



Tuesday, May 1, 2018  
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyalipata/Variyan Yoga Kaulava/Taitila Karana Pratham/Dvitiyayam Titau

Chennai, India

Sutra 16

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Tula Rasi: 28.07 Tithi 16 - 17

Gulika 12:07PM - 1:41PM  
Yama 8:58AM - 10:32AM  
Rahu 3:15PM - 4:50PM

Vishakha Until 3:53PM  
Vyatipata\* Until 9:36AM  
Taitila Until 7:10PM

Ganesha: Purple  
Muruqa: White  
Nataraja: Purple  
Moon - Orange

Sunrise: 5:49AM  
Sunset: 6:24PM

Bhuloka Day

Routine Work Marana Yoga

Until 3:53PM

Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 17

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 10.41 Tithi 17 - 18

Gulika 10:32AM - 12:06PM  
Yama 7:23AM - 8:57AM  
Rahu 12:06PM - 1:41PM

Anuradha Until 5:35PM  
Variyan Until 9:18AM  
Vanija Until 8:19PM  
Dvitiya Until 7:39AM

Ganesha: Purple  
Muruqa: White  
Nataraja: Purple  
Moon - Orange

Sunrise: 5:48AM  
Sunset: 6:25PM

Bhuloka Day

Creative Work Siddha Yoga

2 Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Chennai, India

Sun 2 Sutra 18

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 23 Tithi 18 - 19

Gulika 8:57AM - 10:32AM  
Yama 5:48AM - 7:23AM  
Rahu 1:41PM - 3:16PM

Jyeshtha\* Until 7:38PM  
Parigha\* Until 9:26AM  
Bava Until 10:00PM  
Tritiya Until 9:04AM

Ganesha: Clear  
Muruqa: White  
Nataraja: Purple  
Moon - Orange

Sunrise: 5:48AM  
Sunset: 6:25PM

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 7:38PM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to 12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 19

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 5.07 Tithi 19 - 20

Gulika 7:22AM - 8:57AM  
Yama 3:16PM - 4:50PM  
Rahu 10:32AM - 12:06PM

Mula\* Until 10:29PM  
Shiva Until 9:58AM  
Kaulava Until 12:09AM Sat  
Chaturthi\* Until 11:00AM

Ganesha: White  
Muruqa: White  
Nataraja: Purple  
Moon - Light Blue

Sunrise: 5:48AM  
Sunset: 6:25PM

Devaloka Day

Creative Work Amrita Yoga

Until 10:29PM

Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 20

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 17.03 Tithi 20 - 21

Gulika 5:47AM - 7:22AM  
Yama 1:41PM - 3:16PM  
Rahu 8:57AM - 10:31AM

Purvashadha\* Until 1:29AM Sun  
Siddha Until 10:47AM  
Gara Until 2:37AM Sun  
Panchami Until 1:20PM

Ganesha: White  
Muruqa: White  
Nataraja: Purple  
Moon - Light Blue

Sunrise: 5:47AM  
Sunset: 6:25PM

Devaloka Day

Creative Work Siddha Yoga

Until 1:29AM Sun

Then Creative Work - Amrita Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 5 Sutra 21

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 28.53 Tithi 21 - 22

Gulika 3:16PM - 4:51PM  
Yama 12:06PM - 1:41PM  
Rahu 4:51PM - 6:25PM

Uttarashadha Until 4:25AM Mon  
Sadhya Until 11:48AM  
Visti Until 5:12AM Mon  
Shashthi\* Until 3:53PM

Ganesha: White  
Muruqa: White  
Nataraja: Purple  
Moon - Light Blue

Sunrise: 5:47AM  
Sunset: 6:25PM

Devaloka Day

Creative Work Amrita Yoga

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Chennai, India

Sun 6 Sutra 22

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Makara Rasi: 10.41 Tithi 22

Gulika 1:41PM - 3:16PM  
Yama 10:31AM - 12:06PM  
Rahu 7:21AM - 8:56AM

Shravana Until 7:34AM Tue  
Subha Until 12:52PM  
Bava Until 6:26PM  
Saptami Until 6:26PM

Ganesha: Yellow  
Muruqa: White  
Nataraja: Purple  
Moon - Purple

Sunrise: 5:46AM  
Sunset: 6:26PM

Bhuloka Day

Creative Work Amrita Yoga

Until 7:34AM Tue

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to 12:PM

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Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 7 Sutra 23

Vilamba 5120

Moon 4 - Phase 3

Ashtami

Makara Rasi: 22.32 Tithi 23

Gulika 12:06PM - 1:41PM  
Yama 8:56AM - 10:31AM  
Rahu 3:16PM - 4:51PM

Shravana Until 7:34AM  
Sukla Until 1:44PM  
Balava Until 7:38AM  
Ashtami\* Until 8:42PM

Ganesha: Yellow  
Muruqa: White  
Nataraja: Purple  
Moon - Purple

Sunrise: 5:46AM  
Sunset: 6:26PM

Bhuloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

Devaloka Time: 9:AM to 12:PM

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhisak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 8 Sutra 24

Vilamba 5120

Moon 4 - Phase 3

Navami

Kumbha Rasi: 4.33 Tithi 24

Gulika 10:31AM - 12:06PM  
Yama 7:21AM - 8:56AM  
Rahu 12:06PM - 1:41PM

Dhanishtha Until 10:10AM  
Brahma Until 2:16PM  
Taitila Until 9:40AM  
Navami\* Until 10:27PM

Ganesha: Yellow  
Muruqa: White  
Nataraja: Purple  
Moon - Purple

Sunrise: 5:46AM  
Sunset: 6:26PM

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 10:10AM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to 12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Chennai, India
	Kumbha Rasi: 16.47	Tithi 25	Sun 9	Sutra 25			
	294832369	Rahu	8:56AM – 10:31AM	<b>Shatabhishak</b> Until 12:00PM	Ganesha: Yellow	Sunrise: 5:45AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 5:45AM – 7:20AM	Indra Until 2:19PM	Muruga: White	Sunset: 6:26PM	Moon 4 - Phase 4
		294832369	Rahu 1:41PM – 3:16PM	Vanija Until 11:05AM	Nataraja: Purple	2nd Phase	
			Dashami Until 11:30PM	Moon – Purple	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	
				Vaisaka-Chaitra			

<b>2</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India
	Kumbha Rasi: 29.22	Tithi 26	Sun 10	Sutra 26			
	214832369	Rahu	7:20AM – 8:55AM	<b>Purvaproshtapada*</b> Until 1:25PM	Ganesha: Yellow	Sunrise: 5:45AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 3:16PM – 4:51PM	Vaidhriti* Until 1:44PM	Muruga: White	Sunset: 6:26PM	Moon 4 - Phase 4
			214832369	Rahu 10:31AM – 12:06PM	Nataraja: Purple	2nd Phase	
			Bava Until 11:44AM	Moon – Clear	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	
			Ekadashi* Until 11:44PM	Vaisaka-Chaitra			

<b>3</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Chennai, India
	Meena Rasi: 12.19	Tithi 27	Sun 11	Sutra 27			
	214932369	Rahu	5:45AM – 7:20AM	<b>Uttaraproshtapada</b> Until 1:52PM	Ganesha: Blue	Sunrise: 5:45AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 1:41PM – 3:16PM	Vishkambha* Until 12:31PM	Muruga: White	Sunset: 6:27PM	Moon 4 - Phase 4
			214932369	Rahu 8:55AM – 10:31AM	Nataraja: Purple	2nd Phase	
			Kaulava Until 11:33AM	Moon – Clear	<b>Bhuloka Day</b>		
			Dvadashi* Until 11:09PM	Vaisaka-Chaitra			

<b>4</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India
	Meena Rasi: 25.42	Tithi 28	Sun 12	Sutra 28			
	214932369	Rahu	3:16PM – 4:52PM	<b>Revati</b> Until 1:23PM	Ganesha: Blue	Sunrise: 5:45AM	Vilamba 5120
	Creative Work	Amrita Yoga	Yama 12:06PM – 1:41PM	Priti Until 10:40AM	Muruga: White	Sunset: 6:27PM	Moon 4 - Phase 4
			214932369	Rahu 4:52PM – 6:27PM	Nataraja: Purple	2nd Phase	
			Gara Until 10:35AM	Moon – Clear	<b>Bhuloka Day</b>		
			Trayodashi* Until 9:48PM	Vaisaka-Chaitra			
			Pradosha Vrata (Fasting)				

<b>5</b>	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India
	Mesha Rasi: 9.3	Tithi 29	Sun 13	Sutra 29			
	224932369	Rahu	1:41PM – 3:16PM	<b>Ashvini</b> Until 12:31PM	Ganesha: Blue	Sunrise: 5:44AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 10:30AM – 12:06PM	Ayushman Until 8:15AM	Muruga: White	Sunset: 6:27PM	Moon 4 - Phase 4
			224932369	Rahu 7:20AM – 8:55AM	Nataraja: Purple	2nd Phase	
			Visti Until 8:54AM	Moon – White	<b>Bhuloka Day</b>		
			Chaturdashi* Until 7:50PM	Vaisaka-Chaitra			

	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Chennai, India
	<b>Retreat Star</b>		Sun 14	Sutra 30			
	Mesha Rasi: 23.41	Tithi 30 – 1	Gulika 12:06PM – 1:41PM	<b>Bharani</b> Until 10:58AM	Ganesha: Blue	Sunrise: 5:44AM	Vilamba 5120
	224932369	Rahu	Yama 8:55AM – 10:30AM	Sobhana Until 2:07AM Wed	Muruga: White	Sunset: 6:27PM	Moon 4 - Phase 4
			224932369	Rahu 3:17PM – 4:52PM	Nataraja: Purple	Amavasya	
			Catuspada Until 6:39AM	Moon – White	<b>Bhuloka Day</b>		
			Amavasya* Until 5:21PM	Vaisaka-Vaikasi			

<b>Retreat Star</b>	<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Chennai, India
	<b>Retreat Star</b>		Sun 15	Sutra 31			
	Vrishabha Rasi: 8.1	Tithi 1 – 2	Gulika 10:30AM – 12:06PM	<b>Krittika</b> Until 8:52AM	Ganesha: Red	Sunrise: 5:44AM	Vilamba 5120
	225932369	Rahu	Yama 7:19AM – 8:55AM	Athiganda* Until 10:38PM	Muruga: White	Sunset: 6:28PM	Moon 4 - Phase 4
			225932369	Rahu 12:06PM – 1:41PM	Nataraja: Purple	Prathama	
			Balava Until 1:03AM Thu	Moon – White	<b>Bhuloka Day</b>		
			Prathama* Until 2:31PM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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<b>1</b>	<b>Thursday, May 17, 2018</b>	Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau			Chennai, India Sun 16 Sutra 32 Vilamba 5120
	Vrishabha Rasi: 22.49    Tithi 2 – 3	<b>Gulika</b> 8:55AM – 10:30AM	<b>Rohini Until 6:50AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:44AM	
		Yama 5:44AM – 7:19AM	Sukarma Until 7:04PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:28PM	Moon 4 - Phase 5
	235932369 <b>Rahu</b> 1:41PM – 3:17PM		Taitila Until 10:00PM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work    Marana Yoga		<b>Dvitiya Until 11:31AM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Friday, May 18, 2018</b>	Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Chennai, India Sun 17 Sutra 33 Vilamba 5120
	Mithuna Rasi: 7.31    Tithi 3 – 4	<b>Gulika</b> 7:19AM – 8:55AM	<b>Ardra Until 2:16AM Sat</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:43AM	
		Yama 3:17PM – 4:53PM	Dhriti Until 3:30PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:28PM	Moon 4 - Phase 5
	235932369 <b>Rahu</b> 10:30AM – 12:06PM		Vanija Until 6:59PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work    Siddha Yoga		<b>Tritiya Until 8:28AM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Saturday, May 19, 2018</b>	Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau			Chennai, India Sun 18 Sutra 34 Vilamba 5120
	Mithuna Rasi: 22.11    Tithi 5	<b>Gulika</b> 5:43AM – 7:19AM	<b>Punarvasu Until 12:25AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM	
		Yama 1:41PM – 3:17PM	Shula* Until 12:02PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b> 8:54AM – 10:30AM		Bava Until 4:07PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work    Siddha Yoga		<b>Panchami Until 2:45AM Sun</b>	Moon – Blue	<b>Devaloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>		

<b>4</b>	<b>Sunday, May 20, 2018</b>	Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashtham Titau			Chennai, India Sun 19 Sutra 35 Vilamba 5120
	Kataka Rasi: 6.41    Tithi 6	<b>Gulika</b> 3:17PM – 4:53PM	<b>Pushya Until 10:43PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM	
		Yama 12:06PM – 1:42PM	Ganda* Until 8:46AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b> 4:53PM – 6:29PM		Kaulava Until 1:30PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work    Siddha Yoga		<b>Shashthi* Until 12:18AM Mon</b>	Moon – Blue	<b>Devaloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>		

<b>5</b>	<b>Monday, May 21, 2018</b>	Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau			Chennai, India Sun 20 Sutra 36 Vilamba 5120
	Kataka Rasi: 20.58    Tithi 7	<b>Gulika</b> 1:42PM – 3:17PM	<b>Ashlesha* Until 9:14PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM	
	<b>Family Home Evening</b>	Yama 10:30AM – 12:06PM	Dhruva Until 3:05AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b> 7:19AM – 8:54AM		Gara Until 11:13AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work    Siddha Yoga		<b>Saptami Until 10:12PM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 9:14PM			<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga					

<b>☾</b>	<b>Tuesday, May 22, 2018</b>	Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau			Chennai, India Sun 21 Sutra 37 Vilamba 5120
	<b>Retreat Star</b>	<b>Gulika</b> 12:06PM – 1:42PM	<b>Magha* Until 8:25PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:43AM	
	Simha Rasi: 5    Tithi 8	Yama 8:54AM – 10:30AM	Vyaghata* Until 12:43AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	Moon 4 - Phase 5
	255932369 <b>Rahu</b> 3:18PM – 4:54PM		Visti Until 9:19AM	<b>Nataraja:</b> Purple	Ashtami
Creative Work    Siddha Yoga		<b>Ashtami* Until 8:30PM</b>	Moon – Red	<b>Bhuloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM	

<b>☽</b>	<b>Wednesday, May 23, 2018</b>	Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau			Chennai, India Sun 22 Sutra 38 Vilamba 5120
	<b>Retreat Star</b>	<b>Gulika</b> 10:30AM – 12:06PM	<b>Purvaphalguni Until 7:53PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM	
	Simha Rasi: 18.47    Tithi 9	Yama 7:18AM – 8:54AM	Harshana Until 10:42PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:30PM	Moon 4 - Phase 5
	255932369 <b>Rahu</b> 12:06PM – 1:42PM		Balava Until 7:49AM	<b>Nataraja:</b> Purple	Navami
Creative Work    Amrita Yoga		<b>Navami* Until 7:12PM</b>	Moon – Red	<b>Bhuloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Chennai, India
	Kanya Rasi: 2.2	Tithi 10	255932369	<b>Gulika</b> 8:54AM – 10:30AM Yama 5:42AM – 7:18AM <b>Rahu</b> 1:42PM – 3:18PM	<b>Uttaraphalguni Until 7:35PM</b> Vajra* Until 8:58PM Taitila Until 6:43AM <b>Dashami Until 6:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha Adhika-Vaikasi</b>	Sun 23 Sutra 39 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
Until 7:35PM Then Routine Work - Marana Yoga		Amrita Yoga					


<b>2</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Kanya Rasi: 15.4	Tithi 11 – 12	266932369	<b>Gulika</b> 7:18AM – 8:54AM Yama 3:18PM – 4:54PM <b>Rahu</b> 10:30AM – 12:06PM	<b>Hasta Until 7:58PM</b> Siddhi Until 7:34PM Vanija Until 6:01AM <b>Ekadashi Until 5:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sun 24 Sutra 40 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Until 7:58PM Then Creative Work - Siddha Yoga		Amrita Yoga					

<b>3</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Kanya Rasi: 28.47	Tithi 12 – 13	366932369	<b>Gulika</b> 5:42AM – 7:18AM Yama 1:42PM – 3:18PM <b>Rahu</b> 8:54AM – 10:30AM	<b>Chitra Until 8:35PM</b> Vyatipata* Until 6:29PM Kaulava Until 5:47AM Sun <b>Dvadashi Until 5:41PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sun 25 Sutra 41 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b>
Until 8:35PM Then Creative Work - Siddha Yoga		Marana Yoga		Pradosha Vrata			

<b>4</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India
	Tula Rasi: 11.42	Tithi 13 – 14	366932369	<b>Gulika</b> 3:19PM – 4:55PM Yama 12:06PM – 1:43PM <b>Rahu</b> 4:55PM – 6:31PM	<b>Svati Until 9:26PM</b> Varyan Until 5:41PM Gara Until 6:16AM Mon <b>Trayodashi Until 5:57PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sun 26 Sutra 42 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b>
Until 9:26PM Then Routine Work - Marana Yoga		Siddha Yoga					

<b>5</b>	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India
	Tula Rasi: 24.26	Tithi 14	376932369	<b>Gulika</b> 1:43PM – 3:19PM Yama 10:30AM – 12:07PM <b>Rahu</b> 7:18AM – 8:54AM	<b>Vishakha Until 11:00PM</b> Parigha* Until 5:14PM Gara Until 6:16AM <b>Chaturdashi* Until 6:39PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha Adhika-Vaikasi</b>	Sun 27 Sutra 43 Vilamba 5120 Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Until 11:00PM Then Creative Work - Siddha Yoga		Marana Yoga		Vaikasi Visakam			

	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India
	Vrischika Rasi: 6.57	Tithi 15	376932369	<b>Gulika</b> 12:07PM – 1:43PM Yama 8:54AM – 10:30AM <b>Rahu</b> 3:19PM – 4:55PM	<b>Anuradha Until 12:52AM Wed</b> Shiva Until 5:09PM Visti Until 7:11AM <b>Purnima* Until 7:47PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha Adhika-Vaikasi</b>	Sun 28 Sutra 44 Vilamba 5120 Moon 4 - Phase 6 Purnima <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Until 7:47PM Then Creative Work - Siddha Yoga		Copper Retreat Star					

	<b>Wednesday, May 30, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Chennai, India
	Vrischika Rasi: 19.17	Tithi 16	376932369	<b>Gulika</b> 10:31AM – 12:07PM Yama 7:18AM – 8:54AM <b>Rahu</b> 12:07PM – 1:43PM	<b>Jyeshtha* Until 2:59AM Thu</b> Siddha Until 5:23PM Balava Until 8:33AM <b>Prathama* Until 9:22PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha Adhika-Vaikasi</b>	Sun 29 Sutra 45 Vilamba 5120 Moon 4 - Phase 6 Prathama <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Until 9:22PM Then Creative Work - Siddha Yoga		Silver Retreat Star					



**Thursday, May 31, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7  
1st Phase

Dhanus Rasi: 1.26 Tithi 17

387932369

Gulika

8:54AM – 10:31AM

Yama

5:42AM – 7:18AM

Rahu

1:43PM – 3:19PM

Mula\* Until 5:49AM Fri

Sadhya Until 5:57PM

Taitila Until 10:21AM

Dvitiya Until 11:23PM

Ganesha: White

Sunrise: 5:42AM

Muruqa: White

Sunset: 6:32PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Until 5:49AM Fri

Then Routine Work - Prabalarishta Yoga

**1**

**Friday, June 1, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chennai, India

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7  
1st Phase

Dhanus Rasi: 13.25 Tithi 18

387932369

Gulika

7:18AM – 8:54AM

Yama

3:20PM – 4:56PM

Rahu

10:31AM – 12:07PM

Purvashadha\* Until 8:47AM Sat

Subha Until 6:48PM

Vanija Until 12:32PM

Tritiya Until 1:43AM Sat

Ganesha: Yellow

Sunrise: 5:42AM

Muruqa: White

Sunset: 6:32PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga

Until 8:47AM Sat

Then Routine Work - Marana Yoga

**2**

**Saturday, June 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7  
1st Phase

Dhanus Rasi: 25.17 Tithi 19

387932369

Gulika

5:42AM – 7:18AM

Yama

1:44PM – 3:20PM

Rahu

8:55AM – 10:31AM

Purvashadha\* Until 8:47AM

Sukla Until 7:50PM

Bava Until 3:00PM

Chaturthi\* Until 4:17AM Sun

Ganesha: Yellow

Sunrise: 5:42AM

Muruqa: White

Sunset: 6:33PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 8:47AM

Then Routine Work - Marana Yoga

**3**

**Sunday, June 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7  
1st Phase

Makara Rasi: 7.05 Tithi 20

387932369

Gulika

3:20PM – 4:57PM

Yama

12:07PM – 1:44PM

Rahu

4:57PM – 6:33PM

Uttarashadha Until 11:45AM

Brahma Until 8:57PM

Kaulava Until 5:36PM

Panchami Until 6:52AM Mon

Ganesha: Yellow

Sunrise: 5:42AM

Muruqa: White

Sunset: 6:33PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 8:47AM

Then Routine Work - Marana Yoga

**4**

**Monday, June 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7  
1st Phase

Makara Rasi: 18.52 Tithi 20 – 21

397932369

Gulika

1:44PM – 3:20PM

Yama

10:31AM – 12:08PM

Rahu

7:18AM – 8:55AM

Shravana Until 3:02PM

Indra Until 10:00PM

Gara Until 8:07PM

Panchami Until 6:52AM

Ganesha: Blue

Sunrise: 5:42AM

Muruqa: White

Sunset: 6:33PM

Nataraja: Purple

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:02PM

Then Creative Work - Siddha Yoga

**5**

**Tuesday, June 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7  
1st Phase

Kumbha Rasi: 0.43 Tithi 21 – 22

397132361

Gulika

12:08PM – 1:44PM

Yama

8:55AM – 10:31AM

Rahu

3:21PM – 4:57PM

Dhanishtha Until 5:55PM

Vaidhriti\* Until 10:47PM

Visti Until 10:21PM

Shashthi\* Until 9:16AM

Ganesha: Purple

Sunrise: 5:42AM

Muruqa: White

Sunset: 6:34PM

Nataraja: White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

**D**

**Wednesday, June 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7  
Ashtami

Kumbha Rasi: 12.43 Tithi 22 – 23

397132361

Gulika

10:31AM – 12:08PM

Yama

7:18AM – 8:55AM

Rahu

12:08PM – 1:44PM

Shatabhishak Until 8:09PM

Vishkambha\* Until 11:11PM

Balava Until 12:03AM Thu

Saptami Until 11:15AM

Ganesha: Purple

Sunrise: 5:42AM

Muruqa: White

Sunset: 6:34PM

Nataraja: White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 8:09PM

Then Creative Work - Amrita Yoga

**Thursday, June 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7  
Navami

Kumbha Rasi: 24.58 Tithi 23 – 24

317132361

Gulika

8:55AM – 10:32AM

Yama

5:42AM – 7:19AM

Rahu

1:45PM – 3:21PM

Purvaproshtapada\* Until 10:03PM

Priti Until 11:03PM

Taitila Until 1:03AM Fri

Ashtami\* Until 12:38PM

Ganesha: Blue

Sunrise: 5:42AM

Muruqa: White

Sunset: 6:34PM

Nataraja: White

Moon – Clear

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

<b>1</b>		<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Chennai, India Sun 9 Sutra 54
Meena Rasi: 7.31	Tithi 24 – 25	<b>Gulika</b>	<b>7:19AM – 8:55AM</b>	<b>Uttaraproshtapada</b> Until 11:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:42AM		Vilamba 5120
		Yama	3:21PM – 4:58PM	Ayushman Until 10:15PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:34PM		Moon 5 - Phase 8
		<b>Rahu</b>	<b>10:32AM – 12:08PM</b>	Vanija Until 1:14AM Sat	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga			<b>Navami*</b> Until 1:14PM	Moon – Clear		<b>Bhuloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Chennai, India Sun 10 Sutra 55
Meena Rasi: 20.28	Tithi 25 – 26	<b>Gulika</b>	<b>5:42AM – 7:19AM</b>	<b>Revati</b> Until 10:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:42AM		Vilamba 5120
		Yama	1:45PM – 3:22PM	Saubhagya Until 8:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM		Moon 5 - Phase 8
		<b>Rahu</b>	<b>8:55AM – 10:32AM</b>	Bava Until 12:34AM Sun	<b>Nataraja:</b> White			2nd Phase
Routine Work	Prabalarishta Yoga			<b>Dashami</b> Until 12:59PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 10:59PM					<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Balava*/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 11 Sutra 56
Mesha Rasi: 3.52	Tithi 26 – 27	<b>Gulika</b>	<b>3:22PM – 4:58PM</b>	<b>Ashvini</b> Until 10:28PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:42AM		Vilamba 5120
		Yama	12:09PM – 1:45PM	Sobhana Until 6:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM		Moon 5 - Phase 8
		<b>Rahu</b>	<b>4:58PM – 6:35PM</b>	Kaulava Until 11:06PM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 11:55AM	Moon – White		<b>Bhuloka Day</b>	
Until 10:28PM					<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Prabalarishta Yoga								

<b>4</b>		<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Alhiganda*/Sukarma Yoga Talita*/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 12 Sutra 57
Mesha Rasi: 17.43	Tithi 27 – 28	<b>Gulika</b>	<b>1:45PM – 3:22PM</b>	<b>Bharani</b> Until 9:05PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:42AM		Vilamba 5120
<b>Family Home Evening</b>		Yama	10:32AM – 12:09PM	Athiganda* Until 4:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM		Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>7:19AM – 8:56AM</b>	Gara Until 8:55PM	<b>Nataraja:</b> White			2nd Phase
Until 9:05PM				<b>Dvadashi*</b> Until 10:04AM	Moon – White		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>			

<b>5</b>		<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 13 Sutra 58
Vrishabha Rasi: 2.01	Tithi 28 – 29	<b>Gulika</b>	<b>12:09PM – 1:46PM</b>	<b>Krittika</b> Until 6:59PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:43AM		Vilamba 5120
		Yama	8:56AM – 10:32AM	Sukarma Until 12:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM		Moon 5 - Phase 8
		<b>Rahu</b>	<b>3:22PM – 4:59PM</b>	Visti Until 6:10PM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi*</b> Until 7:35AM	Moon – White		<b>Bhuloka Day</b>	
Until 6:59PM					<b>Jyeshtha Adhika-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chennai, India Sun 14 Sutra 59
Vrishabha Rasi: 16.4	Tithi 30	<b>Gulika</b>	<b>10:33AM – 12:09PM</b>	<b>Rohini</b> Until 4:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM		Vilamba 5120
		Yama	7:19AM – 8:56AM	Dhriti Until 9:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM		Moon 5 - Phase 8
		<b>Rahu</b>	<b>12:09PM – 1:46PM</b>	Catuspada Until 3:00PM	<b>Nataraja:</b> White			Amavasya
Creative Work	Siddha Yoga			<b>Amavasya*</b> Until 1:17AM Thu	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Retreat Star</b>		<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India Sun 15 Sutra 60
Mithuna Rasi: 1.35	Tithi 1	<b>Gulika</b>	<b>8:56AM – 10:33AM</b>	<b>Mrigashira</b> Until 2:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM		Vilamba 5120
		Yama	5:43AM – 7:19AM	Ganda* Until 1:23AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM		Moon 5 - Phase 8
		<b>Rahu</b>	<b>1:46PM – 3:23PM</b>	Kintughna Until 11:33AM	<b>Nataraja:</b> White			Prathama
Routine Work	Marana Yoga			<b>Prathama*</b> Until 9:46PM	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Jyeshtha-Vaikasi</b>			

<b>1</b>	<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sun 16 Sutra 61 Vilamba 5120
	Mithuna Rasi: 16.36	Tithi 2	<b>Gulika</b> 7:20AM – 8:56AM	<b>Ardra Until 11:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:43AM	
			Yama 3:23PM – 5:00PM	Vriddhi Until 9:26PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 9
	Creative Work	Siddha Yoga	339132361 <b>Rahu</b> 10:33AM – 12:10PM	Balava Until 8:01AM	<b>Nataraja:</b> White		3rd Phase
			<b>Dvitiya Until 6:14PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>2</b>	<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 17 Sutra 62 Vilamba 5120
	Kataka Rasi: 2	Tithi 3 – 4	<b>Gulika</b> 5:43AM – 7:20AM	<b>Punarvasu Until 8:46AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:43AM	
			Yama 1:47PM – 3:23PM	Dhruva Until 5:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9
	Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 8:56AM – 10:33AM	Vanija Until 1:14AM Sun	<b>Nataraja:</b> White		3rd Phase
			<b>Tritiya Until 2:50PM</b>	<b>Moon – Blue</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>3</b>	<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 18 Sutra 63 Vilamba 5120
	Kataka Rasi: 16.26	Tithi 4 – 5	<b>Gulika</b> 3:23PM – 5:00PM	<b>Pushya Until 6:21AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:43AM	
			Yama 12:10PM – 1:47PM	Vyaghata* Until 1:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9
	Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 5:00PM – 6:37PM	Bava Until 10:16PM	<b>Nataraja:</b> White		3rd Phase
			<b>Chaturthi* Until 11:41AM</b>	<b>Moon – Blue</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>4</b>	<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Chennai, India Sun 19 Sutra 64 Vilamba 5120
	Simha Rasi: 1	Tithi 5 – 6	<b>Gulika</b> 1:47PM – 3:24PM	<b>Magha* Until 2:44AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:43AM	
	<b>Family Home Evening</b>		Yama 10:34AM – 12:10PM	Harshana Until 10:43AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9
	Routine Work	Marana Yoga	359132361 <b>Rahu</b> 7:20AM – 8:57AM	Kaulava Until 7:45PM	<b>Nataraja:</b> White		3rd Phase
			<b>Panchami Until 8:56AM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>		

<b>5</b>	<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Chennai, India Sun 20 Sutra 65 Vilamba 5120
	Simha Rasi: 15.14	Tithi 6 – 7	<b>Gulika</b> 12:11PM – 1:47PM	<b>Purvaphalguni Until 1:42AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:44AM	
			Yama 8:57AM – 10:34AM	Vajra* Until 7:50AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9
	Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 3:24PM – 5:01PM	Vanija Until 4:57AM Wed	<b>Nataraja:</b> White		3rd Phase
			<b>Shashthi* Until 6:39AM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>		

<b>6</b>	<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Chennai, India Sun 21 Sutra 66 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:34AM – 12:11PM	<b>Uttaraphalguni Until 1:06AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:44AM	
	Simha Rasi: 29.07	Tithi 8	Yama 7:21AM – 8:57AM	Vyatipata* Until 3:31AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 9
	Creative Work	Amrita Yoga	359132361 <b>Rahu</b> 12:11PM – 1:47PM	Visti Until 4:19PM	<b>Nataraja:</b> White		Ashtami
			<b>Ashtami* Until 3:49AM Thu</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>		

<b>7</b>	<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 22 Sutra 67 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:58AM – 10:34AM	<b>Hasta Until 1:24AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM	
	Kanya Rasi: 12.38	Tithi 9	Yama 5:44AM – 7:21AM	Variyan Until 2:03AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 9
	Routine Work	Marana Yoga	369132361 <b>Rahu</b> 1:48PM – 3:24PM	Balava Until 3:30PM	<b>Nataraja:</b> White		Navami
			<b>Navami* Until 3:17AM Fri</b>	<b>Moon – Green</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Chennai, India Sun 23 Sutra 68 Vilamba 5120
	Kanya Rasi: 25.5	Tithi 10	<b>Gulika</b> 7:21AM – 8:58AM	<b>Chitra Until 2:05AM Sat</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:44AM	
			Yama 3:25PM – 5:01PM	Parigha* Until 1:02AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 10
	361132361		<b>Rahu</b> 10:34AM – 12:11PM	Taitila Until 3:15PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 3:19AM Sat</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			


<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India Sun 24 Sutra 69 Vilamba 5120
	Tula Rasi: 8.44	Tithi 11	<b>Gulika</b> 5:45AM – 7:21AM	<b>Svati Until 3:08AM Sun</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:45AM	
			Yama 1:48PM – 3:25PM	Shiva Until 12:28AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 10
	361132361		<b>Rahu</b> 8:58AM – 10:35AM	Vanija Until 3:33PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 3:51AM Sun</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 3:08AM Sun				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India Sun 25 Sutra 70 Vilamba 5120
	Tula Rasi: 21.24	Tithi 12	<b>Gulika</b> 3:25PM – 5:02PM	<b>Vishakha Until 4:58AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM	
			Yama 12:12PM – 1:48PM	Siddha Until 12:15AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 10
	371132361		<b>Rahu</b> 5:02PM – 6:38PM	Bava Until 4:20PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 4:53AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 4:58AM Mon				<b>Jyeshtha-Ani</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chennai, India Sun 26 Sutra 71 Vilamba 5120
	Vrischika Rasi: 3.51	Tithi 13	<b>Gulika</b> 1:49PM – 3:25PM	<b>Anuradha Until 7:03AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM	
	<b>Family Home Evening</b>		Yama 10:35AM – 12:12PM	Sadhya Until 12:22AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
	371142361		<b>Rahu</b> 7:22AM – 8:58AM	Kaulava Until 5:35PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 6:20AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 7:03AM Tue				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 27 Sutra 72 Vilamba 5120
	Vrischika Rasi: 16.07	Tithi 13 – 14	<b>Gulika</b> 12:12PM – 1:49PM	<b>Anuradha Until 7:03AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM	
			Yama 8:59AM – 10:35AM	Subha Until 12:50AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
	371142361		<b>Rahu</b> 3:25PM – 5:02PM	Gara Until 7:14PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 6:20AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 7:03AM				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chennai, India Sutra 73 Vilamba 5120
	Vrischika Rasi: 28.14	Tithi 14 – 15	<b>Gulika</b> 10:36AM – 12:12PM	<b>Jyeshtha* Until 9:21AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM	
			Yama 7:22AM – 8:59AM	Sukla Until 1:31AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
	371142361		<b>Rahu</b> 12:12PM – 1:49PM	Visti Until 9:15PM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:10AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 9:21AM				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India Sutra 74 Vilamba 5120
	Dhanus Rasi: 10.12	Tithi 15 – 16	<b>Gulika</b> 8:59AM – 10:36AM	<b>Mula* Until 12:18PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM	
			Yama 5:46AM – 7:22AM	Brahma Until 2:27AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
	381142361		<b>Rahu</b> 1:49PM – 3:26PM	Balava Until 11:33PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 10:21AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chennai, India  
Sutra 75

Dhanus Rasi: 22.04 Tithi 16 – 17

381142361

**Gulika** 7:23AM – 8:59AM  
**Yama** 3:26PM – 5:03PM  
**Rahu** 10:36AM – 12:13PM

**Purvashadha\* Until 3:19PM**  
Indra Until 3:32AM Sat  
Taitila Until 2:04AM Sat  
**Prathama\* Until 12:46PM**

**Ganesha:** Blue *Sunrise: 5:46AM*  
**Muruqa:** Clear *Sunset: 6:39PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Prabalarishta Yoga  
Until 3:19PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India  
Sun 1 Sutra 76

Makara Rasi: 3.52 Tithi 17 – 18

381242361

**Gulika** 5:46AM – 7:23AM  
**Yama** 1:49PM – 3:26PM  
**Rahu** 9:00AM – 10:36AM

**Uttarashadha Until 6:17PM**  
Vaidhriti\* Until 4:39AM Sun  
Vanija Until 4:40AM Sun  
**Dvitiya Until 3:21PM**

**Ganesha:** Blue *Sunrise: 5:46AM*  
**Muruqa:** Clear *Sunset: 6:39PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 6:17PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturchayam Titau

Chennai, India  
Sun 2 Sutra 77

Makara Rasi: 15.39 Tithi 18 – 19

391242361

**Gulika** 3:26PM – 5:03PM  
**Yama** 12:13PM – 1:50PM  
**Rahu** 5:03PM – 6:40PM

**Shravana Until 9:36PM**  
Vishkambha\* Until 5:44AM Mon  
Bava Until 7:13AM Mon  
**Tritiya Until 5:56PM**

**Ganesha:** Red *Sunrise: 5:47AM*  
**Muruqa:** Clear *Sunset: 6:40PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 9:36PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturchayam Titau

Chennai, India  
Sun 3 Sutra 78

Makara Rasi: 27.28 Tithi 19

391242361

**Gulika** 1:50PM – 3:26PM  
**Yama** 10:37AM – 12:13PM  
**Rahu** 7:23AM – 9:00AM

**Dhanishtha Until 12:35AM Tue**  
Priti Until 6:40AM Tue  
Bava Until 7:13AM  
**Chaturchi\* Until 8:23PM**

**Ganesha:** Red *Sunrise: 5:47AM*  
**Muruqa:** Clear *Sunset: 6:40PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 12:35AM Tue  
Then Routine Work - Marana Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India  
Sun 4 Sutra 79

Kumbha Rasi: 9.21 Tithi 20

392242361

**Gulika** 12:13PM – 1:50PM  
**Yama** 9:00AM – 10:37AM  
**Rahu** 3:27PM – 5:03PM

**Shatabhishak Until 3:04AM Wed**  
Priti Until 6:40AM  
Kaulava Until 9:31AM  
**Panchami Until 10:30PM**

**Ganesha:** Yellow *Sunrise: 5:47AM*  
**Muruqa:** Clear *Sunset: 6:40PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 3:04AM Wed  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India  
Sun 5 Sutra 80

Kumbha Rasi: 21.23 Tithi 21

312242361

**Gulika** 10:37AM – 12:14PM  
**Yama** 7:24AM – 9:00AM  
**Rahu** 12:14PM – 1:50PM

**Purvaproshtapada\* Until 5:23AM Thu**  
Ayushman Until 7:16AM  
Gara Until 11:25AM  
**Shashthi\* Until 12:08AM Thu**

**Ganesha:** Orange *Sunrise: 5:47AM*  
**Muruqa:** Clear *Sunset: 6:40PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 5:23AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Chennai, India  
Sun 6 Sutra 81

Meena Rasi: 3.38 Tithi 22

312242361

**Gulika** 9:01AM – 10:37AM  
**Yama** 5:48AM – 7:24AM  
**Rahu** 1:50PM – 3:27PM

**Uttaraproshtapada Until 6:53AM Fri**  
Saubhagya Until 7:28AM  
Visti Until 12:45PM  
**Saptami Until 1:08AM Fri**

**Ganesha:** Orange *Sunrise: 5:48AM*  
**Muruqa:** Clear *Sunset: 6:40PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, July 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India  
Sun 7 Sutra 82

Meena Rasi: 16.11 Tithi 23

312242361

**Gulika** 7:24AM – 9:01AM  
**Yama** 3:27PM – 5:03PM  
**Rahu** 10:37AM – 12:14PM

**Uttaraproshtapada Until 6:53AM**  
Sobhana Until 7:09AM  
Balava Until 1:23PM  
**Ashtami\* Until 1:24AM Sat**

**Ganesha:** Orange *Sunrise: 5:48AM*  
**Muruqa:** Clear *Sunset: 6:40PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India  
Sun 8 Sutra 83

Meena Rasi: 29.05 Tithi 24

412242361

**Gulika** 5:48AM – 7:25AM  
**Yama** 1:51PM – 3:27PM  
**Rahu** 9:01AM – 10:38AM

**Revati Until 7:29AM**  
Athiganda\* Until 6:13AM  
Taitila Until 1:14PM  
**Navami\* Until 12:51AM Sun**

**Ganesha:** Green *Sunrise: 5:48AM*  
**Muruqa:** Clear *Sunset: 6:40PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Routine Work Prabalarishta Yoga  
Until 7:29AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau			Chennai, India Sun 9 Sutra 84 Vilamba 5120
Mesha Rasi: 12.25	Tithi 25	<b>Gulika</b> 3:27PM – 5:04PM	<b>Ashvini Until 7:37AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:48AM	
		Yama 12:14PM – 1:51PM	Dhriti Until 2:28AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:40PM	Moon 6 - Phase 12
422242361	<b>Rahu</b> 5:04PM – 6:40PM		Vanija Until 12:18PM	<b>Nataraja:</b> White	2nd Phase
Creative Work Siddha Yoga			<b>Dashami Until 11:31PM</b>	Moon – White	<b>Devaloka Day</b>
Until 7:37AM				<b>Jyeshtha-Ani</b>	
Then Routine Work - Prabalarishta Yoga					

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau			Chennai, India Sun 10 Sutra 85 Vilamba 5120
Mesha Rasi: 26.11	Tithi 26	<b>Gulika</b> 1:51PM – 3:27PM	<b>Bharani Until 6:48AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:49AM	
<b>Family Home Evening</b>		Yama 10:38AM – 12:14PM	Shula* Until 11:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:40PM	Moon 6 - Phase 12
422242361	<b>Rahu</b> 7:25AM – 9:02AM		Bava Until 10:35AM	<b>Nataraja:</b> White	2nd Phase
Creative Work Siddha Yoga			<b>Ekadashi* Until 9:27PM</b>	Moon – White	<b>Devaloka Day</b>
Until 6:48AM				<b>Jyeshtha-Ani</b>	
Then Routine Work - Marana Yoga					

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Chennai, India Sun 11 Sutra 86 Vilamba 5120
Vrishabha Rasi: 10.24	Tithi 27	<b>Gulika</b> 12:15PM – 1:51PM	<b>Rohini Until 3:14AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:49AM	
		Yama 9:02AM – 10:38AM	Ganda* Until 8:22PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:40PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 3:27PM – 5:04PM		Kaulava Until 8:11AM	<b>Nataraja:</b> White	2nd Phase
Creative Work Amrita Yoga			<b>Dvadashi* Until 6:45PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 3:14AM Wed				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Chennai, India Sun 12 Sutra 87 Vilamba 5120
Vrishabha Rasi: 25.02	Tithi 28 – 29	<b>Gulika</b> 10:38AM – 12:15PM	<b>Mrigashira Until 12:42AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:49AM	
		Yama 7:26AM – 9:02AM	Vridhhi Until 4:41PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:40PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 12:15PM – 1:51PM		Visti Until 1:52AM Thu	<b>Nataraja:</b> White	2nd Phase
Creative Work Siddha Yoga			<b>Trayodashi* Until 3:34PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 12:42AM Thu				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Chennai, India Sun 13 Sutra 88 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:02AM – 10:38AM	<b>Ardra Until 9:47PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM	
Mithuna Rasi: 9.58	Tithi 29 – 30	Yama 5:50AM – 7:26AM	Dhruva Until 12:42PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:40PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 1:51PM – 3:27PM		Catuspada Until 10:13PM	<b>Nataraja:</b> White	Amavasya
Routine Work Marana Yoga			<b>Chaturdashi* Until 12:03PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 9:47PM				<b>Jyeshtha-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Amrita Yoga					

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Chennai, India Sun 14 Sutra 89 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:26AM – 9:02AM	<b>Punarvasu Until 7:00PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:50AM	
Mithuna Rasi: 25.06	Tithi 30 – 1	Yama 3:27PM – 5:04PM	Vyaghata* Until 8:34AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:40PM	Moon 6 - Phase 12
442242361	<b>Rahu</b> 10:39AM – 12:15PM		Kintughna Until 6:28PM	<b>Nataraja:</b> White	Prathama
Creative Work Siddha Yoga			<b>Amavasya* Until 8:20AM</b>	Moon – Blue	<b>Bhuloka Day</b>
Until 7:00PM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Chennai, India Sun 15 Sutra 90 Vilamba 5120
Kataka Rasi: 10.16	Tithi 2	<b>Gulika</b> 5:50AM – 7:26AM	<b>Pushya</b> Until 4:08PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM		
		Yama 1:51PM – 3:28PM	Vajra* Until 12:21AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 13
		442242361 <b>Rahu</b> 9:03AM – 10:39AM	Balava Until 2:46PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 12:58AM Sun	Moon – Blue		<b>Bhuloka Day</b>	
Until 4:08PM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau			Chennai, India Sun 16 Sutra 91 Vilamba 5120
Kataka Rasi: 25.2	Tithi 3	<b>Gulika</b> 3:28PM – 5:04PM	<b>Ashlesha*</b> Until 1:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM		
		Yama 12:15PM – 1:51PM	Siddhi Until 8:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 13
		442242361 <b>Rahu</b> 5:04PM – 6:40PM	Taitila Until 11:16AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 9:37PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 1:21PM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Chaturthiyam Titau			Chennai, India Sun 17 Sutra 92 Vilamba 5120
Simha Rasi: 10.09	Tithi 4	<b>Gulika</b> 1:51PM – 3:28PM	<b>Magha*</b> Until 11:13AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM		
<b>Family Home Evening</b>		Yama 10:39AM – 12:15PM	Vyatipata* Until 5:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 13
		453242361 <b>Rahu</b> 7:27AM – 9:03AM	Vanija Until 8:07AM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 6:42PM	Moon – Red		<b>Bhuloka Day</b>	
Until 11:13AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Chennai, India Sun 18 Sutra 93 Vilamba 5120
Simha Rasi: 24.37	Tithi 5 – 6	<b>Gulika</b> 12:15PM – 1:51PM	<b>Purvaphalguni</b> Until 9:26AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM		
		Yama 9:03AM – 10:39AM	Varyan Until 2:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 13
		453242362 <b>Rahu</b> 3:28PM – 5:04PM	Kaulava Until 3:23AM Wed	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 4:19PM	Moon – Red		<b>Devaloka Day</b>	
Until 9:26AM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Chennai, India Sun 19 Sutra 94 Vilamba 5120
Kanya Rasi: 8.4	Tithi 6 – 7	<b>Gulika</b> 10:39AM – 12:15PM	<b>Uttaraphalguni</b> Until 8:09AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM		
		Yama 7:27AM – 9:03AM	Parigha* Until 11:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 13
		453242362 <b>Rahu</b> 12:15PM – 1:51PM	Gara Until 2:01AM Thu	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 2:36PM	Moon – Red		<b>Devaloka Day</b>	
Until 8:09AM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Chennai, India Sun 20 Sutra 95 Vilamba 5120
Kanya Rasi: 22.17	Tithi 7 – 8	<b>Gulika</b> 9:03AM – 10:39AM	<b>Hasta</b> Until 7:50AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM		
		Yama 5:51AM – 7:27AM	Shiva Until 9:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 13
		463242362 <b>Rahu</b> 1:52PM – 3:28PM	Visti Until 1:22AM Fri	<b>Nataraja:</b> Clear			Ashtami
Routine Work	Marana Yoga		<b>Saptami</b> Until 1:35PM	Moon – Green		<b>Sivaloka Day</b>	
Until 7:50AM				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Chennai, India Sun 21 Sutra 96 Vilamba 5120
Tula Rasi: 5.31	Tithi 8 – 9	<b>Gulika</b> 7:28AM – 9:04AM	<b>Chitra</b> Until 8:07AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM		
		Yama 3:27PM – 5:03PM	Siddha Until 8:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM		Moon 6 - Phase 13
		463242362 <b>Rahu</b> 10:40AM – 12:16PM	Balava Until 1:27AM Sat	<b>Nataraja:</b> Clear			Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 1:18PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>	<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chennai, India Sun 22 Sutra 97
	Tula Rasi: 18.22	Tithi 9 – 10	<b>Gulika</b> 5:52AM – 7:28AM	<b>Svati Until 8:56AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM	Vilamba 5120
			Yama 1:52PM – 3:27PM	Sadhya Until 7:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
	463242362	Rahu 9:04AM – 10:40AM		Taitila Until 2:12AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 1:43PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			


<b>2</b>	<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India Sun 23 Sutra 98
	Vrischika Rasi: 0.54	Tithi 10 – 11	<b>Gulika</b> 3:27PM – 5:03PM	<b>Vishakha Until 10:42AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	Vilamba 5120
			Yama 12:16PM – 1:52PM	Subha Until 7:14AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
	473242362	Rahu 5:03PM – 6:39PM		Vanija Until 3:32AM Mon	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 2:47PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			


<b>3</b>	<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 24 Sutra 99
	Vrischika Rasi: 13.11	Tithi 11 – 12	<b>Gulika</b> 1:51PM – 3:27PM	<b>Anuradha Until 12:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:53AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:40AM – 12:16PM	Sukla Until 7:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
	473242362	Rahu 7:28AM – 9:04AM		Bava Until 5:22AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 4:22PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>	<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvadashyam Titau				Chennai, India Sun 25 Sutra 100
	Vrischika Rasi: 25.17	Tithi 12	<b>Gulika</b> 12:16PM – 1:51PM	<b>Jyeshtha* Until 3:15PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:53AM	Vilamba 5120
			Yama 9:04AM – 10:40AM	Brahma Until 7:56AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
	473242362	Rahu 3:27PM – 5:03PM		Balava Until 6:24PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 6:24PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 3:15PM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>	<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chennai, India Sun 26 Sutra 101
	Dhanus Rasi: 7.14	Tithi 13	<b>Gulika</b> 10:40AM – 12:16PM	<b>Mula* Until 6:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:53AM	Vilamba 5120
			Yama 7:29AM – 9:04AM	Indra Until 8:46AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14
	483342362	Rahu 12:16PM – 1:51PM		Kaulava Until 7:33AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 8:44PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:18PM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27 Sutra 102
	Dhanus Rasi: 19.05	Tithi 14	<b>Gulika</b> 9:05AM – 10:40AM	<b>Purvashadha* Until 9:23PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:53AM	Vilamba 5120
			Yama 5:53AM – 7:29AM	Vaidhriti* Until 9:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14
	483342362	Rahu 1:51PM – 3:27PM		Gara Until 10:00AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:16PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 9:23PM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

	<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India Sun 27 Sutra 103
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:29AM – 9:05AM	<b>Uttarashadha Until 12:22AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:54AM	Vilamba 5120
	Makara Rasi: 0.53	Tithi 15	Yama 3:27PM – 5:02PM	Vishkambha* Until 10:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14
	483342362	Rahu 10:40AM – 12:16PM		Visti Until 12:35PM	<b>Nataraja:</b> Clear		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 1:51AM Sat</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:22AM Sat				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

	<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Chennai, India Sun 28 Sutra 104
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:54AM – 7:29AM	<b>Shravana Until 3:38AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:54AM	Vilamba 5120
	Makara Rasi: 12.41	Tithi 16	Yama 1:51PM – 3:27PM	Priti Until 11:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14
	493342362	Rahu 9:05AM – 10:40AM		Balava Until 3:09PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 4:23AM Sun</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 3:38AM Sun				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvityayam Titau

Chennai, India  
Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 24.29 Tithi 17

Gulika 3:27PM - 5:02PM  
Yama 12:16PM - 1:51PM  
493342362 Rahu 5:02PM - 6:37PM

**Dhanishtha Until 6:33AM Mon**  
Ayushman Until 12:59PM  
Taitila Until 5:36PM  
**Dvitiya Until 6:44AM Mon**

Ganesha: Blue Sunrise: 5:54AM  
Muruga: Clear Sunset: 6:37PM  
Nataraja: Clear  
Moon - Purple

**Devaloka Day**

Routine Work Marana Yoga

Until 6:33AM Mon

Then Creative Work - Siddha Yoga

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Chennai, India  
Sun 1 Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 6.23 Tithi 17 - 18

Gulika 1:51PM - 3:26PM  
Yama 10:40AM - 12:16PM  
494342362 Rahu 7:30AM - 9:05AM

**Dhanishtha Until 6:33AM**  
Saubhagya Until 1:50PM  
Vanija Until 7:49PM  
**Dvitiya Until 6:44AM**

Ganesha: Blue Sunrise: 5:54AM  
Muruga: Clear Sunset: 6:37PM  
Nataraja: Clear  
Moon - Purple

**Devaloka Day**

**Family Home Evening**

Creative Work Siddha Yoga

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada Nakshatra Sobhana/Athiganda Yoga Vistil/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India  
Sun 2 Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 18.23 Tithi 18 - 19

Gulika 12:16PM - 1:51PM  
Yama 9:05AM - 10:40AM  
494342362 Rahu 3:26PM - 5:02PM

**Shatabhishak Until 9:02AM**  
Sobhana Until 2:28PM  
Bava Until 9:41PM  
**Tritiya Until 8:47AM**

Ganesha: Blue Sunrise: 5:54AM  
Muruga: Clear Sunset: 6:37PM  
Nataraja: Clear  
Moon - Purple

**Devaloka Day**

Routine Work Marana Yoga

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India  
Sun 3 Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 0.32 Tithi 19 - 20

Gulika 10:40AM - 12:16PM  
Yama 7:30AM - 9:05AM  
414342362 Rahu 12:16PM - 1:51PM

**Purvaprosarthapada\* Until 11:27AM**  
Athiganda\* Until 2:44PM  
Kaulava Until 11:06PM  
**Chaturthi\* Until 10:26AM**

Ganesha: White Sunrise: 5:55AM  
Muruga: Clear Sunset: 6:37PM  
Nataraja: Clear  
Moon - Clear

**Devaloka Day**

Creative Work Amrita Yoga

Until 11:27AM

Then Creative Work - Siddha Yoga

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India  
Sun 4 Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 12.53 Tithi 20 - 21

Gulika 9:05AM - 10:40AM  
Yama 5:55AM - 7:30AM  
414342362 Rahu 1:51PM - 3:26PM

**Uttaraprosarthapada Until 1:13PM**  
Sukarma Until 2:37PM  
Gara Until 11:59PM  
**Panchami Until 11:36AM**

Ganesha: White Sunrise: 5:55AM  
Muruga: Clear Sunset: 6:36PM  
Nataraja: Clear  
Moon - Clear

**Devaloka Day**

Creative Work Siddha Yoga

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Vistil\* Karana Shashthi/Saplamyam Titau

Chennai, India  
Sun 5 Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 25.29 Tithi 21 - 22

Gulika 7:30AM - 9:05AM  
Yama 3:26PM - 5:01PM  
414342362 Rahu 10:40AM - 12:15PM

**Revati Until 2:16PM**  
Dhriti Until 2:04PM  
Vistil Until 12:15AM Sat  
**Shashthi\* Until 12:11PM**

Ganesha: White Sunrise: 5:55AM  
Muruga: Clear Sunset: 6:36PM  
Nataraja: Clear  
Moon - Clear

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:16PM

Then Creative Work - Amrita Yoga

**D**

**Saturday, August 4, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Chennai, India  
Sun 6 Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 8.24 Tithi 22 - 23

Gulika 5:55AM - 7:30AM  
Yama 1:50PM - 3:25PM  
424342362 Rahu 9:05AM - 10:40AM

**Ashvini Until 3:00PM**  
Shula\* Until 12:58PM  
Balava Until 11:51PM  
**Saptami Until 12:07PM**

Ganesha: Clear Sunrise: 5:55AM  
Muruga: Clear Sunset: 6:36PM  
Nataraja: Clear  
Moon - White

**Sivaloka Day**

Creative Work Siddha Yoga

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India  
Sun 7 Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 21.39 Tithi 23 - 24

Gulika 3:25PM - 5:00PM  
Yama 12:15PM - 1:50PM  
424342362 Rahu 5:00PM - 6:35PM

**Bharani Until 2:54PM**  
Ganda\* Until 11:20AM  
Taitila Until 10:46PM  
**Ashtami\* Until 11:23AM**

Ganesha: Clear Sunrise: 5:55AM  
Muruga: Clear Sunset: 6:35PM  
Nataraja: Clear  
Moon - White

**Sivaloka Day**

Routine Work Prabalarishta Yoga

Until 2:54PM

Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda


<b>1</b>		<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Chennai, India Sun 8 Sutra 113 Vilamba 5120
Vrishabha Rasi: 5.17	Tithi 24 – 25	<b>Gulika</b> 1:50PM – 3:25PM	<b>Krittika</b> Until 1:59PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	
<b>Family Home Evening</b>	424342362	Yama 10:40AM – 12:15PM	Vridhi Until 9:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 16
Routine Work Marana Yoga		<b>Rahu</b> 7:30AM – 9:05AM	Vanija Until 9:01PM	<b>Nataraja:</b> Clear		2nd Phase
Until 1:59PM			<b>Navami*</b> Until 9:58AM	Moon – White		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada-Adi</b>		

<b>2</b>		<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Chennai, India Sun 9 Sutra 114 Vilamba 5120
Vrishabha Rasi: 19.19	Tithi 25 – 26	<b>Gulika</b> 12:15PM – 1:50PM	<b>Rohini</b> Until 12:43PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:56AM	
	434342362	Yama 9:05AM – 10:40AM	Dhruva Until 6:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16
Creative Work Amrita Yoga		<b>Rahu</b> 3:25PM – 5:00PM	Bava Until 6:40PM	<b>Nataraja:</b> Clear		2nd Phase
Until 12:43PM			<b>Dashami</b> Until 7:54AM	Moon – Yellow		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>		

<b>3</b>		<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Chennai, India Sun 10 Sutra 115 Vilamba 5120
Mithuna Rasi: 3.45	Tithi 27	<b>Gulika</b> 10:40AM – 12:15PM	<b>Mrigashira</b> Until 10:46AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:56AM	
	434342362	Yama 7:31AM – 9:05AM	Harshana Until 11:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16
Creative Work Siddha Yoga		<b>Rahu</b> 12:15PM – 1:50PM	Kaulava Until 3:47PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 2:10AM Thu	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

<b>4</b>		<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra Yoga Gara/Vanija Karana Trayodashyam Titau		Chennai, India Sun 11 Sutra 116 Vilamba 5120
Mithuna Rasi: 18.31	Tithi 28	<b>Gulika</b> 9:05AM – 10:40AM	<b>Ardra</b> Until 8:15AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:56AM	
	434342362	Yama 5:56AM – 7:31AM	Vajra* Until 7:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16
Routine Work Marana Yoga		<b>Rahu</b> 1:49PM – 3:24PM	Gara Until 12:30PM	<b>Nataraja:</b> Clear		2nd Phase
Until 8:15AM			<b>Trayodashi*</b> Until 10:44PM	Moon – Yellow		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada-Adi</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata Yoga Visti/Sakuni Karana Chaturdashyam Titau		Chennai, India Sun 12 Sutra 117 Vilamba 5120
Kataka Rasi: 3.31	Tithi 29	<b>Gulika</b> 7:31AM – 9:05AM	<b>Pushya</b> Until 2:52AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:56AM	
	444342362	Yama 3:24PM – 4:58PM	Siddhi Until 3:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 16
Routine Work Marana Yoga		<b>Rahu</b> 10:40AM – 12:15PM	Visti Until 8:58AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> Until 7:07PM	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

		<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha Nakshatra Vyatipata/Variyan Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau		Chennai, India Sun 13 Sutra 118 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:56AM – 7:31AM	<b>Ashlesha*</b> Until 11:55PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:56AM	
Kataka Rasi: 18.38	Tithi 30 – 1	Yama 1:49PM – 3:24PM	Vyatipata* Until 11:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 9:05AM – 10:40AM	Kintughna Until 1:40AM Sun	<b>Nataraja:</b> Clear		Amavasya
Routine Work Marana Yoga			<b>Amavasya*</b> Until 3:27PM	Moon – Blue		<b>Devaloka Day</b>
Until 11:55PM		<b>Partial Solar Eclipse</b>		<b>Ashada-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha Nakshatra Variyan/Parigha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Chennai, India Sun 14 Sutra 119 Vilamba 5120
Simha Rasi: 3.43	Tithi 1 – 2	<b>Gulika</b> 3:23PM – 4:58PM	<b>Magha*</b> Until 9:26PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	
	455342362	Yama 12:14PM – 1:49PM	Variyan Until 7:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 16
Routine Work Marana Yoga		<b>Rahu</b> 4:58PM – 6:32PM	Balava Until 10:14PM	<b>Nataraja:</b> Clear		Prathama
Until 9:26PM			<b>Prathama*</b> Until 11:54AM	Moon – Red		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam			Chennai, India
<b>1</b>		Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Sun 15 Sutra 120
Simha Rasi: 18.37	Tithi 2 - 3	<b>Gulika</b> 1:49PM - 3:23PM	<b>Purvaphalguni Until 7:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i>	Vilamba 5120
Family Home Evening	455342362	Yama 10:40AM - 12:14PM	Shiva Until 12:19AM Tue	<b>Muruqa:</b> Clear <i>Sunset: 6:32PM</i>	Moon 7 - Phase 17
Creative Work Siddha Yoga		<b>Rahu</b> 7:31AM - 9:05AM	Taitila Until 7:09PM	<b>Nataraja:</b> Clear	3rd Phase
			<b>Dvitiya Until 8:37AM</b>	Moon - Red	<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>	

<b>Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam			Chennai, India
<b>2</b>		Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau			Sun 16 Sutra 121
Kanya Rasi: 3.13	Tithi 4	<b>Gulika</b> 12:14PM - 1:48PM	<b>Uttaraphalguni Until 5:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i>	Vilamba 5120
	455342362	Yama 9:05AM - 10:40AM	Siddha Until 9:14PM	<b>Muruqa:</b> Clear <i>Sunset: 6:31PM</i>	Moon 7 - Phase 17
Creative Work Amrita Yoga		<b>Rahu</b> 3:23PM - 4:57PM	Vanija Until 4:33PM	<b>Nataraja:</b> Clear	3rd Phase
Until 5:12PM			<b>Chaturthi* Until 3:28AM Wed</b>	Moon - Red	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>	

<b>Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam			Chennai, India
<b>3</b>		Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau			Sun 17 Sutra 122
Kanya Rasi: 17.25	Tithi 5	<b>Gulika</b> 10:40AM - 12:14PM	<b>Hasta Until 4:12PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:57AM</i>	Vilamba 5120
	465342362	Yama 7:31AM - 9:05AM	Sadhya Until 6:42PM	<b>Muruqa:</b> Clear <i>Sunset: 6:31PM</i>	Moon 7 - Phase 17
Routine Work Marana Yoga		<b>Rahu</b> 12:14PM - 1:48PM	Bava Until 2:35PM	<b>Nataraja:</b> Clear	3rd Phase
Until 4:12PM			<b>Panchami Until 1:52AM Thu</b>	Moon - Green	<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Nag Panchami</b>		<b>Sravana-Adi</b>	

<b>Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam			Chennai, India
<b>4</b>		Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau			Sun 18 Sutra 123
Tula Rasi: 1.11	Tithi 6	<b>Gulika</b> 9:05AM - 10:39AM	<b>Chitra Until 3:47PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:57AM</i>	Vilamba 5120
	465342362	Yama 5:57AM - 7:31AM	Subha Until 4:47PM	<b>Muruqa:</b> Clear <i>Sunset: 6:30PM</i>	Moon 7 - Phase 17
Creative Work Siddha Yoga		<b>Rahu</b> 1:48PM - 3:22PM	Kaulava Until 1:22PM	<b>Nataraja:</b> Clear	3rd Phase
Until 3:47PM			<b>Shashthi* Until 1:02AM Fri</b>	Moon - Green	<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Adi</b>	

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam			Chennai, India
<b>5</b>		Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saphtamyam Titau			Sun 19 Sutra 124
Tula Rasi: 14.29	Tithi 7	<b>Gulika</b> 7:31AM - 9:05AM	<b>Svati Until 4:00PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:57AM</i>	Vilamba 5120
	465342362	Yama 3:22PM - 4:56PM	Sukla Until 3:30PM	<b>Muruqa:</b> Clear <i>Sunset: 6:30PM</i>	Moon 7 - Phase 17
Creative Work Siddha Yoga		<b>Rahu</b> 10:39AM - 12:13PM	Gara Until 12:56PM	<b>Nataraja:</b> Clear	3rd Phase
			<b>Saptami Until 1:01AM Sat</b>	Moon - Green	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam			Chennai, India
<b>Retreat Star</b>		Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau			Sun 20 Sutra 125
Tula Rasi: 27.22	Tithi 8	<b>Gulika</b> 5:57AM - 7:31AM	<b>Vishakha Until 5:19PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:57AM</i>	Vilamba 5120
	575342362	Yama 1:47PM - 3:21PM	Brahma Until 2:51PM	<b>Muruqa:</b> Clear <i>Sunset: 6:29PM</i>	Moon 7 - Phase 17
Creative Work Siddha Yoga		<b>Rahu</b> 9:05AM - 10:39AM	Visti Until 1:20PM	<b>Nataraja:</b> Clear	Ashtami
			<b>Ashtami* Until 1:47AM Sun</b>	Moon - Orange	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Chennai, India
<b>Retreat Star</b>		Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau			Sun 21 Sutra 126
Vrischika Rasi: 9.54	Tithi 9	<b>Gulika</b> 3:21PM - 4:55PM	<b>Anuradha Until 7:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i>	Vilamba 5120
	575442362	Yama 12:13PM - 1:47PM	Indra Until 2:48PM	<b>Muruqa:</b> Clear <i>Sunset: 6:29PM</i>	Moon 7 - Phase 17
Routine Work Marana Yoga		<b>Rahu</b> 4:55PM - 6:29PM	Balava Until 2:28PM	<b>Nataraja:</b> Clear	Navami
			<b>Navami* Until 3:15AM Mon</b>	Moon - Orange	<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau			Chennai, India Sun 22 Sutra 127 Vilamba 5120
<b>1</b>	Vrischika Rasi: 22.08 Tithi 10 <b>Family Home Evening</b> Creative Work Siddha Yoga	<b>Gulika</b> 1:47PM – 3:20PM Yama 10:39AM – 12:13PM <b>Rahu</b> 7:31AM – 9:05AM	<b>Jyeshtha* Until 9:30PM</b> Vaidhriti* Until 3:12PM Tailila Until 4:14PM <b>Dashami Until 5:17AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:28PM</i> <b>Nataraja:</b> Clear Moon – Orange	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>
<b>Sravana-Avani</b>					

<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau			Chennai, India Sun 23 Sutra 128 Vilamba 5120
<b>2</b>	Dhanus Rasi: 4.08 Tithi 11 586442362 Creative Work Amrita Yoga	<b>Gulika</b> 12:12PM – 1:46PM Yama 9:05AM – 10:39AM <b>Rahu</b> 3:20PM – 4:54PM	<b>Mula* Until 12:32AM Wed</b> Vishkambha* Until 3:59PM Vanija Until 6:28PM <b>Ekadashi Until 7:41AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:27PM</i> <b>Nataraja:</b> Clear Moon – Light Blue	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>
<b>Sravana-Avani</b>					

<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Chennai, India Sun 24 Sutra 129 Vilamba 5120
<b>3</b>	Dhanus Rasi: 16.01 Tithi 11 – 12 586442362 Creative Work Amrita Yoga Until 3:38AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 10:39AM – 12:12PM Yama 7:31AM – 9:05AM <b>Rahu</b> 12:12PM – 1:46PM	<b>Purvashadha* Until 3:38AM Thu</b> Priti Until 5:01PM Bava Until 8:59PM <b>Ekadashi Until 7:41AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:27PM</i> <b>Nataraja:</b> Clear Moon – Light Blue	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>
<b>Sravana-Avani</b>					

<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Chennai, India Sun 25 Sutra 130 Vilamba 5120
<b>4</b>	Dhanus Rasi: 27.49 Tithi 12 – 13 586442362 Routine Work Marana Yoga	<b>Gulika</b> 9:05AM – 10:38AM Yama 5:58AM – 7:31AM <b>Rahu</b> 1:46PM – 3:19PM	<b>Uttarashadha Until 6:37AM Fri</b> Ayushman Until 6:05PM Kaulava Until 11:36PM <b>Dvadashi Until 10:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:26PM</i> <b>Nataraja:</b> Clear Moon – Light Blue	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>
<b>Sravana-Avani</b>					
<i>Pradosha Vrata</i>					

<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau			Chennai, India Sun 26 Sutra 131 Vilamba 5120
<b>5</b>	Makara Rasi: 10 Tithi 13 – 14 586442362 Routine Work Marana Yoga	<b>Gulika</b> 7:31AM – 9:05AM Yama 3:19PM – 4:52PM <b>Rahu</b> 10:38AM – 12:12PM	<b>Uttarashadha Until 6:37AM</b> Saubhagya Until 7:09PM Gara Until 2:08AM Sat <b>Trayodashi Until 12:52PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:26PM</i> <b>Nataraja:</b> Clear Moon – Light Blue	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>
<b>Sravana-Avani</b>					
<b>Chidambaram Abhishekam</b>					

<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau			Chennai, India Sun 27 Sutra 132 Vilamba 5120
<b>6</b>	Makara Rasi: 21.26 Tithi 14 – 15 596442362 Creative Work Siddha Yoga	<b>Gulika</b> 5:58AM – 7:31AM Yama 1:45PM – 3:18PM <b>Rahu</b> 9:05AM – 10:38AM	<b>Shravana Until 9:49AM</b> Sobhana Until 8:06PM Visti Until 4:28AM Sun <b>Chaturdashy* Until 3:19PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:25PM</i> <b>Nataraja:</b> Clear Moon – Purple	Moon 7 - Phase 18 4th Phase <b>Subha Sivaloka Day</b>
<b>Sravana-Avani</b>					

<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Chennai, India Sutra 133 Vilamba 5120
<b>○</b>	<b>Copper Retreat Star</b> Kumbha Rasi: 3.21 Tithi 15 – 16 596442362 Routine Work Marana Yoga Until 12:37PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:18PM – 4:51PM Yama 12:11PM – 1:44PM <b>Rahu</b> 4:51PM – 6:24PM	<b>Dhanishtha Until 12:37PM</b> Athiganda* Until 8:47PM Balava Until 6:28AM Mon <b>Purnima* Until 5:29PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:24PM</i> <b>Nataraja:</b> Clear Moon – Purple	Moon 7 - Phase 18 Purnima <b>Subha Sivaloka Day</b>
<b>Sravana-Avani</b>					

<b>Monday, August 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau			Chennai, India Sutra 134 Vilamba 5120
<b>○</b>	<b>Silver Retreat Star</b> Kumbha Rasi: 15.23 Tithi 16 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 2:55PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:44PM – 3:17PM Yama 10:38AM – 12:11PM <b>Rahu</b> 7:31AM – 9:04AM	<b>Shatabhishak Until 2:55PM</b> Sukarma Until 9:13PM Balava Until 6:28AM <b>Prathama* Until 7:18PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:24PM</i> <b>Nataraja:</b> Clear Moon – Purple	Moon 7 - Phase 18 Prathama <b>Subha Sivaloka Day</b>
<b>Sravana-Avani</b>					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India

Sun 1 Sutra 135

Vilamba 5120

Kumbha Rasi: 27.35 Tithi 17

Gulika 12:11PM - 1:44PM  
Yama 9:04AM - 10:37AM  
Rahu 3:17PM - 4:50PM

Purvaprosarthapada\* Until 5:09PM  
Dhriti Until 9:20PM  
Taitila Until 8:05AM  
Dvitiya Until 8:42PM

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Clear Sunset: 6:23PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Devaloka Day

Routine Work Marana Yoga

Until 5:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Shula\* Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Chennai, India

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 9.58 Tithi 18

Gulika 10:37AM - 12:10PM  
Yama 7:31AM - 9:04AM  
Rahu 12:10PM - 1:43PM

Uttaraprosarthapada Until 6:48PM  
Shula\* Until 9:04PM  
Vanija Until 9:16AM  
Tritiya Until 9:40PM

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:23PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 22.33 Tithi 19

Gulika 9:04AM - 10:37AM  
Yama 5:58AM - 7:31AM  
Rahu 1:43PM - 3:16PM

Revati Until 7:51PM  
Ganda\* Until 8:28PM  
Bava Until 10:00AM  
Chaturthi\* Until 10:11PM

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:23PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 5.2 Tithi 20

Gulika 7:31AM - 9:04AM  
Yama 3:15PM - 4:48PM  
Rahu 10:37AM - 12:10PM

Ashvini Until 8:46PM  
Vriddhi Until 7:31PM  
Kaulava Until 10:17AM  
Panchami Until 10:13PM

Ganesha: Purple Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:21PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Bhuloka Day

Creative Work Amrita Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 18.22 Tithi 21

Gulika 5:58AM - 7:31AM  
Yama 1:42PM - 3:15PM  
Rahu 9:04AM - 10:37AM

Bharani Until 9:02PM  
Dhruva Until 6:10PM  
Gara Until 10:05AM  
Shashthi\* Until 9:47PM

Ganesha: Purple Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:21PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 9:02PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vyaghata/Harshana Yoga Visti\*/Bava Karana Saplamyam Titau

Chennai, India

Sun 6 Sutra 140

Vilamba 5120

Vrishabha Rasi: 1.39 Tithi 22

Gulika 3:14PM - 4:47PM  
Yama 12:09PM - 1:42PM  
Rahu 4:47PM - 6:20PM

Krittika Until 8:41PM  
Vyaghata\* Until 4:25PM  
Visti Until 9:23AM  
Saptami Until 8:50PM

Ganesha: Purple Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:20PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 7 Sutra 141

Vilamba 5120

Vrishabha Rasi: 15.13 Tithi 23

Gulika 1:41PM - 3:14PM  
Yama 10:36AM - 12:09PM  
Rahu 7:31AM - 9:03AM

Rohini Until 8:06PM  
Harshana Until 2:17PM  
Balava Until 8:11AM  
Ashtami\* Until 7:23PM

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:19PM  
Nataraja: Purple  
Moon - Yellow  
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Family Home Evening

Creative Work Amrita Yoga

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Chennai, India

Sun 8 Sutra 142

Vilamba 5120

Vrishabha Rasi: 29.04 Tithi 24 - 25

Gulika 12:08PM - 1:41PM  
Yama 9:03AM - 10:36AM  
Rahu 3:13PM - 4:46PM

Mrigashira Until 6:54PM  
Vajra\* Until 11:42AM  
Taitila Until 6:30AM  
Navami\* Until 5:27PM

Ganesha: White Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:19PM  
Nataraja: Purple  
Moon - Yellow  
Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Until 6:54PM

Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Chennai, India
	Mithuna Rasi: 13.14	Tithi 25 – 26	538452363	<b>Gulika</b> 10:36AM – 12:08PM	<b>Ardra</b> Until 5:07PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Yellow	Sun 9 Sutra 143 Vilamba 5120 Moon 8 - Phase 20 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:31AM – 9:03AM	Siddhi Until 8:46AM	Sunrise: 5:58AM Sunset: 6:18PM	
				<b>Rahu</b> 12:08PM – 1:41PM	Bava Until 1:43AM Thu Dashami Until 3:03PM	<b>Sravana-Avani</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Mithuna Rasi: 27.42	Tithi 26 – 27	548452363	<b>Gulika</b> 9:03AM – 10:35AM	<b>Punarvasu</b> Until 3:13PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue	Sun 10 Sutra 144 Vilamba 5120 Moon 8 - Phase 20 2nd Phase
	Creative Work	Amrita Yoga		Yama 5:58AM – 7:31AM	Variyan Until 1:57AM Fri Kaulava Until 10:47PM	Sunrise: 5:58AM Sunset: 6:17PM	
				<b>Rahu</b> 1:40PM – 3:12PM	Ekadashi* Until 12:16PM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Kataka Rasi: 12.23	Tithi 27 – 28	548452363	<b>Gulika</b> 7:31AM – 9:03AM	<b>Pushya</b> Until 12:54PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue	Sun 11 Sutra 145 Vilamba 5120 Moon 8 - Phase 20 2nd Phase
	Routine Work	Marana Yoga		Yama 3:12PM – 4:44PM	Parigha* Until 10:13PM Gara Until 7:37PM	Sunrise: 5:58AM Sunset: 6:17PM	
				<b>Rahu</b> 10:35AM – 12:07PM	Dvadashi* Until 9:12AM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India
	Kataka Rasi: 27.14	Tithi 29	548452363	<b>Gulika</b> 5:58AM – 7:31AM	<b>Ashlesha*</b> Until 10:19AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue	Sun 12 Sutra 146 Vilamba 5120 Moon 8 - Phase 20 2nd Phase
	Routine Work	Marana Yoga		Yama 1:39PM – 3:11PM	Shiva Until 6:26PM Visti Until 4:20PM	Sunrise: 5:58AM Sunset: 6:16PM	
	Until 10:19AM Then Creative Work - Amrita Yoga			<b>Rahu</b> 9:03AM – 10:35AM	Chaturdashi* Until 2:41AM Sun	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chennai, India
	<b>Retreat Star</b>			<b>Gulika</b> 3:11PM – 4:43PM	<b>Magha*</b> Until 7:58AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red	Sun 13 Sutra 147 Vilamba 5120 Moon 8 - Phase 20 Amavasya
	Simha Rasi: 12.06	Tithi 30	558452363	Yama 12:07PM – 1:39PM	Siddha Until 2:39PM Catuspada Until 1:05PM	Sunrise: 5:58AM Sunset: 6:15PM	
	Routine Work	Marana Yoga		<b>Rahu</b> 4:43PM – 6:15PM	Amavasya* Until 11:30PM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

**Grandparent's Day**

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India
	<b>Family Home Evening</b>			<b>Gulika</b> 1:38PM – 3:10PM	<b>Uttaraphalguni</b> Until 3:28AM Tue	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red	Sun 14 Sutra 148 Vilamba 5120 Moon 8 - Phase 20 Prathama
	Simha Rasi: 26.53	Tithi 1	559452363	Yama 10:34AM – 12:06PM	Sadhya Until 11:02AM Kintughna Until 10:01AM	Sunrise: 5:58AM Sunset: 6:14PM	
	Creative Work	Siddha Yoga		<b>Rahu</b> 7:30AM – 9:02AM	Prathama* Until 8:34PM	<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 11.25	Tithi 2	<b>Gulika</b> 12:06PM – 1:38PM	<b>Hasta</b> <b>Until 2:03AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21 3rd Phase
			Yama 9:02AM – 10:34AM	Subha <b>Until 7:44AM</b>	<b>Muruqa:</b> Purple		
			569452363 <b>Rahu</b> 3:10PM – 4:42PM	Balava <b>Until 7:16AM</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Dvitiya</b> <b>Until 6:04PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 25.38	Tithi 3 – 4	<b>Gulika</b> 10:34AM – 12:06PM	<b>Chitra</b> <b>Until 1:05AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 21 3rd Phase
			Yama 7:30AM – 9:02AM	Brahma <b>Until 2:23AM Thu</b>	<b>Muruqa:</b> Purple		
			569452363 <b>Rahu</b> 12:06PM – 1:38PM	Vanija <b>Until 3:24AM Thu</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Tritiya</b> <b>Until 4:07PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 1:05AM Thu				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 9.27	Tithi 4 – 5	<b>Gulika</b> 9:02AM – 10:34AM	<b>Svati</b> <b>Until 12:42AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 21 3rd Phase
			Yama 5:58AM – 7:30AM	Indra <b>Until 12:34AM Fri</b>	<b>Muruqa:</b> Purple		
			569452363 <b>Rahu</b> 1:37PM – 3:09PM	Bava <b>Until 2:32AM Fri</b>	<b>Nataraja:</b> Purple		
Creative Work Amrita Yoga			<b>Chaturthi*</b> <b>Until 2:51PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 12:42AM Fri				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chennai, India Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 22.49	Tithi 5 – 6	<b>Gulika</b> 7:30AM – 9:02AM	<b>Vishakha</b> <b>Until 1:26AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 21 3rd Phase
			Yama 3:08PM – 4:40PM	Vaidhriti* <b>Until 11:23PM</b>	<b>Muruqa:</b> Purple		
			579552363 <b>Rahu</b> 10:33AM – 12:05PM	Kaulava <b>Until 2:29AM Sat</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Panchami</b> <b>Until 2:23PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Chennai, India Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 5.45	Tithi 6 – 7	<b>Gulika</b> 5:58AM – 7:30AM	<b>Anuradha</b> <b>Until 2:48AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 21 3rd Phase
			Yama 1:36PM – 3:08PM	Vishkambha* <b>Until 10:52PM</b>	<b>Muruqa:</b> Purple		
			579552363 <b>Rahu</b> 9:01AM – 10:33AM	Gara <b>Until 3:16AM Sun</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Shashthi*</b> <b>Until 2:45PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 2:48AM Sun				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

6	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Vistri* Karana Saptami/Ashtamyam Titau				Chennai, India Sun 20 Sutra 154 Vilamba 5120
	Vrischika Rasi: 18.19	Tithi 7 – 8	<b>Gulika</b> 3:07PM – 4:39PM	<b>Jyeshtha*</b> <b>Until 4:44AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 21 3rd Phase
			Yama 12:04PM – 1:36PM	Priti <b>Until 10:57PM</b>	<b>Muruqa:</b> Purple		
			579552363 <b>Rahu</b> 4:39PM – 6:10PM	Vistri <b>Until 4:47AM Mon</b>	<b>Nataraja:</b> Purple		
Routine Work Marana Yoga			<b>Saptami</b> <b>Until 3:55PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 4:44AM Mon				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:35PM – 3:07PM	<b>Mula*</b> <b>Until 7:34AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21 Ashtami
	Dhanus Rasi: 0.32	Tithi 8 – 9	Yama 10:33AM – 12:04PM	Ayushman <b>Until 11:29PM</b>	<b>Muruqa:</b> Purple		
	<b>Family Home Evening</b>		589552363 <b>Rahu</b> 7:30AM – 9:01AM	Balava <b>Until 6:54AM Tue</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Ashtami*</b> <b>Until 5:46PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	

D	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 22 Sutra 156 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:35PM	<b>Mula*</b> <b>Until 7:34AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21 Navami
	Dhanus Rasi: 12.32	Tithi 9	Yama 9:01AM – 10:32AM	Saubhagya <b>Until 12:22AM Wed</b>	<b>Muruqa:</b> Purple		
			581552363 <b>Rahu</b> 3:06PM – 4:37PM	Balava <b>Until 6:54AM</b>	<b>Nataraja:</b> Purple		
Creative Work Amrita Yoga			<b>Navami*</b> <b>Until 8:06PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 7:34AM				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Chennai, India
	Dhanus Rasi: 24.23	Tithi 10	581552363	<b>Gulika</b> 10:32AM – 12:03PM Yama 7:30AM – 9:01AM <b>Rahu</b> 12:03PM – 1:34PM	<b>Purvashadha* Until 10:36AM</b> Sobhana Until 1:26AM Thu Taitila Until 9:24AM <b>Dashami Until 10:42PM</b>	Sunrise: 5:58AM Sunset: 6:08PM	Sun 23 Sutra 157 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Creative Work	Amrita Yoga					<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

2	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India
	Makara Rasi: 6.11	Tithi 11	581552363	<b>Gulika</b> 9:01AM – 10:32AM Yama 5:58AM – 7:29AM <b>Rahu</b> 1:34PM – 3:05PM	<b>Uttarashadha Until 1:34PM</b> Athiganda* Until 2:28AM Fri Vanija Until 12:02PM <b>Ekadashi Until 1:18AM Fri</b>	Sunrise: 5:58AM Sunset: 6:07PM	Sun 24 Sutra 158 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Routine Work	Marana Yoga					<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Until 1:34PM	Then Creative Work - Siddha Yoga					

3	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India
	Makara Rasi: 18	Tithi 12	591552363	<b>Gulika</b> 7:29AM – 9:00AM Yama 3:05PM – 4:36PM <b>Rahu</b> 10:31AM – 12:02PM	<b>Shravana Until 4:46PM</b> Sukarma Until 3:21AM Sat Bava Until 2:34PM <b>Dvadashi Until 3:43AM Sat</b>	Sunrise: 5:58AM Sunset: 6:07PM	Sun 25 Sutra 159 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Routine Work	Marana Yoga					<b>Devaloka Day</b>
	Until 4:46PM	Then Creative Work - Siddha Yoga					

4	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chennai, India
	Makara Rasi: 29.53	Tithi 13	591552363	<b>Gulika</b> 5:58AM – 7:29AM Yama 1:33PM – 3:04PM <b>Rahu</b> 9:00AM – 10:31AM	<b>Dhanishtha Until 7:31PM</b> Dhriti Until 3:58AM Sun Kaulava Until 4:49PM <b>Trayodashi Until 5:46AM Sun</b>	Sunrise: 5:58AM Sunset: 6:06PM	Sun 26 Sutra 160 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>
	Until 7:31PM	Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>

5	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau				Chennai, India
	Kumbha Rasi: 11.56	Tithi 14	591552363	<b>Gulika</b> 3:03PM – 4:34PM Yama 12:02PM – 1:33PM <b>Rahu</b> 4:34PM – 6:05PM	<b>Shatabhishak Until 9:41PM</b> Shula* Until 4:12AM Mon Gara Until 6:39PM <b>Chaturdashi* Until 7:21AM Mon</b>	Sunrise: 5:58AM Sunset: 6:05PM	Sun 27 Sutra 161 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>

○	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chennai, India
	<b>Copper Retreat Star</b>		511552363	<b>Gulika</b> 1:32PM – 3:03PM Yama 10:31AM – 12:01PM <b>Rahu</b> 7:29AM – 9:00AM	<b>Purvaproshtpada* Until 11:41PM</b> Ganda* Until 4:04AM Tue Visti Until 7:58PM <b>Chaturdashi* Until 7:21AM</b>	Sunrise: 5:58AM Sunset: 6:04PM	Sun 28 Sutra 162 Vilamba 5120 Moon 8 - Phase 22 Purnima
	Kumbha Rasi: 24.1	Tithi 14 – 15					<b>Devaloka Day</b>
	<b>Family Home Evening</b>	Marana Yoga					

○	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India
	<b>Silver Retreat Star</b>		511552363	<b>Gulika</b> 12:01PM – 1:32PM Yama 9:00AM – 10:30AM <b>Rahu</b> 3:02PM – 4:33PM	<b>Uttaraproshtpada Until 1:01AM Wed</b> Vriddhi Until 3:32AM Wed Balava Until 8:46PM <b>Purnima* Until 8:25AM</b>	Sunrise: 5:58AM Sunset: 6:04PM	Sun 29 Sutra 163 Vilamba 5120 Moon 8 - Phase 22 Prathama
	Meena Rasi: 6.37	Tithi 15 – 16					<b>Devaloka Day</b>
	Creative Work	Amrita Yoga					



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 19.18 Tithi 16 - 17

511552363

Gulika 10:30AM - 12:01PM  
Yama 7:29AM - 9:00AM  
Rahu 12:01PM - 1:31PM

Revati Until 1:44AM Thu  
Dhruva Until 2:36AM Thu  
Taitila Until 9:05PM  
Prathama\* Until 8:58AM

Ganesha: Purple Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:03PM  
Nataraja: Purple  
Moon - Clear  
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Until 1:44AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 2.13 Tithi 17 - 18

521552363

Gulika 8:59AM - 10:30AM  
Yama 5:58AM - 7:29AM  
Rahu 1:31PM - 3:01PM

Ashvini Until 2:20AM Fri  
Vyaghata\* Until 1:21AM Fri  
Vanija Until 8:58PM  
Dvitiya Until 9:03AM

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:02PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 2:20AM Fri

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

Chennai, India

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 15.2 Tithi 18 - 19

621552363

Gulika 7:29AM - 8:59AM  
Yama 3:01PM - 4:31PM  
Rahu 10:30AM - 12:00PM

Bharani Until 2:25AM Sat  
Harshana Until 11:49PM  
Bava Until 8:27PM  
Tritiya Until 8:44AM

Ganesha: Purple Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:02PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 2:25AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 28.39 Tithi 19 - 20

622552363

Gulika 5:59AM - 7:29AM  
Yama 1:30PM - 3:00PM  
Rahu 8:59AM - 10:29AM

Krittika Until 2:02AM Sun  
Vajra\* Until 9:59PM  
Kaulava Until 7:36PM  
Chatrthi\* Until 8:03AM

Ganesha: Clear Sunrise: 5:59AM  
Muruga: Purple Sunset: 6:01PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:02AM Sun

Then Creative Work - Siddha Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 12.08 Tithi 20 - 21

632552363

Gulika 3:00PM - 4:30PM  
Yama 11:59AM - 1:30PM  
Rahu 4:30PM - 6:00PM

Rohini Until 1:39AM Mon  
Siddhi Until 7:56PM  
Gara Until 6:27PM  
Panchami Until 7:03AM

Ganesha: Purple Sunrise: 5:59AM  
Muruga: Purple Sunset: 6:00PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Until 1:39AM Mon

Then Creative Work - Amrita Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 25.49 Tithi 22

632552363

Gulika 1:29PM - 2:59PM  
Yama 10:29AM - 11:59AM  
Rahu 7:29AM - 8:59AM

Mrigashira Until 12:51AM Tue  
Vyatipata\* Until 5:39PM  
Visti Until 5:01PM  
Saptami Until 4:10AM Tue

Ganesha: Purple Sunrise: 5:59AM  
Muruga: Purple Sunset: 6:00PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 12:51AM Tue

Then Routine Work - Marana Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 9.38 Tithi 23

632552363

Gulika 11:59AM - 1:29PM  
Yama 8:59AM - 10:29AM  
Rahu 2:59PM - 4:29PM

Ardra Until 11:37PM  
Variyan Until 3:08PM  
Balava Until 3:18PM  
Ashtami\* Until 2:19AM Wed

Ganesha: Purple Sunrise: 5:59AM  
Muruga: Purple Sunset: 5:59PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 11:37PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 23.39 Tithi 24

642552363

Gulika 10:28AM - 11:58AM  
Yama 7:29AM - 8:59AM  
Rahu 11:58AM - 1:28PM

Punarvasu Until 10:24PM  
Parigha\* Until 12:24PM  
Taitila Until 1:19PM  
Navami\* Until 12:12AM Thu

Ganesha: Clear Sunrise: 5:59AM  
Muruga: Purple Sunset: 5:58PM  
Nataraja: Purple  
Moon - Blue  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Chennai, India Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 7.49	Tithi 25	<b>Gulika</b> 8:58AM – 10:28AM	<b>Pushya</b> <b>Until 8:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	
		Yama 5:59AM – 7:29AM	Shiva <b>Until 9:28AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 1:28PM – 2:58PM	Vanija <b>Until 11:05AM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 9:51PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
Until 8:49PM				<b>Bhadrapada•Puratasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Chennai, India Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 22.09	Tithi 26	<b>Gulika</b> 7:29AM – 8:58AM	<b>Ashlesha*</b> <b>Until 6:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	
		Yama 2:57PM – 4:27PM	Siddha <b>Until 6:20AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 10:28AM – 11:58AM	Bava <b>Until 8:38AM</b>	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 7:19PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Bhadrapada•Puratasi</b>	Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Chennai, India Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 6.35	Tithi 27 – 28	<b>Gulika</b> 5:59AM – 7:28AM	<b>Magha*</b> <b>Until 5:10PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	
		Yama 1:27PM – 2:57PM	Subha <b>Until 11:48PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 8:58AM – 10:28AM	Kaulava <b>Until 6:02AM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 4:41PM</b>	Moon – Red	<b>Bhuloka Day</b>	
Until 5:10PM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Chennai, India Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 21.04	Tithi 28 – 29	<b>Gulika</b> 2:56PM – 4:26PM	<b>Purvaphalguni</b> <b>Until 3:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	
		Yama 11:57AM – 1:27PM	Sukla <b>Until 8:31PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 4:26PM – 5:56PM	Visti <b>Until 12:47AM Mon</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 2:03PM</b>	Moon – Red	<b>Bhuloka Day</b>	
Until 3:17PM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Amrita Yoga						

		<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Chennai, India Sun 12 Sutra 176 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:26PM – 2:56PM	<b>Uttaraphalguni</b> <b>Until 1:23PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	
Kanya Rasi: 5.29	Tithi 29 – 30	Yama 10:27AM – 11:57AM	Brahma <b>Until 5:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
<b>Family Home Evening</b>	652552364	<b>Rahu</b> 7:28AM – 8:58AM	Catuspada <b>Until 10:22PM</b>	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 11:32AM</b>	Moon – Red	<b>Bhuloka Day</b>	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>	Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Chennai, India Sun 13 Sutra 177 Vilamba 5120
Kanya Rasi: 19.46	Tithi 30 – 1	<b>Gulika</b> 11:57AM – 1:26PM	<b>Hasta</b> <b>Until 12:02PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:59AM	
		Yama 8:58AM – 10:27AM	Indra <b>Until 2:29PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
	662652364	<b>Rahu</b> 2:55PM – 4:25PM	Kintughna <b>Until 8:18PM</b>	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 9:16AM</b>	Moon – Green	<b>Devaloka Day</b>	
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>		

<b>1</b>		<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti/Vishkambha* Yoga Bava/Balava Karana Prathamai/Dvitiyayam Titau		Chennai, India Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 3.47	Tithi 1 – 2	<b>Gulika</b> 10:27AM – 11:56AM	<b>Chitra Until 10:58AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:59AM	Moon 9 - Phase 25 3rd Phase	
		Yama 7:28AM – 8:58AM	Vaidhriti* Until 11:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM		
		662652364 <b>Rahu</b> 11:56AM – 1:26PM	Balava Until 6:42PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Prathama* Until 7:24AM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

<b>2</b>		<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau		Chennai, India Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 17.29	Tithi 2 – 3	<b>Gulika</b> 8:58AM – 10:27AM	<b>Svati Until 10:19AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:59AM	Moon 9 - Phase 25 3rd Phase	
		Yama 5:59AM – 7:28AM	Vishkambha* Until 9:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM		
		662652364 <b>Rahu</b> 1:25PM – 2:55PM	Gara Until 5:27AM Fri	<b>Nataraja:</b> Clear			
Creative Work	Amrita Yoga		<b>Dvitiya Until 6:06AM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 10:19AM				<b>Ashvina+Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau		Chennai, India Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 0.48	Tithi 4	<b>Gulika</b> 7:28AM – 8:58AM	<b>Vishakha Until 10:38AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Moon 9 - Phase 25 3rd Phase	
		Yama 2:54PM – 4:23PM	Priti Until 8:17AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM		
		673652364 <b>Rahu</b> 10:27AM – 11:56AM	Vanija Until 5:26PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:34AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Chennai, India Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 13.43	Tithi 5	<b>Gulika</b> 5:59AM – 7:28AM	<b>Anuradha Until 11:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Moon 9 - Phase 25 3rd Phase	
		Yama 1:25PM – 2:54PM	Ayushman Until 7:19AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM		
		673652364 <b>Rahu</b> 8:57AM – 10:27AM	Bava Until 5:57PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Panchami Until 6:28AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>5</b>		<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Chennai, India Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 26.16	Tithi 5 – 6	<b>Gulika</b> 2:53PM – 4:22PM	<b>Jyeshtha* Until 1:03PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Moon 9 - Phase 25 3rd Phase	
		Yama 11:55AM – 1:24PM	Saubhagya Until 6:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM		
		673652364 <b>Rahu</b> 4:22PM – 5:51PM	Kaulava Until 7:13PM	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga		<b>Panchami Until 6:28AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 1:03PM				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Chennai, India Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 8.31	Tithi 6 – 7	<b>Gulika</b> 1:24PM – 2:53PM	<b>Mula* Until 3:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Moon 9 - Phase 25 3rd Phase	
<b>Family Home Evening</b>		Yama 10:26AM – 11:55AM	Sobhana Until 7:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM		
		683652364 <b>Rahu</b> 7:28AM – 8:57AM	Gara Until 9:10PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:06AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:33PM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Chennai, India Sun 20 Sutra 184 Vilamba 5120	
Dhanus Rasi: 20.31	Tithi 7 – 8	<b>Gulika</b> 11:55AM – 1:24PM	<b>Purvashadha* Until 6:24PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Moon 9 - Phase 25 Ashtami	
		Yama 8:57AM – 10:26AM	Athiganda* Until 7:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM		
		683652364 <b>Rahu</b> 2:53PM – 4:21PM	Visti Until 11:35PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Saptami Until 10:19AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 6:24PM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Chennai, India Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 2.22	Tithi 8 – 9	<b>Gulika</b> 10:26AM – 11:55AM	<b>Uttarashadha Until 9:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Moon 9 - Phase 25 Navami	
		Yama 7:29AM – 8:57AM	Sukarma Until 8:45AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM		
		683652364 <b>Rahu</b> 11:55AM – 1:23PM	Balava Until 2:14AM Thu	<b>Nataraja:</b> Clear			
Creative Work	Amrita Yoga		<b>Ashtami* Until 12:53PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 9:19PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Aipasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Chennai, India Sun 22 Sutra 186 Vilamba 5120		
Makara Rasi: 14.1	Tithi 9 – 10	<b>Gulika</b> 8:57AM – 10:26AM	<b>Shravana Until 12:35AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:00AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 6:00AM – 7:29AM	Dhriti Until 9:47AM	<b>Nataraja:</b> Clear		<b>Moon – Purple</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		693652364 <b>Rahu</b> 1:23PM – 2:52PM	Taitila Until 4:50AM Fri	<b>Ashvina-Aipasi</b>				
		Vijaya Dasami	<b>Navami* Until 3:32PM</b>					

<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau		Chennai, India Sun 23 Sutra 187 Vilamba 5120		
Makara Rasi: 26	Tithi 10	<b>Gulika</b> 7:29AM – 8:57AM	<b>Dhanishtha Until 3:25AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:00AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 2:51PM – 4:20PM	Shula* Until 10:42AM	<b>Nataraja:</b> Clear		<b>Moon – Purple</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		693652364 <b>Rahu</b> 10:26AM – 11:54AM	Gara Until 6:00PM	<b>Ashvina-Aipasi</b>				
			<b>Dashami Until 6:00PM</b>					

<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Chennai, India Sun 24 Sutra 188 Vilamba 5120		
Kumbha Rasi: 7.57	Tithi 11	<b>Gulika</b> 6:00AM – 7:29AM	<b>Shatabhishak Until 5:39AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:00AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 26 4th Phase
Creative Work	Amrita Yoga	Yama 1:23PM – 2:51PM	Ganda* Until 11:22AM	<b>Nataraja:</b> Clear		<b>Moon – Purple</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		693652364 <b>Rahu</b> 8:57AM – 10:26AM	Vanija Until 7:07AM	<b>Ashvina-Aipasi</b>				
			<b>Ekadashi Until 8:04PM</b>					

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Chennai, India Sun 25 Sutra 189 Vilamba 5120		
Kumbha Rasi: 20.05	Tithi 12	<b>Gulika</b> 2:51PM – 4:19PM	<b>Purvaproshtapada* Until 7:37AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:00AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 11:54AM – 1:22PM	Vridhhi Until 11:39AM	<b>Nataraja:</b> Clear		<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		613652364 <b>Rahu</b> 4:19PM – 5:47PM	Bava Until 8:55AM	<b>Ashvina-Aipasi</b>				
			<b>Dvadashi Until 9:34PM</b>					

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Chennai, India Sun 26 Sutra 190 Vilamba 5120		
Meena Rasi: 2.28	Tithi 13	<b>Gulika</b> 1:22PM – 2:50PM	<b>Purvaproshtapada* Until 7:37AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 26 4th Phase
<b>Family Home Evening</b>		Yama 10:26AM – 11:54AM	Dhruva Until 11:26AM	<b>Nataraja:</b> Clear		<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Routine Work	Marana Yoga	613652364 <b>Rahu</b> 7:29AM – 8:57AM	Kaulava Until 10:06AM	<b>Ashvina-Aipasi</b>				
			<b>Trayodashi Until 10:26PM</b>					
			<i>Pradosha Vrata</i>					

<b>6</b>		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Chennai, India Sun 27 Sutra 191 Vilamba 5120		
Meena Rasi: 15.09	Tithi 14	<b>Gulika</b> 11:54AM – 1:22PM	<b>Uttaraproshtapada Until 8:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 26 4th Phase
Creative Work	Amrita Yoga	Yama 8:57AM – 10:25AM	Vyaghata* Until 10:44AM	<b>Nataraja:</b> Clear		<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		613652364 <b>Rahu</b> 2:50PM – 4:18PM	Gara Until 10:38AM	<b>Ashvina-Aipasi</b>				
			<b>Chaturdashi* Until 10:39PM</b>					

<b>○</b>		<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau		Chennai, India Sutra 192 Vilamba 5120		
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:25AM – 11:54AM	<b>Revati Until 9:14AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 28.08	Tithi 15	Yama 7:29AM – 8:57AM	Harshana Until 9:33AM	<b>Nataraja:</b> Clear		<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Routine Work	Marana Yoga	613652364 <b>Rahu</b> 11:54AM – 1:22PM	Visti Until 10:34AM	<b>Ashvina-Aipasi</b>				
			<b>Purnima* Until 10:17PM</b>					

<b>Thursday, October 25, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Chennai, India Sutra 193 Vilamba 5120		
Mesha Rasi: 11.24	Tithi 16	<b>Gulika</b> 8:57AM – 10:25AM	<b>Ashvini Until 9:26AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 26 Prathama
Creative Work	Amrita Yoga	Yama 6:01AM – 7:29AM	Vajra* Until 7:55AM	<b>Nataraja:</b> Clear		<b>Moon – White</b>		<b>Devaloka Day</b>
		623652364 <b>Rahu</b> 1:21PM – 2:49PM	Balava Until 9:56AM	<b>Ashvina-Aipasi</b>				
			<b>Prathama* Until 9:26PM</b>					

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Mesha Rasi: 24.55 Tithi 17

Creative Work Siddha Yoga

624652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:29AM - 8:57AM  
Yama 2:49PM - 4:17PM  
Rahu 10:25AM - 11:53AM

Bharani Until 9:02AM  
Vyatipata\* Until 3:41AM Sat  
Taitila Until 8:51AM  
Dvitiya Until 8:10PM

Ganesha: White Sunrise: 6:01AM  
Muruga: Purple Sunset: 5:45PM  
Nataraja: Clear  
Moon - White

Sivaloka Day

Chennai, India  
Sun 1 Sutra 194  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

1

Saturday, October 27, 2018

Vrishabha Rasi: 8.4 Tithi 18

Creative Work Amrita Yoga

624652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti\* Karana Tritiyayam Titau

Gulika 6:02AM - 7:30AM  
Yama 1:21PM - 2:49PM  
Rahu 8:57AM - 10:25AM

Krittika Until 8:10AM  
Variyan Until 1:12AM Sun  
Vanija Until 7:26AM  
Tritiya Until 6:37PM

Ganesha: White Sunrise: 6:02AM  
Muruga: Purple Sunset: 5:45PM  
Nataraja: Clear  
Moon - White

Sivaloka Day

Chennai, India  
Sun 2 Sutra 195  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

2

Sunday, October 28, 2018

Vrishabha Rasi: 22.32 Tithi 19 - 20

Creative Work Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 2:49PM - 4:16PM  
Yama 11:53AM - 1:21PM  
Rahu 4:16PM - 5:44PM

Rohini Until 7:20AM  
Parigha\* Until 10:36PM  
Kaulava Until 3:59AM Mon  
Chaturthi\* Until 4:53PM

Ganesha: Clear Sunrise: 6:02AM  
Muruga: Purple Sunset: 5:44PM  
Nataraja: Clear  
Moon - Yellow

Devaloka Day

Chennai, India  
Sun 3 Sutra 196  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

3

Monday, October 29, 2018

Mithuna Rasi: 6.31 Tithi 20 - 21

Family Home Evening

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:21PM - 2:48PM  
Yama 10:25AM - 11:53AM  
Rahu 7:30AM - 8:58AM

Mrigashira Until 6:14AM  
Shiva Until 7:55PM  
Gara Until 2:05AM Tue  
Panchami Until 3:01PM

Ganesha: Clear Sunrise: 6:02AM  
Muruga: Purple Sunset: 5:44PM  
Nataraja: Clear  
Moon - Yellow

Devaloka Day

Chennai, India  
Sun 4 Sutra 197  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

4

Tuesday, October 30, 2018

Mithuna Rasi: 20.33 Tithi 21 - 22

Creative Work Siddha Yoga

644652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 11:53AM - 1:21PM  
Yama 8:58AM - 10:25AM  
Rahu 2:48PM - 4:16PM

Punarvasu Until 3:47AM Wed  
Siddha Until 5:10PM  
Visti Until 12:08AM Wed  
Shashthi\* Until 1:06PM

Ganesha: Purple Sunrise: 6:02AM  
Muruga: Purple Sunset: 5:44PM  
Nataraja: Clear  
Moon - Blue

Sivaloka Day

Chennai, India  
Sun 5 Sutra 198  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

D

Wednesday, October 31, 2018

Retreat Star

Kataka Rasi: 4.37 Tithi 22 - 23

Creative Work Siddha Yoga

644662364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:25AM - 11:53AM  
Yama 7:30AM - 8:58AM  
Rahu 11:53AM - 1:20PM

Pushya Until 2:31AM Thu  
Sadhya Until 2:25PM  
Balava Until 10:10PM  
Saptami Until 11:08AM

Ganesha: Purple Sunrise: 6:03AM  
Muruga: Clear Sunset: 5:43PM  
Nataraja: Clear  
Moon - Blue

Subha Sivaloka Day

Chennai, India  
Sun 6 Sutra 199  
Vilamba 5120  
Moon 10 - Phase 27  
Ashtami

Thursday, November 1, 2018

Retreat Star

Kataka Rasi: 18.41 Tithi 23 - 24

Creative Work Siddha Yoga

Until 1:06AM Fri

Then Routine Work - Marana Yoga

644662364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha\* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:58AM - 10:25AM  
Yama 6:03AM - 7:30AM  
Rahu 1:20PM - 2:48PM

Ashlesha\* Until 1:06AM Fri  
Subha Until 11:39AM  
Taitila Until 8:11PM  
Ashtami\* Until 9:09AM

Ganesha: Purple Sunrise: 6:03AM  
Muruga: Clear Sunset: 5:43PM  
Nataraja: Clear  
Moon - Blue

Subha Sivaloka Day

Chennai, India  
Sun 7 Sutra 200  
Vilamba 5120  
Moon 10 - Phase 27  
Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Chennai, India Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 2.46	Tithi 24 - 25	654662364	<b>Gulika</b> 7:31AM - 8:58AM <b>Yama</b> 2:48PM - 4:15PM <b>Rahu</b> 10:25AM - 11:53AM	<b>Magha* Until 11:59PM</b> Sukla Until 8:51AM Vanija Until 6:12PM <b>Navami* Until 7:10AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:42PM	Moon 10 - Phase 28 2nd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 11:59PM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau		Chennai, India Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 16.51	Tithi 26	654762364	<b>Gulika</b> 6:04AM - 7:31AM <b>Yama</b> 1:20PM - 2:47PM <b>Rahu</b> 8:58AM - 10:26AM	<b>Purvaphalguni Until 10:44PM</b> Brahma Until 6:04AM Bava Until 4:15PM <b>Ekadashi* Until 3:16AM Sun</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:42PM	Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:44PM Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Chennai, India Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 0.54	Tithi 27	654762364	<b>Gulika</b> 2:47PM - 4:15PM <b>Yama</b> 11:53AM - 1:20PM <b>Rahu</b> 4:15PM - 5:42PM	<b>Uttaraphalguni Until 9:27PM</b> Vaidhriti* Until 12:41AM Mon Kaulava Until 2:22PM <b>Dvadashi* Until 1:27AM Mon</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:42PM	Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga							
<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Chennai, India Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 14.52	Tithi 28	664762364	<b>Gulika</b> 1:20PM - 2:47PM <b>Yama</b> 10:26AM - 11:53AM <b>Rahu</b> 7:31AM - 8:58AM	<b>Hasta Until 8:37PM</b> Vishkambha* Until 10:10PM Gara Until 12:37PM <b>Trayodashi* Until 11:49PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:42PM	Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 8:37PM Then Routine Work - Prabaralishta Yoga							
<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Chennai, India Sun 12 Sutra 205 Vilamba 5120	
Kanya Rasi: 28.43	Tithi 29	664762364	<b>Gulika</b> 11:53AM - 1:20PM <b>Yama</b> 8:59AM - 10:26AM <b>Rahu</b> 2:47PM - 4:14PM	<b>Chitra Until 7:54PM</b> Priti Until 7:54PM Visti Until 11:07AM <b>Chaturdashi* Until 10:28PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:41PM	Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga		Subramuniaswami Mahasamadhi Deepavali Hindu Solidarity Day					
<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Chennai, India Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 12.22	Tithi 30	764762364	<b>Gulika</b> 10:26AM - 11:53AM <b>Yama</b> 7:32AM - 8:59AM <b>Rahu</b> 11:53AM - 1:20PM	<b>Svati Until 7:26PM</b> Ayushman Until 5:55PM Catuspada Until 9:58AM <b>Amavasya* Until 9:32PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:41PM	Moon 10 - Phase 28 Amavasya <b>Devaloka Day</b>
Creative Work Siddha Yoga							
<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Chennai, India Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 25.46	Tithi 1	775762364	<b>Gulika</b> 8:59AM - 10:26AM <b>Yama</b> 6:05AM - 7:32AM <b>Rahu</b> 1:20PM - 2:47PM	<b>Vishakha Until 7:46PM</b> Saubhagya Until 4:20PM Kintughna Until 9:16AM <b>Prathama* Until 9:07PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Orange	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:41PM	Moon 10 - Phase 28 Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Skanda Shasthi Begins					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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<b>1</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dviliyayam Titau		Chennai, India Sun 15 Sutra 208 Vilamba 5120
Wrischika Rasi: 8.52	Tithi 2	<b>Gulika</b> 7:32AM – 8:59AM	<b>Anuradha</b> Until 8:32PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	
		Yama 2:47PM – 4:14PM	Sobhana Until 3:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 10:26AM – 11:53AM	Balava Until 9:09AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 9:19PM	Moon – Orange		<b>Sivaloka Day</b>
Until 8:32PM				<b>Kartika-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Triliyayam Titau		Chennai, India Sun 16 Sutra 209 Vilamba 5120
Wrischika Rasi: 21.4	Tithi 3	<b>Gulika</b> 6:06AM – 7:33AM	<b>Jyeshtha*</b> Until 9:48PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:06AM	
		Yama 1:20PM – 2:47PM	Athiganda* Until 2:38PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 9:00AM – 10:26AM	Taitila Until 9:42AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 10:12PM	Moon – Orange		<b>Sivaloka Day</b>
				<b>Kartika-Aipasi</b>		

<b>3</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Chennai, India Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 4.08	Tithi 4	<b>Gulika</b> 2:47PM – 4:14PM	<b>Mula*</b> Until 12:01AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	
		Yama 11:53AM – 1:20PM	Sukarma Until 2:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 4:14PM – 5:40PM	Vanija Until 10:55AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 11:45PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 12:01AM Mon				<b>Kartika-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Chennai, India Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 16.2	Tithi 5	<b>Gulika</b> 1:20PM – 2:47PM	<b>Purvashadha*</b> Until 2:38AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	
<b>Family Home Evening</b>		Yama 10:27AM – 11:53AM	Dhriti Until 2:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 <b>Rahu</b> 7:33AM – 9:00AM	Bava Until 12:47PM	<b>Nataraja:</b> Clear		3rd Phase
Until 2:38AM Tue			<b>Panchami</b> Until 1:53AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Kartika-Aipasi</b>		

<b>5</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Chennai, India Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 28.19	Tithi 6	<b>Gulika</b> 11:53AM – 1:20PM	<b>Uttarashadha</b> Until 5:28AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	
		Yama 9:00AM – 10:27AM	Shula* Until 3:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 2:47PM – 4:13PM	Kaulava Until 3:08PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Shashthi*</b> Until 4:25AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>
Until 5:28AM Wed		<b>Skanda Shasthi</b>		<b>Kartika-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Chennai, India Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 10.1	Tithi 7	<b>Gulika</b> 10:27AM – 11:54AM	<b>Shravana</b> Until 8:46AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:07AM	
		Yama 7:34AM – 9:01AM	Ganda* Until 4:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 11:54AM – 1:20PM	Gara Until 5:48PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM Thu	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Kartika-Aipasi</b>		

<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Chennai, India Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 21.58	Tithi 7 – 8	<b>Gulika</b> 9:01AM – 10:27AM	<b>Shravana</b> Until 8:46AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:08AM	
		Yama 6:08AM – 7:34AM	Vridhhi Until 5:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 1:20PM – 2:47PM	Visti Until 8:29PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Kartika-Aipasi</b>		

<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Chennai, India Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 3.47	Tithi 8 – 9	<b>Gulika</b> 7:35AM – 9:01AM	<b>Dhanishtha</b> Until 11:48AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:08AM	
		Yama 2:47PM – 4:13PM	Dhruva Until 6:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 10:28AM – 11:54AM	Balava Until 10:55PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:43AM	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Kartika-Kartikai</b>		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Saturday, November 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Chennai, India Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 15.44	Tithi 9 – 10	<b>Gulika</b> 6:09AM – 7:35AM	<b>Shatabhishak</b> Until 2:17PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM		
		Yama 1:21PM – 2:47PM	Vyaghata* Until 6:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 30	
	796762365	<b>Rahu</b> 9:01AM – 10:28AM	Taitila Until 12:53AM Sun	<b>Nataraja:</b> White		4th Phase	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 11:57AM	Moon – Purple		<b>Devaloka Day</b>	
Until 2:17PM				<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, November 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Chennai, India Sun 24 Sutra 217 Vilamba 5120
Kumbha Rasi: 27.54	Tithi 10 – 11	<b>Gulika</b> 2:47PM – 4:13PM	<b>Purvaproshtapada*</b> Until 4:32PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:09AM		
		Yama 11:54AM – 1:21PM	Harshana Until 7:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 30	
	716762365	<b>Rahu</b> 4:13PM – 5:40PM	Vanija Until 2:11AM Mon	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:36PM	Moon – Clear		<b>Devaloka Day</b>	
Until 4:32PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Monday, November 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau	Chennai, India Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 10.21	Tithi 11 – 12	<b>Gulika</b> 1:21PM – 2:47PM	<b>Uttaraproshtapada</b> Until 5:55PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:10AM		
		Yama 10:28AM – 11:55AM	Vajra* Until 6:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 30	
<b>Family Home Evening</b>	716762365	<b>Rahu</b> 7:36AM – 9:02AM	Bava Until 2:45AM Tue	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 2:32PM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>4</b>		<b>Tuesday, November 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Chennai, India Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 23.08	Tithi 12 – 13	<b>Gulika</b> 11:55AM – 1:21PM	<b>Revati</b> Until 6:26PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:10AM		
		Yama 9:02AM – 10:29AM	Siddhi Until 5:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 30	
	716762365	<b>Rahu</b> 2:47PM – 4:13PM	Kaulava Until 2:33AM Wed	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 2:43PM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, November 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Chennai, India Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 6.17	Tithi 13 – 14	<b>Gulika</b> 10:29AM – 11:55AM	<b>Ashvini</b> Until 6:33PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:11AM		
		Yama 7:37AM – 9:03AM	Vyatipata* Until 3:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 30	
	726762365	<b>Rahu</b> 11:55AM – 1:21PM	Gara Until 1:40AM Thu	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:10PM	Moon – White		<b>Bhuloka Day</b>	
Until 6:33PM				<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

		<b>Thursday, November 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau	Chennai, India Sutra 221 Vilamba 5120
Mesha Rasi: 19.49	Tithi 14 – 15	<b>Gulika</b> 9:03AM – 10:29AM	<b>Bharani</b> Until 5:53PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:11AM		
		Yama 6:11AM – 7:37AM	Varyan Until 1:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 30	
	726762365	<b>Rahu</b> 1:21PM – 2:47PM	Vistil Until 12:10AM Fri	<b>Nataraja:</b> White		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:58PM	Moon – White		<b>Bhuloka Day</b>	
Until 5:53PM				<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>Friday, November 23, 2018</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Chennai, India Sutra 222 Vilamba 5120
Vrishabha Rasi: 3.42	Tithi 15 – 16	<b>Gulika</b> 7:38AM – 9:04AM	<b>Krittika</b> Until 4:35PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:11AM		
		Yama 2:48PM – 4:14PM	Parigha* Until 10:55AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 30	
	726762365	<b>Rahu</b> 10:30AM – 11:56AM	Balava Until 10:12PM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 11:13AM	Moon – White		<b>Bhuloka Day</b>	
Until 4:35PM		<b>Krittika Deepam</b>		<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		<b>Vinayaga Viratam Begins</b>					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 223

Vilamba 5120

Vrishabha Rasi: 17.5 Tithi 16 - 17

737762365

**Gulika** 6:12AM - 7:38AM  
**Yama** 1:22PM - 2:48PM  
**Rahu** 9:04AM - 10:30AM

**Rohini** Until 3:12PM  
Shiva Until 7:59AM  
Taitila Until 7:55PM  
**Prathama\*** Until 9:04AM

**Ganesha:** Red *Sunrise:* 6:12AM  
**Muruqa:** Clear *Sunset:* 5:40PM

**Nataraja:** White  
Moon - Yellow

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:12PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visiti\* Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 2.11 Tithi 17 - 18

737762365

**Gulika** 2:48PM - 4:14PM  
**Yama** 11:56AM - 1:22PM  
**Rahu** 4:14PM - 5:40PM

**Mrigashira** Until 1:26PM  
Sadhya Until 1:32AM Mon  
Visiti Until 4:07AM Mon  
**Dvitiya** Until 6:40AM

**Ganesha:** Red *Sunrise:* 6:12AM  
**Muruqa:** Clear *Sunset:* 5:40PM

**Nataraja:** White  
Moon - Yellow

**Devaloka Day**

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 16.37 Tithi 19

737762365

**Gulika** 1:22PM - 2:48PM  
**Yama** 10:31AM - 11:56AM  
**Rahu** 7:39AM - 9:05AM

**Ardra** Until 11:27AM  
Subha Until 10:15PM  
Bava Until 2:51PM  
**Chaturthi\*** Until 1:34AM Tue

**Ganesha:** Red *Sunrise:* 6:13AM  
**Muruqa:** Clear *Sunset:* 5:40PM

**Nataraja:** White  
Moon - Yellow

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:27AM  
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 1.04 Tithi 20

747762365

**Gulika** 11:57AM - 1:23PM  
**Yama** 9:05AM - 10:31AM  
**Rahu** 2:48PM - 4:14PM

**Punarvasu** Until 9:46AM  
Sukla Until 7:00PM  
Kaulava Until 12:20PM  
**Panchami** Until 11:06PM

**Ganesha:** Green *Sunrise:* 6:14AM  
**Muruqa:** Clear *Sunset:* 5:40PM

**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 15.25 Tithi 21

747862365

**Gulika** 10:31AM - 11:57AM  
**Yama** 7:40AM - 9:06AM  
**Rahu** 11:57AM - 1:23PM

**Pushya** Until 8:04AM  
Brahma Until 3:53PM  
Gara Until 9:56AM  
**Shashthi\*** Until 8:47PM

**Ganesha:** White *Sunrise:* 6:14AM  
**Muruqa:** Clear *Sunset:* 5:40PM

**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Visiti\*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 228

Vilamba 5120

Kataka Rasi: 29.4 Tithi 22

747863365

**Gulika** 9:06AM - 10:32AM  
**Yama** 6:15AM - 7:40AM  
**Rahu** 1:23PM - 2:49PM

**Ashlesha\*** Until 6:25AM  
Indra Until 12:57PM  
Visiti Until 7:44AM  
**Saptami** Until 6:42PM

**Ganesha:** White *Sunrise:* 6:15AM  
**Muruqa:** Purple *Sunset:* 5:40PM

**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 6:25AM  
Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 13.45 Tithi 23 - 24

757863365

**Gulika** 7:41AM - 9:06AM  
**Yama** 2:49PM - 4:15PM  
**Rahu** 10:32AM - 11:58AM

**Purvaphalguni** Until 4:15AM Sat  
Vaidhriti\* Until 10:11AM  
Taitila Until 4:05AM Sat  
**Ashtami\*** Until 4:52PM

**Ganesha:** Clear *Sunrise:* 6:15AM  
**Muruqa:** Purple *Sunset:* 5:41PM

**Nataraja:** White  
Moon - Red

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:15AM Sat  
Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Vishkambha\*/Prili\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Chennai, India

Sun 7 Sutra 230

Vilamba 5120

Simha Rasi: 27.4 Tithi 24 - 25

758863365

**Gulika** 6:16AM - 7:41AM  
**Yama** 1:24PM - 2:49PM  
**Rahu** 9:07AM - 10:33AM

**Uttaraphalguni** Until 3:20AM Sun  
Vishkambha\* Until 7:38AM  
Vanija Until 2:39AM Sun  
**Navami\*** Until 3:19PM

**Ganesha:** Orange *Sunrise:* 6:16AM  
**Muruqa:** Purple *Sunset:* 5:41PM

**Nataraja:** White  
Moon - Red

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 3:20AM Sun  
Then Creative Work - Amrita Yoga

<b>1 Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hashta Nakshatra Ayushman Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau			Chennai, India Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 11.25	Tithi 25 – 26	<b>Gulika</b> 2:50PM – 4:15PM	<b>Hasta</b> Until 3:00AM Mon	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:16AM	
		Yama 11:59AM – 1:24PM	Ayushman Until 3:13AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM	Moon 11 - Phase 32
	768863365	<b>Rahu</b> 4:15PM – 5:41PM	Bava Until 1:31AM Mon	<b>Nataraja:</b> White	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:01PM	Moon – Green	<b>Bhuloka Day</b>
Until 3:00AM Mon				<b>Karttika-Karttikai</b>	
Then Routine Work - Prabalarishta Yoga					

<b>2 Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Chennai, India Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 25.01	Tithi 26 – 27	<b>Gulika</b> 1:24PM – 2:50PM	<b>Chitra</b> Until 2:50AM Tue	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:17AM	
<b>Family Home Evening</b>		Yama 10:33AM – 11:59AM	Saubhagya Until 1:22AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM	Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 7:42AM – 9:08AM	Kaulava Until 12:41AM Tue	<b>Nataraja:</b> White	2nd Phase
Until 2:50AM Tue			<b>Ekadashi*</b> Until 1:02PM	Moon – Green	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Karttika-Karttikai</b>	

<b>3 Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau			Chennai, India Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 8.25	Tithi 27 – 28	<b>Gulika</b> 11:59AM – 1:25PM	<b>Svati</b> Until 2:51AM Wed	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:17AM	
		Yama 9:08AM – 10:34AM	Sobhana Until 11:47PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM	Moon 11 - Phase 32
	768863365	<b>Rahu</b> 2:50PM – 4:16PM	Gara Until 12:11AM Wed	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 12:22PM	Moon – Green	<b>Bhuloka Day</b>
				<b>Karttika-Karttikai</b>	
				<i>Pradosha Vrata (Fasting)</i>	

<b>4 Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visiti* Karana Trayodashi/Chaturdashyam Titau			Chennai, India Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 21.38	Tithi 28 – 29	<b>Gulika</b> 10:34AM – 12:00PM	<b>Vishakha</b> Until 3:33AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	
		Yama 7:43AM – 9:09AM	Athiganda* Until 10:30PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM	Moon 11 - Phase 32
	778863365	<b>Rahu</b> 12:00PM – 1:25PM	Visti Until 12:06AM Thu	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 12:04PM	Moon – Orange	<b>Bhuloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Chennai, India Sun 12 Sutra 235 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:09AM – 10:35AM	<b>Anuradha</b> Until 4:34AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	
Vrischika Rasi: 4.38	Tithi 29 – 30	Yama 6:18AM – 7:44AM	Sukarma Until 9:34PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM	Moon 11 - Phase 32
	778863365	<b>Rahu</b> 1:26PM – 2:51PM	Catuspada Until 12:29AM Fri	<b>Nataraja:</b> White	Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:12PM	Moon – Orange	<b>Bhuloka Day</b>
Until 4:34AM Fri				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Chennai, India Sun 13 Sutra 236 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:44AM – 9:10AM	<b>Jyeshtha*</b> Until 5:55AM Sat	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:19AM	
Vrischika Rasi: 17.25	Tithi 30 – 1	Yama 2:51PM – 4:17PM	Dhriti Until 9:03PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM	Moon 11 - Phase 32
	779863365	<b>Rahu</b> 10:35AM – 12:01PM	Kintughna Until 1:22AM Sat	<b>Nataraja:</b> White	Prathama
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 12:50PM	Moon – Orange	<b>Bhuloka Day</b>
Until 5:55AM Sat				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>	<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Chennai, India Sun 14 Sutra 237 Vilamba 5120
	Vrischika Rasi: 29.57	Tithi 1 – 2	<b>Gulika</b> 6:19AM – 7:45AM	<b>Mula* Until 8:06AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:19AM	
			Yama 1:26PM – 2:52PM	Shula* Until 8:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 9:10AM – 10:36AM	Balava Until 2:48AM Sun	<b>Nataraja:</b> White		3rd Phase
			Prathama* Until 1:59PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>2</b>	<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Chennai, India Sun 15 Sutra 238 Vilamba 5120
	Dhanus Rasi: 12.15	Tithi 2 – 3	<b>Gulika</b> 2:52PM – 4:18PM	<b>Mula* Until 8:06AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:20AM	
			Yama 12:01PM – 1:27PM	Ganda* Until 9:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 11 - Phase 33
	Creative Work	Amrita Yoga	789863365 <b>Rahu</b> 4:18PM – 5:43PM	Taitila Until 4:45AM Mon	<b>Nataraja:</b> White		3rd Phase
			Dvitiya Until 3:41PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>3</b>	<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 16 Sutra 239 Vilamba 5120
	Dhanus Rasi: 24.21	Tithi 3 – 4	<b>Gulika</b> 1:27PM – 2:53PM	<b>Purvashadha* Until 10:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	
	<b>Family Home Evening</b>		Yama 10:37AM – 12:02PM	Vriddhi Until 9:48PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 11 - Phase 33
	Routine Work	Marana Yoga	789863365 <b>Rahu</b> 7:46AM – 9:11AM	Vanija Until 7:08AM Tue	<b>Nataraja:</b> White		3rd Phase
			Tritiya Until 5:52PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>4</b>	<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Vishti* Karana Chaturthyam Titau				Chennai, India Sun 17 Sutra 240 Vilamba 5120
	Makara Rasi: 6.17	Tithi 4	<b>Gulika</b> 12:02PM – 1:28PM	<b>Uttarashadha Until 1:21PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	
			Yama 9:12AM – 10:37AM	Dhruva Until 10:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 11 - Phase 33
	Routine Work	Prabalarishta Yoga	789863365 <b>Rahu</b> 2:53PM – 4:18PM	Vanija Until 7:08AM	<b>Nataraja:</b> White		3rd Phase
			Chaturthi* Until 8:25PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>5</b>	<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sun 18 Sutra 241 Vilamba 5120
	Makara Rasi: 18.06	Tithi 5	<b>Gulika</b> 10:38AM – 12:03PM	<b>Shravana Until 4:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	
			Yama 7:47AM – 9:12AM	Vyaghata* Until 11:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 12:03PM – 1:28PM	Bava Until 9:48AM	<b>Nataraja:</b> White		3rd Phase
			Panchami Until 11:10PM	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>6</b>	<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Chennai, India Sun 19 Sutra 242 Vilamba 5120
	Makara Rasi: 29.53	Tithi 6	<b>Gulika</b> 9:13AM – 10:38AM	<b>Dhanishtha Until 7:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	
			Yama 6:22AM – 7:47AM	Harshana Until 12:39AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 1:29PM – 2:54PM	Kaulava Until 12:33PM	<b>Nataraja:</b> White		3rd Phase
			Shashthi* Until 1:52AM Fri	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

Vinayaga Viratam Ends

<b>7</b>	<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Chennai, India Sun 20 Sutra 243 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 7:48AM – 9:13AM	<b>Shatabhishak Until 10:34PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	
	Kumbha Rasi: 11.41	Tithi 7	Yama 2:54PM – 4:20PM	Vajra* Until 1:25AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 10:38AM – 12:04PM	Gara Until 3:10PM	<b>Nataraja:</b> White		3rd Phase
			Saptami Until 4:19AM Sat	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>8</b>	<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Chennai, India Sun 21 Sutra 244 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 6:23AM – 7:48AM	<b>Purvaproshtapada* Until 1:15AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	
	Kumbha Rasi: 23.37	Tithi 8	Yama 1:29PM – 2:55PM	Siddhi Until 1:51AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 11 - Phase 33
	Routine Work	Marana Yoga	711863365 <b>Rahu</b> 9:14AM – 10:39AM	Visti Until 5:23PM	<b>Nataraja:</b> White		Ashtami
			Ashtami* Until 6:15AM Sun	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>9</b>	<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 22 Sutra 245 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:55PM – 4:20PM	<b>Uttaraproshtapada Until 3:08AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM	
	Meena Rasi: 5.44	Tithi 8 – 9	Yama 12:05PM – 1:30PM	Vyatipata* Until 1:48AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 11 - Phase 33
	Creative Work	Amrita Yoga	711863365 <b>Rahu</b> 4:20PM – 5:46PM	Balava Until 7:00PM	<b>Nataraja:</b> White		Navami
			Ashtami* Until 6:15AM	Moon – Clear		<b>Bhuloka Day</b>	
		Markali Pillaiyar		<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Varyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chennai, India Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 18.09	Tithi 9 – 10	<b>Gulika</b> 1:30PM – 2:56PM	<b>Revati Until 4:08AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	
	<b>Family Home Evening</b>	811863365	Yama 10:40AM – 12:05PM	Variyan Until 1:08AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 7:50AM – 9:15AM	Taitila Until 7:52PM	<b>Nataraja:</b> White		4th Phase
			<b>Navami* Until 7:31AM</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>			

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.55	Tithi 10 – 11	<b>Gulika</b> 12:06PM – 1:31PM	<b>Ashvini Until 4:39AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	
		821863365	Yama 9:15AM – 10:40AM	Parigha* Until 11:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 2:56PM – 4:21PM	Vanija Until 7:56PM	<b>Nataraja:</b> White		4th Phase
		<b>Gita Jayanthi</b>	<b>Dashami Until 7:59AM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>		

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 14.05	Tithi 11 – 12	<b>Gulika</b> 10:41AM – 12:06PM	<b>Bharani Until 4:13AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	
		821863365	Yama 7:51AM – 9:16AM	Shiva Until 9:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 12:06PM – 1:31PM	Bava Until 7:10PM	<b>Nataraja:</b> White		4th Phase
Until 4:13AM Thu			<b>Ekadashi Until 7:38AM</b>	Moon – White		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>		

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.41	Tithi 12 – 13	<b>Gulika</b> 9:16AM – 10:41AM	<b>Krittika Until 2:58AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	
		821863365	Yama 6:26AM – 7:51AM	Siddha Until 7:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 1:32PM – 2:57PM	Taitila Until 4:38AM Fri	<b>Nataraja:</b> White		4th Phase
			<b>Dvadashi Until 6:29AM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>		
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 11.42	Tithi 14	<b>Gulika</b> 7:52AM – 9:17AM	<b>Rohini Until 1:24AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
		831863365	Yama 2:58PM – 4:23PM	Sadhya Until 4:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 10:42AM – 12:07PM	Gara Until 3:30PM	<b>Nataraja:</b> White		4th Phase
Until 1:24AM Sat		<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi* Until 2:13AM Sat</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Margasira-Markali</b>			

<b>○</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 6:27AM – 7:52AM	<b>Mrigashira Until 11:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM	
	Vrishabha Rasi: 26.06	Tithi 15	Yama 1:33PM – 2:58PM	Subha Until 1:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831863365	<b>Rahu</b> 9:17AM – 10:42AM	Visti Until 12:51PM	<b>Nataraja:</b> White		Purnima
		<b>Day 2 of Pancha Ganapati</b>	<b>Purnima* Until 11:22PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>			

<b>○</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Chennai, India Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:59PM – 4:24PM	<b>Ardra Until 8:45PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	
	Mithuna Rasi: 10.47	Tithi 16	Yama 12:08PM – 1:33PM	Sukla Until 9:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831963365	<b>Rahu</b> 4:24PM – 5:49PM	Balava Until 9:51AM	<b>Nataraja:</b> White		Prathama
		<b>Day 3 of Pancha Ganapati</b>	<b>Prathama* Until 8:15PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Ardra Darshanam</b>		<b>Margasira-Markali</b>	<b>Devaloka Time: 9:AM to 12:PM</b>		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 25.38 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 6:23PM

Then Creative Work - Siddha Yoga

Gulika 1:34PM - 2:59PM

Yama 10:43AM - 12:09PM

Rahu 7:53AM - 9:18AM

Day 4 of Pancha Ganapati

Punarvasu Until 6:23PM

Indra Until 1:37AM Tue

Taitila Until 6:39AM

Dvitiya Until 5:01PM

Ganesha: Blue Sunrise: 6:28AM

Muruqa: Purple Sunset: 5:50PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 10.32 Tithi 18 - 19

841963365

Creative Work Siddha Yoga

Gulika 12:09PM - 1:34PM

Yama 9:19AM - 10:44AM

Rahu 3:00PM - 4:25PM

Day 5 of Pancha Ganapati

Pushya Until 3:55PM

Vaidhriti\* Until 9:48PM

Bava Until 12:17AM Wed

Tritiya Until 1:49PM

Ganesha: Blue Sunrise: 6:28AM

Muruqa: Purple Sunset: 5:50PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 25.2 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 10:44AM - 12:10PM

Yama 7:54AM - 9:19AM

Rahu 12:10PM - 1:35PM

Ashlesha\* Until 1:29PM

Vishkambha\* Until 6:09PM

Kaulava Until 9:22PM

Chaturthi\* Until 10:46AM

Ganesha: Yellow Sunrise: 6:29AM

Muruqa: Purple Sunset: 5:51PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 9.56 Tithi 20 - 21

852963366

Creative Work Amrita Yoga

Until 11:38AM

Then Creative Work - Siddha Yoga

Gulika 9:20AM - 10:45AM

Yama 6:29AM - 7:55AM

Rahu 1:35PM - 3:01PM

Magha\* Until 11:38AM

Priti Until 2:47PM

Gara Until 6:48PM

Panchami Until 8:01AM

Ganesha: Blue Sunrise: 6:29AM

Muruqa: Purple Sunset: 5:51PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 24.16 Tithi 22

852963366

Creative Work Siddha Yoga

Gulika 7:55AM - 9:20AM

Yama 3:01PM - 4:26PM

Rahu 10:45AM - 12:11PM

Purvaphalguni Until 10:03AM

Ayushman Until 11:44AM

Visti Until 4:40PM

Saptami Until 3:46AM Sat

Ganesha: Blue Sunrise: 6:30AM

Muruqa: Purple Sunset: 5:52PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 8.18 Tithi 23

852963366

Routine Work Marana Yoga

Gulika 6:30AM - 7:55AM

Yama 1:36PM - 3:02PM

Rahu 9:21AM - 10:46AM

Uttaraphalguni Until 8:47AM

Saubhagya Until 9:05AM

Balava Until 3:02PM

Ashtami\* Until 2:24AM Sun

Ganesha: Blue Sunrise: 6:30AM

Muruqa: Purple Sunset: 5:52PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 22 Tithi 24

862963366

Creative Work Amrita Yoga

Until 8:20AM

Then Creative Work - Siddha Yoga

Gulika 3:02PM - 4:27PM

Yama 12:12PM - 1:37PM

Rahu 4:27PM - 5:53PM

Hasta Until 8:20AM

Sobhana Until 6:52AM

Taitila Until 1:56PM

Navami\* Until 1:34AM Mon

Ganesha: Red Sunrise: 6:31AM

Muruqa: Purple Sunset: 5:53PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Chennai, India Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:37PM – 3:03PM	<b>Chitra Until 8:16AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:31AM
Tula Rasi: 5.25	Tithi 25	Yama 10:47AM – 12:12PM	Sukarma Until 3:39AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 7:56AM – 9:22AM	Vanija Until 1:22PM	<b>Nataraja:</b> Green
Routine Work	Prabalarishta Yoga		Dashami Until 1:15AM Tue	Moon – Green
Until 8:16AM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Margasira*Markali
				Devaloka Time: 6:AM to 9:AM

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Chennai, India Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:13PM – 1:38PM	<b>Svati Until 8:33AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:31AM
Tula Rasi: 18.32	Tithi 26	Yama 9:22AM – 10:47AM	Dhriti Until 2:39AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM
	862963366	<b>Rahu</b> 3:03PM – 4:29PM	Bava Until 1:19PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Ekadashi* Until 1:28AM Wed	Moon – Green
Until 8:33AM				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				Margasira*Markali
				Devaloka Time: 6:AM to 9:AM

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Chennai, India Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:48AM – 12:13PM	<b>Vishakha Until 9:38AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:32AM
Vrischika Rasi: 1.24	Tithi 27	Yama 7:57AM – 9:22AM	Shula* Until 2:01AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM
	872963366	<b>Rahu</b> 12:13PM – 1:38PM	Kaulava Until 1:47PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Dvadashi* Until 2:10AM Thu	Moon – Orange
Until 8:33AM				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				Margasira*Markali
				Devaloka Time: 6:AM to 9:AM

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Chennai, India Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:23AM – 10:48AM	<b>Anuradha Until 11:01AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:32AM
Vrischika Rasi: 14.02	Tithi 28	Yama 6:32AM – 7:58AM	Ganda* Until 1:44AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:55PM
	872963366	<b>Rahu</b> 1:39PM – 3:04PM	Gara Until 2:43PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Trayodashi* Until 3:21AM Fri	Moon – Orange
Until 11:01AM				<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga				Margasira*Markali
				Pradosha Vrata (Fasting)

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Chennai, India Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 7:58AM – 9:23AM	<b>Jyeshtha* Until 12:42PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:33AM
Vrischika Rasi: 26.28	Tithi 29	Yama 3:05PM – 4:30PM	Vriddhi Until 1:49AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:56PM
	872963366	<b>Rahu</b> 10:49AM – 12:14PM	Visti Until 4:07PM	<b>Nataraja:</b> Green
Routine Work	Marana Yoga		Chaturdashi* Until 4:58AM Sat	Moon – Orange
Until 12:42PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Margasira*Markali
				Devaloka Time: 6:AM to 9:AM

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Chennai, India Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:33AM – 7:58AM	<b>Mula* Until 3:06PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:33AM
Dhanus Rasi: 8.43	Tithi 30	Yama 1:40PM – 3:05PM	Dhruva Until 2:10AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:56PM
	882963366	<b>Rahu</b> 9:24AM – 10:49AM	Catuspada Until 5:57PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Amavasya* Until 6:59AM Sun	Moon – Light Blue
Until 5:43PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Margasira*Markali
				Devaloka Time: 12:PM to 3:PM

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Chennai, India Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:06PM – 4:31PM	<b>Purvashadha* Until 5:43PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:33AM
Dhanus Rasi: 20.49	Tithi 30 – 1	Yama 12:15PM – 1:40PM	Vyaghata* Until 2:48AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM
	882973366	<b>Rahu</b> 4:31PM – 5:57PM	Kintughna Until 8:09PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Amavasya* Until 6:59AM	Moon – Light Blue
Until 5:43PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Pausha*Markali
				Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Chennai, India Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 2.46 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 8:26PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:41PM – 3:06PM Yama 10:50AM – 12:15PM <b>Rahu</b> 7:59AM – 9:24AM	<b>Uttarashadha Until 8:26PM</b> Harshana Until 3:39AM Tue Balava Until 10:39PM <b>Prathama* Until 9:20AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>
			<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	Moon 12 - Phase 37 3rd Phase

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Chennai, India Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 14.37 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:16PM – 1:41PM Yama 9:25AM – 10:50AM <b>Rahu</b> 3:07PM – 4:32PM	<b>Shravana Until 11:42PM</b> Vajra* Until 4:36AM Wed Taitila Until 1:20AM Wed <b>Dvitiya Until 11:57AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:58PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Chennai, India Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Makara Rasi: 26.25 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 2:52AM Thu Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:51AM – 12:16PM Yama 8:00AM – 9:25AM <b>Rahu</b> 12:16PM – 1:42PM	<b>Dhanishtha Until 2:52AM Thu</b> Siddhi Until 5:36AM Thu Vanija Until 4:06AM Thu <b>Tritiya Until 2:42PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:58PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Chennai, India Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 8.12 Tithi 4 – 5 Creative Work Siddha Yoga	<b>Gulika</b> 9:26AM – 10:51AM Yama 6:34AM – 8:00AM <b>Rahu</b> 1:42PM – 3:08PM	<b>Shatabhishak Until 5:46AM Fri</b> Vyatipata* Until 6:31AM Fri Bava Until 6:45AM Fri <b>Chaturthi* Until 5:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau		Chennai, India Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 20.01 Tithi 5 Creative Work Siddha Yoga	<b>Gulika</b> 8:00AM – 9:26AM Yama 3:08PM – 4:34PM <b>Rahu</b> 10:51AM – 12:17PM	<b>Purvaproshtapada* Until 8:44AM Sat</b> Vyatipata* Until 6:31AM Bava Until 6:45AM <b>Panchami Until 7:57PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Chennai, India Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 1.57 Tithi 6 Routine Work Marana Yoga Until 8:44AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:35AM – 8:01AM Yama 1:43PM – 3:09PM <b>Rahu</b> 9:26AM – 10:52AM	<b>Purvaproshtapada* Until 8:44AM</b> Variyan Until 7:13AM Kaulava Until 9:07AM <b>Shashthi* Until 10:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:00PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Chennai, India Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:09PM – 4:35PM Yama 12:18PM – 1:44PM <b>Rahu</b> 4:35PM – 6:01PM	<b>Uttaraproshtapada Until 11:07AM</b> Parigha* Until 7:36AM Gara Until 11:02AM <b>Saptami Until 11:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>
			<b>Devaloka Day</b>	Moon 12 - Phase 37 3rd Phase

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Chennai, India Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:44PM – 3:10PM Yama 10:52AM – 12:18PM <b>Rahu</b> 8:01AM – 9:27AM	<b>Revati Until 12:44PM</b> Shiva Until 7:32AM Visti Until 12:19PM <b>Ashtami* Until 12:40AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Thai</b>
			<b>Devaloka Day</b>	Moon 12 - Phase 37 Ashtami

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Chennai, India Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:19PM – 1:44PM Yama 9:27AM – 10:53AM <b>Rahu</b> 3:10PM – 4:36PM	<b>Ashvini Until 1:58PM</b> Siddha Until 6:53AM Balava Until 12:51PM <b>Navami* Until 12:48AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>
			<b>Sivaloka Day</b>	Moon 12 - Phase 37 Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada


<b>1</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Chennai, India Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 22.05	Tithi 10	<b>Gulika</b> 10:53AM – 12:19PM	<b>Bharani</b> Until 2:13PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:36AM	Moon 12 - Phase 38	
		Yama 8:01AM – 9:27AM	Subha Until 3:45AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:02PM	4th Phase	
		823173366 <b>Rahu</b> 12:19PM – 1:45PM	Taitila Until 12:34PM	<b>Nataraja:</b> Green		<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:06AM Thu	Moon – White		<b>Pausha*Thai</b>	
Until 2:13PM							
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visli* Karana Ekadashyam Titau		Chennai, India Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 5.34	Tithi 11	<b>Gulika</b> 9:28AM – 10:53AM	<b>Krittika</b> Until 1:32PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:36AM	Moon 12 - Phase 38	
		Yama 6:36AM – 8:02AM	Sukla Until 1:13AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	4th Phase	
		823173366 <b>Rahu</b> 1:45PM – 3:11PM	Vanija Until 11:27AM	<b>Nataraja:</b> Green		<b>Sivaloka Day</b>	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 10:35PM	Moon – White		<b>Pausha*Thai</b>	

<b>3</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Chennai, India Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 19.31	Tithi 12	<b>Gulika</b> 8:02AM – 9:28AM	<b>Rohini</b> Until 12:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	Moon 12 - Phase 38	
		Yama 3:11PM – 4:37PM	Brahma Until 10:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	4th Phase	
		823173366 <b>Rahu</b> 10:54AM – 12:20PM	Bava Until 9:35AM	<b>Nataraja:</b> Green		<b>Devaloka Day</b>	
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 8:22PM	Moon – Yellow		<b>Pausha*Thai</b>	
Until 12:24PM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Chennai, India Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 3.55	Tithi 13 – 14	<b>Gulika</b> 6:36AM – 8:02AM	<b>Mrigashira</b> Until 10:29AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	Moon 12 - Phase 38	
		Yama 1:46PM – 3:12PM	Indra Until 6:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM	4th Phase	
		823173366 <b>Rahu</b> 9:28AM – 10:54AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Green		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 5:33PM	Moon – Yellow		<b>Pausha*Thai</b>	

*Pradosha Vrata*

		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Chennai, India Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:12PM – 4:38PM	<b>Ardra</b> Until 7:57AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	Moon 12 - Phase 38	
Mithuna Rasi: 18.41	Tithi 14 – 15	Yama 12:20PM – 1:46PM	Vaidhriti* Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM	Purnima	
		823173366 <b>Rahu</b> 4:38PM – 6:04PM	Visti Until 12:34AM Mon	<b>Nataraja:</b> Green		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:18PM	Moon – Yellow		<b>Pausha*Thai</b>	

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Chennai, India Sutra 281 Vilamba 5120	
Kataka Rasi: 3.44	Tithi 15 – 16	<b>Gulika</b> 1:47PM – 3:13PM	<b>Pushya</b> Until 2:25AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Moon 12 - Phase 38	
<b>Family Home Evening</b>		Yama 10:54AM – 12:21PM	Vishkambha* Until 10:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:05PM	Prathama	
		843173366 <b>Rahu</b> 8:02AM – 9:28AM	Balava Until 8:56PM	<b>Nataraja:</b> Green		<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:45AM	Moon – Blue		<b>Pausha*Thai</b>	
		<b>Total Lunar Eclipse</b>					
		<b>Thai Pusam</b>					



**Tuesday, January 22, 2019**  
**Gold Retreat Star**

Kataka Rasi: 18.55    Tithi 16 – 17

844173366

Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau

**Gulika** 12:21PM – 1:47PM  
**Yama** 9:29AM – 10:55AM  
**Rahu** 3:13PM – 4:39PM  
**Ashlesha\* Until 11:23PM**  
Priti Until 6:16AM  
Gara Until 3:26AM Wed  
**Prathama\* Until 7:04AM**

**Ganesha:** Clear    *Sunrise: 6:36AM*  
**Muruqa:** Clear    *Sunset: 6:05PM*  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

Chennai, India  
Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

**1**

**Wednesday, January 23, 2019**

Simha Rasi: 4.05    Tithi 18

854173366

Creative Work    Siddha Yoga

Until 8:46PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 10:55AM – 12:21PM  
**Yama** 8:02AM – 9:29AM  
**Rahu** 12:21PM – 1:47PM  
**Magha\* Until 8:46PM**  
Saubhagya Until 9:57PM  
Vanija Until 1:42PM  
**Tritiya Until 11:59PM**

**Ganesha:** Purple    *Sunrise: 6:36AM*  
**Muruqa:** Clear    *Sunset: 6:06PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Chennai, India  
Sun 1    Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Thursday, January 24, 2019**

Simha Rasi: 19.04    Tithi 19

854173366

Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 9:29AM – 10:55AM  
**Yama** 6:36AM – 8:03AM  
**Rahu** 1:48PM – 3:14PM  
**Purvaphalguni Until 6:20PM**  
Sobhana Until 6:10PM  
Bava Until 10:24AM  
**Chaturthi\* Until 8:54PM**

**Ganesha:** Purple    *Sunrise: 6:36AM*  
**Muruqa:** Clear    *Sunset: 6:06PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Chennai, India  
Sun 2    Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**3**

**Friday, January 25, 2019**

Kanya Rasi: 3.45    Tithi 20

954173366

Creative Work    Siddha Yoga

Until 4:15PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 8:03AM – 9:29AM  
**Yama** 3:14PM – 4:41PM  
**Rahu** 10:55AM – 12:22PM  
**Uttaraphalguni Until 4:15PM**  
Athiganda\* Until 2:44PM  
Kaulava Until 7:33AM  
**Panchami Until 6:17PM**

**Ganesha:** Clear    *Sunrise: 6:36AM*  
**Muruqa:** Clear    *Sunset: 6:07PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Chennai, India  
Sun 3    Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

**4**

**Saturday, January 26, 2019**

Kanya Rasi: 18.03    Tithi 21 – 22

964173366

Routine Work    Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 6:36AM – 8:03AM  
**Yama** 1:48PM – 3:15PM  
**Rahu** 9:29AM – 10:55AM  
**Hasta Until 3:01PM**  
Sukarma Until 11:48AM  
Visti Until 3:34AM Sun  
**Shashthi\* Until 4:18PM**

**Ganesha:** Purple    *Sunrise: 6:36AM*  
**Muruqa:** Clear    *Sunset: 6:07PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Chennai, India  
Sun 4    Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**5**

**Sunday, January 27, 2019**

Tula Rasi: 1.56    Tithi 22 – 23

964173366

Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 3:15PM – 4:41PM  
**Yama** 12:22PM – 1:48PM  
**Rahu** 4:41PM – 6:08PM  
**Chitra Until 2:21PM**  
Dhriti Until 9:25AM  
Balava Until 2:38AM Mon  
**Saptami Until 3:00PM**

**Ganesha:** Purple    *Sunrise: 6:36AM*  
**Muruqa:** Clear    *Sunset: 6:08PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Chennai, India  
Sun 5    Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**D**

**Monday, January 28, 2019**

**Retreat Star**

Tula Rasi: 15.23    Tithi 23 – 24

964173366

**Family Home Evening**

Creative Work    Amrita Yoga

Until 2:14PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:49PM – 3:15PM  
**Yama** 10:56AM – 12:22PM  
**Rahu** 8:03AM – 9:29AM  
**Svati Until 2:14PM**  
Shula\* Until 7:36AM  
Taitila Until 2:28AM Tue  
**Ashtami\* Until 2:26PM**

**Ganesha:** Purple    *Sunrise: 6:36AM*  
**Muruqa:** Clear    *Sunset: 6:08PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Chennai, India  
Sun 6    Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**Tuesday, January 29, 2019**

**Retreat Star**

Tula Rasi: 28.26    Tithi 24 – 25

974173366

Routine Work    Marana Yoga

Until 3:10PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 12:22PM – 1:49PM  
**Yama** 9:29AM – 10:56AM  
**Rahu** 3:16PM – 4:42PM  
**Vishakha Until 3:10PM**  
Ganda\* Until 6:22AM  
Vanija Until 3:00AM Wed  
**Navami\* Until 2:37PM**

**Ganesha:** Clear    *Sunrise: 6:36AM*  
**Muruqa:** Clear    *Sunset: 6:09PM*  
**Nataraja:** Green  
Moon – Orange  
**Pausha\*Thai**

Chennai, India  
Sun 7    Sutra 289  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

**Devaloka Day**

1	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Chennai, India
	Vrischika Rasi: 11.08	Tithi 25 – 26	Gulika Yama	10:56AM – 12:23PM 8:03AM – 9:29AM	Anuradha Until 4:36PM Dhruva Until 5:30AM Thu Bava Until 4:12AM Thu	Sunrise: 6:36AM Sunset: 6:09PM	Sun 8 Sutra 290 Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	794173366	Rahu	12:23PM – 1:49PM		Nataraja: Green Moon – Orange		Devaloka Day
	Creative Work Siddha Yoga				Dashami Until 3:30PM	Pausha*Thai	

2	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Vrischika Rasi: 23.34	Tithi 26 – 27	Gulika Yama	9:29AM – 10:56AM 6:36AM – 8:03AM	Jyeshtha* Until 6:27PM Vyaghata* Until 5:43AM Fri Kaulava Until 5:57AM Fri	Sunrise: 6:36AM Sunset: 6:10PM	Sun 9 Sutra 291 Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	794173366	Rahu	1:49PM – 3:16PM		Nataraja: Green Moon – Orange		Devaloka Day
	Routine Work Prabalarishta Yoga Until 6:27PM Then Creative Work - Siddha Yoga				Ekadashi* Until 5:00PM	Pausha*Thai	

3	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Taitila Karana Dvadashyam Titau				Chennai, India
	Dhanus Rasi: 5.45	Tithi 27	Gulika Yama	8:03AM – 9:29AM 3:16PM – 4:43PM	Mula* Until 9:05PM Harshana Until 6:17AM Sat Taitila Until 6:58PM	Sunrise: 6:36AM Sunset: 6:10PM	Sun 10 Sutra 292 Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	984173366	Rahu	10:56AM – 12:23PM		Nataraja: Green Moon – Light Blue		Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Creative Work Amrita Yoga Until 9:05PM Then Routine Work - Prabalarishta Yoga				Dvadashi* Until 6:58PM	Pausha*Thai	

4	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India
	Dhanus Rasi: 17.46	Tithi 28	Gulika Yama	6:36AM – 8:03AM 1:50PM – 3:16PM	Purvashadha* Until 11:53PM Harshana Until 6:17AM Gara Until 8:08AM	Sunrise: 6:36AM Sunset: 6:10PM	Sun 11 Sutra 293 Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	984173366	Rahu	9:29AM – 10:56AM		Nataraja: Green Moon – Light Blue		Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Creative Work Siddha Yoga Until 11:53PM Then Routine Work - Marana Yoga				Trayodashi* Until 9:19PM	Pausha*Thai	

*Pradosha Vrata (Fasting)*

5	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India
	Dhanus Rasi: 29.41	Tithi 29	Gulika Yama	3:17PM – 4:44PM 12:23PM – 1:50PM	Uttarashadha Until 2:45AM Mon Vajra* Until 7:02AM Visti Until 10:36AM	Sunrise: 6:36AM Sunset: 6:10PM	Sun 12 Sutra 294 Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	984173366	Rahu	4:44PM – 6:10PM		Nataraja: Green Moon – Light Blue		Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Creative Work Amrita Yoga				Chaturdashi* Until 11:54PM	Pausha*Thai	

●	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chennai, India		
	<b>Retreat Star</b>		Makara Rasi: 11.31	Tithi 30	Gulika Yama	1:50PM – 3:17PM 10:56AM – 12:23PM	Shravana Until 6:02AM Tue Siddhi Until 7:57AM	Sunrise: 6:35AM Sunset: 6:11PM	Sun 13 Sutra 295 Vilamba 5120 Moon 1 - Phase 40 Amavasya
	<b>Family Home Evening</b>		795173367	Rahu	8:02AM – 9:29AM		Catuspada Until 1:16PM		Devaloka Day
	Creative Work Amrita Yoga Until 6:02AM Tue Then Creative Work - Siddha Yoga						Amavasya* Until 2:36AM Tue	Pausha*Thai	

●	<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India		
	<b>Retreat Star</b>		Makara Rasi: 23.18	Tithi 1	Gulika Yama	12:23PM – 1:50PM 9:29AM – 10:56AM	Shravana Until 6:02AM Vyatipata* Until 8:57AM Kintughna Until 3:59PM	Sunrise: 6:35AM Sunset: 6:11PM	Sun 14 Sutra 296 Vilamba 5120 Moon 1 - Phase 40 Prathama
	<b>Family Home Evening</b>		995173367	Rahu	3:17PM – 4:44PM		Prathama* Until 5:18AM Wed		Devaloka Day
	Creative Work Siddha Yoga						Magha*Thai		

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Varyan/Parigha* Yoga Balava Karana Dviliyayam Titau				Chennai, India
	Kumbha Rasi: 5.06	Tithi 2	<b>Gulika</b> 10:56AM – 12:23PM	<b>Dhanishtha Until 9:09AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:35AM	Sun 15 Sutra 297
Routine Work	Prabalarishta Yoga	Yama 8:02AM – 9:29AM	Variyan Until 9:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Vilamba 5120	
Until 9:09AM		<b>Rahu</b> 12:23PM – 1:50PM	Balava Until 6:39PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Then Creative Work - Siddha Yoga			<b>Dvitiya Until 7:55AM Thu</b>	Moon – Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dviliya/Triliyayam Titau				Chennai, India
	Kumbha Rasi: 16.56	Tithi 2 – 3	<b>Gulika</b> 9:29AM – 10:56AM	<b>Shatabhishak Until 12:00PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:35AM	Sun 16 Sutra 298
		Yama 6:35AM – 8:02AM	Parigha* Until 10:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Vilamba 5120	
		<b>Rahu</b> 1:51PM – 3:18PM	Taitila Until 9:10PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:55AM</b>	Moon – Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Triliya/Chaturthyam Titau				Chennai, India
	Kumbha Rasi: 28.5	Tithi 3 – 4	<b>Gulika</b> 8:02AM – 9:29AM	<b>Purvaproshtapada* Until 2:59PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:35AM	Sun 17 Sutra 299
		Yama 3:18PM – 4:45PM	Shiva Until 11:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Vilamba 5120	
		<b>Rahu</b> 10:56AM – 12:24PM	Vanija Until 11:27PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga		<b>Tritiya Until 10:20AM</b>	Moon – Clear		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India
	Meena Rasi: 10.51	Tithi 4 – 5	<b>Gulika</b> 6:34AM – 8:02AM	<b>Uttaraproshtapada Until 5:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM	Sun 18 Sutra 300
		Yama 1:51PM – 3:18PM	Siddha Until 12:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:13PM	Vilamba 5120	
		<b>Rahu</b> 9:29AM – 10:56AM	Bava Until 1:24AM Sun	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 12:27PM</b>	Moon – Clear		3rd Phase	
Until 5:31PM				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chennai, India
	Meena Rasi: 23	Tithi 5 – 6	<b>Gulika</b> 3:18PM – 4:46PM	<b>Revati Until 7:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:34AM	Sun 19 Sutra 301
		Yama 12:24PM – 1:51PM	Sadhya Until 12:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:13PM	Vilamba 5120	
		<b>Rahu</b> 4:46PM – 6:13PM	Kaulava Until 2:53AM Mon	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Amrita Yoga		<b>Panchami Until 2:11PM</b>	Moon – Clear		3rd Phase	
Until 7:29PM				<b>Magha-Thai</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Chennai, India
	Mesha Rasi: 5.21	Tithi 6 – 7	<b>Gulika</b> 1:51PM – 3:19PM	<b>Ashvini Until 9:15PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM	Sun 20 Sutra 302
<b>Family Home Evening</b>		Yama 10:56AM – 12:24PM	Subha Until 12:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:13PM	Vilamba 5120	
Creative Work	Siddha Yoga	<b>Rahu</b> 8:01AM – 9:29AM	Gara Until 3:48AM Tue	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Shashthi* Until 3:24PM</b>	Moon – White		3rd Phase	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>Retreat Star</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chennai, India
	Mesha Rasi: 17.57	Tithi 7 – 8	<b>Gulika</b> 12:24PM – 1:51PM	<b>Bharani Until 10:14PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM	Sun 21 Sutra 303
		Yama 9:29AM – 10:56AM	Sukla Until 11:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Vilamba 5120	
		<b>Rahu</b> 3:19PM – 4:46PM	Visti Until 4:02AM Wed	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga		<b>Saptami Until 3:59PM</b>	Moon – White		3rd Phase	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>Retreat Star</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India
	Vrishabha Rasi: 0.52	Tithi 8 – 9	<b>Gulika</b> 10:56AM – 12:24PM	<b>Krittika Until 10:22PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM	Sun 22 Sutra 304
		Yama 8:01AM – 9:28AM	Brahma Until 10:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Vilamba 5120	
		<b>Rahu</b> 12:24PM – 1:51PM	Balava Until 3:32AM Thu	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Amrita Yoga		<b>Ashtami* Until 3:52PM</b>	Moon – White		Ashtami	
Until 10:22PM				<b>Magha-Masi</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chennai, India
	Vrishabha Rasi: 14.11	Tithi 9 – 10	<b>Gulika</b> 9:28AM – 10:56AM	<b>Rohini Until 10:03PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	Sun 23 Sutra 305
		Yama 6:33AM – 8:01AM	Indra Until 8:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Vilamba 5120	
		<b>Rahu</b> 1:51PM – 3:19PM	Taitila Until 2:15AM Fri	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Routine Work	Marana Yoga		<b>Navami* Until 2:58PM</b>	Moon – Yellow		Navami	
				<b>Magha-Masi</b>		<b>Sivaloka Day</b>	

<b>1</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India Sun 24 Sutra 306 Vilamba 5120
	Vrishabha Rasi: 27.55	Tithi 10 – 11	936273367	<b>Gulika</b> 8:00AM – 9:28AM <b>Yama</b> 3:19PM – 4:47PM <b>Rahu</b> 10:56AM – 12:24PM	<b>Mrigashira</b> Until 8:52PM Vaidhriti* Until 6:15AM Vanija Until 12:15AM Sat Dashami Until 1:19PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:15PM <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

<b>2</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 12.07	Tithi 11 – 12	936273367	<b>Gulika</b> 6:32AM – 8:00AM <b>Yama</b> 1:51PM – 3:19PM <b>Rahu</b> 9:28AM – 10:56AM	<b>Ardra</b> Until 6:53PM Priti Until 11:56PM Bava Until 9:37PM Ekadashi Until 11:00AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:15PM <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	Moon 1 - Phase 42 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

<b>3</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 26.43	Tithi 12 – 13	946273367	<b>Gulika</b> 3:19PM – 4:47PM <b>Yama</b> 12:24PM – 1:51PM <b>Rahu</b> 4:47PM – 6:15PM	<b>Punarvasu</b> Until 4:39PM Ayushman Until 8:06PM Kaulava Until 6:28PM Dvadashi Until 8:05AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:15PM <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Moon 1 - Phase 42 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga		<i>Pradosha Vrata</i>				

<b>4</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 11.4	Tithi 14	946273367	<b>Gulika</b> 1:51PM – 3:19PM <b>Yama</b> 10:55AM – 12:23PM <b>Rahu</b> 7:59AM – 9:27AM	<b>Pushya</b> Until 1:54PM Saubhagya Until 3:59PM Gara Until 2:57PM Chaturdashi* Until 1:05AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:16PM <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Moon 1 - Phase 42 4th Phase <b>Devaloka Day</b>
	Family Home Evening Creative Work Siddha Yoga		Chidambaram Abhishekam				

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India Sun 28 Sutra 310 Vilamba 5120		
	<b>Copper Retreat Star</b>		Kataka Rasi: 26.51	Tithi 15	946273367	<b>Gulika</b> 12:23PM – 1:52PM <b>Yama</b> 9:27AM – 10:55AM <b>Rahu</b> 3:20PM – 4:48PM	<b>Ashlesha*</b> Until 10:48AM Sobhana Until 11:42AM Visti Until 11:13AM Purnima* Until 9:18PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:16PM <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>	Moon 1 - Phase 42 Purnima <b>Devaloka Day</b>
	Creative Work Siddha Yoga								

	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Prathama/Dvilayam Titau				Chennai, India Sun 29 Sutra 311 Vilamba 5120		
	<b>Silver Retreat Star</b>		Simha Rasi: 12.07	Tithi 16 – 17	957273367	<b>Gulika</b> 10:55AM – 12:23PM <b>Yama</b> 7:59AM – 9:27AM <b>Rahu</b> 12:23PM – 1:52PM	<b>Magha*</b> Until 7:54AM Athiganda* Until 7:22AM Balava Until 7:25AM Prathama* Until 5:33PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:16PM <b>Nataraja:</b> White Moon – Red <b>Magha-Masi</b>	Moon 1 - Phase 42 Prathama <b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 7:54AM Then Creative Work - Amrita Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dviliya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 312

Simha Rasi: 27.17 Tithi 17 - 18

957273367

**Gulika** 9:27AM - 10:55AM  
**Yama** 6:30AM - 7:58AM  
**Rahu** 1:51PM - 3:20PM

**Uttaraphalguni** Until 2:16AM Fri  
Dhriti Until 11:10PM  
Vanija Until 12:23AM Fri  
Dvitiya Until 2:00PM

**Ganesha:** Clear *Sunrise: 6:30AM*  
**Muruqa:** Clear *Sunset: 6:16PM*  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Amrita Yoga

**1** Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2 Sutra 313

Kanya Rasi: 12.12 Tithi 18 - 19

967273367

**Gulika** 7:58AM - 9:26AM  
**Yama** 3:20PM - 4:48PM  
**Rahu** 10:55AM - 12:23PM

**Hasta** Until 12:17AM Sat  
Shula\* Until 7:31PM  
Bava Until 9:27PM  
Tritiya Until 10:50AM

**Ganesha:** White *Sunrise: 6:30AM*  
**Muruqa:** Clear *Sunset: 6:17PM*  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 12:17AM Sat

Then Routine Work - Marana Yoga

**Maha Sankatahara** Chaturthi

**2** Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 314

Kanya Rasi: 26.45 Tithi 19 - 20

967273367

**Gulika** 6:29AM - 7:58AM  
**Yama** 1:51PM - 3:20PM  
**Rahu** 9:26AM - 10:55AM

**Chitra** Until 10:46PM  
Ganda\* Until 4:23PM  
Kaulava Until 7:08PM  
Chaturthi\* Until 8:11AM

**Ganesha:** White *Sunrise: 6:29AM*  
**Muruqa:** Clear *Sunset: 6:17PM*  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 10:46PM

Then Creative Work - Siddha Yoga

**3** Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 315

Tula Rasi: 10.51 Tithi 20 - 21

967273367

**Gulika** 3:20PM - 4:48PM  
**Yama** 12:23PM - 1:51PM  
**Rahu** 4:48PM - 6:17PM

**Svati** Until 9:51PM  
Vridhi Until 1:50PM  
Vanija Until 5:03AM Mon  
Panchami Until 6:13AM

**Ganesha:** White *Sunrise: 6:29AM*  
**Muruqa:** Clear *Sunset: 6:17PM*  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 9:51PM

Then Routine Work - Marana Yoga

**4** Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

Chennai, India

Sun 5 Sutra 316

Tula Rasi: 24.28 Tithi 22

977273367

**Gulika** 1:51PM - 3:20PM  
**Yama** 10:54AM - 12:23PM  
**Rahu** 7:57AM - 9:26AM

**Vishakha** Until 10:04PM  
Dhruva Until 11:55AM  
Visti Until 4:48PM  
Saptami Until 4:44AM Tue

**Ganesha:** Yellow *Sunrise: 6:28AM*  
**Muruqa:** Clear *Sunset: 6:17PM*  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 10:04PM

Then Creative Work - Siddha Yoga

**Retreat Star** Tuesday, February 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 317

Vrischika Rasi: 7.37 Tithi 23

977273367

**Gulika** 12:23PM - 1:51PM  
**Yama** 9:25AM - 10:54AM  
**Rahu** 3:20PM - 4:49PM

**Anuradha** Until 10:59PM  
Vyaghata\* Until 10:41AM  
Balava Until 4:56PM  
Ashtami\* Until 5:17AM Wed

**Ganesha:** Yellow *Sunrise: 6:28AM*  
**Muruqa:** Clear *Sunset: 6:17PM*  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Moon 2 - Phase 43  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

Until 10:59PM

Then Routine Work - Marana Yoga

**Retreat Star** Wednesday, February 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 318

Vrischika Rasi: 20.2 Tithi 24

978273367

**Gulika** 10:54AM - 12:22PM  
**Yama** 7:56AM - 9:25AM  
**Rahu** 12:22PM - 1:51PM

**Jyeshtha\*** Until 12:31AM Thu  
Harshana Until 10:09AM  
Taitila Until 5:53PM  
Navami\* Until 6:38AM Thu

**Ganesha:** Blue *Sunrise: 6:27AM*  
**Muruqa:** Clear *Sunset: 6:18PM*  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Moon 2 - Phase 43  
Navami

**Sivaloka Day**

Creative Work Siddha Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Chennai, India Sun 8 Sutra 319	
Dhanus Rasi: 2.42	Tithi 24 – 25	<b>Gulika</b> 9:25AM – 10:53AM	<b>Mula* Until 3:03AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:27AM		Vilamba 5120
		Yama 6:27AM – 7:56AM	Vajra* Until 10:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 44
	988273367	<b>Rahu</b> 1:51PM – 3:20PM	Vanija Until 7:35PM	<b>Nataraja:</b> White			2nd Phase
Creative Work Siddha Yoga			<b>Navami* Until 6:38AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:03AM Fri				<b>Magha-Masi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Chennai, India Sun 9 Sutra 320	
Dhanus Rasi: 14.48	Tithi 25 – 26	<b>Gulika</b> 7:55AM – 9:24AM	<b>Purvashadha* Until 5:52AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:26AM		Vilamba 5120
		Yama 3:20PM – 4:49PM	Siddhi Until 10:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 44
	988273367	<b>Rahu</b> 10:53AM – 12:22PM	Bava Until 9:49PM	<b>Nataraja:</b> White			2nd Phase
Routine Work Prabalarishta Yoga			<b>Dashami Until 8:37AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:52AM Sat				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Chennai, India Sun 10 Sutra 321	
Dhanus Rasi: 26.43	Tithi 26 – 27	<b>Gulika</b> 6:25AM – 7:54AM	<b>Uttarashadha Until 8:49AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM		Vilamba 5120
		Yama 1:51PM – 3:20PM	Vyatipata* Until 11:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 44
	988273367	<b>Rahu</b> 9:23AM – 10:53AM	Kaulava Until 12:25AM Sun	<b>Nataraja:</b> White			2nd Phase
Routine Work Marana Yoga			<b>Ekadashi* Until 11:04AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 8:49AM Sun				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Chennai, India Sun 11 Sutra 322	
Makara Rasi: 8.32	Tithi 27 – 28	<b>Gulika</b> 3:20PM – 4:49PM	<b>Uttarashadha Until 8:49AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM		Vilamba 5120
		Yama 12:22PM – 1:51PM	Variyan Until 12:28PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 44
	988273367	<b>Rahu</b> 4:49PM – 6:18PM	Gara Until 3:09AM Mon	<b>Nataraja:</b> White			2nd Phase
Creative Work Amrita Yoga			<b>Dvadashi* Until 1:45PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Chennai, India Sun 12 Sutra 323	
Makara Rasi: 20.17	Tithi 28 – 29	<b>Gulika</b> 1:51PM – 3:20PM	<b>Shravana Until 12:10PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM		Vilamba 5120
<b>Family Home Evening</b>		Yama 10:52AM – 12:21PM	Parigha* Until 1:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
	998273367	<b>Rahu</b> 7:53AM – 9:23AM	Visti Until 5:52AM Tue	<b>Nataraja:</b> White			2nd Phase
Creative Work Amrita Yoga			<b>Trayodashi* Until 4:30PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 12:10PM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					

<b>6</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashyam Titau		Chennai, India Sun 13 Sutra 324	
Kumbha Rasi: 2.05	Tithi 29	<b>Gulika</b> 12:21PM – 1:50PM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM		Vilamba 5120
		Yama 9:22AM – 10:52AM	Shiva Until 2:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
	199273367	<b>Rahu</b> 3:20PM – 4:49PM	Sakuni Until 7:09PM	<b>Nataraja:</b> White			2nd Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 7:09PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 3:17PM				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Chennai, India Sun 14 Sutra 325	
Kumbha Rasi: 13.55	Tithi 30	<b>Gulika</b> 10:51AM – 12:21PM	<b>Shatabhishak Until 6:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM		Vilamba 5120
		Yama 7:52AM – 9:22AM	Siddha Until 3:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
	199273367	<b>Rahu</b> 12:21PM – 1:50PM	Catuspada Until 8:26AM	<b>Nataraja:</b> White			Amavasya
Creative Work Siddha Yoga			<b>Amavasya* Until 9:36PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 6:03PM				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Chennai, India Sun 15 Sutra 326	
Kumbha Rasi: 25.52	Tithi 1	<b>Gulika</b> 9:21AM – 10:51AM	<b>Purvaproshtapada* Until 8:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:22AM		Vilamba 5120
		Yama 6:22AM – 7:52AM	Sadhya Until 4:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
	119373367	<b>Rahu</b> 1:50PM – 3:20PM	Kintughna Until 10:44AM	<b>Nataraja:</b> White			Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 11:45PM</b>	Moon – Clear		<b>Devaloka Day</b>	
				<b>Phalgun-Masi</b>			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 7.55	Tithi 2	<b>Gulika</b> 7:51AM – 9:21AM	<b>Uttaraproshtapada</b> Until 11:16PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:22AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 3:20PM – 4:49PM	Subha Until 4:28PM	<b>Nataraja:</b> White		Moon – Clear		<b>Devaloka Day</b>
		119373367 <b>Rahu</b> 10:51AM – 12:20PM	Balava Until 12:43PM	<b>Phalguna-Masi</b>				
			<b>Dvitiya</b> Until 1:34AM Sat					
<b>2</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Chennai, India Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 20.05	Tithi 3	<b>Gulika</b> 6:21AM – 7:51AM	<b>Revati</b> Until 1:08AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 1:50PM – 3:20PM	Sukla Until 4:37PM	<b>Nataraja:</b> White		Moon – Clear		<b>Devaloka Day</b>
Until 1:08AM Sun		119373367 <b>Rahu</b> 9:21AM – 10:50AM	Taitila Until 2:23PM	<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga			<b>Tritiya</b> Until 3:03AM Sun					
			<b>Subramuniyaswami Siva Vision Day</b>					
<b>3</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Chennai, India Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 2.25	Tithi 4	<b>Gulika</b> 3:20PM – 4:49PM	<b>Ashvini</b> Until 2:57AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 12:20PM – 1:50PM	Brahma Until 4:29PM	<b>Nataraja:</b> White		Moon – White		<b>Devaloka Day</b>
		129373367 <b>Rahu</b> 4:49PM – 6:19PM	Vanija Until 3:39PM	<b>Phalguna-Masi</b>				
			<b>Chaturthi*</b> Until 4:08AM Mon					
<b>4</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Valdhriti* Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 14.55	Tithi 5	<b>Gulika</b> 1:50PM – 3:20PM	<b>Bharani</b> Until 4:11AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45 3rd Phase
Family Home Evening		Yama 10:50AM – 12:20PM	Indra Until 4:04PM	<b>Nataraja:</b> White		Moon – White		<b>Devaloka Day</b>
Creative Work	Siddha Yoga	129373367 <b>Rahu</b> 7:50AM – 9:20AM	Bava Until 4:31PM	<b>Phalguna-Masi</b>				
			<b>Panchami</b> Until 4:46AM Tue					
<b>5</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Chennai, India Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 27.37	Tithi 6	<b>Gulika</b> 12:19PM – 1:49PM	<b>Krittika</b> Until 4:47AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 9:19AM – 10:49AM	Vaidhriti* Until 3:15PM	<b>Nataraja:</b> White		Moon – White		<b>Devaloka Day</b>
		129373367 <b>Rahu</b> 3:19PM – 4:49PM	Kaulava Until 4:55PM	<b>Phalguna-Masi</b>				
			<b>Shashthi*</b> Until 4:54AM Wed					
<b>6</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Chennai, India Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 10.34	Tithi 7	<b>Gulika</b> 10:49AM – 12:19PM	<b>Rohini</b> Until 5:09AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 7:49AM – 9:19AM	Vishkambha* Until 2:03PM	<b>Nataraja:</b> White		Moon – Yellow		<b>Sivaloka Day</b>
Until 5:09AM Thu		131373367 <b>Rahu</b> 12:19PM – 1:49PM	Gara Until 4:47PM	<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga			<b>Saptami</b> Until 4:29AM Thu					
<b>☾</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Chennai, India Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 23.48	Tithi 8	<b>Gulika</b> 9:18AM – 10:49AM	<b>Mrigashira</b> Until 4:45AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 45 Ashtami
Routine Work	Marana Yoga	Yama 6:18AM – 7:48AM	Priti Until 12:24PM	<b>Nataraja:</b> White		Moon – Yellow		<b>Sivaloka Day</b>
Until 4:45AM Fri		131373367 <b>Rahu</b> 1:49PM – 3:19PM	Visti Until 4:03PM	<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga			<b>Ashtami*</b> Until 3:26AM Fri					
<b>☽</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 7.22	Tithi 9	<b>Gulika</b> 7:48AM – 9:18AM	<b>Ardra</b> Until 3:37AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 45 Navami
Creative Work	Siddha Yoga	Yama 3:19PM – 4:49PM	Ayushman Until 10:14AM	<b>Nataraja:</b> Clear		Moon – Yellow		<b>Subha Sivaloka Day</b>
		131373368 <b>Rahu</b> 10:48AM – 12:19PM	Balava Until 2:42PM	<b>Phalguna-Panguni</b>				
			<b>Navami*</b> Until 1:47AM Sat					
			<b>Karadaiyan Nombu (Tamil Nadu)</b>					

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Chennai, India Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 21.19	Tithi 10	<b>Gulika</b> 6:17AM – 7:47AM	<b>Punarvasu</b> Until 2:11AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	
			Yama 1:49PM – 3:19PM	Saubhagya Until 7:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:18AM – 10:48AM	Taitila Until 12:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 11:32PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 5.38	Tithi 11	<b>Gulika</b> 3:19PM – 4:49PM	<b>Pushya</b> Until 12:06AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	
			Yama 12:18PM – 1:48PM	Athiganda* Until 12:59AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:49PM – 6:20PM	Vanija Until 10:14AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 8:46PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 20.17	Tithi 12 – 13	<b>Gulika</b> 1:48PM – 3:19PM	<b>Ashlesha*</b> Until 9:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	
	<b>Family Home Evening</b>		Yama 10:47AM – 12:18PM	Sukarma Until 9:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:46AM – 9:17AM	Bava Until 7:15AM	<b>Nataraja:</b> Clear		4th Phase
Until 9:31PM		<b>Yogaswami Mahasamadhi</b>	<b>Dvadashi</b> Until 5:37PM	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	<b>Phalguna-Panguni</b>			

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 5.12	Tithi 13 – 14	<b>Gulika</b> 12:17PM – 1:48PM	<b>Magha*</b> Until 6:57PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	
			Yama 9:16AM – 10:47AM	Dhriti Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:19PM – 4:49PM	Gara Until 12:26AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 2:11PM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chennai, India Sun 28 Sutra 339 Vilamba 5120
	Simha Rasi: 20.16	Tithi 14 – 15	<b>Gulika</b> 10:46AM – 12:17PM	<b>Purvaphalguni</b> Until 4:10PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:14AM	
			Yama 7:45AM – 9:16AM	Shula* Until 1:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:17PM – 1:48PM	Visti Until 8:53PM	<b>Nataraja:</b> Clear		Purnima
		<b>Panguni Uttiram</b>	<b>Chaturdashi*</b> Until 10:38AM	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Panguni</b>			

<b>Silver Retreat Star</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Chennai, India Sun 29 Sutra 340 Vilamba 5120
	Kanya Rasi: 5.19	Tithi 15 – 16	<b>Gulika</b> 9:15AM – 10:46AM	<b>Uttaraphalguni</b> Until 1:20PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	
			Yama 6:13AM – 7:44AM	Ganda* Until 9:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
	Amrita Yoga		151373368 <b>Rahu</b> 1:48PM – 3:19PM	Kaulava Until 3:49AM Fri	<b>Nataraja:</b> Clear		Prathama
Until 1:20PM			<b>Purnima*</b> Until 7:07AM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalguna-Panguni</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India  
Sutra 341

Kanya Rasi: 20.13      Tithi 17

161383368 **Gulika** 7:44AM – 9:15AM  
Yama 3:18PM – 4:49PM  
**Rahu** 10:46AM – 12:17PM

**Hasta Until 11:03AM**

**Ganesha:** Yellow      *Sunrise:* 6:13AM

**Muruqa:** White      *Sunset:* 6:20PM

**Nataraja:** Clear      Moon 3 - Phase 47

Moon – Green

**Devaloka Day**

Creative Work      Amrita Yoga

Until 11:03AM

Then Creative Work - Siddha Yoga

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chennai, India  
Sun 1      Sutra 342

Tula Rasi: 4.49      Tithi 18

161383368 **Gulika** 6:12AM – 7:43AM  
Yama 1:47PM – 3:18PM  
**Rahu** 9:14AM – 10:45AM

**Chitra Until 9:03AM**

**Ganesha:** Yellow      *Sunrise:* 6:12AM

**Muruqa:** White      *Sunset:* 6:20PM

**Nataraja:** Clear      Moon 3 - Phase 47

Moon – Green

**Devaloka Day**

Routine Work      Marana Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India  
Sun 2      Sutra 343

Tula Rasi: 19.01      Tithi 19

162383368 **Gulika** 3:18PM – 4:49PM  
Yama 12:16PM – 1:47PM  
**Rahu** 4:49PM – 6:20PM

**Svati Until 7:32AM**

**Ganesha:** Blue      *Sunrise:* 6:11AM

**Muruqa:** White      *Sunset:* 6:20PM

**Nataraja:** Clear      Moon 3 - Phase 47

Moon – Green

**Bhuloka Day**

Creative Work      Siddha Yoga

Until 7:32AM

Then Routine Work - Marana Yoga

Devaloka Time: 6:PM to 9:PM

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India  
Sun 3      Sutra 344

Vrischika Rasi: 2.45      Tithi 20

172383368 **Gulika** 1:47PM – 3:18PM  
Yama 10:44AM – 12:16PM  
**Rahu** 7:42AM – 9:13AM

**Vishakha Until 7:01AM**

**Ganesha:** Red      *Sunrise:* 6:11AM

**Muruqa:** White      *Sunset:* 6:20PM

**Nataraja:** Clear      Moon 3 - Phase 47

Moon – Orange

**Devaloka Day**

Routine Work      Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

**Family Home Evening**

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India  
Sun 4      Sutra 345

Vrischika Rasi: 15.59      Tithi 21

172383368 **Gulika** 12:15PM – 1:47PM  
Yama 9:13AM – 10:44AM  
**Rahu** 3:18PM – 4:49PM

**Anuradha Until 7:13AM**

**Ganesha:** Red      *Sunrise:* 6:10AM

**Muruqa:** White      *Sunset:* 6:21PM

**Nataraja:** Clear      Moon 3 - Phase 47

Moon – Orange

**Devaloka Day**

Creative Work      Siddha Yoga

Until 7:13AM

Then Routine Work - Marana Yoga

**Siddhi Until 5:01PM**

**Gara Until 7:54AM**

**Shashthi\* Until 8:00PM**

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saplamyam Titau

Chennai, India  
Sun 5      Sutra 346

Vrischika Rasi: 28.47      Tithi 22

172383368 **Gulika** 10:44AM – 12:15PM  
Yama 7:41AM – 9:12AM  
**Rahu** 12:15PM – 1:46PM

**Jyeshtha\* Until 8:07AM**

**Ganesha:** Red      *Sunrise:* 6:09AM

**Muruqa:** White      *Sunset:* 6:21PM

**Nataraja:** Clear      Moon 3 - Phase 47

Moon – Orange

**Devaloka Day**

Creative Work      Siddha Yoga

Until 8:07AM

Then Routine Work - Marana Yoga

**Vyatipata\* Until 4:32PM**

**Visti Until 8:22AM**

**Saptami Until 8:54PM**

**D**

**Thursday, March 28, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India  
Sun 6      Sutra 347

Dhanus Rasi: 11.13      Tithi 23

182383368 **Gulika** 9:12AM – 10:43AM  
Yama 6:09AM – 7:40AM  
**Rahu** 1:46PM – 3:18PM

**Mula\* Until 10:08AM**

**Ganesha:** Green      *Sunrise:* 6:09AM

**Muruqa:** White      *Sunset:* 6:21PM

**Nataraja:** Clear      Moon 3 - Phase 47

Moon – Light Blue

**Bhuloka Day**

Creative Work      Siddha Yoga

Devaloka Time: 6:PM to 9:PM

**Balava Until 9:40AM**

**Ashtami\* Until 10:34PM**

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India  
Sun 7      Sutra 348

Dhanus Rasi: 23.2      Tithi 24

182383468 **Gulika** 7:40AM – 9:11AM  
Yama 3:18PM – 4:49PM  
**Rahu** 10:43AM – 12:14PM

**Purvashadha\* Until 12:40PM**

**Ganesha:** Green      *Sunrise:* 6:08AM

**Muruqa:** Yellow      *Sunset:* 6:21PM

**Nataraja:** Purple      Moon 3 - Phase 47

Moon – Light Blue

**Devaloka Day**

Routine Work      Prabalarishta Yoga

Until 12:40PM

Then Routine Work - Marana Yoga

**Taitila Until 11:39AM**

**Navami\* Until 12:49AM Sat**

**Phalguna-Panguni**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>	<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visli* Karana Dashamyam Titau				Chennai, India
	Makara Rasi: 5.15	Tithi 25	<b>Gulika</b> 6:07AM – 7:39AM	<b>Uttarashadha</b> Until 3:27PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:07AM	Sun 8 Sutra 349
			Yama 1:46PM – 3:17PM	Shiva Until 6:12PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Vilamba 5120
	182383468	<b>Rahu</b> 9:11AM – 10:42AM		Vanija Until 2:06PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:24AM Sun	Moon – Light Blue		2nd Phase	
Until 3:27PM				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India
	Makara Rasi: 17.03	Tithi 26	<b>Gulika</b> 3:17PM – 4:49PM	<b>Shravana</b> Until 6:47PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:07AM	Sun 9 Sutra 350
			Yama 12:14PM – 1:46PM	Siddha Until 7:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Vilamba 5120
	192383468	<b>Rahu</b> 4:49PM – 6:21PM		Bava Until 4:47PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 6:06AM Mon	Moon – Purple		2nd Phase	
Until 6:47PM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Makara Rasi: 28.5	Tithi 26 – 27	<b>Gulika</b> 1:46PM – 3:17PM	<b>Dhanishtha</b> Until 9:55PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:07AM	Sun 10 Sutra 351
			Yama 10:42AM – 12:14PM	Sadhya Until 8:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Vilamba 5120
	192483468	<b>Rahu</b> 7:39AM – 9:10AM		Kaulava Until 7:26PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Family Home Evening	Siddha Yoga		<b>Ekadashi*</b> Until 6:06AM	Moon – Purple		2nd Phase	
Creative Work				<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Kumbha Rasi: 10.39	Tithi 27 – 28	<b>Gulika</b> 12:13PM – 1:45PM	<b>Shatabhishak</b> Until 12:40AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:06AM	Sun 11 Sutra 352
			Yama 9:10AM – 10:42AM	Subha Until 9:11PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Vilamba 5120
	192483468	<b>Rahu</b> 3:17PM – 4:49PM		Gara Until 9:53PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 8:41AM	Moon – Purple		2nd Phase	
Until 12:40AM Wed				<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Chennai, India
	Kumbha Rasi: 22.34	Tithi 28 – 29	<b>Gulika</b> 10:41AM – 12:13PM	<b>Purvaproshtapada*</b> Until 3:25AM Thu	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	Sun 12 Sutra 353
			Yama 7:37AM – 9:09AM	Sukla Until 9:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Vilamba 5120
	112483468	<b>Rahu</b> 12:13PM – 1:45PM		Visli Until 12:00AM Thu	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 10:58AM	Moon – Clear		2nd Phase	
Until 3:25AM Thu				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

	<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Chennai, India
	Meena Rasi: 4.38	Tithi 29 – 30	<b>Gulika</b> 9:09AM – 10:41AM	<b>Uttaraproshtapada</b> Until 5:36AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	Sun 13 Sutra 354
			Yama 6:05AM – 7:37AM	Brahma Until 10:06PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Vilamba 5120
	112483468	<b>Rahu</b> 1:45PM – 3:17PM		Catuspada Until 1:41AM Fri	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:52PM	Moon – Clear		Amavasya	
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

	<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Chennai, India
	Meena Rasi: 16.52	Tithi 30 – 1	<b>Gulika</b> 7:36AM – 9:08AM	<b>Revati</b> Until 7:12AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:04AM	Sun 14 Sutra 355
			Yama 3:17PM – 4:49PM	Indra Until 10:07PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Vilamba 5120
	112483468	<b>Rahu</b> 10:40AM – 12:13PM		Kintughna Until 2:57AM Sat	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:21PM	Moon – Clear		Prathama	
		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>	

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Chennai, India Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 29.17	Tithi 1 – 2	<b>Gulika</b> 6:03AM – 7:36AM	<b>Revati</b> Until 7:12AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:03AM		
		Yama 1:45PM – 3:17PM	Vaidhriti* Until 9:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49	
		113483468 <b>Rahu</b> 9:08AM – 10:40AM	Balava Until 3:47AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 3:24PM	Moon – Clear			<b>Devaloka Day</b>
Until 7:12AM		Chellappaswami Mahasamadhi		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Chennai, India Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.53	Tithi 2 – 3	<b>Gulika</b> 3:17PM – 4:49PM	<b>Ashvini</b> Until 8:43AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:03AM		
		Yama 12:12PM – 1:44PM	Vishkambha* Until 9:06PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 4:49PM – 6:21PM	Taitila Until 4:12AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 4:01PM	Moon – White			<b>Devaloka Day</b>
Until 8:43AM				<b>Chaitra•Panguni</b>			
Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Chennai, India Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.4	Tithi 3 – 4	<b>Gulika</b> 1:44PM – 3:17PM	<b>Bharani</b> Until 9:42AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:02AM		
<b>Family Home Evening</b>		Yama 10:39AM – 12:12PM	Priti Until 8:10PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 7:35AM – 9:07AM	Vanija Until 4:15AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 4:15PM	Moon – White			<b>Devaloka Day</b>
Until 9:42AM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Chennai, India Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.38	Tithi 4 – 5	<b>Gulika</b> 12:11PM – 1:44PM	<b>Krittika</b> Until 10:09AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:02AM		
		Yama 9:06AM – 10:39AM	Ayushman Until 6:55PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 3:16PM – 4:49PM	Bava Until 3:56AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 4:07PM	Moon – White			<b>Devaloka Day</b>
Until 10:09AM				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Chennai, India Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.48	Tithi 5 – 6	<b>Gulika</b> 10:39AM – 12:11PM	<b>Rohini</b> Until 10:33AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM		
		Yama 7:33AM – 9:06AM	Saubhagya Until 5:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 12:11PM – 1:44PM	Kaulava Until 3:14AM Thu	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 3:37PM	Moon – Yellow			<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>			

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Chennai, India Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 4.1	Tithi 6 – 7	<b>Gulika</b> 9:06AM – 10:38AM	<b>Mrigashira</b> Until 10:26AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM		
		Yama 6:00AM – 7:33AM	Sobhana Until 3:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 1:44PM – 3:16PM	Gara Until 2:09AM Fri	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 2:44PM	Moon – Yellow			<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>			

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Chennai, India Sun 21 Sutra 362 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:32AM – 9:05AM	<b>Ardra</b> Until 9:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM		
Mithuna Rasi: 17.45	Tithi 7 – 8	Yama 3:16PM – 4:49PM	Athiganda* Until 1:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 10:38AM – 12:11PM	Visti Until 12:38AM Sat	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 1:26PM	Moon – Yellow			<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>			

<b>☽</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Chennai, India Sun 22 Sutra 363 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:59AM – 7:32AM	<b>Punarvasu</b> Until 8:59AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM		
Kataka Rasi: 1.35	Tithi 8 – 9	Yama 1:43PM – 3:16PM	Sukarma Until 10:53AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 49	
		143483468 <b>Rahu</b> 9:05AM – 10:38AM	Balava Until 10:43PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 11:43AM	Moon – Blue			<b>Devaloka Day</b>
		Sri Rama Navami		<b>Chaitra•Panguni</b>			

<b>1</b> Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Chennai, India Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 15.4	Tithi 9 – 10	<b>Gulika</b> 3:16PM – 4:49PM	<b>Pushya</b> Until 7:39AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	
		Yama 12:10PM – 1:43PM	Dhriti Until 8:05AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
143483468	<b>Rahu</b> 4:49PM – 6:22PM		Taitila Until 8:25PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	
		Tamil New Year	Navami* Until 9:36AM	<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>

<b>2</b> Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau			Chennai, India Sun 24 Sutra 1 Vikarin 5121
Simha Rasi: 0.01	Tithi 10 – 11	<b>Gulika</b> 1:43PM – 3:16PM	<b>Magha*</b> Until 3:57AM Tue	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	
<b>Family Home Evening</b>	253483468	Yama 10:37AM – 12:10PM	Ganda* Until 1:35AM Tue	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	<b>Rahu</b> 7:31AM – 9:04AM	Visti Until 4:20AM Tue	<b>Nataraja:</b> Purple	4th Phase
Until 3:57AM Tue			Dashami Until 7:07AM	Moon – Red	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>

<b>3</b> Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau			Chennai, India Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 14.34	Tithi 12	<b>Gulika</b> 12:10PM – 1:43PM	<b>Purvaphalguni</b> Until 1:46AM Wed	<b>Ganesha:</b> White <i>Sunrise:</i> 5:57AM	
		Yama 9:03AM – 10:37AM	Vriddhi Until 10:03PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
253483468	<b>Rahu</b> 3:16PM – 4:49PM		Bava Until 2:53PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:22AM Wed	Moon – Red	
Until 1:46AM Wed				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>4</b> Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Chennai, India Sun 26 Sutra 3 Vikarin 5121
Simha Rasi: 29.15	Tithi 13	<b>Gulika</b> 10:36AM – 12:09PM	<b>Uttaraphalguni</b> Until 11:23PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:57AM	
		Yama 7:30AM – 9:03AM	Dhruva Until 6:26PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
253483468	<b>Rahu</b> 12:09PM – 1:43PM		Kaulava Until 11:52AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 10:20PM	Moon – Red	
Until 11:23PM				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		

<b>5</b> Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau			Chennai, India Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 13.57	Tithi 14	<b>Gulika</b> 9:03AM – 10:36AM	<b>Hasta</b> Until 9:21PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM	
		Yama 5:56AM – 7:29AM	Vyaghata* Until 2:52PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
263483468	<b>Rahu</b> 1:42PM – 3:16PM		Gara Until 8:52AM	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 7:23PM	Moon – Green	
Until 9:21PM				<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>○</b> Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau			Chennai, India Sutra 5 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:29AM – 9:02AM	<b>Chitra</b> Until 7:26PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:55AM	
Kanya Rasi: 28.34	Tithi 15 – 16	Yama 3:16PM – 4:49PM	Harshana Until 11:29AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
263483468	<b>Rahu</b> 10:36AM – 12:09PM		Balava Until 6:00AM	<b>Nataraja:</b> Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 4:39PM	Moon – Green	
		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>
		<b>Hanuman Jayanti</b>			

<b>Saturday, April 20, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Chennai, India Sutra 6 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:55AM – 7:28AM	<b>Svati</b> Until 5:47PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:55AM	
Tula Rasi: 12.57	Tithi 16 – 17	Yama 1:42PM – 3:16PM	Vajra* Until 8:21AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
264483468	<b>Rahu</b> 9:02AM – 10:35AM		Taitila Until 1:21AM Sun	<b>Nataraja:</b> Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:19PM	Moon – Green	
				<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>