



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Vishakha/Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland  
Sun 1 Sutra 17

Vrischika Rasi: 0.29 Tithi 17

273832369

**Gulika** 12:25PM – 2:11PM  
Yama 8:52AM – 10:38AM  
**Rahu** 3:58PM – 5:44PM

**Vishakha** Until 11:23AM  
Variyan Until 4:48AM Wed  
Taitila Until 2:40PM  
**Dvitiya** Until 3:09AM Wed

**Ganesha:** Purple *Sunrise:* 5:19AM  
**Muruqa:** White *Sunset:* 7:30PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Marana Yoga  
Until 11:23AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Carcare, Switzerland  
Sun 2 Sutra 18

Vrischika Rasi: 13.01 Tithi 18

273832369

**Gulika** 10:38AM – 12:25PM  
Yama 7:04AM – 8:51AM  
**Rahu** 12:25PM – 2:11PM

**Anuradha** Until 1:05PM  
Parigha\* Until 4:56AM Thu  
Vanija Until 3:49PM  
**Tritiya** Until 4:34AM Thu

**Ganesha:** Purple *Sunrise:* 5:18AM  
**Muruqa:** White *Sunset:* 7:32PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Carcare, Switzerland  
Sun 3 Sutra 19

Vrischika Rasi: 25.17 Tithi 19

274832369

**Gulika** 8:50AM – 10:37AM  
Yama 5:16AM – 7:03AM  
**Rahu** 2:12PM – 3:59PM

**Jyeshtha\*** Until 3:08PM  
Shiva Until 5:28AM Fri  
Bava Until 5:30PM  
**Chaturthi\*** Until 6:30AM Fri

**Ganesha:** Clear *Sunrise:* 5:16AM  
**Muruqa:** White *Sunset:* 7:33PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Prabalarishta Yoga  
Until 3:08PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland  
Sun 4 Sutra 20

Dhanus Rasi: 7.22 Tithi 19 – 20

284832369

**Gulika** 7:02AM – 8:50AM  
Yama 3:59PM – 5:47PM  
**Rahu** 10:37AM – 12:24PM

**Mula\*** Until 5:59PM  
Siddha Until 6:17AM Sat  
Kaulava Until 7:39PM  
**Chaturthi\*** Until 6:30AM

**Ganesha:** White *Sunrise:* 5:15AM  
**Muruqa:** White *Sunset:* 7:34PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga  
Until 5:59PM  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland  
Sun 5 Sutra 21

Dhanus Rasi: 19.16 Tithi 20 – 21

284832369

**Gulika** 5:13AM – 7:01AM  
Yama 2:12PM – 4:00PM  
**Rahu** 8:49AM – 10:37AM

**Purvashadha\*** Until 8:59PM  
Siddha Until 6:17AM  
Gara Until 10:07PM  
**Panchami** Until 8:50AM

**Ganesha:** White *Sunrise:* 5:13AM  
**Muruqa:** White *Sunset:* 7:35PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga  
Until 8:59PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland  
Sun 6 Sutra 22

Makara Rasi: 1.05 Tithi 21 – 22

284832369

**Gulika** 4:00PM – 5:48PM  
Yama 12:24PM – 2:12PM  
**Rahu** 5:48PM – 7:36PM

**Uttarashadha** Until 11:55PM  
Sadhya Until 7:18AM  
Visti Until 12:42AM Mon  
**Shashthi\*** Until 11:23AM

**Ganesha:** White *Sunrise:* 5:12AM  
**Muruqa:** White *Sunset:* 7:36PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland  
Sun 7 Sutra 23

Makara Rasi: 12.54 Tithi 22 – 23

294832369

**Gulika** 2:13PM – 4:01PM  
Yama 10:36AM – 12:24PM  
**Rahu** 6:59AM – 8:47AM

**Shravana** Until 3:04AM Tue  
Subha Until 8:22AM  
Balava Until 3:08AM Tue  
**Saptami** Until 1:56PM

**Ganesha:** Yellow *Sunrise:* 5:11AM  
**Muruqa:** White *Sunset:* 7:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 3:04AM Tue  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland  
Sun 8 Sutra 24

Makara Rasi: 24.47 Tithi 23 – 24

294832369

**Gulika** 12:24PM – 2:13PM  
Yama 8:47AM – 10:35AM  
**Rahu** 4:01PM – 5:50PM

**Dhanishtha** Until 5:40AM Wed  
Sukla Until 9:14AM  
Taitila Until 5:10AM Wed  
**Ashtami\*** Until 4:12PM

**Ganesha:** Yellow *Sunrise:* 5:09AM  
**Muruqa:** White *Sunset:* 7:39PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

<b>1</b>	<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 8    Sutra 24
	Kumbha Rasi: 6.49	Tithi 24 – 25	<b>Gulika</b> 10:35AM – 12:24PM	<b>Shatabhishak</b> Until 7:30AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM	Vilamba 5120
			Yama 6:57AM – 8:46AM	Brahma Until 9:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 4
	294832369		<b>Rahu</b> 12:24PM – 2:13PM	Vanija Until 6:35AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 5:57PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
				<b>Vaisaka-Chaitra</b>			


<b>2</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau				Carcare, Switzerland Sun 9    Sutra 25
	Kumbha Rasi: 19.07	Tithi 25	<b>Gulika</b> 8:45AM – 10:35AM	<b>Shatabhishak</b> Until 7:30AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM	Vilamba 5120
			Yama 5:07AM – 6:56AM	Indra Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 4
	294832369		<b>Rahu</b> 2:13PM – 4:03PM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:00PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
				<b>Vaisaka-Chaitra</b>			

<b>3</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Carcare, Switzerland Sun 10    Sutra 26
	Meena Rasi: 1.46	Tithi 26	<b>Gulika</b> 6:55AM – 8:45AM	<b>Purvaproshtapada*</b> Until 8:55AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:06AM	Vilamba 5120
			Yama 4:03PM – 5:53PM	Vaidhrili* Until 9:14AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 4
	214832369		<b>Rahu</b> 10:34AM – 12:24PM	Bava Until 7:14AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:14PM	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
				<b>Vaisaka-Chaitra</b>			

<b>4</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Carcare, Switzerland Sun 11    Sutra 27
	Meena Rasi: 14.47	Tithi 27	<b>Gulika</b> 5:04AM – 6:54AM	<b>Uttaraproshtapada</b> Until 9:22AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:04AM	Vilamba 5120
			Yama 2:14PM – 4:04PM	Vishkambha* Until 8:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 4
	214932369		<b>Rahu</b> 8:44AM – 10:34AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 6:39PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 9:22AM				<b>Vaisaka-Chaitra</b>			
Then Routine Work - Prabalarishta Yoga							

<b>5</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi*/Chaturdashyam Titau				Carcare, Switzerland Sun 12    Sutra 28
	Meena Rasi: 28.16	Tithi 28 – 29	<b>Gulika</b> 4:04PM – 5:54PM	<b>Revati</b> Until 8:53AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:03AM	Vilamba 5120
			Yama 12:24PM – 2:14PM	Priti Until 6:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 4
	214932369		<b>Rahu</b> 5:54PM – 7:44PM	Gara Until 6:05AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 5:18PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 8:53AM				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga			<b>Pradosha Vrata (Fasting)</b>				

<b>6</b>	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi*/Amavasyayam Titau				Carcare, Switzerland Sun 13    Sutra 29
	Mesha Rasi: 12.08	Tithi 29 – 30	<b>Gulika</b> 2:14PM – 4:05PM	<b>Ashvini</b> Until 8:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:02AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:33AM – 12:24PM	Saubhagya Until 12:51AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 4
	224932369		<b>Rahu</b> 6:53AM – 8:43AM	Catuspada Until 2:09AM Tue	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:20PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Carcare, Switzerland Sun 14    Sutra 30
	Mesha Rasi: 26.23	Tithi 30 – 1	<b>Gulika</b> 12:24PM – 2:15PM	<b>Bharani</b> Until 6:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:01AM	Vilamba 5120
			Yama 8:42AM – 10:33AM	Sobhana Until 9:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 4
	224932369		<b>Rahu</b> 4:05PM – 5:56PM	Kintughna Until 11:29PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:51PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>	<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sun 15    Sutra 31
	Vrishabha Rasi: 10.53	Tithi 1 – 2	<b>Gulika</b> 10:33AM – 12:24PM	<b>Rohini</b> Until 2:20AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM	Vilamba 5120
			Yama 6:51AM – 8:42AM	Athiganda* Until 6:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 4
	235932369		<b>Rahu</b> 12:24PM – 2:15PM	Balava Until 8:33PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:01AM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 2:20AM Thu				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

<b>1</b>	<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Carcare, Switzerland Sun 16 Sutra 32
	Vrishabha Rasi: 25.34	Tithi 2 - 3	<b>Gulika</b> 8:41AM - 10:33AM	<b>Mrigashira</b> Until 12:05AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise: 4:59AM</i>		Vilamba 5120
			Yama 4:59AM - 6:50AM	Sukarma Until 2:34PM	<b>Muruqa:</b> White <i>Sunset: 7:49PM</i>		Moon 4 - Phase 5
	235932369		<b>Rahu</b> 2:15PM - 4:06PM	Gara Until 3:58AM Fri	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Marana Yoga Until 12:05AM Fri Then Creative Work - Siddha Yoga			<b>Dvitiya</b> Until 7:01AM	<b>Moon - Yellow</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>2</b>	<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau				Carcare, Switzerland Sun 17 Sutra 33
	Mithuna Rasi: 10.17	Tithi 4	<b>Gulika</b> 6:49AM - 8:41AM	<b>Ardra</b> Until 9:46PM	<b>Ganesha:</b> Yellow <i>Sunrise: 4:58AM</i>		Vilamba 5120
			Yama 4:07PM - 5:58PM	Dhriti Until 11:00AM	<b>Muruqa:</b> White <i>Sunset: 7:50PM</i>		Moon 4 - Phase 5
	235932369		<b>Rahu</b> 10:32AM - 12:24PM	Vanija Until 2:29PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> Until 1:00AM Sat	<b>Moon - Yellow</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>3</b>	<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Carcare, Switzerland Sun 18 Sutra 34
	Mithuna Rasi: 24.55	Tithi 5	<b>Gulika</b> 4:57AM - 6:49AM	<b>Punarvasu</b> Until 7:55PM	<b>Ganesha:</b> White <i>Sunrise: 4:57AM</i>		Vilamba 5120
			Yama 2:16PM - 4:08PM	Shula* Until 7:32AM	<b>Muruqa:</b> White <i>Sunset: 7:51PM</i>		Moon 4 - Phase 5
	245932369		<b>Rahu</b> 8:40AM - 10:32AM	Bava Until 11:37AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Panchami</b> Until 10:15PM	<b>Moon - Blue</b>	<b>Devaloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>4</b>	<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Carcare, Switzerland Sun 19 Sutra 35
	Kataka Rasi: 9.23	Tithi 6	<b>Gulika</b> 4:08PM - 6:00PM	<b>Pushya</b> Until 6:13PM	<b>Ganesha:</b> White <i>Sunrise: 4:56AM</i>		Vilamba 5120
			Yama 12:24PM - 2:16PM	Vriddhi Until 1:17AM Mon	<b>Muruqa:</b> White <i>Sunset: 7:52PM</i>		Moon 4 - Phase 5
	245932369		<b>Rahu</b> 6:00PM - 7:52PM	Kaulava Until 9:00AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 7:48PM	<b>Moon - Blue</b>	<b>Devaloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>5</b>	<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 20 Sutra 36
	Kataka Rasi: 23.37	Tithi 7 - 8	<b>Gulika</b> 2:16PM - 4:09PM	<b>Ashlesha*</b> Until 4:44PM	<b>Ganesha:</b> White <i>Sunrise: 4:55AM</i>		Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:32AM - 12:24PM	Dhruva Until 10:35PM	<b>Muruqa:</b> White <i>Sunset: 7:53PM</i>		Moon 4 - Phase 5
	245932369		<b>Rahu</b> 6:47AM - 8:40AM	Gara Until 6:43AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga Until 4:44PM Then Routine Work - Marana Yoga			<b>Saptami</b> Until 5:42PM	<b>Moon - Blue</b>	<b>Devaloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>6</b>	<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 21 Sutra 37
	<b>Retreat Star</b>		<b>Gulika</b> 12:24PM - 2:17PM	<b>Magha*</b> Until 3:55PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:54AM</i>		Vilamba 5120
	Simha Rasi: 7.37	Tithi 8 - 9	Yama 8:39AM - 10:32AM	Vyaghata* Until 8:13PM	<b>Muruqa:</b> White <i>Sunset: 7:54PM</i>		Moon 4 - Phase 5
	255932369		<b>Rahu</b> 4:09PM - 6:02PM	Balava Until 3:19AM Wed	<b>Nataraja:</b> Purple		Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 4:00PM	<b>Moon - Red</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

<b>7</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 22 Sutra 38
	<b>Retreat Star</b>		<b>Gulika</b> 10:31AM - 12:24PM	<b>Purvaphalguni</b> Until 3:23PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:53AM</i>		Vilamba 5120
	Simha Rasi: 21.21	Tithi 9 - 10	Yama 6:46AM - 8:39AM	Harshana Until 6:12PM	<b>Muruqa:</b> White <i>Sunset: 7:55PM</i>		Moon 4 - Phase 5
	255932369		<b>Rahu</b> 12:24PM - 2:17PM	Taitila Until 2:13AM Thu	<b>Nataraja:</b> Purple		Navami
Creative Work Amrita Yoga			<b>Navami*</b> Until 2:42PM	<b>Moon - Red</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 23 Sutra 39
Kanya Rasi: 4.51	Tithi 10 – 11	<b>Gulika</b> 8:38AM – 10:31AM	<b>Uttaraphalguni</b> Until 3:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Vilamba 5120
		Yama 4:52AM – 6:45AM	Vajra* Until 4:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 6
	Amrita Yoga	255932369 <b>Rahu</b> 2:17PM – 4:10PM	Vanija Until 1:31AM Fri	<b>Nataraja:</b> Purple		4th Phase
Until 3:05PM			<b>Dashami</b> Until 1:48PM	Moon – Red		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 24 Sutra 40
Kanya Rasi: 18.08	Tithi 11 – 12	<b>Gulika</b> 6:45AM – 8:38AM	<b>Hasta</b> Until 3:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Vilamba 5120
		Yama 4:11PM – 6:04PM	Siddhi Until 3:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 6
	Amrita Yoga	266932369 <b>Rahu</b> 10:31AM – 12:24PM	Bava Until 1:12AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Ekadashi</b> Until 1:18PM	Moon – Green		<b>Bhuloka Day</b>
Until 3:28PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyati-pata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 25 Sutra 41
Tula Rasi: 1.13	Tithi 12 – 13	<b>Gulika</b> 4:51AM – 6:44AM	<b>Chitra</b> Until 4:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	Vilamba 5120
		Yama 2:18PM – 4:11PM	Vyati-pata* Until 1:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:58PM	Moon 4 - Phase 6
	Marana Yoga	366932369 <b>Rahu</b> 8:38AM – 10:31AM	Kaulava Until 1:17AM Sun	<b>Nataraja:</b> Purple		4th Phase
Routine Work			<b>Dvadashi</b> Until 1:11PM	Moon – Green		<b>Bhuloka Day</b>
Until 4:05PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 26 Sutra 42
Tula Rasi: 14.06	Tithi 13 – 14	<b>Gulika</b> 4:12PM – 6:05PM	<b>Svati</b> Until 4:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:50AM	Vilamba 5120
		Yama 12:25PM – 2:18PM	Variyan Until 1:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 6
	Siddha Yoga	366932369 <b>Rahu</b> 6:05PM – 7:59PM	Gara Until 1:46AM Mon	<b>Nataraja:</b> Purple		4th Phase
Creative Work			<b>Trayodashi</b> Until 1:27PM	Moon – Green		<b>Bhuloka Day</b>
Until 4:56PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga						

<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Carcare, Switzerland Sun 27 Sutra 43
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:19PM – 4:12PM	<b>Vishakha</b> Until 6:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Vilamba 5120
Tula Rasi: 26.47	Tithi 14 – 15	Yama 10:31AM – 12:25PM	Parigha* Until 12:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:00PM	Moon 4 - Phase 6
<b>Family Home Evening</b>		376932369 <b>Rahu</b> 6:43AM – 8:37AM	Visti Until 2:41AM Tue	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 2:09PM	Moon – Orange		<b>Bhuloka Day</b>
Until 6:30PM		<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Carcare, Switzerland Sutra 44
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:25PM – 2:19PM	<b>Anuradha</b> Until 8:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Vilamba 5120
Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 8:37AM – 10:31AM	Shiva Until 12:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:01PM	Moon 4 - Phase 6
		376932369 <b>Rahu</b> 4:13PM – 6:07PM	Balava Until 4:03AM Wed	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 3:17PM	Moon – Orange		<b>Bhuloka Day</b>
Until 8:22PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						



Wednesday, May 30, 2018

Gold Retreat Star

Vrischika Rasi: 21.34 Tithi 16 – 17

376932369

Gulika 10:31AM – 12:25PM  
Yama 6:42AM – 8:36AM  
Rahu 12:25PM – 2:19PM

Jyeshtha\* Until 10:29PM

Siddha Until 12:53PM

Taitila Until 5:51AM Thu

Prathama\* Until 4:52PM

Ganesha: Clear Sunrise: 4:48AM  
Muruqa: White Sunset: 8:02PM

Nataraja: Purple

Moon – Orange

Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM

Carcare, Switzerland

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 10:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Dhanus Rasi: 3.41 Tithi 17

386932369

Gulika 8:36AM – 10:31AM  
Yama 4:47AM – 6:42AM  
Rahu 2:19PM – 4:14PM

Mula\* Until 1:19AM Fri

Sadhya Until 1:27PM

Gara Until 6:53PM

Dvitiya Until 6:53PM

Ganesha: White Sunrise: 4:47AM  
Muruqa: White Sunset: 8:03PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Carcare, Switzerland

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Dhanus Rasi: 15.39 Tithi 18

387932369

Gulika 6:41AM – 8:36AM  
Yama 4:14PM – 6:09PM  
Rahu 10:31AM – 12:25PM

Purvashadha\* Until 4:17AM Sat

Subha Until 2:18PM

Vanija Until 8:02AM

Tritiya Until 9:13PM

Ganesha: Yellow Sunrise: 4:47AM  
Muruqa: White Sunset: 8:04PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Carcare, Switzerland

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Routine Work Prabalarishta Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Dhanus Rasi: 27.3 Tithi 19

387932369

Gulika 4:46AM – 6:41AM  
Yama 2:20PM – 4:15PM  
Rahu 8:36AM – 10:31AM

Uttarashadha Until 7:15AM Sun

Sukla Until 3:20PM

Bava Until 10:30AM

Chaturthi\* Until 11:47PM

Ganesha: Yellow Sunrise: 4:46AM  
Muruqa: White Sunset: 8:04PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Carcare, Switzerland

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Routine Work Marana Yoga

Until 7:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Makara Rasi: 9.17 Tithi 20

387932369

Gulika 4:15PM – 6:10PM  
Yama 12:26PM – 2:20PM  
Rahu 6:10PM – 8:05PM

Uttarashadha Until 7:15AM

Brahma Until 4:27PM

Kaulava Until 1:06PM

Panchami Until 2:22AM Mon

Ganesha: Yellow Sunrise: 4:46AM  
Muruqa: White Sunset: 8:05PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Carcare, Switzerland

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Makara Rasi: 21.05 Tithi 21

397932369

Gulika 2:21PM – 4:16PM  
Yama 10:31AM – 12:26PM  
Rahu 6:40AM – 8:36AM

Shravana Until 10:32AM

Indra Until 5:30PM

Gara Until 3:37PM

Shashthi\* Until 4:46AM Tue

Ganesha: Blue Sunrise: 4:45AM  
Muruqa: White Sunset: 8:06PM

Nataraja: Purple

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Carcare, Switzerland

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Amrita Yoga

Until 10:32AM

Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Kumbha Rasi: 2.58 Tithi 22

397132361

Gulika 12:26PM – 2:21PM  
Yama 8:35AM – 10:31AM  
Rahu 4:16PM – 6:11PM

Dhanishta Until 1:25PM

Vaidhriti\* Until 6:17PM

Visti Until 5:51PM

Saptami Until 6:45AM Wed

Ganesha: Purple Sunrise: 4:45AM  
Muruqa: White Sunset: 8:07PM

Nataraja: White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Carcare, Switzerland

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Creative Work Siddha Yoga

Until 1:25PM

Then Routine Work - Marana Yoga

D

Wednesday, June 6, 2018

Retreat Star

Kumbha Rasi: 15 Tithi 22 – 23

397132361

Gulika 10:31AM – 12:26PM  
Yama 6:40AM – 8:35AM  
Rahu 12:26PM – 2:21PM

Shatabhishak Until 3:39PM

Vishkambha\* Until 6:41PM

Balava Until 7:33PM

Saptami Until 6:45AM

Ganesha: Purple Sunrise: 4:45AM  
Muruqa: White Sunset: 8:07PM

Nataraja: White

Moon – Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Carcare, Switzerland

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Kumbha Rasi: 27.17 Tithi 23 – 24

317132361

Gulika 8:35AM – 10:31AM  
Yama 4:44AM – 6:40AM  
Rahu 2:22PM – 4:17PM

Purvaproshtapada\* Until 5:33PM

Priti Until 6:33PM

Taitila Until 8:33PM

Ashtami\* Until 8:08AM

Ganesha: Blue Sunrise: 4:44AM  
Muruqa: White Sunset: 8:08PM

Nataraja: White

Moon – Clear

Jyeshtha Adhika-Vaikasi

Devaloka Day

Carcare, Switzerland

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Creative Work Siddha Yoga


<b>1</b>	<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 9
	Meena Rasi: 9.55	Tithi 24 – 25	<b>Gulika</b> 6:40AM – 8:35AM	<b>Uttaraproshtapada</b> Until 6:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM	Vilamba 5120
			Yama 4:18PM – 6:13PM	Ayushman Until 5:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 8
	318132361	<b>Rahu</b> 10:31AM – 12:26PM		Vanija Until 8:44PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 8:44AM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 10
	Meena Rasi: 22.57	Tithi 25 – 26	<b>Gulika</b> 4:44AM – 6:39AM	<b>Revati</b> Until 6:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM	Vilamba 5120
			Yama 2:22PM – 4:18PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 8
	318132361	<b>Rahu</b> 8:35AM – 10:31AM		Bava Until 8:04PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 8:29AM	Moon – Clear		<b>Bhuloka Day</b>	
Until 6:29PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 11
	Mesha Rasi: 6.26	Tithi 26 – 27	<b>Gulika</b> 4:18PM – 6:14PM	<b>Ashvini</b> Until 5:58PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM	Vilamba 5120
			Yama 12:27PM – 2:23PM	Sobhana Until 2:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 8
	328132361	<b>Rahu</b> 6:14PM – 8:10PM		Kaulava Until 6:36PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:25AM	Moon – White		<b>Bhuloka Day</b>	
Until 5:58PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Carcare, Switzerland Sun 12
	Mesha Rasi: 20.22	Tithi 28	<b>Gulika</b> 2:23PM – 4:19PM	<b>Bharani</b> Until 4:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:31AM – 12:27PM	Athiganda* Until 11:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:11PM	Moon 5 - Phase 8
	328132361	<b>Rahu</b> 6:39AM – 8:35AM		Gara Until 4:25PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 3:05AM Tue	Moon – White		<b>Bhuloka Day</b>	
Until 4:35PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Carcare, Switzerland Sun 13
	Vrishabha Rasi: 4.44	Tithi 29	<b>Gulika</b> 12:27PM – 2:23PM	<b>Krittika</b> Until 2:29PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM	Vilamba 5120
			Yama 8:35AM – 10:31AM	Sukarma Until 8:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:11PM	Moon 5 - Phase 8
	328132361	<b>Rahu</b> 4:19PM – 6:15PM		Visti Until 1:40PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:06AM Wed	Moon – White		<b>Bhuloka Day</b>	
Until 2:29PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

	<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Carcare, Switzerland Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 10:31AM – 12:27PM	<b>Rohini</b> Until 12:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:43AM	Vilamba 5120
	Vrishabha Rasi: 19.27	Tithi 30	Yama 6:39AM – 8:35AM	Shula* Until 12:52AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 8
	338132361	<b>Rahu</b> 12:27PM – 2:23PM		Catuspada Until 10:30AM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 8:47PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Retreat Star</b>	<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sun 15
	Mithuna Rasi: 4.23	Tithi 1 – 2	<b>Gulika</b> 8:35AM – 10:31AM	<b>Mrigashira</b> Until 9:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Vilamba 5120
			Yama 4:43AM – 6:39AM	Ganda* Until 8:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 8
	339132361	<b>Rahu</b> 2:24PM – 4:20PM		Kintughna Until 7:03AM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 5:16PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM	

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Carcare, Switzerland Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 19.25	Tithi 2 – 3	<b>Gulika</b> 6:39AM – 8:35AM	<b>Ardra Until 6:46AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Moon 5 - Phase 9	
339132361		Yama 4:20PM – 6:16PM	Vriddhi Until 4:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM	3rd Phase	
Creative Work	Siddha Yoga	<b>Rahu</b> 10:32AM – 12:28PM	Taitila Until 12:02AM Sat	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
			<b>Dvitiya Until 1:44PM</b>	Moon – Yellow		Devaloka Time: 9:AM to12:PM	
				<b>Jyeshtha-Ani</b>			
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 4.24	Tithi 3 – 4	<b>Gulika</b> 4:43AM – 6:39AM	<b>Pushya Until 1:51AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:43AM	Moon 5 - Phase 9	
349132361		Yama 2:24PM – 4:20PM	Dhruva Until 1:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:13PM	3rd Phase	
Creative Work	Siddha Yoga	<b>Rahu</b> 8:35AM – 10:32AM	Vanija Until 8:44PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
			<b>Tritiya Until 10:20AM</b>	Moon – Blue		Devaloka Time: 9:AM to12:PM	
				<b>Jyeshtha-Ani</b>			
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Carcare, Switzerland Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 19.11	Tithi 4 – 5	<b>Gulika</b> 4:21PM – 6:17PM	<b>Ashlesha* Until 11:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:43AM	Moon 5 - Phase 9	
349132361		Yama 12:28PM – 2:24PM	Vyaghata* Until 9:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:13PM	3rd Phase	
Creative Work	Siddha Yoga	<b>Rahu</b> 6:17PM – 8:13PM	Balava Until 4:26AM Mon	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Until 11:40PM			<b>Chaturthi* Until 7:11AM</b>	Moon – Blue		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Carcare, Switzerland Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.42	Tithi 6	<b>Gulika</b> 2:25PM – 4:21PM	<b>Magha* Until 10:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM	Moon 5 - Phase 9	
<b>Family Home Evening</b>		Yama 10:32AM – 12:28PM	Harshana Until 6:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:14PM	3rd Phase	
Routine Work	Marana Yoga	<b>Rahu</b> 6:39AM – 8:36AM	Kaulava Until 3:15PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Until 10:14PM			<b>Shashthi* Until 2:09AM Tue</b>	Moon – Red			
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Carcare, Switzerland Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.52	Tithi 7	<b>Gulika</b> 12:29PM – 2:25PM	<b>Purvaphalguni Until 9:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM	Moon 5 - Phase 9	
359132361		Yama 8:36AM – 10:32AM	Siddhi Until 12:55AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 8:14PM	3rd Phase	
Creative Work	Siddha Yoga	<b>Rahu</b> 4:21PM – 6:18PM	Gara Until 1:15PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Until 9:12PM			<b>Saptami Until 12:27AM Wed</b>	Moon – Red			
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>			
<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Carcare, Switzerland Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 1.4	Tithi 8	<b>Gulika</b> 10:32AM – 12:29PM	<b>Uttaraphalguni Until 8:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM	Moon 5 - Phase 9	
359132361		Yama 6:40AM – 8:36AM	Vyatipata* Until 11:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:14PM	Ashtami	
Creative Work	Amrita Yoga	<b>Rahu</b> 12:29PM – 2:25PM	Visti Until 11:49AM	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Until 8:36PM			<b>Ashtami* Until 11:19PM</b>	Moon – Red			
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>			
<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Carcare, Switzerland Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 15.08	Tithi 9	<b>Gulika</b> 8:36AM – 10:33AM	<b>Hasta Until 8:54PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:43AM	Moon 5 - Phase 9	
369132361		Yama 4:43AM – 6:40AM	Variyan Until 9:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:14PM	Navami	
Routine Work	Marana Yoga	<b>Rahu</b> 2:25PM – 4:22PM	Balava Until 11:00AM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Until 8:54PM			<b>Navami* Until 10:47PM</b>	Moon – Green		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Carcare, Switzerland Sun 23    Sutra 68 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 10	<b>Gulika</b> 6:40AM – 8:36AM	<b>Chitra</b> Until 9:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:44AM	
			Yama 4:22PM – 6:18PM	Parigha* Until 8:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	361132361	<b>Rahu</b> 10:33AM – 12:29PM		Taitila Until 10:45AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 10:49PM	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			


<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Carcare, Switzerland Sun 24    Sutra 69 Vilamba 5120
	Tula Rasi: 11.08	Tithi 11	<b>Gulika</b> 4:44AM – 6:40AM	<b>Svati</b> Until 10:38PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:44AM	
			Yama 2:26PM – 4:22PM	Shiva Until 7:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	361132361	<b>Rahu</b> 8:37AM – 10:33AM		Vanija Until 11:03AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 11:21PM	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Carcare, Switzerland Sun 25    Sutra 70 Vilamba 5120
	Tula Rasi: 23.45	Tithi 12	<b>Gulika</b> 4:22PM – 6:19PM	<b>Vishakha</b> Until 12:28AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM	
			Yama 12:30PM – 2:26PM	Siddha Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 6:19PM – 8:15PM		Bava Until 11:50AM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 12:23AM Mon	Moon – Orange		<b>Devaloka Day</b>	
Until 12:28AM Mon				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Carcare, Switzerland Sun 26    Sutra 71 Vilamba 5120
	Vrischika Rasi: 6.1	Tithi 13	<b>Gulika</b> 2:26PM – 4:22PM	<b>Anuradha</b> Until 2:33AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:45AM	
	<b>Family Home Evening</b>		Yama 10:33AM – 12:30PM	Sadhya Until 7:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 6:41AM – 8:37AM		Kaulava Until 1:05PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 1:50AM Tue	Moon – Orange		<b>Devaloka Day</b>	
Until 2:33AM Tue				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Carcare, Switzerland Sun 27    Sutra 72 Vilamba 5120
	Vrischika Rasi: 18.24	Tithi 14	<b>Gulika</b> 12:30PM – 2:26PM	<b>Jyeshtha*</b> Until 4:51AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:45AM	
			Yama 8:37AM – 10:34AM	Subha Until 8:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 4:23PM – 6:19PM		Gara Until 2:44PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 3:40AM Wed	Moon – Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Carcare, Switzerland Sutra 73 Vilamba 5120
	Dhanus Rasi: 0.29	Tithi 15	<b>Gulika</b> 10:34AM – 12:30PM	<b>Mula*</b> Until 7:48AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:45AM	
			Yama 6:42AM – 8:38AM	Sukla Until 9:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	381142361	<b>Rahu</b> 12:30PM – 2:26PM		Visti Until 4:45PM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> Until 5:51AM Thu	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 7:48AM Thu				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Carcare, Switzerland Sutra 74 Vilamba 5120
	Dhanus Rasi: 12.26	Tithi 16	<b>Gulika</b> 8:38AM – 10:34AM	<b>Mula*</b> Until 7:48AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:46AM	
			Yama 4:46AM – 6:42AM	Brahma Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	381142361	<b>Rahu</b> 2:27PM – 4:23PM		Balava Until 7:03PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:16AM Fri	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Carcare, Switzerland  
Sutra 75

Dhanus Rasi: 24.17 Tithi 16 – 17

381142361

**Gulika** 6:42AM – 8:38AM  
**Yama** 4:23PM – 6:19PM  
**Rahu** 10:34AM – 12:31PM

**Purvashadha\* Until 10:49AM**

Indra Until 11:02PM  
Taitila Until 9:34PM

**Prathama\* Until 8:16AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:46AM  
**Sunset:** 8:15PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Prabalarishta Yoga  
Until 10:49AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland  
Sun 1 Sutra 76

Makara Rasi: 6.05 Tithi 17 – 18

381242361

**Gulika** 4:47AM – 6:43AM  
**Yama** 2:27PM – 4:23PM  
**Rahu** 8:39AM – 10:35AM

**Uttarashadha Until 1:47PM**

Vaidhriti\* Until 12:09AM Sun  
Vanija Until 12:10AM Sun  
Dvitiya Until 10:51AM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:47AM  
**Sunset:** 8:15PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 1:47PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland  
Sun 2 Sutra 77

Makara Rasi: 17.52 Tithi 18 – 19

391242361

**Gulika** 4:23PM – 6:19PM  
**Yama** 12:31PM – 2:27PM  
**Rahu** 6:19PM – 8:15PM

**Shravana Until 5:06PM**

Vishkambha\* Until 1:14AM Mon  
Bava Until 2:43AM Mon  
Tritiya Until 1:26PM

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:47AM  
**Sunset:** 8:15PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 5:06PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland  
Sun 3 Sutra 78

Makara Rasi: 29.41 Tithi 19 – 20

392242361

**Gulika** 2:27PM – 4:23PM  
**Yama** 10:35AM – 12:31PM  
**Rahu** 6:44AM – 8:39AM

**Dhanishtha Until 8:05PM**

Priti Until 2:10AM Tue  
Kaulava Until 5:01AM Tue  
Chaturthi\* Until 3:53PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:48AM  
**Sunset:** 8:15PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Carcare, Switzerland  
Sun 4 Sutra 79

Kumbha Rasi: 11.35 Tithi 20

392242361

**Gulika** 12:31PM – 2:27PM  
**Yama** 8:40AM – 10:36AM  
**Rahu** 4:23PM – 6:19PM

**Shatabhishak Until 10:34PM**

Ayushman Until 2:46AM Wed  
Taitila Until 6:00PM  
Panchami Until 6:00PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:48AM  
**Sunset:** 8:14PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland  
Sun 5 Sutra 80

Kumbha Rasi: 23.4 Tithi 21

312242361

**Gulika** 10:36AM – 12:31PM  
**Yama** 6:45AM – 8:40AM  
**Rahu** 12:31PM – 2:27PM

**Purvaproshtapada\* Until 12:53AM Thu**

Saubhagya Until 2:58AM Thu  
Gara Until 6:55AM  
Shashthi\* Until 7:38PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:49AM  
**Sunset:** 8:14PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 12:53AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Carcare, Switzerland  
Sun 6 Sutra 81

Meena Rasi: 5.58 Tithi 22

312242361

**Gulika** 8:41AM – 10:36AM  
**Yama** 4:50AM – 6:45AM  
**Rahu** 2:27PM – 4:23PM

**Uttaraproshtapada Until 2:23AM Fri**

Sobhana Until 2:39AM Fri  
Visti Until 8:15AM  
Saptami Until 8:38PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:50AM  
**Sunset:** 8:14PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, July 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland  
Sun 7 Sutra 82

Meena Rasi: 18.34 Tithi 23

312242361

**Gulika** 6:46AM – 8:41AM  
**Yama** 4:23PM – 6:18PM  
**Rahu** 10:36AM – 12:32PM

**Revati Until 2:59AM Sat**

Athiganda\* Until 1:43AM Sat  
Balava Until 8:53AM  
Ashtami\* Until 8:54PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:50AM  
**Sunset:** 8:13PM

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland  
Sun 8 Sutra 83

Mesha Rasi: 1.33 Tithi 24

422242361

**Gulika** 4:51AM – 6:46AM  
**Yama** 2:27PM – 4:23PM  
**Rahu** 8:41AM – 10:37AM

**Ashvini Until 3:07AM Sun**

Sukarma Until 12:09AM Sun  
Taitila Until 8:44AM  
Navami\* Until 8:21PM

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Jyeshtha-Ani**

**Sunrise:** 4:51AM  
**Sunset:** 8:13PM

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work Siddha Yoga  
Until 3:07AM Sun  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visti* Karana Dashamyam Titau		Carcare, Switzerland Sun 9 Sutra 84 Vilamba 5120
Mesha Rasi: 14.58	Tithi 25	<b>Gulika</b> 4:22PM – 6:18PM	<b>Bharani Until 2:18AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:52AM
		Yama 12:32PM – 2:27PM	Dhruti Until 9:58PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:13PM
	422242361	<b>Rahu</b> 6:18PM – 8:13PM	Vanija Until 7:48AM	<b>Nataraja:</b> White
Routine Work	Prabalarishta Yoga		<b>Dashami Until 7:01PM</b>	Moon – White
Until 2:18AM Mon				<b>Jyeshtha-Ani</b>
Then Routine Work - Marana Yoga				<b>Devaloka Day</b>

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Kritika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 10 Sutra 85 Vilamba 5120
Mesha Rasi: 28.49	Tithi 26 – 27	<b>Gulika</b> 2:27PM – 4:22PM	<b>Krittika Until 12:40AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:52AM
<b>Family Home Evening</b>		Yama 10:37AM – 12:32PM	Shula* Until 7:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:12PM
Routine Work	Marana Yoga	<b>Rahu</b> 6:47AM – 8:42AM	Bava Until 6:05AM	<b>Nataraja:</b> White
Until 12:40AM Tue			<b>Ekadashi* Until 4:57PM</b>	Moon – White
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>
				<b>Devaloka Day</b>

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 11 Sutra 86 Vilamba 5120
Vrishabha Rasi: 13.07	Tithi 27 – 28	<b>Gulika</b> 12:32PM – 2:27PM	<b>Rohini Until 10:44PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:53AM
		Yama 8:43AM – 10:38AM	Ganda* Until 3:52PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:12PM
	432242361	<b>Rahu</b> 4:22PM – 6:17PM	Gara Until 12:44AM Wed	<b>Nataraja:</b> White
Creative Work	Amrita Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Yellow
Until 10:44PM				<b>Jyeshtha-Ani</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 12 Sutra 87 Vilamba 5120
Vrishabha Rasi: 27.49	Tithi 28 – 29	<b>Gulika</b> 10:38AM – 12:33PM	<b>Mrigashira Until 8:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:54AM
		Yama 6:49AM – 8:43AM	Vridhi Until 12:11PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:11PM
	432242361	<b>Rahu</b> 12:33PM – 2:27PM	Visti Until 9:22PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:04AM</b>	Moon – Yellow
				<b>Jyeshtha-Ani</b>
				<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Carcare, Switzerland Sun 13 Sutra 88 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:44AM – 10:38AM	<b>Ardra Until 5:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:55AM
Mithuna Rasi: 12.48	Tithi 29 – 30	Yama 4:55AM – 6:49AM	Dhruva Until 8:12AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:11PM
		<b>Rahu</b> 2:27PM – 4:22PM	Naga Until 3:50AM Fri	<b>Nataraja:</b> White
Routine Work	Marana Yoga		<b>Chaturdashi* Until 7:33AM</b>	Moon – Yellow
Until 5:17PM				<b>Jyeshtha-Ani</b>
Then Creative Work - Amrita Yoga				<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Carcare, Switzerland Sun 14 Sutra 89 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:50AM – 8:44AM	<b>Punarvasu Until 2:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:55AM
Mithuna Rasi: 27.57	Tithi 1	Yama 4:21PM – 6:16PM	Harshana Until 11:55PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:10PM
		<b>Rahu</b> 10:38AM – 12:33PM	Kintughna Until 1:58PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		<b>Prathama* Until 12:05AM Sat</b>	Moon – Blue
Until 2:30PM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>
Then Routine Work - Marana Yoga				<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Carcare, Switzerland Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	<b>Gulika</b> 4:56AM – 6:50AM	<b>Pushya</b> Until 11:38AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM	Vilamba 5120	
		Yama 2:27PM – 4:21PM	Vajra* Until 7:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 8:45AM – 10:39AM	Balava Until 10:16AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 8:28PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:38AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b> 4:21PM – 6:15PM	<b>Ashlesha*</b> Until 8:51AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:57AM	Vilamba 5120	
		Yama 12:33PM – 2:27PM	Siddhi Until 4:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 6:15PM – 8:09PM	Taitila Until 6:46AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:07PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:51AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Carcare, Switzerland Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	<b>Gulika</b> 2:27PM – 4:21PM	<b>Magha*</b> Until 6:43AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:58AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:39AM – 12:33PM	Vyatipata* Until 12:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 13	
		453242361 <b>Rahu</b> 6:52AM – 8:46AM	Bava Until 12:57AM Tue	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 2:12PM	Moon – Red		<b>Bhuloka Day</b>	
Until 6:43AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Carcare, Switzerland Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	<b>Gulika</b> 12:33PM – 2:27PM	<b>Uttaraphalguni</b> Until 3:39AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:59AM	Vilamba 5120	
		Yama 8:46AM – 10:40AM	Varyan Until 9:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:07PM	Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 4:20PM – 6:14PM	Kaulava Until 10:53PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 11:49AM	Moon – Red		<b>Devaloka Day</b>	
Until 3:39AM Wed				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Carcare, Switzerland Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	<b>Gulika</b> 10:40AM – 12:33PM	<b>Hasta</b> Until 3:20AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	Vilamba 5120	
		Yama 6:53AM – 8:47AM	Parigha* Until 7:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:07PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 12:33PM – 2:27PM	Gara Until 9:31PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 10:06AM	Moon – Green		<b>Sivaloka Day</b>	
Until 3:20AM Thu				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Carcare, Switzerland Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	<b>Gulika</b> 8:47AM – 10:40AM	<b>Chitra</b> Until 3:37AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	Vilamba 5120	
		Yama 5:01AM – 6:54AM	Siddha Until 3:45AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 2:26PM – 4:20PM	Visli Until 8:52PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 9:05AM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Carcare, Switzerland Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	<b>Gulika</b> 6:55AM – 8:48AM	<b>Svati</b> Until 4:26AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
		Yama 4:19PM – 6:12PM	Sadhya Until 2:58AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:40AM – 12:33PM	Balava Until 8:57PM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:48AM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 22 Sutra 97 Vilamba 5120	
Tula Rasi: 20.44	Tithi 9 – 10	<b>Gulika</b> 5:03AM – 6:55AM	<b>Vishakha</b> Until 6:12AM Sun	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:03AM		
		Yama 2:26PM – 4:19PM	Subha Until 2:44AM Sun	<b>Muruqa:</b> Clear	<b>Sunset:</b> 8:04PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 8:48AM – 10:41AM	Taitila Until 9:42PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 9:13AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 6:12AM Sun				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 23 Sutra 98 Vilamba 5120	
Vrischika Rasi: 3.13	Tithi 10 – 11	<b>Gulika</b> 4:18PM – 6:11PM	<b>Vishakha</b> Until 6:12AM	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:04AM		
		Yama 12:33PM – 2:26PM	Sukla Until 2:54AM Mon	<b>Muruqa:</b> Clear	<b>Sunset:</b> 8:03PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:11PM – 8:03PM	Vanija Until 11:02PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 10:17AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3</b>		<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vistit*/Bava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 24 Sutra 99 Vilamba 5120	
Vrischika Rasi: 15.28	Tithi 11 – 12	<b>Gulika</b> 2:26PM – 4:18PM	<b>Anuradha</b> Until 8:20AM	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:05AM		
<b>Family Home Evening</b>		Yama 10:41AM – 12:33PM	Brahma Until 3:26AM Tue	<b>Muruqa:</b> Clear	<b>Sunset:</b> 8:02PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:57AM – 8:49AM	Bava Until 12:52AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:52AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>		<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 25 Sutra 100 Vilamba 5120	
Vrischika Rasi: 27.32	Tithi 12 – 13	<b>Gulika</b> 12:33PM – 2:25PM	<b>Jyeshtha*</b> Until 10:45AM	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:06AM		
		Yama 8:50AM – 10:42AM	Indra Until 4:16AM Wed	<b>Muruqa:</b> Clear	<b>Sunset:</b> 8:01PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 4:17PM – 6:09PM	Kaulava Until 3:03AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 1:54PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 10:45AM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 26 Sutra 101 Vilamba 5120	
Dhanus Rasi: 9.28	Tithi 13 – 14	<b>Gulika</b> 10:42AM – 12:34PM	<b>Mula*</b> Until 1:48PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:07AM		
		Yama 6:58AM – 8:50AM	Vaidhriti* Until 5:15AM Thu	<b>Muruqa:</b> Clear	<b>Sunset:</b> 8:00PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 12:34PM – 2:25PM	Gara Until 5:30AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 4:14PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 1:48PM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 102 Vilamba 5120	
Dhanus Rasi: 21.18	Tithi 14	<b>Gulika</b> 8:51AM – 10:42AM	<b>Purvashadha*</b> Until 4:53PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:08AM		
		Yama 5:08AM – 6:59AM	Vishkambha* Until 6:21AM Fri	<b>Muruqa:</b> Clear	<b>Sunset:</b> 7:59PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 2:25PM – 4:16PM	Vanija Until 6:46PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 4:53PM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 103 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:00AM – 8:51AM	<b>Uttarashadha</b> Until 7:52PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:09AM		
Makara Rasi: 3.06	Tithi 15	Yama 4:16PM – 6:07PM	Vishkambha* Until 6:21AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 7:58PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 10:42AM – 12:33PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear		Purnima	
Routine Work	Marana Yoga		<b>Purnima* Until 9:21PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
		<b>Total Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>○</b>		<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Carcare, Switzerland Sutra 104 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:10AM – 7:01AM	<b>Shravana</b> Until 11:08PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:10AM		
Makara Rasi: 14.53	Tithi 16	Yama 2:24PM – 4:15PM	Priti Until 7:29AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 7:57PM	Moon 6 - Phase 14	
		493342362 <b>Rahu</b> 8:52AM – 10:43AM	Balava Until 10:39AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:53PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Carcare, Switzerland  
Sun 1 Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 26.43 Tithi 17  
493342362  
Rahu  
Routine Work Marana Yoga  
Until 2:03AM Mon  
Then Creative Work - Siddha Yoga

Gulika 4:15PM - 6:05PM  
Yama 12:33PM - 2:24PM  
Rahu 6:05PM - 7:56PM

**Dhanishtha Until 2:03AM Mon**  
Ayushman Until 8:29AM  
Taitila Until 1:06PM  
**Dvitiya Until 2:14AM Mon**

Ganesha: Blue Sunrise: 5:11AM  
Muruga: Clear Sunset: 7:56PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trilyayam Titau

Carcare, Switzerland  
Sun 2 Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 8.37 Tithi 18  
494342362  
Rahu  
Family Home Evening  
Creative Work Siddha Yoga  
Until 4:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 2:24PM - 4:14PM  
Yama 10:43AM - 12:33PM  
Rahu 7:02AM - 8:53AM

**Shatabhishak Until 4:32AM Tue**  
Saubhagya Until 9:20AM  
Vanija Until 3:19PM  
**Tritiya Until 4:17AM Tue**

Ganesha: Blue Sunrise: 5:12AM  
Muruga: Clear Sunset: 7:55PM  
Nataraja: Clear  
Moon - Purple  
**Ashada-Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturtham Titau

Carcare, Switzerland  
Sun 3 Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 20.39 Tithi 19  
414342362  
Rahu  
Routine Work Marana Yoga  
Until 6:57AM Wed  
Then Creative Work - Siddha Yoga

Gulika 12:33PM - 2:23PM  
Yama 8:53AM - 10:43AM  
Rahu 4:13PM - 6:04PM

**Purvaproshtapada\* Until 6:57AM Wed**  
Sobhana Until 9:58AM  
Bava Until 5:11PM  
**Chaturthi\* Until 5:56AM Wed**

Ganesha: White Sunrise: 5:13AM  
Muruga: Clear Sunset: 7:54PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Carcare, Switzerland  
Sun 4 Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 2.5 Tithi 20  
414342362  
Rahu  
Creative Work Amrita Yoga  
Until 6:57AM  
Then Creative Work - Siddha Yoga

Gulika 10:44AM - 12:33PM  
Yama 7:04AM - 8:54AM  
Rahu 12:33PM - 2:23PM

**Purvaproshtapada\* Until 6:57AM**  
Athiganda\* Until 10:14AM  
Kaulava Until 6:36PM  
**Panchami Until 7:06AM Thu**

Ganesha: White Sunrise: 5:14AM  
Muruga: Clear Sunset: 7:52PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Carcare, Switzerland  
Sun 5 Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 15.14 Tithi 20 - 21  
414342362  
Rahu  
Creative Work Siddha Yoga

Gulika 8:54AM - 10:44AM  
Yama 5:15AM - 7:05AM  
Rahu 2:23PM - 4:12PM

**Uttaraproshtapada Until 8:43AM**  
Sukarma Until 10:07AM  
Gara Until 7:29PM  
**Panchami Until 7:06AM**

Ganesha: White Sunrise: 5:15AM  
Muruga: Clear Sunset: 7:51PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Carcare, Switzerland  
Sun 6 Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 27.53 Tithi 21 - 22  
414342362  
Rahu  
Creative Work Siddha Yoga  
Until 9:46AM  
Then Creative Work - Amrita Yoga

Gulika 7:06AM - 8:55AM  
Yama 4:11PM - 6:01PM  
Rahu 10:44AM - 12:33PM

**Revati Until 9:46AM**  
Dhriti Until 9:34AM  
Visti Until 7:45PM  
**Shashthi\* Until 7:41AM**

Ganesha: White Sunrise: 5:16AM  
Muruga: Clear Sunset: 7:50PM  
Nataraja: Clear  
Moon - Clear  
**Ashada-Adi**

**Devaloka Day**

**Retreat Star**

**Saturday, August 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Carcare, Switzerland  
Sun 7 Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 10.51 Tithi 22 - 23  
424342362  
Rahu  
Creative Work Siddha Yoga

Gulika 5:18AM - 7:06AM  
Yama 2:22PM - 4:11PM  
Rahu 8:55AM - 10:44AM

**Ashvini Until 10:30AM**  
Shula\* Until 8:28AM  
Balava Until 7:21PM  
**Saptami Until 7:37AM**

Ganesha: Clear Sunrise: 5:18AM  
Muruga: Clear Sunset: 7:49PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland  
Sun 8 Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 24.1 Tithi 23 - 24  
424342362  
Rahu  
Routine Work Prabalarishta Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

Gulika 4:10PM - 5:59PM  
Yama 12:33PM - 2:22PM  
Rahu 5:59PM - 7:47PM

**Bharani Until 10:24AM**  
Ganda\* Until 6:50AM  
Taitila Until 6:16PM  
**Ashtami\* Until 6:53AM**

Ganesha: Clear Sunrise: 5:19AM  
Muruga: Clear Sunset: 7:47PM  
Nataraja: Clear  
Moon - White  
**Ashada-Adi**

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Carcare, Switzerland Sun 9 Sutra 113 Vilamba 5120	
<b>1</b>		<b>Gulika</b> 2:21PM – 4:09PM	<b>Krittika Until 9:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM
Vrishabha Rasi: 7.53	Tithi 25	Yama 10:45AM – 12:33PM	Dhruva Until 1:57AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:46PM
<b>Family Home Evening</b>	424342362	<b>Rahu</b> 7:08AM – 8:56AM	Vanija Until 4:31PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Moon – White	2nd Phase
Until 9:29AM			<b>Dashami Until 3:24AM Tue</b>	<b>Ashada-Adi</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Carcare, Switzerland Sun 10 Sutra 114 Vilamba 5120	
<b>2</b>		<b>Gulika</b> 12:33PM – 2:21PM	<b>Rohini Until 8:13AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:21AM
Vrishabha Rasi: 22	Tithi 26	Yama 8:57AM – 10:45AM	Vyaghata* Until 10:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:45PM
	434342362	<b>Rahu</b> 4:09PM – 5:57PM	Bava Until 2:10PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga			Moon – Yellow	2nd Phase
Until 8:13AM			<b>Ekadashi* Until 12:46AM Wed</b>	<b>Ashada-Adi</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Carcare, Switzerland Sun 11 Sutra 115 Vilamba 5120	
<b>3</b>		<b>Gulika</b> 10:45AM – 12:33PM	<b>Mrigashira Until 6:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:22AM
Mithuna Rasi: 6.29	Tithi 27	Yama 7:10AM – 8:57AM	Harshana Until 7:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:43PM
	434342362	<b>Rahu</b> 12:33PM – 2:20PM	Kaulava Until 11:17AM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Siddha Yoga			Moon – Yellow	2nd Phase
			<b>Dvadashi* Until 9:40PM</b>	<b>Ashada-Adi</b>	<b>Devaloka Day</b>

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Carcare, Switzerland Sun 12 Sutra 116 Vilamba 5120	
<b>4</b>		<b>Gulika</b> 8:58AM – 10:45AM	<b>Punarvasu Until 1:12AM Fri</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:23AM
Mithuna Rasi: 21.19	Tithi 28	Yama 5:23AM – 7:11AM	Vajra* Until 3:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM
	444342362	<b>Rahu</b> 2:20PM – 4:07PM	Gara Until 8:00AM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga			Moon – Blue	2nd Phase
Until 1:12AM Fri			<b>Trayodashi* Until 6:14PM</b>	<b>Ashada-Adi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Carcare, Switzerland Sun 13 Sutra 117 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 7:11AM – 8:58AM	<b>Pushya Until 10:22PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:24AM
Kataka Rasi: 6.2	Tithi 29 – 30	Yama 4:06PM – 5:53PM	Siddhi Until 11:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:40PM
	444342362	<b>Rahu</b> 10:45AM – 12:32PM	Catuspada Until 12:48AM Sat	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Moon – Blue	Amavasya
			<b>Chaturdashi* Until 2:37PM</b>	<b>Ashada-Adi</b>	<b>Devaloka Day</b>

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Carcare, Switzerland Sun 14 Sutra 118 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 5:25AM – 7:12AM	<b>Ashlesha* Until 7:25PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:25AM
Kataka Rasi: 21.28	Tithi 30 – 1	Yama 2:19PM – 4:06PM	Vyatipata* Until 7:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM
	445342362	<b>Rahu</b> 8:59AM – 10:46AM	Kintughna Until 9:10PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Moon – Blue	Prathama
Until 7:25PM		<b>Partial Solar Eclipse</b>	<b>Amavasya* Until 10:57AM</b>	<b>Sravana-Adi</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigraha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sun 15 Sutra 119	
Simha Rasi: 6.31	Tithi 1 – 2	<b>Gulika</b> 4:05PM – 5:51PM	<b>Magha* Until 4:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	Vilamba 5120	
		Yama 12:32PM – 2:18PM	Parigraha* Until 11:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 17	
		455342362 <b>Rahu</b> 5:51PM – 7:37PM	Kaulava Until 4:07AM Mon	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Prathama* Until 7:24AM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 4:56PM							
Then Creative Work - Siddha Yoga							

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Carcare, Switzerland Sun 16 Sutra 120	
Simha Rasi: 21.23	Tithi 3	<b>Gulika</b> 2:18PM – 4:04PM	<b>Purvaphalguni Until 2:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:28AM	Vilamba 5120	
Family Home Evening		Yama 10:46AM – 12:32PM	Shiva Until 7:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 17	
		455342362 <b>Rahu</b> 7:14AM – 9:00AM	Taitila Until 2:39PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 1:16AM Tue</b>	Moon – Red		<b>Sivaloka Day</b>	

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Vishti* Karana Chaturthiyam Titau				Carcare, Switzerland Sun 17 Sutra 121	
Kanya Rasi: 5.55	Tithi 4	<b>Gulika</b> 12:32PM – 2:17PM	<b>Uttaraphalguni Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	Vilamba 5120	
		Yama 9:00AM – 10:46AM	Siddha Until 4:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 17	
		455342362 <b>Rahu</b> 4:03PM – 5:49PM	Vanija Until 12:03PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 10:58PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 12:42PM							
Then Creative Work - Siddha Yoga							

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Carcare, Switzerland Sun 18 Sutra 122	
Kanya Rasi: 20.02	Tithi 5	<b>Gulika</b> 10:46AM – 12:31PM	<b>Hasta Until 11:42AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:30AM	Vilamba 5120	
		Yama 7:15AM – 9:01AM	Sadhya Until 2:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 17	
		465342362 <b>Rahu</b> 12:31PM – 2:17PM	Bava Until 10:05AM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami Until 9:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 11:42AM							
Then Creative Work - Siddha Yoga		<b>Nag Panchami</b>					

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Carcare, Switzerland Sun 19 Sutra 123	
Tula Rasi: 3.43	Tithi 6	<b>Gulika</b> 9:01AM – 10:46AM	<b>Chitra Until 11:17AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:31AM	Vilamba 5120	
		Yama 5:31AM – 7:16AM	Subha Until 12:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 17	
		465342362 <b>Rahu</b> 2:16PM – 4:01PM	Kaulava Until 8:52AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 11:17AM							
Then Creative Work - Amrita Yoga							

<b>6 Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Carcare, Switzerland Sun 20 Sutra 124	
Tula Rasi: 16.56	Tithi 7	<b>Gulika</b> 7:17AM – 9:02AM	<b>Svati Until 11:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	Vilamba 5120	
		Yama 4:00PM – 5:45PM	Sukla Until 11:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 17	
		565342362 <b>Rahu</b> 10:46AM – 12:31PM	Gara Until 8:26AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 8:31PM</b>	Moon – Green		<b>Sivaloka Day</b>	

<b>Retreat Star Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Vishti*/Bava Karana Ashtamyam Titau				Carcare, Switzerland Sun 21 Sutra 125	
Tula Rasi: 29.45	Tithi 8	<b>Gulika</b> 5:34AM – 7:18AM	<b>Vishakha Until 12:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:34AM	Vilamba 5120	
		Yama 2:15PM – 3:59PM	Brahma Until 10:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 17	
		575342362 <b>Rahu</b> 9:02AM – 10:47AM	Vishti Until 8:50AM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	

<b>Retreat Star Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Carcare, Switzerland Sun 22 Sutra 126	
Vrischika Rasi: 12.13	Tithi 9	<b>Gulika</b> 3:59PM – 5:43PM	<b>Anuradha Until 2:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	Vilamba 5120	
		Yama 12:31PM – 2:15PM	Indra Until 10:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 17	
		575442362 <b>Rahu</b> 5:43PM – 7:27PM	Balava Until 9:58AM	<b>Nataraja:</b> Clear		Navami	
Routine Work	Marana Yoga		<b>Navami* Until 10:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


<b>1</b>		<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 127 Vilamba 5120	
Vrischika Rasi: 24.23	Tithi 10	<b>Gulika</b>	2:14PM – 3:58PM	<b>Jyeshtha* Until 5:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM	
<b>Family Home Evening</b>	575442362	Yama	10:47AM – 12:30PM	Vaidhriti* Until 10:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b>	7:19AM – 9:03AM	Taitila Until 11:44AM	<b>Nataraja:</b> Clear		4th Phase
				<b>Dashami Until 12:47AM Tue</b>	Moon – Orange		<b>Sivaloka Day</b>
					<b>Sravana•Avani</b>		

<b>2</b>		<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 128 Vilamba 5120	
Dhanus Rasi: 6.23	Tithi 11	<b>Gulika</b>	12:30PM – 2:13PM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	
	586442362	Yama	9:04AM – 10:47AM	Vishkambha* Until 11:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b>	3:57PM – 5:40PM	Vanija Until 1:58PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:02PM				<b>Ekadashi Until 3:11AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Sravana•Avani</b>		

<b>3</b>		<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 129 Vilamba 5120	
Dhanus Rasi: 18.14	Tithi 12	<b>Gulika</b>	10:47AM – 12:30PM	<b>Purvashadha* Until 11:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	
	586442362	Yama	7:21AM – 9:04AM	Priti Until 12:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b>	12:30PM – 2:13PM	Bava Until 4:29PM	<b>Nataraja:</b> Clear		4th Phase
				<b>Dvadashi Until 5:46AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>
					<b>Sravana•Avani</b>		

<b>4</b>		<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 130 Vilamba 5120	
Makara Rasi: 0.02	Tithi 13	<b>Gulika</b>	9:04AM – 10:47AM	<b>Uttarashadha Until 2:07AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:39AM	
	586442362	Yama	5:39AM – 7:22AM	Ayushman Until 1:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b>	2:12PM – 3:55PM	Kaulava Until 7:06PM	<b>Nataraja:</b> Clear		4th Phase
				<b>Trayodashi Until 8:22AM Fri</b>	Moon – Light Blue		<b>Sivaloka Day</b>
					<b>Sravana•Avani</b>		
					<i>Pradosha Vrata</i>		

<b>5</b>		<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 131 Vilamba 5120	
Makara Rasi: 11.49	Tithi 13 – 14	<b>Gulika</b>	7:23AM – 9:05AM	<b>Shravana Until 5:19AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:40AM	
	596442362	Yama	3:54PM – 5:36PM	Saubhagya Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b>	10:47AM – 12:29PM	Gara Until 9:38PM	<b>Nataraja:</b> Clear		4th Phase
Until 5:19AM Sat				<b>Trayodashi Until 8:22AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>			<b>Sravana•Avani</b>		

		<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sutra 132 Vilamba 5120	
Makara Rasi: 23.4	Tithi 14 – 15	<b>Gulika</b>	5:42AM – 7:23AM	<b>Dhanishtha Until 8:07AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM	
	596442362	Yama	2:11PM – 3:53PM	Sobhana Until 3:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b>	9:05AM – 10:47AM	Visti Until 11:58PM	<b>Nataraja:</b> Clear		Purnima
				<b>Chaturdashi* Until 10:49AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Raksha Bandhan</b>			<b>Sravana•Avani</b>		

<b>Sunday, August 26, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Carcare, Switzerland Sutra 133 Vilamba 5120	
Kumbha Rasi: 6	Tithi 15 – 16	<b>Gulika</b>	3:52PM – 5:33PM	<b>Dhanishtha Until 8:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	
	596442362	Yama	12:29PM – 2:10PM	Athiganda* Until 4:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b>	5:33PM – 7:15PM	Balava Until 1:58AM Mon	<b>Nataraja:</b> Clear		Prathama
Until 8:07AM				<b>Purnima* Until 12:59PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Avani Avittam</b>			<b>Sravana•Avani</b>		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Kumbha Rasi: 17.4 Tithi 16 - 17  
Family Home Evening 596442362  
Creative Work Siddha Yoga  
Until 10:25AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarna/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 2:10PM - 3:51PM  
Yama 10:47AM - 12:29PM  
Rahu 7:25AM - 9:06AM  
Shatabhishak Until 10:25AM  
Sukarna Until 4:43PM  
Taitila Until 3:35AM Tue  
Prathama\* Until 2:48PM

Ganesha: White Sunrise: 5:44AM  
Muruga: Clear Sunset: 7:13PM  
Nataraja: Clear  
Moon - Purple  
Subha Sivaloka Day  
Carcare, Switzerland  
Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Tuesday, August 28, 2018

1

Kumbha Rasi: 29.54 Tithi 17 - 18  
517452363  
Routine Work Marana Yoga  
Until 12:39PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Gulika 12:28PM - 2:09PM  
Yama 9:07AM - 10:47AM  
Rahu 3:50PM - 5:31PM  
Purvaprosarthapada\* Until 12:39PM  
Dhriti Until 4:50PM  
Vanija Until 4:46AM Wed  
Dvitya Until 4:12PM

Ganesha: Clear Sunrise: 5:45AM  
Muruga: Purple Sunset: 7:11PM  
Nataraja: Purple  
Moon - Clear  
Bhuloka Day  
Devaloka Time: 6:AM to 9:AM  
Carcare, Switzerland  
Sun 1 Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Wednesday, August 29, 2018

2

Meena Rasi: 12.19 Tithi 18 - 19  
517452363  
Creative Work Siddha Yoga  
Until 2:18PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:47AM - 12:28PM  
Yama 7:27AM - 9:07AM  
Rahu 12:28PM - 2:08PM  
Uttaraprosarthapada Until 2:18PM  
Shula\* Until 4:34PM  
Bava Until 5:30AM Thu  
Tritiya Until 5:10PM

Ganesha: Clear Sunrise: 5:46AM  
Muruga: Purple Sunset: 7:10PM  
Nataraja: Purple  
Moon - Clear  
Bhuloka Day  
Devaloka Time: 6:AM to 9:AM  
Carcare, Switzerland  
Sun 2 Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Thursday, August 30, 2018

3

Meena Rasi: 24.56 Tithi 19 - 20  
517452363  
Creative Work Siddha Yoga  
Until 3:21PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:07AM - 10:48AM  
Yama 5:47AM - 7:27AM  
Rahu 2:08PM - 3:48PM  
Revati Until 3:21PM  
Ganda\* Until 3:58PM  
Kaulava Until 5:47AM Fri  
Chaturthi\* Until 5:41PM

Ganesha: Clear Sunrise: 5:47AM  
Muruga: Purple Sunset: 7:08PM  
Nataraja: Purple  
Moon - Clear  
Bhuloka Day  
Devaloka Time: 6:AM to 9:AM  
Carcare, Switzerland  
Sun 3 Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Friday, August 31, 2018

4

Mesha Rasi: 7.46 Tithi 20 - 21  
527452363  
Creative Work Amrita Yoga  
Until 4:16PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:28AM - 9:08AM  
Yama 3:47PM - 5:26PM  
Rahu 10:48AM - 12:27PM  
Ashvini Until 4:16PM  
Vridhi Until 3:01PM  
Gara Until 5:35AM Sat  
Panchami Until 5:43PM

Ganesha: Purple Sunrise: 5:48AM  
Muruga: Purple Sunset: 7:06PM  
Nataraja: Purple  
Moon - White  
Bhuloka Day  
Carcare, Switzerland  
Sun 4 Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Saturday, September 1, 2018

5

Mesha Rasi: 20.5 Tithi 21 - 22  
527452363  
Creative Work Siddha Yoga  
Until 4:32PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 5:50AM - 7:29AM  
Yama 2:06PM - 3:46PM  
Rahu 9:08AM - 10:48AM  
Bharani Until 4:32PM  
Dhruva Until 1:40PM  
Visti Until 4:53AM Sun  
Shashthi\* Until 5:17PM

Ganesha: Purple Sunrise: 5:50AM  
Muruga: Purple Sunset: 7:04PM  
Nataraja: Purple  
Moon - White  
Bhuloka Day  
Carcare, Switzerland  
Sun 5 Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Sunday, September 2, 2018

6

Vrishabha Rasi: 4.1 Tithi 22 - 23  
527452363  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:45PM - 5:24PM  
Yama 12:27PM - 2:06PM  
Rahu 5:24PM - 7:03PM  
Krittika Until 4:11PM  
Vyaghata\* Until 11:55AM  
Balava Until 3:41AM Mon  
Saptami Until 4:20PM

Ganesha: Purple Sunrise: 5:51AM  
Muruga: Purple Sunset: 7:03PM  
Nataraja: Purple  
Moon - White  
Bhuloka Day  
Carcare, Switzerland  
Sun 6 Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Monday, September 3, 2018



Retreat Star

Vrishabha Rasi: 17.47 Tithi 23 - 24  
537452363  
Family Home Evening  
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:05PM - 3:44PM  
Yama 10:48AM - 12:26PM  
Rahu 7:31AM - 9:09AM  
Rohini Until 3:36PM  
Harshana Until 9:47AM  
Taitila Until 2:00AM Tue  
Ashtami\* Until 2:53PM  
Krishna Janmashtami

Ganesha: Clear Sunrise: 5:52AM  
Muruga: Purple Sunset: 7:01PM  
Nataraja: Purple  
Moon - Yellow  
Bhuloka Day  
Devaloka Time: 6:AM to 9:AM  
Carcare, Switzerland  
Sun 7 Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami

Tuesday, September 4, 2018

Retreat Star

Mithuna Rasi: 1.43 Tithi 24 - 25  
538452363  
Creative Work Siddha Yoga  
Until 2:24PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 12:26PM - 2:04PM  
Yama 9:10AM - 10:48AM  
Rahu 3:42PM - 5:21PM  
Mrigashira Until 2:24PM  
Vajra\* Until 7:12AM  
Vanija Until 11:49PM  
Navami\* Until 12:57PM

Ganesha: White Sunrise: 5:53AM  
Muruga: Purple Sunset: 6:59PM  
Nataraja: Purple  
Moon - Yellow  
Devaloka Day  
Carcare, Switzerland  
Sun 8 Sutra 142  
Vilamba 5120  
Moon 8 - Phase 19  
Navami

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Carcare, Switzerland Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.56	Tithi 25 – 26	<b>Gulika</b> 10:48AM – 12:26PM	<b>Ardra</b> Until 12:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:54AM
			Yama 7:32AM – 9:10AM	Vyatipata* Until 1:00AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:57PM
	Creative Work	Siddha Yoga	538452363 <b>Rahu</b> 12:26PM – 2:04PM	Bava Until 9:13PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20 2nd Phase
			<b>Dashami</b> Until 10:33AM	<b>Sravana-Avani</b>	<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Carcare, Switzerland Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 0.26	Tithi 26 – 27	<b>Gulika</b> 9:10AM – 10:48AM	<b>Punarvasu</b> Until 10:43AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:55AM
			Yama 5:55AM – 7:33AM	Variyan Until 9:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:57PM
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b> 2:03PM – 3:40PM	Kaulava Until 6:17PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20 2nd Phase
			<b>Ekadashi*</b> Until 7:46AM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau			Carcare, Switzerland Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 15.1	Tithi 28	<b>Gulika</b> 7:34AM – 9:11AM	<b>Pushya</b> Until 8:24AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:57AM
			Yama 3:39PM – 5:16PM	Parigha* Until 5:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:53PM
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 10:48AM – 12:25PM	Gara Until 3:07PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20 2nd Phase
			<b>Trayodashi*</b> Until 1:28AM Sat	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	
<i>Pradosha Vrata (Fasting)</i>						

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Carcare, Switzerland Sun 12 Sutra 146 Vilamba 5120
	Simha Rasi: 0.01	Tithi 29	<b>Gulika</b> 5:58AM – 7:34AM	<b>Magha*</b> Until 3:28AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:58AM
			Yama 2:01PM – 3:38PM	Shiva Until 1:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:52PM
	Creative Work	Amrita Yoga	558452363 <b>Rahu</b> 9:11AM – 10:48AM	Visti Until 11:50AM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20 2nd Phase
			<b>Chaturdashi*</b> Until 10:11PM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Carcare, Switzerland Sun 13 Sutra 147 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:37PM – 5:13PM	<b>Purvaphalguni</b> Until 1:08AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:59AM
	Simha Rasi: 14.53	Tithi 30	Yama 12:24PM – 2:01PM	Siddha Until 10:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:50PM
	Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 5:13PM – 6:50PM	Catuspada Until 8:35AM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20 Amavasya
			<b>Grandparent's Day</b>	<b>Amavasya*</b> Until 7:00PM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Carcare, Switzerland Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.37	Tithi 1 – 2	<b>Gulika</b> 2:00PM – 3:36PM	<b>Uttaraphalguni</b> Until 10:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:00AM
	<b>Family Home Evening</b>		Yama 10:48AM – 12:24PM	Sadhya Until 6:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:48PM
	Creative Work	Siddha Yoga	559452363 <b>Rahu</b> 7:36AM – 9:12AM	Balava Until 2:46AM Tue	<b>Nataraja:</b> Purple	Moon 8 - Phase 20 Prathama
			<b>Prathama*</b> Until 4:04PM	<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Carcare, Switzerland Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Tithi 2 – 3	<b>Gulika</b> 12:24PM – 1:59PM	<b>Hasta</b> <b>Until 9:33PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM	
			Yama 9:12AM – 10:48AM	Sukla <b>Until 12:17AM</b> Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 3:35PM – 5:11PM	Taitila <b>Until 12:31AM</b> Wed	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> <b>Until 1:34PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Carcare, Switzerland Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 3 – 4	<b>Gulika</b> 10:48AM – 12:23PM	<b>Chitra</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:02AM	
			Yama 7:38AM – 9:13AM	Brahma <b>Until 9:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 12:23PM – 1:59PM	Vanija <b>Until 10:54PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya</b> <b>Until 11:37AM</b>	Moon – Green		<b>Bhuloka Day</b>	
			<b>Ganesha Chaturthi</b>	<b>Bhadrapada-Avani</b>			

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Carcare, Switzerland Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Tithi 4 – 5	<b>Gulika</b> 9:13AM – 10:48AM	<b>Svati</b> <b>Until 8:12PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:03AM	
			Yama 6:03AM – 7:38AM	Indra <b>Until 8:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569452363 <b>Rahu</b> 1:58PM – 3:33PM	Bava <b>Until 10:02PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Chaturthi* Until 10:21AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Carcare, Switzerland Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Tithi 5 – 6	<b>Gulika</b> 7:39AM – 9:14AM	<b>Vishakha</b> <b>Until 8:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM	
			Yama 3:32PM – 5:06PM	Vaidhriti* <b>Until 6:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 10:48AM – 12:23PM	Kaulava <b>Until 9:59PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> <b>Until 9:53AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Tithi 6 – 7	<b>Gulika</b> 6:06AM – 7:40AM	<b>Anuradha</b> <b>Until 10:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	
			Yama 1:56PM – 3:30PM	Vishkambha* <b>Until 6:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 9:14AM – 10:48AM	Gara <b>Until 10:46PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi* Until 10:15AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:29PM – 5:03PM	<b>Jyeshtha* Until 12:14AM</b> Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM	
	Vrischika Rasi: 20.37	Tithi 7 – 8	Yama 12:22PM – 1:56PM	Priti <b>Until 6:27PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	579552363 <b>Rahu</b> 5:03PM – 6:37PM	Visti <b>Until 12:17AM</b> Mon	<b>Nataraja:</b> Purple		Ashtami
			<b>Saptami</b> <b>Until 11:25AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:55PM – 3:28PM	<b>Mula* Until 3:04AM</b> Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	
	Dhanus Rasi: 2.49	Tithi 8 – 9	Yama 10:48AM – 12:21PM	Ayushman <b>Until 6:59PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 21
	<b>Family Home Evening</b>		589552363 <b>Rahu</b> 7:41AM – 9:15AM	Balava <b>Until 2:24AM</b> Tue	<b>Nataraja:</b> Purple		Navami
			<b>Ashtami* Until 1:16PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 22 Sutra 156 Vilamba 5120
	Dhanus Rasi: 14.46	Tithi 9 – 10	<b>Gulika</b> 12:21PM – 1:54PM Yama 9:15AM – 10:48AM 581552363 <b>Rahu</b> 3:27PM – 5:00PM	<b>Purvashadha* Until 6:06AM Wed</b> Saubhagya Until 7:52PM Taitila Until 4:54AM Wed <b>Navami* Until 3:36PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:09AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:33PM</i> <b>Nataraja:</b> Purple Moon – Light Blue
Creative Work Siddha Yoga Until 6:06AM Wed Then Creative Work - Amrita Yoga				<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Moon 8 - Phase 22 4th Phase

<b>2</b>	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 26.37	Tithi 10	<b>Gulika</b> 10:48AM – 12:21PM Yama 7:43AM – 9:16AM 581552363 <b>Rahu</b> 12:21PM – 1:53PM	<b>Purvashadha* Until 6:06AM</b> Sobhana Until 8:56PM Gara Until 6:12PM <b>Dashami Until 6:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:10AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:31PM</i> <b>Nataraja:</b> Purple Moon – Light Blue
Creative Work Amrita Yoga				<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Moon 8 - Phase 22 4th Phase

<b>3</b>	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 8.24	Tithi 11	<b>Gulika</b> 9:16AM – 10:48AM Yama 6:11AM – 7:44AM 581552363 <b>Rahu</b> 1:53PM – 3:25PM	<b>Uttarashadha Until 9:04AM</b> Athiganda* Until 9:58PM Vanija Until 7:32AM <b>Ekadashi Until 8:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:11AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Purple Moon – Light Blue
Routine Work Marana Yoga Until 9:04AM Then Creative Work - Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Moon 8 - Phase 22 4th Phase

<b>4</b>	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 20.13	Tithi 12	<b>Gulika</b> 7:45AM – 9:16AM Yama 3:24PM – 4:56PM 591552363 <b>Rahu</b> 10:48AM – 12:20PM	<b>Shravana Until 12:16PM</b> Sukarma Until 10:51PM Bava Until 10:04AM <b>Dvadashi Until 11:13PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:13AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:27PM</i> <b>Nataraja:</b> Purple Moon – Purple
Routine Work Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>	Moon 8 - Phase 22 4th Phase

<b>5</b>	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 160 Vilamba 5120
	Kumbha Rasi: 2.08	Tithi 13	<b>Gulika</b> 6:14AM – 7:45AM Yama 1:51PM – 3:23PM 591552363 <b>Rahu</b> 9:17AM – 10:48AM	<b>Dhanishtha Until 3:01PM</b> Dhriti Until 11:28PM Kaulava Until 12:19PM <b>Trayodashi Until 1:16AM Sun</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <i>Sunrise: 6:14AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:26PM</i> <b>Nataraja:</b> Purple Moon – Purple
Creative Work Siddha Yoga Until 3:01PM Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>	Moon 8 - Phase 22 4th Phase

<b>6</b>	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 14.13	Tithi 14	<b>Gulika</b> 3:22PM – 4:53PM Yama 12:19PM – 1:50PM 591552363 <b>Rahu</b> 4:53PM – 6:24PM	<b>Shatabhishak Until 5:11PM</b> Shula* Until 11:42PM Gara Until 2:09PM <b>Chaturdashi* Until 2:51AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:15AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:24PM</i> <b>Nataraja:</b> Purple Moon – Purple
Creative Work Siddha Yoga		Chidambaram Abhishekam Kadaitswami Mahasamadhi		<b>Devaloka Day</b>	Moon 8 - Phase 22 4th Phase

<b>○</b>	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 162 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:20PM Yama 10:48AM – 12:19PM 511552363 <b>Rahu</b> 7:47AM – 9:18AM	<b>Purvaproshtapada* Until 7:11PM</b> Ganda* Until 11:34PM Visti Until 3:28PM <b>Purnima* Until 3:55AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:16AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:22PM</i> <b>Nataraja:</b> Purple Moon – Clear
Kumbha Rasi: 26.29 <b>Family Home Evening</b> Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>	

<b>○</b>	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Carcare, Switzerland Sutra 163 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:19PM – 1:49PM Yama 9:18AM – 10:48AM 511552363 <b>Rahu</b> 3:19PM – 4:50PM	<b>Uttaraproshtapada Until 8:31PM</b> Vriddhi Until 11:02PM Balava Until 4:16PM <b>Prathama* Until 4:28AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:17AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:20PM</i> <b>Nataraja:</b> Purple Moon – Clear
Meena Rasi: 8.59 Creative Work Amrita Yoga Until 8:31PM Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>	



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland  
Sutra 164

Meena Rasi: 21.43      Tithi 17

**Gulika** 10:48AM – 12:18PM  
Yama 7:48AM – 9:18AM  
511552363 **Rahu** 12:18PM – 1:48PM

**Revati** Until 9:14PM

Dhruva Until 10:06PM

Taitila Until 4:35PM

**Dvitiya** Until 4:33AM Thu

**Ganesha:** Purple      *Sunrise:* 6:18AM

**Muruqa:** Purple      *Sunset:* 6:18PM

**Nataraja:** Purple

Moon – Clear

**Bhadrapada-Puratasi**

**Devaloka Day**

Routine Work      Marana Yoga

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Carcare, Switzerland  
Sun 1      Sutra 165

Mesha Rasi: 4.4      Tithi 18

**Gulika** 9:19AM – 10:48AM  
Yama 6:20AM – 7:49AM  
521552363 **Rahu** 1:48PM – 3:17PM

**Ashvini** Until 9:50PM

Vyaghata\* Until 8:51PM

Vanija Until 4:28PM

**Tritiya** Until 4:14AM Fri

**Ganesha:** Clear      *Sunrise:* 6:20AM

**Muruqa:** Purple      *Sunset:* 6:16PM

**Nataraja:** Purple

Moon – White

**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work      Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Carcare, Switzerland  
Sun 2      Sutra 166

Mesha Rasi: 17.49      Tithi 19

**Gulika** 7:50AM – 9:19AM  
Yama 3:16PM – 4:45PM  
622552363 **Rahu** 10:48AM – 12:18PM

**Bharani** Until 9:55PM

Harshana Until 7:19PM

Bava Until 3:57PM

**Chaturthi\*** Until 3:33AM Sat

**Ganesha:** Clear      *Sunrise:* 6:21AM

**Muruqa:** Purple      *Sunset:* 6:14PM

**Nataraja:** Purple

Moon – White

**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland  
Sun 3      Sutra 167

Vrishabha Rasi: 1.1      Tithi 20

**Gulika** 6:22AM – 7:51AM  
Yama 1:46PM – 3:15PM  
622552363 **Rahu** 9:20AM – 10:48AM

**Krittika** Until 9:32PM

Vajra\* Until 5:29PM

Kaulava Until 3:06PM

**Panchami** Until 2:33AM Sun

**Ganesha:** Clear      *Sunrise:* 6:22AM

**Muruqa:** Purple      *Sunset:* 6:13PM

**Nataraja:** Purple

Moon – White

**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Amrita Yoga

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland  
Sun 4      Sutra 168

Vrishabha Rasi: 14.41      Tithi 21

**Gulika** 3:14PM – 4:42PM  
Yama 12:17PM – 1:45PM  
632552363 **Rahu** 4:42PM – 6:11PM

**Rohini** Until 9:09PM

Siddhi Until 3:26PM

Gara Until 1:57PM

**Shashthi\*** Until 1:15AM Mon

**Ganesha:** Purple      *Sunrise:* 6:23AM

**Muruqa:** Purple      *Sunset:* 6:11PM

**Nataraja:** Purple

Moon – Yellow

**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work      Siddha Yoga

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Carcare, Switzerland  
Sun 5      Sutra 169

Vrishabha Rasi: 28.23      Tithi 22

**Gulika** 1:45PM – 3:13PM  
Yama 10:49AM – 12:17PM  
632552363 **Rahu** 7:52AM – 9:21AM

**Mrigashira** Until 8:21PM

Vyatipata\* Until 1:09PM

Visti Until 12:31PM

**Saptami** Until 11:40PM

**Ganesha:** Purple      *Sunrise:* 6:24AM

**Muruqa:** Purple      *Sunset:* 6:09PM

**Nataraja:** Purple

Moon – Yellow

**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work      Amrita Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland  
Sun 6      Sutra 170

Mithuna Rasi: 12.15      Tithi 23

**Gulika** 12:16PM – 1:44PM  
Yama 9:21AM – 10:49AM  
632552363 **Rahu** 3:12PM – 4:39PM

**Ardra** Until 7:07PM

Variyan Until 10:38AM

Balava Until 10:48AM

**Ashtami\*** Until 9:49PM

**Ganesha:** Purple      *Sunrise:* 6:26AM

**Muruqa:** Purple      *Sunset:* 6:07PM

**Nataraja:** Purple

Moon – Yellow

**Bhadrapada-Puratasi**

**Bhuloka Day**

Routine Work      Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Vilamba 5120  
Moon 9 - Phase 23  
Ashtami

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland  
Sun 7      Sutra 171

Mithuna Rasi: 26.17      Tithi 24

**Gulika** 10:49AM – 12:16PM  
Yama 7:54AM – 9:21AM  
642552363 **Rahu** 12:16PM – 1:43PM

**Punarvasu** Until 5:54PM

Parigha\* Until 7:54AM

Taitila Until 8:49AM

**Navami\*** Until 7:42PM

**Ganesha:** Clear      *Sunrise:* 6:27AM

**Muruqa:** Purple      *Sunset:* 6:05PM

**Nataraja:** Purple

Moon – Blue

**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

Vilamba 5120  
Moon 9 - Phase 23  
Navami

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 8 Sutra 172 Vilamba 5120		
Kataka Rasi: 10.3	Tithi 25 – 26	<b>Gulika</b> 9:22AM – 10:49AM	<b>Pushya</b> Until 4:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 24
		Yama 6:28AM – 7:55AM	Siddha Until 1:50AM Fri	<b>Nataraja:</b> Purple		Moon – Blue		2nd Phase
		642552363 <b>Rahu</b> 1:43PM – 3:10PM	Vanija Until 6:35AM	<b>Bhadrapada*Puratasi</b>		<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM
Creative Work	Amrita Yoga		<b>Dashami</b> Until 5:21PM					
Until 4:19PM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 9 Sutra 173 Vilamba 5120		
Kataka Rasi: 24.51	Tithi 26 – 27	<b>Gulika</b> 7:56AM – 9:22AM	<b>Ashlesha*</b> Until 2:24PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 24
		Yama 3:09PM – 4:35PM	Sadhya Until 10:36PM	<b>Nataraja:</b> Purple		Moon – Blue		2nd Phase
		642552363 <b>Rahu</b> 10:49AM – 12:15PM	Kaulava Until 1:32AM Sat	<b>Bhadrapada*Puratasi</b>		<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 2:49PM					

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 10 Sutra 174 Vilamba 5120		
Simha Rasi: 9.18	Tithi 27 – 28	<b>Gulika</b> 6:30AM – 7:57AM	<b>Magha*</b> Until 12:40PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 24
		Yama 1:41PM – 3:07PM	Subha Until 7:18PM	<b>Nataraja:</b> Purple		Moon – Red		2nd Phase
		652552363 <b>Rahu</b> 9:23AM – 10:49AM	Gara Until 10:53PM	<b>Bhadrapada*Puratasi</b>		<b>Bhuloka Day</b>		
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 12:11PM					
Until 12:40PM			<i>Pradosha Vrata (Fasting)</i>					
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 11 Sutra 175 Vilamba 5120		
Simha Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b> 3:06PM – 4:32PM	<b>Purvaphalguni</b> Until 10:47AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 24
		Yama 12:15PM – 1:41PM	Sukla Until 4:01PM	<b>Nataraja:</b> Purple		Moon – Red		2nd Phase
		652552363 <b>Rahu</b> 4:32PM – 5:58PM	Visti Until 8:17PM	<b>Bhadrapada*Puratasi</b>		<b>Bhuloka Day</b>		
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:33AM					
Until 10:47AM								
Then Creative Work - Amrita Yoga								

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Carcare, Switzerland Sun 12 Sutra 176 Vilamba 5120		
Kanya Rasi: 8.11	Tithi 29 – 30	<b>Gulika</b> 1:40PM – 3:05PM	<b>Uttaraphalguni</b> Until 8:53AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 24
<b>Family Home Evening</b>		Yama 10:49AM – 12:15PM	Brahma Until 12:52PM	<b>Nataraja:</b> Clear		Moon – Red		Amavasya
		652552364 <b>Rahu</b> 7:58AM – 9:24AM	Naga Until 4:46AM Tue	<b>Bhadrapada*Puratasi</b>		<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:02AM					
			<b>Mahalaya Amavasai (Tamil Nadu)</b>					

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Carcare, Switzerland Sun 13 Sutra 177 Vilamba 5120		
Kanya Rasi: 22.25	Tithi 1	<b>Gulika</b> 12:14PM – 1:39PM	<b>Hasta</b> Until 7:32AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
		Yama 9:24AM – 10:49AM	Indra Until 9:59AM	<b>Nataraja:</b> Clear		Moon – Green		Prathama
		662652364 <b>Rahu</b> 3:04PM – 4:29PM	Kintughna Until 3:48PM	<b>Ashvina*Puratasi</b>		<b>Devaloka Day</b>		
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:54AM Wed					
			<b>Navaratri Begins</b>					

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Carcare, Switzerland Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 6.23	Tithi 2	<b>Gulika</b> 10:49AM – 12:14PM	<b>Chitra Until 6:28AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:35AM	
			Yama 8:00AM – 9:25AM	Vaidhriti* Until 7:25AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 25
	662652364	<b>Rahu</b> 12:14PM – 1:39PM		Balava Until 2:12PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:36AM Thu</b>	Moon – Green	<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>		

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau			Carcare, Switzerland Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 20.01	Tithi 3	<b>Gulika</b> 9:25AM – 10:49AM	<b>Vishakha Until 6:08AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:36AM	
			Yama 6:36AM – 8:01AM	Priti Until 3:47AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:51PM	Moon 9 - Phase 25
	672652364	<b>Rahu</b> 1:38PM – 3:02PM		Taitila Until 1:12PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 12:57AM Fri</b>	Moon – Orange	<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>		

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau			Carcare, Switzerland Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 3.15	Tithi 4	<b>Gulika</b> 8:02AM – 9:26AM	<b>Vishakha Until 6:08AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:38AM	
			Yama 3:01PM – 4:25PM	Ayushman Until 2:49AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 10:50AM – 12:13PM		Vanija Until 12:56PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:04AM Sat</b>	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau			Carcare, Switzerland Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 16.06	Tithi 5	<b>Gulika</b> 6:39AM – 8:03AM	<b>Anuradha Until 7:03AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:39AM	
			Yama 1:37PM – 3:00PM	Saubhagya Until 2:28AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 9:26AM – 10:50AM		Bava Until 1:27PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 1:58AM Sun</b>	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau			Carcare, Switzerland Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 2:59PM – 4:23PM	<b>Jyeshtha* Until 8:33AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:40AM	
			Yama 12:13PM – 1:36PM	Sobhana Until 2:41AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 4:23PM – 5:46PM		Kaulava Until 2:43PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 3:36AM Mon</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 8:33AM				<b>Ashvina+Puratasi</b>	<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Creative Work - Amrita Yoga						

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau			Carcare, Switzerland Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 10.47	Tithi 7	<b>Gulika</b> 1:36PM – 2:58PM	<b>Mula* Until 11:03AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:41AM	
	<b>Family Home Evening</b>		Yama 10:50AM – 12:13PM	Athiganda* Until 3:19AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 8:04AM – 9:27AM		Gara Until 4:40PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:49AM Tue</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Until 11:03AM				<b>Ashvina+Puratasi</b>		
Then Routine Work - Marana Yoga						

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau			Carcare, Switzerland Sun 20 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 12:13PM – 1:35PM	<b>Purvashadha* Until 1:54PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:43AM	
	Dhanus Rasi: 22.45	Tithi 8	Yama 9:28AM – 10:50AM	Sukarma Until 4:15AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 2:57PM – 4:20PM		Visti Until 7:05PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:23AM Wed</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Until 1:54PM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Carcare, Switzerland Sun 21 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:50AM – 12:12PM	<b>Uttarashadha Until 4:49PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:44AM	
	Makara Rasi: 4.35	Tithi 8 – 9	Yama 8:06AM – 9:28AM	Dhriti Until 5:17AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 12:12PM – 1:34PM		Balava Until 9:44PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 8:23AM</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Until 4:49PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Purasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau				Carcare, Switzerland Sun 22 Sutra 186 Vilamba 5120
	Makara Rasi: 16.23	Tithi 9 – 10	<b>Gulika</b> 9:29AM – 10:50AM	<b>Shravana Until 8:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM	
			Yama 6:45AM – 8:07AM	Shula* Until 6:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26
			693652364 <b>Rahu</b> 1:34PM – 2:56PM	Taitila Until 12:20AM Fri	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Vijaya Dasami</b>		<b>Navami* Until 11:02AM</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 23 Sutra 187 Vilamba 5120
	Makara Rasi: 28.14	Tithi 10 – 11	<b>Gulika</b> 8:08AM – 9:29AM	<b>Dhanishtha Until 10:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:47AM	
			Yama 2:55PM – 4:16PM	Shula* Until 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 26
			693652364 <b>Rahu</b> 10:51AM – 12:12PM	Vanija Until 2:37AM Sat	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Dashami Until 1:30PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 24 Sutra 188 Vilamba 5120
	Kumbha Rasi: 10.13	Tithi 11 – 12	<b>Gulika</b> 6:48AM – 8:09AM	<b>Shatabhishak Until 1:09AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:48AM	
			Yama 1:33PM – 2:54PM	Ganda* Until 6:52AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 26
			693652364 <b>Rahu</b> 9:30AM – 10:51AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga		<b>Ekadashi Until 3:34PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 25 Sutra 189 Vilamba 5120
	Kumbha Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b> 2:53PM – 4:14PM	<b>Purvaproshtapada* Until 3:07AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:49AM	
			Yama 12:12PM – 1:32PM	Vridhhi Until 7:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 26
			613652364 <b>Rahu</b> 4:14PM – 5:34PM	Kaulava Until 5:36AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Dvadashi Until 5:04PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 26 Sutra 190 Vilamba 5120
	Meena Rasi: 4.5	Tithi 13 – 14	<b>Gulika</b> 1:32PM – 2:52PM	<b>Uttaraproshtapada Until 4:19AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:50AM	
	<b>Family Home Evening</b>		Yama 10:51AM – 12:11PM	Dhruva Until 6:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 26
			613652364 <b>Rahu</b> 8:11AM – 9:31AM	Gara Until 6:08AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Trayodashi Until 5:56PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 191 Vilamba 5120
	Meena Rasi: 17.34	Tithi 14	<b>Gulika</b> 12:11PM – 1:31PM	<b>Revati Until 4:44AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:52AM	
			Yama 9:31AM – 10:51AM	Vyaghata* Until 6:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 26
			613652364 <b>Rahu</b> 2:51PM – 4:11PM	Gara Until 6:08AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Chaturdashi* Until 6:09PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Carcare, Switzerland Sutra 192 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:52AM – 12:11PM	<b>Ashvini Until 4:56AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM	
	Mesha Rasi: 0.35	Tithi 15 – 16	Yama 8:13AM – 9:32AM	Vajra* Until 3:25AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26
			623652364 <b>Rahu</b> 12:11PM – 1:31PM	Visti Until 6:04AM	<b>Nataraja:</b> Clear		Purnima
Routine Work Marana Yoga		<b>Purnima* Until 5:47PM</b>		<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>	

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sutra 193 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:33AM – 10:52AM	<b>Bharani Until 4:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM	
	Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:54AM – 8:13AM	Siddhi Until 1:27AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 26
			623652364 <b>Rahu</b> 1:30PM – 2:49PM	Taitila Until 4:21AM Fri	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga		<b>Prathama* Until 4:56PM</b>		<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyalipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 27.29 Tithi 17 - 18

624652364

**Gulika** 8:14AM - 9:33AM  
**Yama** 2:49PM - 4:07PM  
**Rahu** 10:52AM - 12:11PM

**Krittika** **Until 3:40AM Sat**  
Vyatipata\* **Until 11:11PM**  
Vanija **Until 2:56AM Sat**  
**Dvitiya** **Until 3:40PM**

**Ganesha:** White *Sunrise: 6:56AM*  
**Muruqa:** Purple *Sunset: 5:26PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 11.15 Tithi 18 - 19

634652364

**Gulika** 6:57AM - 8:15AM  
**Yama** 1:29PM - 2:48PM  
**Rahu** 9:34AM - 10:52AM

**Rohini** **Until 2:50AM Sun**  
Variyan **Until 8:42PM**  
Bava **Until 1:17AM Sun**  
**Tritiya** **Until 2:07PM**

**Ganesha:** Clear *Sunrise: 6:57AM*  
**Muruqa:** Purple *Sunset: 5:25PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 25.1 Tithi 19 - 20

634652364

**Gulika** 2:47PM - 4:05PM  
**Yama** 12:11PM - 1:29PM  
**Rahu** 4:05PM - 5:23PM

**Mrigashira** **Until 1:44AM Mon**  
Parigha\* **Until 6:06PM**  
Kaulava **Until 11:29PM**  
**Chaturthi** **Until 12:23PM**

**Ganesha:** Clear *Sunrise: 6:58AM*  
**Muruqa:** Purple *Sunset: 5:23PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 9.09 Tithi 20 - 21

634652364

**Gulika** 1:28PM - 2:46PM  
**Yama** 10:53AM - 12:11PM  
**Rahu** 8:17AM - 9:35AM

**Ardra** **Until 12:23AM Tue**  
Shiva **Until 3:25PM**  
Gara **Until 9:35PM**  
**Panchami** **Until 10:31AM**

**Ganesha:** Clear *Sunrise: 7:00AM*  
**Muruqa:** Purple *Sunset: 5:22PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 23.11 Tithi 21 - 22

644662364

**Gulika** 12:11PM - 1:28PM  
**Yama** 9:36AM - 10:53AM  
**Rahu** 2:46PM - 4:03PM

**Punarvasu** **Until 11:17PM**  
Siddha **Until 12:40PM**  
Visti **Until 7:38PM**  
**Shashthi** **Until 8:36AM**

**Ganesha:** Purple *Sunrise: 7:01AM*  
**Muruqa:** Purple *Sunset: 5:20PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 7.15 Tithi 22 - 23

644662364

**Gulika** 10:53AM - 12:11PM  
**Yama** 8:19AM - 9:36AM  
**Rahu** 12:11PM - 1:28PM

**Pushya** **Until 10:01PM**  
Sadhya **Until 9:55AM**  
Kaulava **Until 4:39AM Thu**  
**Saptami** **Until 6:38AM**

**Ganesha:** Purple *Sunrise: 7:02AM*  
**Muruqa:** Clear *Sunset: 5:19PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 21.2 Tithi 24

644662364

**Gulika** 9:37AM - 10:54AM  
**Yama** 7:04AM - 8:20AM  
**Rahu** 1:27PM - 2:44PM

**Ashlesha\*** **Until 8:36PM**  
Subha **Until 7:09AM**  
Taitila **Until 3:41PM**  
**Navami\*** **Until 2:40AM Fri**

**Ganesha:** Purple *Sunrise: 7:04AM*  
**Muruqa:** Clear *Sunset: 5:18PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Carcare, Switzerland Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Simha Rasi: 5.25	Tithi 25	Gulika 8:21AM - 9:38AM	Magha* Until 7:29PM	Ganesha: Clear	Sunrise: 7:05AM	Muruqa: Clear	Sunset: 5:16PM
		Yama 2:43PM - 4:00PM	Brahma Until 1:34AM Sat	Nataraja: Clear		Moon - Red	
		654662364 Rahu 10:54AM - 12:11PM	Vanija Until 1:42PM				
Routine Work	Marana Yoga		Dashami Until 12:42AM Sat	Ashvina•Aipasi			Sivaloka Day
Until 7:29PM							
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Carcare, Switzerland Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Simha Rasi: 19.29	Tithi 26	Gulika 7:06AM - 8:22AM	Purvaphalguni Until 6:14PM	Ganesha: White	Sunrise: 7:06AM	Muruqa: Clear	Sunset: 5:15PM
		Yama 1:27PM - 2:43PM	Indra Until 10:51PM	Nataraja: Clear		Moon - Red	
		654762364 Rahu 9:38AM - 10:54AM	Bava Until 11:45AM				
Creative Work	Siddha Yoga		Ekadashi* Until 10:46PM	Ashvina•Aipasi			Devaloka Day
Until 6:14PM							
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Carcare, Switzerland Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Kanya Rasi: 3.31	Tithi 27	Gulika 2:42PM - 3:58PM	Uttaraphalguni Until 4:57PM	Ganesha: White	Sunrise: 7:08AM	Muruqa: Clear	Sunset: 5:14PM
		Yama 12:11PM - 1:26PM	Vaidhriti* Until 8:11PM	Nataraja: Clear		Moon - Red	
		654762364 Rahu 3:58PM - 5:14PM	Kaulava Until 9:52AM				
Creative Work	Amrita Yoga		Dvadashi* Until 8:57PM	Ashvina•Aipasi			Devaloka Day
Until 4:07PM							
Then Routine Work - Prabararishta Yoga							
<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Carcare, Switzerland Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Kanya Rasi: 17.29	Tithi 28	Gulika 1:26PM - 2:41PM	Hasta Until 4:07PM	Ganesha: Green	Sunrise: 7:09AM	Muruqa: Clear	Sunset: 5:12PM
Family Home Evening		Yama 10:55AM - 12:11PM	Vishkambha* Until 5:40PM	Nataraja: Clear		Moon - Green	
Creative Work	Siddha Yoga	664762364 Rahu 8:24AM - 9:40AM	Gara Until 8:07AM				
Until 4:07PM			Trayodashi* Until 7:19PM	Ashvina•Aipasi			Devaloka Day
Then Routine Work - Prabararishta Yoga			Pradosha Vrata (Fasting)				
<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Carcare, Switzerland Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Tula Rasi: 1.17	Tithi 29 - 30	Gulika 12:11PM - 1:26PM	Chitra Until 3:24PM	Ganesha: Green	Sunrise: 7:10AM	Muruqa: Clear	Sunset: 5:11PM
		Yama 9:40AM - 10:55AM	Priti Until 3:24PM	Nataraja: Clear		Moon - Green	
		664762364 Rahu 2:41PM - 3:56PM	Visti Until 6:37AM				
Creative Work	Siddha Yoga		Chaturdashi* Until 5:58PM	Ashvina•Aipasi			Devaloka Day
		Subramuniyaswami Mahasamadhi					
		Deepavali Hindu Solidarity Day					
<b>●</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Carcare, Switzerland Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Amavasya	
Tula Rasi: 14.54	Tithi 30 - 1	Gulika 10:56AM - 12:11PM	Svati Until 2:56PM	Ganesha: Clear	Sunrise: 7:12AM	Muruqa: Clear	Sunset: 5:10PM
		Yama 8:26AM - 9:41AM	Ayushman Until 1:25PM	Nataraja: Clear		Moon - Green	
		765762364 Rahu 12:11PM - 1:25PM	Kintughna Until 4:46AM Thu				
Creative Work	Siddha Yoga		Amavasya* Until 5:02PM	Ashvina•Aipasi			Sivaloka Day
<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Carcare, Switzerland Sun 14 Sutra 207 Vilamba 5120 Moon 10 - Phase 28 Prathama	
Tula Rasi: 28.15	Tithi 1 - 2	Gulika 9:42AM - 10:56AM	Vishakha Until 3:16PM	Ganesha: Orange	Sunrise: 7:13AM	Muruqa: Clear	Sunset: 5:09PM
		Yama 7:13AM - 8:27AM	Saubhagya Until 11:50AM	Nataraja: Clear		Moon - Orange	
		775762364 Rahu 1:25PM - 2:40PM	Balava Until 4:39AM Fri				
Creative Work	Siddha Yoga		Prathama* Until 4:37PM	Kartika•Aipasi			Sivaloka Day
		Skanda Shasthi Begins					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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**Friday, November 9, 2018**

**1**

Vrischika Rasi: 11.18 Tithi 2 – 3

Creative Work Siddha Yoga  
Until 4:02PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau		Carcare, Switzerland Sun 15 Sutra 208 Vilamba 5120
<b>Gulika</b> 8:28AM – 9:42AM	<b>Anuradha Until 4:02PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:14AM
<b>Yama</b> 2:39PM – 3:53PM	<b>Sobhana Until 10:45AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:07PM
<b>Rahu</b> 10:57AM – 12:11PM	<b>Taitila Until 5:12AM Sat</b>	<b>Nataraja:</b> Clear Moon – Orange
	<b>Dvitiya Until 4:49PM</b>	<b>Sivaloka Day</b> <b>Kartika-Aipasi</b>

**Saturday, November 10, 2018**

**2**

Vrischika Rasi: 24.01 Tithi 3 – 4

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarna Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau		Carcare, Switzerland Sun 16 Sutra 209 Vilamba 5120
<b>Gulika</b> 7:16AM – 8:29AM	<b>Jyeshtha* Until 5:18PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:16AM
<b>Yama</b> 1:25PM – 2:39PM	<b>Athiganda* Until 10:08AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:06PM
<b>Rahu</b> 9:43AM – 10:57AM	<b>Vanija Until 6:25AM Sun</b>	<b>Nataraja:</b> Clear Moon – Orange
	<b>Tritiya Until 5:42PM</b>	<b>Sivaloka Day</b> <b>Kartika-Aipasi</b>

**Sunday, November 11, 2018**

**3**

Dhanus Rasi: 6.26 Tithi 4

Creative Work Amrita Yoga  
Until 7:31PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarna/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau		Carcare, Switzerland Sun 17 Sutra 210 Vilamba 5120
<b>Gulika</b> 2:38PM – 3:52PM	<b>Mula* Until 7:31PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:17AM
<b>Yama</b> 12:11PM – 1:25PM	<b>Sukarna Until 10:03AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:05PM
<b>Rahu</b> 3:52PM – 5:05PM	<b>Vanija Until 6:25AM</b>	<b>Nataraja:</b> Clear Moon – Light Blue
	<b>Chaturthi* Until 7:15PM</b>	<b>Sivaloka Day</b> <b>Kartika-Aipasi</b>

**Monday, November 12, 2018**

**4**

Dhanus Rasi: 18.36 Tithi 5

**Family Home Evening**  
Routine Work Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Carcare, Switzerland Sun 18 Sutra 211 Vilamba 5120
<b>Gulika</b> 1:24PM – 2:38PM	<b>Purvashadha* Until 10:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:18AM
<b>Yama</b> 10:58AM – 12:11PM	<b>Dhriti Until 10:28AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:04PM
<b>Rahu</b> 8:31AM – 9:45AM	<b>Bava Until 8:17AM</b>	<b>Nataraja:</b> Clear Moon – Light Blue
	<b>Panchami Until 9:23PM</b>	<b>Sivaloka Day</b> <b>Kartika-Aipasi</b>

**Tuesday, November 13, 2018**

**5**

Makara Rasi: 0.33 Tithi 6

Routine Work Prabalarishta Yoga  
Until 12:58AM Wed  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Carcare, Switzerland Sun 19 Sutra 212 Vilamba 5120
<b>Gulika</b> 12:11PM – 1:24PM	<b>Uttarashadha Until 12:58AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:20AM
<b>Yama</b> 9:45AM – 10:58AM	<b>Shula* Until 11:12AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:03PM
<b>Rahu</b> 2:37PM – 3:50PM	<b>Kaulava Until 10:38AM</b>	<b>Nataraja:</b> Clear Moon – Light Blue
	<b>Shashthi* Until 11:55PM</b>	<b>Sivaloka Day</b> <b>Kartika-Aipasi</b>

**Wednesday, November 14, 2018**

**6**

Makara Rasi: 12.23 Tithi 7

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Carcare, Switzerland Sun 20 Sutra 213 Vilamba 5120
<b>Gulika</b> 10:59AM – 12:11PM	<b>Shravana Until 4:16AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:21AM
<b>Yama</b> 8:33AM – 9:46AM	<b>Ganda* Until 12:10PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:02PM
<b>Rahu</b> 12:11PM – 1:24PM	<b>Gara Until 1:18PM</b>	<b>Nataraja:</b> Clear Moon – Purple
	<b>Saptami Until 2:38AM Thu</b>	<b>Subha Sivaloka Day</b> <b>Kartika-Aipasi</b>

**Thursday, November 15, 2018**

**Retreat Star**

Makara Rasi: 24.1 Tithi 8

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Carcare, Switzerland Sun 21 Sutra 214 Vilamba 5120
<b>Gulika</b> 9:47AM – 10:59AM	<b>Dhanishtha Until 7:18AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:22AM
<b>Yama</b> 7:22AM – 8:35AM	<b>Vriddhi Until 1:10PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM
<b>Rahu</b> 1:24PM – 2:36PM	<b>Visti Until 3:59PM</b>	<b>Nataraja:</b> Clear Moon – Purple
	<b>Ashtami* Until 5:13AM Fri</b>	<b>Subha Sivaloka Day</b> <b>Kartika-Aipasi</b>

**Friday, November 16, 2018**

**Retreat Star**

Kumbha Rasi: 6.01 Tithi 9

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau		Carcare, Switzerland Sun 22 Sutra 215 Vilamba 5120
<b>Gulika</b> 8:36AM – 9:48AM	<b>Dhanishtha Until 7:18AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:24AM
<b>Yama</b> 2:36PM – 3:48PM	<b>Dhruva Until 1:59PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:00PM
<b>Rahu</b> 11:00AM – 12:12PM	<b>Balava Until 6:25PM</b>	<b>Nataraja:</b> Clear Moon – Purple
	<b>Navami* Until 7:27AM Sat</b>	<b>Subha Sivaloka Day</b> <b>Kartika-Kartikai</b>

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Carcare, Switzerland Sun 23 Sutra 216	
Kumbha Rasi: 18	Tithi 9 – 10	<b>Gulika</b> 7:25AM – 8:37AM	<b>Shatabhishak</b> <b>Until 9:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:25AM	Vilamba 5120	
		Yama 1:24PM – 2:35PM	Vyaghata* <b>Until 2:29PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 30	
		796762365 <b>Rahu</b> 9:48AM – 11:00AM	Taitila <b>Until 8:23PM</b>	<b>Nataraja:</b> White		4th Phase	
Creative Work	Amrita Yoga		<b>Navami* Until 7:27AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 9:47AM				<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 217	
Meena Rasi: 0.13	Tithi 10 – 11	<b>Gulika</b> 2:35PM – 3:47PM	<b>Purvaproshtapada*</b> <b>Until 12:02PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:26AM	Vilamba 5120	
		Yama 12:12PM – 1:24PM	Harshana <b>Until 2:32PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 3:47PM – 4:58PM	Vanija <b>Until 9:41PM</b>	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 9:06AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 12:02PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 218	
Meena Rasi: 12.43	Tithi 11 – 12	<b>Gulika</b> 1:24PM – 2:35PM	<b>Uttaraproshtapada</b> <b>Until 1:25PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:27AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 11:01AM – 12:12PM	Vajra* <b>Until 2:00PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 8:39AM – 9:50AM	Bava <b>Until 10:15PM</b>	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:02AM</b>	Moon – Clear		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 219	
Meena Rasi: 25.34	Tithi 12 – 13	<b>Gulika</b> 12:13PM – 1:24PM	<b>Revati</b> <b>Until 1:56PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:29AM	Vilamba 5120	
		Yama 9:51AM – 11:02AM	Siddhi <b>Until 12:53PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 2:35PM – 3:46PM	Kaulava <b>Until 10:03PM</b>	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 10:13AM</b>	Moon – Clear		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 220	
Mesha Rasi: 8.48	Tithi 13 – 14	<b>Gulika</b> 11:02AM – 12:13PM	<b>Ashvini</b> <b>Until 2:03PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:30AM	Vilamba 5120	
		Yama 8:41AM – 9:51AM	Vyailpata* <b>Until 11:13AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 12:13PM – 1:24PM	Gara <b>Until 9:10PM</b>	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 9:40AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 2:03PM				<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sutra 221	
Mesha Rasi: 22.24	Tithi 14 – 15	<b>Gulika</b> 9:52AM – 11:03AM	<b>Bharani</b> <b>Until 1:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:31AM	Vilamba 5120	
		Yama 7:31AM – 8:42AM	Varyan <b>Until 9:01AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 1:24PM – 2:34PM	Visti <b>Until 7:40PM</b>	<b>Nataraja:</b> White		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:28AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 1:23PM		<b>Krittika Deepam</b>		<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>Friday, November 23, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Carcare, Switzerland Sutra 222	
Vrishabha Rasi: 6.2	Tithi 15 – 16	<b>Gulika</b> 8:43AM – 9:53AM	<b>Krittika</b> <b>Until 12:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:33AM	Vilamba 5120	
		Yama 2:34PM – 3:44PM	Parigha* <b>Until 6:25AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 11:03AM – 12:13PM	Kaulava <b>Until 4:34AM Sat</b>	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Purnima* Until 6:43AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 12:05PM		<b>Vinayaga Viratam Begins</b>		<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 20.31 Tithi 17

737762365

**Gulika** 7:34AM - 8:44AM  
**Yama** 1:24PM - 2:34PM  
**Rahu** 9:54AM - 11:04AM

**Rohini Until 10:42AM**  
**Siddha Until 12:19AM Sun**  
**Taitila Until 3:25PM**  
**Dvitiya Until 2:10AM Sun**

**Ganesha:** Red *Sunrise: 7:34AM*  
**Muruqa:** Clear *Sunset: 4:54PM*  
**Nataraja:** White  
Moon - Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.53 Tithi 18

737762365

**Gulika** 2:33PM - 3:43PM  
**Yama** 12:14PM - 1:24PM  
**Rahu** 3:43PM - 4:53PM

**Mrigashira Until 8:56AM**  
**Sadhya Until 9:02PM**  
**Vanija Until 12:55PM**  
**Tritiya Until 11:37PM**

**Ganesha:** Red *Sunrise: 7:35AM*  
**Muruqa:** Clear *Sunset: 4:53PM*  
**Nataraja:** White  
Moon - Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturtham Titau

Carcare, Switzerland

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 19.2 Tithi 19

737762365

**Gulika** 1:24PM - 2:33PM  
**Yama** 11:05AM - 12:14PM  
**Rahu** 8:46AM - 9:55AM

**Ardra Until 6:57AM**  
**Subha Until 5:45PM**  
**Bava Until 10:21AM**  
**Chaturthi\* Until 9:04PM**

**Ganesha:** Red *Sunrise: 7:36AM*  
**Muruqa:** Clear *Sunset: 4:52PM*  
**Nataraja:** White  
Moon - Yellow

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.46 Tithi 20

747762365

**Gulika** 12:15PM - 1:24PM  
**Yama** 9:56AM - 11:05AM  
**Rahu** 2:33PM - 3:43PM

**Pushya Until 3:34AM Wed**  
**Sukla Until 2:30PM**  
**Kaulava Until 7:50AM**  
**Panchami Until 6:36PM**

**Ganesha:** Green *Sunrise: 7:37AM*  
**Muruqa:** Clear *Sunset: 4:52PM*  
**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 18.06 Tithi 21 - 22

747862365

**Gulika** 11:06AM - 12:15PM  
**Yama** 8:48AM - 9:57AM  
**Rahu** 12:15PM - 1:24PM

**Ashlesha\* Until 1:55AM Thu**  
**Brahma Until 11:23AM**  
**Visti Until 3:14AM Thu**  
**Shashthi\* Until 4:17PM**

**Ganesha:** White *Sunrise: 7:39AM*  
**Muruqa:** Clear *Sunset: 4:51PM*  
**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:55AM Thu

Then Creative Work - Amrita Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 2.19 Tithi 22 - 23

757863365

**Gulika** 9:58AM - 11:06AM  
**Yama** 7:40AM - 8:49AM  
**Rahu** 1:24PM - 2:33PM

**Magha\* Until 12:46AM Fri**  
**Indra Until 8:27AM**  
**Balava Until 1:17AM Fri**  
**Saptami Until 2:12PM**

**Ganesha:** Clear *Sunrise: 7:40AM*  
**Muruqa:** Purple *Sunset: 4:51PM*  
**Nataraja:** White  
Moon - Red

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 16.22 Tithi 23 - 24

757863365

**Gulika** 8:50AM - 9:58AM  
**Yama** 2:33PM - 3:42PM  
**Rahu** 11:07AM - 12:16PM

**Purvaphalguni Until 11:45PM**  
**Vishkambha\* Until 3:08AM Sat**  
**Taitila Until 11:35PM**  
**Ashtami\* Until 12:22PM**

**Ganesha:** Clear *Sunrise: 7:41AM*  
**Muruqa:** Purple *Sunset: 4:50PM*  
**Nataraja:** White  
Moon - Red

**Bhuloka Day**

**Karttika-Karttikai**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


<b>1</b>	<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Carcare, Switzerland Sun 7 Sutra 230 Vilamba 5120
	Kanya Rasi: 0.16	Tithi 24 – 25	<b>Gulika</b> 7:42AM – 8:51AM	<b>Uttaraphalguni</b> Until 10:50PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:42AM	Moon 11 - Phase 32
			Yama 1:25PM – 2:33PM	Priti Until 12:50AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:50PM	2nd Phase
	Routine Work	Marana Yoga	758863365 <b>Rahu</b> 9:59AM – 11:08AM	Vanija Until 10:09PM	<b>Nataraja:</b> White	
			<b>Navami*</b> Until 10:49AM	Moon – Red	<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>	Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Carcare, Switzerland Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 13.59	Tithi 25 – 26	<b>Gulika</b> 2:33PM – 3:41PM	<b>Hasta</b> Until 10:30PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:43AM	Moon 11 - Phase 32
			Yama 12:16PM – 1:25PM	Ayushman Until 10:43PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:50PM	2nd Phase
	Creative Work	Amrita Yoga	768863365 <b>Rahu</b> 3:41PM – 4:50PM	Bava Until 9:01PM	<b>Nataraja:</b> White	
			<b>Dashami</b> Until 9:31AM	Moon – Green	<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		

<b>3</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Carcare, Switzerland Sun 9 Sutra 232 Vilamba 5120
	Kanya Rasi: 27.32	Tithi 26 – 27	<b>Gulika</b> 1:25PM – 2:33PM	<b>Chitra</b> Until 10:20PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:44AM	Moon 11 - Phase 32
	<b>Family Home Evening</b>		Yama 11:09AM – 12:17PM	Saubhagya Until 8:52PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	2nd Phase
	Routine Work	Prabalarishta Yoga	768863365 <b>Rahu</b> 8:52AM – 10:01AM	Kaulava Until 8:11PM	<b>Nataraja:</b> White	
			<b>Ekadashi*</b> Until 8:32AM	Moon – Green	<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		

<b>4</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau			Carcare, Switzerland Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 10.55	Tithi 27 – 28	<b>Gulika</b> 12:17PM – 1:25PM	<b>Svati</b> Until 10:21PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:45AM	Moon 11 - Phase 32
			Yama 10:01AM – 11:09AM	Sobhana Until 7:17PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	2nd Phase
	Creative Work	Siddha Yoga	768863365 <b>Rahu</b> 2:33PM – 3:41PM	Gara Until 7:41PM	<b>Nataraja:</b> White	
			<b>Dvadashi*</b> Until 7:52AM	Moon – Green	<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Carcare, Switzerland Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 24.05	Tithi 28 – 29	<b>Gulika</b> 11:10AM – 12:18PM	<b>Vishakha</b> Until 11:03PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:46AM	Moon 11 - Phase 32
			Yama 8:54AM – 10:02AM	Athiganda* Until 6:00PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	2nd Phase
	Creative Work	Siddha Yoga	778863365 <b>Rahu</b> 12:18PM – 1:25PM	Visti Until 7:36PM	<b>Nataraja:</b> White	
			<b>Trayodashi*</b> Until 7:34AM	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Carcare, Switzerland Sun 12 Sutra 235 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:03AM – 11:10AM	<b>Anuradha</b> Until 12:04AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:47AM	Moon 11 - Phase 32
	Vriscika Rasi: 7.03	Tithi 29 – 30	Yama 7:47AM – 8:55AM	Sukarma Until 5:04PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	Amavasya
	Creative Work	Siddha Yoga	778863365 <b>Rahu</b> 1:26PM – 2:33PM	Catuspada Until 7:59PM	<b>Nataraja:</b> White	
			<b>Chaturdashi*</b> Until 7:42AM	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		

<b>Retreat Star</b>	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Carcare, Switzerland Sun 13 Sutra 236 Vilamba 5120
	Vriscika Rasi: 19.47	Tithi 30 – 1	<b>Gulika</b> 8:56AM – 10:03AM	<b>Jyeshtha*</b> Until 1:25AM Sat	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:48AM	Moon 11 - Phase 32
			Yama 2:34PM – 3:41PM	Dhriti Until 4:33PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	Prathama
	Routine Work	Marana Yoga	779863365 <b>Rahu</b> 11:11AM – 12:19PM	Kintughna Until 8:52PM	<b>Nataraja:</b> White	
			<b>Amavasya*</b> Until 8:20AM	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Carcare, Switzerland Sun 14 Sutra 237 Vilamba 5120
Dhanus Rasi: 2.16	Tithi 1 – 2	<b>Gulika</b> 7:49AM – 8:57AM	<b>Mula* Until 3:36AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:49AM	Moon 11 - Phase 33
		<b>Yama</b> 1:26PM – 2:34PM	<b>Shula* Until 4:24PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	3rd Phase
		<b>Rahu</b> 10:04AM – 11:12AM	<b>Balava Until 10:18PM</b>	<b>Nataraja:</b> White	
Creative Work	Siddha Yoga		<b>Prathama* Until 9:29AM</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>	
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Carcare, Switzerland Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 14.32	Tithi 2 – 3	<b>Gulika</b> 2:34PM – 3:41PM	<b>Purvashadha* Until 6:07AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:50AM	Moon 11 - Phase 33
		<b>Yama</b> 12:19PM – 1:27PM	<b>Ganda* Until 4:41PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	3rd Phase
		<b>Rahu</b> 3:41PM – 4:48PM	<b>Taitila Until 12:15AM Mon</b>	<b>Nataraja:</b> White	
Creative Work	Siddha Yoga		<b>Dvitiya Until 11:11AM</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>
Until 6:07AM Mon				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga					
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Triliya/Chaturthyam Titau	Carcare, Switzerland Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 26.36	Tithi 3 – 4	<b>Gulika</b> 1:27PM – 2:34PM	<b>Purvashadha* Until 6:07AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:51AM	Moon 11 - Phase 33
<b>Family Home Evening</b>		<b>Yama</b> 11:13AM – 12:20PM	<b>Vridhhi Until 5:18PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	3rd Phase
		<b>Rahu</b> 8:58AM – 10:06AM	<b>Vanija Until 2:38AM Tue</b>	<b>Nataraja:</b> White	
Routine Work	Marana Yoga		<b>Tritiya Until 1:22PM</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>	
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Carcare, Switzerland Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 8.3	Tithi 4 – 5	<b>Gulika</b> 12:20PM – 1:27PM	<b>Uttarashadha Until 8:51AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:52AM	Moon 11 - Phase 33
		<b>Yama</b> 10:06AM – 11:13AM	<b>Dhruva Until 6:10PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	3rd Phase
		<b>Rahu</b> 2:34PM – 3:41PM	<b>Bava Until 5:18AM Wed</b>	<b>Nataraja:</b> White	
Routine Work	Prabalarishta Yoga		<b>Chaturthi* Until 3:55PM</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>
Until 8:51AM				<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau	Carcare, Switzerland Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 20.19	Tithi 5	<b>Gulika</b> 11:14AM – 12:21PM	<b>Shravana Until 12:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:53AM	Moon 11 - Phase 33
		<b>Yama</b> 9:00AM – 10:07AM	<b>Vyaghata* Until 7:10PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	3rd Phase
		<b>Rahu</b> 12:21PM – 1:28PM	<b>Balava Until 6:40PM</b>	<b>Nataraja:</b> White	
Creative Work	Siddha Yoga		<b>Panchami Until 6:40PM</b>	<b>Moon – Purple</b>	<b>Bhuloka Day</b>
Until 12:08PM				<b>Margasira-Karttikai</b>	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga					
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Carcare, Switzerland Sun 19 Sutra 242 Vilamba 5120
Kumbha Rasi: 2.05	Tithi 6	<b>Gulika</b> 10:08AM – 11:14AM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:54AM	Moon 11 - Phase 33
		<b>Yama</b> 7:54AM – 9:01AM	<b>Harshana Until 8:09PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	3rd Phase
		<b>Rahu</b> 1:28PM – 2:35PM	<b>Kaulava Until 8:03AM</b>	<b>Nataraja:</b> White	
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:22PM</b>	<b>Moon – Purple</b>	<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>	Devaloka Time: 6:AM to 9:AM
<b>Vinayaga Viratam Ends</b>					
<b>Retreat Star</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Carcare, Switzerland Sun 20 Sutra 243 Vilamba 5120
Kumbha Rasi: 13.55	Tithi 7	<b>Gulika</b> 9:01AM – 10:08AM	<b>Shatabhishak Until 6:04PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:55AM	Moon 11 - Phase 33
		<b>Yama</b> 2:35PM – 3:42PM	<b>Vajra* Until 8:55PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	3rd Phase
		<b>Rahu</b> 11:15AM – 12:22PM	<b>Gara Until 10:40AM</b>	<b>Nataraja:</b> White	
Creative Work	Siddha Yoga		<b>Saptami Until 11:49PM</b>	<b>Moon – Purple</b>	<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>	Devaloka Time: 6:AM to 9:AM
<b>Retreat Star</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Carcare, Switzerland Sun 21 Sutra 244 Vilamba 5120
Kumbha Rasi: 25.52	Tithi 8	<b>Gulika</b> 7:55AM – 9:02AM	<b>Purvaproshtapada* Until 8:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:55AM	Moon 11 - Phase 33
		<b>Yama</b> 1:29PM – 2:36PM	<b>Siddhi Until 9:21PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	Ashtami
		<b>Rahu</b> 10:09AM – 11:16AM	<b>Visti Until 12:53PM</b>	<b>Nataraja:</b> White	
Routine Work	Marana Yoga		<b>Ashtami* Until 1:45AM Sun</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>
Until 8:45PM				<b>Margasira-Karttikai</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					
<b>Retreat Star</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau	Carcare, Switzerland Sun 22 Sutra 245 Vilamba 5120
Meena Rasi: 8.03	Tithi 9	<b>Gulika</b> 2:36PM – 3:43PM	<b>Uttaraproshtapada Until 10:38PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:56AM	Moon 11 - Phase 33
		<b>Yama</b> 12:23PM – 1:29PM	<b>Vyatipata* Until 9:18PM</b>	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	Navami
		<b>Rahu</b> 3:43PM – 4:49PM	<b>Balava Until 2:30PM</b>	<b>Nataraja:</b> White	
Creative Work	Amrita Yoga		<b>Navami* Until 3:01AM Mon</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>
		<b>Markali Pillaiyar</b>		<b>Margasira-Markali</b>	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Varyan Yoga Taitila/Gara Karana Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 20.31	Tithi 10	<b>Gulika</b> 1:30PM – 2:36PM	<b>Revati Until 11:38PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:57AM
	<b>Family Home Evening</b>	811863365	Yama 11:17AM – 12:23PM	Variyan Until 8:38PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:50PM
	Creative Work Siddha Yoga		<b>Rahu</b> 9:03AM – 10:10AM	Taitila Until 3:22PM	<b>Nataraja:</b> White Moon – Clear
			<b>Dashami Until 3:29AM Tue</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 3.21	Tithi 11	<b>Gulika</b> 12:24PM – 1:30PM	<b>Ashvini Until 12:09AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:58AM
		821863365	Yama 10:11AM – 11:17AM	Parigha* Until 7:21PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:50PM
	Creative Work Siddha Yoga		<b>Rahu</b> 2:37PM – 3:43PM	Vanija Until 3:26PM	<b>Nataraja:</b> White Moon – White
			<b>Gita Jayanthi</b>	<b>Ekadashi Until 3:08AM Wed</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 16.35	Tithi 12	<b>Gulika</b> 11:18AM – 12:24PM	<b>Bharani Until 11:43PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:58AM
		821863365	Yama 9:05AM – 10:11AM	Shiva Until 5:26PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:50PM
	Creative Work Siddha Yoga		<b>Rahu</b> 12:24PM – 1:31PM	Bava Until 2:40PM	<b>Nataraja:</b> White Moon – White
			<b>Dvadashi Until 1:59AM Thu</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 249 Vilamba 5120
	Vrishabha Rasi: 0.17	Tithi 13	<b>Gulika</b> 10:12AM – 11:18AM	<b>Krittika Until 10:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:59AM
		821863365	Yama 7:59AM – 9:05AM	Siddha Until 2:56PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:51PM
	Routine Work Marana Yoga		<b>Rahu</b> 1:31PM – 2:38PM	Kaulava Until 1:09PM	<b>Nataraja:</b> White Moon – White
			<b>Trayodashi Until 12:08AM Fri</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

*Pradosha Vrata*

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 14.23	Tithi 14	<b>Gulika</b> 9:06AM – 10:12AM	<b>Rohini Until 8:54PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:59AM
		831863365	Yama 2:38PM – 3:45PM	Sadhya Until 11:56AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:51PM
	Routine Work Marana Yoga		<b>Rahu</b> 11:19AM – 12:25PM	Gara Until 11:00AM	<b>Nataraja:</b> White Moon – Yellow
			<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi* Until 9:43PM</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>○</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:00AM – 9:06AM	<b>Mrigashira Until 6:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:00AM
	Vrishabha Rasi: 28.5	Tithi 15	Yama 1:32PM – 2:39PM	Subha Until 8:32AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM
		831963365	<b>Rahu</b> 10:13AM – 11:19AM	Visti Until 8:21AM	<b>Nataraja:</b> White Moon – Yellow
			<b>Day 2 of Pancha Ganapati</b>	<b>Purnima* Until 6:52PM</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>○</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Carcare, Switzerland Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:39PM – 3:46PM	<b>Ardra Until 4:15PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:00AM
	Mithuna Rasi: 13.34	Tithi 16 – 17	Yama 12:26PM – 1:33PM	Brahma Until 1:00AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM
		831963365	<b>Rahu</b> 3:46PM – 4:52PM	Taitila Until 2:09AM Mon	<b>Nataraja:</b> White Moon – Yellow
			<b>Day 3 of Pancha Ganapati</b>	<b>Prathama* Until 3:45PM</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

**Ardra Darshanam**

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 28.26 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Gulika 1:33PM - 2:40PM

Yama 11:20AM - 12:27PM

Rahu 9:07AM - 10:14AM

Day 4 of Pancha Ganapati

Punarvasu Until 1:53PM

Indra Until 9:07PM

Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesha: Blue

Sunrise: 8:01AM

Muruqa: Purple

Sunset: 4:53PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

1

Tuesday, December 25, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 13.19 Tithi 18 - 19

842963365

Creative Work Siddha Yoga

Gulika 12:27PM - 1:34PM

Yama 10:14AM - 11:21AM

Rahu 2:40PM - 3:47PM

Day 5 of Pancha Ganapati

Pushya Until 11:25AM

Vaidhriti\* Until 5:18PM

Bava Until 7:47PM

Tritiya Until 9:19AM

Ganesha: Yellow

Sunrise: 8:01AM

Muruqa: Purple

Sunset: 4:53PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 28.05 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 11:21AM - 12:28PM

Yama 9:08AM - 10:15AM

Rahu 12:28PM - 1:34PM

Ashlesha\* Until 8:59AM

Vishkambha\* Until 1:39PM

Taitila Until 3:31AM Thu

Chaturthi\* Until 6:16AM

Ganesha: Yellow

Sunrise: 8:02AM

Muruqa: Purple

Sunset: 4:54PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 12.38 Tithi 21

852963366

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Gulika 10:15AM - 11:22AM

Yama 8:02AM - 9:08AM

Rahu 1:35PM - 2:42PM

Magha\* Until 7:08AM

Priti Until 10:17AM

Gara Until 2:18PM

Shashthi\* Until 1:10AM Fri

Ganesha: Blue

Sunrise: 8:02AM

Muruqa: Purple

Sunset: 4:55PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

4

Friday, December 28, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saplamyam Titau

Carcare, Switzerland

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 26.55 Tithi 22

852963366

Creative Work Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Gulika 9:09AM - 10:15AM

Yama 2:42PM - 3:49PM

Rahu 11:22AM - 12:29PM

Uttaraphalguni Until 4:17AM Sat

Ayushman Until 7:14AM

Visti Until 12:10PM

Saptami Until 11:16PM

Ganesha: Blue

Sunrise: 8:02AM

Muruqa: Purple

Sunset: 4:55PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 10.53 Tithi 23

862963366

Routine Work Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 8:02AM - 9:09AM

Yama 1:36PM - 2:43PM

Rahu 10:16AM - 11:23AM

Hasta Until 3:50AM Sun

Sobhana Until 2:22AM Sun

Balava Until 10:32AM

Ashtami\* Until 9:54PM

Ganesha: Red

Sunrise: 8:02AM

Muruqa: Purple

Sunset: 4:56PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 24.32 Tithi 24

862963366

Creative Work Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Gulika 2:43PM - 3:50PM

Yama 12:30PM - 1:37PM

Rahu 3:50PM - 4:57PM

Chitra Until 3:46AM Mon

Athiganda\* Until 12:33AM Mon

Taitila Until 9:26AM

Navami\* Until 9:04PM

Ganesha: Red

Sunrise: 8:03AM

Muruqa: Purple

Sunset: 4:57PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Carcare, Switzerland Sun 8 Sutra 260 Vilamba 5120	
<b>1</b>	Tula Rasi: 7.53 Tithi 25 <b>Family Home Evening</b> Creative Work Amrita Yoga Until 4:03AM Tue Then Routine Work - Marana Yoga	<b>Gulika</b> 1:37PM – 2:44PM Yama 11:23AM – 12:30PM <b>Rahu</b> 9:10AM – 10:16AM	<b>Svati Until 4:03AM Tue</b> Sukarma Until 11:09PM Vanija Until 8:52AM <b>Dashami Until 8:45PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Green Moon – Green	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 4:58PM <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Carcare, Switzerland Sun 9 Sutra 261 Vilamba 5120	
<b>2</b>	Tula Rasi: 20.58 Tithi 26 872963366 Routine Work Marana Yoga Until 5:08AM Wed Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:31PM – 1:38PM Yama 10:17AM – 11:24AM <b>Rahu</b> 2:45PM – 3:52PM	<b>Vishakha Until 5:08AM Wed</b> Dhriti Until 10:09PM Bava Until 8:49AM <b>Ekadashi* Until 8:58PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Purple <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 4:59PM <b>Bhuloka Day</b> Margasira*Markali
<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Carcare, Switzerland Sun 10 Sutra 262 Vilamba 5120	
<b>3</b>	Vrischika Rasi: 3.47 Tithi 27 872963366 Creative Work Siddha Yoga Until 6:31AM Thu Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 11:24AM – 12:31PM Yama 9:10AM – 10:17AM <b>Rahu</b> 12:31PM – 1:38PM	<b>Anuradha Until 6:31AM Thu</b> Shula* Until 9:31PM Kaulava Until 9:17AM <b>Dvadashi* Until 9:40PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Purple <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 5:00PM <b>Bhuloka Day</b> Margasira*Markali
<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Carcare, Switzerland Sun 11 Sutra 263 Vilamba 5120	
<b>4</b>	Vrischika Rasi: 16.23 Tithi 28 872963366 Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 10:17AM – 11:25AM Yama 8:03AM – 9:10AM <b>Rahu</b> 1:39PM – 2:46PM	<b>Anuradha Until 6:31AM</b> Ganda* Until 9:14PM Gara Until 10:13AM <b>Trayodashi* Until 10:51PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <b>Muruqa:</b> Purple <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 5:01PM <b>Bhuloka Day</b> Margasira*Markali
<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Carcare, Switzerland Sun 12 Sutra 264 Vilamba 5120	
<b>5</b>	Vrischika Rasi: 28.47 Tithi 29 872963366 Routine Work Marana Yoga Until 8:12AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:10AM – 10:18AM Yama 2:47PM – 3:54PM <b>Rahu</b> 11:25AM – 12:32PM	<b>Jyeshtha* Until 8:12AM</b> Vriddhi Until 9:19PM Visti Until 11:37AM <b>Chaturdashi* Until 12:28AM Sat</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Purple <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 5:01PM <b>Bhuloka Day</b> Margasira*Markali
<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Carcare, Switzerland Sun 13 Sutra 265 Vilamba 5120	
<b>Retreat Star</b>	Dhanus Rasi: 11 Tithi 30 882963366 Creative Work Siddha Yoga	<b>Gulika</b> 8:03AM – 9:10AM Yama 1:40PM – 2:48PM <b>Rahu</b> 10:18AM – 11:25AM <b>Subramuniyaswami Jayanti</b>	<b>Mula* Until 10:36AM</b> Dhruva Until 9:40PM Catuspada Until 1:27PM <b>Amavasya* Until 2:29AM Sun</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Green Moon – Light Blue	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 5:02PM <b>Bhuloka Day</b> Margasira*Markali
<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Carcare, Switzerland Sun 14 Sutra 266 Vilamba 5120	
<b>Retreat Star</b>	Dhanus Rasi: 23.04 Tithi 1 882973366 Creative Work Siddha Yoga Until 1:13PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:48PM – 3:56PM Yama 12:33PM – 1:41PM <b>Rahu</b> 3:56PM – 5:03PM <b>Partial Solar Eclipse</b>	<b>Purvashadha* Until 1:13PM</b> Vyaghata* Until 10:18PM Kintughna Until 3:39PM <b>Prathama* Until 4:50AM Mon</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 5:03PM <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Pausha*Markali

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Carcare, Switzerland Sun 15 Sutra 267 Vilamba 5120	
<b>1</b>	Makara Rasi: 4.59 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 3:56PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:41PM – 2:49PM Yama 11:26AM – 12:34PM <b>Rahu</b> 9:10AM – 10:18AM	<b>Uttarashadha</b> Until 3:56PM Harshana Until 11:09PM Balava Until 6:09PM Dvitiya Until 7:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 5:05PM <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Carcare, Switzerland Sun 16 Sutra 268 Vilamba 5120	
<b>2</b>	Makara Rasi: 16.5 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:34PM – 1:42PM Yama 10:18AM – 11:26AM <b>Rahu</b> 2:50PM – 3:58PM	<b>Shravana</b> Until 7:12PM Vajra* Until 12:06AM Wed Taitila Until 8:50PM Dvitiya Until 7:27AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:02AM <b>Sunset:</b> 5:06PM <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 17 Sutra 269 Vilamba 5120	
<b>3</b>	Makara Rasi: 28.37 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 10:22PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:26AM – 12:34PM Yama 9:10AM – 10:18AM <b>Rahu</b> 12:34PM – 1:42PM	<b>Dhanishtha</b> Until 10:22PM Siddhi Until 1:06AM Thu Vanija Until 11:36PM Tritiya Until 10:12AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:02AM <b>Sunset:</b> 5:07PM <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Carcare, Switzerland Sun 18 Sutra 270 Vilamba 5120	
<b>4</b>	Kumbha Rasi: 10.25 Tithi 4 – 5 Creative Work Siddha Yoga	<b>Gulika</b> 10:18AM – 11:27AM Yama 8:02AM – 9:10AM <b>Rahu</b> 1:43PM – 2:51PM	<b>Shatabhishak</b> Until 1:16AM Fri Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri Chaturthi* Until 12:55PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:02AM <b>Sunset:</b> 5:08PM <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Carcare, Switzerland Sun 19 Sutra 271 Vilamba 5120	
<b>5</b>	Kumbha Rasi: 22.15 Tithi 5 – 6 Creative Work Siddha Yoga	<b>Gulika</b> 9:10AM – 10:18AM Yama 2:52PM – 4:00PM <b>Rahu</b> 11:27AM – 12:35PM	<b>Purvaproshtapada*</b> Until 4:14AM Sat Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat Panchami Until 3:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:02AM <b>Sunset:</b> 5:09PM <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Carcare, Switzerland Sun 20 Sutra 272 Vilamba 5120	
<b>6</b>	Meena Rasi: 4.12 Tithi 6 – 7 Creative Work Siddha Yoga Until 6:37AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:01AM – 9:10AM Yama 1:44PM – 2:53PM <b>Rahu</b> 10:18AM – 11:27AM	<b>Uttaraproshtapada</b> Until 6:37AM Sun Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun Shashthi* Until 5:37PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:01AM <b>Sunset:</b> 5:10PM <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Carcare, Switzerland Sun 21 Sutra 273 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 2:54PM – 4:02PM Yama 12:36PM – 1:45PM <b>Rahu</b> 4:02PM – 5:11PM	<b>Uttaraproshtapada</b> Until 6:37AM Shiva Until 3:02AM Mon Gara Until 6:32AM Saptami Until 7:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:01AM <b>Sunset:</b> 5:11PM <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Carcare, Switzerland Sun 22 Sutra 274 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 1:45PM – 2:54PM Yama 11:27AM – 12:36PM <b>Rahu</b> 9:09AM – 10:18AM	<b>Revati</b> Until 8:14AM Siddha Until 2:23AM Tue Visti Until 7:49AM Ashtami* Until 8:10PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Thai</b>	<b>Sunrise:</b> 8:00AM <b>Sunset:</b> 5:12PM <b>Devaloka Day</b>

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Carcare, Switzerland Sun 23 Sutra 275 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 12:37PM – 1:46PM Yama 10:18AM – 11:28AM <b>Rahu</b> 2:55PM – 4:04PM	<b>Ashvini</b> Until 9:28AM Sadhya Until 1:08AM Wed Balava Until 8:21AM Navami* Until 8:18PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	<b>Sunrise:</b> 8:00AM <b>Sunset:</b> 5:14PM <b>Sivaloka Day</b>


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>	<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Carcare, Switzerland Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 24.35	Tithi 10	<b>Gulika</b> 11:28AM – 12:37PM	<b>Bharani Until 9:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:59AM	
			Yama 9:09AM – 10:18AM	Subha Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 38
		823173366	<b>Rahu</b> 12:37PM – 1:47PM	Taitila Until 8:04AM	<b>Nataraja:</b> Green		4th Phase
Creative Work Siddha Yoga			<b>Dashami Until 7:36PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 9:43AM				<b>Pausha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Carcare, Switzerland Sun 25 Sutra 277 Vilamba 5120
	Vrishabha Rasi: 8.09	Tithi 11	<b>Gulika</b> 10:18AM – 11:28AM	<b>Krittika Until 9:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:59AM	
			Yama 7:59AM – 9:08AM	Sukla Until 8:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 38
		823173366	<b>Rahu</b> 1:47PM – 2:57PM	Vanija Until 6:57AM	<b>Nataraja:</b> Green		4th Phase
Routine Work Marana Yoga			<b>Ekadashi Until 6:05PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Pausha-Thai</b>			

<b>3</b>	<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 26 Sutra 278 Vilamba 5120
	Vrishabha Rasi: 22.11	Tithi 12 – 13	<b>Gulika</b> 9:08AM – 10:18AM	<b>Rohini Until 7:54AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:58AM	
			Yama 2:58PM – 4:08PM	Brahma Until 5:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 38
		833173366	<b>Rahu</b> 11:28AM – 12:38PM	Kaulava Until 2:33AM Sat	<b>Nataraja:</b> Green		4th Phase
Routine Work Marana Yoga			<b>Dvadashi Until 3:52PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 7:54AM				<b>Pausha-Thai</b>			
Then Creative Work - Siddha Yoga							
						<i>Pradosha Vrata</i>	

<b>4</b>	<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 6.4	Tithi 13 – 14	<b>Gulika</b> 7:58AM – 9:08AM	<b>Mrigashira Until 6:00AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:58AM	
			Yama 1:48PM – 2:58PM	Indra Until 2:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 12 - Phase 38
		833173366	<b>Rahu</b> 10:18AM – 11:28AM	Gara Until 11:29PM	<b>Nataraja:</b> Green		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi Until 1:03PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha-Thai</b>			

	<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Carcare, Switzerland Sutra 280 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:59PM – 4:10PM	<b>Punarvasu Until 12:50AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:57AM	
	Mithuna Rasi: 21.3	Tithi 14 – 15	Yama 12:38PM – 1:49PM	Vaidhriti* Until 10:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 38
		843173366	<b>Rahu</b> 4:10PM – 5:20PM	Visti Until 8:04PM	<b>Nataraja:</b> Green		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi* Until 9:48AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha-Thai</b>			

<b>Monday, January 21, 2019</b>	<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Carcare, Switzerland Sutra 281 Vilamba 5120
	Kataka Rasi: 6.35	Tithi 15 – 16	<b>Gulika</b> 1:49PM – 3:00PM	<b>Pushya Until 9:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:56AM	
	<b>Family Home Evening</b>		Yama 11:28AM – 12:39PM	Vishkambha* Until 6:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 12 - Phase 38
		843173366	<b>Rahu</b> 9:07AM – 10:17AM	Kaulava Until 2:34AM Tue	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga			<b>Purnima* Until 6:15AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha-Thai</b>			
			Total Lunar Eclipse Thai Pusam				



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.46 Tithi 17

844173366

**Gulika** 12:39PM - 1:50PM  
**Ashlesha\* Until 6:53PM**  
Yama 10:17AM - 11:28AM  
Ayushman Until 9:32PM  
**Rahu** 3:01PM - 4:12PM  
Taitila Until 12:45PM  
Dvitiya Until 10:56PM

**Ganesha:** Clear *Sunrise: 7:55AM*  
**Muruqa:** Clear *Sunset: 5:23PM*  
**Nataraja:** Green  
Moon - Blue  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trityayam Titau

Carcare, Switzerland

Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.54 Tithi 18

854173366

**Gulika** 11:28AM - 12:39PM  
**Magha\* Until 4:16PM**  
Yama 9:06AM - 10:17AM  
Saubhagya Until 5:27PM  
**Rahu** 12:39PM - 1:50PM  
Vanija Until 9:12AM  
Tritiya Until 7:29PM

**Ganesha:** Purple *Sunrise: 7:55AM*  
**Muruqa:** Clear *Sunset: 5:24PM*  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 4:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland

Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.5 Tithi 19 - 20

854173366

**Gulika** 10:17AM - 11:28AM  
**Purvaphalguni Until 1:50PM**  
Yama 7:54AM - 9:05AM  
Sobhana Until 1:40PM  
**Rahu** 1:51PM - 3:02PM  
Kaulava Until 3:03AM Fri  
Chaturthi\* Until 4:24PM

**Ganesha:** Purple *Sunrise: 7:54AM*  
**Muruqa:** Clear *Sunset: 5:25PM*  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland

Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 6.28 Tithi 20 - 21

954173366

**Gulika** 9:05AM - 10:16AM  
**Uttaraphalguni Until 11:45AM**  
Yama 3:03PM - 4:15PM  
Athiganda\* Until 10:14AM  
**Rahu** 11:28AM - 12:40PM  
Gara Until 12:44AM Sat  
Panchami Until 1:47PM

**Ganesha:** Clear *Sunrise: 7:53AM*  
**Muruqa:** Clear *Sunset: 5:27PM*  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland

Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.41 Tithi 21 - 22

964173366

**Gulika** 7:52AM - 9:04AM  
**Hasta Until 10:31AM**  
Yama 1:52PM - 3:04PM  
Sukarma Until 7:18AM  
**Rahu** 10:16AM - 11:28AM  
Visti Until 11:04PM  
Shashthi\* Until 11:48AM

**Ganesha:** Purple *Sunrise: 7:52AM*  
**Muruqa:** Clear *Sunset: 5:28PM*  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

D

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland

Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 4.29 Tithi 22 - 23

964173366

**Gulika** 3:05PM - 4:17PM  
**Chitra Until 9:51AM**  
Yama 12:40PM - 1:53PM  
Shula\* Until 3:06AM Mon  
**Rahu** 4:17PM - 5:29PM  
Balava Until 10:08PM  
Saptami Until 10:30AM

**Ganesha:** Purple *Sunrise: 7:51AM*  
**Muruqa:** Clear *Sunset: 5:29PM*  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland

Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.52 Tithi 23 - 24

964173366

Family Home Evening

**Gulika** 1:53PM - 3:06PM  
**Svati Until 9:44AM**  
Yama 11:28AM - 12:40PM  
Ganda\* Until 1:52AM Tue  
**Rahu** 9:03AM - 10:15AM  
Taitila Until 9:58PM  
Ashtami\* Until 9:56AM

**Ganesha:** Purple *Sunrise: 7:50AM*  
**Muruqa:** Clear *Sunset: 5:31PM*  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 9:44AM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 7 Sutra 289	
Wrischika Rasi: 0.5	Tithi 24 – 25	<b>Gulika</b> 12:41PM – 1:54PM	<b>Vishakha</b> Until 10:40AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:49AM	Vilamba 5120	
		Yama 10:15AM – 11:28AM	Viridhi Until 1:12AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 40	
		974173366 <b>Rahu</b> 3:06PM – 4:19PM	Vanija Until 10:30PM	<b>Nataraja:</b> Green		2nd Phase	
Routine Work	Marana Yoga		<b>Navami*</b> Until 10:07AM	Moon – Orange		<b>Devaloka Day</b>	
Until 10:40AM				<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 8 Sutra 290	
Wrischika Rasi: 13.29	Tithi 25 – 26	<b>Gulika</b> 11:28AM – 12:41PM	<b>Anuradha</b> Until 12:06PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:48AM	Vilamba 5120	
		Yama 9:01AM – 10:15AM	Dhruva Until 1:00AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 40	
		974173366 <b>Rahu</b> 12:41PM – 1:54PM	Bava Until 11:42PM	<b>Nataraja:</b> Green		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:00AM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>3</b>		<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 9 Sutra 291	
Wrischika Rasi: 25.52	Tithi 26 – 27	<b>Gulika</b> 10:14AM – 11:28AM	<b>Jyeshtha*</b> Until 1:57PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:47AM	Vilamba 5120	
		Yama 7:47AM – 9:01AM	Vyaghata* Until 1:13AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 40	
		974173366 <b>Rahu</b> 1:54PM – 3:08PM	Kaulava Until 1:27AM Fri	<b>Nataraja:</b> Green		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi*</b> Until 12:30PM	Moon – Orange		<b>Devaloka Day</b>	
Until 1:57PM				<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 10 Sutra 292	
Dhanus Rasi: 8.01	Tithi 27 – 28	<b>Gulika</b> 9:01AM – 10:14AM	<b>Mula*</b> Until 4:35PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:47AM	Vilamba 5120	
		Yama 3:08PM – 4:21PM	Harshana Until 1:47AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 40	
		984173366 <b>Rahu</b> 11:28AM – 12:41PM	Gara Until 3:38AM Sat	<b>Nataraja:</b> Green		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 2:28PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 4:35PM				<b>Pausha*Thai</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Prabalarishta Yoga				<b>Pradosha Vrata (Fasting)</b>			

<b>5</b>		<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 11 Sutra 293	
Dhanus Rasi: 20.01	Tithi 28 – 29	<b>Gulika</b> 7:46AM – 9:00AM	<b>Purvashadha*</b> Until 7:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:46AM	Vilamba 5120	
		Yama 1:55PM – 3:09PM	Vajra* Until 2:32AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 40	
		984173366 <b>Rahu</b> 10:14AM – 11:27AM	Visti Until 6:06AM Sun	<b>Nataraja:</b> Green		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 4:49PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 7:23PM				<b>Pausha*Thai</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Carcare, Switzerland Sun 12 Sutra 294	
Makara Rasi: 1.54	Tithi 29	<b>Gulika</b> 3:09PM – 4:24PM	<b>Uttarashadha</b> Until 10:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:45AM	Vilamba 5120	
		Yama 12:41PM – 1:55PM	Siddhi Until 3:27AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 40	
		985173366 <b>Rahu</b> 4:24PM – 5:38PM	Visti Until 6:06AM	<b>Nataraja:</b> Green		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 7:24PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>Monday, February 4, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Carcare, Switzerland Sun 13 Sutra 295	
Makara Rasi: 13.43	Tithi 30	<b>Gulika</b> 1:56PM – 3:10PM	<b>Shravana</b> Until 1:32AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:44AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 11:27AM – 12:41PM	Vyatipata* Until 4:27AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 40	
Creative Work	Amrita Yoga	995173367 <b>Rahu</b> 8:58AM – 10:13AM	Catuspada Until 8:46AM	<b>Nataraja:</b> White		Amavasya	
Until 1:32AM Tue			<b>Amavasya*</b> Until 10:06PM	Moon – Purple		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Pausha*Thai</b>			

<b>Tuesday, February 5, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Carcare, Switzerland Sun 14 Sutra 296	
Makara Rasi: 25.31	Tithi 1	<b>Gulika</b> 12:42PM – 1:56PM	<b>Dhanishtha</b> Until 4:39AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:43AM	Vilamba 5120	
		Yama 10:12AM – 11:27AM	Variyan Until 5:24AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 40	
		995173367 <b>Rahu</b> 3:11PM – 4:26PM	Kintughna Until 11:29AM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 12:48AM Wed	Moon – Purple		<b>Devaloka Day</b>	
				<b>Magha*Thai</b>			

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yukstayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Carcare, Switzerland Sun 15 Sutra 297 Vilamba 5120	
	Kumbha Rasi: 7.19	Tithi 2	<b>Gulika</b> 11:27AM – 12:42PM Yama 8:56AM – 10:12AM 995173367 <b>Rahu</b> 12:42PM – 1:57PM	<b>Shatabhishak Until 7:30AM Thu</b> Parigha* Until 6:18AM Thu Balava Until 2:09PM Dvitiya Until 3:25AM Thu	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Purple <b>Magha-Thai</b>	<b>Sunrise: 7:41AM</b> <b>Sunset: 5:42PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Devaloka Day</b>
	Creative Work	Siddha Yoga						

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yukstayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Carcare, Switzerland Sun 16 Sutra 298 Vilamba 5120	
	Kumbha Rasi: 19.1	Tithi 3	<b>Gulika</b> 10:11AM – 11:26AM Yama 7:40AM – 8:56AM 995173367 <b>Rahu</b> 1:57PM – 3:12PM	<b>Shatabhishak Until 7:30AM</b> Parigha* Until 6:18AM Taitila Until 4:40PM Tritiya Until 5:50AM Fri	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Purple <b>Magha-Thai</b>	<b>Sunrise: 7:40AM</b> <b>Sunset: 5:43PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Devaloka Day</b>
	Creative Work	Siddha Yoga						

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yukstayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthiyam Titau				Carcare, Switzerland Sun 17 Sutra 299 Vilamba 5120	
	Meena Rasi: 1.05	Tithi 4	<b>Gulika</b> 8:55AM – 10:10AM Yama 3:13PM – 4:29PM 915173367 <b>Rahu</b> 11:26AM – 12:42PM	<b>Purvaproshtapada* Until 10:29AM</b> Shiva Until 7:03AM Vanija Until 6:57PM Chaturthi* Until 7:57AM Sat	<b>Ganesha: Blue</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear <b>Magha-Thai</b>	<b>Sunrise: 7:39AM</b> <b>Sunset: 5:45PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Sivaloka Day</b>
	Creative Work	Siddha Yoga						

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yukstayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Carcare, Switzerland Sun 18 Sutra 300 Vilamba 5120	
	Meena Rasi: 13.07	Tithi 4 – 5	<b>Gulika</b> 7:38AM – 8:54AM Yama 1:58PM – 3:14PM 915173367 <b>Rahu</b> 10:10AM – 11:26AM	<b>Uttaraproshtapada Until 1:01PM</b> Siddha Until 7:33AM Bava Until 8:54PM Chaturthi* Until 7:57AM	<b>Ganesha: Blue</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear <b>Magha-Thai</b>	<b>Sunrise: 7:38AM</b> <b>Sunset: 5:46PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Sivaloka Day</b>
	Creative Work	Siddha Yoga						

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yukstayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Carcare, Switzerland Sun 19 Sutra 301 Vilamba 5120	
	Meena Rasi: 25.18	Tithi 5 – 6	<b>Gulika</b> 3:15PM – 4:31PM Yama 12:42PM – 1:58PM 915273367 <b>Rahu</b> 4:31PM – 5:47PM	<b>Revati Until 2:59PM</b> Sadhya Until 7:47AM Kaulava Until 10:23PM Panchami Until 9:41AM	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear <b>Magha-Thai</b>	<b>Sunrise: 7:36AM</b> <b>Sunset: 5:47PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Devaloka Day</b>
	Creative Work	Amrita Yoga						

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yukstayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 20 Sutra 302 Vilamba 5120	
	Mesha Rasi: 7.41	Tithi 6 – 7	<b>Gulika</b> 1:59PM – 3:15PM Yama 11:25AM – 12:42PM 925273367 <b>Rahu</b> 8:52AM – 10:08AM	<b>Ashvini Until 4:45PM</b> Subha Until 7:38AM Gara Until 11:18PM Shashthi* Until 10:54AM	<b>Ganesha: Blue</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White <b>Magha-Thai</b>	<b>Sunrise: 7:35AM</b> <b>Sunset: 5:49PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work	Siddha Yoga						

<b>D</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yukstayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 21 Sutra 303 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 12:42PM – 1:59PM Yama 10:08AM – 11:25AM 925273367 <b>Rahu</b> 3:16PM – 4:33PM	<b>Bharani Until 5:44PM</b> Sukla Until 7:00AM Visti Until 11:32PM Saptami Until 11:29AM	<b>Ganesha: Blue</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White <b>Magha-Thai</b>	<b>Sunrise: 7:34AM</b> <b>Sunset: 5:50PM</b>	Moon 1 - Phase 41 Ashtami	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work	Siddha Yoga						

<b>D</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yukstayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 22 Sutra 304 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 11:24AM – 12:42PM Yama 8:50AM – 10:07AM 926273367 <b>Rahu</b> 12:42PM – 1:59PM	<b>Krittika Until 5:52PM</b> Indra Until 4:07AM Thu Balava Until 11:02PM Ashtami* Until 11:22AM	<b>Ganesha: Yellow</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White <b>Magha-Masi</b>	<b>Sunrise: 7:32AM</b> <b>Sunset: 5:52PM</b>	Moon 1 - Phase 41 Navami	<b>Devaloka Day</b>
	Creative Work	Amrita Yoga						

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

<b>1</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 23 Sutra 305 Vilamba 5120
	Vishabha Rasi: 16.43	Tithi 9 – 10	936273367	Gulika 10:06AM – 11:24AM Yama 7:31AM – 8:49AM Rahu 2:00PM – 3:17PM	Rohini Until 5:33PM Vaidhriti* Until 1:45AM Fri Taitila Until 9:45PM Navami* Until 10:28AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:31AM Sunset: 5:53PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Routine Work Marana Yoga						

<b>2</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 24 Sutra 306 Vilamba 5120
	Mithuna Rasi: 0.33	Tithi 10 – 11	936273367	Gulika 8:48AM – 10:06AM Yama 3:18PM – 4:36PM Rahu 11:24AM – 12:42PM	Mrigashira Until 4:22PM Vishkambha* Until 10:51PM Vanija Until 7:45PM Dashami Until 8:49AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:29AM Sunset: 5:54PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

<b>3</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 14.49	Tithi 11 – 12	936273367	Gulika 7:28AM – 8:46AM Yama 2:00PM – 3:19PM Rahu 10:05AM – 11:23AM	Ardra Until 2:23PM Priti Until 7:26PM Balava Until 3:35AM Sun Ekadashi Until 6:30AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:28AM Sunset: 5:56PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

<b>4</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Carcare, Switzerland Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 29.3	Tithi 13	946273367	Gulika 3:19PM – 4:38PM Yama 12:42PM – 2:01PM Rahu 4:38PM – 5:57PM	Punarvasu Until 12:09PM Ayushman Until 3:36PM Kaulava Until 1:58PM Trayodashi Until 12:14AM Mon Pradosha Vrata	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:26AM Sunset: 5:57PM Moon 1 - Phase 42 4th Phase Devaloka Day
	Creative Work Siddha Yoga						

<b>5</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 14.3	Tithi 14	946273367	Gulika 2:01PM – 3:20PM Yama 11:23AM – 12:42PM Rahu 8:44AM – 10:03AM	Pushya Until 9:24AM Saubhagya Until 11:29AM Gara Until 10:27AM Chaturdashi* Until 8:35PM Chidambaram Abhishekam	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:25AM Sunset: 5:58PM Moon 1 - Phase 42 4th Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga						

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Carcare, Switzerland Sutra 310 Vilamba 5120		
	<b>Copper Retreat Star</b>		Kataka Rasi: 29.43	Tithi 15 – 16	946273367	Gulika 12:42PM – 2:01PM Yama 10:03AM – 11:22AM Rahu 3:21PM – 4:40PM	Ashlesha* Until 6:18AM Sobhana Until 7:12AM Visti Until 6:43AM Purnima* Until 4:48PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:23AM Sunset: 6:00PM Moon 1 - Phase 42 Purnima Devaloka Day
	Creative Work Siddha Yoga								

	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sutra 311 Vilamba 5120		
	<b>Silver Retreat Star</b>		Simha Rasi: 14.58	Tithi 16 – 17	957273367	Gulika 11:22AM – 12:42PM Yama 8:42AM – 10:02AM Rahu 12:42PM – 2:01PM	Purvaphalguni Until 12:30AM Thu Sukarma Until 10:38PM Taitila Until 11:15PM Prathama* Until 1:03PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red Magha-Masi	Sunrise: 7:22AM Sunset: 6:01PM Moon 1 - Phase 42 Prathama Devaloka Day
	Creative Work Amrita Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 0.06 Tithi 17 - 18

957273367

**Gulika** 10:01AM - 11:21AM  
Yama 7:20AM - 8:41AM  
**Rahu** 2:02PM - 3:22PM

**Uttaraphalguni Until 9:46PM**

Dhriti Until 6:40PM

Vanija Until 7:53PM

**Dvitiya Until 9:30AM**

**Ganesha:** Clear *Sunrise:* 7:20AM

**Muruqa:** Clear *Sunset:* 6:03PM

**Nataraja:** White

Moon - Red

**Devaloka Day**

**Magha-Masi**

Until 9:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.58 Tithi 18 - 19

967273367

**Gulika** 8:39AM - 10:00AM  
Yama 3:23PM - 4:43PM  
**Rahu** 11:21AM - 12:41PM

**Hasta Until 7:47PM**

Shula\* Until 3:01PM

Balava Until 3:41AM Sat

**Tritiya Until 6:20AM**

**Ganesha:** White *Sunrise:* 7:19AM

**Muruqa:** Clear *Sunset:* 6:04PM

**Nataraja:** White

Moon - Green

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Magha-Masi**

Until 7:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 29.26 Tithi 20

967273367

**Gulika** 7:17AM - 8:38AM  
Yama 2:02PM - 3:23PM  
**Rahu** 9:59AM - 11:20AM

**Chitra Until 6:16PM**

Ganda\* Until 11:53AM

Kaulava Until 2:38PM

**Panchami Until 1:43AM Sun**

**Ganesha:** White *Sunrise:* 7:17AM

**Muruqa:** Clear *Sunset:* 6:05PM

**Nataraja:** White

Moon - Green

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Magha-Masi**

Until 6:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 13.26 Tithi 21

967273367

**Gulika** 3:24PM - 4:45PM  
Yama 12:41PM - 2:02PM  
**Rahu** 4:45PM - 6:07PM

**Svati Until 5:21PM**

Vridhi Until 9:20AM

Gara Until 1:03PM

**Shashthi\* Until 12:33AM Mon**

**Ganesha:** White *Sunrise:* 7:16AM

**Muruqa:** Clear *Sunset:* 6:07PM

**Nataraja:** White

Moon - Green

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Magha-Masi**

Until 5:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Carcare, Switzerland

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.58 Tithi 22

977273367

**Gulika** 2:03PM - 3:24PM  
Yama 11:19AM - 12:41PM  
**Rahu** 8:36AM - 9:57AM

**Vishakha Until 5:34PM**

Dhruva Until 7:25AM

Visti Until 12:18PM

**Saptami Until 12:14AM Tue**

**Ganesha:** Yellow *Sunrise:* 7:14AM

**Muruqa:** Clear *Sunset:* 6:08PM

**Nataraja:** White

Moon - Orange

**Devaloka Day**

**Magha-Masi**

Until 5:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

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Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 10.02 Tithi 23

977273367

**Gulika** 12:41PM - 2:03PM  
Yama 9:57AM - 11:19AM  
**Rahu** 3:25PM - 4:47PM

**Anuradha Until 6:29PM**

Vyaghata\* Until 6:11AM

Balava Until 12:26PM

**Ashtami\* Until 12:47AM Wed**

**Ganesha:** Yellow *Sunrise:* 7:12AM

**Muruqa:** Clear *Sunset:* 6:09PM

**Nataraja:** White

Moon - Orange

**Devaloka Day**

**Magha-Masi**

Until 6:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.41 Tithi 24

978273367

**Gulika** 11:18AM - 12:41PM  
Yama 8:33AM - 9:56AM  
**Rahu** 12:41PM - 2:03PM

**Jyeshtha\* Until 8:01PM**

Vajra\* Until 5:39AM Thu

Taitila Until 1:23PM

**Navami\* Until 2:08AM Thu**

**Ganesha:** Blue *Sunrise:* 7:11AM

**Muruqa:** Clear *Sunset:* 6:11PM

**Nataraja:** White

Moon - Orange

**Sivaloka Day**

**Magha-Masi**

Until 8:01PM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Carcare, Switzerland Sun 8 Sutra 319 Vilamba 5120		
Dhanus Rasi: 4.59	Tithi 25	Gulika 9:55AM – 11:18AM	Mula* Until 10:33PM	Ganesha: Red	Sunrise: 7:09AM	Muruqa: Clear	Sunset: 6:12PM	Moon 2 - Phase 44
		Yama 7:09AM – 8:32AM	Siddhi Until 6:09AM Fri	Nataraja: White				2nd Phase
		988273367 Rahu 2:03PM – 3:26PM	Vanija Until 3:05PM	Moon – Light Blue				Devaloka Day
Creative Work	Siddha Yoga		Dashami Until 4:07AM Fri	Magha-Masi				
<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Carcare, Switzerland Sun 9 Sutra 320 Vilamba 5120		
Dhanus Rasi: 17.03	Tithi 26	Gulika 8:29AM – 9:53AM	Purvashadha* Until 1:22AM Sat	Ganesha: Red	Sunrise: 7:06AM	Muruqa: Clear	Sunset: 6:15PM	Moon 2 - Phase 44
		Yama 3:27PM – 4:51PM	Siddhi Until 6:09AM	Nataraja: White				2nd Phase
		988273367 Rahu 11:17AM – 12:40PM	Bava Until 5:19PM	Moon – Light Blue				Devaloka Day
Routine Work	Prabalarishta Yoga		Ekadashi* Until 6:34AM Sat	Magha-Masi				
Until 1:22AM Sat								
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipata*Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 10 Sutra 321 Vilamba 5120		
Dhanus Rasi: 28.56	Tithi 26 – 27	Gulika 7:04AM – 8:28AM	Uttarashadha Until 4:19AM Sun	Ganesha: Red	Sunrise: 7:04AM	Muruqa: Clear	Sunset: 6:16PM	Moon 2 - Phase 44
		Yama 2:04PM – 3:28PM	Vyatipata* Until 6:59AM	Nataraja: White				2nd Phase
		988273367 Rahu 9:52AM – 11:16AM	Kaulava Until 7:55PM	Moon – Light Blue				Devaloka Day
Routine Work	Marana Yoga		Ekadashi* Until 6:34AM	Magha-Masi				
Until 4:19AM Sun								
Then Creative Work - Amrita Yoga								
<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 11 Sutra 322 Vilamba 5120		
Makara Rasi: 10.44	Tithi 27 – 28	Gulika 3:28PM – 4:53PM	Shravana Until 7:40AM Mon	Ganesha: Yellow	Sunrise: 7:02AM	Muruqa: Clear	Sunset: 6:17PM	Moon 2 - Phase 44
		Yama 12:40PM – 2:04PM	Variyan Until 7:58AM	Nataraja: White				2nd Phase
		988273367 Rahu 4:53PM – 6:17PM	Gara Until 10:39PM	Moon – Purple				Devaloka Day
Creative Work	Amrita Yoga		Dvadashi* Until 9:15AM	Magha-Masi				
Until 7:40AM Mon								
Then Creative Work - Siddha Yoga			Pradosha Vrata (Fasting)					
<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 12 Sutra 323 Vilamba 5120		
Makara Rasi: 22.3	Tithi 28 – 29	Gulika 2:04PM – 3:29PM	Shravana Until 7:40AM	Ganesha: Yellow	Sunrise: 7:01AM	Muruqa: Clear	Sunset: 6:18PM	Moon 2 - Phase 44
Family Home Evening		Yama 11:15AM – 12:40PM	Parigha* Until 9:02AM	Nataraja: White				2nd Phase
Creative Work	Amrita Yoga	988273367 Rahu 8:25AM – 9:50AM	Visti Until 1:22AM Tue	Moon – Purple				Devaloka Day
Until 7:40AM			Trayodashi* Until 12:00PM	Magha-Masi				
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)						
		Mahasivaratri (Solar)						
<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Carcare, Switzerland Sun 13 Sutra 324 Vilamba 5120		
Kumbha Rasi: 4.17	Tithi 29 – 30	Gulika 12:39PM – 2:04PM	Dhanishtha Until 10:47AM	Ganesha: Clear	Sunrise: 6:59AM	Muruqa: Clear	Sunset: 6:20PM	Moon 2 - Phase 44
		Yama 9:49AM – 11:14AM	Shiva Until 10:03AM	Nataraja: White				Amavasya
		199273367 Rahu 3:30PM – 4:55PM	Catuspada Until 3:56AM Wed	Moon – Purple				Devaloka Day
Creative Work	Siddha Yoga		Chaturdashi* Until 2:39PM	Magha-Masi				
Until 10:47AM								
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Carcare, Switzerland Sun 14 Sutra 325 Vilamba 5120		
Kumbha Rasi: 16.09	Tithi 30 – 1	Gulika 11:14AM – 12:39PM	Shatabhishak Until 1:33PM	Ganesha: Clear	Sunrise: 6:57AM	Muruqa: Clear	Sunset: 6:21PM	Moon 2 - Phase 44
		Yama 8:23AM – 9:48AM	Siddha Until 10:53AM	Nataraja: White				Prathama
		199273367 Rahu 12:39PM – 2:05PM	Kintughna Until 6:14AM Thu	Moon – Purple				Devaloka Day
Creative Work	Siddha Yoga		Amavasya* Until 5:06PM	Phalgun-Masi				
Until 1:33PM								
Then Creative Work - Amrita Yoga								

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada/Uttaraproshtpada Nakshatra Sadhya/Subha Yoga Kintughna/Bava Karana Prathamayam Titau				Carcare, Switzerland Sun 15 Sutra 326	
Kumbha Rasi: 28.07	Tithi 1	<b>Gulika</b> 9:47AM – 11:13AM	<b>Purvaproshtpada* Until 4:24PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:55AM			Vilamba 5120	
		Yama 6:55AM – 8:21AM	Sadhya Until 11:32AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:22PM			Moon 2 - Phase 45	
		119373367 <b>Rahu</b> 2:05PM – 3:31PM	Kintughna Until 6:14AM	<b>Nataraja:</b> White				3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama* Until 7:15PM</b>	Moon – Clear				<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>					
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Carcare, Switzerland Sun 16 Sutra 327	
Meena Rasi: 10.11	Tithi 2	<b>Gulika</b> 8:20AM – 9:46AM	<b>Uttaraproshtpada Until 6:46PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:54AM			Vilamba 5120	
		Yama 3:31PM – 4:57PM	Subha Until 11:58AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:24PM			Moon 2 - Phase 45	
		119373367 <b>Rahu</b> 11:12AM – 12:39PM	Balava Until 8:13AM	<b>Nataraja:</b> White				3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 9:04PM</b>	Moon – Clear				<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>					
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Carcare, Switzerland Sun 17 Sutra 328	
Meena Rasi: 22.23	Tithi 3	<b>Gulika</b> 6:52AM – 8:18AM	<b>Revati Until 8:38PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:52AM			Vilamba 5120	
		Yama 2:05PM – 3:32PM	Sukla Until 12:07PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:25PM			Moon 2 - Phase 45	
		119373367 <b>Rahu</b> 9:45AM – 11:12AM	Tailila Until 9:53AM	<b>Nataraja:</b> White				3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 10:33PM</b>	Moon – Clear				<b>Devaloka Day</b>	
Until 8:38PM				<b>Phalguna-Masi</b>					
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>							
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Carcare, Switzerland Sun 18 Sutra 329	
Mesha Rasi: 4.45	Tithi 4	<b>Gulika</b> 3:32PM – 4:59PM	<b>Ashvini Until 10:27PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:50AM			Vilamba 5120	
		Yama 12:38PM – 2:05PM	Brahma Until 11:59AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:26PM			Moon 2 - Phase 45	
		129373367 <b>Rahu</b> 4:59PM – 6:26PM	Vanija Until 11:09AM	<b>Nataraja:</b> White				3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:38PM</b>	Moon – White				<b>Devaloka Day</b>	
Until 10:27PM				<b>Phalguna-Masi</b>					
Then Routine Work - Prabalarishta Yoga									
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Carcare, Switzerland Sun 19 Sutra 330	
Mesha Rasi: 17.17	Tithi 5	<b>Gulika</b> 2:05PM – 3:33PM	<b>Bharani Until 11:41PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:48AM			Vilamba 5120	
<b>Family Home Evening</b>		Yama 11:10AM – 12:38PM	Indra Until 11:34AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:27PM			Moon 2 - Phase 45	
		129373367 <b>Rahu</b> 8:16AM – 9:43AM	Bava Until 12:01PM	<b>Nataraja:</b> White				3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 12:16AM Tue</b>	Moon – White				<b>Devaloka Day</b>	
Until 11:41PM				<b>Phalguna-Masi</b>					
Then Routine Work - Marana Yoga									
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Carcare, Switzerland Sun 20 Sutra 331	
Vrishabha Rasi: 0.02	Tithi 6	<b>Gulika</b> 12:38PM – 2:05PM	<b>Krittika Until 12:17AM Wed</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:46AM			Vilamba 5120	
		Yama 9:42AM – 11:10AM	Vaidhriti* Until 10:45AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:29PM			Moon 2 - Phase 45	
		129373367 <b>Rahu</b> 3:33PM – 5:01PM	Kaulava Until 12:25PM	<b>Nataraja:</b> White				3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 12:24AM Wed</b>	Moon – White				<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>					
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Carcare, Switzerland Sun 21 Sutra 332	
Vrishabha Rasi: 13.01	Tithi 7	<b>Gulika</b> 11:09AM – 12:37PM	<b>Rohini Until 12:39AM Thu</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:45AM			Vilamba 5120	
		Yama 8:13AM – 9:41AM	Vishkambha* Until 9:33AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:30PM			Moon 2 - Phase 45	
		131373367 <b>Rahu</b> 12:37PM – 2:05PM	Gara Until 12:17PM	<b>Nataraja:</b> White				3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 11:59PM</b>	Moon – Yellow				<b>Sivaloka Day</b>	
Until 12:39AM Thu				<b>Phalguna-Masi</b>					
Then Routine Work - Marana Yoga									
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Carcare, Switzerland Sun 22 Sutra 333	
Vrishabha Rasi: 26.19	Tithi 8	<b>Gulika</b> 9:40AM – 11:08AM	<b>Mrigashira Until 12:15AM Fri</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:43AM			Vilamba 5120	
		Yama 6:43AM – 8:11AM	Priti Until 7:54AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:31PM			Moon 2 - Phase 45	
		131373367 <b>Rahu</b> 2:06PM – 3:34PM	Visti Until 11:33AM	<b>Nataraja:</b> White				Ashtami	
Routine Work	Marana Yoga		<b>Ashtami* Until 10:56PM</b>	Moon – Yellow				<b>Sivaloka Day</b>	
Until 12:15AM Fri				<b>Phalguna-Masi</b>					
Then Creative Work - Siddha Yoga									
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Carcare, Switzerland Sun 23 Sutra 334	
Mithuna Rasi: 9.57	Tithi 9	<b>Gulika</b> 8:10AM – 9:39AM	<b>Ardra Until 11:07PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:41AM			Vilamba 5120	
		Yama 3:35PM – 5:04PM	Saubhagya Until 3:05AM Sat	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:33PM			Moon 2 - Phase 45	
		131373368 <b>Rahu</b> 11:08AM – 12:37PM	Balava Until 10:12AM	<b>Nataraja:</b> Clear				Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 9:17PM</b>	Moon – Yellow				<b>Subha Sivaloka Day</b>	
		<b>Karadaiyan Nombu (Tamil Nadu)</b>		<b>Phalguna-Panguni</b>					


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Carcare, Switzerland Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 23.58	Tithi 10	<b>Gulika</b> 6:39AM – 8:08AM	<b>Punarvasu</b> Until 9:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	
			Yama 2:06PM – 3:35PM	Sobhana Until 12:00AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:38AM – 11:07AM	Taitila Until 8:14AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 7:02PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 8.21	Tithi 11 – 12	<b>Gulika</b> 3:36PM – 5:05PM	<b>Pushya</b> Until 7:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	
			Yama 12:36PM – 2:06PM	Athiganda* Until 8:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 5:05PM – 6:35PM	Bava Until 2:45AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 4:16PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 23.04	Tithi 12 – 13	<b>Gulika</b> 2:06PM – 3:36PM	<b>Ashlesha*</b> Until 5:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM	
	<b>Family Home Evening</b>		Yama 11:06AM – 12:36PM	Sukarma Until 4:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 8:06AM – 9:36AM	Kaulava Until 11:26PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 1:07PM	Moon – Blue		<b>Sivaloka Day</b>	
			<b>Yogaswami Mahasamadhi</b>	<b>Phalguna-Panguni</b>			
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 8.01	Tithi 13 – 14	<b>Gulika</b> 12:36PM – 2:06PM	<b>Magha*</b> Until 2:27PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	
			Yama 9:35AM – 11:05AM	Dhriti Until 12:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:37PM – 5:07PM	Gara Until 7:56PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 9:41AM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Carcare, Switzerland Sutra 339 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:04AM – 12:35PM	<b>Purvaphalguni</b> Until 11:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	
	Simha Rasi: 23.05	Tithi 14 – 15	Yama 8:03AM – 9:34AM	Shula* Until 8:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:35PM – 2:06PM	Bava Until 2:37AM Thu	<b>Nataraja:</b> Clear		Purnima
			<b>Chaturdashi*</b> Until 6:08AM	Moon – Red		<b>Subha Sivaloka Day</b>	
			<b>Panguni Uttiram</b>	<b>Phalguna-Panguni</b>			
			<b>Holi</b>	<i>Holi</i>			

<b>5</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Carcare, Switzerland Sutra 340 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:33AM – 11:04AM	<b>Uttaraphalguni</b> Until 8:50AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	
	Kanya Rasi: 8.08	Tithi 16	Yama 6:30AM – 8:01AM	Vriddhi Until 12:41AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 46
			151383368 <b>Rahu</b> 2:06PM – 3:38PM	Balava Until 12:57PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 11:19PM	Moon – Red		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			
				<i>Prathama Vrata</i>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland  
Sun 1 Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Kanya Rasi: 22.59 Tithi 17  
161383368  
Creative Work Amrita Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

**Gulika** 8:00AM – 9:31AM  
Yama 3:38PM – 5:10PM  
**Rahu** 11:03AM – 12:35PM

**Hasta** Until 6:33AM  
Dhruva Until 9:08PM  
Taitila Until 9:49AM  
**Dvitiya** Until 8:24PM

**Ganesha:** Yellow *Sunrise:* 6:28AM  
**Muruqa:** White *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

**Devaloka Day**

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Carcare, Switzerland  
Sun 2 Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Tula Rasi: 7.31 Tithi 18  
162383368  
Creative Work Siddha Yoga  
Until 3:02AM Sun  
Then Routine Work - Marana Yoga

**Gulika** 6:26AM – 7:58AM  
Yama 2:06PM – 3:38PM  
**Rahu** 9:30AM – 11:02AM

**Svati** Until 3:02AM Sun  
Vyaghata\* Until 6:03PM  
Vanija Until 7:09AM  
**Tritiya** Until 6:02PM

**Ganesha:** Blue *Sunrise:* 6:26AM  
**Muruqa:** White *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland  
Sun 3 Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Tula Rasi: 21.38 Tithi 19 – 20  
172383368  
Routine Work Marana Yoga  
Until 2:31AM Mon  
Then Creative Work - Siddha Yoga

**Gulika** 3:39PM – 5:11PM  
Yama 12:34PM – 2:07PM  
**Rahu** 5:11PM – 6:44PM

**Vishakha** Until 2:31AM Mon  
Harshana Until 3:33PM  
Kaulava Until 3:50AM Mon  
**Chaturthi\*** Until 4:21PM

**Ganesha:** Red *Sunrise:* 6:25AM  
**Muruqa:** White *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland  
Sun 4 Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Vrischika Rasi: 5.16 Tithi 20 – 21  
172383368  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 2:43AM Tue  
Then Routine Work - Marana Yoga

**Gulika** 2:07PM – 3:39PM  
Yama 11:01AM – 12:34PM  
**Rahu** 7:55AM – 9:28AM

**Anuradha** Until 2:43AM Tue  
Vajra\* Until 1:41PM  
Gara Until 3:24AM Tue  
**Panchami** Until 3:29PM

**Ganesha:** Red *Sunrise:* 6:23AM  
**Muruqa:** White *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland  
Sun 5 Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Vrischika Rasi: 18.26 Tithi 21 – 22  
172383368  
Routine Work Marana Yoga

**Gulika** 12:34PM – 2:07PM  
Yama 9:27AM – 11:00AM  
**Rahu** 3:40PM – 5:13PM

**Jyeshtha\*** Until 3:37AM Wed  
Siddhi Until 12:31PM  
Visti Until 3:52AM Wed  
**Shashthi\*** Until 3:30PM

**Ganesha:** Red *Sunrise:* 6:21AM  
**Muruqa:** White *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

**Devaloka Day**

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland  
Sun 6 Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Dhanus Rasi: 1.09 Tithi 22 – 23  
182383368  
Routine Work Marana Yoga  
Until 5:38AM Thu  
Then Creative Work - Siddha Yoga

**Gulika** 11:00AM – 12:33PM  
Yama 7:53AM – 9:26AM  
**Rahu** 12:33PM – 2:07PM

**Mula\*** Until 5:38AM Thu  
Vyatipata\* Until 12:02PM  
Balava Until 5:10AM Thu  
**Saptami** Until 4:24PM

**Ganesha:** Green *Sunrise:* 6:19AM  
**Muruqa:** White *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**D**

**Thursday, March 28, 2019**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Ashtamyam Titau

Carcare, Switzerland  
Sun 7 Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

Dhanus Rasi: 13.3 Tithi 23  
182383368  
Creative Work Siddha Yoga  
Until 8:10AM Fri  
Then Routine Work - Marana Yoga

**Gulika** 9:25AM – 10:59AM  
Yama 6:17AM – 7:51AM  
**Rahu** 2:07PM – 3:41PM

**Purvashadha\*** Until 8:10AM Fri  
Variyan Until 12:09PM  
Kaulava Until 6:04PM  
**Ashtami\*** Until 6:04PM

**Ganesha:** Green *Sunrise:* 6:17AM  
**Muruqa:** White *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland  
Sun 8 Sutra 348  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

Dhanus Rasi: 25.35 Tithi 24  
182383468  
Routine Work Prabalarishta Yoga  
Until 8:10AM  
Then Routine Work - Marana Yoga

**Gulika** 7:50AM – 9:24AM  
Yama 3:41PM – 5:16PM  
**Rahu** 10:58AM – 12:33PM

**Purvashadha\*** Until 8:10AM  
Parigha\* Until 12:45PM  
Taitila Until 7:09AM  
**Navami\*** Until 8:19PM

**Ganesha:** Green *Sunrise:* 6:15AM  
**Muruqa:** Yellow *Sunset:* 6:50PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Phalguna-Panguni**

**Devaloka Day**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Dashamyam Titau		Carcare, Switzerland Sun 9 Sutra 349	
Makara Rasi: 7.28	Tithi 25	<b>Gulika</b> 6:13AM – 7:48AM	<b>Uttarashadha</b> Until 10:57AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:13AM	Vilamba 5120	
		Yama 2:07PM – 3:42PM	Shiva Until 1:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 48	
		182383468 <b>Rahu</b> 9:23AM – 10:58AM	Vanija Until 9:36AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:54PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:57AM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Carcare, Switzerland Sun 10 Sutra 350	
Makara Rasi: 19.16	Tithi 26	<b>Gulika</b> 3:42PM – 5:17PM	<b>Shravana</b> Until 2:17PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:12AM	Vilamba 5120	
		Yama 12:32PM – 2:07PM	Siddha Until 2:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 48	
		192383468 <b>Rahu</b> 5:17PM – 6:52PM	Bava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 1:36AM Mon	Moon – Purple		<b>Sivaloka Day</b>	
Until 2:17PM				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Carcare, Switzerland Sun 11 Sutra 351	
Kumbha Rasi: 1.02	Tithi 27	<b>Gulika</b> 2:07PM – 3:42PM	<b>Dhanishtha</b> Until 5:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:12AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:57AM – 12:32PM	Sadhya Until 3:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 48	
		192483468 <b>Rahu</b> 7:47AM – 9:22AM	Kaulava Until 2:56PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 4:11AM Tue	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Carcare, Switzerland Sun 12 Sutra 352	
Kumbha Rasi: 12.52	Tithi 28	<b>Gulika</b> 12:32PM – 2:07PM	<b>Shatabhishak</b> Until 8:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:10AM	Vilamba 5120	
		Yama 9:21AM – 10:56AM	Subha Until 4:41PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 48	
		192483468 <b>Rahu</b> 3:43PM – 5:18PM	Gara Until 5:23PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 6:28AM Wed	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 13 Sutra 353	
Kumbha Rasi: 24.49	Tithi 28 – 29	<b>Gulika</b> 10:56AM – 12:31PM	<b>Purvaproshtapada*</b> Until 10:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:08AM	Vilamba 5120	
		Yama 7:44AM – 9:20AM	Sukla Until 5:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 48	
		112483468 <b>Rahu</b> 12:31PM – 2:07PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 6:28AM	Moon – Clear		<b>Sivaloka Day</b>	
Until 10:55PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Carcare, Switzerland Sun 14 Sutra 354	
Meena Rasi: 6.55	Tithi 29 – 30	<b>Gulika</b> 9:19AM – 10:55AM	<b>Uttaraproshtapada</b> Until 1:06AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:06AM	Vilamba 5120	
		Yama 6:06AM – 7:42AM	Brahma Until 5:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 48	
		112483468 <b>Rahu</b> 2:07PM – 3:44PM	Catuspada Until 9:11PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:22AM	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Carcare, Switzerland Sun 15 Sutra 355	
Meena Rasi: 19.11	Tithi 30 – 1	<b>Gulika</b> 7:41AM – 9:18AM	<b>Revati</b> Until 2:42AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:04AM	Vilamba 5120	
		Yama 3:44PM – 5:21PM	Indra Until 5:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48	
		112483468 <b>Rahu</b> 10:54AM – 12:31PM	Kintughna Until 10:27PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 9:51AM	Moon – Clear		<b>Sivaloka Day</b>	
		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>			

<b>1</b>	<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sun 16 Sutra 356 Vilamba 5120
	Mesha Rasi: 1.38	Tithi 1 – 2	<b>Gulika</b> 6:03AM – 7:40AM Yama 2:07PM – 3:44PM 123483468 <b>Rahu</b> 9:17AM – 10:54AM	<b>Ashvini Until 4:13AM Sun</b> Vaidhriti* Until 5:15PM Balava Until 11:17PM <b>Prathama* Until 10:54AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 6:58PM	Moon 3 - Phase 49 3rd Phase
	Creative Work	Siddha Yoga	Chellappaswami Mahasamadhi	Prathama* Until 10:54AM	Chaitra-Panguni	<b>Devaloka Day</b>	
	Until 4:13AM Sun Then Routine Work - Prabalarishta Yoga						

<b>2</b>	<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Carcare, Switzerland Sun 17 Sutra 357 Vilamba 5120
	Mesha Rasi: 14.16	Tithi 2 – 3	<b>Gulika</b> 3:45PM – 5:22PM Yama 12:30PM – 2:08PM 123483468 <b>Rahu</b> 5:22PM – 7:00PM	<b>Bharani Until 5:12AM Mon</b> Vishkambha* Until 4:36PM Taitila Until 11:42PM <b>Dvitiya Until 11:31AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 6:01AM <b>Sunset:</b> 7:00PM	Moon 3 - Phase 49 3rd Phase
	Routine Work	Prabalarishta Yoga		Dvitiya Until 11:31AM	Chaitra-Panguni	<b>Devaloka Day</b>	
	Until 5:12AM Mon Then Routine Work - Marana Yoga						

<b>3</b>	<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Carcare, Switzerland Sun 18 Sutra 358 Vilamba 5120
	Mesha Rasi: 27.05	Tithi 3 – 4	<b>Gulika</b> 2:08PM – 3:45PM Yama 10:52AM – 12:30PM 123483468 <b>Rahu</b> 7:37AM – 9:14AM	<b>Krittika Until 5:39AM Tue</b> Priti Until 3:40PM Vanija Until 11:45PM <b>Tritiya Until 11:45AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 7:01PM	Moon 3 - Phase 49 3rd Phase
	Family Home Evening	Marana Yoga		Tritiya Until 11:45AM	Chaitra-Panguni	<b>Devaloka Day</b>	
	Until 5:39AM Tue Then Creative Work - Amrita Yoga						

<b>4</b>	<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Carcare, Switzerland Sun 19 Sutra 359 Vilamba 5120
	Vrishabha Rasi: 10.05	Tithi 4 – 5	<b>Gulika</b> 12:30PM – 2:08PM Yama 9:13AM – 10:52AM 133483468 <b>Rahu</b> 3:46PM – 5:24PM	<b>Rohini Until 6:03AM Wed</b> Ayushman Until 2:25PM Bava Until 11:26PM <b>Chaturthi* Until 11:37AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 7:02PM	Moon 3 - Phase 49 3rd Phase
	Creative Work	Amrita Yoga		Chaturthi* Until 11:37AM	Chaitra-Panguni	<b>Sivaloka Day</b>	
	Until 6:03AM Wed Then Creative Work - Siddha Yoga						

<b>5</b>	<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Carcare, Switzerland Sun 20 Sutra 360 Vilamba 5120
	Vrishabha Rasi: 23.17	Tithi 5 – 6	<b>Gulika</b> 10:51AM – 12:29PM Yama 7:34AM – 9:12AM 133483468 <b>Rahu</b> 12:29PM – 2:08PM	<b>Rohini Until 6:03AM</b> Saubhagya Until 12:53PM Kaulava Until 10:44PM <b>Panchami Until 11:07AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 5:55AM <b>Sunset:</b> 7:03PM	Moon 3 - Phase 49 3rd Phase
	Creative Work	Siddha Yoga		Panchami Until 11:07AM	Chaitra-Panguni	<b>Sivaloka Day</b>	
	Until 6:03AM Wed Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 21 Sutra 361 Vilamba 5120
	Mithuna Rasi: 6.41	Tithi 6 – 7	<b>Gulika</b> 9:11AM – 10:50AM Yama 5:54AM – 7:33AM 133483468 <b>Rahu</b> 2:08PM – 3:47PM	<b>Ardra Until 5:16AM Fri</b> Sobhana Until 11:04AM Gara Until 9:39PM <b>Shashthi* Until 10:14AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 7:05PM	Moon 3 - Phase 49 3rd Phase
	Routine Work	Marana Yoga		Shashthi* Until 10:14AM	Chaitra-Panguni	<b>Sivaloka Day</b>	
	Until 5:16AM Fri Then Creative Work - Siddha Yoga						

<b>☾</b>	<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 22 Sutra 362 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 7:31AM – 9:10AM Yama 3:47PM – 5:27PM 143483468 <b>Rahu</b> 10:50AM – 12:29PM	<b>Punarvasu Until 4:29AM Sat</b> Athiganda* Until 8:53AM Visti Until 8:08PM <b>Saptami Until 8:56AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Blue	<b>Sunrise:</b> 5:52AM <b>Sunset:</b> 7:06PM	Moon 3 - Phase 49 Ashtami
	Creative Work	Siddha Yoga		Saptami Until 8:56AM	Chaitra-Panguni	<b>Devaloka Day</b>	
	Until 4:29AM Sat Then Creative Work - Siddha Yoga						

<b>☽</b>	<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 23 Sutra 363 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 5:50AM – 7:30AM Yama 2:08PM – 3:48PM 143483468 <b>Rahu</b> 9:09AM – 10:49AM	<b>Pushya Until 3:09AM Sun</b> Sukarma Until 6:23AM Balava Until 6:13PM <b>Ashtami* Until 7:13AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Blue	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 7:07PM	Moon 3 - Phase 49 Navami
	Creative Work	Siddha Yoga	Sri Rama Navami	Ashtami* Until 7:13AM	Chaitra-Panguni	<b>Devaloka Day</b>	
	Until 3:09AM Sun Then Creative Work - Siddha Yoga						

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau			Carcare, Switzerland Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 18.21	Tithi 10	<b>Gulika</b> 3:48PM – 5:28PM	<b>Ashlesha* Until 1:19AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:48AM	
		Yama 12:28PM – 2:08PM	Shula* Until 12:27AM Mon	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:08PM	Moon 3 - Phase 1
		143483468 <b>Rahu</b> 5:28PM – 7:08PM	Taitila Until 3:55PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga				Moon – Blue	<b>Devaloka Day</b>
Until 1:19AM Mon			<b>Dashami Until 2:37AM Mon</b>	<b>Chaitra*Chaitra</b>	
Then Routine Work - Marana Yoga		<b>Tamil New Year</b>			

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau			Carcare, Switzerland Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 2.44	Tithi 11	<b>Gulika</b> 2:08PM – 3:49PM	<b>Magha* Until 11:27PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:47AM	
<b>Family Home Evening</b>		Yama 10:48AM – 12:28PM	Ganda* Until 9:05PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:09PM	Moon 3 - Phase 1
Routine Work Marana Yoga		253483468 <b>Rahu</b> 7:27AM – 9:07AM	Vanija Until 1:16PM	<b>Nataraja:</b> Purple	4th Phase
Until 11:27PM			<b>Ekadashi Until 11:50PM</b>	Moon – Red	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau			Carcare, Switzerland Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 17.19	Tithi 12	<b>Gulika</b> 12:28PM – 2:08PM	<b>Purvaphalguni Until 9:16PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:45AM	
		Yama 9:06AM – 10:47AM	Vriddhi Until 5:33PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:11PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 3:49PM – 5:30PM	Bava Until 10:23AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Dvodashi Until 8:52PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 9:16PM				<b>Chaitra*Chaitra</b>	
Then Creative Work - Amrita Yoga					

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau			Carcare, Switzerland Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 2.01	Tithi 13 – 14	<b>Gulika</b> 10:46AM – 12:28PM	<b>Uttaraphalguni Until 6:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM	
		Yama 7:24AM – 9:05AM	Dhruva Until 1:56PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:12PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 12:28PM – 2:09PM	Kaulava Until 7:22AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work Amrita Yoga			<b>Trayodashi Until 5:50PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 6:53PM				<b>Chaitra*Chaitra</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		

<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Carcare, Switzerland Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:04AM – 10:46AM	<b>Hasta Until 4:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:42AM	
Kanya Rasi: 16.42	Tithi 14 – 15	Yama 5:42AM – 7:23AM	Vyaghata* Until 10:22AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:13PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 2:09PM – 3:50PM	Visti Until 1:30AM Fri	<b>Nataraja:</b> Purple	Purnima
Routine Work Marana Yoga			<b>Chaturdashi* Until 2:53PM</b>	Moon – Green	<b>Sivaloka Day</b>
Until 4:51PM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>	
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>			

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Carcare, Switzerland Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:22AM – 9:03AM	<b>Chitra Until 2:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:40AM	
Tula Rasi: 1.17	Tithi 15 – 16	Yama 3:51PM – 5:32PM	Harshana Until 6:59AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:14PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 10:45AM – 12:27PM	Balava Until 10:57PM	<b>Nataraja:</b> Purple	Prathama
Creative Work Siddha Yoga			<b>Purnima* Until 12:09PM</b>	Moon – Green	<b>Sivaloka Day</b>
				<b>Chaitra*Chaitra</b>	