



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Tula Rasi: 28.07      Tithi 16 – 17

273832369

**Gulika** 12:26PM – 2:06PM  
Yama 9:05AM – 10:46AM  
**Rahu** 3:47PM – 5:27PM

Routine Work      Marana Yoga  
Until 3:53PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyalipata/Variyan Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

**Vishakha** Until 3:53PM  
Vyatipata\* Until 9:36AM  
Taitila Until 7:10PM  
**Prathama\*** Until 6:47AM

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

*Sunrise:* 5:45AM  
*Sunset:* 7:07PM

Jalandhar, India  
Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vischika Rasi: 10.41      Tithi 17 – 18

273832369

**Gulika** 10:45AM – 12:26PM  
Yama 7:24AM – 9:05AM  
**Rahu** 12:26PM – 2:06PM

Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Anuradha** Until 5:35PM  
Variyan Until 9:18AM  
Vanija Until 8:19PM  
**Dvitiya** Until 7:39AM

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

*Sunrise:* 5:44AM  
*Sunset:* 7:08PM

Jalandhar, India  
Sun 1      Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vischika Rasi: 23      Tithi 18 – 19

274832369

**Gulika** 9:04AM – 10:45AM  
Yama 5:43AM – 7:24AM  
**Rahu** 2:07PM – 3:47PM

Routine Work      Prabalarishta Yoga  
Until 7:38PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

**Jyeshtha\*** Until 7:38PM  
Parigha\* Until 9:26AM  
Bava Until 10:00PM  
**Tritiya** Until 9:04AM

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

*Sunrise:* 5:43AM  
*Sunset:* 7:09PM

Jalandhar, India  
Sun 2      Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Dhanus Rasi: 5.07      Tithi 19 – 20

284832369

**Gulika** 7:23AM – 9:04AM  
Yama 3:48PM – 5:29PM  
**Rahu** 10:45AM – 12:26PM

Creative Work      Amrita Yoga  
Until 10:29PM  
Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Mula\*** Until 10:29PM  
Shiva Until 9:58AM  
Kaulava Until 12:09AM Sat  
**Chaturthi\*** Until 11:00AM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

*Sunrise:* 5:42AM  
*Sunset:* 7:09PM

Jalandhar, India  
Sun 3      Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Dhanus Rasi: 17.03      Tithi 20 – 21

284832369

**Gulika** 5:41AM – 7:22AM  
Yama 2:07PM – 3:48PM  
**Rahu** 9:03AM – 10:44AM

Creative Work      Siddha Yoga  
Until 1:29AM Sun  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

**Purvashadha\*** Until 1:29AM Sun  
Siddha Until 10:47AM  
Gara Until 2:37AM Sun  
**Panchami** Until 1:20PM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

*Sunrise:* 5:41AM  
*Sunset:* 7:10PM

Jalandhar, India  
Sun 4      Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Dhanus Rasi: 28.53      Tithi 21 – 22

284832369

**Gulika** 3:48PM – 5:29PM  
Yama 12:25PM – 2:07PM  
**Rahu** 5:29PM – 7:11PM

Creative Work      Amrita Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Uttarashadha** Until 4:25AM Mon  
Sadhya Until 11:48AM  
Visti Until 5:12AM Mon  
**Shashthi\*** Until 3:53PM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

*Sunrise:* 5:40AM  
*Sunset:* 7:11PM

Jalandhar, India  
Sun 5      Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

**6**

**Monday, May 7, 2018**

Makara Rasi: 10.41      Tithi 22

294832369

**Gulika** 2:07PM – 3:48PM  
Yama 10:44AM – 12:25PM  
**Rahu** 7:21AM – 9:02AM

**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 7:34AM Tue  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

**Shravana** Until 7:34AM Tue  
Subha Until 12:52PM  
Bava Until 6:26PM  
**Saptami** Until 6:26PM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

*Sunrise:* 5:39AM  
*Sunset:* 7:12PM

Jalandhar, India  
Sun 6      Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**D**

**Tuesday, May 8, 2018**  
**Retreat Star**

Makara Rasi: 22.32      Tithi 23

294832369

**Gulika** 12:25PM – 2:07PM  
Yama 9:02AM – 10:44AM  
**Rahu** 3:49PM – 5:30PM

Creative Work      Siddha Yoga

Chidambaram Abhishekam

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

**Shravana** Until 7:34AM  
Sukla Until 1:44PM  
Balava Until 7:38AM  
**Ashtami\*** Until 8:42PM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

*Sunrise:* 5:38AM  
*Sunset:* 7:12PM

Jalandhar, India  
Sun 7      Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Wednesday, May 9, 2018**

**Retreat Star**

Kumbha Rasi: 4.33      Tithi 24

294832369

**Gulika** 10:43AM – 12:25PM  
Yama 7:20AM – 9:01AM  
**Rahu** 12:25PM – 2:07PM

Routine Work      Prabalarishta Yoga  
Until 10:10AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

**Dhanishtha** Until 10:10AM  
Brahma Until 2:16PM  
Taitila Until 9:40AM  
**Navami\*** Until 10:27PM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

*Sunrise:* 5:38AM  
*Sunset:* 7:13PM

Jalandhar, India  
Sun 8      Sutra 24  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM


<b>1</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India
	Kumbha Rasi: 16.47	Tithi 25	<b>Gulika</b> 9:01AM – 10:43AM	<b>Shatabhishak</b> Until 12:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:37AM	Sun 9 Sutra 25
			Yama 5:37AM – 7:19AM	Indra Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:14PM	Vilamba 5120
	294832369	<b>Rahu</b> 2:07PM – 3:49PM		Vanija Until 11:05AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:30PM	Moon – Purple		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India
	Kumbha Rasi: 29.22	Tithi 26	<b>Gulika</b> 7:18AM – 9:01AM	<b>Purvaproshtapada*</b> Until 1:25PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM	Sun 10 Sutra 26
			Yama 3:50PM – 5:32PM	Vaidhriti* Until 1:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:14PM	Vilamba 5120
	214832369	<b>Rahu</b> 10:43AM – 12:25PM		Bava Until 11:44AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 11:44PM	Moon – Clear		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Jalandhar, India
	Meena Rasi: 12.19	Tithi 27	<b>Gulika</b> 5:35AM – 7:18AM	<b>Uttaraproshtapada</b> Until 1:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:35AM	Sun 11 Sutra 27
			Yama 2:08PM – 3:50PM	Vishkambha* Until 12:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:15PM	Vilamba 5120
	214932369	<b>Rahu</b> 9:00AM – 10:43AM		Kaulava Until 11:33AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 11:09PM	Moon – Clear		2nd Phase	
Until 1:52PM				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India
	Meena Rasi: 25.42	Tithi 28	<b>Gulika</b> 3:50PM – 5:33PM	<b>Revati</b> Until 1:23PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:35AM	Sun 12 Sutra 28
			Yama 12:25PM – 2:08PM	Priti Until 10:40AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Vilamba 5120
	214932369	<b>Rahu</b> 5:33PM – 7:16PM		Gara Until 10:35AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 9:48PM	Moon – Clear		2nd Phase	
Until 1:23PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India
	Mesha Rasi: 9.3	Tithi 29	<b>Gulika</b> 2:08PM – 3:51PM	<b>Ashvini</b> Until 12:31PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:34AM	Sun 13 Sutra 29
	<b>Family Home Evening</b>		Yama 10:42AM – 12:25PM	Ayushman Until 8:15AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Vilamba 5120
	224932369	<b>Rahu</b> 7:17AM – 9:00AM		Visti Until 8:54AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:50PM	Moon – White		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	

	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India
	<b>Retreat Star</b>		<b>Gulika</b> 12:25PM – 2:08PM	<b>Bharani</b> Until 10:58AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:33AM	Sun 14 Sutra 30
	Mesha Rasi: 23.41	Tithi 30 – 1	Yama 8:59AM – 10:42AM	Sobhana Until 2:07AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 7:17PM	Vilamba 5120
	224932369	<b>Rahu</b> 3:51PM – 5:34PM		Catuspada Until 6:39AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 5:21PM	Moon – White		Amavasya	
				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	

<b>Retreat Star</b>	<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Jalandhar, India
	Vrishabha Rasi: 8.1	Tithi 1 – 2	<b>Gulika</b> 10:42AM – 12:25PM	<b>Krittika</b> Until 8:52AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:33AM	Sun 15 Sutra 31
			Yama 7:16AM – 8:59AM	Athiganda* Until 10:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:18PM	Vilamba 5120
	225932369	<b>Rahu</b> 12:25PM – 2:08PM		Balava Until 1:03AM Thu	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 2:31PM	Moon – White		Prathama	
Until 8:52AM				<b>Jyeshtha Adhika-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM	

<b>1</b>	<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau				Jalandhar, India Sun 16 Sutra 32
	Vrishabha Rasi: 22.49	Tithi 2 - 3	<b>Gulika</b> 8:59AM - 10:42AM	<b>Rohini</b> Until 6:50AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:32AM		Vilamba 5120
			Yama 5:32AM - 7:15AM	Sukarma Until 7:04PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:18PM		Moon 4 - Phase 5
	Routine Work	Marana Yoga	235932369 <b>Rahu</b> 2:08PM - 3:52PM	Taitila Until 10:00PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> Until 11:31AM	<b>Moon - Yellow</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Jalandhar, India Sun 17 Sutra 33
	Mithuna Rasi: 7.31	Tithi 3 - 4	<b>Gulika</b> 7:15AM - 8:58AM	<b>Ardra</b> Until 2:16AM Sat	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:31AM		Vilamba 5120
			Yama 3:52PM - 5:36PM	Dhriti Until 3:30PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:19PM		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	235932369 <b>Rahu</b> 10:42AM - 12:25PM	Vanija Until 6:59PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya</b> Until 8:28AM	<b>Moon - Yellow</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India Sun 18 Sutra 34
	Mithuna Rasi: 22.11	Tithi 5	<b>Gulika</b> 5:31AM - 7:14AM	<b>Punarvasu</b> Until 12:25AM Sun	<b>Ganesha:</b> White <i>Sunrise:</i> 5:31AM		Vilamba 5120
			Yama 2:09PM - 3:52PM	Shula* Until 12:02PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:20PM		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 8:58AM - 10:42AM	Bava Until 4:07PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> Until 2:45AM Sun	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>4</b>	<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashtham Titau				Jalandhar, India Sun 19 Sutra 35
	Kataka Rasi: 6.41	Tithi 6	<b>Gulika</b> 3:53PM - 5:37PM	<b>Pushya</b> Until 10:43PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:30AM		Vilamba 5120
			Yama 12:25PM - 2:09PM	Ganda* Until 8:46AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:20PM		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 5:37PM - 7:20PM	Kaulava Until 1:30PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi*</b> Until 12:18AM Mon	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>5</b>	<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India Sun 20 Sutra 36
	Kataka Rasi: 20.58	Tithi 7	<b>Gulika</b> 2:09PM - 3:53PM	<b>Ashlesha*</b> Until 9:14PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:30AM		Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:41AM - 12:25PM	Dhruva Until 3:05AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 7:21PM		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 7:14AM - 8:58AM	Gara Until 11:13AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami</b> Until 10:12PM	<b>Moon - Blue</b>		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>6</b>	<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 37
	<b>Retreat Star</b>		<b>Gulika</b> 12:25PM - 2:09PM	<b>Magha*</b> Until 8:25PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:29AM		Vilamba 5120
	Simha Rasi: 5	Tithi 8	Yama 8:57AM - 10:41AM	Vyaghata* Until 12:43AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 7:22PM		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	255932369 <b>Rahu</b> 3:53PM - 5:38PM	Visti Until 9:19AM	<b>Nataraja:</b> Purple		Ashtami
			<b>Ashtami*</b> Until 8:30PM	<b>Moon - Red</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>7</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 22 Sutra 38
	<b>Retreat Star</b>		<b>Gulika</b> 10:41AM - 12:25PM	<b>Purvaphalguni</b> Until 7:53PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:29AM		Vilamba 5120
	Simha Rasi: 18.47	Tithi 9	Yama 7:13AM - 8:57AM	Harshana Until 10:42PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:22PM		Moon 4 - Phase 5
	Creative Work	Amrita Yoga	255932369 <b>Rahu</b> 12:25PM - 2:10PM	Balava Until 7:49AM	<b>Nataraja:</b> Purple		Navami
			<b>Navami*</b> Until 7:12PM	<b>Moon - Red</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 2.2	Tithi 10	<b>Gulika</b> 8:57AM – 10:41AM	<b>Uttaraphalguni</b> Until 7:35PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM		
		Yama 5:28AM – 7:13AM	Vajra* Until 8:58PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:23PM		Moon 4 - Phase 6
	Amrita Yoga	255932369 <b>Rahu</b> 2:10PM – 3:54PM	Taitila Until 6:43AM	<b>Nataraja:</b> Purple		4th Phase
Until 7:35PM			<b>Dashami</b> Until 6:18PM	<b>Moon – Red</b>	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 15.4	Tithi 11 – 12	<b>Gulika</b> 7:12AM – 8:57AM	<b>Hasta</b> Until 7:58PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM		
		Yama 3:55PM – 5:39PM	Siddhi Until 7:34PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:23PM		Moon 4 - Phase 6
	Amrita Yoga	266932369 <b>Rahu</b> 10:41AM – 12:26PM	Vanija Until 6:01AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Ekadashi</b> Until 5:48PM	<b>Moon – Green</b>	<b>Bhuloka Day</b>	
Until 7:58PM				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 25 Sutra 41 Vilamba 5120
Kanya Rasi: 28.47	Tithi 12 – 13	<b>Gulika</b> 5:27AM – 7:12AM	<b>Chitra</b> Until 8:35PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM		
		Yama 2:10PM – 3:55PM	Vyatipata* Until 6:29PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:24PM		Moon 4 - Phase 6
	Marana Yoga	366932369 <b>Rahu</b> 8:57AM – 10:41AM	Kaulava Until 5:47AM Sun	<b>Nataraja:</b> Purple		4th Phase
Routine Work			<b>Dvadashi</b> Until 5:41PM	<b>Moon – Green</b>	<b>Bhuloka Day</b>	
Until 8:35PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 11.42	Tithi 13 – 14	<b>Gulika</b> 3:55PM – 5:40PM	<b>Svati</b> Until 9:26PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM		
		Yama 12:26PM – 2:11PM	Variyan Until 5:41PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:25PM		Moon 4 - Phase 6
	Siddha Yoga	366932369 <b>Rahu</b> 5:40PM – 7:25PM	Gara Until 6:16AM Mon	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Trayodashi</b> Until 5:57PM	<b>Moon – Green</b>	<b>Bhuloka Day</b>	
Until 9:26PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga						

<b>5 Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 43 Vilamba 5120
Tula Rasi: 24.26	Tithi 14	<b>Gulika</b> 2:11PM – 3:56PM	<b>Vishakha</b> Until 11:00PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:27AM		
		Yama 10:41AM – 12:26PM	Parigha* Until 5:14PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:25PM		Moon 4 - Phase 6
<b>Family Home Evening</b>		376932369 <b>Rahu</b> 7:11AM – 8:56AM	Gara Until 6:16AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work			<b>Chaturdashi*</b> Until 6:39PM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>	
Until 11:00PM		<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>○ Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 44 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:26PM – 2:11PM	<b>Anuradha</b> Until 12:52AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:26AM		
Vrischika Rasi: 6.57	Tithi 15	Yama 8:56AM – 10:41AM	Shiva Until 5:09PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:26PM		Moon 4 - Phase 6
		376932369 <b>Rahu</b> 3:56PM – 5:41PM	Visti Until 7:11AM	<b>Nataraja:</b> Purple		Purnima
Creative Work			<b>Purnima*</b> Until 7:47PM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	

<b>Wednesday, May 30, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 45 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:41AM – 12:26PM	<b>Jyeshtha*</b> Until 2:59AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:26AM		
Vrischika Rasi: 19.17	Tithi 16	Yama 7:11AM – 8:56AM	Siddha Until 5:23PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:26PM		Moon 4 - Phase 6
		376932369 <b>Rahu</b> 12:26PM – 2:11PM	Balava Until 8:33AM	<b>Nataraja:</b> Purple		Prathama
Creative Work			<b>Prathama*</b> Until 9:22PM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	



**Thursday, May 31, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India  
Sun 1 Sutra 46

Dhanus Rasi: 1.26 Tithi 17

**Gulika** 8:56AM – 10:41AM  
Yama 5:26AM – 7:11AM  
387932369 **Rahu** 2:11PM – 3:57PM

**Mula\* Until 5:49AM Fri**  
Sadhya Until 5:57PM  
Taitila Until 10:21AM  
Dvitiya Until 11:23PM

**Ganesha:** White *Sunrise:* 5:26AM  
**Muruqa:** White *Sunset:* 7:27PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 5:49AM Fri  
Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**

**1**

**Friday, June 1, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Vanija/Visti\* Karana Trityayam Titau

Jalandhar, India  
Sun 2 Sutra 47

Dhanus Rasi: 13.25 Tithi 18

**Gulika** 7:11AM – 8:56AM  
Yama 3:57PM – 5:42PM  
387932369 **Rahu** 10:41AM – 12:26PM

**Purvashadha\* Until 8:47AM Sat**  
Subha Until 6:48PM  
Vanija Until 12:32PM  
Tritiya Until 1:43AM Sat

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruqa:** White *Sunset:* 7:28PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Prabalarishta Yoga  
Until 8:47AM Sat  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Saturday, June 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthayam Titau

Jalandhar, India  
Sun 3 Sutra 48

Dhanus Rasi: 25.17 Tithi 19

**Gulika** 5:25AM – 7:11AM  
Yama 2:12PM – 3:57PM  
387932369 **Rahu** 8:56AM – 10:41AM

**Purvashadha\* Until 8:47AM**  
Sukla Until 7:50PM  
Bava Until 3:00PM  
Chaturthi\* Until 4:17AM Sun

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruqa:** White *Sunset:* 7:28PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 8:47AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Sunday, June 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India  
Sun 4 Sutra 49

Makara Rasi: 7.05 Tithi 20

**Gulika** 3:58PM – 5:43PM  
Yama 12:27PM – 2:12PM  
387932369 **Rahu** 5:43PM – 7:29PM

**Uttarashadha Until 11:45AM**  
Brahma Until 8:57PM  
Kaulava Until 5:36PM  
Panchami Until 6:52AM Mon

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruqa:** White *Sunset:* 7:29PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Monday, June 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India  
Sun 5 Sutra 50

Makara Rasi: 18.52 Tithi 20 – 21

**Gulika** 2:12PM – 3:58PM  
Yama 10:41AM – 12:27PM  
397932369 **Rahu** 7:10AM – 8:56AM

**Shravana Until 3:02PM**  
Indra Until 10:00PM  
Gara Until 8:07PM  
Panchami Until 6:52AM

**Ganesha:** Blue *Sunrise:* 5:25AM  
**Muruqa:** White *Sunset:* 7:29PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 3:02PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**5**

**Tuesday, June 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Jalandhar, India  
Sun 6 Sutra 51

Kumbha Rasi: 0.43 Tithi 21 – 22

**Gulika** 12:27PM – 2:13PM  
Yama 8:56AM – 10:41AM  
397132361 **Rahu** 3:58PM – 5:44PM

**Dhanishtha Until 5:55PM**  
Vaidhriti\* Until 10:47PM  
Visti Until 10:21PM  
Shashthi\* Until 9:16AM

**Ganesha:** Purple *Sunrise:* 5:25AM  
**Muruqa:** White *Sunset:* 7:30PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 5:55PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**D**

**Wednesday, June 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India  
Sun 7 Sutra 52

Kumbha Rasi: 12.43 Tithi 22 – 23

**Gulika** 10:42AM – 12:27PM  
Yama 7:10AM – 8:56AM  
397132361 **Rahu** 12:27PM – 2:13PM

**Shatabhishak Until 8:09PM**  
Vishkambha\* Until 11:11PM  
Balava Until 12:03AM Thu  
Saptami Until 11:15AM

**Ganesha:** Purple *Sunrise:* 5:24AM  
**Muruqa:** White *Sunset:* 7:30PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

Creative Work Siddha Yoga  
Until 8:09PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**Thursday, June 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India  
Sun 8 Sutra 53

Kumbha Rasi: 24.58 Tithi 23 – 24

**Gulika** 8:56AM – 10:42AM  
Yama 5:24AM – 7:10AM  
317132361 **Rahu** 2:13PM – 3:59PM

**Purvaproshtapada\* Until 10:03PM**  
Priti Until 11:03PM  
Taitila Until 1:03AM Fri  
Ashtami\* Until 12:38PM

**Ganesha:** Blue *Sunrise:* 5:24AM  
**Muruqa:** White *Sunset:* 7:31PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha Adhika-Vaikasi**

Vilamba 5120  
Moon 5 - Phase 7  
Navami

Creative Work Siddha Yoga

**Devaloka Day**

<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Jalandhar, India
		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
Meena Rasi: 7.31	Tithi 24 – 25	<b>Gulika</b> 7:10AM – 8:56AM	<b>Uttaraproshtapada</b> Until 11:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:24AM	Vilamba 5120
		Yama 3:59PM – 5:45PM	Ayushman Until 10:15PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 8
318132361	<b>Rahu</b> 10:42AM – 12:28PM		Vanija Until 1:14AM Sat	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 1:14PM	Moon – Clear		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Jalandhar, India
		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
Meena Rasi: 20.28	Tithi 25 – 26	<b>Gulika</b> 5:24AM – 7:10AM	<b>Revati</b> Until 10:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:24AM	Vilamba 5120
		Yama 2:14PM – 4:00PM	Saubhagya Until 8:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8
318132361	<b>Rahu</b> 8:56AM – 10:42AM		Bava Until 12:34AM Sun	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 12:59PM	Moon – Clear		<b>Bhuloka Day</b>
Until 10:59PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Jalandhar, India
		Ashvini Nakshatra Sobhana Yoga Balava*/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
Mesha Rasi: 3.52	Tithi 26 – 27	<b>Gulika</b> 4:00PM – 5:46PM	<b>Ashvini</b> Until 10:28PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:24AM	Vilamba 5120
		Yama 12:28PM – 2:14PM	Sobhana Until 6:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8
328132361	<b>Rahu</b> 5:46PM – 7:32PM		Kaulava Until 11:06PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 11:55AM	Moon – White		<b>Bhuloka Day</b>
Until 10:28PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Jalandhar, India
		Bharani Nakshatra Athiganda*/Sukarma Yoga Talita*/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
Mesha Rasi: 17.43	Tithi 27 – 28	<b>Gulika</b> 2:14PM – 4:00PM	<b>Bharani</b> Until 9:05PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:24AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:42AM – 12:28PM	Athiganda* Until 4:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b> 7:10AM – 8:56AM	Gara Until 8:55PM	<b>Nataraja:</b> White		2nd Phase
Until 9:05PM			<b>Dvadashi*</b> Until 10:04AM	Moon – White		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Jalandhar, India
		Krittika Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 58
Vrishabha Rasi: 2.01	Tithi 28 – 29	<b>Gulika</b> 12:28PM – 2:14PM	<b>Krittika</b> Until 6:59PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:24AM	Vilamba 5120
		Yama 8:56AM – 10:42AM	Sukarma Until 12:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 8
328132361	<b>Rahu</b> 4:01PM – 5:47PM		Visti Until 6:10PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 7:35AM	Moon – White		<b>Bhuloka Day</b>
Until 6:59PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Jalandhar, India
<b>Retreat Star</b>		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59
Vrishabha Rasi: 16.4	Tithi 30	<b>Gulika</b> 10:42AM – 12:29PM	<b>Rohini</b> Until 4:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:24AM	Vilamba 5120
		Yama 7:10AM – 8:56AM	Dhriti Until 9:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 8
338132361	<b>Rahu</b> 12:29PM – 2:15PM		Catuspada Until 3:00PM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 1:17AM Thu	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Jalandhar, India
<b>Retreat Star</b>		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60
Mithuna Rasi: 1.35	Tithi 1	<b>Gulika</b> 8:56AM – 10:43AM	<b>Mrigashira</b> Until 2:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:24AM	Vilamba 5120
		Yama 5:24AM – 7:10AM	Ganda* Until 1:23AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 8
338132361	<b>Rahu</b> 2:15PM – 4:01PM		Kintughna Until 11:33AM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 9:46PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>		

<b>1</b>	<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India
	Mithuna Rasi: 16.36	Tithi 2	<b>Gulika</b> 7:10AM – 8:57AM	<b>Ardra Until 11:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:24AM	Sun 16 Sutra 61
			Yama 4:01PM – 5:48PM	Vriddhi Until 9:26PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:34PM	Vilamba 5120
	Creative Work	Siddha Yoga	339132361 <b>Rahu</b> 10:43AM – 12:29PM	Balava Until 8:01AM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Dvitiya Until 6:14PM</b>	Moon – Yellow		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Jalandhar, India
	Kataka Rasi: 2	Tithi 3 – 4	<b>Gulika</b> 5:24AM – 7:10AM	<b>Punarvasu Until 8:46AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:24AM	Sun 17 Sutra 62
			Yama 2:15PM – 4:02PM	Dhruva Until 5:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:34PM	Vilamba 5120
	Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 8:57AM – 10:43AM	Vanija Until 1:14AM Sun	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Tritiya Until 2:50PM</b>	Moon – Blue		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India
	Kataka Rasi: 16.26	Tithi 4 – 5	<b>Gulika</b> 4:02PM – 5:48PM	<b>Pushya Until 6:21AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:24AM	Sun 18 Sutra 63
			Yama 12:29PM – 2:16PM	Vyaghata* Until 1:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Vilamba 5120
	Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 5:48PM – 7:35PM	Bava Until 10:16PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Chaturthi* Until 11:41AM</b>	Moon – Blue		3rd Phase	
		Father's Day		<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Jalandhar, India
	Simha Rasi: 1	Tithi 5 – 6	<b>Gulika</b> 2:16PM – 4:02PM	<b>Magha* Until 2:44AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:24AM	Sun 19 Sutra 64
	<b>Family Home Evening</b>		Yama 10:43AM – 12:30PM	Harshana Until 10:43AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Vilamba 5120
	Routine Work	Marana Yoga	359132361 <b>Rahu</b> 7:11AM – 8:57AM	Kaulava Until 7:45PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Panchami Until 8:56AM</b>	Moon – Red		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taaitla/Vanija Karana Shashthi/Saptamyam Titau				Jalandhar, India
	Simha Rasi: 15.14	Tithi 6 – 7	<b>Gulika</b> 12:30PM – 2:16PM	<b>Purvaphalguni Until 1:42AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:25AM	Sun 20 Sutra 65
			Yama 8:57AM – 10:44AM	Vajra* Until 7:50AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Vilamba 5120
	Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 4:02PM – 5:49PM	Vanija Until 4:57AM Wed	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Shashthi* Until 6:39AM</b>	Moon – Red		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India
	<b>Retreat Star</b>		<b>Gulika</b> 10:44AM – 12:30PM	<b>Uttaraphalguni Until 1:06AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:25AM	Sun 21 Sutra 66
	Simha Rasi: 29.07	Tithi 8	Yama 7:11AM – 8:57AM	Vyatipata* Until 3:31AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Vilamba 5120
			359132361 <b>Rahu</b> 12:30PM – 2:16PM	Visti Until 4:19PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Ashtami* Until 3:49AM Thu</b>	Moon – Red		Ashtami	
		Chidambaram Abhishekam		<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

<b>7</b>	<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India
	<b>Retreat Star</b>		<b>Gulika</b> 8:58AM – 10:44AM	<b>Hasta Until 1:24AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:25AM	Sun 22 Sutra 67
	Kanya Rasi: 12.38	Tithi 9	Yama 5:25AM – 7:11AM	Variyan Until 2:03AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:36PM	Vilamba 5120
			369132361 <b>Rahu</b> 2:17PM – 4:03PM	Balava Until 3:30PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
			<b>Navami* Until 3:17AM Fri</b>	Moon – Green		Navami	
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 68
	Kanya Rasi: 25.5	Tithi 10	361132361	<b>Gulika</b> 7:11AM – 8:58AM Yama 4:03PM – 5:49PM <b>Rahu</b> 10:44AM – 12:30PM	<b>Chitra Until 2:05AM Sat</b> Parigha* Until 1:02AM Sat Taitila Until 3:15PM <b>Dashami Until 3:19AM Sat</b>	Ganesha: Green Muruqa: White Nataraja: White Moon – Green <b>Jyeshtha-Ani</b>	Sunrise: 5:25AM Sunset: 7:36PM Moon 5 - Phase 10 4th Phase <b>Bhuloka Day</b>
	Creative Work	Siddha Yoga					

2	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 69
	Tula Rasi: 8.44	Tithi 11	361132361	<b>Gulika</b> 5:25AM – 7:12AM Yama 2:17PM – 4:03PM <b>Rahu</b> 8:58AM – 10:44AM	<b>Svati Until 3:08AM Sun</b> Shiva Until 12:28AM Sun Vanija Until 3:33PM <b>Ekadashi Until 3:51AM Sun</b>	Ganesha: Green Muruqa: White Nataraja: White Moon – Green <b>Jyeshtha-Ani</b>	Sunrise: 5:25AM Sunset: 7:36PM Moon 5 - Phase 10 4th Phase <b>Bhuloka Day</b>
	Creative Work	Siddha Yoga					
	Until 3:08AM Sun						

3	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 70
	Tula Rasi: 21.24	Tithi 12	371132361	<b>Gulika</b> 4:04PM – 5:50PM Yama 12:31PM – 2:17PM <b>Rahu</b> 5:50PM – 7:36PM	<b>Vishakha Until 4:58AM Mon</b> Siddha Until 12:15AM Mon Bava Until 4:20PM <b>Dvadashi Until 4:53AM Mon</b>	Ganesha: Red Muruqa: White Nataraja: White Moon – Orange <b>Jyeshtha-Ani</b>	Sunrise: 5:26AM Sunset: 7:36PM Moon 5 - Phase 10 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Routine Work	Marana Yoga					
	Until 4:58AM Mon						

4	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 71
	Vrischika Rasi: 3.51	Tithi 13	371142361	<b>Gulika</b> 2:17PM – 4:04PM Yama 10:45AM – 12:31PM <b>Rahu</b> 7:12AM – 8:59AM	<b>Anuradha Until 7:03AM Tue</b> Sadhya Until 12:22AM Tue Kaulava Until 5:35PM <b>Trayodashi Until 6:20AM Tue</b>	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Orange <b>Jyeshtha-Ani</b>	Sunrise: 5:26AM Sunset: 7:36PM Moon 5 - Phase 10 4th Phase <b>Devaloka Day</b>
	Family Home Evening						
	Until 7:03AM Tue						

5	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 72
	Vrischika Rasi: 16.07	Tithi 13 – 14	371142361	<b>Gulika</b> 12:31PM – 2:18PM Yama 8:59AM – 10:45AM <b>Rahu</b> 4:04PM – 5:50PM	<b>Anuradha Until 7:03AM</b> Subha Until 12:50AM Wed Gara Until 7:14PM <b>Trayodashi Until 6:20AM</b>	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Orange <b>Jyeshtha-Ani</b>	Sunrise: 5:26AM Sunset: 7:36PM Moon 5 - Phase 10 4th Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 7:03AM						

○	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sutra 73
	<b>Copper Retreat Star</b>		371142361	<b>Gulika</b> 10:45AM – 12:32PM Yama 7:13AM – 8:59AM <b>Rahu</b> 12:32PM – 2:18PM	<b>Jyeshtha* Until 9:21AM</b> Sukla Until 1:31AM Thu Visti Until 9:15PM <b>Chaturdashi* Until 8:10AM</b>	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Orange <b>Jyeshtha-Ani</b>	Sunrise: 5:27AM Sunset: 7:37PM Moon 5 - Phase 10 Purnima <b>Devaloka Day</b>
	Vrischika Rasi: 28.14	Tithi 14 – 15					
	Creative Work	Siddha Yoga					

○	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 74
	<b>Silver Retreat Star</b>		381142361	<b>Gulika</b> 8:59AM – 10:46AM Yama 5:27AM – 7:13AM <b>Rahu</b> 2:18PM – 4:04PM	<b>Mula* Until 12:18PM</b> Brahma Until 2:27AM Fri Balava Until 11:33PM <b>Purnima* Until 10:21AM</b>	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Light Blue <b>Jyeshtha-Ani</b>	Sunrise: 5:27AM Sunset: 7:37PM Moon 5 - Phase 10 Prathama <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Dhanus Rasi: 10.12	Tithi 15 – 16					
	Creative Work	Siddha Yoga					





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India  
Sutra 75

Dhanus Rasi: 22.04      Tithi 16 – 17

**Gulika**      7:13AM – 9:00AM  
Yama      4:04PM – 5:50PM  
**Rahu**      10:46AM – 12:32PM

**Purvashadha\* Until 3:19PM**  
Indra Until 3:32AM Sat  
Taitila Until 2:04AM Sat  
**Prathama\* Until 12:46PM**

**Ganesha:** Blue      *Sunrise:* 5:27AM  
**Muruqa:** Clear      *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work      Prabalarishta Yoga  
Until 3:19PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India  
Sun 1      Sutra 76

Makara Rasi: 3.52      Tithi 17 – 18

**Gulika**      5:28AM – 7:14AM  
Yama      2:18PM – 4:04PM  
**Rahu**      9:00AM – 10:46AM

**Uttarashadha Until 6:17PM**  
Vaidhriti\* Until 4:39AM Sun  
Vanija Until 4:40AM Sun  
**Dvitiya Until 3:21PM**

**Ganesha:** Blue      *Sunrise:* 5:28AM  
**Muruqa:** Clear      *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work      Marana Yoga  
Until 6:17PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturchayam Titau

Jalandhar, India  
Sun 2      Sutra 77

Makara Rasi: 15.39      Tithi 18 – 19

**Gulika**      4:05PM – 5:51PM  
Yama      12:32PM – 2:18PM  
**Rahu**      5:51PM – 7:37PM

**Shravana Until 9:36PM**  
Vishkambha\* Until 5:44AM Mon  
Bava Until 7:13AM Mon  
**Tritiya Until 5:56PM**

**Ganesha:** Red      *Sunrise:* 5:28AM  
**Muruqa:** Clear      *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work      Amrita Yoga  
Until 9:36PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturchayam Titau

Jalandhar, India  
Sun 3      Sutra 78

Makara Rasi: 27.28      Tithi 19

**Gulika**      2:19PM – 4:05PM  
Yama      10:46AM – 12:32PM  
**Rahu**      7:14AM – 9:00AM

**Dhanishtha Until 12:35AM Tue**  
Priti Until 6:40AM Tue  
Bava Until 7:13AM  
**Chaturchi\* Until 8:23PM**

**Ganesha:** Red      *Sunrise:* 5:28AM  
**Muruqa:** Clear      *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 12:35AM Tue  
Then Routine Work - Marana Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India  
Sun 4      Sutra 79

Kumbha Rasi: 9.21      Tithi 20

**Gulika**      12:33PM – 2:19PM  
Yama      9:01AM – 10:47AM  
**Rahu**      4:05PM – 5:51PM

**Shatabhishak Until 3:04AM Wed**  
Priti Until 6:40AM  
Kaulava Until 9:31AM  
**Panchami Until 10:30PM**

**Ganesha:** Yellow      *Sunrise:* 5:29AM  
**Muruqa:** Clear      *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work      Marana Yoga  
Until 3:04AM Wed  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India  
Sun 5      Sutra 80

Kumbha Rasi: 21.23      Tithi 21

**Gulika**      10:47AM – 12:33PM  
Yama      7:15AM – 9:01AM  
**Rahu**      12:33PM – 2:19PM

**Purvaproshtapada\* Until 5:23AM Thu**  
Ayushman Until 7:16AM  
Gara Until 11:25AM  
**Shashthi\* Until 12:08AM Thu**

**Ganesha:** Orange      *Sunrise:* 5:29AM  
**Muruqa:** Clear      *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work      Amrita Yoga  
Until 5:23AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India  
Sun 6      Sutra 81

Meena Rasi: 3.38      Tithi 22

**Gulika**      9:01AM – 10:47AM  
Yama      5:30AM – 7:15AM  
**Rahu**      2:19PM – 4:05PM

**Uttaraproshtapada Until 6:53AM Fri**  
Saubhagya Until 7:28AM  
Visti Until 12:45PM  
**Saptami Until 1:08AM Fri**

**Ganesha:** Orange      *Sunrise:* 5:30AM  
**Muruqa:** Clear      *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work      Siddha Yoga

**Devaloka Day**

**Friday, July 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India  
Sun 7      Sutra 82

Meena Rasi: 16.11      Tithi 23

**Gulika**      7:16AM – 9:02AM  
Yama      4:05PM – 5:51PM  
**Rahu**      10:47AM – 12:33PM

**Uttaraproshtapada Until 6:53AM**  
Sobhana Until 7:09AM  
Balava Until 1:23PM  
**Ashtami\* Until 1:24AM Sat**

**Ganesha:** Orange      *Sunrise:* 5:30AM  
**Muruqa:** Clear      *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work      Siddha Yoga

**Devaloka Day**

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India  
Sun 8      Sutra 83

Meena Rasi: 29.05      Tithi 24

**Gulika**      5:31AM – 7:16AM  
Yama      2:19PM – 4:05PM  
**Rahu**      9:02AM – 10:48AM

**Revati Until 7:29AM**  
Athiganda\* Until 6:13AM  
Taitila Until 1:14PM  
**Navami\* Until 12:51AM Sun**

**Ganesha:** Green      *Sunrise:* 5:31AM  
**Muruqa:** Clear      *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Routine Work      Prabalarishta Yoga  
Until 7:29AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau			Jalandhar, India Sun 9 Sutra 84
Mesha Rasi: 12.25	Tithi 25	<b>Gulika</b> 4:05PM – 5:50PM	<b>Ashvini Until 7:37AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:31AM	Vilamba 5120
		Yama 12:34PM – 2:19PM	Dhriti Until 2:28AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:36PM	Moon 6 - Phase 12
422242361	<b>Rahu</b> 5:50PM – 7:36PM		Vanija Until 12:18PM	<b>Nataraja:</b> White	2nd Phase
Creative Work Siddha Yoga			<b>Dashami Until 11:31PM</b>	Moon – White	<b>Devaloka Day</b>
Until 7:37AM				<b>Jyeshtha-Ani</b>	
Then Routine Work - Prabalarishta Yoga					

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau			Jalandhar, India Sun 10 Sutra 85
Mesha Rasi: 26.11	Tithi 26	<b>Gulika</b> 2:19PM – 4:05PM	<b>Bharani Until 6:48AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:31AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:48AM – 12:34PM	Shula* Until 11:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:36PM	Moon 6 - Phase 12
422242361	<b>Rahu</b> 7:17AM – 9:03AM		Bava Until 10:35AM	<b>Nataraja:</b> White	2nd Phase
Creative Work Siddha Yoga			<b>Ekadashi* Until 9:27PM</b>	Moon – White	<b>Devaloka Day</b>
Until 6:48AM				<b>Jyeshtha-Ani</b>	
Then Routine Work - Marana Yoga					

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Jalandhar, India Sun 11 Sutra 86
Vrishabha Rasi: 10.24	Tithi 27	<b>Gulika</b> 12:34PM – 2:19PM	<b>Rohini Until 3:14AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:32AM	Vilamba 5120
		Yama 9:03AM – 10:48AM	Ganda* Until 8:22PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:36PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 4:05PM – 5:50PM		Kaulava Until 8:11AM	<b>Nataraja:</b> White	2nd Phase
Creative Work Amrita Yoga			<b>Dvadashi* Until 6:45PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 3:14AM Wed				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 12 Sutra 87
Vrishabha Rasi: 25.02	Tithi 28 – 29	<b>Gulika</b> 10:49AM – 12:34PM	<b>Mrigashira Until 12:42AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:33AM	Vilamba 5120
		Yama 7:18AM – 9:03AM	Vridhhi Until 4:41PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:35PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 12:34PM – 2:19PM		Visti Until 1:52AM Thu	<b>Nataraja:</b> White	2nd Phase
Creative Work Siddha Yoga			<b>Trayodashi* Until 3:34PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 12:42AM Thu				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Routine Work - Marana Yoga					
			<i>Pradosha Vrata (Fasting)</i>		

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Jalandhar, India Sun 13 Sutra 88
<b>Retreat Star</b>		<b>Gulika</b> 9:04AM – 10:49AM	<b>Ardra Until 9:47PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:33AM	Vilamba 5120
Mithuna Rasi: 9.58	Tithi 29 – 30	Yama 5:33AM – 7:18AM	Dhruva Until 12:42PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:35PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 2:19PM – 4:05PM		Catuspada Until 10:13PM	<b>Nataraja:</b> White	Amavasya
Routine Work Marana Yoga			<b>Chaturdashi* Until 12:03PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 9:47PM				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Amrita Yoga					

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyaghata*Harshana Yoga Naga*Kintughna* Karana Amavasya/Prathamayam Titau			Jalandhar, India Sun 14 Sutra 89
<b>Retreat Star</b>		<b>Gulika</b> 7:19AM – 9:04AM	<b>Punarvasu Until 7:00PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:34AM	Vilamba 5120
Mithuna Rasi: 25.06	Tithi 30 – 1	Yama 4:04PM – 5:50PM	Vyaghata* Until 8:34AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:35PM	Moon 6 - Phase 12
442242361	<b>Rahu</b> 10:49AM – 12:34PM		Kintughna Until 6:28PM	<b>Nataraja:</b> White	Prathama
Creative Work Siddha Yoga			<b>Amavasya* Until 8:20AM</b>	Moon – Blue	<b>Bhuloka Day</b>
Until 7:00PM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Jalandhar, India Sun 15 Sutra 90	
Kataka Rasi: 10.16	Tithi 2	<b>Gulika</b> 5:34AM – 7:19AM	<b>Pushya</b> <b>Until 4:08PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:34AM	Vilamba 5120		
		Yama 2:19PM – 4:04PM	Vajra* <b>Until 12:21AM</b> Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13		
		442242361 <b>Rahu</b> 9:04AM – 10:49AM	Balava <b>Until 2:46PM</b>	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 12:58AM</b> Sun	Moon – Blue		<b>Bhuloka Day</b>		
Until 4:08PM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau			Jalandhar, India Sun 16 Sutra 91	
Kataka Rasi: 25.2	Tithi 3	<b>Gulika</b> 4:04PM – 5:49PM	<b>Ashlesha*</b> <b>Until 1:21PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:35AM	Vilamba 5120		
		Yama 12:34PM – 2:19PM	Siddhi <b>Until 8:32PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13		
		442242361 <b>Rahu</b> 5:49PM – 7:34PM	Taitila <b>Until 11:16AM</b>	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 9:37PM</b>	Moon – Blue		<b>Bhuloka Day</b>		
Until 1:21PM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Chaturthyam Titau			Jalandhar, India Sun 17 Sutra 92	
Simha Rasi: 10.09	Tithi 4	<b>Gulika</b> 2:19PM – 4:04PM	<b>Magha*</b> <b>Until 11:13AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:35AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama 10:50AM – 12:35PM	Vyatipata* <b>Until 5:04PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13		
		453242361 <b>Rahu</b> 7:20AM – 9:05AM	Vanija <b>Until 8:07AM</b>	<b>Nataraja:</b> White		3rd Phase		
Routine Work	Marana Yoga		<b>Chaturthi*</b> <b>Until 6:42PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 11:13AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Jalandhar, India Sun 18 Sutra 93	
Simha Rasi: 24.37	Tithi 5 – 6	<b>Gulika</b> 12:35PM – 2:19PM	<b>Purvaphalguni</b> <b>Until 9:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:36AM	Vilamba 5120		
		Yama 9:05AM – 10:50AM	Varyan <b>Until 2:01PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13		
		453242362 <b>Rahu</b> 4:04PM – 5:49PM	Kaulava <b>Until 3:23AM</b> Wed	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 4:19PM</b>	Moon – Red		<b>Devaloka Day</b>		
Until 9:26AM				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Jalandhar, India Sun 19 Sutra 94	
Kanya Rasi: 8.4	Tithi 6 – 7	<b>Gulika</b> 10:50AM – 12:35PM	<b>Uttaraphalguni</b> <b>Until 8:09AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:36AM	Vilamba 5120		
		Yama 7:21AM – 9:06AM	Parigha* <b>Until 11:31AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13		
		453242362 <b>Rahu</b> 12:35PM – 2:19PM	Gara <b>Until 2:01AM</b> Thu	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Amrita Yoga		<b>Shashthi*</b> <b>Until 2:36PM</b>	Moon – Red		<b>Devaloka Day</b>		
Until 8:09AM				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Jalandhar, India Sun 20 Sutra 95	
Kanya Rasi: 22.17	Tithi 7 – 8	<b>Gulika</b> 9:06AM – 10:50AM	<b>Hasta</b> <b>Until 7:50AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	Vilamba 5120		
		Yama 5:37AM – 7:21AM	Shiva <b>Until 9:36AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b> 2:19PM – 4:04PM	Visti <b>Until 1:22AM</b> Fri	<b>Nataraja:</b> Clear		Ashtami		
Routine Work	Marana Yoga		<b>Saptami</b> <b>Until 1:35PM</b>	Moon – Green		<b>Sivaloka Day</b>		
Until 7:50AM				<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Jalandhar, India Sun 21 Sutra 96	
Tula Rasi: 5.31	Tithi 8 – 9	<b>Gulika</b> 7:22AM – 9:06AM	<b>Chitra</b> <b>Until 8:07AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	Vilamba 5120		
		Yama 4:03PM – 5:48PM	Siddha <b>Until 8:15AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b> 10:50AM – 12:35PM	Balava <b>Until 1:27AM</b> Sat	<b>Nataraja:</b> Clear		Navami		
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 1:18PM</b>	Moon – Green		<b>Sivaloka Day</b>		
				<b>Ashada*Adi</b>				

<b>1</b>	<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 22 Sutra 97
	Tula Rasi: 18.22	Tithi 9 – 10	<b>Gulika</b> 5:38AM – 7:22AM	<b>Svati</b> Until 8:56AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	Vilamba 5120
			Yama 2:19PM – 4:03PM	Sadhya Until 7:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 14
	463242362	<b>Rahu</b> 9:07AM – 10:51AM		Taitila Until 2:12AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 1:43PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>2</b>	<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 23 Sutra 98
	Vrischika Rasi: 0.54	Tithi 10 – 11	<b>Gulika</b> 4:03PM – 5:47PM	<b>Vishakha</b> Until 10:42AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	Vilamba 5120
			Yama 12:35PM – 2:19PM	Subha Until 7:14AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 14
	473242362	<b>Rahu</b> 5:47PM – 7:31PM		Vanija Until 3:32AM Mon	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 2:47PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3</b>	<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 24 Sutra 99
	Vrischika Rasi: 13.11	Tithi 11 – 12	<b>Gulika</b> 2:19PM – 4:03PM	<b>Anuradha</b> Until 12:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:51AM – 12:35PM	Sukla Until 7:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 14
	473242362	<b>Rahu</b> 7:23AM – 9:07AM		Bava Until 5:22AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 4:22PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>	<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 100
	Vrischika Rasi: 25.17	Tithi 12	<b>Gulika</b> 12:35PM – 2:19PM	<b>Jyeshtha*</b> Until 3:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:40AM	Vilamba 5120
			Yama 9:07AM – 10:51AM	Brahma Until 7:56AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 14
	473242362	<b>Rahu</b> 4:02PM – 5:46PM		Balava Until 6:24PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 6:24PM	Moon – Orange		<b>Devaloka Day</b>	
Until 3:15PM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>	<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 101
	Dhanus Rasi: 7.14	Tithi 13	<b>Gulika</b> 10:51AM – 12:35PM	<b>Mula*</b> Until 6:18PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:41AM	Vilamba 5120
			Yama 7:24AM – 9:08AM	Indra Until 8:46AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 14
	483342362	<b>Rahu</b> 12:35PM – 2:19PM		Kaulava Until 7:33AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 8:44PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:18PM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 102
	Dhanus Rasi: 19.05	Tithi 14	<b>Gulika</b> 9:08AM – 10:52AM	<b>Purvashadha*</b> Until 9:23PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:41AM	Vilamba 5120
			Yama 5:41AM – 7:25AM	Vaidhriti* Until 9:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 14
	483342362	<b>Rahu</b> 2:18PM – 4:02PM		Gara Until 10:00AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 9:23PM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

	<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 103
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:25AM – 9:08AM	<b>Uttarashadha</b> Until 12:22AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:42AM	Vilamba 5120
	Makara Rasi: 0.53	Tithi 15	Yama 4:02PM – 5:45PM	Vishkambha* Until 10:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 14
	483342362	<b>Rahu</b> 10:52AM – 12:35PM		Visti Until 12:35PM	<b>Nataraja:</b> Clear		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> Until 1:51AM Sat	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:22AM Sat				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga		<b>Total Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>Silver Retreat Star</b>	<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 104
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:42AM – 7:26AM	<b>Shravana</b> Until 3:38AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:42AM	Vilamba 5120
	Makara Rasi: 12.41	Tithi 16	Yama 2:18PM – 4:01PM	Priti Until 11:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 14
	493342362	<b>Rahu</b> 9:09AM – 10:52AM		Balava Until 3:09PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:23AM Sun	Moon – Purple		<b>Devaloka Day</b>	
Until 3:38AM Sun				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvityayam Titau

Jalandhar, India  
Sutra 105

Makara Rasi: 24.29 Tithi 17

**Gulika** 4:01PM – 5:44PM  
Yama 12:35PM – 2:18PM  
493342362 **Rahu** 5:44PM – 7:27PM

**Dhanishtha** Until 6:33AM Mon  
Ayushman Until 12:59PM  
Taitila Until 5:36PM  
**Dvitiya** Until 6:44AM Mon

**Ganesha:** Blue *Sunrise: 5:43AM*  
**Muruqa:** Clear *Sunset: 7:27PM*  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

Routine Work Marana Yoga  
Until 6:33AM Mon  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Jalandhar, India  
Sun 1 Sutra 106

Kumbha Rasi: 6.23 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

**Gulika** 2:18PM – 4:00PM  
Yama 10:52AM – 12:35PM  
494342362 **Rahu** 7:27AM – 9:09AM

**Dhanishtha** Until 6:33AM  
Saubhagya Until 1:50PM  
Vanija Until 7:49PM  
**Dvitiya** Until 6:44AM

**Ganesha:** Blue *Sunrise: 5:44AM*  
**Muruqa:** Clear *Sunset: 7:26PM*  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprosnthapada\* Nakshatra Sobhana/Athiganda\* Yoga Vistil/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India  
Sun 2 Sutra 107

Kumbha Rasi: 18.23 Tithi 18 – 19  
Routine Work Marana Yoga

**Gulika** 12:35PM – 2:17PM  
Yama 9:10AM – 10:52AM  
494342362 **Rahu** 4:00PM – 5:43PM

**Shatabhishak** Until 9:02AM  
Sobhana Until 2:28PM  
Bava Until 9:41PM  
**Tritiya** Until 8:47AM

**Ganesha:** Blue *Sunrise: 5:44AM*  
**Muruqa:** Clear *Sunset: 7:25PM*  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprosnthapada\* Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India  
Sun 3 Sutra 108

Meena Rasi: 0.32 Tithi 19 – 20  
Creative Work Amrita Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:52AM – 12:35PM  
Yama 7:27AM – 9:10AM  
414342362 **Rahu** 12:35PM – 2:17PM

**Purvaprosnthapada\*** Until 11:27AM  
Athiganda\* Until 2:44PM  
Kaulava Until 11:06PM  
**Chaturthi\*** Until 10:26AM

**Ganesha:** White *Sunrise: 5:45AM*  
**Muruqa:** Clear *Sunset: 7:25PM*  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprosnthapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India  
Sun 4 Sutra 109

Meena Rasi: 12.53 Tithi 20 – 21  
Creative Work Siddha Yoga

**Gulika** 9:10AM – 10:52AM  
Yama 5:46AM – 7:28AM  
414342362 **Rahu** 2:17PM – 3:59PM

**Uttaraprosnthapada** Until 1:13PM  
Sukarma Until 2:37PM  
Gara Until 11:59PM  
**Panchami** Until 11:36AM

**Ganesha:** White *Sunrise: 5:46AM*  
**Muruqa:** Clear *Sunset: 7:24PM*  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Vistil\* Karana Shashthi/Saplamyam Titau

Jalandhar, India  
Sun 5 Sutra 110

Meena Rasi: 25.29 Tithi 21 – 22  
Creative Work Siddha Yoga  
Until 2:16PM  
Then Creative Work - Amrita Yoga

**Gulika** 7:28AM – 9:10AM  
Yama 3:59PM – 5:41PM  
414342362 **Rahu** 10:53AM – 12:35PM

**Revati** Until 2:16PM  
Dhriti Until 2:04PM  
Vistil Until 12:15AM Sat  
**Shashthi\*** Until 12:11PM

**Ganesha:** White *Sunrise: 5:46AM*  
**Muruqa:** Clear *Sunset: 7:23PM*  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**6**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Jalandhar, India  
Sun 6 Sutra 111

Mesha Rasi: 8.24 Tithi 22 – 23  
Creative Work Siddha Yoga

**Gulika** 5:47AM – 7:29AM  
Yama 2:16PM – 3:58PM  
424342362 **Rahu** 9:11AM – 10:53AM

**Ashvini** Until 3:00PM  
Shula\* Until 12:58PM  
Balava Until 11:51PM  
**Saptami** Until 12:07PM

**Ganesha:** Clear *Sunrise: 5:47AM*  
**Muruqa:** Clear *Sunset: 7:22PM*  
**Nataraja:** Clear  
Moon – White

Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

**Ashada-Adi**

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India  
Sun 7 Sutra 112

Mesha Rasi: 21.39 Tithi 23 – 24  
Routine Work Prabalarishta Yoga  
Until 2:54PM  
Then Creative Work - Siddha Yoga

**Gulika** 3:58PM – 5:40PM  
Yama 12:34PM – 2:16PM  
424342362 **Rahu** 5:40PM – 7:21PM

**Bharani** Until 2:54PM  
Ganda\* Until 11:20AM  
Taitila Until 10:46PM  
**Ashtami\*** Until 11:23AM

**Ganesha:** Clear *Sunrise: 5:48AM*  
**Muruqa:** Clear *Sunset: 7:21PM*  
**Nataraja:** Clear  
Moon – White

Moon 7 - Phase 15  
Navami

**Sivaloka Day**

**Ashada-Adi**

<b>1</b>		<b>Monday, August 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Jalandhar, India Sun 8 Sutra 113 Vilamba 5120	
Vrishabha Rasi: 5.17	Tithi 24 – 25	<b>Gulika</b>	2:16PM – 3:57PM	<b>Krittika</b> Until 1:59PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:48AM			
<b>Family Home Evening</b>	424342362	<b>Yama</b>	10:53AM – 12:34PM	Vriddhi Until 9:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM		Moon 7 - Phase 16	
Routine Work	Marana Yoga	<b>Rahu</b>	7:30AM – 9:11AM	Vanija Until 9:01PM	<b>Nataraja:</b> Clear			2nd Phase	
Until 1:59PM				<b>Navami*</b> Until 9:58AM	<b>Moon – White</b>			<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Ashada*Adi</b>				

<b>2</b>		<b>Tuesday, August 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Jalandhar, India Sun 9 Sutra 114 Vilamba 5120	
Vrishabha Rasi: 19.19	Tithi 25 – 26	<b>Gulika</b>	12:34PM – 2:16PM	<b>Rohini</b> Until 12:43PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:49AM			
	434342362	<b>Yama</b>	9:12AM – 10:53AM	Dhruva Until 6:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM		Moon 7 - Phase 16	
Creative Work	Amrita Yoga	<b>Rahu</b>	3:57PM – 5:38PM	Bava Until 6:40PM	<b>Nataraja:</b> Clear			2nd Phase	
Until 12:43PM				<b>Dashami</b> Until 7:54AM	<b>Moon – Yellow</b>			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Ashada*Adi</b>				

<b>3</b>		<b>Wednesday, August 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Jalandhar, India Sun 10 Sutra 115 Vilamba 5120	
Mithuna Rasi: 3.45	Tithi 27	<b>Gulika</b>	10:53AM – 12:34PM	<b>Mrigashira</b> Until 10:46AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:49AM			
	434342362	<b>Yama</b>	7:31AM – 9:12AM	Harshana Until 11:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM		Moon 7 - Phase 16	
Creative Work	Siddha Yoga	<b>Rahu</b>	12:34PM – 2:15PM	Kaulava Until 3:47PM	<b>Nataraja:</b> Clear			2nd Phase	
				<b>Dvadashi*</b> Until 2:10AM Thu	<b>Moon – Yellow</b>			<b>Devaloka Day</b>	
					<b>Ashada*Adi</b>				

<b>4</b>		<b>Thursday, August 9, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Jalandhar, India Sun 11 Sutra 116 Vilamba 5120	
Mithuna Rasi: 18.31	Tithi 28	<b>Gulika</b>	9:12AM – 10:53AM	<b>Ardra</b> Until 8:15AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM			
	434342362	<b>Yama</b>	5:50AM – 7:31AM	Vajra* Until 7:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM		Moon 7 - Phase 16	
Routine Work	Marana Yoga	<b>Rahu</b>	2:15PM – 3:56PM	Gara Until 12:30PM	<b>Nataraja:</b> Clear			2nd Phase	
Until 8:15AM				<b>Trayodashi*</b> Until 10:44PM	<b>Moon – Yellow</b>			<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Ashada*Adi</b>				
					<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Friday, August 10, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Jalandhar, India Sun 12 Sutra 117 Vilamba 5120	
Kataka Rasi: 3.31	Tithi 29	<b>Gulika</b>	7:32AM – 9:12AM	<b>Pushya</b> Until 2:52AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:51AM			
	444342362	<b>Yama</b>	3:55PM – 5:36PM	Siddhi Until 3:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM		Moon 7 - Phase 16	
Routine Work	Marana Yoga	<b>Rahu</b>	10:53AM – 12:34PM	Visti Until 8:58AM	<b>Nataraja:</b> Clear			2nd Phase	
				<b>Chaturdashi*</b> Until 7:07PM	<b>Moon – Blue</b>			<b>Devaloka Day</b>	
					<b>Ashada*Adi</b>				

<b>Retreat Star</b>		<b>Saturday, August 11, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Jalandhar, India Sun 13 Sutra 118 Vilamba 5120	
Kataka Rasi: 18.38	Tithi 30 – 1	<b>Gulika</b>	5:51AM – 7:32AM	<b>Ashlesha*</b> Until 11:55PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:51AM			
	444342362	<b>Yama</b>	2:14PM – 3:55PM	Vyatipata* Until 11:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM		Moon 7 - Phase 16	
Routine Work	Marana Yoga	<b>Rahu</b>	9:13AM – 10:53AM	Kintughna Until 1:40AM Sun	<b>Nataraja:</b> Clear			Amavasya	
Until 11:55PM				<b>Amavasya*</b> Until 3:27PM	<b>Moon – Blue</b>			<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Ashada*Adi</b>				
					<b>Partial Solar Eclipse</b>				

<b>Retreat Star</b>		<b>Sunday, August 12, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Jalandhar, India Sun 14 Sutra 119 Vilamba 5120	
Simha Rasi: 3.43	Tithi 1 – 2	<b>Gulika</b>	3:54PM – 5:35PM	<b>Magha*</b> Until 9:26PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM			
	455342362	<b>Yama</b>	12:34PM – 2:14PM	Variyan Until 7:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM		Moon 7 - Phase 16	
Routine Work	Marana Yoga	<b>Rahu</b>	5:35PM – 7:15PM	Balava Until 10:14PM	<b>Nataraja:</b> Clear			Prathama	
Until 9:26PM				<b>Prathama*</b> Until 11:54AM	<b>Moon – Red</b>			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Sravana*Adi</b>				

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam			Jalandhar, India	
1		Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau			Sun 15 Sutra 120	
Simha Rasi: 18.37	Tithi 2 - 3	<b>Gulika</b> 2:14PM - 3:54PM	<b>Purvaphalguni Until 7:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	Vilamba 5120
Family Home Evening	455342362	Yama 10:53AM - 12:33PM	Shiva Until 12:19AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 7:33AM - 9:13AM	Taitila Until 7:09PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 8:37AM</b>	Moon - Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam			Jalandhar, India	
2		Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau			Sun 16 Sutra 121	
Kanya Rasi: 3.13	Tithi 4	<b>Gulika</b> 12:33PM - 2:13PM	<b>Uttaraphalguni Until 5:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	Vilamba 5120
	455342362	Yama 9:13AM - 10:53AM	Siddha Until 9:14PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
Creative Work	Amrita Yoga	<b>Rahu</b> 3:53PM - 5:33PM	Vanija Until 4:33PM	<b>Nataraja:</b> Clear		3rd Phase
Until 5:12PM			<b>Chaturthi* Until 3:28AM Wed</b>	Moon - Red		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>		

<b>Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam			Jalandhar, India	
3		Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau			Sun 17 Sutra 122	
Kanya Rasi: 17.25	Tithi 5	<b>Gulika</b> 10:53AM - 12:33PM	<b>Hasta Until 4:12PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	Vilamba 5120
	465342362	Yama 7:34AM - 9:13AM	Sadhya Until 6:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 17
Routine Work	Marana Yoga	<b>Rahu</b> 12:33PM - 2:13PM	Bava Until 2:35PM	<b>Nataraja:</b> Clear		3rd Phase
Until 4:12PM			<b>Panchami Until 1:52AM Thu</b>	Moon - Green		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		

<b>Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam			Jalandhar, India	
4		Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau			Sun 18 Sutra 123	
Tula Rasi: 1.11	Tithi 6	<b>Gulika</b> 9:14AM - 10:53AM	<b>Chitra Until 3:47PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	Vilamba 5120
	465342362	Yama 5:55AM - 7:34AM	Subha Until 4:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 2:12PM - 3:52PM	Kaulava Until 1:22PM	<b>Nataraja:</b> Clear		3rd Phase
Until 3:47PM			<b>Shashthi* Until 1:02AM Fri</b>	Moon - Green		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Adi</b>		

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam			Jalandhar, India	
5		Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau			Sun 19 Sutra 124	
Tula Rasi: 14.29	Tithi 7	<b>Gulika</b> 7:34AM - 9:14AM	<b>Svati Until 4:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	Vilamba 5120
	465342362	Yama 3:51PM - 5:31PM	Sukla Until 3:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 10:53AM - 12:33PM	Gara Until 12:56PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami Until 1:01AM Sat</b>	Moon - Green		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam			Jalandhar, India	
Retreat Star		Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau			Sun 20 Sutra 125	
Tula Rasi: 27.22	Tithi 8	<b>Gulika</b> 5:56AM - 7:35AM	<b>Vishakha Until 5:19PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:56AM	Vilamba 5120
	575342362	Yama 2:12PM - 3:51PM	Brahma Until 2:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 9:14AM - 10:53AM	Visti Until 1:20PM	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami* Until 1:47AM Sun</b>	Moon - Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Jalandhar, India	
Retreat Star		Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau			Sun 21 Sutra 126	
Vrischika Rasi: 9.54	Tithi 9	<b>Gulika</b> 3:50PM - 5:29PM	<b>Anuradha Until 7:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Vilamba 5120
	575442362	Yama 12:32PM - 2:11PM	Indra Until 2:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 17
Routine Work	Marana Yoga	<b>Rahu</b> 5:29PM - 7:08PM	Balava Until 2:28PM	<b>Nataraja:</b> Clear		Navami
			<b>Navami* Until 3:15AM Mon</b>	Moon - Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau		Jalandhar, India Sun 22 Sutra 127 Vilamba 5120
<b>1</b>	Vrischika Rasi: 22.08 Tithi 10 Family Home Evening Creative Work Siddha Yoga	Gulika 2:11PM – 3:49PM Yama 10:53AM – 12:32PM Rahu 7:36AM – 9:14AM	<b>Jyeshtha* Until 9:30PM</b> Vaidhriti* Until 3:12PM Tailila Until 4:14PM Dashami Until 5:17AM Tue	Ganesha: Clear Sunrise: 5:57AM Muruga: Clear Sunset: 7:07PM Nataraja: Clear Moon – Orange Sivaloka Day Sravana-Avani

<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau		Jalandhar, India Sun 23 Sutra 128 Vilamba 5120
<b>2</b>	Dhanus Rasi: 4.08 Tithi 11 Creative Work Amrita Yoga	Gulika 12:32PM – 2:10PM Yama 9:15AM – 10:53AM Rahu 3:49PM – 5:27PM	<b>Mula* Until 12:32AM Wed</b> Vishkambha* Until 3:59PM Vanija Until 6:28PM Ekadashi Until 7:41AM Wed	Ganesha: Clear Sunrise: 5:58AM Muruga: Clear Sunset: 7:06PM Nataraja: Clear Moon – Light Blue Sivaloka Day Sravana-Avani

<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 24 Sutra 129 Vilamba 5120
<b>3</b>	Dhanus Rasi: 16.01 Tithi 11 – 12 Creative Work Amrita Yoga Until 3:38AM Thu Then Routine Work - Marana Yoga	Gulika 10:53AM – 12:31PM Yama 7:37AM – 9:15AM Rahu 12:31PM – 2:10PM	<b>Purvashadha* Until 3:38AM Thu</b> Priti Until 5:01PM Bava Until 8:59PM Ekadashi Until 7:41AM	Ganesha: Clear Sunrise: 5:58AM Muruga: Clear Sunset: 7:05PM Nataraja: Clear Moon – Light Blue Sivaloka Day Sravana-Avani

<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 25 Sutra 130 Vilamba 5120
<b>4</b>	Dhanus Rasi: 27.49 Tithi 12 – 13 Routine Work Marana Yoga	Gulika 9:15AM – 10:53AM Yama 5:59AM – 7:37AM Rahu 2:09PM – 3:47PM	<b>Uttarashadha Until 6:37AM Fri</b> Ayushman Until 6:05PM Kaulava Until 11:36PM Dvadashi Until 10:16AM	Ganesha: Clear Sunrise: 5:59AM Muruga: Clear Sunset: 7:03PM Nataraja: Clear Moon – Light Blue Sivaloka Day Sravana-Avani

*Pradosha Vrata*

<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 26 Sutra 131 Vilamba 5120
<b>5</b>	Makara Rasi: 10 Tithi 13 – 14 Routine Work Marana Yoga	Gulika 7:37AM – 9:15AM Yama 3:47PM – 5:24PM Rahu 10:53AM – 12:31PM	<b>Uttarashadha Until 6:37AM</b> Saubhagya Until 7:09PM Gara Until 2:08AM Sat Trayodashi Until 12:52PM	Ganesha: Clear Sunrise: 5:59AM Muruga: Clear Sunset: 7:02PM Nataraja: Clear Moon – Light Blue Sivaloka Day Sravana-Avani

**Chidambaram Abhishekam**

<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau		Jalandhar, India Sun 27 Sutra 132 Vilamba 5120
<b>6</b>	Makara Rasi: 21.26 Tithi 14 – 15 Creative Work Siddha Yoga	Gulika 6:00AM – 7:38AM Yama 2:08PM – 3:46PM Rahu 9:15AM – 10:53AM	<b>Shravana Until 9:49AM</b> Sobhana Until 8:06PM Visti Until 4:28AM Sun Chaturdashi* Until 3:19PM	Ganesha: White Sunrise: 6:00AM Muruga: Clear Sunset: 7:01PM Nataraja: Clear Moon – Purple Subha Sivaloka Day Sravana-Avani

**Avani Avittam**

<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Jalandhar, India Sutra 133 Vilamba 5120
<b>○</b>	<b>Copper Retreat Star</b> Kumbha Rasi: 3.21 Tithi 15 – 16 Routine Work Marana Yoga Until 12:37PM Then Creative Work - Siddha Yoga	Gulika 3:45PM – 5:23PM Yama 12:30PM – 2:08PM Rahu 5:23PM – 7:00PM	<b>Dhanishtha Until 12:37PM</b> Athiganda* Until 8:47PM Balava Until 6:28AM Mon Purnima* Until 5:29PM	Ganesha: White Sunrise: 6:01AM Muruga: Clear Sunset: 7:00PM Nataraja: Clear Moon – Purple Subha Sivaloka Day Sravana-Avani

**Raksha Bandhan**

<b>Monday, August 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau		Jalandhar, India Sutra 134 Vilamba 5120
<b>○</b>	<b>Silver Retreat Star</b> Kumbha Rasi: 15.23 Tithi 16 Family Home Evening Creative Work Siddha Yoga Until 2:55PM Then Routine Work - Marana Yoga	Gulika 2:07PM – 3:44PM Yama 10:53AM – 12:30PM Rahu 7:38AM – 9:16AM	<b>Shatabhishak Until 2:55PM</b> Sukarma Until 9:13PM Balava Until 6:28AM Prathama* Until 7:18PM	Ganesha: White Sunrise: 6:01AM Muruga: Clear Sunset: 6:59PM Nataraja: Clear Moon – Purple Subha Sivaloka Day Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthpada/Uttaraprosarthpada Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 27.35 Tithi 17

517442363

**Gulika** 12:30PM – 2:07PM  
Yama 9:16AM – 10:53AM  
**Rahu** 3:44PM – 5:21PM

**Purvaprosarthpada\* Until 5:09PM**  
Dhriti Until 9:20PM  
Taitila Until 8:05AM  
**Dvitiya Until 8:42PM**

**Ganesha:** Clear *Sunrise:* 6:02AM  
**Muruqa:** Clear *Sunset:* 6:58PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Devaloka Day**

Routine Work Marana Yoga

Until 5:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Shula\* Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Jalandhar, India

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 9.58 Tithi 18

517452363

**Gulika** 10:53AM – 12:29PM  
Yama 7:39AM – 9:16AM  
**Rahu** 12:29PM – 2:06PM

**Uttaraprosarthpada Until 6:48PM**  
Shula\* Until 9:04PM  
Vanija Until 9:16AM  
**Tritiya Until 9:40PM**

**Ganesha:** Clear *Sunrise:* 6:02AM  
**Muruqa:** Purple *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 22.33 Tithi 19

517452363

**Gulika** 9:16AM – 10:53AM  
Yama 6:03AM – 7:40AM  
**Rahu** 2:06PM – 3:42PM

**Revati Until 7:51PM**  
Ganda\* Until 8:28PM  
Bava Until 10:00AM  
**Chaturthi\* Until 10:11PM**

**Ganesha:** Clear *Sunrise:* 6:03AM  
**Muruqa:** Purple *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 5.2 Tithi 20

527452363

**Gulika** 7:40AM – 9:16AM  
Yama 3:41PM – 5:18PM  
**Rahu** 10:53AM – 12:29PM

**Ashvini Until 8:46PM**  
Vriddhi Until 7:31PM  
Kaulava Until 10:17AM  
**Panchami Until 10:13PM**

**Ganesha:** Purple *Sunrise:* 6:04AM  
**Muruqa:** Purple *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Creative Work Amrita Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 18.22 Tithi 21

527452363

**Gulika** 6:04AM – 7:40AM  
Yama 2:05PM – 3:41PM  
**Rahu** 9:16AM – 10:52AM

**Bharani Until 9:02PM**  
Dhruva Until 6:10PM  
Gara Until 10:05AM  
**Shashthi\* Until 9:47PM**

**Ganesha:** Purple *Sunrise:* 6:04AM  
**Muruqa:** Purple *Sunset:* 6:53PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Creative Work Siddha Yoga

Until 9:02PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 1.39 Tithi 22

527452363

**Gulika** 3:40PM – 5:16PM  
Yama 12:28PM – 2:04PM  
**Rahu** 5:16PM – 6:52PM

**Krittika Until 8:41PM**  
Vyaghata\* Until 4:25PM  
Visti Until 9:23AM  
**Saptami Until 8:50PM**

**Ganesha:** Purple *Sunrise:* 6:05AM  
**Muruqa:** Purple *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 15.13 Tithi 23

537452363

**Gulika** 2:04PM – 3:39PM  
Yama 10:52AM – 12:28PM  
**Rahu** 7:41AM – 9:17AM

**Rohini Until 8:06PM**  
Harshana Until 2:17PM  
Balava Until 8:11AM  
**Ashtami\* Until 7:23PM**

**Ganesha:** Clear *Sunrise:* 6:05AM  
**Muruqa:** Purple *Sunset:* 6:50PM  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Jalandhar, India

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrishabha Rasi: 29.04 Tithi 24 – 25

538452363

**Gulika** 12:28PM – 2:03PM  
Yama 9:17AM – 10:52AM  
**Rahu** 3:38PM – 5:14PM

**Mrigashira Until 6:54PM**  
Vajra\* Until 11:42AM  
Taitila Until 6:30AM  
**Navami\* Until 5:27PM**

**Ganesha:** White *Sunrise:* 6:06AM  
**Muruqa:** Purple *Sunset:* 6:49PM  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

**Devaloka Day**

Creative Work Siddha Yoga

Until 6:54PM

Then Routine Work - Marana Yoga

<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Myalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Jalandhar, India
	Mithuna Rasi: 13.14	Tithi 25 – 26	538452363	<b>Gulika</b> 10:52AM – 12:27PM <b>Yama</b> 7:42AM – 9:17AM <b>Rahu</b> 12:27PM – 2:02PM	<b>Ardra</b> Until 5:07PM Siddhi Until 8:46AM Bava Until 1:43AM Thu Dashami Until 3:03PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Yellow <b>Sravana-Avani</b>	Sun 9 Sutra 143 Vilamba 5120 Moon 8 - Phase 20 2nd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India
	Mithuna Rasi: 27.42	Tithi 26 – 27	548452363	<b>Gulika</b> 9:17AM – 10:52AM <b>Yama</b> 6:07AM – 7:42AM <b>Rahu</b> 2:02PM – 3:37PM	<b>Punarvasu</b> Until 3:13PM Variyan Until 1:57AM Fri Kaulava Until 10:47PM Ekadashi* Until 12:16PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue <b>Sravana-Avani</b>	Sun 10 Sutra 144 Vilamba 5120 Moon 8 - Phase 20 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Creative Work	Amrita Yoga					

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	Kataka Rasi: 12.23	Tithi 27 – 28	548452363	<b>Gulika</b> 7:42AM – 9:17AM <b>Yama</b> 3:36PM – 5:11PM <b>Rahu</b> 10:52AM – 12:27PM	<b>Pushya</b> Until 12:54PM Parigha* Until 10:13PM Gara Until 7:37PM Dvadashi* Until 9:12AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue <b>Sravana-Avani</b>	Sun 11 Sutra 145 Vilamba 5120 Moon 8 - Phase 20 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Routine Work	Marana Yoga					

*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India
	Kataka Rasi: 27.14	Tithi 29	548452363	<b>Gulika</b> 6:08AM – 7:43AM <b>Yama</b> 2:01PM – 3:35PM <b>Rahu</b> 9:17AM – 10:52AM	<b>Ashlesha*</b> Until 10:19AM Shiva Until 6:26PM Visti Until 4:20PM Chaturdashi* Until 2:41AM Sun	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue <b>Sravana-Avani</b>	Sun 12 Sutra 146 Vilamba 5120 Moon 8 - Phase 20 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Routine Work	Marana Yoga					
	Until 10:19AM	Then Creative Work - Amrita Yoga					

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India
	<b>Retreat Star</b>			<b>Gulika</b> 3:34PM – 5:09PM <b>Yama</b> 12:26PM – 2:00PM <b>Rahu</b> 5:09PM – 6:43PM	<b>Magha*</b> Until 7:58AM Siddha Until 2:39PM Catuspada Until 1:05PM Amavasya* Until 11:30PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red <b>Sravana-Avani</b>	Sun 13 Sutra 147 Vilamba 5120 Moon 8 - Phase 20 Amavasya <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Simha Rasi: 12.06	Tithi 30	548452363				
	Routine Work	Marana Yoga		<b>Grandparent's Day</b>			

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India
	Simha Rasi: 26.53	Tithi 1	559452363	<b>Gulika</b> 2:00PM – 3:34PM <b>Yama</b> 10:52AM – 12:26PM <b>Rahu</b> 7:43AM – 9:18AM	<b>Uttaraphalguni</b> Until 3:28AM Tue Sadhya Until 11:02AM Kintughna Until 10:01AM Prathama* Until 8:34PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red <b>Bhadrapada-Avani</b>	Sun 14 Sutra 148 Vilamba 5120 Moon 8 - Phase 20 Prathama <b>Bhuloka Day</b>
	<b>Family Home Evening</b>						
	Creative Work	Siddha Yoga					

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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<b>1</b>		<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Jalandhar, India Sun 15 Sutra 149 Vilamba 5120	
Kanya Rasi: 11.25	Tithi 2	<b>Gulika</b> 12:25PM – 1:59PM	<b>Hasta</b> <b>Until 2:03AM Wed</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:10AM	Moon 8 - Phase 21	
		Yama 9:18AM – 10:51AM	Subha <b>Until 7:44AM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:40PM	3rd Phase	
		569452363 <b>Rahu</b> 3:33PM – 5:07PM	Balava <b>Until 7:16AM</b>	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 6:04PM</b>	Moon – Green		<b>Bhadrapada-Avani</b>	

<b>2</b>		<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Jalandhar, India Sun 16 Sutra 150 Vilamba 5120	
Kanya Rasi: 25.38	Tithi 3 – 4	<b>Gulika</b> 10:51AM – 12:25PM	<b>Chitra</b> <b>Until 1:05AM Thu</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:11AM	Moon 8 - Phase 21	
		Yama 7:44AM – 9:18AM	Brahma <b>Until 2:23AM Thu</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:39PM	3rd Phase	
		569452363 <b>Rahu</b> 12:25PM – 1:58PM	Vanija <b>Until 3:24AM Thu</b>	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 4:07PM</b>	Moon – Green		<b>Bhadrapada-Avani</b>	
Until 1:05AM Thu							
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau		Jalandhar, India Sun 17 Sutra 151 Vilamba 5120	
Tula Rasi: 9.27	Tithi 4 – 5	<b>Gulika</b> 9:18AM – 10:51AM	<b>Svati</b> <b>Until 12:42AM Fri</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:11AM	Moon 8 - Phase 21	
		Yama 6:11AM – 7:45AM	Indra <b>Until 12:34AM Fri</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:38PM	3rd Phase	
		569452363 <b>Rahu</b> 1:58PM – 3:31PM	Bava <b>Until 2:32AM Fri</b>	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> <b>Until 2:51PM</b>	Moon – Green		<b>Bhadrapada-Avani</b>	
Until 12:42AM Fri							
Then Creative Work - Siddha Yoga		<b>Ganesha Chaturthi</b>					

<b>4</b>		<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Jalandhar, India Sun 18 Sutra 152 Vilamba 5120	
Tula Rasi: 22.49	Tithi 5 – 6	<b>Gulika</b> 7:45AM – 9:18AM	<b>Vishakha</b> <b>Until 1:26AM Sat</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:12AM	Moon 8 - Phase 21	
		Yama 3:30PM – 5:03PM	Vaidhriti* <b>Until 11:23PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:36PM	3rd Phase	
		579552363 <b>Rahu</b> 10:51AM – 12:24PM	Kaulava <b>Until 2:29AM Sat</b>	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 2:23PM</b>	Moon – Orange		<b>Bhadrapada-Avani</b>	

<b>5</b>		<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Jalandhar, India Sun 19 Sutra 153 Vilamba 5120	
Vrischika Rasi: 5.45	Tithi 6 – 7	<b>Gulika</b> 6:12AM – 7:45AM	<b>Anuradha</b> <b>Until 2:48AM Sun</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:12AM	Moon 8 - Phase 21	
		Yama 1:57PM – 3:29PM	Vishkambha* <b>Until 10:52PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:35PM	3rd Phase	
		579552363 <b>Rahu</b> 9:18AM – 10:51AM	Gara <b>Until 3:16AM Sun</b>	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 2:45PM</b>	Moon – Orange		<b>Bhadrapada-Avani</b>	
Until 2:48AM Sun							
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Vistri* Karana Saptami/Ashtamyam Titau		Jalandhar, India Sun 20 Sutra 154 Vilamba 5120	
Vrischika Rasi: 18.19	Tithi 7 – 8	<b>Gulika</b> 3:29PM – 5:01PM	<b>Jyeshtha*</b> <b>Until 4:44AM Mon</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:13AM	Moon 8 - Phase 21	
		Yama 12:23PM – 1:56PM	Priti <b>Until 10:57PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:34PM	3rd Phase	
		579552363 <b>Rahu</b> 5:01PM – 6:34PM	Vistri <b>Until 4:47AM Mon</b>	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Routine Work	Marana Yoga		<b>Saptami</b> <b>Until 3:55PM</b>	Moon – Orange		<b>Bhadrapada-Avani</b>	
Until 4:44AM Mon							
Then Creative Work - Siddha Yoga							

<b>Monday, September 17, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Jalandhar, India Sun 21 Sutra 155 Vilamba 5120	
Dhanus Rasi: 0.32	Tithi 8 – 9	<b>Gulika</b> 1:55PM – 3:28PM	<b>Mula*</b> <b>Until 7:34AM Tue</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:14AM	Moon 8 - Phase 21	
<b>Family Home Evening</b>		Yama 10:51AM – 12:23PM	Ayushman <b>Until 11:29PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:33PM	Ashtami	
		589552363 <b>Rahu</b> 7:46AM – 9:18AM	Balava <b>Until 6:54AM Tue</b>	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 5:46PM</b>	Moon – Light Blue		<b>Bhadrapada-Puratasi</b>	
						Devaloka Time: 9:AM to12:PM	

<b>Tuesday, September 18, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Jalandhar, India Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 12.32	Tithi 9	<b>Gulika</b> 12:23PM – 1:55PM	<b>Mula*</b> <b>Until 7:34AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:14AM	Moon 8 - Phase 21	
		Yama 9:18AM – 10:51AM	Saubhagya <b>Until 12:22AM Wed</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:31PM	Navami	
		581552363 <b>Rahu</b> 3:27PM – 4:59PM	Balava <b>Until 6:54AM</b>	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Navami*</b> <b>Until 8:06PM</b>	Moon – Light Blue		<b>Bhadrapada-Puratasi</b>	
Until 7:34AM						Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 24.23	Tithi 10	<b>Gulika</b> 10:50AM – 12:22PM	<b>Purvashadha* Until 10:36AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	
			Yama 7:47AM – 9:19AM	Sobhana Until 1:26AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 22
	581552363	<b>Rahu</b> 12:22PM – 1:54PM		Taitila Until 9:24AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 10:42PM</b>	Moon – Light Blue		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
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<b>2</b>	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 6.11	Tithi 11	<b>Gulika</b> 9:19AM – 10:50AM	<b>Uttarashadha Until 1:34PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	
			Yama 6:15AM – 7:47AM	Athiganda* Until 2:28AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 22
	581552363	<b>Rahu</b> 1:54PM – 3:25PM		Vanija Until 12:02PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 1:18AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Until 1:34PM				<b>Bhadrapada*Puratasi</b>			
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<b>3</b>	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 18	Tithi 12	<b>Gulika</b> 7:47AM – 9:19AM	<b>Shravana Until 4:46PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:16AM	
			Yama 3:25PM – 4:56PM	Sukarma Until 3:21AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 10:50AM – 12:22PM		Bava Until 2:34PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 3:43AM Sat</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 4:46PM				<b>Bhadrapada*Puratasi</b>			
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<b>4</b>	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 160 Vilamba 5120
	Makara Rasi: 29.53	Tithi 13	<b>Gulika</b> 6:16AM – 7:48AM	<b>Dhanishtha Until 7:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:16AM	
			Yama 1:52PM – 3:24PM	Dhriti Until 3:58AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 9:19AM – 10:50AM		Kaulava Until 4:49PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 5:46AM Sun</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 7:31PM				<b>Bhadrapada*Puratasi</b>			
<i>Pradosha Vrata</i>							
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<b>5</b>	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 11.56	Tithi 14	<b>Gulika</b> 3:23PM – 4:54PM	<b>Shatabhishak Until 9:41PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:17AM	
			Yama 12:21PM – 1:52PM	Shula* Until 4:12AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 4:54PM – 6:25PM		Gara Until 6:39PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:21AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>	
		<b>Kadaitswami Mahasamadhi</b>		<b>Bhadrapada*Puratasi</b>			
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<b>○</b>	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthpada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sutra 162 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:51PM – 3:22PM	<b>Purvaprosarthpada* Until 11:41PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:18AM	
	Kumbha Rasi: 24.1	Tithi 14 – 15	Yama 10:50AM – 12:21PM	Ganda* Until 4:04AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 22
	511552363	<b>Rahu</b> 7:48AM – 9:19AM		Visti Until 7:58PM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi* Until 7:21AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 11:41PM		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada*Puratasi</b>			
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<b>○</b>	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthpada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 163 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:20PM – 1:51PM	<b>Uttaraprosarthpada Until 1:01AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:18AM	
	Meena Rasi: 6.37	Tithi 15 – 16	Yama 9:19AM – 10:50AM	Vriddhi Until 3:32AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 22
	511552363	<b>Rahu</b> 3:21PM – 4:52PM		Balava Until 8:46PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Purnima* Until 8:25AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 1:01AM Wed				<b>Bhadrapada*Puratasi</b>			
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Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India  
Sutra 164

Meena Rasi: 19.18 Tithi 16 – 17

511552363

**Gulika** 10:50AM – 12:20PM  
Yama 7:49AM – 9:19AM  
**Rahu** 12:20PM – 1:50PM

**Revati** Until 1:44AM Thu  
Dhruva Until 2:36AM Thu  
Taitila Until 9:05PM  
Prathama\* Until 8:58AM

**Ganesha:** Purple *Sunrise:* 6:19AM

**Muruqa:** Purple *Sunset:* 6:21PM

**Nataraja:** Purple  
Moon – Clear

Moon 9 - Phase 23  
1st Phase

**Devaloka Day**

**Bhadrapada-Puratasi**

Routine Work Marana Yoga

Until 1:44AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India  
Sun 1 Sutra 165

Mesha Rasi: 2.13 Tithi 17 – 18

521552363

**Gulika** 9:19AM – 10:50AM  
Yama 6:19AM – 7:49AM  
**Rahu** 1:50PM – 3:20PM

**Ashvini** Until 2:20AM Fri  
Vyaghata\* Until 1:21AM Fri  
Vanija Until 8:58PM  
Dvitiya Until 9:03AM

**Ganesha:** Clear *Sunrise:* 6:19AM

**Muruqa:** Purple *Sunset:* 6:20PM

**Nataraja:** Purple  
Moon – White

Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 2:20AM Fri

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India  
Sun 2 Sutra 166

Mesha Rasi: 15.2 Tithi 18 – 19

621552363

**Gulika** 7:50AM – 9:20AM  
Yama 3:19PM – 4:49PM  
**Rahu** 10:49AM – 12:19PM

**Bharani** Until 2:25AM Sat  
Harshana Until 11:49PM  
Bava Until 8:27PM  
Tritiya Until 8:44AM

**Ganesha:** Purple *Sunrise:* 6:20AM

**Muruqa:** Purple *Sunset:* 6:18PM

**Nataraja:** Purple  
Moon – White

Moon 9 - Phase 23  
1st Phase

**Devaloka Day**

**Bhadrapada-Puratasi**

Creative Work Siddha Yoga

Until 2:25AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India  
Sun 3 Sutra 167

Mesha Rasi: 28.39 Tithi 19 – 20

622552363

**Gulika** 6:21AM – 7:50AM  
Yama 1:48PM – 3:18PM  
**Rahu** 9:20AM – 10:49AM

**Krittika** Until 2:02AM Sun  
Vajra\* Until 9:59PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:03AM

**Ganesha:** Clear *Sunrise:* 6:21AM

**Muruqa:** Purple *Sunset:* 6:17PM

**Nataraja:** Purple  
Moon – White

Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:02AM Sun

Then Creative Work - Siddha Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India  
Sun 4 Sutra 168

Vrishabha Rasi: 12.08 Tithi 20 – 21

632552363

**Gulika** 3:17PM – 4:47PM  
Yama 12:19PM – 1:48PM  
**Rahu** 4:47PM – 6:16PM

**Rohini** Until 1:39AM Mon  
Siddhi Until 7:56PM  
Gara Until 6:27PM  
Panchami Until 7:03AM

**Ganesha:** Purple *Sunrise:* 6:21AM

**Muruqa:** Purple *Sunset:* 6:16PM

**Nataraja:** Purple  
Moon – Yellow

Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work Siddha Yoga

Until 1:39AM Mon

Then Creative Work - Amrita Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India  
Sun 5 Sutra 169

Vrishabha Rasi: 25.49 Tithi 22

632552363

**Gulika** 1:47PM – 3:16PM  
Yama 10:49AM – 12:18PM  
**Rahu** 7:51AM – 9:20AM

**Mrigashira** Until 12:51AM Tue  
Vyatipata\* Until 5:39PM  
Visti Until 5:01PM  
Saptami Until 4:10AM Tue

**Ganesha:** Purple *Sunrise:* 6:22AM

**Muruqa:** Purple *Sunset:* 6:15PM

**Nataraja:** Purple  
Moon – Yellow

Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work Amrita Yoga

Until 12:51AM Tue

Then Routine Work - Marana Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India  
Sun 6 Sutra 170

Mithuna Rasi: 9.38 Tithi 23

632552363

**Gulika** 12:18PM – 1:47PM  
Yama 9:20AM – 10:49AM  
**Rahu** 3:16PM – 4:44PM

**Ardra** Until 11:37PM  
Variyan Until 3:08PM  
Balava Until 3:18PM  
Ashtami\* Until 2:19AM Wed

**Ganesha:** Purple *Sunrise:* 6:22AM

**Muruqa:** Purple *Sunset:* 6:13PM

**Nataraja:** Purple  
Moon – Yellow

Moon 9 - Phase 23  
Ashtami

**Bhuloka Day**

**Bhadrapada-Puratasi**

Routine Work Marana Yoga

Until 11:37PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India  
Sun 7 Sutra 171

Mithuna Rasi: 23.39 Tithi 24

642552363

**Gulika** 10:49AM – 12:18PM  
Yama 7:52AM – 9:20AM  
**Rahu** 12:18PM – 1:46PM

**Punarvasu** Until 10:24PM  
Parigha\* Until 12:24PM  
Taitila Until 1:19PM  
Navami\* Until 12:12AM Thu

**Ganesha:** Clear *Sunrise:* 6:23AM

**Muruqa:** Purple *Sunset:* 6:12PM

**Nataraja:** Purple  
Moon – Blue

Moon 9 - Phase 23  
Navami

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Jalandhar, India Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 7.49	Tithi 25	<b>Gulika</b> 9:21AM – 10:49AM	<b>Pushya</b> <b>Until 8:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM	Moon 9 - Phase 24	
		Yama 6:24AM – 7:52AM	Shiva <b>Until 9:28AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:11PM	2nd Phase	
		642552363 <b>Rahu</b> 1:46PM – 3:14PM	Vanija <b>Until 11:05AM</b>	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 9:51PM</b>	Moon – Blue		<b>Bhadrapada•Puratasi</b> Devaloka Time: 6:AM to 9:AM	
Until 8:49PM							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Jalandhar, India Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 22.09	Tithi 26	<b>Gulika</b> 7:53AM – 9:21AM	<b>Ashlesha*</b> <b>Until 6:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM	Moon 9 - Phase 24	
		Yama 3:13PM – 4:41PM	Siddha <b>Until 6:20AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:10PM	2nd Phase	
		642552363 <b>Rahu</b> 10:49AM – 12:17PM	Bava <b>Until 8:38AM</b>	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 7:19PM</b>	Moon – Blue		<b>Bhadrapada•Puratasi</b> Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 6.35	Tithi 27 – 28	<b>Gulika</b> 6:25AM – 7:53AM	<b>Magha*</b> <b>Until 5:10PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Moon 9 - Phase 24	
		Yama 1:45PM – 3:13PM	Subha <b>Until 11:48PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:08PM	2nd Phase	
		652552363 <b>Rahu</b> 9:21AM – 10:49AM	Kaulava <b>Until 6:02AM</b>	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 4:41PM</b>	Moon – Red		<b>Bhadrapada•Puratasi</b>	
Until 5:10PM							
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 21.04	Tithi 28 – 29	<b>Gulika</b> 3:12PM – 4:39PM	<b>Purvaphalguni</b> <b>Until 3:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	Moon 9 - Phase 24	
		Yama 12:16PM – 1:44PM	Sukla <b>Until 8:31PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:07PM	2nd Phase	
		652552363 <b>Rahu</b> 4:39PM – 6:07PM	Visti <b>Until 12:47AM</b> Mon	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 2:03PM</b>	Moon – Red		<b>Bhadrapada•Puratasi</b>	
Until 3:17PM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Jalandhar, India Sun 12 Sutra 176 Vilamba 5120	
Kanya Rasi: 5.29	Tithi 29 – 30	<b>Gulika</b> 1:44PM – 3:11PM	<b>Uttaraphalguni</b> <b>Until 1:23PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	Moon 9 - Phase 24	
<b>Family Home Evening</b>		Yama 10:49AM – 12:16PM	Brahma <b>Until 5:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Amavasya	
		652552364 <b>Rahu</b> 7:54AM – 9:21AM	Catuspada <b>Until 10:22PM</b>	<b>Nataraja:</b> Clear		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 11:32AM</b>	Moon – Red		<b>Bhadrapada•Puratasi</b> Devaloka Time: 6:PM to 9:PM	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>					

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Jalandhar, India Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 19.46	Tithi 30 – 1	<b>Gulika</b> 12:16PM – 1:43PM	<b>Hasta</b> <b>Until 12:02PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:27AM	Moon 9 - Phase 24	
		Yama 9:21AM – 10:49AM	Indra <b>Until 2:29PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Prathama	
		662652364 <b>Rahu</b> 3:10PM – 4:37PM	Kintughna <b>Until 8:18PM</b>	<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 9:16AM</b>	Moon – Green		<b>Ashvina•Puratasi</b>	
		<b>Navaratri Begins</b>					

<b>1</b>		<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Jalandhar, India Sun 14 Sutra 178	
Tula Rasi: 3.47	Tithi 1 – 2	<b>Gulika</b> 10:49AM – 12:16PM	<b>Chitra Until 10:58AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	Vilamba 5120	
		Yama 7:55AM – 9:22AM	Vaidhriti* Until 11:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 25	
		662652364 <b>Rahu</b> 12:16PM – 1:43PM	Balava Until 6:42PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama* Until 7:24AM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

<b>2</b>		<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau		Jalandhar, India Sun 15 Sutra 179	
Tula Rasi: 17.29	Tithi 2 – 3	<b>Gulika</b> 9:22AM – 10:49AM	<b>Svati Until 10:19AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	Vilamba 5120	
		Yama 6:28AM – 7:55AM	Vishkambha* Until 9:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 25	
		662652364 <b>Rahu</b> 1:42PM – 3:09PM	Gara Until 5:27AM Fri	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya Until 6:06AM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 10:19AM				<b>Ashvina+Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau		Jalandhar, India Sun 16 Sutra 180	
Vrischika Rasi: 0.48	Tithi 4	<b>Gulika</b> 7:55AM – 9:22AM	<b>Vishakha Until 10:38AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
		Yama 3:08PM – 4:35PM	Priti Until 8:17AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 25	
		673652364 <b>Rahu</b> 10:49AM – 12:15PM	Vanija Until 5:26PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:34AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Jalandhar, India Sun 17 Sutra 181	
Vrischika Rasi: 13.43	Tithi 5	<b>Gulika</b> 6:30AM – 7:56AM	<b>Anuradha Until 11:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	Vilamba 5120	
		Yama 1:41PM – 3:07PM	Ayushman Until 7:19AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 25	
		673652364 <b>Rahu</b> 9:22AM – 10:48AM	Bava Until 5:57PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 6:28AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>5</b>		<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Jalandhar, India Sun 18 Sutra 182	
Vrischika Rasi: 26.16	Tithi 5 – 6	<b>Gulika</b> 3:07PM – 4:33PM	<b>Jyeshtha* Until 1:03PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	Vilamba 5120	
		Yama 12:15PM – 1:41PM	Saubhagya Until 6:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 25	
		673652364 <b>Rahu</b> 4:33PM – 5:59PM	Kaulava Until 7:13PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami Until 6:28AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 1:03PM				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Jalandhar, India Sun 19 Sutra 183	
Dhanus Rasi: 8.31	Tithi 6 – 7	<b>Gulika</b> 1:40PM – 3:06PM	<b>Mula* Until 3:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:48AM – 12:14PM	Sobhana Until 7:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 25	
		683652364 <b>Rahu</b> 7:57AM – 9:23AM	Gara Until 9:10PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:06AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:33PM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Jalandhar, India Sun 20 Sutra 184	
Dhanus Rasi: 20.31	Tithi 7 – 8	<b>Gulika</b> 12:14PM – 1:40PM	<b>Purvashadha* Until 6:24PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	Vilamba 5120	
		Yama 9:23AM – 10:48AM	Athiganda* Until 7:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 25	
		683652364 <b>Rahu</b> 3:05PM – 4:31PM	Visti Until 11:35PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami Until 10:19AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 6:24PM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Jalandhar, India Sun 21 Sutra 185	
Makara Rasi: 2.22	Tithi 8 – 9	<b>Gulika</b> 10:49AM – 12:14PM	<b>Uttarashadha Until 9:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	Vilamba 5120	
		Yama 7:58AM – 9:23AM	Sukarma Until 8:45AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 25	
		683652364 <b>Rahu</b> 12:14PM – 1:39PM	Balava Until 2:14AM Thu	<b>Nataraja:</b> Clear		Navami	
Creative Work	Amrita Yoga		<b>Ashtami* Until 12:53PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 9:19PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Purasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 14.1	Tithi 9 – 10	<b>Gulika</b> 9:23AM – 10:49AM	<b>Shravana Until 12:35AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:33AM				
		Yama 6:33AM – 7:58AM	Dhriti Until 9:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM			Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 1:39PM – 3:04PM	Taitila Until 4:50AM Fri	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 3:32PM</b>	Moon – Purple			<b>Bhuloka Day</b>		
		<b>Vijaya Dasami</b>		<b>Ashvina-Aipasi</b>			Devaloka Time: 6:PM to 9:PM		

<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 26	Tithi 10	<b>Gulika</b> 7:59AM – 9:24AM	<b>Dhanishtha Until 3:25AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM				
		Yama 3:03PM – 4:28PM	Shula* Until 10:42AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM			Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 10:49AM – 12:13PM	Gara Until 6:00PM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 6:00PM</b>	Moon – Purple			<b>Bhuloka Day</b>		
Until 3:25AM Sat				<b>Ashvina-Aipasi</b>			Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 7.57	Tithi 11	<b>Gulika</b> 6:35AM – 7:59AM	<b>Shatabhishak Until 5:39AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:35AM				
		Yama 1:38PM – 3:03PM	Ganda* Until 11:22AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM			Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 9:24AM – 10:49AM	Vanija Until 7:07AM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Amrita Yoga		<b>Ekadashi Until 8:04PM</b>	Moon – Purple			<b>Bhuloka Day</b>		
Until 5:39AM Sun				<b>Ashvina-Aipasi</b>			Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 20.05	Tithi 12	<b>Gulika</b> 3:02PM – 4:27PM	<b>Purvaproshtapada* Until 7:37AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM				
		Yama 12:13PM – 1:38PM	Vridhhi Until 11:39AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM			Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 4:27PM – 5:51PM	Bava Until 8:55AM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:34PM</b>	Moon – Clear			<b>Bhuloka Day</b>		
				<b>Ashvina-Aipasi</b>			Devaloka Time: 6:PM to 9:PM		

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 2.28	Tithi 13	<b>Gulika</b> 1:37PM – 3:01PM	<b>Purvaproshtapada* Until 7:37AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM				
<b>Family Home Evening</b>		Yama 10:49AM – 12:13PM	Dhruva Until 11:26AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM			Moon 9 - Phase 26	
Routine Work	Marana Yoga	613652364 <b>Rahu</b> 8:00AM – 9:24AM	Kaulava Until 10:06AM	<b>Nataraja:</b> Clear				4th Phase	
Until 7:37AM			<b>Trayodashi Until 10:26PM</b>	Moon – Clear			<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	<b>Ashvina-Aipasi</b>			Devaloka Time: 6:PM to 9:PM		

<b>6</b>		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 15.09	Tithi 14	<b>Gulika</b> 12:13PM – 1:37PM	<b>Uttaraproshtapada Until 8:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM				
		Yama 9:25AM – 10:49AM	Vyaghata* Until 10:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM			Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 3:01PM – 4:25PM	Gara Until 10:38AM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 10:39PM</b>	Moon – Clear			<b>Bhuloka Day</b>		
Until 8:49AM				<b>Ashvina-Aipasi</b>			Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga									

<b>○</b>		<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 192 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:49AM – 12:13PM	<b>Revati Until 9:14AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM				
Meena Rasi: 28.08	Tithi 15	Yama 8:01AM – 9:25AM	Harshana Until 9:33AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM			Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 12:13PM – 1:37PM	Visti Until 10:34AM	<b>Nataraja:</b> Clear				Purnima	
Routine Work	Marana Yoga		<b>Purnima* Until 10:17PM</b>	Moon – Clear			<b>Bhuloka Day</b>		
				<b>Ashvina-Aipasi</b>			Devaloka Time: 6:PM to 9:PM		

<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 193 Vilamba 5120			
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:25AM – 10:49AM	<b>Ashvini Until 9:26AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM				
Mesha Rasi: 11.24	Tithi 16	Yama 6:38AM – 8:02AM	Vajra* Until 7:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM			Moon 9 - Phase 26	
		623652364 <b>Rahu</b> 1:36PM – 3:00PM	Balava Until 9:56AM	<b>Nataraja:</b> Clear				Prathama	
Creative Work	Amrita Yoga		<b>Prathama* Until 9:26PM</b>	Moon – White			<b>Devaloka Day</b>		
Until 9:26AM				<b>Ashvina-Aipasi</b>					
Then Creative Work - Siddha Yoga									

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 24.55

Tithi 17

624652364

**Gulika** 8:02AM - 9:26AM

**Yama** 2:59PM - 4:23PM

**Rahu** 10:49AM - 12:12PM

**Bharani** Until 9:02AM

Vyatipata\* Until 3:41AM Sat

Taitila Until 8:51AM

**Dvitiya** Until 8:10PM

**Ganesha:** White *Sunrise:* 6:39AM

**Muruqa:** Purple *Sunset:* 5:46PM

**Nataraja:** Clear

Moon - White

**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti\* Karana Tritiyayam Titau

Jalandhar, India

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 8.4

Tithi 18

624652364

**Gulika** 6:40AM - 8:03AM

**Yama** 1:36PM - 2:59PM

**Rahu** 9:26AM - 10:49AM

**Krittika** Until 8:10AM

Variyan Until 1:12AM Sun

Vanija Until 7:26AM

**Tritiya** Until 6:37PM

**Ganesha:** White *Sunrise:* 6:40AM

**Muruqa:** Purple *Sunset:* 5:45PM

**Nataraja:** Clear

Moon - White

**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 22.32

Tithi 19 - 20

624652364

**Gulika** 2:58PM - 4:21PM

**Yama** 12:12PM - 1:35PM

**Rahu** 4:21PM - 5:44PM

**Rohini** Until 7:20AM

Parigha\* Until 10:36PM

Kaulava Until 3:59AM Mon

**Chaturthi**\* Until 4:53PM

**Ganesha:** Clear *Sunrise:* 6:40AM

**Muruqa:** Purple *Sunset:* 5:44PM

**Nataraja:** Clear

Moon - Yellow

**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 6.31

Tithi 20 - 21

624652364

**Gulika** 1:35PM - 2:58PM

**Yama** 10:49AM - 12:12PM

**Rahu** 8:04AM - 9:27AM

**Mrigashira** Until 6:14AM

Shiva Until 7:55PM

Gara Until 2:05AM Tue

**Panchami** Until 3:01PM

**Ganesha:** Clear *Sunrise:* 6:41AM

**Muruqa:** Purple *Sunset:* 5:43PM

**Nataraja:** Clear

Moon - Yellow

**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 20.33

Tithi 21 - 22

644662364

**Gulika** 12:12PM - 1:35PM

**Yama** 9:27AM - 10:50AM

**Rahu** 2:57PM - 4:20PM

**Punarvasu** Until 3:47AM Wed

Siddha Until 5:10PM

Visti Until 12:08AM Wed

**Shashthi**\* Until 1:06PM

**Ganesha:** Purple *Sunrise:* 6:42AM

**Muruqa:** Purple *Sunset:* 5:42PM

**Nataraja:** Clear

Moon - Blue

**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 4.37

Tithi 22 - 23

644662364

**Gulika** 10:50AM - 12:12PM

**Yama** 8:05AM - 9:27AM

**Rahu** 12:12PM - 1:34PM

**Pushya** Until 2:31AM Thu

Sadhya Until 2:25PM

Balava Until 10:10PM

**Saptami** Until 11:08AM

**Ganesha:** Purple *Sunrise:* 6:43AM

**Muruqa:** Clear *Sunset:* 5:41PM

**Nataraja:** Clear

Moon - Blue

**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 18.41

Tithi 23 - 24

644662364

**Gulika** 9:28AM - 10:50AM

**Yama** 6:44AM - 8:06AM

**Rahu** 1:34PM - 2:56PM

**Ashlesha\*** Until 1:06AM Fri

Subha Until 11:39AM

Taitila Until 8:11PM

**Ashtami\*** Until 9:09AM

**Ganesha:** Purple *Sunrise:* 6:44AM

**Muruqa:** Clear *Sunset:* 5:40PM

**Nataraja:** Clear

Moon - Blue

**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 1:06AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Jalandhar, India Sun 8 Sutra 201 Vilamba 5120		
Simha Rasi: 2.46	Tithi 24 – 25	Gulika 8:06AM – 9:28AM	Magha* Until 11:59PM	Ganesha: Clear	Sunrise: 6:44AM	Muruqa: Clear	Sunset: 5:40PM	Moon 10 - Phase 28
		Yama 2:56PM – 4:18PM	Sukla Until 8:51AM	Nataraja: Clear		Moon – Red		2nd Phase
		654662364 Rahu 10:50AM – 12:12PM	Vanija Until 6:12PM			<b>Sivaloka Day</b>		
Routine Work	Marana Yoga	Navami* Until 7:10AM		Ashvina•Aipasi				
Until 11:59PM								
Then Creative Work - Siddha Yoga								
<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau		Jalandhar, India Sun 9 Sutra 202 Vilamba 5120		
Simha Rasi: 16.51	Tithi 26	Gulika 6:45AM – 8:07AM	Purvaphalguni Until 10:44PM	Ganesha: White	Sunrise: 6:45AM	Muruqa: Clear	Sunset: 5:39PM	Moon 10 - Phase 28
		Yama 1:34PM – 2:55PM	Brahma Until 6:04AM	Nataraja: Clear		Moon – Red		2nd Phase
		654762364 Rahu 9:29AM – 10:50AM	Bava Until 4:15PM			<b>Devaloka Day</b>		
Creative Work	Siddha Yoga	Ekadashi* Until 3:16AM Sun		Ashvina•Aipasi				
Until 10:44PM								
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Jalandhar, India Sun 10 Sutra 203 Vilamba 5120		
Kanya Rasi: 0.54	Tithi 27	Gulika 2:55PM – 4:17PM	Uttaraphalguni Until 9:27PM	Ganesha: White	Sunrise: 6:46AM	Muruqa: Clear	Sunset: 5:38PM	Moon 10 - Phase 28
		Yama 12:12PM – 1:34PM	Vaidhriti* Until 12:41AM Mon	Nataraja: Clear		Moon – Red		2nd Phase
		654762364 Rahu 4:17PM – 5:38PM	Kaulava Until 2:22PM			<b>Devaloka Day</b>		
Creative Work	Amrita Yoga	Dvadashi* Until 1:27AM Mon		Ashvina•Aipasi				
Until 8:37PM								
Then Routine Work - Prabararishta Yoga								
<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Jalandhar, India Sun 11 Sutra 204 Vilamba 5120		
Kanya Rasi: 14.52	Tithi 28	Gulika 1:33PM – 2:55PM	Hasta Until 8:37PM	Ganesha: Green	Sunrise: 6:47AM	Muruqa: Clear	Sunset: 5:37PM	Moon 10 - Phase 28
Family Home Evening		Yama 10:51AM – 12:12PM	Vishkambha* Until 10:10PM	Nataraja: Clear		Moon – Green		2nd Phase
Creative Work	Siddha Yoga	664762364 Rahu 8:08AM – 9:29AM	Gara Until 12:37PM			<b>Devaloka Day</b>		
Until 8:37PM		Trayodashi* Until 11:49PM		Ashvina•Aipasi				
Then Routine Work - Prabararishta Yoga		Pradosha Vrata (Fasting)						
<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Jalandhar, India Sun 12 Sutra 205 Vilamba 5120		
Kanya Rasi: 28.43	Tithi 29	Gulika 12:12PM – 1:33PM	Chitra Until 7:54PM	Ganesha: Green	Sunrise: 6:48AM	Muruqa: Clear	Sunset: 5:36PM	Moon 10 - Phase 28
		Yama 9:30AM – 10:51AM	Priti Until 7:54PM	Nataraja: Clear		Moon – Green		2nd Phase
		664762364 Rahu 2:54PM – 4:15PM	Visti Until 11:07AM			<b>Devaloka Day</b>		
Creative Work	Siddha Yoga	Subramuniaswami Mahasamadhi		Ashvina•Aipasi				
Until 8:37PM		Deepavali Hindu Solidarity Day						
Then Routine Work - Prabararishta Yoga								
<b>6</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Jalandhar, India Sun 13 Sutra 206 Vilamba 5120		
Tula Rasi: 12.22	Tithi 30	Gulika 10:51AM – 12:12PM	Svati Until 7:26PM	Ganesha: White	Sunrise: 6:49AM	Muruqa: Clear	Sunset: 5:36PM	Moon 10 - Phase 28
		Yama 8:09AM – 9:30AM	Ayushman Until 5:55PM	Nataraja: Clear		Moon – Green		Amavasya
		764762364 Rahu 12:12PM – 1:33PM	Catuspada Until 9:58AM			<b>Devaloka Day</b>		
Creative Work	Siddha Yoga	Amavasya* Until 9:32PM		Ashvina•Aipasi				
Until 8:37PM								
Then Routine Work - Prabararishta Yoga								
<b>7</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Jalandhar, India Sun 14 Sutra 207 Vilamba 5120		
Tula Rasi: 25.46	Tithi 1	Gulika 9:31AM – 10:51AM	Vishakha Until 7:46PM	Ganesha: Orange	Sunrise: 6:49AM	Muruqa: Clear	Sunset: 5:35PM	Moon 10 - Phase 28
		Yama 6:49AM – 8:10AM	Saubhagya Until 4:20PM	Nataraja: Clear		Moon – Orange		Prathama
		775762364 Rahu 1:33PM – 2:54PM	Kintughna Until 9:16AM			<b>Sivaloka Day</b>		
Creative Work	Siddha Yoga	Prathama* Until 9:07PM		Karttika•Aipasi				
Until 8:37PM								
Then Routine Work - Prabararishta Yoga		Skanda Shasthi Begins						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dviliyayam Titau	Jalandhar, India Sun 15 Sutra 208 Vilamba 5120
Wrischika Rasi: 8.52	Tithi 2	<b>Gulika</b> 8:11AM – 9:31AM	<b>Anuradha</b> Until 8:32PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:50AM	
		Yama 2:53PM – 4:14PM	Sobhana Until 3:15PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 10:52AM – 12:12PM	Balava Until 9:09AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 9:19PM	Moon – Orange	<b>Sivaloka Day</b>
Until 8:32PM				<b>Kartika-Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Triliyayam Titau	Jalandhar, India Sun 16 Sutra 209 Vilamba 5120
Wrischika Rasi: 21.4	Tithi 3	<b>Gulika</b> 6:51AM – 8:11AM	<b>Jyeshtha*</b> Until 9:48PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:51AM	
		Yama 1:33PM – 2:53PM	Athiganda* Until 2:38PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 9:32AM – 10:52AM	Taitila Until 9:42AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 10:12PM	Moon – Orange	<b>Sivaloka Day</b>
				<b>Kartika-Aipasi</b>	

<b>3</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau	Jalandhar, India Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 4.08	Tithi 4	<b>Gulika</b> 2:53PM – 4:13PM	<b>Mula*</b> Until 12:01AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:52AM	
		Yama 12:12PM – 1:33PM	Sukarma Until 2:33PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 4:13PM – 5:33PM	Vanija Until 10:55AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 11:45PM	Moon – Light Blue	<b>Sivaloka Day</b>
Until 12:01AM Mon				<b>Kartika-Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>4</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Jalandhar, India Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 16.2	Tithi 5	<b>Gulika</b> 1:33PM – 2:52PM	<b>Purvashadha*</b> Until 2:38AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:53AM	
<b>Family Home Evening</b>		Yama 10:53AM – 12:13PM	Dhriti Until 2:58PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM	Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 <b>Rahu</b> 8:13AM – 9:33AM	Bava Until 12:47PM	<b>Nataraja:</b> Clear	3rd Phase
Until 2:38AM Tue			<b>Panchami</b> Until 1:53AM Tue	Moon – Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Kartika-Aipasi</b>	

<b>5</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Jalandhar, India Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 28.19	Tithi 6	<b>Gulika</b> 12:13PM – 1:32PM	<b>Uttarashadha</b> Until 5:28AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:54AM	
		Yama 9:33AM – 10:53AM	Shula* Until 3:42PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 2:52PM – 4:12PM	Kaulava Until 3:08PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Shashthi*</b> Until 4:25AM Wed	Moon – Light Blue	<b>Sivaloka Day</b>
Until 5:28AM Wed		<b>Skanda Shasthi</b>		<b>Kartika-Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau	Jalandhar, India Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 10.1	Tithi 7	<b>Gulika</b> 10:53AM – 12:13PM	<b>Shravana</b> Until 8:46AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:54AM	
		Yama 8:14AM – 9:34AM	Ganda* Until 4:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 12:13PM – 1:32PM	Gara Until 5:48PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM Thu	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Kartika-Aipasi</b>	

<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Jalandhar, India Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 21.58	Tithi 7 – 8	<b>Gulika</b> 9:34AM – 10:54AM	<b>Shravana</b> Until 8:46AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:55AM	
		Yama 6:55AM – 8:15AM	Vridhhi Until 5:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 1:32PM – 2:52PM	Visti Until 8:29PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Kartika-Aipasi</b>	

<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Jalandhar, India Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 3.47	Tithi 8 – 9	<b>Gulika</b> 8:15AM – 9:35AM	<b>Dhanishtha</b> Until 11:48AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:56AM	
		Yama 2:52PM – 4:11PM	Dhruva Until 6:29PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:30PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 10:54AM – 12:13PM	Balava Until 10:55PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:43AM	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Kartika-Kartikai</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Jalandhar, India Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 15.44	Tithi 9 – 10	<b>Gulika</b> 6:57AM – 8:16AM	<b>Shatabhishak</b> Until 2:17PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:57AM				
		Yama 1:32PM – 2:52PM	Vyaghata* Until 6:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM			Moon 10 - Phase 30	
		796762365 <b>Rahu</b> 9:35AM – 10:54AM	Taitila Until 12:53AM Sun	<b>Nataraja:</b> White				4th Phase	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 11:57AM	<b>Moon – Purple</b>				<b>Devaloka Day</b>	
Until 2:17PM				<b>Karttika-Karttikai</b>					
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, November 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Jalandhar, India Sun 24 Sutra 217 Vilamba 5120	
Kumbha Rasi: 27.54	Tithi 10 – 11	<b>Gulika</b> 2:51PM – 4:10PM	<b>Purvaproshtapada*</b> Until 4:32PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:58AM				
		Yama 12:14PM – 1:32PM	Harshana Until 7:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM			Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 4:10PM – 5:29PM	Vanija Until 2:11AM Mon	<b>Nataraja:</b> White				4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:36PM	<b>Moon – Clear</b>				<b>Devaloka Day</b>	
Until 4:32PM				<b>Karttika-Karttikai</b>					
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, November 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 10.21	Tithi 11 – 12	<b>Gulika</b> 1:33PM – 2:51PM	<b>Uttaraproshtapada</b> Until 5:55PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:59AM				
<b>Family Home Evening</b>		Yama 10:55AM – 12:14PM	Vajra* Until 6:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM			Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 8:18AM – 9:36AM	Bava Until 2:45AM Tue	<b>Nataraja:</b> White				4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 2:32PM	<b>Moon – Clear</b>				<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>					

<b>4</b>		<b>Tuesday, November 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 23.08	Tithi 12 – 13	<b>Gulika</b> 12:14PM – 1:33PM	<b>Revati</b> Until 6:26PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:00AM				
		Yama 9:37AM – 10:55AM	Siddhi Until 5:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM			Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 2:51PM – 4:10PM	Kaulava Until 2:33AM Wed	<b>Nataraja:</b> White				4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 2:43PM	<b>Moon – Clear</b>				<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>					
				<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, November 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 6.17	Tithi 13 – 14	<b>Gulika</b> 10:56AM – 12:14PM	<b>Ashvini</b> Until 6:33PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:00AM				
		Yama 8:19AM – 9:37AM	Vyatipata* Until 3:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM			Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 12:14PM – 1:33PM	Gara Until 1:40AM Thu	<b>Nataraja:</b> White				4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:10PM	<b>Moon – White</b>				<b>Bhuloka Day</b>	
Until 6:33PM				<b>Karttika-Karttikai</b>				Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

<b>○</b>		<b>Thursday, November 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Jalandhar, India Sutra 221 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:38AM – 10:56AM	<b>Bharani</b> Until 5:53PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:01AM				
Mesha Rasi: 19.49	Tithi 14 – 15	Yama 7:01AM – 8:20AM	Variyan Until 1:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM			Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 1:33PM – 2:51PM	Vistil Until 12:10AM Fri	<b>Nataraja:</b> White				Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:58PM	<b>Moon – White</b>				<b>Bhuloka Day</b>	
Until 5:53PM				<b>Karttika-Karttikai</b>				Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

<b>○</b>		<b>Friday, November 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Jalandhar, India Sutra 222 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:20AM – 9:38AM	<b>Krittika</b> Until 4:35PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:02AM				
Vrishabha Rasi: 3.42	Tithi 15 – 16	Yama 2:51PM – 4:09PM	Parigha* Until 10:55AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM			Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 10:57AM – 12:15PM	Balava Until 10:12PM	<b>Nataraja:</b> White				Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 11:13AM	<b>Moon – White</b>				<b>Bhuloka Day</b>	
Until 4:35PM		<b>Krittika Deepam</b>		<b>Karttika-Karttikai</b>				Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		<b>Vinayaga Viratam Begins</b>							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India

Sutra 223

Vilamba 5120

Vrishabha Rasi: 17.5 Tithi 16 - 17

737762365

**Gulika** 7:03AM - 8:21AM  
**Yama** 1:33PM - 2:51PM  
**Rahu** 9:39AM - 10:57AM

**Rohini** Until 3:12PM  
Shiva Until 7:59AM  
Taitila Until 7:55PM  
**Prathama\* Until 9:04AM**

**Ganesha:** Red *Sunrise: 7:03AM*  
**Muruqa:** Clear *Sunset: 5:27PM*  
**Nataraja:** White  
Moon - Yellow

Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:12PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visiti\* Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 2.11 Tithi 17 - 18

737762365

**Gulika** 2:51PM - 4:09PM  
**Yama** 12:15PM - 1:33PM  
**Rahu** 4:09PM - 5:27PM

**Mrigashira** Until 1:26PM  
Sadhya Until 1:32AM Mon  
Visiti Until 4:07AM Mon  
**Dvitiya Until 6:40AM**

**Ganesha:** Red *Sunrise: 7:04AM*  
**Muruqa:** Clear *Sunset: 5:27PM*  
**Nataraja:** White  
Moon - Yellow

Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:12PM

Then Creative Work - Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 16.37 Tithi 19

737762365

**Gulika** 1:33PM - 2:51PM  
**Yama** 10:58AM - 12:16PM  
**Rahu** 8:22AM - 9:40AM

**Ardra** Until 11:27AM  
Subha Until 10:15PM  
Bava Until 2:51PM  
**Chaturthi\* Until 1:34AM Tue**

**Ganesha:** Red *Sunrise: 7:05AM*  
**Muruqa:** Clear *Sunset: 5:27PM*  
**Nataraja:** White  
Moon - Yellow

Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:27AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 1.04 Tithi 20

747762365

**Gulika** 12:16PM - 1:34PM  
**Yama** 9:41AM - 10:58AM  
**Rahu** 2:51PM - 4:09PM

**Punarvasu** Until 9:46AM  
Sukla Until 7:00PM  
Kaulava Until 12:20PM  
**Panchami Until 11:06PM**

**Ganesha:** Green *Sunrise: 7:06AM*  
**Muruqa:** Clear *Sunset: 5:26PM*  
**Nataraja:** White  
Moon - Blue

Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 15.25 Tithi 21

747862365

**Gulika** 10:59AM - 12:16PM  
**Yama** 8:24AM - 9:41AM  
**Rahu** 12:16PM - 1:34PM

**Pushya** Until 8:04AM  
Brahma Until 3:53PM  
Gara Until 9:56AM  
**Shashthi\* Until 8:47PM**

**Ganesha:** White *Sunrise: 7:06AM*  
**Muruqa:** Clear *Sunset: 5:26PM*  
**Nataraja:** White  
Moon - Blue

Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Visiti\*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 228

Vilamba 5120

Kataka Rasi: 29.4 Tithi 22

747863365

**Gulika** 9:42AM - 10:59AM  
**Yama** 7:07AM - 8:25AM  
**Rahu** 1:34PM - 2:51PM

**Ashlesha\*** Until 6:25AM  
Indra Until 12:57PM  
Visiti Until 7:44AM  
**Saptami Until 6:42PM**

**Ganesha:** White *Sunrise: 7:07AM*  
**Muruqa:** Purple *Sunset: 5:26PM*  
**Nataraja:** White  
Moon - Blue

Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Karttika-Karttikai

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 13.45 Tithi 23 - 24

757863365

**Gulika** 8:25AM - 9:43AM  
**Yama** 2:52PM - 4:09PM  
**Rahu** 11:00AM - 12:17PM

**Purvaphalguni** Until 4:15AM Sat  
Vaidhriti\* Until 10:11AM  
Taitila Until 4:05AM Sat  
**Ashtami\* Until 4:52PM**

**Ganesha:** Clear *Sunrise: 7:08AM*  
**Muruqa:** Purple *Sunset: 5:26PM*  
**Nataraja:** White  
Moon - Red

Moon 11 - Phase 31  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:15AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Vishkambha\*/Prili\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Jalandhar, India

Sun 7 Sutra 230

Vilamba 5120

Simha Rasi: 27.4 Tithi 24 - 25

758863365

**Gulika** 7:09AM - 8:26AM  
**Yama** 1:35PM - 2:52PM  
**Rahu** 9:43AM - 11:00AM

**Uttaraphalguni** Until 3:20AM Sun  
Vishkambha\* Until 7:38AM  
Vanija Until 2:39AM Sun  
**Navami\* Until 3:19PM**

**Ganesha:** Orange *Sunrise: 7:09AM*  
**Muruqa:** Purple *Sunset: 5:26PM*  
**Nataraja:** White  
Moon - Red

Moon 11 - Phase 31  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 3:20AM Sun

Then Creative Work - Amrita Yoga

<b>1 Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hashta Nakshatra Ayushman Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 11.25	Tithi 25 – 26	<b>Gulika</b> 2:52PM – 4:09PM	<b>Hasta</b> <b>Until 3:00AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:10AM	
		Yama 12:18PM – 1:35PM	Ayushman <b>Until 3:13AM Mon</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
	768863365	<b>Rahu</b> 4:09PM – 5:26PM	Bava <b>Until 1:31AM Mon</b>	<b>Nataraja:</b> White	2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 2:01PM</b>	Moon – Green	<b>Bhuloka Day</b>
Until 3:00AM Mon				<b>Karttika-Karttikai</b>	
Then Routine Work - Prabalarishta Yoga					

<b>2 Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Jalandhar, India Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 25.01	Tithi 26 – 27	<b>Gulika</b> 1:35PM – 2:52PM	<b>Chitra</b> <b>Until 2:50AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:11AM	
<b>Family Home Evening</b>		Yama 11:01AM – 12:18PM	Saubhagya <b>Until 1:22AM Tue</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 8:27AM – 9:44AM	Kaulava <b>Until 12:41AM Tue</b>	<b>Nataraja:</b> White	2nd Phase
Until 2:50AM Tue			<b>Ekadashi*</b> <b>Until 1:02PM</b>	Moon – Green	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Karttika-Karttikai</b>	

<b>3 Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 8.25	Tithi 27 – 28	<b>Gulika</b> 12:19PM – 1:35PM	<b>Svati</b> <b>Until 2:51AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:11AM	
		Yama 9:45AM – 11:02AM	Sobhana <b>Until 11:47PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
	768863365	<b>Rahu</b> 2:52PM – 4:09PM	Gara <b>Until 12:11AM Wed</b>	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 12:22PM</b>	Moon – Green	<b>Bhuloka Day</b>
				<b>Karttika-Karttikai</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>4 Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visiti* Karana Trayodashi/Chaturdashyam Titau			Jalandhar, India Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 21.38	Tithi 28 – 29	<b>Gulika</b> 11:02AM – 12:19PM	<b>Vishakha</b> <b>Until 3:33AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:12AM	
		Yama 8:29AM – 9:46AM	Athiganda* <b>Until 10:30PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
	778863365	<b>Rahu</b> 12:19PM – 1:36PM	Visti <b>Until 12:06AM Thu</b>	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 12:04PM</b>	Moon – Orange	<b>Bhuloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Jalandhar, India Sun 12 Sutra 235 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:46AM – 11:03AM	<b>Anuradha</b> <b>Until 4:34AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:13AM	
Vrischika Rasi: 4.38	Tithi 29 – 30	Yama 7:13AM – 8:30AM	Sukarma <b>Until 9:34PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
	778863365	<b>Rahu</b> 1:36PM – 2:53PM	Catuspada <b>Until 12:29AM Fri</b>	<b>Nataraja:</b> White	Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 12:12PM</b>	Moon – Orange	<b>Bhuloka Day</b>
Until 4:34AM Fri				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Jalandhar, India Sun 13 Sutra 236 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:30AM – 9:47AM	<b>Jyeshtha*</b> <b>Until 5:55AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:14AM	
Vrischika Rasi: 17.25	Tithi 30 – 1	Yama 2:53PM – 4:09PM	Dhriti <b>Until 9:03PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32
	779863365	<b>Rahu</b> 11:03AM – 12:20PM	Kintughna <b>Until 1:22AM Sat</b>	<b>Nataraja:</b> White	Prathama
Routine Work	Marana Yoga		<b>Amavasya*</b> <b>Until 12:50PM</b>	Moon – Orange	<b>Bhuloka Day</b>
Until 5:55AM Sat				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>	<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Jalandhar, India Sun 14 Sutra 237 Vilamba 5120
	Vrischika Rasi: 29.57	Tithi 1 – 2	<b>Gulika</b> 7:14AM – 8:31AM	<b>Mula* Until 8:06AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:14AM	
			Yama 1:37PM – 2:53PM	Shula* Until 8:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 9:47AM – 11:04AM	Balava Until 2:48AM Sun	<b>Nataraja:</b> White		3rd Phase
			Prathama* Until 1:59PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>2</b>	<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India Sun 15 Sutra 238 Vilamba 5120
	Dhanus Rasi: 12.15	Tithi 2 – 3	<b>Gulika</b> 2:53PM – 4:10PM	<b>Mula* Until 8:06AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:15AM	
			Yama 12:21PM – 1:37PM	Ganda* Until 9:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 11 - Phase 33
	Creative Work	Amrita Yoga	789863365 <b>Rahu</b> 4:10PM – 5:26PM	Taitila Until 4:45AM Mon	<b>Nataraja:</b> White		3rd Phase
			Dvitiya Until 3:41PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>3</b>	<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 16 Sutra 239 Vilamba 5120
	Dhanus Rasi: 24.21	Tithi 3 – 4	<b>Gulika</b> 1:37PM – 2:54PM	<b>Purvashadha* Until 10:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:16AM	
	<b>Family Home Evening</b>		Yama 11:05AM – 12:21PM	Vriddhi Until 9:48PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 11 - Phase 33
	Routine Work	Marana Yoga	789863365 <b>Rahu</b> 8:32AM – 9:49AM	Vanija Until 7:08AM Tue	<b>Nataraja:</b> White		3rd Phase
			Tritiya Until 5:52PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>4</b>	<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Vishti* Karana Chaturthyam Titau				Jalandhar, India Sun 17 Sutra 240 Vilamba 5120
	Makara Rasi: 6.17	Tithi 4	<b>Gulika</b> 12:22PM – 1:38PM	<b>Uttarashadha Until 1:21PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:17AM	
			Yama 9:49AM – 11:05AM	Dhruva Until 10:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 11 - Phase 33
	Routine Work	Prabalarishta Yoga	789863365 <b>Rahu</b> 2:54PM – 4:10PM	Vanija Until 7:08AM	<b>Nataraja:</b> White		3rd Phase
			Chaturthi* Until 8:25PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>5</b>	<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India Sun 18 Sutra 241 Vilamba 5120
	Makara Rasi: 18.06	Tithi 5	<b>Gulika</b> 11:06AM – 12:22PM	<b>Shravana Until 4:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM	
			Yama 8:34AM – 9:50AM	Vyaghata* Until 11:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 12:22PM – 1:38PM	Bava Until 9:48AM	<b>Nataraja:</b> White		3rd Phase
			Panchami Until 11:10PM	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>6</b>	<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Jalandhar, India Sun 19 Sutra 242 Vilamba 5120
	Makara Rasi: 29.53	Tithi 6	<b>Gulika</b> 9:50AM – 11:06AM	<b>Dhanishtha Until 7:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:18AM	
			Yama 7:18AM – 8:34AM	Harshana Until 12:39AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 1:39PM – 2:55PM	Kaulava Until 12:33PM	<b>Nataraja:</b> White		3rd Phase
			Shashthi* Until 1:52AM Fri	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

Vinayaga Viratam Ends

<b>7</b>	<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India Sun 20 Sutra 243 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:35AM – 9:51AM	<b>Shatabhishak Until 10:34PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	
	Kumbha Rasi: 11.41	Tithi 7	Yama 2:55PM – 4:11PM	Vajra* Until 1:25AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 11:07AM – 12:23PM	Gara Until 3:10PM	<b>Nataraja:</b> White		3rd Phase
			Saptami Until 4:19AM Sat	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>8</b>	<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 244 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 7:19AM – 8:35AM	<b>Purvaproshtapada* Until 1:15AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	
	Kumbha Rasi: 23.37	Tithi 8	Yama 1:40PM – 2:56PM	Siddhi Until 1:51AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 33
	Routine Work	Marana Yoga	711863365 <b>Rahu</b> 9:51AM – 11:07AM	Visti Until 5:23PM	<b>Nataraja:</b> White		Ashtami
			Ashtami* Until 6:15AM Sun	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>9</b>	<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 22 Sutra 245 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:56PM – 4:12PM	<b>Uttaraproshtapada Until 3:08AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	
	Meena Rasi: 5.44	Tithi 8 – 9	Yama 12:24PM – 1:40PM	Vyatipata* Until 1:48AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 33
	Creative Work	Amrita Yoga	711863365 <b>Rahu</b> 4:12PM – 5:28PM	Balava Until 7:00PM	<b>Nataraja:</b> White		Navami
			Ashtami* Until 6:15AM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	

Markali Pillaiyar

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Jalandhar, India Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 18.09	Tithi 9 – 10	<b>Gulika</b> 1:41PM – 2:56PM	<b>Revati Until 4:08AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:21AM	
	<b>Family Home Evening</b>	821863365	Yama 11:09AM – 12:25PM	Variyan Until 1:08AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:29PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 8:37AM – 9:53AM	Taitila Until 7:52PM	<b>Nataraja:</b> White	4th Phase
			<b>Navami* Until 7:31AM</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>	

2	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.55	Tithi 10 – 11	<b>Gulika</b> 12:25PM – 1:41PM	<b>Ashvini Until 4:39AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:21AM	
	821863365		Yama 9:53AM – 11:09AM	Parigha* Until 11:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:29PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 2:57PM – 4:13PM	Vanija Until 7:56PM	<b>Nataraja:</b> White	4th Phase
			<b>Gita Jayanthi</b>	<b>Dashami Until 7:59AM</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

3	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Jalandhar, India Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 14.05	Tithi 11 – 12	<b>Gulika</b> 11:10AM – 12:26PM	<b>Bharani Until 4:13AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:22AM	
	821863365		Yama 8:38AM – 9:54AM	Shiva Until 9:56PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:29PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 12:26PM – 1:41PM	Bava Until 7:10PM	<b>Nataraja:</b> White	4th Phase
Until 4:13AM Thu Then Routine Work - Marana Yoga			<b>Ekadashi Until 7:38AM</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

4	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau			Jalandhar, India Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.41	Tithi 12 – 13	<b>Gulika</b> 9:54AM – 11:10AM	<b>Krittika Until 2:58AM Fri</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:22AM	
	821863365		Yama 7:22AM – 8:38AM	Siddha Until 7:26PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 1:42PM – 2:58PM	Taitila Until 4:38AM Fri	<b>Nataraja:</b> White	4th Phase
			<b>Dvadashi Until 6:29AM</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
<i>Pradosha Vrata</i>						

5	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau			Jalandhar, India Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 11.42	Tithi 14	<b>Gulika</b> 8:39AM – 9:55AM	<b>Rohini Until 1:24AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:23AM	
	831863365		Yama 2:58PM – 4:14PM	Sadhya Until 4:26PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 11:11AM – 12:27PM	Gara Until 3:30PM	<b>Nataraja:</b> White	4th Phase
Until 1:24AM Sat Then Creative Work - Siddha Yoga			<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi* Until 2:13AM Sat</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>

○	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau			Jalandhar, India Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:23AM – 8:39AM	<b>Mrigashira Until 11:17PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:23AM	
	Vrishabha Rasi: 26.06	Tithi 15	Yama 1:43PM – 2:59PM	Subha Until 1:02PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:31PM	Moon 11 - Phase 34
	831863365		<b>Rahu</b> 9:55AM – 11:11AM	Visti Until 12:51PM	<b>Nataraja:</b> White	Purnima
Creative Work Siddha Yoga			<b>Day 2 of Pancha Ganapati</b>	<b>Purnima* Until 11:22PM</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>

○	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau			Jalandhar, India Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:59PM – 4:15PM	<b>Ardra Until 8:45PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:24AM	
	Mithuna Rasi: 10.47	Tithi 16	Yama 12:28PM – 1:43PM	Sukla Until 9:21AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:31PM	Moon 11 - Phase 34
	831963365		<b>Rahu</b> 4:15PM – 5:31PM	Balava Until 9:51AM	<b>Nataraja:</b> White	Prathama
Creative Work Siddha Yoga			<b>Day 3 of Pancha Ganapati</b>	<b>Prathama* Until 8:15PM</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
<b>Ardra Darshanam</b>						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu Nakshatra Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 25.38 Tithi 17 - 18

Family Home Evening

841963365

Gulika 1:44PM - 3:00PM

Yama 11:12AM - 12:28PM

Rahu 8:40AM - 9:56AM

Punarvasu Until 6:23PM

Indra Until 1:37AM Tue

Taitila Until 6:39AM

Ganesha: Blue Sunrise: 7:24AM

Muruqa: Purple Sunset: 5:32PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Until 6:23PM

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Dvitiya Until 5:01PM

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 10.32 Tithi 18 - 19

Creative Work Siddha Yoga

841963365

Gulika 12:29PM - 1:44PM

Yama 9:57AM - 11:13AM

Rahu 3:00PM - 4:16PM

Pushya Until 3:55PM

Vaidhriti\* Until 9:48PM

Bava Until 12:17AM Wed

Ganesha: Blue Sunrise: 7:25AM

Muruqa: Purple Sunset: 5:32PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Day 5 of Pancha Ganapati

Tritiya Until 1:49PM

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 25.2 Tithi 19 - 20

Creative Work Siddha Yoga

842963366

Gulika 11:13AM - 12:29PM

Yama 8:41AM - 9:57AM

Rahu 12:29PM - 1:45PM

Ashlesha\* Until 1:29PM

Vishkambha\* Until 6:09PM

Kaulava Until 9:22PM

Ganesha: Yellow Sunrise: 7:25AM

Muruqa: Purple Sunset: 5:33PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Chaturthi\* Until 10:46AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 9.56 Tithi 20 - 21

Creative Work Amrita Yoga

852963366

Gulika 9:58AM - 11:14AM

Yama 7:26AM - 8:42AM

Rahu 1:46PM - 3:02PM

Magha\* Until 11:38AM

Priti Until 2:47PM

Gara Until 6:48PM

Ganesha: Blue Sunrise: 7:26AM

Muruqa: Purple Sunset: 5:33PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Panchami Until 8:01AM

Until 11:38AM

Then Creative Work - Siddha Yoga

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 24.16 Tithi 22

Creative Work Siddha Yoga

852963366

Gulika 8:42AM - 9:58AM

Yama 3:02PM - 4:18PM

Rahu 11:14AM - 12:30PM

Purvaphalguni Until 10:03AM

Ayushman Until 11:44AM

Visti Until 4:40PM

Ganesha: Blue Sunrise: 7:26AM

Muruqa: Purple Sunset: 5:34PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saptami Until 3:46AM Sat

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 8.18 Tithi 23

Routine Work Marana Yoga

852963366

Gulika 7:26AM - 8:42AM

Yama 1:47PM - 3:03PM

Rahu 9:58AM - 11:14AM

Uttaraphalguni Until 8:47AM

Saubhagya Until 9:05AM

Balava Until 3:02PM

Ganesha: Blue Sunrise: 7:26AM

Muruqa: Purple Sunset: 5:35PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Ashtami\* Until 2:24AM Sun

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Hasta/Chitra Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 22 Tithi 24

Creative Work Amrita Yoga

862963366

Gulika 3:03PM - 4:19PM

Yama 12:31PM - 1:47PM

Rahu 4:19PM - 5:35PM

Hasta Until 8:20AM

Sobhana Until 6:52AM

Taitila Until 1:56PM

Ganesha: Red Sunrise: 7:27AM

Muruqa: Purple Sunset: 5:35PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Navami\* Until 1:34AM Mon

Until 8:20AM

Then Creative Work - Siddha Yoga

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Jalandhar, India Sun 8 Sutra 260 Vilamba 5120	
<b>1</b>		<b>Gulika</b> 1:48PM – 3:04PM	<b>Chitra</b> <b>Until 8:16AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:27AM	
Tula Rasi: 5.25	Tithi 25	Yama 11:15AM – 12:32PM	Sukarma Until 3:39AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:36PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 8:43AM – 9:59AM	Vanija Until 1:22PM	<b>Nataraja:</b> Green	2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> <b>Until 1:15AM Tue</b>	Moon – Green	
Until 8:16AM				<b>Margasira-Markali</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 6:AM to 9:AM

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Jalandhar, India Sun 9 Sutra 261 Vilamba 5120	
<b>2</b>		<b>Gulika</b> 12:32PM – 1:48PM	<b>Svati</b> <b>Until 8:33AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:27AM	
Tula Rasi: 18.32	Tithi 26	Yama 10:00AM – 11:16AM	Dhriti Until 2:39AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM	Moon 12 - Phase 36
	862963366	<b>Rahu</b> 3:04PM – 4:21PM	Bava Until 1:19PM	<b>Nataraja:</b> Green	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> <b>Until 1:28AM Wed</b>	Moon – Green	
Until 8:33AM				<b>Margasira-Markali</b>	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Devaloka Time: 6:AM to 9:AM

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Jalandhar, India Sun 10 Sutra 262 Vilamba 5120	
<b>3</b>		<b>Gulika</b> 11:16AM – 12:32PM	<b>Vishakha</b> <b>Until 9:38AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:27AM	
Vrischika Rasi: 1.24	Tithi 27	Yama 8:44AM – 10:00AM	Shula* Until 2:01AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:38PM	Moon 12 - Phase 36
	872963366	<b>Rahu</b> 12:32PM – 1:49PM	Kaulava Until 1:47PM	<b>Nataraja:</b> Green	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashti*</b> <b>Until 2:10AM Thu</b>	Moon – Orange	
				<b>Margasira-Markali</b>	<b>Bhuloka Day</b>

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Jalandhar, India Sun 11 Sutra 263 Vilamba 5120	
<b>4</b>		<b>Gulika</b> 10:00AM – 11:17AM	<b>Anuradha</b> <b>Until 11:01AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:28AM	
Vrischika Rasi: 14.02	Tithi 28	Yama 7:28AM – 8:44AM	Ganda* Until 1:44AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:38PM	Moon 12 - Phase 36
	872963366	<b>Rahu</b> 1:49PM – 3:06PM	Gara Until 2:43PM	<b>Nataraja:</b> Green	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 3:21AM Fri</b>	Moon – Orange	
Until 11:01AM				<b>Margasira-Markali</b>	<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Jalandhar, India Sun 12 Sutra 264 Vilamba 5120	
<b>5</b>		<b>Gulika</b> 8:44AM – 10:01AM	<b>Jyeshtha*</b> <b>Until 12:42PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:28AM	
Vrischika Rasi: 26.28	Tithi 29	Yama 3:06PM – 4:23PM	Vriddhi Until 1:49AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:39PM	Moon 12 - Phase 36
	872963366	<b>Rahu</b> 11:17AM – 12:33PM	Visti Until 4:07PM	<b>Nataraja:</b> Green	2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 4:58AM Sat</b>	Moon – Orange	
Until 12:42PM				<b>Margasira-Markali</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Jalandhar, India Sun 13 Sutra 265 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 7:28AM – 8:44AM	<b>Mula*</b> <b>Until 3:06PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:28AM	
Dhanus Rasi: 8.43	Tithi 30	Yama 1:50PM – 3:07PM	Dhruva Until 2:10AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM	Moon 12 - Phase 36
	882963366	<b>Rahu</b> 10:01AM – 11:17AM	Catuspada Until 5:57PM	<b>Nataraja:</b> Green	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 6:59AM Sun</b>	Moon – Light Blue	
		<b>Subramuniyaswami Jayanti</b>		<b>Margasira-Markali</b>	<b>Bhuloka Day</b>

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Jalandhar, India Sun 14 Sutra 266 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 3:07PM – 4:24PM	<b>Purvashadha*</b> <b>Until 5:43PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:28AM	
Dhanus Rasi: 20.49	Tithi 30 – 1	Yama 12:34PM – 1:51PM	Vyaghata* Until 2:48AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:41PM	Moon 12 - Phase 36
	882973366	<b>Rahu</b> 4:24PM – 5:41PM	Kintughna Until 8:09PM	<b>Nataraja:</b> Green	Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 6:59AM</b>	Moon – Light Blue	
Until 5:43PM		<b>Partial Solar Eclipse</b>		<b>Pausha-Markali</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Jalandhar, India Sun 15 Sutra 267 Vilamba 5120		
<b>1</b>	Makara Rasi: 2.46 Family Home Evening Routine Work Marana Yoga Until 8:26PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:51PM – 3:08PM Yama 11:18AM – 12:35PM <b>Rahu</b> 8:45AM – 10:01AM	<b>Uttarashadha Until 8:26PM</b> Harshana Until 3:39AM Tue Balava Until 10:39PM <b>Prathama* Until 9:20AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:41PM <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	Moon 12 - Phase 37 3rd Phase

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Jalandhar, India Sun 16 Sutra 268 Vilamba 5120		
<b>2</b>	Makara Rasi: 14.37 Creative Work Siddha Yoga	<b>Gulika</b> 12:35PM – 1:52PM Yama 10:02AM – 11:18AM <b>Rahu</b> 3:09PM – 4:25PM	<b>Shravana Until 11:42PM</b> Vajra* Until 4:36AM Wed Taitila Until 1:20AM Wed <b>Dvitiya Until 11:57AM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:42PM <b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Jalandhar, India Sun 17 Sutra 269 Vilamba 5120		
<b>3</b>	Makara Rasi: 26.25 Routine Work Prabalarishta Yoga Until 2:52AM Thu Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:19AM – 12:36PM Yama 8:45AM – 10:02AM <b>Rahu</b> 12:36PM – 1:52PM	<b>Dhanishtha Until 2:52AM Thu</b> Siddhi Until 5:36AM Thu Vanija Until 4:06AM Thu <b>Tritiya Until 2:42PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:43PM <b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Jalandhar, India Sun 18 Sutra 270 Vilamba 5120		
<b>4</b>	Kumbha Rasi: 8.12 Creative Work Siddha Yoga	<b>Gulika</b> 10:02AM – 11:19AM Yama 7:28AM – 8:45AM <b>Rahu</b> 1:53PM – 3:10PM	<b>Shatabhishak Until 5:46AM Fri</b> Vyatipata* Until 6:31AM Fri Bava Until 6:45AM Fri <b>Chaturthi* Until 5:25PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:44PM <b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Panchamyam Titau		Jalandhar, India Sun 19 Sutra 271 Vilamba 5120		
<b>5</b>	Kumbha Rasi: 20.01 Creative Work Siddha Yoga	<b>Gulika</b> 8:45AM – 10:02AM Yama 3:11PM – 4:28PM <b>Rahu</b> 11:19AM – 12:36PM	<b>Purvaproshtapada* Until 8:44AM Sat</b> Vyatipata* Until 6:31AM Bava Until 6:45AM <b>Panchami Until 7:57PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:45PM <b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Jalandhar, India Sun 20 Sutra 272 Vilamba 5120		
<b>6</b>	Meena Rasi: 1.57 Routine Work Marana Yoga Until 8:44AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:28AM – 8:45AM Yama 1:54PM – 3:11PM <b>Rahu</b> 10:03AM – 11:20AM	<b>Purvaproshtapada* Until 8:44AM</b> Varyan Until 7:13AM Kaulava Until 9:07AM <b>Shashthi* Until 10:07PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:45PM <b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Jalandhar, India Sun 21 Sutra 273 Vilamba 5120		
<b>Retreat Star</b>		<b>Gulika</b> 3:12PM – 4:29PM Yama 12:37PM – 1:54PM <b>Rahu</b> 4:29PM – 5:46PM	<b>Uttaraproshtapada Until 11:07AM</b> Parigha* Until 7:36AM Gara Until 11:02AM <b>Saptami Until 11:45PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:46PM <b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Jalandhar, India Sun 22 Sutra 274 Vilamba 5120		
<b>Retreat Star</b>		<b>Gulika</b> 1:55PM – 3:12PM Yama 11:20AM – 12:38PM <b>Rahu</b> 8:45AM – 10:03AM	<b>Revati Until 12:44PM</b> Shiva Until 7:32AM Visti Until 12:19PM <b>Ashtami* Until 12:40AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Thai</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:47PM <b>Devaloka Day</b>	Moon 12 - Phase 37 Ashtami
		<b>Thai Pongal</b>				

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Jalandhar, India Sun 23 Sutra 275 Vilamba 5120		
<b>Retreat Star</b>		<b>Gulika</b> 12:38PM – 1:55PM Yama 10:03AM – 11:20AM <b>Rahu</b> 3:13PM – 4:30PM	<b>Ashvini Until 1:58PM</b> Siddha Until 6:53AM Balava Until 12:51PM <b>Navami* Until 12:48AM Wed</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:48PM <b>Sivaloka Day</b>	Moon 12 - Phase 37 Navami


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Jalandhar, India Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 22.05	Tithi 10	<b>Gulika</b> 11:21AM – 12:38PM	<b>Bharani</b> Until 2:13PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:28AM		
		Yama 8:45AM – 10:03AM	Subha Until 3:45AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 12 - Phase 38	
		823173366 <b>Rahu</b> 12:38PM – 1:56PM	Taitila Until 12:34PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:06AM Thu	Moon – White		<b>Sivaloka Day</b>	
Until 2:13PM				<b>Pausha</b> -Thai			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Jalandhar, India Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 5.34	Tithi 11	<b>Gulika</b> 10:03AM – 11:21AM	<b>Krittika</b> Until 1:32PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:28AM		
		Yama 7:28AM – 8:45AM	Sukla Until 1:13AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 12 - Phase 38	
		823173366 <b>Rahu</b> 1:56PM – 3:14PM	Vanija Until 11:27AM	<b>Nataraja:</b> Green		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 10:35PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>3</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Jalandhar, India Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 19.31	Tithi 12	<b>Gulika</b> 8:45AM – 10:03AM	<b>Rohini</b> Until 12:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM		
		Yama 3:15PM – 4:33PM	Brahma Until 10:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM	Moon 12 - Phase 38	
		823173366 <b>Rahu</b> 11:21AM – 12:39PM	Bava Until 9:35AM	<b>Nataraja:</b> Green		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 8:22PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 12:24PM				<b>Pausha</b> -Thai			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 3.55	Tithi 13 – 14	<b>Gulika</b> 7:27AM – 8:45AM	<b>Mrigashira</b> Until 10:29AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM		
		Yama 1:57PM – 3:15PM	Indra Until 6:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM	Moon 12 - Phase 38	
		823173366 <b>Rahu</b> 10:03AM – 11:21AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 5:33PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			
						<i>Pradosha Vrata</i>	

		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Jalandhar, India Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:16PM – 4:34PM	<b>Ardra</b> Until 7:57AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM		
Mithuna Rasi: 18.41	Tithi 14 – 15	Yama 12:40PM – 1:58PM	Vaidhriti* Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM	Moon 12 - Phase 38	
		823173366 <b>Rahu</b> 4:34PM – 5:52PM	Visti Until 12:34AM Mon	<b>Nataraja:</b> Green		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:18PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Jalandhar, India Sutra 281 Vilamba 5120	
Kataka Rasi: 3.44	Tithi 15 – 16	<b>Gulika</b> 1:58PM – 3:17PM	<b>Pushya</b> Until 2:25AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:27AM		
<b>Family Home Evening</b>		Yama 11:22AM – 12:40PM	Vishkambha* Until 10:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:53PM	Moon 12 - Phase 38	
		843173366 <b>Rahu</b> 8:45AM – 10:03AM	Balava Until 8:56PM	<b>Nataraja:</b> Green		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:45AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha</b> -Thai			
		<b>Total Lunar Eclipse</b>					
		<b>Thai Pusam</b>					



**Tuesday, January 22, 2019**  
**Gold Retreat Star**

Kataka Rasi: 18.55    Tithi 16 – 17  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau  
**Gulika** 12:40PM – 1:59PM    **Ashlesha\* Until 11:23PM**  
Yama 10:03AM – 11:22AM    Priti Until 6:16AM  
**Rahu** 3:17PM – 4:36PM    Gara Until 3:26AM Wed  
Prathama\* Until 7:04AM

Jalandhar, India  
Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase  
Devaloka Day  
Ganesha: Clear    Sunrise: 7:26AM  
Muruga: Clear    Sunset: 5:54PM  
Nataraja: Green  
Moon – Blue    Pausha\*Thai

**1**

**Wednesday, January 23, 2019**

Simha Rasi: 4.05    Tithi 18  
Creative Work    Siddha Yoga  
Until 8:46PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 11:22AM – 12:41PM    **Magha\* Until 8:46PM**  
Yama 8:45AM – 10:03AM    Saubhagya Until 9:57PM  
**Rahu** 12:41PM – 1:59PM    Vanija Until 1:42PM  
Tritiya Until 11:59PM

Jalandhar, India  
Sun 1    Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase  
Bhuloka Day  
Devaloka Time: 12:PM to 3:PM  
Ganesha: Purple    Sunrise: 7:26AM  
Muruga: Clear    Sunset: 5:55PM  
Nataraja: Green  
Moon – Red    Pausha\*Thai

**2**

**Thursday, January 24, 2019**

Simha Rasi: 19.04    Tithi 19  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 10:03AM – 11:22AM    **Purvaphalguni Until 6:20PM**  
Yama 7:26AM – 8:44AM    Sobhana Until 6:10PM  
**Rahu** 2:00PM – 3:18PM    Bava Until 10:24AM  
Chaturthi\* Until 8:54PM

Jalandhar, India  
Sun 2    Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase  
Bhuloka Day  
Devaloka Time: 12:PM to 3:PM  
Ganesha: Purple    Sunrise: 7:26AM  
Muruga: Clear    Sunset: 5:56PM  
Nataraja: Green  
Moon – Red    Pausha\*Thai

**3**

**Friday, January 25, 2019**

Kanya Rasi: 3.45    Tithi 20  
Creative Work    Siddha Yoga  
Until 4:15PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 8:44AM – 10:03AM    **Uttaraphalguni Until 4:15PM**  
Yama 3:19PM – 4:38PM    Athiganda\* Until 2:44PM  
**Rahu** 11:22AM – 12:41PM    Kaulava Until 7:33AM  
Panchami Until 6:17PM

Jalandhar, India  
Sun 3    Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase  
Devaloka Day  
Ganesha: Clear    Sunrise: 7:25AM  
Muruga: Clear    Sunset: 5:57PM  
Nataraja: Green  
Moon – Red    Pausha\*Thai

**4**

**Saturday, January 26, 2019**

Kanya Rasi: 18.03    Tithi 21 – 22  
Routine Work    Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 7:25AM – 8:44AM    **Hasta Until 3:01PM**  
Yama 2:00PM – 3:20PM    Sukarma Until 11:48AM  
**Rahu** 10:03AM – 11:22AM    Visti Until 3:34AM Sun  
Shashthi\* Until 4:18PM

Jalandhar, India  
Sun 4    Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase  
Bhuloka Day  
Devaloka Time: 12:PM to 3:PM  
Ganesha: Purple    Sunrise: 7:25AM  
Muruga: Clear    Sunset: 5:58PM  
Nataraja: Green  
Moon – Green    Pausha\*Thai

**5**

**Sunday, January 27, 2019**

Tula Rasi: 1.56    Tithi 22 – 23  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 3:20PM – 4:39PM    **Chitra Until 2:21PM**  
Yama 12:41PM – 2:01PM    Dhriti Until 9:25AM  
**Rahu** 4:39PM – 5:59PM    Balava Until 2:38AM Mon  
Saptami Until 3:00PM

Jalandhar, India  
Sun 5    Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase  
Bhuloka Day  
Devaloka Time: 12:PM to 3:PM  
Ganesha: Purple    Sunrise: 7:24AM  
Muruga: Clear    Sunset: 5:59PM  
Nataraja: Green  
Moon – Green    Pausha\*Thai

**D**

**Monday, January 28, 2019**

**Retreat Star**

Tula Rasi: 15.23    Tithi 23 – 24  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 2:14PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 2:01PM – 3:21PM    **Svati Until 2:14PM**  
Yama 11:22AM – 12:42PM    Shula\* Until 7:36AM  
**Rahu** 8:43AM – 10:03AM    Taitila Until 2:28AM Tue  
Ashtami\* Until 2:26PM

Jalandhar, India  
Sun 6    Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami  
Bhuloka Day  
Devaloka Time: 12:PM to 3:PM  
Ganesha: Purple    Sunrise: 7:24AM  
Muruga: Clear    Sunset: 6:00PM  
Nataraja: Green  
Moon – Green    Pausha\*Thai

**Tuesday, January 29, 2019**

**Retreat Star**

Tula Rasi: 28.26    Tithi 24 – 25  
Routine Work    Marana Yoga  
Until 3:10PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika** 12:42PM – 2:02PM    **Vishakha Until 3:10PM**  
Yama 10:03AM – 11:22AM    Ganda\* Until 6:22AM  
**Rahu** 3:21PM – 4:41PM    Vanija Until 3:00AM Wed  
Navami\* Until 2:37PM

Jalandhar, India  
Sun 7    Sutra 289  
Vilamba 5120  
Moon 1 - Phase 39  
Navami  
Devaloka Day  
Ganesha: Clear    Sunrise: 7:23AM  
Muruga: Clear    Sunset: 6:01PM  
Nataraja: Green  
Moon – Orange    Pausha\*Thai

1	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 8 Sutra 290 Vilamba 5120
	Vrischika Rasi: 11.08	Tithi 25 – 26	Gulika 11:22AM – 12:42PM	Anuradha Until 4:36PM	Ganesha: Clear	Sunrise: 7:23AM	Moon 1 - Phase 40
	794173366	Rahu	Yama 8:42AM – 10:02AM	Dhruva Until 5:30AM Thu	Muruga: Clear	Sunset: 6:01PM	2nd Phase
	Creative Work	Siddha Yoga	Rahu 12:42PM – 2:02PM	Bava Until 4:12AM Thu	Nataraja: Green	<b>Devaloka Day</b>	
			Dashami Until 3:30PM	Moon – Orange	Pausha*Thai		

2	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Jalandhar, India Sun 9 Sutra 291 Vilamba 5120
	Vrischika Rasi: 23.34	Tithi 26 – 27	Gulika 10:02AM – 11:22AM	Jyeshtha* Until 6:27PM	Ganesha: Clear	Sunrise: 7:22AM	Moon 1 - Phase 40
	794173366	Rahu	Yama 7:22AM – 8:42AM	Vyaghata* Until 5:43AM Fri	Muruga: Clear	Sunset: 6:02PM	2nd Phase
	Routine Work	Prabalarishta Yoga	Rahu 2:02PM – 3:22PM	Kaulava Until 5:57AM Fri	Nataraja: Green	<b>Devaloka Day</b>	
			Ekadashi* Until 5:00PM	Moon – Orange	Pausha*Thai		

3	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Tautila Karana Dvodashyam Titau				Jalandhar, India Sun 10 Sutra 292 Vilamba 5120
	Dhanus Rasi: 5.45	Tithi 27	Gulika 8:42AM – 10:02AM	Mula* Until 9:05PM	Ganesha: White	Sunrise: 7:22AM	Moon 1 - Phase 40
	794173366	Rahu	Yama 3:22PM – 4:42PM	Harshana Until 6:17AM Sat	Muruga: Clear	Sunset: 6:02PM	2nd Phase
	Creative Work	Amrita Yoga	Rahu 11:22AM – 12:42PM	Tautila Until 6:58PM	Nataraja: Green	<b>Bhuloka Day</b>	
			Dvadashi* Until 6:58PM	Moon – Light Blue	Pausha*Thai		Devaloka Time: 12:PM to 3:PM

4	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 11 Sutra 293 Vilamba 5120
	Dhanus Rasi: 17.46	Tithi 28	Gulika 7:21AM – 8:42AM	Purvashadha* Until 11:53PM	Ganesha: White	Sunrise: 7:21AM	Moon 1 - Phase 40
	794173366	Rahu	Yama 2:03PM – 3:23PM	Harshana Until 6:17AM	Muruga: Clear	Sunset: 6:03PM	2nd Phase
	Creative Work	Siddha Yoga	Rahu 10:02AM – 11:22AM	Gara Until 8:08AM	Nataraja: Green	<b>Bhuloka Day</b>	
			Trayodashi* Until 9:19PM	Moon – Light Blue	Pausha*Thai		Devaloka Time: 12:PM to 3:PM
<i>Pradosha Vrata (Fasting)</i>							

5	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India Sun 12 Sutra 294 Vilamba 5120
	Dhanus Rasi: 29.41	Tithi 29	Gulika 3:23PM – 4:44PM	Uttarashadha Until 2:45AM Mon	Ganesha: White	Sunrise: 7:21AM	Moon 1 - Phase 40
	794173366	Rahu	Yama 12:42PM – 2:03PM	Vajra* Until 7:02AM	Muruga: Clear	Sunset: 6:04PM	2nd Phase
	Creative Work	Amrita Yoga	Rahu 4:44PM – 6:04PM	Visti Until 10:36AM	Nataraja: Green	<b>Bhuloka Day</b>	
			Chaturdashi* Until 11:54PM	Moon – Light Blue	Pausha*Thai		Devaloka Time: 12:PM to 3:PM

●	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India Sun 13 Sutra 295 Vilamba 5120
	<b>Retreat Star</b>		Gulika 2:03PM – 3:24PM	Shravana Until 6:02AM Tue	Ganesha: Red	Sunrise: 7:20AM	Moon 1 - Phase 40
	Makara Rasi: 11.31	Tithi 30	Yama 11:22AM – 12:43PM	Siddhi Until 7:57AM	Muruga: Clear	Sunset: 6:05PM	Amavasya
	795173367	Rahu	Rahu 8:41AM – 10:01AM	Catuspada Until 1:16PM	Nataraja: White	<b>Devaloka Day</b>	
			Amavasya* Until 2:36AM Tue	Moon – Purple	Pausha*Thai		

●	<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India Sun 14 Sutra 296 Vilamba 5120
	<b>Retreat Star</b>		Gulika 12:43PM – 2:04PM	Shravana Until 6:02AM	Ganesha: Red	Sunrise: 7:20AM	Moon 1 - Phase 40
	Makara Rasi: 23.18	Tithi 1	Yama 10:01AM – 11:22AM	Vyatipata* Until 8:57AM	Muruga: Clear	Sunset: 6:06PM	Prathama
	795173367	Rahu	Rahu 3:24PM – 4:45PM	Kintughna Until 3:59PM	Nataraja: White	<b>Devaloka Day</b>	
			Prathama* Until 5:18AM Wed	Moon – Purple	Magha*Thai		

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan/Parigha* Yoga Balava Karana Dvitiyayam Titau				Jalandhar, India
	Kumbha Rasi: 5.06	Tithi 2	<b>Gulika</b> 11:22AM – 12:43PM	<b>Dhanishtha</b> <b>Until 9:09AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:19AM	Sun 15 Sutra 297
	Routine Work	Prabalarishta Yoga	Yama 8:40AM – 10:01AM	Variyan <b>Until 9:54AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM	Vilamba 5120
		995173367 <b>Rahu</b> 12:43PM – 2:04PM	Balava <b>Until 6:39PM</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Dvitiya</b> <b>Until 7:55AM Thu</b>	Moon – Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India
	Kumbha Rasi: 16.56	Tithi 2 – 3	<b>Gulika</b> 10:01AM – 11:22AM	<b>Shatabhishak</b> <b>Until 12:00PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:18AM	Sun 16 Sutra 298
			995173367 <b>Rahu</b> 2:04PM – 3:25PM	Parigha* <b>Until 10:48AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:08PM	Vilamba 5120
			Taitila <b>Until 9:10PM</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Dvitiya</b> <b>Until 7:55AM</b>	Moon – Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India
	Kumbha Rasi: 28.5	Tithi 3 – 4	<b>Gulika</b> 8:39AM – 10:00AM	<b>Purvaprossthapada*</b> <b>Until 2:59PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM	Sun 17 Sutra 299
			915173367 <b>Rahu</b> 11:22AM – 12:43PM	Shiva <b>Until 11:33AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:09PM	Vilamba 5120
			Vanija <b>Until 11:27PM</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Tritiya</b> <b>Until 10:20AM</b>	Moon – Clear		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India
	Meena Rasi: 10.51	Tithi 4 – 5	<b>Gulika</b> 7:17AM – 8:38AM	<b>Uttaraprossthapada</b> <b>Until 5:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM	Sun 18 Sutra 300
			915173367 <b>Rahu</b> 10:00AM – 11:21AM	Siddha <b>Until 12:03PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:09PM	Vilamba 5120
			Bava <b>Until 1:24AM Sun</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Chaturthi*</b> <b>Until 12:27PM</b>	Moon – Clear		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India
	Meena Rasi: 23	Tithi 5 – 6	<b>Gulika</b> 3:27PM – 4:48PM	<b>Revati</b> <b>Until 7:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:16AM	Sun 19 Sutra 301
			915273367 <b>Rahu</b> 4:48PM – 6:10PM	Sadhya <b>Until 12:17PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM	Vilamba 5120
			Kaulava <b>Until 2:53AM Mon</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Panchami</b> <b>Until 2:11PM</b>	Moon – Clear		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India
	Mesha Rasi: 5.21	Tithi 6 – 7	<b>Gulika</b> 2:05PM – 3:27PM	<b>Ashvini</b> <b>Until 9:15PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:15AM	Sun 20 Sutra 302
	<b>Family Home Evening</b>		925273367 <b>Rahu</b> 8:37AM – 9:59AM	Subha <b>Until 12:08PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:11PM	Vilamba 5120
			Gara <b>Until 3:48AM Tue</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Shashthi*</b> <b>Until 3:24PM</b>	Moon – White		3rd Phase	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>Retreat Star</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India
	Mesha Rasi: 17.57	Tithi 7 – 8	<b>Gulika</b> 12:43PM – 2:05PM	<b>Bharani</b> <b>Until 10:14PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:14AM	Sun 21 Sutra 303
			925273367 <b>Rahu</b> 3:28PM – 4:50PM	Sukla <b>Until 11:30AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Vilamba 5120
			Visti <b>Until 4:02AM Wed</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Saptami</b> <b>Until 3:59PM</b>	Moon – White		3rd Phase	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>Retreat Star</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India
	Vrishabha Rasi: 0.52	Tithi 8 – 9	<b>Gulika</b> 11:21AM – 12:43PM	<b>Krittika</b> <b>Until 10:22PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:13AM	Sun 22 Sutra 304
			926273367 <b>Rahu</b> 12:43PM – 2:06PM	Brahma <b>Until 10:21AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:13PM	Vilamba 5120
			Balava <b>Until 3:32AM Thu</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Ashtami*</b> <b>Until 3:52PM</b>	Moon – White		Ashtami	
				<b>Magha-Masi</b>		<b>Devaloka Day</b>	

<b>Retreat Star</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India
	Vrishabha Rasi: 14.11	Tithi 9 – 10	<b>Gulika</b> 9:58AM – 11:20AM	<b>Rohini</b> <b>Until 10:03PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM	Sun 23 Sutra 305
			936273367 <b>Rahu</b> 2:06PM – 3:28PM	Indra <b>Until 8:37AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Vilamba 5120
			Taitila <b>Until 2:15AM Fri</b>	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Navami*</b> <b>Until 2:58PM</b>	Moon – Yellow		Navami	
				<b>Magha-Masi</b>		<b>Sivaloka Day</b>	

<b>1</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 306 Vilamba 5120
	Vrishabha Rasi: 27.55	Tithi 10 – 11	936273367	<b>Gulika</b> 8:35AM – 9:57AM <b>Yama</b> 3:29PM – 4:52PM <b>Rahu</b> 11:20AM – 12:43PM	<b>Mrigashira</b> Until 8:52PM Vaidhriti* Until 6:15AM Vanija Until 12:15AM Sat Dashami Until 1:19PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	Sunrise: 7:12AM Sunset: 6:14PM Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

<b>2</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 12.07	Tithi 11 – 12	936273367	<b>Gulika</b> 7:11AM – 8:34AM <b>Yama</b> 2:06PM – 3:29PM <b>Rahu</b> 9:57AM – 11:20AM	<b>Ardra</b> Until 6:53PM Priti Until 11:56PM Bava Until 9:37PM Ekadashi Until 11:00AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	Sunrise: 7:11AM Sunset: 6:15PM Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

<b>3</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 26.43	Tithi 12 – 13	946273367	<b>Gulika</b> 3:30PM – 4:53PM <b>Yama</b> 12:43PM – 2:06PM <b>Rahu</b> 4:53PM – 6:16PM	<b>Punarvasu</b> Until 4:39PM Ayushman Until 8:06PM Kaulava Until 6:28PM Dvadashi Until 8:05AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:10AM Sunset: 6:16PM Moon 1 - Phase 42 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga		<i>Pradosha Vrata</i>				

<b>4</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 11.4	Tithi 14	946273367	<b>Gulika</b> 2:06PM – 3:30PM <b>Yama</b> 11:19AM – 12:43PM <b>Rahu</b> 8:32AM – 9:56AM	<b>Pushya</b> Until 1:54PM Saubhagya Until 3:59PM Gara Until 2:57PM Chaturdashi* Until 1:05AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:09AM Sunset: 6:17PM Moon 1 - Phase 42 4th Phase <b>Devaloka Day</b>
	Family Home Evening Creative Work Siddha Yoga		<b>Chidambaram Abhishekam</b>				

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 310 Vilamba 5120		
	<b>Copper Retreat Star</b>		Kataka Rasi: 26.51	Tithi 15	946273367	<b>Gulika</b> 12:43PM – 2:07PM <b>Yama</b> 9:55AM – 11:19AM <b>Rahu</b> 3:30PM – 4:54PM	<b>Ashlesha*</b> Until 10:48AM Sobhana Until 11:42AM Visti Until 11:13AM Purnima* Until 9:18PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:08AM Sunset: 6:18PM Moon 1 - Phase 42 Purnima <b>Devaloka Day</b>
	Creative Work Siddha Yoga								

<b>5</b>	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Prathama/Dvilayyam Titau				Jalandhar, India Sutra 311 Vilamba 5120		
	<b>Silver Retreat Star</b>		Simha Rasi: 12.07	Tithi 16 – 17	957273367	<b>Gulika</b> 11:19AM – 12:43PM <b>Yama</b> 8:31AM – 9:55AM <b>Rahu</b> 12:43PM – 2:07PM	<b>Magha*</b> Until 7:54AM Athiganda* Until 7:22AM Balava Until 7:25AM Prathama* Until 5:33PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Red <b>Magha-Masi</b>	Sunrise: 7:07AM Sunset: 6:19PM Moon 1 - Phase 42 Prathama <b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 7:54AM Then Creative Work - Amrita Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Simha Rasi: 27.17 Tithi 17 - 18

957273367

Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 9:54AM - 11:19AM  
**Yama** 7:06AM - 8:30AM  
**Rahu** 2:07PM - 3:31PM

**Uttaraphalguni** Until 2:16AM Fri  
Dhriti Until 11:10PM  
Vanija Until 12:23AM Fri  
Dvitiya Until 2:00PM

**Ganesha:** Clear *Sunrise: 7:06AM*  
**Muruqa:** Clear *Sunset: 6:19PM*  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

**Devaloka Day**

1

Friday, February 22, 2019

Kanya Rasi: 12.12 Tithi 18 - 19

967273367

Creative Work Amrita Yoga

Until 12:17AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 8:29AM - 9:54AM  
**Yama** 3:31PM - 4:56PM  
**Rahu** 11:18AM - 12:43PM

**Hasta** Until 12:17AM Sat  
Shula\* Until 7:31PM  
Bava Until 9:27PM  
Tritiya Until 10:50AM

**Ganesha:** White *Sunrise: 7:05AM*  
**Muruqa:** Clear *Sunset: 6:20PM*  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

2

Saturday, February 23, 2019

Kanya Rasi: 26.45 Tithi 19 - 20

967273367

Routine Work Marana Yoga

Until 10:46PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 7:04AM - 8:29AM  
**Yama** 2:07PM - 3:32PM  
**Rahu** 9:53AM - 11:18AM

**Chitra** Until 10:46PM  
Ganda\* Until 4:23PM  
Kaulava Until 7:08PM  
Chaturthi\* Until 8:11AM

**Ganesha:** White *Sunrise: 7:04AM*  
**Muruqa:** Clear *Sunset: 6:21PM*  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

3

Sunday, February 24, 2019

Tula Rasi: 10.51 Tithi 20 - 21

967273367

Creative Work Siddha Yoga

Until 9:51PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 3:32PM - 4:57PM  
**Yama** 12:42PM - 2:07PM  
**Rahu** 4:57PM - 6:22PM

**Svati** Until 9:51PM  
Vridhi Until 1:50PM  
Vanija Until 5:03AM Mon  
Panchami Until 6:13AM

**Ganesha:** White *Sunrise: 7:03AM*  
**Muruqa:** Clear *Sunset: 6:22PM*  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

4

Monday, February 25, 2019

Tula Rasi: 24.28 Tithi 22

977273367

Family Home Evening

Routine Work Marana Yoga

Until 10:04PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

Jalandhar, India

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 2:07PM - 3:32PM  
**Yama** 11:17AM - 12:42PM  
**Rahu** 8:27AM - 9:52AM

**Vishakha** Until 10:04PM  
Dhruva Until 11:55AM  
Visti Until 4:48PM  
Saptami Until 4:44AM Tue

**Ganesha:** Yellow *Sunrise: 7:02AM*  
**Muruqa:** Clear *Sunset: 6:23PM*  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Devaloka Day**

●

Tuesday, February 26, 2019

Retreat Star

Vrischika Rasi: 7.37 Tithi 23

977273367

Creative Work Siddha Yoga

Until 10:59PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

**Gulika** 12:42PM - 2:07PM  
**Yama** 9:51AM - 11:17AM  
**Rahu** 3:33PM - 4:58PM

**Anuradha** Until 10:59PM  
Vyaghata\* Until 10:41AM  
Balava Until 4:56PM  
Ashtami\* Until 5:17AM Wed

**Ganesha:** Yellow *Sunrise: 7:01AM*  
**Muruqa:** Clear *Sunset: 6:23PM*  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Devaloka Day**

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 20.2 Tithi 24

978273367

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

**Gulika** 11:16AM - 12:42PM  
**Yama** 8:25AM - 9:51AM  
**Rahu** 12:42PM - 2:07PM

**Jyeshtha\*** Until 12:31AM Thu  
Harshana Until 10:09AM  
Taitila Until 5:53PM  
Navami\* Until 6:38AM Thu

**Ganesha:** Blue *Sunrise: 7:00AM*  
**Muruqa:** Clear *Sunset: 6:24PM*  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Jalandhar, India Sun 8 Sutra 319	
Dhanus Rasi: 2.42	Tithi 24 – 25	<b>Gulika</b>	9:50AM – 11:16AM	<b>Mula* Until 3:03AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:59AM	Vilamba 5120
		Yama	6:59AM – 8:24AM	Vajra* Until 10:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b>	2:08PM – 3:33PM	Vanija Until 7:35PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga			<b>Navami* Until 6:38AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 3:03AM Fri					<b>Magha-Masi</b>		
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Jalandhar, India Sun 9 Sutra 320	
Dhanus Rasi: 14.48	Tithi 25 – 26	<b>Gulika</b>	8:23AM – 9:49AM	<b>Purvashadha* Until 5:52AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:56AM	Vilamba 5120
		Yama	3:34PM – 5:00PM	Siddhi Until 10:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b>	11:15AM – 12:41PM	Bava Until 9:49PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga			<b>Dashami Until 8:37AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 5:52AM Sat					<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 10 Sutra 321	
Dhanus Rasi: 26.43	Tithi 26 – 27	<b>Gulika</b>	6:55AM – 8:22AM	<b>Uttarashadha Until 8:49AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:55AM	Vilamba 5120
		Yama	2:08PM – 3:34PM	Vyatipata* Until 11:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b>	9:48AM – 11:15AM	Kaulava Until 12:25AM Sun	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga			<b>Ekadashi* Until 11:04AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 8:49AM Sun					<b>Magha-Masi</b>		
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 11 Sutra 322	
Makara Rasi: 8.32	Tithi 27 – 28	<b>Gulika</b>	3:34PM – 5:01PM	<b>Uttarashadha Until 8:49AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM	Vilamba 5120
		Yama	12:41PM – 2:08PM	Variyan Until 12:28PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b>	5:01PM – 6:28PM	Gara Until 3:09AM Mon	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 1:45PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Magha-Masi</b>		

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 12 Sutra 323	
Makara Rasi: 20.17	Tithi 28 – 29	<b>Gulika</b>	2:08PM – 3:35PM	<b>Shravana Until 12:10PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:53AM	Vilamba 5120
<b>Family Home Evening</b>		Yama	11:14AM – 12:41PM	Parigha* Until 1:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 44
		998273367 <b>Rahu</b>	8:20AM – 9:47AM	Visti Until 5:52AM Tue	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga			<b>Trayodashi* Until 4:30PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 12:10PM					<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					

<b>6</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashyam Titau		Jalandhar, India Sun 13 Sutra 324	
Kumbha Rasi: 2.05	Tithi 29	<b>Gulika</b>	12:41PM – 2:08PM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:52AM	Vilamba 5120
		Yama	9:46AM – 11:13AM	Shiva Until 2:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 44
		199273367 <b>Rahu</b>	3:35PM – 5:02PM	Sakuni Until 7:09PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 7:09PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 3:17PM					<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Jalandhar, India Sun 14 Sutra 325	
Kumbha Rasi: 13.55	Tithi 30	<b>Gulika</b>	11:13AM – 12:40PM	<b>Shatabhishak Until 6:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM	Vilamba 5120
		Yama	8:18AM – 9:46AM	Siddha Until 3:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 44
		199273367 <b>Rahu</b>	12:40PM – 2:08PM	Catuspada Until 8:26AM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga			<b>Amavasya* Until 9:36PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 6:03PM					<b>Magha-Masi</b>		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Jalandhar, India Sun 15 Sutra 326	
Kumbha Rasi: 25.52	Tithi 1	<b>Gulika</b>	9:45AM – 11:12AM	<b>Purvaproshtapada* Until 8:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:50AM	Vilamba 5120
		Yama	6:50AM – 8:17AM	Sadhya Until 4:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 44
		119373367 <b>Rahu</b>	2:08PM – 3:35PM	Kintughna Until 10:44AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 11:45PM</b>	Moon – Clear		<b>Devaloka Day</b>
					<b>Phalgun-Masi</b>		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 7.55	Tithi 2	<b>Gulika</b> 8:16AM – 9:44AM	<b>Uttaraproshtapada</b> Until 11:16PM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:48AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:31PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 3:36PM – 5:03PM	Subha Until 4:28PM	<b>Nataraja:</b> White				
		119373367 <b>Rahu</b> 11:12AM – 12:40PM	Balava Until 12:43PM	Moon – Clear				<b>Devaloka Day</b>
			<b>Dvitiya</b> Until 1:34AM Sat	<b>Phalguna-Masi</b>				
<b>2</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Jalandhar, India Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 20.05	Tithi 3	<b>Gulika</b> 6:47AM – 8:15AM	<b>Revati</b> Until 1:08AM Sun	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:47AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:32PM	Moon 2 - Phase 45 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 2:08PM – 3:36PM	Sukla Until 4:37PM	<b>Nataraja:</b> White				
Until 1:08AM Sun		119373367 <b>Rahu</b> 9:43AM – 11:11AM	Taitila Until 2:23PM	Moon – Clear				<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			<b>Tritiya</b> Until 3:03AM Sun	<b>Phalguna-Masi</b>				
			<b>Subramuniyaswami Siva Vision Day</b>					
<b>3</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Jalandhar, India Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 2.25	Tithi 4	<b>Gulika</b> 3:36PM – 5:04PM	<b>Ashvini</b> Until 2:57AM Mon	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:46AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:33PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 12:39PM – 2:08PM	Brahma Until 4:29PM	<b>Nataraja:</b> White				
		129373367 <b>Rahu</b> 5:04PM – 6:33PM	Vanija Until 3:39PM	Moon – White				<b>Devaloka Day</b>
			<b>Chaturthi*</b> Until 4:08AM Mon	<b>Phalguna-Masi</b>				
<b>4</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Valdhriti* Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 14.55	Tithi 5	<b>Gulika</b> 2:08PM – 3:36PM	<b>Bharani</b> Until 4:11AM Tue	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:45AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:33PM	Moon 2 - Phase 45 3rd Phase
Family Home Evening		Yama 11:11AM – 12:39PM	Indra Until 4:04PM	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga	129373367 <b>Rahu</b> 8:13AM – 9:42AM	Bava Until 4:31PM	Moon – White				<b>Devaloka Day</b>
			<b>Panchami</b> Until 4:46AM Tue	<b>Phalguna-Masi</b>				
<b>5</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Jalandhar, India Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 27.37	Tithi 6	<b>Gulika</b> 12:39PM – 2:08PM	<b>Krittika</b> Until 4:47AM Wed	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:44AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:34PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 9:41AM – 11:10AM	Vaidhriti* Until 3:15PM	<b>Nataraja:</b> White				
		129373367 <b>Rahu</b> 3:36PM – 5:05PM	Kaulava Until 4:55PM	Moon – White				<b>Devaloka Day</b>
			<b>Shashthi*</b> Until 4:54AM Wed	<b>Phalguna-Masi</b>				
<b>6</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Jalandhar, India Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 10.34	Tithi 7	<b>Gulika</b> 11:10AM – 12:39PM	<b>Rohini</b> Until 5:09AM Thu	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:42AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:35PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 8:11AM – 9:40AM	Vishkambha* Until 2:03PM	<b>Nataraja:</b> White				
Until 5:09AM Thu		131373367 <b>Rahu</b> 12:39PM – 2:08PM	Gara Until 4:47PM	Moon – Yellow				<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga			<b>Saptami</b> Until 4:29AM Thu	<b>Phalguna-Masi</b>				
<b>☾</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 23.48	Tithi 8	<b>Gulika</b> 9:40AM – 11:09AM	<b>Mrigashira</b> Until 4:45AM Fri	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:41AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:36PM	Moon 2 - Phase 45 Ashtami
Routine Work	Marana Yoga	Yama 6:41AM – 8:10AM	Priti Until 12:24PM	<b>Nataraja:</b> White				
Until 4:45AM Fri		131373367 <b>Rahu</b> 2:08PM – 3:37PM	Visti Until 4:03PM	Moon – Yellow				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga			<b>Ashtami*</b> Until 3:26AM Fri	<b>Phalguna-Masi</b>				
<b>☽</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 7.22	Tithi 9	<b>Gulika</b> 8:09AM – 9:39AM	<b>Ardra</b> Until 3:37AM Sat	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:40AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:36PM	Moon 2 - Phase 45 Navami
Creative Work	Siddha Yoga	Yama 3:37PM – 5:07PM	Ayushman Until 10:14AM	<b>Nataraja:</b> Clear				
		131373368 <b>Rahu</b> 11:08AM – 12:38PM	Balava Until 2:42PM	Moon – Yellow				<b>Subha Sivaloka Day</b>
			<b>Navami*</b> Until 1:47AM Sat	<b>Phalguna-Panguni</b>				
		<b>Karadaiyan Nombu (Tamil Nadu)</b>						

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 21.19	Tithi 10	<b>Gulika</b> 6:39AM – 8:08AM	<b>Punarvasu</b> Until 2:11AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	
			Yama 2:08PM – 3:37PM	Saubhagya Until 7:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:38AM – 11:08AM	Taitila Until 12:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 11:32PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 5.38	Tithi 11	<b>Gulika</b> 3:37PM – 5:08PM	<b>Pushya</b> Until 12:06AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	
			Yama 12:37PM – 2:07PM	Athiganda* Until 12:59AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 5:08PM – 6:38PM	Vanija Until 10:14AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 8:46PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 20.17	Tithi 12 – 13	<b>Gulika</b> 2:07PM – 3:38PM	<b>Ashlesha*</b> Until 9:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM	
	<b>Family Home Evening</b>		Yama 11:07AM – 12:37PM	Sukarma Until 9:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 8:06AM – 9:37AM	Bava Until 7:15AM	<b>Nataraja:</b> Clear		4th Phase
Until 9:31PM		<b>Yogaswami Mahasamadhi</b>	<b>Dvadashi</b> Until 5:37PM	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	<b>Phalguna-Panguni</b>			

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 5.12	Tithi 13 – 14	<b>Gulika</b> 12:37PM – 2:07PM	<b>Magha*</b> Until 6:57PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM	
			Yama 9:36AM – 11:06AM	Dhriti Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:38PM – 5:08PM	Gara Until 12:26AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 2:11PM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sutra 339 Vilamba 5120
	Simha Rasi: 20.16	Tithi 14 – 15	<b>Gulika</b> 11:06AM – 12:37PM	<b>Purvaphalguni</b> Until 4:10PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	
			Yama 8:04AM – 9:35AM	Shula* Until 1:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:37PM – 2:07PM	Visti Until 8:53PM	<b>Nataraja:</b> Clear		Purnima
		<b>Panguni Uttiram</b>	<b>Chaturdashi*</b> Until 10:38AM	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Panguni</b>			

<b>Silver Retreat Star</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 340 Vilamba 5120
	Kanya Rasi: 5.19	Tithi 15 – 16	<b>Gulika</b> 9:34AM – 11:05AM	<b>Uttaraphalguni</b> Until 1:20PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	
			Yama 6:32AM – 8:03AM	Ganda* Until 9:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 46
	Amrita Yoga		151373368 <b>Rahu</b> 2:07PM – 3:38PM	Kaulava Until 3:49AM Fri	<b>Nataraja:</b> Clear		Prathama
Until 1:20PM			<b>Purnima*</b> Until 7:07AM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalguna-Panguni</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India  
Sutra 341

Kanya Rasi: 20.13      Tilthi 17

**Gulika** 8:02AM – 9:34AM  
Yama 3:38PM – 5:10PM  
161383368 **Rahu** 11:05AM – 12:36PM

**Hasta** **Until 11:03AM**  
Dhruva **Until 1:38AM Sat**  
Taitila **Until 2:19PM**  
**Dvitiya** **Until 12:54AM Sat**

**Ganesha:** Yellow      *Sunrise:* 6:31AM

**Muruqa:** White      *Sunset:* 6:41PM

**Nataraja:** Clear

Moon – Green

Moon 3 - Phase 47  
1st Phase

Creative Work    Amrita Yoga  
Until 11:03AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\* Yoga Vanija/Visli\* Karana Tritiyayam Titau

Jalandhar, India  
Sun 1      Sutra 342

Tula Rasi: 4.49      Tilthi 18

**Gulika** 6:30AM – 8:01AM  
Yama 2:07PM – 3:39PM  
161383368 **Rahu** 9:33AM – 11:04AM

**Chitra** **Until 9:03AM**  
Vyaghata\* **Until 10:33PM**  
Vanija **Until 11:39AM**  
**Tritiya** **Until 10:32PM**

**Ganesha:** Yellow      *Sunrise:* 6:30AM

**Muruqa:** White      *Sunset:* 6:42PM

**Nataraja:** Clear

Moon – Green

Moon 3 - Phase 47  
1st Phase

Routine Work    Marana Yoga  
Until 9:03AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturtham Titau

Jalandhar, India  
Sun 2      Sutra 343

Tula Rasi: 19.01      Tilthi 19

**Gulika** 3:39PM – 5:10PM  
Yama 12:35PM – 2:07PM  
162383368 **Rahu** 5:10PM – 6:42PM

**Svati** **Until 7:32AM**  
Harshana **Until 8:03PM**  
Bava **Until 9:37AM**  
**Chaturthi\*** **Until 8:51PM**

**Ganesha:** Blue      *Sunrise:* 6:29AM

**Muruqa:** White      *Sunset:* 6:42PM

**Nataraja:** Clear

Moon – Green

Moon 3 - Phase 47  
1st Phase

Creative Work    Siddha Yoga  
Until 7:32AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India  
Sun 3      Sutra 344

Vrischika Rasi: 2.45      Tilthi 20

**Gulika** 2:07PM – 3:39PM  
Yama 11:03AM – 12:35PM  
172383368 **Rahu** 7:59AM – 9:31AM

**Vishakha** **Until 7:01AM**  
Vajra\* **Until 6:11PM**  
Kaulava **Until 8:20AM**  
**Panchami** **Until 7:59PM**

**Ganesha:** Red      *Sunrise:* 6:27AM

**Muruqa:** White      *Sunset:* 6:43PM

**Nataraja:** Clear

Moon – Orange

Moon 3 - Phase 47  
1st Phase

**Family Home Evening**  
Routine Work    Marana Yoga  
Until 7:01AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashtham Titau

Jalandhar, India  
Sun 4      Sutra 345

Vrischika Rasi: 15.59      Tilthi 21

**Gulika** 12:35PM – 2:07PM  
Yama 9:30AM – 11:03AM  
172383368 **Rahu** 3:39PM – 5:11PM

**Anuradha** **Until 7:13AM**  
Siddhi **Until 5:01PM**  
Gara **Until 7:54AM**  
**Shashthi\*** **Until 8:00PM**

**Ganesha:** Red      *Sunrise:* 6:26AM

**Muruqa:** White      *Sunset:* 6:43PM

**Nataraja:** Clear

Moon – Orange

Moon 3 - Phase 47  
1st Phase

Creative Work    Siddha Yoga  
Until 7:13AM  
Then Routine Work - Marana Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saplamyam Titau

Jalandhar, India  
Sun 5      Sutra 346

Vrischika Rasi: 28.47      Tilthi 22

**Gulika** 11:02AM – 12:34PM  
Yama 7:57AM – 9:30AM  
172383368 **Rahu** 12:34PM – 2:07PM

**Jyeshtha\*** **Until 8:07AM**  
Vyatipata\* **Until 4:32PM**  
Visti **Until 8:22AM**  
**Saptami** **Until 8:54PM**

**Ganesha:** Red      *Sunrise:* 6:25AM

**Muruqa:** White      *Sunset:* 6:44PM

**Nataraja:** Clear

Moon – Orange

Moon 3 - Phase 47  
1st Phase

Creative Work    Siddha Yoga  
Until 8:07AM  
Then Routine Work - Marana Yoga

**Devaloka Day**  
**Phalguna-Panguni**

**D**

**Thursday, March 28, 2019**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India  
Sun 6      Sutra 347

Dhanus Rasi: 11.13      Tilthi 23

**Gulika** 9:29AM – 11:02AM  
Yama 6:24AM – 7:56AM  
182383368 **Rahu** 2:07PM – 3:39PM

**Mula\*** **Until 10:08AM**  
Variyan **Until 4:39PM**  
Balava **Until 9:40AM**  
**Ashtami\*** **Until 10:34PM**

**Ganesha:** Green      *Sunrise:* 6:24AM

**Muruqa:** White      *Sunset:* 6:45PM

**Nataraja:** Clear

Moon – Light Blue

Moon 3 - Phase 47  
Ashtami

Creative Work    Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India  
Sun 7      Sutra 348

Dhanus Rasi: 23.2      Tilthi 24

**Gulika** 7:55AM – 9:28AM  
Yama 3:40PM – 5:13PM  
182383468 **Rahu** 11:01AM – 12:34PM

**Purvashadha\*** **Until 12:40PM**  
Parigha\* **Until 5:15PM**  
Taitila **Until 11:39AM**  
**Navami\*** **Until 12:49AM Sat**

**Ganesha:** Green      *Sunrise:* 6:22AM

**Muruqa:** Yellow      *Sunset:* 6:45PM

**Nataraja:** Purple

Moon – Light Blue

Moon 3 - Phase 47  
Navami

Routine Work    Prabalarishta Yoga  
Until 12:40PM  
Then Routine Work - Marana Yoga

**Devaloka Day**  
**Phalguna-Panguni**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau		Jalandhar, India Sun 8 Sutra 349 Vilamba 5120	
Makara Rasi: 5.15	Tithi 25	<b>Gulika</b> 6:21AM – 7:54AM	<b>Uttarashadha</b> Until 3:27PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:21AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:46PM
		Yama 2:07PM – 3:40PM	Shiva Until 6:12PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		182383468 <b>Rahu</b> 9:27AM – 11:00AM	Vanija Until 2:06PM	Moon – Light Blue			2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:24AM Sun	<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	
Until 3:27PM							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau		Jalandhar, India Sun 9 Sutra 350 Vilamba 5120	
Makara Rasi: 17.03	Tithi 26	<b>Gulika</b> 3:40PM – 5:13PM	<b>Shravana</b> Until 6:47PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:20AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM
		Yama 12:33PM – 2:07PM	Siddha Until 7:15PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		192383468 <b>Rahu</b> 5:13PM – 6:47PM	Bava Until 4:47PM	Moon – Purple			2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 6:06AM Mon	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 6:47PM							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 10 Sutra 351 Vilamba 5120	
Makara Rasi: 28.5	Tithi 26 – 27	<b>Gulika</b> 2:07PM – 3:40PM	<b>Dhanishtha</b> Until 9:55PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:20AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM
<b>Family Home Evening</b>		Yama 11:00AM – 12:33PM	Sadhya Until 8:17PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		192483468 <b>Rahu</b> 7:53AM – 9:27AM	Kaulava Until 7:26PM	Moon – Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:06AM	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 11 Sutra 352 Vilamba 5120	
Kumbha Rasi: 10.39	Tithi 27 – 28	<b>Gulika</b> 12:33PM – 2:07PM	<b>Shatabhishak</b> Until 12:40AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:19AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM
		Yama 9:26AM – 10:59AM	Subha Until 9:11PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		192483468 <b>Rahu</b> 3:40PM – 5:14PM	Gara Until 9:53PM	Moon – Purple			2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 8:41AM	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
Until 12:40AM Wed							
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 12 Sutra 353 Vilamba 5120	
Kumbha Rasi: 22.34	Tithi 28 – 29	<b>Gulika</b> 10:59AM – 12:33PM	<b>Purvaproshtapada*</b> Until 3:25AM Thu	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:17AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM
		Yama 7:51AM – 9:25AM	Sukla Until 9:47PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		112483468 <b>Rahu</b> 12:33PM – 2:06PM	Visti Until 12:00AM Thu	Moon – Clear			2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 10:58AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 3:25AM Thu							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Jalandhar, India Sun 13 Sutra 354 Vilamba 5120	
Meena Rasi: 4.38	Tithi 29 – 30	<b>Gulika</b> 9:24AM – 10:58AM	<b>Uttaraproshtapada</b> Until 5:36AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:16AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:49PM
		Yama 6:16AM – 7:50AM	Brahma Until 10:06PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		112483468 <b>Rahu</b> 2:06PM – 3:40PM	Catuspada Until 1:41AM Fri	Moon – Clear			Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:52PM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Jalandhar, India Sun 14 Sutra 355 Vilamba 5120	
Meena Rasi: 16.52	Tithi 30 – 1	<b>Gulika</b> 7:49AM – 9:23AM	<b>Revati</b> Until 7:12AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:15AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:49PM
		Yama 3:41PM – 5:15PM	Indra Until 10:07PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		112483468 <b>Rahu</b> 10:58AM – 12:32PM	Kintughna Until 2:57AM Sat	Moon – Clear			Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:21PM	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>	
		<b>Yugadhi</b>					

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Jalandhar, India Sun 15 Sutra 356 Vilamba 5120	
Meena Rasi: 29.17	Tithi 1 – 2	<b>Gulika</b> 6:14AM – 7:48AM	<b>Revati</b> Until 7:12AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:14AM	Moon 3 - Phase 49	
		Yama 2:06PM – 3:41PM	Vaidhriti* Until 9:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM	3rd Phase	
		113483468 <b>Rahu</b> 9:23AM – 10:57AM	Balava Until 3:47AM Sun	<b>Nataraja:</b> Purple		Devaloka Day	
Routine Work	Prabalarishta Yoga		Prathama* Until 3:24PM	Moon – Clear		Chaitra•Panguni	
Until 7:12AM		Chellappaswami Mahasamadhi					
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Jalandhar, India Sun 16 Sutra 357 Vilamba 5120	
Mesha Rasi: 11.53	Tithi 2 – 3	<b>Gulika</b> 3:41PM – 5:16PM	<b>Ashvini</b> Until 8:43AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:12AM	Moon 3 - Phase 49	
		Yama 12:31PM – 2:06PM	Vishkambha* Until 9:06PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	3rd Phase	
		123483468 <b>Rahu</b> 5:16PM – 6:51PM	Taitila Until 4:12AM Mon	<b>Nataraja:</b> Purple		Devaloka Day	
Creative Work	Siddha Yoga		Dvitiya Until 4:01PM	Moon – White		Chaitra•Panguni	
Until 8:43AM							
Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Jalandhar, India Sun 17 Sutra 358 Vilamba 5120	
Mesha Rasi: 24.4	Tithi 3 – 4	<b>Gulika</b> 2:06PM – 3:41PM	<b>Bharani</b> Until 9:42AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:11AM	Moon 3 - Phase 49	
<b>Family Home Evening</b>		Yama 10:56AM – 12:31PM	Priti Until 8:10PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	3rd Phase	
		123483468 <b>Rahu</b> 7:46AM – 9:21AM	Vanija Until 4:15AM Tue	<b>Nataraja:</b> Purple		Devaloka Day	
Creative Work	Siddha Yoga		Tritiya Until 4:15PM	Moon – White		Chaitra•Panguni	
Until 9:42AM							
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Jalandhar, India Sun 18 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 7.38	Tithi 4 – 5	<b>Gulika</b> 12:31PM – 2:06PM	<b>Krittika</b> Until 10:09AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM	Moon 3 - Phase 49	
		Yama 9:20AM – 10:56AM	Ayushman Until 6:55PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	3rd Phase	
		123483468 <b>Rahu</b> 3:41PM – 5:17PM	Bava Until 3:56AM Wed	<b>Nataraja:</b> Purple		Devaloka Day	
Creative Work	Siddha Yoga		Chaturthi* Until 4:07PM	Moon – White		Chaitra•Panguni	
Until 10:09AM							
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Jalandhar, India Sun 19 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 20.48	Tithi 5 – 6	<b>Gulika</b> 10:55AM – 12:31PM	<b>Rohini</b> Until 10:33AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM	Moon 3 - Phase 49	
		Yama 7:44AM – 9:20AM	Saubhagya Until 5:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	3rd Phase	
		133483468 <b>Rahu</b> 12:31PM – 2:06PM	Kaulava Until 3:14AM Thu	<b>Nataraja:</b> Purple		Sivaloka Day	
Creative Work	Siddha Yoga		Panchami Until 3:37PM	Moon – Yellow		Chaitra•Panguni	

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Jalandhar, India Sun 20 Sutra 361 Vilamba 5120	
Mithuna Rasi: 4.1	Tithi 6 – 7	<b>Gulika</b> 9:19AM – 10:55AM	<b>Mrigashira</b> Until 10:26AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	Moon 3 - Phase 49	
		Yama 6:08AM – 7:43AM	Sobhana Until 3:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	3rd Phase	
		133483468 <b>Rahu</b> 2:06PM – 3:42PM	Gara Until 2:09AM Fri	<b>Nataraja:</b> Purple		Sivaloka Day	
Routine Work	Marana Yoga		Shashthi* Until 2:44PM	Moon – Yellow		Chaitra•Panguni	

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Jalandhar, India Sun 21 Sutra 362 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 7:42AM – 9:18AM	<b>Ardra</b> Until 9:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Moon 3 - Phase 49	
Mithuna Rasi: 17.45	Tithi 7 – 8	Yama 3:42PM – 5:18PM	Athiganda* Until 1:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:54PM	Ashtami	
		133483468 <b>Rahu</b> 10:54AM – 12:30PM	Visti Until 12:38AM Sat	<b>Nataraja:</b> Purple		Sivaloka Day	
Creative Work	Siddha Yoga		Saptami Until 1:26PM	Moon – Yellow		Chaitra•Panguni	

<b>☾</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Jalandhar, India Sun 22 Sutra 363 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 6:05AM – 7:41AM	<b>Punarvasu</b> Until 8:59AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM	Moon 3 - Phase 49	
Kataka Rasi: 1.35	Tithi 8 – 9	Yama 2:06PM – 3:42PM	Sukarma Until 10:53AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:54PM	Navami	
		143483468 <b>Rahu</b> 9:17AM – 10:54AM	Balava Until 10:43PM	<b>Nataraja:</b> Purple		Devaloka Day	
Creative Work	Siddha Yoga		Ashtami* Until 11:43AM	Moon – Blue		Chaitra•Panguni	
		Sri Rama Navami					

<b>1</b> Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Jalandhar, India Sun 23 Sutra 364
Kataka Rasi: 15.4	Tithi 9 – 10	<b>Gulika</b> 3:42PM – 5:19PM	<b>Pushya</b> <b>Until 7:39AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:04AM	Vikarin 5121
		Yama 12:30PM – 2:06PM	Dhriti <b>Until 8:05AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:55PM	Moon 3 - Phase 1
143483468	<b>Rahu</b> 5:19PM – 6:55PM		Taitila <b>Until 8:25PM</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	<b>Devaloka Day</b>
		Tamil New Year	<b>Navami* Until 9:36AM</b>	<b>Chaitra*Chaitra</b>	

<b>2</b> Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau			Jalandhar, India Sun 24 Sutra 1
Simha Rasi: 0.01	Tithi 10 – 11	<b>Gulika</b> 2:06PM – 3:43PM	<b>Magha*</b> <b>Until 3:57AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:03AM	Vikarin 5121
<b>Family Home Evening</b>	253483468	Yama 10:53AM – 12:29PM	Ganda* <b>Until 1:35AM Tue</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	<b>Rahu</b> 7:39AM – 9:16AM	Visti <b>Until 4:20AM Tue</b>	<b>Nataraja:</b> Purple	4th Phase
Until 3:57AM Tue			<b>Dashami</b> <b>Until 7:07AM</b>	Moon – Red	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	

<b>3</b> Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau			Jalandhar, India Sun 25 Sutra 2
Simha Rasi: 14.34	Tithi 12	<b>Gulika</b> 12:29PM – 2:06PM	<b>Purvaphalguni</b> <b>Until 1:46AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:02AM	Vikarin 5121
		Yama 9:15AM – 10:52AM	Vriddhi <b>Until 10:03PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM	Moon 3 - Phase 1
253483468	<b>Rahu</b> 3:43PM – 5:20PM		Bava <b>Until 2:53PM</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 1:22AM Wed</b>	Moon – Red	<b>Devaloka Day</b>
Until 1:46AM Wed				<b>Chaitra*Chaitra</b>	
Then Creative Work - Amrita Yoga					

<b>4</b> Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Jalandhar, India Sun 26 Sutra 3
Simha Rasi: 29.15	Tithi 13	<b>Gulika</b> 10:52AM – 12:29PM	<b>Uttaraphalguni</b> <b>Until 11:23PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:01AM	Vikarin 5121
		Yama 7:38AM – 9:15AM	Dhruva <b>Until 6:26PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM	Moon 3 - Phase 1
253483468	<b>Rahu</b> 12:29PM – 2:06PM		Kaulava <b>Until 11:52AM</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> <b>Until 10:20PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 11:23PM				<b>Chaitra*Chaitra</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		

<b>5</b> Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau			Jalandhar, India Sun 27 Sutra 4
Kanya Rasi: 13.57	Tithi 14	<b>Gulika</b> 9:14AM – 10:51AM	<b>Hasta</b> <b>Until 9:21PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 5:59AM – 7:37AM	Vyaghata* <b>Until 2:52PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:58PM	Moon 3 - Phase 1
263483468	<b>Rahu</b> 2:06PM – 3:43PM		Gara <b>Until 8:52AM</b>	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 7:23PM</b>	Moon – Green	<b>Sivaloka Day</b>
Until 9:21PM				<b>Chaitra*Chaitra</b>	
Then Creative Work - Siddha Yoga					

<b>○</b> Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau			Jalandhar, India Sutra 5
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:36AM – 9:13AM	<b>Chitra</b> <b>Until 7:26PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:58AM	Vikarin 5121
Kanya Rasi: 28.34	Tithi 15 – 16	Yama 3:43PM – 5:21PM	Harshana <b>Until 11:29AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:58PM	Moon 3 - Phase 1
263483468	<b>Rahu</b> 10:51AM – 12:28PM		Balava <b>Until 6:00AM</b>	<b>Nataraja:</b> Purple	Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 4:39PM</b>	Moon – Green	<b>Sivaloka Day</b>
		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>	
		<b>Hanuman Jayanti</b>			

<b>Saturday, April 20, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Jalandhar, India Sutra 6
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:57AM – 7:35AM	<b>Svati</b> <b>Until 5:47PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:57AM	Vikarin 5121
Tula Rasi: 12.57	Tithi 16 – 17	Yama 2:06PM – 3:44PM	Vajra* <b>Until 8:21AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:59PM	Moon 3 - Phase 1
264483468	<b>Rahu</b> 9:13AM – 10:50AM		Taitila <b>Until 1:21AM Sun</b>	<b>Nataraja:</b> Purple	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 2:19PM</b>	Moon – Green	<b>Sivaloka Day</b>
				<b>Chaitra*Chaitra</b>	