM – 7:58AM	Priti Until 3:47AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
	672652364	<b>Rahu</b> 1:34PM – 2:58PM	Taitila Until 1:12PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 12:57AM Fri</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Milan, Italy Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 3.15	Tithi 4	<b>Gulika</b> 7:59AM – 9:22AM	<b>Vishakha Until 6:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM	
			Yama 2:57PM – 4:21PM	Ayushman Until 2:49AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 10:46AM – 12:10PM	Vanija Until 12:56PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:04AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 16.06	Tithi 5	<b>Gulika</b> 6:36AM – 8:00AM	<b>Anuradha Until 7:03AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	
			Yama 1:33PM – 2:56PM	Saubhagya Until 2:28AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 9:23AM – 10:46AM	Bava Until 1:27PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 1:58AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 2:55PM – 4:18PM	<b>Jyeshtha* Until 8:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	
			Yama 12:09PM – 1:32PM	Sobhana Until 2:41AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 4:18PM – 5:41PM	Kaulava Until 2:43PM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 3:36AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 8:33AM				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Milan, Italy Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 10.47	Tithi 7	<b>Gulika</b> 1:32PM – 2:54PM	<b>Mula* Until 11:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	
	<b>Family Home Evening</b>		Yama 10:46AM – 12:09PM	Athiganda* Until 3:19AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 8:01AM – 9:24AM	Gara Until 4:40PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:49AM Tue</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 11:03AM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau				Milan, Italy Sun 20 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 12:09PM – 1:31PM	<b>Purvashadha* Until 1:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	
	Dhanus Rasi: 22.45	Tithi 8	Yama 9:24AM – 10:47AM	Sukarma Until 4:15AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 2:53PM – 4:15PM	Visti Until 7:05PM		<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:23AM Wed</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 1:54PM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy Sun 21 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:47AM – 12:09PM	<b>Uttarashadha Until 4:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:42AM	
	Makara Rasi: 4.35	Tithi 8 – 9	Yama 8:03AM – 9:25AM	Dhriti Until 5:17AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 12:09PM – 1:30PM	Balava Until 9:44PM		<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 8:23AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:49PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Purasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau				Milan, Italy Sun 22 Sutra 186 Vilamba 5120
	Makara Rasi: 16.23	Tithi 9 – 10	<b>Gulika</b> 9:26AM – 10:47AM	<b>Shravana Until 8:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:43AM	
			Yama 6:43AM – 8:04AM	Shula* Until 6:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 1:30PM – 2:51PM	Taitila Until 12:20AM Fri	<b>Nataraja:</b> Clear		4th Phase
		Vijaya Dasami	<b>Navami* Until 11:02AM</b>	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 23 Sutra 187 Vilamba 5120
	Makara Rasi: 28.14	Tithi 10 – 11	<b>Gulika</b> 8:05AM – 9:26AM	<b>Dhanishtha Until 10:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM	
			Yama 2:50PM – 4:11PM	Shula* Until 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 10:47AM – 12:08PM	Vanija Until 2:37AM Sat	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 1:30PM</b>	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				<b>Ashvina•Aipasi</b>			

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 24 Sutra 188 Vilamba 5120
	Kumbha Rasi: 10.13	Tithi 11 – 12	<b>Gulika</b> 6:46AM – 8:06AM	<b>Shatabhishak Until 1:09AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM	
			Yama 1:29PM – 2:49PM	Ganda* Until 6:52AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 26
	Creative Work	Amrita Yoga	693652364 <b>Rahu</b> 9:27AM – 10:47AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi Until 3:34PM</b>	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				<b>Ashvina•Aipasi</b>			

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 25 Sutra 189 Vilamba 5120
	Kumbha Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b> 2:48PM – 4:09PM	<b>Purvaproshtapada* Until 3:07AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:47AM	
			Yama 12:08PM – 1:28PM	Vridhhi Until 7:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 4:09PM – 5:29PM	Kaulava Until 5:36AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 5:04PM</b>	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				<b>Ashvina•Aipasi</b>			

Pradosha Vrata

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 26 Sutra 190 Vilamba 5120
	Meena Rasi: 4.5	Tithi 13 – 14	<b>Gulika</b> 1:28PM – 2:47PM	<b>Uttaraproshtapada Until 4:19AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:48AM	
	Family Home Evening		Yama 10:48AM – 12:08PM	Dhruva Until 6:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 8:08AM – 9:28AM	Gara Until 6:08AM Tue	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi Until 5:56PM</b>	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				<b>Ashvina•Aipasi</b>			

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 191 Vilamba 5120
	Meena Rasi: 17.34	Tithi 14	<b>Gulika</b> 12:08PM – 1:27PM	<b>Revati Until 4:44AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:50AM	
			Yama 9:29AM – 10:48AM	Vyaghata* Until 6:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 2:47PM – 4:06PM	Gara Until 6:08AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi* Until 6:09PM</b>	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				<b>Ashvina•Aipasi</b>			

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 28 Sutra 192 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:48AM – 12:07PM	<b>Ashvini Until 4:56AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM	
	Mesha Rasi: 0.35	Tithi 15 – 16	Yama 8:10AM – 9:29AM	Vajra* Until 3:25AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 26
	Routine Work	Marana Yoga	623652364 <b>Rahu</b> 12:07PM – 1:27PM	Visti Until 6:04AM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima* Until 5:47PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 29 Sutra 193 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:30AM – 10:49AM	<b>Bharani Until 4:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:52AM	
	Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:52AM – 8:11AM	Siddhi Until 1:27AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	623652364 <b>Rahu</b> 1:26PM – 2:45PM	Taitila Until 4:21AM Fri	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama* Until 4:56PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyalipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy  
Sun 1  
Sutra 194

Mesha Rasi: 27.29 Tithi 17 - 18

624652364

Gulika

8:12AM - 9:30AM

Yama

2:44PM - 4:02PM

Rahu

10:49AM - 12:07PM

Krittika Until 3:40AM Sat

Vyatipata\* Until 11:11PM

Vanija Until 2:56AM Sat

Dvitiya Until 3:40PM

Ganesha: White

Sunrise: 6:54AM

Muruqa: Purple

Sunset: 5:21PM

Nataraja: Clear

Moon - White

Sivaloka Day

Ashvina•Aipasi

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy  
Sun 2  
Sutra 195

Vrishabha Rasi: 11.15 Tithi 18 - 19

624652364

Gulika

6:55AM - 8:13AM

Yama

1:25PM - 2:43PM

Rahu

9:31AM - 10:49AM

Rohini Until 2:50AM Sun

Variyan Until 8:42PM

Bava Until 1:17AM Sun

Tritiya Until 2:07PM

Ganesha: Clear

Sunrise: 6:56AM

Muruqa: Purple

Sunset: 5:19PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Ashvina•Aipasi

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 3  
Sutra 196

Vrishabha Rasi: 25.1 Tithi 19 - 20

624652364

Gulika

2:42PM - 4:00PM

Yama

12:07PM - 1:25PM

Rahu

4:00PM - 5:18PM

Mrigashira Until 1:44AM Mon

Parigha\* Until 6:06PM

Kaulava Until 11:29PM

Chaturthi\* Until 12:23PM

Ganesha: Clear

Sunrise: 6:56AM

Muruqa: Purple

Sunset: 5:18PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Ashvina•Aipasi

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy  
Sun 4  
Sutra 197

Mithuna Rasi: 9.09 Tithi 20 - 21

624652364

Gulika

1:24PM - 2:42PM

Yama

10:50AM - 12:07PM

Rahu

8:15AM - 9:32AM

Ardra Until 12:23AM Tue

Shiva Until 3:25PM

Gara Until 9:35PM

Panchami Until 10:31AM

Ganesha: Clear

Sunrise: 6:58AM

Muruqa: Purple

Sunset: 5:16PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Ashvina•Aipasi

Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy  
Sun 5  
Sutra 198

Mithuna Rasi: 23.11 Tithi 21 - 22

624652364

Gulika

12:07PM - 1:24PM

Yama

9:33AM - 10:50AM

Rahu

2:41PM - 3:58PM

Punarvasu Until 11:17PM

Siddha Until 12:40PM

Visti Until 7:38PM

Shashthi\* Until 8:36AM

Ganesha: Purple

Sunrise: 6:59AM

Muruqa: Purple

Sunset: 5:15PM

Nataraja: Clear

Moon - Blue

Sivaloka Day

Ashvina•Aipasi

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Milan, Italy  
Sun 6  
Sutra 199

Kataka Rasi: 7.15 Tithi 22 - 23

624662364

Gulika

10:50AM - 12:07PM

Yama

8:17AM - 9:34AM

Rahu

12:07PM - 1:23PM

Pushya Until 10:01PM

Sadhya Until 9:55AM

Kaulava Until 4:39AM Thu

Saptami Until 6:38AM

Ganesha: Purple

Sunrise: 7:00AM

Muruqa: Clear

Sunset: 5:13PM

Nataraja: Clear

Moon - Blue

Subha Sivaloka Day

Ashvina•Aipasi

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sun 7  
Sutra 200

Kataka Rasi: 21.2 Tithi 24

624662364

Gulika

9:34AM - 10:51AM

Yama

7:02AM - 8:18AM

Rahu

1:23PM - 2:39PM

Ashlesha\* Until 8:36PM

Subha Until 7:09AM

Taitila Until 3:41PM

Navami\* Until 2:40AM Fri

Ganesha: Purple

Sunrise: 7:02AM

Muruqa: Clear

Sunset: 5:12PM

Nataraja: Clear

Moon - Blue

Subha Sivaloka Day

Ashvina•Aipasi

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Milan, Italy Sutra 201 Vilamba 5120
Simha Rasi: 5.25	Tithi 25	<b>Gulika</b> 8:19AM – 9:35AM	<b>Magha* Until 7:29PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:03AM	Sun 8
		Yama 2:39PM – 3:54PM	Brahma Until 1:34AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 28
		654662364 <b>Rahu</b> 10:51AM – 12:07PM	Vanija Until 1:42PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 12:42AM Sat</b>	Moon – Red		<b>Sivaloka Day</b>
Until 7:29PM				<b>Ashvina•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Milan, Italy Sutra 202 Vilamba 5120
Simha Rasi: 19.29	Tithi 26	<b>Gulika</b> 7:05AM – 8:20AM	<b>Purvaphalguni Until 6:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:05AM	Sun 9
		Yama 1:22PM – 2:38PM	Indra Until 10:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 9:36AM – 10:51AM	Bava Until 11:45AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 10:46PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 6:14PM				<b>Ashvina•Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Milan, Italy Sutra 203 Vilamba 5120
Kanya Rasi: 3.31	Tithi 27	<b>Gulika</b> 2:37PM – 3:52PM	<b>Uttaraphalguni Until 4:57PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:06AM	Sun 10
		Yama 12:07PM – 1:22PM	Vaidhriti* Until 8:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 3:52PM – 5:07PM	Kaulava Until 9:52AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 8:57PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 4:07PM				<b>Ashvina•Aipasi</b>		
Then Routine Work - Prabararishta Yoga						

<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Milan, Italy Sutra 204 Vilamba 5120
Kanya Rasi: 17.29	Tithi 28	<b>Gulika</b> 1:22PM – 2:36PM	<b>Hasta Until 4:07PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:07AM	Sun 11
<b>Family Home Evening</b>		Yama 10:52AM – 12:07PM	Vishkambha* Until 5:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
Creative Work	Siddha Yoga	664762364 <b>Rahu</b> 8:22AM – 9:37AM	Gara Until 8:07AM	<b>Nataraja:</b> Clear		2nd Phase
Until 4:07PM			<b>Trayodashi* Until 7:19PM</b>	Moon – Green		<b>Devaloka Day</b>
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Ashvina•Aipasi</b>		

<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sutra 205 Vilamba 5120
Tula Rasi: 1.17	Tithi 29 – 30	<b>Gulika</b> 12:07PM – 1:21PM	<b>Chitra Until 3:24PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:09AM	Sun 12
		Yama 9:38AM – 10:52AM	Priti Until 3:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 2:36PM – 3:50PM	Visti Until 6:37AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:58PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>		
		<b>Deepavali Hindu Solidarity Day</b>				

<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Milan, Italy Sutra 206 Vilamba 5120
Tula Rasi: 14.54	Tithi 30 – 1	<b>Gulika</b> 10:53AM – 12:07PM	<b>Svati Until 2:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:10AM	Sun 13
		Yama 8:24AM – 9:39AM	Ayushman Until 1:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
		765762364 <b>Rahu</b> 12:07PM – 1:21PM	Kintughna Until 4:46AM Thu	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:02PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Ashvina•Aipasi</b>		

<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sutra 207 Vilamba 5120
Tula Rasi: 28.15	Tithi 1 – 2	<b>Gulika</b> 9:39AM – 10:53AM	<b>Vishakha Until 3:16PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:12AM	Sun 14
		Yama 7:12AM – 8:25AM	Saubhagya Until 11:50AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28
		775762364 <b>Rahu</b> 1:21PM – 2:35PM	Balava Until 4:39AM Fri	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 4:37PM</b>	Moon – Orange		<b>Sivaloka Day</b>
		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>		

<b>1</b>	<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau				Milan, Italy Sun 15 Sutra 208 Vilamba 5120
	Wrischika Rasi: 11.18	Tithi 2 – 3	<b>Gulika</b> 8:27AM – 9:40AM	<b>Anuradha</b> Until 4:02PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:13AM	
			Yama 2:34PM – 3:48PM	Sobhana Until 10:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 29
	Creative Work Siddha Yoga Until 4:02PM Then Routine Work - Marana Yoga	775762364	<b>Rahu</b> 10:54AM – 12:07PM	Taitila Until 5:12AM Sat Dvitiya Until 4:49PM	<b>Nataraja:</b> Clear Moon – Orange		3rd Phase <b>Sivaloka Day</b> Kartika-Aipasi

<b>2</b>	<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau				Milan, Italy Sun 16 Sutra 209 Vilamba 5120
	Wrischika Rasi: 24.01	Tithi 3 – 4	<b>Gulika</b> 7:14AM – 8:28AM	<b>Jyeshtha*</b> Until 5:18PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:14AM	
			Yama 1:20PM – 2:33PM	Athiganda* Until 10:08AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
	Creative Work Siddha Yoga	775762364	<b>Rahu</b> 9:41AM – 10:54AM	Vanija Until 6:25AM Sun Tritiya Until 5:42PM	<b>Nataraja:</b> Clear Moon – Orange		3rd Phase <b>Sivaloka Day</b> Kartika-Aipasi

<b>3</b>	<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau				Milan, Italy Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 6.26	Tithi 4	<b>Gulika</b> 2:33PM – 3:46PM	<b>Mula*</b> Until 7:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:16AM	
			Yama 12:07PM – 1:20PM	Sukarma Until 10:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29
	Creative Work Amrita Yoga Until 7:31PM Then Creative Work - Siddha Yoga	785762364	<b>Rahu</b> 3:46PM – 4:59PM	Vanija Until 6:25AM Chaturthi* Until 7:15PM	<b>Nataraja:</b> Clear Moon – Light Blue		3rd Phase <b>Sivaloka Day</b> Kartika-Aipasi

<b>4</b>	<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 18.36	Tithi 5	<b>Gulika</b> 1:20PM – 2:32PM	<b>Purvashadha*</b> Until 10:08PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM	
	Family Home Evening		Yama 10:55AM – 12:07PM	Dhriti Until 10:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29
	Routine Work Marana Yoga	785762364	<b>Rahu</b> 8:30AM – 9:42AM	Bava Until 8:17AM Panchami Until 9:23PM	<b>Nataraja:</b> Clear Moon – Light Blue		3rd Phase <b>Sivaloka Day</b> Kartika-Aipasi

<b>5</b>	<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Milan, Italy Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 0.33	Tithi 6	<b>Gulika</b> 12:07PM – 1:20PM	<b>Uttarashadha</b> Until 12:58AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	
			Yama 9:43AM – 10:55AM	Shula* Until 11:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 29
	Routine Work Prabalarishta Yoga Until 12:58AM Wed Then Creative Work - Siddha Yoga	785762364	<b>Rahu</b> 2:32PM – 3:44PM	Kaulava Until 10:38AM Shashthi* Until 11:55PM	<b>Nataraja:</b> Clear Moon – Light Blue		3rd Phase <b>Sivaloka Day</b> Kartika-Aipasi

<b>6</b>	<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 12.23	Tithi 7	<b>Gulika</b> 10:56AM – 12:08PM	<b>Shravana</b> Until 4:16AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:20AM	
			Yama 8:32AM – 9:44AM	Ganda* Until 12:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 29
	Creative Work Siddha Yoga	795762364	<b>Rahu</b> 12:08PM – 1:20PM	Gara Until 1:18PM Saptami Until 2:38AM Thu	<b>Nataraja:</b> Clear Moon – Purple		3rd Phase <b>Subha Sivaloka Day</b> Kartika-Aipasi

<b>D</b>	<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy Sun 21 Sutra 214 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 9:45AM – 10:56AM	<b>Dhanishtha</b> Until 7:18AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:21AM	
	Makara Rasi: 24.1	Tithi 8	Yama 7:21AM – 8:33AM	Vridhhi Until 1:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 29
	Creative Work Siddha Yoga	795762364	<b>Rahu</b> 1:19PM – 2:31PM	Visti Until 3:59PM Ashtami* Until 5:13AM Fri	<b>Nataraja:</b> Clear Moon – Purple		Ashtami <b>Subha Sivaloka Day</b> Kartika-Aipasi

<b>D</b>	<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau				Milan, Italy Sun 22 Sutra 215 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:34AM – 9:45AM	<b>Dhanishtha</b> Until 7:18AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:23AM	
	Kumbha Rasi: 6.01	Tithi 9	Yama 2:31PM – 3:42PM	Dhruva Until 1:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 29
	Creative Work Siddha Yoga	795762364	<b>Rahu</b> 10:57AM – 12:08PM	Balava Until 6:25PM Navami* Until 7:27AM Sat	<b>Nataraja:</b> Clear Moon – Purple		Navami <b>Subha Sivaloka Day</b> Kartika-Kartikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Milan, Italy
Kumbha Rasi: 18	Tithi 9 – 10	<b>Gulika</b> 7:24AM – 8:35AM	<b>Shatabhishak</b> <b>Until 9:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:24AM	Sun 23	Sutra 216	Vilamba 5120
		Yama 1:19PM – 2:30PM	Vyaghata* <b>Until 2:29PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM			Moon 10 - Phase 30
		796762365 <b>Rahu</b> 9:46AM – 10:57AM	Taitila <b>Until 8:23PM</b>	<b>Nataraja:</b> White				4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 7:27AM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 9:47AM				<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy
Meena Rasi: 0.13	Tithi 10 – 11	<b>Gulika</b> 2:30PM – 3:41PM	<b>Purvaprosarthapada*</b> <b>Until 12:02PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:25AM	Sun 24	Sutra 217	Vilamba 5120
		Yama 12:08PM – 1:19PM	Harshana <b>Until 2:32PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 3:41PM – 4:51PM	Vanija <b>Until 9:41PM</b>	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:06AM</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 12:02PM				<b>Karttika-Karttikai</b>				
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy
Meena Rasi: 12.43	Tithi 11 – 12	<b>Gulika</b> 1:19PM – 2:30PM	<b>Uttaraprosarthapada</b> <b>Until 1:25PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:27AM	Sun 25	Sutra 218	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:58AM – 12:09PM	Vajra* <b>Until 2:00PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 8:37AM – 9:48AM	Bava <b>Until 10:15PM</b>	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:02AM</b>	Moon – Clear			<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>				

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy
Meena Rasi: 25.34	Tithi 12 – 13	<b>Gulika</b> 12:09PM – 1:19PM	<b>Revati</b> <b>Until 1:56PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:28AM	Sun 26	Sutra 219	Vilamba 5120
		Yama 9:48AM – 10:59AM	Siddhi <b>Until 12:53PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 2:29PM – 3:39PM	Kaulava <b>Until 10:03PM</b>	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 10:13AM</b>	Moon – Clear			<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy
Mesha Rasi: 8.48	Tithi 13 – 14	<b>Gulika</b> 10:59AM – 12:09PM	<b>Ashvini</b> <b>Until 2:03PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:29AM	Sun 27	Sutra 220	Vilamba 5120
		Yama 8:39AM – 9:49AM	Vyailpata* <b>Until 11:13AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 12:09PM – 1:19PM	Gara <b>Until 9:10PM</b>	<b>Nataraja:</b> White				4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 9:40AM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 2:03PM				<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Siddha Yoga								

<b>○</b>		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:50AM – 11:00AM	<b>Bharani</b> <b>Until 1:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:31AM	Sun 28	Sutra 221	Vilamba 5120
Mesha Rasi: 22.24	Tithi 14 – 15	Yama 7:31AM – 8:40AM	Varyan <b>Until 9:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 1:19PM – 2:29PM	Visti <b>Until 7:40PM</b>	<b>Nataraja:</b> White				Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:28AM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 1:23PM		<b>Krittika Deepam</b>		<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Milan, Italy
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:41AM – 9:51AM	<b>Krittika</b> <b>Until 12:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:32AM	Sun 29	Sutra 222	Vilamba 5120
Vrishabha Rasi: 6.2	Tithi 15 – 16	Yama 2:28PM – 3:38PM	Parigha* <b>Until 6:25AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 11:00AM – 12:10PM	Kaulava <b>Until 4:34AM Sat</b>	<b>Nataraja:</b> White				Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 6:43AM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 12:05PM		<b>Vinayaga Viratam Begins</b>		<b>Karttika-Karttikai</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sutra 223

Vilamba 5120

Vrishabha Rasi: 20.31 Tithi 17

737762365

**Gulika** 7:33AM – 8:42AM  
**Yama** 1:19PM – 2:28PM  
**Rahu** 9:52AM – 11:01AM

**Rohini Until 10:42AM**  
Siddha Until 12:19AM Sun  
Taitila Until 3:25PM  
**Dvitiya Until 2:10AM Sun**

**Ganesha:** Red *Sunrise:* 7:33AM

**Muruqa:** Clear *Sunset:* 4:47PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy

Sutra 224

Vilamba 5120

Mithuna Rasi: 4.53 Tithi 18

737762365

**Gulika** 2:28PM – 3:37PM  
**Yama** 12:10PM – 1:19PM  
**Rahu** 3:37PM – 4:46PM

**Mrigashira Until 8:56AM**  
Sadhya Until 9:02PM  
Vanija Until 12:55PM  
**Tritiya Until 11:37PM**

**Ganesha:** Red *Sunrise:* 7:35AM

**Muruqa:** Clear *Sunset:* 4:46PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturtham Titau

Milan, Italy

Sutra 225

Vilamba 5120

Mithuna Rasi: 19.2 Tithi 19

737762365

**Gulika** 1:19PM – 2:28PM  
**Yama** 11:02AM – 12:11PM  
**Rahu** 8:45AM – 9:53AM

**Ardra Until 6:57AM**  
Subha Until 5:45PM  
Bava Until 10:21AM  
**Chaturthi\* Until 9:04PM**

**Ganesha:** Red *Sunrise:* 7:36AM

**Muruqa:** Clear *Sunset:* 4:45PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy

Sutra 226

Vilamba 5120

Kataka Rasi: 3.46 Tithi 20

747762365

**Gulika** 12:11PM – 1:19PM  
**Yama** 9:54AM – 11:02AM  
**Rahu** 2:28PM – 3:36PM

**Pushya Until 3:34AM Wed**  
Sukla Until 2:30PM  
Kaulava Until 7:50AM  
**Panchami Until 6:36PM**

**Ganesha:** Green *Sunrise:* 7:37AM

**Muruqa:** Clear *Sunset:* 4:45PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sutra 227

Vilamba 5120

Kataka Rasi: 18.06 Tithi 21 – 22

747862365

**Gulika** 11:03AM – 12:11PM  
**Yama** 8:47AM – 9:55AM  
**Rahu** 12:11PM – 1:19PM

**Ashlesha\* Until 1:55AM Thu**  
Brahma Until 11:23AM  
Visti Until 3:14AM Thu  
**Shashthi\* Until 4:17PM**

**Ganesha:** White *Sunrise:* 7:38AM

**Muruqa:** Clear *Sunset:* 4:44PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:55AM Thu

Then Creative Work - Amrita Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sutra 228

Vilamba 5120

Simha Rasi: 2.19 Tithi 22 – 23

757863365

**Gulika** 9:56AM – 11:04AM  
**Yama** 7:40AM – 8:48AM  
**Rahu** 1:20PM – 2:28PM

**Magha\* Until 12:46AM Fri**  
Indra Until 8:27AM  
Balava Until 1:17AM Fri  
**Saptami Until 2:12PM**

**Ganesha:** Clear *Sunrise:* 7:40AM

**Muruqa:** Purple *Sunset:* 4:44PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Red

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sutra 229

Vilamba 5120

Simha Rasi: 16.22 Tithi 23 – 24

757863365

**Gulika** 8:49AM – 9:56AM  
**Yama** 2:27PM – 3:35PM  
**Rahu** 11:04AM – 12:12PM

**Purvaphalguni Until 11:45PM**  
Vishkambha\* Until 3:08AM Sat  
Taitila Until 11:35PM  
**Ashtami\* Until 12:22PM**

**Ganesha:** Clear *Sunrise:* 7:41AM

**Muruqa:** Purple *Sunset:* 4:43PM

**Nataraja:** White Moon 11 - Phase 31

Moon – Red

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


<b>1</b>		<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 0.16	Tithi 24 – 25	758863365	<b>Gulika</b> 7:42AM – 8:49AM <b>Yama</b> 1:20PM – 2:27PM <b>Rahu</b> 9:57AM – 11:05AM	<b>Uttaraphalguni</b> Until 10:50PM Priti Until 12:50AM Sun Vanija Until 10:09PM <b>Navami*</b> Until 10:49AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:42AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:43PM <b>Nataraja:</b> White Moon – Red	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Routine Work Marana Yoga							

<b>2</b>		<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 13.59	Tithi 25 – 26	768863365	<b>Gulika</b> 2:27PM – 3:35PM <b>Yama</b> 12:13PM – 1:20PM <b>Rahu</b> 3:35PM – 4:42PM	<b>Hasta</b> Until 10:30PM Ayushman Until 10:43PM Bava Until 9:01PM <b>Dashami</b> Until 9:31AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:43AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:42PM <b>Nataraja:</b> White Moon – Green	<b>Bhuloka Day</b>	
Creative Work Amrita Yoga Until 10:30PM Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 9 Sutra 232 Vilamba 5120	
Kanya Rasi: 27.32	Tithi 26 – 27	768863365	<b>Gulika</b> 1:20PM – 2:28PM <b>Yama</b> 11:06AM – 12:13PM <b>Rahu</b> 8:51AM – 9:59AM	<b>Chitra</b> Until 10:20PM Saubhagya Until 8:52PM Kaulava Until 8:11PM <b>Ekadashi*</b> Until 8:32AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:44AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:42PM <b>Nataraja:</b> White Moon – Green	<b>Bhuloka Day</b>	
Family Home Evening Routine Work Prabalarishta Yoga Until 10:20PM Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 10.55	Tithi 27 – 28	768863365	<b>Gulika</b> 12:13PM – 1:21PM <b>Yama</b> 9:59AM – 11:06AM <b>Rahu</b> 2:28PM – 3:35PM	<b>Svati</b> Until 10:21PM Sobhana Until 7:17PM Gara Until 7:41PM <b>Dvadashi*</b> Until 7:52AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:45AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:42PM <b>Nataraja:</b> White Moon – Green	<b>Bhuloka Day</b>	
Creative Work Siddha Yoga Until 10:21PM Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 24.05	Tithi 28 – 29	778863365	<b>Gulika</b> 11:07AM – 12:14PM <b>Yama</b> 8:53AM – 10:00AM <b>Rahu</b> 12:14PM – 1:21PM	<b>Vishakha</b> Until 11:03PM Athiganda* Until 6:00PM Visti Until 7:36PM <b>Trayodashi*</b> Until 7:34AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:46AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:41PM <b>Nataraja:</b> White Moon – Orange	<b>Bhuloka Day</b>	
Creative Work Siddha Yoga							

		<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 12 Sutra 235 Vilamba 5120		
<b>Retreat Star</b>		Vrischika Rasi: 7.03	Tithi 29 – 30	778863365	<b>Gulika</b> 10:01AM – 11:08AM <b>Yama</b> 7:47AM – 8:54AM <b>Rahu</b> 1:21PM – 2:28PM	<b>Anuradha</b> Until 12:04AM Fri Sukarma Until 5:04PM Catuspada Until 7:59PM <b>Chaturdashi*</b> Until 7:42AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:47AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:41PM <b>Nataraja:</b> White Moon – Orange	<b>Bhuloka Day</b>
Creative Work Siddha Yoga Until 12:04AM Fri Then Routine Work - Marana Yoga								

<b>Friday, December 7, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukra Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Milan, Italy Sun 13 Sutra 236 Vilamba 5120	
Vrischika Rasi: 19.47	Tithi 30 – 1	779863365	<b>Gulika</b> 8:55AM – 10:02AM <b>Yama</b> 2:28PM – 3:34PM <b>Rahu</b> 11:08AM – 12:15PM	<b>Jyeshtha*</b> Until 1:25AM Sat Dhriti Until 4:33PM Kintughna Until 8:52PM <b>Amavasya*</b> Until 8:20AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:48AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:41PM <b>Nataraja:</b> White Moon – Orange	<b>Bhuloka Day</b>	
Routine Work Marana Yoga Until 1:25AM Sat Then Creative Work - Siddha Yoga		<b>Margasira-Karttikai</b>					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 14 Sutra 237 Vilamba 5120
Dhanus Rasi: 2.16	Tithi 1 – 2	<b>Gulika</b> 7:49AM – 8:56AM	<b>Mula* Until 3:36AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:49AM	
		Yama 1:22PM – 2:28PM	Shula* Until 4:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 10:02AM – 11:09AM	Balava Until 10:18PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 9:29AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 14.32	Tithi 2 – 3	<b>Gulika</b> 2:28PM – 3:35PM	<b>Purvashadha* Until 6:07AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:50AM	
		Yama 12:16PM – 1:22PM	Ganda* Until 4:41PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 3:35PM – 4:41PM	Taitila Until 12:15AM Mon	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 11:11AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 6:07AM Mon				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Triliya/Chaturthyam Titau		Milan, Italy Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 26.36	Tithi 3 – 4	<b>Gulika</b> 1:22PM – 2:28PM	<b>Purvashadha* Until 6:07AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:51AM	
<b>Family Home Evening</b>		Yama 11:10AM – 12:16PM	Vridhi Until 5:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 8:58AM – 10:04AM	Vanija Until 2:38AM Tue	<b>Nataraja:</b> White		3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 1:22PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 8.3	Tithi 4 – 5	<b>Gulika</b> 12:17PM – 1:23PM	<b>Uttarashadha Until 8:51AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	
		Yama 10:04AM – 11:10AM	Dhruva Until 6:10PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 2:29PM – 3:35PM	Bava Until 5:18AM Wed	<b>Nataraja:</b> White		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi* Until 3:55PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 8:51AM				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau		Milan, Italy Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 20.19	Tithi 5	<b>Gulika</b> 11:11AM – 12:17PM	<b>Shravana Until 12:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:53AM	
		Yama 8:59AM – 10:05AM	Vyaghata* Until 7:10PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 12:17PM – 1:23PM	Balava Until 6:40PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 6:40PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 12:08PM				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga						

<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Milan, Italy Sun 19 Sutra 242 Vilamba 5120
Kumbha Rasi: 2.05	Tithi 6	<b>Gulika</b> 10:06AM – 11:12AM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:54AM	
		Yama 7:54AM – 9:00AM	Harshana Until 8:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 1:23PM – 2:29PM	Kaulava Until 8:03AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:22PM</b>	Moon – Purple		<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM

Vinayaga Viratam Ends

<b>Friday, December 14, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Milan, Italy Sun 20 Sutra 243 Vilamba 5120
Kumbha Rasi: 13.55	Tithi 7	<b>Gulika</b> 9:01AM – 10:06AM	<b>Shatabhishak Until 6:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:55AM	
		Yama 2:30PM – 3:35PM	Vajra* Until 8:55PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 11:12AM – 12:18PM	Gara Until 10:40AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 11:49PM</b>	Moon – Purple		<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM

<b>Saturday, December 15, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Milan, Italy Sun 21 Sutra 244 Vilamba 5120
Kumbha Rasi: 25.52	Tithi 8	<b>Gulika</b> 7:56AM – 9:01AM	<b>Purvaproshtapada* Until 8:45PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:56AM	
		Yama 1:24PM – 2:30PM	Siddhi Until 9:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 33
		711863365 <b>Rahu</b> 10:07AM – 11:13AM	Visti Until 12:53PM	<b>Nataraja:</b> White		Ashtami
Routine Work	Marana Yoga		<b>Ashtami* Until 1:45AM Sun</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 8:45PM				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>Sunday, December 16, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Milan, Italy Sun 22 Sutra 245 Vilamba 5120
Meena Rasi: 8.03	Tithi 9	<b>Gulika</b> 2:30PM – 3:36PM	<b>Uttaraproshtapada Until 10:38PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:56AM	
		Yama 12:19PM – 1:25PM	Vyatipata* Until 9:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 33
		811863365 <b>Rahu</b> 3:36PM – 4:42PM	Balava Until 2:30PM	<b>Nataraja:</b> White		Navami
Creative Work	Amrita Yoga		<b>Navami* Until 3:01AM Mon</b>	Moon – Clear		<b>Bhuloka Day</b>
		<b>Markali Pillaiyar</b>		<b>Margasira-Markali</b>		

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Milan, Italy Sutra 246 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:25PM – 2:31PM	<b>Revati Until 11:38PM</b>	
Meena Rasi: 20.31	Tithi 10	Yama 11:14AM – 12:19PM	Variyan Until 8:38PM	
<b>Family Home Evening</b>	811863365	<b>Rahu</b> 9:03AM – 10:08AM	Taitila Until 3:22PM	
Creative Work	Siddha Yoga		<b>Dashami Until 3:29AM Tue</b>	
			<b>Ganesha: Purple</b> Sunrise: 7:57AM	
			<b>Muruqa: Purple</b> Sunset: 4:42PM	
			<b>Nataraja: White</b>	
			Moon – Clear	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	

<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Milan, Italy Sutra 247 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:20PM – 1:26PM	<b>Ashvini Until 12:09AM Wed</b>	
Mesha Rasi: 3.21	Tithi 11	Yama 10:09AM – 11:14AM	Parigha* Until 7:21PM	
<b>Family Home Evening</b>	821863365	<b>Rahu</b> 2:31PM – 3:37PM	Vanija Until 3:26PM	
Creative Work	Siddha Yoga		<b>Ekadashi Until 3:08AM Wed</b>	
		<b>Gita Jayanthi</b>	<b>Ganesha: Clear</b> Sunrise: 7:58AM	
			<b>Muruqa: Purple</b> Sunset: 4:42PM	
			<b>Nataraja: White</b>	
			Moon – White	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>

<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Milan, Italy Sutra 248 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:15AM – 12:20PM	<b>Bharani Until 11:43PM</b>	
Mesha Rasi: 16.35	Tithi 12	Yama 9:04AM – 10:09AM	Shiva Until 5:26PM	
<b>Family Home Evening</b>	821863365	<b>Rahu</b> 12:20PM – 1:26PM	Bava Until 2:40PM	
Creative Work	Siddha Yoga		<b>Dvadashi Until 1:59AM Thu</b>	
Until 11:43PM			<b>Ganesha: Clear</b> Sunrise: 7:58AM	
Then Creative Work - Amrita Yoga			<b>Muruqa: Purple</b> Sunset: 4:43PM	
			<b>Nataraja: White</b>	
			Moon – White	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>

<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Milan, Italy Sutra 249 Vilamba 5120
<b>4</b>		<b>Gulika</b> 10:10AM – 11:15AM	<b>Krittika Until 10:28PM</b>	
Vrishabha Rasi: 0.17	Tithi 13	Yama 7:59AM – 9:04AM	Siddha Until 2:56PM	
<b>Family Home Evening</b>	821863365	<b>Rahu</b> 1:26PM – 2:32PM	Kaulava Until 1:09PM	
Routine Work	Marana Yoga		<b>Trayodashi Until 12:08AM Fri</b>	
			<b>Ganesha: Clear</b> Sunrise: 7:59AM	
			<b>Muruqa: Purple</b> Sunset: 4:43PM	
			<b>Nataraja: White</b>	
			Moon – White	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>
			<i>Pradosha Vrata</i>	

<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Milan, Italy Sutra 250 Vilamba 5120
<b>5</b>		<b>Gulika</b> 9:05AM – 10:10AM	<b>Rohini Until 8:54PM</b>	
Vrishabha Rasi: 14.23	Tithi 14	Yama 2:32PM – 3:38PM	Sadhya Until 11:56AM	
<b>Family Home Evening</b>	831863365	<b>Rahu</b> 11:16AM – 12:21PM	Gara Until 11:00AM	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 9:43PM</b>	
Until 8:54PM		<b>Day 1 of Pancha Ganapati</b>	<b>Ganesha: White</b> Sunrise: 8:00AM	
Then Creative Work - Siddha Yoga			<b>Muruqa: Purple</b> Sunset: 4:43PM	
			<b>Nataraja: White</b>	
			Moon – Yellow	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	

<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Milan, Italy Sutra 251 Vilamba 5120
<b>6</b>		<b>Gulika</b> 8:00AM – 9:06AM	<b>Mrigashira Until 6:47PM</b>	
Vrishabha Rasi: 28.5	Tithi 15	Yama 1:27PM – 2:33PM	Subha Until 8:32AM	
<b>Family Home Evening</b>	831963365	<b>Rahu</b> 10:11AM – 11:17AM	Visti Until 8:21AM	
Creative Work	Siddha Yoga		<b>Purnima* Until 6:52PM</b>	
		<b>Day 2 of Pancha Ganapati</b>	<b>Ganesha: Yellow</b> Sunrise: 8:00AM	
			<b>Muruqa: Purple</b> Sunset: 4:44PM	
			<b>Nataraja: White</b>	
			Moon – Yellow	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	<b>Devaloka Time: 9:AM to 12:PM</b>

<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Milan, Italy Sutra 252 Vilamba 5120
<b>7</b>		<b>Gulika</b> 2:34PM – 3:39PM	<b>Ardra Until 4:15PM</b>	
Mithuna Rasi: 13.34	Tithi 16 – 17	Yama 12:23PM – 1:28PM	Brahma Until 1:00AM Mon	
<b>Family Home Evening</b>	831963365	<b>Rahu</b> 3:39PM – 4:44PM	Taitila Until 2:09AM Mon	
Creative Work	Siddha Yoga		<b>Prathama* Until 3:45PM</b>	
		<b>Day 3 of Pancha Ganapati</b>	<b>Ganesha: Yellow</b> Sunrise: 8:01AM	
		<b>Ardra Darshanam</b>	<b>Muruqa: Purple</b> Sunset: 4:44PM	
			<b>Nataraja: White</b>	
			Moon – Yellow	<b>Bhuloka Day</b>
			<b>Margasira-Markali</b>	<b>Devaloka Time: 9:AM to 12:PM</b>

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Milan, Italy  
Sun 1  
Sutra 253  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

Mithuna Rasi: 28.26 Tithi 17 - 18  
Family Home Evening 841963365  
Creative Work Amrita Yoga  
Until 1:53PM  
Then Creative Work - Siddha Yoga

Gulika 1:29PM - 2:34PM  
Yama 11:17AM - 12:23PM  
Rahu 9:06AM - 10:12AM  
Day 4 of Pancha Ganapati  
Dvitiya Until 12:31PM

Ganesha: Blue Sunrise: 8:01AM  
Muruga: Purple Sunset: 4:45PM  
Nataraja: White  
Moon - Blue  
Margasira-Markali  
Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy  
Sun 2  
Sutra 254  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

Kataka Rasi: 13.19 Tithi 18 - 19  
842963365  
Creative Work Siddha Yoga

Gulika 12:24PM - 1:29PM  
Yama 10:12AM - 11:18AM  
Rahu 2:35PM - 3:40PM  
Day 5 of Pancha Ganapati  
Tritiya Until 9:19AM

Ganesha: Yellow Sunrise: 8:01AM  
Muruga: Purple Sunset: 4:46PM  
Nataraja: White  
Moon - Blue  
Margasira-Markali  
Devaloka Time: 6:AM to 9:AM  
Bhuloka Day

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 3  
Sutra 255  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

Kataka Rasi: 28.05 Tithi 19 - 20  
842963366  
Creative Work Siddha Yoga

Gulika 11:18AM - 12:24PM  
Yama 9:07AM - 10:13AM  
Rahu 12:24PM - 1:30PM  
Ashlesha\* Until 8:59AM  
Vishkambha\* Until 1:39PM  
Taitila Until 3:31AM Thu  
Chaturthi\* Until 6:16AM

Ganesha: Yellow Sunrise: 8:02AM  
Muruga: Purple Sunset: 4:46PM  
Nataraja: Green  
Moon - Blue  
Margasira-Markali  
Devaloka Time: 6:AM to 9:AM  
Bhuloka Day

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy  
Sun 4  
Sutra 256  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

Simha Rasi: 12.38 Tithi 21  
852963366  
Creative Work Amrita Yoga  
Until 7:08AM  
Then Creative Work - Siddha Yoga

Gulika 10:13AM - 11:19AM  
Yama 8:02AM - 9:08AM  
Rahu 1:30PM - 2:36PM  
Magha\* Until 7:08AM  
Priti Until 10:17AM  
Gara Until 2:18PM  
Shashthi\* Until 1:10AM Fri

Ganesha: Blue Sunrise: 8:02AM  
Muruga: Purple Sunset: 4:47PM  
Nataraja: Green  
Moon - Red  
Margasira-Markali  
Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saplamyam Titau

Milan, Italy  
Sun 5  
Sutra 257  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

Simha Rasi: 26.55 Tithi 22  
852963366  
Creative Work Siddha Yoga  
Until 4:17AM Sat  
Then Routine Work - Marana Yoga

Gulika 9:08AM - 10:14AM  
Yama 2:36PM - 3:42PM  
Rahu 11:19AM - 12:25PM  
Uttaraphalguni Until 4:17AM Sat  
Ayushman Until 7:14AM  
Visti Until 12:10PM  
Saptami Until 11:16PM

Ganesha: Blue Sunrise: 8:02AM  
Muruga: Purple Sunset: 4:48PM  
Nataraja: Green  
Moon - Red  
Margasira-Markali  
Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sun 6  
Sutra 258  
Vilamba 5120  
Moon 12 - Phase 35  
Ashtami

Kanya Rasi: 10.53 Tithi 23  
862963366  
Routine Work Marana Yoga  
Until 3:50AM Sun  
Then Creative Work - Siddha Yoga

Gulika 8:02AM - 9:08AM  
Yama 1:31PM - 2:37PM  
Rahu 10:14AM - 11:20AM  
Hasta Until 3:50AM Sun  
Sobhana Until 2:22AM Sun  
Balava Until 10:32AM  
Ashtami\* Until 9:54PM

Ganesha: Red Sunrise: 8:02AM  
Muruga: Purple Sunset: 4:49PM  
Nataraja: Green  
Moon - Green  
Margasira-Markali  
Devaloka Time: 6:AM to 9:AM  
Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sun 7  
Sutra 259  
Vilamba 5120  
Moon 12 - Phase 35  
Navami

Kanya Rasi: 24.32 Tithi 24  
862963366  
Creative Work Siddha Yoga  
Until 3:46AM Mon  
Then Creative Work - Amrita Yoga

Gulika 2:38PM - 3:44PM  
Yama 12:26PM - 1:32PM  
Rahu 3:44PM - 4:49PM  
Chitra Until 3:46AM Mon  
Athiganda\* Until 12:33AM Mon  
Taitila Until 9:26AM  
Navami\* Until 9:04PM

Ganesha: Red Sunrise: 8:03AM  
Muruga: Purple Sunset: 4:49PM  
Nataraja: Green  
Moon - Green  
Margasira-Markali  
Devaloka Time: 6:AM to 9:AM  
Bhuloka Day

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Milan, Italy Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:32PM – 2:38PM	<b>Svati</b> Until 4:03AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:03AM	
Tula Rasi: 7.53	Tithi 25	Yama 11:21AM – 12:27PM	Sukarma Until 11:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 9:09AM – 10:15AM	Vanija Until 8:52AM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Dashami</b> Until 8:45PM	Moon – Green	<b>Bhuloka Day</b>	
Until 4:03AM Tue				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Milan, Italy Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:27PM – 1:33PM	<b>Vishakha</b> Until 5:08AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:03AM	
Tula Rasi: 20.58	Tithi 26	Yama 10:15AM – 11:21AM	Dhriti Until 10:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 36
	872963366	<b>Rahu</b> 2:39PM – 3:45PM	Bava Until 8:49AM	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga			<b>Ekadashi*</b> Until 8:58PM	Moon – Orange	<b>Bhuloka Day</b>	
Until 5:08AM Wed				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Milan, Italy Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:21AM – 12:27PM	<b>Anuradha</b> Until 6:31AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:03AM	
Vrischika Rasi: 3.47	Tithi 27	Yama 9:09AM – 10:15AM	Shula* Until 9:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 36
	872963366	<b>Rahu</b> 12:27PM – 1:34PM	Kaulava Until 9:17AM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi*</b> Until 9:40PM	Moon – Orange	<b>Bhuloka Day</b>	
Until 6:31AM Thu				<b>Margasira*Markali</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 10:15AM – 11:22AM	<b>Anuradha</b> Until 6:31AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:03AM	
Vrischika Rasi: 16.23	Tithi 28	Yama 8:03AM – 9:09AM	Ganda* Until 9:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 36
	872963366	<b>Rahu</b> 1:34PM – 2:40PM	Gara Until 10:13AM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga			<b>Trayodashi*</b> Until 10:51PM	Moon – Orange	<b>Bhuloka Day</b>	
Until 6:31AM				<b>Margasira*Markali</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Milan, Italy Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 9:09AM – 10:16AM	<b>Jyeshtha*</b> Until 8:12AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:03AM	
Vrischika Rasi: 28.47	Tithi 29	Yama 2:41PM – 3:48PM	Vriddhi Until 9:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 36
	872963366	<b>Rahu</b> 11:22AM – 12:28PM	Visti Until 11:37AM	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga			<b>Chaturdashi*</b> Until 12:28AM Sat	Moon – Orange	<b>Bhuloka Day</b>	
Until 8:12AM				<b>Margasira*Markali</b>		
Then Creative Work - Amrita Yoga						

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Milan, Italy Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:03AM – 9:09AM	<b>Mula*</b> Until 10:36AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:03AM	
Dhanus Rasi: 11	Tithi 30	Yama 1:35PM – 2:42PM	Dhruva Until 9:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36
	882963366	<b>Rahu</b> 10:16AM – 11:22AM	Catuspada Until 1:27PM	<b>Nataraja:</b> Green		Amavasya
Creative Work Siddha Yoga			<b>Amavasya*</b> Until 2:29AM Sun	Moon – Light Blue	<b>Bhuloka Day</b>	
		<b>Subramuniyaswami Jayanti</b>		<b>Margasira*Markali</b>		

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Milan, Italy Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:43PM – 3:49PM	<b>Purvashadha*</b> Until 1:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:03AM	
Dhanus Rasi: 23.04	Tithi 1	Yama 12:29PM – 1:36PM	Vyaghata* Until 10:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36
	882973366	<b>Rahu</b> 3:49PM – 4:56PM	Kintughna Until 3:39PM	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> Until 4:50AM Mon	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 1:13PM		<b>Partial Solar Eclipse</b>		<b>Pausha*Markali</b>	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Milan, Italy Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 4.59 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 3:56PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:37PM – 2:43PM Yama 11:23AM – 12:30PM <b>Rahu</b> 9:09AM – 10:16AM	<b>Uttarashadha</b> Until 3:56PM Harshana Until 11:09PM Balava Until 6:09PM Dvitiya Until 7:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue Sunrise: 8:03AM Sunset: 4:57PM
			<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	Moon 12 - Phase 37 3rd Phase

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 16.5 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:30PM – 1:37PM Yama 10:16AM – 11:23AM <b>Rahu</b> 2:44PM – 3:51PM	<b>Shravana</b> Until 7:12PM Vajra* Until 12:06AM Wed Taitila Until 8:50PM Dvitiya Until 7:27AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple Sunrise: 8:02AM Sunset: 4:58PM
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Milan, Italy Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Makara Rasi: 28.37 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 10:22PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:24AM – 12:31PM Yama 9:09AM – 10:16AM <b>Rahu</b> 12:31PM – 1:38PM	<b>Dhanishtha</b> Until 10:22PM Siddhi Until 1:06AM Thu Vanija Until 11:36PM Tritiya Until 10:12AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple Sunrise: 8:02AM Sunset: 4:59PM
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 10.25 Tithi 4 – 5 Creative Work Siddha Yoga	<b>Gulika</b> 10:16AM – 11:24AM Yama 8:02AM – 9:09AM <b>Rahu</b> 1:38PM – 2:46PM	<b>Shatabhishak</b> Until 1:16AM Fri Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri Chaturthi* Until 12:55PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple Sunrise: 8:02AM Sunset: 5:00PM
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Milan, Italy Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 22.15 Tithi 5 – 6 Creative Work Siddha Yoga	<b>Gulika</b> 9:09AM – 10:16AM Yama 2:47PM – 3:54PM <b>Rahu</b> 11:24AM – 12:31PM	<b>Purvaproshtapada*</b> Until 4:14AM Sat Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat Panchami Until 3:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear Sunrise: 8:01AM Sunset: 5:02PM
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 4.12 Tithi 6 – 7 Creative Work Siddha Yoga Until 6:37AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:01AM – 9:09AM Yama 1:40PM – 2:47PM <b>Rahu</b> 10:16AM – 11:24AM	<b>Uttaraproshtapada</b> Until 6:37AM Sun Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun Shashthi* Until 5:37PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear Sunrise: 8:01AM Sunset: 5:03PM
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Milan, Italy Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:48PM – 3:56PM Yama 12:32PM – 1:40PM <b>Rahu</b> 3:56PM – 5:04PM	<b>Uttaraproshtapada</b> Until 6:37AM Shiva Until 3:02AM Mon Gara Until 6:32AM Saptami Until 7:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear Sunrise: 8:01AM Sunset: 5:04PM
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Milan, Italy Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:41PM – 2:49PM Yama 11:25AM – 12:33PM <b>Rahu</b> 9:08AM – 10:16AM	<b>Revati</b> Until 8:14AM Siddha Until 2:23AM Tue Visti Until 7:49AM Ashtami* Until 8:10PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear Sunrise: 8:00AM Sunset: 5:05PM
			<b>Devaloka Day</b>	Moon 12 - Phase 37 Ashtami

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Milan, Italy Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:33PM – 1:41PM Yama 10:16AM – 11:25AM <b>Rahu</b> 2:50PM – 3:58PM	<b>Ashvini</b> Until 9:28AM Sadhya Until 1:08AM Wed Balava Until 8:21AM Navami* Until 8:18PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White Sunrise: 8:00AM Sunset: 5:06PM
			<b>Sivaloka Day</b>	Moon 12 - Phase 37 Navami


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Milan, Italy Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 24.35	Tithi 10	<b>Gulika</b> 11:25AM – 12:33PM	<b>Bharani Until 9:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:59AM		
		Yama 9:08AM – 10:16AM	Subha Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM		Moon 12 - Phase 38
	823173366	<b>Rahu</b> 12:33PM – 1:42PM	Taitila Until 8:04AM	<b>Nataraja:</b> Green			4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:36PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 9:43AM				<b>Pausha*Thai</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Milan, Italy Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 8.09	Tithi 11	<b>Gulika</b> 10:16AM – 11:25AM	<b>Krittika Until 9:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:58AM		
		Yama 7:58AM – 9:07AM	Sukla Until 8:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM		Moon 12 - Phase 38
	823173366	<b>Rahu</b> 1:43PM – 2:51PM	Vanija Until 6:57AM	<b>Nataraja:</b> Green			4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 6:05PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>3</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 22.11	Tithi 12 – 13	<b>Gulika</b> 9:07AM – 10:16AM	<b>Rohini Until 7:54AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:58AM		
		Yama 2:52PM – 4:01PM	Brahma Until 5:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM		Moon 12 - Phase 38
	833173366	<b>Rahu</b> 11:25AM – 12:34PM	Kaulava Until 2:33AM Sat	<b>Nataraja:</b> Green			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 3:52PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 7:54AM				<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 6.4	Tithi 13 – 14	<b>Gulika</b> 7:57AM – 9:06AM	<b>Mrigashira Until 6:00AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:57AM		
		Yama 1:44PM – 2:53PM	Indra Until 2:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM		Moon 12 - Phase 38
	833173366	<b>Rahu</b> 10:16AM – 11:25AM	Gara Until 11:29PM	<b>Nataraja:</b> Green			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:03PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Milan, Italy Sun 28 Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:54PM – 4:03PM	<b>Punarvasu Until 12:50AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:56AM		
Mithuna Rasi: 21.3	Tithi 14 – 15	Yama 12:35PM – 1:44PM	Vaidhriti* Until 10:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM		Moon 12 - Phase 38
	843173366	<b>Rahu</b> 4:03PM – 5:13PM	Visti Until 8:04PM	<b>Nataraja:</b> Green			Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:48AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Milan, Italy Sun 28 Sutra 281 Vilamba 5120	
Kataka Rasi: 6.35	Tithi 15 – 16	<b>Gulika</b> 1:45PM – 2:55PM	<b>Pushya Until 9:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:56AM		
<b>Family Home Evening</b>		Yama 11:25AM – 12:35PM	Vishkambha* Until 6:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM		Moon 12 - Phase 38
	843173366	<b>Rahu</b> 9:05AM – 10:15AM	Kaulava Until 2:34AM Tue	<b>Nataraja:</b> Green			Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 6:15AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			
		<b>Total Lunar Eclipse</b>					
		<b>Thai Pusam</b>					



**Tuesday, January 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy  
Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Kataka Rasi: 21.46 Tithi 17  
844173366 Rahu  
Creative Work Siddha Yoga

**Gulika** 12:35PM – 1:45PM  
**Yama** 10:15AM – 11:25AM  
**Rahu** 2:55PM – 4:06PM  
**Ashlesha\* Until 6:53PM**  
Ayushman Until 9:32PM  
Taitila Until 12:45PM  
**Dvitiya Until 10:56PM**

**Ganesha:** Clear *Sunrise: 7:55AM*  
**Muruqa:** Clear *Sunset: 5:16PM*  
**Nataraja:** Green  
Moon – Blue  
**Devaloka Day**  
Pausha\*Thai

**1**

**Wednesday, January 23, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trityayam Titau

Milan, Italy  
Sun 1  
Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Simha Rasi: 6.54 Tithi 18  
854173366 Rahu  
Creative Work Siddha Yoga  
Until 4:16PM  
Then Creative Work - Amrita Yoga

**Gulika** 11:25AM – 12:36PM  
**Yama** 9:04AM – 10:15AM  
**Rahu** 12:36PM – 1:46PM  
**Magha\* Until 4:16PM**  
Saubhagya Until 5:27PM  
Vanija Until 9:12AM  
**Tritiya Until 7:29PM**

**Ganesha:** Purple *Sunrise: 7:54AM*  
**Muruqa:** Clear *Sunset: 5:17PM*  
**Nataraja:** Green  
Moon – Red  
**Bhuloka Day**  
Pausha\*Thai  
Devaloka Time: 12:PM to 3:PM

**2**

**Thursday, January 24, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 2  
Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Simha Rasi: 21.5 Tithi 19 – 20  
854173366 Rahu  
Creative Work Siddha Yoga

**Gulika** 10:14AM – 11:25AM  
**Yama** 7:53AM – 9:04AM  
**Rahu** 1:46PM – 2:57PM  
**Purvaphalguni Until 1:50PM**  
Sobhana Until 1:40PM  
Kaulava Until 3:03AM Fri  
**Chaturthi\* Until 4:24PM**

**Ganesha:** Purple *Sunrise: 7:53AM*  
**Muruqa:** Clear *Sunset: 5:18PM*  
**Nataraja:** Green  
Moon – Red  
**Bhuloka Day**  
Pausha\*Thai  
Devaloka Time: 12:PM to 3:PM

**3**

**Friday, January 25, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Milan, Italy  
Sun 3  
Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Kanya Rasi: 6.28 Tithi 20 – 21  
954173366 Rahu  
Creative Work Siddha Yoga  
Until 11:45AM  
Then Creative Work - Amrita Yoga

**Gulika** 9:03AM – 10:14AM  
**Yama** 2:58PM – 4:09PM  
**Rahu** 11:25AM – 12:36PM  
**Uttaraphalguni Until 11:45AM**  
Athiganda\* Until 10:14AM  
Gara Until 12:44AM Sat  
**Panchami Until 1:47PM**

**Ganesha:** Clear *Sunrise: 7:52AM*  
**Muruqa:** Clear *Sunset: 5:20PM*  
**Nataraja:** Green  
Moon – Red  
**Devaloka Day**  
Pausha\*Thai

**4**

**Saturday, January 26, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy  
Sun 4  
Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Kanya Rasi: 20.41 Tithi 21 – 22  
964173366 Rahu  
Routine Work Marana Yoga

**Gulika** 7:51AM – 9:03AM  
**Yama** 1:48PM – 2:59PM  
**Rahu** 10:14AM – 11:25AM  
**Hasta Until 10:31AM**  
Sukarma Until 7:18AM  
Visti Until 11:04PM  
**Shashthi\* Until 11:48AM**

**Ganesha:** Purple *Sunrise: 7:51AM*  
**Muruqa:** Clear *Sunset: 5:21PM*  
**Nataraja:** Green  
Moon – Green  
**Bhuloka Day**  
Pausha\*Thai  
Devaloka Time: 12:PM to 3:PM

**D**

**Sunday, January 27, 2019**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy  
Sun 5  
Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

Tula Rasi: 4.29 Tithi 22 – 23  
964173366 Rahu  
Creative Work Siddha Yoga

**Gulika** 3:00PM – 4:11PM  
**Yama** 12:37PM – 1:48PM  
**Rahu** 4:11PM – 5:23PM  
**Chitra Until 9:51AM**  
Shula\* Until 3:06AM Mon  
Balava Until 10:08PM  
**Saptami Until 10:30AM**

**Ganesha:** Purple *Sunrise: 7:50AM*  
**Muruqa:** Clear *Sunset: 5:23PM*  
**Nataraja:** Green  
Moon – Green  
**Bhuloka Day**  
Pausha\*Thai  
Devaloka Time: 12:PM to 3:PM

**Monday, January 28, 2019**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy  
Sun 6  
Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

Tula Rasi: 17.52 Tithi 23 – 24  
964173366 Rahu  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 9:44AM  
Then Routine Work - Marana Yoga

**Gulika** 1:49PM – 3:00PM  
**Yama** 11:25AM – 12:37PM  
**Rahu** 9:01AM – 10:13AM  
**Svati Until 9:44AM**  
Ganda\* Until 1:52AM Tue  
Taitila Until 9:58PM  
**Ashtami\* Until 9:56AM**

**Ganesha:** Purple *Sunrise: 7:49AM*  
**Muruqa:** Clear *Sunset: 5:24PM*  
**Nataraja:** Green  
Moon – Green  
**Bhuloka Day**  
Pausha\*Thai  
Devaloka Time: 12:PM to 3:PM

<b>1</b>		<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy Sun 7 Sutra 289 Vilamba 5120		
Wrischika Rasi: 0.5	Tithi 24 – 25	974173366	<b>Gulika</b> Yama Rahu	12:37PM – 1:49PM 10:13AM – 11:25AM 3:01PM – 4:13PM	<b>Vishakha Until 10:40AM</b> Vriddhi Until 1:12AM Wed Vanija Until 10:30PM <b>Navami* Until 10:07AM</b>	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange	Sunrise: 7:48AM Sunset: 5:26PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga								
Until 10:40AM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 8 Sutra 290 Vilamba 5120		
Wrischika Rasi: 13.29	Tithi 25 – 26	974173366	<b>Gulika</b> Yama Rahu	11:25AM – 12:37PM 9:00AM – 10:12AM 12:37PM – 1:50PM	<b>Anuradha Until 12:06PM</b> Dhruva Until 1:00AM Thu Bava Until 11:42PM <b>Dashami Until 11:00AM</b>	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange	Sunrise: 7:47AM Sunset: 5:27PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga								

<b>3</b>		<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 9 Sutra 291 Vilamba 5120		
Wrischika Rasi: 25.52	Tithi 26 – 27	974173366	<b>Gulika</b> Yama Rahu	10:12AM – 11:24AM 7:46AM – 8:59AM 1:50PM – 3:03PM	<b>Jyeshtha* Until 1:57PM</b> Vyaghata* Until 1:13AM Fri Kaulava Until 1:27AM Fri <b>Ekadashi* Until 12:30PM</b>	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange	Sunrise: 7:46AM Sunset: 5:28PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga								
Until 1:57PM								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 10 Sutra 292 Vilamba 5120		
Dhanus Rasi: 8.01	Tithi 27 – 28	984173366	<b>Gulika</b> Yama Rahu	8:59AM – 10:12AM 3:03PM – 4:16PM 11:24AM – 12:37PM	<b>Mula* Until 4:35PM</b> Harshana Until 1:47AM Sat Gara Until 3:38AM Sat <b>Dvadashi* Until 2:28PM</b>	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue	Sunrise: 7:46AM Sunset: 5:28PM	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Amrita Yoga								
Until 4:35PM								
Then Routine Work - Prabalarishta Yoga								
								<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 11 Sutra 293 Vilamba 5120		
Dhanus Rasi: 20.01	Tithi 28 – 29	984173366	<b>Gulika</b> Yama Rahu	7:45AM – 8:58AM 1:51PM – 3:04PM 10:11AM – 11:24AM	<b>Purvashadha* Until 7:23PM</b> Vajra* Until 2:32AM Sun Visti Until 6:06AM Sun <b>Trayodashi* Until 4:49PM</b>	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue	Sunrise: 7:45AM Sunset: 5:30PM	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga								
Until 7:23PM								
Then Routine Work - Marana Yoga								

<b>6</b>		<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Milan, Italy Sun 12 Sutra 294 Vilamba 5120		
Makara Rasi: 1.54	Tithi 29	985173366	<b>Gulika</b> Yama Rahu	3:04PM – 4:18PM 12:38PM – 1:51PM 4:18PM – 5:31PM	<b>Uttarashadha Until 10:15PM</b> Siddhi Until 3:27AM Mon Visti Until 6:06AM <b>Chaturdashi* Until 7:24PM</b>	Ganesha: Yellow Muruga: Clear Nataraja: Green Moon – Light Blue	Sunrise: 7:44AM Sunset: 5:31PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga								

<b>Monday, February 4, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Milan, Italy Sun 13 Sutra 295 Vilamba 5120		
Makara Rasi: 13.43	Tithi 30	995173367	<b>Gulika</b> Yama Rahu	1:51PM – 3:05PM 11:24AM – 12:38PM 8:56AM – 10:10AM	<b>Shravana Until 1:32AM Tue</b> Vyatipata* Until 4:27AM Tue Catuspada Until 8:46AM <b>Amavasya* Until 10:06PM</b>	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple	Sunrise: 7:43AM Sunset: 5:33PM	Moon 1 - Phase 40 Amavasya <b>Devaloka Day</b>
Family Home Evening								
Creative Work Amrita Yoga								
Until 1:32AM Tue								
Then Creative Work - Siddha Yoga								

<b>Tuesday, February 5, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Milan, Italy Sun 14 Sutra 296 Vilamba 5120		
Makara Rasi: 25.31	Tithi 1	995173367	<b>Gulika</b> Yama Rahu	12:38PM – 1:52PM 10:10AM – 11:24AM 3:06PM – 4:20PM	<b>Dhanishtha Until 4:39AM Wed</b> Variyan Until 5:24AM Wed Kintughna Until 11:29AM <b>Prathama* Until 12:48AM Wed</b>	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple	Sunrise: 7:41AM Sunset: 5:34PM	Moon 1 - Phase 40 Prathama <b>Devaloka Day</b>
Creative Work Siddha Yoga								

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy
	Kumbha Rasi: 7.19	Tithi 2	<b>Gulika</b> 11:23AM – 12:38PM	<b>Shatabhishak Until 7:30AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:40AM	Sun 15 Sutra 297
	Creative Work	Siddha Yoga	Yama 8:55AM – 10:09AM Rahu 12:38PM – 1:52PM	Parigha* Until 6:18AM Thu Balava Until 2:09PM Dvitiya Until 3:25AM Thu	<b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41 3rd Phase Devaloka Day

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Milan, Italy
	Kumbha Rasi: 19.1	Tithi 3	<b>Gulika</b> 10:08AM – 11:23AM	<b>Shatabhishak Until 7:30AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:39AM	Sun 16 Sutra 298
	Creative Work	Siddha Yoga	Yama 7:39AM – 8:54AM Rahu 1:53PM – 3:07PM	Parigha* Until 6:18AM Tailila Until 4:40PM Tritiya Until 5:50AM Fri	<b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41 3rd Phase Devaloka Day

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthiyam Titau				Milan, Italy
	Meena Rasi: 1.05	Tithi 4	<b>Gulika</b> 8:53AM – 10:08AM	<b>Purvaproshtapada* Until 10:29AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:38AM	Sun 17 Sutra 299
	Creative Work	Siddha Yoga	Yama 3:08PM – 4:23PM Rahu 11:23AM – 12:38PM	Shiva Until 7:03AM Vanija Until 6:57PM Chaturthi* Until 7:57AM Sat	<b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41 3rd Phase Sivaloka Day

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy
	Meena Rasi: 13.07	Tithi 4 – 5	<b>Gulika</b> 7:36AM – 8:52AM	<b>Uttaraproshtapada Until 1:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:36AM	Sun 18 Sutra 300
	Creative Work	Siddha Yoga	Yama 1:54PM – 3:09PM Rahu 10:07AM – 11:23AM	Siddha Until 7:33AM Bava Until 8:54PM Chaturthi* Until 7:57AM	<b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 41 3rd Phase Sivaloka Day

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy
	Meena Rasi: 25.18	Tithi 5 – 6	<b>Gulika</b> 3:10PM – 4:26PM	<b>Revati Until 2:59PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:35AM	Sun 19 Sutra 301
	Creative Work	Amrita Yoga	Yama 12:38PM – 1:54PM Rahu 4:26PM – 5:41PM	Sadhya Until 7:47AM Kaulava Until 10:23PM Panchami Until 9:41AM	<b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 41 3rd Phase Devaloka Day

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy
	Mesha Rasi: 7.41	Tithi 6 – 7	<b>Gulika</b> 1:54PM – 3:10PM	<b>Ashvini Until 4:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:33AM	Sun 20 Sutra 302
	Family Home Evening	Creative Work	Yama 11:22AM – 12:38PM Rahu 8:50AM – 10:06AM	Subha Until 7:38AM Gara Until 11:18PM Shashthi* Until 10:54AM	<b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 41 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

<b>D</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 12:38PM – 1:55PM	<b>Bharani Until 5:44PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:32AM	Sun 21 Sutra 303
	Mesha Rasi: 20.2	Tithi 7 – 8	Yama 10:05AM – 11:22AM Rahu 3:11PM – 4:28PM	Sukla Until 7:00AM Visti Until 11:32PM Saptami Until 11:29AM	<b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 41 Ashtami Bhuloka Day Devaloka Time: 12:PM to 3:PM

<b>D</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 11:21AM – 12:38PM	<b>Krittika Until 5:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:31AM	Sun 22 Sutra 304
	Vrishabha Rasi: 3.2	Tithi 8 – 9	Yama 8:47AM – 10:04AM Rahu 12:38PM – 1:55PM	Indra Until 4:07AM Thu Balava Until 11:02PM Ashtami* Until 11:22AM	<b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<i>Sunset:</i> 5:46PM	Moon 1 - Phase 41 Navami Devaloka Day


<b>1</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy Sun 23 Sutra 305 Vilamba 5120
	936273367	<b>Gulika</b> 10:04AM – 11:21AM <b>Yama</b> 7:29AM – 8:46AM <b>Rahu</b> 1:55PM – 3:13PM	<b>Rohini Until 5:33PM</b> Vaidhriti* Until 1:45AM Fri Taitila Until 9:45PM <b>Navami* Until 10:28AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	<b>Sunrise:</b> 7:29AM <b>Sunset:</b> 5:47PM	Moon 1 - Phase 42 4th Phase	
	Routine Work	Marana Yoga				<b>Sivaloka Day</b>	


<b>2</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 24 Sutra 306 Vilamba 5120
	936273367	<b>Gulika</b> 8:45AM – 10:03AM <b>Yama</b> 3:13PM – 4:31PM <b>Rahu</b> 11:20AM – 12:38PM	<b>Mrigashira Until 4:22PM</b> Vishkambha* Until 10:51PM Vanija Until 7:45PM <b>Dashami Until 8:49AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:49PM	Moon 1 - Phase 42 4th Phase	
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	

<b>3</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 25 Sutra 307 Vilamba 5120
	936273367	<b>Gulika</b> 7:26AM – 8:44AM <b>Yama</b> 1:56PM – 3:14PM <b>Rahu</b> 10:02AM – 11:20AM	<b>Ardra Until 2:23PM</b> Priti Until 7:26PM Balava Until 3:35AM Sun <b>Ekadashi Until 6:30AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	<b>Sunrise:</b> 7:26AM <b>Sunset:</b> 5:50PM	Moon 1 - Phase 42 4th Phase	
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	

<b>4</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy Sun 26 Sutra 308 Vilamba 5120
	946273367	<b>Gulika</b> 3:15PM – 4:33PM <b>Yama</b> 12:38PM – 1:56PM <b>Rahu</b> 4:33PM – 5:51PM	<b>Punarvasu Until 12:09PM</b> Ayushman Until 3:36PM Kaulava Until 1:58PM <b>Trayodashi Until 12:14AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:25AM <b>Sunset:</b> 5:51PM	Moon 1 - Phase 42 4th Phase	
	Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 309 Vilamba 5120
	946273367	<b>Gulika</b> 1:57PM – 3:15PM <b>Yama</b> 11:19AM – 12:38PM <b>Rahu</b> 8:42AM – 10:00AM	<b>Pushya Until 9:24AM</b> Saubhagya Until 11:29AM Gara Until 10:27AM <b>Chaturdashi* Until 8:35PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:23AM <b>Sunset:</b> 5:53PM	Moon 1 - Phase 42 4th Phase	
	Creative Work	Siddha Yoga	Chidambaram Abhishekam			<b>Devaloka Day</b>	

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 28 Sutra 310 Vilamba 5120
	946273367	<b>Gulika</b> 12:38PM – 1:57PM <b>Yama</b> 10:00AM – 11:19AM <b>Rahu</b> 3:16PM – 4:35PM	<b>Ashlesha* Until 6:18AM</b> Sobhana Until 7:12AM Visti Until 6:43AM <b>Purnima* Until 4:48PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 5:54PM	Moon 1 - Phase 42 Purnima	
	Creative Work	Siddha Yoga				<b>Devaloka Day</b>	

	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 29 Sutra 311 Vilamba 5120
	957273367	<b>Gulika</b> 11:18AM – 12:38PM <b>Yama</b> 8:39AM – 9:59AM <b>Rahu</b> 12:38PM – 1:57PM	<b>Purvaphalguni Until 12:30AM Thu</b> Sukarma Until 10:38PM Taitila Until 11:15PM <b>Prathama* Until 1:03PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Red <b>Magha-Masi</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 5:56PM	Moon 1 - Phase 42 Prathama	
	Creative Work	Amrita Yoga				<b>Devaloka Day</b>	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dviliya/Tritiyayam Titau

Milan, Italy  
Sun 1  
Sutra 312

Kanya Rasi: 0.06 Tithi 17 - 18

957273367

**Gulika** 9:58AM - 11:18AM  
Yama 7:18AM - 8:38AM  
**Rahu** 1:58PM - 3:17PM

**Uttaraphalguni Until 9:46PM**

Dhriti Until 6:40PM  
Vanija Until 7:53PM

**Dvitiya Until 9:30AM**

**Ganesha:** Clear *Sunrise: 7:18AM*

**Muruqa:** Clear *Sunset: 5:57PM*

**Nataraja:** White

Moon - Red

**Magha-Masi**

**Devaloka Day**

Until 9:46PM

Then Routine Work - Marana Yoga

**1** Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Milan, Italy  
Sun 2  
Sutra 313

Kanya Rasi: 14.58 Tithi 18 - 19

967273367

**Gulika** 8:37AM - 9:57AM  
Yama 3:18PM - 4:38PM  
**Rahu** 11:17AM - 12:38PM

**Hasta Until 7:47PM**

Shula\* Until 3:01PM  
Balava Until 3:41AM Sat

**Tritiya Until 6:20AM**

**Ganesha:** White *Sunrise: 7:17AM*

**Muruqa:** Clear *Sunset: 5:59PM*

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 7:47PM

Then Creative Work - Siddha Yoga

**2** Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy  
Sun 3  
Sutra 314

Kanya Rasi: 29.26 Tithi 20

967273367

**Gulika** 7:15AM - 8:36AM  
Yama 1:58PM - 3:19PM  
**Rahu** 9:56AM - 11:17AM

**Chitra Until 6:16PM**

Ganda\* Until 11:53AM  
Kaulava Until 2:38PM

**Panchami Until 1:43AM Sun**

**Ganesha:** White *Sunrise: 7:15AM*

**Muruqa:** Clear *Sunset: 6:00PM*

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 6:16PM

Then Creative Work - Siddha Yoga

**3** Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy  
Sun 4  
Sutra 315

Tula Rasi: 13.26 Tithi 21

967273367

**Gulika** 3:19PM - 4:40PM  
Yama 12:37PM - 1:58PM  
**Rahu** 4:40PM - 6:01PM

**Svati Until 5:21PM**

Vridhi Until 9:20AM  
Gara Until 1:03PM

**Shashthi\* Until 12:33AM Mon**

**Ganesha:** White *Sunrise: 7:13AM*

**Muruqa:** Clear *Sunset: 6:01PM*

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 5:21PM

Then Routine Work - Marana Yoga

**4** Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Milan, Italy  
Sun 5  
Sutra 316

Tula Rasi: 26.58 Tithi 22

977273367

**Gulika** 1:59PM - 3:20PM  
Yama 11:16AM - 12:37PM  
**Rahu** 8:33AM - 9:54AM

**Vishakha Until 5:34PM**

Dhruva Until 7:25AM  
Visti Until 12:18PM

**Saptami Until 12:14AM Tue**

**Ganesha:** Yellow *Sunrise: 7:12AM*

**Muruqa:** Clear *Sunset: 6:03PM*

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Until 5:34PM

Then Creative Work - Siddha Yoga

**Retreat Star** Tuesday, February 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sun 6  
Sutra 317

Vrischika Rasi: 10.02 Tithi 23

977273367

**Gulika** 12:37PM - 1:59PM  
Yama 9:54AM - 11:15AM  
**Rahu** 3:21PM - 4:42PM

**Anuradha Until 6:29PM**

Vyaghata\* Until 6:11AM  
Balava Until 12:26PM

**Ashtami\* Until 12:47AM Wed**

**Ganesha:** Yellow *Sunrise: 7:10AM*

**Muruqa:** Clear *Sunset: 6:04PM*

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Until 6:29PM

Then Routine Work - Marana Yoga

**Retreat Star** Wednesday, February 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sun 7  
Sutra 318

Vrischika Rasi: 22.41 Tithi 24

978273367

**Gulika** 11:15AM - 12:37PM  
Yama 8:30AM - 9:53AM  
**Rahu** 12:37PM - 1:59PM

**Jyeshtha\* Until 8:01PM**

Vajra\* Until 5:39AM Thu  
Taitila Until 1:23PM

**Navami\* Until 2:08AM Thu**

**Ganesha:** Blue *Sunrise: 7:08AM*

**Muruqa:** Clear *Sunset: 6:06PM*

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Sivaloka Day**

Until 8:01PM

Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Milan, Italy Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 4.59	Tithi 25	<b>Gulika</b> 9:52AM – 11:14AM	<b>Mula* Until 10:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:07AM		
		Yama 7:07AM – 8:29AM	Siddhi Until 6:09AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 1:59PM – 3:22PM	Vanija Until 3:05PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 4:07AM Fri</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Milan, Italy Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 17.03	Tithi 26	<b>Gulika</b> 8:26AM – 9:50AM	<b>Purvashadha* Until 1:22AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:03AM		
		Yama 3:23PM – 4:46PM	Siddhi Until 6:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 11:13AM – 12:36PM	Bava Until 5:19PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 6:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 1:22AM Sat				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipata* Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 28.56	Tithi 26 – 27	<b>Gulika</b> 7:01AM – 8:25AM	<b>Uttarashadha Until 4:19AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:01AM		
		Yama 2:00PM – 3:24PM	Vyatipata* Until 6:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 9:49AM – 11:12AM	Kaulava Until 7:55PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi* Until 6:34AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:19AM Sun				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 10.44	Tithi 27 – 28	<b>Gulika</b> 3:24PM – 4:48PM	<b>Shravana Until 7:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:59AM		
		Yama 12:36PM – 2:00PM	Variyan Until 7:58AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 4:48PM – 6:12PM	Gara Until 10:39PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 9:15AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 7:40AM Mon				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga							
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 22.3	Tithi 28 – 29	<b>Gulika</b> 2:00PM – 3:25PM	<b>Shravana Until 7:40AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:58AM		
<b>Family Home Evening</b>		Yama 11:11AM – 12:36PM	Parigha* Until 9:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 8:22AM – 9:47AM	Visti Until 1:22AM Tue	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi* Until 12:00PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 7:40AM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					

<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 4.17	Tithi 29 – 30	<b>Gulika</b> 12:36PM – 2:00PM	<b>Dhanishtha Until 10:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:56AM		
		Yama 9:46AM – 11:11AM	Shiva Until 10:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 44	
		199273367 <b>Rahu</b> 3:25PM – 4:50PM	Catuspada Until 3:56AM Wed	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:39PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 10:47AM				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Milan, Italy Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 16.09	Tithi 30 – 1	<b>Gulika</b> 11:10AM – 12:35PM	<b>Shatabhishak Until 1:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM		
		Yama 8:19AM – 9:45AM	Siddha Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 44	
		199273367 <b>Rahu</b> 12:35PM – 2:01PM	Kintughna Until 6:14AM Thu	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:06PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 1:33PM				<b>Phalgun-Masi</b>			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada/Uttaraproshtpada Nakshatra Sadhya/Subha Yoga Kintughna/Bava Karana Prathamayam Titau				Milan, Italy Sun 15 Sutra 326
Kumbha Rasi: 28.07	Tithi 1	<b>Gulika</b> 9:44AM – 11:09AM	<b>Purvaproshtpada* Until 4:24PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:52AM		Vilamba 5120	
		Yama 6:52AM – 8:18AM	Sadhya Until 11:32AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:18PM		Moon 2 - Phase 45	
119373367		<b>Rahu</b> 2:01PM – 3:26PM	Kintughna Until 6:14AM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama* Until 7:15PM</b>	Moon – Clear				<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>				
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy Sun 16 Sutra 327
Meena Rasi: 10.11	Tithi 2	<b>Gulika</b> 8:17AM – 9:43AM	<b>Uttaraproshtpada Until 6:46PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:50AM		Vilamba 5120	
		Yama 3:27PM – 4:53PM	Subha Until 11:58AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:19PM		Moon 2 - Phase 45	
119373367		<b>Rahu</b> 11:09AM – 12:35PM	Balava Until 8:13AM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 9:04PM</b>	Moon – Clear				<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>				
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Milan, Italy Sun 17 Sutra 328
Meena Rasi: 22.23	Tithi 3	<b>Gulika</b> 6:49AM – 8:15AM	<b>Revati Until 8:38PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:49AM		Vilamba 5120	
		Yama 2:01PM – 3:28PM	Sukla Until 12:07PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:21PM		Moon 2 - Phase 45	
119373367		<b>Rahu</b> 9:42AM – 11:08AM	Tailila Until 9:53AM	<b>Nataraja:</b> White			3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 10:33PM</b>	Moon – Clear				<b>Devaloka Day</b>
Until 8:38PM				<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>						
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Milan, Italy Sun 18 Sutra 329
Mesha Rasi: 4.45	Tithi 4	<b>Gulika</b> 3:28PM – 4:55PM	<b>Ashvini Until 10:27PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:47AM		Vilamba 5120	
		Yama 12:34PM – 2:01PM	Brahma Until 11:59AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:22PM		Moon 2 - Phase 45	
129373367		<b>Rahu</b> 4:55PM – 6:22PM	Vanija Until 11:09AM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:38PM</b>	Moon – White				<b>Devaloka Day</b>
Until 10:27PM				<b>Phalguna-Masi</b>				
Then Routine Work - Prabalarishta Yoga								
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sun 19 Sutra 330
Mesha Rasi: 17.17	Tithi 5	<b>Gulika</b> 2:01PM – 3:29PM	<b>Bharani Until 11:41PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:45AM		Vilamba 5120	
<b>Family Home Evening</b>		Yama 11:07AM – 12:34PM	Indra Until 11:34AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:23PM		Moon 2 - Phase 45	
129373367		<b>Rahu</b> 8:12AM – 9:40AM	Bava Until 12:01PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 12:16AM Tue</b>	Moon – White				<b>Devaloka Day</b>
Until 11:41PM				<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga								
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Milan, Italy Sun 20 Sutra 331
Virshabha Rasi: 0.02	Tithi 6	<b>Gulika</b> 12:34PM – 2:02PM	<b>Krittika Until 12:17AM Wed</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:43AM		Vilamba 5120	
		Yama 9:38AM – 11:06AM	Vaidhriti* Until 10:45AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:25PM		Moon 2 - Phase 45	
129373367		<b>Rahu</b> 3:29PM – 4:57PM	Kaulava Until 12:25PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 12:24AM Wed</b>	Moon – White				<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>				
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Milan, Italy Sun 21 Sutra 332
Virshabha Rasi: 13.01	Tithi 7	<b>Gulika</b> 11:05AM – 12:34PM	<b>Rohini Until 12:39AM Thu</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:41AM		Vilamba 5120	
		Yama 8:09AM – 9:37AM	Vishkambha* Until 9:33AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:26PM		Moon 2 - Phase 45	
131373367		<b>Rahu</b> 12:34PM – 2:02PM	Gara Until 12:17PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 11:59PM</b>	Moon – Yellow				<b>Sivaloka Day</b>
Until 12:39AM Thu				<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Ashtamyam Titau				Milan, Italy Sun 22 Sutra 333
Virshabha Rasi: 26.19	Tithi 8	<b>Gulika</b> 9:36AM – 11:05AM	<b>Mrigashira Until 12:15AM Fri</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:39AM		Vilamba 5120	
		Yama 6:39AM – 8:08AM	Priti Until 7:54AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:27PM		Moon 2 - Phase 45	
131373367		<b>Rahu</b> 2:02PM – 3:30PM	Visti Until 11:33AM	<b>Nataraja:</b> White			Ashtami	
Routine Work	Marana Yoga		<b>Ashtami* Until 10:56PM</b>	Moon – Yellow				<b>Sivaloka Day</b>
Until 12:15AM Fri				<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga								
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sun 23 Sutra 334
Mithuna Rasi: 9.57	Tithi 9	<b>Gulika</b> 8:06AM – 9:35AM	<b>Ardra Until 11:07PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:37AM		Vilamba 5120	
		Yama 3:31PM – 5:00PM	Saubhagya Until 3:05AM Sat	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:29PM		Moon 2 - Phase 45	
131373368		<b>Rahu</b> 11:04AM – 12:33PM	Balava Until 10:12AM	<b>Nataraja:</b> Clear			Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 9:17PM</b>	Moon – Yellow				<b>Subha Sivaloka Day</b>
		<b>Karadaiyan Nombu (Tamil Nadu)</b>		<b>Phalguna-Panguni</b>				


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Milan, Italy Sun 24 Sutra 335 Vilamba 5120	
Mithuna Rasi: 23.58	Tithi 10	<b>Gulika</b> 6:36AM – 8:05AM	<b>Punarvasu</b> Until 9:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM		
		Yama 2:02PM – 3:31PM	Sobhana Until 12:00AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b> 9:34AM – 11:03AM	Taitila Until 8:14AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:02PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>		<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 25 Sutra 336 Vilamba 5120	
Kataka Rasi: 8.21	Tithi 11 – 12	<b>Gulika</b> 3:32PM – 5:01PM	<b>Pushya</b> Until 7:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM		
		Yama 12:32PM – 2:02PM	Athiganda* Until 8:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b> 5:01PM – 6:31PM	Bava Until 2:45AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 4:16PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>		<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 26 Sutra 337 Vilamba 5120	
Kataka Rasi: 23.04	Tithi 12 – 13	<b>Gulika</b> 2:02PM – 3:32PM	<b>Ashlesha*</b> Until 5:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM		
<b>Family Home Evening</b>		Yama 11:02AM – 12:32PM	Sukarma Until 4:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b> 8:02AM – 9:32AM	Kaulava Until 11:26PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 1:07PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 5:01PM		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 27 Sutra 338 Vilamba 5120	
Simha Rasi: 8.01	Tithi 13 – 14	<b>Gulika</b> 12:32PM – 2:02PM	<b>Magha*</b> Until 2:27PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM		
		Yama 9:31AM – 11:01AM	Dhriti Until 12:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 46	
		151373368 <b>Rahu</b> 3:33PM – 5:03PM	Gara Until 7:56PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 9:41AM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

		<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Milan, Italy Sun 28 Sutra 339 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:01AM – 12:32PM	<b>Purvaphalguni</b> Until 11:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM		
Simha Rasi: 23.05	Tithi 14 – 15	Yama 7:59AM – 9:30AM	Shula* Until 8:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 46	
		151373368 <b>Rahu</b> 12:32PM – 2:02PM	Bava Until 2:37AM Thu	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:08AM	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Phalguna-Panguni</b>			
		<b>Holi</b>					

<b>Thursday, March 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Milan, Italy Sun 29 Sutra 340 Vilamba 5120	
Kanya Rasi: 8.08	Tithi 16	<b>Gulika</b> 9:29AM – 11:00AM	<b>Uttaraphalguni</b> Until 8:50AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM		
		Yama 6:26AM – 7:57AM	Vriddhi Until 12:41AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 46	
		151383368 <b>Rahu</b> 2:03PM – 3:34PM	Balava Until 12:57PM	<b>Nataraja:</b> Clear		Prathama	
			<b>Prathama*</b> Until 11:19PM	Moon – Red		<b>Sivaloka Day</b>	
Amrita Yoga				<b>Phalguna-Panguni</b>			
Until 8:50AM							
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy  
Sun 1  
Sutra 341  
Vilamba 5120

Kanya Rasi: 22.59      Tithi 17

**Gulika**      7:56AM – 9:28AM  
Yama      3:34PM – 5:06PM  
161383368 **Rahu**      10:59AM – 12:31PM

**Hasta** Until 6:33AM  
Dhruva Until 9:08PM  
Taitila Until 9:49AM  
**Dvitiya** Until 8:24PM

**Ganesha:** Yellow      *Sunrise:* 6:24AM  
**Muruqa:** White      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Green

Moon 3 - Phase 47  
1st Phase

Creative Work      Amrita Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy  
Sun 2  
Sutra 342  
Vilamba 5120

Tula Rasi: 7.31      Tithi 18

**Gulika**      6:22AM – 7:54AM  
Yama      2:03PM – 3:35PM  
162383368 **Rahu**      9:27AM – 10:59AM

**Svati** Until 3:02AM Sun  
Vyaghata\* Until 6:03PM  
Vanija Until 7:09AM  
**Tritiya** Until 6:02PM

**Ganesha:** Blue      *Sunrise:* 6:22AM  
**Muruqa:** White      *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Green

Moon 3 - Phase 47  
1st Phase

Creative Work      Siddha Yoga  
Until 3:02AM Sun  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM  
**Phalguna-Panguni**

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 3  
Sutra 343  
Vilamba 5120

Tula Rasi: 21.38      Tithi 19 – 20

**Gulika**      3:35PM – 5:08PM  
Yama      12:30PM – 2:03PM  
172383368 **Rahu**      5:08PM – 6:40PM

**Vishakha** Until 2:31AM Mon  
Harshana Until 3:33PM  
Kaulava Until 3:50AM Mon  
**Chaturthi\*** Until 4:21PM

**Ganesha:** Red      *Sunrise:* 6:20AM  
**Muruqa:** White      *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – Orange

Moon 3 - Phase 47  
1st Phase

Routine Work      Marana Yoga  
Until 2:31AM Mon  
Then Creative Work - Siddha Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy  
Sun 4  
Sutra 344  
Vilamba 5120

Vrischika Rasi: 5.16      Tithi 20 – 21

**Gulika**      2:03PM – 3:36PM  
Yama      10:57AM – 12:30PM  
172383368 **Rahu**      7:51AM – 9:24AM

**Anuradha** Until 2:43AM Tue  
Vajra\* Until 1:41PM  
Gara Until 3:24AM Tue  
**Panchami** Until 3:29PM

**Ganesha:** Red      *Sunrise:* 6:19AM  
**Muruqa:** White      *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Orange

Moon 3 - Phase 47  
1st Phase

**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 2:43AM Tue  
Then Routine Work - Marana Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy  
Sun 5  
Sutra 345  
Vilamba 5120

Vrischika Rasi: 18.26      Tithi 21 – 22

**Gulika**      12:30PM – 2:03PM  
Yama      9:23AM – 10:56AM  
172383368 **Rahu**      3:36PM – 5:10PM

**Jyeshtha\*** Until 3:37AM Wed  
Siddhi Until 12:31PM  
Visti Until 3:52AM Wed  
**Shashthi\*** Until 3:30PM

**Ganesha:** Red      *Sunrise:* 6:17AM  
**Muruqa:** White      *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Orange

Moon 3 - Phase 47  
1st Phase

Routine Work      Marana Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy  
Sun 6  
Sutra 346  
Vilamba 5120

Dhanus Rasi: 1.09      Tithi 22 – 23

**Gulika**      10:56AM – 12:29PM  
Yama      7:48AM – 9:22AM  
182383368 **Rahu**      12:29PM – 2:03PM

**Mula\*** Until 5:38AM Thu  
Vyatipata\* Until 12:02PM  
Balava Until 5:10AM Thu  
**Saptami** Until 4:24PM

**Ganesha:** Green      *Sunrise:* 6:15AM  
**Muruqa:** White      *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Light Blue

Moon 3 - Phase 47  
1st Phase

Routine Work      Marana Yoga  
Until 5:38AM Thu  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM  
**Phalguna-Panguni**

**D**

**Thursday, March 28, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sun 7  
Sutra 347  
Vilamba 5120

Dhanus Rasi: 13.3      Tithi 23

**Gulika**      9:21AM – 10:55AM  
Yama      6:13AM – 7:47AM  
182383368 **Rahu**      2:03PM – 3:37PM

**Purvashadha\*** Until 8:10AM Fri  
Variyan Until 12:09PM  
Kaulava Until 6:04PM  
**Ashtami\*** Until 6:04PM

**Ganesha:** Green      *Sunrise:* 6:13AM  
**Muruqa:** White      *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Light Blue

Moon 3 - Phase 47  
Ashtami

Creative Work      Siddha Yoga  
Until 8:10AM Fri  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM  
**Phalguna-Panguni**

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sun 8  
Sutra 348  
Vilamba 5120

Dhanus Rasi: 25.35      Tithi 24

**Gulika**      7:45AM – 9:20AM  
Yama      3:38PM – 5:12PM  
182383468 **Rahu**      10:54AM – 12:29PM

**Purvashadha\*** Until 8:10AM  
Parigha\* Until 12:45PM  
Taitila Until 7:09AM  
**Navami\*** Until 8:19PM

**Ganesha:** Green      *Sunrise:* 6:11AM  
**Muruqa:** Yellow      *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Light Blue

Moon 3 - Phase 47  
Navami

Routine Work      Prabalarishta Yoga  
Until 8:10AM  
Then Routine Work - Marana Yoga

**Devaloka Day**  
**Phalguna-Panguni**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Milan, Italy Sun 9 Sutra 349
Makara Rasi: 7.28	Tithi 25	<b>Gulika</b> Yama	<b>6:09AM – 7:44AM</b> 2:03PM – 3:38PM	<b>Uttarashadha Until 10:57AM</b> Shiva Until 1:42PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<i>Sunrise: 6:09AM</i> <i>Sunset: 6:48PM</i>	Vilamba 5120 Moon 3 - Phase 48	
182383468	Rahu	<b>9:19AM – 10:54AM</b>		Vanija Until 9:36AM Dashami Until 10:54PM	<b>Nataraja: Purple</b> Moon – Light Blue	<b>Devaloka Day</b>	2nd Phase	
Routine Work Marana Yoga Until 10:57AM Then Creative Work - Siddha Yoga								
<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Milan, Italy Sun 10 Sutra 350
Makara Rasi: 19.16	Tithi 26	<b>Gulika</b> Yama	<b>3:39PM – 5:14PM</b> 12:28PM – 2:03PM	<b>Shravana Until 2:17PM</b> Siddha Until 2:45PM	<b>Ganesha: Orange</b> <b>Muruqa: Yellow</b>	<i>Sunrise: 6:07AM</i> <i>Sunset: 6:49PM</i>	Vilamba 5120 Moon 3 - Phase 48	
192383468	Rahu	<b>5:14PM – 6:49PM</b>		Bava Until 12:17PM Ekadashi* Until 1:36AM Mon	<b>Nataraja: Purple</b> Moon – Purple	<b>Sivaloka Day</b>	2nd Phase	
Creative Work Amrita Yoga Until 2:17PM Then Routine Work - Marana Yoga								
<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Milan, Italy Sun 11 Sutra 351
Kumbha Rasi: 1.02	Tithi 27	<b>Gulika</b> Yama	<b>2:03PM – 3:39PM</b> 10:53AM – 12:28PM	<b>Dhanishtha Until 5:25PM</b> Sadhya Until 3:47PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<i>Sunrise: 6:07AM</i> <i>Sunset: 6:49PM</i>	Vilamba 5120 Moon 3 - Phase 48	
192483468	Rahu	<b>7:42AM – 9:18AM</b>		Kaulava Until 2:56PM Dvadashi* Until 4:11AM Tue	<b>Nataraja: Purple</b> Moon – Purple	<b>Subha Sivaloka Day</b>	2nd Phase	
Family Home Evening Creative Work Siddha Yoga								
<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy Sun 12 Sutra 352
Kumbha Rasi: 12.52	Tithi 28	<b>Gulika</b> Yama	<b>12:28PM – 2:04PM</b> 9:17AM – 10:52AM	<b>Shatabhishak Until 8:10PM</b> Subha Until 4:41PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<i>Sunrise: 6:05AM</i> <i>Sunset: 6:51PM</i>	Vilamba 5120 Moon 3 - Phase 48	
192483468	Rahu	<b>3:39PM – 5:15PM</b>		Gara Until 5:23PM Trayodashi* Until 6:28AM Wed	<b>Nataraja: Purple</b> Moon – Purple	<b>Subha Sivaloka Day</b>	2nd Phase	
Routine Work Marana Yoga								
		<i>Pradosha Vrata (Fasting)</i>						
<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 13 Sutra 353
Kumbha Rasi: 24.49	Tithi 28 – 29	<b>Gulika</b> Yama	<b>10:52AM – 12:28PM</b> 7:40AM – 9:16AM	<b>Purvaproshtapada* Until 10:55PM</b> Sukla Until 5:17PM	<b>Ganesha: Orange</b> <b>Muruqa: Yellow</b>	<i>Sunrise: 6:03AM</i> <i>Sunset: 6:52PM</i>	Vilamba 5120 Moon 3 - Phase 48	
112483468	Rahu	<b>12:28PM – 2:04PM</b>		Visti Until 7:30PM Trayodashi* Until 6:28AM	<b>Nataraja: Purple</b> Moon – Clear	<b>Sivaloka Day</b>	2nd Phase	
Creative Work Amrita Yoga Until 10:55PM Then Creative Work - Siddha Yoga								
<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy Sun 14 Sutra 354
Meena Rasi: 6.55	Tithi 29 – 30	<b>Gulika</b> Yama	<b>9:14AM – 10:51AM</b> 6:02AM – 7:38AM	<b>Uttaraproshtapada Until 1:06AM Fri</b> Brahma Until 5:36PM	<b>Ganesha: Orange</b> <b>Muruqa: Yellow</b>	<i>Sunrise: 6:02AM</i> <i>Sunset: 6:53PM</i>	Vilamba 5120 Moon 3 - Phase 48	
112483468	Rahu	<b>2:04PM – 3:40PM</b>		Catuspada Until 9:11PM Chaturdashi* Until 8:22AM	<b>Nataraja: Purple</b> Moon – Clear	<b>Sivaloka Day</b>	Amavasya	
Creative Work Siddha Yoga								
<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhrili* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Milan, Italy Sun 15 Sutra 355
Meena Rasi: 19.11	Tithi 30 – 1	<b>Gulika</b> Yama	<b>7:37AM – 9:13AM</b> 3:41PM – 5:18PM	<b>Revati Until 2:42AM Sat</b> Indra Until 5:37PM	<b>Ganesha: Orange</b> <b>Muruqa: Yellow</b>	<i>Sunrise: 6:00AM</i> <i>Sunset: 6:54PM</i>	Vilamba 5120 Moon 3 - Phase 48	
112483468	Rahu	<b>10:50AM – 12:27PM</b>		Kintughna Until 10:27PM Amavasya* Until 9:51AM	<b>Nataraja: Purple</b> Moon – Clear	<b>Sivaloka Day</b>	Prathama	
Creative Work Siddha Yoga		Yugadhi		Chaitra-Panguni				

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhrili/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 16 Sutra 356 Vilamba 5120
Mesha Rasi: 1.38	Tithi 1 – 2	<b>Gulika</b> 5:58AM – 7:35AM	<b>Ashvini Until 4:13AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:58AM	
		Yama 2:04PM – 3:41PM	Vaidhrili* Until 5:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 49
		123483468 <b>Rahu</b> 9:12AM – 10:50AM	Balava Until 11:17PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Prathama* Until 10:54AM</b>	Moon – White		<b>Devaloka Day</b>
Until 4:13AM Sun		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra-Panguni</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy Sun 17 Sutra 357 Vilamba 5120
Mesha Rasi: 14.16	Tithi 2 – 3	<b>Gulika</b> 3:42PM – 5:19PM	<b>Bharani Until 5:12AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:56AM	
		Yama 12:26PM – 2:04PM	Vishkambha* Until 4:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 49
		123483468 <b>Rahu</b> 5:19PM – 6:57PM	Taitila Until 11:42PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Prabalarishta Yoga			<b>Dvitiya Until 11:31AM</b>	Moon – White		<b>Devaloka Day</b>
Until 5:12AM Mon				<b>Chaitra-Panguni</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Milan, Italy Sun 18 Sutra 358 Vilamba 5120
Mesha Rasi: 27.05	Tithi 3 – 4	<b>Gulika</b> 2:04PM – 3:42PM	<b>Krittika Until 5:39AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	
<b>Family Home Evening</b>		Yama 10:48AM – 12:26PM	Priti Until 3:40PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 49
		123483468 <b>Rahu</b> 7:32AM – 9:10AM	Vanija Until 11:45PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Marana Yoga			<b>Tritiya Until 11:45AM</b>	Moon – White		<b>Devaloka Day</b>
Until 5:39AM Tue				<b>Chaitra-Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 19 Sutra 359 Vilamba 5120
Vrisabha Rasi: 10.05	Tithi 4 – 5	<b>Gulika</b> 12:26PM – 2:04PM	<b>Rohini Until 6:03AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM	
		Yama 9:09AM – 10:48AM	Ayushman Until 2:25PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 49
		133483468 <b>Rahu</b> 3:43PM – 5:21PM	Bava Until 11:26PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Amrita Yoga			<b>Chaturthi* Until 11:37AM</b>	Moon – Yellow		<b>Sivaloka Day</b>
Until 6:03AM Wed				<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Milan, Italy Sun 20 Sutra 360 Vilamba 5120
Vrisabha Rasi: 23.17	Tithi 5 – 6	<b>Gulika</b> 10:47AM – 12:26PM	<b>Rohini Until 6:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	
		Yama 7:29AM – 9:08AM	Saubhagya Until 12:53PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 49
		133483468 <b>Rahu</b> 12:26PM – 2:04PM	Kaulava Until 10:44PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 11:07AM</b>	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Chaitra-Panguni</b>		

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy Sun 21 Sutra 361 Vilamba 5120
Mithuna Rasi: 6.41	Tithi 6 – 7	<b>Gulika</b> 9:07AM – 10:46AM	<b>Ardra Until 5:16AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	
		Yama 5:49AM – 7:28AM	Sobhana Until 11:04AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 49
		133483468 <b>Rahu</b> 2:05PM – 3:44PM	Gara Until 9:39PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 10:14AM</b>	Moon – Yellow		<b>Sivaloka Day</b>
Until 5:16AM Fri				<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Milan, Italy Sun 22 Sutra 362 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:26AM – 9:06AM	<b>Punarvasu Until 4:29AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:47AM	
Mithuna Rasi: 20.19	Tithi 7 – 8	Yama 3:44PM – 5:24PM	Athiganda* Until 8:53AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 49
		143483468 <b>Rahu</b> 10:46AM – 12:25PM	Visti Until 8:08PM	<b>Nataraja:</b> Purple		Ashtami
Creative Work Siddha Yoga			<b>Saptami Until 8:56AM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Chaitra-Panguni</b>		

<b>☽</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 23 Sutra 363 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:45AM – 7:25AM	<b>Pushya Until 3:09AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	
Kataka Rasi: 4.12	Tithi 8 – 9	Yama 2:05PM – 3:45PM	Sukarma Until 6:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:05PM	Moon 3 - Phase 49
		143483468 <b>Rahu</b> 9:05AM – 10:45AM	Balava Until 6:13PM	<b>Nataraja:</b> Purple		Navami
Creative Work Siddha Yoga			<b>Ashtami* Until 7:13AM</b>	Moon – Blue		<b>Devaloka Day</b>
		<b>Sri Rama Navami</b>		<b>Chaitra-Panguni</b>		

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Milan, Italy Sutra 364 Vikarin 5121
Kataka Rasi: 18.21	Tithi 10	<b>Gulika</b> 3:45PM – 5:26PM	<b>Ashlesha* Until 1:19AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise: 5:43AM</i>	Sun 24	
		Yama 12:25PM – 2:05PM	Shula* Until 12:27AM Mon	<b>Muruqa:</b> Yellow <i>Sunset: 7:06PM</i>		Moon 3 - Phase 1
		143483468 <b>Rahu</b> 5:26PM – 7:06PM	Taitila Until 3:55PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga				Moon – Blue	<b>Devaloka Day</b>	
Until 1:19AM Mon		<b>Tamil New Year</b>	<b>Dashami Until 2:37AM Mon</b>	<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy Sutra 1 Vikarin 5121
Simha Rasi: 2.44	Tithi 11	<b>Gulika</b> 2:05PM – 3:46PM	<b>Magha* Until 11:27PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:41AM</i>	Sun 25	
<b>Family Home Evening</b>		Yama 10:44AM – 12:24PM	Ganda* Until 9:05PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:07PM</i>		Moon 3 - Phase 1
Routine Work Marana Yoga		253483468 <b>Rahu</b> 7:22AM – 9:03AM	Vanija Until 1:16PM	<b>Nataraja:</b> Purple		4th Phase
Until 11:27PM				Moon – Red	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga			<b>Ekadashi Until 11:50PM</b>	<b>Chaitra*Chaitra</b>		

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau				Milan, Italy Sutra 2 Vikarin 5121
Simha Rasi: 17.19	Tithi 12	<b>Gulika</b> 12:24PM – 2:05PM	<b>Purvaphalguni Until 9:16PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:40AM</i>	Sun 26	
		Yama 9:02AM – 10:43AM	Vridhhi Until 5:33PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:08PM</i>		Moon 3 - Phase 1
		253483468 <b>Rahu</b> 3:46PM – 5:27PM	Bava Until 10:23AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga				Moon – Red	<b>Devaloka Day</b>	
Until 9:16PM			<b>Dvodashi Until 8:52PM</b>	<b>Chaitra*Chaitra</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sutra 3 Vikarin 5121
Kanya Rasi: 2.01	Tithi 13 – 14	<b>Gulika</b> 10:42AM – 12:24PM	<b>Uttaraphalguni Until 6:53PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:38AM</i>	Sun 27	
		Yama 7:19AM – 9:01AM	Dhruva Until 1:56PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:10PM</i>		Moon 3 - Phase 1
		253483468 <b>Rahu</b> 12:24PM – 2:05PM	Kaulava Until 7:22AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Amrita Yoga				Moon – Red	<b>Devaloka Day</b>	
Until 6:53PM			<b>Trayodashi Until 5:50PM</b>	<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:00AM – 10:42AM	<b>Hasta Until 4:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:36AM</i>	Sun 28	
Kanya Rasi: 16.42	Tithi 14 – 15	Yama 5:36AM – 7:18AM	Vyaghata* Until 10:22AM	<b>Muruqa:</b> Yellow <i>Sunset: 7:11PM</i>		Moon 3 - Phase 1
		263483468 <b>Rahu</b> 2:05PM – 3:47PM	Visti Until 1:30AM Fri	<b>Nataraja:</b> Purple		Purnima
Routine Work Marana Yoga				Moon – Green	<b>Sivaloka Day</b>	
Until 4:51PM		<b>Chitra Purnima (Tamil Nadu)</b>	<b>Chaturdashi* Until 2:53PM</b>	<b>Chaitra*Chaitra</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:17AM – 8:59AM	<b>Chitra Until 2:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:34AM</i>	Sun 29	
Tula Rasi: 1.17	Tithi 15 – 16	Yama 3:48PM – 5:30PM	Harshana Until 6:59AM	<b>Muruqa:</b> Yellow <i>Sunset: 7:12PM</i>		Moon 3 - Phase 1
		263483468 <b>Rahu</b> 10:41AM – 12:23PM	Balava Until 10:57PM	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga				Moon – Green	<b>Sivaloka Day</b>	
			<b>Purnima* Until 12:09PM</b>	<b>Chaitra*Chaitra</b>		