



Friday, May 12, 2017
Gold Retreat Star

Virshchika Rasi: 9.08 Tihti 16 – 17

273381369

Creative Work Siddha Yoga
Until 9:10PM

Then Routine Work - Marana Yoga

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:13AM – 8:49AM
Yama 3:15PM – 4:51PM
Rahu 10:26AM – 12:02PM

Anuradha Until 9:10PM
Parigha* Until 6:43PM
Taitila Until 7:40PM
Prathama* Until 6:28AM

Ganesha: Blue *Sunrise:* 5:36AM
Muruga: Blue *Sunset:* 6:28PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Yangon, Myanmar
Sun 25 Sutra 25
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

1

Saturday, May 13, 2017

Virshchika Rasi: 21.02 Tihti 17 – 18

273381369

Creative Work Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 5:36AM – 7:12AM
Yama 1:39PM – 3:15PM
Rahu 8:49AM – 10:25AM

Jyeshtha* Until 11:56PM
Shiva Until 7:39PM
Vanija Until 10:03PM
Dvitiya Until 8:50AM

Ganesha: Blue *Sunrise:* 5:36AM
Muruga: Blue *Sunset:* 6:28PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Yangon, Myanmar
Sun 1 Sutra 26
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

2

Sunday, May 14, 2017

Dhanus Rasi: 2.54 Tihti 18 – 19

283381369

Creative Work Amrita Yoga
Until 3:03AM Mon

Then Routine Work - Marana Yoga

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:15PM – 4:52PM
Yama 12:02PM – 1:39PM
Rahu 4:52PM – 6:28PM

Mula* Until 3:03AM Mon
Siddha Until 8:34PM
Bava Until 12:27AM Mon
Tritiya Until 11:14AM

Ganesha: Yellow *Sunrise:* 5:36AM
Muruga: Blue *Sunset:* 6:28PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 2 Sutra 27
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Monday, May 15, 2017

Dhanus Rasi: 14.47 Tihti 19 – 20

Family Home Evening

Routine Work Marana Yoga

Until 5:52AM Tue

Then Routine Work - Prabalarishta Yoga

283381369

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:39PM – 3:15PM
Yama 10:25AM – 12:02PM
Rahu 7:12AM – 8:49AM

Purvashadha* Until 5:52AM Tue
Sadhya Until 9:25PM
Kaulava Until 2:44AM Tue
Chaturthi* Until 1:35PM

Ganesha: Yellow *Sunrise:* 5:35AM
Muruga: Blue *Sunset:* 6:29PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 3 Sutra 28
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Tuesday, May 16, 2017

Dhanus Rasi: 26.43 Tihti 20 – 21

283381369

Routine Work Prabalarishta Yoga
Until 8:13AM Wed

Then Creative Work - Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:02PM – 1:39PM
Yama 8:48AM – 10:25AM
Rahu 3:16PM – 4:52PM

Uttarashadha Until 8:13AM Wed
Subha Until 10:06PM
Gara Until 4:43AM Wed
Panchami Until 3:45PM

Ganesha: Yellow *Sunrise:* 5:35AM
Muruga: Blue *Sunset:* 6:29PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 4 Sutra 29
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

5

Wednesday, May 17, 2017

Makara Rasi: 8.47 Tihti 21 – 22

284381369

Creative Work Amrita Yoga
Until 8:13AM

Then Creative Work - Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:25AM – 12:02PM
Yama 7:11AM – 8:48AM
Rahu 12:02PM – 1:39PM

Uttarashadha Until 8:13AM
Sukla Until 10:26PM
Visti Until 6:15AM Thu
Shashthi* Until 5:32PM

Ganesha: Red *Sunrise:* 5:35AM
Muruga: Blue *Sunset:* 6:29PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 5 Sutra 30
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

6

Thursday, May 18, 2017

Makara Rasi: 21.02 Tihti 22

294381369

Creative Work Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:48AM – 10:25AM
Yama 5:34AM – 7:11AM
Rahu 1:39PM – 3:16PM

Shravana Until 10:26AM
Brahma Until 10:19PM
Visti Until 6:15AM
Saptami Until 6:45PM

Ganesha: Green *Sunrise:* 5:34AM
Muruga: Blue *Sunset:* 6:30PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 6 Sutra 31
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Friday, May 19, 2017

Retreat Star

Kumbha Rasi: 3.34 Tihti 23

294381369

Creative Work Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:11AM – 8:48AM
Yama 3:16PM – 4:53PM
Rahu 10:25AM – 12:02PM

Dhanishtha Until 11:49AM
Indra Until 9:38PM
Balava Until 7:07AM
Ashtami* Until 7:15PM

Ganesha: Green *Sunrise:* 5:34AM
Muruga: Blue *Sunset:* 6:30PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 7 Sutra 32
Hemalamba 5119
Moon 5 - Phase 4
Ashtami

Bhuloka Day

Saturday, May 20, 2017

Retreat Star

Kumbha Rasi: 16.28 Tihti 24

294381369

Creative Work Amrita Yoga
Until 12:16PM

Then Routine Work - Marana Yoga

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:34AM – 7:11AM
Yama 1:39PM – 3:16PM
Rahu 8:48AM – 10:25AM

Shatabhishak Until 12:16PM
Vaidhriti* Until 8:16PM
Taitila Until 7:12AM
Navami* Until 6:54PM

Ganesha: Green *Sunrise:* 5:34AM
Muruga: Blue *Sunset:* 6:30PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 8 Sutra 33
Hemalamba 5119
Moon 5 - Phase 4
Navami

Bhuloka Day

1 Sunday, May 21, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 34 Hemalamba 5119
Kumbha Rasi: 29.49	Tithi 25 – 26	Gulika 3:17PM – 4:54PM	Purvaproshtapada* Until 12:10PM	Ganesha: Purple <i>Sunrise:</i> 5:34AM	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 5 2nd Phase
		Yama 12:02PM – 1:39PM	Vishkambha* Until 6:13PM	Muruga: Blue		
		Rahu 4:54PM – 6:31PM	Vanija Until 6:25AM	Nataraja: Purple		
Creative Work	Siddha Yoga		Dashami Until 5:42PM	Moon – Clear		Bhuloka Day
Until 12:10PM				Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga						

2 Monday, May 22, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Prithi/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 10 Sutra 35 Hemalamba 5119
Meena Rasi: 13.39	Tithi 26 – 27	Gulika 1:39PM – 3:17PM	Uttaraproshtapada Until 11:06AM	Ganesha: Purple <i>Sunrise:</i> 5:33AM	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 5 2nd Phase
Family Home Evening		Yama 10:25AM – 12:02PM	Priti Until 3:32PM	Muruga: Blue		
		Rahu 7:11AM – 8:48AM	Kaulava Until 2:26AM Tue	Nataraja: Purple		
Creative Work	Siddha Yoga		Ekadashi* Until 3:41PM	Moon – Clear		Bhuloka Day
				Vaisaka-Vaikasi		

3 Tuesday, May 23, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 11 Sutra 36 Hemalamba 5119
Meena Rasi: 27.58	Tithi 27 – 28	Gulika 12:02PM – 1:40PM	Revati Until 9:11AM	Ganesha: Purple <i>Sunrise:</i> 5:33AM	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 5 2nd Phase
		Yama 8:48AM – 10:25AM	Ayushman Until 12:15PM	Muruga: Blue		
		Rahu 3:17PM – 4:54PM	Gara Until 11:26PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Dvadashi* Until 12:59PM	Moon – Clear		Bhuloka Day
			<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		

4 Wednesday, May 24, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 12 Sutra 37 Hemalamba 5119
Mesha Rasi: 12.44	Tithi 28 – 29	Gulika 10:25AM – 12:02PM	Ashvini Until 6:57AM	Ganesha: Light Blue <i>Sunrise:</i> 5:33AM	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 5 2nd Phase
		Yama 7:10AM – 8:48AM	Saubhagya Until 8:31AM	Muruga: Blue		
		Rahu 12:02PM – 1:40PM	Visiti Until 7:59PM	Nataraja: Purple		
Routine Work	Marana Yoga		Trayodashi* Until 9:44AM	Moon – White		Bhuloka Day
Until 6:57AM				Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga						

Thursday, May 25, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar Sun 13 Sutra 38 Hemalamba 5119
Mesha Rasi: 27.49	Tithi 29 – 30	Gulika 8:48AM – 10:25AM	Krittika Until 1:02AM Fri	Ganesha: Light Blue <i>Sunrise:</i> 5:33AM	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 5 Amavasya
		Yama 5:33AM – 7:10AM	Athiganda* Until 12:13AM Fri	Muruga: Blue		
		Rahu 1:40PM – 3:17PM	Naga Until 2:16AM Fri	Nataraja: Purple		
Routine Work	Marana Yoga		Chaturdashi* Until 6:06AM	Moon – White		Bhuloka Day
				Vaisaka-Vaikasi		

Friday, May 26, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 39 Hemalamba 5119
Vrishabha Rasi: 13.04	Tithi 1	Gulika 7:10AM – 8:48AM	Rohini Until 10:07PM	Ganesha: Light Blue <i>Sunrise:</i> 5:33AM	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 5 Prathama
		Yama 3:18PM – 4:55PM	Sukarma Until 7:55PM	Muruga: Blue		
		Rahu 10:25AM – 12:03PM	Kintughna Until 12:20PM	Nataraja: Purple		
Routine Work	Marana Yoga		Prathama* Until 10:23PM	Moon – Yellow		Bhuloka Day
Until 10:07PM				Jyeshtha-Vaikasi		
Then Creative Work - Siddha Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1		Saturday, May 27, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Yangon, Myanmar	
Vrishabha Rasi: 28.19		Tithi 2		Mrigashira Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 40	
Creative Work		Siddha Yoga		Gulika 5:33AM – 7:10AM	Mrigashira Until 7:12PM	Ganesh: Purple	<i>Sunrise:</i> 5:33AM	Hemalamba 5119	
				Yama 1:40PM – 3:18PM	Dhriti Until 3:44PM	Muruga: Blue	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6	
		334481369		Rahu 8:48AM – 10:25AM	Balava Until 8:30AM	Nataraja: Purple			3rd Phase
					Dvitiya Until 6:38PM	Moon – Yellow	Bhuloka Day		
						Jyeshtha-Vaikasi			

2		Sunday, May 28, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Yangon, Myanmar	
Mithuna Rasi: 13.25		Tithi 3 – 4		Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Sun 16		Sutra 41	
Creative Work		Siddha Yoga		Gulika 3:18PM – 4:56PM	Ardra Until 4:28PM	Ganesh: Purple	<i>Sunrise:</i> 5:32AM	Hemalamba 5119	
				Yama 12:03PM – 1:40PM	Shula* Until 11:46AM	Muruga: Blue	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6	
		334481369		Rahu 4:56PM – 6:33PM	Vanija Until 1:39AM Mon	Nataraja: Purple			3rd Phase
					Tritiya Until 3:12PM	Moon – Yellow	Bhuloka Day		
						Jyeshtha-Vaikasi			

3		Monday, May 29, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Yangon, Myanmar	
Mithuna Rasi: 28.11		Tithi 4 – 5		Punarvasu/Pushya Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 42	
Family Home Evening		Amrita Yoga		Gulika 1:41PM – 3:18PM	Punarvasu Until 2:29PM	Ganesh: Purple	<i>Sunrise:</i> 5:32AM	Hemalamba 5119	
Creative Work		Amrita Yoga		Yama 10:25AM – 12:03PM	Ganda* Until 8:10AM	Muruga: Blue	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 6	
Until 2:29PM		345481369		Rahu 7:10AM – 8:48AM	Bava Until 10:58PM	Nataraja: Purple			3rd Phase
Then Creative Work - Siddha Yoga					Chaturthi* Until 12:13PM	Moon – Blue	Bhuloka Day		
						Jyeshtha-Vaikasi			

4		Tuesday, May 30, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Yangon, Myanmar	
Kataka Rasi: 12.34		Tithi 5 – 6		Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18		Sutra 43	
Creative Work		Siddha Yoga		Gulika 12:03PM – 1:41PM	Pushya Until 12:59PM	Ganesh: Purple	<i>Sunrise:</i> 5:32AM	Hemalamba 5119	
				Yama 8:48AM – 10:25AM	Dhruva Until 2:32AM Wed	Muruga: Blue	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 6	
		345481369		Rahu 3:19PM – 4:56PM	Kaulava Until 8:57PM	Nataraja: Purple			3rd Phase
					Panchami Until 9:51AM	Moon – Blue	Bhuloka Day		
						Jyeshtha-Vaikasi			

5		Wednesday, May 31, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Yangon, Myanmar	
Kataka Rasi: 26.28		Tithi 6 – 7		Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 44	
Creative Work		Siddha Yoga		Gulika 10:25AM – 12:03PM	Ashlesha* Until 12:04PM	Ganesh: Purple	<i>Sunrise:</i> 5:32AM	Hemalamba 5119	
				Yama 7:10AM – 8:48AM	Vyaghata* Until 12:37AM Thu	Muruga: Blue	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 6	
		345481369		Rahu 12:03PM – 1:41PM	Gara Until 7:41PM	Nataraja: Purple			3rd Phase
					Shashthi* Until 8:12AM	Moon – Blue	Bhuloka Day		
						Jyeshtha-Vaikasi			

Retreat Star		Thursday, June 1, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Yangon, Myanmar	
Simha Rasi: 9.55		Tithi 7 – 8		Magha*/Purvaphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 45	
Creative Work		Amrita Yoga		Gulika 8:48AM – 10:26AM	Magha* Until 12:13PM	Ganesh: Clear	<i>Sunrise:</i> 5:32AM	Hemalamba 5119	
Until 12:13PM		355481369		Yama 5:32AM – 7:10AM	Harshana Until 11:21PM	Muruga: Blue	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 6	
Then Creative Work - Siddha Yoga				Rahu 1:41PM – 3:19PM	Visti Until 7:12PM	Nataraja: Purple			Ashtami
					Saptami Until 7:20AM	Moon – Red	Bhuloka Day		
						Jyeshtha-Vaikasi	Devaloka Time: 6:AM to 9:AM		

Retreat Star		Friday, June 2, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Yangon, Myanmar	
Simha Rasi: 22.56		Tithi 8 – 9		Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 46	
Creative Work		Siddha Yoga		Gulika 7:10AM – 8:48AM	Purvaphalguni Until 12:59PM	Ganesh: Clear	<i>Sunrise:</i> 5:32AM	Hemalamba 5119	
				Yama 3:19PM – 4:57PM	Vajra* Until 10:39PM	Muruga: Blue	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 6	
		355481369		Rahu 10:26AM – 12:04PM	Balava Until 7:29PM	Nataraja: Purple			Navami
					Ashtami* Until 7:14AM	Moon – Red	Bhuloka Day		
						Jyeshtha-Vaikasi	Devaloka Time: 6:AM to 9:AM		

1		Saturday, June 3, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 22 Sutra 47	
Kanya Rasi: 5.37	Tithi 9 – 10	Gulika	5:32AM – 7:10AM	Uttaraphalguni Until 2:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	1:42PM – 3:19PM	Siddhi Until 10:29PM	Muruga: Blue	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 7		
Routine Work	Marana Yoga	365481369 Rahu	8:48AM – 10:26AM	Taitila Until 8:26PM	Nataraja: Purple		4th Phase		
				Navami* Until 7:52AM	Moon – Red		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 6:AM to 9:AM		

2		Sunday, June 4, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 23 Sutra 48	
Kanya Rasi: 18.01	Tithi 10 – 11	Gulika	3:20PM – 4:58PM	Hasta Until 4:25PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	12:04PM – 1:42PM	Vyatipata* Until 10:43PM	Muruga: Blue	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 7		
Creative Work	Amrita Yoga	365481369 Rahu	4:58PM – 6:36PM	Vanija Until 9:54PM	Nataraja: Purple		4th Phase		
Until 4:25PM				Dashami Until 9:05AM	Moon – Green		Bhuloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi				

3		Monday, June 5, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 24 Sutra 49	
Tula Rasi: 0.13	Tithi 11 – 12	Gulika	1:42PM – 3:20PM	Chitra Until 6:48PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
Family Home Evening		Yama	10:26AM – 12:04PM	Variyan Until 11:13PM	Muruga: Blue	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 7		
Routine Work	Prabalarishta Yoga	365481361 Rahu	7:10AM – 8:48AM	Bava Until 11:45PM	Nataraja: White		4th Phase		
Until 6:48PM				Ekadashi Until 10:46AM	Moon – Green		Bhuloka Day		
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi				

4		Tuesday, June 6, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 25 Sutra 50	
Tula Rasi: 12.16	Tithi 12 – 13	Gulika	12:04PM – 1:42PM	Svati Until 9:18PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	8:48AM – 10:26AM	Parigha* Until 11:56PM	Muruga: Blue	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 7		
Creative Work	Siddha Yoga	365481361 Rahu	3:20PM – 4:58PM	Kaulava Until 1:52AM Wed	Nataraja: White		4th Phase		
Until 9:18PM				Dvadashi Until 12:46PM	Moon – Green		Bhuloka Day		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>	Jyeshtha-Vaikasi				

5		Wednesday, June 7, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 26 Sutra 51	
Tula Rasi: 24.14	Tithi 13 – 14	Gulika	10:26AM – 12:04PM	Vishakha Until 12:17AM Thu	Ganesha: White	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	7:10AM – 8:48AM	Shiva Until 12:47AM Thu	Muruga: Blue	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 7		
Creative Work	Siddha Yoga	376481361 Rahu	12:04PM – 1:42PM	Gara Until 4:08AM Thu	Nataraja: White		4th Phase		
				Trayodashi Until 2:58PM	Moon – Orange		Devaloka Day		
		Vaikasi Visakam			Jyeshtha-Vaikasi				

6		Thursday, June 8, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sun 27 Sutra 52	
Vrischika Rasi: 6.09	Tithi 14 – 15	Gulika	8:48AM – 10:26AM	Anuradha Until 3:12AM Fri	Ganesha: White	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	5:32AM – 7:10AM	Siddha Until 1:41AM Fri	Muruga: Blue	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 7		
Creative Work	Siddha Yoga	376481361 Rahu	1:43PM – 3:21PM	Visti Until 6:29AM Fri	Nataraja: White		4th Phase		
Until 3:12AM Fri				Chaturdashi* Until 5:17PM	Moon – Orange		Devaloka Day		
Then Routine Work - Marana Yoga					Jyeshtha-Vaikasi				

○		Friday, June 9, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sun 28 Sutra 53	
Copper Retreat Star		Gulika	7:10AM – 8:48AM	Jyeshtha* Until 5:58AM Sat	Ganesha: White	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
Vrischika Rasi: 18.02	Tithi 15	Yama	3:21PM – 4:59PM	Sadhya Until 2:36AM Sat	Muruga: Blue	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 7		
		376481361 Rahu	10:27AM – 12:05PM	Visti Until 6:29AM	Nataraja: White		Purnima		
Routine Work	Marana Yoga			Purnima* Until 7:38PM	Moon – Orange		Devaloka Day		
Until 5:58AM Sat					Jyeshtha-Vaikasi				
Then Creative Work - Siddha Yoga									

○		Saturday, June 10, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sun 29 Sutra 54	
Silver Retreat Star		Gulika	5:32AM – 7:10AM	Mula* Until 9:01AM Sun	Ganesha: White	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
Vrischika Rasi: 29.55	Tithi 16	Yama	1:43PM – 3:21PM	Subha Until 3:31AM Sun	Muruga: Blue	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 7		
		376481361 Rahu	8:49AM – 10:27AM	Balava Until 8:50AM	Nataraja: White		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 9:59PM	Moon – Orange		Devaloka Day		
					Jyeshtha-Vaikasi				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Sunday, June 11, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 55
Hemalamba 5119

Dhanus Rasi: 11.49 Tithi 17

Gulika 3:22PM – 5:00PM
Yama 12:05PM – 1:43PM
Rahu 5:00PM – 6:38PM

Mula* Until 9:01AM
Sukla Until 4:19AM Mon
Tailila Until 11:08AM
Dvitiya Until 12:14AM Mon

Ganesha: Yellow Sunrise: 5:32AM
Muruga: Blue Sunset: 6:38PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Moon 6 - Phase 8
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 9:01AM

Then Creative Work - Siddha Yoga

1

Monday, June 12, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 56
Hemalamba 5119

Dhanus Rasi: 23.46 Tithi 18

Gulika 1:44PM – 3:22PM
Yama 10:27AM – 12:05PM
Rahu 7:11AM – 8:49AM

Purvashadha* Until 11:47AM
Brahma Until 5:00AM Tue
Vanija Until 1:19PM
Tritiya Until 2:18AM Tue

Ganesha: Yellow Sunrise: 5:32AM
Muruga: Blue Sunset: 6:38PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Moon 6 - Phase 8
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Family Home Evening

Routine Work Marana Yoga

2

Tuesday, June 13, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 57
Hemalamba 5119

Makara Rasi: 5.47 Tithi 19

Gulika 12:06PM – 1:44PM
Yama 8:49AM – 10:27AM
Rahu 3:22PM – 5:00PM

Uttarashadha Until 2:10PM
Indra Until 5:27AM Wed
Bava Until 3:15PM
Chaturthi* Until 4:04AM Wed

Ganesha: Yellow Sunrise: 5:33AM
Muruga: Blue Sunset: 6:39PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Moon 6 - Phase 8
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 2:10PM

Then Creative Work - Siddha Yoga

3

Wednesday, June 14, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 58
Hemalamba 5119

Makara Rasi: 17.56 Tithi 20

Gulika 10:27AM – 12:06PM
Yama 7:11AM – 8:49AM
Rahu 12:06PM – 1:44PM

Shravana Until 4:33PM
Vaidhriti* Until 5:32AM Thu
Kaulava Until 4:50PM
Panchami Until 5:25AM Thu

Ganesha: Blue Sunrise: 5:33AM
Muruga: Blue Sunset: 6:39PM
Nataraja: White
Moon – Purple
Jyeshtha-Vaikasi

Moon 6 - Phase 8
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 4:33PM

Then Routine Work - Prabalarishta Yoga

4

Thursday, June 15, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 59
Hemalamba 5119

Kumbha Rasi: 0.16 Tithi 21

Gulika 8:49AM – 10:28AM
Yama 5:33AM – 7:11AM
Rahu 1:44PM – 3:23PM

Dhanishtha Until 6:16PM
Vishkambha* Until 5:11AM Fri
Gara Until 5:55PM
Shashthi* Until 6:13AM Fri

Ganesha: Yellow Sunrise: 5:33AM
Muruga: Blue Sunset: 6:39PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 8
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

5

Friday, June 16, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 60
Hemalamba 5119

Kumbha Rasi: 12.5 Tithi 21 – 22

Gulika 7:11AM – 8:50AM
Yama 3:23PM – 5:01PM
Rahu 10:28AM – 12:06PM

Shatabhishak Until 7:14PM
Priti Until 4:20AM Sat
Visti Until 6:22PM
Shashthi* Until 6:13AM

Ganesha: Yellow Sunrise: 5:33AM
Muruga: Blue Sunset: 6:39PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 8
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

D

Saturday, June 17, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 61
Hemalamba 5119

Kumbha Rasi: 25.44 Tithi 22 – 23

Gulika 5:33AM – 7:11AM
Yama 1:45PM – 3:23PM
Rahu 8:50AM – 10:28AM

Purvaproshtapada* Until 7:48PM
Ayushman Until 2:52AM Sun
Balava Until 6:07PM
Saptami Until 6:19AM

Ganesha: Clear Sunrise: 5:33AM
Muruga: Blue Sunset: 6:40PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 8
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 7:48PM

Then Creative Work - Siddha Yoga

Sunday, June 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Tailila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 62
Hemalamba 5119

Meena Rasi: 9.01 Tithi 24

Gulika 3:23PM – 5:02PM
Yama 12:07PM – 1:45PM
Rahu 5:02PM – 6:40PM

Uttaraproshtapada Until 7:28PM
Saubhagya Until 12:47AM Mon
Tailila Until 5:05PM
Navami* Until 4:17AM Mon

Ganesha: Clear Sunrise: 5:33AM
Muruga: Blue Sunset: 6:40PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 8
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga


Father's Day

1	Monday, June 19, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Yangon, Myanmar
			Revati Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 63
	Meena Rasi: 22.44	Tithi 25	Gulika 1:45PM – 3:23PM	Revati Until 6:14PM	Ganesh: Clear	<i>Sunrise:</i> 5:33AM	Hemalamba 5119
	Family Home Evening	317481361	Yama 10:28AM – 12:07PM	Sobhana Until 10:08PM	Muruga: Blue	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu 7:12AM – 8:50AM	Vanija Until 3:19PM	Nataraja: White		2nd Phase	
			Dashami Until 2:10AM Tue	Moon – Clear		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:AM to 9:AM	

2	Tuesday, June 20, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Yangon, Myanmar
			Ashvini/Bharani Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 64
	Mesha Rasi: 6.54	Tithi 26	Gulika 12:07PM – 1:45PM	Ashvini Until 4:39PM	Ganesh: White	<i>Sunrise:</i> 5:34AM	Hemalamba 5119
		327481361	Yama 8:50AM – 10:29AM	Athiganda* Until 6:56PM	Muruga: Blue	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu 3:24PM – 5:02PM	Bava Until 12:53PM	Nataraja: White		2nd Phase	
			Ekadashi* Until 11:25PM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani			

3	Wednesday, June 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Yangon, Myanmar
			Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 65
	Mesha Rasi: 21.29	Tithi 27	Gulika 10:29AM – 12:07PM	Bharani Until 2:22PM	Ganesh: White	<i>Sunrise:</i> 5:34AM	Hemalamba 5119
		328581361	Yama 7:12AM – 8:51AM	Sukarma Until 3:18PM	Muruga: Blue	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu 12:07PM – 1:46PM	Kaulava Until 9:52AM	Nataraja: White		2nd Phase	
Until 2:22PM			Dvadashi* Until 8:11PM	Moon – White		Bhuloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			

4	Thursday, June 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Yangon, Myanmar
			Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 66
	Vrishabha Rasi: 6.25	Tithi 28 – 29	Gulika 8:51AM – 10:29AM	Krittika Until 11:34AM	Ganesh: White	<i>Sunrise:</i> 5:34AM	Hemalamba 5119
		328581361	Yama 5:34AM – 7:12AM	Dhriti Until 11:21AM	Muruga: Blue	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	Rahu 1:46PM – 3:24PM	Gara Until 6:27AM	Nataraja: White		2nd Phase	
			Trayodashi* Until 4:37PM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani			
			<i>Pradosha Vrata (Fasting)</i>				

	Friday, June 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam				Yangon, Myanmar
	Retreat Star		Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 67
	Vrishabha Rasi: 21.33	Tithi 29 – 30	Gulika 7:13AM – 8:51AM	Rohini Until 8:47AM	Ganesh: Green	<i>Sunrise:</i> 5:34AM	Hemalamba 5119
		338581361	Yama 3:24PM – 5:03PM	Shula* Until 7:12AM	Muruga: Blue	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	Rahu 10:29AM – 12:08PM	Catuspada Until 10:58PM	Nataraja: White		Amavasya	
Until 8:47AM			Chaturdashi* Until 12:51PM	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

5	Saturday, June 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Yangon, Myanmar
	Retreat Star		Ardra Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 68
	Mithuna Rasi: 6.46	Tithi 30 – 1	Gulika 5:35AM – 7:13AM	Ardra Until 2:52AM Sun	Ganesh: Green	<i>Sunrise:</i> 5:35AM	Hemalamba 5119
		338581361	Yama 1:46PM – 3:25PM	Vriddhi Until 10:53PM	Muruga: Blue	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu 8:51AM – 10:30AM	Kintughna Until 7:14PM	Nataraja: White		Prathama	
			Amavasya* Until 9:04AM	Moon – Yellow		Bhuloka Day	
				Ashada-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Sunday, June 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Yangon, Myanmar
Mithuna Rasi: 21.52 Tithi 2		Punarvasu Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 69
Creative Work Siddha Yoga	348582361	Gulika 3:25PM – 5:03PM	Punarvasu Until 12:28AM Mon	Ganesh: White <i>Sunrise:</i> 5:35AM	Hemalamba 5119	
		Yama 12:08PM – 1:46PM	Dhruva Until 6:59PM	Muruga: Yellow <i>Sunset:</i> 6:41PM	Moon 6 - Phase 10	
		Rahu 5:03PM – 6:41PM	Balava Until 3:44PM	Nataraja: White	3rd Phase	
			Dvitiya Until 2:07AM Mon	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

2 Monday, June 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Yangon, Myanmar
Kataka Rasi: 6.43 Tithi 3		Pushya Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 70
Family Home Evening Creative Work Siddha Yoga	348582361	Gulika 1:47PM – 3:25PM	Pushya Until 10:25PM	Ganesh: White <i>Sunrise:</i> 5:35AM	Hemalamba 5119	
		Yama 10:30AM – 12:08PM	Vyaghata* Until 3:27PM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 10	
		Rahu 7:13AM – 8:52AM	Tailila Until 12:38PM	Nataraja: White	3rd Phase	
			Tritiya Until 11:16PM	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

3 Tuesday, June 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Yangon, Myanmar
Kataka Rasi: 21.11 Tithi 4		Ashlesha* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 71
Creative Work Siddha Yoga	348582361	Gulika 12:08PM – 1:47PM	Ashlesha* Until 8:50PM	Ganesh: White <i>Sunrise:</i> 5:35AM	Hemalamba 5119	
		Yama 8:52AM – 10:30AM	Harshana Until 12:24PM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 10	
		Rahu 3:25PM – 5:03PM	Vanija Until 10:06AM	Nataraja: White	3rd Phase	
			Chaturthi* Until 9:03PM	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

4 Wednesday, June 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Yangon, Myanmar
Simha Rasi: 5.12 Tithi 5		Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 72
Creative Work Siddha Yoga Until 8:16PM Then Creative Work - Amrita Yoga	359582361	Gulika 10:30AM – 12:09PM	Magha* Until 8:16PM	Ganesh: White <i>Sunrise:</i> 5:36AM	Hemalamba 5119	
		Yama 7:14AM – 8:52AM	Vajra* Until 9:54AM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 10	
		Rahu 12:09PM – 1:47PM	Bava Until 8:14AM	Nataraja: White	3rd Phase	
			Panchami Until 7:35PM	Moon – Red	Sivaloka Day	
				Ashada*Ani		

5 Thursday, June 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Yangon, Myanmar
Simha Rasi: 18.46 Tithi 6		Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Shashthyam Titau				Sun 19 Sutra 73
Creative Work Siddha Yoga	359582361	Gulika 8:52AM – 10:31AM	Purvaphalguni Until 8:22PM	Ganesh: White <i>Sunrise:</i> 5:36AM	Hemalamba 5119	
		Yama 5:36AM – 7:14AM	Siddhi Until 8:03AM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 10	
		Rahu 1:47PM – 3:25PM	Kaulava Until 7:09AM	Nataraja: White	3rd Phase	
			Shashthi* Until 6:54PM	Moon – Red	Sivaloka Day	
				Ashada*Ani		

6 Friday, June 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Yangon, Myanmar
Kanya Rasi: 1.52 Tithi 7		Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 74
Creative Work Siddha Yoga Until 9:06PM Then Creative Work - Amrita Yoga	359582361	Gulika 7:14AM – 8:53AM	Uttaraphalguni Until 9:06PM	Ganesh: White <i>Sunrise:</i> 5:36AM	Hemalamba 5119	
		Yama 3:26PM – 5:04PM	Vyatipata* Until 6:52AM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 10	
		Rahu 10:31AM – 12:09PM	Gara Until 6:54AM	Nataraja: White	3rd Phase	
			Saptami Until 7:02PM	Moon – Red	Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani		

Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Yangon, Myanmar
Kanya Rasi: 14.35 Tithi 8		Hasta Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 75
Routine Work Marana Yoga	369582361	Gulika 5:36AM – 7:15AM	Hasta Until 10:52PM	Ganesh: Clear <i>Sunrise:</i> 5:36AM	Hemalamba 5119	
		Yama 1:48PM – 3:26PM	Variyan Until 6:16AM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 10	
		Rahu 8:53AM – 10:31AM	Visti Until 7:25AM	Nataraja: White	Ashtami	
			Ashtami* Until 7:55PM	Moon – Green	Devaloka Day	
				Ashada*Ani		

Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Yangon, Myanmar
Kanya Rasi: 26.59 Tithi 9		Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 76
Creative Work Siddha Yoga Until 1:02AM Mon Then Creative Work - Amrita Yoga	369582361	Gulika 3:26PM – 5:04PM	Chitra Until 1:02AM Mon	Ganesh: Clear <i>Sunrise:</i> 5:37AM	Hemalamba 5119	
		Yama 12:09PM – 1:48PM	Parigha* Until 6:14AM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 10	
		Rahu 5:04PM – 6:42PM	Balava Until 8:37AM	Nataraja: White	Navami	
			Navami* Until 9:24PM	Moon – Green	Devaloka Day	
				Ashada*Ani		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

All times are standard time

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Monday, July 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuklayam				Yangon, Myanmar
Svati Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dashamyam Titau						Sun 23 Sutra 77
1		Gulika 1:48PM – 3:26PM	Svati Until 3:27AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Hemalamba 5119
Tula Rasi: 9.09	Tithi 10	Yama 10:31AM – 12:10PM	Shiva Until 6:38AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11
Family Home Evening	369582361	Rahu 7:15AM – 8:53AM	Tailila Until 10:20AM	Nataraja: White		4th Phase
Creative Work Amrita Yoga			Dashami Until 11:20PM	Moon – Green		Devaloka Day
Until 3:27AM Tue				Ashada•Ani		
Then Routine Work - Marana Yoga						

Tuesday, July 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuklayam				Yangon, Myanmar
Vishakha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 78
2		Gulika 12:10PM – 1:48PM	Vishakha Until 6:27AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Hemalamba 5119
Tula Rasi: 21.1	Tithi 11	Yama 8:54AM – 10:32AM	Siddha Until 7:18AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11
	379582361	Rahu 3:26PM – 5:04PM	Vanija Until 12:26PM	Nataraja: White		4th Phase
Routine Work Marana Yoga			Ekadashi Until 1:32AM Wed	Moon – Orange		Sivaloka Day
Until 6:27AM Wed				Ashada•Ani		
Then Creative Work - Siddha Yoga						

Wednesday, July 5, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuklayam				Yangon, Myanmar
Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 79
3		Gulika 10:32AM – 12:10PM	Vishakha Until 6:27AM	Ganesha: Purple	<i>Sunrise:</i> 5:38AM	Hemalamba 5119
Vrischika Rasi: 3.06	Tithi 12	Yama 7:16AM – 8:54AM	Sadhya Until 8:09AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11
	371582361	Rahu 12:10PM – 1:48PM	Bava Until 2:43PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 3:52AM Thu	Moon – Orange		Sivaloka Day
				Ashada•Ani		

Thursday, July 6, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuklayam				Yangon, Myanmar
Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Trayodashyam Titau						Sun 26 Sutra 80
4		Gulika 8:54AM – 10:32AM	Anuradha Until 9:23AM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Hemalamba 5119
Vrischika Rasi: 14.59	Tithi 13	Yama 5:38AM – 7:16AM	Subha Until 9:06AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11
	471582361	Rahu 1:48PM – 3:26PM	Kaulava Until 5:05PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 6:14AM Fri	Moon – Orange		Devaloka Day
Until 9:23AM			<i>Pradosha Vrata</i>	Ashada•Ani		
Then Routine Work - Prabalarishta Yoga						

Friday, July 7, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuklayam				Yangon, Myanmar
Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 27 Sutra 81
5		Gulika 7:16AM – 8:54AM	Jyeshtha* Until 12:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Hemalamba 5119
Vrischika Rasi: 26.52	Tithi 13 – 14	Yama 3:26PM – 5:04PM	Sukla Until 10:00AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11
	471582361	Rahu 10:32AM – 12:10PM	Gara Until 7:24PM	Nataraja: White		4th Phase
Routine Work Marana Yoga			Trayodashi Until 6:14AM	Moon – Orange		Devaloka Day
Until 12:08PM				Ashada•Ani		
Then Creative Work - Amrita Yoga						

Saturday, July 8, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuklayam				Yangon, Myanmar
Copper Retreat Star		Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 82
0		Gulika 5:39AM – 7:17AM	Mula* Until 3:07PM	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	Hemalamba 5119
Dhanus Rasi: 8.47	Tithi 14 – 15	Yama 1:49PM – 3:27PM	Brahma Until 10:51AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11
	481582361	Rahu 8:55AM – 10:33AM	Visti Until 9:36PM	Nataraja: White		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 8:30AM	Moon – Light Blue		Sivaloka Day
		Satguru Purnima		Ashada•Ani		

Sunday, July 9, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuklayam				Yangon, Myanmar
Silver Retreat Star		Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 83
0		Gulika 3:27PM – 5:05PM	Purvashadha* Until 5:45PM	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	Hemalamba 5119
Dhanus Rasi: 20.46	Tithi 15 – 16	Yama 12:11PM – 1:49PM	Indra Until 11:35AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11
	481582361	Rahu 5:05PM – 6:42PM	Balava Until 11:35PM	Nataraja: White		Prathama
Creative Work Siddha Yoga			Purnima* Until 10:36AM	Moon – Light Blue		Sivaloka Day
Until 5:45PM				Ashada•Ani		
Then Creative Work - Amrita Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Monday, July 10, 2017
Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 84
Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Makara Rasi: 2.49 Tihi 16 – 17
Family Home Evening
Routine Work Marana Yoga
Until 7:58PM
Then Creative Work - Amrita Yoga

Gulika 1:49PM – 3:27PM
Yama 10:33AM – 12:11PM
Rahu 7:17AM – 8:55AM

Uttarashadha Until 7:58PM
Vaidhriti* Until 12:06PM
Taitila Until 1:17AM Tue
Prathama* Until 12:27PM

Ganesha: Purple *Sunrise:* 5:39AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: White
Moon – Light Blue
Ashada*Ani

Sivaloka Day

1

Tuesday, July 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 85
Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Makara Rasi: 15.01 Tihi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Gulika 12:11PM – 1:49PM
Yama 8:55AM – 10:33AM
Rahu 3:27PM – 5:05PM

Shravana Until 10:11PM
Vishkambha* Until 12:22PM
Vanija Until 2:37AM Wed
Dvitiya Until 1:59PM

Ganesha: Clear *Sunrise:* 5:39AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Ashada*Ani

Devaloka Day

2

Wednesday, July 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 86
Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Makara Rasi: 27.22 Tihi 18 – 19
Family Home Evening
Routine Work Prabalarishta Yoga
Until 11:50PM
Then Creative Work - Siddha Yoga

Gulika 10:33AM – 12:11PM
Yama 7:18AM – 8:55AM
Rahu 12:11PM – 1:49PM

Dhanishtha Until 11:50PM
Priti Until 12:22PM
Bava Until 3:32AM Thu
Tritiya Until 3:07PM

Ganesha: Clear *Sunrise:* 5:40AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Ashada*Ani

Devaloka Day

3

Thursday, July 13, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 87
Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Kumbha Rasi: 9.54 Tihi 19 – 20
Family Home Evening
Creative Work Siddha Yoga

Gulika 8:56AM – 10:33AM
Yama 5:40AM – 7:18AM
Rahu 1:49PM – 3:27PM

Shatabhishak Until 12:52AM Fri
Ayushman Until 11:59AM
Kaulava Until 3:59AM Fri
Chaturthi* Until 3:48PM

Ganesha: Clear *Sunrise:* 5:40AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Ashada*Ani

Devaloka Day

4

Friday, July 14, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaprosnthapada* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 88
Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Kumbha Rasi: 22.4 Tihi 20 – 21
Family Home Evening
Creative Work Siddha Yoga

Gulika 7:18AM – 8:56AM
Yama 3:27PM – 5:04PM
Rahu 10:34AM – 12:11PM

Purvaprosnthapada* Until 1:41AM Sat
Saubhagya Until 11:13AM
Gara Until 3:53AM Sat
Panchami Until 3:59PM

Ganesha: Clear *Sunrise:* 5:40AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Ashada*Ani

Devaloka Day

5

Saturday, July 15, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraprosnthapada Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 89
Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Meena Rasi: 5.41 Tihi 21 – 22
Family Home Evening
Creative Work Siddha Yoga
Until 1:48AM Sun
Then Creative Work - Amrita Yoga

Gulika 5:41AM – 7:18AM
Yama 1:49PM – 3:27PM
Rahu 8:56AM – 10:34AM

Uttaraprosnthapada Until 1:48AM Sun
Sobhana Until 10:01AM
Visti Until 3:13AM Sun
Shashthi* Until 3:36PM

Ganesha: Clear *Sunrise:* 5:41AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Ashada*Ani

Devaloka Day

D

Sunday, July 16, 2017
Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 90
Hemalamba 5119
Moon 7 - Phase 12
Ashtami

Meena Rasi: 19.01 Tihi 22 – 23
Family Home Evening
Creative Work Amrita Yoga
Until 1:10AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:27PM – 5:04PM
Yama 12:12PM – 1:49PM
Rahu 5:04PM – 6:42PM

Revati Until 1:10AM Mon
Athiganda* Until 8:21AM
Balava Until 1:57AM Mon
Saptami Until 2:38PM

Ganesha: Purple *Sunrise:* 5:41AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Monday, July 17, 2017
Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 91
Hemalamba 5119
Moon 7 - Phase 12
Navami

Mesha Rasi: 2.41 Tihi 23 – 24
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:49PM – 3:27PM
Yama 10:34AM – 12:12PM
Rahu 7:19AM – 8:57AM

Ashvini Until 12:17AM Tue
Sukarma Until 6:12AM
Taitila Until 12:08AM Tue
Ashtami* Until 1:06PM

Ganesha: White *Sunrise:* 5:41AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – White
Ashada*Adi

Subha Sivaloka Day

1 Tuesday, July 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Yangon, Myanmar Sun 8 Sutra 92 Hemalamba 5119
Mesha Rasi: 16.41	Tithi 24 - 25	Gulika 12:12PM - 1:49PM	Bharani Until 10:43PM	Ganesh: White	<i>Sunrise:</i> 5:42AM	
		Yama 8:57AM - 10:34AM	Shula* Until 12:35AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13
Creative Work	Siddha Yoga	422682362 Rahu 3:27PM - 5:04PM	Vanija Until 9:47PM	Nataraja: Clear		2nd Phase
			Navami* Until 11:00AM	Moon - White		Subha Sivaloka Day
				Ashada*Adi		

2 Wednesday, July 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 93 Hemalamba 5119
Wrishabha Rasi: 1.02	Tithi 25 - 26	Gulika 10:34AM - 12:12PM	Krittika Until 8:35PM	Ganesh: White	<i>Sunrise:</i> 5:42AM	
		Yama 7:19AM - 8:57AM	Ganda* Until 9:13PM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
Creative Work	Amrita Yoga	422682362 Rahu 12:12PM - 1:49PM	Bava Until 7:00PM	Nataraja: Clear		2nd Phase
Until 8:35PM			Dashami Until 8:26AM	Moon - White		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada*Adi		

3 Thursday, July 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Yangon, Myanmar Sun 10 Sutra 94 Hemalamba 5119
Wrishabha Rasi: 15.41	Tithi 27	Gulika 8:57AM - 10:34AM	Rohini Until 6:24PM	Ganesh: Yellow	<i>Sunrise:</i> 5:42AM	
		Yama 5:42AM - 7:20AM	Vriddhi Until 5:36PM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
Routine Work	Marana Yoga	432682362 Rahu 1:49PM - 3:27PM	Kaulava Until 3:53PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 2:14AM Fri	Moon - Yellow		Sivaloka Day
				Ashada*Adi		

4 Friday, July 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 11 Sutra 95 Hemalamba 5119
Mithuna Rasi: 0.31	Tithi 28	Gulika 7:20AM - 8:57AM	Mrigashira Until 3:53PM	Ganesh: Yellow	<i>Sunrise:</i> 5:43AM	
		Yama 3:26PM - 5:04PM	Dhruva Until 1:47PM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
Creative Work	Siddha Yoga	432682362 Rahu 10:35AM - 12:12PM	Gara Until 12:34PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 10:51PM	Moon - Yellow		Sivaloka Day
			<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi		

5 Saturday, July 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar Sun 12 Sutra 96 Hemalamba 5119
Mithuna Rasi: 15.26	Tithi 29	Gulika 5:43AM - 7:20AM	Ardra Until 1:11PM	Ganesh: Yellow	<i>Sunrise:</i> 5:43AM	
		Yama 1:49PM - 3:26PM	Vyaghata* Until 9:56AM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
Creative Work	Siddha Yoga	432682362 Rahu 8:57AM - 10:35AM	Visti Until 9:11AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 7:29PM	Moon - Yellow		Sivaloka Day
				Ashada*Adi		

Sunday, July 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 13 Sutra 97 Hemalamba 5119
Retreat Star		Gulika 3:26PM - 5:03PM	Punarvasu Until 10:53AM	Ganesh: Red	<i>Sunrise:</i> 5:43AM	
Kataka Rasi: 0.19	Tithi 30 - 1	Yama 12:12PM - 1:49PM	Harshana Until 6:10AM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
Creative Work	Siddha Yoga	442682362 Rahu 5:03PM - 6:41PM	Kintughna Until 2:48AM Mon	Nataraja: Clear		Amavasya
			Amavasya* Until 4:17PM	Moon - Blue		Sivaloka Day
				Ashada*Adi		

Monday, July 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 14 Sutra 98 Hemalamba 5119
Retreat Star		Gulika 1:49PM - 3:26PM	Pushya Until 8:43AM	Ganesh: Red	<i>Sunrise:</i> 5:44AM	
Kataka Rasi: 15.01	Tithi 1 - 2	Yama 10:35AM - 12:12PM	Siddhi Until 11:19PM	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 13
Family Home Evening		442682362 Rahu 7:21AM - 8:58AM	Balava Until 12:08AM Tue	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:23PM	Moon - Blue		Sivaloka Day
				Sravana*Adi		

1

Tuesday, July 25, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Ashlesha*Magha* Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam TitauYangon, Myanmar
Sun 15 Sutra 99

Kataka Rasi: 29.25 Tithi 2 - 3

Gulika 12:12PM - 1:49PM
Yama 8:58AM - 10:35AM
Rahu 3:26PM - 5:03PMAshlesha* Until 6:50AM
Vyatipata* Until 8:31PM
Tailila Until 9:59PM
Dvitiya Until 10:58AMGanesha: Red Sunrise: 5:44AM
Muruga: Yellow Sunset: 6:40PM
Nataraja: Clear
Moon - Blue
Srivana-AdiHemalamba 5119
Moon 7 - Phase 14
3rd Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Wednesday, July 26, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam TitauYangon, Myanmar
Sun 16 Sutra 100

Simha Rasi: 13.25 Tithi 3 - 4

Gulika 10:35AM - 12:12PM
Yama 7:21AM - 8:58AM
Rahu 12:12PM - 1:49PMPurvaphalguni Until 5:22AM Thu
Varyan Until 6:13PM
Vanija Until 8:30PM
Tritiya Until 9:08AMGanesha: Yellow Sunrise: 5:44AM
Muruga: Yellow Sunset: 6:40PM
Nataraja: Clear
Moon - Red
Srivana-AdiHemalamba 5119
Moon 7 - Phase 14
3rd Phase

Creative Work Amrita Yoga

Sivaloka Day

3

Thursday, July 27, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam TitauYangon, Myanmar
Sun 17 Sutra 101

Simha Rasi: 27.01 Tithi 4 - 5

Gulika 8:58AM - 10:35AM
Yama 5:45AM - 7:21AM
Rahu 1:49PM - 3:26PMUttaraphalguni Until 5:30AM Fri
Parigha* Until 4:32PM
Bava Until 7:46PM
Chaturthi* Until 8:01AMGanesha: Yellow Sunrise: 5:45AM
Muruga: Blue Sunset: 6:39PM
Nataraja: Clear
Moon - Red
Srivana-AdiHemalamba 5119
Moon 7 - Phase 14
3rd Phase

Amrita Yoga

Devaloka Day

Nag Panchami

4

Friday, July 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam TitauYangon, Myanmar
Sun 18 Sutra 102

Kanya Rasi: 10.11 Tithi 5 - 6

Gulika 7:22AM - 8:58AM
Yama 3:26PM - 5:02PM
Rahu 10:35AM - 12:12PMHasta Until 6:42AM Sat
Shiva Until 3:29PM
Kaulava Until 7:48PM
Panchami Until 7:40AMGanesha: White Sunrise: 5:45AM
Muruga: Blue Sunset: 6:39PM
Nataraja: Clear
Moon - Green
Srivana-AdiHemalamba 5119
Moon 7 - Phase 14
3rd Phase

Creative Work Amrita Yoga

Sivaloka Day

Until 6:42AM Sat

Then Routine Work - Marana Yoga

5

Saturday, July 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Shashthi/Saptamyam TitauYangon, Myanmar
Sun 19 Sutra 103

Kanya Rasi: 22.57 Tithi 6 - 7

Gulika 5:45AM - 7:22AM
Yama 1:49PM - 3:25PM
Rahu 8:59AM - 10:35AMHasta Until 6:42AM
Siddha Until 3:00PM
Gara Until 8:35PM
Shashthi* Until 8:05AMGanesha: Clear Sunrise: 5:45AM
Muruga: Blue Sunset: 6:39PM
Nataraja: Clear
Moon - Green
Srivana-AdiHemalamba 5119
Moon 7 - Phase 14
3rd Phase

Routine Work Marana Yoga

Devaloka Day

D

Sunday, July 30, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam TitauYangon, Myanmar
Sun 20 Sutra 104

Tula Rasi: 5.25 Tithi 7 - 8

Gulika 3:25PM - 5:02PM
Yama 12:12PM - 1:49PM
Rahu 5:02PM - 6:38PMChitra Until 8:26AM
Sadhya Until 3:03PM
Visti Until 10:00PM
Saptami Until 9:12AMGanesha: Clear Sunrise: 5:45AM
Muruga: Blue Sunset: 6:38PM
Nataraja: Clear
Moon - Green
Srivana-AdiHemalamba 5119
Moon 7 - Phase 14
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Monday, July 31, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam TitauYangon, Myanmar
Sun 21 Sutra 105

Tula Rasi: 17.37 Tithi 8 - 9

Gulika 1:48PM - 3:25PM
Yama 10:35AM - 12:12PM
Rahu 7:22AM - 8:59AMSvati Until 10:33AM
Subha Until 3:31PM
Balava Until 11:54PM
Ashtami* Until 10:53AMGanesha: Clear Sunrise: 5:46AM
Muruga: Blue Sunset: 6:38PM
Nataraja: Clear
Moon - Green
Srivana-AdiHemalamba 5119
Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Devaloka Day

Until 10:33AM

Then Routine Work - Marana Yoga

1		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 22 Sutra 106 Hemalamba 5119
Tula Rasi: 29.38	Tithi 9 – 10	Gulika	12:12PM – 1:48PM	Vishakha Until 1:23PM	Ganesh: Purple <i>Sunrise: 5:46AM</i>	
		Yama	8:59AM – 10:35AM	Sukla Until 4:14PM	Muruga: Blue <i>Sunset: 6:38PM</i>	Moon 7 - Phase 15
		473692362 Rahu	3:25PM – 5:01PM	Taitila Until 2:07AM Wed	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga			Navami* Until 12:57PM	Moon – Orange	Bhuloka Day
Until 1:23PM					Sravana-Adi	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

2		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 23 Sutra 107 Hemalamba 5119
Vrischika Rasi: 11.34	Tithi 10 – 11	Gulika	10:35AM – 12:12PM	Anuradha Until 4:16PM	Ganesh: Purple <i>Sunrise: 5:46AM</i>	
		Yama	7:23AM – 8:59AM	Brahma Until 5:07PM	Muruga: Blue <i>Sunset: 6:37PM</i>	Moon 7 - Phase 15
		473692362 Rahu	12:12PM – 1:48PM	Vanija Until 4:27AM Thu	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga			Dashami Until 3:15PM	Moon – Orange	Bhuloka Day
					Sravana-Adi	Devaloka Time: 6:PM to 9:PM

3		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Yangon, Myanmar Sun 24 Sutra 108 Hemalamba 5119
Vrischika Rasi: 23.28	Tithi 11 – 12	Gulika	8:59AM – 10:35AM	Jyeshtha* Until 7:00PM	Ganesh: Purple <i>Sunrise: 5:47AM</i>	
		Yama	5:47AM – 7:23AM	Indra Until 6:03PM	Muruga: Blue <i>Sunset: 6:37PM</i>	Moon 7 - Phase 15
		473692362 Rahu	1:48PM – 3:24PM	Bava Until 6:46AM Fri	Nataraja: Clear	4th Phase
Routine Work	Prabalarishta Yoga			Ekadashi Until 5:36PM	Moon – Orange	Bhuloka Day
Until 7:00PM					Sravana-Adi	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

4		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvodashyam Titau				Yangon, Myanmar Sun 25 Sutra 109 Hemalamba 5119
Dhanus Rasi: 5.22	Tithi 12	Gulika	7:23AM – 8:59AM	Mula* Until 9:59PM	Ganesh: Clear <i>Sunrise: 5:47AM</i>	
		Yama	3:24PM – 5:00PM	Vaidhriti* Until 6:51PM	Muruga: Blue <i>Sunset: 6:36PM</i>	Moon 7 - Phase 15
		483692362 Rahu	10:35AM – 12:12PM	Bava Until 6:46AM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga			Dvodashi Until 7:50PM	Moon – Light Blue	Devaloka Day
Until 9:59PM		Varalakshmi Vratam			Sravana-Adi	
Then Routine Work - Prabalarishta Yoga						

5		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Purvashadha* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 110 Hemalamba 5119
Dhanus Rasi: 17.2	Tithi 13	Gulika	5:47AM – 7:23AM	Purvashadha* Until 12:32AM Sun	Ganesh: Clear <i>Sunrise: 5:47AM</i>	
		Yama	1:48PM – 3:24PM	Vishkambha* Until 7:30PM	Muruga: Blue <i>Sunset: 6:36PM</i>	Moon 7 - Phase 15
		483692362 Rahu	8:59AM – 10:35AM	Kaulava Until 8:54AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 9:50PM	Moon – Light Blue	Devaloka Day
Until 12:32AM Sun				<i>Pradosha Vrata</i>	Sravana-Adi	
Then Creative Work - Amrita Yoga						

6		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 111 Hemalamba 5119
Dhanus Rasi: 29.25	Tithi 14	Gulika	3:23PM – 4:59PM	Uttarashadha Until 2:36AM Mon	Ganesh: Clear <i>Sunrise: 5:47AM</i>	
		Yama	12:11PM – 1:47PM	Priti Until 7:54PM	Muruga: Blue <i>Sunset: 6:36PM</i>	Moon 7 - Phase 15
		483692362 Rahu	4:59PM – 6:36PM	Gara Until 10:44AM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 11:29PM	Moon – Light Blue	Devaloka Day
					Sravana-Adi	

Monday, August 7, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 112 Hemalamba 5119
Copper Retreat Star		Gulika	1:47PM – 3:23PM	Shravana Until 4:33AM Tue	Ganesh: White <i>Sunrise: 5:48AM</i>	
Makara Rasi: 11.39	Tithi 15	Yama	10:35AM – 12:11PM	Ayushman Until 7:57PM	Muruga: Blue <i>Sunset: 6:35PM</i>	Moon 7 - Phase 15
Family Home Evening		493692362 Rahu	7:24AM – 8:59AM	Visti Until 12:11PM	Nataraja: Clear	Purnima
Creative Work	Amrita Yoga			Purnima* Until 12:43AM Tue	Moon – Purple	Bhuloka Day
Until 4:33AM Tue		Partial Lunar Eclipse			Sravana-Adi	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

Tuesday, August 8, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 113 Hemalamba 5119
Silver Retreat Star		Gulika	12:11PM – 1:47PM	Dhanishtha Until 5:54AM Wed	Ganesh: White <i>Sunrise: 5:48AM</i>	
Makara Rasi: 24.04	Tithi 16	Yama	9:00AM – 10:35AM	Saubhagya Until 7:39PM	Muruga: Blue <i>Sunset: 6:35PM</i>	Moon 7 - Phase 15
		493692362 Rahu	3:23PM – 4:59PM	Balava Until 1:11PM	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga			Prathama* Until 1:29AM Wed	Moon – Purple	Bhuloka Day
					Sravana-Adi	Devaloka Time: 6:PM to 9:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Tailila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 114

Kumbha Rasi: 6.43 Tihti 17

Gulika 10:35AM - 12:11PM
Yama 7:24AM - 9:00AM
Rahu 12:11PM - 1:47PM

Shatabhishak Until 6:37AM Thu
Sobhana Until 6:59PM
Tailila Until 1:42PM
Dvitiya Until 1:46AM Thu

Ganesha: White Sunrise: 5:48AM
Muruga: Blue Sunset: 6:34PM
Nataraja: Clear
Moon - Purple
Sravana-Adi

Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Thursday, August 10, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Yangon, Myanmar
Sun 2 Sutra 115

Kumbha Rasi: 19.34 Tihti 18

Gulika 9:00AM - 10:35AM
Yama 5:48AM - 7:24AM
Rahu 1:47PM - 3:22PM

Shatabhishak Until 6:37AM
Athiganda* Until 5:56PM
Vanija Until 1:45PM
Tritiya Until 1:35AM Fri

Ganesha: White Sunrise: 5:48AM
Muruga: Blue Sunset: 6:34PM
Nataraja: Clear
Moon - Purple
Sravana-Adi

Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, August 11, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Yangon, Myanmar
Sun 3 Sutra 116

Meena Rasi: 2.4 Tihti 19

Gulika 7:24AM - 9:00AM
Yama 3:22PM - 4:57PM
Rahu 10:35AM - 12:11PM

Purvaproshtapada* Until 7:12AM
Sukarma Until 4:32PM
Bava Until 1:21PM
Chaturthi* Until 12:58AM Sat

Ganesha: Clear Sunrise: 5:49AM
Muruga: Blue Sunset: 6:33PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Saturday, August 12, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 117

Meena Rasi: 15.59 Tihti 20

Gulika 5:49AM - 7:24AM
Yama 1:46PM - 3:22PM
Rahu 9:00AM - 10:35AM

Uttaraproshtapada Until 7:12AM
Dhriti Until 2:48PM
Kaulava Until 12:31PM
Panchami Until 11:56PM

Ganesha: Clear Sunrise: 5:49AM
Muruga: Blue Sunset: 6:32PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 7:12AM

Then Routine Work - Prabalarishta Yoga

Sunday, August 13, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 118

Meena Rasi: 29.32 Tihti 21

Gulika 3:21PM - 4:57PM
Yama 12:10PM - 1:46PM
Rahu 4:57PM - 6:32PM

Revati Until 6:39AM
Shula* Until 12:44PM
Gara Until 11:17AM
Shashthi* Until 10:31PM

Ganesha: Purple Sunrise: 5:49AM
Muruga: Blue Sunset: 6:32PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 6:39AM

Then Creative Work - Siddha Yoga

Monday, August 14, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 119

Mesha Rasi: 13.18 Tihti 22

Family Home Evening

Gulika 1:46PM - 3:21PM
Yama 10:35AM - 12:10PM
Rahu 7:24AM - 9:00AM

Ashvini Until 6:02AM
Ganda* Until 10:23AM
Visti Until 9:42AM
Saptami Until 8:46PM

Ganesha: Clear Sunrise: 5:49AM
Muruga: Blue Sunset: 6:31PM
Nataraja: Clear
Moon - White
Sravana-Adi

Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Tuesday, August 15, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 120

Mesha Rasi: 27.17 Tihti 23

Gulika 12:10PM - 1:45PM
Yama 9:00AM - 10:35AM
Rahu 3:20PM - 4:56PM

Krittika Until 3:23AM Wed
Vridhi Until 7:47AM
Balava Until 7:47AM
Ashtami* Until 6:42PM

Ganesha: Clear Sunrise: 5:49AM
Muruga: Blue Sunset: 6:31PM
Nataraja: Clear
Moon - White
Sravana-Adi

Hemalamba 5119
Moon 8 - Phase 16
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Krishna Janmashtami

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 8 Sutra 121

Vrishabha Rasi: 11.28 Tihti 24 - 25

Gulika 10:35AM - 12:10PM
Yama 7:25AM - 9:00AM
Rahu 12:10PM - 1:45PM

Rohini Until 1:52AM Thu
Vyaghata* Until 1:51AM Thu
Vanija Until 3:07AM Thu
Navami* Until 4:21PM

Ganesha: White Sunrise: 5:50AM
Muruga: Blue Sunset: 6:30PM
Nataraja: Clear
Moon - Yellow
Sravana-Adi

Hemalamba 5119
Moon 8 - Phase 16
Navami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 1:52AM Thu


Then Routine Work - Marana Yoga

1		Thursday, August 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukstayam		Yangon, Myanmar	
Vrishabha Rasi: 25.48		Tihi 25 – 26		Mrigashira Nakshatra Harshana Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Sun 9 Sutra 122	
534792362		Gulika	9:00AM – 10:35AM	Mrigashira Until 12:02AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	Hemalamba 5119
Routine Work		Yama	5:50AM – 7:25AM	Harshana Until 10:38PM	Muruga: Blue	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 17
Until 12:02AM Fri		Rahu	1:45PM – 3:20PM	Bava Until 12:29AM Fri	Nataraja: Clear		2nd Phase
Then Creative Work - Siddha Yoga				Dashami Until 1:48PM	Moon – Yellow		Devaloka Day
					Sravana-Avani		

2		Friday, August 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukstayam		Yangon, Myanmar	
Mithuna Rasi: 10.16		Tihi 26 – 27		Ardra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Sun 10 Sutra 123	
534792362		Gulika	7:25AM – 9:00AM	Ardra Until 9:58PM	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	Hemalamba 5119
Creative Work		Yama	3:19PM – 4:54PM	Vajra* Until 7:19PM	Muruga: Blue	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 17
Siddha Yoga		Rahu	10:35AM – 12:09PM	Kaulava Until 9:45PM	Nataraja: Clear		2nd Phase
				Ekadashi* Until 11:06AM	Moon – Yellow		Devaloka Day
					Sravana-Avani		

3		Saturday, August 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukstayam		Yangon, Myanmar	
Mithuna Rasi: 24.46		Tihi 27 – 28		Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Tailita/Gara Karana Dvodashi/Trayodashyam Titau		Sun 11 Sutra 124	
544792362		Gulika	5:50AM – 7:25AM	Punarvasu Until 8:10PM	Ganesh: White	<i>Sunrise:</i> 5:50AM	Hemalamba 5119
Creative Work		Yama	1:44PM – 3:19PM	Siddhi Until 4:01PM	Muruga: Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 17
Siddha Yoga		Rahu	9:00AM – 10:34AM	Gara Until 7:01PM	Nataraja: Clear		2nd Phase
				Dvodashi* Until 8:21AM	Moon – Blue		Bhuloka Day
				<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani		Devaloka Time: 6:PM to 9:PM

4		Sunday, August 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukstayam		Yangon, Myanmar	
Kataka Rasi: 9.14		Tihi 29		Pushya Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 125	
544792362		Gulika	3:18PM – 4:53PM	Pushya Until 6:22PM	Ganesh: White	<i>Sunrise:</i> 5:50AM	Hemalamba 5119
Creative Work		Yama	12:09PM – 1:44PM	Vyatipata* Until 12:48PM	Muruga: Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 17
Siddha Yoga		Rahu	4:53PM – 6:28PM	Visti Until 4:25PM	Nataraja: Clear		2nd Phase
				Chaturdashi* Until 3:10AM Mon	Moon – Blue		Bhuloka Day
					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

		Monday, August 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukstayam		Yangon, Myanmar	
Retreat Star		Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 126	
Kataka Rasi: 23.35		Tihi 30		Ashlesha* Until 4:40PM		Hemalamba 5119	
Family Home Evening		Gulika	1:43PM – 3:18PM	Variyan Until 9:45AM	Ganesh: White	<i>Sunrise:</i> 5:51AM	Moon 8 - Phase 17
Creative Work		Yama	10:34AM – 12:09PM	Catuspada Until 2:03PM	Muruga: Blue	<i>Sunset:</i> 6:27PM	Amavasya
Siddha Yoga		Rahu	7:25AM – 9:00AM	Amavasya* Until 12:59AM Tue	Nataraja: Clear		Bhuloka Day
Until 4:40PM					Moon – Blue		Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga		Total Solar Eclipse			Sravana-Avani		

Tuesday, August 22, 2017		Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yukstayam		Yangon, Myanmar	
Simha Rasi: 7.43		Tihi 1		Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kinlughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 127	
544792362		Gulika	12:08PM – 1:43PM	Magha* Until 3:39PM	Ganesh: Green	<i>Sunrise:</i> 5:51AM	Hemalamba 5119
Creative Work		Yama	9:00AM – 10:34AM	Parigha* Until 6:59AM	Muruga: Blue	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 17
Siddha Yoga		Rahu	3:17PM – 4:52PM	Kinlughna Until 12:03PM	Nataraja: Clear		Prathama
				Prathama* Until 11:13PM	Moon – Red		Bhuloka Day
					Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1		Wednesday, August 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 128 Hemalamba 5119	
Simha Rasi: 21.33	Tithi 2	Gulika Yama 554792362	10:34AM – 12:08PM 7:25AM – 9:00AM Rahu 12:08PM – 1:43PM	Purvaphalguni Until 3:00PM Siddha Until 2:41AM Thu Balava Until 10:33AM Dvitiya Until 10:00PM	Ganesh: Green Muruga: Blue Nataraja: Clear Moon – Red	Sunrise: 5:51AM Sunset: 6:26PM	Moon 8 - Phase 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work	Amrita Yoga						
2		Thursday, August 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Tailila/Gara Karana Tritiyayam Titau		Yangon, Myanmar Sun 16 Sutra 129 Hemalamba 5119	
Kanya Rasi: 5.03	Tithi 3	Gulika Yama 554792362	9:00AM – 10:34AM 5:51AM – 7:25AM Rahu 1:42PM – 3:16PM	Uttaraphalguni Until 2:48PM Sadhya Until 1:17AM Fri Tailila Until 9:39AM Tritiya Until 9:26PM	Ganesh: Green Muruga: Blue Nataraja: Clear Moon – Red	Sunrise: 5:51AM Sunset: 6:25PM	Moon 8 - Phase 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 2:48PM	Amrita Yoga						
3		Friday, August 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Vanija/Visli* Karana Chaturthyam Titau		Yangon, Myanmar Sun 17 Sutra 130 Hemalamba 5119	
Kanya Rasi: 18.11	Tithi 4	Gulika Yama 554792362	7:25AM – 8:59AM 3:16PM – 4:50PM Rahu 10:34AM – 12:08PM	Hasta Until 3:34PM Subha Until 12:27AM Sat Vanija Until 9:25AM Chaturthi* Until 9:33PM	Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Green	Sunrise: 5:51AM Sunset: 6:24PM	Moon 8 - Phase 18 3rd Phase Devaloka Day
Until 3:34PM	Amrita Yoga						
4		Saturday, August 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 131 Hemalamba 5119	
Tula Rasi: 0.58	Tithi 5	Gulika Yama 554792362	5:51AM – 7:25AM 1:41PM – 3:15PM Rahu 8:59AM – 10:33AM	Chitra Until 4:52PM Sukla Until 12:07AM Sun Bava Until 9:53AM Panchami Until 10:21PM	Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Green	Sunrise: 5:51AM Sunset: 6:24PM	Moon 8 - Phase 18 3rd Phase Devaloka Day
Routine Work	Marana Yoga						
5		Sunday, August 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 132 Hemalamba 5119	
Tula Rasi: 13.27	Tithi 6	Gulika Yama 554792362	3:15PM – 4:49PM 12:07PM – 1:41PM Rahu 4:49PM – 6:23PM	Svati Until 6:37PM Brahma Until 12:16AM Mon Kaulava Until 11:00AM Shashthi* Until 11:46PM	Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Green	Sunrise: 5:52AM Sunset: 6:23PM	Moon 8 - Phase 18 3rd Phase Devaloka Day
Until 6:37PM	Siddha Yoga						
6		Monday, August 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 133 Hemalamba 5119	
Tula Rasi: 25.41	Tithi 7	Gulika Yama 575792363	1:41PM – 3:14PM 10:33AM – 12:07PM Rahu 7:25AM – 8:59AM	Vishakha Until 9:12PM Indra Until 12:48AM Tue Gara Until 12:41PM Saptami Until 1:40AM Tue	Ganesh: Purple Muruga: Blue Nataraja: Purple Moon – Orange	Sunrise: 5:52AM Sunset: 6:22PM	Moon 8 - Phase 18 3rd Phase Devaloka Day
Family Home Evening	Marana Yoga						
Retreat Star		Tuesday, August 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 134 Hemalamba 5119	
Vrischika Rasi: 7.43	Tithi 8	Gulika Yama 575792363	12:07PM – 1:40PM 8:59AM – 10:33AM Rahu 3:14PM – 4:48PM	Anuradha Until 11:57PM Vaidhriti* Until 1:34AM Wed Visti Until 2:47PM Ashtami* Until 3:54AM Wed	Ganesh: Purple Muruga: Blue Nataraja: Purple Moon – Orange	Sunrise: 5:52AM Sunset: 6:21PM	Moon 8 - Phase 18 Ashtami Devaloka Day
Creative Work	Siddha Yoga						
Retreat Star		Wednesday, August 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 135 Hemalamba 5119	
Vrischika Rasi: 19.4	Tithi 9	Gulika Yama 575792363	10:33AM – 12:06PM 7:26AM – 8:59AM Rahu 12:06PM – 1:40PM	Jyeshtha* Until 2:41AM Thu Vishkamba* Until 2:27AM Thu Balava Until 5:06PM Navami* Until 6:16AM Thu	Ganesh: Purple Muruga: Blue Nataraja: Purple Moon – Orange	Sunrise: 5:52AM Sunset: 6:21PM	Moon 8 - Phase 18 Navami Devaloka Day
Creative Work	Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1 Thursday, August 31, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 136 Hemalamba 5119
Dhanus Rasi: 1.33	Tithi 9 – 10	Gulika 8:59AM – 10:32AM	Mula* Until 5:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	
		Yama 5:52AM – 7:26AM	Priti Until 3:19AM Fri	Muruga: Blue	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 19
	585792363	Rahu 1:39PM – 3:13PM	Taitila Until 7:27PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:16AM	Moon – Light Blue		Bhuloka Day
Until 5:43AM Fri				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Prabalarishta Yoga						

2 Friday, September 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 137 Hemalamba 5119
Dhanus Rasi: 13.28	Tithi 10 – 11	Gulika 7:26AM – 8:59AM	Purvashadha* Until 8:21AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	
		Yama 3:12PM – 4:46PM	Ayushman Until 3:59AM Sat	Muruga: Blue	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 19
	585792363	Rahu 10:32AM – 12:06PM	Vanija Until 9:39PM	Nataraja: Purple		4th Phase
Routine Work	Prabalarishta Yoga		Dashami Until 8:34AM	Moon – Light Blue		Bhuloka Day
Until 8:21AM Sat				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

3 Saturday, September 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 138 Hemalamba 5119
Dhanus Rasi: 25.28	Tithi 11 – 12	Gulika 5:52AM – 7:26AM	Purvashadha* Until 8:21AM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	
		Yama 1:39PM – 3:12PM	Saubhagya Until 4:22AM Sun	Muruga: Blue	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 19
	585792363	Rahu 8:59AM – 10:32AM	Bava Until 11:29PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:36AM	Moon – Light Blue		Bhuloka Day
Until 8:21AM				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

4 Sunday, September 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 139 Hemalamba 5119
Makara Rasi: 7.38	Tithi 12 – 13	Gulika 3:11PM – 4:44PM	Uttarashadha Until 10:25AM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
		Yama 12:05PM – 1:38PM	Sobhana Until 4:22AM Mon	Muruga: Blue	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 19
	586792363	Rahu 4:44PM – 6:18PM	Kaulava Until 12:50AM Mon	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 12:13PM	Moon – Light Blue		Bhuloka Day
Until 8:21AM				Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

5 Monday, September 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 140 Hemalamba 5119
Makara Rasi: 20.02	Tithi 13 – 14	Gulika 1:38PM – 3:11PM	Shravana Until 12:18PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
Family Home Evening		Yama 10:32AM – 12:05PM	Athiganda* Until 3:53AM Tue	Muruga: Blue	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 19
	596892363	Rahu 7:26AM – 8:59AM	Gara Until 1:36AM Tue	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 1:17PM	Moon – Purple		Devaloka Day
Until 12:18PM		Chidambaram Abhishekam		Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

○ Tuesday, September 5, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar Sun 27 Sutra 141 Hemalamba 5119
Copper Retreat Star		Gulika 12:04PM – 1:37PM	Dhanishtha Until 1:26PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
Kumbha Rasi: 2.41	Tithi 14 – 15	Yama 8:59AM – 10:31AM	Sukarma Until 2:56AM Wed	Muruga: Blue	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 19
	596892363	Rahu 3:10PM – 4:43PM	Visti Until 1:46AM Wed	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 1:44PM	Moon – Purple		Devaloka Day
Until 1:26PM				Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

Wednesday, September 6, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sun 28 Sutra 142 Hemalamba 5119
Silver Retreat Star		Gulika 10:31AM – 12:04PM	Shatabhishak Until 1:49PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
Kumbha Rasi: 15.37	Tithi 15 – 16	Yama 7:26AM – 8:58AM	Dhriti Until 1:33AM Thu	Muruga: Blue	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 19
	596892363	Rahu 12:04PM – 1:37PM	Balava Until 1:20AM Thu	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 1:36PM	Moon – Purple		Devaloka Day
Until 1:49PM				Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 143

Kumbha Rasi: 28.52 Tithi 16 – 17

Gulika 8:58AM – 10:31AM
Yama 5:53AM – 7:26AM
Rahu 1:36PM – 3:09PM

Purvaproshtapada* Until 1:58PM
Shula* Until 11:42PM
Taitila Until 12:24AM Fri
Prathama* Until 12:54PM

Ganesha: White Sunrise: 5:53AM
Muruga: Blue Sunset: 6:14PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Creative Work Siddha Yoga

Devaloka Day

1

Friday, September 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 1 Sutra 144

Meena Rasi: 12.23 Tithi 17 – 18

Gulika 7:26AM – 8:58AM
Yama 3:08PM – 4:41PM
Rahu 10:31AM – 12:03PM

Uttaraproshtapada Until 1:30PM
Ganda* Until 9:32PM
Vanija Until 11:02PM
Dvitiya Until 11:44AM

Ganesha: White Sunrise: 5:53AM
Muruga: Blue Sunset: 6:14PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Saturday, September 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Vriddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 145

Meena Rasi: 26.08 Tithi 18 – 19

Gulika 5:53AM – 7:26AM
Yama 1:35PM – 3:08PM
Rahu 8:58AM – 10:31AM

Uttaraproshtapada Until 1:30PM
Vriddhi Until 7:07PM
Bava Until 9:20PM
Tritiya Until 10:12AM

Ganesha: White Sunrise: 5:53AM
Muruga: Blue Sunset: 6:13PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Routine Work Prabalarishta Yoga
Until 12:31PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Sunday, September 10, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 146

Mesha Rasi: 10.04 Tithi 19 – 20

Gulika 3:07PM – 4:40PM
Yama 12:03PM – 1:35PM
Rahu 4:40PM – 6:12PM

Ashvini Until 11:34AM
Dhruva Until 4:28PM
Kaulava Until 7:24PM
Chaturthi* Until 8:22AM

Ganesha: Clear Sunrise: 5:53AM
Muruga: Blue Sunset: 6:12PM
Nataraja: Purple
Moon – White
Bhadrapada-Avani

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Until 11:34AM

Grandparent's Day

Devaloka Time: 9:AM to 12:PM

Then Routine Work - Prabalarishta Yoga

4

Monday, September 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 147

Mesha Rasi: 24.08 Tithi 20 – 21

Gulika 1:35PM – 3:07PM
Yama 10:30AM – 12:02PM
Rahu 7:26AM – 8:58AM

Bharani Until 10:17AM
Vyaghata* Until 1:42PM
Vanija Until 4:14AM Tue
Panchami Until 6:22AM

Ganesha: White Sunrise: 5:53AM
Muruga: Blue Sunset: 6:11PM
Nataraja: Purple
Moon – White
Bhadrapada-Avani

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Until 10:17AM

Then Routine Work - Marana Yoga

5

Tuesday, September 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 148

Vrishabha Rasi: 8.17 Tithi 22

Gulika 12:02PM – 1:34PM
Yama 8:58AM – 10:30AM
Rahu 3:06PM – 4:38PM

Krittika Until 8:45AM
Harshana Until 10:52AM
Visti Until 3:10PM
Saptami Until 2:03AM Wed

Ganesha: White Sunrise: 5:53AM
Muruga: Blue Sunset: 6:10PM
Nataraja: Purple
Moon – White
Bhadrapada-Avani

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Until 8:45AM

Then Creative Work - Amrita Yoga

D

Wednesday, September 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 6 Sutra 149

Vrishabha Rasi: 22.27 Tithi 23

Gulika 10:30AM – 12:02PM
Yama 7:26AM – 8:58AM
Rahu 12:02PM – 1:34PM

Rohini Until 7:28AM
Vajra* Until 7:58AM
Balava Until 12:58PM
Ashtami* Until 11:51PM

Ganesha: Clear Sunrise: 5:54AM
Muruga: Blue Sunset: 6:10PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Avani

Hemalamba 5119

Moon 9 - Phase 20

Ashtami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 7 Sutra 150

Mithuna Rasi: 6.38 Tithi 24

Gulika 8:57AM – 10:29AM
Yama 5:54AM – 7:26AM
Rahu 1:33PM – 3:05PM

Mrigashira Until 6:02AM
Vyatipata* Until 2:15AM Fri
Taitila Until 10:47AM
Navami* Until 9:41PM

Ganesha: Clear Sunrise: 5:54AM
Muruga: Blue Sunset: 6:09PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Avani

Hemalamba 5119

Moon 9 - Phase 20

Navami

Routine Work Marana Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time


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1	Friday, September 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Variyan Yoga Vanija/Visti* Karana Dashamyam Titau				Yangon, Myanmar Sun 8 Sutra 151 Hemalamba 5119
	Mithuna Rasi: 20.47	Tithi 25	Gulika 7:26AM – 8:57AM	Punarvasu Until 3:19AM Sat	Ganesh: Purple <i>Sunrise:</i> 5:54AM	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 21
			Yama 3:04PM – 4:36PM	Variyan Until 11:26PM	Muruga: Blue		2nd Phase
	Creative Work	Siddha Yoga	547892363 Rahu 10:29AM – 12:01PM	Vanija Until 8:39AM	Nataraja: Purple		
			Dashami Until 7:35PM	Moon – Blue		Bhuloka Day Bhadrapada-Avani	

2	Saturday, September 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Parigha* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 9 Sutra 152 Hemalamba 5119
	Kataka Rasi: 4.53	Tithi 26 – 27	Gulika 5:54AM – 7:26AM	Pushya Until 2:08AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:54AM	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 21
			Yama 1:32PM – 3:04PM	Parigha* Until 8:44PM	Muruga: Blue		2nd Phase
	Creative Work	Siddha Yoga	547892363 Rahu 8:57AM – 10:29AM	Bava Until 6:35AM	Nataraja: Purple		
			Ekadashi* Until 5:35PM	Moon – Blue		Bhuloka Day Bhadrapada-Avani	

3	Sunday, September 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam Ashlesha* Nakshatra Shiva Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 10 Sutra 153 Hemalamba 5119
	Kataka Rasi: 18.55	Tithi 27 – 28	Gulika 3:03PM – 4:35PM	Ashlesha* Until 12:58AM Mon	Ganesh: Light Blue <i>Sunrise:</i> 5:54AM	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 21
			Yama 12:00PM – 1:32PM	Shiva Until 6:11PM	Muruga: Blue		2nd Phase
	Creative Work	Siddha Yoga	548892363 Rahu 4:35PM – 6:06PM	Gara Until 2:56AM Mon	Nataraja: Purple		
			Dvadashi* Until 3:45PM	Moon – Blue		Bhuloka Day Bhadrapada-Puratasi	
			<i>Pradosha Vrata (Fasting)</i>				

4	Monday, September 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 11 Sutra 154 Hemalamba 5119
	Simha Rasi: 2.48	Tithi 28 – 29	Gulika 1:31PM – 3:03PM	Magha* Until 12:22AM Tue	Ganesh: Purple <i>Sunrise:</i> 5:54AM	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 21
	Family Home Evening		Yama 10:28AM – 12:00PM	Siddha Until 3:48PM	Muruga: Blue		2nd Phase
	Routine Work	Marana Yoga	558892363 Rahu 7:25AM – 8:57AM	Visti Until 1:29AM Tue	Nataraja: Purple		
			Trayodashi* Until 2:09PM	Moon – Red		Bhuloka Day Bhadrapada-Puratasi	

	Tuesday, September 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar Sun 12 Sutra 155 Hemalamba 5119
	Retreat Star		Gulika 11:59AM – 1:31PM	Purvaphalguni Until 11:58PM	Ganesh: Purple <i>Sunrise:</i> 5:54AM	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 21
	Simha Rasi: 16.31	Tithi 29 – 30	Yama 8:57AM – 10:28AM	Sadhya Until 1:41PM	Muruga: Blue		Amavasya
	Creative Work	Siddha Yoga	558892363 Rahu 3:02PM – 4:33PM	Catuspada Until 12:23AM Wed	Nataraja: Purple		
			Chaturdashi* Until 12:52PM	Moon – Red		Bhuloka Day Bhadrapada-Puratasi	
			Mahalaya Amavasai (Tamil Nadu)				

Retreat Star	Wednesday, September 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 13 Sutra 156 Hemalamba 5119
	Kanya Rasi: 0.02	Tithi 30 – 1	Gulika 10:28AM – 11:59AM	Uttaraphalguni Until 11:50PM	Ganesh: Purple <i>Sunrise:</i> 5:54AM	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 21
			Yama 7:25AM – 8:57AM	Subha Until 11:54AM	Muruga: Blue		Prathama
	Creative Work	Amrita Yoga	558892363 Rahu 11:59AM – 1:30PM	Kintughna Until 11:43PM	Nataraja: Purple		
			Amavasya* Until 11:58AM	Moon – Red		Bhuloka Day Ashvina-Puratasi	
			Navaratri Begins				

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Thursday, September 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 14 Sutra 157 Hemalamba 5119
	Kanya Rasi: 13.17	Tithi 1 – 2	Gulika 8:57AM – 10:28AM Yama 5:54AM – 7:25AM Rahu 1:30PM – 3:01PM	Hasta Until 12:31AM Fri Sukla Until 10:27AM Balava Until 11:34PM Prathama* Until 11:33AM	Ganesh: Light Blue <i>Sunrise:</i> 5:54AM Muruga: Blue <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Green Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase
Routine Work Marana Yoga Until 12:31AM Fri Then Creative Work - Siddha Yoga							

2	Friday, September 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar Sun 15 Sutra 158 Hemalamba 5119
	Kanya Rasi: 26.16	Tithi 2 – 3	Gulika 7:25AM – 8:56AM Yama 3:00PM – 4:31PM Rahu 10:27AM – 11:58AM	Chitra Until 1:36AM Sat Brahma Until 9:28AM Taitila Until 11:59PM Dvitiya Until 11:41AM	Ganesh: Light Blue <i>Sunrise:</i> 5:54AM Muruga: Blue <i>Sunset:</i> 6:02PM Nataraja: Purple Moon – Green Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga							

3	Saturday, September 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Yangon, Myanmar Sun 16 Sutra 159 Hemalamba 5119
	Tula Rasi: 8.58	Tithi 3 – 4	Gulika 5:55AM – 7:25AM Yama 1:29PM – 3:00PM Rahu 8:56AM – 10:27AM	Svati Until 3:05AM Sun Indra Until 8:56AM Vanija Until 12:59AM Sun Tritiya Until 12:24PM	Ganesh: Light Blue <i>Sunrise:</i> 5:55AM Muruga: Blue <i>Sunset:</i> 6:01PM Nataraja: Purple Moon – Green Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga Until 3:05AM Sun Then Routine Work - Marana Yoga							

4	Sunday, September 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 17 Sutra 160 Hemalamba 5119
	Tula Rasi: 21.24	Tithi 4 – 5	Gulika 2:59PM – 4:30PM Yama 11:58AM – 1:28PM Rahu 4:30PM – 6:01PM	Vishakha Until 5:26AM Mon Vaidhriti* Until 8:49AM Bava Until 2:33AM Mon Chaturthi* Until 1:41PM	Ganesh: Clear <i>Sunrise:</i> 5:55AM Muruga: Blue <i>Sunset:</i> 6:01PM Nataraja: Purple Moon – Orange Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga Until 5:26AM Mon Then Creative Work - Siddha Yoga							

5	Monday, September 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar Sun 18 Sutra 161 Hemalamba 5119
	Vrischika Rasi: 3.37	Tithi 5 – 6	Gulika 1:28PM – 2:59PM Yama 10:27AM – 11:57AM Rahu 7:25AM – 8:56AM	Anuradha Until 8:02AM Tue Vishkambha* Until 9:08AM Kaulava Until 4:34AM Tue Panchami Until 3:29PM	Ganesh: Clear <i>Sunrise:</i> 5:55AM Muruga: Blue <i>Sunset:</i> 6:00PM Nataraja: Purple Moon – Orange Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Family Home Evening Creative Work Siddha Yoga Until 8:02AM Tue Then Routine Work - Marana Yoga							

6	Tuesday, September 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 19 Sutra 162 Hemalamba 5119
	Vrischika Rasi: 15.38	Tithi 6 – 7	Gulika 11:57AM – 1:28PM Yama 8:56AM – 10:26AM Rahu 2:58PM – 4:29PM	Anuradha Until 8:02AM Priti Until 9:47AM Gara Until 6:54AM Wed Shashthi* Until 5:41PM	Ganesh: Clear <i>Sunrise:</i> 5:55AM Muruga: Blue <i>Sunset:</i> 5:59PM Nataraja: Purple Moon – Orange Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Until 8:02AM Then Routine Work - Marana Yoga							

Retreat Star	Wednesday, September 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 163 Hemalamba 5119
	Vrischika Rasi: 27.34	Tithi 7	Gulika 10:26AM – 11:57AM Yama 7:25AM – 8:56AM Rahu 11:57AM – 1:27PM	Jyeshtha* Until 10:45AM Ayushman Until 10:36AM Gara Until 6:54AM Saptami Until 8:07PM	Ganesh: Clear <i>Sunrise:</i> 5:55AM Muruga: Blue <i>Sunset:</i> 5:58PM Nataraja: Purple Moon – Orange Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Until 10:45AM Then Routine Work - Marana Yoga							

Retreat Star	Thursday, September 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 164 Hemalamba 5119
	Dhanus Rasi: 9.25	Tithi 8	Gulika 8:56AM – 10:26AM Yama 5:55AM – 7:25AM Rahu 1:27PM – 2:57PM	Mula* Until 1:53PM Saubhagya Until 11:31AM Visti Until 9:22AM Ashtami* Until 10:33PM	Ganesh: Clear <i>Sunrise:</i> 5:55AM Muruga: Blue <i>Sunset:</i> 5:57PM Nataraja: Purple Moon – Light Blue Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 Ashtami Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Durga Ashtami							

Retreat Star	Friday, September 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 165 Hemalamba 5119
	Dhanus Rasi: 21.19	Tithi 9	Gulika 7:25AM – 8:56AM Yama 2:56PM – 4:26PM Rahu 10:26AM – 11:56AM	Purvashadha* Until 4:44PM Sobhana Until 12:21PM Balava Until 11:44AM Navami* Until 12:47AM Sat	Ganesh: Orange <i>Sunrise:</i> 5:55AM Muruga: Blue <i>Sunset:</i> 5:57PM Nataraja: Purple Moon – Light Blue Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 Navami Devaloka Time: 6:AM to 9:AM
Routine Work Prabalarishta Yoga Until 4:44PM Then Routine Work - Marana Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1		Saturday, September 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 166 Hemalamba 5119	
Makara Rasi: 3.19	Tithi 10	Gulika	5:55AM – 7:25AM	Uttarashadha Until 7:03PM	Ganesh: Orange	<i>Sunrise:</i> 5:55AM	
		Yama	1:26PM – 2:56PM	Athiganda* Until 12:54PM	Muruga: Blue	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 23
		689992363 Rahu	8:56AM – 10:26AM	Tailila Until 1:46PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Dashami Until 2:35AM Sun	Moon – Light Blue		Bhuloka Day
Until 7:03PM					Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

2		Sunday, October 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 167 Hemalamba 5119	
Makara Rasi: 15.3	Tithi 11	Gulika	2:55PM – 4:25PM	Shravana Until 9:08PM	Ganesh: Red	<i>Sunrise:</i> 5:56AM	
		Yama	11:55AM – 1:25PM	Sukarma Until 1:04PM	Muruga: Blue	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 23
		691992363 Rahu	4:25PM – 5:55PM	Vanija Until 3:16PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Ekadashi Until 3:45AM Mon	Moon – Purple		Bhuloka Day
Until 9:08PM					Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga							

3		Monday, October 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 168 Hemalamba 5119	
Makara Rasi: 27.58	Tithi 12	Gulika	1:25PM – 2:55PM	Dhanishtha Until 10:23PM	Ganesh: Red	<i>Sunrise:</i> 5:56AM	
Family Home Evening		Yama	10:25AM – 11:55AM	Dhriti Until 12:44PM	Muruga: Blue	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 23
		691992363 Rahu	7:26AM – 8:55AM	Bava Until 4:05PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 4:11AM Tue	Moon – Purple		Bhuloka Day
					Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM

4		Tuesday, October 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 169 Hemalamba 5119	
Kumbha Rasi: 10.46	Tithi 13	Gulika	11:55AM – 1:24PM	Shatabhishak Until 10:44PM	Ganesh: Red	<i>Sunrise:</i> 5:56AM	
		Yama	8:55AM – 10:25AM	Shula* Until 11:46AM	Muruga: Blue	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 23
		691992363 Rahu	2:54PM – 4:24PM	Kaulava Until 4:09PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Trayodashi Until 3:52AM Wed	Moon – Purple		Bhuloka Day
		Kadaitswami Mahasamadhi		<i>Pradosha Vrata</i>	Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM

5		Wednesday, October 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 170 Hemalamba 5119	
Kumbha Rasi: 23.56	Tithi 14	Gulika	10:25AM – 11:54AM	Purvaproshtapada* Until 10:41PM	Ganesh: Yellow	<i>Sunrise:</i> 5:56AM	
		Yama	7:26AM – 8:55AM	Ganda* Until 10:14AM	Muruga: Blue	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 23
		611992363 Rahu	11:54AM – 1:24PM	Gara Until 3:28PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 2:51AM Thu	Moon – Clear		Bhuloka Day
Until 10:41PM		Chidambaram Abhishekam			Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga							

○		Thursday, October 5, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 171 Hemalamba 5119	
Copper Retreat Star		Gulika	8:55AM – 10:25AM	Uttaraproshtapada Until 9:51PM	Ganesh: Yellow	<i>Sunrise:</i> 5:56AM	
Meena Rasi: 7.3	Tithi 15	Yama	5:56AM – 7:26AM	Vridhi Until 8:10AM	Muruga: Blue	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 23
		611992363 Rahu	1:24PM – 2:53PM	Visti Until 2:07PM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga			Purnima* Until 1:12AM Fri	Moon – Clear		Bhuloka Day
					Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM

Friday, October 6, 2017		Silver Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sutra 172 Hemalamba 5119	
Meena Rasi: 21.25	Tithi 16	Gulika	7:26AM – 8:55AM	Revati Until 8:23PM	Ganesh: Yellow	<i>Sunrise:</i> 5:56AM	
		Yama	2:53PM – 4:22PM	Vyaghata* Until 2:41AM Sat	Muruga: Blue	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 23
		611992363 Rahu	10:24AM – 11:54AM	Balava Until 12:13PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Prathama* Until 11:05PM	Moon – Clear		Bhuloka Day
Until 8:23PM					Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang



Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 173
Hemalamba 5119

Mesha Rasi: 5.38 Tihi 17

621992363

Gulika 5:56AM – 7:26AM
Yama 1:23PM – 2:52PM
Rahu 8:55AM – 10:24AM

Ashvini Until 6:51PM
Harshana Until 11:32PM
Taitila Until 9:54AM
Dvitiya Until 8:38PM

Ganesha: Blue *Sunrise:* 5:56AM
Muruga: Blue *Sunset:* 5:51PM
Nataraja: Purple
Moon – White
Ashvina•Puratasi

Moon 10 - Phase 24
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Vanija/Bava Karana Tritiya/Chaturtham Titau

Yangon, Myanmar
Sun 2 Sutra 174
Hemalamba 5119

Mesha Rasi: 20.02 Tihi 18 – 19

621992364

Gulika 2:51PM – 4:21PM
Yama 11:53AM – 1:22PM
Rahu 4:21PM – 5:50PM

Bharani Until 4:57PM
Vajra* Until 8:12PM
Vanija Until 7:20AM
Tritiya Until 5:59PM

Ganesha: Blue *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 5:50PM
Nataraja: Clear
Moon – White
Ashvina•Puratasi

Moon 10 - Phase 24
1st Phase

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 4:57PM

Then Creative Work - Siddha Yoga

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 175
Hemalamba 5119

Vrishabha Rasi: 4.32 Tihi 19 – 20

621992364

Gulika 1:22PM – 2:51PM
Yama 10:24AM – 11:53AM
Rahu 7:26AM – 8:55AM

Krittika Until 2:52PM
Siddhi Until 4:51PM
Kaulava Until 1:58AM Tue
Chaturthi* Until 3:17PM

Ganesha: Blue *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 5:49PM
Nataraja: Clear
Moon – White
Ashvina•Puratasi

Moon 10 - Phase 24
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 2:52PM

Then Creative Work - Amrita Yoga

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Varyan Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Yangon, Myanmar
Sun 4 Sutra 176
Hemalamba 5119

Vrishabha Rasi: 19.02 Tihi 20 – 21

631992364

Gulika 11:53AM – 1:22PM
Yama 8:55AM – 10:24AM
Rahu 2:50PM – 4:19PM

Rohini Until 1:08PM
Vyatipata* Until 1:34PM
Gara Until 11:24PM
Panchami Until 12:38PM

Ganesha: Red *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 5:48PM
Nataraja: Clear
Moon – Yellow
Ashvina•Puratasi

Moon 10 - Phase 24
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 1:08PM

Then Creative Work - Siddha Yoga

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Varyan/Parigha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 177
Hemalamba 5119

Mithuna Rasi: 3.26 Tihi 21 – 22

631992364

Gulika 10:24AM – 11:52AM
Yama 7:26AM – 8:55AM
Rahu 11:52AM – 1:21PM

Mrigashira Until 11:25AM
Varyan Until 10:24AM
Visli* Until 9:02PM
Shashthi* Until 10:10AM

Ganesha: Red *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 5:48PM
Nataraja: Clear
Moon – Yellow
Ashvina•Puratasi

Moon 10 - Phase 24
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, October 12, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 178
Hemalamba 5119

Mithuna Rasi: 17.4 Tihi 22 – 23

632992364

Gulika 8:55AM – 10:23AM
Yama 5:57AM – 7:26AM
Rahu 1:21PM – 2:50PM

Ardra Until 9:48AM
Parigha* Until 7:27AM
Balava Until 6:57PM
Saptami Until 7:57AM

Ganesha: Blue *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 5:47PM
Nataraja: Clear
Moon – Yellow
Ashvina•Puratasi

Moon 10 - Phase 24
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 179
Hemalamba 5119

Kataka Rasi: 1.43 Tihi 23 – 24

642992364

Gulika 7:26AM – 8:55AM
Yama 2:49PM – 4:18PM
Rahu 10:23AM – 11:52AM

Punarvasu Until 8:45AM
Siddha Until 2:15AM Sat
Gara Until 4:23AM Sat
Ashtami* Until 6:00AM

Ganesha: Red *Sunrise:* 5:58AM
Muruga: Blue *Sunset:* 5:46PM
Nataraja: Clear
Moon – Blue
Ashvina•Puratasi

Moon 10 - Phase 24
Navami

Devaloka Day

Creative Work Siddha Yoga

Until 8:45AM

Then Routine Work - Marana Yoga

1		Saturday, October 14, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 180 Hemalamba 5119	
Kataka Rasi: 15.34	Tithi 25	Gulika	5:58AM – 7:26AM	Pushya Until 7:53AM	Ganesha: Red	<i>Sunrise:</i> 5:58AM	
		Yama	1:20PM – 2:49PM	Sadhya Until 12:02AM Sun	Muruga: Blue	<i>Sunset:</i> 5:46PM	Moon 10 - Phase 25
		642992364 Rahu	8:55AM – 10:23AM	Vanija Until 3:43PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 3:05AM Sun	Moon – Blue		Devaloka Day
Until 7:53AM					Ashvina•Puratasi		
Then Routine Work - Marana Yoga							

2		Sunday, October 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 181 Hemalamba 5119	
Kataka Rasi: 29.14	Tithi 26	Gulika	2:48PM – 4:16PM	Ashlesha* Until 7:11AM	Ganesha: Red	<i>Sunrise:</i> 5:58AM	
		Yama	11:51AM – 1:20PM	Subha Until 10:06PM	Muruga: Blue	<i>Sunset:</i> 5:45PM	Moon 10 - Phase 25
		642992364 Rahu	4:16PM – 5:45PM	Bava Until 2:35PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 2:07AM Mon	Moon – Blue		Devaloka Day
Until 7:11AM					Ashvina•Puratasi		
Then Routine Work - Marana Yoga							

3		Monday, October 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau		Yangon, Myanmar Sun 10 Sutra 182 Hemalamba 5119	
Simha Rasi: 12.42	Tithi 27	Gulika	1:19PM – 2:48PM	Magha* Until 7:06AM	Ganesha: Green	<i>Sunrise:</i> 5:58AM	
Family Home Evening		Yama	10:23AM – 11:51AM	Sukla Until 8:23PM	Muruga: Blue	<i>Sunset:</i> 5:44PM	Moon 10 - Phase 25
		642992364 Rahu	7:26AM – 8:55AM	Kaulava Until 1:46PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Dvadashi* Until 1:28AM Tue	Moon – Red		Bhuloka Day
Until 7:06AM					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							

4		Tuesday, October 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Yangon, Myanmar Sun 11 Sutra 183 Hemalamba 5119	
Simha Rasi: 26	Tithi 28	Gulika	11:51AM – 1:19PM	Purvaphalguni Until 7:12AM	Ganesha: Green	<i>Sunrise:</i> 5:58AM	
		Yama	8:55AM – 10:23AM	Brahma Until 6:57PM	Muruga: Blue	<i>Sunset:</i> 5:44PM	Moon 10 - Phase 25
		642992364 Rahu	2:47PM – 4:15PM	Gara Until 1:17PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 1:10AM Wed	Moon – Red		Bhuloka Day
Until 7:12AM				<i>Pradosha Vrata (Fasting)</i>	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga							

5		Wednesday, October 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Yangon, Myanmar Sun 12 Sutra 184 Hemalamba 5119	
Kanya Rasi: 9.07	Tithi 29	Gulika	10:23AM – 11:51AM	Uttaraphalguni Until 7:28AM	Ganesha: Green	<i>Sunrise:</i> 5:59AM	
		Yama	7:27AM – 8:55AM	Indra Until 5:48PM	Muruga: Blue	<i>Sunset:</i> 5:43PM	Moon 10 - Phase 25
		642992364 Rahu	11:51AM – 1:19PM	Visti Until 1:10PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 1:14AM Thu	Moon – Red		Bhuloka Day
Until 7:28AM					Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga		Deepavali Hindu Solidarity Day					

Retreat Star		Thursday, October 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Yangon, Myanmar Sun 13 Sutra 185 Hemalamba 5119	
Kanya Rasi: 22.02	Tithi 30	Gulika	8:55AM – 10:23AM	Hasta Until 8:25AM	Ganesha: White	<i>Sunrise:</i> 5:59AM	
		Yama	5:59AM – 7:27AM	Vaidhriti* Until 4:57PM	Muruga: Blue	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 25
		642992364 Rahu	1:19PM – 2:46PM	Catuspada Until 1:26PM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 1:42AM Fri	Moon – Green		Bhuloka Day
Until 8:25AM					Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, October 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau		Yangon, Myanmar Sun 14 Sutra 186 Hemalamba 5119	
Tula Rasi: 4.45	Tithi 1	Gulika	7:27AM – 8:55AM	Chitra Until 9:38AM	Ganesha: White	<i>Sunrise:</i> 5:59AM	
		Yama	2:46PM – 4:14PM	Vishkambha* Until 4:26PM	Muruga: Blue	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 25
		642992364 Rahu	10:23AM – 11:50AM	Kintughna Until 2:08PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 2:38AM Sat	Moon – Green		Bhuloka Day
					Karttika•Aipasi		Devaloka Time: 6:PM to 9:PM
		Skanda Shasthi Begins					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Saturday, October 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar Sun 15 Sutra 187 Hemalamba 5119	
Tula Rasi: 17.16	Tithi 2	Gulika Yama	5:59AM – 7:27AM 1:18PM – 2:46PM	Svati Until 11:07AM Priti Until 4:17PM	Ganesh: White Muruga: Blue Nataraja: Clear	Sunrise: 5:59AM Sunset: 5:41PM	Moon 10 - Phase 26 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Creative Work	Siddha Yoga	662992364	Rahu 8:55AM – 10:23AM	Balava Until 3:17PM Dvitiya Until 4:01AM Sun	Moon – Green Kartika•Aipasi				
2		Sunday, October 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau				Yangon, Myanmar Sun 16 Sutra 188 Hemalamba 5119	
Tula Rasi: 29.35	Tithi 3	Gulika Yama	2:45PM – 4:13PM 11:50AM – 1:18PM	Vishakha Until 1:22PM Ayushman Until 4:28PM	Ganesh: Green Muruga: Blue Nataraja: Clear	Sunrise: 6:00AM Sunset: 5:40PM	Moon 10 - Phase 26 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Routine Work	Marana Yoga	672992364	Rahu 4:13PM – 5:40PM	Tailila Until 4:54PM Tritiya Until 5:51AM Mon	Moon – Orange Kartika•Aipasi				
3		Monday, October 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Chaturthyam Titau				Yangon, Myanmar Sun 17 Sutra 189 Hemalamba 5119	
Vrischika Rasi: 11.43	Tithi 4	Gulika Yama	1:17PM – 2:45PM 10:22AM – 11:50AM	Anuradha Until 3:52PM Saubhagya Until 4:58PM	Ganesh: Green Muruga: Blue Nataraja: Clear	Sunrise: 6:00AM Sunset: 5:40PM	Moon 10 - Phase 26 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Family Home Evening		672992364	Rahu 7:27AM – 8:55AM	Vanija Until 6:57PM Chaturthi* Until 8:05AM Tue	Moon – Orange Kartika•Aipasi				
Creative Work	Siddha Yoga								
4		Tuesday, October 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 190 Hemalamba 5119	
Vrischika Rasi: 23.42	Tithi 4 – 5	Gulika Yama	11:50AM – 1:17PM 8:55AM – 10:22AM	Jyeshtha* Until 6:32PM Sobhana Until 5:46PM	Ganesh: Purple Muruga: Blue Nataraja: Clear	Sunrise: 6:00AM Sunset: 5:39PM	Moon 10 - Phase 26 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Routine Work	Marana Yoga	672192364	Rahu 2:45PM – 4:12PM	Bava Until 9:20PM Chaturthi* Until 8:05AM	Moon – Orange Kartika•Aipasi				
Until 6:32PM									
Then Creative Work - Amrita Yoga									
5		Wednesday, October 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar Sun 19 Sutra 191 Hemalamba 5119	
Dhanus Rasi: 5.34	Tithi 5 – 6	Gulika Yama	10:22AM – 11:50AM 7:28AM – 8:55AM	Mula* Until 9:45PM Athiganda* Until 6:41PM	Ganesh: Purple Muruga: Blue Nataraja: Clear	Sunrise: 6:01AM Sunset: 5:39PM	Moon 10 - Phase 26 3rd Phase	Sivaloka Day	
Routine Work	Marana Yoga	683192364	Rahu 11:50AM – 1:17PM	Kaulava Until 11:56PM Panchami Until 10:36AM	Moon – Light Blue Kartika•Aipasi				
Until 9:45PM									
Then Creative Work - Amrita Yoga									
6		Thursday, October 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 192 Hemalamba 5119	
Dhanus Rasi: 17.23	Tithi 6 – 7	Gulika Yama	8:55AM – 10:22AM 6:01AM – 7:28AM	Purvashadha* Until 12:48AM Fri Sukarma Until 7:39PM	Ganesh: Purple Muruga: White Nataraja: Clear	Sunrise: 6:01AM Sunset: 5:38PM	Moon 10 - Phase 26 3rd Phase	Sivaloka Day	
Creative Work	Siddha Yoga	683112364	Rahu 1:17PM – 2:44PM	Gara Until 2:31AM Fri Shashthi* Until 1:13PM	Moon – Light Blue Kartika•Aipasi				
Until 12:48AM Fri									
Then Routine Work - Marana Yoga									
Retreat Star		Friday, October 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 193 Hemalamba 5119	
Dhanus Rasi: 29.13	Tithi 7 – 8	Gulika Yama	7:28AM – 8:55AM 2:44PM – 4:11PM	Uttarashadha Until 3:29AM Sat Dhriti Until 8:30PM	Ganesh: Purple Muruga: White Nataraja: Clear	Sunrise: 6:01AM Sunset: 5:38PM	Moon 10 - Phase 26 3rd Phase	Sivaloka Day	
Routine Work	Marana Yoga	683112364	Rahu 10:22AM – 11:49AM	Visti Until 4:52AM Sat Saptami Until 3:43PM	Moon – Light Blue Kartika•Aipasi				
Until 3:29AM Sat									
Then Creative Work - Siddha Yoga									
Retreat Star		Saturday, October 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 194 Hemalamba 5119	
Makara Rasi: 11.1	Tithi 8 – 9	Gulika Yama	6:01AM – 7:28AM 1:16PM – 2:43PM	Shravana Until 6:02AM Sun Shula* Until 9:00PM	Ganesh: Clear Muruga: White Nataraja: Clear	Sunrise: 6:01AM Sunset: 5:37PM	Moon 10 - Phase 26 Ashtami	Devaloka Day	
Creative Work	Siddha Yoga	693112364	Rahu 8:55AM – 10:22AM	Balava Until 6:43AM Sun Ashtami* Until 5:50PM	Moon – Purple Kartika•Aipasi				
Until 6:02AM Sun									
Then Routine Work - Marana Yoga									
Retreat Star		Sunday, October 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 23 Sutra 195 Hemalamba 5119	
Makara Rasi: 23.19	Tithi 9	Gulika Yama	2:43PM – 4:10PM 11:49AM – 1:16PM	Shravana Until 6:02AM Ganda* Until 9:02PM	Ganesh: Clear Muruga: White Nataraja: Clear	Sunrise: 6:02AM Sunset: 5:37PM	Moon 10 - Phase 26 Navami	Devaloka Day	
Creative Work	Amrita Yoga	693112364	Rahu 4:10PM – 5:37PM	Balava Until 6:43AM Navami* Until 7:22PM	Moon – Purple Kartika•Aipasi				
Until 6:02AM									
Then Routine Work - Marana Yoga									


As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


1		Monday, October 30, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi Yoga Tailila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 24 Sutra 196 Hemalamba 5119	
Kumbha Rasi: 5.44	Tithi 10	Gulika	1:16PM – 2:43PM	Dhanishtha Until 7:44AM	Ganesh: Clear	<i>Sunrise:</i> 6:02AM			
Family Home Evening	693112364	Yama	10:22AM – 11:49AM	Vriddhi Until 8:29PM	Muruga: White	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 27		
Creative Work	Siddha Yoga	Rahu	7:29AM – 8:56AM	Tailila Until 7:51AM	Nataraja: Clear			4th Phase	
				Dashami Until 8:06PM	Moon – Purple			Devaloka Day	
					Kartika•Aipasi				

2		Tuesday, October 31, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 25 Sutra 197 Hemalamba 5119	
Kumbha Rasi: 18.33	Tithi 11	Gulika	11:49AM – 1:16PM	Shatabhishak Until 8:29AM	Ganesh: Clear	<i>Sunrise:</i> 6:02AM			
	693112364	Yama	8:56AM – 10:22AM	Dhruva Until 7:13PM	Muruga: White	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 27		
Routine Work	Marana Yoga	Rahu	2:42PM – 4:09PM	Vanija Until 8:10AM	Nataraja: Clear			4th Phase	
				Ekadashi Until 7:58PM	Moon – Purple			Devaloka Day	
					Kartika•Aipasi				

3		Wednesday, November 1, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 26 Sutra 198 Hemalamba 5119	
Meena Rasi: 1.49	Tithi 12	Gulika	10:23AM – 11:49AM	Purvaproshtapada* Until 8:41AM	Ganesh: Yellow	<i>Sunrise:</i> 6:03AM			
	613112364	Yama	7:29AM – 8:56AM	Vyaghata* Until 5:18PM	Muruga: White	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 27		
Creative Work	Amrita Yoga	Rahu	11:49AM – 1:16PM	Bava Until 7:36AM	Nataraja: Clear			4th Phase	
Until 8:41AM						Moon – Clear			
Then Creative Work - Siddha Yoga						Kartika•Aipasi			
				Dvadashi Until 6:59PM			Devaloka Day		

4		Thursday, November 2, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 199 Hemalamba 5119	
Meena Rasi: 15.32	Tithi 13 – 14	Gulika	8:56AM – 10:23AM	Uttaraproshtapada Until 7:56AM	Ganesh: Yellow	<i>Sunrise:</i> 6:03AM			
	613112364	Yama	6:03AM – 7:30AM	Harshana Until 2:46PM	Muruga: White	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 27		
Creative Work	Siddha Yoga	Rahu	1:16PM – 2:42PM	Kaulava Until 6:12AM	Nataraja: Clear			4th Phase	
				Trayodashi Until 5:13PM	Moon – Clear			Devaloka Day	
					Kartika•Aipasi				
							<i>Pradosha Vrata</i>		

		Friday, November 3, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sutra 200 Hemalamba 5119	
Copper Retreat Star		Gulika	7:30AM – 8:56AM	Revati Until 6:21AM	Ganesh: Yellow	<i>Sunrise:</i> 6:04AM			
Meena Rasi: 29.41	Tithi 14 – 15	Yama	2:42PM – 4:08PM	Vajra* Until 11:41AM	Muruga: White	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 27		
	613112364	Rahu	10:23AM – 11:49AM	Visti Until 1:26AM Sat	Nataraja: Clear			Purnima	
Creative Work	Siddha Yoga					Moon – Clear			
Until 6:21AM						Kartika•Aipasi			
Then Creative Work - Amrita Yoga								Devaloka Day	

		Saturday, November 4, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 201 Hemalamba 5119	
Silver Retreat Star		Gulika	6:04AM – 7:30AM	Bharani Until 2:08AM Sun	Ganesh: White	<i>Sunrise:</i> 6:04AM			
Mesha Rasi: 14.14	Tithi 15 – 16	Yama	1:15PM – 2:42PM	Siddhi Until 8:12AM	Muruga: White	<i>Sunset:</i> 5:34PM	Moon 10 - Phase 27		
	623112364	Rahu	8:57AM – 10:23AM	Balava Until 10:23PM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga					Moon – White			
				Purnima* Until 11:56AM	Kartika•Aipasi			Sivaloka Day	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 202

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mesha Rasi: 29.03 Tihi 16 - 17

633112364

Gulika 2:41PM - 4:08PM
Yama 11:49AM - 1:15PM
Rahu 4:08PM - 5:34PM

Krittika **Until 11:27PM**
Variyan **Until 12:31AM Mon**
Taitila **Until 7:05PM**
Prathama* Until 8:44AM

Ganesha: White *Sunrise:* 6:04AM
Muruga: White *Sunset:* 5:34PM
Nataraja: Clear
Moon - White
Karttika•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Monday, November 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 203

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 13.59 Tihi 18

633112364

Gulika 1:15PM - 2:41PM
Yama 10:23AM - 11:49AM
Rahu 7:31AM - 8:57AM

Rohini **Until 9:00PM**
Parigha* **Until 8:35PM**
Vanija **Until 3:45PM**
Tritiya **Until 2:05AM Tue**

Ganesha: Clear *Sunrise:* 6:05AM
Muruga: White *Sunset:* 5:33PM
Nataraja: Clear
Moon - Yellow
Karttika•Aipasi

Devaloka Day

Creative Work Amrita Yoga

2

Tuesday, November 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 204

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 28.54 Tihi 19

733112364

Gulika 11:49AM - 1:15PM
Yama 8:57AM - 10:23AM
Rahu 2:41PM - 4:07PM

Mrigashira **Until 6:33PM**
Shiva **Until 4:47PM**
Bava **Until 12:30PM**
Chaturthi* Until 10:56PM

Ganesha: White *Sunrise:* 6:05AM
Muruga: White *Sunset:* 5:33PM
Nataraja: Clear
Moon - Yellow
Karttika•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 6:33PM

Then Routine Work - Marana Yoga

3

Wednesday, November 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 205

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 13.4 Tihi 20

734112364

Gulika 10:23AM - 11:49AM
Yama 7:32AM - 8:57AM
Rahu 11:49AM - 1:15PM

Ardra **Until 4:15PM**
Siddha **Until 1:10PM**
Kaulava **Until 9:29AM**
Panchami **Until 8:06PM**

Ganesha: Clear *Sunrise:* 6:06AM
Muruga: White *Sunset:* 5:33PM
Nataraja: Clear
Moon - Yellow
Karttika•Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Thursday, November 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 4 Sutra 206

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 28.11 Tihi 21 - 22

744112364

Gulika 8:58AM - 10:24AM
Yama 6:06AM - 7:32AM
Rahu 1:15PM - 2:41PM

Punarvasu **Until 2:38PM**
Sadhya **Until 9:53AM**
Gara **Until 6:51AM**
Shashthi* Until 5:42PM

Ganesha: Purple *Sunrise:* 6:06AM
Muruga: White *Sunset:* 5:33PM
Nataraja: Clear
Moon - Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

5

Friday, November 10, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar

Sun 5 Sutra 207

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Kataka Rasi: 12.22 Tihi 22 - 23

744112364

Gulika 7:32AM - 8:58AM
Yama 2:41PM - 4:07PM
Rahu 10:24AM - 11:49AM

Pushya **Until 1:22PM**
Subha **Until 7:01AM**
Balava **Until 3:04AM Sat**
Saptami **Until 3:48PM**

Ganesha: Purple *Sunrise:* 6:07AM
Muruga: White *Sunset:* 5:32PM
Nataraja: Clear
Moon - Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

D

Saturday, November 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 6 Sutra 208

Hemalamba 5119

Moon 11 - Phase 28

Ashtami

Kataka Rasi: 26.13 Tihi 23 - 24

744112364

Gulika 6:07AM - 7:33AM
Yama 1:15PM - 2:41PM
Rahu 8:58AM - 10:24AM

Ashlesha* Until 12:30PM
Brahma **Until 2:31AM Sun**
Taitila **Until 2:00AM Sun**
Ashtami* Until 2:27PM

Ganesha: Purple *Sunrise:* 6:07AM
Muruga: White *Sunset:* 5:32PM
Nataraja: Clear
Moon - Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 12:30PM

Then Creative Work - Amrita Yoga

Sunday, November 12, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar

Sun 7 Sutra 209

Hemalamba 5119

Moon 11 - Phase 28

Navami

Simha Rasi: 9.44 Tihi 24 - 25

754112364

Gulika 2:41PM - 4:06PM
Yama 11:50AM - 1:15PM
Rahu 4:06PM - 5:32PM

Magha* Until 12:28PM
Indra **Until 12:57AM Mon**
Vanija **Until 1:29AM Mon**
Navami* Until 1:39PM

Ganesha: Clear *Sunrise:* 6:07AM
Muruga: White *Sunset:* 5:32PM
Nataraja: Clear
Moon - Red
Karttika•Aipasi

Devaloka Day

Routine Work Marana Yoga

Until 12:28PM

Then Creative Work - Siddha Yoga

1		Monday, November 13, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 8 Sutra 210 Hemalamba 5119	
Simha Rasi: 22.58	Tithi 25 – 26	Gulika	1:15PM – 2:41PM	Purvaphalguni Until 12:47PM	Ganesh: Clear	<i>Sunrise:</i> 6:08AM			
Family Home Evening	754112364	Yama	10:24AM – 11:50AM	Vaidhriti* Until 11:43PM	Muruga: White	<i>Sunset:</i> 5:32PM		Moon 11 - Phase 29	2nd Phase
Creative Work	Siddha Yoga	Rahu	7:33AM – 8:59AM	Bava Until 1:27AM Tue	Nataraja: Clear				
				Dashami Until 1:23PM	Moon – Red			Devaloka Day	
					Karttika•Aipasi				

2		Tuesday, November 14, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 9 Sutra 211 Hemalamba 5119	
Kanya Rasi: 5.56	Tithi 26 – 27	Gulika	11:50AM – 1:15PM	Uttaraphalguni Until 1:25PM	Ganesh: Clear	<i>Sunrise:</i> 6:08AM			
	754112364	Yama	8:59AM – 10:25AM	Vishkamba* Until 10:52PM	Muruga: White	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29	2nd Phase
Creative Work	Amrita Yoga	Rahu	2:41PM – 4:06PM	Kaulava Until 1:51AM Wed	Nataraja: Clear				
Until 1:25PM				Ekadashi* Until 1:35PM	Moon – Red			Devaloka Day	
Then Creative Work - Siddha Yoga					Karttika•Aipasi				

3		Wednesday, November 15, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 10 Sutra 212 Hemalamba 5119	
Kanya Rasi: 18.43	Tithi 27 – 28	Gulika	10:25AM – 11:50AM	Hasta Until 2:45PM	Ganesh: White	<i>Sunrise:</i> 6:09AM			
	754112364	Yama	7:34AM – 8:59AM	Priti Until 10:19PM	Muruga: White	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29	2nd Phase
Routine Work	Marana Yoga	Rahu	11:50AM – 1:15PM	Gara Until 2:40AM Thu	Nataraja: Clear				
Until 2:45PM				Dvadashi* Until 2:11PM	Moon – Green			Bhuloka Day	
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi		<i>Pradosha Vrata (Fasting)</i>	Karttika•Aipasi			Devaloka Time: 6:PM to 9:PM	

4		Thursday, November 16, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 11 Sutra 213 Hemalamba 5119	
Tula Rasi: 1.18	Tithi 28 – 29	Gulika	9:00AM – 10:25AM	Chitra Until 4:18PM	Ganesh: White	<i>Sunrise:</i> 6:09AM			
	754112364	Yama	6:09AM – 7:35AM	Ayushman Until 10:01PM	Muruga: White	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29	2nd Phase
Creative Work	Siddha Yoga	Rahu	1:15PM – 2:41PM	Visti Until 3:50AM Fri	Nataraja: Clear				
Until 4:18PM				Trayodashi* Until 3:11PM	Moon – Green			Bhuloka Day	
Then Creative Work - Amrita Yoga					Karttika•Karttikai			Devaloka Time: 6:PM to 9:PM	

5		Friday, November 17, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 12 Sutra 214 Hemalamba 5119	
Tula Rasi: 13.44	Tithi 29 – 30	Gulika	7:35AM – 9:00AM	Svati Until 6:01PM	Ganesh: Clear	<i>Sunrise:</i> 6:10AM			
	754212365	Yama	2:41PM – 4:06PM	Saubhagya Until 10:00PM	Muruga: White	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29	2nd Phase
Creative Work	Siddha Yoga	Rahu	10:25AM – 11:50AM	Catuspada Until 5:21AM Sat	Nataraja: White				
				Chaturdashi* Until 4:31PM	Moon – Green			Bhuloka Day	
					Karttika•Karttikai			Devaloka Time: 9:AM to 12:PM	

Retreat Star		Saturday, November 18, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Naga* Karana Amavasyayam Titau		Yangon, Myanmar Sun 13 Sutra 215 Hemalamba 5119	
Tula Rasi: 26.01	Tithi 30	Gulika	6:10AM – 7:35AM	Vishakha Until 8:23PM	Ganesh: Orange	<i>Sunrise:</i> 6:10AM			
	774212365	Yama	1:16PM – 2:41PM	Sobhana Until 10:16PM	Muruga: White	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29	Amavasya
Creative Work	Siddha Yoga	Rahu	9:01AM – 10:26AM	Naga Until 6:13PM	Nataraja: White				
				Amavasya* Until 6:13PM	Moon – Orange			Bhuloka Day	
					Karttika•Karttikai			Devaloka Time: 9:AM to 12:PM	

Retreat Star		Sunday, November 19, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau		Yangon, Myanmar Sun 14 Sutra 216 Hemalamba 5119	
Vrischika Rasi: 8.1	Tithi 1	Gulika	2:41PM – 4:06PM	Anuradha Until 10:55PM	Ganesh: Orange	<i>Sunrise:</i> 6:11AM			
	774212365	Yama	11:51AM – 1:16PM	Athiganda* Until 10:44PM	Muruga: White	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29	Prathama
Routine Work	Marana Yoga	Rahu	4:06PM – 5:31PM	Kintughna Until 7:12AM	Nataraja: White				
				Prathama* Until 8:14PM	Moon – Orange			Bhuloka Day	
					Margasira•Karttikai			Devaloka Time: 9:AM to 12:PM	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Monday, November 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Tilau		Yangon, Myanmar Sun 15 Sutra 217 Hemalamba 5119	
Vrischika Rasi: 20.11	Tithi 2	Gulika	1:16PM – 2:41PM	Jyeshtha* Until 1:34AM Tue	Ganesh: Orange <i>Sunrise: 6:11AM</i>	Muruga: White <i>Sunset: 5:31PM</i>	Moon 11 - Phase 30
Family Home Evening	774212365	Rahu	7:36AM – 9:01AM	Sukarma Until 11:27PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga			Balava Until 9:23AM	Moon – Orange	Bhuloka Day	
Until 1:34AM Tue				Dvitiya Until 10:34PM	Margasira-Karttikai	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

2		Tuesday, November 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Tailila/Gara Karana Tritiyayam Tilau		Yangon, Myanmar Sun 16 Sutra 218 Hemalamba 5119	
Dhanus Rasi: 2.05	Tithi 3	Gulika	11:51AM – 1:16PM	Mula* Until 4:47AM Wed	Ganesh: White <i>Sunrise: 6:12AM</i>	Muruga: White <i>Sunset: 5:31PM</i>	Moon 11 - Phase 30
	785212365	Rahu	2:41PM – 4:06PM	Dhriti Until 12:22AM Wed	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga			Tailila Until 11:52AM	Moon – Light Blue	Bhuloka Day	
				Tritiya Until 1:10AM Wed	Margasira-Karttikai		

3		Wednesday, November 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Tilau		Yangon, Myanmar Sun 17 Sutra 219 Hemalamba 5119	
Dhanus Rasi: 13.55	Tithi 4	Gulika	10:27AM – 11:52AM	Purvashadha* Until 7:56AM Thu	Ganesh: White <i>Sunrise: 6:13AM</i>	Muruga: White <i>Sunset: 5:31PM</i>	Moon 11 - Phase 30
	785212365	Rahu	11:52AM – 1:16PM	Shula* Until 1:21AM Thu	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga			Vanija Until 2:32PM	Moon – Light Blue	Bhuloka Day	
Until 7:56AM Thu				Chaturthi* Until 3:53AM Thu	Margasira-Karttikai		
Then Routine Work - Marana Yoga							

4		Thursday, November 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Tilau		Yangon, Myanmar Sun 18 Sutra 220 Hemalamba 5119	
Dhanus Rasi: 25.42	Tithi 5	Gulika	9:02AM – 10:27AM	Purvashadha* Until 7:56AM	Ganesh: White <i>Sunrise: 6:13AM</i>	Muruga: White <i>Sunset: 5:31PM</i>	Moon 11 - Phase 30
	785212365	Rahu	1:16PM – 2:41PM	Ganda* Until 2:20AM Fri	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga			Bava Until 5:15PM	Moon – Light Blue	Bhuloka Day	
Until 7:56AM				Panchami Until 6:33AM Fri	Margasira-Karttikai		
Then Routine Work - Marana Yoga							

5		Friday, November 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Tilau		Yangon, Myanmar Sun 19 Sutra 221 Hemalamba 5119	
Makara Rasi: 7.31	Tithi 5 – 6	Gulika	7:38AM – 10:03AM	Uttarashadha Until 10:51AM	Ganesh: White <i>Sunrise: 6:14AM</i>	Muruga: White <i>Sunset: 5:31PM</i>	Moon 11 - Phase 30
	785212365	Rahu	10:27AM – 11:52AM	Vriddhi Until 3:10AM Sat	Nataraja: White		3rd Phase
Routine Work	Marana Yoga			Kaulava Until 7:50PM	Moon – Light Blue	Bhuloka Day	
				Panchami Until 6:33AM	Margasira-Karttikai		

6		Saturday, November 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Tailila/Gara Karana Shashthi/Saptamyam Tilau		Yangon, Myanmar Sun 20 Sutra 222 Hemalamba 5119	
Makara Rasi: 19.25	Tithi 6 – 7	Gulika	6:14AM – 7:39AM	Shravana Until 1:49PM	Ganesh: Clear <i>Sunrise: 6:14AM</i>	Muruga: White <i>Sunset: 5:31PM</i>	Moon 11 - Phase 30
	795212365	Rahu	9:03AM – 10:28AM	Dhruva Until 3:38AM Sun	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga			Gara Until 10:02PM	Moon – Purple	Bhuloka Day	
				Shashthi* Until 8:58AM	Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM	

Retreat Star		Sunday, November 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Tilau		Yangon, Myanmar Sun 21 Sutra 223 Hemalamba 5119	
Kumbha Rasi: 1.3	Tithi 7 – 8	Gulika	2:42PM – 4:06PM	Dhanishtha Until 4:05PM	Ganesh: Clear <i>Sunrise: 6:15AM</i>	Muruga: White <i>Sunset: 5:31PM</i>	Moon 11 - Phase 30
	795212365	Rahu	4:06PM – 5:31PM	Vyaghata* Until 3:37AM Mon	Nataraja: White		Ashtami
Routine Work	Marana Yoga			Visti Until 11:37PM	Moon – Purple	Bhuloka Day	
Until 4:05PM				Saptami Until 10:54AM	Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, November 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadha* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Tilau		Yangon, Myanmar Sun 22 Sutra 224 Hemalamba 5119	
Kumbha Rasi: 13.52	Tithi 8 – 9	Gulika	1:17PM – 2:42PM	Shatabhishak Until 5:30PM	Ganesh: Clear <i>Sunrise: 6:15AM</i>	Muruga: White <i>Sunset: 5:31PM</i>	Moon 11 - Phase 30
Family Home Evening	795212365	Rahu	7:40AM – 9:04AM	Harshana Until 3:00AM Tue	Nataraja: White		Navami
Creative Work	Siddha Yoga			Balava Until 12:24AM Tue	Moon – Purple	Bhuloka Day	
Until 5:30PM				Ashtami* Until 12:06PM	Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1 Tuesday, November 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuklayam Purvaproshtapada* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 225 Hemalamba 5119
Kumbha Rasi: 26.35	Tithi 9 – 10	Gulika 11:53AM – 1:18PM	Purvaproshtapada* Until 6:22PM	Ganesh: Yellow <i>Sunrise:</i> 6:16AM		
		Yama 9:05AM – 10:29AM	Vajra* Until 1:39AM Wed	Muruga: White <i>Sunset:</i> 5:31PM		Moon 11 - Phase 31
		715212365 Rahu 2:42PM – 4:06PM	Taitila Until 12:18AM Wed	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Navami* Until 12:27PM	Moon – Clear	Bhuloka Day	
Until 6:22PM				Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga						

2 Wednesday, November 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuklayam Uttaraproshtapada Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 226 Hemalamba 5119
Meena Rasi: 9.46	Tithi 10 – 11	Gulika 10:29AM – 11:54AM	Uttaraproshtapada Until 6:12PM	Ganesh: Yellow <i>Sunrise:</i> 6:16AM		
		Yama 7:41AM – 9:05AM	Siddhi Until 11:36PM	Muruga: White <i>Sunset:</i> 5:31PM		Moon 11 - Phase 31
		715212365 Rahu 11:54AM – 1:18PM	Vanija Until 11:16PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:52AM	Moon – Clear	Bhuloka Day	
Until 6:12PM		Gita Jayanthi		Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

3 Thursday, November 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuklayam Revati/Ashvini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 227 Hemalamba 5119
Meena Rasi: 23.26	Tithi 11 – 12	Gulika 9:06AM – 10:30AM	Revati Until 5:02PM	Ganesh: White <i>Sunrise:</i> 6:17AM		
		Yama 6:17AM – 7:41AM	Vyatipata* Until 8:54PM	Muruga: White <i>Sunset:</i> 5:31PM		Moon 11 - Phase 31
		716212365 Rahu 1:18PM – 2:43PM	Bava Until 9:25PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:25AM	Moon – Clear	Devaloka Day	
Until 5:02PM				Margasira•Karttikai		
Then Creative Work - Amrita Yoga						

4 Friday, December 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuklayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 228 Hemalamba 5119
Mesha Rasi: 7.37	Tithi 12 – 13	Gulika 7:42AM – 9:06AM	Ashvini Until 3:26PM	Ganesh: Clear <i>Sunrise:</i> 6:18AM		
		Yama 2:43PM – 4:07PM	Variyan Until 5:36PM	Muruga: White <i>Sunset:</i> 5:31PM		Moon 11 - Phase 31
		726212365 Rahu 10:30AM – 11:54AM	Kaulava Until 6:51PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 8:12AM	Moon – White	Bhuloka Day	
Until 3:26PM			<i>Pradosha Vrata</i>	Margasira•Karttikai	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

5 Saturday, December 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuklayam Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 229 Hemalamba 5119
Mesha Rasi: 22.15	Tithi 14	Gulika 6:18AM – 7:42AM	Bharani Until 1:07PM	Ganesh: Clear <i>Sunrise:</i> 6:18AM		
		Yama 1:19PM – 2:43PM	Parigha* Until 1:51PM	Muruga: White <i>Sunset:</i> 5:31PM		Moon 11 - Phase 31
		726212365 Rahu 9:07AM – 10:31AM	Gara Until 3:44PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:00AM Sun	Moon – White	Bhuloka Day	
Until 1:07PM		Krittika Deepam		Margasira•Karttikai	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga						

○ Sunday, December 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuklayam Krittika/Rohini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 230 Hemalamba 5119
Copper Retreat Star		Gulika 2:43PM – 4:07PM	Krittika Until 10:15AM	Ganesh: Clear <i>Sunrise:</i> 6:19AM		
Vrishabha Rasi: 7.13	Tithi 15	Yama 11:55AM – 1:19PM	Shiva Until 9:48AM	Muruga: White <i>Sunset:</i> 5:32PM		Moon 11 - Phase 31
		726212365 Rahu 4:07PM – 5:32PM	Visti Until 12:13PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 10:22PM	Moon – White	Bhuloka Day	
				Margasira•Karttikai	Devaloka Time: 9:AM to 12:PM	

Monday, December 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuklayam Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 231 Hemalamba 5119
Silver Retreat Star		Gulika 1:20PM – 2:44PM	Rohini Until 7:26AM	Ganesh: Purple <i>Sunrise:</i> 6:19AM		
Vrishabha Rasi: 22.25	Tithi 16	Yama 10:32AM – 11:56AM	Sadhya Until 1:12AM Tue	Muruga: White <i>Sunset:</i> 5:32PM		Moon 11 - Phase 31
Family Home Evening		736212365 Rahu 7:43AM – 9:07AM	Balava Until 8:30AM	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:36PM	Moon – Yellow	Devaloka Day	
				Margasira•Karttikai		
		Vinayaga Viratam Begins				

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 232

Hemalamba 5119

Moon 12 - Phase 32
1st Phase

Mithuna Rasi: 7.39 Tihi 17 - 18
736212365

Gulika 11:56AM - 1:20PM
Yama 9:08AM - 10:32AM
Rahu 2:44PM - 4:08PM

Ardra Until 1:26AM Wed
Subha Until 9:00PM
Vanija Until 1:09AM Wed
Dvitiya Until 2:55PM

Ganesha: Purple *Sunrise:* 6:20AM
Muruga: White *Sunset:* 5:32PM
Nataraja: White
Moon - Yellow
Margasira-Karttikai

Devaloka Day

Routine Work Marana Yoga
Until 1:26AM Wed
Then Creative Work - Siddha Yoga

Wednesday, December 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Yangon, Myanmar
Sun 2 Sutra 233

Hemalamba 5119

Moon 12 - Phase 32
1st Phase

Mithuna Rasi: 22.46 Tihi 18 - 19
746212365

Gulika 10:32AM - 11:56AM
Yama 7:45AM - 9:08AM
Rahu 11:56AM - 1:20PM

Punarvasu Until 11:01PM
Sukla Until 4:59PM
Bava Until 9:51PM
Tritiya Until 11:26AM

Ganesha: Clear *Sunrise:* 6:21AM
Muruga: White *Sunset:* 5:32PM
Nataraja: White
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Thursday, December 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 234

Hemalamba 5119

Moon 12 - Phase 32
1st Phase

Kataka Rasi: 8 Tihi 19 - 20
746212365

Gulika 9:09AM - 10:33AM
Yama 6:21AM - 7:45AM
Rahu 1:21PM - 2:45PM

Pushya Until 8:56PM
Brahma Until 1:20PM
Kaulava Until 7:00PM
Chaturthi* Until 8:20AM

Ganesha: Clear *Sunrise:* 6:21AM
Muruga: White *Sunset:* 5:32PM
Nataraja: White
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 8:56PM
Then Creative Work - Siddha Yoga

Friday, December 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashtyam Titau

Yangon, Myanmar
Sun 4 Sutra 235

Hemalamba 5119

Moon 12 - Phase 32
1st Phase

Kataka Rasi: 22.05 Tihi 21
747212365

Gulika 7:46AM - 9:10AM
Yama 2:45PM - 4:09PM
Rahu 10:33AM - 11:57AM

Ashlesha* Until 7:17PM
Indra Until 10:08AM
Gara Until 4:44PM
Shashti* Until 3:50AM Sat

Ganesha: White *Sunrise:* 6:22AM
Muruga: White *Sunset:* 5:33PM
Nataraja: White
Moon - Blue
Margasira-Karttikai

Bhuloka Day

Routine Work Marana Yoga

Saturday, December 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 236

Hemalamba 5119

Moon 12 - Phase 32
1st Phase

Simha Rasi: 6.07 Tihi 22
757212365

Gulika 6:22AM - 7:46AM
Yama 1:22PM - 2:45PM
Rahu 9:10AM - 10:34AM

Magha* Until 6:36PM
Vaidhriti* Until 7:26AM
Visti Until 3:09PM
Saptami Until 2:36AM Sun

Ganesha: Yellow *Sunrise:* 6:22AM
Muruga: White *Sunset:* 5:33PM
Nataraja: White
Moon - Red
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 6:36PM
Then Creative Work - Siddha Yoga

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 237

Hemalamba 5119

Moon 12 - Phase 32
Ashtami

Simha Rasi: 19.44 Tihi 23
757212365

Gulika 2:46PM - 4:10PM
Yama 11:58AM - 1:22PM
Rahu 4:10PM - 5:33PM

Purvaphalguni Until 6:29PM
Priti Until 3:47AM Mon
Balava Until 2:17PM
Ashtami* Until 2:06AM Mon

Ganesha: Yellow *Sunrise:* 6:23AM
Muruga: White *Sunset:* 5:33PM
Nataraja: White
Moon - Red
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 6:29PM
Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 238

Hemalamba 5119

Moon 12 - Phase 32
Navami

Kanya Rasi: 2.57 Tihi 24
757212365

Gulika 1:22PM - 2:46PM
Yama 10:35AM - 11:59AM
Rahu 7:47AM - 9:11AM

Uttaraphalguni Until 6:54PM
Ayushman Until 2:46AM Tue
Taitila Until 2:08PM
Navami* Until 2:18AM Tue

Ganesha: Yellow *Sunrise:* 6:23AM
Muruga: White *Sunset:* 5:34PM
Nataraja: White
Moon - Red
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Family Home Evening
Creative Work Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

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1	Tuesday, December 12, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam				Yangon, Myanmar
			Hasta Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 239
	Kanya Rasi: 15.49	Tithi 25	Gulika	11:59AM – 1:23PM	Hasta Until 8:14PM	Ganesha: Yellow	Sunrise: 6:24AM
			Yama	9:12AM – 10:35AM	Saubhagya Until 2:13AM Wed	Muruga: White	Sunset: 5:34PM
		767312365	Rahu	2:47PM – 4:10PM	Nataraja: White	Moon 12 - Phase 33	
Creative Work	Siddha Yoga					Moon – Green	Bhuloka Day
				Dashami Until 3:07AM Wed	Margasira-Karttikai	Devaloka Time: 9:AM to 12:PM	

2	Wednesday, December 13, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam				Yangon, Myanmar
			Chitra Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 240
	Kanya Rasi: 28.25	Tithi 26	Gulika	10:36AM – 12:00PM	Chitra Until 9:57PM	Ganesha: Yellow	Sunrise: 6:25AM
			Yama	7:48AM – 9:12AM	Sobhana Until 2:04AM Thu	Muruga: White	Sunset: 5:34PM
		767312365	Rahu	12:00PM – 1:23PM	Nataraja: White	Moon 12 - Phase 33	
Creative Work	Siddha Yoga					Moon – Green	Bhuloka Day
				Ekadashi* Until 4:25AM Thu	Margasira-Karttikai	Devaloka Time: 9:AM to 12:PM	

3	Thursday, December 14, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam				Yangon, Myanmar
			Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 241
	Tula Rasi: 10.47	Tithi 27	Gulika	9:13AM – 10:36AM	Svati Until 11:54PM	Ganesha: Blue	Sunrise: 6:25AM
			Yama	6:25AM – 7:49AM	Athiganda* Until 2:12AM Fri	Muruga: White	Sunset: 5:35PM
		768312365	Rahu	1:24PM – 2:47PM	Nataraja: White	Moon 12 - Phase 33	
Creative Work	Amrita Yoga					Moon – Green	Bhuloka Day
Until 11:54PM						Margasira-Karttikai	
Then Creative Work - Siddha Yoga							

4	Friday, December 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam				Yangon, Myanmar
			Vishakha Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 242
	Tula Rasi: 23	Tithi 27 – 28	Gulika	7:49AM – 9:13AM	Vishakha Until 2:29AM Sat	Ganesha: Blue	Sunrise: 6:26AM
			Yama	2:48PM – 4:12PM	Sukarma Until 2:36AM Sat	Muruga: White	Sunset: 5:35PM
		778312365	Rahu	10:37AM – 12:00PM	Nataraja: White	Moon 12 - Phase 33	
Creative Work	Siddha Yoga					Moon – Orange	Bhuloka Day
				Dvadashi* Until 6:09AM	Margasira-Karttikai		
				<i>Pradosha Vrata (Fasting)</i>			

5	Saturday, December 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Yangon, Myanmar
			Anuradha Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 243
	Vrishchika Rasi: 5.05	Tithi 28 – 29	Gulika	6:26AM – 7:50AM	Anuradha Until 5:10AM Sun	Ganesha: Blue	Sunrise: 6:26AM
			Yama	1:25PM – 2:48PM	Dhriti Until 3:12AM Sun	Muruga: White	Sunset: 5:36PM
		878312365	Rahu	9:14AM – 10:37AM	Nataraja: White	Moon 12 - Phase 33	
Creative Work	Siddha Yoga					Moon – Orange	Bhuloka Day
Until 5:10AM Sun		Markali Pillaiyar				Margasira-Markali	
Then Routine Work - Marana Yoga							

●	Sunday, December 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Yangon, Myanmar
	Retreat Star		Jyeshtha* Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 244
	Vrishchika Rasi: 17.04	Tithi 29 – 30	Gulika	2:49PM – 4:12PM	Jyeshtha* Until 7:53AM Mon	Ganesha: Blue	Sunrise: 6:27AM
			Yama	12:01PM – 1:25PM	Shula* Until 3:56AM Mon	Muruga: White	Sunset: 5:36PM
		878312365	Rahu	4:12PM – 5:36PM	Nataraja: White	Moon 12 - Phase 33	
Routine Work	Marana Yoga					Moon – Orange	Bhuloka Day
Until 7:53AM Mon		Hanumath Jayanthi (Tamil Nadu)				Margasira-Markali	
Then Creative Work - Siddha Yoga							

●	Monday, December 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Yangon, Myanmar
	Retreat Star		Jyeshtha*/Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 245
	Vrishchika Rasi: 28.58	Tithi 30 – 1	Gulika	1:26PM – 2:49PM	Jyeshtha* Until 7:53AM	Ganesha: Blue	Sunrise: 6:27AM
			Yama	10:38AM – 12:02PM	Ganda* Until 4:48AM Tue	Muruga: White	Sunset: 5:37PM
Family Home Evening		878312365	Rahu	7:51AM – 9:15AM	Nataraja: White	Moon 12 - Phase 33	
Creative Work	Siddha Yoga					Moon – Orange	Bhuloka Day
				Amavasya* Until 12:58PM	Pausha-Markali		

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1		Tuesday, December 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Yangon, Myanmar Sun 15 Sutra 246 Hemalamba 5119
Dhanus Rasi: 10.49	Tithi 1 – 2	Gulika Yama 888312365	12:02PM – 1:26PM 9:15AM – 10:39AM Rahu 2:50PM – 4:13PM	Mula* Until 11:05AM Vriddhi Until 5:46AM Wed Balava Until 4:58AM Wed Prathama* Until 3:36PM	Ganesha: Blue Muruga: White Nataraja: White Moon – Light Blue Pausha-Markali	Sunrise: 6:28AM Sunset: 5:37PM	Moon 12 - Phase 34 3rd Phase Bhuloka Day
Creative Work Amrita Yoga Until 11:05AM Then Creative Work - Siddha Yoga							

2		Wednesday, December 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Kaulava Karana Dvitiyayam Titau			Yangon, Myanmar Sun 16 Sutra 247 Hemalamba 5119
Dhanus Rasi: 22.37	Tithi 2	Gulika Yama 888312365	10:39AM – 12:03PM 7:52AM – 9:16AM Rahu 12:03PM – 1:27PM	Purvashadha* Until 2:12PM Dhruva Until 6:42AM Thu Kaulava Until 6:18PM Dvitiya Until 6:18PM	Ganesha: Blue Muruga: White Nataraja: White Moon – Light Blue Pausha-Markali	Sunrise: 6:28AM Sunset: 5:37PM	Moon 12 - Phase 34 3rd Phase Bhuloka Day
Creative Work Amrita Yoga							

3		Thursday, December 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau			Yangon, Myanmar Sun 17 Sutra 248 Hemalamba 5119
Makara Rasi: 4.26	Tithi 3	Gulika Yama 889312365	9:16AM – 10:40AM 6:29AM – 7:53AM Rahu 1:27PM – 2:51PM	Uttarashadha Until 5:06PM Dhruva Until 6:42AM Taitila Until 7:40AM Tritiya Until 8:57PM	Ganesha: Yellow Muruga: White Nataraja: White Moon – Light Blue Pausha-Markali	Sunrise: 6:29AM Sunset: 5:38PM	Moon 12 - Phase 34 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 5:06PM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati					

4		Friday, December 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau			Yangon, Myanmar Sun 18 Sutra 249 Hemalamba 5119
Makara Rasi: 16.17	Tithi 4	Gulika Yama 899312365	7:53AM – 9:17AM 2:51PM – 4:15PM Rahu 10:40AM – 12:04PM	Shravana Until 8:10PM Vyaghata* Until 7:34AM Vanija Until 10:14AM Chaturthi* Until 11:24PM	Ganesha: Red Muruga: White Nataraja: White Moon – Purple Pausha-Markali	Sunrise: 6:29AM Sunset: 5:38PM	Moon 12 - Phase 34 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 8:10PM Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati					

5		Saturday, December 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau			Yangon, Myanmar Sun 19 Sutra 250 Hemalamba 5119
Makara Rasi: 28.14	Tithi 5	Gulika Yama 899312365	6:30AM – 7:54AM 1:28PM – 2:52PM Rahu 9:17AM – 10:41AM	Dhanishtha Until 10:45PM Harshana Until 8:15AM Bava Until 12:31PM Panchami Until 1:28AM Sun	Ganesha: Red Muruga: White Nataraja: White Moon – Purple Pausha-Markali	Sunrise: 6:30AM Sunset: 5:39PM	Moon 12 - Phase 34 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Until 10:45PM Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati					

6		Sunday, December 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau			Yangon, Myanmar Sun 20 Sutra 251 Hemalamba 5119
Kumbha Rasi: 10.2	Tithi 6	Gulika Yama 899312365	2:52PM – 4:16PM 12:05PM – 1:29PM Rahu 4:16PM – 5:39PM	Shatabhishak Until 12:39AM Mon Vajra* Until 8:34AM Kaulava Until 2:20PM Shashthi* Until 2:59AM Mon	Ganesha: Red Muruga: White Nataraja: White Moon – Purple Pausha-Markali	Sunrise: 6:30AM Sunset: 5:39PM	Moon 12 - Phase 34 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Until 12:39AM Mon Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati Vinayaga Viratam Ends					

Monday, December 25, 2017		Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau			Yangon, Myanmar Sun 21 Sutra 252 Hemalamba 5119
Kumbha Rasi: 22.41	Tithi 7	Gulika Yama 819312365	1:29PM – 2:53PM 10:42AM – 12:05PM Rahu 7:55AM – 9:18AM	Purvaproshtapada* Until 2:12AM Tue Siddhi Until 8:28AM Gara Until 3:31PM Saptami Until 3:48AM Tue	Ganesha: Clear Muruga: White Nataraja: White Moon – Clear Pausha-Markali	Sunrise: 6:31AM Sunset: 5:40PM	Moon 12 - Phase 34 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Family Home Evening Routine Work Marana Yoga Until 2:12AM Tue Then Creative Work - Amrita Yoga		Day 5 of Pancha Ganapati					

Tuesday, December 26, 2017		Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashtamyam Titau			Yangon, Myanmar Sun 22 Sutra 253 Hemalamba 5119
Meena Rasi: 5.21	Tithi 8	Gulika Yama 819312366	12:06PM – 1:30PM 9:19AM – 10:42AM Rahu 2:53PM – 4:17PM	Uttaraproshtapada Until 2:49AM Wed Vyatipata* Until 7:48AM Visti Until 3:55PM Ashtami* Until 3:48AM Wed	Ganesha: Clear Muruga: White Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 6:31AM Sunset: 5:41PM	Moon 12 - Phase 34 Ashtami Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 2:49AM Wed Then Routine Work - Marana Yoga							

Wednesday, December 27, 2017		Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Variyan/Parigaha* Yoga Balava/Kaulava Karana Navamyam Titau			Yangon, Myanmar Sun 23 Sutra 254 Hemalamba 5119
Meena Rasi: 18.25	Tithi 9	Gulika Yama 819312366	10:43AM – 12:06PM 7:55AM – 9:19AM Rahu 12:06PM – 1:30PM	Revati Until 2:28AM Thu Variyan Until 6:29AM Balava Until 3:29PM Navami* Until 2:56AM Thu	Ganesha: Clear Muruga: White Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 6:32AM Sunset: 5:41PM	Moon 12 - Phase 34 Navami Bhuloka Day Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 2:28AM Thu Then Creative Work - Amrita Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


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1		Thursday, December 28, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Yangon, Myanmar	
Mesha Rasi: 1.55		Tithi 10		Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 255	
		Gulika	9:20AM – 10:43AM	Ashvini Until 1:36AM Fri	Ganesh: Blue	<i>Sunrise:</i> 6:32AM	Hemalamba 5119
		Yama	6:32AM – 7:56AM	Shiva Until 1:55AM Fri	Muruga: White	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 35
		821312366 Rahu	1:31PM – 2:54PM	Taitila Until 2:13PM	Nataraja: Green		4th Phase
Creative Work Amrita Yoga				Dashami Until 1:16AM Fri	Moon – White		Devaloka Day
Until 1:36AM Fri					Pausha-Markali		
Then Creative Work - Siddha Yoga							

2		Friday, December 29, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Yangon, Myanmar	
Mesha Rasi: 15.55		Tithi 11		Bharani Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25 Sutra 256	
		Gulika	7:56AM – 9:20AM	Bharani Until 11:53PM	Ganesh: Blue	<i>Sunrise:</i> 6:33AM	Hemalamba 5119
		Yama	2:55PM – 4:18PM	Siddha Until 10:44PM	Muruga: White	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 35
		821312366 Rahu	10:44AM – 12:07PM	Vanija Until 12:10PM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga				Ekadashi Until 10:52PM	Moon – White		Devaloka Day
		Vaikuntha Ekadasi			Pausha-Markali		

3		Saturday, December 30, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Yangon, Myanmar	
Vrishabha Rasi: 0.22		Tithi 12		Krittika Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26 Sutra 257	
		Gulika	6:33AM – 7:57AM	Krittika Until 9:27PM	Ganesh: Blue	<i>Sunrise:</i> 6:33AM	Hemalamba 5119
		Yama	1:32PM – 2:55PM	Sadhya Until 7:04PM	Muruga: White	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 35
		821312366 Rahu	9:21AM – 10:44AM	Bava Until 9:28AM	Nataraja: Green		4th Phase
Creative Work Amrita Yoga				Dvadashi Until 7:53PM	Moon – White		Devaloka Day
					Pausha-Markali		

4		Sunday, December 31, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Yangon, Myanmar	
Vrishabha Rasi: 15.14		Tithi 13 – 14		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 258	
		Gulika	2:56PM – 4:20PM	Rohini Until 6:52PM	Ganesh: Yellow	<i>Sunrise:</i> 6:33AM	Hemalamba 5119
		Yama	12:08PM – 1:32PM	Subha Until 3:03PM	Muruga: White	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 35
		831312366 Rahu	4:20PM – 5:43PM	Kaulava Until 6:14AM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga				Trayodashi Until 4:28PM	Moon – Yellow		Bhuloka Day
					Pausha-Markali		Devaloka Time: 9:AM to12:PM
				<i>Pradosha Vrata</i>			

		Monday, January 1, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Yangon, Myanmar	
Copper Retreat Star				Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 259	
Mithuna Rasi: 0.22		Tithi 14 – 15		Mrigashira Until 3:53PM		Ganesh: Yellow	<i>Sunrise:</i> 6:34AM
Family Home Evening		831312366 Rahu	7:58AM – 9:21AM	Sukla Until 10:46AM	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 12 - Phase 35
Creative Work Amrita Yoga				Visti Until 10:52PM	Nataraja: Green		Purnima
Until 3:53PM				Chaturdashi* Until 12:45PM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga					Pausha-Markali		Devaloka Time: 9:AM to12:PM

Tuesday, January 2, 2018		Silver Retreat Star		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Yangon, Myanmar	
				Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 260	
Mithuna Rasi: 15.38		Tithi 15 – 16		Ardra Until 12:41PM		Ganesh: Yellow	<i>Sunrise:</i> 6:34AM
		831312366 Rahu	2:57PM – 4:21PM	Brahma Until 6:24AM	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 12 - Phase 35
Routine Work Marana Yoga				Balava Until 7:04PM	Nataraja: Green		Prathama
Until 12:41PM				Purnima* Until 8:57AM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga		Ardra Darshanam			Pausha-Markali		Devaloka Time: 9:AM to12:PM



Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sutra 261
Hemalamba 5119

Kataka Rasi: 0.53 Tiithi 17

841312366

Gulika 10:46AM – 12:10PM
Yama 7:58AM – 9:22AM
Rahu 12:10PM – 1:34PM

Punarvasu Until 9:51AM
Vaidhriti* Until 9:54PM
Taitila Until 3:25PM
Dvitiya Until 1:41AM Thu

Ganesha: White *Sunrise:* 6:35AM
Muruga: White *Sunset:* 5:45PM
Nataraja: Green
Moon – Blue
Pausha-Markali

Moon 13 - Phase 36
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 262
Hemalamba 5119

Kataka Rasi: 15.56 Tiithi 18

841312366

Gulika 9:23AM – 10:46AM
Yama 6:35AM – 7:59AM
Rahu 1:34PM – 2:58PM

Pushya Until 7:10AM
Vishkambha* Until 6:02PM
Vanija Until 12:05PM
Tritiya Until 10:34PM

Ganesha: White *Sunrise:* 6:35AM
Muruga: White *Sunset:* 5:46PM
Nataraja: Green
Moon – Blue
Pausha-Markali

Moon 13 - Phase 36
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 7:10AM
Then Creative Work - Siddha Yoga

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Pritii/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 263
Hemalamba 5119

Simha Rasi: 0.39 Tiithi 19

851312366

Gulika 7:59AM – 9:23AM
Yama 2:59PM – 4:22PM
Rahu 10:47AM – 12:11PM

Magha* Until 3:14AM Sat
Priti Until 2:37PM
Bava Until 9:14AM
Chaturthi* Until 8:01PM

Ganesha: Clear *Sunrise:* 6:35AM
Muruga: White *Sunset:* 5:46PM
Nataraja: Green
Moon – Red
Pausha-Markali

Moon 13 - Phase 36
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga
Until 3:14AM Sat
Then Creative Work - Siddha Yoga

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 264
Hemalamba 5119

Simha Rasi: 14.56 Tiithi 20

851312366

Gulika 6:36AM – 7:59AM
Yama 1:35PM – 2:59PM
Rahu 9:23AM – 10:47AM

Purvaphalguni Until 2:16AM Sun
Ayushman Until 11:41AM
Kaulava Until 7:00AM
Panchami Until 6:07PM

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: White *Sunset:* 5:47PM
Nataraja: Green
Moon – Red
Pausha-Markali

Moon 13 - Phase 36
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 2:16AM Sun
Then Creative Work - Amrita Yoga

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 4 Sutra 265
Hemalamba 5119

Simha Rasi: 28.46 Tiithi 21 – 22

851412366

Gulika 3:00PM – 4:24PM
Yama 12:12PM – 1:36PM
Rahu 4:24PM – 5:47PM

Uttaraphalguni Until 1:56AM Mon
Saubhagya Until 9:22AM
Visti Until 4:47AM Mon
Shashthi* Until 5:01PM

Ganesha: Purple *Sunrise:* 6:36AM
Muruga: White *Sunset:* 5:47PM
Nataraja: Green
Moon – Red
Pausha-Markali

Moon 13 - Phase 36
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 1:56AM Mon
Then Creative Work - Siddha Yoga

Monday, January 8, 2018

5

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 5 Sutra 266
Hemalamba 5119

Kanya Rasi: 12.08 Tiithi 22 – 23

862412366

Gulika 1:36PM – 3:00PM
Yama 10:48AM – 12:12PM
Rahu 8:00AM – 9:24AM

Hasta Until 2:41AM Tue
Sobhana Until 7:42AM
Balava Until 4:53AM Tue
Saptami Until 4:43PM

Ganesha: Purple *Sunrise:* 6:36AM
Muruga: White *Sunset:* 5:48PM
Nataraja: Green
Moon – Green
Pausha-Markali

Moon 13 - Phase 36
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Tuesday, January 9, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 6 Sutra 267
Hemalamba 5119

Kanya Rasi: 25.05 Tiithi 23 – 24

862412366

Gulika 12:13PM – 1:37PM
Yama 9:24AM – 10:48AM
Rahu 3:01PM – 4:25PM

Chitra Until 4:01AM Wed
Athiganda* Until 6:37AM
Taitila Until 5:44AM Wed
Ashtami* Until 5:12PM

Ganesha: Purple *Sunrise:* 6:36AM
Muruga: White *Sunset:* 5:49PM
Nataraja: Green
Moon – Green
Pausha-Markali

Moon 13 - Phase 36
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Wednesday, January 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Sukarma/Dhriti Yoga Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 268
Hemalamba 5119

Tula Rasi: 7.41 Tiithi 24

862412366

Gulika 10:49AM – 12:13PM
Yama 8:01AM – 9:25AM
Rahu 12:13PM – 1:37PM

Svati Until 5:48AM Thu
Sukarma Until 6:08AM
Gara Until 6:24PM
Navami* Until 6:24PM

Ganesha: Purple *Sunrise:* 6:37AM
Muruga: White *Sunset:* 5:49PM
Nataraja: Green
Moon – Green
Pausha-Markali

Moon 13 - Phase 36
Navami

Devaloka Day

Creative Work Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Thursday, January 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Yangon, Myanmar	
Tula Rasi: 20		Tihti 25		Vishakha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 269	
Creative Work		Siddha Yoga		872412366		Hemalamba 5119	
		Gulika		9:25AM – 10:49AM		Vishakha Until 8:25AM Fri	
		Yama		6:37AM – 8:01AM		Dhriti Until 6:09AM	
		Rahu		1:37PM – 3:02PM		Vanija Until 7:14AM	
						Dashami Until 8:10PM	
						Ganesh: Clear Sunrise: 6:37AM	
						Muruga: White Sunset: 5:50PM	
						Nataraja: Green	
						Moon – Orange	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

2		Friday, January 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Yangon, Myanmar	
Vrischika Rasi: 2.07		Tihti 26		Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 270	
Creative Work		Siddha Yoga		872412366		Hemalamba 5119	
		Gulika		8:01AM – 9:25AM		Vishakha Until 8:25AM	
		Yama		3:02PM – 4:26PM		Shula* Until 6:31AM	
		Rahu		10:50AM – 12:14PM		Bava Until 9:14AM	
						Ekadashi* Until 10:21PM	
						Ganesh: Clear Sunrise: 6:37AM	
						Muruga: White Sunset: 5:51PM	
						Nataraja: Green	
						Moon – Orange	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

3		Saturday, January 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Yangon, Myanmar	
Vrischika Rasi: 14.05		Tihti 27		Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 271	
Creative Work		Siddha Yoga		872412366		Hemalamba 5119	
		Gulika		6:37AM – 8:01AM		Anuradha Until 11:11AM	
		Yama		1:38PM – 3:03PM		Ganda* Until 7:09AM	
		Rahu		9:26AM – 10:50AM		Kaulava Until 11:35AM	
						Dvadashi* Until 12:50AM Sun	
						Ganesh: Clear Sunrise: 6:37AM	
						Muruga: White Sunset: 5:51PM	
						Nataraja: Green	
						Moon – Orange	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

4		Sunday, January 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Yangon, Myanmar	
Vrischika Rasi: 25.58		Tihti 28		Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 272	
Routine Work		Marana Yoga		872412366		Hemalamba 5119	
Until 2:00PM							
Then Creative Work - Amrita Yoga							
		Gulika		3:03PM – 4:27PM		Jyeshtha* Until 2:00PM	
		Yama		12:14PM – 1:39PM		Vridhi Until 8:00AM	
		Rahu		4:27PM – 5:52PM		Gara Until 2:09PM	
						Trayodashi* Until 3:28AM Mon	
						Pradosha Vrata (Fasting)	
						Ganesh: Clear Sunrise: 6:37AM	
						Muruga: White Sunset: 5:52PM	
						Nataraja: Green	
						Moon – Orange	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

5		Monday, January 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Yangon, Myanmar	
Dhanus Rasi: 7.47		Tihti 29		Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 273	
Family Home Evening				882412366		Hemalamba 5119	
Creative Work		Siddha Yoga					
Until 5:14PM							
Then Routine Work - Marana Yoga							
		Gulika		1:39PM – 3:04PM		Mula* Until 5:14PM	
		Yama		10:50AM – 12:15PM		Dhruva Until 8:54AM	
		Rahu		8:02AM – 9:26AM		Visti Until 4:49PM	
						Chaturdashi* Until 6:08AM Tue	
						Ganesh: Orange Sunrise: 6:37AM	
						Muruga: White Sunset: 5:52PM	
						Nataraja: Green	
						Moon – Light Blue	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

Retreat Star		Tuesday, January 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Yangon, Myanmar	
Dhanus Rasi: 19.36		Tihti 29 – 30		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 274	
Creative Work		Siddha Yoga		882412366		Hemalamba 5119	
Until 8:18PM							
Then Routine Work - Prabalarishta Yoga							
		Gulika		12:15PM – 1:40PM		Purvashadha* Until 8:18PM	
		Yama		9:26AM – 10:51AM		Vyaghata* Until 9:49AM	
		Rahu		3:04PM – 4:28PM		Catuspada Until 7:28PM	
						Chaturdashi* Until 6:08AM	
						Ganesh: Orange Sunrise: 6:38AM	
						Muruga: White Sunset: 5:53PM	
						Nataraja: Green	
						Moon – Light Blue	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

Retreat Star		Wednesday, January 17, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Yangon, Myanmar	
Makara Rasi: 1.26		Tihti 30 – 1		Uttarashadha Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 275	
Creative Work		Amrita Yoga		882412366		Hemalamba 5119	
Until 11:05PM							
Then Creative Work - Siddha Yoga							
		Gulika		10:51AM – 12:16PM		Uttarashadha Until 11:05PM	
		Yama		8:02AM – 9:27AM		Harshana Until 10:43AM	
		Rahu		12:16PM – 1:40PM		Kintughna Until 10:01PM	
						Amavasya* Until 8:44AM	
						Ganesh: Orange Sunrise: 6:38AM	
						Muruga: White Sunset: 5:54PM	
						Nataraja: Green	
						Moon – Light Blue	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

All times are standard time

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1		Thursday, January 18, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 276 Hemalamba 5119	
Makara Rasi: 13.2	Tithi 1 – 2	Gulika Yama 892412366	9:27AM – 10:51AM 6:38AM – 8:02AM Rahu 1:40PM – 3:05PM	Shravana Until 2:00AM Fri Vajra* Until 11:27AM Balava Until 12:20AM Fri Prathama* Until 11:11AM	Ganesh: Clear Muruga: White Nataraja: Green Moon – Purple Magha-Thai	Sunrise: 6:38AM Sunset: 5:54PM	Moon 13 - Phase 38 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work	Siddha Yoga						
2		Friday, January 19, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Yangon, Myanmar Sun 16 Sutra 277 Hemalamba 5119	
Makara Rasi: 25.19	Tithi 2 – 3	Gulika Yama 892412366	8:02AM – 9:27AM 3:05PM – 4:30PM Rahu 10:52AM – 12:16PM	Dhanishtha Until 4:28AM Sat Siddhi Until 12:00PM Taitila Until 2:22AM Sat Dvitiya Until 1:22PM	Ganesh: Clear Muruga: White Nataraja: Green Moon – Purple Magha-Thai	Sunrise: 6:38AM Sunset: 5:55PM	Moon 13 - Phase 38 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work	Siddha Yoga						
Until 4:28AM Sat							
Then Creative Work - Amrita Yoga							
3		Saturday, January 20, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Yangon, Myanmar Sun 17 Sutra 278 Hemalamba 5119	
Kumbha Rasi: 7.26	Tithi 3 – 4	Gulika Yama 892412366	6:38AM – 8:02AM 1:41PM – 3:06PM Rahu 9:27AM – 10:52AM	Shatabhishak Until 6:22AM Sun Vyatipata* Until 12:19PM Vanija Until 3:59AM Sun Tritiya Until 3:13PM	Ganesh: Clear Muruga: White Nataraja: Green Moon – Purple Magha-Thai	Sunrise: 6:38AM Sunset: 5:55PM	Moon 13 - Phase 38 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work	Amrita Yoga						
Until 6:22AM Sun							
Then Creative Work - Siddha Yoga							
4		Sunday, January 21, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 279 Hemalamba 5119	
Kumbha Rasi: 19.43	Tithi 4 – 5	Gulika Yama 893412366	3:06PM – 4:31PM 12:17PM – 1:42PM Rahu 4:31PM – 5:56PM	Shatabhishak Until 6:22AM Variyan Until 12:17PM Bava Until 5:08AM Mon Chaturthi* Until 4:36PM	Ganesh: Purple Muruga: White Nataraja: Green Moon – Purple Magha-Thai	Sunrise: 6:38AM Sunset: 5:56PM	Moon 13 - Phase 38 3rd Phase Bhuloka Day
Creative Work	Siddha Yoga						
5		Monday, January 22, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 280 Hemalamba 5119	
Meena Rasi: 2.12	Tithi 5 – 6	Gulika Yama 813412366	1:42PM – 3:07PM 10:52AM – 12:17PM Rahu 8:03AM – 9:27AM	Purvaprosarthapada* Until 8:08AM Parigha* Until 11:52AM Kaulava Until 5:42AM Tue Panchami Until 5:28PM	Ganesh: Green Muruga: White Nataraja: Green Moon – Clear Magha-Thai	Sunrise: 6:38AM Sunset: 5:56PM	Moon 13 - Phase 38 3rd Phase Bhuloka Day
Family Home Evening							
Routine Work	Marana Yoga						
Until 8:08AM							
Then Creative Work - Siddha Yoga							
6		Tuesday, January 23, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 281 Hemalamba 5119	
Meena Rasi: 14.57	Tithi 6 – 7	Gulika Yama 813422366	12:17PM – 1:42PM 9:28AM – 10:52AM Rahu 3:07PM – 4:32PM	Uttaraprosarthapada Until 9:10AM Shiva Until 11:02AM Gara Until 5:38AM Wed Shashthi* Until 5:44PM	Ganesh: Green Muruga: Green Nataraja: Green Moon – Clear Magha-Thai	Sunrise: 6:38AM Sunset: 5:57PM	Moon 13 - Phase 38 3rd Phase Bhuloka Day
Creative Work	Amrita Yoga						
Until 9:10AM							
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, January 24, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 282 Hemalamba 5119	
Meena Rasi: 28	Tithi 7 – 8	Gulika Yama 813422366	10:53AM – 12:18PM 8:03AM – 9:28AM Rahu 12:18PM – 1:43PM	Revati Until 9:27AM Siddha Until 9:40AM Visti Until 4:55AM Thu Saptami Until 5:21PM	Ganesh: Green Muruga: Green Nataraja: Green Moon – Clear Magha-Thai	Sunrise: 6:38AM Sunset: 5:58PM	Moon 13 - Phase 38 3rd Phase Bhuloka Day
Routine Work	Marana Yoga						
Retreat Star		Thursday, January 25, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 283 Hemalamba 5119	
Mesha Rasi: 11.24	Tithi 8 – 9	Gulika Yama 923422366	9:28AM – 10:53AM 6:38AM – 8:03AM Rahu 1:43PM – 3:08PM	Ashvini Until 9:23AM Sadhya Until 7:47AM Balava Until 3:31AM Fri Ashtami* Until 4:17PM	Ganesh: Green Muruga: Green Nataraja: Green Moon – White Magha-Thai	Sunrise: 6:38AM Sunset: 5:58PM	Moon 13 - Phase 38 Ashtami Bhuloka Day
Creative Work	Amrita Yoga						
Until 9:23AM							
Then Creative Work - Siddha Yoga							
Retreat Star		Friday, January 26, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 284 Hemalamba 5119	
Mesha Rasi: 25.11	Tithi 9 – 10	Gulika Yama 923422366	8:03AM – 9:28AM 3:08PM – 4:34PM Rahu 10:53AM – 12:18PM	Bharani Until 8:31AM Sukla Until 2:30AM Sat Taitila Until 1:30AM Sat Navami* Until 2:34PM	Ganesh: Green Muruga: Green Nataraja: Green Moon – White Magha-Thai	Sunrise: 6:38AM Sunset: 5:59PM	Moon 13 - Phase 38 Navami Bhuloka Day
Creative Work	Siddha Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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1	Saturday, January 27, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 285 Hemalamba 5119
	Vrishabha Rasi: 9.22 Tihi 10 – 11	923422366	Gulika 6:37AM – 8:03AM Yama 1:44PM – 3:09PM Rahu 9:28AM – 10:53AM	Krittika Until 6:54AM Brahma Until 11:10PM Vanija Until 10:56PM Dashami Until 12:16PM	Ganesh : Green <i>Sunrise:</i> 6:37AM Muruga : Green <i>Sunset:</i> 5:59PM Nataraja : Green Moon – White	Bhuloka Day	Moon 13 - Phase 39 4th Phase
	Creative Work Amrita Yoga						

2	Sunday, January 28, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 286 Hemalamba 5119
	Vrishabha Rasi: 23.54 Tihi 11 – 12	933422366	Gulika 3:09PM – 4:34PM Yama 12:19PM – 1:44PM Rahu 4:34PM – 6:00PM	Mrigashira Until 2:40AM Mon Indra Until 7:30PM Bava Until 7:56PM Ekadashi Until 9:28AM	Ganesh : Red <i>Sunrise:</i> 6:37AM Muruga : Green <i>Sunset:</i> 6:00PM Nataraja : Green Moon – Yellow	Bhuloka Day Devaloka Time: 6:AM to 9:AM	Moon 13 - Phase 39 4th Phase
	Creative Work Siddha Yoga						

3	Monday, January 29, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 287 Hemalamba 5119
	Mithuna Rasi: 8.43 Tihi 12 – 13 Family Home Evening	933422366	Gulika 1:44PM – 3:09PM Yama 10:53AM – 12:19PM Rahu 8:03AM – 9:28AM	Ardra Until 11:53PM Vaidhriti* Until 3:33PM Taitila Until 2:52AM Tue Dvadashi Until 6:17AM <i>Pradosha Vrata</i>	Ganesh : Red <i>Sunrise:</i> 6:37AM Muruga : Green <i>Sunset:</i> 6:00PM Nataraja : Green Moon – Yellow	Bhuloka Day Devaloka Time: 6:AM to 9:AM	Moon 13 - Phase 39 4th Phase
	Creative Work Siddha Yoga Until 11:53PM Then Creative Work - Amrita Yoga						

4	Tuesday, January 30, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 288 Hemalamba 5119
	Mithuna Rasi: 23.44 Tihi 14	943422366	Gulika 12:19PM – 1:44PM Yama 9:28AM – 10:53AM Rahu 3:10PM – 4:35PM	Punarvasu Until 9:15PM Vishkambha* Until 11:28AM Gara Until 1:08PM Chaturdashi* Until 11:21PM	Ganesh : Blue <i>Sunrise:</i> 6:37AM Muruga : Green <i>Sunset:</i> 6:01PM Nataraja : Green Moon – Blue	Bhuloka Day	Moon 13 - Phase 39 4th Phase
	Creative Work Siddha Yoga						

	Wednesday, January 31, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 289 Hemalamba 5119	
	Copper Retreat Star		Kataka Rasi: 8.49 Tihi 15	943422366	Gulika 10:53AM – 12:19PM Yama 8:02AM – 9:28AM Rahu 12:19PM – 1:45PM	Pushya Until 6:33PM Priti Until 7:23AM Visti Until 9:38AM Purnima* Until 7:55PM	Ganesh : Blue <i>Sunrise:</i> 6:37AM Muruga : Green <i>Sunset:</i> 6:01PM Nataraja : Green Moon – Blue	Bhuloka Day
	Creative Work Siddha Yoga		Total Lunar Eclipse Thai Pusam					

	Thursday, February 1, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sutra 290 Hemalamba 5119	
	Silver Retreat Star		Kataka Rasi: 23.47 Tihi 16 – 17	943522366	Gulika 9:28AM – 10:53AM Yama 6:37AM – 8:02AM Rahu 1:45PM – 3:10PM	Ashlesha* Until 3:55PM Saubhagya Until 11:37PM Balava Until 6:17AM Prathama* Until 4:42PM	Ganesh : Yellow <i>Sunrise:</i> 6:37AM Muruga : Green <i>Sunset:</i> 6:01PM Nataraja : Green Moon – Blue	Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Creative Work Siddha Yoga Until 3:55PM Then Creative Work - Amrita Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam TitauYangon, Myanmar
Sun 1 Sutra 291
Hemalamba 5119

Simha Rasi: 8.31 Tihi 17 – 18

Gulika 8:02AM – 9:28AM
Yama 3:11PM – 4:36PM
Rahu 10:54AM – 12:19PMMagha* Until 1:56PM
Sobhana Until 8:13PM
Vanija Until 12:39AM Sat
Dvitiya Until 1:52PMGanesha: White Sunrise: 6:37AM
Muruga: Green Sunset: 6:02PM
Nataraja: Green
Moon – Red
Magha-Thai

Devaloka Day

Routine Work Marana Yoga
Until 1:56PM
Then Creative Work - Siddha Yoga

Saturday, February 3, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda*/Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthyam TitauYangon, Myanmar
Sun 2 Sutra 292
Hemalamba 5119

Simha Rasi: 22.55 Tihi 18 – 19

Gulika 6:36AM – 8:02AM
Yama 1:45PM – 3:11PM
Rahu 9:28AM – 10:54AMPurvaphalguni Until 12:20PM
Athiganda* Until 5:16PM
Bava Until 10:40PM
Tritiya Until 11:34AMGanesha: White Sunrise: 6:36AM
Muruga: Green Sunset: 6:02PM
Nataraja: Green
Moon – Red
Magha-Thai

Devaloka Day

Creative Work Siddha Yoga
Until 12:20PM
Then Routine Work - Marana Yoga

Sunday, February 4, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TitauYangon, Myanmar
Sun 3 Sutra 293
Hemalamba 5119

Kanya Rasi: 6.54 Tihi 19 – 20

Gulika 3:11PM – 4:37PM
Yama 12:19PM – 1:45PM
Rahu 4:37PM – 6:03PMUttaraphalguni Until 11:16AM
Sukarma Until 2:53PM
Kaulava Until 9:24PM
Chaturthi* Until 9:56AMGanesha: Yellow Sunrise: 6:36AM
Muruga: Green Sunset: 6:03PM
Nataraja: White
Moon – Red
Magha-Thai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Monday, February 5, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Panchami/Shashthyam TitauYangon, Myanmar
Sun 4 Sutra 294
Hemalamba 5119

Kanya Rasi: 20.26 Tihi 20 – 21

Family Home Evening

Gulika 1:46PM – 3:11PM
Yama 10:54AM – 12:20PM
Rahu 8:02AM – 9:28AMHasta Until 11:14AM
Dhriti Until 1:07PM
Gara Until 8:56PM
Panchami Until 9:03AMGanesha: White Sunrise: 6:36AM
Muruga: Green Sunset: 6:03PM
Nataraja: White
Moon – Green
Magha-Thai

Bhuloka Day

Creative Work Siddha Yoga
Until 11:14AM
Then Routine Work - Prabalarishta Yoga

Tuesday, February 6, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam TitauYangon, Myanmar
Sun 5 Sutra 295
Hemalamba 5119

Tula Rasi: 3.32 Tihi 21 – 22

Gulika 12:20PM – 1:46PM
Yama 9:28AM – 10:54AM
Rahu 3:12PM – 4:38PMChitra Until 11:51AM
Shula* Until 11:58AM
Visti Until 9:17PM
Shashthi* Until 9:00AMGanesha: White Sunrise: 6:36AM
Muruga: Green Sunset: 6:04PM
Nataraja: White
Moon – Green
Magha-Thai

Bhuloka Day

Creative Work Siddha Yoga

Wednesday, February 7, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Saptami/Ashtamyam TitauYangon, Myanmar
Sun 6 Sutra 296
Hemalamba 5119

Tula Rasi: 16.14 Tihi 22 – 23

Gulika 10:54AM – 12:20PM
Yama 8:01AM – 9:28AM
Rahu 12:20PM – 1:46PMSvati Until 1:04PM
Ganda* Until 11:26AM
Balava Until 10:24PM
Saptami Until 9:44AMGanesha: White Sunrise: 6:35AM
Muruga: Green Sunset: 6:04PM
Nataraja: White
Moon – Green
Magha-Thai

Bhuloka Day

Creative Work Siddha Yoga

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam TitauYangon, Myanmar
Sun 7 Sutra 297
Hemalamba 5119

Tula Rasi: 28.37 Tihi 23 – 24

Gulika 9:27AM – 10:54AM
Yama 6:35AM – 8:01AM
Rahu 1:46PM – 3:12PMVishakha Until 3:17PM
Vridhi Until 11:28AM
Taitila Until 12:11AM Fri
Ashtami* Until 11:12AMGanesha: Clear Sunrise: 6:35AM
Muruga: Green Sunset: 6:05PM
Nataraja: White
Moon – Orange
Magha-Thai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1	Friday, February 9, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuklayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 8 Sutra 298 Hemalamba 5119
	Wrischika Rasi: 10.44	Tithi 24 – 25	Gulika 8:01AM – 9:27AM Yama 3:12PM – 4:39PM Rahu 10:54AM – 12:20PM	Anuradha Until 5:52PM Dhruva Until 11:54AM Vanija Until 2:27AM Sat Navami* Until 1:15PM	Ganesha: Clear Muruga: Green Nataraja: White Moon – Orange Magha-Thai	<i>Sunrise:</i> 6:35AM <i>Sunset:</i> 6:05PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				Bhuloka Day Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							


2	Saturday, February 10, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuklayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 299 Hemalamba 5119
	Wrischika Rasi: 22.41	Tithi 25 – 26	Gulika 6:34AM – 8:01AM Yama 1:46PM – 3:13PM Rahu 9:27AM – 10:54AM	Jyeshtha* Until 8:38PM Vyaghata* Until 12:40PM Bava Until 5:02AM Sun Dashami Until 3:41PM	Ganesha: Clear Muruga: Green Nataraja: White Moon – Orange Magha-Thai	<i>Sunrise:</i> 6:34AM <i>Sunset:</i> 6:06PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Sunday, February 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuklayam Mula* Nakshatra Harshana/Vajra* Yoga Balava Karana Ekadashyam Titau				Yangon, Myanmar Sun 10 Sutra 300 Hemalamba 5119
	Dhanus Rasi: 4.31	Tithi 26	Gulika 3:13PM – 4:39PM Yama 12:20PM – 1:46PM Rahu 4:39PM – 6:06PM	Mula* Until 11:54PM Harshana Until 1:37PM Balava Until 6:21PM Ekadashi* Until 6:21PM	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Thai	<i>Sunrise:</i> 6:34AM <i>Sunset:</i> 6:06PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Amrita Yoga	984522367				Bhuloka Day
Then Creative Work - Siddha Yoga							

4	Monday, February 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuklayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Yangon, Myanmar Sun 11 Sutra 301 Hemalamba 5119
	Dhanus Rasi: 16.19	Tithi 27	Gulika 1:47PM – 3:13PM Yama 10:53AM – 12:20PM Rahu 8:00AM – 9:27AM	Purvashadha* Until 2:59AM Tue Vajra* Until 2:34PM Kaulava Until 7:43AM Dvadashi* Until 9:01PM	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Thai	<i>Sunrise:</i> 6:34AM <i>Sunset:</i> 6:06PM	Moon 1 - Phase 41 2nd Phase
	Family Home Evening	Marana Yoga	984522367				Bhuloka Day
Then Routine Work - Prabararishta Yoga							

5	Tuesday, February 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuklayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 12 Sutra 302 Hemalamba 5119
	Dhanus Rasi: 28.09	Tithi 28	Gulika 12:20PM – 1:47PM Yama 9:27AM – 10:53AM Rahu 3:13PM – 4:40PM	Uttarashadha Until 5:43AM Wed Siddhi Until 3:27PM Gara Until 10:20AM Trayodashi* Until 11:32PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 6:07PM	Moon 1 - Phase 41 2nd Phase
	Routine Work	Prabararishta Yoga	984522367				Bhuloka Day
Then Creative Work - Siddha Yoga							

6	Wednesday, February 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuklayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar Sun 13 Sutra 303 Hemalamba 5119
	Makara Rasi: 10.03	Tithi 29	Gulika 10:53AM – 12:20PM Yama 8:00AM – 9:26AM Rahu 12:20PM – 1:47PM	Shravana Until 8:29AM Thu Vyatipata* Until 4:10PM Visti Until 12:43PM Chaturdashi* Until 1:46AM Thu	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Masi	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 6:07PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	994522367				Bhuloka Day

	Thursday, February 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuklayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar Sun 14 Sutra 304 Hemalamba 5119
	Makara Rasi: 22.04	Tithi 30	Gulika 9:26AM – 10:53AM Yama 6:32AM – 7:59AM Rahu 1:47PM – 3:14PM	Shravana Until 8:29AM Variyan Until 4:35PM Catuspada Until 2:45PM Amavasya* Until 3:36AM Fri	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Masi	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 6:08PM	Moon 1 - Phase 41 Amavasya
	Creative Work	Siddha Yoga	994522367				Bhuloka Day
Partial Solar Eclipse							

7	Friday, February 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuklayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 15 Sutra 305 Hemalamba 5119
	Kumbha Rasi: 4.15	Tithi 1	Gulika 7:59AM – 9:26AM Yama 3:14PM – 4:41PM Rahu 10:53AM – 12:20PM	Dhanishtha Until 10:41AM Parigha* Until 4:41PM Kintughna Until 4:22PM Prathama* Until 4:58AM Sat	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Phalguna-Masi	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 6:08PM	Moon 1 - Phase 41 Prathama
	Creative Work	Siddha Yoga	994522367				Bhuloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1		Saturday, February 17, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 16 Sutra 306 Hemalamba 5119	
Kumbha Rasi: 16.38	Tithi 2	Gulika	6:31AM – 7:58AM	Shatabhishak Until 12:17PM	Ganesha: Purple	<i>Sunrise:</i> 6:31AM			
		Yama	1:47PM – 3:14PM	Shiva Until 4:27PM	Muruga: Green	<i>Sunset:</i> 6:08PM	Moon 1 - Phase 42		
		995522367 Rahu	9:26AM – 10:53AM	Balava Until 5:30PM	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga					Phalgun-Masi	Bhuloka Day		
Until 12:17PM									
Then Routine Work - Marana Yoga									

2		Sunday, February 18, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Tailila Karana Tritiyayam Titau		Yangon, Myanmar Sun 17 Sutra 307 Hemalamba 5119	
Kumbha Rasi: 29.13	Tithi 3	Gulika	3:14PM – 4:41PM	Purvaproshtapada* Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM			
		Yama	12:20PM – 1:47PM	Siddha Until 3:50PM	Muruga: Green	<i>Sunset:</i> 6:09PM	Moon 1 - Phase 42		
		915522367 Rahu	4:41PM – 6:09PM	Taitila Until 6:09PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Phalgun-Masi	Bhuloka Day		
Until 1:45PM							Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga									

3		Monday, February 19, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Yangon, Myanmar Sun 18 Sutra 308 Hemalamba 5119	
Meena Rasi: 12.01	Tithi 3 – 4	Gulika	1:47PM – 3:14PM	Uttaraproshtapada Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM			
Family Home Evening		Yama	10:52AM – 12:20PM	Sadhya Until 2:52PM	Muruga: Green	<i>Sunset:</i> 6:09PM	Moon 1 - Phase 42		
		915522367 Rahu	7:58AM – 9:25AM	Vanija Until 6:21PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Phalgun-Masi	Bhuloka Day		
							Devaloka Time: 6:AM to 9:AM		

4		Tuesday, February 20, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 19 Sutra 309 Hemalamba 5119	
Meena Rasi: 25.02	Tithi 4 – 5	Gulika	12:20PM – 1:47PM	Revati Until 2:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM			
		Yama	9:25AM – 10:52AM	Subha Until 1:33PM	Muruga: Green	<i>Sunset:</i> 6:09PM	Moon 1 - Phase 42		
		915522367 Rahu	3:15PM – 4:42PM	Bava Until 6:06PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Phalgun-Masi	Bhuloka Day		
							Devaloka Time: 6:AM to 9:AM		
		Subramuniyaswami Siva Vision Day							

5		Wednesday, February 21, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau		Yangon, Myanmar Sun 20 Sutra 310 Hemalamba 5119	
Mesha Rasi: 8.17	Tithi 6	Gulika	10:52AM – 12:20PM	Ashvini Until 3:01PM	Ganesha: White	<i>Sunrise:</i> 6:29AM			
		Yama	7:57AM – 9:24AM	Sukla Until 11:53AM	Muruga: Green	<i>Sunset:</i> 6:10PM	Moon 1 - Phase 42		
		925522367 Rahu	12:20PM – 1:47PM	Kaulava Until 5:24PM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga					Phalgun-Masi	Bhuloka Day		
Until 3:01PM									
Then Creative Work - Siddha Yoga									

6		Thursday, February 22, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau		Yangon, Myanmar Sun 21 Sutra 311 Hemalamba 5119	
Mesha Rasi: 21.46	Tithi 7	Gulika	9:24AM – 10:52AM	Bharani Until 2:35PM	Ganesha: White	<i>Sunrise:</i> 6:29AM			
		Yama	6:29AM – 7:56AM	Brahma Until 9:53AM	Muruga: Green	<i>Sunset:</i> 6:10PM	Moon 1 - Phase 42		
		925522367 Rahu	1:47PM – 3:15PM	Gara Until 4:17PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Phalgun-Masi	Bhuloka Day		
Until 2:35PM									
Then Routine Work - Marana Yoga									

Friday, February 23, 2018		Retreat Star				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhritii* Yoga Visti*/Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 22 Sutra 312 Hemalamba 5119	
Vrishabha Rasi: 5.3	Tithi 8	Gulika	7:56AM – 9:24AM	Krittika Until 1:37PM	Ganesha: White	<i>Sunrise:</i> 6:28AM			
		Yama	3:15PM – 4:43PM	Indra Until 7:34AM	Muruga: Green	<i>Sunset:</i> 6:10PM	Moon 1 - Phase 42		
		925522367 Rahu	10:52AM – 12:19PM	Visti Until 2:44PM	Nataraja: White		Ashtami		
Creative Work	Siddha Yoga					Phalgun-Masi	Bhuloka Day		
Until 1:37PM									
Then Routine Work - Marana Yoga									

Saturday, February 24, 2018		Retreat Star				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 23 Sutra 313 Hemalamba 5119	
Vrishabha Rasi: 19.29	Tithi 9	Gulika	6:28AM – 7:56AM	Rohini Until 12:31PM	Ganesha: Yellow	<i>Sunrise:</i> 6:28AM			
		Yama	1:47PM – 3:15PM	Vishkamba* Until 1:57AM Sun	Muruga: Green	<i>Sunset:</i> 6:11PM	Moon 1 - Phase 42		
		935522367 Rahu	9:23AM – 10:51AM	Balava Until 12:48PM	Nataraja: White		Navami		
Creative Work	Amrita Yoga					Phalgun-Masi	Bhuloka Day		
Until 12:31PM							Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga									

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1 Sunday, February 25, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Yangon, Myanmar
Mithuna Rasi: 3.42 Tihti 10		Mrigashira/Ardra Nakshatra Priti Yoga Taitila/Gara Karana Dashamyam Titau			Sun 24 Sutra 314
935522367		Gulika 3:15PM – 4:43PM	Mrigashira Until 10:57AM	Ganesh: Yellow <i>Sunrise:</i> 6:27AM	Hemalamba 5119
Creative Work Siddha Yoga		Yama 12:19PM – 1:47PM	Priti Until 10:46PM	Muruga: Green <i>Sunset:</i> 6:11PM	Moon 1 - Phase 43
		Rahu 4:43PM – 6:11PM	Taitila Until 10:31AM	Nataraja: White	4th Phase
			Dashami Until 9:14PM	Moon – Yellow	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 6:AM to 9:AM

2 Monday, February 26, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam			Yangon, Myanmar
Mithuna Rasi: 18.08 Tihti 11		Ardra/Punarvasu Nakshatra Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau			Sun 25 Sutra 315
936622367		Gulika 1:47PM – 3:15PM	Ardra Until 8:56AM	Ganesh: Yellow <i>Sunrise:</i> 6:27AM	Hemalamba 5119
Family Home Evening		Yama 10:51AM – 12:19PM	Ayushman Until 7:20PM	Muruga: Green <i>Sunset:</i> 6:11PM	Moon 1 - Phase 43
Creative Work Siddha Yoga		Rahu 7:55AM – 9:23AM	Vanija Until 7:55AM	Nataraja: White	4th Phase
Until 8:56AM			Ekadashi Until 6:32PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Amrita Yoga				Phalguna-Masi	Devaloka Time: 6:AM to 9:AM

3 Tuesday, February 27, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam			Yangon, Myanmar
Kataka Rasi: 2.43 Tihti 12 – 13		Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Sun 26 Sutra 316
946622367		Gulika 12:19PM – 1:47PM	Punarvasu Until 7:00AM	Ganesh: Blue <i>Sunrise:</i> 6:26AM	Hemalamba 5119
Creative Work Siddha Yoga		Yama 9:22AM – 10:51AM	Saubhagya Until 3:48PM	Muruga: Green <i>Sunset:</i> 6:12PM	Moon 1 - Phase 43
		Rahu 3:15PM – 4:43PM	Kaulava Until 2:13AM Wed	Nataraja: White	4th Phase
			Dvadashi Until 3:40PM	Moon – Blue	Bhuloka Day
			<i>Pradosha Vrata</i>	Phalguna-Masi	

4 Wednesday, February 28, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam			Yangon, Myanmar
Kataka Rasi: 17.22 Tihti 13 – 14		Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Sun 27 Sutra 317
946622367		Gulika 10:50AM – 12:19PM	Ashlesha* Until 2:33AM Thu	Ganesh: Blue <i>Sunrise:</i> 6:25AM	Hemalamba 5119
Creative Work Siddha Yoga		Yama 7:54AM – 9:22AM	Sobhana Until 12:14PM	Muruga: Green <i>Sunset:</i> 6:12PM	Moon 1 - Phase 43
Until 2:33AM Thu		Rahu 12:19PM – 1:47PM	Gara Until 11:20PM	Nataraja: White	4th Phase
Then Creative Work - Amrita Yoga			Trayodashi Until 12:45PM	Moon – Blue	Bhuloka Day
				Phalguna-Masi	

○ Thursday, March 1, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam			Yangon, Myanmar
Copper Retreat Star		Magha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Sutra 318
Simha Rasi: 2.01 Tihti 14 – 15		956622367			Hemalamba 5119
Creative Work Amrita Yoga		Gulika 9:21AM – 10:50AM	Magha* Until 12:42AM Fri	Ganesh: Red <i>Sunrise:</i> 6:24AM	Moon 1 - Phase 43
Until 12:42AM Fri		Yama 6:24AM – 7:53AM	Athiganda* Until 8:42AM	Muruga: Green <i>Sunset:</i> 6:12PM	Purnima
Then Creative Work - Siddha Yoga		Rahu 1:47PM – 3:15PM	Visti Until 8:35PM	Nataraja: White	
		Chidambaram Abhishekam	Chaturdashi* Until 9:54AM	Moon – Red	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 6:AM to 9:AM

Friday, March 2, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam			Yangon, Myanmar
Silver Retreat Star		Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Sutra 319
Simha Rasi: 16.3 Tihti 15 – 16		956622367			Hemalamba 5119
Creative Work Siddha Yoga		Gulika 7:52AM – 9:21AM	Purvaphalguni Until 11:02PM	Ganesh: Red <i>Sunrise:</i> 6:23AM	Moon 1 - Phase 43
		Yama 3:15PM – 4:44PM	Dhriti Until 2:19AM Sat	Muruga: Green <i>Sunset:</i> 6:13PM	Prathama
		Rahu 10:49AM – 12:18PM	Balava Until 6:07PM	Nataraja: White	
			Purnima* Until 7:17AM	Moon – Red	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 6:AM to 9:AM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Dvitiyayam TitauYangon, Myanmar
Sutra 320

Kanya Rasi: 0.46 Tiithi 17

Gulika 6:23AM - 7:52AM

Uttaraphalguni Until 9:41PM

Ganesh: Red Sunrise: 6:23AM

Hemalamba 5119

Yama 1:47PM - 3:15PM

Shula* Until 11:37PM

Muruga: Green Sunset: 6:13PM

Moon 2 - Phase 44

966622367 Rahu 9:20AM - 10:49AM

Taitila Until 4:05PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Moon - Red

Bhuloka Day

Phalguna-Masi Devaloka Time: 6:AM to 9:AM

1

Sunday, March 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Vanija/Visti* Karana Tritiyayam TitauYangon, Myanmar
Sun 1 Sutra 321

Kanya Rasi: 14.41 Tiithi 18

Gulika 3:15PM - 4:44PM

Hasta Until 9:12PM

Ganesh: Green Sunrise: 6:22AM

Hemalamba 5119

Yama 12:18PM - 1:47PM

Ganda* Until 9:25PM

Muruga: Green Sunset: 6:13PM

Moon 2 - Phase 44

966622367 Rahu 4:44PM - 6:13PM

Vanija Until 2:36PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Moon - Green

Bhuloka Day

Until 9:12PM

Tritiya Until 2:05AM Mon

Phalguna-Masi

Then Creative Work - Siddha Yoga

2

Monday, March 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthyam TitauYangon, Myanmar
Sun 2 Sutra 322

Kanya Rasi: 28.15 Tiithi 19

Gulika 1:46PM - 3:15PM

Chitra Until 9:15PM

Ganesh: Blue Sunrise: 6:21AM

Hemalamba 5119

Yama 10:48AM - 12:17PM

Vriddhi Until 7:47PM

Muruga: Green Sunset: 6:13PM

Moon 2 - Phase 44

Family Home Evening 166622367 Rahu 7:50AM - 9:19AM

Bava Until 1:47PM

Nataraja: White

1st Phase

Routine Work Prabalarishta Yoga

Moon - Green

Bhuloka Day

Until 9:15PM

Chaturthi* Until 1:38AM Tue

Phalguna-Masi

Then Creative Work - Amrita Yoga

3

Tuesday, March 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchamyam TitauYangon, Myanmar
Sun 3 Sutra 323

Tula Rasi: 11.25 Tiithi 20

Gulika 12:17PM - 1:46PM

Svati Until 9:52PM

Ganesh: Blue Sunrise: 6:21AM

Hemalamba 5119

Yama 9:19AM - 10:48AM

Dhruva Until 6:42PM

Muruga: Green Sunset: 6:14PM

Moon 2 - Phase 44

Creative Work Siddha Yoga 167622367 Rahu 3:15PM - 4:45PM

Kaulava Until 1:43PM

Nataraja: White

1st Phase

Until 9:52PM

Panchami Until 1:57AM Wed

Phalguna-Masi

Then Routine Work - Marana Yoga

Bhuloka Day

4

Wednesday, March 7, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shashthyam TitauYangon, Myanmar
Sun 4 Sutra 324

Tula Rasi: 24.11 Tiithi 21

Gulika 10:48AM - 12:17PM

Vishakha Until 11:32PM

Ganesh: Red Sunrise: 6:20AM

Hemalamba 5119

Yama 7:49AM - 9:18AM

Vyaghata* Until 6:13PM

Muruga: Green Sunset: 6:14PM

Moon 2 - Phase 44

Creative Work Siddha Yoga 177622367 Rahu 12:17PM - 1:46PM

Gara Until 2:25PM

Nataraja: White

1st Phase

Until 9:52PM

Shashthi* Until 3:00AM Thu

Phalguna-Masi

Devaloka Time: 6:AM to 9:AM

Bhuloka Day

5

Thursday, March 8, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam TitauYangon, Myanmar
Sun 5 Sutra 325

Vrischika Rasi: 6.38 Tiithi 22

Gulika 9:18AM - 10:47AM

Anuradha Until 1:42AM Fri

Ganesh: Red Sunrise: 6:19AM

Hemalamba 5119

Yama 6:19AM - 7:49AM

Harshana Until 6:18PM

Muruga: Green Sunset: 6:14PM

Moon 2 - Phase 44

Creative Work Siddha Yoga 177622367 Rahu 1:46PM - 3:15PM

Visti Until 3:49PM

Nataraja: White

1st Phase

Until 1:42AM Fri

Saptami Until 4:44AM Fri

Phalguna-Masi

Devaloka Time: 6:AM to 9:AM

Bhuloka Day

Then Routine Work - Marana Yoga

D

Friday, March 9, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtamyam TitauYangon, Myanmar
Sun 6 Sutra 326

Vrischika Rasi: 18.49 Tiithi 23

Gulika 7:48AM - 9:18AM

Jyeshtha* Until 4:13AM Sat

Ganesh: Red Sunrise: 6:19AM

Hemalamba 5119

Yama 3:15PM - 4:45PM

Vajra* Until 6:47PM

Muruga: Green Sunset: 6:14PM

Moon 2 - Phase 44

Creative Work Siddha Yoga 177622367 Rahu 10:47AM - 12:16PM

Balava Until 5:49PM

Nataraja: White

Ashtami

Routine Work Marana Yoga

Moon - Orange

Bhuloka Day

Until 4:13AM Sat

Ashtami* Until 6:58AM Sat

Phalguna-Masi

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Saturday, March 10, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam TitauYangon, Myanmar
Sun 7 Sutra 327

Dhanus Rasi: 0.47 Tiithi 23 - 24

Gulika 6:18AM - 7:47AM

Mula* Until 7:23AM Sun

Ganesh: Green Sunrise: 6:18AM

Hemalamba 5119

Yama 1:46PM - 3:15PM

Siddhi Until 7:36PM

Muruga: Green Sunset: 6:15PM

Moon 2 - Phase 44

Creative Work Siddha Yoga 187622367 Rahu 9:17AM - 10:47AM

Taitila Until 8:15PM

Nataraja: White

Navami

Until 9:12PM

Ashtami* Until 6:58AM

Phalguna-Masi

Bhuloka Day

Then Routine Work - Marana Yoga

Moon - Light Blue

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Sunday, March 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Yangon, Myanmar Sun 8 Sutra 328
Dhanus Rasi: 12.38	Tithi 24 – 25	Gulika 3:15PM – 4:45PM	Mula* Until 7:23AM	Ganesha: Green <i>Sunrise:</i> 6:17AM		Hemalamba 5119
		Yama 12:16PM – 1:46PM	Vyatipata* Until 8:35PM	Muruga: Green <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45
		187622367 Rahu 4:45PM – 6:15PM	Vanija Until 10:53PM	Nataraja: White Moon – Light Blue		2nd Phase
Creative Work	Amrita Yoga		Navami* Until 9:32AM	Phalguna-Masi		Bhuloka Day
Until 7:23AM						
Then Creative Work - Siddha Yoga						

2 Monday, March 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 329
Dhanus Rasi: 24.27	Tithi 25 – 26	Gulika 1:45PM – 3:15PM	Purvashadha* Until 10:29AM	Ganesha: Red <i>Sunrise:</i> 6:16AM		Hemalamba 5119
Family Home Evening		Yama 10:46AM – 12:16PM	Variyan Until 9:32PM	Muruga: Green <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45
		188622367 Rahu 7:46AM – 9:16AM	Bava Until 1:28AM Tue	Nataraja: White Moon – Light Blue		2nd Phase
Routine Work	Marana Yoga		Dashami Until 12:10PM	Phalguna-Masi		Bhuloka Day
						Devaloka Time: 9:AM to 12:PM

3 Tuesday, March 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 10 Sutra 330
Makara Rasi: 6.17	Tithi 26 – 27	Gulika 12:15PM – 1:45PM	Uttarashadha Until 1:17PM	Ganesha: Red <i>Sunrise:</i> 6:16AM		Hemalamba 5119
		Yama 9:16AM – 10:46AM	Parigha* Until 10:19PM	Muruga: Green <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45
		188622367 Rahu 3:15PM – 4:45PM	Kaulava Until 3:47AM Wed	Nataraja: White Moon – Light Blue		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 2:39PM	Phalguna-Masi		Bhuloka Day
Until 1:17PM						Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, March 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 11 Sutra 331
Makara Rasi: 18.15	Tithi 27 – 28	Gulika 10:45AM – 12:15PM	Shravana Until 4:04PM	Ganesha: Green <i>Sunrise:</i> 6:15AM		Hemalamba 5119
		Yama 7:45AM – 9:15AM	Shiva Until 10:48PM	Muruga: Green <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45
		198622367 Rahu 12:15PM – 1:45PM	Gara Until 5:39AM Thu	Nataraja: White Moon – Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 4:46PM	Phalguna-Masi		Devaloka Day
Until 4:04PM			<i>Pradosha Vrata (Fasting)</i>			
Then Routine Work - Prabalarishta Yoga						

5 Thursday, March 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 12 Sutra 332
Kumbha Rasi: 0.24	Tithi 28	Gulika 9:15AM – 10:45AM	Dhanishtha Until 6:12PM	Ganesha: Green <i>Sunrise:</i> 6:14AM		Hemalamba 5119
		Yama 6:14AM – 7:44AM	Siddha Until 10:51PM	Muruga: Green <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45
		198622368 Rahu 1:45PM – 3:15PM	Vanija Until 6:21PM	Nataraja: Clear Moon – Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:21PM	Phalguna-Panguni		Sivaloka Day
		Karadayyan Nombu (Tamil Nadu)				

6 Friday, March 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sadhya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar Sun 13 Sutra 333
Kumbha Rasi: 12.46	Tithi 29	Gulika 7:44AM – 9:14AM	Shatabhishak Until 7:36PM	Ganesha: Green <i>Sunrise:</i> 6:14AM		Hemalamba 5119
		Yama 3:15PM – 4:45PM	Sadhya Until 10:27PM	Muruga: Green <i>Sunset:</i> 6:16PM		Moon 2 - Phase 45
		198622368 Rahu 10:44AM – 12:15PM	Visti Until 6:57AM	Nataraja: Clear Moon – Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:21PM	Phalguna-Panguni		Sivaloka Day

Retreat Star		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar Sun 14 Sutra 334
Kumbha Rasi: 25.25	Tithi 30	Gulika 6:13AM – 7:43AM	Purvaproshtpada* Until 8:43PM	Ganesha: Orange <i>Sunrise:</i> 6:13AM		Hemalamba 5119
		Yama 1:45PM – 3:15PM	Subha Until 9:36PM	Muruga: Green <i>Sunset:</i> 6:16PM		Moon 2 - Phase 45
		118622368 Rahu 9:14AM – 10:44AM	Catuspada Until 7:38AM	Nataraja: Clear Moon – Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 7:44PM	Phalguna-Panguni		Devaloka Day
Until 8:43PM						
Then Creative Work - Siddha Yoga						

Retreat Star		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 15 Sutra 335
Meena Rasi: 8.21	Tithi 1	Gulika 3:15PM – 4:46PM	Uttaraproshtpada Until 9:09PM	Ganesha: Orange <i>Sunrise:</i> 6:12AM		Hemalamba 5119
		Yama 12:14PM – 1:45PM	Sukla Until 8:17PM	Muruga: Green <i>Sunset:</i> 6:16PM		Moon 2 - Phase 45
		118622368 Rahu 4:46PM – 6:16PM	Kintughna Until 7:43AM	Nataraja: Clear Moon – Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:33PM	Chaitra-Panguni		Devaloka Day
		Yugadhi				

1		Monday, March 19, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 16 Sutra 336 Hemalamba 5119	
Meena Rasi: 21.33	Tithi 2	Gulika	1:44PM – 3:15PM	Revati Until 8:58PM	Ganesha: Green	<i>Sunrise:</i> 6:11AM	
Family Home Evening	119622368	Yama	10:43AM – 12:14PM	Brahma Until 6:36PM	Muruga: Green	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu	7:42AM – 9:12AM	Balava Until 7:17AM	Nataraja: Clear		3rd Phase
				Dvitiya Until 6:53PM	Moon – Clear		Bhuloka Day
					Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM

2		Tuesday, March 20, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Tritiya/Chaturthiyam Titau		Yangon, Myanmar Sun 17 Sutra 337 Hemalamba 5119	
Mesha Rasi: 4.59	Tithi 3 – 4	Gulika	12:13PM – 1:44PM	Ashvini Until 8:41PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
	129622368	Yama	9:12AM – 10:43AM	Indra Until 4:38PM	Muruga: Green	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu	3:15PM – 4:46PM	Taitila Until 6:25AM	Nataraja: Clear		3rd Phase
				Tritiya Until 5:49PM	Moon – White		Bhuloka Day
		Chellappaswami Mahasamadhi			Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM

3		Wednesday, March 21, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 338 Hemalamba 5119	
Mesha Rasi: 18.38	Tithi 4 – 5	Gulika	10:42AM – 12:13PM	Bharani Until 7:59PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
	129622368	Yama	7:41AM – 9:11AM	Vaidhriti* Until 2:23PM	Muruga: Green	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu	12:13PM – 1:44PM	Bava Until 3:42AM Thu	Nataraja: Clear		3rd Phase
Until 7:59PM				Chaturthi* Until 4:27PM	Moon – White		Bhuloka Day
Then Creative Work - Amrita Yoga					Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM

4		Thursday, March 22, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Yangon, Myanmar Sun 19 Sutra 339 Hemalamba 5119	
Vrishabha Rasi: 2.26	Tithi 5 – 6	Gulika	9:11AM – 10:42AM	Krittika Until 6:55PM	Ganesha: White	<i>Sunrise:</i> 6:09AM	
	129622368	Yama	6:09AM – 7:40AM	Vishkambha* Until 11:58AM	Muruga: Green	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Routine Work	Marana Yoga	Rahu	1:44PM – 3:15PM	Kaulava Until 2:00AM Fri	Nataraja: Clear		3rd Phase
				Panchami Until 2:51PM	Moon – White		Bhuloka Day
					Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM

5		Friday, March 23, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 340 Hemalamba 5119	
Vrishabha Rasi: 16.21	Tithi 6 – 7	Gulika	7:39AM – 9:10AM	Rohini Until 5:58PM	Ganesha: Purple	<i>Sunrise:</i> 6:08AM	
	139722368	Yama	3:15PM – 4:46PM	Priti Until 9:25AM	Muruga: Green	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Routine Work	Marana Yoga	Rahu	10:41AM – 12:13PM	Gara Until 12:09AM Sat	Nataraja: Clear		3rd Phase
Until 5:58PM				Shashthi* Until 1:05PM	Moon – Yellow		Sivaloka Day
Then Creative Work - Siddha Yoga					Chaitra-Panguni		

Retreat Star		Saturday, March 24, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 341 Hemalamba 5119	
Mithuna Rasi: 0.22	Tithi 7 – 8	Gulika	6:07AM – 7:39AM	Mrigashira Until 4:44PM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM	
	139722368	Yama	1:43PM – 3:15PM	Ayushman Until 6:43AM	Muruga: Green	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu	9:10AM – 10:41AM	Visti Until 10:10PM	Nataraja: Clear		Ashtami
				Saptami Until 11:10AM	Moon – Yellow		Sivaloka Day
					Chaitra-Panguni		

Retreat Star		Sunday, March 25, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 342 Hemalamba 5119	
Mithuna Rasi: 14.27	Tithi 8 – 9	Gulika	3:15PM – 4:46PM	Ardra Until 3:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM	
	139722368	Yama	12:12PM – 1:43PM	Sobhana Until 1:05AM Mon	Muruga: Green	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu	4:46PM – 6:17PM	Balava Until 8:05PM	Nataraja: Clear		Navami
				Ashtami* Until 9:07AM	Moon – Yellow		Sivaloka Day
		Sri Rama Navami			Chaitra-Panguni		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Monday, March 26, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Yangon, Myanmar Sun 23 Sutra 343 Hemalamba 5119	
Mithuna Rasi: 28.36	Tithi 9 - 10	Gulika	1:43PM - 3:15PM	Punarvasu Until 1:59PM	Ganesh: Yellow	<i>Sunrise:</i> 6:06AM			
Family Home Evening	141722368	Yama	10:40AM - 12:12PM	Athiganda* Until 10:10PM	Muruga: Green	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 47		
Creative Work	Amrita Yoga	Rahu	7:37AM - 9:09AM	Gara Until 4:48AM Tue	Nataraja: Clear			4th Phase	
Until 1:59PM				Navami* Until 7:00AM	Moon - Blue			Devaloka Day	
Then Creative Work - Siddha Yoga					Chaitra-Panguni				

2		Tuesday, March 27, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 344 Hemalamba 5119	
Kataka Rasi: 12.48	Tithi 11	Gulika	12:11PM - 1:43PM	Pushya Until 12:30PM	Ganesh: Yellow	<i>Sunrise:</i> 6:05AM			
	141722368	Yama	9:08AM - 10:40AM	Sukarma Until 7:13PM	Muruga: Green	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 47		
Creative Work	Siddha Yoga	Rahu	3:14PM - 4:46PM	Vanija Until 3:43PM	Nataraja: Clear			4th Phase	
				Yogaswami Mahasamadhi	Moon - Blue			Devaloka Day	
				Ekadashi Until 2:35AM Wed	Chaitra-Panguni				

3		Wednesday, March 28, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 345 Hemalamba 5119	
Kataka Rasi: 27.01	Tithi 12	Gulika	10:39AM - 12:11PM	Ashlesha* Until 10:54AM	Ganesh: Yellow	<i>Sunrise:</i> 6:04AM			
	141722368	Yama	7:36AM - 9:08AM	Dhriti Until 4:18PM	Muruga: Green	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 47		
Creative Work	Siddha Yoga	Rahu	12:11PM - 1:43PM	Bava Until 1:31PM	Nataraja: Clear			4th Phase	
				Dvadashi Until 12:25AM Thu	Moon - Blue			Devaloka Day	
					Chaitra-Panguni				

4		Thursday, March 29, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 346 Hemalamba 5119	
Simha Rasi: 11.11	Tithi 13	Gulika	9:07AM - 10:39AM	Magha* Until 9:38AM	Ganesh: White	<i>Sunrise:</i> 6:04AM			
	151722368	Yama	6:04AM - 7:35AM	Shula* Until 1:26PM	Muruga: Green	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 47		
Creative Work	Amrita Yoga	Rahu	1:43PM - 3:14PM	Kaulava Until 11:23AM	Nataraja: Clear			4th Phase	
Until 9:38AM				Trayodashi Until 10:22PM	Moon - Red			Sivaloka Day	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>	Chaitra-Panguni				

5		Friday, March 30, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vridhhi* Yoga Gara/Vanija Karana Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 347 Hemalamba 5119	
Simha Rasi: 25.15	Tithi 14	Gulika	7:35AM - 9:07AM	Purvaphalguni Until 8:24AM	Ganesh: White	<i>Sunrise:</i> 6:03AM			
	151722368	Yama	3:14PM - 4:46PM	Ganda* Until 10:44AM	Muruga: Green	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 47		
Creative Work	Siddha Yoga	Rahu	10:39AM - 12:10PM	Gara Until 9:27AM	Nataraja: Clear			4th Phase	
				Chaturdashi* Until 8:33PM	Moon - Red			Sivaloka Day	
					Chaitra-Panguni				

○		Saturday, March 31, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 348 Hemalamba 5119	
Copper Retreat Star		Gulika	6:02AM - 7:34AM	Uttaraphalguni Until 7:18AM	Ganesh: White	<i>Sunrise:</i> 6:02AM			
Kanya Rasi: 9.1	Tithi 15	Yama	1:42PM - 3:14PM	Vriddhi Until 8:16AM	Muruga: Green	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 47		
Routine Work	Marana Yoga	Rahu	9:06AM - 10:38AM	Visti Until 7:47AM	Nataraja: Clear			Purnima	
				Purnima* Until 7:04PM	Moon - Red			Sivaloka Day	
				Panguni Uttiram	Chaitra-Panguni				
				Hanuman Jayanti					

○		Sunday, April 1, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sutra 349 Hemalamba 5119	
Silver Retreat Star		Gulika	3:14PM - 4:46PM	Hasta Until 6:52AM	Ganesh: Clear	<i>Sunrise:</i> 6:02AM			
Kanya Rasi: 22.5	Tithi 16	Yama	12:10PM - 1:42PM	Dhruva Until 6:06AM	Muruga: Green	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 47		
Creative Work	Amrita Yoga	Rahu	4:46PM - 6:18PM	Balava Until 6:31AM	Nataraja: Clear			Prathama	
Until 6:52AM				Prathama* Until 6:02PM	Moon - Green			Devaloka Day	
Then Creative Work - Siddha Yoga					Chaitra-Panguni				

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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Monday, April 2, 2018
Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 350
Hemalamba 5119

Tula Rasi: 6.13 Tihi 17 – 18

Family Home Evening

Routine Work Prabalarishta Yoga

Until 6:48AM

Then Creative Work - Amrita Yoga

Gulika 1:42PM – 3:14PM
Yama 10:38AM – 12:10PM
Rahu 7:33AM – 9:06AM

Chitra Until 6:48AM
Harshana Until 3:06AM Tue
Vanija Until 5:35AM Tue
Dvitiya Until 5:34PM

Ganesha: Clear *Sunrise: 6:01AM*
Muruga: Green *Sunset: 6:18PM*
Nataraja: Clear
Moon – Green
Chaitra-Panguni

Devaloka Day

1

Tuesday, April 3, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 351
Hemalamba 5119

Tula Rasi: 19.17 Tihi 18 – 19

Creative Work Siddha Yoga

Until 7:10AM

Then Routine Work - Marana Yoga

Gulika 12:10PM – 1:42PM
Yama 9:05AM – 10:37AM
Rahu 3:14PM – 4:46PM

Svati Until 7:10AM
Vajra* Until 2:19AM Wed
Bava Until 6:04AM Wed
Tritiya Until 5:43PM

Ganesha: Clear *Sunrise: 6:01AM*
Muruga: Green *Sunset: 6:19PM*
Nataraja: Clear
Moon – Green
Chaitra-Panguni

Devaloka Day

2

Wednesday, April 4, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 352
Hemalamba 5119

Vrischika Rasi: 2.01 Tihi 19

Creative Work Siddha Yoga

Gulika 10:37AM – 12:09PM
Yama 7:32AM – 9:04AM
Rahu 12:09PM – 1:42PM

Vishakha Until 8:29AM
Siddhi Until 2:04AM Thu
Bava Until 6:04AM
Chaturthi* Until 6:32PM

Ganesha: Purple *Sunrise: 6:00AM*
Muruga: Green *Sunset: 6:19PM*
Nataraja: Clear
Moon – Orange
Chaitra-Panguni

Sivaloka Day

3

Thursday, April 5, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 353
Hemalamba 5119

Vrischika Rasi: 14.28 Tihi 20

Creative Work Siddha Yoga

Until 10:17AM

Then Routine Work - Prabalarishta Yoga

Gulika 9:04AM – 10:36AM
Yama 5:59AM – 7:31AM
Rahu 1:41PM – 3:14PM

Anuradha Until 10:17AM
Vyatipata* Until 2:19AM Fri
Kaulava Until 7:13AM
Panchami Until 8:00PM

Ganesha: Purple *Sunrise: 5:59AM*
Muruga: Green *Sunset: 6:19PM*
Nataraja: Clear
Moon – Orange
Chaitra-Panguni

Sivaloka Day

4

Friday, April 6, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 354
Hemalamba 5119

Vrischika Rasi: 26.39 Tihi 21

Routine Work Marana Yoga

Until 12:29PM

Then Creative Work - Amrita Yoga

Gulika 7:31AM – 9:03AM
Yama 3:14PM – 4:46PM
Rahu 10:36AM – 12:09PM

Jyeshtha* Until 12:29PM
Variyan Until 2:55AM Sat
Gara Until 8:59AM
Shashthi* Until 10:02PM

Ganesha: Clear *Sunrise: 5:58AM*
Muruga: Green *Sunset: 6:19PM*
Nataraja: Clear
Moon – Orange
Chaitra-Panguni

Devaloka Day

5

Saturday, April 7, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha* Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 355
Hemalamba 5119

Dhanus Rasi: 8.38 Tihi 22

Creative Work Siddha Yoga

Gulika 5:58AM – 7:30AM
Yama 1:41PM – 3:14PM
Rahu 9:03AM – 10:36AM

Mula* Until 3:28PM
Parigha* Until 3:50AM Sun
Visti Until 11:14AM
Saptami Until 12:27AM Sun

Ganesha: White *Sunrise: 5:58AM*
Muruga: Green *Sunset: 6:19PM*
Nataraja: Clear
Moon – Light Blue
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

D

Sunday, April 8, 2018
Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 356
Hemalamba 5119

Dhanus Rasi: 20.29 Tihi 23

Creative Work Siddha Yoga

Until 6:31PM

Then Creative Work - Amrita Yoga

Gulika 3:14PM – 4:47PM
Yama 12:08PM – 1:41PM
Rahu 4:47PM – 6:19PM

Purvashadha* Until 6:31PM
Shiva Until 4:51AM Mon
Balava Until 1:45PM
Ashtami* Until 3:02AM Mon

Ganesha: White *Sunrise: 5:57AM*
Muruga: Green *Sunset: 6:19PM*
Nataraja: Clear
Moon – Light Blue
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Monday, April 9, 2018
Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Tailila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 357
Hemalamba 5119

Makara Rasi: 2.18 Tihi 24

Family Home Evening

Routine Work Marana Yoga

Until 9:24PM

Then Creative Work - Amrita Yoga

Gulika 1:41PM – 3:14PM
Yama 10:35AM – 12:08PM
Rahu 7:29AM – 9:02AM

Uttarashadha Until 9:24PM
Siddha Until 5:45AM Tue
Tailila Until 4:20PM
Navami* Until 5:32AM Tue

Ganesha: White *Sunrise: 5:56AM*
Muruga: Green *Sunset: 6:20PM*
Nataraja: Clear
Moon – Light Blue
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

1 Tuesday, April 10, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Yangon, Myanmar
Makara Rasi: 14.1		Shravana Nakshatra Sadhya Yoga Vanija Karana Dashamyam Titau		Sun 9 Sutra 358
Tihi 25		Gulika 12:07PM – 1:41PM	Shravana Until 12:21AM Wed	Hemalamba 5119
192722368		Yama 9:01AM – 10:34AM	Sadhya Until 6:25AM Wed	Moon 3 - Phase 49
Creative Work Siddha Yoga		Rahu 3:14PM – 4:47PM	Vanija Until 6:41PM	2nd Phase
Until 12:21AM Wed		Dashami Until 7:40AM Wed		Devaloka Day
Then Routine Work - Prabalarishta Yoga		Ganesha: Yellow Sunrise: 5:55AM		Chaitra•Panguni
		Muruga: Green Sunset: 6:20PM		
		Nataraja: Clear		
		Moon – Purple		

2 Wednesday, April 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Yangon, Myanmar
Makara Rasi: 26.1		Dhanishtha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Dashami/Ekadayam Titau		Sun 10 Sutra 359
Tihi 25 – 26		Gulika 10:34AM – 12:07PM	Dhanishtha Until 2:39AM Thu	Hemalamba 5119
192722368		Yama 7:28AM – 9:01AM	Sadhya Until 6:25AM	Moon 3 - Phase 49
Routine Work Prabalarishta Yoga		Rahu 12:07PM – 1:40PM	Bava Until 8:33PM	2nd Phase
Until 2:39AM Thu		Dashami Until 7:40AM		Devaloka Day
Then Creative Work - Siddha Yoga		Ganesha: Yellow Sunrise: 5:55AM		Chaitra•Panguni
		Muruga: Green Sunset: 6:20PM		
		Nataraja: Clear		
		Moon – Purple		

3 Thursday, April 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Yangon, Myanmar
Kumbha Rasi: 8.22		Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 360
Tihi 26 – 27		Gulika 9:00AM – 10:34AM	Shatabhishak Until 4:09AM Fri	Hemalamba 5119
192722368		Yama 5:54AM – 7:27AM	Subha Until 6:40AM	Moon 3 - Phase 49
Creative Work Siddha Yoga		Rahu 1:40PM – 3:13PM	Kaulava Until 9:48PM	2nd Phase
Until 9:48PM		Ekadashi* Until 9:15AM		Devaloka Day
Then Routine Work - Prabalarishta Yoga		Ganesha: Yellow Sunrise: 5:54AM		Chaitra•Panguni
		Muruga: Green Sunset: 6:20PM		
		Nataraja: Clear		
		Moon – Purple		

4 Friday, April 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Yangon, Myanmar
Kumbha Rasi: 20.53		Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 361
Tihi 27 – 28		Gulika 7:27AM – 9:00AM	Purvaproshtapada* Until 5:15AM Sat	Hemalamba 5119
112722368		Yama 3:13PM – 4:47PM	Sukla Until 6:22AM	Moon 3 - Phase 49
Creative Work Siddha Yoga		Rahu 10:33AM – 12:07PM	Gara Until 10:18PM	2nd Phase
Until 10:18PM		Dvadashi* Until 10:07AM		Bhuloka Day
Then Creative Work - Siddha Yoga		Ganesha: Blue Sunrise: 5:53AM		Chaitra•Panguni
		Muruga: Green Sunset: 6:20PM		Devaloka Time: 6:PM to 9:PM
		Nataraja: Clear		
		Moon – Clear		
		<i>Pradosha Vrata (Fasting)</i>		

5 Saturday, April 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam		Yangon, Myanmar
Meena Rasi: 3.44		Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 362
Tihi 28 – 29		Gulika 5:52AM – 7:26AM	Uttaraproshtapada Until 5:29AM Sun	Vilamba 5120
112732368		Yama 1:40PM – 3:13PM	Indra Until 4:06AM Sun	Moon 3 - Phase 49
Creative Work Siddha Yoga		Rahu 8:59AM – 10:33AM	Visti Until 10:04PM	2nd Phase
Until 5:29AM Sun		Trayodashi* Until 10:15AM		Bhuloka Day
Then Creative Work - Amrita Yoga		Ganesha: Blue Sunrise: 5:52AM		Chaitra•Chaitra
		Muruga: White Sunset: 6:20PM		Devaloka Time: 6:PM to 9:PM
		Nataraja: Clear		
		Moon – Clear		
		Tamil New Year		

● Sunday, April 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Yangon, Myanmar
Retreat Star		Revati Nakshatra Vaidhriti* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 363
Meena Rasi: 16.56		Gulika 3:13PM – 4:47PM	Revati Until 4:57AM Mon	Vilamba 5120
Tihi 29 – 30		Yama 12:06PM – 1:40PM	Vaidhriti* Until 2:09AM Mon	Moon 3 - Phase 49
192732368		Rahu 4:47PM – 6:21PM	Catuspada Until 9:10PM	Amavasya
Creative Work Amrita Yoga		Chaturdashi* Until 9:41AM		Bhuloka Day
Until 4:57AM Mon		Ganesha: Blue Sunrise: 5:52AM		Chaitra•Chaitra
Then Creative Work - Siddha Yoga		Muruga: White Sunset: 6:21PM		Devaloka Time: 6:PM to 9:PM
		Nataraja: Clear		
		Moon – Clear		

Monday, April 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Yangon, Myanmar
Retreat Star		Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15 Sutra 364
Mesha Rasi: 0.31		Gulika 1:40PM – 3:13PM	Ashvini Until 4:12AM Tue	Vilamba 5120
Tihi 30 – 1		Yama 10:32AM – 12:06PM	Vishkambha* Until 11:47PM	Moon 3 - Phase 49
222732368		Rahu 7:25AM – 8:58AM	Kintughna Until 7:43PM	Prathama
Family Home Evening		Amavasya* Until 8:29AM		Bhuloka Day
Creative Work Siddha Yoga		Ganesha: Blue Sunrise: 5:51AM		Chaitra•Chaitra
		Muruga: White Sunset: 6:21PM		Devaloka Time: 6:PM to 9:PM
		Nataraja: Clear		
		Moon – White		
		Vaisaka•Chaitra		

1		Tuesday, April 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Priti Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar Sun 16 Sutra 1 Vilamba 5120
Mesha Rasi: 14.22	Tithi 1 – 2	Gulika 12:06PM – 1:39PM	Bharani Until 2:56AM Wed	Ganesha: Yellow <i>Sunrise:</i> 5:50AM	
		Yama 8:58AM – 10:32AM	Priti Until 9:07PM	Muruga: White <i>Sunset:</i> 6:21PM	Moon 3 - Phase 1
		222832368 Rahu 3:13PM – 4:47PM	Kaulava Until 4:46AM Wed	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 6:48AM	Moon – White	Devaloka Day
Until 2:56AM Wed				Vaisaka-Chaitra	
Then Creative Work - Amrita Yoga					

2		Wednesday, April 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau	Yangon, Myanmar Sun 17 Sutra 2 Vilamba 5120
Mesha Rasi: 28.28	Tithi 3	Gulika 10:31AM – 12:05PM	Krittika Until 1:18AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:50AM	
		Yama 7:24AM – 8:58AM	Ayushman Until 6:12PM	Muruga: White <i>Sunset:</i> 6:21PM	Moon 3 - Phase 1
		222832368 Rahu 12:05PM – 1:39PM	Taitila Until 3:40PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 2:30AM Thu	Moon – White	Devaloka Day
Until 1:18AM Thu		Akshaya Tritiya		Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

3		Thursday, April 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau	Yangon, Myanmar Sun 18 Sutra 3 Vilamba 5120
Vrisabha Rasi: 12.42	Tithi 4	Gulika 8:57AM – 10:31AM	Rohini Until 11:50PM	Ganesha: Blue <i>Sunrise:</i> 5:49AM	
		Yama 5:49AM – 7:23AM	Saubhagya Until 3:11PM	Muruga: White <i>Sunset:</i> 6:21PM	Moon 3 - Phase 1
		233832368 Rahu 1:39PM – 3:13PM	Vanija Until 1:20PM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 12:08AM Fri	Moon – Yellow	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

4		Friday, April 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau	Yangon, Myanmar Sun 19 Sutra 4 Vilamba 5120
Vrisabha Rasi: 27	Tithi 5	Gulika 7:22AM – 8:57AM	Mrigashira Until 10:13PM	Ganesha: Blue <i>Sunrise:</i> 5:48AM	
		Yama 3:13PM – 4:47PM	Sobhana Until 12:09PM	Muruga: White <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
		233832368 Rahu 10:31AM – 12:05PM	Bava Until 10:58AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:46PM	Moon – Yellow	Bhuloka Day
		Adi Sankara Jayanthi		Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

5		Saturday, April 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau	Yangon, Myanmar Sun 20 Sutra 5 Vilamba 5120
Mithuna Rasi: 11.16	Tithi 6	Gulika 5:48AM – 7:22AM	Ardra Until 8:33PM	Ganesha: Blue <i>Sunrise:</i> 5:48AM	
		Yama 1:39PM – 3:13PM	Athiganda* Until 9:08AM	Muruga: White <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
		233832368 Rahu 8:56AM – 10:30AM	Kaulava Until 8:38AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:29PM	Moon – Yellow	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

6		Sunday, April 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Yangon, Myanmar Sun 21 Sutra 6 Vilamba 5120
Mithuna Rasi: 25.29	Tithi 7 – 8	Gulika 3:13PM – 4:48PM	Punarvasu Until 7:18PM	Ganesha: Yellow <i>Sunrise:</i> 5:47AM	
		Yama 12:05PM – 1:39PM	Sukarma Until 6:13AM	Muruga: White <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
		243832368 Rahu 4:48PM – 6:22PM	Gara Until 6:24AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:19PM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Monday, April 23, 2018		Retreat Star		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 7 Vilamba 5120
Kataka Rasi: 10	Tithi 8 – 9	Gulika 1:39PM – 3:13PM	Pushya Until 6:04PM	Ganesha: Yellow <i>Sunrise:</i> 5:46AM	
Family Home Evening		Yama 10:30AM – 12:04PM	Shula* Until 12:45AM Tue	Muruga: White <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
		243832368 Rahu 7:21AM – 8:55AM	Balava Until 2:23AM Tue	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 3:18PM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	


Tuesday, April 24, 2018		Retreat Star		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Yangon, Myanmar Sun 23 Sutra 8 Vilamba 5120
Kataka Rasi: 23.37	Tithi 9 – 10	Gulika 12:04PM – 1:39PM	Ashlesha* Until 4:51PM	Ganesha: Yellow <i>Sunrise:</i> 5:46AM	
		Yama 8:55AM – 10:30AM	Ganda* Until 10:13PM	Muruga: White <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
		243832368 Rahu 3:13PM – 4:48PM	Taitila Until 12:39AM Wed	Nataraja: Clear	Navami
Creative Work	Siddha Yoga		Navami* Until 1:28PM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

1		Wednesday, April 25, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 9	
Simha Rasi: 7.3	Tithi 10 – 11	Gulika	10:29AM – 12:04PM	Magha* Until 4:07PM	Ganesh: White	<i>Sunrise:</i> 5:45AM	Vilamba 5120		
		Yama	7:20AM – 8:55AM	Vriddhi Until 7:52PM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 2		
		253832369 Rahu	12:04PM – 1:39PM	Vanija Until 11:05PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga			Dashami Until 11:49AM	Moon – Red		Bhuloka Day		
Until 4:07PM					Vaisaka*Chaitra				
Then Creative Work - Amrita Yoga									

2		Thursday, April 26, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 10	
Simha Rasi: 21.16	Tithi 11 – 12	Gulika	8:54AM – 10:29AM	Purvaphalguni Until 3:26PM	Ganesh: White	<i>Sunrise:</i> 5:45AM	Vilamba 5120		
		Yama	5:45AM – 7:19AM	Dhruva Until 5:39PM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 2		
		253832369 Rahu	1:39PM – 3:13PM	Bava Until 9:45PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga			Ekadashi Until 10:22AM	Moon – Red		Bhuloka Day		
					Vaisaka*Chaitra				

3		Friday, April 27, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 11	
Kanya Rasi: 4.55	Tithi 12 – 13	Gulika	7:19AM – 8:54AM	Uttaraphalguni Until 2:51PM	Ganesh: White	<i>Sunrise:</i> 5:44AM	Vilamba 5120		
		Yama	3:13PM – 4:48PM	Vyaghata* Until 3:39PM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 2		
		253832369 Rahu	10:29AM – 12:04PM	Kaulava Until 8:40PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga			Dvadashi Until 9:09AM	Moon – Red		Bhuloka Day		
Until 2:51PM				<i>Pradosha Vrata</i>	Vaisaka*Chaitra				
Then Creative Work - Amrita Yoga									

4		Saturday, April 28, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Tailala/Gara Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 12	
Kanya Rasi: 18.23	Tithi 13 – 14	Gulika	5:43AM – 7:18AM	Hasta Until 2:51PM	Ganesh: Clear	<i>Sunrise:</i> 5:43AM	Vilamba 5120		
		Yama	1:38PM – 3:13PM	Harshana Until 1:54PM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 2		
		263832369 Rahu	8:53AM – 10:28AM	Gara Until 7:53PM	Nataraja: Purple		4th Phase		
Routine Work	Marana Yoga			Trayodashi Until 8:13AM	Moon – Green		Bhuloka Day		
					Vaisaka*Chaitra		Devaloka Time: 6:AM to 9:AM		

		Sunday, April 29, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sutra 13	
Copper Retreat Star		Gulika	3:13PM – 4:49PM	Chitra Until 3:04PM	Ganesh: Clear	<i>Sunrise:</i> 5:43AM	Vilamba 5120		
Tula Rasi: 1.41	Tithi 14 – 15	Yama	12:03PM – 1:38PM	Vajra* Until 12:26PM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 2		
		263832369 Rahu	4:49PM – 6:24PM	Visti Until 7:30PM	Nataraja: Purple		Purnima		
Creative Work	Siddha Yoga			Chaturdashi* Until 7:37AM	Moon – Green		Bhuloka Day		
		Budha Purnima (Tamil Nadu)			Vaisaka*Chaitra		Devaloka Time: 6:AM to 9:AM		

Monday, April 30, 2018		Silver Retreat Star				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 14	
Tula Rasi: 14.46	Tithi 15 – 16	Gulika	1:38PM – 3:14PM	Svati Until 3:34PM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM	Vilamba 5120		
Family Home Evening		Yama	10:28AM – 12:03PM	Siddhi Until 11:19AM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 2		
		263832369 Rahu	7:17AM – 8:53AM	Balava Until 7:34PM	Nataraja: Purple		Prathama		
Creative Work	Amrita Yoga			Purnima* Until 7:27AM	Moon – Green		Bhuloka Day		
Until 3:34PM					Vaisaka*Chaitra		Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Marana Yoga									

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda