



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Varyan Yoga Gara Karana Dvitiyayam Titau

St. Helena, CA
Sutra 16

Vrischika Rasi: 5.13 Tithi 17

273832369

Gulika 12:06PM – 1:50PM
Yama 8:40AM – 10:23AM
Rahu 3:33PM – 5:17PM

Anuradha Until 4:05AM Wed
Varyan Until 7:48PM
Gara Until 6:09PM
Dvitiya Until 6:09PM

Ganesha: Purple *Sunrise:* 5:13AM
Muruqa: White *Sunset:* 7:00PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Trityayam Titau

St. Helena, CA
Sun 1 Sutra 17

Vrischika Rasi: 17.38 Tithi 18

273832369

Gulika 10:23AM – 12:06PM
Yama 6:55AM – 8:39AM
Rahu 12:06PM – 1:50PM

Jyeshtha* Until 6:08AM Thu
Parigha* Until 7:56PM
Vanija Until 6:49AM
Tritiya Until 7:34PM

Ganesha: Purple *Sunrise:* 5:11AM
Muruqa: White *Sunset:* 7:01PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA
Sun 2 Sutra 18

Vrischika Rasi: 29.5 Tithi 19

274832369

Gulika 8:38AM – 10:22AM
Yama 5:10AM – 6:54AM
Rahu 1:50PM – 3:34PM

Jyeshtha* Until 6:08AM
Shiva Until 8:28PM
Bava Until 8:30AM
Chaturthi* Until 9:30PM

Ganesha: Clear *Sunrise:* 5:10AM
Muruqa: White *Sunset:* 7:02PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga

Until 6:08AM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA
Sun 3 Sutra 19

Dhanus Rasi: 11.5 Tithi 20

284832369

Gulika 6:53AM – 8:38AM
Yama 3:35PM – 5:19PM
Rahu 10:22AM – 12:06PM

Mula* Until 8:59AM
Siddha Until 9:17PM
Kaulava Until 10:39AM
Panchami Until 11:50PM

Ganesha: White *Sunrise:* 5:09AM
Muruqa: White *Sunset:* 7:03PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 8:59AM

Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA
Sun 4 Sutra 20

Dhanus Rasi: 23.43 Tithi 21

284832369

Gulika 5:08AM – 6:53AM
Yama 1:51PM – 3:35PM
Rahu 8:37AM – 10:22AM

Purvashadha* Until 11:59AM
Sadhya Until 10:18PM
Gara Until 1:07PM
Shashthi* Until 2:23AM Sun

Ganesha: White *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 7:04PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Until 11:59AM

Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA
Sun 5 Sutra 21

Makara Rasi: 5.31 Tithi 22

284832369

Gulika 3:36PM – 5:20PM
Yama 12:06PM – 1:51PM
Rahu 5:20PM – 7:05PM

Uttarashadha Until 2:55PM
Subha Until 11:22PM
Visti Until 3:42PM
Saptami Until 4:56AM Mon

Ganesha: White *Sunrise:* 5:07AM
Muruqa: White *Sunset:* 7:05PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

D

Monday, May 7, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Balava Karana Ashtamyam Titau

St. Helena, CA
Sun 6 Sutra 22

Makara Rasi: 17.2 Tithi 23

294832369

Gulika 1:51PM – 3:36PM
Yama 10:21AM – 12:06PM
Rahu 6:51AM – 8:36AM

Shravana Until 6:04PM
Sukla Until 12:14AM Tue
Balava Until 6:08PM
Ashtami* Until 7:12AM Tue

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 7:06PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Amrita Yoga

Until 6:04PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA
Sun 7 Sutra 23

Makara Rasi: 29.16 Tithi 23 – 24

294832369

Gulika 12:06PM – 1:51PM
Yama 8:35AM – 10:21AM
Rahu 3:36PM – 5:22PM

Dhanishtha Until 8:40PM
Brahma Until 12:46AM Wed
Taitila Until 8:10PM
Ashtami* Until 7:12AM

Ganesha: Yellow *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 7:07PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Creative Work Siddha Yoga

Until 8:40PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM


1	Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA
	Kumbha Rasi: 11.24	Tithi 24 – 25	Gulika 10:20AM – 12:06PM	Shatabhishak Until 10:30PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Sun 8 Sutra 24
			Yama 6:49AM – 8:35AM	Indra Until 12:49AM Thu	Muruqa: White	<i>Sunset:</i> 7:08PM	Vilamba 5120
			294832369 Rahu 12:06PM – 1:51PM	Vanija Until 9:35PM	Nataraja: Purple		Moon 4 - Phase 4 2nd Phase
Creative Work Siddha Yoga		Navami* Until 8:57AM		Moon – Purple	Bhuloka Day		
Until 10:30PM				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga							


2	Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Kumbha Rasi: 23.49	Tithi 25 – 26	Gulika 8:34AM – 10:20AM	Purvaproshtapada* Until 11:55PM	Ganesha: Yellow	<i>Sunrise:</i> 5:03AM	Sun 9 Sutra 25
			Yama 5:03AM – 6:49AM	Vaidhriti* Until 12:14AM Fri	Muruqa: White	<i>Sunset:</i> 7:09PM	Vilamba 5120
			214832369 Rahu 1:52PM – 3:37PM	Bava Until 10:14PM	Nataraja: Purple		Moon 4 - Phase 4 2nd Phase
Creative Work Siddha Yoga		Dashami Until 10:00AM		Moon – Clear	Bhuloka Day		
				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		
Then Routine Work - Prabalarishta Yoga							

3	Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Meena Rasi: 7	Tithi 26 – 27	Gulika 6:48AM – 8:34AM	Uttaraproshtapada Until 12:22AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	Sun 10 Sutra 26
			Yama 3:38PM – 5:24PM	Vishkambha* Until 11:01PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Vilamba 5120
			214932369 Rahu 10:20AM – 12:06PM	Kaulava Until 10:03PM	Nataraja: Purple		Moon 4 - Phase 4 2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 10:14AM		Moon – Clear	Bhuloka Day		
Until 12:22AM Sat				Vaisaka-Chaitra			
Then Routine Work - Prabalarishta Yoga							

4	Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Meena Rasi: 19.47	Tithi 27 – 28	Gulika 5:01AM – 6:47AM	Revati Until 11:53PM	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	Sun 11 Sutra 27
			Yama 1:52PM – 3:38PM	Priti Until 9:10PM	Muruqa: White	<i>Sunset:</i> 7:11PM	Vilamba 5120
			214932369 Rahu 8:33AM – 10:19AM	Gara Until 9:05PM	Nataraja: Purple		Moon 4 - Phase 4 2nd Phase
Routine Work Prabalarishta Yoga		Dvadashi* Until 9:39AM		Moon – Clear	Bhuloka Day		
Until 11:53PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					

5	Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Mesha Rasi: 3.25	Tithi 28 – 29	Gulika 3:39PM – 5:25PM	Ashvini Until 11:01PM	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	Sun 12 Sutra 28
			Yama 12:06PM – 1:52PM	Ayushman Until 6:45PM	Muruqa: White	<i>Sunset:</i> 7:11PM	Vilamba 5120
			224932369 Rahu 5:25PM – 7:11PM	Visti Until 7:24PM	Nataraja: Purple		Moon 4 - Phase 4 2nd Phase
Creative Work Siddha Yoga		Mother's Day		Moon – White	Bhuloka Day		
Until 11:01PM				Vaisaka-Chaitra			
Then Routine Work - Prabalarishta Yoga							

	Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
	Retreat Star		Gulika 1:52PM – 3:39PM	Bharani Until 9:28PM	Ganesha: Blue	<i>Sunrise:</i> 4:59AM	Sun 13 Sutra 29
	Mesha Rasi: 17.26	Tithi 29 – 30	Yama 10:19AM – 12:06PM	Saubhagya Until 3:51PM	Muruqa: White	<i>Sunset:</i> 7:12PM	Vilamba 5120
	Family Home Evening		224932369 Rahu 6:46AM – 8:32AM	Naga Until 3:51AM Tue	Nataraja: Purple		Moon 4 - Phase 4 Amavasya
Creative Work Siddha Yoga		Chaturdashi* Until 6:20AM		Moon – White	Bhuloka Day		
Until 9:28PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

	Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA
	Retreat Star		Gulika 12:06PM – 1:53PM	Krittika Until 7:22PM	Ganesha: Red	<i>Sunrise:</i> 4:58AM	Sun 14 Sutra 30
	Vrishabha Rasi: 1.47	Tithi 1	Yama 8:32AM – 10:19AM	Sobhana Until 12:37PM	Muruqa: White	<i>Sunset:</i> 7:13PM	Vilamba 5120
			225932369 Rahu 3:39PM – 5:26PM	Kintughna Until 2:29PM	Nataraja: Purple		Moon 4 - Phase 4 Prathama
Creative Work Siddha Yoga		Prathama* Until 1:01AM Wed		Moon – White	Bhuloka Day		
Until 7:22PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga							

1	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
	Vrishabha Rasi: 16.23	Tithi 2	Gulika 10:19AM – 12:06PM	Rohini Until 5:20PM	Ganesha: Yellow	Sunrise: 4:57AM	Sun 15
	235932369	Rahu 12:06PM – 1:53PM	Yama 6:44AM – 8:31AM	Athiganda* Until 9:08AM	Muruga: White	Sunset: 7:14PM	Vilamba 5120
	Creative Work	Siddha Yoga		Balava Until 11:33AM	Nataraja: Purple		Moon 4 - Phase 5
			Dvitiya Until 10:01PM	Moon – Yellow		3rd Phase	
				Bhuloka Day			
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

2	Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
	Mithuna Rasi: 1.05	Tithi 3	Gulika 8:31AM – 10:18AM	Mrigashira Until 3:05PM	Ganesha: Yellow	Sunrise: 4:56AM	Sun 16
	235932369	Rahu 1:53PM – 3:40PM	Yama 4:56AM – 6:44AM	Dhriti Until 2:00AM Fri	Muruga: White	Sunset: 7:15PM	Vilamba 5120
	Routine Work	Marana Yoga		Taitila Until 8:30AM	Nataraja: Purple		Moon 4 - Phase 5
			Tritiya Until 6:58PM	Moon – Yellow		3rd Phase	
				Bhuloka Day			
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

3	Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
	Mithuna Rasi: 15.47	Tithi 4 – 5	Gulika 6:43AM – 8:31AM	Ardra Until 12:46PM	Ganesha: Yellow	Sunrise: 4:56AM	Sun 17
	235932369	Rahu 10:18AM – 12:06PM	Yama 3:41PM – 5:28PM	Shula* Until 10:32PM	Muruga: White	Sunset: 7:16PM	Vilamba 5120
	Creative Work	Siddha Yoga		Bava Until 2:37AM Sat	Nataraja: Purple		Moon 4 - Phase 5
			Chaturthi* Until 4:00PM	Moon – Yellow		3rd Phase	
				Bhuloka Day			
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

4	Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA
	Kataka Rasi: 0.22	Tithi 5 – 6	Gulika 4:55AM – 6:43AM	Punarvasu Until 10:55AM	Ganesha: White	Sunrise: 4:55AM	Sun 18
	245932369	Rahu 8:30AM – 10:18AM	Yama 1:54PM – 3:41PM	Ganda* Until 7:16PM	Muruga: White	Sunset: 7:17PM	Vilamba 5120
	Creative Work	Siddha Yoga		Kaulava Until 12:00AM Sun	Nataraja: Purple		Moon 4 - Phase 5
			Panchami Until 1:15PM	Moon – Blue		3rd Phase	
				Devaloka Day			
				Jyeshtha Adhika-Vaikasi			

5	Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
	Kataka Rasi: 14.45	Tithi 6 – 7	Gulika 3:42PM – 5:30PM	Pushya Until 9:13AM	Ganesha: White	Sunrise: 4:54AM	Sun 19
	245932369	Rahu 5:30PM – 7:18PM	Yama 12:06PM – 1:54PM	Vriddhi Until 4:17PM	Muruga: White	Sunset: 7:18PM	Vilamba 5120
	Creative Work	Siddha Yoga		Gara Until 9:43PM	Nataraja: Purple		Moon 4 - Phase 5
			Shashthi* Until 10:48AM	Moon – Blue		3rd Phase	
				Devaloka Day			
				Jyeshtha Adhika-Vaikasi			

Monday, May 21, 2018	Retreat Star		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
	Kataka Rasi: 28.53	Tithi 7 – 8	Gulika 1:54PM – 3:42PM	Ashlesha* Until 7:44AM	Ganesha: White	Sunrise: 4:53AM	Sun 20
	245932369	Rahu 6:42AM – 8:30AM	Yama 10:18AM – 12:06PM	Dhruva Until 1:35PM	Muruga: White	Sunset: 7:18PM	Vilamba 5120
	Family Home Evening	Siddha Yoga		Visti Until 7:49PM	Nataraja: Purple		Moon 4 - Phase 5
Creative Work	Siddha Yoga		Saptami Until 8:42AM	Moon – Blue		Ashtami	
Until 7:44AM				Devaloka Day			
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			

Tuesday, May 22, 2018	Retreat Star		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
	Simha Rasi: 12.47	Tithi 8 – 9	Gulika 12:06PM – 1:54PM	Magha* Until 6:55AM	Ganesha: Clear	Sunrise: 4:53AM	Sun 21
	255932369	Rahu 3:43PM – 5:31PM	Yama 8:29AM – 10:18AM	Vyaghata* Until 11:13AM	Muruga: White	Sunset: 7:19PM	Vilamba 5120
	Creative Work	Siddha Yoga		Balava Until 6:19PM	Nataraja: Purple		Moon 4 - Phase 5
			Ashtami* Until 7:00AM	Moon – Red		Navami	
				Bhuloka Day			
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				St. Helena, CA
Simha Rasi: 26.26	Tithi 10	Gulika 10:18AM – 12:06PM	Purvaphalguni Until 6:23AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Sun 22	Sutra 38	Vilamba 5120
		Yama 6:41AM – 8:29AM	Harshana Until 9:12AM	Muruqa: White	<i>Sunset:</i> 7:20PM			Moon 4 - Phase 6
		255932369 Rahu 12:06PM – 1:55PM	Taitila Until 5:13PM	Nataraja: Purple				4th Phase
Creative Work	Amrita Yoga		Dashami Until 4:48AM Thu	Moon – Red			Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			Devaloka Time: 9:AM to 12:PM	

2		Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA
Kanya Rasi: 9.52	Tithi 11	Gulika 8:29AM – 10:17AM	Uttaraphalguni Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Sun 23	Sutra 39	Vilamba 5120
		Yama 4:51AM – 6:40AM	Vajra* Until 7:28AM	Muruqa: White	<i>Sunset:</i> 7:21PM			Moon 4 - Phase 6
		255932369 Rahu 1:55PM – 3:43PM	Vanija Until 4:31PM	Nataraja: Purple				4th Phase
	Amrita Yoga		Ekadashi Until 4:18AM Fri	Moon – Red			Bhuloka Day	
Until 6:05AM				Jyeshtha Adhika-Vaikasi			Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga								

3		Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyaptipata* Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA
Kanya Rasi: 23.04	Tithi 12	Gulika 6:40AM – 8:28AM	Hasta Until 6:28AM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Sun 24	Sutra 40	Vilamba 5120
		Yama 3:44PM – 5:33PM	Siddhi Until 6:04AM	Muruqa: White	<i>Sunset:</i> 7:22PM			Moon 4 - Phase 6
		366932369 Rahu 10:17AM – 12:06PM	Bava Until 4:12PM	Nataraja: Purple				4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 4:11AM Sat	Moon – Green			Bhuloka Day	
Until 6:28AM				Jyeshtha Adhika-Vaikasi				
Then Creative Work - Siddha Yoga								

4		Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA
Tula Rasi: 6.05	Tithi 13	Gulika 4:50AM – 6:39AM	Chitra Until 7:05AM	Ganesha: Purple	<i>Sunrise:</i> 4:50AM	Sun 25	Sutra 41	Vilamba 5120
		Yama 1:55PM – 3:44PM	Variyan Until 4:11AM Sun	Muruqa: White	<i>Sunset:</i> 7:22PM			Moon 4 - Phase 6
		366932369 Rahu 8:28AM – 10:17AM	Kaulava Until 4:17PM	Nataraja: Purple				4th Phase
Routine Work	Marana Yoga		Trayodashi Until 4:27AM Sun	Moon – Green			Bhuloka Day	
Until 7:05AM				Jyeshtha Adhika-Vaikasi				
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>					

5		Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA
Tula Rasi: 18.53	Tithi 14	Gulika 3:45PM – 5:34PM	Svati Until 7:56AM	Ganesha: Purple	<i>Sunrise:</i> 4:50AM	Sun 26	Sutra 42	Vilamba 5120
		Yama 12:06PM – 1:56PM	Parigha* Until 3:44AM Mon	Muruqa: White	<i>Sunset:</i> 7:23PM			Moon 4 - Phase 6
		366932369 Rahu 5:34PM – 7:23PM	Gara Until 4:46PM	Nataraja: Purple				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:09AM Mon	Moon – Green			Bhuloka Day	
Until 7:56AM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi				
Then Routine Work - Marana Yoga								

○		Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA
Copper Retreat Star		Gulika 1:56PM – 3:45PM	Vishakha Until 9:30AM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	Sun 27	Sutra 43	Vilamba 5120
Vrischika Rasi: 1.29	Tithi 15	Yama 10:17AM – 12:07PM	Shiva Until 3:39AM Tue	Muruqa: White	<i>Sunset:</i> 7:24PM			Moon 4 - Phase 6
Family Home Evening		376932369 Rahu 6:38AM – 8:28AM	Visti Until 5:41PM	Nataraja: Purple				Purnima
Routine Work	Marana Yoga		Purnima* Until 6:17AM Tue	Moon – Orange			Bhuloka Day	
Until 9:30AM				Jyeshtha Adhika-Vaikasi			Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga								

○		Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA
Silver Retreat Star		Gulika 12:07PM – 1:56PM	Anuradha Until 11:22AM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	Sun 28	Sutra 44	Vilamba 5120
Vrischika Rasi: 13.55	Tithi 15 – 16	Yama 8:28AM – 10:17AM	Siddha Until 3:53AM Wed	Muruqa: White	<i>Sunset:</i> 7:25PM			Moon 4 - Phase 6
		376932369 Rahu 3:46PM – 5:35PM	Balava Until 7:03PM	Nataraja: Purple				Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:17AM	Moon – Orange			Bhuloka Day	
Until 11:22AM				Jyeshtha Adhika-Vaikasi			Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga								



Wednesday, May 30, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA
Sutra 45

Vrischika Rasi: 26.08 Tithi 16 – 17

Gulika 10:17AM – 12:07PM
Yama 6:38AM – 8:27AM
386932369 **Rahu** 12:07PM – 1:56PM

Jyeshtha* Until 1:29PM
Sadhya Until 4:27AM Thu
Taitila Until 8:51PM
Prathama* Until 7:52AM

Ganesha: Clear *Sunrise: 4:48AM*
Muruqa: White *Sunset: 7:25PM*

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 1:29PM
Then Routine Work - Marana Yoga

Nataraja: Purple
Moon – Orange
Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM

Bhuloka Day

1 Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA
Sun 1 Sutra 46

Dhanus Rasi: 8.11 Tithi 17 – 18

Gulika 8:27AM – 10:17AM
Yama 4:48AM – 6:38AM
386932369 **Rahu** 1:57PM – 3:46PM

Mula* Until 4:19PM
Subha Until 5:18AM Fri
Vanija Until 11:02PM
Dvitiya Until 9:53AM

Ganesha: White *Sunrise: 4:48AM*
Muruqa: White *Sunset: 7:26PM*

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga

Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

2 Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

St. Helena, CA
Sun 2 Sutra 47

Dhanus Rasi: 20.06 Tithi 18 – 19

Gulika 6:37AM – 8:27AM
Yama 3:47PM – 5:37PM
387932369 **Rahu** 10:17AM – 12:07PM

Purvashadha* Until 7:17PM
Sukla Until 6:20AM Sat
Bava Until 1:30AM Sat
Tritiya Until 12:13PM

Ganesha: Yellow *Sunrise: 4:47AM*
Muruqa: White *Sunset: 7:27PM*

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Routine Work Prabalarishta Yoga
Until 7:17PM
Then Routine Work - Marana Yoga

Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

Bhuloka Day

3 Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA
Sun 3 Sutra 48

Makara Rasi: 1.55 Tithi 19 – 20

Gulika 4:47AM – 6:37AM
Yama 1:57PM – 3:47PM
387932369 **Rahu** 8:27AM – 10:17AM

Uttarashadha Until 10:15PM
Sukla Until 6:20AM
Kaulava Until 4:06AM Sun
Chaturthi* Until 2:47PM

Ganesha: Yellow *Sunrise: 4:47AM*
Muruqa: White *Sunset: 7:27PM*

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Routine Work Marana Yoga
Until 10:15PM
Then Creative Work - Siddha Yoga

Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

Bhuloka Day

4 Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA
Sun 4 Sutra 49

Makara Rasi: 13.43 Tithi 20 – 21

Gulika 3:48PM – 5:38PM
Yama 12:07PM – 1:58PM
397932369 **Rahu** 5:38PM – 7:28PM

Shravana Until 1:32AM Mon
Brahma Until 7:27AM
Gara Until 6:37AM Mon
Panchami Until 5:22PM

Ganesha: Blue *Sunrise: 4:47AM*
Muruqa: White *Sunset: 7:28PM*

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga
Until 1:32AM Mon
Then Creative Work - Siddha Yoga

Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

5 Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA
Sun 5 Sutra 50

Makara Rasi: 25.31 Tithi 21

Gulika 1:58PM – 3:48PM
Yama 10:17AM – 12:08PM
397932369 **Rahu** 6:37AM – 8:27AM

Dhanishtha Until 4:25AM Tue
Indra Until 8:30AM
Gara Until 6:37AM
Shashthi* Until 7:46PM

Ganesha: Blue *Sunrise: 4:46AM*
Muruqa: White *Sunset: 7:29PM*

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 4:25AM Tue
Then Routine Work - Marana Yoga

Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

6 Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA
Sun 6 Sutra 51

Kumbha Rasi: 7.27 Tithi 22

Gulika 12:08PM – 1:58PM
Yama 8:27AM – 10:17AM
397132361 **Rahu** 3:49PM – 5:39PM

Shatabhishak Until 6:39AM Wed
Vaidhriti* Until 9:17AM
Visti Until 8:51AM
Saptami Until 9:45PM

Ganesha: Purple *Sunrise: 4:46AM*
Muruqa: White *Sunset: 7:29PM*

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Routine Work Marana Yoga
Until 6:39AM Wed
Then Creative Work - Amrita Yoga

Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA
Sun 7 Sutra 52

Kumbha Rasi: 19.34 Tithi 23

Gulika 10:17AM – 12:08PM
Yama 6:36AM – 8:27AM
397132361 **Rahu** 12:08PM – 1:58PM

Shatabhishak Until 6:39AM
Vishkambha* Until 9:41AM
Balava Until 10:33AM
Ashtami* Until 11:08PM

Ganesha: Purple *Sunrise: 4:46AM*
Muruqa: White *Sunset: 7:30PM*

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Creative Work Siddha Yoga
Until 6:39AM
Then Creative Work - Amrita Yoga

Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttarproshthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA
Sun 8 Sutra 53

Meena Rasi: 1.59 Tithi 24

Gulika 8:27AM – 10:17AM
Yama 4:46AM – 6:36AM
318132361 **Rahu** 1:59PM – 3:49PM

Purvaprosarthapada* Until 8:33AM
Priti Until 9:33AM
Taitila Until 11:33AM
Navami* Until 11:44PM

Ganesha: Red *Sunrise: 4:46AM*
Muruqa: White *Sunset: 7:30PM*

Vilamba 5120
Moon 5 - Phase 7
Navami

Creative Work Siddha Yoga

Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM

Bhuloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA
	Meena Rasi: 14.45	Tithi 25	Sun 9	Sutra 54			
	318132361	Rahu	6:36AM – 8:27AM	Uttaraproshtapada Until 9:31AM	Ganesha: Red	Sunrise: 4:45AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama	3:50PM – 5:40PM	Ayushman Until 8:45AM	Sunset: 7:31PM	Moon 5 - Phase 8
			Rahu	10:18AM – 12:08PM	Vanija Until 11:44AM	Nataraja: White	2nd Phase
				Dashami Until 11:29PM	Moon – Clear	Bhuloka Day	
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2	Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
	Meena Rasi: 27.57	Tithi 26	Sun 10	Sutra 55			
	318132361	Rahu	4:45AM – 6:36AM	Revati Until 9:29AM	Ganesha: Red	Sunrise: 4:45AM	Vilamba 5120
	Routine Work	Prabalarishta Yoga	Yama	1:59PM – 3:50PM	Saubhagya Until 7:18AM	Sunset: 7:32PM	Moon 5 - Phase 8
			Rahu	8:27AM – 10:18AM	Bava Until 11:04AM	Nataraja: White	2nd Phase
				Ekadashi* Until 10:25PM	Moon – Clear	Bhuloka Day	
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

3	Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				St. Helena, CA
	Mesha Rasi: 12	Tithi 27	Sun 11	Sutra 56			
	328132361	Rahu	3:50PM – 5:41PM	Ashvini Until 8:58AM	Ganesha: Green	Sunrise: 4:45AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama	12:09PM – 1:59PM	Athiganda* Until 2:30AM Mon	Sunset: 7:32PM	Moon 5 - Phase 8
			Rahu	5:41PM – 7:32PM	Kaulava Until 9:36AM	Nataraja: White	2nd Phase
				Dvadashi* Until 8:34PM	Moon – White	Bhuloka Day	
					Jyeshtha Adhika-Vaikasi		

4	Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
	Mesha Rasi: 25.43	Tithi 28	Sun 12	Sutra 57			
	328132361	Rahu	2:00PM – 3:51PM	Bharani Until 7:35AM	Ganesha: Green	Sunrise: 4:45AM	Vilamba 5120
	Family Home Evening	Siddha Yoga	Yama	10:18AM – 12:09PM	Sukarma Until 11:18PM	Sunset: 7:33PM	Moon 5 - Phase 8
			Rahu	6:36AM – 8:27AM	Gara Until 7:25AM	Nataraja: White	2nd Phase
				Trayodashi* Until 6:05PM	Moon – White	Bhuloka Day	
					Jyeshtha Adhika-Vaikasi		
					<i>Pradosha Vrata (Fasting)</i>		

	Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
	Retreat Star		Sun 13	Sutra 58			
	Vrishabha Rasi: 10.13	Tithi 29 – 30	Rahu	12:09PM – 2:00PM	Rohini Until 3:15AM Wed	Ganesha: White	Sunrise: 4:45AM
	Creative Work	Amrita Yoga	Yama	8:27AM – 10:18AM	Dhriti Until 7:43PM	Sunset: 7:33PM	Vilamba 5120
			Rahu	3:51PM – 5:42PM	Catuspada Until 1:30AM Wed	Nataraja: White	Moon 5 - Phase 8
				Chaturdashi* Until 3:06PM	Moon – Yellow	Bhuloka Day	
					Jyeshtha Adhika-Vaikasi		

Retreat Star	Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
	Retreat Star		Sun 14	Sutra 59			
	Vrishabha Rasi: 25.02	Tithi 30 – 1	Rahu	10:18AM – 12:09PM	Mrigashira Until 12:37AM Thu	Ganesha: White	Sunrise: 4:45AM
	Creative Work	Siddha Yoga	Yama	6:36AM – 8:27AM	Shula* Until 3:52PM	Sunset: 7:33PM	Vilamba 5120
			Rahu	12:09PM – 2:00PM	Kintughna Until 10:03PM	Nataraja: White	Moon 5 - Phase 8
				Amavasya* Until 11:47AM	Moon – Yellow	Bhuloka Day	
					Jyeshtha-Vaikasi		
					Prathama		

1		Thursday, June 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda* Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			St. Helena, CA Sun 15 Sutra 60 Vilamba 5120
Mithuna Rasi: 10.02	Tithi 1 – 2	Gulika 8:27AM – 10:18AM	Ardra Until 9:46PM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM		
		Yama 4:45AM – 6:36AM	Ganda* Until 11:53AM	Muruqa: White	<i>Sunset:</i> 7:34PM		Moon 5 - Phase 9
		359132361 Rahu 2:01PM – 3:52PM	Balava Until 6:31PM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 8:16AM	Moon – Yellow		Bhuloka Day	
Until 9:46PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							
2		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau			St. Helena, CA Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 25.03	Tithi 3	Gulika 6:36AM – 8:27AM	Punarvasu Until 7:16PM	Ganesha: Orange	<i>Sunrise:</i> 4:45AM		
		Yama 3:52PM – 5:43PM	Vriddhi Until 7:56AM	Muruqa: White	<i>Sunset:</i> 7:34PM		Moon 5 - Phase 9
		349132361 Rahu 10:18AM – 12:10PM	Taitila Until 3:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 1:20AM Sat	Moon – Blue		Bhuloka Day	
Until 7:16PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
3		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturthyam Titau			St. Helena, CA Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 9.58	Tithi 4	Gulika 4:45AM – 6:36AM	Pushya Until 4:51PM	Ganesha: Orange	<i>Sunrise:</i> 4:45AM		
		Yama 2:01PM – 3:52PM	Vyaghata* Until 12:28AM Sun	Muruqa: White	<i>Sunset:</i> 7:35PM		Moon 5 - Phase 9
		349132361 Rahu 8:27AM – 10:19AM	Vanija Until 11:44AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:11PM	Moon – Blue		Bhuloka Day	
Until 4:51PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
4		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau			St. Helena, CA Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 24.4	Tithi 5	Gulika 3:52PM – 5:44PM	Ashlesha* Until 2:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:45AM		
		Yama 12:10PM – 2:01PM	Harshana Until 9:13PM	Muruqa: White	<i>Sunset:</i> 7:35PM		Moon 5 - Phase 9
		349132361 Rahu 5:44PM – 7:35PM	Bava Until 8:46AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:26PM	Moon – Blue		Bhuloka Day	
Until 2:40PM		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
5		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau			St. Helena, CA Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 9.03	Tithi 6 – 7	Gulika 2:01PM – 3:53PM	Magha* Until 1:14PM	Ganesha: Green	<i>Sunrise:</i> 4:45AM		
Family Home Evening		Yama 10:19AM – 12:10PM	Vajra* Until 6:20PM	Muruqa: White	<i>Sunset:</i> 7:35PM		Moon 5 - Phase 9
		359132361 Rahu 6:36AM – 8:28AM	Kaulava Until 6:15AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 5:09PM	Moon – Red		Devaloka Day	
Until 1:14PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
6		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau			St. Helena, CA Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 23.05	Tithi 7 – 8	Gulika 12:10PM – 2:02PM	Purvaphalguni Until 12:12PM	Ganesha: Green	<i>Sunrise:</i> 4:45AM		
		Yama 8:28AM – 10:19AM	Siddhi Until 3:55PM	Muruqa: White	<i>Sunset:</i> 7:36PM		Moon 5 - Phase 9
		359132361 Rahu 3:53PM – 5:44PM	Visti Until 2:49AM Wed	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 3:27PM	Moon – Red		Devaloka Day	
Until 12:12PM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
☾		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyalipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau			St. Helena, CA Sun 21 Sutra 66 Vilamba 5120
Retreat Star		Gulika 10:19AM – 12:11PM	Uttaraphalguni Until 11:36AM	Ganesha: Green	<i>Sunrise:</i> 4:46AM		
Kanya Rasi: 6.46	Tithi 8 – 9	Yama 6:37AM – 8:28AM	Vyatipata* Until 2:01PM	Muruqa: White	<i>Sunset:</i> 7:36PM		Moon 5 - Phase 9
		359132361 Rahu 12:11PM – 2:02PM	Balava Until 2:00AM Thu	Nataraja: White			Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 2:19PM	Moon – Red		Devaloka Day	
Until 11:36AM		Chidambaram Abhishekam		Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
☽		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			St. Helena, CA Sun 22 Sutra 67 Vilamba 5120
Retreat Star		Gulika 8:28AM – 10:20AM	Hasta Until 11:54AM	Ganesha: Red	<i>Sunrise:</i> 4:46AM		
Kanya Rasi: 20.05	Tithi 9 – 10	Yama 4:46AM – 6:37AM	Variyan Until 12:33PM	Muruqa: White	<i>Sunset:</i> 7:36PM		Moon 5 - Phase 9
		369132361 Rahu 2:02PM – 3:53PM	Taitila Until 1:45AM Fri	Nataraja: White			Navami
Routine Work	Marana Yoga		Navami* Until 1:47PM	Moon – Green		Bhuloka Day	
Until 11:54AM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang


1		Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
Tula Rasi: 3.07	Tithi 10 - 11			Gulika 6:37AM - 8:29AM	Chitra Until 12:35PM	Ganesha: Green	<i>Sunrise:</i> 4:46AM	Sun 23 Sutra 68
				Yama 3:54PM - 5:45PM	Parigha* Until 11:32AM	Muruqa: White	<i>Sunset:</i> 7:36PM	Vilamba 5120
		361132361		Rahu 10:20AM - 12:11PM	Vanija Until 2:03AM Sat	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga				Dashami Until 1:49PM	Moon - Green		4th Phase
						Jyeshtha-Ani		Bhuloka Day

2		Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
Tula Rasi: 15.53	Tithi 11 - 12			Gulika 4:46AM - 6:38AM	Svati Until 1:38PM	Ganesha: Green	<i>Sunrise:</i> 4:46AM	Sun 24 Sutra 69
				Yama 2:03PM - 3:54PM	Shiva Until 10:58AM	Muruqa: White	<i>Sunset:</i> 7:36PM	Vilamba 5120
		361132361		Rahu 8:29AM - 10:20AM	Bava Until 2:50AM Sun	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga				Ekadashi Until 2:21PM	Moon - Green		4th Phase
						Jyeshtha-Ani		Bhuloka Day

3		Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
Tula Rasi: 28.26	Tithi 12 - 13			Gulika 3:54PM - 5:45PM	Vishakha Until 3:28PM	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Sun 25 Sutra 70
				Yama 12:11PM - 2:03PM	Siddha Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 7:36PM	Vilamba 5120
		371142361		Rahu 5:45PM - 7:36PM	Kaulava Until 4:05AM Mon	Nataraja: White		Moon 5 - Phase 10
Routine Work	Marana Yoga				Dvadashi Until 3:23PM	Moon - Orange		4th Phase
						Jyeshtha-Ani		Devaloka Day
						<i>Pradosha Vrata</i>		

4		Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
Vrischika Rasi: 10.46	Tithi 13 - 14			Gulika 2:03PM - 3:54PM	Anuradha Until 5:33PM	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Sun 26 Sutra 71
Family Home Evening				Yama 10:20AM - 12:12PM	Sadhya Until 10:52AM	Muruqa: Clear	<i>Sunset:</i> 7:37PM	Vilamba 5120
		371142361		Rahu 6:38AM - 8:29AM	Gara Until 5:44AM Tue	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga				Trayodashi Until 4:50PM	Moon - Orange		4th Phase
						Jyeshtha-Ani		Devaloka Day

5		Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Vanija Karana Chaturdashyam Titau				St. Helena, CA
Vrischika Rasi: 22.57	Tithi 14			Gulika 12:12PM - 2:03PM	Jyeshtha* Until 7:51PM	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Sun 27 Sutra 72
				Yama 8:30AM - 10:21AM	Subha Until 11:20AM	Muruqa: Clear	<i>Sunset:</i> 7:37PM	Vilamba 5120
		371142361		Rahu 3:54PM - 5:45PM	Vanija Until 6:40PM	Nataraja: White		Moon 5 - Phase 10
Routine Work	Marana Yoga				Chaturdashi* Until 6:40PM	Moon - Orange		4th Phase
Until 7:51PM						Jyeshtha-Ani		Devaloka Day
Then Creative Work - Amrita Yoga								

		Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Purnimayam Titau				St. Helena, CA
Copper Retreat Star				Gulika 10:21AM - 12:12PM	Mula* Until 10:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:48AM	Sutra 73
Dhanus Rasi: 4.59	Tithi 15			Yama 6:39AM - 8:30AM	Sukla Until 12:01PM	Muruqa: Clear	<i>Sunset:</i> 7:37PM	Vilamba 5120
		381142361		Rahu 12:12PM - 2:03PM	Visti Until 7:45AM	Nataraja: White		Moon 5 - Phase 10
Routine Work	Marana Yoga				Purnima* Until 8:51PM	Moon - Light Blue		Purnima
Until 10:48PM						Jyeshtha-Ani		Bhuloka Day
Then Creative Work - Amrita Yoga								Devaloka Time: 12:PM to 3:PM

Thursday, June 28, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA
				Gulika 8:30AM - 10:21AM	Purvashadha* Until 1:49AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:48AM	Sutra 74
Dhanus Rasi: 16.53	Tithi 16			Yama 4:48AM - 6:39AM	Brahma Until 12:57PM	Muruqa: Clear	<i>Sunset:</i> 7:37PM	Vilamba 5120
		381142361		Rahu 2:03PM - 3:54PM	Balava Until 10:03AM	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga				Prathama* Until 11:16PM	Moon - Light Blue		Prathama
Until 1:49AM Fri						Jyeshtha-Ani		Bhuloka Day
Then Routine Work - Marana Yoga								Devaloka Time: 12:PM to 3:PM



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvitiyayam Titau

St. Helena, CA
Sun 1
Sutra 75
Vilamba 5120

Dhanus Rasi: 28.43 Tithi 17

381142361

Gulika 6:39AM – 8:30AM
Yama 3:55PM – 5:46PM
Rahu 10:21AM – 12:12PM

Uttarashadha Until 4:47AM Sat
Indra Until 2:02PM
Taitila Until 12:34PM
Dvitiya Until 1:51AM Sat

Ganesha: Blue *Sunrise:* 4:48AM
Muruqa: Clear *Sunset:* 7:37PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 4:47AM Sat

Then Creative Work - Siddha Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trityayam Titau

St. Helena, CA
Sun 2
Sutra 76
Vilamba 5120

Makara Rasi: 10.3 Tithi 18

391242361

Gulika 4:49AM – 6:40AM
Yama 2:04PM – 3:55PM
Rahu 8:31AM – 10:22AM

Shravana Until 8:06AM Sun
Vaidhriti* Until 3:09PM
Vanija Until 3:10PM
Tritiya Until 4:26AM Sun

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: Clear *Sunset:* 7:37PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 8:06AM Sun

Then Routine Work - Marana Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthayam Titau

St. Helena, CA
Sun 3
Sutra 77
Vilamba 5120

Makara Rasi: 22.17 Tithi 19

391242361

Gulika 3:55PM – 5:46PM
Yama 12:13PM – 2:04PM
Rahu 5:46PM – 7:37PM

Shravana Until 8:06AM
Vishkambha* Until 4:14PM
Bava Until 5:43PM
Chaturthi* Until 6:53AM Mon

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: Clear *Sunset:* 7:37PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 8:06AM

Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA
Sun 4
Sutra 78
Vilamba 5120

Kumbha Rasi: 4.08 Tithi 19 – 20

392242361

Gulika 2:04PM – 3:55PM
Yama 10:22AM – 12:13PM
Rahu 6:41AM – 8:31AM

Dhanishtha Until 11:05AM
Priti Until 5:10PM
Kaulava Until 8:01PM
Chaturthi* Until 6:53AM

Ganesha: Yellow *Sunrise:* 4:50AM
Muruqa: Clear *Sunset:* 7:36PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprosrothapada* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA
Sun 5
Sutra 79
Vilamba 5120

Kumbha Rasi: 16.06 Tithi 20 – 21

392242361

Gulika 12:13PM – 2:04PM
Yama 8:32AM – 10:22AM
Rahu 3:55PM – 5:46PM

Shatabhishak Until 1:34PM
Ayushman Until 5:46PM
Gara Until 9:55PM
Panchami Until 9:00AM

Ganesha: Yellow *Sunrise:* 4:50AM
Muruqa: Clear *Sunset:* 7:36PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprosrothapada*/Uttaraprosrothapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

St. Helena, CA
Sun 6
Sutra 80
Vilamba 5120

Kumbha Rasi: 28.15 Tithi 21 – 22

312242361

Gulika 10:23AM – 12:13PM
Yama 6:41AM – 8:32AM
Rahu 12:13PM – 2:04PM

Purvaprosrothapada* Until 3:53PM
Saubhagya Until 5:58PM
Visti Until 11:15PM
Shashthi* Until 10:38AM

Ganesha: Orange *Sunrise:* 4:51AM
Muruqa: Clear *Sunset:* 7:36PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 3:53PM

Then Creative Work - Siddha Yoga

D

Thursday, July 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprosrothapada/Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA
Sun 7
Sutra 81
Vilamba 5120

Meena Rasi: 10.4 Tithi 22 – 23

312242361

Gulika 8:32AM – 10:23AM
Yama 4:51AM – 6:42AM
Rahu 2:04PM – 3:55PM

Uttaraprosrothapada Until 5:23PM
Sobhana Until 5:39PM
Balava Until 11:53PM
Saptami Until 11:38AM

Ganesha: Orange *Sunrise:* 4:51AM
Muruqa: Clear *Sunset:* 7:36PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA
Sun 8
Sutra 82
Vilamba 5120

Meena Rasi: 23.23 Tithi 23 – 24

412242361

Gulika 6:42AM – 8:33AM
Yama 3:55PM – 5:45PM
Rahu 10:23AM – 12:14PM

Revati Until 5:59PM
Athiganda* Until 4:43PM
Taitila Until 11:44PM
Ashtami* Until 11:54AM

Ganesha: Green *Sunrise:* 4:52AM
Muruqa: Clear *Sunset:* 7:36PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 5:59PM

Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1	Saturday, July 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA
	Mesha Rasi: 6.32	Tithi 24 – 25	422242361	Gulika 4:52AM – 6:43AM Yama 2:04PM – 3:55PM Rahu 8:33AM – 10:24AM	Ashvini Until 6:07PM Sukarma Until 3:09PM Vanija Until 10:48PM Navami* Until 11:21AM	Ganesha: Orange Muruqa: Clear Nataraja: White Moon – White Jyeshtha-Ani	Sun 9 Sutra 83 Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day	

2	Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Mesha Rasi: 20.06	Tithi 25 – 26	422242361	Gulika 3:55PM – 5:45PM Yama 12:14PM – 2:04PM Rahu 5:45PM – 7:35PM	Bharani Until 5:18PM Dhriti Until 12:58PM Bava Until 9:05PM Dashami Until 10:01AM	Ganesha: Orange Muruqa: Clear Nataraja: White Moon – White Jyeshtha-Ani	Sun 10 Sutra 84 Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Routine Work	Prabalarishta Yoga				Devaloka Day	
	Until 5:18PM	Then Creative Work - Siddha Yoga					

3	Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Vrishabha Rasi: 4.08	Tithi 26 – 27	422242361	Gulika 2:04PM – 3:54PM Yama 10:24AM – 12:14PM Rahu 6:44AM – 8:34AM	Krittika Until 3:40PM Shula* Until 10:10AM Kaulava Until 6:41PM Ekadashi* Until 7:57AM	Ganesha: Orange Muruqa: Clear Nataraja: White Moon – White Jyeshtha-Ani	Sun 11 Sutra 85 Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Family Home Evening	Marana Yoga				Devaloka Day	
	Until 3:40PM	Then Creative Work - Amrita Yoga					

4	Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
	Vrishabha Rasi: 18.35	Tithi 28	432242361	Gulika 12:14PM – 2:04PM Yama 8:34AM – 12:14PM Rahu 3:54PM – 5:44PM	Rohini Until 1:44PM Ganda* Until 6:52AM Gara Until 3:44PM Trayodashi* Until 2:04AM Wed <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue Muruqa: Clear Nataraja: White Moon – Yellow Jyeshtha-Ani	Sun 12 Sutra 86 Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Creative Work	Amrita Yoga				Bhuloka Day	
	Until 1:44PM	Then Creative Work - Siddha Yoga				Devaloka Time: 12:PM to 3:PM	

5	Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
	Mithuna Rasi: 3.24	Tithi 29	432242361	Gulika 10:25AM – 12:14PM Yama 6:45AM – 8:35AM Rahu 12:14PM – 2:04PM	Mrigashira Until 11:12AM Dhruva Until 11:12PM Visti Until 12:22PM Chaturdashi* Until 10:33PM	Ganesha: Light Blue Muruqa: Clear Nataraja: White Moon – Yellow Jyeshtha-Ani	Sun 13 Sutra 87 Vilamba 5120 Moon 6 - Phase 12 2nd Phase
	Creative Work	Siddha Yoga				Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

	Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA
	Retreat Star		432242361	Gulika 8:35AM – 10:25AM Yama 4:56AM – 6:45AM Rahu 2:04PM – 3:54PM	Ardra Until 8:17AM Vyaghata* Until 7:04PM Catuspada Until 8:43AM Amavasya* Until 6:50PM	Ganesha: Light Blue Muruqa: Clear Nataraja: White Moon – Yellow Jyeshtha-Ani	Sun 14 Sutra 88 Vilamba 5120 Moon 6 - Phase 12 Amavasya
	Routine Work	Marana Yoga				Bhuloka Day	
	Until 8:17AM	Then Creative Work - Amrita Yoga				Devaloka Time: 12:PM to 3:PM	

	Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA
	Retreat Star		442242361	Gulika 6:46AM – 8:35AM Yama 3:54PM – 5:44PM Rahu 10:25AM – 12:15PM	Pushya Until 2:38AM Sat Harshana Until 2:55PM Balava Until 1:16AM Sat Prathama* Until 3:05PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Blue Ashada-Ani	Sun 15 Sutra 89 Vilamba 5120 Moon 6 - Phase 12 Prathama
	Routine Work	Marana Yoga		Partial Solar Eclipse		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA
Kataka Rasi: 18.46	Tithi 2 - 3	442242361	Gulika 4:57AM - 6:46AM Yama 2:04PM - 3:54PM Rahu 8:36AM - 10:25AM	Ashlesha* Until 11:51PM Vajra* Until 10:51AM Taitila Until 9:46PM Dvitiya Until 11:28AM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon - Blue	Sunrise: 4:57AM Sunset: 7:33PM	Sun 16 Sutra 90 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Routine Work Marana Yoga Until 11:51PM Then Creative Work - Amrita Yoga								

2		Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				St. Helena, CA
Simha Rasi: 3.42	Tithi 3 - 4	453242361	Gulika 3:54PM - 5:43PM Yama 12:15PM - 2:04PM Rahu 5:43PM - 7:32PM	Magha* Until 9:43PM Siddhi Until 7:02AM Vanija Until 6:37PM Tritiya Until 8:07AM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon - Red	Sunrise: 4:58AM Sunset: 7:32PM	Sun 17 Sutra 91 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Routine Work Marana Yoga Until 9:43PM Then Creative Work - Siddha Yoga								

3		Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
Simha Rasi: 18.2	Tithi 5	453242361	Gulika 2:04PM - 3:53PM Yama 10:26AM - 12:15PM Rahu 6:48AM - 8:37AM	Purvaphalguni Until 7:56PM Varyan Until 12:31AM Tue Bava Until 3:57PM Panchami Until 2:49AM Tue	Ganesha: Purple Muruqa: Clear Nataraja: White Moon - Red	Sunrise: 4:58AM Sunset: 7:32PM	Sun 18 Sutra 92 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Family Home Evening Creative Work Siddha Yoga								

4		Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA
Kanya Rasi: 2.34	Tithi 6	453242362	Gulika 12:15PM - 2:04PM Yama 8:37AM - 10:26AM Rahu 3:53PM - 5:42PM	Uttaraphalguni Until 6:39PM Parigha* Until 10:01PM Kaulava Until 1:53PM Shashthi* Until 1:06AM Wed	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Red	Sunrise: 4:59AM Sunset: 7:31PM	Sun 19 Sutra 93 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Devaloka Day
Creative Work Amrita Yoga Until 6:39PM Then Creative Work - Siddha Yoga								

5		Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA
Kanya Rasi: 16.23	Tithi 7	463242362	Gulika 10:26AM - 12:15PM Yama 6:49AM - 8:37AM Rahu 12:15PM - 2:04PM	Hasta Until 6:20PM Shiva Until 8:06PM Gara Until 12:31PM Saptami Until 12:05AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Green	Sunrise: 5:00AM Sunset: 7:30PM	Sun 20 Sutra 94 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Sivaloka Day
Routine Work Marana Yoga Until 6:20PM Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA
Kanya Rasi: 29.47	Tithi 8	463242362	Gulika 8:38AM - 10:27AM Yama 5:01AM - 6:49AM Rahu 2:04PM - 3:53PM	Chitra Until 6:37PM Siddha Until 6:45PM Visti Until 11:52AM Ashtami* Until 11:48PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Green	Sunrise: 5:01AM Sunset: 7:30PM	Sun 21 Sutra 95 Vilamba 5120 Moon 6 - Phase 13 Ashtami	Sivaloka Day
Creative Work Siddha Yoga Until 6:37PM Then Creative Work - Amrita Yoga								

Retreat Star		Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA
Tula Rasi: 12.47	Tithi 9	463242362	Gulika 6:50AM - 8:38AM Yama 3:52PM - 5:41PM Rahu 10:27AM - 12:15PM	Svati Until 7:26PM Sadhya Until 5:58PM Balava Until 11:57AM Navami* Until 12:13AM Sat	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Green	Sunrise: 5:01AM Sunset: 7:29PM	Sun 22 Sutra 96 Vilamba 5120 Moon 6 - Phase 13 Navami	Sivaloka Day
Creative Work Siddha Yoga								


1		Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 97
Tula Rasi: 25.27	Tithi 10	Gulika 5:02AM – 6:50AM	Vishakha Until 9:12PM	Ganesha: White	<i>Sunrise:</i> 5:02AM		Vilamba 5120	
		Yama 2:04PM – 3:52PM	Subha Until 5:44PM	Muruqa: Clear	<i>Sunset:</i> 7:28PM		Moon 6 - Phase 14	
		473242362 Rahu 8:39AM – 10:27AM	Taitila Until 12:42PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dashami Until 1:17AM Sun	Moon – Orange			Devaloka Day	
				Ashada-Adi				

2		Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 98
Vrischika Rasi: 7.5	Tithi 11	Gulika 3:52PM – 5:40PM	Anuradha Until 11:20PM	Ganesha: White	<i>Sunrise:</i> 5:03AM		Vilamba 5120	
		Yama 12:15PM – 2:03PM	Sukla Until 5:54PM	Muruqa: Clear	<i>Sunset:</i> 7:28PM		Moon 6 - Phase 14	
		473242362 Rahu 5:40PM – 7:28PM	Vanija Until 2:02PM	Nataraja: Clear			4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 2:52AM Mon	Moon – Orange			Devaloka Day	
				Ashada-Adi				

3		Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 99
Vrischika Rasi: 20.01	Tithi 12	Gulika 2:03PM – 3:51PM	Jyeshtha* Until 1:45AM Tue	Ganesha: White	<i>Sunrise:</i> 5:04AM		Vilamba 5120	
Family Home Evening		Yama 10:27AM – 12:15PM	Brahma Until 6:26PM	Muruqa: Clear	<i>Sunset:</i> 7:27PM		Moon 6 - Phase 14	
		473242362 Rahu 6:52AM – 8:40AM	Bava Until 3:52PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 4:54AM Tue	Moon – Orange			Devaloka Day	
Until 1:45AM Tue				Ashada-Adi				
Then Creative Work - Amrita Yoga								

4		Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Kaulava Karana Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 100
Dhanus Rasi: 2.01	Tithi 13	Gulika 12:15PM – 2:03PM	Mula* Until 4:48AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM		Vilamba 5120	
		Yama 8:40AM – 10:28AM	Indra Until 7:16PM	Muruqa: Clear	<i>Sunset:</i> 7:26PM		Moon 6 - Phase 14	
		483242362 Rahu 3:51PM – 5:39PM	Kaulava Until 6:03PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 7:14AM Wed	Moon – Light Blue			Sivaloka Day	
				Ashada-Adi				
				<i>Pradosha Vrata</i>				

5		Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 101
Dhanus Rasi: 13.55	Tithi 13 – 14	Gulika 10:28AM – 12:15PM	Purvashadha* Until 7:53AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:05AM		Vilamba 5120	
		Yama 6:53AM – 8:40AM	Vaidhriti* Until 8:15PM	Muruqa: Clear	<i>Sunset:</i> 7:25PM		Moon 6 - Phase 14	
		483342362 Rahu 12:15PM – 2:03PM	Gara Until 8:30PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 7:14AM	Moon – Light Blue			Sivaloka Day	
Until 7:53AM Thu				Ashada-Adi				
Then Routine Work - Marana Yoga								

		Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 102
Dhanus Rasi: 25.44	Tithi 14 – 15	Gulika 8:41AM – 10:28AM	Purvashadha* Until 7:53AM	Ganesha: Red	<i>Sunrise:</i> 5:06AM		Vilamba 5120	
		Yama 5:06AM – 6:54AM	Vishkambha* Until 9:21PM	Muruqa: Clear	<i>Sunset:</i> 7:25PM		Moon 6 - Phase 14	
		483342362 Rahu 2:03PM – 3:50PM	Visti Until 11:05PM	Nataraja: Clear			Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:46AM	Moon – Light Blue			Sivaloka Day	
Until 7:53AM				Ashada-Adi				
Then Routine Work - Marana Yoga								

Friday, July 27, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 103
Makara Rasi: 7.31	Tithi 15 – 16	Gulika 6:54AM – 8:41AM	Uttarashadha Until 10:52AM	Ganesha: Red	<i>Sunrise:</i> 5:07AM		Vilamba 5120	
		Yama 3:50PM – 5:37PM	Priti Until 10:29PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM		Moon 6 - Phase 14	
		483342362 Rahu 10:28AM – 12:15PM	Balava Until 1:39AM Sat	Nataraja: Clear			Prathama	
Routine Work	Marana Yoga		Purnima* Until 12:21PM	Moon – Light Blue			Sivaloka Day	
				Ashada-Adi				
				Total Lunar Eclipse				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA
Sutra 104
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 19.19 Titthi 16 - 17

493342362

Gulika
Yama
Rahu

5:08AM - 6:55AM
2:02PM - 3:49PM
8:42AM - 10:28AM

Shravana Until 2:08PM
Ayushman Until 11:29PM
Taitila Until 4:06AM Sun
Prathama* Until 2:53PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:08AM
Sunset: 7:23PM

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA
Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 1.1 Titthi 17 - 18

493342362

Gulika
Yama
Rahu

3:49PM - 5:35PM
12:15PM - 2:02PM
5:35PM - 7:22PM

Dhanishtha Until 5:03PM
Saubhagya Until 12:20AM Mon
Vanija Until 6:19AM Mon
Dvitiya Until 5:14PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:09AM
Sunset: 7:22PM

Devaloka Day

Routine Work Marana Yoga

Until 5:03PM

Then Creative Work - Siddha Yoga

2

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti* Karana Tritiyayam Titau

St. Helena, CA
Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 13.07 Titthi 18

494342362

Gulika
Yama
Rahu

2:02PM - 3:48PM
10:29AM - 12:15PM
6:56AM - 8:42AM

Shatabhishak Until 7:32PM
Sobhana Until 12:58AM Tue
Vanija Until 6:19AM
Tritiya Until 7:17PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:10AM
Sunset: 7:21PM

Devaloka Day

Creative Work Siddha Yoga

Until 7:32PM

Then Routine Work - Marana Yoga

3

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA
Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 25.12 Titthi 19

414342362

Gulika
Yama
Rahu

12:15PM - 2:01PM
8:43AM - 10:29AM
3:48PM - 5:34PM

Purvaproshtapada* Until 9:57PM
Athiganda* Until 1:14AM Wed
Bava Until 8:11AM
Chaturthi* Until 8:56PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:10AM
Sunset: 7:20PM

Devaloka Day

Routine Work Marana Yoga

Until 9:57PM

Then Creative Work - Amrita Yoga

4

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA
Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 7.28 Titthi 20

414342362

Gulika
Yama
Rahu

10:29AM - 12:15PM
6:57AM - 8:43AM
12:15PM - 2:01PM

Uttaraproshtapada Until 11:43PM
Sukarma Until 1:07AM Thu
Kaulava Until 9:36AM
Panchami Until 10:06PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:11AM
Sunset: 7:19PM

Devaloka Day

Creative Work Siddha Yoga

Until 11:43PM

Then Routine Work - Marana Yoga

5

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA
Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 19.57 Titthi 21

414342362

Gulika
Yama
Rahu

8:44AM - 10:29AM
5:12AM - 6:58AM
2:01PM - 3:47PM

Revati Until 12:46AM Fri
Dhriti Until 12:34AM Fri
Gara Until 10:29AM
Shashthi* Until 10:41PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:12AM
Sunset: 7:18PM

Devaloka Day

Creative Work Siddha Yoga

Until 12:46AM Fri

Then Creative Work - Amrita Yoga

6

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Shula* Yoga Visiti*/Bava Karana Saptamyam Titau

St. Helena, CA
Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Mesha Rasi: 2.43 Titthi 22

424342362

Gulika
Yama
Rahu

6:59AM - 8:44AM
3:46PM - 5:32PM
10:30AM - 12:15PM

Ashvini Until 1:30AM Sat
Shula* Until 11:28PM
Visiti Until 10:45AM
Saptami Until 10:37PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:13AM
Sunset: 7:17PM

Sivaloka Day

Creative Work Amrita Yoga

Until 1:30AM Sat

Then Creative Work - Siddha Yoga

☾

Saturday, August 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA
Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 15.48 Titthi 23

424342362

Gulika
Yama
Rahu

5:14AM - 6:59AM
2:00PM - 3:45PM
8:44AM - 10:30AM

Bharani Until 1:24AM Sun
Ganda* Until 9:50PM
Balava Until 10:21AM
Ashtami* Until 9:53PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:14AM
Sunset: 7:16PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA
Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 29.16 Titthi 24

424342362

Gulika
Yama
Rahu

3:45PM - 5:30PM
12:15PM - 2:00PM
5:30PM - 7:15PM

Krittika Until 12:29AM Mon
Vriddhi Until 7:41PM
Taitila Until 9:16AM
Navami* Until 8:28PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:15AM
Sunset: 7:15PM

Sivaloka Day

Creative Work Siddha Yoga

Until 12:29AM Mon

Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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1	Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Dashamyam Titau				St. Helena, CA Sun 9 Sutra 113 Vilamba 5120
	Vrishabha Rasi: 13.08 Family Home Evening Creative Work Amrita Yoga	Tithi 25 434342362	Gulika 1:59PM – 3:44PM Yama 10:30AM – 12:15PM Rahu 7:00AM – 8:45AM	Rohini Until 11:13PM Dhruva Until 4:57PM Vanija Until 7:31AM Dashami Until 6:24PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 5:16AM Sunset: 7:14PM	Moon 7 - Phase 16 2nd Phase
							Devaloka Day
							Ashada-Adi

2	Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 10 Sutra 114 Vilamba 5120
	Vrishabha Rasi: 27.23 Creative Work Siddha Yoga Until 9:16PM Then Routine Work - Marana Yoga	Tithi 26 – 27 434342362	Gulika 12:15PM – 1:59PM Yama 8:46AM – 10:30AM Rahu 3:44PM – 5:28PM	Mrigashira Until 9:16PM Vyaghata* Until 1:47PM Kaulava Until 2:17AM Wed Ekadashi* Until 3:46PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 5:17AM Sunset: 7:13PM	Moon 7 - Phase 16 2nd Phase
							Devaloka Day
							Ashada-Adi

3	Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 11 Sutra 115 Vilamba 5120
	Mithuna Rasi: 12.01 Creative Work Siddha Yoga	Tithi 27 – 28 434342362	Gulika 10:30AM – 12:14PM Yama 7:02AM – 8:46AM Rahu 12:14PM – 1:59PM	Ardra Until 6:45PM Harshana Until 10:13AM Gara Until 11:00PM Dvadashi* Until 12:40PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 5:17AM Sunset: 7:12PM	Moon 7 - Phase 16 2nd Phase
							Devaloka Day
							Ashada-Adi

Pradosha Vrata (Fasting)

4	Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 12 Sutra 116 Vilamba 5120
	Mithuna Rasi: 26.55 Creative Work Amrita Yoga	Tithi 28 – 29 444342362	Gulika 8:46AM – 10:30AM Yama 5:18AM – 7:02AM Rahu 1:58PM – 3:42PM	Punarvasu Until 4:12PM Vajra* Until 6:21AM Visti Until 7:28PM Trayodashi* Until 9:14AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:18AM Sunset: 7:10PM	Moon 7 - Phase 16 2nd Phase
							Devaloka Day
							Ashada-Adi

	Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA Sun 13 Sutra 117 Vilamba 5120		
	Retreat Star		Kataka Rasi: 12.01 Routine Work Marana Yoga	Tithi 30 444342362	Gulika 7:03AM – 8:47AM Yama 3:42PM – 5:25PM Rahu 10:30AM – 12:14PM	Pushya Until 1:22PM Vyatipata* Until 10:12PM Catuspada Until 3:48PM Amavasya* Until 1:57AM Sat	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:19AM Sunset: 7:09PM	Moon 7 - Phase 16 Amavasya
							Devaloka Day		
							Ashada-Adi		

Retreat Star	Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA Sun 14 Sutra 118 Vilamba 5120
	Kataka Rasi: 27.07 Routine Work Marana Yoga Until 10:25AM Then Creative Work - Amrita Yoga	Tithi 1 445342362	Gulika 5:20AM – 7:04AM Yama 1:58PM – 3:41PM Rahu 8:47AM – 10:31AM	Ashlesha* Until 10:25AM Variyan Until 6:10PM Kintughna Until 12:10PM Prathama* Until 10:24PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Blue	Sunrise: 5:20AM Sunset: 7:08PM	Moon 7 - Phase 16 Prathama
							Sivaloka Day
							Sravana-Adi

Partial Solar Eclipse

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 12.08	Tithi 2	Gulika 3:40PM – 5:24PM	Magha* Until 7:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	
		Yama 12:14PM – 1:57PM	Parigha* Until 2:19PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 17
		455342362 Rahu 5:24PM – 7:07PM	Balava Until 8:44AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:07PM	Moon – Red		Sivaloka Day
Until 7:56AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				St. Helena, CA Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 26.52	Tithi 3 – 4	Gulika 1:57PM – 3:40PM	Uttaraphalguni Until 3:42AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	
Family Home Evening		Yama 10:31AM – 12:14PM	Shiva Until 10:49AM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17
		455342362 Rahu 7:05AM – 8:48AM	Vanija Until 3:03AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:16PM	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddha/Sadnya Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 11.16	Tithi 4 – 5	Gulika 12:13PM – 1:56PM	Hasta Until 2:42AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	
		Yama 8:48AM – 10:31AM	Siddha Until 7:44AM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 17
		465342362 Rahu 3:39PM – 5:22PM	Bava Until 1:05AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:58PM	Moon – Green		Subha Sivaloka Day
		Nag Panchami		Sravana-Adi		

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashtyayam Titau				St. Helena, CA Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 25.13	Tithi 5 – 6	Gulika 10:31AM – 12:13PM	Chitra Until 2:17AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	
		Yama 7:06AM – 8:48AM	Subha Until 3:17AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 17
		465342362 Rahu 12:13PM – 1:56PM	Kaulava Until 11:52PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 12:22PM	Moon – Green		Subha Sivaloka Day
Until 2:17AM Thu				Sravana-Adi		
Then Creative Work - Amrita Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Sukla Yoga Taitila/Gara Karana Shashtih/Saptamyam Titau				St. Helena, CA Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 8.43	Tithi 6 – 7	Gulika 8:49AM – 10:31AM	Svati Until 2:30AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	
		Yama 5:24AM – 7:07AM	Sukla Until 2:00AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 17
		465342362 Rahu 1:55PM – 3:37PM	Gara Until 11:26PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashtih* Until 11:32AM	Moon – Green		Subha Sivaloka Day
Until 2:30AM Fri				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 20 Sutra 124 Vilamba 5120
Retreat Star		Gulika 7:07AM – 8:49AM	Vishakha Until 3:49AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:25AM	
Tula Rasi: 21.47	Tithi 7 – 8	Yama 3:37PM – 5:19PM	Brahma Until 1:21AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 17
		575342362 Rahu 10:31AM – 12:13PM	Visti Until 11:50PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 11:31AM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 21 Sutra 125 Vilamba 5120
Retreat Star		Gulika 5:26AM – 7:08AM	Anuradha Until 5:42AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:26AM	
Vrischika Rasi: 4.28	Tithi 8 – 9	Yama 1:54PM – 3:36PM	Indra Until 1:18AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 17
		575342362 Rahu 8:49AM – 10:31AM	Balava Until 12:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 12:17PM	Moon – Orange		Subha Sivaloka Day
Until 5:42AM Sun				Sravana-Avani		
Then Routine Work - Marana Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				St. Helena, CA Sun 22 Sutra 126 Vilamba 5120
Wrischika Rasi: 16.49	Tithi 9 – 10	Gulika 3:35PM – 5:16PM	Jyeshtha* Until 8:00AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	
		Yama 12:12PM – 1:54PM	Vaidhriti* Until 1:42AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 18
	575442362	Rahu 5:16PM – 6:58PM	Taitila Until 2:44AM Mon	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 1:45PM	Moon – Orange		Sivaloka Day
Until 8:00AM Mon				Sravana-Avani		
Then Creative Work - Siddha Yoga						

2 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				St. Helena, CA Sun 23 Sutra 127 Vilamba 5120
Wrischika Rasi: 28.55	Tithi 10 – 11	Gulika 1:53PM – 3:34PM	Jyeshtha* Until 8:00AM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	
Family Home Evening		Yama 10:31AM – 12:12PM	Vishkambha* Until 2:29AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 18
	575442362	Rahu 7:09AM – 8:50AM	Vanija Until 4:58AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:47PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

3 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Visti* Karana Ekodashyam Titau				St. Helena, CA Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 10.5	Tithi 11	Gulika 12:12PM – 1:53PM	Mula* Until 11:02AM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	
		Yama 8:50AM – 10:31AM	Priti Until 3:31AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 18
	586442362	Rahu 3:33PM – 5:14PM	Visti Until 6:11PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 6:11PM	Moon – Light Blue		Sivaloka Day
Until 11:02AM				Sravana-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 22.4	Tithi 12	Gulika 10:31AM – 12:12PM	Purvashadha* Until 2:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	
		Yama 7:10AM – 8:51AM	Ayushman Until 4:35AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 18
	586442362	Rahu 12:12PM – 1:52PM	Bava Until 7:29AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 8:46PM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		

5 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 4.27	Tithi 13	Gulika 8:51AM – 10:31AM	Uttarashadha Until 5:07PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	
		Yama 5:31AM – 7:11AM	Saubhagya Until 5:39AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 18
	586442362	Rahu 1:52PM – 3:32PM	Kaulava Until 10:06AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 11:22PM	Moon – Light Blue		Sivaloka Day
Until 5:07PM				Sravana-Avani		
Then Creative Work - Siddha Yoga						

6 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 16.15	Tithi 14	Gulika 7:11AM – 8:51AM	Shravana Until 8:19PM	Ganesha: White	<i>Sunrise:</i> 5:31AM	
		Yama 3:31PM – 5:11PM	Sobhana Until 6:36AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 18
	596442362	Rahu 10:31AM – 12:11PM	Gara Until 12:38PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:49AM Sat	Moon – Purple		Subha Sivaloka Day
Until 8:19PM		Chidambaram Abhishekam		Sravana-Avani		
Then Creative Work - Siddha Yoga						

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA Sutra 132 Vilamba 5120
Copper Retreat Star		Gulika 5:32AM – 7:12AM	Dhanishtha Until 11:07PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	
Makara Rasi: 28.07	Tithi 15	Yama 1:51PM – 3:30PM	Sobhana Until 6:36AM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 18
	596442362	Rahu 8:52AM – 10:31AM	Visti Until 2:58PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 3:59AM Sun	Moon – Purple		Subha Sivaloka Day
Until 11:07PM		Avani Avittam		Sravana-Avani		
Then Creative Work - Amrita Yoga						

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA Sutra 133 Vilamba 5120
Silver Retreat Star		Gulika 3:29PM – 5:09PM	Shatabhishak Until 1:25AM Mon	Ganesha: White	<i>Sunrise:</i> 5:33AM	
Kumbha Rasi: 10.06	Tithi 16	Yama 12:11PM – 1:50PM	Athiganda* Until 7:17AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 18
	596442362	Rahu 5:09PM – 6:48PM	Balava Until 4:58PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:48AM Mon	Moon – Purple		Subha Sivaloka Day
Until 1:25AM Mon				Sravana-Avani		
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018
Gold Retreat Star

Kumbha Rasi: 22.14 Tithi 17
Family Home Evening
Routine Work Marana Yoga
Until 3:39AM Tue
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Tailila Karana Dvitiyayam Titau

Gulika 1:49PM – 3:28PM
Yama 10:31AM – 12:10PM
Rahu 7:13AM – 8:52AM

Purvaproshtapada* Until 3:39AM Tue
Sukarma Until 7:43AM
Tailila Until 6:35PM
Dvitiya Until 7:12AM Tue

Ganesha: White *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Clear

Sivaloka Day
Sravana-Avani

St. Helena, CA
Sutra 134
Vilamba 5120
Moon 8 - Phase 19
1st Phase

1

Tuesday, August 28, 2018

Meena Rasi: 4.32 Tithi 17 – 18
517452363
Creative Work Amrita Yoga
Until 5:18AM Wed
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:10PM – 1:49PM
Yama 8:53AM – 10:31AM
Rahu 3:28PM – 5:06PM

Uttaraproshtapada Until 5:18AM Wed
Dhriti Until 7:50AM
Vanija Until 7:46PM
Dvitiya Until 7:12AM

Ganesha: Clear *Sunrise:* 5:35AM
Muruqa: Purple *Sunset:* 6:45PM
Nataraja: Purple
Moon – Clear

Bhuloka Day
Sravana-Avani
Devaloka Time: 6:AM to 9:AM

St. Helena, CA
Sun 1 Sutra 135
Vilamba 5120
Moon 8 - Phase 19
1st Phase

2

Wednesday, August 29, 2018

Meena Rasi: 17.01 Tithi 18 – 19
517452363
Routine Work Marana Yoga
Until 6:21AM Thu
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:31AM – 12:10PM
Yama 7:14AM – 8:53AM
Rahu 12:10PM – 1:48PM

Revati Until 6:21AM Thu
Shula* Until 7:34AM
Bava Until 8:30PM
Tritiya Until 8:10AM

Ganesha: Clear *Sunrise:* 5:36AM
Muruqa: Purple *Sunset:* 6:44PM
Nataraja: Purple
Moon – Clear

Bhuloka Day
Sravana-Avani
Devaloka Time: 6:AM to 9:AM

St. Helena, CA
Sun 2 Sutra 136
Vilamba 5120
Moon 8 - Phase 19
1st Phase

3

Thursday, August 30, 2018

Meena Rasi: 29.43 Tithi 19 – 20
517452363
Creative Work Siddha Yoga
Until 6:21AM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhi* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:53AM – 10:31AM
Yama 5:37AM – 7:15AM
Rahu 1:48PM – 3:26PM

Revati Until 6:21AM
Ganda* Until 6:58AM
Kaulava Until 8:47PM
Chaturthi* Until 8:41AM

Ganesha: Clear *Sunrise:* 5:37AM
Muruqa: Purple *Sunset:* 6:42PM
Nataraja: Purple
Moon – Clear

Bhuloka Day
Sravana-Avani
Devaloka Time: 6:AM to 9:AM

St. Helena, CA
Sun 3 Sutra 137
Vilamba 5120
Moon 8 - Phase 19
1st Phase

4

Friday, August 31, 2018

Mesha Rasi: 12.38 Tithi 20 – 21
527452363
Creative Work Amrita Yoga
Until 7:16AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:15AM – 8:53AM
Yama 3:25PM – 5:03PM
Rahu 10:31AM – 12:09PM

Ashvini Until 7:16AM
Vridhi Until 6:01AM
Gara Until 8:35PM
Panchami Until 8:43AM

Ganesha: Purple *Sunrise:* 5:38AM
Muruqa: Purple *Sunset:* 6:41PM
Nataraja: Purple
Moon – White

Bhuloka Day
Sravana-Avani

St. Helena, CA
Sun 4 Sutra 138
Vilamba 5120
Moon 8 - Phase 19
1st Phase

5

Saturday, September 1, 2018

Mesha Rasi: 25.48 Tithi 21 – 22
527452363
Creative Work Siddha Yoga
Until 7:32AM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 5:38AM – 7:16AM
Yama 1:46PM – 3:24PM
Rahu 8:54AM – 10:31AM

Bharani Until 7:32AM
Vyaghata* Until 2:55AM Sun
Visti Until 7:53PM
Shashthi* Until 8:17AM

Ganesha: Purple *Sunrise:* 5:38AM
Muruqa: Purple *Sunset:* 6:39PM
Nataraja: Purple
Moon – White

Bhuloka Day
Sravana-Avani

St. Helena, CA
Sun 5 Sutra 139
Vilamba 5120
Moon 8 - Phase 19
1st Phase

D

Sunday, September 2, 2018
Retreat Star

Vrishabha Rasi: 9.14 Tithi 22 – 23
527452363
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:23PM – 5:00PM
Yama 12:08PM – 1:46PM
Rahu 5:00PM – 6:38PM

Krittika Until 7:11AM
Harshana Until 12:47AM Mon
Balava Until 6:41PM
Saptami Until 7:20AM

Ganesha: Purple *Sunrise:* 5:39AM
Muruqa: Purple *Sunset:* 6:38PM
Nataraja: Purple
Moon – White

Bhuloka Day
Sravana-Avani

St. Helena, CA
Sun 6 Sutra 140
Vilamba 5120
Moon 8 - Phase 19
Ashtami

Monday, September 3, 2018
Retreat Star

Vrishabha Rasi: 22.58 Tithi 24
Family Home Evening
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 1:45PM – 3:22PM
Yama 10:31AM – 12:08PM
Rahu 7:17AM – 8:54AM

Rohini Until 6:36AM
Vajra* Until 10:12PM
Tailila Until 5:00PM
Navami* Until 3:57AM Tue

Ganesha: White *Sunrise:* 5:40AM
Muruqa: Purple *Sunset:* 6:36PM
Nataraja: Purple
Moon – Yellow

Devaloka Day
Sravana-Avani

St. Helena, CA
Sun 7 Sutra 141
Vilamba 5120
Moon 8 - Phase 19
Navami

1		Tuesday, September 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		St. Helena, CA Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 7.01	Tithi 25	Gulika	12:08PM – 1:44PM	Ardra Until 3:37AM Wed	Ganesha: White	<i>Sunrise: 5:41AM</i>	
		Yama	8:54AM – 10:31AM	Siddhi Until 7:16PM	Muruqa: Purple	<i>Sunset: 6:35PM</i>	Moon 8 - Phase 20
		538452363 Rahu	3:21PM – 4:58PM	Vanija Until 2:49PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Dashami Until 1:33AM Wed	Moon – Yellow		Devaloka Day
Until 3:37AM Wed					Sravana•Avani		
Then Creative Work - Siddha Yoga							

2		Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 21.2	Tithi 26	Gulika	10:31AM – 12:07PM	Punarvasu Until 1:43AM Thu	Ganesha: Yellow	<i>Sunrise: 5:42AM</i>	
		Yama	7:18AM – 8:55AM	Vyatipata* Until 4:00PM	Muruqa: Purple	<i>Sunset: 6:33PM</i>	Moon 8 - Phase 20
		548452363 Rahu	12:07PM – 1:44PM	Bava Until 12:13PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 10:46PM	Moon – Blue		Bhuloka Day
Until 1:43AM Thu					Sravana•Avani		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

3		Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 5.56	Tithi 27	Gulika	8:55AM – 10:31AM	Pushya Until 11:24PM	Ganesha: Yellow	<i>Sunrise: 5:43AM</i>	
		Yama	5:43AM – 7:19AM	Variyan Until 12:27PM	Muruqa: Purple	<i>Sunset: 6:31PM</i>	Moon 8 - Phase 20
		548452363 Rahu	1:43PM – 3:19PM	Kaulava Until 9:17AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 7:42PM	Moon – Blue		Bhuloka Day
Until 11:24PM					Sravana•Avani		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

4		Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 20.44	Tithi 28 – 29	Gulika	7:19AM – 8:55AM	Ashlesha* Until 8:49PM	Ganesha: Yellow	<i>Sunrise: 5:44AM</i>	
		Yama	3:18PM – 4:54PM	Parigha* Until 8:43AM	Muruqa: Purple	<i>Sunset: 6:30PM</i>	Moon 8 - Phase 20
		548452363 Rahu	10:31AM – 12:07PM	Gara Until 6:07AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 4:28PM	Moon – Blue		Bhuloka Day
					Sravana•Avani		Devaloka Time: 9:AM to12:PM

Pradosha Vrata (Fasting)

● Saturday, September 8, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		St. Helena, CA Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 6	Tithi 29 – 30	Gulika	5:45AM – 7:20AM	Magha* Until 6:28PM	Ganesha: Red	<i>Sunrise: 5:45AM</i>	
		Yama	1:42PM – 3:17PM	Siddha Until 1:09AM Sun	Muruqa: Purple	<i>Sunset: 6:28PM</i>	Moon 8 - Phase 20
		558452363 Rahu	8:55AM – 10:31AM	Catuspada Until 11:35PM	Nataraja: Purple		Amavasya
Creative Work	Amrita Yoga			Chaturdashi* Until 1:11PM	Moon – Red		Bhuloka Day
Until 6:28PM					Sravana•Avani		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

Sunday, September 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		St. Helena, CA Sun 13 Sutra 147 Vilamba 5120	
Simha Rasi: 20.26	Tithi 30 – 1	Gulika	3:16PM – 4:52PM	Purvaphalguni Until 4:08PM	Ganesha: Red	<i>Sunrise: 5:45AM</i>	
		Yama	12:06PM – 1:41PM	Sadhya Until 9:32PM	Muruqa: Purple	<i>Sunset: 6:27PM</i>	Moon 8 - Phase 20
		558452363 Rahu	4:52PM – 6:27PM	Kintughna Until 8:31PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Amavasya* Until 10:00AM	Moon – Red		Bhuloka Day
Until 4:08PM					Bhadrapada•Avani		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 14 Sutra 148 Vilamba 5120
	Kanya Rasi: 5.05	Tithi 1 – 2	Gulika 1:41PM – 3:16PM	Uttaraphalguni Until 1:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	
	Family Home Evening	559452363	Yama 10:31AM – 12:06PM	Subha Until 6:14PM	Muruqa: Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 7:21AM – 8:56AM	Kaulava Until 4:34AM Tue	Nataraja: Purple		3rd Phase
			Prathama* Until 7:04AM	Bhadrapada*Avani	Bhuloka Day		

2	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 19.28	Tithi 3	Gulika 12:05PM – 1:40PM	Hasta Until 12:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	
		569452363	Yama 8:56AM – 10:31AM	Sukla Until 3:17PM	Muruqa: Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 3:15PM – 4:49PM	Taitila Until 3:31PM	Nataraja: Purple		3rd Phase
			Tritiya Until 2:37AM Wed	Bhadrapada*Avani	Bhuloka Day		

3	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthayam Titau				St. Helena, CA Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 3.28	Tithi 4	Gulika 10:31AM – 12:05PM	Chitra Until 11:35AM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	
		569452363	Yama 7:22AM – 8:57AM	Brahma Until 12:53PM	Muruqa: Purple	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 12:05PM – 1:39PM	Vanija Until 1:54PM	Nataraja: Purple		3rd Phase
			Ganesha Chaturthi	Chaturthi* Until 1:21AM Thu	Bhadrapada*Avani	Bhuloka Day	

4	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 17.01	Tithi 5	Gulika 8:57AM – 10:31AM	Svati Until 11:12AM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM	
		569552363	Yama 5:49AM – 7:23AM	Indra Until 11:04AM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	Creative Work Amrita Yoga Until 11:12AM Then Creative Work - Siddha Yoga		Rahu 1:39PM – 3:13PM	Bava Until 1:02PM	Nataraja: Purple		3rd Phase
			Panchami Until 12:53AM Fri	Bhadrapada*Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM		

5	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau				St. Helena, CA Sun 18 Sutra 152 Vilamba 5120
	Vrischika Rasi: 0.08	Tithi 6	Gulika 7:23AM – 8:57AM	Vishakha Until 11:56AM	Ganesha: White	<i>Sunrise:</i> 5:50AM	
		579552363	Yama 3:12PM – 4:45PM	Vaidhriti* Until 9:53AM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 10:31AM – 12:04PM	Kaulava Until 12:59PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 1:15AM Sat	Bhadrapada*Avani	Devaloka Day		

6	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				St. Helena, CA Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 12.52	Tithi 7	Gulika 5:51AM – 7:24AM	Anuradha Until 1:18PM	Ganesha: White	<i>Sunrise:</i> 5:51AM	
		579552363	Yama 1:37PM – 3:11PM	Vishkambha* Until 9:22AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 8:57AM – 10:31AM	Gara Until 1:46PM	Nataraja: Purple		3rd Phase
			Saptami Until 2:25AM Sun	Bhadrapada*Avani	Devaloka Day		

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 3:10PM – 4:43PM	Jyeshtha* Until 3:14PM	Ganesha: White	<i>Sunrise:</i> 5:51AM	
	Vrischika Rasi: 25.13	Tithi 8	Yama 12:04PM – 1:37PM	Priti Until 9:27AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 21
		579552363	Rahu 4:43PM – 6:16PM	Visti Until 3:17PM	Nataraja: Purple		Ashtami
Routine Work Marana Yoga Until 3:14PM Then Creative Work - Amrita Yoga			Ashtami* Until 4:16AM Mon	Bhadrapada*Puratasi	Devaloka Day		

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:36PM – 3:09PM	Mula* Until 6:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	
	Dhanus Rasi: 7.19	Tithi 9	Yama 10:31AM – 12:03PM	Ayushman Until 9:59AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21
		589552363	Rahu 7:25AM – 8:58AM	Balava Until 5:24PM	Nataraja: Purple		Navami
Creative Work Siddha Yoga Until 6:04PM Then Routine Work - Marana Yoga			Navami* Until 6:36AM Tue	Bhadrapada*Puratasi	Bhuloka Day Devaloka Time: 9:AM to 12:PM		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 19.13	Tithi 9 – 10	Gulika 12:03PM – 1:35PM	Purvashadha* Until 9:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	Muruqa: Purple	<i>Sunset:</i> 6:13PM
		Yama 8:58AM – 10:30AM	Saubhagya Until 10:52AM	Nataraja: Purple			Moon 8 - Phase 22
		581552363 Rahu 3:08PM – 4:40PM	Taitila Until 7:54PM				4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:36AM			Bhuloka Day	
Until 9:06PM						Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Routine Work - Prabararishta Yoga							

2		Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 23 Sutra 157 Vilamba 5120	
Makara Rasi: 1.02	Tithi 10 – 11	Gulika 10:30AM – 12:03PM	Uttarashadha Until 12:04AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	Muruqa: Purple	<i>Sunset:</i> 6:11PM
		Yama 7:26AM – 8:58AM	Sobhana Until 11:56AM	Nataraja: Purple			Moon 8 - Phase 22
		581552363 Rahu 12:03PM – 1:35PM	Vanija Until 10:32PM				4th Phase
Creative Work	Amrita Yoga		Dashami Until 9:12AM			Bhuloka Day	
Until 12:04AM Thu						Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

3		Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 12.49	Tithi 11 – 12	Gulika 8:59AM – 10:30AM	Shravana Until 3:16AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	Muruqa: Purple	<i>Sunset:</i> 6:09PM
		Yama 5:55AM – 7:27AM	Athiganda* Until 12:58PM	Nataraja: Purple			Moon 8 - Phase 22
		591552363 Rahu 1:34PM – 3:06PM	Bava Until 1:04AM Fri				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:48AM			Devaloka Day	
						Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga							

4		Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 24.4	Tithi 12 – 13	Gulika 7:27AM – 8:59AM	Dhanishtha Until 6:01AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM
		Yama 3:05PM – 4:36PM	Sukarma Until 1:51PM	Nataraja: Purple			Moon 8 - Phase 22
		591552363 Rahu 10:30AM – 12:02PM	Kaulava Until 3:19AM Sat				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:13PM			Devaloka Day	
Until 6:01AM Sat						Bhadrapada-Puratasi	
Then Creative Work - Amrita Yoga							
							<i>Pradosha Vrata</i>

5		Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 6.38	Tithi 13 – 14	Gulika 5:57AM – 7:28AM	Dhanishtha Until 6:01AM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Muruqa: Purple	<i>Sunset:</i> 6:06PM
		Yama 1:33PM – 3:04PM	Dhriti Until 2:28PM	Nataraja: Purple			Moon 8 - Phase 22
		591552363 Rahu 8:59AM – 10:30AM	Gara Until 5:09AM Sun				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 4:16PM			Devaloka Day	
Until 6:01AM		Chidambaram Abhishekam				Bhadrapada-Puratasi	
Then Creative Work - Amrita Yoga		Kadaitswami Mahasamadhi					

6		Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau		St. Helena, CA Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 18.47	Tithi 14 – 15	Gulika 3:03PM – 4:34PM	Shatabhishak Until 8:11AM	Ganesha: Purple	<i>Sunrise:</i> 5:58AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM
		Yama 12:01PM – 1:32PM	Shula* Until 2:42PM	Nataraja: Purple			Moon 8 - Phase 22
		591552363 Rahu 4:34PM – 6:05PM	Visti Until 6:28AM Mon				4th Phase
Creative Work	Siddha Yoga		Chaturdashy* Until 5:51PM			Devaloka Day	
						Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga							

○		Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau		St. Helena, CA Sutra 162 Vilamba 5120	
Copper Retreat Star		Gulika 1:31PM – 3:02PM	Purvaproshtapada* Until 10:11AM	Ganesha: Purple	<i>Sunrise:</i> 5:58AM	Muruqa: Purple	<i>Sunset:</i> 6:03PM
Meena Rasi: 1.08	Tithi 15	Yama 10:30AM – 12:01PM	Ganda* Until 2:34PM	Nataraja: Purple			Moon 8 - Phase 22
Family Home Evening		511552363 Rahu 7:29AM – 9:00AM	Visti Until 6:28AM				Purnima
Routine Work	Marana Yoga		Purnima* Until 6:55PM			Devaloka Day	
Until 10:11AM						Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga							

○		Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		St. Helena, CA Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika 12:00PM – 1:31PM	Uttaraproshtapada Until 11:31AM	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Muruqa: Purple	<i>Sunset:</i> 6:02PM
Meena Rasi: 13.44	Tithi 16	Yama 9:00AM – 10:30AM	Vridhi Until 2:02PM	Nataraja: Purple			Moon 8 - Phase 22
		511552363 Rahu 3:01PM – 4:31PM	Balava Until 7:16AM				Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:28PM			Devaloka Day	
Until 11:31AM						Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 26.32 Tithi 17

511552363

Gulika 10:30AM – 12:00PM
Yama 7:30AM – 9:00AM
Rahu 12:00PM – 1:30PM

Revati Until 12:14PM
Dhruva Until 1:06PM
Taitila Until 7:35AM
Dvitiya Until 7:33PM

Ganesha: Purple *Sunrise: 6:00AM*
Muruqa: Purple *Sunset: 6:00PM*
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 9.34 Tithi 18

621552363

Gulika 9:00AM – 10:30AM
Yama 6:01AM – 7:31AM
Rahu 1:29PM – 2:59PM

Ashvini Until 12:50PM
Vyaghata* Until 11:51AM
Vanija Until 7:28AM
Tritiya Until 7:14PM

Ganesha: Purple *Sunrise: 6:01AM*
Muruqa: Purple *Sunset: 5:58PM*
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 12:50PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturtham Titau

St. Helena, CA

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 22.48 Tithi 19

622552363

Gulika 7:31AM – 9:01AM
Yama 2:58PM – 4:28PM
Rahu 10:30AM – 11:59AM

Bharani Until 12:55PM
Harshana Until 10:19AM
Bava Until 6:57AM
Chaturthi* Until 6:33PM

Ganesha: Clear *Sunrise: 6:02AM*
Muruqa: Purple *Sunset: 5:57PM*
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

St. Helena, CA

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 6.13 Tithi 20 – 21

622552363

Gulika 6:03AM – 7:32AM
Yama 1:28PM – 2:57PM
Rahu 9:01AM – 10:30AM

Krittika Until 12:32PM
Vajra* Until 8:29AM
Kaulava Until 6:06AM
Panchami Until 5:33PM

Ganesha: Clear *Sunrise: 6:03AM*
Muruqa: Purple *Sunset: 5:55PM*
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyadipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 19.49 Tithi 21 – 22

632552363

Gulika 2:56PM – 4:25PM
Yama 11:59AM – 1:28PM
Rahu 4:25PM – 5:54PM

Rohini Until 12:09PM
Siddhi Until 6:26AM
Visti Until 3:31AM Mon
Shashthi* Until 4:15PM

Ganesha: Purple *Sunrise: 6:04AM*
Muruqa: Purple *Sunset: 5:54PM*
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 3.34 Tithi 22 – 23

632552363

Gulika 1:27PM – 2:55PM
Yama 10:30AM – 11:58AM
Rahu 7:33AM – 9:02AM

Mrigashira Until 11:21AM
Variyan Until 1:38AM Tue
Balava Until 1:48AM Tue
Saptami Until 2:40PM

Ganesha: Purple *Sunrise: 6:05AM*
Muruqa: Purple *Sunset: 5:52PM*
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 11:21AM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 17.3 Tithi 23 – 24

632552363

Gulika 11:58AM – 1:26PM
Yama 9:02AM – 10:30AM
Rahu 2:54PM – 4:23PM

Ardra Until 10:07AM
Parigha* Until 10:54PM
Taitila Until 11:49PM
Ashtami* Until 12:49PM

Ganesha: Purple *Sunrise: 6:06AM*
Muruqa: Purple *Sunset: 5:51PM*
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 10:07AM

Then Creative Work - Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, October 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		St. Helena, CA Sun 8 Sutra 171 Vilamba 5120	
Kataka Rasi: 2	Tithi 24 – 25	Gulika 10:30AM – 11:58AM	Punarvasu Until 8:54AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM		
		Yama 7:34AM – 9:02AM	Shiva Until 7:58PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 24	
642552363		Rahu 11:58AM – 1:26PM	Vanija Until 9:35PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 10:42AM	Moon – Blue		Bhuloka Day	
				Bhadrapada*Puratasi		Devaloka Time: 6:AM to 9:AM	

2		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 15.52	Tithi 25 – 26	Gulika 9:02AM – 10:30AM	Pushya Until 7:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM		
		Yama 6:07AM – 7:35AM	Siddha Until 4:50PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 24	
642552363		Rahu 1:25PM – 2:53PM	Bava Until 7:08PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 8:21AM	Moon – Blue		Bhuloka Day	
Until 7:19AM				Bhadrapada*Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

3		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 173 Vilamba 5120	
Simha Rasi: 0.16	Tithi 27	Gulika 7:36AM – 9:03AM	Magha* Until 3:40AM Sat	Ganesha: White	<i>Sunrise:</i> 6:08AM		
		Yama 2:52PM – 4:19PM	Sadhya Until 1:36PM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 24	
652552363		Rahu 10:30AM – 11:57AM	Kaulava Until 4:32PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 3:11AM Sat	Moon – Red		Bhuloka Day	
Until 3:40AM Sat				Bhadrapada*Puratasi			
Then Creative Work - Siddha Yoga							

4		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 14.44	Tithi 28	Gulika 6:09AM – 7:36AM	Purvaphalguni Until 1:47AM Sun	Ganesha: White	<i>Sunrise:</i> 6:09AM		
		Yama 1:24PM – 2:51PM	Subha Until 10:18AM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 24	
652552363		Rahu 9:03AM – 10:30AM	Gara Until 1:53PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:33AM Sun	Moon – Red		Bhuloka Day	
Until 1:47AM Sun				Bhadrapada*Puratasi			
Then Creative Work - Amrita Yoga						<i>Pradosha Vrata (Fasting)</i>	

5		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti/Sakuni* Karana Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 29.11	Tithi 29	Gulika 2:50PM – 4:16PM	Uttaraphalguni Until 11:53PM	Ganesha: White	<i>Sunrise:</i> 6:10AM		
		Yama 11:57AM – 1:23PM	Sukla Until 7:01AM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24	
652552364		Rahu 4:16PM – 5:43PM	Visti Until 11:17AM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 10:02PM	Moon – Red		Bhuloka Day	
Until 10:32PM				Bhadrapada*Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Prabalarishta Yoga							

Monday, October 8, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 176 Vilamba 5120	
Kanya Rasi: 13.32	Tithi 30	Gulika 1:23PM – 2:49PM	Hasta Until 10:32PM	Ganesha: Red	<i>Sunrise:</i> 6:11AM		
Family Home Evening		Yama 10:30AM – 11:56AM	Indra Until 12:59AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24	
662652364		Rahu 7:37AM – 9:04AM	Catuspada Until 8:52AM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 7:46PM	Moon – Green		Devaloka Day	
Until 10:32PM				Bhadrapada*Puratasi			
Then Routine Work - Prabalarishta Yoga						Mahalaya Amavasai (Tamil Nadu)	

Tuesday, October 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 27.41	Tithi 1 – 2	Gulika 11:56AM – 1:22PM	Chitra Until 9:28PM	Ganesha: Red	<i>Sunrise:</i> 6:12AM		
		Yama 9:04AM – 10:30AM	Vaidhriti* Until 10:25PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24	
662652364		Rahu 2:48PM – 4:14PM	Kintughna Until 6:48AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 5:54PM	Moon – Green		Devaloka Day	
Until 10:32PM				Ashvina*Puratasi			
Then Routine Work - Prabalarishta Yoga						Navaratri Begins	

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 11.32	Tithi 2 – 3	Gulika 10:30AM – 11:56AM	Svati Until 8:49PM	Ganesha: Red	<i>Sunrise:</i> 6:13AM	
			Yama 7:39AM – 9:04AM	Vishkambha* Until 8:19PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
		662652364 Rahu 11:56AM – 1:22PM	Taitila Until 4:12AM Thu	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 4:36PM	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				St. Helena, CA Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 25.01	Tithi 3 – 4	Gulika 9:05AM – 10:30AM	Vishakha Until 9:08PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	
			Yama 6:14AM – 7:39AM	Priti Until 6:47PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
		673652364 Rahu 1:21PM – 2:46PM	Vanija Until 3:56AM Fri	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 3:57PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 8.07	Tithi 4 – 5	Gulika 7:40AM – 9:05AM	Anuradha Until 10:03PM	Ganesha: White	<i>Sunrise:</i> 6:15AM	
			Yama 2:45PM – 4:11PM	Ayushman Until 5:49PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
		673652364 Rahu 10:30AM – 11:55AM	Bava Until 4:27AM Sat	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 4:04PM	Moon – Orange		Bhuloka Day	
Until 10:03PM				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 20.49	Tithi 5 – 6	Gulika 6:16AM – 7:41AM	Jyeshtha* Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 6:16AM	
			Yama 1:20PM – 2:45PM	Saubhagya Until 5:28PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
		673652364 Rahu 9:05AM – 10:30AM	Kaulava Until 5:43AM Sun	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 4:58PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Shashthyam Titau				St. Helena, CA Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 3.11	Tithi 6	Gulika 2:44PM – 4:08PM	Mula* Until 2:03AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	
			Yama 11:55AM – 1:19PM	Sobhana Until 5:41PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
		683652364 Rahu 4:08PM – 5:33PM	Taitila Until 6:36PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 6:36PM	Moon – Light Blue		Devaloka Day	
Until 2:03AM Mon				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 15.17	Tithi 7	Gulika 1:19PM – 2:43PM	Purvashadha* Until 4:54AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	
			Yama 10:30AM – 11:55AM	Athiganda* Until 6:19PM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25
Family Home Evening		683652364 Rahu 7:42AM – 9:06AM	Gara Until 7:40AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Saptami Until 8:49PM	Moon – Light Blue		Devaloka Day	
Until 4:54AM Tue				Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 11:54AM – 1:18PM	Uttarashadha Until 7:49AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	
	Dhanus Rasi: 27.12	Tithi 8	Yama 9:07AM – 10:30AM	Sukarma Until 7:15PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
		683652364 Rahu 2:42PM – 4:06PM	Visti Until 10:05AM	Nataraja: Clear		Ashtami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 11:23PM	Moon – Light Blue		Devaloka Day	
Until 7:49AM Wed				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 22 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 10:31AM – 11:54AM	Uttarashadha Until 7:49AM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	
	Makara Rasi: 9.01	Tithi 9	Yama 7:43AM – 9:07AM	Dhriti Until 8:17PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
		683652364 Rahu 11:54AM – 1:18PM	Balava Until 12:44PM	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Navami* Until 2:02AM Thu	Moon – Light Blue		Devaloka Day	
Until 7:49AM				Ashvina+Puratsi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 186 Vilamba 5120
	Makara Rasi: 20.49	Tithi 10	Gulika 9:07AM – 10:31AM	Shravana Until 11:05AM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	
			Yama 6:21AM – 7:44AM	Shula* Until 9:12PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26
		693652364	Rahu 1:17PM – 2:41PM	Taitila Until 3:20PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Vijaya Dasami	Dashami Until 4:30AM Fri	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 187 Vilamba 5120
	Kumbha Rasi: 2.42	Tithi 11	Gulika 7:45AM – 9:08AM	Dhanishtha Until 1:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	
			Yama 2:40PM – 4:03PM	Ganda* Until 9:52PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 26
		693652364	Rahu 10:31AM – 11:54AM	Vanija Until 5:37PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:34AM Sat	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 188 Vilamba 5120
	Kumbha Rasi: 14.45	Tithi 11 – 12	Gulika 6:23AM – 7:45AM	Shatabhishak Until 4:09PM	Ganesha: Purple	<i>Sunrise:</i> 6:23AM	
			Yama 1:16PM – 2:39PM	Vriddhi Until 10:09PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 26
		693652364	Rahu 9:08AM – 10:31AM	Bava Until 7:25PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 6:34AM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 4:09PM							
Then Routine Work - Marana Yoga							

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 189 Vilamba 5120
	Kumbha Rasi: 27.01	Tithi 12 – 13	Gulika 2:38PM – 4:01PM	Purvaproshtapada* Until 6:07PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	
			Yama 11:53AM – 1:16PM	Dhruva Until 9:56PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 26
		613652364	Rahu 4:01PM – 5:23PM	Kaulava Until 8:36PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:04AM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 6:07PM							
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata</i>	

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 190 Vilamba 5120
	Meena Rasi: 9.34	Tithi 13 – 14	Gulika 1:15PM – 2:38PM	Uttaraproshtapada Until 7:19PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	
	Family Home Evening		Yama 10:31AM – 11:53AM	Vyaghata* Until 9:14PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26
		613652364	Rahu 7:47AM – 9:09AM	Gara Until 9:08PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:56AM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

○	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 191 Vilamba 5120
	Copper Retreat Star		Gulika 11:53AM – 1:15PM	Revati Until 7:44PM	Ganesha: White	<i>Sunrise:</i> 6:26AM	
	Meena Rasi: 22.25	Tithi 14 – 15	Yama 9:09AM – 10:31AM	Harshana Until 8:03PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26
		613652364	Rahu 2:37PM – 3:59PM	Visti Until 9:04PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 9:09AM	Ashvina•Aipasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

○	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 192 Vilamba 5120
	Silver Retreat Star		Gulika 10:31AM – 11:53AM	Ashvini Until 7:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	
	Mesha Rasi: 5.34	Tithi 15 – 16	Yama 7:48AM – 9:10AM	Vajra* Until 6:25PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26
		623652364	Rahu 11:53AM – 1:15PM	Balava Until 8:26PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Purnima* Until 8:47AM	Ashvina•Aipasi	Devaloka Day		
Until 7:56PM							
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 193

Mesha Rasi: 18.59 Tithi 16 - 17

623652364

Gulika 9:10AM - 10:32AM
Yama 6:28AM - 7:49AM
Rahu 1:14PM - 2:35PM

Bharani Until 7:32PM
Siddhi Until 4:27PM
Taitila Until 7:21PM
Prathama* Until 7:56AM

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Purple *Sunset: 5:18PM*
Nataraja: Clear
Moon - White

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 7:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata*Variyan Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 194

Vrishabha Rasi: 2.38 Tithi 17 - 18

624652364

Gulika 7:50AM - 9:11AM
Yama 2:35PM - 3:56PM
Rahu 10:32AM - 11:53AM

Krittika Until 6:40PM
Vyatipata* Until 2:11PM
Visti Until 5:07AM Sat
Dvitiya Until 6:40AM

Ganesha: White *Sunrise: 6:29AM*
Muruqa: Purple *Sunset: 5:17PM*
Nataraja: Clear
Moon - White

Moon 10 - Phase 27
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 6:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturtham Titau

St. Helena, CA

Sun 2 Sutra 195

Vrishabha Rasi: 16.27 Tithi 19

634652364

Gulika 6:30AM - 7:51AM
Yama 1:13PM - 2:34PM
Rahu 9:11AM - 10:32AM

Rohini Until 5:50PM
Variyan Until 11:42AM
Bava Until 4:17PM
Chaturthi* Until 3:23AM Sun

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Purple *Sunset: 5:16PM*
Nataraja: Clear
Moon - Yellow

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 5:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 196

Mithuna Rasi: 0.24 Tithi 20

634652364

Gulika 2:33PM - 3:54PM
Yama 11:53AM - 1:13PM
Rahu 3:54PM - 5:14PM

Mrigashira Until 4:44PM
Parigha* Until 9:06AM
Kaulava Until 2:29PM
Panchami Until 1:31AM Mon

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: Purple *Sunset: 5:14PM*
Nataraja: Clear
Moon - Yellow

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashtham Titau

St. Helena, CA

Sun 4 Sutra 197

Mithuna Rasi: 14.25 Tithi 21

634652364

Family Home Evening

Gulika 1:13PM - 2:33PM
Yama 10:32AM - 11:53AM
Rahu 7:52AM - 9:12AM

Ardra Until 3:23PM
Shiva Until 6:25AM
Gara Until 12:35PM
Shashthi* Until 11:36PM

Ganesha: Clear *Sunrise: 6:32AM*
Muruqa: Purple *Sunset: 5:13PM*
Nataraja: Clear
Moon - Yellow

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 3:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 198

Mithuna Rasi: 28.28 Tithi 22

644662364

Gulika 11:53AM - 1:12PM
Yama 9:13AM - 10:33AM
Rahu 2:32PM - 3:52PM

Punarvasu Until 2:17PM
Sadhya Until 12:55AM Wed
Visti Until 10:38AM
Saptami Until 9:38PM

Ganesha: Purple *Sunrise: 6:33AM*
Muruqa: Clear *Sunset: 5:12PM*
Nataraja: Clear
Moon - Blue

Moon 10 - Phase 27
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 199

Kataka Rasi: 12.32 Tithi 23

644662364

Gulika 10:33AM - 11:52AM
Yama 7:54AM - 9:13AM
Rahu 11:52AM - 1:12PM

Pushya Until 1:01PM
Subha Until 10:09PM
Balava Until 8:40AM
Ashtami* Until 7:39PM

Ganesha: Purple *Sunrise: 6:34AM*
Muruqa: Clear *Sunset: 5:11PM*
Nataraja: Clear
Moon - Blue

Moon 10 - Phase 27
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA

Sun 7 Sutra 200

Kataka Rasi: 26.37 Tithi 24 - 25

644662364

Gulika 9:14AM - 10:33AM
Yama 6:35AM - 7:55AM
Rahu 1:12PM - 2:31PM

Ashlesha* Until 11:36AM
Sukla Until 7:21PM
Taitila Until 6:41AM
Navami* Until 5:40PM

Ganesha: Purple *Sunrise: 6:35AM*
Muruqa: Clear *Sunset: 5:10PM*
Nataraja: Clear
Moon - Blue

Moon 10 - Phase 27
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 11:36AM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha/Purvaphalguni Nakshatra Brahma/Indra Yoga Vistri/Bava Karana Dashami/Ekadashyam Titau			St. Helena, CA
Simha Rasi: 10.41	Tithi 25 – 26	654762364	Gulika 7:55AM – 9:14AM Yama 2:31PM – 3:50PM Rahu 10:33AM – 11:52AM	Magha* Until 10:29AM Brahma Until 4:34PM Bava Until 2:45AM Sat Dashami Until 3:42PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	<i>Sunrise:</i> 6:36AM <i>Sunset:</i> 5:09PM	Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase
Routine Work Marana Yoga Until 10:29AM Then Creative Work - Siddha Yoga					Devaloka Day Ashvina•Aipasi		

2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			St. Helena, CA
Simha Rasi: 24.46	Tithi 26 – 27	654762364	Gulika 6:37AM – 7:56AM Yama 1:11PM – 2:30PM Rahu 9:15AM – 10:34AM	Purvaphalguni Until 9:14AM Indra Until 1:51PM Kaulava Until 12:52AM Sun Ekadashi* Until 1:46PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	<i>Sunrise:</i> 6:37AM <i>Sunset:</i> 5:08PM	Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase
Creative Work Siddha Yoga Until 9:14AM Then Routine Work - Marana Yoga					Devaloka Day Ashvina•Aipasi		

3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau			St. Helena, CA
Kanya Rasi: 8.46	Tithi 27 – 28	654762364	Gulika 2:29PM – 3:48PM Yama 11:52AM – 1:11PM Rahu 3:48PM – 5:06PM	Uttaraphalguni Until 7:57AM Vaidhriti* Until 11:11AM Gara Until 11:07PM Dvadashi* Until 11:57AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	<i>Sunrise:</i> 6:38AM <i>Sunset:</i> 5:06PM	Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase
Creative Work Amrita Yoga					Devaloka Day Ashvina•Aipasi		
<i>Pradosha Vrata (Fasting)</i>							

4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			St. Helena, CA
Kanya Rasi: 22.41	Tithi 28 – 29	664762364	Gulika 1:11PM – 2:29PM Yama 10:34AM – 11:52AM Rahu 7:58AM – 9:16AM	Hasta Until 7:07AM Vishkambha* Until 8:40AM Visti Until 9:37PM Trayodashi* Until 10:19AM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Green	<i>Sunrise:</i> 6:39AM <i>Sunset:</i> 5:05PM	Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 7:07AM Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day			Devaloka Day Ashvina•Aipasi		

		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			St. Helena, CA
Retreat Star							
Tula Rasi: 6.25	Tithi 29 – 30	664762364	Gulika 11:53AM – 1:11PM Yama 9:17AM – 10:35AM Rahu 2:28PM – 3:46PM	Chitra Until 6:24AM Priti Until 6:24AM Catuspada Until 8:28PM Chaturdashi* Until 8:58AM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Green	<i>Sunrise:</i> 6:41AM <i>Sunset:</i> 5:04PM	Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 Amavasya
Creative Work Siddha Yoga					Devaloka Day Ashvina•Aipasi		

Retreat Star		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			St. Helena, CA
Tula Rasi: 19.56	Tithi 30 – 1	765762364	Gulika 10:35AM – 11:53AM Yama 7:59AM – 9:17AM Rahu 11:53AM – 1:10PM	Vishakha Until 6:16AM Thu Saubhagya Until 2:50AM Thu Kintughna Until 7:46PM Amavasya* Until 8:02AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 5:03PM	Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Prathama
Creative Work Siddha Yoga		Skanda Shasthi Begins			Sivaloka Day Kartika•Aipasi		

1		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	St. Helena, CA Sun 14 Sutra 207 Vilamba 5120
Vrischika Rasi: 3.11	Tithi 1 – 2	Gulika 9:18AM – 10:35AM	Vishakha Until 6:16AM	Ganesha: Orange	Sunrise: 6:43AM
		Yama 6:43AM – 8:00AM	Sobhana Until 1:45AM Fri	Muruqa: Clear	Sunset: 5:03PM
		Rahu 1:10PM – 2:28PM	Balava Until 7:39PM	Nataraja: Clear	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 7:37AM	Moon – Orange	Sivaloka Day
				Karttika-Aipasi	
2		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	St. Helena, CA Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 16.06	Tithi 2 – 3	Gulika 8:01AM – 9:18AM	Anuradha Until 7:02AM	Ganesha: Orange	Sunrise: 6:44AM
		Yama 2:27PM – 3:44PM	Athiganda* Until 1:08AM Sat	Muruqa: Clear	Sunset: 5:02PM
		Rahu 10:36AM – 11:53AM	Taitila Until 8:12PM	Nataraja: Clear	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:49AM	Moon – Orange	Sivaloka Day
Until 7:02AM				Karttika-Aipasi	
Then Routine Work - Marana Yoga					
3		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	St. Helena, CA Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 28.43	Tithi 3 – 4	Gulika 6:45AM – 8:02AM	Jyeshtha* Until 8:18AM	Ganesha: Orange	Sunrise: 6:45AM
		Yama 1:10PM – 2:27PM	Sukarma Until 1:03AM Sun	Muruqa: Clear	Sunset: 5:01PM
		Rahu 9:19AM – 10:36AM	Vanija Until 9:25PM	Nataraja: Clear	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:42AM	Moon – Orange	Sivaloka Day
				Karttika-Aipasi	
4		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	St. Helena, CA Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 11.02	Tithi 4 – 5	Gulika 2:26PM – 3:43PM	Mula* Until 10:31AM	Ganesha: Clear	Sunrise: 6:46AM
		Yama 11:53AM – 1:10PM	Dhriti Until 1:28AM Mon	Muruqa: Clear	Sunset: 5:00PM
		Rahu 3:43PM – 5:00PM	Bava Until 11:17PM	Nataraja: Clear	Moon 10 - Phase 29 3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:15AM	Moon – Light Blue	Sivaloka Day
Until 10:31AM				Karttika-Aipasi	
Then Creative Work - Siddha Yoga					
5		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	St. Helena, CA Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 23.06	Tithi 5 – 6	Gulika 1:10PM – 2:26PM	Purvashadha* Until 1:08PM	Ganesha: Clear	Sunrise: 6:47AM
Family Home Evening		Yama 10:37AM – 11:53AM	Shula* Until 2:12AM Tue	Muruqa: Clear	Sunset: 4:59PM
Routine Work	Marana Yoga	Rahu 8:04AM – 9:20AM	Kaulava Until 1:38AM Tue	Nataraja: Clear	Moon 10 - Phase 29 3rd Phase
			Panchami Until 12:23PM	Moon – Light Blue	Sivaloka Day
		Skanda Shasthi		Karttika-Aipasi	
6		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	St. Helena, CA Sun 19 Sutra 212 Vilamba 5120
Makara Rasi: 5	Tithi 6 – 7	Gulika 11:53AM – 1:09PM	Uttarashadha Until 3:58PM	Ganesha: Clear	Sunrise: 6:48AM
		Yama 9:21AM – 10:37AM	Ganda* Until 3:10AM Wed	Muruqa: Clear	Sunset: 4:58PM
		Rahu 2:26PM – 3:42PM	Gara Until 4:18AM Wed	Nataraja: Clear	Moon 10 - Phase 29 3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 2:55PM	Moon – Light Blue	Sivaloka Day
Until 3:58PM				Karttika-Aipasi	
Then Creative Work - Siddha Yoga					
Retreat Star		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	St. Helena, CA Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 16.48	Tithi 7 – 8	Gulika 10:37AM – 11:53AM	Shravana Until 7:16PM	Ganesha: Purple	Sunrise: 6:49AM
		Yama 8:05AM – 9:21AM	Vriddhi Until 4:10AM Thu	Muruqa: Clear	Sunset: 4:57PM
		Rahu 11:53AM – 1:09PM	Visti Until 6:59AM Thu	Nataraja: Clear	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:38PM	Moon – Purple	Subha Sivaloka Day
Until 7:16PM				Karttika-Aipasi	
Then Routine Work - Prabalarishta Yoga					
Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	St. Helena, CA Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 28.36	Tithi 8	Gulika 9:22AM – 10:38AM	Dhanishtha Until 10:18PM	Ganesha: Purple	Sunrise: 6:50AM
		Yama 6:50AM – 8:06AM	Dhruva Until 4:59AM Fri	Muruqa: Clear	Sunset: 4:57PM
		Rahu 1:09PM – 2:25PM	Visti Until 6:59AM	Nataraja: Clear	Moon 10 - Phase 29 Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:13PM	Moon – Purple	Subha Sivaloka Day
				Karttika-Aipasi	
Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau	St. Helena, CA Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 10.29	Tithi 9	Gulika 8:07AM – 9:23AM	Shatabhishak Until 12:47AM Sat	Ganesha: Purple	Sunrise: 6:51AM
		Yama 2:25PM – 3:40PM	Vyaghata* Until 5:29AM Sat	Muruqa: Clear	Sunset: 4:56PM
		Rahu 10:38AM – 11:54AM	Balava Until 9:25AM	Nataraja: White	Moon 10 - Phase 29 Navami
Creative Work	Siddha Yoga		Navami* Until 10:27PM	Moon – Purple	Sivaloka Day
Until 12:47AM Sat				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Harshana Yoga Taitila/Gara Karana Dashamyam Titau	St. Helena, CA Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 22.33	Tithi 10	Gulika 6:53AM – 8:08AM	Purvaproshtapada* Until 3:02AM Sun	Ganesha: Red <i>Sunrise:</i> 6:53AM	
		Yama 1:09PM – 2:25PM	Harshana Until 5:32AM Sun	Muruqa: Clear <i>Sunset:</i> 4:55PM	Moon 10 - Phase 30
		716762365 Rahu 9:23AM – 10:39AM	Taitila Until 11:23AM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Dashami Until 12:06AM Sun	Moon – Clear	Devaloka Day
Until 3:02AM Sun				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

2		Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau	St. Helena, CA Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 4.52	Tithi 11	Gulika 2:24PM – 3:40PM	Uttaraproshtapada Until 4:25AM Mon	Ganesha: Red <i>Sunrise:</i> 6:54AM	
		Yama 11:54AM – 1:09PM	Vajra* Until 5:00AM Mon	Muruqa: Clear <i>Sunset:</i> 4:55PM	Moon 10 - Phase 30
		716762365 Rahu 3:40PM – 4:55PM	Vanija Until 12:41PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 1:02AM Mon	Moon – Clear	Devaloka Day
Until 4:25AM Mon				Karttika-Karttikai	
Then Creative Work - Siddha Yoga					

3		Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Siddhi Yoga Bava/Balava Karana Dvadashyam Titau	St. Helena, CA Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 17.29	Tithi 12	Gulika 1:09PM – 2:24PM	Revati Until 4:56AM Tue	Ganesha: Red <i>Sunrise:</i> 6:55AM	
Family Home Evening		Yama 10:39AM – 11:54AM	Siddhi Until 3:53AM Tue	Muruqa: Clear <i>Sunset:</i> 4:54PM	Moon 10 - Phase 30
		716762365 Rahu 8:10AM – 9:25AM	Bava Until 1:15PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:13AM Tue	Moon – Clear	Devaloka Day
				Karttika-Karttikai	

4		Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	St. Helena, CA Sun 26 Sutra 219 Vilamba 5120
Mesha Rasi: 0.29	Tithi 13	Gulika 11:55AM – 1:09PM	Ashvini Until 5:03AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:56AM	
		Yama 9:25AM – 10:40AM	Vyatipata* Until 2:13AM Wed	Muruqa: Clear <i>Sunset:</i> 4:53PM	Moon 10 - Phase 30
		726762365 Rahu 2:24PM – 3:39PM	Kaulava Until 1:03PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:40AM Wed	Moon – White	Bhuloka Day
				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM
				<i>Pradosha Vrata</i>	

5		Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau	St. Helena, CA Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 13.52	Tithi 14	Gulika 10:40AM – 11:55AM	Bharani Until 4:23AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:57AM	
		Yama 8:11AM – 9:26AM	Variyan Until 12:01AM Thu	Muruqa: Clear <i>Sunset:</i> 4:53PM	Moon 10 - Phase 30
		726762365 Rahu 11:55AM – 1:09PM	Gara Until 12:10PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:28PM	Moon – White	Bhuloka Day
Until 4:23AM Thu				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

○		Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau	St. Helena, CA Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika 9:26AM – 10:41AM	Krittika Until 3:05AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:58AM	
Mesha Rasi: 27.35	Tithi 15	Yama 6:58AM – 8:12AM	Parigha* Until 9:25PM	Muruqa: Clear <i>Sunset:</i> 4:52PM	Moon 10 - Phase 30
		726762365 Rahu 1:09PM – 2:24PM	Visti Until 10:40AM	Nataraja: White	Purnima
Routine Work	Marana Yoga		Purnima* Until 9:43PM	Moon – White	Bhuloka Day
		Krittika Deepam		Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM

Friday, November 23, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau	St. Helena, CA Sutra 222 Vilamba 5120
Vrishabha Rasi: 11.38	Tithi 16	Gulika 8:13AM – 9:27AM	Rohini Until 1:42AM Sat	Ganesha: Yellow <i>Sunrise:</i> 6:59AM	
		Yama 2:24PM – 3:38PM	Shiva Until 6:29PM	Muruqa: Clear <i>Sunset:</i> 4:52PM	Moon 10 - Phase 30
		736762365 Rahu 10:41AM – 11:55AM	Balava Until 8:42AM	Nataraja: White	Prathama
Routine Work	Marana Yoga		Prathama* Until 7:34PM	Moon – Yellow	Devaloka Day
Until 1:42AM Sat		Vinayaga Viratam Begins		Karttika-Karttikai	
Then Creative Work - Siddha Yoga					



Saturday, November 24, 2018

Gold Retreat Star

Vrishabha Rasi: 25.53 Tithi 17 - 18

737762365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 7:00AM - 8:14AM

Yama 1:10PM - 2:24PM

Rahu 9:28AM - 10:42AM

Mrigashira Until 11:56PM

Siddha Until 3:19PM

Taitila Until 6:25AM

Dvitiya Until 5:10PM

Ganesha: Red Sunrise: 7:00AM

Muruqa: Clear Sunset: 4:51PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

1

Sunday, November 25, 2018

Mithuna Rasi: 10.18 Tithi 18 - 19

737762365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 2:23PM - 3:37PM

Yama 11:56AM - 1:10PM

Rahu 3:37PM - 4:51PM

Ardra Until 9:57PM

Sadhya Until 12:02PM

Bava Until 1:21AM Mon

Tritiya Until 2:37PM

Ganesha: Red Sunrise: 7:01AM

Muruqa: Clear Sunset: 4:51PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

2

Monday, November 26, 2018

Mithuna Rasi: 24.45 Tithi 19 - 20

Family Home Evening

747762365

Creative Work Amrita Yoga

Until 8:16PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 1:10PM - 2:23PM

Yama 10:43AM - 11:56AM

Rahu 8:16AM - 9:29AM

Punarvasu Until 8:16PM

Subha Until 8:45AM

Kaulava Until 10:50PM

Chaturthi* Until 12:04PM

Ganesha: Green Sunrise: 7:02AM

Muruqa: Clear Sunset: 4:51PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Tuesday, November 27, 2018

Kataka Rasi: 9.09 Tithi 20 - 21

747862365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 11:57AM - 1:10PM

Yama 9:30AM - 10:43AM

Rahu 2:23PM - 3:37PM

Pushya Until 6:34PM

Brahma Until 2:23AM Wed

Gara Until 8:26PM

Panchami Until 9:36AM

Ganesha: White Sunrise: 7:03AM

Muruqa: Clear Sunset: 4:50PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Wednesday, November 28, 2018

Kataka Rasi: 23.27 Tithi 21 - 22

747863365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 10:44AM - 11:57AM

Yama 8:17AM - 9:31AM

Rahu 11:57AM - 1:10PM

Ashlesha* Until 4:55PM

Indra Until 11:27PM

Visti Until 6:14PM

Shashthi* Until 7:17AM

Ganesha: White Sunrise: 7:04AM

Muruqa: Purple Sunset: 4:50PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

D

Thursday, November 29, 2018

Retreat Star

Simha Rasi: 8 Tithi 23

757863365

Creative Work Amrita Yoga

Until 3:46PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Gulika 9:31AM - 10:44AM

Yama 7:05AM - 8:18AM

Rahu 1:10PM - 2:23PM

Magha* Until 3:46PM

Vaidhriti* Until 8:41PM

Balava Until 4:17PM

Ashtami* Until 3:22AM Fri

Ganesha: Clear Sunrise: 7:05AM

Muruqa: Purple Sunset: 4:50PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, November 30, 2018

Retreat Star

Simha Rasi: 21.36 Tithi 24

758863365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Gulika 8:19AM - 9:32AM

Yama 2:24PM - 3:36PM

Rahu 10:45AM - 11:58AM

Purvaphalguni Until 2:45PM

Vishkambha* Until 6:08PM

Taitila Until 2:35PM

Navami* Until 1:49AM Sat

Ganesha: Orange Sunrise: 7:06AM

Muruqa: Purple Sunset: 4:49PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1		Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau	St. Helena, CA Sun 8 Sutra 230 Vilamba 5120
Kanya Rasi: 5.25	Tithi 25	Gulika 7:07AM – 8:20AM	Uttaraphalguni Until 1:50PM	Ganesha: Orange <i>Sunrise:</i> 7:07AM	Moon 11 - Phase 32
		Yama 1:11PM – 2:24PM	Priti Until 3:50PM	Muruqa: Purple <i>Sunset:</i> 4:49PM	2nd Phase
		758863365 Rahu 9:33AM – 10:45AM	Vanija Until 1:09PM	Nataraja: White	
Routine Work	Marana Yoga		Dashami Until 12:31AM Sun	Moon – Red	Bhuloka Day
				Karttika-Karttikai	Devaloka Time: 6:AM to 9:AM

2		Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau	St. Helena, CA Sun 9 Sutra 231 Vilamba 5120
Kanya Rasi: 19.05	Tithi 26	Gulika 2:24PM – 3:36PM	Hasta Until 1:30PM	Ganesha: Light Blue <i>Sunrise:</i> 7:08AM	Moon 11 - Phase 32
		Yama 11:58AM – 1:11PM	Ayushman Until 1:43PM	Muruqa: Purple <i>Sunset:</i> 4:49PM	2nd Phase
		768863365 Rahu 3:36PM – 4:49PM	Bava Until 12:01PM	Nataraja: White	
Creative Work	Amrita Yoga		Ekadashi* Until 11:32PM	Moon – Green	Bhuloka Day
Until 1:30PM				Karttika-Karttikai	
Then Creative Work - Siddha Yoga					

3		Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau	St. Helena, CA Sun 10 Sutra 232 Vilamba 5120
Tula Rasi: 2.34	Tithi 27	Gulika 1:11PM – 2:24PM	Chitra Until 1:20PM	Ganesha: Light Blue <i>Sunrise:</i> 7:09AM	Moon 11 - Phase 32
Family Home Evening		Yama 10:46AM – 11:59AM	Saubhagya Until 11:52AM	Muruqa: Purple <i>Sunset:</i> 4:49PM	2nd Phase
		768863365 Rahu 8:21AM – 9:34AM	Kaulava Until 11:11AM	Nataraja: White	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 10:52PM	Moon – Green	Bhuloka Day
Until 1:20PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

4		Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau	St. Helena, CA Sun 11 Sutra 233 Vilamba 5120
Tula Rasi: 15.52	Tithi 28	Gulika 11:59AM – 1:12PM	Svati Until 1:21PM	Ganesha: Light Blue <i>Sunrise:</i> 7:10AM	Moon 11 - Phase 32
		Yama 9:35AM – 10:47AM	Sobhana Until 10:17AM	Muruqa: Purple <i>Sunset:</i> 4:49PM	2nd Phase
		768863365 Rahu 2:24PM – 3:36PM	Gara Until 10:41AM	Nataraja: White	
Creative Work	Siddha Yoga		Trayodashi* Until 10:34PM	Moon – Green	Bhuloka Day
Until 1:21PM				Karttika-Karttikai	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	St. Helena, CA Sun 12 Sutra 234 Vilamba 5120
Tula Rasi: 28.58	Tithi 29	Gulika 10:47AM – 12:00PM	Vishakha Until 2:03PM	Ganesha: Purple <i>Sunrise:</i> 7:11AM	Moon 11 - Phase 32
		Yama 8:23AM – 9:35AM	Athiganda* Until 9:00AM	Muruqa: Purple <i>Sunset:</i> 4:49PM	2nd Phase
		778863365 Rahu 12:00PM – 1:12PM	Visti Until 10:36AM	Nataraja: White	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:42PM	Moon – Orange	Bhuloka Day
				Karttika-Karttikai	

Retreat Star		Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau	St. Helena, CA Sun 13 Sutra 235 Vilamba 5120
Vrischika Rasi: 11.51	Tithi 30	Gulika 9:36AM – 10:48AM	Anuradha Until 3:04PM	Ganesha: Purple <i>Sunrise:</i> 7:12AM	Moon 11 - Phase 32
		Yama 7:12AM – 8:24AM	Sukarma Until 8:04AM	Muruqa: Purple <i>Sunset:</i> 4:49PM	Amavasya
		778863365 Rahu 1:12PM – 2:24PM	Catuspada Until 10:59AM	Nataraja: White	
Creative Work	Siddha Yoga		Amavasya* Until 11:20PM	Moon – Orange	Bhuloka Day
Until 3:04PM				Karttika-Karttikai	
Then Routine Work - Prabalarishta Yoga					

Retreat Star		Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau	St. Helena, CA Sun 14 Sutra 236 Vilamba 5120
Vrischika Rasi: 24.29	Tithi 1	Gulika 8:25AM – 9:37AM	Jyeshtha* Until 4:25PM	Ganesha: Light Blue <i>Sunrise:</i> 7:13AM	Moon 11 - Phase 32
		Yama 2:25PM – 3:37PM	Dhriti Until 7:33AM	Muruqa: Purple <i>Sunset:</i> 4:49PM	Prathama
		779863365 Rahu 10:49AM – 12:01PM	Kintughna Until 11:52AM	Nataraja: White	
Routine Work	Marana Yoga		Prathama* Until 12:29AM Sat	Moon – Orange	Bhuloka Day
Until 4:25PM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		St. Helena, CA Sun 15 Sutra 237 Vilamba 5120	
Dhanus Rasi: 6.54	Tithi 2	Gulika 7:13AM – 8:25AM	Mula* Until 6:36PM	Ganesha: Purple	<i>Sunrise:</i> 7:13AM		
		Yama 1:13PM – 2:25PM	Shula* Until 7:24AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		789863365 Rahu 9:37AM – 10:49AM	Balava Until 1:18PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 2:11AM Sun	Moon – Light Blue		Bhuloka Day	
				Margasira-Karttikai			

2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		St. Helena, CA Sun 16 Sutra 238 Vilamba 5120	
Dhanus Rasi: 19.05	Tithi 3	Gulika 2:25PM – 3:37PM	Purvashadha* Until 9:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:14AM		
		Yama 12:01PM – 1:13PM	Ganda* Until 7:41AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		789863365 Rahu 3:37PM – 4:49PM	Taitila Until 3:15PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 4:22AM Mon	Moon – Light Blue		Bhuloka Day	
Until 9:07PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau		St. Helena, CA Sun 17 Sutra 239 Vilamba 5120	
Makara Rasi: 1.05	Tithi 4	Gulika 1:14PM – 2:25PM	Uttarashadha Until 11:51PM	Ganesha: Purple	<i>Sunrise:</i> 7:15AM		
Family Home Evening		Yama 10:50AM – 12:02PM	Vridhhi Until 8:18AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
789863365 Rahu 8:27AM – 9:38AM			Vanija Until 5:38PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 6:55AM Tue	Moon – Light Blue		Bhuloka Day	
Until 11:51PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 18 Sutra 240 Vilamba 5120	
Makara Rasi: 12.56	Tithi 4 – 5	Gulika 12:02PM – 1:14PM	Shravana Until 3:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:16AM		
		Yama 9:39AM – 10:51AM	Dhruva Until 9:10AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		799863365 Rahu 2:26PM – 3:37PM	Bava Until 8:18PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 6:55AM	Moon – Purple		Bhuloka Day	
Until 3:08AM Wed				Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga							

5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Helena, CA Sun 19 Sutra 241 Vilamba 5120	
Makara Rasi: 24.44	Tithi 5 – 6	Gulika 10:51AM – 12:03PM	Dhanishtha Until 6:17AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:17AM		
		Yama 8:28AM – 9:40AM	Vyaghata* Until 10:10AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		799863365 Rahu 12:03PM – 1:14PM	Kaulava Until 11:03PM	Nataraja: White		3rd Phase	
Routine Work	Prabalarishta Yoga		Panchami Until 9:40AM	Moon – Purple		Bhuloka Day	
Until 6:17AM Thu				Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Helena, CA Sun 20 Sutra 242 Vilamba 5120	
Kumbha Rasi: 6.31	Tithi 6 – 7	Gulika 9:40AM – 10:52AM	Dhanishtha Until 6:17AM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM		
		Yama 7:17AM – 8:29AM	Harshana Until 11:09AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		799863365 Rahu 1:15PM – 2:26PM	Gara Until 1:40AM Fri	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 12:22PM	Moon – Purple		Bhuloka Day	
				Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM	

Vinayaga Viratam Ends

Retreat Star		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 243 Vilamba 5120	
Kumbha Rasi: 18.23	Tithi 7 – 8	Gulika 8:29AM – 9:41AM	Shatabhishak Until 9:04AM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM		
		Yama 2:27PM – 3:38PM	Vajra* Until 11:55AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 33	
		799863365 Rahu 10:52AM – 12:04PM	Visti Until 3:53AM Sat	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:49PM	Moon – Purple		Bhuloka Day	
				Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM	

Retreat Star		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Helena, CA Sun 22 Sutra 244 Vilamba 5120	
Meena Rasi: 0.25	Tithi 8 – 9	Gulika 7:19AM – 8:30AM	Purvaproshtapada* Until 11:45AM	Ganesha: Clear	<i>Sunrise:</i> 7:19AM		
		Yama 1:16PM – 2:27PM	Siddhi Until 12:21PM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 33	
		711863365 Rahu 9:42AM – 10:53AM	Balava Until 5:30AM Sun	Nataraja: White		Navami	
Routine Work	Marana Yoga		Ashtami* Until 4:45PM	Moon – Clear		Bhuloka Day	
Until 11:45AM		Markali Pillaiyar		Margasira-Markali		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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1 Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyalipata/Variyan Yoga Kaulava Karana Navamyam Titau				St. Helena, CA Sun 23 Sutra 245 Vilamba 5120
Meena Rasi: 12.41	Tithi 9	Gulika 2:27PM – 3:39PM	Uttaraproshtapada Until 1:38PM	Ganesha: Purple	<i>Sunrise:</i> 7:19AM	
		Yama 12:05PM – 1:16PM	Vyatipata* Until 12:18PM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 34
		811863365 Rahu 3:39PM – 4:50PM	Kaulava Until 6:01PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Navami* Until 6:01PM	Moon – Clear		Bhuloka Day
				Margasira-Markali		

2 Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 24 Sutra 246 Vilamba 5120
Meena Rasi: 25.17	Tithi 10	Gulika 1:17PM – 2:28PM	Revati Until 2:38PM	Ganesha: Purple	<i>Sunrise:</i> 7:20AM	
Family Home Evening		Yama 10:54AM – 12:05PM	Variyan Until 11:38AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 34
		811863365 Rahu 8:31AM – 9:43AM	Taitila Until 6:22AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:29PM	Moon – Clear		Bhuloka Day
				Margasira-Markali		

3 Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA Sun 25 Sutra 247 Vilamba 5120
Mesha Rasi: 8.16	Tithi 11	Gulika 12:06PM – 1:17PM	Ashvini Until 3:09PM	Ganesha: Clear	<i>Sunrise:</i> 7:21AM	
		Yama 9:43AM – 10:54AM	Parigha* Until 10:21AM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 34
		821863365 Rahu 2:28PM – 3:40PM	Vanija Until 6:26AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:08PM	Moon – White		Bhuloka Day
		Gita Jayanthi		Margasira-Markali		Devaloka Time: 6:AM to 9:AM

4 Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 248 Vilamba 5120
Mesha Rasi: 21.4	Tithi 12 – 13	Gulika 10:55AM – 12:06PM	Bharani Until 2:43PM	Ganesha: Clear	<i>Sunrise:</i> 7:21AM	
		Yama 8:33AM – 9:44AM	Shiva Until 8:26AM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 34
		821863365 Rahu 12:06PM – 1:18PM	Kaulava Until 4:09AM Thu	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 4:59PM	Moon – White		Bhuloka Day
Until 2:43PM				Margasira-Markali		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

5 Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 249 Vilamba 5120
Vrishabha Rasi: 5.31	Tithi 13 – 14	Gulika 9:44AM – 10:56AM	Krittika Until 1:28PM	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	
		Yama 7:22AM – 8:33AM	Sadhya Until 2:56AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 34
		821863365 Rahu 1:18PM – 2:29PM	Gara Until 2:00AM Fri	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 3:08PM	Moon – White		Bhuloka Day
				Margasira-Markali		Devaloka Time: 6:AM to 9:AM

Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Grigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 250 Vilamba 5120
Copper Retreat Star		Gulika 8:34AM – 9:45AM	Rohini Until 11:54AM	Ganesha: White	<i>Sunrise:</i> 7:22AM	
Vrishabha Rasi: 19.46	Tithi 14 – 15	Yama 2:30PM – 3:41PM	Subha Until 11:32PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 34
		831863365 Rahu 10:56AM – 12:07PM	Visti Until 11:21PM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 12:43PM	Moon – Yellow		Bhuloka Day
Until 11:54AM		Day 1 of Pancha Ganapati		Margasira-Markali		
Then Creative Work - Siddha Yoga						

Saturday, December 22, 2018		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 251 Vilamba 5120
Silver Retreat Star		Gulika 7:23AM – 8:34AM	Mrigashira Until 9:47AM	Ganesha: Yellow	<i>Sunrise:</i> 7:23AM	
Mithuna Rasi: 4.2	Tithi 15 – 16	Yama 1:19PM – 2:30PM	Sukla Until 7:51PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 34
		831963365 Rahu 9:45AM – 10:57AM	Balava Until 8:21PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Purnima* Until 9:52AM	Moon – Yellow		Bhuloka Day
		Day 2 of Pancha Ganapati		Margasira-Markali		Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Sunday, December 23, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 252

Mithuna Rasi: 19.08 Tithi 16 – 17

Gulika 2:31PM – 3:42PM
Yama 12:08PM – 1:20PM
Rahu 3:42PM – 4:53PM

Ganesha: Yellow Sunrise: 7:23AM
Muruga: Purple Sunset: 4:53PM
Nataraja: White
Moon – Yellow

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Creative Work Siddha Yoga

Day 3 of Pancha Ganapati
Ardra Darshanam

Prathama* Until 6:45AM

Margasira*Markali

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Monday, December 24, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 253

Kataka Rasi: 4.01 Tithi 18

Gulika 1:20PM – 2:31PM
Yama 10:58AM – 12:09PM
Rahu 8:35AM – 9:46AM

Ganesha: Blue Sunrise: 7:24AM
Muruga: Purple Sunset: 4:54PM
Nataraja: White
Moon – Blue

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Day 4 of Pancha Ganapati

Tritiya Until 12:19AM Tue

Margasira*Markali

Devaloka Day

2

Tuesday, December 25, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 254

Kataka Rasi: 18.52 Tithi 19

Gulika 12:09PM – 1:21PM
Yama 9:47AM – 10:58AM
Rahu 2:32PM – 3:43PM

Ganesha: Yellow Sunrise: 7:24AM
Muruga: Purple Sunset: 4:54PM
Nataraja: White
Moon – Blue

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Chaturthi* Until 9:16PM

Margasira*Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Wednesday, December 26, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 255

Simha Rasi: 3.34 Tithi 20

Gulika 10:58AM – 12:10PM
Yama 8:36AM – 9:47AM
Rahu 12:10PM – 1:21PM

Ganesha: Blue Sunrise: 7:25AM
Muruga: Purple Sunset: 4:55PM
Nataraja: Green
Moon – Red

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Creative Work Siddha Yoga

Until 10:08PM

Then Creative Work - Amrita Yoga

Day 5 of Pancha Ganapati

Panchami Until 6:31PM

Margasira*Markali

Bhuloka Day

4

Thursday, December 27, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 4 Sutra 256

Simha Rasi: 18.02 Tithi 21 – 22

Gulika 9:48AM – 10:59AM
Yama 7:25AM – 8:36AM
Rahu 1:22PM – 2:33PM

Ganesha: Blue Sunrise: 7:25AM
Muruga: Purple Sunset: 4:56PM
Nataraja: Green
Moon – Red

Vilamba 5120
Moon 12 - Phase 35
1st Phase

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Shashthi* Until 4:10PM

Margasira*Markali

Bhuloka Day

D

Friday, December 28, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 5 Sutra 257

Kanya Rasi: 2.12 Tithi 22 – 23

Gulika 8:37AM – 9:48AM
Yama 2:34PM – 3:45PM
Rahu 10:59AM – 12:11PM

Ganesha: Blue Sunrise: 7:25AM
Muruga: Purple Sunset: 4:56PM
Nataraja: Green
Moon – Red

Vilamba 5120
Moon 12 - Phase 35
Ashtami

Creative Work Siddha Yoga

Until 7:17PM

Then Creative Work - Amrita Yoga

Day 5 of Pancha Ganapati

Saptami Until 2:16PM

Margasira*Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 6 Sutra 258

Kanya Rasi: 16.03 Tithi 23 – 24

Gulika 7:25AM – 8:37AM
Yama 1:23PM – 2:34PM
Rahu 9:48AM – 11:00AM

Ganesha: Red Sunrise: 7:25AM
Muruga: Purple Sunset: 4:57PM
Nataraja: Green
Moon – Green

Vilamba 5120
Moon 12 - Phase 35
Navami

Routine Work Marana Yoga

Day 5 of Pancha Ganapati

Ashtami* Until 12:54PM

Margasira*Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1 Sunday, December 30, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam Chitra Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA Sun 7 Sutra 259 Vilamba 5120
Kanya Rasi: 29.35	Tithi 24 – 25	Gulika 2:35PM – 3:46PM	Chitra Until 6:46PM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	
		Yama 12:12PM – 1:23PM	Athiganda* Until 3:33PM	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 36
		862963366 Rahu 3:46PM – 4:58PM	Vanija Until 11:52PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 12:04PM	Moon – Green		
				Margasira*Markali		Bhuloka Day Devaloka Time: 6:AM to 9:AM

2 Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				St. Helena, CA Sun 8 Sutra 260 Vilamba 5120
Tula Rasi: 12.49	Tithi 25 – 26	Gulika 1:24PM – 2:35PM	Svati Until 7:03PM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	
Family Home Evening		Yama 11:01AM – 12:12PM	Sukarma Until 2:09PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36
Creative Work	Amrita Yoga	862963366 Rahu 8:38AM – 9:49AM	Bava Until 11:49PM	Nataraja: Green		2nd Phase
Until 7:03PM			Dashami Until 11:45AM	Moon – Green		
Then Routine Work - Marana Yoga				Margasira*Markali		Bhuloka Day Devaloka Time: 6:AM to 9:AM

3 Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 9 Sutra 261 Vilamba 5120
Tula Rasi: 25.48	Tithi 26 – 27	Gulika 12:13PM – 1:24PM	Vishakha Until 8:08PM	Ganesha: Green	<i>Sunrise:</i> 7:26AM	
		Yama 9:49AM – 11:01AM	Dhriti Until 1:09PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36
		872963366 Rahu 2:36PM – 3:48PM	Kaulava Until 12:17AM Wed	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 11:58AM	Moon – Orange		
Until 8:08PM				Margasira*Markali		Bhuloka Day
Then Creative Work - Siddha Yoga						

4 Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 10 Sutra 262 Vilamba 5120
Vrischika Rasi: 8.32	Tithi 27 – 28	Gulika 11:01AM – 12:13PM	Anuradha Until 9:31PM	Ganesha: Green	<i>Sunrise:</i> 7:26AM	
		Yama 8:38AM – 9:50AM	Shula* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 36
		872963366 Rahu 12:13PM – 1:25PM	Gara Until 1:13AM Thu	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 12:40PM	Moon – Orange		
				Margasira*Markali		Bhuloka Day
						<i>Pradosha Vrata (Fasting)</i>

5 Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Jyeshtha* Nakshatra Ganda*/Vridhdi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 11 Sutra 263 Vilamba 5120
Vrischika Rasi: 21.03	Tithi 28 – 29	Gulika 9:50AM – 11:02AM	Jyeshtha* Until 11:12PM	Ganesha: Green	<i>Sunrise:</i> 7:26AM	
		Yama 7:26AM – 8:38AM	Ganda* Until 12:14PM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36
		872963366 Rahu 1:26PM – 2:37PM	Visti Until 2:37AM Fri	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga		Trayodashi* Until 1:51PM	Moon – Orange		
Until 11:12PM				Margasira*Markali		Bhuloka Day
Then Creative Work - Siddha Yoga						

6 Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Mula* Nakshatra Vridhdi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA Sun 12 Sutra 264 Vilamba 5120
Dhanus Rasi: 3.23	Tithi 29 – 30	Gulika 8:38AM – 9:50AM	Mula* Until 1:36AM Sat	Ganesha: White	<i>Sunrise:</i> 7:26AM	
		Yama 2:38PM – 3:50PM	Vridhdi Until 12:19PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 36
		882963366 Rahu 11:02AM – 12:14PM	Catuspada Until 4:27AM Sat	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 3:28PM	Moon – Light Blue		
Until 1:36AM Sat				Margasira*Markali		Bhuloka Day
Then Creative Work - Siddha Yoga						

Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yukhtayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA Sun 13 Sutra 265 Vilamba 5120
Dhanus Rasi: 15.32	Tithi 30 – 1	Gulika 7:26AM – 8:38AM	Purvashadha* Until 4:13AM Sun	Ganesha: White	<i>Sunrise:</i> 7:26AM	
		Yama 1:27PM – 2:39PM	Dhruva Until 12:40PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 36
		882973366 Rahu 9:51AM – 11:03AM	Kintughna Until 6:39AM Sun	Nataraja: Green		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:29PM	Moon – Light Blue		
Until 4:13AM Sun		Subramuniyaswami Jayanti		Margasira*Markali		Bhuloka Day Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA Sun 14 Sutra 266 Vilamba 5120
Dhanus Rasi: 27.33	Tithi 1	Gulika 2:39PM – 3:52PM	Uttarashadha Until 6:56AM Mon	Ganesha: White	<i>Sunrise:</i> 7:26AM	
		Yama 12:15PM – 1:27PM	Vyaghata* Until 1:18PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 36
		882973366 Rahu 3:52PM – 5:04PM	Kintughna Until 6:39AM	Nataraja: Green		Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:50PM	Moon – Light Blue		
		Partial Solar Eclipse		Pausha*Markali		Bhuloka Day Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:28PM – 2:40PM	Uttarashadha Until 6:56AM	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	
Makara Rasi: 9.26	Tithi 2	Yama 11:03AM – 12:16PM	Harshana Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 37
Family Home Evening	883973366	Rahu 8:39AM – 9:51AM	Balava Until 9:09AM	Nataraja: Green		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 10:27PM	Moon – Light Blue		Devaloka Day
Until 6:56AM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:16PM – 1:28PM	Shravana Until 10:12AM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	
Makara Rasi: 21.16	Tithi 3	Yama 9:51AM – 11:04AM	Vajra* Until 3:06PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 37
	893973366	Rahu 2:41PM – 3:53PM	Taitila Until 11:50AM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 1:12AM Wed	Moon – Purple		Devaloka Day
				Pausha-Markali		

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyati-pata* Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA Sun 17 Sutra 269 Vilamba 5120
3		Gulika 11:04AM – 12:16PM	Dhanishtha Until 1:22PM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	
Kumbha Rasi: 3.02	Tithi 4	Yama 8:39AM – 9:51AM	Siddhi Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 37
	893973366	Rahu 12:16PM – 1:29PM	Vanija Until 2:36PM	Nataraja: Green		3rd Phase
Routine Work Prabalarishta Yoga			Chaturthi* Until 3:55AM Thu	Moon – Purple		Devaloka Day
Until 1:22PM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyati-pata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 18 Sutra 270 Vilamba 5120
4		Gulika 9:51AM – 11:04AM	Shatabhishak Until 4:16PM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	
Kumbha Rasi: 14.5	Tithi 5	Yama 7:26AM – 8:39AM	Vyati-pata* Until 5:01PM	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 37
	893973366	Rahu 1:29PM – 2:42PM	Bava Until 5:15PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 6:27AM Fri	Moon – Purple		Devaloka Day
				Pausha-Markali		

Friday, January 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 19 Sutra 271 Vilamba 5120
5		Gulika 8:39AM – 9:52AM	Purvaproshtapada* Until 7:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	
Kumbha Rasi: 26.43	Tithi 5 – 6	Yama 2:43PM – 3:56PM	Variyan Until 5:43PM	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 37
	813973366	Rahu 11:04AM – 12:17PM	Kaulava Until 7:37PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 6:27AM	Moon – Clear		Devaloka Day
				Pausha-Markali		

Saturday, January 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 20 Sutra 272 Vilamba 5120
6		Gulika 7:26AM – 8:39AM	Uttaraproshtapada Until 9:37PM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	
Meena Rasi: 8.44	Tithi 6 – 7	Yama 1:31PM – 2:44PM	Parigha* Until 6:06PM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 37
	813973366	Rahu 9:52AM – 11:05AM	Gara Until 9:32PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 8:37AM	Moon – Clear		Devaloka Day
Until 9:37PM				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:44PM – 3:57PM	Revati Until 11:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:25AM	
Meena Rasi: 20.57	Tithi 7 – 8	Yama 12:18PM – 1:31PM	Shiva Until 6:02PM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 37
	813973366	Rahu 3:57PM – 5:10PM	Visti Until 10:49PM	Nataraja: Green		Ashtami
Creative Work Amrita Yoga			Saptami Until 10:15AM	Moon – Clear		Devaloka Day
Until 11:14PM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Monday, January 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:32PM – 2:45PM	Ashvini Until 12:28AM Tue	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	
Mesha Rasi: 3.28	Tithi 8 – 9	Yama 11:05AM – 12:18PM	Siddha Until 5:23PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 37
Family Home Evening	823973366	Rahu 8:38AM – 9:52AM	Balava Until 11:21PM	Nataraja: Green		Navami
Creative Work Siddha Yoga			Ashtami* Until 11:10AM	Moon – White		Sivaloka Day
		Thai Pongal		Pausha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Tuesday, January 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 23 Sutra 275 Vilamba 5120	
Mesha Rasi: 16.2	Tithi 9 – 10	Gulika 12:19PM – 1:32PM	Bharani Until 12:43AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:25AM		
		Yama 9:52AM – 11:05AM	Sadhya Until 4:08PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM		Moon 12 - Phase 38
	823973366	Rahu 2:46PM – 3:59PM	Taitila Until 11:04PM	Nataraja: Green			4th Phase
Creative Work	Siddha Yoga		Navami* Until 11:18AM	Moon – White		Sivaloka Day	
Until 12:43AM Wed				Pausha*Thai			
Then Creative Work - Amrita Yoga							


2		Wednesday, January 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		St. Helena, CA Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 29.37	Tithi 10 – 11	Gulika 11:05AM – 12:19PM	Krittika Until 12:02AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:25AM		
		Yama 8:38AM – 9:52AM	Subha Until 2:15PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM		Moon 12 - Phase 38
	823173366	Rahu 12:19PM – 1:33PM	Vanija Until 9:57PM	Nataraja: Green			4th Phase
Creative Work	Amrita Yoga		Dashami Until 10:36AM	Moon – White		Sivaloka Day	
Until 12:02AM Thu				Pausha*Thai			
Then Routine Work - Marana Yoga							

3		Thursday, January 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 13.22	Tithi 11 – 12	Gulika 9:52AM – 11:06AM	Rohini Until 10:54PM	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM		
		Yama 7:24AM – 8:38AM	Sukla Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 5:15PM		Moon 12 - Phase 38
	833173366	Rahu 1:33PM – 2:47PM	Bava Until 8:05PM	Nataraja: Green			4th Phase
Routine Work	Marana Yoga		Ekadashi Until 9:05AM	Moon – Yellow		Devaloka Day	
				Pausha*Thai			

4		Friday, January 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 27.34	Tithi 12 – 13	Gulika 8:38AM – 9:52AM	Mrigashira Until 8:59PM	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM		
		Yama 2:48PM – 4:02PM	Brahma Until 8:37AM	Muruqa: Clear	<i>Sunset:</i> 5:16PM		Moon 12 - Phase 38
	833173366	Rahu 11:06AM – 12:20PM	Taitila Until 4:03AM Sat	Nataraja: Green			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:52AM	Moon – Yellow		Devaloka Day	
				Pausha*Thai			

Pradosha Vrata

5		Saturday, January 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 12.11	Tithi 14	Gulika 7:23AM – 8:37AM	Ardra Until 6:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:23AM		
		Yama 1:34PM – 2:48PM	Vaidhriti* Until 1:09AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:17PM		Moon 12 - Phase 38
	833173366	Rahu 9:52AM – 11:06AM	Gara Until 2:29PM	Nataraja: Green			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:48AM Sun	Moon – Yellow		Devaloka Day	
				Pausha*Thai			

		Sunday, January 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		St. Helena, CA Sutra 280 Vilamba 5120	
Copper Retreat Star		Gulika 2:49PM – 4:04PM	Punarvasu Until 3:50PM	Ganesha: White	<i>Sunrise:</i> 7:23AM		
Mithuna Rasi: 27.08	Tithi 15	Yama 12:20PM – 1:35PM	Vishkambha* Until 9:01PM	Muruqa: Clear	<i>Sunset:</i> 5:18PM		Moon 12 - Phase 38
		Rahu 4:04PM – 5:18PM	Visti Until 11:04AM	Nataraja: Green			Purnima
Creative Work	Siddha Yoga		Purnima* Until 9:15PM	Moon – Blue		Sivaloka Day	
		Thai Pusam		Pausha*Thai			

Monday, January 21, 2019		Silver Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Prathama/Dvityayam Titau		St. Helena, CA Sutra 281 Vilamba 5120	
Kataka Rasi: 12.16	Tithi 16 – 17	Gulika 1:35PM – 2:50PM	Pushya Until 12:55PM	Ganesha: White	<i>Sunrise:</i> 7:22AM		
Family Home Evening		Yama 11:06AM – 12:21PM	Priti Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM		Moon 12 - Phase 38
	843173366	Rahu 8:37AM – 9:51AM	Balava Until 7:26AM	Nataraja: Green			Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:34PM	Moon – Blue		Sivaloka Day	
		Total Lunar Eclipse		Pausha*Thai			



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Trilyayam Titau

St. Helena, CA

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 27.28 Tithi 17 - 18

844173366

Gulika 12:21PM - 1:36PM

Yama 9:51AM - 11:06AM

Rahu 2:51PM - 4:05PM

Ashlesha* Until 9:53AM

Ayushman Until 12:32PM

Vanija Until 12:12AM Wed

Dvitiya Until 1:56PM

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Blue

Pausha*Thai

Sunrise: 7:22AM

Sunset: 5:20PM

Devaloka Day

Creative Work Siddha Yoga

Wednesday, January 23, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Triliya/Chaturtham Titau

St. Helena, CA

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 12.32 Tithi 18 - 19

854173366

Gulika 11:06AM - 12:21PM

Yama 8:36AM - 9:51AM

Rahu 12:21PM - 1:36PM

Magha* Until 7:16AM

Saubhagya Until 8:27AM

Bava Until 8:54PM

Tritiya Until 10:29AM

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Red

Pausha*Thai

Sunrise: 7:21AM

Sunset: 5:21PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 7:16AM

Then Creative Work - Amrita Yoga

Thursday, January 24, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 27.22 Tithi 19 - 20

954173366

Gulika 9:51AM - 11:06AM

Yama 7:21AM - 8:36AM

Rahu 1:37PM - 2:52PM

Uttaraphalguni Until 2:45AM Fri

Athiganda* Until 1:14AM Fri

Kaulava Until 6:03PM

Chaturthi* Until 7:24AM

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Red

Pausha*Thai

Sunrise: 7:21AM

Sunset: 5:22PM

Devaloka Day

Amrita Yoga

Friday, January 25, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 11.5 Tithi 21

964173366

Gulika 8:35AM - 9:51AM

Yama 2:53PM - 4:08PM

Rahu 11:06AM - 12:22PM

Hasta Until 1:31AM Sat

Sukarma Until 10:18PM

Gara Until 3:44PM

Shashthi* Until 2:48AM Sat

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha*Thai

Sunrise: 7:20AM

Sunset: 5:23PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:31AM Sat

Then Routine Work - Marana Yoga

Saturday, January 26, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 25.55 Tithi 22

964173366

Gulika 7:19AM - 8:35AM

Yama 1:38PM - 2:53PM

Rahu 9:51AM - 11:06AM

Chitra Until 12:51AM Sun

Dhriti Until 7:55PM

Visti Until 2:04PM

Saptami Until 1:30AM Sun

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha*Thai

Sunrise: 7:19AM

Sunset: 5:25PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 12:51AM Sun

Then Creative Work - Siddha Yoga

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 9.33 Tithi 23

964173366

Gulika 2:54PM - 4:10PM

Yama 12:22PM - 1:38PM

Rahu 4:10PM - 5:26PM

Svati Until 12:44AM Mon

Shula* Until 6:06PM

Balava Until 1:08PM

Ashtami* Until 12:56AM Mon

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha*Thai

Sunrise: 7:19AM

Sunset: 5:26PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 22.46 Tithi 24

974173366

Gulika 1:38PM - 2:55PM

Yama 11:06AM - 12:22PM

Rahu 8:34AM - 9:50AM

Vishakha Until 1:40AM Tue

Ganda* Until 4:52PM

Taitila Until 12:58PM

Navami* Until 1:07AM Tue

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Orange

Pausha*Thai

Sunrise: 7:18AM

Sunset: 5:27PM

Devaloka Day

Routine Work Marana Yoga

Until 1:40AM Tue

Then Creative Work - Siddha Yoga

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA
Wrischika Rasi: 5.37	Tithi 25	Gulika	12:22PM – 1:39PM	Anuradha Until 3:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Sun 8	Sutra 289
		Yama	9:50AM – 11:06AM	Vriddhi Until 4:12PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM		Vilamba 5120
		984173366 Rahu	2:55PM – 4:12PM	Vanija Until 1:30PM	Nataraja: Green			Moon 1 - Phase 40
Creative Work	Siddha Yoga			Dashami Until 2:00AM Wed	Moon – Orange			2nd Phase
					Pausha*Thai			Devaloka Day

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
Wrischika Rasi: 18.09	Tithi 26	Gulika	11:06AM – 12:23PM	Jyeshtha* Until 4:57AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:16AM	Sun 9	Sutra 290
		Yama	8:33AM – 9:49AM	Dhruva Until 4:00PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM		Vilamba 5120
		984173366 Rahu	12:23PM – 1:39PM	Bava Until 2:42PM	Nataraja: Green			Moon 1 - Phase 40
Creative Work	Siddha Yoga			Ekadashi* Until 3:30AM Thu	Moon – Orange			2nd Phase
					Pausha*Thai			Devaloka Day

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				St. Helena, CA
Dhanus Rasi: 0.26	Tithi 27	Gulika	9:49AM – 11:06AM	Mula* Until 7:35AM Fri	Ganesha: White	<i>Sunrise:</i> 7:15AM	Sun 10	Sutra 291
		Yama	7:15AM – 8:32AM	Vyaghata* Until 4:13PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM		Vilamba 5120
		984173366 Rahu	1:40PM – 2:57PM	Kaulava Until 4:27PM	Nataraja: Green			Moon 1 - Phase 40
Creative Work	Siddha Yoga			Dvadashi* Until 5:28AM Fri	Moon – Light Blue			2nd Phase
Until 7:35AM Fri					Pausha*Thai			Bhuloka Day
Then Routine Work - Prabararishta Yoga								Devaloka Time: 12:PM to 3:PM

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara Karana Trayodashyam Titau				St. Helena, CA
Dhanus Rasi: 12.32	Tithi 28	Gulika	8:32AM – 9:49AM	Mula* Until 7:35AM	Ganesha: White	<i>Sunrise:</i> 7:15AM	Sun 11	Sutra 292
		Yama	2:57PM – 4:13PM	Harshana Until 4:47PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM		Vilamba 5120
		984173366 Rahu	11:06AM – 12:23PM	Gara Until 6:38PM	Nataraja: Green			Moon 1 - Phase 40
Creative Work	Amrita Yoga			Trayodashi* Until 7:49AM Sat	Moon – Light Blue			2nd Phase
Until 7:35AM					Pausha*Thai			Bhuloka Day
Then Routine Work - Prabararishta Yoga				<i>Pradosha Vrata (Fasting)</i>				Devaloka Time: 12:PM to 3:PM

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
Dhanus Rasi: 24.29	Tithi 28 – 29	Gulika	7:15AM – 8:32AM	Purvashadha* Until 10:23AM	Ganesha: White	<i>Sunrise:</i> 7:15AM	Sun 12	Sutra 293
		Yama	1:40PM – 2:57PM	Vajra* Until 5:32PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM		Vilamba 5120
		984173366 Rahu	9:49AM – 11:06AM	Visti Until 9:06PM	Nataraja: Green			Moon 1 - Phase 40
Creative Work	Siddha Yoga			Trayodashi* Until 7:49AM	Moon – Light Blue			2nd Phase
Until 10:23AM					Pausha*Thai			Bhuloka Day
Then Routine Work - Marana Yoga								Devaloka Time: 12:PM to 3:PM

Retreat Star		Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
Makara Rasi: 6.2	Tithi 29 – 30	Gulika	2:58PM – 4:15PM	Uttarashadha Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM	Sun 13	Sutra 294
		Yama	12:23PM – 1:40PM	Siddhi Until 6:27PM	Muruqa: Clear	<i>Sunset:</i> 5:33PM		Vilamba 5120
		985173367 Rahu	4:15PM – 5:33PM	Catuspada Until 11:46PM	Nataraja: White			Moon 1 - Phase 40
Creative Work	Amrita Yoga			Chaturdashi* Until 10:24AM	Moon – Light Blue			Amavasya
					Pausha*Thai			Devaloka Day

Retreat Star		Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
Makara Rasi: 18.08	Tithi 30 – 1	Gulika	1:41PM – 2:58PM	Shravana Until 4:32PM	Ganesha: Red	<i>Sunrise:</i> 7:13AM	Sun 14	Sutra 295
Family Home Evening		Yama	11:06AM – 12:23PM	Vyatipata* Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM		Vilamba 5120
		995173367 Rahu	8:30AM – 9:48AM	Kintughna Until 2:29AM Tue	Nataraja: White			Moon 1 - Phase 40
Creative Work	Amrita Yoga			Amavasya* Until 1:06PM	Moon – Purple			Prathama
Until 4:32PM					Magha*Thai			Devaloka Day
Then Creative Work - Siddha Yoga								

1		Tuesday, February 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA
Makara Rasi: 29.56	Tithi 1 – 2	995173367	Gulika 12:23PM – 1:41PM Yama 9:48AM – 11:05AM Rahu 2:59PM – 4:17PM	Dhanishtha Until 7:39PM Varyan Until 8:24PM Balava Until 5:09AM Wed Prathama* Until 3:48PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:12AM Sunset: 5:35PM	Sun 15 Sutra 296 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								
Until 7:39PM								
Then Routine Work - Marana Yoga								

2		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Kaulava Karana Dvitiyayam Titau				St. Helena, CA
Kumbha Rasi: 11.45	Tithi 2	995173367	Gulika 11:05AM – 12:23PM Yama 8:29AM – 9:47AM Rahu 12:23PM – 1:42PM	Shatabhishak Until 10:30PM Parigha* Until 9:18PM Kaulava Until 6:25PM Dvitiya Until 6:25PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:11AM Sunset: 5:36PM	Sun 16 Sutra 297 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								
Until 10:30PM								
Then Creative Work - Amrita Yoga								

3		Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
Kumbha Rasi: 23.37	Tithi 3	915173367	Gulika 9:47AM – 11:05AM Yama 7:10AM – 8:28AM Rahu 1:42PM – 3:00PM	Purvaproshtpada* Until 1:29AM Fri Shiva Until 10:03PM Taitila Until 7:40AM Tritiya Until 8:50PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:10AM Sunset: 5:37PM	Sun 17 Sutra 298 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga								

4		Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visiti* Karana Chaturthyam Titau				St. Helena, CA
Meena Rasi: 5.35	Tithi 4	915173367	Gulika 8:28AM – 9:46AM Yama 3:01PM – 4:20PM Rahu 11:05AM – 12:24PM	Uttaraproshtpada Until 4:01AM Sat Siddha Until 10:33PM Vanija Until 9:57AM Chaturthi* Until 10:57PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:09AM Sunset: 5:38PM	Sun 18 Sutra 299 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga								
Until 4:01AM Sat								
Then Routine Work - Prabalarishta Yoga								

5		Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
Meena Rasi: 17.4	Tithi 5	915273367	Gulika 7:08AM – 8:27AM Yama 1:43PM – 3:01PM Rahu 9:46AM – 11:05AM	Revati Until 5:59AM Sun Sadhya Until 10:47PM Bava Until 11:54AM Panchami Until 12:41AM Sun	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:08AM Sunset: 5:39PM	Sun 19 Sutra 300 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	Devaloka Day
Routine Work Prabalarishta Yoga								
Until 5:59AM Sun								
Then Creative Work - Siddha Yoga								

6		Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA
Meena Rasi: 29.55	Tithi 6	915273367	Gulika 3:02PM – 4:21PM Yama 12:24PM – 1:43PM Rahu 4:21PM – 5:40PM	Ashvini Until 7:45AM Mon Subha Until 10:38PM Kaulava Until 1:23PM Shashthi* Until 1:54AM Mon	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:07AM Sunset: 5:40PM	Sun 20 Sutra 301 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								

Monday, February 11, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA
Mesha Rasi: 12.24	Tithi 7	925273367	Gulika 1:43PM – 3:03PM Yama 11:04AM – 12:24PM Rahu 8:25AM – 9:45AM	Ashvini Until 7:45AM Sukla Until 10:00PM Gara Until 2:18PM Saptami Until 2:29AM Tue	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:06AM Sunset: 5:42PM	Sun 21 Sutra 302 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Family Home Evening								
Creative Work Siddha Yoga								

Tuesday, February 12, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA
Mesha Rasi: 25.1	Tithi 8	926273367	Gulika 12:24PM – 1:43PM Yama 9:44AM – 11:04AM Rahu 3:03PM – 4:23PM	Bharani Until 8:44AM Brahma Until 8:51PM Visti Until 2:32PM Ashtami* Until 2:22AM Wed	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:05AM Sunset: 5:43PM	Sun 22 Sutra 303 Vilamba 5120 Moon 1 - Phase 41 Ashtami	Devaloka Day
Creative Work Siddha Yoga								

Wednesday, February 13, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA
Vrishabha Rasi: 8.19	Tithi 9	926273367	Gulika 11:04AM – 12:24PM Yama 8:24AM – 9:44AM Rahu 12:24PM – 1:44PM	Krittika Until 8:52AM Indra Until 7:07PM Balava Until 2:02PM Navami* Until 1:28AM Thu	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:04AM Sunset: 5:44PM	Sun 23 Sutra 304 Vilamba 5120 Moon 1 - Phase 41 Navami	Devaloka Day
Creative Work Amrita Yoga								
Until 8:52AM								
Then Creative Work - Siddha Yoga								


1	Thursday, February 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA
	936273367		Gulika 9:43AM – 11:03AM	Rohini Until 8:33AM	Ganesha: White	<i>Sunrise:</i> 7:02AM	Sun 24 Sutra 305
			Yama 7:02AM – 8:23AM	Vaidhriti* Until 4:45PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Vilamba 5120
			Rahu 1:44PM – 3:04PM	Taitila Until 12:45PM	Nataraja: White		Moon 1 - Phase 42
Rohini Rasi: 21.51 Tithi 10				Moon – Yellow		4th Phase	
Routine Work Marana Yoga			Dashami Until 11:49PM	Magha-Masi		Sivaloka Day	

2	Friday, February 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA
	936273367		Gulika 8:22AM – 9:42AM	Mrigashira Until 7:22AM	Ganesha: White	<i>Sunrise:</i> 7:01AM	Sun 25 Sutra 306
			Yama 3:05PM – 4:25PM	Vishkambha* Until 1:51PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Vilamba 5120
			Rahu 11:03AM – 12:24PM	Vanija Until 10:45AM	Nataraja: White		Moon 1 - Phase 42
Mithuna Rasi: 5.51 Tithi 11				Moon – Yellow		4th Phase	
Creative Work Siddha Yoga			Ekadashi Until 9:30PM	Magha-Masi		Sivaloka Day	

3	Saturday, February 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA
	946273367		Gulika 7:00AM – 8:21AM	Punarvasu Until 3:09AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:00AM	Sun 26 Sutra 307
			Yama 1:44PM – 3:05PM	Priti Until 10:26AM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Vilamba 5120
			Rahu 9:42AM – 11:03AM	Bava Until 8:07AM	Nataraja: White		Moon 1 - Phase 42
Mithuna Rasi: 20.17 Tithi 12				Moon – Blue		4th Phase	
Creative Work Siddha Yoga			Dvadashi Until 6:35PM	Magha-Masi		Devaloka Day	

4	Sunday, February 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	946273367		Gulika 3:06PM – 4:27PM	Pushya Until 12:24AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:59AM	Sun 27 Sutra 308
			Yama 12:24PM – 1:45PM	Ayushman Until 6:36AM	Muruqa: Clear	<i>Sunset:</i> 5:48PM	Vilamba 5120
			Rahu 4:27PM – 5:48PM	Gara Until 1:27AM Mon	Nataraja: White		Moon 1 - Phase 42
Kataka Rasi: 5.05 Tithi 13 – 14				Moon – Blue		4th Phase	
Creative Work Siddha Yoga			Trayodashi Until 3:14PM	Magha-Masi		Devaloka Day	

Pradosha Vrata

	Monday, February 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA
	946273367		Gulika 1:45PM – 3:06PM	Ashlesha* Until 9:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:58AM	Sutra 309
			Yama 11:02AM – 12:23PM	Sobhana Until 10:12PM	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Vilamba 5120
			Rahu 8:19AM – 9:41AM	Visti Until 9:43PM	Nataraja: White		Moon 1 - Phase 42
Kataka Rasi: 20.11 Tithi 14 – 15				Moon – Blue		Purnima	
Family Home Evening			Chidambaram Abhishekam	Chaturdashi* Until 11:35AM	Magha-Masi	Devaloka Day	
Creative Work Siddha Yoga							
Until 9:18PM							
Then Routine Work - Marana Yoga							

5	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				St. Helena, CA
	956273367		Gulika 12:23PM – 1:45PM	Magha* Until 6:24PM	Ganesha: Purple	<i>Sunrise:</i> 6:56AM	Sutra 310
			Yama 9:40AM – 11:02AM	Athiganda* Until 5:52PM	Muruqa: Clear	<i>Sunset:</i> 5:50PM	Vilamba 5120
			Rahu 3:07PM – 4:29PM	Kaulava Until 4:03AM Wed	Nataraja: White		Moon 1 - Phase 42
Simha Rasi: 5.26 Tithi 15 – 16				Moon – Red		Prathama	
Creative Work Siddha Yoga			Purnima* Until 7:48AM	Magha-Masi		Sivaloka Day	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sutra 311

Simha Rasi: 20.4 Tithi 17

957273367

Gulika 11:01AM – 12:23PM
Yama 8:17AM – 9:39AM
Rahu 12:23PM – 1:45PM

Purvaphalguni Until 3:30PM

Sukarma Until 1:38PM

Taitila Until 2:15PM

Dvitiya Until 12:30AM Thu

Ganesha: Clear

Sunrise: 6:55AM

Muruqa: Clear

Sunset: 5:51PM

Nataraja: White

Moon – Red

Magha-Masi

Moon 2 - Phase 43

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Thursday, February 21, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 312

Kanya Rasi: 5.43 Tithi 18

957273367

Gulika 9:39AM – 11:01AM
Yama 6:54AM – 8:16AM
Rahu 1:46PM – 3:08PM

Uttaraphalguni Until 12:46PM

Dhriti Until 9:40AM

Vanija Until 10:53AM

Tritiya Until 9:20PM

Ganesha: Clear

Sunrise: 6:54AM

Muruqa: Clear

Sunset: 5:53PM

Nataraja: White

Moon – Red

Magha-Masi

Moon 2 - Phase 43

1st Phase

Devaloka Day

Until 12:46PM
Then Routine Work - Marana Yoga

Friday, February 22, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 313

Kanya Rasi: 20.26 Tithi 19

967273367

Gulika 8:15AM – 9:38AM
Yama 3:08PM – 4:31PM
Rahu 11:00AM – 12:23PM

Hasta Until 10:47AM

Shula* Until 6:01AM

Bava Until 7:57AM

Chaturthi* Until 6:41PM

Ganesha: White

Sunrise: 6:53AM

Muruqa: Clear

Sunset: 5:54PM

Nataraja: White

Moon – Green

Magha-Masi

Moon 2 - Phase 43

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 10:47AM
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 3 Sutra 314

Tula Rasi: 4.44 Tithi 20 – 21

967273367

Gulika 6:51AM – 8:14AM
Yama 1:46PM – 3:09PM
Rahu 9:37AM – 11:00AM

Chitra Until 9:16AM

Vriddhi Until 12:20AM Sun

Gara Until 4:03AM Sun

Panchami Until 4:43PM

Ganesha: White

Sunrise: 6:51AM

Muruqa: Clear

Sunset: 5:55PM

Nataraja: White

Moon – Green

Magha-Masi

Moon 2 - Phase 43

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 9:16AM
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 4 Sutra 315

Tula Rasi: 18.34 Tithi 21 – 22

967273367

Gulika 3:09PM – 4:33PM
Yama 12:23PM – 1:46PM
Rahu 4:33PM – 5:56PM

Svati Until 8:21AM

Dhruva Until 10:25PM

Visti Until 3:18AM Mon

Shashthi* Until 3:33PM

Ganesha: White

Sunrise: 6:50AM

Muruqa: Clear

Sunset: 5:56PM

Nataraja: White

Moon – Green

Magha-Masi

Moon 2 - Phase 43

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 8:21AM
Then Routine Work - Marana Yoga

Monday, February 25, 2019

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 5 Sutra 316

Vrischika Rasi: 1.55 Tithi 22 – 23

977273367

Gulika 1:46PM – 3:10PM
Yama 10:59AM – 12:23PM
Rahu 8:12AM – 9:36AM

Vishakha Until 8:34AM

Vyaghata* Until 9:11PM

Balava Until 3:26AM Tue

Saptami Until 3:14PM

Ganesha: Yellow

Sunrise: 6:49AM

Muruqa: Clear

Sunset: 5:57PM

Nataraja: White

Moon – Orange

Magha-Masi

Moon 2 - Phase 43

1st Phase

Devaloka Day

Until 8:34AM
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 6 Sutra 317

Vrischika Rasi: 14.49 Tithi 23 – 24

978273367

Gulika 12:23PM – 1:46PM
Yama 9:35AM – 10:59AM
Rahu 3:10PM – 4:34PM

Anuradha Until 9:29AM

Harshana Until 8:39PM

Taitila Until 4:23AM Wed

Ashtami* Until 3:47PM

Ganesha: Blue

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 5:58PM

Nataraja: White

Moon – Orange

Magha-Masi

Moon 2 - Phase 43

Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 9:29AM
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA

Sun 7 Sutra 318

Vrischika Rasi: 27.2 Tithi 24 – 25

978273367

Gulika 10:58AM – 12:22PM
Yama 8:10AM – 9:34AM
Rahu 12:22PM – 1:46PM

Jyeshtha* Until 11:01AM

Vajra* Until 8:39PM

Vanija Until 6:05AM Thu

Navami* Until 5:08PM

Ganesha: Blue

Sunrise: 6:46AM

Muruqa: Clear

Sunset: 5:59PM

Nataraja: White

Moon – Orange

Magha-Masi

Moon 2 - Phase 43

Navami

Sivaloka Day

Creative Work Siddha Yoga
Until 11:01AM
Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		St. Helena, CA Sun 8 Sutra 319 Vilamba 5120 Moon 2 - Phase 44 2nd Phase	
Dhanus Rasi: 9.32	Tithi 25	Gulika 9:33AM – 10:58AM	Mula* Until 1:33PM	Ganesha: Red	Sunrise: 6:44AM	Muruqa: Clear	Sunset: 6:00PM
		Yama 6:44AM – 8:09AM	Siddhi Until 9:09PM	Nataraja: White		Moon – Light Blue	
		988273367 Rahu 1:47PM – 3:11PM	Vanija Until 6:05AM				
Creative Work	Siddha Yoga		Dashami Until 7:07PM				Devaloka Day
2		Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 320 Vilamba 5120 Moon 2 - Phase 44 2nd Phase	
Dhanus Rasi: 21.31	Tithi 26	Gulika 8:07AM – 9:32AM	Purvashadha* Until 4:22PM	Ganesha: Red	Sunrise: 6:42AM	Muruqa: Clear	Sunset: 6:02PM
		Yama 3:12PM – 4:37PM	Vyatipata* Until 9:59PM	Nataraja: White		Moon – Light Blue	
		988273367 Rahu 10:57AM – 12:22PM	Bava Until 8:19AM				
Routine Work	Prabalarishta Yoga		Ekadashi* Until 9:34PM				Devaloka Day
Until 4:22PM							
Then Routine Work - Marana Yoga							
3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 321 Vilamba 5120 Moon 2 - Phase 44 2nd Phase	
Makara Rasi: 3.22	Tithi 27	Gulika 6:40AM – 8:06AM	Uttarashadha Until 7:19PM	Ganesha: Red	Sunrise: 6:40AM	Muruqa: Clear	Sunset: 6:03PM
		Yama 1:47PM – 3:12PM	Variyan Until 10:58PM	Nataraja: White		Moon – Light Blue	
		988273367 Rahu 9:31AM – 10:56AM	Kaulava Until 10:55AM				
Routine Work	Marana Yoga		Dvadashi* Until 12:15AM Sun				Devaloka Day
Until 7:19PM							
Then Creative Work - Siddha Yoga							
4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 322 Vilamba 5120 Moon 2 - Phase 44 2nd Phase	
Makara Rasi: 15.09	Tithi 28	Gulika 3:13PM – 4:38PM	Shravana Until 10:40PM	Ganesha: Yellow	Sunrise: 6:39AM	Muruqa: Clear	Sunset: 6:04PM
		Yama 12:21PM – 1:47PM	Parigha* Until 12:02AM Mon	Nataraja: White		Moon – Purple	
		988273367 Rahu 4:38PM – 6:04PM	Gara Until 1:39PM				
Creative Work	Amrita Yoga		Trayodashi* Until 3:00AM Mon				Devaloka Day
Until 10:40PM							
Then Routine Work - Marana Yoga			Pradosha Vrata (Fasting)				
5		Monday, March 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 323 Vilamba 5120 Moon 2 - Phase 44 2nd Phase	
Makara Rasi: 26.55	Tithi 29	Gulika 1:47PM – 3:13PM	Dhanishtha Until 1:47AM Tue	Ganesha: Yellow	Sunrise: 6:37AM	Muruqa: Clear	Sunset: 6:05PM
Family Home Evening		Yama 10:55AM – 12:21PM	Shiva Until 1:03AM Tue	Nataraja: White		Moon – Purple	
Creative Work	Siddha Yoga	988273367 Rahu 8:03AM – 9:29AM	Visti Until 4:22PM				Devaloka Day
Until 1:47AM Tue			Chaturdashi* Until 5:39AM Tue				
Then Routine Work - Marana Yoga							
			Mahasivaratri (Lunar)				
			Mahasivaratri (Solar)				
Retreat Star		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Catuspada* Karana Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 324 Vilamba 5120 Moon 2 - Phase 44 Amavasya	
Kumbha Rasi: 8.44	Tithi 30	Gulika 12:21PM – 1:47PM	Shatabhishak Until 4:33AM Wed	Ganesha: Clear	Sunrise: 6:36AM	Muruqa: Clear	Sunset: 6:06PM
		Yama 9:28AM – 10:55AM	Siddha Until 1:53AM Wed	Nataraja: White		Moon – Purple	
		199273367 Rahu 3:14PM – 4:40PM	Catuspada Until 6:56PM				
Routine Work	Marana Yoga		Amavasya* Until 8:06AM Wed				Devaloka Day
Until 4:33AM Wed							
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		St. Helena, CA Sun 14 Sutra 325 Vilamba 5120 Moon 2 - Phase 44 Prathama	
Kumbha Rasi: 20.37	Tithi 30 – 1	Gulika 10:54AM – 12:21PM	Purvaproshtapada* Until 7:24AM Thu	Ganesha: Yellow	Sunrise: 6:34AM	Muruqa: Clear	Sunset: 6:07PM
		Yama 8:01AM – 9:28AM	Sadhya Until 2:32AM Thu	Nataraja: White		Moon – Clear	
		119373367 Rahu 12:21PM – 1:47PM	Kintughna Until 9:14PM				
Creative Work	Amrita Yoga		Amavasya* Until 8:06AM				Devaloka Day
Until 7:24AM Thu							
Then Creative Work - Siddha Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	St. Helena, CA
Meena Rasi: 2.37	Tithi 1 – 2	119373367	Gulika 9:27AM – 10:54AM Yama 6:33AM – 8:00AM Rahu 1:47PM – 3:14PM	Purvaprosarthapada* Until 7:24AM Subha Until 2:58AM Fri Balava Until 11:13PM Prathama* Until 10:15AM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:33AM Sunset: 6:08PM	Sun 15 Sutra 326 Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi		

2		Friday, March 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	St. Helena, CA
Meena Rasi: 14.44	Tithi 2 – 3	119373367	Gulika 7:59AM – 9:26AM Yama 3:15PM – 4:42PM Rahu 10:53AM – 12:20PM	Uttaraprosarthapada Until 9:46AM Sukla Until 3:07AM Sat Taitila Until 12:53AM Sat Dvitiya Until 12:04PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:31AM Sunset: 6:09PM	Sun 16 Sutra 327 Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi		

3		Saturday, March 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau	St. Helena, CA
Meena Rasi: 27.01	Tithi 3 – 4	119373367	Gulika 6:30AM – 7:58AM Yama 1:48PM – 3:15PM Rahu 9:25AM – 10:53AM	Revati Until 11:38AM Brahma Until 2:59AM Sun Vanija Until 2:09AM Sun Tritiya Until 1:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:30AM Sunset: 6:10PM	Sun 17 Sutra 328 Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Routine Work	Prabalarishta Yoga				Phalguna-Masi		
Until 11:38AM							
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day				

4		Sunday, March 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chatrthyam/Panchamyam Titau	St. Helena, CA
Mesha Rasi: 9.26	Tithi 4 – 5	129373367	Gulika 3:15PM – 4:43PM Yama 12:20PM – 1:48PM Rahu 4:43PM – 6:11PM	Ashvini Until 1:27PM Indra Until 2:34AM Mon Bava Until 3:01AM Mon Chatrthy* Until 2:38PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:29AM Sunset: 6:11PM	Sun 18 Sutra 329 Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi		
Until 1:27PM							
Then Routine Work - Prabalarishta Yoga							

5		Monday, March 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	St. Helena, CA
Mesha Rasi: 22.02	Tithi 5 – 6	129373367	Gulika 1:48PM – 3:16PM Yama 10:51AM – 12:20PM Rahu 7:55AM – 9:23AM	Bharani Until 2:41PM Vaidhriti* Until 1:45AM Tue Kaulava Until 3:25AM Tue Panchami Until 3:16PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:27AM Sunset: 6:12PM	Sun 19 Sutra 330 Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Family Home Evening					Phalguna-Masi		
Creative Work	Siddha Yoga						
Until 2:41PM							
Then Routine Work - Marana Yoga							

6		Tuesday, March 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau	St. Helena, CA
Vrishabha Rasi: 4.52	Tithi 6 – 7	129373367	Gulika 12:19PM – 1:48PM Yama 9:22AM – 10:51AM Rahu 3:16PM – 4:45PM	Krittika Until 3:17PM Vishkambha* Until 12:33AM Wed Gara Until 3:17AM Wed Shashthi* Until 3:24PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:25AM Sunset: 6:13PM	Sun 20 Sutra 331 Vilamba 5120 Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi		
Until 3:17PM							
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, March 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	St. Helena, CA
Vrishabha Rasi: 17.58	Tithi 7 – 8	131373367	Gulika 10:50AM – 12:19PM Yama 7:53AM – 9:21AM Rahu 12:19PM – 1:48PM	Rohini Until 3:39PM Priti Until 10:54PM Visti Until 2:33AM Thu Saptami Until 2:59PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:24AM Sunset: 6:14PM	Sun 21 Sutra 332 Vilamba 5120 Moon 2 - Phase 45 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi		

Retreat Star		Thursday, March 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau	St. Helena, CA
Mithuna Rasi: 1.23	Tithi 8 – 9	131373367	Gulika 9:21AM – 10:50AM Yama 6:22AM – 7:52AM Rahu 1:48PM – 3:17PM	Mrigashira Until 3:15PM Ayushman Until 8:44PM Balava Until 1:12AM Fri Ashtami* Until 1:56PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:22AM Sunset: 6:15PM	Sun 22 Sutra 333 Vilamba 5120 Moon 2 - Phase 45 Ashtami Sivaloka Day
Routine Work	Marana Yoga				Phalguna-Panguni		
			Karadaiyan Nombu (Tamil Nadu)				

Retreat Star		Friday, March 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	St. Helena, CA
Mithuna Rasi: 15.1	Tithi 9 – 10	131373368	Gulika 7:50AM – 9:20AM Yama 3:17PM – 4:47PM Rahu 10:49AM – 12:18PM	Ardra Until 2:07PM Saubhagya Until 6:05PM Taitila Until 11:14PM Navami* Until 12:17PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:21AM Sunset: 6:16PM	Sun 23 Sutra 334 Vilamba 5120 Moon 2 - Phase 45 Navami Subha Sivaloka Day
Creative Work	Siddha Yoga				Phalguna-Panguni		


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Mithuna Rasi: 29.19	Tithi 10 - 11	Gulika 6:19AM - 7:49AM	Punarvasu Until 12:41PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sun 24 Sutra 335
			Yama 1:48PM - 3:17PM	Sobhana Until 3:00PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Vilamba 5120
	141373368	Rahu 9:19AM - 10:48AM		Vanija Until 8:44PM	Nataraja: Clear		Moon 2 - Phase 46
Creative Work	Siddha Yoga		Dashami Until 10:02AM	Moon - Blue		4th Phase	
				Phalguna-Panguni		Sivaloka Day	

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Kataka Rasi: 13.5	Tithi 11 - 12	Gulika 3:18PM - 4:48PM	Pushya Until 10:36AM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Sun 25 Sutra 336
			Yama 12:18PM - 1:48PM	Athiganda* Until 11:29AM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Vilamba 5120
	141373368	Rahu 4:48PM - 6:18PM		Balava Until 4:07AM Mon	Nataraja: Clear		Moon 2 - Phase 46
Creative Work	Siddha Yoga		Ekadashi Until 7:16AM	Moon - Blue		4th Phase	
				Phalguna-Panguni		Sivaloka Day	

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA
	Kataka Rasi: 28.39	Tithi 13	Gulika 1:48PM - 3:18PM	Ashlesha* Until 8:01AM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Sun 26 Sutra 337
	Family Home Evening		Yama 10:47AM - 12:18PM	Sukarma Until 7:40AM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Vilamba 5120
	141373368	Rahu 7:47AM - 9:17AM		Kaulava Until 2:26PM	Nataraja: Clear		Moon 2 - Phase 46
Creative Work	Siddha Yoga		Trayodashi Until 12:41AM Tue	Moon - Blue		4th Phase	
Until 8:01AM		Yogaswami Mahasamadhi		Phalguna-Panguni		Sivaloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA
	Simha Rasi: 13.4	Tithi 14	Gulika 12:17PM - 1:48PM	Purvaphalguni Until 2:40AM Wed	Ganesha: White	<i>Sunrise:</i> 6:15AM	Sun 27 Sutra 338
			Yama 9:16AM - 10:47AM	Shula* Until 11:34PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
	151373368	Rahu 3:19PM - 4:49PM		Gara Until 10:56AM	Nataraja: Clear		Moon 2 - Phase 46
Creative Work	Siddha Yoga		Chaturdashi* Until 9:08PM	Moon - Red		4th Phase	
Until 2:40AM Wed				Phalguna-Panguni		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							

	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA
	Copper Retreat Star		Gulika 10:46AM - 12:17PM	Uttaraphalguni Until 11:50PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Sutra 339
	Simha Rasi: 28.45	Tithi 15 - 16	Yama 7:44AM - 9:15AM	Ganda* Until 7:31PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Vilamba 5120
	151373368	Rahu 12:17PM - 1:48PM		Visti Until 7:23AM	Nataraja: Clear		Moon 2 - Phase 46
Creative Work	Amrita Yoga		Purnima* Until 5:37PM	Moon - Red		Purnima	
Until 11:50PM		Panguni Uttiram		Phalguna-Panguni		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Holi					

5	Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				St. Helena, CA
	Silver Retreat Star		Gulika 9:14AM - 10:45AM	Hasta Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM	Sutra 340
	Kanya Rasi: 13.44	Tithi 16 - 17	Yama 6:12AM - 7:43AM	Vriddhi Until 3:41PM	Muruqa: White	<i>Sunset:</i> 6:22PM	Vilamba 5120
	161383368	Rahu 1:48PM - 3:19PM		Taitila Until 12:49AM Fri	Nataraja: Clear		Moon 2 - Phase 46
Routine Work	Marana Yoga		Prathama* Until 2:19PM	Moon - Green		Prathama	
Until 9:33PM				Phalguna-Panguni		Devaloka Day	
Then Creative Work - Siddha Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019
Gold Retreat Star

Kanya Rasi: 28.29 Tithi 17 – 18

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:42AM – 9:13AM
Yama 3:19PM – 4:51PM
Rahu 10:45AM – 12:16PM

Chitra Until 7:33PM
Dhruva Until 12:08PM
Vanija Until 10:09PM
Dvitiya Until 11:24AM

Ganesha: Yellow *Sunrise:* 6:10AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Clear
Moon – Green

St. Helena, CA
Sun 1 Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

1

Saturday, March 23, 2019

Tula Rasi: 12.52 Tithi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 6:09AM – 7:40AM
Yama 1:48PM – 3:20PM
Rahu 9:12AM – 10:44AM

Svati Until 6:02PM
Vyaghata* Until 9:03AM
Bava Until 8:07PM
Tritiya Until 9:02AM

Ganesha: Blue *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 6:24PM
Nataraja: Clear
Moon – Green

St. Helena, CA
Sun 2 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

2

Sunday, March 24, 2019

Tula Rasi: 26.48 Tithi 19 – 20

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 3:20PM – 4:52PM
Yama 12:16PM – 1:48PM
Rahu 4:52PM – 6:24PM

Vishakha Until 5:31PM
Harshana Until 6:33AM
Kaulava Until 6:50PM
Chaturthi* Until 7:21AM

Ganesha: Red *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 6:24PM
Nataraja: Clear
Moon – Orange

St. Helena, CA
Sun 3 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

3

Monday, March 25, 2019

Vrischika Rasi: 10.16 Tithi 20 – 21

Family Home Evening
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:48PM – 3:20PM
Yama 10:43AM – 12:15PM
Rahu 7:38AM – 9:10AM

Anuradha Until 5:43PM
Siddhi Until 3:31AM Tue
Gara Until 6:24PM
Panchami Until 6:29AM

Ganesha: Red *Sunrise:* 6:06AM
Muruqa: White *Sunset:* 6:25PM
Nataraja: Clear
Moon – Orange

St. Helena, CA
Sun 4 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

4

Tuesday, March 26, 2019

Vrischika Rasi: 23.15 Tithi 21 – 22

Routine Work Marana Yoga
Until 6:37PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 12:15PM – 1:48PM
Yama 9:10AM – 10:42AM
Rahu 3:21PM – 4:54PM

Jyeshtha* Until 6:37PM
Vyatipata* Until 3:02AM Wed
Visti Until 6:52PM
Shashthi* Until 6:30AM

Ganesha: Red *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 6:26PM
Nataraja: Clear
Moon – Orange

St. Helena, CA
Sun 5 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

D

Wednesday, March 27, 2019

Retreat Star

Dhanus Rasi: 5.49 Tithi 22 – 23

Routine Work Marana Yoga
Until 8:38PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:42AM – 12:15PM
Yama 7:36AM – 9:09AM
Rahu 12:15PM – 1:48PM

Mula* Until 8:38PM
Variyan Until 3:09AM Thu
Balava Until 8:10PM
Saptami Until 7:24AM

Ganesha: Green *Sunrise:* 6:02AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: Clear
Moon – Light Blue

St. Helena, CA
Sun 6 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

Thursday, March 28, 2019

Retreat Star

Dhanus Rasi: 18.04 Tithi 23 – 24

Creative Work Siddha Yoga
Until 11:10PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:08AM – 10:41AM
Yama 6:01AM – 7:34AM
Rahu 1:48PM – 3:21PM

Purvashadha* Until 11:10PM
Parigha* Until 3:45AM Fri
Taitila Until 10:09PM
Ashtami* Until 9:04AM

Ganesha: Green *Sunrise:* 6:01AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Clear
Moon – Light Blue

St. Helena, CA
Sun 7 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Navami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

1		Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		St. Helena, CA Sun 8 Sutra 348 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Makara Rasi: 0.03	Tithi 24 - 25	182383468	Gulika 7:33AM - 9:07AM Yama 3:22PM - 4:55PM Rahu 10:41AM - 12:14PM	Uttarashadha Until 1:57AM Sat Shiva Until 4:42AM Sat Vanija Until 12:36AM Sat Navami* Until 11:19AM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon - Light Blue Phalguna-Panguni	Sunrise: 5:59AM Sunset: 6:29PM	Devaloka Day
Routine Work Marana Yoga		Until 1:57AM Sat		Then Creative Work - Siddha Yoga			
2		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddha Yoga Visli/Bava Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 349 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Makara Rasi: 11.54	Tithi 25 - 26	192383468	Gulika 5:58AM - 7:32AM Yama 1:48PM - 3:22PM Rahu 9:06AM - 10:40AM	Shravana Until 5:17AM Sun Siddha Until 5:45AM Sun Bava Until 3:17AM Sun Dashami Until 1:54PM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 5:58AM Sunset: 6:30PM	Sivaloka Day
Creative Work Siddha Yoga		Until 5:17AM Sun		Then Routine Work - Marana Yoga			
3		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 350 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Makara Rasi: 23.4	Tithi 26 - 27	192383468	Gulika 3:22PM - 4:57PM Yama 12:14PM - 1:48PM Rahu 4:57PM - 6:31PM	Dhanishtha Until 8:25AM Mon Sadhya Until 6:47AM Mon Kaulava Until 5:56AM Mon Ekadashi* Until 4:36PM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 5:56AM Sunset: 6:31PM	Sivaloka Day
Routine Work Marana Yoga		Until 8:25AM Mon		Then Creative Work - Siddha Yoga			
4		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Taitila Karana Dvadashyam Titau		St. Helena, CA Sun 11 Sutra 351 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Kumbha Rasi: 5.28	Tithi 27	192483468	Gulika 1:48PM - 3:22PM Yama 10:39AM - 12:14PM Rahu 7:31AM - 9:05AM	Dhanishtha Until 8:25AM Sadhya Until 6:47AM Taitila Until 7:11PM Dvadashi* Until 7:11PM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 5:56AM Sunset: 6:31PM	Subha Sivaloka Day
Family Home Evening		Creative Work Siddha Yoga					
5		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 12 Sutra 352 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Kumbha Rasi: 17.2	Tithi 28	192483468	Gulika 12:13PM - 1:48PM Yama 9:04AM - 10:39AM Rahu 3:23PM - 4:57PM	Shatabhishak Until 11:10AM Subha Until 7:41AM Gara Until 8:23AM Trayodashi* Until 9:28PM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 5:55AM Sunset: 6:32PM	Subha Sivaloka Day
Routine Work Marana Yoga							
						<i>Pradosha Vrata (Fasting)</i>	
6		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada* Nakshatra Sukla/Brahma Yoga Visti/Sakuni* Karana Chaturdashyam Titau		St. Helena, CA Sun 13 Sutra 353 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	
Kumbha Rasi: 29.2	Tithi 29	112483468	Gulika 10:38AM - 12:13PM Yama 7:28AM - 9:03AM Rahu 12:13PM - 1:48PM	Purvaproshtapada* Until 1:55PM Sukla Until 8:17AM Visti Until 10:30AM Chaturdashi* Until 11:22PM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon - Clear Phalguna-Panguni	Sunrise: 5:53AM Sunset: 6:33PM	Sivaloka Day
Creative Work Amrita Yoga		Until 1:55PM		Then Creative Work - Siddha Yoga			
Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 14 Sutra 354 Vilamba 5120 Moon 3 - Phase 48 Amavasya	
Meena Rasi: 11.29	Tithi 30	112483468	Gulika 9:02AM - 10:37AM Yama 5:52AM - 7:27AM Rahu 1:48PM - 3:23PM	Uttaraproshtapada Until 4:06PM Brahma Until 8:36AM Catuspada Until 12:11PM Amavasya* Until 12:51AM Fri	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon - Clear Phalguna-Panguni	Sunrise: 5:52AM Sunset: 6:34PM	Sivaloka Day
Creative Work Siddha Yoga							
Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Helena, CA Sun 15 Sutra 355 Vilamba 5120 Moon 3 - Phase 48 Prathama	
Meena Rasi: 23.49	Tithi 1	113483468	Gulika 7:26AM - 9:01AM Yama 3:24PM - 4:59PM Rahu 10:37AM - 12:12PM	Revati Until 5:42PM Indra Until 8:37AM Kintughna Until 1:27PM Prathama* Until 1:54AM Sat	Ganesha: Light Blue Muruqa: Yellow Nataraja: Purple Moon - Clear Chaitra-Panguni	Sunrise: 5:50AM Sunset: 6:35PM	Devaloka Day
Creative Work Siddha Yoga		Until 5:42PM		Then Creative Work - Amrita Yoga			

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhrili/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
Mesha Rasi: 6.2	Tithi 2	Gulika 5:49AM – 7:25AM	Ashvini Until 7:13PM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	Sun 16	Sutra 356	Vilamba 5120
		Yama 1:48PM – 3:24PM	Vaidhrili* Until 8:15AM	Muruqa: Yellow	<i>Sunset:</i> 6:36PM			Moon 3 - Phase 49
		123483468 Rahu 9:00AM – 10:36AM	Balava Until 2:17PM	Nataraja: Purple				3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 2:31AM Sun	Moon – White				Devaloka Day
		Chellappaswami Mahasamadhi		Chaitra-Panguni				

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
Mesha Rasi: 19.03	Tithi 3	Gulika 3:24PM – 5:00PM	Bharani Until 8:12PM	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Sun 17	Sutra 357	Vilamba 5120
		Yama 12:12PM – 1:48PM	Vishkambha* Until 7:36AM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM			Moon 3 - Phase 49
		123483468 Rahu 5:00PM – 6:37PM	Taitila Until 2:42PM	Nataraja: Purple				3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 2:45AM Mon	Moon – White				Devaloka Day
Until 8:12PM				Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA
Vrishabha Rasi: 1.56	Tithi 4	Gulika 1:48PM – 3:25PM	Krittika Until 8:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM	Sun 18	Sutra 358	Vilamba 5120
Family Home Evening		Yama 10:35AM – 12:12PM	Priti Until 6:40AM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM			Moon 3 - Phase 49
		123483468 Rahu 7:22AM – 8:59AM	Vanija Until 2:45PM	Nataraja: Purple				3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 2:37AM Tue	Moon – White				Devaloka Day
Until 8:39PM				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
Vrishabha Rasi: 15.01	Tithi 5	Gulika 12:11PM – 1:48PM	Rohini Until 9:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	Sun 19	Sutra 359	Vilamba 5120
		Yama 8:58AM – 10:35AM	Saubhagya Until 3:53AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:39PM			Moon 3 - Phase 49
		133483468 Rahu 3:25PM – 5:02PM	Bava Until 2:26PM	Nataraja: Purple				3rd Phase
Creative Work	Amrita Yoga		Panchami Until 2:07AM Wed	Moon – Yellow				Sivaloka Day
Until 9:03PM				Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashtyayam Titau				St. Helena, CA
Vrishabha Rasi: 28.17	Tithi 6	Gulika 10:34AM – 12:11PM	Mrigashira Until 8:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Sun 20	Sutra 360	Vilamba 5120
		Yama 7:20AM – 8:57AM	Sobhana Until 2:04AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:39PM			Moon 3 - Phase 49
		133483468 Rahu 12:11PM – 1:48PM	Kaulava Until 1:44PM	Nataraja: Purple				3rd Phase
Creative Work	Siddha Yoga		Shashti* Until 1:14AM Thu	Moon – Yellow				Sivaloka Day
				Chaitra-Panguni				

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA
Mithuna Rasi: 11.46	Tithi 7	Gulika 8:56AM – 10:33AM	Ardra Until 8:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:41AM	Sun 21	Sutra 361	Vilamba 5120
		Yama 5:41AM – 7:19AM	Athiganda* Until 11:53PM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM			Moon 3 - Phase 49
		133483468 Rahu 1:48PM – 3:26PM	Gara Until 12:39PM	Nataraja: Purple				3rd Phase
Routine Work	Marana Yoga		Saptami Until 11:56PM	Moon – Yellow				Sivaloka Day
Until 8:16PM				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA
Retreat Star		Gulika 7:17AM – 8:55AM	Punarvasu Until 7:29PM	Ganesha: White	<i>Sunrise:</i> 5:40AM	Sun 22	Sutra 362	Vilamba 5120
Mithuna Rasi: 25.3	Tithi 8	Yama 3:26PM – 5:04PM	Sukarma Until 9:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:41PM			Moon 3 - Phase 49
		143483468 Rahu 10:33AM – 12:10PM	Visti Until 11:08AM	Nataraja: Purple				Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:13PM	Moon – Blue				Devaloka Day
Until 7:29PM				Chaitra-Panguni				
Then Routine Work - Marana Yoga								

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA
Retreat Star		Gulika 5:38AM – 7:16AM	Pushya Until 6:09PM	Ganesha: White	<i>Sunrise:</i> 5:38AM	Sun 23	Sutra 363	Vilamba 5120
Kataka Rasi: 9.29	Tithi 9	Yama 1:48PM – 3:26PM	Dhriti Until 6:35PM	Muruqa: Yellow	<i>Sunset:</i> 6:42PM			Moon 3 - Phase 49
		143483468 Rahu 8:54AM – 10:32AM	Balava Until 9:13AM	Nataraja: Purple				Navami
Creative Work	Siddha Yoga		Navami* Until 8:06PM	Moon – Blue				Devaloka Day
Until 6:09PM				Chaitra-Panguni				
Then Routine Work - Marana Yoga		Sri Rama Navami						

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Magha* Nakshatra Shula* Ganda* Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau			St. Helena, CA Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 23.43	Tithi 10 – 11	Gulika 3:27PM – 5:05PM	Ashlesha* Until 4:19PM	Ganesha: Clear <i>Sunrise:</i> 5:37AM	
		Yama 12:10PM – 1:48PM	Shula* Until 3:27PM	Muruqa: Yellow <i>Sunset:</i> 6:43PM	Moon 3 - Phase 1
	243483468	Rahu 5:05PM – 6:43PM	Taitila Until 6:55AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	
Until 4:19PM				Chaitra*Chaitra	Sivaloka Day
Then Routine Work - Marana Yoga		Tamil New Year	Dashami Until 5:37PM		

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Vridhhi* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau			St. Helena, CA Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 8.11	Tithi 11 – 12	Gulika 1:48PM – 3:27PM	Magha* Until 2:27PM	Ganesha: White <i>Sunrise:</i> 5:35AM	
Family Home Evening	253483468	Yama 10:31AM – 12:10PM	Ganda* Until 12:05PM	Muruqa: Yellow <i>Sunset:</i> 6:44PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	Rahu 7:14AM – 8:53AM	Bava Until 1:23AM Tue	Nataraja: Purple	4th Phase
Until 2:27PM				Moon – Red	
Then Creative Work - Siddha Yoga			Ekadashi Until 2:50PM	Chaitra*Chaitra	Devaloka Day

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			St. Helena, CA Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 22.49	Tithi 12 – 13	Gulika 12:09PM – 1:48PM	Purvaphalguni Until 12:16PM	Ganesha: White <i>Sunrise:</i> 5:34AM	
		Yama 8:52AM – 10:31AM	Vridhhi Until 8:33AM	Muruqa: Yellow <i>Sunset:</i> 6:45PM	Moon 3 - Phase 1
	253483468	Rahu 3:27PM – 5:06PM	Kaulava Until 10:22PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Red	
Until 12:16PM			Dvadashi Until 11:52AM	Chaitra*Chaitra	Devaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			St. Helena, CA Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 7.31	Tithi 13 – 14	Gulika 10:30AM – 12:09PM	Uttaraphalguni Until 9:53AM	Ganesha: White <i>Sunrise:</i> 5:32AM	
		Yama 7:12AM – 8:51AM	Vyaghata* Until 1:22AM Thu	Muruqa: Yellow <i>Sunset:</i> 6:46PM	Moon 3 - Phase 1
	253483468	Rahu 12:09PM – 1:48PM	Gara Until 7:22PM	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga			Moon – Red	
Until 9:53AM			Trayodashi Until 8:50AM	Chaitra*Chaitra	Devaloka Day
Then Routine Work - Marana Yoga					

Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau			St. Helena, CA Sutra 4 Vikarin 5121
Copper Retreat Star		Gulika 8:50AM – 10:30AM	Hasta Until 7:51AM	Ganesha: Yellow <i>Sunrise:</i> 5:31AM	
Kanya Rasi: 22.11	Tithi 15	Yama 5:31AM – 7:11AM	Harshana Until 9:59PM	Muruqa: Yellow <i>Sunset:</i> 6:47PM	Moon 3 - Phase 1
	263483468	Rahu 1:48PM – 3:28PM	Visti Until 4:30PM	Nataraja: Purple	Purnima
Routine Work	Marana Yoga			Moon – Green	
Until 7:51AM			Purnima* Until 3:09AM Fri	Chaitra*Chaitra	Sivaloka Day
Then Creative Work - Siddha Yoga		Chitra Purnima (Tamil Nadu) Hanuman Jayanti			

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau			St. Helena, CA Sutra 5 Vikarin 5121
Silver Retreat Star		Gulika 7:09AM – 8:49AM	Svati Until 4:17AM Sat	Ganesha: Yellow <i>Sunrise:</i> 5:30AM	
Tula Rasi: 6.41	Tithi 16	Yama 3:28PM – 5:08PM	Vajra* Until 6:51PM	Muruqa: Yellow <i>Sunset:</i> 6:48PM	Moon 3 - Phase 1
	263483468	Rahu 10:29AM – 12:09PM	Balava Until 1:57PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga			Moon – Green	
			Prathama* Until 12:49AM Sat	Chaitra*Chaitra	Sivaloka Day