



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

Kingston, Jamaica
Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 3.38 Tithi 17
273832369 Rahu
Creative Work Siddha Yoga

Gulika 12:03PM – 1:39PM
Yama 8:51AM – 10:27AM
Rahu 3:15PM – 4:51PM

Anuradha Until 7:05AM Wed
Varyan Until 10:48PM
Taitila Until 8:40AM
Dvitiya Until 9:09PM

Ganesha: Purple *Sunrise:* 5:39AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 16.06 Tithi 18
273832369 Rahu
Creative Work Siddha Yoga

Gulika 10:27AM – 12:03PM
Yama 7:15AM – 8:51AM
Rahu 12:03PM – 1:39PM

Anuradha Until 7:05AM
Parigha* Until 10:56PM
Vanija Until 9:49AM
Tritiya Until 10:34PM

Ganesha: Purple *Sunrise:* 5:39AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica
Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 28.19 Tithi 19
274832369 Rahu
Routine Work Prabalarishta Yoga
Until 9:08AM
Then Creative Work - Siddha Yoga

Gulika 8:51AM – 10:27AM
Yama 5:38AM – 7:14AM
Rahu 1:39PM – 3:15PM

Jyeshtha* Until 9:08AM
Shiva Until 11:28PM
Bava Until 11:30AM
Chaturthi* Until 12:30AM Fri

Ganesha: Clear *Sunrise:* 5:38AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 10.21 Tithi 20
284832369 Rahu
Creative Work Amrita Yoga
Until 11:59AM
Then Routine Work - Prabalarishta Yoga

Gulika 7:14AM – 8:50AM
Yama 3:15PM – 4:52PM
Rahu 10:27AM – 12:03PM

Mula* Until 11:59AM
Siddha Until 12:17AM Sat
Kaulava Until 1:39PM
Panchami Until 2:50AM Sat

Ganesha: White *Sunrise:* 5:38AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 22.14 Tithi 21
284832369 Rahu
Creative Work Siddha Yoga
Until 2:59PM
Then Routine Work - Marana Yoga

Gulika 5:37AM – 7:14AM
Yama 1:39PM – 3:15PM
Rahu 8:50AM – 10:26AM

Purvashadha* Until 2:59PM
Sadhya Until 1:18AM Sun
Gara Until 4:07PM
Shashthi* Until 5:23AM Sun

Ganesha: White *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti* Karana Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Makara Rasi: 4.02 Tithi 22
284832369 Rahu
Creative Work Amrita Yoga

Gulika 3:16PM – 4:52PM
Yama 12:03PM – 1:39PM
Rahu 4:52PM – 6:29PM

Uttarashadha Until 5:55PM
Subha Until 2:22AM Mon
Visti Until 6:42PM
Saptami Until 7:56AM Mon

Ganesha: White *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Makara Rasi: 15.52 Tithi 22 – 23
Family Home Evening
294832369 Rahu
Creative Work Amrita Yoga
Until 9:04PM
Then Creative Work - Siddha Yoga

Gulika 1:39PM – 3:16PM
Yama 10:26AM – 12:03PM
Rahu 7:13AM – 8:49AM

Shravana Until 9:04PM
Sukla Until 3:14AM Tue
Balava Until 9:08PM
Saptami Until 7:56AM

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami

Makara Rasi: 27.46 Tithi 23 – 24
294832369 Rahu
Creative Work Siddha Yoga
Until 11:40PM
Then Routine Work - Marana Yoga

Gulika 12:03PM – 1:39PM
Yama 8:49AM – 10:26AM
Rahu 3:16PM – 4:53PM

Dhanishtha Until 11:40PM
Brahma Until 3:46AM Wed
Taitila Until 11:10PM
Ashtami* Until 10:12AM

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1	Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 8 Sutra 24 Vilamba 5120
	Kumbha Rasi: 9.52	Tithi 24 – 25	Gulika 10:26AM – 12:02PM	Shatabhishak Until 1:30AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	
			Yama 7:12AM – 8:49AM	Indra Until 3:49AM Thu	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 4
	294832369		Rahu 12:02PM – 1:39PM	Vanija Until 12:35AM Thu	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 11:57AM	Moon – Purple		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	

2	Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 9 Sutra 25 Vilamba 5120
	Kumbha Rasi: 22.15	Tithi 25 – 26	Gulika 8:49AM – 10:26AM	Purvaproshtapada* Until 2:55AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	
			Yama 5:35AM – 7:12AM	Vaidhriti* Until 3:14AM Fri	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 4
	214832369		Rahu 1:39PM – 3:16PM	Bava Until 1:14AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:00PM	Moon – Clear		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	

3	Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 10 Sutra 26 Vilamba 5120
	Meena Rasi: 4.59	Tithi 26 – 27	Gulika 7:12AM – 8:48AM	Uttaraproshtapada Until 3:22AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:35AM	
			Yama 3:16PM – 4:53PM	Vishkambha* Until 2:01AM Sat	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 4
	214932369		Rahu 10:25AM – 12:02PM	Kaulava Until 1:03AM Sat	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:14PM	Moon – Clear		Bhuloka Day	
Until 3:22AM Sat				Vaisaka-Chaitra			
Then Routine Work - Prabalarishta Yoga							

4	Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 27 Vilamba 5120
	Meena Rasi: 18.07	Tithi 27 – 28	Gulika 5:34AM – 7:11AM	Revati Until 2:53AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:34AM	
			Yama 1:39PM – 3:16PM	Priti Until 12:10AM Sun	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 4
	214932369		Rahu 8:48AM – 10:25AM	Gara Until 12:05AM Sun	Nataraja: Purple		2nd Phase
Routine Work	Prabalarishta Yoga		Dvadashi* Until 12:39PM	Moon – Clear		Bhuloka Day	
Until 2:53AM Sun				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 28 Vilamba 5120
	Mesha Rasi: 1.41	Tithi 28 – 29	Gulika 3:17PM – 4:54PM	Ashvini Until 2:01AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:34AM	
			Yama 12:02PM – 1:39PM	Ayushman Until 9:45PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 4
	224932369		Rahu 4:54PM – 6:31PM	Visti Until 10:24PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:18AM	Moon – White		Bhuloka Day	
		Mother's Day		Vaisaka-Chaitra			

	Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 29 Vilamba 5120
	Retreat Star		Gulika 1:40PM – 3:17PM	Bharani Until 12:28AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:33AM	
	Mesha Rasi: 15.4	Tithi 29 – 30	Yama 10:25AM – 12:02PM	Saubhagya Until 6:51PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 4
	Family Home Evening		Rahu 7:11AM – 8:48AM	Catuspada Until 8:09PM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 9:20AM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi			

Retreat Star	Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 30 Vilamba 5120
	Mesha Rasi: 29.59	Tithi 30 – 1	Gulika 12:02PM – 1:40PM	Krittika Until 10:22PM	Ganesha: Red	<i>Sunrise:</i> 5:33AM	
			Yama 8:48AM – 10:25AM	Sobhana Until 3:37PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 4
	225932369		Rahu 3:17PM – 4:54PM	Bava Until 4:01AM Wed	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 6:51AM	Moon – White		Bhuloka Day	
Until 10:22PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 31 Vilamba 5120	
Vrishabha Rasi: 14.33	Tithi 2	Gulika 10:25AM – 12:02PM	Rohini Until 8:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM		
		Yama 7:10AM – 8:48AM	Athiganda* Until 12:08PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5	
235932369		Rahu 12:02PM – 1:40PM	Balava Until 2:33PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:01AM Thu	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

2		Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 32 Vilamba 5120	
Vrishabha Rasi: 29.15	Tithi 3	Gulika 8:47AM – 10:25AM	Mrigashira Until 6:05PM	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM		
		Yama 5:32AM – 7:10AM	Sukarma Until 8:34AM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5	
235932369		Rahu 1:40PM – 3:17PM	Taitila Until 11:30AM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 9:58PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

3		Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visi* Karana Chaturthyam Titau		Kingston, Jamaica Sun 17 Sutra 33 Vilamba 5120	
Mithuna Rasi: 13.57	Tithi 4	Gulika 7:10AM – 8:47AM	Ardra Until 3:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM		
		Yama 3:18PM – 4:55PM	Shula* Until 1:32AM Sat	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 5	
235932369		Rahu 10:25AM – 12:02PM	Vanija Until 8:29AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 7:00PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

4		Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kingston, Jamaica Sun 18 Sutra 34 Vilamba 5120	
Mithuna Rasi: 28.33	Tithi 5 – 6	Gulika 5:32AM – 7:09AM	Punarvasu Until 1:55PM	Ganesha: White	<i>Sunrise:</i> 5:32AM		
		Yama 1:40PM – 3:18PM	Ganda* Until 10:16PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 5	
245932369		Rahu 8:47AM – 10:25AM	Kaulava Until 3:00AM Sun	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 4:15PM	Moon – Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

5		Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 19 Sutra 35 Vilamba 5120	
Kataka Rasi: 12.58	Tithi 6 – 7	Gulika 3:18PM – 4:56PM	Pushya Until 12:13PM	Ganesha: White	<i>Sunrise:</i> 5:32AM		
		Yama 12:03PM – 1:40PM	Vriddhi Until 7:17PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 5	
245932369		Rahu 4:56PM – 6:33PM	Gara Until 12:43AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 1:48PM	Moon – Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

Monday, May 21, 2018		Retreat Star		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visi* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 20 Sutra 36 Vilamba 5120	
Kataka Rasi: 27.08	Tithi 7 – 8	Gulika 1:40PM – 3:18PM	Ashlesha* Until 10:44AM	Ganesha: White	<i>Sunrise:</i> 5:31AM		
Family Home Evening		Yama 10:25AM – 12:03PM	Dhruva Until 4:35PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 5	
245932369		Rahu 7:09AM – 8:47AM	Visi Until 10:49PM	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 11:42AM	Moon – Blue		Devaloka Day	
Until 10:44AM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Tuesday, May 22, 2018		Retreat Star		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 21 Sutra 37 Vilamba 5120	
Simha Rasi: 11.04	Tithi 8 – 9	Gulika 12:03PM – 1:41PM	Magha* Until 9:55AM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		
		Yama 8:47AM – 10:25AM	Vyaghata* Until 2:13PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 5	
255932369		Rahu 3:18PM – 4:56PM	Balava Until 9:19PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 10:00AM	Moon – Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1		Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrshabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 22 Sutra 38	
Simha Rasi: 24.45	Tithi 9 – 10	255932369	Gulika 10:25AM – 12:03PM Yama 7:09AM – 8:47AM Rahu 12:03PM – 1:41PM	Purvaphalguni Until 9:23AM Harshana Until 12:12PM Taitila Until 8:13PM Navami* Until 8:42AM	Ganesha: Clear <i>Sunrise: 5:31AM</i> Muruqa: White <i>Sunset: 6:35PM</i> Nataraja: Purple Moon – Red	Vilamba 5120 Moon 4 - Phase 6 4th Phase	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work Amrita Yoga							

2		Thursday, May 24, 2018		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrshabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 23 Sutra 39	
Kanya Rasi: 8.12	Tithi 10 – 11	255932369	Gulika 8:47AM – 10:25AM Yama 5:31AM – 7:09AM Rahu 1:41PM – 3:19PM	Uttaraphalguni Until 9:05AM Vajra* Until 10:28AM Vanija Until 7:31PM Dashami Until 7:48AM	Ganesha: Clear <i>Sunrise: 5:31AM</i> Muruqa: White <i>Sunset: 6:35PM</i> Nataraja: Purple Moon – Red	Vilamba 5120 Moon 4 - Phase 6 4th Phase	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Amrita Yoga Until 9:05AM Then Routine Work - Marana Yoga							

3		Friday, May 25, 2018		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrshabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatlipata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 24 Sutra 40	
Kanya Rasi: 21.26	Tithi 11 – 12	366932369	Gulika 7:09AM – 8:47AM Yama 3:19PM – 4:57PM Rahu 10:25AM – 12:03PM	Hasta Until 9:28AM Siddhi Until 9:04AM Bava Until 7:12PM Ekadashi Until 7:18AM	Ganesha: Purple <i>Sunrise: 5:30AM</i> Muruqa: White <i>Sunset: 6:35PM</i> Nataraja: Purple Moon – Green	Vilamba 5120 Moon 4 - Phase 6 4th Phase	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work Amrita Yoga Until 9:28AM Then Creative Work - Siddha Yoga							

4		Saturday, May 26, 2018		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrshabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatlipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 25 Sutra 41	
Tula Rasi: 4.28	Tithi 12 – 13	366932369	Gulika 5:30AM – 7:08AM Yama 1:41PM – 3:19PM Rahu 8:47AM – 10:25AM	Chitra Until 10:05AM Vyatlipata* Until 7:59AM Kaulava Until 7:17PM Dvadashi Until 7:11AM	Ganesha: Purple <i>Sunrise: 5:30AM</i> Muruqa: White <i>Sunset: 6:36PM</i> Nataraja: Purple Moon – Green	Vilamba 5120 Moon 4 - Phase 6 4th Phase	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Routine Work Marana Yoga Until 10:05AM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>					

5		Sunday, May 27, 2018		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrshabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 26 Sutra 42	
Tula Rasi: 17.17	Tithi 13 – 14	366932369	Gulika 3:20PM – 4:58PM Yama 12:03PM – 1:41PM Rahu 4:58PM – 6:36PM	Svati Until 10:56AM Variyan Until 7:11AM Gara Until 7:46PM Trayodashi Until 7:27AM	Ganesha: Purple <i>Sunrise: 5:30AM</i> Muruqa: White <i>Sunset: 6:36PM</i> Nataraja: Purple Moon – Green	Vilamba 5120 Moon 4 - Phase 6 4th Phase	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work Siddha Yoga Until 10:56AM Then Routine Work - Marana Yoga		Vaikasi Visakam					

		Monday, May 28, 2018		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrshabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Kingston, Jamaica Sun 27 Sutra 43	
Tula Rasi: 29.56	Tithi 14 – 15	376932369	Gulika 1:42PM – 3:20PM Yama 10:25AM – 12:03PM Rahu 7:08AM – 8:47AM	Vishakha Until 12:30PM Parigha* Until 6:44AM Visti Until 8:41PM Chaturdashi* Until 8:09AM	Ganesha: Clear <i>Sunrise: 5:30AM</i> Muruqa: White <i>Sunset: 6:36PM</i> Nataraja: Purple Moon – Orange	Vilamba 5120 Moon 4 - Phase 6 Purnima	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Family Home Evening Routine Work Marana Yoga Until 12:30PM Then Creative Work - Siddha Yoga							

6		Tuesday, May 29, 2018		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrshabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kingston, Jamaica Sun 28 Sutra 44	
Vrischika Rasi: 12.22	Tithi 15 – 16	376932369	Gulika 12:03PM – 1:42PM Yama 8:47AM – 10:25AM Rahu 3:20PM – 4:58PM	Anuradha Until 2:22PM Shiva Until 6:39AM Balava Until 10:03PM Purnima* Until 9:17AM	Ganesha: Clear <i>Sunrise: 5:30AM</i> Muruqa: White <i>Sunset: 6:37PM</i> Nataraja: Purple Moon – Orange	Vilamba 5120 Moon 4 - Phase 6 Prathama	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Until 2:22PM Then Routine Work - Marana Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 24.37 Tithi 16 - 17

376932369

Gulika

10:25AM - 12:03PM

Yama

7:08AM - 8:47AM

Rahu

12:03PM - 1:42PM

Jyeshtha* Until 4:29PM

Siddha Until 6:53AM

Taitila Until 11:51PM

Prathama* Until 10:52AM

Ganesha: Clear

Sunrise: 5:30AM

Muruqa: White

Sunset: 6:37PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 6.41 Tithi 17 - 18

386932369

Gulika

8:47AM - 10:25AM

Yama

5:30AM - 7:08AM

Rahu

1:42PM - 3:21PM

Mula* Until 7:19PM

Sadhya Until 7:27AM

Vanija Until 2:02AM Fri

Dvitiya Until 12:53PM

Ganesha: White

Sunrise: 5:30AM

Muruqa: White

Sunset: 6:38PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 18.37 Tithi 18 - 19

387932369

Gulika

7:08AM - 8:47AM

Yama

3:21PM - 4:59PM

Rahu

10:25AM - 12:04PM

Purvashadha* Until 10:17PM

Subha Until 8:18AM

Bava Until 4:30AM Sat

Tritiya Until 3:13PM

Ganesha: Yellow

Sunrise: 5:30AM

Muruqa: White

Sunset: 6:38PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 0.27 Tithi 19 - 20

387932369

Gulika

5:30AM - 7:08AM

Yama

1:43PM - 3:21PM

Rahu

8:47AM - 10:25AM

Uttarashadha Until 1:15AM Sun

Sukla Until 9:20AM

Kaulava Until 7:06AM Sun

Chaturthi* Until 5:47PM

Ganesha: Yellow

Sunrise: 5:30AM

Muruqa: White

Sunset: 6:38PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 1:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 12.14 Tithi 20

397932369

Gulika

3:21PM - 5:00PM

Yama

12:04PM - 1:43PM

Rahu

5:00PM - 6:39PM

Shravana Until 4:32AM Mon

Brahma Until 10:27AM

Kaulava Until 7:06AM

Panchami Until 8:22PM

Ganesha: Blue

Sunrise: 5:30AM

Muruqa: White

Sunset: 6:39PM

Nataraja: Purple

Moon - Purple

Devaloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Amrita Yoga

Until 4:32AM Mon

Then Creative Work - Siddha Yoga

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 24.02 Tithi 21

397932369

Gulika

1:43PM - 3:22PM

Yama

10:26AM - 12:04PM

Rahu

7:08AM - 8:47AM

Dhanishtha Until 7:25AM Tue

Indra Until 11:30AM

Gara Until 9:37AM

Shashthi* Until 10:46PM

Ganesha: Blue

Sunrise: 5:29AM

Muruqa: White

Sunset: 6:39PM

Nataraja: Purple

Moon - Purple

Devaloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Siddha Yoga

Until 7:25AM Tue

Then Routine Work - Marana Yoga

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saplamyam Titau

Kingston, Jamaica

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 5.57 Tithi 22

397132361

Gulika

12:04PM - 1:43PM

Yama

8:47AM - 10:26AM

Rahu

3:22PM - 5:01PM

Dhanishtha Until 7:25AM

Vaidhriti* Until 12:17PM

Visti Until 11:51AM

Saptami Until 12:45AM Wed

Ganesha: Purple

Sunrise: 5:29AM

Muruqa: White

Sunset: 6:39PM

Nataraja: White

Moon - Purple

Devaloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Siddha Yoga

Until 7:25AM

Then Routine Work - Marana Yoga

Retreat Star

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 18.02 Tithi 23

397132361

Gulika

10:26AM - 12:05PM

Yama

7:08AM - 8:47AM

Rahu

12:05PM - 1:43PM

Shatabhishak Until 9:39AM

Vishkambha* Until 12:41PM

Balava Until 1:33PM

Ashtami* Until 2:08AM Thu

Ganesha: Purple

Sunrise: 5:29AM

Muruqa: White

Sunset: 6:40PM

Nataraja: White

Moon - Purple

Devaloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Siddha Yoga

Until 9:39AM

Then Creative Work - Amrita Yoga

Retreat Star

Thursday, June 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Meena Rasi: 0.25 Tithi 24

317132361

Gulika

8:47AM - 10:26AM

Yama

5:30AM - 7:08AM

Rahu

1:44PM - 3:22PM

Purvaproshtapada* Until 11:33AM

Priti Until 12:33PM

Taitila Until 2:33PM

Navami* Until 2:44AM Fri

Ganesha: Blue

Sunrise: 5:30AM

Muruqa: White

Sunset: 6:40PM

Nataraja: White

Moon - Clear

Devaloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1		Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Kingston, Jamaica
Meena Rasi: 13.08	Tithi 25	318132361	Gulika 7:08AM – 8:47AM Yama 3:23PM – 5:01PM Rahu 10:26AM – 12:05PM	Uttaraproshtapada Until 12:31PM Ayushman Until 11:45AM Vanija Until 2:44PM Dashami Until 2:29AM Sat	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	Sunrise: 5:30AM Sunset: 6:40PM	Sun 9	Sutra 54 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Creative Work	Siddha Yoga						Bhuloka Day Devaloka Time: 6:AM to 9:AM	

2		Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica
Meena Rasi: 26.16	Tithi 26	318132361	Gulika 5:30AM – 7:09AM Yama 1:44PM – 3:23PM Rahu 8:47AM – 10:26AM	Revati Until 12:29PM Saubhagya Until 10:18AM Bava Until 2:04PM Ekadashi* Until 1:25AM Sun	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	Sunrise: 5:30AM Sunset: 6:41PM	Sun 10	Sutra 55 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Routine Work	Prabalarishta Yoga						Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Until 12:29PM								
Then Creative Work - Siddha Yoga								

3		Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailila Karana Dvadashtyam Titau				Kingston, Jamaica
Mesha Rasi: 9.52	Tithi 27	328132361	Gulika 3:23PM – 5:02PM Yama 12:05PM – 1:44PM Rahu 5:02PM – 6:41PM	Ashvini Until 11:58AM Sobhana Until 8:13AM Kaulava Until 12:36PM Dvadashti* Until 11:34PM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 5:30AM Sunset: 6:41PM	Sun 11	Sutra 56 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Creative Work	Siddha Yoga						Bhuloka Day	
Until 11:58AM								
Then Routine Work - Prabalarishta Yoga								

4		Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica
Mesha Rasi: 23.55	Tithi 28	328132361	Gulika 1:44PM – 3:23PM Yama 10:27AM – 12:06PM Rahu 7:09AM – 8:48AM	Bharani Until 10:35AM Sukarma Until 2:18AM Tue Gara Until 10:25AM Trayodashi* Until 9:05PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 5:30AM Sunset: 6:41PM	Sun 12	Sutra 57 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Family Home Evening							Bhuloka Day	
Creative Work	Siddha Yoga							
Until 10:35AM								
Then Routine Work - Marana Yoga								

5		Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica
Vrishabha Rasi: 8.23	Tithi 29	328132361	Gulika 12:06PM – 1:45PM Yama 8:48AM – 10:27AM Rahu 3:24PM – 5:03PM	Krittika Until 8:29AM Dhriti Until 10:43PM Visti Until 7:40AM Chaturdashi* Until 6:06PM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 5:30AM Sunset: 6:42PM	Sun 13	Sutra 58 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
Creative Work	Siddha Yoga						Bhuloka Day	
Until 8:29AM								
Then Creative Work - Amrita Yoga								

		Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kingston, Jamaica
Retreat Star			Gulika 10:27AM – 12:06PM Yama 7:09AM – 8:48AM Rahu 12:06PM – 1:45PM	Rohini Until 6:15AM Shula* Until 6:52PM Kintughna Until 1:03AM Thu Amavasya* Until 2:47PM	Ganesha: White Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 5:30AM Sunset: 6:42PM	Sun 14	Sutra 59 Vilamba 5120 Moon 5 - Phase 8 Amavasya
Vrishabha Rasi: 23.1	Tithi 30 – 1	338132361					Bhuloka Day	
Creative Work	Siddha Yoga							

Thursday, June 14, 2018		Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica
Mithuna Rasi: 8.09	Tithi 1 – 2	339132361	Gulika 8:48AM – 10:27AM Yama 5:30AM – 7:09AM Rahu 1:45PM – 3:24PM	Ardra Until 12:46AM Fri Ganda* Until 2:53PM Balava Until 9:31PM Prathama* Until 11:16AM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 5:30AM Sunset: 6:42PM	Sun 15	Sutra 60 Vilamba 5120 Moon 5 - Phase 8 Prathama
Routine Work	Marana Yoga						Bhuloka Day Devaloka Time: 9:AM to 12:PM	
Until 12:46AM Fri								
Then Creative Work - Siddha Yoga								

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau			Kingston, Jamaica Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 23.11	Tithi 2 – 3	Gulika 7:09AM – 8:48AM	Punarvasu Until 10:16PM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM		
		Yama 3:24PM – 5:03PM	Vriddhi Until 10:56AM	Muruqa: White	<i>Sunset:</i> 6:42PM		Moon 5 - Phase 9
		349132361 Rahu 10:27AM – 12:06PM	Taitila Until 6:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:44AM	Moon – Blue		Bhuloka Day	
Until 10:16PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturtham Titau			Kingston, Jamaica Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 8.07	Tithi 4	Gulika 5:30AM – 7:09AM	Pushya Until 7:51PM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM		
		Yama 1:46PM – 3:25PM	Dhruva Until 7:05AM	Muruqa: White	<i>Sunset:</i> 6:43PM		Moon 5 - Phase 9
		349132361 Rahu 8:48AM – 10:28AM	Vanija Until 2:44PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:11AM Sun	Moon – Blue		Bhuloka Day	
Until 7:51PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau			Kingston, Jamaica Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 22.51	Tithi 5	Gulika 3:25PM – 5:04PM	Ashlesha* Until 5:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:31AM		
		Yama 12:07PM – 1:46PM	Harshana Until 12:13AM Mon	Muruqa: White	<i>Sunset:</i> 6:43PM		Moon 5 - Phase 9
		349132361 Rahu 5:04PM – 6:43PM	Bava Until 11:46AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:26PM	Moon – Blue		Bhuloka Day	
Until 5:40PM		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
4		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashtham Titau			Kingston, Jamaica Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 7.16	Tithi 6	Gulika 1:46PM – 3:25PM	Magha* Until 4:14PM	Ganesha: Green	<i>Sunrise:</i> 5:31AM		
Family Home Evening		Yama 10:28AM – 12:07PM	Vajra* Until 9:20PM	Muruqa: White	<i>Sunset:</i> 6:43PM		Moon 5 - Phase 9
Routine Work	Marana Yoga	359132361 Rahu 7:10AM – 8:49AM	Kaulava Until 9:15AM	Nataraja: White			3rd Phase
Until 4:14PM			Shashthi* Until 8:09PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			
5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau			Kingston, Jamaica Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 21.21	Tithi 7	Gulika 12:07PM – 1:46PM	Purvaphalguni Until 3:12PM	Ganesha: Green	<i>Sunrise:</i> 5:31AM		
		Yama 8:49AM – 10:28AM	Siddhi Until 6:55PM	Muruqa: White	<i>Sunset:</i> 6:44PM		Moon 5 - Phase 9
		359132361 Rahu 3:25PM – 5:04PM	Gara Until 7:15AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:27PM	Moon – Red		Devaloka Day	
Until 3:12PM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipala*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kingston, Jamaica Sun 21 Sutra 66 Vilamba 5120
Kanya Rasi: 5.04	Tithi 8 – 9	Gulika 10:28AM – 12:07PM	Uttaraphalguni Until 2:36PM	Ganesha: Green	<i>Sunrise:</i> 5:31AM		
		Yama 7:10AM – 8:49AM	Vyatipala* Until 5:01PM	Muruqa: White	<i>Sunset:</i> 6:44PM		Moon 5 - Phase 9
		359132361 Rahu 12:07PM – 1:47PM	Balava Until 5:00AM Thu	Nataraja: White			Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 5:19PM	Moon – Red		Devaloka Day	
Until 2:36PM		Chidambaram Abhishekam		Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Kingston, Jamaica Sun 22 Sutra 67 Vilamba 5120
Kanya Rasi: 18.27	Tithi 9 – 10	Gulika 8:49AM – 10:29AM	Hasta Until 2:54PM	Ganesha: Red	<i>Sunrise:</i> 5:31AM		
		Yama 5:31AM – 7:10AM	Variyan Until 3:33PM	Muruqa: White	<i>Sunset:</i> 6:44PM		Moon 5 - Phase 9
		369132361 Rahu 1:47PM – 3:26PM	Taitila Until 4:45AM Fri	Nataraja: White			Navami
Routine Work	Marana Yoga		Navami* Until 4:47PM	Moon – Green		Bhuloka Day	
Until 2:54PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang

1		Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Kingston, Jamaica Sun 23	Sutra 68 Vilamba 5120
Tula Rasi: 1.31	Tithi 10 - 11	Gulika 7:11AM - 8:50AM	Chitra Until 3:35PM	Ganesha: Green	<i>Sunrise:</i> 5:32AM			
		Yama 3:26PM - 5:05PM	Parigha* Until 2:32PM	Muruqa: White	<i>Sunset:</i> 6:44PM		Moon 5 - Phase 10	4th Phase
361132361		Rahu 10:29AM - 12:08PM	Vanija Until 5:03AM Sat	Nataraja: White				
Creative Work	Siddha Yoga		Dashami Until 4:49PM	Moon - Green				Bhuloka Day
				Jyeshtha-Ani				
2		Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Kingston, Jamaica Sun 24	Sutra 69 Vilamba 5120
Tula Rasi: 14.19	Tithi 11 - 12	Gulika 5:32AM - 7:11AM	Svati Until 4:38PM	Ganesha: Green	<i>Sunrise:</i> 5:32AM			
		Yama 1:47PM - 3:26PM	Shiva Until 1:58PM	Muruqa: White	<i>Sunset:</i> 6:44PM		Moon 5 - Phase 10	4th Phase
361132361		Rahu 8:50AM - 10:29AM	Bava Until 5:50AM Sun	Nataraja: White				
Creative Work	Siddha Yoga		Ekadashi Until 5:21PM	Moon - Green				Bhuloka Day
				Jyeshtha-Ani				
3		Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau			Kingston, Jamaica Sun 25	Sutra 70 Vilamba 5120
Tula Rasi: 26.52	Tithi 12	Gulika 3:26PM - 5:05PM	Vishakha Until 6:28PM	Ganesha: Red	<i>Sunrise:</i> 5:32AM			
		Yama 12:08PM - 1:47PM	Siddha Until 1:45PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM		Moon 5 - Phase 10	4th Phase
371142361		Rahu 5:05PM - 6:45PM	Balava Until 6:23PM	Nataraja: White				
Routine Work	Marana Yoga		Dvadashi Until 6:23PM	Moon - Orange				Devaloka Day
				Jyeshtha-Ani				
4		Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kingston, Jamaica Sun 26	Sutra 71 Vilamba 5120
Vrischika Rasi: 9.14	Tithi 13	Gulika 1:48PM - 3:27PM	Anuradha Until 8:33PM	Ganesha: Red	<i>Sunrise:</i> 5:32AM			
Family Home Evening		Yama 10:29AM - 12:08PM	Sadhya Until 1:52PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM		Moon 5 - Phase 10	4th Phase
371142361		Rahu 7:11AM - 8:50AM	Kaulava Until 7:05AM	Nataraja: White				
Creative Work	Siddha Yoga		Trayodashi Until 7:50PM	Moon - Orange				Devaloka Day
				Jyeshtha-Ani				
				<i>Pradosha Vrata</i>				
5		Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau			Kingston, Jamaica Sun 27	Sutra 72 Vilamba 5120
Vrischika Rasi: 21.26	Tithi 14	Gulika 12:09PM - 1:48PM	Jyeshtha* Until 10:51PM	Ganesha: Red	<i>Sunrise:</i> 5:33AM			
		Yama 8:51AM - 10:30AM	Subha Until 2:20PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM		Moon 5 - Phase 10	4th Phase
371142361		Rahu 3:27PM - 5:06PM	Gara Until 8:44AM	Nataraja: White				
Routine Work	Marana Yoga		Chaturdashi* Until 9:40PM	Moon - Orange				Devaloka Day
Until 10:51PM				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
○		Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau			Kingston, Jamaica Sun 28	Sutra 73 Vilamba 5120
Dhanus Rasi: 3.29	Tithi 15	Gulika 10:30AM - 12:09PM	Mula* Until 1:48AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:33AM			
		Yama 7:12AM - 8:51AM	Sukla Until 3:01PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM		Moon 5 - Phase 10	Purnima
381142361		Rahu 12:09PM - 1:48PM	Visti Until 10:45AM	Nataraja: White				
Routine Work	Marana Yoga		Purnima* Until 11:51PM	Moon - Light Blue				Bhuloka Day
Until 1:48AM Thu				Jyeshtha-Ani				Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga								
○		Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau			Kingston, Jamaica Sun 29	Sutra 74 Vilamba 5120
Dhanus Rasi: 15.24	Tithi 16	Gulika 8:51AM - 10:30AM	Purvashadha* Until 4:49AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:33AM			
		Yama 5:33AM - 7:12AM	Brahma Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM		Moon 5 - Phase 10	Prathama
381142361		Rahu 1:48PM - 3:27PM	Balava Until 1:03PM	Nataraja: White				
Creative Work	Siddha Yoga		Prathama* Until 2:16AM Fri	Moon - Light Blue				Bhuloka Day
Until 4:49AM Fri				Jyeshtha-Ani				Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga								



Friday, June 29, 2018
Gold Retreat Star

Dhanus Rasi: 27.14 Tithi 17

381142361

Gulika 7:12AM – 8:51AM
Yama 3:27PM – 5:06PM
Rahu 10:30AM – 12:09PM

Routine Work Marana Yoga

Until 7:47AM Sat

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Uttarashadha Until 7:47AM Sat

Indra Until 5:02PM

Taitila Until 3:34PM

Dvitiya Until 4:51AM Sat

Ganesha: Blue

Sunrise: 5:33AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Makara Rasi: 9.02 Tithi 18

381242361

Gulika 5:34AM – 7:13AM
Yama 1:48PM – 3:27PM
Rahu 8:52AM – 10:31AM

Routine Work Marana Yoga

Until 7:47AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manla Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Vanija Karana Tritiyayam Titau

Kingston, Jamaica

Sun 2 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Uttarashadha Until 7:47AM

Vaidhriti* Until 6:09PM

Vanija Until 6:10PM

Tritiya Until 7:26AM Sun

Ganesha: Blue

Sunrise: 5:34AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Makara Rasi: 20.49 Tithi 18 – 19

391242361

Gulika 3:28PM – 5:07PM
Yama 12:10PM – 1:49PM
Rahu 5:07PM – 6:45PM

Creative Work Amrita Yoga

Until 11:06AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 3 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Shravana Until 11:06AM

Vishkambha* Until 7:14PM

Bava Until 8:43PM

Tritiya Until 7:26AM

Ganesha: Red

Sunrise: 5:34AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

3

Monday, July 2, 2018

Kumbha Rasi: 2.39 Tithi 19 – 20

392242361

Family Home Evening

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanishtha Until 2:05PM

Priti Until 8:10PM

Kaulava Until 11:01PM

Chaturthi* Until 9:53AM

Ganesha: Yellow

Sunrise: 5:34AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

4

Tuesday, July 3, 2018

Kumbha Rasi: 14.35 Tithi 20 – 21

392242361

Gulika 12:10PM – 1:49PM
Yama 8:52AM – 10:31AM
Rahu 3:28PM – 5:07PM

Routine Work Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Shatabhishak Until 4:34PM

Ayushman Until 8:46PM

Gara Until 12:55AM Wed

Panchami Until 12:00PM

Ganesha: Yellow

Sunrise: 5:35AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

5

Wednesday, July 4, 2018

Kumbha Rasi: 26.43 Tithi 21 – 22

312242361

Gulika 10:31AM – 12:10PM
Yama 7:14AM – 8:53AM
Rahu 12:10PM – 1:49PM

Creative Work Amrita Yoga

Until 6:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Kingston, Jamaica

Sun 6 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Purvaproshtapada* Until 6:53PM

Saubhagya Until 8:58PM

Visti Until 2:15AM Thu

Shashthi* Until 1:38PM

Ganesha: Orange

Sunrise: 5:35AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

D

Thursday, July 5, 2018
Retreat Star

Meena Rasi: 9.05 Tithi 22 – 23

312242361

Gulika 8:53AM – 10:32AM
Yama 5:35AM – 7:14AM
Rahu 1:49PM – 3:28PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Uttaraproshtapada Until 8:23PM

Sobhana Until 8:39PM

Balava Until 2:53AM Fri

Saptami Until 2:38PM

Ganesha: Orange

Sunrise: 5:35AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Friday, July 6, 2018

Retreat Star

Meena Rasi: 21.47 Tithi 23 – 24

412242361

Gulika 7:14AM – 8:53AM
Yama 3:28PM – 5:07PM
Rahu 10:32AM – 12:11PM

Creative Work Siddha Yoga

Until 8:59PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 8 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Navami

Revati Until 8:59PM

Athiganda* Until 7:43PM

Taitila Until 2:44AM Sat

Ashtami* Until 2:54PM

Ganesha: Green

Sunrise: 5:35AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 9 Sutra 83 Vilamba 5120
	Mesha Rasi: 4.52	Tithi 24 – 25	Gulika 5:36AM – 7:15AM	Ashvini Until 9:07PM	Ganesha: Orange	<i>Sunrise:</i> 5:36AM	
			Yama 1:49PM – 3:28PM	Sukarma Until 6:09PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 Rahu 8:53AM – 10:32AM	Vanija Until 1:48AM Sun	Nataraja: White		2nd Phase
			Navami* Until 2:21PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

2	Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 10 Sutra 84 Vilamba 5120
	Mesha Rasi: 18.23	Tithi 25 – 26	Gulika 3:28PM – 5:07PM	Bharani Until 8:18PM	Ganesha: Orange	<i>Sunrise:</i> 5:36AM	
			Yama 12:11PM – 1:50PM	Dhriti Until 3:58PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 12
	Routine Work	Prabalarishta Yoga	422242361 Rahu 5:07PM – 6:46PM	Bava Until 12:05AM Mon	Nataraja: White		2nd Phase
Until 8:18PM			Dashami Until 1:01PM	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

3	Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Kingston, Jamaica Sun 11 Sutra 85 Vilamba 5120
	Vrishabha Rasi: 2.21	Tithi 26 – 27	Gulika 1:50PM – 3:28PM	Krittika Until 6:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:36AM	
	Family Home Evening		Yama 10:32AM – 12:11PM	Shula* Until 1:10PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 12
	Routine Work	Marana Yoga	422242361 Rahu 7:15AM – 8:54AM	Kaulava Until 9:41PM	Nataraja: White		2nd Phase
Until 6:40PM			Ekadashi* Until 10:57AM	Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			

4	Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvadashtyayam Titau				Kingston, Jamaica Sun 12 Sutra 86 Vilamba 5120
	Vrishabha Rasi: 16.46	Tithi 27 – 28	Gulika 12:11PM – 1:50PM	Rohini Until 4:44PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:37AM	
			Yama 8:54AM – 10:33AM	Ganda* Until 9:52AM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 12
	Creative Work	Amrita Yoga	422242361 Rahu 3:28PM – 5:07PM	Gara Until 6:44PM	Nataraja: White		2nd Phase
Until 4:44PM			Dvadashty* Until 8:15AM	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 13 Sutra 87 Vilamba 5120
	Mithuna Rasi: 1.32	Tithi 29	Gulika 10:33AM – 12:11PM	Mrigashira Until 2:12PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:37AM	
			Yama 7:16AM – 8:54AM	Vridhhi Until 6:11AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 Rahu 12:11PM – 1:50PM	Visti Until 3:22PM	Nataraja: White		2nd Phase
			Chaturdashi* Until 1:33AM Thu	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

	Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 14 Sutra 88 Vilamba 5120
	Retreat Star		Gulika 8:54AM – 10:33AM	Ardra Until 11:17AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:38AM	
	Mithuna Rasi: 16.34	Tithi 30	Yama 5:38AM – 7:16AM	Vyaghata* Until 10:04PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 12
			422242361 Rahu 1:50PM – 3:28PM	Catuspada Until 11:43AM	Nataraja: White		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 9:50PM	Moon – Yellow		Bhuloka Day	
Until 11:17AM				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

Retreat Star	Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 15 Sutra 89 Vilamba 5120
	Kataka Rasi: 1.44	Tithi 1	Gulika 7:16AM – 8:55AM	Punarvasu Until 8:30AM	Ganesha: Purple	<i>Sunrise:</i> 5:38AM	
			Yama 3:28PM – 5:07PM	Harshana Until 5:55PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 Rahu 10:33AM – 12:12PM	Kintughna Until 7:58AM	Nataraja: White		Prathama
Until 8:30AM			Prathama* Until 6:05PM	Moon – Blue		Bhuloka Day	
Then Routine Work - Marana Yoga		Partial Solar Eclipse		Ashada-Ani		Devaloka Time: 12:PM to 3:PM	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 90 Vilamba 5120
	Kataka Rasi: 16.53	Tithi 2 – 3	Gulika 5:38AM – 7:17AM	Ashlesha* Until 2:51AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:38AM	
			Yama 1:50PM – 3:28PM	Vajra* Until 1:51PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	442242361 Rahu 8:55AM – 10:33AM	Taitila Until 12:46AM Sun	Nataraja: White		3rd Phase
			Dvitiya Until 2:28PM	Moon – Blue		Bhuloka Day Devaloka Time: 12:PM to 3:PM	
				Ashada*Ani			

2	Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Kingston, Jamaica Sun 17 Sutra 91 Vilamba 5120
	Simha Rasi: 1.51	Tithi 3 – 4	Gulika 3:28PM – 5:07PM	Magha* Until 12:43AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 5:39AM	
			Yama 12:12PM – 1:50PM	Siddhi Until 10:02AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	452242361 Rahu 5:07PM – 6:45PM	Vanija Until 9:37PM	Nataraja: White		3rd Phase
			Tritiya Until 11:07AM	Moon – Red		Bhuloka Day Devaloka Time: 12:PM to 3:PM	
				Ashada*Ani			

3	Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 92 Vilamba 5120
	Simha Rasi: 16.31	Tithi 4 – 5	Gulika 1:50PM – 3:28PM	Purvaphalguni Until 10:56PM	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	
	Family Home Evening		Yama 10:34AM – 12:12PM	Vyatipata* Until 6:34AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	453242361 Rahu 7:17AM – 8:55AM	Bava Until 6:57PM	Nataraja: White		3rd Phase
			Chaturthi* Until 8:12AM	Moon – Red		Bhuloka Day Devaloka Time: 12:PM to 3:PM	
				Ashada*Adi			

4	Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 93 Vilamba 5120
	Kanya Rasi: 0.49	Tithi 6	Gulika 12:12PM – 1:50PM	Uttaraphalguni Until 9:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	
			Yama 8:56AM – 10:34AM	Parigha* Until 1:01AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	453242362 Rahu 3:28PM – 5:07PM	Kaulava Until 4:53PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 4:06AM Wed	Moon – Red		Devaloka Day	
				Ashada*Adi			

5	Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 94 Vilamba 5120
	Kanya Rasi: 14.41	Tithi 7	Gulika 10:34AM – 12:12PM	Hasta Until 9:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	
			Yama 7:18AM – 8:56AM	Shiva Until 11:06PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	463242362 Rahu 12:12PM – 1:50PM	Gara Until 3:31PM	Nataraja: Clear		3rd Phase
			Saptami Until 3:05AM Thu	Moon – Green		Sivaloka Day	
				Ashada*Adi			

☾	Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 95 Vilamba 5120
	Retreat Star		Gulika 8:56AM – 10:34AM	Chitra Until 9:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	
	Kanya Rasi: 28.07	Tithi 8	Yama 5:40AM – 7:18AM	Siddha Until 9:45PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	463242362 Rahu 1:50PM – 3:28PM	Visti Until 2:52PM	Nataraja: Clear		Ashtami
			Ashtami* Until 2:48AM Fri	Moon – Green		Sivaloka Day	
				Ashada*Adi			

☽	Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 96 Vilamba 5120
	Retreat Star		Gulika 7:18AM – 8:56AM	Svati Until 10:26PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	
	Tula Rasi: 11.1	Tithi 9	Yama 3:28PM – 5:06PM	Sadhya Until 8:58PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	463242362 Rahu 10:34AM – 12:12PM	Balava Until 2:57PM	Nataraja: Clear		Navami
			Navami* Until 3:13AM Sat	Moon – Green		Sivaloka Day	
				Ashada*Adi			

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau	Kingston, Jamaica Sun 23 Sutra 97 Vilamba 5120
Tula Rasi: 23.53	Tithi 10	Gulika 5:41AM – 7:19AM	Vishakha Until 12:12AM Sun	Ganesha: White	<i>Sunrise:</i> 5:41AM		
		Yama 1:50PM – 3:28PM	Subha Until 8:44PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 14	
		473242362 Rahu 8:56AM – 10:34AM	Taitila Until 3:42PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 4:17AM Sun	Moon – Orange		Devaloka Day	
Until 12:12AM Sun				Ashada*Adi			
Then Routine Work - Marana Yoga							

2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau	Kingston, Jamaica Sun 24 Sutra 98 Vilamba 5120
Vrischika Rasi: 6.18	Tithi 11	Gulika 3:28PM – 5:06PM	Anuradha Until 2:20AM Mon	Ganesha: White	<i>Sunrise:</i> 5:41AM		
		Yama 12:12PM – 1:50PM	Sukla Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 14	
		473242362 Rahu 5:06PM – 6:44PM	Vanija Until 5:02PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 5:52AM Mon	Moon – Orange		Devaloka Day	
Until 2:20AM Mon				Ashada*Adi			
Then Creative Work - Siddha Yoga							

3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau	Kingston, Jamaica Sun 25 Sutra 99 Vilamba 5120
Vrischika Rasi: 18.3	Tithi 12	Gulika 1:50PM – 3:28PM	Jyeshtha* Until 4:45AM Tue	Ganesha: White	<i>Sunrise:</i> 5:41AM		
Family Home Evening		Yama 10:35AM – 12:12PM	Brahma Until 9:26PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 6 - Phase 14	
		473242362 Rahu 7:19AM – 8:57AM	Bava Until 6:52PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:54AM Tue	Moon – Orange		Devaloka Day	
Until 4:45AM Tue				Ashada*Adi			
Then Creative Work - Amrita Yoga							

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 26 Sutra 100 Vilamba 5120
Dhanus Rasi: 0.32	Tithi 12 – 13	Gulika 12:12PM – 1:50PM	Mula* Until 7:48AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM		
		Yama 8:57AM – 10:35AM	Indra Until 10:16PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 6 - Phase 14	
		483242362 Rahu 3:28PM – 5:05PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 7:54AM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			

Pradosha Vrata

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 27 Sutra 101 Vilamba 5120
Dhanus Rasi: 12.26	Tithi 13 – 14	Gulika 10:35AM – 12:12PM	Mula* Until 7:48AM	Ganesha: Red	<i>Sunrise:</i> 5:42AM		
		Yama 7:20AM – 8:57AM	Vaidhriti* Until 11:15PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 6 - Phase 14	
		483342362 Rahu 12:12PM – 1:50PM	Gara Until 11:30PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 10:14AM	Moon – Light Blue		Sivaloka Day	
Until 7:48AM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

○		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Kingston, Jamaica Sutra 102 Vilamba 5120
Copper Retreat Star		Gulika 8:57AM – 10:35AM	Purvashadha* Until 10:53AM	Ganesha: Red	<i>Sunrise:</i> 5:42AM		
Dhanus Rasi: 24.16	Tithi 14 – 15	Yama 5:42AM – 7:20AM	Vishkambha* Until 12:21AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14	
		483342362 Rahu 1:50PM – 3:27PM	Visti Until 2:05AM Fri	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:46PM	Moon – Light Blue		Sivaloka Day	
Until 10:53AM				Ashada*Adi			
Then Routine Work - Marana Yoga							

○		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kingston, Jamaica Sutra 103 Vilamba 5120
Silver Retreat Star		Gulika 7:20AM – 8:57AM	Uttarashadha Until 1:52PM	Ganesha: Red	<i>Sunrise:</i> 5:43AM		
Makara Rasi: 6.02	Tithi 15 – 16	Yama 3:27PM – 5:05PM	Priti Until 1:29AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14	
		483342362 Rahu 10:35AM – 12:12PM	Balava Until 4:39AM Sat	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Purnima* Until 3:21PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			

Total Lunar Eclipse

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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Saturday, July 28, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica
Sutra 104
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 17.5 Titli 16 - 17

Gulika 5:43AM - 7:20AM
Yama 1:50PM - 3:27PM
493342362 **Rahu** 8:58AM - 10:35AM

Shravana Until 5:08PM
Ayushman Until 2:29AM Sun
Taitila Until 7:06AM Sun
Prathama* Until 5:53PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 29.41 Titli 17

Gulika 3:27PM - 5:04PM
Yama 12:12PM - 1:50PM
493342362 **Rahu** 5:04PM - 6:41PM

Dhanishtha Until 8:03PM
Saubhagya Until 3:20AM Mon
Taitila Until 7:06AM
Dvitiya Until 8:14PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

Routine Work Marana Yoga
Until 8:03PM
Then Creative Work - Siddha Yoga

2

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti* Karana Tritiyayam Titau

Kingston, Jamaica
Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 11.37 Titli 18

Gulika 1:49PM - 3:27PM
Yama 10:35AM - 12:12PM
494342362 **Rahu** 7:21AM - 8:58AM

Shatabhishak Until 10:32PM
Sobhana Until 3:58AM Tue
Vanija Until 9:19AM
Tritiya Until 10:17PM

Ganesha: Blue *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 10:32PM
Then Routine Work - Marana Yoga

3

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica
Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 23.41 Titli 19

Gulika 12:12PM - 1:49PM
Yama 8:58AM - 10:35AM
414342362 **Rahu** 3:26PM - 5:03PM

Purvaproshtapada* Until 12:57AM We
Athiganda* Until 4:14AM Wed
Bava Until 11:11AM
Chaturthi* Until 11:56PM

Ganesha: White *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

Routine Work Marana Yoga
Until 12:57AM Wed
Then Creative Work - Siddha Yoga

4

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica
Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 5.55 Titli 20

Gulika 10:35AM - 12:12PM
Yama 7:21AM - 8:58AM
414342362 **Rahu** 12:12PM - 1:49PM

Uttaraproshtapada Until 2:43AM Thu
Sukarma Until 4:07AM Thu
Kaulava Until 12:36PM
Panchami Until 1:06AM Thu

Ganesha: White *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

Creative Work Siddha Yoga

5

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica
Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 18.22 Titli 21

Gulika 8:58AM - 10:35AM
Yama 5:45AM - 7:21AM
414342362 **Rahu** 1:49PM - 3:26PM

Revati Until 3:46AM Fri
Dhriti Until 3:34AM Fri
Gara Until 1:29PM
Shashthi* Until 1:41AM Fri

Ganesha: White *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

Creative Work Siddha Yoga
Until 3:46AM Fri
Then Creative Work - Amrita Yoga

6

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica
Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Mesha Rasi: 1.06 Titli 22

Gulika 7:22AM - 8:58AM
Yama 3:26PM - 5:02PM
424342362 **Rahu** 10:35AM - 12:12PM

Ashvini Until 4:30AM Sat
Shula* Until 2:28AM Sat
Visti Until 1:45PM
Saptami Until 1:37AM Sat

Ganesha: Clear *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Creative Work Amrita Yoga
Until 4:30AM Sat
Then Creative Work - Siddha Yoga

☾

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica
Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 14.09 Titli 23

Gulika 5:45AM - 7:22AM
Yama 1:49PM - 3:25PM
424342362 **Rahu** 8:59AM - 10:35AM

Bharani Until 4:24AM Sun
Ganda* Until 12:50AM Sun
Balava Until 1:21PM
Ashtami* Until 12:53AM Sun

Ganesha: Clear *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica
Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 27.34 Titli 24

Gulika 3:25PM - 5:02PM
Yama 12:12PM - 1:48PM
424342362 **Rahu** 5:02PM - 6:38PM

Krittika Until 3:29AM Mon
Vriddhi Until 10:41PM
Taitila Until 12:16PM
Navami* Until 11:28PM

Ganesha: Clear *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Creative Work Siddha Yoga
Until 3:29AM Mon
Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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1	Monday, August 6, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Kingston, Jamaica Sun 9 Sutra 113 Vilamba 5120															
	Vrishabha Rasi: 11.22 Tithi 25 Family Home Evening Creative Work Amrita Yoga Until 2:13AM Tue Then Creative Work - Siddha Yoga	434342362	<table border="0"> <tr> <td>Gulika 1:48PM – 3:25PM</td> <td>Rohini Until 2:13AM Tue</td> <td>Ganesha: Purple</td> <td><i>Sunrise:</i> 5:46AM</td> </tr> <tr> <td>Yama 10:35AM – 12:12PM</td> <td>Dhruva Until 7:57PM</td> <td>Muruqa: Clear</td> <td><i>Sunset:</i> 6:38PM</td> </tr> <tr> <td>Rahu 7:22AM – 8:59AM</td> <td>Vanija Until 10:31AM</td> <td>Nataraja: Clear</td> <td>Moon 7 - Phase 16</td> </tr> <tr> <td></td> <td>Dashami Until 9:24PM</td> <td>Moon – Yellow</td> <td>2nd Phase</td> </tr> </table>	Gulika 1:48PM – 3:25PM	Rohini Until 2:13AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:46AM	Yama 10:35AM – 12:12PM	Dhruva Until 7:57PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Rahu 7:22AM – 8:59AM	Vanija Until 10:31AM	Nataraja: Clear	Moon 7 - Phase 16		Dashami Until 9:24PM	Moon – Yellow
Gulika 1:48PM – 3:25PM	Rohini Until 2:13AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:46AM															
Yama 10:35AM – 12:12PM	Dhruva Until 7:57PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM															
Rahu 7:22AM – 8:59AM	Vanija Until 10:31AM	Nataraja: Clear	Moon 7 - Phase 16															
	Dashami Until 9:24PM	Moon – Yellow	2nd Phase															

2	Tuesday, August 7, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Ekadashyam Titau	Kingston, Jamaica Sun 10 Sutra 114 Vilamba 5120															
	Vrishabha Rasi: 25.35 Tithi 26 Creative Work Siddha Yoga	434342362	<table border="0"> <tr> <td>Gulika 12:12PM – 1:48PM</td> <td>Mrigashira Until 12:16AM Wed</td> <td>Ganesha: Purple</td> <td><i>Sunrise:</i> 5:46AM</td> </tr> <tr> <td>Yama 8:59AM – 10:35AM</td> <td>Vyaghata* Until 4:47PM</td> <td>Muruqa: Clear</td> <td><i>Sunset:</i> 6:37PM</td> </tr> <tr> <td>Rahu 3:24PM – 5:01PM</td> <td>Bava Until 8:10AM</td> <td>Nataraja: Clear</td> <td>Moon 7 - Phase 16</td> </tr> <tr> <td></td> <td>Ekadashi* Until 6:46PM</td> <td>Moon – Yellow</td> <td>2nd Phase</td> </tr> </table>	Gulika 12:12PM – 1:48PM	Mrigashira Until 12:16AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:46AM	Yama 8:59AM – 10:35AM	Vyaghata* Until 4:47PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Rahu 3:24PM – 5:01PM	Bava Until 8:10AM	Nataraja: Clear	Moon 7 - Phase 16		Ekadashi* Until 6:46PM	Moon – Yellow
Gulika 12:12PM – 1:48PM	Mrigashira Until 12:16AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:46AM															
Yama 8:59AM – 10:35AM	Vyaghata* Until 4:47PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM															
Rahu 3:24PM – 5:01PM	Bava Until 8:10AM	Nataraja: Clear	Moon 7 - Phase 16															
	Ekadashi* Until 6:46PM	Moon – Yellow	2nd Phase															

3	Wednesday, August 8, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 11 Sutra 115 Vilamba 5120															
	Mithuna Rasi: 10.1 Tithi 27 – 28 Creative Work Siddha Yoga	434342362	<table border="0"> <tr> <td>Gulika 10:35AM – 12:11PM</td> <td>Ardra Until 9:45PM</td> <td>Ganesha: Purple</td> <td><i>Sunrise:</i> 5:46AM</td> </tr> <tr> <td>Yama 7:23AM – 8:59AM</td> <td>Harshana Until 1:13PM</td> <td>Muruqa: Clear</td> <td><i>Sunset:</i> 6:37PM</td> </tr> <tr> <td>Rahu 12:11PM – 1:48PM</td> <td>Gara Until 2:00AM Thu</td> <td>Nataraja: Clear</td> <td>Moon 7 - Phase 16</td> </tr> <tr> <td></td> <td>Dvadashi* Until 3:40PM</td> <td>Moon – Yellow</td> <td>2nd Phase</td> </tr> </table>	Gulika 10:35AM – 12:11PM	Ardra Until 9:45PM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM	Yama 7:23AM – 8:59AM	Harshana Until 1:13PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Rahu 12:11PM – 1:48PM	Gara Until 2:00AM Thu	Nataraja: Clear	Moon 7 - Phase 16		Dvadashi* Until 3:40PM	Moon – Yellow
Gulika 10:35AM – 12:11PM	Ardra Until 9:45PM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM															
Yama 7:23AM – 8:59AM	Harshana Until 1:13PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM															
Rahu 12:11PM – 1:48PM	Gara Until 2:00AM Thu	Nataraja: Clear	Moon 7 - Phase 16															
	Dvadashi* Until 3:40PM	Moon – Yellow	2nd Phase															

Pradosha Vrata (Fasting)

4	Thursday, August 9, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 12 Sutra 116 Vilamba 5120															
	Mithuna Rasi: 25.03 Tithi 28 – 29 Creative Work Amrita Yoga	444342362	<table border="0"> <tr> <td>Gulika 8:59AM – 10:35AM</td> <td>Punarvasu Until 7:12PM</td> <td>Ganesha: Light Blue</td> <td><i>Sunrise:</i> 5:47AM</td> </tr> <tr> <td>Yama 5:47AM – 7:23AM</td> <td>Vajra* Until 9:21AM</td> <td>Muruqa: Clear</td> <td><i>Sunset:</i> 6:36PM</td> </tr> <tr> <td>Rahu 1:47PM – 3:24PM</td> <td>Visti Until 10:28PM</td> <td>Nataraja: Clear</td> <td>Moon 7 - Phase 16</td> </tr> <tr> <td></td> <td>Trayodashi* Until 12:14PM</td> <td>Moon – Blue</td> <td>2nd Phase</td> </tr> </table>	Gulika 8:59AM – 10:35AM	Punarvasu Until 7:12PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM	Yama 5:47AM – 7:23AM	Vajra* Until 9:21AM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Rahu 1:47PM – 3:24PM	Visti Until 10:28PM	Nataraja: Clear	Moon 7 - Phase 16		Trayodashi* Until 12:14PM	Moon – Blue
Gulika 8:59AM – 10:35AM	Punarvasu Until 7:12PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM															
Yama 5:47AM – 7:23AM	Vajra* Until 9:21AM	Muruqa: Clear	<i>Sunset:</i> 6:36PM															
Rahu 1:47PM – 3:24PM	Visti Until 10:28PM	Nataraja: Clear	Moon 7 - Phase 16															
	Trayodashi* Until 12:14PM	Moon – Blue	2nd Phase															

	Friday, August 10, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyalipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kingston, Jamaica Sun 13 Sutra 117 Vilamba 5120															
	Retreat Star Kataka Rasi: 10.07 Tithi 29 – 30 Routine Work Marana Yoga	444342362	<table border="0"> <tr> <td>Gulika 7:23AM – 8:59AM</td> <td>Pushya Until 4:22PM</td> <td>Ganesha: Light Blue</td> <td><i>Sunrise:</i> 5:47AM</td> </tr> <tr> <td>Yama 3:23PM – 4:59PM</td> <td>Vyatipata* Until 1:12AM Sat</td> <td>Muruqa: Clear</td> <td><i>Sunset:</i> 6:35PM</td> </tr> <tr> <td>Rahu 10:35AM – 12:11PM</td> <td>Catuspada Until 6:48PM</td> <td>Nataraja: Clear</td> <td>Moon 7 - Phase 16</td> </tr> <tr> <td></td> <td>Chaturdashi* Until 8:37AM</td> <td>Moon – Blue</td> <td>Amavasya</td> </tr> </table>	Gulika 7:23AM – 8:59AM	Pushya Until 4:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM	Yama 3:23PM – 4:59PM	Vyatipata* Until 1:12AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Rahu 10:35AM – 12:11PM	Catuspada Until 6:48PM	Nataraja: Clear	Moon 7 - Phase 16		Chaturdashi* Until 8:37AM	Moon – Blue
Gulika 7:23AM – 8:59AM	Pushya Until 4:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM															
Yama 3:23PM – 4:59PM	Vyatipata* Until 1:12AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:35PM															
Rahu 10:35AM – 12:11PM	Catuspada Until 6:48PM	Nataraja: Clear	Moon 7 - Phase 16															
	Chaturdashi* Until 8:37AM	Moon – Blue	Amavasya															

Retreat Star	Saturday, August 11, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau	Kingston, Jamaica Sun 14 Sutra 118 Vilamba 5120															
	Kataka Rasi: 25.14 Tithi 1 Routine Work Marana Yoga Until 1:25PM Then Creative Work - Amrita Yoga	445342362	<table border="0"> <tr> <td>Gulika 5:47AM – 7:23AM</td> <td>Ashlesha* Until 1:25PM</td> <td>Ganesha: Orange</td> <td><i>Sunrise:</i> 5:47AM</td> </tr> <tr> <td>Yama 1:47PM – 3:23PM</td> <td>Variyan Until 9:10PM</td> <td>Muruqa: Clear</td> <td><i>Sunset:</i> 6:35PM</td> </tr> <tr> <td>Rahu 8:59AM – 10:35AM</td> <td>Kintughna Until 3:10PM</td> <td>Nataraja: Clear</td> <td>Moon 7 - Phase 16</td> </tr> <tr> <td>Partial Solar Eclipse</td> <td>Prathama* Until 1:24AM Sun</td> <td>Moon – Blue</td> <td>Prathama</td> </tr> </table>	Gulika 5:47AM – 7:23AM	Ashlesha* Until 1:25PM	Ganesha: Orange	<i>Sunrise:</i> 5:47AM	Yama 1:47PM – 3:23PM	Variyan Until 9:10PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Rahu 8:59AM – 10:35AM	Kintughna Until 3:10PM	Nataraja: Clear	Moon 7 - Phase 16	Partial Solar Eclipse	Prathama* Until 1:24AM Sun	Moon – Blue
Gulika 5:47AM – 7:23AM	Ashlesha* Until 1:25PM	Ganesha: Orange	<i>Sunrise:</i> 5:47AM															
Yama 1:47PM – 3:23PM	Variyan Until 9:10PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM															
Rahu 8:59AM – 10:35AM	Kintughna Until 3:10PM	Nataraja: Clear	Moon 7 - Phase 16															
Partial Solar Eclipse	Prathama* Until 1:24AM Sun	Moon – Blue	Prathama															

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.16	Tithi 2	Gulika 3:23PM – 4:58PM	Magha* Until 10:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	
		Yama 12:11PM – 1:47PM	Parigha* Until 5:19PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 17
		455342362 Rahu 4:58PM – 6:34PM	Balava Until 11:44AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red		Sivaloka Day
Until 10:56AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trityayam Titau				Kingston, Jamaica Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.03	Tithi 3	Gulika 1:46PM – 3:22PM	Purvaphalguni Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	
Family Home Evening		Yama 10:35AM – 12:11PM	Shiva Until 1:49PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 17
		455342362 Rahu 7:23AM – 8:59AM	Taitila Until 8:39AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 7:16PM	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 9.29	Tithi 4 – 5	Gulika 12:10PM – 1:46PM	Uttaraphalguni Until 6:42AM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	
		Yama 8:59AM – 10:35AM	Siddha Until 10:44AM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
		455342362 Rahu 3:22PM – 4:57PM	Vanija Until 6:03AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 4:58PM	Moon – Red		Sivaloka Day
Until 6:42AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 23.3	Tithi 5 – 6	Gulika 10:35AM – 12:10PM	Chitra Until 5:17AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	
		Yama 7:24AM – 8:59AM	Sadhya Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
		465342362 Rahu 12:10PM – 1:46PM	Kaulava Until 2:52AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:22PM	Moon – Green		Subha Sivaloka Day
Until 5:17AM Thu		Nag Panchami		Sravana-Adi		
Then Creative Work - Amrita Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.04	Tithi 6 – 7	Gulika 8:59AM – 10:35AM	Svati Until 5:30AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	
		Yama 5:48AM – 7:24AM	Subha Until 6:17AM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
		465342362 Rahu 1:46PM – 3:21PM	Gara Until 2:26AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:32PM	Moon – Green		Subha Sivaloka Day
Until 5:30AM Fri				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica Sun 20 Sutra 124 Vilamba 5120
Retreat Star		Gulika 7:24AM – 8:59AM	Vishakha Until 6:49AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:21PM – 4:56PM	Brahma Until 4:21AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 17
		575342362 Rahu 10:35AM – 12:10PM	Vishti Until 2:50AM Sat	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 2:31PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 21 Sutra 125 Vilamba 5120
Retreat Star		Gulika 5:49AM – 7:24AM	Vishakha Until 6:49AM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:45PM – 3:20PM	Indra Until 4:18AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 17
		575342362 Rahu 8:59AM – 10:34AM	Balava Until 3:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:17PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Kingston, Jamaica Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 15.17	Tithi 9 – 10	Gulika 3:20PM – 4:55PM	Anuradha Until 8:42AM	Ganesha: Clear <i>Sunrise:</i> 5:49AM	
		Yama 12:09PM – 1:45PM	Vaidhriti* Until 4:42AM Mon	Muruqa: Clear <i>Sunset:</i> 6:30PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	Rahu 4:55PM – 6:30PM	Taitila Until 5:44AM Mon	Nataraja: Clear	4th Phase
			Navami* Until 4:45PM	Moon – Orange	Sivaloka Day
				Sravana-Avani	

2 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau			Kingston, Jamaica Sun 23 Sutra 127 Vilamba 5120
Vrischika Rasi: 27.25	Tithi 10	Gulika 1:44PM – 3:19PM	Jyeshtha* Until 11:00AM	Ganesha: Clear <i>Sunrise:</i> 5:49AM	
Family Home Evening		Yama 10:34AM – 12:09PM	Vishkambha* Until 5:29AM Tue	Muruqa: Clear <i>Sunset:</i> 6:29PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	Rahu 7:24AM – 8:59AM	Gara Until 6:47PM	Nataraja: Clear	4th Phase
			Dashami Until 6:47PM	Moon – Orange	Sivaloka Day
				Sravana-Avani	

3 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau			Kingston, Jamaica Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 9.21	Tithi 11	Gulika 12:09PM – 1:44PM	Mula* Until 2:02PM	Ganesha: Clear <i>Sunrise:</i> 5:49AM	
		Yama 8:59AM – 10:34AM	Priti Until 6:31AM Wed	Muruqa: Clear <i>Sunset:</i> 6:28PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	Rahu 3:19PM – 4:54PM	Vanija Until 7:58AM	Nataraja: Clear	4th Phase
Until 2:02PM			Ekadashi Until 9:11PM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani	

4 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau			Kingston, Jamaica Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 21.11	Tithi 12	Gulika 10:34AM – 12:09PM	Purvashadha* Until 5:08PM	Ganesha: Clear <i>Sunrise:</i> 5:50AM	
		Yama 7:24AM – 8:59AM	Priti Until 6:31AM	Muruqa: Clear <i>Sunset:</i> 6:28PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	Rahu 12:09PM – 1:43PM	Bava Until 10:29AM	Nataraja: Clear	4th Phase
			Dvadashi Until 11:46PM	Moon – Light Blue	Sivaloka Day
				Sravana-Avani	

5 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 2.58	Tithi 13	Gulika 8:59AM – 10:34AM	Uttarashadha Until 8:07PM	Ganesha: Clear <i>Sunrise:</i> 5:50AM	
		Yama 5:50AM – 7:25AM	Ayushman Until 7:35AM	Muruqa: Clear <i>Sunset:</i> 6:27PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	Rahu 1:43PM – 3:18PM	Kaulava Until 1:06PM	Nataraja: Clear	4th Phase
Until 8:07PM			Trayodashi Until 2:22AM Fri	Moon – Light Blue	Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani	
				<i>Pradosha Vrata</i>	

6 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau			Kingston, Jamaica Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 14.46	Tithi 14	Gulika 7:25AM – 8:59AM	Shravana Until 11:19PM	Ganesha: White <i>Sunrise:</i> 5:50AM	
		Yama 3:17PM – 4:52PM	Saubhagya Until 8:39AM	Muruqa: Clear <i>Sunset:</i> 6:26PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	Rahu 10:34AM – 12:08PM	Gara Until 3:38PM	Nataraja: Clear	4th Phase
Until 11:19PM			Chaturdashi* Until 4:49AM Sat	Moon – Purple	Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Sravana-Avani	

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau			Kingston, Jamaica Sutra 132 Vilamba 5120
Copper Retreat Star		Gulika 5:50AM – 7:25AM	Dhanishtha Until 2:07AM Sun	Ganesha: White <i>Sunrise:</i> 5:50AM	
Makara Rasi: 26.38	Tithi 15	Yama 1:42PM – 3:17PM	Sobhana Until 9:36AM	Muruqa: Clear <i>Sunset:</i> 6:25PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	Rahu 8:59AM – 10:33AM	Visti Until 5:58PM	Nataraja: Clear	Purnima
			Purnima* Until 6:59AM Sun	Moon – Purple	Subha Sivaloka Day
		Avani Avittam		Sravana-Avani	

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kingston, Jamaica Sutra 133 Vilamba 5120
Silver Retreat Star		Gulika 3:16PM – 4:50PM	Shatabhishak Until 4:25AM Mon	Ganesha: White <i>Sunrise:</i> 5:50AM	
Kumbha Rasi: 9	Tithi 15 – 16	Yama 12:08PM – 1:42PM	Athiganda* Until 10:17AM	Muruqa: Clear <i>Sunset:</i> 6:25PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	Rahu 4:50PM – 6:25PM	Balava Until 7:58PM	Nataraja: Clear	Prathama
Until 4:25AM Mon			Purnima* Until 6:59AM	Moon – Purple	Subha Sivaloka Day
Then Routine Work - Marana Yoga				Sravana-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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Monday, August 27, 2018
Gold Retreat Star

Kumbha Rasi: 20.43 Tithi 16 – 17
Family Home Evening
Routine Work Marana Yoga
Until 6:39AM Tue
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:41PM – 3:16PM	Purvaprosarthapada* Until 6:39AM Tue	Ganesha: White	<i>Sunrise:</i> 5:51AM
Yama 10:33AM – 12:07PM	Sukarma Until 10:43AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM
Rahu 7:25AM – 8:59AM	Taitila Until 9:35PM	Nataraja: Purple	
	Prathama* Until 8:48AM	Moon – Clear	

Kingston, Jamaica
Sutra 134
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Sivaloka Day

1

Tuesday, August 28, 2018

Meena Rasi: 2.59 Tithi 17 – 18
Routine Work Marana Yoga
Until 6:39AM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada*Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:07PM – 1:41PM	Purvaprosarthapada* Until 6:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM
Yama 8:59AM – 10:33AM	Dhriti Until 10:50AM	Muruqa: Purple	<i>Sunset:</i> 6:23PM
Rahu 3:15PM – 4:49PM	Vanija Until 10:46PM	Nataraja: Purple	
	Dvitiya Until 10:12AM	Moon – Clear	

Kingston, Jamaica
Sun 1 Sutra 135
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Meena Rasi: 15.27 Tithi 18 – 19
Creative Work Siddha Yoga
Until 8:18AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada*Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:33AM – 12:07PM	Uttaraprosarthapada Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM
Yama 7:25AM – 8:59AM	Shula* Until 10:34AM	Muruqa: Purple	<i>Sunset:</i> 6:22PM
Rahu 12:07PM – 1:41PM	Bava Until 11:30PM	Nataraja: Purple	
	Tritiya Until 11:10AM	Moon – Clear	

Kingston, Jamaica
Sun 2 Sutra 136
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Meena Rasi: 28.07 Tithi 19 – 20
Creative Work Siddha Yoga
Until 9:21AM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhi* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:59AM – 10:33AM	Revati Until 9:21AM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM
Yama 5:51AM – 7:25AM	Ganda* Until 9:58AM	Muruqa: Purple	<i>Sunset:</i> 6:22PM
Rahu 1:40PM – 3:14PM	Kaulava Until 11:47PM	Nataraja: Purple	
	Chaturthi* Until 11:41AM	Moon – Clear	

Kingston, Jamaica
Sun 3 Sutra 137
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Mesha Rasi: 11.01 Tithi 20 – 21
Creative Work Amrita Yoga
Until 10:16AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:25AM – 8:59AM	Ashvini Until 10:16AM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM
Yama 3:13PM – 4:47PM	Vridhi Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 6:21PM
Rahu 10:32AM – 12:06PM	Gara Until 11:35PM	Nataraja: Purple	
	Panchami Until 11:43AM	Moon – White	

Kingston, Jamaica
Sun 4 Sutra 138
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day

5

Saturday, September 1, 2018

Mesha Rasi: 24.08 Tithi 21 – 22
Creative Work Siddha Yoga
Until 10:32AM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 5:52AM – 7:25AM	Bharani Until 10:32AM	Ganesha: Purple	<i>Sunrise:</i> 5:52AM
Yama 1:39PM – 3:13PM	Dhruva Until 7:40AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM
Rahu 8:59AM – 10:32AM	Visti Until 10:53PM	Nataraja: Purple	
	Shashthi* Until 11:17AM	Moon – White	

Kingston, Jamaica
Sun 5 Sutra 139
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day

D

Sunday, September 2, 2018
Retreat Star

Vrishabha Rasi: 7.32 Tithi 22 – 23
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:12PM – 4:46PM	Krittika Until 10:11AM	Ganesha: Purple	<i>Sunrise:</i> 5:52AM
Yama 12:05PM – 1:39PM	Harshana Until 3:47AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:19PM
Rahu 4:46PM – 6:19PM	Balava Until 9:41PM	Nataraja: Purple	
	Saptami Until 10:20AM	Moon – White	

Kingston, Jamaica
Sun 6 Sutra 140
Vilamba 5120
Moon 8 - Phase 19
Ashtami
Bhuloka Day

Monday, September 3, 2018
Retreat Star

Vrishabha Rasi: 21.14 Tithi 23 – 24
Family Home Evening
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:38PM – 3:12PM	Rohini Until 9:36AM	Ganesha: White	<i>Sunrise:</i> 5:52AM
Yama 10:32AM – 12:05PM	Vajra* Until 1:12AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:18PM
Rahu 7:25AM – 8:59AM	Taitila Until 8:00PM	Nataraja: Purple	
	Ashtami* Until 8:53AM	Moon – Yellow	

Kingston, Jamaica
Sun 7 Sutra 141
Vilamba 5120
Moon 8 - Phase 19
Navami
Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Tuesday, September 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visi* Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 5.14	Tithi 24 – 25	Gulika 12:05PM – 1:38PM	Mrigashira Until 8:24AM	Ganesha: White	<i>Sunrise:</i> 5:52AM		
		Yama 8:58AM – 10:32AM	Siddhi Until 10:16PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20	
	538452363	Rahu 3:11PM – 4:44PM	Visti Until 4:33AM Wed	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 6:57AM	Moon – Yellow		Devaloka Day	
Until 8:24AM				Sravana-Avani			
Then Routine Work - Marana Yoga							

2		Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 19.32	Tithi 26	Gulika 10:31AM – 12:04PM	Ardra Until 6:37AM	Ganesha: White	<i>Sunrise:</i> 5:52AM		
		Yama 7:25AM – 8:58AM	Vyatipata* Until 7:00PM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 20	
	538452363	Rahu 12:04PM – 1:38PM	Bava Until 3:13PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 1:46AM Thu	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

3		Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 4.06	Tithi 27	Gulika 8:58AM – 10:31AM	Pushya Until 2:24AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM		
		Yama 5:52AM – 7:25AM	Variyan Until 3:27PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20	
	548452363	Rahu 1:37PM – 3:10PM	Kaulava Until 12:17PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 10:42PM	Moon – Blue		Bhuloka Day	
Until 2:24AM Fri				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

4		Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 18.52	Tithi 28	Gulika 7:25AM – 8:58AM	Ashlesha* Until 11:49PM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM		
		Yama 3:09PM – 4:42PM	Parigha* Until 11:43AM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20	
	548452363	Rahu 10:31AM – 12:04PM	Gara Until 9:07AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 7:28PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
		<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 3.44	Tithi 29 – 30	Gulika 5:53AM – 7:25AM	Magha* Until 9:28PM	Ganesha: Red	<i>Sunrise:</i> 5:53AM		
		Yama 1:36PM – 3:09PM	Shiva Until 7:56AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20	
	558452363	Rahu 8:58AM – 10:31AM	Catuspada Until 2:35AM Sun	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:11PM	Moon – Red		Bhuloka Day	
Until 9:28PM				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 13 Sutra 147 Vilamba 5120	
Simha Rasi: 18.35	Tithi 30 – 1	Gulika 3:08PM – 4:41PM	Purvaphalguni Until 7:08PM	Ganesha: Red	<i>Sunrise:</i> 5:53AM		
		Yama 12:03PM – 1:36PM	Sadhya Until 12:32AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20	
	558452363	Rahu 4:41PM – 6:13PM	Kintughna Until 11:31PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 1:00PM	Moon – Red		Bhuloka Day	
Until 7:08PM				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga			Grandparent's Day				

Retreat Star		Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sun 14 Sutra 148 Vilamba 5120	
Kanya Rasi: 3.16	Tithi 1 – 2	Gulika 1:35PM – 3:08PM	Uttaraphalguni Until 4:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM		
Family Home Evening		Yama 10:30AM – 12:03PM	Subha Until 9:14PM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20	
	559452363	Rahu 7:25AM – 8:58AM	Balava Until 8:46PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 10:04AM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Kingston, Jamaica Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 17.41	Tithi 2 - 3	Gulika 12:02PM - 1:35PM	Hasta Until 3:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	
			Yama 8:58AM - 10:30AM	Sukla Until 6:17PM	Muruqa: Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 3:07PM - 4:39PM	Taitila Until 6:31PM	Nataraja: Purple		3rd Phase
			Dvitiya Until 7:34AM	Moon - Green		Bhuloka Day	
				Bhadrapada-Avani			

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturtham Titau				Kingston, Jamaica Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 1.44	Tithi 4	Gulika 10:30AM - 12:02PM	Chitra Until 2:35PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	
			Yama 7:25AM - 8:58AM	Brahma Until 3:53PM	Muruqa: Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 12:02PM - 1:34PM	Vanija Until 4:54PM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 4:21AM Thu	Moon - Green		Bhuloka Day	
			Ganesha Chaturthi	Bhadrapada-Avani			

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 15.21	Tithi 5	Gulika 8:58AM - 10:30AM	Svati Until 2:12PM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM	
			Yama 5:53AM - 7:26AM	Indra Until 2:04PM	Muruqa: Purple	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569552363 Rahu 1:34PM - 3:06PM	Bava Until 4:02PM	Nataraja: Purple		3rd Phase
			Panchami Until 3:53AM Fri	Moon - Green		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM	

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 28.32	Tithi 6	Gulika 7:26AM - 8:57AM	Vishakha Until 2:56PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	
			Yama 3:05PM - 4:37PM	Vaidhriti* Until 12:53PM	Muruqa: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 10:29AM - 12:01PM	Kaulava Until 3:59PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 4:15AM Sat	Moon - Orange		Devaloka Day	
				Bhadrapada-Avani			

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Kingston, Jamaica Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 11.17	Tithi 7	Gulika 5:54AM - 7:26AM	Anuradha Until 4:18PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	
			Yama 1:33PM - 3:05PM	Vishkambha* Until 12:22PM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 8:57AM - 10:29AM	Gara Until 4:46PM	Nataraja: Purple		3rd Phase
			Saptami Until 5:25AM Sun	Moon - Orange		Devaloka Day	
				Bhadrapada-Avani			

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau				Kingston, Jamaica Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 3:04PM - 4:36PM	Jyeshtha* Until 6:14PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	
	Vrischika Rasi: 23.41	Tithi 8	Yama 12:01PM - 1:32PM	Priti Until 12:27PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 21
			579552363 Rahu 4:36PM - 6:07PM	Visti Until 6:17PM	Nataraja: Purple		Ashtami
			Ashtami* Until 7:16AM Mon	Moon - Orange		Devaloka Day	
				Bhadrapada-Puratasi			

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:32PM - 3:03PM	Mula* Until 9:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	
	Dhanu Rasi: 5.49	Tithi 8 - 9	Yama 10:29AM - 12:00PM	Ayushman Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 21
	Family Home Evening		589552363 Rahu 7:26AM - 8:57AM	Balava Until 8:24PM	Nataraja: Purple		Navami
			Ashtami* Until 7:16AM	Moon - Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica
	Dhanus Rasi: 17.44	Tithi 9 – 10	581552363	Gulika 12:00PM – 1:31PM Yama 8:57AM – 10:29AM Rahu 3:03PM – 4:34PM	Purvashadha* Until 12:06AM Wed Saubhagya Until 1:52PM Taitila Until 10:54PM Navami* Until 9:36AM	Ganesha: Clear <i>Sunrise: 5:54AM</i> Muruqa: Purple <i>Sunset: 6:06PM</i> Nataraja: Purple Moon – Light Blue	Sun 22 Sutra 156 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga						Bhuloka Day	
Until 12:06AM Wed						Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

2	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Dhanus Rasi: 29.34	Tithi 10 – 11	581552363	Gulika 10:28AM – 12:00PM Yama 7:26AM – 8:57AM Rahu 12:00PM – 1:31PM	Uttarashadha Until 3:04AM Thu Sobhana Until 2:56PM Vanija Until 1:32AM Thu Dashami Until 12:12PM	Ganesha: Clear <i>Sunrise: 5:54AM</i> Muruqa: Purple <i>Sunset: 6:05PM</i> Nataraja: Purple Moon – Light Blue	Sun 23 Sutra 157 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Amrita Yoga						Bhuloka Day	
Until 3:04AM Thu						Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

3	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica
	Makara Rasi: 11.21	Tithi 11 – 12	591552363	Gulika 8:57AM – 10:28AM Yama 5:54AM – 7:26AM Rahu 1:30PM – 3:02PM	Shravana Until 6:16AM Fri Athiganda* Until 3:58PM Bava Until 4:04AM Fri Ekadashi Until 2:48PM	Ganesha: Purple <i>Sunrise: 5:54AM</i> Muruqa: Purple <i>Sunset: 6:04PM</i> Nataraja: Purple Moon – Purple	Sun 24 Sutra 158 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga						Devaloka Day	
						Bhadrapada-Puratasi	

4	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica
	Makara Rasi: 23.11	Tithi 12 – 13	591552363	Gulika 7:26AM – 8:57AM Yama 3:01PM – 4:32PM Rahu 10:28AM – 11:59AM	Shravana Until 6:16AM Sukarma Until 4:51PM Kaulava Until 6:19AM Sat Dvadashi Until 5:13PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Purple	Sun 25 Sutra 159 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Routine Work Marana Yoga						Devaloka Day	
Until 6:16AM						Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata</i>

5	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica
	Kumbha Rasi: 5.08	Tithi 13	591552363	Gulika 5:55AM – 7:26AM Yama 1:29PM – 3:00PM Rahu 8:57AM – 10:28AM	Dhanishtha Until 9:01AM Dhriti Until 5:28PM Kaulava Until 6:19AM Trayodashi Until 7:16PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 6:02PM</i> Nataraja: Purple Moon – Purple	Sun 26 Sutra 160 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga						Devaloka Day	
Until 9:01AM						Bhadrapada-Puratasi	
Then Creative Work - Amrita Yoga							

6	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica
	Kumbha Rasi: 17.16	Tithi 14	591552363	Gulika 3:00PM – 4:31PM Yama 11:58AM – 1:29PM Rahu 4:31PM – 6:01PM	Shatabhishak Until 11:11AM Shula* Until 5:42PM Gara Until 8:09AM Chaturdashi* Until 8:51PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 6:01PM</i> Nataraja: Purple Moon – Purple	Sun 27 Sutra 161 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga						Devaloka Day	
						Bhadrapada-Puratasi	

○	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica
	Copper Retreat Star			Gulika 1:29PM – 2:59PM Yama 10:27AM – 11:58AM Rahu 7:26AM – 8:56AM	Purvaproshtapada* Until 1:11PM Ganda* Until 5:34PM Visti Until 9:28AM Purnima* Until 9:55PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 6:01PM</i> Nataraja: Purple Moon – Clear	Sun 28 Sutra 162 Vilamba 5120 Moon 8 - Phase 22 Purnima
Kumbha Rasi: 29.35		Tithi 15				Devaloka Day	
Family Home Evening						Bhadrapada-Puratasi	
Routine Work Marana Yoga							
Until 1:11PM							
Then Creative Work - Siddha Yoga							

○	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica
	Silver Retreat Star			Gulika 11:57AM – 1:28PM Yama 8:56AM – 10:27AM Rahu 2:59PM – 4:29PM	Uttaraproshtapada Until 2:31PM Vridhi Until 5:02PM Balava Until 10:16AM Prathama* Until 10:28PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 6:00PM</i> Nataraja: Purple Moon – Clear	Sun 29 Sutra 163 Vilamba 5120 Moon 8 - Phase 22 Prathama
Meena Rasi: 12.08		Tithi 16				Devaloka Day	
Creative Work Amrita Yoga						Bhadrapada-Puratasi	
Until 2:31PM							
Then Creative Work - Siddha Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 24.55 Tithi 17

511552363 Rahu

Gulika 10:27AM - 11:57AM

Yama 7:26AM - 8:56AM

Rahu 11:57AM - 1:28PM

Revati Until 3:14PM

Dhruva Until 4:06PM

Taitila Until 10:35AM

Dvitiya Until 10:33PM

Ganesha: Purple Sunrise: 5:55AM

Muruqa: Purple Sunset: 5:59PM

Nataraja: Purple

Moon - Clear

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 7.56 Tithi 18

621552363 Rahu

Gulika 8:56AM - 10:26AM

Yama 5:56AM - 7:26AM

Rahu 1:27PM - 2:57PM

Ashvini Until 3:50PM

Vyaghata* Until 2:51PM

Vanija Until 10:28AM

Tritiya Until 10:14PM

Ganesha: Purple Sunrise: 5:56AM

Muruqa: Purple Sunset: 5:59PM

Nataraja: Purple

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 3:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturtham Titau

Kingston, Jamaica

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 21.08 Tithi 19

622552363 Rahu

Gulika 7:26AM - 8:56AM

Yama 2:57PM - 4:27PM

Rahu 10:26AM - 11:56AM

Bharani Until 3:55PM

Harshana Until 1:19PM

Bava Until 9:57AM

Chaturthi* Until 9:33PM

Ganesha: Clear Sunrise: 5:56AM

Muruqa: Purple Sunset: 5:57PM

Nataraja: Purple

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 4.32 Tithi 20

622552363 Rahu

Gulika 5:56AM - 7:26AM

Yama 1:26PM - 2:56PM

Rahu 8:56AM - 10:26AM

Krittika Until 3:32PM

Vajra* Until 11:29AM

Kaulava Until 9:06AM

Panchami Until 8:33PM

Ganesha: Clear Sunrise: 5:56AM

Muruqa: Purple Sunset: 5:57PM

Nataraja: Purple

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthiyam Titau

Kingston, Jamaica

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 18.06 Tithi 21

632552363 Rahu

Gulika 2:56PM - 4:26PM

Yama 11:56AM - 1:26PM

Rahu 4:26PM - 5:56PM

Rohini Until 3:09PM

Siddhi Until 9:26AM

Gara Until 7:57AM

Shashthi* Until 7:15PM

Ganesha: Purple Sunrise: 5:56AM

Muruqa: Purple Sunset: 5:56PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Saplam/Ashlamyam Titau

Kingston, Jamaica

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mithuna Rasi: 1.5 Tithi 22 - 23

632552363 Rahu

Gulika 1:25PM - 2:55PM

Yama 10:26AM - 11:55AM

Rahu 7:26AM - 8:56AM

Mrigashira Until 2:21PM

Vyatipata* Until 7:09AM

Visti Until 6:31AM

Saptami Until 5:40PM

Ganesha: Purple Sunrise: 5:56AM

Muruqa: Purple Sunset: 5:55PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 2:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 15.45 Tithi 23 - 24

632552363 Rahu

Gulika 11:55AM - 1:25PM

Yama 8:56AM - 10:25AM

Rahu 2:55PM - 4:24PM

Ardra Until 1:07PM

Parigha* Until 1:54AM Wed

Taitila Until 2:49AM Wed

Ashtami* Until 3:49PM

Ganesha: Purple Sunrise: 5:56AM

Muruqa: Purple Sunset: 5:54PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica

Sun 8 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 29.5 Tithi 24 - 25

642552363 Rahu

Gulika 10:25AM - 11:55AM

Yama 7:26AM - 8:56AM

Rahu 11:55AM - 1:24PM

Punarvasu Until 11:54AM

Shiva Until 10:58PM

Vanija Until 12:35AM Thu

Navami* Until 1:42PM

Ganesha: Clear Sunrise: 5:57AM

Muruqa: Purple Sunset: 5:53PM

Nataraja: Purple

Moon - Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 14.04	Tithi 25 – 26	Gulika 8:56AM – 10:25AM	Pushya Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM	Muruqa: Purple	<i>Sunset:</i> 5:52PM
		Yama 5:57AM – 7:26AM	Siddha Until 7:50PM	Nataraja: Purple		Moon 9 - Phase 24	
		642552363 Rahu 1:24PM – 2:53PM	Bava Until 10:08PM	Moon – Blue		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 11:21AM	Bhuloka Day			
Until 10:19AM				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 28.28	Tithi 26 – 27	Gulika 7:26AM – 8:56AM	Ashlesha* Until 8:24AM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM	Muruqa: Purple	<i>Sunset:</i> 5:51PM
		Yama 2:53PM – 4:22PM	Sadhya Until 4:36PM	Nataraja: Purple		Moon 9 - Phase 24	
		642552363 Rahu 10:25AM – 11:54AM	Kaulava Until 7:32PM	Moon – Blue		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 8:49AM	Bhuloka Day			
				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Talilla/Vanija Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 12.55	Tithi 27 – 28	Gulika 5:57AM – 7:26AM	Magha* Until 6:40AM	Ganesha: White	<i>Sunrise:</i> 5:57AM	Muruqa: Purple	<i>Sunset:</i> 5:51PM
		Yama 1:23PM – 2:52PM	Subha Until 1:18PM	Nataraja: Purple		Moon 9 - Phase 24	
		652552363 Rahu 8:56AM – 10:25AM	Vanija Until 3:33AM Sun	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 6:11AM	Bhuloka Day			
Until 6:40AM				Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga							

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 27.23	Tithi 29	Gulika 2:52PM – 4:21PM	Uttaraphalguni Until 2:53AM Mon	Ganesha: White	<i>Sunrise:</i> 5:57AM	Muruqa: Purple	<i>Sunset:</i> 5:50PM
		Yama 11:54AM – 1:23PM	Sukla Until 10:01AM	Nataraja: Clear		Moon 9 - Phase 24	
		652552364 Rahu 4:21PM – 5:50PM	Visti Until 2:17PM	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 1:02AM Mon	Bhuloka Day			
Until 2:53AM Mon				Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

Monday, October 8, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 176 Vilamba 5120	
Kanya Rasi: 11.46	Tithi 30	Gulika 1:22PM – 2:51PM	Hasta Until 1:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:58AM	Muruqa: Purple	<i>Sunset:</i> 5:49PM
Family Home Evening		Yama 10:24AM – 11:53AM	Brahma Until 6:52AM	Nataraja: Clear		Moon 9 - Phase 24	
Creative Work	Siddha Yoga	662652364 Rahu 7:27AM – 8:56AM	Catuspada Until 11:52AM	Moon – Green		Amavasya	
			Amavasya* Until 10:46PM	Devaloka Day			
				Bhadrapada•Puratasi			

Tuesday, October 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 25.56	Tithi 1	Gulika 11:53AM – 1:22PM	Chitra Until 12:28AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:58AM	Muruqa: Purple	<i>Sunset:</i> 5:48PM
		Yama 8:55AM – 10:24AM	Vaidhriti* Until 1:25AM Wed	Nataraja: Clear		Moon 9 - Phase 24	
		662652364 Rahu 2:51PM – 4:19PM	Kintughna Until 9:48AM	Moon – Green		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:54PM	Devaloka Day			
				Ashvina•Puratasi			
		Navaratri Begins					

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 9.49	Tithi 2	Gulika 10:24AM – 11:53AM	Svati Until 11:49PM	Ganesha: Red	<i>Sunrise:</i> 5:58AM	
			Yama 7:27AM – 8:55AM	Vishkambha* Until 11:19PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
	662652364		Rahu 11:53AM – 1:21PM	Balava Until 8:12AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:36PM	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 23.21	Tithi 3	Gulika 8:55AM – 10:24AM	Vishakha Until 12:08AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM	
			Yama 5:58AM – 7:27AM	Priti Until 9:47PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
	672652364		Rahu 1:21PM – 2:50PM	Taitila Until 7:12AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:57PM	Moon – Orange		Devaloka Day	
				Ashvina+Puratasi			

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Kingston, Jamaica Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 6.3	Tithi 4	Gulika 7:27AM – 8:55AM	Anuradha Until 1:03AM Sat	Ganesha: White	<i>Sunrise:</i> 5:59AM	
			Yama 2:49PM – 4:18PM	Ayushman Until 8:49PM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
	673652364		Rahu 10:24AM – 11:52AM	Vanija Until 6:56AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:04PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 19.16	Tithi 5	Gulika 5:59AM – 7:27AM	Jyeshtha* Until 2:33AM Sun	Ganesha: White	<i>Sunrise:</i> 5:59AM	
			Yama 1:20PM – 2:49PM	Saubhagya Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
	673652364		Rahu 8:55AM – 10:24AM	Bava Until 7:27AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:58PM	Moon – Orange		Bhuloka Day	
Until 2:33AM Sun				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 1.4	Tithi 6	Gulika 2:48PM – 4:16PM	Mula* Until 5:03AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	
			Yama 11:52AM – 1:20PM	Sobhana Until 8:41PM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
	683652364		Rahu 4:16PM – 5:45PM	Kaulava Until 8:43AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 9:36PM	Moon – Light Blue		Devaloka Day	
Until 5:03AM Mon				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 13.47	Tithi 7	Gulika 1:20PM – 2:48PM	Purvashadha* Until 7:54AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	
	Family Home Evening		Yama 10:24AM – 11:52AM	Athiganda* Until 9:19PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
	683652364		Rahu 7:27AM – 8:55AM	Gara Until 10:40AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Saptami Until 11:49PM	Moon – Light Blue		Devaloka Day	
Until 7:54AM Tue				Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 11:51AM – 1:19PM	Purvashadha* Until 7:54AM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	
	Dhanus Rasi: 25.43	Tithi 8	Yama 8:56AM – 10:23AM	Sukarma Until 10:15PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
	683652364		Rahu 2:47PM – 4:15PM	Visti Until 1:05PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 2:23AM Wed	Moon – Light Blue		Devaloka Day	
Until 7:54AM				Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 10:23AM – 11:51AM	Uttarashadha Until 10:49AM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	
	Makara Rasi: 7.32	Tithi 9	Yama 7:28AM – 8:56AM	Dhriti Until 11:17PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
	683652364		Rahu 11:51AM – 1:19PM	Balava Until 3:44PM	Nataraja: Clear		Navami
Creative Work	Amrita Yoga		Navami* Until 5:02AM Thu	Moon – Light Blue		Devaloka Day	
Until 10:49AM				Ashvina+Purasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 186 Vilamba 5120
	Makara Rasi: 19.2	Tithi 10	Gulika 8:56AM – 10:23AM	Shravana Until 2:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:00AM	
			Yama 6:00AM – 7:28AM	Shula* Until 12:12AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 26
	693652364	Rahu 1:19PM – 2:46PM		Taitila Until 6:20PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Vijaya Dasami	Dashami Until 7:30AM Fri	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 187 Vilamba 5120
	Kumbha Rasi: 1.13	Tithi 10 – 11	Gulika 7:28AM – 8:56AM	Dhanishtha Until 4:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:00AM	
			Yama 2:46PM – 4:14PM	Ganda* Until 12:52AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 26
	693652364	Rahu 10:23AM – 11:51AM		Vanija Until 8:37PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:30AM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 188 Vilamba 5120
	Kumbha Rasi: 13.14	Tithi 11 – 12	Gulika 6:01AM – 7:28AM	Shatabhishak Until 7:09PM	Ganesha: Purple	<i>Sunrise:</i> 6:01AM	
			Yama 1:18PM – 2:46PM	Vriddhi Until 1:09AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 26
	693652364	Rahu 8:56AM – 10:23AM		Bava Until 10:25PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 9:34AM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 7:09PM							
Then Routine Work - Marana Yoga							

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 189 Vilamba 5120
	Kumbha Rasi: 25.28	Tithi 12 – 13	Gulika 2:45PM – 4:12PM	Purvaproshtapada* Until 9:07PM	Ganesha: White	<i>Sunrise:</i> 6:01AM	
			Yama 11:50AM – 1:18PM	Dhruva Until 12:56AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 26
	613652364	Rahu 4:12PM – 5:40PM		Kaulava Until 11:36PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:04AM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 9:07PM							
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata</i>	

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 190 Vilamba 5120
	Meena Rasi: 7.59	Tithi 13 – 14	Gulika 1:18PM – 2:45PM	Uttaraproshtapada Until 10:19PM	Ganesha: White	<i>Sunrise:</i> 6:01AM	
	Family Home Evening		Yama 10:23AM – 11:50AM	Vyaghata* Until 12:14AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26
	613652364	Rahu 7:29AM – 8:56AM		Gara Until 12:08AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:56AM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sutra 191 Vilamba 5120
	Copper Retreat Star		Gulika 11:50AM – 1:17PM	Revati Until 10:44PM	Ganesha: White	<i>Sunrise:</i> 6:02AM	
	Meena Rasi: 20.47	Tithi 14 – 15	Yama 8:56AM – 10:23AM	Harshana Until 11:03PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26
	613652364	Rahu 2:44PM – 4:11PM		Visti Until 12:04AM Wed	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:09PM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

○	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 192 Vilamba 5120
	Silver Retreat Star		Gulika 10:23AM – 11:50AM	Ashvini Until 10:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	
	Mesha Rasi: 3.54	Tithi 15 – 16	Yama 7:29AM – 8:56AM	Vajra* Until 9:25PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 26
	623652364	Rahu 11:50AM – 1:17PM		Balava Until 11:26PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Purnima* Until 11:47AM	Ashvina•Aipasi	Devaloka Day		
Until 10:56PM							
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.17 Tithi 16 - 17

623652364

Gulika 8:56AM - 10:23AM
Yama 6:02AM - 7:29AM
Rahu 1:17PM - 2:44PM

Bharani Until 10:32PM
Siddhi Until 7:27PM
Taitila Until 10:21PM
Prathama* Until 10:56AM

Ganesha: Clear *Sunrise: 6:02AM*
Muruqa: Purple *Sunset: 5:37PM*
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 0.55 Tithi 17 - 18

624652364

Gulika 7:30AM - 8:56AM
Yama 2:43PM - 4:10PM
Rahu 10:23AM - 11:50AM

Krittika Until 9:40PM
Vyatipata* Until 5:11PM
Vanija Until 8:56PM
Dvitiya Until 9:40AM

Ganesha: White *Sunrise: 6:03AM*
Muruqa: Purple *Sunset: 5:37PM*
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 9:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 14.43 Tithi 18 - 19

634652364

Gulika 6:03AM - 7:30AM
Yama 1:16PM - 2:43PM
Rahu 8:56AM - 10:23AM

Rohini Until 8:50PM
Varyan Until 2:42PM
Bava Until 7:17PM
Tritiya Until 8:07AM

Ganesha: Clear *Sunrise: 6:03AM*
Muruqa: Purple *Sunset: 5:36PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 8:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 28.39 Tithi 19 - 20

634652364

Gulika 2:43PM - 4:09PM
Yama 11:50AM - 1:16PM
Rahu 4:09PM - 5:36PM

Mrigashira Until 7:44PM
Parigha* Until 12:06PM
Taitila Until 4:31AM Mon
Chaturthi* Until 6:23AM

Ganesha: Clear *Sunrise: 6:03AM*
Muruqa: Purple *Sunset: 5:36PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 12.4 Tithi 21

634652364

Family Home Evening

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

Gulika 1:16PM - 2:42PM
Yama 10:23AM - 11:50AM
Rahu 7:30AM - 8:57AM

Ardra Until 6:23PM
Shiva Until 9:25AM
Gara Until 3:35PM
Shashthi* Until 2:36AM Tue

Ganesha: Clear *Sunrise: 6:04AM*
Muruqa: Purple *Sunset: 5:35PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 26.42 Tithi 22

644662364

Gulika 11:49AM - 1:16PM
Yama 8:57AM - 10:23AM
Rahu 2:42PM - 4:08PM

Punarvasu Until 5:17PM
Siddha Until 6:40AM
Visti Until 1:38PM
Saptami Until 12:38AM Wed

Ganesha: Purple *Sunrise: 6:04AM*
Muruqa: Clear *Sunset: 5:35PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 10.46 Tithi 23

644662364

Gulika 10:23AM - 11:49AM
Yama 7:31AM - 8:57AM
Rahu 11:49AM - 1:16PM

Pushya Until 4:01PM
Subha Until 1:09AM Thu
Balava Until 11:40AM
Ashtami* Until 10:39PM

Ganesha: Purple *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 5:34PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 24.51 Tithi 24

644662364

Gulika 8:57AM - 10:23AM
Yama 6:05AM - 7:31AM
Rahu 1:16PM - 2:42PM

Ashlesha* Until 2:36PM
Sukla Until 10:21PM
Taitila Until 9:41AM
Navami* Until 8:40PM

Ganesha: Purple *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 5:34PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, November 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 8.56	Tithi 25	654662364	Gulika 7:31AM – 8:57AM Yama 2:41PM – 4:07PM Rahu 10:23AM – 11:49AM	Magha* Until 1:29PM Brahma Until 7:34PM Vanija Until 7:42AM Dashami Until 6:42PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:05AM Sunset: 5:33PM	Sivaloka Day		
Routine Work Marana Yoga Until 1:29PM Then Creative Work - Siddha Yoga									

2		Saturday, November 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 23	Tithi 26 – 27	654762364	Gulika 6:06AM – 7:32AM Yama 1:15PM – 2:41PM Rahu 8:58AM – 10:24AM	Purvaphalguni Until 12:14PM Indra Until 4:51PM Kaulava Until 3:52AM Sun Ekadashi* Until 4:46PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:06AM Sunset: 5:33PM	Devaloka Day		
Creative Work Siddha Yoga Until 12:14PM Then Routine Work - Marana Yoga									

3		Sunday, November 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 7.01	Tithi 27 – 28	654762364	Gulika 2:41PM – 4:07PM Yama 11:49AM – 1:15PM Rahu 4:07PM – 5:32PM	Uttaraphalguni Until 10:57AM Vaidhriti* Until 2:11PM Gara Until 2:07AM Mon Dvadashi* Until 2:57PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:06AM Sunset: 5:32PM	Devaloka Day		
Creative Work Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>							

4		Monday, November 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 20.57	Tithi 28 – 29	664762364	Gulika 1:15PM – 2:41PM Yama 10:24AM – 11:49AM Rahu 7:32AM – 8:58AM	Hasta Until 10:07AM Vishkambha* Until 11:40AM Visti Until 12:37AM Tue Trayodashi* Until 1:19PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 6:07AM Sunset: 5:32PM	Devaloka Day		
Family Home Evening Creative Work Siddha Yoga Until 10:07AM Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day							

●		Tuesday, November 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 12 Sutra 205 Vilamba 5120	
Retreat Star				Gulika 11:49AM – 1:15PM Yama 8:58AM – 10:24AM Rahu 2:41PM – 4:06PM	Chitra Until 9:24AM Priti Until 9:24AM Catuspada Until 11:28PM Chaturdashi* Until 11:58AM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 6:07AM Sunset: 5:32PM	Devaloka Day	
Tula Rasi: 4.43 Creative Work Siddha Yoga									

Retreat Star		Wednesday, November 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 13 Sutra 206 Vilamba 5120	
Retreat Star				Gulika 10:24AM – 11:50AM Yama 7:33AM – 8:59AM Rahu 11:50AM – 1:15PM	Svati Until 8:56AM Ayushman Until 7:25AM Kintughna Until 10:46PM Amavasya* Until 11:02AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 6:08AM Sunset: 5:31PM	Sivaloka Day	
Tula Rasi: 18.16 Creative Work Siddha Yoga		Skanda Shasthi Begins							

1 Thursday, November 8, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kingston, Jamaica Sun 14 Sutra 207 Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Vrischika Rasi: 1.32 Tithi 1 - 2 Creative Work Siddha Yoga	Gulika 8:59AM - 10:24AM Yama 6:08AM - 7:34AM 775762364 Rahu 1:15PM - 2:40PM	Vishakha Until 9:16AM Sobhana Until 4:45AM Fri Balava Until 10:39PM Prathama* Until 10:37AM
		Ganesha: Orange Sunrise: 6:08AM Muruqa: Clear Sunset: 5:31PM Nataraja: Clear Moon - Orange Sivaloka Day Karttika-Aipasi
2 Friday, November 9, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Kingston, Jamaica Sun 15 Sutra 208 Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Vrischika Rasi: 14.31 Tithi 2 - 3 Creative Work Siddha Yoga Until 10:02AM Then Routine Work - Marana Yoga	Gulika 7:34AM - 8:59AM Yama 2:40PM - 4:05PM 775762364 Rahu 10:24AM - 11:50AM	Anuradha Until 10:02AM Athiganda* Until 4:08AM Sat Tailila Until 11:12PM Dvitiya Until 10:49AM
		Ganesha: Orange Sunrise: 6:09AM Muruqa: Clear Sunset: 5:31PM Nataraja: Clear Moon - Orange Sivaloka Day Karttika-Aipasi
3 Saturday, November 10, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kingston, Jamaica Sun 16 Sutra 209 Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Vrischika Rasi: 27.09 Tithi 3 - 4 Creative Work Siddha Yoga	Gulika 6:09AM - 7:34AM Yama 1:15PM - 2:40PM 775762364 Rahu 8:59AM - 10:25AM	Jyeshtha* Until 11:18AM Sukarma Until 4:03AM Sun Vanija Until 12:25AM Sun Tritiya Until 11:42AM
		Ganesha: Orange Sunrise: 6:09AM Muruqa: Clear Sunset: 5:30PM Nataraja: Clear Moon - Orange Sivaloka Day Karttika-Aipasi
4 Sunday, November 11, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kingston, Jamaica Sun 17 Sutra 210 Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Dhanus Rasi: 9.3 Tithi 4 - 5 Creative Work Amrita Yoga Until 1:31PM Then Creative Work - Siddha Yoga	Gulika 2:40PM - 4:05PM Yama 11:50AM - 1:15PM 785762364 Rahu 4:05PM - 5:30PM	Mula* Until 1:31PM Dhriti Until 4:28AM Mon Bava Until 2:17AM Mon Chaturthi* Until 1:15PM
		Ganesha: Clear Sunrise: 6:10AM Muruqa: Clear Sunset: 5:30PM Nataraja: Clear Moon - Light Blue Sivaloka Day Karttika-Aipasi
5 Monday, November 12, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kingston, Jamaica Sun 18 Sutra 211 Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Dhanus Rasi: 21.36 Tithi 5 - 6 Family Home Evening Routine Work Marana Yoga	Gulika 1:15PM - 2:40PM Yama 10:25AM - 11:50AM 785762364 Rahu 7:35AM - 9:00AM	Purvashadha* Until 4:08PM Shula* Until 5:12AM Tue Kaulava Until 4:38AM Tue Panchami Until 3:23PM
		Ganesha: Clear Sunrise: 6:10AM Muruqa: Clear Sunset: 5:30PM Nataraja: Clear Moon - Light Blue Sivaloka Day Karttika-Aipasi
6 Tuesday, November 13, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Kingston, Jamaica Sun 19 Sutra 212 Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Makara Rasi: 3.31 Tithi 6 - 7 Routine Work Prabalarishta Yoga Until 6:58PM Then Creative Work - Siddha Yoga	Gulika 11:50AM - 1:15PM Yama 9:00AM - 10:25AM 785762364 Rahu 2:40PM - 4:05PM	Uttarashadha Until 6:58PM Ganda* Until 6:10AM Wed Gara Until 7:18AM Wed Shashthi* Until 5:55PM
	Skanda Shasthi	Ganesha: Clear Sunrise: 6:11AM Muruqa: Clear Sunset: 5:30PM Nataraja: Clear Moon - Light Blue Sivaloka Day Karttika-Aipasi
Retreat Star Wednesday, November 14, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau	Kingston, Jamaica Sun 20 Sutra 213 Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Makara Rasi: 15.2 Tithi 7 Creative Work Siddha Yoga Until 10:16PM Then Routine Work - Prabalarishta Yoga	Gulika 10:25AM - 11:50AM Yama 7:36AM - 9:01AM 795762364 Rahu 11:50AM - 1:15PM	Shravana Until 10:16PM Ganda* Until 6:10AM Gara Until 7:18AM Saptami Until 8:38PM
		Ganesha: Purple Sunrise: 6:11AM Muruqa: Clear Sunset: 5:29PM Nataraja: Clear Moon - Purple Subha Sivaloka Day Karttika-Aipasi
Retreat Star Thursday, November 15, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Kingston, Jamaica Sun 21 Sutra 214 Vilamba 5120 Moon 10 - Phase 29 Ashtami
Makara Rasi: 27.07 Tithi 8 Creative Work Siddha Yoga	Gulika 9:01AM - 10:26AM Yama 6:12AM - 7:36AM 795762364 Rahu 1:15PM - 2:40PM	Dhanishtha Until 1:18AM Fri Vridhi Until 7:10AM Visti Until 9:59AM Ashtami* Until 11:13PM
		Ganesha: Purple Sunrise: 6:12AM Muruqa: Clear Sunset: 5:29PM Nataraja: Clear Moon - Purple Subha Sivaloka Day Karttika-Aipasi
Retreat Star Friday, November 16, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau	Kingston, Jamaica Sun 22 Sutra 215 Vilamba 5120 Moon 10 - Phase 29 Navami
Kumbha Rasi: 8.59 Tithi 9 Creative Work Siddha Yoga Until 3:47AM Sat Then Routine Work - Marana Yoga	Gulika 7:37AM - 9:01AM Yama 2:40PM - 4:04PM 795762364 Rahu 10:26AM - 11:51AM	Shatabhishak Until 3:47AM Sat Dhruva Until 7:59AM Balava Until 12:25PM Navami* Until 1:27AM Sat
		Ganesha: Purple Sunrise: 6:12AM Muruqa: Clear Sunset: 5:29PM Nataraja: Clear Moon - Purple Subha Sivaloka Day Karttika-Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau			Kingston, Jamaica Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 21.02	Tithi 10	Gulika 6:13AM – 7:37AM	Purvaprossthapada* Until 6:02AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:13AM		
		Yama 1:15PM – 2:40PM	Vyaghata* Until 8:29AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM		Moon 10 - Phase 30
		716762365 Rahu 9:02AM – 10:26AM	Taitila Until 2:23PM	Nataraja: White			4th Phase
Routine Work	Marana Yoga		Dashami Until 3:06AM Sun	Moon – Clear		Devaloka Day	
Until 6:02AM Sun							
Then Creative Work - Amrita Yoga				Karttika-Karttikai			

2		Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau			Kingston, Jamaica Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 3.19	Tithi 11	Gulika 2:40PM – 4:04PM	Purvaprossthapada* Until 6:02AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM		
		Yama 11:51AM – 1:15PM	Harshana Until 8:32AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM		Moon 10 - Phase 30
		716762365 Rahu 4:04PM – 5:29PM	Vanija Until 3:41PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 4:02AM Mon	Moon – Clear		Devaloka Day	
Until 6:02AM							
Then Creative Work - Amrita Yoga				Karttika-Karttikai			

3		Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau			Kingston, Jamaica Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 15.54	Tithi 12	Gulika 1:16PM – 2:40PM	Uttaraprossthapada Until 7:25AM	Ganesha: Red	<i>Sunrise:</i> 6:14AM		
Family Home Evening		Yama 10:27AM – 11:51AM	Vajra* Until 8:00AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM		Moon 10 - Phase 30
		716762365 Rahu 7:38AM – 9:03AM	Bava Until 4:15PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 4:13AM Tue	Moon – Clear		Devaloka Day	
				Karttika-Karttikai			

4		Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 28.5	Tithi 13	Gulika 11:51AM – 1:16PM	Revati Until 7:56AM	Ganesha: Red	<i>Sunrise:</i> 6:14AM		
		Yama 9:03AM – 10:27AM	Siddhi Until 6:53AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM		Moon 10 - Phase 30
		716762365 Rahu 2:40PM – 4:04PM	Kaulava Until 4:03PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 3:40AM Wed	Moon – Clear		Devaloka Day	
				Karttika-Karttikai			
				<i>Pradosha Vrata</i>			

5		Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Kingston, Jamaica Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 12.1	Tithi 14	Gulika 10:28AM – 11:52AM	Ashvini Until 8:03AM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM		
		Yama 7:39AM – 9:03AM	Variyan Until 3:01AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:28PM		Moon 10 - Phase 30
		726762365 Rahu 11:52AM – 1:16PM	Gara Until 3:10PM	Nataraja: White			4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 2:28AM Thu	Moon – White		Bhuloka Day	
Until 8:03AM						Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			

○		Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Kingston, Jamaica Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika 9:04AM – 10:28AM	Bharani Until 7:23AM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM		
Mesha Rasi: 25.51	Tithi 15	Yama 6:16AM – 7:40AM	Parigha* Until 12:25AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:28PM		Moon 10 - Phase 30
		726762365 Rahu 1:16PM – 2:40PM	Visti Until 1:40PM	Nataraja: White			Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:43AM Fri	Moon – White		Bhuloka Day	
Until 7:23AM						Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		Krittika Deepam		Karttika-Karttikai			

Friday, November 23, 2018		Silver Retreat Star			Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Kingston, Jamaica Sutra 222 Vilamba 5120
Vrishabha Rasi: 9.52	Tithi 16	Gulika 7:40AM – 9:04AM	Krittika Until 6:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM			
		Yama 2:40PM – 4:04PM	Shiva Until 9:29PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM		Moon 10 - Phase 30	
		726762365 Rahu 10:28AM – 11:52AM	Balava Until 11:42AM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 10:34PM	Moon – White		Bhuloka Day		
Until 6:05AM						Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins		Karttika-Karttikai				

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica
Sutra 223

Virshabha Rasi: 24.06 Tithi 17

737762365

Gulika 6:17AM – 7:41AM
Yama 1:16PM – 2:40PM
Rahu 9:05AM – 10:29AM

Mrigashira Until 2:56AM Sun
Siddha Until 6:19PM
Taitila Until 9:25AM
Dvitiya Until 8:10PM

Ganesha: Red *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Yellow

Moon 11 - Phase 31
1st Phase

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica
Sun 1 Sutra 224

Mithuna Rasi: 8.29 Tithi 18 – 19

737762365

Gulika 2:41PM – 4:04PM
Yama 11:53AM – 1:17PM
Rahu 4:04PM – 5:28PM

Ardra Until 12:57AM Mon
Sadhya Until 3:02PM
Vanija Until 6:55AM
Tritiya Until 5:37PM

Ganesha: Red *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Yellow

Moon 11 - Phase 31
1st Phase

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica
Sun 2 Sutra 225

Mithuna Rasi: 22.56 Tithi 19 – 20

747762365

Family Home Evening

Gulika 1:17PM – 2:41PM
Yama 10:29AM – 11:53AM
Rahu 7:42AM – 9:06AM

Punarvasu Until 11:16PM
Subha Until 11:45AM
Kaulava Until 1:50AM Tue
Chaturthi* Until 3:04PM

Ganesha: Green *Sunrise:* 6:18AM
Muruqa: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Blue

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashtyham Titau

Kingston, Jamaica
Sun 3 Sutra 226

Kataka Rasi: 7.21 Tithi 20 – 21

747862365

Gulika 11:53AM – 1:17PM
Yama 9:06AM – 10:30AM
Rahu 2:41PM – 4:05PM

Pushya Until 9:34PM
Sukla Until 8:30AM
Gara Until 11:26PM
Panchami Until 12:36PM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Blue

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashtthi/Saptamyam Titau

Kingston, Jamaica
Sun 4 Sutra 227

Kataka Rasi: 21.4 Tithi 21 – 22

747863365

Gulika 10:30AM – 11:54AM
Yama 7:43AM – 9:06AM
Rahu 11:54AM – 1:18PM

Ashlesha* Until 7:55PM
Indra Until 2:27AM Thu
Visti Until 9:14PM
Shashtthi* Until 10:17AM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 5:29PM
Nataraja: White
Moon – Blue

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica
Sun 5 Sutra 228

Simha Rasi: 5.5 Tithi 22 – 23

757863365

Gulika 9:07AM – 10:31AM
Yama 6:20AM – 7:43AM
Rahu 1:18PM – 2:41PM

Magha* Until 6:46PM
Vaidhriti* Until 11:41PM
Balava Until 7:17PM
Saptami Until 8:12AM

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:29PM
Nataraja: White
Moon – Red

Moon 11 - Phase 31
Ashtami

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashlami/Navamyam Titau

Kingston, Jamaica
Sun 6 Sutra 229

Simha Rasi: 19.52 Tithi 23 – 24

758863365

Gulika 7:44AM – 9:07AM
Yama 2:42PM – 4:05PM
Rahu 10:31AM – 11:55AM

Purvaphalguni Until 5:45PM
Vishkambha* Until 9:08PM
Gara Until 4:49AM Sat
Ashtami* Until 6:22AM

Ganesha: Orange *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:29PM
Nataraja: White
Moon – Red

Moon 11 - Phase 31
Navami

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1	Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanja/Visti* Karana Dashamyam Titau				Kingston, Jamaica Sun 7 Sutra 230 Vilamba 5120
	Kanya Rasi: 3.42	Tithi 25	Gulika 6:21AM – 7:44AM	Uttaraphalguni Until 4:50PM	Ganesha: Orange	<i>Sunrise:</i> 6:21AM	
			Yama 1:18PM – 2:42PM	Priti Until 6:50PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
	Routine Work	Marana Yoga	758863365 Rahu 9:08AM – 10:31AM	Vanija Until 4:09PM	Nataraja: White		2nd Phase
			Dashami Until 3:31AM Sun	Moon – Red		Bhuloka Day Devaloka Time: 6:AM to 9:AM	

2	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 17.23	Tithi 26	Gulika 2:42PM – 4:06PM	Hasta Until 4:30PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:22AM	
			Yama 11:55AM – 1:19PM	Ayushman Until 4:43PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
	Creative Work	Amrita Yoga	768863365 Rahu 4:06PM – 5:29PM	Bava Until 3:01PM	Nataraja: White		2nd Phase
Until 4:30PM			Ekadashi* Until 2:32AM Mon	Moon – Green		Bhuloka Day	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			

3	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kingston, Jamaica Sun 9 Sutra 232 Vilamba 5120
	Tula Rasi: 0.53	Tithi 27	Gulika 1:19PM – 2:42PM	Chitra Until 4:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:22AM	
	Family Home Evening		Yama 10:32AM – 11:56AM	Saubhagya Until 2:52PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
	Routine Work	Prabalarishta Yoga	768863365 Rahu 7:46AM – 9:09AM	Kaulava Until 2:11PM	Nataraja: White		2nd Phase
Until 4:20PM			Dvadashi* Until 1:52AM Tue	Moon – Green		Bhuloka Day	
Then Creative Work - Amrita Yoga				Karttika-Karttikai			

4	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 14.13	Tithi 28	Gulika 11:56AM – 1:19PM	Svati Until 4:21PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:23AM	
			Yama 9:09AM – 10:33AM	Sobhana Until 1:17PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	768863365 Rahu 2:43PM – 4:06PM	Gara Until 1:41PM	Nataraja: White		2nd Phase
Until 4:21PM			Trayodashi* Until 1:34AM Wed	Moon – Green		Bhuloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai			

5	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 27.21	Tithi 29	Gulika 10:33AM – 11:56AM	Vishakha Until 5:03PM	Ganesha: Purple	<i>Sunrise:</i> 6:23AM	
			Yama 7:47AM – 9:10AM	Athiganda* Until 12:00PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	778863365 Rahu 11:56AM – 1:20PM	Visti Until 1:36PM	Nataraja: White		2nd Phase
			Chaturdashi* Until 1:42AM Thu	Moon – Orange		Bhuloka Day	
				Karttika-Karttikai			

●	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarna/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 12 Sutra 235 Vilamba 5120
	Retreat Star		Gulika 9:10AM – 10:34AM	Anuradha Until 6:04PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	
	Vriscchika Rasi: 10.15	Tithi 30	Yama 6:24AM – 7:47AM	Sukarna Until 11:04AM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 11 - Phase 32
			778863365 Rahu 1:20PM – 2:43PM	Catuspada Until 1:59PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 2:20AM Fri	Moon – Orange		Bhuloka Day	
Until 6:04PM				Karttika-Karttikai			
Then Routine Work - Prabalarishta Yoga							

●	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 13 Sutra 236 Vilamba 5120
	Retreat Star		Gulika 7:48AM – 9:11AM	Jyeshtha* Until 7:25PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:25AM	
	Vriscchika Rasi: 22.56	Tithi 1	Yama 2:44PM – 4:07PM	Dhriti Until 10:33AM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 11 - Phase 32
			779863365 Rahu 10:34AM – 11:57AM	Kintughna Until 2:52PM	Nataraja: White		Prathama
Routine Work	Marana Yoga		Prathama* Until 3:29AM Sat	Moon – Orange		Bhuloka Day	
Until 7:25PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kingston, Jamaica Sun 14 Sutra 237 Vilamba 5120
Dhanus Rasi: 5.22	Tithi 2	Gulika 6:25AM – 7:48AM	Mula* Until 9:36PM	Ganesha: Purple Sunrise: 6:25AM	Moon 11 - Phase 33 3rd Phase
789863365		Yama 1:21PM – 2:44PM	Shula* Until 10:24AM	Muruqa: Purple Sunset: 5:30PM	
Creative Work	Siddha Yoga	Rahu 9:11AM – 10:35AM	Balava Until 4:18PM	Nataraja: White Moon – Light Blue	Bhuloka Day
			Dvitiya Until 5:11AM Sun	Margasira-Karttikai	
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila Karana Tritiyayam Titau	Kingston, Jamaica Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 17.34	Tithi 3	Gulika 2:44PM – 4:08PM	Purvashadha* Until 12:07AM Mon	Ganesha: Purple Sunrise: 6:26AM	Moon 11 - Phase 33 3rd Phase
789863365		Yama 11:58AM – 1:21PM	Ganda* Until 10:41AM	Muruqa: Purple Sunset: 5:31PM	
Creative Work	Siddha Yoga	Rahu 4:08PM – 5:31PM	Taitila Until 6:15PM	Nataraja: White Moon – Light Blue	Bhuloka Day
Until 12:07AM Mon			Tritiya Until 7:22AM Mon	Margasira-Karttikai	
Then Routine Work - Marana Yoga					
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau	Kingston, Jamaica Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 29.35	Tithi 3 – 4	Gulika 1:22PM – 2:45PM	Uttarashadha Until 2:51AM Tue	Ganesha: Purple Sunrise: 6:26AM	Moon 11 - Phase 33 3rd Phase
789863365		Yama 10:36AM – 11:59AM	Vridhi Until 11:18AM	Muruqa: Purple Sunset: 5:31PM	
Family Home Evening		Rahu 7:49AM – 9:13AM	Vanija Until 8:38PM	Nataraja: White Moon – Light Blue	Bhuloka Day
Routine Work	Marana Yoga		Tritiya Until 7:22AM	Margasira-Karttikai	
Until 2:51AM Tue					
Then Creative Work - Siddha Yoga					
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kingston, Jamaica Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 11.28	Tithi 4 – 5	Gulika 11:59AM – 1:22PM	Shravana Until 6:08AM Wed	Ganesha: Clear Sunrise: 6:27AM	Moon 11 - Phase 33 3rd Phase
799863365		Yama 9:13AM – 10:36AM	Dhruva Until 12:10PM	Muruqa: Purple Sunset: 5:31PM	
Creative Work	Siddha Yoga	Rahu 2:45PM – 4:08PM	Bava Until 11:18PM	Nataraja: White Moon – Purple	Bhuloka Day
Until 6:08AM Wed			Chaturthi* Until 9:55AM	Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabararishta Yoga					
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kingston, Jamaica Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 23.15	Tithi 5 – 6	Gulika 10:37AM – 12:00PM	Shravana Until 6:08AM	Ganesha: Clear Sunrise: 6:28AM	Moon 11 - Phase 33 3rd Phase
799863365		Yama 7:51AM – 9:14AM	Vyaghata* Until 1:10PM	Muruqa: Purple Sunset: 5:32PM	
Creative Work	Siddha Yoga	Rahu 12:00PM – 1:23PM	Kaulava Until 2:03AM Thu	Nataraja: White Moon – Purple	Bhuloka Day
Until 6:08AM			Panchami Until 12:40PM	Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabararishta Yoga					
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kingston, Jamaica Sun 19 Sutra 242 Vilamba 5120
Kumbha Rasi: 5.02	Tithi 6 – 7	Gulika 9:14AM – 10:37AM	Dhanishtha Until 9:17AM	Ganesha: Clear Sunrise: 6:28AM	Moon 11 - Phase 33 3rd Phase
799863365		Yama 6:28AM – 7:51AM	Harshana Until 2:09PM	Muruqa: Purple Sunset: 5:32PM	
Creative Work	Siddha Yoga	Rahu 1:23PM – 2:46PM	Gara Until 4:40AM Fri	Nataraja: White Moon – Purple	Bhuloka Day
			Shashthi* Until 3:22PM	Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
			Vinayaga Viratam Ends		
Retreat Star		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kingston, Jamaica Sun 20 Sutra 243 Vilamba 5120
Kumbha Rasi: 16.53	Tithi 7 – 8	Gulika 7:52AM – 9:15AM	Shatabhishak Until 12:04PM	Ganesha: Clear Sunrise: 6:29AM	Moon 11 - Phase 33 3rd Phase
799863365		Yama 2:47PM – 4:09PM	Vajra* Until 2:55PM	Muruqa: Purple Sunset: 5:32PM	
Creative Work	Siddha Yoga	Rahu 10:38AM – 12:01PM	Visti Until 6:53AM Sat	Nataraja: White Moon – Purple	Bhuloka Day
			Saptami Until 5:49PM	Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
Retreat Star		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Visti*/Bava Karana Ashtamyam Titau	Kingston, Jamaica Sun 21 Sutra 244 Vilamba 5120
Kumbha Rasi: 28.53	Tithi 8	Gulika 6:29AM – 7:52AM	Purvaproshtapada* Until 2:45PM	Ganesha: Clear Sunrise: 6:29AM	Moon 11 - Phase 33 Ashtami
711863365		Yama 1:24PM – 2:47PM	Siddhi Until 3:21PM	Muruqa: Purple Sunset: 5:33PM	
Routine Work	Marana Yoga	Rahu 9:15AM – 10:38AM	Visti Until 6:53AM	Nataraja: White Moon – Clear	Bhuloka Day
Until 2:45PM			Ashtami* Until 7:45PM	Margasira-Markali	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					
Retreat Star		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada/Revati Nakshatra Vyatipala*/Varyan Yoga Balava/Kaulava Karana Navamyam Titau	Kingston, Jamaica Sun 22 Sutra 245 Vilamba 5120
Meena Rasi: 11.08	Tithi 9	Gulika 2:47PM – 4:10PM	Uttaraproshtapada Until 4:38PM	Ganesha: Purple Sunrise: 6:30AM	Moon 11 - Phase 33 Navami
811863365		Yama 12:02PM – 1:24PM	Vyatipala* Until 3:18PM	Muruqa: Purple Sunset: 5:33PM	
Creative Work	Amrita Yoga	Rahu 4:10PM – 5:33PM	Balava Until 8:30AM	Nataraja: White Moon – Clear	Bhuloka Day
			Navami* Until 9:01PM	Margasira-Markali	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau			Kingston, Jamaica Sun 23 Sutra 246 Vilamba 5120
1	Meena Rasi: 23.41 Tithi 10 Family Home Evening Creative Work Siddha Yoga	Gulika 1:25PM – 2:48PM Yama 10:39AM – 12:02PM Rahu 7:53AM – 9:16AM	Revati Until 5:38PM Varyani Until 2:38PM Taitila Until 9:22AM Dashami Until 9:29PM	Ganesha: Purple <i>Sunrise:</i> 6:30AM Muruqa: Purple <i>Sunset:</i> 5:34PM Nataraja: White Moon – Clear	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali	

Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau			Kingston, Jamaica Sun 24 Sutra 247 Vilamba 5120
2	Mesha Rasi: 6.37 Tithi 11 Creative Work Siddha Yoga	Gulika 12:03PM – 1:25PM Yama 9:17AM – 10:40AM Rahu 2:48PM – 4:11PM	Ashvini Until 6:09PM Parigha* Until 1:21PM Vanija Until 9:26AM Ekadashi Until 9:08PM	Ganesha: Clear <i>Sunrise:</i> 6:31AM Muruqa: Purple <i>Sunset:</i> 5:34PM Nataraja: White Moon – White	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali	Devaloka Time: 6:AM to 9:AM

Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau			Kingston, Jamaica Sun 25 Sutra 248 Vilamba 5120
3	Mesha Rasi: 19.58 Tithi 12 Creative Work Siddha Yoga Until 5:43PM Then Creative Work - Amrita Yoga	Gulika 10:40AM – 12:03PM Yama 7:54AM – 9:17AM Rahu 12:03PM – 1:26PM	Bharani Until 5:43PM Shiva Until 11:26AM Bava Until 8:40AM Dvadashi Until 7:59PM	Ganesha: Clear <i>Sunrise:</i> 6:31AM Muruqa: Purple <i>Sunset:</i> 5:35PM Nataraja: White Moon – White	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali	Devaloka Time: 6:AM to 9:AM

Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 249 Vilamba 5120
4	Vrishabha Rasi: 3.46 Tithi 13 Routine Work Marana Yoga	Gulika 9:18AM – 10:41AM Yama 6:32AM – 7:55AM Rahu 1:26PM – 2:49PM	Krittika Until 4:28PM Siddha Until 8:56AM Kaulava Until 7:09AM Trayodashi Until 6:08PM	Ganesha: Clear <i>Sunrise:</i> 6:32AM Muruqa: Purple <i>Sunset:</i> 5:35PM Nataraja: White Moon – White	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali	Devaloka Time: 6:AM to 9:AM
<i>Pradosha Vrata</i>					

Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Kingston, Jamaica Sun 27 Sutra 250 Vilamba 5120
5	Vrishabha Rasi: 17.58 Tithi 14 – 15 Routine Work Marana Yoga Until 2:54PM Then Creative Work - Siddha Yoga	Gulika 7:55AM – 9:18AM Yama 2:50PM – 4:13PM Rahu 10:41AM – 12:04PM	Rohini Until 2:54PM Subha Until 2:32AM Sat Visti Until 2:21AM Sat Chaturdashi* Until 3:43PM	Ganesha: White <i>Sunrise:</i> 6:32AM Muruqa: Purple <i>Sunset:</i> 5:36PM Nataraja: White Moon – Yellow	Moon 11 - Phase 34 4th Phase Bhuloka Day
				Margasira-Markali	

Saturday, December 22, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kingston, Jamaica Sutra 251 Vilamba 5120
○	Copper Retreat Star Mithuna Rasi: 2.3 Tithi 15 – 16 Creative Work Siddha Yoga	Gulika 6:33AM – 7:56AM Yama 1:27PM – 2:50PM Rahu 9:19AM – 10:42AM	Mrigashira Until 12:47PM Sukla Until 10:51PM Balava Until 11:21PM Purnima* Until 12:52PM	Ganesha: Yellow <i>Sunrise:</i> 6:33AM Muruqa: Purple <i>Sunset:</i> 5:36PM Nataraja: White Moon – Yellow	Moon 11 - Phase 34 Purnima Bhuloka Day
				Margasira-Markali	Devaloka Time: 9:AM to 12:PM

Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Kingston, Jamaica Sutra 252 Vilamba 5120
○	Silver Retreat Star Mithuna Rasi: 17.16 Tithi 16 – 17 Creative Work Siddha Yoga	Gulika 2:51PM – 4:14PM Yama 12:05PM – 1:28PM Rahu 4:14PM – 5:37PM	Ardra Until 10:15AM Brahma Until 7:00PM Taitila Until 8:09PM Prathama* Until 9:45AM	Ganesha: Yellow <i>Sunrise:</i> 6:33AM Muruqa: Purple <i>Sunset:</i> 5:37PM Nataraja: White Moon – Yellow	Moon 11 - Phase 34 Prathama Bhuloka Day
				Margasira-Markali	Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

Kingston, Jamaica

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 1:28PM - 2:51PM

Yama 10:43AM - 12:06PM

Rahu 7:57AM - 9:20AM

Day 4 of Pancha Ganapati

Punarvasu Until 7:53AM

Indra Until 3:07PM

Visti Until 3:19AM Tue

Dvitiya Until 6:31AM

Ganesha: Blue Sunrise: 6:34AM

Muruqa: Purple Sunset: 5:37PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Kataka Rasi: 17.01 Tithi 19

842963365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthiyam Titau

Kingston, Jamaica

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 12:06PM - 1:29PM

Yama 9:20AM - 10:43AM

Rahu 2:52PM - 4:15PM

Day 5 of Pancha Ganapati

Ashlesha* Until 2:59AM Wed

Vaidhriti* Until 11:18AM

Bava Until 1:47PM

Chaturthi* Until 12:16AM Wed

Ganesha: Yellow Sunrise: 6:34AM

Muruqa: Purple Sunset: 5:37PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

2

Simha Rasi: 1.44 Tithi 20

852963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 10:44AM - 12:07PM

Yama 7:58AM - 9:21AM

Rahu 12:07PM - 1:29PM

Panchami Until 9:31PM

Magha* Until 1:08AM Thu

Vishkambha* Until 7:39AM

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesha: Blue Sunrise: 6:35AM

Muruqa: Purple Sunset: 5:38PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Thursday, December 27, 2018

3

Simha Rasi: 16.14 Tithi 21

852963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 9:21AM - 10:44AM

Yama 6:35AM - 7:58AM

Rahu 1:30PM - 2:53PM

Saptami Until 5:16PM

Purvaphalguni Until 11:33PM

Ayushman Until 1:14AM Fri

Gara Until 8:18AM

Shashthi* Until 7:10PM

Ganesha: Blue Sunrise: 6:35AM

Muruqa: Purple Sunset: 5:39PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Kanya Rasi: 0.26 Tithi 22 - 23

852963366

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 7:59AM - 9:22AM

Yama 2:53PM - 4:16PM

Rahu 10:45AM - 12:08PM

Saptami Until 5:16PM

Uttaraphalguni Until 10:17PM

Saubhagya Until 10:35PM

Visti Until 6:10AM

Saptami Until 5:16PM

Ganesha: Blue Sunrise: 6:36AM

Muruqa: Purple Sunset: 5:39PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tithi 23 - 24

862963366

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Gulika 6:36AM - 7:59AM

Yama 1:31PM - 2:54PM

Rahu 9:22AM - 10:45AM

Ashtami* Until 3:54PM

Hasta Until 9:50PM

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami* Until 3:54PM

Ganesha: Red Sunrise: 6:36AM

Muruqa: Purple Sunset: 5:40PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tithi 24 - 25

862963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Gulika 2:54PM - 4:17PM

Yama 12:08PM - 1:31PM

Rahu 4:17PM - 5:40PM

Navami* Until 3:04PM

Chitra Until 9:46PM

Athiganda* Until 6:33PM

Vanija Until 2:52AM Mon

Navami* Until 3:04PM

Ganesha: Red Sunrise: 6:36AM

Muruqa: Purple Sunset: 5:40PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuklayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashtyam Titau				Kingston, Jamaica Sun 8 Sutra 260 Vilamba 5120
1		Gulika 1:32PM – 2:55PM	Svati Until 10:03PM	Ganesha: Red	<i>Sunrise:</i> 6:37AM	
Tula Rasi: 11.11	Tithi 25 – 26	Yama 10:46AM – 12:09PM	Sukarma Until 5:09PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 8:00AM – 9:23AM	Bava Until 2:49AM Tue	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Dashami Until 2:45PM	Moon – Green	Bhuloka Day	
Until 10:03PM				Margasira*Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuklayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 9 Sutra 261 Vilamba 5120
2		Gulika 12:09PM – 1:32PM	Vishakha Until 11:08PM	Ganesha: Green	<i>Sunrise:</i> 6:37AM	
Tula Rasi: 24.11	Tithi 26 – 27	Yama 9:23AM – 10:46AM	Dhriti Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 36
872963366		Rahu 2:56PM – 4:19PM	Kaulava Until 3:17AM Wed	Nataraja: Green		2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 2:58PM	Moon – Orange	Bhuloka Day	
Until 11:08PM				Margasira*Markali		
Then Creative Work - Siddha Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuklayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 10 Sutra 262 Vilamba 5120
3		Gulika 10:47AM – 12:10PM	Anuradha Until 12:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:38AM	
Vrischika Rasi: 6.57	Tithi 27 – 28	Yama 8:01AM – 9:24AM	Shula* Until 3:31PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 36
872963366		Rahu 12:10PM – 1:33PM	Gara Until 4:13AM Thu	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 3:40PM	Moon – Orange	Bhuloka Day	
Until 12:31AM Thu				Margasira*Markali		
Then Routine Work - Prabalarishta Yoga						

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuklayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 11 Sutra 263 Vilamba 5120
4		Gulika 9:24AM – 10:47AM	Jyeshtha* Until 2:12AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:38AM	
Vrischika Rasi: 19.3	Tithi 28 – 29	Yama 6:38AM – 8:01AM	Ganda* Until 3:14PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 36
872963366		Rahu 1:34PM – 2:57PM	Visti Until 5:37AM Fri	Nataraja: Green		2nd Phase
Routine Work Prabalarishta Yoga			Trayodashi* Until 4:51PM	Moon – Orange	Bhuloka Day	
Until 2:12AM Fri				Margasira*Markali		
Then Creative Work - Amrita Yoga						

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuklayam Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 264 Vilamba 5120
5		Gulika 8:01AM – 9:25AM	Mula* Until 4:36AM Sat	Ganesha: White	<i>Sunrise:</i> 6:38AM	
Dhanus Rasi: 1.51	Tithi 29	Yama 2:57PM – 4:20PM	Vridhi Until 3:19PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 36
882963366		Rahu 10:48AM – 12:11PM	Sakuni Until 6:28PM	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 6:28PM	Moon – Light Blue	Bhuloka Day	
Until 4:36AM Sat				Margasira*Markali		
Then Creative Work - Siddha Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuklayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 6:38AM – 8:02AM	Purvashadha* Until 7:13AM Sun	Ganesha: White	<i>Sunrise:</i> 6:38AM	
Dhanus Rasi: 14.02	Tithi 30	Yama 1:34PM – 2:58PM	Dhruva Until 3:40PM	Muruqa: Clear	<i>Sunset:</i> 5:44PM	Moon 12 - Phase 36
882973366		Rahu 9:25AM – 10:48AM	Catuspada Until 7:27AM	Nataraja: Green		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 8:29PM	Moon – Light Blue	Bhuloka Day	
Until 7:13AM Sun				Margasira*Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuklayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:58PM – 4:21PM	Purvashadha* Until 7:13AM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
Dhanus Rasi: 26.03	Tithi 1	Yama 12:12PM – 1:35PM	Vyaghata* Until 4:18PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Moon 12 - Phase 36
882973366		Rahu 4:21PM – 5:45PM	Kintughna Until 9:39AM	Nataraja: Green		Prathama
Creative Work Siddha Yoga			Prathama* Until 10:50PM	Moon – Light Blue	Bhuloka Day	
Until 7:13AM				Pausha*Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 267 Vilamba 5120
1	Makara Rasi: 7.58 Tithi 2	Gulika 1:35PM – 2:59PM	Uttarashadha Until 9:56AM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
Family Home Evening	882973366	Yama 10:49AM – 12:12PM	Harshana Until 5:09PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Moon 12 - Phase 37
Routine Work Marana Yoga		Rahu 8:02AM – 9:26AM	Balava Until 12:09PM	Nataraja: Green		3rd Phase
Until 9:56AM			Dvitiya Until 1:27AM Tue	Moon – Light Blue		Bhuloka Day
Then Creative Work - Amrita Yoga				Pausha-Markali		Devaloka Time: 12:PM to 3:PM

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Trityayam Titau				Kingston, Jamaica Sun 16 Sutra 268 Vilamba 5120
2	Makara Rasi: 19.47 Tithi 3	Gulika 12:13PM – 1:36PM	Shravana Until 1:12PM	Ganesha: Red	<i>Sunrise:</i> 6:39AM	
	893973366	Yama 9:26AM – 10:49AM	Vajra* Until 6:06PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 12 - Phase 37
Creative Work Siddha Yoga		Rahu 2:59PM – 4:23PM	Taitila Until 2:50PM	Nataraja: Green		3rd Phase
			Tritiya Until 4:12AM Wed	Moon – Purple		Devaloka Day
				Pausha-Markali		

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Kingston, Jamaica Sun 17 Sutra 269 Vilamba 5120
3	Kumbha Rasi: 1.34 Tithi 4	Gulika 10:50AM – 12:13PM	Dhanishtha Until 4:22PM	Ganesha: Red	<i>Sunrise:</i> 6:39AM	
	893973366	Yama 8:03AM – 9:26AM	Siddhi Until 7:06PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 12 - Phase 37
Routine Work Prabalarishta Yoga		Rahu 12:13PM – 1:36PM	Vanija Until 5:36PM	Nataraja: Green		3rd Phase
Until 4:22PM			Chaturthi* Until 6:55AM Thu	Moon – Purple		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali		

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 270 Vilamba 5120
4	Kumbha Rasi: 13.22 Tithi 4 – 5	Gulika 9:27AM – 10:50AM	Shatabhishak Until 7:16PM	Ganesha: Red	<i>Sunrise:</i> 6:40AM	
	893973366	Yama 6:40AM – 8:03AM	Vyatipata* Until 8:01PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 12 - Phase 37
Creative Work Siddha Yoga		Rahu 1:37PM – 3:00PM	Bava Until 8:15PM	Nataraja: Green		3rd Phase
			Chaturthi* Until 6:55AM	Moon – Purple		Devaloka Day
				Pausha-Markali		

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 271 Vilamba 5120
5	Kumbha Rasi: 25.13 Tithi 5 – 6	Gulika 8:03AM – 9:27AM	Purvaproshtapada* Until 10:14PM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	
	813973366	Yama 3:01PM – 4:24PM	Variyan Until 8:43PM	Muruqa: Clear	<i>Sunset:</i> 5:48PM	Moon 12 - Phase 37
Creative Work Siddha Yoga		Rahu 10:50AM – 12:14PM	Kaulava Until 10:37PM	Nataraja: Green		3rd Phase
			Panchami Until 9:27AM	Moon – Clear		Devaloka Day
				Pausha-Markali		

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 272 Vilamba 5120
6	Meena Rasi: 7.13 Tithi 6 – 7	Gulika 6:40AM – 8:04AM	Uttaraproshtapada Until 12:37AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	
	813973366	Yama 1:38PM – 3:01PM	Parigha* Until 9:06PM	Muruqa: Clear	<i>Sunset:</i> 5:48PM	Moon 12 - Phase 37
Creative Work Siddha Yoga		Rahu 9:27AM – 10:51AM	Gara Until 12:32AM Sun	Nataraja: Green		3rd Phase
Until 12:37AM Sun			Shashthi* Until 11:37AM	Moon – Clear		Devaloka Day
Then Creative Work - Amrita Yoga				Pausha-Markali		

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 273 Vilamba 5120
Retreat Star	Meena Rasi: 19.25 Tithi 7 – 8	Gulika 3:02PM – 4:25PM	Revati Until 2:14AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	
	813973366	Yama 12:15PM – 1:38PM	Shiva Until 9:02PM	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Moon 12 - Phase 37
Creative Work Amrita Yoga		Rahu 4:25PM – 5:49PM	Visti Until 1:49AM Mon	Nataraja: Green		Ashtami
Until 2:14AM Mon			Saptami Until 1:15PM	Moon – Clear		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali		

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 274 Vilamba 5120
Retreat Star	Mesha Rasi: 1.53 Tithi 8 – 9	Gulika 1:39PM – 3:02PM	Ashvini Until 3:28AM Tue	Ganesha: Purple	<i>Sunrise:</i> 6:40AM	
	823973366	Yama 10:51AM – 12:15PM	Siddha Until 8:23PM	Muruqa: Clear	<i>Sunset:</i> 5:50PM	Moon 12 - Phase 37
Family Home Evening		Rahu 8:04AM – 9:28AM	Balava Until 2:21AM Tue	Nataraja: Green		Navami
Creative Work Siddha Yoga			Ashtami* Until 2:10PM	Moon – White		Sivaloka Day
		Thai Pongal		Pausha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Tuesday, January 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Kingston, Jamaica Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 14.42	Tithi 9 – 10	Gulika 12:15PM – 1:39PM	Bharani Until 3:43AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:40AM		
		Yama 9:28AM – 10:52AM	Sadhya Until 7:08PM	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 12 - Phase 38
	823973366	Rahu 3:03PM – 4:27PM	Taitila Until 2:04AM Wed	Nataraja: Green			4th Phase
Creative Work	Siddha Yoga		Navami* Until 2:18PM	Moon – White		Sivaloka Day	
Until 3:43AM Wed				Pausha*Thai			
Then Creative Work - Amrita Yoga							


2		Wednesday, January 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Kingston, Jamaica Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 27.56	Tithi 10 – 11	Gulika 10:52AM – 12:16PM	Krittika Until 3:02AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:40AM		
		Yama 8:04AM – 9:28AM	Subha Until 5:15PM	Muruqa: Clear	<i>Sunset:</i> 5:51PM		Moon 12 - Phase 38
	823173366	Rahu 12:16PM – 1:40PM	Vanija Until 12:57AM Thu	Nataraja: Green			4th Phase
Creative Work	Amrita Yoga		Dashami Until 1:36PM	Moon – White		Sivaloka Day	
Until 3:02AM Thu				Pausha*Thai			
Then Routine Work - Marana Yoga							

3		Thursday, January 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Kingston, Jamaica Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 11.37	Tithi 11 – 12	Gulika 9:28AM – 10:52AM	Rohini Until 1:54AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:40AM		
		Yama 6:40AM – 8:04AM	Sukla Until 2:43PM	Muruqa: Clear	<i>Sunset:</i> 5:52PM		Moon 12 - Phase 38
	833173366	Rahu 1:40PM – 3:04PM	Bava Until 11:05PM	Nataraja: Green			4th Phase
Routine Work	Marana Yoga		Ekadashi Until 12:05PM	Moon – Yellow		Devaloka Day	
Until 1:54AM Fri				Pausha*Thai			
Then Creative Work - Siddha Yoga							

4		Friday, January 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 25.46	Tithi 12 – 13	Gulika 8:04AM – 9:28AM	Mrigashira Until 11:59PM	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM		
		Yama 3:04PM – 4:28PM	Brahma Until 11:37AM	Muruqa: Clear	<i>Sunset:</i> 5:52PM		Moon 12 - Phase 38
	833173366	Rahu 10:52AM – 12:16PM	Kaulava Until 8:33PM	Nataraja: Green			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:52AM	Moon – Yellow		Devaloka Day	
				Pausha*Thai			

Pradosha Vrata

5		Saturday, January 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau			Kingston, Jamaica Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.2	Tithi 13 – 14	Gulika 6:41AM – 8:05AM	Ardra Until 9:27PM	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM		
		Yama 1:41PM – 3:05PM	Indra Until 8:05AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM		Moon 12 - Phase 38
	833173366	Rahu 9:29AM – 10:53AM	Vanija Until 3:48AM Sun	Nataraja: Green			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:03AM	Moon – Yellow		Devaloka Day	
				Pausha*Thai			

		Sunday, January 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau			Kingston, Jamaica Sutra 280 Vilamba 5120
Copper Retreat Star		Gulika 3:05PM – 4:29PM	Punarvasu Until 6:50PM	Ganesha: White	<i>Sunrise:</i> 6:41AM		
Mithuna Rasi: 25.15	Tithi 15	Yama 12:17PM – 1:41PM	Vishkambha* Until 12:01AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:53PM		Moon 12 - Phase 38
		Rahu 4:29PM – 5:53PM	Visti Until 2:04PM	Nataraja: Green			Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:15AM Mon	Moon – Blue		Sivaloka Day	
				Pausha*Thai			

Monday, January 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau			Kingston, Jamaica Sutra 281 Vilamba 5120	
Silver Retreat Star		Gulika 1:41PM – 3:06PM	Pushya Until 3:55PM	Ganesha: White	<i>Sunrise:</i> 6:41AM	
Kataka Rasi: 10.22	Tithi 16	Yama 10:53AM – 12:17PM	Priti Until 7:46PM	Muruqa: Clear	<i>Sunset:</i> 5:54PM	Moon 12 - Phase 38
Family Home Evening		Rahu 8:05AM – 9:29AM	Balava Until 10:26AM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:34PM	Moon – Blue		Sivaloka Day
		Total Lunar Eclipse		Pausha*Thai		
		Thai Pusam				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

Kingston, Jamaica

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 25.34 Tithi 17 - 18

844173366

Gulika 12:18PM - 1:42PM

Yama 9:29AM - 10:53AM

Rahu 3:06PM - 4:30PM

Ashlesha* Until 12:53PM

Ayushman Until 3:32PM

Taitila Until 6:45AM

Dvitiya Until 4:56PM

Ganesha: Clear

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:55PM

Nataraja: Green

Moon - Blue

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Kingston, Jamaica

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 10.4 Tithi 18 - 19

854173366

Gulika 10:53AM - 12:18PM

Yama 8:05AM - 9:29AM

Rahu 12:18PM - 1:42PM

Magha* Until 10:16AM

Saubhagya Until 11:27AM

Bava Until 11:54PM

Tritiya Until 1:29PM

Ganesha: Purple

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:55PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 25.32 Tithi 19 - 20

954173366

Gulika 9:29AM - 10:54AM

Yama 6:40AM - 8:05AM

Rahu 1:43PM - 3:07PM

Purvaphalguni Until 7:50AM

Sobhana Until 7:40AM

Kaulava Until 9:03PM

Chaturthi* Until 10:24AM

Ganesha: Clear

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:55PM

Nataraja: Green

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 10.04 Tithi 20 - 21

964173366

Gulika 8:05AM - 9:29AM

Yama 3:07PM - 4:32PM

Rahu 10:54AM - 12:18PM

Hasta Until 4:31AM Sat

Sukarma Until 1:18AM Sat

Gara Until 6:44PM

Panchami Until 7:47AM

Ganesha: Purple

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:55PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 24.11 Tithi 22

964173366

Gulika 6:40AM - 8:05AM

Yama 1:43PM - 3:08PM

Rahu 9:29AM - 10:54AM

Chitra Until 3:51AM Sun

Dhriti Until 10:55PM

Visti Until 5:04PM

Saptami Until 4:30AM Sun

Ganesha: Purple

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:57PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

D

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 7.52 Tithi 23

964173366

Gulika 3:08PM - 4:33PM

Yama 12:19PM - 1:43PM

Rahu 4:33PM - 5:58PM

Svati Until 3:44AM Mon

Shula* Until 9:06PM

Balava Until 4:08PM

Ashtami* Until 3:56AM Mon

Ganesha: Purple

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:58PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 21.08 Tithi 24

974173366

Gulika 1:44PM - 3:09PM

Yama 10:54AM - 12:19PM

Rahu 8:05AM - 9:29AM

Vishakha Until 4:40AM Tue

Ganda* Until 7:52PM

Taitila Until 3:58PM

Navami* Until 4:07AM Tue

Ganesha: Clear

Sunrise: 6:40AM

Muruqa: Clear

Sunset: 5:58PM

Nataraja: Green

Moon - Orange

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

Family Home Evening

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 289 Vilamba 5120
Wrischika Rasi: 4.02	Tithi 25	Gulika 12:19PM – 1:44PM	Anuradha Until 6:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	
		Yama 9:29AM – 10:54AM	Vriddhi Until 7:12PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 40
974173366	Rahu 3:09PM – 4:34PM		Vanija Until 4:30PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:00AM Wed	Moon – Orange		Devaloka Day
				Pausha -Thai		

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 290 Vilamba 5120
Wrischika Rasi: 16.36	Tithi 26	Gulika 10:54AM – 12:19PM	Anuradha Until 6:06AM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	
		Yama 8:04AM – 9:29AM	Dhruva Until 7:00PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 40
974173366	Rahu 12:19PM – 1:44PM		Bava Until 5:42PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:30AM Thu	Moon – Orange		Devaloka Day
				Pausha -Thai		

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 291 Vilamba 5120
Wrischika Rasi: 28.55	Tithi 26 – 27	Gulika 9:29AM – 10:54AM	Jyeshtha* Until 7:57AM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	
		Yama 6:39AM – 8:04AM	Vyaghata* Until 7:13PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 40
974173366	Rahu 1:45PM – 3:10PM		Kaulava Until 7:27PM	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 6:30AM	Moon – Orange		Devaloka Day
Until 7:57AM				Pausha -Thai		
Then Creative Work - Siddha Yoga						

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 292 Vilamba 5120
Dhanus Rasi: 11.02	Tithi 27 – 28	Gulika 8:04AM – 9:29AM	Mula* Until 10:35AM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
		Yama 3:10PM – 4:35PM	Harshana Until 7:47PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 40
984173366	Rahu 10:54AM – 12:19PM		Gara Until 9:38PM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 8:28AM	Moon – Light Blue		Bhuloka Day
Until 10:35AM				Pausha -Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 293 Vilamba 5120
Dhanus Rasi: 22.59	Tithi 28 – 29	Gulika 6:39AM – 8:04AM	Purvashadha* Until 1:23PM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
		Yama 1:45PM – 3:10PM	Vajra* Until 8:32PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 40
984173366	Rahu 9:29AM – 10:54AM		Visti Until 12:06AM Sun	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:49AM	Moon – Light Blue		Bhuloka Day
Until 1:23PM				Pausha -Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

●		Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 294 Vilamba 5120
Retreat Star		Gulika 3:10PM – 4:36PM	Uttarashadha Until 4:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	
Makara Rasi: 4.52	Tithi 29 – 30	Yama 12:20PM – 1:45PM	Siddhi Until 9:27PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 40
985173367	Rahu 4:36PM – 6:01PM		Catuspada Until 2:46AM Mon	Nataraja: White		Amavasya
Creative Work	Amrita Yoga		Chaturdashi* Until 1:24PM	Moon – Light Blue		Devaloka Day
				Pausha -Thai		

Monday, February 4, 2019		Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 295 Vilamba 5120
Makara Rasi: 16.4	Tithi 30 – 1	Gulika 1:45PM – 3:11PM	Shravana Until 7:32PM	Ganesha: Red	<i>Sunrise:</i> 6:38AM	
Family Home Evening		Yama 10:54AM – 12:20PM	Vyatipata* Until 10:27PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 40
995173367	Rahu 8:04AM – 9:29AM		Kintughna Until 5:29AM Tue	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 4:06PM	Moon – Purple		Devaloka Day
Until 7:32PM				Magha -Thai		
Then Creative Work - Siddha Yoga						

1	Tuesday, February 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava Karana Pralhamayam Titau				Kingston, Jamaica Sun 15 Sutra 296 Vilamba 5120
	Makara Rasi: 28.28	Tithi 1	Gulika 12:20PM – 1:45PM	Dhanishtha Until 10:39PM	Ganesha: Red	<i>Sunrise:</i> 6:38AM	
			Yama 9:29AM – 10:54AM	Variyan Until 11:24PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 41
	995173367	Rahu 3:11PM – 4:36PM	Bava Until 6:48PM	Nataraja: White	Moon – Purple		3rd Phase
Creative Work Siddha Yoga		Prathama* Until 6:48PM				Magha-Thai	Devaloka Day
Until 10:39PM							
Then Routine Work - Marana Yoga							

2	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 16 Sutra 297 Vilamba 5120
	Kumbha Rasi: 10.16	Tithi 2	Gulika 10:54AM – 12:20PM	Shatabhishak Until 1:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:38AM	
			Yama 8:03AM – 9:29AM	Parigha* Until 12:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 41
	995173367	Rahu 12:20PM – 1:46PM	Balava Until 8:09AM	Nataraja: White	Moon – Purple		3rd Phase
Creative Work Siddha Yoga		Dvitiya Until 9:25PM				Magha-Thai	Devaloka Day

3	Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 17 Sutra 298 Vilamba 5120
	Kumbha Rasi: 22.08	Tithi 3	Gulika 9:29AM – 10:54AM	Purvaproshtpada* Until 4:29AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	
			Yama 6:37AM – 8:03AM	Shiva Until 1:03AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 41
	915173367	Rahu 1:46PM – 3:12PM	Taitila Until 10:40AM	Nataraja: White	Moon – Clear		3rd Phase
Creative Work Siddha Yoga		Tritiya Until 11:50PM				Magha-Thai	Sivaloka Day

4	Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Kingston, Jamaica Sun 18 Sutra 299 Vilamba 5120
	Meena Rasi: 4.05	Tithi 4	Gulika 8:03AM – 9:29AM	Uttaraproshtpada Until 7:01AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	
			Yama 3:12PM – 4:38PM	Siddha Until 1:33AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 41
	915173367	Rahu 10:54AM – 12:20PM	Vanija Until 12:57PM	Nataraja: White	Moon – Clear		3rd Phase
Creative Work Siddha Yoga		Chaturthi* Until 1:57AM Sat				Magha-Thai	Sivaloka Day
Until 7:01AM Sat							
Then Routine Work - Prabalarishta Yoga							

5	Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 19 Sutra 300 Vilamba 5120
	Meena Rasi: 16.08	Tithi 5	Gulika 6:37AM – 8:02AM	Uttaraproshtpada Until 7:01AM	Ganesha: Red	<i>Sunrise:</i> 6:37AM	
			Yama 1:46PM – 3:12PM	Sadhya Until 1:47AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 41
	915273367	Rahu 9:28AM – 10:54AM	Bava Until 2:54PM	Nataraja: White	Moon – Clear		3rd Phase
Creative Work Siddha Yoga		Panchami Until 3:41AM Sun				Magha-Thai	Devaloka Day
Until 7:01AM							
Then Routine Work - Prabalarishta Yoga							

6	Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica Sun 20 Sutra 301 Vilamba 5120
	Meena Rasi: 28.22	Tithi 6	Gulika 3:12PM – 4:38PM	Revati Until 8:59AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	
			Yama 12:20PM – 1:46PM	Subha Until 1:38AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 41
	915273367	Rahu 4:38PM – 6:04PM	Kaulava Until 4:23PM	Nataraja: White	Moon – Clear		3rd Phase
Creative Work Amrita Yoga		Shashthi* Until 4:54AM Mon				Magha-Thai	Devaloka Day
Until 8:59AM							
Then Creative Work - Siddha Yoga							

Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica Sun 21 Sutra 302 Vilamba 5120	
Retreat Star		Gulika 1:46PM – 3:13PM	Ashvini Until 10:45AM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM		
Mesha Rasi: 10.49	Tithi 7	Yama 10:54AM – 12:20PM	Sukla Until 1:00AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 1 - Phase 41	
Family Home Evening	925273367	Rahu 8:02AM – 9:28AM	Gara Until 5:18PM	Nataraja: White		3rd Phase	
Creative Work Siddha Yoga		Saptami Until 5:29AM Tue				Magha-Thai	Bhuloka Day Devaloka Time: 12:PM to 3:PM

D	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Kingston, Jamaica Sun 22 Sutra 303 Vilamba 5120
	Retreat Star		Gulika 12:20PM – 1:47PM	Bharani Until 11:44AM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	
	Mesha Rasi: 23.34	Tithi 8	Yama 9:28AM – 10:54AM	Brahma Until 11:51PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 1 - Phase 41
	925273367	Rahu 3:13PM – 4:39PM	Visti Until 5:32PM	Nataraja: White	Moon – White		Ashtami
Creative Work Siddha Yoga		Ashtami* Until 5:22AM Wed				Magha-Masi	Bhuloka Day Devaloka Time: 12:PM to 3:PM

Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica Sun 23 Sutra 304 Vilamba 5120	
Retreat Star		Gulika 10:54AM – 12:20PM	Krittika Until 11:52AM	Ganesha: Yellow	<i>Sunrise:</i> 6:35AM		
Vrishabha Rasi: 6.38	Tithi 9	Yama 8:01AM – 9:28AM	Indra Until 10:07PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 1 - Phase 41	
926273367	Rahu 12:20PM – 1:47PM	Balava Until 5:02PM	Nataraja: White	Moon – White		Navami	
Creative Work Amrita Yoga		Navami* Until 4:28AM Thu				Magha-Masi	Devaloka Day
Until 11:52AM							
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

1	Thursday, February 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 24 Sutra 305 Vilamba 5120
	Vrishabha Rasi: 20.08	Tithi 10	Gulika 9:27AM – 10:54AM	Rohini Until 11:33AM	Ganesha: White	<i>Sunrise:</i> 6:34AM	
			Yama 6:34AM – 8:01AM	Vaidhriti* Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 1 - Phase 42
	Routine Work	Marana Yoga	936273367 Rahu 1:47PM – 3:13PM	Taitila Until 3:45PM	Nataraja: White		4th Phase
			Dashami Until 2:49AM Fri	Magha-Masi	Sivaloka Day		

2	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica Sun 25 Sutra 306 Vilamba 5120
	Mithuna Rasi: 4.04	Tithi 11	Gulika 8:01AM – 9:27AM	Mrigashira Until 10:22AM	Ganesha: White	<i>Sunrise:</i> 6:34AM	
			Yama 3:13PM – 4:40PM	Vishkambha* Until 4:51PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	936273367 Rahu 10:54AM – 12:20PM	Vanija Until 1:45PM	Nataraja: White		4th Phase
			Ekadashi Until 12:30AM Sat	Magha-Masi	Sivaloka Day		

3	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 26 Sutra 307 Vilamba 5120
	Mithuna Rasi: 18.27	Tithi 12	Gulika 6:33AM – 8:00AM	Ardra Until 8:23AM	Ganesha: White	<i>Sunrise:</i> 6:33AM	
			Yama 1:47PM – 3:14PM	Priti Until 1:26PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	936273367 Rahu 9:27AM – 10:54AM	Bava Until 11:07AM	Nataraja: White		4th Phase
			Dvadashi Until 9:35PM	Magha-Masi	Sivaloka Day		

4	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica Sun 27 Sutra 308 Vilamba 5120
	Kataka Rasi: 3.13	Tithi 13	Gulika 3:14PM – 4:41PM	Punarvasu Until 6:09AM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	
			Yama 12:20PM – 1:47PM	Ayushman Until 9:36AM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	946273367 Rahu 4:41PM – 6:07PM	Kaulava Until 7:58AM	Nataraja: White		4th Phase
			Trayodashi Until 6:14PM	Magha-Masi	Devaloka Day		

Pradosha Vrata

○	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sutra 309 Vilamba 5120
	Copper Retreat Star		Gulika 1:47PM – 3:14PM	Ashlesha* Until 12:18AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	
	Kataka Rasi: 18.17	Tithi 14 – 15	Yama 10:53AM – 12:20PM	Sobhana Until 1:12AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 1 - Phase 42
	Family Home Evening		946273367 Rahu 7:59AM – 9:26AM	Visti Until 12:43AM Tue	Nataraja: White		Purnima
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Chaturdashi* Until 2:35PM	Magha-Masi	Devaloka Day	

○	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 310 Vilamba 5120
	Silver Retreat Star		Gulika 12:20PM – 1:47PM	Magha* Until 9:24PM	Ganesha: Purple	<i>Sunrise:</i> 6:32AM	
	Simha Rasi: 3.32	Tithi 15 – 16	Yama 9:26AM – 10:53AM	Athiganda* Until 8:52PM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	956273367 Rahu 3:14PM – 4:41PM	Balava Until 8:55PM	Nataraja: White		Prathama
			Purnima* Until 10:48AM	Magha-Masi	Sivaloka Day		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Simha Rasi: 18.46 Tithi 16 - 17

957273367

Creative Work Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 10:53AM - 12:20PM
Yama 7:58AM - 9:26AM
Rahu 12:20PM - 1:47PM

Purvaphalguni Until 6:30PM
Sukarma Until 4:38PM
Gara Until 3:30AM Thu
Prathama* Until 7:03AM

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: Clear *Sunset: 6:09PM*
Nataraja: White
Moon - Red
Magha-Masi

Kingston, Jamaica
Sutra 311
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

1

Thursday, February 21, 2019

Kanya Rasi: 3.5 Tithi 18

957273367

Amrita Yoga

Until 3:46PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 9:25AM - 10:53AM
Yama 6:31AM - 7:58AM
Rahu 1:47PM - 3:14PM

Uttaraphalguni Until 3:46PM
Dhriti Until 12:40PM
Vanija Until 1:53PM
Tritiya Until 12:20AM Fri

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: Clear *Sunset: 6:09PM*
Nataraja: White
Moon - Red
Magha-Masi

Kingston, Jamaica
Sun 1 Sutra 312
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

2

Friday, February 22, 2019

Kanya Rasi: 18.37 Tithi 19

967273367

Creative Work Amrita Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 7:58AM - 9:25AM
Yama 3:15PM - 4:42PM
Rahu 10:52AM - 12:20PM

Hasta Until 1:47PM
Shula* Until 9:01AM
Bava Until 10:57AM
Chaturthi* Until 9:41PM

Ganesha: White *Sunrise: 6:30AM*
Muruqa: Clear *Sunset: 6:09PM*
Nataraja: White
Moon - Green
Magha-Masi

Kingston, Jamaica
Sun 2 Sutra 313
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

3

Saturday, February 23, 2019

Tula Rasi: 2.59 Tithi 20

967273367

Routine Work Marana Yoga

Until 12:16PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 6:29AM - 7:57AM
Yama 1:47PM - 3:15PM
Rahu 9:25AM - 10:52AM

Chitra Until 12:16PM
Vriddhi Until 3:20AM Sun
Kaulava Until 8:38AM
Panchami Until 7:43PM

Ganesha: White *Sunrise: 6:29AM*
Muruqa: Clear *Sunset: 6:10PM*
Nataraja: White
Moon - Green
Magha-Masi

Kingston, Jamaica
Sun 3 Sutra 314
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4

Sunday, February 24, 2019

Tula Rasi: 16.52 Tithi 21

967273367

Creative Work Siddha Yoga

Until 11:21AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 3:15PM - 4:42PM
Yama 12:19PM - 1:47PM
Rahu 4:42PM - 6:10PM

Svati Until 11:21AM
Dhruva Until 1:25AM Mon
Gara Until 7:03AM
Shashthi* Until 6:33PM

Ganesha: White *Sunrise: 6:29AM*
Muruqa: Clear *Sunset: 6:10PM*
Nataraja: White
Moon - Green
Magha-Masi

Kingston, Jamaica
Sun 4 Sutra 315
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5

Monday, February 25, 2019

Vrischika Rasi: 0.17 Tithi 22

977273367

Family Home Evening

Routine Work Marana Yoga

Until 11:34AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 1:47PM - 3:15PM
Yama 10:52AM - 12:19PM
Rahu 7:56AM - 9:24AM

Vishakha Until 11:34AM
Vyaghata* Until 12:11AM Tue
Visti Until 6:18AM
Saptami Until 6:14PM

Ganesha: Yellow *Sunrise: 6:28AM*
Muruqa: Clear *Sunset: 6:10PM*
Nataraja: White
Moon - Orange
Magha-Masi

Kingston, Jamaica
Sun 5 Sutra 316
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

D

Tuesday, February 26, 2019

Retreat Star

Vrischika Rasi: 13.14 Tithi 23

978273367

Creative Work Siddha Yoga

Until 12:29PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 12:19PM - 1:47PM
Yama 9:23AM - 10:51AM
Rahu 3:15PM - 4:43PM

Anuradha Until 12:29PM
Harshana Until 11:39PM
Balava Until 6:26AM
Ashtami* Until 6:47PM

Ganesha: Blue *Sunrise: 6:28AM*
Muruqa: Clear *Sunset: 6:11PM*
Nataraja: White
Moon - Orange
Magha-Masi

Kingston, Jamaica
Sun 6 Sutra 317
Vilamba 5120
Moon 2 - Phase 43
Ashtami

Sivaloka Day

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 25.47 Tithi 24

978273367

Creative Work Siddha Yoga

Until 2:01PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 10:51AM - 12:19PM
Yama 7:55AM - 9:23AM
Rahu 12:19PM - 1:47PM

Jyeshtha* Until 2:01PM
Vajra* Until 11:39PM
Taitila Until 7:23AM
Navami* Until 8:08PM

Ganesha: Blue *Sunrise: 6:27AM*
Muruqa: Clear *Sunset: 6:11PM*
Nataraja: White
Moon - Orange
Magha-Masi

Kingston, Jamaica
Sun 7 Sutra 318
Vilamba 5120
Moon 2 - Phase 43
Navami

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 8.01	Tithi 25	Gulika 9:23AM – 10:51AM	Mula* Until 4:33PM	Ganesha: Red	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 6:11PM
		Yama 6:26AM – 7:54AM	Siddhi Until 12:09AM Fri	Nataraja: White			Moon 2 - Phase 44
		988273367 Rahu 1:47PM – 3:15PM	Vanija Until 9:05AM	Moon – Light Blue			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 10:07PM	Magha-Masi			Devaloka Day
2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 20.02	Tithi 26	Gulika 7:53AM – 9:22AM	Purvashadha* Until 7:22PM	Ganesha: Red	<i>Sunrise:</i> 6:25AM	Muruqa: Clear	<i>Sunset:</i> 6:12PM
		Yama 3:15PM – 4:44PM	Vyatipata* Until 12:59AM Sat	Nataraja: White			Moon 2 - Phase 44
		988273367 Rahu 10:50AM – 12:18PM	Bava Until 11:19AM	Moon – Light Blue			2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 12:34AM Sat	Magha-Masi			Devaloka Day
Until 7:22PM							
Then Routine Work - Marana Yoga							
3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitilla Karana Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 321 Vilamba 5120	
Makara Rasi: 1.53	Tithi 27	Gulika 6:24AM – 7:53AM	Uttarashadha Until 10:19PM	Ganesha: Red	<i>Sunrise:</i> 6:24AM	Muruqa: Clear	<i>Sunset:</i> 6:12PM
		Yama 1:47PM – 3:15PM	Variyan Until 1:58AM Sun	Nataraja: White			Moon 2 - Phase 44
		988273367 Rahu 9:21AM – 10:50AM	Kaulava Until 1:55PM	Moon – Light Blue			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 3:15AM Sun	Magha-Masi			Devaloka Day
Until 10:19PM							
Then Creative Work - Siddha Yoga							
4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 13.41	Tithi 28	Gulika 3:15PM – 4:44PM	Shravana Until 1:40AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	Muruqa: Clear	<i>Sunset:</i> 6:13PM
		Yama 12:18PM – 1:47PM	Parigha* Until 3:02AM Mon	Nataraja: White			Moon 2 - Phase 44
		988273367 Rahu 4:44PM – 6:13PM	Gara Until 4:39PM	Moon – Purple			2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 6:00AM Mon	Magha-Masi			Devaloka Day
Until 1:40AM Mon							
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				
5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 25.27	Tithi 28 – 29	Gulika 1:47PM – 3:15PM	Dhanishtha Until 4:47AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	Muruqa: Clear	<i>Sunset:</i> 6:13PM
Family Home Evening		Yama 10:49AM – 12:18PM	Shiva Until 4:03AM Tue	Nataraja: White			Moon 2 - Phase 44
Creative Work	Siddha Yoga	988273367 Rahu 7:52AM – 9:20AM	Visti Until 7:22PM	Moon – Purple			2nd Phase
Until 4:47AM Tue			Trayodashi* Until 6:00AM	Magha-Masi			Devaloka Day
Then Routine Work - Marana Yoga		Mahasivaratri (Lunar)					
		Mahasivaratri (Solar)					
Retreat Star		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhisak Nakshatra Siddha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 7.15	Tithi 29 – 30	Gulika 12:18PM – 1:47PM	Shatabhisak Until 7:33AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Muruqa: Clear	<i>Sunset:</i> 6:13PM
		Yama 9:20AM – 10:49AM	Siddha Until 4:53AM Wed	Nataraja: White			Moon 2 - Phase 44
		199273367 Rahu 3:15PM – 4:44PM	Catuspada Until 9:56PM	Moon – Purple			Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 8:39AM	Magha-Masi			Devaloka Day
Until 7:33AM Wed							
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhisak/Purvaprosithapada* Nakshatra Sadhya Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 19.08	Tithi 30 – 1	Gulika 10:48AM – 12:17PM	Shatabhisak Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Muruqa: Clear	<i>Sunset:</i> 6:13PM
		Yama 7:50AM – 9:19AM	Sadhya Until 5:32AM Thu	Nataraja: White			Moon 2 - Phase 44
		199373367 Rahu 12:17PM – 1:46PM	Kintughna Until 12:14AM Thu	Moon – Purple			Prathama
Creative Work	Siddha Yoga		Amavasya* Until 11:06AM	Phalgun-Masi			Sivaloka Day
Until 7:33AM							
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 326	
Meena Rasi: 1.07	Tithi 1 – 2	119373367	Gulika 9:19AM – 10:48AM Yama 6:21AM – 7:50AM Rahu 1:46PM – 3:15PM	Purvaprosarthpada* Until 10:24AM Subha Until 5:58AM Fri Balava Until 2:13AM Fri Prathama* Until 1:15PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:21AM Sunset: 6:14PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						Phalguna-Masi
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 327	
Meena Rasi: 13.13	Tithi 2 – 3	119373367	Gulika 7:49AM – 9:18AM Yama 3:15PM – 4:45PM Rahu 10:48AM – 12:17PM	Uttaraprosarthpada Until 12:46PM Sukla Until 6:07AM Sat Taitila Until 3:53AM Sat Dvitiya Until 3:04PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:20AM Sunset: 6:14PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						Phalguna-Masi
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Kingston, Jamaica Sun 17 Sutra 328	
Meena Rasi: 25.28	Tithi 3 – 4	119373367	Gulika 6:19AM – 7:49AM Yama 1:46PM – 3:15PM Rahu 9:18AM – 10:47AM	Revati Until 2:38PM Sukla Until 6:07AM Vanija Until 5:09AM Sun Tritiya Until 4:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:19AM Sunset: 6:14PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Routine Work	Prabalarishta Yoga						Phalguna-Masi
Until 2:38PM							
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day				
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 329	
Mesha Rasi: 7.52	Tithi 4 – 5	129373367	Gulika 3:15PM – 4:45PM Yama 12:16PM – 1:46PM Rahu 4:45PM – 6:14PM	Ashvini Until 4:27PM Indra Until 6:00AM Bava Until 6:01AM Mon Chaturthi* Until 5:38PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:18AM Sunset: 6:14PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						Phalguna-Masi
Until 4:27PM							
Then Routine Work - Prabalarishta Yoga							
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 19 Sutra 330	
Mesha Rasi: 20.27	Tithi 5	129373367	Gulika 1:46PM – 3:15PM Yama 10:47AM – 12:16PM Rahu 7:47AM – 9:17AM	Bharani Until 5:41PM Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM Panchami Until 6:16PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:18AM Sunset: 6:15PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Family Home Evening							Phalguna-Masi
Creative Work	Siddha Yoga						
Until 5:41PM							
Then Routine Work - Marana Yoga							
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau		Kingston, Jamaica Sun 20 Sutra 331	
Vrishabha Rasi: 3.15	Tithi 6	129373367	Gulika 12:16PM – 1:46PM Yama 9:16AM – 10:46AM Rahu 3:15PM – 4:45PM	Krittika Until 6:17PM Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM Shashthi* Until 6:24PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:17AM Sunset: 6:15PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						Phalguna-Masi
Until 6:17PM							
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 332	
Vrishabha Rasi: 16.19	Tithi 7 – 8	131373367	Gulika 10:46AM – 12:16PM Yama 7:46AM – 9:16AM Rahu 12:16PM – 1:46PM	Rohini Until 6:39PM Priti Until 1:54AM Thu Gara Until 6:17AM Saptami Until 5:59PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:16AM Sunset: 6:15PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga						Phalguna-Masi
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 333	
Vrishabha Rasi: 29.41	Tithi 8 – 9	131373367	Gulika 9:15AM – 10:45AM Yama 6:15AM – 7:45AM Rahu 1:45PM – 3:15PM	Mrigashira Until 6:15PM Ayushman Until 11:44PM Balava Until 4:12AM Fri Ashtami* Until 4:56PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:15AM Sunset: 6:15PM	Vilamba 5120 Moon 2 - Phase 45 Ashtami Sivaloka Day
Routine Work	Marana Yoga						Phalguna-Panguni
			Karadaiyan Nombu (Tamil Nadu)				
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 23 Sutra 334	
Mithuna Rasi: 13.25	Tithi 9 – 10	131373368	Gulika 7:45AM – 9:15AM Yama 3:15PM – 4:46PM Rahu 10:45AM – 12:15PM	Ardra Until 5:07PM Saubhagya Until 9:05PM Taitila Until 2:14AM Sat Navami* Until 3:17PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:14AM Sunset: 6:16PM	Vilamba 5120 Moon 2 - Phase 45 Navami Subha Sivaloka Day
Creative Work	Siddha Yoga						Phalguna-Panguni


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica	
	Mithuna Rasi: 27.32	Tithi 10 – 11					Sun 24 Sutra 335	
			141373368	Gulika 6:14AM – 7:44AM Yama 1:45PM – 3:15PM Rahu 9:14AM – 10:45AM	Punarvasu Until 3:41PM Sobhana Until 6:00PM Vanija Until 11:44PM Dashami Until 1:02PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:14AM Sunset: 6:16PM	Vilamba 5120 Moon 2 - Phase 46 4th Phase
	Creative Work	Siddha Yoga			Phalguna-Panguni		Sivaloka Day	

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica	
	Kataka Rasi: 12	Tithi 11 – 12					Sun 25 Sutra 336	
			141373368	Gulika 3:15PM – 4:46PM Yama 12:15PM – 1:45PM Rahu 4:46PM – 6:16PM	Pushya Until 1:36PM Athiganda* Until 2:29PM Bava Until 8:45PM Ekadashi Until 10:16AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:13AM Sunset: 6:16PM	Vilamba 5120 Moon 2 - Phase 46 4th Phase
	Creative Work	Siddha Yoga			Phalguna-Panguni		Sivaloka Day	

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica	
	Kataka Rasi: 26.47	Tithi 12 – 13					Sun 26 Sutra 337	
	Family Home Evening		141373368	Gulika 1:45PM – 3:15PM Yama 10:44AM – 12:14PM Rahu 7:43AM – 9:13AM	Ashlesha* Until 11:01AM Sukarma Until 10:40AM Taitila Until 3:41AM Tue Dvadashi Until 7:07AM <i>Pradosha Vrata</i>	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:12AM Sunset: 6:16PM	Vilamba 5120 Moon 2 - Phase 46 4th Phase
	Creative Work	Siddha Yoga		Yogaswami Mahasamadhi		Phalguna-Panguni		Sivaloka Day

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica	
	Simha Rasi: 11.47	Tithi 14					Sun 27 Sutra 338	
			151373368	Gulika 12:14PM – 1:45PM Yama 9:13AM – 10:43AM Rahu 3:15PM – 4:46PM	Magha* Until 8:27AM Dhriti Until 6:40AM Gara Until 1:56PM Chaturdashi* Until 12:08AM Wed	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:11AM Sunset: 6:17PM	Vilamba 5120 Moon 2 - Phase 46 4th Phase
	Creative Work	Siddha Yoga			Phalguna-Panguni		Subha Sivaloka Day	

	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica
	Copper Retreat Star						Sutra 339
	Simha Rasi: 26.52	Tithi 15					Vilamba 5120
			151373368	Gulika 10:43AM – 12:14PM Yama 7:41AM – 9:12AM Rahu 12:14PM – 1:44PM	Uttaraphalguni Until 2:50AM Thu Ganda* Until 10:31PM Visti Until 10:23AM Purnima* Until 8:37PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sunrise: 6:10AM Sunset: 6:17PM
Creative Work	Amrita Yoga		Panguni Uttiram		Phalguna-Panguni		Subha Sivaloka Day

5	Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica
	Silver Retreat Star						Sutra 340
	Kanya Rasi: 11.52	Tithi 16 – 17					Vilamba 5120
			161383368	Gulika 9:11AM – 10:42AM Yama 6:10AM – 7:41AM Rahu 1:44PM – 3:15PM	Hasta Until 12:33AM Fri Vriddhi Until 6:41PM Balava Until 6:57AM Prathama* Until 5:19PM	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 6:10AM Sunset: 6:17PM
Routine Work	Marana Yoga			Phalguna-Panguni		Devaloka Day	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019
Gold Retreat Star

Kanya Rasi: 26.39 Tithi 17 – 18

161383368

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:40AM – 9:11AM
Yama 3:15PM – 4:46PM
Rahu 10:42AM – 12:13PM

Chitra Until 10:33PM
Dhruva Until 3:08PM
Vanija Until 1:09AM Sat
Dvitiya Until 2:24PM

Ganesha: Yellow *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Devaloka Day

Kingston, Jamaica
Sun 1 Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

1

Saturday, March 23, 2019

Tula Rasi: 11.05 Tithi 18 – 19

162383368

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 6:08AM – 7:39AM
Yama 1:44PM – 3:15PM
Rahu 9:10AM – 10:42AM

Svati Until 9:02PM
Vyaghata* Until 12:03PM
Bava Until 11:07PM
Tritiya Until 12:02PM

Ganesha: Blue *Sunrise:* 6:08AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Kingston, Jamaica
Sun 2 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

2

Sunday, March 24, 2019

Tula Rasi: 25.05 Tithi 19 – 20

172383368

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 3:15PM – 4:46PM
Yama 12:12PM – 1:44PM
Rahu 4:46PM – 6:18PM

Vishakha Until 8:31PM
Harshana Until 9:33AM
Kaulava Until 9:50PM
Chaturthi* Until 10:21AM

Ganesha: Red *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Kingston, Jamaica
Sun 3 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

3

Monday, March 25, 2019

Vrischika Rasi: 9 Tithi 20 – 21

172383368

Family Home Evening
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:44PM – 3:15PM
Yama 10:41AM – 12:12PM
Rahu 7:38AM – 9:09AM

Anuradha Until 8:43PM
Vajra* Until 7:41AM
Gara Until 9:24PM
Panchami Until 9:29AM

Ganesha: Red *Sunrise:* 6:06AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Kingston, Jamaica
Sun 4 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

4

Tuesday, March 26, 2019

Vrischika Rasi: 21.39 Tithi 21 – 22

172383368

Routine Work Marana Yoga
Until 9:37PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 12:12PM – 1:43PM
Yama 9:09AM – 10:40AM
Rahu 3:15PM – 4:47PM

Jyeshtha* Until 9:37PM
Siddhi Until 6:31AM
Visti Until 9:52PM
Shashthi* Until 9:30AM

Ganesha: Red *Sunrise:* 6:06AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Kingston, Jamaica
Sun 5 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

D

Wednesday, March 27, 2019

Retreat Star

Dhanus Rasi: 4.16 Tithi 22 – 23

182383368

Routine Work Marana Yoga
Until 11:38PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:40AM – 12:12PM
Yama 7:36AM – 9:08AM
Rahu 12:12PM – 1:43PM

Mula* Until 11:38PM
Vyatipata* Until 6:02AM
Balava Until 11:10PM
Saptami Until 10:24AM

Ganesha: Green *Sunrise:* 6:05AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Kingston, Jamaica
Sun 6 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Thursday, March 28, 2019

Retreat Star

Dhanus Rasi: 16.33 Tithi 23 – 24

182383368

Creative Work Siddha Yoga
Until 2:10AM Fri
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:08AM – 10:39AM
Yama 6:04AM – 7:36AM
Rahu 1:43PM – 3:15PM

Purvashadha* Until 2:10AM Fri
Variyan Until 6:09AM
Taitila Until 1:09AM Fri
Ashtami* Until 12:04PM

Ganesha: Green *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Kingston, Jamaica
Sun 7 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Navami

1		Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 348 Vilamba 5120
Dhanus Rasi: 28.34	Tithi 24 – 25	182383468	Gulika 7:35AM – 9:07AM Yama 3:15PM – 4:47PM Rahu 10:39AM – 12:11PM	Uttarashadha Until 4:57AM Sat Parigha* Until 6:45AM Vanija Until 3:36AM Sat Navami* Until 2:19PM	Ganesha: Green <i>Sunrise:</i> 6:03AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Light Blue	Devaloka Day
Routine Work Marana Yoga Until 4:57AM Sat Then Creative Work - Siddha Yoga						

2		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 10.25	Tithi 25 – 26	192383468	Gulika 6:02AM – 7:34AM Yama 1:43PM – 3:15PM Rahu 9:06AM – 10:39AM	Shravana Until 8:17AM Sun Shiva Until 7:42AM Bava Until 6:17AM Sun Dashami Until 4:54PM	Ganesha: Orange <i>Sunrise:</i> 6:02AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple	Sivaloka Day
Creative Work Siddha Yoga Until 8:17AM Sun Then Routine Work - Marana Yoga						

3		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 22.12	Tithi 26	192383468	Gulika 3:15PM – 4:47PM Yama 12:10PM – 1:43PM Rahu 4:47PM – 6:19PM	Shravana Until 8:17AM Siddha Until 8:45AM Bava Until 6:17AM Ekadashi* Until 7:36PM	Ganesha: Orange <i>Sunrise:</i> 6:01AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple	Sivaloka Day
Creative Work Amrita Yoga Until 8:17AM Then Routine Work - Marana Yoga						

4		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kingston, Jamaica Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 3.59	Tithi 27	192483468	Gulika 1:43PM – 3:15PM Yama 10:38AM – 12:10PM Rahu 7:34AM – 9:06AM	Dhanishtha Until 11:25AM Sadhya Until 9:47AM Kaulava Until 8:56AM Dvadashi* Until 10:11PM	Ganesha: Green <i>Sunrise:</i> 6:01AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple	Subha Sivaloka Day
Family Home Evening Creative Work Siddha Yoga						

5		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Kingston, Jamaica Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 15.51	Tithi 28	192483468	Gulika 12:10PM – 1:42PM Yama 9:05AM – 10:38AM Rahu 3:15PM – 4:47PM	Shatabhishak Until 2:10PM Subha Until 10:41AM Gara Until 11:23AM Trayodashi* Until 12:28AM Wed <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green <i>Sunrise:</i> 6:01AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple	Subha Sivaloka Day
Routine Work Marana Yoga						

6		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kingston, Jamaica Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 27.49	Tithi 29	112483468	Gulika 10:37AM – 12:10PM Yama 7:32AM – 9:05AM Rahu 12:10PM – 1:42PM	Purvaprosarthapada* Until 4:55PM Sukla Until 11:17AM Visti Until 1:30PM Chaturdashi* Until 2:22AM Thu	Ganesha: Orange <i>Sunrise:</i> 6:00AM Muruqa: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Clear	Sivaloka Day
Creative Work Amrita Yoga Until 4:55PM Then Creative Work - Siddha Yoga						

Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprosarthapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kingston, Jamaica Sun 14 Sutra 354 Vilamba 5120
Meena Rasi: 9.58	Tithi 30	112483468	Gulika 9:04AM – 10:37AM Yama 5:59AM – 7:32AM Rahu 1:42PM – 3:15PM	Uttaraprosarthapada Until 7:06PM Brahma Until 11:36AM Catuspada Until 3:11PM Amavasya* Until 3:51AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:59AM Muruqa: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Clear	Sivaloka Day
Creative Work Siddha Yoga						

Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 15 Sutra 355 Vilamba 5120
Meena Rasi: 22.16	Tithi 1	113483468	Gulika 7:31AM – 9:04AM Yama 3:15PM – 4:47PM Rahu 10:36AM – 12:09PM	Revati Until 8:42PM Indra Until 11:37AM Kintughna Until 4:27PM Prathama* Until 4:54AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM Muruqa: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Clear	Devaloka Day
Creative Work Siddha Yoga Until 8:42PM Then Creative Work - Amrita Yoga		Yugadhi		Chaitra-Panguni		

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica
Mesha Rasi: 4.46	Tithi 2	Gulika 5:57AM – 7:30AM	Ashvini Until 10:13PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Sun 16	Sutra 356	Vilamba 5120
		Yama 1:42PM – 3:14PM	Vaidhriti* Until 11:15AM	Muruqa: Yellow	<i>Sunset:</i> 6:20PM			Moon 3 - Phase 49
Creative Work	Siddha Yoga	123483468 Rahu 9:03AM – 10:36AM	Balava Until 5:17PM	Nataraja: Purple				3rd Phase
			Dvitiya Until 5:31AM Sun	Moon – White				Devaloka Day
		Chellappaswami Mahasamadhi		Chaitra-Panguni				

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Kingston, Jamaica
Mesha Rasi: 17.27	Tithi 3	Gulika 3:14PM – 4:47PM	Bharani Until 11:12PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Sun 17	Sutra 357	Vilamba 5120
		Yama 12:09PM – 1:41PM	Vishkambha* Until 10:36AM	Muruqa: Yellow	<i>Sunset:</i> 6:20PM			Moon 3 - Phase 49
Routine Work	Prabalarishta Yoga	123483468 Rahu 4:47PM – 6:20PM	Taitila Until 5:42PM	Nataraja: Purple				3rd Phase
Until 11:12PM			Tritiya Until 5:45AM Mon	Moon – White				Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra-Panguni				

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Kingston, Jamaica
Vrishabha Rasi: 0.19	Tithi 4	Gulika 1:41PM – 3:14PM	Krittika Until 11:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	Sun 18	Sutra 358	Vilamba 5120
Family Home Evening		Yama 10:35AM – 12:08PM	Priti Until 9:40AM	Muruqa: Yellow	<i>Sunset:</i> 6:21PM			Moon 3 - Phase 49
Routine Work	Marana Yoga	123483468 Rahu 7:29AM – 9:02AM	Vanija Until 5:45PM	Nataraja: Purple				3rd Phase
Until 11:39PM			Chaturthi* Until 5:37AM Tue	Moon – White				Devaloka Day
Then Creative Work - Amrita Yoga				Chaitra-Panguni				

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica
Vrishabha Rasi: 13.22	Tithi 5	Gulika 12:08PM – 1:41PM	Rohini Until 12:03AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Sun 19	Sutra 359	Vilamba 5120
		Yama 9:02AM – 10:35AM	Ayushman Until 8:25AM	Muruqa: Yellow	<i>Sunset:</i> 6:21PM			Moon 3 - Phase 49
Creative Work	Amrita Yoga	133483468 Rahu 3:14PM – 4:48PM	Bava Until 5:26PM	Nataraja: Purple				3rd Phase
Until 12:03AM Wed			Panchami Until 5:07AM Wed	Moon – Yellow				Sivaloka Day
Then Creative Work - Siddha Yoga				Chaitra-Panguni				

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica
Vrishabha Rasi: 26.37	Tithi 6	Gulika 10:34AM – 12:08PM	Mrigashira Until 11:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	Sun 20	Sutra 360	Vilamba 5120
		Yama 7:28AM – 9:01AM	Saubhagya Until 6:53AM	Muruqa: Yellow	<i>Sunset:</i> 6:21PM			Moon 3 - Phase 49
Creative Work	Siddha Yoga	133483468 Rahu 12:08PM – 1:41PM	Kaulava Until 4:44PM	Nataraja: Purple				3rd Phase
			Shashthi* Until 4:14AM Thu	Moon – Yellow				Sivaloka Day
				Chaitra-Panguni				

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Kingston, Jamaica
Mithuna Rasi: 10.05	Tithi 7	Gulika 9:01AM – 10:34AM	Ardra Until 11:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	Sun 21	Sutra 361	Vilamba 5120
		Yama 5:54AM – 7:27AM	Athiganda* Until 2:53AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:21PM			Moon 3 - Phase 49
Routine Work	Marana Yoga	133483468 Rahu 1:41PM – 3:14PM	Gara Until 3:39PM	Nataraja: Purple				3rd Phase
Until 11:16PM			Saptami Until 2:56AM Fri	Moon – Yellow				Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra-Panguni				

Retreat Star		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Kingston, Jamaica
Mithuna Rasi: 23.46	Tithi 8	Gulika 7:26AM – 9:00AM	Punarvasu Until 10:29PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	Sun 22	Sutra 362	Vilamba 5120
		Yama 3:14PM – 4:48PM	Sukarma Until 12:23AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:21PM			Moon 3 - Phase 49
Creative Work	Siddha Yoga	143483468 Rahu 10:34AM – 12:07PM	Visti Until 2:08PM	Nataraja: Purple				Ashtami
Until 10:29PM			Ashtami* Until 1:13AM Sat	Moon – Blue				Devaloka Day
Then Routine Work - Marana Yoga				Chaitra-Panguni				

Retreat Star		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica
Kataka Rasi: 7.43	Tithi 9	Gulika 5:52AM – 7:26AM	Pushya Until 9:09PM	Ganesha: White	<i>Sunrise:</i> 5:52AM	Sun 23	Sutra 363	Vilamba 5120
		Yama 1:41PM – 3:14PM	Dhriti Until 9:35PM	Muruqa: Yellow	<i>Sunset:</i> 6:22PM			Moon 3 - Phase 49
Creative Work	Siddha Yoga	143483468 Rahu 8:59AM – 10:33AM	Balava Until 12:13PM	Nataraja: Purple				Navami
Until 9:09PM			Navami* Until 11:06PM	Moon – Blue				Devaloka Day
Then Routine Work - Marana Yoga		Sri Rama Navami		Chaitra-Panguni				

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau			Kingston, Jamaica Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 21.55	Tithi 10	Gulika 3:14PM – 4:48PM	Ashlesha* Until 7:19PM	Ganesha: Clear <i>Sunrise:</i> 5:51AM	
		Yama 12:07PM – 1:40PM	Shula* Until 6:27PM	Muruqa: Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
	243483468	Rahu 4:48PM – 6:22PM	Taitila Until 9:55AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	
Until 7:19PM		Tamil New Year	Dashami Until 8:37PM	Chaitra*Chaitra	Sivaloka Day
Then Routine Work - Marana Yoga					

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Kingston, Jamaica Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 6.22	Tithi 11 – 12	Gulika 1:40PM – 3:14PM	Magha* Until 5:27PM	Ganesha: White <i>Sunrise:</i> 5:51AM	
Family Home Evening	253483468	Yama 10:32AM – 12:06PM	Ganda* Until 3:05PM	Muruqa: Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	Rahu 7:25AM – 8:58AM	Vanija Until 7:16AM	Nataraja: Purple	4th Phase
Until 5:27PM			Ekadashi Until 5:50PM	Moon – Red	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Day

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 20.59	Tithi 12 – 13	Gulika 12:06PM – 1:40PM	Purvaphalguni Until 3:16PM	Ganesha: White <i>Sunrise:</i> 5:50AM	
		Yama 8:58AM – 10:32AM	Vridhi Until 11:33AM	Muruqa: Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
	253483468	Rahu 3:14PM – 4:48PM	Kaulava Until 1:22AM Wed	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:52PM	Moon – Red	
Until 3:16PM				Chaitra*Chaitra	Devaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Kingston, Jamaica Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 5.41	Tithi 13 – 14	Gulika 10:32AM – 12:06PM	Uttaraphalguni Until 12:53PM	Ganesha: White <i>Sunrise:</i> 5:49AM	
		Yama 7:23AM – 8:57AM	Dhruva Until 7:56AM	Muruqa: Yellow <i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
	253483468	Rahu 12:06PM – 1:40PM	Gara Until 10:22PM	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:50AM	Moon – Red	
Until 12:53PM				Chaitra*Chaitra	Devaloka Day
Then Routine Work - Marana Yoga					

Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Kingston, Jamaica Sutra 4 Vikarin 5121
Copper Retreat Star		Gulika 8:57AM – 10:31AM	Hasta Until 10:51AM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM	
Kanya Rasi: 20.22	Tithi 14 – 15	Yama 5:48AM – 7:23AM	Harshana Until 12:59AM Fri	Muruqa: Yellow <i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
		Rahu 1:40PM – 3:14PM	Visti Until 7:30PM	Nataraja: Purple	Purnima
Routine Work	Marana Yoga			Moon – Green	
Until 10:51AM		Chitra Purnima (Tamil Nadu)	Chaturdashi* Until 8:53AM	Chaitra*Chaitra	Sivaloka Day
Then Creative Work - Siddha Yoga		Hanuman Jayanti			

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau			Kingston, Jamaica Sutra 5 Vikarin 5121
Silver Retreat Star		Gulika 7:22AM – 8:57AM	Chitra Until 8:56AM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM	
Tula Rasi: 4.53	Tithi 15 – 16	Yama 3:14PM – 4:49PM	Vajra* Until 9:51PM	Muruqa: Yellow <i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
		Rahu 10:31AM – 12:05PM	Kaulava Until 3:49AM Sat	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:09AM	Moon – Green	
				Chaitra*Chaitra	Sivaloka Day