



Friday, May 12, 2017
Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway
Sutra 25

Vrischika Rasi: 11.52 Tithi 17

Gulika 5:57AM – 8:03AM
Yama 4:27PM – 6:33PM
Rahu 10:09AM – 12:15PM

Anuradha Until 3:40PM
Parigha* Until 1:13PM
Taitila Until 2:10PM
Dvitiya Until 3:20AM Sat

Ganesha: Blue *Sunrise:* 3:51AM
Muruga: Blue *Sunset:* 8:39PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 3:40PM

Then Routine Work - Marana Yoga

1

Saturday, May 13, 2017

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Oslo, Norway
Sun 1 Sutra 26

Vrischika Rasi: 23.45 Tithi 18

Gulika 3:49AM – 5:56AM
Yama 2:22PM – 4:28PM
Rahu 8:02AM – 10:09AM

Jyeshtha* Until 6:26PM
Shiva Until 2:09PM
Vanija Until 4:33PM
Tritiya Until 5:44AM Sun

Ganesha: Blue *Sunrise:* 3:49AM
Muruga: Blue *Sunset:* 8:41PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

2

Sunday, May 14, 2017

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Bava Karana Chaturthyam Titau

Oslo, Norway
Sun 2 Sutra 27

Dhanus Rasi: 5.37 Tithi 19

Gulika 4:29PM – 6:36PM
Yama 12:15PM – 2:22PM
Rahu 6:36PM – 8:43PM

Mula* Until 9:33PM
Siddha Until 3:04PM
Bava Until 6:57PM
Chaturthi* Until 8:05AM Mon

Ganesha: Yellow *Sunrise:* 3:47AM
Muruga: Blue *Sunset:* 8:43PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 9:33PM

Then Creative Work - Siddha Yoga

Devaloka Time: 6:AM to 9:AM

3

Monday, May 15, 2017

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway
Sun 3 Sutra 28

Dhanus Rasi: 17.31 Tithi 19 – 20

Gulika 2:23PM – 4:30PM
Yama 10:07AM – 12:15PM
Rahu 5:52AM – 8:00AM

Purvashadha* Until 12:22AM Tue
Sadhya Until 3:55PM
Kaulava Until 9:14PM
Chaturthi* Until 8:05AM

Ganesha: Yellow *Sunrise:* 3:44AM
Muruga: Blue *Sunset:* 8:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 12:22AM Tue

Then Routine Work - Prabalarishta Yoga

Devaloka Time: 6:AM to 9:AM

4

Tuesday, May 16, 2017

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway
Sun 4 Sutra 29

Dhanus Rasi: 29.28 Tithi 20 – 21

Gulika 12:15PM – 2:23PM
Yama 7:59AM – 10:07AM
Rahu 4:32PM – 6:40PM

Uttarashadha Until 2:43AM Wed
Subha Until 4:36PM
Gara Until 11:13PM
Panchami Until 10:15AM

Ganesha: Red *Sunrise:* 3:42AM
Muruga: Blue *Sunset:* 8:48PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Routine Work Prabalarishta Yoga
Until 2:43AM Wed

Then Creative Work - Siddha Yoga

Devaloka Time: 6:AM to 9:AM

5

Wednesday, May 17, 2017

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Oslo, Norway
Sun 5 Sutra 30

Makara Rasi: 11.34 Tithi 21 – 22

Gulika 10:06AM – 12:15PM
Yama 5:49AM – 7:58AM
Rahu 12:15PM – 2:24PM

Shravana Until 4:56AM Thu
Sukla Until 4:56PM
Visti Until 12:45AM Thu
Shashthi* Until 12:02PM

Ganesha: Green *Sunrise:* 3:40AM
Muruga: Blue *Sunset:* 8:50PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

D

Thursday, May 18, 2017
Retreat Star

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway
Sun 6 Sutra 31

Makara Rasi: 23.52 Tithi 22 – 23

Gulika 7:56AM – 10:06AM
Yama 3:38AM – 5:47AM
Rahu 2:24PM – 4:34PM

Dhanishtha Until 6:19AM Fri
Brahma Until 4:49PM
Balava Until 1:37AM Fri
Saptami Until 1:15PM

Ganesha: Green *Sunrise:* 3:38AM
Muruga: Blue *Sunset:* 8:53PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Friday, May 19, 2017
Retreat Star

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway
Sun 7 Sutra 32

Kumbha Rasi: 6.29 Tithi 23 – 24

Gulika 5:45AM – 7:55AM
Yama 4:35PM – 6:45PM
Rahu 10:05AM – 12:15PM

Dhanishtha Until 6:19AM
Indra Until 4:08PM
Taitila Until 1:42AM Sat
Ashtami* Until 1:45PM

Ganesha: Green *Sunrise:* 3:36AM
Muruga: Blue *Sunset:* 8:55PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
Navami

Bhuloka Day

Creative Work Siddha Yoga

1

Saturday, May 20, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Oslo, Norway

Kumbha Rasi: 19.29 Tihi 24 – 25

Gulika 3:33AM – 5:44AM
Yama 2:26PM – 4:36PM
Rahu 7:54AM – 10:05AMShatabhishak Until 6:46AM
Vaidhriti* Until 2:46PM
Vanija Until 12:55AM Sun
Navami* Until 1:24PMGanesha: Green Sunrise: 3:33AM
Muruga: Blue Sunset: 8:57PM
Nataraja: Purple
Moon – Purple
Vaisaka-VaikasiSun 8 Sutra 33
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 6:46AM

Then Routine Work - Marana Yoga

2

Sunday, May 21, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Oslo, Norway

Meena Rasi: 2.56 Tihi 25 – 26

Gulika 4:37PM – 6:48PM
Yama 12:15PM – 2:26PM
Rahu 6:48PM – 8:59PMPurvaprosarthapada* Until 6:40AM
Vishkambha* Until 12:43PM
Bava Until 11:18PM
Dashami Until 12:12PMGanesha: Purple Sunrise: 3:31AM
Muruga: Blue Sunset: 8:59PM
Nataraja: Purple
Moon – Clear
Vaisaka-VaikasiSun 9 Sutra 34
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 6:40AM

Then Creative Work - Amrita Yoga

3

Monday, May 22, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Oslo, Norway

Meena Rasi: 16.53 Tihi 26 – 27

Gulika 2:27PM – 4:38PM
Yama 10:04AM – 12:15PM
Rahu 5:41AM – 7:52AMRevati Until 3:41AM Tue
Priti Until 10:02AM
Kaulava Until 8:56PM
Ekadashi* Until 10:11AMGanesha: Purple Sunrise: 3:29AM
Muruga: Blue Sunset: 9:01PM
Nataraja: Purple
Moon – Clear
Vaisaka-VaikasiSun 10 Sutra 35
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, May 23, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau

Oslo, Norway

Mesha Rasi: 1.19 Tihi 27 – 28

Gulika 12:15PM – 2:27PM
Yama 7:51AM – 10:03AM
Rahu 4:39PM – 6:51PMAshvini Until 1:27AM Wed
Ayushman Until 6:45AM
Vanija Until 4:14AM Wed
Dvadashi* Until 7:29AMGanesha: Light Blue Sunrise: 3:27AM
Muruga: Blue Sunset: 9:03PM
Nataraja: Purple
Moon – White
Vaisaka-VaikasiSun 11 Sutra 36
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Pradosha Vrata (Fasting)

5

Wednesday, May 24, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Oslo, Norway

Mesha Rasi: 16.1 Tihi 29

Gulika 10:03AM – 12:15PM
Yama 5:38AM – 7:51AM
Rahu 12:15PM – 2:28PMBharani Until 10:40PM
Sobhana Until 10:58PM
Visti Until 2:29PM
Chaturdashi* Until 12:36AM ThuGanesha: Light Blue Sunrise: 3:26AM
Muruga: Blue Sunset: 9:05PM
Nataraja: Purple
Moon – White
Vaisaka-VaikasiSun 12 Sutra 37
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 10:40PM

Then Creative Work - Amrita Yoga

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Thursday, May 25, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Oslo, Norway

Vrishabha Rasi: 1.17 Tihi 30

Gulika 7:50AM – 10:03AM
Yama 3:24AM – 5:37AM
Rahu 2:29PM – 4:41PMKrittika Until 7:32PM
Athiganda* Until 6:43PM
Catuspada Until 10:43AM
Amavasya* Until 8:46PMGanesha: Purple Sunrise: 3:24AM
Muruga: Blue Sunset: 9:07PM
Nataraja: Purple
Moon – White
Vaisaka-VaikasiSun 13 Sutra 38
Hemalamba 5119
Moon 5 - Phase 5
Amavasya

Bhuloka Day

Routine Work Marana Yoga

Friday, May 26, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau

Oslo, Norway

Vrishabha Rasi: 16.34 Tihi 1 – 2

Gulika 5:35AM – 7:49AM
Yama 4:43PM – 6:56PM
Rahu 10:02AM – 12:16PMRohini Until 4:37PM
Sukarma Until 2:25PM
Kintughna Until 6:50AM
Prathama* Until 4:53PMGanesha: Light Blue Sunrise: 3:22AM
Muruga: Blue Sunset: 9:09PM
Nataraja: Purple
Moon – Yellow
Jyeshtha-VaikasiSun 14 Sutra 39
Hemalamba 5119
Moon 5 - Phase 5
Prathama

Bhuloka Day

Routine Work Marana Yoga

Until 4:37PM

Then Creative Work - Siddha Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1		Saturday, May 27, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 40 Hemalamba 5119	
Mithuna Rasi: 1.48	Tithi 2 – 3	Gulika	3:20AM – 5:34AM	Mrigashira Until 1:42PM	Ganesh: Purple	<i>Sunrise:</i> 3:20AM			
		Yama	2:30PM – 4:44PM	Dhriti Until 10:14AM	Muruga: Blue	<i>Sunset:</i> 9:11PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	334481369	Rahu	7:48AM – 10:02AM	Nataraja: Purple		3rd Phase		
				Taitila Until 11:23PM	Moon – Yellow		Bhuloka Day		
				Dvitiya Until 1:08PM	Jyeshtha-Vaikasi				

2		Sunday, May 28, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 16 Sutra 41 Hemalamba 5119	
Mithuna Rasi: 16.5	Tithi 3 – 4	Gulika	4:45PM – 6:59PM	Ardra Until 10:58AM	Ganesh: Purple	<i>Sunrise:</i> 3:18AM			
		Yama	12:16PM – 2:30PM	Shula* Until 6:16AM	Muruga: Blue	<i>Sunset:</i> 9:13PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	334481369	Rahu	6:59PM – 9:13PM	Nataraja: Purple		3rd Phase		
				Vanija Until 8:09PM	Moon – Yellow		Bhuloka Day		
				Tritiya Until 9:42AM	Jyeshtha-Vaikasi				

3		Monday, May 29, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 42 Hemalamba 5119	
Kataka Rasi: 1.32	Tithi 4 – 5	Gulika	2:31PM – 4:46PM	Punarvasu Until 8:59AM	Ganesh: Purple	<i>Sunrise:</i> 3:17AM			
Family Home Evening		Yama	10:01AM – 12:16PM	Vriddhi Until 11:35PM	Muruga: Blue	<i>Sunset:</i> 9:15PM	Moon 5 - Phase 6		
Creative Work	Amrita Yoga	345481369	Rahu	5:32AM – 7:46AM	Nataraja: Purple		3rd Phase		
Until 8:59AM				Balava Until 4:21AM Tue	Moon – Blue		Bhuloka Day		
Then Creative Work - Siddha Yoga				Chaturthi* Until 6:43AM	Jyeshtha-Vaikasi				

4		Tuesday, May 30, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Oslo, Norway Sun 18 Sutra 43 Hemalamba 5119	
Kataka Rasi: 15.47	Tithi 6	Gulika	12:16PM – 2:31PM	Pushya Until 7:29AM	Ganesh: Purple	<i>Sunrise:</i> 3:15AM			
		Yama	7:46AM – 10:01AM	Dhruva Until 9:02PM	Muruga: Blue	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	345481369	Rahu	4:47PM – 7:02PM	Nataraja: Purple		3rd Phase		
				Kaulava Until 3:27PM	Moon – Blue		Bhuloka Day		
				Shashthi* Until 2:42AM Wed	Jyeshtha-Vaikasi				

5		Wednesday, May 31, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 19 Sutra 44 Hemalamba 5119	
Kataka Rasi: 29.35	Tithi 7	Gulika	10:01AM – 12:16PM	Ashlesha* Until 6:34AM	Ganesh: Purple	<i>Sunrise:</i> 3:14AM			
		Yama	5:29AM – 7:45AM	Vyaghata* Until 7:07PM	Muruga: Blue	<i>Sunset:</i> 9:19PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	345481369	Rahu	12:16PM – 2:32PM	Nataraja: Purple		3rd Phase		
				Gara Until 2:11PM	Moon – Blue		Bhuloka Day		
				Saptami Until 1:50AM Thu	Jyeshtha-Vaikasi				

Retreat Star		Thursday, June 1, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 20 Sutra 45 Hemalamba 5119	
Simha Rasi: 12.56	Tithi 8	Gulika	7:44AM – 10:00AM	Magha* Until 6:43AM	Ganesh: Clear	<i>Sunrise:</i> 3:12AM			
		Yama	3:12AM – 5:28AM	Harshana Until 5:51PM	Muruga: Blue	<i>Sunset:</i> 9:21PM	Moon 5 - Phase 6		
Creative Work	Amrita Yoga	355481369	Rahu	2:32PM – 4:48PM	Nataraja: Purple		Ashtami		
Until 6:43AM				Visti Until 1:42PM	Moon – Red		Bhuloka Day		
Then Creative Work - Siddha Yoga				Ashtami* Until 1:44AM Fri	Jyeshtha-Vaikasi	Devaloka Time: 6:AM to 9:AM			

Retreat Star		Friday, June 2, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 21 Sutra 46 Hemalamba 5119	
Simha Rasi: 25.52	Tithi 9	Gulika	5:27AM – 7:44AM	Purvaphalguni Until 7:29AM	Ganesh: Clear	<i>Sunrise:</i> 3:11AM			
		Yama	4:49PM – 7:06PM	Vajra* Until 5:09PM	Muruga: Blue	<i>Sunset:</i> 9:22PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	355481369	Rahu	10:00AM – 12:16PM	Nataraja: Purple		Navami		
				Balava Until 1:59PM	Moon – Red		Bhuloka Day		
				Navami* Until 2:22AM Sat	Jyeshtha-Vaikasi	Devaloka Time: 6:AM to 9:AM			

1

Saturday, June 3, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Dashamyam Titau

Oslo, Norway

Kanya Rasi: 8.28 Tithi 10
Routine Work Marana Yoga

Gulika 3:09AM – 5:26AM
Yama 2:33PM – 4:50PM
365481369 **Rahu** 7:43AM – 10:00AM

Uttaraphalguni Until 8:46AM
Siddhi Until 4:59PM
Tailila Until 2:56PM
Dashami Until 3:35AM Sun

Ganesha: Clear *Sunrise:* 3:09AM
Muruga: Blue *Sunset:* 9:24PM
Nataraja: Purple
Moon – Red
Jyeshtha-Vaikasi

Sun 22 Sutra 47
Hemalamba 5119
Moon 5 - Phase 7
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Sunday, June 4, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau

Oslo, Norway

Kanya Rasi: 20.49 Tithi 11
Creative Work Amrita Yoga
Until 10:55AM
Then Creative Work - Siddha Yoga

Gulika 4:51PM – 7:08PM
Yama 12:17PM – 2:34PM
365481369 **Rahu** 7:08PM – 9:25PM

Hasta Until 10:55AM
Vyatipata* Until 5:13PM
Vanija Until 4:24PM
Ekadashi Until 5:16AM Mon

Ganesha: White *Sunrise:* 3:08AM
Muruga: Blue *Sunset:* 9:25PM
Nataraja: Purple
Moon – Green
Jyeshtha-Vaikasi

Sun 23 Sutra 48
Hemalamba 5119
Moon 5 - Phase 7
4th Phase

Bhuloka Day

3

Monday, June 5, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Varyan/Parigha* Yoga Bava Karana Dvadashyam Titau

Oslo, Norway

Tula Rasi: 2.59 Tithi 12
Family Home Evening
Routine Work Prabalarishta Yoga
Until 1:18PM
Then Creative Work - Amrita Yoga

Gulika 2:34PM – 4:52PM
Yama 9:59AM – 12:17PM
365481361 **Rahu** 5:24AM – 7:42AM

Chitra Until 1:18PM
Varyan Until 5:43PM
Bava Until 6:15PM
Dvadashi Until 7:16AM Tue

Ganesha: White *Sunrise:* 3:07AM
Muruga: Blue *Sunset:* 9:27PM
Nataraja: White
Moon – Green
Jyeshtha-Vaikasi

Sun 24 Sutra 49
Hemalamba 5119
Moon 5 - Phase 7
4th Phase

Bhuloka Day

4

Tuesday, June 6, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Oslo, Norway

Tula Rasi: 15.01 Tithi 12 – 13
Creative Work Siddha Yoga
Until 3:48PM
Then Routine Work - Marana Yoga

Gulika 12:17PM – 2:35PM
Yama 7:41AM – 9:59AM
365481361 **Rahu** 4:53PM – 7:11PM

Svati Until 3:48PM
Parigha* Until 6:26PM
Kaulava Until 8:22PM
Dvadashi Until 7:16AM
Pradosha Vrata

Ganesha: White *Sunrise:* 3:06AM
Muruga: Blue *Sunset:* 9:28PM
Nataraja: White
Moon – Green
Jyeshtha-Vaikasi

Sun 25 Sutra 50
Hemalamba 5119
Moon 5 - Phase 7
4th Phase

Bhuloka Day

5

Wednesday, June 7, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Shiva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau

Oslo, Norway

Tula Rasi: 26.58 Tithi 13 – 14
Creative Work Siddha Yoga

Gulika 9:59AM – 12:17PM
Yama 5:23AM – 7:41AM
376481361 **Rahu** 12:17PM – 2:35PM

Vishakha Until 6:47PM
Shiva Until 7:17PM
Gara Until 10:38PM
Trayodashi Until 9:28AM

Ganesha: White *Sunrise:* 3:05AM
Muruga: Blue *Sunset:* 9:30PM
Nataraja: White
Moon – Orange
Jyeshtha-Vaikasi

Sun 26 Sutra 51
Hemalamba 5119
Moon 5 - Phase 7
4th Phase

Devaloka Day

Vaikasi Visakam

0

Thursday, June 8, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Oslo, Norway

Vrischika Rasi: 8.53 Tithi 14 – 15
Creative Work Siddha Yoga
Until 9:42PM
Then Routine Work - Prabalarishta Yoga

Gulika 7:41AM – 9:59AM
Yama 3:04AM – 5:22AM
376481361 **Rahu** 2:36PM – 4:54PM

Anuradha Until 9:42PM
Siddha Until 8:11PM
Visti Until 12:59AM Fri
Chaturdashi* Until 11:47AM

Ganesha: White *Sunrise:* 3:04AM
Muruga: Blue *Sunset:* 9:31PM
Nataraja: White
Moon – Orange
Jyeshtha-Vaikasi

Sun 27 Sutra 52
Hemalamba 5119
Moon 5 - Phase 7
Purnima

Devaloka Day

Friday, June 9, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Oslo, Norway

Vrischika Rasi: 20.46 Tithi 15 – 16
Routine Work Marana Yoga
Until 12:28AM Sat
Then Creative Work - Siddha Yoga

Gulika 5:22AM – 7:40AM
Yama 4:55PM – 7:14PM
376481361 **Rahu** 9:59AM – 12:18PM

Jyeshtha* Until 12:28AM Sat
Sadhya Until 9:06PM
Balava Until 3:20AM Sat
Purnima* Until 2:08PM

Ganesha: White *Sunrise:* 3:03AM
Muruga: Blue *Sunset:* 9:32PM
Nataraja: White
Moon – Orange
Jyeshtha-Vaikasi

Hemalamba 5119
Moon 5 - Phase 7
Prathama

Devaloka Day



Saturday, June 10, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Oslo, Norway

Sutra 54

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Dhanus Rasi: 2.39 Tihti 16 - 17

Gulika 3:02AM - 5:21AM

Yama 2:37PM - 4:56PM

Rahu 7:40AM - 9:59AM

Mula* Until 3:31AM Sun

Subha Until 10:01PM

Taitila Until 5:38AM Sun

Prathama* Until 4:29PM

Ganesha: Yellow *Sunrise:* 3:02AM

Muruga: Blue *Sunset:* 9:33PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

386481361

Sunday, June 11, 2017

1

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Gara Karana Dvitiyayam Titau

Oslo, Norway

Sun 1 Sutra 55

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Dhanus Rasi: 14.33 Tihti 17

Gulika 4:56PM - 7:15PM

Yama 12:18PM - 2:37PM

Rahu 7:15PM - 9:34PM

Purvashadha* Until 6:17AM Mon

Sukla Until 10:49PM

Gara Until 6:44PM

Dvitiya Until 6:44PM

Ganesha: Yellow *Sunrise:* 3:01AM

Muruga: Blue *Sunset:* 9:34PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 6:17AM Mon

Then Routine Work - Marana Yoga

386481361

Monday, June 12, 2017

2

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Oslo, Norway

Sun 2 Sutra 56

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Dhanus Rasi: 26.31 Tihti 18

Gulika 2:37PM - 4:57PM

Yama 9:59AM - 12:18PM

Rahu 5:20AM - 7:39AM

Purvashadha* Until 6:17AM

Brahma Until 11:30PM

Vanija Until 7:49AM

Tritiya Until 8:48PM

Ganesha: Yellow *Sunrise:* 3:01AM

Muruga: Blue *Sunset:* 9:36PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

386481361

Tuesday, June 13, 2017

3

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 3 Sutra 57

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Makara Rasi: 8.34 Tihti 19

Gulika 12:18PM - 2:38PM

Yama 7:39AM - 9:59AM

Rahu 4:57PM - 7:17PM

Uttarashadha Until 8:40AM

Indra Until 11:57PM

Bava Until 9:45AM

Chaturthi* Until 10:34PM

Ganesha: Yellow *Sunrise:* 3:00AM

Muruga: Blue *Sunset:* 9:36PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 8:40AM

Then Creative Work - Siddha Yoga

386481361

Wednesday, June 14, 2017

4

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 4 Sutra 58

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Makara Rasi: 20.44 Tihti 20

Gulika 9:59AM - 12:19PM

Yama 5:19AM - 7:39AM

Rahu 12:19PM - 2:38PM

Shravana Until 11:03AM

Vaidhriti* Until 12:02AM Thu

Kaulava Until 11:20AM

Panchami Until 11:55PM

Ganesha: Yellow *Sunrise:* 3:00AM

Muruga: Blue *Sunset:* 9:37PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 11:03AM

Then Routine Work - Prabalarishta Yoga

397481361

Thursday, June 15, 2017

5

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkamba* Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 5 Sutra 59

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Kumbha Rasi: 3.07 Tihti 21

Gulika 7:39AM - 9:59AM

Yama 2:59AM - 5:19AM

Rahu 2:39PM - 4:58PM

Dhanishtha Until 12:46PM

Vishkamba* Until 11:41PM

Gara Until 12:25PM

Shashthi* Until 12:43AM Fri

Ganesha: Yellow *Sunrise:* 2:59AM

Muruga: Blue *Sunset:* 9:38PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

397481361

Friday, June 16, 2017

6

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 6 Sutra 60

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Kumbha Rasi: 15.46 Tihti 22

Gulika 5:19AM - 7:39AM

Yama 4:59PM - 7:19PM

Rahu 9:59AM - 12:19PM

Shatabhishak Until 1:44PM

Priti Until 10:50PM

Visti Until 12:52PM

Saptami Until 12:49AM Sat

Ganesha: Yellow *Sunrise:* 2:59AM

Muruga: Blue *Sunset:* 9:39PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

397481361

Saturday, June 17, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 7 Sutra 61

Hemalamba 5119

Moon 6 - Phase 8

Ashtami

Kumbha Rasi: 28.44 Tihti 23

Gulika 2:59AM - 5:19AM

Yama 2:39PM - 4:59PM

Rahu 7:39AM - 9:59AM

Purvaproshtapada* Until 2:18PM

Ayushman Until 9:22PM

Balava Until 12:37PM

Ashtami* Until 12:11AM Sun

Ganesha: Clear *Sunrise:* 2:59AM

Muruga: Blue *Sunset:* 9:39PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 2:18PM

Then Creative Work - Siddha Yoga

317481361

Sunday, June 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыяне Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 8 Sutra 62

Hemalamba 5119

Moon 6 - Phase 8

Navami

Meena Rasi: 12.07 Tihti 24

Gulika 5:00PM - 7:20PM

Yama 12:19PM - 2:39PM

Rahu 7:20PM - 9:40PM

Uttaraproshtapada Until 1:58PM

Saubhagya Until 7:17PM

Taitila Until 11:35AM

Navami* Until 10:47PM

Ganesha: Clear *Sunrise:* 2:59AM

Muruga: Blue *Sunset:* 9:40PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Father's Day

317481361

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time


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1		Monday, June 19, 2017				Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Meena Rasi: 25.56		Tithi 25		Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 63	
Family Home Evening		317481361		Gulika 2:40PM – 5:00PM	Revati Until 12:44PM	Ganesh: Clear	<i>Sunrise:</i> 2:59AM	Hemalamba 5119	
Creative Work		Siddha Yoga		Yama 9:59AM – 12:19PM	Sobhana Until 4:38PM	Muruga: Blue	<i>Sunset:</i> 9:40PM	Moon 6 - Phase 9	
				Rahu 5:19AM – 7:39AM	Vanija Until 9:49AM	Nataraja: White		2nd Phase	
					Dashami Until 8:40PM	Moon – Clear		Bhuloka Day	
						Jyeshtha•Ani		Devaloka Time: 6:AM to 9:AM	

2		Tuesday, June 20, 2017				Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 10.13		Tithi 26 – 27		Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 64	
Creative Work		Siddha Yoga		327481361	Gulika 12:20PM – 2:40PM	Ashvini Until 11:09AM	Ganesh: White	<i>Sunrise:</i> 2:59AM	Hemalamba 5119
					Yama 7:39AM – 9:59AM	Athiganda* Until 1:26PM	Muruga: Blue	<i>Sunset:</i> 9:41PM	Moon 6 - Phase 9
					Rahu 5:00PM – 7:20PM	Bava Until 7:23AM	Nataraja: White		2nd Phase
						Ekadashi* Until 5:55PM	Moon – White		Bhuloka Day
							Jyeshtha•Ani		

3		Wednesday, June 21, 2017				Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 24.53		Tithi 27 – 28		Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 65	
Creative Work		Siddha Yoga		328581361	Gulika 10:00AM – 12:20PM	Bharani Until 8:52AM	Ganesh: White	<i>Sunrise:</i> 2:59AM	Hemalamba 5119
Until 8:52AM					Yama 5:19AM – 7:39AM	Sukarma Until 9:48AM	Muruga: Blue	<i>Sunset:</i> 9:41PM	Moon 6 - Phase 9
Then Creative Work - Amrita Yoga					Rahu 12:20PM – 2:40PM	Gara Until 12:57AM Thu	Nataraja: White		2nd Phase
						Dvadashi* Until 2:41PM	Moon – White		Bhuloka Day
						<i>Pradosha Vrata (Fasting)</i>	Jyeshtha•Ani		

4		Thursday, June 22, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Vrisabha Rasi: 9.52		Tithi 28 – 29		Krittika/Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 66	
Routine Work		Marana Yoga		328581361	Gulika 7:40AM – 10:00AM	Krittika Until 6:04AM	Ganesh: White	<i>Sunrise:</i> 2:59AM	Hemalamba 5119
					Yama 2:59AM – 5:19AM	Shula* Until 1:42AM Fri	Muruga: Blue	<i>Sunset:</i> 9:41PM	Moon 6 - Phase 9
					Rahu 2:40PM – 5:01PM	Visti Until 9:15PM	Nataraja: White		2nd Phase
						Trayodashi* Until 11:07AM	Moon – White		Bhuloka Day
							Jyeshtha•Ani		

		Friday, June 23, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Retreat Star		Mrigashira Nakshatra Ganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 67			
Vrisabha Rasi: 25.02		Tithi 29 – 30		338581361	Gulika 5:20AM – 7:40AM	Mrigashira Until 12:20AM Sat	Ganesh: Green	<i>Sunrise:</i> 2:59AM	Hemalamba 5119
Creative Work		Siddha Yoga			Yama 5:01PM – 7:21PM	Ganda* Until 9:30PM	Muruga: Blue	<i>Sunset:</i> 9:41PM	Moon 6 - Phase 9
					Rahu 10:00AM – 12:20PM	Naga Until 3:34AM Sat	Nataraja: White		Amavasya
						Chaturdashi* Until 7:21AM	Moon – Yellow		Bhuloka Day
							Jyeshtha•Ani		

Retreat Star		Saturday, June 24, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 10.14		Tithi 1		Ardra Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 68	
Creative Work		Siddha Yoga		338582361	Gulika 3:00AM – 5:20AM	Ardra Until 9:22PM	Ganesh: Green	<i>Sunrise:</i> 3:00AM	Hemalamba 5119
					Yama 2:41PM – 5:01PM	Vridhi Until 5:23PM	Muruga: Yellow	<i>Sunset:</i> 9:41PM	Moon 6 - Phase 9
					Rahu 7:40AM – 10:00AM	Kintughna Until 1:44PM	Nataraja: White		Prathama
						Prathama* Until 11:56PM	Moon – Yellow		Bhuloka Day
							Ashada•Ani		Devaloka Time: 12:PM to 3:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Sunday, June 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Mithuna Rasi: 25.17 Tithi 2		Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 69
Creative Work Siddha Yoga	348582361	Gulika 5:01PM – 7:21PM	Punarvasu Until 6:58PM	Ganesha: White <i>Sunrise:</i> 3:00AM	Hemalamba 5119	
		Yama 12:21PM – 2:41PM	Dhruva Until 1:29PM	Muruga: Yellow <i>Sunset:</i> 9:41PM	Moon 6 - Phase 10	
		Rahu 7:21PM – 9:41PM	Balava Until 10:14AM	Nataraja: White	3rd Phase	
			Dvitiya Until 8:37PM	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

2 Monday, June 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Kataka Rasi: 10.04 Tithi 3 – 4		Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Tritiya/Chaturtham Titau				Sun 16 Sutra 70
Family Home Evening	348582361	Gulika 2:41PM – 5:01PM	Pushya Until 4:55PM	Ganesha: White <i>Sunrise:</i> 3:01AM	Hemalamba 5119	
		Yama 10:01AM – 12:21PM	Vyaghata* Until 9:57AM	Muruga: Yellow <i>Sunset:</i> 9:41PM	Moon 6 - Phase 10	
Creative Work Siddha Yoga		Rahu 5:21AM – 7:41AM	Taitila Until 7:08AM	Nataraja: White	3rd Phase	
			Tritiya Until 5:46PM	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

3 Tuesday, June 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Kataka Rasi: 24.26 Tithi 4 – 5		Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 71
Creative Work Siddha Yoga	349582361	Gulika 12:21PM – 2:41PM	Ashlesha* Until 3:20PM	Ganesha: Yellow <i>Sunrise:</i> 3:01AM	Hemalamba 5119	
		Yama 7:41AM – 10:01AM	Harshana Until 6:54AM	Muruga: Yellow <i>Sunset:</i> 9:41PM	Moon 6 - Phase 10	
		Rahu 5:01PM – 7:21PM	Bava Until 2:44AM Wed	Nataraja: White	3rd Phase	
			Chaturthi* Until 3:33PM	Moon – Blue	Devaloka Day	
				Ashada*Ani		

4 Wednesday, June 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Simha Rasi: 8.21 Tithi 5 – 6		Magha*/Purvaphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 18 Sutra 72
Creative Work Siddha Yoga	359582361	Gulika 10:01AM – 12:21PM	Magha* Until 2:46PM	Ganesha: White <i>Sunrise:</i> 3:02AM	Hemalamba 5119	
		Yama 5:22AM – 7:42AM	Siddhi Until 2:33AM Thu	Muruga: Yellow <i>Sunset:</i> 9:40PM	Moon 6 - Phase 10	
Until 2:46PM Then Creative Work - Amrita Yoga		Rahu 12:21PM – 2:41PM	Kaulava Until 1:39AM Thu	Nataraja: White	3rd Phase	
			Panchami Until 2:05PM	Moon – Red	Sivaloka Day	
				Ashada*Ani		

5 Thursday, June 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Simha Rasi: 21.48 Tithi 6 – 7		Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 73
Creative Work Siddha Yoga	359582361	Gulika 7:42AM – 10:02AM	Purvaphalguni Until 2:52PM	Ganesha: White <i>Sunrise:</i> 3:03AM	Hemalamba 5119	
		Yama 3:03AM – 5:23AM	Vyatipata* Until 1:22AM Fri	Muruga: Yellow <i>Sunset:</i> 9:40PM	Moon 6 - Phase 10	
		Rahu 2:41PM – 5:01PM	Gara Until 1:24AM Fri	Nataraja: White	3rd Phase	
			Shashthi* Until 1:24PM	Moon – Red	Sivaloka Day	
				Ashada*Ani		

Friday, June 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Retreat Star		Uttaraphalguni/Hasta Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 74
Kanya Rasi: 4.49 Tithi 7 – 8	359582361	Gulika 5:23AM – 7:43AM	Uttaraphalguni Until 3:36PM	Ganesha: White <i>Sunrise:</i> 3:04AM	Hemalamba 5119	
		Yama 5:00PM – 7:20PM	Variyan Until 12:46AM Sat	Muruga: Yellow <i>Sunset:</i> 9:39PM	Moon 6 - Phase 10	
Creative Work Siddha Yoga		Rahu 10:02AM – 12:22PM	Visti Until 1:55AM Sat	Nataraja: White	Ashtami	
			Saptami Until 1:32PM	Moon – Red	Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani		

Saturday, July 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Retreat Star		Hasta/Chitra Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 75
Kanya Rasi: 17.26 Tithi 8 – 9	369582361	Gulika 3:05AM – 5:24AM	Hasta Until 5:22PM	Ganesha: Clear <i>Sunrise:</i> 3:05AM	Hemalamba 5119	
		Yama 2:41PM – 5:00PM	Parigha* Until 12:44AM Sun	Muruga: Yellow <i>Sunset:</i> 9:39PM	Moon 6 - Phase 10	
Routine Work Marana Yoga		Rahu 7:43AM – 10:03AM	Balava Until 3:07AM Sun	Nataraja: White	Navami	
			Ashtami* Until 2:25PM	Moon – Green	Devaloka Day	
				Ashada*Ani		

1 Sunday, July 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Chitra Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22 Sutra 76		Hemalamba 5119		
Kanya Rasi: 29.47	Tithi 9 – 10	Gulika 5:00PM – 7:19PM	Chitra Until 7:32PM	Ganesh: Clear	<i>Sunrise:</i> 3:06AM	
		Yama 12:22PM – 2:41PM	Shiva Until 1:08AM Mon	Muruga: Yellow	<i>Sunset:</i> 9:38PM	Moon 6 - Phase 11
		369582361 Rahu 7:19PM – 9:38PM	Taitila Until 4:50AM Mon	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Navami* Until 3:54PM	Moon – Green		Devaloka Day
				Ashada*Ani		

2 Monday, July 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Svati Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23 Sutra 77		Hemalamba 5119		
Tula Rasi: 11.55	Tithi 10 – 11	Gulika 2:41PM – 5:00PM	Svati Until 9:57PM	Ganesh: Clear	<i>Sunrise:</i> 3:07AM	
Family Home Evening		Yama 10:03AM – 12:22PM	Siddha Until 1:48AM Tue	Muruga: Yellow	<i>Sunset:</i> 9:37PM	Moon 6 - Phase 11
		369582361 Rahu 5:26AM – 7:45AM	Vanija Until 6:56AM Tue	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dashami Until 5:50PM	Moon – Green		Devaloka Day
Until 9:57PM				Ashada*Ani		
Then Routine Work - Marana Yoga						

3 Tuesday, July 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Vishakha Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 78		Hemalamba 5119		
Tula Rasi: 23.55	Tithi 11	Gulika 12:22PM – 2:41PM	Vishakha Until 12:57AM Wed	Ganesh: Purple	<i>Sunrise:</i> 3:08AM	
		Yama 7:45AM – 10:04AM	Sadhya Until 2:39AM Wed	Muruga: Yellow	<i>Sunset:</i> 9:36PM	Moon 6 - Phase 11
		379582361 Rahu 4:59PM – 7:18PM	Vanija Until 6:56AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 8:02PM	Moon – Orange		Sivaloka Day
Until 12:57AM Wed				Ashada*Ani		
Then Creative Work - Siddha Yoga						

4 Wednesday, July 5, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Anuradha Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 79		Hemalamba 5119		
Vrischika Rasi: 5.49	Tithi 12	Gulika 10:04AM – 12:22PM	Anuradha Until 3:53AM Thu	Ganesh: Purple	<i>Sunrise:</i> 3:09AM	
		Yama 5:28AM – 7:46AM	Subha Until 3:36AM Thu	Muruga: Yellow	<i>Sunset:</i> 9:35PM	Moon 6 - Phase 11
		371582361 Rahu 12:22PM – 2:41PM	Bava Until 9:13AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:22PM	Moon – Orange		Sivaloka Day
Until 3:53AM Thu				Ashada*Ani		
Then Routine Work - Prabalarishta Yoga						

5 Thursday, July 6, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Jyeshtha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 80		Hemalamba 5119		
Vrischika Rasi: 17.42	Tithi 13	Gulika 7:47AM – 10:05AM	Jyeshtha* Until 6:38AM Fri	Ganesh: Clear	<i>Sunrise:</i> 3:11AM	
		Yama 3:11AM – 5:29AM	Sukla Until 4:30AM Fri	Muruga: Yellow	<i>Sunset:</i> 9:34PM	Moon 6 - Phase 11
		471582361 Rahu 2:41PM – 4:58PM	Kaulava Until 11:35AM	Nataraja: White		4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 12:44AM Fri	Moon – Orange		Devaloka Day
Until 6:38AM Fri				Ashada*Ani		
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

6 Friday, July 7, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Jyeshtha*/Mula* Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 81		Hemalamba 5119		
Vrischika Rasi: 29.35	Tithi 14	Gulika 5:30AM – 7:47AM	Jyeshtha* Until 6:38AM	Ganesh: Clear	<i>Sunrise:</i> 3:12AM	
		Yama 4:58PM – 7:16PM	Brahma Until 5:21AM Sat	Muruga: Yellow	<i>Sunset:</i> 9:33PM	Moon 6 - Phase 11
		471582361 Rahu 10:05AM – 12:23PM	Gara Until 1:54PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 3:00AM Sat	Moon – Orange		Devaloka Day
Until 6:38AM				Ashada*Ani		
Then Creative Work - Amrita Yoga						

○ Saturday, July 8, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Copper Retreat Star		Mula*/Purvashadha* Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 82		
Dhanus Rasi: 11.31	Tithi 15	Gulika 3:14AM – 5:31AM	Mula* Until 9:37AM	Ganesh: Purple	<i>Sunrise:</i> 3:14AM	
		Yama 2:40PM – 4:58PM	Indra Until 6:05AM Sun	Muruga: Yellow	<i>Sunset:</i> 9:32PM	Moon 6 - Phase 11
		481582361 Rahu 7:48AM – 10:06AM	Visti Until 4:06PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:06AM Sun	Moon – Light Blue		Sivaloka Day
				Ashada*Ani		
		Satguru Purnima				

Sunday, July 9, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Silver Retreat Star		Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava Karana Prathamayam Titau		Sun 29 Sutra 83		
Dhanus Rasi: 23.31	Tithi 16	Gulika 4:57PM – 7:14PM	Purvashadha* Until 12:15PM	Ganesh: Purple	<i>Sunrise:</i> 3:15AM	
		Yama 12:23PM – 2:40PM	Indra Until 6:05AM	Muruga: Yellow	<i>Sunset:</i> 9:31PM	Moon 6 - Phase 11
		481582361 Rahu 7:14PM – 9:31PM	Balava Until 6:05PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:57AM Mon	Moon – Light Blue		Sivaloka Day
Until 12:15PM				Ashada*Ani		
Then Creative Work - Amrita Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Monday, July 10, 2017
Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Pratham/Dvitiyayam Titau

Oslo, Norway
Sutra 84

Makara Rasi: 5.37 Tihi 16 – 17

Gulika 2:40PM – 4:56PM
Yama 10:06AM – 12:23PM
Rahu 5:33AM – 7:50AM

Uttarashadha Until 2:28PM
Vaidhriti* Until 6:36AM
Taitila Until 7:47PM
Prathama* Until 6:57AM

Ganesha: Purple *Sunrise:* 3:17AM
Muruga: Yellow *Sunset:* 9:30PM
Nataraja: White
Moon – Light Blue
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Family Home Evening 481582361
Routine Work Marana Yoga
Until 2:28PM
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Tuesday, July 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Oslo, Norway
Sun 1 Sutra 85

Makara Rasi: 17.5 Tihi 17 – 18

Gulika 12:23PM – 2:39PM
Yama 7:51AM – 10:07AM
Rahu 4:56PM – 7:12PM

Shravana Until 4:41PM
Vishkambha* Until 6:52AM
Vanija Until 9:07PM
Dvitiya Until 8:29AM

Ganesha: Clear *Sunrise:* 3:18AM
Muruga: Yellow *Sunset:* 9:28PM
Nataraja: White
Moon – Purple
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Wednesday, July 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Oslo, Norway
Sun 2 Sutra 86

Kumbha Rasi: 0.13 Tihi 18 – 19

Gulika 10:07AM – 12:23PM
Yama 5:36AM – 7:52AM
Rahu 12:23PM – 2:39PM

Dhanishtha Until 6:20PM
Priti Until 6:52AM
Bava Until 10:02PM
Tritiya Until 9:37AM

Ganesha: Clear *Sunrise:* 3:20AM
Muruga: Yellow *Sunset:* 9:27PM
Nataraja: White
Moon – Purple
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Routine Work Prabalarishta Yoga
Until 6:20PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Thursday, July 13, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway
Sun 3 Sutra 87

Kumbha Rasi: 12.48 Tihi 19 – 20

Gulika 7:53AM – 10:08AM
Yama 3:22AM – 5:37AM
Rahu 2:39PM – 4:54PM

Shatabhishak Until 7:22PM
Ayushman Until 6:29AM
Kaulava Until 10:29PM
Chaturthi* Until 10:18AM

Ganesha: Clear *Sunrise:* 3:22AM
Muruga: Yellow *Sunset:* 9:25PM
Nataraja: White
Moon – Purple
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Friday, July 14, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway
Sun 4 Sutra 88

Kumbha Rasi: 25.37 Tihi 20 – 21

Gulika 5:38AM – 7:53AM
Yama 4:54PM – 7:09PM
Rahu 10:09AM – 12:24PM

Purvaproshtapada* Until 8:11PM
Sobhana Until 4:31AM Sat
Gara Until 10:23PM
Panchami Until 10:29AM

Ganesha: Clear *Sunrise:* 3:23AM
Muruga: Yellow *Sunset:* 9:24PM
Nataraja: White
Moon – Clear
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Saturday, July 15, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Oslo, Norway
Sun 5 Sutra 89

Meena Rasi: 8.43 Tihi 21 – 22

Gulika 3:25AM – 5:40AM
Yama 2:38PM – 4:53PM
Rahu 7:54AM – 10:09AM

Uttaraproshtapada Until 8:18PM
Athiganda* Until 2:51AM Sun
Visti Until 9:43PM
Shashthi* Until 10:06AM

Ganesha: Clear *Sunrise:* 3:25AM
Muruga: Yellow *Sunset:* 9:22PM
Nataraja: White
Moon – Clear
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Creative Work Siddha Yoga
Until 8:18PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

D

Sunday, July 16, 2017
Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway
Sun 6 Sutra 90

Meena Rasi: 22.07 Tihi 22 – 23

Gulika 4:52PM – 7:06PM
Yama 12:24PM – 2:38PM
Rahu 7:06PM – 9:20PM

Revati Until 7:40PM
Sukarma Until 12:42AM Mon
Balava Until 8:27PM
Saptami Until 9:08AM

Ganesha: Clear *Sunrise:* 3:27AM
Muruga: Yellow *Sunset:* 9:20PM
Nataraja: White
Moon – Clear
Ashada*Adi

Hemalamba 5119
Moon 7 - Phase 12
Ashtami

Creative Work Amrita Yoga
Until 7:40PM
Then Creative Work - Siddha Yoga

Devaloka Day

Monday, July 17, 2017
Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway
Sun 7 Sutra 91

Mesha Rasi: 5.52 Tihi 23 – 24

Gulika 2:38PM – 4:51PM
Yama 10:10AM – 12:24PM
Rahu 5:43AM – 7:56AM

Ashvini Until 6:47PM
Dhriti Until 10:07PM
Taitila Until 6:38PM
Ashtami* Until 7:36AM

Ganesha: White *Sunrise:* 3:29AM
Muruga: Yellow *Sunset:* 9:19PM
Nataraja: Clear
Moon – White
Ashada*Adi

Hemalamba 5119
Moon 7 - Phase 12
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time


www.gurudev.org/panchang

1		Tuesday, July 18, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 19.57		Tithi 25		Bharani/Krittika Nakshatra Shula* Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 92	
Creative Work		Siddha Yoga		Gulika 12:24PM – 2:37PM	Bharani Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 3:31AM	Hemalamba 5119	
				Yama 7:57AM – 10:11AM	Shula* Until 7:05PM	Muruga: Yellow	<i>Sunset:</i> 9:17PM	Moon 7 - Phase 13	
		422682362		Rahu 4:50PM – 7:04PM	Vanija Until 4:17PM	Nataraja: Clear		2nd Phase	
					Dashami Until 2:56AM Wed	Moon – White		Subha Sivaloka Day	
						Ashada*Adi			

2		Wednesday, July 19, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Vrishabha Rasi: 4.22		Tithi 26		Krittika/Rohini Nakshatra Ganda* Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 93	
Creative Work		Amrita Yoga		Gulika 10:11AM – 12:24PM	Krittika Until 3:05PM	Ganesha: White	<i>Sunrise:</i> 3:33AM	Hemalamba 5119	
Until 3:05PM				Yama 5:46AM – 7:58AM	Ganda* Until 3:43PM	Muruga: Yellow	<i>Sunset:</i> 9:15PM	Moon 7 - Phase 13	
Then Creative Work - Siddha Yoga		422682362		Rahu 12:24PM – 2:37PM	Bava Until 1:30PM	Nataraja: Clear		2nd Phase	
					Ekadashi* Until 11:58PM	Moon – White		Subha Sivaloka Day	
						Ashada*Adi			

3		Thursday, July 20, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Vrishabha Rasi: 19.04		Tithi 27		Rohini/Mrigashira Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 10		Sutra 94	
Routine Work		Marana Yoga		Gulika 7:59AM – 10:12AM	Rohini Until 12:54PM	Ganesha: Yellow	<i>Sunrise:</i> 3:35AM	Hemalamba 5119	
				Yama 3:35AM – 5:47AM	Vriddhi Until 12:06PM	Muruga: Yellow	<i>Sunset:</i> 9:13PM	Moon 7 - Phase 13	
		422682362		Rahu 2:36PM – 4:49PM	Kaulava Until 10:23AM	Nataraja: Clear		2nd Phase	
					Dvadashi* Until 8:44PM	Moon – Yellow		Sivaloka Day	
						Ashada*Adi			

4		Friday, July 21, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 3.56		Tithi 28 – 29		Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 95	
Creative Work		Siddha Yoga		Gulika 5:49AM – 8:00AM	Mrigashira Until 10:23AM	Ganesha: Yellow	<i>Sunrise:</i> 3:37AM	Hemalamba 5119	
				Yama 4:48PM – 6:59PM	Dhruva Until 8:17AM	Muruga: Yellow	<i>Sunset:</i> 9:11PM	Moon 7 - Phase 13	
		422682362		Rahu 10:12AM – 12:24PM	Gara Until 7:04AM	Nataraja: Clear		2nd Phase	
					Trayodashi* Until 5:21PM	Moon – Yellow		Sivaloka Day	
					<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi			

		Saturday, July 22, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Retreat Star		Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 96		Hemalamba 5119	
Mithuna Rasi: 18.51		Tithi 29 – 30		Gulika 3:39AM – 5:50AM	Ardra Until 7:41AM	Ganesha: Yellow	<i>Sunrise:</i> 3:39AM	Moon 7 - Phase 13	
Creative Work		Siddha Yoga		Yama 2:35PM – 4:47PM	Harshana Until 12:40AM Sun	Muruga: Yellow	<i>Sunset:</i> 9:09PM	Amavasya	
		422682362		Rahu 8:02AM – 10:13AM	Catuspada Until 12:22AM Sun	Nataraja: Clear		Sivaloka Day	
					Chaturdashi* Until 1:59PM	Moon – Yellow			
						Ashada*Adi			

Sunday, July 23, 2017		Retreat Star				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Kataka Rasi: 3.42		Tithi 30 – 1		Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 97	
Creative Work		Siddha Yoga		Gulika 4:46PM – 6:56PM	Pushya Until 3:13AM Mon	Ganesha: Red	<i>Sunrise:</i> 3:41AM	Hemalamba 5119	
				Yama 12:24PM – 2:35PM	Vajra* Until 9:05PM	Muruga: Yellow	<i>Sunset:</i> 9:07PM	Moon 7 - Phase 13	
		422682362		Rahu 6:56PM – 9:07PM	Kintughna Until 9:18PM	Nataraja: Clear		Prathama	
					Amavasya* Until 10:47AM	Moon – Blue		Sivaloka Day	
						Sravana*Adi			

Monday, July 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
1		Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 98
Kataka Rasi: 18.2	Tithi 1 - 2	Gulika 2:34PM - 4:45PM	Ashlesha* Until 1:20AM Tue	Ganesha: Red	<i>Sunrise:</i> 3:43AM	Hemalamba 5119
Family Home Evening	442682362	Yama 10:14AM - 12:24PM	Siddhi Until 5:49PM	Muruga: Yellow	<i>Sunset:</i> 9:05PM	Moon 7 - Phase 14
Creative Work Siddha Yoga		Rahu 5:53AM - 8:04AM	Balava Until 6:38PM	Nataraja: Clear		3rd Phase
			Prathama* Until 7:53AM	Moon - Blue		Sivaloka Day
				Sravana-Adi		

Tuesday, July 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
2		Magha* Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 15 Sutra 99
Simha Rasi: 2.39	Tithi 3	Gulika 12:24PM - 2:34PM	Magha* Until 12:20AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 3:45AM	Hemalamba 5119
	452682362	Yama 8:05AM - 10:14AM	Vyatipata* Until 3:01PM	Muruga: Yellow	<i>Sunset:</i> 9:03PM	Moon 7 - Phase 14
Creative Work Siddha Yoga		Rahu 4:44PM - 6:53PM	Tailila Until 4:29PM	Nataraja: Clear		3rd Phase
Until 12:20AM Wed			Tritiya Until 3:38AM Wed	Moon - Red		Sivaloka Day
Then Creative Work - Amrita Yoga				Sravana-Adi		

Wednesday, July 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
3		Purvaphalguni Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Sun 16 Sutra 100
Simha Rasi: 16.34	Tithi 4	Gulika 10:15AM - 12:24PM	Purvaphalguni Until 11:52PM	Ganesha: Yellow	<i>Sunrise:</i> 3:48AM	Hemalamba 5119
	452682362	Yama 5:57AM - 8:06AM	Variyan Until 12:43PM	Muruga: Yellow	<i>Sunset:</i> 9:01PM	Moon 7 - Phase 14
Creative Work Amrita Yoga		Rahu 12:24PM - 2:33PM	Vanija Until 3:00PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 2:31AM Thu	Moon - Red		Sivaloka Day
				Sravana-Adi		

Thursday, July 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
4		Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Sun 17 Sutra 101
Kanya Rasi: 0.04	Tithi 5	Gulika 8:07AM - 10:16AM	Uttaraphalguni Until 12:00AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 3:50AM	Hemalamba 5119
	452692362	Yama 3:50AM - 5:58AM	Parigha* Until 11:02AM	Muruga: Blue	<i>Sunset:</i> 8:59PM	Moon 7 - Phase 14
Amrita Yoga		Rahu 2:33PM - 4:41PM	Bava Until 2:16PM	Nataraja: Clear		3rd Phase
Until 12:00AM Fri			Panchami Until 2:10AM Fri	Moon - Red		Devaloka Day
Then Routine Work - Marana Yoga		Nag Panchami		Sravana-Adi		

Friday, July 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
5		Hasta Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Shashthiyam Titau				Sun 18 Sutra 102
Kanya Rasi: 13.08	Tithi 6	Gulika 6:00AM - 8:08AM	Hasta Until 1:12AM Sat	Ganesha: White	<i>Sunrise:</i> 3:52AM	Hemalamba 5119
	462692362	Yama 4:40PM - 6:48PM	Shiva Until 9:59AM	Muruga: Blue	<i>Sunset:</i> 8:56PM	Moon 7 - Phase 14
Creative Work Amrita Yoga		Rahu 10:16AM - 12:24PM	Kaulava Until 2:18PM	Nataraja: Clear		3rd Phase
Until 1:12AM Sat			Shashthi* Until 2:35AM Sat	Moon - Green		Sivaloka Day
Then Routine Work - Marana Yoga				Sravana-Adi		

Saturday, July 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
6		Chitra Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Sun 19 Sutra 103
Kanya Rasi: 25.5	Tithi 7	Gulika 3:54AM - 6:02AM	Chitra Until 2:56AM Sun	Ganesha: Clear	<i>Sunrise:</i> 3:54AM	Hemalamba 5119
	463692362	Yama 2:32PM - 4:39PM	Siddha Until 9:30AM	Muruga: Blue	<i>Sunset:</i> 8:54PM	Moon 7 - Phase 14
Routine Work Marana Yoga		Rahu 8:09AM - 10:17AM	Gara Until 3:05PM	Nataraja: Clear		3rd Phase
Until 2:56AM Sun			Saptami Until 3:42AM Sun	Moon - Green		Devaloka Day
Then Creative Work - Siddha Yoga				Sravana-Adi		

Sunday, July 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Retreat Star		Svati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 20 Sutra 104
Tula Rasi: 8.13	Tithi 8	Gulika 4:38PM - 6:45PM	Svati Until 5:03AM Mon	Ganesha: Clear	<i>Sunrise:</i> 3:56AM	Hemalamba 5119
	463692362	Yama 12:24PM - 2:31PM	Sadhya Until 9:33AM	Muruga: Blue	<i>Sunset:</i> 8:52PM	Moon 7 - Phase 14
Creative Work Siddha Yoga		Rahu 6:45PM - 8:52PM	Visti Until 4:30PM	Nataraja: Clear		Ashtami
Until 5:03AM Mon			Ashtami* Until 5:23AM Mon	Moon - Green		Devaloka Day
Then Routine Work - Marana Yoga				Sravana-Adi		

Monday, July 31, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Retreat Star		Vishakha Nakshatra Subha/Sukla Yoga Balava Karana Navamyam Titau				Sun 21 Sutra 105
Tula Rasi: 20.23	Tithi 9	Gulika 2:30PM - 4:37PM	Vishakha Until 7:53AM Tue	Ganesha: Purple	<i>Sunrise:</i> 3:59AM	Hemalamba 5119
Family Home Evening	473692362	Yama 10:18AM - 12:24PM	Subha Until 10:01AM	Muruga: Blue	<i>Sunset:</i> 8:49PM	Moon 7 - Phase 14
Routine Work Marana Yoga		Rahu 6:05AM - 8:11AM	Balava Until 6:24PM	Nataraja: Clear		Navami
Until 7:53AM Tue			Navami* Until 7:27AM Tue	Moon - Orange		Bhuloka Day
Then Creative Work - Siddha Yoga				Sravana-Adi		Devaloka Time: 6:PM to 9:PM

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1

Tuesday, August 1, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau

Oslo, Norway

Vrischika Rasi: 2.23 Tihti 9 – 10

Gulika 12:24PM – 2:30PM
Yama 8:12AM – 10:18AM
Rahu 4:35PM – 6:41PM

Vishakha Until 7:53AM
Sukla Until 10:44AM
Taitila Until 8:37PM
Navami* Until 7:27AM

Ganesha: Purple *Sunrise:* 4:01AM
Muruga: Blue *Sunset:* 8:47PM
Nataraja: Clear
Moon – Orange
Sravana-Adi

Sun 22 Sutra 106
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:53AM
Then Creative Work - Siddha Yoga

2

Wednesday, August 2, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Oslo, Norway

Vrischika Rasi: 14.18 Tihti 10 – 11

Gulika 10:19AM – 12:24PM
Yama 6:08AM – 8:14AM
Rahu 12:24PM – 2:29PM

Anuradha Until 10:46AM
Brahma Until 11:37AM
Vanija Until 10:57PM
Dashami Until 9:45AM

Ganesha: Purple *Sunrise:* 4:03AM
Muruga: Blue *Sunset:* 8:44PM
Nataraja: Clear
Moon – Orange
Sravana-Adi

Sun 23 Sutra 107
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

3

Thursday, August 3, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Oslo, Norway

Vrischika Rasi: 26.11 Tihti 11 – 12

Gulika 8:15AM – 10:19AM
Yama 4:06AM – 6:10AM
Rahu 2:28PM – 4:33PM

Jyeshtha* Until 1:30PM
Indra Until 12:33PM
Bava Until 1:16AM Fri
Ekadashi Until 12:06PM

Ganesha: Purple *Sunrise:* 4:06AM
Muruga: Blue *Sunset:* 8:42PM
Nataraja: Clear
Moon – Orange
Sravana-Adi

Sun 24 Sutra 108
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Prabalarishta Yoga
Until 1:30PM
Then Creative Work - Siddha Yoga

4

Friday, August 4, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Oslo, Norway

Dhanus Rasi: 8.06 Tihti 12 – 13

Gulika 6:12AM – 8:16AM
Yama 4:32PM – 6:36PM
Rahu 10:20AM – 12:24PM

Mula* Until 4:29PM
Vaidhriti* Until 1:21PM
Kaulava Until 3:24AM Sat
Dvadashi Until 2:20PM

Ganesha: Clear *Sunrise:* 4:08AM
Muruga: Blue *Sunset:* 8:40PM
Nataraja: Clear
Moon – Light Blue
Sravana-Adi

Sun 25 Sutra 109
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 4:29PM
Then Routine Work - Prabalarishta Yoga

5

Saturday, August 5, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Oslo, Norway

Dhanus Rasi: 20.05 Tihti 13 – 14

Gulika 4:10AM – 6:14AM
Yama 2:27PM – 4:30PM
Rahu 8:17AM – 10:20AM

Purvashadha* Until 7:02PM
Vishkambha* Until 2:00PM
Gara Until 5:14AM Sun
Trayodashi Until 4:20PM

Ganesha: Clear *Sunrise:* 4:10AM
Muruga: Blue *Sunset:* 8:37PM
Nataraja: Clear
Moon – Light Blue
Sravana-Adi

Sun 26 Sutra 110
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 7:02PM
Then Routine Work - Marana Yoga

6

Sunday, August 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Oslo, Norway

Makara Rasi: 2.13 Tihti 14 – 15

Gulika 4:29PM – 6:32PM
Yama 12:23PM – 2:26PM
Rahu 6:32PM – 8:34PM

Uttarashadha Until 9:06PM
Priti Until 2:24PM
Visti Until 6:41AM Mon
Chaturdashi* Until 5:59PM

Ganesha: Clear *Sunrise:* 4:12AM
Muruga: Blue *Sunset:* 8:34PM
Nataraja: Clear
Moon – Light Blue
Sravana-Adi

Sun 27 Sutra 111
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 7:02PM

○

Monday, August 7, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau

Oslo, Norway

Makara Rasi: 14.29 Tihti 15

Gulika 2:26PM – 4:28PM
Yama 10:21AM – 12:23PM
Rahu 6:17AM – 8:19AM

Shravana Until 11:03PM
Ayushman Until 2:27PM
Visti Until 6:41AM
Purnima* Until 7:13PM

Ganesha: White *Sunrise:* 4:15AM
Muruga: Blue *Sunset:* 8:32PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Sun 28 Sutra 112
Hemalamba 5119
Moon 7 - Phase 15
Purnima

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Family Home Evening Amrita Yoga
Creative Work Amrita Yoga
Until 11:03PM
Then Creative Work - Siddha Yoga

Tuesday, August 8, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau

Oslo, Norway

Makara Rasi: 26.57 Tihti 16

Gulika 12:23PM – 2:25PM
Yama 8:20AM – 10:22AM
Rahu 4:26PM – 6:28PM

Dhanishtha Until 12:24AM Wed
Saubhagya Until 2:09PM
Balava Until 7:41AM
Prathama* Until 7:59PM

Ganesha: White *Sunrise:* 4:17AM
Muruga: Blue *Sunset:* 8:29PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Sun 29 Sutra 113
Hemalamba 5119
Moon 7 - Phase 15
Prathama

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga



Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Oslo, Norway

Kumbha Rasi: 9.38 Tiithi 17

Gulika 10:22AM - 12:23PM
Yama 6:20AM - 8:21AM
Rahu 12:23PM - 2:24PM

Shatabhishak Until 1:07AM Thu
Sobhana Until 1:29PM
Taitila Until 8:12AM
Dvitiya Until 8:16PM

Ganesh: White Sunrise: 4:19AM
Muruga: Blue Sunset: 8:27PM
Nataraja: Clear
Moon - Purple
Sravana-Adi

Sun 1 Sutra 114
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Thursday, August 10, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Oslo, Norway

Kumbha Rasi: 22.33 Tiithi 18

Gulika 8:22AM - 10:23AM
Yama 4:22AM - 6:22AM
Rahu 2:23PM - 4:24PM

Purvaprosarthapada* Until 1:42AM Fri
Athiganda* Until 12:26PM
Vanija Until 8:15AM
Tritiya Until 8:05PM

Ganesh: Clear Sunrise: 4:22AM
Muruga: Blue Sunset: 8:24PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Sun 2 Sutra 115
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Friday, August 11, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Meena Rasi: 5.41 Tiithi 19

Gulika 6:24AM - 8:23AM
Yama 4:22PM - 6:22PM
Rahu 10:23AM - 12:23PM

Uttaraprosarthapada Until 1:42AM Sat
Sukarma Until 11:02AM
Bava Until 7:51AM
Chaturthi* Until 7:28PM

Ganesh: Clear Sunrise: 4:24AM
Muruga: Blue Sunset: 8:21PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Sun 3 Sutra 116
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 1:42AM Sat
Then Routine Work - Prabalarishta Yoga

Saturday, August 12, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Meena Rasi: 19.04 Tiithi 20

Gulika 4:27AM - 6:26AM
Yama 2:22PM - 4:21PM
Rahu 8:25AM - 10:24AM

Revati Until 1:09AM Sun
Dhriti Until 9:18AM
Kaulava Until 7:01AM
Panchami Until 6:26PM

Ganesh: Purple Sunrise: 4:27AM
Muruga: Blue Sunset: 8:19PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Sun 4 Sutra 117
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Prabalarishta Yoga

Until 1:09AM Sun

Then Creative Work - Siddha Yoga

Sunday, August 13, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Mesha Rasi: 2.4 Tiithi 21 - 22

Gulika 4:19PM - 6:18PM
Yama 12:22PM - 2:21PM
Rahu 6:18PM - 8:16PM

Ashvini Until 12:32AM Mon
Shula* Until 7:14AM
Visti Until 4:12AM Mon
Shashthi* Until 5:01PM

Ganesh: Clear Sunrise: 4:29AM
Muruga: Blue Sunset: 8:16PM
Nataraja: Clear
Moon - White
Sravana-Adi

Sun 5 Sutra 118
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Monday, August 14, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Mesha Rasi: 16.29 Tiithi 22 - 23

Gulika 2:20PM - 4:18PM
Yama 10:25AM - 12:22PM
Rahu 6:29AM - 8:27AM

Bharani Until 11:26PM
Vriddhi Until 2:17AM Tue
Balava Until 2:17AM Tue
Saptami Until 3:16PM

Ganesh: Clear Sunrise: 4:31AM
Muruga: Blue Sunset: 8:13PM
Nataraja: Clear
Moon - White
Sravana-Adi

Sun 6 Sutra 119
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Tuesday, August 15, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Vrishabha Rasi: 0.31 Tiithi 23 - 24

Gulika 12:22PM - 2:19PM
Yama 8:28AM - 10:25AM
Rahu 4:16PM - 6:13PM

Krittika Until 9:53PM
Dhruva Until 11:25PM
Taitila Until 12:04AM Wed
Ashtami* Until 1:12PM

Ganesh: Clear Sunrise: 4:34AM
Muruga: Blue Sunset: 8:11PM
Nataraja: Clear
Moon - White
Sravana-Adi

Sun 7 Sutra 120
Hemalamba 5119
Moon 8 - Phase 16
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 9:53PM

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Oslo, Norway

Vrishabha Rasi: 14.44 Tiithi 24 - 25

Gulika 10:25AM - 12:22PM
Yama 6:32AM - 8:29AM
Rahu 12:22PM - 2:18PM

Rohini Until 8:22PM
Vyaghata* Until 8:21PM
Vanija Until 9:37PM
Navami* Until 10:51AM

Ganesh: White Sunrise: 4:36AM
Muruga: Blue Sunset: 8:08PM
Nataraja: Clear
Moon - Yellow
Sravana-Avani

Sun 8 Sutra 121
Hemalamba 5119
Moon 8 - Phase 16
Navami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time


www.gurudev.org/panchang

1		Thursday, August 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 29.06		Tihti 25 - 26		Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 122	
534792362		Gulika	8:30AM - 10:26AM	Mrigashira Until 6:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:38AM	Hemalamba 5119
Routine Work		Yama	4:38AM - 6:34AM	Harshana Until 5:08PM	Muruga: Blue	<i>Sunset:</i> 8:05PM	Moon 8 - Phase 17
Marana Yoga		Rahu	2:18PM - 4:13PM	Bava Until 6:59PM	Nataraja: Clear		2nd Phase
				Dashami Until 8:18AM	Moon - Yellow		Devaloka Day
					Sravana-Avani		

2		Friday, August 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 13.35		Tihti 27		Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 123	
534792362		Gulika	6:36AM - 8:31AM	Ardra Until 4:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Hemalamba 5119
Creative Work		Yama	4:12PM - 6:07PM	Vajra* Until 1:49PM	Muruga: Blue	<i>Sunset:</i> 8:02PM	Moon 8 - Phase 17
Siddha Yoga		Rahu	10:26AM - 12:21PM	Kaulava Until 4:15PM	Nataraja: Clear		2nd Phase
				Dvadashi* Until 2:51AM Sat	Moon - Yellow		Devaloka Day
					Sravana-Avani		

3		Saturday, August 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 28.05		Tihti 28		Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 124	
544792362		Gulika	4:43AM - 6:38AM	Punarvasu Until 2:40PM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Hemalamba 5119
Creative Work		Yama	2:16PM - 4:10PM	Siddhi Until 10:31AM	Muruga: Blue	<i>Sunset:</i> 7:59PM	Moon 8 - Phase 17
Siddha Yoga		Rahu	8:32AM - 10:27AM	Gara Until 1:31PM	Nataraja: Clear		2nd Phase
				Trayodashi* Until 12:10AM Sun	Moon - Blue		Bhuloka Day
				<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani		Devaloka Time: 6:PM to 9:PM

4		Sunday, August 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Kataka Rasi: 12.32		Tihti 29		Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 125	
544792362		Gulika	4:09PM - 6:03PM	Pushya Until 12:52PM	Ganesha: White	<i>Sunrise:</i> 4:45AM	Hemalamba 5119
Creative Work		Yama	12:21PM - 2:15PM	Vyatipata* Until 7:18AM	Muruga: Blue	<i>Sunset:</i> 7:57PM	Moon 8 - Phase 17
Siddha Yoga		Rahu	6:03PM - 7:57PM	Visti Until 10:55AM	Nataraja: Clear		2nd Phase
				Chaturdashi* Until 9:40PM	Moon - Blue		Bhuloka Day
					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

		Monday, August 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Retreat Star		Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 126	
Kataka Rasi: 26.51		Tihti 30		Gulika 2:14PM - 4:07PM		Ashlesha* Until 11:10AM	
Family Home Evening		544792362		Yama 10:27AM - 12:21PM		Parigha* Until 1:29AM Tue	
Creative Work		Siddha Yoga		Rahu 6:41AM - 8:34AM		Catuspada Until 8:33AM	
Until 11:10AM				Total Solar Eclipse		Amavasya* Until 7:29PM	
Then Routine Work - Marana Yoga						Sravana-Avani	
						Devaloka Time: 6:PM to 9:PM	

Tuesday, August 22, 2017		Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Simha Rasi: 10.55		Tihti 1 - 2		Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Sun 14 Sutra 127	
544792362		Gulika	12:20PM - 2:13PM	Magha* Until 10:09AM	Ganesha: Green	<i>Sunrise:</i> 4:50AM	Hemalamba 5119
Creative Work		Yama	8:35AM - 10:28AM	Shiva Until 11:07PM	Muruga: Blue	<i>Sunset:</i> 7:51PM	Moon 8 - Phase 17
Siddha Yoga		Rahu	4:06PM - 5:58PM	Kintughna Until 6:33AM	Nataraja: Clear		Prathama
				Prathama* Until 5:43PM	Moon - Red		Bhuloka Day
					Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1		Wednesday, August 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 128 Hemalamba 5119	
Simha Rasi: 24.41	Tithi 2 – 3	Gulika 10:28AM – 12:20PM	Purvaphalguni Until 9:30AM	Ganesh: Green	<i>Sunrise:</i> 4:52AM	Moon 8 - Phase 18	
		Yama 6:44AM – 8:36AM	Siddha Until 9:11PM	Muruga: Blue	<i>Sunset:</i> 7:48PM	3rd Phase	
		554792362 Rahu 12:20PM – 2:12PM	Taitila Until 4:09AM Thu	Nataraja: Clear		Moon – Red	
Creative Work	Amrita Yoga		Dvitiya Until 4:30PM	Bhadrapada-Avani		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2		Thursday, August 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Oslo, Norway Sun 16 Sutra 129 Hemalamba 5119	
Kanya Rasi: 8.05	Tithi 3 – 4	Gulika 8:37AM – 10:29AM	Uttaraphalguni Until 9:18AM	Ganesh: Green	<i>Sunrise:</i> 4:55AM	Moon 8 - Phase 18	
		Yama 4:55AM – 6:46AM	Sadhya Until 7:47PM	Muruga: Blue	<i>Sunset:</i> 7:45PM	3rd Phase	
		554792362 Rahu 2:11PM – 4:03PM	Vanija Until 3:55AM Fri	Nataraja: Clear		Moon – Red	
Until 9:18AM	Amrita Yoga		Tritiya Until 3:56PM	Bhadrapada-Avani		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

3		Friday, August 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 130 Hemalamba 5119	
Kanya Rasi: 21.08	Tithi 4 – 5	Gulika 6:48AM – 8:38AM	Hasta Until 10:04AM	Ganesh: Clear	<i>Sunrise:</i> 4:57AM	Moon 8 - Phase 18	
		Yama 4:01PM – 5:52PM	Subha Until 6:57PM	Muruga: Blue	<i>Sunset:</i> 7:42PM	3rd Phase	
		554792362 Rahu 10:29AM – 12:20PM	Bava Until 4:23AM Sat	Nataraja: Clear		Moon – Green	
Creative Work	Amrita Yoga		Chaturthi* Until 4:03PM	Bhadrapada-Avani		Devaloka Day	
Until 10:04AM		Ganesh Chaturthi					
Then Creative Work - Siddha Yoga							

4		Saturday, August 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Oslo, Norway Sun 18 Sutra 131 Hemalamba 5119	
Tula Rasi: 3.51	Tithi 5 – 6	Gulika 4:59AM – 6:49AM	Chitra Until 11:22AM	Ganesh: Clear	<i>Sunrise:</i> 4:59AM	Moon 8 - Phase 18	
		Yama 2:09PM – 3:59PM	Sukla Until 6:37PM	Muruga: Blue	<i>Sunset:</i> 7:40PM	3rd Phase	
		554792362 Rahu 8:39AM – 10:29AM	Kaulava Until 5:30AM Sun	Nataraja: Clear		Moon – Green	
Routine Work	Marana Yoga		Panchami Until 4:51PM	Bhadrapada-Avani		Devaloka Day	
Until 11:22AM							
Then Creative Work - Siddha Yoga							

5		Sunday, August 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila Karana Shashthiyam Titau		Oslo, Norway Sun 19 Sutra 132 Hemalamba 5119	
Tula Rasi: 16.16	Tithi 6	Gulika 3:58PM – 5:47PM	Svati Until 1:07PM	Ganesh: Clear	<i>Sunrise:</i> 5:02AM	Moon 8 - Phase 18	
		Yama 12:19PM – 2:09PM	Brahma Until 6:46PM	Muruga: Blue	<i>Sunset:</i> 7:37PM	3rd Phase	
		554792363 Rahu 5:47PM – 7:37PM	Taitila Until 6:16PM	Nataraja: Purple		Moon – Green	
Creative Work	Siddha Yoga		Shashthi* Until 6:16PM	Bhadrapada-Avani		Bhuloka Day Devaloka Time: 9:AM to 12:PM	
Until 1:07PM							
Then Routine Work - Marana Yoga							

6		Monday, August 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 20 Sutra 133 Hemalamba 5119	
Tula Rasi: 28.27	Tithi 7	Gulika 2:08PM – 3:56PM	Vishakha Until 3:42PM	Ganesh: Purple	<i>Sunrise:</i> 5:04AM	Moon 8 - Phase 18	
Family Home Evening		Yama 10:30AM – 12:19PM	Indra Until 7:18PM	Muruga: Blue	<i>Sunset:</i> 7:34PM	3rd Phase	
		575792363 Rahu 6:53AM – 8:41AM	Gara Until 7:11AM	Nataraja: Purple		Moon – Orange	
Routine Work	Marana Yoga		Saptami Until 8:10PM	Bhadrapada-Avani		Devaloka Day	
Until 3:42PM							
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, August 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 134 Hemalamba 5119	
Vrischika Rasi: 10.28	Tithi 8	Gulika 12:19PM – 2:07PM	Anuradha Until 6:27PM	Ganesh: Purple	<i>Sunrise:</i> 5:06AM	Moon 8 - Phase 18	
		Yama 8:42AM – 10:30AM	Vaidhriti* Until 8:04PM	Muruga: Blue	<i>Sunset:</i> 7:31PM	Ashtami	
		575792363 Rahu 3:55PM – 5:43PM	Visti Until 9:17AM	Nataraja: Purple		Moon – Orange	
Creative Work	Siddha Yoga		Ashtami* Until 10:24PM	Bhadrapada-Avani		Devaloka Day	
Until 6:27PM							
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, August 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 135 Hemalamba 5119	
Vrischika Rasi: 22.23	Tithi 9	Gulika 10:31AM – 12:18PM	Jyeshtha* Until 9:11PM	Ganesh: Purple	<i>Sunrise:</i> 5:09AM	Moon 8 - Phase 18	
		Yama 6:56AM – 8:43AM	Vishkambha* Until 8:57PM	Muruga: Blue	<i>Sunset:</i> 7:28PM	Navami	
		575792363 Rahu 12:18PM – 2:06PM	Balava Until 11:36AM	Nataraja: Purple		Moon – Orange	
Creative Work	Siddha Yoga		Navami* Until 12:46AM Thu	Bhadrapada-Avani		Devaloka Day	
Until 9:11PM							
Then Routine Work - Marana Yoga							


1	Thursday, August 31, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
			Mula* Nakshatra Priti Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 136
Dhanus Rasi: 4.16	Tithi 10	Gulika	8:44AM – 10:31AM	Mula* Until 12:13AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:11AM	Hemalamba 5119
		Yama	5:11AM – 6:58AM	Priti Until 9:49PM	Muruga: Blue	<i>Sunset:</i> 7:25PM	Moon 8 - Phase 19
		585792363 Rahu	2:05PM – 3:51PM	Tailila Until 1:57PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Dashami Until 3:04AM Fri	Moon – Light Blue	Bhuloka Day	
Until 12:13AM Fri					Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Prabalarishta Yoga							

2	Friday, September 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
			Purvashadha* Nakshatra Ayushman Yoga Vanija/Visli* Karana Ekadashyam Titau				Sun 24 Sutra 137
Dhanus Rasi: 16.12	Tithi 11	Gulika	6:59AM – 8:45AM	Purvashadha* Until 2:51AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:13AM	Hemalamba 5119
		Yama	3:50PM – 5:36PM	Ayushman Until 10:29PM	Muruga: Blue	<i>Sunset:</i> 7:22PM	Moon 8 - Phase 19
		585792363 Rahu	10:32AM – 12:18PM	Vanija Until 4:09PM	Nataraja: Purple		4th Phase
Routine Work	Prabalarishta Yoga			Ekadashi Until 5:06AM Sat	Moon – Light Blue	Bhuloka Day	
Until 2:51AM Sat					Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

3	Saturday, September 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
			Uttarashadha Nakshatra Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 138
Dhanus Rasi: 28.14	Tithi 12	Gulika	5:16AM – 7:01AM	Uttarashadha Until 4:55AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Hemalamba 5119
		Yama	2:03PM – 3:48PM	Saubhagya Until 10:52PM	Muruga: Blue	<i>Sunset:</i> 7:19PM	Moon 8 - Phase 19
		585792363 Rahu	8:46AM – 10:32AM	Bava Until 5:59PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Dvadashi Until 6:43AM Sun	Moon – Light Blue	Bhuloka Day	
Until 4:55AM Sun					Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

4	Sunday, September 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
			Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 139
Makara Rasi: 10.28	Tithi 12 – 13	Gulika	3:47PM – 5:31PM	Shravana Until 6:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	Hemalamba 5119
		Yama	12:17PM – 2:02PM	Sobhana Until 10:52PM	Muruga: Blue	<i>Sunset:</i> 7:16PM	Moon 8 - Phase 19
		596792363 Rahu	5:31PM – 7:16PM	Kaulava Until 7:20PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Dvadashi Until 6:43AM	Moon – Purple	Bhuloka Day	
Until 6:48AM Mon				<i>Pradosha Vrata</i>	Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

5	Monday, September 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
			Shravana/Dhanishtha Nakshatra Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 140
Makara Rasi: 22.54	Tithi 13 – 14	Gulika	2:01PM – 3:45PM	Shravana Until 6:48AM	Ganesha: White	<i>Sunrise:</i> 5:20AM	Hemalamba 5119
Family Home Evening		Yama	10:33AM – 12:17PM	Athiganda* Until 10:23PM	Muruga: Blue	<i>Sunset:</i> 7:13PM	Moon 8 - Phase 19
		596892363 Rahu	7:04AM – 8:48AM	Gara Until 8:06PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Trayodashi Until 7:47AM	Moon – Purple	Devaloka Day	
Until 6:48AM		Chidambaram Abhishekam			Bhadrapada-Avani		
Then Creative Work - Siddha Yoga							

	Tuesday, September 5, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
			Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 141
Kumbha Rasi: 5.37	Tithi 14 – 15	Gulika	12:16PM – 2:00PM	Dhanishtha Until 7:56AM	Ganesha: White	<i>Sunrise:</i> 5:22AM	Hemalamba 5119
		Yama	8:49AM – 10:33AM	Sukarma Until 9:26PM	Muruga: Blue	<i>Sunset:</i> 7:10PM	Moon 8 - Phase 19
		596892363 Rahu	3:43PM – 5:27PM	Visti Until 8:16PM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 8:14AM	Moon – Purple	Devaloka Day	
Until 7:56AM					Bhadrapada-Avani		
Then Routine Work - Marana Yoga							

○	Wednesday, September 6, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
			Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 28 Sutra 142
Kumbha Rasi: 18.38	Tithi 15 – 16	Gulika	10:33AM – 12:16PM	Shatabhishak Until 8:19AM	Ganesha: White	<i>Sunrise:</i> 5:25AM	Hemalamba 5119
		Yama	7:08AM – 8:50AM	Dhriti Until 8:03PM	Muruga: Blue	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 19
		596892363 Rahu	12:16PM – 1:59PM	Balava Until 7:50PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Purnima* Until 8:06AM	Moon – Purple	Devaloka Day	
Until 8:19AM					Bhadrapada-Avani		
Then Creative Work - Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda



Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Oslo, Norway

Sutra 143

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Meena Rasi: 1.56 Tihti 16 – 17

Gulika 8:51AM – 10:34AM
Yama 5:27AM – 7:09AM
Rahu 1:58PM – 3:40PM

Purvaproshtapada* Until 8:28AM
Shula* Until 6:12PM
Taitila Until 6:54PM
Prathama* Until 7:24AM

Ganesha: White Sunrise: 5:27AM
Muruga: Blue Sunset: 7:04PM
Nataraja: Purple
Moon – Clear

Devaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

516892363

1

Friday, September 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Ganda*/Vridhhi Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 144

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Meena Rasi: 15.31 Tihti 17 – 18

Gulika 7:11AM – 8:52AM
Yama 3:38PM – 5:20PM
Rahu 10:34AM – 12:15PM

Uttaraproshtapada Until 8:00AM
Ganda* Until 4:02PM
Visti Until 4:42AM Sat
Dvitiya Until 6:14AM

Ganesha: White Sunrise: 5:29AM
Muruga: Blue Sunset: 7:01PM
Nataraja: Purple
Moon – Clear

Devaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

516892363

2

Saturday, September 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 2 Sutra 145

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Meena Rasi: 29.19 Tihti 19

Gulika 5:32AM – 7:13AM
Yama 1:56PM – 3:37PM
Rahu 8:53AM – 10:34AM

Revati Until 7:01AM
Vridhhi Until 1:37PM
Bava Until 3:50PM
Chaturthi* Until 2:52AM Sun

Ganesha: White Sunrise: 5:32AM
Muruga: Blue Sunset: 6:58PM
Nataraja: Purple
Moon – Clear

Devaloka Day

Bhadrapada-Avani

Routine Work Prabalarishta Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

516892363

3

Sunday, September 10, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 146

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Mesha Rasi: 13.17 Tihti 20

Gulika 3:35PM – 5:15PM
Yama 12:15PM – 1:55PM
Rahu 5:15PM – 6:55PM

Ashvini Until 6:04AM
Dhruva Until 10:58AM
Kaulava Until 1:54PM
Panchami Until 12:52AM Mon

Ganesha: White Sunrise: 5:34AM
Muruga: Blue Sunset: 6:55PM
Nataraja: Purple
Moon – White

Bhuloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Until 6:04AM

Then Routine Work - Prabalarishta Yoga

Grandparent's Day

527892363

4

Monday, September 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 147

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Mesha Rasi: 27.22 Tihti 21

Gulika 1:54PM – 3:33PM
Yama 10:35AM – 12:14PM
Rahu 7:16AM – 8:55AM

Krittika Until 3:15AM Tue
Vyaghata* Until 8:12AM
Gara Until 11:50AM
Shashthi* Until 10:44PM

Ganesha: White Sunrise: 5:36AM
Muruga: Blue Sunset: 6:52PM
Nataraja: Purple
Moon – White

Bhuloka Day

Bhadrapada-Avani

Routine Work Marana Yoga

Until 3:15AM Tue

Then Creative Work - Amrita Yoga

527892363

5

Tuesday, September 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 148

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Vrishabha Rasi: 11.31 Tihti 22

Gulika 12:14PM – 1:53PM
Yama 8:56AM – 10:35AM
Rahu 3:32PM – 5:10PM

Rohini Until 1:58AM Wed
Vajra* Until 2:28AM Wed
Visti Until 9:40AM
Saptami Until 8:33PM

Ganesha: Clear Sunrise: 5:39AM
Muruga: Blue Sunset: 6:49PM
Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Avani

Creative Work Amrita Yoga

Until 1:58AM Wed

Then Creative Work - Siddha Yoga

Devaloka Time: 6:AM to 9:AM

537892363

D

Wednesday, September 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 149

Hemalamba 5119

Moon 9 - Phase 20

Ashtami

Vrishabha Rasi: 25.42 Tihti 23

Gulika 10:35AM – 12:14PM
Yama 7:19AM – 8:57AM
Rahu 12:14PM – 1:52PM

Mrigashira Until 12:32AM Thu
Siddhi Until 11:35PM
Balava Until 7:28AM
Ashtami* Until 6:21PM

Ganesha: Clear Sunrise: 5:41AM
Muruga: Blue Sunset: 6:46PM
Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Until 12:32AM Thu

Then Routine Work - Marana Yoga

Devaloka Time: 6:AM to 9:AM

537892363

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Oslo, Norway

Sun 7 Sutra 150

Hemalamba 5119

Moon 9 - Phase 20

Navami

Mithuna Rasi: 9.53 Tihti 24 – 25

Gulika 8:58AM – 10:36AM
Yama 5:43AM – 7:21AM
Rahu 1:51PM – 3:28PM

Ardra Until 11:00PM
Vyatipata* Until 8:45PM
Vanija Until 3:09AM Fri
Navami* Until 4:11PM

Ganesha: Clear Sunrise: 5:43AM
Muruga: Blue Sunset: 6:43PM
Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Avani

Routine Work Marana Yoga

Until 11:00PM

Then Creative Work - Amrita Yoga

Devaloka Time: 6:AM to 9:AM


537892363

1	Friday, September 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 8 Sutra 151 Hemalamba 5119
	Mithuna Rasi: 24.01	Tithi 25 – 26	Gulika 7:22AM – 8:59AM Yama 3:27PM – 5:03PM Rahu 10:36AM – 12:13PM	Punarvasu Until 9:49PM Variyan Until 5:56PM Bava Until 1:05AM Sat Dashami Until 2:05PM	Ganesha: Purple <i>Sunrise:</i> 5:45AM Muruga: Blue <i>Sunset:</i> 6:40PM Nataraja: Purple Moon – Blue	Bhuloka Day Bhadrapada*Avani	Moon 9 - Phase 21 2nd Phase
Creative Work Siddha Yoga Until 9:49PM Then Routine Work - Marana Yoga							

2	Saturday, September 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 9 Sutra 152 Hemalamba 5119
	Kataka Rasi: 8.07	Tithi 26 – 27	Gulika 5:48AM – 7:24AM Yama 1:49PM – 3:25PM Rahu 9:00AM – 10:36AM	Pushya Until 8:38PM Parigha* Until 3:14PM Kaulava Until 11:10PM Ekadashi* Until 12:05PM	Ganesha: Purple <i>Sunrise:</i> 5:48AM Muruga: Blue <i>Sunset:</i> 6:37PM Nataraja: Purple Moon – Blue	Bhuloka Day Bhadrapada*Puratasi	Moon 9 - Phase 21 2nd Phase
Creative Work Siddha Yoga Until 8:38PM Then Routine Work - Marana Yoga							

3	Sunday, September 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 10 Sutra 153 Hemalamba 5119
	Kataka Rasi: 22.06	Tithi 27 – 28	Gulika 3:23PM – 4:59PM Yama 12:12PM – 1:48PM Rahu 4:59PM – 6:34PM	Ashlesha* Until 7:28PM Shiva Until 12:41PM Gara Until 9:26PM Dvadashi* Until 10:15AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 5:50AM Muruga: Blue <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Blue	Bhuloka Day Bhadrapada*Puratasi	Moon 9 - Phase 21 2nd Phase
Creative Work Siddha Yoga Until 7:28PM Then Routine Work - Marana Yoga							

4	Monday, September 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 11 Sutra 154 Hemalamba 5119
	Simha Rasi: 5.58	Tithi 28 – 29	Gulika 1:47PM – 3:22PM Yama 10:37AM – 12:12PM Rahu 7:27AM – 9:02AM	Magha* Until 6:52PM Siddha Until 10:18AM Visti Until 7:59PM Trayodashi* Until 8:39AM	Ganesha: Purple <i>Sunrise:</i> 5:52AM Muruga: Blue <i>Sunset:</i> 6:31PM Nataraja: Purple Moon – Red	Bhuloka Day Bhadrapada*Puratasi	Moon 9 - Phase 21 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 6:52PM Then Creative Work - Siddha Yoga							

	Tuesday, September 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway Sun 12 Sutra 155 Hemalamba 5119
	Simha Rasi: 19.38	Tithi 29 – 30	Gulika 12:11PM – 1:46PM Yama 9:03AM – 10:37AM Rahu 3:20PM – 4:54PM	Purvaphalguni Until 6:28PM Sadhya Until 8:11AM Catuspada Until 6:53PM Chaturdashi* Until 7:22AM	Ganesha: Purple <i>Sunrise:</i> 5:55AM Muruga: Blue <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Red	Bhuloka Day Bhadrapada*Puratasi	Moon 9 - Phase 21 Amavasya
Retreat Star Creative Work Siddha Yoga Until 6:28PM Then Creative Work - Amrita Yoga Mahalaya Amavasai (Tamil Nadu)							

Retreat Star	Wednesday, September 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Oslo, Norway Sun 13 Sutra 156 Hemalamba 5119
	Kanya Rasi: 3.05	Tithi 30 – 1	Gulika 10:38AM – 12:11PM Yama 7:30AM – 9:04AM Rahu 12:11PM – 1:45PM	Uttaraphalguni Until 6:20PM Subha Until 6:24AM Kintughna Until 6:13PM Amavasya* Until 6:28AM	Ganesha: Purple <i>Sunrise:</i> 5:57AM Muruga: Blue <i>Sunset:</i> 6:25PM Nataraja: Purple Moon – Red	Bhuloka Day Ashvina*Puratasi	Moon 9 - Phase 21 Prathama
Creative Work Amrita Yoga Until 6:20PM Then Routine Work - Marana Yoga Navaratri Begins							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Thursday, September 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 14 Sutra 157 Hemalamba 5119
Kanya Rasi: 16.17	Titthi 1 – 2	Gulika 9:05AM – 10:38AM	Hasta Until 7:01PM	Ganesh: Light Blue <i>Sunrise:</i> 5:59AM	Muruga: Blue <i>Sunset:</i> 6:22PM	Moon 9 - Phase 22 3rd Phase
Routine Work	Marana Yoga	Yama 5:59AM – 7:32AM	Brahma Until 3:58AM Fri	Nataraja: Purple		
Until 7:01PM		568892363 Rahu 1:44PM – 3:16PM	Balava Until 6:04PM	Moon – Green	Ashvina•Puratasi	Bhuloka Day
Then Creative Work - Siddha Yoga			Prathama* Until 6:03AM			

2		Friday, September 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 158 Hemalamba 5119
Kanya Rasi: 29.12	Titthi 2 – 3	Gulika 7:34AM – 9:06AM	Chitra Until 8:06PM	Ganesh: Light Blue <i>Sunrise:</i> 6:01AM	Muruga: Blue <i>Sunset:</i> 6:19PM	Moon 9 - Phase 22 3rd Phase
Creative Work	Siddha Yoga	Yama 3:15PM – 4:47PM	Indra Until 3:26AM Sat	Nataraja: Purple		
		568892363 Rahu 10:38AM – 12:10PM	Taitila Until 6:29PM	Moon – Green	Ashvina•Puratasi	Bhuloka Day
			Dvitiya Until 6:11AM			

3		Saturday, September 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 16 Sutra 159 Hemalamba 5119
Tula Rasi: 11.5	Titthi 3 – 4	Gulika 6:04AM – 7:35AM	Svati Until 9:35PM	Ganesh: Purple <i>Sunrise:</i> 6:04AM	Muruga: Blue <i>Sunset:</i> 6:16PM	Moon 9 - Phase 22 3rd Phase
Creative Work	Siddha Yoga	Yama 1:42PM – 3:13PM	Vaidhriti* Until 3:19AM Sun	Nataraja: Purple		
		569892363 Rahu 9:07AM – 10:38AM	Vanija Until 7:29PM	Moon – Green	Ashvina•Puratasi	Bhuloka Day
			Tritiya Until 6:54AM			

4		Sunday, September 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 160 Hemalamba 5119
Tula Rasi: 24.13	Titthi 4 – 5	Gulika 3:11PM – 4:42PM	Vishakha Until 11:56PM	Ganesh: Clear <i>Sunrise:</i> 6:06AM	Muruga: Blue <i>Sunset:</i> 6:13PM	Moon 9 - Phase 22 3rd Phase
Routine Work	Marana Yoga	Yama 12:10PM – 1:41PM	Vishkambha* Until 3:38AM Mon	Nataraja: Purple		
		579892363 Rahu 4:42PM – 6:13PM	Bava Until 9:03PM	Moon – Orange	Ashvina•Puratasi	Bhuloka Day
			Chaturthi* Until 8:11AM			Devaloka Time: 6:AM to 9:AM

5		Monday, September 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Oslo, Norway Sun 18 Sutra 161 Hemalamba 5119
Vrischika Rasi: 6.23	Titthi 5 – 6	Gulika 1:40PM – 3:10PM	Anuradha Until 2:32AM Tue	Ganesh: Clear <i>Sunrise:</i> 6:08AM	Muruga: Blue <i>Sunset:</i> 6:10PM	Moon 9 - Phase 22 3rd Phase
Family Home Evening		Yama 10:39AM – 12:09PM	Priti Until 4:17AM Tue	Nataraja: Purple		
Creative Work	Siddha Yoga	579892363 Rahu 7:39AM – 9:09AM	Kaulava Until 11:04PM	Moon – Orange	Ashvina•Puratasi	Bhuloka Day
Until 2:32AM Tue			Panchami Until 9:59AM			Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

6		Tuesday, September 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 19 Sutra 162 Hemalamba 5119
Vrischika Rasi: 18.23	Titthi 6 – 7	Gulika 12:09PM – 1:39PM	Jyeshtha* Until 5:15AM Wed	Ganesh: Clear <i>Sunrise:</i> 6:11AM	Muruga: Blue <i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 3rd Phase
Routine Work	Marana Yoga	Yama 9:10AM – 10:39AM	Ayushman Until 5:06AM Wed	Nataraja: Purple		
		579892363 Rahu 3:08PM – 4:38PM	Gara Until 1:24AM Wed	Moon – Orange	Ashvina•Puratasi	Bhuloka Day
			Shashthi* Until 12:11PM			Devaloka Time: 6:AM to 9:AM

Retreat Star		Wednesday, September 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Oslo, Norway Sun 20 Sutra 163 Hemalamba 5119
Dhanus Rasi: 0.17	Titthi 7 – 8	Gulika 10:40AM – 12:09PM	Mula* Until 8:23AM Thu	Ganesh: Clear <i>Sunrise:</i> 6:13AM	Muruga: Blue <i>Sunset:</i> 6:04PM	Moon 9 - Phase 22 Ashtami
Routine Work	Marana Yoga	Yama 7:42AM – 9:11AM	Saubhagya Until 6:01AM Thu	Nataraja: Purple		
Until 8:23AM Thu		689892363 Rahu 12:09PM – 1:38PM	Visti Until 3:52AM Thu	Moon – Light Blue	Ashvina•Puratasi	Bhuloka Day
Then Creative Work - Siddha Yoga			Saptami Until 2:37PM			Devaloka Time: 6:AM to 9:AM

Retreat Star		Thursday, September 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Oslo, Norway Sun 21 Sutra 164 Hemalamba 5119
Dhanus Rasi: 12.08	Titthi 8 – 9	Gulika 9:12AM – 10:40AM	Mula* Until 8:23AM	Ganesh: Clear <i>Sunrise:</i> 6:15AM	Muruga: Blue <i>Sunset:</i> 6:01PM	Moon 9 - Phase 22 Navami
Creative Work	Siddha Yoga	Yama 6:15AM – 7:44AM	Saubhagya Until 6:01AM	Nataraja: Purple		
		689892363 Rahu 1:37PM – 3:05PM	Balava Until 6:14AM Fri	Moon – Light Blue	Ashvina•Puratasi	Bhuloka Day
			Ashtami* Until 5:03PM			Devaloka Time: 6:AM to 9:AM
		Saraswathi Puja (Tamil Nadu)				

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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1	Friday, September 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuklayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Oslo, Norway
	Dhanus Rasi: 24.03	Tithi 9	Gulika 7:45AM – 9:13AM Yama 3:03PM – 4:31PM 689992363 Rahu 10:40AM – 12:08PM	Purvashadha* Until 11:14AM Sobhana Until 6:51AM Balava Until 6:14AM Navami* Until 7:17PM	Ganesh: Orange Muruga: Blue Nataraja: Purple Moon – Light Blue	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 5:58PM	Sun 22 Sutra 165 Hemalamba 5119 Moon 9 - Phase 23 4th Phase
Routine Work Prabalarishta Yoga Until 11:14AM Then Routine Work - Marana Yoga		Vijaya Dasami		Ashvina+Puratasi		Bhuloka Day Devaloka Time: 6:AM to 9:AM	


2	Saturday, September 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuklayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dashamyam Titau				Oslo, Norway
	Makara Rasi: 6.05	Tithi 10	Gulika 6:20AM – 7:47AM Yama 1:35PM – 3:01PM 689992363 Rahu 9:14AM – 10:41AM	Uttarashadha Until 1:33PM Athiganda* Until 7:24AM Tailila Until 8:16AM Dashami Until 9:05PM	Ganesh: Orange Muruga: Blue Nataraja: Purple Moon – Light Blue	<i>Sunrise:</i> 6:20AM <i>Sunset:</i> 5:55PM	Sun 23 Sutra 166 Hemalamba 5119 Moon 9 - Phase 23 4th Phase
Routine Work Marana Yoga Until 1:33PM Then Creative Work - Siddha Yoga				Ashvina+Puratasi		Bhuloka Day Devaloka Time: 6:AM to 9:AM	


3	Sunday, October 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuklayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Oslo, Norway
	Makara Rasi: 18.2	Tithi 11	Gulika 3:00PM – 4:26PM Yama 12:07PM – 1:34PM 691992363 Rahu 4:26PM – 5:52PM	Shravana Until 3:38PM Sukarma Until 7:34AM Vanija Until 9:46AM Ekadashi Until 10:15PM	Ganesh: Red Muruga: Blue Nataraja: Purple Moon – Purple	<i>Sunrise:</i> 6:22AM <i>Sunset:</i> 5:52PM	Sun 24 Sutra 167 Hemalamba 5119 Moon 9 - Phase 23 4th Phase
Creative Work Amrita Yoga Until 3:38PM Then Routine Work - Marana Yoga				Ashvina+Puratasi		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

4	Monday, October 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuklayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Oslo, Norway
	Kumbha Rasi: 0.52	Tithi 12	Gulika 1:33PM – 2:58PM Yama 10:41AM – 12:07PM 691992363 Rahu 7:50AM – 9:16AM	Dhanishtha Until 4:53PM Dhriti Until 7:14AM Bava Until 10:35AM Dvadashi Until 10:41PM	Ganesh: Red Muruga: Blue Nataraja: Purple Moon – Purple	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 5:49PM	Sun 25 Sutra 168 Hemalamba 5119 Moon 9 - Phase 23 4th Phase
Family Home Evening Creative Work Siddha Yoga				Ashvina+Puratasi		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

5	Tuesday, October 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuklayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Oslo, Norway
	Kumbha Rasi: 13.44	Tithi 13	Gulika 12:07PM – 1:32PM Yama 9:17AM – 10:42AM 691992363 Rahu 2:57PM – 4:21PM	Shatabhishak Until 5:14PM Shula* Until 6:16AM Kaulava Until 10:39AM Trayodashi Until 10:22PM <i>Pradosha Vrata</i>	Ganesh: Red Muruga: Blue Nataraja: Purple Moon – Purple	<i>Sunrise:</i> 6:27AM <i>Sunset:</i> 5:46PM	Sun 26 Sutra 169 Hemalamba 5119 Moon 9 - Phase 23 4th Phase
Routine Work Marana Yoga		Chidambaram Abhishekam Kadaitswami Mahasamadhi		Ashvina+Puratasi		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

6	Wednesday, October 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuklayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway
	Kumbha Rasi: 27.01	Tithi 14	Gulika 10:42AM – 12:06PM Yama 7:54AM – 9:18AM 611992363 Rahu 12:06PM – 1:31PM	Purvaproshtapada* Until 5:11PM Vriddhi Until 2:40AM Thu Gara Until 9:58AM Chaturdashi* Until 9:21PM	Ganesh: Yellow Muruga: Blue Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 6:29AM <i>Sunset:</i> 5:43PM	Sun 27 Sutra 170 Hemalamba 5119 Moon 9 - Phase 23 4th Phase
Creative Work Amrita Yoga Until 5:11PM Then Creative Work - Siddha Yoga				Ashvina+Puratasi		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

	Thursday, October 5, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuklayam Uttaraproshtapada*/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Oslo, Norway
	Meena Rasi: 10.4	Tithi 15	Gulika 9:19AM – 10:42AM Yama 6:32AM – 7:55AM 611992363 Rahu 1:30PM – 2:53PM	Uttaraproshtapada Until 4:21PM Dhruva Until 12:07AM Fri Visti Until 8:37AM Purnima* Until 7:42PM	Ganesh: Yellow Muruga: Blue Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 5:40PM	Sun 28 Sutra 171 Hemalamba 5119 Moon 9 - Phase 23 Purnima
Creative Work Siddha Yoga				Ashvina+Puratasi		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

	Friday, October 6, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuklayam Revati/Ashvini Nakshatra Vyaghata* Yoga Balava/Tailila Karana Prathama/Dvityayam Titau				Oslo, Norway
	Meena Rasi: 24.39	Tithi 16 – 17	Gulika 7:57AM – 9:20AM Yama 2:52PM – 4:15PM 611992363 Rahu 10:43AM – 12:06PM	Revati Until 2:53PM Vyaghata* Until 9:11PM Balava Until 6:43AM Prathama* Until 5:35PM	Ganesh: Yellow Muruga: Blue Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 6:34AM <i>Sunset:</i> 5:38PM	Sun 29 Sutra 172 Hemalamba 5119 Moon 9 - Phase 23 Prathama
Creative Work Siddha Yoga Until 2:53PM Then Creative Work - Amrita Yoga				Ashvina+Puratasi		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway
Sun 1 Sutra 173

Mesha Rasi: 8.55 Tihi 17 - 18

621992364

Gulika 6:36AM - 7:59AM
Yama 1:28PM - 2:50PM
Rahu 9:21AM - 10:43AM

Ashvini Until 1:21PM
Harshana Until 6:02PM
Vanija Until 1:50AM Sun
Dvitiya Until 3:08PM

Ganesh: Blue *Sunrise: 6:36AM*
Muruga: Blue *Sunset: 5:35PM*
Nataraja: Clear
Moon - White
Ashvina•Puratasi

Hemalamba 5119
Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Oslo, Norway
Sun 2 Sutra 174

Mesha Rasi: 23.22 Tihi 18 - 19

621992364

Gulika 2:48PM - 4:10PM
Yama 12:05PM - 1:27PM
Rahu 4:10PM - 5:32PM

Bharani Until 11:27AM
Vajra* Until 2:42PM
Bava Until 11:09PM
Tritiya Until 12:29PM

Ganesh: Blue *Sunrise: 6:39AM*
Muruga: Blue *Sunset: 5:32PM*
Nataraja: Clear
Moon - White
Ashvina•Puratasi

Hemalamba 5119
Moon 10 - Phase 24
1st Phase

Routine Work Prabalarishta Yoga

Until 11:27AM

Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway
Sun 3 Sutra 175

Vrishabha Rasi: 7.52 Tihi 19 - 20

621992364

Gulika 1:26PM - 2:47PM
Yama 10:44AM - 12:05PM
Rahu 8:02AM - 9:23AM

Krittika Until 9:22AM
Siddhi Until 11:21AM
Kaulava Until 8:28PM
Chaturthi* Until 9:47AM

Ganesh: Blue *Sunrise: 6:41AM*
Muruga: Blue *Sunset: 5:29PM*
Nataraja: Clear
Moon - White
Ashvina•Puratasi

Hemalamba 5119
Moon 10 - Phase 24
1st Phase

Routine Work Marana Yoga

Until 9:22AM

Then Creative Work - Amrita Yoga

Sivaloka Day

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata*/Varyan Yoga Taitila/Vanija Karana Panchami/Shashiyam Titau

Oslo, Norway
Sun 4 Sutra 176

Vrishabha Rasi: 22.2 Tihi 20 - 21

631992364

Gulika 12:05PM - 1:25PM
Yama 9:24AM - 10:44AM
Rahu 2:45PM - 4:06PM

Rohini Until 7:38AM
Vyatipata* Until 8:04AM
Vanija Until 4:40AM Wed
Panchami Until 7:08AM

Ganesh: Red *Sunrise: 6:43AM*
Muruga: Blue *Sunset: 5:26PM*
Nataraja: Clear
Moon - Yellow
Ashvina•Puratasi

Hemalamba 5119
Moon 10 - Phase 24
1st Phase

Creative Work Amrita Yoga

Until 7:38AM

Then Creative Work - Siddha Yoga

Devaloka Day

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Visti*/Bava Karana Saptamyam Titau

Oslo, Norway
Sun 5 Sutra 177

Mithuna Rasi: 6.43 Tihi 22

631992364

Gulika 10:45AM - 12:04PM
Yama 8:05AM - 9:25AM
Rahu 12:04PM - 1:24PM

Ardra Until 4:18AM Thu
Parigha* Until 1:57AM Thu
Visti Until 3:32PM
Saptami Until 2:27AM Thu

Ganesh: Red *Sunrise: 6:46AM*
Muruga: Blue *Sunset: 5:23PM*
Nataraja: Clear
Moon - Yellow
Ashvina•Puratasi

Hemalamba 5119
Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga

Until 4:18AM Thu

Then Creative Work - Amrita Yoga

Devaloka Day

Thursday, October 12, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway
Sun 6 Sutra 178

Mithuna Rasi: 20.54 Tihi 23

642992364

Gulika 9:26AM - 10:45AM
Yama 6:48AM - 8:07AM
Rahu 1:23PM - 2:42PM

Punarvasu Until 3:15AM Fri
Shiva Until 11:14PM
Balava Until 1:27PM
Ashtami* Until 12:30AM Fri

Ganesh: Red *Sunrise: 6:48AM*
Muruga: Blue *Sunset: 5:20PM*
Nataraja: Clear
Moon - Blue
Ashvina•Puratasi

Hemalamba 5119
Moon 10 - Phase 24
Ashtami

Creative Work Amrita Yoga

Until 3:15AM Fri

Then Routine Work - Marana Yoga

Devaloka Day

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway
Sun 7 Sutra 179

Kataka Rasi: 4.55 Tihi 24

642992364

Gulika 8:09AM - 9:27AM
Yama 2:40PM - 3:59PM
Rahu 10:46AM - 12:04PM

Pushya Until 2:23AM Sat
Siddha Until 8:45PM
Taitila Until 11:40AM
Navami* Until 10:53PM

Ganesh: Red *Sunrise: 6:51AM*
Muruga: Blue *Sunset: 5:17PM*
Nataraja: Clear
Moon - Blue
Ashvina•Puratasi

Hemalamba 5119
Moon 10 - Phase 24
Navami

Routine Work Marana Yoga

Devaloka Day


1	Saturday, October 14, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Oslo, Norway
	Kataka Rasi: 18.43		Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8	Sutra 180	
		Tithi 25	Gulika 6:53AM – 8:11AM	Ashlesha* Until 1:41AM Sun	Ganesha: Red <i>Sunrise: 6:53AM</i>		Hemalamba 5119
		642992364	Rahu 9:28AM – 10:46AM	Sadhya Until 6:32PM	Muruga: Blue <i>Sunset: 5:14PM</i>		Moon 10 - Phase 25
Routine Work	Marana Yoga		Vanija Until 10:13AM	Nataraja: Clear		2nd Phase	
			Dashami Until 9:35PM	Moon – Blue		Devaloka Day	
				Ashvina•Puratasi			

2	Sunday, October 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
	Simha Rasi: 2.2		Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9	Sutra 181	
		Tithi 26	Gulika 2:37PM – 3:54PM	Magha* Until 1:36AM Mon	Ganesha: Green <i>Sunrise: 6:55AM</i>		Hemalamba 5119
		652992364	Rahu 3:54PM – 5:11PM	Subha Until 4:36PM	Muruga: Blue <i>Sunset: 5:11PM</i>		Moon 10 - Phase 25
Routine Work	Marana Yoga		Bava Until 9:05AM	Nataraja: Clear		2nd Phase	
Until 1:36AM Mon			Ekadashi* Until 8:37PM	Moon – Red		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	

3	Monday, October 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
	Simha Rasi: 15.46		Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 10	Sutra 182	
		Tithi 27	Gulika 1:20PM – 2:36PM	Purvaphalguni Until 1:42AM Tue	Ganesha: Green <i>Sunrise: 6:58AM</i>		Hemalamba 5119
		652992364	Rahu 8:14AM – 9:31AM	Sukla Until 2:53PM	Muruga: Blue <i>Sunset: 5:09PM</i>		Moon 10 - Phase 25
Family Home Evening			Kaulava Until 8:16AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 7:58PM	Moon – Red		Bhuloka Day	
Until 1:42AM Tue				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

4	Tuesday, October 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
	Simha Rasi: 29.01		Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11	Sutra 183	
		Tithi 28	Gulika 12:03PM – 1:19PM	Uttaraphalguni Until 1:58AM Wed	Ganesha: Green <i>Sunrise: 7:00AM</i>		Hemalamba 5119
		652992364	Rahu 2:34PM – 3:50PM	Brahma Until 1:27PM	Muruga: Blue <i>Sunset: 5:06PM</i>		Moon 10 - Phase 25
Creative Work	Amrita Yoga		Gara Until 7:47AM	Nataraja: Clear		2nd Phase	
Until 1:58AM Wed			Trayodashi* Until 7:40PM	Moon – Red		Bhuloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	

5	Wednesday, October 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
	Kanya Rasi: 12.05		Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12	Sutra 184	
		Tithi 29	Gulika 10:48AM – 12:03PM	Hasta Until 2:55AM Thu	Ganesha: White <i>Sunrise: 7:03AM</i>		Hemalamba 5119
		662992364	Rahu 12:03PM – 1:18PM	Indra Until 12:18PM	Muruga: Blue <i>Sunset: 5:03PM</i>		Moon 10 - Phase 25
Routine Work	Marana Yoga		Visti Until 7:40AM	Nataraja: Clear		2nd Phase	
Until 2:55AM Thu			Chaturdashi* Until 7:44PM	Moon – Green		Bhuloka Day	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	

	Thursday, October 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
	Retreat Star		Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	Sutra 185	
		Tithi 30	Gulika 9:34AM – 10:48AM	Chitra Until 4:08AM Fri	Ganesha: White <i>Sunrise: 7:05AM</i>		Hemalamba 5119
		662992364	Rahu 1:17PM – 2:31PM	Vaidhriti* Until 11:27AM	Muruga: Blue <i>Sunset: 5:00PM</i>		Moon 10 - Phase 25
Creative Work	Siddha Yoga		Catuspada Until 7:56AM	Nataraja: Clear		Amavasya	
			Amavasya* Until 8:12PM	Moon – Green		Bhuloka Day	
				Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	

Retreat Star	Friday, October 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
	Tula Rasi: 7.38		Svati Nakshatra Vishkambha*/Prili Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14	Sutra 186	
		Tithi 1	Gulika 8:21AM – 9:35AM	Svati Until 5:37AM Sat	Ganesha: White <i>Sunrise: 7:08AM</i>		Hemalamba 5119
		662992364	Rahu 10:49AM – 12:02PM	Vishkambha* Until 10:56AM	Muruga: Blue <i>Sunset: 4:57PM</i>		Moon 10 - Phase 25
Creative Work	Siddha Yoga		Kintughna Until 8:38AM	Nataraja: Clear		Prathama	
			Prathama* Until 9:08PM	Moon – Green		Bhuloka Day	
		Skanda Shasthi Begins		Kartika•Aipasi		Devaloka Time: 6:PM to 9:PM	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Saturday, October 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
	Tula Rasi: 20.06		Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15	Sutra 187	
	Tithi 2	Gulika 7:10AM – 8:23AM	Vishakha Until 7:52AM Sun	Ganesh: Green <i>Sunrise:</i> 7:10AM	Hemalamba 5119		
	672992364	Yama 1:15PM – 2:28PM	Priti Until 10:47AM	Muruga: Blue <i>Sunset:</i> 4:54PM	Moon 10 - Phase 26		3rd Phase
Creative Work	Siddha Yoga	Rahu 9:36AM – 10:49AM	Balava Until 9:47AM	Nataraja: Clear	Moon – Orange		Bhuloka Day
Until 7:52AM Sun			Dvitiya Until 10:31PM	Moon – Orange	Karttika•Aipasi		Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							

2	Sunday, October 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
	Vrischika Rasi: 2.23		Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 16	Sutra 188	
	Tithi 3	Gulika 2:27PM – 3:39PM	Vishakha Until 7:52AM	Ganesh: Green <i>Sunrise:</i> 7:12AM	Hemalamba 5119		
	672992364	Yama 12:02PM – 1:14PM	Ayushman Until 10:58AM	Muruga: Blue <i>Sunset:</i> 4:52PM	Moon 10 - Phase 26		3rd Phase
Routine Work	Marana Yoga	Rahu 3:39PM – 4:52PM	Taitila Until 11:24AM	Nataraja: Clear	Moon – Orange		Bhuloka Day
Until 7:52AM Sun			Tritiya Until 12:21AM Mon	Moon – Orange	Karttika•Aipasi		Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							

3	Monday, October 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
	Vrischika Rasi: 14.28		Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthiyam Titau		Sun 17	Sutra 189	
	Tithi 4	Gulika 1:14PM – 2:25PM	Anuradha Until 10:22AM	Ganesh: Green <i>Sunrise:</i> 7:15AM	Hemalamba 5119		
	672992364	Yama 10:50AM – 12:02PM	Saubhagya Until 11:28AM	Muruga: Blue <i>Sunset:</i> 4:49PM	Moon 10 - Phase 26		3rd Phase
Family Home Evening	Creative Work	Rahu 8:27AM – 9:38AM	Vanija Until 1:27PM	Nataraja: Clear	Moon – Orange		Bhuloka Day
Until 7:52AM Sun			Chaturthi* Until 2:35AM Tue	Moon – Orange	Karttika•Aipasi		Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							

4	Tuesday, October 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
	Vrischika Rasi: 26.25		Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18	Sutra 190	
	Tithi 5	Gulika 12:02PM – 1:13PM	Jyeshtha* Until 1:02PM	Ganesh: Purple <i>Sunrise:</i> 7:17AM	Hemalamba 5119		
	672192364	Yama 9:40AM – 10:51AM	Sobhana Until 12:16PM	Muruga: Blue <i>Sunset:</i> 4:46PM	Moon 10 - Phase 26		3rd Phase
Routine Work	Marana Yoga	Rahu 2:24PM – 3:35PM	Bava Until 3:50PM	Nataraja: Clear	Moon – Orange		Bhuloka Day
Until 1:02PM			Panchami Until 5:06AM Wed	Moon – Orange	Karttika•Aipasi		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga							

5	Wednesday, October 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
	Dhanus Rasi: 8.17		Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Shashthyam Titau		Sun 19	Sutra 191	
	Tithi 6	Gulika 10:51AM – 12:02PM	Mula* Until 4:15PM	Ganesh: Purple <i>Sunrise:</i> 7:20AM	Hemalamba 5119		
	683192364	Yama 8:30AM – 9:41AM	Athiganda* Until 1:11PM	Muruga: Blue <i>Sunset:</i> 4:44PM	Moon 10 - Phase 26		3rd Phase
Routine Work	Marana Yoga	Rahu 12:02PM – 1:12PM	Kaulava Until 6:26PM	Nataraja: Clear	Moon – Light Blue		Sivaloka Day
Until 4:15PM			Shashthi* Until 7:43AM Thu	Moon – Light Blue	Karttika•Aipasi		
Then Creative Work - Amrita Yoga							

6	Thursday, October 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
	Dhanus Rasi: 20.05		Purvashadha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20	Sutra 192	
	Tithi 6 – 7	Gulika 9:42AM – 10:52AM	Purvashadha* Until 7:18PM	Ganesh: Purple <i>Sunrise:</i> 7:22AM	Hemalamba 5119		
	683112364	Yama 7:22AM – 8:32AM	Sukarma Until 2:09PM	Muruga: White <i>Sunset:</i> 4:41PM	Moon 10 - Phase 26		3rd Phase
Creative Work	Siddha Yoga	Rahu 1:11PM – 2:21PM	Gara Until 9:01PM	Nataraja: Clear	Moon – Light Blue		Sivaloka Day
Until 7:18PM			Shashthi* Until 7:43AM	Moon – Light Blue	Karttika•Aipasi		
Then Routine Work - Marana Yoga		Skanda Shasthi					

Retreat Star	Friday, October 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
	Makara Rasi: 1.57		Uttarashadha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21	Sutra 193	
	Tithi 7 – 8	Gulika 8:34AM – 9:43AM	Uttarashadha Until 9:59PM	Ganesh: Purple <i>Sunrise:</i> 7:25AM	Hemalamba 5119		
	683112364	Yama 2:20PM – 3:29PM	Dhriti Until 3:00PM	Muruga: White <i>Sunset:</i> 4:38PM	Moon 10 - Phase 26		Ashtami
Routine Work	Marana Yoga	Rahu 10:52AM – 12:01PM	Visti Until 11:22PM	Nataraja: Clear	Moon – Light Blue		Sivaloka Day
Until 7:18PM			Saptami Until 10:13AM	Moon – Light Blue	Karttika•Aipasi		
Then Routine Work - Marana Yoga							

Retreat Star	Saturday, October 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
	Makara Rasi: 13.56		Shravana Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22	Sutra 194	
	Tithi 8 – 9	Gulika 7:27AM – 8:36AM	Shravana Until 12:32AM Sun	Ganesh: Clear <i>Sunrise:</i> 7:27AM	Hemalamba 5119		
	693112364	Yama 1:10PM – 2:18PM	Shula* Until 3:30PM	Muruga: White <i>Sunset:</i> 4:35PM	Moon 10 - Phase 26		Navami
Creative Work	Siddha Yoga	Rahu 9:44AM – 10:53AM	Balava Until 1:13AM Sun	Nataraja: Clear	Moon – Purple		Devaloka Day
Until 12:32AM Sun			Ashtami* Until 12:20PM	Moon – Purple	Karttika•Aipasi		
Then Routine Work - Marana Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1 Sunday, October 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Dhanishtha Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 195		Hemalamba 5119		
Makara Rasi: 26.08	Tithi 9 – 10	Gulika 2:17PM – 3:25PM	Dhanishtha Until 2:14AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	
		Yama 12:01PM – 1:09PM	Ganda* Until 3:32PM	Muruga: White	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 27
	693112364	Rahu 3:25PM – 4:33PM	Taitila Until 2:21AM Mon	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 1:52PM	Moon – Purple		Devaloka Day
Until 2:14AM Mon				Kartika•Aipasi		
Then Creative Work - Siddha Yoga						

2 Monday, October 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Shatabhishak Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 196		Hemalamba 5119		
Kumbha Rasi: 8.38	Tithi 10 – 11	Gulika 1:09PM – 2:16PM	Shatabhishak Until 2:59AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:32AM	
Family Home Evening		Yama 10:54AM – 12:01PM	Vridhi Until 2:59PM	Muruga: White	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 27
	693112364	Rahu 8:40AM – 9:47AM	Vanija Until 2:40AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:36PM	Moon – Purple		Devaloka Day
Until 2:59AM Tue				Kartika•Aipasi		
Then Routine Work - Marana Yoga						

3 Tuesday, October 31, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Purvaprosarthapada* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 197		Hemalamba 5119		
Kumbha Rasi: 21.33	Tithi 11 – 12	Gulika 12:01PM – 1:08PM	Purvaprosarthapada* Until 3:11AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 7:35AM	
		Yama 9:48AM – 10:55AM	Dhruva Until 1:43PM	Muruga: White	<i>Sunset:</i> 4:28PM	Moon 10 - Phase 27
	613112364	Rahu 2:14PM – 3:21PM	Bava Until 2:06AM Wed	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 2:28PM	Moon – Clear		Devaloka Day
Until 3:11AM Wed				Kartika•Aipasi		
Then Creative Work - Siddha Yoga						

4 Wednesday, November 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Uttaraprosarthapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 198		Hemalamba 5119		
Meena Rasi: 4.55	Tithi 12 – 13	Gulika 10:55AM – 12:01PM	Uttaraprosarthapada Until 2:26AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:37AM	
		Yama 8:43AM – 9:49AM	Vyaghata* Until 11:48AM	Muruga: White	<i>Sunset:</i> 4:25PM	Moon 10 - Phase 27
	613112364	Rahu 12:01PM – 1:07PM	Kaulava Until 12:42AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:29PM	Moon – Clear		Devaloka Day
				Kartika•Aipasi		
			<i>Pradosha Vrata</i>			

5 Thursday, November 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 199		Hemalamba 5119		
Meena Rasi: 18.44	Tithi 13 – 14	Gulika 9:51AM – 10:56AM	Revati Until 12:51AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:40AM	
		Yama 7:40AM – 8:45AM	Harshana Until 9:16AM	Muruga: White	<i>Sunset:</i> 4:22PM	Moon 10 - Phase 27
	613112364	Rahu 1:06PM – 2:12PM	Gara Until 10:36PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:43AM	Moon – Clear		Devaloka Day
Until 12:51AM Fri				Kartika•Aipasi		
Then Creative Work - Amrita Yoga						

Friday, November 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Copper Retreat Star		Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 200		Hemalamba 5119
Mesha Rasi: 3	Tithi 14 – 15	Gulika 8:47AM – 9:52AM	Ashvini Until 11:00PM	Ganesha: White	<i>Sunrise:</i> 7:42AM	
		Yama 2:11PM – 3:15PM	Vajra* Until 6:11AM	Muruga: White	<i>Sunset:</i> 4:20PM	Moon 10 - Phase 27
	623112364	Rahu 10:56AM – 12:01PM	Visti Until 7:56PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 9:19AM	Moon – White		Sivaloka Day
Until 11:00PM				Kartika•Aipasi		
Then Creative Work - Siddha Yoga						

Saturday, November 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Oslo, Norway
Silver Retreat Star		Bharani Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sutra 201		Hemalamba 5119
Mesha Rasi: 17.37	Tithi 15 – 16	Gulika 7:45AM – 8:49AM	Bharani Until 8:38PM	Ganesha: White	<i>Sunrise:</i> 7:45AM	
		Yama 1:05PM – 2:09PM	Vyatipata* Until 10:57PM	Muruga: White	<i>Sunset:</i> 4:17PM	Moon 10 - Phase 27
	623112364	Rahu 9:53AM – 10:57AM	Kaulava Until 3:14AM Sun	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:26AM	Moon – White		Sivaloka Day
Until 8:38PM				Kartika•Aipasi		
Then Creative Work - Amrita Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway
Sutra 202

Vrishabha Rasi: 2.28 Tihti 17

623112364

Gulika 2:08PM – 3:12PM
Yama 12:01PM – 1:05PM
Rahu 3:12PM – 4:15PM

Krittika **Until 5:57PM**
Variyan **Until 7:01PM**
Taitila **Until 1:35PM**
Dvitiya **Until 11:54PM**

Ganesha: White *Sunrise: 7:47AM*
Muruga: White *Sunset: 4:15PM*
Nataraja: Clear
Moon – White

Hemalamba 5119
Moon 11 - Phase 28
1st Phase

Creative Work Siddha Yoga

Karttika•Aipasi

Sivaloka Day

1

Monday, November 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Oslo, Norway
Sun 1 Sutra 203

Vrishabha Rasi: 17.25 Tihti 18

633112364

Gulika 1:04PM – 2:07PM
Yama 10:58AM – 12:01PM
Rahu 8:53AM – 9:56AM

Rohini **Until 3:30PM**
Parigha* **Until 3:05PM**
Vanija **Until 10:15AM**
Tritiya **Until 8:35PM**

Ganesha: Clear *Sunrise: 7:50AM*
Muruga: White *Sunset: 4:13PM*
Nataraja: Clear
Moon – Yellow

Hemalamba 5119
Moon 11 - Phase 28
1st Phase

Creative Work Amrita Yoga

Karttika•Aipasi

Devaloka Day

2

Tuesday, November 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway
Sun 2 Sutra 204

Mithuna Rasi: 2.19 Tihti 19 – 20

733112364

Gulika 12:01PM – 1:04PM
Yama 9:57AM – 10:59AM
Rahu 2:06PM – 3:08PM

Mrigashira **Until 1:03PM**
Shiva **Until 11:17AM**
Bava **Until 7:00AM**
Chaturthi* **Until 5:26PM**

Ganesha: White *Sunrise: 7:52AM*
Muruga: White *Sunset: 4:10PM*
Nataraja: Clear
Moon – Yellow

Hemalamba 5119
Moon 11 - Phase 28
1st Phase

Creative Work Siddha Yoga

Karttika•Aipasi

Sivaloka Day

Until 1:03PM

Then Routine Work - Marana Yoga

3

Wednesday, November 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway
Sun 3 Sutra 205

Mithuna Rasi: 17.01 Tihti 20 – 21

734112364

Gulika 11:00AM – 12:01PM
Yama 8:57AM – 9:58AM
Rahu 12:01PM – 1:03PM

Ardra **Until 10:45AM**
Siddha **Until 7:40AM**
Gara **Until 1:21AM** Thu
Panchami **Until 2:36PM**

Ganesha: Clear *Sunrise: 7:55AM*
Muruga: White *Sunset: 4:08PM*
Nataraja: Clear
Moon – Yellow

Hemalamba 5119
Moon 11 - Phase 28
1st Phase

Creative Work Siddha Yoga

Karttika•Aipasi

Devaloka Day

4

Thursday, November 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Oslo, Norway
Sun 4 Sutra 206

Kataka Rasi: 1.28 Tihti 21 – 22

744112364

Gulika 9:59AM – 11:00AM
Yama 7:57AM – 8:58AM
Rahu 1:02PM – 2:03PM

Punarvasu **Until 9:08AM**
Subha **Until 1:31AM** Fri
Visti **Until 11:12PM**
Shashthi* **Until 12:12PM**

Ganesha: Purple *Sunrise: 7:57AM*
Muruga: White *Sunset: 4:05PM*
Nataraja: Clear
Moon – Blue

Hemalamba 5119
Moon 11 - Phase 28
1st Phase

Creative Work Amrita Yoga

Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

5

Friday, November 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway
Sun 5 Sutra 207

Kataka Rasi: 15.34 Tihti 22 – 23

744112364

Gulika 9:00AM – 10:01AM
Yama 2:02PM – 3:03PM
Rahu 11:01AM – 12:02PM

Pushya **Until 7:52AM**
Sukla **Until 11:02PM**
Balava **Until 9:34PM**
Saptami **Until 10:18AM**

Ganesha: Purple *Sunrise: 8:00AM*
Muruga: White *Sunset: 4:03PM*
Nataraja: Clear
Moon – Blue

Hemalamba 5119
Moon 11 - Phase 28
Ashtami

Routine Work Marana Yoga

Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Saturday, November 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway
Sun 6 Sutra 208

Kataka Rasi: 29.2 Tihti 23 – 24

744112364

Gulika 8:02AM – 9:02AM
Yama 1:01PM – 2:01PM
Rahu 10:02AM – 11:02AM

Ashlesha* **Until 7:00AM**
Brahma **Until 9:01PM**
Taitila **Until 8:30PM**
Ashtami* **Until 8:57AM**

Ganesha: Purple *Sunrise: 8:02AM*
Muruga: White *Sunset: 4:01PM*
Nataraja: Clear
Moon – Blue

Hemalamba 5119
Moon 11 - Phase 28
Navami

Routine Work Marana Yoga

Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 7:00AM

Then Creative Work - Amrita Yoga

1 Sunday, November 12, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashyam Titau				Oslo, Norway Sun 7 Sutra 209 Hemalamba 5119
Simha Rasi: 12.47	Tithi 24 – 25	Gulika 2:00PM – 2:59PM Yama 12:02PM – 1:01PM Rahu 2:59PM – 3:59PM	Magha* Until 6:58AM Indra Until 7:27PM Vanija Until 7:59PM Navami* Until 8:09AM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red Karttika•Aipasi	Sunrise: 8:05AM Sunset: 3:59PM	Moon 11 - Phase 29 2nd Phase
Routine Work Marana Yoga Until 6:58AM Then Creative Work - Siddha Yoga				Devaloka Day		

2 Monday, November 13, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 8 Sutra 210 Hemalamba 5119
Simha Rasi: 25.58	Tithi 25 – 26	Gulika 1:01PM – 1:59PM Yama 11:03AM – 12:02PM Rahu 9:06AM – 10:05AM	Purvaphalguni Until 7:17AM Vaidhriti* Until 6:13PM Bava Until 7:57PM Dashami Until 7:53AM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red Karttika•Aipasi	Sunrise: 8:07AM Sunset: 3:56PM	Moon 11 - Phase 29 2nd Phase
Family Home Evening Creative Work Siddha Yoga				Devaloka Day		

3 Tuesday, November 14, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba*/Prili Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 9 Sutra 211 Hemalamba 5119
Kanya Rasi: 8.53	Tithi 26 – 27	Gulika 12:02PM – 1:00PM Yama 10:06AM – 11:04AM Rahu 1:58PM – 2:56PM	Uttaraphalguni Until 7:55AM Vishkamba* Until 5:22PM Kaulava Until 8:21PM Ekadashi* Until 8:05AM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red Karttika•Aipasi	Sunrise: 8:10AM Sunset: 3:54PM	Moon 11 - Phase 29 2nd Phase
Creative Work Amrita Yoga Until 7:55AM Then Creative Work - Siddha Yoga				Devaloka Day		

4 Wednesday, November 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 10 Sutra 212 Hemalamba 5119
Kanya Rasi: 21.37	Tithi 27 – 28	Gulika 11:05AM – 12:02PM Yama 9:10AM – 10:07AM Rahu 12:02PM – 1:00PM	Hasta Until 9:15AM Priti Until 4:49PM Gara Until 9:10PM Dvadashi* Until 8:41AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White Muruga: White Nataraja: Clear Moon – Green Karttika•Aipasi	Sunrise: 8:12AM Sunset: 3:52PM	Moon 11 - Phase 29 2nd Phase
Routine Work Marana Yoga Until 9:15AM Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

5 Thursday, November 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 11 Sutra 213 Hemalamba 5119
Tula Rasi: 4.1	Tithi 28 – 29	Gulika 10:09AM – 11:05AM Yama 8:15AM – 9:12AM Rahu 12:59PM – 1:56PM	Chitra Until 10:48AM Ayushman Until 4:31PM Visti Until 10:20PM Trayodashi* Until 9:41AM	Ganesha: White Muruga: White Nataraja: Clear Moon – Green Karttika•Kartikai	Sunrise: 8:15AM Sunset: 3:50PM	Moon 11 - Phase 29 2nd Phase
Creative Work Siddha Yoga Until 10:48AM Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 6:PM to 9:PM		

Friday, November 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway Sun 12 Sutra 214 Hemalamba 5119
Retreat Star		Gulika 9:14AM – 10:10AM Yama 1:55PM – 2:52PM Rahu 11:06AM – 12:03PM	Svati Until 12:31PM Saubhagya Until 4:30PM Catuspada Until 11:51PM Chaturdashi* Until 11:01AM	Ganesha: Clear Muruga: White Nataraja: White Moon – Green Karttika•Kartikai	Sunrise: 8:17AM Sunset: 3:48PM	Moon 11 - Phase 29 Amavasya
Tula Rasi: 16.34 Tithi 29 – 30 Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to 12:PM		

Saturday, November 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Oslo, Norway Sun 13 Sutra 215 Hemalamba 5119
Retreat Star		Gulika 8:20AM – 9:15AM Yama 12:59PM – 1:54PM Rahu 10:11AM – 11:07AM	Vishakha Until 2:53PM Sobhana Until 4:46PM Kintughna Until 1:42AM Sun Amavasya* Until 12:43PM	Ganesha: Orange Muruga: White Nataraja: White Moon – Orange Margasira•Kartikai	Sunrise: 8:20AM Sunset: 3:46PM	Moon 11 - Phase 29 Prathama
Tula Rasi: 28.49 Tithi 30 – 1 Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to 12:PM		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1 Sunday, November 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Oslo, Norway Sun 14 Sutra 216 Hemalamba 5119
Vrischika Rasi: 10.56	Tithi 1 - 2	Gulika 1:54PM - 2:49PM Yama 12:03PM - 12:58PM Rahu 2:49PM - 3:44PM	Anuradha Until 5:25PM Athiganda* Until 5:14PM Balava Until 3:53AM Mon Prathama* Until 2:44PM	Ganesha: Orange <i>Sunrise:</i> 8:22AM Muruga: White <i>Sunset:</i> 3:44PM Nataraja: White Moon - Orange Margasira-Karttikai	Moon 11 - Phase 30 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Routine Work Marana Yoga					

2 Monday, November 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Oslo, Norway Sun 15 Sutra 217 Hemalamba 5119
Vrischika Rasi: 22.55	Tithi 2 - 3	Gulika 12:58PM - 1:53PM Yama 11:09AM - 12:03PM Rahu 9:19AM - 10:14AM	Jyeshtha* Until 8:04PM Sukarma Until 5:57PM Taitila Until 6:22AM Tue Dvitiya Until 5:04PM	Ganesha: Orange <i>Sunrise:</i> 8:24AM Muruga: White <i>Sunset:</i> 3:42PM Nataraja: White Moon - Orange Margasira-Karttikai	Moon 11 - Phase 30 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Family Home Evening Creative Work Siddha Yoga					

3 Tuesday, November 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau			Oslo, Norway Sun 16 Sutra 218 Hemalamba 5119
Dhanus Rasi: 4.49	Tithi 3	Gulika 12:04PM - 12:58PM Yama 10:15AM - 11:09AM Rahu 1:52PM - 2:46PM	Mula* Until 11:17PM Dhriti Until 6:52PM Taitila Until 6:22AM Tritiya Until 7:40PM	Ganesha: White <i>Sunrise:</i> 8:27AM Muruga: White <i>Sunset:</i> 3:40PM Nataraja: White Moon - Light Blue Margasira-Karttikai	Moon 11 - Phase 30 3rd Phase Bhuloka Day
Creative Work Amrita Yoga Until 11:17PM Then Creative Work - Siddha Yoga					

4 Wednesday, November 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau			Oslo, Norway Sun 17 Sutra 219 Hemalamba 5119
Dhanus Rasi: 16.37	Tithi 4	Gulika 11:10AM - 12:04PM Yama 9:23AM - 10:16AM Rahu 12:04PM - 12:57PM	Purvashadha* Until 2:26AM Thu Shula* Until 7:51PM Vanija Until 9:02AM Chaturthi* Until 10:23PM	Ganesha: White <i>Sunrise:</i> 8:29AM Muruga: White <i>Sunset:</i> 3:39PM Nataraja: White Moon - Light Blue Margasira-Karttikai	Moon 11 - Phase 30 3rd Phase Bhuloka Day
Creative Work Amrita Yoga Until 2:26AM Thu Then Routine Work - Marana Yoga					

5 Thursday, November 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau			Oslo, Norway Sun 18 Sutra 220 Hemalamba 5119
Dhanus Rasi: 28.25	Tithi 5	Gulika 10:18AM - 11:11AM Yama 8:31AM - 9:25AM Rahu 12:57PM - 1:50PM	Uttarashadha Until 5:21AM Fri Ganda* Until 8:50PM Bava Until 11:45AM Panchami Until 1:03AM Fri	Ganesha: White <i>Sunrise:</i> 8:31AM Muruga: White <i>Sunset:</i> 3:37PM Nataraja: White Moon - Light Blue Margasira-Karttikai	Moon 11 - Phase 30 3rd Phase Bhuloka Day
Routine Work Marana Yoga					

6 Friday, November 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau			Oslo, Norway Sun 19 Sutra 221 Hemalamba 5119
Makara Rasi: 10.14	Tithi 6	Gulika 9:26AM - 10:19AM Yama 1:50PM - 2:42PM Rahu 11:12AM - 12:04PM	Shravana Until 8:19AM Sat Vriddhi Until 9:40PM Kaulava Until 2:20PM Shashthi* Until 3:28AM Sat	Ganesha: Clear <i>Sunrise:</i> 8:34AM Muruga: White <i>Sunset:</i> 3:35PM Nataraja: White Moon - Purple Margasira-Karttikai	Moon 11 - Phase 30 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga Until 8:19AM Sat Then Creative Work - Siddha Yoga					

Saturday, November 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau			Oslo, Norway Sun 20 Sutra 222 Hemalamba 5119
Retreat Star		Gulika 8:36AM - 9:28AM Yama 12:57PM - 1:49PM Rahu 10:20AM - 11:12AM	Shravana Until 8:19AM Dhruva Until 10:08PM Gara Until 4:32PM Saptami Until 5:24AM Sun	Ganesha: Clear <i>Sunrise:</i> 8:36AM Muruga: White <i>Sunset:</i> 3:33PM Nataraja: White Moon - Purple Margasira-Karttikai	Moon 11 - Phase 30 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Makara Rasi: 22.1 Tithi 7 Creative Work Siddha Yoga					

Sunday, November 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Visti* Karana Ashtamyam Titau			Oslo, Norway Sun 21 Sutra 223 Hemalamba 5119
Retreat Star		Gulika 1:48PM - 2:40PM Yama 12:05PM - 12:57PM Rahu 2:40PM - 3:32PM	Dhanishtha Until 10:35AM Vyaghata* Until 10:07PM Visti Until 6:07PM Ashtami* Until 6:36AM Mon	Ganesha: Clear <i>Sunrise:</i> 8:38AM Muruga: White <i>Sunset:</i> 3:32PM Nataraja: White Moon - Purple Margasira-Karttikai	Moon 11 - Phase 30 Ashtami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 4.18 Tithi 8 Routine Work Marana Yoga Until 10:35AM Then Creative Work - Siddha Yoga					

Monday, November 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Oslo, Norway Sun 22 Sutra 224 Hemalamba 5119
Retreat Star		Gulika 12:57PM - 1:48PM Yama 11:14AM - 12:05PM Rahu 9:32AM - 10:23AM	Shatabhishak Until 12:00PM Harshana Until 9:30PM Balava Until 6:54PM Ashtami* Until 6:36AM	Ganesha: Clear <i>Sunrise:</i> 8:40AM Muruga: White <i>Sunset:</i> 3:30PM Nataraja: White Moon - Purple Margasira-Karttikai	Moon 11 - Phase 30 Navami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 16.44 Tithi 8 - 9 Family Home Evening Creative Work Siddha Yoga Until 12:00PM Then Routine Work - Marana Yoga					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1

Tuesday, November 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuklayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Oslo, Norway

Kumbha Rasi: 29.34 Tihti 9 – 10

Gulika 12:06PM – 12:56PM
Yama 10:24AM – 11:15AM
Rahu 1:47PM – 2:38PM

Purvaproshtapada* Until 12:52PM
Vajra* Until 8:09PM
Taitila Until 6:48PM
Navami* Until 6:57AM

Ganesha: Yellow *Sunrise: 8:42AM*
Muruga: White *Sunset: 3:29PM*
Nataraja: White
Moon – Clear
Margasira*Karttikai

Sun 23 Sutra 225
Hemalamba 5119
Moon 11 - Phase 31
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 12:52PM

Then Creative Work - Amrita Yoga

2

Wednesday, November 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuklayam
Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau

Oslo, Norway

Meena Rasi: 12.52 Tihti 10 – 11

Gulika 11:16AM – 12:06PM
Yama 9:35AM – 10:25AM
Rahu 12:06PM – 12:56PM

Uttaraproshtapada Until 12:42PM
Siddhi Until 6:06PM
Visti Until 4:55AM Thu
Dashami Until 6:22AM

Ganesha: Yellow *Sunrise: 8:44AM*
Muruga: White *Sunset: 3:28PM*
Nataraja: White
Moon – Clear
Margasira*Karttikai

Sun 24 Sutra 226
Hemalamba 5119
Moon 11 - Phase 31
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 12:42PM

Then Routine Work - Marana Yoga

3

Thursday, November 30, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuklayam
Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau

Oslo, Norway

Meena Rasi: 26.39 Tihti 12

Gulika 10:26AM – 11:16AM
Yama 8:47AM – 9:37AM
Rahu 12:56PM – 1:46PM

Revati Until 11:32AM
Vyatipata* Until 3:24PM
Bava Until 3:55PM
Dvadashi Until 2:42AM Fri

Ganesha: White *Sunrise: 8:47AM*
Muruga: White *Sunset: 3:26PM*
Nataraja: White
Moon – Clear
Margasira*Karttikai

Sun 25 Sutra 227
Hemalamba 5119
Moon 11 - Phase 31
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 11:32AM

Then Creative Work - Amrita Yoga

4

Friday, December 1, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuklayam
Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau

Oslo, Norway

Mesha Rasi: 10.56 Tihti 13

Gulika 9:38AM – 10:28AM
Yama 1:46PM – 2:35PM
Rahu 11:17AM – 12:07PM

Ashvini Until 9:56AM
Variyan Until 12:06PM
Kaulava Until 1:21PM
Trayodashi Until 11:50PM

Ganesha: Clear *Sunrise: 8:49AM*
Muruga: White *Sunset: 3:25PM*
Nataraja: White
Moon – White
Margasira*Karttikai

Sun 26 Sutra 228
Hemalamba 5119
Moon 11 - Phase 31
4th Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 9:56AM

Then Creative Work - Siddha Yoga

Pradosha Vrata

5

Saturday, December 2, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuklayam
Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau

Oslo, Norway

Mesha Rasi: 25.39 Tihti 14

Gulika 8:51AM – 9:40AM
Yama 12:56PM – 1:45PM
Rahu 10:29AM – 11:18AM

Bharani Until 7:37AM
Parigha* Until 8:21AM
Gara Until 10:14AM
Chaturdashi* Until 8:30PM

Ganesha: Clear *Sunrise: 8:51AM*
Muruga: White *Sunset: 3:24PM*
Nataraja: White
Moon – White
Margasira*Karttikai

Sun 27 Sutra 229
Hemalamba 5119
Moon 11 - Phase 31
4th Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 7:37AM

Then Creative Work - Amrita Yoga

0

Sunday, December 3, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuklayam
Rohini Nakshatra Siddha Yoga Visti*/Balava Karana Purnima/Prathamayam Titau

Oslo, Norway

Vrishabha Rasi: 10.41 Tihti 15 – 16

Gulika 1:45PM – 2:34PM
Yama 12:08PM – 12:56PM
Rahu 2:34PM – 3:23PM

Rohini Until 1:56AM Mon
Siddha Until 12:01AM Mon
Visti Until 6:43AM
Purnima* Until 4:52PM

Ganesha: Purple *Sunrise: 8:52AM*
Muruga: White *Sunset: 3:23PM*
Nataraja: White
Moon – Yellow
Margasira*Karttikai

Sutra 230
Hemalamba 5119
Moon 11 - Phase 31
Purnima

Devaloka Day

Creative Work Siddha Yoga
Until 1:56AM Mon

Then Creative Work - Amrita Yoga

Monday, December 4, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuklayam
Mrigashira Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Oslo, Norway

Vrishabha Rasi: 25.55 Tihti 16 – 17

Gulika 12:56PM – 1:45PM
Yama 11:20AM – 12:08PM
Rahu 9:43AM – 10:31AM

Mrigashira Until 10:56PM
Sadhya Until 7:42PM
Taitila Until 11:15PM
Prathama* Until 1:06PM

Ganesha: Purple *Sunrise: 8:54AM*
Muruga: White *Sunset: 3:22PM*
Nataraja: White
Moon – Yellow
Margasira*Karttikai

Sutra 231
Hemalamba 5119
Moon 11 - Phase 31
Prathama

Devaloka Day

Creative Work Amrita Yoga
Until 10:56PM

Then Creative Work - Siddha Yoga

Vinayaga Viratam Begins



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway
Sun 1 Sutra 232
Hemalamba 5119

Mithuna Rasi: 11.08 Tihti 17 – 18
736212365

Gulika 12:08PM – 12:56PM
Yama 10:32AM – 11:20AM
Rahu 1:45PM – 2:33PM

Ardra **Until 7:56PM**
Subha **Until 3:30PM**
Vanija **Until 7:39PM**
Dvitiya **Until 9:25AM**

Ganesha: Purple *Sunrise: 8:58AM*
Muruga: White *Sunset: 3:21PM*

Moon 12 - Phase 32
1st Phase

Routine Work Marana Yoga
Until 7:56PM

Then Creative Work - Siddha Yoga

Moon – Yellow
Margasira•Karttikai

Devaloka Day

1

Wednesday, December 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthiyam Titau

Oslo, Norway
Sun 2 Sutra 233
Hemalamba 5119

Mithuna Rasi: 26.11 Tihti 19
746212365

Gulika 11:21AM – 12:09PM
Yama 9:46AM – 10:33AM
Rahu 12:09PM – 12:57PM

Punarvasu **Until 5:31PM**
Sukla **Until 11:29AM**
Bava **Until 4:21PM**
Chaturthi* **Until 2:50AM Thu**

Ganesha: Clear *Sunrise: 8:58AM*
Muruga: White *Sunset: 3:20PM*

Moon 12 - Phase 32
1st Phase

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

Moon – Blue
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Thursday, December 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway
Sun 3 Sutra 234
Hemalamba 5119

Kataka Rasi: 10.58 Tihti 20
747212365

Gulika 10:34AM – 11:22AM
Yama 9:00AM – 9:47AM
Rahu 12:57PM – 1:44PM

Pushya **Until 3:26PM**
Brahma **Until 7:50AM**
Kaulava **Until 1:30PM**
Panchami **Until 12:16AM Fri**

Ganesha: White *Sunrise: 9:00AM*
Muruga: White *Sunset: 3:19PM*

Moon 12 - Phase 32
1st Phase

Creative Work Amrita Yoga
Until 3:26PM

Then Creative Work - Siddha Yoga

Moon – Blue
Margasira•Karttikai

Bhuloka Day

3

Friday, December 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shashthiyam Titau

Oslo, Norway
Sun 4 Sutra 235
Hemalamba 5119

Kataka Rasi: 25.2 Tihti 21
747212365

Gulika 9:48AM – 10:35AM
Yama 1:44PM – 2:31PM
Rahu 11:23AM – 12:10PM

Ashlesha* **Until 1:47PM**
Vaidhriti* **Until 1:56AM Sat**
Gara **Until 11:14AM**
Shashthi* **Until 10:20PM**

Ganesha: White *Sunrise: 9:01AM*
Muruga: White *Sunset: 3:18PM*

Moon 12 - Phase 32
1st Phase

Routine Work Marana Yoga

Then Creative Work - Siddha Yoga

Moon – Blue
Margasira•Karttikai

Bhuloka Day

4

Saturday, December 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Oslo, Norway
Sun 5 Sutra 236
Hemalamba 5119

Simha Rasi: 9.17 Tihti 22
757212365

Gulika 9:03AM – 9:50AM
Yama 12:57PM – 1:44PM
Rahu 10:36AM – 11:23AM

Magha* **Until 1:06PM**
Vishkambha* **Until 11:49PM**
Visti **Until 9:39AM**
Saptami **Until 9:06PM**

Ganesha: Yellow *Sunrise: 9:03AM*
Muruga: White *Sunset: 3:18PM*

Moon 12 - Phase 32
1st Phase

Creative Work Amrita Yoga
Until 1:06PM

Then Creative Work - Siddha Yoga

Moon – Red
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

●

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway
Sun 6 Sutra 237
Hemalamba 5119

Simha Rasi: 22.48 Tihti 23
757212365

Gulika 1:44PM – 2:30PM
Yama 12:11PM – 12:57PM
Rahu 2:30PM – 3:17PM

Purvaphalguni **Until 12:59PM**
Priti **Until 10:17PM**
Balava **Until 8:47AM**
Ashtami* **Until 8:36PM**

Ganesha: Yellow *Sunrise: 9:04AM*
Muruga: White *Sunset: 3:17PM*

Moon 12 - Phase 32
Ashtami

Creative Work Siddha Yoga
Until 12:59PM

Then Creative Work - Amrita Yoga

Moon – Red
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway
Sun 7 Sutra 238
Hemalamba 5119

Kanya Rasi: 5.56 Tihti 24
757212365

Gulika 12:57PM – 1:44PM
Yama 11:25AM – 12:11PM
Rahu 9:52AM – 10:38AM

Uttaraphalguni **Until 1:24PM**
Ayushman **Until 9:16PM**
Taitila **Until 8:38AM**
Navami* **Until 8:48PM**

Ganesha: Yellow *Sunrise: 9:06AM*
Muruga: White *Sunset: 3:17PM*

Moon 12 - Phase 32
Navami

Family Home Evening
Creative Work Siddha Yoga

Moon – Red
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

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1		Tuesday, December 12, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Kanya Rasi: 18.44		Tihti 25		Hasta/Chitra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 239	
767312365		Gulika	12:12PM – 12:58PM	Hasta	Until 2:44PM	Ganesha: Yellow	<i>Sunrise:</i> 9:07AM
Creative Work Siddha Yoga		Yama	10:39AM – 11:25AM	Saubhagya Until 8:43PM		Muruga: White	<i>Sunset:</i> 3:16PM
		Rahu	1:44PM – 2:30PM	Vanija Until 9:09AM		Nataraja: White	Moon 12 - Phase 33
				Dashami Until 9:37PM		Moon – Green	2nd Phase
						Margasira•Karttikai	Bhuloka Day
						Devaloka Time: 9:AM to12:PM	

2		Wednesday, December 13, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Tula Rasi: 1.16		Tihti 26		Chitra/Svati Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 240	
767312365		Gulika	11:26AM – 12:12PM	Chitra	Until 4:27PM	Ganesha: Yellow	<i>Sunrise:</i> 9:08AM
Creative Work Siddha Yoga		Yama	9:54AM – 10:40AM	Sobhana Until 8:34PM		Muruga: White	<i>Sunset:</i> 3:16PM
		Rahu	12:12PM – 12:58PM	Bava Until 10:14AM		Nataraja: White	Moon 12 - Phase 33
				Ekadashi* Until 10:55PM		Moon – Green	2nd Phase
						Margasira•Karttikai	Bhuloka Day
						Devaloka Time: 9:AM to12:PM	

3		Thursday, December 14, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Tula Rasi: 14		Tihti 27		Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 241	
768312365		Gulika	10:41AM – 11:27AM	Svati	Until 6:24PM	Ganesha: Blue	<i>Sunrise:</i> 9:10AM
Creative Work Amrita Yoga		Yama	9:10AM – 9:55AM	Athiganda* Until 8:42PM		Muruga: White	<i>Sunset:</i> 3:16PM
Until 6:24PM		Rahu	12:58PM – 1:44PM	Kaulava Until 11:46AM		Nataraja: White	Moon 12 - Phase 33
Then Creative Work - Siddha Yoga				Dvadashi* Until 12:39AM Fri		Moon – Green	2nd Phase
						Margasira•Karttikai	Bhuloka Day
						Devaloka Time: 9:AM to12:PM	

4		Friday, December 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Tula Rasi: 25.47		Tihti 28		Vishakha Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 242	
778312365		Gulika	9:56AM – 10:42AM	Vishakha	Until 8:59PM	Ganesha: Blue	<i>Sunrise:</i> 9:11AM
Creative Work Siddha Yoga		Yama	1:44PM – 2:30PM	Sukarma Until 9:06PM		Muruga: White	<i>Sunset:</i> 3:15PM
		Rahu	11:27AM – 12:13PM	Gara Until 1:39PM		Nataraja: White	Moon 12 - Phase 33
				Trayodashi* Until 2:41AM Sat		Moon – Orange	2nd Phase
		Markali Pillaiyar		<i>Pradosha Vrata (Fasting)</i>		Margasira•Markali	Bhuloka Day
						Devaloka Time: 9:AM to12:PM	

5		Saturday, December 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Vrishchika Rasi: 7.5		Tihti 29		Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 243	
878312365		Gulika	9:12AM – 9:57AM	Anuradha	Until 11:40PM	Ganesha: Blue	<i>Sunrise:</i> 9:12AM
Creative Work Siddha Yoga		Yama	12:59PM – 1:45PM	Dhriti Until 9:42PM		Muruga: White	<i>Sunset:</i> 3:15PM
		Rahu	10:43AM – 11:28AM	Visti Until 3:49PM		Nataraja: White	Moon 12 - Phase 33
				Chaturdashi* Until 4:58AM Sun		Moon – Orange	2nd Phase
						Margasira•Markali	Bhuloka Day
						Devaloka Time: 9:AM to12:PM	

●		Sunday, December 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Retreat Star		Jyeshtha* Nakshatra Shula* Yoga Catuspada* Karana Amavasyayam Titau				Sun 13 Sutra 244	
Vrishchika Rasi: 19.48		Tihti 30				Hemalamba 5119	
878312365		Gulika	1:45PM – 2:30PM	Jyeshtha*	Until 2:23AM Mon	Ganesha: Blue	<i>Sunrise:</i> 9:13AM
Routine Work Marana Yoga		Yama	12:14PM – 12:59PM	Shula* Until 10:26PM		Muruga: White	<i>Sunset:</i> 3:15PM
Until 2:23AM Mon		Rahu	2:30PM – 3:15PM	Catuspada Until 6:13PM		Nataraja: White	Moon 12 - Phase 33
Then Creative Work - Siddha Yoga				Amavasya* Until 7:28AM Mon		Moon – Orange	Amavasya
		Hanumath Jayanthi (Tamil Nadu)				Margasira•Markali	Bhuloka Day
						Devaloka Time: 9:AM to12:PM	

Monday, December 18, 2017		Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 1.41		Tihti 30 – 1		Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 245	
888312365		Gulika	1:00PM – 1:45PM	Mula*	Until 5:35AM Tue	Ganesha: Blue	<i>Sunrise:</i> 9:14AM
Family Home Evening		Yama	11:29AM – 12:15PM	Ganda* Until 11:18PM		Muruga: White	<i>Sunset:</i> 3:16PM
Creative Work Siddha Yoga		Rahu	9:59AM – 10:44AM	Kintughna Until 8:47PM		Nataraja: White	Moon 12 - Phase 33
				Amavasya* Until 7:28AM		Moon – Light Blue	Prathama
						Pausha•Markali	Bhuloka Day
						Devaloka Time: 9:AM to12:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1		Tuesday, December 19, 2017				Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway	
Dhanus Rasi: 13.31		Titthi 1 – 2		888312365		Purvashadha* Until 8:42AM Wed		Ganesh: Blue		Sunrise: 9:14AM	
Creative Work		Siddha Yoga				Vridhhi Until 12:16AM Wed		Muruga: White		Sunset: 3:16PM	
Until 8:42AM Wed						Balava Until 11:28PM		Nataraja: White		Moon 12 - Phase 34	
Then Creative Work - Amrita Yoga						Prathama* Until 10:06AM		Moon – Light Blue		3rd Phase	
								Pausha-Markali		Bhuloka Day	

2		Wednesday, December 20, 2017				Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway	
Dhanus Rasi: 25.2		Titthi 2 – 3		889312365		Purvashadha* Until 8:42AM		Ganesh: Yellow		Sunrise: 9:15AM	
Creative Work		Amrita Yoga				Dhruva Until 1:12AM Thu		Muruga: White		Sunset: 3:16PM	
						Taitila Until 2:10AM Thu		Nataraja: White		Moon 12 - Phase 34	
						Dvitiya Until 12:48PM		Moon – Light Blue		3rd Phase	
								Pausha-Markali		Bhuloka Day	
										Devaloka Time: 9:AM to12:PM	

3		Thursday, December 21, 2017				Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway	
Makara Rasi: 7.08		Titthi 3 – 4		889312365		Uttarashadha* Until 11:36AM		Ganesh: Yellow		Sunrise: 9:16AM	
Routine Work		Marana Yoga				Vyaghata* Until 2:04AM Fri		Muruga: White		Sunset: 3:17PM	
Until 11:36AM						Vanija Until 4:44AM Fri		Nataraja: White		Moon 12 - Phase 34	
Then Creative Work - Siddha Yoga						Tritiya Until 3:27PM		Moon – Light Blue		3rd Phase	
						Day 1 of Pancha Ganapati		Pausha-Markali		Bhuloka Day	
										Devaloka Time: 9:AM to12:PM	

4		Friday, December 22, 2017				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway	
Makara Rasi: 19.01		Titthi 4 – 5		899312365		Shravana Until 2:40PM		Ganesh: Red		Sunrise: 9:16AM	
Routine Work		Marana Yoga				Harshana Until 2:45AM Sat		Muruga: White		Sunset: 3:17PM	
Until 2:40PM						Bava Until 7:01AM Sat		Nataraja: White		Moon 12 - Phase 34	
Then Creative Work - Siddha Yoga						Chaturthi* Until 5:54PM		Moon – Purple		3rd Phase	
						Day 2 of Pancha Ganapati		Pausha-Markali		Bhuloka Day	
										Devaloka Time: 9:AM to12:PM	

5		Saturday, December 23, 2017				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway	
Kumbha Rasi: 0.59		Titthi 5		899312365		Dhanishtha Until 5:15PM		Ganesh: Red		Sunrise: 9:17AM	
Creative Work		Siddha Yoga				Vajra* Until 3:04AM Sun		Muruga: White		Sunset: 3:18PM	
Until 5:15PM						Bava Until 7:01AM		Nataraja: White		Moon 12 - Phase 34	
Then Creative Work - Amrita Yoga						Panchami Until 7:58PM		Moon – Purple		3rd Phase	
						Day 3 of Pancha Ganapati		Pausha-Markali		Bhuloka Day	
										Devaloka Time: 9:AM to12:PM	

6		Sunday, December 24, 2017				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway	
Kumbha Rasi: 13.08		Titthi 6		899312365		Shatabhishak Until 7:09PM		Ganesh: Red		Sunrise: 9:17AM	
Creative Work		Siddha Yoga				Siddhi Until 2:58AM Mon		Muruga: White		Sunset: 3:18PM	
Until 8:42PM						Kaulava Until 8:50AM		Nataraja: White		Moon 12 - Phase 34	
Then Creative Work - Siddha Yoga						Shashthi* Until 9:29PM		Moon – Purple		3rd Phase	
						Day 4 of Pancha Ganapati		Pausha-Markali		Bhuloka Day	
						Vinayaga Viratam Ends				Devaloka Time: 9:AM to12:PM	

Retreat Star		Monday, December 25, 2017				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway	
Kumbha Rasi: 25.33		Titthi 7		819312365		Purvaproshtapada* Until 8:42PM		Ganesh: Clear		Sunrise: 9:17AM	
Family Home Evening						Vyatipata* Until 2:18AM Tue		Muruga: White		Sunset: 3:19PM	
Routine Work		Marana Yoga				Gara Until 10:01AM		Nataraja: White		Moon 12 - Phase 34	
Until 8:42PM						Saptami Until 10:18PM		Moon – Clear		3rd Phase	
Then Creative Work - Siddha Yoga						Day 5 of Pancha Ganapati		Pausha-Markali		Bhuloka Day	
										Devaloka Time: 9:AM to12:PM	

Retreat Star		Tuesday, December 26, 2017				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway	
Meena Rasi: 8.18		Titthi 8		819312366		Uttaraproshtapada Until 9:19PM		Ganesh: Clear		Sunrise: 9:18AM	
Creative Work		Amrita Yoga				Variyan Until 12:59AM Wed		Muruga: White		Sunset: 3:20PM	
Until 9:19PM						Visti Until 10:25AM		Nataraja: Green		Moon 12 - Phase 34	
Then Creative Work - Siddha Yoga						Ashtami* Until 10:18PM		Moon – Clear		Ashtami	
						Day 6 of Pancha Ganapati		Pausha-Markali		Bhuloka Day	
										Devaloka Time: 9:AM to12:PM	

Retreat Star		Wednesday, December 27, 2017				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway	
Meena Rasi: 21.28		Titthi 9		819312366		Revati Until 8:58PM		Ganesh: Clear		Sunrise: 9:18AM	
Routine Work		Marana Yoga				Parigha* Until 11:01PM		Muruga: White		Sunset: 3:21PM	
Until 8:42PM						Balava Until 9:59AM		Nataraja: Green		Moon 12 - Phase 34	
Then Creative Work - Siddha Yoga						Navami* Until 9:26PM		Moon – Clear		Navami	
						Day 7 of Pancha Ganapati		Pausha-Markali		Bhuloka Day	
										Devaloka Time: 9:AM to12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Thursday, December 28, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 5.05		Tithi 10		Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 255	
Creative Work		Amrita Yoga		Gulika 10:49AM – 11:34AM		Hemalamba 5119	
Until 8:06PM		821312366		Yama 9:18AM – 10:03AM		Moon 12 - Phase 35	
Then Creative Work - Siddha Yoga		Rahu 1:05PM – 1:51PM		Ashvini Until 8:06PM		4th Phase	
				Shiva Until 8:25PM		Devaloka Day	
				Taitila Until 8:43AM		Ganesh: Blue Sunrise: 9:18AM	
				Dashami Until 7:46PM		Muruga: White Sunset: 3:22PM	
						Nataraja: Green	
						Moon – White	
						Pausha-Markali	

2		Friday, December 29, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 19.11		Tithi 11 – 12		Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 256	
Creative Work		Siddha Yoga		Gulika 10:03AM – 10:49AM		Hemalamba 5119	
Until 8:06PM		821312366		Yama 1:52PM – 2:37PM		Moon 12 - Phase 35	
Then Creative Work - Siddha Yoga		Rahu 11:35AM – 12:20PM		Bharani Until 6:23PM		4th Phase	
				Siddha Until 5:14PM		Devaloka Day	
				Vanija Until 6:40AM		Ganesh: Blue Sunrise: 9:18AM	
				Ekadashi Until 5:22PM		Muruga: White Sunset: 3:23PM	
				Vaikuntha Ekadasi		Nataraja: Green	
						Moon – White	
						Pausha-Markali	

3		Saturday, December 30, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Vrisabha Rasi: 3.45		Tithi 12 – 13		Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 257	
Creative Work		Amrita Yoga		Gulika 9:17AM – 10:03AM		Hemalamba 5119	
Until 8:06PM		821312366		Yama 1:07PM – 1:52PM		Moon 12 - Phase 35	
Then Creative Work - Siddha Yoga		Rahu 10:49AM – 11:35AM		Krittika Until 3:57PM		4th Phase	
				Sadhya Until 1:34PM		Devaloka Day	
				Kaulava Until 12:44AM Sun		Ganesh: Blue Sunrise: 9:17AM	
				Dvadashi Until 2:23PM		Muruga: White Sunset: 3:24PM	
				Pradosha Vrata		Nataraja: Green	
						Moon – White	
						Pausha-Markali	

4		Sunday, December 31, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Vrisabha Rasi: 18.41		Tithi 13 – 14		Rohini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 258	
Creative Work		Siddha Yoga		Gulika 1:53PM – 2:39PM		Hemalamba 5119	
Until 8:06PM		831312366		Yama 12:21PM – 1:07PM		Moon 12 - Phase 35	
Then Creative Work - Siddha Yoga		Rahu 2:39PM – 3:25PM		Rohini Until 1:22PM		4th Phase	
				Subha Until 9:33AM		Devaloka Day	
				Gara Until 9:09PM		Ganesh: Yellow Sunrise: 9:17AM	
				Trayodashi Until 10:58AM		Muruga: White Sunset: 3:25PM	
						Nataraja: Green	
						Moon – Yellow	
						Pausha-Markali	

Monday, January 1, 2018		Copper Retreat Star		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 3.52		Tithi 14 – 15		Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Sutra 259	
Family Home Evening		831312366		Gulika 1:08PM – 1:54PM		Hemalamba 5119	
Creative Work		Amrita Yoga		Yama 11:36AM – 12:22PM		Moon 12 - Phase 35	
Until 10:23AM		Rahu 10:03AM – 10:49AM		Mrigashira Until 10:23AM		Purnima	
Then Creative Work - Siddha Yoga				Brahma Until 12:54AM Tue		Devaloka Day	
				Bava Until 3:27AM Tue		Ganesh: Yellow Sunrise: 9:17AM	
				Chaturdashi* Until 7:15AM		Muruga: White Sunset: 3:27PM	
						Nataraja: Green	
						Moon – Yellow	
						Pausha-Markali	

Tuesday, January 2, 2018		Silver Retreat Star		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 19.09		Tithi 16		Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 260	
Routine Work		Marana Yoga		Gulika 12:22PM – 1:09PM		Hemalamba 5119	
Until 7:11AM		831312366		Yama 10:49AM – 11:36AM		Moon 12 - Phase 35	
Then Creative Work - Siddha Yoga		Rahu 1:55PM – 2:42PM		Ardra Until 7:11AM		Prathama	
				Indra Until 8:35PM		Devaloka Day	
				Balava Until 1:34PM		Ganesh: Yellow Sunrise: 9:16AM	
				Prathama* Until 11:42PM		Muruga: White Sunset: 3:28PM	
						Nataraja: Green	
						Moon – Yellow	
						Pausha-Markali	



Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 261

Hemalamba 5119

Kataka Rasi: 4.22 Tihi 17

841312366 Rahu 12:23PM - 1:10PM

Gulika 11:36AM - 12:23PM

Yama 10:03AM - 10:49AM

Pushya Until 1:40AM Thu

Vaidhriti* Until 4:24PM

Taitila Until 9:55AM

Dvitiya Until 8:11PM

Ganesha: White Sunrise: 9:16AM

Muruga: White Sunset: 3:30PM

Nataraja: Green

Moon - Blue

Pausha-Markali

Moon 13 - Phase 36

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha*/Priti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Oslo, Norway

Sun 1 Sutra 262

Hemalamba 5119

Kataka Rasi: 19.2 Tihi 18 - 19

841312366 Rahu 1:10PM - 1:57PM

Gulika 10:49AM - 11:36AM

Yama 9:15AM - 10:02AM

Ashlesha* Until 11:16PM

Vishkambha* Until 12:32PM

Vanija Until 6:35AM

Tritiya Until 5:04PM

Ganesha: White Sunrise: 9:15AM

Muruga: White Sunset: 3:31PM

Nataraja: Green

Moon - Blue

Pausha-Markali

Moon 13 - Phase 36

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 11:16PM

Then Creative Work - Amrita Yoga

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 2 Sutra 263

Hemalamba 5119

Simha Rasi: 3.58 Tihi 19 - 20

851312366 Rahu 11:36AM - 12:24PM

Gulika 10:02AM - 10:49AM

Yama 1:58PM - 2:46PM

Magha* Until 9:44PM

Priti Until 9:07AM

Kaulava Until 1:30AM Sat

Chaturthi* Until 2:31PM

Ganesha: Clear Sunrise: 9:15AM

Muruga: White Sunset: 3:33PM

Nataraja: Green

Moon - Red

Pausha-Markali

Moon 13 - Phase 36

1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 9:44PM

Then Creative Work - Siddha Yoga

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 3 Sutra 264

Hemalamba 5119

Simha Rasi: 18.09 Tihi 20 - 21

851412366 Rahu 10:49AM - 11:37AM

Gulika 9:14AM - 10:01AM

Yama 1:12PM - 1:59PM

Purvaphalguni Until 8:46PM

Ayushman Until 6:11AM

Gara Until 11:59PM

Panchami Until 12:37PM

Ganesha: Purple Sunrise: 9:14AM

Muruga: White Sunset: 3:35PM

Nataraja: Green

Moon - Red

Pausha-Markali

Moon 13 - Phase 36

1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 8:46PM

Then Routine Work - Marana Yoga

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 4 Sutra 265

Hemalamba 5119

Kanya Rasi: 1.53 Tihi 21 - 22

851412366 Rahu 2:48PM - 3:36PM

Gulika 2:00PM - 2:48PM

Yama 12:25PM - 1:13PM

Uttaraphalguni Until 8:26PM

Sobhana Until 2:12AM Mon

Visiti Until 11:17PM

Shashthi* Until 11:31AM

Ganesha: Purple Sunrise: 9:13AM

Muruga: White Sunset: 3:36PM

Nataraja: Green

Moon - Red

Pausha-Markali

Moon 13 - Phase 36

1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Monday, January 8, 2018

5

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 5 Sutra 266

Hemalamba 5119

Kanya Rasi: 15.08 Tihi 22 - 23

862412366 Rahu 10:00AM - 10:49AM

Gulika 1:13PM - 2:02PM

Yama 11:37AM - 12:25PM

Hasta Until 9:11PM

Athiganda* Until 1:07AM Tue

Balava Until 11:23PM

Saptami Until 11:13AM

Ganesha: Purple Sunrise: 9:12AM

Muruga: White Sunset: 3:38PM

Nataraja: Green

Moon - Green

Pausha-Markali

Moon 13 - Phase 36

Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 9:11PM

Then Routine Work - Prabalarishta Yoga

Tuesday, January 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 6 Sutra 267

Hemalamba 5119

Kanya Rasi: 28 Tihi 23 - 24

862412366 Rahu 2:03PM - 2:51PM

Gulika 12:26PM - 1:14PM

Yama 10:48AM - 11:37AM

Chitra Until 10:31PM

Sukarma Until 12:38AM Wed

Taitila Until 12:14AM Wed

Ashtami* Until 11:42AM

Ganesha: Purple Sunrise: 9:11AM

Muruga: White Sunset: 3:40PM

Nataraja: Green

Moon - Green

Pausha-Markali

Moon 13 - Phase 36

Navami

Devaloka Day

Creative Work Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time

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1		Wednesday, January 10, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 268		Hemalamba 5119		Moon 13 - Phase 37	
Tula Rasi: 10.32	Tithi 24 - 25	Gulika 11:37AM - 12:26PM	Svati Until 12:18AM Thu	Ganesh: Purple <i>Sunrise: 9:10AM</i>			
		Yama 9:59AM - 10:48AM	Dhriti Until 12:39AM Thu	Muruga: White <i>Sunset: 3:42PM</i>			
862412366	Rahu 12:26PM - 1:15PM	Vanija Until 1:44AM Thu		Nataraja: Green	Moon - Green		
Creative Work	Siddha Yoga	Navami* Until 12:54PM		Pausha-Markali	Devaloka Day		

2		Thursday, January 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Vishakha Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 269		Hemalamba 5119		Moon 13 - Phase 37	
Tula Rasi: 22.47	Tithi 25 - 26	Gulika 10:48AM - 11:37AM	Vishakha Until 2:55AM Fri	Ganesh: Clear <i>Sunrise: 9:09AM</i>			
		Yama 9:09AM - 9:58AM	Shula* Until 1:01AM Fri	Muruga: White <i>Sunset: 3:44PM</i>			
872412366	Rahu 1:16PM - 2:05PM	Bava Until 3:44AM Fri		Nataraja: Green	Moon - Orange		
Creative Work	Siddha Yoga	Dashami Until 2:40PM		Pausha-Markali	Bhuloka Day		
					Devaloka Time: 9:AM to 12:PM		

3		Friday, January 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Sun 9 Sutra 270		Hemalamba 5119		Moon 13 - Phase 37	
Vrischika Rasi: 4.52	Tithi 26 - 27	Gulika 9:57AM - 10:47AM	Anuradha Until 5:41AM Sat	Ganesh: Clear <i>Sunrise: 9:08AM</i>			
		Yama 2:06PM - 2:56PM	Ganda* Until 1:39AM Sat	Muruga: White <i>Sunset: 3:46PM</i>			
872412366	Rahu 11:37AM - 12:27PM	Kaulava Until 6:05AM Sat		Nataraja: Green	Moon - Orange		
Creative Work	Siddha Yoga	Ekadashi* Until 4:51PM		Pausha-Markali	Bhuloka Day		
					Devaloka Time: 9:AM to 12:PM		

4		Saturday, January 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Jyeshtha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 10 Sutra 271		Hemalamba 5119		Moon 13 - Phase 37	
Vrischika Rasi: 16.49	Tithi 27	Gulika 9:06AM - 9:57AM	Jyeshtha* Until 8:30AM Sun	Ganesh: Clear <i>Sunrise: 9:06AM</i>			
		Yama 1:17PM - 2:08PM	Vriddhi Until 2:30AM Sun	Muruga: White <i>Sunset: 3:48PM</i>			
872412366	Rahu 10:47AM - 11:37AM	Kaulava Until 6:05AM		Nataraja: Green	Moon - Orange		
Creative Work	Siddha Yoga	Dvadashi* Until 7:20PM		Pausha-Markali	Bhuloka Day		
Until 8:30AM Sun	Then Creative Work - Amrita Yoga				Devaloka Time: 9:AM to 12:PM		

5		Sunday, January 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Jyeshtha*/Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 272		Hemalamba 5119		Moon 13 - Phase 37	
Vrischika Rasi: 28.4	Tithi 28	Gulika 2:09PM - 2:59PM	Jyeshtha* Until 8:30AM	Ganesh: Clear <i>Sunrise: 9:05AM</i>			
		Yama 12:28PM - 1:18PM	Dhruva Until 3:24AM Mon	Muruga: White <i>Sunset: 3:50PM</i>			
872412366	Rahu 2:59PM - 3:50PM	Gara Until 8:39AM		Nataraja: Green	Moon - Orange		
Routine Work	Marana Yoga	Trayodashi* Until 9:58PM		Pausha-Thai	Bhuloka Day		
Until 8:30AM	Then Creative Work - Amrita Yoga	<i>Pradosha Vrata (Fasting)</i>			Devaloka Time: 9:AM to 12:PM		

6		Monday, January 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 273		Hemalamba 5119		Moon 13 - Phase 37	
Dhanus Rasi: 10.29	Tithi 29	Gulika 1:19PM - 2:10PM	Mula* Until 11:44AM	Ganesh: Orange <i>Sunrise: 9:04AM</i>			
Family Home Evening		Yama 11:37AM - 12:28PM	Vyaghata* Until 4:19AM Tue	Muruga: White <i>Sunset: 3:52PM</i>			
882412366	Rahu 9:55AM - 10:46AM	Visti Until 11:19AM		Nataraja: Green	Moon - Light Blue		
Creative Work	Siddha Yoga	Chaturdashi* Until 12:38AM Tue		Pausha-Thai	Bhuloka Day		
Until 11:44AM	Then Routine Work - Marana Yoga				Devaloka Time: 9:AM to 12:PM		

Retreat Star		Tuesday, January 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 274		Hemalamba 5119		Moon 13 - Phase 37	
Dhanus Rasi: 22.19	Tithi 30	Gulika 12:28PM - 1:20PM	Purvashadha* Until 2:48PM	Ganesh: Orange <i>Sunrise: 9:02AM</i>			
		Yama 10:45AM - 11:37AM	Harshana Until 5:13AM Wed	Muruga: White <i>Sunset: 3:55PM</i>			
882412366	Rahu 2:11PM - 3:03PM	Catuspada Until 1:58PM		Nataraja: Green	Moon - Light Blue		
Creative Work	Siddha Yoga	Amavasya* Until 3:14AM Wed		Pausha-Thai	Bhuloka Day		
Until 2:48PM	Then Routine Work - Prabalarishta Yoga				Devaloka Time: 9:AM to 12:PM		

Retreat Star		Wednesday, January 17, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Uttarashadha/Shravana Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 275		Hemalamba 5119		Moon 13 - Phase 37	
Makara Rasi: 4.1	Tithi 1	Gulika 11:37AM - 12:29PM	Uttarashadha Until 5:35PM	Ganesh: Orange <i>Sunrise: 9:01AM</i>			
		Yama 9:53AM - 10:45AM	Vajra* Until 5:57AM Thu	Muruga: White <i>Sunset: 3:57PM</i>			
882412366	Rahu 12:29PM - 1:21PM	Kintughna Until 4:31PM		Nataraja: Green	Moon - Light Blue		
Creative Work	Amrita Yoga	Prathama* Until 5:41AM Thu		Magha-Thai	Bhuloka Day		
Until 5:35PM	Then Creative Work - Siddha Yoga				Devaloka Time: 9:AM to 12:PM		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

1		Thursday, January 18, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 16.05		Tithi 2		Shravana Nakshatra Siddhi Yoga Balava Karana Dvitiyayam Titau		Sun 15 Sutra 276	
Creative Work		Siddha Yoga		Gulika 10:44AM – 11:36AM		Ganesh: Clear Sunrise: 8:59AM	
		892412366		Yama 8:59AM – 9:51AM		Muruga: White Sunset: 3:59PM	
		Rahu 1:21PM – 2:14PM		Shravana Until 8:30PM		Moon 13 - Phase 38	
				Siddhi Until 6:30AM Fri		3rd Phase	
				Balava Until 6:50PM		Bhuloka Day	
				Dvitiya Until 7:52AM Fri		Devaloka Time: 9:AM to 12:PM	
						Magha-Thai	

2		Friday, January 19, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 28.05		Tithi 2 – 3		Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 277	
Creative Work		Siddha Yoga		Gulika 9:50AM – 10:43AM		Ganesh: Clear Sunrise: 8:57AM	
		892412366		Yama 2:15PM – 3:08PM		Muruga: White Sunset: 4:01PM	
		Rahu 11:36AM – 12:29PM		Dhanishtha Until 10:58PM		Moon 13 - Phase 38	
				Siddhi Until 6:30AM		3rd Phase	
				Taitila Until 8:52PM		Bhuloka Day	
				Dvitiya Until 7:52AM		Devaloka Time: 9:AM to 12:PM	
						Magha-Thai	

3		Saturday, January 20, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Kumbha Rasi: 10.14		Tithi 3 – 4		Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 17 Sutra 278	
Creative Work		Amrita Yoga		Gulika 8:56AM – 9:49AM		Ganesh: Clear Sunrise: 8:56AM	
Until 12:52AM Sun		Then Creative Work - Siddha Yoga		Yama 1:23PM – 2:17PM		Muruga: White Sunset: 4:04PM	
		892412366		Rahu 10:43AM – 11:36AM		Moon 13 - Phase 38	
				Vyatipata* Until 6:49AM		3rd Phase	
				Vanija Until 10:29PM		Bhuloka Day	
				Tritiya Until 9:43AM		Devaloka Time: 9:AM to 12:PM	
						Magha-Thai	

4		Sunday, January 21, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Kumbha Rasi: 22.34		Tithi 4 – 5		Purvaprossthapada* Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 279	
Creative Work		Siddha Yoga		Gulika 2:18PM – 3:12PM		Ganesh: Green Sunrise: 8:54AM	
		813412366		Yama 12:30PM – 1:24PM		Muruga: White Sunset: 4:06PM	
		Rahu 3:12PM – 4:06PM		Purvaprossthapada* Until 2:38AM Mon		Moon 13 - Phase 38	
				Variyan Until 6:47AM		3rd Phase	
				Bava Until 11:38PM		Bhuloka Day	
				Chaturthi* Until 11:06AM		Devaloka Time: 9:AM to 12:PM	
						Magha-Thai	

5		Monday, January 22, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Meena Rasi: 5.06		Tithi 5 – 6		Uttaraprossthapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 280	
Family Home Evening		Creative Work		Gulika 1:25PM – 2:19PM		Ganesh: Green Sunrise: 8:52AM	
Siddha Yoga		813412366		Yama 11:36AM – 12:30PM		Muruga: White Sunset: 4:08PM	
		Rahu 9:47AM – 10:41AM		Parigha* Until 6:22AM		Moon 13 - Phase 38	
				Kaulava Until 12:12AM Tue		3rd Phase	
				Panchami Until 11:58AM		Bhuloka Day	
						Devaloka Time: 9:AM to 12:PM	
						Magha-Thai	

6		Tuesday, January 23, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Meena Rasi: 17.55		Tithi 6 – 7		Revati Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 281	
Creative Work		Siddha Yoga		Gulika 12:30PM – 1:26PM		Ganesh: Green Sunrise: 8:50AM	
Until 3:57AM Wed		Then Routine Work - Marana Yoga		Yama 10:40AM – 11:35AM		Muruga: Green Sunset: 4:11PM	
		813422366		Rahu 2:21PM – 3:16PM		Moon 13 - Phase 38	
				Siddha Until 4:10AM Wed		3rd Phase	
				Gara Until 12:08AM Wed		Bhuloka Day	
				Shashthi* Until 12:14PM		Devaloka Time: 9:AM to 12:PM	
						Magha-Thai	

Retreat Star		Wednesday, January 24, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 1.02		Tithi 7 – 8		Ashvini Nakshatra Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 282	
Routine Work		Marana Yoga		Gulika 11:35AM – 12:31PM		Ganesh: Green Sunrise: 8:48AM	
Until 3:53AM Thu		Then Creative Work - Siddha Yoga		Yama 9:44AM – 10:39AM		Muruga: Green Sunset: 4:13PM	
		923422366		Rahu 12:31PM – 1:26PM		Moon 13 - Phase 38	
				Sadhya Until 2:17AM Thu		Ashtami	
				Visli Until 11:25PM		Bhuloka Day	
				Saptami Until 11:51AM		Devaloka Time: 9:AM to 12:PM	
						Magha-Thai	

Retreat Star		Thursday, January 25, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 14.32		Tithi 8 – 9		Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 283	
Creative Work		Siddha Yoga		Gulika 10:39AM – 11:35AM		Ganesh: Green Sunrise: 8:46AM	
		923422366		Yama 8:46AM – 9:42AM		Muruga: Green Sunset: 4:16PM	
		Rahu 1:27PM – 2:23PM		Bharani Until 3:01AM Fri		Moon 13 - Phase 38	
				Subha Until 11:54PM		Navami	
				Balava Until 10:01PM		Bhuloka Day	
				Ashtami* Until 10:47AM		Devaloka Time: 9:AM to 12:PM	
						Magha-Thai	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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1 Friday, January 26, 2018		Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuklayam				Oslo, Norway
Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 284		Hemalamba 5119		
Mesha Rasi: 28.24	Tithi 9 – 10	Gulika 9:41AM – 10:38AM	Krittika Until 1:24AM Sat	Ganesha: Green <i>Sunrise:</i> 8:44AM	<i>Sunset:</i> 4:18PM	Moon 13 - Phase 39
		Yama 2:25PM – 3:21PM	Sukla Until 9:00PM	Muruga: Green		4th Phase
	933422366	Rahu 11:34AM – 12:31PM	Taitila Until 8:00PM	Nataraja: Green		
Creative Work	Siddha Yoga		Navami* Until 9:04AM	Moon – White		Bhuloka Day
Until 1:24AM Sat				Magha-Thai		
Then Creative Work - Amrita Yoga						

2 Saturday, January 27, 2018		Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuklayam				Oslo, Norway
Rohini Nakshatra Brahma/Indra Yoga Gara/Visiti* Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 285		Hemalamba 5119		
Vrishabha Rasi: 12.4	Tithi 10 – 11	Gulika 8:42AM – 9:40AM	Rohini Until 11:33PM	Ganesha: Red <i>Sunrise:</i> 8:42AM	<i>Sunset:</i> 4:21PM	Moon 13 - Phase 39
		Yama 1:29PM – 2:26PM	Brahma Until 5:40PM	Muruga: Green		4th Phase
	933422366	Rahu 10:37AM – 11:34AM	Visiti Until 3:58AM Sun	Nataraja: Green		
Creative Work	Amrita Yoga		Dashami Until 6:46AM	Moon – Yellow		Bhuloka Day
Until 11:33PM				Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Sunday, January 28, 2018		Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuklayam				Oslo, Norway
Mrigashira Nakshatra Indra/Vaidhriti* Karana Dvadashyam Titau		Sun 25 Sutra 286		Hemalamba 5119		
Vrishabha Rasi: 27.16	Tithi 12	Gulika 2:27PM – 3:25PM	Mrigashira Until 9:10PM	Ganesha: Red <i>Sunrise:</i> 8:40AM	<i>Sunset:</i> 4:23PM	Moon 13 - Phase 39
		Yama 12:32PM – 1:30PM	Indra Until 2:00PM	Muruga: Green		4th Phase
	933422366	Rahu 3:25PM – 4:23PM	Bava Until 2:26PM	Nataraja: Green		
Creative Work	Siddha Yoga		Dvadashi Until 12:47AM Mon	Moon – Yellow		Bhuloka Day
Until 6:23PM				Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

4 Monday, January 29, 2018		Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuklayam				Oslo, Norway
Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 287		Hemalamba 5119		
Mithuna Rasi: 12.09	Tithi 13	Gulika 1:30PM – 2:29PM	Ardra Until 6:23PM	Ganesha: Red <i>Sunrise:</i> 8:38AM	<i>Sunset:</i> 4:26PM	Moon 13 - Phase 39
Family Home Evening		Yama 11:33AM – 12:32PM	Vaidhriti* Until 10:03AM	Muruga: Green		4th Phase
	933422366	Rahu 9:36AM – 10:35AM	Kaulava Until 11:07AM	Nataraja: Green		
Creative Work	Siddha Yoga		Trayodashi Until 9:22PM	Moon – Yellow		Bhuloka Day
Until 6:23PM				Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

5 Tuesday, January 30, 2018		Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuklayam				Oslo, Norway
Punarvasu/Pushya Nakshatra Priti Yoga Gara/Visiti* Karana Chaturdashi/Purnimayam Titau		Sun 27 Sutra 288		Hemalamba 5119		
Mithuna Rasi: 27.11	Tithi 14 – 15	Gulika 12:32PM – 1:31PM	Punarvasu Until 3:45PM	Ganesha: Blue <i>Sunrise:</i> 8:36AM	<i>Sunset:</i> 4:28PM	Moon 13 - Phase 39
		Yama 10:34AM – 11:33AM	Priti Until 1:53AM Wed	Muruga: Green		4th Phase
	943422366	Rahu 2:30PM – 3:29PM	Gara Until 7:38AM	Nataraja: Green		
Creative Work	Siddha Yoga		Chaturdashi* Until 5:51PM	Moon – Blue		Bhuloka Day
Until 6:23PM				Magha-Thai		
Then Creative Work - Amrita Yoga		Thai Pusam				

Wednesday, January 31, 2018		Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuklayam				Oslo, Norway
Copper Retreat Star		Pushya/Ashlesha* Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28 Sutra 289		
Kataka Rasi: 12.15	Tithi 15 – 16	Gulika 11:33AM – 12:32PM	Pushya Until 1:03PM	Ganesha: Blue <i>Sunrise:</i> 8:34AM	<i>Sunset:</i> 4:31PM	Moon 13 - Phase 39
		Yama 9:33AM – 10:33AM	Ayushman Until 9:53PM	Muruga: Green		Purnima
	943422366	Rahu 12:32PM – 1:32PM	Balava Until 12:47AM Thu	Nataraja: Green		
Creative Work	Siddha Yoga		Purnima* Until 2:25PM	Moon – Blue		Bhuloka Day
Until 10:25AM				Magha-Thai		
Then Creative Work - Amrita Yoga		Total Lunar Eclipse				

Thursday, February 1, 2018		Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuklayam				Oslo, Norway
Silver Retreat Star		Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29 Sutra 290		
Kataka Rasi: 27.11	Tithi 16 – 17	Gulika 10:33AM – 11:33AM	Ashlesha* Until 10:25AM	Ganesha: Yellow <i>Sunrise:</i> 8:34AM	<i>Sunset:</i> 4:31PM	Moon 13 - Phase 39
		Yama 8:34AM – 9:33AM	Saubhagya Until 6:07PM	Muruga: Green		Prathama
	943522366	Rahu 1:32PM – 2:32PM	Taitila Until 9:44PM	Nataraja: Green		
Creative Work	Siddha Yoga		Prathama* Until 11:12AM	Moon – Blue		Bhuloka Day
Until 10:25AM				Magha-Thai		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam TitauOslo, Norway
Sun 1 Sutra 291

Simha Rasi: 11.51 Tihi 17 - 18

Gulika 9:32AM - 10:32AM
Yama 2:33PM - 3:33PM
Rahu 11:32AM - 12:32PMMagha* Until 8:26AM
Sobhana Until 2:43PM
Vanija Until 7:09PM
Dvitiya Until 8:22AMGanesha: White Sunrise: 8:31AM
Muruga: Green Sunset: 4:33PM
Nataraja: Green
Moon - Red
Magha-ThaiHemalamba 5119
Moon 1 - Phase 40
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 8:26AM

Then Creative Work - Siddha Yoga

1

Saturday, February 3, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda*/Sukarma Yoga Visti*/Balava Karana Tritiya/Chaturthayam TitauOslo, Norway
Sun 2 Sutra 292

Simha Rasi: 26.1 Tihi 18 - 19

Gulika 8:29AM - 9:30AM
Yama 1:33PM - 2:34PM
Rahu 10:31AM - 11:32AMPurvaphalguni Until 6:50AM
Athiganda* Until 11:46AM
Balava Until 4:26AM Sun
Tritiya Until 6:04AMGanesha: White Sunrise: 8:29AM
Muruga: Green Sunset: 4:36PM
Nataraja: White
Moon - Red
Magha-ThaiHemalamba 5119
Moon 1 - Phase 40
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 6:50AM

Then Routine Work - Marana Yoga

2

Sunday, February 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam TitauOslo, Norway
Sun 3 Sutra 293

Kanya Rasi: 10.02 Tihi 20

Gulika 2:36PM - 3:37PM
Yama 12:33PM - 1:34PM
Rahu 3:37PM - 4:39PMHasta Until 5:44AM Mon
Sukarma Until 9:23AM
Kaulava Until 3:54PM
Panchami Until 3:33AM MonGanesha: White Sunrise: 8:27AM
Muruga: Green Sunset: 4:39PM
Nataraja: White
Moon - Green
Magha-ThaiHemalamba 5119
Moon 1 - Phase 40
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 5:44AM Mon

Then Routine Work - Prabalarishta Yoga

3

Monday, February 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam TitauOslo, Norway
Sun 4 Sutra 294

Kanya Rasi: 23.28 Tihi 21

Family Home Evening

Gulika 1:35PM - 2:37PM
Yama 11:31AM - 12:33PM
Rahu 9:26AM - 10:29AMChitra Until 6:21AM Tue
Dhriti Until 7:37AM
Gara Until 3:26PM
Shashthi* Until 3:30AM TueGanesha: White Sunrise: 8:24AM
Muruga: Green Sunset: 4:41PM
Nataraja: White
Moon - Green
Magha-ThaiHemalamba 5119
Moon 1 - Phase 40
1st Phase

Bhuloka Day

Routine Work Prabalarishta Yoga
Until 6:21AM Tue

Then Creative Work - Siddha Yoga

4

Tuesday, February 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam TitauOslo, Norway
Sun 5 Sutra 295

Tula Rasi: 6.28 Tihi 22

Gulika 12:33PM - 1:36PM
Yama 10:27AM - 11:30AM
Rahu 2:38PM - 3:41PMChitra Until 6:21AM
Shula* Until 6:28AM
Visti Until 3:47PM
Saptami Until 4:14AM WedGanesha: White Sunrise: 8:22AM
Muruga: Green Sunset: 4:44PM
Nataraja: White
Moon - Green
Magha-ThaiHemalamba 5119
Moon 1 - Phase 40
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

D

Wednesday, February 7, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ashtamyam TitauOslo, Norway
Sun 6 Sutra 296

Tula Rasi: 19.05 Tihi 23

Gulika 11:30AM - 12:33PM
Yama 9:23AM - 10:26AM
Rahu 12:33PM - 1:36PMSvati Until 7:34AM
Vriddhi Until 5:58AM Thu
Balava Until 4:54PM
Ashtami* Until 5:42AM ThuGanesha: White Sunrise: 8:20AM
Muruga: Green Sunset: 4:46PM
Nataraja: White
Moon - Green
Magha-ThaiHemalamba 5119
Moon 1 - Phase 40
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Taitila Karana Navamyam TitauOslo, Norway
Sun 7 Sutra 297

Vrischika Rasi: 1.24 Tihi 24

Gulika 10:25AM - 11:29AM
Yama 8:17AM - 9:21AM
Rahu 1:37PM - 2:41PMVishakha Until 9:47AM
Dhruva Until 6:24AM Fri
Taitila Until 6:41PM
Navami* Until 7:45AM FriGanesha: Clear Sunrise: 8:17AM
Muruga: Green Sunset: 4:49PM
Nataraja: White
Moon - Orange
Magha-ThaiHemalamba 5119
Moon 1 - Phase 40
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1	Friday, February 9, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Oslo, Norway Sun 8 Sutra 298 Hemalamba 5119
	Vrischika Rasi: 13.29	Tithi 24 – 25	Gulika 9:19AM – 10:24AM Yama 2:42PM – 3:47PM Rahu 11:28AM – 12:33PM	Anuradha Until 12:22PM Dhruva Until 6:24AM Vanija Until 8:57PM Navami* Until 7:45AM	Ganesha: Clear Muruga: Green Nataraja: White Moon – Orange Magha-Thai	<i>Sunrise:</i> 8:15AM <i>Sunset:</i> 4:51PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				Bhuloka Day Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							


2	Saturday, February 10, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 9 Sutra 299 Hemalamba 5119
	Vrischika Rasi: 25.24	Tithi 25 – 26	Gulika 8:12AM – 9:17AM Yama 1:38PM – 2:44PM Rahu 10:23AM – 11:28AM	Jyeshtha* Until 3:08PM Vyaghata* Until 7:10AM Bava Until 11:32PM Dashami Until 10:11AM	Ganesha: Clear Muruga: Green Nataraja: White Moon – Orange Magha-Thai	<i>Sunrise:</i> 8:12AM <i>Sunset:</i> 4:54PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Sunday, February 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 10 Sutra 300 Hemalamba 5119
	Dhanus Rasi: 7.13	Tithi 26 – 27	Gulika 2:45PM – 3:51PM Yama 12:33PM – 1:39PM Rahu 3:51PM – 4:57PM	Mula* Until 6:24PM Harshana Until 8:07AM Kaulava Until 2:13AM Mon Ekadashi* Until 12:51PM	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Thai	<i>Sunrise:</i> 8:10AM <i>Sunset:</i> 4:57PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Amrita Yoga	984522367				Bhuloka Day
Then Creative Work - Siddha Yoga							

4	Monday, February 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 11 Sutra 301 Hemalamba 5119
	Dhanus Rasi: 19.02	Tithi 27 – 28	Gulika 1:40PM – 2:46PM Yama 11:27AM – 12:33PM Rahu 9:14AM – 10:20AM	Purvashadha* Until 9:29PM Vajra* Until 9:04AM Gara Until 4:50AM Tue Dvadashi* Until 3:31PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 8:07AM <i>Sunset:</i> 4:59PM	Moon 1 - Phase 41 2nd Phase
	Family Home Evening		984522367				Bhuloka Day
Routine Work - Marana Yoga							

5	Tuesday, February 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Trayodashyam Titau				Oslo, Norway Sun 12 Sutra 302 Hemalamba 5119
	Makara Rasi: 0.52	Tithi 28	Gulika 12:33PM – 1:40PM Yama 10:19AM – 11:26AM Rahu 2:47PM – 3:55PM	Uttarashadha Until 12:13AM Wed Siddhi Until 9:57AM Vanija Until 6:02PM Trayodashi* Until 6:02PM	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 8:04AM <i>Sunset:</i> 5:02PM	Moon 1 - Phase 41 2nd Phase
	Routine Work	Prabalarishta Yoga	984522367				Bhuloka Day
Then Creative Work - Siddha Yoga							

6	Wednesday, February 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Oslo, Norway Sun 13 Sutra 303 Hemalamba 5119
	Makara Rasi: 12.47	Tithi 29	Gulika 11:25AM – 12:33PM Yama 9:10AM – 10:17AM Rahu 12:33PM – 1:41PM	Shravana Until 2:59AM Thu Vyatipata* Until 10:40AM Visti Until 7:13AM Chaturdashi* Until 8:16PM	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Masi	<i>Sunrise:</i> 8:02AM <i>Sunset:</i> 5:04PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	994522367				Bhuloka Day

	Thursday, February 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Oslo, Norway Sun 14 Sutra 304 Hemalamba 5119
	Retreat Star		Gulika 10:16AM – 11:25AM Yama 7:59AM – 9:08AM Rahu 1:42PM – 2:50PM	Dhanishtha Until 5:11AM Fri Variyan Until 11:05AM Catuspada Until 9:15AM Amavasya* Until 10:06PM	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Masi	<i>Sunrise:</i> 7:59AM <i>Sunset:</i> 5:07PM	Moon 1 - Phase 41 Amavasya
	Makara Rasi: 24.51	Tithi 30	994522367				Bhuloka Day
Creative Work - Siddha Yoga							
Partial Solar Eclipse							

7	Friday, February 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Oslo, Norway Sun 15 Sutra 305 Hemalamba 5119
	Retreat Star		Gulika 9:06AM – 10:15AM Yama 2:51PM – 4:00PM Rahu 11:24AM – 12:33PM	Shatabhishak Until 6:47AM Sat Parigha* Until 11:11AM Kintughna Until 10:52AM Prathama* Until 11:28PM	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Phalguna-Masi	<i>Sunrise:</i> 7:57AM <i>Sunset:</i> 5:09PM	Moon 1 - Phase 41 Prathama
	Kumbha Rasi: 7.04	Tithi 1	994522367				Bhuloka Day
Creative Work - Siddha Yoga							
Then Routine Work - Marana Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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1		Saturday, February 17, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Oslo, Norway Sun 16 Sutra 306 Hemalamba 5119	
Kumbha Rasi: 19.29	Tithi 2	Gulika 7:54AM – 9:04AM	Shatabhishak Until 6:47AM	Ganesha: Purple	<i>Sunrise:</i> 7:54AM				
		Yama 1:43PM – 2:53PM	Shiva Until 10:57AM	Muruga: Green	<i>Sunset:</i> 5:12PM			Moon 1 - Phase 42	
		995522367 Rahu 10:13AM – 11:23AM	Balava Until 12:00PM	Nataraja: White					3rd Phase
Creative Work	Amrita Yoga	Dvitiya Until 12:22AM Sun		Moon – Purple			Bhuloka Day		
Until 6:47AM				Phalguna-Masi					
Then Routine Work - Marana Yoga									

2		Sunday, February 18, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Triliyayam Titau		Oslo, Norway Sun 17 Sutra 307 Hemalamba 5119	
Meena Rasi: 2.07	Tithi 3	Gulika 2:54PM – 4:04PM	Purvaproshtapada* Until 8:15AM	Ganesha: Clear	<i>Sunrise:</i> 7:51AM				
		Yama 12:33PM – 1:43PM	Siddha Until 10:20AM	Muruga: Green	<i>Sunset:</i> 5:15PM			Moon 1 - Phase 42	
		915522367 Rahu 4:04PM – 5:15PM	Tailila Until 12:39PM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga	Tritiya Until 12:48AM Mon		Moon – Clear			Bhuloka Day		
Until 8:15AM				Phalguna-Masi			Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga									

3		Monday, February 19, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau		Oslo, Norway Sun 18 Sutra 308 Hemalamba 5119	
Meena Rasi: 14.58	Tithi 4	Gulika 1:44PM – 2:55PM	Uttaraproshtapada Until 9:07AM	Ganesha: Clear	<i>Sunrise:</i> 7:49AM				
Family Home Evening		Yama 11:22AM – 12:33PM	Sadhya Until 9:22AM	Muruga: Green	<i>Sunset:</i> 5:17PM			Moon 1 - Phase 42	
		915522367 Rahu 9:00AM – 10:11AM	Vanija Until 12:51PM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga	Chaturthi* Until 12:46AM Tue		Moon – Clear			Bhuloka Day		
				Phalguna-Masi			Devaloka Time: 6:AM to 9:AM		

4		Tuesday, February 20, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau		Oslo, Norway Sun 19 Sutra 309 Hemalamba 5119	
Meena Rasi: 28.03	Tithi 5	Gulika 12:33PM – 1:44PM	Revati Until 9:23AM	Ganesha: Clear	<i>Sunrise:</i> 7:46AM				
		Yama 10:09AM – 11:21AM	Subha Until 8:03AM	Muruga: Green	<i>Sunset:</i> 5:20PM			Moon 1 - Phase 42	
		915522367 Rahu 2:56PM – 4:08PM	Bava Until 12:36PM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga	Panchami Until 12:17AM Wed		Moon – Clear			Bhuloka Day		
				Phalguna-Masi			Devaloka Time: 6:AM to 9:AM		

Subramuniyaswami Siva Vision Day

5		Wednesday, February 21, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau		Oslo, Norway Sun 20 Sutra 310 Hemalamba 5119	
Mesha Rasi: 11.21	Tithi 6	Gulika 11:20AM – 12:33PM	Ashvini Until 9:31AM	Ganesha: White	<i>Sunrise:</i> 7:43AM				
		Yama 8:56AM – 10:08AM	Sukla Until 6:23AM	Muruga: Green	<i>Sunset:</i> 5:22PM			Moon 1 - Phase 42	
		925522367 Rahu 12:33PM – 1:45PM	Kaulava Until 11:54AM	Nataraja: White					3rd Phase
Routine Work	Marana Yoga	Shashthi* Until 11:22PM		Moon – White			Bhuloka Day		
Until 9:31AM				Phalguna-Masi					
Then Creative Work - Siddha Yoga									

6		Thursday, February 22, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 21 Sutra 311 Hemalamba 5119	
Mesha Rasi: 24.53	Tithi 7	Gulika 10:06AM – 11:20AM	Bharani Until 9:05AM	Ganesha: White	<i>Sunrise:</i> 7:40AM				
		Yama 7:40AM – 8:53AM	Indra Until 2:04AM Fri	Muruga: Green	<i>Sunset:</i> 5:25PM			Moon 1 - Phase 42	
		925522367 Rahu 1:46PM – 2:59PM	Gara Until 10:47AM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga	Saptami Until 10:02PM		Moon – White			Bhuloka Day		
Until 9:05AM				Phalguna-Masi					
Then Routine Work - Marana Yoga									

Retreat Star		Friday, February 23, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 22 Sutra 312 Hemalamba 5119	
Vrishabha Rasi: 8.41	Tithi 8	Gulika 8:51AM – 10:05AM	Krittika Until 8:07AM	Ganesha: White	<i>Sunrise:</i> 7:38AM				
		Yama 3:00PM – 4:14PM	Vaidhriti* Until 11:24PM	Muruga: Green	<i>Sunset:</i> 5:27PM			Moon 1 - Phase 42	
		925522367 Rahu 11:19AM – 12:32PM	Visti Until 9:14AM	Nataraja: White					Ashtami
Creative Work	Siddha Yoga	Ashtami* Until 8:18PM		Moon – White			Bhuloka Day		
Until 8:07AM				Phalguna-Masi					
Then Routine Work - Marana Yoga									

Retreat Star		Saturday, February 24, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 23 Sutra 313 Hemalamba 5119	
Vrishabha Rasi: 22.43	Tithi 9	Gulika 7:35AM – 8:49AM	Rohini Until 7:01AM	Ganesha: Yellow	<i>Sunrise:</i> 7:35AM				
		Yama 1:47PM – 3:01PM	Vishkamba* Until 8:27PM	Muruga: Green	<i>Sunset:</i> 5:30PM			Moon 1 - Phase 42	
		935522367 Rahu 10:04AM – 11:18AM	Balava Until 7:18AM	Nataraja: White					Navami
Creative Work	Amrita Yoga	Navami* Until 6:11PM		Moon – Yellow			Bhuloka Day		
Until 7:01AM				Phalguna-Masi			Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga									

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1 Sunday, February 25, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Ardra Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 314	
Mithuna Rasi: 6.59	Tithi 10 – 11	Gulika 3:02PM – 4:17PM	Ardra Until 3:26AM Mon	Ganesha: Yellow <i>Sunrise:</i> 7:32AM	Hemalamba 5119
		Yama 12:32PM – 1:47PM	Priti Until 5:16PM	Muruga: Green <i>Sunset:</i> 5:32PM	Moon 1 - Phase 43
	935522367	Rahu 4:17PM – 5:32PM	Vanija Until 2:25AM Mon	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:44PM	Moon – Yellow	Bhuloka Day
Until 3:26AM Mon				Phalguna-Masi	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga					

2 Monday, February 26, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vistii/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 315	
Mithuna Rasi: 21.28	Tithi 11 – 12	Gulika 1:48PM – 3:03PM	Punarvasu Until 1:30AM Tue	Ganesha: Blue <i>Sunrise:</i> 7:29AM	Hemalamba 5119
Family Home Evening		Yama 11:16AM – 12:32PM	Ayushman Until 1:50PM	Muruga: Green <i>Sunset:</i> 5:35PM	Moon 1 - Phase 43
	946622367	Rahu 8:45AM – 10:01AM	Bava Until 11:38PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 1:02PM	Moon – Blue	Bhuloka Day
Until 1:30AM Tue				Phalguna-Masi	
Then Creative Work - Siddha Yoga					

3 Tuesday, February 27, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 316	
Kataka Rasi: 6.04	Tithi 12 – 13	Gulika 12:32PM – 1:48PM	Pushya Until 11:19PM	Ganesha: Blue <i>Sunrise:</i> 7:26AM	Hemalamba 5119
		Yama 9:59AM – 11:15AM	Saubhagya Until 10:18AM	Muruga: Green <i>Sunset:</i> 5:37PM	Moon 1 - Phase 43
	946622367	Rahu 3:05PM – 4:21PM	Kaulava Until 8:43PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:10AM	Moon – Blue	Bhuloka Day
			<i>Pradosha Vrata</i>	Phalguna-Masi	

4 Wednesday, February 28, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 317	
Kataka Rasi: 20.44	Tithi 13 – 14	Gulika 11:15AM – 12:32PM	Ashlesha* Until 9:03PM	Ganesha: Blue <i>Sunrise:</i> 7:24AM	Hemalamba 5119
		Yama 8:41AM – 9:58AM	Sobhana Until 6:44AM	Muruga: Green <i>Sunset:</i> 5:40PM	Moon 1 - Phase 43
	946622367	Rahu 12:32PM – 1:49PM	Vanija Until 4:24AM Thu	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:15AM	Moon – Blue	Bhuloka Day
		Chidambaram Abhishekam		Phalguna-Masi	

○ Thursday, March 1, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Copper Retreat Star		Magha* Nakshatra Sukarma Yoga Vistii/Bava Karana Purnimayam Titau		Sutra 318	
Simha Rasi: 5.2	Tithi 15	Gulika 9:55AM – 11:13AM	Magha* Until 7:12PM	Ganesha: Red <i>Sunrise:</i> 7:18AM	Hemalamba 5119
		Yama 7:18AM – 8:36AM	Sukarma Until 11:52PM	Muruga: Green <i>Sunset:</i> 5:45PM	Moon 1 - Phase 43
	956622367	Rahu 1:50PM – 3:08PM	Visti Until 3:05PM	Nataraja: White	Purnima
Creative Work	Amrita Yoga		Purnima* Until 1:47AM Fri	Moon – Red	Bhuloka Day
Until 7:12PM		Holi		Phalguna-Masi	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

Friday, March 2, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Silver Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 319	
Simha Rasi: 19.47	Tithi 16	Gulika 8:34AM – 9:53AM	Purvaphalguni Until 5:32PM	Ganesha: Red <i>Sunrise:</i> 7:15AM	Hemalamba 5119
		Yama 3:09PM – 4:28PM	Dhriti Until 8:49PM	Muruga: Green <i>Sunset:</i> 5:47PM	Moon 1 - Phase 43
	956622367	Rahu 11:12AM – 12:31PM	Balava Until 12:37PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:31PM	Moon – Red	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 6:AM to 9:AM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway
Sutra 320

Kanya Rasi: 3.59 Tihti 17

Gulika 7:12AM - 8:32AM
Yama 1:51PM - 3:10PM
Rahu 9:52AM - 11:11AM

Uttaraphalguni Until 4:11PM
Shula* Until 6:07PM
Taitila Until 10:35AM
Dvitiya Until 9:45PM

Ganesha: Red Sunrise: 7:12AM
Muruga: Green Sunset: 5:50PM
Nataraja: White
Moon - Red

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM
Phalgun-Masi

Sunday, March 4, 2018

1

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Oslo, Norway
Sun 1 Sutra 321

Kanya Rasi: 17.5 Tihti 18

Gulika 3:11PM - 4:32PM
Yama 12:31PM - 1:51PM
Rahu 4:32PM - 5:52PM

Hasta Until 3:42PM
Ganda* Until 3:55PM
Vanija Until 9:06AM
Tritiya Until 8:35PM

Ganesha: Green Sunrise: 7:09AM
Muruga: Green Sunset: 5:52PM
Nataraja: White
Moon - Green

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Creative Work Amrita Yoga

Until 3:42PM

Then Creative Work - Siddha Yoga

Bhuloka Day
Phalgun-Masi

Monday, March 5, 2018

2

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway
Sun 2 Sutra 322

Tula Rasi: 1.18 Tihti 19

Gulika 1:52PM - 3:13PM
Yama 11:09AM - 12:31PM
Rahu 8:27AM - 9:48AM

Chitra Until 3:45PM
Vridhhi Until 2:17PM
Bava Until 8:17AM
Chaturthi* Until 8:08PM

Ganesha: Blue Sunrise: 7:06AM
Muruga: Green Sunset: 5:55PM
Nataraja: White
Moon - Green

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Family Home Evening

Until 3:45PM

Then Creative Work - Amrita Yoga

Bhuloka Day
Phalgun-Masi

Tuesday, March 6, 2018

3

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway
Sun 3 Sutra 323

Tula Rasi: 14.22 Tihti 20

Gulika 12:30PM - 1:52PM
Yama 9:47AM - 11:09AM
Rahu 3:14PM - 4:35PM

Svati Until 4:22PM
Dhruva Until 1:12PM
Kaulava Until 8:13AM
Panchami Until 8:27PM

Ganesha: Blue Sunrise: 7:03AM
Muruga: Green Sunset: 5:57PM
Nataraja: White
Moon - Green

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Creative Work Siddha Yoga

Until 4:22PM

Then Routine Work - Marana Yoga

Bhuloka Day
Phalgun-Masi

Wednesday, March 7, 2018

4

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway
Sun 4 Sutra 324

Tula Rasi: 27.04 Tihti 21

Gulika 11:08AM - 12:30PM
Yama 8:23AM - 9:45AM
Rahu 12:30PM - 1:52PM

Vishakha Until 6:02PM
Vyaghata* Until 12:43PM
Gara Until 8:55AM
Shashthi* Until 9:30PM

Ganesha: Red Sunrise: 7:00AM
Muruga: Green Sunset: 6:00PM
Nataraja: White
Moon - Orange

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM
Phalgun-Masi

Thursday, March 8, 2018

5

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Oslo, Norway
Sun 5 Sutra 325

Vrischika Rasi: 9.27 Tihti 22

Gulika 9:44AM - 11:07AM
Yama 6:58AM - 8:21AM
Rahu 1:53PM - 3:16PM

Anuradha Until 8:12PM
Harshana Until 12:48PM
Visti Until 10:19AM
Saptami Until 11:14PM

Ganesha: Red Sunrise: 6:58AM
Muruga: Green Sunset: 6:02PM
Nataraja: White
Moon - Orange

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Creative Work Siddha Yoga

Until 8:12PM

Then Routine Work - Prabalarishta Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM
Phalgun-Masi

Friday, March 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway
Sun 6 Sutra 326

Vrischika Rasi: 21.34 Tihti 23

Gulika 8:18AM - 9:42AM
Yama 3:17PM - 4:41PM
Rahu 11:06AM - 12:30PM

Jyeshtha* Until 10:43PM
Vajra* Until 1:17PM
Balava Until 12:19PM
Ashtami* Until 1:28AM Sat

Ganesha: Red Sunrise: 6:55AM
Muruga: Green Sunset: 6:05PM
Nataraja: White
Moon - Orange

Hemalamba 5119
Moon 2 - Phase 44
Ashtami

Routine Work Marana Yoga

Until 10:43PM

Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM
Phalgun-Masi

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway
Sun 7 Sutra 327

Dhanus Rasi: 3.31 Tihti 24

Gulika 6:52AM - 8:16AM
Yama 1:54PM - 3:18PM
Rahu 9:40AM - 11:05AM

Mula* Until 1:53AM Sun
Siddhi Until 2:06PM
Taitila Until 2:45PM
Navami* Until 4:02AM Sun

Ganesha: Green Sunrise: 6:52AM
Muruga: Green Sunset: 6:07PM
Nataraja: White
Moon - Light Blue

Hemalamba 5119
Moon 2 - Phase 44
Navami

Creative Work Siddha Yoga

Bhuloka Day
Phalgun-Masi

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1 Sunday, March 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 328		
Dhanus Rasi: 15.21	Tithi 25	Gulika 3:19PM – 4:44PM	Purvashadha* Until 4:59AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:49AM	Hemalamba 5119
		Yama 12:29PM – 1:54PM	Vyatipata* Until 3:05PM	Muruga: Green	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 45
	187622367	Rahu 4:44PM – 6:09PM	Vanija Until 5:23PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 6:40AM Mon	Moon – Light Blue		Bhuloka Day
Until 4:59AM Mon				Phalguna-Masi		
Then Routine Work - Marana Yoga						

2 Monday, March 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 329		
Dhanus Rasi: 27.1	Tithi 25 – 26	Gulika 1:55PM – 3:20PM	Uttarashadha Until 7:47AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:46AM	Hemalamba 5119
Family Home Evening		Yama 11:03AM – 12:29PM	Variyan Until 4:02PM	Muruga: Green	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45
	188622367	Rahu 8:12AM – 9:37AM	Bava Until 7:58PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga		Dashami Until 6:40AM	Moon – Light Blue		Bhuloka Day
Until 7:47AM Tue				Phalguna-Masi		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

3 Tuesday, March 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 330		
Makara Rasi: 9.01	Tithi 26 – 27	Gulika 12:29PM – 1:55PM	Uttarashadha Until 7:47AM	Ganesha: Red	<i>Sunrise:</i> 6:43AM	Hemalamba 5119
		Yama 9:36AM – 11:02AM	Parigha* Until 4:49PM	Muruga: Green	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45
	188622367	Rahu 3:21PM – 4:48PM	Kaulava Until 10:17PM	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 9:09AM	Moon – Light Blue		Bhuloka Day
Until 7:47AM				Phalguna-Masi		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, March 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 331		
Makara Rasi: 21.01	Tithi 27 – 28	Gulika 11:01AM – 12:28PM	Shravana Until 10:34AM	Ganesha: Green	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
		Yama 8:07AM – 9:34AM	Shiva Until 5:18PM	Muruga: Green	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 45
	198622367	Rahu 12:28PM – 1:55PM	Gara Until 12:09AM Thu	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:16AM	Moon – Purple		Devaloka Day
Until 10:34AM		Karadaiyan Nombu (Tamil Nadu)	<i>Pradosha Vrata (Fasting)</i>	Phalguna-Panguni		
Then Routine Work - Prabalarishta Yoga						

5 Thursday, March 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 332		
Kumbha Rasi: 3.13	Tithi 28 – 29	Gulika 9:32AM – 11:00AM	Dhanishtha Until 12:42PM	Ganesha: Green	<i>Sunrise:</i> 6:37AM	Hemalamba 5119
		Yama 6:37AM – 8:05AM	Siddha Until 5:21PM	Muruga: Green	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45
	198622368	Rahu 1:56PM – 3:24PM	Visti Until 1:27AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:51PM	Moon – Purple		Sivaloka Day
				Phalguna-Panguni		

Friday, March 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Retreat Star		Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 333
Kumbha Rasi: 15.39	Tithi 29 – 30	Gulika 8:02AM – 9:31AM	Shatabhishak Until 2:06PM	Ganesha: Green	<i>Sunrise:</i> 6:34AM	Hemalamba 5119
		Yama 3:25PM – 4:53PM	Sadhya Until 4:57PM	Muruga: Green	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 45
	198622368	Rahu 10:59AM – 12:28PM	Catuspada Until 2:08AM Sat	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 1:51PM	Moon – Purple		Sivaloka Day
				Phalguna-Panguni		

Saturday, March 17, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Retreat Star		Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 334
Kumbha Rasi: 28.22	Tithi 30 – 1	Gulika 6:31AM – 8:00AM	Purvaproshtapada* Until 3:13PM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Hemalamba 5119
		Yama 1:57PM – 3:26PM	Subha Until 4:06PM	Muruga: Green	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45
	118622368	Rahu 9:29AM – 10:58AM	Kintughna Until 2:13AM Sun	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Amavasya* Until 2:14PM	Moon – Clear		Devaloka Day
Until 3:13PM		Yugadhi		Chaitra-Panguni		
Then Creative Work - Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1		Sunday, March 18, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 15 Sutra 335	
Meena Rasi: 11.21	Tithi 1 – 2	Gulika	3:27PM – 4:56PM	Uttaraproshtapada Until 3:39PM	Ganesha: Green	<i>Sunrise:</i> 6:28AM	Hemalamba 5119		
		Yama	12:27PM – 1:57PM	Sukla Until 2:47PM	Muruga: Green	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 46		
Creative Work	Amrita Yoga	119622368 Rahu	4:56PM – 6:26PM	Balava Until 1:47AM Mon	Nataraja: Clear		3rd Phase		
				Prathama* Until 2:03PM	Moon – Clear		Bhuloka Day		
					Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM		

2		Monday, March 19, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 16 Sutra 336	
Meena Rasi: 24.37	Tithi 2 – 3	Gulika	1:57PM – 3:28PM	Revati Until 3:28PM	Ganesha: Green	<i>Sunrise:</i> 6:25AM	Hemalamba 5119		
Family Home Evening		Yama	10:56AM – 12:27PM	Brahma Until 1:06PM	Muruga: Green	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	119622368 Rahu	7:55AM – 9:26AM	Taitila Until 12:55AM Tue	Nataraja: Clear		3rd Phase		
				Dvitiya Until 1:23PM	Moon – Clear		Bhuloka Day		
					Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM		

3		Tuesday, March 20, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Oslo, Norway Sun 17 Sutra 337	
Mesha Rasi: 8.06	Tithi 3 – 4	Gulika	12:27PM – 1:58PM	Ashvini Until 3:11PM	Ganesha: White	<i>Sunrise:</i> 6:22AM	Hemalamba 5119		
		Yama	9:24AM – 10:55AM	Indra Until 11:08AM	Muruga: Green	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	129622368 Rahu	3:29PM – 5:00PM	Vanija Until 11:41PM	Nataraja: Clear		3rd Phase		
				Tritiya Until 12:19PM	Moon – White		Bhuloka Day		
		Chellappaswami Mahasamadhi			Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM		

4		Wednesday, March 21, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 18 Sutra 338	
Mesha Rasi: 21.47	Tithi 4 – 5	Gulika	10:54AM – 12:26PM	Bharani Until 2:29PM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Hemalamba 5119		
		Yama	7:51AM – 9:23AM	Vaidhriti* Until 8:53AM	Muruga: Green	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	129622368 Rahu	12:26PM – 1:58PM	Bava Until 10:12PM	Nataraja: Clear		3rd Phase		
Until 2:29PM				Chaturthi* Until 10:57AM	Moon – White		Bhuloka Day		
Then Creative Work - Amrita Yoga					Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM		

5		Thursday, March 22, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Oslo, Norway Sun 19 Sutra 339	
Vrishabha Rasi: 5.37	Tithi 5 – 6	Gulika	9:21AM – 10:53AM	Krittika Until 1:25PM	Ganesha: White	<i>Sunrise:</i> 6:16AM	Hemalamba 5119		
		Yama	6:16AM – 7:48AM	Vishkambha* Until 6:28AM	Muruga: Green	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 46		
Routine Work	Marana Yoga	129622368 Rahu	1:58PM – 3:31PM	Kaulava Until 8:30PM	Nataraja: Clear		3rd Phase		
				Panchami Until 9:21AM	Moon – White		Bhuloka Day		
					Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM		

6		Friday, March 23, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 20 Sutra 340	
Vrishabha Rasi: 19.33	Tithi 6 – 7	Gulika	7:46AM – 9:19AM	Rohini Until 12:28PM	Ganesha: Purple	<i>Sunrise:</i> 6:13AM	Hemalamba 5119		
		Yama	3:32PM – 5:05PM	Ayushman Until 1:13AM Sat	Muruga: Green	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 46		
Routine Work	Marana Yoga	139722368 Rahu	10:52AM – 12:26PM	Gara Until 6:39PM	Nataraja: Clear		3rd Phase		
Until 12:28PM				Shashthi* Until 7:35AM	Moon – Yellow		Sivaloka Day		
Then Creative Work - Siddha Yoga					Chaitra-Panguni				

Retreat Star		Saturday, March 24, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 341	
Mithuna Rasi: 3.35	Tithi 8	Gulika	6:10AM – 7:44AM	Mrigashira Until 11:14AM	Ganesha: Purple	<i>Sunrise:</i> 6:10AM	Hemalamba 5119		
		Yama	1:59PM – 3:33PM	Saubhagya Until 10:26PM	Muruga: Green	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	139722368 Rahu	9:18AM – 10:51AM	Visti Until 4:40PM	Nataraja: Clear		Ashtami		
				Ashtami* Until 3:37AM Sun	Moon – Yellow		Sivaloka Day		
					Chaitra-Panguni				

Retreat Star		Sunday, March 25, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 342	
Mithuna Rasi: 17.41	Tithi 9	Gulika	3:34PM – 5:09PM	Ardra Until 9:46AM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM	Hemalamba 5119		
		Yama	12:25PM – 2:00PM	Sobhana Until 7:35PM	Muruga: Green	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	139722368 Rahu	5:09PM – 6:43PM	Balava Until 2:35PM	Nataraja: Clear		Navami		
				Navami* Until 1:30AM Mon	Moon – Yellow		Sivaloka Day		
		Sri Rama Navami			Chaitra-Panguni				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Monday, March 26, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau		Oslo, Norway Sun 23 Sutra 343 Hemalamba 5119
Kataka Rasi: 1.51	Tithi 10	Gulika	2:00PM – 3:35PM	Punarvasu Until 8:29AM	Ganesha: Yellow <i>Sunrise:</i> 6:04AM	
Family Home Evening	141722368	Yama	10:50AM – 12:25PM	Athiganda* Until 4:40PM	Muruga: Green <i>Sunset:</i> 6:45PM	Moon 2 - Phase 47
Creative Work	Amrita Yoga	Rahu	7:39AM – 9:14AM	Taitila Until 12:25PM	Nataraja: Clear	4th Phase
Until 8:29AM				Dashami Until 11:18PM	Moon – Blue	Devaloka Day
Then Creative Work - Siddha Yoga					Chaitra-Panguni	

2		Tuesday, March 27, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Oslo, Norway Sun 24 Sutra 344 Hemalamba 5119
Kataka Rasi: 16.04	Tithi 11	Gulika	12:24PM – 2:00PM	Pushya Until 7:00AM	Ganesha: Yellow <i>Sunrise:</i> 6:01AM	
	141722368	Yama	9:13AM – 10:49AM	Sukarma Until 1:43PM	Muruga: Green <i>Sunset:</i> 6:48PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	Rahu	3:36PM – 5:12PM	Vanija Until 10:13AM	Nataraja: Clear	4th Phase
				Ekadashi Until 9:05PM	Moon – Blue	Devaloka Day
		Yogaswami Mahasamadhi			Chaitra-Panguni	

3		Wednesday, March 28, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Oslo, Norway Sun 25 Sutra 345 Hemalamba 5119
Simha Rasi: 0.16	Tithi 12	Gulika	10:48AM – 12:24PM	Magha* Until 4:08AM Thu	Ganesha: White <i>Sunrise:</i> 5:58AM	
	151722368	Yama	7:35AM – 9:11AM	Dhriti Until 10:48AM	Muruga: Green <i>Sunset:</i> 6:50PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	Rahu	12:24PM – 2:01PM	Bava Until 8:01AM	Nataraja: Clear	4th Phase
				Dvadashi Until 6:55PM	Moon – Red	Sivaloka Day
					Chaitra-Panguni	

4		Thursday, March 29, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 26 Sutra 346 Hemalamba 5119
Simha Rasi: 14.25	Tithi 13 – 14	Gulika	9:09AM – 10:47AM	Purvaphalguni Until 2:54AM Fri	Ganesha: White <i>Sunrise:</i> 5:55AM	
	151722368	Yama	5:55AM – 7:32AM	Shula* Until 7:56AM	Muruga: Green <i>Sunset:</i> 6:53PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	Rahu	2:01PM – 3:38PM	Gara Until 3:57AM Fri	Nataraja: Clear	4th Phase
				Trayodashi Until 4:52PM	Moon – Red	Sivaloka Day
				<i>Pradosha Vrata</i>	Chaitra-Panguni	

5		Friday, March 30, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Oslo, Norway Sun 27 Sutra 347 Hemalamba 5119
Simha Rasi: 28.28	Tithi 14 – 15	Gulika	7:30AM – 9:08AM	Uttaraphalguni Until 1:48AM Sat	Ganesha: White <i>Sunrise:</i> 5:52AM	
	151722368	Yama	3:39PM – 5:17PM	Vriddhi Until 2:46AM Sat	Muruga: Green <i>Sunset:</i> 6:55PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	Rahu	10:46AM – 12:23PM	Visti Until 2:17AM Sat	Nataraja: Clear	4th Phase
Until 1:48AM Sat				Chaturdashi* Until 3:03PM	Moon – Red	Sivaloka Day
Then Routine Work - Marana Yoga					Chaitra-Panguni	

○		Saturday, March 31, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Oslo, Norway Sun 28 Sutra 348 Hemalamba 5119
Copper Retreat Star		Gulika	5:49AM – 7:28AM	Hasta Until 1:22AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:49AM	
Kanya Rasi: 12.19	Tithi 15 – 16	Yama	2:02PM – 3:40PM	Dhruva Until 12:36AM Sun	Muruga: Green <i>Sunset:</i> 6:57PM	Moon 2 - Phase 47
Routine Work	Marana Yoga	Rahu	9:06AM – 10:45AM	Balava Until 1:01AM Sun	Nataraja: Clear	Purnima
Until 1:22AM Sun				Purnima* Until 1:34PM	Moon – Green	Devaloka Day
Then Creative Work - Siddha Yoga		Panguni Uttiram			Chaitra-Panguni	
		Hanuman Jayanti				

○		Sunday, April 1, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 29 Sutra 349 Hemalamba 5119
Silver Retreat Star		Gulika	3:40PM – 5:19PM	Chitra Until 1:18AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:49AM	
Kanya Rasi: 25.55	Tithi 16 – 17	Yama	12:23PM – 2:02PM	Vyaghata* Until 10:51PM	Muruga: Green <i>Sunset:</i> 6:57PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	Rahu	5:19PM – 6:57PM	Taitila Until 12:15AM Mon	Nataraja: Clear	Prathama
Until 1:18AM Mon				Prathama* Until 12:32PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga					Chaitra-Panguni	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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Monday, April 2, 2018
Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway
Sun 1 Sutra 350
Hemalamba 5119

Tula Rasi: 9.14 Tihi 17 – 18

Gulika 2:02PM – 3:41PM
Yama 10:44AM – 12:23PM
Rahu 7:25AM – 9:05AM

Svati Until 1:40AM Tue
Harshana Until 9:36PM
Vanija Until 12:05AM Tue
Dvitiya Until 12:04PM

Ganesh: Clear *Sunrise: 5:46AM*
Muruga: Green *Sunset: 7:00PM*
Nataraja: Clear
Moon – Green

Moon 3 - Phase 48
1st Phase

Devaloka Day

Family Home Evening 161722368
Creative Work Amrita Yoga
Until 1:40AM Tue
Then Routine Work - Marana Yoga

1

Tuesday, April 3, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturchyam Titau

Oslo, Norway
Sun 2 Sutra 351
Hemalamba 5119

Tula Rasi: 22.14 Tihi 18 – 19

Gulika 12:23PM – 2:02PM
Yama 9:03AM – 10:43AM
Rahu 3:42PM – 5:22PM

Vishakha Until 2:59AM Wed
Vajra* Until 8:49PM
Bava Until 12:34AM Wed
Tritiya Until 12:13PM

Ganesh: Purple *Sunrise: 5:43AM*
Muruga: Green *Sunset: 7:02PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 2:59AM Wed
Then Creative Work - Siddha Yoga

2

Wednesday, April 4, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway
Sun 3 Sutra 352
Hemalamba 5119

Vrischika Rasi: 4.54 Tihi 19 – 20

Gulika 10:42AM – 12:22PM
Yama 7:21AM – 9:01AM
Rahu 12:22PM – 2:03PM

Anuradha Until 4:47AM Thu
Siddhi Until 8:34PM
Kaulava Until 1:43AM Thu
Chaturthi* Until 1:02PM

Ganesh: Purple *Sunrise: 5:40AM*
Muruga: Green *Sunset: 7:04PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 4:47AM Thu
Then Routine Work - Prabalarishta Yoga

3

Thursday, April 5, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway
Sun 4 Sutra 353
Hemalamba 5119

Vrischika Rasi: 17.17 Tihi 20 – 21

Gulika 9:00AM – 10:41AM
Yama 5:37AM – 7:18AM
Rahu 2:03PM – 3:44PM

Jyeshtha* Until 6:59AM Fri
Vyatipata* Until 8:49PM
Gara Until 3:29AM Fri
Panchami Until 2:30PM

Ganesh: Purple *Sunrise: 5:37AM*
Muruga: Green *Sunset: 7:07PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48
1st Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 6:59AM Fri
Then Creative Work - Amrita Yoga

4

Friday, April 6, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Oslo, Norway
Sun 5 Sutra 354
Hemalamba 5119

Vrischika Rasi: 29.25 Tihi 21 – 22

Gulika 7:16AM – 8:58AM
Yama 3:45PM – 5:27PM
Rahu 10:40AM – 12:22PM

Jyeshtha* Until 6:59AM
Variyan Until 9:25PM
Visti Until 5:44AM Sat
Shashthi* Until 4:32PM

Ganesh: Clear *Sunrise: 5:34AM*
Muruga: Green *Sunset: 7:09PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 6:59AM
Then Creative Work - Amrita Yoga

5

Saturday, April 7, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha* Yoga Bava Karana Saptamyam Titau

Oslo, Norway
Sun 6 Sutra 355
Hemalamba 5119

Dhanus Rasi: 11.22 Tihi 22

Gulika 5:31AM – 7:14AM
Yama 2:04PM – 3:47PM
Rahu 8:56AM – 10:39AM

Mula* Until 9:58AM
Parigha* Until 10:20PM
Bava Until 6:57PM
Saptami Until 6:57PM

Ganesh: White *Sunrise: 5:31AM*
Muruga: Green *Sunset: 7:12PM*
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

D

Sunday, April 8, 2018
Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway
Sun 7 Sutra 356
Hemalamba 5119

Dhanus Rasi: 23.12 Tihi 23

Gulika 3:48PM – 5:31PM
Yama 12:21PM – 2:04PM
Rahu 5:31PM – 7:14PM

Purvashadha* Until 1:01PM
Shiva Until 11:21PM
Balava Until 8:15AM
Ashtami* Until 9:32PM

Ganesh: White *Sunrise: 5:28AM*
Muruga: Green *Sunset: 7:14PM*
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 1:01PM
Then Creative Work - Amrita Yoga

Monday, April 9, 2018
Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway
Sun 8 Sutra 357
Hemalamba 5119

Makara Rasi: 5.01 Tihi 24

Gulika 2:05PM – 3:49PM
Yama 10:37AM – 12:21PM
Rahu 7:09AM – 8:53AM

Uttarashadha Until 3:54PM
Siddha Until 12:15AM Tue
Taitila Until 10:50AM
Navami* Until 12:02AM Tue

Ganesh: White *Sunrise: 5:25AM*
Muruga: Green *Sunset: 7:16PM*
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48
Navami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Family Home Evening 182722368
Routine Work Marana Yoga
Until 3:54PM
Then Creative Work - Amrita Yoga

1	Tuesday, April 10, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
	Shravana Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 358		
	Makara Rasi: 16.54	Tithi 25	Gulika 12:21PM – 2:05PM	Shravana Until 6:51PM	Ganesh: Yellow <i>Sunrise: 5:22AM</i>	Hemalamba 5119	
	192722368	Rahu 3:50PM – 5:34PM	Yama 8:51AM – 10:36AM	Sadhya Until 12:55AM Wed	Muruga: Green <i>Sunset: 7:19PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga		Vanija Until 1:11PM	Nataraja: Clear	2nd Phase		
			Dashami Until 2:10AM Wed	Moon – Purple	Devaloka Day		
				Chaitra•Panguni			

2	Wednesday, April 11, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
	Dhanishtha Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 359		
	Makara Rasi: 28.56	Tithi 26	Gulika 10:35AM – 12:20PM	Dhanishtha Until 9:09PM	Ganesh: Yellow <i>Sunrise: 5:19AM</i>	Hemalamba 5119	
	192722368	Rahu 12:20PM – 2:06PM	Yama 7:05AM – 8:50AM	Subha Until 1:10AM Thu	Muruga: Green <i>Sunset: 7:21PM</i>	Moon 3 - Phase 49	
Routine Work	Prabalarishta Yoga		Bava Until 3:03PM	Nataraja: Clear	2nd Phase		
Until 9:09PM			Ekadashi* Until 3:45AM Thu	Moon – Purple	Devaloka Day		
Then Creative Work - Siddha Yoga				Chaitra•Panguni			

3	Thursday, April 12, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
	Shatabhishak Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Sutra 360		
	Kumbha Rasi: 11.13	Tithi 27	Gulika 8:48AM – 10:34AM	Shatabhishak Until 10:39PM	Ganesh: Yellow <i>Sunrise: 5:16AM</i>	Hemalamba 5119	
	192722368	Rahu 2:06PM – 3:52PM	Yama 5:16AM – 7:02AM	Sukla Until 12:52AM Fri	Muruga: Green <i>Sunset: 7:24PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga		Kaulava Until 4:18PM	Nataraja: Clear	2nd Phase		
			Dvadashi* Until 4:37AM Fri	Moon – Purple	Devaloka Day		
				Chaitra•Panguni			

4	Friday, April 13, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
	Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 361		
	Kumbha Rasi: 23.47	Tithi 28	Gulika 7:00AM – 8:47AM	Purvaproshtapada* Until 11:45PM	Ganesh: Blue <i>Sunrise: 5:14AM</i>	Hemalamba 5119	
	112722368	Rahu 10:33AM – 12:20PM	Yama 3:53PM – 5:39PM	Brahma Until 12:00AM Sat	Muruga: Green <i>Sunset: 7:26PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga		Gara Until 4:48PM	Nataraja: Clear	2nd Phase		
			Trayodashi* Until 4:45AM Sat	Moon – Clear	Bhuloka Day		
				Chaitra•Panguni	Devaloka Time: 6:PM to 9:PM		
				<i>Pradosha Vrata (Fasting)</i>			

5	Saturday, April 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Oslo, Norway
	Uttaraproshtapada Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 362		
	Meena Rasi: 6.43	Tithi 29	Gulika 5:11AM – 6:58AM	Uttaraproshtapada Until 11:59PM	Ganesh: Blue <i>Sunrise: 5:11AM</i>	Vilamba 5120	
	212732368	Rahu 8:45AM – 10:32AM	Yama 2:07PM – 3:54PM	Indra Until 10:36PM	Muruga: White <i>Sunset: 7:28PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga		Visti Until 4:34PM	Nataraja: Clear	2nd Phase		
Until 11:59PM			Chaturdashi* Until 4:11AM Sun	Moon – Clear	Bhuloka Day		
Then Routine Work - Prabalarishta Yoga	Tamil New Year			Chaitra•Chaitra	Devaloka Time: 6:PM to 9:PM		

●	Sunday, April 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
	Retreat Star		Revati Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Sutra 363
	Meena Rasi: 20.01	Tithi 30	Gulika 3:55PM – 5:43PM	Revati Until 11:27PM	Ganesh: Blue <i>Sunrise: 5:08AM</i>	Vilamba 5120	
	212732368	Rahu 5:43PM – 7:31PM	Yama 12:19PM – 2:07PM	Vaidhriti* Until 8:39PM	Muruga: White <i>Sunset: 7:31PM</i>	Moon 3 - Phase 49	
Creative Work	Amrita Yoga		Catuspada Until 3:40PM	Nataraja: Clear	Amavasya		
Until 11:27PM			Amavasya* Until 2:59AM Mon	Moon – Clear	Bhuloka Day		
Then Creative Work - Siddha Yoga				Chaitra•Chaitra	Devaloka Time: 6:PM to 9:PM		

●	Monday, April 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
	Retreat Star		Ashvini Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Sutra 364
	Mesha Rasi: 3.4	Tithi 1	Gulika 2:08PM – 3:56PM	Ashvini Until 10:42PM	Ganesh: Blue <i>Sunrise: 5:05AM</i>	Vilamba 5120	
	222732368	Rahu 6:53AM – 8:42AM	Yama 10:30AM – 12:19PM	Vishkambha* Until 6:17PM	Muruga: White <i>Sunset: 7:33PM</i>	Moon 3 - Phase 49	
Family Home Evening			Kintughna Until 2:13PM	Nataraja: Clear	Prathama		
Creative Work	Siddha Yoga		Prathama* Until 1:18AM Tue	Moon – White	Bhuloka Day		
				Vaisaka•Chaitra	Devaloka Time: 6:PM to 9:PM		

1		Tuesday, April 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau			Oslo, Norway Sun 16	Sutra 1
Mesha Rasi: 17.35	Tithi 2	Gulika	12:19PM – 2:08PM	Bharani Until 9:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
		Yama	8:40AM – 10:30AM	Priti Until 3:37PM	Muruga: White	<i>Sunset:</i> 7:36PM	Moon 3 - Phase 1	
		222832368 Rahu	3:57PM – 5:46PM	Balava Until 12:20PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 11:16PM	Moon – White		Devaloka Day	
					Vaisaka-Chaitra			

2		Wednesday, April 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau			Oslo, Norway Sun 17	Sutra 2
Vrishabha Rasi: 1.43	Tithi 3	Gulika	10:29AM – 12:19PM	Krittika Until 7:48PM	Ganesha: Yellow	<i>Sunrise:</i> 4:59AM	Vilamba 5120	
		Yama	6:49AM – 8:39AM	Ayushman Until 12:42PM	Muruga: White	<i>Sunset:</i> 7:38PM	Moon 3 - Phase 1	
		222832368 Rahu	12:19PM – 2:08PM	Taitila Until 10:10AM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Tritiya Until 9:00PM	Moon – White		Devaloka Day	
Until 7:48PM		Akshaya Tritiya			Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga								

3		Thursday, April 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau			Oslo, Norway Sun 18	Sutra 3
Vrishabha Rasi: 15.59	Tithi 4	Gulika	8:37AM – 10:28AM	Rohini Until 6:20PM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Vilamba 5120	
		Yama	4:56AM – 6:47AM	Saubhagya Until 9:41AM	Muruga: White	<i>Sunset:</i> 7:40PM	Moon 3 - Phase 1	
		233832368 Rahu	2:09PM – 3:59PM	Vanija Until 7:50AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga			Chaturthi* Until 6:38PM	Moon – Yellow		Bhuloka Day	
					Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

4		Friday, April 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Oslo, Norway Sun 19	Sutra 4
Mithuna Rasi: 0.16	Tithi 5 – 6	Gulika	6:44AM – 8:36AM	Mrigashira Until 4:43PM	Ganesha: Blue	<i>Sunrise:</i> 4:53AM	Vilamba 5120	
		Yama	4:00PM – 5:52PM	Sobhana Until 6:39AM	Muruga: White	<i>Sunset:</i> 7:43PM	Moon 3 - Phase 1	
		233832368 Rahu	10:27AM – 12:18PM	Kaulava Until 3:08AM Sat	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Panchami Until 4:16PM	Moon – Yellow		Bhuloka Day	
		Adi Sankara Jayanthi			Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

5		Saturday, April 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Oslo, Norway Sun 20	Sutra 5
Mithuna Rasi: 14.32	Tithi 6 – 7	Gulika	4:50AM – 6:42AM	Ardra Until 3:03PM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Vilamba 5120	
		Yama	2:10PM – 4:02PM	Sukarma Until 12:43AM Sun	Muruga: White	<i>Sunset:</i> 7:45PM	Moon 3 - Phase 1	
		233832368 Rahu	8:34AM – 10:26AM	Gara Until 12:54AM Sun	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Until 1:59PM	Moon – Yellow		Bhuloka Day	
					Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

☾		Sunday, April 22, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Oslo, Norway Sun 21	Sutra 6
Retreat Star		Gulika	4:03PM – 5:55PM	Punarvasu Until 1:48PM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Vilamba 5120	
Mithuna Rasi: 28.44	Tithi 7 – 8	Yama	12:18PM – 2:10PM	Dhriti Until 9:55PM	Muruga: White	<i>Sunset:</i> 7:48PM	Moon 3 - Phase 1	
		243832368 Rahu	5:55PM – 7:48PM	Visti Until 10:48PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga			Saptami Until 11:49AM	Moon – Blue		Devaloka Day	
					Vaisaka-Chaitra			

Monday, April 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Oslo, Norway Sun 22	Sutra 7	
Retreat Star		Gulika	2:11PM – 4:04PM	Pushya Until 12:34PM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Vilamba 5120
Kataka Rasi: 12.49	Tithi 8 – 9	Yama	10:24AM – 12:17PM	Shula* Until 7:15PM	Muruga: White	<i>Sunset:</i> 7:50PM	Moon 3 - Phase 1
Family Home Evening		243832368 Rahu	6:38AM – 8:31AM	Balava Until 8:53PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga			Ashtami* Until 9:48AM	Moon – Blue		Devaloka Day
					Vaisaka-Chaitra		

1 Tuesday, April 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Oslo, Norway Sun 23 Sutra 8 Vilamba 5120
Kataka Rasi: 26.48	Tithi 9 – 10	Gulika 12:17PM – 2:11PM	Ashlesha* Until 11:21AM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM	
		Yama 8:30AM – 10:23AM	Ganda* Until 4:43PM	Muruga: White	<i>Sunset:</i> 7:53PM	Moon 3 - Phase 2
		243832369 Rahu 4:05PM – 5:59PM	Tailila Until 7:09PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:58AM	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		

2 Wednesday, April 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 24 Sutra 9 Vilamba 5120
Simha Rasi: 10.4	Tithi 10 – 11	Gulika 10:23AM – 12:17PM	Magha* Until 10:37AM	Ganesha: White	<i>Sunrise:</i> 4:39AM	
		Yama 6:34AM – 8:28AM	Vridhhi Until 2:22PM	Muruga: White	<i>Sunset:</i> 7:55PM	Moon 3 - Phase 2
		253832369 Rahu 12:17PM – 2:12PM	Visti Until 4:52AM Thu	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:19AM	Moon – Red		Bhuloka Day
Until 10:37AM				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

3 Thursday, April 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau				Oslo, Norway Sun 25 Sutra 10 Vilamba 5120
Simha Rasi: 24.25	Tithi 12	Gulika 8:27AM – 10:22AM	Purvaphalguni Until 9:56AM	Ganesha: White	<i>Sunrise:</i> 4:36AM	
		Yama 4:36AM – 6:31AM	Dhruva Until 12:09PM	Muruga: White	<i>Sunset:</i> 7:57PM	Moon 3 - Phase 2
		253832369 Rahu 2:12PM – 4:07PM	Bava Until 4:15PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:39AM Fri	Moon – Red		Bhuloka Day
				Vaisaka-Chaitra		

4 Friday, April 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Trayodashyam Titau				Oslo, Norway Sun 26 Sutra 11 Vilamba 5120
Kanya Rasi: 8.01	Tithi 13	Gulika 6:29AM – 8:25AM	Uttaraphalguni Until 9:21AM	Ganesha: White	<i>Sunrise:</i> 4:34AM	
		Yama 4:08PM – 6:04PM	Vyaghata* Until 10:09AM	Muruga: White	<i>Sunset:</i> 8:00PM	Moon 3 - Phase 2
		253832369 Rahu 10:21AM – 12:17PM	Kaulava Until 3:10PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:43AM Sat	Moon – Red		Bhuloka Day
Until 9:21AM			<i>Pradosha Vrata</i>	Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

5 Saturday, April 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway Sun 27 Sutra 12 Vilamba 5120
Kanya Rasi: 21.28	Tithi 14	Gulika 4:31AM – 6:27AM	Hasta Until 9:21AM	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	
		Yama 2:13PM – 4:09PM	Harshana Until 8:24AM	Muruga: White	<i>Sunset:</i> 8:02PM	Moon 3 - Phase 2
		263832369 Rahu 8:24AM – 10:20AM	Gara Until 2:23PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 2:07AM Sun	Moon – Green		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 6:AM to 9:AM

○ Sunday, April 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnimayam Titau				Oslo, Norway Sutra 13 Vilamba 5120
Copper Retreat Star		Gulika 4:11PM – 6:08PM	Chitra Until 9:34AM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	
Tula Rasi: 4.42	Tithi 15	Yama 12:16PM – 2:13PM	Vajra* Until 6:56AM	Muruga: White	<i>Sunset:</i> 8:05PM	Moon 3 - Phase 2
		263832369 Rahu 6:08PM – 8:05PM	Visti Until 2:00PM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:57AM Mon	Moon – Green		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 6:AM to 9:AM
		Budha Purnima (Tamil Nadu)				

Monday, April 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau				Oslo, Norway Sutra 14 Vilamba 5120
Silver Retreat Star		Gulika 2:14PM – 4:12PM	Svati Until 10:04AM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM	
Tula Rasi: 17.43	Tithi 16	Yama 10:19AM – 12:16PM	Vyatipata* Until 5:06AM Tue	Muruga: White	<i>Sunset:</i> 8:07PM	Moon 3 - Phase 2
Family Home Evening		263832369 Rahu 6:23AM – 8:21AM	Balava Until 2:04PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 2:17AM Tue	Moon – Green		Bhuloka Day
Until 10:04AM				Vaisaka-Chaitra		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda