



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

Des Moines, IA
Sutra 16

Vrischika Rasi: 4.1 Tithi 17
273832369 Rahu
Creative Work Siddha Yoga

Gulika 12:11PM – 1:56PM
Yama 8:41AM – 10:26AM
Rahu 3:41PM – 5:26PM

Anuradha Until 6:05AM Wed
Varyan Until 9:48PM
Taitila Until 7:40AM
Dvitiya Until 8:09PM

Ganesha: Purple *Sunrise:* 5:11AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Des Moines, IA
Sun 1 Sutra 17

Vrischika Rasi: 16.37 Tithi 18
273832369 Rahu
Creative Work Siddha Yoga

Gulika 10:25AM – 12:11PM
Yama 6:55AM – 8:40AM
Rahu 12:11PM – 1:56PM

Anuradha Until 6:05AM
Parigha* Until 9:56PM
Vanija Until 8:49AM
Tritiya Until 9:34PM

Ganesha: Purple *Sunrise:* 5:10AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA
Sun 2 Sutra 18

Vrischika Rasi: 28.49 Tithi 19
274832369 Rahu
Routine Work Prabalarishta Yoga
Until 8:08AM
Then Creative Work - Siddha Yoga

Gulika 8:40AM – 10:25AM
Yama 5:08AM – 6:54AM
Rahu 1:56PM – 3:42PM

Jyeshtha* Until 8:08AM
Shiva Until 10:28PM
Bava Until 10:30AM
Chaturthi* Until 11:30PM

Ganesha: Clear *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 7:13PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA
Sun 3 Sutra 19

Dhanus Rasi: 10.5 Tithi 20
284832369 Rahu
Creative Work Amrita Yoga
Until 10:59AM
Then Routine Work - Prabalarishta Yoga

Gulika 6:53AM – 8:39AM
Yama 3:42PM – 5:28PM
Rahu 10:25AM – 12:11PM

Mula* Until 10:59AM
Siddha Until 11:17PM
Kaulava Until 12:39PM
Panchami Until 1:50AM Sat

Ganesha: White *Sunrise:* 5:07AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA
Sun 4 Sutra 20

Dhanus Rasi: 22.44 Tithi 21
284832369 Rahu
Creative Work Siddha Yoga
Until 1:59PM
Then Routine Work - Marana Yoga

Gulika 5:06AM – 6:52AM
Yama 1:57PM – 3:43PM
Rahu 8:38AM – 10:24AM

Purvashadha* Until 1:59PM
Sadhya Until 12:18AM Sun
Gara Until 3:07PM
Shashthi* Until 4:23AM Sun

Ganesha: White *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA
Sun 5 Sutra 21

Makara Rasi: 4.32 Tithi 22
284832369 Rahu
Creative Work Amrita Yoga

Gulika 3:43PM – 5:30PM
Yama 12:10PM – 1:57PM
Rahu 5:30PM – 7:16PM

Uttarashadha Until 4:55PM
Subha Until 1:22AM Mon
Visti Until 5:42PM
Saptami Until 6:56AM Mon

Ganesha: White *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 7:16PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA
Sun 6 Sutra 22

Makara Rasi: 16.21 Tithi 22 – 23
Family Home Evening
294832369 Rahu
Creative Work Amrita Yoga
Until 8:04PM
Then Creative Work - Siddha Yoga

Gulika 1:57PM – 3:44PM
Yama 10:24AM – 12:10PM
Rahu 6:50AM – 8:37AM

Shravana Until 8:04PM
Sukla Until 2:14AM Tue
Balava Until 8:08PM
Saptami Until 6:56AM

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 7:17PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA
Sun 7 Sutra 23

Makara Rasi: 28.16 Tithi 23 – 24
294832369 Rahu
Creative Work Siddha Yoga
Until 10:40PM
Then Routine Work - Marana Yoga

Gulika 12:10PM – 1:57PM
Yama 8:36AM – 10:23AM
Rahu 3:44PM – 5:31PM

Dhanishtha Until 10:40PM
Brahma Until 2:46AM Wed
Taitila Until 10:10PM
Ashtami* Until 9:12AM

Ganesha: Yellow *Sunrise:* 5:02AM
Muruqa: White *Sunset:* 7:18PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1	Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Des Moines, IA
	Kumbha Rasi: 22.23	Tithi 24 – 25	Gulika 10:23AM – 12:10PM	Shatabhishak Until 12:30AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM	Sun 8 Sutra 24
	294832369	Rahu 12:10PM – 1:57PM	Yama 6:48AM – 8:36AM	Indra Until 2:49AM Thu	Muruqa: White	<i>Sunset:</i> 7:19PM	Vilamba 5120
	Creative Work Siddha Yoga			Vanija Until 11:35PM	Nataraja: Purple		Moon 4 - Phase 4
			Navami* Until 10:57AM	Moon – Purple		2nd Phase	
				Vaisaka-Chaitra		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

2	Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Kumbha Rasi: 22.46	Tithi 25 – 26	Gulika 8:35AM – 10:23AM	Purvaproshtapada* Until 1:55AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM	Sun 9 Sutra 25
	214832369	Rahu 1:58PM – 3:45PM	Yama 5:00AM – 6:48AM	Vaidhriti* Until 2:14AM Fri	Muruqa: White	<i>Sunset:</i> 7:20PM	Vilamba 5120
	Creative Work Siddha Yoga			Bava Until 12:14AM Fri	Nataraja: Purple		Moon 4 - Phase 4
			Dashami Until 12:00PM	Moon – Clear		2nd Phase	
				Vaisaka-Chaitra		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

3	Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Meena Rasi: 5.31	Tithi 26 – 27	Gulika 6:47AM – 8:35AM	Uttaraproshtapada Until 2:22AM Sat	Ganesha: Blue	<i>Sunrise:</i> 4:59AM	Sun 10 Sutra 26
	214932369	Rahu 10:22AM – 12:10PM	Yama 3:46PM – 5:33PM	Vishkambha* Until 1:01AM Sat	Muruqa: White	<i>Sunset:</i> 7:21PM	Vilamba 5120
	Creative Work Siddha Yoga			Kaulava Until 12:03AM Sat	Nataraja: Purple		Moon 4 - Phase 4
			Ekadashi* Until 12:14PM	Moon – Clear		2nd Phase	
				Vaisaka-Chaitra		Bhuloka Day	

4	Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Meena Rasi: 18.41	Tithi 27 – 28	Gulika 4:58AM – 6:46AM	Revati Until 1:53AM Sun	Ganesha: Blue	<i>Sunrise:</i> 4:58AM	Sun 11 Sutra 27
	214932369	Rahu 8:34AM – 10:22AM	Yama 1:58PM – 3:46PM	Priti Until 11:10PM	Muruqa: White	<i>Sunset:</i> 7:22PM	Vilamba 5120
	Routine Work Prabalarishta Yoga			Gara Until 11:05PM	Nataraja: Purple		Moon 4 - Phase 4
			Dvadashi* Until 11:39AM	Moon – Clear		2nd Phase	
				Vaisaka-Chaitra		Bhuloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Mesha Rasi: 2.16	Tithi 28 – 29	Gulika 3:47PM – 5:35PM	Ashvini Until 1:01AM Mon	Ganesha: Blue	<i>Sunrise:</i> 4:57AM	Sun 12 Sutra 28
	224932369	Rahu 5:35PM – 7:23PM	Yama 12:10PM – 1:58PM	Ayushman Until 8:45PM	Muruqa: White	<i>Sunset:</i> 7:23PM	Vilamba 5120
	Creative Work Siddha Yoga			Visti Until 9:24PM	Nataraja: Purple		Moon 4 - Phase 4
			Trayodashi* Until 10:18AM	Moon – White		2nd Phase	
				Vaisaka-Chaitra		Bhuloka Day	

Monday, May 14, 2018	Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA
	Mesha Rasi: 16.15	Tithi 29 – 30	Gulika 1:59PM – 3:47PM	Bharani Until 11:28PM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Sun 13 Sutra 29
	Family Home Evening	224932369	Yama 10:21AM – 12:10PM	Saubhagya Until 5:51PM	Muruqa: White	<i>Sunset:</i> 7:24PM	Vilamba 5120
	Creative Work Siddha Yoga		Rahu 6:44AM – 8:33AM	Catuspada Until 7:09PM	Nataraja: Purple		Moon 4 - Phase 4
			Chaturdashi* Until 8:20AM	Moon – White		Amavasya	
				Vaisaka-Vaikasi		Bhuloka Day	

Tuesday, May 15, 2018	Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA
	Vrishabha Rasi: 0.35	Tithi 1	Gulika 12:10PM – 1:59PM	Krittika Until 9:22PM	Ganesha: Red	<i>Sunrise:</i> 4:55AM	Sun 14 Sutra 30
	225932369	Rahu 3:48PM – 5:36PM	Yama 8:32AM – 10:21AM	Sobhana Until 2:37PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Vilamba 5120
	Creative Work Siddha Yoga			Kintughna Until 4:29PM	Nataraja: Purple		Moon 4 - Phase 4
			Prathama* Until 3:01AM Wed	Moon – White		Prathama	
				Jyeshtha Adhika-Vaikasi		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 31 Vilamba 5120
	Vrishabha Rasi: 15.1	Tithi 2	Gulika 10:21AM – 12:10PM	Rohini Until 7:20PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	
			Yama 6:43AM – 8:32AM	Athiganda* Until 11:08AM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 5
	235932369	Rahu 12:10PM – 1:59PM		Balava Until 1:33PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:01AM Thu	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

2	Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 32 Vilamba 5120
	Vrishabha Rasi: 29.52	Tithi 3	Gulika 8:31AM – 10:21AM	Mrigashira Until 5:05PM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	
			Yama 4:53AM – 6:42AM	Sukarma Until 7:34AM	Muruqa: White	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 5
	235932369	Rahu 1:59PM – 3:49PM		Taitila Until 10:30AM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 8:58PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

3	Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA Sun 17 Sutra 33 Vilamba 5120
	Mithuna Rasi: 14.34	Tithi 4	Gulika 6:42AM – 8:31AM	Ardra Until 2:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	
			Yama 3:49PM – 5:39PM	Shula* Until 12:32AM Sat	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 5
	235932369	Rahu 10:21AM – 12:10PM		Vanija Until 7:29AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:00PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

4	Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA Sun 18 Sutra 34 Vilamba 5120
	Mithuna Rasi: 29.09	Tithi 5 – 6	Gulika 4:51AM – 6:41AM	Punarvasu Until 12:55PM	Ganesha: White	<i>Sunrise:</i> 4:51AM	
			Yama 2:00PM – 3:50PM	Ganda* Until 9:16PM	Muruqa: White	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 5
	245932369	Rahu 8:31AM – 10:20AM		Kaulava Until 2:00AM Sun	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:15PM	Moon – Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

5	Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA Sun 19 Sutra 35 Vilamba 5120
	Kataka Rasi: 13.34	Tithi 6 – 7	Gulika 3:50PM – 5:40PM	Pushya Until 11:13AM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
			Yama 12:10PM – 2:00PM	Vriddhi Until 6:17PM	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 5
	245932369	Rahu 5:40PM – 7:30PM		Gara Until 11:43PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 12:48PM	Moon – Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

Monday, May 21, 2018	Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA Sun 20 Sutra 36 Vilamba 5120
	Kataka Rasi: 27.43	Tithi 7 – 8	Gulika 2:00PM – 3:51PM	Ashlesha* Until 9:44AM	Ganesha: White	<i>Sunrise:</i> 4:49AM	
	Family Home Evening		Yama 10:20AM – 12:10PM	Dhruva Until 3:35PM	Muruqa: White	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 5
	245932369	Rahu 6:40AM – 8:30AM		Visti Until 9:49PM	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:42AM	Moon – Blue		Devaloka Day	
Until 9:44AM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Tuesday, May 22, 2018	Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 21 Sutra 37 Vilamba 5120
	Simha Rasi: 11.38	Tithi 8 – 9	Gulika 12:10PM – 2:01PM	Magha* Until 8:55AM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	
			Yama 8:29AM – 10:20AM	Vyaghata* Until 1:13PM	Muruqa: White	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 5
	255932369	Rahu 3:51PM – 5:42PM		Balava Until 8:19PM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Ashtami* Until 9:00AM	Moon – Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
	Simha Rasi: 25.19	Tithi 9 – 10	Gulika	10:20AM – 12:10PM	Purvaphalguni Until 8:23AM	Ganesha: Clear	Sun 22 Sutra 38
			Yama	6:39AM – 8:29AM	Harshana Until 11:12AM	Sunrise: 4:48AM	Vilamba 5120
	Creative Work	Amrita Yoga	255932369 Rahu	12:10PM – 2:01PM	Taitila Until 7:13PM	Sunset: 7:33PM	Moon 4 - Phase 6 4th Phase
			Navami* Until 7:42AM		Moon – Red	Bhuloka Day	
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2	Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Kanya Rasi: 8.45	Tithi 10 – 11	Gulika	8:29AM – 10:20AM	Uttaraphalguni Until 8:05AM	Ganesha: Clear	Sun 23 Sutra 39
			Yama	4:47AM – 6:38AM	Vajra* Until 9:28AM	Sunrise: 4:47AM	Vilamba 5120
		Amrita Yoga	255932369 Rahu	2:01PM – 3:52PM	Vanija Until 6:31PM	Sunset: 7:34PM	Moon 4 - Phase 6 4th Phase
Until 8:05AM			Dashami Until 6:48AM		Moon – Red	Bhuloka Day	
Then Routine Work - Marana Yoga					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

3	Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatlipata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Kanya Rasi: 21.59	Tithi 11 – 12	Gulika	6:37AM – 8:29AM	Hasta Until 8:28AM	Ganesha: Purple	Sun 24 Sutra 40
			Yama	3:53PM – 5:44PM	Siddhi Until 8:04AM	Sunrise: 4:46AM	Vilamba 5120
	Creative Work	Amrita Yoga	366932369 Rahu	10:20AM – 12:11PM	Bava Until 6:12PM	Sunset: 7:35PM	Moon 4 - Phase 6 4th Phase
Until 8:28AM			Ekadashi Until 6:18AM		Moon – Green	Bhuloka Day	
Then Creative Work - Siddha Yoga					Jyeshtha Adhika-Vaikasi		

4	Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatlipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Tula Rasi: 5	Tithi 12 – 13	Gulika	4:46AM – 6:37AM	Chitra Until 9:05AM	Ganesha: Purple	Sun 25 Sutra 41
			Yama	2:02PM – 3:53PM	Vyatlipata* Until 6:59AM	Sunrise: 4:46AM	Vilamba 5120
	Routine Work	Marana Yoga	366932369 Rahu	8:28AM – 10:19AM	Kaulava Until 6:17PM	Sunset: 7:35PM	Moon 4 - Phase 6 4th Phase
Until 9:05AM			Dvadashi Until 6:11AM		Moon – Green	Bhuloka Day	
Then Creative Work - Siddha Yoga					Jyeshtha Adhika-Vaikasi		<i>Pradosha Vrata</i>

5	Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigraha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Tula Rasi: 17.49	Tithi 13 – 14	Gulika	3:54PM – 5:45PM	Svati Until 9:56AM	Ganesha: Purple	Sun 26 Sutra 42
			Yama	12:11PM – 2:02PM	Variyan Until 6:11AM	Sunrise: 4:45AM	Vilamba 5120
	Creative Work	Siddha Yoga	366932369 Rahu	5:45PM – 7:36PM	Gara Until 6:46PM	Sunset: 7:36PM	Moon 4 - Phase 6 4th Phase
Until 9:56AM			Vaikasi Visakam		Moon – Green	Bhuloka Day	
Then Routine Work - Marana Yoga					Jyeshtha Adhika-Vaikasi		

	Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA
	Copper Retreat Star		Gulika	2:02PM – 3:54PM	Vishakha Until 11:30AM	Ganesha: Clear	Sun 27 Sutra 43
	Vrischika Rasi: 0.27	Tithi 14 – 15	Yama	10:19AM – 12:11PM	Shiva Until 5:39AM Tue	Sunrise: 4:45AM	Vilamba 5120
	Family Home Evening		376932369 Rahu	6:36AM – 8:28AM	Visti Until 7:41PM	Sunset: 7:37PM	Moon 4 - Phase 6 Purnima
Until 11:30AM			Chaturdashi* Until 7:09AM		Moon – Orange	Bhuloka Day	
Then Creative Work - Siddha Yoga					Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

	Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA
	Silver Retreat Star		Gulika	12:11PM – 2:03PM	Anuradha Until 1:22PM	Ganesha: Clear	Sun 28 Sutra 44
	Vrischika Rasi: 12.53	Tithi 15 – 16	Yama	8:27AM – 10:19AM	Siddha Until 5:53AM Wed	Sunrise: 4:44AM	Vilamba 5120
	Creative Work	Siddha Yoga	376932369 Rahu	3:54PM – 5:46PM	Balava Until 9:03PM	Sunset: 7:38PM	Moon 4 - Phase 6 Prathama
Until 1:22PM			Purnima* Until 8:17AM		Moon – Orange	Bhuloka Day	
Then Routine Work - Marana Yoga					Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 25.07 Tithi 16 - 17

Gulika 10:19AM - 12:11PM
Yama 6:35AM - 8:27AM
Rahu 12:11PM - 2:03PM

Jyeshtha* Until 3:29PM
Sadhya Until 6:27AM Thu
Taitila Until 10:51PM
Prathama* Until 9:52AM

Ganesha: Clear Sunrise: 4:43AM
Muruqa: White Sunset: 7:39PM
Nataraja: Purple
Moon - Orange

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 3:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 7.11 Tithi 17 - 18

Gulika 8:27AM - 10:19AM
Yama 4:43AM - 6:35AM
Rahu 2:03PM - 3:55PM

Mula* Until 6:19PM
Sadhya Until 6:27AM
Vanija Until 1:02AM Fri
Dvitiya Until 11:53AM

Ganesha: White Sunrise: 4:43AM
Muruqa: White Sunset: 7:40PM
Nataraja: Purple
Moon - Light Blue

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 9:17PM

Then Routine Work - Marana Yoga

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 19.07 Tithi 18 - 19

Gulika 6:35AM - 8:27AM
Yama 3:56PM - 5:48PM
Rahu 10:19AM - 12:11PM

Purvashadha* Until 9:17PM
Subha Until 7:18AM
Bava Until 3:30AM Sat
Tritiya Until 2:13PM

Ganesha: Yellow Sunrise: 4:42AM
Muruqa: White Sunset: 7:40PM
Nataraja: Purple
Moon - Light Blue

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 9:17PM

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 0.56 Tithi 19 - 20

Gulika 4:42AM - 6:34AM
Yama 2:04PM - 3:56PM
Rahu 8:27AM - 10:19AM

Uttarashadha Until 12:15AM Sun
Sukla Until 8:20AM
Kaulava Until 6:06AM Sun
Chaturthi* Until 4:47PM

Ganesha: Yellow Sunrise: 4:42AM
Muruqa: White Sunset: 7:41PM
Nataraja: Purple
Moon - Light Blue

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 12:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 12.43 Tithi 20

Gulika 3:57PM - 5:49PM
Yama 12:12PM - 2:04PM
Rahu 5:49PM - 7:42PM

Shravana Until 3:32AM Mon
Brahma Until 9:27AM
Kaulava Until 6:06AM
Panchami Until 7:22PM

Ganesha: Blue Sunrise: 4:42AM
Muruqa: White Sunset: 7:42PM
Nataraja: Purple
Moon - Purple

Devaloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 3:32AM Mon

Then Creative Work - Siddha Yoga

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 24.32 Tithi 21

Gulika 2:04PM - 3:57PM
Yama 10:19AM - 12:12PM
Rahu 6:34AM - 8:27AM

Dhanishtha Until 6:25AM Tue
Indra Until 10:30AM
Gara Until 8:37AM
Shashthi* Until 9:46PM

Ganesha: Blue Sunrise: 4:41AM
Muruqa: White Sunset: 7:42PM
Nataraja: Purple
Moon - Purple

Devaloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 6:25AM Tue

Then Routine Work - Marana Yoga

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saplamyam Titau

Des Moines, IA

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 6.27 Tithi 22

Gulika 12:12PM - 2:05PM
Yama 8:26AM - 10:19AM
Rahu 3:58PM - 5:50PM

Dhanishtha Until 6:25AM
Vaidhriti* Until 11:17AM
Visti Until 10:51AM
Saptami Until 11:45PM

Ganesha: Purple Sunrise: 4:41AM
Muruqa: White Sunset: 7:43PM
Nataraja: White
Moon - Purple

Devaloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 6:25AM

Then Routine Work - Marana Yoga

Retreat Star

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 18.33 Tithi 23

Gulika 10:19AM - 12:12PM
Yama 6:34AM - 8:26AM
Rahu 12:12PM - 2:05PM

Shatabhishak Until 8:39AM
Vishkambha* Until 11:41AM
Balava Until 12:33PM
Ashtami* Until 1:08AM Thu

Ganesha: Purple Sunrise: 4:41AM
Muruqa: White Sunset: 7:44PM
Nataraja: White
Moon - Purple

Devaloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 8:39AM

Then Creative Work - Amrita Yoga

Retreat Star

Thursday, June 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Meena Rasi: 0.56 Tithi 24

Gulika 8:26AM - 10:19AM
Yama 4:40AM - 6:33AM
Rahu 2:05PM - 3:58PM

Purvaprosarthapada* Until 10:33AM
Priti Until 11:33AM
Taitila Until 1:33PM
Navami* Until 1:44AM Fri

Ganesha: Red Sunrise: 4:40AM
Muruqa: White Sunset: 7:44PM
Nataraja: White
Moon - Clear

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Des Moines, IA Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 13.4	Tithi 25	Gulika 6:33AM – 8:26AM	Uttaraproshtapada Until 11:31AM	Ganesha: Red	<i>Sunrise:</i> 4:40AM	
		Yama 3:59PM – 5:52PM	Ayushman Until 10:45AM	Muruqa: White	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 8
318132361	Rahu 10:19AM – 12:13PM		Vanija Until 1:44PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:29AM Sat	Moon – Clear		Bhuloka Day
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 26.5	Tithi 26	Gulika 4:40AM – 6:33AM	Revati Until 11:29AM	Ganesha: Red	<i>Sunrise:</i> 4:40AM	
		Yama 2:06PM – 3:59PM	Saubhagya Until 9:18AM	Muruqa: White	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8
318132361	Rahu 8:26AM – 10:20AM		Bava Until 1:04PM	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 12:25AM Sun	Moon – Clear		Bhuloka Day
Until 11:29AM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 10.27	Tithi 27	Gulika 4:00PM – 5:53PM	Ashvini Until 10:58AM	Ganesha: Green	<i>Sunrise:</i> 4:40AM	
		Yama 12:13PM – 2:06PM	Sobhana Until 7:13AM	Muruqa: White	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8
328132361	Rahu 5:53PM – 7:46PM		Kaulava Until 11:36AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:34PM	Moon – White		Bhuloka Day
Until 10:58AM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Prabalarishta Yoga						

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 24.31	Tithi 28	Gulika 2:06PM – 4:00PM	Bharani Until 9:35AM	Ganesha: Green	<i>Sunrise:</i> 4:40AM	
		Yama 10:20AM – 12:13PM	Sukarma Until 1:18AM Tue	Muruqa: White	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8
328132361	Rahu 6:33AM – 8:26AM		Gara Until 9:25AM	Nataraja: White		2nd Phase
Family Home Evening	Siddha Yoga		Trayodashi* Until 8:05PM	Moon – White		Bhuloka Day
Until 9:35AM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Caluspada* Karana Chaturdashy/Amavasyayam Titau				Des Moines, IA Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 9	Tithi 29 – 30	Gulika 12:13PM – 2:07PM	Krittika Until 7:29AM	Ganesha: Green	<i>Sunrise:</i> 4:40AM	
		Yama 8:20AM – 10:20AM	Dhriti Until 9:43PM	Muruqa: White	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8
328132361	Rahu 4:00PM – 5:54PM		Visti Until 6:40AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Chaturdashy* Until 5:06PM	Moon – White		Bhuloka Day
Until 7:29AM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Amrita Yoga						

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA Sun 14 Sutra 59 Vilamba 5120
Retreat Star		Gulika 10:20AM – 12:14PM	Mrigashira Until 2:37AM Thu	Ganesha: White	<i>Sunrise:</i> 4:39AM	
Vrishabha Rasi: 23.47	Tithi 30 – 1	Yama 6:33AM – 8:26AM	Shula* Until 5:52PM	Muruqa: White	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8
338132361	Rahu 12:14PM – 2:07PM		Kintughna Until 12:03AM Thu	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:47PM	Moon – Yellow		Bhuloka Day
Until 2:37AM Thu				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 60 Vilamba 5120
Retreat Star		Gulika 8:27AM – 10:20AM	Ardra Until 11:46PM	Ganesha: Clear	<i>Sunrise:</i> 4:39AM	
Mithuna Rasi: 8.46	Tithi 1 – 2	Yama 4:39AM – 6:33AM	Ganda* Until 1:53PM	Muruqa: White	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8
339132361	Rahu 2:07PM – 4:01PM		Balava Until 8:31PM	Nataraja: White		Prathama
Routine Work	Marana Yoga		Prathama* Until 10:16AM	Moon – Yellow		Bhuloka Day
Until 11:46PM				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga						

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		Des Moines, IA Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 23.48	Tithi 2 – 3	Gulika 6:33AM – 8:27AM	Punarvasu Until 9:16PM	Ganesha: Orange	<i>Sunrise:</i> 4:39AM		
		Yama 4:01PM – 5:55PM	Vriddhi Until 9:56AM	Muruqa: White	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 9	
		349132361 Rahu 10:20AM – 12:14PM	Gara Until 3:20AM Sat	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 6:44AM	Moon – Blue		Bhuloka Day	
Until 9:16PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturtham Titau		Des Moines, IA Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 8.44	Tithi 4	Gulika 4:39AM – 6:33AM	Pushya Until 6:51PM	Ganesha: Orange	<i>Sunrise:</i> 4:39AM		
		Yama 2:08PM – 4:01PM	Dhruva Until 6:05AM	Muruqa: White	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9	
		349132361 Rahu 8:27AM – 10:20AM	Vanija Until 1:44PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 12:11AM Sun	Moon – Blue		Bhuloka Day	
Until 6:51PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau		Des Moines, IA Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 23.27	Tithi 5	Gulika 4:02PM – 5:55PM	Ashlesha* Until 4:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:40AM		
		Yama 12:14PM – 2:08PM	Harshana Until 11:13PM	Muruqa: White	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9	
		349132361 Rahu 5:55PM – 7:49PM	Bava Until 10:46AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 9:26PM	Moon – Blue		Bhuloka Day	
Until 4:40PM		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

4		Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Des Moines, IA Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 7.52	Tithi 6	Gulika 2:08PM – 4:02PM	Magha* Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 4:40AM		
Family Home Evening		Yama 10:21AM – 12:15PM	Vajra* Until 8:20PM	Muruqa: White	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 6:33AM – 8:27AM	Kaulava Until 8:15AM	Nataraja: White		3rd Phase	
Until 3:14PM			Shashthi* Until 7:09PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Visli* Karana Saptami/Ashamyam Titau		Des Moines, IA Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 21.56	Tithi 7 – 8	Gulika 12:15PM – 2:09PM	Purvaphalguni Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 4:40AM		
		Yama 8:27AM – 10:21AM	Siddhi Until 5:55PM	Muruqa: White	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9	
		359132361 Rahu 4:02PM – 5:56PM	Gara Until 6:15AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 5:27PM	Moon – Red		Devaloka Day	
Until 2:12PM				Jyeshtha-Ani		Tour Day	
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Des Moines, IA Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 5.38	Tithi 8 – 9	Gulika 10:21AM – 12:15PM	Uttaraphalguni Until 1:36PM	Ganesha: Green	<i>Sunrise:</i> 4:40AM		
		Yama 6:34AM – 8:27AM	Vyatipata* Until 4:01PM	Muruqa: White	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9	
		359132361 Rahu 12:15PM – 2:09PM	Balava Until 4:00AM Thu	Nataraja: White		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 4:19PM	Moon – Red		Devaloka Day	
Until 1:36PM		Chidambaram Abhishekam		Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Des Moines, IA Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 19	Tithi 9 – 10	Gulika 8:28AM – 10:21AM	Hasta Until 1:54PM	Ganesha: Red	<i>Sunrise:</i> 4:40AM		
		Yama 4:40AM – 6:34AM	Variyan Until 2:33PM	Muruqa: White	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9	
		369132361 Rahu 2:09PM – 4:03PM	Taitila Until 3:45AM Fri	Nataraja: White		Navami	
Routine Work	Marana Yoga		Navami* Until 3:47PM	Moon – Green		Bhuloka Day	
Until 1:54PM				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang


1		Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 23 Sutra 68 Vilamba 5120
Tula Rasi: 2.03	Tithi 10 - 11	Gulika 6:34AM - 8:28AM	Chitra Until 2:35PM	Ganesha: Green	<i>Sunrise:</i> 4:40AM			
		Yama 4:03PM - 5:57PM	Parigha* Until 1:32PM	Muruqa: White	<i>Sunset:</i> 7:50PM			Moon 5 - Phase 10
361132361		Rahu 10:22AM - 12:15PM	Vanija Until 4:03AM Sat	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:49PM	Moon - Green			Bhuloka Day	
				Jyeshtha-Ani				

2		Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 14.5	Tithi 11 - 12	Gulika 4:41AM - 6:34AM	Svati Until 3:38PM	Ganesha: Green	<i>Sunrise:</i> 4:41AM			
		Yama 2:09PM - 4:03PM	Shiva Until 12:58PM	Muruqa: White	<i>Sunset:</i> 7:51PM			Moon 5 - Phase 10
361132361		Rahu 8:28AM - 10:22AM	Bava Until 4:50AM Sun	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 4:21PM	Moon - Green			Bhuloka Day	
				Jyeshtha-Ani				

3		Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 27.23	Tithi 12 - 13	Gulika 4:03PM - 5:57PM	Vishakha Until 5:28PM	Ganesha: Red	<i>Sunrise:</i> 4:41AM			
		Yama 12:16PM - 2:10PM	Siddha Until 12:45PM	Muruqa: Clear	<i>Sunset:</i> 7:51PM			Moon 5 - Phase 10
371142361		Rahu 5:57PM - 7:51PM	Kaulava Until 6:05AM Mon	Nataraja: White				4th Phase
Routine Work	Marana Yoga		Dvadashi Until 5:23PM	Moon - Orange			Devaloka Day	
				Jyeshtha-Ani				
				<i>Pradosha Vrata</i>				

4		Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 9.45	Tithi 13	Gulika 2:10PM - 4:03PM	Anuradha Until 7:33PM	Ganesha: Red	<i>Sunrise:</i> 4:41AM			
		Yama 10:22AM - 12:16PM	Sadhya Until 12:52PM	Muruqa: Clear	<i>Sunset:</i> 7:51PM			Moon 5 - Phase 10
371142361		Rahu 6:35AM - 8:29AM	Kaulava Until 6:05AM	Nataraja: White				4th Phase
Family Home Evening			Trayodashi Until 6:50PM	Moon - Orange			Devaloka Day	
Creative Work	Siddha Yoga			Jyeshtha-Ani				

5		Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 21.56	Tithi 14	Gulika 12:16PM - 2:10PM	Jyeshtha* Until 9:51PM	Ganesha: Red	<i>Sunrise:</i> 4:42AM			
		Yama 8:29AM - 10:23AM	Subha Until 1:20PM	Muruqa: Clear	<i>Sunset:</i> 7:51PM			Moon 5 - Phase 10
371142361		Rahu 4:04PM - 5:57PM	Gara Until 7:44AM	Nataraja: White				4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 8:40PM	Moon - Orange			Devaloka Day	
Until 9:51PM				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								

		Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Purnimayam Titau				Des Moines, IA Sun 28 Sutra 73 Vilamba 5120
Copper Retreat Star		Gulika 10:23AM - 12:16PM	Mula* Until 12:48AM Thu	Ganesha: Blue	<i>Sunrise:</i> 4:42AM			
Dhanus Rasi: 3.59	Tithi 15	Yama 6:36AM - 8:29AM	Sukla Until 2:01PM	Muruqa: Clear	<i>Sunset:</i> 7:51PM			Moon 5 - Phase 10
381142361		Rahu 12:16PM - 2:10PM	Visti Until 9:45AM	Nataraja: White				Purnima
Routine Work	Marana Yoga		Purnima* Until 10:51PM	Moon - Light Blue			Bhuloka Day	
Until 12:48AM Thu				Jyeshtha-Ani				Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga								

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sun 29 Sutra 74 Vilamba 5120		
Silver Retreat Star		Gulika 8:29AM - 10:23AM	Purvashadha* Until 3:49AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:42AM			
Dhanus Rasi: 15.54	Tithi 16	Yama 4:42AM - 6:36AM	Brahma Until 2:57PM	Muruqa: Clear	<i>Sunset:</i> 7:51PM			Moon 5 - Phase 10
381142361		Rahu 2:10PM - 4:04PM	Balava Until 12:03PM	Nataraja: White				Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:16AM Fri	Moon - Light Blue			Bhuloka Day	
Until 3:49AM Fri				Jyeshtha-Ani				Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga								



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvitiyayam Titau

Des Moines, IA
Sun 1
Sutra 75
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Dhanus Rasi: 27.44 Tithi 17

381142361

Gulika 6:36AM – 8:30AM
Yama 4:04PM – 5:57PM
Rahu 10:23AM – 12:17PM

Uttarashadha Until 6:47AM Sat
Indra Until 4:02PM
Taitila Until 2:34PM
Dvitiya Until 3:51AM Sat

Ganesha: Blue *Sunrise: 4:43AM*
Muruqa: Clear *Sunset: 7:51PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Des Moines, IA
Sun 2
Sutra 76
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Makara Rasi: 9.31 Tithi 18

381242361

Gulika 4:43AM – 6:37AM
Yama 2:10PM – 4:04PM
Rahu 8:30AM – 10:24AM

Uttarashadha Until 6:47AM
Vaidhriti* Until 5:09PM
Vanija Until 5:10PM
Tritiya Until 6:26AM Sun

Ganesha: Blue *Sunrise: 4:43AM*
Muruqa: Clear *Sunset: 7:51PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 6:47AM
Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA
Sun 3
Sutra 77
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Makara Rasi: 21.18 Tithi 18 – 19

391242361

Gulika 4:04PM – 5:57PM
Yama 12:17PM – 2:11PM
Rahu 5:57PM – 7:51PM

Shravana Until 10:06AM
Vishkambha* Until 6:14PM
Bava Until 7:43PM
Tritiya Until 6:26AM

Ganesha: Red *Sunrise: 4:44AM*
Muruqa: Clear *Sunset: 7:51PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 10:06AM
Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA
Sun 4
Sutra 78
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 3.08 Tithi 19 – 20

392242361

Gulika 2:11PM – 4:04PM
Yama 10:24AM – 12:17PM
Rahu 6:37AM – 8:31AM

Dhanishtha Until 1:05PM
Prili Until 7:10PM
Kaulava Until 10:01PM
Chaturthi* Until 8:53AM

Ganesha: Yellow *Sunrise: 4:44AM*
Muruqa: Clear *Sunset: 7:51PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga
Family Home Evening

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA
Sun 5
Sutra 79
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 15.05 Tithi 20 – 21

392242361

Gulika 12:18PM – 2:11PM
Yama 8:31AM – 10:24AM
Rahu 4:04PM – 5:57PM

Shatabhishak Until 3:34PM
Ayushman Until 7:46PM
Gara Until 11:55PM
Panchami Until 11:00AM

Ganesha: Yellow *Sunrise: 4:45AM*
Muruqa: Clear *Sunset: 7:50PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA
Sun 6
Sutra 80
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 27.14 Tithi 21 – 22

312242361

Gulika 10:25AM – 12:18PM
Yama 6:38AM – 8:32AM
Rahu 12:18PM – 2:11PM

Purvaprosarthapada* Until 5:53PM
Saubhagya Until 7:58PM
Visti Until 1:15AM Thu
Shashthi* Until 12:38PM

Ganesha: Orange *Sunrise: 4:45AM*
Muruqa: Clear *Sunset: 7:50PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 5:53PM
Then Creative Work - Siddha Yoga

D

Thursday, July 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprosarthapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA
Sun 7
Sutra 81
Vilamba 5120
Moon 6 - Phase 11
Ashtami

Meena Rasi: 9.37 Tithi 22 – 23

312242361

Gulika 8:32AM – 10:25AM
Yama 4:46AM – 6:39AM
Rahu 2:11PM – 4:04PM

Uttaraprosarthapada Until 7:23PM
Sobhana Until 7:39PM
Balava Until 1:53AM Fri
Saptami Until 1:38PM

Ganesha: Orange *Sunrise: 4:46AM*
Muruqa: Clear *Sunset: 7:50PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA
Sun 8
Sutra 82
Vilamba 5120
Moon 6 - Phase 11
Navami

Meena Rasi: 22.19 Tithi 23 – 24

412242361

Gulika 6:39AM – 8:32AM
Yama 4:04PM – 5:57PM
Rahu 10:25AM – 12:18PM

Revati Until 7:59PM
Athiganda* Until 6:43PM
Taitila Until 1:44AM Sat
Ashtami* Until 1:54PM

Ganesha: Green *Sunrise: 4:46AM*
Muruqa: Clear *Sunset: 7:50PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 7:59PM
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1	Saturday, July 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Des Moines, IA Sun 9 Sutra 83
	Mesha Rasi: 5.25	Tithi 24 – 25	Gulika 4:47AM – 6:40AM	Ashvini Until 8:07PM	Ganesha: Orange	<i>Sunrise:</i> 4:47AM	Vilamba 5120
			Yama 2:11PM – 4:04PM	Sukarma Until 5:09PM	Muruqa: Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 Rahu 8:33AM – 10:25AM	Vanija Until 12:48AM Sun	Nataraja: White		2nd Phase
			Navami* Until 1:21PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

2	Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 10 Sutra 84
	Mesha Rasi: 18.57	Tithi 25 – 26	Gulika 4:04PM – 5:56PM	Bharani Until 7:18PM	Ganesha: Orange	<i>Sunrise:</i> 4:48AM	Vilamba 5120
			Yama 12:18PM – 2:11PM	Dhriti Until 2:58PM	Muruqa: Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12
	Routine Work	Prabalarishta Yoga	422242361 Rahu 5:56PM – 7:49PM	Bava Until 11:05PM	Nataraja: White		2nd Phase
			Dashami Until 12:01PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

3	Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 11 Sutra 85
	Vrishabha Rasi: 2.56	Tithi 26 – 27	Gulika 2:11PM – 4:03PM	Krittika Until 5:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:48AM	Vilamba 5120
	Family Home Evening		Yama 10:26AM – 12:18PM	Shula* Until 12:10PM	Muruqa: Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12
	Routine Work	Marana Yoga	422242361 Rahu 6:41AM – 8:33AM	Kaulava Until 8:41PM	Nataraja: White		2nd Phase
			Ekadashi* Until 9:57AM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

4	Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Taila/Vanija Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 12 Sutra 86
	Vrishabha Rasi: 17.22	Tithi 27 – 28	Gulika 12:19PM – 2:11PM	Rohini Until 3:44PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:49AM	Vilamba 5120
			Yama 8:34AM – 10:26AM	Ganda* Until 8:52AM	Muruqa: Clear	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 12
	Creative Work	Amrita Yoga	432242361 Rahu 4:03PM – 5:56PM	Vanija Until 4:04AM Wed	Nataraja: White		2nd Phase
			Dvadashi* Until 7:15AM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Tour Day	
						Devaloka Time: 12:PM to 3:PM	
						<i>Pradosha Vrata (Fasting)</i>	

5	Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Des Moines, IA Sun 13 Sutra 87
	Mithuna Rasi: 2.1	Tithi 29	Gulika 10:27AM – 12:19PM	Mrigashira Until 1:12PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:50AM	Vilamba 5120
			Yama 6:42AM – 8:34AM	Dhruva Until 1:12AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	432242361 Rahu 12:19PM – 2:11PM	Visti Until 2:22PM	Nataraja: White		2nd Phase
			Chaturdashi* Until 12:33AM Thu	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

	Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA Sun 14 Sutra 88
	Retreat Star		Gulika 8:35AM – 10:27AM	Ardra Until 10:17AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:51AM	Vilamba 5120
	Mithuna Rasi: 17.12	Tithi 30	Yama 4:51AM – 6:43AM	Vyaghata* Until 9:04PM	Muruqa: Clear	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12
			432242361 Rahu 2:11PM – 4:03PM	Catuspada Until 10:43AM	Nataraja: White		Amavasya
			Amavasya* Until 8:50PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

Retreat Star	Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 89
	Kataka Rasi: 2.22	Tithi 1 – 2	Gulika 6:43AM – 8:35AM	Punarvasu Until 7:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Vilamba 5120
			Yama 4:03PM – 5:55PM	Harshana Until 4:55PM	Muruqa: Clear	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	442242361 Rahu 10:27AM – 12:19PM	Kintughna Until 6:58AM	Nataraja: White		Prathama
			Prathama* Until 5:05PM	Moon – Blue		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 12:PM to 3:PM	
						Partial Solar Eclipse	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1	Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
	Kataka Rasi: 17.31	Tithi 2 – 3	Gulika 4:52AM – 6:44AM	Ashlesha* Until 1:51AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Sun 16 Sutra 90
			Yama 2:11PM – 4:03PM	Vajra* Until 12:51PM	Muruqa: Clear	<i>Sunset:</i> 7:46PM	Vilamba 5120
	Routine Work	Marana Yoga	442242361 Rahu 8:36AM – 10:27AM	Taitila Until 11:46PM	Nataraja: White		Moon 6 - Phase 13
			Dvitiya Until 1:28PM	Moon – Blue		3rd Phase	
				Ashada*Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	


2	Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Des Moines, IA
	Simha Rasi: 2.28	Tithi 3 – 4	Gulika 4:02PM – 5:54PM	Magha* Until 11:43PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:53AM	Sun 17 Sutra 91
			Yama 12:19PM – 2:11PM	Siddhi Until 9:02AM	Muruqa: Clear	<i>Sunset:</i> 7:45PM	Vilamba 5120
	Routine Work	Marana Yoga	452242361 Rahu 5:54PM – 7:45PM	Vanija Until 8:37PM	Nataraja: White		Moon 6 - Phase 13
			Tritiya Until 10:07AM	Moon – Red		3rd Phase	
				Ashada*Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

3	Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Simha Rasi: 17.08	Tithi 4 – 5	Gulika 2:11PM – 4:02PM	Purvaphalguni Until 9:56PM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Sun 18 Sutra 92
	Family Home Evening		Yama 10:28AM – 12:19PM	Variyan Until 2:31AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:45PM	Vilamba 5120
	Creative Work	Siddha Yoga	453242361 Rahu 6:45AM – 8:37AM	Balava Until 4:49AM Tue	Nataraja: White		Moon 6 - Phase 13
			Chaturthi* Until 7:12AM	Moon – Red		3rd Phase	
				Ashada*Adi		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

4	Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA
	Kanya Rasi: 1.24	Tithi 6	Gulika 12:19PM – 2:11PM	Uttaraphalguni Until 8:39PM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Sun 19 Sutra 93
			Yama 8:37AM – 10:28AM	Parigha* Until 12:01AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:44PM	Vilamba 5120
	Creative Work	Amrita Yoga	453242362 Rahu 4:02PM – 5:53PM	Kaulava Until 3:53PM	Nataraja: Clear		Moon 6 - Phase 13
			Shashthi* Until 3:06AM Wed	Moon – Red		3rd Phase	
				Ashada*Adi		Devaloka Day	

5	Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
	Kanya Rasi: 15.15	Tithi 7	Gulika 10:28AM – 12:19PM	Hasta Until 8:20PM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Sun 20 Sutra 94
			Yama 6:46AM – 8:37AM	Shiva Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 7:43PM	Vilamba 5120
	Routine Work	Marana Yoga	463242362 Rahu 12:19PM – 2:10PM	Gara Until 2:31PM	Nataraja: Clear		Moon 6 - Phase 13
			Saptami Until 2:05AM Thu	Moon – Green		3rd Phase	
				Ashada*Adi		Sivaloka Day	

	Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	Retreat Star		Gulika 8:38AM – 10:29AM	Chitra Until 8:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	Sun 21 Sutra 95
	Kanya Rasi: 28.41	Tithi 8	Yama 4:56AM – 6:47AM	Siddha Until 8:45PM	Muruqa: Clear	<i>Sunset:</i> 7:43PM	Vilamba 5120
	Creative Work	Siddha Yoga	463242362 Rahu 2:10PM – 4:01PM	Visti Until 1:52PM	Nataraja: Clear		Moon 6 - Phase 13
			Ashtami* Until 1:48AM Fri	Moon – Green		Ashtami	
				Ashada*Adi		Sivaloka Day	

	Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	Retreat Star		Gulika 6:48AM – 8:38AM	Svati Until 9:26PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sun 22 Sutra 96
	Tula Rasi: 11.43	Tithi 9	Yama 4:01PM – 5:51PM	Sadhya Until 7:58PM	Muruqa: Clear	<i>Sunset:</i> 7:42PM	Vilamba 5120
	Creative Work	Siddha Yoga	463242362 Rahu 10:29AM – 12:20PM	Balava Until 1:57PM	Nataraja: Clear		Moon 6 - Phase 13
			Navami* Until 2:13AM Sat	Moon – Green		Navami	
				Ashada*Adi		Sivaloka Day	


1		Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Des Moines, IA Sun 23 Sutra 97 Vilamba 5120	
Tula Rasi: 24.24	Tithi 10	Gulika 4:58AM – 6:48AM	Vishakha Until 11:12PM	Ganesha: White	<i>Sunrise:</i> 4:58AM		
		Yama 2:10PM – 4:00PM	Subha Until 7:44PM	Muruqa: Clear	<i>Sunset:</i> 7:41PM	Moon 6 - Phase 14	
		473242362 Rahu 8:39AM – 10:29AM	Taitila Until 2:42PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 3:17AM Sun	Moon – Orange		Devaloka Day	
				Ashada*Adi			

2		Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Des Moines, IA Sun 24 Sutra 98 Vilamba 5120	
Vrischika Rasi: 6.49	Tithi 11	Gulika 4:00PM – 5:50PM	Anuradha Until 1:20AM Mon	Ganesha: White	<i>Sunrise:</i> 4:59AM		
		Yama 12:20PM – 2:10PM	Sukla Until 7:54PM	Muruqa: Clear	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 14	
		473242362 Rahu 5:50PM – 7:40PM	Vanija Until 4:02PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 4:52AM Mon	Moon – Orange		Devaloka Day	
Until 1:20AM Mon				Ashada*Adi			
Then Creative Work - Siddha Yoga							

3		Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Des Moines, IA Sun 25 Sutra 99 Vilamba 5120	
Vrischika Rasi: 19.01	Tithi 12	Gulika 2:10PM – 4:00PM	Jyeshtha* Until 3:45AM Tue	Ganesha: White	<i>Sunrise:</i> 5:00AM		
Family Home Evening		Yama 10:30AM – 12:20PM	Brahma Until 8:26PM	Muruqa: Clear	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 14	
		473242362 Rahu 6:50AM – 8:40AM	Bava Until 5:52PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:54AM Tue	Moon – Orange		Devaloka Day	
Until 3:45AM Tue				Ashada*Adi			
Then Creative Work - Amrita Yoga							

4		Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 26 Sutra 100 Vilamba 5120	
Dhanus Rasi: 1.02	Tithi 12 – 13	Gulika 12:20PM – 2:09PM	Mula* Until 6:48AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM		
		Yama 8:40AM – 10:30AM	Indra Until 9:16PM	Muruqa: Clear	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 14	
		483242362 Rahu 3:59PM – 5:49PM	Kaulava Until 8:03PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 6:54AM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
				<i>Pradosha Vrata</i>			

5		Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 101 Vilamba 5120	
Dhanus Rasi: 12.56	Tithi 13 – 14	Gulika 10:30AM – 12:20PM	Mula* Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 5:02AM		
		Yama 6:51AM – 8:41AM	Vaidhriti* Until 10:15PM	Muruqa: Clear	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 14	
		483342362 Rahu 12:20PM – 2:09PM	Gara Until 10:30PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 9:14AM	Moon – Light Blue		Sivaloka Day	
Until 6:48AM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

		Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA Sutra 102 Vilamba 5120	
Dhanus Rasi: 24.45	Tithi 14 – 15	Gulika 8:41AM – 10:30AM	Purvashadha* Until 9:53AM	Ganesha: Red	<i>Sunrise:</i> 5:03AM		
		Yama 5:03AM – 6:52AM	Vishkambha* Until 11:21PM	Muruqa: Clear	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 14	
		483342362 Rahu 2:09PM – 3:58PM	Visti Until 1:05AM Fri	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:46AM	Moon – Light Blue		Sivaloka Day	
Until 9:53AM				Ashada*Adi			
Then Routine Work - Marana Yoga		Satguru Purnima					

Friday, July 27, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Des Moines, IA Sutra 103 Vilamba 5120	
Makara Rasi: 6.32	Tithi 15 – 16	Gulika 6:53AM – 8:42AM	Uttarashadha Until 12:52PM	Ganesha: Red	<i>Sunrise:</i> 5:03AM		
		Yama 3:58PM – 5:47PM	Priti Until 12:29AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 14	
		483342362 Rahu 10:31AM – 12:20PM	Balava Until 3:39AM Sat	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Purnima* Until 2:21PM	Moon – Light Blue		Sivaloka Day	
		Total Lunar Eclipse		Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA
Sutra 104
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 18.2 Titli 16 - 17

Gulika 5:04AM - 6:53AM
Yama 2:08PM - 3:57PM
493342362 **Rahu** 8:42AM - 10:31AM

Shravana Until 4:08PM
Ayushman Until 1:29AM Sun
Taitila Until 6:06AM Sun
Prathama* Until 4:53PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:04AM
Sunset: 7:35PM

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA
Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 0.11 Titli 17

Gulika 3:57PM - 5:45PM
Yama 12:20PM - 2:08PM
493342362 **Rahu** 5:45PM - 7:34PM

Dhanishtha Until 7:03PM
Saubhagya Until 2:20AM Mon
Taitila Until 6:06AM
Dvitiya Until 7:14PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:05AM
Sunset: 7:34PM

Devaloka Day

Routine Work Marana Yoga

Until 7:03PM

Then Creative Work - Siddha Yoga

2

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti* Karana Tritiyayam Titau

Des Moines, IA
Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 12.07 Titli 18

Family Home Evening

Gulika 2:08PM - 3:56PM
Yama 10:31AM - 12:20PM
494342362 **Rahu** 6:55AM - 8:43AM

Shatabhishak Until 9:32PM
Sobhana Until 2:58AM Tue
Vanija Until 8:19AM
Tritiya Until 9:17PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:06AM
Sunset: 7:33PM

Devaloka Day

Creative Work Siddha Yoga

Until 9:32PM

Then Routine Work - Marana Yoga

3

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA
Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 24.11 Titli 19

Gulika 12:20PM - 2:08PM
Yama 8:43AM - 10:31AM
414342362 **Rahu** 3:56PM - 5:44PM

Purvaproshtapada* Until 11:57PM
Athiganda* Until 3:14AM Wed
Bava Until 10:11AM
Chaturthi* Until 10:56PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:07AM
Sunset: 7:32PM

Devaloka Day

Routine Work Marana Yoga

Until 11:57PM

Then Creative Work - Amrita Yoga

4

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA
Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 6.26 Titli 20

Gulika 10:32AM - 12:19PM
Yama 6:56AM - 8:44AM
414342362 **Rahu** 12:19PM - 2:07PM

Uttaraproshtapada Until 1:43AM Thu
Sukarma Until 3:07AM Thu
Kaulava Until 11:36AM
Panchami Until 12:06AM Thu

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:08AM
Sunset: 7:31PM

Devaloka Day

Creative Work Siddha Yoga

5

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA
Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 18.54 Titli 21

Gulika 8:44AM - 10:32AM
Yama 5:09AM - 6:57AM
414342362 **Rahu** 2:07PM - 3:54PM

Revati Until 2:46AM Fri
Dhriti Until 2:34AM Fri
Gara Until 12:29PM
Shashthi* Until 12:41AM Fri

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:09AM
Sunset: 7:30PM

Devaloka Day

Creative Work Siddha Yoga

Until 2:46AM Fri

Then Creative Work - Amrita Yoga

6

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Shula* Yoga Visiti*/Bava Karana Saptamyam Titau

Des Moines, IA
Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Mesha Rasi: 1.38 Titli 22

Gulika 6:57AM - 8:45AM
Yama 3:54PM - 5:41PM
424342362 **Rahu** 10:32AM - 12:19PM

Ashvini Until 3:30AM Sat
Shula* Until 1:28AM Sat
Visiti Until 12:45PM
Saptami Until 12:37AM Sat

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:10AM
Sunset: 7:28PM

Sivaloka Day

Creative Work Amrita Yoga

Until 3:30AM Sat

Then Creative Work - Siddha Yoga

☾

Saturday, August 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA
Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 14.42 Titli 23

Gulika 5:11AM - 6:58AM
Yama 2:06PM - 3:53PM
424342362 **Rahu** 8:45AM - 10:32AM

Bharani Until 3:24AM Sun
Ganda* Until 11:50PM
Balava Until 12:21PM
Ashtami* Until 11:53PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:11AM
Sunset: 7:27PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA
Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 28.08 Titli 24

Gulika 3:53PM - 5:39PM
Yama 12:19PM - 2:06PM
424342362 **Rahu** 5:39PM - 7:26PM

Krittika Until 2:29AM Mon
Vriddhi Until 9:41PM
Taitila Until 11:16AM
Navami* Until 10:28PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:12AM
Sunset: 7:26PM

Sivaloka Day

Creative Work Siddha Yoga

Until 2:29AM Mon

Then Creative Work - Amrita Yoga


Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Des Moines, IA Sun 9 Sutra 113 Vilamba 5120	
Vrishabha Rasi: 11.58	Tithi 25	Gulika	2:05PM – 3:52PM	Rohini Until 1:13AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:13AM	
Family Home Evening	434342362	Yama	10:33AM – 12:19PM	Dhruva Until 6:57PM	Muruqa: Clear	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 16
Creative Work Amrita Yoga		Rahu	7:00AM – 8:46AM	Vanija Until 9:31AM	Nataraja: Clear		2nd Phase
Until 1:13AM Tue				Dashami Until 8:24PM	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga					Ashada-Adi		

2		Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 114 Vilamba 5120	
Vrishabha Rasi: 26.11	Tithi 26 – 27	Gulika	12:19PM – 2:05PM	Mrigashira Until 11:16PM	Ganesha: Purple	<i>Sunrise:</i> 5:14AM	
	434342362	Yama	8:47AM – 10:33AM	Vyaghata* Until 3:47PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16
Creative Work Siddha Yoga		Rahu	3:51PM – 5:37PM	Bava Until 7:10AM	Nataraja: Clear		2nd Phase
Until 11:16PM				Ekadashi* Until 5:46PM	Moon – Yellow		Devaloka Day
Then Routine Work - Marana Yoga					Ashada-Adi		Tour Day

3		Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 115 Vilamba 5120	
Mithuna Rasi: 10.47	Tithi 27 – 28	Gulika	10:33AM – 12:19PM	Ardra Until 8:45PM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	
	434342362	Yama	7:01AM – 8:47AM	Harshana Until 12:13PM	Muruqa: Clear	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16
Creative Work Siddha Yoga		Rahu	12:19PM – 2:05PM	Gara Until 1:00AM Thu	Nataraja: Clear		2nd Phase
				Dvadashi* Until 2:40PM	Moon – Yellow		Devaloka Day
					Ashada-Adi		
					<i>Pradosha Vrata (Fasting)</i>		

4		Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 116 Vilamba 5120	
Mithuna Rasi: 25.4	Tithi 28 – 29	Gulika	8:47AM – 10:33AM	Punarvasu Until 6:12PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:16AM	
	444342362	Yama	5:16AM – 7:02AM	Vajra* Until 8:21AM	Muruqa: Clear	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 16
Creative Work Amrita Yoga		Rahu	2:04PM – 3:50PM	Visti Until 9:28PM	Nataraja: Clear		2nd Phase
				Trayodashi* Until 11:14AM	Moon – Blue		Devaloka Day
					Ashada-Adi		

		Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 117 Vilamba 5120	
Retreat Star		Gulika	7:03AM – 8:48AM	Pushya Until 3:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:17AM	
Kataka Rasi: 10.45	Tithi 29 – 30	Yama	3:49PM – 5:34PM	Vyatipata* Until 12:12AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 16
	444342362	Rahu	10:33AM – 12:18PM	Naga Until 3:57AM Sat	Nataraja: Clear		Amavasya
Routine Work Marana Yoga				Chaturdashi* Until 7:37AM	Moon – Blue		Devaloka Day
					Ashada-Adi		

Retreat Star		Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 118 Vilamba 5120	
Kataka Rasi: 25.52	Tithi 1	Gulika	5:18AM – 7:03AM	Ashlesha* Until 12:25PM	Ganesha: Orange	<i>Sunrise:</i> 5:18AM	
	445342362	Yama	2:03PM – 3:48PM	Variyan Until 8:10PM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 16
Routine Work Marana Yoga		Rahu	8:48AM – 10:33AM	Kintughna Until 2:10PM	Nataraja: Clear		Prathama
Until 12:25PM				Prathama* Until 12:24AM Sun	Moon – Blue		Sivaloka Day
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Sravana-Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dviliyayam Titau				Des Moines, IA Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.53	Tithi 2	Gulika 3:48PM – 5:32PM	Magha* Until 9:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	
		Yama 12:18PM – 2:03PM	Parigha* Until 4:19PM	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17
		455342362 Rahu 5:32PM – 7:17PM	Balava Until 10:44AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day
Until 9:56AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Triliyayam Titau				Des Moines, IA Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.4	Tithi 3	Gulika 2:02PM – 3:47PM	Purvaphalguni Until 7:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	
Family Home Evening		Yama 10:34AM – 12:18PM	Shiva Until 12:49PM	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 17
		455342362 Rahu 7:05AM – 8:49AM	Taitila Until 7:39AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:16PM	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddha/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 10.05	Tithi 4 – 5	Gulika 12:18PM – 2:02PM	Hasta Until 4:42AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:21AM	
		Yama 8:50AM – 10:34AM	Siddha Until 9:44AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 17
		465342362 Rahu 3:46PM – 5:30PM	Bava Until 3:05AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:58PM	Moon – Green		Subha Sivaloka Day
				Sravana-Adi		Tour Day

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Des Moines, IA Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 24.04	Tithi 5 – 6	Gulika 10:34AM – 12:18PM	Chitra Until 4:17AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:22AM	
		Yama 7:06AM – 8:50AM	Sadhya Until 7:12AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
		465342362 Rahu 12:18PM – 2:01PM	Kaulava Until 1:52AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:22PM	Moon – Green		Subha Sivaloka Day
Until 4:17AM Thu		Nag Panchami		Sravana-Adi		
Then Creative Work - Amrita Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.37	Tithi 6 – 7	Gulika 8:50AM – 10:34AM	Svati Until 4:30AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	
		Yama 5:23AM – 7:07AM	Sukla Until 4:00AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17
		465342362 Rahu 2:01PM – 3:44PM	Gara Until 1:26AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 1:32PM	Moon – Green		Subha Sivaloka Day
Until 4:30AM Fri				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA Sun 20 Sutra 124 Vilamba 5120
Retreat Star		Gulika 7:08AM – 8:51AM	Vishakha Until 5:49AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	
Tula Rasi: 20.43	Tithi 7 – 8	Yama 3:44PM – 5:27PM	Brahma Until 3:21AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 17
		575342362 Rahu 10:34AM – 12:17PM	Visti Until 1:50AM Sat	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 1:31PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 21 Sutra 125 Vilamba 5120
Retreat Star		Gulika 5:25AM – 7:08AM	Anuradha Until 7:42AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:25AM	
Vrischika Rasi: 3.25	Tithi 8 – 9	Yama 2:00PM – 3:43PM	Indra Until 3:18AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
		575342362 Rahu 8:51AM – 10:34AM	Balava Until 2:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 2:17PM	Moon – Orange		Subha Sivaloka Day
Until 7:42AM Sun				Sravana-Avani		
Then Routine Work - Marana Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
	Vrischika Rasi: 15.47	Tithi 9 – 10	Gulika 3:42PM – 5:25PM	Anuradha Until 7:42AM	Ganesha: Clear	Sunrise: 5:26AM	Sun 22 Sutra 126
			Yama 12:17PM – 1:59PM	Vaidhriti* Until 3:42AM Mon	Muruqa: Clear	Sunset: 7:07PM	Vilamba 5120
	575442362	Rahu 5:25PM – 7:07PM	Taitila Until 4:44AM Mon	Nataraja: Clear	Moon – Orange		Moon 7 - Phase 18 4th Phase
Routine Work Marana Yoga		Navami* Until 3:45PM		Sravana-Avani		Sivaloka Day	


2	Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekashyam Titau				Des Moines, IA
	Vrischika Rasi: 27.55	Tithi 10 – 11	Gulika 1:59PM – 3:41PM	Jyeshtha* Until 10:00AM	Ganesha: Clear	Sunrise: 5:27AM	Sun 23 Sutra 127
	Family Home Evening		Yama 10:34AM – 12:16PM	Vishkambha* Until 4:29AM Tue	Muruqa: Clear	Sunset: 7:06PM	Vilamba 5120
	575442362	Rahu 7:10AM – 8:52AM	Vanija Until 6:58AM Tue	Nataraja: Clear	Moon – Orange		Moon 7 - Phase 18 4th Phase
Creative Work Siddha Yoga		Dashami Until 5:47PM		Sravana-Avani		Sivaloka Day	


3	Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekashyam Titau				Des Moines, IA
	Dhanus Rasi: 9.51	Tithi 11	Gulika 12:16PM – 1:58PM	Mula* Until 1:02PM	Ganesha: Clear	Sunrise: 5:28AM	Sun 24 Sutra 128
			Yama 8:52AM – 10:34AM	Priti Until 5:31AM Wed	Muruqa: Clear	Sunset: 7:04PM	Vilamba 5120
	586442362	Rahu 3:40PM – 5:22PM	Vanija Until 6:58AM	Nataraja: Clear	Moon – Light Blue		Moon 7 - Phase 18 4th Phase
Creative Work Amrita Yoga Until 1:02PM Then Creative Work - Siddha Yoga		Ekadashi Until 8:11PM		Sravana-Avani		Sivaloka Day	

4	Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvashyam Titau				Des Moines, IA
	Dhanus Rasi: 21.41	Tithi 12	Gulika 10:34AM – 12:16PM	Purvashadha* Until 4:08PM	Ganesha: Clear	Sunrise: 5:29AM	Sun 25 Sutra 129
			Yama 7:11AM – 8:53AM	Ayushman Until 6:35AM Thu	Muruqa: Clear	Sunset: 7:03PM	Vilamba 5120
	586442362	Rahu 12:16PM – 1:58PM	Bava Until 9:29AM	Nataraja: Clear	Moon – Light Blue		Moon 7 - Phase 18 4th Phase
Creative Work Amrita Yoga		Dvadashti Until 10:46PM		Sravana-Avani		Sivaloka Day	

5	Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA
	Makara Rasi: 3.28	Tithi 13	Gulika 8:53AM – 10:34AM	Uttarashadha Until 7:07PM	Ganesha: Clear	Sunrise: 5:30AM	Sun 26 Sutra 130
			Yama 5:30AM – 7:12AM	Ayushman Until 6:35AM	Muruqa: Clear	Sunset: 7:01PM	Vilamba 5120
	586442362	Rahu 1:57PM – 3:38PM	Kaulava Until 12:06PM	Nataraja: Clear	Moon – Light Blue		Moon 7 - Phase 18 4th Phase
Routine Work Marana Yoga Until 7:07PM Then Creative Work - Siddha Yoga		Trayodashi Until 1:22AM Fri		Sravana-Avani		Sivaloka Day	
<i>Pradosha Vrata</i>							

6	Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA
	Makara Rasi: 15.16	Tithi 14	Gulika 7:12AM – 8:53AM	Shravana Until 10:19PM	Ganesha: White	Sunrise: 5:31AM	Sun 27 Sutra 131
			Yama 3:37PM – 5:19PM	Saubhagya Until 7:39AM	Muruqa: Clear	Sunset: 7:00PM	Vilamba 5120
	596442362	Rahu 10:34AM – 12:15PM	Gara Until 2:38PM	Nataraja: Clear	Moon – Purple		Moon 7 - Phase 18 4th Phase
Routine Work Marana Yoga Until 10:19PM Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Chaturdashi* Until 3:49AM Sat		Sravana-Avani	
Subha Sivaloka Day							

	Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA
	Copper Retreat Star		Gulika 5:32AM – 7:13AM	Dhanishtha Until 1:07AM Sun	Ganesha: White	Sunrise: 5:32AM	Sun 28 Sutra 132
	Makara Rasi: 27.08	Tithi 15	Yama 1:56PM – 3:37PM	Sobhana Until 8:36AM	Muruqa: Clear	Sunset: 6:58PM	Vilamba 5120
	596442362	Rahu 8:54AM – 10:34AM	Visti Until 4:58PM	Nataraja: Clear	Moon – Purple		Moon 7 - Phase 18 Purnima
Creative Work Siddha Yoga		Avani Avittam		Purnima* Until 5:59AM Sun		Sravana-Avani	
Subha Sivaloka Day							

	Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava Karana Prathamayam Titau				Des Moines, IA
	Silver Retreat Star		Gulika 3:36PM – 5:16PM	Shatabhishak Until 3:25AM Mon	Ganesha: White	Sunrise: 5:33AM	Sun 29 Sutra 133
	Kumbha Rasi: 9.06	Tithi 16	Yama 12:15PM – 1:55PM	Athiganda* Until 9:17AM	Muruqa: Clear	Sunset: 6:56PM	Vilamba 5120
	596442362	Rahu 5:16PM – 6:56PM	Balava Until 6:58PM	Nataraja: Clear	Moon – Purple		Moon 7 - Phase 18 Prathama
Creative Work Siddha Yoga Until 3:25AM Mon Then Routine Work - Marana Yoga		Prathama* Until 7:48AM Mon		Sravana-Avani		Subha Sivaloka Day	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 21.13 Tithi 16 - 17

Family Home Evening 516442363

Routine Work Marana Yoga

Until 5:39AM Tue

Then Creative Work - Amrita Yoga

Gulika 1:55PM - 3:35PM

Yama 10:35AM - 12:15PM

Rahu 7:14AM - 8:55AM

Purvaproshtapada* Until 5:39AM Tue

Sukarma Until 9:43AM

Taitila Until 8:35PM

Prathama* Until 7:48AM

Ganesha: White

Muruqa: Clear

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:34AM

Sunset: 6:53PM

Sivaloka Day

1

Tuesday, August 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 3.3 Tithi 17 - 18

517452363

Creative Work Amrita Yoga

Until 7:18AM Wed

Then Routine Work - Marana Yoga

Gulika 12:14PM - 1:54PM

Yama 8:55AM - 10:35AM

Rahu 3:34PM - 5:13PM

Uttaraproshtapada Until 7:18AM Wed

Dhriti Until 9:50AM

Vanija Until 9:46PM

Dvitiya Until 9:12AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:35AM

Sunset: 6:53PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada* Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 15.58 Tithi 18 - 19

517452363

Creative Work Siddha Yoga

Until 7:18AM

Then Routine Work - Marana Yoga

Gulika 10:35AM - 12:14PM

Yama 7:16AM - 8:55AM

Rahu 12:14PM - 1:53PM

Uttaraproshtapada Until 7:18AM

Shula* Until 9:34AM

Bava Until 10:30PM

Tritiya Until 10:10AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:36AM

Sunset: 6:52PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 28.39 Tithi 19 - 20

517452363

Creative Work Siddha Yoga

Until 8:21AM

Then Creative Work - Amrita Yoga

Gulika 8:56AM - 10:35AM

Yama 5:37AM - 7:17AM

Rahu 1:53PM - 3:32PM

Revati Until 8:21AM

Ganda* Until 8:58AM

Kaulava Until 10:47PM

Chaturthi* Until 10:41AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:37AM

Sunset: 6:50PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 11.33 Tithi 20 - 21

527452363

Creative Work Amrita Yoga

Until 9:16AM

Then Creative Work - Siddha Yoga

Gulika 7:17AM - 8:56AM

Yama 3:31PM - 5:10PM

Rahu 10:35AM - 12:13PM

Ashvini Until 9:16AM

Vridhhi Until 8:01AM

Gara Until 10:35PM

Panchami Until 10:43AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:38AM

Sunset: 6:48PM

Bhuloka Day

5

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 24.41 Tithi 21 - 22

527452363

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

Gulika 5:39AM - 7:18AM

Yama 1:52PM - 3:30PM

Rahu 8:56AM - 10:35AM

Bharani Until 9:32AM

Dhruva Until 6:40AM

Visti Until 9:53PM

Shashthi* Until 10:17AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:39AM

Sunset: 6:47PM

Bhuloka Day

D

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 8.07 Tithi 22 - 23

527452363

Creative Work Siddha Yoga

Gulika 3:29PM - 5:07PM

Yama 12:13PM - 1:51PM

Rahu 5:07PM - 6:45PM

Krishna Janmashtami

Krittika Until 9:11AM

Harshana Until 2:47AM Mon

Balava Until 8:41PM

Saptami Until 9:20AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:40AM

Sunset: 6:45PM

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrishabha Rasi: 21.49 Tithi 23 - 24

Family Home Evening 538452363

Creative Work Amrita Yoga

Gulika 1:50PM - 3:28PM

Yama 10:35AM - 12:12PM

Rahu 7:19AM - 8:57AM

Rohini Until 8:36AM

Vajra* Until 12:12AM Tue

Taitila Until 7:00PM

Ashtami* Until 7:53AM

Ganesha: White

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Sunrise: 5:41AM

Sunset: 6:43PM

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1		Tuesday, September 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Des Moines, IA Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 5.5	Tithi 25	Gulika Yama	12:12PM – 1:50PM 8:57AM – 10:35AM	Mrigashira Until 7:24AM Siddhi Until 9:16PM Vanija Until 4:49PM	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – Yellow	Sunrise: 5:42AM Sunset: 6:42PM	Moon 8 - Phase 20 2nd Phase
Creative Work Siddha Yoga Until 7:24AM Then Routine Work - Marana Yoga		538452363	Rahu 3:27PM – 5:04PM	Dashami Until 3:33AM Wed	Devaloka Day Sravana-Avani		

2		Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 20.08	Tithi 26	Gulika Yama	10:35AM – 12:12PM 7:21AM – 8:58AM	Punarvasu Until 3:43AM Thu Vyatipata* Until 6:00PM Bava Until 2:13PM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Blue	Sunrise: 5:43AM Sunset: 6:40PM	Moon 8 - Phase 20 2nd Phase
Creative Work Siddha Yoga Until 3:43AM Thu Then Creative Work - Amrita Yoga		548452363	Rahu 12:12PM – 1:49PM	Ekadashi* Until 12:46AM Thu	Bhuloka Day Sravana-Avani Devaloka Time: 9:AM to12:PM		

3		Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 4.43	Tithi 27	Gulika Yama	8:58AM – 10:35AM 5:44AM – 7:21AM	Pushya Until 1:24AM Fri Variyan Until 2:27PM Kaulava Until 11:17AM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Blue	Sunrise: 5:44AM Sunset: 6:38PM	Moon 8 - Phase 20 2nd Phase
Creative Work Amrita Yoga Until 1:24AM Fri Then Routine Work - Marana Yoga		548452363	Rahu 1:48PM – 3:25PM	Dvadashi* Until 9:42PM	Bhuloka Day Sravana-Avani Devaloka Time: 9:AM to12:PM		

4		Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 19.29	Tithi 28	Gulika Yama	7:22AM – 8:58AM 3:24PM – 5:00PM	Ashlesha* Until 10:49PM Parigha* Until 10:43AM Gara Until 8:07AM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Blue	Sunrise: 5:46AM Sunset: 6:37PM	Moon 8 - Phase 20 2nd Phase
Routine Work Marana Yoga		548452363	Rahu 10:35AM – 12:11PM	Trayodashi* Until 6:28PM	Bhuloka Day Sravana-Avani Devaloka Time: 9:AM to12:PM		
<i>Pradosha Vrata (Fasting)</i>							

5		Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 4.22	Tithi 29 – 30	Gulika Yama	5:47AM – 7:23AM 1:47PM – 3:23PM	Magha* Until 8:28PM Shiva Until 6:56AM Catuspada Until 1:35AM Sun	Ganesha: Red Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 5:47AM Sunset: 6:35PM	Moon 8 - Phase 20 2nd Phase
Creative Work Amrita Yoga Until 8:28PM Then Creative Work - Siddha Yoga		558452363	Rahu 8:59AM – 10:35AM	Chaturdashi* Until 3:11PM	Bhuloka Day Sravana-Avani Devaloka Time: 9:AM to12:PM		

Retreat Star		Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 13 Sutra 147 Vilamba 5120	
Simha Rasi: 19.12	Tithi 30 – 1	Gulika Yama	3:22PM – 4:58PM 12:10PM – 1:46PM	Purvaphalguni Until 6:08PM Sadhya Until 11:32PM Kintughna Until 10:31PM	Ganesha: Red Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 5:48AM Sunset: 6:33PM	Moon 8 - Phase 20 Amavasya
Creative Work Siddha Yoga Until 6:08PM Then Creative Work - Amrita Yoga		558452363	Rahu 4:58PM – 6:33PM	Amavasya* Until 12:00PM	Bhuloka Day Sravana-Avani Devaloka Time: 9:AM to12:PM		
Grandparent's Day							

Retreat Star		Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 14 Sutra 148 Vilamba 5120	
Kanya Rasi: 3.53	Tithi 1 – 2	Gulika Yama	1:45PM – 3:21PM 10:35AM – 12:10PM	Uttaraphalguni Until 3:58PM Subha Until 8:14PM Balava Until 7:46PM	Ganesha: Blue Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 5:49AM Sunset: 6:32PM	Moon 8 - Phase 20 Prathama
Family Home Evening Creative Work Siddha Yoga		559452363	Rahu 7:24AM – 8:59AM	Prathama* Until 9:04AM	Bhuloka Day Bhadrapada-Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Dvitiya/Trityayam Titau				Des Moines, IA Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 18.17	Tithi 2 – 3	Gulika 12:10PM – 1:45PM	Hasta Until 2:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	
			Yama 9:00AM – 10:35AM	Sukla Until 5:17PM	Muruqa: Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 21
	569452363	Rahu 3:20PM – 4:55PM	Gara Until 4:37AM Wed	Dvitiya Until 6:34AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Green		Bhuloka Day	
				Bhadrapada-Avani			

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 2.19	Tithi 4	Gulika 10:35AM – 12:09PM	Chitra Until 1:35PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	
			Yama 7:25AM – 9:00AM	Brahma Until 2:53PM	Muruqa: Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
	569452363	Rahu 12:09PM – 1:44PM	Vanija Until 3:54PM	Chaturthi* Until 3:21AM Thu	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Green		Bhuloka Day	
		Ganesha Chaturthi		Bhadrapada-Avani			

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 15.55	Tithi 5	Gulika 9:00AM – 10:35AM	Svati Until 1:12PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	
			Yama 5:52AM – 7:26AM	Indra Until 1:04PM	Muruqa: Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
	569552363	Rahu 1:43PM – 3:18PM	Bava Until 3:02PM	Panchami Until 2:53AM Fri	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga			Moon – Green		Bhuloka Day	
Until 1:12PM				Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 29.04	Tithi 6	Gulika 7:27AM – 9:01AM	Vishakha Until 1:56PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
			Yama 3:17PM – 4:51PM	Vaidhriti* Until 1:53AM	Muruqa: Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
	579552363	Rahu 10:35AM – 12:09PM	Kaulava Until 2:59PM	Shashthi* Until 3:15AM Sat	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Des Moines, IA Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 11.49	Tithi 7	Gulika 5:54AM – 7:27AM	Anuradha Until 3:18PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	
			Yama 1:42PM – 3:16PM	Vishkambha* Until 11:22AM	Muruqa: Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	579552363	Rahu 9:01AM – 10:35AM	Gara Until 3:46PM	Saptami Until 4:25AM Sun	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 3:15PM – 4:48PM	Jyeshtha* Until 5:14PM	Ganesha: White	<i>Sunrise:</i> 5:55AM	
	Vrischika Rasi: 24.12	Tithi 8	Yama 12:08PM – 1:41PM	Priti Until 11:27AM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	579552363	Rahu 4:48PM – 6:21PM	Visti Until 5:17PM	Ashtami* Until 6:16AM Mon	Nataraja: Purple		Ashtami
Routine Work	Marana Yoga			Moon – Orange		Devaloka Day	
Until 5:14PM				Bhadrapada-Puratasi			
Then Creative Work - Amrita Yoga							

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:41PM – 3:14PM	Mula* Until 8:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	
	Dhanus Rasi: 6.19	Tithi 8 – 9	Yama 10:35AM – 12:08PM	Ayushman Until 11:59AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 21
	589552363	Rahu 7:29AM – 9:02AM	Balava Until 7:24PM	Ashtami* Until 6:16AM	Nataraja: Purple		Navami
Family Home Evening	Siddha Yoga			Moon – Light Blue		Bhuloka Day	
Until 8:04PM				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Des Moines, IA Sun 22 Sutra 156 Vilamba 5120		
Dhanus Rasi: 18.14	Tithi 9 – 10	Gulika 12:07PM – 1:40PM	Purvashadha* Until 11:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 22 4th Phase
		Yama 9:02AM – 10:35AM	Saubhagya Until 12:52PM	Nataraja: Purple				
		581552363 Rahu 3:13PM – 4:45PM	Taitila Until 9:54PM	Moon – Light Blue				
Creative Work	Siddha Yoga		Navami* Until 8:36AM			Bhadrpada*Puratasi	Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 11:06PM								
Then Routine Work - Prabalarishta Yoga								

2		Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 23 Sutra 157 Vilamba 5120		
Makara Rasi: 0.03	Tithi 10 – 11	Gulika 10:35AM – 12:07PM	Uttarashadha Until 2:04AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 22 4th Phase
		Yama 7:30AM – 9:02AM	Sobhana Until 1:56PM	Nataraja: Purple				
		581552363 Rahu 12:07PM – 1:39PM	Vanija Until 12:32AM Thu	Moon – Light Blue				
Creative Work	Amrita Yoga		Dashami Until 11:12AM			Bhadrpada*Puratasi	Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 2:04AM Thu								
Then Creative Work - Siddha Yoga								

3		Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 24 Sutra 158 Vilamba 5120		
Makara Rasi: 11.5	Tithi 11 – 12	Gulika 9:03AM – 10:35AM	Shravana Until 5:16AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 22 4th Phase
		Yama 5:59AM – 7:31AM	Athiganda* Until 2:58PM	Nataraja: Purple				
		591552363 Rahu 1:39PM – 3:10PM	Bava Until 3:04AM Fri	Moon – Purple				
Creative Work	Siddha Yoga		Ekadashi Until 1:48PM			Bhadrpada*Puratasi	Devaloka Day	
Until 11:06PM								
Then Routine Work - Prabalarishta Yoga								

4		Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 25 Sutra 159 Vilamba 5120		
Makara Rasi: 23.41	Tithi 12 – 13	Gulika 7:31AM – 9:03AM	Dhanishtha Until 8:01AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:00AM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 22 4th Phase
		Yama 3:09PM – 4:41PM	Sukarma Until 3:51PM	Nataraja: Purple				
		591552363 Rahu 10:35AM – 12:06PM	Kaulava Until 5:19AM Sat	Moon – Purple				
Creative Work	Siddha Yoga		Dvadashi Until 4:13PM			Bhadrpada*Puratasi	Devaloka Day	
Until 8:01AM Sat								
Then Creative Work - Amrita Yoga								
								<i>Pradosha Vrata</i>

5		Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti/Shula* Yoga Taitila Karana Trayodashyam Titau		Des Moines, IA Sun 26 Sutra 160 Vilamba 5120		
Kumbha Rasi: 5.38	Tithi 13	Gulika 6:01AM – 7:32AM	Dhanishtha Until 8:01AM	Ganesha: Purple	<i>Sunrise:</i> 6:01AM	Muruqa: Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 22 4th Phase
		Yama 1:37PM – 3:08PM	Dhriti Until 4:28PM	Nataraja: Purple				
		591552363 Rahu 9:03AM – 10:35AM	Taitila Until 6:16PM	Moon – Purple				
Creative Work	Siddha Yoga		Trayodashi Until 6:16PM			Bhadrpada*Puratasi	Devaloka Day	
Until 8:01AM								
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam						
		Kadaitswami Mahasamadhi						

6		Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 161 Vilamba 5120		
Kumbha Rasi: 17.46	Tithi 14	Gulika 3:07PM – 4:38PM	Shatabhishak Until 10:11AM	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Muruqa: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 22 4th Phase
		Yama 12:05PM – 1:36PM	Shula* Until 4:42PM	Nataraja: Purple				
		591552363 Rahu 4:38PM – 6:09PM	Gara Until 7:09AM	Moon – Purple				
Creative Work	Siddha Yoga		Chaturdashi* Until 7:51PM			Bhadrpada*Puratasi	Devaloka Day	
Until 12:11PM								
Then Creative Work - Siddha Yoga								

○		Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau		Des Moines, IA Sun 28 Sutra 162 Vilamba 5120		
Copper Retreat Star		Gulika 1:36PM – 3:06PM	Purvaproshtapada* Until 12:11PM	Ganesha: Purple	<i>Sunrise:</i> 6:03AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 22 Purnima
Meena Rasi: 0.07	Tithi 15	Yama 10:35AM – 12:05PM	Ganda* Until 4:34PM	Nataraja: Purple				
Family Home Evening		511552363 Rahu 7:33AM – 9:04AM	Visti Until 8:28AM	Moon – Clear				
Routine Work	Marana Yoga		Purnima* Until 8:55PM			Bhadrpada*Puratasi	Devaloka Day	
Until 12:11PM								
Then Creative Work - Siddha Yoga								

○		Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Des Moines, IA Sun 29 Sutra 163 Vilamba 5120		
Silver Retreat Star		Gulika 12:05PM – 1:35PM	Uttaraproshtapada Until 1:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:04AM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 22 Prathama
Meena Rasi: 12.4	Tithi 16	Yama 9:04AM – 10:35AM	Vridhi Until 4:02PM	Nataraja: Purple				
		511552363 Rahu 3:05PM – 4:36PM	Balava Until 9:16AM	Moon – Clear				
Creative Work	Amrita Yoga		Prathama* Until 9:28PM			Bhadrpada*Puratasi	Devaloka Day	
Until 1:31PM								
Then Creative Work - Siddha Yoga								

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 25.28 Tithi 17

511552363

Gulika 10:35AM – 12:04PM
Yama 7:35AM – 9:05AM
Rahu 12:04PM – 1:34PM

Revati Until 2:14PM
Dhruva Until 3:06PM
Taitila Until 9:35AM
Dvitiya Until 9:33PM

Ganesha: Purple *Sunrise:* 6:05AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple
Moon – Clear

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visli* Karana Tritiyayam Titau

Des Moines, IA

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 8.28 Tithi 18

621552363

Gulika 9:05AM – 10:35AM
Yama 6:06AM – 7:35AM
Rahu 1:34PM – 3:03PM

Ashvini Until 2:50PM
Vyaghata* Until 1:51PM
Vanija Until 9:28AM
Tritiya Until 9:14PM

Ganesha: Purple *Sunrise:* 6:06AM

Muruqa: Purple *Sunset:* 6:02PM

Nataraja: Purple
Moon – White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 2:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthayam Titau

Des Moines, IA

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 21.41 Tithi 19

622552363

Gulika 7:36AM – 9:05AM
Yama 3:02PM – 4:31PM
Rahu 10:35AM – 12:04PM

Bharani Until 2:55PM
Harshana Until 12:19PM
Bava Until 8:57AM
Chaturthi* Until 8:33PM

Ganesha: Clear *Sunrise:* 6:07AM

Muruqa: Purple *Sunset:* 6:01PM

Nataraja: Purple
Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Shrabha Rasi: 5.05 Tithi 20

622552363

Gulika 6:08AM – 7:37AM
Yama 1:32PM – 3:01PM
Rahu 9:06AM – 10:35AM

Krittika Until 2:32PM
Vajra* Until 10:29AM
Kaulava Until 8:06AM
Panchami Until 7:33PM

Ganesha: Clear *Sunrise:* 6:08AM

Muruqa: Purple *Sunset:* 5:59PM

Nataraja: Purple
Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Shrabha Rasi: 18.4 Tithi 21

632552363

Gulika 3:00PM – 4:29PM
Yama 12:03PM – 1:32PM
Rahu 4:29PM – 5:57PM

Rohini Until 2:09PM
Siddhi Until 8:26AM
Gara Until 6:57AM
Shashthi* Until 6:15PM

Ganesha: Purple *Sunrise:* 6:09AM

Muruqa: Purple *Sunset:* 5:57PM

Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Saplamyam Titau

Des Moines, IA

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mithuna Rasi: 2.25 Tithi 22 – 23

632552363

Gulika 1:31PM – 2:59PM
Yama 10:35AM – 12:03PM
Rahu 7:38AM – 9:06AM

Mrigashira Until 1:21PM
Vyatipata* Until 6:09AM
Balava Until 3:48AM Tue
Saptami Until 4:40PM

Ganesha: Purple *Sunrise:* 6:10AM

Muruqa: Purple *Sunset:* 5:56PM

Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 1:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 16.2 Tithi 23 – 24

632552363

Gulika 12:02PM – 1:30PM
Yama 9:07AM – 10:35AM
Rahu 2:58PM – 4:26PM

Ardra Until 12:07PM
Parigha* Until 12:54AM Wed
Taitila Until 1:49AM Wed
Ashtami* Until 2:49PM

Ganesha: Purple *Sunrise:* 6:11AM

Muruqa: Purple *Sunset:* 5:54PM

Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 12:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA

Sun 8 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Kataka Rasi: 0.25 Tithi 24 – 25

642552363

Gulika 10:35AM – 12:02PM
Yama 7:40AM – 9:07AM
Rahu 12:02PM – 1:30PM

Punarvasu Until 10:54AM
Shiva Until 9:58PM
Vanija Until 11:35PM
Navami* Until 12:42PM

Ganesha: Clear *Sunrise:* 6:12AM

Muruqa: Purple *Sunset:* 5:52PM

Nataraja: Purple
Moon – Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 172	
Kataka Rasi: 14.4	Tithi 25 – 26	Gulika 9:07AM – 10:35AM	Pushya Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Vilamba 5120	
		Yama 6:13AM – 7:40AM	Siddha Until 6:50PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24	
		642552363 Rahu 1:29PM – 2:56PM	Bava Until 9:08PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 10:21AM	Moon – Blue		Bhuloka Day	
Until 9:19AM				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 173	
Kataka Rasi: 29.04	Tithi 26 – 27	Gulika 7:41AM – 9:08AM	Ashlesha* Until 7:24AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Vilamba 5120	
		Yama 2:55PM – 4:22PM	Sadhya Until 3:36PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 24	
		642552363 Rahu 10:35AM – 12:02PM	Kaulava Until 6:32PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 7:49AM	Moon – Blue		Bhuloka Day	
				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 174	
Simha Rasi: 13.31	Tithi 28	Gulika 6:15AM – 7:42AM	Purvaphalguni Until 3:47AM Sun	Ganesha: White	<i>Sunrise:</i> 6:15AM	Vilamba 5120	
		Yama 1:28PM – 2:54PM	Subha Until 12:18PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24	
		652552363 Rahu 9:08AM – 10:35AM	Gara Until 3:53PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 2:33AM Sun	Moon – Red		Bhuloka Day	
Until 3:47AM Sun				Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 175	
Simha Rasi: 27.59	Tithi 29	Gulika 2:53PM – 4:19PM	Uttaraphalguni Until 1:53AM Mon	Ganesha: White	<i>Sunrise:</i> 6:16AM	Vilamba 5120	
		Yama 12:01PM – 1:27PM	Sukla Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 24	
		652552364 Rahu 4:19PM – 5:46PM	Visti Until 1:17PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 12:02AM Mon	Moon – Red		Bhuloka Day	
Until 1:53AM Mon				Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 176	
Retreat Star		Gulika 1:26PM – 2:52PM	Hasta Until 12:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:17AM	Vilamba 5120	
Kanya Rasi: 12.21	Tithi 30	Yama 10:35AM – 12:01PM	Indra Until 2:59AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24	
Family Home Evening		662652364 Rahu 7:43AM – 9:09AM	Catuspada Until 10:52AM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 9:46PM	Moon – Green		Devaloka Day	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi			

Retreat Star		Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 177	
Kanya Rasi: 26.31	Tithi 1	Gulika 12:00PM – 1:26PM	Chitra Until 11:28PM	Ganesha: Red	<i>Sunrise:</i> 6:18AM	Vilamba 5120	
		Yama 9:09AM – 10:35AM	Vaidhriti* Until 12:25AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24	
		662652364 Rahu 2:51PM – 4:17PM	Kintughna Until 8:48AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:54PM	Moon – Green		Devaloka Day	
		Navaratri Begins		Ashvina•Puratasi			

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Tula Rasi: 10.23	Tithi 2	662652364	Gulika 10:35AM – 12:00PM Yama 7:45AM – 9:10AM Rahu 12:00PM – 1:25PM	Svati Until 10:49PM Vishkambha* Until 10:19PM Balava Until 7:12AM Dvitiya Until 6:36PM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Green	Sun 15 Sutra 178 Vilamba 5120 Moon 9 - Phase 25 3rd Phase
	Creative Work	Siddha Yoga				Ashvina+Puratasi	Devaloka Day

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Des Moines, IA
	Tula Rasi: 23.55	Tithi 3 – 4	673652364	Gulika 9:10AM – 10:35AM Yama 6:21AM – 7:45AM Rahu 1:25PM – 2:49PM	Vishakha Until 11:08PM Priti Until 8:47PM Taitila Until 6:12AM Tritiya Until 5:57PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Orange	Sun 16 Sutra 179 Vilamba 5120 Moon 9 - Phase 25 3rd Phase
	Creative Work	Siddha Yoga				Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Visti* Karana Chaturthyam Titau				Des Moines, IA
	Vrischika Rasi: 7.02	Tithi 4	673652364	Gulika 7:46AM – 9:11AM Yama 2:49PM – 4:13PM Rahu 10:35AM – 12:00PM	Anuradha Until 12:03AM Sat Ayushman Until 7:49PM Visti Until 6:04PM Chaturthi* Until 6:04PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Orange	Sun 17 Sutra 180 Vilamba 5120 Moon 9 - Phase 25 3rd Phase
	Creative Work	Siddha Yoga				Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	Vrischika Rasi: 19.47	Tithi 5	673652364	Gulika 6:23AM – 7:47AM Yama 1:24PM – 2:48PM Rahu 9:11AM – 10:35AM	Jyeshtha* Until 1:33AM Sun Saubhagya Until 7:28PM Bava Until 6:27AM Panchami Until 6:58PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Orange	Sun 18 Sutra 181 Vilamba 5120 Moon 9 - Phase 25 3rd Phase
	Creative Work	Siddha Yoga				Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 1:33AM Sun Then Creative Work - Amrita Yoga						

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA
	Dhanus Rasi: 2.11	Tithi 6	683652364	Gulika 2:47PM – 4:11PM Yama 11:59AM – 1:23PM Rahu 4:11PM – 5:34PM	Mula* Until 4:03AM Mon Sobhana Until 7:41PM Kaulava Until 7:43AM Shashthi* Until 8:36PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Light Blue	Sun 19 Sutra 182 Vilamba 5120 Moon 9 - Phase 25 3rd Phase
	Creative Work	Amrita Yoga				Ashvina+Puratasi	Devaloka Day
	Until 4:03AM Mon Then Routine Work - Marana Yoga						

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
	Dhanus Rasi: 14.17	Tithi 7	683652364	Gulika 1:22PM – 2:46PM Yama 10:35AM – 11:59AM Rahu 7:48AM – 9:12AM	Purvashadha* Until 6:54AM Tue Athiganda* Until 8:19PM Gara Until 9:40AM Saptami Until 10:49PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Light Blue	Sun 20 Sutra 183 Vilamba 5120 Moon 9 - Phase 25 3rd Phase
	Family Home Evening					Ashvina+Puratasi	Devaloka Day
	Routine Work Marana Yoga Until 6:54AM Tue Then Routine Work - Prabalarishta Yoga						

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	Retreat Star			Gulika 11:59AM – 1:22PM Yama 9:12AM – 10:36AM Rahu 2:45PM – 4:08PM	Purvashadha* Until 6:54AM Sukarma Until 9:15PM Visti Until 12:05PM Ashtami* Until 1:23AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Light Blue	Sun 21 Sutra 184 Vilamba 5120 Moon 9 - Phase 25 Ashtami
	Creative Work	Siddha Yoga		Durga Ashtami		Ashvina+Puratasi	Devaloka Day
	Until 6:54AM Then Routine Work - Prabalarishta Yoga						

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	Retreat Star			Gulika 10:36AM – 11:58AM Yama 7:50AM – 9:13AM Rahu 11:58AM – 1:21PM	Uttarashadha Until 9:49AM Dhriti Until 10:17PM Balava Until 2:44PM Navami* Until 4:02AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 185 Vilamba 5120 Moon 9 - Phase 25 Navami
	Creative Work	Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratsi	Devaloka Day
	Until 9:49AM Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau		Des Moines, IA Sun 23 Sutra 186 Vilamba 5120		
Makara Rasi: 19.5	Tithi 10	Gulika 9:13AM – 10:36AM	Shravana Until 1:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 6:28AM – 7:51AM	Shula* Until 11:12PM	Nataraja: Clear				
		693652364 Rahu 1:21PM – 2:43PM	Taitila Until 5:20PM	Moon – Purple		Bhuloka Day		
		Vijaya Dasami	Dashami Until 6:30AM Fri	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 24 Sutra 187 Vilamba 5120		
Kumbha Rasi: 1.42	Tithi 10 – 11	Gulika 7:52AM – 9:14AM	Dhanishtha Until 3:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:30AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 2:42PM – 4:05PM	Ganda* Until 11:52PM	Nataraja: Clear				
		693652364 Rahu 10:36AM – 11:58AM	Vanija Until 7:37PM	Moon – Purple		Bhuloka Day		
			Dashami Until 6:30AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 25 Sutra 188 Vilamba 5120		
Kumbha Rasi: 13.44	Tithi 11 – 12	Gulika 6:31AM – 7:52AM	Shatabhishak Until 6:09PM	Ganesha: Purple	<i>Sunrise:</i> 6:31AM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 26 4th Phase
Creative Work	Amrita Yoga	Yama 1:20PM – 2:42PM	Vriddhi Until 12:09AM Sun	Nataraja: Clear				
Until 6:09PM		693652364 Rahu 9:14AM – 10:36AM	Bava Until 9:25PM	Moon – Purple		Bhuloka Day		
Then Routine Work - Marana Yoga			Ekadashi Until 8:34AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 26 Sutra 189 Vilamba 5120		
Kumbha Rasi: 25.59	Tithi 12 – 13	Gulika 2:41PM – 4:02PM	Purvaproshtapada* Until 8:07PM	Ganesha: White	<i>Sunrise:</i> 6:32AM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 11:58AM – 1:19PM	Dhruva Until 11:56PM	Nataraja: Clear				
Until 8:07PM		613652364 Rahu 4:02PM – 5:24PM	Kaulava Until 10:36PM	Moon – Clear		Bhuloka Day		
Then Creative Work - Amrita Yoga			Dvadashi Until 10:04AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		
			<i>Pradosha Vrata</i>					

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 190 Vilamba 5120		
Meena Rasi: 8.31	Tithi 13 – 14	Gulika 1:19PM – 2:40PM	Uttaraproshtapada Until 9:19PM	Ganesha: White	<i>Sunrise:</i> 6:33AM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:36AM – 11:58AM	Vyaghata* Until 11:14PM	Nataraja: Clear				
Creative Work	Siddha Yoga	613652364 Rahu 7:54AM – 9:15AM	Gara Until 11:08PM	Moon – Clear		Bhuloka Day		
			Trayodashi Until 10:56AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA Sutra 191 Vilamba 5120		
Copper Retreat Star		Gulika 11:57AM – 1:18PM	Revati Until 9:44PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 21.2	Tithi 14 – 15	Yama 9:16AM – 10:37AM	Harshana Until 10:03PM	Nataraja: Clear				
Creative Work	Siddha Yoga	613652364 Rahu 2:39PM – 4:00PM	Visti Until 11:04PM	Moon – Clear		Bhuloka Day		
			Chaturdashi* Until 11:09AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

Wednesday, October 24, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Des Moines, IA Sutra 192 Vilamba 5120		
Mesha Rasi: 4.27	Tithi 15 – 16	Gulika 10:37AM – 11:57AM	Ashvini Until 9:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 Prathama
Routine Work	Marana Yoga	Yama 7:56AM – 9:16AM	Vajra* Until 8:25PM	Nataraja: Clear				
Until 9:56PM		623652364 Rahu 11:57AM – 1:18PM	Balava Until 10:26PM	Moon – White		Devaloka Day		
Then Creative Work - Siddha Yoga			Purnima* Until 10:47AM	Ashvina•Aipasi				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.51 Tithi 16 - 17

623652364

Gulika 9:17AM - 10:37AM
Yama 6:36AM - 7:57AM
Rahu 1:17PM - 2:38PM

Bharani Until 9:32PM
Siddhi Until 6:27PM
Taitila Until 9:21PM
Prathama* Until 9:56AM

Ganesha: Clear *Sunrise: 6:36AM*
Muruqa: Purple *Sunset: 5:18PM*
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Until 9:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 1.29 Tithi 17 - 18

624652364

Gulika 7:57AM - 9:17AM
Yama 2:37PM - 3:57PM
Rahu 10:37AM - 11:57AM

Krittika Until 8:40PM
Vyatipata* Until 4:11PM
Vanija Until 7:56PM
Dvitiya Until 8:40AM

Ganesha: White *Sunrise: 6:38AM*
Muruqa: Purple *Sunset: 5:17PM*
Nataraja: Clear
Moon - White

Sivaloka Day

Creative Work Siddha Yoga

Until 8:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Des Moines, IA

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 15.18 Tithi 18 - 19

634652364

Gulika 6:39AM - 7:58AM
Yama 1:17PM - 2:36PM
Rahu 9:18AM - 10:37AM

Rohini Until 7:50PM
Variyan Until 1:42PM
Bava Until 6:17PM
Tritiya Until 7:07AM

Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Purple *Sunset: 5:15PM*
Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Amrita Yoga

Until 7:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 29.14 Tithi 20

634652364

Gulika 2:35PM - 3:55PM
Yama 11:57AM - 1:16PM
Rahu 3:55PM - 5:14PM

Mrigashira Until 6:44PM
Parigha* Until 11:06AM
Kaulava Until 4:29PM
Panchami Until 3:31AM Mon

Ganesha: Clear *Sunrise: 6:40AM*
Muruqa: Purple *Sunset: 5:14PM*
Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthayam Titau

Des Moines, IA

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 13.14 Tithi 21

634652364

Gulika 1:16PM - 2:35PM
Yama 10:38AM - 11:57AM
Rahu 8:00AM - 9:19AM

Ardra Until 5:23PM
Shiva Until 8:25AM
Gara Until 2:35PM
Shashthi* Until 1:36AM Tue

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Purple *Sunset: 5:13PM*
Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Siddha Yoga

Until 5:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 27.17 Tithi 22

644662364

Gulika 11:57AM - 1:15PM
Yama 9:20AM - 10:38AM
Rahu 2:34PM - 3:53PM

Punarvasu Until 4:17PM
Sadhya Until 2:55AM Wed
Visti Until 12:38PM
Saptami Until 11:38PM

Ganesha: Purple *Sunrise: 6:42AM*
Muruqa: Clear *Sunset: 5:11PM*
Nataraja: Clear
Moon - Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 11.22 Tithi 23

644662364

Gulika 10:38AM - 11:57AM
Yama 8:02AM - 9:20AM
Rahu 11:57AM - 1:15PM

Pushya Until 3:01PM
Subha Until 12:09AM Thu
Balava Until 10:40AM
Ashtami* Until 9:39PM

Ganesha: Purple *Sunrise: 6:43AM*
Muruqa: Clear *Sunset: 5:10PM*
Nataraja: Clear
Moon - Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 25.26 Tithi 24

644662364

Gulika 9:21AM - 10:39AM
Yama 6:45AM - 8:03AM
Rahu 1:15PM - 2:33PM

Ashlesha* Until 1:36PM
Sukla Until 9:21PM
Taitila Until 8:41AM
Navami* Until 7:40PM

Ganesha: Purple *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 5:09PM*
Nataraja: Clear
Moon - Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha/Purvaphalguni Nakshatra Brahma Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau			Des Moines, IA
Simha Rasi: 9.31	Tithi 25 – 26	654762364	Gulika 8:04AM – 9:21AM Yama 2:32PM – 3:50PM Rahu 10:39AM – 11:57AM	Magha* Until 12:29PM Brahma Until 6:34PM Vanija Until 6:42AM Dashami Until 5:42PM	Ganesha: White Sunrise: 6:46AM Muruqa: Clear Sunset: 5:08PM Nataraja: Clear Moon – Red	Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	Devaloka Day
Routine Work Marana Yoga Until 12:29PM Then Creative Work - Siddha Yoga							

2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau			Des Moines, IA
Simha Rasi: 23.35	Tithi 26 – 27	654762364	Gulika 6:47AM – 8:04AM Yama 1:14PM – 2:32PM Rahu 9:22AM – 10:39AM	Purvaphalguni Until 11:14AM Indra Until 3:51PM Kaulava Until 2:52AM Sun Ekadashi* Until 3:46PM	Ganesha: White Sunrise: 6:47AM Muruqa: Clear Sunset: 5:06PM Nataraja: Clear Moon – Red	Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	Devaloka Day
Creative Work Siddha Yoga Until 11:14AM Then Routine Work - Marana Yoga							

3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashti/Trayodashyam Titau			Des Moines, IA
Kanya Rasi: 8	Tithi 27 – 28	654762364	Gulika 2:31PM – 3:48PM Yama 11:57AM – 1:14PM Rahu 3:48PM – 5:05PM	Uttaraphalguni Until 9:57AM Vaidhriti* Until 1:11PM Gara Until 1:07AM Mon Dvadashti* Until 1:57PM	Ganesha: White Sunrise: 6:48AM Muruqa: Clear Sunset: 5:05PM Nataraja: Clear Moon – Red	Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	Devaloka Day
Creative Work Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>					

4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Des Moines, IA
Kanya Rasi: 21.31	Tithi 28 – 29	664762364	Gulika 1:14PM – 2:30PM Yama 10:40AM – 11:57AM Rahu 8:06AM – 9:23AM	Hasta Until 9:07AM Vishkambha* Until 10:40AM Visti Until 11:37PM Trayodashi* Until 12:19PM	Ganesha: Green Sunrise: 6:49AM Muruqa: Clear Sunset: 5:04PM Nataraja: Clear Moon – Green	Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	Devaloka Day Tour Day
Family Home Evening Creative Work Siddha Yoga Until 9:07AM Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day					

		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Des Moines, IA
Retreat Star							
Tula Rasi: 5.17	Tithi 29 – 30	664762364	Gulika 11:57AM – 1:13PM Yama 9:24AM – 10:40AM Rahu 2:30PM – 3:46PM	Chitra Until 8:24AM Priti Until 8:24AM Catuspada Until 10:28PM Chaturdashi* Until 10:58AM	Ganesha: Green Sunrise: 6:51AM Muruqa: Clear Sunset: 5:03PM Nataraja: Clear Moon – Green	Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 Amavasya	Devaloka Day
Creative Work Siddha Yoga							

Retreat Star		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Des Moines, IA
Retreat Star							
Tula Rasi: 18.49	Tithi 30 – 1	765762364	Gulika 10:41AM – 11:57AM Yama 8:08AM – 9:24AM Rahu 11:57AM – 1:13PM	Svati Until 7:56AM Ayushman Until 6:25AM Kintughna Until 9:46PM Amavasya* Until 10:02AM	Ganesha: Clear Sunrise: 6:52AM Muruqa: Clear Sunset: 5:02PM Nataraja: Clear Moon – Green	Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Prathama	Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga		Skanda Shasthi Begins					

1	Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
	Vrischika Rasi: 2.05	Tithi 1 – 2	775762364	Gulika 9:25AM – 10:41AM Yama 6:53AM – 8:09AM Rahu 1:13PM – 2:29PM	Vishakha Until 8:16AM Sobhana Until 3:45AM Fri Balava Until 9:39PM Prathama* Until 9:37AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Orange Karttika-Aipasi	Sun 14 Sutra 207 Vilamba 5120 Moon 10 - Phase 29 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					

2	Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
	Vrischika Rasi: 15.02	Tithi 2 – 3	775762364	Gulika 8:10AM – 9:26AM Yama 2:28PM – 3:44PM Rahu 10:41AM – 11:57AM	Anuradha Until 9:02AM Athiganda* Until 3:08AM Sat Taitila Until 10:12PM Dvitiya Until 9:49AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Orange Karttika-Aipasi	Sun 15 Sutra 208 Vilamba 5120 Moon 10 - Phase 29 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 9:02AM						

3	Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Des Moines, IA
	Vrischika Rasi: 27.4	Tithi 3 – 4	775762364	Gulika 6:56AM – 8:11AM Yama 1:13PM – 2:28PM Rahu 9:26AM – 10:42AM	Jyeshtha* Until 10:18AM Sukarma Until 3:03AM Sun Vanija Until 11:25PM Tritiya Until 10:42AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Orange Karttika-Aipasi	Sun 16 Sutra 209 Vilamba 5120 Moon 10 - Phase 29 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					

4	Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Dhanus Rasi: 10.01	Tithi 4 – 5	785762364	Gulika 2:27PM – 3:43PM Yama 11:57AM – 1:12PM Rahu 3:43PM – 4:58PM	Mula* Until 12:31PM Dhriti Until 3:28AM Mon Bava Until 1:17AM Mon Chaturthi* Until 12:15PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Karttika-Aipasi	Sun 17 Sutra 210 Vilamba 5120 Moon 10 - Phase 29 3rd Phase Sivaloka Day
	Creative Work	Amrita Yoga					
	Until 12:31PM						

5	Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Des Moines, IA
	Dhanus Rasi: 22.06	Tithi 5 – 6	785762364	Gulika 1:12PM – 2:27PM Yama 10:42AM – 11:57AM Rahu 8:13AM – 9:28AM	Purvashadha* Until 3:08PM Shula* Until 4:12AM Tue Kaulava Until 3:38AM Tue Panchami Until 2:23PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Karttika-Aipasi	Sun 18 Sutra 211 Vilamba 5120 Moon 10 - Phase 29 3rd Phase Sivaloka Day
	Family Home Evening						
	Routine Work	Marana Yoga					

6	Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Makara Rasi: 4.01	Tithi 6 – 7	785762364	Gulika 11:57AM – 1:12PM Yama 9:28AM – 10:43AM Rahu 2:27PM – 3:41PM	Uttarashadha Until 5:58PM Ganda* Until 5:10AM Wed Gara Until 6:18AM Wed Shashthi* Until 4:55PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Light Blue Karttika-Aipasi	Sun 19 Sutra 212 Vilamba 5120 Moon 10 - Phase 29 3rd Phase Sivaloka Day
	Routine Work	Prabalarishta Yoga					
	Until 5:58PM						

Retreat Star	Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
	Makara Rasi: 15.49	Tithi 7	795762364	Gulika 10:43AM – 11:58AM Yama 8:15AM – 9:29AM Rahu 11:58AM – 1:12PM	Shravana Until 9:16PM Vriddhi Until 6:10AM Thu Gara Until 6:18AM Saptami Until 7:38PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Purple Karttika-Aipasi	Sun 20 Sutra 213 Vilamba 5120 Moon 10 - Phase 29 3rd Phase Subha Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 9:16PM						

Retreat Star	Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	Makara Rasi: 27.37	Tithi 8	795762364	Gulika 9:30AM – 10:44AM Yama 7:02AM – 8:16AM Rahu 1:12PM – 2:26PM	Dhanishtha Until 12:18AM Fri Vriddhi Until 6:10AM Visti Until 8:59AM Ashtami* Until 10:13PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Purple Karttika-Aipasi	Sun 21 Sutra 214 Vilamba 5120 Moon 10 - Phase 29 Ashtami Subha Sivaloka Day
	Creative Work	Siddha Yoga					

Retreat Star	Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	Kumbha Rasi: 9.29	Tithi 9	795762364	Gulika 8:17AM – 9:30AM Yama 2:26PM – 3:39PM Rahu 10:44AM – 11:58AM	Shatabhishak Until 2:47AM Sat Dhruva Until 6:59AM Balava Until 11:25AM Navami* Until 12:27AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Purple Karttika-Karttikai	Sun 22 Sutra 215 Vilamba 5120 Moon 10 - Phase 29 Navami Subha Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 2:47AM Sat						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 21.32	Tithi 10	Gulika 7:04AM – 8:18AM	Purvaproshtapada* Until 5:02AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:04AM			
		Yama 1:12PM – 2:25PM	Vyaghata* Until 7:29AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 10 - Phase 30
		716762365 Rahu 9:31AM – 10:45AM	Taitila Until 1:23PM	Nataraja: White				4th Phase
Routine Work	Marana Yoga		Dashami Until 2:06AM Sun	Moon – Clear			Devaloka Day	
Until 5:02AM Sun							Karttika-Karttikai	
Then Creative Work - Amrita Yoga								

2		Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 3.49	Tithi 11	Gulika 2:25PM – 3:38PM	Uttaraproshtapada Until 6:25AM Mon	Ganesha: Red	<i>Sunrise:</i> 7:05AM			
		Yama 11:58AM – 1:12PM	Harshana Until 7:32AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 10 - Phase 30
		716762365 Rahu 3:38PM – 4:52PM	Vanija Until 2:41PM	Nataraja: White				4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 3:02AM Mon	Moon – Clear			Devaloka Day	
Until 6:25AM Mon							Karttika-Karttikai	
Then Creative Work - Siddha Yoga								

3		Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 16.26	Tithi 12	Gulika 1:12PM – 2:25PM	Uttaraproshtapada Until 6:25AM	Ganesha: Red	<i>Sunrise:</i> 7:06AM			
Family Home Evening		Yama 10:46AM – 11:59AM	Vajra* Until 7:00AM	Muruqa: Clear	<i>Sunset:</i> 4:51PM			Moon 10 - Phase 30
		716762365 Rahu 8:19AM – 9:32AM	Bava Until 3:15PM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:13AM Tue	Moon – Clear			Devaloka Day	
							Karttika-Karttikai	

4		Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 29.23	Tithi 13	Gulika 11:59AM – 1:12PM	Revati Until 6:56AM	Ganesha: Red	<i>Sunrise:</i> 7:07AM			
		Yama 9:34AM – 10:46AM	Vyatipata* Until 4:13AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:50PM			Moon 10 - Phase 30
		716762365 Rahu 2:25PM – 3:37PM	Kaulava Until 3:03PM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:40AM Wed	Moon – Clear			Devaloka Day	
							Karttika-Karttikai	
							<i>Pradosha Vrata</i>	

5		Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 12.44	Tithi 14	Gulika 10:46AM – 11:59AM	Ashvini Until 7:03AM	Ganesha: Blue	<i>Sunrise:</i> 7:09AM			
		Yama 8:21AM – 9:34AM	Variyan Until 2:01AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:50PM			Moon 10 - Phase 30
		726762365 Rahu 11:59AM – 1:12PM	Gara Until 2:10PM	Nataraja: White				4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:28AM Thu	Moon – White			Bhuloka Day	
Until 7:03AM							Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga								

○		Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sun 28 Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika 9:35AM – 10:47AM	Bharani Until 6:23AM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM			
Mesha Rasi: 26.26	Tithi 15	Yama 7:10AM – 8:22AM	Parigha* Until 11:25PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM			Moon 10 - Phase 30
		726762365 Rahu 1:12PM – 2:24PM	Visti Until 12:40PM	Nataraja: White				Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:43PM	Moon – White			Bhuloka Day	
Until 6:23AM							Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga		Krittika Deepam						

○		Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sun 29 Sutra 222 Vilamba 5120
Silver Retreat Star		Gulika 8:23AM – 9:35AM	Rohini Until 3:42AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 7:11AM			
Vrishabha Rasi: 10.27	Tithi 16	Yama 2:24PM – 3:36PM	Shiva Until 8:29PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM			Moon 10 - Phase 30
		736762365 Rahu 10:47AM – 12:00PM	Balava Until 10:42AM	Nataraja: White				Prathama
Routine Work	Marana Yoga		Prathama* Until 9:34PM	Moon – Yellow			Devaloka Day	
Until 3:42AM Sat							Karttika-Karttikai	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 24.42 Tithi 17

737762365

Gulika 7:12AM - 8:24AM

Yama 1:12PM - 2:24PM

Rahu 9:36AM - 10:48AM

Mrigashira Until 1:56AM Sun

Siddha Until 5:19PM

Taitila Until 8:25AM

Dvitiya Until 7:10PM

Ganesha: Red Sunrise: 7:12AM

Muruqa: Clear Sunset: 4:48PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Des Moines, IA

Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 9.06 Tithi 18 - 19

737762365

Gulika 2:24PM - 3:35PM

Yama 12:00PM - 1:12PM

Rahu 3:35PM - 4:47PM

Ardra Until 11:57PM

Sadhya Until 2:02PM

Bava Until 3:21AM Mon

Tritiya Until 4:37PM

Ganesha: Red Sunrise: 7:13AM

Muruqa: Clear Sunset: 4:47PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 23.32 Tithi 19 - 20

747762365

Gulika 1:12PM - 2:24PM

Yama 10:49AM - 12:01PM

Rahu 8:26AM - 9:37AM

Punarvasu Until 10:16PM

Subha Until 10:45AM

Kaulava Until 12:50AM Tue

Chaturthi* Until 2:04PM

Ganesha: Green Sunrise: 7:14AM

Muruqa: Clear Sunset: 4:47PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 7.57 Tithi 20 - 21

747862365

Gulika 12:01PM - 1:12PM

Yama 9:38AM - 10:50AM

Rahu 2:24PM - 3:35PM

Pushya Until 8:34PM

Sukla Until 7:30AM

Gara Until 10:26PM

Panchami Until 11:36AM

Ganesha: White Sunrise: 7:15AM

Muruqa: Clear Sunset: 4:46PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 22.16 Tithi 21 - 22

747863365

Gulika 10:50AM - 12:01PM

Yama 8:28AM - 9:39AM

Rahu 12:01PM - 1:12PM

Ashlesha* Until 6:55PM

Indra Until 1:27AM Thu

Visti Until 8:14PM

Shashthi* Until 9:17AM

Ganesha: White Sunrise: 7:17AM

Muruqa: Purple Sunset: 4:46PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Des Moines, IA

Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 6.26 Tithi 22 - 23

757863365

Gulika 9:40AM - 10:51AM

Yama 7:18AM - 8:29AM

Rahu 1:13PM - 2:24PM

Magha* Until 5:46PM

Vaidhriti* Until 10:41PM

Balava Until 6:17PM

Saptami Until 7:12AM

Ganesha: Clear Sunrise: 7:18AM

Muruqa: Purple Sunset: 4:46PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 5:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 20.26 Tithi 24

758863365

Gulika 8:30AM - 9:40AM

Yama 2:24PM - 3:34PM

Rahu 10:51AM - 12:02PM

Purvaphalguni Until 4:45PM

Vishkambha* Until 8:08PM

Taitila Until 4:35PM

Navami* Until 3:49AM Sat

Ganesha: Orange Sunrise: 7:19AM

Muruqa: Purple Sunset: 4:45PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau		Des Moines, IA Sun 8 Sutra 230 Vilamba 5120	
Kanya Rasi: 4.17	Tithi 25	Gulika 7:20AM – 8:30AM	Uttaraphalguni Until 3:50PM	Ganesha: Orange	<i>Sunrise:</i> 7:20AM		
		Yama 1:13PM – 2:24PM	Priti Until 5:50PM	Muruqa: Purple	<i>Sunset:</i> 4:45PM		Moon 11 - Phase 32
Routine Work	Marana Yoga	758863365 Rahu 9:41AM – 10:52AM	Vanija Until 3:09PM	Nataraja: White			2nd Phase
			Dashami Until 2:31AM Sun	Moon – Red		Bhuloka Day	
				Karttika-Karttikai		Devaloka Time: 6:AM to 9:AM	

2		Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 231 Vilamba 5120	
Kanya Rasi: 17.57	Tithi 26	Gulika 2:24PM – 3:34PM	Hasta Until 3:30PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:21AM		
		Yama 12:03PM – 1:13PM	Ayushman Until 3:43PM	Muruqa: Purple	<i>Sunset:</i> 4:45PM		Moon 11 - Phase 32
Creative Work	Amrita Yoga	768863365 Rahu 3:34PM – 4:45PM	Bava Until 2:01PM	Nataraja: White			2nd Phase
Until 3:30PM			Ekadashi* Until 1:32AM Mon	Moon – Green		Bhuloka Day	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			

3		Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 232 Vilamba 5120	
Tula Rasi: 1.27	Tithi 27	Gulika 1:13PM – 2:24PM	Chitra Until 3:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:22AM		
Family Home Evening		Yama 10:53AM – 12:03PM	Saubhagya Until 1:52PM	Muruqa: Purple	<i>Sunset:</i> 4:44PM		Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	768863365 Rahu 8:32AM – 9:42AM	Kaulava Until 1:11PM	Nataraja: White			2nd Phase
Until 3:20PM			Dvadashi* Until 12:52AM Tue	Moon – Green		Bhuloka Day	
Then Creative Work - Amrita Yoga				Karttika-Karttikai			

4		Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 233 Vilamba 5120	
Tula Rasi: 14.46	Tithi 28	Gulika 12:04PM – 1:14PM	Svati Until 3:21PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:23AM		
		Yama 9:43AM – 10:53AM	Sobhana Until 12:17PM	Muruqa: Purple	<i>Sunset:</i> 4:44PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	768863365 Rahu 2:24PM – 3:34PM	Gara Until 12:41PM	Nataraja: White			2nd Phase
Until 3:21PM			Trayodashi* Until 12:34AM Wed	Moon – Green		Bhuloka Day	Tour Day
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai			

5		Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 234 Vilamba 5120	
Tula Rasi: 27.53	Tithi 29	Gulika 10:54AM – 12:04PM	Vishakha Until 4:03PM	Ganesha: Purple	<i>Sunrise:</i> 7:24AM		
		Yama 8:34AM – 9:44AM	Athiganda* Until 11:00AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365 Rahu 12:04PM – 1:14PM	Visti Until 12:36PM	Nataraja: White			2nd Phase
			Chaturdashi* Until 12:42AM Thu	Moon – Orange		Bhuloka Day	
				Karttika-Karttikai			

Retreat Star		Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 235 Vilamba 5120	
Vrischika Rasi: 10.47	Tithi 30	Gulika 9:45AM – 10:54AM	Anuradha Until 5:04PM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM		
		Yama 7:25AM – 8:35AM	Sukarma Until 10:04AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365 Rahu 1:14PM – 2:24PM	Catuspada Until 12:59PM	Nataraja: White			Amavasya
Until 5:04PM			Amavasya* Until 1:20AM Fri	Moon – Orange		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Karttika-Karttikai			

Retreat Star		Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 236 Vilamba 5120	
Vrischika Rasi: 23.27	Tithi 1	Gulika 8:35AM – 9:45AM	Jyeshtha* Until 6:25PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:26AM		
		Yama 2:24PM – 3:34PM	Dhriti Until 9:33AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM		Moon 11 - Phase 32
Routine Work	Marana Yoga	779863365 Rahu 10:55AM – 12:05PM	Kintughna Until 1:52PM	Nataraja: White			Prathama
Until 6:25PM			Prathama* Until 2:29AM Sat	Moon – Orange		Bhuloka Day	
Then Creative Work - Amrita Yoga				Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Des Moines, IA Sun 15 Sutra 237 Vilamba 5120	
Dhanus Rasi: 5.52	Tithi 2	Gulika 7:27AM – 8:36AM	Mula* Until 8:36PM	Ganesha: Purple	<i>Sunrise:</i> 7:27AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM
		Yama 1:15PM – 2:25PM	Shula* Until 9:24AM	Nataraja: White			Moon 11 - Phase 33
		789863365 Rahu 9:46AM – 10:56AM	Balava Until 3:18PM	Moon – Light Blue			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:11AM Sun	Margasira-Karttikai			Bhuloka Day

2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		Des Moines, IA Sun 16 Sutra 238 Vilamba 5120	
Dhanus Rasi: 18.04	Tithi 3	Gulika 2:25PM – 3:34PM	Purvashadha* Until 11:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:27AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM
		Yama 12:06PM – 1:15PM	Ganda* Until 9:41AM	Nataraja: White			Moon 11 - Phase 33
		789863365 Rahu 3:34PM – 4:44PM	Taitila Until 5:15PM	Moon – Light Blue			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:22AM Mon	Margasira-Karttikai			Bhuloka Day
Until 11:07PM							
Then Creative Work - Amrita Yoga							

3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Des Moines, IA Sun 17 Sutra 239 Vilamba 5120	
Makara Rasi: 0.05	Tithi 3 – 4	Gulika 1:16PM – 2:25PM	Uttarashadha Until 1:51AM Tue	Ganesha: Purple	<i>Sunrise:</i> 7:28AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM
Family Home Evening		Yama 10:57AM – 12:06PM	Vriddhi Until 10:18AM	Nataraja: White			Moon 11 - Phase 33
		789863365 Rahu 8:38AM – 9:47AM	Vanija Until 7:38PM	Moon – Light Blue			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 6:22AM	Margasira-Karttikai			Bhuloka Day
Until 1:51AM Tue							
Then Creative Work - Siddha Yoga							

4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Des Moines, IA Sun 18 Sutra 240 Vilamba 5120	
Makara Rasi: 11.57	Tithi 4 – 5	Gulika 12:07PM – 1:16PM	Shravana Until 5:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:29AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM
		Yama 9:48AM – 10:57AM	Dhruva Until 11:10AM	Nataraja: White			Moon 11 - Phase 33
		799863365 Rahu 2:25PM – 3:35PM	Bava Until 10:18PM	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:55AM	Margasira-Karttikai			Bhuloka Day
Until 5:08AM Wed							Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga							

5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Des Moines, IA Sun 19 Sutra 241 Vilamba 5120	
Makara Rasi: 23.44	Tithi 5 – 6	Gulika 10:58AM – 12:07PM	Dhanishtha Until 8:17AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM
		Yama 8:39AM – 9:49AM	Vyaghata* Until 12:10PM	Nataraja: White			Moon 11 - Phase 33
		799863365 Rahu 12:07PM – 1:16PM	Kaulava Until 1:03AM Thu	Moon – Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Panchami Until 11:40AM	Margasira-Karttikai			Bhuloka Day
Until 8:17AM Thu							Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Des Moines, IA Sun 20 Sutra 242 Vilamba 5120	
Kumbha Rasi: 5.32	Tithi 6 – 7	Gulika 9:49AM – 10:58AM	Dhanishtha Until 8:17AM	Ganesha: Clear	<i>Sunrise:</i> 7:31AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM
		Yama 7:31AM – 8:40AM	Harshana Until 1:09PM	Nataraja: White			Moon 11 - Phase 33
		799863365 Rahu 1:17PM – 2:26PM	Gara Until 3:40AM Fri	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:22PM	Margasira-Karttikai			Bhuloka Day
							Devaloka Time: 6:AM to 9:AM

Vinayaga Viratam Ends

7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Des Moines, IA Sun 21 Sutra 243 Vilamba 5120	
Retreat Star		Gulika 8:41AM – 9:50AM	Shatabhishak Until 11:04AM	Ganesha: Clear	<i>Sunrise:</i> 7:32AM	Muruqa: Purple	<i>Sunset:</i> 4:45PM
Kumbha Rasi: 17.23	Tithi 7 – 8	Yama 2:26PM – 3:35PM	Vajra* Until 1:55PM	Nataraja: White			Moon 11 - Phase 33
		799863365 Rahu 10:59AM – 12:08PM	Visti Until 5:53AM Sat	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:49PM	Margasira-Karttikai			Bhuloka Day
							Devaloka Time: 6:AM to 9:AM

8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Bava Karana Ashtamyam Titau		Des Moines, IA Sun 22 Sutra 244 Vilamba 5120	
Retreat Star		Gulika 7:32AM – 8:41AM	Purvaproshtapada* Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 7:32AM	Muruqa: Purple	<i>Sunset:</i> 4:45PM
Kumbha Rasi: 29.24	Tithi 8	Yama 1:18PM – 2:27PM	Siddhi Until 2:21PM	Nataraja: White			Moon 11 - Phase 33
		711863365 Rahu 9:50AM – 10:59AM	Bava Until 6:45PM	Moon – Clear			Ashtami
Routine Work	Marana Yoga		Ashtami* Until 6:45PM	Margasira-Markali			Bhuloka Day
Until 1:45PM							Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyatipala*/Varjyan Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 23 Sutra 245 Vilamba 5120	
Retreat Star		Gulika 2:27PM – 3:36PM	Uttaraproshtapada Until 3:38PM	Ganesha: Purple	<i>Sunrise:</i> 7:33AM	Muruqa: Purple	<i>Sunset:</i> 4:45PM
Meena Rasi: 11.39	Tithi 9	Yama 12:09PM – 1:18PM	Vyatipala* Until 2:18PM	Nataraja: White			Moon 11 - Phase 33
		811863365 Rahu 3:36PM – 4:45PM	Balava Until 7:30AM	Moon – Clear			Navami
Creative Work	Amrita Yoga		Navami* Until 8:01PM	Margasira-Markali			Bhuloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau			Des Moines, IA Sun 24 Sutra 246 Vilamba 5120
1		Gulika 1:19PM – 2:27PM	Revati Until 4:38PM	Ganesha: Purple <i>Sunrise:</i> 7:34AM	
Meena Rasi: 24.13	Tithi 10	Yama 11:01AM – 12:10PM	Variyan Until 1:38PM	Muruqa: Purple <i>Sunset:</i> 4:45PM	Moon 11 - Phase 34
Family Home Evening	811863365	Rahu 8:43AM – 9:52AM	Taitila Until 8:22AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:29PM	Moon – Clear	Bhuloka Day
				Margasira-Markali	

Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau			Des Moines, IA Sun 25 Sutra 247 Vilamba 5120
2		Gulika 12:10PM – 1:19PM	Ashvini Until 5:09PM	Ganesha: Clear <i>Sunrise:</i> 7:34AM	
Mesha Rasi: 7.1	Tithi 11	Yama 9:52AM – 11:01AM	Parigha* Until 12:21PM	Muruqa: Purple <i>Sunset:</i> 4:46PM	Moon 11 - Phase 34
	821863365	Rahu 2:28PM – 3:37PM	Vanija Until 8:26AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:08PM	Moon – White	Bhuloka Day
		Gita Jayanthi		Margasira-Markali	Devaloka Time: 6:AM to 9:AM

Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau			Des Moines, IA Sun 26 Sutra 248 Vilamba 5120
3		Gulika 11:02AM – 12:11PM	Bharani Until 4:43PM	Ganesha: Clear <i>Sunrise:</i> 7:35AM	
Mesha Rasi: 20.32	Tithi 12	Yama 8:44AM – 9:53AM	Shiva Until 10:26AM	Muruqa: Purple <i>Sunset:</i> 4:46PM	Moon 11 - Phase 34
	821863365	Rahu 12:11PM – 1:19PM	Bava Until 7:40AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:59PM	Moon – White	Bhuloka Day
Until 4:43PM				Margasira-Markali	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga					

Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau			Des Moines, IA Sun 27 Sutra 249 Vilamba 5120
4		Gulika 9:53AM – 11:02AM	Krittika Until 3:28PM	Ganesha: Clear <i>Sunrise:</i> 7:35AM	
Vrishabha Rasi: 4.21	Tithi 13 – 14	Yama 7:35AM – 8:44AM	Siddha Until 10:26AM	Muruqa: Purple <i>Sunset:</i> 4:47PM	Moon 11 - Phase 34
	821863365	Rahu 1:20PM – 2:29PM	Kaulava Until 6:09AM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Trayodashi Until 5:08PM	Moon – White	Bhuloka Day
				Margasira-Markali	Devaloka Time: 6:AM to 9:AM
					<i>Pradosha Vrata</i>

Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Des Moines, IA Sutra 250 Vilamba 5120
○	Copper Retreat Star	Gulika 8:45AM – 9:54AM	Rohini Until 1:54PM	Ganesha: White <i>Sunrise:</i> 7:36AM	
Vrishabha Rasi: 18.34	Tithi 14 – 15	Yama 2:29PM – 3:38PM	Subha Until 1:32AM Sat	Muruqa: Purple <i>Sunset:</i> 4:47PM	Moon 11 - Phase 34
	831863365	Rahu 11:03AM – 12:12PM	Visti Until 1:21AM Sat	Nataraja: White	Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 2:43PM	Moon – Yellow	Bhuloka Day
Until 1:54PM		Day 1 of Pancha Ganapati		Margasira-Markali	
Then Creative Work - Siddha Yoga					

Saturday, December 22, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Des Moines, IA Sutra 251 Vilamba 5120
○	Silver Retreat Star	Gulika 7:36AM – 8:45AM	Mrigashira Until 11:47AM	Ganesha: Yellow <i>Sunrise:</i> 7:36AM	
Mithuna Rasi: 3.07	Tithi 15 – 16	Yama 1:21PM – 2:30PM	Sukla Until 9:51PM	Muruqa: Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 34
	831963365	Rahu 9:54AM – 11:03AM	Balava Until 10:21PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Purnima* Until 11:52AM	Moon – Yellow	Bhuloka Day
		Day 2 of Pancha Ganapati		Margasira-Markali	Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Sunday, December 23, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 252

Vilamba 5120

Mithuna Rasi: 17.53 Tithi 16 - 17

Gulika

2:30PM - 3:39PM

Ardra Until 9:15AM

Ganesha: Yellow

Sunrise: 7:37AM

Moon 12 - Phase 35

831963365 Yama 12:13PM - 1:21PM

Rahu

3:39PM - 4:48PM

Brahma Until 6:00PM

Muruqa: Purple

Sunset: 4:48PM

1st Phase

Creative Work Siddha Yoga

Day 3 of Pancha Ganapati

Prathama* Until 8:45AM

Margasira*Markali

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Ardra Darshanam

1

Monday, December 24, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 253

Vilamba 5120

Kataka Rasi: 2.46 Tithi 18

Gulika

1:22PM - 2:31PM

Punarvasu Until 6:53AM

Ganesha: Blue

Sunrise: 7:37AM

Moon 12 - Phase 35

841963365 Yama 11:04AM - 12:13PM

Rahu

8:46AM - 9:55AM

Indra Until 2:07PM

Muruqa: Purple

Sunset: 4:49PM

1st Phase

Creative Work Amrita Yoga

Day 4 of Pancha Ganapati

Tritiya Until 2:19AM Tue

Margasira*Markali

Devaloka Day

Until 6:53AM

Then Creative Work - Siddha Yoga

2

Tuesday, December 25, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 254

Vilamba 5120

Kataka Rasi: 17.38 Tithi 19

Gulika

12:14PM - 1:23PM

Ashlesha* Until 1:59AM Wed

Ganesha: Yellow

Sunrise: 7:38AM

Moon 12 - Phase 35

842963365 Yama 9:56AM - 11:05AM

Rahu

2:31PM - 3:40PM

Vaidhriti* Until 10:18AM

Muruqa: Purple

Sunset: 4:49PM

1st Phase

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Chaturthi* Until 11:16PM

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Wednesday, December 26, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 255

Vilamba 5120

Simha Rasi: 2.21 Tithi 20

Gulika

11:05AM - 12:14PM

Magha* Until 12:08AM Thu

Ganesha: Blue

Sunrise: 7:38AM

Moon 12 - Phase 35

852963366 Yama 8:47AM - 9:56AM

Rahu

12:14PM - 1:23PM

Vishkambha* Until 6:39AM

Muruqa: Purple

Sunset: 4:50PM

1st Phase

Creative Work Siddha Yoga

Kaulava Until 9:52AM

Nataraja: Green

Bhuloka Day

Panchami Until 8:31PM

Margasira*Markali

4

Thursday, December 27, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 256

Vilamba 5120

Simha Rasi: 16.5 Tithi 21

Gulika

9:57AM - 11:06AM

Purvaphalguni Until 10:33PM

Ganesha: Blue

Sunrise: 7:38AM

Moon 12 - Phase 35

852963366 Yama 7:38AM - 8:47AM

Rahu

1:24PM - 2:33PM

Ayushman Until 12:14AM Fri

Muruqa: Purple

Sunset: 4:51PM

1st Phase

Creative Work Siddha Yoga

Gara Until 7:18AM

Nataraja: Green

Bhuloka Day

Shashthi* Until 6:10PM

Margasira*Markali

5

Friday, December 28, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Des Moines, IA

Sun 5 Sutra 257

Vilamba 5120

Kanya Rasi: 1.02 Tithi 22 - 23

Gulika

8:48AM - 9:57AM

Uttaraphalguni Until 9:17PM

Ganesha: Blue

Sunrise: 7:39AM

Moon 12 - Phase 35

852963366 Yama 2:33PM - 3:42PM

Rahu

11:06AM - 12:15PM

Saubhagya Until 9:35PM

Muruqa: Purple

Sunset: 4:51PM

1st Phase

Creative Work Siddha Yoga

Balava Until 3:32AM Sat

Nataraja: Green

Bhuloka Day

Saptami Until 4:16PM

Margasira*Markali

D

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 6 Sutra 258

Vilamba 5120

Kanya Rasi: 14.54 Tithi 23 - 24

Gulika

7:39AM - 8:48AM

Hasta Until 8:50PM

Ganesha: Red

Sunrise: 7:39AM

Moon 12 - Phase 35

862963366 Yama 1:25PM - 2:34PM

Rahu

9:57AM - 11:06AM

Sobhana Until 7:22PM

Muruqa: Purple

Sunset: 4:52PM

Ashtami

Routine Work Marana Yoga

Taitila Until 2:26AM Sun

Nataraja: Green

Bhuloka Day

Ashtami* Until 2:54PM

Margasira*Markali

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA

Sun 7 Sutra 259

Vilamba 5120

Kanya Rasi: 28.28 Tithi 24 - 25

Gulika

2:34PM - 3:44PM

Chitra Until 8:46PM

Ganesha: Red

Sunrise: 7:39AM

Moon 12 - Phase 35

862963366 Yama 12:16PM - 1:25PM

Rahu

3:44PM - 4:53PM

Athiganda* Until 5:33PM

Muruqa: Purple

Sunset: 4:53PM

Navami

Creative Work Siddha Yoga

Vanija Until 1:52AM Mon

Nataraja: Green

Bhuloka Day

Navami* Until 2:04PM

Margasira*Markali

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Des Moines, IA Sun 8 Sutra 260 Vilamba 5120
1		Gulika 1:26PM – 2:35PM	Svati Until 9:03PM	Ganesha: Red <i>Sunrise:</i> 7:39AM
Tula Rasi: 11.44	Tithi 25 – 26	Yama 11:07AM – 12:17PM	Sukarma Until 4:09PM	Muruqa: Purple <i>Sunset:</i> 4:54PM
Family Home Evening	862963366	Rahu 8:49AM – 9:58AM	Bava Until 1:49AM Tue	Nataraja: Green
Creative Work Amrita Yoga			Dashami Until 1:45PM	Moon – Green
Until 9:03PM				Bhuloka Day
Then Routine Work - Marana Yoga				Devaloka Time: 6:AM to 9:AM

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 9 Sutra 261 Vilamba 5120
2		Gulika 12:17PM – 1:26PM	Vishakha Until 10:08PM	Ganesha: Green <i>Sunrise:</i> 7:40AM
Tula Rasi: 24.43	Tithi 26 – 27	Yama 9:58AM – 11:08AM	Dhriti Until 3:09PM	Muruqa: Purple <i>Sunset:</i> 4:55PM
	872963366	Rahu 2:36PM – 3:45PM	Kaulava Until 2:17AM Wed	Nataraja: Green
Routine Work Marana Yoga			Ekadashi* Until 1:58PM	Moon – Orange
Until 10:08PM				Bhuloka Day
Then Creative Work - Siddha Yoga				Margasira*Markali

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 10 Sutra 262 Vilamba 5120
3		Gulika 11:08AM – 12:18PM	Anuradha Until 11:31PM	Ganesha: Green <i>Sunrise:</i> 7:40AM
Vischika Rasi: 7.29	Tithi 27 – 28	Yama 8:49AM – 9:59AM	Shula* Until 2:31PM	Muruqa: Purple <i>Sunset:</i> 4:55PM
	872963366	Rahu 12:18PM – 1:27PM	Gara Until 3:13AM Thu	Nataraja: Green
Creative Work Siddha Yoga			Dvadashi* Until 2:40PM	Moon – Orange
				Bhuloka Day
				Margasira*Markali

Pradosha Vrata (Fasting)

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 11 Sutra 263 Vilamba 5120
4		Gulika 9:59AM – 11:08AM	Jyeshtha* Until 1:12AM Fri	Ganesha: Green <i>Sunrise:</i> 7:40AM
Vischika Rasi: 20.01	Tithi 28 – 29	Yama 7:40AM – 8:49AM	Ganda* Until 2:14PM	Muruqa: Purple <i>Sunset:</i> 4:56PM
	872963366	Rahu 1:28PM – 2:37PM	Visti Until 4:37AM Fri	Nataraja: Green
Routine Work Prabalarishta Yoga			Trayodashi* Until 3:51PM	Moon – Orange
Until 1:12AM Fri				Bhuloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 12 Sutra 264 Vilamba 5120
5		Gulika 8:49AM – 9:59AM	Mula* Until 3:36AM Sat	Ganesha: White <i>Sunrise:</i> 7:40AM
Dhanus Rasi: 2.22	Tithi 29 – 30	Yama 2:38PM – 3:47PM	Vridhhi Until 2:19PM	Muruqa: Purple <i>Sunset:</i> 4:57PM
	882963366	Rahu 11:09AM – 12:18PM	Catuspada Until 6:27AM Sat	Nataraja: Green
Creative Work Amrita Yoga			Chaturdashi* Until 5:28PM	Moon – Light Blue
Until 3:36AM Sat				Bhuloka Day
Then Creative Work - Siddha Yoga				Margasira*Markali

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 7:40AM – 8:50AM	Purvashadha* Until 6:13AM Sun	Ganesha: White <i>Sunrise:</i> 7:40AM
Dhanus Rasi: 14.32	Tithi 30	Yama 1:29PM – 2:39PM	Dhruva Until 2:40PM	Muruqa: Clear <i>Sunset:</i> 4:58PM
	882973366	Rahu 9:59AM – 11:09AM	Catuspada Until 6:27AM	Nataraja: Green
Creative Work Siddha Yoga			Amavasya* Until 7:29PM	Moon – Light Blue
Until 6:13AM Sun				Bhuloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali
				Devaloka Time: 12:PM to 3:PM

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:39PM – 3:49PM	Purvashadha* Until 6:13AM	Ganesha: White <i>Sunrise:</i> 7:40AM
Dhanus Rasi: 26.33	Tithi 1	Yama 12:19PM – 1:29PM	Vyaghata* Until 3:18PM	Muruqa: Clear <i>Sunset:</i> 4:59PM
	882973366	Rahu 3:49PM – 4:59PM	Kintughna Until 8:39AM	Nataraja: Green
Creative Work Siddha Yoga			Prathama* Until 9:50PM	Moon – Light Blue
Until 6:13AM				Bhuloka Day
Then Creative Work - Amrita Yoga				Margasira*Markali
				Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:30PM – 2:40PM	Uttarashadha Until 8:56AM	Ganesha: Yellow	<i>Sunrise:</i> 7:40AM	
Makara Rasi: 8.27	Tithi 2	Yama 11:10AM – 12:20PM	Harshana Until 4:09PM	Muruga: Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 37
Family Home Evening	883973366	Rahu 8:50AM – 10:00AM	Balava Until 11:09AM	Nataraja: Green		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 12:27AM Tue	Moon – Light Blue		Devaloka Day
Until 8:56AM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:20PM – 1:30PM	Shravana Until 12:12PM	Ganesha: Red	<i>Sunrise:</i> 7:39AM	
Makara Rasi: 20.16	Tithi 3	Yama 10:00AM – 11:10AM	Vajra* Until 5:06PM	Muruga: Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 37
	893973366	Rahu 2:41PM – 3:51PM	Taitila Until 1:50PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:12AM Wed	Moon – Purple		Devaloka Day
				Pausha-Markali		

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Des Moines, IA Sun 17 Sutra 269 Vilamba 5120
3		Gulika 11:10AM – 12:21PM	Dhanishtha Until 3:22PM	Ganesha: Red	<i>Sunrise:</i> 7:39AM	
Kumbha Rasi: 2.04	Tithi 4	Yama 8:50AM – 10:00AM	Siddhi Until 6:06PM	Muruga: Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 37
	893973366	Rahu 12:21PM – 1:31PM	Vanija Until 4:36PM	Nataraja: Green		3rd Phase
Routine Work Prabalarishta Yoga			Chaturthi* Until 5:55AM Thu	Moon – Purple		Devaloka Day
Until 3:22PM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Bava Karana Panchamyam Titau				Des Moines, IA Sun 18 Sutra 270 Vilamba 5120
4		Gulika 10:00AM – 11:11AM	Shatabhishak Until 6:16PM	Ganesha: Red	<i>Sunrise:</i> 7:39AM	
Kumbha Rasi: 13.52	Tithi 5	Yama 7:39AM – 8:50AM	Vyatipata* Until 7:01PM	Muruga: Clear	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 37
	893973366	Rahu 1:32PM – 2:42PM	Bava Until 7:15PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 8:27AM Fri	Moon – Purple		Devaloka Day
				Pausha-Markali		

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA Sun 19 Sutra 271 Vilamba 5120
5		Gulika 8:49AM – 10:00AM	Purvaproshtapada* Until 9:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:39AM	
Kumbha Rasi: 25.43	Tithi 5 – 6	Yama 2:43PM – 3:54PM	Variyan Until 7:43PM	Muruga: Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 37
	813973366	Rahu 11:11AM – 12:21PM	Kaulava Until 9:37PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 8:27AM	Moon – Clear		Devaloka Day
				Pausha-Markali		

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA Sun 20 Sutra 272 Vilamba 5120
6		Gulika 7:39AM – 8:49AM	Uttaraproshtapada Until 11:37PM	Ganesha: Clear	<i>Sunrise:</i> 7:39AM	
Meena Rasi: 7.43	Tithi 6 – 7	Yama 1:33PM – 2:44PM	Parigha* Until 8:06PM	Muruga: Clear	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 37
	813973366	Rahu 10:00AM – 11:11AM	Gara Until 11:32PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 10:37AM	Moon – Clear		Devaloka Day
Until 11:37PM				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:44PM – 3:55PM	Revati Until 1:14AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:38AM	
Meena Rasi: 19.55	Tithi 7 – 8	Yama 12:22PM – 1:33PM	Shiva Until 8:02PM	Muruga: Clear	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 37
	813973366	Rahu 3:55PM – 5:06PM	Visti Until 12:49AM Mon	Nataraja: Green		Ashtami
Creative Work Amrita Yoga			Saptami Until 12:15PM	Moon – Clear		Devaloka Day
Until 1:14AM Mon				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:34PM – 2:45PM	Ashvini Until 2:28AM Tue	Ganesha: Purple	<i>Sunrise:</i> 7:38AM	
Mesha Rasi: 2.24	Tithi 8 – 9	Yama 11:11AM – 12:23PM	Siddha Until 7:23PM	Muruga: Clear	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 37
Family Home Evening	823973366	Rahu 8:49AM – 10:00AM	Balava Until 1:21AM Tue	Nataraja: Green		Navami
Creative Work Siddha Yoga			Ashtami* Until 1:10PM	Moon – White		Sivaloka Day
		Thai Pongal		Pausha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 15.14	Tithi 9 – 10	Gulika 12:23PM – 1:34PM	Bharani Until 2:43AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:37AM			
		Yama 10:00AM – 11:12AM	Sadhya Until 6:08PM	Muruqa: Clear	<i>Sunset:</i> 5:09PM		Moon 12 - Phase 38	
		823973366 Rahu 2:46PM – 3:57PM	Taitila Until 1:04AM Wed	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga		Navami* Until 1:18PM	Moon – White		Sivaloka Day		
Until 2:43AM Wed				Pausha*Thai				
Then Creative Work - Amrita Yoga								

2		Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 28.29	Tithi 10 – 11	Gulika 11:12AM – 12:23PM	Krittika Until 2:02AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:37AM			
		Yama 8:49AM – 10:00AM	Subha Until 4:15PM	Muruqa: Clear	<i>Sunset:</i> 5:10PM		Moon 12 - Phase 38	
		823173366 Rahu 12:23PM – 1:35PM	Vanija Until 11:57PM	Nataraja: Green			4th Phase	
Creative Work	Amrita Yoga		Dashami Until 12:36PM	Moon – White		Sivaloka Day		
Until 2:02AM Thu				Pausha*Thai				
Then Routine Work - Marana Yoga								

3		Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 12.12	Tithi 11 – 12	Gulika 10:00AM – 11:12AM	Rohini Until 12:54AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:37AM			
		Yama 7:37AM – 8:48AM	Sukla Until 1:43PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM		Moon 12 - Phase 38	
		833173366 Rahu 1:36PM – 2:47PM	Bava Until 10:05PM	Nataraja: Green			4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 11:05AM	Moon – Yellow		Devaloka Day		
Until 12:54AM Fri				Pausha*Thai				
Then Creative Work - Siddha Yoga								

4		Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 26.22	Tithi 12 – 13	Gulika 8:48AM – 10:00AM	Mrigashira Until 10:59PM	Ganesha: Yellow	<i>Sunrise:</i> 7:36AM			
		Yama 2:48PM – 4:00PM	Brahma Until 10:37AM	Muruqa: Clear	<i>Sunset:</i> 5:12PM		Moon 12 - Phase 38	
		833173366 Rahu 11:12AM – 12:24PM	Kaulava Until 7:33PM	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:52AM	Moon – Yellow		Devaloka Day		
				Pausha*Thai				

Pradosha Vrata

5		Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.57	Tithi 13 – 14	Gulika 7:35AM – 8:48AM	Ardra Until 8:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:35AM			
		Yama 1:37PM – 2:49PM	Indra Until 7:05AM	Muruqa: Clear	<i>Sunset:</i> 5:13PM		Moon 12 - Phase 38	
		833173366 Rahu 10:00AM – 11:12AM	Vanija Until 2:48AM Sun	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:03AM	Moon – Yellow		Devaloka Day		
				Pausha*Thai				

○		Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sun 28 Sutra 280 Vilamba 5120
Copper Retreat Star		Gulika 2:50PM – 4:02PM	Punarvasu Until 5:50PM	Ganesha: White	<i>Sunrise:</i> 7:35AM			
Mithuna Rasi: 25.53	Tithi 15	Yama 12:25PM – 1:37PM	Vishkambha* Until 11:01PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM		Moon 12 - Phase 38	
		843173366 Rahu 4:02PM – 5:14PM	Visti Until 1:04PM	Nataraja: Green			Purnima	
Creative Work	Siddha Yoga		Purnima* Until 11:15PM	Moon – Blue		Sivaloka Day		
		Thai Pusam		Pausha*Thai				

Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sun 28 Sutra 281 Vilamba 5120		
Silver Retreat Star		Gulika 1:38PM – 2:50PM	Pushya Until 2:55PM	Ganesha: White	<i>Sunrise:</i> 7:34AM			
Kataka Rasi: 11.01	Tithi 16	Yama 11:12AM – 12:25PM	Priti Until 6:46PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM		Moon 12 - Phase 38	
Family Home Evening		843173366 Rahu 8:47AM – 10:00AM	Balava Until 9:26AM	Nataraja: Green			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:34PM	Moon – Blue		Sivaloka Day		
		Total Lunar Eclipse		Pausha*Thai				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

Des Moines, IA

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 26.11 Tithi 17 - 18

Gulika 12:25PM - 1:38PM

Ashlesha* Until 11:53AM

Ganesha: Clear

Sunrise: 7:34AM

Yama 9:59AM - 11:12AM

Ayushman Until 2:32PM

Muruqa: Clear

Sunset: 5:17PM

844173366 Rahu 2:51PM - 4:04PM

Vanija Until 2:12AM Wed

Nataraja: Green

Moon - Blue

Devaloka Day

Creative Work Siddha Yoga

Dvitiya Until 3:56PM

Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Trilaya/Chaturtham Titau

Des Moines, IA

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 11.17 Tithi 18 - 19

Gulika 11:12AM - 12:26PM

Magha* Until 9:16AM

Ganesha: Purple

Sunrise: 7:33AM

Yama 8:46AM - 9:59AM

Saubhagya Until 10:27AM

Muruqa: Clear

Sunset: 5:17PM

854173366 Rahu 12:26PM - 1:39PM

Bava Until 10:54PM

Nataraja: Green

Moon - Red

Bhuloka Day

Creative Work Siddha Yoga

Tritiya Until 12:29PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 9:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 26.08 Tithi 19 - 20

Gulika 9:59AM - 11:12AM

Purvaphalguni Until 6:50AM

Ganesha: Clear

Sunrise: 7:32AM

Yama 7:32AM - 8:46AM

Sobhana Until 6:40AM

Muruqa: Clear

Sunset: 5:19PM

954173366 Rahu 1:39PM - 2:53PM

Kaulava Until 8:03PM

Nataraja: Green

Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 9:24AM

Pausha*Thai

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Des Moines, IA

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 10.39 Tithi 20 - 21

Gulika 8:45AM - 9:59AM

Hasta Until 3:31AM Sat

Ganesha: Purple

Sunrise: 7:31AM

Yama 2:53PM - 4:07PM

Sukarma Until 12:18AM Sat

Muruqa: Clear

Sunset: 5:21PM

964173366 Rahu 11:12AM - 12:26PM

Vanija Until 4:48AM Sat

Nataraja: Green

Moon - Green

Bhuloka Day

Creative Work Amrita Yoga

Panchami Until 6:47AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 3:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 24.45 Tithi 22

Gulika 7:31AM - 8:45AM

Chitra Until 2:51AM Sun

Ganesha: Purple

Sunrise: 7:31AM

Yama 1:40PM - 2:54PM

Dhriti Until 9:55PM

Muruqa: Clear

Sunset: 5:22PM

964173366 Rahu 9:58AM - 11:12AM

Visti Until 4:04PM

Nataraja: Green

Moon - Green

Bhuloka Day

Routine Work Marana Yoga

Saptami Until 3:30AM Sun

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 2:51AM Sun

Then Creative Work - Siddha Yoga

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Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 8.26 Tithi 23

Gulika 2:55PM - 4:09PM

Svati Until 2:44AM Mon

Ganesha: Purple

Sunrise: 7:30AM

Yama 12:26PM - 1:41PM

Shula* Until 8:06PM

Muruqa: Clear

Sunset: 5:23PM

964173366 Rahu 4:09PM - 5:23PM

Balava Until 3:08PM

Nataraja: Green

Moon - Green

Bhuloka Day

Creative Work Siddha Yoga

Ashtami* Until 2:56AM Mon

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 2:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 21.41 Tithi 24

Gulika 1:41PM - 2:55PM

Vishakha Until 3:40AM Tue

Ganesha: Clear

Sunrise: 7:29AM

Yama 11:12AM - 12:27PM

Ganda* Until 6:52PM

Muruqa: Clear

Sunset: 5:24PM

974173366 Rahu 8:43AM - 9:58AM

Taitila Until 2:58PM

Nataraja: Green

Moon - Orange

Devaloka Day

Routine Work Marana Yoga

Navami* Until 3:07AM Tue

Pausha*Thai

Until 3:40AM Tue

Then Creative Work - Siddha Yoga

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Des Moines, IA Sun 8 Sutra 289 Vilamba 5120	
Wrischika Rasi: 4.34	Tithi 25	Gulika	12:27PM – 1:41PM	Anuradha Until 5:06AM Wed	Ganesha: Clear	Sunrise: 7:28AM	
		Yama	9:58AM – 11:12AM	Vriddhi Until 6:12PM	Muruqa: Clear	Sunset: 5:25PM	Moon 1 - Phase 40
		974173366 Rahu	2:56PM – 4:11PM	Vanija Until 3:30PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 4:00AM Wed	Moon – Orange		Devaloka Day
					Pausha*Thai		

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 290 Vilamba 5120	
Wrischika Rasi: 17.07	Tithi 26	Gulika	11:12AM – 12:27PM	Jyeshtha* Until 6:57AM Thu	Ganesha: Clear	Sunrise: 7:27AM	
		Yama	8:42AM – 9:57AM	Dhruva Until 6:00PM	Muruqa: Clear	Sunset: 5:27PM	Moon 1 - Phase 40
		974173366 Rahu	12:27PM – 1:42PM	Bava Until 4:42PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 5:30AM Thu	Moon – Orange		Devaloka Day
					Pausha*Thai		

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Kaulava Karana Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 291 Vilamba 5120	
Wrischika Rasi: 29.25	Tithi 27	Gulika	9:57AM – 11:12AM	Jyeshtha* Until 6:57AM	Ganesha: Clear	Sunrise: 7:26AM	
		Yama	7:26AM – 8:42AM	Vyaghata* Until 6:13PM	Muruqa: Clear	Sunset: 5:28PM	Moon 1 - Phase 40
		974173366 Rahu	1:42PM – 2:58PM	Kaulava Until 6:27PM	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga			Dvadashi* Until 7:28AM Fri	Moon – Orange		Devaloka Day
Until 6:57AM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 292 Vilamba 5120	
Dhanus Rasi: 11.32	Tithi 27 – 28	Gulika	8:42AM – 9:57AM	Mula* Until 9:35AM	Ganesha: White	Sunrise: 7:26AM	
		Yama	2:58PM – 4:13PM	Harshana Until 6:47PM	Muruqa: Clear	Sunset: 5:28PM	Moon 1 - Phase 40
		984173366 Rahu	11:12AM – 12:27PM	Gara Until 8:38PM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 7:28AM	Moon – Light Blue		Bhuloka Day
Until 9:35AM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga							
					Pradosha Vrata (Fasting)		

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 293 Vilamba 5120	
Dhanus Rasi: 23.29	Tithi 28 – 29	Gulika	7:25AM – 8:41AM	Purvashadha* Until 12:23PM	Ganesha: White	Sunrise: 7:25AM	
		Yama	1:43PM – 2:58PM	Vajra* Until 7:32PM	Muruqa: Clear	Sunset: 5:29PM	Moon 1 - Phase 40
		984173366 Rahu	9:56AM – 11:12AM	Visti Until 11:06PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 9:49AM	Moon – Light Blue		Bhuloka Day
Until 12:23PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

●		Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 294 Vilamba 5120	
Retreat Star		Gulika	2:59PM – 4:15PM	Uttarashadha Until 3:15PM	Ganesha: Yellow	Sunrise: 7:24AM	
Makara Rasi: 5.21	Tithi 29 – 30	Yama	12:27PM – 1:43PM	Siddhi Until 8:27PM	Muruqa: Clear	Sunset: 5:31PM	Moon 1 - Phase 40
		985173367 Rahu	4:15PM – 5:31PM	Catuspada Until 1:46AM Mon	Nataraja: White		Amavasya
Creative Work	Amrita Yoga			Chaturdashi* Until 12:24PM	Moon – Light Blue		Devaloka Day
					Pausha*Thai		

Monday, February 4, 2019		Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 14 Sutra 295 Vilamba 5120	
Makara Rasi: 17.1	Tithi 30 – 1	Gulika	1:44PM – 3:00PM	Shravana Until 6:32PM	Ganesha: Red	Sunrise: 7:23AM	
Family Home Evening		Yama	11:12AM – 12:28PM	Vyatipata* Until 9:27PM	Muruqa: Clear	Sunset: 5:32PM	Moon 1 - Phase 40
		995173367 Rahu	8:39AM – 9:55AM	Kintughna Until 4:29AM Tue	Nataraja: White		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 3:06PM	Moon – Purple		Devaloka Day
Until 6:32PM					Magha*Thai		
Then Creative Work - Siddha Yoga							

1		Tuesday, February 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 296 Vilamba 5120
Makara Rasi: 28.57	Tithi 1 – 2	995173367	Gulika 12:28PM – 1:44PM Yama 9:55AM – 11:11AM Rahu 3:00PM – 4:17PM	Dhanishtha Until 9:39PM Varyan Until 10:24PM Balava Until 7:09AM Wed Prathama* Until 5:48PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:22AM Sunset: 5:33PM	Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								
Until 9:39PM								
Then Routine Work - Marana Yoga								

2		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA Sun 16 Sutra 297 Vilamba 5120
Kumbha Rasi: 10.46	Tithi 2	995173367	Gulika 11:11AM – 12:28PM Yama 8:38AM – 9:54AM Rahu 12:28PM – 1:44PM	Shatabhishak Until 12:30AM Thu Parigha* Until 11:18PM Balava Until 7:09AM Dvitiya Until 8:25PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:21AM Sunset: 5:34PM	Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								

3		Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA Sun 17 Sutra 298 Vilamba 5120
Kumbha Rasi: 22.38	Tithi 3	915173367	Gulika 9:54AM – 11:11AM Yama 7:20AM – 8:37AM Rahu 1:45PM – 3:02PM	Purvaproshtpada* Until 3:29AM Fri Shiva Until 12:03AM Fri Taitila Until 9:40AM Tritiya Until 10:50PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:20AM Sunset: 5:36PM	Moon 1 - Phase 41 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga								

4		Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA Sun 18 Sutra 299 Vilamba 5120
Meena Rasi: 4.35	Tithi 4	915173367	Gulika 8:36AM – 9:53AM Yama 3:02PM – 4:20PM Rahu 11:11AM – 12:28PM	Uttaraproshtpada Until 6:01AM Sat Siddha Until 12:33AM Sat Vanija Until 11:57AM Chaturthi* Until 12:57AM Sat	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:19AM Sunset: 5:37PM	Moon 1 - Phase 41 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga								
Until 6:01AM Sat								
Then Routine Work - Prabalarishta Yoga								

5		Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 19 Sutra 300 Vilamba 5120
Meena Rasi: 16.39	Tithi 5	915273367	Gulika 7:18AM – 8:35AM Yama 1:45PM – 3:03PM Rahu 9:53AM – 11:10AM	Uttaraproshtpada Until 6:01AM Sadhya Until 12:47AM Sun Bava Until 1:54PM Panchami Until 2:41AM Sun	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:18AM Sunset: 5:38PM	Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								
Until 6:01AM								
Then Routine Work - Prabalarishta Yoga								

6		Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA Sun 20 Sutra 301 Vilamba 5120
Meena Rasi: 28.53	Tithi 6	915273367	Gulika 3:04PM – 4:22PM Yama 12:28PM – 1:46PM Rahu 4:22PM – 5:39PM	Revati Until 7:59AM Subha Until 12:38AM Mon Kaulava Until 3:23PM Shashthi* Until 3:54AM Mon	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:17AM Sunset: 5:39PM	Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Amrita Yoga								
Until 7:59AM								
Then Creative Work - Siddha Yoga								

Monday, February 11, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA Sun 21 Sutra 302 Vilamba 5120
Mesha Rasi: 11.21	Tithi 7	925273367	Gulika 1:46PM – 3:04PM Yama 11:10AM – 12:28PM Rahu 8:34AM – 9:52AM	Ashvini Until 9:45AM Sukla Until 12:00AM Tue Gara Until 4:18PM Saptami Until 4:29AM Tue	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:15AM Sunset: 5:41PM	Moon 1 - Phase 41 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Family Home Evening								
Creative Work Siddha Yoga								

Tuesday, February 12, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA Sun 22 Sutra 303 Vilamba 5120
Mesha Rasi: 24.06	Tithi 8	925273367	Gulika 12:28PM – 1:46PM Yama 9:51AM – 11:10AM Rahu 3:05PM – 4:23PM	Bharani Until 10:44AM Brahma Until 10:51PM Visti Until 4:32PM Ashtami* Until 4:22AM Wed	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:14AM Sunset: 5:42PM	Moon 1 - Phase 41 Ashtami	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga								

Wednesday, February 13, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA Sun 23 Sutra 304 Vilamba 5120
Vrishabha Rasi: 7.12	Tithi 9	926273367	Gulika 11:09AM – 12:28PM Yama 8:32AM – 9:50AM Rahu 12:28PM – 1:47PM	Krittika Until 10:52AM Indra Until 9:07PM Balava Until 4:02PM Navami* Until 3:28AM Thu	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:13AM Sunset: 5:43PM	Moon 1 - Phase 41 Navami	Devaloka Day
Creative Work Amrita Yoga								
Until 10:52AM								
Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1		Thursday, February 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau		Des Moines, IA Sun 24 Sutra 305 Vilamba 5120	
Wrishabha Rasi: 20.43	Tithi 10	Gulika 9:50AM – 11:09AM	Rohini Until 10:33AM	Ganesha: White	<i>Sunrise:</i> 7:12AM		
		Yama 7:12AM – 8:31AM	Vaidhriti* Until 6:45PM	Muruqa: Clear	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 42	
		936273367 Rahu 1:47PM – 3:06PM	Taitila Until 2:45PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dashami Until 1:49AM Fri	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

2		Friday, February 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Des Moines, IA Sun 25 Sutra 306 Vilamba 5120	
Mithuna Rasi: 4.4	Tithi 11	Gulika 8:30AM – 9:49AM	Mrigashira Until 9:22AM	Ganesha: White	<i>Sunrise:</i> 7:10AM		
		Yama 3:07PM – 4:26PM	Vishkambha* Until 3:51PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 1 - Phase 42	
		936273367 Rahu 11:09AM – 12:28PM	Vanija Until 12:45PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:30PM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3		Saturday, February 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Des Moines, IA Sun 26 Sutra 307 Vilamba 5120	
Mithuna Rasi: 19.04	Tithi 12	Gulika 7:09AM – 8:29AM	Ardra Until 7:23AM	Ganesha: White	<i>Sunrise:</i> 7:09AM		
		Yama 1:48PM – 3:07PM	Priti Until 12:26PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 1 - Phase 42	
		936273367 Rahu 9:48AM – 11:08AM	Bava Until 10:07AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:35PM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

4		Sunday, February 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 308 Vilamba 5120	
Kataka Rasi: 3.51	Tithi 13 – 14	Gulika 3:08PM – 4:28PM	Pushya Until 2:24AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:08AM		
		Yama 12:28PM – 1:48PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 42	
		946273367 Rahu 4:28PM – 5:48PM	Kaulava Until 6:58AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 5:14PM	Moon – Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata

		Monday, February 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA Sutra 309 Vilamba 5120	
Kataka Rasi: 18.56	Tithi 14 – 15	Gulika 1:48PM – 3:09PM	Ashlesha* Until 11:18PM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM		
Family Home Evening		Yama 11:07AM – 12:28PM	Sobhana Until 12:12AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 42	
		946273367 Rahu 8:27AM – 9:47AM	Visti Until 11:43PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:35PM	Moon – Blue		Devaloka Day	
Until 11:18PM		Chidambaram Abhishekam		Magha-Masi			
Then Routine Work - Marana Yoga							

5		Tuesday, February 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Des Moines, IA Sutra 310 Vilamba 5120	
Silver Retreat Star		Gulika 12:28PM – 1:48PM	Magha* Until 8:24PM	Ganesha: Purple	<i>Sunrise:</i> 7:05AM		
Simha Rasi: 4.1	Tithi 15 – 16	Yama 9:46AM – 11:07AM	Athiganda* Until 7:52PM	Muruqa: Clear	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 42	
		956273367 Rahu 3:09PM – 4:30PM	Balava Until 7:55PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 9:48AM	Moon – Red		Sivaloka Day	
				Magha-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 311

Simha Rasi: 19.24 Tithi 16 - 17

Gulika 11:07AM - 12:28PM
Yama 8:25AM - 9:46AM
Rahu 12:28PM - 1:49PM

Purvaphalguni Until 5:30PM
Sukarma Until 3:38PM
Gara Until 2:30AM Thu
Prathama* Until 6:03AM

Ganesha: Clear Sunrise: 7:04AM
Muruga: Clear Sunset: 5:52PM
Nataraja: White
Moon - Red
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Creative Work Amrita Yoga

Devaloka Day

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 312

Kanya Rasi: 4.28 Tithi 18

Gulika 9:45AM - 11:06AM
Yama 7:02AM - 8:23AM
Rahu 1:49PM - 3:10PM

Uttaraphalguni Until 2:46PM
Dhriti Until 11:40AM
Vanija Until 12:53PM
Tritiya Until 11:20PM

Ganesha: Clear Sunrise: 7:02AM
Muruga: Clear Sunset: 5:53PM
Nataraja: White
Moon - Red
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Until 2:46PM
Then Routine Work - Marana Yoga

Devaloka Day

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 313

Kanya Rasi: 19.14 Tithi 19

Gulika 8:22AM - 9:44AM
Yama 3:11PM - 4:32PM
Rahu 11:06AM - 12:27PM

Hasta Until 12:47PM
Shula* Until 8:01AM
Bava Until 9:57AM
Chaturthi* Until 8:41PM

Ganesha: White Sunrise: 7:01AM
Muruga: Clear Sunset: 5:54PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Creative Work Amrita Yoga
Until 12:47PM
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 314

Tula Rasi: 3.34 Tithi 20

Gulika 6:59AM - 8:21AM
Yama 1:49PM - 3:11PM
Rahu 9:43AM - 11:05AM

Chitra Until 11:16AM
Vriddhi Until 2:20AM Sun
Kaulava Until 7:38AM
Panchami Until 6:43PM

Ganesha: White Sunrise: 6:59AM
Muruga: Clear Sunset: 5:55PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Routine Work Marana Yoga
Until 11:16AM
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 4 Sutra 315

Tula Rasi: 17.26 Tithi 21 - 22

Gulika 3:12PM - 4:34PM
Yama 12:27PM - 1:50PM
Rahu 4:34PM - 5:57PM

Svati Until 10:21AM
Dhruva Until 12:25AM Mon
Gara Until 6:03AM
Shashthi* Until 5:33PM

Ganesha: White Sunrise: 6:58AM
Muruga: Clear Sunset: 5:57PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Creative Work Siddha Yoga
Until 10:21AM
Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 5 Sutra 316

Vrischika Rasi: 0.49 Tithi 22 - 23

Family Home Evening

Gulika 1:50PM - 3:12PM
Yama 11:04AM - 12:27PM
Rahu 8:19AM - 9:42AM

Vishakha Until 10:34AM
Vyaghata* Until 11:11PM
Balava Until 5:26AM Tue
Saptami Until 5:14PM

Ganesha: Yellow Sunrise: 6:56AM
Muruga: Clear Sunset: 5:58PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Routine Work Marana Yoga
Until 10:34AM
Then Creative Work - Siddha Yoga

Devaloka Day

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 6 Sutra 317

Vrischika Rasi: 13.46 Tithi 23 - 24

Gulika 12:27PM - 1:50PM
Yama 9:41AM - 11:04AM
Rahu 3:13PM - 4:36PM

Anuradha Until 11:29AM
Harshana Until 10:39PM
Taitila Until 6:23AM Wed
Ashtami* Until 5:47PM

Ganesha: Blue Sunrise: 6:55AM
Muruga: Clear Sunset: 5:59PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Ashtami

Creative Work Siddha Yoga
Until 11:29AM
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7 Sutra 318

Vrischika Rasi: 26.18 Tithi 24

Gulika 11:03AM - 12:27PM
Yama 8:17AM - 9:40AM
Rahu 12:27PM - 1:50PM

Jyeshtha* Until 1:01PM
Vajra* Until 10:39PM
Taitila Until 6:23AM
Navami* Until 7:08PM

Ganesha: Blue Sunrise: 6:53AM
Muruga: Clear Sunset: 6:00PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Navami

Creative Work Siddha Yoga
Until 1:01PM
Then Routine Work - Marana Yoga

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1	Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau				Des Moines, IA Sun 8 Sutra 319
	Dhanus Rasi: 8.32	Tithi 25	Gulika 9:39AM – 11:03AM	Mula* Until 3:33PM	Ganesha: Red	<i>Sunrise:</i> 6:52AM	Vilamba 5120
			Yama 6:52AM – 8:15AM	Siddhi Until 11:09PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	988273367 Rahu 1:50PM – 3:14PM	Vanija Until 8:05AM	Nataraja: White		2nd Phase
			Dashami Until 9:07PM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

2	Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA Sun 9 Sutra 320
	Dhanus Rasi: 20.32	Tithi 26	Gulika 8:13AM – 9:37AM	Purvashadha* Until 6:22PM	Ganesha: Red	<i>Sunrise:</i> 6:49AM	Vilamba 5120
			Yama 3:15PM – 4:39PM	Vyatipata* Until 11:59PM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44
	Routine Work	Prabalarishta Yoga	988273367 Rahu 11:02AM – 12:26PM	Bava Until 10:19AM	Nataraja: White		2nd Phase
			Ekadashi* Until 11:34PM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

3	Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA Sun 10 Sutra 321
	Makara Rasi: 2.23	Tithi 27	Gulika 6:47AM – 8:12AM	Uttarashadha Until 9:19PM	Ganesha: Red	<i>Sunrise:</i> 6:47AM	Vilamba 5120
			Yama 1:51PM – 3:15PM	Variyan Until 12:58AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44
	Routine Work	Marana Yoga	988273367 Rahu 9:37AM – 11:01AM	Kaulava Until 12:55PM	Nataraja: White		2nd Phase
			Dvadashi* Until 2:15AM Sun	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

4	Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA Sun 11 Sutra 322
	Makara Rasi: 14.1	Tithi 28	Gulika 3:16PM – 4:41PM	Shravana Until 12:40AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:46AM	Vilamba 5120
			Yama 12:26PM – 1:51PM	Parigha* Until 2:02AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 44
	Creative Work	Amrita Yoga	988273367 Rahu 4:41PM – 6:06PM	Gara Until 3:39PM	Nataraja: White		2nd Phase
			Trayodashi* Until 5:00AM Mon	Moon – Purple		Devaloka Day	
				Magha-Masi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Visti* Karana Chaturdashyam Titau				Des Moines, IA Sun 12 Sutra 323
	Makara Rasi: 25.56	Tithi 29	Gulika 1:51PM – 3:16PM	Dhanishtha Until 3:47AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM	Vilamba 5120
	Family Home Evening		Yama 11:00AM – 12:26PM	Shiva Until 3:03AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	988273367 Rahu 8:09AM – 9:35AM	Visti Until 6:22PM	Nataraja: White		2nd Phase
			Chaturdashi* Until 7:39AM Tue	Moon – Purple		Devaloka Day	
				Magha-Masi			

●	Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA Sun 13 Sutra 324
	Retreat Star		Gulika 12:25PM – 1:51PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	Vilamba 5120
	Kumbha Rasi: 7.44	Tithi 29 – 30	Yama 9:34AM – 11:00AM	Siddha Until 3:53AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 44
			199273367 Rahu 3:17PM – 4:43PM	Catuspada Until 8:56PM	Nataraja: White		Amavasya
			Chaturdashi* Until 7:39AM	Moon – Purple		Devaloka Day	
				Magha-Masi			
				Mahasivaratri (Lunar)			
				Mahasivaratri (Solar)			

●	Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaprosithpada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA Sun 14 Sutra 325
	Retreat Star		Gulika 10:59AM – 12:25PM	Shatabhishak Until 6:33AM	Ganesha: White	<i>Sunrise:</i> 6:41AM	Vilamba 5120
	Kumbha Rasi: 19.38	Tithi 30 – 1	Yama 8:07AM – 9:33AM	Sadhya Until 4:32AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 44
			199373367 Rahu 12:25PM – 1:51PM	Kintughna Until 11:14PM	Nataraja: White		Prathama
			Amavasya* Until 10:06AM	Moon – Purple		Sivaloka Day	
				Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
Meena Rasi: 1.37	Tithi 1 – 2	119373367	Gulika 9:32AM – 10:58AM Yama 6:39AM – 8:06AM Rahu 1:51PM – 3:18PM	Purvaprosarthapada* Until 9:24AM Subha Until 4:58AM Fri Balava Until 1:13AM Fri Prathama* Until 12:15PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:39AM Sunset: 6:11PM	Sun 15 Sutra 326 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			

2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
Meena Rasi: 13.44	Tithi 2 – 3	119373367	Gulika 8:04AM – 9:31AM Yama 3:18PM – 4:45PM Rahu 10:58AM – 12:25PM	Uttaraprosarthapada Until 11:46AM Sukla Until 5:07AM Sat Taitila Until 2:53AM Sat Dvitiya Until 2:04PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:38AM Sunset: 6:12PM	Sun 16 Sutra 327 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			

3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Des Moines, IA
Meena Rasi: 25.59	Tithi 3 – 4	119373367	Gulika 6:36AM – 8:03AM Yama 1:52PM – 3:19PM Rahu 9:30AM – 10:57AM	Revati Until 1:38PM Brahma Until 4:59AM Sun Vanija Until 4:09AM Sun Tritiya Until 3:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:36AM Sunset: 6:13PM	Sun 17 Sutra 328 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Routine Work	Prabalarishta Yoga				Phalguna-Masi			
Until 1:38PM								
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day					

4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau				Des Moines, IA
Mesha Rasi: 8.23	Tithi 4 – 5	129373367	Gulika 3:19PM – 4:47PM Yama 12:24PM – 1:52PM Rahu 4:47PM – 6:14PM	Ashvini Until 3:27PM Indra Until 4:34AM Mon Bava Until 5:01AM Mon Chatrthi* Until 4:38PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:34AM Sunset: 6:14PM	Sun 18 Sutra 329 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			
Until 3:27PM								
Then Routine Work - Prabalarishta Yoga								

5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
Mesha Rasi: 20.59	Tithi 5 – 6	129373367	Gulika 1:52PM – 3:20PM Yama 10:56AM – 12:24PM Rahu 8:00AM – 9:28AM	Bharani Until 4:41PM Vaidhriti* Until 3:45AM Tue Kaulava Until 5:25AM Tue Panchami Until 5:16PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:33AM Sunset: 6:15PM	Sun 19 Sutra 330 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Family Home Evening					Phalguna-Masi			
Creative Work	Siddha Yoga							
Until 4:41PM								
Then Routine Work - Marana Yoga								

6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
Vrishabha Rasi: 3.47	Tithi 6 – 7	129373367	Gulika 12:24PM – 1:52PM Yama 9:27AM – 10:55AM Rahu 3:20PM – 4:48PM	Krittika Until 5:17PM Vishkambha* Until 2:33AM Wed Gara Until 5:17AM Wed Shashthi* Until 5:24PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:31AM Sunset: 6:16PM	Sun 20 Sutra 331 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			
Until 5:17PM								
Then Creative Work - Amrita Yoga								

Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA
Vrishabha Rasi: 16.52	Tithi 7 – 8	131373367	Gulika 10:55AM – 12:23PM Yama 7:58AM – 9:26AM Rahu 12:23PM – 1:52PM	Rohini Until 5:39PM Priti Until 12:54AM Thu Visti Until 4:33AM Thu Saptami Until 4:59PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:29AM Sunset: 6:17PM	Sun 21 Sutra 332 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Sivaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			

Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
Mithuna Rasi: 0.15	Tithi 8 – 9	131373367	Gulika 9:25AM – 10:54AM Yama 6:28AM – 7:57AM Rahu 1:52PM – 3:21PM	Mrigashira Until 5:15PM Ayushman Until 10:44PM Balava Until 3:12AM Fri Ashtami* Until 3:56PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:28AM Sunset: 6:18PM	Sun 22 Sutra 333 Vilamba 5120 Moon 2 - Phase 45 Ashtami	Sivaloka Day
Routine Work	Marana Yoga				Phalguna-Panguni			
			Karadaiyan Nombu (Tamil Nadu)					

Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
Mithuna Rasi: 14	Tithi 9 – 10	131373368	Gulika 7:55AM – 9:24AM Yama 3:21PM – 4:50PM Rahu 10:54AM – 12:23PM	Ardra Until 4:07PM Saubhagya Until 8:05PM Taitila Until 1:14AM Sat Navami* Until 2:17PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:26AM Sunset: 6:20PM	Sun 23 Sutra 334 Vilamba 5120 Moon 2 - Phase 45 Navami	Subha Sivaloka Day
Creative Work	Siddha Yoga				Phalguna-Panguni			

1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Des Moines, IA	
	Mithuna Rasi: 28.07	Tithi 10 - 11					Sun 24 Sutra 335	
			141373368	Gulika 6:24AM - 7:54AM Yama 1:52PM - 3:22PM Rahu 9:23AM - 10:53AM	Punarvasu Until 2:41PM Sobhana Until 5:00PM Vanija Until 10:44PM Dashami Until 12:02PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Blue	Sunrise: 6:24AM Sunset: 6:21PM	Vilamba 5120 Moon 2 - Phase 46 4th Phase
	Creative Work	Siddha Yoga			Phalguna-Panguni		Sivaloka Day	

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA	
	Kataka Rasi: 12.37	Tithi 11 - 12					Sun 25 Sutra 336	
			141373368	Gulika 3:22PM - 4:52PM Yama 12:22PM - 1:52PM Rahu 4:52PM - 6:22PM	Pushya Until 12:36PM Athiganda* Until 1:29PM Bava Until 7:45PM Ekadashi Until 9:16AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Blue	Sunrise: 6:23AM Sunset: 6:22PM	Vilamba 5120 Moon 2 - Phase 46 4th Phase
	Creative Work	Siddha Yoga			Phalguna-Panguni		Sivaloka Day	

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Tailila Karana Dvadashi/Trayodashyam Titau				Des Moines, IA	
	Kataka Rasi: 27.25	Tithi 12 - 13					Sun 26 Sutra 337	
	Family Home Evening		141373368	Gulika 1:52PM - 3:22PM Yama 10:52AM - 12:22PM Rahu 7:51AM - 9:21AM	Ashlesha* Until 10:01AM Sukarma Until 9:40AM Taitila Until 2:41AM Tue Dvadashi Until 6:07AM <i>Pradosha Vrata</i>	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Blue	Sunrise: 6:21AM Sunset: 6:23PM	Vilamba 5120 Moon 2 - Phase 46 4th Phase
	Creative Work	Siddha Yoga		Yogaswami Mahasamadhi		Phalguna-Panguni		Sivaloka Day

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA	
	Simha Rasi: 12.25	Tithi 14					Sun 27 Sutra 338	
			151373368	Gulika 12:22PM - 1:52PM Yama 9:20AM - 10:51AM Rahu 3:23PM - 4:53PM	Magha* Until 7:27AM Shula* Until 1:34AM Wed Gara Until 12:56PM Chaturdashi* Until 11:08PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon - Red	Sunrise: 6:19AM Sunset: 6:24PM	Vilamba 5120 Moon 2 - Phase 46 4th Phase
	Creative Work	Siddha Yoga			Phalguna-Panguni		Subha Sivaloka Day Tour Day	

	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA
	Copper Retreat Star						Sutra 339
	Simha Rasi: 27.29	Tithi 15					Vilamba 5120
			151373368	Gulika 10:50AM - 12:21PM Yama 7:49AM - 9:19AM Rahu 12:21PM - 1:52PM	Uttaraphalguni Until 1:50AM Thu Ganda* Until 9:31PM Visti Until 9:23AM Purnima* Until 7:37PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon - Red	Sunrise: 6:18AM Sunset: 6:25PM
Creative Work	Amrita Yoga		Panguni Uttiram Holi		Phalguna-Panguni		Subha Sivaloka Day

5	Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Des Moines, IA
	Silver Retreat Star						Sutra 340
	Kanya Rasi: 12.29	Tithi 16 - 17					Vilamba 5120
			161383368	Gulika 9:18AM - 10:50AM Yama 6:16AM - 7:47AM Rahu 1:52PM - 3:24PM	Hasta Until 11:33PM Vriddhi Until 5:41PM Taitila Until 2:49AM Fri Prathama* Until 4:19PM	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon - Green	Sunrise: 6:16AM Sunset: 6:26PM
Routine Work	Marana Yoga			Phalguna-Panguni		Devaloka Day	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019
Gold Retreat Star

Kanya Rasi: 27.16 Tithi 17 – 18

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:46AM – 9:17AM
Yama 3:24PM – 4:56PM
Rahu 10:49AM – 12:21PM

Chitra Until 9:33PM
Dhruva Until 2:08PM
Vanija Until 12:09AM Sat
Dvitiya Until 1:24PM

Ganesha: Yellow *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Des Moines, IA
Sun 1 Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

1

Saturday, March 23, 2019

Tula Rasi: 11.41 Tithi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 6:13AM – 7:45AM
Yama 1:52PM – 3:24PM
Rahu 9:16AM – 10:48AM

Svati Until 8:02PM
Vyaghata* Until 11:03AM
Bava Until 10:07PM
Tritiya Until 11:02AM

Ganesha: Blue *Sunrise:* 6:13AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Des Moines, IA
Sun 2 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Tula Rasi: 25.4 Tithi 19 – 20

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 3:25PM – 4:57PM
Yama 12:20PM – 1:52PM
Rahu 4:57PM – 6:29PM

Vishakha Until 7:31PM
Harshana Until 8:33AM
Kaulava Until 8:50PM
Chaturthi* Until 9:21AM

Ganesha: Red *Sunrise:* 6:11AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Des Moines, IA
Sun 3 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

3

Monday, March 25, 2019

Vrischika Rasi: 9.09 Tithi 20 – 21

Family Home Evening
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Gulika 1:53PM – 3:25PM
Yama 10:47AM – 12:20PM
Rahu 7:42AM – 9:14AM

Anuradha Until 7:43PM
Vajra* Until 6:41AM
Gara Until 8:24PM
Panchami Until 8:29AM

Ganesha: Red *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 6:31PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Des Moines, IA
Sun 4 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

4

Tuesday, March 26, 2019

Vrischika Rasi: 22.11 Tithi 21 – 22

Routine Work Marana Yoga
Until 8:37PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 12:20PM – 1:53PM
Yama 9:13AM – 10:47AM
Rahu 3:26PM – 4:59PM

Jyeshtha* Until 8:37PM
Vyatipata* Until 5:02AM Wed
Visti Until 8:52PM
Shashthi* Until 8:30AM

Ganesha: Red *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Des Moines, IA
Sun 5 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day **Tour Day**

Retreat Star

Wednesday, March 27, 2019

Dhanus Rasi: 4.47 Tithi 22 – 23

Routine Work Marana Yoga
Until 10:38PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:46AM – 12:19PM
Yama 7:39AM – 9:12AM
Rahu 12:19PM – 1:53PM

Mula* Until 10:38PM
Variyan Until 5:09AM Thu
Balava Until 10:10PM
Saptami Until 9:24AM

Ganesha: Green *Sunrise:* 6:06AM
Muruqa: White *Sunset:* 6:33PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Des Moines, IA
Sun 6 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Thursday, March 28, 2019

Retreat Star

Dhanus Rasi: 17.03 Tithi 23 – 24

Creative Work Siddha Yoga
Until 1:10AM Fri
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:12AM – 10:45AM
Yama 6:04AM – 7:38AM
Rahu 1:53PM – 3:26PM

Purvashadha* Until 1:10AM Fri
Parigha* Until 5:45AM Fri
Taitila Until 12:09AM Fri
Ashtami* Until 11:04AM

Ganesha: Green *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 6:34PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Des Moines, IA
Sun 7 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Navami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Des Moines, IA Sun 8 Sutra 348 Vilamba 5120	
Dhanus Rasi: 29.04	Tithi 24 – 25	182383468	Gulika 7:36AM – 9:11AM Yama 3:27PM – 5:01PM Rahu 10:45AM – 12:19PM	Uttarashadha Until 3:57AM Sat Shiva Until 6:42AM Sat Vanija Until 2:36AM Sat Navami* Until 1:19PM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 6:02AM Sunset: 6:35PM	Moon 3 - Phase 48 2nd Phase Devaloka Day Phalguna-Panguni
Routine Work Marana Yoga Until 3:57AM Sat Then Creative Work - Siddha Yoga							

2		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 349 Vilamba 5120	
Makara Rasi: 10.55	Tithi 25 – 26	192383468	Gulika 6:01AM – 7:35AM Yama 1:53PM – 3:27PM Rahu 9:10AM – 10:44AM	Shravana Until 7:17AM Sun Shiva Until 6:42AM Bava Until 5:17AM Sun Dashami Until 3:54PM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Purple	Sunrise: 6:01AM Sunset: 6:36PM	Moon 3 - Phase 48 2nd Phase Sivaloka Day Phalguna-Panguni
Creative Work Siddha Yoga Until 7:17AM Sun Then Routine Work - Marana Yoga							

3		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava Karana Ekadashyam Titau		Des Moines, IA Sun 10 Sutra 350 Vilamba 5120	
Makara Rasi: 22.41	Tithi 26	192383468	Gulika 3:28PM – 5:02PM Yama 12:18PM – 1:53PM Rahu 5:02PM – 6:37PM	Shravana Until 7:17AM Siddha Until 7:45AM Balava Until 6:36PM Ekadashi* Until 6:36PM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Purple	Sunrise: 5:59AM Sunset: 6:37PM	Moon 3 - Phase 48 2nd Phase Sivaloka Day Phalguna-Panguni
Creative Work Amrita Yoga Until 7:17AM Then Routine Work - Marana Yoga							

4		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Des Moines, IA Sun 11 Sutra 351 Vilamba 5120	
Kumbha Rasi: 4.29	Tithi 27	192483468	Gulika 1:53PM – 3:28PM Yama 10:43AM – 12:18PM Rahu 7:34AM – 9:09AM	Dhanishtha Until 10:25AM Sadhya Until 8:47AM Kaulava Until 7:56AM Dvadashi* Until 9:11PM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Purple	Sunrise: 5:59AM Sunset: 6:37PM	Moon 3 - Phase 48 2nd Phase Subha Sivaloka Day Phalguna-Panguni
Family Home Evening Creative Work Siddha Yoga							

5		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 12 Sutra 352 Vilamba 5120	
Kumbha Rasi: 16.2	Tithi 28	192483468	Gulika 12:18PM – 1:53PM Yama 9:08AM – 10:43AM Rahu 3:28PM – 5:03PM	Shatabhishak Until 1:10PM Subha Until 9:41AM Gara Until 10:23AM Trayodashi* Until 11:28PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Purple	Sunrise: 5:57AM Sunset: 6:38PM	Moon 3 - Phase 48 2nd Phase Subha Sivaloka Day Phalguna-Panguni
Routine Work Marana Yoga							

6		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 13 Sutra 353 Vilamba 5120	
Kumbha Rasi: 28.2	Tithi 29	112483468	Gulika 10:42AM – 12:17PM Yama 7:31AM – 9:07AM Rahu 12:17PM – 1:53PM	Purvaproshtapada* Until 3:55PM Sukla Until 10:17AM Visti Until 12:30PM Chaturdashi* Until 1:22AM Thu	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear	Sunrise: 5:56AM Sunset: 6:39PM	Moon 3 - Phase 48 2nd Phase Sivaloka Day Phalguna-Panguni
Creative Work Amrita Yoga Until 3:55PM Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 14 Sutra 354 Vilamba 5120	
Meena Rasi: 10.28	Tithi 30	112483468	Gulika 9:06AM – 10:41AM Yama 5:54AM – 7:30AM Rahu 1:53PM – 3:29PM	Uttaraproshtapada Until 6:06PM Brahma Until 10:36AM Catuspada Until 2:11PM Amavasya* Until 2:51AM Fri	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear	Sunrise: 5:54AM Sunset: 6:40PM	Moon 3 - Phase 48 Amavasya Sivaloka Day Phalguna-Panguni
Creative Work Siddha Yoga							

Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 15 Sutra 355 Vilamba 5120	
Meena Rasi: 22.47	Tithi 1	113483468	Gulika 7:28AM – 9:05AM Yama 3:29PM – 5:05PM Rahu 10:41AM – 12:17PM	Revati Until 7:42PM Indra Until 10:37AM Kintughna Until 3:27PM Prathama* Until 3:54AM Sat	Ganesha: Light Blue Muruqa: Yellow Nataraja: Purple Moon – Clear	Sunrise: 5:52AM Sunset: 6:41PM	Moon 3 - Phase 48 Prathama Devaloka Day Chaitra-Panguni
Creative Work Siddha Yoga Until 7:42PM Then Creative Work - Amrita Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
Mesha Rasi: 5.17	Tithi 2	Gulika 5:51AM – 7:27AM	Ashvini Until 9:13PM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM	Sun 16	Sutra 356	Vilamba 5120
		Yama 1:53PM – 3:29PM	Vaidhriti* Until 10:15AM	Muruqa: Yellow	<i>Sunset:</i> 6:42PM			Moon 3 - Phase 49
		123483468 Rahu 9:04AM – 10:40AM	Balava Until 4:17PM	Nataraja: Purple				3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:31AM Sun	Moon – White				Devaloka Day
		Chellappaswami Mahasamadhi		Chaitra-Panguni				

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA
Mesha Rasi: 17.59	Tithi 3	Gulika 3:30PM – 5:07PM	Bharani Until 10:12PM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	Sun 17	Sutra 357	Vilamba 5120
		Yama 12:16PM – 1:53PM	Vishkambha* Until 9:36AM	Muruqa: Yellow	<i>Sunset:</i> 6:43PM			Moon 3 - Phase 49
		123483468 Rahu 5:07PM – 6:43PM	Taitila Until 4:42PM	Nataraja: Purple				3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 4:45AM Mon	Moon – White				Devaloka Day
Until 10:12PM				Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA
Vrishabha Rasi: 0.52	Tithi 4	Gulika 1:53PM – 3:30PM	Krittika Until 10:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Sun 18	Sutra 358	Vilamba 5120
Family Home Evening		Yama 10:39AM – 12:16PM	Priti Until 8:40AM	Muruqa: Yellow	<i>Sunset:</i> 6:45PM			Moon 3 - Phase 49
		123483468 Rahu 7:25AM – 9:02AM	Vanija Until 4:45PM	Nataraja: Purple				3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 4:37AM Tue	Moon – White				Devaloka Day
Until 10:39PM				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
Vrishabha Rasi: 13.55	Tithi 5	Gulika 12:16PM – 1:53PM	Rohini Until 11:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Sun 19	Sutra 359	Vilamba 5120
		Yama 9:01AM – 10:38AM	Ayushman Until 7:25AM	Muruqa: Yellow	<i>Sunset:</i> 6:46PM			Moon 3 - Phase 49
		133483468 Rahu 3:31PM – 5:08PM	Bava Until 4:26PM	Nataraja: Purple				3rd Phase
Creative Work	Amrita Yoga		Panchami Until 4:07AM Wed	Moon – Yellow				Sivaloka Day
Until 11:03PM				Chaitra-Panguni				
Then Creative Work - Siddha Yoga								

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashtyayam Titau				Des Moines, IA
Vrishabha Rasi: 27.11	Tithi 6	Gulika 10:38AM – 12:15PM	Mrigashira Until 10:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	Sun 20	Sutra 360	Vilamba 5120
		Yama 7:22AM – 9:00AM	Sobhana Until 4:04AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:47PM			Moon 3 - Phase 49
		133483468 Rahu 12:15PM – 1:53PM	Kaulava Until 3:44PM	Nataraja: Purple				3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:14AM Thu	Moon – Yellow				Sivaloka Day
				Chaitra-Panguni				

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Des Moines, IA
Mithuna Rasi: 10.38	Tithi 7	Gulika 8:59AM – 10:37AM	Ardra Until 10:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 21	Sutra 361	Vilamba 5120
		Yama 5:42AM – 7:21AM	Athiganda* Until 1:53AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:48PM			Moon 3 - Phase 49
		133483468 Rahu 1:53PM – 3:31PM	Gara Until 2:39PM	Nataraja: Purple				3rd Phase
Routine Work	Marana Yoga		Saptami Until 1:56AM Fri	Moon – Yellow				Sivaloka Day
Until 10:16PM				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
Retreat Star		Gulika 7:19AM – 8:58AM	Punarvasu Until 9:29PM	Ganesha: White	<i>Sunrise:</i> 5:41AM	Sun 22	Sutra 362	Vilamba 5120
Mithuna Rasi: 24.2	Tithi 8	Yama 3:32PM – 5:10PM	Sukarma Until 11:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:49PM			Moon 3 - Phase 49
		143483468 Rahu 10:36AM – 12:15PM	Visti Until 1:08PM	Nataraja: Purple				Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:13AM Sat	Moon – Blue				Devaloka Day
Until 9:29PM				Chaitra-Panguni				
Then Routine Work - Marana Yoga								

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
Retreat Star		Gulika 5:39AM – 7:18AM	Pushya Until 8:09PM	Ganesha: White	<i>Sunrise:</i> 5:39AM	Sun 23	Sutra 363	Vilamba 5120
Kataka Rasi: 8.18	Tithi 9	Yama 1:53PM – 3:32PM	Dhriti Until 8:35PM	Muruqa: Yellow	<i>Sunset:</i> 6:50PM			Moon 3 - Phase 49
		143483468 Rahu 8:57AM – 10:36AM	Balava Until 11:13AM	Nataraja: Purple				Navami
Creative Work	Siddha Yoga		Navami* Until 10:06PM	Moon – Blue				Devaloka Day
Until 8:09PM				Chaitra-Panguni				
Then Routine Work - Marana Yoga		Sri Rama Navami						

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 22.31	Tithi 10	Gulika 3:33PM – 5:12PM	Ashlesha* Until 6:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	
		Yama 12:14PM – 1:54PM	Shula* Until 5:27PM	Muruqa: Yellow	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 1
	243483468	Rahu 5:12PM – 6:51PM	Taitila Until 8:55AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day
Until 6:19PM		Tamil New Year	Dashami Until 7:37PM	Chaitra*Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 6.58	Tithi 11 – 12	Gulika 1:54PM – 3:33PM	Magha* Until 4:27PM	Ganesha: White	<i>Sunrise:</i> 5:36AM	
Family Home Evening	253483468	Yama 10:35AM – 12:14PM	Ganda* Until 2:05PM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	Rahu 7:16AM – 8:55AM	Vanija Until 6:16AM	Nataraja: Purple		4th Phase
Until 4:27PM			Ekadashi Until 4:50PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 21.35	Tithi 12 – 13	Gulika 12:14PM – 1:54PM	Purvaphalguni Until 2:16PM	Ganesha: White	<i>Sunrise:</i> 5:35AM	
		Yama 8:54AM – 10:34AM	Vridhi Until 10:33AM	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 1
	253483468	Rahu 3:34PM – 5:13PM	Kaulava Until 12:22AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:52PM	Moon – Red		Devaloka Day
Until 2:16PM				Chaitra*Chaitra		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 6.18	Tithi 13 – 14	Gulika 10:33AM – 12:14PM	Uttaraphalguni Until 11:53AM	Ganesha: White	<i>Sunrise:</i> 5:33AM	
		Yama 7:13AM – 8:53AM	Dhruva Until 6:56AM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 1
	253483468	Rahu 12:14PM – 1:54PM	Gara Until 9:22PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 10:50AM	Moon – Red		Devaloka Day
Until 11:53AM				Chaitra*Chaitra		
Then Routine Work - Marana Yoga						

Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sutra 4 Vikarin 5121
Copper Retreat Star		Gulika 8:52AM – 10:33AM	Hasta Until 9:51AM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	
Kanya Rasi: 20.58	Tithi 14 – 15	Yama 5:31AM – 7:12AM	Harshana Until 11:59PM	Muruqa: Yellow	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 1
		263483468 Rahu 1:54PM – 3:34PM	Visti Until 6:30PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 7:53AM	Moon – Green		Sivaloka Day
Until 9:51AM		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sutra 5 Vikarin 5121
Silver Retreat Star		Gulika 7:11AM – 8:52AM	Chitra Until 7:56AM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	
Tula Rasi: 5.29	Tithi 16	Yama 3:35PM – 5:16PM	Vajra* Until 8:51PM	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 1
		263483468 Rahu 10:32AM – 12:13PM	Balava Until 3:57PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:49AM Sat	Moon – Green		Sivaloka Day
				Chaitra*Chaitra		