



Friday, May 12, 2017
Gold Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Nairobi, Kenya

Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Sutra 25

Vrischika Rasi: 10.52 Tiithi 17

Gulika 7:59AM – 9:29AM
Yama 3:31PM – 5:02PM
Rahu 11:00AM – 12:30PM

Anuradha Until 5:40PM
Parigha* Until 3:13PM
Taitila Until 4:10PM

Ganesha: Blue *Sunrise:* 6:28AM
Muruga: Blue *Sunset:* 6:32PM

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Creative Work Siddha Yoga
Until 5:40PM

Dvitiya Until 5:20AM Sat

Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Then Routine Work - Marana Yoga

1

Saturday, May 13, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Nairobi, Kenya

Jyeshtha* Nakshatra Shiva/Siddha Yoga Vanija Karana Tritiyayam Titau

Sun 1 Sutra 26

Vrischika Rasi: 22.46 Tiithi 18

Gulika 6:28AM – 7:59AM
Yama 2:01PM – 3:31PM
Rahu 9:29AM – 11:00AM

Jyeshtha* Until 8:26PM
Shiva Until 4:09PM
Vanija Until 6:33PM

Ganesha: Blue *Sunrise:* 6:28AM
Muruga: Blue *Sunset:* 6:32PM

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Creative Work Siddha Yoga

Tritiya Until 7:44AM Sun

Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Then Routine Work - Marana Yoga

2

Sunday, May 14, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Nairobi, Kenya

Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 27

Dhanus Rasi: 4.38 Tiithi 18 – 19

Gulika 3:31PM – 5:02PM
Yama 12:30PM – 2:01PM
Rahu 5:02PM – 6:32PM

Mula* Until 11:33PM
Siddha Until 5:04PM
Bava Until 8:57PM

Ganesha: Yellow *Sunrise:* 6:28AM
Muruga: Blue *Sunset:* 6:32PM

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Creative Work Amrita Yoga
Until 11:33PM

Mother's Day

Tritiya Until 7:44AM

Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

3

Monday, May 15, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam

Nairobi, Kenya

Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 28

Dhanus Rasi: 16.31 Tiithi 19 – 20

Gulika 2:01PM – 3:31PM
Yama 11:00AM – 12:30PM
Rahu 7:59AM – 9:29AM

Purvashadha* Until 2:22AM Tue
Sadhya Until 5:55PM
Kaulava Until 11:14PM

Ganesha: Yellow *Sunrise:* 6:28AM
Muruga: Blue *Sunset:* 6:32PM

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Family Home Evening
Routine Work Marana Yoga

Chaturthi* Until 10:05AM

Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 2:22AM Tue

Then Routine Work - Prabalarishta Yoga

4

Tuesday, May 16, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam

Nairobi, Kenya

Uttarashadha Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 29

Dhanus Rasi: 28.28 Tiithi 20 – 21

Gulika 12:30PM – 2:01PM
Yama 9:29AM – 11:00AM
Rahu 3:31PM – 5:02PM

Uttarashadha Until 4:43AM Wed
Subha Until 6:36PM
Gara Until 1:13AM Wed

Ganesha: Red *Sunrise:* 6:28AM
Muruga: Blue *Sunset:* 6:32PM

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Routine Work Prabalarishta Yoga
Until 4:43AM Wed

Panchami Until 12:15PM

Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

5

Wednesday, May 17, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Nairobi, Kenya

Shravana Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 30

Maakara Rasi: 10.33 Tiithi 21 – 22

Gulika 11:00AM – 12:30PM
Yama 7:59AM – 9:29AM
Rahu 12:30PM – 2:01PM

Shravana Until 6:56AM Thu
Sukla Until 6:56PM
Visti Until 2:45AM Thu

Ganesha: Green *Sunrise:* 6:29AM
Muruga: Blue *Sunset:* 6:32PM

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Creative Work Siddha Yoga

Shashthi* Until 2:02PM

Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Bhuloka Day

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Thursday, May 18, 2017
Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Nairobi, Kenya

Shravana/Dhanishtha Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 31

Maakara Rasi: 22.5 Tiithi 22 – 23

Gulika 9:29AM – 11:00AM
Yama 6:29AM – 7:59AM
Rahu 2:01PM – 3:31PM

Shravana Until 6:56AM
Brahma Until 6:49PM
Balava Until 3:37AM Fri

Ganesha: Green *Sunrise:* 6:29AM
Muruga: Blue *Sunset:* 6:32PM

Hemalamba 5119
Moon 5 - Phase 4
Ashtami

Creative Work Siddha Yoga

Saptami Until 3:15PM

Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Bhuloka Day

Friday, May 19, 2017
Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam

Nairobi, Kenya

Dhanishtha/Shatabhishak Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 32

Kumbha Rasi: 5.25 Tiithi 23 – 24

Gulika 7:59AM – 9:30AM
Yama 3:31PM – 5:02PM
Rahu 11:00AM – 12:30PM

Dhanishtha Until 8:19AM
Indra Until 6:08PM
Taitila Until 3:42AM Sat

Ganesha: Green *Sunrise:* 6:29AM
Muruga: Blue *Sunset:* 6:32PM

Hemalamba 5119
Moon 5 - Phase 4
Navami

Creative Work Siddha Yoga

Ashtami* Until 3:45PM

Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Bhuloka Day

1

Saturday, May 20, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya

Kumbha Rasi: 18.23 Tihi 24 – 25

Gulika 6:29AM – 7:59AM
Yama 2:01PM – 3:31PM
Rahu 9:30AM – 11:00AMShatabhishak Until 8:46AM
Vaidhriti* Until 4:46PM
Vanija Until 2:55AM Sun
Navami* Until 3:24PMGanesha: Green Sunrise: 6:29AM
Muruga: Blue Sunset: 6:32PM
Nataraja: Purple
Moon – Purple
Vaisaka-VaikasiSun 8 Sutra 33
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 8:46AM

Then Routine Work - Marana Yoga

2

Sunday, May 21, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Nairobi, Kenya

Meena Rasi: 1.48 Tihi 25 – 26

Gulika 3:32PM – 5:02PM
Yama 12:31PM – 2:01PM
Rahu 5:02PM – 6:32PMPurvaproshtapada* Until 8:40AM
Vishkambha* Until 2:43PM
Bava Until 1:18AM Mon
Dashami Until 2:12PMGanesha: Purple Sunrise: 6:29AM
Muruga: Blue Sunset: 6:32PM
Nataraja: Purple
Moon – Clear
Vaisaka-VaikasiSun 9 Sutra 34
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 8:40AM

Then Creative Work - Amrita Yoga

3

Monday, May 22, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya

Meena Rasi: 15.43 Tihi 26 – 27

Gulika 2:01PM – 3:32PM
Yama 11:00AM – 12:31PM
Rahu 7:59AM – 9:30AMUttaraproshtapada Until 7:36AM
Priti Until 12:02PM
Kaulava Until 10:56PM
Ekadashi* Until 12:11PMGanesha: Purple Sunrise: 6:29AM
Muruga: Blue Sunset: 6:32PM
Nataraja: Purple
Moon – Clear
Vaisaka-VaikasiSun 10 Sutra 35
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, May 23, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya

Mesha Rasi: 0.06 Tihi 27 – 28

Gulika 12:31PM – 2:01PM
Yama 9:30AM – 11:00AM
Rahu 3:32PM – 5:02PMAshvini Until 3:27AM Wed
Ayushman Until 8:45AM
Gara Until 7:56PM
Dvadashi* Until 9:29AMGanesha: Light Blue Sunrise: 6:29AM
Muruga: Blue Sunset: 6:33PM
Nataraja: Purple
Moon – White
Vaisaka-VaikasiSun 11 Sutra 36
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Pradosha Vrata (Fasting)

5

Wednesday, May 24, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Sobhana Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya

Mesha Rasi: 14.55 Tihi 28 – 29

Gulika 11:00AM – 12:31PM
Yama 7:59AM – 9:30AM
Rahu 12:31PM – 2:01PMBharani Until 12:40AM Thu
Sobhana Until 12:58AM Thu
Sakuni Until 2:36AM Thu
Trayodashi* Until 6:14AMGanesha: Light Blue Sunrise: 6:29AM
Muruga: Blue Sunset: 6:33PM
Nataraja: Purple
Moon – White
Vaisaka-VaikasiSun 12 Sutra 37
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

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Thursday, May 25, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Nairobi, Kenya

Vrishabha Rasi: 0.02 Tihi 30

Gulika 9:30AM – 11:00AM
Yama 6:29AM – 8:00AM
Rahu 2:01PM – 3:32PMKrittika Until 9:32PM
Athiganda* Until 8:43PM
Catuspada Until 12:43PM
Amavasya* Until 10:46PMGanesha: Purple Sunrise: 6:29AM
Muruga: Blue Sunset: 6:33PM
Nataraja: Purple
Moon – White
Vaisaka-VaikasiSun 13 Sutra 38
Hemalamba 5119
Moon 5 - Phase 5
Amavasya

Bhuloka Day

Routine Work Marana Yoga

Friday, May 26, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau

Nairobi, Kenya

Vrishabha Rasi: 15.17 Tihi 1

Gulika 8:00AM – 9:30AM
Yama 3:32PM – 5:02PM
Rahu 11:01AM – 12:31PMRohini Until 6:37PM
Sukarma Until 4:25PM
Kintughna Until 8:50AM
Prathama* Until 6:53PMGanesha: Light Blue Sunrise: 6:29AM
Muruga: Blue Sunset: 6:33PM
Nataraja: Purple
Moon – Yellow
Jyeshtha-VaikasiSun 14 Sutra 39
Hemalamba 5119
Moon 5 - Phase 5
Prathama

Bhuloka Day

Routine Work Marana Yoga

Until 6:37PM

Then Creative Work - Siddha Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang

1		Saturday, May 27, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Nairobi, Kenya Sun 15 Sutra 40 Hemalamba 5119	
Mithuna Rasi: 0.32	Tithi 2 – 3	Gulika	6:29AM – 8:00AM	Mrigashira Until 3:42PM	Ganesh: Purple	<i>Sunrise:</i> 6:29AM			
		Yama	2:02PM – 3:32PM	Dhriti Until 12:14PM	Muruga: Blue	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	334481369 Rahu	9:30AM – 11:01AM	Taitila Until 1:23AM Sun	Nataraja: Purple		3rd Phase		
				Dvitiya Until 3:08PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi				

2		Sunday, May 28, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Nairobi, Kenya Sun 16 Sutra 41 Hemalamba 5119	
Mithuna Rasi: 15.35	Tithi 3 – 4	Gulika	3:32PM – 5:03PM	Ardra Until 12:58PM	Ganesh: Purple	<i>Sunrise:</i> 6:29AM			
		Yama	12:31PM – 2:02PM	Shula* Until 8:16AM	Muruga: Blue	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	334481369 Rahu	5:03PM – 6:33PM	Vanija Until 10:09PM	Nataraja: Purple		3rd Phase		
				Tritiya Until 11:42AM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi				

3		Monday, May 29, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Nairobi, Kenya Sun 17 Sutra 42 Hemalamba 5119	
Kataka Rasi: 0.19	Tithi 4 – 5	Gulika	2:02PM – 3:32PM	Punarvasu Until 10:59AM	Ganesh: Purple	<i>Sunrise:</i> 6:30AM			
Family Home Evening		Yama	11:01AM – 12:31PM	Vriddhi Until 1:35AM Tue	Muruga: Blue	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6		
Creative Work	Amrita Yoga	345481369 Rahu	8:00AM – 9:30AM	Bava Until 7:28PM	Nataraja: Purple		3rd Phase		
Until 10:59AM				Chaturthi* Until 8:43AM	Moon – Blue		Bhuloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi				

4		Tuesday, May 30, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Nairobi, Kenya Sun 18 Sutra 43 Hemalamba 5119	
Kataka Rasi: 14.37	Tithi 5 – 6	Gulika	12:31PM – 2:02PM	Pushya Until 9:29AM	Ganesh: Purple	<i>Sunrise:</i> 6:30AM			
		Yama	9:31AM – 11:01AM	Dhruva Until 11:02PM	Muruga: Blue	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	345481369 Rahu	3:32PM – 5:03PM	Taitila Until 4:42AM Wed	Nataraja: Purple		3rd Phase		
				Panchami Until 6:21AM	Moon – Blue		Bhuloka Day		
					Jyeshtha-Vaikasi				

5		Wednesday, May 31, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Nairobi, Kenya Sun 19 Sutra 44 Hemalamba 5119	
Kataka Rasi: 28.28	Tithi 7	Gulika	11:01AM – 12:32PM	Ashlesha* Until 8:34AM	Ganesh: Purple	<i>Sunrise:</i> 6:30AM			
		Yama	8:00AM – 9:31AM	Vyaghata* Until 9:07PM	Muruga: Blue	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	345481369 Rahu	12:32PM – 2:02PM	Gara Until 4:11PM	Nataraja: Purple		3rd Phase		
				Saptami Until 3:50AM Thu	Moon – Blue		Bhuloka Day		
					Jyeshtha-Vaikasi				

Retreat Star		Thursday, June 1, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Nairobi, Kenya Sun 20 Sutra 45 Hemalamba 5119	
Simha Rasi: 11.5	Tithi 8	Gulika	9:31AM – 11:01AM	Magha* Until 8:43AM	Ganesh: Clear	<i>Sunrise:</i> 6:30AM			
		Yama	6:30AM – 8:00AM	Harshana Until 7:51PM	Muruga: Blue	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 6		
Creative Work	Amrita Yoga	355481369 Rahu	2:02PM – 3:33PM	Visti Until 3:42PM	Nataraja: Purple		Ashtami		
Until 8:43AM				Ashtami* Until 3:44AM Fri	Moon – Red		Bhuloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi	Devaloka Time: 6:AM to 9:AM			

Retreat Star		Friday, June 2, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Nairobi, Kenya Sun 21 Sutra 46 Hemalamba 5119	
Simha Rasi: 24.49	Tithi 9	Gulika	8:01AM – 9:31AM	Purvaphalguni Until 9:29AM	Ganesh: Clear	<i>Sunrise:</i> 6:30AM			
		Yama	3:33PM – 5:03PM	Vajra* Until 7:09PM	Muruga: Blue	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	355481369 Rahu	11:01AM – 12:32PM	Balava Until 3:59PM	Nataraja: Purple		Navami		
				Navami* Until 4:22AM Sat	Moon – Red		Bhuloka Day		
					Jyeshtha-Vaikasi	Devaloka Time: 6:AM to 9:AM			

1 Saturday, June 3, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Kanya Rasi: 7.26 Tithi 10		Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Tailila/Gara Karana Dashamyam Titau				Sun 22 Sutra 47
355481369		Gulika 6:30AM – 8:01AM	Uttaraphalguni Until 10:46AM	Ganesh: Clear <i>Sunrise:</i> 6:30AM	Hemalamba 5119	
Routine Work Marana Yoga		Yama 2:03PM – 3:33PM	Siddhi Until 6:59PM	Muruga: Blue <i>Sunset:</i> 6:34PM	Moon 5 - Phase 7	
		Rahu 9:31AM – 11:02AM	Tailila Until 4:56PM	Nataraja: Purple	4th Phase	
			Dashami Until 5:35AM Sun	Moon – Red	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Sunday, June 4, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Kanya Rasi: 19.48 Tithi 11		Hasta/Chitra Nakshatra Vyatipata* Yoga Vanija Karana Ekadashyam Titau				Sun 23 Sutra 48
365481369		Gulika 3:33PM – 5:04PM	Hasta Until 12:55PM	Ganesh: White <i>Sunrise:</i> 6:31AM	Hemalamba 5119	
Creative Work Amrita Yoga		Yama 12:32PM – 2:03PM	Vyatipata* Until 7:13PM	Muruga: Blue <i>Sunset:</i> 6:34PM	Moon 5 - Phase 7	
Until 12:55PM		Rahu 5:04PM – 6:34PM	Vanija Until 6:24PM	Nataraja: Purple	4th Phase	
Then Creative Work - Siddha Yoga			Ekadashi Until 7:16AM Mon	Moon – Green	Bhuloka Day	
				Jyeshtha-Vaikasi		

3 Monday, June 5, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Tula Rasi: 1.58 Tithi 11 – 12		Chitra/Svati Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 49
365481361		Gulika 2:03PM – 3:33PM	Chitra Until 3:18PM	Ganesh: White <i>Sunrise:</i> 6:31AM	Hemalamba 5119	
Family Home Evening		Yama 11:02AM – 12:32PM	Variyan Until 7:43PM	Muruga: Blue <i>Sunset:</i> 6:34PM	Moon 5 - Phase 7	
Routine Work Prabalarishta Yoga		Rahu 8:01AM – 9:32AM	Bava Until 8:15PM	Nataraja: White	4th Phase	
Until 3:18PM			Ekadashi Until 7:16AM	Moon – Green	Bhuloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi		

4 Tuesday, June 6, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Tula Rasi: 14.01 Tithi 12 – 13		Svati/Vishakha Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 50
365481361		Gulika 12:33PM – 2:03PM	Svati Until 5:48PM	Ganesh: White <i>Sunrise:</i> 6:31AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 9:32AM – 11:02AM	Parigha* Until 8:26PM	Muruga: Blue <i>Sunset:</i> 6:34PM	Moon 5 - Phase 7	
Until 5:48PM		Rahu 3:33PM – 5:04PM	Kaulava Until 10:22PM	Nataraja: White	4th Phase	
Then Routine Work - Marana Yoga			Dvadashi Until 9:16AM	Moon – Green	Bhuloka Day	
			<i>Pradosha Vrata</i>	Jyeshtha-Vaikasi		

5 Wednesday, June 7, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Tula Rasi: 25.59 Tithi 13 – 14		Vishakha Nakshatra Shiva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 51
376481361		Gulika 11:02AM – 12:33PM	Vishakha Until 8:47PM	Ganesh: White <i>Sunrise:</i> 6:31AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 8:02AM – 9:32AM	Shiva Until 9:17PM	Muruga: Blue <i>Sunset:</i> 6:34PM	Moon 5 - Phase 7	
		Rahu 12:33PM – 2:03PM	Gara Until 12:38AM Thu	Nataraja: White	4th Phase	
		Vaikasi Visakam	Trayodashi Until 11:28AM	Moon – Orange	Devaloka Day	
				Jyeshtha-Vaikasi		

Thursday, June 8, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Copper Retreat Star		Anuradha Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 52
Vrischika Rasi: 7.53 Tithi 14 – 15		Anuradha Until 11:42PM				Hemalamba 5119
376481361		Gulika 9:32AM – 11:03AM	Siddha Until 10:11PM	Ganesh: White <i>Sunrise:</i> 6:31AM	Moon 5 - Phase 7	
Creative Work Siddha Yoga		Yama 6:31AM – 8:02AM	Visti Until 2:59AM Fri	Muruga: Blue <i>Sunset:</i> 6:35PM	Purnima	
Until 11:42PM		Rahu 2:03PM – 3:34PM	Chaturdashi* Until 1:47PM	Nataraja: White		
Then Routine Work - Prabalarishta Yoga				Moon – Orange	Devaloka Day	
				Jyeshtha-Vaikasi		

Friday, June 9, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Silver Retreat Star		Jyeshtha* Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 28 Sutra 53
Vrischika Rasi: 19.46 Tithi 15 – 16		Jyeshtha* Until 2:28AM Sat				Hemalamba 5119
376481361		Gulika 8:02AM – 9:32AM	Sadhya Until 11:06PM	Ganesh: White <i>Sunrise:</i> 6:31AM	Moon 5 - Phase 7	
Routine Work Marana Yoga		Yama 3:34PM – 5:04PM	Balava Until 5:20AM Sat	Muruga: Blue <i>Sunset:</i> 6:35PM	Prathama	
Until 2:28AM Sat		Rahu 11:03AM – 12:33PM	Purnima* Until 4:08PM	Nataraja: White		
Then Creative Work - Siddha Yoga				Moon – Orange	Devaloka Day	
				Jyeshtha-Vaikasi		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Saturday, June 10, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Subha Yoga Kaulava Karana Prathamayam Titau

Nairobi, Kenya

Dhanus Rasi: 1.4

Tithi 16

Gulika 6:32AM – 8:02AM
Yama 2:04PM – 3:34PM
Rahu 9:33AM – 11:03AM

Mula* Until 5:31AM Sun
Subha Until 12:01AM Sun
Kaulava Until 6:29PM
Prathama* Until 6:29PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruga: Blue *Sunset:* 6:35PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Sunday, June 11, 2017

1

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Tailita/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Dhanus Rasi: 13.34

Tithi 17

Gulika 3:34PM – 5:05PM
Yama 12:34PM – 2:04PM
Rahu 5:05PM – 6:35PM

Purvashadha* Until 8:17AM Mon
Sukla Until 12:49AM Mon
Tailita Until 7:38AM
Dvitiya Until 8:44PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruga: Blue *Sunset:* 6:35PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Sun 1 Sutra 55
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 8:17AM Mon

Then Routine Work - Marana Yoga

Monday, June 12, 2017

2

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Dhanus Rasi: 25.31

Tithi 18

Gulika 2:04PM – 3:35PM
Yama 11:03AM – 12:34PM
Rahu 8:03AM – 9:33AM

Purvashadha* Until 8:17AM
Brahma Until 1:30AM Tue
Vanija Until 9:49AM
Tritiya Until 10:48PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruga: Blue *Sunset:* 6:35PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Sun 2 Sutra 56
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

Tuesday, June 13, 2017

3

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya

Makara Rasi: 7.33

Tithi 19

Gulika 12:34PM – 2:04PM
Yama 9:33AM – 11:04AM
Rahu 3:35PM – 5:05PM

Uttarashadha Until 10:40AM
Indra Until 1:57AM Wed
Bava Until 11:45AM
Chaturthi* Until 12:34AM Wed

Ganesha: Yellow *Sunrise:* 6:32AM
Muruga: Blue *Sunset:* 6:36PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Sun 3 Sutra 57
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga

Until 10:40AM

Then Creative Work - Siddha Yoga

Wednesday, June 14, 2017

4

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Nairobi, Kenya

Makara Rasi: 19.43

Tithi 20

Gulika 11:04AM – 12:34PM
Yama 8:03AM – 9:33AM
Rahu 12:34PM – 2:05PM

Shravana Until 1:03PM
Vaidhriti* Until 2:02AM Thu
Kaulava Until 1:20PM
Panchami Until 1:55AM Thu

Ganesha: Blue *Sunrise:* 6:33AM
Muruga: Blue *Sunset:* 6:36PM
Nataraja: White
Moon – Purple
Jyeshtha-Vaikasi

Sun 4 Sutra 58
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 1:03PM

Then Routine Work - Prabalarishta Yoga

Thursday, June 15, 2017

5

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkamba* Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Kumbha Rasi: 2.05

Tithi 21

Gulika 9:34AM – 11:04AM
Yama 6:33AM – 8:03AM
Rahu 2:05PM – 3:35PM

Dhanishtha Until 2:46PM
Vishkamba* Until 1:41AM Fri
Gara Until 2:25PM
Shashthi* Until 2:43AM Fri

Ganesha: Yellow *Sunrise:* 6:33AM
Muruga: Blue *Sunset:* 6:36PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 5 Sutra 59
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Friday, June 16, 2017

6

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Kumbha Rasi: 14.41

Tithi 22

Gulika 8:03AM – 9:34AM
Yama 3:35PM – 5:06PM
Rahu 11:04AM – 12:35PM

Shatabhishak Until 3:44PM
Priti Until 12:50AM Sat
Visti Until 2:52PM
Saptami Until 2:49AM Sat

Ganesha: Yellow *Sunrise:* 6:33AM
Muruga: Blue *Sunset:* 6:36PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 6 Sutra 60
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, June 17, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Kumbha Rasi: 27.38

Tithi 23

Gulika 6:33AM – 8:04AM
Yama 2:05PM – 3:36PM
Rahu 9:34AM – 11:04AM

Purvaproshtapada* Until 4:18PM
Ayushman Until 11:22PM
Balava Until 2:37PM
Ashtami* Until 2:11AM Sun

Ganesha: Clear *Sunrise:* 6:33AM
Muruga: Blue *Sunset:* 6:36PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 7 Sutra 61
Hemalamba 5119
Moon 6 - Phase 8
Ashtami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 4:18PM

Then Creative Work - Siddha Yoga

Sunday, June 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыане Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Saubhagya Yoga Tailita/Gara Karana Navamyam Titau

Nairobi, Kenya

Meena Rasi: 10.59

Tithi 24

Gulika 3:36PM – 5:06PM
Yama 12:35PM – 2:05PM
Rahu 5:06PM – 6:37PM

Uttaraproshtapada Until 3:58PM
Saubhagya Until 9:17PM
Tailita Until 1:35PM
Navami* Until 12:47AM Mon

Ganesha: Clear *Sunrise:* 6:33AM
Muruga: Blue *Sunset:* 6:37PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 8 Sutra 62
Hemalamba 5119
Moon 6 - Phase 8
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Father's Day

1		Monday, June 19, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau		Nairobi, Kenya Sun 9 Sutra 63 Hemalamba 5119	
Meena Rasi: 24.46	Tithi 25	Gulika	2:06PM – 3:36PM	Revati Until 2:44PM	Ganesh: Clear	<i>Sunrise:</i> 6:34AM	
Family Home Evening	317481361	Yama	11:05AM – 12:35PM	Sobhana Until 6:38PM	Muruga: Blue	<i>Sunset:</i> 6:37PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	8:04AM – 9:34AM	Vanija Until 11:49AM	Nataraja: White		2nd Phase
				Dashami Until 10:40PM	Moon – Clear		
					Jyeshtha•Ani		Bhuloka Day Devaloka Time: 6:AM to 9:AM

2		Tuesday, June 20, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Nairobi, Kenya Sun 10 Sutra 64 Hemalamba 5119	
Mesha Rasi: 9	Tithi 26	Gulika	12:35PM – 2:06PM	Ashvini Until 1:09PM	Ganesh: White	<i>Sunrise:</i> 6:34AM	
	327481361	Yama	9:35AM – 11:05AM	Athiganda* Until 3:26PM	Muruga: Blue	<i>Sunset:</i> 6:37PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	3:36PM – 5:07PM	Bava Until 9:23AM	Nataraja: White		2nd Phase
				Ekadashi* Until 7:55PM	Moon – White		
					Jyeshtha•Ani		Bhuloka Day

3		Wednesday, June 21, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 11 Sutra 65 Hemalamba 5119	
Mesha Rasi: 23.38	Tithi 27 – 28	Gulika	11:05AM – 12:36PM	Bharani Until 10:52AM	Ganesh: White	<i>Sunrise:</i> 6:34AM	
	328581361	Yama	8:04AM – 9:35AM	Sukarma Until 11:48AM	Muruga: Blue	<i>Sunset:</i> 6:37PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	12:36PM – 2:06PM	Kaulava Until 6:22AM	Nataraja: White		2nd Phase
Until 10:52AM				Dvadashi* Until 4:41PM	Moon – White		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>	Jyeshtha•Ani		Bhuloka Day

4		Thursday, June 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 12 Sutra 66 Hemalamba 5119	
Vrishabha Rasi: 8.37	Tithi 28 – 29	Gulika	9:35AM – 11:05AM	Krittika Until 8:04AM	Ganesh: White	<i>Sunrise:</i> 6:34AM	
	328581361	Yama	6:34AM – 8:05AM	Dhriti Until 7:51AM	Muruga: Blue	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	Rahu	2:06PM – 3:37PM	Visti Until 11:15PM	Nataraja: White		2nd Phase
				Trayodashi* Until 1:07PM	Moon – White		
					Jyeshtha•Ani		Bhuloka Day

		Friday, June 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Nairobi, Kenya Sun 13 Sutra 67 Hemalamba 5119	
Retreat Star		Gulika	8:05AM – 9:35AM	Mrigashira Until 2:20AM Sat	Ganesh: Green	<i>Sunrise:</i> 6:34AM	
Vrishabha Rasi: 23.46	Tithi 29 – 30	Yama	3:37PM – 5:07PM	Ganda* Until 11:30PM	Muruga: Blue	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 9
	338581361	Rahu	11:06AM – 12:36PM	Catuspada Until 7:28PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 9:21AM	Moon – Yellow		
					Jyeshtha•Ani		Bhuloka Day

Saturday, June 24, 2017		Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Nairobi, Kenya Sun 14 Sutra 68 Hemalamba 5119	
Mithuna Rasi: 8.58	Tithi 1	Gulika	6:35AM – 8:05AM	Ardra Until 11:22PM	Ganesh: Green	<i>Sunrise:</i> 6:35AM	
	338581361	Yama	2:07PM – 3:37PM	Vriddhi Until 7:23PM	Muruga: Blue	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	9:36AM – 11:06AM	Kintughna Until 3:44PM	Nataraja: White		Prathama
				Prathama* Until 1:56AM Sun	Moon – Yellow		
					Ashada•Ani		Bhuloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Sunday, June 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Mithuna Rasi: 24.03 Tithi 2		Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 69
Creative Work Siddha Yoga	348582361	Gulika 3:37PM – 5:08PM	Punarvasu Until 8:58PM	Ganesha: White <i>Sunrise:</i> 6:35AM	Hemalamba 5119	
		Yama 12:37PM – 2:07PM	Dhruva Until 3:29PM	Muruga: Yellow <i>Sunset:</i> 6:38PM	Moon 6 - Phase 10	
		Rahu 5:08PM – 6:38PM	Balava Until 12:14PM	Nataraja: White	3rd Phase	
			Dvitiya Until 10:37PM	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

2 Monday, June 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Kataka Rasi: 8.51 Tithi 3		Pushya Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 70
Family Home Evening Creative Work Siddha Yoga	348582361	Gulika 2:07PM – 3:38PM	Pushya Until 6:55PM	Ganesha: White <i>Sunrise:</i> 6:35AM	Hemalamba 5119	
		Yama 11:06AM – 12:37PM	Vyaghata* Until 11:57AM	Muruga: Yellow <i>Sunset:</i> 6:38PM	Moon 6 - Phase 10	
		Rahu 8:06AM – 9:36AM	Tailila Until 9:08AM	Nataraja: White	3rd Phase	
			Tritiya Until 7:46PM	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

3 Tuesday, June 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Kataka Rasi: 23.16 Tithi 4 – 5		Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 71
Creative Work Siddha Yoga	348582361	Gulika 12:37PM – 2:07PM	Ashlesha* Until 5:20PM	Ganesha: White <i>Sunrise:</i> 6:35AM	Hemalamba 5119	
		Yama 9:36AM – 11:07AM	Harshana Until 8:54AM	Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 6 - Phase 10	
		Rahu 3:38PM – 5:08PM	Vanija Until 6:36AM	Nataraja: White	3rd Phase	
			Chaturthi* Until 5:33PM	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

4 Wednesday, June 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Simha Rasi: 7.13 Tithi 5 – 6		Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 18 Sutra 72
Creative Work Siddha Yoga Until 4:46PM Then Creative Work - Amrita Yoga	359582361	Gulika 11:07AM – 12:37PM	Magha* Until 4:46PM	Ganesha: White <i>Sunrise:</i> 6:36AM	Hemalamba 5119	
		Yama 8:06AM – 9:36AM	Vajra* Until 6:24AM	Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 6 - Phase 10	
		Rahu 12:37PM – 2:08PM	Kaulava Until 3:39AM Thu	Nataraja: White	3rd Phase	
			Panchami Until 4:05PM	Moon – Red	Sivaloka Day	
				Ashada*Ani		

5 Thursday, June 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Simha Rasi: 20.41 Tithi 6 – 7		Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 73
Creative Work Siddha Yoga	359582361	Gulika 9:37AM – 11:07AM	Purvaphalguni Until 4:52PM	Ganesha: White <i>Sunrise:</i> 6:36AM	Hemalamba 5119	
		Yama 6:36AM – 8:06AM	Vyatipata* Until 3:22AM Fri	Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 6 - Phase 10	
		Rahu 2:08PM – 3:38PM	Gara Until 3:24AM Fri	Nataraja: White	3rd Phase	
			Shashthi* Until 3:24PM	Moon – Red	Sivaloka Day	
				Ashada*Ani		

6 Friday, June 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Kanya Rasi: 3.44 Tithi 7 – 8		Uttaraphalguni/Hasta Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 74
Creative Work Siddha Yoga Until 5:36PM Then Creative Work - Amrita Yoga	359582361	Gulika 8:06AM – 9:37AM	Uttaraphalguni Until 5:36PM	Ganesha: White <i>Sunrise:</i> 6:36AM	Hemalamba 5119	
		Yama 3:38PM – 5:09PM	Variyan Until 2:46AM Sat	Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 6 - Phase 10	
		Rahu 11:07AM – 12:38PM	Visti Until 3:55AM Sat	Nataraja: White	3rd Phase	
			Saptami Until 3:32PM	Moon – Red	Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani		

Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Kanya Rasi: 16.24 Tithi 8 – 9		Hasta Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 75
Routine Work Marana Yoga	369582361	Gulika 6:36AM – 8:07AM	Hasta Until 7:22PM	Ganesha: Clear <i>Sunrise:</i> 6:36AM	Hemalamba 5119	
		Yama 2:08PM – 3:39PM	Parigha* Until 2:44AM Sun	Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 6 - Phase 10	
		Rahu 9:37AM – 11:07AM	Balava Until 5:07AM Sun	Nataraja: White	Ashtami	
			Ashtami* Until 4:25PM	Moon – Green	Devaloka Day	
				Ashada*Ani		

Retreat Star		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Kanya Rasi: 28.46 Tithi 9 – 10		Chitra Nakshatra Shiva Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Sun 22 Sutra 76
Creative Work Siddha Yoga	369582361	Gulika 3:39PM – 5:09PM	Chitra Until 9:32PM	Ganesha: Clear <i>Sunrise:</i> 6:36AM	Hemalamba 5119	
		Yama 12:38PM – 2:08PM	Shiva Until 3:08AM Mon	Muruga: Yellow <i>Sunset:</i> 6:40PM	Moon 6 - Phase 10	
		Rahu 5:09PM – 6:40PM	Tailila Until 6:50AM Mon	Nataraja: White	Navami	
			Navami* Until 5:54PM	Moon – Green	Devaloka Day	
				Ashada*Ani		

Monday, July 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
1		Svati Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 77
Tula Rasi: 10.55	Tithi 10	Gulika 2:09PM – 3:39PM	Svati Until 11:57PM	Ganesh: Clear	<i>Sunrise:</i> 6:36AM	Hemalamba 5119
Family Home Evening	369582361	Yama 11:08AM – 12:38PM	Siddha Until 3:48AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
Creative Work Amrita Yoga		Rahu 8:07AM – 9:37AM	Taitila Until 6:50AM	Nataraja: White		4th Phase
Until 11:57PM			Dashami Until 7:50PM	Moon – Green		Devaloka Day
Then Routine Work - Marana Yoga				Ashada•Ani		

Tuesday, July 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
2		Vishakha Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 78
Tula Rasi: 22.55	Tithi 11	Gulika 12:38PM – 2:09PM	Vishakha Until 2:57AM Wed	Ganesh: Purple	<i>Sunrise:</i> 6:37AM	Hemalamba 5119
	379582361	Yama 9:38AM – 11:08AM	Sadhya Until 4:39AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
Routine Work Marana Yoga		Rahu 3:39PM – 5:10PM	Vanija Until 8:56AM	Nataraja: White		4th Phase
Until 2:57AM Wed			Ekadashi Until 10:02PM	Moon – Orange		Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada•Ani		

Wednesday, July 5, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
3		Anuradha Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 79
Vrischika Rasi: 4.5	Tithi 12	Gulika 11:08AM – 12:39PM	Anuradha Until 5:53AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:37AM	Hemalamba 5119
	371582361	Yama 8:07AM – 9:38AM	Subha Until 5:36AM Thu	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
Creative Work Siddha Yoga		Rahu 12:39PM – 2:09PM	Bava Until 11:13AM	Nataraja: White		4th Phase
Until 5:53AM Thu			Dvadashi Until 12:22AM Thu	Moon – Orange		Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Ashada•Ani		

Thursday, July 6, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
4		Jyeshtha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 80
Vrischika Rasi: 16.43	Tithi 13	Gulika 9:38AM – 11:08AM	Jyeshtha* Until 8:38AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:37AM	Hemalamba 5119
	471582361	Yama 6:37AM – 8:07AM	Sukla Until 6:30AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
Routine Work Prabalarishta Yoga		Rahu 2:09PM – 3:40PM	Kaulava Until 1:35PM	Nataraja: White		4th Phase
Until 8:38AM Fri			Trayodashi Until 2:44AM Fri	Moon – Orange		Devaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>	Ashada•Ani		

Friday, July 7, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
5		Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 81
Vrischika Rasi: 28.36	Tithi 14	Gulika 8:08AM – 9:38AM	Jyeshtha* Until 8:38AM	Ganesh: Clear	<i>Sunrise:</i> 6:37AM	Hemalamba 5119
	471582361	Yama 3:40PM – 5:10PM	Sukla Until 6:30AM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 11
Routine Work Marana Yoga		Rahu 11:08AM – 12:39PM	Gara Until 3:54PM	Nataraja: White		4th Phase
Until 8:38AM			Chaturdashi* Until 5:00AM Sat	Moon – Orange		Devaloka Day
Then Creative Work - Amrita Yoga				Ashada•Ani		

Saturday, July 8, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
O		Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti* Karana Purnimayam Titau				Sutra 82
Dhanus Rasi: 10.31	Tithi 15	Gulika 6:37AM – 8:08AM	Mula* Until 11:37AM	Ganesh: Purple	<i>Sunrise:</i> 6:37AM	Hemalamba 5119
	481582361	Yama 2:09PM – 3:40PM	Brahma Until 7:21AM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 11
Creative Work Siddha Yoga		Rahu 9:38AM – 11:09AM	Visti Until 6:06PM	Nataraja: White		Purnima
			Purnima* Until 7:06AM Sun	Moon – Light Blue		Sivaloka Day
		Satguru Purnima		Ashada•Ani		

Sunday, July 9, 2017		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
O		Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 83
Dhanus Rasi: 22.31	Tithi 15 – 16	Gulika 3:40PM – 5:10PM	Purvashadha* Until 2:15PM	Ganesh: Purple	<i>Sunrise:</i> 6:37AM	Hemalamba 5119
	481582361	Yama 12:39PM – 2:10PM	Indra Until 8:05AM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 11
Creative Work Siddha Yoga		Rahu 5:10PM – 6:41PM	Balava Until 8:05PM	Nataraja: White		Prathama
Until 2:15PM			Purnima* Until 7:06AM	Moon – Light Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashada•Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Monday, July 10, 2017
Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
 Uttarashadha/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
 Sutra 84

Makara Rasi: 4.35 Tihi 16 – 17
Family Home Evening

481582361

Gulika 2:10PM – 3:40PM
 Yama 11:09AM – 12:39PM
Rahu 8:08AM – 9:38AM

Uttarashadha **Until 4:28PM**
 Vaidhriti* **Until 8:36AM**
 Taitila **Until 9:47PM**
Prathama* Until 8:57AM

Ganesha: Purple
Muruga: Yellow
Nataraja: White
 Moon – Light Blue
Ashada*Ani

Sunrise: 6:38AM
Sunset: 6:41PM

Hemalamba 5119
 Moon 7 - Phase 12
 1st Phase

Sivaloka Day

Routine Work Marana Yoga
 Until 4:28PM
 Then Creative Work - Amrita Yoga

1

Tuesday, July 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
 Shravana Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Taitiya/Tritiyayam Titau

Nairobi, Kenya
 Sun 1 Sutra 85

Makara Rasi: 16.49 Tihi 17 – 18
Family Home Evening

491582361

Gulika 12:39PM – 2:10PM
 Yama 9:39AM – 11:09AM
Rahu 3:40PM – 5:11PM

Shravana **Until 6:41PM**
 Vishkambha* **Until 8:52AM**
 Vanija **Until 11:07PM**
Dvitiya Until 10:29AM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
 Moon – Purple
Ashada*Ani

Sunrise: 6:38AM
Sunset: 6:41PM

Hemalamba 5119
 Moon 7 - Phase 12
 1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Wednesday, July 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
 Dhanishtha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthym Titau

Nairobi, Kenya
 Sun 2 Sutra 86

Makara Rasi: 29.11 Tihi 18 – 19
Family Home Evening

491582361

Gulika 11:09AM – 12:40PM
 Yama 8:08AM – 9:39AM
Rahu 12:40PM – 2:10PM

Dhanishtha **Until 8:20PM**
 Priti **Until 8:52AM**
 Bava **Until 12:02AM Thu**
Tritiya Until 11:37AM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
 Moon – Purple
Ashada*Ani

Sunrise: 6:38AM
Sunset: 6:41PM

Hemalamba 5119
 Moon 7 - Phase 12
 1st Phase

Devaloka Day

Routine Work Prabalarishta Yoga
 Until 8:20PM
 Then Creative Work - Siddha Yoga

3

Thursday, July 13, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
 Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
 Sun 3 Sutra 87

Kumbha Rasi: 11.44 Tihi 19 – 20
Family Home Evening

491582361

Gulika 9:39AM – 11:09AM
 Yama 6:38AM – 8:08AM
Rahu 2:10PM – 3:41PM

Shatabhishak **Until 9:22PM**
 Ayushman **Until 8:29AM**
 Kaulava **Until 12:29AM Fri**
Chaturthi* Until 12:18PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
 Moon – Purple
Ashada*Ani

Sunrise: 6:38AM
Sunset: 6:41PM

Hemalamba 5119
 Moon 7 - Phase 12
 1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Friday, July 14, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
 Purvaprossthapada* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
 Sun 4 Sutra 88

Kumbha Rasi: 24.32 Tihi 20 – 21
Family Home Evening

411582361

Gulika 8:09AM – 9:39AM
 Yama 3:41PM – 5:11PM
Rahu 11:09AM – 12:40PM

Purvaprossthapada* Until 10:11PM
 Saubhagya **Until 7:43AM**
 Gara **Until 12:23AM Sat**
Panchami Until 12:29PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
 Moon – Clear
Ashada*Ani

Sunrise: 6:38AM
Sunset: 6:42PM

Hemalamba 5119
 Moon 7 - Phase 12
 1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Saturday, July 15, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
 Uttaraprossthapada Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
 Sun 5 Sutra 89

Meena Rasi: 7.37 Tihi 21 – 22
Family Home Evening

411582361

Gulika 6:38AM – 8:09AM
 Yama 2:10PM – 3:41PM
Rahu 9:39AM – 11:09AM

Uttaraprossthapada **Until 10:18PM**
 Sobhana **Until 6:31AM**
 Visti **Until 11:43PM**
Shashthi* Until 12:06PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
 Moon – Clear
Ashada*Ani

Sunrise: 6:38AM
Sunset: 6:42PM

Hemalamba 5119
 Moon 7 - Phase 12
 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 10:18PM
 Then Routine Work - Prabalarishta Yoga

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Sunday, July 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
 Sun 6 Sutra 90

Meena Rasi: 20.59 Tihi 22 – 23
Family Home Evening

412682361

Gulika 3:41PM – 5:11PM
 Yama 12:40PM – 2:10PM
Rahu 5:11PM – 6:42PM

Revati **Until 9:40PM**
 Sukarma **Until 2:42AM Mon**
 Balava **Until 10:27PM**
Saptami Until 11:08AM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
 Moon – Clear
Ashada*Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Hemalamba 5119
 Moon 7 - Phase 12
 Ashtami

Devaloka Day

Creative Work Amrita Yoga

Until 9:40PM
 Then Creative Work - Siddha Yoga

Monday, July 17, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
 Ashvini Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
 Sun 7 Sutra 91

Mesha Rasi: 4.42 Tihi 23 – 24
Family Home Evening

422682362

Gulika 2:11PM – 3:41PM
 Yama 11:10AM – 12:40PM
Rahu 8:09AM – 9:39AM

Ashvini **Until 8:47PM**
 Dhriti **Until 12:07AM Tue**
 Taitila **Until 8:38PM**
Ashtami* Until 9:36AM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
 Moon – White
Ashada*Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Hemalamba 5119
 Moon 7 - Phase 12
 Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

1		Tuesday, July 18, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
Mesha Rasi: 18.46		Tithi 24 - 25		Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 8		Sutra 92	
Creative Work		Siddha Yoga		Gulika 12:40PM - 2:11PM	Bharani Until 7:13PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Hemalamba 5119	
				Yama 9:39AM - 11:10AM	Shula* Until 9:05PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13	
		422682362		Rahu 3:41PM - 5:12PM	Vanija Until 6:17PM	Nataraja: Clear		2nd Phase	
					Navami* Until 7:30AM	Moon - White		Subha Sivaloka Day	
						Ashada*Adi			

2		Wednesday, July 19, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Vrishabha Rasi: 3.1		Tithi 26		Krittika/Rohini Nakshatra Ganda*Vridhhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 93	
Creative Work		Amrita Yoga		Gulika 11:10AM - 12:40PM	Krittika Until 5:05PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Hemalamba 5119	
Until 5:05PM				Yama 8:09AM - 9:39AM	Ganda* Until 5:43PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13	
Then Creative Work - Siddha Yoga		422682362		Rahu 12:40PM - 2:11PM	Bava Until 3:30PM	Nataraja: Clear		2nd Phase	
					Ekadashi* Until 1:58AM Thu	Moon - White		Subha Sivaloka Day	
						Ashada*Adi			

3		Thursday, July 20, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Vrishabha Rasi: 17.5		Tithi 27		Rohini/Mrigashira Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 10		Sutra 94	
Routine Work		Marana Yoga		Gulika 9:39AM - 11:10AM	Rohini Until 2:54PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Hemalamba 5119	
		4232682362		Yama 6:39AM - 8:09AM	Vridhhi Until 2:06PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13	
				Rahu 2:11PM - 3:41PM	Kaulava Until 12:23PM	Nataraja: Clear		2nd Phase	
					Dvadashi* Until 10:44PM	Moon - Yellow		Sivaloka Day	
						Ashada*Adi			

4		Friday, July 21, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
Mithuna Rasi: 2.41		Tithi 28		Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 95	
Creative Work		Siddha Yoga		Gulika 8:09AM - 9:39AM	Mrigashira Until 12:23PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Hemalamba 5119	
		4232682362		Yama 3:41PM - 5:12PM	Dhruva Until 10:17AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13	
				Rahu 11:10AM - 12:40PM	Gara Until 9:04AM	Nataraja: Clear		2nd Phase	
					Trayodashi* Until 7:21PM	Moon - Yellow		Sivaloka Day	
					<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi			

5		Saturday, July 22, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
Mithuna Rasi: 17.37		Tithi 29 - 30		Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 96	
Creative Work		Siddha Yoga		Gulika 6:39AM - 8:09AM	Ardra Until 9:41AM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Hemalamba 5119	
		4232682362		Yama 2:11PM - 3:41PM	Vyaghata* Until 6:26AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13	
				Rahu 9:40AM - 11:10AM	Catuspada Until 2:22AM Sun	Nataraja: Clear		2nd Phase	
					Chaturdashi* Until 3:59PM	Moon - Yellow		Sivaloka Day	
						Ashada*Adi			

●		Sunday, July 23, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
Retreat Star		Tithi 30 - 1		Punarvasu/Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 97	
Kataka Rasi: 2.28		Tithi 30 - 1		Gulika 3:41PM - 5:12PM	Punarvasu Until 7:23AM	Ganesha: Red	<i>Sunrise:</i> 6:39AM	Hemalamba 5119	
Creative Work		Siddha Yoga		Yama 12:40PM - 2:11PM	Vajra* Until 11:05PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13	
		4232682362		Rahu 5:12PM - 6:42PM	Kintughna Until 11:18PM	Nataraja: Clear		Amavasya	
					Amavasya* Until 12:47PM	Moon - Blue		Sivaloka Day	
						Ashada*Adi			

Monday, July 24, 2017		Retreat Star				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
Kataka Rasi: 17.08		Tithi 1 - 2		Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Sutra 98	
Family Home Evening		Creative Work		Gulika 2:11PM - 3:41PM	Ashlesha* Until 3:20AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:39AM	Hemalamba 5119	
Siddha Yoga		4232682362		Yama 11:10AM - 12:41PM	Siddhi Until 7:49PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13	
				Rahu 8:09AM - 9:40AM	Balava Until 8:38PM	Nataraja: Clear		Prathama	
					Prathama* Until 9:53AM	Moon - Blue		Sivaloka Day	
						Sravana*Adi			

1

Tuesday, July 25, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vyatipata*Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Simha Rasi: 1.29 Tithi 2 - 3

Gulika 12:41PM - 2:11PM
Yama 9:40AM - 11:10AM
Rahu 3:41PM - 5:12PMMagha* Until 2:20AM Wed
Vyatipata* Until 5:01PM
Taitila Until 6:29PM
Dvitiya Until 7:28AMGanesha: Yellow Sunrise: 6:39AM
Muruga: Yellow Sunset: 6:42PM
Nataraja: Clear
Moon - Red
Srivana-AdiSun 15 Sutra 99
Hemalamba 5119
Moon 7 - Phase 14
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 2:20AM Wed
Then Creative Work - Amrita Yoga

2

Wednesday, July 26, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Variyan/Parigha* Yoga Vanija/Visli* Karana Chaturthiyam Titau

Nairobi, Kenya

Simha Rasi: 15.26 Tithi 4

Gulika 11:10AM - 12:41PM
Yama 8:09AM - 9:40AM
Rahu 12:41PM - 2:11PMPurvaphalguni Until 1:52AM Thu
Variyan Until 2:43PM
Vanija Until 5:00PM
Chaturthi* Until 4:31AM ThuGanesha: Yellow Sunrise: 6:39AM
Muruga: Yellow Sunset: 6:42PM
Nataraja: Clear
Moon - Red
Srivana-AdiSun 16 Sutra 100
Hemalamba 5119
Moon 7 - Phase 14
3rd Phase

Sivaloka Day

Creative Work Amrita Yoga

3

Thursday, July 27, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Panchamyam Titau

Nairobi, Kenya

Simha Rasi: 28.58 Tithi 5

Gulika 9:40AM - 11:10AM
Yama 6:39AM - 8:09AM
Rahu 2:11PM - 3:41PMUttaraphalguni Until 2:00AM Fri
Parigha* Until 1:02PM
Bava Until 4:16PM
Panchami Until 4:10AM FriGanesha: Yellow Sunrise: 6:39AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon - Red
Srivana-AdiSun 17 Sutra 101
Hemalamba 5119
Moon 7 - Phase 14
3rd Phase

Devaloka Day

Amrita Yoga

Nag Panchami

4

Friday, July 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Shashthiyam Titau

Nairobi, Kenya

Kanya Rasi: 12.04 Tithi 6

Gulika 8:09AM - 9:40AM
Yama 3:41PM - 5:12PM
Rahu 11:10AM - 12:41PMHasta Until 3:12AM Sat
Shiva Until 11:59AM
Kaulava Until 4:18PM
Shashthi* Until 4:35AM SatGanesha: White Sunrise: 6:39AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon - Green
Srivana-AdiSun 18 Sutra 102
Hemalamba 5119
Moon 7 - Phase 14
3rd Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 3:12AM Sat
Then Routine Work - Marana Yoga

5

Saturday, July 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau

Nairobi, Kenya

Kanya Rasi: 24.47 Tithi 7

Gulika 6:39AM - 8:09AM
Yama 2:11PM - 3:41PM
Rahu 9:40AM - 11:10AMChitra Until 4:56AM Sun
Siddha Until 11:30AM
Gara Until 5:05PM
Saptami Until 5:42AM SunGanesha: Clear Sunrise: 6:39AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon - Green
Srivana-AdiSun 19 Sutra 103
Hemalamba 5119
Moon 7 - Phase 14
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 4:56AM Sun
Then Creative Work - Siddha Yoga

D

Sunday, July 30, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Sadhya/Subha Yoga Visti* Karana Ashtamyam Titau

Nairobi, Kenya

Retreat Star

Tula Rasi: 7.12 Tithi 8

Gulika 3:41PM - 5:12PM
Yama 12:40PM - 2:11PM
Rahu 5:12PM - 6:42PMSvati Until 7:03AM Mon
Sadhya Until 11:33AM
Visti Until 6:30PM
Ashtami* Until 7:23AM MonGanesha: Clear Sunrise: 6:39AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon - Green
Srivana-AdiSun 20 Sutra 104
Hemalamba 5119
Moon 7 - Phase 14
Ashtami

Devaloka Day

Creative Work Siddha Yoga
Until 7:03AM Mon
Then Routine Work - Marana Yoga

Monday, July 31, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Retreat Star

Tula Rasi: 19.23 Tithi 8 - 9

Gulika 2:11PM - 3:41PM
Yama 11:10AM - 12:40PM
Rahu 8:09AM - 9:39AMSvati Until 7:03AM
Subha Until 12:01PM
Balava Until 8:24PM
Ashtami* Until 7:23AMGanesha: Clear Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon - Green
Srivana-AdiSun 21 Sutra 105
Hemalamba 5119
Moon 7 - Phase 14
Navami

Devaloka Day

Creative Work Amrita Yoga
Until 7:03AM
Then Routine Work - Marana Yoga

1

Tuesday, August 1, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau

Nairobi, Kenya

Vrischika Rasi: 1.23 Tithi 9 – 10

Gulika 12:40PM – 2:11PM
Yama 9:39AM – 11:10AM
Rahu 3:41PM – 5:12PMVishakha Until 9:53AM
Sukla Until 12:44PM
Taitila Until 10:37PM
Navami* Until 9:27AMGanesha: Purple Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon – Orange
Sravana-AdiSun 22 Sutra 106
Hemalamba 5119
Moon 7 - Phase 15
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PMRoutine Work Marana Yoga
Until 9:53AM
Then Creative Work - Siddha Yoga

2

Wednesday, August 2, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Nairobi, Kenya

Vrischika Rasi: 13.19 Tithi 10 – 11

Gulika 11:10AM – 12:40PM
Yama 8:09AM – 9:39AM
Rahu 12:40PM – 2:11PMAnuradha Until 12:46PM
Brahma Until 1:37PM
Vanija Until 12:57AM Thu
Dashami Until 11:45AMGanesha: Purple Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon – Orange
Sravana-AdiSun 23 Sutra 107
Hemalamba 5119
Moon 7 - Phase 15
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

3

Thursday, August 3, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya

Vrischika Rasi: 25.11 Tithi 11 – 12

Gulika 9:39AM – 11:10AM
Yama 6:38AM – 8:09AM
Rahu 2:11PM – 3:41PMJyeshtha* Until 3:30PM
Indra Until 2:33PM
Bava Until 3:16AM Fri
Ekadashi Until 2:06PMGanesha: Purple Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon – Orange
Sravana-AdiSun 24 Sutra 108
Hemalamba 5119
Moon 7 - Phase 15
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PMRoutine Work Prabalarishta Yoga
Until 3:30PM
Then Creative Work - Siddha Yoga

4

Friday, August 4, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya

Dhanus Rasi: 7.06 Tithi 12 – 13

Gulika 8:09AM – 9:39AM
Yama 3:41PM – 5:12PM
Rahu 11:10AM – 12:40PMMula* Until 6:29PM
Vaidhriti* Until 3:21PM
Kaulava Until 5:24AM Sat
Dvadashi Until 4:20PMGanesha: Clear Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon – Light Blue
Sravana-AdiSun 25 Sutra 109
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:29PM

Then Routine Work - Prabalarishta Yoga

5

Saturday, August 5, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam
Purvashadha* Nakshatra Vishkambha*/Priti Yoga Taitila Karana Trayodashyam Titau

Nairobi, Kenya

Dhanus Rasi: 19.05 Tithi 13

Gulika 6:38AM – 8:09AM
Yama 2:11PM – 3:41PM
Rahu 9:39AM – 11:10AMPurvashadha* Until 9:02PM
Vishkambha* Until 4:00PM
Taitila Until 6:20PM
Trayodashi Until 6:20PMGanesha: Clear Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon – Light Blue
Sravana-AdiSun 26 Sutra 110
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 9:02PM

Then Routine Work - Marana Yoga

6

Sunday, August 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau

Nairobi, Kenya

Makara Rasi: 1.11 Tithi 14

Gulika 3:41PM – 5:11PM
Yama 12:40PM – 2:10PM
Rahu 5:11PM – 6:42PMUttarashadha Until 11:06PM
Priti Until 4:24PM
Gara Until 7:14AM
Chaturdashi* Until 7:59PMGanesha: Clear Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon – Light Blue
Sravana-AdiSun 27 Sutra 111
Hemalamba 5119
Moon 7 - Phase 15
4th Phase

Devaloka Day

Creative Work Amrita Yoga

O

Monday, August 7, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau

Nairobi, Kenya

Makara Rasi: 13.27 Tithi 15

Gulika 2:10PM – 3:41PM
Yama 11:09AM – 12:40PM
Rahu 8:08AM – 9:39AMShravana Until 1:03AM Tue
Ayushman Until 4:27PM
Visti Until 8:41AM
Purnima* Until 9:13PMGanesha: White Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon – Purple
Sravana-AdiSutra 112
Hemalamba 5119
Moon 7 - Phase 15
PurnimaBhuloka Day
Devaloka Time: 6:PM to 9:PMFamily Home Evening
Creative Work Amrita Yoga
Until 1:03AM Tue

Then Creative Work - Siddha Yoga

O

Tuesday, August 8, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau

Nairobi, Kenya

Makara Rasi: 25.54 Tithi 16

Gulika 12:40PM – 2:10PM
Yama 9:39AM – 11:09AM
Rahu 3:41PM – 5:11PMDhanishtha Until 2:24AM Wed
Saubhagya Until 4:09PM
Balava Until 9:41AM
Prathama* Until 9:59PMGanesha: White Sunrise: 6:38AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon – Purple
Sravana-AdiSutra 113
Hemalamba 5119
Moon 7 - Phase 15
PrathamaBhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga



Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Nairobi, Kenya

Kumbha Rasi: 8.34 Tihti 17

Gulika 11:09AM - 12:40PM
Yama 8:08AM - 9:39AM
Rahu 12:40PM - 2:10PM

Shatabhishak Until 3:07AM Thu
Sobhana Until 3:29PM
Taitila Until 10:12AM
Dvitiya Until 10:16PM

Ganesh: White Sunrise: 6:37AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon - Purple
Srivana-Adi

Sun 1 Sutra 114
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Thursday, August 10, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Nairobi, Kenya

Kumbha Rasi: 21.28 Tihti 18

Gulika 9:38AM - 11:09AM
Yama 6:37AM - 8:08AM
Rahu 2:10PM - 3:40PM

Purvaproshtapada* Until 3:42AM Fri
Athiganda* Until 2:26PM
Vanija Until 10:15AM
Tritiya Until 10:05PM

Ganesh: Clear Sunrise: 6:37AM
Muruga: Blue Sunset: 6:42PM
Nataraja: Clear
Moon - Clear
Srivana-Adi

Sun 2 Sutra 115
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Friday, August 11, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Nairobi, Kenya

Meena Rasi: 4.35 Tihti 19

Gulika 8:08AM - 9:38AM
Yama 3:40PM - 5:11PM
Rahu 11:09AM - 12:39PM

Uttaraproshtapada* Until 3:42AM Sat
Sukarma Until 1:02PM
Bava Until 9:51AM
Chaturthi* Until 9:28PM

Ganesh: Clear Sunrise: 6:37AM
Muruga: Blue Sunset: 6:41PM
Nataraja: Clear
Moon - Clear
Srivana-Adi

Sun 3 Sutra 116
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 3:42AM Sat
Then Routine Work - Prabararishta Yoga

Saturday, August 12, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Nairobi, Kenya

Meena Rasi: 17.57 Tihti 20

Gulika 6:37AM - 8:07AM
Yama 2:10PM - 3:40PM
Rahu 9:38AM - 11:09AM

Revati Until 3:09AM Sun
Dhriti Until 11:18AM
Kaulava Until 9:01AM
Panchami Until 8:26PM

Ganesh: Purple Sunrise: 6:37AM
Muruga: Blue Sunset: 6:41PM
Nataraja: Clear
Moon - Clear
Srivana-Adi

Sun 4 Sutra 117
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Prabararishta Yoga

Until 3:09AM Sun
Then Creative Work - Siddha Yoga

Sunday, August 13, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Nairobi, Kenya

Mesha Rasi: 1.32 Tihti 21

Gulika 3:40PM - 5:11PM
Yama 12:39PM - 2:09PM
Rahu 5:11PM - 6:41PM

Ashvini Until 2:32AM Mon
Shula* Until 9:14AM
Gara Until 7:47AM
Shashthi* Until 7:01PM

Ganesh: Clear Sunrise: 6:37AM
Muruga: Blue Sunset: 6:41PM
Nataraja: Clear
Moon - White
Srivana-Adi

Sun 5 Sutra 118
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Monday, August 14, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Nairobi, Kenya

Mesha Rasi: 15.2 Tihti 22 - 23

Gulika 2:09PM - 3:40PM
Yama 11:08AM - 12:39PM
Rahu 8:07AM - 9:38AM

Bharani Until 1:26AM Tue
Ganda* Until 6:53AM
Visti Until 6:12AM
Saptami Until 5:16PM

Ganesh: Clear Sunrise: 6:37AM
Muruga: Blue Sunset: 6:41PM
Nataraja: Clear
Moon - White
Srivana-Adi

Sun 6 Sutra 119
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, August 15, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Nairobi, Kenya

Mesha Rasi: 29.2 Tihti 23 - 24

Gulika 12:39PM - 2:09PM
Yama 9:37AM - 11:08AM
Rahu 3:40PM - 5:10PM

Krittika Until 11:53PM
Dhruva Until 1:25AM Wed
Taitila Until 2:04AM Wed
Ashtami* Until 3:12PM

Ganesh: Clear Sunrise: 6:36AM
Muruga: Blue Sunset: 6:41PM
Nataraja: Clear
Moon - White
Srivana-Adi

Sun 7 Sutra 120
Hemalamba 5119
Moon 8 - Phase 16
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 11:53PM

Then Creative Work - Amrita Yoga

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam

Nairobi, Kenya

Vrishabha Rasi: 13.32 Tihti 24 - 25

Gulika 11:08AM - 12:38PM
Yama 8:07AM - 9:37AM
Rahu 12:38PM - 2:09PM

Rohini Until 10:22PM
Vyaghata* Until 10:21PM
Vanija Until 11:37PM
Navami* Until 12:51PM

Ganesh: White Sunrise: 6:36AM
Muruga: Blue Sunset: 6:41PM
Nataraja: Clear
Moon - Yellow
Srivana-Avani

Sun 8 Sutra 121
Hemalamba 5119
Moon 8 - Phase 16
Navami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

1 Thursday, August 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Vrishabha Rasi: 27.54 Tihi 25 – 26		Mrigashira Nakshatra Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 122
534792362		Gulika 9:37AM – 11:08AM	Mrigashira Until 8:32PM	Ganesh: Clear <i>Sunrise:</i> 6:36AM	Hemalamba 5119	
Routine Work Marana Yoga		Yama 6:36AM – 8:06AM	Harshana Until 7:08PM	Muruga: Blue <i>Sunset:</i> 6:40PM	Moon 8 - Phase 17	
		Rahu 2:09PM – 3:39PM	Bava Until 8:59PM	Nataraja: Clear	2nd Phase	
			Dashami Until 10:18AM	Moon – Yellow	Devaloka Day	
				Sravana-Avani		

2 Friday, August 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Mithuna Rasi: 12.22 Tihi 26 – 27		Ardra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 123
534792362		Gulika 8:06AM – 9:37AM	Ardra Until 6:28PM	Ganesh: Clear <i>Sunrise:</i> 6:36AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 3:39PM – 5:10PM	Vajra* Until 3:49PM	Muruga: Blue <i>Sunset:</i> 6:40PM	Moon 8 - Phase 17	
		Rahu 11:07AM – 12:38PM	Kaulava Until 6:15PM	Nataraja: Clear	2nd Phase	
			Ekadashi* Until 7:36AM	Moon – Yellow	Devaloka Day	
				Sravana-Avani		

3 Saturday, August 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Mithuna Rasi: 26.53 Tihi 28		Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 124
544792362		Gulika 6:35AM – 8:06AM	Punarvasu Until 4:40PM	Ganesh: White <i>Sunrise:</i> 6:35AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 2:08PM – 3:39PM	Siddhi Until 12:31PM	Muruga: Blue <i>Sunset:</i> 6:40PM	Moon 8 - Phase 17	
		Rahu 9:37AM – 11:07AM	Gara Until 3:31PM	Nataraja: Clear	2nd Phase	
			Trayodashi* Until 2:10AM Sun	Moon – Blue	Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani	Devaloka Time: 6:PM to 9:PM	

4 Sunday, August 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Kataka Rasi: 11.2 Tihi 29		Pushya/Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 125
544792362		Gulika 3:39PM – 5:09PM	Pushya Until 2:52PM	Ganesh: White <i>Sunrise:</i> 6:35AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 12:37PM – 2:08PM	Vyatipata* Until 9:18AM	Muruga: Blue <i>Sunset:</i> 6:40PM	Moon 8 - Phase 17	
		Rahu 5:09PM – 6:40PM	Visti Until 12:55PM	Nataraja: Clear	2nd Phase	
			Chaturdashi* Until 11:40PM	Moon – Blue	Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:PM to 9:PM	

Monday, August 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Retreat Star		Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 126
Kataka Rasi: 25.4 Tihi 30						Hemalamba 5119
Family Home Evening		Gulika 2:08PM – 3:38PM	Ashlesha* Until 1:10PM	Ganesh: White <i>Sunrise:</i> 6:35AM	Moon 8 - Phase 17	
Creative Work Siddha Yoga		Yama 11:07AM – 12:37PM	Variyan Until 6:15AM	Muruga: Blue <i>Sunset:</i> 6:40PM	Amavasya	
Until 1:10PM		Rahu 8:05AM – 9:36AM	Catuspada Until 10:33AM	Nataraja: Clear		
Then Routine Work - Marana Yoga		Total Solar Eclipse	Amavasya* Until 9:29PM	Moon – Blue	Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:PM to 9:PM	

Tuesday, August 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Retreat Star		Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 127
Simha Rasi: 9.45 Tihi 1						Hemalamba 5119
534792362		Gulika 12:37PM – 2:08PM	Magha* Until 12:09PM	Ganesh: Green <i>Sunrise:</i> 6:35AM	Moon 8 - Phase 17	
Creative Work Siddha Yoga		Yama 9:36AM – 11:06AM	Shiva Until 1:07AM Wed	Muruga: Blue <i>Sunset:</i> 6:39PM	Prathama	
		Rahu 3:38PM – 5:09PM	Kintughna Until 8:33AM	Nataraja: Clear		
			Prathama* Until 7:43PM	Moon – Red	Bhuloka Day	
				Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1		Wednesday, August 23, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 128		Hemalamba 5119		Moon 8 - Phase 18	
Simha Rasi: 23.32		Tithi 2		554792362		Rahu		3rd Phase	
Creative Work		Amrita Yoga		Gulika 11:06AM - 12:37PM		Purvaphalguni Until 11:30AM		Ganesha: Green Sunrise: 6:34AM	
				Yama 8:05AM - 9:36AM		Siddha Until 11:11PM		Muruga: Blue Sunset: 6:39PM	
				Rahu 12:37PM - 2:07PM		Balava Until 7:03AM		Nataraja: Clear	
						Dvitiya Until 6:30PM		Moon - Red	
								Bhadrapada-Avani	
								Devaloka Time: 6:PM to 9:PM	

2		Thursday, August 24, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Sun 16		Sutra 129		Hemalamba 5119		Moon 8 - Phase 18	
Kanya Rasi: 6.59		Tithi 3 - 4		554792362		Rahu		3rd Phase	
Amrita Yoga		Gulika 9:35AM - 11:06AM		Uttaraphalguni Until 11:18AM		Ganesha: Green Sunrise: 6:34AM		Muruga: Blue Sunset: 6:39PM	
Until 11:18AM		Yama 6:34AM - 8:05AM		Sadhya Until 9:47PM		Nataraja: Clear		Moon - Red	
Then Routine Work - Marana Yoga		Rahu 2:07PM - 3:38PM		Tailila Until 6:09AM		Moon - Red		Bhadrapada-Avani	
				Tritiya Until 5:56PM				Devaloka Time: 6:PM to 9:PM	

3		Friday, August 25, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
Hasta/Chitra Nakshatra Subha Yoga Visti* Karana Chaturthyam Titau		Sun 17		Sutra 130		Hemalamba 5119		Moon 8 - Phase 18	
Kanya Rasi: 20.04		Tithi 4		554792362		Rahu		3rd Phase	
Creative Work		Amrita Yoga		Gulika 8:04AM - 9:35AM		Hasta Until 12:04PM		Ganesha: Clear Sunrise: 6:34AM	
Until 12:04PM		Yama 3:37PM - 5:08PM		Subha Until 8:57PM		Muruga: Blue Sunset: 6:39PM		Nataraja: Clear	
Then Creative Work - Siddha Yoga		Rahu 11:06AM - 12:36PM		Visti Until 6:03PM		Moon - Green		Devaloka Day	
				Ganesha Chaturthi		Chaturthi* Until 6:03PM		Bhadrapada-Avani	

4		Saturday, August 26, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
Chitra/Svati Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Sun 18		Sutra 131		Hemalamba 5119		Moon 8 - Phase 18	
Tula Rasi: 2.48		Tithi 5		554792362		Rahu		3rd Phase	
Routine Work		Marana Yoga		Gulika 6:33AM - 8:04AM		Chitra Until 1:22PM		Ganesha: Clear Sunrise: 6:33AM	
Until 1:22PM		Yama 2:07PM - 3:37PM		Sukla Until 8:37PM		Muruga: Blue Sunset: 6:38PM		Nataraja: Clear	
Then Creative Work - Siddha Yoga		Rahu 9:35AM - 11:05AM		Bava Until 6:23AM		Moon - Green		Devaloka Day	
				Panchami Until 6:51PM		Bhadrapada-Avani			

5		Sunday, August 27, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
Svati/Vishakha Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau		Sun 19		Sutra 132		Hemalamba 5119		Moon 8 - Phase 18	
Tula Rasi: 15.14		Tithi 6		554792362		Rahu		3rd Phase	
Creative Work		Siddha Yoga		Gulika 3:37PM - 5:08PM		Svati Until 3:07PM		Ganesha: Clear Sunrise: 6:33AM	
Until 3:07PM		Yama 12:36PM - 2:06PM		Brahma Until 8:46PM		Muruga: Blue Sunset: 6:38PM		Nataraja: Clear	
Then Routine Work - Marana Yoga		Rahu 5:08PM - 6:38PM		Kaulava Until 7:30AM		Moon - Green		Devaloka Day	
				Shashthi* Until 8:16PM		Bhadrapada-Avani			

6		Monday, August 28, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
Vishakha/Anuradha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 133		Hemalamba 5119		Moon 8 - Phase 18	
Tula Rasi: 27.26		Tithi 7		575792363		Rahu		3rd Phase	
Family Home Evening		Gulika 2:06PM - 3:37PM		Vishakha Until 5:42PM		Ganesha: Purple Sunrise: 6:33AM		Muruga: Blue Sunset: 6:38PM	
Routine Work		Yama 11:05AM - 12:35PM		Indra Until 9:18PM		Nataraja: Purple		Moon - Orange	
Until 5:42PM		Rahu 8:03AM - 9:34AM		Gara Until 9:11AM		Moon - Orange		Devaloka Day	
Then Creative Work - Siddha Yoga				Saptami Until 10:10PM		Bhadrapada-Avani			

Retreat Star		Tuesday, August 29, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 134		Hemalamba 5119		Moon 8 - Phase 18	
Vrischika Rasi: 9.28		Tithi 8		575792363		Rahu		Ashtami	
Creative Work		Siddha Yoga		Gulika 12:35PM - 2:06PM		Anuradha Until 8:27PM		Ganesha: Purple Sunrise: 6:33AM	
Until 8:27PM		Yama 9:34AM - 11:04AM		Vaidhriti* Until 10:04PM		Muruga: Blue Sunset: 6:38PM		Nataraja: Purple	
Then Routine Work - Marana Yoga		Rahu 3:36PM - 5:07PM		Visti Until 11:17AM		Moon - Orange		Devaloka Day	
				Ashtami* Until 12:24AM Wed		Bhadrapada-Avani			

Retreat Star		Wednesday, August 30, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Jyeshtha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 135		Hemalamba 5119		Moon 8 - Phase 18	
Vrischika Rasi: 21.23		Tithi 9		575792363		Rahu		Navami	
Creative Work		Siddha Yoga		Gulika 11:04AM - 12:35PM		Jyeshtha* Until 11:11PM		Ganesha: Purple Sunrise: 6:32AM	
Until 11:11PM		Yama 8:03AM - 9:33AM		Vishkambha* Until 10:57PM		Muruga: Blue Sunset: 6:37PM		Nataraja: Purple	
Then Routine Work - Marana Yoga		Rahu 12:35PM - 2:05PM		Balava Until 1:36PM		Moon - Orange		Devaloka Day	
				Navami* Until 2:46AM Thu		Bhadrapada-Avani			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1 Thursday, August 31, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
		Mula* Nakshatra Priti Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 136
Dhanus Rasi: 3.17	Tithi 10	Gulika 9:33AM – 11:04AM	Mula* Until 2:13AM Fri	Ganesh: Clear <i>Sunrise: 6:32AM</i>	Hemalamba 5119	
		Yama 6:32AM – 8:03AM	Priti Until 11:49PM	Muruga: Blue <i>Sunset: 6:37PM</i>	Moon 8 - Phase 19	
	585792363	Rahu 2:05PM – 3:36PM	Tailila Until 3:57PM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Dashami Until 5:04AM Fri	Moon – Light Blue	Bhuloka Day	
Until 2:13AM Fri				Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Prabalarishta Yoga						

2 Friday, September 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
		Purvashadha* Nakshatra Ayushman Yoga Vanija Karana Ekadashyam Titau				Sun 24 Sutra 137
Dhanus Rasi: 15.13	Tithi 11	Gulika 8:02AM – 9:33AM	Purvashadha* Until 4:51AM Sat	Ganesh: Clear <i>Sunrise: 6:32AM</i>	Hemalamba 5119	
		Yama 3:35PM – 5:06PM	Ayushman Until 12:29AM Sat	Muruga: Blue <i>Sunset: 6:37PM</i>	Moon 8 - Phase 19	
	585792363	Rahu 11:03AM – 12:34PM	Vanija Until 6:09PM	Nataraja: Purple	4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 7:06AM Sat	Moon – Light Blue	Bhuloka Day	
Until 4:51AM Sat				Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

3 Saturday, September 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
		Uttarashadha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 138
Dhanus Rasi: 27.14	Tithi 11 – 12	Gulika 6:31AM – 8:02AM	Uttarashadha* Until 6:55AM Sun	Ganesh: Clear <i>Sunrise: 6:31AM</i>	Hemalamba 5119	
		Yama 2:04PM – 3:35PM	Saubhagya Until 12:52AM Sun	Muruga: Blue <i>Sunset: 6:36PM</i>	Moon 8 - Phase 19	
	585792363	Rahu 9:33AM – 11:03AM	Bava Until 7:59PM	Nataraja: Purple	4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 7:06AM	Moon – Light Blue	Bhuloka Day	
Until 6:55AM Sun				Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga						

4 Sunday, September 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
		Uttarashadha/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 139
Makara Rasi: 9.26	Tithi 12 – 13	Gulika 3:35PM – 5:06PM	Uttarashadha Until 6:55AM	Ganesh: White <i>Sunrise: 6:31AM</i>	Hemalamba 5119	
		Yama 12:34PM – 2:04PM	Sobhana Until 12:52AM Mon	Muruga: Blue <i>Sunset: 6:36PM</i>	Moon 8 - Phase 19	
	586792363	Rahu 5:06PM – 6:36PM	Kaulava Until 9:20PM	Nataraja: Purple	4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 8:43AM	Moon – Light Blue	Bhuloka Day	
Until 6:55AM Sun				Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

Pradosha Vrata

5 Monday, September 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
		Shravana/Dhanishtha Nakshatra Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 140
Makara Rasi: 21.52	Tithi 13 – 14	Gulika 2:04PM – 3:35PM	Shravana Until 8:48AM	Ganesh: White <i>Sunrise: 6:30AM</i>	Hemalamba 5119	
Family Home Evening	586892363	Yama 11:03AM – 12:33PM	Athiganda* Until 12:23AM Tue	Muruga: Blue <i>Sunset: 6:36PM</i>	Moon 8 - Phase 19	
Creative Work	Amrita Yoga	Rahu 8:01AM – 9:32AM	Gara Until 10:06PM	Nataraja: Purple	4th Phase	
Until 8:48AM			Trayodashi Until 9:47AM	Moon – Purple	Devaloka Day	
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Bhadrapada-Avani		

○ Tuesday, September 5, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
		Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Sutra 141
Kumbha Rasi: 4.33	Tithi 14 – 15	Gulika 12:33PM – 2:04PM	Dhanishtha Until 9:56AM	Ganesh: White <i>Sunrise: 6:30AM</i>	Hemalamba 5119	
		Yama 9:31AM – 11:02AM	Sukarma Until 11:26PM	Muruga: Blue <i>Sunset: 6:36PM</i>	Moon 8 - Phase 19	
	596892363	Rahu 3:34PM – 5:05PM	Visti Until 10:16PM	Nataraja: Purple	Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:14AM	Moon – Purple	Devaloka Day	
Until 9:56AM				Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

Wednesday, September 6, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
		Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 142
Kumbha Rasi: 17.32	Tithi 15 – 16	Gulika 11:02AM – 12:33PM	Shatabhishak Until 10:19AM	Ganesh: White <i>Sunrise: 6:30AM</i>	Hemalamba 5119	
		Yama 8:00AM – 9:31AM	Dhriti Until 10:03PM	Muruga: Blue <i>Sunset: 6:35PM</i>	Moon 8 - Phase 19	
	596892363	Rahu 12:33PM – 2:03PM	Balava Until 9:50PM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga		Purnima* Until 10:06AM	Moon – Purple	Devaloka Day	
Until 10:19AM				Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Sutra 143

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Meena Rasi: 0.49 Tihi 16 – 17

Gulika 9:31AM – 11:01AM **Purvaprosarthapada* Until 10:28AM**
Yama 6:29AM – 8:00AM **Shula* Until 8:12PM**
Rahu 2:03PM – 3:34PM **Taitila Until 8:54PM**
Prathama* Until 9:24AM

Ganesha: White *Sunrise: 6:29AM*
Muruga: Blue *Sunset: 6:35PM*
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Devaloka Day

Creative Work Siddha Yoga

Friday, September 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 144

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Meena Rasi: 14.22 Tihi 17 – 18

Gulika 8:00AM – 9:30AM **Uttaraprosarthapada Until 10:00AM**
Yama 3:33PM – 5:04PM **Ganda* Until 6:02PM**
Rahu 11:01AM – 12:32PM **Vanija Until 7:32PM**
Dvitiya Until 8:14AM

Ganesha: White *Sunrise: 6:29AM*
Muruga: Blue *Sunset: 6:35PM*
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Devaloka Day

Creative Work Siddha Yoga

Saturday, September 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Nairobi, Kenya

Sun 2 Sutra 145

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Meena Rasi: 28.1 Tihi 18 – 19

Gulika 6:29AM – 7:59AM **Revati Until 9:01AM**
Yama 2:02PM – 3:33PM **Vriddhi Until 3:37PM**
Rahu 9:30AM – 11:01AM **Balava Until 4:52AM Sun**
Tritiya Until 6:42AM

Ganesha: White *Sunrise: 6:29AM*
Muruga: Blue *Sunset: 6:34PM*
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Devaloka Day

Routine Work Prabalarishta Yoga

Until 9:01AM

Then Creative Work - Siddha Yoga

Sunday, September 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 146

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Mesha Rasi: 12.07 Tihi 20

Gulika 3:33PM – 5:03PM **Ashvini Until 8:04AM**
Yama 12:31PM – 2:02PM **Dhruva Until 12:58PM**
Rahu 5:03PM – 6:34PM **Kaulava Until 3:54PM**
Panchami Until 2:52AM Mon

Ganesha: White *Sunrise: 6:28AM*
Muruga: Blue *Sunset: 6:34PM*
Nataraja: Purple
Moon – White
Bhadrapada-Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 8:04AM

Then Routine Work - Prabalarishta Yoga

Grandparent's Day

Monday, September 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 147

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Mesha Rasi: 26.11 Tihi 21

Family Home Evening

Gulika 2:02PM – 3:32PM **Bharani Until 6:47AM**
Yama 11:00AM – 12:31PM **Vyaghata* Until 10:12AM**
Rahu 7:59AM – 9:29AM **Gara Until 1:50PM**
Shashthi* Until 12:44AM Tue

Ganesha: White *Sunrise: 6:28AM*
Muruga: Blue *Sunset: 6:34PM*
Nataraja: Purple
Moon – White
Bhadrapada-Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 6:47AM

Then Routine Work - Marana Yoga

Tuesday, September 12, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 148

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Vrishabha Rasi: 10.2 Tihi 22

Gulika 12:30PM – 2:01PM **Rohini Until 3:58AM Wed**
Yama 9:29AM – 11:00AM **Harshana Until 7:22AM**
Rahu 3:32PM – 5:03PM **Visti Until 11:40AM**
Saptami Until 10:33PM

Ganesha: Clear *Sunrise: 6:28AM*
Muruga: Blue *Sunset: 6:33PM*
Nataraja: Purple
Moon – Yellow
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 3:58AM Wed

Then Creative Work - Siddha Yoga

Wednesday, September 13, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 149

Hemalamba 5119

Moon 9 - Phase 20

Ashtami

Vrishabha Rasi: 24.31 Tihi 23

Gulika 10:59AM – 12:30PM **Mrigashira Until 2:32AM Thu**
Yama 7:58AM – 9:29AM **Siddhi Until 1:35AM Thu**
Rahu 12:30PM – 2:01PM **Balava Until 9:28AM**
Ashtami* Until 8:21PM

Ganesha: Clear *Sunrise: 6:27AM*
Muruga: Blue *Sunset: 6:33PM*
Nataraja: Purple
Moon – Yellow
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 2:32AM Thu

Then Routine Work - Marana Yoga

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyatipata* Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 150

Hemalamba 5119

Moon 9 - Phase 20

Navami

Mithuna Rasi: 8.42 Tihi 24

Gulika 9:28AM – 10:59AM **Ardra Until 1:00AM Fri**
Yama 6:27AM – 7:58AM **Vyatipata* Until 10:45PM**
Rahu 2:00PM – 3:31PM **Taitila Until 7:17AM**
Navami* Until 6:11PM

Ganesha: Clear *Sunrise: 6:27AM*
Muruga: Blue *Sunset: 6:33PM*
Nataraja: Purple
Moon – Yellow
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 1:00AM Fri

Then Creative Work - Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	Friday, September 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Variyan Yoga Visti* Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 8 Sutra 151 Hemalamba 5119
	Mithuna Rasi: 22.51	Tithi 25 – 26	Gulika 7:57AM – 9:28AM Yama 3:31PM – 5:02PM Rahu 10:59AM – 12:29PM	Punarvasu Until 11:49PM Variyan Until 7:56PM Bava Until 3:05AM Sat Dashami Until 4:05PM	Ganesha: Purple <i>Sunrise: 6:26AM</i> Muruga: Blue <i>Sunset: 6:32PM</i> Nataraja: Purple Moon – Blue Bhadrapada*Avani		Moon 9 - Phase 21 2nd Phase Bhuloka Day
Creative Work Siddha Yoga Until 11:49PM Then Routine Work - Marana Yoga							

2	Saturday, September 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 9 Sutra 152 Hemalamba 5119
	Kataka Rasi: 6.56	Tithi 26 – 27	Gulika 6:26AM – 7:57AM Yama 2:00PM – 3:31PM Rahu 9:28AM – 10:58AM	Pushya Until 10:38PM Parigha* Until 5:14PM Kaulava Until 1:10AM Sun Ekadashi* Until 2:05PM	Ganesha: Purple <i>Sunrise: 6:26AM</i> Muruga: Blue <i>Sunset: 6:32PM</i> Nataraja: Purple Moon – Blue Bhadrapada*Puratasi		Moon 9 - Phase 21 2nd Phase Bhuloka Day
Creative Work Siddha Yoga Until 10:38PM Then Routine Work - Marana Yoga							

3	Sunday, September 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 10 Sutra 153 Hemalamba 5119
	Kataka Rasi: 20.56	Tithi 27 – 28	Gulika 3:30PM – 5:01PM Yama 12:29PM – 1:59PM Rahu 5:01PM – 6:32PM	Ashlesha* Until 9:28PM Shiva Until 2:41PM Gara Until 11:26PM Dvadashi* Until 12:15PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise: 6:26AM</i> Muruga: Blue <i>Sunset: 6:32PM</i> Nataraja: Purple Moon – Blue Bhadrapada*Puratasi		Moon 9 - Phase 21 2nd Phase Bhuloka Day
Creative Work Siddha Yoga Until 9:28PM Then Routine Work - Marana Yoga							

4	Monday, September 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 11 Sutra 154 Hemalamba 5119
	Simha Rasi: 4.49	Tithi 28 – 29	Gulika 1:59PM – 3:30PM Yama 10:58AM – 12:28PM Rahu 7:56AM – 9:27AM	Magha* Until 8:52PM Siddha Until 12:18PM Visti Until 9:59PM Trayodashi* Until 10:39AM	Ganesha: Purple <i>Sunrise: 6:25AM</i> Muruga: Blue <i>Sunset: 6:31PM</i> Nataraja: Purple Moon – Red Bhadrapada*Puratasi		Moon 9 - Phase 21 2nd Phase Bhuloka Day
Family Home Evening Routine Work Marana Yoga Until 8:52PM Then Creative Work - Siddha Yoga							

	Tuesday, September 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 12 Sutra 155 Hemalamba 5119
	Retreat Star		Gulika 12:28PM – 1:59PM Yama 9:26AM – 10:57AM Rahu 3:30PM – 5:00PM	Purvaphalguni Until 8:28PM Sadhya Until 10:11AM Catuspada Until 8:53PM Chaturdashi* Until 9:22AM	Ganesha: Purple <i>Sunrise: 6:25AM</i> Muruga: Blue <i>Sunset: 6:31PM</i> Nataraja: Purple Moon – Red Bhadrapada*Puratasi		Moon 9 - Phase 21 Amavasya Bhuloka Day
Simha Rasi: 18.31 Tithi 29 – 30 Creative Work Siddha Yoga Until 8:28PM Then Creative Work - Amrita Yoga Mahalaya Amavasai (Tamil Nadu)							

Retreat Star	Wednesday, September 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 13 Sutra 156 Hemalamba 5119
	Kanya Rasi: 1.59	Tithi 30 – 1	Gulika 10:57AM – 12:28PM Yama 7:55AM – 9:26AM Rahu 12:28PM – 1:58PM	Uttaraphalguni Until 8:20PM Subha Until 8:24AM Kintughna Until 8:13PM Amavasya* Until 8:28AM	Ganesha: Purple <i>Sunrise: 6:24AM</i> Muruga: Blue <i>Sunset: 6:31PM</i> Nataraja: Purple Moon – Red Ashvina*Puratasi		Moon 9 - Phase 21 Prathama Bhuloka Day
Creative Work Amrita Yoga Until 8:20PM Then Routine Work - Marana Yoga Navaratri Begins							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Thursday, September 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 14 Sutra 157 Hemalamba 5119
	Kanya Rasi: 15.11	Tithi 1 – 2	Gulika 9:26AM – 10:56AM Yama 6:24AM – 7:55AM Rahu 1:58PM – 3:29PM	Hasta Until 9:01PM Sukla Until 6:57AM Balava Until 8:04PM Prathama* Until 8:03AM	Ganesh: Light Blue <i>Sunrise:</i> 6:24AM Muruga: Blue <i>Sunset:</i> 6:30PM Nataraja: Purple Moon – Green Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase
Routine Work Marana Yoga Until 9:01PM Then Creative Work - Siddha Yoga							

2	Friday, September 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya Sun 15 Sutra 158 Hemalamba 5119
	Kanya Rasi: 28.08	Tithi 2 – 3	Gulika 7:54AM – 9:25AM Yama 3:29PM – 4:59PM Rahu 10:56AM – 12:27PM	Chitra Until 10:06PM Indra Until 5:26AM Sat Taitila Until 8:29PM Dvitiya Until 8:11AM	Ganesh: Light Blue <i>Sunrise:</i> 6:24AM Muruga: Blue <i>Sunset:</i> 6:30PM Nataraja: Purple Moon – Green Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga							

3	Saturday, September 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya Sun 16 Sutra 159 Hemalamba 5119
	Tula Rasi: 10.47	Tithi 3 – 4	Gulika 6:23AM – 7:54AM Yama 1:57PM – 3:28PM Rahu 9:25AM – 10:56AM	Svati Until 11:35PM Vaidhriti* Until 5:19AM Sun Vanija Until 9:29PM Tritiya Until 8:54AM	Ganesh: Purple <i>Sunrise:</i> 6:23AM Muruga: Blue <i>Sunset:</i> 6:30PM Nataraja: Purple Moon – Green Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga							

4	Sunday, September 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya Sun 17 Sutra 160 Hemalamba 5119
	Tula Rasi: 23.11	Tithi 4 – 5	Gulika 3:28PM – 4:59PM Yama 12:26PM – 1:57PM Rahu 4:59PM – 6:29PM	Vishakha Until 1:56AM Mon Vishkambha* Until 5:38AM Mon Bava Until 11:03PM Chaturthi* Until 10:11AM	Ganesh: Clear <i>Sunrise:</i> 6:23AM Muruga: Blue <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Orange Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga Until 1:56AM Mon Then Creative Work - Siddha Yoga							

5	Monday, September 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya Sun 18 Sutra 161 Hemalamba 5119
	Vrischika Rasi: 5.22	Tithi 5 – 6	Gulika 1:57PM – 3:28PM Yama 10:55AM – 12:26PM Rahu 7:53AM – 9:24AM	Anuradha Until 4:32AM Tue Priti Until 6:17AM Tue Kaulava Until 1:04AM Tue Panchami Until 11:59AM	Ganesh: Clear <i>Sunrise:</i> 6:23AM Muruga: Blue <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Orange Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Family Home Evening Creative Work Siddha Yoga Until 4:32AM Tue Then Routine Work - Marana Yoga							

6	Tuesday, September 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Pritii/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya Sun 19 Sutra 162 Hemalamba 5119
	Vrischika Rasi: 17.23	Tithi 6 – 7	Gulika 12:26PM – 1:56PM Yama 9:24AM – 10:55AM Rahu 3:27PM – 4:58PM	Jyeshtha* Until 7:15AM Wed Priti Until 6:17AM Gara Until 3:24AM Wed Shashthi* Until 2:11PM	Ganesh: Clear <i>Sunrise:</i> 6:22AM Muruga: Blue <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Orange Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga							

Retreat Star	Wednesday, September 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya Sun 20 Sutra 163 Hemalamba 5119
	Vrischika Rasi: 29.17	Tithi 7 – 8	Gulika 10:54AM – 12:25PM Yama 7:53AM – 9:23AM Rahu 12:25PM – 1:56PM	Jyeshtha* Until 7:15AM Ayushman Until 7:06AM Visti Until 5:52AM Thu Saptami Until 4:37PM	Ganesh: Purple <i>Sunrise:</i> 6:22AM Muruga: Blue <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Orange Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga Until 7:15AM Then Routine Work - Marana Yoga							

Retreat Star	Thursday, September 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava Karana Ashtamyam Titau				Nairobi, Kenya Sun 21 Sutra 164 Hemalamba 5119
	Dhanus Rasi: 11.09	Tithi 8	Gulika 9:23AM – 10:54AM Yama 6:21AM – 7:52AM Rahu 1:56PM – 3:27PM	Mula* Until 10:23AM Saubhagya Until 8:01AM Bava Until 7:03PM Ashtami* Until 7:03PM	Ganesh: Clear <i>Sunrise:</i> 6:21AM Muruga: Blue <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Light Blue Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 Ashtami Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Durga Ashtami							

Retreat Star	Friday, September 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya Sun 22 Sutra 165 Hemalamba 5119
	Dhanus Rasi: 23.03	Tithi 9	Gulika 7:52AM – 9:23AM Yama 3:26PM – 4:57PM Rahu 10:54AM – 12:24PM	Purvashadha* Until 1:14PM Sobhana Until 8:51AM Balava Until 8:14AM Navami* Until 9:17PM	Ganesh: Orange <i>Sunrise:</i> 6:21AM Muruga: Blue <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Light Blue Ashvina•Puratasi	Bhuloka Day	Moon 9 - Phase 22 Navami Devaloka Time: 6:AM to 9:AM
Routine Work Prabalarishta Yoga Until 1:14PM Then Routine Work - Marana Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra margā. Tirumantiram 1496

1		Saturday, September 30, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dashamyam Titau		Nairobi, Kenya Sun 23 Sutra 166	
Makara Rasi: 5.04	Tithi 10	Gulika	6:21AM – 7:52AM	Uttarashadha Until 3:33PM	Ganesh: Orange	<i>Sunrise:</i> 6:21AM	Hemalamba 5119		
		Yama	1:55PM – 3:26PM	Athiganda* Until 9:24AM	Muruga: Blue	<i>Sunset:</i> 6:28PM	Moon 9 - Phase 23		
		Rahu	9:22AM – 10:53AM	Tailila Until 10:16AM	Nataraja: Purple		4th Phase		
Routine Work	Marana Yoga			Dashami Until 11:05PM	Moon – Light Blue		Bhuloka Day		
Until 3:33PM					Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga									

2		Sunday, October 1, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Nairobi, Kenya Sun 24 Sutra 167	
Makara Rasi: 17.18	Tithi 11	Gulika	3:26PM – 4:56PM	Shravana Until 5:38PM	Ganesh: Red	<i>Sunrise:</i> 6:20AM	Hemalamba 5119		
		Yama	12:24PM – 1:55PM	Sukarma Until 9:34AM	Muruga: Blue	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23		
		Rahu	4:56PM – 6:27PM	Vanija Until 11:46AM	Nataraja: Purple		4th Phase		
Creative Work	Amrita Yoga			Ekadashi Until 12:15AM Mon	Moon – Purple		Bhuloka Day		
Until 5:38PM					Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga									

3		Monday, October 2, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Nairobi, Kenya Sun 25 Sutra 168	
Makara Rasi: 29.48	Tithi 12	Gulika	1:54PM – 3:25PM	Dhanishtha Until 6:53PM	Ganesh: Red	<i>Sunrise:</i> 6:20AM	Hemalamba 5119		
Family Home Evening		Yama	10:53AM – 12:24PM	Dhriti Until 9:14AM	Muruga: Blue	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23		
		Rahu	7:51AM – 9:22AM	Bava Until 12:35PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga			Dvadashi Until 12:41AM Tue	Moon – Purple		Bhuloka Day		
					Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM		

4		Tuesday, October 3, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Nairobi, Kenya Sun 26 Sutra 169	
Kumbha Rasi: 12.39	Tithi 13	Gulika	12:23PM – 1:54PM	Shatabhishak Until 7:14PM	Ganesh: Red	<i>Sunrise:</i> 6:20AM	Hemalamba 5119		
		Yama	9:21AM – 10:52AM	Shula* Until 8:16AM	Muruga: Blue	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23		
		Rahu	3:25PM – 4:56PM	Kaulava Until 12:39PM	Nataraja: Purple		4th Phase		
Routine Work	Marana Yoga			Trayodashi Until 12:22AM Wed	Moon – Purple		Bhuloka Day		
		Kadaitswami Mahasamadhi		<i>Pradosha Vrata</i>	Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM		

5		Wednesday, October 4, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Nairobi, Kenya Sun 27 Sutra 170	
Kumbha Rasi: 25.53	Tithi 14	Gulika	10:52AM – 12:23PM	Purvaproshtapada* Until 7:11PM	Ganesh: Yellow	<i>Sunrise:</i> 6:19AM	Hemalamba 5119		
		Yama	7:50AM – 9:21AM	Ganda* Until 6:44AM	Muruga: Blue	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23		
		Rahu	12:23PM – 1:54PM	Gara Until 11:58AM	Nataraja: Purple		4th Phase		
Creative Work	Amrita Yoga			Chaturdashi* Until 11:21PM	Moon – Clear		Bhuloka Day		
Until 7:11PM		Chidambaram Abhishekam			Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga									

○		Thursday, October 5, 2017				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Nairobi, Kenya Sutra 171	
Copper Retreat Star		Gulika	9:21AM – 10:52AM	Uttaraproshtapada Until 6:21PM	Ganesh: Yellow	<i>Sunrise:</i> 6:19AM	Hemalamba 5119		
Meena Rasi: 9.3	Tithi 15	Yama	6:19AM – 7:50AM	Dhruva Until 2:07AM Fri	Muruga: Blue	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 23		
		Rahu	1:53PM – 3:24PM	Visti Until 10:37AM	Nataraja: Purple		Purnima		
Creative Work	Siddha Yoga			Purnima* Until 9:42PM	Moon – Clear		Bhuloka Day		
					Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM		

Friday, October 6, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Nairobi, Kenya Sutra 172			
Silver Retreat Star		Gulika	7:50AM – 9:20AM	Revati Until 4:53PM	Ganesh: Yellow	<i>Sunrise:</i> 6:19AM	Hemalamba 5119		
Meena Rasi: 23.28	Tithi 16	Yama	3:24PM – 4:55PM	Vyaghata* Until 11:11PM	Muruga: Blue	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 23		
		Rahu	10:51AM – 12:22PM	Balava Until 8:43AM	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 7:35PM	Moon – Clear		Bhuloka Day		
Until 4:53PM					Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga									

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang



Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 173

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 7.43 Tihi 17 - 18

621992364

Gulika 6:18AM - 7:49AM
Yama 1:53PM - 3:24PM
Rahu 9:20AM - 10:51AM

Ashvini Until 3:21PM
Harshana Until 8:02PM
Taitila Until 6:24AM
Dvitiya Until 5:08PM

Ganesha: Blue *Sunrise:* 6:18AM
Muruga: Blue *Sunset:* 6:26PM
Nataraja: Purple
Moon - White
Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Nairobi, Kenya

Sun 2 Sutra 174

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 22.09 Tihi 18 - 19

621992364

Gulika 3:24PM - 4:55PM
Yama 12:22PM - 1:53PM
Rahu 4:55PM - 6:25PM

Bharani Until 1:27PM
Vajra* Until 4:42PM
Bava Until 1:09AM Mon
Tritiya Until 2:29PM

Ganesha: Blue *Sunrise:* 6:18AM
Muruga: Blue *Sunset:* 6:25PM
Nataraja: Clear
Moon - White
Ashvina+Puratasi

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 175

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 6.4 Tihi 19 - 20

621992364

Gulika 1:52PM - 3:23PM
Yama 10:50AM - 12:21PM
Rahu 7:49AM - 9:20AM

Krittika Until 11:22AM
Siddhi Until 1:21PM
Kaulava Until 10:28PM
Chaturthi* Until 11:47AM

Ganesha: Blue *Sunrise:* 6:18AM
Muruga: Blue *Sunset:* 6:25PM
Nataraja: Clear
Moon - White
Ashvina+Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 11:22AM

Then Creative Work - Amrita Yoga

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Nairobi, Kenya

Sun 4 Sutra 176

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 21.08 Tihi 20 - 21

631992364

Gulika 12:21PM - 1:52PM
Yama 9:19AM - 10:50AM
Rahu 3:23PM - 4:54PM

Rohini Until 9:38AM
Vyatipata* Until 10:04AM
Gara Until 7:54PM
Panchami Until 9:08AM

Ganesha: Red *Sunrise:* 6:17AM
Muruga: Blue *Sunset:* 6:25PM
Nataraja: Clear
Moon - Yellow
Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 9:38AM

Then Creative Work - Siddha Yoga

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 177

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mithuna Rasi: 5.31 Tihi 21 - 22

631992364

Gulika 10:50AM - 12:21PM
Yama 7:48AM - 9:19AM
Rahu 12:21PM - 1:52PM

Mrigashira Until 7:55AM
Variyan Until 6:54AM
Bava Until 4:27AM Thu
Shashthi* Until 6:40AM

Ganesha: Red *Sunrise:* 6:17AM
Muruga: Blue *Sunset:* 6:25PM
Nataraja: Clear
Moon - Yellow
Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

Thursday, October 12, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 178

Hemalamba 5119

Moon 10 - Phase 24

Ashtami

Mithuna Rasi: 19.44 Tihi 23

632992364

Gulika 9:19AM - 10:50AM
Yama 6:17AM - 7:48AM
Rahu 1:52PM - 3:23PM

Ardra Until 6:18AM
Shiva Until 1:14AM Fri
Balava Until 3:27PM
Ashtami* Until 2:30AM Fri

Ganesha: Blue *Sunrise:* 6:17AM
Muruga: Blue *Sunset:* 6:25PM
Nataraja: Clear
Moon - Yellow
Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:18AM

Then Creative Work - Amrita Yoga

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 179

Hemalamba 5119

Moon 10 - Phase 24

Navami

Kataka Rasi: 3.45 Tihi 24

642992364

Gulika 7:47AM - 9:18AM
Yama 3:22PM - 4:53PM
Rahu 10:49AM - 12:20PM

Pushya Until 4:23AM Sat
Siddha Until 10:45PM
Taitila Until 1:40PM
Navami* Until 12:53AM Sat

Ganesha: Red *Sunrise:* 6:16AM
Muruga: Blue *Sunset:* 6:24PM
Nataraja: Clear
Moon - Blue
Ashvina+Puratasi

Devaloka Day

Routine Work Marana Yoga

1	Saturday, October 14, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 8 Sutra 180 Hemalamba 5119
	Kataka Rasi: 17.35	Tithi 25	Gulika 6:16AM – 7:47AM	Ashlesha* Until 3:41AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:16AM	
			Yama 1:51PM – 3:22PM	Sadhya Until 8:32PM	Muruga: Blue	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
	Routine Work	Marana Yoga	642992364 Rahu 9:18AM – 10:49AM	Vanija Until 12:13PM	Nataraja: Clear		2nd Phase
			Dashami Until 11:35PM	Moon – Blue		Devaloka Day	
				Ashvina•Puratasi			

2	Sunday, October 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 9 Sutra 181 Hemalamba 5119
	Simha Rasi: 1.13	Tithi 26	Gulika 3:22PM – 4:53PM	Magha* Until 3:36AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:16AM	
			Yama 12:20PM – 1:51PM	Subha Until 6:36PM	Muruga: Blue	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
	Routine Work	Marana Yoga	652992364 Rahu 4:53PM – 6:24PM	Bava Until 11:05AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 10:37PM	Moon – Red		Bhuloka Day	
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	

3	Monday, October 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau				Nairobi, Kenya Sun 10 Sutra 182 Hemalamba 5119
	Simha Rasi: 14.39	Tithi 27	Gulika 1:51PM – 3:22PM	Purvaphalguni Until 3:42AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:16AM	
	Family Home Evening		Yama 10:49AM – 12:20PM	Sukla Until 4:53PM	Muruga: Blue	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
	Creative Work	Siddha Yoga	652992364 Rahu 7:47AM – 9:18AM	Kaulava Until 10:16AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 9:58PM	Moon – Red		Bhuloka Day	
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Tuesday, October 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 183 Hemalamba 5119
	Simha Rasi: 27.55	Tithi 28	Gulika 12:19PM – 1:51PM	Uttaraphalguni Until 3:58AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:15AM	
			Yama 9:17AM – 10:48AM	Brahma Until 3:27PM	Muruga: Blue	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
	Creative Work	Amrita Yoga	652992364 Rahu 3:22PM – 4:53PM	Gara Until 9:47AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 9:40PM	Moon – Red		Bhuloka Day	
				Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, October 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 184 Hemalamba 5119
	Kanya Rasi: 11	Tithi 29	Gulika 10:48AM – 12:19PM	Hasta Until 4:55AM Thu	Ganesha: White	<i>Sunrise:</i> 6:15AM	
			Yama 7:46AM – 9:17AM	Indra Until 2:18PM	Muruga: Blue	<i>Sunset:</i> 6:23PM	Moon 10 - Phase 25
	Routine Work	Marana Yoga	662992364 Rahu 12:19PM – 1:50PM	Visti Until 9:40AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 9:44PM	Moon – Green		Bhuloka Day	
				Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	

●	Thursday, October 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 185 Hemalamba 5119
	Retreat Star		Gulika 9:17AM – 10:48AM	Chitra Until 6:08AM Fri	Ganesha: White	<i>Sunrise:</i> 6:15AM	
	Kanya Rasi: 23.53	Tithi 30	Yama 6:15AM – 7:46AM	Vaidhriti* Until 1:27PM	Muruga: Blue	<i>Sunset:</i> 6:23PM	Moon 10 - Phase 25
	Creative Work	Siddha Yoga	662992364 Rahu 1:50PM – 3:21PM	Catuspada Until 9:56AM	Nataraja: Clear		Amavasya
			Amavasya* Until 10:12PM	Moon – Green		Bhuloka Day	
				Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM	

●	Friday, October 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 186 Hemalamba 5119
	Retreat Star		Gulika 7:46AM – 9:17AM	Chitra Until 6:08AM	Ganesha: White	<i>Sunrise:</i> 6:15AM	
	Tula Rasi: 6.35	Tithi 1	Yama 3:21PM – 4:52PM	Vishkambha* Until 12:56PM	Muruga: Blue	<i>Sunset:</i> 6:23PM	Moon 10 - Phase 25
	Creative Work	Siddha Yoga	662992364 Rahu 10:48AM – 12:19PM	Kintughna Until 10:38AM	Nataraja: Clear		Prathama
			Prathama* Until 11:08PM	Moon – Green		Bhuloka Day	
				Kartika•Aipasi		Devaloka Time: 6:PM to 9:PM	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Saturday, October 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya
Tula Rasi: 19.04	Tithi 2	Gulika	6:15AM – 7:46AM	Svati Until 7:37AM	Ganesh: White	<i>Sunrise:</i> 6:15AM	Sun 15 Sutra 187	
		Yama	1:50PM – 3:21PM	Priti Until 12:47PM	Muruga: Blue	<i>Sunset:</i> 6:23PM	Hemalamba 5119	
Creative Work	Siddha Yoga	662992364 Rahu	9:17AM – 10:48AM	Balava Until 11:47AM	Nataraja: Clear		Moon 10 - Phase 26	
				Dvitiya Until 12:31AM Sun	Moon – Green		3rd Phase	
					Kartika•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
2		Sunday, October 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau				Nairobi, Kenya
Vrischika Rasi: 1.22	Tithi 3	Gulika	3:21PM – 4:52PM	Vishakha Until 9:52AM	Ganesh: Green	<i>Sunrise:</i> 6:14AM	Sun 16 Sutra 188	
		Yama	12:19PM – 1:50PM	Ayushman Until 12:58PM	Muruga: Blue	<i>Sunset:</i> 6:23PM	Hemalamba 5119	
Routine Work	Marana Yoga	672992364 Rahu	4:52PM – 6:23PM	Tailila Until 1:24PM	Nataraja: Clear		Moon 10 - Phase 26	
				Tritiya Until 2:21AM Mon	Moon – Orange		3rd Phase	
					Kartika•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
3		Monday, October 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya
Vrischika Rasi: 13.28	Tithi 4	Gulika	1:50PM – 3:21PM	Anuradha Until 12:22PM	Ganesh: Green	<i>Sunrise:</i> 6:14AM	Sun 17 Sutra 189	
Family Home Evening		Yama	10:47AM – 12:18PM	Saubhagya Until 1:28PM	Muruga: Blue	<i>Sunset:</i> 6:23PM	Hemalamba 5119	
Creative Work	Siddha Yoga	672992364 Rahu	7:45AM – 9:16AM	Vanija Until 3:27PM	Nataraja: Clear		Moon 10 - Phase 26	
				Chaturthi* Until 4:35AM Tue	Moon – Orange		3rd Phase	
					Kartika•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
4		Tuesday, October 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya
Vrischika Rasi: 25.26	Tithi 5	Gulika	12:18PM – 1:49PM	Jyeshtha* Until 3:02PM	Ganesh: Purple	<i>Sunrise:</i> 6:14AM	Sun 18 Sutra 190	
		Yama	9:16AM – 10:47AM	Sobhana Until 2:16PM	Muruga: Blue	<i>Sunset:</i> 6:23PM	Hemalamba 5119	
Routine Work	Marana Yoga	672192364 Rahu	3:20PM – 4:52PM	Bava Until 5:50PM	Nataraja: Clear		Moon 10 - Phase 26	
Until 3:02PM				Panchami Until 7:06AM Wed	Moon – Orange		3rd Phase	
Then Creative Work - Amrita Yoga					Kartika•Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
5		Wednesday, October 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya
Dhanus Rasi: 7.17	Tithi 5 – 6	Gulika	10:47AM – 12:18PM	Mula* Until 6:15PM	Ganesh: Purple	<i>Sunrise:</i> 6:14AM	Sun 19 Sutra 191	
		Yama	7:45AM – 9:16AM	Athiganda* Until 3:11PM	Muruga: Blue	<i>Sunset:</i> 6:23PM	Hemalamba 5119	
Routine Work	Marana Yoga	683192364 Rahu	12:18PM – 1:49PM	Kaulava Until 8:26PM	Nataraja: Clear		Moon 10 - Phase 26	
Until 6:15PM				Panchami Until 7:06AM	Moon – Light Blue		3rd Phase	
Then Creative Work - Amrita Yoga		Skanda Shasthi			Kartika•Aipasi	Sivaloka Day		
6		Thursday, October 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya
Dhanus Rasi: 19.07	Tithi 6 – 7	Gulika	9:16AM – 10:47AM	Purvashadha* Until 9:18PM	Ganesh: Purple	<i>Sunrise:</i> 6:14AM	Sun 20 Sutra 192	
		Yama	6:14AM – 7:45AM	Sukarma Until 4:09PM	Muruga: White	<i>Sunset:</i> 6:22PM	Hemalamba 5119	
Creative Work	Siddha Yoga	683112364 Rahu	1:49PM – 3:20PM	Gara Until 11:01PM	Nataraja: Clear		Moon 10 - Phase 26	
Until 9:18PM				Shashthi* Until 9:43AM	Moon – Light Blue		3rd Phase	
Then Routine Work - Marana Yoga					Kartika•Aipasi	Sivaloka Day		
Retreat Star		Friday, October 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya
Makara Rasi: 0.57	Tithi 7 – 8	Gulika	7:45AM – 9:16AM	Uttarashadha Until 11:59PM	Ganesh: Purple	<i>Sunrise:</i> 6:14AM	Sun 21 Sutra 193	
		Yama	3:20PM – 4:51PM	Dhriti Until 5:00PM	Muruga: White	<i>Sunset:</i> 6:22PM	Hemalamba 5119	
Routine Work	Marana Yoga	683112364 Rahu	10:47AM – 12:18PM	Visti Until 1:22AM Sat	Nataraja: Clear		Moon 10 - Phase 26	
				Saptami Until 12:13PM	Moon – Light Blue		Ashtami	
					Kartika•Aipasi	Sivaloka Day		
Retreat Star		Saturday, October 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya
Makara Rasi: 12.55	Tithi 8 – 9	Gulika	6:13AM – 7:45AM	Shravana Until 2:32AM Sun	Ganesh: Clear	<i>Sunrise:</i> 6:13AM	Sun 22 Sutra 194	
		Yama	1:49PM – 3:20PM	Shula* Until 5:30PM	Muruga: White	<i>Sunset:</i> 6:22PM	Hemalamba 5119	
Creative Work	Siddha Yoga	693112364 Rahu	9:16AM – 10:47AM	Balava Until 3:13AM Sun	Nataraja: Clear		Moon 10 - Phase 26	
Until 2:32AM Sun				Ashtami* Until 2:20PM	Moon – Purple		Navami	
Then Routine Work - Marana Yoga					Kartika•Aipasi	Devaloka Day		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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1 Sunday, October 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Dhanishtha Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 195		Hemalamba 5119		
Makara Rasi: 25.06	Tithi 9 – 10	Gulika 3:20PM – 4:51PM	Dhanishtha Until 4:14AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	
		Yama 12:18PM – 1:49PM	Ganda* Until 5:32PM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 27
	693112364	Rahu 4:51PM – 6:22PM	Taitila Until 4:21AM Mon	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 3:52PM	Moon – Purple		Devaloka Day
Until 4:14AM Mon				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

2 Monday, October 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Shatabhishak Nakshatra Vridhni/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 196		Hemalamba 5119		
Kumbha Rasi: 7.35	Tithi 10 – 11	Gulika 1:49PM – 3:20PM	Shatabhishak Until 4:59AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	
Family Home Evening		Yama 10:47AM – 12:18PM	Vridhni Until 4:59PM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 27
	693112364	Rahu 7:44AM – 9:15AM	Vanija Until 4:40AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:36PM	Moon – Purple		Devaloka Day
Until 4:59AM Tue				Karttika•Aipasi		
Then Routine Work - Marana Yoga						

3 Tuesday, October 31, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Purvaprossthapada* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau		Sun 25 Sutra 197		Hemalamba 5119		
Kumbha Rasi: 20.28	Tithi 11 – 12	Gulika 12:18PM – 1:49PM	Purvaprossthapada* Until 5:11AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	
		Yama 9:15AM – 10:47AM	Dhruva Until 3:43PM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 27
	613112364	Rahu 3:20PM – 4:51PM	Bava Until 4:06AM Wed	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 4:28PM	Moon – Clear		Devaloka Day
Until 5:11AM Wed				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

4 Wednesday, November 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Uttaraprossthapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau		Sun 26 Sutra 198		Hemalamba 5119		
Meena Rasi: 3.47	Tithi 12 – 13	Gulika 10:47AM – 12:18PM	Uttaraprossthapada Until 4:26AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	
		Yama 7:44AM – 9:15AM	Vyaghata* Until 1:48PM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 27
	613112364	Rahu 12:18PM – 1:49PM	Kaulava Until 2:42AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashti Until 3:29PM	Moon – Clear		Devaloka Day
				Karttika•Aipasi		
						<i>Pradosha Vrata</i>

5 Thursday, November 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 199		Hemalamba 5119		
Meena Rasi: 17.34	Tithi 13 – 14	Gulika 9:15AM – 10:46AM	Revati Until 2:51AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	
		Yama 6:13AM – 7:44AM	Harshana Until 11:16AM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 27
	613112364	Rahu 1:49PM – 3:20PM	Gara Until 12:36AM Fri	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 1:43PM	Moon – Clear		Devaloka Day
Until 2:51AM Fri				Karttika•Aipasi		
Then Creative Work - Amrita Yoga						

Friday, November 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Copper Retreat Star		Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 200		
Mesha Rasi: 1.47	Tithi 14 – 15	Gulika 7:44AM – 9:15AM	Ashvini Until 1:00AM Sat	Ganesha: White	<i>Sunrise:</i> 6:13AM	
		Yama 3:20PM – 4:51PM	Vajra* Until 8:11AM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 27
	623112364	Rahu 10:46AM – 12:18PM	Visti Until 9:56PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 11:19AM	Moon – White		Sivaloka Day
Until 1:00AM Sat				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

Saturday, November 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Silver Retreat Star		Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 201		
Mesha Rasi: 16.23	Tithi 15 – 16	Gulika 6:13AM – 7:44AM	Bharani Until 10:38PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	
		Yama 1:49PM – 3:20PM	Vyatipata* Until 12:57AM Sun	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 27
	623112364	Rahu 9:15AM – 10:46AM	Balava Until 6:53PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Purnima* Until 8:26AM	Moon – White		Sivaloka Day
Until 10:38PM				Karttika•Aipasi		
Then Creative Work - Amrita Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sutra 202

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 1.13 Tihti 17

623112364

Gulika 3:20PM – 4:51PM
Yama 12:18PM – 1:49PM
Rahu 4:51PM – 6:22PM

Krittika **Until 7:57PM**
Variyan **Until 9:01PM**
Taitila **Until 3:35PM**

Ganesha: White *Sunrise:* 6:13AM
Muruga: White *Sunset:* 6:22PM

Nataraja: Clear
Moon – White
Karttika•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Monday, November 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 203

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 16.1 Tihti 18

633112364

Gulika 1:49PM – 3:20PM
Yama 10:46AM – 12:18PM
Rahu 7:44AM – 9:15AM

Rohini **Until 5:30PM**
Parigha* **Until 5:05PM**
Vanija **Until 12:15PM**
Tritiya **Until 10:35PM**

Ganesha: Clear *Sunrise:* 6:13AM
Muruga: White *Sunset:* 6:23PM

Nataraja: Clear
Moon – Yellow
Karttika•Aipasi

Devaloka Day

Creative Work Amrita Yoga

Tuesday, November 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 204

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 1.04 Tihti 19

733112364

Gulika 12:18PM – 1:49PM
Yama 9:15AM – 10:47AM
Rahu 3:20PM – 4:51PM

Mrigashira **Until 3:03PM**
Shiva **Until 1:17PM**
Bava **Until 9:00AM**
Chaturthi* **Until 7:26PM**

Ganesha: White *Sunrise:* 6:13AM
Muruga: White *Sunset:* 6:23PM

Nataraja: Clear
Moon – Yellow
Karttika•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 3:03PM

Then Routine Work - Marana Yoga

Wednesday, November 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 3 Sutra 205

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 15.48 Tihti 20 – 21

734112364

Gulika 10:47AM – 12:18PM
Yama 7:44AM – 9:15AM
Rahu 12:18PM – 1:49PM

Ardra **Until 12:45PM**
Siddha **Until 9:40AM**
Gara **Until 3:21AM** Thu
Panchami **Until 4:36PM**

Ganesha: Clear *Sunrise:* 6:13AM
Muruga: White *Sunset:* 6:23PM

Nataraja: Clear
Moon – Yellow
Karttika•Aipasi

Devaloka Day

Creative Work Siddha Yoga

Thursday, November 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 4 Sutra 206

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Kataka Rasi: 0.16 Tihti 21 – 22

744112364

Gulika 9:15AM – 10:47AM
Yama 6:13AM – 7:44AM
Rahu 1:49PM – 3:20PM

Punarvasu **Until 11:08AM**
Sadhya **Until 6:23AM**
Visti **Until 1:12AM** Fri
Shashthi* **Until 2:12PM**

Ganesha: Purple *Sunrise:* 6:13AM
Muruga: White *Sunset:* 6:23PM

Nataraja: Clear
Moon – Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Friday, November 10, 2017

5

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 5 Sutra 207

Hemalamba 5119

Moon 11 - Phase 28

Ashtami

Kataka Rasi: 14.25 Tihti 22 – 23

744112364

Gulika 7:44AM – 9:15AM
Yama 3:20PM – 4:52PM
Rahu 10:47AM – 12:18PM

Pushya **Until 9:52AM**
Sukla **Until 1:02AM** Sat
Balava **Until 11:34PM**
Saptami **Until 12:18PM**

Ganesha: Purple *Sunrise:* 6:13AM
Muruga: White *Sunset:* 6:23PM

Nataraja: Clear
Moon – Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Saturday, November 11, 2017

6

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 6 Sutra 208

Hemalamba 5119

Moon 11 - Phase 28

Navami

Kataka Rasi: 28.13 Tihti 23 – 24

744112364

Gulika 6:13AM – 7:44AM
Yama 1:49PM – 3:21PM
Rahu 9:16AM – 10:47AM

Ashlesha* **Until 9:00AM**
Brahma **Until 11:01PM**
Taitila **Until 10:30PM**
Ashtami* **Until 10:57AM**

Ganesha: Purple *Sunrise:* 6:13AM
Muruga: White *Sunset:* 6:23PM

Nataraja: Clear
Moon – Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 9:00AM

Then Creative Work - Amrita Yoga

1 Sunday, November 12, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritalu Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashyam Tilau				Nairobi, Kenya Sun 7 Sutra 209 Hemalamba 5119
Simha Rasi: 11.41	Tithi 24 – 25	Gulika 3:21PM – 4:52PM	Magha* Until 8:58AM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	
		Yama 12:18PM – 1:49PM	Indra Until 9:27PM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 11 - Phase 29
		754112364 Rahu 4:52PM – 6:23PM	Vanija Until 9:59PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 10:09AM	Moon – Red		Devaloka Day
Until 8:58AM				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

2 Monday, November 13, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritalu Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Tilau				Nairobi, Kenya Sun 8 Sutra 210 Hemalamba 5119
Simha Rasi: 24.52	Tithi 25 – 26	Gulika 1:50PM – 3:21PM	Purvaphalguni Until 9:17AM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	
Family Home Evening		Yama 10:47AM – 12:18PM	Vaidhriti* Until 8:13PM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 11 - Phase 29
		754112364 Rahu 7:45AM – 9:16AM	Bava Until 9:57PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 9:53AM	Moon – Red		Devaloka Day
				Karttika•Aipasi		

3 Tuesday, November 14, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritalu Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau				Nairobi, Kenya Sun 9 Sutra 211 Hemalamba 5119
Kanya Rasi: 7.49	Tithi 26 – 27	Gulika 12:18PM – 1:50PM	Uttaraphalguni Until 9:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	
		Yama 9:16AM – 10:47AM	Vishkamba* Until 7:22PM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 29
		754112364 Rahu 3:21PM – 4:52PM	Kaulava Until 10:21PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 10:05AM	Moon – Red		Devaloka Day
Until 9:55AM				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

4 Wednesday, November 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritalu Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Tilau				Nairobi, Kenya Sun 10 Sutra 212 Hemalamba 5119
Kanya Rasi: 20.34	Tithi 27 – 28	Gulika 10:47AM – 12:19PM	Hasta Until 11:15AM	Ganesha: White	<i>Sunrise:</i> 6:13AM	
		Yama 7:45AM – 9:16AM	Priti Until 6:49PM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 29
		764112364 Rahu 12:19PM – 1:50PM	Gara Until 11:10PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 10:41AM	Moon – Green		Bhuloka Day
Until 11:15AM		Subramuniyaswami Mahasamadhi	<i>Pradosha Vrata (Fasting)</i>	Karttika•Aipasi		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

5 Thursday, November 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritalu Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Tilau				Nairobi, Kenya Sun 11 Sutra 213 Hemalamba 5119
Tula Rasi: 3.07	Tithi 28 – 29	Gulika 9:16AM – 10:47AM	Chitra Until 12:48PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	
		Yama 6:14AM – 7:45AM	Ayushman Until 6:31PM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 29
		764112364 Rahu 1:50PM – 3:21PM	Visti Until 12:20AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:41AM	Moon – Green		Bhuloka Day
Until 12:48PM				Karttika•Karttikai		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

Friday, November 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritalu Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau				Nairobi, Kenya Sun 12 Sutra 214 Hemalamba 5119
Retreat Star		Gulika 7:45AM – 9:16AM	Svati Until 2:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	
Tula Rasi: 15.32	Tithi 29 – 30	Yama 3:22PM – 4:53PM	Saubhagya Until 6:30PM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 29
		764212365 Rahu 10:48AM – 12:19PM	Catuspada Until 1:51AM Sat	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 1:01PM	Moon – Green		Bhuloka Day
				Karttika•Karttikai		Devaloka Time: 9:AM to 12:PM

Saturday, November 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritalu Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau				Nairobi, Kenya Sun 13 Sutra 215 Hemalamba 5119
Retreat Star		Gulika 6:14AM – 7:45AM	Vishakha Until 4:53PM	Ganesha: Orange	<i>Sunrise:</i> 6:14AM	
Tula Rasi: 27.48	Tithi 30 – 1	Yama 1:50PM – 3:22PM	Sobhana Until 6:46PM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 29
		774212365 Rahu 9:17AM – 10:48AM	Kintughna Until 3:42AM Sun	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 2:43PM	Moon – Orange		Bhuloka Day
				Margasira•Karttikai		Devaloka Time: 9:AM to 12:PM

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1 Sunday, November 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Nairobi, Kenya Sun 14 Sutra 216 Hemalamba 5119	
Vrischika Rasi: 9.56	Tithi 1 – 2	Gulika 3:22PM – 4:53PM	Anuradha* Until 7:25PM	Ganesha: Orange <i>Sunrise:</i> 6:14AM	
		Yama 12:19PM – 1:51PM	Athiganda* Until 7:14PM	Muruga: White <i>Sunset:</i> 6:25PM	Moon 11 - Phase 30
		774212365 Rahu 4:53PM – 6:25PM	Balava Until 5:53AM Mon	Nataraja: White	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 4:44PM	Moon – Orange	Bhuloka Day
				Margasira-Karttikai	Devaloka Time: 9:AM to 12:PM

2 Monday, November 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Kaulava Karana Dvitiyayam Titau		Nairobi, Kenya Sun 15 Sutra 217 Hemalamba 5119	
Vrischika Rasi: 21.56	Tithi 2	Gulika 1:51PM – 3:22PM	Jyeshtha* Until 10:04PM	Ganesha: Orange <i>Sunrise:</i> 6:14AM	
Family Home Evening		Yama 10:48AM – 12:20PM	Sukarma Until 7:57PM	Muruga: White <i>Sunset:</i> 6:25PM	Moon 11 - Phase 30
		774212365 Rahu 7:46AM – 9:17AM	Kaulava Until 7:04PM	Nataraja: White	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:04PM	Moon – Orange	Bhuloka Day
				Margasira-Karttikai	Devaloka Time: 9:AM to 12:PM

3 Tuesday, November 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Nairobi, Kenya Sun 16 Sutra 218 Hemalamba 5119	
Dhanus Rasi: 3.49	Tithi 3	Gulika 12:20PM – 1:51PM	Mula* Until 1:17AM Wed	Ganesha: White <i>Sunrise:</i> 6:15AM	
		Yama 9:17AM – 10:49AM	Dhriti Until 8:52PM	Muruga: White <i>Sunset:</i> 6:25PM	Moon 11 - Phase 30
		785212365 Rahu 3:23PM – 4:54PM	Taitila Until 8:22AM	Nataraja: White	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 9:40PM	Moon – Light Blue	Bhuloka Day
				Margasira-Karttikai	

4 Wednesday, November 22, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Nairobi, Kenya Sun 17 Sutra 219 Hemalamba 5119	
Dhanus Rasi: 15.38	Tithi 4	Gulika 10:49AM – 12:20PM	Purvashadha* Until 4:26AM Thu	Ganesha: White <i>Sunrise:</i> 6:15AM	
		Yama 7:46AM – 9:17AM	Shula* Until 9:51PM	Muruga: White <i>Sunset:</i> 6:25PM	Moon 11 - Phase 30
		785212365 Rahu 12:20PM – 1:51PM	Vanija Until 11:02AM	Nataraja: White	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 12:23AM Thu	Moon – Light Blue	Bhuloka Day
Until 4:26AM Thu				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

5 Thursday, November 23, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Nairobi, Kenya Sun 18 Sutra 220 Hemalamba 5119	
Dhanus Rasi: 27.25	Tithi 5	Gulika 9:18AM – 10:49AM	Uttarashadha Until 7:21AM Fri	Ganesha: White <i>Sunrise:</i> 6:15AM	
		Yama 6:15AM – 7:46AM	Ganda* Until 10:50PM	Muruga: White <i>Sunset:</i> 6:26PM	Moon 11 - Phase 30
		785212365 Rahu 1:52PM – 3:23PM	Bava Until 1:45PM	Nataraja: White	3rd Phase
Routine Work	Marana Yoga		Panchami Until 3:03AM Fri	Moon – Light Blue	Bhuloka Day
				Margasira-Karttikai	

6 Friday, November 24, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Nairobi, Kenya Sun 19 Sutra 221 Hemalamba 5119	
Makara Rasi: 9.14	Tithi 6	Gulika 7:47AM – 9:18AM	Uttarashadha Until 7:21AM	Ganesha: White <i>Sunrise:</i> 6:15AM	
		Yama 3:23PM – 4:55PM	Vriddhi Until 11:40PM	Muruga: White <i>Sunset:</i> 6:26PM	Moon 11 - Phase 30
		785212365 Rahu 10:49AM – 12:21PM	Kaulava Until 4:20PM	Nataraja: White	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 5:28AM Sat	Moon – Light Blue	Bhuloka Day
				Margasira-Karttikai	

Saturday, November 25, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara Karana Saptamyam Titau		Nairobi, Kenya Sun 20 Sutra 222 Hemalamba 5119	
Retreat Star		Gulika 6:16AM – 7:47AM	Shravana Until 10:19AM	Ganesha: Clear <i>Sunrise:</i> 6:16AM	
Makara Rasi: 21.1	Tithi 7	Yama 1:52PM – 3:24PM	Dhruva Until 12:08AM Sun	Muruga: White <i>Sunset:</i> 6:26PM	Moon 11 - Phase 30
		795212365 Rahu 9:18AM – 10:50AM	Gara Until 6:32PM	Nataraja: White	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:24AM Sun	Moon – Purple	Bhuloka Day
				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM

Sunday, November 26, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Nairobi, Kenya Sun 21 Sutra 223 Hemalamba 5119	
Retreat Star		Gulika 3:24PM – 4:55PM	Dhanishtha Until 12:35PM	Ganesha: Clear <i>Sunrise:</i> 6:16AM	
Kumbha Rasi: 3.17	Tithi 7 – 8	Yama 12:21PM – 1:53PM	Vyaghata* Until 12:07AM Mon	Muruga: White <i>Sunset:</i> 6:27PM	Moon 11 - Phase 30
		795212365 Rahu 4:55PM – 6:27PM	Visti Until 8:07PM	Nataraja: White	Ashtami
Routine Work	Marana Yoga		Saptami Until 7:24AM	Moon – Purple	Bhuloka Day
Until 12:35PM				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

Monday, November 27, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Nairobi, Kenya Sun 22 Sutra 224 Hemalamba 5119	
Retreat Star		Gulika 1:53PM – 3:24PM	Shatabhishak Until 2:00PM	Ganesha: Clear <i>Sunrise:</i> 6:16AM	
Kumbha Rasi: 15.41	Tithi 8 – 9	Yama 10:50AM – 12:22PM	Harshana Until 11:30PM	Muruga: White <i>Sunset:</i> 6:27PM	Moon 11 - Phase 30
Family Home Evening		795212365 Rahu 7:47AM – 9:19AM	Balava Until 8:54PM	Nataraja: White	Navami
Creative Work	Siddha Yoga		Ashtami* Until 8:36AM	Moon – Purple	Bhuloka Day
Until 2:00PM				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1 Tuesday, November 28, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 23 Sutra 225 Hemalamba 5119
Kumbha Rasi: 28.29	Tithi 9 – 10	Gulika 12:22PM – 1:53PM	Purvaprosarthapada* Until 2:52PM	Ganesha: Yellow <i>Sunrise:</i> 6:16AM		
		Yama 9:19AM – 10:51AM	Vajra* Until 10:09PM	Muruga: White <i>Sunset:</i> 6:27PM		Moon 11 - Phase 31
		715212365 Rahu 3:25PM – 4:56PM	Taitila Until 8:48PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Navami* Until 8:57AM	Moon – Clear	Bhuloka Day	
Until 2:52PM				Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga						

2 Wednesday, November 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 226 Hemalamba 5119
Meena Rasi: 11.44	Tithi 10 – 11	Gulika 10:51AM – 12:22PM	Uttaraprosarthapada Until 2:42PM	Ganesha: Yellow <i>Sunrise:</i> 6:17AM		
		Yama 7:48AM – 9:19AM	Siddhi Until 8:06PM	Muruga: White <i>Sunset:</i> 6:28PM		Moon 11 - Phase 31
		715212365 Rahu 12:22PM – 1:54PM	Vanija Until 7:46PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:22AM	Moon – Clear	Bhuloka Day	
Until 2:42PM		Gita Jayanthi		Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

3 Thursday, November 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Varyan Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 227 Hemalamba 5119
Meena Rasi: 25.29	Tithi 11 – 12	Gulika 9:20AM – 10:51AM	Revati Until 1:32PM	Ganesha: White <i>Sunrise:</i> 6:17AM		
		Yama 6:17AM – 7:48AM	Vyatipata* Until 5:24PM	Muruga: White <i>Sunset:</i> 6:28PM		Moon 11 - Phase 31
		716212365 Rahu 1:54PM – 3:25PM	Balava Until 4:42AM Fri	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:55AM	Moon – Clear	Devaloka Day	
Until 1:32PM				Margasira•Karttikai		
Then Creative Work - Amrita Yoga						

4 Friday, December 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 228 Hemalamba 5119
Mesha Rasi: 9.44	Tithi 13	Gulika 7:49AM – 9:20AM	Ashvini Until 11:56AM	Ganesha: Clear <i>Sunrise:</i> 6:17AM		
		Yama 3:26PM – 4:57PM	Varyan Until 2:06PM	Muruga: White <i>Sunset:</i> 6:29PM		Moon 11 - Phase 31
		726212365 Rahu 10:52AM – 12:23PM	Kaulava Until 3:21PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 1:50AM Sat	Moon – White	Bhuloka Day	
Until 11:56AM			<i>Pradosha Vrata</i>	Margasira•Karttikai	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

5 Saturday, December 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 229 Hemalamba 5119
Mesha Rasi: 24.25	Tithi 14	Gulika 6:18AM – 7:49AM	Bharani Until 9:37AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM		
		Yama 1:55PM – 3:26PM	Parigha* Until 10:21AM	Muruga: White <i>Sunset:</i> 6:29PM		Moon 11 - Phase 31
		726212365 Rahu 9:21AM – 10:52AM	Gara Until 12:14PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:30PM	Moon – White	Bhuloka Day	
Until 9:37AM		Krittika Deepam		Margasira•Karttikai	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga						

○ Sunday, December 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Nairobi, Kenya Sutra 230 Hemalamba 5119
Copper Retreat Star		Gulika 3:27PM – 4:58PM	Krittika Until 6:45AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM		
Vrishabha Rasi: 9.26	Tithi 15	Yama 12:24PM – 1:55PM	Shiva Until 6:18AM	Muruga: White <i>Sunset:</i> 6:29PM		Moon 11 - Phase 31
		726212365 Rahu 4:58PM – 6:29PM	Visti Until 8:43AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:52PM	Moon – White	Bhuloka Day	
				Margasira•Karttikai	Devaloka Time: 9:AM to 12:PM	

Monday, December 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sutra 231 Hemalamba 5119
Silver Retreat Star		Gulika 1:56PM – 3:27PM	Mrigashira Until 12:56AM Tue	Ganesha: Purple <i>Sunrise:</i> 6:19AM		
Vrishabha Rasi: 24.38	Tithi 16 – 17	Yama 10:53AM – 12:24PM	Sadhya Until 9:42PM	Muruga: White <i>Sunset:</i> 6:30PM		Moon 11 - Phase 31
Family Home Evening		736212365 Rahu 7:50AM – 9:21AM	Taitila Until 1:15AM Tue	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:06PM	Moon – Yellow	Devaloka Day	
Until 12:56AM Tue		Vinayaga Viratam Begins		Margasira•Karttikai		
Then Routine Work - Marana Yoga						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 232
Hemalamba 5119

Mithuna Rasi: 9.52 Tihi 17 – 18

Gulika 12:25PM – 1:56PM
Yama 9:22AM – 10:53AM
Rahu 3:27PM – 4:59PM

Ardra Until 9:56PM
Subha Until 5:30PM
Vanija Until 9:39PM
Dvitiya Until 11:25AM

Ganesha: Purple *Sunrise:* 6:19AM
Muruga: White *Sunset:* 6:30PM
Nataraja: White
Moon – Yellow
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 9:56PM
Then Creative Work - Siddha Yoga

Wednesday, December 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 233
Hemalamba 5119

Mithuna Rasi: 24.56 Tihi 18 – 19

Gulika 10:54AM – 12:25PM
Yama 7:51AM – 9:22AM
Rahu 12:25PM – 1:56PM

Punarvasu Until 7:31PM
Sukla Until 1:29PM
Bava Until 6:21PM
Tritiya Until 7:56AM

Ganesha: Clear *Sunrise:* 6:19AM
Muruga: White *Sunset:* 6:31PM
Nataraja: White
Moon – Blue
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Thursday, December 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 234
Hemalamba 5119

Kataka Rasi: 9.44 Tihi 20

Gulika 9:23AM – 10:54AM
Yama 6:20AM – 7:51AM
Rahu 1:57PM – 3:28PM

Pushya Until 5:26PM
Brahma Until 9:50AM
Kaulava Until 3:30PM
Panchami Until 2:16AM Fri

Ganesha: White *Sunrise:* 6:20AM
Muruga: White *Sunset:* 6:31PM
Nataraja: White
Moon – Blue
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 5:26PM
Then Creative Work - Siddha Yoga

Friday, December 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 235
Hemalamba 5119

Kataka Rasi: 24.09 Tihi 21

Gulika 7:52AM – 9:23AM
Yama 3:29PM – 5:00PM
Rahu 10:54AM – 12:26PM

Ashlesha* Until 3:47PM
Indra Until 6:38AM
Gara Until 1:14PM
Shashthi* Until 12:20AM Sat

Ganesha: White *Sunrise:* 6:20AM
Muruga: White *Sunset:* 6:31PM
Nataraja: White
Moon – Blue
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Saturday, December 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 236
Hemalamba 5119

Simha Rasi: 8.08 Tihi 22

Gulika 6:21AM – 7:52AM
Yama 1:58PM – 3:29PM
Rahu 9:23AM – 10:55AM

Magha* Until 3:06PM
Vishkambha* Until 1:49AM Sun
Visti Until 11:39AM
Saptami Until 11:06PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: White *Sunset:* 6:32PM
Nataraja: White
Moon – Red
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 3:06PM
Then Creative Work - Siddha Yoga

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 237
Hemalamba 5119

Simha Rasi: 21.41 Tihi 23

Gulika 3:30PM – 5:01PM
Yama 12:27PM – 1:58PM
Rahu 5:01PM – 6:32PM

Purvaphalguni Until 2:59PM
Priti Until 12:17AM Mon
Balava Until 10:47AM
Ashtami* Until 10:36PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: White *Sunset:* 6:32PM
Nataraja: White
Moon – Red
Margasira•Karttikai

Moon 12 - Phase 32
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 2:59PM
Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 238
Hemalamba 5119

Kanya Rasi: 4.51 Tihi 24

Gulika 1:59PM – 3:30PM
Yama 10:56AM – 12:27PM
Rahu 7:53AM – 9:24AM

Uttaraphalguni Until 3:24PM
Ayushman Until 11:16PM
Taitila Until 10:38AM
Navami* Until 10:48PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: White *Sunset:* 6:33PM
Nataraja: White
Moon – Red
Margasira•Karttikai

Moon 12 - Phase 32
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Family Home Evening Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

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1	Tuesday, December 12, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 8 Sutra 239 Hemalamba 5119	
	Kanya Rasi: 17.4	Tithi 25	Gulika Yama	12:28PM – 1:59PM 9:25AM – 10:56AM	Hasta Until 4:44PM Saubhagya Until 10:43PM Vanija Until 11:09AM Dashami Until 11:37PM	Ganesh: Yellow Muruga: White Nataraja: White Moon – Green	Sunrise: 6:22AM Sunset: 6:33PM Moon 12 - Phase 33 2nd Phase	
			767312365	Rahu 3:30PM – 5:02PM			Bhuloka Day Margasira•Karttikai	Devaloka Time: 9:AM to12:PM
	Creative Work Siddha Yoga							

2	Wednesday, December 13, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 9 Sutra 240 Hemalamba 5119	
	Tula Rasi: 0.14	Tithi 26	Gulika Yama	10:57AM – 12:28PM 7:54AM – 9:25AM	Chitra Until 6:27PM Sobhana Until 10:34PM Bava Until 12:14PM Ekadashi* Until 12:55AM Thu	Ganesh: Yellow Muruga: White Nataraja: White Moon – Green	Sunrise: 6:22AM Sunset: 6:34PM Moon 12 - Phase 33 2nd Phase	
			767312365	Rahu 12:28PM – 2:00PM			Bhuloka Day Margasira•Karttikai	Devaloka Time: 9:AM to12:PM
	Creative Work Siddha Yoga							

3	Thursday, December 14, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nairobi, Kenya Sun 10 Sutra 241 Hemalamba 5119	
	Tula Rasi: 12.35	Tithi 27	Gulika Yama	9:26AM – 10:57AM 6:23AM – 7:54AM	Svati Until 8:24PM Athiganda* Until 10:42PM Kaulava Until 1:46PM Dvadashi* Until 2:39AM Fri	Ganesh: Blue Muruga: White Nataraja: White Moon – Green	Sunrise: 6:23AM Sunset: 6:34PM Moon 12 - Phase 33 2nd Phase	
			768312365	Rahu 2:00PM – 3:31PM			Bhuloka Day Margasira•Karttikai	
	Creative Work Amrita Yoga Until 8:24PM Then Creative Work - Siddha Yoga							

4	Friday, December 15, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 242 Hemalamba 5119	
	Tula Rasi: 24.46	Tithi 28	Gulika Yama	7:55AM – 9:26AM 3:32PM – 5:03PM	Vishakha Until 10:59PM Sukarma Until 11:06PM Gara Until 3:39PM Trayodashi* Until 4:41AM Sat <i>Pradosha Vrata (Fasting)</i>	Ganesh: Blue Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:23AM Sunset: 6:35PM Moon 12 - Phase 33 2nd Phase	
			778312365	Rahu 10:58AM – 12:29PM			Bhuloka Day Margasira•Karttikai	
	Creative Work Siddha Yoga							

5	Saturday, December 16, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 243 Hemalamba 5119	
	Vrishchika Rasi: 6.5	Tithi 29	Gulika Yama	6:24AM – 7:55AM 2:01PM – 3:32PM	Anuradha Until 1:40AM Sun Dhriti Until 11:42PM Visti Until 5:49PM Chaturdashi* Until 6:58AM Sun	Ganesh: Blue Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:24AM Sunset: 6:35PM Moon 12 - Phase 33 2nd Phase	
			878312365	Rahu 9:27AM – 10:58AM			Bhuloka Day Margasira•Markali	
	Creative Work Siddha Yoga Until 1:40AM Sun Then Routine Work - Marana Yoga		Markali Pillaiyar					

	Sunday, December 17, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 244 Hemalamba 5119		
	Retreat Star		Vrishchika Rasi: 18.49	Tithi 29 – 30	Gulika Yama	3:33PM – 5:04PM 12:30PM – 2:01PM	Jyeshtha* Until 4:23AM Mon Shula* Until 12:26AM Mon Catuspada Until 8:13PM Chaturdashi* Until 6:58AM	Ganesh: Blue Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:24AM Sunset: 6:36PM Moon 12 - Phase 33 Amavasya
			878312365	Rahu 5:04PM – 6:36PM			Bhuloka Day Margasira•Markali		
	Routine Work Marana Yoga Until 4:23AM Mon Then Creative Work - Siddha Yoga		Hanumath Jayanthi (Tamil Nadu)						

	Monday, December 18, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 245 Hemalamba 5119		
	Retreat Star		Dhanus Rasi: 0.42	Tithi 30 – 1	Gulika Yama	2:02PM – 3:33PM 10:59AM – 12:30PM	Mula* Until 7:35AM Tue Ganda* Until 1:18AM Tue Kintughna Until 10:47PM Amavasya* Until 9:28AM	Ganesh: Blue Muruga: White Nataraja: White Moon – Light Blue	Sunrise: 6:25AM Sunset: 6:36PM Moon 12 - Phase 33 Prathama
			888312365	Rahu 7:56AM – 9:28AM			Bhuloka Day Pausha•Markali		
	Family Home Evening Creative Work Siddha Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1 Tuesday, December 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya	
Dhanus Rasi: 12.32	Tithi 1 – 2	Gulika 12:31PM – 2:02PM	Mula* Until 7:35AM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	Sun 15	Sutra 246
		Yama 9:28AM – 11:00AM	Vridhhi Until 2:16AM Wed	Muruga: White	<i>Sunset:</i> 6:37PM		Hemalamba 5119
		888312365 Rahu 3:34PM – 5:05PM	Balava Until 1:28AM Wed	Nataraja: White			Moon 12 - Phase 34
Creative Work	Amrita Yoga		Prathama* Until 12:06PM	Moon – Light Blue			3rd Phase
Until 7:35AM				Pausha-Markali			Bhuloka Day
Then Creative Work - Siddha Yoga							

2 Wednesday, December 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya	
Dhanus Rasi: 24.21	Tithi 2 – 3	Gulika 11:00AM – 12:31PM	Purvashadha* Until 10:42AM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Sun 16	Sutra 247
		Yama 7:57AM – 9:29AM	Dhruva Until 3:12AM Thu	Muruga: White	<i>Sunset:</i> 6:37PM		Hemalamba 5119
		889312365 Rahu 12:31PM – 2:03PM	Taitila Until 4:10AM Thu	Nataraja: White			Moon 12 - Phase 34
Creative Work	Amrita Yoga		Dvitiya Until 2:48PM	Moon – Light Blue			3rd Phase
				Pausha-Markali			Bhuloka Day
							Devaloka Time: 9:AM to 12:PM

3 Thursday, December 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya	
Makara Rasi: 6.1	Tithi 3 – 4	Gulika 9:29AM – 11:01AM	Uttarashadha Until 1:36PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Sun 17	Sutra 248
		Yama 6:26AM – 7:58AM	Vyaghata* Until 4:04AM Fri	Muruga: White	<i>Sunset:</i> 6:38PM		Hemalamba 5119
		889312365 Rahu 2:03PM – 3:35PM	Vanija Until 6:44AM Fri	Nataraja: White			Moon 12 - Phase 34
Routine Work	Marana Yoga		Tritiya Until 5:27PM	Moon – Light Blue			3rd Phase
Until 1:36PM				Pausha-Markali			Bhuloka Day
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati					Devaloka Time: 9:AM to 12:PM

4 Friday, December 22, 2017		Hemalamba Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya	
Makara Rasi: 18.01	Tithi 4	Gulika 7:58AM – 9:30AM	Shravana Until 4:40PM	Ganesha: Red	<i>Sunrise:</i> 6:27AM	Sun 18	Sutra 249
		Yama 3:35PM – 5:07PM	Harshana Until 4:45AM Sat	Muruga: White	<i>Sunset:</i> 6:38PM		Hemalamba 5119
		899312365 Rahu 11:01AM – 12:32PM	Vanija Until 6:44AM	Nataraja: White			Moon 12 - Phase 34
Routine Work	Marana Yoga		Chaturthi* Until 7:54PM	Moon – Purple			3rd Phase
Until 4:40PM				Pausha-Markali			Bhuloka Day
Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati					Devaloka Time: 9:AM to 12:PM

5 Saturday, December 23, 2017		Hemalamba Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya	
Makara Rasi: 29.59	Tithi 5	Gulika 6:27AM – 7:59AM	Dhanishtha Until 7:15PM	Ganesha: Red	<i>Sunrise:</i> 6:27AM	Sun 19	Sutra 250
		Yama 2:04PM – 3:36PM	Vajra* Until 5:04AM Sun	Muruga: White	<i>Sunset:</i> 6:39PM		Hemalamba 5119
		899312365 Rahu 9:30AM – 11:02AM	Bava Until 9:01AM	Nataraja: White			Moon 12 - Phase 34
Creative Work	Siddha Yoga		Panchami Until 9:58PM	Moon – Purple			3rd Phase
Until 7:15PM				Pausha-Markali			Bhuloka Day
Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati					Devaloka Time: 9:AM to 12:PM

6 Sunday, December 24, 2017		Hemalamba Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya	
Kumbha Rasi: 12.07	Tithi 6	Gulika 3:36PM – 5:08PM	Shatabhishak Until 9:09PM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Sun 20	Sutra 251
		Yama 12:33PM – 2:05PM	Siddhi Until 4:58AM Mon	Muruga: White	<i>Sunset:</i> 6:39PM		Hemalamba 5119
		899312365 Rahu 5:08PM – 6:39PM	Kaulava Until 10:50AM	Nataraja: White			Moon 12 - Phase 34
Creative Work	Siddha Yoga		Shashthi* Until 11:29PM	Moon – Purple			3rd Phase
Until 7:15PM				Pausha-Markali			Bhuloka Day
Then Creative Work - Siddha Yoga		Day 4 of Pancha Ganapati					Devaloka Time: 9:AM to 12:PM
		Vinayaga Viratam Ends					

Monday, December 25, 2017		Hemalamba Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya	
Retreat Star		Gulika 2:05PM – 3:37PM	Purvaproshtapada* Until 10:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sun 21	Sutra 252
Kumbha Rasi: 24.31	Tithi 7	Yama 11:03AM – 12:34PM	Vyatipata* Until 4:18AM Tue	Muruga: White	<i>Sunset:</i> 6:40PM		Hemalamba 5119
Family Home Evening		819312365 Rahu 8:00AM – 9:31AM	Gara Until 12:01PM	Nataraja: White			Moon 12 - Phase 34
Routine Work	Marana Yoga		Saptami Until 12:18AM Tue	Moon – Clear			3rd Phase
Until 10:42PM				Pausha-Markali			Bhuloka Day
Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati					Devaloka Time: 9:AM to 12:PM

Tuesday, December 26, 2017		Hemalamba Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya	
Retreat Star		Gulika 12:34PM – 2:06PM	Uttaraproshtapada Until 11:19PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sun 22	Sutra 253
Meena Rasi: 7.14	Tithi 8	Yama 9:32AM – 11:03AM	Variyan Until 2:59AM Wed	Muruga: White	<i>Sunset:</i> 6:40PM		Hemalamba 5119
		819312366 Rahu 3:37PM – 5:09PM	Visti Until 12:25PM	Nataraja: Green			Moon 12 - Phase 34
Creative Work	Amrita Yoga		Ashtami* Until 12:18AM Wed	Moon – Clear			Ashtami
Until 11:19PM				Pausha-Markali			Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 9:AM to 12:PM

Wednesday, December 27, 2017		Hemalamba Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya	
Retreat Star		Gulika 11:04AM – 12:35PM	Revati Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sun 23	Sutra 254
Meena Rasi: 20.21	Tithi 9	Yama 8:01AM – 9:32AM	Parigha* Until 1:01AM Thu	Muruga: White	<i>Sunset:</i> 6:41PM		Hemalamba 5119
		819312366 Rahu 12:35PM – 2:06PM	Balava Until 11:59AM	Nataraja: Green			Moon 12 - Phase 34
Routine Work	Marana Yoga		Navami* Until 11:26PM	Moon – Clear			Navami
				Pausha-Markali			Bhuloka Day
							Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Thursday, December 28, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Nairobi, Kenya Sun 24 Sutra 255 Hemalamba 5119	
Mesha Rasi: 3.56	Tithi 10	Gulika	9:33AM – 11:04AM	Ashvini Until 10:06PM	Ganesh: Blue	<i>Sunrise:</i> 6:30AM	
		Yama	6:30AM – 8:01AM	Shiva Until 10:25PM	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 12 - Phase 35
		821312366 Rahu	2:07PM – 3:38PM	Taitila Until 10:43AM	Nataraja: Green		4th Phase
Creative Work	Amrita Yoga			Dashami Until 9:46PM	Moon – White		Devaloka Day
Until 10:06PM					Pausha-Markali		
Then Creative Work - Siddha Yoga							

2		Friday, December 29, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau		Nairobi, Kenya Sun 25 Sutra 256 Hemalamba 5119	
Mesha Rasi: 18	Tithi 11	Gulika	8:02AM – 9:33AM	Bharani Until 8:23PM	Ganesh: Blue	<i>Sunrise:</i> 6:30AM	
		Yama	3:39PM – 5:10PM	Siddha Until 7:14PM	Muruga: White	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 35
		821312366 Rahu	11:04AM – 12:36PM	Vanija Until 8:40AM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 7:22PM	Moon – White		Devaloka Day
		Vaikuntha Ekadasi			Pausha-Markali		

3		Saturday, December 30, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 26 Sutra 257 Hemalamba 5119	
Vrishabha Rasi: 2.31	Tithi 12 – 13	Gulika	6:31AM – 8:02AM	Krittika Until 5:57PM	Ganesh: Blue	<i>Sunrise:</i> 6:31AM	
		Yama	2:08PM – 3:39PM	Sadhya Until 3:34PM	Muruga: White	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 35
		821312366 Rahu	9:34AM – 11:05AM	Kaulava Until 2:44AM Sun	Nataraja: Green		4th Phase
Creative Work	Amrita Yoga			Dvadashi Until 4:23PM	Moon – White		Devaloka Day
				<i>Pradosha Vrata</i>	Pausha-Markali		

4		Sunday, December 31, 2017		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 27 Sutra 258 Hemalamba 5119	
Vrishabha Rasi: 17.25	Tithi 13 – 14	Gulika	3:40PM – 5:11PM	Rohini Until 3:22PM	Ganesh: Yellow	<i>Sunrise:</i> 6:31AM	
		Yama	12:37PM – 2:08PM	Subha Until 11:33AM	Muruga: White	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 35
		831312366 Rahu	5:11PM – 6:43PM	Gara Until 11:09PM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 12:58PM	Moon – Yellow		Bhuloka Day
					Pausha-Markali		Devaloka Time: 9:AM to12:PM

Monday, January 1, 2018		Copper Retreat Star		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Nairobi, Kenya Sutra 259 Hemalamba 5119	
Mithuna Rasi: 2.35	Tithi 14 – 15	Gulika	2:09PM – 3:40PM	Mrigashira Until 12:23PM	Ganesh: Yellow	<i>Sunrise:</i> 6:32AM	
Family Home Evening		Yama	11:06AM – 12:37PM	Sukla Until 7:16AM	Muruga: White	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 35
		831312366 Rahu	8:03AM – 9:35AM	Visti Until 7:22PM	Nataraja: Green		Purnima
Creative Work	Amrita Yoga			Chaturdashi* Until 9:15AM	Moon – Yellow		Bhuloka Day
Until 12:23PM					Pausha-Markali		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

Tuesday, January 2, 2018		Silver Retreat Star		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Nairobi, Kenya Sutra 260 Hemalamba 5119	
Mithuna Rasi: 17.52	Tithi 16	Gulika	12:38PM – 2:09PM	Ardra Until 9:11AM	Ganesh: Yellow	<i>Sunrise:</i> 6:32AM	
		Yama	9:35AM – 11:06AM	Indra Until 10:35PM	Muruga: White	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 35
		831312366 Rahu	3:41PM – 5:12PM	Balava Until 3:34PM	Nataraja: Green		Prathama
Routine Work	Marana Yoga			Prathama* Until 1:42AM Wed	Moon – Yellow		Bhuloka Day
Until 9:11AM					Pausha-Markali		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga		Ardra Darshanam					



Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sutra 261

Kataka Rasi: 3.06 Tihti 17

Gulika 11:07AM – 12:38PM
Yama 8:04AM – 9:35AM
Rahu 12:38PM – 2:10PM

Punarvasu Until 6:21AM
Vaidhriti* Until 6:24PM
Taitila Until 11:55AM
Dvitiya Until 10:11PM

Ganesha: White Sunrise: 6:33AM
Muruga: White Sunset: 6:44PM
Nataraja: Green
Moon – Blue
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 262

Kataka Rasi: 18.06 Tihti 18

Gulika 9:36AM – 11:07AM
Yama 6:33AM – 8:05AM
Rahu 2:10PM – 3:42PM

Ashlesha* Until 1:16AM Fri
Vishkambha* Until 2:32PM
Vanija Until 8:35AM
Tritiya Until 7:04PM

Ganesha: White Sunrise: 6:33AM
Muruga: White Sunset: 6:44PM
Nataraja: Green
Moon – Blue
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 1:16AM Fri

Then Routine Work - Marana Yoga

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 2 Sutra 263

Simha Rasi: 2.46 Tihti 19 – 20

Gulika 8:05AM – 9:36AM
Yama 3:42PM – 5:13PM
Rahu 11:08AM – 12:39PM

Magha* Until 11:44PM
Priti Until 11:07AM
Kaulava Until 3:30AM Sat
Chaturthi* Until 4:31PM

Ganesha: Clear Sunrise: 6:34AM
Muruga: White Sunset: 6:45PM
Nataraja: Green
Moon – Red
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

Until 11:44PM

Then Creative Work - Siddha Yoga

Subramuniyaswami Jayanti

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 3 Sutra 264

Simha Rasi: 16.59 Tihti 20 – 21

Gulika 6:34AM – 8:05AM
Yama 2:11PM – 3:43PM
Rahu 9:37AM – 11:08AM

Purvaphalguni Until 10:46PM
Ayushman Until 8:11AM
Gara Until 1:59AM Sun
Panchami Until 2:37PM

Ganesha: Clear Sunrise: 6:34AM
Muruga: White Sunset: 6:45PM
Nataraja: Green
Moon – Red
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 10:46PM

Then Routine Work - Marana Yoga

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 4 Sutra 265

Kanya Rasi: 0.45 Tihti 21 – 22

Gulika 3:43PM – 5:14PM
Yama 12:40PM – 2:12PM
Rahu 5:14PM – 6:46PM

Uttaraphalguni Until 10:26PM
Sobhana Until 4:12AM Mon
Visti Until 1:17AM Mon
Shashthi* Until 1:31PM

Ganesha: Purple Sunrise: 6:34AM
Muruga: White Sunset: 6:46PM
Nataraja: Green
Moon – Red
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Monday, January 8, 2018

5

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 5 Sutra 266

Kanya Rasi: 14.03 Tihti 22 – 23

Family Home Evening

Gulika 2:12PM – 3:43PM
Yama 11:09AM – 12:41PM
Rahu 8:06AM – 9:38AM

Hasta Until 11:11PM
Athiganda* Until 3:07AM Tue
Balava Until 1:23AM Tue
Saptami Until 1:13PM

Ganesha: Purple Sunrise: 6:35AM
Muruga: White Sunset: 6:46PM
Nataraja: Green
Moon – Green
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 11:11PM

Then Routine Work - Prabalarishta Yoga

Tuesday, January 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 6 Sutra 267

Kanya Rasi: 26.57 Tihti 23 – 24

Gulika 12:41PM – 2:12PM
Yama 9:38AM – 11:10AM
Rahu 3:44PM – 5:15PM

Chitra Until 12:31AM Wed
Sukarma Until 2:38AM Wed
Taitila Until 2:14AM Wed
Ashtami* Until 1:42PM

Ganesha: Purple Sunrise: 6:35AM
Muruga: White Sunset: 6:47PM
Nataraja: Green
Moon – Green
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
Navami

Devaloka Day

Creative Work Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time

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1	Wednesday, January 10, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 7 Sutra 268 Hemalamba 5119
	Tula Rasi: 9.3	Tithi 24 – 25	Gulika 11:10AM – 12:41PM	Svati Until 2:18AM Thu	Ganesha: Purple <i>Sunrise: 6:36AM</i>		
			Yama 8:07AM – 9:39AM	Dhriti Until 2:39AM Thu	Muruga: White <i>Sunset: 6:47PM</i>		Moon 13 - Phase 37 2nd Phase
	Creative Work	Siddha Yoga	862412366 Rahu 12:41PM – 2:13PM	Vanija Until 3:44AM Thu	Nataraja: Green		
			Navami* Until 2:54PM	Moon – Green		Devaloka Day	
				Pausha-Markali			

2	Thursday, January 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 8 Sutra 269 Hemalamba 5119
	Tula Rasi: 21.47	Tithi 25 – 26	Gulika 9:39AM – 11:10AM	Vishakha Until 4:55AM Fri	Ganesha: Clear <i>Sunrise: 6:36AM</i>		
			Yama 6:36AM – 8:08AM	Shula* Until 3:01AM Fri	Muruga: White <i>Sunset: 6:47PM</i>		Moon 13 - Phase 37 2nd Phase
	Creative Work	Siddha Yoga	872412366 Rahu 2:13PM – 3:45PM	Bava Until 5:44AM Fri	Nataraja: Green		
			Dashami Until 4:40PM	Moon – Orange		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 9:AM to 12:PM	

3	Friday, January 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ganda* Yoga Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 9 Sutra 270 Hemalamba 5119
	Vrischika Rasi: 3.52	Tithi 26	Gulika 8:08AM – 9:39AM	Anuradha Until 7:41AM Sat	Ganesha: Clear <i>Sunrise: 6:37AM</i>		
			Yama 3:45PM – 5:16PM	Ganda* Until 3:39AM Sat	Muruga: White <i>Sunset: 6:48PM</i>		Moon 13 - Phase 37 2nd Phase
	Creative Work	Siddha Yoga	872412366 Rahu 11:11AM – 12:42PM	Balava Until 6:51PM	Nataraja: Green		
			Ekadashi* Until 6:51PM	Moon – Orange		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 9:AM to 12:PM	

4	Saturday, January 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvodashyam Titau				Nairobi, Kenya Sun 10 Sutra 271 Hemalamba 5119
	Vrischika Rasi: 15.49	Tithi 27	Gulika 6:37AM – 8:08AM	Anuradha Until 7:41AM	Ganesha: Clear <i>Sunrise: 6:37AM</i>		
			Yama 2:14PM – 3:45PM	Vriddhi Until 4:30AM Sun	Muruga: White <i>Sunset: 6:48PM</i>		Moon 13 - Phase 37 2nd Phase
	Creative Work	Siddha Yoga	872412366 Rahu 9:40AM – 11:11AM	Kaulava Until 8:05AM	Nataraja: Green		
			Dvadashi* Until 9:20PM	Moon – Orange		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 9:AM to 12:PM	

5	Sunday, January 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 272 Hemalamba 5119
	Vrischika Rasi: 27.41	Tithi 28	Gulika 3:46PM – 5:17PM	Jyeshtha* Until 10:30AM	Ganesha: Clear <i>Sunrise: 6:37AM</i>		
			Yama 12:43PM – 2:14PM	Dhruva Until 5:24AM Mon	Muruga: White <i>Sunset: 6:48PM</i>		Moon 13 - Phase 37 2nd Phase
	Routine Work	Marana Yoga	872412366 Rahu 5:17PM – 6:48PM	Gara Until 10:39AM	Nataraja: Green		
Until 10:30AM			Trayodashi* Until 11:58PM	Moon – Orange		Bhuloka Day	
Then Creative Work - Amrita Yoga		Thai Pongal	<i>Pradosha Vrata (Fasting)</i>	Pausha-Thai		Devaloka Time: 9:AM to 12:PM	

6	Monday, January 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 273 Hemalamba 5119
	Dhanus Rasi: 9.31	Tithi 29	Gulika 2:15PM – 3:46PM	Mula* Until 1:44PM	Ganesha: Orange <i>Sunrise: 6:38AM</i>		
	Family Home Evening		Yama 11:12AM – 12:43PM	Vyaghata* Until 6:19AM Tue	Muruga: White <i>Sunset: 6:49PM</i>		Moon 13 - Phase 37 2nd Phase
	Creative Work	Siddha Yoga	882412366 Rahu 8:09AM – 9:41AM	Visti Until 1:19PM	Nataraja: Green		
Until 1:44PM			Chaturdashi* Until 2:38AM Tue	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga				Pausha-Thai		Devaloka Time: 9:AM to 12:PM	

●	Tuesday, January 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 274 Hemalamba 5119
	Retreat Star		Gulika 12:44PM – 2:15PM	Purvashadha* Until 4:48PM	Ganesha: Orange <i>Sunrise: 6:38AM</i>		
	Dhanus Rasi: 21.2	Tithi 30	Yama 9:41AM – 11:12AM	Vyaghata* Until 6:19AM	Muruga: White <i>Sunset: 6:49PM</i>		Moon 13 - Phase 37 Amavasya
	Creative Work	Siddha Yoga	882412366 Rahu 3:46PM – 5:18PM	Catuspada Until 3:58PM	Nataraja: Green		
Until 4:48PM			Amavasya* Until 5:14AM Wed	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Pausha-Thai		Devaloka Time: 9:AM to 12:PM	

●	Wednesday, January 17, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Kintughna* Karana Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 275 Hemalamba 5119
	Retreat Star		Gulika 11:13AM – 12:44PM	Uttarashadha Until 7:35PM	Ganesha: Orange <i>Sunrise: 6:39AM</i>		
	Makara Rasi: 3.1	Tithi 1	Yama 8:10AM – 9:41AM	Harshana Until 7:13AM	Muruga: White <i>Sunset: 6:49PM</i>		Moon 13 - Phase 37 Prathama
	Creative Work	Amrita Yoga	882412366 Rahu 12:44PM – 2:15PM	Kintughna Until 6:31PM	Nataraja: Green		
Until 7:35PM			Prathama* Until 7:41AM Thu	Moon – Light Blue		Bhuloka Day	
Then Creative Work - Siddha Yoga				Magha-Thai		Devaloka Time: 9:AM to 12:PM	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Thursday, January 18, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
	Shravana Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 276		
	Makara Rasi: 15.05	Tithi 1 – 2	Gulika 9:42AM – 11:13AM	Shravana Until 10:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Hemalamba 5119
			Yama 6:39AM – 8:10AM	Vajra* Until 7:57AM	Muruga: White	<i>Sunset:</i> 6:50PM	Moon 13 - Phase 38
		892412366 Rahu 2:16PM – 3:47PM	Balava Until 8:50PM	Nataraja: Green		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 7:41AM	Moon – Purple			
				Magha*Thai		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

2	Friday, January 19, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
	Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau		Sun 16		Sutra 277		
	Makara Rasi: 27.05	Tithi 2 – 3	Gulika 8:11AM – 9:42AM	Dhanishtha Until 12:58AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Hemalamba 5119
			Yama 3:47PM – 5:19PM	Siddhi Until 8:30AM	Muruga: White	<i>Sunset:</i> 6:50PM	Moon 13 - Phase 38
		892412366 Rahu 11:13AM – 12:45PM	Taitila Until 10:52PM	Nataraja: Green		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:52AM	Moon – Purple			
Until 12:58AM Sat				Magha*Thai		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to12:PM	

3	Saturday, January 20, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
	Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17		Sutra 278		
	Kumbha Rasi: 9.13	Tithi 3 – 4	Gulika 6:40AM – 8:11AM	Shatabhishak Until 2:52AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
			Yama 2:16PM – 3:48PM	Vyatipata* Until 8:49AM	Muruga: White	<i>Sunset:</i> 6:50PM	Moon 13 - Phase 38
		892412366 Rahu 9:42AM – 11:14AM	Vanija Until 12:29AM Sun	Nataraja: Green		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 11:43AM	Moon – Purple			
Until 2:52AM Sun				Magha*Thai		Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM	

4	Sunday, January 21, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
	Purvaprosarthapada* Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 279		
	Kumbha Rasi: 21.31	Tithi 4 – 5	Gulika 3:48PM – 5:19PM	Purvaprosarthapada* Until 4:38AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
			Yama 12:45PM – 2:17PM	Variyan Until 8:47AM	Muruga: White	<i>Sunset:</i> 6:51PM	Moon 13 - Phase 38
		813412366 Rahu 5:19PM – 6:51PM	Bava Until 1:38AM Mon	Nataraja: Green		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 1:06PM	Moon – Clear			
				Magha*Thai		Bhuloka Day	

5	Monday, January 22, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
	Uttaraprosarthapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19		Sutra 280		
	Meena Rasi: 4.02	Tithi 5 – 6	Gulika 2:17PM – 3:48PM	Uttaraprosarthapada Until 5:40AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
	Family Home Evening		Yama 11:14AM – 12:46PM	Parigha* Until 8:22AM	Muruga: White	<i>Sunset:</i> 6:51PM	Moon 13 - Phase 38
		813412366 Rahu 8:12AM – 9:43AM	Kaulava Until 2:12AM Tue	Nataraja: Green		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 1:58PM	Moon – Clear			
				Magha*Thai		Bhuloka Day	

6	Tuesday, January 23, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
	Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 281		
	Meena Rasi: 16.5	Tithi 6 – 7	Gulika 12:46PM – 2:17PM	Revati Until 5:57AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:41AM	Hemalamba 5119
			Yama 9:43AM – 11:14AM	Shiva Until 7:32AM	Muruga: Green	<i>Sunset:</i> 6:51PM	Moon 13 - Phase 38
		813422366 Rahu 3:48PM – 5:20PM	Gara Until 2:08AM Wed	Nataraja: Green		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 2:14PM	Moon – Clear			
Until 5:57AM Wed				Magha*Thai		Bhuloka Day	
Then Routine Work - Marana Yoga							

Retreat Star	Wednesday, January 24, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
	Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Sun 21		Sutra 282		
	Meena Rasi: 29.56	Tithi 7 – 8	Gulika 11:15AM – 12:46PM	Ashvini Until 5:53AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:41AM	Hemalamba 5119
			Yama 8:12AM – 9:43AM	Siddha Until 6:10AM	Muruga: Green	<i>Sunset:</i> 6:51PM	Moon 13 - Phase 38
		813422366 Rahu 12:46PM – 2:17PM	Visti Until 1:25AM Thu	Nataraja: Green		Ashtami	
Routine Work	Marana Yoga		Saptami Until 1:51PM	Moon – Clear			
Until 5:53AM Thu				Magha*Thai		Bhuloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star	Thursday, January 25, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
	Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 283		
	Mesha Rasi: 13.23	Tithi 8 – 9	Gulika 9:44AM – 11:15AM	Bharani Until 5:01AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:41AM	Hemalamba 5119
			Yama 6:41AM – 8:12AM	Subha Until 1:54AM Fri	Muruga: Green	<i>Sunset:</i> 6:51PM	Moon 13 - Phase 38
		923422366 Rahu 2:18PM – 3:49PM	Balava Until 12:01AM Fri	Nataraja: Green		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 12:47PM	Moon – White			
				Magha*Thai		Bhuloka Day	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1 Friday, January 26, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuklayam				Nairobi, Kenya
Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 284		Hemalamba 5119		
Mesha Rasi: 27.14	Tithi 9 – 10	Gulika 8:13AM – 9:44AM	Krittika Until 3:24AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:41AM	
		Yama 3:49PM – 5:20PM	Sukla Until 11:00PM	Muruga: Green	<i>Sunset:</i> 6:52PM	Moon 13 - Phase 39
	923422366	Rahu 11:15AM – 12:46PM	Taitila Until 10:00PM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Navami* Until 11:04AM	Moon – White		Bhuloka Day
Until 3:24AM Sat				Magha-Thai		
Then Creative Work - Amrita Yoga						

2 Saturday, January 27, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuklayam				Nairobi, Kenya
Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 285		Hemalamba 5119		
Vrishabha Rasi: 11.28	Tithi 10 – 11	Gulika 6:42AM – 8:13AM	Rohini Until 1:33AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:42AM	
		Yama 2:18PM – 3:49PM	Brahma Until 7:40PM	Muruga: Green	<i>Sunset:</i> 6:52PM	Moon 13 - Phase 39
	933422366	Rahu 9:44AM – 11:15AM	Vanija Until 7:26PM	Nataraja: Green		4th Phase
Creative Work	Amrita Yoga		Dashami Until 8:46AM	Moon – Yellow		Bhuloka Day
Until 1:33AM Sun				Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Sunday, January 28, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuklayam				Nairobi, Kenya
Mrigashira Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 286		Hemalamba 5119		
Vrishabha Rasi: 26.02	Tithi 12	Gulika 3:49PM – 5:21PM	Mrigashira Until 11:10PM	Ganesha: Red	<i>Sunrise:</i> 6:42AM	
		Yama 12:47PM – 2:18PM	Indra Until 4:00PM	Muruga: Green	<i>Sunset:</i> 6:52PM	Moon 13 - Phase 39
	933422366	Rahu 5:21PM – 6:52PM	Bava Until 4:26PM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:47AM Mon	Moon – Yellow		Bhuloka Day
Until 8:23PM				Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

4 Monday, January 29, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuklayam				Nairobi, Kenya
Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 287		Hemalamba 5119		
Mithuna Rasi: 10.55	Tithi 13	Gulika 2:18PM – 3:50PM	Ardra Until 8:23PM	Ganesha: Red	<i>Sunrise:</i> 6:42AM	
Family Home Evening		Yama 11:16AM – 12:47PM	Vaidhriti* Until 12:03PM	Muruga: Green	<i>Sunset:</i> 6:52PM	Moon 13 - Phase 39
	933422366	Rahu 8:13AM – 9:45AM	Kaulava Until 1:07PM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:22PM	Moon – Yellow		Bhuloka Day
Until 8:23PM			<i>Pradosha Vrata</i>	Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

5 Tuesday, January 30, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuklayam				Nairobi, Kenya
Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 288		Hemalamba 5119		
Mithuna Rasi: 25.56	Tithi 14	Gulika 12:47PM – 2:19PM	Punarvasu Until 5:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:42AM	
		Yama 9:45AM – 11:16AM	Vishkambha* Until 7:58AM	Muruga: Green	<i>Sunset:</i> 6:52PM	Moon 13 - Phase 39
	943422366	Rahu 3:50PM – 5:21PM	Gara Until 9:38AM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:51PM	Moon – Blue		Bhuloka Day
Until 8:23PM		Thai Pusam		Magha-Thai		
Then Creative Work - Amrita Yoga						

Wednesday, January 31, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuklayam				Nairobi, Kenya
Copper Retreat Star		Pushya/Ashlesha* Nakshatra Ayushman Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Sun 28 Sutra 289		
Kataka Rasi: 11	Tithi 15 – 16	Gulika 11:16AM – 12:47PM	Pushya Until 3:03PM	Ganesha: Blue	<i>Sunrise:</i> 6:42AM	
		Yama 8:14AM – 9:45AM	Ayushman Until 11:53PM	Muruga: Green	<i>Sunset:</i> 6:52PM	Moon 13 - Phase 39
	943422366	Rahu 12:47PM – 2:19PM	Visti Until 6:08AM	Nataraja: Green		Purnima
Creative Work	Siddha Yoga		Purnima* Until 4:25PM	Moon – Blue		Bhuloka Day
Until 8:23PM		Total Lunar Eclipse		Magha-Thai		
Then Creative Work - Amrita Yoga						

Thursday, February 1, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuklayam				Nairobi, Kenya
Silver Retreat Star		Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29 Sutra 290		
Kataka Rasi: 25.57	Tithi 16 – 17	Gulika 9:45AM – 11:16AM	Ashlesha* Until 12:25PM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	
		Yama 6:42AM – 8:14AM	Saubhagya Until 8:07PM	Muruga: Green	<i>Sunset:</i> 6:52PM	Moon 13 - Phase 39
	943522366	Rahu 2:19PM – 3:50PM	Taitila Until 11:44PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:12PM	Moon – Blue		Bhuloka Day
Until 12:25PM				Magha-Thai		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Nairobi, Kenya

Sun 1 Sutra 291

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Simha Rasi: 10.38 Tihi 17 - 18

Gulika 8:14AM - 9:45AM

Magha* Until 10:26AM

Ganesha: White Sunrise: 6:43AM

Yama 3:50PM - 5:21PM

Sobhana Until 4:43PM

Muruga: Green Sunset: 6:53PM

953522367 Rahu 11:16AM - 12:48PM

Vanija Until 9:09PM

Nataraja: Green

Moon - Red

Devaloka Day

Magha-Thai

Routine Work Marana Yoga

Until 10:26AM

Then Creative Work - Siddha Yoga

Saturday, February 3, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ahiganda*/Sukarma Yoga Visti*/Bava Karana Tritya/Chaturtham Titau

Nairobi, Kenya

Sun 2 Sutra 292

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Simha Rasi: 24.59 Tihi 18 - 19

Gulika 6:43AM - 8:14AM

Purvaphalguni Until 8:50AM

Ganesha: White Sunrise: 6:43AM

Yama 2:19PM - 3:50PM

Athiganda* Until 1:46PM

Muruga: Green Sunset: 6:53PM

953522367 Rahu 9:45AM - 11:16AM

Bava Until 7:10PM

Nataraja: White

Moon - Red

Devaloka Day

Magha-Thai

Creative Work Siddha Yoga

Until 8:50AM

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Tritya Until 8:04AM

Sunday, February 4, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 293

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 8.54 Tihi 19 - 20

Gulika 3:50PM - 5:22PM

Uttaraphalguni Until 7:46AM

Ganesha: Yellow Sunrise: 6:43AM

Yama 12:48PM - 2:19PM

Sukarma Until 11:23AM

Muruga: Green Sunset: 6:53PM

954522367 Rahu 5:22PM - 6:53PM

Taitila Until 5:33AM Mon

Nataraja: White

Moon - Red

Bhuloka Day

Magha-Thai

Creative Work Amrita Yoga

Devaloka Time: 6:AM to 9:AM

Chaturthi* Until 6:26AM

Monday, February 5, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashtham Titau

Nairobi, Kenya

Sun 4 Sutra 294

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 22.22 Tihi 21

Gulika 2:19PM - 3:50PM

Hasta Until 7:44AM

Ganesha: White Sunrise: 6:43AM

Family Home Evening

Yama 11:17AM - 12:48PM

Dhriti Until 9:37AM

Muruga: Green Sunset: 6:53PM

964522367 Rahu 8:14AM - 9:45AM

Gara Until 5:26PM

Nataraja: White

Moon - Green

Bhuloka Day

Magha-Thai

Creative Work Siddha Yoga

Until 7:44AM

Then Routine Work - Prabalarishta Yoga

Shashthi* Until 5:30AM Tue

Tuesday, February 6, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 295

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Tula Rasi: 5.24 Tihi 22

Gulika 12:48PM - 2:19PM

Chitra Until 8:21AM

Ganesha: White Sunrise: 6:43AM

Yama 9:46AM - 11:17AM

Shula* Until 8:28AM

Muruga: Green Sunset: 6:53PM

964522367 Rahu 3:50PM - 5:22PM

Visti Until 5:47PM

Nataraja: White

Moon - Green

Bhuloka Day

Magha-Thai

Creative Work Siddha Yoga

Saptami Until 6:14AM Wed

Wednesday, February 7, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 296

Hemalamba 5119

Moon 1 - Phase 40

Ashtami

Tula Rasi: 18.03 Tihi 22 - 23

Gulika 11:17AM - 12:48PM

Svati Until 9:34AM

Ganesha: White Sunrise: 6:43AM

Yama 8:14AM - 9:46AM

Ganda* Until 7:56AM

Muruga: Green Sunset: 6:53PM

964522367 Rahu 12:48PM - 2:19PM

Balava Until 6:54PM

Nataraja: White

Moon - Green

Bhuloka Day

Magha-Thai

Creative Work Siddha Yoga

Saptami Until 6:14AM

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 297

Hemalamba 5119

Moon 1 - Phase 40

Navami

Vrischika Rasi: 0.23 Tihi 23 - 24

Gulika 9:46AM - 11:17AM

Vishakha Until 11:47AM

Ganesha: Clear Sunrise: 6:43AM

Yama 6:43AM - 8:15AM

Vridhhi Until 7:58AM

Muruga: Green Sunset: 6:53PM

974522367 Rahu 2:19PM - 3:51PM

Taitila Until 8:41PM

Nataraja: White

Moon - Orange

Bhuloka Day

Magha-Thai

Creative Work Siddha Yoga

Ashtami* Until 7:42AM

Devaloka Time: 6:AM to 9:AM

1	Friday, February 9, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Dashamyam Titau				Nairobi, Kenya Sun 8 Sutra 298 Hemalamba 5119
	Vrischika Rasi: 12.29	Tithi 24 – 25	Gulika 8:15AM – 9:46AM Yama 3:51PM – 5:22PM Rahu 11:17AM – 12:48PM	Anuradha Until 2:22PM Dhruva Until 8:24AM Vanija Until 10:57PM Navami* Until 9:45AM	Ganesha: Clear Muruga: Green Nataraja: White Moon – Orange Magha-Thai	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 6:53PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				Bhuloka Day Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							


2	Saturday, February 10, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 9 Sutra 299 Hemalamba 5119
	Vrischika Rasi: 24.25	Tithi 25 – 26	Gulika 6:44AM – 8:15AM Yama 2:19PM – 3:51PM Rahu 9:46AM – 11:17AM	Jyeshtha* Until 5:08PM Vyaghata* Until 9:10AM Bava Until 1:32AM Sun Dashami Until 12:11PM	Ganesha: Clear Muruga: Green Nataraja: White Moon – Orange Magha-Thai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Sunday, February 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 10 Sutra 300 Hemalamba 5119
	Dhanus Rasi: 6.14	Tithi 26 – 27	Gulika 3:51PM – 5:22PM Yama 12:48PM – 2:19PM Rahu 5:22PM – 6:53PM	Mula* Until 8:24PM Harshana Until 10:07AM Kaulava Until 4:13AM Mon Ekadashi* Until 2:51PM	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Thai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Amrita Yoga	984522367				Bhuloka Day
Then Creative Work - Siddha Yoga							

4	Monday, February 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 301 Hemalamba 5119
	Dhanus Rasi: 18.02	Tithi 27 – 28	Gulika 2:19PM – 3:51PM Yama 11:17AM – 12:48PM Rahu 8:15AM – 9:46AM	Purvashadha* Until 11:29PM Vajra* Until 11:04AM Gara Until 6:50AM Tue Dvadashi* Until 5:31PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Thai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Moon 1 - Phase 41 2nd Phase
	Family Home Evening		984522367				Bhuloka Day
Routine Work - Marana Yoga							

5	Tuesday, February 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 12 Sutra 302 Hemalamba 5119
	Dhanus Rasi: 29.53	Tithi 28	Gulika 12:48PM – 2:19PM Yama 9:46AM – 11:17AM Rahu 3:51PM – 5:22PM	Uttarashadha Until 2:13AM Wed Siddhi Until 11:57AM Gara Until 6:50AM Trayodashi* Until 8:02PM	Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Moon 1 - Phase 41 2nd Phase
	Routine Work	Prabalarishta Yoga	984522367				Bhuloka Day
Then Creative Work - Siddha Yoga							

6	Wednesday, February 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 13 Sutra 303 Hemalamba 5119
	Makara Rasi: 11.47	Tithi 29	Gulika 11:17AM – 12:48PM Yama 8:15AM – 9:46AM Rahu 12:48PM – 2:19PM	Shravana Until 4:59AM Thu Vyatipata* Until 12:40PM Visti Until 9:13AM Chaturdashi* Until 10:16PM	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Masi	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	994522367				Bhuloka Day

	Thursday, February 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya Sun 14 Sutra 304 Hemalamba 5119
	Retreat Star		Gulika 9:46AM – 11:17AM Yama 6:44AM – 8:15AM Rahu 2:19PM – 3:51PM	Dhanishtha Until 7:11AM Fri Variyan Until 1:05PM Catuspada Until 11:15AM Amavasya* Until 12:06AM Fri	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Masi	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Moon 1 - Phase 41 Amavasya
	Makara Rasi: 23.5	Tithi 30	994522367				Bhuloka Day
Creative Work - Siddha Yoga							
Partial Solar Eclipse							

7	Friday, February 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya Sun 15 Sutra 305 Hemalamba 5119
	Retreat Star		Gulika 8:15AM – 9:46AM Yama 3:50PM – 5:22PM Rahu 11:17AM – 12:48PM	Dhanishtha Until 7:11AM Parigha* Until 1:11PM Kintughna Until 12:52PM Prathama* Until 1:28AM Sat	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Phalguna-Masi	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Moon 1 - Phase 41 Prathama
	Kumbha Rasi: 6.03	Tithi 1	994522367				Bhuloka Day
Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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1		Saturday, February 17, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Nairobi, Kenya	
Kumbha Rasi: 18.27	Tithi 2	Gulika	6:44AM – 8:15AM	Shatabhishak Until 8:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:44AM	Sun 16	Sutra 306	Hemalamba 5119
		Yama	2:19PM – 3:50PM	Shiva Until 12:57PM	Muruga: Green	<i>Sunset:</i> 6:53PM			Moon 1 - Phase 42
		Rahu	9:46AM – 11:17AM	Balava Until 2:00PM	Nataraja: White				3rd Phase
Creative Work	Amrita Yoga			Dvitiya Until 2:22AM Sun	Moon – Purple				Bhuloka Day
Until 8:47AM					Phalguna-Masi				
Then Routine Work - Marana Yoga									

2		Sunday, February 18, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Triliyayam Titau		Nairobi, Kenya	
Meena Rasi: 1.04	Tithi 3	Gulika	3:50PM – 5:21PM	Purvaproshtapada* Until 10:15AM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Sun 17	Sutra 307	Hemalamba 5119
		Yama	12:48PM – 2:19PM	Siddha Until 12:20PM	Muruga: Green	<i>Sunset:</i> 6:53PM			Moon 1 - Phase 42
		Rahu	5:21PM – 6:53PM	Tailila Until 2:39PM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 2:48AM Mon	Moon – Clear				Bhuloka Day
Until 10:15AM					Phalguna-Masi				Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga									

3		Monday, February 19, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau		Nairobi, Kenya	
Meena Rasi: 13.53	Tithi 4	Gulika	2:19PM – 3:50PM	Uttaraproshtapada Until 11:07AM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Sun 18	Sutra 308	Hemalamba 5119
Family Home Evening		Yama	11:17AM – 12:48PM	Sadhya Until 11:22AM	Muruga: Green	<i>Sunset:</i> 6:52PM			Moon 1 - Phase 42
		Rahu	8:15AM – 9:46AM	Vanija Until 2:51PM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 2:46AM Tue	Moon – Clear				Bhuloka Day
					Phalguna-Masi				Devaloka Time: 6:AM to 9:AM

4		Tuesday, February 20, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau		Nairobi, Kenya	
Meena Rasi: 26.57	Tithi 5	Gulika	12:48PM – 2:19PM	Revati Until 11:23AM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Sun 19	Sutra 309	Hemalamba 5119
		Yama	9:46AM – 11:17AM	Subha Until 10:03AM	Muruga: Green	<i>Sunset:</i> 6:52PM			Moon 1 - Phase 42
		Rahu	3:50PM – 5:21PM	Bava Until 2:36PM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga			Panchami Until 2:17AM Wed	Moon – Clear				Bhuloka Day
					Phalguna-Masi				Devaloka Time: 6:AM to 9:AM

Subramuniyaswami Siva Vision Day

5		Wednesday, February 21, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau		Nairobi, Kenya	
Mesha Rasi: 10.14	Tithi 6	Gulika	11:17AM – 12:48PM	Ashvini Until 11:31AM	Ganesha: White	<i>Sunrise:</i> 6:44AM	Sun 20	Sutra 310	Hemalamba 5119
		Yama	8:15AM – 9:46AM	Sukla Until 8:23AM	Muruga: Green	<i>Sunset:</i> 6:52PM			Moon 1 - Phase 42
		Rahu	12:48PM – 2:19PM	Kaulava Until 1:54PM	Nataraja: White				3rd Phase
Routine Work	Marana Yoga			Shashthi* Until 1:22AM Thu	Moon – White				Bhuloka Day
Until 11:31AM					Phalguna-Masi				
Then Creative Work - Siddha Yoga									

6		Thursday, February 22, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau		Nairobi, Kenya	
Mesha Rasi: 23.45	Tithi 7	Gulika	9:46AM – 11:17AM	Bharani Until 11:05AM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Sun 21	Sutra 311	Hemalamba 5119
		Yama	6:43AM – 8:15AM	Brahma Until 6:23AM	Muruga: Green	<i>Sunset:</i> 6:52PM			Moon 1 - Phase 42
		Rahu	2:19PM – 3:50PM	Gara Until 12:47PM	Nataraja: White				3rd Phase
Creative Work	Siddha Yoga			Saptami Until 12:02AM Fri	Moon – White				Bhuloka Day
Until 11:05AM					Phalguna-Masi				
Then Routine Work - Marana Yoga									

Friday, February 23, 2018		Retreat Star				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Nairobi, Kenya	
Vrishabha Rasi: 7.31	Tithi 8	Gulika	8:14AM – 9:46AM	Krittika Until 10:07AM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Sun 22	Sutra 312	Hemalamba 5119
		Yama	3:50PM – 5:21PM	Vaidhriti* Until 1:24AM Sat	Muruga: Green	<i>Sunset:</i> 6:52PM			Moon 1 - Phase 42
		Rahu	11:17AM – 12:48PM	Visti Until 11:14AM	Nataraja: White				Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 10:18PM	Moon – White				Bhuloka Day
Until 10:07AM					Phalguna-Masi				
Then Routine Work - Marana Yoga									

Saturday, February 24, 2018		Retreat Star				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Nairobi, Kenya	
Vrishabha Rasi: 21.32	Tithi 9	Gulika	6:43AM – 8:14AM	Rohini Until 9:01AM	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM	Sun 23	Sutra 313	Hemalamba 5119
		Yama	2:19PM – 3:50PM	Vishkamba* Until 10:27PM	Muruga: Green	<i>Sunset:</i> 6:52PM			Moon 1 - Phase 42
		Rahu	9:45AM – 11:16AM	Balava Until 9:18AM	Nataraja: White				Navami
Creative Work	Amrita Yoga			Navami* Until 8:11PM	Moon – Yellow				Bhuloka Day
Until 9:01AM					Phalguna-Masi				Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga									

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1 Sunday, February 25, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Mithuna Rasi: 5.47 Tilthi 10 – 11		Mrigashira/Ardra Nakshatra Priti Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 314
935522367		Gulika 3:49PM – 5:20PM	Mrigashira Until 7:27AM	Ganesha: Yellow <i>Sunrise:</i> 6:43AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 12:47PM – 2:18PM	Priti Until 7:16PM	Muruga: Green <i>Sunset:</i> 6:51PM	Moon 1 - Phase 43	
		Rahu 5:20PM – 6:51PM	Taitila Until 7:01AM	Nataraja: White	4th Phase	
			Dashami Until 5:44PM	Moon – Yellow	Bhuloka Day	
				Phalguna-Masi	Devaloka Time: 6:AM to 9:AM	

2 Monday, February 26, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Mithuna Rasi: 20.15 Tilthi 11 – 12		Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vistli*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 315
946622367		Gulika 2:18PM – 3:49PM	Punarvasu Until 3:30AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:43AM	Hemalamba 5119	
Family Home Evening		Yama 11:16AM – 12:47PM	Ayushman Until 3:50PM	Muruga: Green <i>Sunset:</i> 6:51PM	Moon 1 - Phase 43	
Creative Work Amrita Yoga		Rahu 8:14AM – 9:45AM	Bava Until 1:38AM Tue	Nataraja: White	4th Phase	
Until 3:30AM Tue			Ekadashi Until 3:02PM	Moon – Blue	Bhuloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Masi		

3 Tuesday, February 27, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Kataka Rasi: 4.51 Tilthi 12 – 13		Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 316
946622367		Gulika 12:47PM – 2:18PM	Pushya Until 1:19AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:43AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 9:45AM – 11:16AM	Saubhagya Until 12:18PM	Muruga: Green <i>Sunset:</i> 6:51PM	Moon 1 - Phase 43	
		Rahu 3:49PM – 5:20PM	Kaulava Until 10:43PM	Nataraja: White	4th Phase	
			Dvadashi Until 12:10PM	Moon – Blue	Bhuloka Day	
			<i>Pradosha Vrata</i>	Phalguna-Masi		

4 Wednesday, February 28, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Kataka Rasi: 19.31 Tilthi 13 – 14		Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 317
946622367		Gulika 11:16AM – 12:47PM	Ashlesha* Until 11:03PM	Ganesha: Blue <i>Sunrise:</i> 6:43AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 8:14AM – 9:45AM	Sobhana Until 8:44AM	Muruga: Green <i>Sunset:</i> 6:51PM	Moon 1 - Phase 43	
		Rahu 12:47PM – 2:18PM	Gara Until 7:50PM	Nataraja: White	4th Phase	
			Trayodashi Until 9:15AM	Moon – Blue	Bhuloka Day	
		Chidambaram Abhishekam		Phalguna-Masi		

Thursday, March 1, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
○ Copper Retreat Star		Magha* Nakshatra Sukarma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Sutra 318
Simha Rasi: 4.08 Tilthi 14 – 15		956622367				Hemalamba 5119
Creative Work Amrita Yoga		Gulika 9:45AM – 11:16AM	Magha* Until 9:12PM	Ganesha: Red <i>Sunrise:</i> 6:43AM	Moon 1 - Phase 43	
Until 9:12PM		Yama 6:43AM – 8:14AM	Sukarma Until 1:52AM Fri	Muruga: Green <i>Sunset:</i> 6:50PM	Purnima	
Then Creative Work - Siddha Yoga		Rahu 2:17PM – 3:48PM	Bava Until 3:47AM Fri	Nataraja: White		
			Chaturdashi* Until 6:24AM	Moon – Red	Bhuloka Day	
		Holi		Phalguna-Masi	Devaloka Time: 6:AM to 9:AM	

Friday, March 2, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
○ Silver Retreat Star		Purvaphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 319
Simha Rasi: 18.36 Tilthi 16		956622367				Hemalamba 5119
Creative Work Siddha Yoga		Gulika 8:13AM – 9:44AM	Purvaphalguni Until 7:32PM	Ganesha: Red <i>Sunrise:</i> 6:42AM	Moon 1 - Phase 43	
		Yama 3:48PM – 5:19PM	Dhriti Until 10:49PM	Muruga: Green <i>Sunset:</i> 6:50PM	Prathama	
		Rahu 11:15AM – 12:46PM	Balava Until 2:37PM	Nataraja: White		
			Prathama* Until 1:31AM Sat	Moon – Red	Bhuloka Day	
				Phalguna-Masi	Devaloka Time: 6:AM to 9:AM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Tailila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sutra 320

Kanya Rasi: 2.49 Tiithi 17

Gulika 6:42AM – 8:13AM
Yama 2:17PM – 3:48PM
Rahu 9:44AM – 11:15AM

Uttaraphalguni Until 6:11PM
Shula* Until 8:07PM
Tailila Until 12:35PM
Dvitiya Until 11:45PM

Ganesha: Red *Sunrise:* 6:42AM
Muruga: Green *Sunset:* 6:50PM
Nataraja: White
Moon – Red

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Sunday, March 4, 2018

Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 321

Kanya Rasi: 16.41 Tiithi 18

Gulika 3:48PM – 5:19PM
Yama 12:46PM – 2:17PM
Rahu 5:19PM – 6:50PM

Hasta Until 5:42PM
Ganda* Until 5:55PM
Vanija Until 11:06AM
Tritiya Until 10:35PM

Ganesha: Green *Sunrise:* 6:42AM
Muruga: Green *Sunset:* 6:50PM
Nataraja: White
Moon – Green

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Creative Work Amrita Yoga

Bhuloka Day
Phalgunam-Masi

Until 5:42PM

Then Creative Work - Siddha Yoga

2

Monday, March 5, 2018

Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 322

Tula Rasi: 0.11 Tiithi 19

Gulika 2:17PM – 3:48PM
Yama 11:15AM – 12:46PM
Rahu 8:13AM – 9:44AM

Chitra Until 5:45PM
Vridhhi Until 4:17PM
Bava Until 10:17AM
Chaturthi* Until 10:08PM

Ganesha: Blue *Sunrise:* 6:42AM
Muruga: Green *Sunset:* 6:49PM
Nataraja: White
Moon – Green

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Routine Work Prabalarishta Yoga

Bhuloka Day
Phalgunam-Masi

Until 5:45PM

Then Creative Work - Amrita Yoga

3

Tuesday, March 6, 2018

Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 323

Tula Rasi: 13.18 Tiithi 20

Gulika 12:45PM – 2:16PM
Yama 9:44AM – 11:15AM
Rahu 3:47PM – 5:18PM

Svati Until 6:22PM
Dhruva Until 3:12PM
Kaulava Until 10:13AM
Panchami Until 10:27PM

Ganesha: Blue *Sunrise:* 6:42AM
Muruga: Green *Sunset:* 6:49PM
Nataraja: White
Moon – Green

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Phalgunam-Masi

Until 6:22PM

Then Routine Work - Marana Yoga

4

Wednesday, March 7, 2018

Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 324

Tula Rasi: 26.02 Tiithi 21

Gulika 11:14AM – 12:45PM
Yama 8:12AM – 9:43AM
Rahu 12:45PM – 2:16PM

Vishakha Until 8:02PM
Vyaghata* Until 2:43PM
Gara Until 10:55AM
Shashthi* Until 11:30PM

Ganesha: Red *Sunrise:* 6:41AM
Muruga: Green *Sunset:* 6:49PM
Nataraja: White
Moon – Orange

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Phalgunam-Masi Devaloka Time: 6:AM to 9:AM

5

Thursday, March 8, 2018

Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 325

Vrischika Rasi: 8.26 Tiithi 22

Gulika 9:43AM – 11:14AM
Yama 6:41AM – 8:12AM
Rahu 2:16PM – 3:47PM

Anuradha Until 10:12PM
Harshana Until 2:48PM
Visti Until 12:19PM
Saptami Until 1:14AM Fri

Ganesha: Red *Sunrise:* 6:41AM
Muruga: Green *Sunset:* 6:49PM
Nataraja: White
Moon – Orange

Hemalamba 5119
Moon 2 - Phase 44
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Phalgunam-Masi Devaloka Time: 6:AM to 9:AM

Until 10:12PM

Then Routine Work - Prabalarishta Yoga

D

Friday, March 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 326

Vrischika Rasi: 20.34 Tiithi 23

Gulika 8:12AM – 9:43AM
Yama 3:47PM – 5:17PM
Rahu 11:14AM – 12:45PM

Jyeshtha* Until 12:43AM Sat
Vajra* Until 3:17PM
Balava Until 2:19PM
Ashtami* Until 3:28AM Sat

Ganesha: Red *Sunrise:* 6:41AM
Muruga: Green *Sunset:* 6:48PM
Nataraja: White
Moon – Orange

Hemalamba 5119
Moon 2 - Phase 44
Ashtami

Routine Work Marana Yoga

Bhuloka Day
Phalgunam-Masi Devaloka Time: 6:AM to 9:AM

Until 12:43AM Sat

Then Creative Work - Siddha Yoga

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 327

Dhanus Rasi: 2.31 Tiithi 24

Gulika 6:41AM – 8:12AM
Yama 2:15PM – 3:46PM
Rahu 9:43AM – 11:14AM

Mula* Until 3:53AM Sun
Siddhi Until 4:06PM
Tailila Until 4:45PM
Navami* Until 6:02AM Sun

Ganesha: Green *Sunrise:* 6:41AM
Muruga: Green *Sunset:* 6:48PM
Nataraja: White
Moon – Light Blue

Hemalamba 5119
Moon 2 - Phase 44
Navami

Creative Work Siddha Yoga

Bhuloka Day
Phalgunam-Masi

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1 Sunday, March 11, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Dhanus Rasi: 14.22 Tihi 24 – 25		Purvashadha* Nakshatra Vyatipata* Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 328
		Gulika 3:46PM – 5:17PM	Purvashadha* Until 6:59AM Mon	Ganesha: Green <i>Sunrise:</i> 6:41AM		Hemalamba 5119
		Yama 12:44PM – 2:15PM	Vyatipata* Until 5:05PM	Muruga: Green <i>Sunset:</i> 6:48PM		Moon 2 - Phase 45
	187622367	Rahu 5:17PM – 6:48PM	Vanija Until 7:23PM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Navami* Until 6:02AM	Moon – Light Blue		Bhuloka Day
Until 6:59AM Mon				Phalguna-Masi		
Then Routine Work - Marana Yoga						

2 Monday, March 12, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Dhanus Rasi: 26.1 Tihi 25 – 26		Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 329
		Gulika 2:15PM – 3:46PM	Purvashadha* Until 6:59AM	Ganesha: Red <i>Sunrise:</i> 6:40AM		Hemalamba 5119
		Yama 11:13AM – 12:44PM	Variyan Until 6:02PM	Muruga: Green <i>Sunset:</i> 6:48PM		Moon 2 - Phase 45
	188622367	Rahu 8:11AM – 9:42AM	Bava Until 9:58PM	Nataraja: White		2nd Phase
Family Home Evening			Dashami Until 8:40AM	Moon – Light Blue		Bhuloka Day
Routine Work Marana Yoga				Phalguna-Masi		Devaloka Time: 9:AM to 12:PM

3 Tuesday, March 13, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Makara Rasi: 8.02 Tihi 26 – 27		Uttarashadha/Shravana Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 330
		Gulika 12:44PM – 2:15PM	Uttarashadha Until 9:47AM	Ganesha: Red <i>Sunrise:</i> 6:40AM		Hemalamba 5119
		Yama 9:42AM – 11:13AM	Parigha* Until 6:49PM	Muruga: Green <i>Sunset:</i> 6:47PM		Moon 2 - Phase 45
	188622367	Rahu 3:45PM – 5:16PM	Kaulava Until 12:17AM Wed	Nataraja: White		2nd Phase
Routine Work Prabalarishta Yoga			Ekadashi* Until 11:09AM	Moon – Light Blue		Bhuloka Day
Until 9:47AM				Phalguna-Masi		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, March 14, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Makara Rasi: 20.01 Tihi 27 – 28		Shravana/Dhanishtha Nakshatra Shiva Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 331
		Gulika 11:13AM – 12:43PM	Shravana Until 12:34PM	Ganesha: Green <i>Sunrise:</i> 6:40AM		Hemalamba 5119
		Yama 8:11AM – 9:42AM	Shiva Until 7:18PM	Muruga: Green <i>Sunset:</i> 6:47PM		Moon 2 - Phase 45
	198622367	Rahu 12:43PM – 2:14PM	Gara Until 2:09AM Thu	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 1:16PM	Moon – Purple		Devaloka Day
Until 12:34PM		Karadayyan Nombu (Tamil Nadu)	<i>Pradosha Vrata (Fasting)</i>	Phalguna-Panguni		
Then Routine Work - Prabalarishta Yoga						

5 Thursday, March 15, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Kumbha Rasi: 2.11 Tihi 28 – 29		Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 332
		Gulika 9:41AM – 11:12AM	Dhanishtha Until 2:42PM	Ganesha: Green <i>Sunrise:</i> 6:40AM		Hemalamba 5119
		Yama 6:40AM – 8:11AM	Siddha Until 7:21PM	Muruga: Green <i>Sunset:</i> 6:47PM		Moon 2 - Phase 45
	198622368	Rahu 2:14PM – 3:45PM	Visti Until 3:27AM Fri	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 2:51PM	Moon – Purple		Sivaloka Day
				Phalguna-Panguni		

6 Friday, March 16, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Kumbha Rasi: 15 Tihi 29 – 30		Shatabhishak/Purvaproshtapada* Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 333
		Gulika 8:10AM – 9:41AM	Shatabhishak Until 4:06PM	Ganesha: Green <i>Sunrise:</i> 6:39AM		Hemalamba 5119
		Yama 3:45PM – 5:15PM	Sadhya Until 6:57PM	Muruga: Green <i>Sunset:</i> 6:46PM		Moon 2 - Phase 45
	198622368	Rahu 11:12AM – 12:43PM	Catuspada Until 4:08AM Sat	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Chaturdashi* Until 3:51PM	Moon – Purple		Sivaloka Day
				Phalguna-Panguni		

7 Saturday, March 17, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Retreat Star		Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 334
		Gulika 6:39AM – 8:10AM	Purvaproshtapada* Until 5:13PM	Ganesha: Orange <i>Sunrise:</i> 6:39AM		Hemalamba 5119
		Yama 2:13PM – 3:44PM	Subha Until 6:06PM	Muruga: Green <i>Sunset:</i> 6:46PM		Moon 2 - Phase 45
	118622368	Rahu 9:41AM – 11:12AM	Kintughna Until 4:13AM Sun	Nataraja: Clear		Amavasya
Routine Work Marana Yoga			Amavasya* Until 4:14PM	Moon – Clear		Devaloka Day
Until 5:13PM				Phalguna-Panguni		
Then Creative Work - Siddha Yoga						

8 Sunday, March 18, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Retreat Star		Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvilijayam Titau				Sun 15 Sutra 335
		Gulika 3:44PM – 5:15PM	Uttaraproshtapada Until 5:39PM	Ganesha: Green <i>Sunrise:</i> 6:39AM		Hemalamba 5119
		Yama 12:42PM – 2:13PM	Sukla Until 4:47PM	Muruga: Green <i>Sunset:</i> 6:46PM		Moon 2 - Phase 45
	119622368	Rahu 5:15PM – 6:46PM	Balava Until 3:47AM Mon	Nataraja: Clear		Prathama
Creative Work Amrita Yoga			Prathama* Until 4:03PM	Moon – Clear		Bhuloka Day
		Yugadhi		Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1		Monday, March 19, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
Meena Rasi: 23.3		Tithi 2 – 3		Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 336	
Family Home Evening		119622368		Gulika 2:13PM – 3:44PM	Revati Until 5:28PM	Ganesha: Green	<i>Sunrise:</i> 6:39AM	Hemalamba 5119	
Creative Work Siddha Yoga				Yama 11:11AM – 12:42PM	Brahma Until 3:06PM	Muruga: Green	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46	
				Rahu 8:10AM – 9:40AM	Taitila Until 2:55AM Tue	Nataraja: Clear		3rd Phase	
					Dvitiya Until 3:23PM	Moon – Clear		Bhuloka Day	
						Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM	

2		Tuesday, March 20, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
Mesha Rasi: 6.58		Tithi 3 – 4		Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17		Sutra 337	
Creative Work Siddha Yoga		129622368		Gulika 12:42PM – 2:13PM	Ashvini Until 5:11PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Hemalamba 5119	
				Yama 9:40AM – 11:11AM	Indra Until 1:08PM	Muruga: Green	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46	
				Rahu 3:43PM – 5:14PM	Vanija Until 1:41AM Wed	Nataraja: Clear		3rd Phase	
					Tritiya Until 2:19PM	Moon – White		Bhuloka Day	
				Chellappaswami Mahasamadhi		Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM	

3		Wednesday, March 21, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Mesha Rasi: 20.38		Tithi 4 – 5		Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 338	
Creative Work Siddha Yoga		129622368		Gulika 11:11AM – 12:41PM	Bharani Until 4:29PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Hemalamba 5119	
Until 4:29PM				Yama 8:09AM – 9:40AM	Vaidhriti* Until 10:53AM	Muruga: Green	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46	
Then Creative Work - Amrita Yoga				Rahu 12:41PM – 2:12PM	Bava Until 12:12AM Thu	Nataraja: Clear		3rd Phase	
					Chaturthi* Until 12:57PM	Moon – White		Bhuloka Day	
						Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM	

4		Thursday, March 22, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Vrishabha Rasi: 4.27		Tithi 5 – 6		Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19		Sutra 339	
Routine Work Marana Yoga		129622368		Gulika 9:39AM – 11:10AM	Krittika Until 3:25PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Hemalamba 5119	
				Yama 6:38AM – 8:09AM	Vishkambha* Until 8:28AM	Muruga: Green	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 46	
				Rahu 2:12PM – 3:43PM	Kaulava Until 10:30PM	Nataraja: Clear		3rd Phase	
					Panchami Until 11:21AM	Moon – White		Bhuloka Day	
						Chaitra-Panguni		Devaloka Time: 6:PM to 9:PM	

5		Friday, March 23, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
Vrishabha Rasi: 18.23		Tithi 6 – 7		Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 340	
Routine Work Marana Yoga		139722368		Gulika 8:08AM – 9:39AM	Rohini Until 2:28PM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM	Hemalamba 5119	
Until 2:28PM				Yama 3:42PM – 5:13PM	Ayushman Until 3:13AM Sat	Muruga: Green	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 46	
Then Creative Work - Siddha Yoga				Rahu 11:10AM – 12:41PM	Gara Until 8:39PM	Nataraja: Clear		3rd Phase	
					Shashthi* Until 9:35AM	Moon – Yellow		Sivaloka Day	
						Chaitra-Panguni			

Retreat Star		Saturday, March 24, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
Mithuna Rasi: 2.25		Tithi 7 – 8		Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Sutra 341	
Creative Work Siddha Yoga		139722368		Gulika 6:37AM – 8:08AM	Mrigashira Until 1:14PM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	Hemalamba 5119	
				Yama 2:11PM – 3:42PM	Saubhagya Until 12:26AM Sun	Muruga: Green	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 46	
				Rahu 9:39AM – 11:10AM	Visti Until 6:40PM	Nataraja: Clear		Ashtami	
					Saptami Until 7:40AM	Moon – Yellow		Sivaloka Day	
						Chaitra-Panguni			

Retreat Star		Sunday, March 25, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
Mithuna Rasi: 16.31		Tithi 9		Ardra/Punarvasu Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 342	
Creative Work Siddha Yoga		139722368		Gulika 3:42PM – 5:13PM	Ardra Until 11:46AM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	Hemalamba 5119	
				Yama 12:40PM – 2:11PM	Sobhana Until 9:35PM	Muruga: Green	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46	
				Rahu 5:13PM – 6:43PM	Balava Until 4:35PM	Nataraja: Clear		Navami	
					Navami* Until 3:30AM Mon	Moon – Yellow		Sivaloka Day	
				Sri Rama Navami		Chaitra-Panguni			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Monday, March 26, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Tailila/Gara Karana Dashamyam Titau				Nairobi, Kenya Sun 23 Sutra 343 Hemalamba 5119
1		Gulika 2:11PM – 3:41PM	Punarvasu Until 10:29AM	Ganesha: Yellow <i>Sunrise:</i> 6:37AM		
Kataka Rasi: 0.4	Tithi 10	Yama 11:09AM – 12:40PM	Athiganda* Until 6:40PM	Muruga: Green <i>Sunset:</i> 6:43PM		Moon 2 - Phase 47
Family Home Evening	141722368	Rahu 8:08AM – 9:38AM	Taitila Until 2:25PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Dashami Until 1:18AM Tue	Moon – Blue	Devaloka Day	
Until 10:29AM				Chaitra-Panguni		
Then Creative Work - Siddha Yoga						

Tuesday, March 27, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 344 Hemalamba 5119
2		Gulika 12:40PM – 2:10PM	Pushya Until 9:00AM	Ganesha: Yellow <i>Sunrise:</i> 6:37AM		
Kataka Rasi: 14.52	Tithi 11	Yama 9:38AM – 11:09AM	Sukarma Until 3:43PM	Muruga: Green <i>Sunset:</i> 6:43PM		Moon 2 - Phase 47
Family Home Evening	141722368	Rahu 3:41PM – 5:12PM	Vanija Until 12:13PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 11:05PM	Moon – Blue	Devaloka Day	
		Yogaswami Mahasamadhi		Chaitra-Panguni		

Wednesday, March 28, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 345 Hemalamba 5119
3		Gulika 11:09AM – 12:39PM	Ashlesha* Until 7:24AM	Ganesha: Yellow <i>Sunrise:</i> 6:36AM		
Kataka Rasi: 29.05	Tithi 12	Yama 8:07AM – 9:38AM	Dhriti Until 12:48PM	Muruga: Green <i>Sunset:</i> 6:42PM		Moon 2 - Phase 47
Family Home Evening	141722368	Rahu 12:39PM – 2:10PM	Bava Until 10:01AM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 8:55PM	Moon – Blue	Devaloka Day	
				Chaitra-Panguni		

Thursday, March 29, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 346 Hemalamba 5119
4		Gulika 9:37AM – 11:08AM	Magha* Until 6:08AM	Ganesha: White <i>Sunrise:</i> 6:36AM		
Simha Rasi: 13.14	Tithi 13	Yama 6:36AM – 8:07AM	Shula* Until 9:56AM	Muruga: Green <i>Sunset:</i> 6:42PM		Moon 2 - Phase 47
Family Home Evening	151722368	Rahu 2:10PM – 3:40PM	Kaulava Until 7:53AM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Trayodashi Until 6:52PM	Moon – Red	Sivaloka Day	
Until 6:08AM			<i>Pradosha Vrata</i>	Chaitra-Panguni		
Then Creative Work - Siddha Yoga						

Friday, March 30, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya Sun 27 Sutra 347 Hemalamba 5119
5		Gulika 8:06AM – 9:37AM	Uttaraphalguni Until 3:48AM Sat	Ganesha: White <i>Sunrise:</i> 6:36AM		
Simha Rasi: 27.17	Tithi 14 – 15	Yama 3:40PM – 5:11PM	Ganda* Until 7:14AM	Muruga: Green <i>Sunset:</i> 6:42PM		Moon 2 - Phase 47
Family Home Evening	151722368	Rahu 11:08AM – 12:39PM	Visti Until 4:17AM Sat	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 5:03PM	Moon – Red	Sivaloka Day	
Until 3:48AM Sat				Chaitra-Panguni		
Then Routine Work - Marana Yoga						

Saturday, March 31, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya Sun 28 Sutra 348 Hemalamba 5119
0		Gulika 6:35AM – 8:06AM	Hasta Until 3:22AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:35AM		
Kanya Rasi: 11.1	Tithi 15 – 16	Yama 2:09PM – 3:40PM	Dhruva Until 2:36AM Sun	Muruga: Green <i>Sunset:</i> 6:41PM		Moon 2 - Phase 47
Copper Retreat Star	161722368	Rahu 9:37AM – 11:08AM	Balava Until 3:01AM Sun	Nataraja: Clear		Purnima
Routine Work Marana Yoga			Purnima* Until 3:34PM	Moon – Green	Devaloka Day	
Until 3:22AM Sun		Panguni Uttiram		Chaitra-Panguni		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Sunday, April 1, 2018		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 29 Sutra 349 Hemalamba 5119
0		Gulika 3:40PM – 5:11PM	Chitra Until 3:18AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:35AM		
Kanya Rasi: 24.48	Tithi 16 – 17	Yama 12:38PM – 2:09PM	Vyaghata* Until 12:51AM Mon	Muruga: Green <i>Sunset:</i> 6:41PM		Moon 2 - Phase 47
Silver Retreat Star	161722368	Rahu 5:11PM – 6:41PM	Taitila Until 2:15AM Mon	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 2:32PM	Moon – Green	Devaloka Day	
Until 3:18AM Mon				Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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Monday, April 2, 2018
Gold Retreat Star

Tula Rasi: 8.08 Tihi 17 – 18
Family Home Evening
Creative Work Amrita Yoga
Until 3:40AM Tue
Then Routine Work - Marana Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 2:09PM – 3:40PM
Yama 11:07AM – 12:38PM
Rahu 8:06AM – 9:37AM

Svati Until 3:40AM Tue
Harshana Until 11:36PM
Vanija Until 2:05AM Tue
Dvitiya Until 2:04PM

Ganesh: Clear *Sunrise: 6:35AM*
Muruga: Green *Sunset: 6:41PM*
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Nairobi, Kenya
Sun 1 Sutra 350
Hemalamba 5119
Moon 3 - Phase 48
1st Phase

Devaloka Day

1

Tuesday, April 3, 2018

Tula Rasi: 21.1 Tihi 18 – 19
Routine Work Marana Yoga
Until 4:59AM Wed
Then Creative Work - Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:38PM – 2:09PM
Yama 9:36AM – 11:07AM
Rahu 3:39PM – 5:10PM

Vishakha Until 4:59AM Wed
Vajra* Until 10:49PM
Bava Until 2:34AM Wed
Tritiya Until 2:13PM

Ganesh: Purple *Sunrise: 6:35AM*
Muruga: Green *Sunset: 6:41PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Nairobi, Kenya
Sun 2 Sutra 351
Hemalamba 5119
Moon 3 - Phase 48
1st Phase

Sivaloka Day

2

Wednesday, April 4, 2018

Vrischika Rasi: 3.52 Tihi 19 – 20
Creative Work Siddha Yoga
Until 6:47AM Thu
Then Routine Work - Prabalarishta Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:07AM – 12:37PM
Yama 8:05AM – 9:36AM
Rahu 12:37PM – 2:08PM

Anuradha Until 6:47AM Thu
Siddhi Until 10:34PM
Kaulava Until 3:43AM Thu
Chaturthi* Until 3:02PM

Ganesh: Purple *Sunrise: 6:35AM*
Muruga: Green *Sunset: 6:40PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Nairobi, Kenya
Sun 3 Sutra 352
Hemalamba 5119
Moon 3 - Phase 48
1st Phase

Sivaloka Day

3

Thursday, April 5, 2018

Vrischika Rasi: 16.16 Tihi 20 – 21
Creative Work Siddha Yoga
Until 6:47AM
Then Routine Work - Prabalarishta Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:36AM – 11:06AM
Yama 6:34AM – 8:05AM
Rahu 2:08PM – 3:39PM

Anuradha Until 6:47AM
Vyatipata* Until 10:49PM
Gara Until 5:29AM Fri
Panchami Until 4:30PM

Ganesh: Purple *Sunrise: 6:34AM*
Muruga: Green *Sunset: 6:40PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Nairobi, Kenya
Sun 4 Sutra 353
Hemalamba 5119
Moon 3 - Phase 48
1st Phase

Sivaloka Day

4

Friday, April 6, 2018

Vrischika Rasi: 28.25 Tihi 21
Routine Work Marana Yoga
Until 8:59AM
Then Creative Work - Amrita Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Vanija Karana Shashthyam Titau

Gulika 8:05AM – 9:36AM
Yama 3:38PM – 5:09PM
Rahu 11:06AM – 12:37PM

Jyeshtha* Until 8:59AM
Variyan Until 11:25PM
Vanija Until 6:32PM
Shashthi* Until 6:32PM

Ganesh: Clear *Sunrise: 6:34AM*
Muruga: Green *Sunset: 6:40PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Nairobi, Kenya
Sun 5 Sutra 354
Hemalamba 5119
Moon 3 - Phase 48
1st Phase

Devaloka Day

5

Saturday, April 7, 2018

Dhanus Rasi: 10.22 Tihi 22
Creative Work Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:34AM – 8:05AM
Yama 2:07PM – 3:38PM
Rahu 9:35AM – 11:06AM

Mula* Until 11:58AM
Parigha* Until 12:20AM Sun
Visti Until 7:44AM
Saptami Until 8:57PM

Ganesh: White *Sunrise: 6:34AM*
Muruga: Green *Sunset: 6:39PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Nairobi, Kenya
Sun 6 Sutra 355
Hemalamba 5119
Moon 3 - Phase 48
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

D

Sunday, April 8, 2018
Retreat Star

Dhanus Rasi: 22.13 Tihi 23
Creative Work Siddha Yoga
Until 3:01PM
Then Creative Work - Amrita Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:38PM – 5:08PM
Yama 12:36PM – 2:07PM
Rahu 5:08PM – 6:39PM

Purvashadha* Until 3:01PM
Shiva Until 1:21AM Mon
Balava Until 10:15AM
Ashtami* Until 11:32PM

Ganesh: White *Sunrise: 6:34AM*
Muruga: Green *Sunset: 6:39PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Nairobi, Kenya
Sun 7 Sutra 356
Hemalamba 5119
Moon 3 - Phase 48
Ashtami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Monday, April 9, 2018
Retreat Star

Makara Rasi: 4.02 Tihi 24
Family Home Evening
Routine Work Marana Yoga
Until 5:54PM
Then Creative Work - Amrita Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:07PM – 3:37PM
Yama 11:05AM – 12:36PM
Rahu 8:04AM – 9:35AM

Uttarashadha Until 5:54PM
Siddha Until 2:15AM Tue
Taitila Until 12:50PM
Navami* Until 2:02AM Tue

Ganesh: White *Sunrise: 6:33AM*
Muruga: Green *Sunset: 6:39PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Nairobi, Kenya
Sun 8 Sutra 357
Hemalamba 5119
Moon 3 - Phase 48
Navami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

1 Tuesday, April 10, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Makara Rasi: 15.54		Shravana Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 358
Tihti 25		Gulika 12:36PM – 2:06PM	Shravana Until 8:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Hemalamba 5119
192722368		Yama 9:34AM – 11:05AM	Sadhya Until 2:55AM Wed	Muruga: Green	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	Rahu 3:37PM – 5:08PM	Vanija Until 3:11PM	Nataraja: Clear		2nd Phase
			Dashami Until 4:10AM Wed	Moon – Purple		Devaloka Day
				Chaitra•Panguni		

2 Wednesday, April 11, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Makara Rasi: 27.55		Dhanishtha Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 359
Tihti 26		Gulika 11:05AM – 12:35PM	Dhanishtha Until 11:09PM	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Hemalamba 5119
192722368		Yama 8:03AM – 9:34AM	Subha Until 3:10AM Thu	Muruga: Green	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
Routine Work	Prabalarishta Yoga	Rahu 12:35PM – 2:06PM	Bava Until 5:03PM	Nataraja: Clear		2nd Phase
Until 11:09PM			Ekadashi* Until 5:45AM Thu	Moon – Purple		Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra•Panguni		

3 Thursday, April 12, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Kumbha Rasi: 10.11		Shatabhishak Nakshatra Sukla Yoga Kaulava Karana Dvadashyam Titau				Sun 11 Sutra 360
Tihti 27		Gulika 9:34AM – 11:05AM	Shatabhishak Until 12:39AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Hemalamba 5119
192722368		Yama 6:33AM – 8:03AM	Sukla Until 2:52AM Fri	Muruga: Green	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	Rahu 2:06PM – 3:37PM	Kaulava Until 6:18PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 6:37AM Fri	Moon – Purple		Devaloka Day
				Chaitra•Panguni		

4 Friday, April 13, 2018		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Kumbha Rasi: 22.44		Purvaproshtapada* Nakshatra Brahma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 361
Tihti 27 – 28		Gulika 8:03AM – 9:34AM	Purvaproshtapada* Until 1:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Hemalamba 5119
112722368		Yama 3:36PM – 5:07PM	Brahma Until 2:00AM Sat	Muruga: Green	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	Rahu 11:04AM – 12:35PM	Gara Until 6:48PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 6:37AM	Moon – Clear		Bhuloka Day
				Chaitra•Panguni		Devaloka Time: 6:PM to 9:PM
			<i>Pradosha Vrata (Fasting)</i>			

5 Saturday, April 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Meena Rasi: 5.38		Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 362
Tihti 28 – 29		Gulika 6:32AM – 8:03AM	Uttaraproshtapada Until 1:59AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Vilamba 5120
212732368		Yama 2:05PM – 3:36PM	Indra Until 12:36AM Sun	Muruga: White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	Rahu 9:33AM – 11:04AM	Visti Until 6:34PM	Nataraja: Clear		2nd Phase
Until 1:59AM Sun			Trayodashi* Until 6:45AM	Moon – Clear		Bhuloka Day
Then Creative Work - Amrita Yoga		Tamil New Year		Chaitra•Chaitra		Devaloka Time: 6:PM to 9:PM

6 Sunday, April 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Retreat Star		Revati Nakshatra Vaidhriti* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 363
Meena Rasi: 18.54		Gulika 3:36PM – 5:06PM	Revati Until 1:27AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Vilamba 5120
Tihti 29 – 30		Yama 12:34PM – 2:05PM	Vaidhriti* Until 10:39PM	Muruga: White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
192722368		Rahu 5:06PM – 6:37PM	Naga Until 4:59AM Mon	Nataraja: Clear		Amavasya
Creative Work	Amrita Yoga		Chaturdashi* Until 6:11AM	Moon – Clear		Bhuloka Day
Until 1:27AM Mon				Chaitra•Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

7 Monday, April 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Retreat Star		Ashvini Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 364
Mesha Rasi: 2.31		Gulika 2:05PM – 3:35PM	Ashvini Until 12:42AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Vilamba 5120
Tihti 1		Yama 11:04AM – 12:34PM	Vishkambha* Until 8:17PM	Muruga: White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
Family Home Evening	222732368	Rahu 8:02AM – 9:33AM	Kintughna Until 4:13PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:18AM Tue	Moon – White		Bhuloka Day
				Vaisaka•Chaitra		Devaloka Time: 6:PM to 9:PM

1		Tuesday, April 17, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau	Nairobi, Kenya Sun 16 Sutra 1 Vilamba 5120
Mesha Rasi: 16.25	Tithi 2	Gulika 12:34PM – 2:05PM	Bharani Until 11:26PM	Ganesh: Yellow <i>Sunrise:</i> 6:31AM			
		Yama 9:33AM – 11:03AM	Priti Until 5:37PM	Muruga: White <i>Sunset:</i> 6:36PM		Moon 3 - Phase 1	
		222832368 Rahu 3:35PM – 5:06PM	Balava Until 2:20PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:16AM Wed	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2		Wednesday, April 18, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau	Nairobi, Kenya Sun 17 Sutra 2 Vilamba 5120
Vrishabha Rasi: 0.32	Tithi 3	Gulika 11:03AM – 12:34PM	Krittika Until 9:48PM	Ganesh: Yellow <i>Sunrise:</i> 6:31AM			
		Yama 8:02AM – 9:32AM	Ayushman Until 2:42PM	Muruga: White <i>Sunset:</i> 6:36PM		Moon 3 - Phase 1	
		222832368 Rahu 12:34PM – 2:04PM	Taitila Until 12:10PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 11:00PM	Moon – White		Devaloka Day	
Until 9:48PM		Akshaya Tritiya		Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

3		Thursday, April 19, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau	Nairobi, Kenya Sun 18 Sutra 3 Vilamba 5120
Vrishabha Rasi: 14.47	Tithi 4	Gulika 9:32AM – 11:03AM	Rohini Until 8:20PM	Ganesh: Blue <i>Sunrise:</i> 6:31AM			
		Yama 6:31AM – 8:02AM	Saubhagya Until 11:41AM	Muruga: White <i>Sunset:</i> 6:36PM		Moon 3 - Phase 1	
		233832368 Rahu 2:04PM – 3:35PM	Vanija Until 9:50AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 8:38PM	Moon – Yellow		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

4		Friday, April 20, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchamyam Titau	Nairobi, Kenya Sun 19 Sutra 4 Vilamba 5120
Vrishabha Rasi: 29.05	Tithi 5	Gulika 8:01AM – 9:32AM	Mrigashira Until 6:43PM	Ganesh: Blue <i>Sunrise:</i> 6:31AM			
		Yama 3:34PM – 5:05PM	Sobhana Until 8:39AM	Muruga: White <i>Sunset:</i> 6:36PM		Moon 3 - Phase 1	
		233832368 Rahu 11:03AM – 12:33PM	Bava Until 7:28AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:16PM	Moon – Yellow		Bhuloka Day	
		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

5		Saturday, April 21, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Nairobi, Kenya Sun 20 Sutra 5 Vilamba 5120
Mithuna Rasi: 13.21	Tithi 6 – 7	Gulika 6:31AM – 8:01AM	Ardra Until 5:03PM	Ganesh: Blue <i>Sunrise:</i> 6:31AM			
		Yama 2:04PM – 3:34PM	Sukarma Until 2:43AM Sun	Muruga: White <i>Sunset:</i> 6:35PM		Moon 3 - Phase 1	
		233832368 Rahu 9:32AM – 11:02AM	Gara Until 2:54AM Sun	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:59PM	Moon – Yellow		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

☾		Sunday, April 22, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Nairobi, Kenya Sun 21 Sutra 6 Vilamba 5120
Retreat Star		Gulika 3:34PM – 5:05PM	Punarvasu Until 3:48PM	Ganesh: Yellow <i>Sunrise:</i> 6:30AM			
Mithuna Rasi: 27.33	Tithi 7 – 8	Yama 12:33PM – 2:03PM	Dhriti Until 11:55PM	Muruga: White <i>Sunset:</i> 6:35PM		Moon 3 - Phase 1	
		243832368 Rahu 5:05PM – 6:35PM	Visti Until 12:48AM Mon	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 1:49PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

☾		Monday, April 23, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Nairobi, Kenya Sun 22 Sutra 7 Vilamba 5120
Retreat Star		Gulika 2:03PM – 3:34PM	Pushya Until 2:34PM	Ganesh: Yellow <i>Sunrise:</i> 6:30AM			
Kataka Rasi: 11.39	Tithi 8 – 9	Yama 11:02AM – 12:33PM	Shula* Until 9:15PM	Muruga: White <i>Sunset:</i> 6:35PM		Moon 3 - Phase 1	
Family Home Evening		243832368 Rahu 8:01AM – 9:31AM	Balava Until 10:53PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 11:48AM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

1 Tuesday, April 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Nairobi, Kenya
Kataka Rasi: 25.38	Tithi 9 – 10	Gulika 12:32PM – 2:03PM	Ashlesha* Until 1:21PM	Ganesha: Yellow <i>Sunrise:</i> 6:30AM	Sun 23	Sutra 8
		Yama 9:31AM – 11:02AM	Ganda* Until 6:43PM	Muruga: White <i>Sunset:</i> 6:35PM		Vilamba 5120
243832368	Rahu 3:34PM – 5:04PM		Tailila Until 9:09PM	Nataraja: Clear		Moon 3 - Phase 2
Creative Work	Siddha Yoga		Navami* Until 9:58AM	Moon – Blue		4th Phase
				Vaisaka-Chaitra		Devaloka Day

2 Wednesday, April 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya
Simha Rasi: 9.31	Tithi 10 – 11	Gulika 11:02AM – 12:32PM	Magha* Until 12:37PM	Ganesha: White <i>Sunrise:</i> 6:30AM	Sun 24	Sutra 9
		Yama 8:01AM – 9:31AM	Vriddhi Until 4:22PM	Muruga: White <i>Sunset:</i> 6:35PM		Vilamba 5120
253832369	Rahu 12:32PM – 2:03PM		Vanija Until 7:35PM	Nataraja: Purple		Moon 3 - Phase 2
Creative Work	Siddha Yoga		Dashami Until 8:19AM	Moon – Red		4th Phase
Until 12:37PM				Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Amrita Yoga						

3 Thursday, April 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya
Simha Rasi: 23.16	Tithi 11 – 12	Gulika 9:31AM – 11:01AM	Purvaphalguni Until 11:56AM	Ganesha: White <i>Sunrise:</i> 6:30AM	Sun 25	Sutra 10
		Yama 6:30AM – 8:00AM	Dhruva Until 2:09PM	Muruga: White <i>Sunset:</i> 6:34PM		Vilamba 5120
253832369	Rahu 2:03PM – 3:33PM		Bava Until 6:15PM	Nataraja: Purple		Moon 3 - Phase 2
Creative Work	Siddha Yoga		Ekadashi Until 6:52AM	Moon – Red		4th Phase
				Vaisaka-Chaitra		Bhuloka Day

4 Friday, April 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Trayodashyam Titau				Nairobi, Kenya
Kanya Rasi: 6.53	Tithi 13	Gulika 8:00AM – 9:31AM	Uttaraphalguni Until 11:21AM	Ganesha: White <i>Sunrise:</i> 6:30AM	Sun 26	Sutra 11
		Yama 3:33PM – 5:04PM	Vyaghata* Until 12:09PM	Muruga: White <i>Sunset:</i> 6:34PM		Vilamba 5120
253832369	Rahu 11:01AM – 12:32PM		Kaulava Until 5:10PM	Nataraja: Purple		Moon 3 - Phase 2
Creative Work	Siddha Yoga		Trayodashi Until 4:43AM Sat	Moon – Red		4th Phase
Until 11:21AM			<i>Pradosha Vrata</i>	Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Amrita Yoga						

5 Saturday, April 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau				Nairobi, Kenya
Kanya Rasi: 20.2	Tithi 14	Gulika 6:29AM – 8:00AM	Hasta Until 11:21AM	Ganesha: Clear <i>Sunrise:</i> 6:29AM	Sun 27	Sutra 12
		Yama 2:02PM – 3:33PM	Harshana Until 10:24AM	Muruga: White <i>Sunset:</i> 6:34PM		Vilamba 5120
263832369	Rahu 9:31AM – 11:01AM		Gara Until 4:23PM	Nataraja: Purple		Moon 3 - Phase 2
Routine Work	Marana Yoga		Chaturdashi* Until 4:07AM Sun	Moon – Green		4th Phase
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 6:AM to 9:AM

○ Sunday, April 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnimayam Titau				Nairobi, Kenya
Copper Retreat Star		Gulika 3:33PM – 5:03PM	Chitra Until 11:34AM	Ganesha: Clear <i>Sunrise:</i> 6:29AM	Sun 28	Sutra 13
Tula Rasi: 3.37	Tithi 15	Yama 12:32PM – 2:02PM	Vajra* Until 8:56AM	Muruga: White <i>Sunset:</i> 6:34PM		Vilamba 5120
263832369	Rahu 5:03PM – 6:34PM		Visti Until 4:00PM	Nataraja: Purple		Moon 3 - Phase 2
Creative Work	Siddha Yoga		Purnima* Until 3:57AM Mon	Moon – Green		Purnima
		Budha Purnima (Tamil Nadu)		Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 6:AM to 9:AM

Monday, April 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau				Nairobi, Kenya
Silver Retreat Star		Gulika 2:02PM – 3:33PM	Svati Until 12:04PM	Ganesha: Clear <i>Sunrise:</i> 6:29AM	Sun 29	Sutra 14
Tula Rasi: 16.38	Tithi 16	Yama 11:01AM – 12:31PM	Siddhi Until 7:49AM	Muruga: White <i>Sunset:</i> 6:34PM		Vilamba 5120
Family Home Evening	263832369	Rahu 8:00AM – 9:30AM	Balava Until 4:04PM	Nataraja: Purple		Moon 3 - Phase 2
Creative Work	Amrita Yoga		Prathama* Until 4:17AM Tue	Moon – Green		Prathama
Until 12:04PM				Vaisaka-Chaitra		Bhuloka Day
Then Routine Work - Marana Yoga						Devaloka Time: 6:AM to 9:AM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda