



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Tula Rasi: 29.58 Tithi 17

273832369

Routine Work Marana Yoga

Until 12:23PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Vishakha/Anuradha Nakshatra Vyalipata/Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau

**Gulika 12:07PM – 1:30PM Vishakha Until 12:23PM**

Yama 9:20AM – 10:43AM

**Rahu 2:54PM – 4:17PM**

Vyatipata\* Until 6:06AM

Taitila Until 3:40PM

**Dvitiya Until 4:09AM Wed**

**Ganesha: Purple Sunrise: 6:33AM**

**Muruqa: White Sunset: 5:40PM**

**Nataraja: Purple**

Moon – Orange

**Vaisaka-Chaitra**

Johannesburg, ZA

Sutra 16

Vilamba 5120

Moon 4 - Phase 3

1st Phase

**Bhuloka Day**

**1**  
**Wednesday, May 2, 2018**

Vischika Rasi: 12.29 Tithi 18

273832369

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika 10:43AM – 12:07PM Anuradha Until 2:05PM**

Yama 7:57AM – 9:20AM

**Rahu 12:07PM – 1:30PM**

Parigha\* Until 5:56AM Thu

Vanija Until 4:49PM

**Tritiya Until 5:34AM Thu**

**Ganesha: Purple Sunrise: 6:34AM**

**Muruqa: White Sunset: 5:40PM**

**Nataraja: Purple**

Moon – Orange

**Vaisaka-Chaitra**

Johannesburg, ZA

Sun 1 Sutra 17

Vilamba 5120

Moon 4 - Phase 3

1st Phase

**Bhuloka Day**

**2**  
**Thursday, May 3, 2018**

Vischika Rasi: 24.47 Tithi 19

274832369

Routine Work Prabalarishta Yoga

Until 4:08PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava Karana Chaturthayam Titau

**Gulika 9:20AM – 10:44AM Jyeshtha\* Until 4:08PM**

Yama 6:34AM – 7:57AM

**Rahu 1:30PM – 2:53PM**

Shiva Until 6:28AM Fri

Bava Until 6:30PM

**Chaturthi\* Until 7:30AM Fri**

**Ganesha: Clear Sunrise: 6:34AM**

**Muruqa: White Sunset: 5:39PM**

**Nataraja: Purple**

Moon – Orange

**Vaisaka-Chaitra**

Johannesburg, ZA

Sun 2 Sutra 18

Vilamba 5120

Moon 4 - Phase 3

1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

**3**  
**Friday, May 4, 2018**

Dhanus Rasi: 6.52 Tithi 19 – 20

284832369

Creative Work Amrita Yoga

Until 6:59PM

Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika 7:58AM – 9:21AM Mula\* Until 6:59PM**

Yama 2:52PM – 4:15PM

**Rahu 10:44AM – 12:07PM**

Shiva Until 6:28AM

Kaulava Until 8:39PM

**Chaturthi\* Until 7:30AM**

**Ganesha: White Sunrise: 6:35AM**

**Muruqa: White Sunset: 5:38PM**

**Nataraja: Purple**

Moon – Light Blue

**Vaisaka-Chaitra**

Johannesburg, ZA

Sun 3 Sutra 19

Vilamba 5120

Moon 4 - Phase 3

1st Phase

**Devaloka Day**

**4**  
**Saturday, May 5, 2018**

Dhanus Rasi: 18.47 Tithi 20 – 21

284832369

Creative Work Siddha Yoga

Until 9:59PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashthayam Titau

**Gulika 6:35AM – 7:58AM Purvashadha\* Until 9:59PM**

Yama 1:29PM – 2:52PM

**Rahu 9:21AM – 10:44AM**

Siddha Until 7:17AM

Gara Until 11:07PM

**Panchami Until 9:50AM**

**Ganesha: White Sunrise: 6:35AM**

**Muruqa: White Sunset: 5:38PM**

**Nataraja: Purple**

Moon – Light Blue

**Vaisaka-Chaitra**

Johannesburg, ZA

Sun 4 Sutra 20

Vilamba 5120

Moon 4 - Phase 3

1st Phase

**Devaloka Day**

**5**  
**Sunday, May 6, 2018**

Makara Rasi: 1 Tithi 21 – 22

284832369

Creative Work Amrita Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika 2:52PM – 4:14PM Uttarashadha Until 12:55AM Mon**

Yama 12:06PM – 1:29PM

**Rahu 4:14PM – 5:37PM**

Sadhya Until 8:18AM

Visti Until 1:42AM Mon

**Shashthi\* Until 12:23PM**

**Ganesha: White Sunrise: 6:36AM**

**Muruqa: White Sunset: 5:37PM**

**Nataraja: Purple**

Moon – Light Blue

**Vaisaka-Chaitra**

Johannesburg, ZA

Sun 5 Sutra 21

Vilamba 5120

Moon 4 - Phase 3

1st Phase

**Devaloka Day**

**Monday, May 7, 2018**  
**Retreat Star**

Makara Rasi: 12.25 Tithi 22 – 23

294832369

**Family Home Evening**

Creative Work Amrita Yoga

Until 4:04AM Tue

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika 1:29PM – 2:51PM Shravana Until 4:04AM Tue**

Yama 10:44AM – 12:06PM

**Rahu 7:59AM – 9:21AM**

Subha Until 9:22AM

Balava Until 4:08AM Tue

**Saptami Until 2:56PM**

**Ganesha: Yellow Sunrise: 6:36AM**

**Muruqa: White Sunset: 5:36PM**

**Nataraja: Purple**

Moon – Purple

**Vaisaka-Chaitra**

Johannesburg, ZA

Sun 6 Sutra 22

Vilamba 5120

Moon 4 - Phase 3

Ashtami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Makara Rasi: 24.17 Tithi 23 – 24

294832369

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika 12:06PM – 1:29PM Dhanishtha Until 6:40AM Wed**

Yama 9:22AM – 10:44AM

**Rahu 2:51PM – 4:13PM**

Sukla Until 10:14AM

Taitila Until 6:10AM Wed

**Ashtami\* Until 5:12PM**

**Ganesha: Yellow Sunrise: 6:37AM**

**Muruqa: White Sunset: 5:36PM**

**Nataraja: Purple**

Moon – Purple

**Vaisaka-Chaitra**

Johannesburg, ZA

Sun 7 Sutra 23

Vilamba 5120

Moon 4 - Phase 3

Navami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

|                                  |                    |                               |                          |  |                         |                        |                                    |  |
|----------------------------------|--------------------|-------------------------------|--------------------------|--|-------------------------|------------------------|------------------------------------|--|
| <b>1</b>                         |                    | <b>Wednesday, May 9, 2018</b> |                          | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau |                         |                        | Johannesburg, ZA<br>Sun 8 Sutra 24 |  |
| Kumbha Rasi: 6.19                | Tithi 24           | <b>Gulika</b>                 | <b>10:44AM – 12:06PM</b> | <b>Dhanishtha Until 6:40AM</b>   | <b>Ganesha: Yellow</b>  | <i>Sunrise: 6:37AM</i> | Vilamba 5120                       |  |
|                                  |                    | Yama                          | 8:00AM – 9:22AM          | Brahma Until 10:46AM   | <b>Muruqa: White</b>    | <i>Sunset: 5:35PM</i>  | Moon 4 - Phase 4                   |  |
|                                  |                    | 294832369 <b>Rahu</b>         | <b>12:06PM – 1:28PM</b>  | Taitila Until 6:10AM   | <b>Nataraja: Purple</b> |                        | 2nd Phase                          |  |
| Routine Work                     | Prabalarishta Yoga |                               |                          | <b>Navami* Until 6:57PM</b>  | <b>Moon – Purple</b>    |                        | <b>Bhuloka Day</b>                 |  |
| Until 6:40AM                     |                    |                               |                          |  | <b>Vaisaka-Chaitra</b>  |                        | Devaloka Time: 9:AM to12:PM        |  |
| Then Creative Work - Siddha Yoga |                    |                               |                          |  |                         |                        |                                    |  |

|                    |             |                               |                         |  |                         |                        |                                    |  |
|--------------------|-------------|-------------------------------|-------------------------|--|-------------------------|------------------------|------------------------------------|--|
| <b>2</b>           |             | <b>Thursday, May 10, 2018</b> |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau |                         |                        | Johannesburg, ZA<br>Sun 9 Sutra 25 |  |
| Kumbha Rasi: 18.36 | Tithi 25    | <b>Gulika</b>                 | <b>9:22AM – 10:44AM</b> | <b>Shatabhishak Until 8:30AM</b>   | <b>Ganesha: Yellow</b>  | <i>Sunrise: 6:38AM</i> | Vilamba 5120                       |  |
|                    |             | Yama                          | 6:38AM – 8:00AM         | Indra Until 10:49AM  | <b>Muruqa: White</b>    | <i>Sunset: 5:34PM</i>  | Moon 4 - Phase 4                   |  |
|                    |             | 294832369 <b>Rahu</b>         | <b>1:28PM – 2:50PM</b>  | Vanija Until 7:35AM  | <b>Nataraja: Purple</b> |                        | 2nd Phase                          |  |
| Creative Work      | Siddha Yoga |                               |                         | <b>Dashami Until 8:00PM</b>  | <b>Moon – Purple</b>    |                        | <b>Bhuloka Day</b>                 |  |
|                    |             |                               |                         |  | <b>Vaisaka-Chaitra</b>  |                        | Devaloka Time: 9:AM to12:PM        |  |

|                  |             |                             |                          |   |                         |                        |                                     |  |
|------------------|-------------|-----------------------------|--------------------------|---|-------------------------|------------------------|-------------------------------------|--|
| <b>3</b>         |             | <b>Friday, May 11, 2018</b> |                          | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau |                         |                        | Johannesburg, ZA<br>Sun 10 Sutra 26 |  |
| Meena Rasi: 1.13 | Tithi 26    | <b>Gulika</b>               | <b>8:00AM – 9:22AM</b>   | <b>Purvaproshtapada* Until 9:55AM</b>   | <b>Ganesha: Yellow</b>  | <i>Sunrise: 6:38AM</i> | Vilamba 5120                        |  |
|                  |             | Yama                        | 2:50PM – 4:12PM          | Vaidhrili* Until 10:14AM  | <b>Muruqa: White</b>    | <i>Sunset: 5:34PM</i>  | Moon 4 - Phase 4                    |  |
|                  |             | 214832369 <b>Rahu</b>       | <b>10:44AM – 12:06PM</b> | Bava Until 8:14AM   | <b>Nataraja: Purple</b> |                        | 2nd Phase                           |  |
| Creative Work    | Siddha Yoga |                             |                          | <b>Ekadashi* Until 8:14PM</b>   | <b>Moon – Clear</b>     |                        | <b>Bhuloka Day</b>                  |  |
|                  |             |                             |                          |   | <b>Vaisaka-Chaitra</b>  |                        | Devaloka Time: 9:AM to12:PM         |  |

|  |             |                               |                         |  |                         |                        |                                     |  |
|--|-------------|-------------------------------|-------------------------|--|-------------------------|------------------------|-------------------------------------|--|
| <b>4</b>                               |             | <b>Saturday, May 12, 2018</b> |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau |                         |                        | Johannesburg, ZA<br>Sun 11 Sutra 27 |  |
| Meena Rasi: 14.14                      | Tithi 27    | <b>Gulika</b>                 | <b>6:39AM – 8:01AM</b>  | <b>Uttaraproshtapada Until 10:22AM</b>   | <b>Ganesha: Blue</b>    | <i>Sunrise: 6:39AM</i> | Vilamba 5120                        |  |
|  |             | Yama                          | 1:28PM – 2:50PM         | Vishkambha* Until 9:01AM   | <b>Muruqa: White</b>    | <i>Sunset: 5:33PM</i>  | Moon 4 - Phase 4                    |  |
|  |             | 214932369 <b>Rahu</b>         | <b>9:22AM – 10:44AM</b> | Kaulava Until 8:03AM   | <b>Nataraja: Purple</b> |                        | 2nd Phase                           |  |
| Creative Work                          | Siddha Yoga |                               |                         | <b>Dvadashi* Until 7:39PM</b>  | <b>Moon – Clear</b>     |                        | <b>Bhuloka Day</b>                  |  |
| Until 10:22AM                          |             |                               |                         |  | <b>Vaisaka-Chaitra</b>  |                        |                                     |  |
| Then Routine Work - Prabalarishta Yoga |             |                               |                         |  |                         |                        |                                     |  |

|                                  |             |                             |                        |  |                         |                        |                                     |  |
|----------------------------------|-------------|-----------------------------|------------------------|--|-------------------------|------------------------|-------------------------------------|--|
| <b>5</b>                         |             | <b>Sunday, May 13, 2018</b> |                        | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau |                         |                        | Johannesburg, ZA<br>Sun 12 Sutra 28 |  |
| Meena Rasi: 27.41                | Tithi 28    | <b>Gulika</b>               | <b>2:49PM – 4:11PM</b> | <b>Revati Until 9:53AM</b>   | <b>Ganesha: Blue</b>    | <i>Sunrise: 6:39AM</i> | Vilamba 5120                        |  |
|                                  |             | Yama                        | 12:06PM – 1:28PM       | Priti Until 7:10AM   | <b>Muruqa: White</b>    | <i>Sunset: 5:33PM</i>  | Moon 4 - Phase 4                    |  |
|                                  |             | 214932369 <b>Rahu</b>       | <b>4:11PM – 5:33PM</b> | Gara Until 7:05AM  | <b>Nataraja: Purple</b> |                        | 2nd Phase                           |  |
| Creative Work                    | Amrita Yoga |                             |                        | <b>Trayodashi* Until 6:18PM</b>  | <b>Moon – Clear</b>     |                        | <b>Bhuloka Day</b>                  |  |
| Until 9:53AM                     |             |                             |                        |  | <b>Vaisaka-Chaitra</b>  |                        |                                     |  |
| Then Creative Work - Siddha Yoga |             |                             |                        |  |                         |                        |                                     |  |

|                            |               |                             |                        |   |                         |                        |                                     |  |
|----------------------------|---------------|-----------------------------|------------------------|---|-------------------------|------------------------|-------------------------------------|--|
| <b>6</b>                   |               | <b>Monday, May 14, 2018</b> |                        | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                         |                        | Johannesburg, ZA<br>Sun 13 Sutra 29 |  |
| Mesha Rasi: 11.33          | Tithi 29 – 30 | <b>Gulika</b>               | <b>1:28PM – 2:49PM</b> | <b>Ashvini Until 9:01AM</b>   | <b>Ganesha: Blue</b>    | <i>Sunrise: 6:40AM</i> | Vilamba 5120                        |  |
| <b>Family Home Evening</b> |               | Yama                        | 10:45AM – 12:06PM      | Saubhagya Until 1:51AM Tue  | <b>Muruqa: White</b>    | <i>Sunset: 5:32PM</i>  | Moon 4 - Phase 4                    |  |
|                            |               | 224932369 <b>Rahu</b>       | <b>8:02AM – 9:23AM</b> | Catuspada Until 3:09AM Tue  | <b>Nataraja: Purple</b> |                        | 2nd Phase                           |  |
| Creative Work              | Siddha Yoga   |                             |                        | <b>Chaturdashi* Until 4:20PM</b>  | <b>Moon – White</b>     |                        | <b>Bhuloka Day</b>                  |  |
|                            |               |                             |                        |   | <b>Vaisaka-Chaitra</b>  |                        |                                     |  |

|                     |              |                              |                         |  |                         |                        |                                     |  |
|---------------------|--------------|------------------------------|-------------------------|--|-------------------------|------------------------|-------------------------------------|--|
| <b>Retreat Star</b> |              | <b>Tuesday, May 15, 2018</b> |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                         |                        | Johannesburg, ZA<br>Sun 14 Sutra 30 |  |
| Mesha Rasi: 25.47   | Tithi 30 – 1 | <b>Gulika</b>                | <b>12:06PM – 1:27PM</b> | <b>Bharani Until 7:28AM</b>  | <b>Ganesha: Blue</b>    | <i>Sunrise: 6:41AM</i> | Vilamba 5120                        |  |
|                     |              | Yama                         | 9:23AM – 10:45AM        | Sobhana Until 10:37PM  | <b>Muruqa: White</b>    | <i>Sunset: 5:32PM</i>  | Moon 4 - Phase 4                    |  |
|                     |              | 224932369 <b>Rahu</b>        | <b>2:49PM – 4:10PM</b>  | Kintughna Until 12:29AM Wed  | <b>Nataraja: Purple</b> |                        | Amavasya                            |  |
| Creative Work       | Siddha Yoga  |                              |                         | <b>Amavasya* Until 1:51PM</b>  | <b>Moon – White</b>     |                        | <b>Bhuloka Day</b>                  |  |
|                     |              |                              |                         |  | <b>Vaisaka-Vaikasi</b>  |                        |                                     |  |

|                                 |             |                                |                          |   |                                |                        |                                     |  |
|---------------------------------|-------------|--------------------------------|--------------------------|---|--------------------------------|------------------------|-------------------------------------|--|
| <b>Retreat Star</b>             |             | <b>Wednesday, May 16, 2018</b> |                          | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                |                        | Johannesburg, ZA<br>Sun 15 Sutra 31 |  |
| Vrishabha Rasi: 10.17           | Tithi 1 – 2 | <b>Gulika</b>                  | <b>10:45AM – 12:06PM</b> | <b>Rohini Until 3:20AM Thu</b>  | <b>Ganesha: Yellow</b>         | <i>Sunrise: 6:41AM</i> | Vilamba 5120                        |  |
|                                 |             | Yama                           | 8:02AM – 9:24AM          | Athiganda* Until 7:08PM   | <b>Muruqa: White</b>           | <i>Sunset: 5:31PM</i>  | Moon 4 - Phase 4                    |  |
|                                 |             | 235932369 <b>Rahu</b>          | <b>12:06PM – 1:27PM</b>  | Balava Until 9:33PM   | <b>Nataraja: Purple</b>        |                        | Prathama                            |  |
| Creative Work                   | Siddha Yoga |                                |                          | <b>Prathama* Until 11:01AM</b>  | <b>Moon – Yellow</b>           |                        | <b>Bhuloka Day</b>                  |  |
| Until 3:20AM Thu                |             |                                |                          |   | <b>Jyeshtha Adhika-Vaikasi</b> |                        | Devaloka Time: 9:AM to12:PM         |  |
| Then Routine Work - Marana Yoga |             |                                |                          |   |                                |                        |                                     |  |

|                                   |  |                                       |                                    |  |                             |   |  |
|-----------------------------------|--|---------------------------------------|------------------------------------|--|-----------------------------|---|--|
| <b>1</b>                          |  | <b>Thursday, May 17, 2018</b>         |                                    | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau |                             | Johannesburg, ZA<br>Sun 16 Sutra 32<br>Vilamba 5120 |  |
| Vrishabha Rasi: 24.58 Tithi 2 – 3 |  | <b>Gulika</b> 9:24AM – 10:45AM        | <b>Mrigashira</b> Until 1:05AM Fri | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:42AM  |                             |   |  |
| Routine Work Marana Yoga          |  | Yama 6:42AM – 8:03AM                  | Sukarma Until 3:34PM               | <b>Muruqa:</b> White <i>Sunset:</i> 5:31PM   | Moon 4 - Phase 5            |   |  |
| Until 1:05AM Fri                  |  | 235932369 <b>Rahu</b> 1:27PM – 2:48PM | Taitila Until 6:30PM               | <b>Nataraja:</b> Purple  | 3rd Phase                   |   |  |
| Then Creative Work - Siddha Yoga  |  | <b>Dvitiya</b> Until 8:01AM           |                                    | <b>Moon – Yellow</b>   | <b>Bhuloka Day</b>          |   |  |
|                                   |  |                                       |                                    | <b>Jyeshtha Adhika-Vaikasi</b>   | Devaloka Time: 9:AM to12:PM |   |  |

|                           |  |   |                            |  |                             |   |  |
|---------------------------|--|---|----------------------------|--|-----------------------------|---|--|
| <b>2</b>                  |  | <b>Friday, May 18, 2018</b>             |                            | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau |                             | Johannesburg, ZA<br>Sun 17 Sutra 33<br>Vilamba 5120 |  |
| Mithuna Rasi: 9.4 Tithi 4 |  | <b>Gulika</b> 8:03AM – 9:24AM           | <b>Ardra</b> Until 10:46PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:42AM  |                             |   |  |
| Creative Work Siddha Yoga |  | Yama 2:48PM – 4:09PM                    | Dhriti Until 12:00PM       | <b>Muruqa:</b> White <i>Sunset:</i> 5:30PM   | Moon 4 - Phase 5            |   |  |
|                           |  | 235932369 <b>Rahu</b> 10:45AM – 12:06PM | Vanija Until 3:29PM        | <b>Nataraja:</b> Purple  | 3rd Phase                   |   |  |
|                           |  | <b>Chaturthi*</b> Until 2:00AM Sat      |                            | <b>Moon – Yellow</b>   | <b>Bhuloka Day</b>          |   |  |
|                           |  |   |                            | <b>Jyeshtha Adhika-Vaikasi</b>   | Devaloka Time: 9:AM to12:PM |   |  |

|                             |  |  |                               |  |                     |   |  |
|-----------------------------|--|--|-------------------------------|--|---------------------|---|--|
| <b>3</b>                    |  | <b>Saturday, May 19, 2018</b>          |                               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau |                     | Johannesburg, ZA<br>Sun 18 Sutra 34<br>Vilamba 5120 |  |
| Mithuna Rasi: 24.18 Tithi 5 |  | <b>Gulika</b> 6:43AM – 8:04AM          | <b>Punarvasu</b> Until 8:55PM | <b>Ganesha:</b> White <i>Sunrise:</i> 6:43AM   |                     |   |  |
| Creative Work Siddha Yoga   |  | Yama 1:27PM – 2:48PM                   | Shula* Until 8:32AM           | <b>Muruqa:</b> White <i>Sunset:</i> 5:30PM   | Moon 4 - Phase 5    |   |  |
|                             |  | 245932369 <b>Rahu</b> 9:24AM – 10:45AM | Bava Until 12:37PM            | <b>Nataraja:</b> Purple  | 3rd Phase           |   |  |
|                             |  | <b>Panchami</b> Until 11:15PM          |                               | <b>Moon – Blue</b>   | <b>Devaloka Day</b> |   |  |
|                             |  |  |                               | <b>Jyeshtha Adhika-Vaikasi</b>   |                     |   |  |

|                           |  |                                       |                            |   |                     |   |  |
|---------------------------|--|---------------------------------------|----------------------------|---|---------------------|---|--|
| <b>4</b>                  |  | <b>Sunday, May 20, 2018</b>           |                            | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau |                     | Johannesburg, ZA<br>Sun 19 Sutra 35<br>Vilamba 5120 |  |
| Kataka Rasi: 8.47 Tithi 6 |  | <b>Gulika</b> 2:48PM – 4:09PM         | <b>Pushya</b> Until 7:13PM | <b>Ganesha:</b> White <i>Sunrise:</i> 6:43AM  |                     |   |  |
| Creative Work Siddha Yoga |  | Yama 12:06PM – 1:27PM                 | Vriddhi Until 2:17AM Mon   | <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM  | Moon 4 - Phase 5    |   |  |
|                           |  | 245932369 <b>Rahu</b> 4:09PM – 5:29PM | Kaulava Until 10:00AM      | <b>Nataraja:</b> Purple   | 3rd Phase           |   |  |
|                           |  | <b>Shashthi*</b> Until 8:48PM         |                            | <b>Moon – Blue</b>  | <b>Devaloka Day</b> |   |  |
|                           |  |                                       |                            | <b>Jyeshtha Adhika-Vaikasi</b>  |                     |   |  |

|                                 |  |                                       |                               |  |                     |   |  |
|---------------------------------|--|---------------------------------------|-------------------------------|--|---------------------|---|--|
| <b>5</b>                        |  | <b>Monday, May 21, 2018</b>           |                               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau |                     | Johannesburg, ZA<br>Sun 20 Sutra 36<br>Vilamba 5120 |  |
| Kataka Rasi: 23.02 Tithi 7      |  | <b>Gulika</b> 1:27PM – 2:48PM         | <b>Ashlesha*</b> Until 5:44PM | <b>Ganesha:</b> White <i>Sunrise:</i> 6:44AM   |                     |   |  |
| <b>Family Home Evening</b>      |  | Yama 10:46AM – 12:06PM                | Dhruva Until 11:35PM          | <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM   | Moon 4 - Phase 5    |   |  |
| Creative Work Siddha Yoga       |  | 245932369 <b>Rahu</b> 8:04AM – 9:25AM | Gara Until 7:43AM             | <b>Nataraja:</b> Purple  | 3rd Phase           |   |  |
| Until 5:44PM                    |  | <b>Saptami</b> Until 6:42PM           |                               | <b>Moon – Blue</b>   | <b>Devaloka Day</b> |   |  |
| Then Routine Work - Marana Yoga |  |                                       |                               | <b>Jyeshtha Adhika-Vaikasi</b>   |                     |   |  |

|                              |  |                                       |                            |   |                             |   |  |
|------------------------------|--|---------------------------------------|----------------------------|---|-----------------------------|---|--|
| <b>Retreat Star</b>          |  | <b>Tuesday, May 22, 2018</b>          |                            | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                             | Johannesburg, ZA<br>Sun 21 Sutra 37<br>Vilamba 5120 |  |
| Simha Rasi: 7.02 Tithi 8 – 9 |  | <b>Gulika</b> 12:06PM – 1:27PM        | <b>Magha*</b> Until 4:55PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:44AM  |                             |   |  |
| Creative Work Siddha Yoga    |  | Yama 9:25AM – 10:46AM                 | Vyaghata* Until 9:13PM     | <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM  | Moon 4 - Phase 5            |   |  |
|                              |  | 255932369 <b>Rahu</b> 2:47PM – 4:08PM | Balava Until 4:19AM Wed    | <b>Nataraja:</b> Purple   | Ashtami                     |   |  |
|                              |  | <b>Ashtami*</b> Until 5:00PM          |                            | <b>Moon – Red</b>   | <b>Bhuloka Day</b>          |   |  |
|                              |  |                                       |                            | <b>Jyeshtha Adhika-Vaikasi</b>  | Devaloka Time: 9:AM to12:PM |   |  |

|                                |  |  |                                   |  |                             |   |  |
|--------------------------------|--|--|-----------------------------------|--|-----------------------------|---|--|
| <b>Retreat Star</b>            |  | <b>Wednesday, May 23, 2018</b>         |                                   | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                             | Johannesburg, ZA<br>Sun 22 Sutra 38<br>Vilamba 5120 |  |
| Simha Rasi: 20.47 Tithi 9 – 10 |  | <b>Gulika</b> 10:46AM – 12:06PM        | <b>Purvaphalguni</b> Until 4:23PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:45AM   |                             |   |  |
| Creative Work Amrita Yoga      |  | Yama 8:05AM – 9:26AM                   | Harshana Until 7:12PM             | <b>Muruqa:</b> White <i>Sunset:</i> 5:28PM   | Moon 4 - Phase 5            |   |  |
|                                |  | 255932369 <b>Rahu</b> 12:06PM – 1:27PM | Taitila Until 3:13AM Thu          | <b>Nataraja:</b> Purple  | Navami                      |   |  |
|                                |  | <b>Navami*</b> Until 3:42PM            |                                   | <b>Moon – Red</b>  | <b>Bhuloka Day</b>          |   |  |
|                                |  |  |                                   | <b>Jyeshtha Adhika-Vaikasi</b>   | Devaloka Time: 9:AM to12:PM |   |  |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


www.gurudeva.org/panchang


|          |                                 |               |  |                                    |                         |  |                  |
|----------|---------------------------------|---------------|--|------------------------------------|-------------------------|--|------------------|
| <b>1</b> | <b>Thursday, May 24, 2018</b>   |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                    |                         |  | Johannesburg, ZA |
|          | Kanya Rasi: 4.18                | Tithi 10 – 11 | <b>Gulika</b> 9:26AM – 10:46AM   | <b>Uttaraphalguni Until 4:05PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:45AM                             | Sun 23 Sutra 39  |
|          |                                 |               | Yama 6:45AM – 8:06AM   | Vajra* Until 5:28PM                | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:28PM                              | Vilamba 5120     |
|          |                                 | Amrita Yoga   | 255932369 <b>Rahu</b> 1:27PM – 2:47PM  | Vanija Until 2:31AM Fri            | <b>Nataraja:</b> Purple |  | Moon 4 - Phase 6 |
|          | Until 4:05PM                    |               | <b>Dashami Until 2:48PM</b>  | Moon – Red                         |                         | 4th Phase  |                  |
|          | Then Routine Work - Marana Yoga |               |  | <b>Jyeshtha Adhika-Vaikasi</b>     |                         | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM |                  |

|          |                                  |               |  |                                |                         |   |                  |
|----------|----------------------------------|---------------|--|--------------------------------|-------------------------|---|------------------|
| <b>2</b> | <b>Friday, May 25, 2018</b>      |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Vistil*/Bava Karana Ekadashi/Dvodashyam Titau |                                |                         |   | Johannesburg, ZA |
|          | Kanya Rasi: 17.35                | Tithi 11 – 12 | <b>Gulika</b> 8:06AM – 9:26AM  | <b>Hasta Until 4:28PM</b>      | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:46AM                            | Sun 24 Sutra 40  |
|          |                                  |               | Yama 2:47PM – 4:07PM   | Siddhi Until 4:04PM            | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:28PM                             | Vilamba 5120     |
|          |                                  | Amrita Yoga   | 266932369 <b>Rahu</b> 10:46AM – 12:07PM  | Bava Until 2:12AM Sat          | <b>Nataraja:</b> Purple |   | Moon 4 - Phase 6 |
|          | Creative Work                    |               | <b>Ekadashi Until 2:18PM</b>   | Moon – Green                   |                         | 4th Phase   |                  |
|          | Until 4:28PM                     |               |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |                  |
|          | Then Creative Work - Siddha Yoga |               |  |                                |                         |   |                  |

|          |                                  |               |  |                                |                         |                        |                  |
|----------|----------------------------------|---------------|--|--------------------------------|-------------------------|------------------------|------------------|
| <b>3</b> | <b>Saturday, May 26, 2018</b>    |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Vyati-pata*/Varyan Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau |                                |                         |                        | Johannesburg, ZA |
|          | Tula Rasi: 0.41                  | Tithi 12 – 13 | <b>Gulika</b> 6:46AM – 8:06AM  | <b>Chitra Until 5:05PM</b>     | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:46AM | Sun 25 Sutra 41  |
|          |                                  |               | Yama 1:27PM – 2:47PM   | Vyati-pata* Until 2:59PM       | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:27PM  | Vilamba 5120     |
|          |                                  | Marana Yoga   | 366932369 <b>Rahu</b> 9:26AM – 10:47AM   | Kaulava Until 2:17AM Sun       | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 6 |
|          | Routine Work                     |               | <b>Dvodashi Until 2:11PM</b>   | Moon – Green                   |                         | 4th Phase              |                  |
|          | Until 5:05PM                     |               |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>     |                  |
|          | Then Creative Work - Siddha Yoga |               |  |                                |                         |                        |                  |
|          |                                  |               |  |                                |                         | <i>Pradosha Vrata</i>  |                  |

|          |                                 |               |  |                                |                         |                        |                  |
|----------|---------------------------------|---------------|--|--------------------------------|-------------------------|------------------------|------------------|
| <b>4</b> | <b>Sunday, May 27, 2018</b>     |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                |                         |                        | Johannesburg, ZA |
|          | Tula Rasi: 13.34                | Tithi 13 – 14 | <b>Gulika</b> 2:47PM – 4:07PM  | <b>Svati Until 5:56PM</b>      | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:47AM | Sun 26 Sutra 42  |
|          |                                 |               | Yama 12:07PM – 1:27PM  | Varyan Until 2:11PM            | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:27PM  | Vilamba 5120     |
|          |                                 | Siddha Yoga   | 366932369 <b>Rahu</b> 4:07PM – 5:27PM  | Gara Until 2:46AM Mon          | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 6 |
|          | Creative Work                   |               | <b>Trayodashi Until 2:27PM</b>   | Moon – Green                   |                         | 4th Phase              |                  |
|          | Until 5:56PM                    |               |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>     |                  |
|          | Then Routine Work - Marana Yoga |               |  |                                |                         |                        |                  |

|   |                                  |               |  |                                |                         |   |                  |
|---|----------------------------------|---------------|--|--------------------------------|-------------------------|---|------------------|
|  | <b>Monday, May 28, 2018</b>      |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau |                                |                         |   | Johannesburg, ZA |
|   | <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 1:27PM – 2:47PM  | <b>Vishakha Until 7:30PM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:47AM                            | Sun 27 Sutra 43  |
|   | Tula Rasi: 26.16                 | Tithi 14 – 15 | Yama 10:47AM – 12:07PM   | Parigha* Until 1:44PM          | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:27PM                             | Vilamba 5120     |
|   | <b>Family Home Evening</b>       |               | 376932369 <b>Rahu</b> 8:07AM – 9:27AM  | Visti Until 3:41AM Tue         | <b>Nataraja:</b> Purple |   | Moon 4 - Phase 6 |
|   | Routine Work                     |               | <b>Chaturdashi* Until 3:09PM</b>   | Moon – Orange                  |                         | Purnima   |                  |
|   | Until 7:30PM                     |               |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |                  |
|   | Then Creative Work - Siddha Yoga |               |  |                                |                         |   |                  |

|   |                                 |               |   |                                |                         |   |                  |
|---|---------------------------------|---------------|---|--------------------------------|-------------------------|---|------------------|
|  | <b>Tuesday, May 29, 2018</b>    |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                |                         |   | Johannesburg, ZA |
|   | <b>Silver Retreat Star</b>      |               | <b>Gulika</b> 12:07PM – 1:27PM  | <b>Anuradha Until 9:22PM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:48AM                            | Sun 28 Sutra 44  |
|   | Vrischika Rasi: 8.46            | Tithi 15 – 16 | Yama 9:27AM – 10:47AM   | Shiva Until 1:39PM             | <b>Muruqa:</b> White    | <i>Sunset:</i> 5:26PM                             | Vilamba 5120     |
|   |                                 |               | 376932369 <b>Rahu</b> 2:47PM – 4:07PM   | Balava Until 5:03AM Wed        | <b>Nataraja:</b> Purple |   | Moon 4 - Phase 6 |
|   | Creative Work                   |               | <b>Purnima* Until 4:17PM</b>  | Moon – Orange                  |                         | Prathama  |                  |
|   | Until 9:22PM                    |               |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |                  |
|   | Then Routine Work - Marana Yoga |               |   |                                |                         |   |                  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vrischika Rasi: 21.04 Tithi 16 – 17

376932369

**Gulika** 10:47AM – 12:07PM  
Yama 8:08AM – 9:28AM  
**Rahu** 12:07PM – 1:27PM

**Jyeshtha\* Until 11:29PM**

Siddha Until 1:53PM

Taitila Until 6:51AM Thu

**Prathama\* Until 5:52PM**

**Ganesha:** Clear *Sunrise: 6:48AM*

**Muruqa:** White *Sunset: 5:26PM*

**Nataraja:** Purple

Moon – Orange

**Jyeshtha Adhika-Vaikasi** Devaloka Time: 6:AM to 9:AM

Johannesburg, ZA

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 11:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Dhanus Rasi: 3.11 Tithi 17

386932369

**Gulika** 9:28AM – 10:48AM  
Yama 6:49AM – 8:08AM  
**Rahu** 1:27PM – 2:47PM

**Mula\* Until 2:19AM Fri**

Sadhya Until 2:27PM

Taitila Until 6:51AM

**Dvitiya Until 7:53PM**

**Ganesha:** White *Sunrise: 6:49AM*

**Muruqa:** White *Sunset: 5:26PM*

**Nataraja:** Purple

Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Johannesburg, ZA

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 2:19AM Fri

Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Dhanus Rasi: 15.09 Tithi 18

387932369

**Gulika** 8:09AM – 9:28AM  
Yama 2:47PM – 4:06PM  
**Rahu** 10:48AM – 12:08PM

**Purvashadha\* Until 5:17AM Sat**

Subha Until 3:18PM

Vanija Until 9:02AM

**Tritiya Until 10:13PM**

**Ganesha:** Yellow *Sunrise: 6:49AM*

**Muruqa:** White *Sunset: 5:26PM*

**Nataraja:** Purple

Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Johannesburg, ZA

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Routine Work Prabalarishta Yoga

Until 5:17AM Sat

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Dhanus Rasi: 27 Tithi 19

387932369

**Gulika** 6:50AM – 8:09AM  
Yama 1:27PM – 2:47PM  
**Rahu** 9:29AM – 10:48AM

**Uttarashadha Until 8:15AM Sun**

Sukla Until 4:20PM

Bava Until 11:30AM

**Chaturthi\* Until 12:47AM Sun**

**Ganesha:** Yellow *Sunrise: 6:50AM*

**Muruqa:** White *Sunset: 5:26PM*

**Nataraja:** Purple

Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Johannesburg, ZA

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Routine Work Marana Yoga

Until 8:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Makara Rasi: 8.48 Tithi 20

387932369

**Gulika** 2:47PM – 4:06PM  
Yama 12:08PM – 1:27PM  
**Rahu** 4:06PM – 5:26PM

**Uttarashadha Until 8:15AM**

Brahma Until 5:27PM

Kaulava Until 2:06PM

**Panchami Until 3:22AM Mon**

**Ganesha:** Yellow *Sunrise: 6:50AM*

**Muruqa:** White *Sunset: 5:26PM*

**Nataraja:** Purple

Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Johannesburg, ZA

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Makara Rasi: 20.35 Tithi 21

397932369

**Gulika** 1:27PM – 2:47PM  
Yama 10:49AM – 12:08PM  
**Rahu** 8:10AM – 9:29AM

**Shravana Until 11:32AM**

Indra Until 6:30PM

Gara Until 4:37PM

**Shashthi\* Until 5:46AM Tue**

**Ganesha:** Blue *Sunrise: 6:50AM*

**Muruqa:** White *Sunset: 5:26PM*

**Nataraja:** Purple

Moon – Purple

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Johannesburg, ZA

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Amrita Yoga

Until 11:32AM

Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Kumbha Rasi: 2.28 Tithi 22

397132361

**Gulika** 12:08PM – 1:27PM  
Yama 9:30AM – 10:49AM  
**Rahu** 2:47PM – 4:06PM

**Dhanishtha Until 2:25PM**

Vaidhriti\* Until 7:17PM

Visti Until 6:51PM

**Saptami Until 7:45AM Wed**

**Ganesha:** Purple *Sunrise: 6:51AM*

**Muruqa:** White *Sunset: 5:25PM*

**Nataraja:** White

Moon – Purple

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Johannesburg, ZA

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 2:25PM

Then Routine Work - Marana Yoga

☾

Wednesday, June 6, 2018

Retreat Star

Kumbha Rasi: 14.29 Tithi 22 – 23

397132361

**Gulika** 10:49AM – 12:08PM  
Yama 8:11AM – 9:30AM  
**Rahu** 12:08PM – 1:28PM

**Shatabhishak Until 4:39PM**

Vishkambha\* Until 7:41PM

Balava Until 8:33PM

**Saptami Until 7:45AM**

**Ganesha:** Purple *Sunrise: 6:51AM*

**Muruqa:** White *Sunset: 5:25PM*

**Nataraja:** White

Moon – Purple

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Johannesburg, ZA

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Kumbha Rasi: 26.46 Tithi 23 – 24

317132361

**Gulika** 9:30AM – 10:49AM  
Yama 6:52AM – 8:11AM  
**Rahu** 1:28PM – 2:47PM

**Purvaproshtapada\* Until 6:33PM**

Priti Until 7:33PM

Taitila Until 9:33PM

**Ashtami\* Until 9:08AM**

**Ganesha:** Blue *Sunrise: 6:52AM*

**Muruqa:** White *Sunset: 5:25PM*

**Nataraja:** White

Moon – Clear

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Johannesburg, ZA

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Creative Work Siddha Yoga

|                                |           |   |                                       |  |                             |
|--------------------------------|-----------|---|---------------------------------------|--|-----------------------------|
| <b>1 Friday, June 8, 2018</b>  |           | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam |                                       |  | Johannesburg, ZA            |
| Meena Rasi: 9.23 Tithi 24 – 25 |           | Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau                  |                                       |  | Sun 9 Sutra 54              |
| Creative Work Siddha Yoga      | 318132361 | <b>Gulika</b> 8:11AM – 9:30AM   | <b>Uttaraproshtapada</b> Until 7:31PM | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:52AM | Vilamba 5120                |
|                                |           | Yama 2:47PM – 4:06PM  | Ayushman Until 6:45PM                 | <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM | Moon 5 - Phase 8            |
|                                |           | <b>Rahu</b> 10:50AM – 12:09PM   | Vanija Until 9:44PM                   | <b>Nataraja:</b> White                     | 2nd Phase                   |
|                                |           |   | <b>Navami*</b> Until 9:44AM           | Moon – Clear                               | <b>Bhuloka Day</b>          |
|                                |           |   |                                       | <b>Jyeshtha Adhika-Vaikasi</b>             | Devaloka Time: 6:AM to 9:AM |

|                                  |           |   |                             |  |                             |
|----------------------------------|-----------|---|-----------------------------|--|-----------------------------|
| <b>2 Saturday, June 9, 2018</b>  |           | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam |                             |  | Johannesburg, ZA            |
| Meena Rasi: 22.23 Tithi 25 – 26  |           | Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau                 |                             |  | Sun 10 Sutra 55             |
| Routine Work Prabalarishta Yoga  | 318132361 | <b>Gulika</b> 6:53AM – 8:12AM   | <b>Revati</b> Until 7:29PM  | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:53AM | Vilamba 5120                |
|                                  |           | Yama 1:28PM – 2:47PM  | Saubhagya Until 5:18PM      | <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM | Moon 5 - Phase 8            |
| Until 7:29PM                     |           | <b>Rahu</b> 9:31AM – 10:50AM  | Bava Until 9:04PM           | <b>Nataraja:</b> White                     | 2nd Phase                   |
| Then Creative Work - Siddha Yoga |           |   | <b>Dashami</b> Until 9:29AM | Moon – Clear                               | <b>Bhuloka Day</b>          |
|                                  |           |   |                             | <b>Jyeshtha Adhika-Vaikasi</b>             | Devaloka Time: 6:AM to 9:AM |

|  |           |   |                               |  |                    |
|--|-----------|---|-------------------------------|--|--------------------|
| <b>3 Sunday, June 10, 2018</b>         |           | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                               |  | Johannesburg, ZA   |
| Mesha Rasi: 5.52 Tithi 26 – 27         |           | Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau           |                               |  | Sun 11 Sutra 56    |
| Creative Work Siddha Yoga              | 328132361 | <b>Gulika</b> 2:47PM – 4:06PM   | <b>Ashvini</b> Until 6:58PM   | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:53AM | Vilamba 5120       |
|  |           | Yama 12:09PM – 1:28PM   | Sobhana Until 3:13PM          | <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM   | Moon 5 - Phase 8   |
| Until 6:58PM                           |           | <b>Rahu</b> 4:06PM – 5:25PM   | Kaulava Until 7:36PM          | <b>Nataraja:</b> White                       | 2nd Phase          |
| Then Routine Work - Prabalarishta Yoga |           |   | <b>Ekadashi*</b> Until 8:25AM | Moon – White                                 | <b>Bhuloka Day</b> |
|  |           |   |                               | <b>Jyeshtha Adhika-Vaikasi</b>               |                    |

|                                 |           |  |                                 |  |                    |
|---------------------------------|-----------|--|---------------------------------|--|--------------------|
| <b>4 Monday, June 11, 2018</b>  |           | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam   |                                 |  | Johannesburg, ZA   |
| Mesha Rasi: 19.47 Tithi 27 – 28 |           | Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau |                                 |  | Sun 12 Sutra 57    |
| Family Home Evening             | 328132361 | <b>Gulika</b> 1:28PM – 2:47PM  | <b>Bharani</b> Until 5:35PM     | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:53AM | Vilamba 5120       |
|                                 |           | Yama 10:50AM – 12:09PM   | Athiganda* Until 12:30PM        | <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM   | Moon 5 - Phase 8   |
| Creative Work Siddha Yoga       |           | <b>Rahu</b> 8:12AM – 9:31AM  | Vanija Until 4:05AM Tue         | <b>Nataraja:</b> White                       | 2nd Phase          |
| Until 5:35PM                    |           |  | <b>Dvadashi*</b> Until 6:34AM   | Moon – White                                 | <b>Bhuloka Day</b> |
| Then Routine Work - Marana Yoga |           |  |                                 | <b>Jyeshtha Adhika-Vaikasi</b>               |                    |
|                                 |           |  | <i>Pradosha Vrata (Fasting)</i> |  |                    |

|                                  |           |   |                                      |  |                    |
|----------------------------------|-----------|---|--------------------------------------|--|--------------------|
| <b>5 Tuesday, June 12, 2018</b>  |           | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam |                                      |  | Johannesburg, ZA   |
| Vrishabha Rasi: 4.08 Tithi 29    |           | Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau               |                                      |  | Sun 13 Sutra 58    |
| Creative Work Siddha Yoga        | 328132361 | <b>Gulika</b> 12:10PM – 1:29PM  | <b>Krittika</b> Until 3:29PM         | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:54AM | Vilamba 5120       |
|                                  |           | Yama 9:32AM – 10:51AM   | Sukarma Until 9:18AM                 | <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM   | Moon 5 - Phase 8   |
| Until 3:29PM                     |           | <b>Rahu</b> 2:47PM – 4:06PM   | Visti Until 2:40PM                   | <b>Nataraja:</b> White                       | 2nd Phase          |
| Then Creative Work - Amrita Yoga |           |   | <b>Chaturdashi*</b> Until 1:06AM Wed | Moon – White                                 | <b>Bhuloka Day</b> |
|                                  |           |   |                                      | <b>Jyeshtha Adhika-Vaikasi</b>               |                    |

|                                 |           |   |                               |  |                    |
|---------------------------------|-----------|---|-------------------------------|--|--------------------|
| <b>Wednesday, June 13, 2018</b> |           | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam |                               |  | Johannesburg, ZA   |
| Vrishabha Rasi: 18.5 Tithi 30   |           | Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau                   |                               |  | Sun 14 Sutra 59    |
| Creative Work Siddha Yoga       | 338132361 | <b>Gulika</b> 10:51AM – 12:10PM   | <b>Rohini</b> Until 1:15PM    | <b>Ganesha:</b> White <i>Sunrise:</i> 6:54AM | Vilamba 5120       |
|                                 |           | Yama 8:13AM – 9:32AM  | Shula* Until 1:52AM Thu       | <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM   | Moon 5 - Phase 8   |
|                                 |           | <b>Rahu</b> 12:10PM – 1:29PM  | Catuspada Until 11:30AM       | <b>Nataraja:</b> White                       | Amavasya           |
|                                 |           |   | <b>Amavasya*</b> Until 9:47PM | Moon – Yellow                                | <b>Bhuloka Day</b> |
|                                 |           |   |                               | <b>Jyeshtha Adhika-Vaikasi</b>               |                    |

|                                |           |  |                                 |  |                              |
|--------------------------------|-----------|--|---------------------------------|--|------------------------------|
| <b>Thursday, June 14, 2018</b> |           | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam |                                 |  | Johannesburg, ZA             |
| Mithuna Rasi: 3.46 Tithi 1     |           | Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau                  |                                 |  | Sun 15 Sutra 60              |
| Routine Work Marana Yoga       | 339132361 | <b>Gulika</b> 9:32AM – 10:51AM   | <b>Mrigashira</b> Until 10:37AM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:54AM | Vilamba 5120                 |
|                                |           | Yama 6:54AM – 8:13AM   | Ganda* Until 9:53PM             | <b>Muruqa:</b> White <i>Sunset:</i> 5:26PM   | Moon 5 - Phase 8             |
|                                |           | <b>Rahu</b> 1:29PM – 2:48PM  | Kintughna Until 8:03AM          | <b>Nataraja:</b> White                       | Prathama                     |
|                                |           |  | <b>Prathama*</b> Until 6:16PM   | Moon – Yellow                                | <b>Bhuloka Day</b>           |
|                                |           |  |                                 | <b>Jyeshtha-Vaikasi</b>                      | Devaloka Time: 9:AM to 12:PM |

|          |                              |             |  |                           |                        |                             |  |  |
|----------|------------------------------|-------------|--|---------------------------|------------------------|-----------------------------|--|--|
| <b>1</b> | <b>Friday, June 15, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                           |                        |                             | Johannesburg, ZA<br>Sun 16    Sutra 61 |  |
|          | Mithuna Rasi: 18.48          | Tithi 2 – 3 | <b>Gulika</b> 8:14AM – 9:32AM  | <b>Ardra Until 7:46AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:55AM      | Vilamba 5120                           |  |
|          |                              |             | Yama 2:48PM – 4:07PM   | Vridhhi Until 5:56PM      | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:26PM       | Moon 5 - Phase 9                       |  |
|          | Creative Work                | Siddha Yoga | 339132361 <b>Rahu</b> 10:51AM – 12:10PM  | Taitila Until 1:02AM Sat  | <b>Nataraja:</b> White |                             | 3rd Phase                              |  |
|          |                              |             | <b>Dvitiya Until 2:44PM</b>  | Moon – Yellow             |                        | <b>Bhuloka Day</b>          |  |  |
|          |                              |             |  | <b>Jyeshtha-Ani</b>       |                        | Devaloka Time: 9:AM to12:PM |  |  |

|          |                                |             |  |                                |                        |                             |  |  |
|----------|--------------------------------|-------------|--|--------------------------------|------------------------|-----------------------------|--|--|
| <b>2</b> | <b>Saturday, June 16, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                                |                        |                             | Johannesburg, ZA<br>Sun 17    Sutra 62 |  |
|          | Kataka Rasi: 3.47              | Tithi 3 – 4 | <b>Gulika</b> 6:55AM – 8:14AM  | <b>Pushya Until 2:51AM Sun</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:55AM      | Vilamba 5120                           |  |
|          |                                |             | Yama 1:29PM – 2:48PM   | Dhruva Until 2:05PM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:26PM       | Moon 5 - Phase 9                       |  |
|          | Creative Work                  | Siddha Yoga | 349132361 <b>Rahu</b> 9:33AM – 10:52AM   | Vanija Until 9:44PM            | <b>Nataraja:</b> White |                             | 3rd Phase                              |  |
|          |                                |             | <b>Tritiya Until 11:20AM</b>   | Moon – Blue                    |                        | <b>Bhuloka Day</b>          |  |  |
|          |                                |             |  | <b>Jyeshtha-Ani</b>            |                        | Devaloka Time: 9:AM to12:PM |  |  |

|          |                              |             |  |                                    |                        |                             |  |  |
|----------|------------------------------|-------------|--|------------------------------------|------------------------|-----------------------------|--|--|
| <b>3</b> | <b>Sunday, June 17, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                    |                        |                             | Johannesburg, ZA<br>Sun 18    Sutra 63 |  |
|          | Kataka Rasi: 18.35           | Tithi 4 – 5 | <b>Gulika</b> 2:48PM – 4:07PM  | <b>Ashlesha* Until 12:40AM Mon</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:55AM      | Vilamba 5120                           |  |
|          |                              |             | Yama 12:11PM – 1:29PM  | Vyaghata* Until 10:28AM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:26PM       | Moon 5 - Phase 9                       |  |
|          | Creative Work                | Siddha Yoga | 349132361 <b>Rahu</b> 4:07PM – 5:26PM  | Bava Until 6:46PM                  | <b>Nataraja:</b> White |                             | 3rd Phase                              |  |
|          |                              |             | <b>Chaturthi* Until 8:11AM</b>   | Moon – Blue                        |                        | <b>Bhuloka Day</b>          |  |  |
|          |                              |             | <b>Father's Day</b>  | <b>Jyeshtha-Ani</b>                |                        | Devaloka Time: 9:AM to12:PM |  |  |

|          |                              |             |   |                             |                        |                        |  |  |
|----------|------------------------------|-------------|---|-----------------------------|------------------------|------------------------|--|--|
| <b>4</b> | <b>Monday, June 18, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau |                             |                        |                        | Johannesburg, ZA<br>Sun 19    Sutra 64 |  |
|          | Simha Rasi: 3.06             | Tithi 6     | <b>Gulika</b> 1:30PM – 2:48PM   | <b>Magha* Until 11:14PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:56AM | Vilamba 5120                           |  |
|          | <b>Family Home Evening</b>   |             | Yama 10:52AM – 12:11PM  | Harshana Until 7:13AM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:26PM  | Moon 5 - Phase 9                       |  |
|          | Routine Work                 | Marana Yoga | 359132361 <b>Rahu</b> 8:14AM – 9:33AM   | Kaulava Until 4:15PM        | <b>Nataraja:</b> White |                        | 3rd Phase                              |  |
|          |                              |             | <b>Shashthi* Until 3:09AM Tue</b>   | Moon – Red                  |                        | <b>Devaloka Day</b>    |  |  |
|          |                              |             |   | <b>Jyeshtha-Ani</b>         |                        |                        |  |  |

|          |                               |             |   |                                    |                        |                        |  |  |
|----------|-------------------------------|-------------|---|------------------------------------|------------------------|------------------------|--|--|
| <b>5</b> | <b>Tuesday, June 19, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau |                                    |                        |                        | Johannesburg, ZA<br>Sun 20    Sutra 65 |  |
|          | Simha Rasi: 17.17             | Tithi 7     | <b>Gulika</b> 12:11PM – 1:30PM  | <b>Purvaphalguni Until 10:12PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:56AM | Vilamba 5120                           |  |
|          |                               |             | Yama 9:33AM – 10:52AM   | Siddhi Until 1:55AM Wed            | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:26PM  | Moon 5 - Phase 9                       |  |
|          | Creative Work                 | Siddha Yoga | 359132361 <b>Rahu</b> 2:49PM – 4:07PM   | Gara Until 2:15PM                  | <b>Nataraja:</b> White |                        | 3rd Phase                              |  |
|          |                               |             | <b>Saptami Until 1:27AM Wed</b>   | Moon – Red                         |                        | <b>Devaloka Day</b>    |  |  |
|          |                               |             |   | <b>Jyeshtha-Ani</b>                |                        |                        |  |  |

|          |                                 |             |  |                                    |                        |                        |  |  |
|----------|---------------------------------|-------------|--|------------------------------------|------------------------|------------------------|--|--|
| <b>☽</b> | <b>Wednesday, June 20, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau |                                    |                        |                        | Johannesburg, ZA<br>Sun 21    Sutra 66 |  |
|          | <b>Retreat Star</b>             |             | <b>Gulika</b> 10:52AM – 12:11PM  | <b>Uttaraphalguni Until 9:36PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:56AM | Vilamba 5120                           |  |
|          | Kanya Rasi: 1.07                | Tithi 8     | Yama 8:15AM – 9:34AM   | Vyatipata* Until 12:01AM Thu       | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:26PM  | Moon 5 - Phase 9                       |  |
|          | Creative Work                   | Amrita Yoga | 359132361 <b>Rahu</b> 12:11PM – 1:30PM   | Visti Until 12:49PM                | <b>Nataraja:</b> White |                        | Ashtami                                |  |
|          |                                 |             | <b>Ashtami* Until 12:19AM Thu</b>  | Moon – Red                         |                        | <b>Devaloka Day</b>    |  |  |
|          |                                 |             | <b>Chidambaram Abhishekam</b>  | <b>Jyeshtha-Ani</b>                |                        |                        |  |  |

|          |                                |             |   |                           |                        |                             |  |  |
|----------|--------------------------------|-------------|---|---------------------------|------------------------|-----------------------------|--|--|
| <b>☽</b> | <b>Thursday, June 21, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau |                           |                        |                             | Johannesburg, ZA<br>Sun 22    Sutra 67 |  |
|          | <b>Retreat Star</b>            |             | <b>Gulika</b> 9:34AM – 10:53AM  | <b>Hasta Until 9:54PM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:56AM      | Vilamba 5120                           |  |
|          | Kanya Rasi: 14.35              | Tithi 9     | Yama 6:56AM – 8:15AM  | Variyan Until 10:33PM     | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:27PM       | Moon 5 - Phase 9                       |  |
|          | Routine Work                   | Marana Yoga | 369132361 <b>Rahu</b> 1:30PM – 2:49PM   | Balava Until 12:00PM      | <b>Nataraja:</b> White |                             | Navami                                 |  |
|          |                                |             | <b>Navami* Until 11:47PM</b>  | Moon – Green              |                        | <b>Bhuloka Day</b>          |  |  |
|          |                                |             |   | <b>Jyeshtha-Ani</b>       |                        | Devaloka Time: 9:AM to12:PM |  |  |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang

|               |                              |                               |  |                             |                        |                        |                            |
|---------------|------------------------------|-------------------------------|--|-----------------------------|------------------------|------------------------|----------------------------|
| <b>1</b>      | <b>Friday, June 22, 2018</b> |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau |                             |                        |                        | Johannesburg, ZA<br>Sun 23 |
|               | Kanya Rasi: 27.44            | Tithi 10                      | <b>Gulika</b> 8:15AM – 9:34AM  | <b>Chitra</b> Until 10:35PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:57AM | Vilamba 5120               |
|               |                              |                               | Yama 2:49PM – 4:08PM   | Parigha* Until 9:32PM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:27PM  | Moon 5 - Phase 10          |
|               | 361132361                    | <b>Rahu</b> 10:53AM – 12:12PM |  | Taitila Until 11:45AM       | <b>Nataraja:</b> White |                        | 4th Phase                  |
| Creative Work | Siddha Yoga                  |                               | <b>Dashami</b> Until 11:49PM   | Moon – Green                |                        | <b>Bhuloka Day</b>     |                            |
|               |                              |                               |  | <b>Jyeshtha-Ani</b>         |                        |                        |                            |

|               |                                |                              |  |                            |                        |                        |                            |
|---------------|--------------------------------|------------------------------|--|----------------------------|------------------------|------------------------|----------------------------|
| <b>2</b>      | <b>Saturday, June 23, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau |                            |                        |                        | Johannesburg, ZA<br>Sun 24 |
|               | Tula Rasi: 11                  | Tithi 11                     | <b>Gulika</b> 6:57AM – 8:16AM  | <b>Svati</b> Until 11:38PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:57AM | Vilamba 5120               |
|               |                                |                              | Yama 1:31PM – 2:50PM   | Shiva Until 8:58PM         | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:27PM  | Moon 5 - Phase 10          |
|               | 361132361                      | <b>Rahu</b> 9:34AM – 10:53AM |  | Vanija Until 12:03PM       | <b>Nataraja:</b> White |                        | 4th Phase                  |
| Creative Work | Siddha Yoga                    |                              | <b>Ekadashi</b> Until 12:21AM Sun  | Moon – Green               |                        | <b>Bhuloka Day</b>     |                            |
|               |                                |                              |  | <b>Jyeshtha-Ani</b>        |                        |                        |                            |

|                                  |                              |                             |  |                                  |                        |                        |                            |
|----------------------------------|------------------------------|-----------------------------|--|----------------------------------|------------------------|------------------------|----------------------------|
| <b>3</b>                         | <b>Sunday, June 24, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau |                                  |                        |                        | Johannesburg, ZA<br>Sun 25 |
|                                  | Tula Rasi: 23.14             | Tithi 12                    | <b>Gulika</b> 2:50PM – 4:09PM  | <b>Vishakha</b> Until 1:28AM Mon | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:57AM | Vilamba 5120               |
|                                  |                              |                             | Yama 12:12PM – 1:31PM  | Siddha Until 8:45PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:27PM  | Moon 5 - Phase 10          |
|                                  | 371142361                    | <b>Rahu</b> 4:09PM – 5:27PM |  | Bava Until 12:50PM               | <b>Nataraja:</b> White |                        | 4th Phase                  |
| Routine Work                     | Marana Yoga                  |                             | <b>Dvadashi</b> Until 1:23AM Mon   | Moon – Orange                    |                        | <b>Devaloka Day</b>    |                            |
| Until 1:28AM Mon                 |                              |                             |  | <b>Jyeshtha-Ani</b>              |                        |                        |                            |
| Then Creative Work - Siddha Yoga |                              |                             |  |                                  |                        |                        |                            |

|                                 |                              |                             |   |                                  |                        |                        |                            |
|---------------------------------|------------------------------|-----------------------------|---|----------------------------------|------------------------|------------------------|----------------------------|
| <b>4</b>                        | <b>Monday, June 25, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                  |                        |                        | Johannesburg, ZA<br>Sun 26 |
|                                 | Vrischika Rasi: 5.39         | Tithi 13                    | <b>Gulika</b> 1:31PM – 2:50PM   | <b>Anuradha</b> Until 3:33AM Tue | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:57AM | Vilamba 5120               |
|                                 | <b>Family Home Evening</b>   |                             | Yama 10:54AM – 12:12PM  | Sadhya Until 8:52PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:28PM  | Moon 5 - Phase 10          |
|                                 | 371142361                    | <b>Rahu</b> 8:16AM – 9:35AM |   | Kaulava Until 2:05PM             | <b>Nataraja:</b> White |                        | 4th Phase                  |
| Creative Work                   | Siddha Yoga                  |                             | <b>Trayodashi</b> Until 2:50AM Tue  | Moon – Orange                    |                        | <b>Devaloka Day</b>    |                            |
| Until 3:33AM Tue                |                              |                             |   | <b>Jyeshtha-Ani</b>              |                        |                        |                            |
| Then Routine Work - Marana Yoga |                              |                             |   |                                  |                        |                        |                            |

*Pradosha Vrata*

|              |                               |                             |   |                                   |                        |                        |                            |
|--------------|-------------------------------|-----------------------------|---|-----------------------------------|------------------------|------------------------|----------------------------|
| <b>5</b>     | <b>Tuesday, June 26, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau |                                   |                        |                        | Johannesburg, ZA<br>Sun 27 |
|              | Vrischika Rasi: 17.53         | Tithi 14                    | <b>Gulika</b> 12:13PM – 1:31PM  | <b>Jyeshtha*</b> Until 5:51AM Wed | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:57AM | Vilamba 5120               |
|              |                               |                             | Yama 9:35AM – 10:54AM   | Subha Until 9:20PM                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:28PM  | Moon 5 - Phase 10          |
|              | 371142361                     | <b>Rahu</b> 2:50PM – 4:09PM |   | Gara Until 3:44PM                 | <b>Nataraja:</b> White |                        | 4th Phase                  |
| Routine Work | Marana Yoga                   |                             | <b>Chaturdashi*</b> Until 4:40AM Wed  | Moon – Orange                     |                        | <b>Devaloka Day</b>    |                            |
|              |                               |                             |   | <b>Jyeshtha-Ani</b>               |                        |                        |                            |

|                                  |                                 |                              |  |                               |                        |                        |                              |
|----------------------------------|---------------------------------|------------------------------|--|-------------------------------|------------------------|------------------------|------------------------------|
|                                  | <b>Wednesday, June 27, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau |                               |                        |                        | Johannesburg, ZA<br>Sutra 73 |
|                                  | <b>Copper Retreat Star</b>      |                              | <b>Gulika</b> 10:54AM – 12:13PM  | <b>Mula*</b> Until 8:48AM Thu | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:57AM | Vilamba 5120                 |
|                                  | Vrischika Rasi: 29.59           | Tithi 15                     | Yama 8:16AM – 9:35AM   | Sukla Until 10:01PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:28PM  | Moon 5 - Phase 10            |
|                                  | 371142361                       | <b>Rahu</b> 12:13PM – 1:32PM |  | Visti Until 5:45PM            | <b>Nataraja:</b> White |                        | Purnima                      |
| Routine Work                     | Marana Yoga                     |                              | <b>Purnima*</b> Until 6:51AM Thu   | Moon – Orange                 |                        | <b>Devaloka Day</b>    |                              |
| Until 8:48AM Thu                 |                                 |                              |  | <b>Jyeshtha-Ani</b>           |                        |                        |                              |
| Then Creative Work - Siddha Yoga |                                 |                              |  |                               |                        |                        |                              |

|               |                                |                             |  |                           |                        |                              |                              |
|---------------|--------------------------------|-----------------------------|--|---------------------------|------------------------|------------------------------|------------------------------|
| <b>○</b>      | <b>Thursday, June 28, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                           |                        |                              | Johannesburg, ZA<br>Sutra 74 |
|               | <b>Silver Retreat Star</b>     |                             | <b>Gulika</b> 9:35AM – 10:54AM   | <b>Mula*</b> Until 8:48AM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:57AM       | Vilamba 5120                 |
|               | Dhanus Rasi: 11.56             | Tithi 15 – 16               | Yama 6:57AM – 8:16AM   | Brahma Until 10:57PM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:29PM        | Moon 5 - Phase 10            |
|               | 381142361                      | <b>Rahu</b> 1:32PM – 2:51PM |  | Balava Until 8:03PM       | <b>Nataraja:</b> White |                              | Prathama                     |
| Creative Work | Siddha Yoga                    |                             | <b>Purnima*</b> Until 6:51AM   | Moon – Light Blue         |                        | <b>Bhuloka Day</b>           |                              |
|               |                                |                             |  | <b>Jyeshtha-Ani</b>       |                        | Devaloka Time: 12:PM to 3:PM |                              |





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Johannesburg, ZA  
Sutra 75

Dhanus Rasi: 23.47    Tithi 16 – 17

381142361

**Gulika** 8:16AM – 9:35AM  
Yama 2:51PM – 4:10PM  
**Rahu** 10:54AM – 12:13PM

**Purvashadha\* Until 11:49AM**

Indra Until 12:02AM Sat  
Taitila Until 10:34PM

**Prathama\* Until 9:16AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:29PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Prabalarishta Yoga  
Until 11:49AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Johannesburg, ZA  
Sun 1 Sutra 76

Makara Rasi: 5.35    Tithi 17 – 18

381242361

**Gulika** 6:58AM – 8:17AM  
Yama 1:32PM – 2:51PM  
**Rahu** 9:36AM – 10:54AM

**Uttarashadha Until 2:47PM**

Vaidhriti\* Until 1:09AM Sun  
Vanija Until 1:10AM Sun  
**Dvitiya Until 11:51AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:29PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 2:47PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturchayam Titau

Johannesburg, ZA  
Sun 2 Sutra 77

Makara Rasi: 17.22    Tithi 18 – 19

391242361

**Gulika** 2:52PM – 4:11PM  
Yama 12:14PM – 1:33PM  
**Rahu** 4:11PM – 5:30PM

**Shravana Until 6:06PM**

Vishkambha\* Until 2:14AM Mon  
Bava Until 3:43AM Mon  
**Tritiya Until 2:26PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:30PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 6:06PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Johannesburg, ZA  
Sun 3 Sutra 78

Makara Rasi: 29.11    Tithi 19 – 20

391242361

**Gulika** 1:33PM – 2:52PM  
Yama 10:55AM – 12:14PM  
**Rahu** 8:17AM – 9:36AM

**Dhanishtha Until 9:05PM**

Priti Until 3:10AM Tue  
Kaulava Until 6:01AM Tue  
**Chaturthi\* Until 4:53PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:30PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Johannesburg, ZA  
Sun 4 Sutra 79

Kumbha Rasi: 11.05    Tithi 20

392242361

**Gulika** 12:14PM – 1:33PM  
Yama 9:36AM – 10:55AM  
**Rahu** 2:52PM – 4:11PM

**Shatabhishak Until 11:34PM**

Ayushman Until 3:46AM Wed  
Kaulava Until 6:01AM  
**Panchami Until 7:00PM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:30PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproskthapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Johannesburg, ZA  
Sun 5 Sutra 80

Kumbha Rasi: 23.1    Tithi 21

312242361

**Gulika** 10:55AM – 12:14PM  
Yama 8:17AM – 9:36AM  
**Rahu** 12:14PM – 1:33PM

**Purvaproskthapada\* Until 1:53AM Thu**

Saubhagya Until 3:58AM Thu  
Gara Until 7:55AM  
**Shashthi\* Until 8:38PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:31PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 1:53AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproskthapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Johannesburg, ZA  
Sun 6 Sutra 81

Meena Rasi: 5.27    Tithi 22

312242361

**Gulika** 9:36AM – 10:55AM  
Yama 6:58AM – 8:17AM  
**Rahu** 1:34PM – 2:53PM

**Uttaraproskthapada Until 3:23AM Fri**

Sobhana Until 3:39AM Fri  
Visti Until 9:15AM  
**Saptami Until 9:38PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:31PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Retreat Star**

**Friday, July 6, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Johannesburg, ZA  
Sun 7 Sutra 82

Meena Rasi: 18.02    Tithi 23

312242361

**Gulika** 8:17AM – 9:36AM  
Yama 2:53PM – 4:12PM  
**Rahu** 10:55AM – 12:15PM

**Revati Until 3:59AM Sat**

Athiganda\* Until 2:43AM Sat  
Balava Until 9:53AM  
**Ashtami\* Until 9:54PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:31PM

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Johannesburg, ZA  
Sun 8 Sutra 83

Mesha Rasi: 1    Tithi 24

422242361

**Gulika** 6:58AM – 8:17AM  
Yama 1:34PM – 2:53PM  
**Rahu** 9:36AM – 10:55AM

**Ashvini Until 4:07AM Sun**

Sukarma Until 1:09AM Sun  
Taitila Until 9:44AM  
**Navami\* Until 9:21PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Jyeshtha-Ani**

*Sunrise:* 6:58AM  
*Sunset:* 5:32PM

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work Siddha Yoga  
Until 4:07AM Sun  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|                                 |                    |   |                                 |  |
|---------------------------------|--------------------|---|---------------------------------|--|
| <b>1 Sunday, July 8, 2018</b>   |                    | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau |                                 | Johannesburg, ZA<br>Sun 9 Sutra 84<br>Vilamba 5120 |
| Mesha Rasi: 14.23               | Tithi 25           | <b>Gulika</b> 2:54PM – 4:13PM   | <b>Bharani Until 3:18AM Mon</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:58AM      |
|                                 |                    | Yama 12:15PM – 1:34PM   | Dhriti Until 10:58PM            | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM         |
|                                 | 422242361          | <b>Rahu</b> 4:13PM – 5:32PM   | Vanija Until 8:48AM             | <b>Nataraja:</b> White                             |
| Routine Work                    | Prabalarishta Yoga |   | <b>Dashami Until 8:01PM</b>     | Moon – White                                       |
| Until 3:18AM Mon                |                    |   |                                 | <b>Jyeshtha-Ani</b>                                |
| Then Routine Work - Marana Yoga |                    |   |                                 | <b>Devaloka Day</b>                                |

|                                  |               |   |                                  |   |
|----------------------------------|---------------|---|----------------------------------|---|
| <b>2 Monday, July 9, 2018</b>    |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam |                                  | Johannesburg, ZA<br>Sun 10 Sutra 85<br>Vilamba 5120 |
| Mesha Rasi: 28.14                | Tithi 26 – 27 | <b>Gulika</b> 1:34PM – 2:54PM   | <b>Krittika Until 1:40AM Tue</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:57AM       |
| <b>Family Home Evening</b>       |               | Yama 10:56AM – 12:15PM  | Shula* Until 8:10PM              | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM          |
| Routine Work                     | Marana Yoga   | <b>Rahu</b> 8:17AM – 9:36AM   | Bava Until 7:05AM                | <b>Nataraja:</b> White                              |
| Until 1:40AM Tue                 |               |   | <b>Ekadashi* Until 5:57PM</b>    | Moon – White  |
| Then Creative Work - Amrita Yoga |               |   |                                  | <b>Jyeshtha-Ani</b>                                 |
|                                  |               |   |                                  | <b>Devaloka Day</b>                                 |

|                                  |               |  |                                 |   |
|----------------------------------|---------------|--|---------------------------------|---|
| <b>3 Tuesday, July 10, 2018</b>  |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam |                                 | Johannesburg, ZA<br>Sun 11 Sutra 86<br>Vilamba 5120 |
| Wrishabha Rasi: 12.31            | Tithi 27 – 28 | <b>Gulika</b> 12:15PM – 1:35PM   | <b>Rohini Until 11:44PM</b>     | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:57AM   |
|                                  |               | Yama 9:36AM – 10:56AM  | Ganda* Until 4:52PM             | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM          |
|                                  | 432242361     | <b>Rahu</b> 2:54PM – 4:14PM  | Gara Until 1:44AM Wed           | <b>Nataraja:</b> White                              |
| Creative Work                    | Amrita Yoga   |  | <b>Dvadashi* Until 3:15PM</b>   | Moon – Yellow                                       |
| Until 11:44PM                    |               |  |                                 | <b>Jyeshtha-Ani</b>                                 |
| Then Creative Work - Siddha Yoga |               |  | <i>Pradosha Vrata (Fasting)</i> | <b>Bhuloka Day</b>                                  |
|                                  |               |  |                                 | <b>Devaloka Time: 12:PM to 3:PM</b>                 |

|                                   |               |  |                                  |   |
|-----------------------------------|---------------|--|----------------------------------|---|
| <b>4 Wednesday, July 11, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam |                                  | Johannesburg, ZA<br>Sun 12 Sutra 87<br>Vilamba 5120 |
| Wrishabha Rasi: 27.11             | Tithi 28 – 29 | <b>Gulika</b> 10:56AM – 12:15PM  | <b>Mrigashira Until 9:12PM</b>   | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:57AM   |
|                                   |               | Yama 8:17AM – 9:36AM   | Vridhhi Until 1:11PM             | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM          |
|                                   | 432242361     | <b>Rahu</b> 12:15PM – 1:35PM   | Visti Until 10:22PM              | <b>Nataraja:</b> White                              |
| Creative Work                     | Siddha Yoga   |  | <b>Trayodashi* Until 12:04PM</b> | Moon – Yellow                                       |
|                                   |               |  |                                  | <b>Jyeshtha-Ani</b>                                 |
|                                   |               |  |                                  | <b>Bhuloka Day</b>                                  |
|                                   |               |  |                                  | <b>Devaloka Time: 12:PM to 3:PM</b>                 |

|                                  |               |   |                                  |   |
|----------------------------------|---------------|---|----------------------------------|---|
| <b>Thursday, July 12, 2018</b>   |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam |                                  | Johannesburg, ZA<br>Sun 13 Sutra 88<br>Vilamba 5120 |
| <b>Retreat Star</b>              |               | Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau     |                                  |   |
| Mithuna Rasi: 12.1               | Tithi 29 – 30 | <b>Gulika</b> 9:36AM – 10:56AM  | <b>Ardra Until 6:17PM</b>        | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:57AM   |
|                                  |               | Yama 6:57AM – 8:17AM  | Dhruva Until 9:12AM              | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM          |
|                                  | 432242361     | <b>Rahu</b> 1:35PM – 2:55PM   | Catuspada Until 6:43PM           | <b>Nataraja:</b> White                              |
| Routine Work                     | Marana Yoga   |   | <b>Chaturdashi* Until 8:33AM</b> | Moon – Yellow                                       |
| Until 6:17PM                     |               |   |                                  | <b>Jyeshtha-Ani</b>                                 |
| Then Creative Work - Amrita Yoga |               |   |                                  | <b>Bhuloka Day</b>                                  |
|                                  |               |   |                                  | <b>Devaloka Time: 12:PM to 3:PM</b>                 |

|                                 |             |  |                                   |   |
|---------------------------------|-------------|--|-----------------------------------|---|
| <b>Friday, July 13, 2018</b>    |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |                                   | Johannesburg, ZA<br>Sun 14 Sutra 89<br>Vilamba 5120 |
| <b>Retreat Star</b>             |             | Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau                |                                   |   |
| Mithuna Rasi: 27.19             | Tithi 1     | <b>Gulika</b> 8:16AM – 9:36AM  | <b>Punarvasu Until 3:30PM</b>     | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:57AM       |
|                                 |             | Yama 2:55PM – 4:15PM   | Harshana Until 12:55AM Sat        | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM          |
|                                 | 442242361   | <b>Rahu</b> 10:56AM – 12:16PM  | Kintughna Until 2:58PM            | <b>Nataraja:</b> White                              |
| Creative Work                   | Siddha Yoga |  | <b>Prathama* Until 1:05AM Sat</b> | Moon – Blue   |
| Until 3:30PM                    |             | <b>Partial Solar Eclipse</b>   |                                   | <b>Ashada-Ani</b>                                   |
| Then Routine Work - Marana Yoga |             |  |                                   | <b>Bhuloka Day</b>                                  |
|                                 |             |  |                                   | <b>Devaloka Time: 12:PM to 3:PM</b>                 |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

|                                 |             |  |                             |   |                        |                              |  |  |
|---------------------------------|-------------|--|-----------------------------|---|------------------------|------------------------------|--|--|
| <b>1</b>                        |             | <b>Saturday, July 14, 2018</b>         |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        |                              | Johannesburg, ZA<br>Sun 15    Sutra 90 |  |
| Kataka Rasi: 12.29              | Tithi 2     | <b>Gulika</b> 6:57AM – 8:16AM          | <b>Pushya</b> Until 12:38PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:57AM | Vilamba 5120                 |  |  |
|                                 |             | Yama 1:36PM – 2:55PM                   | Vajra* Until 8:51PM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:35PM  | Moon 6 - Phase 13            |  |  |
|                                 |             | 442242361 <b>Rahu</b> 9:36AM – 10:56AM | Balava Until 11:16AM        | <b>Nataraja:</b> White  |                        | 3rd Phase                    |  |  |
| Creative Work                   | Siddha Yoga |  | Dvitiya Until 9:28PM        | Moon – Blue   |                        | <b>Bhuloka Day</b>           |  |  |
| Until 12:38PM                   |             |  |                             | <b>Ashada*Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM |  |  |
| Then Routine Work - Marana Yoga |             |  |                             |   |                        |                              |  |  |

|                                 |             |                                       |                               |  |                        |                              |  |  |
|---------------------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|------------------------------|--|--|
| <b>2</b>                        |             | <b>Sunday, July 15, 2018</b>          |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau |                        |                              | Johannesburg, ZA<br>Sun 16    Sutra 91 |  |
| Kataka Rasi: 27.31              | Tithi 3     | <b>Gulika</b> 2:56PM – 4:15PM         | <b>Ashlesha*</b> Until 9:51AM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:56AM | Vilamba 5120                 |  |  |
|                                 |             | Yama 12:16PM – 1:36PM                 | Siddhi Until 5:02PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:35PM  | Moon 6 - Phase 13            |  |  |
|                                 |             | 442242361 <b>Rahu</b> 4:15PM – 5:35PM | Taitila Until 7:46AM          | <b>Nataraja:</b> White   |                        | 3rd Phase                    |  |  |
| Creative Work                   | Siddha Yoga |                                       | Tritiya Until 6:07PM          | Moon – Blue  |                        | <b>Bhuloka Day</b>           |  |  |
| Until 9:51AM                    |             |                                       |                               | <b>Ashada*Ani</b>  |                        | Devaloka Time: 12:PM to 3:PM |  |  |
| Then Routine Work - Marana Yoga |             |                                       |                               |  |                        |                              |  |  |

|                                  |             |                                       |                            |   |                        |                              |  |  |
|----------------------------------|-------------|---------------------------------------|----------------------------|---|------------------------|------------------------------|--|--|
| <b>3</b>                         |             | <b>Monday, July 16, 2018</b>          |                            | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau |                        |                              | Johannesburg, ZA<br>Sun 17    Sutra 92 |  |
| Simha Rasi: 12.17                | Tithi 4 – 5 | <b>Gulika</b> 1:36PM – 2:56PM         | <b>Magha*</b> Until 7:43AM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:56AM | Vilamba 5120                 |  |  |
| <b>Family Home Evening</b>       |             | Yama 10:56AM – 12:16PM                | Vyatipata* Until 1:34PM    | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:36PM  | Moon 6 - Phase 13            |  |  |
|                                  |             | 453242361 <b>Rahu</b> 8:16AM – 9:36AM | Bava Until 1:57AM Tue      | <b>Nataraja:</b> White  |                        | 3rd Phase                    |  |  |
| Routine Work                     | Marana Yoga |                                       | Chaturthi* Until 3:12PM    | Moon – Red  |                        | <b>Bhuloka Day</b>           |  |  |
| Until 7:43AM                     |             |                                       |                            | <b>Ashada*Adi</b>   |                        | Devaloka Time: 12:PM to 3:PM |  |  |
| Then Creative Work - Siddha Yoga |             |                                       |                            |   |                        |                              |  |  |

|                                 |             |                                       |  |  |                        |                     |  |  |
|---------------------------------|-------------|---------------------------------------|--|--|------------------------|---------------------|--|--|
| <b>4</b>                        |             | <b>Tuesday, July 17, 2018</b>         |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        |                     | Johannesburg, ZA<br>Sun 18    Sutra 93 |  |
| Simha Rasi: 26.41               | Tithi 5 – 6 | <b>Gulika</b> 12:16PM – 1:36PM        | <b>Uttaraphalguni</b> Until 4:39AM Wed | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:56AM | Vilamba 5120        |  |  |
|                                 |             | Yama 9:36AM – 10:56AM                 | Varyan Until 10:31AM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:36PM  | Moon 6 - Phase 13   |  |  |
|                                 |             | 453242362 <b>Rahu</b> 2:56PM – 4:16PM | Kaulava Until 11:53PM                  | <b>Nataraja:</b> Clear   |                        | 3rd Phase           |  |  |
| Creative Work                   | Amrita Yoga |                                       | Panchami Until 12:49PM                 | Moon – Red   |                        | <b>Devaloka Day</b> |  |  |
| Until 4:39AM Wed                |             |                                       |  | <b>Ashada*Adi</b>  |                        |                     |  |  |
| Then Routine Work - Marana Yoga |             |                                       |  |  |                        |                     |  |  |

|                                  |             |  |                               |   |                        |                     |  |  |
|----------------------------------|-------------|--|-------------------------------|---|------------------------|---------------------|--|--|
| <b>5</b>                         |             | <b>Wednesday, July 18, 2018</b>        |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        |                     | Johannesburg, ZA<br>Sun 19    Sutra 94 |  |
| Kanya Rasi: 10.41                | Tithi 6 – 7 | <b>Gulika</b> 10:56AM – 12:16PM        | <b>Hasta</b> Until 4:20AM Thu | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:55AM | Vilamba 5120        |  |  |
|                                  |             | Yama 8:16AM – 9:36AM                   | Parigha* Until 8:01AM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:37PM  | Moon 6 - Phase 13   |  |  |
|                                  |             | 463242362 <b>Rahu</b> 12:16PM – 1:36PM | Gara Until 10:31PM            | <b>Nataraja:</b> Clear  |                        | 3rd Phase           |  |  |
| Routine Work                     | Marana Yoga |  | Shashthi* Until 11:06AM       | Moon – Green  |                        | <b>Sivaloka Day</b> |  |  |
| Until 4:20AM Thu                 |             |  |                               | <b>Ashada*Adi</b>   |                        |                     |  |  |
| Then Creative Work - Siddha Yoga |             |  |                               |   |                        |                     |  |  |

|                     |             |                                       |                                |  |                        |                     |  |  |
|---------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|---------------------|--|--|
| <b>Retreat Star</b> |             | <b>Thursday, July 19, 2018</b>        |                                | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau |                        |                     | Johannesburg, ZA<br>Sun 20    Sutra 95 |  |
| Kanya Rasi: 24.15   | Tithi 7 – 8 | <b>Gulika</b> 9:36AM – 10:56AM        | <b>Chitra</b> Until 4:37AM Fri | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:55AM | Vilamba 5120        |  |  |
|                     |             | Yama 6:55AM – 8:15AM                  | Shiva Until 6:06AM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:37PM  | Moon 6 - Phase 13   |  |  |
|                     |             | 463242362 <b>Rahu</b> 1:36PM – 2:57PM | Visti Until 9:52PM             | <b>Nataraja:</b> Clear   |                        | Ashtami             |  |  |
| Creative Work       | Siddha Yoga |                                       | Saptami Until 10:05AM          | Moon – Green   |                        | <b>Sivaloka Day</b> |  |  |
|                     |             |                                       |                                | <b>Ashada*Adi</b>  |                        |                     |  |  |
|                     |             |                                       |                                |  |                        |                     |  |  |

|                     |             |   |                               |  |                        |                     |  |  |
|---------------------|-------------|---|-------------------------------|--|------------------------|---------------------|--|--|
| <b>Retreat Star</b> |             | <b>Friday, July 20, 2018</b>            |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        |                     | Johannesburg, ZA<br>Sun 21    Sutra 96 |  |
| Tula Rasi: 7.25     | Tithi 8 – 9 | <b>Gulika</b> 8:15AM – 9:36AM           | <b>Svati</b> Until 5:26AM Sat | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:55AM | Vilamba 5120        |  |  |
|                     |             | Yama 2:57PM – 4:17PM                    | Sadhya Until 3:58AM Sat       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:38PM  | Moon 6 - Phase 13   |  |  |
|                     |             | 463242362 <b>Rahu</b> 10:56AM – 12:16PM | Balava Until 9:57PM           | <b>Nataraja:</b> Clear   |                        | Navami              |  |  |
| Creative Work       | Siddha Yoga |   | Ashtami* Until 9:48AM         | Moon – Green   |                        | <b>Sivaloka Day</b> |  |  |
|                     |             |   |                               | <b>Ashada*Adi</b>  |                        |                     |  |  |
|                     |             |   |                               |  |                        |                     |  |  |





**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Johannesburg, ZA  
Sun 1 Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 26.13 Tithi 17  
49342362 Rahu  
Routine Work Marana Yoga  
Until 3:03AM Mon  
Then Creative Work - Siddha Yoga

Gulika 2:59PM - 4:21PM  
Yama 12:16PM - 1:38PM  
Rahu 4:21PM - 5:42PM

**Dhanishtha Until 3:03AM Mon**  
Ayushman Until 9:29AM  
Taitila Until 2:06PM  
**Dvitiya Until 3:14AM Mon**

Ganesha: Blue Sunrise: 6:51AM  
Muruga: Clear Sunset: 5:42PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trilyayam Titau

Johannesburg, ZA  
Sun 2 Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 8.07 Tithi 18  
494342362 Rahu  
Family Home Evening  
Creative Work Siddha Yoga  
Until 5:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 1:38PM - 2:59PM  
Yama 10:55AM - 12:16PM  
Rahu 8:12AM - 9:33AM

**Shatabhishak Until 5:32AM Tue**  
Saubhagya Until 10:20AM  
Vanija Until 4:19PM  
**Tritiya Until 5:17AM Tue**

Ganesha: Blue Sunrise: 6:50AM  
Muruga: Clear Sunset: 5:43PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava Karana Chaturtham Titau

Johannesburg, ZA  
Sun 3 Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 20.08 Tithi 19  
414342362 Rahu  
Routine Work Marana Yoga  
Until 7:57AM Wed  
Then Creative Work - Siddha Yoga

Gulika 12:16PM - 1:38PM  
Yama 9:33AM - 10:55AM  
Rahu 3:00PM - 4:21PM

**Purvaprossthapada\* Until 7:57AM Wed**  
Sobhana Until 10:58AM  
Bava Until 6:11PM  
**Chaturthi\* Until 6:56AM Wed**

Ganesha: White Sunrise: 6:50AM  
Muruga: Clear Sunset: 5:43PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Johannesburg, ZA  
Sun 4 Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 2.19 Tithi 19 - 20  
414342362 Rahu  
Creative Work Amrita Yoga  
Until 7:57AM  
Then Creative Work - Siddha Yoga

Gulika 10:54AM - 12:16PM  
Yama 8:11AM - 9:33AM  
Rahu 12:16PM - 1:38PM

**Purvaprossthapada\* Until 7:57AM**  
Athiganda\* Until 11:14AM  
Kaulava Until 7:36PM  
**Chaturthi\* Until 6:56AM**

Ganesha: White Sunrise: 6:49AM  
Muruga: Clear Sunset: 5:44PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprossthapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Johannesburg, ZA  
Sun 5 Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 14.43 Tithi 20 - 21  
414342362 Rahu  
Creative Work Siddha Yoga

Gulika 9:32AM - 10:54AM  
Yama 6:48AM - 8:10AM  
Rahu 1:38PM - 3:00PM

**Uttaraprossthapada Until 9:43AM**  
Sukarma Until 11:07AM  
Gara Until 8:29PM  
**Panchami Until 8:06AM**

Ganesha: White Sunrise: 6:48AM  
Muruga: Clear Sunset: 5:44PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Johannesburg, ZA  
Sun 6 Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 27.22 Tithi 21 - 22  
414342362 Rahu  
Creative Work Siddha Yoga  
Until 10:46AM  
Then Creative Work - Amrita Yoga

Gulika 8:10AM - 9:32AM  
Yama 3:00PM - 4:22PM  
Rahu 10:54AM - 12:16PM

**Revati Until 10:46AM**  
Dhriti Until 10:34AM  
Visti Until 8:45PM  
**Shashthi\* Until 8:41AM**

Ganesha: White Sunrise: 6:48AM  
Muruga: Clear Sunset: 5:44PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Johannesburg, ZA  
Sun 7 Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 10.19 Tithi 22 - 23  
424342362 Rahu  
Creative Work Siddha Yoga

Gulika 6:47AM - 8:09AM  
Yama 1:38PM - 3:01PM  
Rahu 9:32AM - 10:54AM

**Ashvini Until 11:30AM**  
Shula\* Until 9:28AM  
Balava Until 8:21PM  
**Saptami Until 8:37AM**

Ganesha: Clear Sunrise: 6:47AM  
Muruga: Clear Sunset: 5:45PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Johannesburg, ZA  
Sun 8 Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 23.37 Tithi 23 - 24  
424342362 Rahu  
Routine Work Prabalarishta Yoga  
Until 11:24AM  
Then Creative Work - Siddha Yoga

Gulika 3:01PM - 4:23PM  
Yama 12:16PM - 1:38PM  
Rahu 4:23PM - 5:45PM

**Bharani Until 11:24AM**  
Ganda\* Until 7:50AM  
Taitila Until 7:16PM  
**Ashtami\* Until 7:53AM**

Ganesha: Clear Sunrise: 6:47AM  
Muruga: Clear Sunset: 5:45PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

|                                  |               |  |                                      |  |   |
|----------------------------------|---------------|--|--------------------------------------|--|---|
| <b>Monday, August 6, 2018</b>    |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vishti* Karana Navami/Dashamyam Titau |                                      |  | Johannesburg, ZA<br>Sun 9 Sutra 113<br>Vilamba 5120 |
| <b>1</b>                         |               | <b>Gulika</b> 1:38PM – 3:01PM  | <b>Krittika</b> <b>Until 10:29AM</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:46AM</i> |   |
| Vrishabha Rasi: 7.18             | Tithi 24 – 25 | Yama 10:53AM – 12:16PM   | Dhruva <b>Until 2:57AM</b> Tue       | <b>Muruqa:</b> Clear <i>Sunset: 5:46PM</i>   | Moon 7 - Phase 16                                   |
| <b>Family Home Evening</b>       | 424342362     | <b>Rahu</b> 8:08AM – 9:31AM  | Visti <b>Until 4:24AM</b> Tue        | <b>Nataraja:</b> Clear                       | 2nd Phase   |
| Routine Work Marana Yoga         |               |  | <b>Navami* Until 6:28AM</b>          | Moon – White                                 | <b>Sivaloka Day</b>                                 |
| Until 10:29AM                    |               |  |                                      | <b>Ashada-Adi</b>                            |   |
| Then Creative Work - Amrita Yoga |               |  |                                      |  |   |

|                                  |           |   |                                   |   |  |
|----------------------------------|-----------|---|-----------------------------------|---|--|
| <b>Tuesday, August 7, 2018</b>   |           | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau |                                   |   | Johannesburg, ZA<br>Sun 10 Sutra 114<br>Vilamba 5120 |
| <b>2</b>                         |           | <b>Gulika</b> 12:16PM – 1:38PM  | <b>Rohini</b> <b>Until 9:13AM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 6:45AM</i> |  |
| Vrishabha Rasi: 21.24            | Tithi 26  | Yama 9:30AM – 10:53AM   | Vyaghata* <b>Until 11:47PM</b>    | <b>Muruqa:</b> Clear <i>Sunset: 5:46PM</i>    | Moon 7 - Phase 16                                    |
|                                  | 434342362 | <b>Rahu</b> 3:01PM – 4:24PM   | Bava <b>Until 3:10PM</b>          | <b>Nataraja:</b> Clear                        | 2nd Phase  |
| Creative Work Amrita Yoga        |           |   | <b>Ekadashi* Until 1:46AM</b> Wed | Moon – Yellow                                 | <b>Devaloka Day</b>                                  |
| Until 9:13AM                     |           |   |                                   | <b>Ashada-Adi</b>                             |  |
| Then Creative Work - Siddha Yoga |           |   |                                   |   |  |

|                                  |           |   |                                       |   |  |
|----------------------------------|-----------|---|---------------------------------------|---|--|
| <b>Wednesday, August 8, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Tailita Karana Dvadashyam Titau |                                       |   | Johannesburg, ZA<br>Sun 11 Sutra 115<br>Vilamba 5120 |
| <b>3</b>                         |           | <b>Gulika</b> 10:53AM – 12:16PM   | <b>Mrigashira</b> <b>Until 7:16AM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 6:44AM</i> |  |
| Mithuna Rasi: 5.53               | Tithi 27  | Yama 8:07AM – 9:30AM  | Harshana <b>Until 8:13PM</b>          | <b>Muruqa:</b> Clear <i>Sunset: 5:47PM</i>    | Moon 7 - Phase 16                                    |
|                                  | 434342362 | <b>Rahu</b> 12:16PM – 1:38PM  | Kaulava <b>Until 12:17PM</b>          | <b>Nataraja:</b> Clear                        | 2nd Phase  |
| Creative Work Siddha Yoga        |           |   | <b>Dvadashi* Until 10:40PM</b>        | Moon – Yellow                                 | <b>Devaloka Day</b>                                  |
|                                  |           |   |                                       | <b>Ashada-Adi</b>                             |  |

|                                 |           |  |  |   |  |
|---------------------------------|-----------|--|--|---|--|
| <b>Thursday, August 9, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau |  |   | Johannesburg, ZA<br>Sun 12 Sutra 116<br>Vilamba 5120 |
| <b>4</b>                        |           | <b>Gulika</b> 9:30AM – 10:53AM   | <b>Punarvasu</b> <b>Until 2:12AM</b> Fri | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:44AM</i> |  |
| Mithuna Rasi: 20.41             | Tithi 28  | Yama 6:44AM – 8:07AM   | Vajra* <b>Until 4:21PM</b>               | <b>Muruqa:</b> Clear <i>Sunset: 5:47PM</i>        | Moon 7 - Phase 16                                    |
|                                 | 444342362 | <b>Rahu</b> 1:38PM – 3:01PM  | Gara <b>Until 9:00AM</b>                 | <b>Nataraja:</b> Clear                            | 2nd Phase  |
| Creative Work Amrita Yoga       |           |  | <b>Trayodashi* Until 7:14PM</b>          | Moon – Blue                                       | <b>Devaloka Day</b>                                  |
| Until 2:12AM Fri                |           |  |  | <b>Ashada-Adi</b>                                 |  |
| Then Routine Work - Marana Yoga |           |  |  |   |  |
|                                 |           |  |  | <i>Pradosha Vrata (Fasting)</i>                   |  |

|                                |               |  |                                    |   |  |
|--------------------------------|---------------|--|------------------------------------|---|--|
| <b>Friday, August 10, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                    |   | Johannesburg, ZA<br>Sun 13 Sutra 117<br>Vilamba 5120 |
| <b>5</b>                       |               | <b>Gulika</b> 8:06AM – 9:29AM  | <b>Pushya</b> <b>Until 11:22PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:43AM</i> |  |
| Kataka Rasi: 5.43              | Tithi 29 – 30 | Yama 3:02PM – 4:25PM   | Siddhi <b>Until 12:18PM</b>        | <b>Muruqa:</b> Clear <i>Sunset: 5:48PM</i>        | Moon 7 - Phase 16                                    |
|                                | 444342362     | <b>Rahu</b> 10:52AM – 12:15PM  | Catuspada <b>Until 1:48AM</b> Sat  | <b>Nataraja:</b> Clear                            | 2nd Phase  |
| Routine Work Marana Yoga       |               |  | <b>Chaturdashi* Until 3:37PM</b>   | Moon – Blue                                       | <b>Devaloka Day</b>                                  |
|                                |               |  |                                    | <b>Ashada-Adi</b>                                 |  |

|                                  |              |  |                                      |   |  |
|----------------------------------|--------------|--|--------------------------------------|---|--|
| <b>Saturday, August 11, 2018</b> |              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                      |   | Johannesburg, ZA<br>Sun 14 Sutra 118<br>Vilamba 5120 |
| <b>Retreat Star</b>              |              | <b>Gulika</b> 6:42AM – 8:05AM  | <b>Ashlesha*</b> <b>Until 8:25PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:42AM</i> |  |
| Kataka Rasi: 20.5                | Tithi 30 – 1 | Yama 1:38PM – 3:02PM   | Vyatipata* <b>Until 8:12AM</b>       | <b>Muruqa:</b> Clear <i>Sunset: 5:48PM</i>        | Moon 7 - Phase 16                                    |
|                                  | 444342362    | <b>Rahu</b> 9:29AM – 10:52AM   | Kintughna <b>Until 10:10PM</b>       | <b>Nataraja:</b> Clear                            | Amavasya   |
| Routine Work Marana Yoga         |              |  | <b>Amavasya* Until 11:57AM</b>       | Moon – Blue                                       | <b>Devaloka Day</b>                                  |
| Until 8:25PM                     |              |  |                                      | <b>Ashada-Adi</b>                                 |  |
| Then Creative Work - Amrita Yoga |              |  |                                      |   |  |
|                                  |              |  |                                      | <b>Partial Solar Eclipse</b>                      |  |

|                                  |             |  |                                   |  |  |
|----------------------------------|-------------|--|-----------------------------------|--|--|
| <b>Sunday, August 12, 2018</b>   |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                   |  | Johannesburg, ZA<br>Sun 15 Sutra 119<br>Vilamba 5120 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 3:02PM – 4:25PM  | <b>Magha*</b> <b>Until 5:56PM</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:41AM</i> |  |
| Simha Rasi: 5.54                 | Tithi 1 – 2 | Yama 12:15PM – 1:38PM  | Parigha* <b>Until 12:19AM</b> Mon | <b>Muruqa:</b> Clear <i>Sunset: 5:49PM</i>   | Moon 7 - Phase 16                                    |
|                                  | 455342362   | <b>Rahu</b> 4:25PM – 5:49PM  | Balava <b>Until 6:44PM</b>        | <b>Nataraja:</b> Clear                       | Prathama   |
| Routine Work Marana Yoga         |             |  | <b>Prathama* Until 8:24AM</b>     | Moon – Red                                   | <b>Sivaloka Day</b>                                  |
| Until 5:56PM                     |             |  |                                   | <b>Sravana-Adi</b>                           |  |
| Then Creative Work - Siddha Yoga |             |  |                                   |  |  |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

|                            |             |                                |                   |  |                        |                        |  |  |
|----------------------------|-------------|--------------------------------|-------------------|--|------------------------|------------------------|--|--|
| <b>1</b>                   |             | <b>Monday, August 13, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Trilayam Titau |                        |                        | Johannesburg, ZA<br>Sun 16 Sutra 120<br>Vilamba 5120 |  |
| Simha Rasi: 20.46          | Tithi 3     | <b>Gulika</b>                  | 1:38PM – 3:02PM   | <b>Purvaphalguni Until 3:38PM</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:41AM |  |  |
| <b>Family Home Evening</b> | 455342362   | Yama                           | 10:51AM – 12:15PM | Shiva Until 8:49PM   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:49PM  | Moon 7 - Phase 17                                    |  |
| Creative Work              | Siddha Yoga | <b>Rahu</b>                    | 8:04AM – 9:28AM   | Taitila Until 3:39PM   | <b>Nataraja:</b> Clear |                        | 3rd Phase  |  |
|                            |             |                                |                   | <b>Tritiya Until 2:16AM Tue</b>  | Moon – Red             |                        | <b>Sivaloka Day</b>                                  |  |
|                            |             |                                |                   |  | <b>Sravana-Adi</b>     |                        |  |  |

|                                  |             |                                 |                  |  |                        |                        |  |  |
|----------------------------------|-------------|---------------------------------|------------------|--|------------------------|------------------------|--|--|
| <b>2</b>                         |             | <b>Tuesday, August 14, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Chaturtham Titau |                        |                        | Johannesburg, ZA<br>Sun 17 Sutra 121<br>Vilamba 5120 |  |
| Kanya Rasi: 5.19                 | Tithi 4     | <b>Gulika</b>                   | 12:15PM – 1:38PM | <b>Uttaraphalguni Until 1:42PM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:40AM |  |  |
|                                  | 455342362   | Yama                            | 9:27AM – 10:51AM | Siddha Until 5:44PM  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:50PM  | Moon 7 - Phase 17                                    |  |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                     | 3:02PM – 4:26PM  | Vanija Until 1:03PM  | <b>Nataraja:</b> Clear |                        | 3rd Phase  |  |
| Until 1:42PM                     |             |                                 |                  | <b>Chaturthi* Until 11:58PM</b>  | Moon – Red             |                        | <b>Sivaloka Day</b>                                  |  |
| Then Creative Work - Siddha Yoga |             |                                 |                  |  | <b>Sravana-Adi</b>     |                        |  |  |

|                                  |             |                                   |                   |   |                        |                        |  |  |
|----------------------------------|-------------|-----------------------------------|-------------------|---|------------------------|------------------------|--|--|
| <b>3</b>                         |             | <b>Wednesday, August 15, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau |                        |                        | Johannesburg, ZA<br>Sun 18 Sutra 122<br>Vilamba 5120 |  |
| Kanya Rasi: 19.28                | Tithi 5     | <b>Gulika</b>                     | 10:51AM – 12:15PM | <b>Hasta Until 12:42PM</b>  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:39AM |  |  |
|                                  | 465342362   | Yama                              | 8:03AM – 9:27AM   | Sadhya Until 3:12PM   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:50PM  | Moon 7 - Phase 17                                    |  |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                       | 12:15PM – 1:38PM  | Bava Until 11:05AM  | <b>Nataraja:</b> Clear |                        | 3rd Phase  |  |
| Until 12:42PM                    |             | <b>Nag Panchami</b>               |                   | <b>Panchami Until 10:22PM</b>   | Moon – Green           |                        | <b>Subha Sivaloka Day</b>                            |  |
| Then Creative Work - Siddha Yoga |             |                                   |                   |   | <b>Sravana-Adi</b>     |                        |  |  |

|                                  |             |                                  |                  |   |                        |                        |  |  |
|----------------------------------|-------------|----------------------------------|------------------|---|------------------------|------------------------|--|--|
| <b>4</b>                         |             | <b>Thursday, August 16, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau |                        |                        | Johannesburg, ZA<br>Sun 19 Sutra 123<br>Vilamba 5120 |  |
| Tula Rasi: 3.09                  | Tithi 6     | <b>Gulika</b>                    | 9:26AM – 10:50AM | <b>Chitra Until 12:17PM</b>   | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:38AM |  |  |
|                                  | 465342362   | Yama                             | 6:38AM – 8:02AM  | Subha Until 1:17PM  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:51PM  | Moon 7 - Phase 17                                    |  |
| Creative Work                    | Siddha Yoga | <b>Rahu</b>                      | 1:38PM – 3:02PM  | Kaulava Until 9:52AM  | <b>Nataraja:</b> Clear |                        | 3rd Phase  |  |
| Until 12:17PM                    |             |                                  |                  | <b>Shashthi* Until 9:32PM</b>   | Moon – Green           |                        | <b>Subha Sivaloka Day</b>                            |  |
| Then Creative Work - Amrita Yoga |             |                                  |                  |   | <b>Sravana-Adi</b>     |                        |  |  |

|                  |             |                                |                   |  |                        |                        |  |  |
|------------------|-------------|--------------------------------|-------------------|--|------------------------|------------------------|--|--|
| <b>5</b>         |             | <b>Friday, August 17, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau |                        |                        | Johannesburg, ZA<br>Sun 20 Sutra 124<br>Vilamba 5120 |  |
| Tula Rasi: 16.23 | Tithi 7     | <b>Gulika</b>                  | 8:01AM – 9:26AM   | <b>Svati Until 12:30PM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:37AM |  |  |
|                  | 565342362   | Yama                           | 3:03PM – 4:27PM   | Sukla Until 12:00PM  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:51PM  | Moon 7 - Phase 17                                    |  |
| Creative Work    | Siddha Yoga | <b>Rahu</b>                    | 10:50AM – 12:14PM | Gara Until 9:26AM  | <b>Nataraja:</b> Clear |                        | 3rd Phase  |  |
|                  |             |                                |                   | <b>Saptami Until 9:31PM</b>  | Moon – Green           |                        | <b>Sivaloka Day</b>                                  |  |
|                  |             |                                |                   |  | <b>Sravana-Avani</b>   |                        |  |  |

|                     |             |                                  |                  |  |                        |                        |  |  |
|---------------------|-------------|----------------------------------|------------------|--|------------------------|------------------------|--|--|
| <b>Retreat Star</b> |             | <b>Saturday, August 18, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau |                        |                        | Johannesburg, ZA<br>Sun 21 Sutra 125<br>Vilamba 5120 |  |
| Tula Rasi: 29.13    | Tithi 8     | <b>Gulika</b>                    | 6:36AM – 8:01AM  | <b>Vishakha Until 1:49PM</b>   | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:36AM |  |  |
|                     | 575342362   | Yama                             | 1:38PM – 3:03PM  | Brahma Until 11:21AM   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:51PM  | Moon 7 - Phase 17                                    |  |
| Creative Work       | Siddha Yoga | <b>Rahu</b>                      | 9:25AM – 10:50AM | Visti Until 9:50AM   | <b>Nataraja:</b> Clear |                        | Ashtami  |  |
|                     |             |                                  |                  | <b>Ashtami* Until 10:17PM</b>  | Moon – Orange          |                        | <b>Subha Sivaloka Day</b>                            |  |
|                     |             |                                  |                  |  | <b>Sravana-Avani</b>   |                        |  |  |

|                       |             |                                |                  |  |                        |                        |  |  |
|-----------------------|-------------|--------------------------------|------------------|--|------------------------|------------------------|--|--|
| <b>Retreat Star</b>   |             | <b>Sunday, August 19, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau |                        |                        | Johannesburg, ZA<br>Sun 22 Sutra 126<br>Vilamba 5120 |  |
| Vrischika Rasi: 11.42 | Tithi 9     | <b>Gulika</b>                  | 3:03PM – 4:27PM  | <b>Anuradha Until 3:42PM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:35AM |  |  |
|                       | 575442362   | Yama                           | 12:14PM – 1:38PM | Indra Until 11:18AM  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:52PM  | Moon 7 - Phase 17                                    |  |
| Routine Work          | Marana Yoga | <b>Rahu</b>                    | 4:27PM – 5:52PM  | Balava Until 10:58AM   | <b>Nataraja:</b> Clear |                        | Navami   |  |
|                       |             |                                |                  | <b>Navami* Until 11:45PM</b>   | Moon – Orange          |                        | <b>Sivaloka Day</b>                                  |  |
|                       |             |                                |                  |  | <b>Sravana-Avani</b>   |                        |  |  |

|                                |  |   |  |   |   |
|--------------------------------|--|---|--|---|---|
| <b>Monday, August 20, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau |  |   | Johannesburg, ZA<br>Sun 23 Sutra 127<br>Vilamba 5120  |
| <b>1</b>                       | Vrischika Rasi: 23.53 Tithi 10<br>Family Home Evening<br>Creative Work Siddha Yoga | <b>Gulika</b> 1:38PM – 3:03PM<br>Yama 10:49AM – 12:13PM<br><b>Rahu</b> 7:59AM – 9:24AM  | <b>Jyeshtha* Until 6:00PM</b><br>Vaidhriti* Until 11:42AM<br>Taitila Until 12:44PM<br>Dashami Until 1:47AM Tue | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:52PM<br><b>Nataraja:</b> Clear<br>Moon – Orange | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
| <b>Sravana-Avani</b>           |  |   |  |   |   |

|                                 |   |   |  |   |   |
|---------------------------------|---|---|--|---|---|
| <b>Tuesday, August 21, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau |  |   | Johannesburg, ZA<br>Sun 24 Sutra 128<br>Vilamba 5120  |
| <b>2</b>                        | Dhanus Rasi: 5.53 Tithi 11<br>Creative Work Amrita Yoga<br>Until 9:02PM<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 12:13PM – 1:38PM<br>Yama 9:23AM – 10:48AM<br><b>Rahu</b> 3:03PM – 4:28PM  | <b>Mula* Until 9:02PM</b><br>Vishkambha* Until 12:29PM<br>Vanija Until 2:58PM<br>Ekadashi Until 4:11AM Wed | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:34AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:53PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
| <b>Sravana-Avani</b>            |   |   |  |   |   |

|                                   |  |   |   |   |   |
|-----------------------------------|--|---|---|---|---|
| <b>Wednesday, August 22, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau |   |   | Johannesburg, ZA<br>Sun 25 Sutra 129<br>Vilamba 5120  |
| <b>3</b>                          | Dhanus Rasi: 17.44 Tithi 12<br>Creative Work Amrita Yoga<br>Until 12:08AM Thu<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 10:48AM – 12:13PM<br>Yama 7:58AM – 9:23AM<br><b>Rahu</b> 12:13PM – 1:38PM   | <b>Purvashadha* Until 12:08AM Thu</b><br>Priti Until 1:31PM<br>Bava Until 5:29PM<br>Dvadashi Until 6:46AM Thu | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:33AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:53PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
| <b>Sravana-Avani</b>              |  |   |   |   |   |

|                                  |  |  |  |   |   |
|----------------------------------|--|--|--|---|---|
| <b>Thursday, August 23, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau |  |   | Johannesburg, ZA<br>Sun 26 Sutra 130<br>Vilamba 5120  |
| <b>4</b>                         | Dhanus Rasi: 29.32 Tithi 12 – 13<br>Routine Work Marana Yoga | <b>Gulika</b> 9:22AM – 10:47AM<br>Yama 6:32AM – 7:57AM<br><b>Rahu</b> 1:38PM – 3:03PM  | <b>Uttarashadha Until 3:07AM Fri</b><br>Ayushman Until 2:35PM<br>Kaulava Until 8:06PM<br>Dvadashi Until 6:46AM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:32AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:54PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
| <b>Sravana-Avani</b>             |  |  |  |   |   |

*Pradosha Vrata*

|                                |   |   |   |   |   |
|--------------------------------|---|---|---|---|---|
| <b>Friday, August 24, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |   |   | Johannesburg, ZA<br>Sun 27 Sutra 131<br>Vilamba 5120        |
| <b>5</b>                       | Makara Rasi: 11.2 Tithi 13 – 14<br>Routine Work Marana Yoga<br>Until 6:19AM Sat<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 7:56AM – 9:22AM<br>Yama 3:03PM – 4:29PM<br><b>Rahu</b> 10:47AM – 12:12PM  | <b>Shravana Until 6:19AM Sat</b><br>Saubhagya Until 3:39PM<br>Gara Until 10:38PM<br>Trayodashi Until 9:22AM | <b>Ganesha:</b> White <i>Sunrise:</i> 6:31AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:54PM<br><b>Nataraja:</b> Clear<br>Moon – Purple | Moon 7 - Phase 18<br>4th Phase<br><b>Subha Sivaloka Day</b> |
| <b>Sravana-Avani</b>           |   |   |   |   |   |

|                                  |  |  |   |   |   |
|----------------------------------|--|--|---|---|---|
| <b>Saturday, August 25, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |   |   | Johannesburg, ZA<br>Sutra 132<br>Vilamba 5120             |
| <b>○</b>                         | <b>Copper Retreat Star</b><br>Makara Rasi: 23.1 Tithi 14 – 15<br>Creative Work Siddha Yoga | <b>Gulika</b> 6:30AM – 7:55AM<br>Yama 1:38PM – 3:03PM<br><b>Rahu</b> 9:21AM – 10:47AM  | <b>Shravana Until 6:19AM</b><br>Sobhana Until 4:36PM<br>Visti Until 12:58AM Sun<br>Chaturdashi* Until 11:49AM | <b>Ganesha:</b> White <i>Sunrise:</i> 6:30AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:54PM<br><b>Nataraja:</b> Clear<br>Moon – Purple | Moon 7 - Phase 18<br>Purnima<br><b>Subha Sivaloka Day</b> |
| <b>Avani Avittam</b>             |  |  |   |   |   |

|                                |   |   |   |   |  |
|--------------------------------|---|---|---|---|--|
| <b>Sunday, August 26, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau |   |   | Johannesburg, ZA<br>Sutra 133<br>Vilamba 5120              |
| <b>○</b>                       | <b>Silver Retreat Star</b><br>Kumbha Rasi: 5.06 Tithi 15 – 16<br>Routine Work Marana Yoga<br>Until 9:07AM<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 3:03PM – 4:29PM<br>Yama 12:12PM – 1:38PM<br><b>Rahu</b> 4:29PM – 5:55PM   | <b>Dhanishtha Until 9:07AM</b><br>Athiganda* Until 5:17PM<br>Balava Until 2:58AM Mon<br>Purnima* Until 1:59PM | <b>Ganesha:</b> White <i>Sunrise:</i> 6:29AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:55PM<br><b>Nataraja:</b> Clear<br>Moon – Purple | Moon 7 - Phase 18<br>Prathama<br><b>Subha Sivaloka Day</b> |
| <b>Sravana-Avani</b>           |   |   |   |   |  |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Johannesburg, ZA

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.1 Tithi 16 - 17

Family Home Evening 596442362

Creative Work Siddha Yoga

Until 11:25AM

Then Routine Work - Marana Yoga

Gulika

1:38PM - 3:03PM

Yama

10:46AM - 12:12PM

Rahu

7:54AM - 9:20AM

Shatabhishak Until 11:25AM

Sukarma Until 5:43PM

Taitila Until 4:35AM Tue

Prathama\* Until 3:48PM

Ganesha: White

Sunrise: 6:28AM

Muruqa: Clear

Sunset: 5:55PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Subha Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Johannesburg, ZA

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.23 Tithi 17 - 18

517452363

Routine Work Marana Yoga

Until 1:39PM

Then Creative Work - Amrita Yoga

Gulika

12:11PM - 1:37PM

Yama

9:19AM - 10:45AM

Rahu

3:04PM - 4:30PM

Purvaprosarthapada\* Until 1:39PM

Dhriti Until 5:50PM

Vanija Until 5:46AM Wed

Dvitiya Until 5:12PM

Ganesha: Clear

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 5:56PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\* Karana Tritiyayam Titau

Johannesburg, ZA

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.47 Tithi 18

517452363

Creative Work Siddha Yoga

Until 3:18PM

Then Routine Work - Marana Yoga

Gulika

10:45AM - 12:11PM

Yama

7:52AM - 9:18AM

Rahu

12:11PM - 1:37PM

Uttaraprosarthapada Until 3:18PM

Shula\* Until 5:34PM

Visti Until 6:10PM

Tritiya Until 6:10PM

Ganesha: Clear

Sunrise: 6:26AM

Muruqa: Purple

Sunset: 5:56PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Chaturthyam Titau

Johannesburg, ZA

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.24 Tithi 19

517452363

Creative Work Siddha Yoga

Until 4:21PM

Then Creative Work - Amrita Yoga

Gulika

9:18AM - 10:44AM

Yama

6:25AM - 7:51AM

Rahu

1:37PM - 3:04PM

Revati Until 4:21PM

Ganda\* Until 4:58PM

Bava Until 6:30AM

Chaturthi\* Until 6:41PM

Ganesha: Clear

Sunrise: 6:25AM

Muruqa: Purple

Sunset: 5:57PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Johannesburg, ZA

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.13 Tithi 20

527452363

Creative Work Amrita Yoga

Until 5:16PM

Then Creative Work - Siddha Yoga

Gulika

7:51AM - 9:17AM

Yama

3:04PM - 4:30PM

Rahu

10:44AM - 12:10PM

Ashvini Until 5:16PM

Vridhhi Until 4:01PM

Kaulava Until 6:47AM

Panchami Until 6:43PM

Ganesha: Purple

Sunrise: 6:24AM

Muruqa: Purple

Sunset: 5:57PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Johannesburg, ZA

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.17 Tithi 21

527452363

Creative Work Siddha Yoga

Until 5:32PM

Then Creative Work - Amrita Yoga

Gulika

6:23AM - 7:50AM

Yama

1:37PM - 3:04PM

Rahu

9:16AM - 10:43AM

Bharani Until 5:32PM

Dhruva Until 2:40PM

Gara Until 6:35AM

Shashthi\* Until 6:17PM

Ganesha: Purple

Sunrise: 6:23AM

Muruqa: Purple

Sunset: 5:57PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Johannesburg, ZA

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Virshabha Rasi: 3.37 Tithi 22 - 23

527452363

Creative Work Siddha Yoga

Gulika

3:04PM - 4:31PM

Yama

12:10PM - 1:37PM

Rahu

4:31PM - 5:58PM

Krittika Until 5:11PM

Vyaghata\* Until 12:55PM

Balava Until 4:41AM Mon

Saptami Until 5:20PM

Ganesha: Purple

Sunrise: 6:22AM

Muruqa: Purple

Sunset: 5:58PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Johannesburg, ZA

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Virshabha Rasi: 17.13 Tithi 23 - 24

Family Home Evening 537452363

Creative Work Amrita Yoga

Gulika

1:37PM - 3:04PM

Yama

10:42AM - 12:09PM

Rahu

7:48AM - 9:15AM

Rohini Until 4:36PM

Harshana Until 10:47AM

Taitila Until 3:00AM Tue

Ashtami\* Until 3:53PM

Ganesha: Clear

Sunrise: 6:21AM

Muruqa: Purple

Sunset: 5:58PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Johannesburg, ZA

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.07 Tithi 24 - 25

538452363

Creative Work Siddha Yoga

Until 3:24PM

Then Routine Work - Marana Yoga

Gulika

12:09PM - 1:37PM

Yama

9:14AM - 10:42AM

Rahu

3:04PM - 4:31PM

Mrigashira Until 3:24PM

Vajra\* Until 8:12AM

Vanija Until 12:49AM Wed

Navami\* Until 1:57PM

Ganesha: White

Sunrise: 6:20AM

Muruqa: Purple

Sunset: 5:59PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

|          |                                     |               |  |                             |                         |                        |   |
|----------|-------------------------------------|---------------|--|-----------------------------|-------------------------|------------------------|---|
| <b>1</b> | <b>Wednesday, September 5, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau |                             |                         |                        | Johannesburg, ZA<br>Sun 9 Sutra 143<br>Vilamba 5120 |
|          | Mithuna Rasi: 15.2                  | Tithi 25 – 26 | <b>Gulika</b> 10:41AM – 12:09PM  | <b>Ardra</b> Until 1:37PM   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:19AM |   |
|          |                                     |               | Yama 7:46AM – 9:14AM   | Vyatipata* Until 2:00AM Thu | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:59PM  | Moon 8 - Phase 20                                   |
|          | Creative Work                       | Siddha Yoga   | 538452363 <b>Rahu</b> 12:09PM – 1:36PM   | Bava Until 10:13PM          | <b>Nataraja:</b> Purple |                        | 2nd Phase   |
|          |                                     |               | <b>Dashami</b> Until 11:33AM   | Moon – Yellow               |                         | <b>Devaloka Day</b>    |   |
|          |                                     |               |  | <b>Sravana-Avani</b>        |                         |                        |   |

|          |                                    |               |   |                                |                         |                                     |  |
|----------|------------------------------------|---------------|---|--------------------------------|-------------------------|-------------------------------------|--|
| <b>2</b> | <b>Thursday, September 6, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                |                         |                                     | Johannesburg, ZA<br>Sun 10 Sutra 144<br>Vilamba 5120 |
|          | Mithuna Rasi: 29.5                 | Tithi 26 – 27 | <b>Gulika</b> 9:13AM – 10:41AM  | <b>Punarvasu</b> Until 11:43AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:18AM              |  |
|          |                                    |               | Yama 6:18AM – 7:45AM  | Variyan Until 10:27PM          | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:59PM               | Moon 8 - Phase 20                                    |
|          | Creative Work                      | Amrita Yoga   | 548452363 <b>Rahu</b> 1:36PM – 3:04PM   | Kaulava Until 7:17PM           | <b>Nataraja:</b> Purple |                                     | 2nd Phase  |
|          |                                    |               | <b>Ekadashi*</b> Until 8:46AM   | Moon – Blue                    |                         | <b>Bhuloka Day</b>                  |  |
|          |                                    |               |   | <b>Sravana-Avani</b>           |                         | <b>Devaloka Time: 9:AM to 12:PM</b> |  |

|          |                                  |             |   |                                 |                         |                                     |  |
|----------|----------------------------------|-------------|---|---------------------------------|-------------------------|-------------------------------------|--|
| <b>3</b> | <b>Friday, September 7, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau |                                 |                         |                                     | Johannesburg, ZA<br>Sun 11 Sutra 145<br>Vilamba 5120 |
|          | Kataka Rasi: 14.33               | Tithi 28    | <b>Gulika</b> 7:44AM – 9:12AM   | <b>Pushya</b> Until 9:24AM      | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:17AM              |  |
|          |                                  |             | Yama 3:04PM – 4:32PM  | Parigha* Until 6:43PM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:00PM               | Moon 8 - Phase 20                                    |
|          | Routine Work                     | Marana Yoga | 548452363 <b>Rahu</b> 10:40AM – 12:08PM   | Gara Until 4:07PM               | <b>Nataraja:</b> Purple |                                     | 2nd Phase  |
|          |                                  |             | <b>Trayodashi*</b> Until 2:28AM Sat   | Moon – Blue                     |                         | <b>Bhuloka Day</b>                  |  |
|          |                                  |             |   | <b>Sravana-Avani</b>            |                         | <b>Devaloka Time: 9:AM to 12:PM</b> |  |
|          |                                  |             |   | <i>Pradosha Vrata (Fasting)</i> |                         |                                     |  |

|          |                                    |             |   |                               |                         |                                     |  |
|----------|------------------------------------|-------------|---|-------------------------------|-------------------------|-------------------------------------|--|
| <b>4</b> | <b>Saturday, September 8, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                               |                         |                                     | Johannesburg, ZA<br>Sun 12 Sutra 146<br>Vilamba 5120 |
|          | Kataka Rasi: 29.24                 | Tithi 29    | <b>Gulika</b> 6:15AM – 7:44AM   | <b>Ashlesha*</b> Until 6:49AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:15AM              |  |
|          |                                    |             | Yama 1:36PM – 3:04PM  | Shiva Until 2:56PM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:00PM               | Moon 8 - Phase 20                                    |
|          | Routine Work                       | Marana Yoga | 548452363 <b>Rahu</b> 9:12AM – 10:40AM  | Visti Until 12:50PM           | <b>Nataraja:</b> Purple |                                     | 2nd Phase  |
|          |                                    |             | <b>Chaturdashi*</b> Until 11:11PM   | Moon – Blue                   |                         | <b>Bhuloka Day</b>                  |  |
|          |                                    |             |   | <b>Sravana-Avani</b>          |                         | <b>Devaloka Time: 9:AM to 12:PM</b> |  |
|          |                                    |             |   |                               |                         |                                     |  |

|  |                                  |             |   |                                       |                         |                                     |  |
|--|----------------------------------|-------------|---|---------------------------------------|-------------------------|-------------------------------------|--|
|  | <b>Sunday, September 9, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                       |                         |                                     | Johannesburg, ZA<br>Sun 13 Sutra 147<br>Vilamba 5120 |
|  | <b>Retreat Star</b>              |             | <b>Gulika</b> 3:04PM – 4:32PM   | <b>Purvaphalguni</b> Until 2:08AM Mon | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 6:14AM              |  |
|  | Simha Rasi: 14.16                | Tithi 30    | Yama 12:07PM – 1:36PM   | Siddha Until 11:09AM                  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:01PM               | Moon 8 - Phase 20                                    |
|  | Creative Work                    | Siddha Yoga | 558452363 <b>Rahu</b> 4:32PM – 6:01PM   | Catuspada Until 9:35AM                | <b>Nataraja:</b> Purple |                                     | Amavasya   |
|  |                                  |             | <b>Amavasya*</b> Until 8:00PM   | Moon – Red                            |                         | <b>Bhuloka Day</b>                  |  |
|  |                                  |             |   | <b>Sravana-Avani</b>                  |                         | <b>Devaloka Time: 9:AM to 12:PM</b> |  |
|  |                                  |             |   |                                       |                         |                                     |  |

|                                   |                            |             |   |                                     |                         |                        |  |
|-----------------------------------|----------------------------|-------------|---|-------------------------------------|-------------------------|------------------------|--|
| <b>Monday, September 10, 2018</b> | <b>Retreat Star</b>        |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau |                                     |                         |                        | Johannesburg, ZA<br>Sun 14 Sutra 148<br>Vilamba 5120 |
|                                   | Simha Rasi: 29.01          | Tithi 1 – 2 | <b>Gulika</b> 1:36PM – 3:04PM   | <b>Uttaraphalguni</b> Until 11:58PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:13AM |  |
|                                   | <b>Family Home Evening</b> |             | Yama 10:39AM – 12:07PM  | Sadhya Until 7:32AM                 | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:01PM  | Moon 8 - Phase 20                                    |
|                                   | Creative Work              | Siddha Yoga | 559452363 <b>Rahu</b> 7:42AM – 9:10AM   | Kintughna Until 6:31AM              | <b>Nataraja:</b> Purple |                        | Prathama   |
|                                   |                            |             | <b>Prathama*</b> Until 5:04PM   | Moon – Red                          |                         | <b>Bhuloka Day</b>     |  |
|                                   |                            |             |   | <b>Bhadrapada-Avani</b>             |                         |                        |  |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

|   |                                    |                             |   |                                   |  |
|---|------------------------------------|-----------------------------|---|-----------------------------------|--|
| 1 | <b>Tuesday, September 11, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                   | Johannesburg, ZA<br>Sun 15 Sutra 149<br>Vilamba 5120 |
|   | Kanya Rasi: 13.31                  | Tithi 2 – 3                 | <b>Gulika</b> 12:07PM – 1:35PM  | <b>Hasta</b> <b>Until 10:33PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:12AM          |
|   | 569452363                          | <b>Rahu</b> 3:04PM – 4:33PM | Yama 9:09AM – 10:38AM   | Sukla <b>Until 1:17AM</b> Wed     | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:01PM          |
|   | Creative Work Siddha Yoga          |                             |   | Taitila <b>Until 1:31AM</b> Wed   | <b>Nataraja:</b> Purple<br>Moon – Green              |
|   |                                    |                             | <b>Dvitiya</b> <b>Until 2:34PM</b>  | <b>Bhadrpada-Avani</b>            | <b>Bhuloka Day</b><br>Moon 8 - Phase 21<br>3rd Phase |

|   |                                      |                              |  |                                   |  |
|---|--------------------------------------|------------------------------|--|-----------------------------------|--|
| 2 | <b>Wednesday, September 12, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                                   | Johannesburg, ZA<br>Sun 16 Sutra 150<br>Vilamba 5120 |
|   | Kanya Rasi: 27.41                    | Tithi 3 – 4                  | <b>Gulika</b> 10:38AM – 12:06PM  | <b>Chitra</b> <b>Until 9:35PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:11AM          |
|   | 569452363                            | <b>Rahu</b> 12:06PM – 1:35PM | Yama 7:40AM – 9:09AM   | Brahma <b>Until 10:53PM</b>       | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:02PM          |
|   | Creative Work Siddha Yoga            |                              |  | Vanija <b>Until 11:54PM</b>       | <b>Nataraja:</b> Purple<br>Moon – Green              |
|   |                                      |                              | <b>Tritiya</b> <b>Until 12:37PM</b>  | <b>Bhadrpada-Avani</b>            | <b>Bhuloka Day</b><br>Moon 8 - Phase 21<br>3rd Phase |

|                                  |                                     |                             |  |                                  |  |
|----------------------------------|-------------------------------------|-----------------------------|--|----------------------------------|--|
| 3                                | <b>Thursday, September 13, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                  | Johannesburg, ZA<br>Sun 17 Sutra 151<br>Vilamba 5120 |
|                                  | Tula Rasi: 11.25                    | Tithi 4 – 5                 | <b>Gulika</b> 9:08AM – 10:37AM   | <b>Svati</b> <b>Until 9:12PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:10AM          |
|                                  | 569452363                           | <b>Rahu</b> 1:35PM – 3:04PM | Yama 6:10AM – 7:39AM   | Indra <b>Until 9:04PM</b>        | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:02PM          |
|                                  | Creative Work Amrita Yoga           |                             |  | Bava <b>Until 11:02PM</b>        | <b>Nataraja:</b> Purple<br>Moon – Green              |
| Until 9:12PM                     |                                     | <b>Ganesha Chaturthi</b>    | <b>Chaturthi* Until 11:21AM</b>  | <b>Bhadrpada-Avani</b>           | <b>Bhuloka Day</b><br>Moon 8 - Phase 21<br>3rd Phase |
| Then Creative Work - Siddha Yoga |                                     |                             |  |                                  |  |

|   |                                   |                               |   |                                     |   |
|---|-----------------------------------|-------------------------------|---|-------------------------------------|---|
| 4 | <b>Friday, September 14, 2018</b> |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                     | Johannesburg, ZA<br>Sun 18 Sutra 152<br>Vilamba 5120  |
|   | Tula Rasi: 24.44                  | Tithi 5 – 6                   | <b>Gulika</b> 7:38AM – 9:07AM   | <b>Vishakha</b> <b>Until 9:56PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 6:09AM          |
|   | 579552363                         | <b>Rahu</b> 10:36AM – 12:06PM | Yama 3:04PM – 4:33PM  | Vaidhriti* <b>Until 7:53PM</b>      | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:03PM           |
|   | Creative Work Siddha Yoga         |                               |   | Kaulava <b>Until 10:59PM</b>        | <b>Nataraja:</b> Purple<br>Moon – Orange              |
|   |                                   |                               | <b>Panchami</b> <b>Until 10:53AM</b>  | <b>Bhadrpada-Avani</b>              | <b>Devaloka Day</b><br>Moon 8 - Phase 21<br>3rd Phase |

|   |                                     |                              |   |                                      |   |
|---|-------------------------------------|------------------------------|---|--------------------------------------|---|
| 5 | <b>Saturday, September 15, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                      | Johannesburg, ZA<br>Sun 19 Sutra 153<br>Vilamba 5120  |
|   | Vrischika Rasi: 7.37                | Tithi 6 – 7                  | <b>Gulika</b> 6:08AM – 7:37AM   | <b>Anuradha</b> <b>Until 11:18PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 6:08AM          |
|   | 579552363                           | <b>Rahu</b> 9:07AM – 10:36AM | Yama 1:35PM – 3:04PM  | Vishkambha* <b>Until 7:22PM</b>      | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:03PM           |
|   | Creative Work Siddha Yoga           |                              |   | Gara <b>Until 11:46PM</b>            | <b>Nataraja:</b> Purple<br>Moon – Orange              |
|   |                                     |                              | <b>Shashthi* Until 11:15AM</b>  | <b>Bhadrpada-Avani</b>               | <b>Devaloka Day</b><br>Moon 8 - Phase 21<br>3rd Phase |

|                                  |                                   |                             |  |                                   |  |
|----------------------------------|-----------------------------------|-----------------------------|--|-----------------------------------|--|
| D                                | <b>Sunday, September 16, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                   | Johannesburg, ZA<br>Sun 20 Sutra 154<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>               |                             | <b>Gulika</b> 3:04PM – 4:34PM  | <b>Jyeshtha* Until 1:14AM</b> Mon | <b>Ganesha:</b> White <i>Sunrise:</i> 6:07AM         |
|                                  | Vrischika Rasi: 20.07             | Tithi 7 – 8                 | Yama 12:05PM – 1:35PM  | Priti <b>Until 7:27PM</b>         | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:03PM          |
|                                  | 579552363                         | <b>Rahu</b> 4:34PM – 6:03PM |  | Visti <b>Until 1:17AM</b> Mon     | <b>Nataraja:</b> Purple<br>Moon – Orange             |
| Routine Work Marana Yoga         |                                   |                             | <b>Saptami</b> <b>Until 12:25PM</b>  | <b>Bhadrpada-Avani</b>            | <b>Devaloka Day</b><br>Moon 8 - Phase 21<br>Ashtami  |
| Until 1:14AM Mon                 |                                   |                             |  |                                   |  |
| Then Creative Work - Siddha Yoga |                                   |                             |  |                                   |  |

|                           |                                   |                             |   |                                |  |
|---------------------------|-----------------------------------|-----------------------------|---|--------------------------------|--|
| D                         | <b>Monday, September 17, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                | Johannesburg, ZA<br>Sun 21 Sutra 155<br>Vilamba 5120 |
|                           | <b>Retreat Star</b>               |                             | <b>Gulika</b> 1:34PM – 3:04PM   | <b>Mula* Until 4:04AM</b> Tue  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM         |
|                           | Dhanus Rasi: 2.18                 | Tithi 8 – 9                 | Yama 10:35AM – 12:05PM  | Ayushman <b>Until 7:59PM</b>   | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM          |
|                           | 589552363                         | <b>Rahu</b> 7:35AM – 9:05AM |   | Balava <b>Until 3:24AM</b> Tue | <b>Nataraja:</b> Purple<br>Moon – Light Blue         |
| Family Home Evening       |                                   |                             | <b>Ashtami* Until 2:16PM</b>  | <b>Bhadrpada-Puratasi</b>      | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM   |
| Creative Work Siddha Yoga |                                   |                             |   |                                |  |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

|          |                                    |                                       |  |                                      |  |        |                   |
|----------|------------------------------------|---------------------------------------|--|--------------------------------------|--|--------|-------------------|
| <b>1</b> | <b>Tuesday, September 18, 2018</b> |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                      |  |        | Johannesburg, ZA  |
|          | Dhanus Rasi: 14.17                 | Tithi 9 – 10                          | <b>Gulika</b> 12:04PM – 1:34PM   | <b>Purvashadha* Until 7:06AM Wed</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:04AM</i> | Sun 22 | Sutra 156         |
|          |                                    | 581552363 <b>Rahu</b> 3:04PM – 4:34PM | Yama 9:04AM – 10:34AM  | Saubhagya Until 8:52PM               | <b>Muruqa:</b> Purple <i>Sunset: 6:04PM</i>  |        | Vilamba 5120      |
|          |                                    |                                       | Taitila Until 5:54AM Wed   | <b>Nataraja:</b> Purple              |  |        | Moon 8 - Phase 22 |
|          |                                    |                                       | <b>Navami* Until 4:36PM</b>  | Moon – Light Blue                    |  |        | 4th Phase         |
|          |                                    |                                       |  | <b>Bhadrapada-Puratasi</b>           | <b>Bhuloka Day</b>                           |        |                   |
|          |                                    |                                       |  |                                      | Devaloka Time: 9:AM to12:PM                  |        |                   |

|          |                                      |  |   |                                  |  |        |                   |
|----------|--------------------------------------|--|---|----------------------------------|--|--------|-------------------|
| <b>2</b> | <b>Wednesday, September 19, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau |                                  |  |        | Johannesburg, ZA  |
|          | Dhanus Rasi: 26.07                   | Tithi 10                               | <b>Gulika</b> 10:34AM – 12:04PM   | <b>Purvashadha* Until 7:06AM</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:03AM</i> | Sun 23 | Sutra 157         |
|          |                                      | 581552363 <b>Rahu</b> 12:04PM – 1:34PM | Yama 7:33AM – 9:04AM  | Sobhana Until 9:56PM             | <b>Muruqa:</b> Purple <i>Sunset: 6:05PM</i>  |        | Vilamba 5120      |
|          |                                      |  | Gara Until 7:12PM   | <b>Nataraja:</b> Purple          |  |        | Moon 8 - Phase 22 |
|          |                                      |  | <b>Dashami Until 7:12PM</b>   | Moon – Light Blue                |  |        | 4th Phase         |
|          |                                      |  |   | <b>Bhadrapada-Puratasi</b>       | <b>Bhuloka Day</b>                           |        |                   |
|          |                                      |  |   |                                  | Devaloka Time: 9:AM to12:PM                  |        |                   |

|          |                                     |                                       |   |                                   |  |        |                   |
|----------|-------------------------------------|---------------------------------------|---|-----------------------------------|--|--------|-------------------|
| <b>3</b> | <b>Thursday, September 20, 2018</b> |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau |                                   |  |        | Johannesburg, ZA  |
|          | Makara Rasi: 7.55                   | Tithi 11                              | <b>Gulika</b> 9:03AM – 10:33AM  | <b>Uttarashadha Until 10:04AM</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:02AM</i> | Sun 24 | Sutra 158         |
|          |                                     | 581552363 <b>Rahu</b> 1:34PM – 3:04PM | Yama 6:02AM – 7:33AM  | Athiganda* Until 10:58PM          | <b>Muruqa:</b> Purple <i>Sunset: 6:05PM</i>  |        | Vilamba 5120      |
|          |                                     |                                       | Vanija Until 8:32AM   | <b>Nataraja:</b> Purple           |  |        | Moon 8 - Phase 22 |
|          |                                     |                                       | <b>Ekadashi Until 9:48PM</b>  | Moon – Light Blue                 |  |        | 4th Phase         |
|          |                                     |                                       |   | <b>Bhadrapada-Puratasi</b>        | <b>Bhuloka Day</b>                           |        |                   |
|          |                                     |                                       |   |                                   | Devaloka Time: 9:AM to12:PM                  |        |                   |

|          |                                   |   |   |                              |   |        |                   |
|----------|-----------------------------------|---|---|------------------------------|---|--------|-------------------|
| <b>4</b> | <b>Friday, September 21, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau |                              |   |        | Johannesburg, ZA  |
|          | Makara Rasi: 19.43                | Tithi 12                                | <b>Gulika</b> 7:32AM – 9:02AM   | <b>Shravana Until 1:16PM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 6:01AM</i> | Sun 25 | Sutra 159         |
|          |                                   | 591552363 <b>Rahu</b> 10:33AM – 12:03PM | Yama 3:04PM – 4:35PM  | Sukarma Until 11:51PM        | <b>Muruqa:</b> Purple <i>Sunset: 6:05PM</i>   |        | Vilamba 5120      |
|          |                                   |   | Bava Until 11:04AM  | <b>Nataraja:</b> Purple      |   |        | Moon 8 - Phase 22 |
|          |                                   |   | <b>Dvadashi Until 12:13AM Sat</b>   | Moon – Purple                |   |        | 4th Phase         |
|          |                                   |   |   | <b>Bhadrapada-Puratasi</b>   | <b>Devaloka Day</b>                           |        |                   |
|          |                                   |   |   |                              |   |        |                   |

|          |                                     |  |  |                                |   |        |                   |
|----------|-------------------------------------|--|--|--------------------------------|---|--------|-------------------|
| <b>5</b> | <b>Saturday, September 22, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                |   |        | Johannesburg, ZA  |
|          | Kumbha Rasi: 1.38                   | Tithi 13                               | <b>Gulika</b> 6:00AM – 7:31AM  | <b>Dhanishtha Until 4:01PM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 6:00AM</i> | Sun 26 | Sutra 160         |
|          |                                     | 591552363 <b>Rahu</b> 9:01AM – 10:32AM | Yama 1:34PM – 3:04PM   | Dhriti Until 12:28AM Sun       | <b>Muruqa:</b> Purple <i>Sunset: 6:06PM</i>   |        | Vilamba 5120      |
|          |                                     |  | Kaulava Until 1:19PM   | <b>Nataraja:</b> Purple        |   |        | Moon 8 - Phase 22 |
|          |                                     |  | <b>Trayodashi Until 2:16AM Sun</b>   | Moon – Purple                  |   |        | 4th Phase         |
|          |                                     |  |  | <b>Bhadrapada-Puratasi</b>     | <b>Devaloka Day</b>                           |        |                   |
|          |                                     |  |  | <i>Pradosha Vrata</i>          |   |        |                   |

|          |                                   |                                       |  |                                  |   |        |                   |
|----------|-----------------------------------|---------------------------------------|--|----------------------------------|---|--------|-------------------|
| <b>6</b> | <b>Sunday, September 23, 2018</b> |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                  |   |        | Johannesburg, ZA  |
|          | Kumbha Rasi: 13.43                | Tithi 14                              | <b>Gulika</b> 3:04PM – 4:35PM  | <b>Shatabhishak Until 6:11PM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 5:59AM</i> | Sun 27 | Sutra 161         |
|          |                                   | 591552363 <b>Rahu</b> 4:35PM – 6:06PM | Yama 12:03PM – 1:33PM  | Shula* Until 12:42AM Mon         | <b>Muruqa:</b> Purple <i>Sunset: 6:06PM</i>   |        | Vilamba 5120      |
|          |                                   |                                       | Gara Until 3:09PM  | <b>Nataraja:</b> Purple          |   |        | Moon 8 - Phase 22 |
|          |                                   |                                       | <b>Chaturdashi* Until 3:51AM Mon</b>   | Moon – Purple                    |   |        | 4th Phase         |
|          |                                   |                                       |  | <b>Bhadrapada-Puratasi</b>       | <b>Devaloka Day</b>                           |        |                   |
|          |                                   |                                       |  | <b>Chidambaram Abhishekam</b>    |   |        |                   |
|          |                                   |                                       |  | <b>Kadaitswami Mahasamadhi</b>   |   |        |                   |

|          |                                   |                                       |   |                                       |   |        |                   |
|----------|-----------------------------------|---------------------------------------|---|---------------------------------------|---|--------|-------------------|
| <b>○</b> | <b>Monday, September 24, 2018</b> |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau |                                       |   |        | Johannesburg, ZA  |
|          | <b>Copper Retreat Star</b>        |                                       | <b>Gulika</b> 1:33PM – 3:04PM   | <b>Purvaproshtapada* Until 8:11PM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 5:58AM</i> | Sun 28 | Sutra 162         |
|          | Kumbha Rasi: 25.58                | Tithi 15                              | Yama 10:31AM – 12:02PM  | Ganda* Until 12:34AM Tue              | <b>Muruqa:</b> Purple <i>Sunset: 6:07PM</i>   |        | Vilamba 5120      |
|          | <b>Family Home Evening</b>        | 511552363 <b>Rahu</b> 7:29AM – 9:00AM |   | Visti Until 4:28PM                    | <b>Nataraja:</b> Purple                       |        | Moon 8 - Phase 22 |
|          | Routine Work Marana Yoga          |                                       |   | <b>Purnima* Until 4:55AM Tue</b>      | Moon – Clear                                  |        | Purnima           |
|          | Until 8:11PM                      |                                       |   | <b>Bhadrapada-Puratasi</b>            | <b>Devaloka Day</b>                           |        |                   |
|          | Then Creative Work - Siddha Yoga  |                                       |   |                                       |   |        |                   |

|          |                                       |          |   |                                       |   |        |                   |
|----------|---------------------------------------|----------|---|---------------------------------------|---|--------|-------------------|
| <b>○</b> | <b>Tuesday, September 25, 2018</b>    |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau |                                       |   |        | Johannesburg, ZA  |
|          | <b>Silver Retreat Star</b>            |          | <b>Gulika</b> 12:02PM – 1:33PM  | <b>Uttaraproshtapada Until 9:31PM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 5:57AM</i> | Sun 29 | Sutra 163         |
|          | Meena Rasi: 8.27                      | Tithi 16 | Yama 8:59AM – 10:31AM   | Vriddhi Until 12:02AM Wed             | <b>Muruqa:</b> Purple <i>Sunset: 6:07PM</i>   |        | Vilamba 5120      |
|          | 511552363 <b>Rahu</b> 3:04PM – 4:36PM |          | Balava Until 5:16PM   | <b>Nataraja:</b> Purple               |   |        | Moon 8 - Phase 22 |
|          |                                       |          | <b>Prathama* Until 5:28AM Wed</b>   | Moon – Clear                          |   |        | Prathama          |
|          |                                       |          |   | <b>Bhadrapada-Puratasi</b>            | <b>Devaloka Day</b>                           |        |                   |
|          |                                       |          |   |                                       |   |        |                   |



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Johannesburg, ZA

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 21.1      Tithi 17

511552363 **Gulika** 10:30AM – 12:01PM  
**Yama** 7:27AM – 8:58AM  
**Rahu** 12:01PM – 1:33PM

**Revati** Until 10:14PM

Dhruva Until 11:06PM

Taitila Until 5:35PM

**Dvitiya** Until 5:33AM Thu

**Ganesha:** Purple      *Sunrise:* 5:56AM

**Muruqa:** Purple      *Sunset:* 6:07PM

**Nataraja:** Purple

Moon – Clear

**Devaloka Day**

**Bhadrapada-Puratasi**

Routine Work      Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Johannesburg, ZA

Sun 1      Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 4.07      Tithi 18

521552363 **Gulika** 8:58AM – 10:29AM  
**Yama** 5:54AM – 7:26AM  
**Rahu** 1:33PM – 3:04PM

**Ashvini** Until 10:50PM

Vyaghata\* Until 9:51PM

Vanija Until 5:28PM

**Tritiya** Until 5:14AM Fri

**Ganesha:** Clear      *Sunrise:* 5:54AM

**Muruqa:** Purple      *Sunset:* 6:08PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**Bhadrapada-Puratasi**

Creative Work      Amrita Yoga

Until 10:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Johannesburg, ZA

Sun 2      Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 17.16      Tithi 19

622552363 **Gulika** 7:25AM – 8:57AM  
**Yama** 3:05PM – 4:36PM  
**Rahu** 10:29AM – 12:01PM

**Bharani** Until 10:55PM

Harshana Until 8:19PM

Bava Until 4:57PM

**Chaturthi\*** Until 4:33AM Sat

**Ganesha:** Clear      *Sunrise:* 5:53AM

**Muruqa:** Purple      *Sunset:* 6:08PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Bhadrapada-Puratasi**

Creative Work      Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Johannesburg, ZA

Sun 3      Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 0.37      Tithi 20

622552363 **Gulika** 5:52AM – 7:24AM  
**Yama** 1:33PM – 3:05PM  
**Rahu** 8:56AM – 10:28AM

**Krittika** Until 10:32PM

Vajra\* Until 6:29PM

Kaulava Until 4:06PM

**Panchami** Until 3:33AM Sun

**Ganesha:** Clear      *Sunrise:* 5:52AM

**Muruqa:** Purple      *Sunset:* 6:09PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Bhadrapada-Puratasi**

Creative Work      Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Johannesburg, ZA

Sun 4      Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 14.07      Tithi 21

632552363 **Gulika** 3:05PM – 4:37PM  
**Yama** 12:00PM – 1:32PM  
**Rahu** 4:37PM – 6:09PM

**Rohini** Until 10:09PM

Siddhi Until 4:26PM

Gara Until 2:57PM

**Shashthi\*** Until 2:15AM Mon

**Ganesha:** Purple      *Sunrise:* 5:51AM

**Muruqa:** Purple      *Sunset:* 6:09PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work      Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Johannesburg, ZA

Sun 5      Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 27.49      Tithi 22

632552363 **Gulika** 1:32PM – 3:05PM  
**Yama** 10:27AM – 12:00PM  
**Rahu** 7:22AM – 8:55AM

**Mrigashira** Until 9:21PM

Vyatipata\* Until 2:09PM

Visti Until 1:31PM

**Saptami** Until 12:40AM Tue

**Ganesha:** Purple      *Sunrise:* 5:50AM

**Muruqa:** Purple      *Sunset:* 6:10PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work      Amrita Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Johannesburg, ZA

Sun 6      Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 11.4      Tithi 23

632552363 **Gulika** 11:59AM – 1:32PM  
**Yama** 8:54AM – 10:27AM  
**Rahu** 3:05PM – 4:37PM

**Ardra** Until 8:07PM

Variyan Until 11:38AM

Balava Until 11:48AM

**Ashtami\*** Until 10:49PM

**Ganesha:** Purple      *Sunrise:* 5:49AM

**Muruqa:** Purple      *Sunset:* 6:10PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Routine Work      Marana Yoga

Until 8:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Johannesburg, ZA

Sun 7      Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 25.42      Tithi 24

642552363 **Gulika** 10:26AM – 11:59AM  
**Yama** 7:21AM – 8:54AM  
**Rahu** 11:59AM – 1:32PM

**Punarvasu** Until 6:54PM

Parigha\* Until 8:54AM

Taitila Until 9:49AM

**Navami\*** Until 8:42PM

**Ganesha:** Clear      *Sunrise:* 5:48AM

**Muruqa:** Purple      *Sunset:* 6:10PM

**Nataraja:** Purple

Moon – Blue

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Bhadrapada-Puratasi**

Creative Work      Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

|                                  |             |                                       |                             |   |                        |   |  |
|----------------------------------|-------------|---------------------------------------|-----------------------------|---|------------------------|---|--|
| <b>1</b>                         |             | <b>Thursday, October 4, 2018</b>      |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau |                        | Johannesburg, ZA<br>Sun 8 Sutra 172<br>Vilamba 5120 |  |
| Kataka Rasi: 9.54                | Tithi 25    | <b>Gulika</b> 8:53AM – 10:26AM        | <b>Pushya</b> Until 5:19PM  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:47AM |   |  |
|                                  |             | Yama 5:47AM – 7:20AM                  | Siddha Until 2:50AM Fri     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:11PM  | Moon 9 - Phase 24                                   |  |
|                                  |             | 642552363 <b>Rahu</b> 1:32PM – 3:05PM | Vanija Until 7:35AM         | <b>Nataraja:</b> Purple   |                        | 2nd Phase   |  |
| Creative Work                    | Amrita Yoga |                                       | <b>Dashami</b> Until 6:21PM | Moon – Blue   |                        | <b>Bhuloka Day</b>                                  |  |
| Until 5:19PM                     |             |                                       |                             | <b>Bhadrapada</b> •Puratasi   |                        | Devaloka Time: 6:AM to 9:AM                         |  |
| Then Creative Work - Siddha Yoga |             |                                       |                             |   |                        |   |  |

|                    |               |   |                               |   |                        |   |  |
|--------------------|---------------|---|-------------------------------|---|------------------------|---|--|
| <b>2</b>           |               | <b>Friday, October 5, 2018</b>          |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        | Johannesburg, ZA<br>Sun 9 Sutra 173<br>Vilamba 5120 |  |
| Kataka Rasi: 24.15 | Tithi 26 – 27 | <b>Gulika</b> 7:19AM – 8:52AM           | <b>Ashlesha*</b> Until 3:24PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:46AM |   |  |
|                    |               | Yama 3:05PM – 4:38PM                    | Sadhya Until 11:36PM          | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:11PM  | Moon 9 - Phase 24                                   |  |
|                    |               | 642552363 <b>Rahu</b> 10:25AM – 11:59AM | Kaulava Until 2:32AM Sat      | <b>Nataraja:</b> Purple   |                        | 2nd Phase   |  |
| Routine Work       | Marana Yoga   |   | <b>Ekadashi*</b> Until 3:49PM | Moon – Blue   |                        | <b>Bhuloka Day</b>                                  |  |
|                    |               |   |                               | <b>Bhadrapada</b> •Puratasi   |                        | Devaloka Time: 6:AM to 9:AM                         |  |

|                                  |               |  |                                 |  |                        |  |  |
|----------------------------------|---------------|--|---------------------------------|--|------------------------|--|--|
| <b>3</b>                         |               | <b>Saturday, October 6, 2018</b>       |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                        | Johannesburg, ZA<br>Sun 10 Sutra 174<br>Vilamba 5120 |  |
| Simha Rasi: 8.42                 | Tithi 27 – 28 | <b>Gulika</b> 5:45AM – 7:18AM          | <b>Magha*</b> Until 1:40PM      | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:45AM |  |  |
|                                  |               | Yama 1:32PM – 3:05PM                   | Subha Until 8:18PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:12PM  | Moon 9 - Phase 24                                    |  |
|                                  |               | 652552363 <b>Rahu</b> 8:51AM – 10:25AM | Gara Until 11:53PM              | <b>Nataraja:</b> Purple  |                        | 2nd Phase  |  |
| Creative Work                    | Amrita Yoga   |  | <b>Dvadashi*</b> Until 1:11PM   | Moon – Red   |                        | <b>Bhuloka Day</b>                                   |  |
| Until 1:40PM                     |               |  |                                 | <b>Bhadrapada</b> •Puratasi  |                        |  |  |
| Then Creative Work - Siddha Yoga |               |  | <i>Pradosha Vrata (Fasting)</i> |  |                        |  |  |

|                                  |               |                                       |                                    |   |                        |  |  |
|----------------------------------|---------------|---------------------------------------|------------------------------------|---|------------------------|--|--|
| <b>4</b>                         |               | <b>Sunday, October 7, 2018</b>        |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        | Johannesburg, ZA<br>Sun 11 Sutra 175<br>Vilamba 5120 |  |
| Simha Rasi: 23.1                 | Tithi 28 – 29 | <b>Gulika</b> 3:05PM – 4:39PM         | <b>Purvaphalguni</b> Until 11:47AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:44AM |  |  |
|                                  |               | Yama 11:58AM – 1:32PM                 | Sukla Until 5:01PM                 | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:12PM  | Moon 9 - Phase 24                                    |  |
|                                  |               | 652552363 <b>Rahu</b> 4:39PM – 6:12PM | Visti Until 9:17PM                 | <b>Nataraja:</b> Purple   |                        | 2nd Phase  |  |
| Creative Work                    | Siddha Yoga   |                                       | <b>Trayodashi*</b> Until 10:33AM   | Moon – Red  |                        | <b>Bhuloka Day</b>                                   |  |
| Until 11:47AM                    |               |                                       |                                    | <b>Bhadrapada</b> •Puratasi   |                        |  |  |
| Then Creative Work - Amrita Yoga |               |                                       |                                    |   |                        |  |  |

|   |               |                                       |                                    |  |                        |  |  |
|---|---------------|---------------------------------------|------------------------------------|--|------------------------|--|--|
|  |               | <b>Monday, October 8, 2018</b>        |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Johannesburg, ZA<br>Sun 12 Sutra 176<br>Vilamba 5120 |  |
| <b>Retreat Star</b>   |               | <b>Gulika</b> 1:31PM – 3:05PM         | <b>Uttaraphalguni</b> Until 9:53AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:43AM |  |  |
| Kanya Rasi: 7.35  | Tithi 29 – 30 | Yama 10:24AM – 11:58AM                | Brahma Until 1:52PM                | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:13PM  | Moon 9 - Phase 24                                    |  |
| <b>Family Home Evening</b>  |               | 652552364 <b>Rahu</b> 7:16AM – 8:50AM | Catuspada Until 6:52PM             | <b>Nataraja:</b> Clear   |                        | Amavasya   |  |
| Creative Work   | Siddha Yoga   |                                       | <b>Chaturdashi*</b> Until 8:02AM   | Moon – Red   |                        | <b>Bhuloka Day</b>                                   |  |
|   |               | <b>Mahalaya Amavasai (Tamil Nadu)</b> |                                    | <b>Bhadrapada</b> •Puratasi  |                        | Devaloka Time: 6:PM to 9:PM                          |  |

|                     |             |                                       |                                   |  |                        |  |  |
|---------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|--|--|
| <b>Retreat Star</b> |             | <b>Tuesday, October 9, 2018</b>       |                                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Johannesburg, ZA<br>Sun 13 Sutra 177<br>Vilamba 5120 |  |
| Kanya Rasi: 21.5    | Tithi 1     | <b>Gulika</b> 11:57AM – 1:31PM        | <b>Hasta</b> Until 8:32AM         | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 5:42AM |  |  |
|                     |             | Yama 8:49AM – 10:23AM                 | Indra Until 10:59AM               | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:13PM  | Moon 9 - Phase 24                                    |  |
|                     |             | 662652364 <b>Rahu</b> 3:05PM – 4:39PM | Kintughna Until 4:48PM            | <b>Nataraja:</b> Clear   |                        | Prathama   |  |
| Creative Work       | Siddha Yoga |                                       | <b>Prathama*</b> Until 3:54AM Wed | Moon – Green   |                        | <b>Devaloka Day</b>                                  |  |
|                     |             | <b>Navaratri Begins</b>               |                                   | <b>Ashvina</b> •Puratasi   |                        |  |  |

|   |                                    |             |  |                            |                        |                        |  |
|---|------------------------------------|-------------|--|----------------------------|------------------------|------------------------|--|
| 1 | <b>Wednesday, October 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                            |                        |                        | Johannesburg, ZA<br>Sun 14 Sutra 178<br>Vilamba 5120 |
|   | Tula Rasi: 5.49                    | Tithi 2     | <b>Gulika</b> 10:23AM – 11:57AM  | <b>Chitra Until 7:28AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:40AM |  |
|   |                                    |             | Yama 7:15AM – 8:49AM   | Vaidhriti* Until 8:25AM    | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:14PM  | Moon 9 - Phase 25                                    |
|   | Creative Work                      | Siddha Yoga | 662652364 <b>Rahu</b> 11:57AM – 1:31PM   | Balava Until 3:12PM        | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|   |                                    |             | <b>Dvitiya Until 2:36AM Thu</b>  | <b>Ashvina+Puratasi</b>    | <b>Devaloka Day</b>    |                        |  |

|                                  |                                   |             |  |                           |                        |                        |  |
|----------------------------------|-----------------------------------|-------------|--|---------------------------|------------------------|------------------------|--|
| 2                                | <b>Thursday, October 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau |                           |                        |                        | Johannesburg, ZA<br>Sun 15 Sutra 179<br>Vilamba 5120 |
|                                  | Tula Rasi: 19.27                  | Tithi 3     | <b>Gulika</b> 8:48AM – 10:23AM   | <b>Svati Until 6:49AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:39AM |  |
|                                  |                                   |             | Yama 5:39AM – 7:14AM   | Vishkambha* Until 6:19AM  | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:14PM  | Moon 9 - Phase 25                                    |
|                                  | Creative Work                     | Amrita Yoga | 662652364 <b>Rahu</b> 1:31PM – 3:06PM  | Taitila Until 2:12PM      | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|                                  |                                   |             | <b>Tritiya Until 1:57AM Fri</b>  | <b>Ashvina+Puratasi</b>   | <b>Devaloka Day</b>    |                        |  |
| Then Creative Work - Siddha Yoga |                                   |             |  |                           |                        |                        |  |

|   |                                 |             |   |                              |   |                        |  |
|---|---------------------------------|-------------|---|------------------------------|---|------------------------|--|
| 3 | <b>Friday, October 12, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau |                              |   |                        | Johannesburg, ZA<br>Sun 16 Sutra 180<br>Vilamba 5120 |
|   | Vrischika Rasi: 2.42            | Tithi 4     | <b>Gulika</b> 7:13AM – 8:48AM   | <b>Vishakha Until 7:08AM</b> | <b>Ganesha:</b> White                             | <i>Sunrise:</i> 5:38AM |  |
|   |                                 |             | Yama 3:06PM – 4:40PM  | Ayushman Until 3:49AM Sat    | <b>Muruqa:</b> Purple                             | <i>Sunset:</i> 6:15PM  | Moon 9 - Phase 25                                    |
|   | Creative Work                   | Siddha Yoga | 673652364 <b>Rahu</b> 10:22AM – 11:57AM   | Vanija Until 1:56PM          | <b>Nataraja:</b> Clear                            |                        | 3rd Phase  |
|   |                                 |             | <b>Chaturthi* Until 2:04AM Sat</b>  | <b>Ashvina+Puratasi</b>      | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |  |

|   |                                   |             |  |                              |   |                        |  |
|---|-----------------------------------|-------------|--|------------------------------|---|------------------------|--|
| 4 | <b>Saturday, October 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau |                              |   |                        | Johannesburg, ZA<br>Sun 17 Sutra 181<br>Vilamba 5120 |
|   | Vrischika Rasi: 15.34             | Tithi 5     | <b>Gulika</b> 5:37AM – 7:12AM  | <b>Anuradha Until 8:03AM</b> | <b>Ganesha:</b> White                             | <i>Sunrise:</i> 5:37AM |  |
|   |                                   |             | Yama 1:31PM – 3:06PM   | Saubhagya Until 3:28AM Sun   | <b>Muruqa:</b> Purple                             | <i>Sunset:</i> 6:15PM  | Moon 9 - Phase 25                                    |
|   | Creative Work                     | Siddha Yoga | 673652364 <b>Rahu</b> 8:47AM – 10:22AM   | Bava Until 2:27PM            | <b>Nataraja:</b> Clear                            |                        | 3rd Phase  |
|   |                                   |             | <b>Panchami Until 2:58AM Sun</b>   | <b>Ashvina+Puratasi</b>      | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |  |

|                                  |                                 |             |   |                               |   |                        |  |
|----------------------------------|---------------------------------|-------------|---|-------------------------------|---|------------------------|--|
| 5                                | <b>Sunday, October 14, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau |                               |   |                        | Johannesburg, ZA<br>Sun 18 Sutra 182<br>Vilamba 5120 |
|                                  | Vrischika Rasi: 28.05           | Tithi 6     | <b>Gulika</b> 3:06PM – 4:41PM   | <b>Jyeshtha* Until 9:33AM</b> | <b>Ganesha:</b> White                             | <i>Sunrise:</i> 5:36AM |  |
|                                  |                                 |             | Yama 11:56AM – 1:31PM   | Sobhana Until 3:41AM Mon      | <b>Muruqa:</b> Purple                             | <i>Sunset:</i> 6:16PM  | Moon 9 - Phase 25                                    |
|                                  | Routine Work                    | Marana Yoga | 673652364 <b>Rahu</b> 4:41PM – 6:16PM   | Kaulava Until 3:43PM          | <b>Nataraja:</b> Clear                            |                        | 3rd Phase  |
|                                  |                                 |             | <b>Shashthi* Until 4:36AM Mon</b>   | <b>Ashvina+Puratasi</b>       | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |  |
| Then Creative Work - Amrita Yoga |                                 |             |   |                               |   |                        |  |

|                                 |                                 |             |   |                             |                        |                        |  |
|---------------------------------|---------------------------------|-------------|---|-----------------------------|------------------------|------------------------|--|
| 6                               | <b>Monday, October 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau |                             |                        |                        | Johannesburg, ZA<br>Sun 19 Sutra 183<br>Vilamba 5120 |
|                                 | Dhanus Rasi: 10.17              | Tithi 7     | <b>Gulika</b> 1:31PM – 3:06PM   | <b>Mula* Until 12:03PM</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:35AM |  |
|                                 | <b>Family Home Evening</b>      |             | Yama 10:21AM – 11:56AM  | Athiganda* Until 4:19AM Tue | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:16PM  | Moon 9 - Phase 25                                    |
|                                 | Creative Work                   | Siddha Yoga | 683652364 <b>Rahu</b> 7:11AM – 8:46AM   | Gara Until 5:40PM           | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|                                 |                                 |             | <b>Saptami Until 6:49AM Tue</b>   | <b>Ashvina+Puratasi</b>     | <b>Devaloka Day</b>    |                        |  |
| Then Routine Work - Marana Yoga |                                 |             |   |                             |                        |                        |  |

|  |                                  |             |   |                                  |                         |                        |  |
|--|----------------------------------|-------------|---|----------------------------------|-------------------------|------------------------|--|
| D                                      | <b>Tuesday, October 16, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau |                                  |                         |                        | Johannesburg, ZA<br>Sun 20 Sutra 184<br>Vilamba 5120 |
|  | <b>Retreat Star</b>              |             | <b>Gulika</b> 11:56AM – 1:31PM  | <b>Purvashadha* Until 2:54PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:35AM |  |
|  | Dhanus Rasi: 22.16               | Tithi 7 – 8 | Yama 8:45AM – 10:20AM   | Sukarma Until 5:15AM Wed         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:17PM  | Moon 9 - Phase 25                                    |
|  | Creative Work                    | Siddha Yoga | 683652364 <b>Rahu</b> 3:06PM – 4:42PM   | Visti Until 8:05PM               | <b>Nataraja:</b> Clear  |                        | Ashtami  |
|  |                                  |             | <b>Durga Ashtami</b>  | <b>Saptami Until 6:49AM</b>      | <b>Ashvina+Puratasi</b> | <b>Devaloka Day</b>    |  |
| Then Routine Work - Prabalarishta Yoga |                                  |             |   |                                  |                         |                        |  |

|                                  |                                    |             |   |                                  |                        |                        |  |
|----------------------------------|------------------------------------|-------------|---|----------------------------------|------------------------|------------------------|--|
| D                                | <b>Wednesday, October 17, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                  |                        |                        | Johannesburg, ZA<br>Sun 21 Sutra 185<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>                |             | <b>Gulika</b> 10:20AM – 11:55AM   | <b>Uttarashadha Until 5:49PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:34AM |  |
|                                  | Makara Rasi: 4.06                  | Tithi 8 – 9 | Yama 7:09AM – 8:45AM  | Dhriti Until 6:17AM Thu          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:17PM  | Moon 9 - Phase 25                                    |
|                                  | Creative Work                      | Amrita Yoga | 683652364 <b>Rahu</b> 11:55AM – 1:31PM  | Balava Until 10:44PM             | <b>Nataraja:</b> Clear |                        | Navami   |
|                                  |                                    |             | <b>Saraswathi Puja (Tamil Nadu)</b>   | <b>Ashtami* Until 9:23AM</b>     | <b>Ashvina+Purasi</b>  | <b>Devaloka Day</b>    |  |
| Then Creative Work - Siddha Yoga |                                    |             |   |                                  |                        |                        |  |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

|                    |              |                                       |                              |  |                        |  |                       |                                |
|--------------------|--------------|---------------------------------------|------------------------------|--|------------------------|--|-----------------------|--------------------------------|
| <b>1</b>           |              | <b>Thursday, October 18, 2018</b>     |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        | Johannesburg, ZA<br>Sun 22 Sutra 186<br>Vilamba 5120 |                       |                                |
| Makara Rasi: 15.53 | Tithi 9 – 10 | <b>Gulika</b> 8:44AM – 10:20AM        | <b>Shravana Until 9:05PM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:33AM | <b>Muruqa:</b> Purple                                | <i>Sunset:</i> 6:18PM | Moon 9 - Phase 26<br>4th Phase |
|                    |              | Yama 5:33AM – 7:08AM                  | Dhriti Until 6:17AM          | <b>Nataraja:</b> Clear   |                        |  |                       |                                |
|                    |              | 693652364 <b>Rahu</b> 1:31PM – 3:07PM | Taitila Until 1:20AM Fri     | Moon – Purple  |                        |  |                       |                                |
| Creative Work      | Siddha Yoga  | Vijaya Dasami                         | <b>Navami* Until 12:02PM</b> | <b>Ashvina•Aipasi</b>  |                        | <b>Bhuloka Day</b>                                   |                       | Devaloka Time: 6:PM to 9:PM    |

|                    |               |   |                                 |   |                        |  |                       |                                |
|--------------------|---------------|---|---------------------------------|---|------------------------|--|-----------------------|--------------------------------|
| <b>2</b>           |               | <b>Friday, October 19, 2018</b>         |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Johannesburg, ZA<br>Sun 23 Sutra 187<br>Vilamba 5120 |                       |                                |
| Makara Rasi: 27.44 | Tithi 10 – 11 | <b>Gulika</b> 7:08AM – 8:43AM           | <b>Dhanishtha Until 11:55PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:32AM | <b>Muruqa:</b> Purple                                | <i>Sunset:</i> 6:18PM | Moon 9 - Phase 26<br>4th Phase |
|                    |               | Yama 3:07PM – 4:43PM                    | Shula* Until 7:12AM             | <b>Nataraja:</b> Clear  |                        |  |                       |                                |
|                    |               | 693652364 <b>Rahu</b> 10:19AM – 11:55AM | Vanija Until 3:37AM Sat         | Moon – Purple   |                        |  |                       |                                |
| Creative Work      | Siddha Yoga   |   | <b>Dashami Until 2:30PM</b>     | <b>Ashvina•Aipasi</b>   |                        | <b>Bhuloka Day</b>                                   |                       | Devaloka Time: 6:PM to 9:PM    |

|                    |               |  |                                      |   |                        |  |                       |                                |
|--------------------|---------------|--|--------------------------------------|---|------------------------|--|-----------------------|--------------------------------|
| <b>3</b>           |               | <b>Saturday, October 20, 2018</b>      |                                      | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                        | Johannesburg, ZA<br>Sun 24 Sutra 188<br>Vilamba 5120 |                       |                                |
| Kumbha Rasi: 9.42  | Tithi 11 – 12 | <b>Gulika</b> 5:31AM – 7:07AM          | <b>Shatabhishak Until 2:09AM Sun</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:31AM | <b>Muruqa:</b> Purple                                | <i>Sunset:</i> 6:19PM | Moon 9 - Phase 26<br>4th Phase |
|                    |               | Yama 1:31PM – 3:07PM                   | Ganda* Until 7:52AM                  | <b>Nataraja:</b> Clear  |                        |  |                       |                                |
|                    |               | 693652364 <b>Rahu</b> 8:43AM – 10:19AM | Bava Until 5:25AM Sun                | Moon – Purple   |                        |  |                       |                                |
| Creative Work      | Amrita Yoga   |  | <b>Ekadashi Until 4:34PM</b>         | <b>Ashvina•Aipasi</b>   |                        | <b>Bhuloka Day</b>                                   |                       | Devaloka Time: 6:PM to 9:PM    |
| Until 2:09AM Sun   |               |  |                                      |   |                        |  |                       |                                |
| Then Creative Work | Siddha Yoga   |  |                                      |   |                        |  |                       |                                |

|                    |             |                                       |   |  |                        |  |                       |                                |
|--------------------|-------------|---------------------------------------|---|--|------------------------|--|-----------------------|--------------------------------|
| <b>4</b>           |             | <b>Sunday, October 21, 2018</b>       |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava Karana Dvadashyam Titau |                        | Johannesburg, ZA<br>Sun 25 Sutra 189<br>Vilamba 5120 |                       |                                |
| Kumbha Rasi: 21.52 | Tithi 12    | <b>Gulika</b> 3:07PM – 4:43PM         | <b>Purvaproshtapada* Until 4:07AM Mon</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:30AM | <b>Muruqa:</b> Purple                                | <i>Sunset:</i> 6:20PM | Moon 9 - Phase 26<br>4th Phase |
|                    |             | Yama 11:55AM – 1:31PM                 | Vridhhi Until 8:09AM                      | <b>Nataraja:</b> Clear   |                        |  |                       |                                |
|                    |             | 613652364 <b>Rahu</b> 4:43PM – 6:20PM | Balava Until 6:04PM                       | Moon – Clear   |                        |  |                       |                                |
| Creative Work      | Siddha Yoga |                                       | <b>Dvadashi Until 6:04PM</b>              | <b>Ashvina•Aipasi</b>  |                        | <b>Bhuloka Day</b>                                   |                       | Devaloka Time: 6:PM to 9:PM    |

|                            |             |                                       |   |  |                        |  |                       |                                |
|----------------------------|-------------|---------------------------------------|---|--|------------------------|--|-----------------------|--------------------------------|
| <b>5</b>                   |             | <b>Monday, October 22, 2018</b>       |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        | Johannesburg, ZA<br>Sun 26 Sutra 190<br>Vilamba 5120 |                       |                                |
| Meena Rasi: 4.18           | Tithi 13    | <b>Gulika</b> 1:31PM – 3:07PM         | <b>Uttaraproshtapada Until 5:19AM Tue</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:29AM | <b>Muruqa:</b> Purple                                | <i>Sunset:</i> 6:20PM | Moon 9 - Phase 26<br>4th Phase |
| <b>Family Home Evening</b> |             | Yama 10:18AM – 11:55AM                | Dhruva Until 7:56AM                       | <b>Nataraja:</b> Clear   |                        |  |                       |                                |
|                            |             | 613652364 <b>Rahu</b> 7:05AM – 8:42AM | Kaulava Until 6:36AM                      | Moon – Clear   |                        |  |                       |                                |
| Creative Work              | Siddha Yoga |                                       | <b>Trayodashi Until 6:56PM</b>            | <b>Ashvina•Aipasi</b>  |                        | <b>Bhuloka Day</b>                                   |                       | Devaloka Time: 6:PM to 9:PM    |
|                            |             |                                       |   |  |                        |  |                       |                                |
|                            |             |                                       |   |  |                        |  |                       |                                |

*Pradosha Vrata*

|                   |             |                                       |                                  |   |                        |  |                       |                                |
|-------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|--|-----------------------|--------------------------------|
| <b>6</b>          |             | <b>Tuesday, October 23, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Johannesburg, ZA<br>Sun 27 Sutra 191<br>Vilamba 5120 |                       |                                |
| Meena Rasi: 17.01 | Tithi 14    | <b>Gulika</b> 11:54AM – 1:31PM        | <b>Revati Until 5:44AM Wed</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:28AM | <b>Muruqa:</b> Purple                                | <i>Sunset:</i> 6:21PM | Moon 9 - Phase 26<br>4th Phase |
|                   |             | Yama 8:41AM – 10:18AM                 | Vyaghata* Until 7:14AM           | <b>Nataraja:</b> Clear  |                        |  |                       |                                |
|                   |             | 613652364 <b>Rahu</b> 3:08PM – 4:44PM | Gara Until 7:08AM                | Moon – Clear  |                        |  |                       |                                |
| Creative Work     | Siddha Yoga |                                       | <b>Chaturdashi* Until 7:09PM</b> | <b>Ashvina•Aipasi</b>   |                        | <b>Bhuloka Day</b>                                   |                       | Devaloka Time: 6:PM to 9:PM    |
| Until 5:44AM Wed  |             |                                       |                                  |   |                        |  |                       |                                |
| Then Routine Work | Marana Yoga |                                       |                                  |   |                        |  |                       |                                |

|                            |             |  |                                 |  |                        |   |                       |                              |
|----------------------------|-------------|--|---------------------------------|--|------------------------|---|-----------------------|------------------------------|
| <b>○</b>                   |             | <b>Wednesday, October 24, 2018</b>     |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau |                        | Johannesburg, ZA<br>Sutra 192<br>Vilamba 5120 |                       |                              |
| <b>Copper Retreat Star</b> |             | <b>Gulika</b> 10:18AM – 11:54AM        | <b>Ashvini Until 5:56AM Thu</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:27AM | <b>Muruqa:</b> Purple                         | <i>Sunset:</i> 6:21PM | Moon 9 - Phase 26<br>Purnima |
| Mesha Rasi: 0.03           | Tithi 15    | Yama 7:04AM – 8:41AM                   | Harshana Until 6:03AM           | <b>Nataraja:</b> Clear   |                        |   |                       |                              |
|                            |             | 623652364 <b>Rahu</b> 11:54AM – 1:31PM | Visti Until 7:04AM              | Moon – White   |                        |   |                       |                              |
| Routine Work               | Marana Yoga |  | <b>Purnima* Until 6:47PM</b>    | <b>Ashvina•Aipasi</b>  |                        | <b>Devaloka Day</b>                           |                       |                              |
| Until 5:56AM Thu           |             |  |                                 |  |                        |   |                       |                              |
| Then Creative Work         | Siddha Yoga |  |                                 |  |                        |   |                       |                              |

|                                   |               |                                       |                                 |  |                        |   |                       |                               |
|-----------------------------------|---------------|---------------------------------------|---------------------------------|--|------------------------|---|-----------------------|-------------------------------|
| <b>Thursday, October 25, 2018</b> |               | <b>Silver Retreat Star</b>            |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Bharani Nakshatra Siddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau |                        | Johannesburg, ZA<br>Sutra 193<br>Vilamba 5120 |                       |                               |
| Mesha Rasi: 13.22                 | Tithi 16 – 17 | <b>Gulika</b> 8:40AM – 10:17AM        | <b>Bharani Until 5:32AM Fri</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:26AM | <b>Muruqa:</b> Purple                         | <i>Sunset:</i> 6:22PM | Moon 9 - Phase 26<br>Prathama |
|                                   |               | Yama 5:26AM – 7:03AM                  | Siddhi Until 2:27AM Fri         | <b>Nataraja:</b> Clear   |                        |   |                       |                               |
|                                   |               | 623652364 <b>Rahu</b> 1:31PM – 3:08PM | Balava Until 6:26AM             | Moon – White   |                        |   |                       |                               |
| Creative Work                     | Siddha Yoga   |                                       | <b>Prathama* Until 5:56PM</b>   | <b>Ashvina•Aipasi</b>  |                        | <b>Devaloka Day</b>                           |                       |                               |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyalipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Johannesburg, ZA

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 26.55 Tithi 17 - 18

624652364

Gulika 7:03AM - 8:40AM

Yama 3:08PM - 4:45PM

Rahu 10:17AM - 11:54AM

Krittika Until 4:40AM Sat

Vyatipata\* Until 12:11AM Sat

Vanija Until 3:56AM Sat

Dvitiya Until 4:40PM

Ganesha: White Sunrise: 5:26AM

Muruqa: Purple Sunset: 6:23PM

Nataraja: Clear

Moon - White

Ashvina•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 4:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Johannesburg, ZA

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 10.4 Tithi 18 - 19

634652364

Gulika 5:25AM - 7:02AM

Yama 1:31PM - 3:09PM

Rahu 8:39AM - 10:17AM

Rohini Until 3:50AM Sun

Variyan Until 9:42PM

Bava Until 2:17AM Sun

Tritiya Until 3:07PM

Ganesha: Clear Sunrise: 5:25AM

Muruqa: Purple Sunset: 6:23PM

Nataraja: Clear

Moon - Yellow

Ashvina•Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Johannesburg, ZA

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 24.35 Tithi 19 - 20

634652364

Gulika 3:09PM - 4:46PM

Yama 11:54AM - 1:31PM

Rahu 4:46PM - 6:24PM

Mrigashira Until 2:44AM Mon

Parigha\* Until 7:06PM

Kaulava Until 12:29AM Mon

Chaturthi\* Until 1:23PM

Ganesha: Clear Sunrise: 5:24AM

Muruqa: Purple Sunset: 6:24PM

Nataraja: Clear

Moon - Yellow

Ashvina•Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Johannesburg, ZA

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 8.34 Tithi 20 - 21

634652364

Gulika 1:31PM - 3:09PM

Yama 10:16AM - 11:54AM

Rahu 7:01AM - 8:38AM

Ardra Until 1:23AM Tue

Shiva Until 4:25PM

Gara Until 10:35PM

Panchami Until 11:31AM

Ganesha: Clear Sunrise: 5:23AM

Muruqa: Purple Sunset: 6:24PM

Nataraja: Clear

Moon - Yellow

Ashvina•Aipasi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Johannesburg, ZA

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 22.36 Tithi 21 - 22

644662364

Gulika 11:54AM - 1:32PM

Yama 8:38AM - 10:16AM

Rahu 3:09PM - 4:47PM

Punarvasu Until 12:17AM Wed

Siddha Until 1:40PM

Visti Until 8:38PM

Shashthi\* Until 9:36AM

Ganesha: Purple Sunrise: 5:22AM

Muruqa: Purple Sunset: 6:25PM

Nataraja: Clear

Moon - Blue

Ashvina•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Johannesburg, ZA

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 6.4 Tithi 22 - 23

644662364

Gulika 10:16AM - 11:54AM

Yama 7:00AM - 8:38AM

Rahu 11:54AM - 1:32PM

Pushya Until 11:01PM

Sadhya Until 10:55AM

Balava Until 6:40PM

Saptami Until 7:38AM

Ganesha: Purple Sunrise: 5:22AM

Muruqa: Clear Sunset: 6:26PM

Nataraja: Clear

Moon - Blue

Ashvina•Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Johannesburg, ZA

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 20.45 Tithi 24

644662364

Gulika 8:37AM - 10:15AM

Yama 5:21AM - 6:59AM

Rahu 1:32PM - 3:10PM

Ashlesha\* Until 9:36PM

Subha Until 8:09AM

Taitila Until 4:41PM

Navami\* Until 3:40AM Fri

Ganesha: Purple Sunrise: 5:21AM

Muruqa: Clear Sunset: 6:26PM

Nataraja: Clear

Moon - Blue

Ashvina•Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                                  |             |   |                                 |   |                        |   |                    |
|----------------------------------|-------------|---|---------------------------------|---|------------------------|---|--------------------|
| <b>1</b>                         |             | <b>Friday, November 2, 2018</b>         |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau |                        | Johannesburg, ZA<br>Sun 8 Sutra 201<br>Vilamba 5120 |                    |
| Simha Rasi: 4.5                  | Tithi 25    | <b>Gulika</b> 6:59AM – 8:37AM           | <b>Magha* Until 8:29PM</b>      | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:20AM |   |                    |
|                                  |             | Yama 3:10PM – 4:49PM                    | Brahma Until 2:34AM Sat         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:27PM  |   | Moon 10 - Phase 28 |
|                                  |             | 654662364 <b>Rahu</b> 10:15AM – 11:54AM | Vanija Until 2:42PM             | <b>Nataraja:</b> Clear  |                        |   | 2nd Phase          |
| Routine Work                     | Marana Yoga |   | <b>Dashami Until 1:42AM Sat</b> | Moon – Red  |                        | <b>Sivaloka Day</b>                                 |                    |
| Until 8:29PM                     |             |   |                                 | <b>Ashvina•Aipasi</b>   |                        |   |                    |
| Then Creative Work - Siddha Yoga |             |   |                                 |   |                        |   |                    |

|                                 |             |  |                                   |  |                        |   |                    |
|---------------------------------|-------------|--|-----------------------------------|--|------------------------|---|--------------------|
| <b>2</b>                        |             | <b>Saturday, November 3, 2018</b>      |                                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau |                        | Johannesburg, ZA<br>Sun 9 Sutra 202<br>Vilamba 5120 |                    |
| Simha Rasi: 18.54               | Tithi 26    | <b>Gulika</b> 5:20AM – 6:58AM          | <b>Purvaphalguni Until 7:14PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:20AM |   |                    |
|                                 |             | Yama 1:32PM – 3:11PM                   | Indra Until 11:51PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:28PM  |   | Moon 10 - Phase 28 |
|                                 |             | 654762364 <b>Rahu</b> 8:37AM – 10:15AM | Bava Until 12:45PM                | <b>Nataraja:</b> Clear   |                        |   | 2nd Phase          |
| Creative Work                   | Siddha Yoga |  | <b>Ekadashi* Until 11:46PM</b>    | Moon – Red   |                        | <b>Devaloka Day</b>                                 |                    |
| Until 7:14PM                    |             |  |                                   | <b>Ashvina•Aipasi</b>  |                        |   |                    |
| Then Routine Work - Marana Yoga |             |  |                                   |  |                        |   |                    |

|  |             |                                       |                                    |  |                        |  |                    |
|--|-------------|---------------------------------------|------------------------------------|--|------------------------|--|--------------------|
| <b>3</b>                               |             | <b>Sunday, November 4, 2018</b>       |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Johannesburg, ZA<br>Sun 10 Sutra 203<br>Vilamba 5120 |                    |
| Kanya Rasi: 2.56                       | Tithi 27    | <b>Gulika</b> 3:11PM – 4:50PM         | <b>Uttaraphalguni Until 5:57PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:19AM |  |                    |
|  |             | Yama 11:54AM – 1:32PM                 | Vaidhriti* Until 9:11PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:28PM  |  | Moon 10 - Phase 28 |
|  |             | 654762364 <b>Rahu</b> 4:50PM – 6:28PM | Kaulava Until 10:52AM              | <b>Nataraja:</b> Clear   |                        |  | 2nd Phase          |
| Creative Work                          | Amrita Yoga |                                       | <b>Dvadashi* Until 9:57PM</b>      | Moon – Red   |                        | <b>Devaloka Day</b>                                  |                    |
| Until 5:07PM                           |             |                                       |                                    | <b>Ashvina•Aipasi</b>  |                        |  |                    |
| Then Routine Work - Prabararishta Yoga |             |                                       |                                    |  |                        |  |                    |

|  |             |                                       |                                 |  |                        |  |                    |
|--|-------------|---------------------------------------|---------------------------------|--|------------------------|--|--------------------|
| <b>4</b>                               |             | <b>Monday, November 5, 2018</b>       |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Johannesburg, ZA<br>Sun 11 Sutra 204<br>Vilamba 5120 |                    |
| Kanya Rasi: 16.54                      | Tithi 28    | <b>Gulika</b> 1:32PM – 3:11PM         | <b>Hasta Until 5:07PM</b>       | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:18AM |  |                    |
| <b>Family Home Evening</b>             |             | Yama 10:15AM – 11:54AM                | Vishkambha* Until 6:40PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:29PM  |  | Moon 10 - Phase 28 |
| Creative Work                          | Siddha Yoga | 664762364 <b>Rahu</b> 6:57AM – 8:36AM | Gara Until 9:07AM               | <b>Nataraja:</b> Clear   |                        |  | 2nd Phase          |
| Until 5:07PM                           |             |                                       | <b>Trayodashi* Until 8:19PM</b> | Moon – Green   |                        | <b>Devaloka Day</b>                                  |                    |
| Then Routine Work - Prabararishta Yoga |             |                                       |                                 | <b>Ashvina•Aipasi</b>  |                        |  |                    |
|  |             |                                       | <i>Pradosha Vrata (Fasting)</i> |  |                        |  |                    |

|                 |             |                                       |                                  |  |                        |  |                    |
|-----------------|-------------|---------------------------------------|----------------------------------|--|------------------------|--|--------------------|
| <b>5</b>        |             | <b>Tuesday, November 6, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Johannesburg, ZA<br>Sun 12 Sutra 205<br>Vilamba 5120 |                    |
| Tula Rasi: 0.43 | Tithi 29    | <b>Gulika</b> 11:54AM – 1:33PM        | <b>Chitra Until 4:24PM</b>       | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:18AM |  |                    |
|                 |             | Yama 8:36AM – 10:15AM                 | Priti Until 4:24PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:30PM  |  | Moon 10 - Phase 28 |
|                 |             | 664762364 <b>Rahu</b> 3:12PM – 4:51PM | Visti Until 7:37AM               | <b>Nataraja:</b> Clear   |                        |  | 2nd Phase          |
| Creative Work   | Siddha Yoga |                                       | <b>Chaturdashi* Until 6:58PM</b> | Moon – Green   |                        | <b>Devaloka Day</b>                                  |                    |
|                 |             | <b>Subramuniyaswami Mahasamadhi</b>   |                                  | <b>Ashvina•Aipasi</b>  |                        |  |                    |
|                 |             | <b>Deepavali Hindu Solidarity Day</b> |                                  |  |                        |  |                    |

|                     |             |  |                               |  |                        |  |                    |
|---------------------|-------------|--|-------------------------------|--|------------------------|--|--------------------|
| <b>Retreat Star</b> |             | <b>Wednesday, November 7, 2018</b>     |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Johannesburg, ZA<br>Sun 13 Sutra 206<br>Vilamba 5120 |                    |
| Tula Rasi: 14.2     | Tithi 30    | <b>Gulika</b> 10:15AM – 11:54AM        | <b>Svati Until 3:56PM</b>     | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:17AM |  |                    |
|                     |             | Yama 6:56AM – 8:35AM                   | Ayushman Until 2:25PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:30PM  |  | Moon 10 - Phase 28 |
|                     |             | 764762364 <b>Rahu</b> 11:54AM – 1:33PM | Catuspada Until 6:28AM        | <b>Nataraja:</b> Clear   |                        |  | Amavasya           |
| Creative Work       | Siddha Yoga |  | <b>Amavasya* Until 6:02PM</b> | Moon – Green   |                        | <b>Devaloka Day</b>                                  |                    |
|                     |             |  |                               | <b>Ashvina•Aipasi</b>  |                        |  |                    |

|                     |             |                                       |                               |  |                        |  |                    |
|---------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|--|--------------------|
| <b>Retreat Star</b> |             | <b>Thursday, November 8, 2018</b>     |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        | Johannesburg, ZA<br>Sun 14 Sutra 207<br>Vilamba 5120 |                    |
| Tula Rasi: 27.42    | Tithi 1 – 2 | <b>Gulika</b> 8:35AM – 10:14AM        | <b>Vishakha Until 4:16PM</b>  | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 5:16AM |  |                    |
|                     |             | Yama 5:16AM – 6:56AM                  | Saubhagya Until 12:50PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:31PM  |  | Moon 10 - Phase 28 |
|                     |             | 775762364 <b>Rahu</b> 1:33PM – 3:12PM | Balava Until 5:39AM Fri       | <b>Nataraja:</b> Clear   |                        |  | Prathama           |
| Creative Work       | Siddha Yoga |                                       | <b>Prathama* Until 5:37PM</b> | Moon – Orange  |                        | <b>Sivaloka Day</b>                                  |                    |
|                     |             | <b>Skanda Shasthi Begins</b>          |                               | <b>Kartika•Aipasi</b>  |                        |  |                    |

|   |  |   |   |   |  |
|---|--|---|---|---|--|
| 1 | <b>Friday, November 9, 2018</b>  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau |   |   | Johannesburg, ZA<br>Sun 15 Sutra 208<br>Vilamba 5120   |
|   | Vrischika Rasi: 10.46 Tithi 2 – 3  | 775762364   | <b>Gulika</b> 6:55AM – 8:35AM<br><b>Yama</b> 3:13PM – 4:52PM<br><b>Rahu</b> 10:14AM – 11:54AM | <b>Anuradha</b> Until 5:02PM<br>Sobhana Until 11:45AM<br>Taitila Until 6:12AM Sat<br>Dvitiya Until 5:49PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:16AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 6:32PM<br><b>Nataraja:</b> Clear<br>Moon – Orange |
|   | Creative Work Siddha Yoga<br>Until 5:02PM<br>Then Routine Work - Marana Yoga |   |   |   | <b>Sivaloka Day</b><br><b>Kartika-Aipasi</b>   |
|   |  |   |   |   | Moon 10 - Phase 29<br>3rd Phase  |

|   |                                    |  |  |   |  |
|---|------------------------------------|--|--|---|--|
| 2 | <b>Saturday, November 10, 2018</b> | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Triliyayam Titau |  |   | Johannesburg, ZA<br>Sun 16 Sutra 209<br>Vilamba 5120   |
|   | Vrischika Rasi: 23.3 Tithi 3       | 775762364  | <b>Gulika</b> 5:15AM – 6:55AM<br><b>Yama</b> 1:34PM – 3:13PM<br><b>Rahu</b> 8:35AM – 10:14AM | <b>Jyeshtha*</b> Until 6:18PM<br>Athiganda* Until 11:08AM<br>Taitila Until 6:12AM<br>Tritiya Until 6:42PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:15AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 6:33PM<br><b>Nataraja:</b> Clear<br>Moon – Orange |
|   | Creative Work Siddha Yoga          |  |  |   | <b>Sivaloka Day</b><br><b>Kartika-Aipasi</b>   |
|   |                                    |  |  |   | Moon 10 - Phase 29<br>3rd Phase  |

|   |   |   |  |  |   |
|---|---|---|--|--|---|
| 3 | <b>Sunday, November 11, 2018</b>  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau |  |  | Johannesburg, ZA<br>Sun 17 Sutra 210<br>Vilamba 5120  |
|   | Dhanus Rasi: 5.56 Tithi 4   | 785762364   | <b>Gulika</b> 3:14PM – 4:53PM<br><b>Yama</b> 11:54AM – 1:34PM<br><b>Rahu</b> 4:53PM – 6:33PM | <b>Mula*</b> Until 8:31PM<br>Sukarma Until 11:03AM<br>Vanija Until 7:25AM<br>Chaturthi* Until 8:15PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:15AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 6:33PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue |
|   | Creative Work Amrita Yoga<br>Until 8:31PM<br>Then Creative Work - Siddha Yoga |   |  |  | <b>Sivaloka Day</b><br><b>Kartika-Aipasi</b>  |
|   |   |   |  |  | Moon 10 - Phase 29<br>3rd Phase   |

|   |  |  |   |  |   |
|---|--|--|---|--|---|
| 4 | <b>Monday, November 12, 2018</b>                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau |   |  | Johannesburg, ZA<br>Sun 18 Sutra 211<br>Vilamba 5120  |
|   | Dhanus Rasi: 18.06 Tithi 5<br><b>Family Home Evening</b> | 785762364  | <b>Gulika</b> 1:34PM – 3:14PM<br><b>Yama</b> 10:14AM – 11:54AM<br><b>Rahu</b> 6:54AM – 8:34AM | <b>Purvashadha*</b> Until 11:08PM<br>Dhriti Until 11:28AM<br>Bava Until 9:17AM<br>Panchami Until 10:23PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:14AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 6:34PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue |
|   | Routine Work Marana Yoga                                 |  |   |  | <b>Sivaloka Day</b><br><b>Kartika-Aipasi</b>  |
|   |  |  |   |  | Moon 10 - Phase 29<br>3rd Phase   |

|   |   |   |   |  |   |
|---|---|---|---|--|---|
| 5 | <b>Tuesday, November 13, 2018</b>   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau |   |  | Johannesburg, ZA<br>Sun 19 Sutra 212<br>Vilamba 5120  |
|   | Makara Rasi: 0.04 Tithi 6   | 785762364   | <b>Gulika</b> 11:54AM – 1:34PM<br><b>Yama</b> 8:34AM – 10:14AM<br><b>Rahu</b> 3:14PM – 4:55PM | <b>Uttarashadha</b> Until 1:58AM Wed<br>Shula* Until 12:12PM<br>Kaulava Until 11:38AM<br>Shashthi* Until 12:55AM Wed | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:14AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 6:35PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue |
|   | Routine Work Prabalarishta Yoga<br>Until 1:58AM Wed<br>Then Creative Work - Siddha Yoga |   | <b>Skanda Shasthi</b>   |  | <b>Sivaloka Day</b><br><b>Kartika-Aipasi</b>  |
|   |   |   |   |  | Moon 10 - Phase 29<br>3rd Phase   |

|   |                                     |   |  |  |  |
|---|-------------------------------------|---|--|--|--|
| 6 | <b>Wednesday, November 14, 2018</b> | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau |  |  | Johannesburg, ZA<br>Sun 20 Sutra 213<br>Vilamba 5120   |
|   | Makara Rasi: 11.53 Tithi 7          | 795762364   | <b>Gulika</b> 10:14AM – 11:54AM<br><b>Yama</b> 6:54AM – 8:34AM<br><b>Rahu</b> 11:54AM – 1:35PM | <b>Shravana</b> Until 5:16AM Thu<br>Ganda* Until 1:10PM<br>Gara Until 2:18PM<br>Saptami Until 3:38AM Thu | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:13AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 6:35PM<br><b>Nataraja:</b> Clear<br>Moon – Purple |
|   | Creative Work Siddha Yoga           |   |  |  | <b>Subha Sivaloka Day</b><br><b>Kartika-Aipasi</b>   |
|   |                                     |   |  |  | Moon 10 - Phase 29<br>3rd Phase  |

|   |   |  |  |   |  |
|---|---|--|--|---|--|
| D | <b>Thursday, November 15, 2018</b>                      | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau |  |   | Johannesburg, ZA<br>Sun 21 Sutra 214<br>Vilamba 5120   |
|   | <b>Retreat Star</b>                                     | 795762364  | <b>Gulika</b> 8:34AM – 10:14AM<br><b>Yama</b> 5:13AM – 6:53AM<br><b>Rahu</b> 1:35PM – 3:15PM | <b>Dhanishtha</b> Until 8:18AM Fri<br>Vriddhi Until 2:10PM<br>Visti Until 4:59PM<br>Ashtami* Until 6:13AM Fri | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:13AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 6:36PM<br><b>Nataraja:</b> Clear<br>Moon – Purple |
|   | Makara Rasi: 23.41 Tithi 8<br>Creative Work Siddha Yoga |  |  |   | <b>Subha Sivaloka Day</b><br><b>Kartika-Aipasi</b>   |
|   |   |  |  |   | Moon 10 - Phase 29<br>Ashtami  |

|   |  |   |   |   |  |
|---|--|---|---|---|--|
| D | <b>Friday, November 16, 2018</b>                           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhruva*/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |   |   | Johannesburg, ZA<br>Sun 22 Sutra 215<br>Vilamba 5120   |
|   | <b>Retreat Star</b>  | 795762364   | <b>Gulika</b> 6:53AM – 8:34AM<br><b>Yama</b> 3:16PM – 4:56PM<br><b>Rahu</b> 10:14AM – 11:55AM | <b>Dhanishtha</b> Until 8:18AM<br>Dhruva Until 2:59PM<br>Balava Until 7:25PM<br>Ashtami* Until 6:13AM | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:13AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 6:37PM<br><b>Nataraja:</b> Clear<br>Moon – Purple |
|   | Kumbha Rasi: 5.31 Tithi 8 – 9<br>Creative Work Siddha Yoga |   |   |   | <b>Subha Sivaloka Day</b><br><b>Kartika-Kartikai</b>   |
|   |  |   |   |   | Moon 10 - Phase 29<br>Navami   |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


|                                 |              |  |  |                           |                        |  |           |                     |  |
|---------------------------------|--------------|--|--|---------------------------|------------------------|--|-----------|---------------------|--|
| <b>1</b>                        |              | <b>Saturday, November 17, 2018</b>     |  |                           |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau |           | Johannesburg, ZA    |  |
| Kumbha Rasi: 17.3               | Tithi 9 – 10 | <b>Gulika</b> 5:12AM – 6:53AM          | <b>Shatabhishak</b> <b>Until 10:47AM</b> | <b>Ganesha:</b> Clear     | <i>Sunrise:</i> 5:12AM | Sun 23   | Sutra 216 | Vilamba 5120        |  |
|                                 |              | Yama 1:36PM – 3:16PM                   | Vyaghata* <b>Until 3:29PM</b>            | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:38PM  | Moon 10 - Phase 30   |           | 4th Phase           |  |
|                                 |              | 796762365 <b>Rahu</b> 8:34AM – 10:14AM | Taitila <b>Until 9:23PM</b>              | <b>Nataraja:</b> White    |                        | Moon – Purple  |           | <b>Devaloka Day</b> |  |
| Creative Work                   | Amrita Yoga  |  | <b>Navami* Until 8:27AM</b>              | <b>Karttika-Karttikai</b> |                        |  |           |                     |  |
| Until 10:47AM                   |              |  |  |                           |                        |  |           |                     |  |
| Then Routine Work - Marana Yoga |              |  |  |                           |                        |  |           |                     |  |

|                                  |               |                                       |  |                           |                        |   |           |                     |  |
|----------------------------------|---------------|---------------------------------------|--|---------------------------|------------------------|---|-----------|---------------------|--|
| <b>2</b>                         |               | <b>Sunday, November 18, 2018</b>      |  |                           |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |           | Johannesburg, ZA    |  |
| Kumbha Rasi: 29.41               | Tithi 10 – 11 | <b>Gulika</b> 3:17PM – 4:58PM         | <b>Purvaprosarthapada*</b> <b>Until 1:02PM</b> | <b>Ganesha:</b> Red       | <i>Sunrise:</i> 5:12AM | Sun 24  | Sutra 217 | Vilamba 5120        |  |
|                                  |               | Yama 11:55AM – 1:36PM                 | Harshana <b>Until 3:32PM</b>                   | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:38PM  | Moon 10 - Phase 30  |           | 4th Phase           |  |
|                                  |               | 716762365 <b>Rahu</b> 4:58PM – 6:38PM | Vanija <b>Until 10:41PM</b>                    | <b>Nataraja:</b> White    |                        | Moon – Clear  |           | <b>Devaloka Day</b> |  |
| Creative Work                    | Siddha Yoga   |                                       | <b>Dashami Until 10:06AM</b>                   | <b>Karttika-Karttikai</b> |                        |   |           |                     |  |
| Until 1:02PM                     |               |                                       |  |                           |                        |   |           |                     |  |
| Then Creative Work - Amrita Yoga |               |                                       |  |                           |                        |   |           |                     |  |

|                            |               |                                       |  |                           |                        |   |           |                     |  |
|----------------------------|---------------|---------------------------------------|--|---------------------------|------------------------|---|-----------|---------------------|--|
| <b>3</b>                   |               | <b>Monday, November 19, 2018</b>      |  |                           |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |           | Johannesburg, ZA    |  |
| Meena Rasi: 12.11          | Tithi 11 – 12 | <b>Gulika</b> 1:36PM – 3:17PM         | <b>Uttaraprosarthapada</b> <b>Until 2:25PM</b> | <b>Ganesha:</b> Red       | <i>Sunrise:</i> 5:11AM | Sun 25  | Sutra 218 | Vilamba 5120        |  |
| <b>Family Home Evening</b> |               | Yama 10:14AM – 11:55AM                | Vajra* <b>Until 3:00PM</b>                     | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:39PM  | Moon 10 - Phase 30  |           | 4th Phase           |  |
|                            |               | 716762365 <b>Rahu</b> 6:52AM – 8:33AM | Bava <b>Until 11:15PM</b>                      | <b>Nataraja:</b> White    |                        | Moon – Clear  |           | <b>Devaloka Day</b> |  |
| Creative Work              | Siddha Yoga   |                                       | <b>Ekadashi Until 11:02AM</b>                  | <b>Karttika-Karttikai</b> |                        |   |           |                     |  |

|                   |               |                                       |                                   |                           |                        |   |           |                     |  |
|-------------------|---------------|---------------------------------------|-----------------------------------|---------------------------|------------------------|---|-----------|---------------------|--|
| <b>4</b>          |               | <b>Tuesday, November 20, 2018</b>     |                                   |                           |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |           | Johannesburg, ZA    |  |
| Meena Rasi: 25.02 | Tithi 12 – 13 | <b>Gulika</b> 11:56AM – 1:37PM        | <b>Revati</b> <b>Until 2:56PM</b> | <b>Ganesha:</b> Red       | <i>Sunrise:</i> 5:11AM | Sun 26  | Sutra 219 | Vilamba 5120        |  |
|                   |               | Yama 8:33AM – 10:14AM                 | Siddhi <b>Until 1:53PM</b>        | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:40PM  | Moon 10 - Phase 30  |           | 4th Phase           |  |
|                   |               | 716762365 <b>Rahu</b> 3:18PM – 4:59PM | Kaulava <b>Until 11:03PM</b>      | <b>Nataraja:</b> White    |                        | Moon – Clear  |           | <b>Devaloka Day</b> |  |
| Creative Work     | Siddha Yoga   |                                       | <b>Dvadashi Until 11:13AM</b>     | <b>Karttika-Karttikai</b> |                        |   |           |                     |  |
|                   |               |                                       |                                   | <i>Pradosha Vrata</i>     |                        |   |           |                     |  |

|                                  |               |  |                                    |                           |                        |   |           |                    |  |
|----------------------------------|---------------|--|------------------------------------|---------------------------|------------------------|---|-----------|--------------------|--|
| <b>5</b>                         |               | <b>Wednesday, November 21, 2018</b>    |                                    |                           |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |           | Johannesburg, ZA   |  |
| Mesha Rasi: 8.14                 | Tithi 13 – 14 | <b>Gulika</b> 10:15AM – 11:56AM        | <b>Ashvini</b> <b>Until 3:03PM</b> | <b>Ganesha:</b> Blue      | <i>Sunrise:</i> 5:11AM | Sun 27  | Sutra 220 | Vilamba 5120       |  |
|                                  |               | Yama 6:52AM – 8:33AM                   | Vyailpata* <b>Until 12:13PM</b>    | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:41PM  | Moon 10 - Phase 30  |           | 4th Phase          |  |
|                                  |               | 726762365 <b>Rahu</b> 11:56AM – 1:37PM | Gara <b>Until 10:10PM</b>          | <b>Nataraja:</b> White    |                        | Moon – White  |           | <b>Bhuloka Day</b> |  |
| Routine Work                     | Marana Yoga   |  | <b>Trayodashi Until 10:40AM</b>    | <b>Karttika-Karttikai</b> |                        | <b>Devaloka Time: 12:PM to 3:PM</b>   |           |                    |  |
| Until 3:03PM                     |               |  |                                    |                           |                        |   |           |                    |  |
| Then Creative Work - Siddha Yoga |               |  |                                    |                           |                        |   |           |                    |  |

|   |               |                                       |                                    |                           |                        |  |           |                    |  |
|---|---------------|---------------------------------------|------------------------------------|---------------------------|------------------------|--|-----------|--------------------|--|
|  |               | <b>Thursday, November 22, 2018</b>    |                                    |                           |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |           | Johannesburg, ZA   |  |
| Mesha Rasi: 21.5  | Tithi 14 – 15 | <b>Gulika</b> 8:33AM – 10:15AM        | <b>Bharani</b> <b>Until 2:23PM</b> | <b>Ganesha:</b> Blue      | <i>Sunrise:</i> 5:11AM | Sun 28   | Sutra 221 | Vilamba 5120       |  |
|   |               | Yama 5:11AM – 6:52AM                  | Varyan <b>Until 10:01AM</b>        | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:41PM  | Moon 10 - Phase 30   |           | Purnima            |  |
|   |               | 726762365 <b>Rahu</b> 1:37PM – 3:19PM | Visti <b>Until 8:40PM</b>          | <b>Nataraja:</b> White    |                        | Moon – White   |           | <b>Bhuloka Day</b> |  |
| Creative Work   | Siddha Yoga   |                                       | <b>Chaturdashi* Until 9:28AM</b>   | <b>Karttika-Karttikai</b> |                        | <b>Devaloka Time: 12:PM to 3:PM</b>  |           |                    |  |
| Until 2:23PM  |               |                                       |                                    |                           |                        |  |           |                    |  |
| Then Routine Work - Marana Yoga   |               |                                       |                                    |                           |                        |  |           |                    |  |

|                                  |               |   |                                     |                           |                        |  |           |                    |  |
|----------------------------------|---------------|---|-------------------------------------|---------------------------|------------------------|--|-----------|--------------------|--|
| <b>Friday, November 23, 2018</b> |               | <b>Silver Retreat Star</b>              |                                     |                           |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau |           | Johannesburg, ZA   |  |
| Vrishabha Rasi: 5.44             | Tithi 15 – 16 | <b>Gulika</b> 6:52AM – 8:33AM           | <b>Krittika</b> <b>Until 1:05PM</b> | <b>Ganesha:</b> Blue      | <i>Sunrise:</i> 5:10AM | Sun 29   | Sutra 222 | Vilamba 5120       |  |
|                                  |               | Yama 3:19PM – 5:01PM                    | Parigha* <b>Until 7:25AM</b>        | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:42PM  | Moon 10 - Phase 30   |           | Prathama           |  |
|                                  |               | 726762365 <b>Rahu</b> 10:15AM – 11:56AM | Balava <b>Until 6:42PM</b>          | <b>Nataraja:</b> White    |                        | Moon – White   |           | <b>Bhuloka Day</b> |  |
| Creative Work                    | Siddha Yoga   |   | <b>Purnima* Until 7:43AM</b>        | <b>Karttika-Karttikai</b> |                        | <b>Devaloka Time: 12:PM to 3:PM</b>  |           |                    |  |
| Until 1:05PM                     |               |   |                                     |                           |                        |  |           |                    |  |
| Then Routine Work - Marana Yoga  |               | <b>Vinayaga Viratam Begins</b>          |                                     |                           |                        |  |           |                    |  |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Johannesburg, ZA

Sutra 223

Vilamba 5120

Vrishabha Rasi: 19.56 Tithi 17

737762365

**Gulika** 5:10AM – 6:52AM  
**Yama** 1:38PM – 3:20PM  
**Rahu** 8:33AM – 10:15AM

**Rohini Until 11:42AM**  
Siddha Until 1:19AM Sun  
Taitila Until 4:25PM  
**Dvitiya Until 3:10AM Sun**

**Ganesha:** Red *Sunrise: 5:10AM*  
**Muruga:** Clear *Sunset: 6:43PM*  
**Nataraja:** White  
Moon – Yellow

Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 11:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visli\* Karana Tritiyayam Titau

Johannesburg, ZA

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 4.17 Tithi 18

737762365

**Gulika** 3:20PM – 5:02PM  
**Yama** 11:57AM – 1:39PM  
**Rahu** 5:02PM – 6:44PM

**Mrigashira Until 9:56AM**  
Sadhya Until 10:02PM  
Vanija Until 1:55PM  
**Tritiya Until 12:37AM Mon**

**Ganesha:** Red *Sunrise: 5:10AM*  
**Muruga:** Clear *Sunset: 6:44PM*  
**Nataraja:** White  
Moon – Yellow

Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:42AM

Then Creative Work - Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Johannesburg, ZA

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 18.44 Tithi 19

737762365

**Gulika** 1:39PM – 3:21PM  
**Yama** 10:15AM – 11:57AM  
**Rahu** 6:52AM – 8:34AM

**Ardra Until 7:57AM**  
Subha Until 6:45PM  
Bava Until 11:21AM  
**Chaturthi\* Until 10:04PM**

**Ganesha:** Red *Sunrise: 5:10AM*  
**Muruga:** Clear *Sunset: 6:44PM*  
**Nataraja:** White  
Moon – Yellow

Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Johannesburg, ZA

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 3.1 Tithi 20

747762365

**Gulika** 11:57AM – 1:39PM  
**Yama** 8:34AM – 10:16AM  
**Rahu** 3:21PM – 5:03PM

**Punarvasu Until 6:16AM**  
Sukla Until 3:30PM  
Kaulava Until 8:50AM  
**Panchami Until 7:36PM**

**Ganesha:** Green *Sunrise: 5:10AM*  
**Muruga:** Clear *Sunset: 6:45PM*  
**Nataraja:** White  
Moon – Blue

Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Visli\* Karana Shashthi/Saptamyam Titau

Johannesburg, ZA

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 17.31 Tithi 21 – 22

747862365

**Gulika** 10:16AM – 11:58AM  
**Yama** 6:52AM – 8:34AM  
**Rahu** 11:58AM – 1:40PM

**Ashlesha\* Until 2:55AM Thu**  
Brahma Until 12:23PM  
Gara Until 6:26AM  
**Shashthi\* Until 5:17PM**

**Ganesha:** White *Sunrise: 5:10AM*  
**Muruga:** Clear *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Blue

Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Johannesburg, ZA

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 1.44 Tithi 22 – 23

757863365

**Gulika** 8:34AM – 10:16AM  
**Yama** 5:10AM – 6:52AM  
**Rahu** 1:40PM – 3:22PM

**Magha\* Until 1:46AM Fri**  
Indra Until 9:27AM  
Balava Until 2:17AM Fri  
**Saptami Until 3:12PM**

**Ganesha:** Clear *Sunrise: 5:10AM*  
**Muruga:** Purple *Sunset: 6:47PM*  
**Nataraja:** White  
Moon – Red

Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 1:46AM Fri

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Johannesburg, ZA

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 15.47 Tithi 23 – 24

757863365

**Gulika** 6:52AM – 8:34AM  
**Yama** 3:23PM – 5:05PM  
**Rahu** 10:16AM – 11:59AM

**Purvaphalguni Until 12:45AM Sat**  
Vaidhriti\* Until 6:41AM  
Taitila Until 12:35AM Sat  
**Ashtami\* Until 1:22PM**

**Ganesha:** Clear *Sunrise: 5:10AM*  
**Muruga:** Purple *Sunset: 6:47PM*  
**Nataraja:** White  
Moon – Red

Moon 11 - Phase 31  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 12:45AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Johannesburg, ZA

Sun 7 Sutra 230

Vilamba 5120

Simha Rasi: 29.41 Tithi 24 – 25

758863365

**Gulika** 5:10AM – 6:52AM  
**Yama** 1:41PM – 3:24PM  
**Rahu** 8:34AM – 10:17AM

**Uttaraphalguni Until 11:50PM**  
Priti Until 1:50AM Sun  
Vanija Until 11:09PM  
**Navami\* Until 11:49AM**

**Ganesha:** Orange *Sunrise: 5:10AM*  
**Muruga:** Purple *Sunset: 6:48PM*  
**Nataraja:** White  
Moon – Red

Moon 11 - Phase 31  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

|                                   |               |  |                                   |   |
|-----------------------------------|---------------|--|-----------------------------------|---|
| <b>1 Sunday, December 2, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasla Nakshatra Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau |                                   | Johannesburg, ZA<br>Sun 8 Sutra 231<br>Vilamba 5120 |
| Kanya Rasi: 13.25                 | Tithi 25 – 26 | <b>Gulika</b> 3:24PM – 5:06PM  | <b>Hasta</b> <b>Until 11:30PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:10AM   |
|                                   |               | Yama 11:59AM – 1:42PM  | Ayushman <b>Until 11:43PM</b>     | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:49PM         |
|                                   | 768863365     | <b>Rahu</b> 5:06PM – 6:49PM  | Bava <b>Until 10:01PM</b>         | <b>Nataraja:</b> White                              |
| Creative Work                     | Amrita Yoga   |  | Dashami <b>Until 10:31AM</b>      | Moon – Green  |
| Until 11:30PM                     |               |  |                                   | <b>Bhuloka Day</b>                                  |
| Then Creative Work - Siddha Yoga  |               |  |                                   | <b>Karttika-Karttikai</b>                           |

|                                   |                    |  |                                    |   |
|-----------------------------------|--------------------|--|------------------------------------|---|
| <b>2 Monday, December 3, 2018</b> |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                    | Johannesburg, ZA<br>Sun 9 Sutra 232<br>Vilamba 5120 |
| Kanya Rasi: 26.58                 | Tithi 26 – 27      | <b>Gulika</b> 1:42PM – 3:25PM  | <b>Chitra</b> <b>Until 11:20PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:10AM   |
| <b>Family Home Evening</b>        |                    | Yama 10:17AM – 12:00PM   | Saubhagya <b>Until 9:52PM</b>      | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:50PM         |
| Routine Work                      | Prabalarishta Yoga | <b>Rahu</b> 6:52AM – 8:35AM  | Kaulava <b>Until 9:11PM</b>        | <b>Nataraja:</b> White                              |
| Until 11:20PM                     |                    |  | <b>Ekadashi* Until 9:32AM</b>      | Moon – Green  |
| Then Creative Work - Amrita Yoga  |                    |  |                                    | <b>Bhuloka Day</b>                                  |
|                                   |                    |  |                                    | <b>Karttika-Karttikai</b>                           |

|                                    |               |   |                                   |  |
|------------------------------------|---------------|---|-----------------------------------|--|
| <b>3 Tuesday, December 4, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati Nakshatra Sobhana Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau |                                   | Johannesburg, ZA<br>Sun 10 Sutra 233<br>Vilamba 5120 |
| Tula Rasi: 10.21                   | Tithi 27 – 28 | <b>Gulika</b> 12:00PM – 1:43PM  | <b>Svati</b> <b>Until 11:21PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:10AM    |
|                                    |               | Yama 8:35AM – 10:17AM   | Sobhana <b>Until 8:17PM</b>       | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:50PM          |
|                                    | 768863365     | <b>Rahu</b> 3:25PM – 5:08PM   | Gara <b>Until 8:41PM</b>          | <b>Nataraja:</b> White                               |
| Creative Work                      | Siddha Yoga   |   | <b>Dvadashi* Until 8:52AM</b>     | Moon – Green   |
| Until 11:21PM                      |               |   |                                   | <b>Bhuloka Day</b>                                   |
| Then Routine Work - Marana Yoga    |               |   |                                   | <b>Karttika-Karttikai</b>                            |
|                                    |               |   |                                   | <i>Pradosha Vrata (Fasting)</i>                      |

|                                      |               |   |  |  |
|--------------------------------------|---------------|---|--|--|
| <b>4 Wednesday, December 5, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Athiganda* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau |  | Johannesburg, ZA<br>Sun 11 Sutra 234<br>Vilamba 5120 |
| Tula Rasi: 23.32                     | Tithi 28 – 29 | <b>Gulika</b> 10:18AM – 12:00PM   | <b>Vishakha</b> <b>Until 12:03AM Thu</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:10AM        |
|                                      |               | Yama 6:52AM – 8:35AM  | Athiganda* <b>Until 7:00PM</b>           | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:51PM          |
|                                      | 778863365     | <b>Rahu</b> 12:00PM – 1:43PM  | Visti <b>Until 8:36PM</b>                | <b>Nataraja:</b> White                               |
| Creative Work                        | Siddha Yoga   |   | <b>Trayodashi* Until 8:34AM</b>          | Moon – Orange  |
|                                      |               |   |  | <b>Bhuloka Day</b>                                   |
|                                      |               |   |  | <b>Karttika-Karttikai</b>                            |

|                                   |               |  |   |  |
|-----------------------------------|---------------|--|---|--|
| <b>Thursday, December 6, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |   | Johannesburg, ZA<br>Sun 12 Sutra 235<br>Vilamba 5120 |
| <b>Retreat Star</b>               |               | <b>Gulika</b> 8:35AM – 10:18AM   | <b>Anuradha</b> <b>Until 1:04AM Fri</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:10AM        |
| Vrischika Rasi: 6.31              | Tithi 29 – 30 | Yama 5:10AM – 6:53AM   | Sukarma <b>Until 6:04PM</b>             | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:52PM          |
|                                   | 778863365     | <b>Rahu</b> 1:44PM – 3:26PM  | Catuspada <b>Until 8:59PM</b>           | <b>Nataraja:</b> White                               |
| Creative Work                     | Siddha Yoga   |  | <b>Chaturdashi* Until 8:42AM</b>        | Moon – Orange  |
| Until 1:04AM Fri                  |               |  |   | <b>Bhuloka Day</b>                                   |
| Then Routine Work - Marana Yoga   |               |  |   | <b>Karttika-Karttikai</b>                            |

|                                  |              |   |                                   |  |
|----------------------------------|--------------|---|-----------------------------------|--|
| <b>Friday, December 7, 2018</b>  |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                   | Johannesburg, ZA<br>Sun 13 Sutra 236<br>Vilamba 5120 |
| <b>Retreat Star</b>              |              | <b>Gulika</b> 6:53AM – 8:36AM   | <b>Jyeshtha* Until 2:25AM Sat</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:10AM    |
| Vrischika Rasi: 19.15            | Tithi 30 – 1 | Yama 3:27PM – 5:10PM  | Dhriti <b>Until 5:33PM</b>        | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:52PM          |
|                                  | 779863365    | <b>Rahu</b> 10:18AM – 12:01PM   | Kintughna <b>Until 9:52PM</b>     | <b>Nataraja:</b> White                               |
| Routine Work                     | Marana Yoga  |   | <b>Amavasya* Until 9:20AM</b>     | Moon – Orange  |
| Until 2:25AM Sat                 |              |   |                                   | <b>Bhuloka Day</b>                                   |
| Then Creative Work - Siddha Yoga |              |   |                                   | <b>Margasira-Karttikai</b>                           |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

|          |                                   |             |   |   |  |  |   |
|----------|-----------------------------------|-------------|---|---|--|--|---|
| <b>1</b> | <b>Saturday, December 8, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   |  |  | Johannesburg, ZA  |
|          | Dhanus Rasi: 1.46                 | Tithi 1 – 2 | 799863365   | <b>Gulika</b><br>5:10AM – 6:53AM<br><b>Yama</b><br>1:45PM – 3:27PM<br><b>Rahu</b><br>8:36AM – 10:19AM | <b>Mula* Until 4:36AM Sun</b><br>Shula* Until 5:24PM<br>Balava Until 11:18PM<br><b>Prathama* Until 10:29AM</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Margasira-Karttikai</b> | Sunrise: 5:10AM<br>Sunset: 6:53PM<br><b>Bhuloka Day</b>             |
|          | Creative Work                     | Siddha Yoga |   |   |  |  | Sun 14 Sutra 237<br>Vilamba 5120<br>Moon 11 - Phase 33<br>3rd Phase |
|          |                                   |             |   |   |  |  |   |

|          |                                 |                                 |   |   |   |  |   |
|----------|---------------------------------|---------------------------------|---|---|---|--|---|
| <b>2</b> | <b>Sunday, December 9, 2018</b> |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |   |   |  | Johannesburg, ZA  |
|          | Dhanus Rasi: 14.02              | Tithi 2 – 3                     | 789863365   | <b>Gulika</b><br>3:28PM – 5:11PM<br><b>Yama</b><br>12:02PM – 1:45PM<br><b>Rahu</b><br>5:11PM – 6:54PM | <b>Purvashadha* Until 7:07AM Mon</b><br>Ganda* Until 5:41PM<br>Taitila Until 1:15AM Mon<br><b>Dvitiya Until 12:11PM</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Margasira-Karttikai</b> | Sunrise: 5:10AM<br>Sunset: 6:54PM<br><b>Bhuloka Day</b>             |
|          | Creative Work                   | Siddha Yoga                     |   |   |   |  | Sun 15 Sutra 238<br>Vilamba 5120<br>Moon 11 - Phase 33<br>3rd Phase |
|          | Until 7:07AM Mon                | Then Routine Work - Marana Yoga |   |   |   |  |   |

|          |                                  |              |   |  |  |  |   |
|----------|----------------------------------|--------------|---|--|--|--|---|
| <b>3</b> | <b>Monday, December 10, 2018</b> |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vridhhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |  |  |  | Johannesburg, ZA  |
|          | Dhanus Rasi: 26.06               | Tithi 3 – 4  | 789863365   | <b>Gulika</b><br>1:46PM – 3:29PM<br><b>Yama</b><br>10:20AM – 12:03PM<br><b>Rahu</b><br>6:54AM – 8:37AM | <b>Purvashadha* Until 7:07AM</b><br>Vridhhi Until 6:18PM<br>Vanija Until 3:38AM Tue<br><b>Tritiya Until 2:22PM</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Margasira-Karttikai</b> | Sunrise: 5:11AM<br>Sunset: 6:55PM<br><b>Bhuloka Day</b>             |
|          | Family Home Evening              | Routine Work | Marana Yoga   |  |  |  | Sun 16 Sutra 239<br>Vilamba 5120<br>Moon 11 - Phase 33<br>3rd Phase |
|          |                                  |              |   |  |  |  |   |

|          |                                   |                                  |  |  |  |  |   |
|----------|-----------------------------------|----------------------------------|--|--|--|--|---|
| <b>4</b> | <b>Tuesday, December 11, 2018</b> |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  |  |  | Johannesburg, ZA  |
|          | Makara Rasi: 8.01                 | Tithi 4 – 5                      | 799863365  | <b>Gulika</b><br>12:03PM – 1:46PM<br><b>Yama</b><br>8:37AM – 10:20AM<br><b>Rahu</b><br>3:29PM – 5:12PM | <b>Uttarashadha Until 9:51AM</b><br>Dhruva Until 7:10PM<br>Bava Until 6:18AM Wed<br><b>Chaturthi* Until 4:55PM</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Margasira-Karttikai</b> | Sunrise: 5:11AM<br>Sunset: 6:55PM<br><b>Bhuloka Day</b>             |
|          | Routine Work                      | Prabalarishta Yoga               |  |  |  |  | Sun 17 Sutra 240<br>Vilamba 5120<br>Moon 11 - Phase 33<br>3rd Phase |
|          | Until 9:51AM                      | Then Creative Work - Siddha Yoga |  |  |  |  |   |

|          |                                     |  |   |   |   |   |  |
|----------|-------------------------------------|--|---|---|---|---|--|
| <b>5</b> | <b>Wednesday, December 12, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau |   |   |   | Johannesburg, ZA   |
|          | Makara Rasi: 19.49                  | Tithi 5                                | 799863365   | <b>Gulika</b><br>10:20AM – 12:03PM<br><b>Yama</b><br>6:54AM – 8:37AM<br><b>Rahu</b><br>12:03PM – 1:47PM | <b>Shravana Until 1:08PM</b><br>Vyaghata* Until 8:10PM<br>Bava Until 6:18AM<br><b>Panchami Until 7:40PM</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Margasira-Karttikai</b> | Sunrise: 5:11AM<br>Sunset: 6:56PM<br><b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
|          | Creative Work                       | Siddha Yoga                            |   |   |   |   | Sun 18 Sutra 241<br>Vilamba 5120<br>Moon 11 - Phase 33<br>3rd Phase                    |
|          | Until 1:08PM                        | Then Routine Work - Prabalarishta Yoga |   |   |   |   |  |

|          |                                    |             |   |   |   |   |  |
|----------|------------------------------------|-------------|---|---|---|---|--|
| <b>6</b> | <b>Thursday, December 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau |   |   |   | Johannesburg, ZA   |
|          | Kumbha Rasi: 2                     | Tithi 6     | 799863365   | <b>Gulika</b><br>8:38AM – 10:21AM<br><b>Yama</b><br>5:11AM – 6:55AM<br><b>Rahu</b><br>1:47PM – 3:30PM | <b>Dhanishtha Until 4:17PM</b><br>Harshana Until 9:09PM<br>Kaulava Until 9:03AM<br><b>Shashthi* Until 10:22PM</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Margasira-Karttikai</b> | Sunrise: 5:11AM<br>Sunset: 6:56PM<br><b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
|          | Creative Work                      | Siddha Yoga |   |   |   |   | Sun 19 Sutra 242<br>Vilamba 5120<br>Moon 11 - Phase 33<br>3rd Phase                    |
|          |                                    |             |   |   |   |   |  |

Vinayaga Viratam Ends

|          |                                  |             |  |  |   |   |  |
|----------|----------------------------------|-------------|--|--|---|---|--|
| <b>7</b> | <b>Friday, December 14, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau |  |   |   | Johannesburg, ZA   |
|          | <b>Retreat Star</b>              |             | 799863365  | <b>Gulika</b><br>6:55AM – 8:38AM<br><b>Yama</b><br>3:31PM – 5:14PM<br><b>Rahu</b><br>10:21AM – 12:04PM | <b>Shatabhishak Until 7:04PM</b><br>Vajra* Until 9:55PM<br>Gara Until 11:40AM<br><b>Saptami Until 12:49AM Sat</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Margasira-Karttikai</b> | Sunrise: 5:12AM<br>Sunset: 6:57PM<br><b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
|          | Kumbha Rasi: 13.25               | Tithi 7     |  |  |   |   | Sun 20 Sutra 243<br>Vilamba 5120<br>Moon 11 - Phase 33<br>3rd Phase                    |
|          | Creative Work                    | Siddha Yoga |  |  |   |   |  |

|          |                                    |             |   |   |   |  |  |
|----------|------------------------------------|-------------|---|---|---|--|--|
| <b>8</b> | <b>Saturday, December 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau |   |   |  | Johannesburg, ZA   |
|          | <b>Retreat Star</b>                |             | 711863365   | <b>Gulika</b><br>5:12AM – 6:55AM<br><b>Yama</b><br>1:48PM – 3:31PM<br><b>Rahu</b><br>8:38AM – 10:22AM | <b>Purvaproshtapada* Until 9:45PM</b><br>Siddhi Until 10:21PM<br>Visti Until 1:53PM<br><b>Ashtami* Until 2:45AM Sun</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Margasira-Karttikai</b> | Sunrise: 5:12AM<br>Sunset: 6:58PM<br><b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
|          | Kumbha Rasi: 25.22                 | Tithi 8     |   |   |   |  | Sun 21 Sutra 244<br>Vilamba 5120<br>Moon 11 - Phase 33<br>Ashtami                      |
|          | Routine Work                       | Marana Yoga |   |   |   |  |  |

|          |                                  |             |  |   |  |   |  |
|----------|----------------------------------|-------------|--|---|--|---|--|
| <b>9</b> | <b>Sunday, December 16, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau |   |  |   | Johannesburg, ZA   |
|          | <b>Retreat Star</b>              |             | 811863365  | <b>Gulika</b><br>3:32PM – 5:15PM<br><b>Yama</b><br>12:05PM – 1:49PM<br><b>Rahu</b><br>5:15PM – 6:58PM | <b>Uttaraproshtapada Until 11:38PM</b><br>Vyatipata* Until 10:18PM<br>Balava Until 3:30PM<br><b>Navami* Until 4:01AM Mon</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Margasira-Markali</b> | Sunrise: 5:12AM<br>Sunset: 6:58PM<br><b>Bhuloka Day</b>          |
|          | Meena Rasi: 7.32                 | Tithi 9     |  |   |  |   | Sun 22 Sutra 245<br>Vilamba 5120<br>Moon 11 - Phase 33<br>Navami |
|          | Creative Work                    | Amrita Yoga |  |   |  |   |  |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

|                                  |  |  |   |   |
|----------------------------------|--|--|---|---|
| <b>Monday, December 17, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau |   | Johannesburg, ZA<br>Sun 23 Sutra 246<br>Vilamba 5120  |
| <b>1</b>                         | Meena Rasi: 19.59 Tithi 10<br>Family Home Evening<br>Creative Work Siddha Yoga | <b>Gulika</b> 1:49PM – 3:32PM<br>Yama 10:23AM – 12:06PM<br><b>Rahu</b> 6:56AM – 8:39AM   | <b>Revati Until 12:38AM Tue</b><br>Variyan Until 9:38PM<br>Taitila Until 4:22PM<br>Dashami Until 4:29AM Tue | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:13AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 6:59PM<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Bhuloka Day</b><br>Margasira-Markali |

|                                   |  |   |  |  |
|-----------------------------------|--|---|--|--|
| <b>Tuesday, December 18, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau |  | Johannesburg, ZA<br>Sun 24 Sutra 247<br>Vilamba 5120   |
| <b>2</b>                          | Mesha Rasi: 2.48 Tithi 11<br>Creative Work Siddha Yoga | <b>Gulika</b> 12:06PM – 1:50PM<br>Yama 8:40AM – 10:23AM<br><b>Rahu</b> 3:33PM – 5:16PM  | <b>Ashvini Until 1:09AM Wed</b><br>Parigha* Until 8:21PM<br>Vanija Until 4:26PM<br>Ekadashi Until 4:08AM Wed | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:13AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 6:59PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Bhuloka Day</b><br>Margasira-Markali Devaloka Time: 6:AM to 9:AM |

|                                     |   |  |  |  |
|-------------------------------------|---|--|--|--|
| <b>Wednesday, December 19, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau |  | Johannesburg, ZA<br>Sun 25 Sutra 248<br>Vilamba 5120   |
| <b>3</b>                            | Mesha Rasi: 16.02 Tithi 12<br>Creative Work Siddha Yoga<br>Until 12:43AM Thu<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 10:24AM – 12:07PM<br>Yama 6:57AM – 8:40AM<br><b>Rahu</b> 12:07PM – 1:50PM  | <b>Bharani Until 12:43AM Thu</b><br>Shiva Until 6:26PM<br>Bava Until 3:40PM<br>Dvodashi Until 2:59AM Thu | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:14AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 7:00PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Bhuloka Day</b><br>Margasira-Markali Devaloka Time: 6:AM to 9:AM |

|                                    |  |  |   |  |
|------------------------------------|--|--|---|--|
| <b>Thursday, December 20, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau |   | Johannesburg, ZA<br>Sun 26 Sutra 249<br>Vilamba 5120   |
| <b>4</b>                           | Mesha Rasi: 29.42 Tithi 13<br>Routine Work Marana Yoga | <b>Gulika</b> 8:41AM – 10:24AM<br>Yama 5:14AM – 6:57AM<br><b>Rahu</b> 1:51PM – 3:34PM  | <b>Krittika Until 11:28PM</b><br>Siddha Until 3:56PM<br>Kaulava Until 2:09PM<br>Trayodashi Until 1:08AM Fri | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:14AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 7:01PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Bhuloka Day</b><br>Margasira-Markali Devaloka Time: 6:AM to 9:AM |

*Pradosha Vrata*

|                                  |  |   |  |   |
|----------------------------------|--|---|--|---|
| <b>Friday, December 21, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau |  | Johannesburg, ZA<br>Sun 27 Sutra 250<br>Vilamba 5120  |
| <b>5</b>                         | Vrishabha Rasi: 13.47 Tithi 14<br>Routine Work Marana Yoga<br>Until 9:54PM<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 6:58AM – 8:41AM<br>Yama 3:34PM – 5:18PM<br><b>Rahu</b> 10:24AM – 12:08PM  | <b>Rohini Until 9:54PM</b><br>Sadhya Until 12:56PM<br>Gara Until 12:00PM<br>Chaturdashi* Until 10:43PM | <b>Ganesha:</b> White <i>Sunrise:</i> 5:15AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 7:01PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Bhuloka Day</b><br>Margasira-Markali |

|                                    |   |   |   |   |
|------------------------------------|---|---|---|---|
| <b>Saturday, December 22, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau |   | Johannesburg, ZA<br>Sutra 251<br>Vilamba 5120   |
| <b>○</b>                           | <b>Copper Retreat Star</b><br>Vrishabha Rasi: 28.14 Tithi 15<br>Creative Work Siddha Yoga | <b>Gulika</b> 5:15AM – 6:58AM<br>Yama 1:52PM – 3:35PM<br><b>Rahu</b> 8:42AM – 10:25AM   | <b>Mrigashira Until 7:47PM</b><br>Subha Until 9:32AM<br>Visti Until 9:21AM<br>Purnima* Until 7:52PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:15AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 7:02PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Bhuloka Day</b><br>Margasira-Markali Devaloka Time: 9:AM to 12:PM |

|                                  |  |  |   |   |
|----------------------------------|--|--|---|---|
| <b>Sunday, December 23, 2018</b> |  | Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Taitila Karana Pratham/Dvityayam Titau |   | Johannesburg, ZA<br>Sutra 252<br>Vilamba 5120   |
| <b>○</b>                         | <b>Silver Retreat Star</b><br>Mithuna Rasi: 12.56 Tithi 16 – 17<br>Creative Work Siddha Yoga | <b>Gulika</b> 3:35PM – 5:19PM<br>Yama 12:09PM – 1:52PM<br><b>Rahu</b> 5:19PM – 7:02PM  | <b>Ardra Until 5:15PM</b><br>Brahma Until 2:00AM Mon<br>Balava Until 6:21AM<br>Prathama* Until 4:45PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:16AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 7:02PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Bhuloka Day</b><br>Margasira-Markali Devaloka Time: 9:AM to 12:PM |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 27.49 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 2:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Gulika 1:53PM - 3:36PM

Yama 10:26AM - 12:09PM

Rahu 6:59AM - 8:43AM

Day 4 of Pancha Ganapati

Punarvasu Until 2:53PM

Indra Until 10:07PM

Vanija Until 11:55PM

Dvitiya Until 1:31PM

Ganesha: Blue

Sunrise: 5:16AM

Muruqa: Purple

Sunset: 7:03PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Johannesburg, ZA

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 12.41 Tithi 18 - 19

842963365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:10PM - 1:53PM

Yama 8:43AM - 10:26AM

Rahu 3:36PM - 5:20PM

Day 5 of Pancha Ganapati

Pushya Until 12:25PM

Vaidhriti\* Until 6:18PM

Bava Until 8:47PM

Tritiya Until 10:19AM

Ganesha: Yellow

Sunrise: 5:17AM

Muruqa: Purple

Sunset: 7:03PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Johannesburg, ZA

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 27.28 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Gulika 10:27AM - 12:10PM

Yama 7:00AM - 8:44AM

Rahu 12:10PM - 1:54PM

Ashlesha\* Until 9:59AM

Vishkambha\* Until 2:39PM

Taitila Until 4:31AM Thu

Chaturthi\* Until 7:16AM

Ganesha: Yellow

Sunrise: 5:17AM

Muruqa: Purple

Sunset: 7:03PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Johannesburg, ZA

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 12.02 Tithi 21

852963366

Creative Work Amrita Yoga

Until 8:08AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:44AM - 10:27AM

Yama 5:18AM - 7:01AM

Rahu 1:54PM - 3:37PM

Magha\* Until 8:08AM

Priti Until 11:17AM

Gara Until 3:18PM

Shashthi\* Until 2:10AM Fri

Ganesha: Blue

Sunrise: 5:18AM

Muruqa: Purple

Sunset: 7:04PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Johannesburg, ZA

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 26.2 Tithi 22

852963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 7:02AM - 8:45AM

Yama 3:38PM - 5:21PM

Rahu 10:28AM - 12:11PM

Purvaphalguni Until 6:33AM

Ayushman Until 8:14AM

Visti Until 1:10PM

Saptami Until 12:16AM Sat

Ganesha: Blue

Sunrise: 5:18AM

Muruqa: Purple

Sunset: 7:04PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Johannesburg, ZA

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

D

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.19 Tithi 23

862963366

Routine Work Marana Yoga

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 5:19AM - 7:02AM

Yama 1:55PM - 3:38PM

Rahu 8:45AM - 10:29AM

Hasta Until 4:50AM Sun

Sobhana Until 3:22AM Sun

Balava Until 11:32AM

Ashtami\* Until 10:54PM

Ganesha: Red

Sunrise: 5:19AM

Muruqa: Purple

Sunset: 7:05PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Johannesburg, ZA

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 23.59 Tithi 24

862963366

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:39PM - 5:22PM

Yama 12:12PM - 1:55PM

Rahu 5:22PM - 7:05PM

Chitra Until 4:46AM Mon

Athiganda\* Until 1:33AM Mon

Taitila Until 10:26AM

Navami\* Until 10:04PM

Ganesha: Red

Sunrise: 5:20AM

Muruqa: Purple

Sunset: 7:05PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Johannesburg, ZA

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

|                                  |           |  |                               |   |                             |
|----------------------------------|-----------|--|-------------------------------|---|-----------------------------|
| <b>Monday, December 31, 2018</b> |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam |                               | Johannesburg, ZA                            |                             |
| 1                                |           | Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau                              |                               | Sun 8 Sutra 260                             |                             |
| Tula Rasi: 7.2                   | Tithi 25  | <b>Gulika</b> 1:56PM – 3:39PM  | <b>Svati Until 5:03AM Tue</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:20AM  | Vilamba 5120                |
| <b>Family Home Evening</b>       | 862963366 | Yama 10:30AM – 12:13PM   | Sukarma Until 12:09AM Tue     | <b>Muruqa:</b> Purple <i>Sunset:</i> 7:05PM | Moon 12 - Phase 36          |
| Creative Work Amrita Yoga        |           | <b>Rahu</b> 7:03AM – 8:46AM  | Vanija Until 9:52AM           | <b>Nataraja:</b> Green                      | 2nd Phase                   |
| Until 5:03AM Tue                 |           |  | <b>Dashami Until 9:45PM</b>   | Moon – Green                                | <b>Bhuloka Day</b>          |
| Then Routine Work - Marana Yoga  |           |  |                               | <b>Margasira*Markali</b>                    | Devaloka Time: 6:AM to 9:AM |

|                                  |           |   |                                  |  |                    |
|----------------------------------|-----------|---|----------------------------------|--|--------------------|
| <b>Tuesday, January 1, 2019</b>  |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam |                                  | Johannesburg, ZA                             |                    |
| 2                                |           | Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau                                |                                  | Sun 9 Sutra 261                              |                    |
| Tula Rasi: 20.25                 | Tithi 26  | <b>Gulika</b> 12:13PM – 1:56PM  | <b>Vishakha Until 6:08AM Wed</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:21AM | Vilamba 5120       |
|                                  | 872963366 | Yama 8:47AM – 10:30AM   | Dhriti Until 11:09PM             | <b>Muruqa:</b> Purple <i>Sunset:</i> 7:05PM  | Moon 12 - Phase 36 |
| Routine Work Marana Yoga         |           | <b>Rahu</b> 3:39PM – 5:22PM   | Bava Until 9:49AM                | <b>Nataraja:</b> Green                       | 2nd Phase          |
| Until 6:08AM Wed                 |           |   | <b>Ekadashi* Until 9:58PM</b>    | Moon – Orange                                | <b>Bhuloka Day</b> |
| Then Creative Work - Siddha Yoga |           |   |                                  | <b>Margasira*Markali</b>                     |                    |

|                                   |           |   |                                |  |                    |
|-----------------------------------|-----------|---|--------------------------------|--|--------------------|
| <b>Wednesday, January 2, 2019</b> |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam |                                | Johannesburg, ZA                             |                    |
| 3                                 |           | Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau                 |                                | Sun 10 Sutra 262                             |                    |
| Vrischika Rasi: 3.15              | Tithi 27  | <b>Gulika</b> 10:31AM – 12:14PM   | <b>Vishakha Until 6:08AM</b>   | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:22AM | Vilamba 5120       |
|                                   | 872963366 | Yama 7:05AM – 8:48AM  | Shula* Until 10:31PM           | <b>Muruqa:</b> Purple <i>Sunset:</i> 7:06PM  | Moon 12 - Phase 36 |
| Creative Work Siddha Yoga         |           | <b>Rahu</b> 12:14PM – 1:57PM  | Kaulava Until 10:17AM          | <b>Nataraja:</b> Green                       | 2nd Phase          |
|                                   |           |   | <b>Dvadashi* Until 10:40PM</b> | Moon – Orange                                | <b>Bhuloka Day</b> |
|                                   |           |   |                                | <b>Margasira*Markali</b>                     |                    |

|  |           |  |                                  |  |                    |
|--|-----------|--|----------------------------------|--|--------------------|
| <b>Thursday, January 3, 2019</b>       |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam |                                  | Johannesburg, ZA                             |                    |
| 4                                      |           | Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau                 |                                  | Sun 11 Sutra 263                             |                    |
| Vrischika Rasi: 15.52                  | Tithi 28  | <b>Gulika</b> 8:48AM – 10:31AM   | <b>Anuradha Until 7:31AM</b>     | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:22AM | Vilamba 5120       |
|  | 872963366 | Yama 5:22AM – 7:05AM   | Ganda* Until 10:14PM             | <b>Muruqa:</b> Purple <i>Sunset:</i> 7:06PM  | Moon 12 - Phase 36 |
| Creative Work Siddha Yoga              |           | <b>Rahu</b> 1:57PM – 3:40PM  | Gara Until 11:13AM               | <b>Nataraja:</b> Green                       | 2nd Phase          |
| Until 7:31AM                           |           |  | <b>Trayodashi* Until 11:51PM</b> | Moon – Orange                                | <b>Bhuloka Day</b> |
| Then Routine Work - Prabalarishta Yoga |           |  | <i>Pradosha Vrata (Fasting)</i>  | <b>Margasira*Markali</b>                     |                    |

|                                  |           |   |                                      |  |                    |
|----------------------------------|-----------|---|--------------------------------------|--|--------------------|
| <b>Friday, January 4, 2019</b>   |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam |                                      | Johannesburg, ZA                             |                    |
| 5                                |           | Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                |                                      | Sun 12 Sutra 264                             |                    |
| Vrischika Rasi: 28.16            | Tithi 29  | <b>Gulika</b> 7:06AM – 8:49AM   | <b>Jyeshtha* Until 9:12AM</b>        | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:23AM | Vilamba 5120       |
|                                  | 872963366 | Yama 3:40PM – 5:23PM  | Vriddhi Until 10:19PM                | <b>Muruqa:</b> Purple <i>Sunset:</i> 7:06PM  | Moon 12 - Phase 36 |
| Routine Work Marana Yoga         |           | <b>Rahu</b> 10:32AM – 12:15PM   | Visti Until 12:37PM                  | <b>Nataraja:</b> Green                       | 2nd Phase          |
| Until 9:12AM                     |           |   | <b>Chaturdashi* Until 1:28AM Sat</b> | Moon – Orange                                | <b>Bhuloka Day</b> |
| Then Creative Work - Amrita Yoga |           |   |                                      | <b>Margasira*Markali</b>                     |                    |

|                                  |           |   |                                   |  |                    |
|----------------------------------|-----------|---|-----------------------------------|--|--------------------|
| <b>Saturday, January 5, 2019</b> |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam |                                   | Johannesburg, ZA                             |                    |
| Retreat Star                     |           | Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau              |                                   | Sun 13 Sutra 265                             |                    |
| Dhanus Rasi: 10.29               | Tithi 30  | <b>Gulika</b> 5:24AM – 7:06AM   | <b>Mula* Until 11:36AM</b>        | <b>Ganesha:</b> White <i>Sunrise:</i> 5:24AM | Vilamba 5120       |
|                                  | 882963366 | Yama 1:58PM – 3:41PM  | Dhruva Until 10:40PM              | <b>Muruqa:</b> Purple <i>Sunset:</i> 7:06PM  | Moon 12 - Phase 36 |
| Creative Work Siddha Yoga        |           | <b>Rahu</b> 8:49AM – 10:32AM  | Catuspada Until 2:27PM            | <b>Nataraja:</b> Green                       | Amavasya           |
|                                  |           | <b>Subramuniyaswami Jayanti</b>   | <b>Amavasya* Until 3:29AM Sun</b> | Moon – Light Blue                            | <b>Bhuloka Day</b> |
|                                  |           |   |                                   | <b>Margasira*Markali</b>                     |                    |

|                                  |           |   |                                   |  |                              |
|----------------------------------|-----------|---|-----------------------------------|--|------------------------------|
| <b>Sunday, January 6, 2019</b>   |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam |                                   | Johannesburg, ZA                             |                              |
| Retreat Star                     |           | Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau   |                                   | Sun 14 Sutra 266                             |                              |
| Dhanus Rasi: 22.34               | Tithi 1   | <b>Gulika</b> 3:41PM – 5:24PM   | <b>Purvashadha* Until 2:13PM</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 5:24AM | Vilamba 5120                 |
|                                  | 882973366 | Yama 12:15PM – 1:58PM   | Vyaghata* Until 11:18PM           | <b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM   | Moon 12 - Phase 36           |
| Creative Work Siddha Yoga        |           | <b>Rahu</b> 5:24PM – 7:07PM   | Kintughna Until 4:39PM            | <b>Nataraja:</b> Green                       | Prathama                     |
| Until 2:13PM                     |           | <b>Partial Solar Eclipse</b>  | <b>Prathama* Until 5:50AM Mon</b> | Moon – Light Blue                            | <b>Bhuloka Day</b>           |
| Then Creative Work - Amrita Yoga |           |   |                                   | <b>Pausha*Markali</b>                        | Devaloka Time: 12:PM to 3:PM |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                |  |   |  |  |
|--------------------------------|--|---|--|--|
| <b>Monday, January 7, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau |  | Johannesburg, ZA<br>Sun 15 Sutra 267<br>Vilamba 5120   |
| <b>1</b>                       | Makara Rasi: 4.3<br>Tithi 2<br>Family Home Evening<br>Routine Work Marana Yoga<br>Until 4:56PM<br>Then Creative Work - Amrita Yoga | <b>Gulika</b> 1:59PM – 3:41PM<br>Yama 10:33AM – 12:16PM<br><b>Rahu</b> 7:08AM – 8:50AM  | <b>Uttarashadha Until 4:56PM</b><br>Harshana Until 12:09AM Tue<br>Balava Until 7:09PM<br><b>Dvitiya Until 8:27AM Tue</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:25AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – Light Blue<br><b>Pausha-Markali</b> |
|                                |  |   |  | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM   |

|                                 |   |  |  |  |
|---------------------------------|---|--|--|--|
| <b>Tuesday, January 8, 2019</b> |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  | Johannesburg, ZA<br>Sun 16 Sutra 268<br>Vilamba 5120   |
| <b>2</b>                        | Makara Rasi: 16.2<br>Tithi 2 – 3<br>Creative Work Siddha Yoga | <b>Gulika</b> 12:16PM – 1:59PM<br>Yama 8:51AM – 10:34AM<br><b>Rahu</b> 3:42PM – 5:24PM   | <b>Shravana Until 8:12PM</b><br>Vajra* Until 1:06AM Wed<br>Taitila Until 9:50PM<br><b>Dvitiya Until 8:27AM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:26AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – Purple<br><b>Pausha-Markali</b> |
|                                 |   |  |  | <b>Devaloka Day</b>  |

|                                   |   |   |  |  |
|-----------------------------------|---|---|--|--|
| <b>Wednesday, January 9, 2019</b> |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |  | Johannesburg, ZA<br>Sun 17 Sutra 269<br>Vilamba 5120   |
| <b>3</b>                          | Makara Rasi: 28.08<br>Tithi 3 – 4<br>Routine Work Prabalarishta Yoga<br>Until 11:22PM<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 10:34AM – 12:17PM<br>Yama 7:09AM – 8:52AM<br><b>Rahu</b> 12:17PM – 1:59PM   | <b>Dhanishtha Until 11:22PM</b><br>Siddhi Until 2:06AM Thu<br>Vanija Until 12:36AM Thu<br><b>Tritiya Until 11:12AM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:27AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – Purple<br><b>Pausha-Markali</b> |
|                                   |   |   |  | <b>Devaloka Day</b>  |

|                                   |   |   |  |  |
|-----------------------------------|---|---|--|--|
| <b>Thursday, January 10, 2019</b> |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  | Johannesburg, ZA<br>Sun 18 Sutra 270<br>Vilamba 5120   |
| <b>4</b>                          | Kumbha Rasi: 9.55<br>Tithi 4 – 5<br>Creative Work Siddha Yoga | <b>Gulika</b> 8:52AM – 10:35AM<br>Yama 5:27AM – 7:10AM<br><b>Rahu</b> 2:00PM – 3:42PM   | <b>Shatabhishak Until 2:16AM Fri</b><br>Vyatipata* Until 3:01AM Fri<br>Bava Until 3:15AM Fri<br><b>Chaturthi* Until 1:55PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:27AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – Purple<br><b>Pausha-Markali</b> |
|                                   |   |   |  | <b>Devaloka Day</b>  |

|                                 |  |  |   |   |
|---------------------------------|--|--|---|---|
| <b>Friday, January 11, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |   | Johannesburg, ZA<br>Sun 19 Sutra 271<br>Vilamba 5120  |
| <b>5</b>                        | Kumbha Rasi: 21.45<br>Tithi 5 – 6<br>Creative Work Siddha Yoga | <b>Gulika</b> 7:10AM – 8:53AM<br>Yama 3:42PM – 5:25PM<br><b>Rahu</b> 10:35AM – 12:18PM   | <b>Purvaproshtapada* Until 5:14AM Sat</b><br>Variyan Until 3:43AM Sat<br>Kaulava Until 5:37AM Sat<br><b>Panchami Until 4:27PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – Clear<br><b>Pausha-Markali</b> |
|                                 |  |  |   | <b>Devaloka Day</b>   |

|                                   |  |   |   |   |
|-----------------------------------|--|---|---|---|
| <b>Saturday, January 12, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthyam Titau |   | Johannesburg, ZA<br>Sun 20 Sutra 272<br>Vilamba 5120  |
| <b>6</b>                          | Meena Rasi: 3.42<br>Tithi 6<br>Creative Work Siddha Yoga<br>Until 7:37AM Sun<br>Then Creative Work - Amrita Yoga | <b>Gulika</b> 5:29AM – 7:11AM<br>Yama 2:00PM – 3:42PM<br><b>Rahu</b> 8:53AM – 10:36AM   | <b>Uttaraproshtapada Until 7:37AM Sun</b><br>Parigha* Until 4:06AM Sun<br>Taitila Until 6:37PM<br><b>Shashthi* Until 6:37PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:29AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – Clear<br><b>Pausha-Markali</b> |
|                                   |  |   |   | <b>Devaloka Day</b>   |

|  |  |  |   |   |
|--|--|--|---|---|
| <b>Sunday, January 13, 2019</b>                          |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau |   | Johannesburg, ZA<br>Sun 21 Sutra 273<br>Vilamba 5120  |
| <b>Retreat Star</b>                                      |  | <b>Gulika</b> 3:43PM – 5:25PM<br>Yama 12:18PM – 2:00PM<br><b>Rahu</b> 5:25PM – 7:07PM  | <b>Uttaraproshtapada Until 7:37AM</b><br>Shiva Until 4:02AM Mon<br>Gara Until 7:32AM<br><b>Saptami Until 8:15PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – Clear<br><b>Pausha-Markali</b> |
| Meena Rasi: 15.5<br>Tithi 7<br>Creative Work Amrita Yoga |  | <b>Devaloka Day</b>  |   |   |

|  |  |  |   |  |
|--|--|--|---|--|
| <b>Monday, January 14, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau |   | Johannesburg, ZA<br>Sun 22 Sutra 274<br>Vilamba 5120   |
| <b>Retreat Star</b>  |  | <b>Gulika</b> 2:01PM – 3:43PM<br>Yama 10:37AM – 12:19PM<br><b>Rahu</b> 7:12AM – 8:54AM   | <b>Revati Until 9:14AM</b><br>Siddha Until 3:23AM Tue<br>Visti Until 8:49AM<br><b>Ashtami* Until 9:10PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – Clear<br><b>Pausha-Thai</b> |
| Meena Rasi: 28.13<br>Tithi 8<br>Family Home Evening<br>Creative Work Siddha Yoga |  | <b>Devaloka Day</b>  |   |  |

|   |  |  |   |   |
|---|--|--|---|---|
| <b>Tuesday, January 15, 2019</b>                          |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau |   | Johannesburg, ZA<br>Sun 23 Sutra 275<br>Vilamba 5120  |
| <b>Retreat Star</b>                                       |  | <b>Gulika</b> 12:19PM – 2:01PM<br>Yama 8:55AM – 10:37AM<br><b>Rahu</b> 3:43PM – 5:25PM   | <b>Ashvini Until 10:28AM</b><br>Sadhya Until 2:08AM Wed<br>Balava Until 9:21AM<br><b>Navami* Until 9:18PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:31AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> Green<br>Moon – White<br><b>Pausha-Thai</b> |
| Mesha Rasi: 10.55<br>Tithi 9<br>Creative Work Siddha Yoga |  | <b>Sivaloka Day</b>  |   |   |


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

|  |                                    |           |   |                              |                        |                        |  |  |
|--|------------------------------------|-----------|---|------------------------------|------------------------|------------------------|--|--|
| <b>1</b>   | <b>Wednesday, January 16, 2019</b> |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau |                              |                        |                        | Johannesburg, ZA<br>Sun 24 Sutra 276<br>Vilamba 5120 |  |
|  | Mesha Rasi: 24.01                  | Tithi 10  | <b>Gulika</b> 10:37AM – 12:19PM   | <b>Bharani Until 10:43AM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:32AM |  |  |
|  |                                    |           | Yama 7:14AM – 8:56AM  | Subha Until 12:15AM Thu      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:07PM  | Moon 12 - Phase 38                                   |  |
|  |                                    | 823173366 | <b>Rahu</b> 12:19PM – 2:01PM  | Taitila Until 9:04AM         | <b>Nataraja:</b> Green |                        | 4th Phase  |  |
| Creative Work Siddha Yoga<br>Until 10:43AM<br>Then Creative Work - Amrita Yoga |                                    |           | <b>Dashami Until 8:36PM</b>   |                              | <b>Pausha*Thai</b>     |                        | <b>Sivaloka Day</b>                                  |  |

|                          |                                   |           |   |                               |                        |                        |  |  |
|--------------------------|-----------------------------------|-----------|---|-------------------------------|------------------------|------------------------|--|--|
| <b>2</b>                 | <b>Thursday, January 17, 2019</b> |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau |                               |                        |                        | Johannesburg, ZA<br>Sun 25 Sutra 277<br>Vilamba 5120 |  |
|                          | Vrishabha Rasi: 7.35              | Tithi 11  | <b>Gulika</b> 8:56AM – 10:38AM  | <b>Krittika Until 10:02AM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:33AM |  |  |
|                          |                                   |           | Yama 5:33AM – 7:14AM  | Sukla Until 9:43PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:07PM  | Moon 12 - Phase 38                                   |  |
|                          |                                   | 823173366 | <b>Rahu</b> 2:01PM – 3:43PM   | Vanija Until 7:57AM           | <b>Nataraja:</b> Green |                        | 4th Phase  |  |
| Routine Work Marana Yoga |                                   |           | <b>Ekadashi Until 7:05PM</b>  |                               | <b>Pausha*Thai</b>     |                        | <b>Sivaloka Day</b>                                  |  |

|  |                                 |               |   |                            |                        |                        |  |  |
|--|---------------------------------|---------------|---|----------------------------|------------------------|------------------------|--|--|
| <b>3</b>   | <b>Friday, January 18, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau |                            |                        |                        | Johannesburg, ZA<br>Sun 26 Sutra 278<br>Vilamba 5120 |  |
|  | Vrishabha Rasi: 21.35           | Tithi 12 – 13 | <b>Gulika</b> 7:15AM – 8:57AM   | <b>Rohini Until 8:54AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:33AM |  |  |
|  |                                 |               | Yama 3:43PM – 5:25PM  | Brahma Until 6:37PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:07PM  | Moon 12 - Phase 38                                   |  |
|  |                                 | 833173366     | <b>Rahu</b> 10:38AM – 12:20PM   | Bava Until 6:05AM          | <b>Nataraja:</b> Green |                        | 4th Phase  |  |
| Routine Work Marana Yoga<br>Until 8:54AM<br>Then Creative Work - Siddha Yoga |                                 |               | <b>Dvadashi Until 4:52PM</b>  |                            | <b>Pausha*Thai</b>     |                        | <b>Devaloka Day</b>                                  |  |
| <i>Pradosha Vrata</i>  |                                 |               |   |                            |                        |                        |  |  |

|                           |                                   |               |   |                                |                        |                        |  |  |
|---------------------------|-----------------------------------|---------------|---|--------------------------------|------------------------|------------------------|--|--|
| <b>4</b>                  | <b>Saturday, January 19, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                |                        |                        | Johannesburg, ZA<br>Sun 27 Sutra 279<br>Vilamba 5120 |  |
|                           | Mithuna Rasi: 6.03                | Tithi 13 – 14 | <b>Gulika</b> 5:34AM – 7:16AM   | <b>Mrigashira Until 6:59AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:34AM |  |  |
|                           |                                   |               | Yama 2:02PM – 3:43PM  | Indra Until 3:05PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:06PM  | Moon 12 - Phase 38                                   |  |
|                           |                                   | 833173366     | <b>Rahu</b> 8:57AM – 10:39AM  | Gara Until 12:29AM Sun         | <b>Nataraja:</b> Green |                        | 4th Phase  |  |
| Creative Work Siddha Yoga |                                   |               | <b>Trayodashi Until 2:03PM</b>  |                                | <b>Pausha*Thai</b>     |                        | <b>Devaloka Day</b>                                  |  |

|   |                                 |               |   |                                   |                        |                        |   |  |
|---|---------------------------------|---------------|---|-----------------------------------|------------------------|------------------------|---|--|
|  | <b>Sunday, January 20, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                   |                        |                        | Johannesburg, ZA<br>Sutra 280<br>Vilamba 5120 |  |
|   | <b>Copper Retreat Star</b>      |               | <b>Gulika</b> 3:43PM – 5:25PM   | <b>Punarvasu Until 1:50AM Mon</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:35AM |   |  |
|   | Mithuna Rasi: 20.52             | Tithi 14 – 15 | Yama 12:21PM – 2:02PM   | Vaidhriti* Until 11:09AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:06PM  | Moon 12 - Phase 38                            |  |
|   |                                 | 843173366     | <b>Rahu</b> 5:25PM – 7:06PM   | Visti Until 9:04PM                | <b>Nataraja:</b> Green |                        | Purnima                                       |  |
| Creative Work Siddha Yoga   |                                 |               | <b>Chaturdashi* Until 10:48AM</b>   |                                   | <b>Pausha*Thai</b>     |                        | <b>Sivaloka Day</b>                           |  |

|   |                            |               |  |                             |                        |                        |   |  |
|---|----------------------------|---------------|--|-----------------------------|------------------------|------------------------|---|--|
| <b>Monday, January 21, 2019</b>           | <b>Silver Retreat Star</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau |                             |                        |                        | Johannesburg, ZA<br>Sutra 281<br>Vilamba 5120 |  |
|   | Kataka Rasi: 5.57          | Tithi 15 – 16 | <b>Gulika</b> 2:02PM – 3:43PM  | <b>Pushya Until 10:55PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:36AM |   |  |
|   | <b>Family Home Evening</b> |               | Yama 10:40AM – 12:21PM   | Vishkambha* Until 7:01AM    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:06PM  | Moon 12 - Phase 38                            |  |
|   |                            | 843173366     | <b>Rahu</b> 7:17AM – 8:58AM  | Kaulava Until 3:34AM Tue    | <b>Nataraja:</b> Green |                        | Prathama                                      |  |
| Creative Work Siddha Yoga                 |                            |               | <b>Purnima* Until 7:15AM</b>   |                             | <b>Pausha*Thai</b>     |                        | <b>Sivaloka Day</b>                           |  |
| <b>Total Lunar Eclipse<br/>Thai Pusam</b> |                            |               |  |                             |                        |                        |   |  |



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Johannesburg, ZA

Sutra 282

Vilamba 5120

Kataka Rasi: 21.08 Tithi 17

844173366

Gulika

12:21PM – 2:02PM

Ashlesha\* Until 7:53PM

Ganesha: Clear

Sunrise: 5:37AM

Yama

8:59AM – 10:40AM

Ayushman Until 10:32PM

Muruqa: Clear

Sunset: 7:06PM

Moon 1 - Phase 39

Rahu

3:43PM – 5:25PM

Taitila Until 1:45PM

Nataraja: Green

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 11:56PM

Moon – Blue

Devaloka Day

Pausha\*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Johannesburg, ZA

Sun 1 Sutra 283

Vilamba 5120

Simha Rasi: 6.16 Tithi 18

854173366

Gulika

10:40AM – 12:21PM

Magha\* Until 5:16PM

Ganesha: Purple

Sunrise: 5:37AM

Yama

7:18AM – 8:59AM

Saubhagya Until 6:27PM

Muruqa: Clear

Sunset: 7:06PM

Moon 1 - Phase 39

Rahu

12:21PM – 2:02PM

Vanija Until 10:12AM

Nataraja: Green

1st Phase

Creative Work Siddha Yoga

Tritiya Until 8:29PM

Moon – Red

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

Until 5:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Johannesburg, ZA

Sun 2 Sutra 284

Vilamba 5120

Simha Rasi: 21.13 Tithi 19 – 20

854173366

Gulika

9:00AM – 10:41AM

Purvaphalguni Until 2:50PM

Ganesha: Purple

Sunrise: 5:38AM

Yama

5:38AM – 7:19AM

Sobhana Until 2:40PM

Muruqa: Clear

Sunset: 7:05PM

Moon 1 - Phase 39

Rahu

2:03PM – 3:43PM

Bava Until 6:54AM

Nataraja: Green

1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 5:24PM

Moon – Red

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Johannesburg, ZA

Sun 3 Sutra 285

Vilamba 5120

Kanya Rasi: 5.52 Tithi 20 – 21

954173366

Gulika

7:20AM – 9:00AM

Uttaraphalguni Until 12:45PM

Ganesha: Clear

Sunrise: 5:39AM

Yama

3:43PM – 5:24PM

Athiganda\* Until 11:14AM

Muruqa: Clear

Sunset: 7:05PM

Moon 1 - Phase 39

Rahu

10:41AM – 12:22PM

Gara Until 1:44AM Sat

Nataraja: Green

1st Phase

Creative Work Siddha Yoga

Panchami Until 2:47PM

Moon – Red

Devaloka Day

Pausha\*Thai

Until 12:45PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Johannesburg, ZA

Sun 4 Sutra 286

Vilamba 5120

Kanya Rasi: 20.06 Tithi 21 – 22

964173366

Gulika

5:40AM – 7:20AM

Hasta Until 11:31AM

Ganesha: Purple

Sunrise: 5:40AM

Yama

2:03PM – 3:43PM

Sukarma Until 8:18AM

Muruqa: Clear

Sunset: 7:05PM

Moon 1 - Phase 39

Rahu

9:01AM – 10:42AM

Visti Until 12:04AM Sun

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Shashthi\* Until 12:48PM

Moon – Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Johannesburg, ZA

Sun 5 Sutra 287

Vilamba 5120

Tula Rasi: 3.55 Tithi 22 – 23

964173366

Gulika

3:43PM – 5:24PM

Chitra Until 10:51AM

Ganesha: Purple

Sunrise: 5:41AM

Yama

12:22PM – 2:03PM

Shula\* Until 4:06AM Mon

Muruqa: Clear

Sunset: 7:04PM

Moon 1 - Phase 39

Rahu

5:24PM – 7:04PM

Balava Until 11:08PM

Nataraja: Green

Ashtami

Creative Work Siddha Yoga

Saptami Until 11:30AM

Moon – Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Johannesburg, ZA

Sun 6 Sutra 288

Vilamba 5120

Tula Rasi: 17.19 Tithi 23 – 24

964173366

Gulika

2:03PM – 3:43PM

Svati Until 10:44AM

Ganesha: Purple

Sunrise: 5:41AM

Yama

10:42AM – 12:23PM

Ganda\* Until 2:52AM Tue

Muruqa: Clear

Sunset: 7:04PM

Moon 1 - Phase 39

Family Home Evening

Rahu

7:22AM – 9:02AM

Taitila Until 10:58PM

Nataraja: Green

Navami

Creative Work Amrita Yoga

Ashtami\* Until 10:56AM

Moon – Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

Until 10:44AM

Then Routine Work - Marana Yoga

|                                  |               |                                  |   |   |   |
|----------------------------------|---------------|----------------------------------|---|---|---|
| <b>1</b>                         |               | <b>Tuesday, January 29, 2019</b> |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau | Johannesburg, ZA<br>Sun 7 Sutra 289<br>Vilamba 5120   |
| Wrischika Rasi: 0.18             | Tithi 24 – 25 | 974173366                        | <b>Gulika</b> 12:23PM – 2:03PM<br><b>Yama</b> 9:02AM – 10:43AM<br><b>Rahu</b> 3:43PM – 5:23PM | <b>Vishakha</b> Until 11:40AM<br>Vriddhi Until 2:12AM Wed<br>Vanija Until 11:30PM<br><b>Navami*</b> Until 11:07AM   | <b>Ganesha:</b> Clear <i>Sunrise: 5:42AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 7:03PM</i><br><b>Nataraja:</b> Green<br>Moon – Orange<br><b>Devaloka Day</b><br>Pausha*Thai |
| Routine Work Marana Yoga         |               |                                  |   |   |   |
| Until 11:40AM                    |               |                                  |   |   |   |
| Then Creative Work - Siddha Yoga |               |                                  |   |   |   |

|                           |               |                                    |  |   |   |
|---------------------------|---------------|------------------------------------|--|---|---|
| <b>2</b>                  |               | <b>Wednesday, January 30, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | Johannesburg, ZA<br>Sun 8 Sutra 290<br>Vilamba 5120   |
| Wrischika Rasi: 12.58     | Tithi 25 – 26 | 974173366                          | <b>Gulika</b> 10:43AM – 12:23PM<br><b>Yama</b> 7:23AM – 9:03AM<br><b>Rahu</b> 12:23PM – 2:03PM | <b>Anuradha</b> Until 1:06PM<br>Dhruva Until 2:00AM Thu<br>Bava Until 12:42AM Thu<br><b>Dashami</b> Until 12:00PM   | <b>Ganesha:</b> Clear <i>Sunrise: 5:43AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 7:03PM</i><br><b>Nataraja:</b> Green<br>Moon – Orange<br><b>Devaloka Day</b><br>Pausha*Thai |
| Creative Work Siddha Yoga |               |                                    |  |   |   |

|                                  |               |                                   |  |  |   |
|----------------------------------|---------------|-----------------------------------|--|--|---|
| <b>3</b>                         |               | <b>Thursday, January 31, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Johannesburg, ZA<br>Sun 9 Sutra 291<br>Vilamba 5120   |
| Wrischika Rasi: 25.21            | Tithi 26 – 27 | 974173366                         | <b>Gulika</b> 9:03AM – 10:43AM<br><b>Yama</b> 5:44AM – 7:23AM<br><b>Rahu</b> 2:03PM – 3:43PM | <b>Jyeshtha*</b> Until 2:57PM<br>Vyaghata* Until 2:13AM Fri<br>Kaulava Until 2:27AM Fri<br><b>Ekadashi*</b> Until 1:30PM   | <b>Ganesha:</b> Clear <i>Sunrise: 5:44AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 7:03PM</i><br><b>Nataraja:</b> Green<br>Moon – Orange<br><b>Devaloka Day</b><br>Pausha*Thai |
| Routine Work Prabalarishta Yoga  |               |                                   |  |  |   |
| Until 2:57PM                     |               |                                   |  |  |   |
| Then Creative Work - Siddha Yoga |               |                                   |  |  |   |

|  |               |                                 |   |   |  |
|--|---------------|---------------------------------|---|---|--|
| <b>4</b>                               |               | <b>Friday, February 1, 2019</b> |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | Johannesburg, ZA<br>Sun 10 Sutra 292<br>Vilamba 5120   |
| Dhanus Rasi: 7.31                      | Tithi 27 – 28 | 984173366                       | <b>Gulika</b> 7:23AM – 9:03AM<br><b>Yama</b> 3:43PM – 5:23PM<br><b>Rahu</b> 10:43AM – 12:23PM | <b>Mula*</b> Until 5:35PM<br>Harshana Until 2:47AM Sat<br>Gara Until 4:38AM Sat<br><b>Dvadashi*</b> Until 3:28PM  | <b>Ganesha:</b> White <i>Sunrise: 5:44AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 7:03PM</i><br><b>Nataraja:</b> Green<br>Moon – Light Blue<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM<br>Pausha*Thai |
| Creative Work Amrita Yoga              |               |                                 |   |   |  |
| Until 5:35PM                           |               |                                 |   |   |  |
| Then Routine Work - Prabalarishta Yoga |               | <i>Pradosha Vrata (Fasting)</i> |   |   |  |

|                                 |               |                                   |  |   |  |
|---------------------------------|---------------|-----------------------------------|--|---|--|
| <b>5</b>                        |               | <b>Saturday, February 2, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Johannesburg, ZA<br>Sun 11 Sutra 293<br>Vilamba 5120   |
| Dhanus Rasi: 19.31              | Tithi 28 – 29 | 984173366                         | <b>Gulika</b> 5:44AM – 7:24AM<br><b>Yama</b> 2:03PM – 3:43PM<br><b>Rahu</b> 9:04AM – 10:44AM | <b>Purvashadha*</b> Until 8:23PM<br>Vajra* Until 3:32AM Sun<br>Visti Until 7:06AM Sun<br><b>Trayodashi*</b> Until 5:49PM  | <b>Ganesha:</b> White <i>Sunrise: 5:44AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 7:02PM</i><br><b>Nataraja:</b> Green<br>Moon – Light Blue<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM<br>Pausha*Thai |
| Creative Work Siddha Yoga       |               |                                   |  |   |  |
| Until 8:23PM                    |               |                                   |  |   |  |
| Then Routine Work - Marana Yoga |               |                                   |  |   |  |

|                           |          |                                 |  |   |  |
|---------------------------|----------|---------------------------------|--|---|--|
| <b>6</b>                  |          | <b>Sunday, February 3, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | Johannesburg, ZA<br>Sun 12 Sutra 294<br>Vilamba 5120   |
| Makara Rasi: 1.24         | Tithi 29 | 985173366                       | <b>Gulika</b> 3:42PM – 5:22PM<br><b>Yama</b> 12:23PM – 2:03PM<br><b>Rahu</b> 5:22PM – 7:02PM | <b>Uttarashadha</b> Until 11:15PM<br>Siddhi Until 4:27AM Mon<br>Visti Until 7:06AM<br><b>Chaturdashi*</b> Until 8:24PM  | <b>Ganesha:</b> Yellow <i>Sunrise: 5:45AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 7:02PM</i><br><b>Nataraja:</b> Green<br>Moon – Light Blue<br><b>Devaloka Day</b><br>Pausha*Thai |
| Creative Work Amrita Yoga |          |                                 |  |   |  |

|                                  |          |                     |   |  |   |
|----------------------------------|----------|---------------------|---|--|---|
| <b>Monday, February 4, 2019</b>  |          | <b>Retreat Star</b> |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | Johannesburg, ZA<br>Sun 13 Sutra 295<br>Vilamba 5120  |
| Makara Rasi: 13.14               | Tithi 30 | 995173367           | <b>Gulika</b> 2:03PM – 3:42PM<br><b>Yama</b> 10:44AM – 12:23PM<br><b>Rahu</b> 7:25AM – 9:05AM | <b>Shravana</b> Until 2:32AM Tue<br>Vyatipata* Until 5:27AM Tue<br>Catuspada Until 9:46AM<br><b>Amavasya*</b> Until 11:06PM  | <b>Ganesha:</b> Red <i>Sunrise: 5:46AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 7:01PM</i><br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Devaloka Day</b><br>Pausha*Thai |
| Family Home Evening              |          |                     |   |  |   |
| Creative Work Amrita Yoga        |          |                     |   |  |   |
| Until 2:32AM Tue                 |          |                     |   |  |   |
| Then Creative Work - Siddha Yoga |          |                     |   |  |   |

|                                  |         |                     |   |   |  |
|----------------------------------|---------|---------------------|---|---|--|
| <b>Tuesday, February 5, 2019</b> |         | <b>Retreat Star</b> |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau | Johannesburg, ZA<br>Sun 14 Sutra 296<br>Vilamba 5120   |
| Makara Rasi: 25.01               | Tithi 1 | 995173367           | <b>Gulika</b> 12:24PM – 2:03PM<br><b>Yama</b> 9:05AM – 10:44AM<br><b>Rahu</b> 3:42PM – 5:21PM | <b>Dhanishtha</b> Until 5:39AM Wed<br>Variyan Until 6:24AM Wed<br>Kintughna Until 12:29PM<br><b>Prathama*</b> Until 1:48AM Wed  | <b>Ganesha:</b> Red <i>Sunrise: 5:47AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 7:01PM</i><br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Devaloka Day</b><br>Magha*Thai |
| Creative Work Siddha Yoga        |         |                     |   |   |  |

|          |                                    |             |  |   |                      |                        |                  |
|----------|------------------------------------|-------------|--|---|----------------------|------------------------|------------------|
| <b>1</b> | <b>Wednesday, February 6, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |   |                      |                        | Johannesburg, ZA |
|          | Kumbha Rasi: 6.5                   | Tithi 2     | <b>Gulika</b> 10:45AM – 12:24PM  | <b>Shatabhishak</b> <b>Until 8:30AM Thu</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 5:47AM | Sun 15 Sutra 297 |
|          | Creative Work                      | Siddha Yoga | Yama 7:26AM – 9:06AM   | Variyan Until 6:24AM                        | <b>Muruqa:</b> Clear | <i>Sunset:</i> 7:00PM  | Vilamba 5120     |

|          |                                   |             |  |   |                      |                        |                  |
|----------|-----------------------------------|-------------|--|---|----------------------|------------------------|------------------|
| <b>2</b> | <b>Thursday, February 7, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaprosarthpada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau |   |                      |                        | Johannesburg, ZA |
|          | Kumbha Rasi: 18.4                 | Tithi 3     | <b>Gulika</b> 9:06AM – 10:45AM   | <b>Shatabhishak</b> <b>Until 8:30AM</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 5:48AM | Sun 16 Sutra 298 |
|          | Creative Work                     | Siddha Yoga | Yama 5:48AM – 7:27AM   | Parigha* Until 7:18AM                   | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:59PM  | Vilamba 5120     |

|          |                                 |             |  |  |                      |                        |                  |
|----------|---------------------------------|-------------|--|--|----------------------|------------------------|------------------|
| <b>3</b> | <b>Friday, February 8, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaprosarthpada*/Uttarproshthpada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau |  |                      |                        | Johannesburg, ZA |
|          | Meena Rasi: 0.35                | Tithi 3 – 4 | <b>Gulika</b> 7:28AM – 9:06AM  | <b>Purvaprosarthpada*</b> <b>Until 11:29AM</b> | <b>Ganesha:</b> Blue | <i>Sunrise:</i> 5:49AM | Sun 17 Sutra 299 |
|          | Creative Work                   | Siddha Yoga | Yama 3:41PM – 5:20PM   | Shiva Until 8:03AM                             | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:59PM  | Vilamba 5120     |

|          |                                   |             |   |   |                      |                        |                  |
|----------|-----------------------------------|-------------|---|---|----------------------|------------------------|------------------|
| <b>4</b> | <b>Saturday, February 9, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam<br>Uttarproshthpada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |   |                      |                        | Johannesburg, ZA |
|          | Meena Rasi: 12.37                 | Tithi 4 – 5 | <b>Gulika</b> 5:50AM – 7:28AM   | <b>Uttarproshthpada</b> <b>Until 2:01PM</b> | <b>Ganesha:</b> Blue | <i>Sunrise:</i> 5:50AM | Sun 18 Sutra 300 |
|          | Creative Work                     | Siddha Yoga | Yama 2:02PM – 3:41PM  | Siddha Until 8:33AM                         | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:58PM  | Vilamba 5120     |

|          |                                  |             |  |                                   |                      |                        |                  |
|----------|----------------------------------|-------------|--|-----------------------------------|----------------------|------------------------|------------------|
| <b>5</b> | <b>Sunday, February 10, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                                   |                      |                        | Johannesburg, ZA |
|          | Meena Rasi: 24.47                | Tithi 5 – 6 | <b>Gulika</b> 3:41PM – 5:19PM  | <b>Revati</b> <b>Until 3:59PM</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 5:50AM | Sun 19 Sutra 301 |
|          | Creative Work                    | Amrita Yoga | Yama 12:24PM – 2:02PM  | Sadhya Until 8:47AM               | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:57PM  | Vilamba 5120     |

|          |                                  |             |   |                                    |                      |                        |                  |
|----------|----------------------------------|-------------|---|------------------------------------|----------------------|------------------------|------------------|
| <b>6</b> | <b>Monday, February 11, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                    |                      |                        | Johannesburg, ZA |
|          | Mesha Rasi: 7.1                  | Tithi 6 – 7 | <b>Gulika</b> 2:02PM – 3:40PM   | <b>Ashvini</b> <b>Until 5:45PM</b> | <b>Ganesha:</b> Blue | <i>Sunrise:</i> 5:51AM | Sun 20 Sutra 302 |
|          | Family Home Evening              |             | Yama 10:46AM – 12:24PM  | Subha Until 8:38AM                 | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:57PM  | Vilamba 5120     |

|          |                                   |             |   |                                    |                      |                        |                  |
|----------|-----------------------------------|-------------|---|------------------------------------|----------------------|------------------------|------------------|
| <b>D</b> | <b>Tuesday, February 12, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                    |                      |                        | Johannesburg, ZA |
|          | Mesha Rasi: 19.49                 | Tithi 7 – 8 | <b>Gulika</b> 12:24PM – 2:02PM  | <b>Bharani</b> <b>Until 6:44PM</b> | <b>Ganesha:</b> Blue | <i>Sunrise:</i> 5:52AM | Sun 21 Sutra 303 |
|          | Creative Work                     | Siddha Yoga | Yama 9:08AM – 10:46AM   | Sukla Until 8:00AM                 | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:56PM  | Vilamba 5120     |

|          |                                     |             |   |                                     |                        |                        |                  |
|----------|-------------------------------------|-------------|---|-------------------------------------|------------------------|------------------------|------------------|
| <b>D</b> | <b>Wednesday, February 13, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                     |                        |                        | Johannesburg, ZA |
|          | Vrishabha Rasi: 2.47                | Tithi 8 – 9 | <b>Gulika</b> 10:46AM – 12:24PM   | <b>Krittika</b> <b>Until 6:52PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:52AM | Sun 22 Sutra 304 |
|          | Creative Work                       | Amrita Yoga | Yama 7:30AM – 9:08AM  | Brahma Until 6:51AM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:55PM  | Vilamba 5120     |

|          |                                    |              |  |  |  |   |  |
|----------|------------------------------------|--------------|--|--|--|---|--|
| <b>1</b> | <b>Thursday, February 14, 2019</b> |              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau |  |  |   | Johannesburg, ZA<br>Sun 23 Sutra 305<br>Vilamba 5120                                       |
|          | Vrishabha Rasi: 16.1               | Tithi 9 – 10 | 936273367  | <b>Gulika</b> 9:09AM – 10:46AM<br><b>Yama</b> 5:53AM – 7:31AM<br><b>Rahu</b> 2:02PM – 3:39PM | <b>Rohini Until 6:33PM</b><br>Vaidhriti* Until 2:45AM Fri<br>Taitila Until 10:45PM<br><b>Navami* Until 11:28AM</b> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | Sunrise: 5:53AM<br>Sunset: 6:55PM<br>Moon 1 - Phase 42<br>4th Phase<br><b>Sivaloka Day</b> |
|          | Routine Work Marana Yoga           |              |  |  |  |   |  |
|          |                                    |              |  |  |  |   |  |

|          |                                  |               |   |   |   |   |  |
|----------|----------------------------------|---------------|---|---|---|---|--|
| <b>2</b> | <b>Friday, February 15, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |   |   |   | Johannesburg, ZA<br>Sun 24 Sutra 306<br>Vilamba 5120                                       |
|          | Vrishabha Rasi: 29.58            | Tithi 10 – 11 | 936273367   | <b>Gulika</b> 7:31AM – 9:09AM<br><b>Yama</b> 3:39PM – 5:16PM<br><b>Rahu</b> 10:46AM – 12:24PM | <b>Mrigashira Until 5:22PM</b><br>Vishkambha* Until 11:51PM<br>Vanija Until 8:45PM<br><b>Dashami Until 9:49AM</b> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | Sunrise: 5:54AM<br>Sunset: 6:54PM<br>Moon 1 - Phase 42<br>4th Phase<br><b>Sivaloka Day</b> |
|          | Creative Work Siddha Yoga        |               |   |   |   |   |  |
|          |                                  |               |   |   |   |   |  |

|          |                                    |               |   |  |  |   |  |
|----------|------------------------------------|---------------|---|--|--|---|--|
| <b>3</b> | <b>Saturday, February 16, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau |  |  |   | Johannesburg, ZA<br>Sun 25 Sutra 307<br>Vilamba 5120                                       |
|          | Mithuna Rasi: 14.13                | Tithi 11 – 12 | 936273367   | <b>Gulika</b> 5:54AM – 7:32AM<br><b>Yama</b> 2:01PM – 3:39PM<br><b>Rahu</b> 9:09AM – 10:47AM | <b>Ardra Until 3:23PM</b><br>Priti Until 8:26PM<br>Bava Until 6:07PM<br><b>Ekadashi Until 7:30AM</b> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | Sunrise: 5:54AM<br>Sunset: 6:53PM<br>Moon 1 - Phase 42<br>4th Phase<br><b>Sivaloka Day</b> |
|          | Creative Work Siddha Yoga          |               |   |  |  |   |  |
|          |                                    |               |   |  |  |   |  |

|          |                                  |          |  |  |  |   |  |
|----------|----------------------------------|----------|--|--|--|---|--|
| <b>4</b> | <b>Sunday, February 17, 2019</b> |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau |  |  |   | Johannesburg, ZA<br>Sun 26 Sutra 308<br>Vilamba 5120                                       |
|          | Mithuna Rasi: 28.53              | Tithi 13 | 946273367  | <b>Gulika</b> 3:38PM – 5:15PM<br><b>Yama</b> 12:24PM – 2:01PM<br><b>Rahu</b> 5:15PM – 6:52PM | <b>Punarvasu Until 1:09PM</b><br>Ayushman Until 4:36PM<br>Kaulava Until 2:58PM<br><b>Trayodashi Until 1:14AM Mon</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | Sunrise: 5:55AM<br>Sunset: 6:52PM<br>Moon 1 - Phase 42<br>4th Phase<br><b>Devaloka Day</b> |
|          | Creative Work Siddha Yoga        |          |  |  |  |   |  |
|          | <i>Pradosha Vrata</i>            |          |  |  |  |   |  |

|          |  |          |   |   |  |   |  |
|----------|--|----------|---|---|--|---|--|
| <b>5</b> | <b>Monday, February 18, 2019</b>                 |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau |   |  |   | Johannesburg, ZA<br>Sun 27 Sutra 309<br>Vilamba 5120                                       |
|          | Kataka Rasi: 13.52                               | Tithi 14 | 946273367   | <b>Gulika</b> 2:01PM – 3:38PM<br><b>Yama</b> 10:47AM – 12:24PM<br><b>Rahu</b> 7:33AM – 9:10AM | <b>Pushya Until 10:24AM</b><br>Saubhagya Until 12:29PM<br>Gara Until 11:27AM<br><b>Chaturdashi* Until 9:35PM</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | Sunrise: 5:56AM<br>Sunset: 6:52PM<br>Moon 1 - Phase 42<br>4th Phase<br><b>Devaloka Day</b> |
|          | Family Home Evening<br>Creative Work Siddha Yoga |          |   | Chidambaram Abhishekam  |  |   |  |
|          |  |          |   |   |  |   |  |

|  |                                   |  |   |               |           |   |   |   |  |
|--|-----------------------------------|--|---|---------------|-----------|---|---|---|--|
|  | <b>Tuesday, February 19, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau |               |           |   | Johannesburg, ZA<br>Sutra 310<br>Vilamba 5120   |   |  |
|  | <b>Copper Retreat Star</b>        |  | Kataka Rasi: 29.05  | Tithi 15 – 16 | 946273367 | <b>Gulika</b> 12:24PM – 2:00PM<br><b>Yama</b> 9:10AM – 10:47AM<br><b>Rahu</b> 3:37PM – 5:14PM | <b>Ashlesha* Until 7:18AM</b><br>Sobhana Until 8:12AM<br>Visti Until 7:43AM<br><b>Purnima* Until 5:48PM</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | Sunrise: 5:56AM<br>Sunset: 6:51PM<br>Moon 1 - Phase 42<br>Purnima<br><b>Devaloka Day</b> |
|  | Creative Work Siddha Yoga         |  |   |               |           |   |   |   |  |
|  |                                   |  |   |               |           |   |   |   |  |

|  |                                     |  |   |               |           |  |  |  |   |
|--|-------------------------------------|--|---|---------------|-----------|--|--|--|---|
|  | <b>Wednesday, February 20, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |               |           |  | Johannesburg, ZA<br>Sutra 311<br>Vilamba 5120  |  |   |
|  | <b>Silver Retreat Star</b>          |  | Simha Rasi: 14.2  | Tithi 16 – 17 | 957273367 | <b>Gulika</b> 10:47AM – 12:24PM<br><b>Yama</b> 7:34AM – 9:10AM<br><b>Rahu</b> 12:24PM – 2:00PM | <b>Purvaphalguni Until 1:30AM Thu</b><br>Sukarma Until 11:38PM<br>Taitila Until 12:15AM Thu<br><b>Prathama* Until 2:03PM</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Magha-Masi</b> | Sunrise: 5:57AM<br>Sunset: 6:50PM<br>Moon 1 - Phase 42<br>Prathama<br><b>Devaloka Day</b> |
|  | Creative Work Amrita Yoga           |  |   |               |           |  |  |  |   |
|  |                                     |  |   |               |           |  |  |  |   |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Johannesburg, ZA

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 29.28 Tithi 17 - 18

957273367

**Gulika** 9:11AM - 10:47AM  
Yama 5:58AM - 7:34AM  
**Rahu** 2:00PM - 3:36PM

**Uttaraphalguni Until 10:46PM**

Dhriti Until 7:40PM

Vanija Until 8:53PM

**Dvitiya Until 10:30AM**

**Ganesha:** Clear *Sunrise:* 5:58AM

**Muruqa:** Clear *Sunset:* 6:49PM

**Nataraja:** White

Moon - Red

**Magha-Masi**

**Devaloka Day**

Until 10:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Johannesburg, ZA

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.21 Tithi 18 - 19

967273367

**Gulika** 7:35AM - 9:11AM  
Yama 3:36PM - 5:12PM  
**Rahu** 10:47AM - 12:23PM

**Hasta Until 8:47PM**

Shula\* Until 4:01PM

Balava Until 4:41AM Sat

**Tritiya Until 7:20AM**

**Ganesha:** White *Sunrise:* 5:58AM

**Muruqa:** Clear *Sunset:* 6:48PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 8:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Johannesburg, ZA

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 28.5 Tithi 20

967273367

**Gulika** 5:59AM - 7:35AM  
Yama 1:59PM - 3:35PM  
**Rahu** 9:11AM - 10:47AM

**Chitra Until 7:16PM**

Ganda\* Until 12:53PM

Kaulava Until 3:38PM

**Panchami Until 2:43AM Sun**

**Ganesha:** White *Sunrise:* 5:59AM

**Muruqa:** Clear *Sunset:* 6:47PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Johannesburg, ZA

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 12.52 Tithi 21

967273367

**Gulika** 3:35PM - 5:11PM  
Yama 12:23PM - 1:59PM  
**Rahu** 5:11PM - 6:47PM

**Svati Until 6:21PM**

Vridhi Until 10:20AM

Gara Until 2:03PM

**Shashthi\* Until 1:33AM Mon**

**Ganesha:** White *Sunrise:* 6:00AM

**Muruqa:** Clear *Sunset:* 6:47PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 6:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

Johannesburg, ZA

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.25 Tithi 22

977273367

**Gulika** 1:59PM - 3:34PM  
Yama 10:47AM - 12:23PM  
**Rahu** 7:36AM - 9:12AM

**Vishakha Until 6:34PM**

Dhruva Until 8:25AM

Visti Until 1:18PM

**Saptami Until 1:14AM Tue**

**Ganesha:** Yellow *Sunrise:* 6:00AM

**Muruqa:** Clear *Sunset:* 6:46PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Routine Work Marana Yoga

Until 6:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Johannesburg, ZA

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 9.29 Tithi 23

977273367

**Gulika** 12:23PM - 1:58PM  
Yama 9:12AM - 10:47AM  
**Rahu** 3:34PM - 5:09PM

**Anuradha Until 7:29PM**

Vyaghata\* Until 7:11AM

Balava Until 1:26PM

**Ashtami\* Until 1:47AM Wed**

**Ganesha:** Yellow *Sunrise:* 6:01AM

**Muruqa:** Clear *Sunset:* 6:45PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Johannesburg, ZA

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.1 Tithi 24

978273367

**Gulika** 10:47AM - 12:23PM  
Yama 7:37AM - 9:12AM  
**Rahu** 12:23PM - 1:58PM

**Jyeshtha\* Until 9:01PM**

Harshana Until 6:39AM

Taitila Until 2:23PM

**Navami\* Until 3:08AM Thu**

**Ganesha:** Blue *Sunrise:* 6:01AM

**Muruqa:** Clear *Sunset:* 6:44PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:01PM

Then Routine Work - Marana Yoga

|                   |             |                                       |                                 |  |                        |                                     |  |
|-------------------|-------------|---------------------------------------|---------------------------------|--|------------------------|-------------------------------------|--|
| <b>1</b>          |             | <b>Thursday, February 28, 2019</b>    |                                 | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau |                        | Johannesburg, ZA<br>Sun 8 Sutra 319 |  |
| Dhanus Rasi: 4.29 | Tithi 25    | <b>Gulika</b> 9:12AM – 10:47AM        | <b>Mula* Until 11:33PM</b>      | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:02AM | Vilamba 5120                        |  |
|                   |             | Yama 6:02AM – 7:37AM                  | Vajra* Until 6:39AM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:43PM  | Moon 2 - Phase 44                   |  |
|                   |             | 988273367 <b>Rahu</b> 1:58PM – 3:33PM | Vanija Until 4:05PM             | <b>Nataraja:</b> White   |                        | 2nd Phase                           |  |
| Creative Work     | Siddha Yoga |                                       | <b>Dashami Until 5:07AM Fri</b> | Moon – Light Blue  |                        | <b>Devaloka Day</b>                 |  |
|                   |             |                                       |                                 | <b>Magha-Masi</b>  |                        |                                     |  |

|                                 |                    |   |                                      |   |                        |                                     |  |
|---------------------------------|--------------------|---|--------------------------------------|---|------------------------|-------------------------------------|--|
| <b>2</b>                        |                    | <b>Friday, March 1, 2019</b>            |                                      | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ekadashyam Titau |                        | Johannesburg, ZA<br>Sun 9 Sutra 320 |  |
| Dhanus Rasi: 16.33              | Tithi 26           | <b>Gulika</b> 7:38AM – 9:13AM           | <b>Purvashadha* Until 2:22AM Sat</b> | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:03AM | Vilamba 5120                        |  |
|                                 |                    | Yama 3:32PM – 5:06PM                    | Siddhi Until 7:09AM                  | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:41PM  | Moon 2 - Phase 44                   |  |
|                                 |                    | 988273367 <b>Rahu</b> 10:47AM – 12:22PM | Bava Until 6:19PM                    | <b>Nataraja:</b> White  |                        | 2nd Phase                           |  |
| Routine Work                    | Prabalarishta Yoga |   | <b>Ekadashi* Until 7:34AM Sat</b>    | Moon – Light Blue   |                        | <b>Devaloka Day</b>                 |  |
| Until 2:22AM Sat                |                    |   |                                      | <b>Magha-Masi</b>   |                        |                                     |  |
| Then Routine Work - Marana Yoga |                    |   |                                      |   |                        |                                     |  |

|                                  |               |  |                                      |  |                        |                                      |  |
|----------------------------------|---------------|--|--------------------------------------|--|------------------------|--------------------------------------|--|
| <b>3</b>                         |               | <b>Saturday, March 2, 2019</b>         |                                      | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Vyalipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        | Johannesburg, ZA<br>Sun 10 Sutra 321 |  |
| Dhanus Rasi: 28.26               | Tithi 26 – 27 | <b>Gulika</b> 6:04AM – 7:38AM          | <b>Uttarashadha Until 5:19AM Sun</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:04AM | Vilamba 5120                         |  |
|                                  |               | Yama 1:56PM – 3:31PM                   | Vyatipata* Until 7:59AM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:40PM  | Moon 2 - Phase 44                    |  |
|                                  |               | 988273367 <b>Rahu</b> 9:13AM – 10:47AM | Kaulava Until 8:55PM                 | <b>Nataraja:</b> White   |                        | 2nd Phase                            |  |
| Routine Work                     | Marana Yoga   |  | <b>Ekadashi* Until 7:34AM</b>        | Moon – Light Blue  |                        | <b>Devaloka Day</b>                  |  |
| Until 5:19AM Sun                 |               |  |                                      | <b>Magha-Masi</b>  |                        |                                      |  |
| Then Creative Work - Amrita Yoga |               |  |                                      |  |                        |                                      |  |

|                                  |               |                                       |                                  |  |                        |                                      |  |
|----------------------------------|---------------|---------------------------------------|----------------------------------|--|------------------------|--------------------------------------|--|
| <b>4</b>                         |               | <b>Sunday, March 3, 2019</b>          |                                  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Varyan/Parigha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau |                        | Johannesburg, ZA<br>Sun 11 Sutra 322 |  |
| Makara Rasi: 10.14               | Tithi 27 – 28 | <b>Gulika</b> 3:30PM – 5:05PM         | <b>Shravana Until 8:40AM Mon</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:04AM | Vilamba 5120                         |  |
|                                  |               | Yama 12:22PM – 1:56PM                 | Variyan Until 8:58AM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:39PM  | Moon 2 - Phase 44                    |  |
|                                  |               | 988273367 <b>Rahu</b> 5:05PM – 6:39PM | Gara Until 11:39PM               | <b>Nataraja:</b> White   |                        | 2nd Phase                            |  |
| Creative Work                    | Amrita Yoga   |                                       | <b>Dvadashi* Until 10:15AM</b>   | Moon – Purple  |                        | <b>Devaloka Day</b>                  |  |
| Until 8:40AM Mon                 |               |                                       |                                  | <b>Magha-Masi</b>  |                        |                                      |  |
| Then Creative Work - Siddha Yoga |               |                                       | <i>Pradosha Vrata (Fasting)</i>  |  |                        |                                      |  |

|                                  |               |                                       |                                 |  |                        |                                      |  |
|----------------------------------|---------------|---------------------------------------|---------------------------------|--|------------------------|--------------------------------------|--|
| <b>5</b>                         |               | <b>Monday, March 4, 2019</b>          |                                 | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau |                        | Johannesburg, ZA<br>Sun 12 Sutra 323 |  |
| Makara Rasi: 22.01               | Tithi 28 – 29 | <b>Gulika</b> 1:56PM – 3:30PM         | <b>Shravana Until 8:40AM</b>    | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:05AM | Vilamba 5120                         |  |
| <b>Family Home Evening</b>       |               | Yama 10:47AM – 12:22PM                | Parigha* Until 10:02AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:38PM  | Moon 2 - Phase 44                    |  |
|                                  |               | 988273367 <b>Rahu</b> 7:39AM – 9:13AM | Visti Until 2:22AM Tue          | <b>Nataraja:</b> White   |                        | 2nd Phase                            |  |
| Creative Work                    | Amrita Yoga   |                                       | <b>Trayodashi* Until 1:00PM</b> | Moon – Purple  |                        | <b>Devaloka Day</b>                  |  |
| Until 8:40AM                     |               |                                       |                                 | <b>Magha-Masi</b>  |                        |                                      |  |
| Then Creative Work - Siddha Yoga |               | <b>Mahasivaratri (Lunar)</b>          |                                 |  |                        |                                      |  |
|                                  |               | <b>Mahasivaratri (Solar)</b>          |                                 |  |                        |                                      |  |

|                                 |               |                                       |                                  |  |                        |                                      |  |
|---------------------------------|---------------|---------------------------------------|----------------------------------|--|------------------------|--------------------------------------|--|
| <b>6</b>                        |               | <b>Tuesday, March 5, 2019</b>         |                                  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Johannesburg, ZA<br>Sun 13 Sutra 324 |  |
| Kumbha Rasi: 3.48               | Tithi 29 – 30 | <b>Gulika</b> 12:21PM – 1:55PM        | <b>Dhanishtha Until 11:47AM</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:05AM | Vilamba 5120                         |  |
|                                 |               | Yama 9:13AM – 10:47AM                 | Shiva Until 11:03AM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:37PM  | Moon 2 - Phase 44                    |  |
|                                 |               | 199273367 <b>Rahu</b> 3:29PM – 5:03PM | Catuspada Until 4:56AM Wed       | <b>Nataraja:</b> White   |                        | 2nd Phase                            |  |
| Creative Work                   | Siddha Yoga   |                                       | <b>Chaturdashi* Until 3:39PM</b> | Moon – Purple  |                        | <b>Devaloka Day</b>                  |  |
| Until 11:47AM                   |               |                                       |                                  | <b>Magha-Masi</b>  |                        |                                      |  |
| Then Routine Work - Marana Yoga |               |                                       |                                  |  |                        |                                      |  |

|                                  |             |  |                                  |   |                        |                                      |  |
|----------------------------------|-------------|--|----------------------------------|---|------------------------|--------------------------------------|--|
| <b>Retreat Star</b>              |             | <b>Wednesday, March 6, 2019</b>        |                                  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Purvaprosarthapada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau |                        | Johannesburg, ZA<br>Sun 14 Sutra 325 |  |
| Kumbha Rasi: 15.4                | Tithi 30    | <b>Gulika</b> 10:47AM – 12:21PM        | <b>Shatabhishak Until 2:33PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:06AM | Vilamba 5120                         |  |
|                                  |             | Yama 7:40AM – 9:14AM                   | Siddha Until 11:53AM             | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:36PM  | Moon 2 - Phase 44                    |  |
|                                  |             | 199273367 <b>Rahu</b> 12:21PM – 1:55PM | Naga Until 6:06PM                | <b>Nataraja:</b> White  |                        | Amavasya                             |  |
| Creative Work                    | Siddha Yoga |  | <b>Amavasya* Until 6:06PM</b>    | Moon – Purple   |                        | <b>Devaloka Day</b>                  |  |
| Until 2:33PM                     |             |  |                                  | <b>Magha-Masi</b>   |                        |                                      |  |
| Then Creative Work - Amrita Yoga |             |  |                                  |   |                        |                                      |  |

|                     |             |                                       |   |  |                        |                                      |  |
|---------------------|-------------|---------------------------------------|---|--|------------------------|--------------------------------------|--|
| <b>Retreat Star</b> |             | <b>Thursday, March 7, 2019</b>        |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprosarthapada*/Uttarproshthapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Johannesburg, ZA<br>Sun 15 Sutra 326 |  |
| Kumbha Rasi: 27.37  | Tithi 1     | <b>Gulika</b> 9:14AM – 10:47AM        | <b>Purvaprosarthapada* Until 5:24PM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:07AM | Vilamba 5120                         |  |
|                     |             | Yama 6:07AM – 7:40AM                  | Sadhya Until 12:32PM                    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:35PM  | Moon 2 - Phase 44                    |  |
|                     |             | 119373367 <b>Rahu</b> 1:54PM – 3:28PM | Kintughna Until 7:14AM                  | <b>Nataraja:</b> White   |                        | Prathama                             |  |
| Creative Work       | Siddha Yoga |                                       | <b>Prathama* Until 8:15PM</b>           | Moon – Clear   |                        | <b>Devaloka Day</b>                  |  |
|                     |             |                                       |   | <b>Phalgun-Masi</b>  |                        |                                      |  |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


|  |                    |   |                                       |  |                        |                           |  |
|--|--------------------|---|---------------------------------------|--|------------------------|---------------------------|--|
| <b>1</b>                               |                    | <b>Friday, March 8, 2019</b>            |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau      |                        |                           | Johannesburg, ZA<br>Sun 16 Sutra 327<br>Vilamba 5120 |
| Meena Rasi: 9.4                        | Tithi 2            | <b>Gulika</b> 7:40AM – 9:14AM           | <b>Uttaraproshtapada</b> Until 7:46PM | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:07AM | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:34PM                                |
|  |                    | Yama 3:27PM – 5:01PM                    | Subha Until 12:58PM                   | <b>Nataraja:</b> White   |                        | Moon 2 - Phase 45         | 3rd Phase  |
| Creative Work                          | Siddha Yoga        | 119373367 <b>Rahu</b> 10:47AM – 12:21PM | Balava Until 9:13AM                   | Moon – Clear   |                        | <b>Devaloka Day</b>       |  |
|  |                    |   | <b>Dvitiya</b> Until 10:04PM          | <b>Phalguna-Masi</b>   |                        |                           |  |
| <b>2</b>                               |                    | <b>Saturday, March 9, 2019</b>          |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau                  |                        |                           | Johannesburg, ZA<br>Sun 17 Sutra 328<br>Vilamba 5120 |
| Meena Rasi: 21.53                      | Tithi 3            | <b>Gulika</b> 6:08AM – 7:41AM           | <b>Revati</b> Until 9:38PM            | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:08AM | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:33PM                                |
|  |                    | Yama 1:54PM – 3:27PM                    | Sukla Until 1:07PM                    | <b>Nataraja:</b> White   |                        | Moon 2 - Phase 45         | 3rd Phase  |
| Routine Work                           | Prabalarishta Yoga | 119373367 <b>Rahu</b> 9:14AM – 10:47AM  | Taitila Until 10:53AM                 | Moon – Clear   |                        | <b>Devaloka Day</b>       |  |
| Until 9:38PM                           |                    |   | <b>Tritiya</b> Until 11:33PM          | <b>Phalguna-Masi</b>   |                        |                           |  |
| Then Creative Work - Siddha Yoga       |                    | <b>Subramuniyaswami Siva Vision Day</b> |                                       |  |                        |                           |  |
| <b>3</b>                               |                    | <b>Sunday, March 10, 2019</b>           |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau                |                        |                           | Johannesburg, ZA<br>Sun 18 Sutra 329<br>Vilamba 5120 |
| Mesha Rasi: 4.14                       | Tithi 4            | <b>Gulika</b> 3:26PM – 4:59PM           | <b>Ashvini</b> Until 11:27PM          | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:08AM | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:32PM                                |
|  |                    | Yama 12:20PM – 1:53PM                   | Brahma Until 12:59PM                  | <b>Nataraja:</b> White   |                        | Moon 2 - Phase 45         | 3rd Phase  |
| Creative Work                          | Siddha Yoga        | 129373367 <b>Rahu</b> 4:59PM – 6:32PM   | Vanija Until 12:09PM                  | Moon – White   |                        | <b>Devaloka Day</b>       |  |
| Until 11:27PM                          |                    |   | <b>Chaturthi*</b> Until 12:38AM Mon   | <b>Phalguna-Masi</b>   |                        |                           |  |
| Then Routine Work - Prabalarishta Yoga |                    |   |                                       |  |                        |                           |  |
| <b>4</b>                               |                    | <b>Monday, March 11, 2019</b>           |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau               |                        |                           | Johannesburg, ZA<br>Sun 19 Sutra 330<br>Vilamba 5120 |
| Mesha Rasi: 16.46                      | Tithi 5            | <b>Gulika</b> 1:53PM – 3:25PM           | <b>Bharani</b> Until 12:41AM Tue      | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:09AM | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:31PM                                |
| Family Home Evening                    |                    | Yama 10:47AM – 12:20PM                  | Indra Until 12:34PM                   | <b>Nataraja:</b> White   |                        | Moon 2 - Phase 45         | 3rd Phase  |
| Creative Work                          | Siddha Yoga        | 129373367 <b>Rahu</b> 7:41AM – 9:14AM   | Bava Until 1:01PM                     | Moon – White   |                        | <b>Devaloka Day</b>       |  |
|  |                    |   | <b>Panchami</b> Until 1:16AM Tue      | <b>Phalguna-Masi</b>   |                        |                           |  |
| <b>5</b>                               |                    | <b>Tuesday, March 12, 2019</b>          |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau |                        |                           | Johannesburg, ZA<br>Sun 20 Sutra 331<br>Vilamba 5120 |
| Mesha Rasi: 29.29                      | Tithi 6            | <b>Gulika</b> 12:20PM – 1:52PM          | <b>Krittika</b> Until 1:17AM Wed      | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:09AM | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:30PM                                |
|  |                    | Yama 9:14AM – 10:47AM                   | Vaidhriti* Until 11:45AM              | <b>Nataraja:</b> White   |                        | Moon 2 - Phase 45         | 3rd Phase  |
| Creative Work                          | Siddha Yoga        | 129373367 <b>Rahu</b> 3:25PM – 4:57PM   | Kaulava Until 1:25PM                  | Moon – White   |                        | <b>Devaloka Day</b>       |  |
|  |                    |   | <b>Shashthi*</b> Until 1:24AM Wed     | <b>Phalguna-Masi</b>   |                        |                           |  |
| <b>6</b>                               |                    | <b>Wednesday, March 13, 2019</b>        |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau               |                        |                           | Johannesburg, ZA<br>Sun 21 Sutra 332<br>Vilamba 5120 |
| Vrishabha Rasi: 12.28                  | Tithi 7            | <b>Gulika</b> 10:47AM – 12:19PM         | <b>Rohini</b> Until 1:39AM Thu        | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:10AM | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:29PM                                |
|  |                    | Yama 7:42AM – 9:14AM                    | Vishkambha* Until 10:33AM             | <b>Nataraja:</b> White   |                        | Moon 2 - Phase 45         | 3rd Phase  |
| Creative Work                          | Siddha Yoga        | 131373367 <b>Rahu</b> 12:19PM – 1:52PM  | Gara Until 1:17PM                     | Moon – Yellow  |                        | <b>Sivaloka Day</b>       |  |
| Until 1:39AM Thu                       |                    |   | <b>Saptami</b> Until 12:59AM Thu      | <b>Phalguna-Masi</b>   |                        |                           |  |
| Then Routine Work - Marana Yoga        |                    |   |                                       |  |                        |                           |  |
| <b>☾</b>                               |                    | <b>Thursday, March 14, 2019</b>         |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau               |                        |                           | Johannesburg, ZA<br>Sun 22 Sutra 333<br>Vilamba 5120 |
| Vrishabha Rasi: 25.45                  | Tithi 8            | <b>Gulika</b> 9:15AM – 10:47AM          | <b>Mrigashira</b> Until 1:15AM Fri    | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:10AM | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:28PM                                |
|  |                    | Yama 6:10AM – 7:42AM                    | Priti Until 8:54AM                    | <b>Nataraja:</b> White   |                        | Moon 2 - Phase 45         | Ashtami  |
| Routine Work                           | Marana Yoga        | 131373367 <b>Rahu</b> 1:51PM – 3:23PM   | Visti Until 12:33PM                   | Moon – Yellow  |                        | <b>Sivaloka Day</b>       |  |
| Until 1:15AM Fri                       |                    |   | <b>Ashtami*</b> Until 11:56PM         | <b>Phalguna-Masi</b>   |                        |                           |  |
| Then Creative Work - Siddha Yoga       |                    |   |                                       |  |                        |                           |  |
| <b>☽</b>                               |                    | <b>Friday, March 15, 2019</b>           |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau             |                        |                           | Johannesburg, ZA<br>Sun 23 Sutra 334<br>Vilamba 5120 |
| Mithuna Rasi: 9.23                     | Tithi 9            | <b>Gulika</b> 7:43AM – 9:15AM           | <b>Ardra</b> Until 12:07AM Sat        | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:11AM | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 6:27PM                                |
|  |                    | Yama 3:23PM – 4:55PM                    | Ayushman Until 6:44AM                 | <b>Nataraja:</b> Clear   |                        | Moon 2 - Phase 45         | Navami   |
| Creative Work                          | Siddha Yoga        | 131373368 <b>Rahu</b> 10:47AM – 12:19PM | Balava Until 11:12AM                  | Moon – Yellow  |                        | <b>Subha Sivaloka Day</b> |  |
|  |                    |   | <b>Navami*</b> Until 10:17PM          | <b>Phalguna-Panguni</b>  |                        |                           |  |
|  |                    | <b>Karadaiyan Nombu (Tamil Nadu)</b>    |                                       |  |                        |                           |  |

|          |                                 |             |  |                                |                        |                        |  |
|----------|---------------------------------|-------------|--|--------------------------------|------------------------|------------------------|--|
| <b>1</b> | <b>Saturday, March 16, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau |                                |                        |                        | Johannesburg, ZA<br>Sun 24 Sutra 335<br>Vilamba 5120 |
|          | Mithuna Rasi: 23.22             | Tithi 10    | <b>Gulika</b> 6:11AM – 7:43AM  | <b>Punarvasu</b> Until 10:41PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:11AM |  |
|          |                                 |             | Yama 1:50PM – 3:22PM   | Sobhana Until 1:00AM Sun       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:26PM  | Moon 2 - Phase 46                                    |
|          | Creative Work                   | Siddha Yoga | 141373368 <b>Rahu</b> 9:15AM – 10:47AM   | Taitila Until 9:14AM           | <b>Nataraja:</b> Clear |                        | 4th Phase  |
|          |                                 |             | <b>Dashami</b> Until 8:02PM  | Moon – Blue                    |                        | <b>Sivaloka Day</b>    |  |
|          |                                 |             |  | <b>Phalguna-Panguni</b>        |                        |                        |  |

|          |                               |               |   |                            |                        |                        |  |
|----------|-------------------------------|---------------|---|----------------------------|------------------------|------------------------|--|
| <b>2</b> | <b>Sunday, March 17, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau |                            |                        |                        | Johannesburg, ZA<br>Sun 25 Sutra 336<br>Vilamba 5120 |
|          | Kataka Rasi: 7.44             | Tithi 11 – 12 | <b>Gulika</b> 3:21PM – 4:53PM   | <b>Pushya</b> Until 8:36PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:12AM |  |
|          |                               |               | Yama 12:18PM – 1:50PM   | Athiganda* Until 9:29PM    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:25PM  | Moon 2 - Phase 46                                    |
|          | Creative Work                 | Siddha Yoga   | 141373368 <b>Rahu</b> 4:53PM – 6:25PM   | Vanija Until 6:44AM        | <b>Nataraja:</b> Clear |                        | 4th Phase  |
|          |                               |               | <b>Ekadashi</b> Until 5:16PM  | Moon – Blue                |                        | <b>Sivaloka Day</b>    |  |
|          |                               |               |   | <b>Phalguna-Panguni</b>    |                        |                        |  |

|          |                               |               |  |                               |                        |                        |  |
|----------|-------------------------------|---------------|--|-------------------------------|------------------------|------------------------|--|
| <b>3</b> | <b>Monday, March 18, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                               |                        |                        | Johannesburg, ZA<br>Sun 26 Sutra 337<br>Vilamba 5120 |
|          | Kataka Rasi: 22.27            | Tithi 12 – 13 | <b>Gulika</b> 1:49PM – 3:21PM  | <b>Ashlesha*</b> Until 6:01PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:12AM |  |
|          | <b>Family Home Evening</b>    |               | Yama 10:46AM – 12:18PM   | Sukarma Until 5:40PM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:24PM  | Moon 2 - Phase 46                                    |
|          | Creative Work                 | Siddha Yoga   | 141373368 <b>Rahu</b> 7:44AM – 9:15AM  | Kaulava Until 12:26AM Tue     | <b>Nataraja:</b> Clear |                        | 4th Phase  |
|          |                               |               | <b>Dvadashi</b> Until 2:07PM   | Moon – Blue                   |                        | <b>Sivaloka Day</b>    |  |
|          |                               |               | <b>Yogaswami Mahasamadhi</b>   | <b>Phalguna-Panguni</b>       |                        |                        |  |
|          |                               |               |  | <i>Pradosha Vrata</i>         |                        |                        |  |

|          |                                |               |  |                            |                        |                           |  |
|----------|--------------------------------|---------------|--|----------------------------|------------------------|---------------------------|--|
| <b>4</b> | <b>Tuesday, March 19, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                            |                        |                           | Johannesburg, ZA<br>Sun 27 Sutra 338<br>Vilamba 5120 |
|          | Simha Rasi: 7.23               | Tithi 13 – 14 | <b>Gulika</b> 12:18PM – 1:49PM   | <b>Magha*</b> Until 3:27PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:13AM    |  |
|          |                                |               | Yama 9:15AM – 10:46AM  | Dhriti Until 1:40PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:23PM     | Moon 2 - Phase 46                                    |
|          | Creative Work                  | Siddha Yoga   | 151373368 <b>Rahu</b> 3:20PM – 4:51PM  | Gara Until 8:56PM          | <b>Nataraja:</b> Clear |                           | 4th Phase  |
|          |                                |               | <b>Trayodashi</b> Until 10:41AM  | Moon – Red                 |                        | <b>Subha Sivaloka Day</b> |  |
|          |                                |               |  | <b>Phalguna-Panguni</b>    |                        |                           |  |

|   |                                  |               |   |                                    |                        |                           |   |
|---|----------------------------------|---------------|---|------------------------------------|------------------------|---------------------------|---|
|  | <b>Wednesday, March 20, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau |                                    |                        |                           | Johannesburg, ZA<br>Sutra 339<br>Vilamba 5120 |
|   | <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 10:46AM – 12:17PM   | <b>Purvaphalguni</b> Until 12:40PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:13AM    |   |
|   | Simha Rasi: 22.28                | Tithi 14 – 15 | Yama 7:44AM – 9:15AM  | Shula* Until 9:34AM                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:22PM     | Moon 2 - Phase 46                             |
|   | Creative Work                    | Amrita Yoga   | 151373368 <b>Rahu</b> 12:17PM – 1:48PM  | Bava Until 3:37AM Thu              | <b>Nataraja:</b> Clear |                           | Purnima                                       |
|   |                                  |               | <b>Chaturdashi*</b> Until 7:08AM  | Moon – Red                         |                        | <b>Subha Sivaloka Day</b> |   |
|   |                                  |               | <b>Panguni Uttiram</b>  | <b>Phalguna-Panguni</b>            |                        |                           |   |
|   |                                  |               | <b>Holi</b>   |                                    |                        |                           |   |

|          |                                 |          |  |                                    |                        |                        |   |
|----------|---------------------------------|----------|--|------------------------------------|------------------------|------------------------|---|
| <b>5</b> | <b>Thursday, March 21, 2019</b> |          | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau |                                    |                        |                        | Johannesburg, ZA<br>Sutra 340<br>Vilamba 5120 |
|          | <b>Silver Retreat Star</b>      |          | <b>Gulika</b> 9:15AM – 10:46AM   | <b>Uttaraphalguni</b> Until 9:50AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:14AM |   |
|          | Kanya Rasi: 7.31                | Tithi 16 | Yama 6:14AM – 7:44AM   | Vriddhi Until 1:41AM Fri           | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:20PM  | Moon 2 - Phase 46                             |
|          |                                 |          | 151383368 <b>Rahu</b> 1:48PM – 3:19PM  | Balava Until 1:57PM                | <b>Nataraja:</b> Clear |                        | Prathama                                      |
|          |                                 |          | <b>Prathama*</b> Until 12:19AM Fri   | Moon – Red                         |                        | <b>Sivaloka Day</b>    |   |
|          |                                 |          |  | <b>Phalguna-Panguni</b>            |                        |                        |   |
|          |                                 |          |  | <i>Pradosha Vrata</i>              |                        |                        |   |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Johannesburg, ZA  
Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Kanya Rasi: 22.22      Tithi 17

**Gulika** 7:45AM – 9:15AM  
Yama 3:18PM – 4:49PM  
**Rahu** 10:46AM – 12:17PM

**Hasta** **Until 7:33AM**  
Dhruva **Until 10:08PM**  
Taitila **Until 10:49AM**  
**Dvitiya** **Until 9:24PM**

**Ganesha:** Yellow      *Sunrise:* 6:14AM

**Muruqa:** White      *Sunset:* 6:19PM

**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

**Phalguna-Panguni**

Creative Work    Amrita Yoga  
Until 7:33AM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Johannesburg, ZA  
Sun 1      Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Tula Rasi: 6.55      Tithi 18

**Gulika** 6:14AM – 7:45AM  
Yama 1:47PM – 3:17PM  
**Rahu** 9:15AM – 10:46AM

**Svati** **Until 4:02AM Sun**  
Vyaghata\* **Until 7:03PM**  
Vanija **Until 8:09AM**  
**Tritiya** **Until 7:02PM**

**Ganesha:** Blue      *Sunrise:* 6:14AM

**Muruqa:** White      *Sunset:* 6:19PM

**Nataraja:** Clear  
Moon – Green

**Bhuloka Day**

**Phalguna-Panguni**

Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga  
Until 4:02AM Sun  
Then Routine Work - Marana Yoga

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Johannesburg, ZA  
Sun 2      Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Tula Rasi: 21.03      Tithi 19 – 20

**Gulika** 3:17PM – 4:47PM  
Yama 12:16PM – 1:46PM  
**Rahu** 4:47PM – 6:17PM

**Vishakha** **Until 3:31AM Mon**  
Harshana **Until 4:33PM**  
Bava **Until 6:07AM**  
**Chaturthi\*** **Until 5:21PM**

**Ganesha:** Red      *Sunrise:* 6:15AM

**Muruqa:** White      *Sunset:* 6:17PM

**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

**Phalguna-Panguni**

Routine Work    Marana Yoga  
Until 3:31AM Mon  
Then Creative Work - Siddha Yoga

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Johannesburg, ZA  
Sun 3      Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Vrischika Rasi: 4.43      Tithi 20 – 21

**Gulika** 1:46PM – 3:16PM  
Yama 10:46AM – 12:16PM  
**Rahu** 7:46AM – 9:16AM

**Anuradha** **Until 3:43AM Tue**  
Vajra\* **Until 2:41PM**  
Gara **Until 4:24AM Tue**  
**Panchami** **Until 4:29PM**

**Ganesha:** Red      *Sunrise:* 6:15AM

**Muruqa:** White      *Sunset:* 6:16PM

**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

**Phalguna-Panguni**

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 3:43AM Tue  
Then Routine Work - Marana Yoga

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Johannesburg, ZA  
Sun 4      Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Vrischika Rasi: 17.53      Tithi 21 – 22

**Gulika** 12:16PM – 1:45PM  
Yama 9:16AM – 10:46AM  
**Rahu** 3:15PM – 4:45PM

**Jyeshtha\*** **Until 4:37AM Wed**  
Siddhi **Until 1:31PM**  
Visti **Until 4:52AM Wed**  
**Shashthi\*** **Until 4:30PM**

**Ganesha:** Red      *Sunrise:* 6:16AM

**Muruqa:** White      *Sunset:* 6:15PM

**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

**Phalguna-Panguni**

Routine Work    Marana Yoga

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Johannesburg, ZA  
Sun 5      Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Dhanus Rasi: 0.38      Tithi 22 – 23

**Gulika** 10:45AM – 12:15PM  
Yama 7:46AM – 9:16AM  
**Rahu** 12:15PM – 1:45PM

**Mula\*** **Until 6:38AM Thu**  
Vyatipata\* **Until 1:02PM**  
Balava **Until 6:10AM Thu**  
**Saptami** **Until 5:24PM**

**Ganesha:** Green      *Sunrise:* 6:16AM

**Muruqa:** White      *Sunset:* 6:14PM

**Nataraja:** Clear  
Moon – Light Blue

**Bhuloka Day**

**Phalguna-Panguni**

Devaloka Time: 6:PM to 9:PM

Routine Work    Marana Yoga  
Until 6:38AM Thu  
Then Creative Work - Siddha Yoga

**D**

**Thursday, March 28, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Johannesburg, ZA  
Sun 6      Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

Dhanus Rasi: 13      Tithi 23

**Gulika** 9:16AM – 10:45AM  
Yama 6:17AM – 7:46AM  
**Rahu** 1:44PM – 3:14PM

**Mula\*** **Until 6:38AM**  
Variyan **Until 1:09PM**  
Balava **Until 6:10AM**  
**Ashtami\*** **Until 7:04PM**

**Ganesha:** Green      *Sunrise:* 6:17AM

**Muruqa:** White      *Sunset:* 6:13PM

**Nataraja:** Clear  
Moon – Light Blue

**Bhuloka Day**

**Phalguna-Panguni**

Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Johannesburg, ZA  
Sun 7      Sutra 348  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

Dhanus Rasi: 25.05      Tithi 24

**Gulika** 7:47AM – 9:16AM  
Yama 3:13PM – 4:43PM  
**Rahu** 10:45AM – 12:15PM

**Purvashadha\*** **Until 9:10AM**  
Parigha\* **Until 1:45PM**  
Taitila **Until 8:09AM**  
**Navami\*** **Until 9:19PM**

**Ganesha:** Green      *Sunrise:* 6:17AM

**Muruqa:** Yellow      *Sunset:* 6:12PM

**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**

**Phalguna-Panguni**

Routine Work    Prabalarishta Yoga  
Until 9:10AM  
Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

|                                  |               |   |   |   |                        |  |                           |
|----------------------------------|---------------|---|---|---|------------------------|--|---------------------------|
| <b>1</b>                         |               | <b>Saturday, March 30, 2019</b>         |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau         |                        | Johannesburg, ZA<br>Sun 8 Sutra 349<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase  |                           |
| Makara Rasi: 6.58                | Tithi 25      | <b>Gulika</b> 6:18AM – 7:47AM           | <b>Uttarashadha</b> Until 11:57AM         | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:18AM | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:11PM     |
|                                  |               | Yama 1:43PM – 3:13PM                    | Shiva Until 2:42PM                        | <b>Nataraja:</b> Purple   |                        | Moon – Light Blue  |                           |
|                                  |               | 182383468 <b>Rahu</b> 9:16AM – 10:45AM  | Vanija Until 10:36AM                      | <b>Phalguna-Panguni</b>   |                        |  | <b>Devaloka Day</b>       |
| Routine Work                     | Marana Yoga   |   | <b>Dashami</b> Until 11:54PM              |   |                        |  |                           |
| Until 11:57AM                    |               |   |   |   |                        |  |                           |
| Then Creative Work - Siddha Yoga |               |   |   |   |                        |  |                           |
| <b>2</b>                         |               | <b>Sunday, March 31, 2019</b>           |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau           |                        | Johannesburg, ZA<br>Sun 9 Sutra 350<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase  |                           |
| Makara Rasi: 18.46               | Tithi 26      | <b>Gulika</b> 3:12PM – 4:41PM           | <b>Shravana</b> Until 3:17PM              | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:18AM | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:10PM     |
|                                  |               | Yama 12:14PM – 1:43PM                   | Siddha Until 3:45PM                       | <b>Nataraja:</b> Purple   |                        | Moon – Purple  |                           |
|                                  |               | 192383468 <b>Rahu</b> 4:41PM – 6:10PM   | Bava Until 1:17PM                         | <b>Phalguna-Panguni</b>   |                        |  | <b>Sivaloka Day</b>       |
| Creative Work                    | Amrita Yoga   |   | <b>Ekadashi*</b> Until 2:36AM Mon         |   |                        |  |                           |
| Until 3:17PM                     |               |   |   |   |                        |  |                           |
| Then Routine Work - Marana Yoga  |               |   |   |   |                        |  |                           |
| <b>3</b>                         |               | <b>Monday, April 1, 2019</b>            |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau                  |                        | Johannesburg, ZA<br>Sun 10 Sutra 351<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |                           |
| Kumbha Rasi: 0.33                | Tithi 27      | <b>Gulika</b> 1:43PM – 3:12PM           | <b>Dhanishtha</b> Until 6:25PM            | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:18AM | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:10PM     |
| <b>Family Home Evening</b>       |               | Yama 10:45AM – 12:14PM                  | Sadhya Until 4:47PM                       | <b>Nataraja:</b> Purple   |                        | Moon – Purple  |                           |
|                                  |               | 192483468 <b>Rahu</b> 7:47AM – 9:16AM   | Kaulava Until 3:56PM                      | <b>Phalguna-Panguni</b>   |                        |  | <b>Subha Sivaloka Day</b> |
| Creative Work                    | Siddha Yoga   |   | <b>Dvadashi*</b> Until 5:11AM Tue         |   |                        |  |                           |
|                                  |               |   |   |   |                        |  |                           |
|                                  |               |   |   |   |                        |  |                           |
| <b>4</b>                         |               | <b>Tuesday, April 2, 2019</b>           |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Subha/Sukla Yoga Gara Karana Trayodashyam Titau                       |                        | Johannesburg, ZA<br>Sun 11 Sutra 352<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |                           |
| Kumbha Rasi: 12.23               | Tithi 28      | <b>Gulika</b> 12:14PM – 1:42PM          | <b>Shatabhishak</b> Until 9:10PM          | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:19AM | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:09PM     |
|                                  |               | Yama 9:16AM – 10:45AM                   | Subha Until 5:41PM                        | <b>Nataraja:</b> Purple   |                        | Moon – Purple  |                           |
|                                  |               | 192483468 <b>Rahu</b> 3:11PM – 4:40PM   | Gara Until 6:23PM                         | <b>Phalguna-Panguni</b>   |                        |  | <b>Subha Sivaloka Day</b> |
| Routine Work                     | Marana Yoga   |   | <b>Trayodashi*</b> Until 7:28AM Wed       |   |                        |  |                           |
|                                  |               |   | <i>Pradosha Vrata (Fasting)</i>           |   |                        |  |                           |
|                                  |               |   |   |   |                        |  |                           |
| <b>5</b>                         |               | <b>Wednesday, April 3, 2019</b>         |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau     |                        | Johannesburg, ZA<br>Sun 12 Sutra 353<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |                           |
| Kumbha Rasi: 24.19               | Tithi 28 – 29 | <b>Gulika</b> 10:45AM – 12:13PM         | <b>Purvaproshtapada*</b> Until 11:55PM    | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:19AM | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:08PM     |
|                                  |               | Yama 7:48AM – 9:16AM                    | Sukla Until 6:17PM                        | <b>Nataraja:</b> Purple   |                        | Moon – Clear   |                           |
|                                  |               | 112483468 <b>Rahu</b> 12:13PM – 1:42PM  | Visti Until 8:30PM                        | <b>Phalguna-Panguni</b>   |                        |  | <b>Sivaloka Day</b>       |
| Creative Work                    | Amrita Yoga   |   | <b>Trayodashi*</b> Until 7:28AM           |   |                        |  |                           |
| Until 11:55PM                    |               |   |   |   |                        |  |                           |
| Then Creative Work - Siddha Yoga |               |   |   |   |                        |  |                           |
| <b>Retreat Star</b>              |               | <b>Thursday, April 4, 2019</b>          |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau |                        | Johannesburg, ZA<br>Sun 13 Sutra 354<br>Vilamba 5120<br>Moon 3 - Phase 48<br>Amavasya  |                           |
| Meena Rasi: 6.24                 | Tithi 29 – 30 | <b>Gulika</b> 9:16AM – 10:45AM          | <b>Uttaraproshtapada</b> Until 2:06AM Fri | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:20AM | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:07PM     |
|                                  |               | Yama 6:20AM – 7:48AM                    | Brahma Until 6:36PM                       | <b>Nataraja:</b> Purple   |                        | Moon – Clear   |                           |
|                                  |               | 112483468 <b>Rahu</b> 1:41PM – 3:10PM   | Catuspada Until 10:11PM                   | <b>Phalguna-Panguni</b>   |                        |  | <b>Sivaloka Day</b>       |
| Creative Work                    | Siddha Yoga   |   | <b>Chaturdashy*</b> Until 9:22AM          |   |                        |  |                           |
|                                  |               |   |   |   |                        |  |                           |
|                                  |               |   |   |   |                        |  |                           |
| <b>Retreat Star</b>              |               | <b>Friday, April 5, 2019</b>            |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau                   |                        | Johannesburg, ZA<br>Sun 14 Sutra 355<br>Vilamba 5120<br>Moon 3 - Phase 48<br>Prathama  |                           |
| Meena Rasi: 18.4                 | Tithi 30 – 1  | <b>Gulika</b> 7:48AM – 9:16AM           | <b>Revati</b> Until 3:42AM Sat            | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:20AM | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:06PM     |
|                                  |               | Yama 3:09PM – 4:37PM                    | Indra Until 6:37PM                        | <b>Nataraja:</b> Purple   |                        | Moon – Clear   |                           |
|                                  |               | 112483468 <b>Rahu</b> 10:45AM – 12:13PM | Kintughna Until 11:27PM                   | <b>Chaitra-Panguni</b>  |                        |  | <b>Sivaloka Day</b>       |
| Creative Work                    | Siddha Yoga   |   | <b>Amavasya*</b> Until 10:51AM            |   |                        |  |                           |
|                                  |               | <b>Yugadhi</b>                          |   |   |                        |  |                           |

|  |             |  |  |  |                        |  |  |
|--|-------------|--|--|--|------------------------|--|--|
| <b>1</b>                               |             | <b>Saturday, April 6, 2019</b>         |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        | Johannesburg, ZA<br>Sun 15 Sutra 356<br>Vilamba 5120 |  |
| Mesha Rasi: 1.06                       | Tithi 1 – 2 | <b>Gulika</b> 6:21AM – 7:49AM          | <b>Ashvini</b> <b>Until 5:13AM Sun</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:21AM |  |  |
|  |             | Yama 1:41PM – 3:09PM                   | Vaidhrili* <b>Until 6:15PM</b>         | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:05PM  | Moon 3 - Phase 49                                    |  |
|  |             | 123483468 <b>Rahu</b> 9:17AM – 10:45AM | Balava <b>Until 12:17AM Sun</b>        | <b>Nataraja:</b> Purple  |                        | 3rd Phase  |  |
| Creative Work                          | Siddha Yoga |  |  | Moon – White   |                        | <b>Devaloka Day</b>                                  |  |
| Until 5:13AM Sun                       |             | Chellappaswami Mahasamadhi             | <b>Prathama* Until 11:54AM</b>         | <b>Chaitra-Panguni</b>   |                        |  |  |
| Then Routine Work - Prabalarishta Yoga |             |  |  |  |                        |  |  |

|                                 |                    |                                       |  |   |                        |  |  |
|---------------------------------|--------------------|---------------------------------------|--|---|------------------------|--|--|
| <b>2</b>                        |                    | <b>Sunday, April 7, 2019</b>          |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Johannesburg, ZA<br>Sun 16 Sutra 357<br>Vilamba 5120 |  |
| Mesha Rasi: 13.44               | Tithi 2 – 3        | <b>Gulika</b> 3:08PM – 4:36PM         | <b>Bharani</b> <b>Until 6:12AM Mon</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:21AM |  |  |
|                                 |                    | Yama 12:12PM – 1:40PM                 | Vishkambha* <b>Until 5:36PM</b>        | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:03PM  | Moon 3 - Phase 49                                    |  |
|                                 |                    | 123483468 <b>Rahu</b> 4:36PM – 6:03PM | Taitila <b>Until 12:42AM Mon</b>       | <b>Nataraja:</b> Purple   |                        | 3rd Phase  |  |
| Routine Work                    | Prabalarishta Yoga |                                       |  | Moon – White  |                        | <b>Devaloka Day</b>                                  |  |
| Until 6:12AM Mon                |                    |                                       | <b>Dvitiya Until 12:31PM</b>           | <b>Chaitra-Panguni</b>  |                        |  |  |
| Then Routine Work - Marana Yoga |                    |                                       |  |   |                        |  |  |

|                                 |             |                                       |                                    |   |                        |  |  |
|---------------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|--|--|
| <b>3</b>                        |             | <b>Monday, April 8, 2019</b>          |                                    | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                        | Johannesburg, ZA<br>Sun 17 Sutra 358<br>Vilamba 5120 |  |
| Mesha Rasi: 26.33               | Tithi 3 – 4 | <b>Gulika</b> 1:40PM – 3:07PM         | <b>Bharani</b> <b>Until 6:12AM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:21AM |  |  |
| <b>Family Home Evening</b>      |             | Yama 10:44AM – 12:12PM                | Priti <b>Until 4:40PM</b>          | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:02PM  | Moon 3 - Phase 49                                    |  |
|                                 |             | 123483468 <b>Rahu</b> 7:49AM – 9:17AM | Vanija <b>Until 12:45AM Tue</b>    | <b>Nataraja:</b> Purple   |                        | 3rd Phase  |  |
| Creative Work                   | Siddha Yoga |                                       |                                    | Moon – White  |                        | <b>Devaloka Day</b>                                  |  |
| Until 6:12AM                    |             |                                       | <b>Tritiya Until 12:45PM</b>       | <b>Chaitra-Panguni</b>  |                        |  |  |
| Then Routine Work - Marana Yoga |             |                                       |                                    |   |                        |  |  |

|                                  |             |                                       |                                     |   |                        |  |  |
|----------------------------------|-------------|---------------------------------------|-------------------------------------|---|------------------------|--|--|
| <b>4</b>                         |             | <b>Tuesday, April 9, 2019</b>         |                                     | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Johannesburg, ZA<br>Sun 18 Sutra 359<br>Vilamba 5120 |  |
| Vrishabha Rasi: 9.33             | Tithi 4 – 5 | <b>Gulika</b> 12:12PM – 1:39PM        | <b>Krittika</b> <b>Until 6:39AM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:22AM |  |  |
|                                  |             | Yama 9:17AM – 10:44AM                 | Ayushman <b>Until 3:25PM</b>        | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:01PM  | Moon 3 - Phase 49                                    |  |
|                                  |             | 123483468 <b>Rahu</b> 3:07PM – 4:34PM | Bava <b>Until 12:26AM Wed</b>       | <b>Nataraja:</b> Purple   |                        | 3rd Phase  |  |
| Creative Work                    | Siddha Yoga |                                       |                                     | Moon – White  |                        | <b>Devaloka Day</b>                                  |  |
| Until 6:39AM                     |             |                                       | <b>Chaturthi* Until 12:37PM</b>     | <b>Chaitra-Panguni</b>  |                        |  |  |
| Then Creative Work - Amrita Yoga |             |                                       |                                     |   |                        |  |  |

|                       |             |  |                                   |   |                        |  |  |
|-----------------------|-------------|--|-----------------------------------|---|------------------------|--|--|
| <b>5</b>              |             | <b>Wednesday, April 10, 2019</b>       |                                   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Grigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                        | Johannesburg, ZA<br>Sun 19 Sutra 360<br>Vilamba 5120 |  |
| Vrishabha Rasi: 22.44 | Tithi 5 – 6 | <b>Gulika</b> 10:44AM – 12:11PM        | <b>Rohini</b> <b>Until 7:03AM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:22AM |  |  |
|                       |             | Yama 7:50AM – 9:17AM                   | Saubhagya <b>Until 1:53PM</b>     | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:00PM  | Moon 3 - Phase 49                                    |  |
|                       |             | 133483468 <b>Rahu</b> 12:11PM – 1:39PM | Kaulava <b>Until 11:44PM</b>      | <b>Nataraja:</b> Purple   |                        | 3rd Phase  |  |
| Creative Work         | Siddha Yoga |  |                                   | Moon – Yellow   |                        | <b>Sivaloka Day</b>                                  |  |
|                       |             |  | <b>Panchami Until 12:07PM</b>     | <b>Chaitra-Panguni</b>  |                        |  |  |

|                    |             |                                       |                                       |  |                        |  |  |
|--------------------|-------------|---------------------------------------|---------------------------------------|--|------------------------|--|--|
| <b>6</b>           |             | <b>Thursday, April 11, 2019</b>       |                                       | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        | Johannesburg, ZA<br>Sun 20 Sutra 361<br>Vilamba 5120 |  |
| Mithuna Rasi: 6.08 | Tithi 6 – 7 | <b>Gulika</b> 9:17AM – 10:44AM        | <b>Mrigashira</b> <b>Until 6:56AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:23AM |  |  |
|                    |             | Yama 6:23AM – 7:50AM                  | Sobhana <b>Until 12:04PM</b>          | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 5:59PM  | Moon 3 - Phase 49                                    |  |
|                    |             | 133483468 <b>Rahu</b> 1:38PM – 3:05PM | Gara <b>Until 10:39PM</b>             | <b>Nataraja:</b> Purple  |                        | 3rd Phase  |  |
| Routine Work       | Marana Yoga |                                       |                                       | Moon – Yellow  |                        | <b>Sivaloka Day</b>                                  |  |
|                    |             |                                       | <b>Shashthi* Until 11:14AM</b>        | <b>Chaitra-Panguni</b>   |                        |  |  |

|                     |             |   |                                  |  |                        |  |  |
|---------------------|-------------|---|----------------------------------|--|------------------------|--|--|
| <b>☾</b>            |             | <b>Friday, April 12, 2019</b>           |                                  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Johannesburg, ZA<br>Sun 21 Sutra 362<br>Vilamba 5120 |  |
| <b>Retreat Star</b> |             | <b>Gulika</b> 7:50AM – 9:17AM           | <b>Ardra</b> <b>Until 6:16AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:23AM |  |  |
| Mithuna Rasi: 19.45 | Tithi 7 – 8 | Yama 3:05PM – 4:32PM                    | Athiganda* <b>Until 9:53AM</b>   | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 5:58PM  | Moon 3 - Phase 49                                    |  |
|                     |             | 133483468 <b>Rahu</b> 10:44AM – 12:11PM | Visti <b>Until 9:08PM</b>        | <b>Nataraja:</b> Purple  |                        | Ashtami  |  |
| Creative Work       | Siddha Yoga |   |                                  | Moon – Yellow  |                        | <b>Sivaloka Day</b>                                  |  |
|                     |             |   | <b>Saptami Until 9:56AM</b>      | <b>Chaitra-Panguni</b>   |                        |  |  |

|                     |             |  |                                       |  |                        |  |  |
|---------------------|-------------|--|---------------------------------------|--|------------------------|--|--|
| <b>☽</b>            |             | <b>Saturday, April 13, 2019</b>        |                                       | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Johannesburg, ZA<br>Sun 22 Sutra 363<br>Vilamba 5120 |  |
| <b>Retreat Star</b> |             | <b>Gulika</b> 6:24AM – 7:50AM          | <b>Pushya</b> <b>Until 4:09AM Sun</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:24AM |  |  |
| Kataka Rasi: 3.37   | Tithi 8 – 9 | Yama 1:37PM – 3:04PM                   | Sukarma <b>Until 7:23AM</b>           | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 5:57PM  | Moon 3 - Phase 49                                    |  |
|                     |             | 143483468 <b>Rahu</b> 9:17AM – 10:44AM | Balava <b>Until 7:13PM</b>            | <b>Nataraja:</b> Purple  |                        | Navami   |  |
| Creative Work       | Siddha Yoga |  |                                       | Moon – Blue  |                        | <b>Devaloka Day</b>                                  |  |
|                     |             | Sri Rama Navami                        | <b>Ashtami* Until 8:13AM</b>          | <b>Chaitra-Panguni</b>   |                        |  |  |

|                                    |               |  |                                    |  |                     |                                      |
|------------------------------------|---------------|--|------------------------------------|--|---------------------|--------------------------------------|
| <b>1 Sunday, April 14, 2019</b>    |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau                      |                                    |  |                     | Johannesburg, ZA<br>Sun 23 Sutra 364 |
| Kataka Rasi: 17.45                 | Tithi 9 – 10  | <b>Gulika</b> 3:03PM – 4:30PM  | <b>Ashlesha* Until 2:19AM Mon</b>  | <b>Ganesha: White</b> Sunrise: 6:24AM  |                     | Vikarin 5121                         |
|                                    |               | Yama 12:10PM – 1:37PM  | Shula* Until 1:27AM Mon            | <b>Muruqa: Yellow</b> Sunset: 5:56PM   |                     | Moon 3 - Phase 1                     |
|                                    | 143483468     | <b>Rahu</b> 4:30PM – 5:56PM  | Gara Until 3:37AM Mon              | <b>Nataraja: Purple</b>                |                     | 4th Phase                            |
| Creative Work Siddha Yoga          |               |  |                                    | Moon – Blue                            | <b>Devaloka Day</b> |                                      |
| Until 2:19AM Mon                   |               | <b>Tamil New Year</b>  | <b>Navami* Until 6:06AM</b>        | <b>Chaitra*Chaitra</b>                 |                     |                                      |
| Then Routine Work - Marana Yoga    |               |  |                                    |  |                     |                                      |
| <b>2 Monday, April 15, 2019</b>    |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau                               |                                    |  |                     | Johannesburg, ZA<br>Sun 24 Sutra 1   |
| Simha Rasi: 2.08                   | Tithi 11      | <b>Gulika</b> 1:36PM – 3:03PM  | <b>Magha* Until 12:27AM Tue</b>    | <b>Ganesha: White</b> Sunrise: 6:25AM  |                     | Vikarin 5121                         |
| <b>Family Home Evening</b>         |               | Yama 10:44AM – 12:10PM   | Ganda* Until 10:05PM               | <b>Muruqa: Yellow</b> Sunset: 5:55PM   |                     | Moon 3 - Phase 1                     |
| Routine Work Marana Yoga           | 253483468     | <b>Rahu</b> 7:51AM – 9:17AM  | Vanija Until 2:16PM                | <b>Nataraja: Purple</b>                |                     | 4th Phase                            |
| Until 12:27AM Tue                  |               |  | <b>Ekadashi Until 12:50AM Tue</b>  | Moon – Red                             | <b>Devaloka Day</b> |                                      |
| Then Creative Work - Siddha Yoga   |               |  |                                    | <b>Chaitra*Chaitra</b>                 |                     |                                      |
| <b>3 Tuesday, April 16, 2019</b>   |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau                      |                                    |  |                     | Johannesburg, ZA<br>Sun 25 Sutra 2   |
| Simha Rasi: 16.42                  | Tithi 12      | <b>Gulika</b> 12:10PM – 1:36PM   | <b>Purvaphalguni Until 10:16PM</b> | <b>Ganesha: White</b> Sunrise: 6:25AM  |                     | Vikarin 5121                         |
|                                    |               | Yama 9:17AM – 10:44AM  | Vriddhi Until 6:33PM               | <b>Muruqa: Yellow</b> Sunset: 5:54PM   |                     | Moon 3 - Phase 1                     |
|                                    | 253483468     | <b>Rahu</b> 3:02PM – 4:28PM  | Bava Until 11:23AM                 | <b>Nataraja: Purple</b>                |                     | 4th Phase                            |
| Creative Work Siddha Yoga          |               |  | <b>Dvadashi Until 9:52PM</b>       | Moon – Red                             | <b>Devaloka Day</b> |                                      |
| Until 10:16PM                      |               |  |                                    | <b>Chaitra*Chaitra</b>                 |                     |                                      |
| Then Creative Work - Amrita Yoga   |               |  |                                    |  |                     |                                      |
| <b>4 Wednesday, April 17, 2019</b> |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau        |                                    |  |                     | Johannesburg, ZA<br>Sun 26 Sutra 3   |
| Kanya Rasi: 1.23                   | Tithi 13      | <b>Gulika</b> 10:44AM – 12:10PM  | <b>Uttaraphalguni Until 7:53PM</b> | <b>Ganesha: White</b> Sunrise: 6:26AM  |                     | Vikarin 5121                         |
|                                    |               | Yama 7:52AM – 9:18AM   | Dhruva Until 2:56PM                | <b>Muruqa: Yellow</b> Sunset: 5:54PM   |                     | Moon 3 - Phase 1                     |
|                                    | 253483468     | <b>Rahu</b> 12:10PM – 1:36PM   | Kaulava Until 8:22AM               | <b>Nataraja: Purple</b>                |                     | 4th Phase                            |
| Creative Work Amrita Yoga          |               |  | <b>Trayodashi Until 6:50PM</b>     | Moon – Red                             | <b>Devaloka Day</b> |                                      |
| Until 7:53PM                       |               |  |                                    | <b>Chaitra*Chaitra</b>                 |                     |                                      |
| Then Routine Work - Marana Yoga    |               |  | <i>Pradosha Vrata</i>              |  |                     |                                      |
| <b>5 Thursday, April 18, 2019</b>  |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                    |  |                     | Johannesburg, ZA<br>Sun 27 Sutra 4   |
| Kanya Rasi: 16.05                  | Tithi 14 – 15 | <b>Gulika</b> 9:18AM – 10:44AM   | <b>Hasta Until 5:51PM</b>          | <b>Ganesha: Yellow</b> Sunrise: 6:26AM |                     | Vikarin 5121                         |
|                                    |               | Yama 6:26AM – 7:52AM   | Vyaghata* Until 11:22AM            | <b>Muruqa: Yellow</b> Sunset: 5:53PM   |                     | Moon 3 - Phase 1                     |
|                                    | 263483468     | <b>Rahu</b> 1:35PM – 3:01PM  | Visti Until 2:30AM Fri             | <b>Nataraja: Purple</b>                |                     | 4th Phase                            |
| Routine Work Marana Yoga           |               |  | <b>Chaturdashi* Until 3:53PM</b>   | Moon – Green                           | <b>Sivaloka Day</b> |                                      |
| Until 5:51PM                       |               |  |                                    | <b>Chaitra*Chaitra</b>                 |                     |                                      |
| Then Creative Work - Siddha Yoga   |               |  |                                    |  |                     |                                      |
| <b>Friday, April 19, 2019</b>      |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau      |                                    |  |                     | Johannesburg, ZA<br>Sutra 5          |
| <b>Copper Retreat Star</b>         |               | <b>Gulika</b> 7:52AM – 9:18AM  | <b>Chitra Until 3:56PM</b>         | <b>Ganesha: Yellow</b> Sunrise: 6:27AM |                     | Vikarin 5121                         |
| Tula Rasi: 0.41                    | Tithi 15 – 16 | Yama 3:00PM – 4:26PM   | Harshana Until 7:59AM              | <b>Muruqa: Yellow</b> Sunset: 5:52PM   |                     | Moon 3 - Phase 1                     |
|                                    | 263483468     | <b>Rahu</b> 10:43AM – 12:09PM  | Balava Until 11:57PM               | <b>Nataraja: Purple</b>                |                     | Purnima                              |
| Creative Work Siddha Yoga          |               |  | <b>Purnima* Until 1:09PM</b>       | Moon – Green                           | <b>Sivaloka Day</b> |                                      |
|                                    |               | <b>Chitra Purnima (Tamil Nadu)</b>   |                                    | <b>Chaitra*Chaitra</b>                 |                     |                                      |
|                                    |               | <b>Hanuman Jayanti</b>   |                                    |  |                     |                                      |
| <b>Saturday, April 20, 2019</b>    |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau         |                                    |  |                     | Johannesburg, ZA<br>Sutra 6          |
| <b>Silver Retreat Star</b>         |               | <b>Gulika</b> 6:27AM – 7:53AM  | <b>Svati Until 2:17PM</b>          | <b>Ganesha: Red</b> Sunrise: 6:27AM    |                     | Vikarin 5121                         |
| Tula Rasi: 15.02                   | Tithi 16 – 17 | Yama 1:34PM – 3:00PM   | Siddhi Until 2:09AM Sun            | <b>Muruqa: Yellow</b> Sunset: 5:51PM   |                     | Moon 3 - Phase 1                     |
|                                    | 264483468     | <b>Rahu</b> 9:18AM – 10:43AM   | Taitila Until 9:51PM               | <b>Nataraja: Purple</b>                |                     | Prathama                             |
| Creative Work Siddha Yoga          |               |  | <b>Prathama* Until 10:49AM</b>     | Moon – Green                           | <b>Sivaloka Day</b> |                                      |
|                                    |               |  |                                    | <b>Chaitra*Chaitra</b>                 |                     |                                      |