



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan
Sutra 16

Tula Rasi: 27.5 Tithi 16 – 17

Gulika 1:24PM – 3:07PM
Yama 9:57AM – 11:40AM
273832369 **Rahu** 4:50PM – 6:34PM

Vishakha Until 4:23PM
Vyatipata* Until 10:06AM
Taitila Until 7:40PM
Prathama* Until 7:17AM

Ganesha: Purple *Sunrise:* 6:30AM
Muruqa: White *Sunset:* 8:17PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga

Until 4:23PM

Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 17

Virshika Rasi: 10.25 Tithi 17 – 18

Gulika 11:40AM – 1:23PM
Yama 8:12AM – 9:56AM
273832369 **Rahu** 1:23PM – 3:07PM

Anuradha Until 6:05PM
Variyan Until 9:48AM
Vanija Until 8:49PM
Dvitiya Until 8:09AM

Ganesha: Purple *Sunrise:* 6:29AM
Muruqa: White *Sunset:* 8:18PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Dushanbe, Tajikistan
Sun 2 Sutra 18

Virshika Rasi: 22.44 Tithi 18 – 19

Gulika 9:55AM – 11:39AM
Yama 6:28AM – 8:12AM
274832369 **Rahu** 3:07PM – 4:51PM

Jyeshtha* Until 8:08PM
Parigha* Until 9:56AM
Bava Until 10:30PM
Tritiya Until 9:34AM

Ganesha: Clear *Sunrise:* 6:28AM
Muruqa: White *Sunset:* 8:19PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga

Until 8:08PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 19

Dhanus Rasi: 4.52 Tithi 19 – 20

Gulika 8:11AM – 9:55AM
Yama 4:51PM – 6:36PM
284832369 **Rahu** 11:39AM – 1:23PM

Mula* Until 10:59PM
Shiva Until 10:28AM
Kaulava Until 12:39AM Sat
Chaturthi* Until 11:30AM

Ganesha: White *Sunrise:* 6:27AM
Muruqa: White *Sunset:* 8:20PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 10:59PM

Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 20

Dhanus Rasi: 16.48 Tithi 20 – 21

Gulika 6:25AM – 8:10AM
Yama 3:07PM – 4:52PM
284832369 **Rahu** 9:54AM – 11:39AM

Purvashadha* Until 1:59AM Sun
Siddha Until 11:17AM
Gara Until 3:07AM Sun
Panchami Until 1:50PM

Ganesha: White *Sunrise:* 6:25AM
Muruqa: White *Sunset:* 8:21PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Until 1:59AM Sun

Then Creative Work - Amrita Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 21

Dhanus Rasi: 28.38 Tithi 21 – 22

Gulika 4:52PM – 6:37PM
Yama 1:23PM – 3:08PM
284832369 **Rahu** 6:37PM – 8:22PM

Uttarashadha Until 4:55AM Mon
Sadhya Until 12:18PM
Visti Until 5:42AM Mon
Shashthi* Until 4:23PM

Ganesha: White *Sunrise:* 6:24AM
Muruqa: White *Sunset:* 8:22PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 22

Makara Rasi: 10.26 Tithi 22

Family Home Evening

Gulika 3:08PM – 4:53PM
Yama 11:38AM – 1:23PM
294832369 **Rahu** 8:08AM – 9:53AM

Shravana Until 8:04AM Tue
Subha Until 1:22PM
Bava Until 6:56PM
Saptami Until 6:56PM

Ganesha: Yellow *Sunrise:* 6:23AM
Muruqa: White *Sunset:* 8:23PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 8:04AM Tue

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

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Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 23

Makara Rasi: 22.17 Tithi 23

Gulika 1:23PM – 3:08PM
Yama 9:53AM – 11:38AM
294832369 **Rahu** 4:53PM – 6:38PM

Shravana Until 8:04AM
Sukla Until 2:14PM
Balava Until 8:08AM
Ashtami* Until 9:12PM

Ganesha: Yellow *Sunrise:* 6:22AM
Muruqa: White *Sunset:* 8:24PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Chidambaram Abhishekam

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan
Sun 8 Sutra 24

Kumbha Rasi: 4.18 Tithi 24

Gulika 11:37AM – 1:23PM
Yama 8:07AM – 9:52AM
294832369 **Rahu** 1:23PM – 3:08PM

Dhanishtha Until 10:40AM
Brahma Until 2:46PM
Taitila Until 10:10AM
Navami* Until 10:57PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruqa: White *Sunset:* 8:24PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga

Until 10:40AM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1	Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 25
	Kumbha Rasi: 16.32	Tithi 25	294832369	Gulika 9:51AM – 11:37AM Yama 6:20AM – 8:06AM Rahu 3:08PM – 4:54PM	Shatabhishak Until 12:30PM Indra Until 2:49PM Vanija Until 11:35AM Dashami Until 12:00AM Fri	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Purple Vaisaka-Chaitra	Sunrise: 6:20AM Sunset: 8:25PM Moon 4 - Phase 4 2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
	Creative Work Siddha Yoga						

2	Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 26
	Kumbha Rasi: 29.05	Tithi 26	214832369	Gulika 8:05AM – 9:51AM Yama 4:54PM – 6:40PM Rahu 11:37AM – 1:23PM	Purvaproshtapada* Until 1:55PM Vaidhriti* Until 2:14PM Bava Until 12:14PM Ekadashi* Until 12:14AM Sat	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Clear Vaisaka-Chaitra	Sunrise: 6:19AM Sunset: 8:26PM Moon 4 - Phase 4 2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
	Creative Work Siddha Yoga						

3	Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 27
	Meena Rasi: 12.02	Tithi 27	214932369	Gulika 6:18AM – 8:04AM Yama 3:09PM – 4:55PM Rahu 9:50AM – 11:37AM	Uttaraproshtapada Until 2:22PM Vishkambha* Until 1:01PM Kaulava Until 12:03PM Dvadashi* Until 11:39PM	Ganesha: Blue Muruqa: White Nataraja: Purple Moon – Clear Vaisaka-Chaitra	Sunrise: 6:18AM Sunset: 8:27PM Moon 4 - Phase 4 2nd Phase Bhuloka Day
	Creative Work Siddha Yoga						
	Until 2:22PM Then Routine Work - Prabararishta Yoga						

4	Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 28
	Meena Rasi: 25.25	Tithi 28	214932369	Gulika 4:55PM – 6:42PM Yama 1:23PM – 3:09PM Rahu 6:42PM – 8:28PM	Revati Until 1:53PM Priti Until 11:10AM Gara Until 11:05AM Trayodashi* Until 10:18PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: Purple Moon – Clear Vaisaka-Chaitra	Sunrise: 6:17AM Sunset: 8:28PM Moon 4 - Phase 4 2nd Phase Bhuloka Day
	Creative Work Amrita Yoga			Mother's Day			
	Until 1:53PM Then Creative Work - Siddha Yoga						

5	Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 29
	Mesha Rasi: 9.13	Tithi 29	224932369	Gulika 3:09PM – 4:56PM Yama 11:36AM – 1:23PM Rahu 8:03AM – 9:49AM	Ashvini Until 1:01PM Ayushman Until 8:45AM Visti Until 9:24AM Chaturdashi* Until 8:20PM	Ganesha: Blue Muruqa: White Nataraja: Purple Moon – White Vaisaka-Chaitra	Sunrise: 6:16AM Sunset: 8:29PM Moon 4 - Phase 4 2nd Phase Bhuloka Day
	Family Home Evening						
	Creative Work Siddha Yoga						

	Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 30		
	Retreat Star		Mesha Rasi: 23.23	Tithi 30 – 1	224932369	Gulika 1:23PM – 3:09PM Yama 9:49AM – 11:36AM Rahu 4:56PM – 6:43PM	Bharani Until 11:28AM Sobhana Until 2:37AM Wed Catuspada Until 7:09AM Amavasya* Until 5:51PM	Ganesha: Blue Muruqa: White Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sunrise: 6:15AM Sunset: 8:30PM Moon 4 - Phase 4 Amavasya Bhuloka Day
	Creative Work Siddha Yoga								

Retreat Star	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 31
	Vrishabha Rasi: 7.51	Tithi 1 – 2	225932369	Gulika 11:36AM – 1:23PM Yama 8:02AM – 9:49AM Rahu 1:23PM – 3:10PM	Krittika Until 9:22AM Athiganda* Until 11:08PM Balava Until 1:33AM Thu Prathama* Until 3:01PM	Ganesha: Red Muruqa: White Nataraja: Purple Moon – White Jyeshtha Adhika-Vaikasi	Sunrise: 6:15AM Sunset: 8:31PM Moon 4 - Phase 4 Prathama Bhuloka Day Devaloka Time: 9:AM to12:PM
	Creative Work Amrita Yoga						
	Until 9:22AM Then Creative Work - Siddha Yoga						

1	Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 32
	Vrishabha Rasi: 22.3	Tithi 2 - 3	Gulika 9:48AM - 11:35AM	Rohini Until 7:20AM	Ganesha: Yellow <i>Sunrise: 6:14AM</i>		Vilamba 5120
			Yama 6:14AM - 8:01AM	Sukarma Until 7:34PM	Muruqa: White <i>Sunset: 8:32PM</i>		Moon 4 - Phase 5
	Routine Work	Marana Yoga	235932369 Rahu 3:10PM - 4:57PM	Taitila Until 10:30PM	Nataraja: Purple		3rd Phase
			Dvitiya Until 12:01PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

2	Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Dushanbe, Tajikistan Sun 17 Sutra 33
	Mithuna Rasi: 7.13	Tithi 3 - 4	Gulika 8:00AM - 9:48AM	Ardra Until 2:46AM Sat	Ganesha: Yellow <i>Sunrise: 6:13AM</i>		Vilamba 5120
			Yama 4:58PM - 6:45PM	Dhriti Until 4:00PM	Muruqa: White <i>Sunset: 8:32PM</i>		Moon 4 - Phase 5
			235932369 Rahu 11:35AM - 1:23PM	Vanija Until 7:29PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:58AM	Moon - Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

3	Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 34
	Mithuna Rasi: 21.52	Tithi 4 - 5	Gulika 6:12AM - 8:00AM	Punarvasu Until 12:55AM Sun	Ganesha: White <i>Sunrise: 6:12AM</i>		Vilamba 5120
			Yama 3:10PM - 4:58PM	Shula* Until 12:32PM	Muruqa: White <i>Sunset: 8:33PM</i>		Moon 4 - Phase 5
			245932369 Rahu 9:47AM - 11:35AM	Balava Until 3:15AM Sun	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:00AM	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

4	Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashtham Titau				Dushanbe, Tajikistan Sun 19 Sutra 35
	Kataka Rasi: 6.23	Tithi 6	Gulika 4:58PM - 6:46PM	Pushya Until 11:13PM	Ganesha: White <i>Sunrise: 6:11AM</i>		Vilamba 5120
			Yama 1:23PM - 3:11PM	Ganda* Until 9:16AM	Muruqa: White <i>Sunset: 8:34PM</i>		Moon 4 - Phase 5
			245932369 Rahu 6:46PM - 8:34PM	Kaulava Until 2:00PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 12:48AM Mon	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

5	Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 36
	Kataka Rasi: 20.4	Tithi 7	Gulika 3:11PM - 4:59PM	Ashlesha* Until 9:44PM	Ganesha: White <i>Sunrise: 6:11AM</i>		Vilamba 5120
	Family Home Evening		Yama 11:35AM - 1:23PM	Vriddhi Until 6:17AM	Muruqa: White <i>Sunset: 8:35PM</i>		Moon 4 - Phase 5
			245932369 Rahu 7:59AM - 9:47AM	Gara Until 11:43AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 10:42PM	Moon - Blue		Devaloka Day	
Until 9:44PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

☾	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 37
	Retreat Star		Gulika 1:23PM - 3:11PM	Magha* Until 8:55PM	Ganesha: Clear <i>Sunrise: 6:10AM</i>		Vilamba 5120
	Simha Rasi: 4.43	Tithi 8	Yama 9:46AM - 11:35AM	Vyaghata* Until 1:13AM Wed	Muruqa: White <i>Sunset: 8:36PM</i>		Moon 4 - Phase 5
			255932369 Rahu 4:59PM - 6:48PM	Visti Until 9:49AM	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 9:00PM	Moon - Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

☽	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 38
	Retreat Star		Gulika 11:35AM - 1:23PM	Purvaphalguni Until 8:23PM	Ganesha: Clear <i>Sunrise: 6:09AM</i>		Vilamba 5120
	Simha Rasi: 18.31	Tithi 9	Yama 7:58AM - 9:46AM	Harshana Until 11:12PM	Muruqa: White <i>Sunset: 8:37PM</i>		Moon 4 - Phase 5
			255932369 Rahu 1:23PM - 3:11PM	Balava Until 8:19AM	Nataraja: Purple		Navami
Creative Work	Amrita Yoga		Navami* Until 7:42PM	Moon - Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 2.04	Tithi 10	Gulika 9:46AM – 11:34AM	Uttaraphalguni Until 8:05PM	Ganesha: Clear <i>Sunrise:</i> 6:09AM	
		Yama 6:09AM – 7:57AM	Vajra* Until 9:28PM	Muruqa: White <i>Sunset:</i> 8:37PM	Moon 4 - Phase 6
	Amrita Yoga	255932369 Rahu 3:12PM – 5:00PM	Taitila Until 7:13AM	Nataraja: Purple	4th Phase
Until 8:05PM			Dashami Until 6:48PM	Bhuloka Day	
Then Routine Work - Marana Yoga				Devaloka Time: 9:AM to 12:PM	
2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 15.23	Tithi 11	Gulika 7:57AM – 9:46AM	Hasta Until 8:28PM	Ganesha: Clear <i>Sunrise:</i> 6:08AM	
		Yama 5:01PM – 6:49PM	Siddhi Until 8:04PM	Muruqa: White <i>Sunset:</i> 8:38PM	Moon 4 - Phase 6
	Amrita Yoga	266932369 Rahu 11:34AM – 1:23PM	Vanija Until 6:31AM	Nataraja: Purple	4th Phase
Creative Work			Ekadashi Until 6:18PM	Bhuloka Day	
Until 8:28PM				Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga					
3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau		Dushanbe, Tajikistan Sun 25 Sutra 41 Vilamba 5120	
Kanya Rasi: 28.31	Tithi 12	Gulika 6:07AM – 7:56AM	Chitra Until 9:05PM	Ganesha: Purple <i>Sunrise:</i> 6:07AM	
		Yama 3:12PM – 5:01PM	Vyatipata* Until 6:59PM	Muruqa: White <i>Sunset:</i> 8:39PM	Moon 4 - Phase 6
	Marana Yoga	366932369 Rahu 9:45AM – 11:34AM	Bava Until 6:12AM	Nataraja: Purple	4th Phase
Routine Work			Dvadashi Until 6:11PM	Bhuloka Day	
Until 9:05PM				Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga					
4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 11.26	Tithi 13	Gulika 5:02PM – 6:51PM	Svati Until 9:56PM	Ganesha: Purple <i>Sunrise:</i> 6:07AM	
		Yama 1:23PM – 3:12PM	Varyan Until 6:11PM	Muruqa: White <i>Sunset:</i> 8:40PM	Moon 4 - Phase 6
	Siddha Yoga	366932369 Rahu 6:51PM – 8:40PM	Kaulava Until 6:17AM	Nataraja: Purple	4th Phase
Creative Work			Trayodashi Until 6:27PM	Bhuloka Day	
Until 9:56PM				Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		
5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 27 Sutra 43 Vilamba 5120	
Tula Rasi: 24.1	Tithi 14	Gulika 3:13PM – 5:02PM	Vishakha Until 11:30PM	Ganesha: Clear <i>Sunrise:</i> 6:06AM	
Family Home Evening		Yama 11:34AM – 1:23PM	Parigha* Until 5:44PM	Muruqa: White <i>Sunset:</i> 8:41PM	Moon 4 - Phase 6
	Marana Yoga	376932369 Rahu 7:56AM – 9:45AM	Gara Until 6:46AM	Nataraja: Purple	4th Phase
Routine Work			Chaturdashi* Until 7:09PM	Bhuloka Day	
Until 11:30PM		Vaikasi Visakam		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga					
○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Dushanbe, Tajikistan Sutra 44 Vilamba 5120	
Vrischika Rasi: 6.41	Tithi 15	Gulika 1:24PM – 3:13PM	Anuradha Until 1:22AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:06AM	
		Yama 9:45AM – 11:34AM	Shiva Until 5:39PM	Muruqa: White <i>Sunset:</i> 8:41PM	Moon 4 - Phase 6
	Copper Retreat Star	376932369 Rahu 5:02PM – 6:52PM	Visti Until 7:41AM	Nataraja: Purple	Purnima
Creative Work			Purnima* Until 8:17PM	Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	
Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Dushanbe, Tajikistan Sutra 45 Vilamba 5120	
Vrischika Rasi: 19.01	Tithi 16	Gulika 11:34AM – 1:24PM	Jyeshtha* Until 3:29AM Thu	Ganesha: Clear <i>Sunrise:</i> 6:05AM	
		Yama 7:55AM – 9:44AM	Siddha Until 5:53PM	Muruqa: White <i>Sunset:</i> 8:42PM	Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 1:24PM – 3:13PM	Balava Until 9:03AM	Nataraja: Purple	Prathama
Creative Work			Prathama* Until 9:52PM	Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	



Thursday, May 31, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Taitila/Gara Karana Dvityayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 46

Dhanus Rasi: 1.1 Tithi 17

386932369

Gulika 9:44AM – 11:34AM
Yama 6:05AM – 7:55AM
Rahu 3:14PM – 5:03PM

Mula* Until 6:19AM Fri
Sadhya Until 6:27PM
Taitila Until 10:51AM
Dvitiya Until 11:53PM

Ganesha: White *Sunrise:* 6:05AM
Muruqa: White *Sunset:* 8:43PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga
Until 6:19AM Fri
Then Routine Work - Prabalarishta Yoga

1

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Trityayam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 47

Dhanus Rasi: 13.1 Tithi 18

386932369

Gulika 7:54AM – 9:44AM
Yama 5:04PM – 6:54PM
Rahu 11:34AM – 1:24PM

Mula* Until 6:19AM
Subha Until 7:18PM
Vanija Until 1:02PM
Tritiya Until 2:13AM Sat

Ganesha: White *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 8:43PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Amrita Yoga
Until 6:19AM
Then Routine Work - Prabalarishta Yoga

2

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturtham Titau

Dushanbe, Tajikistan
Sun 3 Sutra 48

Dhanus Rasi: 25.02 Tithi 19

387932369

Gulika 6:04AM – 7:54AM
Yama 3:14PM – 5:04PM
Rahu 9:44AM – 11:34AM

Purvashadha* Until 9:17AM
Sukla Until 8:20PM
Bava Until 3:30PM
Chaturthi* Until 4:47AM Sun

Ganesha: Yellow *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 8:44PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 9:17AM
Then Routine Work - Marana Yoga

3

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava Karana Panchamyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 49

Makara Rasi: 6.5 Tithi 20

387932369

Gulika 5:05PM – 6:55PM
Yama 1:24PM – 3:14PM
Rahu 6:55PM – 8:45PM

Uttarashadha Until 12:15PM
Brahma Until 9:27PM
Kaulava Until 6:06PM
Panchami Until 7:22AM Mon

Ganesha: Yellow *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 8:45PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

4

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 50

Makara Rasi: 18.37 Tithi 20 – 21

397932369

Gulika 3:15PM – 5:05PM
Yama 11:34AM – 1:24PM
Rahu 7:54AM – 9:44AM

Shravana Until 3:32PM
Indra Until 10:30PM
Gara Until 8:37PM
Panchami Until 7:22AM

Ganesha: Blue *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 8:45PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga
Until 3:32PM
Then Creative Work - Siddha Yoga

5

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 51

Kumbha Rasi: 0.28 Tithi 21 – 22

397132361

Gulika 1:25PM – 3:15PM
Yama 9:44AM – 11:34AM
Rahu 5:05PM – 6:56PM

Dhanishtha Until 6:25PM
Vaidhriti* Until 11:17PM
Visti Until 10:51PM
Shashthi* Until 9:46AM

Ganesha: Purple *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 8:46PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 6:25PM
Then Routine Work - Marana Yoga

D

Wednesday, June 6, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 52

Kumbha Rasi: 12.28 Tithi 22 – 23

397132361

Gulika 11:34AM – 1:25PM
Yama 7:53AM – 9:44AM
Rahu 1:25PM – 3:15PM

Shatabhishak Until 8:39PM
Vishkambha* Until 11:41PM
Balava Until 12:33AM Thu
Saptami Until 11:45AM

Ganesha: Purple *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 8:47PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 8:39PM
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan
Sun 8 Sutra 53

Kumbha Rasi: 24.42 Tithi 23 – 24

317132361

Gulika 9:44AM – 11:34AM
Yama 6:03AM – 7:53AM
Rahu 3:16PM – 5:06PM

Purvaproshtapada* Until 10:33PM
Priti Until 11:33PM
Taitila Until 1:33AM Fri
Ashtami* Until 1:08PM

Ganesha: Blue *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 8:47PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 54
Meena Rasi: 7.15	Tithi 24 – 25	Gulika 7:53AM – 9:44AM	Uttaraproshtapada Until 11:31PM	Ganesha: Red	<i>Sunrise:</i> 6:02AM	Vilamba 5120
		Yama 5:06PM – 6:57PM	Ayushman Until 10:45PM	Muruqa: White	<i>Sunset:</i> 8:48PM	Moon 5 - Phase 8
318132361		Rahu 11:34AM – 1:25PM	Vanija Until 1:44AM Sat	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 1:44PM	Moon – Clear		Bhuloka Day
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 55
Meena Rasi: 20.11	Tithi 25 – 26	Gulika 6:02AM – 7:53AM	Revati Until 11:29PM	Ganesha: Red	<i>Sunrise:</i> 6:02AM	Vilamba 5120
		Yama 3:16PM – 5:07PM	Saubhagya Until 9:18PM	Muruqa: White	<i>Sunset:</i> 8:48PM	Moon 5 - Phase 8
318132361		Rahu 9:44AM – 11:34AM	Bava Until 1:04AM Sun	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 1:29PM	Moon – Clear		Bhuloka Day
Until 11:29PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Balava*/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 56
Mesha Rasi: 3.35	Tithi 26 – 27	Gulika 5:07PM – 6:58PM	Ashvini Until 10:58PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Vilamba 5120
		Yama 1:25PM – 3:16PM	Sobhana Until 7:13PM	Muruqa: White	<i>Sunset:</i> 8:49PM	Moon 5 - Phase 8
328132361		Rahu 6:58PM – 8:49PM	Kaulava Until 11:36PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:25PM	Moon – White		Bhuloka Day
Until 10:58PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Prabalarishta Yoga						

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Talila*/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 57
Mesha Rasi: 17.26	Tithi 27 – 28	Gulika 3:17PM – 5:08PM	Bharani Until 9:35PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Vilamba 5120
		Yama 11:35AM – 1:26PM	Athiganda* Until 4:30PM	Muruqa: White	<i>Sunset:</i> 8:49PM	Moon 5 - Phase 8
328132361		Rahu 7:53AM – 9:44AM	Gara Until 9:25PM	Nataraja: White		2nd Phase
Family Home Evening			Dvadashi* Until 10:34AM	Moon – White		Bhuloka Day
Creative Work	Siddha Yoga			Jyeshtha Adhika-Vaikasi		
Until 9:35PM						
Then Routine Work - Marana Yoga						
						<i>Pradosha Vrata (Fasting)</i>

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 58
Vrishabha Rasi: 1.43	Tithi 28 – 29	Gulika 1:26PM – 3:17PM	Krittika Until 7:29PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Vilamba 5120
		Yama 9:44AM – 11:35AM	Sukarma Until 1:18PM	Muruqa: White	<i>Sunset:</i> 8:50PM	Moon 5 - Phase 8
328132361		Rahu 5:08PM – 6:59PM	Visti Until 6:40PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:05AM	Moon – White		Bhuloka Day
Until 7:29PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Amrita Yoga						

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 59
Retreat Star		Gulika 11:35AM – 1:26PM	Rohini Until 5:15PM	Ganesha: White	<i>Sunrise:</i> 6:02AM	Vilamba 5120
Vrishabha Rasi: 16.22	Tithi 30	Yama 7:53AM – 9:44AM	Dhriti Until 9:43AM	Muruqa: White	<i>Sunset:</i> 8:50PM	Moon 5 - Phase 8
338132361		Rahu 1:26PM – 3:17PM	Catuspada Until 3:30PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:47AM Thu	Moon – Yellow		Bhuloka Day
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 60
Retreat Star		Gulika 9:44AM – 11:35AM	Mrigashira Until 2:37PM	Ganesha: White	<i>Sunrise:</i> 6:02AM	Vilamba 5120
Mithuna Rasi: 1.16	Tithi 1	Yama 6:02AM – 7:53AM	Ganda* Until 1:53AM Fri	Muruqa: White	<i>Sunset:</i> 8:51PM	Moon 5 - Phase 8
338132361		Rahu 3:17PM – 5:09PM	Kintughna Until 12:03PM	Nataraja: White		Prathama
Routine Work	Marana Yoga		Prathama* Until 10:16PM	Moon – Yellow		Bhuloka Day
				Jyeshtha-Vaikasi		

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau		Dushanbe, Tajikastan Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 16.17	Tithi 2	Gulika 7:53AM – 9:44AM	Ardra Until 11:46AM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM		
		Yama 5:09PM – 7:00PM	Vriddhi Until 9:56PM	Muruqa: White	<i>Sunset:</i> 8:51PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	339132361 Rahu 11:35AM – 1:26PM	Balava Until 8:31AM	Nataraja: White		3rd Phase	
			Dvitiya Until 6:44PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau		Dushanbe, Tajikastan Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 1.17	Tithi 3 – 4	Gulika 6:02AM – 7:53AM	Punarvasu Until 9:16AM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM		
		Yama 3:18PM – 5:09PM	Dhruva Until 6:05PM	Muruqa: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 9:44AM – 11:35AM	Vanija Until 1:44AM Sun	Nataraja: White		3rd Phase	
			Tritiya Until 3:20PM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Dushanbe, Tajikastan Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 16.08	Tithi 4 – 5	Gulika 5:09PM – 7:01PM	Pushya Until 6:51AM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM		
		Yama 1:27PM – 3:18PM	Vyaghata* Until 2:28PM	Muruqa: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 7:01PM – 8:52PM	Bava Until 10:46PM	Nataraja: White		3rd Phase	
			Chaturthi* Until 12:11PM	Moon – Blue		Bhuloka Day	
		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
4		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Dushanbe, Tajikastan Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 0.42	Tithi 5 – 6	Gulika 3:18PM – 5:10PM	Magha* Until 3:14AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:02AM		
Family Home Evening		Yama 11:36AM – 1:27PM	Harshana Until 11:13AM	Muruqa: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 7:53AM – 9:45AM	Kaulava Until 8:15PM	Nataraja: White		3rd Phase	
Until 3:14AM Tue			Panchami Until 9:26AM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			
5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Tailla*/Gara Karana Shashthi/Saplamyam Titau		Dushanbe, Tajikastan Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 14.56	Tithi 6 – 7	Gulika 1:27PM – 3:19PM	Purvaphalguni Until 2:12AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:02AM		
		Yama 9:45AM – 11:36AM	Vajra* Until 8:20AM	Muruqa: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 5:10PM – 7:01PM	Gara Until 6:15PM	Nataraja: White		3rd Phase	
Until 2:12AM Wed			Shashthi* Until 7:09AM	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			
Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Dushanbe, Tajikastan Sun 21 Sutra 66 Vilamba 5120	
Simha Rasi: 28.5	Tithi 8	Gulika 11:36AM – 1:28PM	Uttaraphalguni Until 1:36AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:02AM		
		Yama 7:54AM – 9:45AM	Vyatipata* Until 4:01AM Thu	Muruqa: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 Rahu 1:28PM – 3:19PM	Visti Until 4:49PM	Nataraja: White		Ashtami	
Until 1:36AM Thu			Ashtami* Until 4:19AM Thu	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Jyeshtha-Ani			
Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Dushanbe, Tajikastan Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 12.22	Tithi 9	Gulika 9:45AM – 11:36AM	Hasta Until 1:54AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:02AM		
		Yama 6:02AM – 7:54AM	Variyan Until 2:33AM Fri	Muruqa: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 Rahu 3:19PM – 5:10PM	Balava Until 4:00PM	Nataraja: White		Navami	
Until 1:54AM Fri			Navami* Until 3:47AM Fri	Moon – Green		Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 68 Vilamba 5120
	Kanya Rasi: 25.34	Tithi 10	Gulika 7:54AM – 9:45AM	Chitra Until 2:35AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:03AM	
			Yama 5:11PM – 7:02PM	Parigha* Until 1:32AM Sat	Muruqa: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 10
	361132361	Rahu 11:37AM – 1:28PM		Taitila Until 3:45PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:49AM Sat	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			


2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 69 Vilamba 5120
	Tula Rasi: 8.28	Tithi 11	Gulika 6:03AM – 7:54AM	Svati Until 3:38AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:03AM	
			Yama 3:19PM – 5:11PM	Shiva Until 12:58AM Sun	Muruqa: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 10
	361132361	Rahu 9:46AM – 11:37AM		Vanija Until 4:03PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 4:21AM Sun	Moon – Green		Bhuloka Day	
Until 3:38AM Sun				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 70 Vilamba 5120
	Tula Rasi: 21.08	Tithi 12	Gulika 5:11PM – 7:02PM	Vishakha Until 5:28AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:03AM	
			Yama 1:28PM – 3:20PM	Siddha Until 12:45AM Mon	Muruqa: White	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10
	371132361	Rahu 7:02PM – 8:54PM		Bava Until 4:50PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 5:23AM Mon	Moon – Orange		Bhuloka Day	
Until 5:28AM Mon				Jyeshtha-Ani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 71 Vilamba 5120
	Vrischika Rasi: 4	Tithi 13	Gulika 3:20PM – 5:11PM	Anuradha Until 7:33AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:03AM	
	Family Home Evening		Yama 11:37AM – 1:29PM	Sadhya Until 12:52AM Tue	Muruqa: Clear	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10
	371142361	Rahu 7:55AM – 9:46AM		Kaulava Until 6:05PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:50AM Tue	Moon – Orange		Devaloka Day	
Until 7:33AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 72 Vilamba 5120
	Vrischika Rasi: 15.52	Tithi 13 – 14	Gulika 1:29PM – 3:20PM	Anuradha Until 7:33AM	Ganesha: Red	<i>Sunrise:</i> 6:04AM	
			Yama 9:46AM – 11:38AM	Subha Until 1:20AM Wed	Muruqa: Clear	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10
	371142361	Rahu 5:11PM – 7:02PM		Gara Until 7:44PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:50AM	Moon – Orange		Devaloka Day	
Until 7:33AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 73 Vilamba 5120
	Copper Retreat Star		Gulika 11:38AM – 1:29PM	Jyeshtha* Until 9:51AM	Ganesha: Red	<i>Sunrise:</i> 6:04AM	
	Vrischika Rasi: 27.59	Tithi 14 – 15	Yama 7:55AM – 9:47AM	Sukla Until 2:01AM Thu	Muruqa: Clear	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10
	371142361	Rahu 1:29PM – 3:20PM		Visti Until 9:45PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:40AM	Moon – Orange		Devaloka Day	
Until 9:51AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sun 29 Sutra 74 Vilamba 5120
	Silver Retreat Star		Gulika 9:47AM – 11:38AM	Mula* Until 12:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:05AM	
	Dhanus Rasi: 9.57	Tithi 15 – 16	Yama 6:05AM – 7:56AM	Brahma Until 2:57AM Fri	Muruqa: Clear	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10
	381142361	Rahu 3:20PM – 5:11PM		Balava Until 12:03AM Fri	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Purnima* Until 10:51AM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan
Sutra 75

Dhanus Rasi: 21.49 Tithi 16 – 17

381142361

Gulika 7:56AM – 9:47AM
Yama 5:12PM – 7:03PM
Rahu 11:38AM – 1:29PM

Purvashadha* Until 3:49PM
Indra Until 4:02AM Sat
Taitila Until 2:34AM Sat
Prathama* Until 1:16PM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:05AM
Sunset: 8:54PM

Moon 6 - Phase 11
1st Phase

Routine Work Prabalarishta Yoga
Until 3:49PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 76

Makara Rasi: 3.38 Tithi 17 – 18

381242361

Gulika 6:05AM – 7:56AM
Yama 3:21PM – 5:12PM
Rahu 9:47AM – 11:38AM

Uttarashadha Until 6:47PM
Vaidhriti* Until 5:09AM Sun
Vanija Until 5:10AM Sun
Dvitiya Until 3:51PM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:05AM
Sunset: 8:54PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga
Until 6:47PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 77

Makara Rasi: 15.25 Tithi 18

391242361

Gulika 5:12PM – 7:03PM
Yama 1:30PM – 3:21PM
Rahu 7:03PM – 8:54PM

Shravana Until 10:06PM
Vishkambha* Until 6:14AM Mon
Visti Until 6:26PM
Tritiya Until 6:26PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:06AM
Sunset: 8:54PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 10:06PM
Then Routine Work - Marana Yoga

Devaloka Day

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 78

Makara Rasi: 27.13 Tithi 19

391242361

Gulika 3:21PM – 5:12PM
Yama 11:39AM – 1:30PM
Rahu 7:57AM – 9:48AM

Dhanishtha Until 1:05AM Tue
Vishkambha* Until 6:14AM
Bava Until 7:43AM
Chaturthi* Until 8:53PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:06AM
Sunset: 8:54PM

Moon 6 - Phase 11
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 1:05AM Tue
Then Routine Work - Marana Yoga

Devaloka Day

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 79

Kumbha Rasi: 9.06 Tithi 20

392242361

Gulika 1:30PM – 3:21PM
Yama 9:48AM – 11:39AM
Rahu 5:12PM – 7:03PM

Shatabhishak Until 3:34AM Wed
Priti Until 7:10AM
Kaulava Until 10:01AM
Panchami Until 11:00PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:07AM
Sunset: 8:53PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga
Until 3:34AM Wed
Then Creative Work - Amrita Yoga

Devaloka Day

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 80

Kumbha Rasi: 21.08 Tithi 21

312242361

Gulika 11:40AM – 1:30PM
Yama 7:58AM – 9:49AM
Rahu 1:30PM – 3:21PM

Purvaproshtapada* Until 5:53AM Thu
Ayushman Until 7:46AM
Gara Until 11:55AM
Shashthi* Until 12:38AM Thu

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:07AM
Sunset: 8:53PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 5:53AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 81

Meena Rasi: 3.23 Tithi 22

312242361

Gulika 9:49AM – 11:40AM
Yama 6:08AM – 7:58AM
Rahu 3:21PM – 5:12PM

Uttaraproshtapada Until 7:23AM Fri
Saubhagya Until 7:58AM
Visti Until 1:15PM
Saptami Until 1:38AM Fri

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:08AM
Sunset: 8:53PM

Moon 6 - Phase 11
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 82

Meena Rasi: 15.55 Tithi 23

312242361

Gulika 7:59AM – 9:49AM
Yama 5:12PM – 7:02PM
Rahu 11:40AM – 1:31PM

Uttaraproshtapada Until 7:23AM
Sobhana Until 7:39AM
Balava Until 1:53PM
Ashtami* Until 1:54AM Sat

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:08AM
Sunset: 8:53PM

Moon 6 - Phase 11
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan
Sun 8 Sutra 83

Meena Rasi: 28.49 Tithi 24

412242361

Gulika 6:09AM – 7:59AM
Yama 3:21PM – 5:12PM
Rahu 9:50AM – 11:40AM

Revati Until 7:59AM
Athiganda* Until 6:43AM
Taitila Until 1:44PM
Navami* Until 1:21AM Sun

Ganesha: Green
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:09AM
Sunset: 8:53PM

Moon 6 - Phase 11
Navami

Routine Work Prabalarishta Yoga
Until 7:59AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau			Dushanbe, Tajikistan Sun 9 Sutra 84
Mesha Rasi: 12.08	Tithi 25	Gulika 5:12PM – 7:02PM	Ashvini Until 8:07AM	Ganesha: Orange <i>Sunrise:</i> 6:09AM	Vilamba 5120
		Yama 1:31PM – 3:21PM	Dhriti Until 2:58AM Mon	Muruqa: Clear <i>Sunset:</i> 8:52PM	Moon 6 - Phase 12
	422242361	Rahu 7:02PM – 8:52PM	Vanija Until 12:48PM	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Dashami Until 12:01AM Mon	Moon – White	Devaloka Day
Until 8:07AM				Jyeshtha-Ani	
Then Routine Work - Prabalarishta Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau			Dushanbe, Tajikistan Sun 10 Sutra 85
Mesha Rasi: 25.53	Tithi 26	Gulika 3:21PM – 5:12PM	Bharani Until 7:18AM	Ganesha: Orange <i>Sunrise:</i> 6:10AM	Vilamba 5120
Family Home Evening		Yama 11:41AM – 1:31PM	Shula* Until 12:10AM Tue	Muruqa: Clear <i>Sunset:</i> 8:52PM	Moon 6 - Phase 12
Creative Work Siddha Yoga	422242361	Rahu 8:00AM – 9:51AM	Bava Until 11:05AM	Nataraja: White	2nd Phase
Until 7:18AM			Ekadashi* Until 9:57PM	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani	

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Dushanbe, Tajikistan Sun 11 Sutra 86
Vrishabha Rasi: 10.06	Tithi 27	Gulika 1:31PM – 3:21PM	Rohini Until 3:44AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:11AM	Vilamba 5120
		Yama 9:51AM – 11:41AM	Ganda* Until 8:52PM	Muruqa: Clear <i>Sunset:</i> 8:52PM	Moon 6 - Phase 12
	432242361	Rahu 5:11PM – 7:02PM	Kaulava Until 8:41AM	Nataraja: White	2nd Phase
Creative Work Amrita Yoga			Dvadashi* Until 7:15PM	Moon – Yellow	Bhuloka Day
Until 3:44AM Wed				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Dushanbe, Tajikistan Sun 12 Sutra 87
Vrishabha Rasi: 24.43	Tithi 28 – 29	Gulika 11:41AM – 1:31PM	Mrigashira Until 1:12AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:11AM	Vilamba 5120
		Yama 8:01AM – 9:51AM	Vriddhi Until 5:11PM	Muruqa: Clear <i>Sunset:</i> 8:51PM	Moon 6 - Phase 12
	432242361	Rahu 1:31PM – 3:21PM	Visti Until 2:22AM Thu	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 4:04PM	Moon – Yellow	Bhuloka Day
Until 1:12AM Thu				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Dushanbe, Tajikistan Sun 13 Sutra 88
Retreat Star		Gulika 9:52AM – 11:42AM	Ardra Until 10:17PM	Ganesha: Light Blue <i>Sunrise:</i> 6:12AM	Vilamba 5120
Mithuna Rasi: 9.4	Tithi 29 – 30	Yama 6:12AM – 8:02AM	Dhruva Until 1:12PM	Muruqa: Clear <i>Sunset:</i> 8:51PM	Moon 6 - Phase 12
	432242361	Rahu 3:21PM – 5:11PM	Catuspada Until 10:43PM	Nataraja: White	Amavasya
Routine Work Marana Yoga			Chaturdashi* Until 12:33PM	Moon – Yellow	Bhuloka Day
Until 10:17PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Dushanbe, Tajikistan Sun 14 Sutra 89
Retreat Star		Gulika 8:02AM – 9:52AM	Punarvasu Until 7:30PM	Ganesha: Purple <i>Sunrise:</i> 6:13AM	Vilamba 5120
Mithuna Rasi: 24.47	Tithi 30 – 1	Yama 5:11PM – 7:01PM	Vyaghata* Until 9:04AM	Muruqa: Clear <i>Sunset:</i> 8:51PM	Moon 6 - Phase 12
	442242361	Rahu 11:42AM – 1:32PM	Kintughna Until 6:58PM	Nataraja: White	Prathama
Creative Work Siddha Yoga			Amavasya* Until 8:50AM	Moon – Blue	Bhuloka Day
Until 7:30PM		Partial Solar Eclipse		Ashada-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 90	
Kataka Rasi: 9.58	Tithi 2	Gulika 6:13AM – 8:03AM	Pushya Until 4:38PM	Ganesha: Purple	<i>Sunrise:</i> 6:13AM			Vilamba 5120	
		Yama 3:21PM – 5:11PM	Vajra* Until 12:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 8:50PM			Moon 6 - Phase 13	
		442242361 Rahu 9:53AM – 11:42AM	Balava Until 3:16PM	Nataraja: White				3rd Phase	
Creative Work	Siddha Yoga	Dvitiya Until 1:28AM Sun		Moon – Blue			Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Until 4:38PM				Ashada*Ani					
Then Routine Work - Marana Yoga									

2		Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 91	
Kataka Rasi: 25.01	Tithi 3	Gulika 5:11PM – 7:00PM	Ashlesha* Until 1:51PM	Ganesha: Purple	<i>Sunrise:</i> 6:14AM			Vilamba 5120	
		Yama 1:32PM – 3:21PM	Siddhi Until 9:02PM	Muruqa: Clear	<i>Sunset:</i> 8:50PM			Moon 6 - Phase 13	
		442242361 Rahu 7:00PM – 8:50PM	Taitila Until 11:46AM	Nataraja: White				3rd Phase	
Creative Work	Siddha Yoga	Tritiya Until 10:07PM		Moon – Blue			Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Until 1:51PM				Ashada*Ani					
Then Routine Work - Marana Yoga									

3		Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Chaturthayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 92	
Simha Rasi: 9.5	Tithi 4	Gulika 3:21PM – 5:10PM	Magha* Until 11:43AM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM			Vilamba 5120	
Family Home Evening		Yama 11:43AM – 1:32PM	Vyatipata* Until 5:34PM	Muruqa: Clear	<i>Sunset:</i> 8:49PM			Moon 6 - Phase 13	
		453242361 Rahu 8:04AM – 9:53AM	Vanija Until 8:37AM	Nataraja: White				3rd Phase	
Routine Work	Marana Yoga	Chaturthi* Until 7:12PM		Moon – Red			Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Until 11:43AM				Ashada*Adi					
Then Creative Work - Siddha Yoga									

4		Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 93	
Simha Rasi: 24.19	Tithi 5 – 6	Gulika 1:32PM – 3:21PM	Purvaphalguni Until 9:56AM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM			Vilamba 5120	
		Yama 9:54AM – 11:43AM	Varyan Until 2:31PM	Muruqa: Clear	<i>Sunset:</i> 8:48PM			Moon 6 - Phase 13	
		453242362 Rahu 5:10PM – 6:59PM	Kaulava Until 3:53AM Wed	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga	Panchami Until 4:49PM		Moon – Red			Devaloka Day		
Until 9:56AM				Ashada*Adi					
Then Creative Work - Amrita Yoga									

5		Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 94	
Kanya Rasi: 8.23	Tithi 6 – 7	Gulika 11:43AM – 1:32PM	Uttaraphalguni Until 8:39AM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM			Vilamba 5120	
		Yama 8:05AM – 9:54AM	Parigha* Until 12:01PM	Muruqa: Clear	<i>Sunset:</i> 8:48PM			Moon 6 - Phase 13	
		453242362 Rahu 1:32PM – 3:21PM	Gara Until 2:31AM Thu	Nataraja: Clear				3rd Phase	
Creative Work	Amrita Yoga	Shashthi* Until 3:06PM		Moon – Red			Devaloka Day		
Until 8:39AM				Ashada*Adi					
Then Routine Work - Marana Yoga									

Retreat Star		Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 95	
Kanya Rasi: 22.01	Tithi 7 – 8	Gulika 9:55AM – 11:43AM	Hasta Until 8:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM			Vilamba 5120	
		Yama 6:17AM – 8:06AM	Shiva Until 10:06AM	Muruqa: Clear	<i>Sunset:</i> 8:47PM			Moon 6 - Phase 13	
		463242362 Rahu 3:21PM – 5:10PM	Visti Until 1:52AM Fri	Nataraja: Clear				Ashtami	
Routine Work	Marana Yoga	Saptami Until 2:05PM		Moon – Green			Sivaloka Day		
Until 8:20AM				Ashada*Adi					
Then Creative Work - Siddha Yoga									

Retreat Star		Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 96	
Tula Rasi: 5.14	Tithi 8 – 9	Gulika 8:06AM – 9:55AM	Chitra Until 8:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM			Vilamba 5120	
		Yama 5:09PM – 6:58PM	Siddha Until 8:45AM	Muruqa: Clear	<i>Sunset:</i> 8:47PM			Moon 6 - Phase 13	
		463242362 Rahu 11:44AM – 1:32PM	Balava Until 1:57AM Sat	Nataraja: Clear				Navami	
Creative Work	Siddha Yoga	Ashtami* Until 1:48PM		Moon – Green			Sivaloka Day		
				Ashada*Adi					

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 97
	Tula Rasi: 18.06	Tithi 9 – 10	Gulika 6:19AM – 8:07AM	Svati Until 9:26AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Vilamba 5120
			Yama 3:21PM – 5:09PM	Sadhya Until 7:58AM	Muruqa: Clear	<i>Sunset:</i> 8:46PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	463242362 Rahu 9:55AM – 11:44AM	Taitila Until 2:42AM Sun	Nataraja: Clear		4th Phase
			Navami* Until 2:13PM	Moon – Green		Sivaloka Day	
				Ashada*Adi			


2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 98
	Vrischika Rasi: 0.38	Tithi 10 – 11	Gulika 5:09PM – 6:57PM	Vishakha Until 11:12AM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Vilamba 5120
			Yama 1:32PM – 3:21PM	Subha Until 7:44AM	Muruqa: Clear	<i>Sunset:</i> 8:45PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	473242362 Rahu 6:57PM – 8:45PM	Vanija Until 4:02AM Mon	Nataraja: Clear		4th Phase
			Dashami Until 3:17PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 99
	Vrischika Rasi: 12.56	Tithi 11 – 12	Gulika 3:20PM – 5:08PM	Anuradha Until 1:20PM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Vilamba 5120
	Family Home Evening		Yama 11:44AM – 1:32PM	Sukla Until 7:54AM	Muruqa: Clear	<i>Sunset:</i> 8:44PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	473242362 Rahu 8:08AM – 9:56AM	Bava Until 5:52AM Tue	Nataraja: Clear		4th Phase
			Ekadashi Until 4:52PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 100
	Vrischika Rasi: 25.02	Tithi 12	Gulika 1:32PM – 3:20PM	Jyeshtha* Until 3:45PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vilamba 5120
			Yama 9:57AM – 11:45AM	Brahma Until 8:26AM	Muruqa: Clear	<i>Sunset:</i> 8:44PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	473242362 Rahu 5:08PM – 6:56PM	Balava Until 6:54PM	Nataraja: Clear		4th Phase
			Dvadashi Until 6:54PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 101
	Dhanus Rasi: 6.59	Tithi 13	Gulika 11:45AM – 1:32PM	Mula* Until 6:48PM	Ganesha: Red	<i>Sunrise:</i> 6:22AM	Vilamba 5120
			Yama 8:09AM – 9:57AM	Indra Until 9:16AM	Muruqa: Clear	<i>Sunset:</i> 8:43PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	483342362 Rahu 1:32PM – 3:20PM	Kaulava Until 8:03AM	Nataraja: Clear		4th Phase
			Trayodashi Until 9:14PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
				<i>Pradosha Vrata</i>			

6	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 102
	Dhanus Rasi: 18.5	Tithi 14	Gulika 9:57AM – 11:45AM	Purvashadha* Until 9:53PM	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Vilamba 5120
			Yama 6:23AM – 8:10AM	Vaidhriti* Until 10:15AM	Muruqa: Clear	<i>Sunset:</i> 8:42PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	483342362 Rahu 3:20PM – 5:07PM	Gara Until 10:30AM	Nataraja: Clear		4th Phase
			Chaturdashi* Until 11:46PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			

	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 103
	Copper Retreat Star		Gulika 8:11AM – 9:58AM	Uttarashadha Until 12:52AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Vilamba 5120
	Makara Rasi: 0.38	Tithi 15	Yama 5:07PM – 6:54PM	Vishkambha* Until 11:21AM	Muruqa: Clear	<i>Sunset:</i> 8:41PM	Moon 6 - Phase 14
			483342362 Rahu 11:45AM – 1:32PM	Visti Until 1:05PM	Nataraja: Clear		Purnima
			Purnima* Until 2:21AM Sat	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
			Total Lunar Eclipse				
			Satguru Purnima				

7	Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 104
	Silver Retreat Star		Gulika 6:24AM – 8:11AM	Shravana Until 4:08AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Vilamba 5120
	Makara Rasi: 12.26	Tithi 16	Yama 3:19PM – 5:06PM	Priti Until 12:29PM	Muruqa: Clear	<i>Sunset:</i> 8:40PM	Moon 6 - Phase 14
			493342362 Rahu 9:58AM – 11:45AM	Balava Until 3:39PM	Nataraja: Clear		Prathama
			Prathama* Until 4:53AM Sun	Moon – Purple		Devaloka Day	
				Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila Karana Dvitiyayam Titau

Dushanbe, Tajikistan
Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 24.15 Tithi 17

493342362

Gulika 5:06PM – 6:53PM
Yama 1:32PM – 3:19PM
Rahu 6:53PM – 8:40PM

Dhanishtha Until 7:03AM Mon
Ayushman Until 1:29PM
Taitila Until 6:06PM
Dvitiya Until 7:14AM Mon

Ganesha: Blue *Sunrise:* 6:25AM
Muruqa: Clear *Sunset:* 8:40PM
Nataraja: Clear
Moon – Purple

Devaloka Day

Routine Work Marana Yoga
Until 7:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 6.08 Tithi 17 – 18

494342362

Gulika 3:19PM – 5:05PM
Yama 11:46AM – 1:32PM
Rahu 8:13AM – 9:59AM

Dhanishtha Until 7:03AM
Saubhagya Until 2:20PM
Vanija Until 8:19PM
Dvitiya Until 7:14AM

Ganesha: Blue *Sunrise:* 6:26AM
Muruqa: Clear *Sunset:* 8:39PM
Nataraja: Clear
Moon – Purple

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprosnthapada Nakshatra Sobhana/Athiganda Yoga Vistil/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 18.08 Tithi 18 – 19

494342362

Gulika 1:32PM – 3:19PM
Yama 10:00AM – 11:46AM
Rahu 5:05PM – 6:51PM

Shatabhishak Until 9:32AM
Sobhana Until 2:58PM
Bava Until 10:11PM
Tritiya Until 9:17AM

Ganesha: Blue *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 8:38PM
Nataraja: Clear
Moon – Purple

Devaloka Day

Routine Work Marana Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprosnthapada Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 0.17 Tithi 19 – 20

414342362

Gulika 11:46AM – 1:32PM
Yama 8:14AM – 10:00AM
Rahu 1:32PM – 3:18PM

Purvaprosnthapada* Until 11:57AM
Athiganda* Until 3:14PM
Kaulava Until 11:36PM
Chaturthi* Until 10:56AM

Ganesha: White *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 8:37PM
Nataraja: Clear
Moon – Clear

Devaloka Day

Creative Work Amrita Yoga
Until 11:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprosnthapada/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 12.38 Tithi 20 – 21

414342362

Gulika 10:00AM – 11:46AM
Yama 6:29AM – 8:14AM
Rahu 3:18PM – 5:04PM

Uttaraprosnthapada Until 1:43PM
Sukarma Until 3:07PM
Gara Until 12:29AM Fri
Panchami Until 12:06PM

Ganesha: White *Sunrise:* 6:29AM
Muruqa: Clear *Sunset:* 8:36PM
Nataraja: Clear
Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Shashthi/Saplamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 25.14 Tithi 21 – 22

414342362

Gulika 8:15AM – 10:01AM
Yama 5:03PM – 6:49PM
Rahu 11:46AM – 1:32PM

Revati Until 2:46PM
Dhriti Until 2:34PM
Vistil Until 12:45AM Sat
Shashthi* Until 12:41PM

Ganesha: White *Sunrise:* 6:29AM
Muruqa: Clear *Sunset:* 8:35PM
Nataraja: Clear
Moon – Clear

Devaloka Day

Creative Work Siddha Yoga
Until 2:46PM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 8.07 Tithi 22 – 23

424342362

Gulika 6:30AM – 8:16AM
Yama 3:17PM – 5:03PM
Rahu 10:01AM – 11:47AM

Ashvini Until 3:30PM
Shula* Until 1:28PM
Balava Until 12:21AM Sun
Saptami Until 12:37PM

Ganesha: Clear *Sunrise:* 6:30AM
Muruqa: Clear *Sunset:* 8:34PM
Nataraja: Clear
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 21.22 Tithi 23 – 24

424342362

Gulika 5:02PM – 6:47PM
Yama 1:32PM – 3:17PM
Rahu 6:47PM – 8:33PM

Bharani Until 3:24PM
Ganda* Until 11:50AM
Taitila Until 11:16PM
Ashtami* Until 11:53AM

Ganesha: Clear *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 8:33PM
Nataraja: Clear
Moon – White

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 3:24PM
Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 113 Vilamba 5120	
Vrishabha Rasi: 4.59	Tithi 24 – 25	Gulika	3:17PM – 5:02PM	Krittika Until 2:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	
Family Home Evening	424342362	Yama	11:47AM – 1:32PM	Vriddhi Until 9:41AM	Muruqa: Clear	<i>Sunset:</i> 8:31PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	8:17AM – 10:02AM	Vanija Until 9:31PM	Nataraja: Clear		2nd Phase
Until 2:29PM				Navami* Until 10:28AM	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		

2		Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 114 Vilamba 5120	
Vrishabha Rasi: 19.01	Tithi 25 – 26	Gulika	1:32PM – 3:16PM	Rohini Until 1:13PM	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	
	434342362	Yama	10:02AM – 11:47AM	Dhruva Until 6:57AM	Muruqa: Clear	<i>Sunset:</i> 8:30PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	5:01PM – 6:46PM	Bava Until 7:10PM	Nataraja: Clear		2nd Phase
Until 1:13PM				Dashami Until 8:24AM	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga					Ashada-Adi		

3		Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 115 Vilamba 5120	
Mithuna Rasi: 3.26	Tithi 27	Gulika	11:47AM – 1:32PM	Mrigashira Until 11:16AM	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	
	434342362	Yama	8:18AM – 10:03AM	Harshana Until 12:13AM Thu	Muruqa: Clear	<i>Sunset:</i> 8:29PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu	1:32PM – 3:16PM	Kaulava Until 4:17PM	Nataraja: Clear		2nd Phase
				Dvodashi* Until 2:40AM Thu	Moon – Yellow		Devaloka Day
					Ashada-Adi		

4		Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra Yoga Gara/Vanija Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 116 Vilamba 5120	
Mithuna Rasi: 18.12	Tithi 28	Gulika	10:03AM – 11:47AM	Ardra Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:35AM	
	434342362	Yama	6:35AM – 8:19AM	Vajra* Until 8:21PM	Muruqa: Clear	<i>Sunset:</i> 8:28PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	3:16PM – 5:00PM	Gara Until 1:00PM	Nataraja: Clear		2nd Phase
Until 8:45AM				Trayodashi* Until 11:14PM	Moon – Yellow		Devaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		
					<i>Pradosha Vrata (Fasting)</i>		

5		Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata Yoga Visti/Sakuni Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 12 Sutra 117 Vilamba 5120	
Kataka Rasi: 3.12	Tithi 29	Gulika	8:19AM – 10:03AM	Punarvasu Until 6:12AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:36AM	
	444342362	Yama	4:59PM – 6:43PM	Siddhi Until 4:18PM	Muruqa: Clear	<i>Sunset:</i> 8:27PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu	11:47AM – 1:31PM	Visti Until 9:28AM	Nataraja: Clear		2nd Phase
Until 6:12AM				Chaturdashi* Until 7:37PM	Moon – Blue		Devaloka Day
Then Routine Work - Marana Yoga					Ashada-Adi		

●		Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata/Variyan Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Dushanbe, Tajikistan Sun 13 Sutra 118 Vilamba 5120	
Retreat Star		Gulika	6:36AM – 8:20AM	Ashlesha* Until 12:25AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:36AM	
Kataka Rasi: 18.19	Tithi 30 – 1	Yama	3:15PM – 4:58PM	Vyatipata* Until 12:12PM	Muruqa: Clear	<i>Sunset:</i> 8:26PM	Moon 7 - Phase 16
	444342362	Rahu	10:04AM – 11:47AM	Kintughna Until 2:10AM Sun	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 3:57PM	Moon – Blue		Devaloka Day
					Ashada-Adi		
					Partial Solar Eclipse		

●		Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Dushanbe, Tajikistan Sun 14 Sutra 119 Vilamba 5120	
Retreat Star		Gulika	4:58PM – 6:41PM	Magha* Until 9:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
Simha Rasi: 3.24	Tithi 1 – 2	Yama	1:31PM – 3:14PM	Variyan Until 8:10AM	Muruqa: Clear	<i>Sunset:</i> 8:24PM	Moon 7 - Phase 16
	455342362	Rahu	6:41PM – 8:24PM	Balava Until 10:44PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Prathama* Until 12:24PM	Moon – Red		Sivaloka Day
Until 9:56PM					Sravana-Adi		
Then Creative Work - Siddha Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau			Dushanbe, Tajikistan Sun 15 Sutra 120 Vilamba 5120
1		Gulika 3:14PM – 4:57PM	Purvaphalguni Until 7:38PM	Ganesha: Clear <i>Sunrise:</i> 6:38AM	
Simha Rasi: 18.19	Tithi 2 – 3	Yama 11:48AM – 1:31PM	Shiva Until 12:49AM Tue	Muruqa: Clear <i>Sunset:</i> 8:23PM	Moon 7 - Phase 17
Family Home Evening	455342362	Rahu 8:21AM – 10:04AM	Taitila Until 7:39PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:07AM	Moon – Red	Sivaloka Day
				Sravana-Adi	

Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Gara/Vishti* Karana Tritiya/Chaturthyam Titau			Dushanbe, Tajikistan Sun 16 Sutra 121 Vilamba 5120
2		Gulika 1:31PM – 3:13PM	Uttaraphalguni Until 5:42PM	Ganesha: Clear <i>Sunrise:</i> 6:39AM	
Kanya Rasi: 2.55	Tithi 3 – 4	Yama 10:05AM – 11:48AM	Siddha Until 9:44PM	Muruqa: Clear <i>Sunset:</i> 8:22PM	Moon 7 - Phase 17
	455342362	Rahu 4:56PM – 6:39PM	Vishti Until 3:58AM Wed	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:16AM	Moon – Red	Sivaloka Day
Until 5:42PM				Sravana-Adi	
Then Creative Work - Siddha Yoga					

Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau			Dushanbe, Tajikistan Sun 17 Sutra 122 Vilamba 5120
3		Gulika 11:48AM – 1:30PM	Hasta Until 4:42PM	Ganesha: Purple <i>Sunrise:</i> 6:40AM	
Kanya Rasi: 17.08	Tithi 5	Yama 8:23AM – 10:05AM	Sadhya Until 7:12PM	Muruqa: Clear <i>Sunset:</i> 8:21PM	Moon 7 - Phase 17
	465342362	Rahu 1:30PM – 3:13PM	Bava Until 3:05PM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Panchami Until 2:22AM Thu	Moon – Green	Subha Sivaloka Day
Until 4:42PM		Nag Panchami		Sravana-Adi	
Then Creative Work - Siddha Yoga					

Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailita Karana Shashthyam Titau			Dushanbe, Tajikistan Sun 18 Sutra 123 Vilamba 5120
4		Gulika 10:06AM – 11:48AM	Chitra Until 4:17PM	Ganesha: Purple <i>Sunrise:</i> 6:41AM	
Tula Rasi: 0.54	Tithi 6	Yama 6:41AM – 8:23AM	Subha Until 5:17PM	Muruqa: Clear <i>Sunset:</i> 8:19PM	Moon 7 - Phase 17
	465342362	Rahu 3:12PM – 4:55PM	Kaulava Until 1:52PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 1:32AM Fri	Moon – Green	Subha Sivaloka Day
Until 4:17PM				Sravana-Adi	
Then Creative Work - Amrita Yoga					

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saphtamyam Titau			Dushanbe, Tajikistan Sun 19 Sutra 124 Vilamba 5120
5		Gulika 8:24AM – 10:06AM	Svati Until 4:30PM	Ganesha: Purple <i>Sunrise:</i> 6:42AM	
Tula Rasi: 14.13	Tithi 7	Yama 4:54PM – 6:36PM	Sukla Until 4:00PM	Muruqa: Clear <i>Sunset:</i> 8:18PM	Moon 7 - Phase 17
	465342362	Rahu 11:48AM – 1:30PM	Gara Until 1:26PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:31AM Sat	Moon – Green	Subha Sivaloka Day
				Sravana-Avani	

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Vishti*/Bava Karana Ashtamyam Titau			Dushanbe, Tajikistan Sun 20 Sutra 125 Vilamba 5120
Retreat Star		Gulika 6:43AM – 8:24AM	Vishakha Until 5:49PM	Ganesha: Purple <i>Sunrise:</i> 6:43AM	
Tula Rasi: 27.07	Tithi 8	Yama 3:12PM – 4:53PM	Brahma Until 3:21PM	Muruqa: Clear <i>Sunset:</i> 8:17PM	Moon 7 - Phase 17
	575342362	Rahu 10:06AM – 11:48AM	Vishti Until 1:50PM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 2:17AM Sun	Moon – Orange	Subha Sivaloka Day
				Sravana-Avani	

Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau			Dushanbe, Tajikistan Sun 21 Sutra 126 Vilamba 5120
Retreat Star		Gulika 4:52PM – 6:34PM	Anuradha Until 7:42PM	Ganesha: Clear <i>Sunrise:</i> 6:44AM	
Vrischika Rasi: 9.38	Tithi 9	Yama 1:30PM – 3:11PM	Indra Until 3:18PM	Muruqa: Clear <i>Sunset:</i> 8:15PM	Moon 7 - Phase 17
	575442362	Rahu 6:34PM – 8:15PM	Balava Until 2:58PM	Nataraja: Clear	Navami
Routine Work	Marana Yoga		Navami* Until 3:45AM Mon	Moon – Orange	Sivaloka Day
				Sravana-Avani	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 22 Sutra 127 Vilamba 5120
1	Vrischika Rasi: 21.52 Tithi 10 Family Home Evening Creative Work Siddha Yoga	Gulika 3:10PM – 4:52PM Yama 11:48AM – 1:29PM Rahu 8:26AM – 10:07AM	Jyeshtha* Until 10:00PM Vaidhriti* Until 3:42PM Taitila Until 4:44PM Dashami Until 5:47AM Tue	Ganesha: Clear <i>Sunrise: 6:44AM</i> Muruqa: Clear <i>Sunset: 8:14PM</i> Nataraja: Clear Moon – Orange Sivaloka Day Sravana-Avani

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 23 Sutra 128 Vilamba 5120
2	Dhanus Rasi: 3.53 Tithi 11 586442362 Creative Work Amrita Yoga	Gulika 1:29PM – 3:10PM Yama 10:07AM – 11:48AM Rahu 4:51PM – 6:32PM	Mula* Until 1:02AM Wed Vishkambha* Until 4:29PM Vanija Until 6:58PM Ekadashi Until 8:11AM Wed	Ganesha: Clear <i>Sunrise: 6:45AM</i> Muruqa: Clear <i>Sunset: 8:13PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Sravana-Avani

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikistan Sun 24 Sutra 129 Vilamba 5120
3	Dhanus Rasi: 15.46 Tithi 11 – 12 586442362 Creative Work Amrita Yoga Until 4:08AM Thu Then Routine Work - Marana Yoga	Gulika 11:48AM – 1:29PM Yama 8:27AM – 10:07AM Rahu 1:29PM – 3:09PM	Purvashadha* Until 4:08AM Thu Priti Until 5:31PM Bava Until 9:29PM Ekadashi Until 8:11AM	Ganesha: Clear <i>Sunrise: 6:46AM</i> Muruqa: Clear <i>Sunset: 8:11PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Sravana-Avani

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikistan Sun 25 Sutra 130 Vilamba 5120
4	Dhanus Rasi: 27.34 Tithi 12 – 13 586442362 Routine Work Marana Yoga	Gulika 10:08AM – 11:48AM Yama 6:47AM – 8:27AM Rahu 3:09PM – 4:49PM	Uttarashadha Until 7:07AM Fri Ayushman Until 6:35PM Kaulava Until 12:06AM Fri Dvadashi Until 10:46AM	Ganesha: Clear <i>Sunrise: 6:47AM</i> Muruqa: Clear <i>Sunset: 8:10PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Sravana-Avani

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 26 Sutra 131 Vilamba 5120
5	Makara Rasi: 9.22 Tithi 13 – 14 586442362 Routine Work Marana Yoga	Gulika 8:28AM – 10:08AM Yama 4:48PM – 6:29PM Rahu 11:48AM – 1:28PM	Uttarashadha Until 7:07AM Saubhagya Until 7:39PM Gara Until 2:38AM Sat Trayodashi Until 1:22PM	Ganesha: Clear <i>Sunrise: 6:48AM</i> Muruqa: Clear <i>Sunset: 8:09PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Sravana-Avani

Chidambaram Abhishekam

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Dushanbe, Tajikistan Sun 27 Sutra 132 Vilamba 5120
6	Makara Rasi: 21.11 Tithi 14 – 15 596442362 Creative Work Siddha Yoga	Gulika 6:49AM – 8:29AM Yama 3:08PM – 4:48PM Rahu 10:08AM – 11:48AM	Shravana Until 10:19AM Sobhana Until 8:36PM Visti Until 4:58AM Sun Chaturdashi* Until 3:49PM	Ganesha: White <i>Sunrise: 6:49AM</i> Muruqa: Clear <i>Sunset: 8:07PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Sravana-Avani

Avani Avittam

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Dushanbe, Tajikistan Sutra 133 Vilamba 5120
○	Copper Retreat Star Kumbha Rasi: 3.06 Tithi 15 – 16 596442362 Routine Work Marana Yoga Until 1:07PM Then Creative Work - Siddha Yoga	Gulika 4:47PM – 6:26PM Yama 1:28PM – 3:07PM Rahu 6:26PM – 8:06PM	Dhanishtha Until 1:07PM Athiganda* Until 9:17PM Balava Until 6:58AM Mon Purnima* Until 5:59PM	Ganesha: White <i>Sunrise: 6:50AM</i> Muruqa: Clear <i>Sunset: 8:06PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Sravana-Avani

Raksha Bandhan

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau		Dushanbe, Tajikistan Sutra 134 Vilamba 5120
○	Silver Retreat Star Kumbha Rasi: 15.08 Tithi 16 596442362 Family Home Evening Creative Work Siddha Yoga Until 3:25PM Then Routine Work - Marana Yoga	Gulika 3:07PM – 4:46PM Yama 11:48AM – 1:27PM Rahu 8:30AM – 10:09AM	Shatabhishak Until 3:25PM Sukarma Until 9:43PM Balava Until 6:58AM Prathama* Until 7:48PM	Ganesha: White <i>Sunrise: 6:51AM</i> Muruqa: Clear <i>Sunset: 8:04PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthpada*Uttaraprosarthpada Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 27.2 Tithi 17

517442363

Gulika 1:27PM - 3:06PM

Yama 10:09AM - 11:48AM

Rahu 4:45PM - 6:24PM

Purvaprosarthpada* Until 5:39PM

Dhriti Until 9:50PM

Taitila Until 8:35AM

Dvitiya Until 9:12PM

Ganesha: Clear

Sunrise: 6:51AM

Muruqa: Clear

Sunset: 8:03PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Devaloka Day

Routine Work Marana Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthpada Nakshatra Shula* Yoga Vanija/Vishti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 9.43 Tithi 18

517452363

Gulika 11:48AM - 1:27PM

Yama 8:31AM - 10:10AM

Rahu 1:27PM - 3:05PM

Uttaraprosarthpada Until 7:18PM

Shula* Until 9:34PM

Vanija Until 9:46AM

Tritiya Until 10:10PM

Ganesha: Clear

Sunrise: 6:52AM

Muruqa: Purple

Sunset: 8:01PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:18PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 22.17 Tithi 19

517452363

Gulika 10:10AM - 11:48AM

Yama 6:53AM - 8:32AM

Rahu 3:05PM - 4:43PM

Revati Until 8:21PM

Ganda* Until 8:58PM

Bava Until 10:30AM

Chaturthi* Until 10:41PM

Ganesha: Clear

Sunrise: 6:53AM

Muruqa: Purple

Sunset: 8:00PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 8:21PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 5.04 Tithi 20

527452363

Gulika 8:32AM - 10:10AM

Yama 4:42PM - 6:20PM

Rahu 11:48AM - 1:26PM

Ashvini Until 9:16PM

Vriddhi Until 8:01PM

Kaulava Until 10:47AM

Panchami Until 10:43PM

Ganesha: Purple

Sunrise: 6:54AM

Muruqa: Purple

Sunset: 7:58PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Creative Work Amrita Yoga

Until 9:16PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 18.05 Tithi 21

527452363

Gulika 6:55AM - 8:33AM

Yama 3:04PM - 4:41PM

Rahu 10:10AM - 11:48AM

Bharani Until 9:32PM

Dhruva Until 6:40PM

Gara Until 10:35AM

Shashthi* Until 10:17PM

Ganesha: Purple

Sunrise: 6:55AM

Muruqa: Purple

Sunset: 7:57PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 9:32PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 1.22 Tithi 22

527452363

Gulika 4:40PM - 6:18PM

Yama 1:26PM - 3:03PM

Rahu 6:18PM - 7:55PM

Krittika Until 9:11PM

Vyaghata* Until 4:55PM

Visti Until 9:53AM

Saptami Until 9:20PM

Ganesha: Purple

Sunrise: 6:56AM

Muruqa: Purple

Sunset: 7:55PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 14.55 Tithi 23

537452363

Gulika 3:02PM - 4:40PM

Yama 11:48AM - 1:25PM

Rahu 8:34AM - 10:11AM

Rohini Until 8:36PM

Harshana Until 2:47PM

Balava Until 8:41AM

Ashtami* Until 7:53PM

Ganesha: Clear

Sunrise: 6:57AM

Muruqa: Purple

Sunset: 7:54PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Family Home Evening

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrishabha Rasi: 28.47 Tithi 24 - 25

538452363

Gulika 1:25PM - 3:02PM

Yama 10:11AM - 11:48AM

Rahu 4:39PM - 6:16PM

Mrigashira Until 7:24PM

Vajra* Until 12:12PM

Taitila Until 7:00AM

Navami* Until 5:57PM

Ganesha: White

Sunrise: 6:58AM

Muruqa: Purple

Sunset: 7:52PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Until 7:24PM

Then Routine Work - Marana Yoga

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipata* Yoga Vistit*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 143
	Mithuna Rasi: 12.57	Tithi 25 – 26	Gulika 11:48AM – 1:25PM	Ardra Until 5:37PM	Ganesha: White	Sunrise: 6:58AM	Vilamba 5120
			Yama 8:35AM – 10:12AM	Siddhi Until 9:16AM	Muruga: Purple	Sunset: 7:51PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu 1:25PM – 3:01PM	Bava Until 2:13AM Thu	Nataraja: Purple		2nd Phase
			Dashami Until 3:33PM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyalipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 144
	Mithuna Rasi: 27.24	Tithi 26 – 27	Gulika 10:12AM – 11:48AM	Punarvasu Until 3:43PM	Ganesha: Yellow	Sunrise: 6:59AM	Vilamba 5120
			Yama 6:59AM – 8:36AM	Vyatipata* Until 6:00AM	Muruga: Purple	Sunset: 7:49PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 3:01PM – 4:37PM	Kaulava Until 11:17PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 12:46PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 145
	Kataka Rasi: 12.05	Tithi 27 – 28	Gulika 8:36AM – 10:12AM	Pushya Until 1:24PM	Ganesha: Yellow	Sunrise: 7:00AM	Vilamba 5120
			Yama 4:36PM – 6:12PM	Parigha* Until 10:43PM	Muruga: Purple	Sunset: 7:48PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 11:48AM – 1:24PM	Gara Until 8:07PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 9:42AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 146
	Kataka Rasi: 26.55	Tithi 28 – 29	Gulika 7:01AM – 8:37AM	Ashlesha* Until 10:49AM	Ganesha: Yellow	Sunrise: 7:01AM	Vilamba 5120
			Yama 2:59PM – 4:35PM	Shiva Until 6:56PM	Muruga: Purple	Sunset: 7:46PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:12AM – 11:48AM	Sakuni Until 3:11AM Sun	Nataraja: Purple		2nd Phase
			Trayodashi* Until 6:28AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 147
	Retreat Star		Gulika 4:34PM – 6:09PM	Magha* Until 8:28AM	Ganesha: Red	Sunrise: 7:02AM	Vilamba 5120
	Simha Rasi: 11.47	Tithi 30	Yama 1:23PM – 2:59PM	Siddha Until 3:09PM	Muruga: Purple	Sunset: 7:45PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	558452363 Rahu 6:09PM – 7:45PM	Catuspada Until 1:35PM	Nataraja: Purple		Amavasya
			Amavasya* Until 12:00AM Mon	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 148
	Simha Rasi: 26.34	Tithi 1	Gulika 2:58PM – 4:33PM	Purvaphalguni Until 6:08AM	Ganesha: Blue	Sunrise: 7:03AM	Vilamba 5120
	Family Home Evening		Yama 11:48AM – 1:23PM	Sadhya Until 11:32AM	Muruga: Purple	Sunset: 7:43PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 Rahu 8:38AM – 10:13AM	Kintughna Until 10:31AM	Nataraja: Purple		Prathama
			Prathama* Until 9:04PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 11.07	Tithi 2	Gulika 1:23PM – 2:57PM	Hasta Until 2:33AM Wed	Ganesha: Blue <i>Sunrise: 7:04AM</i>	Muruqa: Purple <i>Sunset: 7:42PM</i>	Moon 8 - Phase 21
			Yama 10:13AM – 11:48AM	Subha Until 8:14AM	Nataraja: Purple		3rd Phase
	569452363	Rahu 4:32PM – 6:07PM	Balava Until 7:46AM	Dvitiya Until 6:34PM	Moon – Green	Bhuloka Day	
Creative Work	Siddha Yoga			Bhadrapada-Avani			

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 25.21	Tithi 3 – 4	Gulika 11:48AM – 1:22PM	Chitra Until 1:35AM Thu	Ganesha: Blue <i>Sunrise: 7:04AM</i>	Muruqa: Purple <i>Sunset: 7:40PM</i>	Moon 8 - Phase 21
			Yama 8:39AM – 10:13AM	Brahma Until 2:53AM Thu	Nataraja: Purple		3rd Phase
	569452363	Rahu 1:22PM – 2:57PM	Vanija Until 3:54AM Thu	Tritiya Until 4:37PM	Moon – Green	Bhuloka Day	
Creative Work	Siddha Yoga			Bhadrapada-Avani			
Until 1:35AM Thu							
Then Creative Work - Amrita Yoga							

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 9.1	Tithi 4 – 5	Gulika 10:14AM – 11:48AM	Svati Until 1:12AM Fri	Ganesha: Blue <i>Sunrise: 7:05AM</i>	Muruqa: Purple <i>Sunset: 7:38PM</i>	Moon 8 - Phase 21
			Yama 7:05AM – 8:39AM	Indra Until 1:04AM Fri	Nataraja: Purple		3rd Phase
	569452363	Rahu 2:56PM – 4:30PM	Bava Until 3:02AM Fri	Chaturthi* Until 3:21PM	Moon – Green	Bhuloka Day	
Creative Work	Amrita Yoga		Ganesha Chaturthi	Bhadrapada-Avani			
Until 1:12AM Fri							
Then Creative Work - Siddha Yoga							

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 22.32	Tithi 5 – 6	Gulika 8:40AM – 10:14AM	Vishakha Until 1:56AM Sat	Ganesha: White <i>Sunrise: 7:06AM</i>	Muruqa: Purple <i>Sunset: 7:37PM</i>	Moon 8 - Phase 21
			Yama 4:29PM – 6:03PM	Vaidhriti* Until 11:53PM	Nataraja: Purple		3rd Phase
	579552363	Rahu 11:48AM – 1:21PM	Kaulava Until 2:59AM Sat	Panchami Until 2:53PM	Moon – Orange	Devaloka Day	
Creative Work	Siddha Yoga			Bhadrapada-Avani			

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 5.29	Tithi 6 – 7	Gulika 7:07AM – 8:41AM	Anuradha Until 3:18AM Sun	Ganesha: White <i>Sunrise: 7:07AM</i>	Muruqa: Purple <i>Sunset: 7:35PM</i>	Moon 8 - Phase 21
			Yama 2:55PM – 4:28PM	Vishkambha* Until 11:22PM	Nataraja: Purple		3rd Phase
	579552363	Rahu 10:14AM – 11:48AM	Gara Until 3:46AM Sun	Shashthi* Until 3:15PM	Moon – Orange	Devaloka Day	
Creative Work	Siddha Yoga			Bhadrapada-Avani			
Until 3:18AM Sun							
Then Routine Work - Marana Yoga							

6	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Vistri* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 154 Vilamba 5120
	Vrischika Rasi: 18.03	Tithi 7 – 8	Gulika 4:27PM – 6:00PM	Jyeshtha* Until 5:14AM Mon	Ganesha: White <i>Sunrise: 7:08AM</i>	Muruqa: Purple <i>Sunset: 7:34PM</i>	Moon 8 - Phase 21
			Yama 1:21PM – 2:54PM	Priti Until 11:27PM	Nataraja: Purple		3rd Phase
	579552363	Rahu 6:00PM – 7:34PM	Vistri Until 5:17AM Mon	Saptami Until 4:25PM	Moon – Orange	Devaloka Day	
Routine Work	Marana Yoga			Bhadrapada-Avani			
Until 5:14AM Mon							
Then Creative Work - Siddha Yoga							

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 2:53PM – 4:26PM	Mula* Until 8:04AM Tue	Ganesha: Clear <i>Sunrise: 7:09AM</i>	Muruqa: Purple <i>Sunset: 7:32PM</i>	Moon 8 - Phase 21
	Dhanus Rasi: 0.17	Tithi 8	Yama 11:48AM – 1:20PM	Ayushman Until 11:59PM	Nataraja: Purple		Ashtami
	589552363	Rahu 8:42AM – 10:15AM	Bava Until 6:16PM	Ashtami* Until 6:16PM	Moon – Light Blue	Bhuloka Day	
Creative Work	Siddha Yoga			Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM		

D	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 156 Vilamba 5120
	Retreat Star		Gulika 1:20PM – 2:53PM	Mula* Until 8:04AM	Ganesha: Clear <i>Sunrise: 7:10AM</i>	Muruqa: Purple <i>Sunset: 7:30PM</i>	Moon 8 - Phase 21
	Dhanus Rasi: 12.17	Tithi 9	Yama 10:15AM – 11:47AM	Saubhagya Until 12:52AM Wed	Nataraja: Purple		Navami
	581552363	Rahu 4:25PM – 5:58PM	Balava Until 7:24AM	Navami* Until 8:36PM	Moon – Light Blue	Bhuloka Day	
Creative Work	Amrita Yoga			Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM		
Until 8:04AM							
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 24.09	Tithi 10	Gulika 11:47AM – 1:20PM	Purvashadha* Until 11:06AM	Ganesha: Clear	<i>Sunrise:</i> 7:11AM	
			Yama 8:43AM – 10:15AM	Sobhana Until 1:56AM Thu	Muruqa: Purple	<i>Sunset:</i> 7:29PM	Moon 8 - Phase 22
	581552363	Rahu 1:20PM – 2:52PM	Taitila Until 9:54AM		Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dashami Until 11:12PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 9:AM to12:PM	
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2	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 5.56	Tithi 11	Gulika 10:15AM – 11:47AM	Uttarashadha Until 2:04PM	Ganesha: Clear	<i>Sunrise:</i> 7:11AM	
			Yama 7:11AM – 8:43AM	Athiganda* Until 2:58AM Fri	Muruqa: Purple	<i>Sunset:</i> 7:27PM	Moon 8 - Phase 22
	581552363	Rahu 2:51PM – 4:23PM	Vanija Until 12:32PM		Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 1:48AM Fri	Moon – Light Blue		Bhuloka Day Devaloka Time: 9:AM to12:PM	
Until 2:04PM							
Then Creative Work - Siddha Yoga							
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3	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 17.45	Tithi 12	Gulika 8:44AM – 10:16AM	Shravana Until 5:16PM	Ganesha: Purple	<i>Sunrise:</i> 7:12AM	
			Yama 4:22PM – 5:54PM	Sukarma Until 3:51AM Sat	Muruqa: Purple	<i>Sunset:</i> 7:26PM	Moon 8 - Phase 22
	591552363	Rahu 11:47AM – 1:19PM	Bava Until 3:04PM		Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 4:13AM Sat	Moon – Purple		Devaloka Day	
Until 5:16PM							
Then Creative Work - Siddha Yoga							
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4	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 160 Vilamba 5120
	Makara Rasi: 29.38	Tithi 13	Gulika 7:13AM – 8:45AM	Dhanishtha Until 8:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:13AM	
			Yama 2:50PM – 4:21PM	Dhriti Until 4:28AM Sun	Muruqa: Purple	<i>Sunset:</i> 7:24PM	Moon 8 - Phase 22
	591552363	Rahu 10:16AM – 11:47AM	Kaulava Until 5:19PM		Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:16AM Sun	Moon – Purple		Devaloka Day	
Until 8:01PM							
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata</i>							
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5	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 11.41	Tithi 13 – 14	Gulika 4:20PM – 5:51PM	Shatabhishak Until 10:11PM	Ganesha: Purple	<i>Sunrise:</i> 7:14AM	
			Yama 1:18PM – 2:49PM	Shula* Until 4:42AM Mon	Muruqa: Purple	<i>Sunset:</i> 7:23PM	Moon 8 - Phase 22
	591552363	Rahu 5:51PM – 7:23PM	Gara Until 7:09PM		Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:16AM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam					
		Kadaitswami Mahasamadhi					
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○	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sutra 162 Vilamba 5120
	Copper Retreat Star		Gulika 2:49PM – 4:19PM	Purvaproshtapada* Until 12:11AM Tue	Ganesha: Purple	<i>Sunrise:</i> 7:15AM	
	Kumbha Rasi: 23.55	Tithi 14 – 15	Yama 11:47AM – 1:18PM	Ganda* Until 4:34AM Tue	Muruqa: Purple	<i>Sunset:</i> 7:21PM	Moon 8 - Phase 22
	511552363	Rahu 8:46AM – 10:16AM	Visti Until 8:28PM		Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 7:51AM	Moon – Clear		Devaloka Day	
Until 12:11AM Tue							
Then Creative Work - Amrita Yoga							
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Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika 1:18PM – 2:48PM	Uttaraproshtapada Until 1:31AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:16AM		
Meena Rasi: 6.22	Tithi 15 – 16	Yama 10:17AM – 11:47AM	Vriddhi Until 4:02AM Wed	Muruqa: Purple	<i>Sunset:</i> 7:19PM	Moon 8 - Phase 22	
511552363	Rahu 4:18PM – 5:49PM	Balava Until 9:16PM		Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Purnima* Until 8:55AM	Moon – Clear		Devaloka Day	
Until 1:31AM Wed							
Then Routine Work - Marana Yoga							
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Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan
Sutra 164

Meena Rasi: 19.02 Tithi 16 – 17

Gulika 11:47AM – 1:17PM
Yama 8:47AM – 10:17AM
Rahu 1:17PM – 2:47PM

Revati Until 2:14AM Thu
Dhruva Until 3:06AM Thu
Taitila Until 9:35PM
Prathama* Until 9:28AM

Ganesha: Purple Sunrise: 7:17AM
Muruga: Purple Sunset: 7:18PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Routine Work Marana Yoga
Until 2:14AM Thu
Then Creative Work - Amrita Yoga

Devaloka Day

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 165

Mesha Rasi: 1.56 Tithi 17 – 18

Gulika 10:17AM – 11:47AM
Yama 7:18AM – 8:47AM
Rahu 2:47PM – 4:17PM

Ashvini Until 2:50AM Fri
Vyaghata* Until 1:51AM Fri
Vanija Until 9:28PM
Dvitiya Until 9:33AM

Ganesha: Clear Sunrise: 7:18AM
Muruga: Purple Sunset: 7:16PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga
Until 2:50AM Fri
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 166

Mesha Rasi: 15.04 Tithi 18 – 19

Gulika 8:48AM – 10:18AM
Yama 4:16PM – 5:45PM
Rahu 11:47AM – 1:17PM

Bharani Until 2:55AM Sat
Harshana Until 12:19AM Sat
Bava Until 8:57PM
Tritiya Until 9:14AM

Ganesha: Purple Sunrise: 7:19AM
Muruga: Purple Sunset: 7:15PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga
Until 2:55AM Sat
Then Creative Work - Amrita Yoga

Devaloka Day

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 167

Mesha Rasi: 28.22 Tithi 19 – 20

Gulika 7:19AM – 8:49AM
Yama 2:45PM – 4:15PM
Rahu 10:18AM – 11:47AM

Krittika Until 2:32AM Sun
Vajra* Until 10:29PM
Kaulava Until 8:06PM
Chaturthi* Until 8:33AM

Ganesha: Clear Sunrise: 7:19AM
Muruga: Purple Sunset: 7:13PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga
Until 2:32AM Sun
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 168

Vrishabha Rasi: 11.52 Tithi 20 – 21

Gulika 4:14PM – 5:43PM
Yama 1:16PM – 2:45PM
Rahu 5:43PM – 7:12PM

Rohini Until 2:09AM Mon
Siddhi Until 8:26PM
Gara Until 6:57PM
Panchami Until 7:33AM

Ganesha: Purple Sunrise: 7:20AM
Muruga: Purple Sunset: 7:12PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga
Until 2:09AM Mon
Then Creative Work - Amrita Yoga

Bhuloka Day

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 169

Vrishabha Rasi: 25.31 Tithi 21 – 22

Gulika 2:44PM – 4:13PM
Yama 11:47AM – 1:16PM
Rahu 8:50AM – 10:18AM

Mrigashira Until 1:21AM Tue
Vyatipata* Until 6:09PM
Bava Until 4:40AM Tue
Shashthi* Until 6:15AM

Ganesha: Purple Sunrise: 7:21AM
Muruga: Purple Sunset: 7:10PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga
Until 1:21AM Tue
Then Routine Work - Marana Yoga

Bhuloka Day

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 170

Mithuna Rasi: 9.21 Tithi 23

Gulika 1:15PM – 2:44PM
Yama 10:19AM – 11:47AM
Rahu 4:12PM – 5:40PM

Ardra Until 12:07AM Wed
Variyan Until 3:38PM
Balava Until 3:48PM
Ashtami* Until 2:49AM Wed

Ganesha: Purple Sunrise: 7:22AM
Muruga: Purple Sunset: 7:08PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
Ashtami

Routine Work Marana Yoga
Until 12:07AM Wed
Then Creative Work - Siddha Yoga

Bhuloka Day

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 171

Mithuna Rasi: 23.21 Tithi 24

Gulika 11:47AM – 1:15PM
Yama 8:51AM – 10:19AM
Rahu 1:15PM – 2:43PM

Punarvasu Until 10:54PM
Parigha* Until 12:54PM
Taitila Until 1:49PM
Navami* Until 12:42AM Thu

Ganesha: Clear Sunrise: 7:23AM
Muruga: Purple Sunset: 7:07PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Moon 9 - Phase 23
Navami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


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1	Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau			Dushanbe, Tajikistan Sun 8 Sutra 172 Vilamba 5120
	Kataka Rasi: 7.32	Tithi 25	Gulika 10:19AM – 11:47AM	Pushya Until 9:19PM	Ganesha: Clear <i>Sunrise: 7:24AM</i>	
			Yama 7:24AM – 8:52AM	Shiva Until 9:58AM	Muruqa: Purple <i>Sunset: 7:05PM</i>	Moon 9 - Phase 24
	642552363	Rahu 2:42PM – 4:10PM	Vanija Until 11:35AM	Nataraja: Purple	Moon – Blue	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 10:21PM	Bhadrapada•Puratasi	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Until 9:19PM						
Then Creative Work - Siddha Yoga						

2	Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau			Dushanbe, Tajikistan Sun 9 Sutra 173 Vilamba 5120
	Kataka Rasi: 21.51	Tithi 26	Gulika 8:52AM – 10:20AM	Ashlesha* Until 7:24PM	Ganesha: Clear <i>Sunrise: 7:25AM</i>	
			Yama 4:09PM – 5:36PM	Siddha Until 6:50AM	Muruqa: Purple <i>Sunset: 7:04PM</i>	Moon 9 - Phase 24
	642552363	Rahu 11:47AM – 1:14PM	Bava Until 9:08AM	Nataraja: Purple	Moon – Blue	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 7:49PM	Bhadrapada•Puratasi	Bhuloka Day Devaloka Time: 6:AM to 9:AM	

3	Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau			Dushanbe, Tajikistan Sun 10 Sutra 174 Vilamba 5120
	Simha Rasi: 6.17	Tithi 27 – 28	Gulika 7:26AM – 8:53AM	Magha* Until 5:40PM	Ganesha: White <i>Sunrise: 7:26AM</i>	
			Yama 2:41PM – 4:08PM	Subha Until 12:18AM Sun	Muruqa: Purple <i>Sunset: 7:02PM</i>	Moon 9 - Phase 24
	652552363	Rahu 10:20AM – 11:47AM	Kaulava Until 6:32AM	Nataraja: Purple	Moon – Red	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 5:11PM	Bhadrapada•Puratasi	Bhuloka Day	
Until 5:40PM			<i>Pradosha Vrata (Fasting)</i>			
Then Creative Work - Siddha Yoga						

4	Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Dushanbe, Tajikistan Sun 11 Sutra 175 Vilamba 5120
	Simha Rasi: 20.46	Tithi 28 – 29	Gulika 4:07PM – 5:34PM	Purvaphalguni Until 3:47PM	Ganesha: White <i>Sunrise: 7:27AM</i>	
			Yama 1:14PM – 2:40PM	Sukla Until 9:01PM	Muruqa: Purple <i>Sunset: 7:01PM</i>	Moon 9 - Phase 24
	652552363	Rahu 5:34PM – 7:01PM	Visti Until 1:17AM Mon	Nataraja: Purple	Moon – Red	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:33PM	Bhadrapada•Puratasi	Bhuloka Day	
Until 3:47PM						
Then Creative Work - Amrita Yoga						

	Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Dushanbe, Tajikistan Sun 12 Sutra 176 Vilamba 5120
	Retreat Star		Gulika 2:40PM – 4:06PM	Uttaraphalguni Until 1:53PM	Ganesha: White <i>Sunrise: 7:28AM</i>	
	Kanya Rasi: 5.11	Tithi 29 – 30	Yama 11:47AM – 1:13PM	Brahma Until 5:52PM	Muruqa: Purple <i>Sunset: 6:59PM</i>	Moon 9 - Phase 24
	652552364	Rahu 8:54AM – 10:21AM	Catuspada Until 10:52PM	Nataraja: Clear	Moon – Red	Amavasya
Family Home Evening		Mahalaya Amavasai (Tamil Nadu)	Chaturdashi* Until 12:02PM	Bhadrapada•Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Creative Work	Siddha Yoga					

	Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Dushanbe, Tajikistan Sun 13 Sutra 177 Vilamba 5120
	Retreat Star		Gulika 1:13PM – 2:39PM	Hasta Until 12:32PM	Ganesha: Red <i>Sunrise: 7:29AM</i>	
	Kanya Rasi: 19.28	Tithi 30 – 1	Yama 10:21AM – 11:47AM	Indra Until 2:59PM	Muruqa: Purple <i>Sunset: 6:58PM</i>	Moon 9 - Phase 24
	662652364	Rahu 4:05PM – 5:32PM	Kintughna Until 8:48PM	Nataraja: Clear	Moon – Green	Prathama
Creative Work	Siddha Yoga	Navaratri Begins	Amavasya* Until 9:46AM	Ashvina•Puratasi	Devaloka Day	

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 3.3	Tithi 1 – 2	Gulika 11:47AM – 1:13PM	Chitra Until 11:28AM	Ganesha: Red	<i>Sunrise:</i> 7:30AM	
			Yama 8:55AM – 10:21AM	Vaidhriti* Until 12:25PM	Muruqa: Purple	<i>Sunset:</i> 6:56PM	Moon 9 - Phase 25
	662652364	Rahu 1:13PM – 2:39PM	Balava Until 7:12PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 7:54AM	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 17.12	Tithi 2 – 3	Gulika 10:22AM – 11:47AM	Svati Until 10:49AM	Ganesha: Red	<i>Sunrise:</i> 7:30AM	
			Yama 7:30AM – 8:56AM	Vishkambha* Until 10:19AM	Muruqa: Purple	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 25
	662652364	Rahu 2:38PM – 4:04PM	Taitila Until 6:12PM		Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 6:36AM	Moon – Green		Devaloka Day	
Until 10:49AM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 0.31	Tithi 4	Gulika 8:57AM – 10:22AM	Vishakha Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 7:31AM	
			Yama 4:03PM – 5:28PM	Priti Until 8:47AM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Moon 9 - Phase 25
	673652364	Rahu 11:47AM – 1:12PM	Vanija Until 5:56PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:04AM Sat	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 13.27	Tithi 4 – 5	Gulika 7:32AM – 8:57AM	Anuradha Until 12:03PM	Ganesha: White	<i>Sunrise:</i> 7:32AM	
			Yama 2:37PM – 4:02PM	Ayushman Until 7:49AM	Muruqa: Purple	<i>Sunset:</i> 6:52PM	Moon 9 - Phase 25
	673652364	Rahu 10:22AM – 11:47AM	Bava Until 6:27PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:04AM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 26.01	Tithi 5 – 6	Gulika 4:01PM – 5:26PM	Jyeshtha* Until 1:33PM	Ganesha: White	<i>Sunrise:</i> 7:33AM	
			Yama 1:12PM – 2:37PM	Saubhagya Until 7:28AM	Muruqa: Purple	<i>Sunset:</i> 6:50PM	Moon 9 - Phase 25
	673652364	Rahu 5:26PM – 6:50PM	Kaulava Until 7:43PM		Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 6:58AM	Moon – Orange		Bhuloka Day	
Until 1:33PM				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 8.16	Tithi 6 – 7	Gulika 2:36PM – 4:00PM	Mula* Until 4:03PM	Ganesha: Clear	<i>Sunrise:</i> 7:34AM	
	Family Home Evening		Yama 11:47AM – 1:12PM	Sobhana Until 7:41AM	Muruqa: Purple	<i>Sunset:</i> 6:49PM	Moon 9 - Phase 25
	683652364	Rahu 8:59AM – 10:23AM	Gara Until 9:40PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:36AM	Moon – Light Blue		Devaloka Day	
Until 4:03PM				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 1:11PM – 2:35PM	Purvashadha* Until 6:54PM	Ganesha: Clear	<i>Sunrise:</i> 7:35AM	
	Dhanus Rasi: 20.16	Tithi 7 – 8	Yama 10:23AM – 11:47AM	Athiganda* Until 8:19AM	Muruqa: Purple	<i>Sunset:</i> 6:48PM	Moon 9 - Phase 25
	683652364	Rahu 4:00PM – 5:24PM	Visti Until 12:05AM Wed		Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:49AM	Moon – Light Blue		Devaloka Day	
Until 6:54PM		Durga Ashtami		Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 11:48AM – 1:11PM	Uttarashadha Until 9:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:36AM	
	Makara Rasi: 2.08	Tithi 8 – 9	Yama 9:00AM – 10:24AM	Sukarma Until 9:15AM	Muruqa: Purple	<i>Sunset:</i> 6:46PM	Moon 9 - Phase 25
	683652364	Rahu 1:11PM – 2:35PM	Balava Until 2:44AM Thu		Nataraja: Clear		Navami
Creative Work	Amrita Yoga		Ashtami* Until 1:23PM	Moon – Light Blue		Devaloka Day	
Until 9:49PM		Saraswathi Puja (Tamil Nadu)		Ashvina+Aipasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatalipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 24.38 Tithi 17

624652364

Gulika 9:06AM – 10:28AM
Yama 3:52PM – 5:13PM
Rahu 11:49AM – 1:10PM

Bharani Until 9:32AM
Siddhi Until 6:27AM
Taitila Until 9:21AM
Dvitiya Until 8:40PM

Ganesha: White *Sunrise:* 7:45AM
Muruqa: Purple *Sunset:* 6:34PM
Nataraja: Clear
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 8.22 Tithi 18

624652364

Gulika 7:46AM – 9:07AM
Yama 2:31PM – 3:51PM
Rahu 10:28AM – 11:49AM

Krittika Until 8:40AM
Variyan Until 1:42AM Sun
Vanija Until 7:56AM
Tritiya Until 7:07PM

Ganesha: White *Sunrise:* 7:46AM
Muruqa: Purple *Sunset:* 6:33PM
Nataraja: Clear
Moon – White

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 22.15 Tithi 19 – 20

624652364

Gulika 3:51PM – 5:11PM
Yama 1:10PM – 2:30PM
Rahu 5:11PM – 6:32PM

Rohini Until 7:50AM
Parigha* Until 11:06PM
Bava Until 6:17AM
Chaturthi* Until 5:23PM

Ganesha: Clear *Sunrise:* 7:47AM
Muruqa: Purple *Sunset:* 6:32PM
Nataraja: Clear
Moon – Yellow

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 6.14 Tithi 20 – 21

624652364

Gulika 2:30PM – 3:50PM
Yama 11:49AM – 1:10PM
Rahu 9:09AM – 10:29AM

Mrigashira Until 6:44AM
Shiva Until 8:25PM
Gara Until 2:35AM Tue
Panchami Until 3:31PM

Ganesha: Clear *Sunrise:* 7:49AM
Muruqa: Purple *Sunset:* 6:31PM
Nataraja: Clear
Moon – Yellow

Devaloka Day

Creative Work Amrita Yoga

Until 6:44AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 20.16 Tithi 21 – 22

624652364

Gulika 1:10PM – 2:30PM
Yama 10:30AM – 11:50AM
Rahu 3:49PM – 5:09PM

Punarvasu Until 4:17AM Wed
Siddha Until 5:40PM
Visti Until 12:38AM Wed
Shashthi* Until 1:36PM

Ganesha: Purple *Sunrise:* 7:50AM
Muruqa: Purple *Sunset:* 6:29PM
Nataraja: Clear
Moon – Blue

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 4.19 Tithi 22 – 23

644662364

Gulika 11:50AM – 1:09PM
Yama 9:10AM – 10:30AM
Rahu 1:09PM – 2:29PM

Pushya Until 3:01AM Thu
Sadhya Until 2:55PM
Balava Until 10:40PM
Saptami Until 11:38AM

Ganesha: Purple *Sunrise:* 7:51AM
Muruqa: Clear *Sunset:* 6:28PM
Nataraja: Clear
Moon – Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 18.24 Tithi 23 – 24

644662364

Gulika 10:31AM – 11:50AM
Yama 7:52AM – 9:11AM
Rahu 2:29PM – 3:48PM

Ashlesha* Until 1:36AM Fri
Subha Until 12:09PM
Taitila Until 8:41PM
Ashtami* Until 9:39AM

Ganesha: Purple *Sunrise:* 7:52AM
Muruqa: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:36AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 2.29	Tithi 24 – 25	Gulika 9:12AM – 10:31AM	Magha* Until 12:29AM Sat	Ganesha: Clear	<i>Sunrise:</i> 7:53AM	Muruqa: Clear	<i>Sunset:</i> 6:26PM
		Yama 3:48PM – 5:07PM	Sukla Until 9:21AM	Nataraja: Clear		Moon 10 - Phase 28	
		654662364 Rahu 11:50AM – 1:09PM	Vanija Until 6:42PM	Moon – Red		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 7:40AM	Ashvina•Aipasi		Sivaloka Day	
Until 12:29AM Sat							
Then Creative Work - Siddha Yoga							

2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 16.34	Tithi 26	Gulika 7:54AM – 9:13AM	Purvaphalguni Until 11:14PM	Ganesha: White	<i>Sunrise:</i> 7:54AM	Muruqa: Clear	<i>Sunset:</i> 6:25PM
		Yama 2:28PM – 3:47PM	Brahma Until 6:34AM	Nataraja: Clear		Moon 10 - Phase 28	
		654762364 Rahu 10:32AM – 11:51AM	Bava Until 4:45PM	Moon – Red		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 3:46AM Sun	Ashvina•Aipasi		Devaloka Day	
Until 11:14PM							
Then Routine Work - Marana Yoga							

3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 1	Tithi 27	Gulika 3:47PM – 5:05PM	Uttaraphalguni Until 9:57PM	Ganesha: White	<i>Sunrise:</i> 7:55AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM
		Yama 1:09PM – 2:28PM	Vaidhriti* Until 1:11AM Mon	Nataraja: Clear		Moon 10 - Phase 28	
		654762364 Rahu 5:05PM – 6:24PM	Kaulava Until 2:52PM	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:57AM Mon	Ashvina•Aipasi		Devaloka Day	
Until 9:07PM							
Then Routine Work - Prabararishta Yoga							

4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 14.35	Tithi 28	Gulika 2:28PM – 3:46PM	Hasta Until 9:07PM	Ganesha: Green	<i>Sunrise:</i> 7:56AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM
Family Home Evening		Yama 11:51AM – 1:09PM	Vishkambha* Until 10:40PM	Nataraja: Clear		Moon 10 - Phase 28	
Creative Work	Siddha Yoga	664762364 Rahu 9:14AM – 10:33AM	Gara Until 1:07PM	Moon – Green		2nd Phase	
Until 9:07PM			Trayodashi* Until 12:19AM Tue	Ashvina•Aipasi		Devaloka Day	
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 12 Sutra 205 Vilamba 5120	
Kanya Rasi: 28.26	Tithi 29	Gulika 1:09PM – 2:28PM	Chitra Until 8:24PM	Ganesha: Green	<i>Sunrise:</i> 7:57AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM
		Yama 10:33AM – 11:51AM	Priti Until 8:24PM	Nataraja: Clear		Moon 10 - Phase 28	
		664762364 Rahu 3:46PM – 5:04PM	Visti Until 11:37AM	Moon – Green		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:58PM	Ashvina•Aipasi		Devaloka Day	
		Subramuniyaswami Mahasamadhi					
		Deepavali Hindu Solidarity Day					

Retreat Star		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Dushanbe, Tajikistan Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 12.05	Tithi 30	Gulika 11:52AM – 1:10PM	Svati Until 7:56PM	Ganesha: White	<i>Sunrise:</i> 7:58AM	Muruqa: Clear	<i>Sunset:</i> 6:21PM
		Yama 9:16AM – 10:34AM	Ayushman Until 6:25PM	Nataraja: Clear		Moon 10 - Phase 28	
		764762364 Rahu 1:10PM – 2:27PM	Catuspada Until 10:28AM	Moon – Green		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 10:02PM	Ashvina•Aipasi		Devaloka Day	

Retreat Star		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Dushanbe, Tajikistan Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 25.29	Tithi 1	Gulika 10:34AM – 11:52AM	Vishakha Until 8:16PM	Ganesha: Orange	<i>Sunrise:</i> 7:59AM	Muruqa: Clear	<i>Sunset:</i> 6:20PM
		Yama 7:59AM – 9:17AM	Saubhagya Until 4:50PM	Nataraja: Clear		Moon 10 - Phase 28	
		775762364 Rahu 2:27PM – 3:45PM	Kintughna Until 9:46AM	Moon – Orange		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:37PM	Karttika•Aipasi		Sivaloka Day	
		Skanda Shasthi Begins					

1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Dushanbe, Tajikistan Sun 15 Sutra 208 Vilamba 5120
Wrischika Rasi: 9	Tithi 2	Gulika 9:18AM – 10:35AM	Anuradha Until 9:02PM	Ganesha: Orange	<i>Sunrise:</i> 8:00AM		
		Yama 3:44PM – 5:02PM	Sobhana Until 3:45PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM		Moon 10 - Phase 29
		775762364 Rahu 11:52AM – 1:10PM	Balava Until 9:39AM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:49PM	Moon – Orange		Sivaloka Day	
Until 9:02PM				Kartika-Aipasi			
Then Routine Work - Marana Yoga							

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau			Dushanbe, Tajikistan Sun 16 Sutra 209 Vilamba 5120
Wrischika Rasi: 21.24	Tithi 3	Gulika 8:01AM – 9:18AM	Jyeshtha* Until 10:18PM	Ganesha: Orange	<i>Sunrise:</i> 8:01AM		
		Yama 2:27PM – 3:44PM	Athiganda* Until 3:08PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM		Moon 10 - Phase 29
		775762364 Rahu 10:36AM – 11:53AM	Taitila Until 10:12AM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:42PM	Moon – Orange		Sivaloka Day	
				Kartika-Aipasi			

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau			Dushanbe, Tajikistan Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 3.53	Tithi 4	Gulika 3:44PM – 5:00PM	Mula* Until 12:31AM Mon	Ganesha: Clear	<i>Sunrise:</i> 8:02AM		
		Yama 1:10PM – 2:27PM	Sukarma Until 3:03PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM		Moon 10 - Phase 29
		785762364 Rahu 5:00PM – 6:17PM	Vanija Until 11:25AM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 12:15AM Mon	Moon – Light Blue		Sivaloka Day	
Until 12:31AM Mon				Kartika-Aipasi			
Then Routine Work - Marana Yoga							

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau			Dushanbe, Tajikistan Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 16.05	Tithi 5	Gulika 2:27PM – 3:43PM	Purvashadha* Until 3:08AM Tue	Ganesha: Clear	<i>Sunrise:</i> 8:04AM		
Family Home Evening		Yama 11:53AM – 1:10PM	Dhriti Until 3:28PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM		Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 Rahu 9:20AM – 10:37AM	Bava Until 1:17PM	Nataraja: Clear			3rd Phase
Until 3:08AM Tue			Panchami Until 2:23AM Tue	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Kartika-Aipasi			

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau			Dushanbe, Tajikistan Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 28.04	Tithi 6	Gulika 1:10PM – 2:26PM	Uttarashadha Until 5:58AM Wed	Ganesha: Clear	<i>Sunrise:</i> 8:05AM		
		Yama 10:37AM – 11:54AM	Shula* Until 4:12PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM		Moon 10 - Phase 29
		785762364 Rahu 3:43PM – 4:59PM	Kaulava Until 3:38PM	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 4:55AM Wed	Moon – Light Blue		Sivaloka Day	
Until 5:58AM Wed		Skanda Shasthi		Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara Karana Saptamyam Titau			Dushanbe, Tajikistan Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 9.55	Tithi 7	Gulika 11:54AM – 1:10PM	Shravana Until 9:16AM Thu	Ganesha: Clear	<i>Sunrise:</i> 8:06AM		
		Yama 9:22AM – 10:38AM	Ganda* Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM		Moon 10 - Phase 29
		785762364 Rahu 1:10PM – 2:26PM	Gara Until 6:18PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:38AM Thu	Moon – Light Blue		Sivaloka Day	
				Kartika-Aipasi			

Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Dushanbe, Tajikistan Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 21.43	Tithi 7 – 8	Gulika 10:39AM – 11:55AM	Shravana Until 9:16AM	Ganesha: Purple	<i>Sunrise:</i> 8:07AM		
		Yama 8:07AM – 9:23AM	Vridhhi Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM		Moon 10 - Phase 29
		795762364 Rahu 2:26PM – 3:42PM	Visti Until 8:59PM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – Purple		Subha Sivaloka Day	
				Kartika-Aipasi			

Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Dushanbe, Tajikistan Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 3.32	Tithi 8 – 9	Gulika 9:24AM – 10:39AM	Dhanishtha Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 8:08AM		
		Yama 3:42PM – 4:58PM	Dhruva Until 6:59PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM		Moon 10 - Phase 29
		795762364 Rahu 11:55AM – 1:11PM	Balava Until 11:25PM	Nataraja: Clear			Navami
Creative Work	Siddha Yoga		Ashtami* Until 10:13AM	Moon – Purple		Subha Sivaloka Day	
				Kartika-Kartikai			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Dushanbe, Tajikistan Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 15.29	Tithi 9 – 10	Gulika 8:09AM – 9:24AM	Shatabhishak Until 2:47PM	Ganesha: Clear	<i>Sunrise:</i> 8:09AM				
		Yama 2:26PM – 3:42PM	Vyaghata* Until 7:29PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM			Moon 10 - Phase 30	4th Phase
		796762365 Rahu 10:40AM – 11:55AM	Taitila Until 1:23AM Sun	Nataraja: White					
Creative Work	Amrita Yoga		Navami* Until 12:27PM	Moon – Purple				Devaloka Day	
Until 2:47PM				Karttika-Karttikai					
Then Routine Work - Marana Yoga									

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Dushanbe, Tajikistan Sun 24 Sutra 217 Vilamba 5120	
Kumbha Rasi: 27.38	Tithi 10 – 11	Gulika 3:41PM – 4:57PM	Purvaproshtapada* Until 5:02PM	Ganesha: Red	<i>Sunrise:</i> 8:10AM				
		Yama 1:11PM – 2:26PM	Harshana Until 7:32PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM			Moon 10 - Phase 30	4th Phase
		716762365 Rahu 4:57PM – 6:12PM	Vanija Until 2:41AM Mon	Nataraja: White					
Creative Work	Siddha Yoga		Dashami Until 2:06PM	Moon – Clear				Devaloka Day	
Until 5:02PM				Karttika-Karttikai					
Then Creative Work - Amrita Yoga									

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikistan Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 10.05	Tithi 11 – 12	Gulika 2:26PM – 3:41PM	Uttaraproshtapada Until 6:25PM	Ganesha: Red	<i>Sunrise:</i> 8:11AM				
Family Home Evening		Yama 11:56AM – 1:11PM	Vajra* Until 7:00PM	Muruqa: Clear	<i>Sunset:</i> 6:11PM			Moon 10 - Phase 30	4th Phase
		716762365 Rahu 9:26AM – 10:41AM	Bava Until 3:15AM Tue	Nataraja: White					
Creative Work	Siddha Yoga		Ekadashi Until 3:02PM	Moon – Clear				Devaloka Day	
				Karttika-Karttikai					

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikistan Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 22.52	Tithi 12 – 13	Gulika 1:11PM – 2:26PM	Revati Until 6:56PM	Ganesha: Red	<i>Sunrise:</i> 8:12AM				
		Yama 10:42AM – 11:57AM	Siddhi Until 5:53PM	Muruqa: Clear	<i>Sunset:</i> 6:11PM			Moon 10 - Phase 30	4th Phase
		716762365 Rahu 3:41PM – 4:56PM	Kaulava Until 3:03AM Wed	Nataraja: White					
Creative Work	Siddha Yoga		Dvadashi Until 3:13PM	Moon – Clear				Devaloka Day	
				Karttika-Karttikai					
				<i>Pradosha Vrata</i>					

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 6.01	Tithi 13 – 14	Gulika 11:57AM – 1:12PM	Ashvini Until 7:03PM	Ganesha: Blue	<i>Sunrise:</i> 8:13AM				
		Yama 9:28AM – 10:42AM	Vyatipata* Until 4:13PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM			Moon 10 - Phase 30	4th Phase
		726762365 Rahu 1:12PM – 2:26PM	Gara Until 2:10AM Thu	Nataraja: White					
Routine Work	Marana Yoga		Trayodashi Until 2:40PM	Moon – White				Bhuloka Day	
Until 7:03PM				Karttika-Karttikai				Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Dushanbe, Tajikistan Sun 28 Sutra 221 Vilamba 5120	
Mesha Rasi: 19.32	Tithi 14 – 15	Gulika 10:43AM – 11:58AM	Bharani Until 6:23PM	Ganesha: Blue	<i>Sunrise:</i> 8:14AM				
		Yama 8:14AM – 9:29AM	Variyan Until 2:01PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM			Moon 10 - Phase 30	Purnima
		726762365 Rahu 2:26PM – 3:41PM	Visti Until 12:40AM Fri	Nataraja: White					
Creative Work	Siddha Yoga		Chaturdashi* Until 1:28PM	Moon – White				Bhuloka Day	
Until 6:23PM				Karttika-Karttikai				Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

Friday, November 23, 2018		Silver Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Dushanbe, Tajikistan Sun 29 Sutra 222 Vilamba 5120	
Vrishabha Rasi: 3.24	Tithi 15 – 16	Gulika 9:30AM – 10:44AM	Krittika Until 5:05PM	Ganesha: Blue	<i>Sunrise:</i> 8:15AM				
		Yama 3:41PM – 4:55PM	Parigha* Until 11:25AM	Muruqa: Clear	<i>Sunset:</i> 6:09PM			Moon 10 - Phase 30	Prathama
		726762365 Rahu 11:58AM – 1:12PM	Balava Until 10:42PM	Nataraja: White					
Creative Work	Siddha Yoga		Purnima* Until 11:43AM	Moon – White				Bhuloka Day	
Until 5:05PM		Krittika Deepam		Karttika-Karttikai				Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins							



Saturday, November 24, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan
 Sutra 223

Vrishabha Rasi: 17.33 Tithi 16 – 17

737762365

Gulika 8:16AM – 9:30AM
Yama 2:26PM – 3:40PM
Rahu 10:44AM – 11:58AM

Rohini Until 3:42PM
 Shiva Until 8:29AM
 Taitila Until 8:25PM
Prathama* Until 9:34AM

Ganesha: Red *Sunrise:* 8:16AM
Muruqa: Clear *Sunset:* 6:08PM
Nataraja: White
 Moon – Yellow

Moon 11 - Phase 31
 1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 3:42PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan
 Sun 1 Sutra 224

Mithuna Rasi: 1.53 Tithi 17 – 18

737762365

Gulika 3:40PM – 4:54PM
Yama 1:13PM – 2:27PM
Rahu 4:54PM – 6:08PM

Mrigashira Until 1:56PM
 Sadhya Until 2:02AM Mon
 Visti Until 4:37AM Mon
Dvitiya Until 7:10AM

Ganesha: Red *Sunrise:* 8:18AM
Muruqa: Clear *Sunset:* 6:08PM
Nataraja: White
 Moon – Yellow

Moon 11 - Phase 31
 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan
 Sun 2 Sutra 225

Mithuna Rasi: 16.19 Tithi 19

737762365

Gulika 2:27PM – 3:40PM
Yama 11:59AM – 1:13PM
Rahu 9:32AM – 10:46AM

Ardra Until 11:57AM
 Subha Until 10:45PM
 Bava Until 3:21PM
Chaturthi* Until 2:04AM Tue

Ganesha: Red *Sunrise:* 8:19AM
Muruqa: Clear *Sunset:* 6:08PM
Nataraja: White
 Moon – Yellow

Moon 11 - Phase 31
 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

Until 11:57AM
 Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan
 Sun 3 Sutra 226

Kataka Rasi: 0.46 Tithi 20

747762365

Gulika 1:13PM – 2:27PM
Yama 10:47AM – 12:00PM
Rahu 3:40PM – 4:54PM

Punarvasu Until 10:16AM
 Sukla Until 7:30PM
 Kaulava Until 12:50PM
Panchami Until 11:36PM

Ganesha: Green *Sunrise:* 8:20AM
Muruqa: Clear *Sunset:* 6:07PM
Nataraja: White
 Moon – Blue

Moon 11 - Phase 31
 1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

Devaloka Time: 12:PM to 3:PM

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan
 Sun 4 Sutra 227

Kataka Rasi: 15.07 Tithi 21

747862365

Gulika 12:00PM – 1:14PM
Yama 9:34AM – 10:47AM
Rahu 1:14PM – 2:27PM

Pushya Until 8:34AM
 Brahma Until 4:23PM
 Gara Until 10:26AM
Shashthi* Until 9:17PM

Ganesha: White *Sunrise:* 8:21AM
Muruqa: Clear *Sunset:* 6:07PM
Nataraja: White
 Moon – Blue

Moon 11 - Phase 31
 1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

Devaloka Time: 12:PM to 3:PM

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan
 Sun 5 Sutra 228

Kataka Rasi: 29.22 Tithi 22

747863365

Gulika 10:48AM – 12:01PM
Yama 8:22AM – 9:35AM
Rahu 2:27PM – 3:40PM

Ashlesha* Until 6:55AM
 Indra Until 1:27PM
 Visti Until 8:14AM
Saptami Until 7:12PM

Ganesha: White *Sunrise:* 8:22AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: White
 Moon – Blue

Moon 11 - Phase 31
 1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

Until 6:55AM
 Then Creative Work - Amrita Yoga

Retreat Star

Friday, November 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
 Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan
 Sun 6 Sutra 229

Simha Rasi: 13.28 Tithi 23 – 24

757863365

Gulika 9:36AM – 10:49AM
Yama 3:40PM – 4:53PM
Rahu 12:01PM – 1:14PM

Purvaphalguni Until 4:45AM Sat
 Vaidhriti* Until 10:41AM
 Balava Until 6:17AM
Ashtami* Until 5:22PM

Ganesha: Clear *Sunrise:* 8:23AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: White
 Moon – Red

Moon 11 - Phase 31
 Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Until 4:45AM Sat
 Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
 Uttaraphalguni Nakshatra Vishkambha*/Prili* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Dushanbe, Tajikistan
 Sun 7 Sutra 230

Simha Rasi: 27.23 Tithi 24 – 25

758863365

Gulika 8:24AM – 9:36AM
Yama 2:28PM – 3:40PM
Rahu 10:49AM – 12:02PM

Uttaraphalguni Until 3:50AM Sun
 Vishkambha* Until 8:08AM
 Vanija Until 3:09AM Sun
Navami* Until 3:49PM

Ganesha: Orange *Sunrise:* 8:24AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: White
 Moon – Red

Moon 11 - Phase 31
 Navami

Bhuloka Day

Routine Work Marana Yoga

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Until 3:50AM Sun
 Then Creative Work - Amrita Yoga

1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 11.08	Tithi 25 – 26	Gulika 3:41PM – 4:53PM	Hasta Until 3:30AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 8:25AM
		Yama 1:15PM – 2:28PM	Ayushman Until 3:43AM Mon	Muruqa: Purple <i>Sunset:</i> 6:06PM
	768863365	Rahu 4:53PM – 6:06PM	Bava Until 2:01AM Mon	Nataraja: White
Creative Work Amrita Yoga			Dashami Until 2:31PM	Moon – Green
Until 3:30AM Mon				Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Karttika-Karttikai

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 24.43	Tithi 26 – 27	Gulika 2:28PM – 3:41PM	Chitra Until 3:20AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 8:25AM
Family Home Evening		Yama 12:03PM – 1:16PM	Saubhagya Until 1:52AM Tue	Muruqa: Purple <i>Sunset:</i> 6:06PM
Routine Work Prabalarishta Yoga	768863365	Rahu 9:38AM – 10:51AM	Kaulava Until 1:11AM Tue	Nataraja: White
Until 3:20AM Tue			Ekadashi* Until 1:32PM	Moon – Green
Then Creative Work - Siddha Yoga				Bhuloka Day
				Karttika-Karttikai

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 8.08	Tithi 27 – 28	Gulika 1:16PM – 2:28PM	Svati Until 3:21AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 8:26AM
		Yama 10:51AM – 12:04PM	Sobhana Until 12:17AM Wed	Muruqa: Purple <i>Sunset:</i> 6:06PM
	768863365	Rahu 3:41PM – 4:53PM	Gara Until 12:41AM Wed	Nataraja: White
Creative Work Siddha Yoga			Dvadashi* Until 12:52PM	Moon – Green
				Bhuloka Day
				Karttika-Karttikai
				<i>Pradosha Vrata (Fasting)</i>

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 21.22	Tithi 28 – 29	Gulika 12:04PM – 1:16PM	Vishakha Until 4:03AM Thu	Ganesha: Purple <i>Sunrise:</i> 8:27AM
		Yama 9:40AM – 10:52AM	Athiganda* Until 11:00PM	Muruqa: Purple <i>Sunset:</i> 6:05PM
	778863365	Rahu 1:16PM – 2:29PM	Visti Until 12:36AM Thu	Nataraja: White
Creative Work Siddha Yoga			Trayodashi* Until 12:34PM	Moon – Orange
				Bhuloka Day
				Karttika-Karttikai

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Dushanbe, Tajikistan Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika 10:53AM – 12:05PM	Anuradha Until 5:04AM Fri	Ganesha: Purple <i>Sunrise:</i> 8:28AM
Vrischika Rasi: 4.22	Tithi 29 – 30	Yama 8:28AM – 9:40AM	Sukarma Until 10:04PM	Muruqa: Purple <i>Sunset:</i> 6:05PM
	778863365	Rahu 2:29PM – 3:41PM	Catuspada Until 12:59AM Fri	Nataraja: White
Creative Work Siddha Yoga			Chaturdashi* Until 12:42PM	Moon – Orange
Until 5:04AM Fri				Bhuloka Day
Then Routine Work - Marana Yoga				Karttika-Karttikai

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Dushanbe, Tajikistan Sun 13 Sutra 236 Vilamba 5120
Retreat Star		Gulika 9:41AM – 10:53AM	Jyeshtha* Until 6:25AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 8:29AM
Vrischika Rasi: 17.09	Tithi 30 – 1	Yama 3:41PM – 4:53PM	Dhriti Until 9:33PM	Muruqa: Purple <i>Sunset:</i> 6:05PM
	779863365	Rahu 12:05PM – 1:17PM	Kintughna Until 1:52AM Sat	Nataraja: White
Routine Work Marana Yoga			Amavasya* Until 1:20PM	Moon – Orange
Until 6:25AM Sat				Bhuloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Dushanbe, Tajikistan Sun 14 Sutra 237 Vilamba 5120
Vrischika Rasi: 29.41	Tithi 1 – 2	Gulika 8:30AM – 9:42AM Yama 2:30PM – 3:42PM 799863365 Rahu 10:54AM – 12:06PM	Jyeshtha* Until 6:25AM Shula* Until 9:24PM Balava Until 3:18AM Sun Prathama* Until 2:29PM	Ganesha: Light Blue <i>Sunrise:</i> 8:30AM Muruqa: Purple <i>Sunset:</i> 6:05PM Nataraja: White Moon – Orange Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Creative Work	Siddha Yoga				
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Dushanbe, Tajikistan Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 12	Tithi 2 – 3	Gulika 3:42PM – 4:54PM Yama 1:18PM – 2:30PM 789863365 Rahu 4:54PM – 6:05PM	Mula* Until 8:36AM Ganda* Until 9:41PM Taitila Until 5:15AM Mon Dvitiya Until 4:11PM	Ganesha: Purple <i>Sunrise:</i> 8:31AM Muruqa: Purple <i>Sunset:</i> 6:05PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Creative Work	Amrita Yoga				
Until 8:36AM					
Then Creative Work - Siddha Yoga					
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara Karana Tritiyayam Titau	Dushanbe, Tajikistan Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 24.06	Tithi 3	Gulika 2:30PM – 3:42PM Yama 12:07PM – 1:19PM 789863365 Rahu 9:43AM – 10:55AM	Purvashadha* Until 11:07AM Vriddhi Until 10:18PM Gara Until 6:22PM Tritiya Until 6:22PM	Ganesha: Purple <i>Sunrise:</i> 8:32AM Muruqa: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Family Home Evening					
Routine Work	Marana Yoga				
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau	Dushanbe, Tajikistan Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 6.02	Tithi 4	Gulika 1:19PM – 2:31PM Yama 10:56AM – 12:07PM 789863365 Rahu 3:42PM – 4:54PM	Uttarashadha Until 1:51PM Dhruva Until 11:10PM Vanija Until 7:38AM Chaturthi* Until 8:55PM	Ganesha: Purple <i>Sunrise:</i> 8:32AM Muruqa: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Routine Work	Prabalarishta Yoga				
Until 1:51PM					
Then Creative Work - Siddha Yoga					
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Dushanbe, Tajikistan Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 17.51	Tithi 5	Gulika 12:08PM – 1:20PM Yama 9:45AM – 10:56AM 799863365 Rahu 1:20PM – 2:31PM	Shravana Until 5:08PM Vyaghata* Until 12:10AM Thu Bava Until 10:18AM Panchami Until 11:40PM	Ganesha: Clear <i>Sunrise:</i> 8:33AM Muruqa: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon – Purple Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga				
Until 5:08PM					
Then Routine Work - Prabalarishta Yoga					
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Dushanbe, Tajikistan Sun 19 Sutra 242 Vilamba 5120
Makara Rasi: 29.38	Tithi 6	Gulika 10:57AM – 12:09PM Yama 8:34AM – 9:46AM 799863365 Rahu 2:32PM – 3:43PM	Dhanishtha Until 8:17PM Harshana Until 1:09AM Fri Kaulava Until 1:03PM Shashthi* Until 2:22AM Fri	Ganesha: Clear <i>Sunrise:</i> 8:34AM Muruqa: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon – Purple Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga				
Vinayaga Viratam Ends					
7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Dushanbe, Tajikistan Sun 20 Sutra 243 Vilamba 5120
Retreat Star		Gulika 9:46AM – 10:58AM Yama 3:43PM – 4:55PM 799863365 Rahu 12:09PM – 1:20PM	Shatabhishak Until 11:04PM Vajra* Until 1:55AM Sat Gara Until 3:40PM Saptami Until 4:49AM Sat	Ganesha: Clear <i>Sunrise:</i> 8:35AM Muruqa: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon – Purple Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 11.26	Tithi 7				
Creative Work	Siddha Yoga				
8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Dushanbe, Tajikistan Sun 21 Sutra 244 Vilamba 5120
Retreat Star		Gulika 8:35AM – 9:47AM Yama 2:32PM – 3:44PM 711863365 Rahu 10:58AM – 12:10PM	Purvaproshtapada* Until 1:45AM Sun Siddhi Until 2:21AM Sun Visti Until 5:53PM Ashtami* Until 6:45AM Sun	Ganesha: Clear <i>Sunrise:</i> 8:35AM Muruqa: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon – Clear Margasira-Karttikai	Moon 11 - Phase 33 Ashtami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 23.22	Tithi 8				
Routine Work	Marana Yoga				
Until 1:45AM Sun					
Then Creative Work - Amrita Yoga					
9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Dushanbe, Tajikistan Sun 22 Sutra 245 Vilamba 5120
Retreat Star		Gulika 3:44PM – 4:55PM Yama 1:21PM – 2:33PM 711863365 Rahu 4:55PM – 6:07PM	Uttaraproshtapada Until 3:38AM Mon Vyatipata* Until 2:18AM Mon Balava Until 7:30PM Ashtami* Until 6:45AM	Ganesha: Clear <i>Sunrise:</i> 8:36AM Muruqa: Purple <i>Sunset:</i> 6:07PM Nataraja: White Moon – Clear Margasira-Markali	Moon 11 - Phase 33 Navami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Meena Rasi: 5.29	Tithi 8 – 9				
Creative Work	Amrita Yoga	Markali Pillaiyar			
Until 3:38AM Mon					
Then Creative Work - Siddha Yoga					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Dushanbe, Tajikistan Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 17.53	Tithi 9 – 10	Gulika 2:33PM – 3:45PM	Revati Until 4:38AM Tue	Ganesha: Purple <i>Sunrise:</i> 8:37AM
	Family Home Evening	821863365	Yama 12:11PM – 1:22PM	Variyan Until 1:38AM Tue	Muruqa: Purple <i>Sunset:</i> 6:07PM
	Creative Work Siddha Yoga		Rahu 9:48AM – 10:59AM	Taitila Until 8:22PM	Nataraja: White Moon – Clear
			Navami* Until 8:01AM	Margasira*Markali	Bhuloka Day

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Dushanbe, Tajikistan Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.38	Tithi 10 – 11	Gulika 1:22PM – 2:34PM	Ashvini Until 5:09AM Wed	Ganesha: Clear <i>Sunrise:</i> 8:37AM
		821863365	Yama 11:00AM – 12:11PM	Parigha* Until 12:21AM Wed	Muruqa: Purple <i>Sunset:</i> 6:07PM
	Creative Work Siddha Yoga		Rahu 3:45PM – 4:56PM	Vanija Until 8:26PM	Nataraja: White Moon – White
		Gita Jayanthi	Dashami Until 8:29AM	Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikistan Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 13.48	Tithi 11 – 12	Gulika 12:12PM – 1:23PM	Bharani Until 4:43AM Thu	Ganesha: Clear <i>Sunrise:</i> 8:38AM
		821863365	Yama 9:49AM – 11:01AM	Shiva Until 10:26PM	Muruqa: Purple <i>Sunset:</i> 6:08PM
	Creative Work Siddha Yoga		Rahu 1:23PM – 2:34PM	Bava Until 7:40PM	Nataraja: White Moon – White
		Until 4:43AM Thu	Ekadashi Until 8:08AM	Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM
		Then Routine Work - Marana Yoga			

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikistan Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.23	Tithi 12 – 13	Gulika 11:01AM – 12:12PM	Krittika Until 3:28AM Fri	Ganesha: Clear <i>Sunrise:</i> 8:39AM
		821863365	Yama 8:49AM – 9:50AM	Siddha Until 7:56PM	Muruqa: Purple <i>Sunset:</i> 6:08PM
	Routine Work Marana Yoga		Rahu 2:35PM – 3:46PM	Kaulava Until 6:09PM	Nataraja: White Moon – White
			Dvadashi Until 6:59AM	Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM
			<i>Pradosha Vrata</i>		

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 11.25	Tithi 14	Gulika 9:50AM – 11:02AM	Rohini Until 1:54AM Sat	Ganesha: White <i>Sunrise:</i> 8:39AM
		831863365	Yama 3:46PM – 4:58PM	Sadhya Until 4:56PM	Muruqa: Purple <i>Sunset:</i> 6:09PM
	Routine Work Marana Yoga		Rahu 12:13PM – 1:24PM	Gara Until 4:00PM	Nataraja: White Moon – Yellow
		Until 1:54AM Sat	Chaturdashi* Until 2:43AM Sat	Margasira*Markali	Bhuloka Day
		Then Creative Work - Siddha Yoga	Day 1 of Pancha Ganapati		

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Dushanbe, Tajikistan Sutra 251 Vilamba 5120
	Copper Retreat Star		Gulika 8:40AM – 9:51AM	Mrigashira Until 11:47PM	Ganesha: White <i>Sunrise:</i> 8:40AM
	Vrishabha Rasi: 25.48	Tithi 15	Yama 2:36PM – 3:47PM	Subha Until 1:32PM	Muruqa: Purple <i>Sunset:</i> 6:09PM
		831863365	Rahu 11:02AM – 12:13PM	Visti Until 1:21PM	Nataraja: White Moon – Yellow
Creative Work Siddha Yoga		Day 2 of Pancha Ganapati	Purnima* Until 11:52PM	Margasira*Markali	Bhuloka Day

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau		Dushanbe, Tajikistan Sutra 252 Vilamba 5120
	Silver Retreat Star		Gulika 3:47PM – 4:59PM	Ardra Until 9:15PM	Ganesha: Yellow <i>Sunrise:</i> 8:40AM
	Mithuna Rasi: 10.29	Tithi 16	Yama 1:25PM – 2:36PM	Sukla Until 9:51AM	Muruqa: Purple <i>Sunset:</i> 6:10PM
		831963365	Rahu 4:59PM – 6:10PM	Balava Until 10:21AM	Nataraja: White Moon – Yellow
Creative Work Siddha Yoga		Day 3 of Pancha Ganapati	Prathama* Until 8:45PM	Margasira*Markali	Bhuloka Day Devaloka Time: 9:AM to 12:PM
		Ardra Darshanam			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Punarvasu Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 25.2 Tithi 17 - 18

Family Home Evening

841963365

Gulika 2:37PM - 3:48PM

Yama 12:14PM - 1:25PM

Rahu 9:52AM - 11:03AM

Punarvasu Until 6:53PM

Brahma Until 6:00AM

Taitila Until 7:09AM

Ganesha: Blue Sunrise: 8:41AM

Muruqa: Purple Sunset: 6:10PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Until 6:53PM

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Dvitiya Until 5:31PM

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturchyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 10.13 Tithi 18 - 19

Creative Work Siddha Yoga

841963365

Gulika 1:26PM - 2:37PM

Yama 11:04AM - 12:15PM

Rahu 3:48PM - 5:00PM

Pushya Until 4:25PM

Vaidhriti* Until 10:18PM

Bava Until 12:47AM Wed

Ganesha: Blue Sunrise: 8:41AM

Muruqa: Purple Sunset: 6:11PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Day 5 of Pancha Ganapati

Tritiya Until 2:19PM

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 25.01 Tithi 19 - 20

Creative Work Siddha Yoga

842963366

Gulika 12:15PM - 1:26PM

Yama 9:53AM - 11:04AM

Rahu 1:26PM - 2:38PM

Ashlesha* Until 1:59PM

Vishkambha* Until 6:39PM

Kaulava Until 9:52PM

Ganesha: Yellow Sunrise: 8:41AM

Muruqa: Purple Sunset: 6:12PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Chaturthi* Until 11:16AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 9.38 Tithi 20 - 21

Creative Work Amrita Yoga

852963366

Gulika 11:04AM - 12:16PM

Yama 8:42AM - 9:53AM

Rahu 2:38PM - 3:50PM

Magha* Until 12:08PM

Priti Until 3:17PM

Gara Until 7:18PM

Ganesha: Blue Sunrise: 8:42AM

Muruqa: Purple Sunset: 6:12PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Panchami Until 8:31AM

Until 12:08PM

Then Creative Work - Siddha Yoga

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 23.58 Tithi 21 - 22

Creative Work Siddha Yoga

852963366

Gulika 9:53AM - 11:05AM

Yama 3:50PM - 5:02PM

Rahu 12:16PM - 1:27PM

Purvaphalguni Until 10:33AM

Ayushman Until 12:14PM

Bava Until 4:16AM Sat

Ganesha: Blue Sunrise: 8:42AM

Muruqa: Purple Sunset: 6:13PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Shashthi* Until 6:10AM

Saturday, December 29, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 8.01 Tithi 23

Routine Work Marana Yoga

852963366

Gulika 8:42AM - 9:54AM

Yama 2:39PM - 3:51PM

Rahu 11:05AM - 12:17PM

Uttaraphalguni Until 9:17AM

Saubhagya Until 9:35AM

Balava Until 3:32PM

Ganesha: Blue Sunrise: 8:42AM

Muruqa: Purple Sunset: 6:14PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Ashtami* Until 2:54AM Sun

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam Hasta/Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 21.43 Tithi 24

Creative Work Amrita Yoga

862963366

Gulika 3:51PM - 5:03PM

Yama 1:28PM - 2:40PM

Rahu 5:03PM - 6:14PM

Hasta Until 8:50AM

Sobhana Until 7:22AM

Taitila Until 2:26PM

Ganesha: Red Sunrise: 8:43AM

Muruqa: Purple Sunset: 6:14PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Navami* Until 2:04AM Mon

Until 8:50AM

Then Creative Work - Siddha Yoga

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 260 Vilamba 5120
1	Tula Rasi: 5.08 Tithi 25 Family Home Evening Routine Work Prabalarishta Yoga Until 8:46AM Then Creative Work - Amrita Yoga	Gulika 2:40PM – 3:52PM Yama 12:17PM – 1:29PM Rahu 9:54AM – 11:06AM	Chitra Until 8:46AM Sukarma Until 4:09AM Tue Vanija Until 1:52PM Dashami Until 1:45AM Tue	Ganesha: Red <i>Sunrise:</i> 8:43AM Muruqa: Purple <i>Sunset:</i> 6:15PM Nataraja: Green Moon – Green Bhuloka Day Devaloka Time: 6:AM to 9:AM

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 261 Vilamba 5120
2	Tula Rasi: 18.16 Tithi 26 Creative Work Siddha Yoga Until 9:03AM Then Routine Work - Marana Yoga	Gulika 1:29PM – 2:41PM Yama 11:06AM – 12:18PM Rahu 3:53PM – 5:04PM	Svati Until 9:03AM Dhriti Until 3:09AM Wed Bava Until 1:49PM Ekadashi* Until 1:58AM Wed	Ganesha: Red <i>Sunrise:</i> 8:43AM Muruqa: Purple <i>Sunset:</i> 6:16PM Nataraja: Green Moon – Green Bhuloka Day Devaloka Time: 6:AM to 9:AM

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Tailita Karana Dvodashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 262 Vilamba 5120
3	Vrischika Rasi: 1.08 Tithi 27 Creative Work Siddha Yoga	Gulika 12:18PM – 1:30PM Yama 9:55AM – 11:07AM Rahu 1:30PM – 2:42PM	Vishakha Until 10:08AM Shula* Until 2:31AM Thu Kaulava Until 2:17PM Dvadashi* Until 2:40AM Thu	Ganesha: Green <i>Sunrise:</i> 8:43AM Muruqa: Purple <i>Sunset:</i> 6:17PM Nataraja: Green Moon – Orange Bhuloka Day Devaloka Time: 6:AM to 9:AM

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 263 Vilamba 5120
4	Vrischika Rasi: 13.46 Tithi 28 Creative Work Siddha Yoga Until 11:31AM Then Routine Work - Prabalarishta Yoga	Gulika 11:07AM – 12:19PM Yama 8:43AM – 9:55AM Rahu 2:42PM – 3:54PM	Anuradha Until 11:31AM Ganda* Until 2:14AM Fri Gara Until 3:13PM Trayodashi* Until 3:51AM Fri <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green <i>Sunrise:</i> 8:43AM Muruqa: Purple <i>Sunset:</i> 6:17PM Nataraja: Green Moon – Orange Bhuloka Day Devaloka Time: 6:AM to 9:AM

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 12 Sutra 264 Vilamba 5120
5	Vrischika Rasi: 26.13 Tithi 29 Routine Work Marana Yoga Until 1:12PM Then Creative Work - Amrita Yoga	Gulika 9:55AM – 11:07AM Yama 3:55PM – 5:06PM Rahu 12:19PM – 1:31PM	Jyeshtha* Until 1:12PM Vriddhi Until 2:19AM Sat Visti Until 4:37PM Chaturdashi* Until 5:28AM Sat	Ganesha: Green <i>Sunrise:</i> 8:43AM Muruqa: Purple <i>Sunset:</i> 6:18PM Nataraja: Green Moon – Orange Bhuloka Day Devaloka Time: 6:AM to 9:AM

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada* Karana Amavasyayam Titau		Dushanbe, Tajikistan Sun 13 Sutra 265 Vilamba 5120
Retreat Star	Dhanus Rasi: 8.28 Tithi 30 Creative Work Siddha Yoga	Gulika 8:44AM – 9:55AM Yama 2:43PM – 3:55PM Rahu 11:07AM – 12:19PM	Mula* Until 3:36PM Dhruva Until 2:40AM Sun Catuspada Until 6:27PM Amavasya* Until 7:29AM Sun	Ganesha: White <i>Sunrise:</i> 8:44AM Muruqa: Purple <i>Sunset:</i> 6:19PM Nataraja: Green Moon – Light Blue Bhuloka Day Devaloka Time: 6:AM to 9:AM

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Dushanbe, Tajikistan Sun 14 Sutra 266 Vilamba 5120
Retreat Star	Dhanus Rasi: 20.34 Tithi 30 – 1 Creative Work Siddha Yoga Until 6:13PM Then Creative Work - Amrita Yoga	Gulika 3:56PM – 5:08PM Yama 1:32PM – 2:44PM Rahu 5:08PM – 6:20PM	Purvashadha* Until 6:13PM Vyaghata* Until 3:18AM Mon Kintughna Until 8:39PM Amavasya* Until 7:29AM	Ganesha: White <i>Sunrise:</i> 8:44AM Muruqa: Clear <i>Sunset:</i> 6:20PM Nataraja: Green Moon – Light Blue Bhuloka Day Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 267 Vilamba 5120
1	Makara Rasi: 2.31 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 8:56PM Then Creative Work - Amrita Yoga	Gulika 2:44PM – 3:57PM Yama 12:20PM – 1:32PM Rahu 9:56AM – 11:08AM	Uttarashadha Until 8:56PM Harshana Until 4:09AM Tue Balava Until 11:09PM Prathama* Until 9:50AM	Ganesha: White Muruqa: Clear Nataraja: Green Moon – Light Blue	Sunrise: 8:44AM Sunset: 6:21PM	Moon 12 - Phase 37 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 268 Vilamba 5120
2	Makara Rasi: 14.22 Tithi 2 – 3 Creative Work Siddha Yoga Until 12:12AM Wed Then Routine Work - Prabalarishta Yoga	Gulika 1:33PM – 2:45PM Yama 11:08AM – 12:20PM Rahu 3:57PM – 5:10PM	Shravana Until 12:12AM Wed Vajra* Until 5:06AM Wed Taitila Until 1:50AM Wed Dvitiya Until 12:27PM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple	Sunrise: 8:43AM Sunset: 6:22PM	Moon 12 - Phase 37 3rd Phase Devaloka Day Pausha-Markali

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 269 Vilamba 5120
3	Makara Rasi: 26.1 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 3:22AM Thu Then Creative Work - Siddha Yoga	Gulika 12:21PM – 1:33PM Yama 9:56AM – 11:08AM Rahu 1:33PM – 2:46PM	Dhanishtha Until 3:22AM Thu Siddhi Until 6:06AM Thu Vanija Until 4:36AM Thu Tritiya Until 3:12PM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple	Sunrise: 8:43AM Sunset: 6:23PM	Moon 12 - Phase 37 3rd Phase Devaloka Day Pausha-Markali

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 270 Vilamba 5120
4	Kumbha Rasi: 7.57 Tithi 4 – 5 Creative Work Siddha Yoga	Gulika 11:08AM – 12:21PM Yama 8:43AM – 9:56AM Rahu 2:46PM – 3:59PM	Shatabhishak Until 6:16AM Fri Siddhi Until 6:06AM Bava Until 7:15AM Fri Chaturthi* Until 5:55PM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple	Sunrise: 8:43AM Sunset: 6:24PM	Moon 12 - Phase 37 3rd Phase Devaloka Day Pausha-Markali

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyalipata*/Varyan Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 271 Vilamba 5120
5	Kumbha Rasi: 19.47 Tithi 5 Creative Work Siddha Yoga	Gulika 9:56AM – 11:09AM Yama 3:59PM – 5:12PM Rahu 12:21PM – 1:34PM	Shatabhishak Until 6:16AM Vyatipata* Until 7:01AM Bava Until 7:15AM Panchami Until 8:27PM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple	Sunrise: 8:43AM Sunset: 6:25PM	Moon 12 - Phase 37 3rd Phase Devaloka Day Pausha-Markali

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 272 Vilamba 5120
6	Meena Rasi: 1.42 Tithi 6 Routine Work Marana Yoga Until 9:14AM Then Creative Work - Siddha Yoga	Gulika 8:43AM – 9:56AM Yama 2:47PM – 4:00PM Rahu 11:09AM – 12:21PM	Purvaproshtapada* Until 9:14AM Varyan Until 7:43AM Kaulava Until 9:37AM Shashthi* Until 10:37PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear	Sunrise: 8:43AM Sunset: 6:26PM	Moon 12 - Phase 37 3rd Phase Devaloka Day Pausha-Markali

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 4:01PM – 5:14PM Yama 1:35PM – 2:48PM Rahu 5:14PM – 6:27PM	Uttaraproshtapada Until 11:37AM Parigha* Until 8:06AM Gara Until 11:32AM Saptami Until 12:15AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear	Sunrise: 8:43AM Sunset: 6:27PM	Moon 12 - Phase 37 3rd Phase Devaloka Day Pausha-Markali

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 2:48PM – 4:01PM Yama 12:22PM – 1:35PM Rahu 9:56AM – 11:09AM	Revati Until 1:14PM Shiva Until 8:02AM Visti Until 12:49PM Ashtami* Until 1:10AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear	Sunrise: 8:42AM Sunset: 6:28PM	Moon 12 - Phase 37 Ashtami Devaloka Day Pausha-Thai
		Thai Pongal				

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 1:35PM – 2:49PM Yama 11:09AM – 12:22PM Rahu 4:02PM – 5:15PM	Ashvini Until 2:28PM Siddha Until 7:23AM Balava Until 1:21PM Navami* Until 1:18AM Wed	Ganesha: Purple Muruqa: Clear Nataraja: Green Moon – White	Sunrise: 8:42AM Sunset: 6:29PM	Moon 12 - Phase 37 Navami Sivaloka Day Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 21.49	Tithi 10	Gulika 12:22PM – 1:36PM	Bharani Until 2:43PM	Ganesha: Blue	<i>Sunrise:</i> 8:42AM	
			Yama 9:55AM – 11:09AM	Sadhya Until 6:08AM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 12 - Phase 38
		823173366	Rahu 1:36PM – 2:49PM	Taitila Until 1:04PM	Nataraja: Green		4th Phase
	Creative Work	Siddha Yoga		Dashami Until 12:36AM Thu	Moon – White		Sivaloka Day
		Until 2:43PM		Pausha-Thai			
Then Creative Work - Amrita Yoga							

2	Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 277 Vilamba 5120
	Vrishabha Rasi: 5.17	Tithi 11	Gulika 11:09AM – 12:22PM	Krittika Until 2:02PM	Ganesha: Blue	<i>Sunrise:</i> 8:41AM	
			Yama 8:41AM – 9:55AM	Sukla Until 1:43AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 12 - Phase 38
		823173366	Rahu 2:50PM – 4:04PM	Vanija Until 11:57AM	Nataraja: Green		4th Phase
	Routine Work	Marana Yoga		Ekadashi Until 11:05PM	Moon – White		Sivaloka Day
		Until 12:54PM		Pausha-Thai			
Then Creative Work - Siddha Yoga							

3	Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 278 Vilamba 5120
	Vrishabha Rasi: 19.14	Tithi 12	Gulika 9:55AM – 11:09AM	Rohini Until 12:54PM	Ganesha: Yellow	<i>Sunrise:</i> 8:41AM	
			Yama 4:04PM – 5:18PM	Brahma Until 10:37PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 12 - Phase 38
		823173366	Rahu 12:23PM – 1:37PM	Bava Until 10:05AM	Nataraja: Green		4th Phase
	Routine Work	Marana Yoga		Dvadashi Until 8:52PM	Moon – Yellow		Devaloka Day
		Until 12:54PM		Pausha-Thai			
Then Creative Work - Siddha Yoga							

4	Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 3.37	Tithi 13	Gulika 8:41AM – 9:55AM	Mrigashira Until 10:59AM	Ganesha: Yellow	<i>Sunrise:</i> 8:41AM	
			Yama 2:51PM – 4:05PM	Indra Until 7:05PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Moon 12 - Phase 38
		823173366	Rahu 11:09AM – 12:23PM	Kaulava Until 7:33AM	Nataraja: Green		4th Phase
	Creative Work	Siddha Yoga		Trayodashi Until 6:03PM	Moon – Yellow		Devaloka Day
		Until 12:54PM		Pausha-Thai			
<i>Pradosha Vrata</i>							

○	Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sutra 280 Vilamba 5120
	Copper Retreat Star		Gulika 4:06PM – 5:20PM	Ardra Until 8:27AM	Ganesha: Yellow	<i>Sunrise:</i> 8:40AM	
	Mithuna Rasi: 18.23	Tithi 14 – 15	Yama 1:37PM – 2:51PM	Vaidhriti* Until 3:09PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 12 - Phase 38
		823173366	Rahu 5:20PM – 6:34PM	Visti Until 1:04AM Mon	Nataraja: Green		Purnima
	Creative Work	Siddha Yoga		Chaturdashi* Until 2:48PM	Moon – Yellow		Devaloka Day
		Until 12:54PM		Pausha-Thai			

○	Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sutra 281 Vilamba 5120
	Silver Retreat Star		Gulika 2:52PM – 4:06PM	Pushya Until 2:55AM Tue	Ganesha: White	<i>Sunrise:</i> 8:40AM	
	Kataka Rasi: 3.25	Tithi 15 – 16	Yama 12:23PM – 1:37PM	Vishkambha* Until 11:01AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 12 - Phase 38
		843173366	Rahu 9:54AM – 11:09AM	Balava Until 9:26PM	Nataraja: Green		Prathama
	Family Home Evening	Siddha Yoga		Purnima* Until 11:15AM	Moon – Blue		Sivaloka Day
		Until 12:54PM		Pausha-Thai			
Total Lunar Eclipse Thai Pusam							



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 18.36 Tithi 16 - 17

844173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau

Gulika 1:38PM - 2:52PM
Yama 11:08AM - 12:23PM
Rahu 4:07PM - 5:22PM
Ashlesha* Until 11:53PM
Priti Until 6:46AM
Gara Until 3:56AM Wed
Prathama* Until 7:34AM

Ganesha: Clear *Sunrise: 8:39AM*
Muruqa: Clear *Sunset: 6:36PM*
Nataraja: Green
Moon - Blue
Pausha*Thai

Dushanbe, Tajikistan
Sutra 282
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

1

Wednesday, January 23, 2019

Simha Rasi: 3.46 Tithi 18

854173366

Creative Work Siddha Yoga

Until 9:16PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:23PM - 1:38PM
Yama 9:53AM - 11:08AM
Rahu 1:38PM - 2:53PM
Magha* Until 9:16PM
Saubhagya Until 10:27PM
Vanija Until 2:12PM
Tritiya Until 12:29AM Thu

Ganesha: Purple *Sunrise: 8:39AM*
Muruqa: Clear *Sunset: 6:37PM*
Nataraja: Green
Moon - Red
Pausha*Thai

Dushanbe, Tajikistan
Sun 1 Sutra 283
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 18.45 Tithi 19

854173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:08AM - 12:23PM
Yama 8:38AM - 9:53AM
Rahu 2:53PM - 4:08PM
Purvaphalguni Until 6:50PM
Sobhana Until 6:40PM
Bava Until 10:54AM
Chaturthi* Until 9:24PM

Ganesha: Purple *Sunrise: 8:38AM*
Muruqa: Clear *Sunset: 6:39PM*
Nataraja: Green
Moon - Red
Pausha*Thai

Dushanbe, Tajikistan
Sun 2 Sutra 284
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Kanya Rasi: 3.26 Tithi 20

954173366

Creative Work Siddha Yoga

Until 4:45PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Ularayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 9:53AM - 11:08AM
Yama 4:09PM - 5:24PM
Rahu 12:23PM - 1:39PM
Uttaraphalguni Until 4:45PM
Athiganda* Until 3:14PM
Kaulava Until 8:03AM
Panchami Until 6:47PM

Ganesha: Clear *Sunrise: 8:37AM*
Muruqa: Clear *Sunset: 6:40PM*
Nataraja: Green
Moon - Red
Pausha*Thai

Dushanbe, Tajikistan
Sun 3 Sutra 285
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

4

Saturday, January 26, 2019

Kanya Rasi: 17.46 Tithi 21 - 22

964173366

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:37AM - 9:52AM
Yama 2:54PM - 4:10PM
Rahu 11:08AM - 12:23PM
Hasta Until 3:31PM
Sukarma Until 12:18PM
Visti Until 4:04AM Sun
Shashthi* Until 4:48PM

Ganesha: Purple *Sunrise: 8:37AM*
Muruqa: Clear *Sunset: 6:41PM*
Nataraja: Green
Moon - Green
Pausha*Thai

Dushanbe, Tajikistan
Sun 4 Sutra 286
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Tula Rasi: 1.38 Tithi 22 - 23

964173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 4:10PM - 5:26PM
Yama 1:39PM - 2:55PM
Rahu 5:26PM - 6:42PM
Chitra Until 2:51PM
Dhriti Until 9:55AM
Balava Until 3:08AM Mon
Saptami Until 3:30PM

Ganesha: Purple *Sunrise: 8:36AM*
Muruqa: Clear *Sunset: 6:42PM*
Nataraja: Green
Moon - Green
Pausha*Thai

Dushanbe, Tajikistan
Sun 5 Sutra 287
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

D

Monday, January 28, 2019

Retreat Star

Tula Rasi: 15.06 Tithi 23 - 24

964173366

Family Home Evening

Creative Work Amrita Yoga

Until 2:44PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:55PM - 4:11PM
Yama 12:23PM - 1:39PM
Rahu 9:51AM - 11:07AM
Svati Until 2:44PM
Shula* Until 8:06AM
Taitila Until 2:58AM Tue
Ashtami* Until 2:56PM

Ganesha: Purple *Sunrise: 8:35AM*
Muruqa: Clear *Sunset: 6:43PM*
Nataraja: Green
Moon - Green
Pausha*Thai

Dushanbe, Tajikistan
Sun 6 Sutra 288
Vilamba 5120
Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Tuesday, January 29, 2019

Retreat Star

Tula Rasi: 28.1 Tithi 24 - 25

974173366

Routine Work Marana Yoga

Until 3:40PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 1:39PM - 2:56PM
Yama 11:07AM - 12:23PM
Rahu 4:12PM - 5:28PM
Vishakha Until 3:40PM
Ganda* Until 6:52AM
Vanija Until 3:30AM Wed
Navami* Until 3:07PM

Ganesha: Clear *Sunrise: 8:34AM*
Muruqa: Clear *Sunset: 6:44PM*
Nataraja: Green
Moon - Orange
Pausha*Thai

Dushanbe, Tajikistan
Sun 7 Sutra 289
Vilamba 5120
Moon 1 - Phase 39
Navami

Devaloka Day

1	Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 290 Vilamba 5120
	Vrischika Rasi: 10.53 Tithi 25 – 26	974173366	Gulika Yama Rahu	12:23PM – 1:40PM 9:50AM – 11:07AM 1:40PM – 2:56PM	Anuradha Until 5:06PM Vriddhi Until 6:12AM Bava Until 4:42AM Thu Dashami Until 4:00PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 8:34AM Sunset: 6:45PM Moon 1 - Phase 40 2nd Phase
	Creative Work Siddha Yoga						Devaloka Day

2	Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 291 Vilamba 5120
	Vrischika Rasi: 23.18 Tithi 26 – 27	974173366	Gulika Yama Rahu	11:06AM – 12:23PM 8:33AM – 9:50AM 2:56PM – 4:13PM	Jyeshtha* Until 6:57PM Dhruva Until 6:00AM Kaulava Until 6:27AM Fri Ekadashi* Until 5:30PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 8:33AM Sunset: 6:47PM Moon 1 - Phase 40 2nd Phase
	Routine Work Prabalarishta Yoga Until 6:57PM Then Creative Work - Siddha Yoga						Devaloka Day

3	Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 292 Vilamba 5120
	Dhanus Rasi: 5.3 Tithi 27	984173366	Gulika Yama Rahu	9:50AM – 11:06AM 4:13PM – 5:30PM 12:23PM – 1:40PM	Mula* Until 9:35PM Vyaghata* Until 6:13AM Kaulava Until 6:27AM Dvadashi* Until 7:28PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 8:33AM Sunset: 6:47PM Moon 1 - Phase 40 2nd Phase
	Creative Work Amrita Yoga Until 9:35PM Then Routine Work - Prabalarishta Yoga						Bhuloka Day Devaloka Time: 12:PM to 3:PM

4	Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 293 Vilamba 5120
	Dhanus Rasi: 17.31 Tithi 28	984173366	Gulika Yama Rahu	8:32AM – 9:49AM 2:57PM – 4:14PM 11:06AM – 12:23PM	Purvashadha* Until 12:23AM Sun Harshana Until 6:47AM Gara Until 8:38AM Trayodashi* Until 9:49PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 8:32AM Sunset: 6:48PM Moon 1 - Phase 40 2nd Phase
	Creative Work Siddha Yoga Until 12:23AM Sun Then Creative Work - Amrita Yoga						Bhuloka Day Devaloka Time: 12:PM to 3:PM
	<i>Pradosha Vrata (Fasting)</i>						

5	Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 294 Vilamba 5120
	Dhanus Rasi: 29.26 Tithi 29	984173366	Gulika Yama Rahu	4:14PM – 5:32PM 1:40PM – 2:57PM 5:32PM – 6:49PM	Uttarashadha Until 3:15AM Mon Vajra* Until 7:32AM Visti Until 11:06AM Chaturdashi* Until 12:24AM Mon	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 8:31AM Sunset: 6:49PM Moon 1 - Phase 40 2nd Phase
	Creative Work Amrita Yoga						Bhuloka Day Devaloka Time: 12:PM to 3:PM

●	Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 295 Vilamba 5120	
	Retreat Star		995173367	Gulika Yama Rahu	2:58PM – 4:15PM 12:23PM – 1:40PM 9:48AM – 11:05AM	Shravana Until 6:32AM Tue Siddhi Until 8:27AM Catuspada Until 1:46PM Amavasya* Until 3:06AM Tue	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Pausha*Thai	Sunrise: 8:30AM Sunset: 6:50PM Moon 1 - Phase 40 Amavasya
	Makara Rasi: 11.16 Tithi 30 Family Home Evening Creative Work Amrita Yoga Until 6:32AM Tue Then Creative Work - Siddha Yoga						Devaloka Day	

●	Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 296 Vilamba 5120	
	Retreat Star		995173367	Gulika Yama Rahu	1:40PM – 2:58PM 11:05AM – 12:23PM 4:16PM – 5:33PM	Shravana Until 6:32AM Vyatipata* Until 9:27AM Kintughna Until 4:29PM Prathama* Until 5:48AM Wed	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Magha*Thai	Sunrise: 8:29AM Sunset: 6:51PM Moon 1 - Phase 40 Prathama
	Makara Rasi: 23.04 Tithi 1 Creative Work Siddha Yoga						Devaloka Day	

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Varyan/Parigha* Yoga Balava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 297 Vilamba 5120
	Kumbha Rasi: 4.52	Tithi 2	Gulika 12:22PM – 1:40PM Yama 9:46AM – 11:04AM Rahu 1:40PM – 2:58PM	Dhanishtha Until 9:39AM Varyan Until 10:24AM Balava Until 7:09PM Dvitiya Until 8:25AM Thu	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 8:28AM Sunset: 6:52PM	Moon 1 - Phase 41 3rd Phase
	Routine Work	Prabalarishta Yoga			Magha-Thai	Devaloka Day	
Until 9:39AM		Then Creative Work - Siddha Yoga					

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 298 Vilamba 5120
	Kumbha Rasi: 16.41	Tithi 2 – 3	Gulika 11:04AM – 12:22PM Yama 8:27AM – 9:46AM Rahu 2:59PM – 4:17PM	Shatabhishak Until 12:30PM Parigha* Until 11:18AM Taitila Until 9:40PM Dvitiya Until 8:25AM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 8:27AM Sunset: 6:53PM	Moon 1 - Phase 41 3rd Phase
	Creative Work	Siddha Yoga			Magha-Thai	Devaloka Day	

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritya/Chaturtham Titau				Dushanbe, Tajikistan Sun 17 Sutra 299 Vilamba 5120
	Kumbha Rasi: 28.35	Tithi 3 – 4	Gulika 9:45AM – 11:03AM Yama 4:17PM – 5:36PM Rahu 12:22PM – 1:40PM	Purvaprossthapada* Until 3:29PM Shiva Until 12:03PM Vanija Until 11:57PM Tritya Until 10:50AM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 8:26AM Sunset: 6:54PM	Moon 1 - Phase 41 3rd Phase
	Creative Work	Siddha Yoga			Magha-Thai	Sivaloka Day	

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprossthapada Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 300 Vilamba 5120
	Meena Rasi: 11	Tithi 4 – 5	Gulika 8:25AM – 9:44AM Yama 2:59PM – 4:18PM Rahu 11:03AM – 12:22PM	Uttaraprossthapada Until 6:01PM Siddha Until 12:33PM Bava Until 1:54AM Sun Chaturthi* Until 12:57PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 8:25AM Sunset: 6:56PM	Moon 1 - Phase 41 3rd Phase
	Creative Work	Siddha Yoga			Magha-Thai	Sivaloka Day	
Until 6:01PM		Then Routine Work - Prabalarishta Yoga					

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 301 Vilamba 5120
	Meena Rasi: 22.44	Tithi 5 – 6	Gulika 4:19PM – 5:38PM Yama 1:41PM – 3:00PM Rahu 5:38PM – 6:57PM	Revati Until 7:59PM Sadhya Until 12:47PM Kaulava Until 3:23AM Mon Panchami Until 2:41PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 8:24AM Sunset: 6:57PM	Moon 1 - Phase 41 3rd Phase
	Creative Work	Amrita Yoga			Magha-Thai	Devaloka Day	
Until 7:59PM		Then Creative Work - Siddha Yoga					

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 302 Vilamba 5120
	Mesha Rasi: 5.05	Tithi 6 – 7	Gulika 3:00PM – 4:19PM Yama 12:21PM – 1:41PM Rahu 9:43AM – 11:02AM	Ashvini Until 9:45PM Subha Until 12:38PM Gara Until 4:18AM Tue Shashthi* Until 3:54PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 8:23AM Sunset: 6:58PM	Moon 1 - Phase 41 3rd Phase
	Family Home Evening	Siddha Yoga			Magha-Thai	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

7	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 303 Vilamba 5120
	Mesha Rasi: 17.41	Tithi 7 – 8	Gulika 1:41PM – 3:00PM Yama 11:01AM – 12:21PM Rahu 4:20PM – 5:39PM	Bharani Until 10:44PM Sukla Until 12:00PM Visti Until 4:32AM Wed Saptami Until 4:29PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 8:22AM Sunset: 6:59PM	Moon 1 - Phase 41 3rd Phase
	Creative Work	Siddha Yoga			Magha-Thai	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

8	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 304 Vilamba 5120
	Vrishabha Rasi: 1	Tithi 8 – 9	Gulika 12:21PM – 1:41PM Yama 9:41AM – 11:01AM Rahu 1:41PM – 3:00PM	Krittika Until 10:52PM Brahma Until 10:51AM Balava Until 4:02AM Thu Ashtami* Until 4:22PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – White	Sunrise: 8:21AM Sunset: 7:00PM	Moon 1 - Phase 41 Ashtami
	Creative Work	Amrita Yoga			Magha-Masi	Devaloka Day	
Until 10:52PM		Then Creative Work - Siddha Yoga					


9	Thursday, February 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 305 Vilamba 5120
	Vrishabha Rasi: 13.54	Tithi 9 – 10	Gulika 11:00AM – 12:20PM Yama 8:20AM – 9:40AM Rahu 3:01PM – 4:21PM	Rohini Until 10:33PM Indra Until 9:07AM Taitila Until 2:45AM Fri Navami* Until 3:28PM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 8:20AM Sunset: 7:01PM	Moon 1 - Phase 41 Navami
	Routine Work	Marana Yoga			Magha-Masi	Sivaloka Day	

1	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 306 Vilamba 5120
	Vrishabha Rasi: 27.38 Tithi 10 – 11 Creative Work Siddha Yoga	936273367	Gulika 9:39AM – 11:00AM Yama 4:21PM – 5:42PM Rahu 12:20PM – 1:41PM	Mrigashira Until 9:22PM Vaidhriti* Until 6:45AM Vanija Until 12:45AM Sat Dashami Until 1:49PM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 8:19AM Sunset: 7:02PM	Moon 1 - Phase 42 4th Phase Sivaloka Day

2	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 11.49 Tithi 11 – 12 Creative Work Siddha Yoga	936273367	Gulika 8:18AM – 9:38AM Yama 3:01PM – 4:22PM Rahu 10:59AM – 12:20PM	Ardra Until 7:23PM Priti Until 12:26AM Sun Bava Until 10:07PM Ekadashi Until 11:30AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 8:18AM Sunset: 7:03PM	Moon 1 - Phase 42 4th Phase Sivaloka Day

3	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 26.25 Tithi 12 – 13 Creative Work Siddha Yoga	946273367	Gulika 4:23PM – 5:44PM Yama 1:41PM – 3:02PM Rahu 5:44PM – 7:05PM	Punarvasu Until 5:09PM Ayushman Until 8:36PM Kaulava Until 6:58PM Dvadashi Until 8:35AM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 8:17AM Sunset: 7:03PM	Moon 1 - Phase 42 4th Phase Devaloka Day
	<i>Pradosha Vrata</i>						

4	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 11.22 Tithi 14 Family Home Evening Creative Work Siddha Yoga	946273367	Gulika 3:02PM – 4:23PM Yama 12:19PM – 1:40PM Rahu 9:37AM – 10:58AM	Pushya Until 2:24PM Saubhagya Until 4:29PM Gara Until 3:27PM Chaturdashi* Until 1:35AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 8:15AM Sunset: 7:06PM	Moon 1 - Phase 42 4th Phase Devaloka Day
	Chidambaram Abhishekam						

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 310 Vilamba 5120		
	Copper Retreat Star		Kataka Rasi: 26.32 Tithi 15 Creative Work Siddha Yoga	946273367	Gulika 1:40PM – 3:02PM Yama 10:57AM – 12:19PM Rahu 4:24PM – 5:45PM	Ashlesha* Until 11:18AM Sobhana Until 12:12PM Visti Until 11:43AM Purnima* Until 9:48PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 8:14AM Sunset: 7:07PM	Moon 1 - Phase 42 Purnima Devaloka Day

5	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 311 Vilamba 5120		
	Silver Retreat Star		Simha Rasi: 11.47 Tithi 16 Creative Work Siddha Yoga Until 8:24AM Then Creative Work - Amrita Yoga	957273367	Gulika 12:18PM – 1:40PM Yama 9:35AM – 10:57AM Rahu 1:40PM – 3:02PM	Magha* Until 8:24AM Athiganda* Until 7:52AM Balava Until 7:55AM Prathama* Until 6:03PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red Magha-Masi	Sunrise: 8:13AM Sunset: 7:08PM	Moon 1 - Phase 42 Prathama Devaloka Day



Thursday, February 21, 2019

Gold Retreat Star

Simha Rasi: 26.58 Tithi 17 - 18

957273367

Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 10:56AM - 12:18PM
Yama 8:12AM - 9:34AM
Rahu 3:02PM - 4:25PM

Uttaraphalguni Until 2:46AM Fri
Dhriti Until 11:40PM
Vanija Until 12:53AM Fri
Dvitiya Until 2:30PM

Ganesha: Clear *Sunrise: 8:12AM*
Muruqa: Clear *Sunset: 7:09PM*
Nataraja: White
Moon - Red
Magha-Masi

Dushanbe, Tajikistan
Sun 1 Sutra 312
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

1

Friday, February 22, 2019

Kanya Rasi: 11.53 Tithi 18 - 19

967273367

Creative Work Amrita Yoga

Until 12:47AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 9:33AM - 10:55AM
Yama 4:25PM - 5:47PM
Rahu 12:18PM - 1:40PM

Hasta Until 12:47AM Sat
Shula* Until 8:01PM
Bava Until 9:57PM
Tritiya Until 11:20AM

Ganesha: White *Sunrise: 8:10AM*
Muruqa: Clear *Sunset: 7:10PM*
Nataraja: White
Moon - Green
Magha-Masi

Dushanbe, Tajikistan
Sun 2 Sutra 313
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Saturday, February 23, 2019

Kanya Rasi: 26.27 Tithi 19 - 20

967273367

Routine Work Marana Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhdi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:09AM - 9:32AM
Yama 3:03PM - 4:25PM
Rahu 10:54AM - 12:17PM

Chitra Until 11:16PM
Ganda* Until 4:53PM
Kaulava Until 7:38PM
Chaturthi* Until 8:41AM

Ganesha: White *Sunrise: 8:09AM*
Muruqa: Clear *Sunset: 7:11PM*
Nataraja: White
Moon - Green
Magha-Masi

Dushanbe, Tajikistan
Sun 3 Sutra 314
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Sunday, February 24, 2019

Tula Rasi: 10.34 Tithi 20 - 21

967273367

Creative Work Siddha Yoga

Until 10:21PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhdi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 4:26PM - 5:49PM
Yama 1:40PM - 3:03PM
Rahu 5:49PM - 7:12PM

Svati Until 10:21PM
Vridhdi Until 2:20PM
Gara Until 6:03PM
Panchami Until 6:43AM

Ganesha: White *Sunrise: 8:08AM*
Muruqa: Clear *Sunset: 7:12PM*
Nataraja: White
Moon - Green
Magha-Masi

Dushanbe, Tajikistan
Sun 4 Sutra 315
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Monday, February 25, 2019

Tula Rasi: 24.11 Tithi 22

977273367

Family Home Evening

Routine Work Marana Yoga

Until 10:34PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 3:03PM - 4:26PM
Yama 12:16PM - 1:40PM
Rahu 9:30AM - 10:53AM

Vishakha Until 10:34PM
Dhruva Until 12:25PM
Visti Until 5:18PM
Saptami Until 5:14AM Tue

Ganesha: Yellow *Sunrise: 8:06AM*
Muruqa: Clear *Sunset: 7:13PM*
Nataraja: White
Moon - Orange
Magha-Masi

Dushanbe, Tajikistan
Sun 5 Sutra 316
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

●

Tuesday, February 26, 2019

Retreat Star

Vrischika Rasi: 7.2 Tithi 23

977273367

Creative Work Siddha Yoga

Until 11:29PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:40PM - 3:03PM
Yama 10:52AM - 12:16PM
Rahu 4:27PM - 5:51PM

Anuradha Until 11:29PM
Vyaghata* Until 11:11AM
Balava Until 5:26PM
Ashtami* Until 5:47AM Wed

Ganesha: Yellow *Sunrise: 8:05AM*
Muruqa: Clear *Sunset: 7:14PM*
Nataraja: White
Moon - Orange
Magha-Masi

Dushanbe, Tajikistan
Sun 6 Sutra 317
Vilamba 5120
Moon 2 - Phase 43
Ashtami

Devaloka Day

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 20.04 Tithi 24

978273367

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila Karana Navamyam Titau

Gulika 12:15PM - 1:39PM
Yama 9:28AM - 10:51AM
Rahu 1:39PM - 3:03PM

Jyeshtha* Until 1:01AM Thu
Harshana Until 10:39AM
Taitila Until 6:23PM
Navami* Until 7:08AM Thu

Ganesha: Blue *Sunrise: 8:04AM*
Muruqa: Clear *Sunset: 7:15PM*
Nataraja: White
Moon - Orange
Magha-Masi

Dushanbe, Tajikistan
Sun 7 Sutra 318
Vilamba 5120
Moon 2 - Phase 43
Navami

Sivaloka Day

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 2.27	Tithi 24 – 25	Gulika 10:51AM – 12:15PM	Mula* Until 3:33AM Fri	Ganesha: Red	<i>Sunrise:</i> 8:02AM		
		Yama 8:02AM – 9:26AM	Vajra* Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 2 - Phase 44	
	988273367	Rahu 3:04PM – 4:28PM	Vanija Until 8:05PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 7:08AM	Moon – Light Blue		Devaloka Day	
Until 3:33AM Fri				Magha-Masi			
Then Routine Work - Prabalarishta Yoga							

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 14.33	Tithi 25 – 26	Gulika 9:24AM – 10:49AM	Purvashadha* Until 6:22AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:59AM		
		Yama 4:29PM – 5:53PM	Siddhi Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 2 - Phase 44	
	988273367	Rahu 12:14PM – 1:39PM	Bava Until 10:19PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga		Dashami Until 9:07AM	Moon – Light Blue		Devaloka Day	
Until 6:22AM Sat				Magha-Masi			
Then Routine Work - Marana Yoga							

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 26.28	Tithi 26 – 27	Gulika 7:58AM – 9:23AM	Purvashadha* Until 6:22AM	Ganesha: Red	<i>Sunrise:</i> 7:58AM		
		Yama 3:04PM – 4:29PM	Vyatipata* Until 11:59AM	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 2 - Phase 44	
	988273367	Rahu 10:48AM – 12:14PM	Kaulava Until 12:55AM Sun	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:34AM	Moon – Light Blue		Devaloka Day	
Until 6:22AM				Magha-Masi			
Then Routine Work - Marana Yoga							

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Ularayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 8.17	Tithi 27 – 28	Gulika 4:29PM – 5:55PM	Uttarashadha Until 9:19AM	Ganesha: Red	<i>Sunrise:</i> 7:57AM		
		Yama 1:38PM – 3:04PM	Variyan Until 12:58PM	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 2 - Phase 44	
	988273367	Rahu 5:55PM – 7:20PM	Gara Until 3:39AM Mon	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 2:15PM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Ularayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 20.03	Tithi 28 – 29	Gulika 3:04PM – 4:30PM	Shravana Until 12:40PM	Ganesha: Yellow	<i>Sunrise:</i> 7:55AM		
Family Home Evening		Yama 12:12PM – 1:38PM	Parigha* Until 2:02PM	Muruqa: Clear	<i>Sunset:</i> 7:21PM	Moon 2 - Phase 44	
	998273367	Rahu 9:21AM – 10:47AM	Visti Until 6:22AM Tue	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 5:00PM	Moon – Purple		Devaloka Day	
Until 12:40PM				Magha-Masi			
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)					
		Mahasivaratri (Solar)					

6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Ularayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 1.5	Tithi 29	Gulika 1:38PM – 3:04PM	Dhanishtha Until 3:47PM	Ganesha: White	<i>Sunrise:</i> 7:54AM		
		Yama 10:46AM – 12:12PM	Shiva Until 3:03PM	Muruqa: Clear	<i>Sunset:</i> 7:22PM	Moon 2 - Phase 44	
	999273367	Rahu 4:30PM – 5:56PM	Visti Until 6:22AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:39PM	Moon – Purple		Bhuloka Day	
Until 3:47PM				Magha-Masi		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Dushanbe, Tajikistan Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 13.4	Tithi 30	Gulika 12:11PM – 1:38PM	Shatabhishak Until 6:33PM	Ganesha: Clear	<i>Sunrise:</i> 7:52AM		
		Yama 9:19AM – 10:45AM	Siddha Until 3:53PM	Muruqa: Clear	<i>Sunset:</i> 7:23PM	Moon 2 - Phase 44	
	199273367	Rahu 1:38PM – 3:04PM	Catuspada Until 8:56AM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 10:06PM	Moon – Purple		Devaloka Day	
Until 6:33PM				Magha-Masi			
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Dushanbe, Tajikistan Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 25.37	Tithi 1	Gulika 10:44AM – 12:11PM	Purvaproshtapada* Until 9:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:51AM		
		Yama 7:51AM – 9:17AM	Sadhya Until 4:32PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 2 - Phase 44	
	119373367	Rahu 3:04PM – 4:31PM	Kintughna Until 11:14AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:15AM Fri	Moon – Clear		Devaloka Day	
				Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Friday, March 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 7.39	Tithi 2	Gulika 9:16AM – 10:43AM	Uttaraproshtapada Until 11:46PM	Ganesha: Yellow	<i>Sunrise:</i> 7:49AM	Muruqa: Clear	<i>Sunset:</i> 7:25PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 4:31PM – 5:58PM	Subha Until 4:58PM	Nataraja: White		Moon – Clear		Devaloka Day
		119373367 Rahu 12:10PM – 1:37PM	Balava Until 1:13PM					
			Dvitiya Until 2:04AM Sat	Phalguna-Masi				
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 19.5	Tithi 3	Gulika 7:48AM – 9:15AM	Revati Until 1:38AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:48AM	Muruqa: Clear	<i>Sunset:</i> 7:26PM	Moon 2 - Phase 45 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 3:04PM – 4:32PM	Sukla Until 5:07PM	Nataraja: White		Moon – Clear		Devaloka Day
Until 1:38AM Sun		119373367 Rahu 10:42AM – 12:10PM	Taitila Until 2:53PM					
Then Creative Work - Siddha Yoga			Tritiya Until 3:33AM Sun	Phalguna-Masi				
			Subramuniyaswami Siva Vision Day					
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 2.1	Tithi 4	Gulika 4:32PM – 6:00PM	Ashvini Until 3:27AM Mon	Ganesha: Red	<i>Sunrise:</i> 7:46AM	Muruqa: Clear	<i>Sunset:</i> 7:27PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 1:37PM – 3:05PM	Brahma Until 4:59PM	Nataraja: White		Moon – White		Devaloka Day
		129373367 Rahu 6:00PM – 7:27PM	Vanija Until 4:09PM					
			Chaturthi* Until 4:38AM Mon	Phalguna-Masi				
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Valdhriti* Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 14.4	Tithi 5	Gulika 3:05PM – 4:33PM	Bharani Until 4:41AM Tue	Ganesha: Red	<i>Sunrise:</i> 7:45AM	Muruqa: Clear	<i>Sunset:</i> 7:28PM	Moon 2 - Phase 45 3rd Phase
Family Home Evening		Yama 12:09PM – 1:37PM	Indra Until 4:34PM	Nataraja: White		Moon – White		Devaloka Day
Creative Work	Siddha Yoga	129373367 Rahu 9:13AM – 10:41AM	Bava Until 5:01PM					
			Panchami Until 5:16AM Tue	Phalguna-Masi				
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 27.21	Tithi 6	Gulika 1:36PM – 3:05PM	Krittika Until 5:17AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:43AM	Muruqa: Clear	<i>Sunset:</i> 7:29PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 10:40AM – 12:08PM	Vaidhriti* Until 3:45PM	Nataraja: White		Moon – White		Devaloka Day
		129373367 Rahu 4:33PM – 6:01PM	Kaulava Until 5:25PM					
			Shashthi* Until 5:24AM Wed	Phalguna-Masi				
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 10.17	Tithi 7	Gulika 12:07PM – 1:36PM	Rohini Until 5:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:42AM	Muruqa: Clear	<i>Sunset:</i> 7:30PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 9:10AM – 10:39AM	Vishkambha* Until 2:33PM	Nataraja: White		Moon – Yellow		Sivaloka Day
Until 5:39AM Thu		131373367 Rahu 1:36PM – 3:05PM	Gara Until 5:17PM					
Then Routine Work - Marana Yoga			Saptami Until 4:59AM Thu	Phalguna-Masi				
☾		Thursday, March 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 23.31	Tithi 8	Gulika 10:38AM – 12:07PM	Mrigashira Until 5:15AM Fri	Ganesha: Purple	<i>Sunrise:</i> 7:40AM	Muruqa: Clear	<i>Sunset:</i> 7:31PM	Moon 2 - Phase 45 Ashtami
Routine Work	Marana Yoga	Yama 7:40AM – 9:09AM	Priti Until 12:54PM	Nataraja: White		Moon – Yellow		Sivaloka Day
Until 5:15AM Fri		131373367 Rahu 3:05PM – 4:34PM	Visti Until 4:33PM					
Then Creative Work - Siddha Yoga			Ashtami* Until 3:56AM Fri	Phalguna-Masi				
☽		Friday, March 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 7.05	Tithi 9	Gulika 9:08AM – 10:37AM	Ardra Until 4:07AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:39AM	Muruqa: Clear	<i>Sunset:</i> 7:32PM	Moon 2 - Phase 45 Navami
Creative Work	Siddha Yoga	Yama 4:34PM – 6:03PM	Ayushman Until 10:44AM	Nataraja: White		Moon – Yellow		Sivaloka Day
		131373367 Rahu 12:06PM – 1:36PM	Balava Until 3:12PM					
			Navami* Until 2:17AM Sat	Phalguna-Panguni				
			Karadaiyan Nombu (Tamil Nadu)					

1		Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 24 Sutra 335 Vilamba 5120	
Mithuna Rasi: 21.01	Tithi 10	Gulika 7:37AM – 9:07AM	Punarvasu Until 2:41AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:37AM		
		Yama 3:05PM – 4:34PM	Saubhagya Until 8:05AM	Muruqa: Clear	<i>Sunset:</i> 7:33PM		Moon 2 - Phase 46
		141373368 Rahu 10:36AM – 12:06PM	Taitila Until 1:14PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:02AM Sun	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

2		Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 25 Sutra 336 Vilamba 5120	
Kataka Rasi: 5.19	Tithi 11	Gulika 4:35PM – 6:04PM	Pushya Until 12:36AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:36AM		
		Yama 1:35PM – 3:05PM	Athiganda* Until 1:29AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:33PM		Moon 2 - Phase 46
		141373368 Rahu 6:04PM – 7:34PM	Vanija Until 10:44AM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:16PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3		Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Dushanbe, Tajikistan Sun 26 Sutra 337 Vilamba 5120	
Kataka Rasi: 19.59	Tithi 12	Gulika 3:05PM – 4:35PM	Ashlesha* Until 10:01PM	Ganesha: Clear	<i>Sunrise:</i> 7:34AM		
Family Home Evening		Yama 12:05PM – 1:35PM	Sukarma Until 9:40PM	Muruqa: Clear	<i>Sunset:</i> 7:35PM		Moon 2 - Phase 46
		141373368 Rahu 9:04AM – 10:34AM	Bava Until 7:45AM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:07PM	Moon – Blue		Sivaloka Day	
Until 10:01PM		Yogaswami Mahasamadhi		Phalguna•Panguni			
Then Routine Work - Marana Yoga							

4		Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 27 Sutra 338 Vilamba 5120	
Simha Rasi: 4.53	Tithi 13 – 14	Gulika 1:34PM – 3:05PM	Magha* Until 7:27PM	Ganesha: White	<i>Sunrise:</i> 7:33AM		
		Yama 10:33AM – 12:04PM	Dhriti Until 5:40PM	Muruqa: Clear	<i>Sunset:</i> 7:36PM		Moon 2 - Phase 46
		151373368 Rahu 4:35PM – 6:06PM	Gara Until 12:56AM Wed	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:41PM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			
				<i>Pradosha Vrata</i>			

		Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Dushanbe, Tajikistan Sutra 339 Vilamba 5120	
Copper Retreat Star		Gulika 12:03PM – 1:34PM	Purvaphalguni Until 4:40PM	Ganesha: White	<i>Sunrise:</i> 7:31AM		
Simha Rasi: 19.57	Tithi 14 – 15	Yama 9:02AM – 10:33AM	Shula* Until 1:34PM	Muruqa: Clear	<i>Sunset:</i> 7:37PM		Moon 2 - Phase 46
		151373368 Rahu 1:34PM – 3:05PM	Visti Until 9:23PM	Nataraja: Clear			Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 11:08AM	Moon – Red		Subha Sivaloka Day	
		Panguni Uttiram		Phalguna•Panguni			
		Holi					

Thursday, March 21, 2019		Silver Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Dushanbe, Tajikistan Sutra 340 Vilamba 5120	
Kanya Rasi: 5.01	Tithi 15 – 16	Gulika 10:32AM – 12:03PM	Uttaraphalguni Until 1:50PM	Ganesha: White	<i>Sunrise:</i> 7:29AM		
		Yama 7:29AM – 9:01AM	Ganda* Until 9:31AM	Muruqa: Clear	<i>Sunset:</i> 7:38PM		Moon 2 - Phase 46
		151373368 Rahu 3:05PM – 4:36PM	Kaulava Until 4:19AM Fri	Nataraja: Clear			Prathama
			Purnima* Until 7:37AM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			
Until 1:50PM							
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan
Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Kanya Rasi: 19.55 Tilthi 17
161383368
Creative Work Amrita Yoga
Until 11:33AM
Then Creative Work - Siddha Yoga

Gulika 8:59AM – 10:31AM
Yama 4:36PM – 6:08PM
Rahu 12:02PM – 1:33PM

Hasta Until 11:33AM
Dhruva Until 2:08AM Sat
Taitila Until 2:49PM
Dvitiya Until 1:24AM Sat

Ganesha: Yellow *Sunrise:* 7:28AM
Muruqa: White *Sunset:* 7:39PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Tula Rasi: 4.31 Tilthi 18
161383368
Routine Work Marana Yoga
Until 9:33AM
Then Creative Work - Siddha Yoga

Gulika 7:26AM – 8:58AM
Yama 3:05PM – 4:37PM
Rahu 10:30AM – 12:01PM

Chitra Until 9:33AM
Vyaghata* Until 11:03PM
Vanija Until 12:09PM
Tritiya Until 11:02PM

Ganesha: Yellow *Sunrise:* 7:26AM
Muruqa: White *Sunset:* 7:40PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Devaloka Day

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthayam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Tula Rasi: 18.44 Tilthi 19
162383368
Creative Work Siddha Yoga
Until 8:02AM
Then Routine Work - Marana Yoga

Gulika 4:37PM – 6:09PM
Yama 1:33PM – 3:05PM
Rahu 6:09PM – 7:41PM

Svati Until 8:02AM
Harshana Until 8:33PM
Bava Until 10:07AM
Chaturthi* Until 9:21PM

Ganesha: Blue *Sunrise:* 7:25AM
Muruqa: White *Sunset:* 7:41PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Vrischika Rasi: 2.28 Tilthi 20
172383368
Family Home Evening
Routine Work Marana Yoga
Until 7:31AM
Then Creative Work - Siddha Yoga

Gulika 3:05PM – 4:37PM
Yama 12:00PM – 1:33PM
Rahu 8:56AM – 10:28AM

Vishakha Until 7:31AM
Vajra* Until 6:41PM
Kaulava Until 8:50AM
Panchami Until 8:29PM

Ganesha: Red *Sunrise:* 7:23AM
Muruqa: White *Sunset:* 7:42PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Vrischika Rasi: 15.43 Tilthi 21
172383368
Creative Work Siddha Yoga
Until 7:43AM
Then Routine Work - Marana Yoga

Gulika 1:32PM – 3:05PM
Yama 10:27AM – 12:00PM
Rahu 4:38PM – 6:10PM

Anuradha Until 7:43AM
Siddhi Until 5:31PM
Gara Until 8:24AM
Shashthi* Until 8:30PM

Ganesha: Red *Sunrise:* 7:22AM
Muruqa: White *Sunset:* 7:43PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saplamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Vrischika Rasi: 28.32 Tilthi 22
172383368
Creative Work Siddha Yoga
Until 8:37AM
Then Routine Work - Marana Yoga

Gulika 11:59AM – 1:32PM
Yama 8:53AM – 10:26AM
Rahu 1:32PM – 3:05PM

Jyeshtha* Until 8:37AM
Vyatipata* Until 5:02PM
Visti Until 8:52AM
Saptami Until 9:24PM

Ganesha: Red *Sunrise:* 7:20AM
Muruqa: White *Sunset:* 7:44PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

D

Thursday, March 28, 2019
Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Dhanus Rasi: 10.58 Tilthi 23
182383368
Creative Work Siddha Yoga

Gulika 10:25AM – 11:58AM
Yama 7:19AM – 8:52AM
Rahu 3:05PM – 4:38PM

Mula* Until 10:38AM
Variyan Until 5:09PM
Balava Until 10:10AM
Ashtami* Until 11:04PM

Ganesha: Green *Sunrise:* 7:19AM
Muruqa: White *Sunset:* 7:45PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 348
Vilamba 5120
Moon 3 - Phase 47
Navami

Dhanus Rasi: 23.05 Tilthi 24
182383468
Routine Work Prabalarishta Yoga
Until 1:10PM
Then Routine Work - Marana Yoga

Gulika 8:51AM – 10:24AM
Yama 4:39PM – 6:12PM
Rahu 11:58AM – 1:31PM

Purvashadha* Until 1:10PM
Parigha* Until 5:45PM
Taitila Until 12:09PM
Navami* Until 1:19AM Sat

Ganesha: Green *Sunrise:* 7:17AM
Muruqa: Yellow *Sunset:* 7:46PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Devaloka Day

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visli* Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 349 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Makara Rasi: 5	Tithi 25	Gulika 7:16AM – 8:49AM	Uttarashadha Until 3:57PM	Ganesha: Green	<i>Sunrise:</i> 7:16AM		
		Yama 3:05PM – 4:39PM	Shiva Until 6:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:47PM		
	182383468	Rahu 10:23AM – 11:57AM	Vanija Until 2:36PM	Nataraja: Purple			
Routine Work	Marana Yoga		Dashami Until 3:54AM Sun	Moon – Light Blue		Devaloka Day	
Until 3:57PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 350 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Makara Rasi: 16.49	Tithi 26	Gulika 4:39PM – 6:13PM	Shravana Until 7:17PM	Ganesha: Orange	<i>Sunrise:</i> 7:14AM		
		Yama 1:31PM – 3:05PM	Siddha Until 7:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM		
	192383468	Rahu 6:13PM – 7:48PM	Bava Until 5:17PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Ekadashi* Until 6:36AM Mon	Moon – Purple		Sivaloka Day	
Until 7:17PM				Phalguna-Panguni			
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 351 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Makara Rasi: 28.35	Tithi 26 – 27	Gulika 3:05PM – 4:39PM	Dhanishtha Until 10:25PM	Ganesha: Green	<i>Sunrise:</i> 7:14AM		
Family Home Evening		Yama 11:57AM – 1:31PM	Sadhya Until 8:47PM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM		
	192483468	Rahu 8:48AM – 10:22AM	Kaulava Until 7:56PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Ekadashi* Until 6:36AM	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

4		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 352 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Kumbha Rasi: 10.24	Tithi 27 – 28	Gulika 1:30PM – 3:05PM	Shatabhishak Until 1:10AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:12AM		
		Yama 10:21AM – 11:56AM	Subha Until 9:41PM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM		
	192483468	Rahu 4:39PM – 6:14PM	Gara Until 10:23PM	Nataraja: Purple			
Routine Work	Marana Yoga		Dvadashi* Until 9:11AM	Moon – Purple		Subha Sivaloka Day	
Until 1:10AM Wed				Phalguna-Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 12 Sutra 353 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Kumbha Rasi: 22.19	Tithi 28 – 29	Gulika 11:55AM – 1:30PM	Purvaproshtapada* Until 3:55AM Thu	Ganesha: Orange	<i>Sunrise:</i> 7:11AM		
		Yama 8:46AM – 10:21AM	Sukla Until 10:17PM	Muruqa: Yellow	<i>Sunset:</i> 7:49PM		
	112483468	Rahu 1:30PM – 3:05PM	Visli Until 12:30AM Thu	Nataraja: Purple			
Creative Work	Amrita Yoga		Trayodashi* Until 11:28AM	Moon – Clear		Sivaloka Day	
Until 3:55AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Dushanbe, Tajikistan Sun 13 Sutra 354 Vilamba 5120 Moon 3 - Phase 48 Amavasya	
Retreat Star		Gulika 10:20AM – 11:55AM	Uttaraproshtapada Until 6:06AM Fri	Ganesha: Orange	<i>Sunrise:</i> 7:09AM		
Meena Rasi: 4.23	Tithi 29 – 30	Yama 7:09AM – 8:45AM	Brahma Until 10:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM		
	112483468	Rahu 3:05PM – 4:40PM	Catuspada Until 2:11AM Fri	Nataraja: Purple			
Creative Work	Siddha Yoga		Chaturdashi* Until 1:22PM	Moon – Clear		Sivaloka Day	
				Phalguna-Panguni			

Friday, April 5, 2019		Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Dushanbe, Tajikistan Sun 14 Sutra 355 Vilamba 5120 Moon 3 - Phase 48 Prathama	
Meena Rasi: 16.36	Tithi 30 – 1	Gulika 8:43AM – 10:19AM	Uttaraproshtapada Until 6:06AM	Ganesha: Orange	<i>Sunrise:</i> 7:08AM		
		Yama 4:40PM – 6:16PM	Indra Until 10:37PM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM		
	112483468	Rahu 11:54AM – 1:30PM	Kintughna Until 3:27AM Sat	Nataraja: Purple			
Creative Work	Siddha Yoga		Amavasya* Until 2:51PM	Moon – Clear		Sivaloka Day	
		Yugadhi		Chaitra-Panguni			

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Dushanbe, Tajikistan Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 29.01	Tithi 1 – 2	Gulika 7:06AM – 8:42AM	Revati Until 7:42AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:06AM		
		Yama 3:05PM – 4:41PM	Vaidhriti* Until 10:15PM	Muruqa: Yellow	<i>Sunset:</i> 7:52PM	Moon 3 - Phase 49	
		113483468 Rahu 10:18AM – 11:54AM	Balava Until 4:17AM Sun	Nataraja: Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 3:54PM	Moon – Clear			Devaloka Day
Until 7:42AM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Dushanbe, Tajikistan Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.37	Tithi 2 – 3	Gulika 4:41PM – 6:17PM	Ashvini Until 9:13AM	Ganesha: Purple	<i>Sunrise:</i> 7:05AM		
		Yama 1:29PM – 3:05PM	Vishkambha* Until 9:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Moon 3 - Phase 49	
		123483468 Rahu 6:17PM – 7:53PM	Taitila Until 4:42AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 4:31PM	Moon – White			Devaloka Day
Until 9:13AM				Chaitra•Panguni			
Then Routine Work - Prabalarishta Yoga							

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Dushanbe, Tajikistan Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.24	Tithi 3 – 4	Gulika 3:05PM – 4:41PM	Bharani Until 10:12AM	Ganesha: Purple	<i>Sunrise:</i> 7:03AM		
Family Home Evening		Yama 11:52AM – 1:29PM	Priti Until 8:40PM	Muruqa: Yellow	<i>Sunset:</i> 7:54PM	Moon 3 - Phase 49	
		123483468 Rahu 8:40AM – 10:16AM	Vanija Until 4:45AM Tue	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 4:45PM	Moon – White			Devaloka Day
Until 10:12AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Dushanbe, Tajikistan Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.22	Tithi 4 – 5	Gulika 1:28PM – 3:05PM	Krittika Until 10:39AM	Ganesha: Purple	<i>Sunrise:</i> 7:02AM		
		Yama 10:15AM – 11:52AM	Ayushman Until 7:25PM	Muruqa: Yellow	<i>Sunset:</i> 7:55PM	Moon 3 - Phase 49	
		123483468 Rahu 4:42PM – 6:18PM	Bava Until 4:26AM Wed	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 4:37PM	Moon – White			Devaloka Day
Until 10:39AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Dushanbe, Tajikistan Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.31	Tithi 5 – 6	Gulika 11:51AM – 1:28PM	Rohini Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 7:00AM		
		Yama 8:37AM – 10:14AM	Saubhagya Until 5:53PM	Muruqa: Yellow	<i>Sunset:</i> 7:56PM	Moon 3 - Phase 49	
		133483468 Rahu 1:28PM – 3:05PM	Kaulava Until 3:44AM Thu	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 4:07PM	Moon – Yellow			Sivaloka Day
				Chaitra•Panguni			

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Dushanbe, Tajikistan Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 3.53	Tithi 6 – 7	Gulika 10:13AM – 11:51AM	Mrigashira Until 10:56AM	Ganesha: Clear	<i>Sunrise:</i> 6:59AM		
		Yama 6:59AM – 8:36AM	Sobhana Until 4:04PM	Muruqa: Yellow	<i>Sunset:</i> 7:57PM	Moon 3 - Phase 49	
		133483468 Rahu 3:05PM – 4:42PM	Gara Until 2:39AM Fri	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 3:14PM	Moon – Yellow			Sivaloka Day
				Chaitra•Panguni			

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Dushanbe, Tajikistan Sun 21 Sutra 362 Vilamba 5120
Retreat Star		Gulika 8:35AM – 10:12AM	Ardra Until 10:16AM	Ganesha: Clear	<i>Sunrise:</i> 6:57AM		
Mithuna Rasi: 17.28	Tithi 7 – 8	Yama 4:43PM – 6:20PM	Athiganda* Until 1:53PM	Muruqa: Yellow	<i>Sunset:</i> 7:58PM	Moon 3 - Phase 49	
		133483468 Rahu 11:50AM – 1:28PM	Visti Until 1:08AM Sat	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 1:56PM	Moon – Yellow			Sivaloka Day
				Chaitra•Panguni			

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Dushanbe, Tajikistan Sun 22 Sutra 363 Vilamba 5120
Retreat Star		Gulika 6:56AM – 8:34AM	Punarvasu Until 9:29AM	Ganesha: White	<i>Sunrise:</i> 6:56AM		
Kataka Rasi: 1.17	Tithi 8 – 9	Yama 3:05PM – 4:43PM	Sukarma Until 11:23AM	Muruqa: Yellow	<i>Sunset:</i> 7:59PM	Moon 3 - Phase 49	
		143483468 Rahu 10:12AM – 11:49AM	Balava Until 11:13PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 12:13PM	Moon – Blue			Devaloka Day
		Sri Rama Navami		Chaitra•Panguni			

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Dushanbe, Tajikistan Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 15.23	Tithi 9 – 10	Gulika 4:43PM – 6:22PM	Pushya Until 8:09AM	Ganesha: White <i>Sunrise:</i> 6:54AM	
		Yama 1:27PM – 3:05PM	Dhriti Until 8:35AM	Muruqa: Yellow <i>Sunset:</i> 8:00PM	Moon 3 - Phase 1
143483468	Rahu 6:22PM – 8:00PM		Taitila Until 8:55PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	
		Tamil New Year	Navami* Until 10:06AM	Chaitra*Chaitra	Devaloka Day

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Dushanbe, Tajikistan Sun 24 Sutra 1 Vikarin 5121
Kataka Rasi: 29.43	Tithi 10 – 11	Gulika 3:05PM – 4:44PM	Ashlesha* Until 6:19AM	Ganesha: Clear <i>Sunrise:</i> 6:53AM	
Family Home Evening	243483468	Yama 11:48AM – 1:27PM	Ganda* Until 2:05AM Tue	Muruqa: Yellow <i>Sunset:</i> 8:01PM	Moon 3 - Phase 1
Creative Work	Siddha Yoga	Rahu 8:31AM – 10:10AM	Vanija Until 6:16PM	Nataraja: Purple	4th Phase
Until 6:19AM			Dashami Until 7:37AM	Moon – Blue	
Then Routine Work - Marana Yoga				Chaitra*Chaitra	Sivaloka Day

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau			Dushanbe, Tajikistan Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 14.16	Tithi 12	Gulika 1:27PM – 3:05PM	Purvaphalguni Until 2:16AM Wed	Ganesha: White <i>Sunrise:</i> 6:52AM	
		Yama 10:09AM – 11:48AM	Vriddhi Until 10:33PM	Muruqa: Yellow <i>Sunset:</i> 8:02PM	Moon 3 - Phase 1
253483468	Rahu 4:44PM – 6:23PM		Bava Until 3:23PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:52AM Wed	Moon – Red	
Until 2:16AM Wed				Chaitra*Chaitra	Devaloka Day
Then Creative Work - Amrita Yoga					

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Dushanbe, Tajikistan Sun 26 Sutra 3 Vikarin 5121
Simha Rasi: 28.56	Tithi 13	Gulika 11:47AM – 1:26PM	Uttaraphalguni Until 11:53PM	Ganesha: White <i>Sunrise:</i> 6:50AM	
		Yama 8:29AM – 11:08AM	Dhruva Until 6:56PM	Muruqa: Yellow <i>Sunset:</i> 8:03PM	Moon 3 - Phase 1
253483468	Rahu 1:26PM – 3:05PM		Kaulava Until 12:22PM	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 10:50PM	Moon – Red	
Until 11:53PM				Chaitra*Chaitra	Devaloka Day
Then Routine Work - Marana Yoga			Pradosha Vrata		

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau			Dushanbe, Tajikistan Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 13.39	Tithi 14	Gulika 10:07AM – 11:47AM	Hasta Until 9:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:49AM	
		Yama 6:49AM – 8:28AM	Vyaghata* Until 3:22PM	Muruqa: Yellow <i>Sunset:</i> 8:03PM	Moon 3 - Phase 1
263483468	Rahu 3:05PM – 4:45PM		Gara Until 9:22AM	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 7:53PM	Moon – Green	
Until 9:51PM				Chaitra*Chaitra	Sivaloka Day
Then Creative Work - Siddha Yoga					

○ Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau			Dushanbe, Tajikistan Sutra 5 Vikarin 5121
Copper Retreat Star		Gulika 8:27AM – 10:07AM	Chitra Until 7:56PM	Ganesha: Yellow <i>Sunrise:</i> 6:47AM	
Kanya Rasi: 28.16	Tithi 15 – 16	Yama 4:45PM – 6:25PM	Harshana Until 11:59AM	Muruqa: Yellow <i>Sunset:</i> 8:04PM	Moon 3 - Phase 1
263483468	Rahu 11:46AM – 1:26PM		Visti Until 6:30AM	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:09PM	Moon – Green	
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra	Sivaloka Day
		Hanuman Jayanti			

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Dushanbe, Tajikistan Sutra 6 Vikarin 5121
Silver Retreat Star		Gulika 6:46AM – 8:26AM	Svati Until 6:17PM	Ganesha: Red <i>Sunrise:</i> 6:46AM	
Tula Rasi: 12.4	Tithi 16 – 17	Yama 3:06PM – 4:45PM	Vajra* Until 8:51AM	Muruqa: Yellow <i>Sunset:</i> 8:05PM	Moon 3 - Phase 1
264483468	Rahu 10:06AM – 11:46AM		Taitila Until 1:51AM Sun	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:49PM	Moon – Green	
				Chaitra*Chaitra	Sivaloka Day