



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Vishakha/Anuradha Nakshatra Vyalipata/Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau

Adana, Turkey
Sutra 16

Tula Rasi: 29.58 Tithi 17

273832369

Gulika 11:37AM – 1:19PM
Yama 8:11AM – 9:54AM
Rahu 3:02PM – 4:45PM

Vishakha Until 12:23PM
Vyatipata* Until 6:06AM
Taitila Until 3:40PM
Dvitiya Until 4:09AM Wed

Ganesha: Purple *Sunrise: 4:46AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga

Until 12:23PM

Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Adana, Turkey
Sun 1 Sutra 17

Vischika Rasi: 12.29 Tithi 18

273832369

Gulika 9:54AM – 11:37AM
Yama 6:27AM – 8:10AM
Rahu 11:37AM – 1:20PM

Anuradha Until 2:05PM
Parigha* Until 5:56AM Thu
Vanija Until 4:49PM
Tritiya Until 5:34AM Thu

Ganesha: Purple *Sunrise: 4:44AM*
Muruqa: White *Sunset: 6:29PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava Karana Chaturthayam Titau

Adana, Turkey
Sun 2 Sutra 18

Vischika Rasi: 24.47 Tithi 19

274832369

Gulika 8:10AM – 9:53AM
Yama 4:43AM – 6:27AM
Rahu 1:20PM – 3:03PM

Jyeshtha* Until 4:08PM
Shiva Until 6:28AM Fri
Bava Until 6:30PM
Chaturthi* Until 7:30AM Fri

Ganesha: Clear *Sunrise: 4:43AM*
Muruqa: White *Sunset: 6:30PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga

Until 4:08PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey
Sun 3 Sutra 19

Dhanus Rasi: 6.52 Tithi 19 – 20

284832369

Gulika 6:26AM – 8:09AM
Yama 3:03PM – 4:47PM
Rahu 9:53AM – 11:36AM

Mula* Until 6:59PM
Shiva Until 6:28AM
Kaulava Until 8:39PM
Chaturthi* Until 7:30AM

Ganesha: White *Sunrise: 4:42AM*
Muruqa: White *Sunset: 6:30PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 6:59PM

Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey
Sun 4 Sutra 20

Dhanus Rasi: 18.47 Tithi 20 – 21

284832369

Gulika 4:41AM – 6:25AM
Yama 1:20PM – 3:04PM
Rahu 8:09AM – 9:52AM

Purvashadha* Until 9:59PM
Siddha Until 7:17AM
Gara Until 11:07PM
Panchami Until 9:50AM

Ganesha: White *Sunrise: 4:41AM*
Muruqa: White *Sunset: 6:31PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Until 9:59PM

Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey
Sun 5 Sutra 21

Makara Rasi: 1 Tithi 21 – 22

284832369

Gulika 3:04PM – 4:48PM
Yama 11:36AM – 1:20PM
Rahu 4:48PM – 6:32PM

Uttarashadha Until 12:55AM Mon
Sadhya Until 8:18AM
Visti Until 1:42AM Mon
Shashthi* Until 12:23PM

Ganesha: White *Sunrise: 4:40AM*
Muruqa: White *Sunset: 6:32PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey
Sun 6 Sutra 22

Makara Rasi: 12.25 Tithi 22 – 23

294832369

Gulika 1:20PM – 3:05PM
Yama 9:52AM – 11:36AM
Rahu 6:23AM – 8:08AM

Shravana Until 4:04AM Tue
Subha Until 9:22AM
Balava Until 4:08AM Tue
Saptami Until 2:56PM

Ganesha: Yellow *Sunrise: 4:39AM*
Muruqa: White *Sunset: 6:33PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Amrita Yoga

Until 4:04AM Tue

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey
Sun 7 Sutra 23

Makara Rasi: 24.17 Tithi 23 – 24

294832369

Gulika 11:36AM – 1:21PM
Yama 8:07AM – 9:52AM
Rahu 3:05PM – 4:49PM

Dhanishtha Until 6:40AM Wed
Sukla Until 10:14AM
Taitila Until 6:10AM Wed
Ashtami* Until 5:12PM

Ganesha: Yellow *Sunrise: 4:38AM*
Muruqa: White *Sunset: 6:34PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

1		Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Adana, Turkey Sun 16 Sutra 32 Vilamba 5120	
Vrishabha Rasi: 24.58	Tithi 2 – 3	Gulika 8:03AM – 9:49AM	Mrigashira Until 1:05AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:30AM		Muruqa: White <i>Sunset:</i> 6:42PM	Moon 4 - Phase 5
		Yama 4:30AM – 6:16AM	Sukarma Until 3:34PM	Nataraja: Purple			3rd Phase
		235932369 Rahu 1:22PM – 3:09PM	Taitila Until 6:30PM	Moon – Yellow		Bhuloka Day	
Routine Work	Marana Yoga		Dvitiya Until 8:01AM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		
Until 1:05AM Fri							
Then Creative Work - Siddha Yoga							

2		Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau		Adana, Turkey Sun 17 Sutra 33 Vilamba 5120	
Mithuna Rasi: 9.4	Tithi 4	Gulika 6:16AM – 8:03AM	Ardra Until 10:46PM	Ganesha: Yellow <i>Sunrise:</i> 4:29AM		Muruqa: White <i>Sunset:</i> 6:42PM	Moon 4 - Phase 5
		Yama 3:09PM – 4:56PM	Dhriti Until 12:00PM	Nataraja: Purple			3rd Phase
		235932369 Rahu 9:49AM – 11:36AM	Vanija Until 3:29PM	Moon – Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Chaturthi* Until 2:00AM Sat	Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

3		Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Adana, Turkey Sun 18 Sutra 34 Vilamba 5120	
Mithuna Rasi: 24.18	Tithi 5	Gulika 4:29AM – 6:15AM	Punarvasu Until 8:55PM	Ganesha: White <i>Sunrise:</i> 4:29AM		Muruqa: White <i>Sunset:</i> 6:43PM	Moon 4 - Phase 5
		Yama 1:23PM – 3:10PM	Shula* Until 8:32AM	Nataraja: Purple			3rd Phase
		245932369 Rahu 8:02AM – 9:49AM	Bava Until 12:37PM	Moon – Blue		Devaloka Day	
Creative Work	Siddha Yoga		Panchami Until 11:15PM	Jyeshtha Adhika-Vaikasi			

4		Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Adana, Turkey Sun 19 Sutra 35 Vilamba 5120	
Kataka Rasi: 8.47	Tithi 6	Gulika 3:10PM – 4:57PM	Pushya Until 7:13PM	Ganesha: White <i>Sunrise:</i> 4:28AM		Muruqa: White <i>Sunset:</i> 6:44PM	Moon 4 - Phase 5
		Yama 11:36AM – 1:23PM	Vriddhi Until 2:17AM Mon	Nataraja: Purple			3rd Phase
		245932369 Rahu 4:57PM – 6:44PM	Kaulava Until 10:00AM	Moon – Blue		Devaloka Day	
Creative Work	Siddha Yoga		Shashthi* Until 8:48PM	Jyeshtha Adhika-Vaikasi			

5		Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Adana, Turkey Sun 20 Sutra 36 Vilamba 5120	
Kataka Rasi: 23.02	Tithi 7	Gulika 1:23PM – 3:10PM	Ashlesha* Until 5:44PM	Ganesha: White <i>Sunrise:</i> 4:27AM		Muruqa: White <i>Sunset:</i> 6:45PM	Moon 4 - Phase 5
Family Home Evening		Yama 9:49AM – 11:36AM	Dhruva Until 11:35PM	Nataraja: Purple			3rd Phase
		245932369 Rahu 6:14AM – 8:02AM	Gara Until 7:43AM	Moon – Blue		Devaloka Day	
Creative Work	Siddha Yoga		Saptami Until 6:42PM	Jyeshtha Adhika-Vaikasi			
Until 5:44PM							
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Adana, Turkey Sun 21 Sutra 37 Vilamba 5120	
Simha Rasi: 7.02	Tithi 8 – 9	Gulika 11:36AM – 1:23PM	Magha* Until 4:55PM	Ganesha: Clear <i>Sunrise:</i> 4:26AM		Muruqa: White <i>Sunset:</i> 6:46PM	Moon 4 - Phase 5
		Yama 8:01AM – 9:49AM	Vyaghata* Until 9:13PM	Nataraja: Purple			Ashtami
		255932369 Rahu 3:11PM – 4:58PM	Balava Until 4:19AM Wed	Moon – Red		Bhuloka Day	
Creative Work	Siddha Yoga		Ashtami* Until 5:00PM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

Retreat Star		Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Adana, Turkey Sun 22 Sutra 38 Vilamba 5120	
Simha Rasi: 20.47	Tithi 9 – 10	Gulika 9:49AM – 11:36AM	Purvaphalguni Until 4:23PM	Ganesha: Clear <i>Sunrise:</i> 4:26AM		Muruqa: White <i>Sunset:</i> 6:46PM	Moon 4 - Phase 5
		Yama 6:13AM – 8:01AM	Harshana Until 7:12PM	Nataraja: Purple			Navami
		255932369 Rahu 11:36AM – 1:24PM	Taitila Until 3:13AM Thu	Moon – Red		Bhuloka Day	
Creative Work	Amrita Yoga		Navami* Until 3:42PM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


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1	Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey Sun 23 Sutra 39
	Kanya Rasi: 4.18	Tithi 10 – 11	Gulika 8:01AM – 9:48AM Yama 4:25AM – 6:13AM Rahu 1:24PM – 3:12PM	Uttaraphalguni Until 4:05PM Vajra* Until 5:28PM Vanija Until 2:31AM Fri Dashami Until 2:48PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Red	<i>Sunrise:</i> 4:25AM <i>Sunset:</i> 6:47PM	Vilamba 5120 Moon 4 - Phase 6 4th Phase
Amrita Yoga				Bhuloka Day		Devaloka Time: 9:AM to 12:PM	
Until 4:05PM							
Then Routine Work - Marana Yoga							

2	Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatiyata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 24 Sutra 40
	Kanya Rasi: 17.35	Tithi 11 – 12	Gulika 6:13AM – 8:00AM Yama 3:12PM – 5:00PM Rahu 9:48AM – 11:36AM	Hasta Until 4:28PM Siddhi Until 4:04PM Bava Until 2:12AM Sat Ekadashi Until 2:18PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Green	<i>Sunrise:</i> 4:25AM <i>Sunset:</i> 6:49PM	Vilamba 5120 Moon 4 - Phase 6 4th Phase
Creative Work Amrita Yoga				Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
Until 4:28PM							
Then Creative Work - Siddha Yoga							

3	Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 25 Sutra 41
	Tula Rasi: 0.41	Tithi 12 – 13	Gulika 4:24AM – 6:12AM Yama 1:24PM – 3:13PM Rahu 8:00AM – 9:48AM	Chitra Until 5:05PM Vyatipata* Until 2:59PM Kaulava Until 2:17AM Sun Dvadashi Until 2:11PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Green	<i>Sunrise:</i> 4:24AM <i>Sunset:</i> 6:49PM	Vilamba 5120 Moon 4 - Phase 6 4th Phase
Routine Work Marana Yoga				Bhuloka Day			
Until 5:05PM							
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

4	Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 26 Sutra 42
	Tula Rasi: 13.34	Tithi 13 – 14	Gulika 3:13PM – 5:01PM Yama 11:37AM – 1:25PM Rahu 5:01PM – 6:50PM	Svati Until 5:56PM Varyan Until 2:11PM Gara Until 2:46AM Mon Trayodashi Until 2:27PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Green	<i>Sunrise:</i> 4:24AM <i>Sunset:</i> 6:50PM	Vilamba 5120 Moon 4 - Phase 6 4th Phase
Creative Work Siddha Yoga				Bhuloka Day			
Until 5:56PM							
Then Routine Work - Marana Yoga							

	Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey Sun 27 Sutra 43
	Tula Rasi: 26.16	Tithi 14 – 15	Gulika 1:25PM – 3:13PM Yama 9:48AM – 11:37AM Rahu 6:11AM – 8:00AM	Vishakha Until 7:30PM Parigha* Until 1:44PM Vistil Until 3:41AM Tue Chaturdashi* Until 3:09PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 4:23AM <i>Sunset:</i> 6:50PM	Vilamba 5120 Moon 4 - Phase 6 Purnima
Family Home Evening				Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
Routine Work Marana Yoga							
Until 7:30PM							
Then Creative Work - Siddha Yoga							

	Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey Sun 28 Sutra 44
	Vrischika Rasi: 8.46	Tithi 15 – 16	Gulika 11:37AM – 1:25PM Yama 8:00AM – 9:48AM Rahu 3:14PM – 5:02PM	Anuradha Until 9:22PM Shiva Until 1:39PM Balava Until 5:03AM Wed Purnima* Until 4:17PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 4:23AM <i>Sunset:</i> 6:51PM	Vilamba 5120 Moon 4 - Phase 6 Prathama
Creative Work Siddha Yoga				Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
Until 9:22PM							
Then Routine Work - Marana Yoga							



Wednesday, May 30, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Adana, Turkey
Sutra 45

Vrischika Rasi: 21.04 Tithi 16 – 17

376932369

Gulika 9:48AM – 11:37AM
Yama 6:11AM – 7:59AM
Rahu 11:37AM – 1:26PM

Jyeshtha* Until 11:29PM
Siddha Until 1:53PM
Taitila Until 6:51AM Thu
Prathama* Until 5:52PM

Ganesha: Clear *Sunrise:* 4:22AM
Muruqa: White *Sunset:* 6:52PM

Nataraja: Purple
Moon – Orange
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 11:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey
Sun 1 Sutra 46

Dhanus Rasi: 3.11 Tithi 17

386932369

Gulika 7:59AM – 9:48AM
Yama 4:22AM – 6:11AM
Rahu 1:26PM – 3:15PM

Mula* Until 2:19AM Fri
Sadhya Until 2:27PM
Taitila Until 6:51AM
Dvitiya Until 7:53PM

Ganesha: White *Sunrise:* 4:22AM
Muruqa: White *Sunset:* 6:52PM

Nataraja: Purple
Moon – Light Blue
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 2:19AM Fri

Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Tritiyayam Titau

Adana, Turkey
Sun 2 Sutra 47

Dhanus Rasi: 15.09 Tithi 18

387932369

Gulika 6:10AM – 7:59AM
Yama 3:15PM – 5:04PM
Rahu 9:48AM – 11:37AM

Purvashadha* Until 5:17AM Sat
Subha Until 3:18PM
Vanija Until 9:02AM
Tritiya Until 10:13PM

Ganesha: Yellow *Sunrise:* 4:21AM
Muruqa: White *Sunset:* 6:53PM

Nataraja: Purple
Moon – Light Blue
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 5:17AM Sat

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey
Sun 3 Sutra 48

Dhanus Rasi: 27 Tithi 19

387932369

Gulika 4:21AM – 6:10AM
Yama 1:26PM – 3:15PM
Rahu 7:59AM – 9:48AM

Uttarashadha Until 8:15AM Sun
Sukla Until 4:20PM
Bava Until 11:30AM
Chaturthi* Until 12:47AM Sun

Ganesha: Yellow *Sunrise:* 4:21AM
Muruqa: White *Sunset:* 6:54PM

Nataraja: Purple
Moon – Light Blue
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 8:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey
Sun 4 Sutra 49

Makara Rasi: 8.48 Tithi 20

387932369

Gulika 3:16PM – 5:05PM
Yama 11:37AM – 1:27PM
Rahu 5:05PM – 6:54PM

Uttarashadha Until 8:15AM
Brahma Until 5:27PM
Kaulava Until 2:06PM
Panchami Until 3:22AM Mon

Ganesha: Yellow *Sunrise:* 4:21AM
Muruqa: White *Sunset:* 6:54PM

Nataraja: Purple
Moon – Light Blue
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey
Sun 5 Sutra 50

Makara Rasi: 20.35 Tithi 21

397932369

Gulika 1:27PM – 3:16PM
Yama 9:48AM – 11:38AM
Rahu 6:10AM – 7:59AM

Shravana Until 11:32AM
Indra Until 6:30PM
Gara Until 4:37PM
Shashthi* Until 5:46AM Tue

Ganesha: Blue *Sunrise:* 4:20AM
Muruqa: White *Sunset:* 6:55PM

Nataraja: Purple
Moon – Purple
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 11:32AM

Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti* Karana Saptamyam Titau

Adana, Turkey
Sun 6 Sutra 51

Kumbha Rasi: 2.28 Tithi 22

397132361

Gulika 11:38AM – 1:27PM
Yama 7:59AM – 9:48AM
Rahu 3:17PM – 5:06PM

Dhanishtha Until 2:25PM
Vaidhriti* Until 7:17PM
Visti Until 6:51PM
Saptami Until 7:45AM Wed

Ganesha: Purple *Sunrise:* 4:20AM
Muruqa: White *Sunset:* 6:55PM

Nataraja: White
Moon – Purple
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 2:25PM

Then Routine Work - Marana Yoga

Retreat Star

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Adana, Turkey
Sun 7 Sutra 52

Kumbha Rasi: 14.29 Tithi 22 – 23

397132361

Gulika 9:48AM – 11:38AM
Yama 6:09AM – 7:59AM
Rahu 11:38AM – 1:27PM

Shatabhishak Until 4:39PM
Vishkambha* Until 7:41PM
Balava Until 8:33PM
Saptami Until 7:45AM

Ganesha: Purple *Sunrise:* 4:20AM
Muruqa: White *Sunset:* 6:56PM

Nataraja: White
Moon – Purple
Moon 5 - Phase 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey
Sun 8 Sutra 53

Kumbha Rasi: 26.46 Tithi 23 – 24

317132361

Gulika 7:59AM – 9:48AM
Yama 4:20AM – 6:09AM
Rahu 1:28PM – 3:17PM

Purvaproshtapada* Until 6:33PM
Priti Until 7:33PM
Taitila Until 9:33PM
Ashtami* Until 9:08AM

Ganesha: Blue *Sunrise:* 4:20AM
Muruqa: White *Sunset:* 6:57PM

Nataraja: White
Moon – Clear
Moon 5 - Phase 7
Navami

Devaloka Day

Creative Work Siddha Yoga


1		Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Adana, Turkey Sun 9 Sutra 54
Meena Rasi: 9.23	Tithi 24 – 25	318132361	Gulika Yama Rahu	6:09AM – 7:59AM 3:18PM – 5:07PM 9:49AM – 11:38AM	Uttaraproshtapada Until 7:31PM Ayushman Until 6:45PM Vanija Until 9:44PM Navami* Until 9:44AM	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	Sunrise: 4:19AM Sunset: 6:57PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga								

2		Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Adana, Turkey Sun 10 Sutra 55
Meena Rasi: 22.23	Tithi 25 – 26	318132361	Gulika Yama Rahu	4:19AM – 6:09AM 1:28PM – 3:18PM 7:59AM – 9:49AM	Revati Until 7:29PM Saubhagya Until 5:18PM Bava Until 9:04PM Dashami Until 9:29AM	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	Sunrise: 4:19AM Sunset: 6:57PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Routine Work Prabalarishta Yoga Until 7:29PM Then Creative Work - Siddha Yoga								

3		Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 11 Sutra 56
Mesha Rasi: 5.52	Tithi 26 – 27	328132361	Gulika Yama Rahu	3:18PM – 5:08PM 11:39AM – 1:29PM 5:08PM – 6:58PM	Ashvini Until 6:58PM Sobhana Until 3:13PM Kaulava Until 7:36PM Ekadashi* Until 8:25AM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 4:19AM Sunset: 6:58PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase Bhuloka Day Jyeshtha Adhika-Vaikasi
Creative Work Siddha Yoga Until 6:58PM Then Routine Work - Prabalarishta Yoga								

4		Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 12 Sutra 57
Mesha Rasi: 19.47	Tithi 27 – 28	328132361	Gulika Yama Rahu	1:29PM – 3:19PM 9:49AM – 11:39AM 6:09AM – 7:59AM	Bharani Until 5:35PM Athiganda* Until 12:30PM Vanija Until 4:05AM Tue Dvadashi* Until 6:34AM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 4:19AM Sunset: 6:59PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase Bhuloka Day Jyeshtha Adhika-Vaikasi
Family Home Evening Creative Work Siddha Yoga Until 5:35PM Then Routine Work - Marana Yoga								

5		Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Adana, Turkey Sun 13 Sutra 58
Vrishabha Rasi: 4.08	Tithi 29	328132361	Gulika Yama Rahu	11:39AM – 1:29PM 7:59AM – 9:49AM 3:19PM – 5:09PM	Krittika Until 3:29PM Sukarma Until 9:18AM Visti Until 2:40PM Chaturdashi* Until 1:06AM Wed	Ganesha: Green Muruqa: White Nataraja: White Moon – White	Sunrise: 4:19AM Sunset: 6:59PM	Vilamba 5120 Moon 5 - Phase 8 2nd Phase Bhuloka Day Jyeshtha Adhika-Vaikasi
Creative Work Siddha Yoga Until 3:29PM Then Creative Work - Amrita Yoga								

		Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Adana, Turkey Sun 14 Sutra 59
Retreat Star			Gulika Yama Rahu	9:49AM – 11:39AM 6:09AM – 7:59AM 11:39AM – 1:29PM	Rohini Until 1:15PM Shula* Until 1:52AM Thu Catuspada Until 11:30AM Amavasya* Until 9:47PM	Ganesha: White Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 4:19AM Sunset: 7:00PM	Vilamba 5120 Moon 5 - Phase 8 Amavasya Bhuloka Day Jyeshtha Adhika-Vaikasi
Vrishabha Rasi: 18.5 Tithi 30 Creative Work Siddha Yoga								

Thursdays, June 14, 2018		Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Adana, Turkey Sun 15 Sutra 60
Mithuna Rasi: 3.46	Tithi 1	339132361	Gulika Yama Rahu	7:59AM – 9:49AM 4:19AM – 6:09AM 1:30PM – 3:20PM	Mrigashira Until 10:37AM Ganda* Until 9:53PM Kintughna Until 8:03AM Prathama* Until 6:16PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 4:19AM Sunset: 7:00PM	Vilamba 5120 Moon 5 - Phase 8 Prathama Bhuloka Day Devaloka Time: 9:AM to 12:PM Jyeshtha-Vaikasi
Routine Work Marana Yoga								

1	Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Adana, Turkey	
	Mithuna Rasi: 18.48	Tithi 2 – 3					Sun 16 Sutra 61	
			339132361	Gulika 6:09AM – 7:59AM Yama 3:20PM – 5:10PM Rahu 9:50AM – 11:40AM	Ardra Until 7:46AM Vriddhi Until 5:56PM Taitila Until 1:02AM Sat Dvitiya Until 2:44PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Yellow Jyeshtha-Ani	Sunrise: 4:19AM Sunset: 7:00PM	Vilamba 5120 Moon 5 - Phase 9 3rd Phase
	Creative Work	Siddha Yoga						Bhuloka Day Devaloka Time: 9:AM to12:PM

2	Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau				Adana, Turkey	
	Kataka Rasi: 3.47	Tithi 3 – 4					Sun 17 Sutra 62	
			349132361	Gulika 4:19AM – 6:09AM Yama 1:30PM – 3:20PM Rahu 7:59AM – 9:50AM	Pushya Until 2:51AM Sun Dhruva Until 2:05PM Vanija Until 9:44PM Tritiya Until 11:20AM	Ganesha: Orange Muruqa: White Nataraja: White Moon – Blue Jyeshtha-Ani	Sunrise: 4:19AM Sunset: 7:01PM	Vilamba 5120 Moon 5 - Phase 9 3rd Phase
	Creative Work	Siddha Yoga						Bhuloka Day Devaloka Time: 9:AM to12:PM

3	Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Adana, Turkey	
	Kataka Rasi: 18.35	Tithi 4 – 5					Sun 18 Sutra 63	
			349132361	Gulika 3:21PM – 5:11PM Yama 11:40AM – 1:30PM Rahu 5:11PM – 7:01PM	Ashlesha* Until 12:40AM Mon Vyaghata* Until 10:28AM Bava Until 6:46PM Chaturthi* Until 8:11AM	Ganesha: Orange Muruqa: White Nataraja: White Moon – Blue Jyeshtha-Ani	Sunrise: 4:19AM Sunset: 7:01PM	Vilamba 5120 Moon 5 - Phase 9 3rd Phase
	Creative Work	Siddha Yoga		Father's Day				Bhuloka Day Devaloka Time: 9:AM to12:PM

4	Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Adana, Turkey	
	Simha Rasi: 3.06	Tithi 6					Sun 19 Sutra 64	
	Family Home Evening		359132361	Gulika 1:31PM – 3:21PM Yama 9:50AM – 11:40AM Rahu 6:10AM – 8:00AM	Magha* Until 11:14PM Harshana Until 7:13AM Kaulava Until 4:15PM Shashthi* Until 3:09AM Tue	Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani	Sunrise: 4:19AM Sunset: 7:01PM	Vilamba 5120 Moon 5 - Phase 9 3rd Phase
	Routine Work	Marana Yoga						Devaloka Day

5	Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Adana, Turkey	
	Simha Rasi: 17.17	Tithi 7					Sun 20 Sutra 65	
			359132361	Gulika 11:41AM – 1:31PM Yama 8:00AM – 9:50AM Rahu 3:21PM – 5:11PM	Purvaphalguni Until 10:12PM Siddhi Until 1:55AM Wed Gara Until 2:15PM Saptami Until 1:27AM Wed	Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani	Sunrise: 4:19AM Sunset: 7:02PM	Vilamba 5120 Moon 5 - Phase 9 3rd Phase
	Creative Work	Siddha Yoga						Devaloka Day

Retreat Star	Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Adana, Turkey	
	Kanya Rasi: 1.07	Tithi 8					Sun 21 Sutra 66	
			359132361	Gulika 9:50AM – 11:41AM Yama 6:10AM – 8:00AM Rahu 11:41AM – 1:31PM	Uttaraphalguni Until 9:36PM Vyatipata* Until 12:01AM Thu Visti Until 12:49PM Ashtami* Until 12:19AM Thu	Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani	Sunrise: 4:20AM Sunset: 7:02PM	Vilamba 5120 Moon 5 - Phase 9 Ashtami
	Creative Work	Amrita Yoga		Chidambaram Abhishekam				Devaloka Day

Retreat Star	Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Adana, Turkey	
	Kanya Rasi: 14.35	Tithi 9					Sun 22 Sutra 67	
			369132361	Gulika 8:00AM – 9:51AM Yama 4:20AM – 6:10AM Rahu 1:31PM – 3:22PM	Hasta Until 9:54PM Variyan Until 10:33PM Balava Until 12:00PM Navami* Until 11:47PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Green Jyeshtha-Ani	Sunrise: 4:20AM Sunset: 7:02PM	Vilamba 5120 Moon 5 - Phase 9 Navami
	Routine Work	Marana Yoga						Bhuloka Day Devaloka Time: 9:AM to12:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 68 Vilamba 5120
	Kanya Rasi: 27.44	Tithi 10	Gulika 6:10AM – 8:01AM	Chitra Until 10:35PM	Ganesha: Green	<i>Sunrise:</i> 4:20AM	
			Yama 3:22PM – 5:12PM	Parigha* Until 9:32PM	Muruqa: White	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 10
	361132361		Rahu 9:51AM – 11:41AM	Taitila Until 11:45AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:49PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 69 Vilamba 5120
	Tula Rasi: 11	Tithi 11	Gulika 4:20AM – 6:10AM	Svati Until 11:38PM	Ganesha: Green	<i>Sunrise:</i> 4:20AM	
			Yama 1:32PM – 3:22PM	Shiva Until 8:58PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
	361132361		Rahu 8:01AM – 9:51AM	Vanija Until 12:03PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:21AM Sun	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 70 Vilamba 5120
	Tula Rasi: 23.14	Tithi 12	Gulika 3:22PM – 5:12PM	Vishakha Until 1:28AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:20AM	
			Yama 11:42AM – 1:32PM	Siddha Until 8:45PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
	371142361		Rahu 5:12PM – 7:03PM	Bava Until 12:50PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 1:23AM Mon	Moon – Orange		Devaloka Day	
Until 1:28AM Mon				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 71 Vilamba 5120
	Vrischika Rasi: 5.39	Tithi 13	Gulika 1:32PM – 3:22PM	Anuradha Until 3:33AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:21AM	
	Family Home Evening		Yama 9:52AM – 11:42AM	Sadhya Until 8:52PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
	371142361		Rahu 6:11AM – 8:01AM	Kaulava Until 2:05PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:50AM Tue	Moon – Orange		Devaloka Day	
Until 3:33AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 72 Vilamba 5120
	Vrischika Rasi: 17.53	Tithi 14	Gulika 11:42AM – 1:32PM	Jyeshtha* Until 5:51AM Wed	Ganesha: Red	<i>Sunrise:</i> 4:21AM	
			Yama 8:02AM – 9:52AM	Subha Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
	371142361		Rahu 3:22PM – 5:13PM	Gara Until 3:44PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:40AM Wed	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sutra 73 Vilamba 5120
	Copper Retreat Star		Gulika 9:52AM – 11:42AM	Mula* Until 8:48AM Thu	Ganesha: Red	<i>Sunrise:</i> 4:21AM	
	Vrischika Rasi: 29.59	Tithi 15	Yama 6:12AM – 8:02AM	Sukla Until 10:01PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
	371142361		Rahu 11:42AM – 1:32PM	Visti Until 5:45PM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 6:51AM Thu	Moon – Orange		Devaloka Day	
Until 8:48AM Thu				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey Sutra 74 Vilamba 5120
	Silver Retreat Star		Gulika 8:02AM – 9:52AM	Mula* Until 8:48AM	Ganesha: Blue	<i>Sunrise:</i> 4:22AM	
	Dhanus Rasi: 11.56	Tithi 15 – 16	Yama 4:22AM – 6:12AM	Brahma Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
	381142361		Rahu 1:33PM – 3:23PM	Balava Until 8:03PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:51AM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Adana, Turkey
Sutra 75

Dhanus Rasi: 23.47 Tithi 16 – 17

381142361

Gulika 6:12AM – 8:02AM
Yama 3:23PM – 5:13PM
Rahu 9:52AM – 11:43AM

Purvashadha* Until 11:49AM

Indra Until 12:02AM Sat
Taitila Until 10:34PM

Prathama* Until 9:16AM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:22AM
Sunset: 7:03PM

Moon 6 - Phase 11
1st Phase

Routine Work Prabalarishta Yoga
Until 11:49AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey
Sun 1 Sutra 76

Makara Rasi: 5.35 Tithi 17 – 18

381242361

Gulika 4:23AM – 6:13AM
Yama 1:33PM – 3:23PM
Rahu 8:03AM – 9:53AM

Uttarashadha Until 2:47PM

Vaidhriti* Until 1:09AM Sun
Vanija Until 1:10AM Sun
Dvitiya Until 11:51AM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:23AM
Sunset: 7:03PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga
Until 2:47PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturchayam Titau

Adana, Turkey
Sun 2 Sutra 77

Makara Rasi: 17.22 Tithi 18 – 19

391242361

Gulika 3:23PM – 5:13PM
Yama 11:43AM – 1:33PM
Rahu 5:13PM – 7:03PM

Shravana Until 6:06PM

Vishkambha* Until 2:14AM Mon
Bava Until 3:43AM Mon
Tritiya Until 2:26PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:23AM
Sunset: 7:03PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 6:06PM
Then Routine Work - Marana Yoga

Devaloka Day

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey
Sun 3 Sutra 78

Makara Rasi: 29.11 Tithi 19 – 20

391242361

Gulika 1:33PM – 3:23PM
Yama 9:53AM – 11:43AM
Rahu 6:13AM – 8:03AM

Dhanishtha Until 9:05PM

Priti Until 3:10AM Tue
Kaulava Until 6:01AM Tue
Chaturthi* Until 4:53PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:23AM
Sunset: 7:03PM

Moon 6 - Phase 11
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey
Sun 4 Sutra 79

Kumbha Rasi: 11.05 Tithi 20

392242361

Gulika 11:43AM – 1:33PM
Yama 8:04AM – 9:53AM
Rahu 3:23PM – 5:13PM

Shatabhishak Until 11:34PM

Ayushman Until 3:46AM Wed
Kaulava Until 6:01AM
Panchami Until 7:00PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:24AM
Sunset: 7:03PM

Moon 6 - Phase 11
1st Phase

Routine Work Marana Yoga

Devaloka Day

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproskthapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey
Sun 5 Sutra 80

Kumbha Rasi: 23.1 Tithi 21

312242361

Gulika 9:54AM – 11:44AM
Yama 6:14AM – 8:04AM
Rahu 11:44AM – 1:33PM

Purvaproskthapada* Until 1:53AM Thu

Saubhagya Until 3:58AM Thu
Gara Until 7:55AM
Shashthi* Until 8:38PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:24AM
Sunset: 7:03PM

Moon 6 - Phase 11
1st Phase

Creative Work Amrita Yoga
Until 1:53AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproskthapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Adana, Turkey
Sun 6 Sutra 81

Meena Rasi: 5.27 Tithi 22

312242361

Gulika 8:04AM – 9:54AM
Yama 4:25AM – 6:15AM
Rahu 1:33PM – 3:23PM

Uttaraproskthapada Until 3:23AM Fri

Sobhana Until 3:39AM Fri
Visti Until 9:15AM
Saptami Until 9:38PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:25AM
Sunset: 7:02PM

Moon 6 - Phase 11
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey
Sun 7 Sutra 82

Meena Rasi: 18.02 Tithi 23

312242361

Gulika 6:15AM – 8:05AM
Yama 3:23PM – 5:13PM
Rahu 9:54AM – 11:44AM

Revati Until 3:59AM Sat

Athiganda* Until 2:43AM Sat
Balava Until 9:53AM
Ashtami* Until 9:54PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:25AM
Sunset: 7:02PM

Moon 6 - Phase 11
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey
Sun 8 Sutra 83

Mesha Rasi: 1 Tithi 24

422242361

Gulika 4:26AM – 6:16AM
Yama 1:33PM – 3:23PM
Rahu 8:05AM – 9:55AM

Ashvini Until 4:07AM Sun

Sukarma Until 1:09AM Sun
Taitila Until 9:44AM
Navami* Until 9:21PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – White
Jyeshtha-Ani

Sunrise: 4:26AM
Sunset: 7:02PM

Moon 6 - Phase 11
Navami

Creative Work Siddha Yoga
Until 4:07AM Sun
Then Routine Work - Prabalarishta Yoga

Devaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau			Adana, Turkey Sun 9 Sutra 84 Vilamba 5120
Mesha Rasi: 14.23	Tithi 25	Gulika 3:23PM – 5:12PM	Bharani Until 3:18AM Mon	Ganesha: Orange <i>Sunrise:</i> 4:27AM	
		Yama 11:44AM – 1:34PM	Dhriti Until 10:58PM	Muruqa: Clear <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12
	422242361	Rahu 5:12PM – 7:02PM	Vanija Until 8:48AM	Nataraja: White	2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 8:01PM	Moon – White	Devaloka Day
Until 3:18AM Mon				Jyeshtha-Ani	
Then Routine Work - Marana Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau			Adana, Turkey Sun 10 Sutra 85 Vilamba 5120
Mesha Rasi: 28.14	Tithi 26 – 27	Gulika 1:34PM – 3:23PM	Krittika Until 1:40AM Tue	Ganesha: Orange <i>Sunrise:</i> 4:27AM	
Family Home Evening		Yama 9:55AM – 11:44AM	Shula* Until 8:10PM	Muruqa: Clear <i>Sunset:</i> 7:01PM	Moon 6 - Phase 12
	422242361	Rahu 6:16AM – 8:06AM	Bava Until 7:05AM	Nataraja: White	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 5:57PM	Moon – White	Devaloka Day
Until 1:40AM Tue				Jyeshtha-Ani	
Then Creative Work - Amrita Yoga					

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau			Adana, Turkey Sun 11 Sutra 86 Vilamba 5120
Vrishabha Rasi: 12.31	Tithi 27 – 28	Gulika 11:44AM – 1:34PM	Rohini Until 11:44PM	Ganesha: Light Blue <i>Sunrise:</i> 4:28AM	
		Yama 8:06AM – 9:55AM	Ganda* Until 4:52PM	Muruqa: Clear <i>Sunset:</i> 7:01PM	Moon 6 - Phase 12
	432242361	Rahu 3:23PM – 5:12PM	Gara Until 1:44AM Wed	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 3:15PM	Moon – Yellow	Bhuloka Day
Until 11:44PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Adana, Turkey Sun 12 Sutra 87 Vilamba 5120
Vrishabha Rasi: 27.11	Tithi 28 – 29	Gulika 9:56AM – 11:45AM	Mrigashira Until 9:12PM	Ganesha: Light Blue <i>Sunrise:</i> 4:28AM	
		Yama 6:17AM – 8:06AM	Vridhi Until 1:11PM	Muruqa: Clear <i>Sunset:</i> 7:01PM	Moon 6 - Phase 12
	432242361	Rahu 11:45AM – 1:34PM	Visti Until 10:22PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:04PM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Adana, Turkey Sun 13 Sutra 88 Vilamba 5120
Retreat Star		Gulika 8:07AM – 9:56AM	Ardra Until 6:17PM	Ganesha: Light Blue <i>Sunrise:</i> 4:29AM	
Mithuna Rasi: 12.1	Tithi 29 – 30	Yama 4:29AM – 6:18AM	Dhruva Until 9:12AM	Muruqa: Clear <i>Sunset:</i> 7:00PM	Moon 6 - Phase 12
	432242361	Rahu 1:34PM – 3:23PM	Catuspada Until 6:43PM	Nataraja: White	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 8:33AM	Moon – Yellow	Bhuloka Day
Until 6:17PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau			Adana, Turkey Sun 14 Sutra 89 Vilamba 5120
Retreat Star		Gulika 6:18AM – 8:07AM	Punarvasu Until 3:30PM	Ganesha: Purple <i>Sunrise:</i> 4:30AM	
Mithuna Rasi: 27.19	Tithi 1	Yama 3:22PM – 5:11PM	Harshana Until 12:55AM Sat	Muruqa: Clear <i>Sunset:</i> 7:00PM	Moon 6 - Phase 12
	442242361	Rahu 9:56AM – 11:45AM	Kintughna Until 2:58PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sat	Moon – Blue	Bhuloka Day
Until 3:30PM		Partial Solar Eclipse		Ashada-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Adana, Turkey Sun 15 Sutra 90	
Kataka Rasi: 12.29	Tithi 2	Gulika 4:30AM – 6:19AM	Pushya Until 12:38PM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Vilamba 5120	
		Yama 1:34PM – 3:22PM	Vajra* Until 8:51PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13	
		442242361 Rahu 8:08AM – 9:56AM	Balava Until 11:16AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:28PM	Moon – Blue		Bhuloka Day	
Until 12:38PM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

2		Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau		Adana, Turkey Sun 16 Sutra 91	
Kataka Rasi: 27.31	Tithi 3	Gulika 3:22PM – 5:11PM	Ashlesha* Until 9:51AM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Vilamba 5120	
		Yama 11:45AM – 1:34PM	Siddhi Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13	
		442242361 Rahu 5:11PM – 6:59PM	Taitila Until 7:46AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 6:07PM	Moon – Blue		Bhuloka Day	
Until 9:51AM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

3		Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Adana, Turkey Sun 17 Sutra 92	
Simha Rasi: 12.17	Tithi 4 – 5	Gulika 1:33PM – 3:22PM	Magha* Until 7:43AM	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Vilamba 5120	
Family Home Evening		Yama 9:57AM – 11:45AM	Vyatipata* Until 1:34PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13	
453242361		Rahu 6:20AM – 8:08AM	Bava Until 1:57AM Tue	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 3:12PM	Moon – Red		Bhuloka Day	
Until 7:43AM				Ashada*Adi		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

4		Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Adana, Turkey Sun 18 Sutra 93	
Simha Rasi: 26.41	Tithi 5 – 6	Gulika 11:45AM – 1:33PM	Uttaraphalguni Until 4:39AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Vilamba 5120	
		Yama 8:09AM – 9:57AM	Varyan Until 10:31AM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13	
		453242362 Rahu 3:22PM – 5:10PM	Kaulava Until 11:53PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 12:49PM	Moon – Red		Devaloka Day	
Until 4:39AM Wed				Ashada*Adi			
Then Routine Work - Marana Yoga							

5		Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Adana, Turkey Sun 19 Sutra 94	
Kanya Rasi: 10.41	Tithi 6 – 7	Gulika 9:57AM – 11:45AM	Hasta Until 4:20AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 6:21AM – 8:09AM	Parigha* Until 8:01AM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 6 - Phase 13	
		463242362 Rahu 11:45AM – 1:33PM	Gara Until 10:31PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 11:06AM	Moon – Green		Sivaloka Day	
Until 4:20AM Thu				Ashada*Adi			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Adana, Turkey Sun 20 Sutra 95	
Kanya Rasi: 24.15	Tithi 7 – 8	Gulika 8:10AM – 9:57AM	Chitra Until 4:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:34AM	Vilamba 5120	
		Yama 4:34AM – 6:22AM	Shiva Until 6:06AM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 6 - Phase 13	
		463242362 Rahu 1:33PM – 3:21PM	Visti Until 9:52PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 10:05AM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

Retreat Star		Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Adana, Turkey Sun 21 Sutra 96	
Tula Rasi: 7.25	Tithi 8 – 9	Gulika 6:22AM – 8:10AM	Svati Until 5:26AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:35AM	Vilamba 5120	
		Yama 3:21PM – 5:09PM	Sadhya Until 3:58AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 13	
		463242362 Rahu 9:58AM – 11:45AM	Balava Until 9:57PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 9:48AM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Adana, Turkey Sun 22 Sutra 97
	Tula Rasi: 20.13	Tithi 9 – 10	Gulika 4:35AM – 6:23AM Yama 1:33PM – 3:21PM 473242362 Rahu 8:10AM – 9:58AM	Vishakha Until 7:12AM Sun Subha Until 3:44AM Sun Taitila Until 10:42PM Navami* Until 10:13AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 4:35AM Sunset: 6:56PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Creative Work Siddha Yoga Until 7:12AM Sun Then Routine Work - Marana Yoga			Devaloka Day Ashada*Adi				

2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey Sun 23 Sutra 98
	Vrischika Rasi: 2.43	Tithi 10 – 11	Gulika 3:20PM – 5:08PM Yama 11:46AM – 1:33PM 473242362 Rahu 5:08PM – 6:55PM	Vishakha Until 7:12AM Sukla Until 3:54AM Mon Vanija Until 12:02AM Mon Dashami Until 11:17AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 4:36AM Sunset: 6:55PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Routine Work Marana Yoga			Devaloka Day Ashada*Adi				

3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 24 Sutra 99
	Vrischika Rasi: 14.58	Tithi 11 – 12	Gulika 1:33PM – 3:20PM Yama 9:58AM – 11:46AM 473242362 Rahu 6:24AM – 8:11AM	Anuradha Until 9:20AM Brahma Until 4:26AM Tue Bava Until 1:52AM Tue Ekadashi Until 12:52PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 4:37AM Sunset: 6:54PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Family Home Evening Creative Work Siddha Yoga			Devaloka Day Ashada*Adi				

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 25 Sutra 100
	Vrischika Rasi: 27.02	Tithi 12 – 13	Gulika 11:46AM – 1:33PM Yama 8:12AM – 9:59AM 473242362 Rahu 3:20PM – 5:07PM	Jyeshtha* Until 11:45AM Indra Until 5:16AM Wed Kaulava Until 4:03AM Wed Dvadashi Until 2:54PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 4:38AM Sunset: 6:54PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Routine Work Marana Yoga Until 11:45AM Then Creative Work - Amrita Yoga			Devaloka Day Ashada*Adi Pradosha Vrata				

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 26 Sutra 101
	Dhanus Rasi: 8.58	Tithi 13 – 14	Gulika 9:59AM – 11:46AM Yama 6:25AM – 8:12AM 483342362 Rahu 11:46AM – 1:32PM	Mula* Until 2:48PM Vaidhriti* Until 6:15AM Thu Gara Until 6:30AM Thu Trayodashi Until 5:14PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 4:38AM Sunset: 6:53PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Routine Work Marana Yoga Until 2:48PM Then Creative Work - Amrita Yoga			Sivaloka Day Ashada*Adi				

6	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 102
	Dhanus Rasi: 20.49	Tithi 14	Gulika 8:12AM – 9:59AM Yama 4:39AM – 6:26AM 483342362 Rahu 1:32PM – 3:19PM	Purvashadha* Until 5:53PM Vaidhriti* Until 6:15AM Gara Until 6:30AM Chaturdashi* Until 7:46PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 4:39AM Sunset: 6:52PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase
Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga			Sivaloka Day Ashada*Adi				

	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sun 27 Sutra 103
	Makara Rasi: 2.37	Tithi 15	Gulika 6:26AM – 8:13AM Yama 3:18PM – 5:05PM 483342362 Rahu 9:59AM – 11:46AM	Uttarashadha Until 8:52PM Vishkambha* Until 7:21AM Visti Until 9:05AM Purnima* Until 10:21PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 4:40AM Sunset: 6:51PM	Vilamba 5120 Moon 6 - Phase 14 Purnima
Routine Work Marana Yoga			Sivaloka Day Ashada*Adi				
Total Lunar Eclipse Satguru Purnima							

	Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey Sun 28 Sutra 104
	Makara Rasi: 14.24	Tithi 16	Gulika 4:41AM – 6:27AM Yama 1:32PM – 3:18PM 493342362 Rahu 8:13AM – 9:59AM	Shravana Until 12:08AM Sun Priti Until 8:29AM Balava Until 11:39AM Prathama* Until 12:53AM Sun	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 4:41AM Sunset: 6:50PM	Vilamba 5120 Moon 6 - Phase 14 Prathama
Creative Work Siddha Yoga Until 12:08AM Sun Then Routine Work - Marana Yoga			Devaloka Day Ashada*Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Adana, Turkey
Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 26.13 Tithi 17
49342362 Rahu
Routine Work Marana Yoga
Until 3:03AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:18PM - 5:04PM
Yama 11:46AM - 1:32PM
Rahu 5:04PM - 6:50PM

Dhanishtha Until 3:03AM Mon
Ayushman Until 9:29AM
Taitila Until 2:06PM
Dvitiya Until 3:14AM Mon

Ganesha: Blue Sunrise: 4:42AM
Muruga: Clear Sunset: 6:50PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trilyayam Titau

Adana, Turkey
Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 8.07 Tithi 18
494342362 Rahu
Family Home Evening
Creative Work Siddha Yoga
Until 5:32AM Tue
Then Routine Work - Marana Yoga

Gulika 1:31PM - 3:17PM
Yama 10:00AM - 11:45AM
Rahu 6:28AM - 8:14AM

Shatabhishak Until 5:32AM Tue
Saubhagya Until 10:20AM
Vanija Until 4:19PM
Tritiya Until 5:17AM Tue

Ganesha: Blue Sunrise: 4:42AM
Muruga: Clear Sunset: 6:49PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Bava Karana Chaturtham Titau

Adana, Turkey
Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 20.08 Tithi 19
414342362 Rahu
Routine Work Marana Yoga
Until 7:57AM Wed
Then Creative Work - Siddha Yoga

Gulika 11:45AM - 1:31PM
Yama 8:14AM - 10:00AM
Rahu 3:17PM - 5:02PM

Purvaprossthapada* Until 7:57AM Wed
Sobhana Until 10:58AM
Bava Until 6:11PM
Chaturthi* Until 6:56AM Wed

Ganesha: White Sunrise: 4:43AM
Muruga: Clear Sunset: 6:48PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey
Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 2.19 Tithi 19 - 20
414342362 Rahu
Creative Work Amrita Yoga
Until 7:57AM
Then Creative Work - Siddha Yoga

Gulika 10:00AM - 11:45AM
Yama 6:29AM - 8:15AM
Rahu 11:45AM - 1:31PM

Purvaprossthapada* Until 7:57AM
Athiganda* Until 11:14AM
Kaulava Until 7:36PM
Chaturthi* Until 6:56AM

Ganesha: White Sunrise: 4:44AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Adana, Turkey
Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 14.43 Tithi 20 - 21
414342362 Rahu
Creative Work Siddha Yoga

Gulika 8:15AM - 10:00AM
Yama 4:45AM - 6:30AM
Rahu 1:30PM - 3:16PM

Uttaraprossthapada Until 9:43AM
Sukarma Until 11:07AM
Gara Until 8:29PM
Panchami Until 8:06AM

Ganesha: White Sunrise: 4:45AM
Muruga: Clear Sunset: 6:46PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Adana, Turkey
Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 27.22 Tithi 21 - 22
414342362 Rahu
Creative Work Siddha Yoga
Until 10:46AM
Then Creative Work - Amrita Yoga

Gulika 6:30AM - 8:15AM
Yama 3:15PM - 5:00PM
Rahu 10:00AM - 11:45AM

Revati Until 10:46AM
Dhriti Until 10:34AM
Visti Until 8:45PM
Shashthi* Until 8:41AM

Ganesha: White Sunrise: 4:46AM
Muruga: Clear Sunset: 6:45PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey
Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 10.19 Tithi 22 - 23
424342362 Rahu
Creative Work Siddha Yoga

Gulika 4:46AM - 6:31AM
Yama 1:30PM - 3:15PM
Rahu 8:16AM - 10:00AM

Ashvini Until 11:30AM
Shula* Until 9:28AM
Balava Until 8:21PM
Saptami Until 8:37AM

Ganesha: Clear Sunrise: 4:46AM
Muruga: Clear Sunset: 6:44PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey
Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 23.37 Tithi 23 - 24
424342362 Rahu
Routine Work Prabalarishta Yoga
Until 11:24AM
Then Creative Work - Siddha Yoga

Gulika 3:14PM - 4:58PM
Yama 11:45AM - 1:30PM
Rahu 4:58PM - 6:43PM

Bharani Until 11:24AM
Ganda* Until 7:50AM
Taitila Until 7:16PM
Ashtami* Until 7:53AM

Ganesha: Clear Sunrise: 4:47AM
Muruga: Clear Sunset: 6:43PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Trilayam Titau				Adana, Turkey Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 20.46	Tithi 3	Gulika	1:26PM – 3:09PM	Purvaphalguni Until 3:38PM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM		
Family Home Evening	455342362	Yama	10:01AM – 11:44AM	Shiva Until 8:49PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu	6:36AM – 8:19AM	Taitila Until 3:39PM	Nataraja: Clear		3rd Phase	
				Tritiya Until 2:16AM Tue	Moon – Red			Sivaloka Day
					Sravana-Adi			

2		Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Chaturtham Titau				Adana, Turkey Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.19	Tithi 4	Gulika	11:44AM – 1:26PM	Uttaraphalguni Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM		
	455342362	Yama	8:19AM – 10:01AM	Siddha Until 5:44PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 17	
Creative Work	Amrita Yoga	Rahu	3:08PM – 4:51PM	Vanija Until 1:03PM	Nataraja: Clear		3rd Phase	
Until 1:42PM				Chaturthi* Until 11:58PM	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Adi			

3		Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Adana, Turkey Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 19.28	Tithi 5	Gulika	10:02AM – 11:44AM	Hasta Until 12:42PM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM		
	465342362	Yama	6:38AM – 8:20AM	Sadhya Until 3:12PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17	
Routine Work	Marana Yoga	Rahu	11:44AM – 1:26PM	Bava Until 11:05AM	Nataraja: Clear		3rd Phase	
Until 12:42PM				Panchami Until 10:22PM	Moon – Green			Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Nag Panchami			Sravana-Adi			

4		Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau				Adana, Turkey Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.09	Tithi 6	Gulika	8:20AM – 10:02AM	Chitra Until 12:17PM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM		
	465342362	Yama	4:56AM – 6:38AM	Subha Until 1:17PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu	1:25PM – 3:07PM	Kaulava Until 9:52AM	Nataraja: Clear		3rd Phase	
Until 12:17PM				Shashthi* Until 9:32PM	Moon – Green			Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Sravana-Adi			

5		Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau				Adana, Turkey Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.23	Tithi 7	Gulika	6:39AM – 8:20AM	Svati Until 12:30PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM		
	565342362	Yama	3:06PM – 4:48PM	Sukla Until 12:00PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu	10:02AM – 11:43AM	Gara Until 9:26AM	Nataraja: Clear		3rd Phase	
				Saptami Until 9:31PM	Moon – Green			Sivaloka Day
					Sravana-Avani			

Retreat Star		Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Vistii*/Bava Karana Ashtamyam Titau				Adana, Turkey Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.13	Tithi 8	Gulika	4:58AM – 6:39AM	Vishakha Until 1:49PM	Ganesha: Purple	<i>Sunrise:</i> 4:58AM		
	575342362	Yama	1:24PM – 3:05PM	Brahma Until 11:21AM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu	8:20AM – 10:02AM	Visti Until 9:50AM	Nataraja: Clear		Ashtami	
				Ashtami* Until 10:17PM	Moon – Orange			Subha Sivaloka Day
					Sravana-Avani			

Retreat Star		Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhritii* Yoga Balava/Kaulava Karana Navamyam Titau				Adana, Turkey Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 11.42	Tithi 9	Gulika	3:05PM – 4:46PM	Anuradha Until 3:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM		
	575442362	Yama	11:43AM – 1:24PM	Indra Until 11:18AM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 17	
Routine Work	Marana Yoga	Rahu	4:46PM – 6:27PM	Balava Until 10:58AM	Nataraja: Clear		Navami	
				Navami* Until 11:45PM	Moon – Orange			Sivaloka Day
					Sravana-Avani			

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 127 Vilamba 5120
1	Vrischika Rasi: 23.53 Tithi 10	Gulika 1:23PM – 3:04PM	Jyeshtha* Until 6:00PM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	
Family Home Evening	575442362	Yama 10:02AM – 11:42AM	Vaidhriti* Until 11:42AM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 18
Creative Work Siddha Yoga		Rahu 6:40AM – 8:21AM	Taitila Until 12:44PM	Nataraja: Clear		4th Phase
			Dashami Until 1:47AM Tue	Moon – Orange		Sivaloka Day
				Sravana•Avani		

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 128 Vilamba 5120
2	Dhanus Rasi: 5.53 Tithi 11	Gulika 11:42AM – 1:23PM	Mula* Until 9:02PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	
	586442362	Yama 8:21AM – 10:02AM	Vishkambha* Until 12:29PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 18
Creative Work Amrita Yoga		Rahu 3:03PM – 4:43PM	Vanija Until 2:58PM	Nataraja: Clear		4th Phase
Until 9:02PM			Ekadashi Until 4:11AM Wed	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana•Avani		

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 129 Vilamba 5120
3	Dhanus Rasi: 17.44 Tithi 12	Gulika 10:02AM – 11:42AM	Purvashadha* Until 12:08AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	
	586442362	Yama 6:42AM – 8:22AM	Priti Until 1:31PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 18
Creative Work Amrita Yoga		Rahu 11:42AM – 1:22PM	Bava Until 5:29PM	Nataraja: Clear		4th Phase
Until 12:08AM Thu			Dvadashi Until 6:46AM Thu	Moon – Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Sravana•Avani		

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 130 Vilamba 5120
4	Dhanus Rasi: 29.32 Tithi 12 – 13	Gulika 8:22AM – 10:02AM	Uttarashadha Until 3:07AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	
	586442362	Yama 5:02AM – 6:42AM	Ayushman Until 2:35PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 7 - Phase 18
Routine Work Marana Yoga		Rahu 1:22PM – 3:01PM	Kaulava Until 8:06PM	Nataraja: Clear		4th Phase
			Dvadashi Until 6:46AM	Moon – Light Blue		Sivaloka Day
				Sravana•Avani		

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 131 Vilamba 5120
5	Makara Rasi: 11.2 Tithi 13 – 14	Gulika 6:43AM – 8:22AM	Shravana Until 6:19AM Sat	Ganesha: White	<i>Sunrise:</i> 5:03AM	
	596442362	Yama 3:01PM – 4:40PM	Saubhagya Until 3:39PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 18
Routine Work Marana Yoga		Rahu 10:02AM – 11:41AM	Gara Until 10:38PM	Nataraja: Clear		4th Phase
Until 6:19AM Sat			Trayodashi Until 9:22AM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Sravana•Avani		

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey Sutra 132 Vilamba 5120
○	Makara Rasi: 23.1 Tithi 14 – 15	Gulika 5:04AM – 6:43AM	Shravana Until 6:19AM	Ganesha: White	<i>Sunrise:</i> 5:04AM	
	596442362	Yama 1:21PM – 3:00PM	Sobhana Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 7 - Phase 18
Creative Work Siddha Yoga		Rahu 8:23AM – 10:02AM	Visti Until 12:58AM Sun	Nataraja: Clear		Purnima
			Chaturdashi* Until 11:49AM	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana•Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey Sutra 133 Vilamba 5120
○	Kumbha Rasi: 5.06 Tithi 15 – 16	Gulika 2:59PM – 4:38PM	Dhanishtha Until 9:07AM	Ganesha: White	<i>Sunrise:</i> 5:05AM	
	596442362	Yama 11:41AM – 1:20PM	Athiganda* Until 5:17PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 7 - Phase 18
Routine Work Marana Yoga		Rahu 4:38PM – 6:17PM	Balava Until 2:58AM Mon	Nataraja: Clear		Prathama
Until 9:07AM			Purnima* Until 1:59PM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana•Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Sukarna/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Adana, Turkey

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.1 Tithi 16 - 17

Family Home Evening 596442362

Creative Work Siddha Yoga

Until 11:25AM

Then Routine Work - Marana Yoga

Gulika 1:19PM - 2:58PM

Yama 10:02AM - 11:41AM

Rahu 6:44AM - 8:23AM

Shatabhishak Until 11:25AM

Sukarna Until 5:43PM

Taitila Until 4:35AM Tue

Prathama* Until 3:48PM

Ganesha: White

Sunrise: 5:05AM

Muruqa: Clear

Sunset: 6:16PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Subha Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.23 Tithi 17 - 18

517452363

Routine Work Marana Yoga

Until 1:39PM

Then Creative Work - Amrita Yoga

Gulika 11:40AM - 1:19PM

Yama 8:23AM - 10:02AM

Rahu 2:57PM - 4:36PM

Purvaprosarthapada* Until 1:39PM

Dhriti Until 5:50PM

Vanija Until 5:46AM Wed

Dvitiya Until 5:12PM

Ganesha: Clear

Sunrise: 5:06AM

Muruqa: Purple

Sunset: 6:14PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritiyayam Titau

Adana, Turkey

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.47 Tithi 18

517452363

Creative Work Siddha Yoga

Until 3:18PM

Then Routine Work - Marana Yoga

Gulika 10:02AM - 11:40AM

Yama 6:45AM - 8:24AM

Rahu 11:40AM - 1:18PM

Uttaraprosarthapada Until 3:18PM

Shula* Until 5:34PM

Visti Until 6:10PM

Tritiya Until 6:10PM

Ganesha: Clear

Sunrise: 5:07AM

Muruqa: Purple

Sunset: 6:13PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.24 Tithi 19

517452363

Creative Work Siddha Yoga

Until 4:21PM

Then Creative Work - Amrita Yoga

Gulika 8:24AM - 10:02AM

Yama 5:08AM - 6:46AM

Rahu 1:18PM - 2:56PM

Revati Until 4:21PM

Ganda* Until 4:58PM

Bava Until 6:30AM

Chaturthi* Until 6:41PM

Ganesha: Clear

Sunrise: 5:08AM

Muruqa: Purple

Sunset: 6:12PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.13 Tithi 20

527452363

Creative Work Amrita Yoga

Until 5:16PM

Then Creative Work - Siddha Yoga

Gulika 6:46AM - 8:24AM

Yama 2:55PM - 4:32PM

Rahu 10:02AM - 11:39AM

Ashvini Until 5:16PM

Vridhi Until 4:01PM

Kaulava Until 6:47AM

Panchami Until 6:43PM

Ganesha: Purple

Sunrise: 5:09AM

Muruqa: Purple

Sunset: 6:10PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.17 Tithi 21

527452363

Creative Work Siddha Yoga

Until 5:32PM

Then Creative Work - Amrita Yoga

Gulika 5:10AM - 6:47AM

Yama 1:16PM - 2:54PM

Rahu 8:24AM - 10:02AM

Bharani Until 5:32PM

Dhruva Until 2:40PM

Gara Until 6:35AM

Shashthi* Until 6:17PM

Ganesha: Purple

Sunrise: 5:10AM

Muruqa: Purple

Sunset: 6:09PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mrigashira Rasi: 3.37 Tithi 22 - 23

527452363

Creative Work Siddha Yoga

Gulika 2:53PM - 4:30PM

Yama 11:39AM - 1:16PM

Rahu 4:30PM - 6:07PM

Krittika Until 5:11PM

Vyaghata* Until 12:55PM

Balava Until 4:41AM Mon

Saptami Until 5:20PM

Ganesha: Purple

Sunrise: 5:10AM

Muruqa: Purple

Sunset: 6:07PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Mrigashira Rasi: 17.13 Tithi 23 - 24

Family Home Evening 537452363

Creative Work Amrita Yoga

Gulika 1:15PM - 2:52PM

Yama 10:02AM - 11:38AM

Rahu 6:48AM - 8:25AM

Rohini Until 4:36PM

Harshana Until 10:47AM

Taitila Until 3:00AM Tue

Ashtami* Until 3:53PM

Ganesha: Clear

Sunrise: 5:11AM

Muruqa: Purple

Sunset: 6:06PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Adana, Turkey

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.07 Tithi 24 - 25

538452363

Creative Work Siddha Yoga

Until 3:24PM

Then Routine Work - Marana Yoga

Gulika 11:38AM - 1:15PM

Yama 8:25AM - 10:02AM

Rahu 2:51PM - 4:28PM

Mrigashira Until 3:24PM

Vajra* Until 8:12AM

Vanija Until 12:49AM Wed

Navami* Until 1:57PM

Ganesha: White

Sunrise: 5:12AM

Muruqa: Purple

Sunset: 6:04PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Adana, Turkey Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.2	Tithi 25 – 26	Gulika 10:02AM – 11:38AM	Ardra Until 1:37PM	Ganesha: White	<i>Sunrise:</i> 5:13AM	
			Yama 6:49AM – 8:25AM	Vyatipata* Until 2:00AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu 11:38AM – 1:14PM	Bava Until 10:13PM	Nataraja: Purple		2nd Phase
			Dashami Until 11:33AM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 29.5	Tithi 26 – 27	Gulika 8:26AM – 10:02AM	Punarvasu Until 11:43AM	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM	
			Yama 5:14AM – 6:50AM	Variyan Until 10:27PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 1:13PM – 2:49PM	Kaulava Until 7:17PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 8:46AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 14.33	Tithi 28	Gulika 6:50AM – 8:26AM	Pushya Until 9:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM	
			Yama 2:48PM – 4:24PM	Parigha* Until 6:43PM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:01AM – 11:37AM	Gara Until 4:07PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 2:28AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 29.24	Tithi 29	Gulika 5:15AM – 6:51AM	Ashlesha* Until 6:49AM	Ganesha: Yellow	<i>Sunrise:</i> 5:15AM	
			Yama 1:12PM – 2:48PM	Shiva Until 2:56PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 8:26AM – 10:01AM	Visti Until 12:50PM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 11:11PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 2:47PM – 4:22PM	Purvaphalguni Until 2:08AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:16AM	
	Simha Rasi: 14.16	Tithi 30	Yama 11:36AM – 1:12PM	Siddha Until 11:09AM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 Rahu 4:22PM – 5:57PM	Catuspada Until 9:35AM	Nataraja: Purple		Amavasya
			Amavasya* Until 8:00PM	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Adana, Turkey Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.01	Tithi 1 – 2	Gulika 1:11PM – 2:46PM	Uttaraphalguni Until 11:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:17AM	
	Family Home Evening		Yama 10:01AM – 11:36AM	Sadhya Until 7:32AM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 Rahu 6:52AM – 8:26AM	Kintughna Until 6:31AM	Nataraja: Purple		Prathama
			Prathama* Until 5:04PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Adana, Turkey Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 13.31	Tithi 2 – 3	Gulika 11:36AM – 1:10PM	Hasta Until 10:33PM	Ganesha: Blue <i>Sunrise:</i> 5:18AM	Moon 8 - Phase 21
	569452363	Rahu 2:45PM – 4:19PM	Yama 8:27AM – 10:01AM	Sukla Until 1:17AM Wed	<i>Sunset:</i> 5:54PM	3rd Phase
	Creative Work Siddha Yoga			Taitila Until 1:31AM Wed	Muruqa: Purple	
			Dvitiya Until 2:34PM	Nataraja: Purple		
				Moon – Green		Bhuloka Day
				Bhadrapada-Avani		

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau			Adana, Turkey Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 27.41	Tithi 3 – 4	Gulika 10:01AM – 11:35AM	Chitra Until 9:35PM	Ganesha: Blue <i>Sunrise:</i> 5:18AM	Moon 8 - Phase 21
	569452363	Rahu 11:35AM – 1:10PM	Yama 6:53AM – 8:27AM	Brahma Until 10:53PM	<i>Sunset:</i> 5:52PM	3rd Phase
	Creative Work Siddha Yoga			Vanija Until 11:54PM	Nataraja: Purple	
			Tritiya Until 12:37PM	Moon – Green		Bhuloka Day
				Bhadrapada-Avani		

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Adana, Turkey Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.25	Tithi 4 – 5	Gulika 8:27AM – 10:01AM	Svati Until 9:12PM	Ganesha: Blue <i>Sunrise:</i> 5:19AM	Moon 8 - Phase 21
	569452363	Rahu 1:09PM – 2:43PM	Yama 5:19AM – 6:53AM	Indra Until 9:04PM	<i>Sunset:</i> 5:51PM	3rd Phase
	Creative Work Amrita Yoga			Bava Until 11:02PM	Nataraja: Purple	
Until 9:12PM		Ganesha Chaturthi	Chaturthi* Until 11:21AM	Moon – Green		Bhuloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Adana, Turkey Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 24.44	Tithi 5 – 6	Gulika 6:54AM – 8:27AM	Vishakha Until 9:56PM	Ganesha: White <i>Sunrise:</i> 5:20AM	Moon 8 - Phase 21
	579552363	Rahu 10:01AM – 11:35AM	Yama 2:42PM – 4:16PM	Vaidhriti* Until 7:53PM	<i>Sunset:</i> 5:49PM	3rd Phase
	Creative Work Siddha Yoga			Kaulava Until 10:59PM	Nataraja: Purple	
			Panchami Until 10:53AM	Moon – Orange		Devaloka Day
				Bhadrapada-Avani		

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Adana, Turkey Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 7.37	Tithi 6 – 7	Gulika 5:21AM – 6:54AM	Anuradha Until 11:18PM	Ganesha: White <i>Sunrise:</i> 5:21AM	Moon 8 - Phase 21
	579552363	Rahu 8:28AM – 10:01AM	Yama 1:08PM – 2:41PM	Vishkambha* Until 7:22PM	<i>Sunset:</i> 5:48PM	3rd Phase
	Creative Work Siddha Yoga			Gara Until 11:46PM	Nataraja: Purple	
			Shashthi* Until 11:15AM	Moon – Orange		Devaloka Day
				Bhadrapada-Avani		

☾	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Adana, Turkey Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 2:40PM – 4:13PM	Jyeshtha* Until 1:14AM Mon	Ganesha: White <i>Sunrise:</i> 5:22AM	Moon 8 - Phase 21
	Vrischika Rasi: 20.07	Tithi 7 – 8	Yama 11:34AM – 1:07PM	Priti Until 7:27PM	<i>Sunset:</i> 5:46PM	Ashtami
	579552363	Rahu 4:13PM – 5:46PM		Visti Until 1:17AM Mon	Nataraja: Purple	
Routine Work Marana Yoga			Saptami Until 12:25PM	Moon – Orange		Devaloka Day
Until 1:14AM Mon				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

☾	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Adana, Turkey Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:06PM – 2:39PM	Mula* Until 4:04AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:23AM	Moon 8 - Phase 21
	Dhanus Rasi: 2.18	Tithi 8 – 9	Yama 10:01AM – 11:34AM	Ayushman Until 7:59PM	<i>Sunset:</i> 5:45PM	Navami
	589552363	Rahu 6:55AM – 8:28AM		Balava Until 3:24AM Tue	Nataraja: Purple	
Family Home Evening			Ashtami* Until 2:16PM	Moon – Light Blue		Bhuloka Day
Creative Work Siddha Yoga				Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Meena Rasi: 21.1 Tithi 17

Gulika 10:00AM – 11:30AM
Yama 7:00AM – 8:30AM
Rahu 11:30AM – 1:01PM

Revati Until 10:14PM
Dhruva Until 11:06PM
Taitila Until 5:35PM
Dvitiya Until 5:33AM Thu

Ganesha: Purple Sunrise: 5:30AM
Muruga: Purple Sunset: 5:31PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trityayam Titau

Adana, Turkey

Mesha Rasi: 4.07 Tithi 18

Gulika 8:30AM – 10:00AM
Yama 5:31AM – 7:01AM
Rahu 1:00PM – 2:30PM

Ashvini Until 10:50PM
Vyaghata* Until 9:51PM
Vanija Until 5:28PM
Tritiya Until 5:14AM Fri

Ganesha: Clear Sunrise: 5:31AM
Muruga: Purple Sunset: 5:29PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 1 Sutra 165
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 10:50PM
Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey

Mesha Rasi: 17.16 Tithi 19

Gulika 7:01AM – 8:31AM
Yama 2:29PM – 3:58PM
Rahu 10:00AM – 11:30AM

Bharani Until 10:55PM
Harshana Until 8:19PM
Bava Until 4:57PM
Chaturthi* Until 4:33AM Sat

Ganesha: Clear Sunrise: 5:32AM
Muruga: Purple Sunset: 5:28PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 2 Sutra 166
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Vrishabha Rasi: 0.37 Tithi 20

Gulika 5:32AM – 7:02AM
Yama 12:59PM – 2:28PM
Rahu 8:31AM – 10:00AM

Krittika Until 10:32PM
Vajra* Until 6:29PM
Kaulava Until 4:06PM
Panchami Until 3:33AM Sun

Ganesha: Clear Sunrise: 5:32AM
Muruga: Purple Sunset: 5:26PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 3 Sutra 167
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Vrishabha Rasi: 14.07 Tithi 21

Gulika 2:27PM – 3:56PM
Yama 11:29AM – 12:58PM
Rahu 3:56PM – 5:25PM

Rohini Until 10:09PM
Siddhi Until 4:26PM
Gara Until 2:57PM
Shashthi* Until 2:15AM Mon

Ganesha: Purple Sunrise: 5:33AM
Muruga: Purple Sunset: 5:25PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 4 Sutra 168
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Adana, Turkey

Vrishabha Rasi: 27.49 Tithi 22

Gulika 12:57PM – 2:26PM
Yama 10:00AM – 11:29AM
Rahu 7:03AM – 8:31AM

Mrigashira Until 9:21PM
Vyatipata* Until 2:09PM
Visti Until 1:31PM
Saptami Until 12:40AM Tue

Ganesha: Purple Sunrise: 5:34AM
Muruga: Purple Sunset: 5:23PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 5 Sutra 169
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 9:21PM
Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Mithuna Rasi: 11.4 Tithi 23

Gulika 11:28AM – 12:57PM
Yama 8:32AM – 10:00AM
Rahu 2:25PM – 3:54PM

Ardra Until 8:07PM
Variyan Until 11:38AM
Balava Until 11:48AM
Ashtami* Until 10:49PM

Ganesha: Purple Sunrise: 5:35AM
Muruga: Purple Sunset: 5:22PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 6 Sutra 170
Vilamba 5120
Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga
Until 8:07PM
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Mithuna Rasi: 25.42 Tithi 24

Gulika 10:00AM – 11:28AM
Yama 7:04AM – 8:32AM
Rahu 11:28AM – 12:56PM

Punarvasu Until 6:54PM
Parigha* Until 8:54AM
Taitila Until 9:49AM
Navami* Until 8:42PM

Ganesha: Clear Sunrise: 5:36AM
Muruga: Purple Sunset: 5:20PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Sun 7 Sutra 171
Vilamba 5120
Moon 9 - Phase 23
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


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1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Adana, Turkey Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 9.54	Tithi 25	Gulika 8:32AM – 10:00AM	Pushya Until 5:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM		
		Yama 5:37AM – 7:04AM	Siddha Until 2:50AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 24	
	642552363	Rahu 12:56PM – 2:23PM	Vanija Until 7:35AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 6:21PM	Moon – Blue		Bhuloka Day	
Until 5:19PM				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.15	Tithi 26 – 27	Gulika 7:05AM – 8:33AM	Ashlesha* Until 3:24PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM		
		Yama 2:23PM – 3:50PM	Sadhya Until 11:36PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 24	
	642552363	Rahu 10:00AM – 11:28AM	Kaulava Until 2:32AM Sat	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 3:49PM	Moon – Blue		Bhuloka Day	
				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Adana, Turkey Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 8.42	Tithi 27 – 28	Gulika 5:38AM – 7:06AM	Magha* Until 1:40PM	Ganesha: White	<i>Sunrise:</i> 5:38AM		
		Yama 12:54PM – 2:22PM	Subha Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 24	
	652552363	Rahu 8:33AM – 10:00AM	Gara Until 11:53PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:11PM	Moon – Red		Bhuloka Day	
Until 1:40PM				Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.1	Tithi 28 – 29	Gulika 2:21PM – 3:48PM	Purvaphalguni Until 11:47AM	Ganesha: White	<i>Sunrise:</i> 5:39AM		
		Yama 11:27AM – 12:54PM	Sukla Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 24	
	652552363	Rahu 3:48PM – 5:15PM	Visti Until 9:17PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 10:33AM	Moon – Red		Bhuloka Day	
Until 11:47AM				Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga							

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Adana, Turkey Sun 12 Sutra 176 Vilamba 5120	
Retreat Star		Gulika 12:53PM – 2:20PM	Uttaraphalguni Until 9:53AM	Ganesha: White	<i>Sunrise:</i> 5:40AM		
Kanya Rasi: 7.35	Tithi 29 – 30	Yama 10:00AM – 11:27AM	Brahma Until 1:52PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 24	
Family Home Evening		Rahu 7:07AM – 8:33AM	Catuspada Until 6:52PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:02AM	Moon – Red		Bhuloka Day	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Adana, Turkey Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 21.5	Tithi 1	Gulika 11:26AM – 12:53PM	Hasta Until 8:32AM	Ganesha: Red	<i>Sunrise:</i> 5:41AM		
		Yama 8:34AM – 10:00AM	Indra Until 10:59AM	Muruqa: Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 24	
	662652364	Rahu 2:19PM – 3:45PM	Kintughna Until 4:48PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 3:54AM Wed	Moon – Green		Devaloka Day	
		Navaratri Begins		Ashvina•Puratasi			

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Adana, Turkey Sun 14 Sutra 178
	Tula Rasi: 5.49	Tithi 2	Gulika 10:00AM – 11:26AM	Chitra Until 7:28AM	Ganesha: Red	<i>Sunrise:</i> 5:42AM	Vilamba 5120
			Yama 7:08AM – 8:34AM	Vaidhriti* Until 8:25AM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	662652364 Rahu 11:26AM – 12:52PM	Balava Until 3:12PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:36AM Thu	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Adana, Turkey Sun 15 Sutra 179
	Tula Rasi: 19.27	Tithi 3	Gulika 8:34AM – 10:00AM	Svati Until 6:49AM	Ganesha: Red	<i>Sunrise:</i> 5:43AM	Vilamba 5120
			Yama 5:43AM – 7:09AM	Vishkambha* Until 6:19AM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 25
	Creative Work	Amrita Yoga	662652364 Rahu 12:52PM – 2:17PM	Taitila Until 2:12PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:57AM Fri	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Adana, Turkey Sun 16 Sutra 180
	Vrischika Rasi: 2.42	Tithi 4	Gulika 7:09AM – 8:35AM	Vishakha Until 7:08AM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Vilamba 5120
			Yama 2:17PM – 3:42PM	Ayushman Until 3:49AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	673652364 Rahu 10:00AM – 11:26AM	Vanija Until 1:56PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 2:04AM Sat	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Adana, Turkey Sun 17 Sutra 181
	Vrischika Rasi: 15.34	Tithi 5	Gulika 5:45AM – 7:10AM	Anuradha Until 8:03AM	Ganesha: White	<i>Sunrise:</i> 5:45AM	Vilamba 5120
			Yama 12:51PM – 2:16PM	Saubhagya Until 3:28AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	673652364 Rahu 8:35AM – 10:00AM	Bava Until 2:27PM	Nataraja: Clear		3rd Phase
			Panchami Until 2:58AM Sun	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Adana, Turkey Sun 18 Sutra 182
	Vrischika Rasi: 28.05	Tithi 6	Gulika 2:15PM – 3:40PM	Jyeshtha* Until 9:33AM	Ganesha: White	<i>Sunrise:</i> 5:46AM	Vilamba 5120
			Yama 11:25AM – 12:50PM	Sobhana Until 3:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 25
	Routine Work	Marana Yoga	673652364 Rahu 3:40PM – 5:05PM	Kaulava Until 3:43PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 4:36AM Mon	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Adana, Turkey Sun 19 Sutra 183
	Dhanus Rasi: 10.17	Tithi 7	Gulika 12:49PM – 2:14PM	Mula* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Vilamba 5120
	Family Home Evening		Yama 10:00AM – 11:25AM	Athiganda* Until 4:19AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	683652364 Rahu 7:11AM – 8:36AM	Gara Until 5:40PM	Nataraja: Clear		3rd Phase
			Saptami Until 6:49AM Tue	Moon – Light Blue		Devaloka Day	
				Ashvina+Puratasi			

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau				Adana, Turkey Sun 20 Sutra 184
	Retreat Star		Gulika 11:25AM – 12:49PM	Purvashadha* Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Vilamba 5120
	Dhanus Rasi: 22.16	Tithi 7 – 8	Yama 8:36AM – 10:00AM	Sukarma Until 5:15AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	683652364 Rahu 2:13PM – 3:38PM	Visti Until 8:05PM	Nataraja: Clear		Ashtami
			Saptami Until 6:49AM	Moon – Light Blue		Devaloka Day	
				Ashvina+Puratasi			

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Adana, Turkey Sun 21 Sutra 185
	Retreat Star		Gulika 10:00AM – 11:24AM	Uttarashadha Until 5:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	Vilamba 5120
	Makara Rasi: 4.06	Tithi 8 – 9	Yama 7:12AM – 8:36AM	Dhriti Until 6:17AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 9 - Phase 25
	Creative Work	Amrita Yoga	683652364 Rahu 11:24AM – 12:48PM	Balava Until 10:44PM	Nataraja: Clear		Navami
			Ashtami* Until 9:23AM	Moon – Light Blue		Devaloka Day	
				Ashvina+Puratsi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Adana, Turkey Sun 22 Sutra 186 Vilamba 5120		
Makara Rasi: 15.53	Tithi 9 – 10	Gulika 8:37AM – 10:00AM	Shravana Until 9:05PM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 9 - Phase 26
		Yama 5:49AM – 7:13AM	Dhriti Until 6:17AM	Nataraja: Clear				4th Phase
		693652364 Rahu 12:48PM – 2:12PM	Taitila Until 1:20AM Fri	Moon – Purple				
Creative Work	Siddha Yoga		Vijaya Dasami	Navami* Until 12:02PM	Ashvina•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Adana, Turkey Sun 23 Sutra 187 Vilamba 5120		
Makara Rasi: 27.44	Tithi 10 – 11	Gulika 7:14AM – 8:37AM	Dhanishtha Until 11:55PM	Ganesha: Purple	<i>Sunrise:</i> 5:50AM	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Moon 9 - Phase 26
		Yama 2:11PM – 3:34PM	Shula* Until 7:12AM	Nataraja: Clear				4th Phase
		693652364 Rahu 10:01AM – 11:24AM	Vanija Until 3:37AM Sat	Moon – Purple				
Creative Work	Siddha Yoga		Dashami Until 2:30PM	Ashvina•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM		

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 24 Sutra 188 Vilamba 5120		
Kumbha Rasi: 9.42	Tithi 11 – 12	Gulika 5:51AM – 7:14AM	Shatabhishak Until 2:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:51AM	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Moon 9 - Phase 26
		Yama 12:47PM – 2:10PM	Ganda* Until 7:52AM	Nataraja: Clear				4th Phase
		693652364 Rahu 8:37AM – 10:01AM	Bava Until 5:25AM Sun	Moon – Purple				
Creative Work	Amrita Yoga		Ekadashi Until 4:34PM	Ashvina•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM		
Until 2:09AM Sun								
Then Creative Work	Siddha Yoga							

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava Karana Dvadashyam Titau		Adana, Turkey Sun 25 Sutra 189 Vilamba 5120		
Kumbha Rasi: 21.52	Tithi 12	Gulika 2:10PM – 3:32PM	Purvaproshtapada* Until 4:07AM Mon	Ganesha: White	<i>Sunrise:</i> 5:52AM	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Moon 9 - Phase 26
		Yama 11:24AM – 12:47PM	Vridhhi Until 8:09AM	Nataraja: Clear				4th Phase
		613652364 Rahu 3:32PM – 4:55PM	Balava Until 6:04PM	Moon – Clear				
Creative Work	Siddha Yoga		Dvadashi Until 6:04PM	Ashvina•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM		

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Adana, Turkey Sun 26 Sutra 190 Vilamba 5120		
Meena Rasi: 4.18	Tithi 13	Gulika 12:46PM – 2:09PM	Uttaraproshtapada Until 5:19AM Tue	Ganesha: White	<i>Sunrise:</i> 5:53AM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 9 - Phase 26
Family Home Evening		Yama 10:01AM – 11:24AM	Dhruva Until 7:56AM	Nataraja: Clear				4th Phase
		613652364 Rahu 7:16AM – 8:38AM	Kaulava Until 6:36AM	Moon – Clear				
Creative Work	Siddha Yoga		Trayodashi Until 6:56PM	Ashvina•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM		

Pradosha Vrata

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Adana, Turkey Sun 27 Sutra 191 Vilamba 5120		
Meena Rasi: 17.01	Tithi 14	Gulika 11:23AM – 12:46PM	Revati Until 5:44AM Wed	Ganesha: White	<i>Sunrise:</i> 5:54AM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 9 - Phase 26
		Yama 8:39AM – 10:01AM	Vyaghata* Until 7:14AM	Nataraja: Clear				4th Phase
		613652364 Rahu 2:08PM – 3:30PM	Gara Until 7:08AM	Moon – Clear				
Creative Work	Siddha Yoga		Chaturdashi* Until 7:09PM	Ashvina•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM		
Until 5:44AM Wed								
Then Routine Work	Marana Yoga							

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau		Adana, Turkey Sutra 192 Vilamba 5120		
Copper Retreat Star		Gulika 10:01AM – 11:23AM	Ashvini Until 5:56AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 9 - Phase 26
Mesha Rasi: 0.03	Tithi 15	Yama 7:17AM – 8:39AM	Harshana Until 6:03AM	Nataraja: Clear				Purnima
		623652364 Rahu 11:23AM – 12:45PM	Visti Until 7:04AM	Moon – White				
Routine Work	Marana Yoga		Purnima* Until 6:47PM	Ashvina•Aipasi	Devaloka Day			
Until 5:56AM Thu								
Then Creative Work	Siddha Yoga							

Thursday, October 25, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Adana, Turkey Sutra 193 Vilamba 5120		
Mesha Rasi: 13.22	Tithi 16 – 17	Gulika 8:40AM – 10:01AM	Bharani Until 5:32AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 9 - Phase 26
		Yama 5:56AM – 7:18AM	Siddhi Until 2:27AM Fri	Nataraja: Clear				Prathama
		623652364 Rahu 12:45PM – 2:07PM	Balava Until 6:26AM	Moon – White				
Creative Work	Siddha Yoga		Prathama* Until 5:56PM	Ashvina•Aipasi	Devaloka Day			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyalipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 26.55 Tithi 17 - 18

624652364

Gulika 7:18AM - 8:40AM
Yama 2:06PM - 3:28PM
Rahu 10:01AM - 11:23AM

Krittika Until 4:40AM Sat
Vyatipata* Until 12:11AM Sat
Vanija Until 3:56AM Sat
Dvitiya Until 4:40PM

Ganesha: White *Sunrise:* 5:57AM
Muruqa: Purple *Sunset:* 4:49PM
Nataraja: Clear
Moon - White
Ashvina•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 4:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Adana, Turkey

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 10.4 Tithi 18 - 19

634652364

Gulika 5:58AM - 7:19AM
Yama 12:44PM - 2:05PM
Rahu 8:40AM - 10:02AM

Rohini Until 3:50AM Sun
Variyan Until 9:42PM
Bava Until 2:17AM Sun
Tritiya Until 3:07PM

Ganesha: Clear *Sunrise:* 5:58AM
Muruqa: Purple *Sunset:* 4:48PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 24.35 Tithi 19 - 20

634652364

Gulika 2:05PM - 3:26PM
Yama 11:23AM - 12:44PM
Rahu 3:26PM - 4:47PM

Mrigashira Until 2:44AM Mon
Parigha* Until 7:06PM
Kaulava Until 12:29AM Mon
Chaturthi* Until 1:23PM

Ganesha: Clear *Sunrise:* 5:59AM
Muruqa: Purple *Sunset:* 4:47PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 8.34 Tithi 20 - 21

634652364

Gulika 12:44PM - 2:04PM
Yama 10:02AM - 11:23AM
Rahu 7:21AM - 8:41AM

Ardra Until 1:23AM Tue
Shiva Until 4:25PM
Gara Until 10:35PM
Panchami Until 11:31AM

Ganesha: Clear *Sunrise:* 6:00AM
Muruqa: Purple *Sunset:* 4:46PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 22.36 Tithi 21 - 22

644662364

Gulika 11:23AM - 12:43PM
Yama 8:42AM - 10:02AM
Rahu 2:04PM - 3:24PM

Punarvasu Until 12:17AM Wed
Siddha Until 1:40PM
Visti Until 8:38PM
Shashthi* Until 9:36AM

Ganesha: Purple *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 4:45PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 6.4 Tithi 22 - 23

644662364

Gulika 10:02AM - 11:23AM
Yama 7:22AM - 8:42AM
Rahu 11:23AM - 12:43PM

Pushya Until 11:01PM
Sadhya Until 10:55AM
Balava Until 6:40PM
Saptami Until 7:38AM

Ganesha: Purple *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 20.45 Tithi 24

644662364

Gulika 8:43AM - 10:03AM
Yama 6:03AM - 7:23AM
Rahu 12:43PM - 2:03PM

Ashlesha* Until 9:36PM
Subha Until 8:09AM
Taitila Until 4:41PM
Navami* Until 3:40AM Fri

Ganesha: Purple *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 4:42PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Adana, Turkey Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 4.5	Tithi 25	Gulika 7:24AM – 8:43AM	Magha* Until 8:29PM	Ganesha: Clear	Sunrise: 6:04AM	Moon 10 - Phase 28	
		Yama 2:02PM – 3:22PM	Brahma Until 2:34AM Sat	Muruqa: Clear	Sunset: 4:41PM	2nd Phase	
		654662364 Rahu 10:03AM – 11:23AM	Vanija Until 2:42PM	Nataraja: Clear		Sivaloka Day	
Routine Work	Marana Yoga		Dashami Until 1:42AM Sat	Moon – Red		Ashvina•Aipasi	
Until 8:29PM							
Then Creative Work - Siddha Yoga							
2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Adana, Turkey Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 18.54	Tithi 26	Gulika 6:05AM – 7:24AM	Purvaphalguni Until 7:14PM	Ganesha: White	Sunrise: 6:05AM	Moon 10 - Phase 28	
		Yama 12:42PM – 2:01PM	Indra Until 11:51PM	Muruqa: Clear	Sunset: 4:40PM	2nd Phase	
		654762364 Rahu 8:44AM – 10:03AM	Bava Until 12:45PM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 11:46PM	Moon – Red		Ashvina•Aipasi	
Until 7:14PM							
Then Routine Work - Marana Yoga							
3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Adana, Turkey Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 2.56	Tithi 27	Gulika 2:01PM – 3:20PM	Uttaraphalguni Until 5:57PM	Ganesha: White	Sunrise: 6:06AM	Moon 10 - Phase 28	
		Yama 11:23AM – 12:42PM	Vaidhriti* Until 9:11PM	Muruqa: Clear	Sunset: 4:39PM	2nd Phase	
		654762364 Rahu 3:20PM – 4:39PM	Kaulava Until 10:52AM	Nataraja: Clear		Devaloka Day	
Creative Work	Amrita Yoga		Dvadashi* Until 9:57PM	Moon – Red		Ashvina•Aipasi	
Until 5:07PM							
Then Routine Work - Prabalarishta Yoga							
4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Adana, Turkey Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 16.54	Tithi 28	Gulika 12:42PM – 2:01PM	Hasta Until 5:07PM	Ganesha: Green	Sunrise: 6:07AM	Moon 10 - Phase 28	
Family Home Evening		Yama 10:04AM – 11:23AM	Vishkambha* Until 6:40PM	Muruqa: Clear	Sunset: 4:38PM	2nd Phase	
Creative Work	Siddha Yoga	664762364 Rahu 7:26AM – 8:45AM	Gara Until 9:07AM	Nataraja: Clear		Devaloka Day	
Until 5:07PM			Trayodashi* Until 8:19PM	Moon – Green		Ashvina•Aipasi	
Then Routine Work - Prabalarishta Yoga			Pradosha Vrata (Fasting)				
5		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Adana, Turkey Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 0.43	Tithi 29	Gulika 11:23AM – 12:41PM	Chitra Until 4:24PM	Ganesha: Green	Sunrise: 6:08AM	Moon 10 - Phase 28	
		Yama 8:45AM – 10:04AM	Priti Until 4:24PM	Muruqa: Clear	Sunset: 4:37PM	2nd Phase	
		664762364 Rahu 2:00PM – 3:19PM	Visti Until 7:37AM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:58PM	Moon – Green		Ashvina•Aipasi	
		Subramuniaswami Mahasamadhi					
		Deepavali Hindu Solidarity Day					
Retreat Star		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Adana, Turkey Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 14.2	Tithi 30	Gulika 10:04AM – 11:23AM	Svati Until 3:56PM	Ganesha: White	Sunrise: 6:09AM	Moon 10 - Phase 28	
		Yama 7:27AM – 8:46AM	Ayushman Until 2:25PM	Muruqa: Clear	Sunset: 4:36PM	Amavasya	
		764762364 Rahu 11:23AM – 12:41PM	Catuspada Until 6:28AM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Amavasya* Until 6:02PM	Moon – Green		Ashvina•Aipasi	
Retreat Star		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Adana, Turkey Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 27.42	Tithi 1 – 2	Gulika 8:46AM – 10:05AM	Vishakha Until 4:16PM	Ganesha: Orange	Sunrise: 6:10AM	Moon 10 - Phase 28	
		Yama 6:10AM – 7:28AM	Saubhagya Until 12:50PM	Muruqa: Clear	Sunset: 4:36PM	Prathama	
		775762364 Rahu 12:41PM – 1:59PM	Balava Until 5:39AM Fri	Nataraja: Clear		Sivaloka Day	
Creative Work	Siddha Yoga		Prathama* Until 5:37PM	Moon – Orange		Kartika•Aipasi	
		Skanda Shasthi Begins					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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1	Friday, November 9, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Adana, Turkey
	Sun 15	Sutra 208	Vilamba 5120
Wrischika Rasi: 10.46	Tithi 2 - 3	Gulika 7:29AM - 8:47AM Yama 1:59PM - 3:17PM Rahu 10:05AM - 11:23AM	Anuradha Until 5:02PM Sobhana Until 11:45AM Taitila Until 6:12AM Sat Dvitiya Until 5:49PM
Creative Work	Siddha Yoga		Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon - Orange
Until 5:02PM			Sunrise: 6:11AM Sunset: 4:35PM
Then Routine Work - Marana Yoga			Moon 10 - Phase 29 3rd Phase Sivaloka Day Kartika-Aipasi

2	Saturday, November 10, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau	Adana, Turkey
	Sun 16	Sutra 209	Vilamba 5120
Wrischika Rasi: 23.3	Tithi 3	Gulika 6:12AM - 7:30AM Yama 12:41PM - 1:58PM Rahu 8:48AM - 10:05AM	Jyeshtha* Until 6:18PM Athiganda* Until 11:08AM Taitila Until 6:12AM Tritiya Until 6:42PM
Creative Work	Siddha Yoga		Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon - Orange
			Sunrise: 6:12AM Sunset: 4:34PM
			Moon 10 - Phase 29 3rd Phase Sivaloka Day Kartika-Aipasi

3	Sunday, November 11, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau	Adana, Turkey
	Sun 17	Sutra 210	Vilamba 5120
Dhanus Rasi: 5.56	Tithi 4	Gulika 1:58PM - 3:16PM Yama 11:23AM - 12:41PM Rahu 3:16PM - 4:33PM	Mula* Until 8:31PM Sukarma Until 11:03AM Vanija Until 7:25AM Chaturthi* Until 8:15PM
Creative Work	Amrita Yoga		Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Light Blue
Until 8:31PM			Sunrise: 6:13AM Sunset: 4:33PM
Then Creative Work - Siddha Yoga			Moon 10 - Phase 29 3rd Phase Sivaloka Day Kartika-Aipasi

4	Monday, November 12, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Adana, Turkey
	Sun 18	Sutra 211	Vilamba 5120
Dhanus Rasi: 18.06	Tithi 5	Gulika 12:40PM - 1:58PM Yama 10:06AM - 11:23AM Rahu 7:31AM - 8:49AM	Purvashadha* Until 11:08PM Dhriti Until 11:28AM Bava Until 9:17AM Panchami Until 10:23PM
Family Home Evening			Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Light Blue
Routine Work	Marana Yoga		Sunrise: 6:14AM Sunset: 4:32PM
			Moon 10 - Phase 29 3rd Phase Sivaloka Day Kartika-Aipasi

5	Tuesday, November 13, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Adana, Turkey
	Sun 19	Sutra 212	Vilamba 5120
Makara Rasi: 0.04	Tithi 6	Gulika 11:23AM - 12:40PM Yama 8:49AM - 10:06AM Rahu 1:57PM - 3:14PM	Uttarashadha Until 1:58AM Wed Shula* Until 12:12PM Kaulava Until 11:38AM Shashthi* Until 12:55AM Wed
Routine Work	Prabalarishta Yoga		Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Light Blue
Until 1:58AM Wed			Sunrise: 6:15AM Sunset: 4:31PM
Then Creative Work - Siddha Yoga		Skanda Shasthi	Moon 10 - Phase 29 3rd Phase Sivaloka Day Kartika-Aipasi

6	Wednesday, November 14, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau	Adana, Turkey
	Sun 20	Sutra 213	Vilamba 5120
Makara Rasi: 11.53	Tithi 7	Gulika 10:07AM - 11:23AM Yama 7:33AM - 8:50AM Rahu 11:23AM - 12:40PM	Shravana Until 5:16AM Thu Ganda* Until 1:10PM Gara Until 2:18PM Saptami Until 3:38AM Thu
Creative Work	Siddha Yoga		Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Purple
			Sunrise: 6:16AM Sunset: 4:31PM
			Moon 10 - Phase 29 3rd Phase Subha Sivaloka Day Kartika-Aipasi

D	Thursday, November 15, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Adana, Turkey
	Sun 21	Sutra 214	Vilamba 5120
Makara Rasi: 23.41	Tithi 8	Gulika 8:50AM - 10:07AM Yama 6:17AM - 7:34AM Rahu 12:40PM - 1:57PM	Dhanishtha Until 8:18AM Fri Vridhhi Until 2:10PM Visti Until 4:59PM Ashtami* Until 6:13AM Fri
Creative Work	Siddha Yoga		Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Purple
			Sunrise: 6:17AM Sunset: 4:30PM
			Moon 10 - Phase 29 Ashtami Subha Sivaloka Day Kartika-Aipasi

D	Friday, November 16, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva*/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Adana, Turkey
	Sun 22	Sutra 215	Vilamba 5120
Kumbha Rasi: 5.31	Tithi 8 - 9	Gulika 7:35AM - 8:51AM Yama 1:57PM - 3:13PM Rahu 10:07AM - 11:24AM	Dhanishtha Until 8:18AM Dhruva Until 2:59PM Balava Until 7:25PM Ashtami* Until 6:13AM
Creative Work	Siddha Yoga		Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Purple
			Sunrise: 6:18AM Sunset: 4:29PM
			Moon 10 - Phase 29 Navami Subha Sivaloka Day Kartika-Kartikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Adana, Turkey Sun 23 Sutra 216	
Kumbha Rasi: 17.3	Tithi 9 – 10	Gulika 6:19AM – 7:36AM	Shatabhishak Until 10:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM			Vilamba 5120	
		Yama 12:40PM – 1:56PM	Vyaghata* Until 3:29PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM			Moon 10 - Phase 30	
		796762365 Rahu 8:52AM – 10:08AM	Taitila Until 9:23PM	Nataraja: White				4th Phase	
Creative Work	Amrita Yoga	Navami* Until 8:27AM		Moon – Purple			Devaloka Day		
Until 10:47AM							Karttika-Karttikai		
Then Routine Work - Marana Yoga									

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Adana, Turkey Sun 24 Sutra 217	
Kumbha Rasi: 29.41	Tithi 10 – 11	Gulika 1:56PM – 3:12PM	Purvaproshtapada* Until 1:02PM	Ganesha: Red	<i>Sunrise:</i> 6:20AM			Vilamba 5120	
		Yama 11:24AM – 12:40PM	Harshana Until 3:32PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM			Moon 10 - Phase 30	
		716762365 Rahu 3:12PM – 4:28PM	Vanija Until 10:41PM	Nataraja: White				4th Phase	
Creative Work	Siddha Yoga	Dashami Until 10:06AM		Moon – Clear			Devaloka Day		
Until 1:02PM							Karttika-Karttikai		
Then Creative Work - Amrita Yoga									

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 25 Sutra 218	
Meena Rasi: 12.11	Tithi 11 – 12	Gulika 12:40PM – 1:56PM	Uttaraproshtapada Until 2:25PM	Ganesha: Red	<i>Sunrise:</i> 6:21AM			Vilamba 5120	
		Yama 10:09AM – 11:24AM	Vajra* Until 3:00PM	Muruqa: Clear	<i>Sunset:</i> 4:27PM			Moon 10 - Phase 30	
Family Home Evening		716762365 Rahu 7:37AM – 8:53AM	Bava Until 11:15PM	Nataraja: White				4th Phase	
Creative Work	Siddha Yoga	Ekadashi Until 11:02AM		Moon – Clear			Devaloka Day		
							Karttika-Karttikai		

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Adana, Turkey Sun 26 Sutra 219	
Meena Rasi: 25.02	Tithi 12 – 13	Gulika 11:25AM – 12:40PM	Revati Until 2:56PM	Ganesha: Red	<i>Sunrise:</i> 6:22AM			Vilamba 5120	
		Yama 8:54AM – 10:09AM	Siddhi Until 1:53PM	Muruqa: Clear	<i>Sunset:</i> 4:27PM			Moon 10 - Phase 30	
		716762365 Rahu 1:56PM – 3:11PM	Kaulava Until 11:03PM	Nataraja: White				4th Phase	
Creative Work	Siddha Yoga	Dvadashi Until 11:13AM		Moon – Clear			Devaloka Day		
							Karttika-Karttikai		
							<i>Pradosha Vrata</i>		

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 27 Sutra 220	
Mesha Rasi: 8.14	Tithi 13 – 14	Gulika 10:10AM – 11:25AM	Ashvini Until 3:03PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM			Vilamba 5120	
		Yama 7:39AM – 8:54AM	Vyailpata* Until 12:13PM	Muruqa: Clear	<i>Sunset:</i> 4:26PM			Moon 10 - Phase 30	
		726762365 Rahu 11:25AM – 12:40PM	Gara Until 10:10PM	Nataraja: White				4th Phase	
Routine Work	Marana Yoga	Trayodashi Until 10:40AM		Moon – White			Bhuloka Day		
Until 3:03PM							Karttika-Karttikai		
Then Creative Work - Siddha Yoga							Devaloka Time: 12:PM to 3:PM		

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Adana, Turkey Sutra 221	
Copper Retreat Star		Gulika 8:55AM – 10:10AM	Bharani Until 2:23PM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM			Vilamba 5120	
Mesha Rasi: 21.5	Tithi 14 – 15	Yama 6:25AM – 7:40AM	Varyan Until 10:01AM	Muruqa: Clear	<i>Sunset:</i> 4:26PM			Moon 10 - Phase 30	
		726762365 Rahu 12:40PM – 1:55PM	Visti Until 8:40PM	Nataraja: White				Purnima	
Creative Work	Siddha Yoga	Chaturdashi* Until 9:28AM		Moon – White			Bhuloka Day		
Until 2:23PM		Krittika Deepam					Karttika-Karttikai		
Then Routine Work - Marana Yoga							Devaloka Time: 12:PM to 3:PM		

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Adana, Turkey Sutra 222	
Silver Retreat Star		Gulika 7:41AM – 8:55AM	Krittika Until 1:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM			Vilamba 5120	
Vrishabha Rasi: 5.44	Tithi 15 – 16	Yama 1:55PM – 3:10PM	Parigha* Until 7:25AM	Muruqa: Clear	<i>Sunset:</i> 4:25PM			Moon 10 - Phase 30	
		726762365 Rahu 10:10AM – 11:25AM	Balava Until 6:42PM	Nataraja: White				Prathama	
Creative Work	Siddha Yoga	Purnima* Until 7:43AM		Moon – White			Bhuloka Day		
Until 1:05PM		Vinayaga Viratam Begins					Karttika-Karttikai		
Then Routine Work - Marana Yoga							Devaloka Time: 12:PM to 3:PM		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 19.56 Tithi 17

737762365

Gulika 6:27AM – 7:41AM
Yama 12:41PM – 1:55PM
Rahu 8:56AM – 10:11AM

Rohini Until 11:42AM
Siddha Until 1:19AM Sun
Taitila Until 4:25PM
Dvitiya Until 3:10AM Sun

Ganesha: Red *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 4:25PM

Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 11:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visli* Karana Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.17 Tithi 18

737762365

Gulika 1:55PM – 3:10PM
Yama 11:26AM – 12:41PM
Rahu 3:10PM – 4:24PM

Mrigashira Until 9:56AM
Sadhya Until 10:02PM
Vanija Until 1:55PM
Tritiya Until 12:37AM Mon

Ganesha: Red *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 4:24PM

Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 18.44 Tithi 19

737762365

Gulika 12:41PM – 1:55PM
Yama 10:12AM – 11:26AM
Rahu 7:43AM – 8:57AM

Ardra Until 7:57AM
Subha Until 6:45PM
Bava Until 11:21AM
Chaturthi* Until 10:04PM

Ganesha: Red *Sunrise:* 6:29AM
Muruqa: Clear *Sunset:* 4:24PM

Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.1 Tithi 20

747762365

Gulika 11:27AM – 12:41PM
Yama 8:58AM – 10:12AM
Rahu 1:55PM – 3:09PM

Punarvasu Until 6:16AM
Sukla Until 3:30PM
Kaulava Until 8:50AM
Panchami Until 7:36PM

Ganesha: Green *Sunrise:* 6:30AM
Muruqa: Clear *Sunset:* 4:24PM

Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Visli* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 17.31 Tithi 21 – 22

747862365

Gulika 10:13AM – 11:27AM
Yama 7:45AM – 8:59AM
Rahu 11:27AM – 12:41PM

Ashlesha* Until 2:55AM Thu
Brahma Until 12:23PM
Gara Until 6:26AM
Shashthi* Until 5:17PM

Ganesha: White *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 4:23PM

Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Simha Rasi: 1.44 Tithi 22 – 23

757863365

Gulika 8:59AM – 10:13AM
Yama 6:31AM – 7:45AM
Rahu 12:41PM – 1:55PM

Magha* Until 1:46AM Fri
Indra Until 9:27AM
Balava Until 2:17AM Fri
Saptami Until 3:12PM

Ganesha: Clear *Sunrise:* 6:31AM
Muruqa: Purple *Sunset:* 4:23PM

Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 1:46AM Fri

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 15.47 Tithi 23 – 24

757863365

Gulika 7:46AM – 9:00AM
Yama 1:55PM – 3:09PM
Rahu 10:14AM – 11:28AM

Purvaphalguni Until 12:45AM Sat
Vaidhriti* Until 6:41AM
Taitila Until 12:35AM Sat
Ashtami* Until 1:22PM

Ganesha: Clear *Sunrise:* 6:32AM
Muruqa: Purple *Sunset:* 4:23PM

Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 12:45AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Adana, Turkey

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 29.41 Tithi 24 – 25

758863365

Gulika 6:33AM – 7:47AM
Yama 12:42PM – 1:55PM
Rahu 9:01AM – 10:14AM

Uttaraphalguni Until 11:50PM
Priti Until 1:50AM Sun
Vanija Until 11:09PM
Navami* Until 11:49AM

Ganesha: Orange *Sunrise:* 6:33AM
Muruqa: Purple *Sunset:* 4:23PM

Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Adana, Turkey Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 13.25	Tithi 25 – 26	Gulika 1:56PM – 3:09PM	Hasta Until 11:30PM	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM
		Yama 11:28AM – 12:42PM	Ayushman Until 11:43PM	Muruqa: Purple <i>Sunset:</i> 4:23PM
	768863365	Rahu 3:09PM – 4:23PM	Bava Until 10:01PM	Nataraja: White
Creative Work Amrita Yoga			Dashami Until 10:31AM	Moon – Green
Until 11:30PM				Bhuloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 26.58	Tithi 26 – 27	Gulika 12:42PM – 1:56PM	Chitra Until 11:20PM	Ganesha: Light Blue <i>Sunrise:</i> 6:35AM
Family Home Evening		Yama 10:15AM – 11:29AM	Saubhagya Until 9:52PM	Muruqa: Purple <i>Sunset:</i> 4:22PM
Routine Work Prabalarishta Yoga	768863365	Rahu 7:49AM – 9:02AM	Kaulava Until 9:11PM	Nataraja: White
Until 11:20PM			Ekadashi* Until 9:32AM	Moon – Green
Then Creative Work - Amrita Yoga				Bhuloka Day
				Karttika-Karttikai

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Adana, Turkey Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 10.21	Tithi 27 – 28	Gulika 11:29AM – 12:43PM	Svati Until 11:21PM	Ganesha: Light Blue <i>Sunrise:</i> 6:36AM
		Yama 9:03AM – 10:16AM	Sobhana Until 8:17PM	Muruqa: Purple <i>Sunset:</i> 4:22PM
	768863365	Rahu 1:56PM – 3:09PM	Gara Until 8:41PM	Nataraja: White
Creative Work Siddha Yoga			Dvadashi* Until 8:52AM	Moon – Green
Until 11:21PM				Bhuloka Day
Then Routine Work - Marana Yoga				Karttika-Karttikai
				<i>Pradosha Vrata (Fasting)</i>

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visiti* Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 23.32	Tithi 28 – 29	Gulika 10:17AM – 11:30AM	Vishakha Until 12:03AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:37AM
		Yama 7:50AM – 9:03AM	Athiganda* Until 7:00PM	Muruqa: Purple <i>Sunset:</i> 4:22PM
	778863365	Rahu 11:30AM – 12:43PM	Visti Until 8:36PM	Nataraja: White
Creative Work Siddha Yoga			Trayodashi* Until 8:34AM	Moon – Orange
				Bhuloka Day
				Karttika-Karttikai

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Adana, Turkey Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika 9:04AM – 10:17AM	Anuradha Until 1:04AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:38AM
Vrischika Rasi: 6.31	Tithi 29 – 30	Yama 6:38AM – 7:51AM	Sukarma Until 6:04PM	Muruqa: Purple <i>Sunset:</i> 4:22PM
	778863365	Rahu 12:43PM – 1:56PM	Catuspada Until 8:59PM	Nataraja: White
Creative Work Siddha Yoga			Chaturdashi* Until 8:42AM	Moon – Orange
Until 1:04AM Fri				Bhuloka Day
Then Routine Work - Marana Yoga				Karttika-Karttikai

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Adana, Turkey Sun 13 Sutra 236 Vilamba 5120
Retreat Star		Gulika 7:52AM – 9:05AM	Jyeshtha* Until 2:25AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:39AM
Vrischika Rasi: 19.15	Tithi 30 – 1	Yama 1:56PM – 3:09PM	Dhriti Until 5:33PM	Muruqa: Purple <i>Sunset:</i> 4:22PM
	779863365	Rahu 10:18AM – 11:31AM	Kintughna Until 9:52PM	Nataraja: White
Routine Work Marana Yoga			Amavasya* Until 9:20AM	Moon – Orange
Until 2:25AM Sat				Bhuloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Varyan Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 19.59	Tithi 10	Gulika 12:47PM – 2:00PM	Revati Until 12:38AM Tue	Ganesha: Purple	<i>Sunrise:</i> 6:46AM	
	Family Home Evening	821863365	Yama 10:23AM – 11:35AM	Variyan Until 9:38PM	Muruqa: Purple	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 7:59AM – 9:11AM	Taitila Until 4:22PM	Nataraja: White		4th Phase
			Dashami Until 4:29AM Tue	Moon – Clear		Bhuloka Day	
				Margasira-Markali			

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 2.48	Tithi 11	Gulika 11:36AM – 12:48PM	Ashvini Until 1:09AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	
		821863365	Yama 9:11AM – 10:24AM	Parigha* Until 8:21PM	Muruqa: Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 2:00PM – 3:12PM	Vanija Until 4:26PM	Nataraja: White		4th Phase
		Vaikuntha Ekadasi	Ekadashi Until 4:08AM Wed	Moon – White		Bhuloka Day	
				Margasira-Markali	Devaloka Time: 6:AM to 9:AM		

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau				Adana, Turkey Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 16.02	Tithi 12	Gulika 10:24AM – 11:36AM	Bharani Until 12:43AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	
		821863365	Yama 8:00AM – 9:12AM	Shiva Until 6:26PM	Muruqa: Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 11:36AM – 12:48PM	Bava Until 3:40PM	Nataraja: White		4th Phase
Until 12:43AM Thu			Dvodashi Until 2:59AM Thu	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Margasira-Markali	Devaloka Time: 6:AM to 9:AM		

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 29.42	Tithi 13	Gulika 9:12AM – 10:25AM	Krittika Until 11:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	
		821863365	Yama 6:48AM – 8:00AM	Siddha Until 3:56PM	Muruqa: Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		Rahu 12:49PM – 2:01PM	Kaulava Until 2:09PM	Nataraja: White		4th Phase
			Trayodashi Until 1:08AM Fri	Moon – White		Bhuloka Day	
				Margasira-Markali	Devaloka Time: 6:AM to 9:AM		
				<i>Pradosha Vrata</i>			

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 13.47	Tithi 14	Gulika 8:01AM – 9:13AM	Rohini Until 9:54PM	Ganesha: White	<i>Sunrise:</i> 6:49AM	
		831863365	Yama 2:02PM – 3:14PM	Sadhya Until 12:56PM	Muruqa: Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		Rahu 10:25AM – 11:37AM	Gara Until 12:00PM	Nataraja: White		4th Phase
Until 9:54PM		Day 1 of Pancha Ganapati	Chaturdashi* Until 10:43PM	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira-Markali			

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sun 28 Sutra 251 Vilamba 5120
	Copper Retreat Star		Gulika 6:49AM – 8:01AM	Mrigashira Until 7:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	
	Vrishabha Rasi: 28.14	Tithi 15	Yama 12:50PM – 2:02PM	Subha Until 9:32AM	Muruqa: Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 34
		831963365	Rahu 9:13AM – 10:26AM	Visti Until 9:21AM	Nataraja: White		Purnima
Creative Work Siddha Yoga		Day 2 of Pancha Ganapati	Purnima* Until 7:52PM	Moon – Yellow		Bhuloka Day	
				Margasira-Markali	Devaloka Time: 9:AM to 12:PM		

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Adana, Turkey Sun 29 Sutra 252 Vilamba 5120
	Silver Retreat Star		Gulika 2:03PM – 3:15PM	Ardra Until 5:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM	
	Mithuna Rasi: 12.56	Tithi 16 – 17	Yama 11:38AM – 12:50PM	Brahma Until 2:00AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 34
		831963365	Rahu 3:15PM – 4:27PM	Balava Until 6:21AM	Nataraja: White		Prathama
Creative Work Siddha Yoga		Day 3 of Pancha Ganapati	Prathama* Until 4:45PM	Moon – Yellow		Bhuloka Day	
		Ardra Darshanam		Margasira-Markali	Devaloka Time: 9:AM to 12:PM		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 27.49 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 2:53PM

Then Creative Work - Siddha Yoga

Gulika 12:51PM - 2:03PM

Yama 10:27AM - 11:39AM

Rahu 8:02AM - 9:14AM

Day 4 of Pancha Ganapati

Punarvasu Until 2:53PM

Indra Until 10:07PM

Vanija Until 11:55PM

Dvitiya Until 1:31PM

Ganesha: Blue

Sunrise: 6:50AM

Muruqa: Purple

Sunset: 4:27PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Adana, Turkey

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 12.41 Tithi 18 - 19

842963365

Creative Work Siddha Yoga

Gulika 11:39AM - 12:51PM

Yama 9:15AM - 10:27AM

Rahu 2:04PM - 3:16PM

Day 5 of Pancha Ganapati

Pushya Until 12:25PM

Vaidhriti* Until 6:18PM

Bava Until 8:47PM

Tritiya Until 10:19AM

Ganesha: Yellow

Sunrise: 6:50AM

Muruqa: Purple

Sunset: 4:28PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Vishkamba*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 27.28 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 10:28AM - 11:40AM

Yama 8:03AM - 9:15AM

Rahu 11:40AM - 12:52PM

Ashlesha* Until 9:59AM

Vishkamba* Until 2:39PM

Taitila Until 4:31AM Thu

Chaturthi* Until 7:16AM

Ganesha: Yellow

Sunrise: 6:51AM

Muruqa: Purple

Sunset: 4:29PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 12.02 Tithi 21

852963366

Creative Work Amrita Yoga

Until 8:08AM

Then Creative Work - Siddha Yoga

Gulika 9:16AM - 10:28AM

Yama 6:51AM - 8:03AM

Rahu 12:52PM - 2:05PM

Magha* Until 8:08AM

Priti Until 11:17AM

Gara Until 3:18PM

Shashthi* Until 2:10AM Fri

Ganesha: Blue

Sunrise: 6:51AM

Muruqa: Purple

Sunset: 4:29PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Adana, Turkey

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 26.2 Tithi 22

852963366

Creative Work Siddha Yoga

Gulika 8:04AM - 9:16AM

Yama 2:05PM - 3:18PM

Rahu 10:28AM - 11:41AM

Purvaphalguni Until 6:33AM

Ayushman Until 8:14AM

Visti Until 1:10PM

Saptami Until 12:16AM Sat

Ganesha: Blue

Sunrise: 6:52AM

Muruqa: Purple

Sunset: 4:30PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 10.19 Tithi 23

862963366

Routine Work Marana Yoga

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 6:52AM - 8:04AM

Yama 12:54PM - 2:06PM

Rahu 9:17AM - 10:29AM

Hasta Until 4:50AM Sun

Sobhana Until 3:22AM Sun

Balava Until 11:32AM

Ashtami* Until 10:54PM

Ganesha: Red

Sunrise: 6:52AM

Muruqa: Purple

Sunset: 4:31PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 23.59 Tithi 24

862963366

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Creative Work - Amrita Yoga

Gulika 2:07PM - 3:19PM

Yama 11:42AM - 12:54PM

Rahu 3:19PM - 4:31PM

Chitra Until 4:46AM Mon

Athiganda* Until 1:33AM Mon

Taitila Until 10:26AM

Navami* Until 10:04PM

Ganesha: Red

Sunrise: 6:52AM

Muruqa: Purple

Sunset: 4:31PM



Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Adana, Turkey Sun 8 Sutra 260 Vilamba 5120
1	Tula Rasi: 7.2 Tithi 25 Family Home Evening Creative Work Amrita Yoga Until 5:03AM Tue Then Routine Work - Marana Yoga	Gulika 12:55PM - 2:07PM Yama 10:30AM - 11:42AM Rahu 8:05AM - 9:17AM	Svati Until 5:03AM Tue Sukarma Until 12:09AM Tue Vanija Until 9:52AM Dashami Until 9:45PM	Ganesha: Red Muruqa: Purple Nataraja: Green Moon - Green	Sunrise: 6:52AM Sunset: 4:32PM	Moon 12 - Phase 36 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Adana, Turkey Sun 9 Sutra 261 Vilamba 5120
2	Tula Rasi: 20.25 Tithi 26 Routine Work Marana Yoga Until 6:08AM Wed Then Creative Work - Siddha Yoga	Gulika 11:43AM - 12:55PM Yama 9:18AM - 10:30AM Rahu 2:08PM - 3:20PM	Vishakha Until 6:08AM Wed Dhriti Until 11:09PM Bava Until 9:49AM Ekadashi* Until 9:58PM	Ganesha: Green Muruqa: Purple Nataraja: Green Moon - Orange	Sunrise: 6:53AM Sunset: 4:33PM	Moon 12 - Phase 36 2nd Phase Bhuloka Day Margasira*Markali
Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 262 Vilamba 5120
3	Vrischika Rasi: 3.15 Tithi 27 Creative Work Siddha Yoga	Gulika 10:31AM - 11:43AM Yama 8:05AM - 9:18AM Rahu 11:43AM - 12:56PM	Vishakha Until 6:08AM Shula* Until 10:31PM Kaulava Until 10:17AM Dvadashi* Until 10:40PM	Ganesha: Green Muruqa: Purple Nataraja: Green Moon - Orange	Sunrise: 6:53AM Sunset: 4:34PM	Moon 12 - Phase 36 2nd Phase Bhuloka Day Margasira*Markali
Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 263 Vilamba 5120
4	Vrischika Rasi: 15.52 Tithi 28 Creative Work Siddha Yoga Until 7:31AM Then Routine Work - Prabalarishta Yoga	Gulika 9:18AM - 10:31AM Yama 6:53AM - 8:06AM Rahu 12:56PM - 2:09PM	Anuradha Until 7:31AM Ganda* Until 10:14PM Gara Until 11:13AM Trayodashi* Until 11:51PM	Ganesha: Green Muruqa: Purple Nataraja: Green Moon - Orange	Sunrise: 6:53AM Sunset: 4:34PM	Moon 12 - Phase 36 2nd Phase Bhuloka Day Margasira*Markali Pradosha Vrata (Fasting)
Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 264 Vilamba 5120
5	Vrischika Rasi: 28.16 Tithi 29 Routine Work Marana Yoga Until 9:12AM Then Creative Work - Amrita Yoga	Gulika 8:06AM - 9:19AM Yama 2:10PM - 3:22PM Rahu 10:31AM - 11:44AM	Jyeshtha* Until 9:12AM Vriddhi Until 10:19PM Visti Until 12:37PM Chaturdashi* Until 1:28AM Sat	Ganesha: Green Muruqa: Purple Nataraja: Green Moon - Orange	Sunrise: 6:53AM Sunset: 4:35PM	Moon 12 - Phase 36 2nd Phase Bhuloka Day Margasira*Markali
Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 265 Vilamba 5120
	Retreat Star Dhanus Rasi: 10.29 Tithi 30 Creative Work Siddha Yoga	Gulika 6:53AM - 8:06AM Yama 12:57PM - 2:10PM Rahu 9:19AM - 10:32AM	Mula* Until 11:36AM Dhruva Until 10:40PM Catuspada Until 2:27PM Amavasya* Until 3:29AM Sun	Ganesha: White Muruqa: Purple Nataraja: Green Moon - Light Blue	Sunrise: 6:53AM Sunset: 4:36PM	Moon 12 - Phase 36 Amavasya Bhuloka Day Margasira*Markali
Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Adana, Turkey Sun 14 Sutra 266 Vilamba 5120
	Retreat Star Dhanus Rasi: 22.34 Tithi 1 Creative Work Siddha Yoga Until 2:13PM Then Creative Work - Amrita Yoga	Gulika 2:11PM - 3:24PM Yama 11:45AM - 12:58PM Rahu 3:24PM - 4:37PM	Purvashadha* Until 2:13PM Vyaghata* Until 11:18PM Kintughna Until 4:39PM Prathama* Until 5:50AM Mon	Ganesha: White Muruqa: Clear Nataraja: Green Moon - Light Blue	Sunrise: 6:53AM Sunset: 4:37PM	Moon 12 - Phase 36 Prathama Bhuloka Day Devaloka Time: 12:PM to 3:PM Pausha*Markali

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Adana, Turkey Sun 15 Sutra 267 Vilamba 5120	
1	Makara Rasi: 4.3 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 4:56PM Then Creative Work - Amrita Yoga	Gulika 12:59PM – 2:12PM Yama 10:32AM – 11:45AM Rahu 8:06AM – 9:19AM	Uttarashadha Until 4:56PM Harshana Until 12:09AM Tue Balava Until 7:09PM Dvitiya Until 8:27AM Tue	Ganesha: White Muruqa: Clear Nataraja: Green Moon – Light Blue Pausha-Markali	Sunrise: 6:53AM Sunset: 4:38PM Moon 12 - Phase 37 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Adana, Turkey Sun 16 Sutra 268 Vilamba 5120	
2	Makara Rasi: 16.2 Tithi 2 – 3 893973366 Creative Work Siddha Yoga	Gulika 11:46AM – 12:59PM Yama 9:19AM – 10:33AM Rahu 2:12PM – 3:26PM	Shravana Until 8:12PM Vajra* Until 1:06AM Wed Taitila Until 9:50PM Dvitiya Until 8:27AM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 6:53AM Sunset: 4:39PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Adana, Turkey Sun 17 Sutra 269 Vilamba 5120	
3	Makara Rasi: 28.08 Tithi 3 – 4 893973366 Routine Work Prabalarishta Yoga Until 11:22PM Then Creative Work - Siddha Yoga	Gulika 10:33AM – 11:46AM Yama 8:06AM – 9:20AM Rahu 11:46AM – 1:00PM	Dhanishtha Until 11:22PM Siddhi Until 2:06AM Thu Vanija Until 12:36AM Thu Tritiya Until 11:12AM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 6:53AM Sunset: 4:40PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Adana, Turkey Sun 18 Sutra 270 Vilamba 5120	
4	Kumbha Rasi: 9.55 Tithi 4 – 5 893973366 Creative Work Siddha Yoga	Gulika 9:20AM – 10:33AM Yama 6:53AM – 8:06AM Rahu 1:00PM – 2:14PM	Shatabhishak Until 2:16AM Fri Vyatipata* Until 3:01AM Fri Bava Until 3:15AM Fri Chaturthi* Until 1:55PM	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 6:53AM Sunset: 4:41PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Adana, Turkey Sun 19 Sutra 271 Vilamba 5120	
5	Kumbha Rasi: 21.45 Tithi 5 – 6 813973366 Creative Work Siddha Yoga	Gulika 8:06AM – 9:20AM Yama 2:14PM – 3:28PM Rahu 10:34AM – 11:47AM	Purvaproshtapada* Until 5:14AM Sat Variyan Until 3:43AM Sat Kaulava Until 5:37AM Sat Panchami Until 4:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 6:53AM Sunset: 4:42PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthyam Titau		Adana, Turkey Sun 20 Sutra 272 Vilamba 5120	
6	Meena Rasi: 3.42 Tithi 6 813973366 Creative Work Siddha Yoga Until 7:37AM Sun Then Creative Work - Amrita Yoga	Gulika 6:53AM – 8:06AM Yama 1:01PM – 2:15PM Rahu 9:20AM – 10:34AM	Uttaraproshtapada Until 7:37AM Sun Parigha* Until 4:06AM Sun Taitila Until 6:37PM Shashthi* Until 6:37PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 6:53AM Sunset: 4:43PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Adana, Turkey Sun 21 Sutra 273 Vilamba 5120	
Retreat Star		Gulika 2:16PM – 3:30PM Yama 11:48AM – 1:02PM Rahu 3:30PM – 4:43PM	Uttaraproshtapada Until 7:37AM Shiva Until 4:02AM Mon Gara Until 7:32AM Saptami Until 8:15PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 6:52AM Sunset: 4:43PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Adana, Turkey Sun 22 Sutra 274 Vilamba 5120	
Retreat Star		Gulika 1:02PM – 2:16PM Yama 10:34AM – 11:48AM Rahu 8:06AM – 9:20AM	Revati Until 9:14AM Siddha Until 3:23AM Tue Visti Until 8:49AM Ashtami* Until 9:10PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausha-Thai	Sunrise: 6:52AM Sunset: 4:44PM Moon 12 - Phase 37 Ashtami Devaloka Day

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Adana, Turkey Sun 23 Sutra 275 Vilamba 5120	
Retreat Star		Gulika 11:49AM – 1:03PM Yama 9:20AM – 10:35AM Rahu 2:17PM – 3:31PM	Ashvini Until 10:28AM Sadhya Until 2:08AM Wed Balava Until 9:21AM Navami* Until 9:18PM	Ganesha: Purple Muruqa: Clear Nataraja: Green Moon – White Pausha-Thai	Sunrise: 6:52AM Sunset: 4:45PM Moon 12 - Phase 37 Navami Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 24 Sutra 276
	Mesha Rasi: 24.01	Tithi 10	Gulika 10:35AM – 11:49AM	Bharani Until 10:43AM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Vilamba 5120
			Yama 8:06AM – 9:20AM	Subha Until 12:15AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 38
		823173366	Rahu 11:49AM – 1:03PM	Taitila Until 9:04AM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga			Dashami Until 8:36PM	Moon – White		Sivaloka Day	
Until 10:43AM				Pausha*Thai			
Then Creative Work - Amrita Yoga							

2	Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 25 Sutra 277
	Vrishabha Rasi: 7.35	Tithi 11	Gulika 9:20AM – 10:35AM	Krittika Until 10:02AM	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	Vilamba 5120
			Yama 6:51AM – 8:06AM	Sukla Until 9:43PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 38
		823173366	Rahu 1:04PM – 2:18PM	Vanija Until 7:57AM	Nataraja: Green		4th Phase
Routine Work Marana Yoga			Ekadashi Until 7:05PM	Moon – White		Sivaloka Day	
				Pausha*Thai			

3	Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 278
	Vrishabha Rasi: 21.35	Tithi 12 – 13	Gulika 8:06AM – 9:20AM	Rohini Until 8:54AM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	Vilamba 5120
			Yama 2:19PM – 3:34PM	Brahma Until 6:37PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 38
		833173366	Rahu 10:35AM – 11:50AM	Bava Until 6:05AM	Nataraja: Green		4th Phase
Routine Work Marana Yoga			Dvadashi Until 4:52PM	Moon – Yellow		Devaloka Day	
Until 8:54AM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

4	Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 279
	Mithuna Rasi: 6.03	Tithi 13 – 14	Gulika 6:51AM – 8:05AM	Mrigashira Until 6:59AM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	Vilamba 5120
			Yama 1:05PM – 2:20PM	Indra Until 3:05PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 38
		833173366	Rahu 9:20AM – 10:35AM	Gara Until 12:29AM Sun	Nataraja: Green		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 2:03PM	Moon – Yellow		Devaloka Day	
				Pausha*Thai			

○	Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey Sutra 280
	Copper Retreat Star		Gulika 2:20PM – 3:36PM	Punarvasu Until 1:50AM Mon	Ganesha: White	<i>Sunrise:</i> 6:50AM	Vilamba 5120
	Mithuna Rasi: 20.52	Tithi 14 – 15	Yama 11:50AM – 1:05PM	Vaidhriti* Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 38
		843173366	Rahu 3:36PM – 4:51PM	Visti Until 9:04PM	Nataraja: Green		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 10:48AM	Moon – Blue		Sivaloka Day	
				Pausha*Thai			

○	Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Adana, Turkey Sutra 281
	Silver Retreat Star		Gulika 1:06PM – 2:21PM	Pushya Until 10:55PM	Ganesha: White	<i>Sunrise:</i> 6:50AM	Vilamba 5120
	Kataka Rasi: 5.57	Tithi 15 – 16	Yama 10:35AM – 11:51AM	Vishkambha* Until 7:01AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 38
		843173366	Rahu 8:05AM – 9:20AM	Kaulava Until 3:34AM Tue	Nataraja: Green		Prathama
Family Home Evening			Purnima* Until 7:15AM	Moon – Blue		Sivaloka Day	
Creative Work Siddha Yoga				Pausha*Thai			
		Total Lunar Eclipse Thai Pusam					



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Sutra 282

Kataka Rasi: 21.08 Tithi 17

844173366

Gulika 11:51AM – 1:06PM
Yama 9:20AM – 10:35AM
Rahu 2:22PM – 3:37PM

Ganesha: Clear *Sunrise: 6:49AM*
Muruqa: Clear *Sunset: 4:53PM*

Moon 1 - Phase 39
1st Phase

Creative Work Siddha Yoga

Dvitiya Until 11:56PM

Nataraja: Green
Moon – Blue

Devaloka Day

Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 283

Simha Rasi: 6.16 Tithi 18

854173366

Gulika 10:36AM – 11:51AM
Yama 8:04AM – 9:20AM
Rahu 11:51AM – 1:07PM

Ganesha: Purple *Sunrise: 6:49AM*
Muruqa: Clear *Sunset: 4:54PM*

Moon 1 - Phase 39
1st Phase

Creative Work Siddha Yoga

Tritiya Until 8:29PM

Nataraja: Green
Moon – Red

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha*Thai

Until 5:16PM
Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 2 Sutra 284

Simha Rasi: 21.13 Tithi 19 – 20

854173366

Gulika 9:20AM – 10:36AM
Yama 6:48AM – 8:04AM
Rahu 1:07PM – 2:23PM

Ganesha: Purple *Sunrise: 6:48AM*
Muruqa: Clear *Sunset: 4:55PM*

Moon 1 - Phase 39
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 5:24PM

Nataraja: Green
Moon – Red

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha*Thai

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey

Sun 3 Sutra 285

Kanya Rasi: 5.52 Tithi 20 – 21

954173366

Gulika 8:04AM – 9:20AM
Yama 2:24PM – 3:40PM
Rahu 10:36AM – 11:52AM

Ganesha: Clear *Sunrise: 6:47AM*
Muruqa: Clear *Sunset: 4:56PM*

Moon 1 - Phase 39
1st Phase

Creative Work Siddha Yoga

Panchami Until 2:47PM

Nataraja: Green
Moon – Red

Devaloka Day

Pausha*Thai

Until 12:45PM
Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 4 Sutra 286

Kanya Rasi: 20.06 Tithi 21 – 22

964173366

Gulika 6:47AM – 8:03AM
Yama 1:08PM – 2:25PM
Rahu 9:19AM – 10:36AM

Ganesha: Purple *Sunrise: 6:47AM*
Muruqa: Clear *Sunset: 4:57PM*

Moon 1 - Phase 39
1st Phase

Routine Work Marana Yoga

Shashthi* Until 12:48PM

Nataraja: Green
Moon – Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha*Thai

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 5 Sutra 287

Tula Rasi: 3.55 Tithi 22 – 23

964173366

Gulika 2:25PM – 3:42PM
Yama 11:52AM – 1:09PM
Rahu 3:42PM – 4:58PM

Ganesha: Purple *Sunrise: 6:46AM*
Muruqa: Clear *Sunset: 4:58PM*

Moon 1 - Phase 39
Ashtami

Creative Work Siddha Yoga

Saptami Until 11:30AM

Nataraja: Green
Moon – Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha*Thai

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 6 Sutra 288

Tula Rasi: 17.19 Tithi 23 – 24

964173366

Gulika 1:09PM – 2:26PM
Yama 10:36AM – 11:52AM
Rahu 8:02AM – 9:19AM

Ganesha: Purple *Sunrise: 6:46AM*
Muruqa: Clear *Sunset: 4:59PM*

Moon 1 - Phase 39
Navami

Creative Work Amrita Yoga

Ashtami* Until 10:56AM

Nataraja: Green
Moon – Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha*Thai

Until 10:44AM
Then Routine Work - Marana Yoga

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Adana, Turkey Sun 7 Sutra 289	
Wrischika Rasi: 0.18	Tithi 24 – 25	Gulika 11:53AM – 1:10PM	Vishakha Until 11:40AM	Ganesha: Clear	<i>Sunrise:</i> 6:45AM	Vilamba 5120	
		Yama 9:19AM – 10:36AM	Vriddhi Until 2:12AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 40	
	974173366	Rahu 2:26PM – 3:43PM	Vanija Until 11:30PM	Nataraja: Green		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 11:07AM	Moon – Orange		Devaloka Day	
Until 11:40AM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Adana, Turkey Sun 8 Sutra 290	
Wrischika Rasi: 12.58	Tithi 25 – 26	Gulika 10:36AM – 11:53AM	Anuradha Until 1:06PM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Vilamba 5120	
		Yama 8:01AM – 9:18AM	Dhruva Until 2:00AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 40	
	974173366	Rahu 11:53AM – 1:10PM	Bava Until 12:42AM Thu	Nataraja: Green		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 12:00PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 9 Sutra 291	
Wrischika Rasi: 25.21	Tithi 26 – 27	Gulika 9:18AM – 10:36AM	Jyeshtha* Until 2:57PM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Vilamba 5120	
		Yama 6:43AM – 8:01AM	Vyaghata* Until 2:13AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 40	
	974173366	Rahu 1:10PM – 2:28PM	Kaulava Until 2:27AM Fri	Nataraja: Green		2nd Phase	
Routine Work	Prabalarishta Yoga		Ekadashi* Until 1:30PM	Moon – Orange		Devaloka Day	
Until 2:57PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Adana, Turkey Sun 10 Sutra 292	
Dhanus Rasi: 7.31	Tithi 27 – 28	Gulika 8:01AM – 9:18AM	Mula* Until 5:35PM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Vilamba 5120	
		Yama 2:28PM – 3:45PM	Harshana Until 2:47AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 40	
	984173366	Rahu 10:36AM – 11:53AM	Gara Until 4:38AM Sat	Nataraja: Green		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 3:28PM	Moon – Light Blue		Bhuloka Day	
Until 5:35PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Prabalarishta Yoga				Pradosha Vrata (Fasting)			

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 11 Sutra 293	
Dhanus Rasi: 19.31	Tithi 28 – 29	Gulika 6:43AM – 8:00AM	Purvashadha* Until 8:23PM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Vilamba 5120	
		Yama 1:11PM – 2:28PM	Vajra* Until 3:32AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 40	
	984173366	Rahu 9:18AM – 10:35AM	Visti Until 7:06AM Sun	Nataraja: Green		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 5:49PM	Moon – Light Blue		Bhuloka Day	
Until 8:23PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

6		Sunday, February 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Adana, Turkey Sun 12 Sutra 294	
Makara Rasi: 1.24	Tithi 29	Gulika 2:29PM – 3:47PM	Uttarashadha Until 11:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	Vilamba 5120	
		Yama 11:53AM – 1:11PM	Siddhi Until 4:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 1 - Phase 40	
	985173366	Rahu 3:47PM – 5:05PM	Visti Until 7:06AM	Nataraja: Green		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 8:24PM	Moon – Light Blue		Devaloka Day	
				Pausha*Thai			

Monday, February 4, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Adana, Turkey Sun 13 Sutra 295	
Makara Rasi: 13.14	Tithi 30	Gulika 1:11PM – 2:30PM	Shravana Until 2:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:41AM	Vilamba 5120	
Family Home Evening		Yama 10:35AM – 11:53AM	Vyatipata* Until 5:27AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 40	
	995173367	Rahu 7:59AM – 9:17AM	Catuspada Until 9:46AM	Nataraja: White		Amavasya	
Creative Work	Amrita Yoga		Amavasya* Until 11:06PM	Moon – Purple		Devaloka Day	
Until 2:32AM Tue				Pausha*Thai			
Then Creative Work - Siddha Yoga							

Tuesday, February 5, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Adana, Turkey Sun 14 Sutra 296	
Makara Rasi: 25.01	Tithi 1	Gulika 11:53AM – 1:12PM	Dhanishtha Until 5:39AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:40AM	Vilamba 5120	
		Yama 9:17AM – 10:35AM	Variyan Until 6:24AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 1 - Phase 40	
	995173367	Rahu 2:30PM – 3:48PM	Kintughna Until 12:29PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 1:48AM Wed	Moon – Purple		Devaloka Day	
				Magha*Thai			

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Adana, Turkey
	Kumbha Rasi: 6.5	Tithi 2	Gulika 10:35AM – 11:54AM	Shatabhishak Until 8:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:39AM	Sun 15 Sutra 297
	Creative Work	Siddha Yoga	Yama 7:58AM – 9:16AM	Variyan Until 6:24AM	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Vilamba 5120
		995173367	Rahu 11:54AM – 1:12PM	Balava Until 3:09PM	Nataraja: White		Moon 1 - Phase 41
				Dvitiya Until 4:25AM Thu	Moon – Purple		3rd Phase
					Magha-Thai		Devaloka Day

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Adana, Turkey
	Kumbha Rasi: 18.4	Tithi 3	Gulika 9:16AM – 10:35AM	Shatabhishak Until 8:30AM	Ganesha: Red	<i>Sunrise:</i> 6:38AM	Sun 16 Sutra 298
	Creative Work	Siddha Yoga	Yama 6:38AM – 7:57AM	Parigha* Until 7:18AM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Vilamba 5120
		995173367	Rahu 1:12PM – 2:31PM	Taitila Until 5:40PM	Nataraja: White		Moon 1 - Phase 41
				Tritiya Until 6:50AM Fri	Moon – Purple		3rd Phase
					Magha-Thai		Devaloka Day

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttarproshthapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Adana, Turkey
	Meena Rasi: 0.35	Tithi 3 – 4	Gulika 7:56AM – 9:15AM	Purvaprossthapada* Until 11:29AM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	Sun 17 Sutra 299
	Creative Work	Siddha Yoga	Yama 2:32PM – 3:51PM	Shiva Until 8:03AM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Vilamba 5120
		915173367	Rahu 10:35AM – 11:54AM	Vanija Until 7:57PM	Nataraja: White		Moon 1 - Phase 41
				Tritiya Until 6:50AM	Moon – Clear		3rd Phase
					Magha-Thai		Sivaloka Day

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Adana, Turkey
	Meena Rasi: 12.37	Tithi 4 – 5	Gulika 6:36AM – 7:56AM	Uttarproshthapada Until 2:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Sun 18 Sutra 300
	Creative Work	Siddha Yoga	Yama 1:13PM – 2:32PM	Siddha Until 8:33AM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Vilamba 5120
		915173367	Rahu 9:15AM – 10:34AM	Bava Until 9:54PM	Nataraja: White		Moon 1 - Phase 41
				Chaturthi* Until 8:57AM	Moon – Clear		3rd Phase
					Magha-Thai		Sivaloka Day
							Until 2:01PM Then Routine Work - Prabararishta Yoga

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Adana, Turkey
	Meena Rasi: 24.47	Tithi 5 – 6	Gulika 2:33PM – 3:53PM	Revati Until 3:59PM	Ganesha: Red	<i>Sunrise:</i> 6:35AM	Sun 19 Sutra 301
	Creative Work	Amrita Yoga	Yama 11:54AM – 1:13PM	Sadhya Until 8:47AM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Vilamba 5120
		915273367	Rahu 3:53PM – 5:12PM	Kaulava Until 11:23PM	Nataraja: White		Moon 1 - Phase 41
				Panchami Until 10:41AM	Moon – Clear		3rd Phase
					Magha-Thai		Devaloka Day
							Then Creative Work - Siddha Yoga

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Adana, Turkey
	Mesha Rasi: 7.1	Tithi 6 – 7	Gulika 1:14PM – 2:34PM	Ashvini Until 5:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Sun 20 Sutra 302
	Family Home Evening		Yama 10:34AM – 11:54AM	Subha Until 8:38AM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Vilamba 5120
		925273367	Rahu 7:54AM – 9:14AM	Gara Until 12:18AM Tue	Nataraja: White		Moon 1 - Phase 41
				Shashthi* Until 11:54AM	Moon – White		3rd Phase
					Magha-Thai		Bhuloka Day
							Devaloka Time: 12:PM to 3:PM

D	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Adana, Turkey
	Retreat Star		Gulika 11:54AM – 1:14PM	Bharani Until 6:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Sun 21 Sutra 303
	Mesha Rasi: 19.49	Tithi 7 – 8	Yama 9:14AM – 10:34AM	Sukla Until 8:00AM	Muruqa: Clear	<i>Sunset:</i> 5:14PM	Vilamba 5120
		925273367	Rahu 2:34PM – 3:54PM	Visti Until 12:32AM Wed	Nataraja: White		Moon 1 - Phase 41
				Saptami Until 12:29PM	Moon – White		Ashtami
					Magha-Thai		Bhuloka Day
							Devaloka Time: 12:PM to 3:PM

D	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Adana, Turkey
	Retreat Star		Gulika 10:33AM – 11:54AM	Krittika Until 6:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Sun 22 Sutra 304
	Vrishabha Rasi: 2.47	Tithi 8 – 9	Yama 7:53AM – 9:13AM	Brahma Until 6:51AM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Vilamba 5120
		926273367	Rahu 11:54AM – 1:14PM	Balava Until 12:02AM Thu	Nataraja: White		Moon 1 - Phase 41
				Ashtami* Until 12:22PM	Moon – White		Navami
					Magha-Masi		Devaloka Day
							Then Creative Work - Siddha Yoga

1	Thursday, February 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Adana, Turkey Sun 23 Sutra 305 Vilamba 5120
	Wrishabha Rasi: 16.1	Tithi 9 – 10	Gulika 9:12AM – 10:33AM	Rohini Until 6:33PM	Ganesha: White	<i>Sunrise:</i> 6:31AM	
			Yama 6:31AM – 7:52AM	Vaidhriti* Until 2:45AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 42
	Routine Work	Marana Yoga	936273367 Rahu 1:14PM – 2:35PM	Taitila Until 10:45PM	Nataraja: White		4th Phase
			Navami* Until 11:28AM	Moon – Yellow		Sivaloka Day	

2	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 306 Vilamba 5120
	Wrishabha Rasi: 29.58	Tithi 10 – 11	Gulika 7:51AM – 9:12AM	Mrigashira Until 5:22PM	Ganesha: White	<i>Sunrise:</i> 6:30AM	
			Yama 2:36PM – 3:57PM	Vishkambha* Until 11:51PM	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	936273367 Rahu 10:33AM – 11:54AM	Vanija Until 8:45PM	Nataraja: White		4th Phase
			Dashami Until 9:49AM	Moon – Yellow		Sivaloka Day	

3	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Adana, Turkey Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 14.13	Tithi 11 – 12	Gulika 6:29AM – 7:50AM	Ardra Until 3:23PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	
			Yama 1:15PM – 2:36PM	Priti Until 8:26PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	936273367 Rahu 9:11AM – 10:33AM	Bava Until 6:07PM	Nataraja: White		4th Phase
			Ekadashi Until 7:30AM	Moon – Yellow		Sivaloka Day	

4	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 28.53	Tithi 13	Gulika 2:37PM – 3:58PM	Punarvasu Until 1:09PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	
			Yama 11:54AM – 1:15PM	Ayushman Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	946273367 Rahu 3:58PM – 5:20PM	Kaulava Until 2:58PM	Nataraja: White		4th Phase
			Trayodashi Until 1:14AM Mon	Moon – Blue		Devaloka Day	
			<i>Pradosha Vrata</i>	Magha-Masi			

5	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 13.52	Tithi 14	Gulika 1:15PM – 2:37PM	Pushya Until 10:24AM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	
	Family Home Evening		Yama 10:32AM – 11:54AM	Saubhagya Until 12:29PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	946273367 Rahu 7:48AM – 9:10AM	Gara Until 11:27AM	Nataraja: White		4th Phase
			Chidambaram Abhishekam	Chaturdashi* Until 9:35PM	Moon – Blue	Devaloka Day	
				Magha-Masi			

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey Sutra 310 Vilamba 5120
	Copper Retreat Star		Gulika 11:54AM – 1:16PM	Ashlesha* Until 7:18AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	
	Kataka Rasi: 29.05	Tithi 15 – 16	Yama 9:09AM – 10:32AM	Sobhana Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 42
	Creative Work	Siddha Yoga	946273367 Rahu 2:38PM – 4:00PM	Visti Until 7:43AM	Nataraja: White		Purnima
			Purnima* Until 5:48PM	Moon – Blue		Devaloka Day	
				Magha-Masi			

○	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Adana, Turkey Sutra 311 Vilamba 5120
	Silver Retreat Star		Gulika 10:31AM – 11:53AM	Purvaphalguni Until 1:30AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	
	Simha Rasi: 14.2	Tithi 16 – 17	Yama 7:47AM – 9:09AM	Sukarma Until 11:38PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 42
	Creative Work	Amrita Yoga	957273367 Rahu 11:53AM – 1:16PM	Taitila Until 12:15AM Thu	Nataraja: White		Prathama
			Prathama* Until 2:03PM	Moon – Red		Devaloka Day	
				Magha-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 312

Simha Rasi: 29.28 Tithi 17 - 18

957273367

Gulika 9:08AM - 10:31AM
Yama 6:23AM - 7:46AM
Rahu 1:16PM - 2:39PM

Uttaraphalguni Until 10:46PM

Dhriti Until 7:40PM

Vanija Until 8:53PM

Dvitiya Until 10:30AM

Ganesha: Clear *Sunrise:* 6:23AM

Muruqa: Clear *Sunset:* 5:24PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Until 10:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Adana, Turkey

Sun 2 Sutra 313

Kanya Rasi: 14.21 Tithi 18 - 19

967273367

Gulika 7:45AM - 9:08AM
Yama 2:39PM - 4:02PM
Rahu 10:30AM - 11:53AM

Hasta Until 8:47PM

Shula* Until 4:01PM

Balava Until 4:41AM Sat

Tritiya Until 7:20AM

Ganesha: White *Sunrise:* 6:22AM

Muruqa: Clear *Sunset:* 5:25PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 8:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 314

Kanya Rasi: 28.5 Tithi 20

967273367

Gulika 6:21AM - 7:44AM
Yama 1:16PM - 2:39PM
Rahu 9:07AM - 10:30AM

Chitra Until 7:16PM

Ganda* Until 12:53PM

Kaulava Until 3:38PM

Panchami Until 2:43AM Sun

Ganesha: White *Sunrise:* 6:21AM

Muruqa: Clear *Sunset:* 5:26PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 7:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Sun 4 Sutra 315

Tula Rasi: 12.52 Tithi 21

967273367

Gulika 2:40PM - 4:03PM
Yama 11:53AM - 1:16PM
Rahu 4:03PM - 5:27PM

Svati Until 6:21PM

Vridhi Until 10:20AM

Gara Until 2:03PM

Shashthi* Until 1:33AM Mon

Ganesha: White *Sunrise:* 6:19AM

Muruqa: Clear *Sunset:* 5:27PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 6:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saplamyam Titau

Adana, Turkey

Sun 5 Sutra 316

Tula Rasi: 26.25 Tithi 22

977273367

Gulika 1:17PM - 2:40PM
Yama 10:29AM - 11:53AM
Rahu 7:42AM - 9:05AM

Vishakha Until 6:34PM

Dhruva Until 8:25AM

Visti Until 1:18PM

Saptami Until 1:14AM Tue

Ganesha: Yellow *Sunrise:* 6:18AM

Muruqa: Clear *Sunset:* 5:28PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Until 6:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 317

Vrischika Rasi: 9.29 Tithi 23

977273367

Gulika 11:53AM - 1:17PM
Yama 9:05AM - 10:29AM
Rahu 2:41PM - 4:05PM

Anuradha Until 7:29PM

Vyaghata* Until 7:11AM

Balava Until 1:26PM

Ashtami* Until 1:47AM Wed

Ganesha: Yellow *Sunrise:* 6:17AM

Muruqa: Clear *Sunset:* 5:29PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Until 7:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

6

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 7 Sutra 318

Vrischika Rasi: 22.1 Tithi 24

978273367

Gulika 10:28AM - 11:53AM
Yama 7:40AM - 9:04AM
Rahu 11:53AM - 1:17PM

Jyeshtha* Until 9:01PM

Harshana Until 6:39AM

Taitila Until 2:23PM

Navami* Until 3:08AM Thu

Ganesha: Blue *Sunrise:* 6:15AM

Muruqa: Clear *Sunset:* 5:30PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Until 9:01PM

Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau		Adana, Turkey Sun 8 Sutra 319	
Dhanus Rasi: 4.29	Tithi 25	Gulika 9:03AM – 10:28AM	Mula* Until 11:33PM	Ganesha: Red	<i>Sunrise:</i> 6:14AM	Vilamba 5120	
		Yama 6:14AM – 7:39AM	Vajra* Until 6:39AM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 2 - Phase 44	
		988273367 Rahu 1:17PM – 2:42PM	Vanija Until 4:05PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 5:07AM Fri	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ekadashyam Titau		Adana, Turkey Sun 9 Sutra 320	
Dhanus Rasi: 16.33	Tithi 26	Gulika 7:37AM – 9:02AM	Purvashadha* Until 2:22AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:11AM	Vilamba 5120	
		Yama 2:42PM – 4:08PM	Siddhi Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 44	
		988273367 Rahu 10:27AM – 11:52AM	Bava Until 6:19PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga		Ekadashi* Until 7:34AM Sat	Moon – Light Blue		Devaloka Day	
Until 2:22AM Sat				Magha-Masi			
Then Routine Work - Marana Yoga							

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Adana, Turkey Sun 10 Sutra 321	
Dhanus Rasi: 28.26	Tithi 26 – 27	Gulika 6:10AM – 7:35AM	Uttarashadha Until 5:19AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:10AM	Vilamba 5120	
		Yama 1:17PM – 2:43PM	Vyatipata* Until 7:59AM	Muruqa: Clear	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 44	
		988273367 Rahu 9:01AM – 10:26AM	Kaulava Until 8:55PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 7:34AM	Moon – Light Blue		Devaloka Day	
Until 5:19AM Sun				Magha-Masi			
Then Creative Work - Amrita Yoga							

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Adana, Turkey Sun 11 Sutra 322	
Makara Rasi: 10.14	Tithi 27 – 28	Gulika 2:43PM – 4:09PM	Shravana Until 8:40AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	Vilamba 5120	
		Yama 11:52AM – 1:17PM	Varyan Until 8:58AM	Muruqa: Clear	<i>Sunset:</i> 5:35PM	Moon 2 - Phase 44	
		988273367 Rahu 4:09PM – 5:35PM	Gara Until 11:39PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 10:15AM	Moon – Purple		Devaloka Day	
Until 8:40AM Mon				Magha-Masi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 12 Sutra 323	
Makara Rasi: 22.01	Tithi 28 – 29	Gulika 1:17PM – 2:44PM	Shravana Until 8:40AM	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM	Vilamba 5120	
Family Home Evening		Yama 10:25AM – 11:51AM	Parigha* Until 10:02AM	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 44	
		988273367 Rahu 7:33AM – 8:59AM	Visti Until 2:22AM Tue	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 1:00PM	Moon – Purple		Devaloka Day	
Until 8:40AM		Mahasivaratri (Lunar)		Magha-Masi			
Then Creative Work - Siddha Yoga		Mahasivaratri (Solar)					

6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Adana, Turkey Sun 13 Sutra 324	
Kumbha Rasi: 3.48	Tithi 29 – 30	Gulika 11:51AM – 1:18PM	Dhanishtha Until 11:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM	Vilamba 5120	
		Yama 8:59AM – 10:25AM	Shiva Until 11:03AM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 44	
		199273367 Rahu 2:44PM – 4:10PM	Catuspada Until 4:56AM Wed	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:39PM	Moon – Purple		Devaloka Day	
Until 11:47AM				Magha-Masi			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau		Adana, Turkey Sun 14 Sutra 325	
Kumbha Rasi: 15.4	Tithi 30	Gulika 10:24AM – 11:51AM	Shatabhishak Until 2:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Vilamba 5120	
		Yama 7:31AM – 8:58AM	Siddha Until 11:53AM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 44	
		199273367 Rahu 11:51AM – 1:18PM	Naga Until 6:06PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 6:06PM	Moon – Purple		Devaloka Day	
Until 2:33PM				Magha-Masi			
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Adana, Turkey Sun 15 Sutra 326	
Kumbha Rasi: 27.37	Tithi 1	Gulika 8:57AM – 10:24AM	Purvaprosarthapada* Until 5:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM	Vilamba 5120	
		Yama 6:03AM – 7:30AM	Sadhya Until 12:32PM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 44	
		119373367 Rahu 1:18PM – 2:45PM	Kintughna Until 7:14AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:15PM	Moon – Clear		Devaloka Day	
				Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Adana, Turkey Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 9.4	Tithi 2	Gulika 7:29AM – 8:56AM	Uttaraproshtapada Until 7:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:02AM			
		Yama 2:45PM – 4:12PM	Subha Until 12:58PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM			Moon 2 - Phase 45
		119373367 Rahu 10:23AM – 11:51AM	Balava Until 9:13AM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 10:04PM	Moon – Clear			Devaloka Day	
				Phalguna-Masi				
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Adana, Turkey Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 21.53	Tithi 3	Gulika 6:00AM – 7:28AM	Revati Until 9:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:00AM			
		Yama 1:18PM – 2:45PM	Sukla Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM			Moon 2 - Phase 45
		119373367 Rahu 8:55AM – 10:23AM	Taitila Until 10:53AM	Nataraja: White				3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 11:33PM	Moon – Clear			Devaloka Day	
Until 9:38PM				Phalguna-Masi				
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day						
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Adana, Turkey Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 4.14	Tithi 4	Gulika 2:46PM – 4:13PM	Ashvini Until 11:27PM	Ganesha: Red	<i>Sunrise:</i> 5:59AM			
		Yama 11:50AM – 1:18PM	Brahma Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM			Moon 2 - Phase 45
		129373367 Rahu 4:13PM – 5:41PM	Vanija Until 12:09PM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:38AM Mon	Moon – White			Devaloka Day	
Until 11:27PM				Phalguna-Masi				
Then Routine Work - Prabalarishta Yoga								
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Valdhriti* Yoga Bava/Balava Karana Panchamyam Titau				Adana, Turkey Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 16.46	Tithi 5	Gulika 1:18PM – 2:46PM	Bharani Until 12:41AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:57AM			
Family Home Evening		Yama 10:22AM – 11:50AM	Indra Until 12:34PM	Muruqa: Clear	<i>Sunset:</i> 5:42PM			Moon 2 - Phase 45
		129373367 Rahu 7:25AM – 8:54AM	Bava Until 1:01PM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:16AM Tue	Moon – White			Devaloka Day	
				Phalguna-Masi				
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Adana, Turkey Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 29.29	Tithi 6	Gulika 11:50AM – 1:18PM	Krittika Until 1:17AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:56AM			
		Yama 8:53AM – 10:21AM	Vaidhriti* Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 5:43PM			Moon 2 - Phase 45
		129373367 Rahu 2:46PM – 4:15PM	Kaulava Until 1:25PM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 1:24AM Wed	Moon – White			Devaloka Day	
				Phalguna-Masi				
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Adana, Turkey Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 12.28	Tithi 7	Gulika 10:21AM – 11:49AM	Rohini Until 1:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:54AM			
		Yama 7:23AM – 8:52AM	Vishkambha* Until 10:33AM	Muruqa: Clear	<i>Sunset:</i> 5:44PM			Moon 2 - Phase 45
		131373367 Rahu 11:49AM – 1:18PM	Gara Until 1:17PM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:59AM Thu	Moon – Yellow			Sivaloka Day	
Until 1:39AM Thu				Phalguna-Masi				
Then Routine Work - Marana Yoga								
☾		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Adana, Turkey Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 25.45	Tithi 8	Gulika 8:51AM – 10:20AM	Mrigashira Until 1:15AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:53AM			
		Yama 5:53AM – 7:22AM	Priti Until 8:54AM	Muruqa: Clear	<i>Sunset:</i> 5:45PM			Moon 2 - Phase 45
		131373367 Rahu 1:18PM – 2:47PM	Visti Until 12:33PM	Nataraja: White				Ashtami
Routine Work	Marana Yoga		Ashtami* Until 11:56PM	Moon – Yellow			Sivaloka Day	
Until 1:15AM Fri				Phalguna-Masi				
Then Creative Work - Siddha Yoga								
☽		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Adana, Turkey Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 9.23	Tithi 9	Gulika 7:21AM – 8:50AM	Ardra Until 12:07AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:51AM			
		Yama 2:47PM – 4:17PM	Ayushman Until 6:44AM	Muruqa: Clear	<i>Sunset:</i> 5:46PM			Moon 2 - Phase 45
		131373368 Rahu 10:19AM – 11:49AM	Balava Until 11:12AM	Nataraja: Clear				Navami
Creative Work	Siddha Yoga		Navami* Until 10:17PM	Moon – Yellow			Subha Sivaloka Day	
		Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni				

1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 24
	Mithuna Rasi: 23.22	Tithi 10	Gulika 5:50AM – 7:20AM	Punarvasu Until 10:41PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Sutra 335
			Yama 1:18PM – 2:48PM	Sobhana Until 1:00AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 Rahu 8:49AM – 10:19AM	Taitila Until 9:14AM	Nataraja: Clear		Moon 2 - Phase 46 4th Phase
			Dashami Until 8:02PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 25
	Kataka Rasi: 7.44	Tithi 11 – 12	Gulika 2:48PM – 4:18PM	Pushya Until 8:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Sutra 336
			Yama 11:48AM – 1:18PM	Athiganda* Until 9:29PM	Muruqa: Clear	<i>Sunset:</i> 5:48PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 Rahu 4:18PM – 5:48PM	Vanija Until 6:44AM	Nataraja: Clear		Moon 2 - Phase 46 4th Phase
			Ekadashi Until 5:16PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 26
	Kataka Rasi: 22.27	Tithi 12 – 13	Gulika 1:18PM – 2:48PM	Ashlesha* Until 6:01PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Sutra 337
	Family Home Evening		Yama 10:18AM – 11:48AM	Sukarma Until 5:40PM	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 Rahu 7:17AM – 8:47AM	Kaulava Until 12:26AM Tue	Nataraja: Clear		Moon 2 - Phase 46 4th Phase
			Dvadashi Until 2:07PM	Moon – Blue		Sivaloka Day	
			Yogaswami Mahasamadhi	Phalguna•Panguni			
				<i>Pradosha Vrata</i>			

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 27
	Simha Rasi: 7.23	Tithi 13 – 14	Gulika 11:48AM – 1:18PM	Magha* Until 3:27PM	Ganesha: White	<i>Sunrise:</i> 5:46AM	Sutra 338
			Yama 8:47AM – 10:17AM	Dhriti Until 1:40PM	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Vilamba 5120
	Creative Work	Siddha Yoga	151373368 Rahu 2:49PM – 4:19PM	Gara Until 8:56PM	Nataraja: Clear		Moon 2 - Phase 46 4th Phase
			Trayodashi Until 10:41AM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			

	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Adana, Turkey Sun 28
	Copper Retreat Star		Gulika 10:16AM – 11:47AM	Purvaphalguni Until 12:40PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Sutra 339
	Simha Rasi: 22.28	Tithi 14 – 15	Yama 7:15AM – 8:46AM	Shula* Until 9:34AM	Muruqa: Clear	<i>Sunset:</i> 5:50PM	Vilamba 5120
	Creative Work	Amrita Yoga	151373368 Rahu 11:47AM – 1:18PM	Bava Until 3:37AM Thu	Nataraja: Clear		Moon 2 - Phase 46 Purnima
			Chaturdashi* Until 7:08AM	Moon – Red		Subha Sivaloka Day	
			Panguni Uttiram	Phalguna•Panguni			
			Holi	<i>Holi</i>			

○	Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey Sun 29
	Silver Retreat Star		Gulika 8:45AM – 10:16AM	Uttaraphalguni Until 9:50AM	Ganesha: White	<i>Sunrise:</i> 5:43AM	Sutra 340
	Kanya Rasi: 7.31	Tithi 16	Yama 5:43AM – 7:14AM	Vriddhi Until 1:41AM Fri	Muruqa: White	<i>Sunset:</i> 5:51PM	Vilamba 5120
			151383368 Rahu 1:18PM – 2:49PM	Balava Until 1:57PM	Nataraja: Clear		Moon 2 - Phase 46 Prathama
			Prathama* Until 12:19AM Fri	Moon – Red		Sivaloka Day	
				Phalguna•Panguni			
				<i>Holi</i>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey
Sutra 341

Kanya Rasi: 22.22 Tithi 17

Gulika 7:13AM – 8:44AM
Yama 2:49PM – 4:21PM
Rahu 10:15AM – 11:47AM

Hasta **Until 7:33AM**
Dhruva **Until 10:08PM**
Taitila **Until 10:49AM**
Dvitiya **Until 9:24PM**

Ganesha: Yellow *Sunrise:* 5:41AM

Muruqa: White *Sunset:* 5:52PM

Nataraja: Clear

Moon – Green

Devaloka Day

Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Creative Work Amrita Yoga

Until 7:33AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Adana, Turkey
Sun 1 Sutra 342

Tula Rasi: 6.55 Tithi 18

Gulika 5:40AM – 7:11AM
Yama 1:18PM – 2:50PM
Rahu 8:43AM – 10:15AM

Svati **Until 4:02AM Sun**
Vyaghata* **Until 7:03PM**
Vanija **Until 8:09AM**
Tritiya **Until 7:02PM**

Ganesha: Blue *Sunrise:* 5:40AM

Muruqa: White *Sunset:* 5:53PM

Nataraja: Clear

Moon – Green

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

Moon 3 - Phase 47
1st Phase

Creative Work Siddha Yoga

Until 4:02AM Sun

Then Routine Work - Marana Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey
Sun 2 Sutra 343

Tula Rasi: 21.03 Tithi 19 – 20

Gulika 2:50PM – 4:22PM
Yama 11:46AM – 1:18PM
Rahu 4:22PM – 5:54PM

Vishakha **Until 3:31AM Mon**
Harshana **Until 4:33PM**
Bava **Until 6:07AM**
Chaturthi* **Until 5:21PM**

Ganesha: Red *Sunrise:* 5:38AM

Muruqa: White *Sunset:* 5:54PM

Nataraja: Clear

Moon – Orange

Devaloka Day

Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Routine Work Marana Yoga

Until 3:31AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey
Sun 3 Sutra 344

Vrischika Rasi: 4.43 Tithi 20 – 21

Gulika 1:18PM – 2:50PM
Yama 10:13AM – 11:46AM
Rahu 7:09AM – 8:41AM

Anuradha **Until 3:43AM Tue**
Vajra* **Until 2:41PM**
Gara **Until 4:24AM Tue**
Panchami **Until 4:29PM**

Ganesha: Red *Sunrise:* 5:37AM

Muruqa: White *Sunset:* 5:55PM

Nataraja: Clear

Moon – Orange

Devaloka Day

Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Creative Work Siddha Yoga

Until 3:43AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Adana, Turkey
Sun 4 Sutra 345

Vrischika Rasi: 17.53 Tithi 21 – 22

Gulika 11:45AM – 1:18PM
Yama 8:40AM – 10:13AM
Rahu 2:51PM – 4:23PM

Jyeshtha* **Until 4:37AM Wed**
Siddhi **Until 1:31PM**
Visti **Until 4:52AM Wed**
Shashthi* **Until 4:30PM**

Ganesha: Red *Sunrise:* 5:35AM

Muruqa: White *Sunset:* 5:56PM

Nataraja: Clear

Moon – Orange

Devaloka Day

Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey
Sun 5 Sutra 346

Dhanus Rasi: 0.38 Tithi 22 – 23

Gulika 10:12AM – 11:45AM
Yama 7:07AM – 8:39AM
Rahu 11:45AM – 1:18PM

Mula* **Until 6:38AM Thu**
Vyatipata* **Until 1:02PM**
Balava **Until 6:10AM Thu**
Saptami **Until 5:24PM**

Ganesha: Green *Sunrise:* 5:34AM

Muruqa: White *Sunset:* 5:57PM

Nataraja: Clear

Moon – Light Blue

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

Moon 3 - Phase 47
1st Phase

Routine Work Marana Yoga

Until 6:38AM Thu

Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey
Sun 6 Sutra 347

Dhanus Rasi: 13 Tithi 23

Gulika 8:39AM – 10:12AM
Yama 5:32AM – 7:05AM
Rahu 1:18PM – 2:51PM

Mula* **Until 6:38AM**
Variyan **Until 1:09PM**
Balava **Until 6:10AM**
Ashtami* **Until 7:04PM**

Ganesha: Green *Sunrise:* 5:32AM

Muruqa: White *Sunset:* 5:57PM

Nataraja: Clear

Moon – Light Blue

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

Moon 3 - Phase 47
Ashtami

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey
Sun 7 Sutra 348

Dhanus Rasi: 25.05 Tithi 24

Gulika 7:04AM – 8:38AM
Yama 2:51PM – 4:25PM
Rahu 10:11AM – 11:45AM

Purvashadha* **Until 9:10AM**
Parigha* **Until 1:45PM**
Taitila **Until 8:09AM**
Navami* **Until 9:19PM**

Ganesha: Green *Sunrise:* 5:31AM

Muruqa: Yellow *Sunset:* 5:58PM

Nataraja: Purple

Moon – Light Blue

Devaloka Day

Phalguna-Panguni

Moon 3 - Phase 47
Navami

Routine Work Prabalarishta Yoga

Until 9:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Adana, Turkey Sun 8 Sutra 349	
Makara Rasi: 6.58	Tithi 25	Gulika 5:29AM – 7:03AM	Uttarashadha Until 11:57AM	Ganesha: Green	<i>Sunrise:</i> 5:29AM	Vilamba 5120	
		Yama 1:18PM – 2:52PM	Shiva Until 2:42PM	Muruqa: Yellow	<i>Sunset:</i> 5:59PM	Moon 3 - Phase 48	
	182383468	Rahu 8:37AM – 10:10AM	Vanija Until 10:36AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 11:54PM	Phalguna-Panguni		Devaloka Day	
Until 11:57AM							
Then Creative Work - Siddha Yoga							
2		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Adana, Turkey Sun 9 Sutra 350	
Makara Rasi: 18.46	Tithi 26	Gulika 2:52PM – 4:26PM	Shravana Until 3:17PM	Ganesha: Orange	<i>Sunrise:</i> 5:28AM	Vilamba 5120	
		Yama 11:44AM – 1:18PM	Siddha Until 3:45PM	Muruqa: Yellow	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 48	
	192383468	Rahu 4:26PM – 6:00PM	Bava Until 1:17PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 2:36AM Mon	Phalguna-Panguni		Sivaloka Day	
Until 3:17PM							
Then Routine Work - Marana Yoga							
3		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Adana, Turkey Sun 10 Sutra 351	
Kumbha Rasi: 0.33	Tithi 27	Gulika 1:18PM – 2:52PM	Dhanishtha Until 6:25PM	Ganesha: Green	<i>Sunrise:</i> 5:28AM	Vilamba 5120	
Family Home Evening		Yama 10:10AM – 11:44AM	Sadhya Until 4:47PM	Muruqa: Yellow	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 48	
	192483468	Rahu 7:02AM – 8:36AM	Kaulava Until 3:56PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 5:11AM Tue	Phalguna-Panguni		Subha Sivaloka Day	
4		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara Karana Trayodashyam Titau		Adana, Turkey Sun 11 Sutra 352	
Kumbha Rasi: 12.23	Tithi 28	Gulika 11:44AM – 1:18PM	Shatabhishak Until 9:10PM	Ganesha: Green	<i>Sunrise:</i> 5:26AM	Vilamba 5120	
		Yama 8:35AM – 10:09AM	Subha Until 5:41PM	Muruqa: Yellow	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 48	
	192483468	Rahu 2:52PM – 4:27PM	Gara Until 6:23PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 7:28AM Wed	Phalguna-Panguni		Subha Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			
5		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Adana, Turkey Sun 12 Sutra 353	
Kumbha Rasi: 24.19	Tithi 28 – 29	Gulika 10:09AM – 11:43AM	Purvaproshtapada* Until 11:55PM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM	Vilamba 5120	
		Yama 6:59AM – 8:34AM	Sukla Until 6:17PM	Muruqa: Yellow	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 48	
	112483468	Rahu 11:43AM – 1:18PM	Visti Until 8:30PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 7:28AM	Phalguna-Panguni		Sivaloka Day	
Until 11:55PM							
Then Creative Work - Siddha Yoga							
Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Adana, Turkey Sun 13 Sutra 354	
Meena Rasi: 6.24	Tithi 29 – 30	Gulika 8:33AM – 10:08AM	Uttaraproshtapada Until 2:06AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:23AM	Vilamba 5120	
		Yama 5:23AM – 6:58AM	Brahma Until 6:36PM	Muruqa: Yellow	<i>Sunset:</i> 6:03PM	Moon 3 - Phase 48	
	112483468	Rahu 1:18PM – 2:53PM	Catuspada Until 10:11PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Chaturdashy* Until 9:22AM	Phalguna-Panguni		Sivaloka Day	
Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Adana, Turkey Sun 14 Sutra 355	
Meena Rasi: 18.4	Tithi 30 – 1	Gulika 6:57AM – 8:32AM	Revati Until 3:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:22AM	Vilamba 5120	
		Yama 2:53PM – 4:28PM	Indra Until 6:37PM	Muruqa: Yellow	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 48	
	112483468	Rahu 10:08AM – 11:43AM	Kintughna Until 11:27PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 10:51AM	Chaitra-Panguni		Sivaloka Day	
		Yugadhi					

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Adana, Turkey Sun 15 Sutra 356 Vilamba 5120
Mesha Rasi: 1.06	Tithi 1 – 2	Gulika 5:20AM – 6:56AM	Ashvini Until 5:13AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:20AM			
		Yama 1:18PM – 2:53PM	Vaidhrili* Until 6:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:05PM		Moon 3 - Phase 49	
		123483468 Rahu 8:31AM – 10:07AM	Balava Until 12:17AM Sun	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 11:54AM	Moon – White		Devaloka Day		
Until 5:13AM Sun		Chellappaswami Mahasamadhi		Chaitra-Panguni				
Then Routine Work - Prabalarishta Yoga								

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Adana, Turkey Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 13.44	Tithi 2 – 3	Gulika 2:54PM – 4:30PM	Bharani Until 6:12AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:19AM			
		Yama 11:42AM – 1:18PM	Vishkambha* Until 5:36PM	Muruqa: Yellow	<i>Sunset:</i> 6:05PM		Moon 3 - Phase 49	
		123483468 Rahu 4:30PM – 6:05PM	Taitila Until 12:42AM Mon	Nataraja: Purple			3rd Phase	
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:31PM	Moon – White		Devaloka Day		
Until 6:12AM Mon				Chaitra-Panguni				
Then Routine Work - Marana Yoga								

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Adana, Turkey Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 26.33	Tithi 3 – 4	Gulika 1:18PM – 2:54PM	Bharani Until 6:12AM	Ganesha: Purple	<i>Sunrise:</i> 5:17AM			
Family Home Evening		Yama 10:06AM – 11:42AM	Priti Until 4:40PM	Muruqa: Yellow	<i>Sunset:</i> 6:06PM		Moon 3 - Phase 49	
		123483468 Rahu 6:54AM – 8:30AM	Vanija Until 12:45AM Tue	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 12:45PM	Moon – White		Devaloka Day		
Until 6:12AM				Chaitra-Panguni				
Then Routine Work - Marana Yoga								

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Adana, Turkey Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 9.33	Tithi 4 – 5	Gulika 11:42AM – 1:18PM	Krittika Until 6:39AM	Ganesha: Purple	<i>Sunrise:</i> 5:16AM			
		Yama 8:29AM – 10:05AM	Ayushman Until 3:25PM	Muruqa: Yellow	<i>Sunset:</i> 6:07PM		Moon 3 - Phase 49	
		123483468 Rahu 2:54PM – 4:31PM	Bava Until 12:26AM Wed	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 12:37PM	Moon – White		Devaloka Day		
Until 6:39AM				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Adana, Turkey Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 22.44	Tithi 5 – 6	Gulika 10:05AM – 11:41AM	Rohini Until 7:03AM	Ganesha: Clear	<i>Sunrise:</i> 5:15AM			
		Yama 6:51AM – 8:28AM	Saubhagya Until 1:53PM	Muruqa: Yellow	<i>Sunset:</i> 6:08PM		Moon 3 - Phase 49	
		123483468 Rahu 11:41AM – 1:18PM	Kaulava Until 11:44PM	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 12:07PM	Moon – Yellow		Sivaloka Day		
				Chaitra-Panguni				

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Adana, Turkey Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 6.08	Tithi 6 – 7	Gulika 8:27AM – 10:04AM	Mrigashira Until 6:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM			
		Yama 5:13AM – 6:50AM	Sobhana Until 12:04PM	Muruqa: Yellow	<i>Sunset:</i> 6:09PM		Moon 3 - Phase 49	
		123483468 Rahu 1:18PM – 2:55PM	Gara Until 10:39PM	Nataraja: Purple			3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 11:14AM	Moon – Yellow		Sivaloka Day		
				Chaitra-Panguni				

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Adana, Turkey Sun 21 Sutra 362 Vilamba 5120
Retreat Star		Gulika 6:49AM – 8:26AM	Ardra Until 6:16AM	Ganesha: Clear	<i>Sunrise:</i> 5:12AM			
Mithuna Rasi: 19.45	Tithi 7 – 8	Yama 2:55PM – 4:33PM	Athiganda* Until 9:53AM	Muruqa: Yellow	<i>Sunset:</i> 6:10PM		Moon 3 - Phase 49	
		123483468 Rahu 10:03AM – 11:41AM	Visti Until 9:08PM	Nataraja: Purple			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 9:56AM	Moon – Yellow		Sivaloka Day		
				Chaitra-Panguni				

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Adana, Turkey Sun 22 Sutra 363 Vilamba 5120
Retreat Star		Gulika 5:10AM – 6:48AM	Pushya Until 4:09AM Sun	Ganesha: White	<i>Sunrise:</i> 5:10AM			
Kataka Rasi: 3.37	Tithi 8 – 9	Yama 1:18PM – 2:56PM	Sukarma Until 7:23AM	Muruqa: Yellow	<i>Sunset:</i> 6:11PM		Moon 3 - Phase 49	
		123483468 Rahu 8:25AM – 10:03AM	Balava Until 7:13PM	Nataraja: Purple			Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:13AM	Moon – Blue		Devaloka Day		
		Sri Rama Navami		Chaitra-Panguni				

1		Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Adana, Turkey Sun 23 Sutra 364	
Kataka Rasi: 17.45	Tithi 9 – 10	Gulika 2:56PM – 4:34PM	Ashlesha* Until 2:19AM Mon	Ganesha: White	Sunrise: 5:09AM	Vikarin 5121	
		Yama 11:40AM – 1:18PM	Shula* Until 1:27AM Mon	Muruqa: Yellow	Sunset: 6:12PM	Moon 3 - Phase 1	
		143483468 Rahu 4:34PM – 6:12PM	Gara Until 3:37AM Mon	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 6:06AM	Moon – Blue			Devaloka Day
Until 2:19AM Mon		Tamil New Year		Chaitra*Chaitra			
Then Routine Work - Marana Yoga							
2		Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Adana, Turkey Sun 24 Sutra 1	
Simha Rasi: 2.08	Tithi 11	Gulika 1:18PM – 2:56PM	Magha* Until 12:27AM Tue	Ganesha: White	Sunrise: 5:08AM	Vikarin 5121	
Family Home Evening		Yama 10:02AM – 11:40AM	Ganda* Until 10:05PM	Muruqa: Yellow	Sunset: 6:12PM	Moon 3 - Phase 1	
Routine Work	Marana Yoga	253483468 Rahu 6:46AM – 8:24AM	Vanija Until 2:16PM	Nataraja: Purple		4th Phase	
Until 12:27AM Tue			Ekadashi Until 12:50AM Tue	Moon – Red			Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra			
3		Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau		Adana, Turkey Sun 25 Sutra 2	
Simha Rasi: 16.42	Tithi 12	Gulika 11:40AM – 1:18PM	Purvaphalguni Until 10:16PM	Ganesha: White	Sunrise: 5:06AM	Vikarin 5121	
		Yama 8:23AM – 10:01AM	Vriddhi Until 6:33PM	Muruqa: Yellow	Sunset: 6:13PM	Moon 3 - Phase 1	
		253483468 Rahu 2:57PM – 4:35PM	Bava Until 11:23AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 9:52PM	Moon – Red			Devaloka Day
Until 10:16PM				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							
4		Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Adana, Turkey Sun 26 Sutra 3	
Kanya Rasi: 1.23	Tithi 13	Gulika 10:01AM – 11:39AM	Uttaraphalguni Until 7:53PM	Ganesha: White	Sunrise: 5:05AM	Vikarin 5121	
		Yama 6:43AM – 8:22AM	Dhruva Until 2:56PM	Muruqa: Yellow	Sunset: 6:14PM	Moon 3 - Phase 1	
		253483468 Rahu 11:39AM – 1:18PM	Kaulava Until 8:22AM	Nataraja: Purple		4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 6:50PM	Moon – Red			Devaloka Day
Until 7:53PM				Chaitra*Chaitra			
Then Routine Work - Marana Yoga			Pradosha Vrata				
5		Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Adana, Turkey Sun 27 Sutra 4	
Kanya Rasi: 16.05	Tithi 14 – 15	Gulika 8:21AM – 10:00AM	Hasta Until 5:51PM	Ganesha: Yellow	Sunrise: 5:03AM	Vikarin 5121	
		Yama 5:03AM – 6:42AM	Vyaghata* Until 11:22AM	Muruqa: Yellow	Sunset: 6:15PM	Moon 3 - Phase 1	
		263483468 Rahu 1:18PM – 2:57PM	Visti Until 2:30AM Fri	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 3:53PM	Moon – Green			Sivaloka Day
Until 5:51PM				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							
○		Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Adana, Turkey Sutra 5	
Tula Rasi: 0.41	Tithi 15 – 16	Gulika 6:41AM – 8:21AM	Chitra Until 3:56PM	Ganesha: Yellow	Sunrise: 5:02AM	Vikarin 5121	
		Yama 2:57PM – 4:37PM	Harshana Until 7:59AM	Muruqa: Yellow	Sunset: 6:16PM	Moon 3 - Phase 1	
		263483468 Rahu 10:00AM – 11:39AM	Balava Until 11:57PM	Nataraja: Purple		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 1:09PM	Moon – Green			Sivaloka Day
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra			
		Hanuman Jayanti					
○		Saturday, April 20, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Adana, Turkey Sutra 6	
Tula Rasi: 15.02	Tithi 16 – 17	Gulika 5:01AM – 6:40AM	Svati Until 2:17PM	Ganesha: Red	Sunrise: 5:01AM	Vikarin 5121	
		Yama 1:18PM – 2:58PM	Siddhi Until 2:09AM Sun	Muruqa: Yellow	Sunset: 6:17PM	Moon 3 - Phase 1	
		264483468 Rahu 8:20AM – 9:59AM	Taitila Until 9:51PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 10:49AM	Moon – Green			Sivaloka Day
				Chaitra*Chaitra			