



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Varyan Yoga Gara Karana Dvitiyayam Titau

Springfield, OR  
Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 5.13    Tithi 17  
273832369  
Creative Work    Siddha Yoga

**Gulika** 12:09PM – 1:56PM  
Yama 8:37AM – 10:23AM  
**Rahu** 3:42PM – 5:29PM

**Anuradha Until 4:05AM Wed**  
Varyan Until 7:48PM  
Gara Until 6:09PM  
**Dvitiya Until 6:09PM**

**Ganesha:** Purple    *Sunrise:* 5:04AM  
**Muruqa:** White    *Sunset:* 7:15PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Springfield, OR  
Sun 1    Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 17.38    Tithi 18  
273832369  
Creative Work    Siddha Yoga

**Gulika** 10:23AM – 12:09PM  
Yama 6:49AM – 8:36AM  
**Rahu** 12:09PM – 1:56PM

**Jyeshtha\* Until 6:08AM Thu**  
Parigha\* Until 7:56PM  
Vanija Until 6:49AM  
**Tritiya Until 7:34PM**

**Ganesha:** Purple    *Sunrise:* 5:02AM  
**Muruqa:** White    *Sunset:* 7:16PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Springfield, OR  
Sun 2    Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 29.5    Tithi 19  
274832369  
Routine Work    Prabalarishta Yoga  
Until 6:08AM  
Then Creative Work - Siddha Yoga

**Gulika** 8:35AM – 10:22AM  
Yama 5:01AM – 6:48AM  
**Rahu** 1:56PM – 3:43PM

**Jyeshtha\* Until 6:08AM**  
Shiva Until 8:28PM  
Bava Until 8:30AM  
**Chaturthi\* Until 9:30PM**

**Ganesha:** Clear    *Sunrise:* 5:01AM  
**Muruqa:** White    *Sunset:* 7:18PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Springfield, OR  
Sun 3    Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 11.5    Tithi 20  
284832369  
Creative Work    Amrita Yoga  
Until 8:59AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 6:47AM – 8:34AM  
Yama 3:44PM – 5:31PM  
**Rahu** 10:22AM – 12:09PM

**Mula\* Until 8:59AM**  
Siddha Until 9:17PM  
Kaulava Until 10:39AM  
**Panchami Until 11:50PM**

**Ganesha:** White    *Sunrise:* 5:00AM  
**Muruqa:** White    *Sunset:* 7:19PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Springfield, OR  
Sun 4    Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 23.43    Tithi 21  
284832369  
Creative Work    Siddha Yoga  
Until 11:59AM  
Then Routine Work - Marana Yoga

**Gulika** 4:58AM – 6:46AM  
Yama 1:57PM – 3:44PM  
**Rahu** 8:34AM – 10:21AM

**Purvashadha\* Until 11:59AM**  
Sadhya Until 10:18PM  
Gara Until 1:07PM  
**Shashthi\* Until 2:23AM Sun**

**Ganesha:** White    *Sunrise:* 4:58AM  
**Muruqa:** White    *Sunset:* 7:20PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Springfield, OR  
Sun 5    Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Makara Rasi: 5.31    Tithi 22  
284832369  
Creative Work    Amrita Yoga

**Gulika** 3:45PM – 5:33PM  
Yama 12:09PM – 1:57PM  
**Rahu** 5:33PM – 7:21PM

**Uttarashadha Until 2:55PM**  
Subha Until 11:22PM  
Visti Until 3:42PM  
**Saptami Until 4:56AM Mon**

**Ganesha:** White    *Sunrise:* 4:57AM  
**Muruqa:** White    *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Balava Karana Ashtamyam Titau

Springfield, OR  
Sun 6    Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Makara Rasi: 17.2    Tithi 23  
294832369  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 6:04PM  
Then Creative Work - Siddha Yoga

**Gulika** 1:57PM – 3:46PM  
Yama 10:21AM – 12:09PM  
**Rahu** 6:44AM – 8:32AM

**Shravana Until 6:04PM**  
Sukla Until 12:14AM Tue  
Balava Until 6:08PM  
**Ashtami\* Until 7:12AM Tue**

**Ganesha:** Yellow    *Sunrise:* 4:56AM  
**Muruqa:** White    *Sunset:* 7:22PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Springfield, OR  
Sun 7    Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

Makara Rasi: 29.16    Tithi 23 – 24  
294832369  
Creative Work    Siddha Yoga  
Until 8:40PM  
Then Routine Work - Marana Yoga

**Gulika** 12:09PM – 1:57PM  
Yama 8:32AM – 10:20AM  
**Rahu** 3:46PM – 5:35PM

**Dhanishtha Until 8:40PM**  
Brahma Until 12:46AM Wed  
Taitila Until 8:10PM  
**Ashtami\* Until 7:12AM**

**Ganesha:** Yellow    *Sunrise:* 4:54AM  
**Muruqa:** White    *Sunset:* 7:23PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang


|          |                               |                              |   |                                   |                         |                             |                               |
|----------|-------------------------------|------------------------------|---|-----------------------------------|-------------------------|-----------------------------|-------------------------------|
| <b>1</b> | <b>Wednesday, May 9, 2018</b> |                              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                                   |                         |                             | Springfield, OR               |
|          | Kumbha Rasi: 11.24            | Tithi 24 – 25                | <b>Gulika</b> 10:20AM – 12:09PM   | <b>Shatabhishak</b> Until 10:30PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:53AM      | Sun 8<br>Sutra 24             |
|          | 294832369                     | <b>Rahu</b> 12:09PM – 1:58PM | Yama 6:42AM – 8:31AM  | Indra Until 12:49AM Thu           | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:25PM       | Vilamba 5120                  |
|          | Creative Work Siddha Yoga     | Until 10:30PM                | Then Creative Work - Amrita Yoga  | Vanija Until 9:35PM               | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 4<br>2nd Phase |
|          |                               |                              | <b>Navami*</b> Until 8:57AM   | <b>Moon – Purple</b>              | <b>Bhuloka Day</b>      | Devaloka Time: 9:AM to12:PM |                               |

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|----------|-------------------------------|-----------------------------|--|--|-------------------------|-----------------------------|-------------------------------|
| <b>2</b> | <b>Thursday, May 10, 2018</b> |                             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  |                         |                             | Springfield, OR               |
|          | Kumbha Rasi: 23.49            | Tithi 25 – 26               | <b>Gulika</b> 8:30AM – 10:19AM   | <b>Purvaproshtapada*</b> Until 11:55PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:52AM      | Sun 9<br>Sutra 25             |
|          | 214832369                     | <b>Rahu</b> 1:58PM – 3:47PM | Yama 4:52AM – 6:41AM   | Vaidhriti* Until 12:14AM Fri           | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:26PM       | Vilamba 5120                  |
|          | Creative Work Siddha Yoga     | Until 10:30PM               | Then Creative Work - Amrita Yoga   | Bava Until 10:14PM                     | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 4<br>2nd Phase |
|          |                               |                             | <b>Dashami</b> Until 10:00AM   | <b>Moon – Clear</b>                    | <b>Bhuloka Day</b>      | Devaloka Time: 9:AM to12:PM |                               |
|          |                               |                             |  | <b>Vaisaka-Chaitra</b>                 |                         |                             |                               |

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|----------|-----------------------------|-------------------------------|--|--|-------------------------|------------------------|-------------------------------|
| <b>3</b> | <b>Friday, May 11, 2018</b> |                               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  |                         |                        | Springfield, OR               |
|          | Meena Rasi: 7               | Tithi 26 – 27                 | <b>Gulika</b> 6:40AM – 8:30AM  | <b>Uttaraproshtapada</b> Until 12:22AM Sat | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:51AM | Sun 10<br>Sutra 26            |
|          | 214932369                   | <b>Rahu</b> 10:19AM – 12:09PM | Yama 3:48PM – 5:37PM   | Vishkambha* Until 11:01PM                  | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:27PM  | Vilamba 5120                  |
|          | Creative Work Siddha Yoga   | Until 12:22AM Sat             | Then Routine Work - Prabalarishta Yoga   | Kaulava Until 10:03PM                      | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 4<br>2nd Phase |
|          |                             |                               | <b>Ekadashi*</b> Until 10:14AM   | <b>Moon – Clear</b>                        | <b>Bhuloka Day</b>      |                        |                               |
|          |                             |                               |  | <b>Vaisaka-Chaitra</b>                     |                         |                        |                               |

|          |                                 |                              |   |                                 |                         |                        |                               |
|----------|---------------------------------|------------------------------|---|---------------------------------|-------------------------|------------------------|-------------------------------|
| <b>4</b> | <b>Saturday, May 12, 2018</b>   |                              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                                 |                         |                        | Springfield, OR               |
|          | Meena Rasi: 19.47               | Tithi 27 – 28                | <b>Gulika</b> 4:49AM – 6:39AM   | <b>Revati</b> Until 11:53PM     | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:49AM | Sun 11<br>Sutra 27            |
|          | 214932369                       | <b>Rahu</b> 8:29AM – 10:19AM | Yama 1:58PM – 3:48PM  | Priti Until 9:10PM              | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:28PM  | Vilamba 5120                  |
|          | Routine Work Prabalarishta Yoga | Until 11:53PM                | Then Creative Work - Siddha Yoga  | Gara Until 9:05PM               | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 4<br>2nd Phase |
|          |                                 |                              | <b>Dvadashi*</b> Until 9:39AM   | <b>Moon – Clear</b>             | <b>Bhuloka Day</b>      |                        |                               |
|          |                                 |                              |   | <b>Vaisaka-Chaitra</b>          |                         |                        |                               |
|          |                                 |                              |   | <i>Pradosha Vrata (Fasting)</i> |                         |                        |                               |

|          |                             |                             |   |                              |                         |                        |                               |
|----------|-----------------------------|-----------------------------|---|------------------------------|-------------------------|------------------------|-------------------------------|
| <b>5</b> | <b>Sunday, May 13, 2018</b> |                             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                              |                         |                        | Springfield, OR               |
|          | Mesha Rasi: 3.25            | Tithi 28 – 29               | <b>Gulika</b> 3:49PM – 5:39PM   | <b>Ashvini</b> Until 11:01PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:48AM | Sun 12<br>Sutra 28            |
|          | 224932369                   | <b>Rahu</b> 5:39PM – 7:29PM | Yama 12:09PM – 1:59PM   | Ayushman Until 6:45PM        | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:29PM  | Vilamba 5120                  |
|          | Creative Work Siddha Yoga   | Until 11:01PM               | Then Routine Work - Prabalarishta Yoga  | Visti Until 7:24PM           | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 4<br>2nd Phase |
|          |                             |                             | <b>Trayodashi*</b> Until 8:18AM   | <b>Moon – White</b>          | <b>Bhuloka Day</b>      |                        |                               |
|          |                             |                             |   | <b>Vaisaka-Chaitra</b>       |                         |                        |                               |
|          |                             |                             | <b>Mother's Day</b>   |                              |                         |                        |                               |

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|---|-----------------------------|---------------------------------|--|-----------------------------|-------------------------|------------------------|------------------------------|
|  | <b>Monday, May 14, 2018</b> |                                 | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |                             |                         |                        | Springfield, OR              |
|   | <b>Retreat Star</b>         |                                 | <b>Gulika</b> 1:59PM – 3:49PM  | <b>Bharani</b> Until 9:28PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 4:47AM | Sun 13<br>Sutra 29           |
|   | Mesha Rasi: 17.26           | Tithi 29 – 30                   | Yama 10:18AM – 12:09PM   | Saubhagya Until 3:51PM      | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:30PM  | Vilamba 5120                 |
|   | <b>Family Home Evening</b>  | 224932369                       | <b>Rahu</b> 6:37AM – 8:28AM  | Naga Until 3:51AM Tue       | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 4<br>Amavasya |
| Creative Work Siddha Yoga   | Until 9:28PM                | Then Routine Work - Marana Yoga | <b>Chaturdashi*</b> Until 6:20AM   | <b>Moon – White</b>         | <b>Bhuloka Day</b>      |                        |                              |
|   |                             |                                 |  | <b>Vaisaka-Vaikasi</b>      |                         |                        |                              |

|                           |                              |                                  |   |                                   |                         |                             |                              |
|---------------------------|------------------------------|----------------------------------|---|-----------------------------------|-------------------------|-----------------------------|------------------------------|
| <b>6</b>                  | <b>Tuesday, May 15, 2018</b> |                                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau |                                   |                         |                             | Springfield, OR              |
|                           | <b>Retreat Star</b>          |                                  | <b>Gulika</b> 12:09PM – 1:59PM  | <b>Krittika</b> Until 7:22PM      | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 4:46AM      | Sun 14<br>Sutra 30           |
|                           | Vrishabha Rasi: 1.47         | Tithi 1                          | Yama 8:27AM – 10:18AM   | Sobhana Until 12:37PM             | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:31PM       | Vilamba 5120                 |
|                           | 225932369                    | <b>Rahu</b> 3:50PM – 5:41PM      | Kintughna Until 2:29PM  | <b>Prathama*</b> Until 1:01AM Wed | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 4<br>Prathama |
| Creative Work Siddha Yoga | Until 7:22PM                 | Then Creative Work - Amrita Yoga |   | <b>Moon – White</b>               | <b>Bhuloka Day</b>      | Devaloka Time: 9:AM to12:PM |                              |
|                           |                              |                                  |   | <b>Jyeshtha Adhika-Vaikasi</b>    |                         |                             |                              |

|          |                                |             |   |                                |                         |   |                  |
|----------|--------------------------------|-------------|---|--------------------------------|-------------------------|---|------------------|
| <b>1</b> | <b>Wednesday, May 16, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Athiganda* / Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                |                         |   | Springfield, OR  |
|          | Vrishabha Rasi: 16.23          | Tithi 2     | <b>Gulika</b> 10:18AM – 12:09PM   | <b>Rohini</b> Until 5:20PM     | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:45AM                            | Sun 15 Sutra 31  |
|          |                                |             | Yama 6:36AM – 8:27AM  | Athiganda* Until 9:08AM        | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:32PM                             | Vilamba 5120     |
|          | Creative Work                  | Siddha Yoga | 235932369 <b>Rahu</b> 12:09PM – 2:00PM  | Balava Until 11:33AM           | <b>Nataraja:</b> Purple |   | Moon 4 - Phase 5 |
|          |                                |             | Dvitiya Until 10:01PM   | Moon – Yellow                  |                         | 3rd Phase   |                  |
|          |                                |             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                  |

|          |                               |             |   |                                |                         |   |                  |
|----------|-------------------------------|-------------|---|--------------------------------|-------------------------|---|------------------|
| <b>2</b> | <b>Thursday, May 17, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau |                                |                         |   | Springfield, OR  |
|          | Mithuna Rasi: 1.05            | Tithi 3     | <b>Gulika</b> 8:26AM – 10:17AM  | <b>Mrigashira</b> Until 3:05PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:44AM                            | Sun 16 Sutra 32  |
|          |                               |             | Yama 4:44AM – 6:35AM  | Dhriti Until 2:00AM Fri        | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:33PM                             | Vilamba 5120     |
|          | Routine Work                  | Marana Yoga | 235932369 <b>Rahu</b> 2:00PM – 3:51PM   | Taitila Until 8:30AM           | <b>Nataraja:</b> Purple |   | Moon 4 - Phase 5 |
|          |                               |             | Tritiya Until 6:58PM  | Moon – Yellow                  |                         | 3rd Phase   |                  |
|          |                               |             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                  |

|          |                             |             |  |                                |                         |   |                  |
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| <b>3</b> | <b>Friday, May 18, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                |                         |   | Springfield, OR  |
|          | Mithuna Rasi: 15.47         | Tithi 4 – 5 | <b>Gulika</b> 6:34AM – 8:26AM  | <b>Ardra</b> Until 12:46PM     | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:43AM                            | Sun 17 Sutra 33  |
|          |                             |             | Yama 3:52PM – 5:43PM   | Shula* Until 10:32PM           | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:35PM                             | Vilamba 5120     |
|          | Creative Work               | Siddha Yoga | 235932369 <b>Rahu</b> 10:17AM – 12:09PM  | Bava Until 2:37AM Sat          | <b>Nataraja:</b> Purple |   | Moon 4 - Phase 5 |
|          |                             |             | Chaturthi* Until 4:00PM  | Moon – Yellow                  |                         | 3rd Phase   |                  |
|          |                             |             |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                  |

|          |                               |             |   |                                |                         |                        |                  |
|----------|-------------------------------|-------------|---|--------------------------------|-------------------------|------------------------|------------------|
| <b>4</b> | <b>Saturday, May 19, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                |                         |                        | Springfield, OR  |
|          | Kataka Rasi: 0.22             | Tithi 5 – 6 | <b>Gulika</b> 4:42AM – 6:34AM   | <b>Punarvasu</b> Until 10:55AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:42AM | Sun 18 Sutra 34  |
|          |                               |             | Yama 2:00PM – 3:52PM  | Ganda* Until 7:16PM            | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:36PM  | Vilamba 5120     |
|          | Creative Work                 | Siddha Yoga | 245932369 <b>Rahu</b> 8:25AM – 10:17AM  | Kaulava Until 12:00AM Sun      | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 5 |
|          |                               |             | Panchami Until 1:15PM   | Moon – Blue                    |                         | 3rd Phase              |                  |
|          |                               |             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Devaloka Day</b>    |                  |

|          |                             |             |  |                                |                         |                        |                  |
|----------|-----------------------------|-------------|--|--------------------------------|-------------------------|------------------------|------------------|
| <b>5</b> | <b>Sunday, May 20, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                |                         |                        | Springfield, OR  |
|          | Kataka Rasi: 14.45          | Tithi 6 – 7 | <b>Gulika</b> 3:53PM – 5:45PM  | <b>Pushya</b> Until 9:13AM     | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:41AM | Sun 19 Sutra 35  |
|          |                             |             | Yama 12:09PM – 2:01PM  | Vriddhi Until 4:17PM           | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:37PM  | Vilamba 5120     |
|          | Creative Work               | Siddha Yoga | 245932369 <b>Rahu</b> 5:45PM – 7:37PM  | Gara Until 9:43PM              | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 5 |
|          |                             |             | Shashthi* Until 10:48AM  | Moon – Blue                    |                         | 3rd Phase              |                  |
|          |                             |             |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Devaloka Day</b>    |                  |

|                             |                            |             |   |                                |                         |                        |                  |
|-----------------------------|----------------------------|-------------|---|--------------------------------|-------------------------|------------------------|------------------|
| <b>Monday, May 21, 2018</b> | <b>Retreat Star</b>        |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                |                         |                        | Springfield, OR  |
|                             | Kataka Rasi: 28.53         | Tithi 7 – 8 | <b>Gulika</b> 2:01PM – 3:53PM   | <b>Ashlesha*</b> Until 7:44AM  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:40AM | Sun 20 Sutra 36  |
|                             | <b>Family Home Evening</b> |             | Yama 10:17AM – 12:09PM  | Dhruva Until 1:35PM            | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:38PM  | Vilamba 5120     |
|                             | Creative Work              | Siddha Yoga | 245932369 <b>Rahu</b> 6:32AM – 8:24AM   | Visti Until 7:49PM             | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 5 |
|                             |                            |             | Saptami Until 8:42AM  | Moon – Blue                    |                         | Ashtami                |                  |
|                             |                            |             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Devaloka Day</b>    |                  |

|                              |                     |             |   |                                |                         |   |                  |
|------------------------------|---------------------|-------------|---|--------------------------------|-------------------------|---|------------------|
| <b>Tuesday, May 22, 2018</b> | <b>Retreat Star</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                |                         |   | Springfield, OR  |
|                              | Simha Rasi: 12.47   | Tithi 8 – 9 | <b>Gulika</b> 12:09PM – 2:01PM  | <b>Magha*</b> Until 6:55AM     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:39AM                            | Sun 21 Sutra 37  |
|                              |                     |             | Yama 8:24AM – 10:16AM   | Vyaghata* Until 11:13AM        | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:39PM                             | Vilamba 5120     |
|                              | Creative Work       | Siddha Yoga | 255932369 <b>Rahu</b> 3:54PM – 5:46PM   | Balava Until 6:19PM            | <b>Nataraja:</b> Purple |   | Moon 4 - Phase 5 |
|                              |                     |             | Ashtami* Until 7:00AM   | Moon – Red                     |                         | Navami  |                  |
|                              |                     |             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                  |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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|               |                                |                              |   |                                   |                         |                              |                  |
|---------------|--------------------------------|------------------------------|---|-----------------------------------|-------------------------|------------------------------|------------------|
| <b>1</b>      | <b>Wednesday, May 23, 2018</b> |                              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Dashamyam Titau |                                   |                         |                              | Springfield, OR  |
|               | Simha Rasi: 26.26              | Tithi 10                     | <b>Gulika</b> 10:16AM – 12:09PM   | <b>Purvaphalguni Until 6:23AM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:38AM       | Sun 22 Sutra 38  |
|               |                                |                              | Yama 6:31AM – 8:24AM  | Harshana Until 9:12AM             | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:40PM        | Vilamba 5120     |
|               | 255932369                      | <b>Rahu</b> 12:09PM – 2:02PM |   | Taitila Until 5:13PM              | <b>Nataraja:</b> Purple |                              | Moon 4 - Phase 6 |
| Creative Work | Amrita Yoga                    |                              | <b>Dashami Until 4:48AM Thu</b>   | Moon – Red                        |                         | 4th Phase                    |                  |
|               |                                |                              |   | <b>Jyeshtha Adhika-Vaikasi</b>    |                         | <b>Bhuloka Day</b>           |                  |
|               |                                |                              |   |                                   |                         | Devaloka Time: 9:AM to 12:PM |                  |

|                                 |                               |                             |  |                                    |                         |                              |                  |
|---------------------------------|-------------------------------|-----------------------------|--|------------------------------------|-------------------------|------------------------------|------------------|
| <b>2</b>                        | <b>Thursday, May 24, 2018</b> |                             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau |                                    |                         |                              | Springfield, OR  |
|                                 | Kanya Rasi: 9.52              | Tithi 11                    | <b>Gulika</b> 8:23AM – 10:16AM   | <b>Uttaraphalguni Until 6:05AM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:37AM       | Sun 23 Sutra 39  |
|                                 |                               |                             | Yama 4:37AM – 6:30AM   | Vajra* Until 7:28AM                | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:41PM        | Vilamba 5120     |
|                                 | 255932369                     | <b>Rahu</b> 2:02PM – 3:55PM |  | Vanija Until 4:31PM                | <b>Nataraja:</b> Purple |                              | Moon 4 - Phase 6 |
|                                 | Amrita Yoga                   |                             | <b>Ekadashi Until 4:18AM Fri</b>   | Moon – Red                         |                         | 4th Phase                    |                  |
| Until 6:05AM                    |                               |                             |  | <b>Jyeshtha Adhika-Vaikasi</b>     |                         | <b>Bhuloka Day</b>           |                  |
| Then Routine Work - Marana Yoga |                               |                             |  |                                    |                         | Devaloka Time: 9:AM to 12:PM |                  |

|                                  |                             |                               |  |                                |                         |                        |                  |
|----------------------------------|-----------------------------|-------------------------------|--|--------------------------------|-------------------------|------------------------|------------------|
| <b>3</b>                         | <b>Friday, May 25, 2018</b> |                               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddhi/Vyaptipata* Yoga Bava/Balava Karana Dvadashyam Titau |                                |                         |                        | Springfield, OR  |
|                                  | Kanya Rasi: 23.04           | Tithi 12                      | <b>Gulika</b> 6:30AM – 8:23AM  | <b>Hasta Until 6:28AM</b>      | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:37AM | Sun 24 Sutra 40  |
|                                  |                             |                               | Yama 3:55PM – 5:49PM   | Siddhi Until 6:04AM            | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:42PM  | Vilamba 5120     |
|                                  | 366932369                   | <b>Rahu</b> 10:16AM – 12:09PM |  | Bava Until 4:12PM              | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 6 |
|                                  | Amrita Yoga                 |                               | <b>Dvadashi Until 4:11AM Sat</b>   | Moon – Green                   |                         | 4th Phase              |                  |
| Creative Work                    | Amrita Yoga                 |                               |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>     |                  |
| Until 6:28AM                     |                             |                               |  |                                |                         |                        |                  |
| Then Creative Work - Siddha Yoga |                             |                               |  |                                |                         |                        |                  |

|                                  |                               |                              |   |                                |                         |                        |                  |
|----------------------------------|-------------------------------|------------------------------|---|--------------------------------|-------------------------|------------------------|------------------|
| <b>4</b>                         | <b>Saturday, May 26, 2018</b> |                              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Varyyan Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                |                         |                        | Springfield, OR  |
|                                  | Tula Rasi: 6.05               | Tithi 13                     | <b>Gulika</b> 4:36AM – 6:29AM   | <b>Chitra Until 7:05AM</b>     | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:36AM | Sun 25 Sutra 41  |
|                                  |                               |                              | Yama 2:03PM – 3:56PM  | Varyyan Until 4:11AM Sun       | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:43PM  | Vilamba 5120     |
|                                  | 366932369                     | <b>Rahu</b> 8:23AM – 10:16AM |   | Kaulava Until 4:17PM           | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 6 |
|                                  | Marana Yoga                   |                              | <b>Trayodashi Until 4:27AM Sun</b>  | Moon – Green                   |                         | 4th Phase              |                  |
| Routine Work                     | Marana Yoga                   |                              |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>     |                  |
| Until 7:05AM                     |                               |                              |   |                                |                         |                        |                  |
| Then Creative Work - Siddha Yoga |                               |                              |   |                                |                         | <i>Pradosha Vrata</i>  |                  |

|                                 |                             |                             |   |                                |                         |                        |                  |
|---------------------------------|-----------------------------|-----------------------------|---|--------------------------------|-------------------------|------------------------|------------------|
| <b>5</b>                        | <b>Sunday, May 27, 2018</b> |                             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                |                         |                        | Springfield, OR  |
|                                 | Tula Rasi: 18.53            | Tithi 14                    | <b>Gulika</b> 3:56PM – 5:50PM   | <b>Svati Until 7:56AM</b>      | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:35AM | Sun 26 Sutra 42  |
|                                 |                             |                             | Yama 12:09PM – 2:03PM   | Parigha* Until 3:44AM Mon      | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:44PM  | Vilamba 5120     |
|                                 | 366932369                   | <b>Rahu</b> 5:50PM – 7:44PM |   | Gara Until 4:46PM              | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 6 |
|                                 | Siddha Yoga                 |                             | <b>Chaturdashi* Until 5:09AM Mon</b>  | Moon – Green                   |                         | 4th Phase              |                  |
| Creative Work                   | Siddha Yoga                 |                             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>     |                  |
| Until 7:56AM                    |                             | <b>Vaikasi Visakam</b>      |   |                                |                         |                        |                  |
| Then Routine Work - Marana Yoga |                             |                             |   |                                |                         |                        |                  |

|                                  |                             |          |   |                                |                         |                             |                  |
|----------------------------------|-----------------------------|----------|---|--------------------------------|-------------------------|-----------------------------|------------------|
| <b>○</b>                         | <b>Monday, May 28, 2018</b> |          | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau |                                |                         |                             | Springfield, OR  |
|                                  | <b>Copper Retreat Star</b>  |          | <b>Gulika</b> 2:03PM – 3:57PM   | <b>Vishakha Until 9:30AM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:34AM      | Sun 27 Sutra 43  |
|                                  | Vrischika Rasi: 1.29        | Tithi 15 | Yama 10:16AM – 12:09PM  | Shiva Until 3:39AM Tue         | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:44PM       | Vilamba 5120     |
|                                  | <b>Family Home Evening</b>  |          | <b>Rahu</b> 6:28AM – 8:22AM   | Visti Until 5:41PM             | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 6 |
|                                  | Marana Yoga                 |          | <b>Purnima* Until 6:17AM Tue</b>  | Moon – Orange                  |                         | Purnima                     |                  |
| Routine Work                     | Marana Yoga                 |          |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>          |                  |
| Until 9:30AM                     |                             |          |   |                                |                         | Devaloka Time: 6:AM to 9:AM |                  |
| Then Creative Work - Siddha Yoga |                             |          |   |                                |                         |                             |                  |

|                                 |                              |               |   |                                |                         |                             |                  |
|---------------------------------|------------------------------|---------------|---|--------------------------------|-------------------------|-----------------------------|------------------|
| <b>○</b>                        | <b>Tuesday, May 29, 2018</b> |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                |                         |                             | Springfield, OR  |
|                                 | <b>Silver Retreat Star</b>   |               | <b>Gulika</b> 12:10PM – 2:04PM  | <b>Anuradha Until 11:22AM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:34AM      | Sun 28 Sutra 44  |
|                                 | Vrischika Rasi: 13.55        | Tithi 15 – 16 | Yama 8:22AM – 10:16AM   | Siddha Until 3:53AM Wed        | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:45PM       | Vilamba 5120     |
|                                 | <b>Family Home Evening</b>   |               | <b>Rahu</b> 3:57PM – 5:51PM   | Balava Until 7:03PM            | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 6 |
|                                 | Marana Yoga                  |               | <b>Purnima* Until 6:17AM</b>  | Moon – Orange                  |                         | Prathama                    |                  |
| Routine Work                    | Siddha Yoga                  |               |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>          |                  |
| Until 11:22AM                   |                              |               |   |                                |                         | Devaloka Time: 6:AM to 9:AM |                  |
| Then Routine Work - Marana Yoga |                              |               |   |                                |                         |                             |                  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



**Wednesday, May 30, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Jyeshtha\*/Mula\* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Springfield, OR  
 Sutra 45

Vrischika Rasi: 26.08 Tithi 16 – 17

**Gulika** 10:16AM – 12:10PM  
 Yama 6:27AM – 8:21AM  
 Rahu 12:10PM – 2:04PM

**Jyeshtha\* Until 1:29PM**  
 Sadhya Until 4:27AM Thu  
 Taitila Until 8:51PM  
 Prathama\* Until 7:52AM

**Ganesha:** Clear *Sunrise:* 4:33AM  
**Muruqa:** White *Sunset:* 7:46PM

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

Creative Work Siddha Yoga  
 Until 1:29PM  
 Then Routine Work - Marana Yoga

**Nataraja:** Purple  
 Moon – Orange  
**Bhuloka Day**  
 Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM

**1**

**Thursday, May 31, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Mula\*/Purvashadha\* Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Springfield, OR  
 Sun 1 Sutra 46

Dhanus Rasi: 8.11 Tithi 17 – 18

**Gulika** 8:21AM – 10:16AM  
 Yama 4:33AM – 6:27AM  
 Rahu 2:04PM – 3:58PM

**Mula\* Until 4:19PM**  
 Subha Until 5:18AM Fri  
 Vanija Until 11:02PM  
 Dvitiya Until 9:53AM

**Ganesha:** White *Sunrise:* 4:33AM  
**Muruqa:** White *Sunset:* 7:47PM

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

Creative Work Siddha Yoga

**Nataraja:** Purple  
 Moon – Light Blue  
**Bhuloka Day**  
 Jyeshtha Adhika-Vaikasi

**2**

**Friday, June 1, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Purvashadha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Springfield, OR  
 Sun 2 Sutra 47

Dhanus Rasi: 20.06 Tithi 18 – 19

**Gulika** 6:27AM – 8:21AM  
 Yama 3:59PM – 5:53PM  
 Rahu 10:16AM – 12:10PM

**Purvashadha\* Until 7:17PM**  
 Sukla Until 6:20AM Sat  
 Bava Until 1:30AM Sat  
 Tritiya Until 12:13PM

**Ganesha:** Yellow *Sunrise:* 4:32AM  
**Muruqa:** White *Sunset:* 7:48PM

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

Routine Work Prabalarishta Yoga  
 Until 7:17PM  
 Then Routine Work - Marana Yoga

**Nataraja:** Purple  
 Moon – Light Blue  
**Bhuloka Day**  
 Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

**3**

**Saturday, June 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
 Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Springfield, OR  
 Sun 3 Sutra 48

Makara Rasi: 1.55 Tithi 19 – 20

**Gulika** 4:32AM – 6:26AM  
 Yama 2:05PM – 3:59PM  
 Rahu 8:21AM – 10:16AM

**Uttarashadha Until 10:15PM**  
 Sukla Until 6:20AM  
 Kaulava Until 4:06AM Sun  
 Chaturthi\* Until 2:47PM

**Ganesha:** Yellow *Sunrise:* 4:32AM  
**Muruqa:** White *Sunset:* 7:49PM

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

Routine Work Marana Yoga  
 Until 10:15PM  
 Then Creative Work - Siddha Yoga

**Nataraja:** Purple  
 Moon – Light Blue  
**Bhuloka Day**  
 Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

**4**

**Sunday, June 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Shravana Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Springfield, OR  
 Sun 4 Sutra 49

Makara Rasi: 13.43 Tithi 20 – 21

**Gulika** 4:00PM – 5:55PM  
 Yama 12:10PM – 2:05PM  
 Rahu 5:55PM – 7:49PM

**Shravana Until 1:32AM Mon**  
 Brahma Until 7:27AM  
 Gara Until 6:37AM Mon  
 Panchami Until 5:22PM

**Ganesha:** Blue *Sunrise:* 4:31AM  
**Muruqa:** White *Sunset:* 7:49PM

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

Creative Work Amrita Yoga  
 Until 1:32AM Mon  
 Then Creative Work - Siddha Yoga

**Nataraja:** Purple  
 Moon – Purple  
**Devaloka Day**  
 Jyeshtha Adhika-Vaikasi

**5**

**Monday, June 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Springfield, OR  
 Sun 5 Sutra 50

Makara Rasi: 25.31 Tithi 21

**Gulika** 2:05PM – 4:00PM  
 Yama 10:16AM – 12:10PM  
 Rahu 6:26AM – 8:21AM

**Dhanishtha Until 4:25AM Tue**  
 Indra Until 8:30AM  
 Gara Until 6:37AM  
 Shashthi\* Until 7:46PM

**Ganesha:** Blue *Sunrise:* 4:31AM  
**Muruqa:** White *Sunset:* 7:50PM

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 4:25AM Tue  
 Then Routine Work - Marana Yoga

**Nataraja:** Purple  
 Moon – Purple  
**Devaloka Day**  
 Jyeshtha Adhika-Vaikasi

**6**

**Tuesday, June 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Springfield, OR  
 Sun 6 Sutra 51

Kumbha Rasi: 7.27 Tithi 22

**Gulika** 12:11PM – 2:06PM  
 Yama 8:20AM – 10:16AM  
 Rahu 4:01PM – 5:56PM

**Shatabhishak Until 6:39AM Wed**  
 Vaidhriti\* Until 9:17AM  
 Visti Until 8:51AM  
 Saptami Until 9:45PM

**Ganesha:** Purple *Sunrise:* 4:30AM  
**Muruqa:** White *Sunset:* 7:51PM

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

Routine Work Marana Yoga  
 Until 6:39AM Wed  
 Then Creative Work - Amrita Yoga

**Nataraja:** White  
 Moon – Purple  
**Devaloka Day**  
 Jyeshtha Adhika-Vaikasi

**☾**

**Wednesday, June 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Shatabhishak/Purvaprosarthapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Springfield, OR  
 Sun 7 Sutra 52

Kumbha Rasi: 19.34 Tithi 23

**Gulika** 10:16AM – 12:11PM  
 Yama 6:25AM – 8:20AM  
 Rahu 12:11PM – 2:06PM

**Shatabhishak Until 6:39AM**  
 Vishkambha\* Until 9:41AM  
 Balava Until 10:33AM  
 Ashtami\* Until 11:08PM

**Ganesha:** Purple *Sunrise:* 4:30AM  
**Muruqa:** White *Sunset:* 7:52PM

Vilamba 5120  
 Moon 5 - Phase 7  
 Ashtami

Creative Work Siddha Yoga  
 Until 6:39AM  
 Then Creative Work - Amrita Yoga

**Nataraja:** White  
 Moon – Purple  
**Devaloka Day**  
 Jyeshtha Adhika-Vaikasi

**Thursday, June 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Purvaprosarthapada\*/Uttarproshthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Springfield, OR  
 Sun 8 Sutra 53

Meena Rasi: 1.59 Tithi 24

**Gulika** 8:20AM – 10:16AM  
 Yama 4:30AM – 6:25AM  
 Rahu 2:06PM – 4:02PM

**Purvaprosarthapada\* Until 8:33AM**  
 Priti Until 9:33AM  
 Taitila Until 11:33AM  
 Navami\* Until 11:44PM

**Ganesha:** Red *Sunrise:* 4:30AM  
**Muruqa:** White *Sunset:* 7:52PM

Vilamba 5120  
 Moon 5 - Phase 7  
 Navami

Creative Work Siddha Yoga

**Nataraja:** White  
 Moon – Clear  
**Bhuloka Day**  
 Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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|          |                               |                               |   |                      |                             |                  |                 |
|----------|-------------------------------|-------------------------------|---|----------------------|-----------------------------|------------------|-----------------|
| <b>1</b> | <b>Friday, June 8, 2018</b>   |                               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau |                      |                             |                  | Springfield, OR |
|          | Meena Rasi: 14.45             | Tithi 25                      | Sun 9   |                      |                             | Sutra 54         |                 |
|          | 318132361                     | <b>Gulika</b> 6:25AM – 8:20AM | <b>Uttaraproshtapada</b> Until 9:31AM   | <b>Ganesha:</b> Red  | Sunrise: 4:29AM             | Vilamba 5120     |                 |
|          | Creative Work Siddha Yoga     | Yama 4:02PM – 5:58PM          | Ayushman Until 8:45AM   | <b>Muruqa:</b> White | Sunset: 7:53PM              | Moon 5 - Phase 8 |                 |
|          | <b>Rahu</b> 10:16AM – 12:11PM | Vanija Until 11:44AM          | <b>Nataraja:</b> White  |                      |                             | 2nd Phase        |                 |
|          |                               | <b>Dashami</b> Until 11:29PM  | Moon – Clear  | <b>Bhuloka Day</b>   |                             |                  |                 |
|          |                               |                               | <b>Jyeshtha Adhika-Vaikasi</b>  |                      | Devaloka Time: 6:AM to 9:AM |                  |                 |

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| <b>2</b>                         | <b>Saturday, June 9, 2018</b>   |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau |                      |                             |                  | Springfield, OR |
|                                  | Meena Rasi: 27.57               | Tithi 26                       | Sun 10  |                      |                             | Sutra 55         |                 |
|                                  | 318132361                       | <b>Gulika</b> 4:29AM – 6:25AM  | <b>Revati</b> Until 9:29AM  | <b>Ganesha:</b> Red  | Sunrise: 4:29AM             | Vilamba 5120     |                 |
|                                  | Routine Work Prabalarishta Yoga | Yama 2:07PM – 4:02PM           | Saubhagya Until 7:18AM  | <b>Muruqa:</b> White | Sunset: 7:54PM              | Moon 5 - Phase 8 |                 |
| Until 9:29AM                     | <b>Rahu</b> 8:20AM – 10:16AM    | Bava Until 11:04AM             | <b>Nataraja:</b> White  |                      |                             | 2nd Phase        |                 |
| Then Creative Work - Siddha Yoga |                                 | <b>Ekadashi*</b> Until 10:25PM | Moon – Clear  | <b>Bhuloka Day</b>   |                             |                  |                 |
|                                  |                                 |                                | <b>Jyeshtha Adhika-Vaikasi</b>  |                      | Devaloka Time: 6:AM to 9:AM |                  |                 |

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| <b>3</b>                               | <b>Sunday, June 10, 2018</b> |                               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvodashyam Titau |                       |                 |                  | Springfield, OR |
|  | Mesha Rasi: 12               | Tithi 27                      | Sun 11  |                       |                 | Sutra 56         |                 |
|  | 328132361                    | <b>Gulika</b> 4:03PM – 5:59PM | <b>Ashvini</b> Until 8:58AM   | <b>Ganesha:</b> Green | Sunrise: 4:29AM | Vilamba 5120     |                 |
|  | Creative Work Siddha Yoga    | Yama 12:12PM – 2:07PM         | Athiganda* Until 2:30AM Mon   | <b>Muruqa:</b> White  | Sunset: 7:54PM  | Moon 5 - Phase 8 |                 |
| Until 8:58AM                           | <b>Rahu</b> 5:59PM – 7:54PM  | Kaulava Until 9:36AM          | <b>Nataraja:</b> White  |                       |                 | 2nd Phase        |                 |
| Then Routine Work - Prabalarishta Yoga |                              | <b>Dvadashi*</b> Until 8:34PM | Moon – White  | <b>Bhuloka Day</b>    |                 |                  |                 |
|  |                              |                               | <b>Jyeshtha Adhika-Vaikasi</b>  |                       |                 |                  |                 |

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| <b>4</b>                        | <b>Monday, June 11, 2018</b> |                                 | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau |                       |                 |                  | Springfield, OR |
|                                 | Mesha Rasi: 25.43            | Tithi 28                        | Sun 12   |                       |                 | Sutra 57         |                 |
|                                 | 328132361                    | <b>Gulika</b> 2:07PM – 4:03PM   | <b>Bharani</b> Until 7:35AM  | <b>Ganesha:</b> Green | Sunrise: 4:29AM | Vilamba 5120     |                 |
|                                 | Family Home Evening          | Yama 10:16AM – 12:12PM          | Sukarma Until 11:18PM  | <b>Muruqa:</b> White  | Sunset: 7:55PM  | Moon 5 - Phase 8 |                 |
| Creative Work Siddha Yoga       | <b>Rahu</b> 6:24AM – 8:20AM  | Gara Until 7:25AM               | <b>Nataraja:</b> White   |                       |                 | 2nd Phase        |                 |
| Until 7:35AM                    |                              | <b>Trayodashi*</b> Until 6:05PM | Moon – White   | <b>Bhuloka Day</b>    |                 |                  |                 |
| Then Routine Work - Marana Yoga |                              |                                 | <b>Jyeshtha Adhika-Vaikasi</b>   |                       |                 |                  |                 |
|                                 |                              |                                 | <i>Pradosha Vrata (Fasting)</i>  |                       |                 |                  |                 |

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|                                  | <b>Tuesday, June 12, 2018</b> |                                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                |                                |                       | Springfield, OR |
|                                  | <b>Retreat Star</b>           |                                  | Sun 13   |                                |                                | Sutra 58              |                 |
|                                  | Vrishabha Rasi: 10.13         | Tithi 29 – 30                    | 338132361  | <b>Gulika</b> 12:12PM – 2:08PM | <b>Rohini</b> Until 3:15AM Wed | <b>Ganesha:</b> White | Sunrise: 4:29AM |
|                                  | Creative Work Amrita Yoga     | Yama 8:20AM – 10:16AM            | Dhriti Until 7:43PM  | <b>Muruqa:</b> White           | Sunset: 7:55PM                 | Vilamba 5120          |                 |
| Until 3:15AM Wed                 | <b>Rahu</b> 4:04PM – 5:59PM   | Catuspada Until 1:30AM Wed       | <b>Nataraja:</b> White   |                                |                                | Moon 5 - Phase 8      |                 |
| Then Creative Work - Siddha Yoga |                               | <b>Chaturdashi*</b> Until 3:06PM | Moon – Yellow  | <b>Bhuloka Day</b>             |                                |                       |                 |
|                                  |                               |                                  | <b>Jyeshtha Adhika-Vaikasi</b>   |                                |                                |                       |                 |

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| <b>Retreat Star</b>             | <b>Wednesday, June 13, 2018</b> |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                 |                                     |                       | Springfield, OR |
|                                 | <b>Retreat Star</b>             |                                | Sun 14   |                                 |                                     | Sutra 59              |                 |
|                                 | Vrishabha Rasi: 25.02           | Tithi 30 – 1                   | 338132361  | <b>Gulika</b> 10:16AM – 12:12PM | <b>Mrigashira</b> Until 12:37AM Thu | <b>Ganesha:</b> White | Sunrise: 4:28AM |
|                                 | Creative Work Siddha Yoga       | Yama 6:24AM – 8:20AM           | Shula* Until 3:52PM  | <b>Muruqa:</b> White            | Sunset: 7:56PM                      | Vilamba 5120          |                 |
| Until 12:37AM Thu               | <b>Rahu</b> 12:12PM – 2:08PM    | Kintughna Until 10:03PM        | <b>Nataraja:</b> White   |                                 |                                     | Moon 5 - Phase 8      |                 |
| Then Routine Work - Marana Yoga |                                 | <b>Amavasya*</b> Until 11:47AM | Moon – Yellow  | <b>Bhuloka Day</b>              |                                     |                       |                 |
|                                 |                                 |                                | <b>Jyeshtha-Vaikasi</b>  |                                 |                                     |                       |                 |

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| <b>1</b>                         |             | <b>Thursday, June 14, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Ganda* Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  |   |        | Springfield, OR                                   |
| Mithuna Rasi: 10.02              | Tithi 1 - 2 |                                |   |  |  |   | Sun 15 | Sutra 60  |
|                                  |             | 339132361                      | <b>Gulika</b> 8:20AM - 10:16AM<br>Yama 4:28AM - 6:24AM<br><b>Rahu</b> 2:08PM - 4:04PM | <b>Ardra</b> <b>Until 9:46PM</b><br>Ganda* <b>Until 11:53AM</b><br>Balava <b>Until 6:31PM</b><br><b>Prathama* Until 8:16AM</b>   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon - Yellow | <b>Sunrise:</b> 4:28AM<br><b>Sunset:</b> 7:56PM |        | Vilamba 5120<br>Moon 5 - Phase 9<br>3rd Phase     |
| Routine Work                     | Marana Yoga |                                |   |  |  |   |        | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
| Until 9:46PM                     |             |                                |   |  |  |   |        |   |
| Then Creative Work - Amrita Yoga |             |                                |   |  |  |   |        |   |

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| <b>2</b>                        |             | <b>Friday, June 15, 2018</b> |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau |   |   |        | Springfield, OR                                   |
| Mithuna Rasi: 25.03             | Tithi 3     |                              |  |   |   |   | Sun 16 | Sutra 61  |
|                                 |             | 349132361                    | <b>Gulika</b> 6:24AM - 8:20AM<br>Yama 4:05PM - 6:01PM<br><b>Rahu</b> 10:17AM - 12:13PM | <b>Punarvasu</b> <b>Until 7:16PM</b><br>Vriddhi <b>Until 7:56AM</b><br>Taitila <b>Until 3:02PM</b><br><b>Tritiya Until 1:20AM Sat</b>   | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon - Blue | <b>Sunrise:</b> 4:28AM<br><b>Sunset:</b> 7:57PM |        | Vilamba 5120<br>Moon 5 - Phase 9<br>3rd Phase     |
| Creative Work                   | Siddha Yoga |                              |  |   |   |   |        | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
| Until 7:16PM                    |             |                              |  |   |   |   |        |   |
| Then Routine Work - Marana Yoga |             |                              |  |   |   |   |        |   |

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| <b>3</b>                        |             | <b>Saturday, June 16, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija/Visiti* Karana Chaturthyam Titau |   |   |        | Springfield, OR                                   |
| Kataka Rasi: 9.58               | Tithi 4     |                                |   |  |   |   | Sun 17 | Sutra 62  |
|                                 |             | 349132361                      | <b>Gulika</b> 4:28AM - 6:25AM<br>Yama 2:09PM - 4:05PM<br><b>Rahu</b> 8:21AM - 10:17AM | <b>Pushya</b> <b>Until 4:51PM</b><br>Vyaghata* <b>Until 12:28AM Sun</b><br>Vanija <b>Until 11:44AM</b><br><b>Chaturthi* Until 10:11PM</b>  | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon - Blue | <b>Sunrise:</b> 4:28AM<br><b>Sunset:</b> 7:57PM |        | Vilamba 5120<br>Moon 5 - Phase 9<br>3rd Phase     |
| Creative Work                   | Siddha Yoga |                                |   |  |   |   |        | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
| Until 4:51PM                    |             |                                |   |  |   |   |        |   |
| Then Routine Work - Marana Yoga |             |                                |   |  |   |   |        |   |

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| <b>4</b>                        |             | <b>Sunday, June 17, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau |   |   |        | Springfield, OR                                   |
| Kataka Rasi: 24.4               | Tithi 5     |                              |   |   |   |   | Sun 18 | Sutra 63  |
|                                 |             | 349132361                    | <b>Gulika</b> 4:05PM - 6:01PM<br>Yama 12:13PM - 2:09PM<br><b>Rahu</b> 6:01PM - 7:57PM | <b>Ashlesha* Until 2:40PM</b><br>Harshana <b>Until 9:13PM</b><br>Bava <b>Until 8:46AM</b><br><b>Panchami Until 7:26PM</b>   | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon - Blue | <b>Sunrise:</b> 4:28AM<br><b>Sunset:</b> 7:57PM |        | Vilamba 5120<br>Moon 5 - Phase 9<br>3rd Phase     |
| Creative Work                   | Siddha Yoga |                              |   | <b>Father's Day</b>   |   |   |        | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
| Until 2:40PM                    |             |                              |   |   |   |   |        |   |
| Then Routine Work - Marana Yoga |             |                              |   |   |   |   |        |   |

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| <b>5</b>                         |             | <b>Monday, June 18, 2018</b> |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau |   |   |        | Springfield, OR                               |
| Simha Rasi: 9.03                 | Tithi 6 - 7 |                              |  |   |   |   | Sun 19 | Sutra 64                                      |
| <b>Family Home Evening</b>       |             | 359132361                    | <b>Gulika</b> 2:09PM - 4:05PM<br>Yama 10:17AM - 12:13PM<br><b>Rahu</b> 6:25AM - 8:21AM | <b>Magha* Until 1:14PM</b><br>Vajra* <b>Until 6:20PM</b><br>Kaulava <b>Until 6:15AM</b><br><b>Shashthi* Until 5:09PM</b>  | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon - Red | <b>Sunrise:</b> 4:29AM<br><b>Sunset:</b> 7:58PM |        | Vilamba 5120<br>Moon 5 - Phase 9<br>3rd Phase |
| Routine Work                     | Marana Yoga |                              |  |   |   |   |        | <b>Devaloka Day</b>                           |
| Until 1:14PM                     |             |                              |  |   |   |   |        |   |
| Then Creative Work - Siddha Yoga |             |                              |  |   |   |   |        |   |

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| <b>6</b>                         |             | <b>Tuesday, June 19, 2018</b> |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visiti* Karana Sapthami/Ashtamyam Titau |   |   |        | Springfield, OR                               |
| Simha Rasi: 23.05                | Tithi 7 - 8 |                               |  |   |   |   | Sun 20 | Sutra 65                                      |
|                                  |             | 359132361                     | <b>Gulika</b> 12:13PM - 2:10PM<br>Yama 8:21AM - 10:17AM<br><b>Rahu</b> 4:06PM - 6:02PM | <b>Purvaphalguni Until 12:12PM</b><br>Siddhi <b>Until 3:55PM</b><br>Visiti <b>Until 2:49AM Wed</b><br><b>Saptami Until 3:27PM</b>   | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon - Red | <b>Sunrise:</b> 4:29AM<br><b>Sunset:</b> 7:58PM |        | Vilamba 5120<br>Moon 5 - Phase 9<br>3rd Phase |
| Creative Work                    | Siddha Yoga |                               |  |   |   |   |        | <b>Devaloka Day</b>                           |
| Until 12:12PM                    |             |                               |  |   |   |   |        |   |
| Then Creative Work - Amrita Yoga |             |                               |  |   |   |   |        |   |

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| <b>Retreat Star</b>             |             | <b>Wednesday, June 20, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyalipala*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau |   |   |        | Springfield, OR                             |
| Kanya Rasi: 6.46                | Tithi 8 - 9 |                                 |   |   |   |   | Sun 21 | Sutra 66                                    |
|                                 |             | 359132361                       | <b>Gulika</b> 10:17AM - 12:14PM<br>Yama 6:25AM - 8:21AM<br><b>Rahu</b> 12:14PM - 2:10PM | <b>Uttaraphalguni Until 11:36AM</b><br>Vyatipata* <b>Until 2:01PM</b><br>Balava <b>Until 2:00AM Thu</b><br><b>Ashtami* Until 2:19PM</b>   | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon - Red | <b>Sunrise:</b> 4:29AM<br><b>Sunset:</b> 7:58PM |        | Vilamba 5120<br>Moon 5 - Phase 9<br>Ashtami |
| Creative Work                   | Amrita Yoga |                                 |   | <b>Chidambaram Abhishekam</b>   |   |   |        | <b>Devaloka Day</b>                         |
| Until 11:36AM                   |             |                                 |   |   |   |   |        |   |
| Then Routine Work - Marana Yoga |             |                                 |   |   |   |   |        |   |

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| <b>Retreat Star</b>              |              | <b>Thursday, June 21, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |   |   |        | Springfield, OR                                   |
| Kanya Rasi: 20.05                | Tithi 9 - 10 |                                |   |  |   |   | Sun 22 | Sutra 67  |
|                                  |              | 369132361                      | <b>Gulika</b> 8:21AM - 10:18AM<br>Yama 4:29AM - 6:25AM<br><b>Rahu</b> 2:10PM - 4:06PM | <b>Hasta Until 11:54AM</b><br>Variyan <b>Until 12:33PM</b><br>Taitila <b>Until 1:45AM Fri</b><br><b>Navami* Until 1:47PM</b>   | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon - Green | <b>Sunrise:</b> 4:29AM<br><b>Sunset:</b> 7:59PM |        | Vilamba 5120<br>Moon 5 - Phase 9<br>Navami        |
| Routine Work                     | Marana Yoga  |                                |   |  |   |   |        | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
| Until 11:54AM                    |              |                                |   |  |   |   |        |   |
| Then Creative Work - Siddha Yoga |              |                                |   |  |   |   |        |   |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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|---------------|------------------------------|-------------------------------|---|-----------------------------|------------------------|------------------------|---------------------------------------|
| 1             | <b>Friday, June 22, 2018</b> |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                             |                        |                        | Springfield, OR<br>Sun 23<br>Sutra 68 |
|               | Tula Rasi: 3.07              | Tithi 10 – 11                 | <b>Gulika</b> 6:25AM – 8:22AM   | <b>Chitra</b> Until 12:35PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:29AM | Vilamba 5120                          |
|               |                              |                               | Yama 4:06PM – 6:03PM  | Parigha* Until 11:32AM      | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:59PM  | Moon 5 - Phase 10                     |
|               | 361132361                    | <b>Rahu</b> 10:18AM – 12:14PM |   | Vanija Until 2:03AM Sat     | <b>Nataraja:</b> White |                        | 4th Phase                             |
| Creative Work | Siddha Yoga                  |                               | <b>Dashami</b> Until 1:49PM   | Moon – Green                |                        | <b>Bhuloka Day</b>     |                                       |
|               |                              |                               |   | <b>Jyeshtha-Ani</b>         |                        |                        |                                       |

|               |                                |                              |  |                           |                        |                        |                                       |
|---------------|--------------------------------|------------------------------|--|---------------------------|------------------------|------------------------|---------------------------------------|
| 2             | <b>Saturday, June 23, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau |                           |                        |                        | Springfield, OR<br>Sun 24<br>Sutra 69 |
|               | Tula Rasi: 15.53               | Tithi 11 – 12                | <b>Gulika</b> 4:30AM – 6:26AM  | <b>Svati</b> Until 1:38PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:30AM | Vilamba 5120                          |
|               |                                |                              | Yama 2:10PM – 4:07PM   | Shiva Until 10:58AM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:59PM  | Moon 5 - Phase 10                     |
|               | 361132361                      | <b>Rahu</b> 8:22AM – 10:18AM |  | Bava Until 2:50AM Sun     | <b>Nataraja:</b> White |                        | 4th Phase                             |
| Creative Work | Siddha Yoga                    |                              | <b>Ekadashi</b> Until 2:21PM   | Moon – Green              |                        | <b>Bhuloka Day</b>     |                                       |
|               |                                |                              |  | <b>Jyeshtha-Ani</b>       |                        |                        |                                       |

|              |                              |                             |  |                              |                        |                        |                                       |
|--------------|------------------------------|-----------------------------|--|------------------------------|------------------------|------------------------|---------------------------------------|
| 3            | <b>Sunday, June 24, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                              |                        |                        | Springfield, OR<br>Sun 25<br>Sutra 70 |
|              | Tula Rasi: 28.26             | Tithi 12 – 13               | <b>Gulika</b> 4:07PM – 6:03PM  | <b>Vishakha</b> Until 3:28PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:30AM | Vilamba 5120                          |
|              |                              |                             | Yama 12:14PM – 2:11PM  | Siddha Until 10:45AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:59PM  | Moon 5 - Phase 10                     |
|              | 371142361                    | <b>Rahu</b> 6:03PM – 7:59PM |  | Kaulava Until 4:05AM Mon     | <b>Nataraja:</b> White |                        | 4th Phase                             |
| Routine Work | Marana Yoga                  |                             | <b>Dvadashi</b> Until 3:23PM   | Moon – Orange                |                        | <b>Devaloka Day</b>    |                                       |
|              |                              |                             |  | <b>Jyeshtha-Ani</b>          |                        |                        |                                       |
|              |                              |                             |  | <i>Pradosha Vrata</i>        |                        |                        |                                       |

|               |                              |                             |  |                              |                        |                        |                                       |
|---------------|------------------------------|-----------------------------|--|------------------------------|------------------------|------------------------|---------------------------------------|
| 4             | <b>Monday, June 25, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |                              |                        |                        | Springfield, OR<br>Sun 26<br>Sutra 71 |
|               | Vrischika Rasi: 10.46        | Tithi 13 – 14               | <b>Gulika</b> 2:11PM – 4:07PM  | <b>Anuradha</b> Until 5:33PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:30AM | Vilamba 5120                          |
|               | <b>Family Home Evening</b>   |                             | Yama 10:19AM – 12:15PM   | Sadhya Until 10:52AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:59PM  | Moon 5 - Phase 10                     |
|               | 371142361                    | <b>Rahu</b> 6:26AM – 8:22AM |  | Gara Until 5:44AM Tue        | <b>Nataraja:</b> White |                        | 4th Phase                             |
| Creative Work | Siddha Yoga                  |                             | <b>Trayodashi</b> Until 4:50PM   | Moon – Orange                |                        | <b>Devaloka Day</b>    |                                       |
|               |                              |                             |  | <b>Jyeshtha-Ani</b>          |                        |                        |                                       |

|              |                               |                             |  |   |                        |                        |                                       |
|--------------|-------------------------------|-----------------------------|--|---|------------------------|------------------------|---------------------------------------|
| 5            | <b>Tuesday, June 26, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Subha/Sukla Yoga Vanija Karana Chaturdashyam Titau |   |                        |                        | Springfield, OR<br>Sun 27<br>Sutra 72 |
|              | Vrischika Rasi: 22.57         | Tithi 14                    | <b>Gulika</b> 12:15PM – 2:11PM   | <b>Jyeshtha*</b> Until 7:51PM           | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:31AM | Vilamba 5120                          |
|              |                               |                             | Yama 8:23AM – 10:19AM  | Subha Until 11:20AM                     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:59PM  | Moon 5 - Phase 10                     |
|              | 371142361                     | <b>Rahu</b> 4:07PM – 6:03PM |  | Vanija Until 6:40PM                     | <b>Nataraja:</b> White |                        | 4th Phase                             |
| Routine Work | Marana Yoga                   |                             | <b>Chaturdashi*</b> Until 6:40PM   | Moon – Orange                           |                        | <b>Devaloka Day</b>    |                                       |
|              |                               |                             |  | <b>Jyeshtha-Ani</b>                     |                        |                        |                                       |
|              |                               |                             |  | <i>Then Creative Work - Amrita Yoga</i> |                        |                        |                                       |

|              |                                 |                              |  |   |                        |                              |                             |
|--------------|---------------------------------|------------------------------|--|---|------------------------|------------------------------|-----------------------------|
| ○            | <b>Wednesday, June 27, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Purnimayam Titau |   |                        |                              | Springfield, OR<br>Sutra 73 |
|              | <b>Copper Retreat Star</b>      |                              | <b>Gulika</b> 10:19AM – 12:15PM  | <b>Mula*</b> Until 10:48PM              | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:31AM       | Vilamba 5120                |
|              | Dhanus Rasi: 4.59               | Tithi 15                     | Yama 6:27AM – 8:23AM   | Sukla Until 12:01PM                     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:59PM        | Moon 5 - Phase 10           |
|              | 381142361                       | <b>Rahu</b> 12:15PM – 2:11PM |  | Visti Until 7:45AM                      | <b>Nataraja:</b> White |                              | Purnima                     |
| Routine Work | Marana Yoga                     |                              | <b>Purnima*</b> Until 8:51PM   | Moon – Light Blue                       |                        | <b>Bhuloka Day</b>           |                             |
|              |                                 |                              |  | <b>Jyeshtha-Ani</b>                     |                        | Devaloka Time: 12:PM to 3:PM |                             |
|              |                                 |                              |  | <i>Then Creative Work - Amrita Yoga</i> |                        |                              |                             |

|               |                                |                             |   |  |                        |                              |                             |
|---------------|--------------------------------|-----------------------------|---|--|------------------------|------------------------------|-----------------------------|
| ○             | <b>Thursday, June 28, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau |  |                        |                              | Springfield, OR<br>Sutra 74 |
|               | <b>Silver Retreat Star</b>     |                             | <b>Gulika</b> 8:23AM – 10:19AM  | <b>Purvashadha*</b> Until 1:49AM Fri   | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:31AM       | Vilamba 5120                |
|               | Dhanus Rasi: 16.53             | Tithi 16                    | Yama 4:31AM – 6:27AM  | Brahma Until 12:57PM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:59PM        | Moon 5 - Phase 10           |
|               | 381142361                      | <b>Rahu</b> 2:11PM – 4:07PM |   | Balava Until 10:03AM                   | <b>Nataraja:</b> White |                              | Prathama                    |
| Creative Work | Siddha Yoga                    |                             | <b>Prathama*</b> Until 11:16PM  | Moon – Light Blue                      |                        | <b>Bhuloka Day</b>           |                             |
|               |                                |                             |   | <b>Jyeshtha-Ani</b>                    |                        | Devaloka Time: 12:PM to 3:PM |                             |
|               |                                |                             |   | <i>Then Routine Work - Marana Yoga</i> |                        |                              |                             |





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Springfield, OR  
Sun 1  
Sutra 75

Dhanus Rasi: 28.43 Tithi 17

Gulika 6:28AM – 8:24AM  
Yama 4:07PM – 6:03PM  
381142361 Rahu 10:20AM – 12:15PM

**Uttarashadha Until 4:47AM Sat**  
Indra Until 2:02PM  
Taitila Until 12:34PM  
**Dvitiya Until 1:51AM Sat**

Ganesha: Blue Sunrise: 4:32AM  
Muruga: Clear Sunset: 7:59PM  
Nataraja: White  
Moon – Light Blue  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 4:47AM Sat  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Springfield, OR  
Sun 2  
Sutra 76

Makara Rasi: 10.3 Tithi 18

Gulika 4:32AM – 6:28AM  
Yama 2:11PM – 4:07PM  
391242361 Rahu 8:24AM – 10:20AM

**Shravana Until 8:06AM Sun**  
Vaidhriti\* Until 3:09PM  
Vanija Until 3:10PM  
**Tritiya Until 4:26AM Sun**

Ganesha: Red Sunrise: 4:32AM  
Muruga: Clear Sunset: 7:59PM  
Nataraja: White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga  
Until 8:06AM Sun  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chaturthayam Titau

Springfield, OR  
Sun 3  
Sutra 77

Makara Rasi: 22.17 Tithi 19

Gulika 4:07PM – 6:03PM  
Yama 12:16PM – 2:12PM  
391242361 Rahu 6:03PM – 7:59PM

**Shravana Until 8:06AM**  
Vishkambha\* Until 4:14PM  
Bava Until 5:43PM  
**Chaturthi\* Until 6:53AM Mon**

Ganesha: Red Sunrise: 4:33AM  
Muruga: Clear Sunset: 7:59PM  
Nataraja: White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 8:06AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Springfield, OR  
Sun 4  
Sutra 78

Kumbha Rasi: 4.08 Tithi 19 – 20

Gulika 2:12PM – 4:07PM  
Yama 10:20AM – 12:16PM  
392242361 Rahu 6:29AM – 8:25AM

**Dhanishtha Until 11:05AM**  
Priti Until 5:10PM  
Kaulava Until 8:01PM  
**Chaturthi\* Until 6:53AM**

Ganesha: Yellow Sunrise: 4:33AM  
Muruga: Clear Sunset: 7:59PM  
Nataraja: White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Springfield, OR  
Sun 5  
Sutra 79

Kumbha Rasi: 16.06 Tithi 20 – 21

Gulika 12:16PM – 2:12PM  
Yama 8:25AM – 10:21AM  
392242361 Rahu 4:07PM – 6:03PM

**Shatabhishak Until 1:34PM**  
Ayushman Until 5:46PM  
Gara Until 9:55PM  
**Panchami Until 9:00AM**

Ganesha: Yellow Sunrise: 4:34AM  
Muruga: Clear Sunset: 7:58PM  
Nataraja: White  
Moon – Purple  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada\* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Springfield, OR  
Sun 6  
Sutra 80

Kumbha Rasi: 28.15 Tithi 21 – 22

Gulika 10:21AM – 12:16PM  
Yama 6:30AM – 8:25AM  
312242361 Rahu 12:16PM – 2:12PM

**Purvaprosarthapada\* Until 3:53PM**  
Saubhagya Until 5:58PM  
Visti Until 11:15PM  
**Shashthi\* Until 10:38AM**

Ganesha: Orange Sunrise: 4:35AM  
Muruga: Clear Sunset: 7:58PM  
Nataraja: White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 3:53PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**D**

**Thursday, July 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Springfield, OR  
Sun 7  
Sutra 81

Meena Rasi: 10.4 Tithi 22 – 23

Gulika 8:26AM – 10:21AM  
Yama 4:35AM – 6:31AM  
312242361 Rahu 2:12PM – 4:07PM

**Uttaraprosarthapada Until 5:23PM**  
Sobhana Until 5:39PM  
Balava Until 11:53PM  
**Saptami Until 11:38AM**

Ganesha: Orange Sunrise: 4:35AM  
Muruga: Clear Sunset: 7:58PM  
Nataraja: White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Springfield, OR  
Sun 8  
Sutra 82

Meena Rasi: 23.23 Tithi 23 – 24

Gulika 6:31AM – 8:26AM  
Yama 4:07PM – 6:02PM  
412242361 Rahu 10:21AM – 12:17PM

**Revati Until 5:59PM**  
Athiganda\* Until 4:43PM  
Taitila Until 11:44PM  
**Ashtami\* Until 11:54AM**

Ganesha: Green Sunrise: 4:36AM  
Muruga: Clear Sunset: 7:57PM  
Nataraja: White  
Moon – Clear  
**Jyeshtha-Ani**

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work Siddha Yoga  
Until 5:59PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|          |                               |               |   |                             |                        |                        |                                      |
|----------|-------------------------------|---------------|---|-----------------------------|------------------------|------------------------|--------------------------------------|
| <b>1</b> | <b>Saturday, July 7, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                             |                        |                        | Springfield, OR<br>Sun 9<br>Sutra 83 |
|          | Mesha Rasi: 6.32              | Tithi 24 – 25 | <b>Gulika</b> 4:37AM – 6:32AM   | <b>Ashvini</b> Until 6:07PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:37AM | Vilamba 5120                         |
|          |                               |               | Yama 2:12PM – 4:07PM  | Sukarma Until 3:09PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:57PM  | Moon 6 - Phase 12                    |
|          | Creative Work                 | Siddha Yoga   | 422242361 <b>Rahu</b> 8:27AM – 10:22AM  | Vanija Until 10:48PM        | <b>Nataraja:</b> White |                        | 2nd Phase                            |
|          |                               |               | <b>Navami*</b> Until 11:21AM  | Moon – White                |                        | <b>Devaloka Day</b>    |                                      |
|          |                               |               |   | <b>Jyeshtha-Ani</b>         |                        |                        |                                      |

|          |                             |                    |   |                             |                        |                        |                                       |
|----------|-----------------------------|--------------------|---|-----------------------------|------------------------|------------------------|---------------------------------------|
| <b>2</b> | <b>Sunday, July 8, 2018</b> |                    | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                             |                        |                        | Springfield, OR<br>Sun 10<br>Sutra 84 |
|          | Mesha Rasi: 20.06           | Tithi 25 – 26      | <b>Gulika</b> 4:07PM – 6:02PM   | <b>Bharani</b> Until 5:18PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:37AM | Vilamba 5120                          |
|          |                             |                    | Yama 12:17PM – 2:12PM   | Dhriti Until 12:58PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:57PM  | Moon 6 - Phase 12                     |
|          | Routine Work                | Prabalarishta Yoga | 422242361 <b>Rahu</b> 6:02PM – 7:57PM   | Bava Until 9:05PM           | <b>Nataraja:</b> White |                        | 2nd Phase                             |
|          |                             |                    | <b>Dashami</b> Until 10:01AM  | Moon – White                |                        | <b>Devaloka Day</b>    |                                       |
|          |                             |                    |   | <b>Jyeshtha-Ani</b>         |                        |                        |                                       |

|          |                             |               |   |                              |                        |                        |                                       |
|----------|-----------------------------|---------------|---|------------------------------|------------------------|------------------------|---------------------------------------|
| <b>3</b> | <b>Monday, July 9, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                              |                        |                        | Springfield, OR<br>Sun 11<br>Sutra 85 |
|          | Vrishabha Rasi: 4.08        | Tithi 26 – 27 | <b>Gulika</b> 2:12PM – 4:07PM   | <b>Krittika</b> Until 3:40PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:38AM | Vilamba 5120                          |
|          | <b>Family Home Evening</b>  |               | Yama 10:22AM – 12:17PM  | Shula* Until 10:10AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:56PM  | Moon 6 - Phase 12                     |
|          | Routine Work                | Marana Yoga   | 422242361 <b>Rahu</b> 6:33AM – 8:28AM   | Kaulava Until 6:41PM         | <b>Nataraja:</b> White |                        | 2nd Phase                             |
|          |                             |               | <b>Ekadashi*</b> Until 7:57AM   | Moon – White                 |                        | <b>Devaloka Day</b>    |                                       |
|          |                             |               |   | <b>Jyeshtha-Ani</b>          |                        |                        |                                       |

|          |                               |             |  |                                 |                            |                              |                                       |
|----------|-------------------------------|-------------|--|---------------------------------|----------------------------|------------------------------|---------------------------------------|
| <b>4</b> | <b>Tuesday, July 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau |                                 |                            |                              | Springfield, OR<br>Sun 12<br>Sutra 86 |
|          | Vrishabha Rasi: 18.35         | Tithi 28    | <b>Gulika</b> 12:17PM – 2:12PM   | <b>Rohini</b> Until 1:44PM      | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:39AM       | Vilamba 5120                          |
|          |                               |             | Yama 8:28AM – 12:17PM  | Ganda* Until 6:52AM             | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 7:56PM        | Moon 6 - Phase 12                     |
|          | Creative Work                 | Amrita Yoga | 422242361 <b>Rahu</b> 4:06PM – 6:01PM  | Gara Until 3:44PM               | <b>Nataraja:</b> White     |                              | 2nd Phase                             |
|          |                               |             | <b>Trayodashi*</b> Until 2:04AM Wed  | Moon – Yellow                   |                            | <b>Bhuloka Day</b>           |                                       |
|          |                               |             |  | <b>Jyeshtha-Ani</b>             |                            | Devaloka Time: 12:PM to 3:PM |                                       |
|          |                               |             |  | <i>Pradosha Vrata (Fasting)</i> |                            |                              |                                       |

|          |                                 |             |  |                                 |                            |                              |                                       |
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| <b>5</b> | <b>Wednesday, July 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                 |                            |                              | Springfield, OR<br>Sun 13<br>Sutra 87 |
|          | Mithuna Rasi: 3.24              | Tithi 29    | <b>Gulika</b> 10:23AM – 12:17PM  | <b>Mrigashira</b> Until 11:12AM | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:40AM       | Vilamba 5120                          |
|          |                                 |             | Yama 6:34AM – 8:28AM   | Dhruva Until 11:12PM            | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 7:55PM        | Moon 6 - Phase 12                     |
|          | Creative Work                   | Siddha Yoga | 422242361 <b>Rahu</b> 12:17PM – 2:12PM   | Visti Until 12:22PM             | <b>Nataraja:</b> White     |                              | 2nd Phase                             |
|          |                                 |             | <b>Chaturdashi*</b> Until 10:33PM  | Moon – Yellow                   |                            | <b>Bhuloka Day</b>           |                                       |
|          |                                 |             |  | <b>Jyeshtha-Ani</b>             |                            | Devaloka Time: 12:PM to 3:PM |                                       |

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|  | <b>Thursday, July 12, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                           |                            |                              | Springfield, OR<br>Sun 14<br>Sutra 88 |
|  | <b>Retreat Star</b>            |          | <b>Gulika</b> 8:29AM – 10:23AM  | <b>Ardra</b> Until 8:17AM | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:40AM       | Vilamba 5120                          |
|  | Mithuna Rasi: 18.28            | Tithi 30 | Yama 4:40AM – 6:35AM  | Vyaghata* Until 7:04PM    | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 7:55PM        | Moon 6 - Phase 12                     |
|  |                                |          | 422242361 <b>Rahu</b> 2:12PM – 4:06PM   | Catuspada Until 8:43AM    | <b>Nataraja:</b> White     |                              | Amavasya                              |
|  |                                |          | <b>Amavasya*</b> Until 6:50PM   | Moon – Yellow             |                            | <b>Bhuloka Day</b>           |                                       |
|  |                                |          |   | <b>Jyeshtha-Ani</b>       |                            | Devaloka Time: 12:PM to 3:PM |                                       |

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| <b>Retreat Star</b> | <b>Friday, July 13, 2018</b> |                       | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                |                        |                              | Springfield, OR<br>Sun 15<br>Sutra 89 |
|                     | Kataka Rasi: 3.38            | Tithi 1 – 2           | <b>Gulika</b> 6:35AM – 8:29AM  | <b>Pushya</b> Until 2:38AM Sat | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:41AM       | Vilamba 5120                          |
|                     |                              |                       | Yama 4:06PM – 6:00PM   | Harshana Until 2:55PM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:54PM        | Moon 6 - Phase 12                     |
|                     | Routine Work                 | Marana Yoga           | 422242361 <b>Rahu</b> 10:23AM – 12:18PM  | Balava Until 1:16AM Sat        | <b>Nataraja:</b> White |                              | Prathama                              |
|                     |                              |                       | <b>Prathama*</b> Until 3:05PM  | Moon – Blue                    |                        | <b>Bhuloka Day</b>           |                                       |
|                     |                              | Partial Solar Eclipse |  | <b>Ashada-Ani</b>              |                        | Devaloka Time: 12:PM to 3:PM |                                       |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

|                                  |             |  |                                |  |                        |  |  |
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| <b>1</b>                         |             | <b>Saturday, July 14, 2018</b>         |                                | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Springfield, OR<br>Sun 16 Sutra 90<br>Vilamba 5120 |  |
| Kataka Rasi: 18.46               | Tithi 2 - 3 | <b>Gulika</b> 4:42AM - 6:36AM          | <b>Ashlesha* Until 11:51PM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:42AM | Moon 6 - Phase 13                                  |  |
|                                  |             | Yama 2:12PM - 4:05PM                   | Vajra* Until 10:51AM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:53PM  | 3rd Phase  |  |
|                                  |             | 442242361 <b>Rahu</b> 8:30AM - 10:24AM | Taitila Until 9:46PM           | <b>Nataraja:</b> White   |                        |  |  |
| Routine Work                     | Marana Yoga |  | <b>Dvitiya Until 11:28AM</b>   | Moon - Blue  |                        | <b>Bhuloka Day</b>                                 |  |
| Until 11:51PM                    |             |  |                                | <b>Ashada*Ani</b>  |                        | Devaloka Time: 12:PM to 3:PM                       |  |
| Then Creative Work - Amrita Yoga |             |  |                                |  |                        |  |  |

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| <b>2</b>                         |             | <b>Sunday, July 15, 2018</b>          |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                        | Springfield, OR<br>Sun 17 Sutra 91<br>Vilamba 5120 |  |
| Simha Rasi: 3.42                 | Tithi 3 - 4 | <b>Gulika</b> 4:05PM - 5:59PM         | <b>Magha* Until 9:43PM</b>  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:43AM | Moon 6 - Phase 13                                  |  |
|                                  |             | Yama 12:18PM - 2:11PM                 | Siddhi Until 7:02AM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:53PM  | 3rd Phase  |  |
|                                  |             | 453242361 <b>Rahu</b> 5:59PM - 7:53PM | Vanija Until 6:37PM         | <b>Nataraja:</b> White  |                        |  |  |
| Routine Work                     | Marana Yoga |                                       | <b>Tritiya Until 8:07AM</b> | Moon - Red  |                        | <b>Bhuloka Day</b>                                 |  |
| Until 9:43PM                     |             |                                       |                             | <b>Ashada*Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM                       |  |
| Then Creative Work - Siddha Yoga |             |                                       |                             |   |                        |  |  |

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| <b>3</b>                         |             | <b>Monday, July 16, 2018</b>          |                                   | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Varyan Yoga Bava/Balava Karana Panchamyam Titau |                        | Springfield, OR<br>Sun 18 Sutra 92<br>Vilamba 5120 |  |
| Simha Rasi: 18.2                 | Tithi 5     | <b>Gulika</b> 2:11PM - 4:05PM         | <b>Purvaphalguni Until 7:56PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:44AM | Moon 6 - Phase 13                                  |  |
| <b>Family Home Evening</b>       |             | Yama 10:24AM - 12:18PM                | Variyan Until 12:31AM Tue         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:52PM  | 3rd Phase  |  |
|                                  |             | 453242361 <b>Rahu</b> 6:37AM - 8:31AM | Bava Until 3:57PM                 | <b>Nataraja:</b> White  |                        |  |  |
| Creative Work                    | Siddha Yoga |                                       | <b>Panchami Until 2:49AM Tue</b>  | Moon - Red  |                        | <b>Bhuloka Day</b>                                 |  |
| Until 6:39PM                     |             |                                       |                                   | <b>Ashada*Adi</b>   |                        | Devaloka Time: 12:PM to 3:PM                       |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                   |   |                        |  |  |

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| <b>4</b>                         |             | <b>Tuesday, July 17, 2018</b>         |                                    | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau |                        | Springfield, OR<br>Sun 19 Sutra 93<br>Vilamba 5120 |  |
| Kanya Rasi: 2.34                 | Tithi 6     | <b>Gulika</b> 12:18PM - 2:11PM        | <b>Uttaraphalguni Until 6:39PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:45AM | Moon 6 - Phase 13                                  |  |
|                                  |             | Yama 8:31AM - 10:25AM                 | Parigha* Until 10:01PM             | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:51PM  | 3rd Phase  |  |
|                                  |             | 453242362 <b>Rahu</b> 4:05PM - 5:58PM | Kaulava Until 1:53PM               | <b>Nataraja:</b> Clear  |                        |  |  |
| Creative Work                    | Amrita Yoga |                                       | <b>Shashthi* Until 1:06AM Wed</b>  | Moon - Red  |                        | <b>Devaloka Day</b>                                |  |
| Until 6:39PM                     |             |                                       |                                    | <b>Ashada*Adi</b>   |                        |  |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                    |   |                        |  |  |

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| <b>5</b>                         |             | <b>Wednesday, July 18, 2018</b>        |                                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau |                        | Springfield, OR<br>Sun 20 Sutra 94<br>Vilamba 5120 |  |
| Kanya Rasi: 16.23                | Tithi 7     | <b>Gulika</b> 10:25AM - 12:18PM        | <b>Hasta Until 6:20PM</b>        | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:46AM | Moon 6 - Phase 13                                  |  |
|                                  |             | Yama 6:39AM - 8:32AM                   | Shiva Until 8:06PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:50PM  | 3rd Phase  |  |
|                                  |             | 463242362 <b>Rahu</b> 12:18PM - 2:11PM | Gara Until 12:31PM               | <b>Nataraja:</b> Clear   |                        |  |  |
| Routine Work                     | Marana Yoga |  | <b>Saptami Until 12:05AM Thu</b> | Moon - Green   |                        | <b>Sivaloka Day</b>                                |  |
| Until 6:20PM                     |             |  |                                  | <b>Ashada*Adi</b>  |                        |  |  |
| Then Creative Work - Siddha Yoga |             |  |                                  |  |                        |  |  |

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| <b>Retreat Star</b>              |             | <b>Thursday, July 19, 2018</b>        |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau |                        | Springfield, OR<br>Sun 21 Sutra 95<br>Vilamba 5120 |  |
| Kanya Rasi: 29.47                | Tithi 8     | <b>Gulika</b> 8:32AM - 10:25AM        | <b>Chitra Until 6:37PM</b>    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:47AM | Moon 6 - Phase 13                                  |  |
|                                  |             | Yama 4:47AM - 6:39AM                  | Siddha Until 6:45PM           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:50PM  | Ashtami  |  |
|                                  |             | 463242362 <b>Rahu</b> 2:11PM - 4:04PM | Visti Until 11:52AM           | <b>Nataraja:</b> Clear  |                        |  |  |
| Creative Work                    | Siddha Yoga |                                       | <b>Ashtami* Until 11:48PM</b> | Moon - Green  |                        | <b>Sivaloka Day</b>                                |  |
| Until 6:37PM                     |             |                                       |                               | <b>Ashada*Adi</b>   |                        |  |  |
| Then Creative Work - Amrita Yoga |             |                                       |                               |   |                        |  |  |

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| <b>Retreat Star</b>              |             | <b>Friday, July 20, 2018</b>            |                                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau |                        | Springfield, OR<br>Sun 22 Sutra 96<br>Vilamba 5120 |  |
| Tula Rasi: 12.47                 | Tithi 9     | <b>Gulika</b> 6:40AM - 8:33AM           | <b>Svati Until 7:26PM</b>        | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:48AM | Moon 6 - Phase 13                                  |  |
|                                  |             | Yama 4:03PM - 5:56PM                    | Sadhya Until 5:58PM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:49PM  | Navami   |  |
|                                  |             | 463242362 <b>Rahu</b> 10:25AM - 12:18PM | Balava Until 11:57AM             | <b>Nataraja:</b> Clear  |                        |  |  |
| Creative Work                    | Siddha Yoga |   | <b>Navami* Until 12:13AM Sat</b> | Moon - Green  |                        | <b>Sivaloka Day</b>                                |  |
| Until 6:37PM                     |             |   |                                  | <b>Ashada*Adi</b>   |                        |  |  |
| Then Creative Work - Amrita Yoga |             |   |                                  |   |                        |  |  |


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| <b>1</b>      | <b>Saturday, July 21, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dashamyam Titau |                              |                        |                        | Springfield, OR<br>Sun 23 Sutra 97<br>Vilamba 5120 |
|               | Tula Rasi: 25.27               | Tithi 10                     | <b>Gulika</b> 4:49AM – 6:41AM  | <b>Vishakha</b> Until 9:12PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:49AM |  |
|               |                                |                              | Yama 2:11PM – 4:03PM   | Subha Until 5:44PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:48PM  | Moon 6 - Phase 14                                  |
|               | 473242362                      | <b>Rahu</b> 8:33AM – 10:26AM |  | Taitila Until 12:42PM        | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work | Siddha Yoga                    |                              | <b>Dashami</b> Until 1:17AM Sun  | Moon – Orange                |                        | <b>Devaloka Day</b>    |  |
|               |                                |                              |  | <b>Ashada-Adi</b>            |                        |                        |  |

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| <b>2</b>     | <b>Sunday, July 22, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau |                               |                        |                        | Springfield, OR<br>Sun 24 Sutra 98<br>Vilamba 5120 |
|              | Vrischika Rasi: 7.5          | Tithi 11                    | <b>Gulika</b> 4:03PM – 5:55PM   | <b>Anuradha</b> Until 11:20PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:50AM |  |
|              |                              |                             | Yama 12:18PM – 2:10PM   | Sukla Until 5:54PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:47PM  | Moon 6 - Phase 14                                  |
|              | 473242362                    | <b>Rahu</b> 5:55PM – 7:47PM |   | Vanija Until 2:02PM           | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work | Marana Yoga                  |                             | <b>Ekadashi</b> Until 2:52AM Mon  | Moon – Orange                 |                        | <b>Devaloka Day</b>    |  |
|              |                              |                             |   | <b>Ashada-Adi</b>             |                        |                        |  |

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| <b>3</b>                         | <b>Monday, July 23, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau |                                   |                        |                        | Springfield, OR<br>Sun 25 Sutra 99<br>Vilamba 5120 |
|                                  | Vrischika Rasi: 20.01        | Tithi 12                    | <b>Gulika</b> 2:10PM – 4:02PM   | <b>Jyeshtha*</b> Until 1:45AM Tue | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:50AM |  |
|                                  | <b>Family Home Evening</b>   |                             | Yama 10:26AM – 12:18PM  | Brahma Until 6:26PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:46PM  | Moon 6 - Phase 14                                  |
|                                  | 473242362                    | <b>Rahu</b> 6:42AM – 8:34AM |   | Bava Until 3:52PM                 | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                    | Siddha Yoga                  |                             | <b>Dvadashi</b> Until 4:54AM Tue  | Moon – Orange                     |                        | <b>Devaloka Day</b>    |  |
| Until 1:45AM Tue                 |                              |                             |   | <b>Ashada-Adi</b>                 |                        |                        |  |
| Then Creative Work - Amrita Yoga |                              |                             |   |                                   |                        |                        |  |

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| <b>4</b>      | <b>Tuesday, July 24, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Indra Yoga Kaulava Karana Trayodashyam Titau |                               |                        |                        | Springfield, OR<br>Sun 26 Sutra 100<br>Vilamba 5120 |
|               | Dhanus Rasi: 2.01             | Tithi 13                    | <b>Gulika</b> 12:18PM – 2:10PM  | <b>Mula*</b> Until 4:48AM Wed | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:52AM |   |
|               |                               |                             | Yama 8:35AM – 10:27AM   | Indra Until 7:16PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:45PM  | Moon 6 - Phase 14                                   |
|               | 483242362                     | <b>Rahu</b> 4:02PM – 5:53PM |   | Kaulava Until 6:03PM          | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work | Amrita Yoga                   |                             | <b>Trayodashi</b> Until 7:14AM Wed  | Moon – Light Blue             |                        | <b>Sivaloka Day</b>    |   |
|               |                               |                             |   | <b>Ashada-Adi</b>             |                        |                        |   |
|               |                               |                             |   | <i>Pradosha Vrata</i>         |                        |                        |   |

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| <b>5</b>                        | <b>Wednesday, July 25, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                      |                        |                        | Springfield, OR<br>Sun 27 Sutra 101<br>Vilamba 5120 |
|                                 | Dhanus Rasi: 13.55              | Tithi 13 – 14                | <b>Gulika</b> 10:27AM – 12:18PM  | <b>Purvashadha*</b> Until 7:53AM Thu | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:53AM |   |
|                                 |                                 |                              | Yama 6:44AM – 8:35AM   | Vaidhriti* Until 8:15PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:44PM  | Moon 6 - Phase 14                                   |
|                                 | 483342362                       | <b>Rahu</b> 12:18PM – 2:10PM |  | Gara Until 8:30PM                    | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work                   | Amrita Yoga                     |                              | <b>Trayodashi</b> Until 7:14AM   | Moon – Light Blue                    |                        | <b>Sivaloka Day</b>    |   |
| Until 7:53AM Thu                |                                 |                              |  | <b>Ashada-Adi</b>                    |                        |                        |   |
| Then Routine Work - Marana Yoga |                                 |                              |  |                                      |                        |                        |   |

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|  | <b>Thursday, July 26, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                  |                        |                        | Springfield, OR<br>Sutra 102<br>Vilamba 5120 |
|   | Dhanus Rasi: 25.44             | Tithi 14 – 15               | <b>Gulika</b> 8:36AM – 10:27AM   | <b>Purvashadha*</b> Until 7:53AM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:54AM |  |
|   |                                |                             | Yama 4:54AM – 6:45AM   | Vishkambha* Until 9:21PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 14                            |
|   | 483342362                      | <b>Rahu</b> 2:09PM – 4:01PM |  | Visti Until 11:05PM              | <b>Nataraja:</b> Clear |                        | Purnima                                      |
| Creative Work   | Siddha Yoga                    |                             | <b>Chaturdashi*</b> Until 9:46AM   | Moon – Light Blue                |                        | <b>Sivaloka Day</b>    |  |
| Until 7:53AM  |                                |                             |  | <b>Ashada-Adi</b>                |                        |                        |  |
| Then Routine Work - Marana Yoga   |                                |                             |  |                                  |                        |                        |  |

|                              |                            |                               |  |                                   |                        |                        |  |
|------------------------------|----------------------------|-------------------------------|--|-----------------------------------|------------------------|------------------------|--|
| <b>Friday, July 27, 2018</b> | <b>Silver Retreat Star</b> |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                   |                        |                        | Springfield, OR<br>Sutra 103<br>Vilamba 5120 |
|                              | Makara Rasi: 7.31          | Tithi 15 – 16                 | <b>Gulika</b> 6:46AM – 8:36AM  | <b>Uttarashadha</b> Until 10:52AM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:55AM |  |
|                              |                            |                               | Yama 4:00PM – 5:51PM   | Priti Until 10:29PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:42PM  | Moon 6 - Phase 14                            |
|                              | 483342362                  | <b>Rahu</b> 10:27AM – 12:18PM |  | Balava Until 1:39AM Sat           | <b>Nataraja:</b> Clear |                        | Prathama                                     |
| Routine Work                 | Marana Yoga                |                               | <b>Purnima*</b> Until 12:21PM  | Moon – Light Blue                 |                        | <b>Sivaloka Day</b>    |  |
|                              |                            |                               |  | <b>Ashada-Adi</b>                 |                        |                        |  |
|                              |                            |                               |  | <b>Total Lunar Eclipse</b>        |                        |                        |  |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Saturday, July 28, 2018**  
**Gold Retreat Star**

Makara Rasi: 19.19    Tilthi 16 – 17

493342362

Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    4:56AM – 6:46AM  
Yama    2:09PM – 4:00PM  
**Rahu**    8:37AM – 10:28AM

**Shravana Until 2:08PM**  
Ayushman Until 11:29PM  
Taitila Until 4:06AM Sun  
Prathama\* Until 2:53PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

*Sunrise:* 4:56AM  
*Sunset:* 7:41PM

Springfield, OR  
Sutra 104  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**1**

**Sunday, July 29, 2018**

Kumbha Rasi: 1.1    Tilthi 17 – 18

493342362

Routine Work    Marana Yoga

Until 5:03PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    3:59PM – 5:49PM  
Yama    12:18PM – 2:09PM  
**Rahu**    5:49PM – 7:40PM

**Dhanishtha Until 5:03PM**  
Saubhagya Until 12:20AM Mon  
Vanija Until 6:19AM Mon  
Dvitiya Until 5:14PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

*Sunrise:* 4:57AM  
*Sunset:* 7:40PM

Springfield, OR  
Sun 1    Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**2**

**Monday, July 30, 2018**

Kumbha Rasi: 13.07    Tilthi 18

**Family Home Evening**

494342362

Creative Work    Siddha Yoga

Until 7:32PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti\* Karana Tritiyayam Titau

**Gulika**    2:08PM – 3:58PM  
Yama    10:28AM – 12:18PM  
**Rahu**    6:48AM – 8:38AM

**Shatabhishak Until 7:32PM**  
Sobhana Until 12:58AM Tue  
Vanija Until 6:19AM  
Tritiya Until 7:17PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

*Sunrise:* 4:58AM  
*Sunset:* 7:39PM

Springfield, OR  
Sun 2    Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**3**

**Tuesday, July 31, 2018**

Kumbha Rasi: 25.12    Tilthi 19

414342362

Routine Work    Marana Yoga

Until 9:57PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    12:18PM – 2:08PM  
Yama    8:38AM – 10:28AM  
**Rahu**    3:58PM – 5:48PM

**Purvaproshtapada\* Until 9:57PM**  
Athiganda\* Until 1:14AM Wed  
Bava Until 8:11AM  
Chaturthi\* Until 8:56PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

*Sunrise:* 4:59AM  
*Sunset:* 7:37PM

Springfield, OR  
Sun 3    Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**4**

**Wednesday, August 1, 2018**

Meena Rasi: 7.28    Tilthi 20

414342362

Creative Work    Siddha Yoga

Until 11:43PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    10:29AM – 12:18PM  
Yama    6:49AM – 8:39AM  
**Rahu**    12:18PM – 2:08PM

**Uttaraproshtapada Until 11:43PM**  
Sukarma Until 1:07AM Thu  
Kaulava Until 9:36AM  
Panchami Until 10:06PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

*Sunrise:* 5:00AM  
*Sunset:* 7:36PM

Springfield, OR  
Sun 4    Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**5**

**Thursday, August 2, 2018**

Meena Rasi: 19.57    Tilthi 21

414342362

Creative Work    Siddha Yoga

Until 12:46AM Fri

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    8:40AM – 10:29AM  
Yama    5:01AM – 6:50AM  
**Rahu**    2:07PM – 3:56PM

**Revati Until 12:46AM Fri**  
Dhriti Until 12:34AM Fri  
Gara Until 10:29AM  
Shashthi\* Until 10:41PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

*Sunrise:* 5:01AM  
*Sunset:* 7:35PM

Springfield, OR  
Sun 5    Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**6**

**Friday, August 3, 2018**

Mesha Rasi: 2.43    Tilthi 22

424342362

Creative Work    Amrita Yoga

Until 1:30AM Sat

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Visiti\*/Bava Karana Saptamyam Titau

**Gulika**    6:51AM – 8:40AM  
Yama    3:56PM – 5:45PM  
**Rahu**    10:29AM – 12:18PM

**Ashvini Until 1:30AM Sat**  
Shula\* Until 11:28PM  
Visiti Until 10:45AM  
Saptami Until 10:37PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

*Sunrise:* 5:02AM  
*Sunset:* 7:34PM

Springfield, OR  
Sun 6    Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Sivaloka Day**

**Retreat Star**

**Saturday, August 4, 2018**

Mesha Rasi: 15.48    Tilthi 23

424342362

Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    5:03AM – 6:52AM  
Yama    2:06PM – 3:55PM  
**Rahu**    8:41AM – 10:29AM

**Bharani Until 1:24AM Sun**  
Ganda\* Until 9:50PM  
Balava Until 10:21AM  
Ashtami\* Until 9:53PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

*Sunrise:* 5:03AM  
*Sunset:* 7:32PM

Springfield, OR  
Sun 7    Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

**Sunday, August 5, 2018**

**Retreat Star**

Mesha Rasi: 29.16    Tilthi 24

424342362

Creative Work    Siddha Yoga

Until 12:29AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    3:54PM – 5:43PM  
Yama    12:18PM – 2:06PM  
**Rahu**    5:43PM – 7:31PM

**Krittika Until 12:29AM Mon**  
Vriddhi Until 7:41PM  
Taitila Until 9:16AM  
Navami\* Until 8:28PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

*Sunrise:* 5:04AM  
*Sunset:* 7:31PM

Springfield, OR  
Sun 8    Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

|          |   |                       |   |  |  |                                   |  |
|----------|---|-----------------------|---|--|--|-----------------------------------|--|
| <b>1</b> | <b>Monday, August 6, 2018</b>   |                       | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Dashamyam Titau |  |  |                                   | Springfield, OR<br>Sun 9 Sutra 113<br>Vilamba 5120 |
|          | Vrishabha Rasi: 13.08<br>Family Home Evening<br>Creative Work Amrita Yoga | Tithi 25<br>434342362 | Gulika 2:06PM – 3:54PM<br>Yama 10:30AM – 12:18PM<br>Rahu 6:54AM – 8:42AM  | Rohini Until 11:13PM<br>Dhruva Until 4:57PM<br>Vanija Until 7:31AM<br>Dashami Until 6:24PM | Ganesha: Purple<br>Muruqa: Clear<br>Nataraja: Clear<br>Moon – Yellow | Sunrise: 5:05AM<br>Sunset: 7:30PM | Moon 7 - Phase 16<br>2nd Phase<br>Devaloka Day     |
|          |   |                       |   |  |  |                                   | Ashada-Adi   |
|          |   |                       |   |  |  |                                   |  |

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|----------|---|----------------------------|---|---|--|-----------------------------------|---|
| <b>2</b> | <b>Tuesday, August 7, 2018</b>  |                            | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |   |  |                                   | Springfield, OR<br>Sun 10 Sutra 114<br>Vilamba 5120 |
|          | Vrishabha Rasi: 27.23<br>Creative Work Siddha Yoga<br>Until 9:16PM<br>Then Routine Work - Marana Yoga | Tithi 26 – 27<br>434342362 | Gulika 12:17PM – 2:05PM<br>Yama 8:42AM – 10:30AM<br>Rahu 3:53PM – 5:41PM  | Mrigashira Until 9:16PM<br>Vyaghata* Until 1:47PM<br>Kaulava Until 2:17AM Wed<br>Ekadashi* Until 3:46PM | Ganesha: Purple<br>Muruqa: Clear<br>Nataraja: Clear<br>Moon – Yellow | Sunrise: 5:07AM<br>Sunset: 7:28PM | Moon 7 - Phase 16<br>2nd Phase<br>Devaloka Day      |
|          |   |                            |   |   |  |                                   | Ashada-Adi  |
|          |   |                            |   |   |  |                                   |   |

|          |  |                            |   |   |  |                                   |   |
|----------|--|----------------------------|---|---|--|-----------------------------------|---|
| <b>3</b> | <b>Wednesday, August 8, 2018</b>                 |                            | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |   |  |                                   | Springfield, OR<br>Sun 11 Sutra 115<br>Vilamba 5120 |
|          | Mithuna Rasi: 12.01<br>Creative Work Siddha Yoga | Tithi 27 – 28<br>434342362 | Gulika 10:30AM – 12:17PM<br>Yama 6:55AM – 8:43AM<br>Rahu 12:17PM – 2:05PM   | Ardra Until 6:45PM<br>Harshana Until 10:13AM<br>Gara Until 11:00PM<br>Dvadashi* Until 12:40PM | Ganesha: Purple<br>Muruqa: Clear<br>Nataraja: Clear<br>Moon – Yellow | Sunrise: 5:08AM<br>Sunset: 7:27PM | Moon 7 - Phase 16<br>2nd Phase<br>Devaloka Day      |
|          |  |                            |   |   |  |                                   | Ashada-Adi  |
|          |  |                            |   |   |  |                                   | <i>Pradosha Vrata (Fasting)</i>                     |

|          |  |                            |   |   |  |                                   |   |
|----------|--|----------------------------|---|---|--|-----------------------------------|---|
| <b>4</b> | <b>Thursday, August 9, 2018</b>                  |                            | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau |   |  |                                   | Springfield, OR<br>Sun 12 Sutra 116<br>Vilamba 5120 |
|          | Mithuna Rasi: 26.55<br>Creative Work Amrita Yoga | Tithi 28 – 29<br>444342362 | Gulika 8:43AM – 10:30AM<br>Yama 5:09AM – 6:56AM<br>Rahu 2:04PM – 3:51PM   | Punarvasu Until 4:12PM<br>Vajra* Until 6:21AM<br>Visti Until 7:28PM<br>Trayodashi* Until 9:14AM | Ganesha: Light Blue<br>Muruqa: Clear<br>Nataraja: Clear<br>Moon – Blue | Sunrise: 5:09AM<br>Sunset: 7:26PM | Moon 7 - Phase 16<br>2nd Phase<br>Devaloka Day      |
|          |  |                            |   |   |  |                                   | Ashada-Adi  |
|          |  |                            |   |   |  |                                   |   |

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|  | <b>Friday, August 10, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                       |  |   | Springfield, OR<br>Sun 13 Sutra 117<br>Vilamba 5120                    |                                   |   |
|  | <b>Retreat Star</b>            |  | Kataka Rasi: 12.01<br>Routine Work Marana Yoga  | Tithi 30<br>444342362 | Gulika 6:57AM – 8:44AM<br>Yama 3:51PM – 5:37PM<br>Rahu 10:30AM – 12:17PM | Pushya Until 1:22PM<br>Vyatipata* Until 10:12PM<br>Catuspada Until 3:48PM<br>Amavasya* Until 1:57AM Sat | Ganesha: Light Blue<br>Muruqa: Clear<br>Nataraja: Clear<br>Moon – Blue | Sunrise: 5:10AM<br>Sunset: 7:24PM | Moon 7 - Phase 16<br>Amavasya<br>Devaloka Day |
|  |                                |  |   |                       |  |   | Ashada-Adi   |                                   |   |
|  |                                |  |   |                       |  |   |  |                                   |   |

|                     |   |                      |   |   |  |                                   |   |
|---------------------|---|----------------------|---|---|--|-----------------------------------|---|
| <b>Retreat Star</b> | <b>Saturday, August 11, 2018</b>  |                      | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau |   |  |                                   | Springfield, OR<br>Sun 14 Sutra 118<br>Vilamba 5120 |
|                     | Kataka Rasi: 27.07<br>Routine Work Marana Yoga<br>Until 10:25AM<br>Then Creative Work - Amrita Yoga | Tithi 1<br>445342362 | Gulika 5:11AM – 6:58AM<br>Yama 2:03PM – 3:50PM<br>Rahu 8:44AM – 10:30AM   | Ashlesha* Until 10:25AM<br>Variyan Until 6:10PM<br>Kintughna Until 12:10PM<br>Prathama* Until 10:24PM | Ganesha: Orange<br>Muruqa: Clear<br>Nataraja: Clear<br>Moon – Blue | Sunrise: 5:11AM<br>Sunset: 7:23PM | Moon 7 - Phase 16<br>Prathama<br>Sivaloka Day       |
|                     |   |                      |   |   |  |                                   | Ashada-Adi  |
|                     |   |                      |   |   |  |                                   | Partial Solar Eclipse                               |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

|                                  |             |  |                             |  |   |
|----------------------------------|-------------|--|-----------------------------|--|---|
| <b>1 Sunday, August 12, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha/Purvaphalguni Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau |                             |  | Springfield, OR<br>Sun 15 Sutra 119<br>Vilamba 5120 |
| Simha Rasi: 12.08                | Tithi 2     | <b>Gulika</b> 3:49PM – 5:35PM  | <b>Magha* Until 7:56AM</b>  | <b>Ganesha:</b> Clear <i>Sunrise: 5:12AM</i> |   |
|                                  |             | Yama 12:17PM – 2:03PM  | Parigha* Until 2:19PM       | <b>Muruqa:</b> Clear <i>Sunset: 7:21PM</i>   | Moon 7 - Phase 17                                   |
|                                  |             | 455342362 <b>Rahu</b> 5:35PM – 7:21PM  | Balava Until 8:44AM         | <b>Nataraja:</b> Clear                       | 3rd Phase   |
| Routine Work                     | Marana Yoga |  | <b>Dvitiya Until 7:07PM</b> | Moon – Red                                   | <b>Sivaloka Day</b>                                 |
| Until 7:56AM                     |             |  |                             | <b>Sravana-Adi</b>                           |   |
| Then Creative Work - Siddha Yoga |             |  |                             |  |   |

|                                  |             |  |  |  |   |
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| <b>2 Monday, August 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau |  |  | Springfield, OR<br>Sun 16 Sutra 120<br>Vilamba 5120 |
| Simha Rasi: 26.52                | Tithi 3 – 4 | <b>Gulika</b> 2:02PM – 3:48PM  | <b>Uttaraphalguni Until 3:42AM Tue</b> | <b>Ganesha:</b> Clear <i>Sunrise: 5:13AM</i> |   |
|                                  |             | Yama 10:31AM – 12:17PM   | Shiva Until 10:49AM                    | <b>Muruqa:</b> Clear <i>Sunset: 7:20PM</i>   | Moon 7 - Phase 17                                   |
| <b>Family Home Evening</b>       |             | 455342362 <b>Rahu</b> 6:59AM – 8:45AM  | Vanija Until 3:03AM Tue                | <b>Nataraja:</b> Clear                       | 3rd Phase   |
| Creative Work                    | Siddha Yoga |  | <b>Tritiya Until 4:16PM</b>            | Moon – Red                                   | <b>Sivaloka Day</b>                                 |
|                                  |             |  |  | <b>Sravana-Adi</b>                           |   |

|                                   |             |  |                                |   |   |
|-----------------------------------|-------------|--|--------------------------------|---|---|
| <b>3 Tuesday, August 14, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Siddha/Sadnya Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau |                                |   | Springfield, OR<br>Sun 17 Sutra 121<br>Vilamba 5120 |
| Kanya Rasi: 11.16                 | Tithi 4 – 5 | <b>Gulika</b> 12:16PM – 2:02PM   | <b>Hasta Until 2:42AM Wed</b>  | <b>Ganesha:</b> Purple <i>Sunrise: 5:15AM</i> |   |
|                                   |             | Yama 8:45AM – 10:31AM  | Siddha Until 7:44AM            | <b>Muruqa:</b> Clear <i>Sunset: 7:18PM</i>    | Moon 7 - Phase 17                                   |
|                                   |             | 465342362 <b>Rahu</b> 3:47PM – 5:33PM  | Bava Until 1:05AM Wed          | <b>Nataraja:</b> Clear                        | 3rd Phase   |
| Creative Work                     | Siddha Yoga |  | <b>Chaturthi* Until 1:58PM</b> | Moon – Green                                  | <b>Subha Sivaloka Day</b>                           |
|                                   |             | <b>Nag Panchami</b>  |                                | <b>Sravana-Adi</b>                            |   |

|                                     |             |   |                                |   |   |
|-------------------------------------|-------------|---|--------------------------------|---|---|
| <b>4 Wednesday, August 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashtyayam Titau |                                |   | Springfield, OR<br>Sun 18 Sutra 122<br>Vilamba 5120 |
| Kanya Rasi: 25.13                   | Tithi 5 – 6 | <b>Gulika</b> 10:31AM – 12:16PM   | <b>Chitra Until 2:17AM Thu</b> | <b>Ganesha:</b> Purple <i>Sunrise: 5:16AM</i> |   |
|                                     |             | Yama 7:01AM – 8:46AM  | Subha Until 3:17AM Thu         | <b>Muruqa:</b> Clear <i>Sunset: 7:17PM</i>    | Moon 7 - Phase 17                                   |
|                                     |             | 465342362 <b>Rahu</b> 12:16PM – 2:01PM  | Kaulava Until 11:52PM          | <b>Nataraja:</b> Clear                        | 3rd Phase   |
| Creative Work                       | Siddha Yoga |   | <b>Panchami Until 12:22PM</b>  | Moon – Green                                  | <b>Subha Sivaloka Day</b>                           |
| Until 2:17AM Thu                    |             |   |                                | <b>Sravana-Adi</b>                            |   |
| Then Creative Work - Amrita Yoga    |             |   |                                |   |   |

|                                    |             |   |                                |   |   |
|------------------------------------|-------------|---|--------------------------------|---|---|
| <b>5 Thursday, August 16, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                |   | Springfield, OR<br>Sun 19 Sutra 123<br>Vilamba 5120 |
| Tula Rasi: 8.43                    | Tithi 6 – 7 | <b>Gulika</b> 8:46AM – 10:31AM  | <b>Svati Until 2:30AM Fri</b>  | <b>Ganesha:</b> Purple <i>Sunrise: 5:17AM</i> |   |
|                                    |             | Yama 5:17AM – 7:02AM  | Sukla Until 2:00AM Fri         | <b>Muruqa:</b> Clear <i>Sunset: 7:15PM</i>    | Moon 7 - Phase 17                                   |
|                                    |             | 465342362 <b>Rahu</b> 2:01PM – 3:46PM   | Gara Until 11:26PM             | <b>Nataraja:</b> Clear                        | 3rd Phase   |
| Creative Work                      | Amrita Yoga |   | <b>Shashthi* Until 11:32AM</b> | Moon – Green                                  | <b>Subha Sivaloka Day</b>                           |
| Until 2:30AM Fri                   |             |   |                                | <b>Sravana-Avani</b>                          |   |
| Then Creative Work - Siddha Yoga   |             |   |                                |   |   |

|                                |             |  |                                  |   |   |
|--------------------------------|-------------|--|----------------------------------|---|---|
| <b>Friday, August 17, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                  |   | Springfield, OR<br>Sun 20 Sutra 124<br>Vilamba 5120 |
| <b>Retreat Star</b>            |             | <b>Gulika</b> 7:02AM – 8:47AM  | <b>Vishakha Until 3:49AM Sat</b> | <b>Ganesha:</b> Purple <i>Sunrise: 5:18AM</i> |   |
| Tula Rasi: 21.47               | Tithi 7 – 8 | Yama 3:45PM – 5:29PM   | Brahma Until 1:21AM Sat          | <b>Muruqa:</b> Clear <i>Sunset: 7:14PM</i>    | Moon 7 - Phase 17                                   |
|                                |             | 575342362 <b>Rahu</b> 10:31AM – 12:16PM  | Visti Until 11:50PM              | <b>Nataraja:</b> Clear                        | Ashtami   |
| Creative Work                  | Siddha Yoga |  | <b>Saptami Until 11:31AM</b>     | Moon – Orange                                 | <b>Subha Sivaloka Day</b>                           |
|                                |             |  |                                  | <b>Sravana-Avani</b>                          |   |

|                                  |             |   |                                  |   |   |
|----------------------------------|-------------|---|----------------------------------|---|---|
| <b>Saturday, August 18, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                  |   | Springfield, OR<br>Sun 21 Sutra 125<br>Vilamba 5120 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 5:19AM – 7:03AM   | <b>Anuradha Until 5:42AM Sun</b> | <b>Ganesha:</b> Purple <i>Sunrise: 5:19AM</i> |   |
| Vrischika Rasi: 4.28             | Tithi 8 – 9 | Yama 2:00PM – 3:44PM  | Indra Until 1:18AM Sun           | <b>Muruqa:</b> Clear <i>Sunset: 7:12PM</i>    | Moon 7 - Phase 17                                   |
|                                  |             | 575342362 <b>Rahu</b> 8:47AM – 10:31AM  | Balava Until 12:58AM Sun         | <b>Nataraja:</b> Clear                        | Navami  |
| Creative Work                    | Siddha Yoga |   | <b>Ashtami* Until 12:17PM</b>    | Moon – Orange                                 | <b>Subha Sivaloka Day</b>                           |
| Until 5:42AM Sun                 |             |   |                                  | <b>Sravana-Avani</b>                          |   |
| Then Routine Work - Marana Yoga  |             |   |                                  |   |   |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

|                                  |                                |              |  |   |   |  |   |
|----------------------------------|--------------------------------|--------------|--|---|---|--|---|
| 1                                | <b>Sunday, August 19, 2018</b> |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |   |   |  | Springfield, OR<br>Sun 22 Sutra 126<br>Vilamba 5120   |
|                                  | Vrischika Rasi: 16.49          | Tithi 9 – 10 | 575442362  | Gulika 3:43PM – 5:27PM<br>Yama 12:15PM – 1:59PM<br>Rahu 5:27PM – 7:10PM | <b>Jyeshtha* Until 8:00AM Mon</b><br>Vaidhriti* Until 1:42AM Mon<br>Taitila Until 2:44AM Mon<br><b>Navami* Until 1:45PM</b> | Ganesha: Clear Sunrise: 5:20AM<br>Muruga: Clear Sunset: 7:10PM<br>Nataraja: Clear<br>Moon – Orange | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
|                                  | Routine Work Marana Yoga       |              |  |   |   |  |   |
|                                  | Until 8:00AM Mon               |              |  |   |   |  |   |
| Then Creative Work - Siddha Yoga |                                |              |  |   |   |  |   |

|   |                                |               |  |  |   |  |   |
|---|--------------------------------|---------------|--|--|---|--|---|
| 2 | <b>Monday, August 20, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau |  |   |  | Springfield, OR<br>Sun 23 Sutra 127<br>Vilamba 5120   |
|   | Vrischika Rasi: 28.55          | Tithi 10 – 11 | 575442362  | Gulika 1:58PM – 3:42PM<br>Yama 10:32AM – 12:15PM<br>Rahu 7:05AM – 8:48AM | <b>Jyeshtha* Until 8:00AM</b><br>Vishkambha* Until 2:29AM Tue<br>Vanija Until 4:58AM Tue<br><b>Dashami Until 3:47PM</b> | Ganesha: Clear Sunrise: 5:21AM<br>Muruga: Clear Sunset: 7:09PM<br>Nataraja: Clear<br>Moon – Orange | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
|   | Family Home Evening            |               |  |  |   |  |   |
|   | Creative Work Siddha Yoga      |               |  |  |   |  |   |

|                                  |                                 |          |   |  |  |  |   |
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| 3                                | <b>Tuesday, August 21, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Priti Yoga Visti* Karana Ekadashyam Titau |  |  |  | Springfield, OR<br>Sun 24 Sutra 128<br>Vilamba 5120   |
|                                  | Dhanus Rasi: 10.5               | Tithi 11 | 586442362   | Gulika 12:15PM – 1:58PM<br>Yama 8:49AM – 10:32AM<br>Rahu 3:41PM – 5:24PM | <b>Mula* Until 11:02AM</b><br>Priti Until 3:31AM Wed<br>Visti Until 6:11PM<br><b>Ekadashi Until 6:11PM</b> | Ganesha: Clear Sunrise: 5:23AM<br>Muruga: Clear Sunset: 7:07PM<br>Nataraja: Clear<br>Moon – Light Blue | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
|                                  | Creative Work Amrita Yoga       |          |   |  |  |  |   |
|                                  | Until 11:02AM                   |          |   |  |  |  |   |
| Then Creative Work - Siddha Yoga |                                 |          |   |  |  |  |   |

|   |                                   |          |  |   |  |  |   |
|---|-----------------------------------|----------|--|---|--|--|---|
| 4 | <b>Wednesday, August 22, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau |   |  |  | Springfield, OR<br>Sun 25 Sutra 129<br>Vilamba 5120   |
|   | Dhanus Rasi: 22.4                 | Tithi 12 | 586442362  | Gulika 10:32AM – 12:15PM<br>Yama 7:06AM – 8:49AM<br>Rahu 12:15PM – 1:57PM | <b>Purvashadha* Until 2:08PM</b><br>Ayushman Until 4:35AM Thu<br>Bava Until 7:29AM<br><b>Dvadashi Until 8:46PM</b> | Ganesha: Clear Sunrise: 5:24AM<br>Muruga: Clear Sunset: 7:05PM<br>Nataraja: Clear<br>Moon – Light Blue | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
|   | Creative Work Amrita Yoga         |          |  |   |  |  |   |
|   |                                   |          |  |   |  |  |   |

|                                  |                                  |          |  |   |  |  |   |
|----------------------------------|----------------------------------|----------|--|---|--|--|---|
| 5                                | <b>Thursday, August 23, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau |   |  |  | Springfield, OR<br>Sun 26 Sutra 130<br>Vilamba 5120   |
|                                  | Makara Rasi: 4.27                | Tithi 13 | 586442362  | Gulika 8:50AM – 10:32AM<br>Yama 5:25AM – 7:07AM<br>Rahu 1:57PM – 3:39PM | <b>Uttarashadha Until 5:07PM</b><br>Saubhagya Until 5:39AM Fri<br>Kaulava Until 10:06AM<br><b>Trayodashi Until 11:22PM</b> | Ganesha: Clear Sunrise: 5:25AM<br>Muruga: Clear Sunset: 7:04PM<br>Nataraja: Clear<br>Moon – Light Blue | Moon 7 - Phase 18<br>4th Phase<br><b>Sivaloka Day</b> |
|                                  | Routine Work Marana Yoga         |          |  |   |  |  |   |
|                                  | Until 5:07PM                     |          |  |   |  |  |   |
| Then Creative Work - Siddha Yoga |                                  |          |  | <i>Pradosha Vrata</i>   |  |  |   |

|                                  |                                |          |   |  |  |  |   |
|----------------------------------|--------------------------------|----------|---|--|--|--|---|
| 6                                | <b>Friday, August 24, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau |  |  |  | Springfield, OR<br>Sun 27 Sutra 131<br>Vilamba 5120         |
|                                  | Makara Rasi: 16.15             | Tithi 14 | 596442362   | Gulika 7:08AM – 8:50AM<br>Yama 3:38PM – 5:20PM<br>Rahu 10:32AM – 12:14PM | <b>Shravana Until 8:19PM</b><br>Sobhana Until 6:36AM Sat<br>Gara Until 12:38PM<br><b>Chaturdashi* Until 1:49AM Sat</b> | Ganesha: White Sunrise: 5:26AM<br>Muruga: Clear Sunset: 7:02PM<br>Nataraja: Clear<br>Moon – Purple | Moon 7 - Phase 18<br>4th Phase<br><b>Subha Sivaloka Day</b> |
|                                  | Routine Work Marana Yoga       |          |   |  |  |  |   |
|                                  | Until 8:19PM                   |          |   |  |  |  |   |
| Then Creative Work - Siddha Yoga |                                |          |   |  |  |  |   |

|                                  |                                  |          |  |   |   |  |   |
|----------------------------------|----------------------------------|----------|--|---|---|--|---|
| O                                | <b>Saturday, August 25, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yuktayam<br>Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau |   |   |  | Springfield, OR<br>Sutra 132<br>Vilamba 5120              |
|                                  | <b>Copper Retreat Star</b>       |          |  |   |   |  |   |
|                                  | Makara Rasi: 28.07               | Tithi 15 | 596442362  | Gulika 5:27AM – 7:09AM<br>Yama 1:55PM – 3:37PM<br>Rahu 8:50AM – 10:32AM | <b>Dhanishtha Until 11:07PM</b><br>Sobhana Until 6:36AM<br>Visti Until 2:58PM<br><b>Purnima* Until 3:59AM Sun</b> | Ganesha: White Sunrise: 5:27AM<br>Muruga: Clear Sunset: 7:00PM<br>Nataraja: Clear<br>Moon – Purple | Moon 7 - Phase 18<br>Purnima<br><b>Subha Sivaloka Day</b> |
|                                  | Creative Work Siddha Yoga        |          |  |   |   |  |   |
| Until 11:07PM                    |                                  |          |  |   |   |  |   |
| Then Creative Work - Amrita Yoga |                                  |          |  |   |   |  |   |

|                                 |                                |          |   |   |   |  |  |
|---------------------------------|--------------------------------|----------|---|---|---|--|--|
| O                               | <b>Sunday, August 26, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau |   |   |  | Springfield, OR<br>Sutra 133<br>Vilamba 5120               |
|                                 | <b>Silver Retreat Star</b>     |          |   |   |   |  |  |
|                                 | Kumbha Rasi: 10.06             | Tithi 16 | 596442362   | Gulika 3:36PM – 5:17PM<br>Yama 12:13PM – 1:55PM<br>Rahu 5:17PM – 6:59PM | <b>Shatabhishak Until 1:25AM Mon</b><br>Athiganda* Until 7:17AM<br>Balava Until 4:58PM<br><b>Prathama* Until 5:48AM Mon</b> | Ganesha: White Sunrise: 5:28AM<br>Muruga: Clear Sunset: 6:59PM<br>Nataraja: Clear<br>Moon – Purple | Moon 7 - Phase 18<br>Prathama<br><b>Subha Sivaloka Day</b> |
|                                 | Creative Work Siddha Yoga      |          |   |   |   |  |  |
| Until 1:25AM Mon                |                                |          |   |   |   |  |  |
| Then Routine Work - Marana Yoga |                                |          |   |   |   |  |  |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





**Monday, August 27, 2018**  
**Gold Retreat Star**

Kumbha Rasi: 22.14    Tithi 17  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 3:39AM Tue  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Tailila Karana Dvitiyayam Titau

**Gulika** 1:54PM – 3:35PM  
Yama 10:32AM – 12:13PM  
**Rahu** 7:10AM – 8:51AM

Springfield, OR  
Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Ganesh:** White    *Sunrise:* 5:29AM  
**Muruqa:** Clear    *Sunset:* 6:57PM

**Nataraja:** Purple  
Moon – Clear

**Sivaloka Day**

**1**

**Tuesday, August 28, 2018**

Meena Rasi: 4.32    Tithi 17 – 18  
517452363  
Creative Work    Amrita Yoga  
Until 5:18AM Wed  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 12:13PM – 1:53PM  
Yama 8:52AM – 10:32AM  
**Rahu** 3:34PM – 5:15PM

**Uttaraproshtapada** Until 5:18AM Wed  
Dhriti Until 7:50AM  
Vanija Until 7:46PM  
**Dvitiya** Until 7:12AM

Springfield, OR  
Sun 1    Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Ganesh:** Clear    *Sunrise:* 5:30AM  
**Muruqa:** Purple    *Sunset:* 6:55PM

**Nataraja:** Purple  
Moon – Clear

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**2**

**Wednesday, August 29, 2018**

Meena Rasi: 17.01    Tithi 18 – 19  
517452363  
Routine Work    Marana Yoga  
Until 6:21AM Thu  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 10:32AM – 12:13PM  
Yama 7:12AM – 8:52AM  
**Rahu** 12:13PM – 1:53PM

**Revati** Until 6:21AM Thu  
Shula\* Until 7:34AM  
Bava Until 8:30PM  
**Tritiya** Until 8:10AM

Springfield, OR  
Sun 2    Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Ganesh:** Clear    *Sunrise:* 5:32AM  
**Muruqa:** Purple    *Sunset:* 6:54PM

**Nataraja:** Purple  
Moon – Clear

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**3**

**Thursday, August 30, 2018**

Meena Rasi: 29.43    Tithi 19 – 20  
517452363  
Creative Work    Siddha Yoga  
Until 6:21AM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 8:53AM – 10:32AM  
Yama 5:33AM – 7:13AM  
**Rahu** 1:52PM – 3:32PM

**Revati** Until 6:21AM  
Ganda\* Until 6:58AM  
Kaulava Until 8:47PM  
**Chaturthi\*** Until 8:41AM

Springfield, OR  
Sun 3    Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Ganesh:** Clear    *Sunrise:* 5:33AM  
**Muruqa:** Purple    *Sunset:* 6:52PM

**Nataraja:** Purple  
Moon – Clear

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, August 31, 2018**

Mesha Rasi: 12.38    Tithi 20 – 21  
527452363  
Creative Work    Amrita Yoga  
Until 7:16AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhhi/Dhruva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 7:13AM – 8:53AM  
Yama 3:31PM – 5:10PM  
**Rahu** 10:32AM – 12:12PM

**Ashvini** Until 7:16AM  
Vridhhi Until 6:01AM  
Gara Until 8:35PM  
**Panchami** Until 8:43AM

Springfield, OR  
Sun 4    Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Ganesh:** Purple    *Sunrise:* 5:34AM  
**Muruqa:** Purple    *Sunset:* 6:50PM

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

**5**

**Saturday, September 1, 2018**

Mesha Rasi: 25.48    Tithi 21 – 22  
527452363  
Creative Work    Siddha Yoga  
Until 7:32AM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 5:35AM – 7:14AM  
Yama 1:51PM – 3:30PM  
**Rahu** 8:53AM – 10:32AM

**Bharani** Until 7:32AM  
Vyaghata\* Until 2:55AM Sun  
Visti Until 7:53PM  
**Shashthi\*** Until 8:17AM

Springfield, OR  
Sun 5    Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Ganesh:** Purple    *Sunrise:* 5:35AM  
**Muruqa:** Purple    *Sunset:* 6:48PM

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

**D**

**Sunday, September 2, 2018**  
**Retreat Star**

Vrishabha Rasi: 9.14    Tithi 22 – 23  
527452363  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 3:29PM – 5:08PM  
Yama 12:11PM – 1:50PM  
**Rahu** 5:08PM – 6:46PM

**Krittika** Until 7:11AM  
Harshana Until 12:47AM Mon  
Balava Until 6:41PM  
**Saptami** Until 7:20AM

Springfield, OR  
Sun 6    Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami

**Ganesh:** Purple    *Sunrise:* 5:36AM  
**Muruqa:** Purple    *Sunset:* 6:46PM

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

**Monday, September 3, 2018**  
**Retreat Star**

Vrishabha Rasi: 22.58    Tithi 24  
538452363  
**Family Home Evening**  
Creative Work    Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Tailila/Gara Karana Navamyam Titau

**Gulika** 1:49PM – 3:28PM  
Yama 10:33AM – 12:11PM  
**Rahu** 7:16AM – 8:54AM

**Rohini** Until 6:36AM  
Vajra\* Until 10:12PM  
Tailila Until 5:00PM  
**Navami\*** Until 3:57AM Tue

Springfield, OR  
Sun 7    Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Navami

**Ganesh:** White    *Sunrise:* 5:37AM  
**Muruqa:** Purple    *Sunset:* 6:45PM

**Nataraja:** Purple  
Moon – Yellow

**Devaloka Day**  
Srivana-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

|                                  |             |                                   |                  |   |                         |  |                     |
|----------------------------------|-------------|-----------------------------------|------------------|---|-------------------------|--|---------------------|
| <b>1</b>                         |             | <b>Tuesday, September 4, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau |                         | Springfield, OR<br>Sun 8 Sutra 142<br>Vilamba 5120 |                     |
| Mithuna Rasi: 7.01               | Tithi 25    | <b>Gulika</b>                     | 12:11PM – 1:49PM | <b>Ardra Until 3:37AM Wed</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:38AM                             |                     |
|                                  |             | Yama                              | 8:55AM – 10:33AM | Siddhi Until 7:16PM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:43PM                              | Moon 8 - Phase 20   |
|                                  |             | 538452363 <b>Rahu</b>             | 3:27PM – 5:05PM  | Vanija Until 2:49PM   | <b>Nataraja:</b> Purple |  | 2nd Phase           |
| Routine Work                     | Marana Yoga |                                   |                  | <b>Dashami Until 1:33AM Wed</b>   | Moon – Yellow           |  | <b>Devaloka Day</b> |
| Until 3:37AM Wed                 |             |                                   |                  |   | <b>Sravana•Avani</b>    |  |                     |
| Then Creative Work - Siddha Yoga |             |                                   |                  |   |                         |  |                     |

|                                  |             |                                     |                   |  |                         |  |                                    |
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| <b>2</b>                         |             | <b>Wednesday, September 5, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau |                         | Springfield, OR<br>Sun 9 Sutra 143<br>Vilamba 5120 |                                    |
| Mithuna Rasi: 21.2               | Tithi 26    | <b>Gulika</b>                       | 10:33AM – 12:10PM | <b>Punarvasu Until 1:43AM Thu</b>  | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:40AM                             |                                    |
|                                  |             | Yama                                | 7:17AM – 8:55AM   | Vyatipata* Until 4:00PM  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:41PM                              | Moon 8 - Phase 20                  |
|                                  |             | 548452363 <b>Rahu</b>               | 12:10PM – 1:48PM  | Bava Until 12:13PM   | <b>Nataraja:</b> Purple |  | 2nd Phase                          |
| Creative Work                    | Siddha Yoga |                                     |                   | <b>Ekadashi* Until 10:46PM</b>   | Moon – Blue             |  | <b>Bhuloka Day</b>                 |
| Until 1:43AM Thu                 |             |                                     |                   |  | <b>Sravana•Avani</b>    |  | <b>Devaloka Time: 9:AM to12:PM</b> |
| Then Creative Work - Amrita Yoga |             |                                     |                   |  |                         |  |                                    |

|                                  |             |                                    |                  |  |                         |   |                                    |
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| <b>3</b>                         |             | <b>Thursday, September 6, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                         | Springfield, OR<br>Sun 10 Sutra 144<br>Vilamba 5120 |                                    |
| Kataka Rasi: 5.56                | Tithi 27    | <b>Gulika</b>                      | 8:55AM – 10:33AM | <b>Pushya Until 11:24PM</b>  | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:41AM                              |                                    |
|                                  |             | Yama                               | 5:41AM – 7:18AM  | Variyan Until 12:27PM  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:39PM                               | Moon 8 - Phase 20                  |
|                                  |             | 548452363 <b>Rahu</b>              | 1:47PM – 3:25PM  | Kaulava Until 9:17AM   | <b>Nataraja:</b> Purple |   | 2nd Phase                          |
| Creative Work                    | Amrita Yoga |                                    |                  | <b>Dvadashi* Until 7:42PM</b>  | Moon – Blue             |   | <b>Bhuloka Day</b>                 |
| Until 11:24PM                    |             |                                    |                  |  | <b>Sravana•Avani</b>    |   | <b>Devaloka Time: 9:AM to12:PM</b> |
| Then Creative Work - Siddha Yoga |             |                                    |                  |  |                         |   |                                    |

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| <b>4</b>           |               | <b>Friday, September 7, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau |                         | Springfield, OR<br>Sun 11 Sutra 145<br>Vilamba 5120 |                                    |
| Kataka Rasi: 20.44 | Tithi 28 – 29 | <b>Gulika</b>                    | 7:19AM – 8:56AM   | <b>Ashlesha* Until 8:49PM</b>  | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:42AM                              |                                    |
|                    |               | Yama                             | 3:24PM – 5:00PM   | Parigha* Until 8:43AM  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:37PM                               | Moon 8 - Phase 20                  |
|                    |               | 548452363 <b>Rahu</b>            | 10:33AM – 12:10PM | Gara Until 6:07AM  | <b>Nataraja:</b> Purple |   | 2nd Phase                          |
| Routine Work       | Marana Yoga   |                                  |                   | <b>Trayodashi* Until 4:28PM</b>  | Moon – Blue             |   | <b>Bhuloka Day</b>                 |
|                    |               |                                  |                   |  | <b>Sravana•Avani</b>    |   | <b>Devaloka Time: 9:AM to12:PM</b> |
|                    |               |                                  |                   |  |                         |   |                                    |

*Pradosha Vrata (Fasting)*

|                                      |               |                       |                  |   |                         |   |                                    |
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| <b>● Saturday, September 8, 2018</b> |               | <b>Retreat Star</b>   |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                         | Springfield, OR<br>Sun 12 Sutra 146<br>Vilamba 5120 |                                    |
| Simha Rasi: 6                        | Tithi 29 – 30 | <b>Gulika</b>         | 5:43AM – 7:20AM  | <b>Magha* Until 6:28PM</b>  | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:43AM                              |                                    |
|                                      |               | Yama                  | 1:46PM – 3:22PM  | Siddha Until 1:09AM Sun   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:36PM                               | Moon 8 - Phase 20                  |
|                                      |               | 558452363 <b>Rahu</b> | 8:56AM – 10:33AM | Catuspada Until 11:35PM   | <b>Nataraja:</b> Purple |   | Amavasya                           |
| Creative Work                        | Amrita Yoga   |                       |                  | <b>Chaturdashi* Until 1:11PM</b>  | Moon – Red              |   | <b>Bhuloka Day</b>                 |
| Until 6:28PM                         |               |                       |                  |   | <b>Sravana•Avani</b>    |   | <b>Devaloka Time: 9:AM to12:PM</b> |
| Then Creative Work - Siddha Yoga     |               |                       |                  |   |                         |   |                                    |

|                                  |              |                       |                  |  |                         |   |                                    |
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| <b>Sunday, September 9, 2018</b> |              | <b>Retreat Star</b>   |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                         | Springfield, OR<br>Sun 13 Sutra 147<br>Vilamba 5120 |                                    |
| Simha Rasi: 20.26                | Tithi 30 – 1 | <b>Gulika</b>         | 3:21PM – 4:58PM  | <b>Purvaphalguni Until 4:08PM</b>  | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:44AM                              |                                    |
|                                  |              | Yama                  | 12:09PM – 1:45PM | Sadhya Until 9:32PM  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:34PM                               | Moon 8 - Phase 20                  |
|                                  |              | 558452363 <b>Rahu</b> | 4:58PM – 6:34PM  | Kintughna Until 8:31PM   | <b>Nataraja:</b> Purple |   | Prathama                           |
| Creative Work                    | Siddha Yoga  |                       |                  | <b>Amavasya* Until 10:00AM</b>   | Moon – Red              |   | <b>Bhuloka Day</b>                 |
| Until 4:08PM                     |              |                       |                  |  | <b>Bhadrapada•Avani</b> |   | <b>Devaloka Time: 9:AM to12:PM</b> |
| Then Creative Work - Amrita Yoga |              |                       |                  |  |                         |   |                                    |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

|          |                                   |             |   |                                    |                         |                        |   |
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| <b>1</b> | <b>Monday, September 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau |                                    |                         |                        | Springfield, OR<br>Sun 14 Sutra 148<br>Vilamba 5120 |
|          | Kanya Rasi: 5.05                  | Tithi 1 – 2 | <b>Gulika</b> 1:44PM – 3:20PM   | <b>Uttaraphalguni</b> Until 1:58PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:45AM |   |
|          | <b>Family Home Evening</b>        | 559452363   | <b>Rahu</b> 7:21AM – 8:57AM   | Subha Until 6:14PM                 | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:32PM  | Moon 8 - Phase 21                                   |
|          | Creative Work Siddha Yoga         |             |   | Kaulava Until 4:34AM Tue           | <b>Nataraja:</b> Purple |                        | 3rd Phase   |
|          |                                   |             | <b>Prathama*</b> Until 7:04AM   | <b>Bhadrapada*Avani</b>            |                         | <b>Bhuloka Day</b>     |   |

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| <b>2</b> | <b>Tuesday, September 11, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau |                            |                         |                        | Springfield, OR<br>Sun 15 Sutra 149<br>Vilamba 5120 |
|          | Kanya Rasi: 19.28                  | Tithi 3   | <b>Gulika</b> 12:08PM – 1:44PM   | <b>Hasta</b> Until 12:33PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:46AM |   |
|          |                                    | 569452363 | <b>Rahu</b> 3:19PM – 4:55PM  | Sukla Until 3:17PM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:30PM  | Moon 8 - Phase 21                                   |
|          | Creative Work Siddha Yoga          |           |  | Taitila Until 3:31PM       | <b>Nataraja:</b> Purple |                        | 3rd Phase   |
|          |                                    |           | <b>Tritiya</b> Until 2:37AM Wed  | <b>Bhadrapada*Avani</b>    |                         | <b>Bhuloka Day</b>     |   |

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| <b>3</b> | <b>Wednesday, September 12, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthayam Titau |                                    |                         |                        | Springfield, OR<br>Sun 16 Sutra 150<br>Vilamba 5120 |
|          | Tula Rasi: 3.28                      | Tithi 4   | <b>Gulika</b> 10:33AM – 12:08PM   | <b>Chitra</b> Until 11:35AM        | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:48AM |   |
|          |                                      | 569452363 | <b>Rahu</b> 12:08PM – 1:43PM  | Brahma Until 12:53PM               | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:28PM  | Moon 8 - Phase 21                                   |
|          | Creative Work Siddha Yoga            |           |   | Vanija Until 1:54PM                | <b>Nataraja:</b> Purple |                        | 3rd Phase   |
|          |                                      |           | <b>Ganesh Chaturthi</b>   | <b>Chaturthi*</b> Until 1:21AM Thu | <b>Bhadrapada*Avani</b> | <b>Bhuloka Day</b>     |   |

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| <b>4</b>                         | <b>Thursday, September 13, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau |                            |                         |                              | Springfield, OR<br>Sun 17 Sutra 151<br>Vilamba 5120 |
|                                  | Tula Rasi: 17.01                    | Tithi 5   | <b>Gulika</b> 8:58AM – 10:33AM   | <b>Svati</b> Until 11:12AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:49AM       |   |
|                                  |                                     | 569552363 | <b>Rahu</b> 1:42PM – 3:17PM  | Indra Until 11:04AM        | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:26PM        | Moon 8 - Phase 21                                   |
|                                  | Creative Work Amrita Yoga           |           |  | Bava Until 1:02PM          | <b>Nataraja:</b> Purple |                              | 3rd Phase   |
| Until 11:12AM                    |                                     |           | <b>Panchami</b> Until 12:53AM Fri  | <b>Bhadrapada*Avani</b>    |                         | <b>Bhuloka Day</b>           |   |
| Then Creative Work - Siddha Yoga |                                     |           |  |                            |                         | Devaloka Time: 9:AM to 12:PM |   |

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| <b>5</b> | <b>Friday, September 14, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau |                               |                         |                        | Springfield, OR<br>Sun 18 Sutra 152<br>Vilamba 5120 |
|          | Vrischika Rasi: 0.08              | Tithi 6   | <b>Gulika</b> 7:24AM – 8:59AM   | <b>Vishakha</b> Until 11:56AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:50AM |   |
|          |                                   | 579552363 | <b>Rahu</b> 10:33AM – 12:07PM   | Vaidhriti* Until 9:53AM       | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:25PM  | Moon 8 - Phase 21                                   |
|          | Creative Work Siddha Yoga         |           |   | Kaulava Until 12:59PM         | <b>Nataraja:</b> Purple |                        | 3rd Phase   |
|          |                                   |           | <b>Shashthi*</b> Until 1:15AM Sat   | <b>Bhadrapada*Avani</b>       |                         | <b>Devaloka Day</b>    |   |

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| <b>6</b> | <b>Saturday, September 15, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau |                              |                         |                        | Springfield, OR<br>Sun 19 Sutra 153<br>Vilamba 5120 |
|          | Vrischika Rasi: 12.52               | Tithi 7   | <b>Gulika</b> 5:51AM – 7:25AM   | <b>Anuradha</b> Until 1:18PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:51AM |   |
|          |                                     | 579552363 | <b>Rahu</b> 8:59AM – 10:33AM  | Vishkambha* Until 9:22AM     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:23PM  | Moon 8 - Phase 21                                   |
|          | Creative Work Siddha Yoga           |           |   | Gara Until 1:46PM            | <b>Nataraja:</b> Purple |                        | 3rd Phase   |
|          |                                     |           | <b>Saptami</b> Until 2:25AM Sun   | <b>Bhadrapada*Avani</b>      |                         | <b>Devaloka Day</b>    |   |

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| <b>D</b>                         | <b>Sunday, September 16, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau |                               |                         |                        | Springfield, OR<br>Sun 20 Sutra 154<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>               |         | <b>Gulika</b> 3:14PM – 4:47PM   | <b>Jyeshtha*</b> Until 3:14PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:52AM |   |
|                                  | Vrischika Rasi: 25.13             | Tithi 8 | <b>Rahu</b> 4:47PM – 6:21PM   | Priti Until 9:27AM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:21PM  | Moon 8 - Phase 21                                   |
|                                  | Routine Work Marana Yoga          |         |   | Visti Until 3:17PM            | <b>Nataraja:</b> Purple |                        | Ashtami   |
| Until 3:14PM                     |                                   |         | <b>Ashtami*</b> Until 4:16AM Mon  | <b>Bhadrapada*Puratasi</b>    |                         | <b>Devaloka Day</b>    |   |
| Then Creative Work - Amrita Yoga |                                   |         |   |                               |                         |                        |   |

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| <b>D</b>                        | <b>Monday, September 17, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau |                            |                         |                              | Springfield, OR<br>Sun 21 Sutra 155<br>Vilamba 5120 |
|                                 | <b>Retreat Star</b>               |           | <b>Gulika</b> 1:39PM – 3:13PM  | <b>Mula*</b> Until 6:04PM  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:53AM       |   |
|                                 | Dhanus Rasi: 7.19                 | Tithi 9   | <b>Rahu</b> 7:26AM – 9:00AM  | Ayushman Until 9:59AM      | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:19PM        | Moon 8 - Phase 21                                   |
|                                 | <b>Family Home Evening</b>        | 589552363 |  | Balava Until 5:24PM        | <b>Nataraja:</b> Purple |                              | Navami  |
| Creative Work Siddha Yoga       |                                   |           | <b>Navami*</b> Until 6:36AM Tue  | <b>Bhadrapada*Puratasi</b> |                         | <b>Bhuloka Day</b>           |   |
| Until 6:04PM                    |                                   |           |  |                            |                         | Devaloka Time: 9:AM to 12:PM |   |
| Then Routine Work - Marana Yoga |                                   |           |  |                            |                         |                              |   |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

|  |              |                                       |                                  |  |                        |   |                             |
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| <b>1</b>                               |              | <b>Tuesday, September 18, 2018</b>    |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        | Springfield, OR<br>Sun 22 Sutra 156<br>Vilamba 5120 |                             |
| Dhanus Rasi: 19.13                     | Tithi 9 – 10 | <b>Gulika</b> 12:06PM – 1:39PM        | <b>Purvashadha* Until 9:06PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:54AM | <b>Muruqa:</b> Purple                               | <i>Sunset:</i> 6:17PM       |
|  |              | Yama 9:00AM – 10:33AM                 | Saubhagya Until 10:52AM          | <b>Nataraja:</b> Purple  |                        |   | Moon 8 - Phase 22           |
|  |              | 581552363 <b>Rahu</b> 3:11PM – 4:44PM | Taitila Until 7:54PM             |  |                        |   | 4th Phase                   |
| Creative Work                          | Siddha Yoga  |                                       | <b>Navami* Until 6:36AM</b>      |  |                        | <b>Bhuloka Day</b>                                  |                             |
| Until 9:06PM                           |              |                                       |                                  |  |                        | <b>Bhadrapada-Puratasi</b>                          | Devaloka Time: 9:AM to12:PM |
| Then Routine Work - Prabararishta Yoga |              |                                       |                                  |  |                        |   |                             |

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| <b>2</b>                         |               | <b>Wednesday, September 19, 2018</b>   |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Springfield, OR<br>Sun 23 Sutra 157<br>Vilamba 5120 |                             |
| Makara Rasi: 1.02                | Tithi 10 – 11 | <b>Gulika</b> 10:33AM – 12:05PM        | <b>Uttarashadha Until 12:04AM Thu</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:56AM | <b>Muruqa:</b> Purple                               | <i>Sunset:</i> 6:15PM       |
|                                  |               | Yama 7:28AM – 9:00AM                   | Sobhana Until 11:56AM                 | <b>Nataraja:</b> Purple   |                        |   | Moon 8 - Phase 22           |
|                                  |               | 581552363 <b>Rahu</b> 12:05PM – 1:38PM | Vanija Until 10:32PM                  |   |                        |   | 4th Phase                   |
| Creative Work                    | Amrita Yoga   |  | <b>Dashami Until 9:12AM</b>           |   |                        | <b>Bhuloka Day</b>                                  |                             |
| Until 12:04AM Thu                |               |  |                                       |   |                        | <b>Bhadrapada-Puratasi</b>                          | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga |               |  |                                       |   |                        |   |                             |

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| <b>3</b>                         |               | <b>Thursday, September 20, 2018</b>   |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                        | Springfield, OR<br>Sun 24 Sutra 158<br>Vilamba 5120 |                       |
| Makara Rasi: 12.49               | Tithi 11 – 12 | <b>Gulika</b> 9:01AM – 10:33AM        | <b>Shravana Until 3:16AM Fri</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:57AM | <b>Muruqa:</b> Purple                               | <i>Sunset:</i> 6:13PM |
|                                  |               | Yama 5:57AM – 7:29AM                  | Athiganda* Until 12:58PM         | <b>Nataraja:</b> Purple   |                        |   | Moon 8 - Phase 22     |
|                                  |               | 591552363 <b>Rahu</b> 1:37PM – 3:09PM | Bava Until 1:04AM Fri            |   |                        |   | 4th Phase             |
| Creative Work                    | Siddha Yoga   |                                       | <b>Ekadashi Until 11:48AM</b>    |   |                        | <b>Devaloka Day</b>                                 |                       |
|                                  |               |                                       |                                  |   |                        | <b>Bhadrapada-Puratasi</b>                          |                       |
| Then Creative Work - Siddha Yoga |               |                                       |                                  |   |                        |   |                       |

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| <b>4</b>                         |               | <b>Friday, September 21, 2018</b>       |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        | Springfield, OR<br>Sun 25 Sutra 159<br>Vilamba 5120 |                       |
| Makara Rasi: 24.4                | Tithi 12 – 13 | <b>Gulika</b> 7:30AM – 9:01AM           | <b>Dhanishtha Until 6:01AM Sat</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:58AM | <b>Muruqa:</b> Purple                               | <i>Sunset:</i> 6:12PM |
|                                  |               | Yama 3:08PM – 4:40PM                    | Sukarma Until 1:51PM               | <b>Nataraja:</b> Purple   |                        |   | Moon 8 - Phase 22     |
|                                  |               | 591552363 <b>Rahu</b> 10:33AM – 12:05PM | Kaulava Until 3:19AM Sat           |   |                        |   | 4th Phase             |
| Creative Work                    | Siddha Yoga   |   | <b>Dvadashi Until 2:13PM</b>       |   |                        | <b>Devaloka Day</b>                                 |                       |
| Until 6:01AM Sat                 |               |   |                                    |   |                        | <b>Bhadrapada-Puratasi</b>                          |                       |
| Then Creative Work - Amrita Yoga |               |   |                                    |   |                        |   |                       |
|                                  |               |   |                                    |   |                        |   | <i>Pradosha Vrata</i> |

|                                  |               |  |                                |  |                        |   |                       |
|----------------------------------|---------------|--|--------------------------------|--|------------------------|---|-----------------------|
| <b>5</b>                         |               | <b>Saturday, September 22, 2018</b>    |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                        | Springfield, OR<br>Sun 26 Sutra 160<br>Vilamba 5120 |                       |
| Kumbha Rasi: 6.38                | Tithi 13 – 14 | <b>Gulika</b> 5:59AM – 7:30AM          | <b>Dhanishtha Until 6:01AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:59AM | <b>Muruqa:</b> Purple                               | <i>Sunset:</i> 6:10PM |
|                                  |               | Yama 1:36PM – 3:07PM                   | Dhriti Until 2:28PM            | <b>Nataraja:</b> Purple  |                        |   | Moon 8 - Phase 22     |
|                                  |               | 591552363 <b>Rahu</b> 9:02AM – 10:33AM | Gara Until 5:09AM Sun          |  |                        |   | 4th Phase             |
| Creative Work                    | Siddha Yoga   |  | <b>Trayodashi Until 4:16PM</b> |  |                        | <b>Devaloka Day</b>                                 |                       |
| Until 6:01AM                     |               | <b>Chidambaram Abhishekam</b>          |                                |  |                        | <b>Bhadrapada-Puratasi</b>                          |                       |
| Then Creative Work - Amrita Yoga |               | <b>Kadaitswami Mahasamadhi</b>         |                                |  |                        |   |                       |

|                                  |               |                                       |                                  |  |                        |   |                       |
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| <b>6</b>                         |               | <b>Sunday, September 23, 2018</b>     |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau |                        | Springfield, OR<br>Sun 27 Sutra 161<br>Vilamba 5120 |                       |
| Kumbha Rasi: 18.47               | Tithi 14 – 15 | <b>Gulika</b> 3:06PM – 4:37PM         | <b>Shatabhishak Until 8:11AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:00AM | <b>Muruqa:</b> Purple                               | <i>Sunset:</i> 6:08PM |
|                                  |               | Yama 12:04PM – 1:35PM                 | Shula* Until 2:42PM              | <b>Nataraja:</b> Purple  |                        |   | Moon 8 - Phase 22     |
|                                  |               | 591552363 <b>Rahu</b> 4:37PM – 6:08PM | Visti Until 6:28AM Mon           |  |                        |   | 4th Phase             |
| Creative Work                    | Siddha Yoga   |                                       | <b>Chaturdashy* Until 5:51PM</b> |  |                        | <b>Devaloka Day</b>                                 |                       |
|                                  |               |                                       |                                  |  |                        | <b>Bhadrapada-Puratasi</b>                          |                       |
| Then Creative Work - Siddha Yoga |               |                                       |                                  |  |                        |   |                       |

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| <b>○</b>                         |             | <b>Monday, September 24, 2018</b>     |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau |                        | Springfield, OR<br>Sutra 162<br>Vilamba 5120 |                       |
| <b>Copper Retreat Star</b>       |             | <b>Gulika</b> 1:34PM – 3:05PM         | <b>Purvaprosarthapada* Until 10:11AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:01AM | <b>Muruqa:</b> Purple                        | <i>Sunset:</i> 6:06PM |
| Meena Rasi: 1.08                 | Tithi 15    | Yama 10:33AM – 12:04PM                | Ganda* Until 2:34PM                      | <b>Nataraja:</b> Purple  |                        |  | Moon 8 - Phase 22     |
| <b>Family Home Evening</b>       |             | 511552363 <b>Rahu</b> 7:32AM – 9:02AM | Visti Until 6:28AM                       |  |                        |  | Purnima               |
| Routine Work                     | Marana Yoga |                                       | <b>Purnima* Until 6:55PM</b>             |  |                        | <b>Devaloka Day</b>                          |                       |
| Until 10:11AM                    |             |                                       |  |  |                        | <b>Bhadrapada-Puratasi</b>                   |                       |
| Then Creative Work - Siddha Yoga |             |                                       |  |  |                        |  |                       |

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| <b>○</b>                         |             | <b>Tuesday, September 25, 2018</b>    |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau |                        | Springfield, OR<br>Sutra 163<br>Vilamba 5120 |                       |
| <b>Silver Retreat Star</b>       |             | <b>Gulika</b> 12:03PM – 1:34PM        | <b>Uttaraprosarthapada Until 11:31AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:02AM | <b>Muruqa:</b> Purple                        | <i>Sunset:</i> 6:04PM |
| Meena Rasi: 13.44                | Tithi 16    | Yama 9:03AM – 10:33AM                 | Vridhi Until 2:02PM                      | <b>Nataraja:</b> Purple  |                        |  | Moon 8 - Phase 22     |
|                                  |             | 511552363 <b>Rahu</b> 3:04PM – 4:34PM | Balava Until 7:16AM                      |  |                        |  | Prathama              |
| Creative Work                    | Amrita Yoga |                                       | <b>Prathama* Until 7:28PM</b>            |  |                        | <b>Devaloka Day</b>                          |                       |
| Until 11:31AM                    |             |                                       |  |  |                        | <b>Bhadrapada-Puratasi</b>                   |                       |
| Then Creative Work - Siddha Yoga |             |                                       |  |  |                        |  |                       |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Springfield, OR

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 26.32 Tithi 17

511552363 Rahu 12:03PM - 1:33PM

Gulika 10:33AM - 12:03PM

Yama 7:33AM - 9:03AM

Revati Until 12:14PM

Dhruva Until 1:06PM

Taitila Until 7:35AM

Dvitiya Until 7:33PM

Ganesha: Purple Sunrise: 6:04AM

Muruqa: Purple Sunset: 6:02PM

Nataraja: Purple

Moon - Clear

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Springfield, OR

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 9.34 Tithi 18

621552363 Rahu 1:32PM - 3:02PM

Gulika 9:04AM - 10:33AM

Yama 6:05AM - 7:34AM

Ashvini Until 12:50PM

Vyaghata\* Until 11:51AM

Vanija Until 7:28AM

Tritiya Until 7:14PM

Ganesha: Purple Sunrise: 6:05AM

Muruqa: Purple Sunset: 6:00PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 12:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturtham Titau

Springfield, OR

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 22.48 Tithi 19

622552363 Rahu 10:33AM - 12:02PM

Gulika 7:35AM - 9:04AM

Yama 3:00PM - 4:30PM

Bharani Until 12:55PM

Harshana Until 10:19AM

Bava Until 6:57AM

Chaturthi\* Until 6:33PM

Ganesha: Clear Sunrise: 6:06AM

Muruqa: Purple Sunset: 5:59PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

Springfield, OR

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 6.13 Tithi 20 - 21

622552363 Rahu 9:05AM - 10:33AM

Gulika 6:07AM - 7:36AM

Yama 1:31PM - 2:59PM

Krittika Until 12:32PM

Vajra\* Until 8:29AM

Kaulava Until 6:06AM

Panchami Until 5:33PM

Ganesha: Clear Sunrise: 6:07AM

Muruqa: Purple Sunset: 5:57PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyadipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Springfield, OR

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 19.49 Tithi 21 - 22

632552363 Rahu 4:27PM - 5:55PM

Gulika 2:58PM - 4:27PM

Yama 12:02PM - 1:30PM

Rohini Until 12:09PM

Siddhi Until 6:26AM

Visti Until 3:31AM Mon

Shashthi\* Until 4:15PM

Ganesha: Purple Sunrise: 6:08AM

Muruqa: Purple Sunset: 5:55PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Springfield, OR

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 3.34 Tithi 22 - 23

632552363 Rahu 7:37AM - 9:05AM

Gulika 1:29PM - 2:57PM

Yama 10:33AM - 12:01PM

Mrigashira Until 11:21AM

Variyan Until 1:38AM Tue

Balava Until 1:48AM Tue

Saptami Until 2:40PM

Ganesha: Purple Sunrise: 6:10AM

Muruqa: Purple Sunset: 5:53PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 11:21AM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Springfield, OR

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 17.3 Tithi 23 - 24

632552363 Rahu 2:56PM - 4:24PM

Gulika 12:01PM - 1:29PM

Yama 9:06AM - 10:33AM

Ardra Until 10:07AM

Parigha\* Until 10:54PM

Taitila Until 11:49PM

Ashtami\* Until 12:49PM

Ganesha: Purple Sunrise: 6:11AM

Muruqa: Purple Sunset: 5:51PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 10:07AM

Then Creative Work - Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

|                |               |                                   |                   |  |                            |  |                             |
|----------------|---------------|-----------------------------------|-------------------|--|----------------------------|--|-----------------------------|
| <b>1</b>       |               | <b>Wednesday, October 3, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                            | Springfield, OR<br>Sun 8 Sutra 171<br>Vilamba 5120 |                             |
| Kataka Rasi: 2 | Tithi 24 – 25 | <b>Gulika</b>                     | 10:33AM – 12:01PM | <b>Punarvasu</b> Until 8:54AM  | <b>Ganesha:</b> Clear      | <i>Sunrise:</i> 6:12AM                             |                             |
|                |               | Yama                              | 7:39AM – 9:06AM   | Shiva Until 7:58PM   | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 5:49PM                              | Moon 9 - Phase 24           |
|                |               | 642552363 <b>Rahu</b>             | 12:01PM – 1:28PM  | Vanija Until 9:35PM  | <b>Nataraja:</b> Purple    |  | 2nd Phase                   |
| Creative Work  | Siddha Yoga   |                                   |                   | <b>Navami*</b> Until 10:42AM   | Moon – Blue                |  | <b>Bhuloka Day</b>          |
|                |               |                                   |                   |  | <b>Bhadrapada*Puratasi</b> |  | Devaloka Time: 6:AM to 9:AM |

|                                  |               |                                  |                  |   |                            |  |                             |
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| <b>2</b>                         |               | <b>Thursday, October 4, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                            | Springfield, OR<br>Sun 9 Sutra 172<br>Vilamba 5120 |                             |
| Kataka Rasi: 15.52               | Tithi 25 – 26 | <b>Gulika</b>                    | 9:07AM – 10:34AM | <b>Pushya</b> Until 7:19AM  | <b>Ganesha:</b> Clear      | <i>Sunrise:</i> 6:13AM                             |                             |
|                                  |               | Yama                             | 6:13AM – 7:40AM  | Siddha Until 4:50PM   | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 5:48PM                              | Moon 9 - Phase 24           |
|                                  |               | 642552363 <b>Rahu</b>            | 1:27PM – 2:54PM  | Bava Until 7:08PM   | <b>Nataraja:</b> Purple    |  | 2nd Phase                   |
| Creative Work                    | Amrita Yoga   |                                  |                  | <b>Dashami</b> Until 8:21AM   | Moon – Blue                |  | <b>Bhuloka Day</b>          |
| Until 7:19AM                     |               |                                  |                  |   | <b>Bhadrapada*Puratasi</b> |  | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Siddha Yoga |               |                                  |                  |   |                            |  |                             |

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| <b>3</b>                         |             | <b>Friday, October 5, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau |                            | Springfield, OR<br>Sun 10 Sutra 173<br>Vilamba 5120 |                    |
| Simha Rasi: 0.16                 | Tithi 27    | <b>Gulika</b>                  | 7:41AM – 9:07AM   | <b>Magha*</b> Until 3:40AM Sat  | <b>Ganesha:</b> White      | <i>Sunrise:</i> 6:14AM                              |                    |
|                                  |             | Yama                           | 2:53PM – 4:19PM   | Sadhya Until 1:36PM   | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 5:46PM                               | Moon 9 - Phase 24  |
|                                  |             | 652552363 <b>Rahu</b>          | 10:34AM – 12:00PM | Kaulava Until 4:32PM  | <b>Nataraja:</b> Purple    |   | 2nd Phase          |
| Routine Work                     | Marana Yoga |                                |                   | <b>Dvadashi*</b> Until 3:11AM Sat   | Moon – Red                 |   | <b>Bhuloka Day</b> |
| Until 3:40AM Sat                 |             |                                |                   |   | <b>Bhadrapada*Puratasi</b> |   |                    |
| Then Creative Work - Siddha Yoga |             |                                |                   |   |                            |   |                    |

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| <b>4</b>                         |             | <b>Saturday, October 6, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau |                            | Springfield, OR<br>Sun 11 Sutra 174<br>Vilamba 5120 |                    |
| Simha Rasi: 14.44                | Tithi 28    | <b>Gulika</b>                    | 6:15AM – 7:42AM  | <b>Purvaphalguni</b> Until 1:47AM Sun   | <b>Ganesha:</b> White      | <i>Sunrise:</i> 6:15AM                              |                    |
|                                  |             | Yama                             | 1:26PM – 2:52PM  | Subha Until 10:18AM   | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 5:44PM                               | Moon 9 - Phase 24  |
|                                  |             | 652552363 <b>Rahu</b>            | 9:08AM – 10:34AM | Gara Until 1:53PM   | <b>Nataraja:</b> Purple    |   | 2nd Phase          |
| Creative Work                    | Siddha Yoga |                                  |                  | <b>Trayodashi*</b> Until 12:33AM Sun  | Moon – Red                 |   | <b>Bhuloka Day</b> |
| Until 1:47AM Sun                 |             |                                  |                  |   | <b>Bhadrapada*Puratasi</b> |   |                    |
| Then Creative Work - Amrita Yoga |             |                                  |                  | <i>Pradosha Vrata (Fasting)</i>   |                            |   |                    |

|  |             |                                |                  |   |                            |   |                             |
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| <b>5</b>                               |             | <b>Sunday, October 7, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                            | Springfield, OR<br>Sun 12 Sutra 175<br>Vilamba 5120 |                             |
| Simha Rasi: 29.11                      | Tithi 29    | <b>Gulika</b>                  | 2:51PM – 4:17PM  | <b>Uttaraphalguni</b> Until 11:53PM   | <b>Ganesha:</b> White      | <i>Sunrise:</i> 6:17AM                              |                             |
|  |             | Yama                           | 11:59AM – 1:25PM | Sukla Until 7:01AM  | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 5:42PM                               | Moon 9 - Phase 24           |
|  |             | 652552364 <b>Rahu</b>          | 4:17PM – 5:42PM  | Visti Until 11:17AM   | <b>Nataraja:</b> Clear     |   | 2nd Phase                   |
| Creative Work                          | Amrita Yoga |                                |                  | <b>Chaturdashi*</b> Until 10:02PM   | Moon – Red                 |   | <b>Bhuloka Day</b>          |
| Until 10:32PM                          |             |                                |                  |   | <b>Bhadrapada*Puratasi</b> |   | Devaloka Time: 6:PM to 9:PM |
| Then Routine Work - Prabalarishta Yoga |             |                                |                  |   |                            |   |                             |

|  |             |                       |                   |  |                            |   |                     |
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| <b>Monday, October 8, 2018</b>         |             | <b>Retreat Star</b>   |                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                            | Springfield, OR<br>Sun 13 Sutra 176<br>Vilamba 5120 |                     |
| Kanya Rasi: 13.32                      | Tithi 30    | <b>Gulika</b>         | 1:25PM – 2:50PM   | <b>Hasta</b> Until 10:32PM   | <b>Ganesha:</b> Red        | <i>Sunrise:</i> 6:18AM                              |                     |
| <b>Family Home Evening</b>             |             | Yama                  | 10:34AM – 11:59AM | Indra Until 12:59AM Tue  | <b>Muruqa:</b> Purple      | <i>Sunset:</i> 5:41PM                               | Moon 9 - Phase 24   |
| Creative Work                          | Siddha Yoga | 662652364 <b>Rahu</b> | 7:43AM – 9:09AM   | Catuspada Until 8:52AM   | <b>Nataraja:</b> Clear     |   | Amavasya            |
| Until 10:32PM                          |             |                       |                   | <b>Amavasya*</b> Until 7:46PM  | Moon – Green               |   | <b>Devaloka Day</b> |
| Then Routine Work - Prabalarishta Yoga |             |                       |                   |  | <b>Bhadrapada*Puratasi</b> |   |                     |
|  |             |                       |                   | <b>Mahalaya Amavasai (Tamil Nadu)</b>  |                            |   |                     |

|  |             |                       |                  |  |                         |   |                     |
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| <b>Tuesday, October 9, 2018</b>        |             | <b>Retreat Star</b>   |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau |                         | Springfield, OR<br>Sun 14 Sutra 177<br>Vilamba 5120 |                     |
| Kanya Rasi: 27.41                      | Tithi 1 – 2 | <b>Gulika</b>         | 11:59AM – 1:24PM | <b>Chitra</b> Until 9:28PM   | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 6:19AM                              |                     |
|  |             | Yama                  | 9:09AM – 10:34AM | Vaidhriti* Until 10:25PM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:39PM                               | Moon 9 - Phase 24   |
|  |             | 662652364 <b>Rahu</b> | 2:49PM – 4:14PM  | Kintughna Until 6:48AM   | <b>Nataraja:</b> Clear  |   | Prathama            |
| Creative Work                          | Siddha Yoga |                       |                  | <b>Prathama*</b> Until 5:54PM  | Moon – Green            |   | <b>Devaloka Day</b> |
| Until 10:32PM                          |             |                       |                  |  | <b>Ashvina*Puratasi</b> |   |                     |
| Then Routine Work - Prabalarishta Yoga |             |                       |                  | <b>Navaratri Begins</b>  |                         |   |                     |

|               |                                    |             |   |                           |                        |                        |   |
|---------------|------------------------------------|-------------|---|---------------------------|------------------------|------------------------|---|
| 1             | <b>Wednesday, October 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                           |                        |                        | Springfield, OR<br>Sun 15 Sutra 178<br>Vilamba 5120 |
|               | Tula Rasi: 11.32                   | Tithi 2 – 3 | <b>Gulika</b> 10:34AM – 11:59AM   | <b>Svati</b> Until 8:49PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:20AM |   |
|               |                                    |             | Yama 7:45AM – 9:09AM  | Vishkambha* Until 8:19PM  | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:37PM  | Moon 9 - Phase 25                                   |
|               | 662652364                          |             | <b>Rahu</b> 11:59AM – 1:23PM  | Taitila Until 4:12AM Thu  | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work | Siddha Yoga                        |             | <b>Dvitiya</b> Until 4:36PM   | Moon – Green              |                        | <b>Devaloka Day</b>    |   |
|               |                                    |             |   | <b>Ashvina+Puratasi</b>   |                        |                        |   |

|               |                                   |             |   |                              |                        |                                    |   |
|---------------|-----------------------------------|-------------|---|------------------------------|------------------------|------------------------------------|---|
| 2             | <b>Thursday, October 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                              |                        |                                    | Springfield, OR<br>Sun 16 Sutra 179<br>Vilamba 5120 |
|               | Tula Rasi: 25.01                  | Tithi 3 – 4 | <b>Gulika</b> 9:10AM – 10:34AM  | <b>Vishakha</b> Until 9:08PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:22AM             |   |
|               |                                   |             | Yama 6:22AM – 7:46AM  | Priti Until 6:47PM           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:35PM              | Moon 9 - Phase 25                                   |
|               | 673652364                         |             | <b>Rahu</b> 1:23PM – 2:47PM   | Vanija Until 3:56AM Fri      | <b>Nataraja:</b> Clear |                                    | 3rd Phase   |
| Creative Work | Siddha Yoga                       |             | <b>Tritiya</b> Until 3:57PM   | Moon – Orange                |                        | <b>Bhuloka Day</b>                 |   |
|               |                                   |             |   | <b>Ashvina+Puratasi</b>      |                        | <b>Devaloka Time: 6:PM to 9:PM</b> |   |

|                                 |                                 |             |   |                               |                        |                                    |   |
|---------------------------------|---------------------------------|-------------|---|-------------------------------|------------------------|------------------------------------|---|
| 3                               | <b>Friday, October 12, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                               |                        |                                    | Springfield, OR<br>Sun 17 Sutra 180<br>Vilamba 5120 |
|                                 | Vrischika Rasi: 8.07            | Tithi 4 – 5 | <b>Gulika</b> 7:47AM – 9:10AM   | <b>Anuradha</b> Until 10:03PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:23AM             |   |
|                                 |                                 |             | Yama 2:46PM – 4:10PM  | Ayushman Until 5:49PM         | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:34PM              | Moon 9 - Phase 25                                   |
|                                 | 673652364                       |             | <b>Rahu</b> 10:34AM – 11:58AM   | Bava Until 4:27AM Sat         | <b>Nataraja:</b> Clear |                                    | 3rd Phase   |
| Creative Work                   | Siddha Yoga                     |             | <b>Chaturthi*</b> Until 4:04PM  | Moon – Orange                 |                        | <b>Bhuloka Day</b>                 |   |
| Until 10:03PM                   |                                 |             |   | <b>Ashvina+Puratasi</b>       |                        | <b>Devaloka Time: 6:PM to 9:PM</b> |   |
| Then Routine Work - Marana Yoga |                                 |             |   |                               |                        |                                    |   |

|               |                                   |             |   |                                |                        |                                    |   |
|---------------|-----------------------------------|-------------|---|--------------------------------|------------------------|------------------------------------|---|
| 4             | <b>Saturday, October 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                |                        |                                    | Springfield, OR<br>Sun 18 Sutra 181<br>Vilamba 5120 |
|               | Vrischika Rasi: 20.49             | Tithi 5 – 6 | <b>Gulika</b> 6:24AM – 7:47AM   | <b>Jyeshtha*</b> Until 11:33PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:24AM             |   |
|               |                                   |             | Yama 1:21PM – 2:45PM  | Saubhagya Until 5:28PM         | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:32PM              | Moon 9 - Phase 25                                   |
|               | 673652364                         |             | <b>Rahu</b> 9:11AM – 10:34AM  | Kaulava Until 5:43AM Sun       | <b>Nataraja:</b> Clear |                                    | 3rd Phase   |
| Creative Work | Siddha Yoga                       |             | <b>Panchami</b> Until 4:58PM  | Moon – Orange                  |                        | <b>Bhuloka Day</b>                 |   |
|               |                                   |             |   | <b>Ashvina+Puratasi</b>        |                        | <b>Devaloka Time: 6:PM to 9:PM</b> |   |

|                                 |                                 |         |  |                               |                        |                        |   |
|---------------------------------|---------------------------------|---------|--|-------------------------------|------------------------|------------------------|---|
| 5                               | <b>Sunday, October 14, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Shashthyam Titau |                               |                        |                        | Springfield, OR<br>Sun 19 Sutra 182<br>Vilamba 5120 |
|                                 | Dhanus Rasi: 3.11               | Tithi 6 | <b>Gulika</b> 2:44PM – 4:07PM  | <b>Mula*</b> Until 2:03AM Mon | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:25AM |   |
|                                 |                                 |         | Yama 11:58AM – 1:21PM  | Sobhana Until 5:41PM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:30PM  | Moon 9 - Phase 25                                   |
|                                 | 683652364                       |         | <b>Rahu</b> 4:07PM – 5:30PM  | Taitila Until 6:36PM          | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                   | Amrita Yoga                     |         | <b>Shashthi*</b> Until 6:36PM  | Moon – Light Blue             |                        | <b>Devaloka Day</b>    |   |
| Until 2:03AM Mon                |                                 |         |  | <b>Ashvina+Puratasi</b>       |                        |                        |   |
| Then Routine Work - Marana Yoga |                                 |         |  |                               |                        |                        |   |

|  |                                 |         |   |                                      |                        |                        |   |
|--|---------------------------------|---------|---|--------------------------------------|------------------------|------------------------|---|
| 6                                      | <b>Monday, October 15, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |                                      |                        |                        | Springfield, OR<br>Sun 20 Sutra 183<br>Vilamba 5120 |
|  | Dhanus Rasi: 15.17              | Tithi 7 | <b>Gulika</b> 1:20PM – 2:43PM   | <b>Purvashadha*</b> Until 4:54AM Tue | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:26AM |   |
|  | <b>Family Home Evening</b>      |         | Yama 10:35AM – 11:57AM  | Athiganda* Until 6:19PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:28PM  | Moon 9 - Phase 25                                   |
|  | 683652364                       |         | <b>Rahu</b> 7:49AM – 9:12AM   | Gara Until 7:40AM                    | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Routine Work                           | Marana Yoga                     |         | <b>Saptami</b> Until 8:49PM   | Moon – Light Blue                    |                        | <b>Devaloka Day</b>    |   |
| Until 4:54AM Tue                       |                                 |         |   | <b>Ashvina+Puratasi</b>              |                        |                        |   |
| Then Routine Work - Prabalarishta Yoga |                                 |         |   |                                      |                        |                        |   |

|                                  |                                  |                      |   |                                      |                        |                        |   |
|----------------------------------|----------------------------------|----------------------|---|--------------------------------------|------------------------|------------------------|---|
| D                                | <b>Tuesday, October 16, 2018</b> |                      | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |                                      |                        |                        | Springfield, OR<br>Sun 21 Sutra 184<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>              |                      | <b>Gulika</b> 11:57AM – 1:20PM  | <b>Uttarashadha</b> Until 7:49AM Wed | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:28AM |   |
|                                  | Dhanus Rasi: 27.12               | Tithi 8              | Yama 9:12AM – 10:35AM   | Sukarma Until 7:15PM                 | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:27PM  | Moon 9 - Phase 25                                   |
|                                  | 683652364                        |                      | <b>Rahu</b> 2:42PM – 4:04PM   | Visti Until 10:05AM                  | <b>Nataraja:</b> Clear |                        | Ashtami   |
| Routine Work                     | Prabalarishta Yoga               |                      | <b>Ashtami*</b> Until 11:23PM   | Moon – Light Blue                    |                        | <b>Devaloka Day</b>    |   |
| Until 7:49AM Wed                 |                                  |                      |   | <b>Ashvina+Puratasi</b>              |                        |                        |   |
| Then Creative Work - Siddha Yoga |                                  | <b>Durga Ashtami</b> |   |                                      |                        |                        |   |

|                                  |                                    |                                     |  |                                  |                        |                        |   |
|----------------------------------|------------------------------------|-------------------------------------|--|----------------------------------|------------------------|------------------------|---|
| D                                | <b>Wednesday, October 17, 2018</b> |                                     | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |                                  |                        |                        | Springfield, OR<br>Sun 22 Sutra 185<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>                |                                     | <b>Gulika</b> 10:35AM – 11:57AM  | <b>Uttarashadha</b> Until 7:49AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:29AM |   |
|                                  | Makara Rasi: 9.01                  | Tithi 9                             | Yama 7:51AM – 9:13AM   | Dhriti Until 8:17PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:25PM  | Moon 9 - Phase 25                                   |
|                                  | 683652364                          |                                     | <b>Rahu</b> 11:57AM – 1:19PM   | Balava Until 12:44PM             | <b>Nataraja:</b> Clear |                        | Navami  |
| Creative Work                    | Amrita Yoga                        |                                     | <b>Navami*</b> Until 2:02AM Thu  | Moon – Light Blue                |                        | <b>Devaloka Day</b>    |   |
| Until 7:49AM                     |                                    |                                     |  | <b>Ashvina+Puratsi</b>           |                        |                        |   |
| Then Creative Work - Siddha Yoga |                                    | <b>Saraswathi Puja (Tamil Nadu)</b> |  |                                  |                        |                        |   |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

|               |                                   |                             |  |                                 |                        |   |   |
|---------------|-----------------------------------|-----------------------------|--|---------------------------------|------------------------|---|---|
| <b>1</b>      | <b>Thursday, October 18, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau |                                 |                        |   | Springfield, OR<br>Sun 23 Sutra 186<br>Vilamba 5120 |
|               | Makara Rasi: 20.49                | Tithi 10                    | <b>Gulika</b> 9:14AM – 10:35AM   | <b>Shravana Until 11:05AM</b>   | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:30AM                            |   |
|               |                                   |                             | Yama 6:30AM – 7:52AM   | Shula* Until 9:12PM             | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:23PM                             | Moon 9 - Phase 26                                   |
|               | 693652364                         | <b>Rahu</b> 1:18PM – 2:40PM | Taitila Until 3:20PM   |                                 | <b>Nataraja:</b> Clear |   | 4th Phase   |
| Creative Work | Siddha Yoga                       | <b>Vijaya Dasami</b>        |  | <b>Dashami Until 4:30AM Fri</b> | <b>Ashvina•Aipasi</b>  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |

|               |                                 |                                  |   |                                |   |                        |   |
|---------------|---------------------------------|----------------------------------|---|--------------------------------|---|------------------------|---|
| <b>2</b>      | <b>Friday, October 19, 2018</b> |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau |                                |   |                        | Springfield, OR<br>Sun 24 Sutra 187<br>Vilamba 5120 |
|               | Kumbha Rasi: 2.42               | Tithi 11                         | <b>Gulika</b> 7:53AM – 9:14AM   | <b>Dhanishtha Until 1:55PM</b> | <b>Ganesha:</b> Purple                            | <i>Sunrise:</i> 6:32AM |   |
|               |                                 |                                  | Yama 2:39PM – 4:01PM  | Ganda* Until 9:52PM            | <b>Muruqa:</b> Purple                             | <i>Sunset:</i> 5:22PM  | Moon 9 - Phase 26                                   |
|               | 693652364                       | <b>Rahu</b> 10:35AM – 11:57AM    | Vanija Until 5:37PM   |                                | <b>Nataraja:</b> Clear                            |                        | 4th Phase   |
| Creative Work | Siddha Yoga                     | <b>Ekadashi Until 6:34AM Sat</b> |   | <b>Ashvina•Aipasi</b>          | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |   |

|               |                                   |                              |  |                                  |   |                        |   |
|---------------|-----------------------------------|------------------------------|--|----------------------------------|---|------------------------|---|
| <b>3</b>      | <b>Saturday, October 20, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                  |   |                        | Springfield, OR<br>Sun 25 Sutra 188<br>Vilamba 5120 |
|               | Kumbha Rasi: 14.45                | Tithi 11 – 12                | <b>Gulika</b> 6:33AM – 7:54AM  | <b>Shatabhishak Until 4:09PM</b> | <b>Ganesha:</b> Purple                            | <i>Sunrise:</i> 6:33AM |   |
|               |                                   |                              | Yama 1:17PM – 2:38PM   | Vriddhi Until 10:09PM            | <b>Muruqa:</b> Purple                             | <i>Sunset:</i> 5:20PM  | Moon 9 - Phase 26                                   |
|               | 693652364                         | <b>Rahu</b> 9:15AM – 10:36AM | Bava Until 7:25PM  |                                  | <b>Nataraja:</b> Clear                            |                        | 4th Phase   |
| Creative Work | Amrita Yoga                       | <b>Ekadashi Until 6:34AM</b> |  | <b>Ashvina•Aipasi</b>            | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |   |
| Until 4:09PM  | Then Routine Work - Marana Yoga   |                              |  |                                  |   |                        |   |

|               |                                  |                              |   |                                       |   |                        |   |
|---------------|----------------------------------|------------------------------|---|---------------------------------------|---|------------------------|---|
| <b>4</b>      | <b>Sunday, October 21, 2018</b>  |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                       |   |                        | Springfield, OR<br>Sun 26 Sutra 189<br>Vilamba 5120 |
|               | Kumbha Rasi: 27.01               | Tithi 12 – 13                | <b>Gulika</b> 2:37PM – 3:58PM   | <b>Purvaproshtapada* Until 6:07PM</b> | <b>Ganesha:</b> White                             | <i>Sunrise:</i> 6:34AM |   |
|               |                                  |                              | Yama 11:56AM – 1:17PM   | Dhruva Until 9:56PM                   | <b>Muruqa:</b> Purple                             | <i>Sunset:</i> 5:19PM  | Moon 9 - Phase 26                                   |
|               | 613652364                        | <b>Rahu</b> 3:58PM – 5:19PM  | Kaulava Until 8:36PM  |                                       | <b>Nataraja:</b> Clear                            |                        | 4th Phase   |
| Creative Work | Siddha Yoga                      | <b>Dvadashi Until 8:04AM</b> |   | <b>Ashvina•Aipasi</b>                 | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |   |
| Until 6:07PM  | Then Creative Work - Amrita Yoga | <i>Pradosha Vrata</i>        |   |                                       |   |                        |   |

|               |                                 |                                |  |                                       |   |                        |   |
|---------------|---------------------------------|--------------------------------|--|---------------------------------------|---|------------------------|---|
| <b>5</b>      | <b>Monday, October 22, 2018</b> |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |                                       |   |                        | Springfield, OR<br>Sun 27 Sutra 190<br>Vilamba 5120 |
|               | Meena Rasi: 9.34                | Tithi 13 – 14                  | <b>Gulika</b> 1:16PM – 2:37PM  | <b>Uttaraproshtapada Until 7:19PM</b> | <b>Ganesha:</b> White                             | <i>Sunrise:</i> 6:35AM |   |
|               | <b>Family Home Evening</b>      |                                | Yama 10:36AM – 11:56AM   | Vyaghata* Until 9:14PM                | <b>Muruqa:</b> Purple                             | <i>Sunset:</i> 5:17PM  | Moon 9 - Phase 26                                   |
|               | 613652364                       | <b>Rahu</b> 7:56AM – 9:16AM    | Gara Until 9:08PM  |                                       | <b>Nataraja:</b> Clear                            |                        | 4th Phase   |
| Creative Work | Siddha Yoga                     | <b>Trayodashi Until 8:56AM</b> |  | <b>Ashvina•Aipasi</b>                 | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |   |

|               |                                  |                                  |  |                            |   |                        |  |
|---------------|----------------------------------|----------------------------------|--|----------------------------|---|------------------------|--|
|               | <b>Tuesday, October 23, 2018</b> |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                            |   |                        | Springfield, OR<br>Sutra 191<br>Vilamba 5120 |
|               | <b>Copper Retreat Star</b>       |                                  | <b>Gulika</b> 11:56AM – 1:16PM   | <b>Revati Until 7:44PM</b> | <b>Ganesha:</b> White                             | <i>Sunrise:</i> 6:37AM |  |
|               | Meena Rasi: 22.25                | Tithi 14 – 15                    | Yama 9:16AM – 10:36AM  | Harshana Until 8:03PM      | <b>Muruqa:</b> Purple                             | <i>Sunset:</i> 5:15PM  | Moon 9 - Phase 26                            |
|               | 613652364                        | <b>Rahu</b> 2:36PM – 3:56PM      | Visti Until 9:04PM   |                            | <b>Nataraja:</b> Clear                            |                        | Purnima                                      |
| Creative Work | Siddha Yoga                      | <b>Chaturdashi* Until 9:09AM</b> |  | <b>Ashvina•Aipasi</b>      | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |  |

|              |                                    |                              |  |                             |                        |                        |  |
|--------------|------------------------------------|------------------------------|--|-----------------------------|------------------------|------------------------|--|
| <b>○</b>     | <b>Wednesday, October 24, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                             |                        |                        | Springfield, OR<br>Sutra 192<br>Vilamba 5120 |
|              | <b>Silver Retreat Star</b>         |                              | <b>Gulika</b> 10:36AM – 11:56AM  | <b>Ashvini Until 7:56PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:38AM |  |
|              | Mesha Rasi: 5.34                   | Tithi 15 – 16                | Yama 7:57AM – 9:17AM   | Vajra* Until 6:25PM         | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:14PM  | Moon 9 - Phase 26                            |
|              | 623652364                          | <b>Rahu</b> 11:56AM – 1:15PM | Balava Until 8:26PM  |                             | <b>Nataraja:</b> Clear |                        | Prathama                                     |
| Routine Work | Marana Yoga                        | <b>Purnima* Until 8:47AM</b> |  | <b>Ashvina•Aipasi</b>       | <b>Devaloka Day</b>    |                        |  |
| Until 7:56PM | Then Creative Work - Siddha Yoga   |                              |  |                             |                        |                        |  |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Springfield, OR

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 18.59 Tithi 16 - 17

623652364

**Gulika** 9:17AM - 10:37AM  
Yama 6:39AM - 7:58AM  
**Rahu** 1:15PM - 2:34PM

**Bharani** Until 7:32PM  
Siddhi Until 4:27PM  
Taitila Until 7:21PM  
**Prathama\*** Until 7:56AM

**Ganesha:** Clear *Sunrise: 6:39AM*  
**Muruqa:** Purple *Sunset: 5:12PM*  
**Nataraja:** Clear  
Moon - White

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\*Variyan Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Springfield, OR

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 2.38 Tithi 17 - 18

624652364

**Gulika** 7:59AM - 9:18AM  
Yama 2:33PM - 3:52PM  
**Rahu** 10:37AM - 11:56AM

**Krittika** Until 6:40PM  
Vyatipata\* Until 2:11PM  
Visti Until 5:07AM Sat  
**Dvitiya** Until 6:40AM

**Ganesha:** White *Sunrise: 6:41AM*  
**Muruqa:** Purple *Sunset: 5:11PM*  
**Nataraja:** Clear  
Moon - White

**Sivaloka Day**

Creative Work Siddha Yoga

Until 6:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturtham Titau

Springfield, OR

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 16.27 Tithi 19

634652364

**Gulika** 6:42AM - 8:00AM  
Yama 1:14PM - 2:32PM  
**Rahu** 9:19AM - 10:37AM

**Rohini** Until 5:50PM  
Variyan Until 11:42AM  
Bava Until 4:17PM  
**Chaturthi\*** Until 3:23AM Sun

**Ganesha:** Clear *Sunrise: 6:42AM*  
**Muruqa:** Purple *Sunset: 5:09PM*  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Creative Work Amrita Yoga

Until 5:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Springfield, OR

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 0.24 Tithi 20

634652364

**Gulika** 2:32PM - 3:50PM  
Yama 11:56AM - 1:14PM  
**Rahu** 3:50PM - 5:08PM

**Mrigashira** Until 4:44PM  
Parigha\* Until 9:06AM  
Kaulava Until 2:29PM  
**Panchami** Until 1:31AM Mon

**Ganesha:** Clear *Sunrise: 6:43AM*  
**Muruqa:** Purple *Sunset: 5:08PM*  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthiyam Titau

Springfield, OR

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 14.25 Tithi 21

634652364

**Family Home Evening**

**Gulika** 1:13PM - 2:31PM  
Yama 10:38AM - 11:56AM  
**Rahu** 8:02AM - 9:20AM

**Ardra** Until 3:23PM  
Shiva Until 6:25AM  
Gara Until 12:35PM  
**Shashthi\*** Until 11:36PM

**Ganesha:** Clear *Sunrise: 6:44AM*  
**Muruqa:** Purple *Sunset: 5:06PM*  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Springfield, OR

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 28.28 Tithi 22

644662364

**Gulika** 11:55AM - 1:13PM  
Yama 9:21AM - 10:38AM  
**Rahu** 2:30PM - 3:48PM

**Punarvasu** Until 2:17PM  
Sadhya Until 12:55AM Wed  
Visti Until 10:38AM  
**Saptami** Until 9:38PM

**Ganesha:** Purple *Sunrise: 6:46AM*  
**Muruqa:** Clear *Sunset: 5:05PM*  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Springfield, OR

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 12.32 Tithi 23

644662364

**Gulika** 10:38AM - 11:55AM  
Yama 8:04AM - 9:21AM  
**Rahu** 11:55AM - 1:12PM

**Pushya** Until 1:01PM  
Subha Until 10:09PM  
Balava Until 8:40AM  
**Ashtami\*** Until 7:39PM

**Ganesha:** Purple *Sunrise: 6:47AM*  
**Muruqa:** Clear *Sunset: 5:04PM*  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Springfield, OR

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 26.37 Tithi 24 - 25

644662364

**Gulika** 9:22AM - 10:39AM  
Yama 6:48AM - 8:05AM  
**Rahu** 1:12PM - 2:29PM

**Ashlesha\*** Until 11:36AM  
Sukla Until 7:21PM  
Taitila Until 6:41AM  
**Navami\*** Until 5:40PM

**Ganesha:** Purple *Sunrise: 6:48AM*  
**Muruqa:** Clear *Sunset: 5:02PM*  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 11:36AM

Then Creative Work - Amrita Yoga

**Ashvina-Aipasi**

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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|                                  |               |                                 |                             |   |                        |                     |  |
|----------------------------------|---------------|---------------------------------|-----------------------------|---|------------------------|---------------------|--|
| <b>1</b>                         |               | <b>Friday, November 2, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha/Purvaphalguni Nakshatra Brahma/Indra Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau |                        |                     | Springfield, OR<br>Sun 8 Sutra 201<br>Vilamba 5120 |
| Simha Rasi: 10.41                | Tithi 25 – 26 | <b>Gulika</b> 8:06AM – 9:22AM   | <b>Magha* Until 10:29AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:50AM |                     |  |
|                                  |               | Yama 2:28PM – 3:45PM            | Brahma Until 4:34PM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:01PM  |                     | Moon 10 - Phase 28                                 |
|                                  | 654762364     | <b>Rahu</b> 10:39AM – 11:55AM   | Bava Until 2:45AM Sat       | <b>Nataraja:</b> Clear  |                        |                     | 2nd Phase  |
| Routine Work                     | Marana Yoga   |                                 | <b>Dashami Until 3:42PM</b> | <b>Ashvina-Aipasi</b>   |                        | <b>Devaloka Day</b> |  |
| Until 10:29AM                    |               |                                 |                             |   |                        |                     |  |
| Then Creative Work - Siddha Yoga |               |                                 |                             |   |                        |                     |  |

|                                 |               |                                   |                                   |  |                        |                     |  |
|---------------------------------|---------------|-----------------------------------|-----------------------------------|--|------------------------|---------------------|--|
| <b>2</b>                        |               | <b>Saturday, November 3, 2018</b> |                                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        |                     | Springfield, OR<br>Sun 9 Sutra 202<br>Vilamba 5120 |
| Simha Rasi: 24.46               | Tithi 26 – 27 | <b>Gulika</b> 6:51AM – 8:07AM     | <b>Purvaphalguni Until 9:14AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:51AM |                     |  |
|                                 |               | Yama 1:11PM – 2:27PM              | Indra Until 1:51PM                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:00PM  |                     | Moon 10 - Phase 28                                 |
|                                 | 654762364     | <b>Rahu</b> 9:23AM – 10:39AM      | Kaulava Until 12:52AM Sun         | <b>Nataraja:</b> Clear   |                        |                     | 2nd Phase  |
| Creative Work                   | Siddha Yoga   |                                   | <b>Ekadashi* Until 1:46PM</b>     | <b>Ashvina-Aipasi</b>  |                        | <b>Devaloka Day</b> |  |
| Until 9:14AM                    |               |                                   |                                   |  |                        |                     |  |
| Then Routine Work - Marana Yoga |               |                                   |                                   |  |                        |                     |  |

|  |               |                                 |                                    |   |                        |                     |   |
|--|---------------|---------------------------------|------------------------------------|---|------------------------|---------------------|---|
| <b>3</b>                               |               | <b>Sunday, November 4, 2018</b> |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau |                        |                     | Springfield, OR<br>Sun 10 Sutra 203<br>Vilamba 5120 |
| Kanya Rasi: 8.46                       | Tithi 27 – 28 | <b>Gulika</b> 2:27PM – 3:43PM   | <b>Uttaraphalguni Until 7:57AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:52AM |                     |   |
|  |               | Yama 11:55AM – 1:11PM           | Vaidhriti* Until 11:11AM           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:58PM  |                     | Moon 10 - Phase 28                                  |
|  | 654762364     | <b>Rahu</b> 3:43PM – 4:58PM     | Gara Until 11:07PM                 | <b>Nataraja:</b> Clear  |                        |                     | 2nd Phase   |
| Creative Work                          | Amrita Yoga   |                                 | <b>Dvadashi* Until 11:57AM</b>     | <b>Ashvina-Aipasi</b>   |                        | <b>Devaloka Day</b> |   |
| Until 7:07AM                           |               |                                 |                                    |   |                        |                     |   |
| Then Routine Work - Prabalarishta Yoga |               |                                 |                                    |   |                        |                     |   |
|  |               |                                 |                                    |   |                        |                     |   |

*Pradosha Vrata (Fasting)*

|  |               |                                       |                                  |   |                        |                     |   |
|--|---------------|---------------------------------------|----------------------------------|---|------------------------|---------------------|---|
| <b>4</b>                               |               | <b>Monday, November 5, 2018</b>       |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        |                     | Springfield, OR<br>Sun 11 Sutra 204<br>Vilamba 5120 |
| Kanya Rasi: 22.41                      | Tithi 28 – 29 | <b>Gulika</b> 1:11PM – 2:26PM         | <b>Hasta Until 7:07AM</b>        | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:54AM |                     |   |
| <b>Family Home Evening</b>             |               | Yama 10:40AM – 11:55AM                | Vishkambha* Until 8:40AM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:57PM  |                     | Moon 10 - Phase 28                                  |
| Creative Work                          | Siddha Yoga   | <b>Rahu</b> 8:09AM – 9:25AM           | Visti Until 9:37PM               | <b>Nataraja:</b> Clear  |                        |                     | 2nd Phase   |
| Until 7:07AM                           |               |                                       | <b>Trayodashi* Until 10:19AM</b> | <b>Ashvina-Aipasi</b>   |                        | <b>Devaloka Day</b> |   |
| Then Routine Work - Prabalarishta Yoga |               | <b>Subramuniyaswami Mahasamadhi</b>   |                                  |   |                        |                     |   |
|  |               | <b>Deepavali Hindu Solidarity Day</b> |                                  |   |                        |                     |   |

|                     |               |                                  |                                  |  |                        |                     |   |
|---------------------|---------------|----------------------------------|----------------------------------|--|------------------------|---------------------|---|
| <b>Retreat Star</b> |               | <b>Tuesday, November 6, 2018</b> |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        |                     | Springfield, OR<br>Sun 12 Sutra 205<br>Vilamba 5120 |
| Tula Rasi: 6.25     | Tithi 29 – 30 | <b>Gulika</b> 11:55AM – 1:10PM   | <b>Chitra Until 6:24AM</b>       | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:55AM |                     |   |
|                     |               | Yama 9:25AM – 10:40AM            | Priti Until 6:24AM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:56PM  |                     | Moon 10 - Phase 28                                  |
|                     | 664762364     | <b>Rahu</b> 2:26PM – 3:41PM      | Catuspada Until 8:28PM           | <b>Nataraja:</b> Clear   |                        |                     | Amavasya  |
| Creative Work       | Siddha Yoga   |                                  | <b>Chaturdashi* Until 8:58AM</b> | <b>Ashvina-Aipasi</b>  |                        | <b>Devaloka Day</b> |   |
| Until 7:07AM        |               |                                  |                                  |  |                        |                     |   |

|                     |              |                                    |                                  |  |                        |                     |   |
|---------------------|--------------|------------------------------------|----------------------------------|--|------------------------|---------------------|---|
| <b>Retreat Star</b> |              | <b>Wednesday, November 7, 2018</b> |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        |                     | Springfield, OR<br>Sun 13 Sutra 206<br>Vilamba 5120 |
| Tula Rasi: 19.56    | Tithi 30 – 1 | <b>Gulika</b> 10:41AM – 11:55AM    | <b>Vishakha Until 6:16AM Thu</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:56AM |                     |   |
|                     |              | Yama 8:11AM – 9:26AM               | Saubhagya Until 2:50AM Thu       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:55PM  |                     | Moon 10 - Phase 28                                  |
|                     | 765762364    | <b>Rahu</b> 11:55AM – 1:10PM       | Kintughna Until 7:46PM           | <b>Nataraja:</b> Clear   |                        |                     | Prathama  |
| Creative Work       | Siddha Yoga  |                                    | <b>Amavasya* Until 8:02AM</b>    | <b>Kartika-Aipasi</b>  |                        | <b>Sivaloka Day</b> |   |
| Until 7:07AM        |              | <b>Skanda Shasthi Begins</b>       |                                  |  |                        |                     |   |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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|                                  |                                    |           |  |   |                        |                        |   |
|----------------------------------|------------------------------------|-----------|--|---|------------------------|------------------------|---|
| 1                                | <b>Saturday, November 17, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Harshana Yoga Taitila/Gara Karana Dashamyam Titau |   |                        |                        | Springfield, OR<br>Sun 23 Sutra 216<br>Vilamba 5120 |
|                                  | Kumbha Rasi: 22.33                 | Tithi 10  | <b>Gulika</b> 7:10AM – 8:21AM  | <b>Purvaproshtapada* Until 3:02AM Sun</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:10AM |   |
|                                  |                                    |           | Yama 1:09PM – 2:20PM   | Harshana Until 5:32AM Sun                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:44PM  | Moon 10 - Phase 30                                  |
|                                  |                                    | 716762365 | <b>Rahu</b> 9:33AM – 10:45AM   | Taitila Until 11:23AM                     | <b>Nataraja:</b> White |                        | 4th Phase   |
| Routine Work Marana Yoga         |                                    |           | <b>Dashami Until 12:06AM Sun</b>   | <b>Karttika-Karttikai</b>                 | <b>Devaloka Day</b>    |                        |   |
| Until 3:02AM Sun                 |                                    |           |  |   |                        |                        |   |
| Then Creative Work - Amrita Yoga |                                    |           |  |   |                        |                        |   |

|                                  |                                  |           |  |   |                        |                        |   |
|----------------------------------|----------------------------------|-----------|--|---|------------------------|------------------------|---|
| 2                                | <b>Sunday, November 18, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau |   |                        |                        | Springfield, OR<br>Sun 24 Sutra 217<br>Vilamba 5120 |
|                                  | Meena Rasi: 4.52                 | Tithi 11  | <b>Gulika</b> 2:20PM – 3:32PM  | <b>Uttaraproshtapada Until 4:25AM Mon</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:11AM |   |
|                                  |                                  |           | Yama 11:57AM – 1:09PM  | Vajra* Until 5:00AM Mon                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:43PM  | Moon 10 - Phase 30                                  |
|                                  |                                  | 716762365 | <b>Rahu</b> 3:32PM – 4:43PM  | Vanija Until 12:41PM                      | <b>Nataraja:</b> White |                        | 4th Phase   |
| Creative Work Amrita Yoga        |                                  |           | <b>Ekadashi Until 1:02AM Mon</b>   | <b>Karttika-Karttikai</b>                 | <b>Devaloka Day</b>    |                        |   |
| Until 4:25AM Mon                 |                                  |           |  |   |                        |                        |   |
| Then Creative Work - Siddha Yoga |                                  |           |  |   |                        |                        |   |

|                           |                                  |           |  |                                |                        |                        |   |
|---------------------------|----------------------------------|-----------|--|--------------------------------|------------------------|------------------------|---|
| 3                         | <b>Monday, November 19, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Siddhi Yoga Bava/Balava Karana Dvadashyam Titau |                                |                        |                        | Springfield, OR<br>Sun 25 Sutra 218<br>Vilamba 5120 |
|                           | Meena Rasi: 17.29                | Tithi 12  | <b>Gulika</b> 1:08PM – 2:20PM  | <b>Revati Until 4:56AM Tue</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:12AM |   |
|                           | <b>Family Home Evening</b>       |           | Yama 10:46AM – 11:57AM   | Siddhi Until 3:53AM Tue        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:42PM  | Moon 10 - Phase 30                                  |
|                           |                                  | 716762365 | <b>Rahu</b> 8:23AM – 9:35AM  | Bava Until 1:15PM              | <b>Nataraja:</b> White |                        | 4th Phase   |
| Creative Work Siddha Yoga |                                  |           | <b>Dvadashi Until 1:13AM Tue</b>   | <b>Karttika-Karttikai</b>      | <b>Devaloka Day</b>    |                        |   |
|                           |                                  |           |  |                                |                        |                        |   |

|                           |                                   |           |  |                                 |  |                        |   |
|---------------------------|-----------------------------------|-----------|--|---------------------------------|--|------------------------|---|
| 4                         | <b>Tuesday, November 20, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                 |  |                        | Springfield, OR<br>Sun 26 Sutra 219<br>Vilamba 5120 |
|                           | Mesha Rasi: 0.29                  | Tithi 13  | <b>Gulika</b> 11:57AM – 1:08PM   | <b>Ashvini Until 5:03AM Wed</b> | <b>Ganesha:</b> Blue                               | <i>Sunrise:</i> 7:13AM |   |
|                           |                                   |           | Yama 9:35AM – 10:46AM  | Vyatipata* Until 2:13AM Wed     | <b>Muruqa:</b> Clear                               | <i>Sunset:</i> 4:42PM  | Moon 10 - Phase 30                                  |
|                           |                                   | 726762365 | <b>Rahu</b> 2:19PM – 3:30PM  | Kaulava Until 1:03PM            | <b>Nataraja:</b> White                             |                        | 4th Phase   |
| Creative Work Siddha Yoga |                                   |           | <b>Trayodashi Until 12:40AM Wed</b>  | <b>Karttika-Karttikai</b>       | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |                        |   |
|                           |                                   |           |  |                                 |  |                        |   |
|                           |                                   |           |  |                                 |  |                        |   |

*Pradosha Vrata*

|                                 |                                     |           |  |                                 |  |                        |   |
|---------------------------------|-------------------------------------|-----------|--|---------------------------------|--|------------------------|---|
| 5                               | <b>Wednesday, November 21, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau |                                 |  |                        | Springfield, OR<br>Sun 27 Sutra 220<br>Vilamba 5120 |
|                                 | Mesha Rasi: 13.52                   | Tithi 14  | <b>Gulika</b> 10:47AM – 11:58AM  | <b>Bharani Until 4:23AM Thu</b> | <b>Ganesha:</b> Blue                               | <i>Sunrise:</i> 7:15AM |   |
|                                 |                                     |           | Yama 8:25AM – 9:36AM   | Variyan Until 12:01AM Thu       | <b>Muruqa:</b> Clear                               | <i>Sunset:</i> 4:41PM  | Moon 10 - Phase 30                                  |
|                                 |                                     | 726762365 | <b>Rahu</b> 11:58AM – 1:08PM   | Gara Until 12:10PM              | <b>Nataraja:</b> White                             |                        | 4th Phase   |
| Creative Work Siddha Yoga       |                                     |           | <b>Chaturdashi* Until 11:28PM</b>  | <b>Karttika-Karttikai</b>       | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |                        |   |
| Until 4:23AM Thu                |                                     |           |  |                                 |  |                        |   |
| Then Routine Work - Marana Yoga |                                     |           |  |                                 |  |                        |   |

|                          |                                    |           |  |                                  |  |                        |  |
|--------------------------|------------------------------------|-----------|--|----------------------------------|--|------------------------|--|
| ○                        | <b>Thursday, November 22, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau |                                  |  |                        | Springfield, OR<br>Sutra 221<br>Vilamba 5120 |
|                          | <b>Copper Retreat Star</b>         |           | <b>Gulika</b> 9:37AM – 10:47AM   | <b>Krittika Until 3:05AM Fri</b> | <b>Ganesha:</b> Blue                               | <i>Sunrise:</i> 7:16AM |  |
|                          | Mesha Rasi: 27.35                  | Tithi 15  | Yama 7:16AM – 8:26AM   | Parigha* Until 9:25PM            | <b>Muruqa:</b> Clear                               | <i>Sunset:</i> 4:40PM  | Moon 10 - Phase 30                           |
|                          |                                    | 726762365 | <b>Rahu</b> 1:08PM – 2:19PM  | Visti Until 10:40AM              | <b>Nataraja:</b> White                             |                        | Purnima                                      |
| Routine Work Marana Yoga |                                    |           | <b>Purnima* Until 9:43PM</b>   | <b>Karttika-Karttikai</b>        | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |                        |  |
|                          |                                    |           |  |                                  |  |                        |  |
|                          |                                    |           |  |                                  |  |                        |  |

|                                  |                                  |                                |  |                                |                        |                        |  |
|----------------------------------|----------------------------------|--------------------------------|--|--------------------------------|------------------------|------------------------|--|
| ○                                | <b>Friday, November 23, 2018</b> |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau |                                |                        |                        | Springfield, OR<br>Sutra 222<br>Vilamba 5120 |
|                                  | <b>Silver Retreat Star</b>       |                                | <b>Gulika</b> 8:27AM – 9:38AM  | <b>Rohini Until 1:42AM Sat</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:17AM |  |
|                                  | Vrisabha Rasi: 11.38             | Tithi 16                       | Yama 2:19PM – 3:29PM   | Shiva Until 6:29PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:39PM  | Moon 10 - Phase 30                           |
|                                  |                                  | 736762365                      | <b>Rahu</b> 10:48AM – 11:58AM  | Balava Until 8:42AM            | <b>Nataraja:</b> White |                        | Prathama                                     |
| Routine Work Marana Yoga         |                                  |                                | <b>Prathama* Until 7:34PM</b>  | <b>Karttika-Karttikai</b>      | <b>Devaloka Day</b>    |                        |  |
| Until 1:42AM Sat                 |                                  |                                |  |                                |                        |                        |  |
| Then Creative Work - Siddha Yoga |                                  | <b>Vinayaga Viratam Begins</b> |  |                                |                        |                        |  |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Springfield, OR

Sun 1 Sutra 223

Vilamba 5120

Vrishabha Rasi: 25.53 Tithi 17 - 18

737762365

**Gulika** 7:18AM - 8:28AM  
**Yama** 1:09PM - 2:19PM  
**Rahu** 9:38AM - 10:49AM

**Mrigashira** Until 11:56PM  
**Siddha** Until 3:19PM  
**Taitila** Until 6:25AM  
**Dvitiya** Until 5:10PM

**Ganesha:** Red *Sunrise:* 7:18AM  
**Muruqa:** Clear *Sunset:* 4:39PM

**Nataraja:** White  
Moon - Yellow

**Devaloka Day**

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Springfield, OR

Sun 2 Sutra 224

Vilamba 5120

Mithuna Rasi: 10.18 Tithi 18 - 19

737762365

**Gulika** 2:18PM - 3:28PM  
**Yama** 11:59AM - 1:09PM  
**Rahu** 3:28PM - 4:38PM

**Ardra** Until 9:57PM  
**Sadhya** Until 12:02PM  
**Bava** Until 1:21AM Mon  
**Tritiya** Until 2:37PM

**Ganesha:** Red *Sunrise:* 7:20AM  
**Muruqa:** Clear *Sunset:* 4:38PM

**Nataraja:** White  
Moon - Yellow

**Devaloka Day**

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Springfield, OR

Sun 3 Sutra 225

Vilamba 5120

Mithuna Rasi: 24.45 Tithi 19 - 20

747762365

Family Home Evening

**Gulika** 1:09PM - 2:18PM  
**Yama** 10:50AM - 11:59AM  
**Rahu** 8:30AM - 9:40AM

**Punarvasu** Until 8:16PM  
**Subha** Until 8:45AM  
**Kaulava** Until 10:50PM  
**Chaturthi\*** Until 12:04PM

**Ganesha:** Green *Sunrise:* 7:21AM  
**Muruqa:** Clear *Sunset:* 4:37PM

**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 8:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Springfield, OR

Sun 4 Sutra 226

Vilamba 5120

Kataka Rasi: 9.09 Tithi 20 - 21

747862365

**Gulika** 12:00PM - 1:09PM  
**Yama** 9:41AM - 10:50AM  
**Rahu** 2:18PM - 3:28PM

**Pushya** Until 6:34PM  
**Brahma** Until 2:23AM Wed  
**Gara** Until 8:26PM  
**Panchami** Until 9:36AM

**Ganesha:** White *Sunrise:* 7:22AM  
**Muruqa:** Clear *Sunset:* 4:37PM

**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Springfield, OR

Sun 5 Sutra 227

Vilamba 5120

Kataka Rasi: 23.27 Tithi 21 - 22

747863365

**Gulika** 10:51AM - 12:00PM  
**Yama** 8:32AM - 9:42AM  
**Rahu** 12:00PM - 1:09PM

**Ashlesha\*** Until 4:55PM  
**Indra** Until 11:27PM  
**Visti** Until 6:14PM  
**Shashthi\*** Until 7:17AM

**Ganesha:** White *Sunrise:* 7:23AM  
**Muruqa:** Purple *Sunset:* 4:36PM

**Nataraja:** White  
Moon - Blue

**Bhuloka Day**

Karttika-Karttikai

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Springfield, OR

Sun 6 Sutra 228

Vilamba 5120

Simha Rasi: 8 Tithi 23

757863365

**Gulika** 9:42AM - 10:51AM  
**Yama** 7:24AM - 8:33AM  
**Rahu** 1:09PM - 2:18PM

**Magha\*** Until 3:46PM  
**Vaidhriti\*** Until 8:41PM  
**Balava** Until 4:17PM  
**Ashtami\*** Until 3:22AM Fri

**Ganesha:** Clear *Sunrise:* 7:24AM  
**Muruqa:** Purple *Sunset:* 4:36PM

**Nataraja:** White  
Moon - Red

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 3:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Springfield, OR

Sun 7 Sutra 229

Vilamba 5120

Simha Rasi: 21.36 Tithi 24

758863365

**Gulika** 8:34AM - 9:43AM  
**Yama** 2:18PM - 3:27PM  
**Rahu** 10:52AM - 12:01PM

**Purvaphalguni** Until 2:45PM  
**Vishkambha\*** Until 6:08PM  
**Taitila** Until 2:35PM  
**Navami\*** Until 1:49AM Sat

**Ganesha:** Orange *Sunrise:* 7:26AM  
**Muruqa:** Purple *Sunset:* 4:36PM

**Nataraja:** White  
Moon - Red

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

|          |                                   |             |   |   |   |  |  |
|----------|-----------------------------------|-------------|---|---|---|--|--|
| <b>1</b> | <b>Saturday, December 1, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau |   |   |  | Springfield, OR  |
|          | Kanya Rasi: 5.25                  | Tithi 25    | 758863365   | <b>Gulika</b><br>7:27AM – 8:35AM<br><b>Yama</b><br>1:10PM – 2:18PM<br><b>Rahu</b><br>9:44AM – 10:52AM | <b>Uttaraphalguni</b> Until 1:50PM<br>Priti Until 3:50PM<br>Vanija Until 1:09PM<br><b>Dashami</b> Until 12:31AM Sun | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Karttika-Karttikai</b> | Sun 8<br>Sutra 230<br>Vilamba 5120<br>Moon 11 - Phase 32<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
|          | Routine Work                      | Marana Yoga |   |   |   |  |  |
|          |                                   |             |   |   |   |  |  |

|          |                                 |                                  |  |   |  |  |   |
|----------|---------------------------------|----------------------------------|--|---|--|--|---|
| <b>2</b> | <b>Sunday, December 2, 2018</b> |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau |   |  |  | Springfield, OR   |
|          | Kanya Rasi: 19.05               | Tithi 26                         | 768863365  | <b>Gulika</b><br>2:18PM – 3:27PM<br><b>Yama</b><br>12:01PM – 1:10PM<br><b>Rahu</b><br>3:27PM – 4:35PM | <b>Hasta</b> Until 1:30PM<br>Ayushman Until 1:43PM<br>Bava Until 12:01PM<br><b>Ekadashi*</b> Until 11:32PM | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Karttika-Karttikai</b> | Sun 9<br>Sutra 231<br>Vilamba 5120<br>Moon 11 - Phase 32<br>2nd Phase<br><b>Bhuloka Day</b> |
|          | Creative Work                   | Amrita Yoga                      |  |   |  |  |   |
|          | Until 1:30PM                    | Then Creative Work - Siddha Yoga |  |   |  |  |   |

|          |                                 |                                  |  |  |  |  |  |
|----------|---------------------------------|----------------------------------|--|--|--|--|--|
| <b>3</b> | <b>Monday, December 3, 2018</b> |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau |  |  |  | Springfield, OR  |
|          | Tula Rasi: 2.34                 | Tithi 27                         | 768863365  | <b>Gulika</b><br>1:10PM – 2:18PM<br><b>Yama</b><br>10:54AM – 12:02PM<br><b>Rahu</b><br>8:37AM – 9:45AM | <b>Chitra</b> Until 1:20PM<br>Saubhagya Until 11:52AM<br>Kaulava Until 11:11AM<br><b>Dvadashi*</b> Until 10:52PM | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Karttika-Karttikai</b> | Sun 10<br>Sutra 232<br>Vilamba 5120<br>Moon 11 - Phase 32<br>2nd Phase<br><b>Bhuloka Day</b> |
|          | Family Home Evening             | Prabalarishta Yoga               |  |  |  |  |  |
|          | Until 1:20PM                    | Then Creative Work - Amrita Yoga |  |  |  |  |  |

|          |                                  |                                 |  |  |   |  |  |
|----------|----------------------------------|---------------------------------|--|--|---|--|--|
| <b>4</b> | <b>Tuesday, December 4, 2018</b> |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau |  |   |  | Springfield, OR  |
|          | Tula Rasi: 15.52                 | Tithi 28                        | 768863365  | <b>Gulika</b><br>12:02PM – 1:10PM<br><b>Yama</b><br>9:46AM – 10:54AM<br><b>Rahu</b><br>2:18PM – 3:26PM | <b>Svati</b> Until 1:21PM<br>Sobhana Until 10:17AM<br>Gara Until 10:41AM<br><b>Trayodashi*</b> Until 10:34PM<br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Karttika-Karttikai</b> | Sun 11<br>Sutra 233<br>Vilamba 5120<br>Moon 11 - Phase 32<br>2nd Phase<br><b>Bhuloka Day</b> |
|          | Creative Work                    | Siddha Yoga                     |  |  |   |  |  |
|          | Until 1:21PM                     | Then Routine Work - Marana Yoga |  |  |   |  |  |

|          |                                    |  |   |   |   |   |  |
|----------|------------------------------------|--|---|---|---|---|--|
| <b>5</b> | <b>Wednesday, December 5, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |   |   |   | Springfield, OR  |
|          | Tula Rasi: 28.58                   | Tithi 29                               | 778863365   | <b>Gulika</b><br>10:55AM – 12:03PM<br><b>Yama</b><br>8:39AM – 9:47AM<br><b>Rahu</b><br>12:03PM – 1:10PM | <b>Vishakha</b> Until 2:03PM<br>Athiganda* Until 9:00AM<br>Visti Until 10:36AM<br><b>Chaturdashi*</b> Until 10:42PM | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Karttika-Karttikai</b> | Sun 12<br>Sutra 234<br>Vilamba 5120<br>Moon 11 - Phase 32<br>2nd Phase<br><b>Bhuloka Day</b> |
|          | Creative Work                      | Siddha Yoga                            |   |   |   |   |  |
|          | Until 3:04PM                       | Then Routine Work - Prabalarishta Yoga |   |   |   |   |  |

|  |                                   |             |   |   |   |   |   |
|--|-----------------------------------|-------------|---|---|---|---|---|
|  | <b>Thursday, December 6, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sukarna/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |   |   |   | Springfield, OR   |
|  | <b>Retreat Star</b>               |             | 778863365   | <b>Gulika</b><br>9:47AM – 10:55AM<br><b>Yama</b><br>7:32AM – 8:40AM<br><b>Rahu</b><br>1:11PM – 2:19PM | <b>Anuradha</b> Until 3:04PM<br>Sukarna Until 8:04AM<br>Catuspada Until 10:59AM<br><b>Amavasya*</b> Until 11:20PM | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Karttika-Karttikai</b> | Sun 13<br>Sutra 235<br>Vilamba 5120<br>Moon 11 - Phase 32<br>Amavasya<br><b>Bhuloka Day</b> |
|  | Vrishchika Rasi: 11.51            | Tithi 30    |   |   |   |   |   |
|  | Creative Work                     | Siddha Yoga |   |   |   |   |   |

|          |                                 |             |   |  |   |  |   |
|----------|---------------------------------|-------------|---|--|---|--|---|
| <b>6</b> | <b>Friday, December 7, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau |  |   |  | Springfield, OR   |
|          | <b>Retreat Star</b>             |             | 779863365   | <b>Gulika</b><br>8:41AM – 9:48AM<br><b>Yama</b><br>2:19PM – 3:26PM<br><b>Rahu</b><br>10:56AM – 12:03PM | <b>Jyeshtha*</b> Until 4:25PM<br>Dhriti Until 7:33AM<br>Kintughna Until 11:52AM<br><b>Prathama*</b> Until 12:29AM Sat | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Margasira-Karttikai</b> | Sun 14<br>Sutra 236<br>Vilamba 5120<br>Moon 11 - Phase 32<br>Prathama<br><b>Bhuloka Day</b> |
|          | Vrishchika Rasi: 24.29          | Tithi 1     |   |  |   |  |   |
|          | Routine Work                    | Marana Yoga |   |  |   |  |   |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

|               |                                   |                              |  |                            |                        |                        |                    |
|---------------|-----------------------------------|------------------------------|--|----------------------------|------------------------|------------------------|--------------------|
| <b>1</b>      | <b>Saturday, December 8, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                            |                        |                        | Springfield, OR    |
|               | Dhanus Rasi: 6.54                 | Tithi 2                      | <b>Gulika</b> 7:34AM – 8:41AM  | <b>Mula* Until 6:36PM</b>  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:34AM | Sun 15 Sutra 237   |
|               |                                   |                              | Yama 1:11PM – 2:19PM   | Shula* Until 7:24AM        | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:34PM  | Vilamba 5120       |
|               | 789863365                         | <b>Rahu</b> 9:49AM – 10:56AM |  | Balava Until 1:18PM        | <b>Nataraja:</b> White |                        | Moon 11 - Phase 33 |
| Creative Work | Siddha Yoga                       |                              | <b>Dvitiya Until 2:11AM Sun</b>  | Moon – Light Blue          |                        | 3rd Phase              |                    |
|               |                                   |                              |  | <b>Margasira-Karttikai</b> |                        | <b>Bhuloka Day</b>     |                    |

|                                  |                                 |                             |   |                                  |                        |                        |                    |
|----------------------------------|---------------------------------|-----------------------------|---|----------------------------------|------------------------|------------------------|--------------------|
| <b>2</b>                         | <b>Sunday, December 9, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau |                                  |                        |                        | Springfield, OR    |
|                                  | Dhanus Rasi: 19.05              | Tithi 3                     | <b>Gulika</b> 2:19PM – 3:26PM   | <b>Purvashadha* Until 9:07PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:35AM | Sun 16 Sutra 238   |
|                                  |                                 |                             | Yama 12:04PM – 1:12PM   | Ganda* Until 7:41AM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:34PM  | Vilamba 5120       |
|                                  | 789863365                       | <b>Rahu</b> 3:26PM – 4:34PM |   | Taitila Until 3:15PM             | <b>Nataraja:</b> White |                        | Moon 11 - Phase 33 |
| Creative Work                    | Siddha Yoga                     |                             | <b>Tritiya Until 4:22AM Mon</b>   | Moon – Light Blue                |                        | 3rd Phase              |                    |
| Until 9:07PM                     |                                 |                             |   | <b>Margasira-Karttikai</b>       |                        | <b>Bhuloka Day</b>     |                    |
| Then Creative Work - Amrita Yoga |                                 |                             |   |                                  |                        |                        |                    |

|                                  |                                  |                             |   |                                   |                        |                        |                    |
|----------------------------------|----------------------------------|-----------------------------|---|-----------------------------------|------------------------|------------------------|--------------------|
| <b>3</b>                         | <b>Monday, December 10, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau |                                   |                        |                        | Springfield, OR    |
|                                  | Makara Rasi: 1.05                | Tithi 4                     | <b>Gulika</b> 1:12PM – 2:19PM   | <b>Uttarashadha Until 11:51PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:36AM | Sun 17 Sutra 239   |
|                                  | <b>Family Home Evening</b>       |                             | Yama 10:58AM – 12:05PM  | Vridhhi Until 8:18AM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:34PM  | Vilamba 5120       |
|                                  | 789863365                        | <b>Rahu</b> 8:43AM – 9:50AM |   | Vanija Until 5:38PM               | <b>Nataraja:</b> White |                        | Moon 11 - Phase 33 |
| Routine Work                     | Marana Yoga                      |                             | <b>Chaturthi* Until 6:55AM Tue</b>  | Moon – Light Blue                 |                        | 3rd Phase              |                    |
| Until 11:51PM                    |                                  |                             |   | <b>Margasira-Karttikai</b>        |                        | <b>Bhuloka Day</b>     |                    |
| Then Creative Work - Amrita Yoga |                                  |                             |   |                                   |                        |                        |                    |

|  |                                   |                             |  |                                  |                        |                             |                    |
|--|-----------------------------------|-----------------------------|--|----------------------------------|------------------------|-----------------------------|--------------------|
| <b>4</b>                               | <b>Tuesday, December 11, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                  |                        |                             | Springfield, OR    |
|  | Makara Rasi: 12.56                | Tithi 4 – 5                 | <b>Gulika</b> 12:05PM – 1:12PM   | <b>Shravana Until 3:08AM Wed</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:37AM      | Sun 18 Sutra 240   |
|  |                                   |                             | Yama 9:51AM – 10:58AM  | Dhruva Until 9:10AM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:34PM       | Vilamba 5120       |
|  | 799863365                         | <b>Rahu</b> 2:20PM – 3:27PM |  | Bava Until 8:18PM                | <b>Nataraja:</b> White |                             | Moon 11 - Phase 33 |
| Creative Work                          | Siddha Yoga                       |                             | <b>Chaturthi* Until 6:55AM</b>   | Moon – Purple                    |                        | 3rd Phase                   |                    |
| Until 3:08AM Wed                       |                                   |                             |  | <b>Margasira-Karttikai</b>       |                        | <b>Bhuloka Day</b>          |                    |
| Then Routine Work - Prabalarishta Yoga |                                   |                             |  |                                  |                        | Devaloka Time: 6:AM to 9:AM |                    |

|                                  |                                     |                              |   |                                    |                        |                             |                    |
|----------------------------------|-------------------------------------|------------------------------|---|------------------------------------|------------------------|-----------------------------|--------------------|
| <b>5</b>                         | <b>Wednesday, December 12, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                                    |                        |                             | Springfield, OR    |
|                                  | Makara Rasi: 24.44                  | Tithi 5 – 6                  | <b>Gulika</b> 10:59AM – 12:06PM   | <b>Dhanishtha Until 6:17AM Thu</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:37AM      | Sun 19 Sutra 241   |
|                                  |                                     |                              | Yama 8:45AM – 9:52AM  | Vyaghata* Until 10:10AM            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:34PM       | Vilamba 5120       |
|                                  | 799863365                           | <b>Rahu</b> 12:06PM – 1:13PM |   | Kaulava Until 11:03PM              | <b>Nataraja:</b> White |                             | Moon 11 - Phase 33 |
| Routine Work                     | Prabalarishta Yoga                  |                              | <b>Panchami Until 9:40AM</b>  | Moon – Purple                      |                        | 3rd Phase                   |                    |
| Until 6:17AM Thu                 |                                     |                              |   | <b>Margasira-Karttikai</b>         |                        | <b>Bhuloka Day</b>          |                    |
| Then Creative Work - Siddha Yoga |                                     |                              |   |                                    |                        | Devaloka Time: 6:AM to 9:AM |                    |

|               |                                    |                             |  |                                |                        |                             |                    |
|---------------|------------------------------------|-----------------------------|--|--------------------------------|------------------------|-----------------------------|--------------------|
| <b>6</b>      | <b>Thursday, December 13, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                |                        |                             | Springfield, OR    |
|               | Kumbha Rasi: 6.31                  | Tithi 6 – 7                 | <b>Gulika</b> 9:52AM – 10:59AM   | <b>Dhanishtha Until 6:17AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:38AM      | Sun 20 Sutra 242   |
|               |                                    |                             | Yama 7:38AM – 8:45AM   | Harshana Until 11:09AM         | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:34PM       | Vilamba 5120       |
|               | 799863365                          | <b>Rahu</b> 1:13PM – 2:20PM |  | Gara Until 1:40AM Fri          | <b>Nataraja:</b> White |                             | Moon 11 - Phase 33 |
| Creative Work | Siddha Yoga                        |                             | <b>Shashthi* Until 12:22PM</b>   | Moon – Purple                  |                        | 3rd Phase                   |                    |
|               |                                    |                             |  | <b>Margasira-Karttikai</b>     |                        | <b>Bhuloka Day</b>          |                    |
|               |                                    |                             |  |                                |                        | Devaloka Time: 6:AM to 9:AM |                    |

Vinayaga Viratam Ends

|               |                                  |                               |  |                                  |                        |                             |                    |
|---------------|----------------------------------|-------------------------------|--|----------------------------------|------------------------|-----------------------------|--------------------|
| <b>D</b>      | <b>Friday, December 14, 2018</b> |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shalabhishak/Purvaprosarthapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                  |                        |                             | Springfield, OR    |
|               | <b>Retreat Star</b>              |                               | <b>Gulika</b> 8:46AM – 9:53AM  | <b>Shatabhishak Until 9:04AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:39AM      | Sun 21 Sutra 243   |
|               | Kumbha Rasi: 18.23               | Tithi 7 – 8                   | Yama 2:21PM – 3:27PM   | Vajra* Until 11:55AM             | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:34PM       | Vilamba 5120       |
|               | 799863365                        | <b>Rahu</b> 11:00AM – 12:07PM |  | Visti Until 3:53AM Sat           | <b>Nataraja:</b> White |                             | Moon 11 - Phase 33 |
| Creative Work | Siddha Yoga                      |                               | <b>Saptami Until 2:49PM</b>  | Moon – Purple                    |                        | Ashtami                     |                    |
|               |                                  |                               |  | <b>Margasira-Karttikai</b>       |                        | <b>Bhuloka Day</b>          |                    |
|               |                                  |                               |  |                                  |                        | Devaloka Time: 6:AM to 9:AM |                    |

|                                  |                                    |                              |  |  |                        |                             |                    |
|----------------------------------|------------------------------------|------------------------------|--|--|------------------------|-----------------------------|--------------------|
| <b>D</b>                         | <b>Saturday, December 15, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Siddhi/Vyatipala* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  |                        |                             | Springfield, OR    |
|                                  | <b>Retreat Star</b>                |                              | <b>Gulika</b> 7:40AM – 8:47AM  | <b>Purvaprosarthapada* Until 11:45AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:40AM      | Sun 22 Sutra 244   |
|                                  | Meena Rasi: 0.25                   | Tithi 8 – 9                  | Yama 1:14PM – 2:21PM   | Siddhi Until 12:21PM                     | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:35PM       | Vilamba 5120       |
|                                  | 711863365                          | <b>Rahu</b> 9:54AM – 11:00AM |  | Balava Until 5:30AM Sun                  | <b>Nataraja:</b> White |                             | Moon 11 - Phase 33 |
| Routine Work                     | Marana Yoga                        |                              | <b>Ashtami* Until 4:45PM</b>   | Moon – Clear                             |                        | Navami                      |                    |
| Until 11:45AM                    |                                    |                              |  | <b>Margasira-Markali</b>                 |                        | <b>Bhuloka Day</b>          |                    |
| Then Creative Work - Siddha Yoga |                                    | <b>Markali Pillaiyar</b>     |  |  |                        | Devaloka Time: 6:AM to 9:AM |                    |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda


|               |                                  |                             |   |                                       |                        |                        |                    |
|---------------|----------------------------------|-----------------------------|---|---------------------------------------|------------------------|------------------------|--------------------|
| <b>1</b>      | <b>Sunday, December 16, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vyalipata/Variyan Yoga Kaulava Karana Navamyam Titau |                                       |                        |                        | Springfield, OR    |
|               | Meena Rasi: 12.41                | Tithi 9                     | <b>Gulika</b> 2:21PM – 3:28PM   | <b>Uttaraproshtapada</b> Until 1:38PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:41AM | Sun 23 Sutra 245   |
|               |                                  |                             | Yama 12:08PM – 1:14PM   | Vyatipata* Until 12:18PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:35PM  | Vilamba 5120       |
|               | 811863365                        | <b>Rahu</b> 3:28PM – 4:35PM |   | Kaulava Until 6:01PM                  | <b>Nataraja:</b> White |                        | Moon 11 - Phase 34 |
| Creative Work | Amrita Yoga                      |                             | <b>Navami*</b> Until 6:01PM   | Moon – Clear                          |                        | 4th Phase              |                    |
|               |                                  |                             |   | <b>Margasira-Markali</b>              |                        | <b>Bhuloka Day</b>     |                    |


|               |                                  |                             |   |                            |                        |                        |                    |
|---------------|----------------------------------|-----------------------------|---|----------------------------|------------------------|------------------------|--------------------|
| <b>2</b>      | <b>Monday, December 17, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau |                            |                        |                        | Springfield, OR    |
|               | Meena Rasi: 25.17                | Tithi 10                    | <b>Gulika</b> 1:15PM – 2:22PM   | <b>Revati</b> Until 2:38PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:41AM | Sun 24 Sutra 246   |
|               | <b>Family Home Evening</b>       |                             | Yama 11:01AM – 12:08PM  | Variyan Until 11:38AM      | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:35PM  | Vilamba 5120       |
|               | 811863365                        | <b>Rahu</b> 8:48AM – 9:55AM |   | Taitila Until 6:22AM       | <b>Nataraja:</b> White |                        | Moon 11 - Phase 34 |
| Creative Work | Siddha Yoga                      |                             | <b>Dashami</b> Until 6:29PM   | Moon – Clear               |                        | 4th Phase              |                    |
|               |                                  |                             |   | <b>Margasira-Markali</b>   |                        | <b>Bhuloka Day</b>     |                    |

|               |                                   |                             |  |                             |                        |                             |                    |
|---------------|-----------------------------------|-----------------------------|--|-----------------------------|------------------------|-----------------------------|--------------------|
| <b>3</b>      | <b>Tuesday, December 18, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau |                             |                        |                             | Springfield, OR    |
|               | Mesha Rasi: 8.16                  | Tithi 11                    | <b>Gulika</b> 12:09PM – 1:15PM   | <b>Ashvini</b> Until 3:09PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:42AM      | Sun 25 Sutra 247   |
|               |                                   |                             | Yama 9:55AM – 11:02AM  | Parigha* Until 10:21AM      | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:35PM       | Vilamba 5120       |
|               | 821863365                         | <b>Rahu</b> 2:22PM – 3:29PM |  | Vanija Until 6:26AM         | <b>Nataraja:</b> White |                             | Moon 11 - Phase 34 |
| Creative Work | Siddha Yoga                       |                             | <b>Ekadashi</b> Until 6:08PM   | Moon – White                |                        | 4th Phase                   |                    |
|               |                                   | <b>Gita Jayanthi</b>        |  | <b>Margasira-Markali</b>    |                        | <b>Bhuloka Day</b>          |                    |
|               |                                   |                             |  |                             |                        | Devaloka Time: 6:AM to 9:AM |                    |

|                                  |                                     |                              |  |                             |                        |                             |                    |
|----------------------------------|-------------------------------------|------------------------------|--|-----------------------------|------------------------|-----------------------------|--------------------|
| <b>4</b>                         | <b>Wednesday, December 19, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                             |                        |                             | Springfield, OR    |
|                                  | Mesha Rasi: 21.4                    | Tithi 12 – 13                | <b>Gulika</b> 11:03AM – 12:09PM  | <b>Bharani</b> Until 2:43PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:43AM      | Sun 26 Sutra 248   |
|                                  |                                     |                              | Yama 8:49AM – 9:56AM   | Shiva Until 8:26AM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:36PM       | Vilamba 5120       |
|                                  | 821863365                           | <b>Rahu</b> 12:09PM – 1:16PM |  | Kaulava Until 4:09AM Thu    | <b>Nataraja:</b> White |                             | Moon 11 - Phase 34 |
| Creative Work                    | Siddha Yoga                         |                              | <b>Dvadashi</b> Until 4:59PM   | Moon – White                |                        | 4th Phase                   |                    |
| Until 2:43PM                     |                                     |                              |  | <b>Margasira-Markali</b>    |                        | <b>Bhuloka Day</b>          |                    |
| Then Creative Work - Amrita Yoga |                                     |                              |  |                             |                        | Devaloka Time: 6:AM to 9:AM |                    |
|                                  |                                     |                              |  |                             |                        | <i>Pradosha Vrata</i>       |                    |

|              |                                    |                             |   |                              |                        |                             |                    |
|--------------|------------------------------------|-----------------------------|---|------------------------------|------------------------|-----------------------------|--------------------|
| <b>5</b>     | <b>Thursday, December 20, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                              |                        |                             | Springfield, OR    |
|              | Vrishabha Rasi: 5.31               | Tithi 13 – 14               | <b>Gulika</b> 9:56AM – 11:03AM  | <b>Krittika</b> Until 1:28PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:43AM      | Sun 27 Sutra 249   |
|              |                                    |                             | Yama 7:43AM – 8:50AM  | Sadhya Until 2:56AM Fri      | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:36PM       | Vilamba 5120       |
|              | 821863365                          | <b>Rahu</b> 1:16PM – 2:23PM |   | Gara Until 2:00AM Fri        | <b>Nataraja:</b> White |                             | Moon 11 - Phase 34 |
| Routine Work | Marana Yoga                        |                             | <b>Trayodashi</b> Until 3:08PM  | Moon – White                 |                        | 4th Phase                   |                    |
|              |                                    |                             |   | <b>Margasira-Markali</b>     |                        | <b>Bhuloka Day</b>          |                    |
|              |                                    |                             |   |                              |                        | Devaloka Time: 6:AM to 9:AM |                    |

|   |                                  |                                 |  |                             |                        |                        |                    |
|---|----------------------------------|---------------------------------|--|-----------------------------|------------------------|------------------------|--------------------|
|  | <b>Friday, December 21, 2018</b> |                                 | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                             |                        |                        | Springfield, OR    |
|   | <b>Copper Retreat Star</b>       |                                 | <b>Gulika</b> 8:50AM – 9:57AM  | <b>Rohini</b> Until 11:54AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:44AM | Sutra 250          |
|   | Vrishabha Rasi: 19.46            | Tithi 14 – 15                   | Yama 2:23PM – 3:30PM   | Subha Until 11:32PM         | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:37PM  | Vilamba 5120       |
|   | 831863365                        | <b>Rahu</b> 11:04AM – 12:10PM   |  | Visti Until 11:21PM         | <b>Nataraja:</b> White |                        | Moon 11 - Phase 34 |
| Routine Work  | Marana Yoga                      |                                 | <b>Chaturdashi*</b> Until 12:43PM  | Moon – Yellow               |                        | Purnima                |                    |
| Until 11:54AM   |                                  |                                 |  | <b>Margasira-Markali</b>    |                        | <b>Bhuloka Day</b>     |                    |
| Then Creative Work - Siddha Yoga  |                                  |                                 |  |                             |                        |                        |                    |
|   |                                  | <b>Day 1 of Pancha Ganapati</b> |  |                             |                        |                        |                    |

|   |                                    |                                 |   |                                |                        |                              |                    |
|---|------------------------------------|---------------------------------|---|--------------------------------|------------------------|------------------------------|--------------------|
|  | <b>Saturday, December 22, 2018</b> |                                 | Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                |                        |                              | Springfield, OR    |
|   | <b>Silver Retreat Star</b>         |                                 | <b>Gulika</b> 7:44AM – 8:51AM   | <b>Mrigashira</b> Until 9:47AM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:44AM       | Sutra 251          |
|   | Mithuna Rasi: 4.2                  | Tithi 15 – 16                   | Yama 1:17PM – 2:24PM  | Sukla Until 7:51PM             | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:37PM        | Vilamba 5120       |
|   | 831963365                          | <b>Rahu</b> 9:57AM – 11:04AM    |   | Balava Until 8:21PM            | <b>Nataraja:</b> White |                              | Moon 11 - Phase 34 |
| Creative Work   | Siddha Yoga                        |                                 | <b>Purnima*</b> Until 9:52AM  | Moon – Yellow                  |                        | Prathama                     |                    |
|   |                                    | <b>Day 2 of Pancha Ganapati</b> |   | <b>Margasira-Markali</b>       |                        | <b>Bhuloka Day</b>           |                    |
|   |                                    |                                 |   |                                |                        | Devaloka Time: 9:AM to 12:PM |                    |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Sunday, December 23, 2018

Gold Retreat Star

Mithuna Rasi: 19.08 Tithi 16 – 17

831963365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Prathama/Dvitilyayam Titau

**Gulika** 2:25PM – 3:31PM  
**Yama** 12:11PM – 1:18PM  
**Rahu** 3:31PM – 4:38PM

Day 3 of Pancha Ganapati  
Ardra Darshanam

**Ardra Until 7:15AM**  
Brahma Until 4:00PM  
Gara Until 3:31AM Mon  
Prathama\* Until 6:45AM

**Ganesha:** Yellow *Sunrise: 7:45AM*  
**Muruqa:** Purple *Sunset: 4:38PM*  
**Nataraja:** White  
Moon – Yellow

Margasira\*Markali

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Springfield, OR  
Sutra 252  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

1

Monday, December 24, 2018

Kataka Rasi: 4.01 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

841963365

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visiti\* Karana Tritilyayam Titau

**Gulika** 1:18PM – 2:25PM  
**Yama** 11:05AM – 12:12PM  
**Rahu** 8:52AM – 9:58AM

Day 4 of Pancha Ganapati

**Pushya Until 2:25AM Tue**  
Indra Until 12:07PM  
Vanija Until 1:55PM  
Tritiya Until 12:19AM Tue

**Ganesha:** Blue *Sunrise: 7:45AM*  
**Muruqa:** Purple *Sunset: 4:38PM*  
**Nataraja:** White  
Moon – Blue

Margasira\*Markali

**Devaloka Day**

Springfield, OR  
Sun 1 Sutra 253  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

2

Tuesday, December 25, 2018

Kataka Rasi: 18.52 Tithi 19

Creative Work Siddha Yoga

842963365

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 12:12PM – 1:19PM  
**Yama** 9:59AM – 11:06AM  
**Rahu** 2:26PM – 3:32PM

Day 5 of Pancha Ganapati

**Ashlesha\* Until 11:59PM**  
Vaidhriti\* Until 8:18AM  
Bava Until 10:47AM  
Chaturthi\* Until 9:16PM

**Ganesha:** Yellow *Sunrise: 7:45AM*  
**Muruqa:** Purple *Sunset: 4:39PM*  
**Nataraja:** White  
Moon – Blue

Margasira\*Markali

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Springfield, OR  
Sun 2 Sutra 254  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

3

Wednesday, December 26, 2018

Simha Rasi: 3.34 Tithi 20

Creative Work Siddha Yoga

Until 10:08PM

Then Creative Work - Amrita Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:06AM – 12:13PM  
**Yama** 8:52AM – 9:59AM  
**Rahu** 12:13PM – 1:19PM

Day 5 of Pancha Ganapati

**Magha\* Until 10:08PM**  
Priti Until 1:17AM Thu  
Kaulava Until 7:52AM  
Panchami Until 6:31PM

**Ganesha:** Blue *Sunrise: 7:46AM*  
**Muruqa:** Purple *Sunset: 4:40PM*  
**Nataraja:** Green  
Moon – Red

Margasira\*Markali

**Bhuloka Day**

Springfield, OR  
Sun 3 Sutra 255  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

4

Thursday, December 27, 2018

Simha Rasi: 18.02 Tithi 21 – 22

Creative Work Siddha Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

**Gulika** 10:00AM – 11:06AM  
**Yama** 7:46AM – 8:53AM  
**Rahu** 1:20PM – 2:27PM

Day 5 of Pancha Ganapati

**Purvaphalguni Until 8:33PM**  
Ayushman Until 10:14PM  
Visti Until 3:10AM Fri  
Shashthi\* Until 4:10PM

**Ganesha:** Blue *Sunrise: 7:46AM*  
**Muruqa:** Purple *Sunset: 4:40PM*  
**Nataraja:** Green  
Moon – Red

Margasira\*Markali

**Bhuloka Day**

Springfield, OR  
Sun 4 Sutra 256  
Vilamba 5120  
Moon 12 - Phase 35  
1st Phase

D

Friday, December 28, 2018

Retreat Star

Kanya Rasi: 2.12 Tithi 22 – 23

Creative Work Siddha Yoga

Until 7:17PM

Then Creative Work - Amrita Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:53AM – 10:00AM  
**Yama** 2:27PM – 3:34PM  
**Rahu** 11:07AM – 12:14PM

Day 5 of Pancha Ganapati

**Uttaraphalguni Until 7:17PM**  
Saubhagya Until 7:35PM  
Balava Until 1:32AM Sat  
Saptami Until 2:16PM

**Ganesha:** Blue *Sunrise: 7:46AM*  
**Muruqa:** Purple *Sunset: 4:41PM*  
**Nataraja:** Green  
Moon – Red

Margasira\*Markali

**Bhuloka Day**

Springfield, OR  
Sun 5 Sutra 257  
Vilamba 5120  
Moon 12 - Phase 35  
Ashtami

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 16.03 Tithi 23 – 24

Routine Work Marana Yoga

862963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana/Althiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 7:47AM – 8:53AM  
**Yama** 1:21PM – 2:28PM  
**Rahu** 10:00AM – 11:07AM

Day 5 of Pancha Ganapati

**Hasta Until 6:50PM**  
Sobhana Until 5:22PM  
Taitila Until 12:26AM Sun  
Ashtami\* Until 12:54PM

**Ganesha:** Red *Sunrise: 7:47AM*  
**Muruqa:** Purple *Sunset: 4:42PM*  
**Nataraja:** Green  
Moon – Green

Margasira\*Markali

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Springfield, OR  
Sun 6 Sutra 258  
Vilamba 5120  
Moon 12 - Phase 35  
Navami

|                                    |               |  |                              |  |   |
|------------------------------------|---------------|--|------------------------------|--|---|
| <b>1 Sunday, December 30, 2018</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                              | Springfield, OR<br>Sun 7 Sutra 259<br>Vilamba 5120 |   |
| Kanya Rasi: 29.35                  | Tithi 24 – 25 | <b>Gulika</b> 2:29PM – 3:36PM  | <b>Chitra</b> Until 6:46PM   | <b>Ganesha:</b> Red <i>Sunrise: 7:47AM</i>         |   |
|                                    |               | Yama 12:15PM – 1:22PM  | Athiganda* Until 3:33PM      | <b>Muruqa:</b> Purple <i>Sunset: 4:43PM</i>        | Moon 12 - Phase 36                                |
|                                    | 862963366     | <b>Rahu</b> 3:36PM – 4:43PM  | Vanija Until 11:52PM         | <b>Nataraja:</b> Green                             | 2nd Phase   |
| Creative Work                      | Siddha Yoga   |  | <b>Navami*</b> Until 12:04PM | <b>Margasira*Markali</b>                           | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |

|                                    |               |  |                              |  |   |
|------------------------------------|---------------|--|------------------------------|--|---|
| <b>2 Monday, December 31, 2018</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau |                              | Springfield, OR<br>Sun 8 Sutra 260<br>Vilamba 5120 |   |
| Tula Rasi: 12.49                   | Tithi 25 – 26 | <b>Gulika</b> 1:22PM – 2:29PM  | <b>Svati</b> Until 7:03PM    | <b>Ganesha:</b> Red <i>Sunrise: 7:47AM</i>         |   |
| <b>Family Home Evening</b>         |               | Yama 11:08AM – 12:15PM   | Sukarma Until 2:09PM         | <b>Muruqa:</b> Purple <i>Sunset: 4:44PM</i>        | Moon 12 - Phase 36                                |
| Creative Work                      | Amrita Yoga   | <b>Rahu</b> 8:54AM – 10:01AM   | Bava Until 11:49PM           | <b>Nataraja:</b> Green                             | 2nd Phase   |
| Until 7:03PM                       |               |  | <b>Dashami</b> Until 11:45AM | <b>Margasira*Markali</b>                           | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
| Then Routine Work - Marana Yoga    |               |  |                              |  |   |

|                                   |               |   |                                |  |                    |
|-----------------------------------|---------------|---|--------------------------------|--|--------------------|
| <b>3 Tuesday, January 1, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                | Springfield, OR<br>Sun 9 Sutra 261<br>Vilamba 5120 |                    |
| Tula Rasi: 25.48                  | Tithi 26 – 27 | <b>Gulika</b> 12:16PM – 1:23PM  | <b>Vishakha</b> Until 8:08PM   | <b>Ganesha:</b> Green <i>Sunrise: 7:47AM</i>       |                    |
|                                   |               | Yama 10:01AM – 11:09AM  | Dhriti Until 1:09PM            | <b>Muruqa:</b> Purple <i>Sunset: 4:44PM</i>        | Moon 12 - Phase 36 |
|                                   | 872963366     | <b>Rahu</b> 2:30PM – 3:37PM   | Kaulava Until 12:17AM Wed      | <b>Nataraja:</b> Green                             | 2nd Phase          |
| Routine Work                      | Marana Yoga   |   | <b>Ekadashi*</b> Until 11:58AM | <b>Margasira*Markali</b>                           | <b>Bhuloka Day</b> |
| Until 8:08PM                      |               |   |                                |  |                    |
| Then Creative Work - Siddha Yoga  |               |   |                                |  |                    |

|                                     |               |   |                                |   |                    |
|-------------------------------------|---------------|---|--------------------------------|---|--------------------|
| <b>4 Wednesday, January 2, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                                | Springfield, OR<br>Sun 10 Sutra 262<br>Vilamba 5120 |                    |
| Vrischika Rasi: 8.32                | Tithi 27 – 28 | <b>Gulika</b> 11:09AM – 12:16PM   | <b>Anuradha</b> Until 9:31PM   | <b>Ganesha:</b> Green <i>Sunrise: 7:47AM</i>        |                    |
|                                     |               | Yama 8:54AM – 10:02AM   | Shula* Until 12:31PM           | <b>Muruqa:</b> Purple <i>Sunset: 4:45PM</i>         | Moon 12 - Phase 36 |
|                                     | 872963366     | <b>Rahu</b> 12:16PM – 1:23PM  | Gara Until 1:13AM Thu          | <b>Nataraja:</b> Green                              | 2nd Phase          |
| Creative Work                       | Siddha Yoga   |   | <b>Dvadashi*</b> Until 12:40PM | <b>Margasira*Markali</b>                            | <b>Bhuloka Day</b> |
|                                     |               |   |                                |   |                    |
|                                     |               |   |                                |   |                    |

*Pradosha Vrata (Fasting)*

|                                    |                    |  |                                 |   |                    |
|------------------------------------|--------------------|--|---------------------------------|---|--------------------|
| <b>5 Thursday, January 3, 2019</b> |                    | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 | Springfield, OR<br>Sun 11 Sutra 263<br>Vilamba 5120 |                    |
| Vrischika Rasi: 21.03              | Tithi 28 – 29      | <b>Gulika</b> 10:02AM – 11:09AM  | <b>Jyeshtha*</b> Until 11:12PM  | <b>Ganesha:</b> Green <i>Sunrise: 7:47AM</i>        |                    |
|                                    |                    | Yama 7:47AM – 8:54AM   | Ganda* Until 12:14PM            | <b>Muruqa:</b> Purple <i>Sunset: 4:46PM</i>         | Moon 12 - Phase 36 |
|                                    | 872963366          | <b>Rahu</b> 1:24PM – 2:31PM  | Visti* Until 2:37AM Fri         | <b>Nataraja:</b> Green                              | 2nd Phase          |
| Routine Work                       | Prabalarishta Yoga |  | <b>Trayodashi*</b> Until 1:51PM | <b>Margasira*Markali</b>                            | <b>Bhuloka Day</b> |
| Until 11:12PM                      |                    |  |                                 |   |                    |
| Then Creative Work - Siddha Yoga   |                    |  |                                 |   |                    |

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| <b>6 Friday, January 4, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  | Springfield, OR<br>Sun 12 Sutra 264<br>Vilamba 5120 |                    |
| Dhanus Rasi: 3.23                | Tithi 29 – 30 | <b>Gulika</b> 8:55AM – 10:02AM  | <b>Mula*</b> Until 1:36AM Sat    | <b>Ganesha:</b> White <i>Sunrise: 7:47AM</i>        |                    |
|                                  |               | Yama 2:32PM – 3:40PM  | Vridhhi Until 12:19PM            | <b>Muruqa:</b> Purple <i>Sunset: 4:47PM</i>         | Moon 12 - Phase 36 |
|                                  | 882963366     | <b>Rahu</b> 11:10AM – 12:17PM   | Catuspada Until 4:27AM Sat       | <b>Nataraja:</b> Green                              | 2nd Phase          |
| Creative Work                    | Amrita Yoga   |   | <b>Chaturdashi*</b> Until 3:28PM | <b>Margasira*Markali</b>                            | <b>Bhuloka Day</b> |
| Until 1:36AM Sat                 |               |   |                                  |   |                    |
| Then Creative Work - Siddha Yoga |               |   |                                  |   |                    |

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| <b>Retreat Star</b>              |              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                      | Springfield, OR<br>Sun 13 Sutra 265<br>Vilamba 5120 |  |
| Dhanus Rasi: 15.32               | Tithi 30 – 1 | <b>Gulika</b> 7:47AM – 8:55AM   | <b>Purvashadha*</b> Until 4:13AM Sun | <b>Ganesha:</b> White <i>Sunrise: 7:47AM</i>        |  |
|                                  |              | Yama 1:25PM – 2:33PM  | Dhruva Until 12:40PM                 | <b>Muruqa:</b> Clear <i>Sunset: 4:48PM</i>          | Moon 12 - Phase 36                                 |
|                                  | 882973366    | <b>Rahu</b> 10:02AM – 11:10AM   | Kintughna Until 6:39AM Sun           | <b>Nataraja:</b> Green                              | Amavasya   |
| Creative Work                    | Siddha Yoga  |   | <b>Amavasya*</b> Until 5:29PM        | <b>Margasira*Markali</b>                            | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
| Until 4:13AM Sun                 |              | <b>Subramuniyaswami Jayanti</b>   |                                      |   |  |
| Then Creative Work - Amrita Yoga |              |   |                                      |   |  |

|                     |             |   |                                      |   |  |
|---------------------|-------------|---|--------------------------------------|---|--|
| <b>Retreat Star</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau |                                      | Springfield, OR<br>Sun 14 Sutra 266<br>Vilamba 5120 |  |
| Dhanus Rasi: 27.33  | Tithi 1     | <b>Gulika</b> 2:34PM – 3:41PM   | <b>Uttarashadha</b> Until 6:56AM Mon | <b>Ganesha:</b> White <i>Sunrise: 7:47AM</i>        |  |
|                     |             | Yama 12:18PM – 1:26PM   | Vyaghata* Until 1:18PM               | <b>Muruqa:</b> Clear <i>Sunset: 4:49PM</i>          | Moon 12 - Phase 36                                 |
|                     | 882973366   | <b>Rahu</b> 3:41PM – 4:49PM   | Kintughna Until 6:39AM               | <b>Nataraja:</b> Green                              | Prathama   |
| Creative Work       | Amrita Yoga |   | <b>Prathama*</b> Until 7:50PM        | <b>Margasira*Markali</b>                            | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|                     |             | <b>Partial Solar Eclipse</b>  |                                      |   |  |
|                     |             |   |                                      |   |  |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                  |           |   |                                  |                        |                        |   |
|----------------------------------|-----------|---|----------------------------------|------------------------|------------------------|---|
| <b>Monday, January 7, 2019</b>   |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                  |                        |                        | Springfield, OR<br>Sun 15 Sutra 267<br>Vilamba 5120 |
| <b>1</b>                         |           | <b>Gulika</b> 1:26PM – 2:34PM   | <b>Uttarashadha</b> Until 6:56AM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:47AM |   |
| Makara Rasi: 9.26                | Tithi 2   | Yama 11:11AM – 12:18PM  | Harshana Until 2:09PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:50PM  | Moon 12 - Phase 37                                  |
| <b>Family Home Evening</b>       | 883973366 | <b>Rahu</b> 8:55AM – 10:03AM  | Balava Until 9:09AM              | <b>Nataraja:</b> Green |                        | 3rd Phase   |
| Routine Work Marana Yoga         |           |   | <b>Dvitiya</b> Until 10:27PM     | Moon – Light Blue      |                        | <b>Devaloka Day</b>                                 |
| Until 6:56AM                     |           |   |                                  | <b>Pausha-Markali</b>  |                        |   |
| Then Creative Work - Amrita Yoga |           |   |                                  |                        |                        |   |

|                                 |           |  |                                 |                        |                        |   |
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| <b>Tuesday, January 8, 2019</b> |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau |                                 |                        |                        | Springfield, OR<br>Sun 16 Sutra 268<br>Vilamba 5120 |
| <b>2</b>                        |           | <b>Gulika</b> 12:19PM – 1:27PM   | <b>Shravana</b> Until 10:12AM   | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:46AM |   |
| Makara Rasi: 21.16              | Tithi 3   | Yama 10:03AM – 11:11AM   | Vajra* Until 3:06PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:51PM  | Moon 12 - Phase 37                                  |
|                                 | 893973366 | <b>Rahu</b> 2:35PM – 3:43PM  | Taitila Until 11:50AM           | <b>Nataraja:</b> Green |                        | 3rd Phase   |
| Creative Work Siddha Yoga       |           |  | <b>Tritiya</b> Until 1:12AM Wed | Moon – Purple          |                        | <b>Devaloka Day</b>                                 |
|                                 |           |  |                                 | <b>Pausha-Markali</b>  |                        |   |

|                                   |           |   |                                    |                        |                        |   |
|-----------------------------------|-----------|---|------------------------------------|------------------------|------------------------|---|
| <b>Wednesday, January 9, 2019</b> |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyati-pata* Yoga Vanija/Visti* Karana Chaturthyam Titau |                                    |                        |                        | Springfield, OR<br>Sun 17 Sutra 269<br>Vilamba 5120 |
| <b>3</b>                          |           | <b>Gulika</b> 11:11AM – 12:19PM   | <b>Dhanishtha</b> Until 1:22PM     | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:46AM |   |
| Kumbha Rasi: 3.02                 | Tithi 4   | Yama 8:54AM – 10:03AM   | Siddhi Until 4:06PM                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:52PM  | Moon 12 - Phase 37                                  |
|                                   | 893973366 | <b>Rahu</b> 12:19PM – 1:28PM  | Vanija Until 2:36PM                | <b>Nataraja:</b> Green |                        | 3rd Phase   |
| Routine Work Prabalarishta Yoga   |           |   | <b>Chaturthi*</b> Until 3:55AM Thu | Moon – Purple          |                        | <b>Devaloka Day</b>                                 |
| Until 1:22PM                      |           |   |                                    | <b>Pausha-Markali</b>  |                        |   |
| Then Creative Work - Siddha Yoga  |           |   |                                    |                        |                        |   |

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| <b>Thursday, January 10, 2019</b> |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vyati-pata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau |                                  |                        |                        | Springfield, OR<br>Sun 18 Sutra 270<br>Vilamba 5120 |
| <b>4</b>                          |           | <b>Gulika</b> 10:03AM – 11:11AM   | <b>Shatabhishak</b> Until 4:16PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:46AM |   |
| Kumbha Rasi: 14.5                 | Tithi 5   | Yama 7:46AM – 8:54AM  | Vyati-pata* Until 5:01PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:54PM  | Moon 12 - Phase 37                                  |
|                                   | 893973366 | <b>Rahu</b> 1:28PM – 2:37PM   | Bava Until 5:15PM                | <b>Nataraja:</b> Green |                        | 3rd Phase   |
| Creative Work Siddha Yoga         |           |   | <b>Panchami</b> Until 6:27AM Fri | Moon – Purple          |                        | <b>Devaloka Day</b>                                 |
|                                   |           |   |                                  | <b>Pausha-Markali</b>  |                        |   |

|                                 |             |  |                                       |                        |                        |   |
|---------------------------------|-------------|--|---------------------------------------|------------------------|------------------------|---|
| <b>Friday, January 11, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                       |                        |                        | Springfield, OR<br>Sun 19 Sutra 271<br>Vilamba 5120 |
| <b>5</b>                        |             | <b>Gulika</b> 8:54AM – 10:03AM   | <b>Purvaproshtapada*</b> Until 7:14PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:46AM |   |
| Kumbha Rasi: 26.43              | Tithi 5 – 6 | Yama 2:37PM – 3:46PM   | Variyan Until 5:43PM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:55PM  | Moon 12 - Phase 37                                  |
|                                 | 813973366   | <b>Rahu</b> 11:12AM – 12:20PM  | Kaulava Until 7:37PM                  | <b>Nataraja:</b> Green |                        | 3rd Phase   |
| Creative Work Siddha Yoga       |             |  | <b>Panchami</b> Until 6:27AM          | Moon – Clear           |                        | <b>Devaloka Day</b>                                 |
|                                 |             |  |                                       | <b>Pausha-Markali</b>  |                        |   |

|  |             |   |                                       |                        |                        |   |
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| <b>Saturday, January 12, 2019</b>      |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                       |                        |                        | Springfield, OR<br>Sun 20 Sutra 272<br>Vilamba 5120 |
| <b>6</b>                               |             | <b>Gulika</b> 7:45AM – 8:54AM   | <b>Uttaraproshtapada</b> Until 9:37PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:45AM |   |
| Meena Rasi: 8.44                       | Tithi 6 – 7 | Yama 1:29PM – 2:38PM  | Parigha* Until 6:06PM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:56PM  | Moon 12 - Phase 37                                  |
|  | 813973366   | <b>Rahu</b> 10:03AM – 11:12AM   | Gara Until 9:32PM                     | <b>Nataraja:</b> Green |                        | 3rd Phase   |
| Creative Work Siddha Yoga              |             |   | <b>Shashthi*</b> Until 8:37AM         | Moon – Clear           |                        | <b>Devaloka Day</b>                                 |
| Until 9:37PM                           |             |   |                                       | <b>Pausha-Markali</b>  |                        |   |
| Then Routine Work - Prabalarishta Yoga |             |   |                                       |                        |                        |   |

|                                  |             |  |                              |                        |                        |   |
|----------------------------------|-------------|--|------------------------------|------------------------|------------------------|---|
| <b>Sunday, January 13, 2019</b>  |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau |                              |                        |                        | Springfield, OR<br>Sun 21 Sutra 273<br>Vilamba 5120 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 2:39PM – 3:48PM  | <b>Revati</b> Until 11:14PM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:45AM |   |
| Meena Rasi: 20.57                | Tithi 7 – 8 | Yama 12:21PM – 1:30PM  | Shiva Until 6:02PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:57PM  | Moon 12 - Phase 37                                  |
|                                  | 813973366   | <b>Rahu</b> 3:48PM – 4:57PM  | Visti Until 10:49PM          | <b>Nataraja:</b> Green |                        | Ashtami   |
| Creative Work Amrita Yoga        |             |  | <b>Saptami</b> Until 10:15AM | Moon – Clear           |                        | <b>Devaloka Day</b>                                 |
| Until 11:14PM                    |             |  |                              | <b>Pausha-Markali</b>  |                        |   |
| Then Creative Work - Siddha Yoga |             |  |                              |                        |                        |   |

|                                 |             |  |                                  |                        |                        |   |
|---------------------------------|-------------|--|----------------------------------|------------------------|------------------------|---|
| <b>Monday, January 14, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                  |                        |                        | Springfield, OR<br>Sun 22 Sutra 274<br>Vilamba 5120 |
| <b>Retreat Star</b>             |             | <b>Gulika</b> 1:31PM – 2:40PM  | <b>Ashvini</b> Until 12:28AM Tue | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:44AM |   |
| Mesha Rasi: 3.28                | Tithi 8 – 9 | Yama 11:12AM – 12:21PM   | Siddha Until 5:23PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:58PM  | Moon 12 - Phase 37                                  |
| <b>Family Home Evening</b>      | 823973366   | <b>Rahu</b> 8:54AM – 10:03AM   | Balava Until 11:21PM             | <b>Nataraja:</b> Green |                        | Navami  |
| Creative Work Siddha Yoga       |             |  | <b>Ashtami*</b> Until 11:10AM    | Moon – White           |                        | <b>Sivaloka Day</b>                                 |
|                                 |             | <b>Thai Pongal</b>   |                                  | <b>Pausha-Thai</b>     |                        |   |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

|               |                                  |              |  |                                  |                        |                        |   |
|---------------|----------------------------------|--------------|--|----------------------------------|------------------------|------------------------|---|
| <b>1</b>      | <b>Tuesday, January 15, 2019</b> |              | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                  |                        |                        | Springfield, OR<br>Sun 23 Sutra 275<br>Vilamba 5120 |
|               | Mesha Rasi: 16.2                 | Tithi 9 – 10 | <b>Gulika</b> 12:22PM – 1:31PM   | <b>Bharani Until 12:43AM Wed</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:44AM |   |
|               | 823973366                        |              | Yama 10:03AM – 11:12AM   | Sadhya Until 4:08PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:59PM  | Moon 12 - Phase 38<br>4th Phase                     |
| Creative Work | Siddha Yoga                      |              | Taitila Until 11:04PM  | <b>Nataraja:</b> Green           |                        |                        | <b>Sivaloka Day</b>                                 |
|               |                                  |              | <b>Navami* Until 11:18AM</b>   | Moon – White                     |                        |                        | <b>Pausha*Thai</b>                                  |
|               |                                  |              |  |                                  |                        |                        |   |


|               |                                    |               |  |                                   |                      |                        |   |
|---------------|------------------------------------|---------------|--|-----------------------------------|----------------------|------------------------|---|
| <b>2</b>      | <b>Wednesday, January 16, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau |                                   |                      |                        | Springfield, OR<br>Sun 24 Sutra 276<br>Vilamba 5120 |
|               | Mesha Rasi: 29.37                  | Tithi 10 – 11 | <b>Gulika</b> 11:12AM – 12:22PM  | <b>Krittika Until 12:02AM Thu</b> | <b>Ganesha:</b> Blue | <i>Sunrise:</i> 7:43AM |   |
|               | 823173366                          |               | Yama 8:53AM – 10:03AM  | Subha Until 2:15PM                | <b>Muruqa:</b> Clear | <i>Sunset:</i> 5:01PM  | Moon 12 - Phase 38<br>4th Phase                     |
| Creative Work | Amrita Yoga                        |               | Vanija Until 9:57PM  | <b>Nataraja:</b> Green            |                      |                        | <b>Sivaloka Day</b>                                 |
|               |                                    |               | <b>Dashami Until 10:36AM</b>   | Moon – White                      |                      |                        | <b>Pausha*Thai</b>                                  |
|               |                                    |               |  |                                   |                      |                        |   |

|              |                                   |               |   |                             |                        |                        |   |
|--------------|-----------------------------------|---------------|---|-----------------------------|------------------------|------------------------|---|
| <b>3</b>     | <b>Thursday, January 17, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                             |                        |                        | Springfield, OR<br>Sun 25 Sutra 277<br>Vilamba 5120 |
|              | Vrishabha Rasi: 13.22             | Tithi 11 – 12 | <b>Gulika</b> 10:03AM – 11:12AM   | <b>Rohini Until 10:54PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:43AM |   |
|              | 833173366                         |               | Yama 7:43AM – 8:53AM  | Sukla Until 11:43AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:02PM  | Moon 12 - Phase 38<br>4th Phase                     |
| Routine Work | Marana Yoga                       |               | Bava Until 8:05PM   | <b>Nataraja:</b> Green      |                        |                        | <b>Devaloka Day</b>                                 |
|              |                                   |               | <b>Ekadashi Until 9:05AM</b>  | Moon – Yellow               |                        |                        | <b>Pausha*Thai</b>                                  |
|              |                                   |               |   |                             |                        |                        |   |

|               |                                 |               |   |                                |                        |                        |   |
|---------------|---------------------------------|---------------|---|--------------------------------|------------------------|------------------------|---|
| <b>4</b>      | <b>Friday, January 18, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau |                                |                        |                        | Springfield, OR<br>Sun 26 Sutra 278<br>Vilamba 5120 |
|               | Vrishabha Rasi: 27.34           | Tithi 12 – 13 | <b>Gulika</b> 8:52AM – 10:02AM  | <b>Mrigashira Until 8:59PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:42AM |   |
|               | 833173366                       |               | Yama 2:43PM – 3:53PM  | Brahma Until 8:37AM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:03PM  | Moon 12 - Phase 38<br>4th Phase                     |
| Creative Work | Siddha Yoga                     |               | Taitila Until 4:03AM Sat  | <b>Nataraja:</b> Green         |                        |                        | <b>Devaloka Day</b>                                 |
|               |                                 |               | <b>Dvadashi Until 6:52AM</b>  | Moon – Yellow                  |                        |                        | <b>Pausha*Thai</b>                                  |
|               |                                 |               |   |                                |                        |                        |   |

*Pradosha Vrata*

|               |                                   |          |   |                             |                        |                        |   |
|---------------|-----------------------------------|----------|---|-----------------------------|------------------------|------------------------|---|
| <b>5</b>      | <b>Saturday, January 19, 2019</b> |          | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau |                             |                        |                        | Springfield, OR<br>Sun 27 Sutra 279<br>Vilamba 5120 |
|               | Mithuna Rasi: 12.11               | Tithi 14 | <b>Gulika</b> 7:42AM – 8:52AM   | <b>Ardra Until 6:27PM</b>   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:42AM |   |
|               | 833173366                         |          | Yama 1:33PM – 2:44PM  | Vaidhriti* Until 1:09AM Sun | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:04PM  | Moon 12 - Phase 38<br>4th Phase                     |
| Creative Work | Siddha Yoga                       |          | Gara Until 2:29PM   | <b>Nataraja:</b> Green      |                        |                        | <b>Devaloka Day</b>                                 |
|               |                                   |          | <b>Chaturdashi* Until 12:48AM Sun</b>   | Moon – Yellow               |                        |                        | <b>Pausha*Thai</b>                                  |
|               |                                   |          |   |                             |                        |                        |   |

|   |                                 |           |  |                               |                        |                        |  |
|---|---------------------------------|-----------|--|-------------------------------|------------------------|------------------------|--|
|  | <b>Sunday, January 20, 2019</b> |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau |                               |                        |                        | Springfield, OR<br>Sutra 280<br>Vilamba 5120 |
|   | <b>Copper Retreat Star</b>      |           | <b>Gulika</b> 2:45PM – 3:55PM  | <b>Punarvasu Until 3:50PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:41AM |  |
|   | Mithuna Rasi: 27.08             | Tithi 15  | Yama 12:23PM – 1:34PM  | Vishkambha* Until 9:01PM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:06PM  | Moon 12 - Phase 38<br>Purnima                |
| Creative Work   | Siddha Yoga                     | 843173366 | Rahu 3:55PM – 5:06PM   | Visti Until 11:04AM           | <b>Nataraja:</b> Green |                        | <b>Sivaloka Day</b>                          |
|   |                                 |           | <b>Thai Pusam</b>  | <b>Purnima* Until 9:15PM</b>  | Moon – Blue            |                        | <b>Pausha*Thai</b>                           |
|   |                                 |           |  |                               |                        |                        |  |

|                                 |                            |               |   |                               |                        |                        |  |
|---------------------------------|----------------------------|---------------|---|-------------------------------|------------------------|------------------------|--|
| <b>Monday, January 21, 2019</b> | <b>Silver Retreat Star</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Prathama/Dvityayam Titau |                               |                        |                        | Springfield, OR<br>Sutra 281<br>Vilamba 5120 |
|                                 | Kataka Rasi: 12.16         | Tithi 16 – 17 | <b>Gulika</b> 1:34PM – 2:45PM   | <b>Pushya Until 12:55PM</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:40AM |  |
|                                 | 843173366                  |               | Yama 11:13AM – 12:24PM  | Priti Until 4:46PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:07PM  | Moon 12 - Phase 38<br>Prathama               |
| <b>Family Home Evening</b>      | Creative Work              | Siddha Yoga   | Rahu 8:51AM – 10:02AM   | Balava Until 7:26AM           | <b>Nataraja:</b> Green |                        | <b>Sivaloka Day</b>                          |
|                                 |                            |               | <b>Total Lunar Eclipse</b>  | <b>Prathama* Until 5:34PM</b> | Moon – Blue            |                        | <b>Pausha*Thai</b>                           |
|                                 |                            |               |   |                               |                        |                        |  |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Trilyayam Titau

Springfield, OR

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 27.28 Tithi 17 - 18

844173366

Gulika 12:24PM - 1:35PM

Yama 10:02AM - 11:13AM

Rahu 2:46PM - 3:57PM

Ashlesha\* Until 9:53AM

Ayushman Until 12:32PM

Vanija Until 12:12AM Wed

Dvitiya Until 1:56PM

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Blue

Pausha\*Thai

Sunrise: 7:39AM

Sunset: 5:08PM

Devaloka Day

Creative Work Siddha Yoga

1 Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Triliya/Chatrthyam Titau

Springfield, OR

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 12.32 Tithi 18 - 19

854173366

Gulika 11:13AM - 12:24PM

Yama 8:50AM - 10:01AM

Rahu 12:24PM - 1:36PM

Magha\* Until 7:16AM

Saubhagya Until 8:27AM

Bava Until 8:54PM

Tritiya Until 10:29AM

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Red

Pausha\*Thai

Sunrise: 7:39AM

Sunset: 5:10PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 7:16AM

Then Creative Work - Amrita Yoga

2 Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Springfield, OR

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 27.22 Tithi 19 - 20

954173366

Gulika 10:01AM - 11:13AM

Yama 7:38AM - 8:49AM

Rahu 1:36PM - 2:48PM

Uttaraphalguni Until 2:45AM Fri

Athiganda\* Until 1:14AM Fri

Kaulava Until 6:03PM

Chaturthi\* Until 7:24AM

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Red

Pausha\*Thai

Sunrise: 7:38AM

Sunset: 5:11PM

Devaloka Day

Amrita Yoga

3 Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Springfield, OR

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 11.5 Tithi 21

964173366

Gulika 8:49AM - 10:01AM

Yama 2:49PM - 4:00PM

Rahu 11:13AM - 12:25PM

Hasta Until 1:31AM Sat

Sukarma Until 10:18PM

Gara Until 3:44PM

Shashthi\* Until 2:48AM Sat

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha\*Thai

Sunrise: 7:37AM

Sunset: 5:12PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:31AM Sat

Then Routine Work - Marana Yoga

4 Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

Springfield, OR

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 25.55 Tithi 22

964173366

Gulika 7:36AM - 8:48AM

Yama 1:37PM - 2:49PM

Rahu 10:00AM - 11:13AM

Chitra Until 12:51AM Sun

Dhriti Until 7:55PM

Visti Until 2:04PM

Saptami Until 1:30AM Sun

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha\*Thai

Sunrise: 7:36AM

Sunset: 5:14PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 12:51AM Sun

Then Creative Work - Siddha Yoga

5 Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Springfield, OR

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 9.33 Tithi 23

964173366

Gulika 2:50PM - 4:03PM

Yama 12:25PM - 1:38PM

Rahu 4:03PM - 5:15PM

Svati Until 12:44AM Mon

Shula\* Until 6:06PM

Balava Until 1:08PM

Ashtami\* Until 12:56AM Mon

Ganesha: Purple

Muruqa: Clear

Nataraja: Green

Moon - Green

Pausha\*Thai

Sunrise: 7:35AM

Sunset: 5:15PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:44AM Mon

Then Routine Work - Marana Yoga

6 Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

Springfield, OR

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 22.46 Tithi 24

974173366

Gulika 1:38PM - 2:51PM

Yama 11:13AM - 12:25PM

Rahu 8:47AM - 10:00AM

Vishakha Until 1:40AM Tue

Ganda\* Until 4:52PM

Taitila Until 12:58PM

Navami\* Until 1:07AM Tue

Ganesha: Clear

Muruqa: Clear

Nataraja: Green

Moon - Orange

Pausha\*Thai

Sunrise: 7:34AM

Sunset: 5:16PM

Devaloka Day

Routine Work Marana Yoga

Until 1:40AM Tue

Then Creative Work - Siddha Yoga

|               |                                  |                             |   |                                  |                        |                        |   |
|---------------|----------------------------------|-----------------------------|---|----------------------------------|------------------------|------------------------|---|
| <b>1</b>      | <b>Tuesday, January 29, 2019</b> |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau |                                  |                        |                        | Springfield, OR<br>Sun 8<br>Sutra 289<br>Vilamba 5120 |
|               | Wrischika Rasi: 5.37             | Tithi 25                    | <b>Gulika</b> 12:25PM – 1:39PM  | <b>Anuradha</b> Until 3:06AM Wed | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:33AM |   |
|               |                                  |                             | Yama 9:59AM – 11:12AM   | Vriddhi Until 4:12PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:18PM  | Moon 1 - Phase 40                                     |
|               | 984173366                        | <b>Rahu</b> 2:52PM – 4:05PM |   | Vanija Until 1:30PM              | <b>Nataraja:</b> Green |                        | 2nd Phase   |
| Creative Work | Siddha Yoga                      |                             | <b>Dashami</b> Until 2:00AM Wed   | Moon – Orange                    |                        | <b>Devaloka Day</b>    |   |
|               |                                  |                             |   | <b>Pausha</b> -Thai              |                        |                        |   |

|               |                                    |                              |   |                                   |                        |                        |   |
|---------------|------------------------------------|------------------------------|---|-----------------------------------|------------------------|------------------------|---|
| <b>2</b>      | <b>Wednesday, January 30, 2019</b> |                              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau |                                   |                        |                        | Springfield, OR<br>Sun 9<br>Sutra 290<br>Vilamba 5120 |
|               | Wrischika Rasi: 18.09              | Tithi 26                     | <b>Gulika</b> 11:12AM – 12:26PM   | <b>Jyeshtha*</b> Until 4:57AM Thu | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:32AM |   |
|               |                                    |                              | Yama 8:45AM – 9:59AM  | Dhruva Until 4:00PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:19PM  | Moon 1 - Phase 40                                     |
|               | 984173366                          | <b>Rahu</b> 12:26PM – 1:39PM |   | Bava Until 2:42PM                 | <b>Nataraja:</b> Green |                        | 2nd Phase   |
| Creative Work | Siddha Yoga                        |                              | <b>Ekadashi*</b> Until 3:30AM Thu   | Moon – Orange                     |                        | <b>Devaloka Day</b>    |   |
|               |                                    |                              |   | <b>Pausha</b> -Thai               |                        |                        |   |

|  |                                   |                             |  |                               |                        |                                     |  |
|--|-----------------------------------|-----------------------------|--|-------------------------------|------------------------|-------------------------------------|--|
| <b>3</b>                               | <b>Thursday, January 31, 2019</b> |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau |                               |                        |                                     | Springfield, OR<br>Sun 10<br>Sutra 291<br>Vilamba 5120 |
|  | Dhanus Rasi: 0.26                 | Tithi 27                    | <b>Gulika</b> 9:58AM – 11:12AM   | <b>Mula*</b> Until 7:35AM Fri | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:31AM              |  |
|  |                                   |                             | Yama 7:31AM – 8:45AM   | Vyaghata* Until 4:13PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:21PM               | Moon 1 - Phase 40                                      |
|  | 984173366                         | <b>Rahu</b> 1:39PM – 2:53PM |  | Kaulava Until 4:27PM          | <b>Nataraja:</b> Green |                                     | 2nd Phase  |
| Creative Work                          | Siddha Yoga                       |                             | <b>Dvadashi*</b> Until 5:28AM Fri  | Moon – Light Blue             |                        | <b>Bhuloka Day</b>                  |  |
| Until 7:35AM Fri                       |                                   |                             |  | <b>Pausha</b> -Thai           |                        | <b>Devaloka Time:</b> 12:PM to 3:PM |  |
| Then Routine Work - Prabalarishta Yoga |                                   |                             |  |                               |                        |                                     |  |

|  |                                 |                               |  |                           |                        |                                     |  |
|--|---------------------------------|-------------------------------|--|---------------------------|------------------------|-------------------------------------|--|
| <b>4</b>                               | <b>Friday, February 1, 2019</b> |                               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara Karana Trayodashyam Titau |                           |                        |                                     | Springfield, OR<br>Sun 11<br>Sutra 292<br>Vilamba 5120 |
|  | Dhanus Rasi: 12.32              | Tithi 28                      | <b>Gulika</b> 8:45AM – 9:58AM  | <b>Mula*</b> Until 7:35AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:31AM              |  |
|  |                                 |                               | Yama 2:53PM – 4:07PM   | Harshana Until 4:47PM     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:21PM               | Moon 1 - Phase 40                                      |
|  | 984173366                       | <b>Rahu</b> 11:12AM – 12:26PM |  | Gara Until 6:38PM         | <b>Nataraja:</b> Green |                                     | 2nd Phase  |
| Creative Work                          | Amrita Yoga                     |                               | <b>Trayodashi*</b> Until 7:49AM Sat  | Moon – Light Blue         |                        | <b>Bhuloka Day</b>                  |  |
| Until 7:35AM                           |                                 |                               |  | <b>Pausha</b> -Thai       |                        | <b>Devaloka Time:</b> 12:PM to 3:PM |  |
| Then Routine Work - Prabalarishta Yoga |                                 |                               | <i>Pradosha Vrata (Fasting)</i>  |                           |                        |                                     |  |

|                                 |                                   |                              |  |                                   |                        |                                     |  |
|---------------------------------|-----------------------------------|------------------------------|--|-----------------------------------|------------------------|-------------------------------------|--|
| <b>5</b>                        | <b>Saturday, February 2, 2019</b> |                              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                   |                        |                                     | Springfield, OR<br>Sun 12<br>Sutra 293<br>Vilamba 5120 |
|                                 | Dhanus Rasi: 24.29                | Tithi 28 – 29                | <b>Gulika</b> 7:30AM – 8:44AM  | <b>Purvashadha*</b> Until 10:23AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:30AM              |  |
|                                 |                                   |                              | Yama 1:40PM – 2:54PM   | Vajra* Until 5:32PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:22PM               | Moon 1 - Phase 40                                      |
|                                 | 984173366                         | <b>Rahu</b> 9:58AM – 11:12AM |  | Visti Until 9:06PM                | <b>Nataraja:</b> Green |                                     | 2nd Phase  |
| Creative Work                   | Siddha Yoga                       |                              | <b>Trayodashi*</b> Until 7:49AM  | Moon – Light Blue                 |                        | <b>Bhuloka Day</b>                  |  |
| Until 10:23AM                   |                                   |                              |  | <b>Pausha</b> -Thai               |                        | <b>Devaloka Time:</b> 12:PM to 3:PM |  |
| Then Routine Work - Marana Yoga |                                   |                              |  |                                   |                        |                                     |  |

|               |                                 |                             |   |                                  |                        |                        |  |
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| <b>●</b>      | <b>Sunday, February 3, 2019</b> |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  |                        |                        | Springfield, OR<br>Sun 13<br>Sutra 294<br>Vilamba 5120 |
|               | <b>Retreat Star</b>             |                             | <b>Gulika</b> 2:55PM – 4:09PM   | <b>Uttarashadha</b> Until 1:15PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:29AM |  |
|               | Makara Rasi: 6.2                | Tithi 29 – 30               | Yama 12:26PM – 1:40PM   | Siddhi Until 6:27PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:23PM  | Moon 1 - Phase 40                                      |
|               | 985173367                       | <b>Rahu</b> 4:09PM – 5:23PM |   | Catuspada Until 11:46PM          | <b>Nataraja:</b> White |                        | Amavasya   |
| Creative Work | Amrita Yoga                     |                             | <b>Chaturdashi*</b> Until 10:24AM   | Moon – Light Blue                |                        | <b>Devaloka Day</b>    |  |
|               |                                 |                             |   | <b>Pausha</b> -Thai              |                        |                        |  |

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| <b>●</b>                         | <b>Monday, February 4, 2019</b> |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                              |                        |                        | Springfield, OR<br>Sun 14<br>Sutra 295<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>             |                             | <b>Gulika</b> 1:41PM – 2:55PM   | <b>Shravana</b> Until 4:32PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:28AM |  |
|                                  | Makara Rasi: 18.08              | Tithi 30 – 1                | Yama 11:12AM – 12:26PM  | Vyatipata* Until 7:27PM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:25PM  | Moon 1 - Phase 40                                      |
|                                  | 995173367                       | <b>Rahu</b> 8:42AM – 9:57AM |   | Kintughna Until 2:29AM Tue   | <b>Nataraja:</b> White |                        | Prathama   |
| Creative Work                    | Amrita Yoga                     |                             | <b>Amavasya*</b> Until 1:06PM   | Moon – Purple                |                        | <b>Devaloka Day</b>    |  |
| Until 4:32PM                     |                                 |                             |   | <b>Magha</b> -Thai           |                        |                        |  |
| Then Creative Work - Siddha Yoga |                                 |                             |   |                              |                        |                        |  |

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| <b>1</b>                        |             | <b>Tuesday, February 5, 2019</b>      |                                       | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        |  |                     | Springfield, OR<br>Sun 15 Sutra 296<br>Vilamba 5120 |
| Makara Rasi: 29.56              | Tithi 1 – 2 | <b>Gulika</b> 12:26PM – 1:41PM        | <b>Dhanishtha</b> <b>Until 7:39PM</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 7:27AM |  |                     |   |
|                                 |             | Yama 9:56AM – 11:11AM                 | Variyan Until 8:24PM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:26PM  |  |                     | Moon 1 - Phase 41                                   |
|                                 |             | 995173367 <b>Rahu</b> 2:56PM – 4:11PM | Balava Until 5:09AM Wed               | <b>Nataraja:</b> White   |                        |  |                     | 3rd Phase   |
| Creative Work                   | Siddha Yoga |                                       | <b>Prathama* Until 3:48PM</b>         | <b>Magha-Thai</b>  |                        |  | <b>Devaloka Day</b> |   |
| Until 7:39PM                    |             |                                       |                                       |  |                        |  |                     |   |
| Then Routine Work - Marana Yoga |             |                                       |                                       |  |                        |  |                     |   |

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| <b>2</b>                         |             | <b>Wednesday, February 6, 2019</b>     |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Parigha* Yoga Kaulava Karana Dvitiyayam Titau |                        |  |                     | Springfield, OR<br>Sun 16 Sutra 297<br>Vilamba 5120 |
| Kumbha Rasi: 11.45               | Tithi 2     | <b>Gulika</b> 11:11AM – 12:26PM        | <b>Shatabhishak</b> <b>Until 10:30PM</b> | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 7:25AM |  |                     |   |
|                                  |             | Yama 8:41AM – 9:56AM                   | Parigha* Until 9:18PM                    | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:27PM  |  |                     | Moon 1 - Phase 41                                   |
|                                  |             | 995173367 <b>Rahu</b> 12:26PM – 1:42PM | Kaulava Until 6:25PM                     | <b>Nataraja:</b> White  |                        |  |                     | 3rd Phase   |
| Creative Work                    | Siddha Yoga |  | <b>Dvitiya Until 6:25PM</b>              | <b>Magha-Thai</b>   |                        |  | <b>Devaloka Day</b> |   |
| Until 10:30PM                    |             |  |  |   |                        |  |                     |   |
| Then Creative Work - Amrita Yoga |             |  |  |   |                        |  |                     |   |

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| <b>3</b>                        |             | <b>Thursday, February 7, 2019</b>     |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau |                        |  |                     | Springfield, OR<br>Sun 17 Sutra 298<br>Vilamba 5120 |
| Kumbha Rasi: 23.37              | Tithi 3     | <b>Gulika</b> 9:55AM – 11:11AM        | <b>Purvaproshtpada*</b> <b>Until 1:29AM Fri</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:24AM |  |                     |   |
|                                 |             | Yama 7:24AM – 8:40AM                  | Shiva Until 10:03PM                             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:29PM  |  |                     | Moon 1 - Phase 41                                   |
|                                 |             | 915173367 <b>Rahu</b> 1:42PM – 2:58PM | Taitila Until 7:40AM                            | <b>Nataraja:</b> White   |                        |  |                     | 3rd Phase   |
| Creative Work                   | Siddha Yoga |                                       | <b>Tritiya Until 8:50PM</b>                     | <b>Magha-Thai</b>  |                        |  | <b>Sivaloka Day</b> |   |
| Until 7:39PM                    |             |                                       |   |  |                        |  |                     |   |
| Then Routine Work - Marana Yoga |             |                                       |   |  |                        |  |                     |   |

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| <b>4</b>                               |             | <b>Friday, February 8, 2019</b>         |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visiti* Karana Chaturthyam Titau |                        |  |                     | Springfield, OR<br>Sun 18 Sutra 299<br>Vilamba 5120 |
| Meena Rasi: 5.35                       | Tithi 4     | <b>Gulika</b> 8:39AM – 9:55AM           | <b>Uttaraproshtpada</b> <b>Until 4:01AM Sat</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 7:23AM |  |                     |   |
|  |             | Yama 2:58PM – 4:14PM                    | Siddha Until 10:33PM                            | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:30PM  |  |                     | Moon 1 - Phase 41                                   |
|  |             | 915173367 <b>Rahu</b> 11:11AM – 12:27PM | Vanija Until 9:57AM                             | <b>Nataraja:</b> White  |                        |  |                     | 3rd Phase   |
| Creative Work                          | Siddha Yoga |   | <b>Chaturthi* Until 10:57PM</b>                 | <b>Magha-Thai</b>   |                        |  | <b>Sivaloka Day</b> |   |
| Until 4:01AM Sat                       |             |   |   |   |                        |  |                     |   |
| Then Routine Work - Prabalarishta Yoga |             |   |   |   |                        |  |                     |   |

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| <b>5</b>                         |                    | <b>Saturday, February 9, 2019</b>      |                                       | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau |                        |  |                     | Springfield, OR<br>Sun 19 Sutra 300<br>Vilamba 5120 |
| Meena Rasi: 17.4                 | Tithi 5            | <b>Gulika</b> 7:22AM – 8:38AM          | <b>Revati</b> <b>Until 5:59AM Sun</b> | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 7:22AM |  |                     |   |
|                                  |                    | Yama 1:43PM – 2:59PM                   | Sadhya Until 10:47PM                  | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:32PM  |  |                     | Moon 1 - Phase 41                                   |
|                                  |                    | 915273367 <b>Rahu</b> 9:54AM – 11:10AM | Bava Until 11:54AM                    | <b>Nataraja:</b> White  |                        |  |                     | 3rd Phase   |
| Routine Work                     | Prabalarishta Yoga |  | <b>Panchami Until 12:41AM Sun</b>     | <b>Magha-Thai</b>   |                        |  | <b>Devaloka Day</b> |   |
| Until 5:59AM Sun                 |                    |  |                                       |   |                        |  |                     |   |
| Then Creative Work - Siddha Yoga |                    |  |                                       |   |                        |  |                     |   |

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| <b>6</b>                        |             | <b>Sunday, February 10, 2019</b>      |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau |                        |  |                     | Springfield, OR<br>Sun 20 Sutra 301<br>Vilamba 5120 |
| Meena Rasi: 29.55               | Tithi 6     | <b>Gulika</b> 3:00PM – 4:16PM         | <b>Ashvini</b> <b>Until 7:45AM Mon</b> | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 7:20AM |  |                     |   |
|                                 |             | Yama 12:27PM – 1:43PM                 | Subha Until 10:38PM                    | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:33PM  |  |                     | Moon 1 - Phase 41                                   |
|                                 |             | 915273367 <b>Rahu</b> 4:16PM – 5:33PM | Kaulava Until 1:23PM                   | <b>Nataraja:</b> White  |                        |  |                     | 3rd Phase   |
| Creative Work                   | Siddha Yoga |                                       | <b>Shashthi* Until 1:54AM Mon</b>      | <b>Magha-Thai</b>   |                        |  | <b>Devaloka Day</b> |   |
| Until 7:39PM                    |             |                                       |  |   |                        |  |                     |   |
| Then Routine Work - Marana Yoga |             |                                       |  |   |                        |  |                     |   |

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| <b>Monday, February 11, 2019</b> |             | <b>Retreat Star</b>                   |                                    | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau |                        |  |                              | Springfield, OR<br>Sun 21 Sutra 302<br>Vilamba 5120 |
| Mesha Rasi: 12.24                | Tithi 7     | <b>Gulika</b> 1:44PM – 3:01PM         | <b>Ashvini</b> <b>Until 7:45AM</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 7:19AM |  |                              |   |
| <b>Family Home Evening</b>       |             | Yama 11:10AM – 12:27PM                | Sukla Until 10:00PM                | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:34PM  |  |                              | Moon 1 - Phase 41                                   |
|                                  |             | 925273367 <b>Rahu</b> 8:36AM – 9:53AM | Gara Until 2:18PM                  | <b>Nataraja:</b> White  |                        |  |                              | 3rd Phase   |
| Creative Work                    | Siddha Yoga |                                       | <b>Saptami Until 2:29AM Tue</b>    | <b>Magha-Thai</b>   |                        |  | <b>Bhuloka Day</b>           |   |
| Until 7:39PM                     |             |                                       |                                    |   |                        |  | Devaloka Time: 12:PM to 3:PM |   |
| Then Routine Work - Marana Yoga  |             |                                       |                                    |   |                        |  |                              |   |

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| <b>Tuesday, February 12, 2019</b> |             | <b>Retreat Star</b>                   |                                    | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau |                        |  |                     | Springfield, OR<br>Sun 22 Sutra 303<br>Vilamba 5120 |
| Mesha Rasi: 25.1                  | Tithi 8     | <b>Gulika</b> 12:27PM – 1:44PM        | <b>Bharani</b> <b>Until 8:44AM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:18AM |  |                     |   |
|                                   |             | Yama 9:52AM – 11:09AM                 | Brahma Until 8:51PM                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:36PM  |  |                     | Moon 1 - Phase 41                                   |
|                                   |             | 926273367 <b>Rahu</b> 3:01PM – 4:18PM | Visti Until 2:32PM                 | <b>Nataraja:</b> White   |                        |  |                     | Ashtami   |
| Creative Work                     | Siddha Yoga |                                       | <b>Ashtami* Until 2:22AM Wed</b>   | <b>Magha-Masi</b>  |                        |  | <b>Devaloka Day</b> |   |
| Until 7:39PM                      |             |                                       |                                    |  |                        |  |                     |   |
| Then Routine Work - Marana Yoga   |             |                                       |                                    |  |                        |  |                     |   |

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| <b>Wednesday, February 13, 2019</b> |             | <b>Retreat Star</b>                    |                                     | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau |                        |  |                     | Springfield, OR<br>Sun 23 Sutra 304<br>Vilamba 5120 |
| Vrishabha Rasi: 8.19                | Tithi 9     | <b>Gulika</b> 11:09AM – 12:27PM        | <b>Krittika</b> <b>Until 8:52AM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:16AM |  |                     |   |
|                                     |             | Yama 8:34AM – 9:51AM                   | Indra Until 7:07PM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:37PM  |  |                     | Moon 1 - Phase 41                                   |
|                                     |             | 926273367 <b>Rahu</b> 12:27PM – 1:44PM | Balava Until 2:02PM                 | <b>Nataraja:</b> White   |                        |  |                     | Navami  |
| Creative Work                       | Amrita Yoga |  | <b>Navami* Until 1:28AM Thu</b>     | <b>Magha-Masi</b>  |                        |  | <b>Devaloka Day</b> |   |
| Until 8:52AM                        |             |  |                                     |  |                        |  |                     |   |
| Then Creative Work - Siddha Yoga    |             |  |                                     |  |                        |  |                     |   |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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| <b>1</b> | <b>Thursday, February 14, 2019</b>   |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau |   |                                   |                                | Springfield, OR<br>Sun 24 Sutra 305<br>Vilamba 5120 |
|          | Vrishabha Rasi: 21.51<br>Tithi 10<br>936273367<br>Rahu 1:45PM – 3:03PM<br>Routine Work Marana Yoga | Gulika 9:51AM – 11:09AM<br>Yama 7:15AM – 8:33AM | Rohini Until 8:33AM<br>Vaidhriti* Until 4:45PM<br>Taitila Until 12:45PM<br>Dashami Until 11:49PM  | Ganesha: White<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Yellow<br>Magha-Masi | Sunrise: 7:15AM<br>Sunset: 5:39PM | Moon 1 - Phase 42<br>4th Phase | Sivaloka Day  |

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| <b>2</b> | <b>Friday, February 15, 2019</b>   |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau |   |                                   |                                | Springfield, OR<br>Sun 25 Sutra 306<br>Vilamba 5120 |
|          | Mithuna Rasi: 5.51<br>Tithi 11<br>936273367<br>Rahu 11:08AM – 12:27PM<br>Creative Work Siddha Yoga | Gulika 8:32AM – 9:50AM<br>Yama 3:03PM – 4:22PM | Mrigashira Until 7:22AM<br>Vishkambha* Until 1:51PM<br>Vanija Until 10:45AM<br>Ekadashi Until 9:30PM   | Ganesha: White<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Yellow<br>Magha-Masi | Sunrise: 7:13AM<br>Sunset: 5:40PM | Moon 1 - Phase 42<br>4th Phase | Sivaloka Day  |

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| <b>3</b> | <b>Saturday, February 16, 2019</b>   |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau |   |                                   |                                | Springfield, OR<br>Sun 26 Sutra 307<br>Vilamba 5120 |
|          | Mithuna Rasi: 20.17<br>Tithi 12<br>946273367<br>Rahu 9:49AM – 11:08AM<br>Creative Work Siddha Yoga | Gulika 7:12AM – 8:31AM<br>Yama 1:45PM – 3:04PM | Punarvasu Until 3:09AM Sun<br>Priti Until 10:26AM<br>Bava Until 8:07AM<br>Dvadashi Until 6:35PM  | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Blue<br>Magha-Masi | Sunrise: 7:12AM<br>Sunset: 5:41PM | Moon 1 - Phase 42<br>4th Phase | Devaloka Day  |

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| <b>4</b> | <b>Sunday, February 17, 2019</b>   |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |   |                                   |                                | Springfield, OR<br>Sun 27 Sutra 308<br>Vilamba 5120 |
|          | Kataka Rasi: 5.05<br>Tithi 13 – 14<br>946273367<br>Rahu 4:24PM – 5:43PM<br>Creative Work Siddha Yoga | Gulika 3:05PM – 4:24PM<br>Yama 12:27PM – 1:46PM | Pushya Until 12:24AM Mon<br>Ayushman Until 6:36AM<br>Gara Until 1:27AM Mon<br>Trayodashi Until 3:14PM  | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Blue<br>Magha-Masi | Sunrise: 7:10AM<br>Sunset: 5:43PM | Moon 1 - Phase 42<br>4th Phase | Devaloka Day  |

*Pradosha Vrata*

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|  | <b>Monday, February 18, 2019</b>  |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |   |                                   |                              | Springfield, OR<br>Sutra 309<br>Vilamba 5120 |
|  | Kataka Rasi: 20.11<br>Tithi 14 – 15<br>Family Home Evening<br>946273367<br>Rahu 8:28AM – 9:48AM<br>Creative Work Siddha Yoga<br>Then Routine Work - Marana Yoga | Gulika 1:46PM – 3:05PM<br>Yama 11:07AM – 12:26PM | Ashlesha* Until 9:18PM<br>Sobhana Until 10:12PM<br>Visti Until 9:43PM<br>Chaturdashi* Until 11:35AM  | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Blue<br>Magha-Masi | Sunrise: 7:09AM<br>Sunset: 5:44PM | Moon 1 - Phase 42<br>Purnima | Devaloka Day                                 |

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| <b>5</b> | <b>Tuesday, February 19, 2019</b>   |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau |   |                                   |                               | Springfield, OR<br>Sutra 310<br>Vilamba 5120 |
|          | Simha Rasi: 5.26<br>Tithi 15 – 16<br>956273367<br>Rahu 3:06PM – 4:26PM<br>Creative Work Siddha Yoga | Gulika 12:26PM – 1:46PM<br>Yama 9:47AM – 11:07AM | Magha* Until 6:24PM<br>Athiganda* Until 5:52PM<br>Kaulava Until 4:03AM Wed<br>Purnima* Until 7:48AM   | Ganesha: Purple<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Red<br>Magha-Masi | Sunrise: 7:07AM<br>Sunset: 5:45PM | Moon 1 - Phase 42<br>Prathama | Sivaloka Day                                 |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dviliyayam Titau

Springfield, OR

Sutra 311

Simha Rasi: 20.4 Tithi 17

957273367

**Gulika** 11:06AM – 12:26PM  
Yama 8:26AM – 9:46AM  
**Rahu** 12:26PM – 1:46PM

**Purvaphalguni Until 3:30PM**

Sukarma Until 1:38PM

Taitila Until 2:15PM

**Dvitiya Until 12:30AM Thu**

**Ganesha:** Clear

*Sunrise:* 7:06AM

**Muruqa:** Clear

*Sunset:* 5:47PM

**Nataraja:** White

Moon – Red

**Magha-Masi**

**Devaloka Day**

Moon 2 - Phase 43

1st Phase

Creative Work Amrita Yoga

Thursday, February 21, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Springfield, OR

Sun 1 Sutra 312

Kanya Rasi: 5.43 Tithi 18

957273367

**Gulika** 9:45AM – 11:06AM  
Yama 7:04AM – 8:25AM  
**Rahu** 1:47PM – 3:07PM

**Uttaraphalguni Until 12:46PM**

Dhriti Until 9:40AM

Vanija Until 10:53AM

**Tritiya Until 9:20PM**

**Ganesha:** Clear

*Sunrise:* 7:04AM

**Muruqa:** Clear

*Sunset:* 5:48PM

**Nataraja:** White

Moon – Red

**Magha-Masi**

**Devaloka Day**

Moon 2 - Phase 43

1st Phase

Until 12:46PM  
Then Routine Work - Marana Yoga

Friday, February 22, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Springfield, OR

Sun 2 Sutra 313

Kanya Rasi: 20.26 Tithi 19

967273367

**Gulika** 8:24AM – 9:44AM  
Yama 3:08PM – 4:29PM  
**Rahu** 11:05AM – 12:26PM

**Hasta Until 10:47AM**

Shula\* Until 6:01AM

Bava Until 7:57AM

**Chaturthi\* Until 6:41PM**

**Ganesha:** White

*Sunrise:* 7:03AM

**Muruqa:** Clear

*Sunset:* 5:49PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Moon 2 - Phase 43

1st Phase

Creative Work Amrita Yoga  
Until 10:47AM  
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Springfield, OR

Sun 3 Sutra 314

Tula Rasi: 4.44 Tithi 20 – 21

967273367

**Gulika** 7:01AM – 8:22AM  
Yama 1:47PM – 3:08PM  
**Rahu** 9:44AM – 11:05AM

**Chitra Until 9:16AM**

Vriddhi Until 12:20AM Sun

Gara Until 4:03AM Sun

**Panchami Until 4:43PM**

**Ganesha:** White

*Sunrise:* 7:01AM

**Muruqa:** Clear

*Sunset:* 5:51PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Moon 2 - Phase 43

1st Phase

Routine Work Marana Yoga  
Until 9:16AM  
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Springfield, OR

Sun 4 Sutra 315

Tula Rasi: 18.34 Tithi 21 – 22

967273367

**Gulika** 3:09PM – 4:30PM  
Yama 12:26PM – 1:47PM  
**Rahu** 4:30PM – 5:52PM

**Svati Until 8:21AM**

Dhruva Until 10:25PM

Visti Until 3:18AM Mon

**Shashthi\* Until 3:33PM**

**Ganesha:** White

*Sunrise:* 7:00AM

**Muruqa:** Clear

*Sunset:* 5:52PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Moon 2 - Phase 43

1st Phase

Creative Work Siddha Yoga  
Until 8:21AM  
Then Routine Work - Marana Yoga

Monday, February 25, 2019

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Springfield, OR

Sun 5 Sutra 316

Vrischika Rasi: 1.55 Tithi 22 – 23

977273367

**Gulika** 1:48PM – 3:10PM  
Yama 11:04AM – 12:26PM  
**Rahu** 8:20AM – 9:42AM

**Vishakha Until 8:34AM**

Vyaghata\* Until 9:11PM

Balava Until 3:26AM Tue

**Saptami Until 3:14PM**

**Ganesha:** Yellow

*Sunrise:* 6:58AM

**Muruqa:** Clear

*Sunset:* 5:53PM

**Nataraja:** White

Moon – Orange

**Magha-Masi**

**Devaloka Day**

Moon 2 - Phase 43

1st Phase

Family Home Evening  
Routine Work Marana Yoga  
Until 8:34AM  
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Springfield, OR

Sun 6 Sutra 317

Vrischika Rasi: 14.49 Tithi 23 – 24

978273367

**Gulika** 12:26PM – 1:48PM  
Yama 9:41AM – 11:03AM  
**Rahu** 3:10PM – 4:32PM

**Anuradha Until 9:29AM**

Harshana Until 8:39PM

Taitila Until 4:23AM Wed

**Ashtami\* Until 3:47PM**

**Ganesha:** Blue

*Sunrise:* 6:56AM

**Muruqa:** Clear

*Sunset:* 5:55PM

**Nataraja:** White

Moon – Orange

**Magha-Masi**

**Sivaloka Day**

Moon 2 - Phase 43

Ashtami

Creative Work Siddha Yoga  
Until 9:29AM  
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Springfield, OR

Sun 7 Sutra 318

Vrischika Rasi: 27.2 Tithi 24 – 25

978273367

**Gulika** 11:03AM – 12:25PM  
Yama 8:17AM – 9:40AM  
**Rahu** 12:25PM – 1:48PM

**Jyeshtha\* Until 11:01AM**

Vajra\* Until 8:39PM

Vanija Until 6:05AM Thu

**Navami\* Until 5:08PM**

**Ganesha:** Blue

*Sunrise:* 6:55AM

**Muruqa:** Clear

*Sunset:* 5:56PM

**Nataraja:** White

Moon – Orange

**Magha-Masi**

**Sivaloka Day**

Moon 2 - Phase 43

Navami

Creative Work Siddha Yoga  
Until 11:01AM  
Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

|                   |             |                                       |                             |  |                        |                                    |  |
|-------------------|-------------|---------------------------------------|-----------------------------|--|------------------------|------------------------------------|--|
| <b>1</b>          |             | <b>Thursday, February 28, 2019</b>    |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau |                        | Springfield, OR<br>Sun 8 Sutra 319 |  |
| Dhanus Rasi: 9.32 | Tithi 25    | <b>Gulika</b> 9:39AM – 11:02AM        | <b>Mula* Until 1:33PM</b>   | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:53AM | Vilamba 5120                       |  |
|                   |             | Yama 6:53AM – 8:16AM                  | Siddhi Until 9:09PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:57PM  | Moon 2 - Phase 44                  |  |
| Creative Work     | Siddha Yoga | 988273367 <b>Rahu</b> 1:48PM – 3:11PM | Vanija Until 6:05AM         | <b>Nataraja:</b> White   |                        | 2nd Phase                          |  |
|                   |             |                                       | <b>Dashami Until 7:07PM</b> | Moon – Light Blue  |                        | <b>Devaloka Day</b>                |  |
|                   |             |                                       |                             | <b>Magha-Masi</b>  |                        |                                    |  |

|                                 |                    |   |                                  |   |                        |                                    |  |
|---------------------------------|--------------------|---|----------------------------------|---|------------------------|------------------------------------|--|
| <b>2</b>                        |                    | <b>Friday, March 1, 2019</b>            |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau |                        | Springfield, OR<br>Sun 9 Sutra 320 |  |
| Dhanus Rasi: 21.31              | Tithi 26           | <b>Gulika</b> 8:13AM – 9:37AM           | <b>Purvashadha* Until 4:22PM</b> | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:50AM | Vilamba 5120                       |  |
|                                 |                    | Yama 3:12PM – 4:36PM                    | Vyatipata* Until 9:59PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:00PM  | Moon 2 - Phase 44                  |  |
| Routine Work                    | Prabalarishta Yoga | 988273367 <b>Rahu</b> 11:01AM – 12:25PM | Bava Until 8:19AM                | <b>Nataraja:</b> White  |                        | 2nd Phase                          |  |
| Until 4:22PM                    |                    |   | <b>Ekadashi* Until 9:34PM</b>    | Moon – Light Blue   |                        | <b>Devaloka Day</b>                |  |
| Then Routine Work - Marana Yoga |                    |   |                                  | <b>Magha-Masi</b>   |                        |                                    |  |

|                                  |             |  |                                    |   |                        |                                     |  |
|----------------------------------|-------------|--|------------------------------------|---|------------------------|-------------------------------------|--|
| <b>3</b>                         |             | <b>Saturday, March 2, 2019</b>         |                                    | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Springfield, OR<br>Sun 10 Sutra 321 |  |
| Makara Rasi: 3.22                | Tithi 27    | <b>Gulika</b> 6:48AM – 8:12AM          | <b>Uttarashadha Until 7:19PM</b>   | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:48AM | Vilamba 5120                        |  |
|                                  |             | Yama 1:49PM – 3:13PM                   | Variyan Until 10:58PM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:01PM  | Moon 2 - Phase 44                   |  |
| Routine Work                     | Marana Yoga | 988273367 <b>Rahu</b> 9:36AM – 11:00AM | Kaulava Until 10:55AM              | <b>Nataraja:</b> White  |                        | 2nd Phase                           |  |
| Until 7:19PM                     |             |  | <b>Dvadashi* Until 12:15AM Sun</b> | Moon – Light Blue   |                        | <b>Devaloka Day</b>                 |  |
| Then Creative Work - Siddha Yoga |             |  |                                    | <b>Magha-Masi</b>   |                        |                                     |  |

|                                 |             |                                       |                                     |  |                        |                                     |  |
|---------------------------------|-------------|---------------------------------------|-------------------------------------|--|------------------------|-------------------------------------|--|
| <b>4</b>                        |             | <b>Sunday, March 3, 2019</b>          |                                     | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Springfield, OR<br>Sun 11 Sutra 322 |  |
| Makara Rasi: 15.09              | Tithi 28    | <b>Gulika</b> 3:13PM – 4:38PM         | <b>Shravana Until 10:40PM</b>       | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:46AM | Vilamba 5120                        |  |
|                                 |             | Yama 12:24PM – 1:49PM                 | Parigha* Until 12:02AM Mon          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:03PM  | Moon 2 - Phase 44                   |  |
| Creative Work                   | Amrita Yoga | 988273367 <b>Rahu</b> 4:38PM – 6:03PM | Gara Until 1:39PM                   | <b>Nataraja:</b> White   |                        | 2nd Phase                           |  |
| Until 10:40PM                   |             |                                       | <b>Trayodashi* Until 3:00AM Mon</b> | Moon – Purple  |                        | <b>Devaloka Day</b>                 |  |
| Then Routine Work - Marana Yoga |             |                                       |                                     | <b>Magha-Masi</b>  |                        |                                     |  |
|                                 |             |                                       | <i>Pradosha Vrata (Fasting)</i>     |  |                        |                                     |  |

|                                 |             |                                       |                                      |  |                        |                                     |  |
|---------------------------------|-------------|---------------------------------------|--------------------------------------|--|------------------------|-------------------------------------|--|
| <b>5</b>                        |             | <b>Monday, March 4, 2019</b>          |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Springfield, OR<br>Sun 12 Sutra 323 |  |
| Makara Rasi: 26.55              | Tithi 29    | <b>Gulika</b> 1:49PM – 3:14PM         | <b>Dhanishtha Until 1:47AM Tue</b>   | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:45AM | Vilamba 5120                        |  |
| <b>Family Home Evening</b>      |             | Yama 10:59AM – 12:24PM                | Shiva Until 1:03AM Tue               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:04PM  | Moon 2 - Phase 44                   |  |
| Creative Work                   | Siddha Yoga | 988273367 <b>Rahu</b> 8:09AM – 9:34AM | Visti Until 4:22PM                   | <b>Nataraja:</b> White   |                        | 2nd Phase                           |  |
| Until 1:47AM Tue                |             |                                       | <b>Chaturdashi* Until 5:39AM Tue</b> | Moon – Purple  |                        | <b>Devaloka Day</b>                 |  |
| Then Routine Work - Marana Yoga |             | <b>Mahasivaratri (Lunar)</b>          |                                      | <b>Magha-Masi</b>  |                        |                                     |  |
|                                 |             | <b>Mahasivaratri (Solar)</b>          |                                      |  |                        |                                     |  |

|                                  |             |                                       |                                      |  |                        |                                     |  |
|----------------------------------|-------------|---------------------------------------|--------------------------------------|--|------------------------|-------------------------------------|--|
| <b>Retreat Star</b>              |             | <b>Tuesday, March 5, 2019</b>         |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Siddha Yoga Catuspada* Karana Amavasyayam Titau |                        | Springfield, OR<br>Sun 13 Sutra 324 |  |
| Kumbha Rasi: 8.44                | Tithi 30    | <b>Gulika</b> 12:24PM – 1:49PM        | <b>Shatabhishak Until 4:33AM Wed</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:43AM | Vilamba 5120                        |  |
|                                  |             | Yama 9:33AM – 10:59AM                 | Siddha Until 1:53AM Wed              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:05PM  | Moon 2 - Phase 44                   |  |
| Routine Work                     | Marana Yoga | 199273367 <b>Rahu</b> 3:15PM – 4:40PM | Catuspada Until 6:56PM               | <b>Nataraja:</b> White   |                        | Amavasya                            |  |
| Until 4:33AM Wed                 |             |                                       | <b>Amavasya* Until 8:06AM Wed</b>    | Moon – Purple  |                        | <b>Devaloka Day</b>                 |  |
| Then Creative Work - Amrita Yoga |             |                                       |                                      | <b>Magha-Masi</b>  |                        |                                     |  |

|                                  |              |  |   |  |                        |                                     |  |
|----------------------------------|--------------|--|---|--|------------------------|-------------------------------------|--|
| <b>Retreat Star</b>              |              | <b>Wednesday, March 6, 2019</b>        |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Springfield, OR<br>Sun 14 Sutra 325 |  |
| Kumbha Rasi: 20.37               | Tithi 30 – 1 | <b>Gulika</b> 10:58AM – 12:24PM        | <b>Purvaproshtapada* Until 7:24AM Thu</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:41AM | Vilamba 5120                        |  |
|                                  |              | Yama 8:07AM – 9:32AM                   | Sadhya Until 2:32AM Thu                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:06PM  | Moon 2 - Phase 44                   |  |
| Creative Work                    | Amrita Yoga  | 119373367 <b>Rahu</b> 12:24PM – 1:49PM | Kintughna Until 9:14PM                    | <b>Nataraja:</b> White   |                        | Prathama                            |  |
| Until 7:24AM Thu                 |              |  | <b>Amavasya* Until 8:06AM</b>             | Moon – Clear   |                        | <b>Devaloka Day</b>                 |  |
| Then Creative Work - Siddha Yoga |              |  |   | <b>Phalgun-Masi</b>  |                        |                                     |  |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

|  |                    |                                  |  |   |   |   |  |                 |
|--|--------------------|----------------------------------|--|---|---|---|--|-----------------|
| <b>1</b>                               |                    | <b>Thursday, March 7, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   |   |  | Springfield, OR |
| Meena Rasi: 2.37                       | Tithi 1 – 2        | 119373367                        | <b>Gulika</b> 9:31AM – 10:57AM<br><b>Yama</b> 6:39AM – 8:05AM<br><b>Rahu</b> 1:50PM – 3:16PM   | <b>Purvaprosarthapada* Until 7:24AM</b><br>Subha Until 2:58AM Fri<br>Balava Until 11:13PM<br><b>Prathama* Until 10:15AM</b>   | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear  | <b>Sunrise:</b> 6:39AM<br><b>Sunset:</b> 6:08PM | Sun 15 Sutra 326<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase |                 |
| Creative Work                          | Siddha Yoga        |                                  |  |   |   |   | <b>Devaloka Day</b>  |                 |
| <b>2</b>                               |                    | <b>Friday, March 8, 2019</b>     |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau         |   |   |  | Springfield, OR |
| Meena Rasi: 14.44                      | Tithi 2 – 3        | 119373367                        | <b>Gulika</b> 8:04AM – 9:30AM<br><b>Yama</b> 3:16PM – 4:43PM<br><b>Rahu</b> 10:57AM – 12:23PM  | <b>Uttaraprosarthapada Until 9:46AM</b><br>Sukla Until 3:07AM Sat<br>Taitila Until 12:53AM Sat<br><b>Dvitiya Until 12:04PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear  | <b>Sunrise:</b> 6:38AM<br><b>Sunset:</b> 6:09PM | Sun 16 Sutra 327<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase |                 |
| Creative Work                          | Siddha Yoga        |                                  |  |   |   |   | <b>Devaloka Day</b>  |                 |
| <b>3</b>                               |                    | <b>Saturday, March 9, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau                        |   |   |  | Springfield, OR |
| Meena Rasi: 27.01                      | Tithi 3 – 4        | 119373367                        | <b>Gulika</b> 6:36AM – 8:03AM<br><b>Yama</b> 1:50PM – 3:17PM<br><b>Rahu</b> 9:29AM – 10:56AM   | <b>Revati Until 11:38AM</b><br>Brahma Until 2:59AM Sun<br>Vanija Until 2:09AM Sun<br><b>Tritiya Until 1:33PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear  | <b>Sunrise:</b> 6:36AM<br><b>Sunset:</b> 6:10PM | Sun 17 Sutra 328<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase |                 |
| Routine Work                           | Prabalarishta Yoga |                                  |  |   |   |   | <b>Devaloka Day</b>  |                 |
| Until 11:38AM                          |                    |                                  |  |   |   |   |  |                 |
| Then Creative Work - Siddha Yoga       |                    |                                  | <b>Subramuniyaswami Siva Vision Day</b>  |   |   |   |  |                 |
| <b>4</b>                               |                    | <b>Sunday, March 10, 2019</b>    |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau                       |   |   |  | Springfield, OR |
| Mesha Rasi: 9.26                       | Tithi 4 – 5        | 129373367                        | <b>Gulika</b> 3:17PM – 4:44PM<br><b>Yama</b> 12:23PM – 1:50PM<br><b>Rahu</b> 4:44PM – 6:12PM   | <b>Ashvini Until 1:27PM</b><br>Indra Until 2:34AM Mon<br>Bava Until 3:01AM Mon<br><b>Chatrthi* Until 2:38PM</b>   | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White     | <b>Sunrise:</b> 6:34AM<br><b>Sunset:</b> 6:12PM | Sun 18 Sutra 329<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase |                 |
| Creative Work                          | Siddha Yoga        |                                  |  |   |   |   | <b>Devaloka Day</b>  |                 |
| Until 1:27PM                           |                    |                                  |  |   |   |   |  |                 |
| Then Routine Work - Prabalarishta Yoga |                    |                                  |  |   |   |   |  |                 |
| <b>5</b>                               |                    | <b>Monday, March 11, 2019</b>    |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau               |   |   |  | Springfield, OR |
| Mesha Rasi: 22.02                      | Tithi 5 – 6        | 129373367                        | <b>Gulika</b> 1:50PM – 3:18PM<br><b>Yama</b> 10:55AM – 12:22PM<br><b>Rahu</b> 8:00AM – 9:27AM  | <b>Bharani Until 2:41PM</b><br>Vaidhriti* Until 1:45AM Tue<br>Kaulava Until 3:25AM Tue<br><b>Panchami Until 3:16PM</b>  | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White     | <b>Sunrise:</b> 6:32AM<br><b>Sunset:</b> 6:13PM | Sun 19 Sutra 330<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase |                 |
| <b>Family Home Evening</b>             |                    |                                  |  |   |   |   | <b>Devaloka Day</b>  |                 |
| Creative Work                          | Siddha Yoga        |                                  |  |   |   |   |  |                 |
| Until 2:41PM                           |                    |                                  |  |   |   |   |  |                 |
| Then Routine Work - Marana Yoga        |                    |                                  |  |   |   |   |  |                 |
| <b>6</b>                               |                    | <b>Tuesday, March 12, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau               |   |   |  | Springfield, OR |
| Vrishabha Rasi: 4.52                   | Tithi 6 – 7        | 129373367                        | <b>Gulika</b> 12:22PM – 1:50PM<br><b>Yama</b> 9:26AM – 10:54AM<br><b>Rahu</b> 3:18PM – 4:46PM  | <b>Krittika Until 3:17PM</b><br>Vishkambha* Until 12:33AM Wed<br>Gara Until 3:17AM Wed<br><b>Shashthi* Until 3:24PM</b>   | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White     | <b>Sunrise:</b> 6:30AM<br><b>Sunset:</b> 6:14PM | Sun 20 Sutra 331<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase |                 |
| Creative Work                          | Siddha Yoga        |                                  |  |   |   |   | <b>Devaloka Day</b>  |                 |
| Until 3:17PM                           |                    |                                  |  |   |   |   |  |                 |
| Then Creative Work - Amrita Yoga       |                    |                                  |  |   |   |   |  |                 |
| <b>Retreat Star</b>                    |                    | <b>Wednesday, March 13, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                     |   |   |  | Springfield, OR |
| Vrishabha Rasi: 17.58                  | Tithi 7 – 8        | 131373367                        | <b>Gulika</b> 10:54AM – 12:22PM<br><b>Yama</b> 7:57AM – 9:25AM<br><b>Rahu</b> 12:22PM – 1:50PM | <b>Rohini Until 3:39PM</b><br>Priti Until 10:54PM<br>Visti Until 2:33AM Thu<br><b>Saptami Until 2:59PM</b>  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow | <b>Sunrise:</b> 6:29AM<br><b>Sunset:</b> 6:15PM | Sun 21 Sutra 332<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase |                 |
| Creative Work                          | Siddha Yoga        |                                  |  |   |   |   | <b>Sivaloka Day</b>  |                 |
|  |                    |                                  |  |   |   |   |  |                 |
| <b>Retreat Star</b>                    |                    | <b>Thursday, March 14, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau                        |   |   |  | Springfield, OR |
| Mithuna Rasi: 1.23                     | Tithi 8 – 9        | 131373367                        | <b>Gulika</b> 9:24AM – 10:53AM<br><b>Yama</b> 6:27AM – 7:56AM<br><b>Rahu</b> 1:50PM – 3:19PM   | <b>Mrigashira Until 3:15PM</b><br>Ayushman Until 8:44PM<br>Balava Until 1:12AM Fri<br><b>Ashtami* Until 1:56PM</b>  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow | <b>Sunrise:</b> 6:27AM<br><b>Sunset:</b> 6:17PM | Sun 22 Sutra 333<br>Vilamba 5120<br>Moon 2 - Phase 45<br>Ashtami   |                 |
| Routine Work                           | Marana Yoga        |                                  |  |   |   |   | <b>Sivaloka Day</b>  |                 |
|  |                    |                                  | <b>Karadaiyan Nombu (Tamil Nadu)</b>   |   |   |   |  |                 |
|  |                    |                                  |  |   |   |   |  |                 |
| <b>Retreat Star</b>                    |                    | <b>Friday, March 15, 2019</b>    |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau                   |   |   |  | Springfield, OR |
| Mithuna Rasi: 15.1                     | Tithi 9 – 10       | 131373368                        | <b>Gulika</b> 7:54AM – 9:23AM<br><b>Yama</b> 3:20PM – 4:49PM<br><b>Rahu</b> 10:52AM – 12:21PM  | <b>Ardra Until 2:07PM</b><br>Saubhagya Until 6:05PM<br>Taitila Until 11:14PM<br><b>Navami* Until 12:17PM</b>  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Yellow | <b>Sunrise:</b> 6:25AM<br><b>Sunset:</b> 6:18PM | Sun 23 Sutra 334<br>Vilamba 5120<br>Moon 2 - Phase 45<br>Navami    |                 |
| Creative Work                          | Siddha Yoga        |                                  |  |   |   |   | <b>Subha Sivaloka Day</b>  |                 |
|  |                    |                                  |  |   |   |   |  |                 |
|  |                    |                                  |  |   |   |   |  |                 |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time


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|                     |               |                                 |                                |   |                        |   |  |
|---------------------|---------------|---------------------------------|--------------------------------|---|------------------------|---|--|
| <b>1</b>            |               | <b>Saturday, March 16, 2019</b> |                                | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Springfield, OR<br>Sun 24 Sutra 335<br>Vilamba 5120 |  |
| Mithuna Rasi: 29.19 | Tithi 10 - 11 | <b>Gulika</b> 6:23AM - 7:53AM   | <b>Punarvasu</b> Until 12:41PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:23AM |   |  |
|                     |               | Yama 1:51PM - 3:20PM            | Sobhana Until 3:00PM           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:19PM  | Moon 2 - Phase 46                                   |  |
|                     | 141373368     | <b>Rahu</b> 9:22AM - 10:52AM    | Vanija Until 8:44PM            | <b>Nataraja:</b> Clear  |                        | 4th Phase   |  |
| Creative Work       | Siddha Yoga   |                                 | <b>Dashami</b> Until 10:02AM   | Moon - Blue   |                        | <b>Sivaloka Day</b>                                 |  |
|                     |               |                                 |                                | <b>Phalguna-Panguni</b>   |                        |   |  |

|                   |               |                               |                              |  |                        |   |  |
|-------------------|---------------|-------------------------------|------------------------------|--|------------------------|---|--|
| <b>2</b>          |               | <b>Sunday, March 17, 2019</b> |                              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau |                        | Springfield, OR<br>Sun 25 Sutra 336<br>Vilamba 5120 |  |
| Kataka Rasi: 13.5 | Tithi 11 - 12 | <b>Gulika</b> 3:21PM - 4:50PM | <b>Pushya</b> Until 10:36AM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:21AM |   |  |
|                   |               | Yama 12:21PM - 1:51PM         | Athiganda* Until 11:29AM     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:20PM  | Moon 2 - Phase 46                                   |  |
|                   | 141373368     | <b>Rahu</b> 4:50PM - 6:20PM   | Balava Until 4:07AM Mon      | <b>Nataraja:</b> Clear   |                        | 4th Phase   |  |
| Creative Work     | Siddha Yoga   |                               | <b>Ekadashi</b> Until 7:16AM | Moon - Blue  |                        | <b>Sivaloka Day</b>                                 |  |
|                   |               |                               |                              | <b>Phalguna-Panguni</b>  |                        |   |  |

|                                 |             |                               |                                     |  |                        |   |  |
|---------------------------------|-------------|-------------------------------|-------------------------------------|--|------------------------|---|--|
| <b>3</b>                        |             | <b>Monday, March 18, 2019</b> |                                     | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        | Springfield, OR<br>Sun 26 Sutra 337<br>Vilamba 5120 |  |
| Kataka Rasi: 28.39              | Tithi 13    | <b>Gulika</b> 1:51PM - 3:21PM | <b>Ashlesha*</b> Until 8:01AM       | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:20AM |   |  |
| <b>Family Home Evening</b>      |             | Yama 10:50AM - 12:21PM        | Sukarma Until 7:40AM                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:22PM  | Moon 2 - Phase 46                                   |  |
|                                 | 141373368   | <b>Rahu</b> 7:50AM - 9:20AM   | Kaulava Until 2:26PM                | <b>Nataraja:</b> Clear   |                        | 4th Phase   |  |
| Creative Work                   | Siddha Yoga |                               | <b>Trayodashi</b> Until 12:41AM Tue | Moon - Blue  |                        | <b>Sivaloka Day</b>                                 |  |
| Until 8:01AM                    |             | <b>Yogaswami Mahasamadhi</b>  |                                     | <b>Phalguna-Panguni</b>  |                        |   |  |
| Then Routine Work - Marana Yoga |             |                               | <i>Pradosha Vrata</i>               |  |                        |   |  |

|                                  |             |                                |                                       |   |                        |   |  |
|----------------------------------|-------------|--------------------------------|---------------------------------------|---|------------------------|---|--|
| <b>4</b>                         |             | <b>Tuesday, March 19, 2019</b> |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Springfield, OR<br>Sun 27 Sutra 338<br>Vilamba 5120 |  |
| Simha Rasi: 13.4                 | Tithi 14    | <b>Gulika</b> 12:20PM - 1:51PM | <b>Purvaphalguni</b> Until 2:40AM Wed | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:18AM |   |  |
|                                  |             | Yama 9:19AM - 10:50AM          | Shula* Until 11:34PM                  | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:23PM  | Moon 2 - Phase 46                                   |  |
|                                  | 151373368   | <b>Rahu</b> 3:21PM - 4:52PM    | Gara Until 10:56AM                    | <b>Nataraja:</b> Clear  |                        | 4th Phase   |  |
| Creative Work                    | Siddha Yoga |                                | <b>Chaturdashi*</b> Until 9:08PM      | Moon - Red  |                        | <b>Subha Sivaloka Day</b>                           |  |
| Until 2:40AM Wed                 |             |                                |                                       | <b>Phalguna-Panguni</b>   |                        |   |  |
| Then Creative Work - Amrita Yoga |             |                                |                                       |   |                        |   |  |

|   |               |                                  |                                     |  |                        |   |  |
|---|---------------|----------------------------------|-------------------------------------|--|------------------------|---|--|
|  |               | <b>Wednesday, March 20, 2019</b> |                                     | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau |                        | Springfield, OR<br>Sun 28 Sutra 339<br>Vilamba 5120 |  |
| Simha Rasi: 28.45   | Tithi 15 - 16 | <b>Gulika</b> 10:49AM - 12:20PM  | <b>Uttaraphalguni</b> Until 11:50PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:16AM |   |  |
|   |               | Yama 7:47AM - 9:18AM             | Ganda* Until 7:31PM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:24PM  | Moon 2 - Phase 46                                   |  |
|   | 151373368     | <b>Rahu</b> 12:20PM - 1:51PM     | Visti Until 7:23AM                  | <b>Nataraja:</b> Clear   |                        | Purnima   |  |
| Creative Work   | Amrita Yoga   |                                  | <b>Purnima*</b> Until 5:37PM        | Moon - Red   |                        | <b>Subha Sivaloka Day</b>                           |  |
| Until 11:50PM   |               | <b>Panguni Uttiram</b>           |                                     | <b>Phalguna-Panguni</b>  |                        |   |  |
| Then Routine Work - Marana Yoga   |               | <b>Holi</b>                      |                                     |  |                        |   |  |

|                                  |               |                                |                               |  |                        |   |  |
|----------------------------------|---------------|--------------------------------|-------------------------------|--|------------------------|---|--|
| <b>Thursday, March 21, 2019</b>  |               | <b>Silver Retreat Star</b>     |                               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                        | Springfield, OR<br>Sun 29 Sutra 340<br>Vilamba 5120 |  |
| Kanya Rasi: 13.44                | Tithi 16 - 17 | <b>Gulika</b> 9:17AM - 10:48AM | <b>Hasta</b> Until 9:33PM     | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:14AM |   |  |
|                                  |               | Yama 6:14AM - 7:46AM           | Vriddhi Until 3:41PM          | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:25PM  | Moon 2 - Phase 46                                   |  |
|                                  | 161383368     | <b>Rahu</b> 1:51PM - 3:22PM    | Taitila Until 12:49AM Fri     | <b>Nataraja:</b> Clear   |                        | Prathama  |  |
| Routine Work                     | Marana Yoga   |                                | <b>Prathama*</b> Until 2:19PM | Moon - Green   |                        | <b>Devaloka Day</b>                                 |  |
| Until 9:33PM                     |               |                                |                               | <b>Phalguna-Panguni</b>  |                        |   |  |
| Then Creative Work - Siddha Yoga |               |                                |                               |  |                        |   |  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 28.29    Tithi 17 – 18

Creative Work    Siddha Yoga

161383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    7:44AM – 9:16AM  
Yama        3:23PM – 4:55PM  
**Rahu**        10:48AM – 12:19PM

**Chitra Until 7:33PM**  
Dhruva Until 12:08PM  
Vanija Until 10:09PM  
**Dvitiya Until 11:24AM**

**Ganesha:** Yellow    *Sunrise:* 6:12AM  
**Muruqa:** White     *Sunset:* 6:26PM  
**Nataraja:** Clear  
Moon – Green

**Devaloka Day**

Springfield, OR  
Sun 1        Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**1**

**Saturday, March 23, 2019**

Tula Rasi: 12.52    Tithi 18 – 19

Creative Work    Siddha Yoga

162383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    6:10AM – 7:43AM  
Yama        1:51PM – 3:23PM  
**Rahu**        9:15AM – 10:47AM

**Svati Until 6:02PM**  
Vyaghata\* Until 9:03AM  
Bava Until 8:07PM  
**Tritiya Until 9:02AM**

**Ganesha:** Blue        *Sunrise:* 6:10AM  
**Muruqa:** White     *Sunset:* 6:28PM  
**Nataraja:** Clear  
Moon – Green

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Springfield, OR  
Sun 2        Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**2**

**Sunday, March 24, 2019**

Tula Rasi: 26.48    Tithi 19 – 20

Routine Work    Marana Yoga

172383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    3:24PM – 4:56PM  
Yama        12:19PM – 1:51PM  
**Rahu**        4:56PM – 6:29PM

**Vishakha Until 5:31PM**  
Harshana Until 6:33AM  
Kaulava Until 6:50PM  
**Chaturthi\* Until 7:21AM**

**Ganesha:** Red        *Sunrise:* 6:09AM  
**Muruqa:** White     *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

Phalguna-Panguni

Springfield, OR  
Sun 3        Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 10.16    Tithi 20 – 21

**Family Home Evening**  
Creative Work    Siddha Yoga

172383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**    1:51PM – 3:24PM  
Yama        10:46AM – 12:18PM  
**Rahu**        7:40AM – 9:13AM

**Anuradha Until 5:43PM**  
Siddhi Until 3:31AM Tue  
Gara Until 6:24PM  
**Panchami Until 6:29AM**

**Ganesha:** Red        *Sunrise:* 6:07AM  
**Muruqa:** White     *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

Phalguna-Panguni

Springfield, OR  
Sun 4        Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 23.15    Tithi 21 – 22

Routine Work    Marana Yoga  
Until 6:37PM  
Then Creative Work - Amrita Yoga

172383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**    12:18PM – 1:51PM  
Yama        9:12AM – 10:45AM  
**Rahu**        3:25PM – 4:58PM

**Jyeshtha\* Until 6:37PM**  
Vyatipata\* Until 3:02AM Wed  
Visti Until 6:52PM  
**Shashthi\* Until 6:30AM**

**Ganesha:** Red        *Sunrise:* 6:05AM  
**Muruqa:** White     *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

Phalguna-Panguni

Springfield, OR  
Sun 5        Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**D**

**Wednesday, March 27, 2019**

**Retreat Star**

Dhanus Rasi: 5.49    Tithi 22 – 23

Routine Work    Marana Yoga  
Until 8:38PM  
Then Creative Work - Amrita Yoga

182383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**    10:44AM – 12:18PM  
Yama        7:37AM – 9:11AM  
**Rahu**        12:18PM – 1:52PM

**Mula\* Until 8:38PM**  
Variyan Until 3:09AM Thu  
Balava Until 8:10PM  
**Saptami Until 7:24AM**

**Ganesha:** Green     *Sunrise:* 6:03AM  
**Muruqa:** White     *Sunset:* 6:33PM  
**Nataraja:** Clear  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

Springfield, OR  
Sun 6        Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

**Thursday, March 28, 2019**

**Retreat Star**

Dhanus Rasi: 18.04    Tithi 23 – 24

Creative Work    Siddha Yoga  
Until 11:10PM  
Then Routine Work - Marana Yoga

182383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    9:09AM – 10:43AM  
Yama        6:01AM – 7:35AM  
**Rahu**        1:52PM – 3:26PM

**Purvashadha\* Until 11:10PM**  
Parigha\* Until 3:45AM Fri  
Taitila Until 10:09PM  
**Ashtami\* Until 9:04AM**

**Ganesha:** Green     *Sunrise:* 6:01AM  
**Muruqa:** White     *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

Springfield, OR  
Sun 7        Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

|                                  |               |                               |                                      |  |                        |  |  |
|----------------------------------|---------------|-------------------------------|--------------------------------------|--|------------------------|--|--|
| <b>1</b>                         |               | <b>Friday, March 29, 2019</b> |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        | Springfield, OR<br>Sun 8 Sutra 348<br>Vilamba 5120 |  |
| Makara Rasi: 0.03                | Tithi 24 – 25 | <b>Gulika</b> 7:34AM – 9:08AM | <b>Uttarashadha</b> Until 1:57AM Sat | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:00AM | Moon 3 - Phase 48                                  |  |
| 182383468                        |               | Yama 3:26PM – 5:01PM          | Shiva Until 4:42AM Sat               | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:35PM  | 2nd Phase  |  |
| Routine Work                     | Marana Yoga   | <b>Rahu</b> 10:43AM – 12:17PM | Vanija Until 12:36AM Sat             | <b>Nataraja:</b> Purple  |                        | <b>Devaloka Day</b>                                |  |
| Until 1:57AM Sat                 |               |                               | <b>Navami*</b> Until 11:19AM         | Moon – Light Blue  |                        | <b>Phalguna-Panguni</b>                            |  |
| Then Creative Work - Siddha Yoga |               |                               |                                      |  |                        |  |  |

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| <b>2</b>                        |               | <b>Saturday, March 30, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shravana Nakshatra Siddha Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau |                        | Springfield, OR<br>Sun 9 Sutra 349<br>Vilamba 5120 |  |
| Makara Rasi: 11.54              | Tithi 25 – 26 | <b>Gulika</b> 5:58AM – 7:33AM   | <b>Shravana</b> Until 5:17AM Sun | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:58AM | Moon 3 - Phase 48                                  |  |
| 192383468                       |               | Yama 1:52PM – 3:27PM            | Siddha Until 5:45AM Sun          | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:36PM  | 2nd Phase  |  |
| Creative Work                   | Siddha Yoga   | <b>Rahu</b> 9:07AM – 10:42AM    | Bava Until 3:17AM Sun            | <b>Nataraja:</b> Purple   |                        | <b>Sivaloka Day</b>                                |  |
| Until 5:17AM Sun                |               |                                 | <b>Dashami</b> Until 1:54PM      | Moon – Purple   |                        | <b>Phalguna-Panguni</b>                            |  |
| Then Routine Work - Marana Yoga |               |                                 |                                  |   |                        |  |  |

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| <b>3</b>                         |               | <b>Sunday, March 31, 2019</b> |                                    | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        | Springfield, OR<br>Sun 10 Sutra 350<br>Vilamba 5120 |  |
| Makara Rasi: 23.4                | Tithi 26 – 27 | <b>Gulika</b> 3:27PM – 5:02PM | <b>Dhanishtha</b> Until 8:25AM Mon | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:56AM | Moon 3 - Phase 48                                   |  |
| 192383468                        |               | Yama 12:17PM – 1:52PM         | Sadhya Until 6:47AM Mon            | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:37PM  | 2nd Phase   |  |
| Routine Work                     | Marana Yoga   | <b>Rahu</b> 5:02PM – 6:37PM   | Kaulava Until 5:56AM Mon           | <b>Nataraja:</b> Purple   |                        | <b>Sivaloka Day</b>                                 |  |
| Until 8:25AM Mon                 |               |                               | <b>Ekadashi*</b> Until 4:36PM      | Moon – Purple   |                        | <b>Phalguna-Panguni</b>                             |  |
| Then Creative Work - Siddha Yoga |               |                               |                                    |   |                        |   |  |

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| <b>4</b>            |             | <b>Monday, April 1, 2019</b>  |                                | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Taitila Karana Dvadashyam Titau |                        | Springfield, OR<br>Sun 11 Sutra 351<br>Vilamba 5120 |  |
| Kumbha Rasi: 5.28   | Tithi 27    | <b>Gulika</b> 1:52PM – 3:27PM | <b>Dhanishtha</b> Until 8:25AM | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:56AM | Moon 3 - Phase 48                                   |  |
| Family Home Evening |             | Yama 10:41AM – 12:17PM        | Sadhya Until 6:47AM            | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:37PM  | 2nd Phase   |  |
| Creative Work       | Siddha Yoga | <b>Rahu</b> 7:31AM – 9:06AM   | Taitila Until 7:11PM           | <b>Nataraja:</b> Purple   |                        | <b>Subha Sivaloka Day</b>                           |  |
|                     |             |                               | <b>Dvadashi*</b> Until 7:11PM  | Moon – Purple   |                        | <b>Phalguna-Panguni</b>                             |  |
|                     |             |                               |                                |   |                        |   |  |

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| <b>5</b>          |             | <b>Tuesday, April 2, 2019</b>  |                                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaprosarthapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Springfield, OR<br>Sun 12 Sutra 352<br>Vilamba 5120 |  |
| Kumbha Rasi: 17.2 | Tithi 28    | <b>Gulika</b> 12:16PM – 1:52PM | <b>Shatabhishak</b> Until 11:10AM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:54AM | Moon 3 - Phase 48                                   |  |
| 192483468         |             | Yama 9:05AM – 10:41AM          | Subha Until 7:41AM                | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:39PM  | 2nd Phase   |  |
| Routine Work      | Marana Yoga | <b>Rahu</b> 3:27PM – 5:03PM    | Gara Until 8:23AM                 | <b>Nataraja:</b> Purple  |                        | <b>Subha Sivaloka Day</b>                           |  |
|                   |             |                                | <b>Trayodashi*</b> Until 9:28PM   | Moon – Purple  |                        | <b>Phalguna-Panguni</b>                             |  |
|                   |             |                                |                                   |  |                        | <i>Pradosha Vrata (Fasting)</i>                     |  |
|                   |             |                                |                                   |  |                        |   |  |

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| <b>6</b>                         |             | <b>Wednesday, April 3, 2019</b> |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla/Brahma Yoga Vistil*/Sakuni* Karana Chaturdashyam Titau |                        | Springfield, OR<br>Sun 13 Sutra 353<br>Vilamba 5120 |  |
| Kumbha Rasi: 29.2                | Tithi 29    | <b>Gulika</b> 10:40AM – 12:16PM | <b>Purvaprosarthapada*</b> Until 1:55PM | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:52AM | Moon 3 - Phase 48                                   |  |
| 112483468                        |             | Yama 7:28AM – 9:04AM            | Sukla Until 8:17AM                      | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:40PM  | 2nd Phase   |  |
| Creative Work                    | Amrita Yoga | <b>Rahu</b> 12:16PM – 1:52PM    | Vistil Until 10:30AM                    | <b>Nataraja:</b> Purple   |                        | <b>Sivaloka Day</b>                                 |  |
| Until 1:55PM                     |             |                                 | <b>Chaturdashi*</b> Until 11:22PM       | Moon – Clear  |                        | <b>Phalguna-Panguni</b>                             |  |
| Then Creative Work - Siddha Yoga |             |                                 |   |   |                        |   |  |

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| <b>Retreat Star</b> |             | <b>Thursday, April 4, 2019</b> |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Springfield, OR<br>Sun 14 Sutra 354<br>Vilamba 5120 |  |
| Meena Rasi: 11.29   | Tithi 30    | <b>Gulika</b> 9:03AM – 10:39AM | <b>Uttaraprosarthapada</b> Until 4:06PM | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 5:50AM | Moon 3 - Phase 48                                   |  |
| 112483468           |             | Yama 5:50AM – 7:27AM           | Brahma Until 8:36AM                     | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:41PM  | Amavasya  |  |
| Creative Work       | Siddha Yoga | <b>Rahu</b> 1:52PM – 3:28PM    | Catuspada Until 12:11PM                 | <b>Nataraja:</b> Purple  |                        | <b>Sivaloka Day</b>                                 |  |
|                     |             |                                | <b>Amavasya*</b> Until 12:51AM Fri      | Moon – Clear   |                        | <b>Phalguna-Panguni</b>                             |  |
|                     |             |                                |   |  |                        |   |  |

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| <b>Retreat Star</b>              |             | <b>Friday, April 5, 2019</b>  |                                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Springfield, OR<br>Sun 15 Sutra 355<br>Vilamba 5120 |  |
| Meena Rasi: 23.49                | Tithi 1     | <b>Gulika</b> 7:25AM – 9:02AM | <b>Revati</b> Until 5:42PM        | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 5:49AM | Moon 3 - Phase 48                                   |  |
| 113483468                        |             | Yama 3:29PM – 5:06PM          | Indra Until 8:37AM                | <b>Muruqa:</b> Yellow  | <i>Sunset:</i> 6:42PM  | Prathama  |  |
| Creative Work                    | Siddha Yoga | <b>Rahu</b> 10:39AM – 12:15PM | Kintughna Until 1:27PM            | <b>Nataraja:</b> Purple  |                        | <b>Devaloka Day</b>                                 |  |
| Until 5:42PM                     |             |                               | <b>Prathama*</b> Until 1:54AM Sat | Moon – Clear   |                        | <b>Chaitra-Panguni</b>                              |  |
| Then Creative Work - Amrita Yoga |             | <b>Yugadhi</b>                |                                   |  |                        |   |  |
|                                  |             |                               |                                   |  |                        |   |  |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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| <b>1</b> | <b>Saturday, April 6, 2019</b> |                           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                          |                      |                 | Springfield, OR |
|          | Mesha Rasi: 6.2                | Tithi 2                   | Sun 16   | Sutra 356                |                      |                 |                 |
|          |                                |                           | 123483468  | Vilamba 5120             |                      |                 |                 |
|          | Creative Work                  | Siddha Yoga               |  | Moon 3 - Phase 49        | 3rd Phase            |                 |                 |
|          |                                | 213483468                 | Rahu   | 9:01AM - 10:38AM         | Ashvini Until 7:13PM | Ganesha: Purple | Sunrise: 5:47AM |
|          |                                | Yama                      | 1:52PM - 3:29PM  | Vaidhriti* Until 8:15AM  | Muruga: Yellow       | Sunset: 6:43PM  |                 |
|          |                                | Chellappaswami Mahasamadh |  | Balava Until 2:17PM      | Nataraja: Purple     |                 | Devaloka Day    |
|          |                                |                           |  | Dvitiya Until 2:31AM Sun | Moon - White         |                 |                 |
|          |                                |                           |  |                          | Chaitra-Panguni      |                 |                 |

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| <b>2</b> | <b>Sunday, April 7, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau |                          |                      |                 | Springfield, OR |
|          | Mesha Rasi: 19.03            | Tithi 3                          | Sun 17   | Sutra 357                |                      |                 |                 |
|          |                              |                                  | 123483468  | Vilamba 5120             |                      |                 |                 |
|          | Routine Work                 | Prabalarishta Yoga               |  | Moon 3 - Phase 49        | 3rd Phase            |                 |                 |
|          |                              | 213483468                        | Rahu   | 5:07PM - 6:45PM          | Bharani Until 8:12PM | Ganesha: Purple | Sunrise: 5:45AM |
|          |                              | Yama                             | 12:15PM - 1:52PM   | Vishkambha* Until 7:36AM | Muruga: Yellow       | Sunset: 6:45PM  |                 |
|          |                              | Routine Work                     |  | Taitila Until 2:42PM     | Nataraja: Purple     |                 | Devaloka Day    |
|          |                              | Until 8:12PM                     |  | Tritiya Until 2:45AM Mon | Moon - White         |                 |                 |
|          |                              | Then Creative Work - Siddha Yoga |  |                          | Chaitra-Panguni      |                 |                 |

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| <b>3</b> | <b>Monday, April 8, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau |                             |                       |                 | Springfield, OR |
|          | Vrishabha Rasi: 1.56         | Tithi 4                          | Sun 18  | Sutra 358                   |                       |                 |                 |
|          | <b>Family Home Evening</b>   |                                  | 123483468   | Vilamba 5120                |                       |                 |                 |
|          | Routine Work                 | Marana Yoga                      |   | Moon 3 - Phase 49           | 3rd Phase             |                 |                 |
|          |                              | 213483468                        | Rahu  | 7:21AM - 8:59AM             | Krittika Until 8:39PM | Ganesha: Purple | Sunrise: 5:43AM |
|          |                              | Yama                             | 10:37AM - 12:15PM   | Priti Until 6:40AM          | Muruga: Yellow        | Sunset: 6:46PM  |                 |
|          |                              | Routine Work                     |   | Vanija Until 2:45PM         | Nataraja: Purple      |                 | Devaloka Day    |
|          |                              | Until 8:39PM                     |   | Chaturthi* Until 2:37AM Tue | Moon - White          |                 |                 |
|          |                              | Then Creative Work - Amrita Yoga |   |                             | Chaitra-Panguni       |                 |                 |

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| <b>4</b> | <b>Tuesday, April 9, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau |                            |                     |                | Springfield, OR |
|          | Vrishabha Rasi: 15.01         | Tithi 5                          | Sun 19   | Sutra 359                  |                     |                |                 |
|          |                               |                                  | 133483468  | Vilamba 5120               |                     |                |                 |
|          | Creative Work                 | Amrita Yoga                      |  | Moon 3 - Phase 49          | 3rd Phase           |                |                 |
|          |                               | 213483468                        | Rahu   | 3:31PM - 5:09PM            | Rohini Until 9:03PM | Ganesha: Clear | Sunrise: 5:42AM |
|          |                               | Yama                             | 8:58AM - 10:36AM   | Saubhagya Until 3:53AM Wed | Muruga: Yellow      | Sunset: 6:47PM |                 |
|          |                               | Creative Work                    |  | Bava Until 2:26PM          | Nataraja: Purple    |                | Sivaloka Day    |
|          |                               | Until 9:03PM                     |  | Panchami Until 2:07AM Wed  | Moon - Yellow       |                |                 |
|          |                               | Then Creative Work - Siddha Yoga |  |                            | Chaitra-Panguni     |                |                 |

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| <b>5</b> | <b>Wednesday, April 10, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashtyam Titau |                           |                         |                | Springfield, OR |
|          | Vrishabha Rasi: 28.17            | Tithi 6                          | Sun 20  | Sutra 360                 |                         |                |                 |
|          |                                  |                                  | 133483468   | Vilamba 5120              |                         |                |                 |
|          | Creative Work                    | Siddha Yoga                      |   | Moon 3 - Phase 49         | 3rd Phase               |                |                 |
|          |                                  | 213483468                        | Rahu  | 12:14PM - 1:53PM          | Mrigashira Until 8:56PM | Ganesha: Clear | Sunrise: 5:40AM |
|          |                                  | Yama                             | 7:18AM - 8:57AM   | Sobhana Until 2:04AM Thu  | Muruga: Yellow          | Sunset: 6:48PM |                 |
|          |                                  | Creative Work                    |   | Kaulava Until 1:44PM      | Nataraja: Purple        |                | Sivaloka Day    |
|          |                                  | Until 9:03PM                     |   | Shashti* Until 1:14AM Thu | Moon - Yellow           |                |                 |
|          |                                  | Then Creative Work - Siddha Yoga |   |                           | Chaitra-Panguni         |                |                 |

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| <b>6</b> | <b>Thursday, April 11, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |                          |                    |                | Springfield, OR |
|          | Mithuna Rasi: 11.46             | Tithi 7                          | Sun 21   | Sutra 361                |                    |                |                 |
|          |                                 |                                  | 133483468  | Vilamba 5120             |                    |                |                 |
|          | Routine Work                    | Marana Yoga                      |  | Moon 3 - Phase 49        | 3rd Phase          |                |                 |
|          |                                 | 213483468                        | Rahu   | 1:53PM - 3:32PM          | Ardra Until 8:16PM | Ganesha: Clear | Sunrise: 5:38AM |
|          |                                 | Yama                             | 5:38AM - 7:17AM  | Athiganda* Until 11:53PM | Muruga: Yellow     | Sunset: 6:49PM |                 |
|          |                                 | Routine Work                     |  | Gara Until 12:39PM       | Nataraja: Purple   |                | Sivaloka Day    |
|          |                                 | Until 8:16PM                     |  | Saptami Until 11:56PM    | Moon - Yellow      |                |                 |
|          |                                 | Then Creative Work - Amrita Yoga |  |                          | Chaitra-Panguni    |                |                 |

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| <b>D</b> | <b>Friday, April 12, 2019</b> |                                 | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |                        |                        |                | Springfield, OR |
|          | <b>Retreat Star</b>           |                                 | Sun 22   | Sutra 362              |                        |                |                 |
|          | Mithuna Rasi: 25.3            | Tithi 8                         | 143483468  | Vilamba 5120           |                        |                |                 |
|          | Creative Work                 | Siddha Yoga                     |  | Moon 3 - Phase 49      | Ashtami                |                |                 |
|          |                               | 2143483468                      | Rahu   | 10:34AM - 12:13PM      | Punarvasu Until 7:29PM | Ganesha: White | Sunrise: 5:36AM |
|          |                               | Yama                            | 3:32PM - 5:11PM  | Sukarma Until 9:23PM   | Muruga: Yellow         | Sunset: 6:51PM |                 |
|          |                               | Creative Work                   |  | Visti Until 11:08AM    | Nataraja: Purple       |                | Devaloka Day    |
|          |                               | Until 7:29PM                    |  | Ashtami* Until 10:13PM | Moon - Blue            |                |                 |
|          |                               | Then Routine Work - Marana Yoga |  |                        | Chaitra-Panguni        |                |                 |

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| <b>D</b> | <b>Saturday, April 13, 2019</b> |                                 | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |                      |                     |                | Springfield, OR |
|          | <b>Retreat Star</b>             |                                 | Sun 23   | Sutra 363            |                     |                |                 |
|          | Kataka Rasi: 9.29               | Tithi 9                         | 143483468  | Vilamba 5120         |                     |                |                 |
|          | Creative Work                   | Siddha Yoga                     |  | Moon 3 - Phase 49    | Navami              |                |                 |
|          |                                 | 2143483468                      | Rahu   | 8:54AM - 10:34AM     | Pushya Until 6:09PM | Ganesha: White | Sunrise: 5:35AM |
|          |                                 | Yama                            | 1:53PM - 3:33PM  | Dhriti Until 6:35PM  | Muruga: Yellow      | Sunset: 6:52PM |                 |
|          |                                 | Creative Work                   |  | Balava Until 9:13AM  | Nataraja: Purple    |                | Devaloka Day    |
|          |                                 | Until 6:09PM                    |  | Navami* Until 8:06PM | Moon - Blue         |                |                 |
|          |                                 | Then Routine Work - Marana Yoga |  |                      | Chaitra-Panguni     |                |                 |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

|                                 |               |  |                               |  |                                     |
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| <b>1 Sunday, April 14, 2019</b> |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* /Magha* Nakshatra Shula* /Ganda* Yoga Taitila/Vanija Karana Dashami/ Ekadashyam Titau |                               |  | Springfield, OR<br>Sun 24 Sutra 364 |
| Kataka Rasi: 23.43              | Tithi 10 – 11 | <b>Gulika</b> 3:33PM – 5:13PM  | <b>Ashlesha* Until 4:19PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:33AM | Vikarin 5121                        |
|                                 |               | Yama 12:13PM – 1:53PM  | Shula* Until 3:27PM           | <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM  | Moon 3 - Phase 1                    |
|                                 | 243483468     | <b>Rahu</b> 5:13PM – 6:53PM  | Taitila Until 6:55AM          | <b>Nataraja:</b> Purple                      | 4th Phase                           |
| Creative Work                   | Siddha Yoga   |  |                               | Moon – Blue                                  |                                     |
| Until 4:19PM                    |               |  |                               | <b>Chaitra*Chaitra</b>                       | <b>Sivaloka Day</b>                 |
| Then Routine Work - Marana Yoga |               | <b>Tamil New Year</b>  | <b>Dashami Until 5:37PM</b>   |  |                                     |

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| <b>2 Monday, April 15, 2019</b>  |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* /Purvaphalguni Nakshatra Ganda* /Vridhhi* Yoga Vistil* /Bava Karana Ekadashi/ Dvadashyam Titau |                              |  | Springfield, OR<br>Sun 25 Sutra 1 |
| Simha Rasi: 8.11                 | Tithi 11 – 12 | <b>Gulika</b> 1:53PM – 3:34PM   | <b>Magha* Until 2:27PM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:31AM | Vikarin 5121                      |
| <b>Family Home Evening</b>       | 253483468     | Yama 10:32AM – 12:13PM  | Ganda* Until 12:05PM         | <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:54PM  | Moon 3 - Phase 1                  |
| Routine Work                     | Marana Yoga   | <b>Rahu</b> 7:11AM – 8:52AM   | Bava Until 1:23AM Tue        | <b>Nataraja:</b> Purple                      | 4th Phase                         |
| Until 2:27PM                     |               |   |                              | Moon – Red                                   |                                   |
| Then Creative Work - Siddha Yoga |               |   | <b>Ekadashi Until 2:50PM</b> | <b>Chaitra*Chaitra</b>                       | <b>Devaloka Day</b>               |

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| <b>3 Tuesday, April 16, 2019</b> |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/ Trayodashyam Titau |                                    |  | Springfield, OR<br>Sun 26 Sutra 2 |
| Simha Rasi: 22.49                | Tithi 12 – 13 | <b>Gulika</b> 12:12PM – 1:53PM   | <b>Purvaphalguni Until 12:16PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:29AM | Vikarin 5121                      |
|                                  |               | Yama 8:51AM – 10:32AM  | Vridhhi Until 8:33AM               | <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM  | Moon 3 - Phase 1                  |
|                                  | 253483468     | <b>Rahu</b> 3:34PM – 5:15PM  | Kaulava Until 10:22PM              | <b>Nataraja:</b> Purple                      | 4th Phase                         |
| Creative Work                    | Siddha Yoga   |  |                                    | Moon – Red                                   |                                   |
| Until 12:16PM                    |               |  | <b>Dvadashi Until 11:52AM</b>      | <b>Chaitra*Chaitra</b>                       | <b>Devaloka Day</b>               |
| Then Creative Work - Amrita Yoga |               |  | <i>Pradosha Vrata</i>              |  |                                   |

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| <b>4 Wednesday, April 17, 2019</b> |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyaghata* /Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                    |  | Springfield, OR<br>Sun 27 Sutra 3 |
| Kanya Rasi: 7.31                   | Tithi 13 – 14 | <b>Gulika</b> 10:31AM – 12:12PM  | <b>Uttaraphalguni Until 9:53AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:28AM | Vikarin 5121                      |
|                                    |               | Yama 7:09AM – 8:50AM   | Vyaghata* Until 1:22AM Thu         | <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM  | Moon 3 - Phase 1                  |
|                                    | 253483468     | <b>Rahu</b> 12:12PM – 1:53PM   | Gara Until 7:22PM                  | <b>Nataraja:</b> Purple                      | 4th Phase                         |
| Creative Work                      | Amrita Yoga   |  |                                    | Moon – Red                                   |                                   |
| Until 9:53AM                       |               |  | <b>Trayodashi Until 8:50AM</b>     | <b>Chaitra*Chaitra</b>                       | <b>Devaloka Day</b>               |
| Then Routine Work - Marana Yoga    |               |  |                                    |  |                                   |

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| <b>Thursday, April 18, 2019</b>  |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Harshana Yoga Visti* /Bava Karana Purnimayam Titau |                                  |   | Springfield, OR<br>Sutra 4 |
| <b>Copper Retreat Star</b>       |             | <b>Gulika</b> 8:49AM – 10:30AM  | <b>Hasta Until 7:51AM</b>        | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:26AM | Vikarin 5121               |
| Kanya Rasi: 22.11                | Tithi 15    | Yama 5:26AM – 7:07AM  | Harshana Until 9:59PM            | <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:58PM   | Moon 3 - Phase 1           |
|                                  | 263483468   | <b>Rahu</b> 1:53PM – 3:35PM   | Visti Until 4:30PM               | <b>Nataraja:</b> Purple                       | Purnima                    |
| Routine Work                     | Marana Yoga |   |                                  | Moon – Green                                  |                            |
| Until 7:51AM                     |             | <b>Chitra Purnima (Tamil Nadu)</b>  | <b>Purnima* Until 3:09AM Fri</b> | <b>Chaitra*Chaitra</b>                        | <b>Sivaloka Day</b>        |
| Then Creative Work - Siddha Yoga |             | <b>Hanuman Jayanti</b>  |                                  |   |                            |

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| <b>Friday, April 19, 2019</b> |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Vajra* /Yoga Balava/Kaulava Karana Prathamayam Titau |                                    |   | Springfield, OR<br>Sutra 5 |
| <b>Silver Retreat Star</b>    |             | <b>Gulika</b> 7:06AM – 8:48AM   | <b>Svati Until 4:17AM Sat</b>      | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:24AM | Vikarin 5121               |
| Tula Rasi: 6.41               | Tithi 16    | Yama 3:35PM – 5:17PM  | Vajra* Until 6:51PM                | <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:59PM   | Moon 3 - Phase 1           |
|                               | 263483468   | <b>Rahu</b> 10:30AM – 12:12PM   | Balava Until 1:57PM                | <b>Nataraja:</b> Purple                       | Prathama                   |
| Creative Work                 | Siddha Yoga |   |                                    | Moon – Green                                  |                            |
|                               |             |   | <b>Prathama* Until 12:49AM Sat</b> | <b>Chaitra*Chaitra</b>                        | <b>Sivaloka Day</b>        |