



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Vishakha/Anuradha Nakshatra Vyalipata/Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey  
Sutra 16

Tula Rasi: 29.58 Tithi 17

273832369

**Gulika** 12:03PM – 1:48PM  
Yama 8:34AM – 10:18AM  
**Rahu** 3:32PM – 5:17PM

**Vishakha** Until 12:23PM  
Vyatipata\* Until 6:06AM  
Taitila Until 3:40PM  
**Dvitiya** Until 4:09AM Wed

**Ganesha:** Purple *Sunrise:* 5:04AM  
**Muruqa:** White *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Marana Yoga

Until 12:23PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Istanbul, Turkey  
Sun 1 Sutra 17

Vischika Rasi: 12.29 Tithi 18

273832369

**Gulika** 10:18AM – 12:03PM  
Yama 6:48AM – 8:33AM  
**Rahu** 12:03PM – 1:48PM

**Anuradha** Until 2:05PM  
Parigha\* Until 5:56AM Thu  
Vanija Until 4:49PM  
**Tritiya** Until 5:34AM Thu

**Ganesha:** Purple *Sunrise:* 5:03AM  
**Muruqa:** White *Sunset:* 7:03PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava Karana Chaturthayam Titau

Istanbul, Turkey  
Sun 2 Sutra 18

Vischika Rasi: 24.47 Tithi 19

274832369

**Gulika** 8:32AM – 10:18AM  
Yama 5:02AM – 6:47AM  
**Rahu** 1:48PM – 3:33PM

**Jyeshtha\*** Until 4:08PM  
Shiva Until 6:28AM Fri  
Bava Until 6:30PM  
**Chaturthi\*** Until 7:30AM Fri

**Ganesha:** Clear *Sunrise:* 5:02AM  
**Muruqa:** White *Sunset:* 7:04PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Prabalarishta Yoga

Until 4:08PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey  
Sun 3 Sutra 19

Dhanus Rasi: 6.52 Tithi 19 – 20

284832369

**Gulika** 6:46AM – 8:32AM  
Yama 3:34PM – 5:19PM  
**Rahu** 10:17AM – 12:03PM

**Mula\*** Until 6:59PM  
Shiva Until 6:28AM  
Kaulava Until 8:39PM  
**Chaturthi\*** Until 7:30AM

**Ganesha:** White *Sunrise:* 5:01AM  
**Muruqa:** White *Sunset:* 7:05PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

Until 6:59PM

Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashtayam Titau

Istanbul, Turkey  
Sun 4 Sutra 20

Dhanus Rasi: 18.47 Tithi 20 – 21

284832369

**Gulika** 4:59AM – 6:45AM  
Yama 1:49PM – 3:34PM  
**Rahu** 8:31AM – 10:17AM

**Purvashadha\*** Until 9:59PM  
Siddha Until 7:17AM  
Gara Until 11:07PM  
**Panchami** Until 9:50AM

**Ganesha:** White *Sunrise:* 4:59AM  
**Muruqa:** White *Sunset:* 7:06PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

Until 9:59PM

Then Routine Work - Marana Yoga

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashti/Saptamyam Titau

Istanbul, Turkey  
Sun 5 Sutra 21

Makara Rasi: 1 Tithi 21 – 22

284832369

**Gulika** 3:35PM – 5:21PM  
Yama 12:03PM – 1:49PM  
**Rahu** 5:21PM – 7:07PM

**Uttarashadha** Until 12:55AM Mon  
Sadhya Until 8:18AM  
Visti Until 1:42AM Mon  
**Shashti\*** Until 12:23PM

**Ganesha:** White *Sunrise:* 4:58AM  
**Muruqa:** White *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey  
Sun 6 Sutra 22

Makara Rasi: 12.25 Tithi 22 – 23

294832369

**Gulika** 1:49PM – 3:35PM  
Yama 10:16AM – 12:03PM  
**Rahu** 6:43AM – 8:30AM

**Shravana** Until 4:04AM Tue  
Subha Until 9:22AM  
Balava Until 4:08AM Tue  
**Saptami** Until 2:56PM

**Ganesha:** Yellow *Sunrise:* 4:57AM  
**Muruqa:** White *Sunset:* 7:08PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Creative Work Amrita Yoga

Until 4:04AM Tue

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey  
Sun 7 Sutra 23

Makara Rasi: 24.17 Tithi 23 – 24

294832369

**Gulika** 12:02PM – 1:49PM  
Yama 8:29AM – 10:16AM  
**Rahu** 3:36PM – 5:22PM

**Dhanishtha** Until 6:40AM Wed  
Sukla Until 10:14AM  
Taitila Until 6:10AM Wed  
**Ashtami\*** Until 5:12PM

**Ganesha:** Yellow *Sunrise:* 4:56AM  
**Muruqa:** White *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

<b>1</b>		<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau				Istanbul, Turkey Sun 8    Sutra 24	
Kumbha Rasi: 6.19	Tithi 24	<b>Gulika</b>	<b>10:15AM – 12:02PM</b>	<b>Dhanishtha Until 6:40AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 4:55AM</i>	Vilamba 5120		
		Yama	6:42AM – 8:29AM	Brahma Until 10:46AM	<b>Muruqa: White</b>	<i>Sunset: 7:10PM</i>	Moon 4 - Phase 4		
		294832369 <b>Rahu</b>	<b>12:02PM – 1:49PM</b>	Taitila Until 6:10AM	<b>Nataraja: Purple</b>		2nd Phase		
Routine Work	Prabalarishta Yoga			<b>Navami* Until 6:57PM</b>	<b>Moon – Purple</b>		<b>Bhuloka Day</b>		
Until 6:40AM					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau				Istanbul, Turkey Sun 9    Sutra 25	
Kumbha Rasi: 18.36	Tithi 25	<b>Gulika</b>	<b>8:28AM – 10:15AM</b>	<b>Shatabhishak Until 8:30AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 4:54AM</i>	Vilamba 5120		
		Yama	4:54AM – 6:41AM	Indra Until 10:49AM	<b>Muruqa: White</b>	<i>Sunset: 7:11PM</i>	Moon 4 - Phase 4		
		294832369 <b>Rahu</b>	<b>1:50PM – 3:37PM</b>	Vanija Until 7:35AM	<b>Nataraja: Purple</b>		2nd Phase		
Creative Work	Siddha Yoga			<b>Dashami Until 8:00PM</b>	<b>Moon – Purple</b>		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM		

<b>3</b>		<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey Sun 10    Sutra 26	
Meena Rasi: 1.13	Tithi 26	<b>Gulika</b>	<b>6:40AM – 8:27AM</b>	<b>Purvaproshtapada* Until 9:55AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 4:52AM</i>	Vilamba 5120		
		Yama	3:37PM – 5:25PM	Vaidhriti* Until 10:14AM	<b>Muruqa: White</b>	<i>Sunset: 7:12PM</i>	Moon 4 - Phase 4		
		214832369 <b>Rahu</b>	<b>10:15AM – 12:02PM</b>	Bava Until 8:14AM	<b>Nataraja: Purple</b>		2nd Phase		
Creative Work	Siddha Yoga			<b>Ekadashi* Until 8:14PM</b>	<b>Moon – Clear</b>		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM		

<b>4</b>		<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Istanbul, Turkey Sun 11    Sutra 27	
Meena Rasi: 14.14	Tithi 27	<b>Gulika</b>	<b>4:51AM – 6:39AM</b>	<b>Uttaraproshtapada Until 10:22AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 4:51AM</i>	Vilamba 5120		
		Yama	1:50PM – 3:38PM	Vishkambha* Until 9:01AM	<b>Muruqa: White</b>	<i>Sunset: 7:13PM</i>	Moon 4 - Phase 4		
		214932369 <b>Rahu</b>	<b>8:27AM – 10:15AM</b>	Kaulava Until 8:03AM	<b>Nataraja: Purple</b>		2nd Phase		
Creative Work	Siddha Yoga			<b>Dvadashi* Until 7:39PM</b>	<b>Moon – Clear</b>		<b>Bhuloka Day</b>		
Until 10:22AM					<b>Vaisaka-Chaitra</b>				
Then Routine Work - Prabalarishta Yoga									

<b>5</b>		<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey Sun 12    Sutra 28	
Meena Rasi: 27.41	Tithi 28	<b>Gulika</b>	<b>3:38PM – 5:26PM</b>	<b>Revati Until 9:53AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 4:50AM</i>	Vilamba 5120		
		Yama	12:02PM – 1:50PM	Priti Until 7:10AM	<b>Muruqa: White</b>	<i>Sunset: 7:14PM</i>	Moon 4 - Phase 4		
		214932369 <b>Rahu</b>	<b>5:26PM – 7:14PM</b>	Gara Until 7:05AM	<b>Nataraja: Purple</b>		2nd Phase		
Creative Work	Amrita Yoga			<b>Trayodashi* Until 6:18PM</b>	<b>Moon – Clear</b>		<b>Bhuloka Day</b>		
Until 9:53AM					<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata (Fasting)</i>		

<b>6</b>		<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey Sun 13    Sutra 29	
Mesha Rasi: 11.33	Tithi 29 – 30	<b>Gulika</b>	<b>1:50PM – 3:39PM</b>	<b>Ashvini Until 9:01AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 4:49AM</i>	Vilamba 5120		
<b>Family Home Evening</b>		Yama	10:14AM – 12:02PM	Saubhagya Until 1:51AM Tue	<b>Muruqa: White</b>	<i>Sunset: 7:15PM</i>	Moon 4 - Phase 4		
		224932369 <b>Rahu</b>	<b>6:38AM – 8:26AM</b>	Catuspada Until 3:09AM Tue	<b>Nataraja: Purple</b>		2nd Phase		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 4:20PM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey Sun 14    Sutra 30	
Mesha Rasi: 25.47	Tithi 30 – 1	<b>Gulika</b>	<b>12:02PM – 1:51PM</b>	<b>Bharani Until 7:28AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 4:48AM</i>	Vilamba 5120		
		Yama	8:25AM – 10:14AM	Sobhana Until 10:37PM	<b>Muruqa: White</b>	<i>Sunset: 7:16PM</i>	Moon 4 - Phase 4		
		224932369 <b>Rahu</b>	<b>3:39PM – 5:28PM</b>	Kintughna Until 12:29AM Wed	<b>Nataraja: Purple</b>		Amavasya		
Creative Work	Siddha Yoga			<b>Amavasya* Until 1:51PM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>		
					<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>		<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey Sun 15    Sutra 31	
Vrishabha Rasi: 10.17	Tithi 1 – 2	<b>Gulika</b>	<b>10:14AM – 12:02PM</b>	<b>Rohini Until 3:20AM Thu</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 4:47AM</i>	Vilamba 5120		
		Yama	6:36AM – 8:25AM	Athiganda* Until 7:08PM	<b>Muruqa: White</b>	<i>Sunset: 7:17PM</i>	Moon 4 - Phase 4		
		235932369 <b>Rahu</b>	<b>12:02PM – 1:51PM</b>	Balava Until 9:33PM	<b>Nataraja: Purple</b>		Prathama		
Creative Work	Siddha Yoga			<b>Prathama* Until 11:01AM</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>		
Until 3:20AM Thu					<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM		
Then Routine Work - Marana Yoga									

1	<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey
	Vrishabha Rasi: 24.58	Tithi 2 – 3	Sun 16	Sutra 32			
			235932369	Vilamba 5120			
	Routine Work	Marana Yoga		Moon 4 - Phase 5			
		<b>Gulika</b>	<b>8:24AM – 10:13AM</b>	<b>Mrigashira Until 1:05AM Fri</b>	<b>Ganesha: Yellow</b>	Sunrise: 4:46AM	
		Yama	4:46AM – 6:35AM	Sukarma Until 3:34PM	<b>Muruqa: White</b>	Sunset: 7:18PM	Moon 4 - Phase 5
		<b>Rahu</b>	<b>1:51PM – 3:40PM</b>	Taitila Until 6:30PM	<b>Nataraja: Purple</b>		3rd Phase
				<b>Dvitiya Until 8:01AM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

2	<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthayam Titau				Istanbul, Turkey
	Mithuna Rasi: 9.4	Tithi 4	Sun 17	Sutra 33			
			235932369	Vilamba 5120			
	Creative Work	Siddha Yoga		Moon 4 - Phase 5			
		<b>Gulika</b>	<b>6:35AM – 8:24AM</b>	<b>Ardra Until 10:46PM</b>	<b>Ganesha: Yellow</b>	Sunrise: 4:46AM	
		Yama	3:41PM – 5:30PM	Dhriti Until 12:00PM	<b>Muruqa: White</b>	Sunset: 7:19PM	Moon 4 - Phase 5
		<b>Rahu</b>	<b>10:13AM – 12:02PM</b>	Vanija Until 3:29PM	<b>Nataraja: Purple</b>		3rd Phase
				<b>Chaturthi* Until 2:00AM Sat</b>	Moon – Yellow	<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

3	<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey
	Mithuna Rasi: 24.18	Tithi 5	Sun 18	Sutra 34			
			245932369	Vilamba 5120			
	Creative Work	Siddha Yoga		Moon 4 - Phase 5			
		<b>Gulika</b>	<b>4:45AM – 6:34AM</b>	<b>Punarvasu Until 8:55PM</b>	<b>Ganesha: White</b>	Sunrise: 4:45AM	
		Yama	1:52PM – 3:41PM	Shula* Until 8:32AM	<b>Muruqa: White</b>	Sunset: 7:20PM	Moon 4 - Phase 5
		<b>Rahu</b>	<b>8:23AM – 10:13AM</b>	Bava Until 12:37PM	<b>Nataraja: Purple</b>		3rd Phase
				<b>Panchami Until 11:15PM</b>	Moon – Blue	<b>Devaloka Day</b>	
						Jyeshtha Adhika-Vaikasi	

4	<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey
	Kataka Rasi: 8.47	Tithi 6	Sun 19	Sutra 35			
			245932369	Vilamba 5120			
	Creative Work	Siddha Yoga		Moon 4 - Phase 5			
		<b>Gulika</b>	<b>3:42PM – 5:31PM</b>	<b>Pushya Until 7:13PM</b>	<b>Ganesha: White</b>	Sunrise: 4:44AM	
		Yama	12:02PM – 1:52PM	Vriddhi Until 2:17AM Mon	<b>Muruqa: White</b>	Sunset: 7:21PM	Moon 4 - Phase 5
		<b>Rahu</b>	<b>5:31PM – 7:21PM</b>	Kaulava Until 10:00AM	<b>Nataraja: Purple</b>		3rd Phase
				<b>Shashthi* Until 8:48PM</b>	Moon – Blue	<b>Devaloka Day</b>	
						Jyeshtha Adhika-Vaikasi	

5	<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey
	Kataka Rasi: 23.02	Tithi 7	Sun 20	Sutra 36			
	<b>Family Home Evening</b>		245932369	Vilamba 5120			
	Creative Work	Siddha Yoga		Moon 4 - Phase 5			
		<b>Gulika</b>	<b>1:52PM – 3:42PM</b>	<b>Ashlesha* Until 5:44PM</b>	<b>Ganesha: White</b>	Sunrise: 4:43AM	
		Yama	10:13AM – 12:02PM	Dhruva Until 11:35PM	<b>Muruqa: White</b>	Sunset: 7:22PM	Moon 4 - Phase 5
		<b>Rahu</b>	<b>6:33AM – 8:23AM</b>	Gara Until 7:43AM	<b>Nataraja: Purple</b>		3rd Phase
				<b>Saptami Until 6:42PM</b>	Moon – Blue	<b>Devaloka Day</b>	
						Jyeshtha Adhika-Vaikasi	

D	<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		Sun 21	Sutra 37			
	Simha Rasi: 7.02	Tithi 8 – 9	255932369	Vilamba 5120			
	Creative Work	Siddha Yoga		Moon 4 - Phase 5			
		<b>Gulika</b>	<b>12:03PM – 1:53PM</b>	<b>Magha* Until 4:55PM</b>	<b>Ganesha: Clear</b>	Sunrise: 4:42AM	
		Yama	8:22AM – 10:12AM	Vyaghata* Until 9:13PM	<b>Muruqa: White</b>	Sunset: 7:23PM	Moon 4 - Phase 5
		<b>Rahu</b>	<b>3:43PM – 5:33PM</b>	Balava Until 4:19AM Wed	<b>Nataraja: Purple</b>		Ashtami
				<b>Ashtami* Until 5:00PM</b>	Moon – Red	<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

D	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		Sun 22	Sutra 38			
	Simha Rasi: 20.47	Tithi 9 – 10	255932369	Vilamba 5120			
	Creative Work	Amrita Yoga		Moon 4 - Phase 5			
		<b>Gulika</b>	<b>10:12AM – 12:03PM</b>	<b>Purvaphalguni Until 4:23PM</b>	<b>Ganesha: Clear</b>	Sunrise: 4:41AM	
		Yama	6:32AM – 8:22AM	Harshana Until 7:12PM	<b>Muruqa: White</b>	Sunset: 7:24PM	Moon 4 - Phase 5
		<b>Rahu</b>	<b>12:03PM – 1:53PM</b>	Taitila Until 3:13AM Thu	<b>Nataraja: Purple</b>		Navami
				<b>Navami* Until 3:42PM</b>	Moon – Red	<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


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<b>1</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Kanya Rasi: 4.18	Tithi 10 – 11	<b>Gulika</b> 8:22AM – 10:12AM	<b>Uttaraphalguni</b> Until 4:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Sun 23 Sutra 39
		255932369	<b>Yama</b> 4:41AM – 6:31AM	Vajra* Until 5:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Vilamba 5120
	Amrita Yoga		<b>Rahu</b> 1:53PM – 3:44PM	Vanija Until 2:31AM Fri	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 4:05PM				<b>Dashami</b> Until 2:48PM	Moon – Red		4th Phase
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>2</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Vistil*/Bava Karana Ekadashi/Dvashyam Titau				Istanbul, Turkey
	Kanya Rasi: 17.35	Tithi 11 – 12	<b>Gulika</b> 6:31AM – 8:21AM	<b>Hasta</b> Until 4:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Sun 24 Sutra 40
		266932369	<b>Yama</b> 3:44PM – 5:35PM	Siddhi Until 4:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Vilamba 5120
	Creative Work Amrita Yoga		<b>Rahu</b> 10:12AM – 12:03PM	Bava Until 2:12AM Sat	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 4:28PM				<b>Ekadashi</b> Until 2:18PM	Moon – Green		4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyati-pata*/Varyan Yoga Balava/Kaulava Karana Dvashadi/Trayodashyam Titau				Istanbul, Turkey
	Tula Rasi: 0.41	Tithi 12 – 13	<b>Gulika</b> 4:39AM – 6:30AM	<b>Chitra</b> Until 5:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM	Sun 25 Sutra 41
		366932369	<b>Yama</b> 1:54PM – 3:45PM	Vyati-pata* Until 2:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM	Vilamba 5120
	Routine Work Marana Yoga		<b>Rahu</b> 8:21AM – 10:12AM	Kaulava Until 2:17AM Sun	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 5:05PM				<b>Dvashadi</b> Until 2:11PM	Moon – Green		4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	
					<i>Pradosha Vrata</i>		

<b>4</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Tula Rasi: 13.34	Tithi 13 – 14	<b>Gulika</b> 3:45PM – 5:36PM	<b>Svati</b> Until 5:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM	Sun 26 Sutra 42
		366932369	<b>Yama</b> 12:03PM – 1:54PM	Varyan Until 2:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:27PM	Vilamba 5120
	Creative Work Siddha Yoga		<b>Rahu</b> 5:36PM – 7:27PM	Gara Until 2:46AM Mon	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 5:56PM				<b>Trayodashi</b> Until 2:27PM	Moon – Green		4th Phase
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	

	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:54PM – 3:46PM	<b>Vishakha</b> Until 7:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	Sun 27 Sutra 43
Tula Rasi: 26.16	Tithi 14 – 15		<b>Yama</b> 10:12AM – 12:03PM	Parigha* Until 1:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:28PM	Vilamba 5120
<b>Family Home Evening</b>		376932369	<b>Rahu</b> 6:29AM – 8:21AM	Visti Until 3:41AM Tue	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Routine Work Marana Yoga				<b>Chaturdashi*</b> Until 3:09PM	Moon – Orange		Purnima
Until 7:30PM			<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

<b>Silver Retreat Star</b>	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey
	Vrischika Rasi: 8.46	Tithi 15 – 16	<b>Gulika</b> 12:03PM – 1:55PM	<b>Anuradha</b> Until 9:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	Sun 28 Sutra 44
		376932369	<b>Yama</b> 8:20AM – 10:12AM	Shiva Until 1:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM	Vilamba 5120
	Creative Work Siddha Yoga		<b>Rahu</b> 3:46PM – 5:37PM	Balava Until 5:03AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 9:22PM				<b>Purnima*</b> Until 4:17PM	Moon – Orange		Prathama
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM



**Wednesday, May 30, 2018**  
**Gold Retreat Star**

Vrischika Rasi: 21.04 Tithi 16 – 17

376932369

**Gulika** 10:12AM – 12:03PM  
**Yama** 6:29AM – 8:20AM  
**Rahu** 12:03PM – 1:55PM

**Jyeshtha\* Until 11:29PM**

Siddha Until 1:53PM

Taitila Until 6:51AM Thu

**Prathama\* Until 5:52PM**

**Ganesha:** Clear *Sunrise: 4:37AM*  
**Muruqa:** White *Sunset: 7:30PM*

**Nataraja:** Purple  
Moon – Orange

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Istanbul, Turkey  
Sutra 45  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga

Until 11:29PM

Then Routine Work - Marana Yoga

**1**

**Thursday, May 31, 2018**

Dhanus Rasi: 3.11 Tithi 17

386932369

**Gulika** 8:20AM – 10:12AM  
**Yama** 4:36AM – 6:28AM  
**Rahu** 1:55PM – 3:47PM

**Mula\* Until 2:19AM Fri**

Sadhya Until 2:27PM

Taitila Until 6:51AM

**Dvitiya Until 7:53PM**

**Ganesha:** White *Sunrise: 4:36AM*  
**Muruqa:** White *Sunset: 7:30PM*

**Nataraja:** Purple  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Istanbul, Turkey  
Sun 1 Sutra 46  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga

Until 2:19AM Fri

Then Routine Work - Prabalarishta Yoga

**2**

**Friday, June 1, 2018**

Dhanus Rasi: 15.09 Tithi 18

387932369

**Gulika** 6:28AM – 8:20AM  
**Yama** 3:47PM – 5:39PM  
**Rahu** 10:12AM – 12:04PM

**Purvashadha\* Until 5:17AM Sat**

Subha Until 3:18PM

Vanija Until 9:02AM

**Tritiya Until 10:13PM**

**Ganesha:** Yellow *Sunrise: 4:36AM*  
**Muruqa:** White *Sunset: 7:31PM*

**Nataraja:** Purple  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Istanbul, Turkey  
Sun 2 Sutra 47  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Prabalarishta Yoga

Until 5:17AM Sat

Then Routine Work - Marana Yoga

**3**

**Saturday, June 2, 2018**

Dhanus Rasi: 27 Tithi 19

387932369

**Gulika** 4:36AM – 6:28AM  
**Yama** 1:56PM – 3:48PM  
**Rahu** 8:20AM – 10:12AM

**Uttarashadha Until 8:15AM Sun**

Sukla Until 4:20PM

Bava Until 11:30AM

**Chaturthi\* Until 12:47AM Sun**

**Ganesha:** Yellow *Sunrise: 4:36AM*  
**Muruqa:** White *Sunset: 7:32PM*

**Nataraja:** Purple  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Istanbul, Turkey  
Sun 3 Sutra 48  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Marana Yoga

Until 8:15AM Sun

Then Creative Work - Amrita Yoga

**4**

**Sunday, June 3, 2018**

Makara Rasi: 8.48 Tithi 20

387932369

**Gulika** 3:48PM – 5:40PM  
**Yama** 12:04PM – 1:56PM  
**Rahu** 5:40PM – 7:33PM

**Uttarashadha Until 8:15AM**

Brahma Until 5:27PM

Kaulava Until 2:06PM

**Panchami Until 3:22AM Mon**

**Ganesha:** Yellow *Sunrise: 4:35AM*  
**Muruqa:** White *Sunset: 7:33PM*

**Nataraja:** Purple  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Istanbul, Turkey  
Sun 4 Sutra 49  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Amrita Yoga

**5**

**Monday, June 4, 2018**

Makara Rasi: 20.35 Tithi 21

397932369

**Gulika** 1:56PM – 3:49PM  
**Yama** 10:12AM – 12:04PM  
**Rahu** 6:27AM – 8:19AM

**Shravana Until 11:32AM**

Indra Until 6:30PM

Gara Until 4:37PM

**Shashthi\* Until 5:46AM Tue**

**Ganesha:** Blue *Sunrise: 4:35AM*  
**Muruqa:** White *Sunset: 7:33PM*

**Nataraja:** Purple  
Moon – Purple

**Devaloka Day**

Istanbul, Turkey  
Sun 5 Sutra 50  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Amrita Yoga

Until 11:32AM

Then Creative Work - Siddha Yoga

**6**

**Tuesday, June 5, 2018**

Kumbha Rasi: 2.28 Tithi 22

397132361

**Gulika** 12:04PM – 1:57PM  
**Yama** 8:19AM – 10:12AM  
**Rahu** 3:49PM – 5:42PM

**Dhanishta Until 2:25PM**

Vaidhriti\* Until 7:17PM

Visti Until 6:51PM

**Saptami Until 7:45AM Wed**

**Ganesha:** Purple *Sunrise: 4:34AM*  
**Muruqa:** White *Sunset: 7:34PM*

**Nataraja:** White  
Moon – Purple

**Devaloka Day**

Istanbul, Turkey  
Sun 6 Sutra 51  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga

Until 2:25PM

Then Routine Work - Marana Yoga

**Retreat Star**

**Wednesday, June 6, 2018**

Kumbha Rasi: 14.29 Tithi 22 – 23

397132361

**Gulika** 10:12AM – 12:04PM  
**Yama** 6:27AM – 8:19AM  
**Rahu** 12:04PM – 1:57PM

**Shatabhishak Until 4:39PM**

Vishkambha\* Until 7:41PM

Balava Until 8:33PM

**Saptami Until 7:45AM**

**Ganesha:** Purple *Sunrise: 4:34AM*  
**Muruqa:** White *Sunset: 7:35PM*

**Nataraja:** White  
Moon – Purple

**Devaloka Day**

Istanbul, Turkey  
Sun 7 Sutra 52  
Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

**Retreat Star**

**Thursday, June 7, 2018**

Kumbha Rasi: 26.46 Tithi 23 – 24

317132361

**Gulika** 8:19AM – 10:12AM  
**Yama** 4:34AM – 6:27AM  
**Rahu** 1:57PM – 3:50PM

**Purvaproshtapada\* Until 6:33PM**

Priti Until 7:33PM

Taitila Until 9:33PM

**Ashtami\* Until 9:08AM**

**Ganesha:** Blue *Sunrise: 4:34AM*  
**Muruqa:** White *Sunset: 7:35PM*

**Nataraja:** White  
Moon – Clear

**Devaloka Day**

Istanbul, Turkey  
Sun 8 Sutra 53  
Vilamba 5120  
Moon 5 - Phase 7  
Navami

Creative Work Siddha Yoga

<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Istanbul, Turkey Sun 9 Sutra 54
Meena Rasi: 9.23	Tithi 24 – 25	<b>Gulika</b> 6:26AM – 8:19AM	<b>Uttaraproshtapada</b> Until 7:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:34AM	Vilamba 5120
		Yama 3:50PM – 5:43PM	Ayushman Until 6:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 8
318132361		<b>Rahu</b> 10:12AM – 12:05PM	Vanija Until 9:44PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:44AM	Moon – Clear		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Istanbul, Turkey Sun 10 Sutra 55
Meena Rasi: 22.23	Tithi 25 – 26	<b>Gulika</b> 4:33AM – 6:26AM	<b>Revati</b> Until 7:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:33AM	Vilamba 5120
		Yama 1:58PM – 3:51PM	Saubhagya Until 5:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 8
318132361		<b>Rahu</b> 8:19AM – 10:12AM	Bava Until 9:04PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 9:29AM	Moon – Clear		<b>Bhuloka Day</b>
Until 7:29PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey Sun 11 Sutra 56
Mesha Rasi: 5.52	Tithi 26 – 27	<b>Gulika</b> 3:51PM – 5:44PM	<b>Ashvini</b> Until 6:58PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120
		Yama 12:05PM – 1:58PM	Sobhana Until 3:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 5:44PM – 7:37PM	Kaulava Until 7:36PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:25AM	Moon – White		<b>Bhuloka Day</b>
Until 6:58PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 12 Sutra 57
Mesha Rasi: 19.47	Tithi 27 – 28	<b>Gulika</b> 1:58PM – 3:51PM	<b>Bharani</b> Until 5:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:12AM – 12:05PM	Athiganda* Until 12:30PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 6:26AM – 8:19AM	Vanija Until 4:05AM Tue	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 6:34AM	Moon – White		<b>Bhuloka Day</b>
Until 5:35PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey Sun 13 Sutra 58
Vrishabha Rasi: 4.08	Tithi 29	<b>Gulika</b> 12:05PM – 1:59PM	<b>Krittika</b> Until 3:29PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120
		Yama 8:19AM – 10:12AM	Sukarma Until 9:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 3:52PM – 5:45PM	Visti Until 2:40PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:06AM Wed	Moon – White		<b>Bhuloka Day</b>
Until 3:29PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Istanbul, Turkey Sun 14 Sutra 59
<b>Retreat Star</b>		<b>Gulika</b> 10:12AM – 12:06PM	<b>Rohini</b> Until 1:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:33AM	Vilamba 5120
Vrishabha Rasi: 18.5	Tithi 30	Yama 6:26AM – 8:19AM	Shula* Until 1:52AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 8
338132361		<b>Rahu</b> 12:06PM – 1:59PM	Catuspada Until 11:30AM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 9:47PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Istanbul, Turkey Sun 15 Sutra 60
<b>Retreat Star</b>		<b>Gulika</b> 8:19AM – 10:13AM	<b>Mrigashira</b> Until 10:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:33AM	Vilamba 5120
Mithuna Rasi: 3.46	Tithi 1	Yama 4:33AM – 6:26AM	Ganda* Until 9:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 8
339132361		<b>Rahu</b> 1:59PM – 3:52PM	Kintughna Until 8:03AM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 6:16PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Istanbul, Turkey Sun 16 Sutra 61	
Mithuna Rasi: 18.48	Tithi 2 - 3	<b>Gulika</b> 6:26AM - 8:19AM	<b>Ardra Until 7:46AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 3:53PM - 5:46PM	Vriddhi Until 5:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 9	
		339132361 <b>Rahu</b> 10:13AM - 12:06PM	Taitila Until 1:02AM Sat	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 2:44PM</b>	Moon - Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Istanbul, Turkey Sun 17 Sutra 62	
Kataka Rasi: 3.47	Tithi 3 - 4	<b>Gulika</b> 4:33AM - 6:26AM	<b>Pushya Until 2:51AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 2:00PM - 3:53PM	Dhruva Until 2:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 9	
		349132361 <b>Rahu</b> 8:20AM - 10:13AM	Vanija Until 9:44PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 11:20AM</b>	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Istanbul, Turkey Sun 18 Sutra 63	
Kataka Rasi: 18.35	Tithi 4 - 5	<b>Gulika</b> 3:53PM - 5:47PM	<b>Ashlesha* Until 12:40AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 12:07PM - 2:00PM	Vyaghata* Until 10:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 9	
		349132361 <b>Rahu</b> 5:47PM - 7:40PM	Bava Until 6:46PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:11AM</b>	Moon - Blue		<b>Bhuloka Day</b>	
Until 12:40AM Mon		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Istanbul, Turkey Sun 19 Sutra 64	
Simha Rasi: 3.06	Tithi 6	<b>Gulika</b> 2:00PM - 3:54PM	<b>Magha* Until 11:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:13AM - 12:07PM	Harshana Until 7:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 6:26AM - 8:20AM	Kaulava Until 4:15PM	<b>Nataraja:</b> White		3rd Phase	
Until 11:14PM			<b>Shashthi* Until 3:09AM Tue</b>	Moon - Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			

<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Istanbul, Turkey Sun 20 Sutra 65	
Simha Rasi: 17.17	Tithi 7	<b>Gulika</b> 12:07PM - 2:00PM	<b>Purvaphalguni Until 10:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 8:20AM - 10:13AM	Siddhi Until 1:55AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9	
		359132361 <b>Rahu</b> 3:54PM - 5:47PM	Gara Until 2:15PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 1:27AM Wed</b>	Moon - Red		<b>Devaloka Day</b>	
Until 10:12PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Istanbul, Turkey Sun 21 Sutra 66	
Kanya Rasi: 1.07	Tithi 8	<b>Gulika</b> 10:14AM - 12:07PM	<b>Uttaraphalguni Until 9:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 6:27AM - 8:20AM	Vyatipata* Until 12:01AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9	
		359132361 <b>Rahu</b> 12:07PM - 2:01PM	Visti Until 12:49PM	<b>Nataraja:</b> White		Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami* Until 12:19AM Thu</b>	Moon - Red		<b>Devaloka Day</b>	
Until 9:36PM		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Istanbul, Turkey Sun 22 Sutra 67	
Kanya Rasi: 14.35	Tithi 9	<b>Gulika</b> 8:20AM - 10:14AM	<b>Hasta Until 9:54PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 4:33AM - 6:27AM	Variyan Until 10:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9	
		369132361 <b>Rahu</b> 2:01PM - 3:54PM	Balava Until 12:00PM	<b>Nataraja:</b> White		Navami	
Routine Work	Marana Yoga		<b>Navami* Until 11:47PM</b>	Moon - Green		<b>Bhuloka Day</b>	
Until 9:54PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey Sun 23 Sutra 68
	Kanya Rasi: 27.44	Tithi 10	<b>Gulika</b> 6:27AM – 8:21AM	<b>Chitra</b> Until 10:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:34AM	Vilamba 5120
			Yama 3:54PM – 5:48PM	Parigha* Until 9:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 10
	361132361	<b>Rahu</b> 10:14AM – 12:08PM		Taitila Until 11:45AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:49PM	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			


<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 24 Sutra 69
	Tula Rasi: 11	Tithi 11	<b>Gulika</b> 4:34AM – 6:27AM	<b>Svati</b> Until 11:38PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:34AM	Vilamba 5120
			Yama 2:01PM – 3:55PM	Shiva Until 8:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
	361132361	<b>Rahu</b> 8:21AM – 10:14AM		Vanija Until 12:03PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 12:21AM Sun	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Istanbul, Turkey Sun 25 Sutra 70
	Tula Rasi: 23.14	Tithi 12	<b>Gulika</b> 3:55PM – 5:48PM	<b>Vishakha</b> Until 1:28AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:34AM	Vilamba 5120
			Yama 12:08PM – 2:01PM	Siddha Until 8:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 5:48PM – 7:42PM		Bava Until 12:50PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 1:23AM Mon	Moon – Orange		<b>Devaloka Day</b>	
Until 1:28AM Mon				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 71
	Vrischika Rasi: 5.39	Tithi 13	<b>Gulika</b> 2:02PM – 3:55PM	<b>Anuradha</b> Until 3:33AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:35AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:15AM – 12:08PM	Sadhya Until 8:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 6:28AM – 8:21AM		Kaulava Until 2:05PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 2:50AM Tue	Moon – Orange		<b>Devaloka Day</b>	
Until 3:33AM Tue				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 72
	Vrischika Rasi: 17.53	Tithi 14	<b>Gulika</b> 12:08PM – 2:02PM	<b>Jyeshtha*</b> Until 5:51AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:35AM	Vilamba 5120
			Yama 8:22AM – 10:15AM	Subha Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 3:55PM – 5:49PM		Gara Until 3:44PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 4:40AM Wed	Moon – Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey Sun 28 Sutra 73
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:15AM – 12:09PM	<b>Mula*</b> Until 8:48AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:35AM	Vilamba 5120
	Vrischika Rasi: 29.59	Tithi 15	Yama 6:29AM – 8:22AM	Sukla Until 10:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 12:09PM – 2:02PM		Visti Until 5:45PM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> Until 6:51AM Thu	Moon – Orange		<b>Devaloka Day</b>	
Until 8:48AM Thu				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey Sun 29 Sutra 74
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:22AM – 10:15AM	<b>Mula*</b> Until 8:48AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:36AM	Vilamba 5120
	Dhanus Rasi: 11.56	Tithi 15 – 16	Yama 4:36AM – 6:29AM	Brahma Until 10:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
	381142361	<b>Rahu</b> 2:02PM – 3:55PM		Balava Until 8:03PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:51AM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Dhanus Rasi: 23.47 Tithi 16 - 17

381142361

**Gulika** 6:29AM - 8:22AM  
Yama 3:55PM - 5:49PM  
**Rahu** 10:16AM - 12:09PM

**Purvashadha\* Until 11:49AM**  
Indra Until 12:02AM Sat  
Taitila Until 10:34PM  
**Prathama\* Until 9:16AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:36AM  
**Sunset:** 7:42PM

Routine Work Prabalarishta Yoga  
Until 11:49AM  
Then Routine Work - Marana Yoga

**1 Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukhtayam  
Uttarashadha\*/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Makara Rasi: 5.35 Tithi 17 - 18

381242361

**Gulika** 4:36AM - 6:30AM  
Yama 2:02PM - 3:56PM  
**Rahu** 8:23AM - 10:16AM

**Uttarashadha Until 2:47PM**  
Vaidhriti\* Until 1:09AM Sun  
Vanija Until 1:10AM Sun  
**Dvitiya Until 11:51AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:36AM  
**Sunset:** 7:42PM

Routine Work Marana Yoga  
Until 2:47PM  
Then Creative Work - Siddha Yoga

**2 Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Shravana Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturchayam Titau

Istanbul, Turkey

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Devaloka Time: 12:PM to 3:PM

Makara Rasi: 17.22 Tithi 18 - 19

391242361

**Gulika** 3:56PM - 5:49PM  
Yama 12:09PM - 2:02PM  
**Rahu** 5:49PM - 7:42PM

**Shravana Until 6:06PM**  
Vishkambha\* Until 2:14AM Mon  
Bava Until 3:43AM Mon  
**Tritiya Until 2:26PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:37AM  
**Sunset:** 7:42PM

Creative Work Amrita Yoga  
Until 6:06PM  
Then Routine Work - Marana Yoga

**3 Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukhtayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Makara Rasi: 29.11 Tithi 19 - 20

391242361

**Gulika** 2:03PM - 3:56PM  
Yama 10:17AM - 12:10PM  
**Rahu** 6:30AM - 8:23AM

**Dhanishtha Until 9:05PM**  
Priti Until 3:10AM Tue  
Kaulava Until 6:01AM Tue  
**Chaturthi\* Until 4:53PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:37AM  
**Sunset:** 7:42PM

**Family Home Evening**  
Creative Work Siddha Yoga

**4 Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Kumbha Rasi: 11.05 Tithi 20

392242361

**Gulika** 12:10PM - 2:03PM  
Yama 8:24AM - 10:17AM  
**Rahu** 3:56PM - 5:49PM

**Shatabhishak Until 11:34PM**  
Ayushman Until 3:46AM Wed  
Kaulava Until 6:01AM  
**Panchami Until 7:00PM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:38AM  
**Sunset:** 7:41PM

Routine Work Marana Yoga

**5 Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukhtayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Kumbha Rasi: 23.1 Tithi 21

312242361

**Gulika** 10:17AM - 12:10PM  
Yama 6:31AM - 8:24AM  
**Rahu** 12:10PM - 2:03PM

**Purvaproshtapada\* Until 1:53AM Thu**  
Saubhagya Until 3:58AM Thu  
Gara Until 7:55AM  
**Shashthi\* Until 8:38PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:39AM  
**Sunset:** 7:41PM

Creative Work Amrita Yoga  
Until 1:53AM Thu  
Then Creative Work - Siddha Yoga

**6 Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukhtayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Istanbul, Turkey

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

**Devaloka Day**

Meena Rasi: 5.27 Tithi 22

312242361

**Gulika** 8:25AM - 10:17AM  
Yama 4:39AM - 6:32AM  
**Rahu** 2:03PM - 3:56PM

**Uttaraproshtapada Until 3:23AM Fri**  
Sobhana Until 3:39AM Fri  
Visti Until 9:15AM  
**Saptami Until 9:38PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:39AM  
**Sunset:** 7:41PM

Creative Work Siddha Yoga

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

**Devaloka Day**

Meena Rasi: 18.02 Tithi 23

312242361

**Gulika** 6:32AM - 8:25AM  
Yama 3:55PM - 5:48PM  
**Rahu** 10:18AM - 12:10PM

**Revati Until 3:59AM Sat**  
Athiganda\* Until 2:43AM Sat  
Balava Until 9:53AM  
**Ashtami\* Until 9:54PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:40AM  
**Sunset:** 7:41PM

Creative Work Siddha Yoga

**Saturday, July 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukhtayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

**Devaloka Day**

Mesha Rasi: 1 Tithi 24

422242361

**Gulika** 4:40AM - 6:33AM  
Yama 2:03PM - 3:55PM  
**Rahu** 8:25AM - 10:18AM

**Ashvini Until 4:07AM Sun**  
Sukarma Until 1:09AM Sun  
Taitila Until 9:44AM  
**Navami\* Until 9:21PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - White  
**Jyeshtha-Ani**

**Sunrise:** 4:40AM  
**Sunset:** 7:40PM

Creative Work Siddha Yoga  
Until 4:07AM Sun  
Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visi* Karana Dashamyam Titau		Istanbul, Turkey Sun 9 Sutra 84
Mesha Rasi: 14.23	Tithi 25	<b>Gulika</b> 3:55PM – 5:48PM	<b>Bharani Until 3:18AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:41AM
		Yama 12:11PM – 2:03PM	Dhriti Until 10:58PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:40PM
	422242361	<b>Rahu</b> 5:48PM – 7:40PM	Vanija Until 8:48AM	<b>Nataraja:</b> White
Routine Work	Prabalarishta Yoga		Dashami Until 8:01PM	Moon – White
Until 3:18AM Mon				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Kritika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 10 Sutra 85
Mesha Rasi: 28.14	Tithi 26 – 27	<b>Gulika</b> 2:03PM – 3:55PM	<b>Krittika Until 1:40AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:42AM
<b>Family Home Evening</b>		Yama 10:18AM – 12:11PM	Shula* Until 8:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:40PM
Routine Work	Marana Yoga	<b>Rahu</b> 6:34AM – 8:26AM	Bava Until 7:05AM	<b>Nataraja:</b> White
Until 1:40AM Tue			Ekadashi* Until 5:57PM	Moon – White
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 11 Sutra 86
Vrishabha Rasi: 12.31	Tithi 27 – 28	<b>Gulika</b> 12:11PM – 2:03PM	<b>Rohini Until 11:44PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:42AM
		Yama 8:27AM – 10:19AM	Ganda* Until 4:52PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:39PM
	432242361	<b>Rahu</b> 3:55PM – 5:47PM	Gara Until 1:44AM Wed	<b>Nataraja:</b> White
Creative Work	Amrita Yoga		Dvadashi* Until 3:15PM	Moon – Yellow
Until 11:44PM				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Jyeshtha-Ani</b>
				<i>Pradosha Vrata (Fasting)</i>

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 12 Sutra 87
Vrishabha Rasi: 27.11	Tithi 28 – 29	<b>Gulika</b> 10:19AM – 12:11PM	<b>Mrigashira Until 9:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:43AM
		Yama 6:35AM – 8:27AM	Vridhi Until 1:11PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:39PM
	432242361	<b>Rahu</b> 12:11PM – 2:03PM	Visti Until 10:22PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		Trayodashi* Until 12:04PM	Moon – Yellow
				<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Jyeshtha-Ani</b>

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Istanbul, Turkey Sun 13 Sutra 88
<b>Retreat Star</b>		<b>Gulika</b> 8:27AM – 10:19AM	<b>Ardra Until 6:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:44AM
Mithuna Rasi: 12.1	Tithi 29 – 30	Yama 4:44AM – 6:36AM	Dhruva Until 9:12AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:38PM
	432242361	<b>Rahu</b> 2:03PM – 3:55PM	Catuspada Until 6:43PM	<b>Nataraja:</b> White
Routine Work	Marana Yoga		Chaturdashi* Until 8:33AM	Moon – Yellow
Until 6:17PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Jyeshtha-Ani</b>

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 14 Sutra 89
<b>Retreat Star</b>		<b>Gulika</b> 6:36AM – 8:28AM	<b>Punarvasu Until 3:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:44AM
Mithuna Rasi: 27.19	Tithi 1	Yama 3:55PM – 5:46PM	Harshana Until 12:55AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:38PM
	442242361	<b>Rahu</b> 10:20AM – 12:11PM	Kintughna Until 2:58PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sat	Moon – Blue
Until 3:30PM				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Ashada-Ani</b>
				<b>Partial Solar Eclipse</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Istanbul, Turkey Sun 15 Sutra 90	
Kataka Rasi: 12.29	Tithi 2	<b>Gulika</b> 4:45AM – 6:37AM	<b>Pushya</b> <b>Until 12:38PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:45AM	Vilamba 5120		
		Yama 2:03PM – 3:54PM	Vajra* <b>Until 8:51PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 13		
		442242361 <b>Rahu</b> 8:28AM – 10:20AM	Balava <b>Until 11:16AM</b>	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 9:28PM</b>	Moon – Blue		<b>Bhuloka Day</b>		
Until 12:38PM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau			Istanbul, Turkey Sun 16 Sutra 91	
Kataka Rasi: 27.31	Tithi 3	<b>Gulika</b> 3:54PM – 5:45PM	<b>Ashlesha*</b> <b>Until 9:51AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM	Vilamba 5120		
		Yama 12:11PM – 2:03PM	Siddhi <b>Until 5:02PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 13		
		442242361 <b>Rahu</b> 5:45PM – 7:37PM	Taitila <b>Until 7:46AM</b>	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 6:07PM</b>	Moon – Blue		<b>Bhuloka Day</b>		
Until 9:51AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau			Istanbul, Turkey Sun 17 Sutra 92	
Simha Rasi: 12.17	Tithi 4 – 5	<b>Gulika</b> 2:03PM – 3:54PM	<b>Magha*</b> <b>Until 7:43AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:47AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama 10:20AM – 12:11PM	Vyatipata* <b>Until 1:34PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 13		
453242361 <b>Rahu</b> 6:38AM – 8:29AM			Bava <b>Until 1:57AM Tue</b>	<b>Nataraja:</b> White		3rd Phase		
Routine Work	Marana Yoga		<b>Chaturthi*</b> <b>Until 3:12PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 7:43AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Istanbul, Turkey Sun 18 Sutra 93	
Simha Rasi: 26.41	Tithi 5 – 6	<b>Gulika</b> 12:12PM – 2:03PM	<b>Uttaraphalguni</b> <b>Until 4:39AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM	Vilamba 5120		
		Yama 8:30AM – 10:21AM	Varyan <b>Until 10:31AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 13		
		453242362 <b>Rahu</b> 3:54PM – 5:45PM	Kaulava <b>Until 11:53PM</b>	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 12:49PM</b>	Moon – Red		<b>Devaloka Day</b>		
Until 4:39AM Wed				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Istanbul, Turkey Sun 19 Sutra 94	
Kanya Rasi: 10.41	Tithi 6 – 7	<b>Gulika</b> 10:21AM – 12:12PM	<b>Hasta</b> <b>Until 4:20AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM	Vilamba 5120		
		Yama 6:39AM – 8:30AM	Parigha* <b>Until 8:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b> 12:12PM – 2:02PM	Gara <b>Until 10:31PM</b>	<b>Nataraja:</b> Clear		3rd Phase		
Routine Work	Marana Yoga		<b>Shashthi*</b> <b>Until 11:06AM</b>	Moon – Green		<b>Sivaloka Day</b>		
Until 4:20AM Thu				<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau			Istanbul, Turkey Sun 20 Sutra 95	
Kanya Rasi: 24.15	Tithi 7 – 8	<b>Gulika</b> 8:30AM – 10:21AM	<b>Chitra</b> <b>Until 4:37AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Vilamba 5120		
		Yama 4:49AM – 6:40AM	Shiva <b>Until 6:06AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b> 2:02PM – 3:53PM	Visti <b>Until 9:52PM</b>	<b>Nataraja:</b> Clear		Ashtami		
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 10:05AM</b>	Moon – Green		<b>Sivaloka Day</b>		
				<b>Ashada*Adi</b>				

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Istanbul, Turkey Sun 21 Sutra 96	
Tula Rasi: 7.25	Tithi 8 – 9	<b>Gulika</b> 6:40AM – 8:31AM	<b>Svati</b> <b>Until 5:26AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Vilamba 5120		
		Yama 3:53PM – 5:43PM	Sadhya <b>Until 3:58AM Sat</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b> 10:21AM – 12:12PM	Balava <b>Until 9:57PM</b>	<b>Nataraja:</b> Clear		Navami		
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 9:48AM</b>	Moon – Green		<b>Sivaloka Day</b>		
				<b>Ashada*Adi</b>				

<b>1</b>		<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Istanbul, Turkey Sun 22 Sutra 97	
Tula Rasi: 20.13	Tithi 9 – 10	<b>Gulika</b> 4:51AM – 6:41AM	<b>Vishakha</b> Until 7:12AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Vilamba 5120	
		Yama 2:02PM – 3:52PM	Subha Until 3:44AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 8:31AM – 10:22AM	Taitila Until 10:42PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 10:13AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 7:12AM Sun				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Istanbul, Turkey Sun 23 Sutra 98	
Vrischika Rasi: 2.43	Tithi 10 – 11	<b>Gulika</b> 3:52PM – 5:42PM	<b>Vishakha</b> Until 7:12AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Vilamba 5120	
		Yama 12:12PM – 2:02PM	Sukla Until 3:54AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 5:42PM – 7:32PM	Vanija Until 12:02AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 11:17AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3</b>		<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 24 Sutra 99	
Vrischika Rasi: 14.58	Tithi 11 – 12	<b>Gulika</b> 2:02PM – 3:52PM	<b>Anuradha</b> Until 9:20AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:22AM – 12:12PM	Brahma Until 4:26AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:42AM – 8:32AM	Bava Until 1:52AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 12:52PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>		<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 25 Sutra 100	
Vrischika Rasi: 27.02	Tithi 12 – 13	<b>Gulika</b> 12:12PM – 2:02PM	<b>Jyeshtha*</b> Until 11:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 8:33AM – 10:23AM	Indra Until 5:16AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 3:51PM – 5:41PM	Kaulava Until 4:03AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 2:54PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 11:45AM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 26 Sutra 101	
Dhanus Rasi: 8.58	Tithi 13 – 14	<b>Gulika</b> 10:23AM – 12:12PM	<b>Mula*</b> Until 2:48PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 6:44AM – 8:33AM	Vaidhriti* Until 6:15AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 12:12PM – 2:01PM	Gara Until 6:30AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 5:14PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 2:48PM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Istanbul, Turkey Sun 27 Sutra 102	
Dhanus Rasi: 20.49	Tithi 14	<b>Gulika</b> 8:34AM – 10:23AM	<b>Purvashadha*</b> Until 5:53PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:55AM	Vilamba 5120	
		Yama 4:55AM – 6:45AM	Vaidhriti* Until 6:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 2:01PM – 3:50PM	Gara Until 6:30AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 5:53PM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Istanbul, Turkey Sutra 103	
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:45AM – 8:34AM	<b>Uttarashadha</b> Until 8:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:56AM	Vilamba 5120	
Makara Rasi: 2.37	Tithi 15	Yama 3:50PM – 5:39PM	Vishkambha* Until 7:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 10:23AM – 12:12PM	Visti Until 9:05AM	<b>Nataraja:</b> Clear		Purnima	
Routine Work	Marana Yoga		<b>Purnima* Until 10:21PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
		<b>Total Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>○</b>		<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Istanbul, Turkey Sutra 104	
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:57AM – 6:46AM	<b>Shravana</b> Until 12:08AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:57AM	Vilamba 5120	
Makara Rasi: 14.24	Tithi 16	Yama 2:01PM – 3:49PM	Priti Until 8:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 14	
		493342362 <b>Rahu</b> 8:35AM – 10:23AM	Balava Until 11:39AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 12:53AM Sun</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 12:08AM Sun				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Istanbul, Turkey  
Sun 1 Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 26.13 Tithi 17  
493342362 Rahu  
Routine Work Marana Yoga  
Until 3:03AM Mon  
Then Creative Work - Siddha Yoga

Gulika 3:49PM - 5:37PM  
Yama 12:12PM - 2:00PM  
Rahu 5:37PM - 7:26PM

**Dhanishtha Until 3:03AM Mon**  
Ayushman Until 9:29AM  
Taitila Until 2:06PM  
**Dvitiya Until 3:14AM Mon**

Ganesha: Blue Sunrise: 4:58AM  
Muruga: Clear Sunset: 7:26PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trilyayam Titau

Istanbul, Turkey  
Sun 2 Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 8.07 Tithi 18  
494342362 Rahu  
Family Home Evening  
Creative Work Siddha Yoga  
Until 5:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 2:00PM - 3:48PM  
Yama 10:24AM - 12:12PM  
Rahu 6:47AM - 8:35AM

**Shatabhishak Until 5:32AM Tue**  
Saubhagya Until 10:20AM  
Vanija Until 4:19PM  
**Tritiya Until 5:17AM Tue**

Ganesha: Blue Sunrise: 4:59AM  
Muruga: Clear Sunset: 7:25PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava Karana Chaturtham Titau

Istanbul, Turkey  
Sun 3 Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 20.08 Tithi 19  
414342362 Rahu  
Routine Work Marana Yoga  
Until 7:57AM Wed  
Then Creative Work - Siddha Yoga

Gulika 12:12PM - 2:00PM  
Yama 8:36AM - 10:24AM  
Rahu 3:48PM - 5:36PM

**Purvaproshtapada\* Until 7:57AM Wed**  
Sobhana Until 10:58AM  
Bava Until 6:11PM  
**Chaturthi\* Until 6:56AM Wed**

Ganesha: White Sunrise: 5:00AM  
Muruga: Clear Sunset: 7:24PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey  
Sun 4 Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 2.19 Tithi 19 - 20  
414342362 Rahu  
Creative Work Amrita Yoga  
Until 7:57AM  
Then Creative Work - Siddha Yoga

Gulika 10:24AM - 12:12PM  
Yama 6:49AM - 8:36AM  
Rahu 12:12PM - 1:59PM

**Purvaproshtapada\* Until 7:57AM**  
Athiganda\* Until 11:14AM  
Kaulava Until 7:36PM  
**Chaturthi\* Until 6:56AM**

Ganesha: White Sunrise: 5:01AM  
Muruga: Clear Sunset: 7:22PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Istanbul, Turkey  
Sun 5 Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 14.43 Tithi 20 - 21  
414342362 Rahu  
Creative Work Siddha Yoga

Gulika 8:37AM - 10:24AM  
Yama 5:02AM - 6:49AM  
Rahu 1:59PM - 3:47PM

**Uttaraproshtapada Until 9:43AM**  
Sukarma Until 11:07AM  
Gara Until 8:29PM  
**Panchami Until 8:06AM**

Ganesha: White Sunrise: 5:02AM  
Muruga: Clear Sunset: 7:21PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Istanbul, Turkey  
Sun 6 Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 27.22 Tithi 21 - 22  
414342362 Rahu  
Creative Work Siddha Yoga  
Until 10:46AM  
Then Creative Work - Amrita Yoga

Gulika 6:50AM - 8:37AM  
Yama 3:46PM - 5:33PM  
Rahu 10:24AM - 12:12PM

**Revati Until 10:46AM**  
Dhriti Until 10:34AM  
Visti Until 8:45PM  
**Shashthi\* Until 8:41AM**

Ganesha: White Sunrise: 5:03AM  
Muruga: Clear Sunset: 7:20PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**Retreat Star**

**Saturday, August 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Istanbul, Turkey  
Sun 7 Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 10.19 Tithi 22 - 23  
424342362 Rahu  
Creative Work Siddha Yoga

Gulika 5:04AM - 6:51AM  
Yama 1:58PM - 3:45PM  
Rahu 8:38AM - 10:25AM

**Ashvini Until 11:30AM**  
Shula\* Until 9:28AM  
Balava Until 8:21PM  
**Saptami Until 8:37AM**

Ganesha: Clear Sunrise: 5:04AM  
Muruga: Clear Sunset: 7:19PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**

**Retreat Star**

**Sunday, August 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey  
Sun 8 Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 23.37 Tithi 23 - 24  
424342362 Rahu  
Routine Work Prabalarishta Yoga  
Until 11:24AM  
Then Creative Work - Siddha Yoga

Gulika 3:45PM - 5:31PM  
Yama 12:11PM - 1:58PM  
Rahu 5:31PM - 7:18PM

**Bharani Until 11:24AM**  
Ganda\* Until 7:50AM  
Taitila Until 7:16PM  
**Ashtami\* Until 7:53AM**

Ganesha: Clear Sunrise: 5:05AM  
Muruga: Clear Sunset: 7:18PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 9 Sutra 113 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:58PM – 3:44PM	<b>Krittika</b> <b>Until 10:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:06AM	
Vrishabha Rasi: 7.18	Tithi 24 – 25	Yama 10:25AM – 12:11PM	Dhruva <b>Until 2:57AM</b> Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 16
<b>Family Home Evening</b>	424342362	<b>Rahu</b> 6:52AM – 8:39AM	Visti <b>Until 4:24AM</b> Tue	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga			<b>Navami* Until 6:28AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 10:29AM				<b>Ashada-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey Sun 10 Sutra 114 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:11PM – 1:57PM	<b>Rohini</b> <b>Until 9:13AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	
Vrishabha Rasi: 21.24	Tithi 26	Yama 8:39AM – 10:25AM	Vyaghata* <b>Until 11:47PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 16
434342362		<b>Rahu</b> 3:43PM – 5:29PM	Bava <b>Until 3:10PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Ekadashi* Until 1:46AM</b> Wed	Moon – Yellow		<b>Devaloka Day</b>
Until 9:13AM				<b>Ashada-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Tailita Karana Dvadashyam Titau				Istanbul, Turkey Sun 11 Sutra 115 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:25AM – 12:11PM	<b>Mrigashira</b> <b>Until 7:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:08AM	
Mithuna Rasi: 5.53	Tithi 27	Yama 6:54AM – 8:39AM	Harshana <b>Until 8:13PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 16
434342362		<b>Rahu</b> 12:11PM – 1:57PM	Kaulava <b>Until 12:17PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 10:40PM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey Sun 12 Sutra 116 Vilamba 5120
<b>4</b>		<b>Gulika</b> 8:40AM – 10:25AM	<b>Punarvasu</b> <b>Until 2:12AM</b> Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:09AM	
Mithuna Rasi: 20.41	Tithi 28	Yama 5:09AM – 6:54AM	Vajra* <b>Until 4:21PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 16
444342362		<b>Rahu</b> 1:56PM – 3:42PM	Gara <b>Until 9:00AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Trayodashi* Until 7:14PM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 2:12AM Fri				<b>Ashada-Adi</b>		
Then Routine Work - Marana Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				Istanbul, Turkey Sun 13 Sutra 117 Vilamba 5120
<b>5</b>		<b>Gulika</b> 6:55AM – 8:40AM	<b>Pushya</b> <b>Until 11:22PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:10AM	
Kataka Rasi: 5.43	Tithi 29 – 30	Yama 3:41PM – 5:26PM	Siddhi <b>Until 12:18PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 16
444342362		<b>Rahu</b> 10:26AM – 12:11PM	Catuspada <b>Until 1:48AM</b> Sat	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga			<b>Chaturdashi* Until 3:37PM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey Sun 14 Sutra 118 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:11AM – 6:56AM	<b>Ashlesha*</b> <b>Until 8:25PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:11AM	
Kataka Rasi: 20.5	Tithi 30 – 1	Yama 1:56PM – 3:41PM	Vyatipata* <b>Until 8:12AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 16
444342362		<b>Rahu</b> 8:41AM – 10:26AM	Kintughna <b>Until 10:10PM</b>	<b>Nataraja:</b> Clear		Amavasya
Routine Work Marana Yoga			<b>Amavasya* Until 11:57AM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 8:25PM				<b>Ashada-Adi</b>		
Then Creative Work - Amrita Yoga						
						<b>Partial Solar Eclipse</b>

<b>Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey Sun 15 Sutra 119 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:40PM – 5:24PM	<b>Magha*</b> <b>Until 5:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:12AM	
Simha Rasi: 5.54	Tithi 1 – 2	Yama 12:10PM – 1:55PM	Parigha* <b>Until 12:19AM</b> Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 16
455342362		<b>Rahu</b> 5:24PM – 7:09PM	Balava <b>Until 6:44PM</b>	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga			<b>Prathama* Until 8:24AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 5:56PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1</b>		<b>Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Trilayam Titau				Istanbul, Turkey
Simha Rasi: 20.46	Tithi 3	<b>Gulika</b>	1:55PM – 3:39PM	<b>Purvaphalguni Until 3:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:13AM	Sun 16	Sutra 120
<b>Family Home Evening</b>	455342362	<b>Yama</b>	10:26AM – 12:10PM	Shiva Until 8:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:08PM		Vilamba 5120
Creative Work	Siddha Yoga	<b>Rahu</b>	6:57AM – 8:42AM	Taitila Until 3:39PM	<b>Nataraja:</b> Clear			Moon 7 - Phase 17
				<b>Tritiya Until 2:16AM Tue</b>	Moon – Red			3rd Phase
					<b>Sravana-Adi</b>			<b>Sivaloka Day</b>

<b>2</b>		<b>Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Chaturtham Titau				Istanbul, Turkey
Kanya Rasi: 5.19	Tithi 4	<b>Gulika</b>	12:10PM – 1:54PM	<b>Uttaraphalguni Until 1:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:14AM	Sun 17	Sutra 121
	455342362	<b>Yama</b>	8:42AM – 10:26AM	Siddha Until 5:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM		Vilamba 5120
Creative Work	Amrita Yoga	<b>Rahu</b>	3:38PM – 5:22PM	Vanija Until 1:03PM	<b>Nataraja:</b> Clear			Moon 7 - Phase 17
Until 1:42PM				<b>Chaturthi* Until 11:58PM</b>	Moon – Red			3rd Phase
Then Creative Work - Siddha Yoga					<b>Sravana-Adi</b>			<b>Sivaloka Day</b>

<b>3</b>		<b>Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey
Kanya Rasi: 19.28	Tithi 5	<b>Gulika</b>	10:26AM – 12:10PM	<b>Hasta Until 12:42PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:15AM	Sun 18	Sutra 122
	465342362	<b>Yama</b>	6:59AM – 8:42AM	Sadhya Until 3:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM		Vilamba 5120
Routine Work	Marana Yoga	<b>Rahu</b>	12:10PM – 1:54PM	Bava Until 11:05AM	<b>Nataraja:</b> Clear			Moon 7 - Phase 17
Until 12:42PM		<b>Nag Panchami</b>		<b>Panchami Until 10:22PM</b>	Moon – Green			3rd Phase
Then Creative Work - Siddha Yoga					<b>Sravana-Adi</b>			<b>Subha Sivaloka Day</b>

<b>4</b>		<b>Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau				Istanbul, Turkey
Tula Rasi: 3.09	Tithi 6	<b>Gulika</b>	8:43AM – 10:26AM	<b>Chitra Until 12:17PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM	Sun 19	Sutra 123
	465342362	<b>Yama</b>	5:16AM – 6:59AM	Subha Until 1:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM		Vilamba 5120
Creative Work	Siddha Yoga	<b>Rahu</b>	1:53PM – 3:37PM	Kaulava Until 9:52AM	<b>Nataraja:</b> Clear			Moon 7 - Phase 17
Until 12:17PM				<b>Shashthi* Until 9:32PM</b>	Moon – Green			3rd Phase
Then Creative Work - Amrita Yoga					<b>Sravana-Adi</b>			<b>Subha Sivaloka Day</b>

<b>5</b>		<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau				Istanbul, Turkey
Tula Rasi: 16.23	Tithi 7	<b>Gulika</b>	7:00AM – 8:43AM	<b>Svati Until 12:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	Sun 20	Sutra 124
	565342362	<b>Yama</b>	3:36PM – 5:19PM	Sukla Until 12:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM		Vilamba 5120
Creative Work	Siddha Yoga	<b>Rahu</b>	10:26AM – 12:09PM	Gara Until 9:26AM	<b>Nataraja:</b> Clear			Moon 7 - Phase 17
				<b>Saptami Until 9:31PM</b>	Moon – Green			3rd Phase
					<b>Sravana-Avani</b>			<b>Sivaloka Day</b>

<b>Retreat Star</b>		<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey
Tula Rasi: 29.13	Tithi 8	<b>Gulika</b>	5:18AM – 7:01AM	<b>Vishakha Until 1:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM	Sun 21	Sutra 125
	575342362	<b>Yama</b>	1:52PM – 3:35PM	Brahma Until 11:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM		Vilamba 5120
Creative Work	Siddha Yoga	<b>Rahu</b>	8:44AM – 10:26AM	Visti Until 9:50AM	<b>Nataraja:</b> Clear			Moon 7 - Phase 17
				<b>Ashtami* Until 10:17PM</b>	Moon – Orange			Ashtami
					<b>Sravana-Avani</b>			<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>		<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey
Vrischika Rasi: 11.42	Tithi 9	<b>Gulika</b>	3:34PM – 5:17PM	<b>Anuradha Until 3:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	Sun 22	Sutra 126
	575442362	<b>Yama</b>	12:09PM – 1:52PM	Indra Until 11:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM		Vilamba 5120
Routine Work	Marana Yoga	<b>Rahu</b>	5:17PM – 6:59PM	Balava Until 10:58AM	<b>Nataraja:</b> Clear			Moon 7 - Phase 17
				<b>Navami* Until 11:45PM</b>	Moon – Orange			Navami
					<b>Sravana-Avani</b>			<b>Sivaloka Day</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Istanbul, Turkey Sun 23 Sutra 127 Vilamba 5120
<b>1</b>	Vrischika Rasi: 23.53 Tithi 10	<b>Gulika</b> 1:51PM – 3:33PM	<b>Jyeshtha* Until 6:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM	
Family Home Evening	586442362	Yama 10:27AM – 12:09PM	Vaidhriti* Until 11:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 18
Creative Work Siddha Yoga		<b>Rahu</b> 7:02AM – 8:44AM	Taitila Until 12:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 1:47AM Tue</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana•Avani</b>		

<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 24 Sutra 128 Vilamba 5120
<b>2</b>	Dhanus Rasi: 5.53 Tithi 11	<b>Gulika</b> 12:09PM – 1:51PM	<b>Mula* Until 9:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
	586442362	Yama 8:45AM – 10:27AM	Vishkambha* Until 12:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 18
Creative Work Amrita Yoga		<b>Rahu</b> 3:32PM – 5:14PM	Vanija Until 2:58PM	<b>Nataraja:</b> Clear		4th Phase
Until 9:02PM			<b>Ekadashi Until 4:11AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana•Avani</b>		

<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau				Istanbul, Turkey Sun 25 Sutra 129 Vilamba 5120
<b>3</b>	Dhanus Rasi: 17.44 Tithi 12	<b>Gulika</b> 10:27AM – 12:08PM	<b>Purvashadha* Until 12:08AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	
	586442362	Yama 7:03AM – 8:45AM	Priti Until 1:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 18
Creative Work Amrita Yoga		<b>Rahu</b> 12:08PM – 1:50PM	Bava Until 5:29PM	<b>Nataraja:</b> Clear		4th Phase
Until 12:08AM Thu			<b>Dvadashi Until 6:46AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Sravana•Avani</b>		

<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 130 Vilamba 5120
<b>4</b>	Dhanus Rasi: 29.32 Tithi 12 – 13	<b>Gulika</b> 8:45AM – 10:27AM	<b>Uttarashadha Until 3:07AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM	
	586442362	Yama 5:23AM – 7:04AM	Ayushman Until 2:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 18
Routine Work Marana Yoga		<b>Rahu</b> 1:49PM – 3:31PM	Kaulava Until 8:06PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 6:46AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Sravana•Avani</b>		

*Pradosha Vrata*

<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 131 Vilamba 5120
<b>5</b>	Makara Rasi: 11.2 Tithi 13 – 14	<b>Gulika</b> 7:05AM – 8:46AM	<b>Shravana Until 6:19AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:24AM	
	596442362	Yama 3:30PM – 5:11PM	Saubhagya Until 3:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 18
Routine Work Marana Yoga		<b>Rahu</b> 10:27AM – 12:08PM	Gara Until 10:38PM	<b>Nataraja:</b> Clear		4th Phase
Until 6:19AM Sat			<b>Trayodashi Until 9:22AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Sravana•Avani</b>		

<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashil/Purnimayam Titau				Istanbul, Turkey Sutra 132 Vilamba 5120
<b>○</b>	Makara Rasi: 23.1 Tithi 14 – 15	<b>Gulika</b> 5:25AM – 7:05AM	<b>Shravana Until 6:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:25AM	
<b>Copper Retreat Star</b>	596442362	Yama 1:48PM – 3:29PM	Sobhana Until 4:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 18
Creative Work Siddha Yoga		<b>Rahu</b> 8:46AM – 10:27AM	Visti Until 12:58AM Sun	<b>Nataraja:</b> Clear		Purnima
			<b>Chaturdashi* Until 11:49AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Avani Avittam</b>		<b>Sravana•Avani</b>		

<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey Sutra 133 Vilamba 5120
<b>○</b>	Kumbha Rasi: 5.06 Tithi 15 – 16	<b>Gulika</b> 3:28PM – 5:08PM	<b>Dhanishtha Until 9:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:26AM	
<b>Silver Retreat Star</b>	596442362	Yama 12:07PM – 1:48PM	Athiganda* Until 5:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 18
Routine Work Marana Yoga		<b>Rahu</b> 5:08PM – 6:49PM	Balava Until 2:58AM Mon	<b>Nataraja:</b> Clear		Prathama
Until 9:07AM			<b>Purnima* Until 1:59PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana•Avani</b>		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.1 Tithi 16 - 17

Family Home Evening 596442362

Creative Work Siddha Yoga

Until 11:25AM

Then Routine Work - Marana Yoga

Gulika 1:47PM - 3:27PM

Yama 10:27AM - 12:07PM

Rahu 7:07AM - 8:47AM

Shatabhishak Until 11:25AM

Sukarma Until 5:43PM

Taitila Until 4:35AM Tue

Prathama\* Until 3:48PM

Ganesha: White Sunrise: 5:27AM

Muruqa: Clear Sunset: 6:47PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Subha Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.23 Tithi 17 - 18

517452363

Routine Work Marana Yoga

Until 1:39PM

Then Creative Work - Amrita Yoga

Gulika 12:07PM - 1:46PM

Yama 8:47AM - 10:27AM

Rahu 3:26PM - 5:06PM

Purvaprosarthapada\* Until 1:39PM

Dhriti Until 5:50PM

Vanija Until 5:46AM Wed

Dvitiya Until 5:12PM

Ganesha: Clear Sunrise: 5:28AM

Muruqa: Purple Sunset: 6:46PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.47 Tithi 18

517452363

Creative Work Siddha Yoga

Until 3:18PM

Then Routine Work - Marana Yoga

Gulika 10:27AM - 12:06PM

Yama 7:08AM - 8:48AM

Rahu 12:06PM - 1:46PM

Uttaraprosarthapada Until 3:18PM

Shula\* Until 5:34PM

Visti Until 6:10PM

Tritiya Until 6:10PM

Ganesha: Clear Sunrise: 5:29AM

Muruqa: Purple Sunset: 6:44PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Bava/Balava Karana Chaturthyam Titau

Istanbul, Turkey

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.24 Tithi 19

517452363

Creative Work Siddha Yoga

Until 4:21PM

Then Creative Work - Amrita Yoga

Gulika 8:48AM - 10:27AM

Yama 5:30AM - 7:09AM

Rahu 1:45PM - 3:24PM

Revati Until 4:21PM

Ganda\* Until 4:58PM

Bava Until 6:30AM

Chaturthi\* Until 6:41PM

Ganesha: Clear Sunrise: 5:30AM

Muruqa: Purple Sunset: 6:42PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.13 Tithi 20

527452363

Creative Work Amrita Yoga

Until 5:16PM

Then Creative Work - Siddha Yoga

Gulika 7:10AM - 8:48AM

Yama 3:23PM - 5:02PM

Rahu 10:27AM - 12:06PM

Ashvini Until 5:16PM

Vridhi Until 4:01PM

Kaulava Until 6:47AM

Panchami Until 6:43PM

Ganesha: Purple Sunrise: 5:31AM

Muruqa: Purple Sunset: 6:41PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.17 Tithi 21

527452363

Creative Work Siddha Yoga

Until 5:32PM

Then Creative Work - Amrita Yoga

Gulika 5:32AM - 7:10AM

Yama 1:44PM - 3:22PM

Rahu 8:49AM - 10:27AM

Bharani Until 5:32PM

Dhruva Until 2:40PM

Gara Until 6:35AM

Shashthi\* Until 6:17PM

Ganesha: Purple Sunrise: 5:32AM

Muruqa: Purple Sunset: 6:39PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Virshabha Rasi: 3.37 Tithi 22 - 23

527452363

Creative Work Siddha Yoga

Gulika 3:21PM - 4:59PM

Yama 12:05PM - 1:43PM

Rahu 4:59PM - 6:38PM

Krittika Until 5:11PM

Vyaghata\* Until 12:55PM

Balava Until 4:41AM Mon

Saptami Until 5:20PM

Ganesha: Purple Sunrise: 5:33AM

Muruqa: Purple Sunset: 6:38PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Virshabha Rasi: 17.13 Tithi 23 - 24

Family Home Evening 537452363

Creative Work Amrita Yoga

Gulika 1:43PM - 3:20PM

Yama 10:27AM - 12:05PM

Rahu 7:12AM - 8:49AM

Rohini Until 4:36PM

Harshana Until 10:47AM

Taitila Until 3:00AM Tue

Ashtami\* Until 3:53PM

Ganesha: Clear Sunrise: 5:34AM

Muruqa: Purple Sunset: 6:36PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Istanbul, Turkey

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.07 Tithi 24 - 25

538452363

Creative Work Siddha Yoga

Until 3:24PM

Then Routine Work - Marana Yoga

Gulika 12:04PM - 1:42PM

Yama 8:50AM - 10:27AM

Rahu 3:19PM - 4:57PM

Mrigashira Until 3:24PM

Vajra\* Until 8:12AM

Vanija Until 12:49AM Wed

Navami\* Until 1:57PM

Ganesha: White Sunrise: 5:35AM

Muruqa: Purple Sunset: 6:34PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Istanbul, Turkey Sun 9 Sutra 143
	Mithuna Rasi: 15.2	Tithi 25 – 26	<b>Gulika</b> 10:27AM – 12:04PM	<b>Ardra</b> Until 1:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:36AM	Vilamba 5120
			Yama 7:13AM – 8:50AM	Vyatipata* Until 2:00AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 <b>Rahu</b> 12:04PM – 1:41PM	Bava Until 10:13PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami</b> Until 11:33AM	<b>Sravana-Avani</b>	<b>Devaloka Day</b>		

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Istanbul, Turkey Sun 10 Sutra 144
	Mithuna Rasi: 29.5	Tithi 26 – 27	<b>Gulika</b> 8:50AM – 10:27AM	<b>Punarvasu</b> Until 11:43AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:37AM	Vilamba 5120
			Yama 5:37AM – 7:13AM	Variyan Until 10:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b> 1:41PM – 3:17PM	Kaulava Until 7:17PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> Until 8:46AM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to 12:PM

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey Sun 11 Sutra 145
	Kataka Rasi: 14.33	Tithi 28	<b>Gulika</b> 7:14AM – 8:51AM	<b>Pushya</b> Until 9:24AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:38AM	Vilamba 5120
			Yama 3:16PM – 4:53PM	Parigha* Until 6:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 10:27AM – 12:03PM	Gara Until 4:07PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi*</b> Until 2:28AM Sat	<b>Sravana-Avani</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to 12:PM
<i>Pradosha Vrata (Fasting)</i>							

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey Sun 12 Sutra 146
	Kataka Rasi: 29.24	Tithi 29	<b>Gulika</b> 5:39AM – 7:15AM	<b>Ashlesha*</b> Until 6:49AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:39AM	Vilamba 5120
			Yama 1:39PM – 3:15PM	Shiva Until 2:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 8:51AM – 10:27AM	Visti Until 12:50PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Chaturdashi*</b> Until 11:11PM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to 12:PM
Until 6:49AM Then Creative Work - Amrita Yoga							

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Istanbul, Turkey Sun 13 Sutra 147
	<b>Retreat Star</b>		<b>Gulika</b> 3:14PM – 4:50PM	<b>Purvaphalguni</b> Until 2:08AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:40AM	Vilamba 5120
	Simha Rasi: 14.16	Tithi 30	Yama 12:03PM – 1:39PM	Siddha Until 11:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 4:50PM – 6:26PM	Catuspada Until 9:35AM	<b>Nataraja:</b> Purple		Amavasya
			<b>Grandparent's Day</b>	<b>Amavasya*</b> Until 8:00PM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b>	
Devaloka Time: 9:AM to 12:PM							

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey Sun 14 Sutra 148
	Simha Rasi: 29.01	Tithi 1 – 2	<b>Gulika</b> 1:38PM – 3:13PM	<b>Uttaraphalguni</b> Until 11:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:41AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:27AM – 12:02PM	Sadhya Until 7:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 <b>Rahu</b> 7:16AM – 8:52AM	Kintughna Until 6:31AM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama*</b> Until 5:04PM	<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 13.31	Tithi 2 – 3	<b>Gulika</b> 12:02PM – 1:37PM	<b>Hasta</b> <b>Until 10:33PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:42AM	
			Yama 8:52AM – 10:27AM	Sukla <b>Until 1:17AM</b> Wed	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:23PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 3:12PM – 4:47PM	Taitila <b>Until 1:31AM</b> Wed	<b>Dvitiya</b> <b>Until 2:34PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Istanbul, Turkey Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 27.41	Tithi 3 – 4	<b>Gulika</b> 10:27AM – 12:02PM	<b>Chitra</b> <b>Until 9:35PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:43AM	
			Yama 7:17AM – 8:52AM	Brahma <b>Until 10:53PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:21PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 12:02PM – 1:37PM	Vanija <b>Until 11:54PM</b>	<b>Tritiya</b> <b>Until 12:37PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistil/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.25	Tithi 4 – 5	<b>Gulika</b> 8:53AM – 10:27AM	<b>Svati</b> <b>Until 9:12PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:44AM	
			Yama 5:44AM – 7:18AM	Indra <b>Until 9:04PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:19PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 1:36PM – 3:10PM	Bava <b>Until 11:02PM</b>	<b>Chaturthi*</b> <b>Until 11:21AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			Moon – Green		<b>Bhuloka Day</b>	
Until 9:12PM		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Istanbul, Turkey Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 24.44	Tithi 5 – 6	<b>Gulika</b> 7:19AM – 8:53AM	<b>Vishakha</b> <b>Until 9:56PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:45AM	
			Yama 3:09PM – 4:43PM	Vaidhriti* <b>Until 7:53PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:17PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 10:27AM – 12:01PM	Kaulava <b>Until 10:59PM</b>	<b>Panchami</b> <b>Until 10:53AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Istanbul, Turkey Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 7.37	Tithi 6 – 7	<b>Gulika</b> 5:46AM – 7:19AM	<b>Anuradha</b> <b>Until 11:18PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:46AM	
			Yama 1:34PM – 3:08PM	Vishkambha* <b>Until 7:22PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:16PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 8:53AM – 10:27AM	Gara <b>Until 11:46PM</b>	<b>Shashthi*</b> <b>Until 11:15AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>☾</b>	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:07PM – 4:41PM	<b>Jyeshtha*</b> <b>Until 1:14AM</b> Mon	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:47AM	
	Vrischika Rasi: 20.07	Tithi 7 – 8	Yama 12:00PM – 1:34PM	Priti <b>Until 7:27PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:14PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 4:41PM – 6:14PM	Visti <b>Until 1:17AM</b> Mon	<b>Saptami</b> <b>Until 12:25PM</b>	<b>Nataraja:</b> Purple		Ashtami
Routine Work	Marana Yoga			Moon – Orange		<b>Devaloka Day</b>	
Until 1:14AM Mon				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>☾</b>	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:33PM – 3:06PM	<b>Mula*</b> <b>Until 4:04AM</b> Tue	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:48AM	
	Dhanus Rasi: 2.18	Tithi 8 – 9	Yama 10:27AM – 12:00PM	Ayushman <b>Until 7:59PM</b>	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:12PM	Moon 8 - Phase 21
	589552363	<b>Rahu</b> 7:21AM – 8:54AM	Balava <b>Until 3:24AM</b> Tue	<b>Ashtami*</b> <b>Until 2:16PM</b>	<b>Nataraja:</b> Purple		Navami
Family Home Evening				Moon – Light Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga			<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey
	Dhanus Rasi: 14.17	Tithi 9 – 10	581552363	<b>Gulika</b> 12:00PM – 1:32PM Yama 8:54AM – 10:27AM <b>Rahu</b> 3:05PM – 4:38PM	<b>Purvashadha* Until 7:06AM Wed</b> Saubhagya Until 8:52PM Taitila Until 5:54AM Wed <b>Navami* Until 4:36PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:49AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:11PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 22 Sutra 156 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga Until 7:06AM Wed Then Creative Work - Amrita Yoga			<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

<b>2</b>	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Istanbul, Turkey
	Dhanus Rasi: 26.07	Tithi 10	581552363	<b>Gulika</b> 10:27AM – 11:59AM Yama 7:22AM – 8:54AM <b>Rahu</b> 11:59AM – 1:32PM	<b>Purvashadha* Until 7:06AM</b> Sobhana Until 9:56PM Gara Until 7:12PM <b>Dashami Until 7:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:50AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:09PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 23 Sutra 157 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Amrita Yoga			<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

<b>3</b>	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey
	Makara Rasi: 7.55	Tithi 11	581552363	<b>Gulika</b> 8:55AM – 10:27AM Yama 5:51AM – 7:23AM <b>Rahu</b> 1:31PM – 3:03PM	<b>Uttarashadha Until 10:04AM</b> Athiganda* Until 10:58PM Vanija Until 8:32AM <b>Ekadashi Until 9:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:51AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:07PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 24 Sutra 158 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Routine Work Marana Yoga Until 10:04AM Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

<b>4</b>	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Istanbul, Turkey
	Makara Rasi: 19.43	Tithi 12	591552363	<b>Gulika</b> 7:23AM – 8:55AM Yama 3:02PM – 4:34PM <b>Rahu</b> 10:27AM – 11:59AM	<b>Shravana Until 1:16PM</b> Sukarma Until 11:51PM Bava Until 11:04AM <b>Dvadashi Until 12:13AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:52AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:05PM</i> <b>Nataraja:</b> Purple Moon – Purple	Sun 25 Sutra 159 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Routine Work Marana Yoga Until 1:16PM Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>				

<b>5</b>	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey
	Kumbha Rasi: 1.38	Tithi 13	591552363	<b>Gulika</b> 5:53AM – 7:24AM Yama 1:30PM – 3:01PM <b>Rahu</b> 8:55AM – 10:27AM	<b>Dhanishtha Until 4:01PM</b> Dhriti Until 12:28AM Sun Kaulava Until 1:19PM <b>Trayodashi Until 2:16AM Sun</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <i>Sunrise: 5:53AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:04PM</i> <b>Nataraja:</b> Purple Moon – Purple	Sun 26 Sutra 160 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga Until 4:01PM Then Creative Work - Amrita Yoga			<b>Devaloka Day</b>				

<b>6</b>	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shalabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey
	Kumbha Rasi: 13.43	Tithi 14	591552363	<b>Gulika</b> 3:00PM – 4:31PM Yama 11:58AM – 1:29PM <b>Rahu</b> 4:31PM – 6:02PM	<b>Shatabhishak Until 6:11PM</b> Shula* Until 12:42AM Mon Gara Until 3:09PM <b>Chaturdashi* Until 3:51AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:54AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:02PM</i> <b>Nataraja:</b> Purple Moon – Purple	Sun 27 Sutra 161 Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work Siddha Yoga Chidambaram Abhishekam Kadaitswami Mahasamadhi			<b>Devaloka Day</b>				

<b>○</b>	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey	
	<b>Copper Retreat Star</b>		Kumbha Rasi: 25.58	Tithi 15	511552363	<b>Gulika</b> 1:28PM – 2:59PM Yama 10:27AM – 11:57AM <b>Rahu</b> 7:25AM – 8:56AM	<b>Purvaproshtapada* Until 8:11PM</b> Ganda* Until 12:34AM Tue Visti Until 4:28PM <b>Purnima* Until 4:55AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:55AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:00PM</i> <b>Nataraja:</b> Purple Moon – Clear
Routine Work Marana Yoga Until 8:11PM Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>					

<b>○</b>	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey	
	<b>Silver Retreat Star</b>		Meena Rasi: 8.27	Tithi 16	511552363	<b>Gulika</b> 11:57AM – 1:28PM Yama 8:56AM – 10:27AM <b>Rahu</b> 2:58PM – 4:28PM	<b>Uttaraproshtapada Until 9:31PM</b> Vriddhi Until 12:02AM Wed Balava Until 5:16PM <b>Prathama* Until 5:28AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:56AM</i> <b>Muruqa:</b> Purple <i>Sunset: 5:59PM</i> <b>Nataraja:</b> Purple Moon – Clear
Creative Work Amrita Yoga Until 9:31PM Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>					



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey  
Sutra 164

Meena Rasi: 21.1      Tithi 17

511552363 **Gulika** 10:27AM – 11:57AM  
Yama 7:27AM – 8:57AM  
**Rahu** 11:57AM – 1:27PM

**Revati** Until 10:14PM

Dhruva Until 11:06PM

Taitila Until 5:35PM

Dvitiya Until 5:33AM Thu

**Ganesha:** Purple      *Sunrise:* 5:57AM

**Muruqa:** Purple      *Sunset:* 5:57PM

**Nataraja:** Purple

Moon – Clear

**Bhadrapada-Puratasi**

**Devaloka Day**

Moon 9 - Phase 23

1st Phase

Routine Work      Marana Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Istanbul, Turkey  
Sun 1      Sutra 165

Mesha Rasi: 4.07      Tithi 18

521552363 **Gulika** 8:57AM – 10:27AM  
Yama 5:58AM – 7:27AM  
**Rahu** 1:26PM – 2:56PM

**Ashvini** Until 10:50PM

Vyaghata\* Until 9:51PM

Vanija Until 5:28PM

Tritiya Until 5:14AM Fri

**Ganesha:** Clear      *Sunrise:* 5:58AM

**Muruqa:** Purple      *Sunset:* 5:55PM

**Nataraja:** Purple

Moon – White

**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Moon 9 - Phase 23

1st Phase

Creative Work      Amrita Yoga  
Until 10:50PM  
Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Istanbul, Turkey  
Sun 2      Sutra 166

Mesha Rasi: 17.16      Tithi 19

622552363 **Gulika** 7:28AM – 8:57AM  
Yama 2:55PM – 4:24PM  
**Rahu** 10:27AM – 11:56AM

**Bharani** Until 10:55PM

Harshana Until 8:19PM

Bava Until 4:57PM

Chaturthi\* Until 4:33AM Sat

**Ganesha:** Clear      *Sunrise:* 5:59AM

**Muruqa:** Purple      *Sunset:* 5:54PM

**Nataraja:** Purple

Moon – White

**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Moon 9 - Phase 23

1st Phase

Creative Work      Siddha Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey  
Sun 3      Sutra 167

Vrishabha Rasi: 0.37      Tithi 20

622552363 **Gulika** 6:00AM – 7:29AM  
Yama 1:25PM – 2:54PM  
**Rahu** 8:58AM – 10:27AM

**Krittika** Until 10:32PM

Vajra\* Until 6:29PM

Kaulava Until 4:06PM

Panchami Until 3:33AM Sun

**Ganesha:** Clear      *Sunrise:* 6:00AM

**Muruqa:** Purple      *Sunset:* 5:52PM

**Nataraja:** Purple

Moon – White

**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Moon 9 - Phase 23

1st Phase

Creative Work      Amrita Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey  
Sun 4      Sutra 168

Vrishabha Rasi: 14.07      Tithi 21

632552363 **Gulika** 2:53PM – 4:22PM  
Yama 11:55AM – 1:24PM  
**Rahu** 4:22PM – 5:50PM

**Rohini** Until 10:09PM

Siddhi Until 4:26PM

Gara Until 2:57PM

Shashthi\* Until 2:15AM Mon

**Ganesha:** Purple      *Sunrise:* 6:01AM

**Muruqa:** Purple      *Sunset:* 5:50PM

**Nataraja:** Purple

Moon – Yellow

**Bhadrapada-Puratasi**

**Bhuloka Day**

Moon 9 - Phase 23

1st Phase

Creative Work      Siddha Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyalipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Istanbul, Turkey  
Sun 5      Sutra 169

Vrishabha Rasi: 27.49      Tithi 22

632552363 **Gulika** 1:23PM – 2:52PM  
Yama 10:27AM – 11:55AM  
**Rahu** 7:30AM – 8:58AM

**Mrigashira** Until 9:21PM

Vyatipata\* Until 2:09PM

Visti Until 1:31PM

Saptami Until 12:40AM Tue

**Ganesha:** Purple      *Sunrise:* 6:02AM

**Muruqa:** Purple      *Sunset:* 5:49PM

**Nataraja:** Purple

Moon – Yellow

**Bhadrapada-Puratasi**

**Bhuloka Day**

Moon 9 - Phase 23

1st Phase

Creative Work      Amrita Yoga  
Until 9:21PM  
Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey  
Sun 6      Sutra 170

Mithuna Rasi: 11.4      Tithi 23

632552363 **Gulika** 11:55AM – 1:23PM  
Yama 8:59AM – 10:27AM  
**Rahu** 2:51PM – 4:19PM

**Ardra** Until 8:07PM

Variyan Until 11:38AM

Balava Until 11:48AM

Ashtami\* Until 10:49PM

**Ganesha:** Purple      *Sunrise:* 6:03AM

**Muruqa:** Purple      *Sunset:* 5:47PM

**Nataraja:** Purple

Moon – Yellow

**Bhadrapada-Puratasi**

**Bhuloka Day**

Moon 9 - Phase 23

Ashtami

Routine Work      Marana Yoga  
Until 8:07PM  
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey  
Sun 7      Sutra 171

Mithuna Rasi: 25.42      Tithi 24

642552363 **Gulika** 10:27AM – 11:54AM  
Yama 7:31AM – 8:59AM  
**Rahu** 11:54AM – 1:22PM

**Punarvasu** Until 6:54PM

Parigha\* Until 8:54AM

Taitila Until 9:49AM

Navami\* Until 8:42PM

**Ganesha:** Clear      *Sunrise:* 6:04AM

**Muruqa:** Purple      *Sunset:* 5:45PM

**Nataraja:** Purple

Moon – Blue

**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Moon 9 - Phase 23

Navami

Creative Work      Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


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<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Istanbul, Turkey Sun 8 Sutra 172	
Kataka Rasi: 9.54	Tithi 25	<b>Gulika</b> 8:59AM – 10:27AM	<b>Pushya</b> Until 5:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:05AM	Vilamba 5120	
		Yama 6:05AM – 7:32AM	Siddha Until 2:50AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 1:22PM – 2:49PM	Vanija Until 7:35AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 6:21PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 5:19PM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 9 Sutra 173	
Kataka Rasi: 24.15	Tithi 26 – 27	<b>Gulika</b> 7:33AM – 9:00AM	<b>Ashlesha*</b> Until 3:24PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Vilamba 5120	
		Yama 2:48PM – 4:15PM	Sadhya Until 11:36PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 10:27AM – 11:54AM	Kaulava Until 2:32AM Sat	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 3:49PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 10 Sutra 174	
Simha Rasi: 8.42	Tithi 27 – 28	<b>Gulika</b> 6:07AM – 7:34AM	<b>Magha*</b> Until 1:40PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM	Vilamba 5120	
		Yama 1:20PM – 2:47PM	Subha Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 9:00AM – 10:27AM	Gara Until 11:53PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 1:11PM	Moon – Red		<b>Bhuloka Day</b>	
Until 1:40PM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 11 Sutra 175	
Simha Rasi: 23.1	Tithi 28 – 29	<b>Gulika</b> 2:46PM – 4:12PM	<b>Purvaphalguni</b> Until 11:47AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:08AM	Vilamba 5120	
		Yama 11:53AM – 1:20PM	Sukla Until 5:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 4:12PM – 5:39PM	Visti Until 9:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 10:33AM	Moon – Red		<b>Bhuloka Day</b>	
Until 11:47AM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Amrita Yoga							

		<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Istanbul, Turkey Sun 12 Sutra 176	
<b>Retreat Star</b>		<b>Gulika</b> 1:19PM – 2:45PM	<b>Uttaraphalguni</b> Until 9:53AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:09AM	Vilamba 5120	
Kanya Rasi: 7.35	Tithi 29 – 30	Yama 10:27AM – 11:53AM	Brahma Until 1:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24	
<b>Family Home Evening</b>		652552364 <b>Rahu</b> 7:35AM – 9:01AM	Catuspada Until 6:52PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:02AM	Moon – Red		<b>Bhuloka Day</b>	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 13 Sutra 177	
Kanya Rasi: 21.5	Tithi 1	<b>Gulika</b> 11:53AM – 1:18PM	<b>Hasta</b> Until 8:32AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:10AM	Vilamba 5120	
		Yama 9:01AM – 10:27AM	Indra Until 10:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24	
		662652364 <b>Rahu</b> 2:44PM – 4:10PM	Kintughna Until 4:48PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:54AM Wed	Moon – Green		<b>Devaloka Day</b>	
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>			

<b>1</b>	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey Sun 14 Sutra 178
	Tula Rasi: 5.49	Tithi 2	<b>Gulika</b> 10:27AM – 11:52AM	<b>Chitra Until 7:28AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:11AM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	Yama 7:36AM – 9:02AM	Vaidhriti* Until 8:25AM	<b>Muruqa:</b> Purple <i>Sunset: 5:34PM</i>		Moon 9 - Phase 25 3rd Phase
		662652364	<b>Rahu</b> 11:52AM – 1:18PM	Balava Until 3:12PM	<b>Nataraja:</b> Clear		
				<b>Dvitiya Until 2:36AM Thu</b>	Moon – Green		<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>		

<b>2</b>	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Istanbul, Turkey Sun 15 Sutra 179
	Tula Rasi: 19.27	Tithi 3	<b>Gulika</b> 9:02AM – 10:27AM	<b>Svati Until 6:49AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:12AM</i>		Vilamba 5120
	Creative Work	Amrita Yoga	Yama 6:12AM – 7:37AM	Vishkambha* Until 6:19AM	<b>Muruqa:</b> Purple <i>Sunset: 5:32PM</i>		Moon 9 - Phase 25 3rd Phase
		662652364	<b>Rahu</b> 1:17PM – 2:42PM	Taitila Until 2:12PM	<b>Nataraja:</b> Clear		
				<b>Tritiya Until 1:57AM Fri</b>	Moon – Green		<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>		

<b>3</b>	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Istanbul, Turkey Sun 16 Sutra 180
	Vrischika Rasi: 2.42	Tithi 4	<b>Gulika</b> 7:38AM – 9:03AM	<b>Vishakha Until 7:08AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:13AM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	Yama 2:41PM – 4:06PM	Ayushman Until 3:49AM Sat	<b>Muruqa:</b> Purple <i>Sunset: 5:31PM</i>		Moon 9 - Phase 25 3rd Phase
		673652364	<b>Rahu</b> 10:27AM – 11:52AM	Vanija Until 1:56PM	<b>Nataraja:</b> Clear		
				<b>Chaturthi* Until 2:04AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Ashvina+Puratasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>

<b>4</b>	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey Sun 17 Sutra 181
	Vrischika Rasi: 15.34	Tithi 5	<b>Gulika</b> 6:14AM – 7:39AM	<b>Anuradha Until 8:03AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:14AM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	Yama 1:16PM – 2:40PM	Saubhagya Until 3:28AM Sun	<b>Muruqa:</b> Purple <i>Sunset: 5:29PM</i>		Moon 9 - Phase 25 3rd Phase
		673652364	<b>Rahu</b> 9:03AM – 10:27AM	Bava Until 2:27PM	<b>Nataraja:</b> Clear		
				<b>Panchami Until 2:58AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Ashvina+Puratasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>

<b>5</b>	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey Sun 18 Sutra 182
	Vrischika Rasi: 28.05	Tithi 6	<b>Gulika</b> 2:39PM – 4:03PM	<b>Jyeshtha* Until 9:33AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:15AM</i>		Vilamba 5120
	Routine Work	Marana Yoga	Yama 11:51AM – 1:15PM	Sobhana Until 3:41AM Mon	<b>Muruqa:</b> Purple <i>Sunset: 5:27PM</i>		Moon 9 - Phase 25 3rd Phase
		673652364	<b>Rahu</b> 4:03PM – 5:27PM	Kaulava Until 3:43PM	<b>Nataraja:</b> Clear		
				<b>Shashthi* Until 4:36AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Ashvina+Puratasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>

<b>6</b>	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Istanbul, Turkey Sun 19 Sutra 183
	Dhanus Rasi: 10.17	Tithi 7	<b>Gulika</b> 1:15PM – 2:39PM	<b>Mula* Until 12:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:17AM</i>		Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:28AM – 11:51AM	Athiganda* Until 4:19AM Tue	<b>Muruqa:</b> Purple <i>Sunset: 5:26PM</i>		Moon 9 - Phase 25 3rd Phase
		683652364	<b>Rahu</b> 7:40AM – 9:04AM	Gara Until 5:40PM	<b>Nataraja:</b> Clear		
				<b>Saptami Until 6:49AM Tue</b>	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>		

<b>D</b>	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau				Istanbul, Turkey Sun 20 Sutra 184
	<b>Retreat Star</b>		<b>Gulika</b> 11:51AM – 1:14PM	<b>Purvashadha* Until 2:54PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i>		Vilamba 5120
	Dhanus Rasi: 22.16	Tithi 7 – 8	Yama 9:04AM – 10:28AM	Sukarma Until 5:15AM Wed	<b>Muruqa:</b> Purple <i>Sunset: 5:24PM</i>		Moon 9 - Phase 25 Ashtami
		683652364	<b>Rahu</b> 2:38PM – 4:01PM	Visti Until 8:05PM	<b>Nataraja:</b> Clear		
				<b>Saptami Until 6:49AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
			<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>		

<b>D</b>	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey Sun 21 Sutra 185
	<b>Retreat Star</b>		<b>Gulika</b> 10:28AM – 11:51AM	<b>Uttarashadha Until 5:49PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:19AM</i>		Vilamba 5120
	Makara Rasi: 4.06	Tithi 8 – 9	Yama 7:42AM – 9:05AM	Dhriti Until 6:17AM Thu	<b>Muruqa:</b> Purple <i>Sunset: 5:23PM</i>		Moon 9 - Phase 25 Navami
		683652364	<b>Rahu</b> 11:51AM – 1:14PM	Balava Until 10:44PM	<b>Nataraja:</b> Clear		
				<b>Ashtami* Until 9:23AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
			<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Purasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 22 Sutra 186
	Makara Rasi: 15.53	Tithi 9 – 10	<b>Gulika</b> 9:05AM – 10:28AM	<b>Shravana Until 9:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:20AM	Vilamba 5120
			Yama 6:20AM – 7:43AM	Dhriti Until 6:17AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 1:13PM – 2:36PM	Taitila Until 1:20AM Fri	<b>Nataraja:</b> Clear		4th Phase
		<b>Vijaya Dasami</b>	<b>Navami* Until 12:02PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey Sun 23 Sutra 187
	Makara Rasi: 27.44	Tithi 10 – 11	<b>Gulika</b> 7:43AM – 9:06AM	<b>Dhanishtha Until 11:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	Vilamba 5120
			Yama 2:35PM – 3:57PM	Shula* Until 7:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 10:28AM – 11:50AM	Vanija Until 3:37AM Sat	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 2:30PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey Sun 24 Sutra 188
	Kumbha Rasi: 9.42	Tithi 11 – 12	<b>Gulika</b> 6:22AM – 7:44AM	<b>Shatabhishak Until 2:09AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	Vilamba 5120
			Yama 1:12PM – 2:34PM	Ganda* Until 7:52AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 26
	Creative Work	Amrita Yoga	693652364 <b>Rahu</b> 9:06AM – 10:28AM	Bava Until 5:25AM Sun	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi Until 4:34PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava Karana Dvadashyam Titau				Istanbul, Turkey Sun 25 Sutra 189
	Kumbha Rasi: 21.52	Tithi 12	<b>Gulika</b> 2:33PM – 3:55PM	<b>Purvaproshtapada* Until 4:07AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM	Vilamba 5120
			Yama 11:50AM – 1:12PM	Vridhhi Until 8:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 3:55PM – 5:17PM	Balava Until 6:04PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 6:04PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 190
	Meena Rasi: 4.18	Tithi 13	<b>Gulika</b> 1:11PM – 2:33PM	<b>Uttaraproshtapada Until 5:19AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:24AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:29AM – 11:50AM	Dhruva Until 7:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 7:46AM – 9:07AM	Kaulava Until 6:36AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi Until 6:56PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 191
	Meena Rasi: 17.01	Tithi 14	<b>Gulika</b> 11:50AM – 1:11PM	<b>Revati Until 5:44AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Vilamba 5120
			Yama 9:08AM – 10:29AM	Vyaghata* Until 7:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 2:32PM – 3:53PM	Gara Until 7:08AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi* Until 7:09PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey Sutra 192
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:29AM – 11:50AM	<b>Ashvini Until 5:56AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM	Vilamba 5120
	Mesha Rasi: 0.03	Tithi 15	Yama 7:47AM – 9:08AM	Harshana Until 6:03AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 26
	Routine Work	Marana Yoga	623652364 <b>Rahu</b> 11:50AM – 1:10PM	Visti Until 7:04AM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima* Until 6:47PM</b>	<b>Ashvina•Aipasi</b>	<b>Devaloka Day</b>		

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey Sutra 193
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:09AM – 10:29AM	<b>Bharani Until 5:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	Vilamba 5120
	Mesha Rasi: 13.22	Tithi 16 – 17	Yama 6:28AM – 7:48AM	Siddhi Until 2:27AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	623652364 <b>Rahu</b> 1:10PM – 2:30PM	Balava Until 6:26AM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama* Until 5:56PM</b>	<b>Ashvina•Aipasi</b>	<b>Devaloka Day</b>		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyalipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 26.55 Tithi 17 - 18

624652364

**Gulika** 7:49AM - 9:09AM  
**Yama** 2:30PM - 3:50PM  
**Rahu** 10:29AM - 11:49AM

**Krittika Until 4:40AM Sat**  
Vyatipata\* Until 12:11AM Sat  
Vanija Until 3:56AM Sat

**Ganesha:** White *Sunrise:* 6:29AM  
**Muruqa:** Purple *Sunset:* 5:10PM

**Nataraja:** Clear  
Moon - White  
**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 4:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Istanbul, Turkey

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 10.4 Tithi 18 - 19

634652364

**Gulika** 6:30AM - 7:50AM  
**Yama** 1:09PM - 2:29PM  
**Rahu** 9:10AM - 10:29AM

**Rohini Until 3:50AM Sun**  
Variyan Until 9:42PM  
Bava Until 2:17AM Sun

**Ganesha:** Clear *Sunrise:* 6:30AM  
**Muruqa:** Purple *Sunset:* 5:09PM

**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 24.35 Tithi 19 - 20

634652364

**Gulika** 2:28PM - 3:48PM  
**Yama** 11:49AM - 1:09PM  
**Rahu** 3:48PM - 5:07PM

**Mrigashira Until 2:44AM Mon**  
Parigha\* Until 7:06PM  
Kaulava Until 12:29AM Mon

**Ganesha:** Clear *Sunrise:* 6:31AM  
**Muruqa:** Purple *Sunset:* 5:07PM

**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

**Chaturthi\* Until 1:23PM**

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 8.34 Tithi 20 - 21

634652364

**Gulika** 1:08PM - 2:28PM  
**Yama** 10:30AM - 11:49AM  
**Rahu** 7:52AM - 9:11AM

**Ardra Until 1:23AM Tue**  
Shiva Until 4:25PM  
Gara Until 10:35PM

**Ganesha:** Clear *Sunrise:* 6:32AM  
**Muruqa:** Purple *Sunset:* 5:06PM

**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

**Panchami Until 11:31AM**

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 22.36 Tithi 21 - 22

644652364

**Gulika** 11:49AM - 1:08PM  
**Yama** 9:11AM - 10:30AM  
**Rahu** 2:27PM - 3:46PM

**Punarvasu Until 12:17AM Wed**  
Siddha Until 1:40PM  
Visti Until 8:38PM

**Ganesha:** Purple *Sunrise:* 6:34AM  
**Muruqa:** Purple *Sunset:* 5:05PM

**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

**Shashthi\* Until 9:36AM**

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 6.4 Tithi 22 - 23

644662364

**Gulika** 10:30AM - 11:49AM  
**Yama** 7:53AM - 9:12AM  
**Rahu** 11:49AM - 1:08PM

**Pushya Until 11:01PM**  
Sadhya Until 10:55AM  
Balava Until 6:40PM

**Ganesha:** Purple *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 5:03PM

**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

**Saptami Until 7:38AM**

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 20.45 Tithi 24

644662364

**Gulika** 9:12AM - 10:31AM  
**Yama** 6:36AM - 7:54AM  
**Rahu** 1:07PM - 2:26PM

**Ashlesha\* Until 9:36PM**  
Subha Until 8:09AM  
Taitila Until 4:41PM

**Ganesha:** Purple *Sunrise:* 6:36AM  
**Muruqa:** Clear *Sunset:* 5:02PM

**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 9:36PM

Then Creative Work - Amrita Yoga

**Navami\* Until 3:40AM Fri**

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Istanbul, Turkey Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 4.5	Tithi 25	Gulika 7:55AM – 9:13AM	Magha* Until 8:29PM	Ganesha: Clear	Sunrise: 6:37AM	Moon 10 - Phase 28	
		Yama 2:25PM – 3:43PM	Brahma Until 2:34AM Sat	Muruqa: Clear	Sunset: 5:01PM	2nd Phase	
		654662364 Rahu 10:31AM – 11:49AM	Vanija Until 2:42PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 1:42AM Sat	Moon – Red			Sivaloka Day
Until 8:29PM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Istanbul, Turkey Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 18.54	Tithi 26	Gulika 6:38AM – 7:56AM	Purvaphalguni Until 7:14PM	Ganesha: White	Sunrise: 6:38AM	Moon 10 - Phase 28	
		Yama 1:07PM – 2:24PM	Indra Until 11:51PM	Muruqa: Clear	Sunset: 5:00PM	2nd Phase	
		654762364 Rahu 9:14AM – 10:31AM	Bava Until 12:45PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi* Until 11:46PM	Moon – Red			Devaloka Day
Until 7:14PM				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Istanbul, Turkey Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 2.56	Tithi 27	Gulika 2:24PM – 3:41PM	Uttaraphalguni Until 5:57PM	Ganesha: White	Sunrise: 6:39AM	Moon 10 - Phase 28	
		Yama 11:49AM – 1:06PM	Vaidhriti* Until 9:11PM	Muruqa: Clear	Sunset: 4:59PM	2nd Phase	
		654762364 Rahu 3:41PM – 4:59PM	Kaulava Until 10:52AM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi* Until 9:57PM	Moon – Red			Devaloka Day
Until 5:07PM				Ashvina•Aipasi			
Then Routine Work - Prabararishta Yoga							
<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Istanbul, Turkey Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 16.54	Tithi 28	Gulika 1:06PM – 2:23PM	Hasta Until 5:07PM	Ganesha: Green	Sunrise: 6:41AM	Moon 10 - Phase 28	
Family Home Evening		Yama 10:32AM – 11:49AM	Vishkambha* Until 6:40PM	Muruqa: Clear	Sunset: 4:57PM	2nd Phase	
Creative Work	Siddha Yoga	664762364 Rahu 7:58AM – 9:15AM	Gara Until 9:07AM	Nataraja: Clear			
Until 5:07PM			Trayodashi* Until 8:19PM	Moon – Green			Devaloka Day
Then Routine Work - Prabararishta Yoga				Ashvina•Aipasi			
			Pradosha Vrata (Fasting)				
<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Istanbul, Turkey Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 0.43	Tithi 29	Gulika 11:49AM – 1:06PM	Chitra Until 4:24PM	Ganesha: Green	Sunrise: 6:42AM	Moon 10 - Phase 28	
		Yama 9:15AM – 10:32AM	Priti Until 4:24PM	Muruqa: Clear	Sunset: 4:56PM	2nd Phase	
		664762364 Rahu 2:23PM – 3:39PM	Visti Until 7:37AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 6:58PM	Moon – Green			Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
		Deepavali Hindu Solidarity Day					
<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Istanbul, Turkey Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 14.2	Tithi 30	Gulika 10:33AM – 11:49AM	Svati Until 3:56PM	Ganesha: White	Sunrise: 6:43AM	Moon 10 - Phase 28	
		Yama 8:00AM – 9:16AM	Ayushman Until 2:25PM	Muruqa: Clear	Sunset: 4:55PM	Amavasya	
		764762364 Rahu 11:49AM – 1:06PM	Catuspada Until 6:28AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Amavasya* Until 6:02PM	Moon – Green			Devaloka Day
				Ashvina•Aipasi			
<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Istanbul, Turkey Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 27.42	Tithi 1 – 2	Gulika 9:17AM – 10:33AM	Vishakha Until 4:16PM	Ganesha: Orange	Sunrise: 6:44AM	Moon 10 - Phase 28	
		Yama 6:44AM – 8:00AM	Saubhagya Until 12:50PM	Muruqa: Clear	Sunset: 4:54PM	Prathama	
		775762364 Rahu 1:05PM – 2:22PM	Balava Until 5:39AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 5:37PM	Moon – Orange			Sivaloka Day
		Skanda Shasthi Begins		Kartika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Friday, November 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Istanbul, Turkey
	Sun 15	Sutra 208	
Wrischika Rasi: 10.46	Tithi 2 – 3	<b>Gulika</b> 8:01AM – 9:17AM <b>Yama</b> 2:21PM – 3:37PM <b>Rahu</b> 10:33AM – 11:49AM	<b>Anuradha</b> Until 5:02PM Sobhana Until 11:45AM Taitila Until 6:12AM Sat Dvitiya Until 5:49PM
775762364		<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:45AM <b>Sunset:</b> 4:53PM
Creative Work	Siddha Yoga		<b>Sivaloka Day</b>
Until 5:02PM			<b>Kartika-Aipasi</b>
Then Routine Work - Marana Yoga			

<b>2</b>	<b>Saturday, November 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau	Istanbul, Turkey
	Sun 16	Sutra 209	
Wrischika Rasi: 23.3	Tithi 3	<b>Gulika</b> 6:47AM – 8:02AM <b>Yama</b> 1:05PM – 2:21PM <b>Rahu</b> 9:18AM – 10:34AM	<b>Jyeshtha*</b> Until 6:18PM Athiganda* Until 11:08AM Taitila Until 6:12AM Tritiya Until 6:42PM
775762364		<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 4:52PM
Creative Work	Siddha Yoga		<b>Sivaloka Day</b>
			<b>Kartika-Aipasi</b>

<b>3</b>	<b>Sunday, November 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Istanbul, Turkey
	Sun 17	Sutra 210	
Dhanus Rasi: 5.56	Tithi 4	<b>Gulika</b> 2:20PM – 3:36PM <b>Yama</b> 11:49AM – 1:05PM <b>Rahu</b> 3:36PM – 4:51PM	<b>Mula*</b> Until 8:31PM Sukarma Until 11:03AM Vanija Until 7:25AM Chaturthi* Until 8:15PM
785762364		<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:48AM <b>Sunset:</b> 4:51PM
Creative Work	Amrita Yoga		<b>Sivaloka Day</b>
Until 8:31PM			<b>Kartika-Aipasi</b>
Then Creative Work - Siddha Yoga			

<b>4</b>	<b>Monday, November 12, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Istanbul, Turkey
	Sun 18	Sutra 211	
Dhanus Rasi: 18.06	Tithi 5	<b>Gulika</b> 1:05PM – 2:20PM <b>Yama</b> 10:34AM – 11:50AM <b>Rahu</b> 8:04AM – 9:19AM	<b>Purvashadha*</b> Until 11:08PM Dhriti Until 11:28AM Bava Until 9:17AM Panchami Until 10:23PM
785762364		<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:49AM <b>Sunset:</b> 4:50PM
Family Home Evening			<b>Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Kartika-Aipasi</b>

<b>5</b>	<b>Tuesday, November 13, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Istanbul, Turkey
	Sun 19	Sutra 212	
Makara Rasi: 0.04	Tithi 6	<b>Gulika</b> 11:50AM – 1:05PM <b>Yama</b> 9:20AM – 10:35AM <b>Rahu</b> 2:19PM – 3:34PM	<b>Uttarashadha</b> Until 1:58AM Wed Shula* Until 12:12PM Kaulava Until 11:38AM Shashthi* Until 12:55AM Wed
785762364		<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:50AM <b>Sunset:</b> 4:49PM
Routine Work	Prabalarishta Yoga		<b>Sivaloka Day</b>
Until 1:58AM Wed		<b>Skanda Shasthi</b>	<b>Kartika-Aipasi</b>
Then Creative Work - Siddha Yoga			

<b>6</b>	<b>Wednesday, November 14, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau	Istanbul, Turkey
	Sun 20	Sutra 213	
Makara Rasi: 11.53	Tithi 7	<b>Gulika</b> 10:35AM – 11:50AM <b>Yama</b> 8:06AM – 9:21AM <b>Rahu</b> 11:50AM – 1:04PM	<b>Shravana</b> Until 5:16AM Thu Ganda* Until 1:10PM Gara Until 2:18PM Saptami Until 3:38AM Thu
795762364		<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 4:48PM
Creative Work	Siddha Yoga		<b>Subha Sivaloka Day</b>
			<b>Kartika-Aipasi</b>

<b>D</b>	<b>Thursday, November 15, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Istanbul, Turkey
	Sun 21	Sutra 214	
<b>Retreat Star</b>		<b>Gulika</b> 9:21AM – 10:36AM <b>Yama</b> 6:53AM – 8:07AM <b>Rahu</b> 1:04PM – 2:19PM	<b>Dhanishtha</b> Until 8:18AM Fri Vriddhi Until 2:10PM Visti Until 4:59PM Ashtami* Until 6:13AM Fri
795762364		<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 4:47PM
Makara Rasi: 23.41	Tithi 8		<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Kartika-Aipasi</b>

<b>D</b>	<b>Friday, November 16, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva*/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Istanbul, Turkey
	Sun 22	Sutra 215	
<b>Retreat Star</b>		<b>Gulika</b> 8:08AM – 9:22AM <b>Yama</b> 2:18PM – 3:32PM <b>Rahu</b> 10:36AM – 11:50AM	<b>Dhanishtha</b> Until 8:18AM Dhruva Until 2:59PM Balava Until 7:25PM Ashtami* Until 6:13AM
795762364		<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:54AM <b>Sunset:</b> 4:47PM
Kumbha Rasi: 5.31	Tithi 8 – 9		<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Kartika-Kartikai</b>

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>	<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Istanbul, Turkey
	Kumbha Rasi: 17.3	Tithi 9 – 10	796762365	<b>Gulika</b> 6:55AM – 8:09AM <b>Yama</b> 1:04PM – 2:18PM <b>Rahu</b> 9:23AM – 10:37AM	<b>Shatabhishak</b> <b>Until 10:47AM</b> Vyaghata* Until 3:29PM Taitila Until 9:23PM <b>Navami* Until 8:27AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:55AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:46PM <b>Nataraja:</b> White Moon – Purple	Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga							
Until 10:47AM							
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Kumbha Rasi: 29.41	Tithi 10 – 11	716762365	<b>Gulika</b> 2:18PM – 3:31PM <b>Yama</b> 11:51AM – 1:04PM <b>Rahu</b> 3:31PM – 4:45PM	<b>Purvaproshtapada*</b> <b>Until 1:02PM</b> Harshana Until 3:32PM Vanija Until 10:41PM <b>Dashami Until 10:06AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:56AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:45PM <b>Nataraja:</b> White Moon – Clear	Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							
Until 1:02PM							
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Meena Rasi: 12.11	Tithi 11 – 12	716762365	<b>Gulika</b> 1:04PM – 2:18PM <b>Yama</b> 10:37AM – 11:51AM <b>Rahu</b> 8:11AM – 9:24AM	<b>Uttaraproshtapada</b> <b>Until 2:25PM</b> Vajra* Until 3:00PM Bava Until 11:15PM <b>Ekadashi Until 11:02AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:44PM <b>Nataraja:</b> White Moon – Clear	Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>4</b>	<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Meena Rasi: 25.02	Tithi 12 – 13	716762365	<b>Gulika</b> 11:51AM – 1:04PM <b>Yama</b> 9:25AM – 10:38AM <b>Rahu</b> 2:17PM – 3:30PM	<b>Revati</b> <b>Until 2:56PM</b> Siddhi Until 1:53PM Kaulava Until 11:03PM <b>Dvadashi Until 11:13AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:44PM <b>Nataraja:</b> White Moon – Clear	Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Mesha Rasi: 8.14	Tithi 13 – 14	726762365	<b>Gulika</b> 10:38AM – 11:51AM <b>Yama</b> 8:13AM – 9:25AM <b>Rahu</b> 11:51AM – 1:04PM	<b>Ashvini</b> <b>Until 3:03PM</b> Vyailpata* Until 12:13PM Gara Until 10:10PM <b>Trayodashi Until 10:40AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:00AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:43PM <b>Nataraja:</b> White Moon – White	Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Routine Work Marana Yoga							
Until 3:03PM							
Then Creative Work - Siddha Yoga							

	<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
	Mesha Rasi: 21.5	Tithi 14 – 15	726762365	<b>Gulika</b> 9:26AM – 10:39AM <b>Yama</b> 7:01AM – 8:13AM <b>Rahu</b> 1:04PM – 2:17PM	<b>Bharani</b> <b>Until 2:23PM</b> Variyan Until 10:01AM Visti Until 8:40PM <b>Chaturdashi* Until 9:28AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:01AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:42PM <b>Nataraja:</b> White Moon – White	Sun 28 Sutra 221 Vilamba 5120 Moon 10 - Phase 30 Purnima <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga							
Until 2:23PM							
Then Routine Work - Marana Yoga							

<b>6</b>	<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey
	Vrishabha Rasi: 5.44	Tithi 15 – 16	726762365	<b>Gulika</b> 8:14AM – 9:27AM <b>Yama</b> 2:17PM – 3:29PM <b>Rahu</b> 10:39AM – 11:52AM	<b>Krittika</b> <b>Until 1:05PM</b> Parigha* Until 7:25AM Balava Until 6:42PM <b>Purnima* Until 7:43AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:02AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:42PM <b>Nataraja:</b> White Moon – White	Sun 29 Sutra 222 Vilamba 5120 Moon 10 - Phase 30 Prathama <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga							
Until 1:05PM							
Then Routine Work - Marana Yoga				<b>Vinayaga Viratam Begins</b>			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 19.56 Tithi 17

737762365

**Gulika** 7:03AM – 8:15AM  
**Yama** 1:04PM – 2:17PM  
**Rahu** 9:28AM – 10:40AM

**Rohini Until 11:42AM**  
Siddha Until 1:19AM Sun  
Taitila Until 4:25PM  
**Dvitiya Until 3:10AM Sun**

**Ganesha:** Red *Sunrise:* 7:03AM  
**Muruqa:** Clear *Sunset:* 4:41PM

**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Amrita Yoga

Until 11:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visli\* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.17 Tithi 18

737762365

**Gulika** 2:17PM – 3:29PM  
**Yama** 11:52AM – 1:04PM  
**Rahu** 3:29PM – 4:41PM

**Mrigashira Until 9:56AM**  
Sadhya Until 10:02PM  
Vanija Until 1:55PM  
**Tritiya Until 12:37AM Mon**

**Ganesha:** Red *Sunrise:* 7:04AM  
**Muruqa:** Clear *Sunset:* 4:41PM

**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Istanbul, Turkey

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 18.44 Tithi 19

737762365

**Gulika** 1:05PM – 2:16PM  
**Yama** 10:41AM – 11:53AM  
**Rahu** 8:17AM – 9:29AM

**Ardra Until 7:57AM**  
Subha Until 6:45PM  
Bava Until 11:21AM  
**Chaturthi\* Until 10:04PM**

**Ganesha:** Red *Sunrise:* 7:05AM  
**Muruqa:** Clear *Sunset:* 4:40PM

**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.1 Tithi 20

747762365

**Gulika** 11:53AM – 1:05PM  
**Yama** 9:30AM – 10:41AM  
**Rahu** 2:16PM – 3:28PM

**Punarvasu Until 6:16AM**  
Sukla Until 3:30PM  
Kaulava Until 8:50AM  
**Panchami Until 7:36PM**

**Ganesha:** Green *Sunrise:* 7:06AM  
**Muruqa:** Clear *Sunset:* 4:40PM

**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Visli\* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 17.31 Tithi 21 – 22

747862365

**Gulika** 10:42AM – 11:53AM  
**Yama** 8:19AM – 9:30AM  
**Rahu** 11:53AM – 1:05PM

**Ashlesha\* Until 2:55AM Thu**  
Brahma Until 12:23PM  
Gara Until 6:26AM  
**Shashthi\* Until 5:17PM**

**Ganesha:** White *Sunrise:* 7:07AM  
**Muruqa:** Clear *Sunset:* 4:39PM

**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Simha Rasi: 1.44 Tithi 22 – 23

757863365

**Gulika** 9:31AM – 10:42AM  
**Yama** 7:09AM – 8:20AM  
**Rahu** 1:05PM – 2:16PM

**Magha\* Until 1:46AM Fri**  
Indra Until 9:27AM  
Balava Until 2:17AM Fri  
**Saptami Until 3:12PM**

**Ganesha:** Clear *Sunrise:* 7:09AM  
**Muruqa:** Purple *Sunset:* 4:39PM

**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 1:46AM Fri

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 15.47 Tithi 23 – 24

757863365

**Gulika** 8:21AM – 9:32AM  
**Yama** 2:16PM – 3:27PM  
**Rahu** 10:43AM – 11:54AM

**Purvaphalguni Until 12:45AM Sat**  
Vaidhriti\* Until 6:41AM  
Taitila Until 12:35AM Sat  
**Ashtami\* Until 1:22PM**

**Ganesha:** Clear *Sunrise:* 7:10AM  
**Muruqa:** Purple *Sunset:* 4:39PM

**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 12:45AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Istanbul, Turkey

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 29.41 Tithi 24 – 25

758863365

**Gulika** 7:11AM – 8:22AM  
**Yama** 1:05PM – 2:16PM  
**Rahu** 9:33AM – 10:43AM

**Uttaraphalguni Until 11:50PM**  
Priti Until 1:50AM Sun  
Vanija Until 11:09PM  
**Navami\* Until 11:49AM**

**Ganesha:** Orange *Sunrise:* 7:11AM  
**Muruqa:** Purple *Sunset:* 4:38PM

**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

<b>1 Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Istanbul, Turkey Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 13.25	Tithi 25 – 26	<b>Gulika</b> 2:16PM – 3:27PM	<b>Hasta</b> <b>Until 11:30PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:12AM
		Yama 11:55AM – 1:06PM	Ayushman <b>Until 11:43PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:38PM
	768863365	<b>Rahu</b> 3:27PM – 4:38PM	Bava <b>Until 10:01PM</b>	<b>Nataraja:</b> White
Creative Work Amrita Yoga			Dashami <b>Until 10:31AM</b>	Moon – Green
Until 11:30PM				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Karttika-Karttikai</b>

<b>2 Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 26.58	Tithi 26 – 27	<b>Gulika</b> 1:06PM – 2:16PM	<b>Chitra</b> <b>Until 11:20PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:13AM
<b>Family Home Evening</b>		Yama 10:45AM – 11:55AM	Saubhagya <b>Until 9:52PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:38PM
Routine Work Prabalarishta Yoga	768863365	<b>Rahu</b> 8:23AM – 9:34AM	Kaulava <b>Until 9:11PM</b>	<b>Nataraja:</b> White
Until 11:20PM			Ekadashi* <b>Until 9:32AM</b>	Moon – Green
Then Creative Work - Amrita Yoga				<b>Bhuloka Day</b>
				<b>Karttika-Karttikai</b>

<b>3 Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 10.21	Tithi 27 – 28	<b>Gulika</b> 11:56AM – 1:06PM	<b>Svati</b> <b>Until 11:21PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:14AM
		Yama 9:35AM – 10:45AM	Sobhana <b>Until 8:17PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:38PM
	768863365	<b>Rahu</b> 2:17PM – 3:27PM	Gara <b>Until 8:41PM</b>	<b>Nataraja:</b> White
Creative Work Siddha Yoga			Dvadashi* <b>Until 8:52AM</b>	Moon – Green
Until 11:21PM				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>
				<i>Pradosha Vrata (Fasting)</i>

<b>4 Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visiti* Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 23.32	Tithi 28 – 29	<b>Gulika</b> 10:46AM – 11:56AM	<b>Vishakha</b> <b>Until 12:03AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:15AM
		Yama 8:25AM – 9:35AM	Athiganda* <b>Until 7:00PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:37PM
	778863365	<b>Rahu</b> 11:56AM – 1:06PM	Visti <b>Until 8:36PM</b>	<b>Nataraja:</b> White
Creative Work Siddha Yoga			Trayodashi* <b>Until 8:34AM</b>	Moon – Orange
				<b>Bhuloka Day</b>
				<b>Karttika-Karttikai</b>

<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Istanbul, Turkey Sun 12 Sutra 235 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:36AM – 10:46AM	<b>Anuradha</b> <b>Until 1:04AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:16AM
Vrischika Rasi: 6.31	Tithi 29 – 30	Yama 7:16AM – 8:26AM	Sukarma <b>Until 6:04PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:37PM
	778863365	<b>Rahu</b> 1:07PM – 2:17PM	Catuspada <b>Until 8:59PM</b>	<b>Nataraja:</b> White
Creative Work Siddha Yoga			Chaturdashi* <b>Until 8:42AM</b>	Moon – Orange
Until 1:04AM Fri				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>

<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Istanbul, Turkey Sun 13 Sutra 236 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:27AM – 9:37AM	<b>Jyeshtha*</b> <b>Until 2:25AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:17AM
Vrischika Rasi: 19.15	Tithi 30 – 1	Yama 2:17PM – 3:27PM	Dhriti <b>Until 5:33PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:37PM
	779863365	<b>Rahu</b> 10:47AM – 11:57AM	Kintughna <b>Until 9:52PM</b>	<b>Nataraja:</b> White
Routine Work Marana Yoga			Amavasya* <b>Until 9:20AM</b>	Moon – Orange
Until 2:25AM Sat				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
	Dhanus Rasi: 1.46	Tithi 1 – 2	799863365	Sun 14	Sutra 237	Vilamba 5120	
	Creative Work	Siddha Yoga	Gulika 7:17AM – 8:27AM Yama 1:07PM – 2:17PM Rahu 9:37AM – 10:47AM	Mula* Until 4:36AM Sun Shula* Until 5:24PM Balava Until 11:18PM Prathama* Until 10:29AM	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Light Blue	Sunrise: 7:17AM Sunset: 4:37PM	Moon 11 - Phase 33 3rd Phase
				<b>Bhuloka Day</b>		Margasira-Karttikai	

2	<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey
	Dhanus Rasi: 14.02	Tithi 2 – 3	789863365	Sun 15	Sutra 238	Vilamba 5120	
	Creative Work	Siddha Yoga	Gulika 2:18PM – 3:27PM Yama 11:58AM – 1:08PM Rahu 3:27PM – 4:37PM	Purvashadha* Until 7:07AM Mon Ganda* Until 5:41PM Taitila Until 1:15AM Mon Dvitiya Until 12:11PM	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Light Blue	Sunrise: 7:18AM Sunset: 4:37PM	Moon 11 - Phase 33 3rd Phase
	Then Routine Work - Marana Yoga			<b>Bhuloka Day</b>		Margasira-Karttikai	

3	<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Istanbul, Turkey
	Dhanus Rasi: 26.06	Tithi 3 – 4	789863365	Sun 16	Sutra 239	Vilamba 5120	
	Family Home Evening	Routine Work	Gulika 1:08PM – 2:18PM Yama 10:48AM – 11:58AM Rahu 8:29AM – 9:39AM	Purvashadha* Until 7:07AM Vridhi Until 6:18PM Vanija Until 3:38AM Tue Tritiya Until 2:22PM	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Light Blue	Sunrise: 7:19AM Sunset: 4:37PM	Moon 11 - Phase 33 3rd Phase
	Then Routine Work - Marana Yoga			<b>Bhuloka Day</b>		Margasira-Karttikai	

4	<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey
	Makara Rasi: 8.01	Tithi 4 – 5	799863365	Sun 17	Sutra 240	Vilamba 5120	
	Routine Work	Prabalarishta Yoga	Gulika 11:59AM – 1:08PM Yama 9:39AM – 10:49AM Rahu 2:18PM – 3:28PM	Uttarashadha Until 9:51AM Dhruva Until 7:10PM Bava Until 6:18AM Wed Chaturthi* Until 4:55PM	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Light Blue	Sunrise: 7:20AM Sunset: 4:37PM	Moon 11 - Phase 33 3rd Phase
	Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b>		Margasira-Karttikai	

5	<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey
	Makara Rasi: 19.49	Tithi 5	799863365	Sun 18	Sutra 241	Vilamba 5120	
	Creative Work	Siddha Yoga	Gulika 10:50AM – 11:59AM Yama 8:30AM – 9:40AM Rahu 11:59AM – 1:09PM	Shravana Until 1:08PM Vyaghata* Until 8:10PM Bava Until 6:18AM Panchami Until 7:40PM	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – Purple	Sunrise: 7:21AM Sunset: 4:37PM	Moon 11 - Phase 33 3rd Phase
	Then Routine Work - Prabalarishta Yoga			<b>Bhuloka Day</b>		Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM

6	<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey
	Kumbha Rasi: 2	Tithi 6	799863365	Sun 19	Sutra 242	Vilamba 5120	
	Creative Work	Siddha Yoga	Gulika 9:41AM – 10:50AM Yama 7:22AM – 8:31AM Rahu 1:09PM – 2:19PM	Dhanishtha Until 4:17PM Harshana Until 9:09PM Kaulava Until 9:03AM Shashthi* Until 10:22PM	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – Purple	Sunrise: 7:22AM Sunset: 4:38PM	Moon 11 - Phase 33 3rd Phase
				<b>Bhuloka Day</b>		Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM

Vinayaga Viratam Ends

<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey
<b>Retreat Star</b>		799863365	Sun 20	Sutra 243	Vilamba 5120	
Kumbha Rasi: 13.25	Tithi 7	Gulika 8:32AM – 9:41AM Yama 2:19PM – 3:28PM Rahu 10:51AM – 12:00PM	Shatabhishak Until 7:04PM Vajra* Until 9:55PM Gara Until 11:40AM Saptami Until 12:49AM Sat	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – Purple	Sunrise: 7:22AM Sunset: 4:38PM	Moon 11 - Phase 33 3rd Phase
Creative Work			<b>Bhuloka Day</b>		Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM

D	<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi* Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		711863365	Sun 21	Sutra 244	Vilamba 5120	
	Kumbha Rasi: 25.22	Tithi 8	Gulika 7:23AM – 8:33AM Yama 1:10PM – 2:19PM Rahu 9:42AM – 10:51AM	Purvaproshtapada* Until 9:45PM Siddhi Until 10:21PM Visti Until 1:53PM Ashtami* Until 2:45AM Sun	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – Clear	Sunrise: 7:23AM Sunset: 4:38PM	Moon 11 - Phase 33 Ashtami
	Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b>		Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM

<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey
<b>Retreat Star</b>		811863365	Sun 22	Sutra 245	Vilamba 5120	
Meena Rasi: 7.32	Tithi 9	Gulika 2:20PM – 3:29PM Yama 12:01PM – 1:10PM Rahu 3:29PM – 4:38PM	Uttaraproshtapada Until 11:38PM Vyatipata* Until 10:18PM Balava Until 3:30PM Navami* Until 4:01AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Clear	Sunrise: 7:24AM Sunset: 4:38PM	Moon 11 - Phase 33 Navami
Creative Work			<b>Bhuloka Day</b>		Margasira-Markali	

Markali Pillaiyar

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 19.59	Tithi 10	<b>Gulika</b> 1:11PM – 2:20PM	<b>Revati Until 12:38AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:25AM	
	<b>Family Home Evening</b>	811863365	Yama 10:52AM – 12:02PM	Variyan Until 9:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 8:34AM – 9:43AM	Taitila Until 4:22PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami Until 4:29AM Tue</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>			

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 2.48	Tithi 11	<b>Gulika</b> 12:02PM – 1:11PM	<b>Ashvini Until 1:09AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:25AM	
		821863365	Yama 9:44AM – 10:53AM	Parigha* Until 8:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 2:21PM – 3:30PM	Vanija Until 4:26PM	<b>Nataraja:</b> White		4th Phase
		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi Until 4:08AM Wed</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau				Istanbul, Turkey Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 16.02	Tithi 12	<b>Gulika</b> 10:53AM – 12:03PM	<b>Bharani Until 12:43AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:26AM	
		821863365	Yama 8:35AM – 9:44AM	Shiva Until 6:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 12:03PM – 1:12PM	Bava Until 3:40PM	<b>Nataraja:</b> White		4th Phase
Until 12:43AM Thu			<b>Dvodashi Until 2:59AM Thu</b>	Moon – White		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 29.42	Tithi 13	<b>Gulika</b> 9:45AM – 10:54AM	<b>Krittika Until 11:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:26AM	
		821863365	Yama 7:26AM – 8:36AM	Siddha Until 3:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:40PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 1:12PM – 2:21PM	Kaulava Until 2:09PM	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi Until 1:08AM Fri</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 13.47	Tithi 14	<b>Gulika</b> 8:36AM – 9:45AM	<b>Rohini Until 9:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:27AM	
		831863365	Yama 2:22PM – 3:31PM	Sadhya Until 12:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:40PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 10:54AM – 12:04PM	Gara Until 12:00PM	<b>Nataraja:</b> White		4th Phase
Until 9:54PM		<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi* Until 10:43PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Margasira-Markali</b>			

	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:27AM – 8:37AM	<b>Mrigashira Until 7:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM	
	Vrishabha Rasi: 28.14	Tithi 15	Yama 1:13PM – 2:22PM	Subha Until 9:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 34
		831963365	<b>Rahu</b> 9:46AM – 10:55AM	Visti Until 9:21AM	<b>Nataraja:</b> White		Purnima
Creative Work Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>	<b>Purnima* Until 7:52PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 9:AM to 12:PM	

<b>Silver Retreat Star</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Istanbul, Turkey Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:23PM – 3:32PM	<b>Ardra Until 5:15PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:28AM	
	Mithuna Rasi: 12.56	Tithi 16 – 17	Yama 12:05PM – 1:14PM	Brahma Until 2:00AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 34
		831963365	<b>Rahu</b> 3:32PM – 4:41PM	Balava Until 6:21AM	<b>Nataraja:</b> White		Prathama
Creative Work Siddha Yoga		<b>Day 3 of Pancha Ganapati</b>	<b>Prathama* Until 4:45PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Ardra Darshanam</b>		<b>Margasira-Markali</b>		Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 27.49 Tithi 17 - 18

Family Home Evening

841963365

Gulika

1:14PM - 2:24PM

Yama

10:56AM - 12:05PM

Rahu

8:38AM - 9:47AM

Day 4 of Pancha Ganapati

Punarvasu Until 2:53PM

Indra Until 10:07PM

Vanija Until 11:55PM

Dvitiya Until 1:31PM

Ganesha: Blue

Sunrise: 7:28AM

Muruqa: Purple

Sunset: 4:42PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Until 2:53PM

Then Creative Work - Siddha Yoga

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Istanbul, Turkey

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 12.41 Tithi 18 - 19

Creative Work Siddha Yoga

842963365

Gulika

12:06PM - 1:15PM

Yama

9:47AM - 10:56AM

Rahu

2:24PM - 3:33PM

Day 5 of Pancha Ganapati

Pushya Until 12:25PM

Vaidhriti\* Until 6:18PM

Bava Until 8:47PM

Tritiya Until 10:19AM

Ganesha: Yellow

Sunrise: 7:29AM

Muruqa: Purple

Sunset: 4:43PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 27.28 Tithi 19 - 20

Creative Work Siddha Yoga

842963365

Gulika

10:57AM - 12:06PM

Yama

8:38AM - 9:48AM

Rahu

12:06PM - 1:15PM

Ashlesha\* Until 9:59AM

Vishkambha\* Until 2:39PM

Taitila Until 4:31AM Thu

Chaturthi\* Until 7:16AM

Ganesha: Yellow

Sunrise: 7:29AM

Muruqa: Purple

Sunset: 4:43PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 12.02 Tithi 21

Creative Work Amrita Yoga

852963365

Gulika

9:48AM - 10:57AM

Yama

7:29AM - 8:39AM

Rahu

1:16PM - 2:25PM

Magha\* Until 8:08AM

Priti Until 11:17AM

Gara Until 3:18PM

Shashthi\* Until 2:10AM Fri

Ganesha: Blue

Sunrise: 7:29AM

Muruqa: Purple

Sunset: 4:44PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Until 8:08AM

Then Creative Work - Siddha Yoga

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 26.2 Tithi 22

Creative Work Siddha Yoga

852963365

Gulika

8:39AM - 9:48AM

Yama

2:26PM - 3:35PM

Rahu

10:58AM - 12:07PM

Purvaphalguni Until 6:33AM

Ayushman Until 8:14AM

Visti Until 1:10PM

Saptami Until 12:16AM Sat

Ganesha: Blue

Sunrise: 7:30AM

Muruqa: Purple

Sunset: 4:45PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 10.19 Tithi 23

Routine Work Marana Yoga

862963365

Gulika

7:30AM - 8:39AM

Yama

1:17PM - 2:26PM

Rahu

9:49AM - 10:58AM

Hasta Until 4:50AM Sun

Sobhana Until 3:22AM Sun

Balava Until 11:32AM

Ashtami\* Until 10:54PM

Ganesha: Red

Sunrise: 7:30AM

Muruqa: Purple

Sunset: 4:45PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 23.59 Tithi 24

Creative Work Siddha Yoga

862963365

Gulika

2:27PM - 3:37PM

Yama

12:08PM - 1:18PM

Rahu

3:37PM - 4:46PM

Chitra Until 4:46AM Mon

Athiganda\* Until 1:33AM Mon

Taitila Until 10:26AM

Navami\* Until 10:04PM

Ganesha: Red

Sunrise: 7:30AM

Muruqa: Purple

Sunset: 4:46PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 4:46AM Mon

Then Creative Work - Amrita Yoga

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Istanbul, Turkey	
1		Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 260	
Tula Rasi: 7.2	Tithi 25	<b>Gulika</b> 1:18PM – 2:28PM	<b>Svati Until 5:03AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:30AM	Vilamba 5120
<b>Family Home Evening</b>	862963366	Yama 10:59AM – 12:09PM	Sukarma Until 12:09AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:47PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		<b>Rahu</b> 8:40AM – 9:50AM	Vanija Until 9:52AM	<b>Nataraja:</b> Green	2nd Phase
Until 5:03AM Tue			<b>Dashami Until 9:45PM</b>	Moon – Green	
Then Routine Work - Marana Yoga				<b>Margasira*Markali</b>	<b>Bhuloka Day</b>
					Devaloka Time: 6:AM to 9:AM

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Istanbul, Turkey	
2		Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 261	
Tula Rasi: 20.25	Tithi 26	<b>Gulika</b> 12:09PM – 1:19PM	<b>Vishakha Until 6:08AM Wed</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:31AM	Vilamba 5120
	872963366	Yama 9:50AM – 10:59AM	Dhriti Until 11:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 12 - Phase 36
Routine Work Marana Yoga		<b>Rahu</b> 2:28PM – 3:38PM	Bava Until 9:49AM	<b>Nataraja:</b> Green	2nd Phase
Until 6:08AM Wed			<b>Ekadashi* Until 9:58PM</b>	Moon – Orange	
Then Creative Work - Siddha Yoga				<b>Margasira*Markali</b>	<b>Bhuloka Day</b>

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Istanbul, Turkey	
3		Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 262	
Vrischika Rasi: 3.15	Tithi 27	<b>Gulika</b> 11:00AM – 12:10PM	<b>Vishakha Until 6:08AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:31AM	Vilamba 5120
	872963366	Yama 8:40AM – 9:50AM	Shula* Until 10:31PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 12:10PM – 1:19PM	Kaulava Until 10:17AM	<b>Nataraja:</b> Green	2nd Phase
			<b>Dvadashi* Until 10:40PM</b>	Moon – Orange	
				<b>Margasira*Markali</b>	<b>Bhuloka Day</b>

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Istanbul, Turkey	
4		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 263	
Vrischika Rasi: 15.52	Tithi 28	<b>Gulika</b> 9:50AM – 11:00AM	<b>Anuradha Until 7:31AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:31AM	Vilamba 5120
	872963366	Yama 7:31AM – 8:41AM	Ganda* Until 10:14PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 1:20PM – 2:30PM	Gara Until 11:13AM	<b>Nataraja:</b> Green	2nd Phase
Until 7:31AM			<b>Trayodashi* Until 11:51PM</b>	Moon – Orange	
Then Routine Work - Prabalarishta Yoga				<b>Margasira*Markali</b>	<b>Bhuloka Day</b>
					<i>Pradosha Vrata (Fasting)</i>

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Istanbul, Turkey	
5		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 264	
Vrischika Rasi: 28.16	Tithi 29	<b>Gulika</b> 8:41AM – 9:51AM	<b>Jyeshtha* Until 9:12AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:31AM	Vilamba 5120
	872963366	Yama 2:30PM – 3:40PM	Vriddhi Until 10:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:50PM	Moon 12 - Phase 36
Routine Work Marana Yoga		<b>Rahu</b> 11:01AM – 12:11PM	Visti Until 12:37PM	<b>Nataraja:</b> Green	2nd Phase
Until 9:12AM			<b>Chaturdashi* Until 1:28AM Sat</b>	Moon – Orange	
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>	<b>Bhuloka Day</b>

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Istanbul, Turkey	
● <b>Retreat Star</b>		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 265	
Dhanus Rasi: 10.29	Tithi 30	<b>Gulika</b> 7:31AM – 8:41AM	<b>Mula* Until 11:36AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM	Vilamba 5120
	882963366	Yama 1:21PM – 2:31PM	Dhruva Until 10:40PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:51PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 9:51AM – 11:01AM	Catuspada Until 2:27PM	<b>Nataraja:</b> Green	Amavasya
			<b>Amavasya* Until 3:29AM Sun</b>	Moon – Light Blue	
		<b>Subramuniyaswami Jayanti</b>		<b>Margasira*Markali</b>	<b>Bhuloka Day</b>

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Istanbul, Turkey	
● <b>Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 266	
Dhanus Rasi: 22.34	Tithi 1	<b>Gulika</b> 2:32PM – 3:42PM	<b>Purvashadha* Until 2:13PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM	Vilamba 5120
	882973366	Yama 12:11PM – 1:22PM	Vyaghata* Until 11:18PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 3:42PM – 4:52PM	Kintughna Until 4:39PM	<b>Nataraja:</b> Green	Prathama
Until 2:13PM			<b>Prathama* Until 5:50AM Mon</b>	Moon – Light Blue	
Then Creative Work - Amrita Yoga		<b>Partial Solar Eclipse</b>		<b>Pausha*Markali</b>	<b>Bhuloka Day</b>
					Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Istanbul, Turkey Sun 15 Sutra 267 Vilamba 5120	
<b>1</b>	Makara Rasi: 4.3 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 4:56PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:22PM – 2:32PM Yama 11:02AM – 12:12PM <b>Rahu</b> 8:41AM – 9:51AM	<b>Uttarashadha Until 4:56PM</b> Harshana Until 12:09AM Tue Balava Until 7:09PM <b>Dvitiya Until 8:27AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Moon 12 - Phase 37 3rd Phase

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Istanbul, Turkey Sun 16 Sutra 268 Vilamba 5120	
<b>2</b>	Makara Rasi: 16.2 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:12PM – 1:23PM Yama 9:52AM – 11:02AM <b>Rahu</b> 2:33PM – 3:44PM	<b>Shravana Until 8:12PM</b> Vajra* Until 1:06AM Wed Taitila Until 9:50PM <b>Dvitiya Until 8:27AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Devaloka Day</b> Moon 12 - Phase 37 3rd Phase

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Istanbul, Turkey Sun 17 Sutra 269 Vilamba 5120	
<b>3</b>	Makara Rasi: 28.08 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 11:22PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:02AM – 12:13PM Yama 8:41AM – 9:52AM <b>Rahu</b> 12:13PM – 1:23PM	<b>Dhanishtha Until 11:22PM</b> Siddhi Until 2:06AM Thu Vanija Until 12:36AM Thu <b>Tritiya Until 11:12AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Devaloka Day</b> Moon 12 - Phase 37 3rd Phase

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Istanbul, Turkey Sun 18 Sutra 270 Vilamba 5120	
<b>4</b>	Kumbha Rasi: 9.55 Tithi 4 – 5 Creative Work Siddha Yoga	<b>Gulika</b> 9:52AM – 11:02AM Yama 7:30AM – 8:41AM <b>Rahu</b> 1:24PM – 2:35PM	<b>Shatabhishak Until 2:16AM Fri</b> Vyatipata* Until 3:01AM Fri Bava Until 3:15AM Fri <b>Chaturthi* Until 1:55PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Devaloka Day</b> Moon 12 - Phase 37 3rd Phase

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Istanbul, Turkey Sun 19 Sutra 271 Vilamba 5120	
<b>5</b>	Kumbha Rasi: 21.45 Tithi 5 – 6 Creative Work Siddha Yoga	<b>Gulika</b> 8:41AM – 9:52AM Yama 2:35PM – 3:46PM <b>Rahu</b> 11:03AM – 12:14PM	<b>Purvaproshtapada* Until 5:14AM Sat</b> Variyan Until 3:43AM Sat Kaulava Until 5:37AM Sat <b>Panchami Until 4:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Devaloka Day</b> Moon 12 - Phase 37 3rd Phase

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthyam Titau		Istanbul, Turkey Sun 20 Sutra 272 Vilamba 5120	
<b>6</b>	Meena Rasi: 3.42 Tithi 6 Creative Work Siddha Yoga Until 7:37AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:30AM – 8:41AM Yama 1:25PM – 2:36PM <b>Rahu</b> 9:52AM – 11:03AM	<b>Uttaraproshtapada Until 7:37AM Sun</b> Parigha* Until 4:06AM Sun Taitila Until 6:37PM <b>Shashthi* Until 6:37PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:58PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Devaloka Day</b> Moon 12 - Phase 37 3rd Phase

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Istanbul, Turkey Sun 21 Sutra 273 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 2:37PM – 3:48PM Yama 12:14PM – 1:26PM <b>Rahu</b> 3:48PM – 4:59PM	<b>Uttaraproshtapada Until 7:37AM</b> Shiva Until 4:02AM Mon Gara Until 7:32AM <b>Saptami Until 8:15PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:59PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Devaloka Day</b> Moon 12 - Phase 37 3rd Phase

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Istanbul, Turkey Sun 22 Sutra 274 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 1:26PM – 2:38PM Yama 11:03AM – 12:15PM <b>Rahu</b> 8:41AM – 9:52AM	<b>Revati Until 9:14AM</b> Siddha Until 3:23AM Tue Visti Until 8:49AM <b>Ashtami* Until 9:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Thai</b>	<b>Devaloka Day</b> Moon 12 - Phase 37 Ashtami

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Istanbul, Turkey Sun 23 Sutra 275 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 12:15PM – 1:27PM Yama 9:52AM – 11:04AM <b>Rahu</b> 2:38PM – 3:50PM	<b>Ashvini Until 10:28AM</b> Sadhya Until 2:08AM Wed Balava Until 9:21AM <b>Navami* Until 9:18PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	<b>Sivaloka Day</b> Moon 12 - Phase 37 Navami


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>	<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 24.01	Tithi 10	<b>Gulika</b> 11:04AM – 12:15PM	<b>Bharani Until 10:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:28AM	
			Yama 8:40AM – 9:52AM	Subha Until 12:15AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 38
		823173366	<b>Rahu</b> 12:15PM – 1:27PM	Taitila Until 9:04AM	<b>Nataraja:</b> Green		4th Phase
Creative Work Siddha Yoga			<b>Dashami Until 8:36PM</b>	<b>Moon – White</b>		<b>Sivaloka Day</b>	
Until 10:43AM				<b>Pausha*Thai</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 25 Sutra 277 Vilamba 5120
	Vrishabha Rasi: 7.35	Tithi 11	<b>Gulika</b> 9:52AM – 11:04AM	<b>Krittika Until 10:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:28AM	
			Yama 7:28AM – 8:40AM	Sukla Until 9:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 38
		823173366	<b>Rahu</b> 1:28PM – 2:40PM	Vanija Until 7:57AM	<b>Nataraja:</b> Green		4th Phase
Routine Work Marana Yoga			<b>Ekadashi Until 7:05PM</b>	<b>Moon – White</b>		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>3</b>	<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 278 Vilamba 5120
	Vrishabha Rasi: 21.35	Tithi 12 – 13	<b>Gulika</b> 8:40AM – 9:52AM	<b>Rohini Until 8:54AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM	
			Yama 2:41PM – 3:53PM	Brahma Until 6:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 38
		833173366	<b>Rahu</b> 11:04AM – 12:16PM	Bava Until 6:05AM	<b>Nataraja:</b> Green		4th Phase
Routine Work Marana Yoga			<b>Dvadashi Until 4:52PM</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
Until 8:54AM				<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 6.03	Tithi 13 – 14	<b>Gulika</b> 7:27AM – 8:39AM	<b>Mrigashira Until 6:59AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM	
			Yama 1:29PM – 2:41PM	Indra Until 3:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 38
		833173366	<b>Rahu</b> 9:52AM – 11:04AM	Gara Until 12:29AM Sun	<b>Nataraja:</b> Green		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi Until 2:03PM</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

	<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey Sutra 280 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:42PM – 3:55PM	<b>Punarvasu Until 1:50AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	
	Mithuna Rasi: 20.52	Tithi 14 – 15	Yama 12:17PM – 1:29PM	Vaidhriti* Until 11:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 38
		843173366	<b>Rahu</b> 3:55PM – 5:07PM	Visti Until 9:04PM	<b>Nataraja:</b> Green		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi* Until 10:48AM</b>	<b>Moon – Blue</b>		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>Monday, January 21, 2019</b>	<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Istanbul, Turkey Sutra 281 Vilamba 5120
	Kataka Rasi: 5.57	Tithi 15 – 16	<b>Gulika</b> 1:30PM – 2:43PM	<b>Pushya Until 10:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	
	<b>Family Home Evening</b>		Yama 11:04AM – 12:17PM	Vishkambha* Until 7:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 38
		843173366	<b>Rahu</b> 8:39AM – 9:51AM	Kaulava Until 3:34AM Tue	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga			<b>Purnima* Until 7:15AM</b>	<b>Moon – Blue</b>		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			
			<b>Total Lunar Eclipse</b>				
			<b>Thai Pusam</b>				



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Kataka Rasi: 21.08 Tithi 17

844173366

**Gulika** 12:17PM – 1:30PM  
Yama 9:51AM – 11:04AM  
**Rahu** 2:43PM – 3:57PM

**Ashlesha\* Until 7:53PM**  
Ayushman Until 10:32PM  
Taitila Until 1:45PM  
**Dvitiya Until 11:56PM**

**Ganesha:** Clear *Sunrise: 7:25AM*  
**Muruqa:** Clear *Sunset: 5:10PM*  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Istanbul, Turkey

Simha Rasi: 6.16 Tithi 18

854173366

**Gulika** 11:04AM – 12:18PM  
Yama 8:38AM – 9:51AM  
**Rahu** 12:18PM – 1:31PM

**Magha\* Until 5:16PM**  
Saubhagya Until 6:27PM  
Vanija Until 10:12AM  
**Tritiya Until 8:29PM**

**Ganesha:** Purple *Sunrise: 7:25AM*  
**Muruqa:** Clear *Sunset: 5:11PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Sun 1 Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 5:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Simha Rasi: 21.13 Tithi 19 – 20

854173366

**Gulika** 9:51AM – 11:04AM  
Yama 7:24AM – 8:37AM  
**Rahu** 1:31PM – 2:45PM

**Purvaphalguni Until 2:50PM**  
Sobhana Until 2:40PM  
Bava Until 6:54AM  
**Chaturthi\* Until 5:24PM**

**Ganesha:** Purple *Sunrise: 7:24AM*  
**Muruqa:** Clear *Sunset: 5:12PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Sun 2 Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Kanya Rasi: 5.52 Tithi 20 – 21

954173366

**Gulika** 8:37AM – 9:51AM  
Yama 2:46PM – 3:59PM  
**Rahu** 11:04AM – 12:18PM

**Uttaraphalguni Until 12:45PM**  
Athiganda\* Until 11:14AM  
Gara Until 1:44AM Sat  
**Panchami Until 2:47PM**

**Ganesha:** Clear *Sunrise: 7:23AM*  
**Muruqa:** Clear *Sunset: 5:13PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Sun 3 Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 12:45PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Kanya Rasi: 20.06 Tithi 21 – 22

964173366

**Gulika** 7:22AM – 8:36AM  
Yama 1:32PM – 2:46PM  
**Rahu** 9:50AM – 11:04AM

**Hasta Until 11:31AM**  
Sukarma Until 8:18AM  
Visti Until 12:04AM Sun  
**Shashthi\* Until 12:48PM**

**Ganesha:** Purple *Sunrise: 7:22AM*  
**Muruqa:** Clear *Sunset: 5:14PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Sun 4 Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Tula Rasi: 3.55 Tithi 22 – 23

964173366

**Gulika** 2:47PM – 4:01PM  
Yama 12:19PM – 1:33PM  
**Rahu** 4:01PM – 5:16PM

**Chitra Until 10:51AM**  
Shula\* Until 4:06AM Mon  
Balava Until 11:08PM  
**Saptami Until 11:30AM**

**Ganesha:** Purple *Sunrise: 7:22AM*  
**Muruqa:** Clear *Sunset: 5:16PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Sun 5 Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Tula Rasi: 17.19 Tithi 23 – 24

964173366

**Gulika** 1:33PM – 2:48PM  
Yama 11:04AM – 12:19PM  
**Rahu** 8:35AM – 9:50AM

**Svati Until 10:44AM**  
Ganda\* Until 2:52AM Tue  
Taitila Until 10:58PM  
**Ashtami\* Until 10:56AM**

**Ganesha:** Purple *Sunrise: 7:21AM*  
**Muruqa:** Clear *Sunset: 5:17PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Sun 6 Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:44AM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Istanbul, Turkey Sun 7 Sutra 289	
Wrischika Rasi: 0.18	Tithi 24 – 25	<b>Gulika</b>	12:19PM – 1:34PM	<b>Vishakha</b> Until 11:40AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	Vilamba 5120
		Yama	9:49AM – 11:04AM	Vridhhi Until 2:12AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 40
		974173366 <b>Rahu</b>	2:49PM – 4:03PM	Vanija Until 11:30PM	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Marana Yoga			<b>Navami*</b> Until 11:07AM	Moon – Orange		<b>Devaloka Day</b>
Until 11:40AM					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Istanbul, Turkey Sun 8 Sutra 290	
Wrischika Rasi: 12.58	Tithi 25 – 26	<b>Gulika</b>	11:04AM – 12:19PM	<b>Anuradha</b> Until 1:06PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	Vilamba 5120
		Yama	8:34AM – 9:49AM	Dhruva Until 2:00AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 40
		974173366 <b>Rahu</b>	12:19PM – 1:34PM	Bava Until 12:42AM Thu	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga			<b>Dashami</b> Until 12:00PM	Moon – Orange		<b>Devaloka Day</b>
					<b>Pausha*Thai</b>		

<b>3</b>		<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 9 Sutra 291	
Wrischika Rasi: 25.21	Tithi 26 – 27	<b>Gulika</b>	9:49AM – 11:04AM	<b>Jyeshtha*</b> Until 2:57PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:18AM	Vilamba 5120
		Yama	7:18AM – 8:33AM	Vyaghata* Until 2:13AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 40
		974173366 <b>Rahu</b>	1:35PM – 2:50PM	Kaulava Until 2:27AM Fri	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Prabalarishta Yoga			<b>Ekadashi*</b> Until 1:30PM	Moon – Orange		<b>Devaloka Day</b>
Until 2:57PM					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 10 Sutra 292	
Dhanus Rasi: 7.31	Tithi 27 – 28	<b>Gulika</b>	8:33AM – 9:49AM	<b>Mula*</b> Until 5:35PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:18AM	Vilamba 5120
		Yama	2:50PM – 4:05PM	Harshana Until 2:47AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 40
		984173366 <b>Rahu</b>	11:04AM – 12:19PM	Gara Until 4:38AM Sat	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi*</b> Until 3:28PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 5:35PM					<b>Pausha*Thai</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga							
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 11 Sutra 293	
Dhanus Rasi: 19.31	Tithi 28 – 29	<b>Gulika</b>	7:17AM – 8:33AM	<b>Purvashadha*</b> Until 8:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:17AM	Vilamba 5120
		Yama	1:35PM – 2:51PM	Vajra* Until 3:32AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 40
		984173366 <b>Rahu</b>	9:48AM – 11:04AM	Visti Until 7:06AM Sun	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi*</b> Until 5:49PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 8:23PM					<b>Pausha*Thai</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Istanbul, Turkey Sun 12 Sutra 294	
Makara Rasi: 1.24	Tithi 29	<b>Gulika</b>	2:51PM – 4:07PM	<b>Uttarashadha</b> Until 11:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:16AM	Vilamba 5120
		Yama	12:20PM – 1:35PM	Siddhi Until 4:27AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 40
		985173366 <b>Rahu</b>	4:07PM – 5:23PM	Visti Until 7:06AM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Amrita Yoga			<b>Chaturdashi*</b> Until 8:24PM	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Pausha*Thai</b>		

<b>Monday, February 4, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Istanbul, Turkey Sun 13 Sutra 295	
Makara Rasi: 13.14	Tithi 30	<b>Gulika</b>	1:36PM – 2:52PM	<b>Shravana</b> Until 2:32AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:15AM	Vilamba 5120
<b>Family Home Evening</b>		Yama	11:04AM – 12:20PM	Vyatipata* Until 5:27AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 40
Creative Work	Amrita Yoga	995173367 <b>Rahu</b>	8:31AM – 9:47AM	Catuspada Until 9:46AM	<b>Nataraja:</b> White		Amavasya
Until 2:32AM Tue				<b>Amavasya*</b> Until 11:06PM	Moon – Purple		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Pausha*Thai</b>		

<b>Tuesday, February 5, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 14 Sutra 296	
Makara Rasi: 25.01	Tithi 1	<b>Gulika</b>	12:20PM – 1:36PM	<b>Dhanishtha</b> Until 5:39AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:14AM	Vilamba 5120
		Yama	9:47AM – 11:03AM	Variyan Until 6:24AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 40
		995173367 <b>Rahu</b>	2:53PM – 4:09PM	Kintughna Until 12:29PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 1:48AM Wed	Moon – Purple		<b>Devaloka Day</b>
					<b>Magha*Thai</b>		

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey Sun 15 Sutra 297 Vilamba 5120
	Kumbha Rasi: 6.5	Tithi 2	<b>Gulika</b> 11:03AM – 12:20PM Yama 8:30AM – 9:47AM 995173367 <b>Rahu</b> 12:20PM – 1:37PM	<b>Shatabhishak</b> <b>Until 8:30AM Thu</b> Variyan Until 6:24AM Balava Until 3:09PM <b>Dvitiya</b> <b>Until 4:25AM Thu</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Magha-Thai</b>	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 5:27PM	Moon 1 - Phase 41 3rd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Istanbul, Turkey Sun 16 Sutra 298 Vilamba 5120
	Kumbha Rasi: 18.4	Tithi 3	<b>Gulika</b> 9:46AM – 11:03AM Yama 7:12AM – 8:29AM 995173367 <b>Rahu</b> 1:37PM – 2:54PM	<b>Shatabhishak</b> <b>Until 8:30AM</b> Parigha* Until 7:18AM Tailila Until 5:40PM <b>Tritiya</b> <b>Until 6:50AM Fri</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Magha-Thai</b>	<b>Sunrise:</b> 7:12AM <b>Sunset:</b> 5:28PM	Moon 1 - Phase 41 3rd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Istanbul, Turkey Sun 17 Sutra 299 Vilamba 5120
	Meena Rasi: 0.35	Tithi 3 – 4	<b>Gulika</b> 8:28AM – 9:46AM Yama 2:55PM – 4:12PM 915173367 <b>Rahu</b> 11:03AM – 12:20PM	<b>Purvaproshtapada*</b> <b>Until 11:29AM</b> Shiva Until 8:03AM Vanija Until 7:57PM <b>Tritiya</b> <b>Until 6:50AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 5:29PM	Moon 1 - Phase 41 3rd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey Sun 18 Sutra 300 Vilamba 5120
	Meena Rasi: 12.37	Tithi 4 – 5	<b>Gulika</b> 7:10AM – 8:27AM Yama 1:38PM – 2:55PM 915173367 <b>Rahu</b> 9:45AM – 11:03AM	<b>Uttaraproshtapada</b> <b>Until 2:01PM</b> Siddha Until 8:33AM Bava Until 9:54PM <b>Chaturthi*</b> <b>Until 8:57AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 5:31PM	Moon 1 - Phase 41 3rd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga	Until 2:01PM Then Routine Work - Prabararishta Yoga				

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Istanbul, Turkey Sun 19 Sutra 301 Vilamba 5120
	Meena Rasi: 24.47	Tithi 5 – 6	<b>Gulika</b> 2:56PM – 4:14PM Yama 12:20PM – 1:38PM 915273367 <b>Rahu</b> 4:14PM – 5:32PM	<b>Revati</b> <b>Until 3:59PM</b> Sadhya Until 8:47AM Kaulava Until 11:23PM <b>Panchami</b> <b>Until 10:41AM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 5:32PM	Moon 1 - Phase 41 3rd Phase <b>Devaloka Day</b>
	Creative Work	Amrita Yoga	Until 3:59PM Then Creative Work - Siddha Yoga				

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Istanbul, Turkey Sun 20 Sutra 302 Vilamba 5120
	Mesha Rasi: 7.1	Tithi 6 – 7	<b>Gulika</b> 1:38PM – 2:57PM Yama 11:02AM – 12:20PM 925273367 <b>Rahu</b> 8:26AM – 9:44AM	<b>Ashvini</b> <b>Until 5:45PM</b> Subha Until 8:38AM Gara Until 12:18AM Tue <b>Shashthi*</b> <b>Until 11:54AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Thai</b>	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 5:33PM	Moon 1 - Phase 41 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Family Home Evening	Siddha Yoga					

<b>D</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey Sun 21 Sutra 303 Vilamba 5120
	Mesha Rasi: 19.49	Tithi 7 – 8	<b>Gulika</b> 12:20PM – 1:39PM Yama 9:43AM – 11:02AM 925273367 <b>Rahu</b> 2:57PM – 4:16PM	<b>Bharani</b> <b>Until 6:44PM</b> Sukla Until 8:00AM Visti Until 12:32AM Wed <b>Saptami</b> <b>Until 12:29PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Thai</b>	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 5:34PM	Moon 1 - Phase 41 Ashtami <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work	Siddha Yoga					

<b>D</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey Sun 22 Sutra 304 Vilamba 5120
	Vrisabha Rasi: 2.47	Tithi 8 – 9	<b>Gulika</b> 11:01AM – 12:20PM Yama 8:24AM – 9:43AM 926273367 <b>Rahu</b> 12:20PM – 1:39PM	<b>Krittika</b> <b>Until 6:52PM</b> Brahma Until 6:51AM Balava Until 12:02AM Thu <b>Ashtami*</b> <b>Until 12:22PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Masi</b>	<b>Sunrise:</b> 7:05AM <b>Sunset:</b> 5:36PM	Moon 1 - Phase 41 Navami <b>Devaloka Day</b>
	Creative Work	Amrita Yoga	Until 6:52PM Then Creative Work - Siddha Yoga				

1	<b>Thursday, February 14, 2019</b>	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Istanbul, Turkey Sun 23 Sutra 305 Vilamba 5120
	936273367	<b>Gulika</b> 9:42AM – 11:01AM Yama 7:04AM – 8:23AM <b>Rahu</b> 1:39PM – 2:58PM	<b>Rohini Until 6:33PM</b> Vaidhriti* Until 2:45AM Fri Taitila Until 10:45PM <b>Navami* Until 11:28AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:04AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:37PM <b>Nataraja:</b> White Moon – Yellow	Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Routine Work Marana Yoga			<b>Magha-Masi</b>	

2	<b>Friday, February 15, 2019</b>	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Istanbul, Turkey Sun 24 Sutra 306 Vilamba 5120
	936273367	<b>Gulika</b> 8:22AM – 9:41AM Yama 2:59PM – 4:19PM <b>Rahu</b> 11:01AM – 12:20PM	<b>Mrigashira Until 5:22PM</b> Vishkambha* Until 11:51PM Vanija Until 8:45PM <b>Dashami Until 9:49AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:02AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:38PM <b>Nataraja:</b> White Moon – Yellow	Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga			<b>Magha-Masi</b>	

3	<b>Saturday, February 16, 2019</b>	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau			Istanbul, Turkey Sun 25 Sutra 307 Vilamba 5120
	936273367	<b>Gulika</b> 7:01AM – 8:21AM Yama 1:40PM – 3:00PM <b>Rahu</b> 9:41AM – 11:00AM	<b>Ardra Until 3:23PM</b> Priti Until 8:26PM Bava Until 6:07PM <b>Ekadashi Until 7:30AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:01AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:39PM <b>Nataraja:</b> White Moon – Yellow	Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga			<b>Magha-Masi</b>	

4	<b>Sunday, February 17, 2019</b>	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau			Istanbul, Turkey Sun 26 Sutra 308 Vilamba 5120
	946273367	<b>Gulika</b> 3:00PM – 4:20PM Yama 12:20PM – 1:40PM <b>Rahu</b> 4:20PM – 5:40PM	<b>Punarvasu Until 1:09PM</b> Ayushman Until 4:36PM Kaulava Until 2:58PM <b>Trayodashi Until 1:14AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:00AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:40PM <b>Nataraja:</b> White Moon – Blue	Moon 1 - Phase 42 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga			<b>Magha-Masi</b>	

*Pradosha Vrata*

5	<b>Monday, February 18, 2019</b>	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau			Istanbul, Turkey Sun 27 Sutra 309 Vilamba 5120
	946273367	<b>Gulika</b> 1:40PM – 3:01PM Yama 11:00AM – 12:20PM <b>Rahu</b> 8:19AM – 9:39AM	<b>Pushya Until 10:24AM</b> Saubhagya Until 12:29PM Gara Until 11:27AM <b>Chaturdashi* Until 9:35PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:42PM <b>Nataraja:</b> White Moon – Blue	Moon 1 - Phase 42 4th Phase <b>Devaloka Day</b>
	Family Home Evening Creative Work Siddha Yoga	<b>Chidambaram Abhishekam</b>		<b>Magha-Masi</b>	

○	<b>Tuesday, February 19, 2019</b>	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau			Istanbul, Turkey Sutra 310 Vilamba 5120
	946273367	<b>Gulika</b> 12:20PM – 1:41PM Yama 9:39AM – 10:59AM <b>Rahu</b> 3:01PM – 4:22PM	<b>Ashlesha* Until 7:18AM</b> Sobhana Until 8:12AM Visti Until 7:43AM <b>Purnima* Until 5:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM <b>Nataraja:</b> White Moon – Blue	Moon 1 - Phase 42 Purnima <b>Devaloka Day</b>
	Creative Work Siddha Yoga			<b>Magha-Masi</b>	

○	<b>Wednesday, February 20, 2019</b>	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Istanbul, Turkey Sutra 311 Vilamba 5120
	957273367	<b>Gulika</b> 10:59AM – 12:20PM Yama 8:17AM – 9:38AM <b>Rahu</b> 12:20PM – 1:41PM	<b>Purvaphalguni Until 1:30AM Thu</b> Sukarma Until 11:38PM Taitila Until 12:15AM Thu <b>Prathama* Until 2:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:56AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:44PM <b>Nataraja:</b> White Moon – Red	Moon 1 - Phase 42 Prathama <b>Devaloka Day</b>
	Creative Work Amrita Yoga			<b>Magha-Masi</b>	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 29.28 Tithi 17 - 18

957273367

Gulika

9:37AM - 10:58AM

Yama

6:54AM - 8:16AM

Rahu

1:41PM - 3:03PM

Amrita Yoga

Uttaraphalguni Until 10:46PM

Dhriti Until 7:40PM

Vanija Until 8:53PM

Dvitiya Until 10:30AM

Ganesha: Clear

Sunrise: 6:54AM

Muruqa: Clear

Sunset: 5:45PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Until 10:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Istanbul, Turkey

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.21 Tithi 18 - 19

967273367

Gulika

8:15AM - 9:36AM

Yama

3:03PM - 4:25PM

Rahu

10:58AM - 12:20PM

Creative Work Amrita Yoga

Until 8:47PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Hasta Until 8:47PM

Shula\* Until 4:01PM

Balava Until 4:41AM Sat

Tritiya Until 7:20AM

Ganesha: White

Sunrise: 6:53AM

Muruqa: Clear

Sunset: 5:46PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 28.5 Tithi 20

967273367

Gulika

6:52AM - 8:14AM

Yama

1:42PM - 3:04PM

Rahu

9:36AM - 10:58AM

Routine Work Marana Yoga

Until 7:16PM

Then Creative Work - Siddha Yoga

Chitra Until 7:16PM

Ganda\* Until 12:53PM

Kaulava Until 3:38PM

Panchami Until 2:43AM Sun

Ganesha: White

Sunrise: 6:52AM

Muruqa: Clear

Sunset: 5:48PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 12.52 Tithi 21

967273367

Gulika

3:04PM - 4:26PM

Yama

12:19PM - 1:42PM

Rahu

4:26PM - 5:49PM

Creative Work Siddha Yoga

Until 6:21PM

Then Routine Work - Marana Yoga

Svati Until 6:21PM

Vridhi Until 10:20AM

Gara Until 2:03PM

Shashthi\* Until 1:33AM Mon

Ganesha: White

Sunrise: 6:50AM

Muruqa: Clear

Sunset: 5:49PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

Istanbul, Turkey

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.25 Tithi 22

977273367

Gulika

1:42PM - 3:05PM

Yama

10:57AM - 12:19PM

Rahu

8:11AM - 9:34AM

Family Home Evening

Routine Work Marana Yoga

Until 6:34PM

Then Creative Work - Siddha Yoga

Vishakha Until 6:34PM

Dhruva Until 8:25AM

Visti Until 1:18PM

Saptami Until 1:14AM Tue

Ganesha: Yellow

Sunrise: 6:49AM

Muruqa: Clear

Sunset: 5:50PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 9.29 Tithi 23

977273367

Gulika

12:19PM - 1:42PM

Yama

9:33AM - 10:56AM

Rahu

3:05PM - 4:28PM

Creative Work Siddha Yoga

Until 7:29PM

Then Routine Work - Marana Yoga

Anuradha Until 7:29PM

Vyaghata\* Until 7:11AM

Balava Until 1:26PM

Ashtami\* Until 1:47AM Wed

Ganesha: Yellow

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 5:51PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Wednesday, February 27, 2019

6

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.1 Tithi 24

978273367

Gulika

10:56AM - 12:19PM

Yama

8:09AM - 9:32AM

Rahu

12:19PM - 1:42PM

Creative Work Siddha Yoga

Until 9:01PM

Then Routine Work - Marana Yoga

Jyeshtha\* Until 9:01PM

Harshana Until 6:39AM

Taitila Until 2:23PM

Navami\* Until 3:08AM Thu

Ganesha: Blue

Sunrise: 6:46AM

Muruqa: Clear

Sunset: 5:52PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau	Istanbul, Turkey Sun 8 Sutra 319
Dhanus Rasi: 4.29	Tithi 25	<b>Gulika</b> 9:32AM – 10:55AM	<b>Mula* Until 11:33PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:44AM</i>	Vilamba 5120
		Yama 6:44AM – 8:08AM	Vajra* Until 6:39AM	<b>Muruqa:</b> Clear <i>Sunset: 5:54PM</i>	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 1:43PM – 3:06PM	Vanija Until 4:05PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 5:07AM Fri</b>	Moon – Light Blue	<b>Devaloka Day</b>
				<b>Magha-Masi</b>	

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipala* Yoga Bava Karana Ekadashyam Titau	Istanbul, Turkey Sun 9 Sutra 320
Dhanus Rasi: 16.33	Tithi 26	<b>Gulika</b> 8:05AM – 9:30AM	<b>Purvashadha* Until 2:22AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:41AM</i>	Vilamba 5120
		Yama 3:07PM – 4:31PM	Siddhi Until 7:09AM	<b>Muruqa:</b> Clear <i>Sunset: 5:56PM</i>	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 10:54AM – 12:18PM	Bava Until 6:19PM	<b>Nataraja:</b> White	2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 7:34AM Sat</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 2:22AM Sat				<b>Magha-Masi</b>	
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipala*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Istanbul, Turkey Sun 10 Sutra 321
Dhanus Rasi: 28.26	Tithi 26 – 27	<b>Gulika</b> 6:40AM – 8:04AM	<b>Uttarashadha Until 5:19AM Sun</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:40AM</i>	Vilamba 5120
		Yama 1:43PM – 3:08PM	Vyatipala* Until 7:59AM	<b>Muruqa:</b> Clear <i>Sunset: 5:57PM</i>	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 9:29AM – 10:54AM	Kaulava Until 8:55PM	<b>Nataraja:</b> White	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 7:34AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 5:19AM Sun				<b>Magha-Masi</b>	
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Istanbul, Turkey Sun 11 Sutra 322
Makara Rasi: 10.14	Tithi 27 – 28	<b>Gulika</b> 3:08PM – 4:33PM	<b>Shravana Until 8:40AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:38AM</i>	Vilamba 5120
		Yama 12:18PM – 1:43PM	Varyan Until 8:58AM	<b>Muruqa:</b> Clear <i>Sunset: 5:58PM</i>	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 4:33PM – 5:58PM	Gara Until 11:39PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 10:15AM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 8:40AM Mon				<b>Magha-Masi</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau	Istanbul, Turkey Sun 12 Sutra 323
Makara Rasi: 22.01	Tithi 28 – 29	<b>Gulika</b> 1:43PM – 3:09PM	<b>Shravana Until 8:40AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:37AM</i>	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:53AM – 12:18PM	Parigha* Until 10:02AM	<b>Muruqa:</b> Clear <i>Sunset: 5:59PM</i>	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 8:02AM – 9:27AM	Visti Until 2:22AM Tue	<b>Nataraja:</b> White	2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi* Until 1:00PM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 8:40AM		<b>Mahasivaratri (Lunar)</b>		<b>Magha-Masi</b>	
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Solar)</b>			

<b>6</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Istanbul, Turkey Sun 13 Sutra 324
Kumbha Rasi: 3.48	Tithi 29 – 30	<b>Gulika</b> 12:18PM – 1:43PM	<b>Dhanishtha Until 11:47AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:35AM</i>	Vilamba 5120
		Yama 9:26AM – 10:52AM	Shiva Until 11:03AM	<b>Muruqa:</b> Clear <i>Sunset: 6:00PM</i>	Moon 2 - Phase 44
		199273367 <b>Rahu</b> 3:09PM – 4:35PM	Catuspada Until 4:56AM Wed	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:39PM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 11:47AM				<b>Magha-Masi</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau	Istanbul, Turkey Sun 14 Sutra 325
Kumbha Rasi: 15.4	Tithi 30	<b>Gulika</b> 10:51AM – 12:17PM	<b>Shatabhishak Until 2:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:33AM</i>	Vilamba 5120
		Yama 7:59AM – 9:25AM	Siddha Until 11:53AM	<b>Muruqa:</b> Clear <i>Sunset: 6:02PM</i>	Moon 2 - Phase 44
		199273367 <b>Rahu</b> 12:17PM – 1:43PM	Naga Until 6:06PM	<b>Nataraja:</b> White	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 6:06PM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 2:33PM				<b>Magha-Masi</b>	
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau	Istanbul, Turkey Sun 15 Sutra 326
Kumbha Rasi: 27.37	Tithi 1	<b>Gulika</b> 9:24AM – 10:51AM	<b>Purvaproshtapada* Until 5:24PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:32AM</i>	Vilamba 5120
		Yama 6:32AM – 7:58AM	Sadhya Until 12:32PM	<b>Muruqa:</b> Clear <i>Sunset: 6:03PM</i>	Moon 2 - Phase 44
		119373367 <b>Rahu</b> 1:44PM – 3:10PM	Kintughna Until 7:14AM	<b>Nataraja:</b> White	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 8:15PM</b>	Moon – Clear	<b>Devaloka Day</b>
				<b>Phalgun-Masi</b>	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey Sun 16 Sutra 327
Meena Rasi: 9.4	Tithi 2	<b>Gulika</b> 7:57AM – 9:24AM	<b>Uttaraproshtapada</b> Until 7:46PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:30AM		Vilamba 5120	
		Yama 3:10PM – 4:37PM	Subha Until 12:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM		Moon 2 - Phase 45	
		119373367 <b>Rahu</b> 10:50AM – 12:17PM	Balava Until 9:13AM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 10:04PM	Moon – Clear			<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>				
<b>2</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Istanbul, Turkey Sun 17 Sutra 328
Meena Rasi: 21.53	Tithi 3	<b>Gulika</b> 6:29AM – 7:56AM	<b>Revati</b> Until 9:38PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:29AM		Vilamba 5120	
		Yama 1:44PM – 3:11PM	Sukla Until 1:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:05PM		Moon 2 - Phase 45	
		119373367 <b>Rahu</b> 9:23AM – 10:50AM	Taitila Until 10:53AM	<b>Nataraja:</b> White			3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Tritiya</b> Until 11:33PM	Moon – Clear			<b>Devaloka Day</b>	
Until 9:38PM				<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>						
<b>3</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Istanbul, Turkey Sun 18 Sutra 329
Mesha Rasi: 4.14	Tithi 4	<b>Gulika</b> 3:11PM – 4:39PM	<b>Ashvini</b> Until 11:27PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:27AM		Vilamba 5120	
		Yama 12:16PM – 1:44PM	Brahma Until 12:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:06PM		Moon 2 - Phase 45	
		129373367 <b>Rahu</b> 4:39PM – 6:06PM	Vanija Until 12:09PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 12:38AM Mon	Moon – White			<b>Devaloka Day</b>	
Until 11:27PM				<b>Phalguna-Masi</b>				
Then Routine Work - Prabalarishta Yoga								
<b>4</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey Sun 19 Sutra 330
Mesha Rasi: 16.46	Tithi 5	<b>Gulika</b> 1:44PM – 3:12PM	<b>Bharani</b> Until 12:41AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM		Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:48AM – 12:16PM	Indra Until 12:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM		Moon 2 - Phase 45	
		129373367 <b>Rahu</b> 7:53AM – 9:21AM	Bava Until 1:01PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:16AM Tue	Moon – White			<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>				
<b>5</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey Sun 20 Sutra 331
Mesha Rasi: 29.29	Tithi 6	<b>Gulika</b> 12:16PM – 1:44PM	<b>Krittika</b> Until 1:17AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:24AM		Vilamba 5120	
		Yama 9:20AM – 10:48AM	Vaidhriti* Until 11:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:08PM		Moon 2 - Phase 45	
		129373367 <b>Rahu</b> 3:12PM – 4:40PM	Kaulava Until 1:25PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:24AM Wed	Moon – White			<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>				
<b>6</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Istanbul, Turkey Sun 21 Sutra 332
Vrishabha Rasi: 12.28	Tithi 7	<b>Gulika</b> 10:47AM – 12:16PM	<b>Rohini</b> Until 1:39AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM		Vilamba 5120	
		Yama 7:50AM – 9:19AM	Vishkambha* Until 10:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:09PM		Moon 2 - Phase 45	
		131373367 <b>Rahu</b> 12:16PM – 1:44PM	Gara Until 1:17PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 12:59AM Thu	Moon – Yellow			<b>Sivaloka Day</b>	
Until 1:39AM Thu				<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga								
<b>☾</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey Sun 22 Sutra 333
<b>Retreat Star</b>		<b>Gulika</b> 9:18AM – 10:47AM	<b>Mrigashira</b> Until 1:15AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:20AM		Vilamba 5120	
Vrishabha Rasi: 25.45	Tithi 8	Yama 6:20AM – 7:49AM	Priti Until 8:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM		Moon 2 - Phase 45	
		131373367 <b>Rahu</b> 1:44PM – 3:13PM	Visti Until 12:33PM	<b>Nataraja:</b> White			Ashtami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 11:56PM	Moon – Yellow			<b>Sivaloka Day</b>	
Until 1:15AM Fri				<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga								
<b>☽</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey Sun 23 Sutra 334
<b>Retreat Star</b>		<b>Gulika</b> 7:48AM – 9:17AM	<b>Ardra</b> Until 12:07AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:19AM		Vilamba 5120	
Mithuna Rasi: 9.23	Tithi 9	Yama 3:13PM – 4:42PM	Ayushman Until 6:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 45	
		131373368 <b>Rahu</b> 10:46AM – 12:15PM	Balava Until 11:12AM	<b>Nataraja:</b> Clear			Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 10:17PM	Moon – Yellow			<b>Subha Sivaloka Day</b>	
		<b>Karadaiyan Nombu (Tamil Nadu)</b>		<b>Phalguna-Panguni</b>				

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey
	Mithuna Rasi: 23.22	Tithi 10	<b>Gulika</b> 6:17AM – 7:47AM	<b>Punarvasu</b> Until 10:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	Sun 24 Sutra 335
			Yama 1:44PM – 3:14PM	Sobhana Until 1:00AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:13PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:16AM – 10:45AM	Taitila Until 9:14AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Dashami</b> Until 8:02PM	Moon – Blue		4th Phase	
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Kataka Rasi: 7.44	Tithi 11 – 12	<b>Gulika</b> 3:14PM – 4:44PM	<b>Pushya</b> Until 8:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	Sun 25 Sutra 336
			Yama 12:15PM – 1:44PM	Athiganda* Until 9:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:44PM – 6:14PM	Vanija Until 9:14AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Ekadashi</b> Until 5:16PM	Moon – Blue		4th Phase	
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Kataka Rasi: 22.27	Tithi 12 – 13	<b>Gulika</b> 1:44PM – 3:15PM	<b>Ashlesha*</b> Until 6:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:14AM	Sun 26 Sutra 337
	<b>Family Home Evening</b>		Yama 10:44AM – 12:14PM	Sukarma Until 5:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:44AM – 9:14AM	Kaulava Until 12:26AM Tue	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Dvadashi</b> Until 2:07PM	Moon – Blue		4th Phase	
			<b>Yogaswami Mahasamadhi</b>	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
			<i>Pradosha Vrata</i>				

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Simha Rasi: 7.23	Tithi 13 – 14	<b>Gulika</b> 12:14PM – 1:44PM	<b>Magha*</b> Until 3:27PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM	Sun 27 Sutra 338
			Yama 9:13AM – 10:44AM	Dhriti Until 1:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Vilamba 5120
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:15PM – 4:45PM	Gara Until 8:56PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Trayodashi</b> Until 10:41AM	Moon – Red		4th Phase	
				<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:43AM – 12:14PM	<b>Purvaphalguni</b> Until 12:40PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	Sutra 339
	Simha Rasi: 22.28	Tithi 14 – 15	Yama 7:41AM – 9:12AM	Shula* Until 9:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Vilamba 5120
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:14PM – 1:45PM	Bava Until 3:37AM Thu	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Chaturdashi*</b> Until 7:08AM	Moon – Red		Purnima	
			<b>Panguni Uttiram</b>	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
			<b>Holi</b>				

<b>Silver Retreat Star</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:11AM – 10:42AM	<b>Uttaraphalguni</b> Until 9:50AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:09AM	Sutra 340
	Kanya Rasi: 7.31	Tithi 16	Yama 6:09AM – 7:40AM	Vriddhi Until 1:41AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Vilamba 5120
	Creative Work	Amrita Yoga	151383368 <b>Rahu</b> 1:45PM – 3:16PM	Balava Until 1:57PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Prathama*</b> Until 12:19AM Fri	Moon – Red		Prathama	
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda



**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey  
Sutra 341

Kanya Rasi: 22.22      Tithi 17

**Gulika** 7:39AM – 9:10AM  
Yama 3:16PM – 4:48PM  
**Rahu** 10:42AM – 12:13PM

**Hasta** Until 7:33AM  
Dhruva Until 10:08PM  
Taitila Until 10:49AM  
**Dvitiya** Until 9:24PM

**Ganesha:** Yellow      *Sunrise:* 6:07AM

**Muruqa:** White      *Sunset:* 6:19PM

**Nataraja:** Clear

Moon – Green

Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**Phalguna-Panguni**

Creative Work    Amrita Yoga  
Until 7:33AM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Istanbul, Turkey  
Sun 1      Sutra 342

Tula Rasi: 6.55      Tithi 18

**Gulika** 6:05AM – 7:37AM  
Yama 1:45PM – 3:16PM  
**Rahu** 9:09AM – 10:41AM

**Svati** Until 4:02AM Sun  
Vyaghata\* Until 7:03PM  
Vanija Until 8:09AM  
**Tritiya** Until 7:02PM

**Ganesha:** Blue      *Sunrise:* 6:05AM

**Muruqa:** White      *Sunset:* 6:20PM

**Nataraja:** Clear

Moon – Green

Moon 3 - Phase 47  
1st Phase

**Bhuloka Day**

**Phalguna-Panguni**

Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga  
Until 4:02AM Sun  
Then Routine Work - Marana Yoga

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey  
Sun 2      Sutra 343

Tula Rasi: 21.03      Tithi 19 – 20

**Gulika** 3:17PM – 4:49PM  
Yama 12:12PM – 1:45PM  
**Rahu** 4:49PM – 6:21PM

**Vishakha** Until 3:31AM Mon  
Harshana Until 4:33PM  
Bava Until 6:07AM  
**Chaturthi\*** Until 5:21PM

**Ganesha:** Red      *Sunrise:* 6:04AM

**Muruqa:** White      *Sunset:* 6:21PM

**Nataraja:** Clear

Moon – Orange

Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**Phalguna-Panguni**

Routine Work    Marana Yoga  
Until 3:31AM Mon  
Then Creative Work - Siddha Yoga

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey  
Sun 3      Sutra 344

Vrischika Rasi: 4.43      Tithi 20 – 21

**Gulika** 1:45PM – 3:17PM  
Yama 10:40AM – 12:12PM  
**Rahu** 7:35AM – 9:07AM

**Anuradha** Until 3:43AM Tue  
Vajra\* Until 2:41PM  
Gara Until 4:24AM Tue  
**Panchami** Until 4:29PM

**Ganesha:** Red      *Sunrise:* 6:02AM

**Muruqa:** White      *Sunset:* 6:22PM

**Nataraja:** Clear

Moon – Orange

Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**Phalguna-Panguni**

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 3:43AM Tue  
Then Routine Work - Marana Yoga

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey  
Sun 4      Sutra 345

Vrischika Rasi: 17.53      Tithi 21 – 22

**Gulika** 12:12PM – 1:45PM  
Yama 9:06AM – 10:39AM  
**Rahu** 3:18PM – 4:51PM

**Jyeshtha\*** Until 4:37AM Wed  
Siddhi Until 1:31PM  
Visti Until 4:52AM Wed  
**Shashthi\*** Until 4:30PM

**Ganesha:** Red      *Sunrise:* 6:00AM

**Muruqa:** White      *Sunset:* 6:23PM

**Nataraja:** Clear

Moon – Orange

Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**Phalguna-Panguni**

Routine Work    Marana Yoga

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey  
Sun 5      Sutra 346

Dhanus Rasi: 0.38      Tithi 22 – 23

**Gulika** 10:38AM – 12:12PM  
Yama 7:32AM – 9:05AM  
**Rahu** 12:12PM – 1:45PM

**Mula\*** Until 6:38AM Thu  
Vyatipata\* Until 1:02PM  
Balava Until 6:10AM Thu  
**Saptami** Until 5:24PM

**Ganesha:** Green      *Sunrise:* 5:59AM

**Muruqa:** White      *Sunset:* 6:24PM

**Nataraja:** Clear

Moon – Light Blue

Moon 3 - Phase 47  
1st Phase

**Bhuloka Day**

**Phalguna-Panguni**

Devaloka Time: 6:PM to 9:PM

Routine Work    Marana Yoga  
Until 6:38AM Thu  
Then Creative Work - Siddha Yoga

**D**

**Thursday, March 28, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey  
Sun 6      Sutra 347

Dhanus Rasi: 13      Tithi 23

**Gulika** 9:04AM – 10:38AM  
Yama 5:57AM – 7:31AM  
**Rahu** 1:45PM – 3:18PM

**Mula\*** Until 6:38AM  
Variyan Until 1:09PM  
Balava Until 6:10AM  
**Ashtami\*** Until 7:04PM

**Ganesha:** Green      *Sunrise:* 5:57AM

**Muruqa:** White      *Sunset:* 6:26PM

**Nataraja:** Clear

Moon – Light Blue

Moon 3 - Phase 47  
Ashtami

**Bhuloka Day**

**Phalguna-Panguni**

Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey  
Sun 7      Sutra 348

Dhanus Rasi: 25.05      Tithi 24

**Gulika** 7:29AM – 9:03AM  
Yama 3:19PM – 4:53PM  
**Rahu** 10:37AM – 12:11PM

**Purvashadha\*** Until 9:10AM  
Parigha\* Until 1:45PM  
Taitila Until 8:09AM  
**Navami\*** Until 9:19PM

**Ganesha:** Green      *Sunrise:* 5:55AM

**Muruqa:** Yellow      *Sunset:* 6:27PM

**Nataraja:** Purple

Moon – Light Blue

Moon 3 - Phase 47  
Navami

**Devaloka Day**

**Phalguna-Panguni**

Routine Work    Prabalarishta Yoga  
Until 9:10AM  
Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Istanbul, Turkey Sun 8 Sutra 349	
Makara Rasi: 6.58	Tithi 25	<b>Gulika</b> 5:54AM – 7:28AM	<b>Uttarashadha</b> Until 11:57AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:54AM	Vilamba 5120	
		Yama 1:45PM – 3:19PM	Shiva Until 2:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 48	
	182383468	<b>Rahu</b> 9:02AM – 10:36AM	Vanija Until 10:36AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 11:54PM	<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	
Until 11:57AM							
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Istanbul, Turkey Sun 9 Sutra 350	
Makara Rasi: 18.46	Tithi 26	<b>Gulika</b> 3:20PM – 4:54PM	<b>Shravana</b> Until 3:17PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:52AM	Vilamba 5120	
		Yama 12:10PM – 1:45PM	Siddha Until 3:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 48	
	192383468	<b>Rahu</b> 4:54PM – 6:29PM	Bava Until 1:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 2:36AM Mon	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 3:17PM							
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Istanbul, Turkey Sun 10 Sutra 351	
Kumbha Rasi: 0.33	Tithi 27	<b>Gulika</b> 1:45PM – 3:20PM	<b>Dhanishtha</b> Until 6:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:52AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:36AM – 12:10PM	Sadhya Until 4:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 48	
	192483468	<b>Rahu</b> 7:27AM – 9:01AM	Kaulava Until 3:56PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 5:11AM Tue	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
Until 11:57AM							
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara Karana Trayodashyam Titau		Istanbul, Turkey Sun 11 Sutra 352	
Kumbha Rasi: 12.23	Tithi 28	<b>Gulika</b> 12:10PM – 1:45PM	<b>Shatabhishak</b> Until 9:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:50AM	Vilamba 5120	
		Yama 9:00AM – 10:35AM	Subha Until 5:41PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 48	
	192483468	<b>Rahu</b> 3:20PM – 4:55PM	Gara Until 6:23PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 7:28AM Wed	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
Until 11:57AM							
Then Creative Work - Siddha Yoga							
						<i>Pradosha Vrata (Fasting)</i>	
<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 12 Sutra 353	
Kumbha Rasi: 24.19	Tithi 28 – 29	<b>Gulika</b> 10:34AM – 12:10PM	<b>Purvaproshtapada*</b> Until 11:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:49AM	Vilamba 5120	
		Yama 7:24AM – 8:59AM	Sukla Until 6:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 48	
	112483468	<b>Rahu</b> 12:10PM – 1:45PM	Visti Until 8:30PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 7:28AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 11:55PM							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Istanbul, Turkey Sun 13 Sutra 354	
Meena Rasi: 6.24	Tithi 29 – 30	<b>Gulika</b> 8:58AM – 10:34AM	<b>Uttaraproshtapada</b> Until 2:06AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:47AM	Vilamba 5120	
		Yama 5:47AM – 7:23AM	Brahma Until 6:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 48	
	112483468	<b>Rahu</b> 1:45PM – 3:21PM	Catuspada Until 10:11PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashy*</b> Until 9:22AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 11:57AM							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Istanbul, Turkey Sun 14 Sutra 355	
Meena Rasi: 18.4	Tithi 30 – 1	<b>Gulika</b> 7:21AM – 8:57AM	<b>Revati</b> Until 3:42AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:45AM	Vilamba 5120	
		Yama 3:21PM – 4:57PM	Indra Until 6:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 48	
	112483468	<b>Rahu</b> 10:33AM – 12:09PM	Kintughna Until 11:27PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 10:51AM	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>	
Until 11:57AM							
Then Creative Work - Siddha Yoga							
		<b>Yugadhi</b>					

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Istanbul, Turkey Sun 15 Sutra 356 Vilamba 5120
Mesha Rasi: 1.06	Tithi 1 – 2	<b>Gulika</b> 5:44AM – 7:20AM	<b>Ashvini</b> Until 5:13AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:44AM		
		Yama 1:45PM – 3:21PM	Vaidhriti* Until 6:15PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 8:56AM – 10:33AM	Balava Until 12:17AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White			<b>Devaloka Day</b>
Until 5:13AM Sun		Chellappaswami Mahasamadhi	Prathama* Until 11:54AM	Chaitra-Panguni			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Istanbul, Turkey Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 13.44	Tithi 2 – 3	<b>Gulika</b> 3:22PM – 4:58PM	<b>Bharani</b> Until 6:12AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:42AM		
		Yama 12:09PM – 1:45PM	Vishkambha* Until 5:36PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 4:58PM – 6:35PM	Taitila Until 12:42AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Prabalarishta Yoga			Moon – White			<b>Devaloka Day</b>
Until 6:12AM Mon			Dvitiya Until 12:31PM	Chaitra-Panguni			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Istanbul, Turkey Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 26.33	Tithi 3 – 4	<b>Gulika</b> 1:45PM – 3:22PM	<b>Bharani</b> Until 6:12AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:40AM		
<b>Family Home Evening</b>		Yama 10:31AM – 12:08PM	Priti Until 4:40PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 7:17AM – 8:54AM	Vanija Until 12:45AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White			<b>Devaloka Day</b>
Until 6:12AM			Tritiya Until 12:45PM	Chaitra-Panguni			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Istanbul, Turkey Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 9.33	Tithi 4 – 5	<b>Gulika</b> 12:08PM – 1:45PM	<b>Krittika</b> Until 6:39AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:39AM		
		Yama 8:53AM – 10:31AM	Ayushman Until 3:25PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 3:23PM – 5:00PM	Bava Until 12:26AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White			<b>Devaloka Day</b>
Until 6:39AM			Chaturthi* Until 12:37PM	Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Istanbul, Turkey Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 22.44	Tithi 5 – 6	<b>Gulika</b> 10:30AM – 12:08PM	<b>Rohini</b> Until 7:03AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM		
		Yama 7:15AM – 8:52AM	Saubhagya Until 1:53PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 12:08PM – 1:45PM	Kaulava Until 11:44PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow			<b>Sivaloka Day</b>
			Panchami Until 12:07PM	Chaitra-Panguni			

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Istanbul, Turkey Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 6.08	Tithi 6 – 7	<b>Gulika</b> 8:52AM – 10:30AM	<b>Mrigashira</b> Until 6:56AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM		
		Yama 5:36AM – 7:14AM	Sobhana Until 12:04PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 1:45PM – 3:23PM	Gara Until 10:39PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga			Moon – Yellow			<b>Sivaloka Day</b>
			Shashthi* Until 11:14AM	Chaitra-Panguni			

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Istanbul, Turkey Sun 21 Sutra 362 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:12AM – 8:51AM	<b>Ardra</b> Until 6:16AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM		
Mithuna Rasi: 19.45	Tithi 7 – 8	Yama 3:24PM – 5:02PM	Athiganda* Until 9:53AM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 10:29AM – 12:07PM	Visti Until 9:08PM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga			Moon – Yellow			<b>Sivaloka Day</b>
			Saptami Until 9:56AM	Chaitra-Panguni			

<b>☽</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Istanbul, Turkey Sun 22 Sutra 363 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:32AM – 7:11AM	<b>Pushya</b> Until 4:09AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:32AM		
Kataka Rasi: 3.37	Tithi 8 – 9	Yama 1:46PM – 3:24PM	Sukarma Until 7:23AM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 49	
		143483468 <b>Rahu</b> 8:50AM – 10:28AM	Balava Until 7:13PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga			Moon – Blue			<b>Devaloka Day</b>
		Sri Rama Navami	Ashtami* Until 8:13AM	Chaitra-Panguni			

<b>1</b> Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 23 Sutra 364
Kataka Rasi: 17.45	Tithi 9 – 10	Gulika 3:25PM – 5:04PM	Ashlesha* Until 2:19AM Mon	Ganesha: White	Sunrise: 5:31AM	Vikarin 5121
		Yama 12:07PM – 1:46PM	Shula* Until 1:27AM Mon	Muruqa: Yellow	Sunset: 6:42PM	Moon 3 - Phase 1
	143483468	Rahu 5:04PM – 6:42PM	Gara Until 3:37AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:06AM	Moon – Blue		Devaloka Day
Until 2:19AM Mon		Tamil New Year		Chaitra*Chaitra		
Then Routine Work - Marana Yoga						
<b>2</b> Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 24 Sutra 1
Simha Rasi: 2.08	Tithi 11	Gulika 1:46PM – 3:25PM	Magha* Until 12:27AM Tue	Ganesha: White	Sunrise: 5:29AM	Vikarin 5121
Family Home Evening		Yama 10:27AM – 12:06PM	Ganda* Until 10:05PM	Muruqa: Yellow	Sunset: 6:44PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 Rahu 7:09AM – 8:48AM	Vanija Until 2:16PM	Nataraja: Purple		4th Phase
Until 12:27AM Tue			Ekadashi Until 12:50AM Tue	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra		
<b>3</b> Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Istanbul, Turkey Sun 25 Sutra 2
Simha Rasi: 16.42	Tithi 12	Gulika 12:06PM – 1:46PM	Purvaphalguni Until 10:16PM	Ganesha: White	Sunrise: 5:28AM	Vikarin 5121
		Yama 8:47AM – 10:27AM	Vriddhi Until 6:33PM	Muruqa: Yellow	Sunset: 6:45PM	Moon 3 - Phase 1
	253483468	Rahu 3:25PM – 5:05PM	Bava Until 11:23AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:52PM	Moon – Red		Devaloka Day
Until 10:16PM				Chaitra*Chaitra		
Then Creative Work - Amrita Yoga						
<b>4</b> Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 3
Kanya Rasi: 1.23	Tithi 13	Gulika 10:26AM – 12:06PM	Uttaraphalguni Until 7:53PM	Ganesha: White	Sunrise: 5:26AM	Vikarin 5121
		Yama 7:06AM – 8:46AM	Dhruva Until 2:56PM	Muruqa: Yellow	Sunset: 6:46PM	Moon 3 - Phase 1
	253483468	Rahu 12:06PM – 1:46PM	Kaulava Until 8:22AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 6:50PM	Moon – Red		Devaloka Day
Until 7:53PM				Chaitra*Chaitra		
Then Routine Work - Marana Yoga			Pradosha Vrata			
<b>5</b> Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey Sun 27 Sutra 4
Kanya Rasi: 16.05	Tithi 14 – 15	Gulika 8:45AM – 10:25AM	Hasta Until 5:51PM	Ganesha: Yellow	Sunrise: 5:25AM	Vikarin 5121
		Yama 5:25AM – 7:05AM	Vyaghata* Until 11:22AM	Muruqa: Yellow	Sunset: 6:47PM	Moon 3 - Phase 1
	263483468	Rahu 1:46PM – 3:26PM	Visti Until 2:30AM Fri	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 3:53PM	Moon – Green		Sivaloka Day
Until 5:51PM				Chaitra*Chaitra		
Then Creative Work - Siddha Yoga						
<b>○</b> Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey Sutra 5
<b>Copper Retreat Star</b>		Gulika 7:04AM – 8:44AM	Chitra Until 3:56PM	Ganesha: Yellow	Sunrise: 5:23AM	Vikarin 5121
Tula Rasi: 0.41	Tithi 15 – 16	Yama 3:27PM – 5:07PM	Harshana Until 7:59AM	Muruqa: Yellow	Sunset: 6:48PM	Moon 3 - Phase 1
		263483468 Rahu 10:25AM – 12:05PM	Balava Until 11:57PM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:09PM	Moon – Green		Sivaloka Day
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
		Hanuman Jayanti				
<b>Saturday, April 20, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey Sutra 6
<b>Silver Retreat Star</b>		Gulika 5:22AM – 7:03AM	Svati Until 2:17PM	Ganesha: Red	Sunrise: 5:22AM	Vikarin 5121
Tula Rasi: 15.02	Tithi 16 – 17	Yama 1:46PM – 3:27PM	Siddhi Until 2:09AM Sun	Muruqa: Yellow	Sunset: 6:49PM	Moon 3 - Phase 1
		264483468 Rahu 8:43AM – 10:24AM	Taitila Until 9:51PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:49AM	Moon – Green		Sivaloka Day
				Chaitra*Chaitra		