



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

Portland, ME  
Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 3.38 Tithi 17  
273832369 Rahu  
Creative Work Siddha Yoga

**Gulika** 11:38AM – 1:24PM  
Yama 8:06AM – 9:52AM  
**Rahu** 3:10PM – 4:56PM

**Anuradha Until 7:05AM Wed**  
Varyan Until 10:48PM  
Taitila Until 8:40AM  
**Dvitiya Until 9:09PM**

**Ganesha:** Purple *Sunrise:* 4:34AM  
**Muruqa:** White *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Portland, ME  
Sun 1 Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 16.06 Tithi 18  
273832369 Rahu  
Creative Work Siddha Yoga

**Gulika** 9:52AM – 11:38AM  
Yama 6:19AM – 8:05AM  
**Rahu** 11:38AM – 1:24PM

**Anuradha Until 7:05AM**  
Parigha\* Until 10:56PM  
Vanija Until 9:49AM  
**Tritiya Until 10:34PM**

**Ganesha:** Purple *Sunrise:* 4:33AM  
**Muruqa:** White *Sunset:* 6:43PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Portland, ME  
Sun 2 Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 28.19 Tithi 19  
274832369 Rahu  
Routine Work Prabalarishta Yoga  
Until 9:08AM  
Then Creative Work - Siddha Yoga

**Gulika** 8:04AM – 9:51AM  
Yama 4:31AM – 6:18AM  
**Rahu** 1:24PM – 3:11PM

**Jyeshtha\* Until 9:08AM**  
Shiva Until 11:28PM  
Bava Until 11:30AM  
**Chaturthi\* Until 12:30AM Fri**

**Ganesha:** Clear *Sunrise:* 4:31AM  
**Muruqa:** White *Sunset:* 6:44PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, ME  
Sun 3 Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 10.21 Tithi 20  
284832369 Rahu  
Creative Work Amrita Yoga  
Until 11:59AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 6:17AM – 8:04AM  
Yama 3:12PM – 4:59PM  
**Rahu** 9:51AM – 11:38AM

**Mula\* Until 11:59AM**  
Siddha Until 12:17AM Sat  
Kaulava Until 1:39PM  
**Panchami Until 2:50AM Sat**

**Ganesha:** White *Sunrise:* 4:30AM  
**Muruqa:** White *Sunset:* 6:46PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME  
Sun 4 Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 22.14 Tithi 21  
284832369 Rahu  
Creative Work Siddha Yoga  
Until 2:59PM  
Then Routine Work - Marana Yoga

**Gulika** 4:28AM – 6:16AM  
Yama 1:25PM – 3:12PM  
**Rahu** 8:03AM – 9:50AM

**Purvashadha\* Until 2:59PM**  
Sadhya Until 1:18AM Sun  
Gara Until 4:07PM  
**Shashthi\* Until 5:23AM Sun**

**Ganesha:** White *Sunrise:* 4:28AM  
**Muruqa:** White *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\* Karana Saptamyam Titau

Portland, ME  
Sun 5 Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Makara Rasi: 4.02 Tithi 22  
284832369 Rahu  
Creative Work Amrita Yoga

**Gulika** 3:13PM – 5:00PM  
Yama 11:38AM – 1:25PM  
**Rahu** 5:00PM – 6:48PM

**Uttarashadha Until 5:55PM**  
Subha Until 2:22AM Mon  
Visti Until 6:42PM  
**Saptami Until 7:56AM Mon**

**Ganesha:** White *Sunrise:* 4:27AM  
**Muruqa:** White *Sunset:* 6:48PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, ME  
Sun 6 Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Makara Rasi: 15.52 Tithi 22 – 23  
**Family Home Evening**  
294832369 Rahu  
Creative Work Amrita Yoga  
Until 9:04PM  
Then Creative Work - Siddha Yoga

**Gulika** 1:25PM – 3:13PM  
Yama 9:50AM – 11:37AM  
**Rahu** 6:14AM – 8:02AM

**Shravana Until 9:04PM**  
Sukla Until 3:14AM Tue  
Balava Until 9:08PM  
**Saptami Until 7:56AM**

**Ganesha:** Yellow *Sunrise:* 4:26AM  
**Muruqa:** White *Sunset:* 6:49PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME  
Sun 7 Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

Makara Rasi: 27.46 Tithi 23 – 24  
294832369 Rahu  
Creative Work Siddha Yoga  
Until 11:40PM  
Then Routine Work - Marana Yoga

**Gulika** 11:37AM – 1:26PM  
Yama 8:01AM – 9:49AM  
**Rahu** 3:14PM – 5:02PM

**Dhanishtha Until 11:40PM**  
Brahma Until 3:46AM Wed  
Taitila Until 11:10PM  
**Ashtami\* Until 10:12AM**

**Ganesha:** Yellow *Sunrise:* 4:25AM  
**Muruqa:** White *Sunset:* 6:50PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Portland, ME
	Kumbha Rasi: 9.52	Tithi 24 – 25	<b>Gulika</b> 9:49AM – 11:37AM	<b>Shatabhishak</b> <b>Until 1:30AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:23AM	Sun 8 Sutra 24
			Yama 6:12AM – 8:00AM	Indra Until 3:49AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Vilamba 5120
	294832369		<b>Rahu</b> 11:37AM – 1:26PM	Vanija Until 12:35AM Thu	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 11:57AM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME
	Kumbha Rasi: 22.15	Tithi 25 – 26	<b>Gulika</b> 8:00AM – 9:49AM	<b>Purvaproshtapada*</b> <b>Until 2:55AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:22AM	Sun 9 Sutra 25
			Yama 4:22AM – 6:11AM	Vaidhriti* Until 3:14AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Vilamba 5120
	214832369		<b>Rahu</b> 1:26PM – 3:15PM	Bava Until 1:14AM Fri	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 1:00PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME
	Meena Rasi: 4.59	Tithi 26 – 27	<b>Gulika</b> 6:10AM – 7:59AM	<b>Uttaraproshtapada</b> <b>Until 3:22AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:21AM	Sun 10 Sutra 26
			Yama 3:15PM – 5:04PM	Vishkambha* Until 2:01AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:54PM	Vilamba 5120
	214932369		<b>Rahu</b> 9:48AM – 11:37AM	Kaulava Until 1:03AM Sat	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 1:14PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 3:22AM Sat				<b>Vaisaka-Chaitra</b>			
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME
	Meena Rasi: 18.07	Tithi 27 – 28	<b>Gulika</b> 4:20AM – 6:09AM	<b>Revati</b> <b>Until 2:53AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:20AM	Sun 11 Sutra 27
			Yama 1:27PM – 3:16PM	Priti Until 12:10AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Vilamba 5120
	214932369		<b>Rahu</b> 7:59AM – 9:48AM	Gara Until 12:05AM Sun	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dvadashi* Until 12:39PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 2:53AM Sun				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME
	Mesha Rasi: 1.41	Tithi 28 – 29	<b>Gulika</b> 3:16PM – 5:06PM	<b>Ashvini</b> <b>Until 2:01AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:19AM	Sun 12 Sutra 28
			Yama 11:37AM – 1:27PM	Ayushman Until 9:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM	Vilamba 5120
	224932369		<b>Rahu</b> 5:06PM – 6:56PM	Visti Until 10:24PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:18AM</b>	Moon – White		<b>Bhuloka Day</b>	
		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>			

	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME
	<b>Retreat Star</b>		<b>Gulika</b> 1:27PM – 3:17PM	<b>Bharani</b> <b>Until 12:28AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:18AM	Sun 13 Sutra 29
	Mesha Rasi: 15.4	Tithi 29 – 30	Yama 9:47AM – 11:37AM	Saubhagya Until 6:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:57PM	Vilamba 5120
	<b>Family Home Evening</b>		<b>Rahu</b> 6:07AM – 7:57AM	Catuspada Until 8:09PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:20AM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>6</b>	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Portland, ME
	<b>Retreat Star</b>		<b>Gulika</b> 11:37AM – 1:27PM	<b>Krittika</b> <b>Until 10:22PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:16AM	Sun 14 Sutra 30
	Mesha Rasi: 29.59	Tithi 30 – 1	Yama 7:57AM – 9:47AM	Sobhana Until 3:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Vilamba 5120
	225932369		<b>Rahu</b> 3:18PM – 5:08PM	Bava Until 4:01AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 6:51AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 10:22PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

<b>1</b>		<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 15 Sutra 31 Vilamba 5120
Vrishabha Rasi: 14.33	Tithi 2	<b>Gulika</b> 9:47AM – 11:37AM	<b>Rohini Until 8:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:15AM	
		Yama 6:06AM – 7:56AM	Athiganda* Until 12:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 5
235932369		<b>Rahu</b> 11:37AM – 1:28PM	Balava Until 2:33PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:01AM Thu</b>	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM

<b>2</b>		<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, ME Sun 16 Sutra 32 Vilamba 5120
Vrishabha Rasi: 29.15	Tithi 3	<b>Gulika</b> 7:56AM – 9:47AM	<b>Mrigashira Until 6:05PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:14AM	
		Yama 4:14AM – 6:05AM	Sukarma Until 8:34AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 5
235932369		<b>Rahu</b> 1:28PM – 3:19PM	Taitila Until 11:30AM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 9:58PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM

<b>3</b>		<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Portland, ME Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 13.57	Tithi 4	<b>Gulika</b> 6:04AM – 7:55AM	<b>Ardra Until 3:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:13AM	
		Yama 3:19PM – 5:10PM	Shula* Until 1:32AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 5
235932369		<b>Rahu</b> 9:46AM – 11:37AM	Vanija Until 8:29AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:00PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM

<b>4</b>		<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, ME Sun 18 Sutra 34 Vilamba 5120
Mithuna Rasi: 28.33	Tithi 5 – 6	<b>Gulika</b> 4:12AM – 6:04AM	<b>Punarvasu Until 1:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:12AM	
		Yama 1:29PM – 3:20PM	Ganda* Until 10:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 5
245932369		<b>Rahu</b> 7:55AM – 9:46AM	Kaulava Until 3:00AM Sun	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 4:15PM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>5</b>		<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 12.58	Tithi 6 – 7	<b>Gulika</b> 3:20PM – 5:12PM	<b>Pushya Until 12:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:12AM	
		Yama 11:37AM – 1:29PM	Vriddhi Until 7:17PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 5
245932369		<b>Rahu</b> 5:12PM – 7:03PM	Gara Until 12:43AM Mon	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 1:48PM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Monday, May 21, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, ME Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 27.08	Tithi 7 – 8	<b>Gulika</b> 1:29PM – 3:21PM	<b>Ashlesha* Until 10:44AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:11AM	
<b>Family Home Evening</b>		Yama 9:46AM – 11:37AM	Dhruva Until 4:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 5
245932369		<b>Rahu</b> 6:02AM – 7:54AM	Visti Until 10:49PM	<b>Nataraja:</b> Purple		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 11:42AM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 10:44AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga						

<b>Tuesday, May 22, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 11.04	Tithi 8 – 9	<b>Gulika</b> 11:37AM – 1:29PM	<b>Magha* Until 9:55AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:10AM	
		Yama 7:54AM – 9:46AM	Vyaghata* Until 2:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 5
255932369		<b>Rahu</b> 3:21PM – 5:13PM	Balava Until 9:19PM	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:00AM</b>	Moon – Red		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>		<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Utlaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, ME Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 24.45	Tithi 9 – 10	<b>Gulika</b> 9:45AM – 11:38AM	<b>Purvaphalguni Until 9:23AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:09AM	
		Yama 6:01AM – 7:53AM	Harshana Until 12:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 6
	255932369	<b>Rahu</b> 11:38AM – 1:30PM	Taitila Until 8:13PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 8:42AM</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>2</b>		<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Utlaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, ME Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 8.12	Tithi 10 – 11	<b>Gulika</b> 7:53AM – 9:45AM	<b>Utlaraphalguni Until 9:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:08AM	
		Yama 4:08AM – 6:00AM	Vajra* Until 10:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 6
	255932369	<b>Rahu</b> 1:30PM – 3:22PM	Vanija Until 7:31PM	<b>Nataraja:</b> Purple		4th Phase
	Amrita Yoga		<b>Dashami Until 7:48AM</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>
Until 9:05AM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 21.26	Tithi 11 – 12	<b>Gulika</b> 6:00AM – 7:53AM	<b>Hasta Until 9:28AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:07AM	
		Yama 3:23PM – 5:15PM	Siddhi Until 9:04AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 6
	366932369	<b>Rahu</b> 9:45AM – 11:38AM	Bava Until 7:12PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 7:18AM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>
Until 9:28AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 25 Sutra 41 Vilamba 5120
Tula Rasi: 4.28	Tithi 12 – 13	<b>Gulika</b> 4:07AM – 5:59AM	<b>Chitra Until 10:05AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:07AM	
		Yama 1:31PM – 3:23PM	Vyatipata* Until 7:59AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 6
	366932369	<b>Rahu</b> 7:52AM – 9:45AM	Kaulava Until 7:17PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 7:11AM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>
Until 10:05AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>5</b>		<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 17.17	Tithi 13 – 14	<b>Gulika</b> 3:24PM – 5:17PM	<b>Svati Until 10:56AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:06AM	
		Yama 11:38AM – 1:31PM	Variyan Until 7:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 6
	366932369	<b>Rahu</b> 5:17PM – 7:10PM	Gara Until 7:46PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:27AM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>
Until 10:56AM		<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga						

		<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Portland, ME Sun 27 Sutra 43 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:31PM – 3:24PM	<b>Vishakha Until 12:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:05AM	
Tula Rasi: 29.56	Tithi 14 – 15	Yama 9:45AM – 11:38AM	Parigha* Until 6:44AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 6
<b>Family Home Evening</b>	376932369	<b>Rahu</b> 5:58AM – 7:52AM	Vistil Until 8:41PM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:09AM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>
Until 12:30PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>0</b>		<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, ME Sun 28 Sutra 44 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:38AM – 1:32PM	<b>Anuradha Until 2:22PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:05AM	
Vrischika Rasi: 12.22	Tithi 15 – 16	Yama 7:51AM – 9:45AM	Shiva Until 6:39AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 6
	376932369	<b>Rahu</b> 3:25PM – 5:18PM	Balava Until 10:03PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 9:17AM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>
Until 2:22PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, ME

Sutra 45

Vilamba 5120

Vrischika Rasi: 24.37 Tithi 16 – 17

Gulika 9:45AM – 11:38AM

Jyeshtha\* Until 4:29PM

Ganesha: Clear Sunrise: 4:04AM

Muruqa: White Sunset: 7:13PM

Moon 5 - Phase 7

376932369 Yama 5:58AM – 7:51AM

Rahu 11:38AM – 1:32PM

Siddha Until 6:53AM

Taitila Until 11:51PM

Nataraja: Purple

Moon – Orange

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:29PM

Then Routine Work - Marana Yoga

1 Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, ME

Sun 1 Sutra 46

Vilamba 5120

Dhanus Rasi: 6.41 Tithi 17 – 18

Gulika 7:51AM – 9:45AM

Mula\* Until 7:19PM

Ganesha: White Sunrise: 4:03AM

Muruqa: White Sunset: 7:13PM

Moon 5 - Phase 7

386932369 Yama 4:03AM – 5:57AM

Rahu 1:32PM – 3:26PM

Sadhya Until 7:27AM

Vanija Until 2:02AM Fri

Nataraja: Purple

Moon – Light Blue

**Bhuloka Day**

Creative Work Siddha Yoga

Until 4:29PM

Then Routine Work - Marana Yoga

2 Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sun 2 Sutra 47

Vilamba 5120

Dhanus Rasi: 18.37 Tithi 18 – 19

Gulika 5:57AM – 7:51AM

Purvashadha\* Until 10:17PM

Ganesha: Yellow Sunrise: 4:03AM

Muruqa: White Sunset: 7:14PM

Moon 5 - Phase 7

387932369 Yama 3:26PM – 5:20PM

Rahu 9:45AM – 11:39AM

Subha Until 8:18AM

Bava Until 4:30AM Sat

Nataraja: Purple

Moon – Light Blue

**Bhuloka Day**

Routine Work Prabalarishta Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

3 Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 3 Sutra 48

Vilamba 5120

Makara Rasi: 0.27 Tithi 19 – 20

Gulika 4:02AM – 5:56AM

Uttarashadha Until 1:15AM Sun

Ganesha: Yellow Sunrise: 4:02AM

Muruqa: White Sunset: 7:15PM

Moon 5 - Phase 7

387932369 Yama 1:33PM – 3:27PM

Rahu 7:51AM – 9:45AM

Sukla Until 9:20AM

Kaulava Until 7:06AM Sun

Nataraja: Purple

Moon – Light Blue

**Bhuloka Day**

Routine Work Marana Yoga

Until 1:15AM Sun

Then Creative Work - Amrita Yoga

4 Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, ME

Sun 4 Sutra 49

Vilamba 5120

Makara Rasi: 12.14 Tithi 20

Gulika 3:27PM – 5:22PM

Shravana Until 4:32AM Mon

Ganesha: Blue Sunrise: 4:02AM

Muruqa: White Sunset: 7:16PM

Moon 5 - Phase 7

397932369 Yama 11:39AM – 1:33PM

Rahu 5:22PM – 7:16PM

Brahma Until 10:27AM

Kaulava Until 7:06AM

Nataraja: Purple

Moon – Purple

**Devaloka Day**

Creative Work Amrita Yoga

Until 4:32AM Mon

Then Creative Work - Siddha Yoga

5 Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME

Sun 5 Sutra 50

Vilamba 5120

Makara Rasi: 24.02 Tithi 21

Gulika 1:33PM – 3:28PM

Dhanishtha Until 7:25AM Tue

Ganesha: Blue Sunrise: 4:02AM

Muruqa: White Sunset: 7:16PM

Moon 5 - Phase 7

397932369 Yama 9:45AM – 11:39AM

Rahu 5:56AM – 7:50AM

Indra Until 11:30AM

Gara Until 9:37AM

Nataraja: Purple

Moon – Purple

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:25AM Tue

Then Routine Work - Marana Yoga

6 Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saplamyam Titau

Portland, ME

Sun 6 Sutra 51

Vilamba 5120

Kumbha Rasi: 5.57 Tithi 22

Gulika 11:39AM – 1:34PM

Dhanishtha Until 7:25AM

Ganesha: Purple Sunrise: 4:01AM

Muruqa: White Sunset: 7:17PM

Moon 5 - Phase 7

397132361 Yama 7:50AM – 9:45AM

Rahu 3:28PM – 5:23PM

Vaidhriti\* Until 12:17PM

Visti Until 11:51AM

Nataraja: White

Moon – Purple

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:25AM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME

Sun 7 Sutra 52

Vilamba 5120

Kumbha Rasi: 18.02 Tithi 23

Gulika 9:45AM – 11:39AM

Shatabhishak Until 9:39AM

Ganesha: Purple Sunrise: 4:01AM

Muruqa: White Sunset: 7:18PM

Moon 5 - Phase 7

397132361 Yama 5:55AM – 7:50AM

Rahu 11:39AM – 1:34PM

Vishkambha\* Until 12:41PM

Balava Until 1:33PM

Nataraja: White

Moon – Purple

**Devaloka Day**

Creative Work Siddha Yoga

Until 9:39AM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME

Sun 8 Sutra 53

Vilamba 5120

Meena Rasi: 0.25 Tithi 24

Gulika 7:50AM – 9:45AM

Purvaproshtapada\* Until 11:33AM

Ganesha: Blue Sunrise: 4:00AM

Muruqa: White Sunset: 7:19PM

Moon 5 - Phase 7

317132361 Yama 4:00AM – 5:55AM

Rahu 1:34PM – 3:29PM

Priti Until 12:33PM

Taitila Until 2:33PM

Nataraja: White

Moon – Clear

**Devaloka Day**

Creative Work Siddha Yoga

Navami\* Until 2:44AM Fri

Jyeshtha Adhika-Vaikasi

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME
	Meena Rasi: 13.08	Tithi 25	Sun 9	Sutra 54			
	318132361	<b>Gulika</b> 5:55AM – 7:50AM	<b>Uttaraproshtapada</b> Until 12:31PM	<b>Ganesha:</b> Red	Sunrise: 4:00AM	Vilamba 5120	
	Creative Work Siddha Yoga	Yama 3:29PM – 5:24PM	Ayushman Until 11:45AM	<b>Muruqa:</b> White	Sunset: 7:19PM	Moon 5 - Phase 8	
	<b>Rahu</b> 9:45AM – 11:40AM	Vanija Until 2:44PM	<b>Nataraja:</b> White				
		<b>Dashami</b> Until 2:29AM Sat	Moon – Clear	<b>Bhuloka Day</b>			
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM			

<b>2</b>	<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Portland, ME
	Meena Rasi: 26.16	Tithi 26	Sun 10	Sutra 55			
	318132361	<b>Gulika</b> 4:00AM – 5:55AM	<b>Revati</b> Until 12:29PM	<b>Ganesha:</b> Red	Sunrise: 4:00AM	Vilamba 5120	
	Routine Work Prabalarishta Yoga	Yama 1:35PM – 3:30PM	Saubhagya Until 10:18AM	<b>Muruqa:</b> White	Sunset: 7:20PM	Moon 5 - Phase 8	
Until 12:29PM	<b>Rahu</b> 7:50AM – 9:45AM	Bava Until 2:04PM	<b>Nataraja:</b> White				
Then Creative Work - Siddha Yoga		<b>Ekadashi*</b> Until 1:25AM Sun	Moon – Clear	<b>Bhuloka Day</b>			
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM			

<b>3</b>	<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Portland, ME
	Mesha Rasi: 9.52	Tithi 27	Sun 11	Sutra 56			
	328132361	<b>Gulika</b> 3:30PM – 5:25PM	<b>Ashvini</b> Until 11:58AM	<b>Ganesha:</b> Green	Sunrise: 4:00AM	Vilamba 5120	
	Creative Work Siddha Yoga	Yama 11:40AM – 1:35PM	Sobhana Until 8:13AM	<b>Muruqa:</b> White	Sunset: 7:20PM	Moon 5 - Phase 8	
Until 11:58AM	<b>Rahu</b> 5:25PM – 7:20PM	Kaulava Until 12:36PM	<b>Nataraja:</b> White				
Then Routine Work - Prabalarishta Yoga		<b>Dvadashti*</b> Until 11:34PM	Moon – White	<b>Bhuloka Day</b>			
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM			

<b>4</b>	<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME
	Mesha Rasi: 23.55	Tithi 28	Sun 12	Sutra 57			
	328132361	<b>Gulika</b> 1:35PM – 3:31PM	<b>Bharani</b> Until 10:35AM	<b>Ganesha:</b> Green	Sunrise: 4:00AM	Vilamba 5120	
	Family Home Evening	Yama 9:45AM – 11:40AM	Sukarma Until 2:18AM Tue	<b>Muruqa:</b> White	Sunset: 7:21PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga	<b>Rahu</b> 5:55AM – 7:50AM	Gara Until 10:25AM	<b>Nataraja:</b> White				
Until 10:35AM		<b>Trayodashi*</b> Until 9:05PM	Moon – White	<b>Bhuloka Day</b>			
Then Routine Work - Marana Yoga			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, ME
	Vrishabha Rasi: 8.23	Tithi 29	Sun 13	Sutra 58			
	328132361	<b>Gulika</b> 11:40AM – 1:36PM	<b>Krittika</b> Until 8:29AM	<b>Ganesha:</b> Green	Sunrise: 3:59AM	Vilamba 5120	
	Creative Work Siddha Yoga	Yama 7:50AM – 9:45AM	Dhriti Until 10:43PM	<b>Muruqa:</b> White	Sunset: 7:21PM	Moon 5 - Phase 8	
Until 8:29AM	<b>Rahu</b> 3:31PM – 5:26PM	Visti Until 7:40AM	<b>Nataraja:</b> White				
Then Creative Work - Amrita Yoga		<b>Chaturdashi*</b> Until 6:06PM	Moon – White	<b>Bhuloka Day</b>			
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM			

	<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME	
	<b>Retreat Star</b>		Sun 14	Sutra 59				
	Vrishabha Rasi: 23.1	Tithi 30 – 1	<b>Gulika</b> 9:45AM – 11:41AM	<b>Rohini</b> Until 6:15AM	<b>Ganesha:</b> White	Sunrise: 3:59AM	Vilamba 5120	
	338132361	Yama 5:55AM – 7:50AM	Shula* Until 6:52PM	<b>Muruqa:</b> White	Sunset: 7:22PM	Moon 5 - Phase 8		
Creative Work Siddha Yoga	<b>Rahu</b> 11:41AM – 1:36PM	Kintughna Until 1:03AM Thu	<b>Nataraja:</b> White					
		<b>Amavasya*</b> Until 2:47PM	Moon – Yellow	<b>Bhuloka Day</b>				
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM				

<b>Retreat Star</b>	<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, ME	
	<b>Retreat Star</b>		Sun 15	Sutra 60				
	Mithuna Rasi: 8.09	Tithi 1 – 2	<b>Gulika</b> 7:50AM – 9:45AM	<b>Ardra</b> Until 12:46AM Fri	<b>Ganesha:</b> Clear	Sunrise: 3:59AM	Vilamba 5120	
	339132361	Yama 3:59AM – 5:55AM	Ganda* Until 2:53PM	<b>Muruqa:</b> White	Sunset: 7:22PM	Moon 5 - Phase 8		
Routine Work Marana Yoga	<b>Rahu</b> 1:36PM – 3:32PM	Balava Until 9:31PM	<b>Nataraja:</b> White					
Until 12:46AM Fri		<b>Prathama*</b> Until 11:16AM	Moon – Yellow	<b>Bhuloka Day</b>				
Then Creative Work - Siddha Yoga			<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM				

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau			Portland, ME Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 23.11	Tithi 2 - 3	<b>Gulika</b> 5:55AM - 7:50AM Yama 3:32PM - 5:27PM <b>Rahu</b> 9:46AM - 11:41AM	<b>Punarvasu</b> Until 10:16PM Vriddhi Until 10:56AM Taitila Until 6:02PM <b>Dvitiya</b> Until 7:44AM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Blue <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 3:59AM <i>Sunset:</i> 7:23PM	Moon 5 - Phase 9 3rd Phase	
Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	
Until 10:16PM							
Then Routine Work - Marana Yoga							
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturtham Titau			Portland, ME Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 8.07	Tithi 4	<b>Gulika</b> 3:59AM - 5:55AM Yama 1:37PM - 3:32PM <b>Rahu</b> 7:50AM - 9:46AM	<b>Pushya</b> Until 7:51PM Dhruva Until 7:05AM Vanija Until 2:44PM <b>Chaturthi*</b> Until 1:11AM Sun	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Blue <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 3:59AM <i>Sunset:</i> 7:23PM	Moon 5 - Phase 9 3rd Phase	
Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	
Until 7:51PM							
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau			Portland, ME Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 22.51	Tithi 5	<b>Gulika</b> 3:33PM - 5:28PM Yama 11:41AM - 1:37PM <b>Rahu</b> 5:28PM - 7:24PM	<b>Ashlesha*</b> Until 5:40PM Harshana Until 12:13AM Mon Bava Until 11:46AM <b>Panchami</b> Until 10:26PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Blue <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 3:59AM <i>Sunset:</i> 7:24PM	Moon 5 - Phase 9 3rd Phase	
Creative Work	Siddha Yoga		<b>Father's Day</b>		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	
Until 5:40PM							
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau			Portland, ME Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 7.16	Tithi 6	<b>Gulika</b> 1:37PM - 3:33PM Yama 9:46AM - 11:42AM <b>Rahu</b> 5:55AM - 7:51AM	<b>Magha*</b> Until 4:14PM Vajra* Until 9:20PM Kaulava Until 9:15AM <b>Shashthi*</b> Until 8:09PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Red <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 3:59AM <i>Sunset:</i> 7:24PM	Moon 5 - Phase 9 3rd Phase	
<b>Family Home Evening</b>					<b>Devaloka Day</b>		
Routine Work	Marana Yoga						
Until 4:14PM							
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau			Portland, ME Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 21.21	Tithi 7	<b>Gulika</b> 11:42AM - 1:37PM Yama 7:51AM - 9:46AM <b>Rahu</b> 3:33PM - 5:29PM	<b>Purvaphalguni</b> Until 3:12PM Siddhi Until 6:55PM Gara Until 7:15AM <b>Saptami</b> Until 6:27PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Red <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 4:00AM <i>Sunset:</i> 7:24PM	Moon 5 - Phase 9 3rd Phase	
Creative Work	Siddha Yoga				<b>Devaloka Day</b>		
Until 3:12PM							
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipala*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Portland, ME Sun 21 Sutra 66 Vilamba 5120
Kanya Rasi: 5.04	Tithi 8 - 9	<b>Gulika</b> 9:47AM - 11:42AM Yama 5:55AM - 7:51AM <b>Rahu</b> 11:42AM - 1:38PM	<b>Uttaraphalguni</b> Until 2:36PM Vyatipala* Until 5:01PM Balava Until 5:00AM Thu <b>Ashtami*</b> Until 5:19PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Red <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 4:00AM <i>Sunset:</i> 7:24PM	Moon 5 - Phase 9 Ashtami	
Creative Work	Amrita Yoga		<b>Chidambaram Abhishekam</b>		<b>Devaloka Day</b>		
Until 2:36PM							
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Portland, ME Sun 22 Sutra 67 Vilamba 5120
Kanya Rasi: 18.27	Tithi 9 - 10	<b>Gulika</b> 7:51AM - 9:47AM Yama 4:00AM - 5:56AM <b>Rahu</b> 1:38PM - 3:34PM	<b>Hasta</b> Until 2:54PM Variyan Until 3:33PM Taitila Until 4:45AM Fri <b>Navami*</b> Until 4:47PM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Green <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 4:00AM <i>Sunset:</i> 7:25PM	Moon 5 - Phase 9 Navami	
Routine Work	Marana Yoga				<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM	
Until 2:54PM							
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>		<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Portland, ME Sun 23 Sutra 68 Vilamba 5120
Tula Rasi: 1.31	Tithi 10 - 11	<b>Gulika</b>	5:56AM - 7:51AM	<b>Chitra</b> Until 3:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:00AM	
		Yama	3:34PM - 5:29PM	Parigha* Until 2:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
361132361		<b>Rahu</b>	9:47AM - 11:43AM	Vanija Until 5:03AM Sat	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			<b>Dashami</b> Until 4:49PM	Moon - Green		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>2</b>		<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Portland, ME Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 14.19	Tithi 11 - 12	<b>Gulika</b>	4:00AM - 5:56AM	<b>Svati</b> Until 4:38PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:00AM	
		Yama	1:38PM - 3:34PM	Shiva Until 1:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
361132361		<b>Rahu</b>	7:52AM - 9:47AM	Bava Until 5:50AM Sun	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi</b> Until 5:21PM	Moon - Green		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>3</b>		<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau			Portland, ME Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 26.52	Tithi 12	<b>Gulika</b>	3:34PM - 5:30PM	<b>Vishakha</b> Until 6:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:01AM	
		Yama	11:43AM - 1:38PM	Siddha Until 1:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
371142361		<b>Rahu</b>	5:30PM - 7:25PM	Balava Until 6:23PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga			<b>Dvadashi</b> Until 6:23PM	Moon - Orange		<b>Devaloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>4</b>		<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau			Portland, ME Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 9.14	Tithi 13	<b>Gulika</b>	1:39PM - 3:34PM	<b>Anuradha</b> Until 8:33PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:01AM	
<b>Family Home Evening</b>		Yama	9:48AM - 11:43AM	Sadhya Until 1:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
371142361		<b>Rahu</b>	5:57AM - 7:52AM	Kaulava Until 7:05AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi</b> Until 7:50PM	Moon - Orange		<b>Devaloka Day</b>
					<b>Jyeshtha-Ani</b>		
					<i>Pradosha Vrata</i>		

<b>5</b>		<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau			Portland, ME Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 21.26	Tithi 14	<b>Gulika</b>	11:43AM - 1:39PM	<b>Jyeshtha*</b> Until 10:51PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:01AM	
		Yama	7:52AM - 9:48AM	Subha Until 2:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
371142361		<b>Rahu</b>	3:34PM - 5:30PM	Gara Until 8:44AM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga			<b>Chaturdashi*</b> Until 9:40PM	Moon - Orange		<b>Devaloka Day</b>
Until 10:51PM					<b>Jyeshtha-Ani</b>		
Then Creative Work - Amrita Yoga							

		<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau			Portland, ME Sun 28 Sutra 73 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	9:48AM - 11:44AM	<b>Mula*</b> Until 1:48AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:02AM	
Dhanus Rasi: 3.29	Tithi 15	Yama	5:57AM - 7:53AM	Sukla Until 3:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
381142361		<b>Rahu</b>	11:44AM - 1:39PM	Visti Until 10:45AM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga			<b>Purnima*</b> Until 11:51PM	Moon - Light Blue		<b>Bhuloka Day</b>
Until 1:48AM Thu					<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							

<b>Thursday, June 28, 2018</b>		<b>Silver Retreat Star</b>			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau			Portland, ME Sun 29 Sutra 74 Vilamba 5120
Dhanus Rasi: 15.24	Tithi 16	<b>Gulika</b>	7:53AM - 9:48AM	<b>Purvashadha*</b> Until 4:49AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:02AM		
		Yama	4:02AM - 5:58AM	Brahma Until 3:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10	
381142361		<b>Rahu</b>	1:39PM - 3:35PM	Balava Until 1:03PM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 2:16AM Fri	Moon - Light Blue		<b>Bhuloka Day</b>	
Until 4:49AM Fri					<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, ME  
Sun 1  
Sutra 75  
Vilamba 5120

Dhanus Rasi: 27.14 Tithi 17

381142361

**Gulika** 5:58AM – 7:53AM  
Yama 3:35PM – 5:30PM  
**Rahu** 9:49AM – 11:44AM

**Uttarashadha Until 7:47AM Sat**  
Indra Until 5:02PM  
Taitila Until 3:34PM  
**Dvitiya Until 4:51AM Sat**

**Ganesha:** Blue *Sunrise: 4:03AM*  
**Muruqa:** Clear *Sunset: 7:25PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 7:47AM Sat  
Then Creative Work - Siddha Yoga

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Vanija Karana Tritiyayam Titau

Portland, ME  
Sun 2  
Sutra 76  
Vilamba 5120

Makara Rasi: 9.02 Tithi 18

381242361

**Gulika** 4:03AM – 5:58AM  
Yama 1:39PM – 3:35PM  
**Rahu** 7:54AM – 9:49AM

**Uttarashadha Until 7:47AM**  
Vaidhriti\* Until 6:09PM  
Vanija Until 6:10PM  
**Tritiya Until 7:26AM Sun**

**Ganesha:** Blue *Sunrise: 4:03AM*  
**Muruqa:** Clear *Sunset: 7:25PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 7:47AM  
Then Creative Work - Siddha Yoga

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME  
Sun 3  
Sutra 77  
Vilamba 5120

Makara Rasi: 20.49 Tithi 18 – 19

391242361

**Gulika** 3:35PM – 5:30PM  
Yama 11:44AM – 1:39PM  
**Rahu** 5:30PM – 7:25PM

**Shravana Until 11:06AM**  
Vishkambha\* Until 7:14PM  
Bava Until 8:43PM  
**Tritiya Until 7:26AM**

**Ganesha:** Red *Sunrise: 4:04AM*  
**Muruqa:** Clear *Sunset: 7:25PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 11:06AM  
Then Routine Work - Marana Yoga

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME  
Sun 4  
Sutra 78  
Vilamba 5120

Kumbha Rasi: 2.39 Tithi 19 – 20

392242361

**Gulika** 1:40PM – 3:35PM  
Yama 9:49AM – 11:44AM  
**Rahu** 5:59AM – 7:54AM

**Dhanishtha Until 2:05PM**  
Priti Until 8:10PM  
Kaulava Until 11:01PM  
**Chaturthi\* Until 9:53AM**

**Ganesha:** Yellow *Sunrise: 4:04AM*  
**Muruqa:** Clear *Sunset: 7:25PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, ME  
Sun 5  
Sutra 79  
Vilamba 5120

Kumbha Rasi: 14.35 Tithi 20 – 21

392242361

**Gulika** 11:45AM – 1:40PM  
Yama 7:55AM – 9:50AM  
**Rahu** 3:35PM – 5:30PM

**Shatabhishak Until 4:34PM**  
Ayushman Until 8:46PM  
Gara Until 12:55AM Wed  
**Panchami Until 12:00PM**

**Ganesha:** Yellow *Sunrise: 4:05AM*  
**Muruqa:** Clear *Sunset: 7:25PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Portland, ME  
Sun 6  
Sutra 80  
Vilamba 5120

Kumbha Rasi: 26.43 Tithi 21 – 22

312242361

**Gulika** 9:50AM – 11:45AM  
Yama 6:00AM – 7:55AM  
**Rahu** 11:45AM – 1:40PM

**Purvaproshtapada\* Until 6:53PM**  
Saubhagya Until 8:58PM  
Visti Until 2:15AM Thu  
**Shashthi\* Until 1:38PM**

**Ganesha:** Orange *Sunrise: 4:05AM*  
**Muruqa:** Clear *Sunset: 7:24PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 6:53PM  
Then Creative Work - Siddha Yoga

**D**

**Thursday, July 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Portland, ME  
Sun 7  
Sutra 81  
Vilamba 5120

Meena Rasi: 9.05 Tithi 22 – 23

312242361

**Gulika** 7:55AM – 9:50AM  
Yama 4:06AM – 6:01AM  
**Rahu** 1:40PM – 3:35PM

**Uttaraproshtapada Until 8:23PM**  
Sobhana Until 8:39PM  
Balava Until 2:53AM Fri  
**Saptami Until 2:38PM**

**Ganesha:** Orange *Sunrise: 4:06AM*  
**Muruqa:** Clear *Sunset: 7:24PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME  
Sun 8  
Sutra 82  
Vilamba 5120

Meena Rasi: 21.47 Tithi 23 – 24

412242361

**Gulika** 6:01AM – 7:56AM  
Yama 3:34PM – 5:29PM  
**Rahu** 9:51AM – 11:45AM

**Revati Until 8:59PM**  
Athiganda\* Until 7:43PM  
Taitila Until 2:44AM Sat  
**Ashtami\* Until 2:54PM**

**Ganesha:** Green *Sunrise: 4:07AM*  
**Muruqa:** Clear *Sunset: 7:24PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
Navami

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 8:59PM  
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


<b>1</b>	<b>Saturday, July 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Portland, ME Sun 9 Sutra 83 Vilamba 5120
	Mesha Rasi: 4.52	Tithi 24 – 25	<b>Gulika</b> 4:07AM – 6:02AM	<b>Ashvini</b> Until 9:07PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:07AM	
			Yama 1:40PM – 3:34PM	Sukarma Until 6:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 7:56AM – 9:51AM	Vanija Until 1:48AM Sun	<b>Nataraja:</b> White		2nd Phase
			<b>Navami*</b> Until 2:21PM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2</b>	<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME Sun 10 Sutra 84 Vilamba 5120
	Mesha Rasi: 18.23	Tithi 25 – 26	<b>Gulika</b> 3:34PM – 5:29PM	<b>Bharani</b> Until 8:18PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:08AM	
			Yama 11:45AM – 1:40PM	Dhriti Until 3:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12
	Routine Work	Prabalarishta Yoga	422242361 <b>Rahu</b> 5:29PM – 7:23PM	Bava Until 12:05AM Mon	<b>Nataraja:</b> White		2nd Phase
Until 8:18PM			<b>Dashami</b> Until 1:01PM	Moon – White		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			

<b>3</b>	<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Portland, ME Sun 11 Sutra 85 Vilamba 5120
	Mrishabha Rasi: 2.21	Tithi 26 – 27	<b>Gulika</b> 1:40PM – 3:34PM	<b>Krittika</b> Until 6:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:09AM	
	<b>Family Home Evening</b>		Yama 9:51AM – 11:46AM	Shula* Until 1:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12
	Routine Work	Marana Yoga	422242361 <b>Rahu</b> 6:03AM – 7:57AM	Kaulava Until 9:41PM	<b>Nataraja:</b> White		2nd Phase
Until 6:40PM			<b>Ekadashi*</b> Until 10:57AM	Moon – White		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>			

<b>4</b>	<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi* Yoga Taila/Gara Karana Dvodashi/Trayodashyam Titau				Portland, ME Sun 12 Sutra 86 Vilamba 5120
	Mrishabha Rasi: 16.46	Tithi 27 – 28	<b>Gulika</b> 11:46AM – 1:40PM	<b>Rohini</b> Until 4:44PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:09AM	
			Yama 7:58AM – 9:52AM	Ganda* Until 9:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12
	Creative Work	Amrita Yoga	422242361 <b>Rahu</b> 3:34PM – 5:28PM	Gara Until 6:44PM	<b>Nataraja:</b> White		2nd Phase
Until 4:44PM			<b>Dvodashi*</b> Until 8:15AM	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, ME Sun 13 Sutra 87 Vilamba 5120
	Mithuna Rasi: 1.32	Tithi 29	<b>Gulika</b> 9:52AM – 11:46AM	<b>Mrigashira</b> Until 2:12PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:10AM	
			Yama 6:04AM – 7:58AM	Vriddhi Until 6:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 11:46AM – 1:40PM	Visti Until 3:22PM	<b>Nataraja:</b> White		2nd Phase
			<b>Chaturdashi*</b> Until 1:33AM Thu	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	

	<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, ME Sun 14 Sutra 88 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 7:59AM – 9:52AM	<b>Ardra</b> Until 11:17AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:11AM	
	Mithuna Rasi: 16.34	Tithi 30	Yama 4:11AM – 6:05AM	Vyaghata* Until 10:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 12
			422242361 <b>Rahu</b> 1:40PM – 3:34PM	Catuspada Until 11:43AM	<b>Nataraja:</b> White		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 9:50PM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 11:17AM				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>	<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME Sun 15 Sutra 89 Vilamba 5120
	Kataka Rasi: 1.44	Tithi 1	<b>Gulika</b> 6:05AM – 7:59AM	<b>Punarvasu</b> Until 8:30AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:12AM	
			Yama 3:33PM – 5:27PM	Harshana Until 5:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 9:53AM – 11:46AM	Kintughna Until 7:58AM	<b>Nataraja:</b> White		Prathama
Until 8:30AM			<b>Prathama*</b> Until 6:05PM	Moon – Blue		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>		Devaloka Time: 12:PM to 3:PM	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>	<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, ME
	Kataka Rasi: 16.53	Tithi 2 – 3	<b>Gulika</b> 4:13AM – 6:06AM	<b>Ashlesha* Until 2:51AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:13AM	Sun 16 Sutra 90
			Yama 1:40PM – 3:33PM	Vajra* Until 1:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM	Vilamba 5120
	Routine Work	Marana Yoga	442242361 <b>Rahu</b> 7:59AM – 9:53AM	Taitila Until 12:46AM Sun	<b>Nataraja:</b> White		Moon 6 - Phase 13 3rd Phase
			<b>Dvitiya Until 2:28PM</b>	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	


<b>2</b>	<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Portland, ME
	Simha Rasi: 1.51	Tithi 3 – 4	<b>Gulika</b> 3:33PM – 5:26PM	<b>Magha* Until 12:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:13AM	Sun 17 Sutra 91
			Yama 11:46AM – 1:40PM	Siddhi Until 10:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Vilamba 5120
	Routine Work	Marana Yoga	452242361 <b>Rahu</b> 5:26PM – 7:19PM	Vanija Until 9:37PM	<b>Nataraja:</b> White		Moon 6 - Phase 13 3rd Phase
			<b>Tritiya Until 11:07AM</b>	Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
				<b>Ashada*Ani</b>			

<b>3</b>	<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Portland, ME
	Simha Rasi: 16.31	Tithi 4 – 5	<b>Gulika</b> 1:39PM – 3:32PM	<b>Purvaphalguni Until 10:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:14AM	Sun 18 Sutra 92
	<b>Family Home Evening</b>		Yama 9:53AM – 11:46AM	Vyatipata* Until 6:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Vilamba 5120
	Creative Work	Siddha Yoga	453242361 <b>Rahu</b> 6:07AM – 8:00AM	Bava Until 6:57PM	<b>Nataraja:</b> White		Moon 6 - Phase 13 3rd Phase
			<b>Chaturthi* Until 8:12AM</b>	Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
				<b>Ashada*Adi</b>			

<b>4</b>	<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME
	Kanya Rasi: 0.49	Tithi 6	<b>Gulika</b> 11:47AM – 1:39PM	<b>Uttaraphalguni Until 9:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:15AM	Sun 19 Sutra 93
			Yama 8:01AM – 9:54AM	Parigha* Until 1:01AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM	Vilamba 5120
	Creative Work	Amrita Yoga	453242362 <b>Rahu</b> 3:32PM – 5:25PM	Kaulava Until 4:53PM	<b>Nataraja:</b> Clear		Moon 6 - Phase 13 3rd Phase
			<b>Shashthi* Until 4:06AM Wed</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>5</b>	<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Portland, ME
	Kanya Rasi: 14.41	Tithi 7	<b>Gulika</b> 9:54AM – 11:47AM	<b>Hasta Until 9:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:16AM	Sun 20 Sutra 94
			Yama 6:09AM – 8:01AM	Shiva Until 11:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Vilamba 5120
	Routine Work	Marana Yoga	463242362 <b>Rahu</b> 11:47AM – 1:39PM	Gara Until 3:31PM	<b>Nataraja:</b> Clear		Moon 6 - Phase 13 3rd Phase
			<b>Saptami Until 3:05AM Thu</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

	<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, ME
	<b>Retreat Star</b>		<b>Gulika</b> 8:02AM – 9:54AM	<b>Chitra Until 9:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:17AM	Sun 21 Sutra 95
	Kanya Rasi: 28.07	Tithi 8	Yama 4:17AM – 6:09AM	Siddha Until 9:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM	Vilamba 5120
	Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 1:39PM – 3:31PM	Visti Until 2:52PM	<b>Nataraja:</b> Clear		Moon 6 - Phase 13 Ashtami
			<b>Ashtami* Until 2:48AM Fri</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

	<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Portland, ME
	<b>Retreat Star</b>		<b>Gulika</b> 6:10AM – 8:02AM	<b>Svati Until 10:26PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:18AM	Sun 22 Sutra 96
	Tula Rasi: 11.1	Tithi 9	Yama 3:31PM – 5:23PM	Sadhya Until 8:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Vilamba 5120
	Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 9:55AM – 11:47AM	Balava Until 2:57PM	<b>Nataraja:</b> Clear		Moon 6 - Phase 13 Navami
			<b>Navami* Until 3:13AM Sat</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Portland, ME Sun 23 Sutra 97 Vilamba 5120
Tula Rasi: 23.53	Tithi 10	<b>Gulika</b> 4:19AM – 6:11AM	<b>Vishakha</b> Until 12:12AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:19AM	
		Yama 1:39PM – 3:31PM	Subha Until 8:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 14
		473242362 <b>Rahu</b> 8:03AM – 9:55AM	Taitila Until 3:42PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:17AM Sun	Moon – Orange		<b>Devaloka Day</b>
Until 12:12AM Sun				<b>Ashada•Adi</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, ME Sun 24 Sutra 98 Vilamba 5120
Vrischika Rasi: 6.18	Tithi 11	<b>Gulika</b> 3:30PM – 5:22PM	<b>Anuradha</b> Until 2:20AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:20AM	
		Yama 11:47AM – 1:39PM	Sukla Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 6 - Phase 14
		473242362 <b>Rahu</b> 5:22PM – 7:14PM	Vanija Until 5:02PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 5:52AM Mon	Moon – Orange		<b>Devaloka Day</b>
Until 2:20AM Mon				<b>Ashada•Adi</b>		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau		Portland, ME Sun 25 Sutra 99 Vilamba 5120
Vrischika Rasi: 18.3	Tithi 12	<b>Gulika</b> 1:38PM – 3:30PM	<b>Jyeshtha*</b> Until 4:45AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:21AM	
<b>Family Home Evening</b>		Yama 9:55AM – 11:47AM	Brahma Until 9:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 6 - Phase 14
		473242362 <b>Rahu</b> 6:12AM – 8:04AM	Bava Until 6:52PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 7:54AM Tue	Moon – Orange		<b>Devaloka Day</b>
Until 4:45AM Tue				<b>Ashada•Adi</b>		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 26 Sutra 100 Vilamba 5120
Dhanus Rasi: 0.32	Tithi 12 – 13	<b>Gulika</b> 11:47AM – 1:38PM	<b>Mula*</b> Until 7:48AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:22AM	
		Yama 8:04AM – 9:56AM	Indra Until 10:16PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 6 - Phase 14
		483242362 <b>Rahu</b> 3:29PM – 5:21PM	Kaulava Until 9:03PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 7:54AM	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Ashada•Adi</b>		

*Pradosha Vrata*

<b>5</b>		<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 27 Sutra 101 Vilamba 5120
Dhanus Rasi: 12.26	Tithi 13 – 14	<b>Gulika</b> 9:56AM – 11:47AM	<b>Mula*</b> Until 7:48AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:23AM	
		Yama 6:14AM – 8:05AM	Vaidhriti* Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 6 - Phase 14
		483342362 <b>Rahu</b> 11:47AM – 1:38PM	Gara Until 11:30PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 10:14AM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 7:48AM				<b>Ashada•Adi</b>		
Then Creative Work - Amrita Yoga						

<b>○</b>		<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, ME Sun 28 Sutra 102 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:05AM – 9:56AM	<b>Purvashadha*</b> Until 10:53AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:24AM	
Dhanus Rasi: 24.16	Tithi 14 – 15	Yama 4:24AM – 6:15AM	Vishkambha* Until 12:21AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 6 - Phase 14
		483342362 <b>Rahu</b> 1:38PM – 3:28PM	Visti Until 2:05AM Fri	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:46PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 10:53AM				<b>Ashada•Adi</b>		
Then Routine Work - Marana Yoga						

<b>○</b>		<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, ME Sun 29 Sutra 103 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:15AM – 8:06AM	<b>Uttarashadha</b> Until 1:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:25AM	
Makara Rasi: 6.02	Tithi 15 – 16	Yama 3:28PM – 5:18PM	Priti Until 1:29AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 6 - Phase 14
		483342362 <b>Rahu</b> 9:56AM – 11:47AM	Balava Until 4:39AM Sat	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 3:21PM	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Ashada•Adi</b>		

Total Lunar Eclipse

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



**Saturday, July 28, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, ME  
Sutra 104  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 17.5    Titli 16 - 17

493342362

**Gulika** 4:26AM - 6:16AM  
Yama 1:37PM - 3:27PM  
**Rahu** 8:06AM - 9:57AM

**Shravana Until 5:08PM**  
Ayushman Until 2:29AM Sun  
Taitila Until 7:06AM Sun  
**Prathama\* Until 5:53PM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada\*Adi**

**Sunrise:** 4:26AM  
**Sunset:** 7:08PM

**Devaloka Day**

Creative Work    Siddha Yoga

**1**

**Sunday, July 29, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, ME  
Sun 1    Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 29.41    Titli 17

493342362

**Gulika** 3:27PM - 5:17PM  
Yama 11:47AM - 1:37PM  
**Rahu** 5:17PM - 7:07PM

**Dhanishtha Until 8:03PM**  
Saubhagya Until 3:20AM Mon  
Taitila Until 7:06AM  
**Dvitiya Until 8:14PM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada\*Adi**

**Sunrise:** 4:27AM  
**Sunset:** 7:07PM

**Devaloka Day**

Routine Work    Marana Yoga  
Until 8:03PM  
Then Creative Work - Siddha Yoga

**2**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Portland, ME  
Sun 2    Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 11.37    Titli 18

494342362

**Gulika** 1:36PM - 3:26PM  
Yama 9:57AM - 11:47AM  
**Rahu** 6:18AM - 8:07AM

**Shatabhishak Until 10:32PM**  
Sobhana Until 3:58AM Tue  
Vanija Until 9:19AM  
**Tritiya Until 10:17PM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada\*Adi**

**Sunrise:** 4:28AM  
**Sunset:** 7:06PM

**Devaloka Day**

Family Home Evening  
Creative Work    Siddha Yoga  
Until 10:32PM  
Then Routine Work - Marana Yoga

**3**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Portland, ME  
Sun 3    Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 23.41    Titli 19

414342362

**Gulika** 11:47AM - 1:36PM  
Yama 8:08AM - 9:57AM  
**Rahu** 3:26PM - 5:15PM

**Purvaproshtapada\* Until 12:57AM We**  
Athiganda\* Until 4:14AM Wed  
Bava Until 11:11AM  
**Chaturthi\* Until 11:56PM**

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada\*Adi**

**Sunrise:** 4:29AM  
**Sunset:** 7:04PM

**Devaloka Day**

Routine Work    Marana Yoga  
Until 12:57AM Wed  
Then Creative Work - Siddha Yoga

**4**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, ME  
Sun 4    Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 5.55    Titli 20

414342362

**Gulika** 9:57AM - 11:47AM  
Yama 6:19AM - 8:08AM  
**Rahu** 11:47AM - 1:36PM

**Uttaraproshtapada Until 2:43AM Thu**  
Sukarma Until 4:07AM Thu  
Kaulava Until 12:36PM  
**Panchami Until 1:06AM Thu**

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada\*Adi**

**Sunrise:** 4:30AM  
**Sunset:** 7:03PM

**Devaloka Day**

Creative Work    Siddha Yoga

**5**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME  
Sun 5    Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 18.22    Titli 21

414342362

**Gulika** 8:09AM - 9:58AM  
Yama 4:31AM - 6:20AM  
**Rahu** 1:35PM - 3:24PM

**Revati Until 3:46AM Fri**  
Dhriti Until 3:34AM Fri  
Gara Until 1:29PM  
**Shashthi\* Until 1:41AM Fri**

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada\*Adi**

**Sunrise:** 4:31AM  
**Sunset:** 7:02PM

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 3:46AM Fri  
Then Creative Work - Amrita Yoga

**6**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Vistil\* Bava Karana Saptamyam Titau

Portland, ME  
Sun 6    Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Mesha Rasi: 1.06    Titli 22

424342362

**Gulika** 6:21AM - 8:09AM  
Yama 3:24PM - 5:12PM  
**Rahu** 9:58AM - 11:46AM

**Ashvini Until 4:30AM Sat**  
Shula\* Until 2:28AM Sat  
Vistil Until 1:45PM  
**Saptami Until 1:37AM Sat**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada\*Adi**

**Sunrise:** 4:32AM  
**Sunset:** 7:01PM

**Sivaloka Day**

Creative Work    Amrita Yoga  
Until 4:30AM Sat  
Then Creative Work - Siddha Yoga

**Retreat Star**

**Saturday, August 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME  
Sun 7    Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 14.09    Titli 23

424342362

**Gulika** 4:33AM - 6:22AM  
Yama 1:35PM - 3:23PM  
**Rahu** 8:10AM - 9:58AM

**Bharani Until 4:24AM Sun**  
Ganda\* Until 12:50AM Sun  
Balava Until 1:21PM  
**Ashtami\* Until 12:53AM Sun**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada\*Adi**

**Sunrise:** 4:33AM  
**Sunset:** 6:59PM

**Sivaloka Day**

Creative Work    Siddha Yoga

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME  
Sun 8    Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 27.34    Titli 24

424342362

**Gulika** 3:22PM - 5:10PM  
Yama 11:46AM - 1:34PM  
**Rahu** 5:10PM - 6:58PM

**Krittika Until 3:29AM Mon**  
Vriddhi Until 10:41PM  
Taitila Until 12:16PM  
**Navami\* Until 11:28PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada\*Adi**

**Sunrise:** 4:34AM  
**Sunset:** 6:58PM

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 3:29AM Mon  
Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, ME Sun 9 Sutra 113 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:34PM – 3:22PM	<b>Rohini Until 2:13AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:35AM
Vrishabha Rasi: 11.22	Tithi 25	<b>Yama</b> 9:58AM – 11:46AM	<b>Dhruva Until 7:57PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:57PM
<b>Family Home Evening</b>	434342362	<b>Rahu</b> 6:23AM – 8:11AM	<b>Vanija Until 10:31AM</b>	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			<b>Dashami Until 9:24PM</b>	<b>Moon – Yellow</b>
Until 2:13AM Tue				<b>Ashada-Adi</b>
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 10 Sutra 114 Vilamba 5120
<b>2</b>		<b>Gulika</b> 11:46AM – 1:33PM	<b>Mrigashira Until 12:16AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:37AM
Vrishabha Rasi: 25.35	Tithi 26	<b>Yama</b> 8:11AM – 9:59AM	<b>Vyaghata* Until 4:47PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:56PM
	434342362	<b>Rahu</b> 3:21PM – 5:08PM	<b>Bava Until 8:10AM</b>	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			<b>Ekadashi* Until 6:46PM</b>	<b>Moon – Yellow</b>
				<b>Ashada-Adi</b>
				<b>Devaloka Day</b>

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 11 Sutra 115 Vilamba 5120
<b>3</b>		<b>Gulika</b> 9:59AM – 11:46AM	<b>Ardra Until 9:45PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:38AM
Mithuna Rasi: 10.1	Tithi 27 – 28	<b>Yama</b> 6:25AM – 8:12AM	<b>Harshana Until 1:13PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:54PM
	434342362	<b>Rahu</b> 11:46AM – 1:33PM	<b>Gara Until 2:00AM Thu</b>	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			<b>Dvadashi* Until 3:40PM</b>	<b>Moon – Yellow</b>
				<b>Ashada-Adi</b>
				<b>Devaloka Day</b>
				<i>Pradosha Vrata (Fasting)</i>

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 12 Sutra 116 Vilamba 5120
<b>4</b>		<b>Gulika</b> 8:12AM – 9:59AM	<b>Punarvasu Until 7:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:39AM
Mithuna Rasi: 25.03	Tithi 28 – 29	<b>Yama</b> 4:39AM – 6:25AM	<b>Vajra* Until 9:21AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:53PM
	444342362	<b>Rahu</b> 1:33PM – 3:19PM	<b>Visti Until 10:28PM</b>	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			<b>Trayodashi* Until 12:14PM</b>	<b>Moon – Blue</b>
				<b>Ashada-Adi</b>
				<b>Devaloka Day</b>

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 13 Sutra 117 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:26AM – 8:13AM	<b>Pushya Until 4:22PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:40AM
Kataka Rasi: 10.07	Tithi 29 – 30	<b>Yama</b> 3:19PM – 5:05PM	<b>Vyatipata* Until 1:12AM Sat</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:51PM
	444342362	<b>Rahu</b> 9:59AM – 11:46AM	<b>Catuspada Until 6:48PM</b>	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			<b>Chaturdashi* Until 8:37AM</b>	<b>Moon – Blue</b>
				<b>Ashada-Adi</b>
				<b>Devaloka Day</b>

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 14 Sutra 118 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 4:41AM – 6:27AM	<b>Ashlesha* Until 1:25PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:41AM
Kataka Rasi: 25.14	Tithi 1	<b>Yama</b> 1:32PM – 3:18PM	<b>Variyan Until 9:10PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:50PM
	445342362	<b>Rahu</b> 8:13AM – 9:59AM	<b>Kintughna Until 3:10PM</b>	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			<b>Prathama* Until 1:24AM Sun</b>	<b>Moon – Blue</b>
Until 1:25PM		<b>Partial Solar Eclipse</b>		<b>Sravana-Adi</b>
Then Creative Work - Amrita Yoga				<b>Sivaloka Day</b>

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.16	Tithi 2	<b>Gulika</b> 3:17PM – 5:03PM	<b>Magha* Until 10:56AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM	
		Yama 11:45AM – 1:31PM	Parigha* Until 5:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 5:03PM – 6:49PM	Balava Until 11:44AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 10:07PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:56AM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trityayam Titau				Portland, ME Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.03	Tithi 3	<b>Gulika</b> 1:31PM – 3:16PM	<b>Purvaphalguni Until 8:38AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	
Family Home Evening		Yama 10:00AM – 11:45AM	Shiva Until 1:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 6:29AM – 8:14AM	Taitila Until 8:39AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:16PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Portland, ME Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 9.29	Tithi 4 – 5	<b>Gulika</b> 11:45AM – 1:30PM	<b>Uttaraphalguni Until 6:42AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	
		Yama 8:15AM – 10:00AM	Siddha Until 10:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 3:15PM – 5:00PM	Vanija Until 6:03AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 4:58PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 6:42AM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, ME Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 23.3	Tithi 5 – 6	<b>Gulika</b> 10:00AM – 11:45AM	<b>Chitra Until 5:17AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:45AM	
		Yama 6:30AM – 8:15AM	Sadhya Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 11:45AM – 1:30PM	Kaulava Until 2:52AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 5:17AM Thu		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Portland, ME Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.04	Tithi 6 – 7	<b>Gulika</b> 8:15AM – 10:00AM	<b>Svati Until 5:30AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM	
		Yama 4:46AM – 6:31AM	Subha Until 6:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 1:29PM – 3:14PM	Gara Until 2:26AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 2:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 5:30AM Fri				<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Portland, ME Sun 20 Sutra 124 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:32AM – 8:16AM	<b>Vishakha Until 6:49AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM	
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:13PM – 4:57PM	Brahma Until 4:21AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
	575342362	<b>Rahu</b> 10:00AM – 11:44AM	Visiti Until 2:50AM Sat	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 2:31PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, ME Sun 21 Sutra 125 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 4:49AM – 6:33AM	<b>Vishakha Until 6:49AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:49AM	
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:28PM – 3:12PM	Indra Until 4:18AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
	575342362	<b>Rahu</b> 8:16AM – 10:00AM	Balava Until 3:58AM Sun	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>	<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME Sun 22 Sutra 126 Vilamba 5120
	Vrischika Rasi: 15.17	Tithi 9 – 10	Gulika 3:11PM – 4:54PM	Yama 11:44AM – 1:27PM	Anuradha Until 8:42AM Vaidhriti* Until 4:42AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 4:50AM Sunset: 6:38PM Moon 7 - Phase 18 4th Phase
	575442362		Rahu 4:54PM – 6:38PM			Navami* Until 4:45PM	Sivaloka Day
	Routine Work Marana Yoga						


<b>2</b>	<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau				Portland, ME Sun 23 Sutra 127 Vilamba 5120
	Vrischika Rasi: 27.25	Tithi 10	Gulika 1:27PM – 3:10PM	Yama 10:00AM – 11:44AM	Jyeshtha* Until 11:00AM Vishkambha* Until 5:29AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 4:51AM Sunset: 6:36PM Moon 7 - Phase 18 4th Phase
	575442362		Rahu 6:34AM – 8:17AM			Dashami Until 6:47PM	Sivaloka Day
	Family Home Evening Creative Work Siddha Yoga						


<b>3</b>	<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME Sun 24 Sutra 128 Vilamba 5120
	Dhanus Rasi: 9.21	Tithi 11	Gulika 11:43AM – 1:26PM	Yama 8:18AM – 10:01AM	Mula* Until 2:02PM Priti Until 6:31AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 4:52AM Sunset: 6:35PM Moon 7 - Phase 18 4th Phase
	586442362		Rahu 3:09PM – 4:52PM			Vanija Until 7:58AM Ekadashi Until 9:11PM	Sivaloka Day
	Creative Work Amrita Yoga Until 2:02PM Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25 Sutra 129 Vilamba 5120
	Dhanus Rasi: 21.11	Tithi 12	Gulika 10:01AM – 11:43AM	Yama 6:36AM – 8:18AM	Purvashadha* Until 5:08PM Priti Until 6:31AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 4:53AM Sunset: 6:33PM Moon 7 - Phase 18 4th Phase
	586442362		Rahu 11:43AM – 1:26PM			Bava Until 10:29AM Dvadashi Until 11:46PM	Sivaloka Day
	Creative Work Amrita Yoga						

<b>5</b>	<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 130 Vilamba 5120
	Makara Rasi: 2.58	Tithi 13	Gulika 8:19AM – 10:01AM	Yama 4:54AM – 6:36AM	Uttarashadha Until 8:07PM Ayushman Until 7:35AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 4:54AM Sunset: 6:32PM Moon 7 - Phase 18 4th Phase
	586442362		Rahu 1:25PM – 3:07PM			Kaulava Until 1:06PM Trayodashi Until 2:22AM Fri	Sivaloka Day
	Routine Work Marana Yoga Until 8:07PM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>				

<b>6</b>	<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 131 Vilamba 5120
	Makara Rasi: 14.46	Tithi 14	Gulika 6:37AM – 8:19AM	Yama 3:06PM – 4:48PM	Shravana Until 11:19PM Saubhagya Until 8:39AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 4:55AM Sunset: 6:30PM Moon 7 - Phase 18 4th Phase
	596442362		Rahu 10:01AM – 11:43AM			Gara Until 3:38PM Chaturdashi* Until 4:49AM Sat	Subha Sivaloka Day
	Routine Work Marana Yoga Until 11:19PM Then Creative Work - Siddha Yoga		Chidambaram Abhishekam				

	<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sun 28 Sutra 132 Vilamba 5120
	<b>Copper Retreat Star</b>		Gulika 4:56AM – 6:38AM	Dhanishtha Until 2:07AM Sun		Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 4:56AM Sunset: 6:28PM Moon 7 - Phase 18 Purnima
	Makara Rasi: 26.38	Tithi 15	Yama 1:24PM – 3:05PM	Sobhana Until 9:36AM Visti Until 5:58PM		Subha Sivaloka Day	
	596442362		Rahu 8:19AM – 10:01AM	Purnima* Until 6:59AM Sun			

	<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 29 Sutra 133 Vilamba 5120
	<b>Silver Retreat Star</b>		Gulika 3:04PM – 4:45PM	Shatabhishak Until 4:25AM Mon		Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 4:58AM Sunset: 6:27PM Moon 7 - Phase 18 Prathama
	Kumbha Rasi: 9	Tithi 15 – 16	Yama 11:42AM – 1:23PM	Athiganda* Until 10:17AM Balava Until 7:58PM		Subha Sivaloka Day	
	596442362		Rahu 4:45PM – 6:27PM	Purnima* Until 6:59AM			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 27, 2018**  
**Gold Retreat Star**

Kumbha Rasi: 20.43 Tithi 16 – 17  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 6:39AM Tue  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
**Gulika** 1:23PM – 3:03PM  
Yama 10:01AM – 11:42AM  
**Rahu** 6:39AM – 8:20AM

Portland, ME  
Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Purvaprosarthapada\* Until 6:39AM Tue**  
Sukarma Until 10:43AM  
Taitila Until 9:35PM  
**Prathama\* Until 8:48AM**

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Purple  
Moon – Clear  
**Sivaloka Day**

*Sunrise:* 4:59AM  
*Sunset:* 6:25PM

**Sravana-Avani**

**1 Tuesday, August 28, 2018**

Meena Rasi: 2.59 Tithi 17 – 18  
Routine Work Marana Yoga  
Until 6:39AM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 11:41AM – 1:22PM  
Yama 8:21AM – 10:01AM  
**Rahu** 3:02PM – 4:43PM

Portland, ME  
Sun 1  
Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Purvaprosarthapada\* Until 6:39AM**  
Dhriti Until 10:50AM  
Vanija Until 10:46PM  
**Dvitiya Until 10:12AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – Clear  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

*Sunrise:* 5:00AM  
*Sunset:* 6:23PM

**Sravana-Avani**

**2 Wednesday, August 29, 2018**

Meena Rasi: 15.27 Tithi 18 – 19  
Creative Work Siddha Yoga  
Until 8:18AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 10:01AM – 11:41AM  
Yama 6:41AM – 8:21AM  
**Rahu** 11:41AM – 1:21PM

Portland, ME  
Sun 2  
Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Uttaraprosarthapada Until 8:18AM**  
Shula\* Until 10:34AM  
Bava Until 11:30PM  
**Tritiya Until 11:10AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – Clear  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

*Sunrise:* 5:01AM  
*Sunset:* 6:21PM

**Sravana-Avani**

**3 Thursday, August 30, 2018**

Meena Rasi: 28.07 Tithi 19 – 20  
Creative Work Siddha Yoga  
Until 9:21AM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 8:21AM – 10:01AM  
Yama 5:02AM – 6:42AM  
**Rahu** 1:21PM – 3:00PM

Portland, ME  
Sun 3  
Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Revati Until 9:21AM**  
Ganda\* Until 9:58AM  
Kaulava Until 11:47PM  
**Chaturthi\* Until 11:41AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – Clear  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

*Sunrise:* 5:02AM  
*Sunset:* 6:20PM

**Sravana-Avani**

**4 Friday, August 31, 2018**

Mesha Rasi: 11.01 Tithi 20 – 21  
Creative Work Amrita Yoga  
Until 10:16AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 6:42AM – 8:22AM  
Yama 2:59PM – 4:39PM  
**Rahu** 10:01AM – 11:41AM

Portland, ME  
Sun 4  
Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Ashvini Until 10:16AM**  
Vridhi Until 9:01AM  
Gara Until 11:35PM  
**Panchami Until 11:43AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – White  
**Bhuloka Day**

*Sunrise:* 5:03AM  
*Sunset:* 6:18PM

**Sravana-Avani**

**5 Saturday, September 1, 2018**

Mesha Rasi: 24.08 Tithi 21 – 22  
Creative Work Siddha Yoga  
Until 10:32AM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 5:04AM – 6:43AM  
Yama 1:19PM – 2:58PM  
**Rahu** 8:22AM – 10:01AM

Portland, ME  
Sun 5  
Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

**Bharani Until 10:32AM**  
Dhruva Until 7:40AM  
Visti Until 10:53PM  
**Shashthi\* Until 11:17AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – White  
**Bhuloka Day**

*Sunrise:* 5:04AM  
*Sunset:* 6:16PM

**Sravana-Avani**

**Retreat Star Sunday, September 2, 2018**

Vrisabha Rasi: 7.32 Tithi 22 – 23  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 2:57PM – 4:36PM  
Yama 11:40AM – 1:19PM  
**Rahu** 4:36PM – 6:15PM

Portland, ME  
Sun 6  
Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami

**Krittika Until 10:11AM**  
Harshana Until 3:47AM Mon  
Balava Until 9:41PM  
**Saptami Until 10:20AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – White  
**Bhuloka Day**

*Sunrise:* 5:05AM  
*Sunset:* 6:15PM

**Sravana-Avani**

**Retreat Star Monday, September 3, 2018**

Vrisabha Rasi: 21.14 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 1:18PM – 2:56PM  
Yama 10:01AM – 11:40AM  
**Rahu** 6:45AM – 8:23AM

Portland, ME  
Sun 7  
Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Navami

**Rohini Until 9:36AM**  
Vajra\* Until 1:12AM Tue  
Taitila Until 8:00PM  
**Ashtami\* Until 8:53AM**

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – Yellow  
**Devaloka Day**

*Sunrise:* 5:06AM  
*Sunset:* 6:13PM

**Sravana-Avani**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Tuesday, September 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visi* Karana Navami/Dashamyam Titau		Portland, ME Sun 8 Sutra 142 Vilamba 5120
Mithuna Rasi: 5.14	Tithi 24 – 25	<b>Gulika</b> 11:39AM – 1:17PM	<b>Mrigashira</b> Until 8:24AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:08AM	
		Yama 8:23AM – 10:01AM	Siddhi Until 10:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20
	538452363	<b>Rahu</b> 2:55PM – 4:33PM	Visti Until 4:33AM Wed	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:57AM	Moon – Yellow		<b>Devaloka Day</b>
Until 8:24AM				<b>Sravana-Avani</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 9 Sutra 143 Vilamba 5120
Mithuna Rasi: 19.32	Tithi 26	<b>Gulika</b> 10:01AM – 11:39AM	<b>Ardra</b> Until 6:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:09AM	
		Yama 6:46AM – 8:24AM	Vyatipata* Until 7:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 20
	538452363	<b>Rahu</b> 11:39AM – 1:17PM	Bava Until 3:13PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:46AM Thu	Moon – Yellow		<b>Devaloka Day</b>
				<b>Sravana-Avani</b>		

<b>3</b>		<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, ME Sun 10 Sutra 144 Vilamba 5120
Kataka Rasi: 4.06	Tithi 27	<b>Gulika</b> 8:24AM – 10:01AM	<b>Pushya</b> Until 2:24AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM	
		Yama 5:10AM – 6:47AM	Variyan Until 3:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 20
	548452363	<b>Rahu</b> 1:16PM – 2:53PM	Kaulava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 10:42PM	Moon – Blue		<b>Bhuloka Day</b>
Until 2:24AM Fri				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME Sun 11 Sutra 145 Vilamba 5120
Kataka Rasi: 18.52	Tithi 28	<b>Gulika</b> 6:48AM – 8:25AM	<b>Ashlesha*</b> Until 11:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM	
		Yama 2:52PM – 4:29PM	Parigha* Until 11:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 20
	548452363	<b>Rahu</b> 10:01AM – 11:38AM	Gara Until 9:07AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 7:28PM	Moon – Blue		<b>Bhuloka Day</b>
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 12 Sutra 146 Vilamba 5120
Simha Rasi: 3.44	Tithi 29 – 30	<b>Gulika</b> 5:12AM – 6:48AM	<b>Magha*</b> Until 9:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:12AM	
		Yama 1:14PM – 2:51PM	Shiva Until 7:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20
	558452363	<b>Rahu</b> 8:25AM – 10:01AM	Catuspada Until 2:35AM Sun	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:11PM	Moon – Red		<b>Bhuloka Day</b>
Until 9:28PM				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, ME Sun 13 Sutra 147 Vilamba 5120
Simha Rasi: 18.35	Tithi 30 – 1	<b>Gulika</b> 2:50PM – 4:26PM	<b>Purvaphalguni</b> Until 7:08PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:13AM	
		Yama 11:38AM – 1:14PM	Sadhya Until 12:32AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	558452363	<b>Rahu</b> 4:26PM – 6:02PM	Kintughna Until 11:31PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 1:00PM	Moon – Red		<b>Bhuloka Day</b>
Until 7:08PM				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Monday, September 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 14 Sutra 148 Vilamba 5120
Kanya Rasi: 3.16	Tithi 1 – 2	<b>Gulika</b> 1:13PM – 2:49PM	<b>Uttaraphalguni</b> Until 4:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM	
<b>Family Home Evening</b>		Yama 10:01AM – 11:37AM	Subha Until 9:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 20
	559452363	<b>Rahu</b> 6:50AM – 8:26AM	Balava Until 8:46PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:04AM	Moon – Red		<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Portland, ME Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 17.41	Tithi 2 – 3	<b>Gulika</b> 11:37AM – 1:12PM	<b>Hasta</b> <b>Until 3:33PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:15AM	
			Yama 8:26AM – 10:01AM	Sukla <b>Until 6:17PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 2:48PM – 4:23PM		Taitila <b>Until 6:31PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 7:34AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturtham Titau				Portland, ME Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 1.44	Tithi 4	<b>Gulika</b> 10:01AM – 11:37AM	<b>Chitra</b> <b>Until 2:35PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM	
			Yama 6:51AM – 8:26AM	Brahma <b>Until 3:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 11:37AM – 1:12PM		Vanija <b>Until 4:54PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> <b>Until 4:21AM Thu</b>	Moon – Green		<b>Bhuloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 15.21	Tithi 5	<b>Gulika</b> 8:27AM – 10:01AM	<b>Svati</b> <b>Until 2:12PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:17AM	
			Yama 5:17AM – 6:52AM	Indra <b>Until 2:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 21
	569552363	<b>Rahu</b> 1:11PM – 2:46PM		Bava <b>Until 4:02PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 3:53AM Fri</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 2:12PM				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 28.32	Tithi 6	<b>Gulika</b> 6:53AM – 8:27AM	<b>Vishakha</b> <b>Until 2:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:19AM	
			Yama 2:44PM – 4:19PM	Vaidhriti* <b>Until 12:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 10:02AM – 11:36AM		Kaulava <b>Until 3:59PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 4:15AM Sat</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Portland, ME Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 11.17	Tithi 7	<b>Gulika</b> 5:20AM – 6:54AM	<b>Anuradha</b> <b>Until 4:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM	
			Yama 1:09PM – 2:43PM	Vishkambha* <b>Until 12:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 8:28AM – 10:02AM		Gara <b>Until 4:46PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 5:25AM Sun</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau				Portland, ME Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:42PM – 4:16PM	<b>Jyeshtha*</b> <b>Until 6:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:21AM	
	Vrischika Rasi: 23.41	Tithi 8	Yama 11:35AM – 1:09PM	Priti <b>Until 12:27PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 4:16PM – 5:49PM		Visti <b>Until 6:17PM</b>	<b>Nataraja:</b> Purple		Ashtami
Routine Work	Marana Yoga		<b>Ashtami*</b> <b>Until 7:16AM Mon</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 6:14PM				<b>Bhadrapada-Puratasi</b>			
Then Creative Work - Amrita Yoga							

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, ME Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:08PM – 2:41PM	<b>Mula*</b> <b>Until 9:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	
	Dhanus Rasi: 5.49	Tithi 8 – 9	Yama 10:02AM – 11:35AM	Ayushman <b>Until 12:59PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 21
	589552363	<b>Rahu</b> 6:55AM – 8:28AM		Balava <b>Until 8:24PM</b>	<b>Nataraja:</b> Purple		Navami
Family Home Evening	Siddha Yoga		<b>Ashtami*</b> <b>Until 7:16AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Creative Work				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	
Until 9:04PM							
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, ME Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 17.44	Tithi 9 – 10	<b>Gulika</b> 11:34AM – 1:07PM	<b>Purvashadha* Until 12:06AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM	
		Yama 8:29AM – 10:02AM	Saubhagya Until 1:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 8 - Phase 22
	581552363	<b>Rahu</b> 2:40PM – 4:13PM	Taitila Until 10:54PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:36AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 12:06AM Wed				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, ME Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 29.34	Tithi 10 – 11	<b>Gulika</b> 10:02AM – 11:34AM	<b>Uttarashadha Until 3:04AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:24AM	
		Yama 6:57AM – 8:29AM	Sobhana Until 2:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 8 - Phase 22
	581552363	<b>Rahu</b> 11:34AM – 1:07PM	Vanija Until 1:32AM Thu	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 12:12PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 3:04AM Thu				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 11.21	Tithi 11 – 12	<b>Gulika</b> 8:29AM – 10:02AM	<b>Shravana Until 6:16AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:25AM	
		Yama 5:25AM – 6:57AM	Athiganda* Until 3:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 1:06PM – 2:38PM	Bava Until 4:04AM Fri	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 2:48PM</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>		

<b>4</b>		<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 23.11	Tithi 12 – 13	<b>Gulika</b> 6:58AM – 8:30AM	<b>Shravana Until 6:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:26AM	
		Yama 2:37PM – 4:09PM	Sukarma Until 4:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 10:02AM – 11:33AM	Kaulava Until 6:19AM Sat	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 5:13PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 6:16AM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

*Pradosha Vrata*

<b>5</b>		<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Portland, ME Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 5.08	Tithi 13	<b>Gulika</b> 5:27AM – 6:59AM	<b>Dhanishtha Until 9:01AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:27AM	
		Yama 1:04PM – 2:36PM	Dhriti Until 5:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 8:30AM – 10:02AM	Kaulava Until 6:19AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:16PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 9:01AM		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga		<b>Kadaitswami Mahasamadhi</b>				

<b>6</b>		<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, ME Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 17.16	Tithi 14	<b>Gulika</b> 2:35PM – 4:06PM	<b>Shatabhishak Until 11:11AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:29AM	
		Yama 11:33AM – 1:04PM	Shula* Until 5:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 4:06PM – 5:37PM	Gara Until 8:09AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:51PM</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>		

<b>○</b>		<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttarproarthapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau		Portland, ME Sun 27 Sutra 162 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:03PM – 2:34PM	<b>Purvaprosarthapada* Until 1:11PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:30AM	
Kumbha Rasi: 29.35	Tithi 15	Yama 10:02AM – 11:32AM	Ganda* Until 5:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 8 - Phase 22
<b>Family Home Evening</b>	511552363	<b>Rahu</b> 7:00AM – 8:31AM	Visti Until 9:28AM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 9:55PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 1:11PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>○</b>		<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarproarthapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, ME Sun 27 Sutra 163 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:32AM – 1:02PM	<b>Uttarproarthapada Until 2:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:31AM	
Meena Rasi: 12.08	Tithi 16	Yama 8:31AM – 10:02AM	Vridhi Until 5:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 8 - Phase 22
	511552363	<b>Rahu</b> 2:32PM – 4:03PM	Balava Until 10:16AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 10:28PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 2:31PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Meena Rasi: 24.55 Tithi 17

511552363

Routine Work Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 10:02AM - 11:32AM Revati Until 3:14PM
Yama 7:02AM - 8:32AM Dhruva Until 4:06PM
Rahu 11:32AM - 1:01PM Taitila Until 10:35AM
Dvitiya Until 10:33PM

Portland, ME Sun 1 Sutra 164 Vilamba 5120
Moon 9 - Phase 23 1st Phase
Ganesha: Purple Sunrise: 5:32AM
Muruga: Purple Sunset: 5:31PM
Nataraja: Purple
Moon - Clear Devaloka Day
Bhadrapada-Puratasi

1

Thursday, September 27, 2018

Mesha Rasi: 7.56 Tithi 18

621552363

Creative Work Amrita Yoga
Until 3:50PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau
Gulika 8:32AM - 10:02AM Ashvini Until 3:50PM
Yama 5:33AM - 7:03AM Vyaghata\* Until 2:51PM
Rahu 1:01PM - 2:30PM Vanija Until 10:28AM
Tritiya Until 10:14PM

Portland, ME Sun 2 Sutra 165 Vilamba 5120
Moon 9 - Phase 23 1st Phase
Ganesha: Purple Sunrise: 5:33AM
Muruga: Purple Sunset: 5:29PM
Nataraja: Purple
Moon - White Devaloka Day
Bhadrapada-Puratasi

2

Friday, September 28, 2018

Mesha Rasi: 21.08 Tithi 19

622552363

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 7:03AM - 8:33AM Bharani Until 3:55PM
Yama 2:29PM - 3:58PM Harshana Until 1:19PM
Rahu 10:02AM - 11:31AM Bava Until 9:57AM
Chaturthi\* Until 9:33PM

Portland, ME Sun 3 Sutra 166 Vilamba 5120
Moon 9 - Phase 23 1st Phase
Ganesha: Clear Sunrise: 5:34AM
Muruga: Purple Sunset: 5:28PM
Nataraja: Purple
Moon - White Bhuloka Day
Devaloka Time: 6:AM to 9:AM
Bhadrapada-Puratasi

3

Saturday, September 29, 2018

Virshabha Rasi: 4.32 Tithi 20

622552363

Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 5:35AM - 7:04AM Krittika Until 3:32PM
Yama 12:59PM - 2:28PM Vajra\* Until 11:29AM
Rahu 8:33AM - 10:02AM Kaulava Until 9:06AM
Panchami Until 8:33PM

Portland, ME Sun 4 Sutra 167 Vilamba 5120
Moon 9 - Phase 23 1st Phase
Ganesha: Clear Sunrise: 5:35AM
Muruga: Purple Sunset: 5:26PM
Nataraja: Purple
Moon - White Bhuloka Day
Devaloka Time: 6:AM to 9:AM
Bhadrapada-Puratasi

4

Sunday, September 30, 2018

Virshabha Rasi: 18.06 Tithi 21

632552363

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 2:27PM - 3:56PM Rohini Until 3:09PM
Yama 11:30AM - 12:59PM Siddhi Until 9:26AM
Rahu 3:56PM - 5:24PM Gara Until 7:57AM
Shashthi\* Until 7:15PM

Portland, ME Sun 5 Sutra 168 Vilamba 5120
Moon 9 - Phase 23 1st Phase
Ganesha: Purple Sunrise: 5:37AM
Muruga: Purple Sunset: 5:24PM
Nataraja: Purple
Moon - Yellow Bhuloka Day
Bhadrapada-Puratasi

5

Monday, October 1, 2018

Mithuna Rasi: 1.5 Tithi 22 - 23

Family Home Evening

632552363

Creative Work Amrita Yoga
Until 2:21PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata\*/Varyan Yoga Visti\*/Balava Karana Saplam/Ashlamyam Titau
Gulika 12:58PM - 2:26PM Mrigashira Until 2:21PM
Yama 10:02AM - 11:30AM Vyatipata\* Until 7:09AM
Rahu 7:06AM - 8:34AM Visti Until 6:31AM
Saptami Until 5:40PM

Portland, ME Sun 6 Sutra 169 Vilamba 5120
Moon 9 - Phase 23 1st Phase
Ganesha: Purple Sunrise: 5:38AM
Muruga: Purple Sunset: 5:22PM
Nataraja: Purple
Moon - Yellow Bhuloka Day
Bhadrapada-Puratasi

D

Tuesday, October 2, 2018

Retreat Star

Mithuna Rasi: 15.45 Tithi 23 - 24

632552363

Routine Work Marana Yoga
Until 1:07PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 11:30AM - 12:57PM Ardra Until 1:07PM
Yama 8:34AM - 10:02AM Parigha\* Until 1:54AM Wed
Rahu 2:25PM - 3:53PM Taitila Until 2:49AM Wed
Ashtami\* Until 3:49PM

Portland, ME Sun 7 Sutra 170 Vilamba 5120
Moon 9 - Phase 23 Ashtami
Ganesha: Purple Sunrise: 5:39AM
Muruga: Purple Sunset: 5:20PM
Nataraja: Purple
Moon - Yellow Bhuloka Day
Bhadrapada-Puratasi

Wednesday, October 3, 2018

Retreat Star

Mithuna Rasi: 29.5 Tithi 24 - 25

642552363

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Gulika 10:02AM - 11:29AM Punarvasu Until 11:54AM
Yama 7:07AM - 8:35AM Shiva Until 10:58PM
Rahu 11:29AM - 12:57PM Vanija Until 12:35AM Thu
Navami\* Until 1:42PM

Portland, ME Sun 8 Sutra 171 Vilamba 5120
Moon 9 - Phase 23 Navami
Ganesha: Clear Sunrise: 5:40AM
Muruga: Purple Sunset: 5:19PM
Nataraja: Purple
Moon - Blue Bhuloka Day
Devaloka Time: 6:AM to 9:AM
Bhadrapada-Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 9 Sutra 172 Vilamba 5120
Kataka Rasi: 14.04	Tithi 25 – 26	<b>Gulika</b> 8:35AM – 10:02AM	<b>Pushya</b> <b>Until 10:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:41AM	
		Yama 5:41AM – 7:08AM	Siddha <b>Until 7:50PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 12:56PM – 2:23PM	Bava <b>Until 10:08PM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 11:21AM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 10:19AM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 10 Sutra 173 Vilamba 5120
Kataka Rasi: 28.28	Tithi 26 – 27	<b>Gulika</b> 7:09AM – 8:35AM	<b>Ashlesha*</b> <b>Until 8:24AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:42AM	
		Yama 2:22PM – 3:48PM	Sadhya <b>Until 4:36PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 24
	642552363	<b>Rahu</b> 10:02AM – 11:29AM	Kaulava <b>Until 7:32PM</b>	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 8:49AM</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 11 Sutra 174 Vilamba 5120
Simha Rasi: 12.55	Tithi 27 – 28	<b>Gulika</b> 5:43AM – 7:10AM	<b>Magha*</b> <b>Until 6:40AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	
		Yama 12:55PM – 2:21PM	Subha <b>Until 1:18PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 24
	652552363	<b>Rahu</b> 8:36AM – 10:02AM	Vanija <b>Until 3:33AM Sun</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 6:11AM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 6:40AM				<b>Bhadrapada•Puratasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 12 Sutra 175 Vilamba 5120
Simha Rasi: 27.23	Tithi 29	<b>Gulika</b> 2:20PM – 3:46PM	<b>Uttaraphalguni</b> <b>Until 2:53AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	
		Yama 11:28AM – 12:54PM	Sukla <b>Until 10:01AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 24
	652552364	<b>Rahu</b> 3:46PM – 5:12PM	Visti <b>Until 2:17PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> <b>Until 1:02AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>
Until 2:53AM Mon				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

		<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 13 Sutra 176 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:53PM – 2:19PM	<b>Hasta</b> <b>Until 1:32AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:46AM	
Kanya Rasi: 11.46	Tithi 30	Yama 10:02AM – 11:28AM	Brahma <b>Until 6:52AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 24
<b>Family Home Evening</b>		<b>Rahu</b> 7:11AM – 8:37AM	Catuspada <b>Until 11:52AM</b>	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 10:46PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>		

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 14 Sutra 177 Vilamba 5120
Kanya Rasi: 25.56	Tithi 1	<b>Gulika</b> 11:28AM – 12:53PM	<b>Chitra</b> <b>Until 12:28AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:47AM	
		Yama 8:37AM – 10:02AM	Vaidhriti* <b>Until 1:25AM Wed</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 24
	662652364	<b>Rahu</b> 2:18PM – 3:43PM	Kintughna <b>Until 9:48AM</b>	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 8:54PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>		

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 9.49	Tithi 2	<b>Gulika</b> 10:02AM – 11:27AM	<b>Svati</b> Until 11:49PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:48AM	
			Yama 7:13AM – 8:38AM	Vishkambha* Until 11:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 25
	662652364	<b>Rahu</b> 11:27AM – 12:52PM	Balava Until 8:12AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:36PM	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, ME Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 23.21	Tithi 3	<b>Gulika</b> 8:38AM – 10:03AM	<b>Vishakha</b> Until 12:08AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:49AM	
			Yama 5:49AM – 7:14AM	Priti Until 9:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 25
	672652364	<b>Rahu</b> 12:51PM – 2:16PM	Taitila Until 7:12AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 6:57PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Portland, ME Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 6.3	Tithi 4	<b>Gulika</b> 7:15AM – 8:39AM	<b>Anuradha</b> Until 1:03AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	
			Yama 2:15PM – 3:39PM	Ayushman Until 8:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 10:03AM – 11:27AM	Vanija Until 6:56AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi</b> Until 7:04PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 19.16	Tithi 5	<b>Gulika</b> 5:52AM – 7:15AM	<b>Jyeshtha*</b> Until 2:33AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	
			Yama 12:50PM – 2:14PM	Saubhagya Until 8:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 8:39AM – 10:03AM	Bava Until 7:27AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 7:58PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 2:33AM Sun				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 1.4	Tithi 6	<b>Gulika</b> 2:13PM – 3:36PM	<b>Mula*</b> Until 5:03AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	
			Yama 11:26AM – 12:50PM	Sobhana Until 8:41PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 3:36PM – 5:00PM	Kaulava Until 8:43AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 9:36PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:03AM Mon				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Portland, ME Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 13.47	Tithi 7	<b>Gulika</b> 12:49PM – 2:12PM	<b>Purvashadha*</b> Until 7:54AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM	
			Yama 10:03AM – 11:26AM	Athiganda* Until 9:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 7:17AM – 8:40AM	Gara Until 10:40AM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Saptami</b> Until 11:49PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 7:54AM Tue				<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, ME Sun 21 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 11:26AM – 12:48PM	<b>Purvashadha*</b> Until 7:54AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	
	Dhanus Rasi: 25.43	Tithi 8	Yama 8:41AM – 10:03AM	Sukarma Until 10:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 2:11PM – 3:34PM	Visti Until 1:05PM		<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 2:23AM Wed	Moon – Light Blue		<b>Devaloka Day</b>	
Until 7:54AM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Portland, ME Sun 22 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:03AM – 11:26AM	<b>Uttarashadha</b> Until 10:49AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	
	Makara Rasi: 7.32	Tithi 9	Yama 7:19AM – 8:41AM	Dhriti Until 11:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 11:26AM – 12:48PM	Balava Until 3:44PM		<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 5:02AM Thu	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:49AM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Purasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila Karana Dashamyam Titau		Portland, ME Sun 23 Sutra 186 Vilamba 5120	
Makara Rasi: 19.2	Tithi 10	<b>Gulika</b> 8:42AM – 10:04AM	<b>Shravana Until 2:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:58AM		
		Yama 5:58AM – 7:20AM	Shula* Until 12:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 9 - Phase 26	
	693652364	<b>Rahu</b> 12:47PM – 2:09PM	Taitila Until 6:20PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			Moon – Purple			<b>Bhuloka Day</b>
		Vijaya Dasami	<b>Dashami Until 7:30AM Fri</b>	<b>Ashvina•Aipasi</b>			Devaloka Time: 6:PM to 9:PM

<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, ME Sun 24 Sutra 187 Vilamba 5120	
Kumbha Rasi: 1.13	Tithi 10 – 11	<b>Gulika</b> 7:21AM – 8:42AM	<b>Dhanishtha Until 4:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:59AM		
		Yama 2:08PM – 3:30PM	Ganda* Until 12:52AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM	Moon 9 - Phase 26	
	693652364	<b>Rahu</b> 10:04AM – 11:25AM	Vanija Until 8:37PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			Moon – Purple			<b>Bhuloka Day</b>
			<b>Dashami Until 7:30AM</b>	<b>Ashvina•Aipasi</b>			Devaloka Time: 6:PM to 9:PM

<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 25 Sutra 188 Vilamba 5120	
Kumbha Rasi: 13.14	Tithi 11 – 12	<b>Gulika</b> 6:00AM – 7:22AM	<b>Shatabhishak Until 7:09PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:00AM		
		Yama 12:46PM – 2:07PM	Vriddhi Until 1:09AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 9 - Phase 26	
	693652364	<b>Rahu</b> 8:43AM – 10:04AM	Bava Until 10:25PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga			Moon – Purple			<b>Bhuloka Day</b>
Until 7:09PM			<b>Ekadashi Until 9:34AM</b>	<b>Ashvina•Aipasi</b>			Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 26 Sutra 189 Vilamba 5120	
Kumbha Rasi: 25.28	Tithi 12 – 13	<b>Gulika</b> 2:07PM – 3:27PM	<b>Purvaproshtapada* Until 9:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM		
		Yama 11:25AM – 12:46PM	Dhruva Until 12:56AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 9 - Phase 26	
	613652364	<b>Rahu</b> 3:27PM – 4:48PM	Kaulava Until 11:36PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			Moon – Clear			<b>Bhuloka Day</b>
Until 9:07PM			<b>Dvadashi Until 11:04AM</b>	<b>Ashvina•Aipasi</b>			Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 27 Sutra 190 Vilamba 5120	
Meena Rasi: 7.59	Tithi 13 – 14	<b>Gulika</b> 12:45PM – 2:06PM	<b>Uttaraproshtapada Until 10:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM		
<b>Family Home Evening</b>		Yama 10:04AM – 11:25AM	Vyaghata* Until 12:14AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 9 - Phase 26	
	613652364	<b>Rahu</b> 7:23AM – 8:44AM	Gara Until 12:08AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			Moon – Clear			<b>Bhuloka Day</b>
			<b>Trayodashi Until 11:56AM</b>	<b>Ashvina•Aipasi</b>			Devaloka Time: 6:PM to 9:PM

		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, ME Sutra 191 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:25AM – 12:45PM	<b>Revati Until 10:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM		
Meena Rasi: 20.47	Tithi 14 – 15	Yama 8:44AM – 10:04AM	Harshana Until 11:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Moon 9 - Phase 26	
	613652364	<b>Rahu</b> 2:05PM – 3:25PM	Visti Until 12:04AM Wed	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga			Moon – Clear			<b>Bhuloka Day</b>
			<b>Chaturdashi* Until 12:09PM</b>	<b>Ashvina•Aipasi</b>			Devaloka Time: 6:PM to 9:PM

<b>Wednesday, October 24, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, ME Sutra 192 Vilamba 5120	
Mesha Rasi: 3.54	Tithi 15 – 16	<b>Gulika</b> 10:05AM – 11:24AM	<b>Ashvini Until 10:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:05AM		
		Yama 7:25AM – 8:45AM	Vajra* Until 9:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:44PM	Moon 9 - Phase 26	
	623652364	<b>Rahu</b> 11:24AM – 12:44PM	Balava Until 11:26PM	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga			Moon – White			<b>Devaloka Day</b>
Until 10:56PM			<b>Purnima* Until 11:47AM</b>	<b>Ashvina•Aipasi</b>			
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, ME

Sutra 193

Mesha Rasi: 17.17 Tithi 16 - 17

623652364

**Gulika** 8:45AM - 10:05AM  
Yama 6:07AM - 7:26AM  
**Rahu** 12:44PM - 2:03PM

**Bharani** Until 10:32PM  
Siddhi Until 7:27PM  
Taitila Until 10:21PM  
**Prathama\*** Until 10:56AM

**Ganesha:** Clear *Sunrise: 6:07AM*  
**Muruqa:** Purple *Sunset: 4:42PM*  
**Nataraja:** Clear  
Moon - White

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, ME

Sutra 194

Vrishabha Rasi: 0.55 Tithi 17 - 18

624652364

**Gulika** 7:27AM - 8:46AM  
Yama 2:02PM - 3:22PM  
**Rahu** 10:05AM - 11:24AM

**Krittika** Until 9:40PM  
Vyatipata\* Until 5:11PM  
Vanija Until 8:56PM  
**Dvitiya** Until 9:40AM

**Ganesha:** White *Sunrise: 6:08AM*  
**Muruqa:** Purple *Sunset: 4:41PM*  
**Nataraja:** Clear  
Moon - White

Moon 10 - Phase 27  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sutra 195

Vrishabha Rasi: 14.43 Tithi 18 - 19

634652364

**Gulika** 6:09AM - 7:28AM  
Yama 12:43PM - 2:02PM  
**Rahu** 8:47AM - 10:05AM

**Rohini** Until 8:50PM  
Variyan Until 2:42PM  
Bava Until 7:17PM  
**Tritiya** Until 8:07AM

**Ganesha:** Clear *Sunrise: 6:09AM*  
**Muruqa:** Purple *Sunset: 4:39PM*  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 8:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\*/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Portland, ME

Sutra 196

Vrishabha Rasi: 28.39 Tithi 19 - 20

634652364

**Gulika** 2:01PM - 3:19PM  
Yama 11:24AM - 12:43PM  
**Rahu** 3:19PM - 4:38PM

**Mrigashira** Until 7:44PM  
Parigha\* Until 12:06PM  
Taitila Until 4:31AM Mon  
**Chaturthi\*** Until 6:23AM

**Ganesha:** Clear *Sunrise: 6:10AM*  
**Muruqa:** Purple *Sunset: 4:38PM*  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME

Sutra 197

Mithuna Rasi: 12.4 Tithi 21

634652364

**Gulika** 12:42PM - 2:00PM  
Yama 10:06AM - 11:24AM  
**Rahu** 7:30AM - 8:48AM

**Ardra** Until 6:23PM  
Shiva Until 9:25AM  
Gara Until 3:35PM  
**Shashthi\*** Until 2:36AM Tue

**Ganesha:** Clear *Sunrise: 6:12AM*  
**Muruqa:** Purple *Sunset: 4:36PM*  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Portland, ME

Sutra 198

Mithuna Rasi: 26.42 Tithi 22

644662364

**Gulika** 11:24AM - 12:42PM  
Yama 8:48AM - 10:06AM  
**Rahu** 1:59PM - 3:17PM

**Punarvasu** Until 5:17PM  
Siddha Until 6:40AM  
Visti Until 1:38PM  
**Saptami** Until 12:38AM Wed

**Ganesha:** Purple *Sunrise: 6:13AM*  
**Muruqa:** Clear *Sunset: 4:35PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME

Sutra 199

Kataka Rasi: 10.46 Tithi 23

644662364

**Gulika** 10:06AM - 11:24AM  
Yama 7:32AM - 8:49AM  
**Rahu** 11:24AM - 12:41PM

**Pushya** Until 4:01PM  
Subha Until 1:09AM Thu  
Balava Until 11:40AM  
**Ashtami\*** Until 10:39PM

**Ganesha:** Purple *Sunrise: 6:14AM*  
**Muruqa:** Clear *Sunset: 4:34PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
Ashtami

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME

Sutra 200

Kataka Rasi: 24.51 Tithi 24

644662364

**Gulika** 8:50AM - 10:07AM  
Yama 6:16AM - 7:33AM  
**Rahu** 12:41PM - 1:58PM

**Ashlesha\*** Until 2:36PM  
Sukla Until 10:21PM  
Taitila Until 9:41AM  
**Navami\*** Until 8:40PM

**Ganesha:** Purple *Sunrise: 6:16AM*  
**Muruqa:** Clear *Sunset: 4:32PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
Navami

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 2:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang


<b>1</b>	<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME
	Simha Rasi: 8.56	Tithi 25	654662364	<b>Gulika</b> 7:34AM – 8:50AM Yama 1:57PM – 3:14PM <b>Rahu</b> 10:07AM – 11:24AM	<b>Magha* Until 1:29PM</b> Brahma Until 7:34PM Vanija Until 7:42AM <b>Dashami Until 6:42PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 1:29PM Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME
	Simha Rasi: 23	Tithi 26 – 27	654762364	<b>Gulika</b> 6:18AM – 7:35AM Yama 12:40PM – 1:57PM <b>Rahu</b> 8:51AM – 10:07AM	<b>Purvaphalguni Until 12:14PM</b> Indra Until 4:51PM Kaulava Until 3:52AM Sun <b>Ekadashi* Until 4:46PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 12:14PM Then Routine Work - Marana Yoga							

<b>3</b>	<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME
	Kanya Rasi: 7.01	Tithi 27 – 28	654762364	<b>Gulika</b> 1:56PM – 3:12PM Yama 11:24AM – 12:40PM <b>Rahu</b> 3:12PM – 4:28PM	<b>Uttaraphalguni Until 10:57AM</b> Vaidhriti* Until 2:11PM Gara Until 2:07AM Mon <b>Dvadashi* Until 2:57PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>	<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME
	Kanya Rasi: 20.57	Tithi 28 – 29	664762364	<b>Gulika</b> 12:40PM – 1:55PM Yama 10:08AM – 11:24AM <b>Rahu</b> 7:37AM – 8:52AM	<b>Hasta Until 10:07AM</b> Vishkambha* Until 11:40AM Visti Until 12:37AM Tue <b>Trayodashi* Until 1:19PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 10:07AM Then Routine Work - Prabalarishta Yoga		<b>Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day</b>					

	<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME
	Tula Rasi: 4.43	Tithi 29 – 30	664762364	<b>Gulika</b> 11:24AM – 12:39PM Yama 8:53AM – 10:08AM <b>Rahu</b> 1:55PM – 3:10PM	<b>Chitra Until 9:24AM</b> Priti Until 9:24AM Catuspada Until 11:28PM <b>Chaturdashi* Until 11:58AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 Amavasya <b>Devaloka Day</b>
Creative Work Siddha Yoga							

	<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME
	Tula Rasi: 18.16	Tithi 30 – 1	765762364	<b>Gulika</b> 10:09AM – 11:24AM Yama 7:38AM – 8:54AM <b>Rahu</b> 11:24AM – 12:39PM	<b>Svati Until 8:56AM</b> Ayushman Until 7:25AM Kintughna Until 10:46PM <b>Amavasya* Until 11:02AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga		<b>Skanda Shasthi Begins</b>					

<b>1</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 14 Sutra 207 Vilamba 5120
Vrischika Rasi: 1.32	Tithi 1 – 2	<b>Gulika</b> 8:54AM – 10:09AM	<b>Vishakha</b> Until 9:16AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:25AM	
		Yama 6:25AM – 7:39AM	Sobhana Until 4:45AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 12:39PM – 1:54PM	Balava Until 10:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 10:37AM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Karttika-Aipasi</b>		

<b>2</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 14.31	Tithi 2 – 3	<b>Gulika</b> 7:40AM – 8:55AM	<b>Anuradha</b> Until 10:02AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:26AM	
		Yama 1:53PM – 3:08PM	Athiganda* Until 4:08AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:22PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 10:10AM – 11:24AM	Taitila Until 11:12PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 10:49AM</b>	Moon – Orange		<b>Sivaloka Day</b>
Until 10:02AM				<b>Karttika-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Portland, ME Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 27.09	Tithi 3 – 4	<b>Gulika</b> 6:27AM – 7:41AM	<b>Jyeshtha*</b> Until 11:18AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:27AM	
		Yama 12:38PM – 1:53PM	Sukarma Until 4:03AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:21PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 8:56AM – 10:10AM	Vanija Until 12:25AM Sun	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:42AM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Karttika-Aipasi</b>		

<b>4</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 9.3	Tithi 4 – 5	<b>Gulika</b> 1:52PM – 3:06PM	<b>Mula*</b> Until 1:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama 11:24AM – 12:38PM	Dhriti Until 4:28AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:20PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 3:06PM – 4:20PM	Bava Until 2:17AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 1:15PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Until 1:31PM				<b>Karttika-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Portland, ME Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 21.36	Tithi 5 – 6	<b>Gulika</b> 12:38PM – 1:52PM	<b>Purvashadha*</b> Until 4:08PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	
<b>Family Home Evening</b>		Yama 10:11AM – 11:24AM	Shula* Until 5:12AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:19PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 7:43AM – 8:57AM	Kaulava Until 4:38AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 3:23PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Karttika-Aipasi</b>		

<b>6</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 19 Sutra 212 Vilamba 5120
Makara Rasi: 3.31	Tithi 6 – 7	<b>Gulika</b> 11:25AM – 12:38PM	<b>Uttarashadha</b> Until 6:58PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	
		Yama 8:58AM – 10:11AM	Ganda* Until 6:10AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:18PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 1:51PM – 3:05PM	Gara Until 7:18AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Shashthi* Until 5:55PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Until 6:58PM		<b>Skanda Shasthi</b>		<b>Karttika-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 15.2	Tithi 7	<b>Gulika</b> 10:12AM – 11:25AM	<b>Shravana</b> Until 10:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	
		Yama 7:45AM – 8:59AM	Ganda* Until 6:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:17PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 11:25AM – 12:38PM	Gara Until 7:18AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 8:38PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Until 10:16PM				<b>Karttika-Aipasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 27.07	Tithi 8	<b>Gulika</b> 8:59AM – 10:12AM	<b>Dhanishtha</b> Until 1:18AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	
		Yama 6:34AM – 7:46AM	Vridhi Until 7:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:16PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 12:38PM – 1:51PM	Visti Until 9:59AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:13PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Karttika-Aipasi</b>		

<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 8.59	Tithi 9	<b>Gulika</b> 7:48AM – 9:00AM	<b>Shatabhishak</b> Until 3:47AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:35AM	
		Yama 1:50PM – 3:03PM	Dhruva Until 7:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 10:13AM – 11:25AM	Balava Until 12:25PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 1:27AM Sat</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Until 3:47AM Sat				<b>Karttika-Karttikai</b>		
Then Routine Work - Marana Yoga						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 21.02	Tithi 10	<b>Gulika</b> 6:36AM – 7:49AM	<b>Purvaprossthapada* Until 6:02AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:36AM			
		Yama 12:38PM – 1:50PM	Vyaghata* Until 8:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:14PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 9:01AM – 10:13AM	Taitila Until 2:23PM	<b>Nataraja:</b> White			4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 3:06AM Sun</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 6:02AM Sun								
Then Creative Work - Amrita Yoga								


<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 3.19	Tithi 11	<b>Gulika</b> 1:50PM – 3:02PM	<b>Purvaprossthapada* Until 6:02AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:38AM			
		Yama 11:26AM – 12:38PM	Harshana Until 8:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:14PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 3:02PM – 4:14PM	Vanija Until 3:41PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 4:02AM Mon</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 6:02AM								
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 15.54	Tithi 12	<b>Gulika</b> 12:37PM – 1:49PM	<b>Uttaraprossthapada Until 7:25AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:39AM			
<b>Family Home Evening</b>		Yama 10:14AM – 11:26AM	Vajra* Until 8:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:13PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 7:51AM – 9:02AM	Bava Until 4:15PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:13AM Tue</b>	Moon – Clear			<b>Devaloka Day</b>	

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 28.5	Tithi 13	<b>Gulika</b> 11:26AM – 12:37PM	<b>Revati Until 7:56AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:40AM			
		Yama 9:03AM – 10:14AM	Siddhi Until 6:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:12PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 1:49PM – 3:00PM	Kaulava Until 4:03PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 3:40AM Wed</b>	Moon – Clear			<b>Devaloka Day</b>	

*Pradosha Vrata*

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 12.1	Tithi 14	<b>Gulika</b> 10:15AM – 11:26AM	<b>Ashvini Until 8:03AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:41AM			
		Yama 7:53AM – 9:04AM	Variyan Until 3:01AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:11PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 11:26AM – 12:37PM	Gara Until 3:10PM	<b>Nataraja:</b> White			4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 2:28AM Thu</b>	Moon – White			<b>Bhuloka Day</b>	
Until 8:03AM							Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sun 28 Sutra 221 Vilamba 5120
Mesha Rasi: 25.51	Tithi 15	<b>Gulika</b> 9:05AM – 10:16AM	<b>Bharani Until 7:23AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:43AM			
		Yama 6:43AM – 7:54AM	Parigha* Until 12:25AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:10PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 12:37PM – 1:48PM	Visti Until 1:40PM	<b>Nataraja:</b> White			Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 12:43AM Fri</b>	Moon – White			<b>Bhuloka Day</b>	
Until 7:23AM							Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

<b>Friday, November 23, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME Sun 29 Sutra 222 Vilamba 5120
Vrishabha Rasi: 9.52	Tithi 16	<b>Gulika</b> 7:55AM – 9:05AM	<b>Krittika Until 6:05AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:44AM			
		Yama 1:48PM – 2:59PM	Shiva Until 9:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:10PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 10:16AM – 11:27AM	Balava Until 11:42AM	<b>Nataraja:</b> White			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 10:34PM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 6:05AM							Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		<b>Vinayaga Viratam Begins</b>						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, ME

Sutra 223

Vilamba 5120

Vrishabha Rasi: 24.06 Tithi 17

737762365

**Gulika** 6:45AM – 7:55AM  
**Yama** 12:38PM – 1:48PM  
**Rahu** 9:06AM – 10:17AM

**Mrigashira** Until 2:56AM Sun

Siddha Until 6:19PM

Taitila Until 9:25AM

**Dvitiya** Until 8:10PM

**Ganesha:** Red *Sunrise:* 6:45AM

**Muruqa:** Clear *Sunset:* 4:09PM

**Nataraja:** White

Moon – Yellow

**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 8.29 Tithi 18 – 19

737762365

**Gulika** 1:48PM – 2:58PM  
**Yama** 11:27AM – 12:38PM  
**Rahu** 2:58PM – 4:09PM

**Ardra** Until 12:57AM Mon

Sadhya Until 3:02PM

Vanija Until 6:55AM

**Tritiya** Until 5:37PM

**Ganesha:** Red *Sunrise:* 6:46AM

**Muruqa:** Clear *Sunset:* 4:09PM

**Nataraja:** White

Moon – Yellow

**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 22.56 Tithi 19 – 20

747762365

**Gulika** 12:38PM – 1:48PM  
**Yama** 10:18AM – 11:28AM  
**Rahu** 7:57AM – 9:08AM

**Punarvasu** Until 11:16PM

Subha Until 11:45AM

Kaulava Until 1:50AM Tue

**Chaturthi\*** Until 3:04PM

**Ganesha:** Green *Sunrise:* 6:47AM

**Muruqa:** Clear *Sunset:* 4:08PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Devaloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

Portland, ME

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 7.21 Tithi 20 – 21

747862365

**Gulika** 11:28AM – 12:38PM  
**Yama** 9:08AM – 10:18AM  
**Rahu** 1:48PM – 2:58PM

**Pushya** Until 9:34PM

Sukla Until 8:30AM

Gara Until 11:26PM

**Panchami** Until 12:36PM

**Ganesha:** White *Sunrise:* 6:49AM

**Muruqa:** Clear *Sunset:* 4:08PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Portland, ME

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 21.4 Tithi 21 – 22

747863365

**Gulika** 10:19AM – 11:28AM  
**Yama** 7:59AM – 9:09AM  
**Rahu** 11:28AM – 12:38PM

**Ashlesha\*** Until 7:55PM

Indra Until 2:27AM Thu

Visti Until 9:14PM

**Shashthi\*** Until 10:17AM

**Ganesha:** White *Sunrise:* 6:50AM

**Muruqa:** Purple *Sunset:* 4:07PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Bhuloka Day**

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 5.5 Tithi 22 – 23

757863365

**Gulika** 9:10AM – 10:19AM  
**Yama** 6:51AM – 8:00AM  
**Rahu** 12:38PM – 1:48PM

**Magha\*** Until 6:46PM

Vaidhriti\* Until 11:41PM

Balava Until 7:17PM

**Saptami** Until 8:12AM

**Ganesha:** Clear *Sunrise:* 6:51AM

**Muruqa:** Purple *Sunset:* 4:07PM

**Nataraja:** White

Moon – Red

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Portland, ME

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 19.52 Tithi 23 – 24

758863365

**Gulika** 8:01AM – 9:11AM  
**Yama** 1:48PM – 2:57PM  
**Rahu** 10:20AM – 11:29AM

**Purvaphalguni** Until 5:45PM

Vishkambha\* Until 9:08PM

Gara Until 4:49AM Sat

**Ashtami\*** Until 6:22AM

**Ganesha:** Orange *Sunrise:* 6:52AM

**Muruqa:** Purple *Sunset:* 4:06PM

**Nataraja:** White

Moon – Red

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


<b>1</b>	<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME Sun 7 Sutra 230 Vilamba 5120
	Kanya Rasi: 3.42	Tithi 25	<b>Gulika</b> 6:53AM – 8:02AM	<b>Uttaraphalguni Until 4:50PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:53AM	
			Yama 12:39PM – 1:48PM	Priti Until 6:50PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 32
	Routine Work	Marana Yoga	758863365 <b>Rahu</b> 9:11AM – 10:20AM	Vanija Until 4:09PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami Until 3:31AM Sun</b>	Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Portland, ME Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 17.23	Tithi 26	<b>Gulika</b> 1:48PM – 2:57PM	<b>Hasta Until 4:30PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:54AM	
			Yama 11:30AM – 12:39PM	Ayushman Until 4:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 32
	Creative Work	Amrita Yoga	768863365 <b>Rahu</b> 2:57PM – 4:06PM	Bava Until 3:01PM	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi* Until 2:32AM Mon</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>3</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Portland, ME Sun 9 Sutra 232 Vilamba 5120
	Tula Rasi: 0.53	Tithi 27	<b>Gulika</b> 12:39PM – 1:48PM	<b>Chitra Until 4:20PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:55AM	
	<b>Family Home Evening</b>		Yama 10:21AM – 11:30AM	Saubhagya Until 2:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32
	Routine Work	Prabalarishta Yoga	768863365 <b>Rahu</b> 8:04AM – 9:13AM	Kaulava Until 2:11PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi* Until 1:52AM Tue</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>4</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 14.13	Tithi 28	<b>Gulika</b> 11:31AM – 12:39PM	<b>Svati Until 4:21PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:56AM	
			Yama 9:13AM – 10:22AM	Sobhana Until 1:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	768863365 <b>Rahu</b> 1:48PM – 2:56PM	Gara Until 1:41PM	<b>Nataraja:</b> White		2nd Phase
			<b>Trayodashi* Until 1:34AM Wed</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, ME Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 27.21	Tithi 29	<b>Gulika</b> 10:23AM – 11:31AM	<b>Vishakha Until 5:03PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:57AM	
			Yama 8:06AM – 9:14AM	Athiganda* Until 12:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	778863365 <b>Rahu</b> 11:31AM – 12:40PM	Visti Until 1:36PM	<b>Nataraja:</b> White		2nd Phase
			<b>Chaturdashi* Until 1:42AM Thu</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarna/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, ME Sun 12 Sutra 235 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 9:15AM – 10:23AM	<b>Anuradha Until 6:04PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:58AM	
	Vriscika Rasi: 10.15	Tithi 30	Yama 6:58AM – 8:07AM	Sukarna Until 11:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32
			778863365 <b>Rahu</b> 12:40PM – 1:48PM	Catuspada Until 1:59PM	<b>Nataraja:</b> White		Amavasya
			<b>Amavasya* Until 2:20AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME Sun 13 Sutra 236 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:07AM – 9:16AM	<b>Jyeshtha* Until 7:25PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:59AM	
	Vriscika Rasi: 22.56	Tithi 1	Yama 1:48PM – 2:56PM	Dhriti Until 10:33AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32
			779863365 <b>Rahu</b> 10:24AM – 11:32AM	Kintughna Until 2:52PM	<b>Nataraja:</b> White		Prathama
			<b>Prathama* Until 3:29AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 14 Sutra 237 Vilamba 5120
Dhanus Rasi: 5.22	Tithi 2	<b>Gulika</b> 7:00AM – 8:08AM	<b>Mula* Until 9:36PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 7:00AM	
		Yama 12:40PM – 1:48PM	Shula* Until 10:24AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:05PM	Moon 11 - Phase 33
		789863365 <b>Rahu</b> 9:16AM – 10:24AM	Balava Until 4:18PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 5:11AM Sun</b>	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila Karana Tritiyayam Titau		Portland, ME Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 17.34	Tithi 3	<b>Gulika</b> 1:49PM – 2:57PM	<b>Purvashadha* Until 12:07AM Mon</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 7:01AM	
		Yama 11:33AM – 12:41PM	Ganda* Until 10:41AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:04PM	Moon 11 - Phase 33
		789863365 <b>Rahu</b> 2:57PM – 4:04PM	Taitila Until 6:15PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:22AM Mon</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 12:07AM Mon				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Portland, ME Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 29.35	Tithi 3 – 4	<b>Gulika</b> 12:41PM – 1:49PM	<b>Uttarashadha Until 2:51AM Tue</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 7:02AM	
<b>Family Home Evening</b>		Yama 10:25AM – 11:33AM	Vridhhi Until 11:18AM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:04PM	Moon 11 - Phase 33
		789863365 <b>Rahu</b> 8:10AM – 9:18AM	Vanija Until 8:38PM	<b>Nataraja:</b> White		3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 7:22AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 2:51AM Tue				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 11.28	Tithi 4 – 5	<b>Gulika</b> 11:34AM – 12:41PM	<b>Shravana Until 6:08AM Wed</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 7:03AM	
		Yama 9:18AM – 10:26AM	Dhruva Until 12:10PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:05PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 1:49PM – 2:57PM	Bava Until 11:18PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:55AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 6:08AM Wed				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabararishta Yoga						

<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Portland, ME Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 23.15	Tithi 5 – 6	<b>Gulika</b> 10:27AM – 11:34AM	<b>Shravana Until 6:08AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 7:04AM	
		Yama 8:11AM – 9:19AM	Vyaghata* Until 1:10PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:05PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 11:34AM – 12:42PM	Kaulava Until 2:03AM Thu	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 12:40PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 6:08AM				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabararishta Yoga						

<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 19 Sutra 242 Vilamba 5120
Kumbha Rasi: 5.02	Tithi 6 – 7	<b>Gulika</b> 9:20AM – 10:27AM	<b>Dhanishtha Until 9:17AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 7:05AM	
		Yama 7:05AM – 8:12AM	Harshana Until 2:09PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:05PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 12:42PM – 1:50PM	Gara Until 4:40AM Fri	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 3:22PM</b>	Moon – Purple		<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM

Vinayaga Viratam Ends

<b>Friday, December 14, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, ME Sun 20 Sutra 243 Vilamba 5120
Kumbha Rasi: 16.53	Tithi 7 – 8	<b>Gulika</b> 8:13AM – 9:20AM	<b>Shatabhishak Until 12:04PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 7:05AM	
		Yama 1:50PM – 2:58PM	Vajra* Until 2:55PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:05PM	Moon 11 - Phase 33
		799863365 <b>Rahu</b> 10:28AM – 11:35AM	Visti Until 6:53AM Sat	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:49PM</b>	Moon – Purple		<b>Bhuloka Day</b>
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM

<b>Saturday, December 15, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 21 Sutra 244 Vilamba 5120
Kumbha Rasi: 28.53	Tithi 8	<b>Gulika</b> 7:06AM – 8:14AM	<b>Purvaproshtapada* Until 2:45PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 7:06AM	
		Yama 12:43PM – 1:50PM	Siddhi Until 3:21PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:05PM	Moon 11 - Phase 33
		711863365 <b>Rahu</b> 9:21AM – 10:28AM	Visti Until 6:53AM	<b>Nataraja:</b> White		Ashtami
Routine Work	Marana Yoga		<b>Ashtami* Until 7:45PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 2:45PM				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga		<b>Markali Pillaiyar</b>				

<b>Sunday, December 16, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipala*/Varjyan Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 22 Sutra 245 Vilamba 5120
Meena Rasi: 11.08	Tithi 9	<b>Gulika</b> 1:51PM – 2:58PM	<b>Uttaraproshtapada Until 4:38PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 7:07AM	
		Yama 11:36AM – 12:43PM	Vyatipala* Until 3:18PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 4:05PM	Moon 11 - Phase 33
		811863365 <b>Rahu</b> 2:58PM – 4:05PM	Balava Until 8:30AM	<b>Nataraja:</b> White		Navami
Creative Work	Amrita Yoga		<b>Navami* Until 9:01PM</b>	Moon – Clear		<b>Bhuloka Day</b>
				<b>Margasira-Markali</b>		

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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1	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 23.41	Tithi 10	<b>Gulika</b> 12:44PM – 1:51PM	<b>Revati</b> Until 5:38PM	<b>Ganesha:</b> Purple	Sunrise: 7:08AM	
	<b>Family Home Evening</b>	811863365	Yama 10:29AM – 11:37AM	Varyani Until 2:38PM	<b>Muruqa:</b> Purple	Sunset: 4:06PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:15AM – 9:22AM	Taitila Until 9:22AM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> Until 9:29PM	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>		

2	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 6.37	Tithi 11	<b>Gulika</b> 11:37AM – 12:44PM	<b>Ashvini</b> Until 6:09PM	<b>Ganesha:</b> Clear	Sunrise: 7:08AM	
	811863365		Yama 9:23AM – 10:30AM	Parigha* Until 1:21PM	<b>Muruqa:</b> Purple	Sunset: 4:06PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:52PM – 2:59PM	Vanija Until 9:26AM	<b>Nataraja:</b> White		4th Phase
			<b>Gita Jayanthi</b>	<b>Ekadashi</b> Until 9:08PM	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

3	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 19.58	Tithi 12	<b>Gulika</b> 10:30AM – 11:38AM	<b>Bharani</b> Until 5:43PM	<b>Ganesha:</b> Clear	Sunrise: 7:09AM	
	811863365		Yama 8:16AM – 9:23AM	Shiva Until 11:26AM	<b>Muruqa:</b> Purple	Sunset: 4:07PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:38AM – 12:45PM	Bava Until 8:40AM	<b>Nataraja:</b> White		4th Phase
			<b>Dvadashi</b> Until 7:59PM	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM		

4	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 249 Vilamba 5120
	Vrisabha Rasi: 3.46	Tithi 13	<b>Gulika</b> 9:24AM – 10:31AM	<b>Krittika</b> Until 4:28PM	<b>Ganesha:</b> Clear	Sunrise: 7:09AM	
	811863365		Yama 7:09AM – 8:17AM	Siddha Until 8:56AM	<b>Muruqa:</b> Purple	Sunset: 4:07PM	Moon 11 - Phase 34
	Routine Work	Marana Yoga	<b>Rahu</b> 12:45PM – 1:53PM	Kaulava Until 7:09AM	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> Until 6:08PM	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM		
<i>Pradosha Vrata</i>							

5	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, ME Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 17.58	Tithi 14 – 15	<b>Gulika</b> 8:17AM – 9:24AM	<b>Rohini</b> Until 2:54PM	<b>Ganesha:</b> White	Sunrise: 7:10AM	
	811863365		Yama 1:53PM – 3:00PM	Subha Until 2:32AM Sat	<b>Muruqa:</b> Purple	Sunset: 4:07PM	Moon 11 - Phase 34
	Routine Work	Marana Yoga	<b>Rahu</b> 10:31AM – 11:39AM	Visti Until 2:21AM Sat	<b>Nataraja:</b> White		4th Phase
			<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi*</b> Until 3:43PM	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>	

○	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 28 Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:10AM – 8:18AM	<b>Mrigashira</b> Until 12:47PM	<b>Ganesha:</b> Yellow	Sunrise: 7:10AM	
	Mithuna Rasi: 2.3	Tithi 15 – 16	Yama 12:46PM – 1:54PM	Sukla Until 10:51PM	<b>Muruqa:</b> Purple	Sunset: 4:08PM	Moon 11 - Phase 34
	811963365		<b>Rahu</b> 9:25AM – 10:32AM	Balava Until 11:21PM	<b>Nataraja:</b> White		Purnima
			<b>Day 2 of Pancha Ganapati</b>	<b>Purnima*</b> Until 12:52PM	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

○	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 29 Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:54PM – 3:01PM	<b>Ardra</b> Until 10:15AM	<b>Ganesha:</b> Yellow	Sunrise: 7:11AM	
	Mithuna Rasi: 17.16	Tithi 16 – 17	Yama 11:40AM – 12:47PM	Brahma Until 7:00PM	<b>Muruqa:</b> Purple	Sunset: 4:08PM	Moon 11 - Phase 34
	811963365		<b>Rahu</b> 3:01PM – 4:08PM	Taitila Until 8:09PM	<b>Nataraja:</b> White		Prathama
			<b>Day 3 of Pancha Ganapati</b>	<b>Prathama*</b> Until 9:45AM	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	
<b>Ardra Darshanam</b>							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Gara/Visti\* Karana Dvitiya/Tritiyam Titau

Portland, ME

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 12:47PM - 1:55PM Punarvasu Until 7:53AM

Yama 10:33AM - 11:40AM

Rahu 8:19AM - 9:26AM

Day 4 of Pancha Ganapati

Indra Until 3:07PM

Visti Until 3:19AM Tue

Dvitiya Until 6:31AM

Ganesha: Blue Sunrise: 7:11AM

Muruqa: Purple Sunset: 4:09PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tithi 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthiyam Titau

Portland, ME

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 11:41AM - 12:48PM Ashlesha\* Until 2:59AM Wed

Yama 9:26AM - 10:33AM

Rahu 1:55PM - 3:02PM

Day 5 of Pancha Ganapati

Vaidhriti\* Until 11:18AM

Bava Until 1:47PM

Chaturthi\* Until 12:16AM Wed

Ganesha: Yellow Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:10PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tithi 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, ME

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 10:34AM - 11:41AM Magha\* Until 1:08AM Thu

Yama 8:19AM - 9:27AM

Rahu 11:41AM - 12:48PM

Panchami Until 9:31PM

Vishkambha\* Until 7:39AM

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesha: Blue Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:10PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tithi 21

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 9:27AM - 10:34AM Purvaphalguni Until 11:33PM

Yama 7:12AM - 8:20AM

Rahu 12:49PM - 1:56PM

Saptami Until 5:16PM

Ayushman Until 1:14AM Fri

Gara Until 8:18AM

Shashthi\* Until 7:10PM

Ganesha: Blue Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:11PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tithi 22 - 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 8:20AM - 9:27AM Uttaraphalguni Until 10:17PM

Yama 1:57PM - 3:04PM

Rahu 10:35AM - 11:42AM

Saptami Until 5:16PM

Saubhagya Until 10:35PM

Visti Until 6:10AM

Saptami Until 5:16PM

Ganesha: Blue Sunrise: 7:13AM

Muruqa: Purple Sunset: 4:12PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tithi 23 - 24

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Gulika 7:13AM - 8:20AM Hasta Until 9:50PM

Yama 12:50PM - 1:58PM

Rahu 9:28AM - 10:35AM

Ashtami\* Until 3:54PM

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami\* Until 3:54PM

Ganesha: Red Sunrise: 7:13AM

Muruqa: Purple Sunset: 4:13PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tithi 24 - 25

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Portland, ME

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Gulika 1:58PM - 3:06PM Chitra Until 9:46PM

Yama 11:43AM - 12:51PM

Rahu 3:06PM - 4:13PM

Navami\* Until 3:04PM

Athiganda\* Until 6:33PM

Vanija Until 2:52AM Mon

Navami\* Until 3:04PM

Ganesha: Red Sunrise: 7:13AM

Muruqa: Purple Sunset: 4:13PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 12:51PM – 1:59PM	<b>Svati Until 10:03PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:13AM	
Tula Rasi: 11.11	Tithi 25 – 26	Yama 10:36AM – 11:44AM	Sukarma Until 5:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:14PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 8:21AM – 9:28AM	Bava Until 2:49AM Tue	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Dashami Until 2:45PM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 10:03PM				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 11:44AM – 12:52PM	<b>Vishakha Until 11:08PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:13AM	
Tula Rasi: 24.11	Tithi 26 – 27	Yama 9:29AM – 10:36AM	Dhriti Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 2:00PM – 3:07PM	Kaulava Until 3:17AM Wed	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga			<b>Ekadashi* Until 2:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 11:08PM				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:37AM – 11:45AM	<b>Anuradha Until 12:31AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:13AM	
Vrischika Rasi: 6.57	Tithi 27 – 28	Yama 8:21AM – 9:29AM	Shula* Until 3:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 11:45AM – 12:52PM	Gara Until 4:13AM Thu	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 3:40PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 12:31AM Thu				<b>Margasira*Markali</b>		
Then Routine Work - Prabalarishta Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:29AM – 10:37AM	<b>Jyeshtha* Until 2:12AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:13AM	
Vrischika Rasi: 19.3	Tithi 28 – 29	Yama 7:13AM – 8:21AM	Ganda* Until 3:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:17PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 12:53PM – 2:01PM	Visti Until 5:37AM Fri	<b>Nataraja:</b> Green		2nd Phase
Routine Work Prabalarishta Yoga			<b>Trayodashi* Until 4:51PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 2:12AM Fri				<b>Margasira*Markali</b>		
Then Creative Work - Amrita Yoga						

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Portland, ME Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:21AM – 9:30AM	<b>Mula* Until 4:36AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM	
Dhanus Rasi: 1.51	Tithi 29	Yama 2:02PM – 3:10PM	Vridhi Until 3:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:18PM	Moon 12 - Phase 36
882963366		<b>Rahu</b> 10:38AM – 11:46AM	Sakuni Until 6:28PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Chaturdashi* Until 6:28PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 4:36AM Sat				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, ME Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:13AM – 8:22AM	<b>Purvashadha* Until 7:13AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM	
Dhanus Rasi: 14.02	Tithi 30	Yama 12:54PM – 2:02PM	Dhruva Until 3:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:19PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 9:30AM – 10:38AM	Catuspada Until 7:27AM	<b>Nataraja:</b> Green		Amavasya
Creative Work Siddha Yoga			<b>Amavasya* Until 8:29PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:13AM Sun				<b>Margasira*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Jayanti</b>				

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:03PM – 3:11PM	<b>Purvashadha* Until 7:13AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM	
Dhanus Rasi: 26.03	Tithi 1	Yama 11:47AM – 12:55PM	Vyaghata* Until 4:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:20PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 3:11PM – 4:20PM	Kintughna Until 9:39AM	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 10:50PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:13AM		<b>Partial Solar Eclipse</b>		<b>Pausha*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 7.58 Family Home Evening Routine Work Marana Yoga Until 9:56AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 12:55PM – 2:04PM Yama 10:39AM – 11:47AM <b>Rahu</b> 8:22AM – 9:30AM	<b>Uttarashadha</b> Until 9:56AM Harshana Until 5:09PM Balava Until 12:09PM Dvitiya Until 1:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausa-Markali</b>	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 4:21PM	Moon 12 - Phase 37 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Trityayam Titau				Portland, ME Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 19.47 Creative Work Siddha Yoga	<b>Gulika</b> 11:47AM – 12:56PM Yama 9:30AM – 10:39AM <b>Rahu</b> 2:05PM – 3:13PM	<b>Shravana</b> Until 1:12PM Vajra* Until 6:06PM Tailila Until 2:50PM Tritya Until 4:12AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausa-Markali</b>	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 4:22PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Portland, ME Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Kumbha Rasi: 1.34 Routine Work Prabalarishta Yoga Until 4:22PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:39AM – 11:48AM Yama 8:22AM – 9:30AM <b>Rahu</b> 11:48AM – 12:57PM	<b>Dhanishtha</b> Until 4:22PM Siddhi Until 7:06PM Vanija Until 5:36PM Chaturthi* Until 6:55AM Thu	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausa-Markali</b>	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 4:23PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Portland, ME Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 13.22 Creative Work Siddha Yoga	<b>Gulika</b> 9:30AM – 10:39AM Yama 7:13AM – 8:21AM <b>Rahu</b> 12:57PM – 2:06PM	<b>Shatabhishak</b> Until 7:16PM Vyatipata* Until 8:01PM Bava Until 8:15PM Chaturthi* Until 6:55AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausa-Markali</b>	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 4:24PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, ME Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 25.13 Creative Work Siddha Yoga	<b>Gulika</b> 8:21AM – 9:30AM Yama 2:07PM – 3:16PM <b>Rahu</b> 10:40AM – 11:49AM	<b>Purvaproshtapada*</b> Until 10:14PM Variyan Until 8:43PM Kaulava Until 10:37PM Panchami Until 9:27AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausa-Markali</b>	<b>Sunrise:</b> 7:12AM <b>Sunset:</b> 4:25PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Portland, ME Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 7.13 Creative Work Siddha Yoga Until 12:37AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:12AM – 8:21AM Yama 12:58PM – 2:08PM <b>Rahu</b> 9:30AM – 10:40AM	<b>Uttaraproshtapada</b> Until 12:37AM Sun Parigha* Until 9:06PM Gara Until 12:32AM Sun Shashthi* Until 11:37AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausa-Markali</b>	<b>Sunrise:</b> 7:12AM <b>Sunset:</b> 4:26PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Portland, ME Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>	Meena Rasi: 19.25 Creative Work Amrita Yoga Until 2:14AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:08PM – 3:18PM Yama 11:49AM – 12:59PM <b>Rahu</b> 3:18PM – 4:27PM	<b>Revati</b> Until 2:14AM Mon Shiva Until 9:02PM Visti Until 1:49AM Mon Saptami Until 1:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausa-Markali</b>	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 4:27PM	Moon 12 - Phase 37 Ashtami <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, ME Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>	Mesha Rasi: 1.53 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 12:59PM – 2:09PM Yama 10:40AM – 11:50AM <b>Rahu</b> 8:21AM – 9:30AM	<b>Ashvini</b> Until 3:28AM Tue Siddha Until 8:23PM Balava Until 2:21AM Tue Ashtami* Until 2:10PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausa-Thai</b>	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 37 Navami <b>Sivaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Portland, ME Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 14.42	Tithi 9 – 10	<b>Gulika</b> 11:50AM – 1:00PM	<b>Bharani</b> Until 3:43AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:11AM		
		Yama 9:30AM – 10:40AM	Sadhya Until 7:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM		Moon 12 - Phase 38
	823973366	<b>Rahu</b> 2:10PM – 3:20PM	Taitila Until 2:04AM Wed	<b>Nataraja:</b> Green			4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:18PM	Moon – White		<b>Sivaloka Day</b>	
Until 3:43AM Wed				<b>Pausha*Thai</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Portland, ME Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 27.56	Tithi 10 – 11	<b>Gulika</b> 10:40AM – 11:51AM	<b>Krittika</b> Until 3:02AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:10AM		
		Yama 8:20AM – 9:30AM	Subha Until 5:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:31PM		Moon 12 - Phase 38
	823173366	<b>Rahu</b> 11:51AM – 1:01PM	Vanija Until 12:57AM Thu	<b>Nataraja:</b> Green			4th Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 1:36PM	Moon – White		<b>Sivaloka Day</b>	
Until 3:02AM Thu				<b>Pausha*Thai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Portland, ME Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 11.37	Tithi 11 – 12	<b>Gulika</b> 9:30AM – 10:41AM	<b>Rohini</b> Until 1:54AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:10AM		
		Yama 7:10AM – 8:20AM	Sukla Until 2:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM		Moon 12 - Phase 38
	833173366	<b>Rahu</b> 1:01PM – 2:12PM	Bava Until 11:05PM	<b>Nataraja:</b> Green			4th Phase
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 12:05PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 1:54AM Fri				<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Portland, ME Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 25.46	Tithi 12 – 13	<b>Gulika</b> 8:20AM – 9:30AM	<b>Mrigashira</b> Until 11:59PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:09AM		
		Yama 2:12PM – 3:23PM	Brahma Until 11:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM		Moon 12 - Phase 38
	833173366	<b>Rahu</b> 10:41AM – 11:51AM	Kaulava Until 8:33PM	<b>Nataraja:</b> Green			4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 9:52AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

*Pradosha Vrata*

<b>5</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau			Portland, ME Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.2	Tithi 13 – 14	<b>Gulika</b> 7:08AM – 8:19AM	<b>Ardra</b> Until 9:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:08AM		
		Yama 1:02PM – 2:13PM	Indra Until 8:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM		Moon 12 - Phase 38
	833173366	<b>Rahu</b> 9:30AM – 10:41AM	Vanija Until 3:48AM Sun	<b>Nataraja:</b> Green			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:03AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>○</b>		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau			Portland, ME Sun 28 Sutra 280 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:14PM – 3:25PM	<b>Punarvasu</b> Until 6:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:08AM		
Mithuna Rasi: 25.15	Tithi 15	Yama 11:52AM – 1:03PM	Vishkambha* Until 12:01AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM		Moon 12 - Phase 38
		<b>Rahu</b> 3:25PM – 4:36PM	Visti Until 2:04PM	<b>Nataraja:</b> Green			Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 12:15AM Mon	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>Monday, January 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau			Portland, ME Sun 281 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 1:03PM – 2:15PM	<b>Pushya</b> Until 3:55PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:07AM		
Kataka Rasi: 10.22	Tithi 16	Yama 10:41AM – 11:52AM	Priti Until 7:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM		Moon 12 - Phase 38
<b>Family Home Evening</b>		<b>Rahu</b> 8:18AM – 9:30AM	Balava Until 10:26AM	<b>Nataraja:</b> Green			Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:34PM	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Total Lunar Eclipse</b>		<b>Pausha*Thai</b>			
		<b>Thai Pusam</b>					



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 25.34 Tithi 17 - 18

844173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashlesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvilya/Tritiyam Titau

**Gulika** 11:52AM - 1:04PM  
**Yama** 9:29AM - 10:41AM  
**Rahu** 2:15PM - 3:27PM

**Ashlesha\* Until 12:53PM**  
**Ayushman Until 3:32PM**  
**Taitila Until 6:45AM**  
**Dvitiya Until 4:56PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Blue  
**Pausha\*Thai**

*Sunrise: 7:06AM*  
*Sunset: 4:38PM*

Portland, ME  
Sun 1  
Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

1

Wednesday, January 23, 2019

Simha Rasi: 10.4 Tithi 18 - 19

854173366

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vistil\*/Bava Karana Tritiya/Chaturtham Titau

**Gulika** 10:41AM - 11:53AM  
**Yama** 8:17AM - 9:29AM  
**Rahu** 11:53AM - 1:04PM

**Magha\* Until 10:16AM**  
**Saubhagya Until 11:27AM**  
**Bava Until 11:54PM**  
**Tritiya Until 1:29PM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

*Sunrise: 7:06AM*  
*Sunset: 4:40PM*

Portland, ME  
Sun 2  
Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 25.32 Tithi 19 - 20

954173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 9:29AM - 10:41AM  
**Yama** 7:05AM - 8:17AM  
**Rahu** 1:05PM - 2:17PM

**Purvaphalguni Until 7:50AM**  
**Sobhana Until 7:40AM**  
**Kaulava Until 9:03PM**  
**Chaturthi\* Until 10:24AM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

*Sunrise: 7:05AM*  
*Sunset: 4:41PM*

Portland, ME  
Sun 3  
Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

3

Friday, January 25, 2019

Kanya Rasi: 10.04 Tithi 20 - 21

964173366

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:16AM - 9:29AM  
**Yama** 2:18PM - 3:30PM  
**Rahu** 10:41AM - 11:53AM

**Hasta Until 4:31AM Sat**  
**Sukarma Until 1:18AM Sat**  
**Gara Until 6:44PM**  
**Panchami Until 7:47AM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

*Sunrise: 7:04AM*  
*Sunset: 4:42PM*

Portland, ME  
Sun 4  
Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

4

Saturday, January 26, 2019

Kanya Rasi: 24.11 Tithi 22

964173366

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam  
Chitra Nakshatra Dhriti Yoga Vistil\*/Bava Karana Saptamyam Titau

**Gulika** 7:03AM - 8:16AM  
**Yama** 1:06PM - 2:19PM  
**Rahu** 9:28AM - 10:41AM

**Chitra Until 3:51AM Sun**  
**Dhriti Until 10:55PM**  
**Vistil Until 5:04PM**  
**Saptami Until 4:30AM Sun**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

*Sunrise: 7:03AM*  
*Sunset: 4:44PM*

Portland, ME  
Sun 5  
Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

☾

Sunday, January 27, 2019

Retreat Star

Tula Rasi: 7.52 Tithi 23

964173366

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 2:19PM - 3:32PM  
**Yama** 11:54AM - 1:06PM  
**Rahu** 3:32PM - 4:45PM

**Svati Until 3:44AM Mon**  
**Shula\* Until 9:06PM**  
**Balava Until 4:08PM**  
**Ashtami\* Until 3:56AM Mon**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

*Sunrise: 7:02AM*  
*Sunset: 4:45PM*

Portland, ME  
Sun 6  
Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Tula Rasi: 21.08 Tithi 24

974173366

Family Home Evening

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam  
Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:07PM - 2:20PM  
**Yama** 10:41AM - 11:54AM  
**Rahu** 8:14AM - 9:28AM

**Vishakha Until 4:40AM Tue**  
**Ganda\* Until 7:52PM**  
**Taitila Until 3:58PM**  
**Navami\* Until 4:07AM Tue**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Orange  
**Pausha\*Thai**

*Sunrise: 7:01AM*  
*Sunset: 4:46PM*

Portland, ME  
Sun 7  
Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

**Devaloka Day**

<b>1</b>	<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME
	Wrischika Rasi: 4.02	Tithi 25	Sun 8	Sutra 289	Vilamba 5120	Moon 1 - Phase 40	2nd Phase
	794173366	<b>Rahu</b>	<b>11:54AM - 1:07PM</b>	<b>Anuradha Until 6:06AM Wed</b>	Ganesha: Clear	Sunrise: 7:00AM	
	Creative Work	Siddha Yoga	Yama 9:27AM - 10:41AM	Vriddhi Until 7:12PM	Muruga: Clear	Sunset: 4:48PM	
		2:21PM - 3:34PM	Vanija Until 4:30PM	Nataraja: Green	Moon - Orange	<b>Devaloka Day</b>	
			<b>Dashami Until 5:00AM Wed</b>	Pausha*Thai			

<b>2</b>	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Portland, ME
	Wrischika Rasi: 16.36	Tithi 26	Sun 9	Sutra 290	Vilamba 5120	Moon 1 - Phase 40	2nd Phase
	794173366	<b>Rahu</b>	<b>10:40AM - 11:54AM</b>	<b>Anuradha Until 6:06AM</b>	Ganesha: Clear	Sunrise: 6:59AM	
	Creative Work	Siddha Yoga	Yama 8:13AM - 9:27AM	Dhruva Until 7:00PM	Muruga: Clear	Sunset: 4:49PM	
		11:54AM - 1:08PM	Bava Until 5:42PM	Nataraja: Green	Moon - Orange	<b>Devaloka Day</b>	
			<b>Ekadashi* Until 6:30AM Thu</b>	Pausha*Thai			

<b>3</b>	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME
	Wrischika Rasi: 28.55	Tithi 26 - 27	Sun 10	Sutra 291	Vilamba 5120	Moon 1 - Phase 40	2nd Phase
	794173366	<b>Rahu</b>	<b>9:26AM - 10:40AM</b>	<b>Jyeshtha* Until 7:57AM</b>	Ganesha: Clear	Sunrise: 6:58AM	
	Routine Work	Prabalarishta Yoga	Yama 6:58AM - 8:12AM	Vyaghata* Until 7:13PM	Muruga: Clear	Sunset: 4:50PM	
		1:08PM - 2:22PM	Kaulava Until 7:27PM	Nataraja: Green	Moon - Orange	<b>Devaloka Day</b>	
			<b>Ekadashi* Until 6:30AM</b>	Pausha*Thai			

<b>4</b>	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME
	Dhanus Rasi: 11.02	Tithi 27 - 28	Sun 11	Sutra 292	Vilamba 5120	Moon 1 - Phase 40	2nd Phase
	794173366	<b>Rahu</b>	<b>8:12AM - 9:26AM</b>	<b>Mula* Until 10:35AM</b>	Ganesha: White	Sunrise: 6:58AM	
	Creative Work	Amrita Yoga	Yama 2:22PM - 3:36PM	Harshana Until 7:47PM	Muruga: Clear	Sunset: 4:50PM	
		10:40AM - 11:54AM	Gara Until 9:38PM	Nataraja: Green	Moon - Light Blue	<b>Bhuloka Day</b>	
			<b>Dvadashi* Until 8:28AM</b>	Pausha*Thai	<b>Devaloka Time: 12:PM to 3:PM</b>		
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME
	Dhanus Rasi: 22.59	Tithi 28 - 29	Sun 12	Sutra 293	Vilamba 5120	Moon 1 - Phase 40	2nd Phase
	984173366	<b>Rahu</b>	<b>6:57AM - 8:12AM</b>	<b>Purvashadha* Until 1:23PM</b>	Ganesha: White	Sunrise: 6:57AM	
	Creative Work	Siddha Yoga	Yama 1:09PM - 2:23PM	Vajra* Until 8:32PM	Muruga: Clear	Sunset: 4:52PM	
		9:26AM - 10:40AM	Visti Until 12:06AM Sun	Nataraja: Green	Moon - Light Blue	<b>Bhuloka Day</b>	
			<b>Trayodashi* Until 10:49AM</b>	Pausha*Thai	<b>Devaloka Time: 12:PM to 3:PM</b>		

	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME	
	<b>Retreat Star</b>		Sun 13	Sutra 294	Vilamba 5120	Moon 1 - Phase 40	Amavasya	
	Makara Rasi: 4.52	Tithi 29 - 30	7985173367	<b>Rahu</b>	<b>2:24PM - 3:38PM</b>	<b>Uttarashadha Until 4:15PM</b>	Ganesha: Yellow	Sunrise: 6:56AM
	Creative Work	Amrita Yoga	Yama 11:55AM - 1:09PM	Siddhi Until 9:27PM	Muruga: Clear	Sunset: 4:53PM		
			3:38PM - 4:53PM	Catuspada Until 2:46AM Mon	Nataraja: White	Moon - Light Blue	<b>Devaloka Day</b>	
				<b>Chaturdashi* Until 1:24PM</b>	Pausha*Thai			

<b>Retreat Star</b>	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME	
	<b>Family Home Evening</b>		Sun 14	Sutra 295	Vilamba 5120	Moon 1 - Phase 40	Prathama	
	Makara Rasi: 16.4	Tithi 30 - 1	995173367	<b>Rahu</b>	<b>1:10PM - 2:25PM</b>	<b>Shravana Until 7:32PM</b>	Ganesha: Red	Sunrise: 6:55AM
	Creative Work	Amrita Yoga	Yama 10:40AM - 11:55AM	Vyatipata* Until 10:27PM	Muruga: Clear	Sunset: 4:54PM		
			8:10AM - 9:25AM	Kintughna Until 5:29AM Tue	Nataraja: White	Moon - Purple	<b>Devaloka Day</b>	
				<b>Amavasya* Until 4:06PM</b>	Magha*Thai			

<b>1</b>		<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava Karana Pralhamayam Titau				Portland, ME Sun 15 Sutra 296 Vilamba 5120
Makara Rasi: 28.28	Tithi 1	<b>Gulika</b> Yama	<b>11:55AM – 1:10PM</b> 9:24AM – 10:40AM	<b>Dhanishtha Until 10:39PM</b> Varyan Until 11:24PM Bava Until 6:48PM <b>Prathama* Until 6:48PM</b>	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Purple	<b>Sunrise: 6:54AM</b> <b>Sunset: 4:56PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Devaloka Day</b>
995173367	<b>Rahu</b>		<b>2:25PM – 3:41PM</b>					
Creative Work	Siddha Yoga							
Until 10:39PM								
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 16 Sutra 297 Vilamba 5120
Kumbha Rasi: 10.16	Tithi 2	<b>Gulika</b> Yama	<b>10:39AM – 11:55AM</b> 8:08AM – 9:24AM	<b>Shatabhishak Until 1:30AM Thu</b> Parigha* Until 12:18AM Thu Balava Until 8:09AM <b>Dvitiya Until 9:25PM</b>	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Purple	<b>Sunrise: 6:53AM</b> <b>Sunset: 4:57PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Devaloka Day</b>
995173367	<b>Rahu</b>		<b>11:55AM – 1:10PM</b>					
Creative Work	Siddha Yoga							

<b>3</b>		<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, ME Sun 17 Sutra 298 Vilamba 5120
Kumbha Rasi: 22.08	Tithi 3	<b>Gulika</b> Yama	<b>9:23AM – 10:39AM</b> 6:51AM – 8:07AM	<b>Purvaproshtpada* Until 4:29AM Fri</b> Shiva Until 1:03AM Fri Taitila Until 10:40AM <b>Tritiya Until 11:50PM</b>	<b>Ganesha: Blue</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear	<b>Sunrise: 6:51AM</b> <b>Sunset: 4:59PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Sivaloka Day</b>
915173367	<b>Rahu</b>		<b>1:11PM – 2:27PM</b>					
Creative Work	Siddha Yoga							

<b>4</b>		<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Portland, ME Sun 18 Sutra 299 Vilamba 5120
Meena Rasi: 4.05	Tithi 4	<b>Gulika</b> Yama	<b>8:06AM – 9:23AM</b> 2:27PM – 3:44PM	<b>Uttaraproshtpada Until 7:01AM Sat</b> Siddha Until 1:33AM Sat Vanija Until 12:57PM <b>Chaturthi* Until 1:57AM Sat</b>	<b>Ganesha: Blue</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear	<b>Sunrise: 6:50AM</b> <b>Sunset: 5:00PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Sivaloka Day</b>
915173367	<b>Rahu</b>		<b>10:39AM – 11:55AM</b>					
Creative Work	Siddha Yoga							
Until 7:01AM Sat								
Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME Sun 19 Sutra 300 Vilamba 5120
Meena Rasi: 16.08	Tithi 5	<b>Gulika</b> Yama	<b>6:49AM – 8:06AM</b> 1:12PM – 2:28PM	<b>Uttaraproshtpada Until 7:01AM</b> Sadhya Until 1:47AM Sun Bava Until 2:54PM <b>Panchami Until 3:41AM Sun</b>	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear	<b>Sunrise: 6:49AM</b> <b>Sunset: 5:01PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Devaloka Day</b>
915273367	<b>Rahu</b>		<b>9:22AM – 10:39AM</b>					
Creative Work	Siddha Yoga							
Until 7:01AM								
Then Routine Work - Prabalarishta Yoga								

<b>6</b>		<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME Sun 20 Sutra 301 Vilamba 5120
Meena Rasi: 28.22	Tithi 6	<b>Gulika</b> Yama	<b>2:29PM – 3:46PM</b> 11:55AM – 1:12PM	<b>Revati Until 8:59AM</b> Subha Until 1:38AM Mon Kaulava Until 4:23PM <b>Shashthi* Until 4:54AM Mon</b>	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear	<b>Sunrise: 6:48AM</b> <b>Sunset: 5:03PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Devaloka Day</b>
915273367	<b>Rahu</b>		<b>3:46PM – 5:03PM</b>					
Creative Work	Amrita Yoga							
Until 8:59AM								
Then Creative Work - Siddha Yoga								

<b>Monday, February 11, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Portland, ME Sun 21 Sutra 302 Vilamba 5120
Mesha Rasi: 10.49	Tithi 7	<b>Gulika</b> Yama	<b>1:12PM – 2:30PM</b> 10:38AM – 11:55AM	<b>Ashvini Until 10:45AM</b> Sukla Until 1:00AM Tue Gara Until 5:18PM <b>Saptami Until 5:29AM Tue</b>	<b>Ganesha: Blue</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White	<b>Sunrise: 6:46AM</b> <b>Sunset: 5:04PM</b>	Moon 1 - Phase 41 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
925273367	<b>Rahu</b>		<b>8:04AM – 9:21AM</b>					
Creative Work	Siddha Yoga							

<b>Tuesday, February 12, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, ME Sun 22 Sutra 303 Vilamba 5120
Mesha Rasi: 23.34	Tithi 8	<b>Gulika</b> Yama	<b>11:55AM – 1:13PM</b> 9:20AM – 10:38AM	<b>Bharani Until 11:44AM</b> Brahma Until 11:51PM Visti Until 5:32PM <b>Ashtami* Until 5:22AM Wed</b>	<b>Ganesha: Blue</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White	<b>Sunrise: 6:45AM</b> <b>Sunset: 5:05PM</b>	Moon 1 - Phase 41 Ashtami	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
925273367	<b>Rahu</b>		<b>2:30PM – 3:48PM</b>					
Creative Work	Siddha Yoga							

<b>Wednesday, February 13, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Portland, ME Sun 23 Sutra 304 Vilamba 5120
Vrishabha Rasi: 6.38	Tithi 9	<b>Gulika</b> Yama	<b>10:37AM – 11:55AM</b> 8:02AM – 9:19AM	<b>Krittika Until 11:52AM</b> Indra Until 10:07PM Balava Until 5:02PM <b>Navami* Until 4:28AM Thu</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White	<b>Sunrise: 6:44AM</b> <b>Sunset: 5:07PM</b>	Moon 1 - Phase 41 Navami	<b>Devaloka Day</b>
926273367	<b>Rahu</b>		<b>11:55AM – 1:13PM</b>					
Creative Work	Amrita Yoga							
Until 11:52AM								
Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME Sun 24
	Vrishabha Rasi: 20.08	Tithi 10	<b>Gulika</b> 9:19AM – 10:37AM	<b>Rohini</b> Until 11:33AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:42AM	Sutra 305
			Yama 6:42AM – 8:01AM	Vaidhriti* Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM	Vilamba 5120
	Routine Work	Marana Yoga	936273367 <b>Rahu</b> 1:13PM – 2:32PM	Taitila Until 3:45PM	<b>Nataraja:</b> White		Moon 1 - Phase 42 4th Phase
			<b>Dashami</b> Until 2:49AM Fri	<b>Magha-Masi</b>	<b>Sivaloka Day</b>		

<b>2</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME Sun 25
	Mithuna Rasi: 4.04	Tithi 11	<b>Gulika</b> 8:00AM – 9:18AM	<b>Mrigashira</b> Until 10:22AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM	Sutra 306
			Yama 2:32PM – 3:51PM	Vishkambha* Until 4:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM	Vilamba 5120
	Creative Work	Siddha Yoga	936273367 <b>Rahu</b> 10:37AM – 11:55AM	Vanija Until 1:45PM	<b>Nataraja:</b> White		Moon 1 - Phase 42 4th Phase
			<b>Ekadashi</b> Until 12:30AM Sat	<b>Magha-Masi</b>	<b>Sivaloka Day</b>		

<b>3</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 26
	Mithuna Rasi: 18.27	Tithi 12	<b>Gulika</b> 6:40AM – 7:58AM	<b>Ardra</b> Until 8:23AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	Sutra 307
			Yama 1:14PM – 2:33PM	Priti Until 1:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM	Vilamba 5120
	Creative Work	Siddha Yoga	936273367 <b>Rahu</b> 9:17AM – 10:36AM	Bava Until 11:07AM	<b>Nataraja:</b> White		Moon 1 - Phase 42 4th Phase
			<b>Dvadashi</b> Until 9:35PM	<b>Magha-Masi</b>	<b>Sivaloka Day</b>		

<b>4</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 27
	Kataka Rasi: 3.13	Tithi 13	<b>Gulika</b> 2:34PM – 3:53PM	<b>Punarvasu</b> Until 6:09AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	Sutra 308
			Yama 11:55AM – 1:14PM	Ayushman Until 9:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM	Vilamba 5120
	Creative Work	Siddha Yoga	946273367 <b>Rahu</b> 3:53PM – 5:12PM	Kaulava Until 7:58AM	<b>Nataraja:</b> White		Moon 1 - Phase 42 4th Phase
			<b>Trayodashi</b> Until 6:14PM	<b>Magha-Masi</b>	<b>Devaloka Day</b>		

*Pradosha Vrata*

	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, ME Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:15PM – 2:34PM	<b>Ashlesha*</b> Until 12:18AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sutra 309
	Kataka Rasi: 18.17	Tithi 14 – 15	Yama 10:35AM – 11:55AM	Sobhana Until 1:12AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Vilamba 5120
	<b>Family Home Evening</b>		946273367 <b>Rahu</b> 7:56AM – 9:16AM	Visti Until 12:43AM Tue	<b>Nataraja:</b> White		Moon 1 - Phase 42 Purnima
Creative Work	Siddha Yoga	<b>Chidambaram Abhishekam</b>		<b>Chaturdashi*</b> Until 2:35PM	<b>Magha-Masi</b>	<b>Devaloka Day</b>	

<b>5</b>	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:55AM – 1:15PM	<b>Magha*</b> Until 9:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:35AM	Sutra 310
	Simha Rasi: 3.32	Tithi 15 – 16	Yama 9:15AM – 10:35AM	Athiganda* Until 8:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Vilamba 5120
	Creative Work	Siddha Yoga	956273367 <b>Rahu</b> 2:35PM – 3:55PM	Balava Until 8:55PM	<b>Nataraja:</b> White		Moon 1 - Phase 42 Prathama
			<b>Purnima*</b> Until 10:48AM	<b>Magha-Masi</b>	<b>Sivaloka Day</b>		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Simha Rasi: 18.46    Tilthi 16 - 17

957273367

Creative Work    Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Gulika** 10:35AM - 11:55AM  
Yama 7:54AM - 9:14AM  
**Rahu** 11:55AM - 1:15PM

**Purvaphalguni** Until 6:30PM  
Sukarma Until 4:38PM  
Gara Until 3:30AM Thu  
Prathama\* Until 7:03AM

**Ganesha:** Clear    *Sunrise:* 6:34AM  
**Muruqa:** Clear    *Sunset:* 5:16PM  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

Portland, ME  
Sutra 311  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

1

Thursday, February 21, 2019

Kanya Rasi: 3.5    Tilthi 18

957273367

Amrita Yoga

Until 3:46PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 9:13AM - 10:34AM  
Yama 6:32AM - 7:53AM  
**Rahu** 1:15PM - 2:36PM

**Uttaraphalguni** Until 3:46PM  
Dhriti Until 12:40PM  
Vanija Until 1:53PM  
Tritiya Until 12:20AM Fri

**Ganesha:** Clear    *Sunrise:* 6:32AM  
**Muruqa:** Clear    *Sunset:* 5:17PM  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

Portland, ME  
Sun 1  
Sutra 312  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

2

Friday, February 22, 2019

Kanya Rasi: 18.37    Tilthi 19

967273367

Creative Work    Amrita Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 7:52AM - 9:13AM  
Yama 2:37PM - 3:58PM  
**Rahu** 10:34AM - 11:55AM

**Hasta** Until 1:47PM  
Shula\* Until 9:01AM  
Bava Until 10:57AM  
Chaturthi\* Until 9:41PM

**Ganesha:** White    *Sunrise:* 6:31AM  
**Muruqa:** Clear    *Sunset:* 5:19PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Portland, ME  
Sun 2  
Sutra 313  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

3

Saturday, February 23, 2019

Tula Rasi: 2.59    Tilthi 20

967273367

Routine Work    Marana Yoga

Until 12:16PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 6:29AM - 7:50AM  
Yama 1:16PM - 2:37PM  
**Rahu** 9:12AM - 10:33AM

**Chitra** Until 12:16PM  
Vriddhi Until 3:20AM Sun  
Kaulava Until 8:38AM  
Panchami Until 7:43PM

**Ganesha:** White    *Sunrise:* 6:29AM  
**Muruqa:** Clear    *Sunset:* 5:20PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Portland, ME  
Sun 3  
Sutra 314  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

4

Sunday, February 24, 2019

Tula Rasi: 16.52    Tilthi 21

967273367

Creative Work    Siddha Yoga

Until 11:21AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 2:38PM - 3:59PM  
Yama 11:54AM - 1:16PM  
**Rahu** 3:59PM - 5:21PM

**Svati** Until 11:21AM  
Dhruva Until 1:25AM Mon  
Gara Until 7:03AM  
Shashthi\* Until 6:33PM

**Ganesha:** White    *Sunrise:* 6:28AM  
**Muruqa:** Clear    *Sunset:* 5:21PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Portland, ME  
Sun 4  
Sutra 315  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

5

Monday, February 25, 2019

Vrischika Rasi: 0.17    Tilthi 22

977273367

Family Home Evening

Routine Work    Marana Yoga

Until 11:34AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika** 1:16PM - 2:38PM  
Yama 10:32AM - 11:54AM  
**Rahu** 7:48AM - 9:10AM

**Vishakha** Until 11:34AM  
Vyaghata\* Until 12:11AM Tue  
Visti Until 6:18AM  
Saptami Until 6:14PM

**Ganesha:** Yellow    *Sunrise:* 6:26AM  
**Muruqa:** Clear    *Sunset:* 5:22PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Portland, ME  
Sun 5  
Sutra 316  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

D

Tuesday, February 26, 2019

Retreat Star

Vrischika Rasi: 13.14    Tilthi 23

978273367

Creative Work    Siddha Yoga

Until 12:29PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 11:54AM - 1:17PM  
Yama 9:09AM - 10:32AM  
**Rahu** 2:39PM - 4:01PM

**Anuradha** Until 12:29PM  
Harshana Until 11:39PM  
Balava Until 6:26AM  
Ashtami\* Until 6:47PM

**Ganesha:** Blue    *Sunrise:* 6:24AM  
**Muruqa:** Clear    *Sunset:* 5:24PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Portland, ME  
Sun 6  
Sutra 317  
Vilamba 5120  
Moon 2 - Phase 43  
Ashtami

**Sivaloka Day**

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 25.47    Tilthi 24

978273367

Creative Work    Siddha Yoga

Until 2:01PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 10:31AM - 11:54AM  
Yama 7:46AM - 9:08AM  
**Rahu** 11:54AM - 1:17PM

**Jyeshtha\*** Until 2:01PM  
Vajra\* Until 11:39PM  
Taitila Until 7:23AM  
Navami\* Until 8:08PM

**Ganesha:** Blue    *Sunrise:* 6:23AM  
**Muruqa:** Clear    *Sunset:* 5:25PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Portland, ME  
Sun 7  
Sutra 318  
Vilamba 5120  
Moon 2 - Phase 43  
Navami

**Sivaloka Day**

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Portland, ME Sun 8 Sutra 319 Vilamba 5120
Dhanus Rasi: 8.01	Tithi 25	<b>Gulika</b> 9:07AM – 10:31AM	<b>Mula* Until 4:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:21AM	
		Yama 6:21AM – 7:44AM	Siddhi Until 12:09AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 1:17PM – 2:40PM	Vanija Until 9:05AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 10:07PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
				<b>Magha-Masi</b>		

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 9 Sutra 320 Vilamba 5120
Dhanus Rasi: 20.02	Tithi 26	<b>Gulika</b> 7:42AM – 9:06AM	<b>Purvashadha* Until 7:22PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:18AM	
		Yama 2:41PM – 4:05PM	Vyatipata* Until 12:59AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 10:30AM – 11:53AM	Bava Until 11:19AM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 12:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 7:22PM				<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, ME Sun 10 Sutra 321 Vilamba 5120
Makara Rasi: 1.53	Tithi 27	<b>Gulika</b> 6:16AM – 7:40AM	<b>Uttarashadha Until 10:19PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:16AM	
		Yama 1:17PM – 2:42PM	Variyan Until 1:58AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 9:05AM – 10:29AM	Kaulava Until 1:55PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 3:15AM Sun</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 10:19PM				<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME Sun 11 Sutra 322 Vilamba 5120
Makara Rasi: 13.41	Tithi 28	<b>Gulika</b> 2:42PM – 4:07PM	<b>Shravana Until 1:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:15AM	
		Yama 11:53AM – 1:18PM	Parigha* Until 3:02AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 4:07PM – 5:31PM	Gara Until 4:39PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi* Until 6:00AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>
Until 1:40AM Mon				<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 12 Sutra 323 Vilamba 5120
Makara Rasi: 25.27	Tithi 28 – 29	<b>Gulika</b> 1:18PM – 2:43PM	<b>Dhanishtha Until 4:47AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:13AM	
<b>Family Home Evening</b>		Yama 10:28AM – 11:53AM	Shiva Until 4:03AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 7:38AM – 9:03AM	Visti Until 7:22PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 6:00AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 4:47AM Tue				<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga		<b>Mahasivaratri (Lunar)</b>				
		<b>Mahasivaratri (Solar)</b>				

<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhisak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 13 Sutra 324 Vilamba 5120
Kumbha Rasi: 7.15	Tithi 29 – 30	<b>Gulika</b> 11:53AM – 1:18PM	<b>Shatabhisak Until 7:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:11AM	
		Yama 9:02AM – 10:27AM	Siddha Until 4:53AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 44
		199273367 <b>Rahu</b> 2:43PM – 4:09PM	Catuspada Until 9:56PM	<b>Nataraja:</b> White		Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:39AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 7:33AM Wed				<b>Magha-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhisak/Purvaprosithpada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, ME Sun 14 Sutra 325 Vilamba 5120
Kumbha Rasi: 19.08	Tithi 30 – 1	<b>Gulika</b> 10:27AM – 11:52AM	<b>Shatabhisak Until 7:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:09AM	
		Yama 7:35AM – 9:01AM	Sadhya Until 5:32AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 2 - Phase 44
		199373367 <b>Rahu</b> 11:52AM – 1:18PM	Kintughna Until 12:14AM Thu	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 11:06AM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 7:33AM				<b>Phalgun-Masi</b>		
Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Portland, ME Sun 15 Sutra 326
Meena Rasi: 1.07	Tithi 1 – 2	119373367	<b>Gulika</b> Yama <b>Rahu</b>	<b>9:00AM – 10:26AM</b> 6:08AM – 7:34AM 1:18PM – 2:44PM	<b>Purvaproshtapada* Until 10:24AM</b> Subha Until 5:58AM Fri Balava Until 2:13AM Fri <b>Prathama* Until 1:15PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:08AM Sunset: 5:36PM Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga						

<b>2</b>		<b>Friday, March 8, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Portland, ME Sun 16 Sutra 327
Meena Rasi: 13.13	Tithi 2 – 3	119373367	<b>Gulika</b> Yama <b>Rahu</b>	<b>7:32AM – 8:59AM</b> 2:45PM – 4:11PM 10:25AM – 11:52AM	<b>Uttaraproshtapada Until 12:46PM</b> Sukla Until 6:07AM Sat Taitila Until 3:53AM Sat <b>Dvitiya Until 3:04PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:06AM Sunset: 5:39PM Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga						

<b>3</b>		<b>Saturday, March 9, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau	Portland, ME Sun 17 Sutra 328
Meena Rasi: 25.28	Tithi 3 – 4	119373367	<b>Gulika</b> Yama <b>Rahu</b>	<b>6:04AM – 7:31AM</b> 1:18PM – 2:45PM 8:58AM – 10:25AM	<b>Revati Until 2:38PM</b> Sukla Until 6:07AM Vanija Until 5:09AM Sun <b>Tritiya Until 4:33PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:04AM Sunset: 5:39PM Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga						
Until 2:38PM							
Then Creative Work - Siddha Yoga					<b>Subramuniyaswami Siva Vision Day</b>		

<b>4</b>		<b>Sunday, March 10, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Portland, ME Sun 18 Sutra 329
Mesha Rasi: 7.52	Tithi 4 – 5	129373367	<b>Gulika</b> Yama <b>Rahu</b>	<b>2:46PM – 4:13PM</b> 11:51AM – 1:19PM 4:13PM – 5:40PM	<b>Ashvini Until 4:27PM</b> Indra Until 6:00AM Bava Until 6:01AM Mon <b>Chaturthi* Until 5:38PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:03AM Sunset: 5:40PM Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga						
Until 4:27PM							
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Monday, March 11, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau	Portland, ME Sun 19 Sutra 330
Mesha Rasi: 20.27	Tithi 5	129373367	<b>Gulika</b> Yama <b>Rahu</b>	<b>1:19PM – 2:46PM</b> 10:24AM – 11:51AM 7:28AM – 8:56AM	<b>Bharani Until 5:41PM</b> Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM <b>Panchami Until 6:16PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:01AM Sunset: 5:41PM Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Family Home Evening							
Creative Work	Siddha Yoga						
Until 5:41PM							
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Tuesday, March 12, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Portland, ME Sun 20 Sutra 331
Vrishabha Rasi: 3.15	Tithi 6	129373367	<b>Gulika</b> Yama <b>Rahu</b>	<b>11:51AM – 1:19PM</b> 8:55AM – 10:23AM 2:47PM – 4:15PM	<b>Krittika Until 6:17PM</b> Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM <b>Shashthi* Until 6:24PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	Sunrise: 5:59AM Sunset: 5:43PM Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga						
Until 6:17PM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Portland, ME Sun 21 Sutra 332
Vrishabha Rasi: 16.19	Tithi 7 – 8	131373367	<b>Gulika</b> Yama <b>Rahu</b>	<b>10:22AM – 11:51AM</b> 7:26AM – 8:54AM 11:51AM – 1:19PM	<b>Rohini Until 6:39PM</b> Priti Until 1:54AM Thu Gara Until 6:17AM <b>Saptami Until 5:59PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 5:57AM Sunset: 5:44PM Moon 2 - Phase 45 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Portland, ME Sun 22 Sutra 333
Vrishabha Rasi: 29.41	Tithi 8 – 9	131373367	<b>Gulika</b> Yama <b>Rahu</b>	<b>8:53AM – 10:22AM</b> 5:55AM – 7:24AM 1:19PM – 2:48PM	<b>Mrigashira Until 6:15PM</b> Ayushman Until 11:44PM Balava Until 4:12AM Fri <b>Ashtami* Until 4:56PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Phalguna-Panguni</b>	Sunrise: 5:55AM Sunset: 5:45PM Moon 2 - Phase 45 Ashtami <b>Sivaloka Day</b>
Routine Work	Marana Yoga						
					<b>Karadaiyan Nombu (Tamil Nadu)</b>		

<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Portland, ME Sun 23 Sutra 334
Mithuna Rasi: 13.25	Tithi 9 – 10	131373368	<b>Gulika</b> Yama <b>Rahu</b>	<b>7:23AM – 8:52AM</b> 2:48PM – 4:17PM 10:21AM – 11:50AM	<b>Ardra Until 5:07PM</b> Saubhagya Until 9:05PM Taitila Until 2:14AM Sat <b>Navami* Until 3:17PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Panguni</b>	Sunrise: 5:54AM Sunset: 5:46PM Moon 2 - Phase 45 Navami <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga						


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 27.32	Tithi 10 - 11	<b>Gulika</b> 5:52AM - 7:21AM	<b>Punarvasu</b> Until 3:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM	
			Yama 1:19PM - 2:49PM	Sobhana Until 6:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 8:51AM - 10:20AM	Vanija Until 11:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 1:02PM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 12	Tithi 11 - 12	<b>Gulika</b> 2:49PM - 4:19PM	<b>Pushya</b> Until 1:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	
			Yama 11:49AM - 1:19PM	Athiganda* Until 2:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:19PM - 5:49PM	Bava Until 8:45PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 10:16AM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Tailila Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 26.47	Tithi 12 - 13	<b>Gulika</b> 1:19PM - 2:50PM	<b>Ashlesha*</b> Until 11:01AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:48AM	
	<b>Family Home Evening</b>		Yama 10:19AM - 11:49AM	Sukarma Until 10:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:19AM - 8:49AM	Taitila Until 3:41AM Tue	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 7:07AM	Moon - Blue		<b>Sivaloka Day</b>	
			<b>Yogaswami Mahasamadhi</b>	<b>Pradosha Vrata</b>			
				<b>Phalguna-Panguni</b>			

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 11.47	Tithi 14	<b>Gulika</b> 11:49AM - 1:19PM	<b>Magha*</b> Until 8:27AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:47AM	
			Yama 8:48AM - 10:18AM	Dhriti Until 6:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 2:50PM - 4:21PM	Gara Until 1:56PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi*</b> Until 12:08AM Wed	Moon - Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sun 28 Sutra 339 Vilamba 5120
	Simha Rasi: 26.52	Tithi 15	<b>Gulika</b> 10:18AM - 11:49AM	<b>Uttaraphalguni</b> Until 2:50AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	
			Yama 7:16AM - 8:47AM	Ganda* Until 10:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 11:49AM - 1:19PM	Visti Until 10:23AM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima*</b> Until 8:37PM	Moon - Red		<b>Subha Sivaloka Day</b>	
			<b>Panguni Uttiram</b>	<b>Phalguna-Panguni</b>			
			<b>Holi</b>				

<b>5</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 29 Sutra 340 Vilamba 5120
	Kanya Rasi: 11.52	Tithi 16 - 17	<b>Gulika</b> 8:46AM - 10:17AM	<b>Hasta</b> Until 12:33AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:43AM	
			Yama 5:43AM - 7:14AM	Vriddhi Until 6:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 46
	Routine Work	Marana Yoga	161383368 <b>Rahu</b> 1:20PM - 2:51PM	Balava Until 6:57AM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 5:19PM	Moon - Green		<b>Devaloka Day</b>	
				<b>Phalguna-Panguni</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 26.39 Tithi 17 – 18

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 7:13AM – 8:45AM  
**Yama** 2:51PM – 4:23PM  
**Rahu** 10:16AM – 11:48AM

**Chitra Until 10:33PM**  
Dhruva Until 3:08PM  
Vanija Until 1:09AM Sat  
Dvitiya Until 2:24PM

**Ganesha:** Yellow *Sunrise:* 5:41AM  
**Muruqa:** White *Sunset:* 5:55PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Portland, ME  
Sun 1 Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**1**

**Saturday, March 23, 2019**

Tula Rasi: 11.05 Tithi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 5:39AM – 7:11AM  
**Yama** 1:20PM – 2:52PM  
**Rahu** 8:44AM – 10:16AM

**Svati Until 9:02PM**  
Vyaghata\* Until 12:03PM  
Bava Until 11:07PM  
Tritiya Until 12:02PM

**Ganesha:** Blue *Sunrise:* 5:39AM  
**Muruqa:** White *Sunset:* 5:56PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Portland, ME  
Sun 2 Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**2**

**Sunday, March 24, 2019**

Tula Rasi: 25.05 Tithi 19 – 20

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 2:52PM – 4:25PM  
**Yama** 11:47AM – 1:20PM  
**Rahu** 4:25PM – 5:57PM

**Vishakha Until 8:31PM**  
Harshana Until 9:33AM  
Kaulava Until 9:50PM  
Chaturthi\* Until 10:21AM

**Ganesha:** Red *Sunrise:* 5:38AM  
**Muruqa:** White *Sunset:* 5:57PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Portland, ME  
Sun 3 Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 9 Tithi 20 – 21

**Family Home Evening**  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 1:20PM – 2:53PM  
**Yama** 10:14AM – 11:47AM  
**Rahu** 7:09AM – 8:41AM

**Anuradha Until 8:43PM**  
Vajra\* Until 7:41AM  
Gara Until 9:24PM  
Panchami Until 9:29AM

**Ganesha:** Red *Sunrise:* 5:36AM  
**Muruqa:** White *Sunset:* 5:58PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Portland, ME  
Sun 4 Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 21.39 Tithi 21 – 22

Routine Work Marana Yoga  
Until 9:37PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 11:47AM – 1:20PM  
**Yama** 8:40AM – 10:14AM  
**Rahu** 2:53PM – 4:26PM

**Jyeshtha\* Until 9:37PM**  
Siddhi Until 6:31AM  
Visti Until 9:52PM  
Shashthi\* Until 9:30AM

**Ganesha:** Red *Sunrise:* 5:34AM  
**Muruqa:** White *Sunset:* 5:59PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Portland, ME  
Sun 5 Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**Retreat Star**

**Wednesday, March 27, 2019**

Dhanus Rasi: 4.16 Tithi 22 – 23

Routine Work Marana Yoga  
Until 11:38PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:13AM – 11:46AM  
**Yama** 7:06AM – 8:39AM  
**Rahu** 11:46AM – 1:20PM

**Mula\* Until 11:38PM**  
Vyatipata\* Until 6:02AM  
Balava Until 11:10PM  
Saptami Until 10:24AM

**Ganesha:** Green *Sunrise:* 5:32AM  
**Muruqa:** White *Sunset:* 6:01PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Portland, ME  
Sun 6 Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**Thursday, March 28, 2019**

**Retreat Star**

Dhanus Rasi: 16.33 Tithi 23 – 24

Creative Work Siddha Yoga  
Until 2:10AM Fri  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 8:38AM – 10:12AM  
**Yama** 5:30AM – 7:04AM  
**Rahu** 1:20PM – 2:54PM

**Purvashadha\* Until 2:10AM Fri**  
Variyan Until 6:09AM  
Taitila Until 1:09AM Fri  
Ashtami\* Until 12:04PM

**Ganesha:** Green *Sunrise:* 5:30AM  
**Muruqa:** White *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Portland, ME  
Sun 7 Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Friday, March 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, ME Sun 8 Sutra 348 Vilamba 5120
Dhanus Rasi: 28.34	Tithi 24 – 25	182383468	<b>Gulika</b> 7:03AM – 8:37AM <b>Yama</b> 2:54PM – 4:29PM <b>Rahu</b> 10:12AM – 11:46AM	<b>Uttarashadha Until 4:57AM Sat</b> Parigha* Until 6:45AM Vanija Until 3:36AM Sat Navami* Until 2:19PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Light Blue <b>Phalguna-Panguni</b>	Sunrise: 5:29AM Sunset: 6:03PM Moon 3 - Phase 48 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 4:57AM Sat Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 10.25	Tithi 25 – 26	192383468	<b>Gulika</b> 5:27AM – 7:02AM <b>Yama</b> 1:20PM – 2:55PM <b>Rahu</b> 8:36AM – 10:11AM	<b>Shravana Until 8:17AM Sun</b> Shiva Until 7:42AM Bava Until 6:17AM Sun Dashami Until 4:54PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sunrise: 5:27AM Sunset: 6:04PM Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:17AM Sun Then Routine Work - Marana Yoga						

<b>3</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 22.12	Tithi 26	192383468	<b>Gulika</b> 2:55PM – 4:30PM <b>Yama</b> 11:45AM – 1:20PM <b>Rahu</b> 4:30PM – 6:05PM	<b>Shravana Until 8:17AM</b> Siddha Until 8:45AM Bava Until 6:17AM Ekadashi* Until 7:36PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sunrise: 5:25AM Sunset: 6:05PM Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 8:17AM Then Routine Work - Marana Yoga						

<b>4</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, ME Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 3.59	Tithi 27	192483468	<b>Gulika</b> 1:20PM – 2:55PM <b>Yama</b> 10:10AM – 11:45AM <b>Rahu</b> 7:00AM – 8:35AM	<b>Dhanishtha Until 11:25AM</b> Sadhya Until 9:47AM Kaulava Until 8:56AM Dvadashi* Until 10:11PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sunrise: 5:25AM Sunset: 6:05PM Moon 3 - Phase 48 2nd Phase <b>Subha Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga						

<b>5</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 15.51	Tithi 28	192483468	<b>Gulika</b> 11:45AM – 1:20PM <b>Yama</b> 8:34AM – 10:10AM <b>Rahu</b> 2:56PM – 4:31PM	<b>Shatabhishak Until 2:10PM</b> Subha Until 10:41AM Gara Until 11:23AM Trayodashi* Until 12:28AM Wed <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sunrise: 5:23AM Sunset: 6:07PM Moon 3 - Phase 48 2nd Phase <b>Subha Sivaloka Day</b>
Routine Work Marana Yoga						

<b>6</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 27.49	Tithi 29	112483468	<b>Gulika</b> 10:09AM – 11:45AM <b>Yama</b> 6:57AM – 8:33AM <b>Rahu</b> 11:45AM – 1:20PM	<b>Purvaproshtapada* Until 4:55PM</b> Sukla Until 11:17AM Visti Until 1:30PM Chaturdashi* Until 2:22AM Thu	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	Sunrise: 5:22AM Sunset: 6:08PM Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 4:55PM Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 14 Sutra 354 Vilamba 5120
Meena Rasi: 9.58	Tithi 30	112483468	<b>Gulika</b> 8:32AM – 10:08AM <b>Yama</b> 5:20AM – 6:56AM <b>Rahu</b> 1:20PM – 2:57PM	<b>Uttaraproshtapada Until 7:06PM</b> Brahma Until 11:36AM Catuspada Until 3:11PM Amavasya* Until 3:51AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	Sunrise: 5:20AM Sunset: 6:09PM Moon 3 - Phase 48 Amavasya <b>Sivaloka Day</b>
Creative Work Siddha Yoga						

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 15 Sutra 355 Vilamba 5120
Meena Rasi: 22.16	Tithi 1	113483468	<b>Gulika</b> 6:55AM – 8:31AM <b>Yama</b> 2:57PM – 4:34PM <b>Rahu</b> 10:08AM – 11:44AM	<b>Revati Until 8:42PM</b> Indra Until 11:37AM Kintughna Until 4:27PM Prathama* Until 4:54AM Sat	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Panguni</b>	Sunrise: 5:18AM Sunset: 6:10PM Moon 3 - Phase 48 Prathama <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 8:42PM Then Creative Work - Amrita Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 16 Sutra 356 Vilamba 5120
Mesha Rasi: 4.46	Tithi 2	<b>Gulika</b> 5:16AM – 6:53AM	<b>Ashvini Until 10:13PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:16AM			
		Yama 1:21PM – 2:58PM	Vaidhriti* Until 11:15AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:11PM		Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 8:30AM – 10:07AM	Balava Until 5:17PM	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 5:31AM Sun</b>	Moon – White		<b>Devaloka Day</b>		
		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra-Panguni</b>				

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, ME Sun 17 Sutra 357 Vilamba 5120
Mesha Rasi: 17.27	Tithi 3	<b>Gulika</b> 2:58PM – 4:35PM	<b>Bharani Until 11:12PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:14AM			
		Yama 11:43AM – 1:21PM	Vishkambha* Until 10:36AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:12PM		Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 4:35PM – 6:12PM	Taitila Until 5:42PM	<b>Nataraja:</b> Purple			3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 5:45AM Mon</b>	Moon – White		<b>Devaloka Day</b>		
Until 11:12PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Portland, ME Sun 18 Sutra 358 Vilamba 5120
Vrishabha Rasi: 0.19	Tithi 4	<b>Gulika</b> 1:21PM – 2:58PM	<b>Krittika Until 11:39PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:13AM			
<b>Family Home Evening</b>		Yama 10:06AM – 11:43AM	Priti Until 9:40AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:14PM		Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 6:50AM – 8:28AM	Vanija Until 5:45PM	<b>Nataraja:</b> Purple			3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi* Until 5:37AM Tue</b>	Moon – White		<b>Devaloka Day</b>		
Until 11:39PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME Sun 19 Sutra 359 Vilamba 5120
Vrishabha Rasi: 13.22	Tithi 5	<b>Gulika</b> 11:43AM – 1:21PM	<b>Rohini Until 12:03AM Wed</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:11AM			
		Yama 8:27AM – 10:05AM	Ayushman Until 8:25AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:15PM		Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 2:59PM – 4:37PM	Bava Until 5:26PM	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami Until 5:07AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>		
Until 12:03AM Wed				<b>Chaitra-Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME Sun 20 Sutra 360 Vilamba 5120
Vrishabha Rasi: 26.37	Tithi 6	<b>Gulika</b> 10:04AM – 11:43AM	<b>Mrigashira Until 11:56PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:09AM			
		Yama 6:48AM – 8:26AM	Saubhagya Until 6:53AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:16PM		Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 11:43AM – 1:21PM	Kaulava Until 4:44PM	<b>Nataraja:</b> Purple			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 4:14AM Thu</b>	Moon – Yellow		<b>Sivaloka Day</b>		
				<b>Chaitra-Panguni</b>				

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Portland, ME Sun 21 Sutra 361 Vilamba 5120
Mithuna Rasi: 10.05	Tithi 7	<b>Gulika</b> 8:25AM – 10:04AM	<b>Ardra Until 11:16PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:08AM			
		Yama 5:08AM – 6:46AM	Athiganda* Until 2:53AM Fri	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:17PM		Moon 3 - Phase 49	
		133483468 <b>Rahu</b> 1:21PM – 3:00PM	Gara Until 3:39PM	<b>Nataraja:</b> Purple			3rd Phase	
Routine Work	Marana Yoga		<b>Saptami Until 2:56AM Fri</b>	Moon – Yellow		<b>Sivaloka Day</b>		
Until 11:16PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, ME Sun 22 Sutra 362 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:45AM – 8:24AM	<b>Punarvasu Until 10:29PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:06AM			
Mithuna Rasi: 23.46	Tithi 8	Yama 3:00PM – 4:39PM	Sukarma Until 12:23AM Sat	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:18PM		Moon 3 - Phase 49	
		143483468 <b>Rahu</b> 10:03AM – 11:42AM	Visti Until 2:08PM	<b>Nataraja:</b> Purple			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:13AM Sat</b>	Moon – Blue		<b>Devaloka Day</b>		
Until 10:29PM				<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga								

<b>☽</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Portland, ME Sun 23 Sutra 363 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:04AM – 6:44AM	<b>Pushya Until 9:09PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:04AM			
Kataka Rasi: 7.43	Tithi 9	Yama 1:21PM – 3:01PM	Dhriti Until 9:35PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:20PM		Moon 3 - Phase 49	
		143483468 <b>Rahu</b> 8:23AM – 10:02AM	Balava Until 12:13PM	<b>Nataraja:</b> Purple			Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 11:06PM</b>	Moon – Blue		<b>Devaloka Day</b>		
Until 9:09PM		<b>Sri Rama Navami</b>		<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga								

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 21.55	Tithi 10	<b>Gulika</b> 3:01PM – 4:41PM	<b>Ashlesha* Until 7:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	
		Yama 11:42AM – 1:21PM	Shula* Until 6:27PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 1
		243483468 <b>Rahu</b> 4:41PM – 6:21PM	Taitila Until 9:55AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		<b>Sivaloka Day</b>
Until 7:19PM			<b>Dashami Until 8:37PM</b>	<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga		<b>Tamil New Year</b>				

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 6.22	Tithi 11 – 12	<b>Gulika</b> 1:21PM – 3:02PM	<b>Magha* Until 5:27PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:01AM	
<b>Family Home Evening</b>		Yama 10:01AM – 11:41AM	Ganda* Until 3:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 <b>Rahu</b> 6:41AM – 8:21AM	Vanija Until 7:16AM	<b>Nataraja:</b> Purple		4th Phase
Until 5:27PM			<b>Ekadashi Until 5:50PM</b>	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>		

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 20.59	Tithi 12 – 13	<b>Gulika</b> 11:41AM – 1:22PM	<b>Purvaphalguni Until 3:16PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM	
		Yama 8:20AM – 10:01AM	Vridhhi Until 11:33AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 3:02PM – 4:43PM	Kaulava Until 1:22AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 2:52PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 3:16PM				<b>Chaitra*Chaitra</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 5.41	Tithi 13 – 14	<b>Gulika</b> 10:00AM – 11:41AM	<b>Uttaraphalguni Until 12:53PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM	
		Yama 6:38AM – 8:19AM	Dhruva Until 7:56AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 11:41AM – 1:22PM	Gara Until 10:22PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 11:50AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 12:53PM				<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, ME Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:18AM – 9:59AM	<b>Hasta Until 10:51AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	
Kanya Rasi: 20.22	Tithi 14 – 15	Yama 4:56AM – 6:37AM	Harshana Until 12:59AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 1:22PM – 3:03PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:53AM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 10:51AM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Portland, ME Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:36AM – 8:17AM	<b>Chitra Until 8:56AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM	
Tula Rasi: 4.53	Tithi 15 – 16	Yama 3:03PM – 4:45PM	Vajra* Until 9:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 9:59AM – 11:40AM	Kaulava Until 3:49AM Sat	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 6:09AM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Chaitra*Chaitra</b>		